

HomeLifeStyle

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and Oakton  
Vienna  
CONNECTION

# Madison Returning to Winning Ways

SPORTS, PAGE 11

Junior attackman Cheech McLallen scored Madison's first three goals during a 16-9 win over Washington-Lee on Monday.

Vienna Student  
Nabs Major Science  
Research Award

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From Oakton High  
to the World Stage

ENTERTAINMENT, PAGE 12

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 12 ♦ SPORTS, PAGE 11 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY LOUISE KRAFFT/THE CONNECTION



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**WEEK IN VIENNA**

**Potomac River Watershed Cleanup Day**

Area residents and organizations are invited to join in the 27th Annual Potomac River Watershed Cleanup on Saturday, April 11, from 9 a.m. to 12 p.m. The cleanup takes place at sites in the District of Columbia, Maryland, Virginia, Pennsylvania and West Virginia – all part of the lands, or watershed, that drain into the Potomac.

This year local efforts will focus on Piney Branch Creek at Northside Park and Wolftrap Creek at Wildwood Park. Volunteers for the Piney Branch Creek site should meet at the Glyndon Road Park entrance at 9 a.m. The Wolftrap Creek site is sponsored by the George Mason District Boy Scouts and will meet at 9 a.m. on Follin Lane at the entrance to Wildwood Park. If you are interested in volunteering at either the Wolftrap Creek or Piney Branch Creek site, contact Rick Ayers at rayers@esri.com or call 703-989-3221.

**Health and Wellness Fair for Mature Adults**

The Town of Vienna Parks and Recreation Department and the Shepherd's Center of Oakton-Vienna will present a Health and Wellness Fair for Mature Adults on Satur-

day, April 11, from 10 a.m. to 1 p.m. at the Vienna Community Center, 120 Cherry Street, SE.

The fair will include fitness and wellness activities including Zumba, Tai Chi, skin and beauty care, energy healing, and much more. Participants can take advantage of free health screenings including blood pressure, blood sugar, BMI, cholesterol, vision, glaucoma, hearing, and memory checks.

This event is free and no registration is required. Participants should wear fitness clothing. For schedule information, visit the Town of Vienna's website at [www.viennava.gov](http://www.viennava.gov) or the Shepherd's Center of Oakton-Vienna website at [www.scov.org](http://www.scov.org) or call (703) 281-0538.

**Historic Vienna to Hold Used Book Sale**

The Historic Vienna, Inc. Annual Used Book Sale will be held from Friday, April 17-19, at the Town of Vienna Community Center, 120 Cherry St., Vienna. Hours for the event are 7-9 p.m. on the 17<sup>th</sup>, 9 a.m.—7 p.m. on the 18<sup>th</sup>, and noon until 5 p.m. on the 19<sup>th</sup>. Friday evening is a special reception and pre-sale for Historic Vienna members only. Those wishing to attend the pre-sale who are not members of Historic Vienna (HV) will be able to join at the door.

Thousands of books donated to HVI will be available for sale. The books will be sorted into several dozen categories includ

SEE WEEK, PAGE 5



**Dr. Allen S. Garai**

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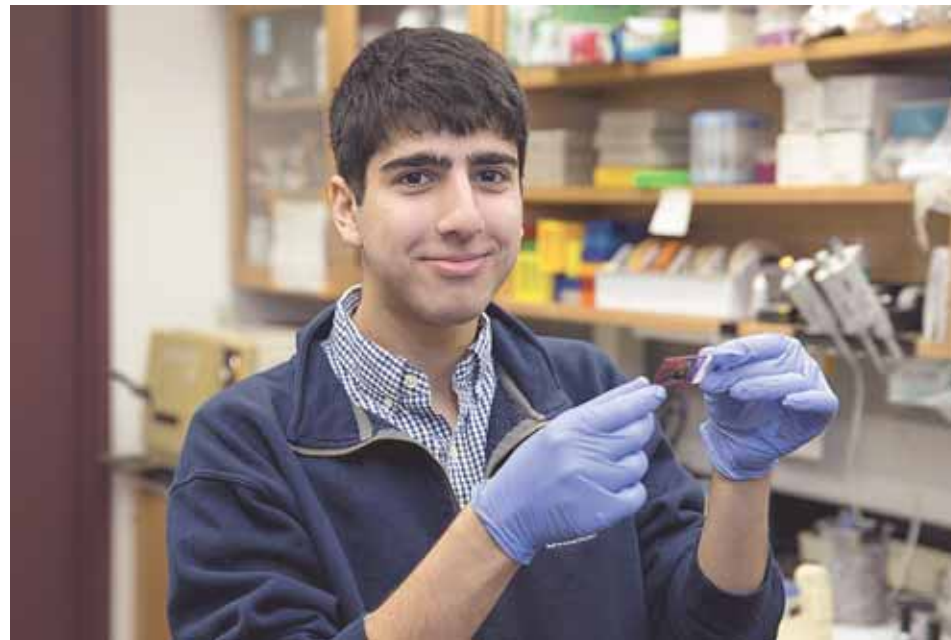
# Vienna Student Nabs Major Science Research Award

**Daniel Naveed Tavakol, 19, among the three research award winners at University of Virginia.**

**R**esearch into blood vessel growth, inorganic synthetic chemistry and studying dopamine and the biological clock has netted three University of Virginia second-year students prestigious research awards.

**THE AWARDEES** are Caroline Kerr, 19, of Ashburn, a second-year chemistry major; Yi-Ting Liu, 19, of Winter Springs, Florida, a second-year prospective neuroscience major; and Daniel Naveed Tavakol, 19, of Vienna, a second-year biomedical engineering major. Two of them landed Arnold and Mabel Beckman Foundation Scholarships, while the third earned an identical University of Virginia science research award.

In 2013, U.Va. received a three-year renewal of its Beckman Scholars grant – one of 10 universities nationwide selected for the program, largely because of its commitment to quality undergraduate research. The grant, worth approximately \$120,000, funds scholarships to two undergraduate researchers per year working in chemistry, biochemistry and the biological and medical sciences. The scholars are selected lo-



**Daniel Naveed Tavakol, 19, of Vienna.**

cally and the grants provide \$19,300 in salary and travel for two summers and one academic year.

The Office of the Vice President for Research and the dean's offices of the College of Arts & Sciences and the School of Engineering and Applied Science fund a third scholar each year.

Kerr is working in inorganic synthetic chemistry, with research focusing on the synthesis of boron-based nanoparticles used for oxygen sensing and optical imaging in cells.

Tavakol's work focuses on angiogenesis, or blood vessel growth, in the mouse cornea and retina, distinguishing key factors

in support cell recruitment and location in vascular networks. Liu is researching if an internal clock affects dopamine localization in fruit flies, which would help standardize how dopamine is analyzed in labs around the world.

"These are among the highest awards in the nation for excellence in undergraduate research," said William H. Guilford, director of U.Va.'s Beckman Scholars Program and associate dean for online innovations and undergraduate program director in biomedical engineering in the Engineering School and the School of Medicine. "Every year we hope for exceptional proposals from exceptional students, and every year we get

them. We are fortunate to have such incredibly hard-working undergraduate scientists at U.Va., guided by such dedicated research mentors."

**TAVAKOL** is a Rodman Scholar and also a 2015 Harrison Undergraduate Research Award recipient. He is the incoming vice president of the Engineering Student Council, and he is also a member of Engineering Students Without Borders, Engineering School Guides, and the local Biomedical Engineering Society. He is also an alumni volunteer with the Virginia Science Olympiad State Organization. He plans to pursue a medical degree and a Ph.D. in biomedical engineering, leading to a career in academia and research.

"I would like to teach what I'm really passionate about, as well as have the opportunity to conduct and expand on the research I'm currently focused on," he said. "I'm still in the midst of getting a sense of what areas in tissue engineering I enjoy, but I know that research will be a huge part of my future."

"He is an outstanding and well-rounded student who is exceptionally enthusiastic about research," said Shayn Peirce-Cottler, an associate professor in the Department of Biomedical Engineering. "He always wears a smile on his face. He never gets discouraged – even when he has to deal with the usual frustrations that present themselves when one works in a research environment. Naveed is not afraid to work hard and he tackles challenges with a level of 'grit' that is unique for a student at his level."



