

Luka Torres, a seventh-grader at South County Middle School, shows his lizard sculpture during the South County Pyramid Art Show held Saturday, April 11 at the Workhouse Arts Center in Lorton.

South County Pyramid Holds Art Show

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14 Hours, Three Days, 200 Speakers

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BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

TUESDAY/APRIL 21

Connected on the Homefront. 7-9 p.m. Immanuel Bible Church, 6911 Braddock Road, Springfield; Terrace Room. Monthly meetings that provide dinner, fellowship and guest speakers to minister to wives of active duty, reservists and retired military. Linda Geel will be speaking this month on "Think About Such Things." Visit www.immanuelbible.net or 703-941-4121.

THURSDAY/APRIL 23

Annual Meeting of the Friends of the Burke Centre library Meeting. 7:30 p.m. Burke Centre Library, 5935 Freds Oak Rd., Burke. Stone Brooks, Manager, Richard McKay Used Books, Inc. — discussing the landscape of book stores in today's environment.

SUNDAY/APRIL 26

Burke Historical Society Meeting. 4:30 p.m. Abiding Presence Lutheran Church, 6304 Lee Chapel Road, Burke. Debbie Robison, a Fairfax County History Commissioner, will give a presentation entitled, "Discover the Mills of Fairfax County." Now that the streams have thawed, and to ensure that your molinological needs are met, it seems like a good time to consider the wealth of historic mills around us.

Before being displaced by fossil fuel combustion and the Second Industrial Revolution, these fascinating structures served as the engines, both mechanical and economic, of the local area. Debbie Robison's talk will survey the County's mills (including Silas Burke's and William Holsapple's mills here in Burke) and will also describe what to look for in stream valleys if searching for a mill site.

SATURDAY/MAY 2

6th Annual Community ShredFest & Electronics Recycling Day. 9 a.m. - 1 p.m. 5501 Backlick Road, Springfield RE/MAX 100 Agents & staff cordially invite you to this event.

All-Shred truck will destroy your old documents securely, right here. 123JUNK will take any electronics, even those old bulky TVs. Join in for a free Home Ownership Seminar, 9:30 -11a.m.

THURSDAY/MAY 21

Lunch 'N' Life. 12-2 p.m. St. Mary of Sorrows Catholic Church, 5222 Sideburn Road, Fairfax. Are You 50 or Better? Join for the next Lunch N' Life sponsored by the Shepherd's Center of Fairfax-Burke. The program will feature Mr. Knox Singleton, CEO of INOVA Health Systems speaking on Current Health Issues.. For reservations, call Faye Quesenberry, 703-620-0161, by May 15. The cost is \$10; checks payable to SCFB. If transportation is needed, call the SCFB office 703-323-4788. Visit www.scfbva.org for more information.

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Holocaust Remembrance

"One of the most important things we do."

BY KEN MOORE
THE CONNECTION

Holocaust survivor Michel Margosis spoke before the Board of Supervisors, Tuesday, April 7, when the Board of Supervisors made a Holocaust Remembrance Day in Fairfax County.

The proclamation serves "to urge all residents to not bear silent witness to injustice and remain always vigilant to the principles of individual freedom and a just society," said Sharon Bulova, board chairman. "It is so important that we not ever forget."

Six million Jewish women, men and children were killed by the Nazis.

"The spark of evil flared into a raging fire that swept over much of Europe, the residual embers of discrimination, bigotry and intolerance have never been extinguished and have been reinvigorated," said Margosis.

Margosis said he joins in mourning the millions of others murdered by the Nazis including gypsies, priests, homosexuals, Jehova Witnesses and political prisoners.

"We must embrace our expanded diversity," said Margosis.

"At some point, there won't be anybody left who actually experienced the horrors of the war at that particular time, but that is part of your legacy to pass that along and to pass that along to younger people so nobody ever forgets," said Supervisor Penelope "Penny" Gross. "What you do makes sure we will always remember and never forget."

MARGOSIS INVITED the Board and entire Fairfax County community to an observance at the Jewish Community Center on Sunday, April 19 from 5 to 8:30 p.m.

"We have a responsibility to those who perished as well as those who survived to educate future generations and rededicate ourselves to the history of the Holocaust and its impact on the world," said Chairman Sharon Bulova.



The Board of Supervisors thanks Holocaust survivor Michel Margosis for his work to ensure that no one ever forgets the atrocities of the Holocaust.

Holocaust Kaddish: Never Forget

Jewish Community Center of Northern Virginia
8900 Little River Turnpike, Fairfax
Sunday, April 19, 5-8:30 p.m.
www.jccnv.org
www.jccouncil.org/Holocaust

More than two dozens synagogues, houses of worship and nonprofits, plus Holocaust survivors, youth and interfaith leaders will join the Jewish Community Center of Northern Virginia Sunday, April 19 for the annual observance.

The program includes a reading of names of those murdered in the Holocaust, "Unto Every Person There is a Name," a youth workshop and an adult seminar on "The Psychology of Scapegoating."

"I always try to participate in that obser-

vance, it is one of the most powerful things we do," said Supervisor Gross.

"We will consider the intricacies of human nature and social interaction that allow for unspeakable atrocities to be committed by some individuals or groups against others. With hope, we will look at strategies that have succeeded in mobilizing the silent bystander and raising up societies to take a forceful stand against injustice and inhumanity," according to JCC of Northern Virginia.

THE EVENING is scheduled to culminate

in a community commemoration with readings, poetry, a community interfaith choir, recitation of the Holocaust Kaddish and the

intergenerational candle lighting and pledges of the children and grandchildren.

"Many of us come to the Jewish Community Center to read the names of individuals who lost their lives,

who perished, who were murdered during the Holocaust," said Chairman Bulova. "I think it is a very powerful thing that our community does, it is so important, so very important not to ever forget what had happened."

"At some point, there won't be anybody left who actually experienced the horrors of the war at that time."

— Supervisor Penelope "Penny" Gross

CAREGIVING

Have fun, learn something new, and unleash your creative spirit! Fairfax County, the Arts Council of Fairfax County, and AARP Virginia invite you to celebrate the **Creative Aging Festival in May 2015**. This month-long festival features over 100 events including art exhibits, dance, musical performances, poetry readings, lectures, wellness programs and classes in watercolor, wood-working, knitting, clogging, tap, piano, photography, & more! Find the events calendar at www.fairfaxcounty.gov/OlderAdults and click on Creative Aging Festival!

Fairfax County presents **Legal Tools for Caregivers: WEBINAR**. As a family caregiver you may need to make legal and health care decisions for a loved

one.

