

# What's Coming?

MCLEAN OUTLOOK, PAGE 3

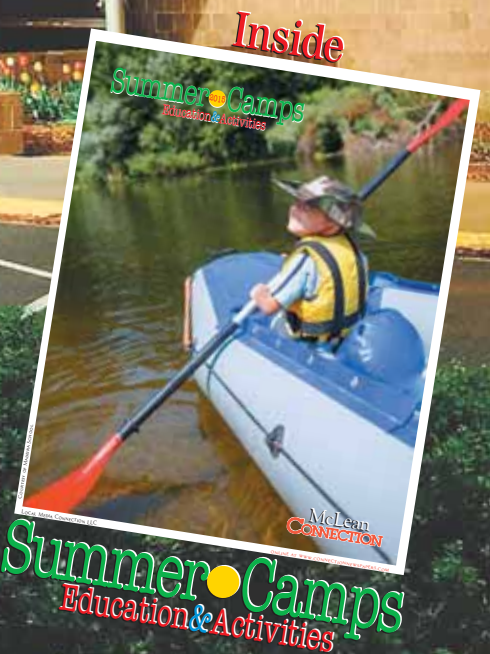
The McLean Community Center will open up when construction begins in fall 2016. Planning and Zoning is scheduled to review the proposal this summer.

## Spring Hill Elementary Celebrates Earth Day

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## Longfellow Debaters Place 20th in the Nation

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To have community events listed in the Connection, send to [north@connectionnewspapers.com](mailto:north@connectionnewspapers.com). The deadline for submissions is the Friday prior to publication.

### SATURDAY/MAY 2

**Native Plant Sale.** 8 a.m. - 1 p.m. Great Falls Grange, 9818 Georgetown Pike, Great Falls. Friends of Riverbend Park is having its annual native plant sale where a variety of Virginia wildflowers, bluebells, and ferns will be offered. Proceeds support educational programs at Riverbend Park. Contact: [forbpark@gmail.com](mailto:forbpark@gmail.com).

**Rummage Sale.** 8 a.m. - 1 p.m. Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna. Patrons should expect to find toys, clothing, home goods, indoor and outdoor furniture, books, music, movies and more. Proceeds from the sale will support the church's participation in this year's youth gathering in Detroit, Mich. Emmanuel's high school students will join with other church youth and mentors from around the country in fellowship, worship and community service in city neighborhoods.

**The Annual Social Justice Yard Sale.** Unitarian Universalist Church of Fairfax (UUCF), 2709 Hunter Mill Road, Oakton. Volunteer help is needed for set up prior to the sale on Wed., Thurs., Fri. and Sat. Gently used donations may be dropped off at UUCF starting April 30. Proceeds from the sale will be shared with the Shepherd's Center of Oakton-Vienna (SCOV), The National Alliance on Mental Illness, Mosaic Harmony and Unitarian Universalist Partner Church Circle. Great opportunity to help your community. For more information call SCOV at 703-281-0538.

### SATURDAY/MAY 9

**Annual Yard Sale/Flea Market.** 8 a.m. - 2 p.m. Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls (703-759-3705) - rain or shine. You can reserve a 10'x10' space for \$20 (check made out to and mailed to Great Falls United Methodist Church) to sell your own treasures or donate items to the church (we will pick up). Tables can be rented for \$10 as long as they last.

### MONDAY/MAY 11

**Vienna/Oakton Vision Impaired (VIP) Resource Group Meeting.** 10 a.m. - Noon. Patrick Henry Library, 101 Maple Ave. East, Vienna. Guest speaker is Dr. Wanzhu Hou, CMD, L Ac, CH, who will discuss the difference between traditional western medicine and eastern medicine i.e. acupuncture, how to avoid vision damage & possible ways to restore the functionality in one's vision i.e. food & herbal medicine. Please contact Chato Carter at 703-938-1533 or [chatovcarter@yahoo.com](mailto:chatovcarter@yahoo.com) for any VIP related inquiries.

### TUESDAY/MAY 12

**Chapter 1116 Vienna-Oakton NARFE(National Active and Retired Federal Employees) May Meeting.** 1:30 p.m. Vienna Community Center 120 Cherry Street, Vienna. The guest speaker will be from Hospice. The topic "What Hospice can do for you and your family." It will be followed by an ice cream social and is open to members and their friends. Free. For further information call 703 938-9757.

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## PHOTO GALLERY!

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To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

[editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com)

Or to mail photo prints, send to:

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# McLEAN OUTLOOK: SPRING 2015

McLEAN CONNECTION EDITOR  
KEMAL KURSPAHC  
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**The McLean Community Center will open up when construction begins in the Fall of 2016. Planning and Zoning is scheduled to review the proposal this summer.**



**Seniors live and participate in day time activities in the Lewinsville Elementary School built in 1965, which the county assumed ownership of in 1985. Construction is scheduled to begin in the spring of 2016 for the project approved by the Board of Supervisors earlier this year.**



PHOTOS BY KEN MOORE/THE CONNECTION

**Construction at Langley High School will take place the next three years. See fcps.edu/LangleyHS for updates.**

## What's Coming?

BY KEN MOORE  
THE CONNECTION

An occasional series on development and land use in McLean.

### ❖ 1988 Kirby Road Sunrise LLC - SE2014-DR-068

Sunrise Development, Inc. seeks a special exception to permit an assisted living facility on a 3.7 acre property zoned R-1 at 1988 Kirby Road. Sunrise seeks to develop approximately 73 assisted living units in a 40,309 square foot building at 1988 Kirby Road. Planning and Zoning is scheduled to review the application at its hearing on June 18, 2015. Planning staff are scheduled to make its recommendation and report on June 3, 2015.

See <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SE&seq=4195655>

### ❖ 6862 Elm Street RZ 2012-DR-019 FDP 2012-DR-0217

On July 1, 2014, the Board of Supervisors approved this mixed-use project on a 4.43 parcel at 6862 Elm Street for a 263,806 square foot, 240-unit, 73-foot-tall multifamily residential building with retail space. The existing 90-foot tall office building (109,600 square feet) will be retained and a ground floor addition will be made for 7,010 square feet of retail use. The proposal includes 595 underground parking spaces, 73 surface parking spaces and 35 percent open space. The proposal rezoned the parcel in the Community Business center from C-3 to Planned Residential Mixed Use.