## Rotary Club of Vienna Supports Genetic Disorder Research

**Lisa Arlt Escoto presents a check on behalf of the Rotary Club of Vienna to Sharon Claridge of the Foundation for Angelman Syndrome Therapeutics (FAST) which is funding research to cure the genetic disorder. Angelman Syndrome is a neurodevelopmental disorder characterized by global developmental delays and severe speech impairment. Information about FAST can be found <http://www.cureangelman.org/>**



**From left — Deputy Chief Daniel P. Janickey, MPO Juan Vazquez, Chief James A. Morris and Sgt. Art Sylmar.**

## American Legion Honors Officer of the Year

**O**n March 5, the American Legion Post 180 in Vienna held its annual ceremony and banquet dinner to honor their 2014 Town of Vienna Police Officer of the Year. This year's recipient was Master Police Officer (MPO) Juan Vazquez. MPO Vazquez has been with the Vienna Police Department since 2007. In his letter of nomination Sgt. Sylmar described MPO Vazquez as an officer who "enthusiastically approaches all aspects of the job and he is never "too busy," "too tired,"

or "too good" to jump in and lend a hand in any capacity, on any scene. "This is a unique and invaluable asset to the Vienna Police Department."

MPO Vazquez is assigned to the Patrol Section where he maintains certifications as an Intoxilizer Operator, Police Mountain Bike Operator, Spanish/English Translator, Crime Scene Technician and Child Safety Seat Technician. MPO Vazquez also maintains an expert rating with his service weapon.



# The Pothole Picture

Two “p”s become prominent and problematic this time of year: pollen and potholes. The Virginia Department of Transportation can at least do something about the latter, if not the former.

“One of the busiest times for filling is right as the winter ends,” Virginia Department of Transportation spokesperson Jennifer McCord said in an email. “The constant freeze and thaw throughout the winter usually results in a burst of potholes.”

According to McCord, state maintenance crews and contractors have already filled over 25,000 potholes in Northern Virginia; Virginia is on pace to match its total of around 146,000 filled last year statewide.

Repairing potholes fall under the \$256 million Northern Virginia maintenance program, which also includes grass mowing, patching, paving and snow removal. That program covers most roads in Fairfax, Loudoun and Prince William Counties, as well as interstates and primary roads in Arlington.

Citizens can report an existing pothole or file a claim if their vehicle was damaged as a result of encountering one. The Virginia Department of Transportation customer service line, open 24 hours a day, seven days a week, is 800-367-7623 (ROAD), while the website for reporting a problem is [www.virginiadot.org/travel/citizen.asp](http://www.virginiadot.org/travel/citizen.asp).

Claim-processing time can be lengthy, McCord said, as the claims



PHOTO COURTESY OF VIRGINIA DEPARTMENT OF TRANSPORTATION

**Virginia Department of Transportation estimates about 25,000 potholes have been repaired in Northern Virginia so far in 2015.**

department must examine factors such as whether or not the pothole in question was already scheduled for repair and if there was reasonable time for the repair to occur.

For more information about pothole repair, visit [www.virginiadot.org/info/faq-potholes.asp](http://www.virginiadot.org/info/faq-potholes.asp).

— TIM PETERSON

## VOLUNTEER OPPORTUNITIES

### Help Pack Food for Kids

Assistance League of Northern Virginia needs energetic volunteers to help pack

food for the Weekend Food for Kids program which benefits school children who receive free or reduced priced meals during the week. This month's event will be held on Thursday, April 9, at 10 a.m. at Dominion Virginia Head-

quarters, 3072 Centreville Road, Herndon. Arrive at 9:30 a.m. if you would like to help with set-up. [karenamster@aol.com](mailto:karenamster@aol.com). For more info about 100 volunteer nonprofit, visit [www.northernvirginiaassistanceleague.org](http://www.northernvirginiaassistanceleague.org).

# Kidney Walk

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### “Me and My Mom”

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to: [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com)

Or to mail photo prints, send to:  
The Vienna/Oakton Connection, “Me and My Mom Photo Gallery,”  
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**THE CONNECTION**  
NEWSPAPERS



WEEK IN VIENNA

FROM PAGE 2

ing cooking, history, arts, mystery, religion, health, travel, and much more. A large section will be devoted exclusively to children's books. The nominal price, regardless of condition of the book (which will range from practically new to used), will be \$2 per hardback, \$1 for softcover. Children's books are often priced lower. There will be an entire section devoted to Treasures, rare, valuable or unusual books which will be priced higher, but well below retail prices. Attendees may, if they wish, purchase books to be immediately donated to the Wounded Warriors program. All proceeds from the sale are used to support the operation of HVI and the Freeman Store and Museum at 131 Church Street, SE. The Book Sale will also feature an exhibit of posters created by students participating in the Thoreau Middle School's Oral History Project.

## Forum on 'Perils of College Drinking' at Madison High

The Unified Prevention Coalition of Fairfax County will hold a regional forum titled "Perils of the College Drinking Culture." The event kicks off Tuesday, April 14, 7-9 p.m. at Madison High School, hosted by the JMHS PTSA. There will be showing of an award-winning film, "Haze," to educate parents and students about the dangers of alcohol and binge drinking. The film contains graphic imagery but is a must-see for all parents and their college-bound teens. For more information about the film, visit [www.gordie.org](http://www.gordie.org).

A distinguished panel will be on hand to answer questions. Among those who will take part: Casey Ligan, Chief Deputy, Commonwealth's Attorney for Fairfax County; William Hauda, M.D., Inova Fairfax Hospital; Sgt. Dan Pang, Fairfax County Police Department; Mary Ann Sprouse, Director, George Mason University's Wellness, Alcohol, and Violence Education and Services; and a college student.

The event takes place on Tuesday, April 14, 7-9 p.m. at Madison High School - Warhawk Hallm 2500 James Madison Drive, Vienna. For more information, call 703-938-8723 or visit [www.unifiedpreventioncoalition.org](http://www.unifiedpreventioncoalition.org)

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# OPINION

## A Big Election Year in Virginia

Register, research,  
vote. And vote again.

EDITORIAL

Every year is an election year in Virginia. Here are a few examples that demonstrate that while elections are ubiquitous in Virginia, they are neither simple nor unimportant. Wade in, a lot depends on figuring this out and voting. This is not intended to be a comprehensive list of candidates.

The choices begin April 23. Almost every state and local elected office in Virginia will be in play. Democrats will choose their candidates in the primary on June 9. Republicans will choose candidates for individual offices at caucuses, firehouse primaries and conventions, beginning April 23 and finishing by June 9.

For example, the Republican candidate for Sully District supervisor will be chosen in a firehouse primary on Saturday, April 25 at Westfield High School, with three candidates seeking the nomination to replace retiring Michael Frey. The three candidates are Brian Schoeneman, John Guevara and John Litzenberger, and the winner will likely face Democrat Cathy Smith on Nov. 3. Smith is vacating her Sully District School Board seat to run for Sully District supervisor.

This year's elections begin May 5 with elections in the Town of Vienna with three candidates vying for three positions on the Vienna Town Council. For more, see <http://www.fairfaxcounty.gov/elections/upcoming.htm>.

**IN FAIRFAX COUNTY**, all 10 members of the Board of Supervisors are on the ballot includ-

ing district members and the chairman. Also on the ballot: all members of the School Board including district members and three at-large members; Constitutional Officers Sheriff, Clerk of Court and Commonwealth's Attorney; and three members of the Northern Virginia Soil and Water Conservation District Board Directors.

Every seat in the Virginia General Assembly will be on the ballot, including all State Senate and House of Delegates seats. With several key retirements, including Del. Rob Krupicka (D), Del. Tom Rust (R) and Sen. Toddy Puller (D), it's clear that there will be some change. Del. Scott Surovell (D) will give up his seat to run for Puller's Senate seat, so the musical chairs continue.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM; ON  
TWITTER @MARYKIMM

## On the Banks of Bull Run 150 Years Ago

BY PAUL GILBERT  
EXECUTIVE DIRECTOR OF NOVA PARKS

One hundred and fifty years ago, on the same day General Lee surrendered at Appomattox, Fairfax County witnessed the last gun battle of the war.

Just five months earlier, Confederate Colonel John Mosby had been authorized to expand his force that had effectively harassed the Federal forces around Washington. On Saturday, April 8, half of Mosby's force left Upperville on a mission to attack a train on its way to Alexandria. On Sunday, April 9, the same day Generals Lee and Grant were meeting to sign the Confederates' surrender, the Southern

Rangers were nearing Burke where they were going to attack the train station. At this time, the Federal forces at Fairfax Station heard of Mosby's forces and sent the 11<sup>th</sup> Illinois Cavalry under Captain Warner to intercept them.