This free Webinar will cover durable powers of attorney, trusts, guardianship, and advanced medical directives. Join us on Wednesday, May 6, Noon-1 p.m. Find out more and register at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm or call 703-324-5205, TTY 711.

Fairfax County will sponsor **Strategies for Managing the Stress of Caregiving** on Tuesday, May 12, 7-8:30 p.m. at Tysons-Pimmit Regional Library, 7584 Leesburg Pike, **Falls Church**. Find out more about this free event and register at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm or call 703-324-5205, TTY 711.

Fairfax County presents **"Alive Inside"**

Movie and Discussion on Saturday, May 16, 10 a.m.-Noon.

This free movie focuses on the Music & Memory program's ability to combat memory loss and restore meaning to the lives of those with Alzheimer's disease. Insight Memory Care Center, 3953 Pender Dr., Ste. 100, **Fairfax**. Find out more and register at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm or call 703-324-5205, TTY 711.

Get the facts about health insurance for older adults at Fairfax County's free presentation on **Medicare 101**. Tuesday, May 19, 3-4:30 p.m. at the City of Fairfax Regional Library, 10360 North St., **Fairfax**. Register beforehand at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm.

Learn about **Medicare Part D pre-**

scription drug coverage and receive expert assistance in choosing and signing up for a plan for you or your loved one.

Wednesday, May 20, 3-4:30 p.m. at Martha Washington Library, 6614 Fort Hunt Rd., **Alexandria**. Register beforehand at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm.

Fairfax County is offering a free **Independent Living Project Series** (Sessions are 8 weeks). Programs start Friday, May 1, 1-3 p.m. at Kingstowne Library, 6500 Landsdowne Centre, **Alexandria** and Friday, May 22, 10 a.m.-Noon. at Our Lady of Good Counsel, 8601 Wolftrap Rd., **Vienna**. Register at www.fairfaxcounty.gov/dfs/olderadultservices/independent.htm.

14 Hours, Three Days, 200 Speakers

Schools, libraries, economic development authorites and others seek more funding while tax-hawks call for reductions.

BY KEN MOORE
THE CONNECTION

The Board of Supervisors listened to more than 14 and a half hours of testimony from approximately 200 speakers Tuesday through Thursday, April 7-9.

"I very much respect and admire the stamina and the force of will all of you have demonstrated the last three days," said Dennis Hays of Reston, Chairman of the Fairfax Library Advocates, and the second to last of 214 scheduled speakers.

"I am overwhelmed by the sheer breadth of the services this County provides and I am proud to be a member of this community," said Hays.

Fourteen McLean High School teachers testified as a group to urge the Board to bring the salaries of teachers in Fairfax County on par with other jurisdictions.

Steven Ward of McLean spoke on behalf of Fairfax Advocates for Better Bicycling. "We appreciate and commend the Board for its past efforts to make the county more bike friendly including the adoption of last year's Bicycle Master Plan."

Ward asked the Board to keep pedaling forward to maintain momentum on its initiatives.

Tapan Banerjee, of McLean, testified for the Fairfax Area Disability Services Board. The budget process, he said, is an opportunity for all of the county to come together to determine solutions to address the needs of all residents. "Thank you for a chance to speak out," he said.

Stella Koch testified Thursday, on behalf of the Environmental Quality Advisory Council.

"The shortness of this testimony does not reflect the lack of concern we have with the issues," she said. "In fact, we are honored to have an ongoing dialogue with you throughout the year."

Koch voiced satisfaction that the Board is taking environmental issues and concerns



PHOTO CONTRIBUTED

Board of Supervisor Chairman Sharon Bulova watches as School Board Chairman Tamara Kaufax makes her plea for full funding of the schools at the April 7 budget hearing.

seriously, including storm water management.

"I think EQAC is one of the most effective organizations in tracking our environmental initiatives and making sure we stay on track," said Chairman Sharon Bulova.

THE HEARINGS BEGAN Tuesday with a presentation by School Board Chairman Tamara Derenak Kaufax as 200 people packed the Fairfax County Government auditorium.

Members of the Fairfax County School Board sat in the front row, gave a standing ovation, and remained standing as Kaufax finished her testimony to begin the budget hearings.

"Budget reductions come with a price — the price should not be our children's future. This budget does not meet all of the school systems needs and it certainly does not adequately fund our shared vision of excellence for our schools and students," said Kaufax.

The Fairfax County Public Schools re-

quested \$14 million more than is in the proposed budget.

Fairfax County Public Schools is the 10th largest school system in the country with more than 188,000 students.

Kaufax cited statistics and trends that challenge the school system. "We would be the sixth largest school division in Virginia, if you counted just our free-or-reduced-price meal population; or the ninth largest if you only counted our English for Speakers of Other Languages population," she said.

Nearly 53 percent of the proposed \$3.8 billion county budget is slated to be transferred to the schools.

Sharon Bulova, chairman of the Board of Supervisors, said that while the schools didn't ask for everything they needed or get everything they wanted, that the amount of the proposed transfer from the county to the schools was closer to the amount requested than anytime in memory.

"We appreciate that you rolled up your sleeves, and we rolled up our sleeves," said Bulova.

Supervisor Jeff McKay called it "unconscionable" that the state doesn't adequately fund the schools. "We will have the same conversations year after year after year," he said, if the Board of Supervisors and School Board don't advocate together in unity. "We need to march together," he said.

FAMILIAR FACES advocated for a reduction in spending and taxes, such as James Parmalee of Centreville, and Arthur Purvis, of Vienna.

There were also advocates who encouraged an increase in taxes to ensure that funding will address the needs of all of Fairfax residents.

Steven Davis, chairman of the Economic Development Authority, said the county is experiencing record office vacancy rates, which pushes down commercial property values and, with it, the proportion of taxes paid by the commercial tax base, shifting more of the burden onto residential taxes.

Maintaining Fairfax County's AAA bond rating is critical, Davis said. "You send a signal to businesses around the world that Fairfax County is one of the best managed jurisdictions in the world," he said. "We all know it has taken decades to build a product that gets businesses here and keeps people here."

Brian Engler, of the Fairfax Library Foundation, and Charles Fegan, of the Fairfax County Public Library Board of Trustees, addressed the cuts to the library system. Libraries are part of educating the county's young people, and provide a myriad of other services to residents of all ages despite significant cuts in recent years, they said.

Hays was the last to speak on the libraries, and the second to last speaker of all.

Hays cited studies from Minnesota, Florida, Colorado, Great Britain and Korea. "All came to one conclusion," he said. "The library is an economic engine," providing high rate of return on investment.