### ❖ McLean Community Center 1234 Ingleside Avenue

Construction to renovate McLean Community Center is scheduled to begin in the fall of 2016 and will be completed by 2018. The renovation will add 7,750 square feet, including a fitness room. County planners, the architects, and MCC staff have scheduled a public meeting on May 12, 2015 to give residents an opportunity to review final details before the proposal is submitted to Planning and Zoning. The McLean Com-

munity Center was built in 1974 when centers were designed similar to schools, "institutional facilities that could withstand all sorts of abuse," said architect Greg Lukmire. An open courtyard, natural lighting throughout the building, open lobby and hallway, and a glassy facade on the back to allow connectivity between the library, outdoors, and center are planned. "It's set in an environment that is natural and quite lovely," said Lukmire, at a community meeting this month.

### ❖ 1609 Great Falls Street Lewinsville Senior Center

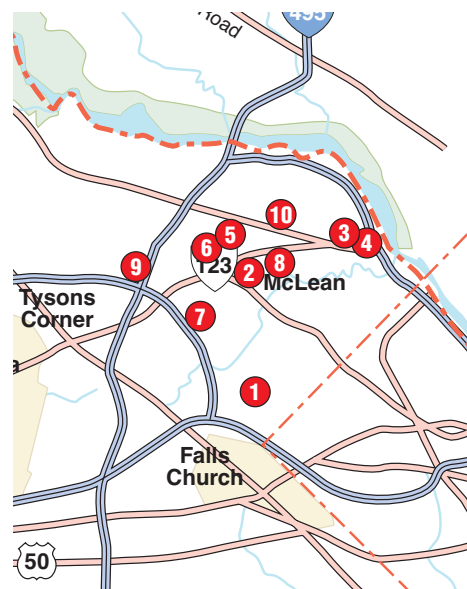
Plans to renovate the former 1965 Lewinsville Elementary School date back to 2003 for this 8.66 acre property on Great Falls Street. The Board of Supervisors assumed ownership in 1985 and created 22 units of affordable independent senior housing, a senior center, adult day care and child day care. The Board of Supervisors approved the renovation this past March for Wesley Hamel to build 82 units of independent residential housing. The county will renovate the senior center, the adult day care and two childcare centers. Construction is scheduled to begin in Spring 2016 and residents are scheduled to move back into their homes in the Fall of 2017.

### ❖ 6520 Georgetown Pike Langley High School Renovation

Three more years of construction at Langley High School will completely modernize the McLean/Great Falls school that was originally built in the 1960s. Fairfax County voters approved the \$68 million project in a 2013 bond referendum. The School Board awarded \$60 million to Dustin Construction last November. Langley High School continues to give updates on renovation progress on its website at [fcps.edu/LangleyHS](http://fcps.edu/LangleyHS)

### ❖ 1437 Balls Hill Road McLean Government Center

A \$20 million project to renovate and expand McLean Government Center at 1437 Balls Hill Road is scheduled for completion this year. The center houses the Fairfax



McLean sites and developments to look at: **1** Sunrise LLC, 1988 Kirby Road; **2** Elm Street Residential, intersection of Elm Street and Fleetwood Road, 6862 Elm Street; **3** PS Holdings, 856 and 872 Dolley Madison Boulevard; **4** McLean Community Center renovation, 1234 Ingleside Avenue (Includes McLean Central Park at intersection at 1468 Dolley Madison Blvd and **5** Dolly Madison Library, 1244 Oak Ridge Avenue); **6** Lewinsville Senior Center, 1609 Great Falls Street; **7** Madison Building Associates, 1315 Beverly Road; **8** New Government Center, **9** 1437 Balls Hill Road, McLean; **10** Langley High Renovation, 6520 Georgetown Pike.



**The McLean Government Center, nearing completion, will house at 1437 Balls Hill Road the Fairfax County Police Department's McLean Station, Board of Supervisor John Foust, McLean Visitor Center and the McLean Chamber of Commerce.**

County Police Department's McLean Station, Board of Supervisor John Foust, McLean Visitor Center and the McLean Chamber of Commerce. The renovation expands the facility from 21,600 square feet to 39,200 square feet. Foust's office is currently located in the McLean Square Shopping Center during renovations.

### ❖ 856 and 872 Dolley Madison Boulevard SE 2014-DR-072

PS Holdings, LLC seeks a special excep-

tion to allow a private school of general education on this 3.3 acre property zoned R-1. The applicant originally proposed to serve 250 pre-kindergarten through sixth grade in a 21,5741 square foot building. Based on staff and community concerns the applicant is revising the scope of the project. Planning and Zoning has currently scheduled a public hearing on the application for Oct. 1, 2015 and a staff report is scheduled to be made in September. See <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SE&seq=4195830>.



## FRIENDS OF THE MCLEAN COMMUNITY CENTER INVITES YOU!

To "Meet the Candidates" in the 2015  
McLean Community Center Governing  
Board elections.

### When:

Sunday, May 3 from 2-4 p.m.

### Who:

Four adult candidates, two  
teens from the McLean High  
School boundary area, and  
two teens from the Langley  
High School boundary area.

### Where:

DuVal Studio at the  
McLean Community Center  
1234 Ingleside Avenue,  
McLean, VA 22101

### Format:

Informal Reception

Four adults are vying for adult votes to fill three seats on the Governing Board. Two teens from the McLean High School boundary area and two teens from the Langley High School boundary area are vying for teen votes to fill one board seat from each high school boundary area.

Refreshments will be served. For planning purposes, please let us know if you will attend by emailing paulkohlenberger@mcleancenter.org. **See you there!**



**The McLean Community Center**  
1234 Ingleside Avenue, McLean VA 22101  
703-790-0123/TTY: 711  
www.mcleancenter.org



Spring Hill students, Melina Nguyen, Amanda Chung, Maya Pashai, Niki Hoffman, Will Tedesco and Zander Kuebler stand before the student recycled art exhibition.