For four or five miles, the two groups engaged in a galloping fight. Once they formed into battle lines against each other, but the rest of the time Union Cavalry chased Mosby's Rangers towards Bull Run, the stream that served as an informal dividing line between the Fairfax County that was under Federal control, and Prince William and Loudoun Counties that were less secure from a Union perspective.

Mosby's forces crossed the stream at Wolf Run Shoals in the Clifton area, and the Union

forces did not chase them any farther.

The next day, two of Mosby's Rangers who had been involved in this fight were talking and Lieutenant James Wiltshire remarked, "has it never struck you as being a notable fact that the first big fight of the war occurred on Bull Run and the last shots of the war in Virginia were fired on the banks of that same stream?" The bookends to the Civil War in Virginia that Wiltshire was referring to was the First Battle of Manassas, and this last fight in Fairfax County the day that Lee was surrendering 150 miles away.

Today NOVA Parks owns most of the Fairfax County side of the Bull Run and Occoquan rivers, an area rich in history.

### LETTERS TO THE EDITOR

## Failing Those Most in Need

To the Editor:

My name is Maurine Houser and I am writing in response to your article ["Moving: From Institution to Community"] printed on April 2 regarding the Northern Virginia Training Center.

I am the younger sister and guardian of my 57-year-old brother Kim Houser. Until recently, he resided at the Northern Virginia Training Center. Kim is non-verbal, non-ambulatory without assistance, has the cognitive ability of a nine month old and is medically fragile.

Your article states that the state Department of Behavioral Health and Developmental Services has provided a multitude of commu-



CONTRIBUTED  
**Kim Houser**

nity placement options for family members. However, it has been my experience and others that the placements offered are inappropriate and do not have the skills or supports necessary for the medically disabled and behaviorally challenged population remaining at the Northern Virginia Training Center to survive. Not only are the placements unrealistic, they are not in Northern Virginia. My brother was offered placements in Williamsburg and Petersburg, Va., that were not in line with the standards of care suitable for him. My other alternative was to allow the State of Virginia to relocate Kim to the Central Virginia Training Center in Lynchburg, Va., which the state intends on closing in 2020 and ulti-

mately start the process of discharge all over again. I came to realize unless I was proactive on behalf of my brother, his future would be severely compromised. Through my own research and efforts, I connected with Good Neighbor Community Services who are now caring for my brother in Spotsylvania, Va. The discharge process was extensive, cumbersome and extremely emotional. None of the professionals could predict the future of the Medicaid Waiver, which is now my brother's source of funding, nor anticipate how he would react to a new home, staff and routine. The discharge process encompassed a seven-month period; including but not limited to 20 state employees. I feel fortunate I have found a provider that will take good care of my brother. However, I fear that the remaining residents will not be so lucky. How can moving

someone's severely disabled child hundreds of miles away not be in violation of the American with Disabilities Act? The populations at the training centers are aging and many individuals have elderly parents who will be unable to see their children due to travel constraints. Similarly, Virginia remains glaringly non-compliant with the U.S. Department of Justice's findings as highlighted by the increase of individuals waiting for Medicaid Waiver funds and services. The process of deinstitutionalization in theory may work for most individuals but for those who are the 1 percent a hasty, underfunded, unsupported process will result in catastrophe as did the rapid deinstitutionalization and nonexistent funding for the mentally ill.

**Maurine Houser**  
Reston

Vienna & Oakton  
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# McLean Community Center 2015 Governing Board Elections

The Governing Board and staff of the McLean Community Center strongly encourage all qualified residents to vote **for members of the McLean Community Center 2015-2016 Governing Board**. Your vote sends a very important message of your support of the Center's programs and services.

## Requirements to Vote:

1. You must be a resident of the McLean Community Center tax district (Dranesville Small District 1A); however, you need not be registered to vote in the general election.
2. You must be at least 18 years old to vote for an adult candidate. Adults may vote for up to three candidates.
3. You must be 15 through 17 years old by McLean Day to vote for youth candidates. Youth voters have two votes, and may vote for one candidate in the McLean High School boundary area, and one candidate in the Langley High School boundary area. Youth voters may not vote for more than one candidate in the same boundary area.
4. You must bring identification and proof of residency, such as a driver's license. If you do not have identification, you may sign a sworn statement.

## Absentee Voting:

Want to vote, but can't make it to the McLean Day festival on May 16? Vote by absentee ballot! Call the Center or send a request by email to "[elections@mcleancenter.org](mailto:elections@mcleancenter.org)" to have a ballot package sent to your home. Or, stop by the center and pick up an absentee ballot package. Completed ballot packages must be received by 5 p.m. on **Wednesday, May 13**, to be counted.

### Write-in candidates are allowed.

Write-in candidates must have at least 10 votes from 10 residents of the Center's tax district in order to have their votes counted. For youth write-in candidates, the 10 votes must come from teens who live within the same high school boundary area as the candidate.

## Meet the Candidates

### Adult Candidates—Three Positions Open



#### SUSAN BOURGEOIS

As a Governing Board Member of the McLean Community Center ("MCC") for the last six years, I am pleased to be running for a third term. As Capital Facilities Committee Chair and Vice Chair of the Board for the last two years, I have led the expansion and renovation efforts of MCC's main campus from an idea to a reality. With re-election, I would continue work to ensure its completion, while being on time and on budget. McLean resident for 16 years, married to Mark, three teenagers, startling fact: recently ran my first 5K in 23 years.  
[susanvbourgeois@gmail.com](mailto:susanvbourgeois@gmail.com)



#### MERRILY PIERCE

As a 40-year resident of McLean, I am a regular user of the McLean Community Center. I'm running for the Board as a way of giving back to this community. I'm a retired employee of Fairfax County. As a former president of the McLean Citizens Association (MCA), I have worked with residents to help resolve issues involving the Center, library, and McLean Central Park. If elected as your MCC Board member for the next three years, I will listen to your suggestions and respect your tax dollars that support the Center while advancing its mission.  
Thank you for your vote.



#### JENNIFER ROSSMAN

My family and I are proud to call McLean home. I'm currently a full-time mom and community volunteer serving on hospital and academic boards. My education and professional experience working with non-profit organizations would be an asset to the MCC Governing Board. I believe that those entrusted with the stewardship of tax dollars and community resources have a responsibility to ensure those resources are invested in ways that show value and enrich the communities they serve. My parents set an amazing example of active civic engagement and community service – an example that I strive to set for my young son.



#### LAURELIE WALLACE

It has been an honor to serve as a Member of the McLean Community Center Governing Board for the past three years. During my term, I have been Chair of the Program and Elections committees and also served on the Communications and Capital Facilities committees. McLean is my hometown. I was born and raised here. Now that I am older, I want to give back to the place that has given me so much. McLean has evolved over the years and I want it to continue to be as special to future generations as it has been for me.

## When & Where:

Vote between the hours of **10:30 a.m. and 5 p.m.** at the McLean Day 2015 festival on **Saturday, May 16**, at Lewinsville Park, 1659 Chain Bridge Rd.

## Meet the Candidates

### Youth Candidates—Two Positions Open

#### McLean High School Area



#### JENNA LEBOWITZ

Living in McLean, I have been fortunate to grow up in such a safe and nurturing environment. As the second oldest of six children, I have always been a natural leader, role model and have held many responsibilities. Along with this, I have sought out other leadership opportunities in my community, such as a McLean Youth Basketball Coach this year. Also, I started a program that raises money to provide the McLean High School Special Education department with musical instruments. I am excited for this opportunity to represent the youth of my community and make McLean an even better place!



#### RAHUL MANI

Growing up in McLean has been a wonderful experience and I would be honored to have an opportunity to serve as a youth liaison at the MCC. I'm a rising junior at McLean High School. I'm an honor-roll student-athlete, playing high school football and McLean house basketball. I'm also a National Guild pianist. I have volunteered at the county library, and MPAart-fest. I work with Room to Read, a non-profit aiming to improve gender equality and literacy around the world. I am committed to use the MCC forum to express the ideas of the youth and help improve our community.

#### Langley High School Area



#### QUENTIN LEVIN

I run not merely to take office, but to make MCC a better organization. I vow to spread MCC's explorative spirit and goodwill throughout McLean, because community makes us who we are. As class president, debate team leader, and contributing journalist, I know how to listen. Because we all know the tragic results of epidemic stress, I'll push programs that support stress management. I firmly believe life must be lived to its fullest. I'll apply this principle to every endeavor as we open the arts to new eyes, have fun, and explore our deepest passions. McLean's future is our future!