On April 28, the Board of Supervisors is scheduled to adopt its FY 2016 Budget and tax rate, including budget transfer to the school system. The School Board is scheduled to adopt its budget on May 21.

The FY 2016 Budget becomes effective July 1.



Photo by Ed Knepley

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South County Federation president and Lorton resident Nick Firth (right) moderates a debate among Democratic candidates for Mount Vernon supervisor: (from left) Tim Sargeant, Candice Bennett, Jack Dobbyn and Dan Storck.

South County Federation Hosts Supervisor Candidates' Debate

Members of the South County Federation civic association welcomed the four Democratic candidates to replace Gerry Hyland as Mount Vernon District supervisor for a debate during their April 14 meeting in the South County High School Library.

In standard debate fashion, Mount Vernon District School Board representative Dan Storck, Planning Commission member Tim Sargeant, small business owner Candice Bennett and small business owner and Fairfax County Human Services Council appointee Jack Dobbyn each gave opening remarks, answered questions moderated by Federation president and Lorton resident Nick Firth, and delivered closing comments.

Ten questions from the association ranged from transportation

challenge priorities and land use planning to schools funding and promotion of the Workhouse Arts Center in Lorton.

Firth was generally pleased with the event.

"We had some candid answers and some different answers," he said, "which you try to draw out with the questions."

One of the clear differences among the candidates was in opinion of the handling of the financial challenges of the Workhouse. In particular, Dobbyn repeatedly referred to Fairfax County wasting \$30 million on bailing out the arts center while the others were more supportive of the investments that have gone into keeping it running.

For more information on the South County Federation visit www.southcountyfederation.com.

—TIM PETERSON

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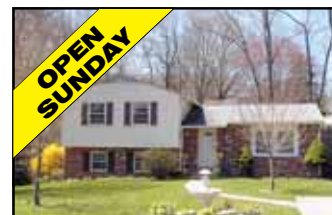


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OPINION

Counting Homeless; Solution Is Housing

Results of the annual census of homeless show progress, persistence of the problem, and some worrying trends.

On the night of Jan. 28, 2015, there were 1,204 people who were literally homeless in the Fairfax County area. Of those, 715 were people in 213 homeless families, with 431 homeless children; 347 of those children were under 12. Sixty-two percent of the adults in these homeless families are employed, but don't earn enough to avoid becoming homeless. Domestic violence was identified as the cause of homelessness for 41 percent of the people counted in homeless families. Women made up 78 percent of the adults in homeless families.

Men accounted for 77 percent of the single homeless people.

Of the single homeless people, 55 percent, 268 people, are identified as having serious mental illness; 203, or 42 percent were identified as chronically homeless.

Twenty-five percent of the single homeless individuals were employed.

Eight percent were veterans. Four percent, or 21, were former foster children.

Some troubling trends:

This year, 123 or 25 percent of the single homeless people were over 55.

This year, 52 or 11 percent of the single

homeless people were transitional adults, aged 18-24.

This year, 58 percent of homeless individuals in families and 43 percent of single homeless people counted were African American. This is disproportionate to the overall African American population of 9.7 percent.

This year marks a reduction of 21 homeless people, or approximately 2 percent reduction over the previous count in 2014. It is a decrease of 34 percent since 2008 when there were 1,835 literally homeless people counted, including 1,091 in families. The Fairfax County Office to Prevent and End Homelessness credits adoption of housing first and rapid rehousing models, heightened prevention efforts and prioritizing housing for longest and most vulnerable homeless for continuing decrease.

What's needed is more affordable housing, more housing affordable to those with very low income, more affordable housing designated for formerly homeless people with the supports they need. Without a commitment to more affordable housing, it will be impossible to continue to reduce the number of homeless people in the region.

It's critical to note that those who are literally homeless are a small part of the prob-

lem. In terms of preventing homelessness, literally thousands of families live at risk of becoming homeless in our region. Very high housing costs combined with the growth of low-wage service jobs mean that many families are one unexpected bill away from homelessness. Nonprofits in the county play a huge role in preventing homelessness by responding to crises.

As the development of the Silver Line brings a wave of new residential construction in the county, we must insist that affordable housing be a part of that growth.

Mother's Day Photos

Mother's Day is May 10 and, every year at this time, The Connection calls for submissions to our Mother's Day photo gallery. Send photos of mothers, grandmothers, great-grandmothers, with children or without children in the photos. Please name everyone in the photo, the approximate date, describe what is happening in the photo and include your name, address, email address and phone number. (We will not print your full address or contact information.) You can upload photos and information directly to www.connectionnewspapers.com/mothersday/ or email to editors@connectionnewspapers.com.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM,

@MARYKIMM

LETTERS TO THE EDITOR

Inappropriate 'Choices'

To the Editor:

My name is Donna McHugh and I am writing in response to your article ["Moving: From Institution to Community"] printed on April 2 regarding the Northern Virginia Training Center.

I am the sister and co-guardian of my 58-year-old brother Joseph F. McHugh (Joe) discussed in the article. He lives at the Northern Virginia Training Center (NVTC). Joe is minimally verbal, non-ambulatory, has serious digestive issues with spasticity and without continual preventative medical routines, performed by others at NVTC, he would be dead.

The article states that we have been provided a multitude of community placement choices. The choices presented to me and Joe's other legal guardians have been inappropriate. The community does not have the skills or supports necessary for his real medical needs for his survival. We are actively investigating and reviewing choices — but nothing is available. There are not comparable and appropriate choices in Northern Virginia like we were promised. Cur-

rently, my only choice is the Central Virginia Training Center in Lynchburg, Va., which is slated to close in 2020 and go through the process of placement/discharge all over again which is stressful and full of anxiety.

No one can predict the future of the state-funded a-la-carte waiver, currently funded at 60 percent, which is being offered as my brother's source of funding while currently he has a fully-funded (100 percent) Medicaid/Medicare federal waiver which means whatever his needs are they are met, so from a fiduciary standpoint as a legal guardian why would I change that? I can't predict how he will react to a new home, staff and routine. My hope is this will be a positive transition. But, I strongly feel that the impending closure date is unrealistic and makes me wonder if the department/state is more interested in "discharge" and closure than fostering the correct and appropriate placements.

Finally, the Commonwealth of Virginia has had 40 years to develop community homes and re-

sources. Virginia has the solution to serve many of its citizens including the medically fragile by using the property they already have and renovating it to meet individual/group needs. This is a solution that involves compromise and cooperation and would have Virginia lead-

ing the country.

I fear that my brother as well as many of the remaining residents will not find good, appropriate placements.