PHOTOS BY  
LORI BAKER/  
THE CONNECTION

## Spring Hill Celebrates

Students recognize  
Earth Day with  
performance, art, and  
fashion competition.

BY LORI BAKER  
THE CONNECTION

Earth Day at Spring Hill Elementary School is a big event. Students start well in advance planning and practicing performances, creating original artwork, or designing outfits made of recycled materials. The event featured a competition, but mostly it is a celebration of the earth, and a chance for the students to share their earth-friendly ideas.

More than 900 students gathered in the school cafeteria last Wednesday morning to watch a variety of performances by fellow students, and to hear results of the performance and recycled art competitions. They watched skits, songs, homemade music videos and slideshows, all created exclusively by students, and each promoting the importance of recycling and taking care of the earth.

The school administration encourages recycling not just on Earth Day, but every day. Principal Roger Vanderhye likes to say "Every day is Earth Day at Spring Hill."

That message seems to have resonated with the school's students. In the past year Spring Hill students donated more than 2,180 unopened food items to SHARE, McLean's food bank for disadvantaged neighbors. In fact, since the school started the recycling initiative more than two years ago, its students have donated at least 15,000 items to SHARE. The school has seen a 9 percent decrease in trash produced, and an 8 percent increase in recycled goods collected, and they have saved 47,000 kilowatt hours of energy in the past year by being more conscientious about light and energy usage.

The pride they take in their recycling efforts is evident. Zander Kuebler and Will Tedesco made homemade instruments from recycled materials, and performed a song with their new props on stage. "We got to search and find recyclable materials that oth-



Third graders Mia Bao and Tejus Verma appreciate the importance of Earth Day. "Earth day is important to remind people why recycling is important," said Verma. "Recycling is important because without recycling the earth would eventually become so trashed that it would die out."

erwise would be recycled and turn them into something fun to do. And help save the world," said Kuebler. "It was fun to make them, and I bet it will be fun to sing," she added.

Sixth grader, Haytham Alsayed took first prize in the performance contest with a moving slide show about recycling and the earth. Winners of the recycled art competition were: Best 2D art: Lia Banovac. Best 3D art: Lukas Leonardson. Grade awards included: Johnny Lee (Kindergarten), Nikhil Natarajan (first grade), Melody Mortazie (second grade), Emma Trembler, Reese Spicer and Madison Spicer (third grade), Alexis Robinson (fourth grade), Zander Kuebler and William Tedesco (fifth grade), and Lydia Keffer and Annie Woo (sixth grade).

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## Longfellow Debaters Place 20th in the Nation

Three Longfellow Middle School eighth graders, (from left) Nina Talwar, Zoe Treibitz, and Antonio Bravo placed 20th in the nation by going 4-1 at the National Middle School Debate Tournament held Saturday, April 18 at the Hacker School in Tarrytown, N.Y. The team's only loss was to the 5-0, first place team from Rachel Carson Middle School in Herndon. Longfellow sent four debate teams to Nationals.

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# OPINION

## Fostering Connections, Faltering

### Why are federal dollars acceptable for roads, but not for helping foster children?

While there is plenty of competition for the title “most vulnerable,” foster children are certainly among them.

In Fairfax County right now, there are more than 240 children in foster care. There is no benign way to end up in foster care. Foster children are victims of abuse and/or neglect significant enough for them to be removed from their families. On Tuesday, April 29, the Fairfax County Board of Supervisors announced that May is Foster Care and Foster Family Recognition Month.

Ironically, May, 2015 could be a month of uncertainty for older foster children in many places in Virginia because of a failure in the Virginia General Assembly.

About 50 foster children a year “age out” of the foster care system in Fairfax County. There are children who may have spent much of their lives in foster care, and reach the age of majority while they are still in foster care, without being reunited with their families or being adopted.

“The research shows that our youth who have been in foster care are extremely traumatized,” said Carl E. Ayers, director of the Virginia Division of Family Services. “Children who have aged out of foster care are much more likely to be homeless, to end up in psychiatric hospitals, to end up in jail, to be young parents, to be on public assistance and just in general have higher rates of poverty. If you can think of a negative outcome, that’s what we

see [at high rates] with foster children who age out.”

But right now, about 150 young people between 18-21 who are receiving foster care services in Virginia, with as many as 50 of them here in Fairfax County, are discovering that because the General Assembly failed to pave the way for Federal “Fostering Connections” funding, they could be aging out sooner than they expected.

In 2008, President George Bush signed the Fostering Connections Act that gives states the ability to use federal dollars for children who were in foster care up until the age of 21.

In Virginia, the General Assembly passed in 2014 a plan for implementation that required legislation in 2015 session. But that bill died in committee, and Virginia Family Services has begun the process of letting local agencies, like Fairfax County Department of Family Services, that once a foster child turns 18, they must be transitioned out of foster care.

By spending a little over \$3 million, the state could have gained more than \$10 million in federal money to help these emerging adults at a critical moment. Savings to localities would have been more than \$3 million.

But instead, foster children 18 or older will need to have services transitioned. Ayers says the department will work with local agencies to be sure that none ends up homeless, no one ends up in the hospital. But for youth in foster care 18 or over, a new plan will have to be

### Learn More: Foster Care

Orientation meeting, second Monday monthly, 7 p.m.  
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Fairfax, VA 22035  
703-324-7639  
[www.fairfaxcounty.gov/dfs/childrencyouth/fca.htm](http://www.fairfaxcounty.gov/dfs/childrencyouth/fca.htm)

worked out, and each such youth will have to deal with one more uncertainty.

“It is very, very important that no one is turned on the street,” said Ayers, citing specific instructions that local agencies contact him personally if they are having trouble identifying services for any of the youth being transitioned.

Localities got the word via a “broadcast” memo on April 15, and are still sorting out what it all means.

In Fairfax County, the goal is for youth who are currently in foster homes to be able to stay in them by shifting how they are served, but there will certainly be a financial impact.