#### TARUN KAMATH

I am a junior currently attending TJHSST. I have lived in McLean for over 10 years, and have served on the Governing Board for the past year. I also do volunteer work around the community. I participated in the annual flea market and tutored at my local elementary school. I also participate in Policy Debate, which specializes in the discussion of the pros and cons of policy making, a skill I hope to utilize on the MCC. I am committed to use MCC forum to help in getting schools involved in Science, Technology, Engineering and Mathematics projects and competitions.

For more detailed information visit our website.



**The McLean Community Center**  
1234 Ingleside Avenue, McLean VA 22101  
703-790-0123/TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)





# HomeLifeStyle

## D.C. Design House

McLean showcase home opens to the public April 12.

BY MARILYN CAMPBELL  
THE CONNECTION

Local interior design enthusiasts will have an opportunity to tour a much-anticipated unveiling this weekend when the 2015 Design House opens in McLean on Sunday, April 12 at noon, with ticket sales benefiting the Children's National Health System. The 8,869-square-foot home was built by Artisan Builders and designed by Harrison Design to look like an old American farmhouse. Then, 24 local designers were chosen to design a room in the home — the eighth annual design house — using inspiration that ran the gamut from American art to the home's natural surroundings. Organizers hope the varied styles will make the home's design appear to have evolved over many years.

**THE KITCHEN** was designed by Paul Lobkovich and Emily Neifeld, of Lobkovich Kitchen Designs in Tysons Corner. Antique white walls accented by a custom hood in both black and stainless steel create a simple,

but elegant gathering space. If this kitchen is the hub of a home's activities, then the butler's pantry is where the preparation for those celebrations begins. That notion was the inspiration for Margery Wedderburn's design. "This butler's pantry is the celebration of a good life," said Wedderburn, of Margery Wedderburn Interiors, LLC in Vienna. "One enters the heart of the home, the kitchen and family room, through this butler's pantry, so the room is casually elegant, but doesn't take itself too seriously. It is happy, bright and fun. "This home was designed to have a country farmhouse feeling, and we were inspired by the architecture plus the Virginia countryside," she said, explaining that nature was also a big inspiration. "We have the casual green leaf wallpaper, plus we designed a custom, faux-wallpaper on the ceiling which looks just like repurposed wood. We bring the outdoors in with the green and blue tones of the space, including the fun peacock color, which ties in with our peacock feathers in the umbrella stand." Even the chandelier is peacock, and the Sisal rug features blue stenciling, while

green and blue stripes on the back of the closet tie everything together. Meanwhile, accessories give the space a contemporary feel. "Because this area of McLean is so cosmopolitan, we wanted to give a nod with stylish, hip vases, barware and details that move the space forward into the next decade while complimenting the past," said Wedderburn. Another active hub of the home is the back stair hallway, which connects all three floors. Although it's windowless, designer David Benton's goal was to create a warm, welcoming and stylish space. "Using furniture, lighting and accents, we visually divided the hall into two zones," said Benton of RA Spaces, the interior division of Rill Architects in Potomac, Md. Benton even created a "virtual window" with a commissioned painting, "Old Dominion Sky." The first-floor space is accented with a custom, tufted bench and unexpected pops of color to create a formal space between the butler's pantry and dining room. "The hall space that connects the garage, mudroom and kitchen is anchored by a console table and wool rug," said Benton.



PHOTO BY ANGIE SECKINGER/D.C. DESIGN HOUSE

The 2015 D.C. Design House opens to the public on Sunday, April 12.

Open shelving and a built-in desk offer additional display areas. Benton finished the space with a chandelier by Circa Lighting and photo art. Those accessories "deliver fresh takes on period furnishing," said Benton. "The classic Eames bright blue fiberglass shell chair introduces an unexpected Americana twist." One of the design challenges Benton faced on the second floor was creating an aesthetically appealing area rather than a simple connection between two spaces. He decided to transform the walls into a dramatic back-

drop using wallpaper by Cole and Son that features silhouetted stems of cow parsley against an etched background. "Like the house, which feels like it has been added to over time, we wanted the interior to feel like an acquired collection of pieces," said Benton. "The useful storage bench and custom sweater rug give the space warmth and style. The fun and inexpensive swag light is another way we added flair and utility." **INSPIRED BY A SAILING TRIP** through the fjords of New Zealand and by the bright oil-on-canvas painting, "Mountains and Sea," designer Lisa Tureson, of

### D.C. Design House

956 Mackall Farm Lane, McLean, Va., will be open to the public starting Sunday, April 12, noon-5 p.m.  
**Regular Hours:** Tuesday-Friday, 10 a.m.-3 p.m.; Thursday evenings 5-8 p.m.; Saturday-Sunday, noon-5 p.m. Closed Mondays. (Visitors must arrive one-half hour before closing time to take the tour.)  
**Last day:** Sunday, May 10, noon-5 p.m.  
**Admission:** \$30. Purchase tickets at [www.dcdesignhouse.com](http://www.dcdesignhouse.com) or at the door.

Studio Artistica in Oak Hill, created a powder room that she said resembles "a little art gallery." Tureson hung a custom, hand-etched mirror and eight paintings in the space. "My goal was to create a pictorial space since I'm an artist and painter," she said. "The subtle sparkle on the walls ... adds pizzazz." When designing the room known as the gentleman's retreat, Scott Cooke, of Scott Cooke Design in Alexandria, wanted to "honor the architecture of the house itself, with a room that's rustic in nature, and that feels in sync with the time period the house evokes," he said. From the wooden poster bed and canopy to the rug and art, Cooke used neutral hues throughout the room. He drew inspiration from the home of the late fashion designer Bill Blass, which was, "done in a monochromatic color story ranging from white and parchment, to caramel, chocolate, espresso and black," said Cooke. Transforming this grand house into a home was a mammoth undertaking, but one designers say was well worth the effort. "It is an honor to be a part of this amazing group of designers," said Wedderburn. "The great thing about the group is that everyone is wonderful and helpful to each other. There is a special camaraderie here and we are all drawing inspiration off each other."

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# Marshall Graduate Serves Aboard USS Ronald Reagan

Farhan Kashem is a hospital corpsman aboard the nuclear-powered aircraft carrier.

BY MCI JAMES GREEN

A 2011 George C. Marshall High School graduate and Falls Church native is serving on one of the world's largest warships, the U.S. Navy aircraft carrier USS Ronald Reagan.

Petty Officer 2nd Class Farhan Kashem is a hospital corpsman aboard the San Diego-based ship, a Nimitz-class nuclear-powered aircraft carrier and one of only ten operational aircraft carriers in the Navy today.

"It is my job to take care of the sick and wounded Sailors and Marines," said Kashem.

Named in honor of former President Ronald Reagan, the carrier is longer than 3 football fields, at nearly 1,100 feet long. The ship is 252 feet wide and weighs more than 100,000 tons. Two nuclear reactors can push the ship through the water at nearly 35 mph.

**AS A SAILOR** with numerous responsibilities, Kashem said he is proud to serve his country aboard an aircraft carrier.

"The best parts about serving on this ship are the people and the command climate. I come to work each day knowing my opinion matters," said Kashem.

Kashem also said he is very proud of the work he is doing as part of USS Ronald Reagan's nearly 3,000-member crew, helping protect America on the world's oceans.

**Petty Officer  
2nd Class  
Farhan  
Kashem.**

COURTESY  
PHOTO



Sailors' jobs are highly varied aboard USS Ronald Reagan. Nearly 3,000 men and women make up the ship's company, which keeps all parts of the aircraft carrier running smoothly — this includes everything from washing dishes and preparing meals to handling weaponry and maintaining the nuclear reactors. Another 2,000 or so form the air wing, the people who actually fly and maintain the aircraft.

"I never cease to be impressed with the type and quality of work that goes on aboard the carrier each day," said Capt. Christopher E. Bolt, the carrier's commanding officer. "Our team is filled with highly qualified young adults — in many cases, 19

and 20 years old — and they're out here launching and recovering aircraft, running a complex propulsion system safely, serving as air traffic controllers, operating sophisticated electronics, and keeping this floating city alive and functioning. Their work ethic, enthusiasm, and esprit de corps are second to none. If you pick up a newspaper in any city and examine what other 19- and 20-year-olds are doing, there is no comparison to the level of responsibility our Sailors hold. That caliber of Sailor is what has earned us the title of America's Flagship."