Donna McHugh
Centreville

Battle of Brimstone Hill

To the Editor:

On April 10, Cavalry skirmish occurred at Brimstone Hill, which is thought to be the last Civil War action in Fairfax County

<http://braddockheritage.org/timeline-part-i>

With Mosby, they were formally made Company H at North Fork in Loudoun County on April 5, 1865.

They then rode under their new Captain, Captain George Baylor, and went first to Keyes Switch on the Shenandoah River. There they attacked a camp of the Loudoun Rangers and completely defeated them not far from Halltown, West Virginia. Five or six Federals were killed, forty-five prisoners were

captured, seventy horses were taken as well as a number of arms and a lot of equipment. Their last engagement was with the 8th Illinois Cavalry in Fairfax County at Arundel's Tavern, now known as Brimstone Hill, on April 10, 1865. This occurred one day after General Robert E. Lee surrendered. It was the last engagement of the War Between the States in Virginia. The last casualties of the war in Virginia occurred during this fight.

<http://www.serpentina.khosravi.net/?tag=fairfax-county>

Dr. Larrie D. Ferreiro
Fairfax

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NEWS



One of Nordstrom's discounted Rack stores opens at Springfield Town Center April 16 at 9 a.m.

Nordstrom Rack Opens at Springfield Town Center

Seattle-based family clothing retailer Nordstrom will open the 176th location of its Nordstrom Rack discounted store at Springfield Town Center.

The grand opening event is scheduled to take place starting at 9 a.m. on Thursday, April 16 in the store's 33,000-square-foot space.

Springfield Town Center, located at 6500 Springfield Mall in Springfield, joins seven other Nordstrom Rack locations in the Washington, D.C. metropolitan region.

For more information visit www.nordstromrack.com or www.springfieldtowncenter.com.

—TIM PETERSON

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Moving for Academic Excellence

Researchers say frequent physical activity can lead to success in school.

BY MARILYN CAMPBELL
THE CONNECTION

Inside an elementary school classroom in Bethesda, Md., a class of third grade students is divided into small groups and given a task: to cross a desert using a limited supply of tools that often include a jump rope, a foam noodle or a scooter. Their mission is to devise a plan to cross the desert without touching the sand.

This classroom exercise at Norwood School requires cohesive collaboration, quick analytical skills and, most of all, creative physical movement.

"This type of activity is so much more than who has the most points on the scoreboard or how to kick a football," said Jane Martens, physical education coordinator at Norwood School. "It shows the direct relationship between movement and academic success, particularly when it comes to focus. Twenty minutes is long enough for little ones to sit and focus on academics. After that they need movement to refocus their attention."

Martens and other educators and researchers cite substantial evidence that physical activity can boost academic performance, including grades and test scores. In fact, many say the recent trend of sacrificing physical education for the sake of academics is counterproductive.

"Unfortunately, with an increased focus on academic standards of learning and budget dilemmas, physical education and outdoor play have often been among the first things to be cut," said Ivy Beringer, Ph.D., assistant dean, early childhood education and substance abuse, Northern Virginia Community College in Alexandria. "Based on research findings this appears to be counterproductive to the development of the



PHOTO COURTESY OF NORWOOD SCHOOL

Students at Norwood School engage in a movement exercise during the school day. Researchers say physical activity can boost academic performance.

"The more active we can get students within a day, the better prepared they will be to concentrate on these math problems or that text they need to read, or that essay they need to write."

— Dominique Banville, Ph.D., George Mason University

whole child. Even when there is limited time in the daily schedule for physical activity and outdoor play, teachers can engage children in classroom activities designed to get them moving."

Experts say aerobic exercise has the greatest effect on academic performance, and elementary school students benefit most from being physically active.

"Some of the largest cognitive benefits were linked, in order of importance, with mathematical achievement, IQ and reading achievement, all critical components of the standardized testing movement," said Dominique Banville, Ph.D., director, division of health and human performance at George Mason University in Fairfax. "Physical education is the only subject in school specifically dedicated to not only make students move during class time, but also to provide them with knowledge that will allow them to be active outside of school."

"Based on the most recent research, the more active we can get students within a day, the better prepared they will be to concentrate on these math problems or that text they need to read or that essay they need to write."

The effect is physiological as exercise increases one's energy level, increasing one's capacity for cognitive activity. "Exercise increases blood flow to the brain and has been shown to increase one's ability to focus," said Beringer.

The lessons that students learn from physical education are life-long and extend beyond an elementary school spelling test or a middle school science project.

"In addition to promoting concentration in the classroom, it gives children an opportunity to develop competence in using their growing bodies," said Christine Pegoraro Schull, Ph.D., professor, early childhood education, Northern Virginia

Resources for Movement Activities

Recessitate, a box of cards that have movement activities can be used quickly during breaks and transition times. Visit <http://oranda.org/products/recessitate>.

"10 Simple Ways to Encourage Physical Activity in the Classroom." These suggestions do not require equipment and are easy to incorporate throughout the day. Visit www.yourtherapysource.com/10simple.html.

COMPILED BY IVY BERINGER, PH.D., NORTHERN VIRGINIA COMMUNITY COLLEGE

Community College in Alexandria. "Everyone needs to learn how to run, stretch, climb, be agile and use rules in a group. In a fundamental way, it teaches children to not be sedentary."

ONE SOLUTION for a lack of time or space for activity is melding it with academic subjects.

"Teachers and school leaders need to see movement and play more through an interdisciplinary lens," said Glenn Whitman, director, Center for Transformative Teaching and Learning and girls' varsity soccer coach at St. Andrew's Episcopal School in Potomac, Md. "Teachers need to recognize that regardless of the length of a class period, students need to move."

"Simple solutions are to have students move among different workstations in class or to collaborate with their peers while standing up," Whitman added. "Students can recreate the movements of historical battles. Before an assessment, students can do some jumping jacks or stretches, which elevate dopamine levels in the brain and have been shown to lead to increased academic performance. Building movement into class is only limited by the level of a teacher's willingness to be creative."

Parental involvement is critical, say educators, particularly in schools where physical education is limited. For example, parents can suggest ideas for brief movement activities that are interspersed with academics, volunteer to lead such activities or form focus groups to brainstorm ideas to increase movement.

"Movement is so important that parents need to be more vocal about it," said Martens. "Parents need to be informed about what they're losing when they take away physical activity and movement."

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NEWS

Sharing Love of Art

Karen Kozojet Ching's residency at South County Middle School explores "Mixed-Media Expressions."