“With this being so new, our immediate step was to see exactly which kids will be affected, timelines and expectations,” said Nannette Bowler, director of Fairfax County Family Services. “We’ll scramble and do an assessment on all these children to figure out we can support them given what has occurred.

“We’re going to have ... look any avenue that we can to be sure these children are not derailed.”

Stand by, because it is going to take a village to raise these children.

— MARY KIMM

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

### COMMENTARY

## Celebrate Mom, Dad—Without Selling One Short

BY CHRISTIAN PAASCH

In today’s marketing environment, it seems as though one gender cannot make progress without disparaging another. However, a few inspiring and refreshingly positive television ads have recently managed to gain popularity while avoiding this pitfall. I applaud Dove, Nissan and Toyota for having the courage to step away from the norm and, in doing so, not only bring men into the mainstream picture of the modern American parent, but also for doing so in a way that is perhaps more innovative than anything else: championing one gender without attacking, alienating or poking fun at the other gender.

Toyota has done a terrific job of bridging the strong bond between fathers and daughters. In the company’s latest ad, Toyota depicts the various stages of a daughter’s life where her dad is there to console, protect, guide

and eventually, set out into the world with tears in his eyes. The message of the ad is to make bold choices — what better term to describe what any parent would want for his or her child, in particular a daughter?

In a seeming balance to Toyota, Nissan focused on the relationship between a father and his son. Perhaps too stereotypically, the father here is depicted as the absent father, a race car driver in this instance, and the son looking on, wanting to be just like his father. Of course, the soundtrack to this commercial is none other than “Cats In The Cradle,” but thankfully, the father realizes before it’s too late that his son needs to physically see him and know that their relationship is more important than any job.

Dove has arguably the most moving, yet simple ad: clip after clip of young and adult children calling for “Dad” or “Daddy” at various stages of their lives. From

the toddler needing help to the adult calling his father with the wonderful news of a pregnancy, the commercial ends with a simple question and answer: “What makes a man stronger? Showing that he cares.”

So why do these ads matter? Why are they so special? Here again, the answer is simple: because they are a rarity. Because they champion the roles dads play in the lives of children, both boys and girls, without denigrating the crucial and complementary role mothers play in those same children’s lives. This spirit of gen-

der equality is one to celebrate and emulate.

In fact, the path these three companies have forged serves as a marketing model for others and reminds parents everywhere that they are parents first, united by the love for their children and made stronger by a mutual appreciation of their unique strengths and differences.

*Christian Paasch is chair of the National Parents Organization in Virginia and has been appointed by Virginia Gov. McAuliffe to Virginia’s Child Support Guidelines Review Panel. He lives in Alexandria. Email [christianpaasch@nationalparentsorganization.org](mailto:christianpaasch@nationalparentsorganization.org).*

### WRITE US

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

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# CALENDAR

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

## THROUGH SATURDAY/MAY 6

**6 Artists: 5 Years.** The Frame Factory, 212 Dominion Road NE, Vienna. An exhibition and sale of artwork by local artists: Jackie Elwell, Elaine Floirmonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner.

## THROUGH/FRIDAY MAY 17

**Old Wicked Songs.** Fridays 8 p.m. Saturdays 2 & 8 p.m. Sundays 2 & 7 p.m. Set in Austria in the mid-1980s, *Old Wicked Songs* explores passion, music, forgiveness, and renewal through the eyes of generationally divided Professor Mashkan and his new American student, Stephen Hoffman. General admission tickets are \$28. Senior (65+) tickets are \$23. Student and military tickets are \$15. Group discounts are available. Tickets can be purchased online at [www.1ststagetysons.org](http://www.1ststagetysons.org) or by calling the 1<sup>st</sup> Stage box office at 703-854-1856.

## THURSDAY/APRIL 30

**U.S. Navy Band Commodores Jazz Concert.** 7 p.m. McLean High School, 1633 Davidson Road, McLean. The U.S. Navy Band Commodores, the Navy's premier jazz ensemble, presents a concert program featuring exciting vocal jazz arrangements, classic big band hits, and fresh instrumental music.

## THURSDAY-SUNDAY/APRIL 30-MAY 3

**"Young Frankenstein."** Thursday, April 30 at 7:30 p.m.; Friday, May 1 at 7:30 p.m.; Saturday, May 2 at 2 & 7:30 p.m.; and Sunday, May 3 at 2 p.m. George C. Marshall High School is located at 7731 Leesburg Pike, Falls Church. Come and be transported back to Transylvania with Dr. Frederick Von Frankenstein and a zany cast of characters. Tickets are \$15 for Adults, \$10 for students/seniors. Note: This production contains language and content that may not be suitable for young children. Visit <http://statementtheatre.org> for more details.

## FRIDAY/MAY 1

**Jam Session.** 7-9 p.m. Vienna Art Center, 115 Pleasant St., NW, Vienna. Acoustic musicians and fans are invited to join a jam session at the Vienna Art Center, playing acoustic instruments and singing in an environment featuring wood floors and surrounded by original art. Free.

**McLean Farmers Market.** 8 a.m.-12 p.m. Fridays, May 1-Nov. 20. 1659 Chain Bridge Road, McLean. [www.fairfaxcounty.gov/parks/farmersmarkets/mcleanmkt.htm](http://www.fairfaxcounty.gov/parks/farmersmarkets/mcleanmkt.htm)

## FRIDAY-SATURDAY/MAY 1-2

**"Bye Bye Birdie."** 7:30 p.m. Flint Hill School, 10409 Academic Drive, Oakton. One of the most beloved rock and roll musical shows of our time. A delightful show for all ages, this musical is full of youthful energy and contains hit numbers like: "A Lot of Livin' to Do," "Put on a Happy Face," "Kids," and "Telephone Hour." Reserve your seats here: <https://www.flinthill.org/bye-bye-birdie/>

**"Other Desert Cities."** 2 p.m. Vienna Community Center, 120 Cherry St., SE, Vienna. "Other Desert Cities" tells the story of the fictional Wyeth family — a clan led at the top by a mother and father highly regarded in



**The U.S. Navy Band Commodores, the Navy's premier jazz ensemble, presents a concert program featuring exciting vocal jazz arrangements, classic big band hits and fresh instrumental music at McLean High School, 1633 Davidson Road, McLean, on Thursday, April 30 at 7 p.m.**

old Hollywood circles and admired by Republicans for their service to and friendship with the Reagans in their heyday. Reserve tickets: [vtcshows@yahoo.com](mailto:vtcshows@yahoo.com)

## SATURDAY/MAY 2

**Vienna Farmers Market.** 8 a.m.-12 p.m. Faith Baptist Church Parking Lot, 301 Center Street South, Vienna. [www.viennafarmersmarket.com](http://www.viennafarmersmarket.com).