USS Ronald Reagan is also a self-sustaining, mobile airport and, like each of the

Navy's aircraft carriers, is designed for a 50-year service life. While underway, the ship carries more than 70 jets, helicopters and other aircraft, all of which take off from and land on the carrier's 4.5-acre flight deck. Four powerful catapults launch aircraft off the bow of the ship. After lowering a tail hook that protrudes from the rear of the aircraft, jets and aircraft land by snagging a steel cable called an arresting wire.

After an extended maintenance period spent pier side in San Diego, USS Ronald Reagan is preparing for its move to Japan, as part of the first ever three-hull aircraft carrier crew and hull swap. It will replace USS George Washington in Japan and become part of the U.S. 7th Fleet forward-deployed naval forces (FDFNF) in Yokosuka, Japan. As part of this rebalance strategy to increase the Navy's presence in the Pacific Fleet, USS Theodore Roosevelt will move from Norfolk, Va., to San Diego.

In 2008, George Washington was the first nuclear-powered aircraft carrier sent to Japan as part of the FDFNF. Maintaining a FDFNF capability supports the United States' commitment to the defense of Japan and the security and stability of the vital Indo-Asia-Pacific region.

As a member of one of the U.S. Navy's most relied upon assets, Kashem and other USS Ronald Reagan sailors know they are part of an agile and skilled team standing ready to defend America.

**THE NAVY** is uniquely positioned to be there, on the world's oceans, patrolling what is essentially the world's interstate ocean highway system. The U.S. Navy ensures the free flow of global trade which, in turn, preserves America's economic prosperity. When it comes to protecting and defending America, being there matters. And America's Navy is already there.

"The navy has given me independence and self-sustainability," said Kashem.

## Photography Contest Winners Announced

The Vienna Parks and Recreation Department has announced the winners of its 2015 amateur photography contest, held March 21 and 22, at the Vienna Community Center. There were 227 entries by 66 photographers. Patricia Deege received the Best in Show award and Aaron Holland won the People's Choice award. Winners of the eight categories are listed below.

❖Animals: 1st – Patricia Deege; 2nd – Kathrin Swoboda; 3rd – Cindy Maddan; Honorable Mention – Dennis Govoni; David Dargatis; Robert Lavey.

Student Winners: 1<sup>st</sup> – Erica Schemerhorn, James Madison High School; 2nd – Joseph Vouvakis, Mosby Woods Elementary School; 3rd- Kristina Seewald, McLean High School; Honorable Mention - Jena Timberlake, James Madison High School; Samantha Judis, Thoreau Middle School.

❖Architecture: 1st – Mary Jane Fish; 2nd – Bern J. Altman; 3rd – John A. Sichenze; Honorable Mention – Carol Carroll.

Student Winners: 1st – Michael Detwiler, Langley High School; 2nd – Samantha Judis, Thoreau Middle School; 3rd- Kristina Seewald, McLean High School; Honorable Mention - Taylor Smith, Kilmer Middle School.

❖Digital: 1st - Urscia Mahrng; 2nd – Mark Roth; 3rd – Mary Jane Fish; Honorable Mention – Dan Feighery; Kathrin Swoboda.

Student Winners: 1st – Rachel Albrecht, Falls Church High School; 2nd – Anna Kohlbrenner, Marshall High School; 3rd - Rachel Albrecht, Falls Church High School.

❖Nature: 1st – Urscia Mahrng; 2nd – Julie Cochran; 3rd – Margaret Raymond; Honorable Mention – Cindy Madden; Caitlin Staples; Michael Cassidy.

Student Winners: 1st - Joseph Vouvakis,

Mosby Woods Elementary School; 2nd - Joshua Kim, James Madison High School; 3rd- Jena Timberlake, James Madison High School; Honorable Mention - Anna Kohlbrenner, Marshall High School.

❖Photojournalism: 1st – You-Yen Yang; 2nd - Aaron Holland; 3rd – Patricia Deege; Honorable Mention – Marjorie Lynum; Michael Cassidy.

Student Winners: 1st – Maggie Chen, Oakton High School.

❖Pictorial: 1st – Dan Feighery; 2nd – Caroline Stevens; 3rd – Margaret Raymond; Honorable Mention – David Heagy; Inga Clark.

Student Winners: 1st - Joseph Vouvakis, Mosby Woods Elementary School; 2nd - Rachel Albrecht, Falls Church High School; 3rd - Maggie Chen, Oakton High School; Honorable Mention - Anna Kohlbrenner, Marshall High School.

❖Portraiture: 1st – Katherine Welch; 2nd

– Brittani Getch; 3rd – Brian Mitchell; Honorable Mention – John Sienhenz; Michael Cassidy.

Student Winners: 1st – Annika MacDonald, James Madison High School; 2nd - Maggie Chen, Oakton High School; 3rd and Honorable Mention – Monique Brown, James Madison High School.

❖Scenic: 1st – Paige Counts; 2nd – Patricia Deege; 3rd – Bern Altman; Honorable Mention – David Heagy; Urscia Mahrng; Mary Jane Fish.

Student Winners: 1st - Kristina Seewald, McLean High School; 2nd – Michael Detwiler, Langley High School; 3rd - Taylor Smith, Kilmer Middle School; Honorable Mention – Anna Kohlbrenner, Marshall High School. Vienna Parks and Recreation thanks photo show judge Joshua Taylor, Jr. and also the Vienna Photographic Society and Creative Framing for assisting with the show.



# Madison Boys' Lax Returning to Winning Ways

## Warhawks improve to 4-0 with victory over Washington-Lee.

BY JON ROETMAN  
THE CONNECTION

In 2013, the Madison boys' lacrosse program was one of the best in Virginia. Led by 16 seniors, the Warhawks won the Northern Region championship and reached the state final, where they fell short against perennial power Chantilly.

The following year, an inexperienced Madison team led by a new head coach failed to even qualify for the regional tournament.

Now in 2015, second-year Madison head coach Alex Gorman is hoping last year's sub-par season, which included a first-round conference loss to McLean, was simply an aberration for an otherwise successful program.

"Yes, we want to get back to the regional games," said Gorman, who was an assistant under Rich Hodge when Madison finished state runner-up in 2013. "That's sort of our goal. We missed out on that stuff last year. We had a long meeting at the end of last season and the goal for the kids was to get back to the region [tournament], where this team should be.



**Junior attackman Cheech McLallen scored Madison's first three goals during a 16-9 win over Washington-Lee on Monday.**

"There's no reason for us ever to be out of that regional tournament."

Three current Warhawks were contributors to the 2013 team: junior attackman Cheech McLallen, senior midfielder Robbie McLallen and junior midfielder Palmer Lloyd.



**JP Ugast and the Madison boys' lacrosse team improved to 4-0 with a win over Washington-Lee on Monday.**

Cheech McLallen started hot on Monday against Washington-Lee, scoring the Warhawks' first three goals while some of his teammates took their time returning to full speed following spring break. Madison scored the final four goals of the first half

and improved to 4-0 on the season with a 16-9 victory in Arlington.

"The spot I was in was pretty much an open spot," McLallen said. "We had a good two-on-one game going on right there."

McLallen, who has started since his freshman season, was one of eight Madison players to score at least one goal. Midfielders Stephen Gerdon and Jackson Franks each scored three goals, attackmen JP Ugast and Jacob Stein each had two, while midfielders Sammy Borak, Robbie McLallen and Lloyd each had one.

"[Cheech McLallen is] the face everybody knows on this team," Gorman said. "In the past, teams have scouted us and they see him. This year, it's a little bit different. We've got guys that can score goals. Cheech is definitely, by far, one of our best players, but he's not the only player out there. I think this year, we have a more balanced offense than we've had in the past."

Washington-Lee head coach Chris Corey said the Generals opened the game in a zone defense with the intent of slowing Cheech McLallen. W-L tied the score at 4-4 early in the second quarter, but Madison scored the final four goals of the first half and pulled away during the final 24 minutes.

"[Our defensive approach] worked for approximately a quarter-and-a-half," Corey said, "and then they called timeout and made a really good adjustment to it."

Madison will travel to face Vienna rival Oakton at 7 p.m. on Saturday, April 11.

### SPORTS BRIEFS

## Langley Boys' Lax to Host Two Games

After starting 3-3, including a 9-1 loss to defending state champion Robinson, the Langley boys' lacrosse team returns from spring break with a pair of home games this week.