Three Fairfax artists are currently placed at Luther Jackson, South County, and Stone Middle School. The Artist Residencies in Middle Schools program challenges students to:

- Expand their visual language by viewing the familiar and unfamiliar combined with short written statements in Karen Kozojet Ching's "Mixed-Media Expressions;" Examine the influence of the media on public opinion through original theatrical works in Bridget Tunstall's "The Living Newspaper;" and Combine their written words with elements of music conceived as a personal musical journey in Jim Mason's "Discovering Your Soundtrack."

"We are delighted to connect professional artists with the County's public middle school students," said Linda S. Sullivan, President & CEO, of the Arts Council of Fairfax County. "This program provides exciting opportunities to our Fairfax artists helping them to communicate their unique ideas and creativity, appropriate to grade and age level, in a public school environment," Sullivan continued.

In Ching's residency "Mixed-Media Expressions," South County Middle School students communicated



PHOTO BY CAPITOL MEDIA USA

South County Middle School student Lauren A. Douglas with Workhouse Arts Center artist Karen Kozojet Ching.

their thoughts about transformations, relationships, boundaries and roles, by incorporating a personal message, poem, or narrative into an original multi-layered artwork accompanied by a short essay.

"The artist residency has been a wonderful collaborative experience," said artist Ching who currently teaches at the Workhouse Arts Center. Ching continued: "Being able to work hand in hand with aspiring young talent, seeing how their ideas take shape, and working with them to visually translate their thought processes into both images and words is an invaluable experience and prepares them to become creative problem solvers." The Arts Council is conducting a call-out for FY16 Request for Proposals to participate in the program at <http://artsfairfax.org/resources/opportunities/artist-residency-program>. The deadline for artists to apply is May 22.

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ENTERTAINMENT



Nicholas Needham, a senior at South County High School, with a photo of Early Morning in Savannah, Georgia.



Cassidy Ludwig, a fourth-grader at Silverbrook Elementary School, with her sun and moon.

PHOTOS BY STEVE HIBBARD/THE CONNECTION

South County Pyramid Holds Art Show

Student artwork from six schools was on display at the Workhouse Arts Center in Lorton.

Student artwork from six local schools was featured during the South County Pyramid Art Show held for the first time last week at the Workhouse Arts Center, Building W-16, in Lorton.

The artwork came from student artists at Laurel Hill Elementary, Newington Forest Elementary, Silverbrook Elementary, Halley Elementary, South County Middle School, and South County High School.

Ashley Birkmaier, a teacher at Laurel Hill Elementary, said about 20 pieces were selected from

each art teacher, based on the students' hard work ethics, quality and the end product. "We're so happy that the Workhouse has decided to allow us to have our show here," she said. "I think our Pyramid pushes our students to perform at the highest level that they're capable of."

Robert Christie, an art teacher at South County High School, added, "What we love about this show is seeing how the kids progress from elementary school to high school. A nice progression of skills is what we're hoping to see and what the community can see."



Isabella Corigliano, a senior at South County High School, with a double-negative photo.



Hunter Malecki, a second-grader at Laurel Hill Elementary School, with his paper seasonal collage showing winter.



Lucas Boyd, a first-grader at Newington Forest Elementary School, with his ducks.



Spectators enjoy snacks during the South County Pyramid Art Show at the Workhouse Art Center in Lorton.

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

FRIDAY/APRIL 17

NoVa-Annandale Symphony Orchestra. 8 p.m. Richard J. Ernst Theater, 8333 Little River Turnpike, Annandale. Christopher Johnston, conductor. Music by Haydn, Mendelssohn, Holst, and Scott Joplin. Tickets at the door \$15, students \$10, children 12 & under free. Sponsored by NOVA College and the Reunion Music Society. Call 703-569-0973 for information.

SATURDAY/APRIL 18

Annual Spring Faire. 10 a.m. - 3 p.m. Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield. The Woman's Club of Springfield is sponsoring the event. There's something for everyone - jewelry, fashion, home decor, kitchen, garden, gourmet, and more! Free admission. Proceeds will be donated to Bethany House to help victims of domestic abuse. Information about us: www.womansclubofspringfield.org; 703-451-2467 (The Pink Elephant thrift shop)

Way Out West. 2 and 7 p.m. The Fairfax Jubil-Aires, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires will perform their annual show, this year entitled "Way Out West." A Western tale surrounded by songs of the American West, and supported by guest artists including international level quartets and the Bella Nova women's chorus. Visit www.fairfaxjubilaires.org for details and tickets.

Ballroom Social Dance. 7:30-10:30 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Get on your dancing shoes and come out to the Workhouse for an evening of social ballroom dance led by one of our instructors. Bring a friend, a date or a group and enjoy a casual, fun night out.

Springfield Community Day: Health Fair. 11 a.m. - 3 p.m. Northern Virginia Community College, Medical Education Campus, 6699 Springfield Center Drive, Springfield. Health screenings, blood pressure screening, nutritionist presentation, farmers market, food, music and much more.

Earth Day Climate Jam. 7:30 - 10 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Performers will include: Craig Phillips, Debu Nayak, and Soumya Chakraverty (Indian Classical); SongRise (Progressive Acapella); Kofi Dennis (African Percussion); and UUCF Earth Band (Green Rock). Refreshments and light snacks will be provided. Suggested donation at the door: \$10. Children Free; and free child-care provided. (RSVP to childcare@uucf.org by April 15). For more information and to RSVP, see www.faithforclimate.org.

SUNDAY/APRIL 19

NTRAKScale Model Train Show. 1-4 p.m. 11200 Fairfax Station Road in Fairfax Station. The Northern Virginia NTRAK members will hold a N gauge model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Information on the museum and shows is at www.fairfax-station.org or 703-425-9225.

TUESDAY/APRIL 21

House and Garden Tour hosted by the Garden Club of Fairfax for Historic Garden Week in Virginia. 10 a.m.-4 p.m. Clifton/Fairfax Station area. Known as "America's Largest Open House,"

Historic Garden Week in Virginia is the oldest and largest statewide event of its kind in the nation. With the coordinated effort of 47 member clubs, 3,400 volunteers statewide, 32 house and garden tours featuring 200 private home and gardens and 50 historic landmarks take place over 8 consecutive days. All proceeds fund the restoration and preservation of Virginia's historic public gardens such as Mr. Vernon, Kenmore and Monticello. To restore and preserve historic public gardens since 1929 in Virginia including a new initiative to help the Virginia State Parks. We will be partnering with Mason Neck State Park (Lorton) to provide funds to install new exhibits in their Visitor Center. Find out more or to buy tickets:

www.vagardenweek.org.