**Boy Scout Troop 13 of Oakton/Reston/Vienna Annual**

**Rummage Sale.** 8 a.m. - 1 p.m. Church of the Good Shepherd, 2351 Hunter Mill Road, Vienna. Proceeds from the rummage sale will support the Troop's camping, skill development, and leadership programs. Please call and leave a message at 571-295-6413 or email [rummagesale@troop13vienna.org](mailto:rummagesale@troop13vienna.org).

**Annual Plant Native Sale.** 8-11 a.m. The Great Falls Grange Pavilion, 9818 Georgetown Pike, Great Falls. Buy a variety of indigenous wildflowers, including bluebells, trees, shrubs and ferns that benefit our watershed, woodlands and fauna. Native plants are as beautiful as invasive ornamentals and exhibit a better rate of survival. It's the right thing to do for the environment, and the proceeds will help support summer staff and educational programs at Riverbend Park.

**Free Community Carnival.** 11 a.m. - 3 p.m. Oakton United Methodist Church, 2951 Chain Bridge Road, Oakton. Free games and food and fun for all ages. [www.oaktonumc.org](http://www.oaktonumc.org).

**Free Comic Book Day.** Game On! Comics, 310 Dominion Rd NE, Vienna. Game On! Comics in Vienna is one of thousands of comic book shops around the world celebrating the biggest day in the comic book industry and comic art form, Saturday, May 2. On Free Comic Book Day, over 5.6 million comic books will be given away by participating stores, introducing as many people as possible to the wonders of comic books.

**PRS, Inc. Raising the Stakes for Hope & Recovery Benefit**

5 - 9 p.m. Event hosted at the home of Gary & Tina Mather in McLean, Virginia. PRS Kentucky Derby and CrisisLink Link Up & Live are proud to announce the first annual Raising the Stakes for Hope & Recovery Benefit. Join in for an evening featuring the 141st Run for the Roses, elegant hors d'oeuvres, Mint Juleps, mocktails, fun photo opportunities, Silent and Live auctions and more as two events benefiting the community come together as one. Tickets: \$150; More information: [www.prsinc.org/raising](http://www.prsinc.org/raising)



**6 Artists: 5 Years - an exhibition and sale of artwork by local artists: Jackie Elwell, Elaine Floirmonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner. At The Frame Factory, 212 Dominion Road NE, Vienna, until May 6.**

the-stakes.

**Cars & Coffee.** 6-9 a.m. Katie's Coffee House, 760 Walker Road Great Falls. Enjoy early morning coffee at an amazing gathering place of antique, custom, hotrods, exotic, sports cars.

locations and meet featured artist Madeleine. The exhibition, which features the Jamie Brooks Retrospective continues until May. 30.

## SATURDAY/MAY 9

**McLean-Langley Relay for Life.** 6 p.m. Cooper Middle School, 977 Balls Hill Road, McLean. The Langley-McLean Relay for Life team will be hosting their event at Cooper Middle School. The event will consist of an all-night, fun-filled evening featuring games, live music, dancing, food, A Luminaria Ceremony, a banquet for cancer survivors, and much much more! All proceeds from the event will go directly to the American Cancer Society to promote cancer research. Help us meet our \$125,000 goal to win the fight against cancer! Day of participation entry fees are \$10,\*to stay all night, participants must raise \$100. Got Questions? Visit: <http://www.relayforlife.org/...> to sign up, donate money, or learn more about our event.

**Annual Yard Sale/Flea Market.** 8 a.m. - 2 p.m. Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls. You can reserve a space (\$20) to sell your own treasures or donate items to the church. Come shop, donate and/or sell your own things. 703-759-3705.

**Vienna Bike Rodeo.** 10 a.m. - 1 p.m. Vienna Volunteer Fire Department parking lot, 400 Center Street S.,

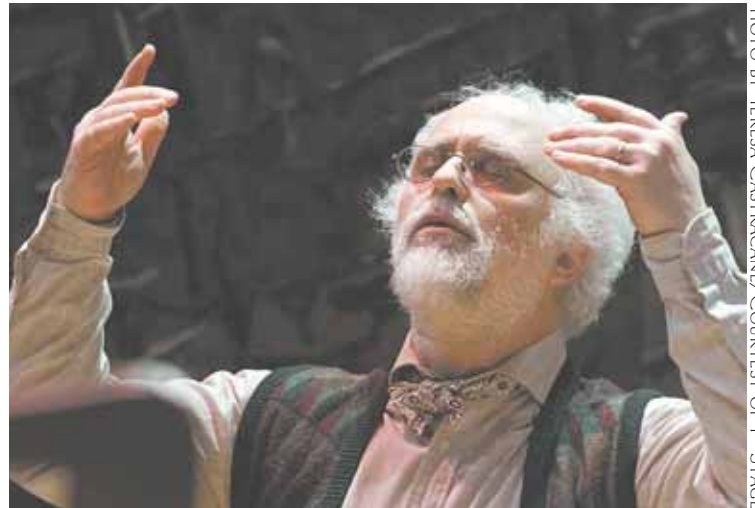


PHOTO BY TERESA CASTRACANE/COURTESY OF 1<sup>ST</sup> STAGE

**Philip Hosford as Professor Josef Mashkan in 1<sup>st</sup> Stage's production of "Old Wicked Songs." Fridays 8 p.m. Saturdays 2 & 8 p.m. Sundays 2 & 7 p.m. [www.1ststagetysons.org](http://www.1ststagetysons.org)**

Vienna. Under the guidance of a veteran cyclist, the Rodeo will help children who already know how to ride a bike develop safety skills including breaking, balancing, basic road rules and how to handle obstacles.