The Saxons will host Cold Spring Harbor on Wednesday, April 8, and Fairfax the following evening. Both games start at 7:15.

Langley opened the season with its first loss to McLean in program history. The Saxons responded with wins over Yorktown and Dominion. Langley then lost to Robinson and Chantilly before beating Battlefield.

Langley has played in four of the last five state championship games, including last year, when the Saxons lost to Robinson, 9-7.

## McLean Baseball Wins Tournament

The McLean baseball team won the "Let's Play Two" tournament over spring break, defeating Mountain View 12-4 in the championship game on April 1.

After beating Langley and losing to



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Stone Bridge to open the season, McLean competed in the tournament, beating Edison, losing to Hylton, and then defeating Potomac and Mountain View.

McLean returned from spring break with a 4-2 record.

"At the start of the year the biggest question mark was going to be pitching," McLean head coach John Dowling wrote in an email. "We graduated two very, very good high school pitchers ([Joey] Sullivan, who has been getting some solid playing time at VT and Colin Morse, who is throwing extremely well for a top 15 ranked Shenandoah team). Those two threw a ton of important innings for us last year. We

knew we had six or seven guys that could replace them, but given the limited opportunities and injuries last year (Billy Gerhardt had a UCL repair and Jon Clines had an elbow strain that prevented him from pitching) the group was just unproven.

"As a coaching staff we were very confident that as a group they could fill Joey and Colin's shoes, it just might end up being four, five or even six guys throwing important innings as opposed to basically two. Over the start of the season, we have done, in every game but one, exactly what we need to do to be successful: throw strikes (and even when we didn't throw strikes against Mt. View, Minamino was able to

**Gunnar Okeson, left, and the Langley boys' lacrosse team look to rebound from a 3-3 start.**

limit the damage, and gave us five quality innings). When our pitchers eliminate walks we can be successful on the defensive side simply because we know our defense is going to make the routine plays. Big innings are tough to come by without the help of walks and errors, so when we eliminate those things we eliminate the possibility of big innings and ensure we stay in games."

McLean returns some talented players from its run to the 2014 state tournament, including shortstop Conor Grammes and catcher Caleb Beatty.

McLean faces some tough competition in the near future. The Highlanders will travel to face Chantilly at 6:30 p.m. on Wednesday, April 8 in a rematch of last year's 6A North region championship game. McLean will travel to face perennial power Madison on April 14.

## Herndon Boys' Soccer Undefeated

The Herndon boys' soccer team returns from spring break with a 2-0-1 record. The Hornets beat South County and Woodson and tied Madison.

Herndon will host Thomas Jefferson at 7 p.m. on Wednesday, April 8 and will travel to face Oakton at 7 p.m. the following night.



# From Oakton High to the World Stage

**Nathan Pacheco releases his new full-length album.**

Classical-Crossover artist Nathan Pacheco who grew up in Fairfax County attending Franklin Middle and Oakton H.S. goes totally Indie, securing funding from his international fan base via Kickstarter for his new full-length album "Nathan Pacheco II," helmed in part by Leo Z (Josh Groban, Andrea Bocelli) and featuring songs in English, Spanish and Italian. From the widely seen 2012 PBS Special "Introducing Nathan Pacheco" to the 11 soaring tracks on his new full-length album out now, Nathan Pacheco II, this charismatic tenor is a star that just continues rising in the classical crossover world of music. When it came time to record and promote the new album, Pacheco (<http://nathanpacheco.com/>) went fully Indie, setting a goal of \$40,000 on Kickstarter and winding up with a whopping \$49,000 from his growing international fan base. "I just felt like it was the best move for me," the singer says. "Disney was very supportive and I'm grateful for the help they gave me, but both they and I felt like their forte is in other styles of music - and I enjoyed the challenge and adventure of going out on my own for the first time." Pacheco got his start in 2006 when international superstar keyboardist and producer Yanni asked him to pen lyrics to some of his most famous instrumentals. Yanni met Pacheco after the singer auditioned for mega-pop producer Ric Wake (Mariah Carey, Celine Dion, Jennifer Lopez), who was helming the new album Yanni Voices. Pacheco recorded several new tunes on the collection and quickly gained a following as a guest performer on the "Yanni Voices" PBS Special (taped in Acapulco) and over 100 tour dates throughout the U.S., Canada and Latin America. Yanni's multi-faceted mentorship during these years included teaching Pacheco about various aspects of the music indus-



**Nathan Pacheco**

try, the studio process, life on the road and how to capture the hearts of an audience. Drawing on these foundations, the singer became a budding sensation in his own right, signing with the Disney Pearl Series label to release his self-titled debut, touring the U.K. with British singer Katherine Jenkins and the National Symphony Orchestra, headlining tours in the U.S. and scoring his own PBS special. His debut album was produced by Bologna, Italy-born producer Leo Z, a veteran of cinematic orchestrations who has worked similar studio magic for two greats of the genre some know as "popera," Josh Groban and Andrea Bocelli. Leo is also one of four producers on Pacheco's sophomore set. The others are Colin O'Malley, who wrote "Prendi I Miei Sogni" and co-wrote with Pacheco "Light Within"; William Joseph, who has worked with David Foster and helmed "Stare Con Te"; and Thomas Bergersen, who composed "Sonera" and "Light Within." "I know fans of classical crossover music love a good Cinderella story, which is one of the reasons why Susan Boyle and Paul Potts have been able to sell millions of albums," says Pacheco. "I don't have a Cinderella story to tell, but I've worked hard, made the most of the opportunities I have been given and have been blessed to make a living sharing the gift of music with so many people. I've

been astounded how much demand there is for this style and the way people 'eat it up' when they hear it." When you think about it," he adds, "there are a ton of pop stars and sensations but only a few stars in this classical crossover style of music (like Josh and Andrea) whose brilliance at it has led them to superstardom. My hope is that as I have more chances to create recordings and sing throughout the world, that I will be a part of that special phenomenon where music transcends cultural barriers and becomes a truly universal language. I always get a kick out of fans who say they don't like classical music or opera, but they enjoy what I do. "Even as Pacheco sings in languages he is still trying to master, he is fascinated by the way people embrace songs whose emotion emerges from beyond the literalness of lyrics they may not understand. "I think it's comparable to the emotion we feel when we're watching a movie and the score music swells up in the background, delivering an element of the story without lyrics," he says. "I've learned that music is a language of its own and even when we don't know exactly what the singer is saying, we feel the story being told in the way the song is interpreted. It reaches our hearts in a special way, and we all want to feel those deep emotions."

## CALENDAR

Send announcements to [north@connectionnewspapers.com](mailto:north@connectionnewspapers.com). Deadline is Friday for the following week's paper. Photos/artwork encouraged.

### THURSDAY/APRIL 9

**Jane Monheit.** 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Watch the spirit of cabaret and the swagger of jazz, this talented songstress takes audiences on journeys from Brazil to Beatles-era Britain. \$30-35. 703-255-1900.

**Artist's Demonstration.** 7:30 - 9:30 p.m. Vienna Art Center, 115 Pleasant St. NW, Vienna. Acrylic landscape artist Bryan Jernigan will show how he goes from sketch to a finished abstracted landscape painting in an easy-to-follow, step-by-step process by applying paint in free and creative ways.

**Reading Buddies.** 4:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Beginning readers practice with teen volunteers.

### FRIDAY/APRIL 10-SATURDAY/MAY 6

**6 Artists: 5 Years.** The Frame Factory, 212 Dominion Road NE, Vienna. An exhibition and sale of artwork by local artists: Jackie Elwell, Elaine Floirmonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner.

### FRIDAY/APRIL 10

**Poulenc Trio.** 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. This intriguing oboe, bassoon and piano trio performs a virtuosic evening of French music. \$35. 703-255-1900.

**Playdate Café.** 10 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Toys and play space for preschoolers, coffee and conversation for grownups.

**Drop-in Chess and Board Games.** 3:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. All levels and ages are welcome to play.

### SATURDAY/APRIL 11

**Riverbend Park's Annual Bluebells at the Bend Festival.** 10 a.m. - 2 p.m. Come by and join the fun (and see the gorgeous bluebells)! The Festival features live music, wildflower walks, live animals, face painting, wagon rides, and other family-friendly activities. The cost is \$5 per person.