SATURDAY-SUNDAY/APRIL 25-26

The Emperor's New Clothes. 1 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Presented by Pandemonium Theatrical Productions. In this musical adaptation of the classic tale, Emperor Augustus has been led astray of his once kind-hearted nature by a villainous duo who are eager to take over the throne. In his newest quest to be the best-dressed man in town, Augustus seeks the help of two mysterious tailors who promise a magical Suit of Honor that is sure to amaze. Running time approximately 75 minutes, with one intermission. Appropriate for all ages.

SATURDAY/APRIL 25

Community Wellness Fair. 10 a.m. - 3 p.m. 9316 Old Keene Mill Road, Burke. Free community wellness fair benefiting the Capital Area Food Bank. There will be body composition measurements, nutritional consultants, and exercise demonstrations.

Model Classic 2015. 9 a.m. - 4 p.m. Fairfax High School, 3501 Rebel Run, Fairfax. Annual exhibit of scale models. Event will feature: A display of hundreds of museum quality scale models. A modeling contest consisting of over 80 categories. 1st, 2nd, & 3rd place awards in each category. Admission Fees: Adults \$8 (\$10 entire family). Junior (Under 18) free. Adult Contestant \$10 (includes admission). www.novaipms.org

Mothers, Daughters and Special Friends Tea. 2-4 p.m. Historic Pohick Church, 9301 Richmond Highway, Lorton. Join the Historic Pohick Church Docent Guild for their annual Signature Tea. The theme this year will be "Mothers, Daughters, and Special Friends." New children's tours of the historic church for our young guests will be held before the tea beginning at 1 p.m. The special afternoon tea with a Colonial Living History program follows the tours at 2 p.m. Tickets are \$25 for adults and \$15 for children under 12. Seating is limited. For reservations and more information please contact Helen Parker at 703-497-5927 or email at helenandjeffp@verizon.net.

Spring Fest Fairfax 2015. 10 a.m. - 4 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Spend the day at the historic Workhouse Arts Center learning about environmental projects and programs, tasting food from around the world, playing games, and riding ponies. Admission is free; some activities require a \$5 wristband. For more information, please visit: <http://www.springfestfairfax.org/>.

WEDNESDAY/APRIL 29

Prison Lecture Series: Life After Prison. 7:30 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Many prisoners gained new vocational and academic skills while

SEE CALENDAR, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM

CALENDAR

FROM PAGE 10
incarcerated. The first panel consists of former officials who share their experiences with prison industries. The second panel will include parole officers who describe the reintegration of inmates into the real world community.

SUNDAY/APRIL 26

"Images of Rails." 1-4 p.m. 11200 Fairfax Station Road, Fairfax Station. A special photographic exhibit of Virginia railroad sites, past and present, will be on display. Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$4. www.fairfax-station.org.

FRIDAY-SATURDAY/MAY 1,2,8,9

"Les Miserables." 7 p.m. South County High School, 8501 Silverbrook Road, Lorton. The story revolves around former convict Jean Valjean and his pursuit of self-redemption by breaking his parole, thus having to escape the fleet of Inspector Javert. Intertwined are the students' revolution to combat the monarchy and a love triangle between schoolboy Marius, Valjean's daughter Cosette, and the poor Eponine. Tickets \$12 for general admission or \$10 for students and seniors.citizens. Purchase tickets at southcountytheatre.org.

THURSDAY/MAY 16

Creative Writers Club. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Do you enjoy writing fiction, poetry, non-fiction and/or memoirs? Join us for sharing, discussion and feedback of works in progress. Ages 12-18.

Mark your calendars: The Virginia Historic Garden Tour - an 8-day event that stretches across the Commonwealth. Each spring visitors are welcomed to Virginia's most beautiful gardens, homes and historic landmarks. The Clifton and Fairfax Station Garden Tour is on Tuesday, April 21. This self-drive tour features stables, vineyards, a world-class garden, Georgian-revival architecture, and a 10,000 square-



PHOTO BY DONNA MOULTON

foot contemporary home with a vanishing edge swimming pool - four private homes with gardens and two stables in all. Tour ticket includes a tea at the Clifton Presbyterian Church. Advance Ticket Sales: \$30. www.vagardenweek.org. Mail a self-addressed, stamped legal-size envelope, along with your check, payable to The Garden Club of Fairfax by April 1 to Marty Whipple, 11508 Yates Ford Road, Fairfax Station, VA 22039 703-978-4130 or email fairfaxtickets@vagardenweek.org. Visit www.gardencluboffairfax.blogspot.com for a list of local retailers selling tickets.

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PHOTO GALLERY!

"Me and My Mom"

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

editors@connectionnewspapers.com

Or to mail photo prints, send to:

The Fairfax Station/Clifton/Lorton Connection, "Me and My Mom Photo Gallery," 1606 King St., Alexandria, VA 22314

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Woodson Boys' Soccer Blanks Lake Braddock

Yaglou, Clark score goals for Cavaliers.

BY JON ROETMAN
THE CONNECTION

The Woodson boys' soccer team is still learning the possession style first-year head coach Andrew Peck is trying to teach, and the Cavaliers spent much of Tuesday's match against Lake Braddock on the defensive.

But after capitalizing on a pair of opportunities and dodging a few Bruin chances, Woodson emerged feeling pretty good about its place among Conference 7 contenders.

Zach Yaglou flicked in a header in the 17th minute, JW Clark found the back of the net with a free kick in the 66th minute and the Cavaliers blanked Lake Braddock 2-0 on April 14 at Woodson High School.

The Bruins were on the attack for most of the match, but Yaglou's goal, assisted by a Connor Werrlein throw, gave the Cavaliers the confidence of playing from ahead.

"It was huge," Yaglou said. "If we go down 1-0 ... we put our heads down. ... We were talking about how this game could be what decides who wins our conference and gets that bye to regionals. Since we beat [Lake Braddock], we have to worry about T.C. [Williams], Annandale, South County — all those other teams — [but] if we keep getting the wins, we'll be able to get the bye to regionals."

THE VICTORY improved Woodson's record to 3-2, including 2-0 in the conference. The Cavaliers defeated West Potomac, where Peck spent the previous eight seasons, 3-1 on April 7.

Lake Braddock (4-2) had its four-match win streak snapped and fell to 1-1 in the conference.

"This ... is kind of like a ramp-up stage [of the season], and they came up big when it counted," said Peck, who guided West Potomac within one win of the state tour-



Woodson senior Zach Yaglou (11) scored a goal in the first half of Tuesday's match against Lake Braddock.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



JW Clark (5) and the Woodson boys' soccer team defeated Lake Braddock 2-0 on Tuesday.

namment in 2014. "Lake Braddock kept pressing, but [the Cavaliers] kept their composure."

Woodson carried a 1-0 advantage into the

second half before Clark converted a set piece into an insurance goal.