## SUNDAY/MAY 10

**Wine & Food Event.** 12-5 p.m. Balducci's, 6655 Dominion Drive, McLean. Free special wine event featuring Mother's Day drinks and food samplings.

## WEDNESDAY/MAY 13

**MPA Spring Benefit 2015.** 7-9 p.m. At the home of Selwa Masri Rutchik and David Rutchik, 1324 Ballantrae Farm Drive, McLean. The ever-popular annual MPA Spring Benefit, the centerpiece of MPA's 2015 growth. Tickets: <http://www.mpaart.org/spring-benefit-2014/>

## SATURDAY/MAY 16

**McLean Day 2015.** 11 a.m. - 5 p.m. Lewinsville Park, 1659 Chain Bridge Road, McLean. Petting zoo, ride, games, food trucks and more. <http://mcleancenter.org/>

## SATURDAY-SUNDAY/MAY 16-17

**Claude Moore Colonial Farm 1771 Market Fair.** 11 a.m.-4:30 p.m. at 6310 Georgetown Pike, McLean. Sit in the shade and savor roast chicken and spicy sausages, enjoy dancing and singing with the fiddler, test your water color and writing skills with Mr. Andrews at the Stationer. Visit <http://1771.org> for more.

## SUNDAY/MAY 17

**2015 Joe Cassella 5K Walk/Run Charity Event.** 8:30 a.m. Great Falls Village Centre, 776 Walker Road, Great Falls. Participants from all ages and skill levels will gather together for a great cause and enjoy a day of fitness and fun. The Kids Fun Run will kick off this event followed by the competitive, ChronoTrack-timed 5K Run/Walk. The Joe Cassella Foundation will host a post-race celebration to include food, music, entertainment for kids, cash prizes, awards and giveaways. Registration fees to participant will be \$30/adult (\$35 after May 14<sup>th</sup>), and \$10/child 12 & under (\$15 after May 14) Pre-registration and late registration will be available at [www.JoeCassellaFoundation.org](http://www.JoeCassellaFoundation.org).



# FAITH

Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday.

**Annual yard sale/flea market** will be held again this year on Saturday, May 9, 8 a.m.-2 p.m. at the Great Falls United Methodist Church, 10100 Georgetown Pike, Great Falls (703-759-3705) - rain or shine. You can reserve a 10'x10' space for \$20 (check made out to and mailed to Great Falls United Methodist Church) to sell your own treasures or donate items to the church (we will pick up). Come shop, donate and/or sell your own things. This year space renters are asked to come early

(anytime after 6 a.m.) and park in our lower lot once they have unloaded. Tables can be rented for \$10 as long as they last. Make sure you take all your items with you once the event is over at 2 p.m.

**Barbeque at Antioch Christian Church.** The community is invited to a Barbeque in honor of Pastor Randy Beeman, pastor of the Antioch Christian Church, 1860 Beulah Road, Vienna. Pastor Beeman's ministry ends June 1. He began as the pastor of the church in 2009 and has served as the Vienna Police Chaplain and served with Fellowship of Christian Athletes and Arise Campus ministry at George Ma-

son. The Barbeque takes place on Sunday, May 3, at 12:30 p.m. in the church fellowship hall. There will be barbeque and country dancing. To RSVP email [toserteam@verizon.net](mailto:toserteam@verizon.net) or call 703-242-2186

**The Hunger Church (Charles Wesley United Methodist Church),** 6817 Dean Drive, McLean, will hold Annual Church Yard Sale (Inside - rain or shine) (on Saturday, May 9, 9 a.m.-3 p.m. Church-family yard sale, multiple families represented. Large selection of items ranging from household items to electronics, books, pictures, furniture, glassware, children's items, and jewelry. Come early to see best selection! No

clothes or automotive equipment, treasures galore. Hot dog lunch will be served mid-day. Sponsored by the United Methodist Men of Charles Wesley United Methodist Church <http://www.TheHungerChurch.org>

**Emmanuel Lutheran Church,** 2589 Chain Bridge Road, Vienna, is holding Sunday evening worship service in a less formal atmosphere and more intimate setting to help you get ready for the week ahead. Sundays, 6 p.m. Communion offered. No childcare. 703-938-2119 or [www.elcvienna.org](http://www.elcvienna.org).

**St. Francis Episcopal Church,** 9220 Georgetown Pike in Great Falls,

offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choir; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

**The Antioch Christian Church** offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at 1860 Beulah Road in Vienna. [www.antiochdoc.org](http://www.antiochdoc.org)

## Saint Ann Catholic Church

**SUNDAY LITURGY SCHEDULE:**  
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PHOTO BY JACK L. HILLER

## Marker Honors William Watters

On Sunday, April 19, the William Watters Foundation, which is associated with the United Methodist Church, dedicated a Fairfax County historical roadside marker installed by the Fairfax County History Commission. The historical marker was placed at the entrance to the William Watters cemetery on Linwood Terrace in McLean. Watters (1751-1827) was the first American born itinerant circuit rider in the early Methodist movement. Watters lived near the cemetery site.

**Area dignitaries removing the marker cover.**

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PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

**McLean senior Alex Morris scored four goals during a victory against Madison on April 23.****Members of the McLean boys' lacrosse team celebrate during their 9-5 victory over Madison on April 23.**

# Morris' 4 Goals Lift McLean Boys' Lax Over Madison

**Highlanders snap two-game losing skid, Warhawks fall to 5-2.**

BY JON ROETMAN  
THE CONNECTION

**T**he McLean and Madison boys' lacrosse teams entered Thursday's contest having each recently suffered the first loss in their respective seasons.

Thanks to a stellar effort from senior Alex Morris, it was McLean that made a return visit to the win column.