**Spring's Sprung.** Tuesdays - Saturdays, 10 a.m. - 4 p.m. April 7 - May 2. Vienna Art Center, 115 Pleasant St. NW, Vienna. Members of the Vienna Arts Society present their annual spring show, judged by Brenda Barthell. Meet the artists at the awards reception, Saturday, April 11, 4 - 6 p.m. Free and open to the public. 703-319-3971. [www.ViennaArtsSociety.org](http://www.ViennaArtsSociety.org).

**Spring Cookout and Watoto Choir.** 4:30 p.m. Providence Baptist Church, 8980 Brook Road, McLean. Comprised of orphan children from Uganda, this exciting group will be back at Providence with their energetic, joyful brand of

SEE CALENDAR, PAGE 13

## Wolf Trap National Park to Host Camp Out for Fifth and Sixth Graders

Wolf Trap National Park for the Performing Arts is sponsoring a camp out for fifth and sixth grade first-time campers who may be underserved. Wolf Trap plans to sponsor a camp out in the spring and fall each year. The spring camp out is scheduled April 17-18, 2015.

As a follow up to a successful Fall 2014 Pilot, the Wolf Trap National Parks Service, the local Boy Scouts Troop 55 and the Friends of Wolf Trap are conducting a program designed specifically for fifth and sixth grade boys and girls. The intent is to provide youth who do not have extensive camping experience the opportunity to learn to appreciate the great outdoors and gain a sense of indepen-

dence. As a Scoutmaster and Venture Crew Advisor who has lead large groups to week-long summer camps and other adventures, Mr. Pan, the Camp Director, can attest first hand to the "concerns parents face of having fifth and sixth graders go away for an overnight camp out for their first time without the supervision of their parents. This is a wonderful opportunity for youth to learn to become comfortable with the outdoors, make new friends, have fun and build confidence, while not venturing too far from home."

The program is planning on securing uniform tents for the event for the elementary school campers and the troop will be lending some troop gear (stove and dutch ovens). Boy Scout Troop 55 will be respon-

sible for developing and leading a campout program for the participants which will include instructing on camp set up, working with gas camp stoves, cooking and clean up instructions, exploring the beauty of the nature park, conducting community service, participating in a campfire activities (under special permit) and completing a back-stage tour of the Wolf Trap Performing Arts Filenes Center.

The program is scheduled for Friday and Saturday, April 17-18. For FCPS, Friday is a Teachers' Workshop day so students will not have school on that day. We plan on only selecting up to 50 participants and will have about 30 volunteers (Scout/Venture Youth and Adults and NPS Staff) to help administer the program. The Wolf Trap

National Park Service is the primary sponsor; however, the local Boy Scouts and the Friends of Wolf Trap are also actively involved.

Registration in Advance via Sign Up Genius, cost — \$25, Check In: 10 a.m., April 17, Friday (Based upon SignUpGenius listing, Application & Medical Forms must be submitted in advance to determine participation, Waiting list may apply). Participant Sign Up: <http://www.signupgenius.com/go/20f084badac23a0f94-wolf>

Volunteer Sign Up: <http://www.signupgenius.com/go/20f084badac23a0f94-wolf1>

Questions can be forwarded to the Camp Director at [FirstTimeCampers@gmail.com](mailto:FirstTimeCampers@gmail.com).



**6 Artists: 5 Years - an exhibition and sale of artwork by local artists: Jackie Elwell, Elaine Floirmonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner, at The Frame Factory, 212 Dominion Road, NE, Vienna, until May 6.**



An exhibition and sale of paintings, drawings, sculpture and jewelry.

# 6 ARTISTS five years.

## CALENDAR

FROM PAGE 12

praise and worship. Come at 4:30 p.m. to mingle with friends and neighbors at the Spring Cookout. Stay for the concert at 6 p.m. A love offering will be received at the end of the concert.

**Health & Wellness Fair for Mature Adults.** 10 a.m. - 1 p.m. Vienna Community Center, 120 Cherry Street, SE, Vienna. The fair will include fitness and wellness activities including Zumba, Tai Chi, skin and beauty care, energy healing, and much more. Participants can take advantage of free health screenings including blood pressure, blood sugar, BMI, cholesterol, vision, glaucoma, hearing, and memory checks. This event is free and no registration is required. Participants should wear fitness clothing. For

schedule information, visit the Town of Vienna's website at [www.viennava.gov](http://www.viennava.gov) or the Shepherd's Center of Oakton-Vienna website at [www.scov.org](http://www.scov.org) or call (703) 281-0538.

### FRIDAY/APRIL 17

**"Other Desert Cities."** 8 p.m. Vienna Community Center, 120 Cherry St. SE, Vienna. "Other Desert Cities" tells the story of the fictional Wyeth family — a clan led at the top by a mother and father highly regarded in old Hollywood circles and admired by Republicans for their service to and friendship with the Reagans in their heyday. The play explores the dark family secrets that threaten to destroy external and internal perceptions about the life the family

members lead.

**Eileen Ivers.** 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. This virtuoso's award-winning skill and Irish-inspired playing prove she is "the Jimi Hendrix of the violin," according to The New York Times. \$27-30. 703-255-1900.

### SATURDAY/APRIL 18

**Model Trains and Thomas at Open House.** 1-5 p.m. Historic Vienna Train Station, 231 Dominion Road NE, Vienna. See and hear model trolleys and steam and diesel trains plus Thomas and some of his friends. The layout reflects the mountainous terrain and towns of Western North Carolina with award winning structures. Free admission. 703-938-5157. [www.nvmr.org](http://www.nvmr.org).

## PUBLIC NOTICE

**Fairfax County Department of Public Works and Environmental Services**

**McLean Community Center Ingleside Renovation and Expansion Project  
Community Meeting #1**

Wednesday, April 15, 2015, 7:30 p.m.

The Fairfax County Department of Public Works and Environmental Services (DPWES), as project manager for the McLean Community Center's Ingleside Renovation and Expansion Project, is holding this community meeting to report on the status of the project and to present current project drawings.

Residents of the Center's tax district are encouraged to attend in order to keep up-to-date on the project. If time permits, residents may comment on the presentations.

**The McLean Community Center**  
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## The Fact Is Not Yet The Matter



By KENNETH B. LOURIE

I don't know which is worse: the extra-special, extra-expensive, dental cleaning (the kind that requires Novocain and involves the actual dentist, not merely the hygienist) that I have scheduled for April 8th – or my next hopefully-not-do-or-die CT Scan, moved up a month from my usual three-month interval because of a suspicious formation seen on my most recent scan back in mid-February. Either way, the next two Wednesdays following by the fortnight Friday, April 24th appointment with my oncologist – to discuss the scan results from the 15th, should be noteworthy in the life of this cancer patient.

To think that my cancer-affected life is going to just roll along with nary a blip in assessment, treatment, protocol, scheduling, availability, etc., is both totally unrealistic and wishful thinking of the highest naiveté. And if anything can be said about yours truly, it is that I am well aware of, and reasonably well adjusted to, the slings and arrows of outrageous misfortune with which I have been forced to live, live being the applicable word, these last-six-going-on-seven years.

Given that symptoms I've felt previously – or not felt previously – have, on varying occasions, been positive and negative, feeling or not feeling has never been a sure-fire indicator of anything. As an example, one time I felt a pain in my chest/lungs (where I know the biggest tumor is located); it turned out to be scar tissue growing over a shrinking tumor, a good result. Another time, the same pain/same area indicated the tumor was growing, a bad thing. In general, feeling something has sometimes meant nothing and feeling nothing has sometimes meant something – and vice versa. I wouldn't say I was damned if I did and damned if I didn't, but I would say – with apologies to Oliver Hardy: It's a damned fine mess in which I find myself so regularly entangled. And apparently, from what I understand, the only thing likely to change in the future is nothing. And as fortunate as I am, compared to so many others who have succumbed to this terrible disease, being present and discussing even a problematic future – six years post-diagnosis – is as good as it gets for a patient originally diagnosed with a terminal form of cancer: stage IV, non-small cell lung cancer. Still, it doesn't (and I mean never) minimize the stress.

Somehow, managing this process/experience has to include a methodology for managing expectations and minimizing that stress. Moreover, anything one can do to lighten the load emotionally, and build in some positive reinforcement and words-to-the-maybe-not-so wise, goes a long way toward accomplishing some level of relative peace and perhaps even a little quiet.