Clark sent a free kick goal-ward from inside 30 yards with the intention of finding

a teammate. Instead, the ball skipped across the wet turf and into the net.

"I was amazed," Clark said. "I thought somebody hit it. When I hit it, it felt really good. ... I'm happy it just went through."

Peck, a former collegiate goalkeeper, said defending that particular set piece can be difficult.

"It's almost like a screenplay, because the keeper's lost," Peck said. "You can't see."

Woodson made the most of its limited scoring opportunities and the Cavaliers defense held strong, led by the aggressive play of senior goalkeeper Brian Breslin.

"Brian, our keeper, he played outstanding tonight," Peck said. "He came up with some huge, game-changing saves because he's quick off his line. It doesn't matter if the guy is 7 feet 2, he'll go in and challenge you."

Breslin, who is 5 feet 7, said he is aggressive to compensate for his lack of size. He also complimented Peck's no-nonsense approach to coaching.

"He gets you going," Breslin said. "He's really good at motivating. He got us really hyped for this game and ... prepared."

While Woodson is off to a good start in conference play, the Cavaliers have their work cut out for them. Woodson will travel to face South County at 7 p.m. on Friday, April 17. The Stallions started the season with a 1-2-1 record, but proved last year they can overcome a slow start, reaching the conference championship match after entering the tournament as the No. 7 (lowest) seed.

WOODSON will also have to face defending 6A state champion T.C. Williams, which is off to a 5-0-1 start, on May 4.

"We're still not totally getting it — the style," Peck said. "It took me eight seasons to get it at West Potomac, so I don't expect it to happen in five games here. But right now, if these guys can kind of keep this momentum going, with the guys who are in place — and we've got a deep bench right now — it's going to start pushing in the right direction."

SPORTS ROUNDUPS

Robinson Boys' Tennis Beats Chantilly

The Robinson boys' tennis team recently defeated Chantilly 5-4.

Robinson clinched the victory with a big win at No. 3 doubles. Evan Schreiman and Wesley Ravich took over the match with a break of serve at 3-3 and won, 10-5.

Lake Braddock Softball Beats South County

The Lake Braddock softball team knocked off defending state champion South County for the second time this season and remained undefeated with a 4-0 victory on April 13.

The Bruins also beat the Stallions 3-0 on March 25.

Lake Braddock improved to 8-0 with Monday's victory. The Bruins were scheduled to face Woodson on Wednesday, after The Connection's deadline.

Lake Braddock will host Annandale at 6:30 p.m. on Friday, April 17.

Oakton Girls' Tennis Beats Chantilly

The Oakton girls' tennis team on April 13 finished its match against the Chantilly Chargers that was interrupted by Friday's rainstorms.

The Oakton Girls Varsity Tennis team won 6-3.

Oakton's Annie Clark (10-6), Lindsey Le (10-7), Alekhya Nanduri (10-4) and Kaitlyn Hyun (10-4) won singles matches. The Cougars' doubles teams of Clark/Le (10-4) and Andie Carroll/Anna Klinker (10-4) were also victorious.

Oakton Baseball Topples Madison

The Oakton baseball team defeated Madison 11-3 on April 18, improving its record to 7-0.

Madison fell to 7-3, dropping three of its last four.

Oakton will travel to face Centreville at 6:30 p.m. on Friday, April 17. Madison will travel to face Langley.

McLean Boys' Lax Improves to 6-0

The McLean boys' lacrosse team improved to 6-0 with a 7-6 triple-overtime victory over Stone Bridge on April 9.

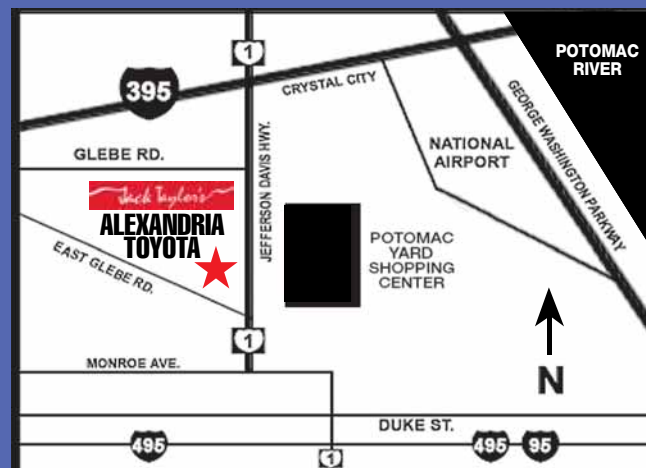
The Highlanders faced Yorktown on Tuesday, after The Connection's deadline. McLean will travel to face Thomas Jefferson at 7:15 p.m. on Thursday, April 16.

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2. 0.9% APR financing up to 60 months available to qualified buyers thru Toyota Financial Services. Total financed cannot exceed MSRP plus options, tax and license fees. 60 monthly payments of \$17.05 for each \$1,000 borrowed. Not all buyers will qualify. See dealer for details. ToyotaCare covers normal factory scheduled service. Plan is 2 years or 25k miles, whichever comes first. The new vehicle cannot be part of a rental or commercial fleet, or a livery/taxi vehicle. See participating Toyota dealer for plan details. Valid only in the continental U.S. and Alaska. Roadside assistance does not include parts and fluids. Plus plug-in hybrid comes with an extra year of roadside assistance, for a total of three (3) years from date of purchase. Lease, APR and Cash Back offers may not be combined. See dealer for details.

3. \$1,250 Cash Back from Toyota Motor Sales U.S.A., Inc. available on new 2015 Prius. Customers can receive cash back from Toyota or can apply to down payment. Excludes plug-in models. See dealer for details. ToyotaCare covers normal factory scheduled service. Plan is 2 years or 25k miles, whichever comes first. The new vehicle cannot be part of a rental or commercial fleet, or a livery/taxi vehicle. See participating Toyota dealer for plan details. Valid only in the continental U.S. and Alaska. Roadside assistance does not include parts and fluids. Plus plug-in hybrid comes with an extra year of roadside assistance, for a total of three (3) years from date of purchase. Lease, APR and Cash Back offers may not be combined. See dealer for details. Offers expire 4/30/2015.

4. 0.9% APR financing up to 60 months available to qualified buyers thru Toyota Financial Services. Total financed cannot exceed MSRP plus options, tax and license fees. 60 monthly payments of \$17.05 for each \$1,000 borrowed. Not all buyers will qualify. ToyotaCare covers normal factory scheduled service. Plan is 2 years or 25k miles, whichever comes first. The new vehicle cannot be part of a rental or commercial fleet, or a livery/taxi vehicle. See participating Toyota dealer for plan details. Valid only in the continental U.S. and Alaska. Roadside assistance does not include parts and fluids. Plus plug-in hybrid comes with an extra year of roadside assistance, for a total of three (3) years from date of purchase. Lease, APR and Cash Back offers may not be combined. See dealer for details. Offers expire 4/30/2015.