Morris scored a game-high four goals and the Highlanders beat the Warhawks 9-5 on April 23 at Madison High School. McLean improved to 9-2 while Madison fell to 5-2.

Morris, who will play collegiately at Ohio State, scored a pair of goals in the second quarter to help McLean build a 6-1 halftime advantage. He added a goal in the third quarter and one in the fourth, giving him 38 in 11 games this season.

"He's a dynamic player," third-year McLean head coach Nick Worek said.

McLean won its first eight games of the season before losing to South County 9-6 on April 18. The Highlanders lost again four days later, falling to Chantilly 11-8.

"Those two teams we lost to were fantastic," Worek said. "South County and Chantilly, we're talking top five or six teams in the region ..."

**AGAINST MADISON,** McLean held a five-goal lead at halftime, but the Warhawks turned up the heat, scoring twice in the first 32 seconds of the second half. Madison possessed the ball for much of the third quarter, but the Highlanders escaped with a 7-4 lead.

"Coming out of [back-to-back losses], I think our guys were a little bit bummed out



— we were riding pretty high," Worek said. "They were bummed like any high school kid would be. Tonight, I thought they really showed a lot of composure, especially in the first half. We really shared the ball well.

"... We had a really nice meeting after the last loss and the seniors really stood up and said, 'Hey, we're still OK, here. We have a good team.'"

Morris said the Highlanders didn't lose confidence after tasting defeat for the first time in 2015.

"Practice became more intense," Morris said. "We really focused, we're really ready to get back out there and start improving on what we didn't do as well the games before."

Junior midfielder Jack Benson scored two goals for McLean. Owen Pilewski, Zane Mason and Justin Gibbons each scored one.

Gibbons, who will play collegiately at the University of Michigan, has 32 goals for the season.

Worek also praised some of McLean's defensive players, including senior goalie Michael Dolan, who finished with 11 saves.

**"Coming out of [back-to-back losses], I think our guys were a little bit bummed out — we were riding pretty high. They were bummed like any high school kid would be. Tonight, I thought they really showed a lot of composure, especially in the first half."**

**— Nick Worek, McLean boys' lacrosse coach**

**McLean junior Jack Benson scored two goals against Madison on April 23.**

losing to Langley, 11-6.

While Madison fell short against McLean, head coach Alex Gorman said the Warhawks showed improvement from their previous game.

"I think last week, we did not look good. Tonight, we played better," Gorman said. "We responded better. I think we can build off this. I think sometimes when you start off winning, you get complacent and you make mistakes. Last week, our mistakes hurt us a lot. This week, it wasn't so bad."

Madison junior attackman Cheech McLallen scored a pair of goals against McLean. Palmer Lloyd, Robbie McLallen and Jacob Stein each scored one.

"Madison played so hard," Worek said. "They are tremendous."

Madison reached the state final in 2013 but failed to qualify for the region tournament in 2014.

**NEXT UP** for McLean is a home game against South Lakes at 7:15 p.m. on Friday, May 1. Madison will travel to face Fairfax at 7 p.m. on Friday.

"[McLean has] two of the best players in the region," Gorman said about Morris and Gibbons. "When we don't possess the ball well enough, they can do some damage when they head the other way."



# EMPLOYMENT

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Estate Planning Law Firm in downtown McLean seeking **Receptionist/Office Assistant**. Pleasant telephone manner and basic computer skills required. Monday through Friday 9 to 5. Please call 703-448-7575 and ask for Ann for details.



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## 21 Announcements

### ABC LICENSE

David Hassain trading as Cafe Paramount, 1425 S. Eads St. Arlington, VA 22202. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. David Hussain, owner  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

## 21 Announcements

### ABC LICENSE

David Hassain trading as Belvedere Market, 1600 North Oak St., 1425 S. Eads St. Arlington, VA 22209. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. David Hussain, owner  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

## 21 Announcements

### ABC LICENSE

American Tandoor Tysons Corner, LLC trading as American Tandoor, G021U Tysons Corner Center, McLean, VA 22102. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off & Mixed Beverage Restaurant (seating capacity over 150) license to sell or manufacture alcoholic beverages. Karan Singh, Manager  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

## 21 Announcements

## 21 Announcements

## 21 Announcements

### NOTICE OF SUBSTITUTE TRUSTEES' SALE OF PROPERTY OWNED BY HUNTER MILL EAST, L.L.C.

LOCATED AT 1623, 1627, AND 1631 CROWELL ROAD, VIENNA, VIRGINIA; 627 HUNTER MILL ROAD, VIENNA, VIRGINIA; AND AN ADJACENT PARCEL LACKING AN ADDRESS

SALE TO BE HELD AT THE FAIRFAX COUNTY CIRCUIT COURT

MAY 7, 2015, AT 10:00 A.M.

In execution of a certain Deed of Trust and Security Agreement dated May 5, 2008, and recorded May 5, 2008 in Deed Book 19918 at Page 1894, as amended by a certain Amendment to Deed of Trust and Security Agreement dated October 14, 2009, and recorded October 15, 2009 in Deed Book 20741 at Page 0680, each among the land records of Fairfax County, Virginia (collectively the "Deed of Trust"), made by HUNTER MILL EAST, L.L.C., a Virginia limited liability company, now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustees will offer for sale the property described below at public auction by the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Rd, Fairfax, VA 22030 on May 7, 2015, beginning at 10:00 a.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is commonly known as 1623 Crowell Road (Tax Identification Number: 0184-08-0003), 1627 Crowell Road (Tax Identification Number: 0184-08-0002), 1631 Crowell Road (Tax Identification Number: 0184-08-0001A), 1627 Hunter Mill Road (Tax Identification Number: 0184-01-0023), and an adjacent parcel lacking a street address (Tax Identification Number: 0184-01-0026B), all located in Vienna, Fairfax County, Virginia, as more particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the "Real Property"). The Real Property will be sold together with the interest of the Noteholder, if any, in the following described personal property at the direction of the Noteholder as secured party thereof, as permitted by Section 8.9A of the Code of Virginia of 1950, as amended the ("Personal Property"): Improvements, Fixtures and Personalty, and any and all other personal property and any proceeds thereof as more particularly described in the Deed of Trust (the "Personal Property"). The above described Real Property and Personal Property are collectively referred to as the "Property."