Of course, the process is Imperfect – with a capital "I." There are always bad days; you just want your share of good ones, too. Acknowledging what you can't control and being grateful for what you can helps to compartmentalize and find that balance between living in the present and dying in the future. Some days, doing "normal" things – like visiting the dentist, seem to help. Other days, it feels pointless. Oddly enough, it all sort of mirrors my symptom history: it matters, it matters not. I just hope that on April 24th, the matters don't hit the fan.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

**21 Announcements**

**ABC LICENSE**  
Peter Chang One LLC trading as Peter Chang, 2503 N. Harrison St, Ste E, Arlington, VA 22207. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer Restaurant on Premises license to sell or manufacture alcoholic beverages. Wenqiang Huang, Manager  
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**ABC LICENSE**  
The Brew Shop, LLC trading as The Brew Shop, 2004 Wilson Blvd, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off Premises and Keg license to sell or manufacture alcoholic beverages. Julie Drews, Member  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

When spider webs unite, they can tie up a lion.  
-Ethiopian Proverb

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# Mobile Spa Business Comes to Area

## Northern Virginia woman turns bout with multiple sclerosis into new business.

**A**re you a busy, career woman with no time for traditional salon appointments and wish you could have a spa experience in the comfort of your own home? In the Nick of Time: The Elite Mobile Spa is the convenient, luxurious solution.

A team of licensed professional manicurists, massage therapists, estheticians and hairstylists will come to your home and create the ultimate spa experience in your living room. They bring all of the equipment and supplies: a massage table, aromatherapy, manicurist table and even a portable shampoo sink and portable power source. The team provides just what you need for luxurious "me time" to doing something special for a friend's birthday, bridal or baby shower. At each visit, two team members arrive at your home. They will be

dressed business casual, have identifiable name badges and will have all the tools and equipment needed for your appointment. They will even provide baby-sitting services while you are enjoying your spa savoir – faire.

Ashley M. Ivey, owner and founder, conceived the idea of the mobile spa service (<http://inthenickoftimespa.com>) when she was going through a challenging time. In 2004, at the age of 18, she was diagnosed with a severe case of multiple sclerosis, a progressive debilitating neuromuscular disease. Months of chemotherapy, loss of her hair and numerous hospitalizations had taken a toll on her body and emotions. One day after a chemotherapy session her parents, in an effort to boost her spirits, surprised her with a manicure and pedicure in her home. Later, when her hair grew back – a stylist came to the house to do her hair.

"Both experiences were awesome," says



Ashley Ivey.

COURTESY PHOTO

Ashley. It was then the seed was planted for what now has become, In the Nick of Time: The Elite Mobile Spa. In 2014 after another bout of MS, Ashley was determined to transition from a wheelchair to wearing heels again. "The memory of my mani-pedi and other services resurfaced again. I thought, what could be better for a busy, career-minded woman, who has no time for herself than an exclusive spa service that rolls to her door just in the nick of time to lift her spirits?"

Ashley's parents are Anthony and Donna

Ivey, owners of I-CARE- Home Health, specializing in neuro care – providing home health care in the DMV for over 21 years. In the Nick of Time: The Elite Mobile Spa donates home spa services to I-CARE customers.

Ashley and her team will be cutting a congratulatory ribbon on April 18, 2015 at the grand opening of In the Nick of Time: The Elite Mobile Spa sponsored by the Tyson's Regional Chamber of Commerce. The event will be held at the Tyson's Tower Club, 8000 Towers Crescent Drive, # 1700 Vienna, 11 a.m. - 1 p.m. There will be live demonstrations of spa services.

For more information, visit <http://inthenickoftimespa.com> or call 703-865-5877.

## How to Detect Telephone Scam

**T**here are many telephone scams going around at this time, it would be nearly impossible to list them all. However, here are some tips and tricks to figure out if it's really a scam or not:

- ❖ If your financial institution calls you claiming there is fraudulent activity on your account, hang up and call the number on the back of your credit/debit card to verify. Explain you received a call from them indicating there is suspicious activity on your account. You can now be sure you are talking to your bank and not a scammer.

- ❖ If you get an email from a credit card company and you do not have an account with that company, do not call the number in the email and do not click on any of the links in the email. Find the company's general customer service number via their website/internet search and call to verify the information.

- ❖ If you receive a phone call from the IRS, it's a scam. The IRS will only communicate with you via mail regarding taxes/past due accounts.

- ❖ If someone calls you claiming they are from a law enforcement agency saying you must pay a fee over the phone/wire money to avoid arrest, hang up and call the agency in question. Fairfax County Police Department does not collect fines/fees.

- ❖ Telephone scammers have been known

to get hostile and rude on the phone. Another red flag the call you are on is most likely a scam.

- ❖ Before offering any money via telephone, phone a friend. Discussing things over with a friend may help you see the situation is in fact a scam.

- ❖ Never give anyone personal information over the phone unless you called the company you have an account with!

- ❖ Routinely check your credit/debit account statements. If you see any questionable transactions, call your financial institution immediately. Monitor your credit report.

- ❖ If it sounds too good to be true, it usually is.

- ❖ Register your phone numbers on the Do Not Call Registry! <https://www.donotcall.gov/> Be aware, it can take up to 30 days to add your number to the registry.

If you have any elderly friends or family, encourage them to reach out to you if they get a scam phone call. All too often our seniors are falling victim to these scams.

For more information on telephone scams, visit <http://www.consumer.ftc.gov/articles/0076-phone-scams#Signs> and for scams affecting seniors, visit <http://www.ncoa.org/enhance-economic-security/economic-security-Initiative/savvy-saving-seniors/top-10-scams-targeting.html>

## 'Drive to Donate' on Express Lanes Raises Nearly \$80,000 for Fire and Rescue Departments

**From left: Richard Bowers, Fairfax County Fire and Rescue Department Chief; Jeffrey Katz, Fairfax County Fire and Rescue Department; Jennifer Aument, Transurban Group General Manager North America; Mike Wendt, Fairfax County Volunteer Fire and Rescue Association President and Dana Powers, Fairfax County Fire and Rescue Department.**



PHOTO COURTESY OF TRANSURBAN

**T**ransurban, operator of the I-95 and I-495 Express Lanes, designated March 21 for a "Drive to Donate" campaign. All tolls collected on that day from the nearly 40 miles of lanes stretching from the Dulles Toll Road to Stafford County would be donated to local Fire and Rescue departments.

With over 20,000 drivers using the lanes that Saturday, Transurban raised nearly \$80,000 for the donation. On Friday April 3 at the Transurban Express Lanes Operations Center in Alexandria, Transurban Group General Manager North America Jennifer Aument presented checks of over \$26,000 each to the Fairfax County, Prince William County and Stafford County Fire and Rescue Departments.

"As safety is the top priority on the Express Lanes, it was important to us to support our local fire and rescue organizations," Aument said in a statement. "This donation is one way we can thank our local heroes for keeping the communities surrounding the Express Lanes corridor safe each and every day."

Fairfax County Fire and Rescue Department Chief Richard Bowers said their donation will help fund life-saving fire, rescue and emergency medical services equipment. "Thank you for the contributions that will make a difference in the lives of our residents and those that pass through our community on a daily basis," he said in a statement.

— TIM PETERSON

## BULLETIN BOARD

To have community events listed in the Connection, send to [north@connectionnewspapers.com](mailto:north@connectionnewspapers.com). The deadline for submissions is the Friday prior to publication.

### THURSDAY/APRIL 9-30

**Living with Alzheimer's: For Middle-Stage Caregivers (3-part series).** 1:30 p.m. Goodwin House Baileys Cross Roads, 3440 S. Jefferson St, Falls Church. In the middle stage of Alzheimer's disease, those who were care partners now become hands-on caregivers. Join us for this free 3-part series and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's. Topics covered will include:

- Symptoms and care needs associated with the middle stage of Alzheimer's disease.

- The relationship changes that occur in the middle-stage
- Ways caregivers can maximize safety, prepare for emergencies, and access respite care
- Effective ways to provide personal care and manage challenging behaviors

Programs are sequential and should be taken in order. To register, call the Alzheimer's Association 24/7 Helpline at 800-272-3900.

### SUNDAY/APRIL 12

**The Old Dominion Chrysanthemum Society Meeting.** 2:30 p.m. Falls Church Community Center, 223 Little Falls Street, Falls Church. Dr. John Buckreis well-known host of Fairfax Public Access show Gardening News and Views will discuss and demonstrate new plants, tools, control methods, and nutrient products in the marketplace for use in your garden this year. Free admission.