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12 Commercial Lease

21 Announcements

21 Announcements

Abandoned Watercraft

Notice is hereby given that the following watercraft has been abandoned for more than 60 Days on the property of: Hillcrest Marine Inc. 10117 Richmond Hwy, Lorton VA 22079 703-339-6200. Description of watercraft: 1972 Glastron 16' Yellow #1422045. Application for Watercraft Registration/Title will be made in accordance with Section 29.1-733.25 of the Code of Virginia if this watercraft is not claimed and removed within 30 days of first publication of this notice. Please contact the Virginia Department of Game and Inland Fisheries with questions.

21 Announcements

21 Announcements

LEGAL NOTICE

According to the Lease by and between (4157) Tony Stefano and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: seasonal decor, boxes, totes, ect. Items will be sold or otherwise disposed of on Friday April 24, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

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OBITUARY

Janet L.(Emery) English

Age-79 Wyomissing, PA
Date of Death-Apr. 8, 2015
Place of Death-The Highlands at Wyomissing
Birthplace-Birdsboro, PA
Father-the late Edward H. Emery
Mother-the late Edna M. (Fick) Emery
Spouse-the late Curtis R. English, Jr., CAPT, In the USNR-Ret. Church-Cedarville United Methodist Church, Pottstown, PA
Employment-registered nurse for 20 yrs. at The Hermitage Methodist Nursing Home in Alexandria, VA
Memberships-P.E.O. International Women's Organization
Surviving are: 3 Sons-Curtis R. English, III, husband of Pamela M. Long-Phoenixville, PA, Gary E., husband of Rebecca C. English-Summerville, SC, Scott T., husband of Gretchen A. English-Rockwall, TX 6 Grandchildren-David, Elizabeth, Justin, Stephanie, Savanna & Addison (AJ) 2 Great Grandchildren Predeceased by 2 brothers, Edward Emery, Jr. & Robert Emery and 2 sisters, Dolores Emery & Margaret Yoder A viewing will be held on Friday, April 10, 2015 from 6:00-8:00 PM in the Dengler Funeral Home, Inc., 144 N. Spruce St. Birdsboro, PA. A Memorial Service will be held on Saturday, April 11, 2015 at 11:30 AM at Cedarville United Methodist Church, 1092 Laurelwood Rd., Pottstown, PA 19465. In lieu of flowers, memorial contributions may be made to the American Lung Association, 55 West Wacker Dr., Suite 1150, Chicago, IL 60601 or to Cedarville United Methodist Church at the above address. Dengler Funeral Home, Inc., Birdsboro, PA is in charge of the arrangements.

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Dana-Jean LaFever 703-609-3479



Woodbridge \$425,000
Private oasis nestled on a treed acre lot. Over \$100,000 worth of updates and upgrades. Main level with library, formal dining room and living room, spacious kitchen with center island and breakfast area, large family room with fireplace. 4 bedrooms, 2.5 full baths. 2 car garage. Huge deck overlooking landscaped backyard.
Claudia Callis 703-620-2790



Stafford \$435,000
Beautiful Colonial with covered front porch on cul-de-sac, large back yard, deck, gazebo, w/security & sprinkler systems. 4 large bedrooms, 3.5 baths, hwd floors on main level, new carpet, fresh paint, recessed lights, built-ins, and much more.
Judy McGuire 703-581-7679



Fairfax \$549,000
New Listing in Fairfax Club Estates! Beautiful updated Beech model features new open-concept kitchen with granite, and stainless steel. Gorgeous hardwood floors, ceramic tile, and luxurious master bath. Two car garage. In-ground sprinklers, deck, and landscaped private yard.
Teresa Bosch 202-368-1144



Burke \$585,000
Location & Community. Hardwood main level, new carpet up, sunlit eat-in kitchen, custom pantry, updated kitchen cabinets. Lovingly upgraded/maintained by original owner. Deck, fenced, treed backyard.
Melody Elliott 703-963-8074



Lorton \$367,500
New 2BR, 2BA condo with beautiful hwd floors, cozy sun room, upgraded kitchen, large LR & MBR, bright open interior & elevator access. Garage plus reserved parking space. Gated retirement community with club house, indoor pool, exercise room & much more.
Eddie Bierly 703-690-1257



Alexandria \$929,000
Spacious Custom Colonial (>6000 sq ft!) w/5 bedrooms & 4 1/2 baths on .63 acre lot backing to woods. Finished basement - perfect for in-law or nanny suite. Open concept kitchen, walls of windows, entire interior freshly painted + convenient location.
Kathrine Lambiasi 703-618-7223



Manassas \$749,000
Beautiful 7100 sq. ft. 5 bedroom Colonial on 2 acres in Ellis Plantation. Spacious rooms, beautiful kitchen, separate suite in basement and manicured, partially wooded lot. Garage holds 3 cars. In ground sprinkler system and in ground pet fence.
Susan Heflebower 703-786-3196



Fairfax Station \$858,000
Lovely French Country Colonial with 4 bedrooms, 2.5 baths on 5 prime acres. Open floor plan with 2-story foyer. Hardwood floors on both levels. Large eat-in kitchen with tile floor, granite counters & walk-in pantry. Multi-level deck & Lanai, 2 car garage with built-ins.
Eddie Bierly 703-690-1257



Fairfax Station \$1,049,000
Large Colonial approx. 5400 sq. ft. sits on 6 manicured and beautifully landscaped acres. Multi-tiered deck with awnings overlooks large back yard and wooded area. Basement is finished with full bath, 5th bedroom, fireplace and rec area.
Susan Heflebower 703-786-3196



Burke \$619,900
Stunning Home! Amazing Home in a Fantastic location! New Windows, Siding, Hardwood Floors, New HVAC, Driveway, Garage Doors and all Fresh paint. This is a must see!
Diana Khoury 703-401-7549



Fairfax \$700,000
Lovely updated Colonial features 9 ft ceilings, lots of natural light & open floor plan to include a large kitchen w/island & breakfast room adjoining the family room; 4 BRs to include fabulous master suite and walkout LL recreation room, as well as media room. Close to Fairfax County Pkwy, Rt 50, & Dulles Toll Rd. Wonderful neighborhood & top-rated community schools!
Mary Hovland 703-946-1775
Cathy DeLoach 571-276-9421

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