### TERMS OF SALE

ALL CASH. The property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, rights of first refusal, conveyances, conditions, easements, restrictions, and all recorded and unrecorded liens, if any, having priority over and being superior to the Deed of Trust, as they may lawfully affect the property. Personal Property, if any, shall be conveyed without warranty by a Secured Party Bill of Sale.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the property shall be borne by the successful bidder from and after the date and time of the sale. Obtaining possession of the property shall be the sole responsibility of the successful bidder (the "Purchaser"). A bidder's deposit of \$250,000.00 (the "Deposit") by certified or cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memorandum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation. Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall also pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments, together with penalties and interest due thereon. The Purchaser shall also pay all

settlement fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state grantor's tax and all state and county recordation fees, clerk's filing fees, congestion relief fees and transfer fees and taxes), auctioneer's fees and/or bid premiums, and reasonable attorneys' fees and disbursements incurred in the preparation of the deed of conveyance and other settlement documentation. The Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have against the Substitute Trustees, and/or the Beneficiary for any condition with respect to the property that may not be in compliance with any federal, state or local law, regulation or ruling including, without limitation, any law, regulation and ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwithstanding such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Purchaser may have against any person in possession or control of the property. If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the property is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the defaulting bidder shall be liable for any deficiency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the Property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable law.

/s/ Henry F. Brandenstein, Jr., Substitute Trustee  
/s/ Patrick W. Lincoln, Substitute Trustee

FOR INFORMATION CONTACT:

Henry F. Brandenstein, Jr., Esq.  
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### LEGAL NOTICE

SeaWatch Plantation Owners Association, Inc. v.  
Estate of Patricia A. Stewart, et al.

Civil Action No. 2015-CP-26-2266

Court of Common Pleas, Fifteenth Judicial Circuit, Horry County, South Carolina  
TO: RICHARD ELAM

YOU ARE HEREBY SUMMONED to answer the Complaint in the above referenced Civil Action within thirty (30) days after the first publication of this Summons and to serve a copy of your Answer to the Complaint on the Plaintiff's attorney at the following address:

Butler Law, LLC  
Attn: Dan V. Butler, Esq.  
1293 Professional Drive, Ste 224  
Myrtle Beach, SC 29577

For your information, the Complaint was filed March 25, 2015 with the Clerk of Court for Horry County, South Carolina. You can obtain a copy of the Complaint from the Office of the Horry County Clerk of Court located at 1301 2nd Ave, Conway, South Carolina.

If you fail to answer the Complaint within the time aforesaid, the Plaintiff in this action will apply to the Court for the relief demanded in the Complaint and judgment by default will be rendered against you for the relief demanded in the Complaint. The Answer must be in writing and signed by you or your attorney and must state your address, or the address of your attorney if signed by your attorney.

BUTLER LAW, LLC  
Dan V. Butler, Esq.  
1293 Professional Drive, Ste 224  
Myrtle Beach, SC 29577  
Ph: (843) 855-3157  
Email: [dbutler@butlerlaw.net](mailto:dbutler@butlerlaw.net)  
Attorney for the Plaintiff

## 21 Announcements

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Kenny's Column



earlier today



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Date: Saturday, May 16th, 2015

Time: 10am-1pm

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#### 1466 Highwood Drive

McLean **\$1,250,000**  
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numerous updates; sparkling hardwoods and bay  
windows; gorgeous gourmet kitchen; fin. w-out LL!

### SPECTACULAR in Chesterbrook Woods!



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Chesterbrook, Longfellow, McLean schools!

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A young child is shown from the chest up, sitting in a blue inflatable boat on a river. The child is wearing a yellow life vest over a light blue shirt and a camouflage hat. They are holding a red and black paddle. The background shows a river with green trees on the banks.

# Summer<sup>2015</sup>Camps

Education&Activities

McLean  
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## Marymount Technology Institutes for Ages 14-18

Marymount has summer programs for teens ages 14-18 who are interested in technology.

Gain technology skills and hands-on experience; create a mobile app or take part in a cyber competition in health care; meet fellow students who share your excitement about technology; network with technology professionals about career possibilities.

### Summer Technology Institutes' 2015 Programs:

**GenCyber**, July 5-17, 2015. This two-week residential program is designed for students ages 16-18. Students will have hands-on experiences in cybersecurity with a focus on defending the nation's critical assets.

**Making Mobile Apps**, July 13-17, 2015. This week-long institute is for students in grades 8-12 who want to explore a possible career in the development of mobile applications, one of the most dynamic sectors in the booming technology field.

**Cybersecurity in Healthcare**, July 20-24, 2015. This week-long program is designed to provide technology-focused students in grades 9-12 with knowledge and hands-on experience in cybersecurity, and introduce them to the many career opportunities in this growing field.

Participants in each institute will work closely with Marymount University faculty and students. They will also hear from guest speakers who are IT professionals.

Optional housing for high school stu-

dents is available in residence halls on Main Campus, under close supervision of MU's residence life staff and students.

### DC Institutes for H.S. Students

July 6-18, 2015; Students will arrive at Marymount on Sunday, July 5. Programs will begin on Monday, July 6 and run through Saturday, July 18.

**CJ 209 - The Criminal Justice System:** Gain real-life perspective on the exciting criminal justice field. Visit various museums, meet with an FBI field agent, and probe various aspects of the criminal justice system – from laws and enforcement to the courts and corrections.

**MGT 185 - The International Business Experience:** Learn to succeed in a diverse and global business environment with exposure to international marketing, finance, and economics. Take part in a business simulation and experience the decision-making that goes on in an international business enterprise.

Work closely with Marymount faculty who have expertise and professional connections in the field. The program will include classes in the mornings, experiential learning in the afternoons, and fun activities in the evenings.

Live in a residence hall on Marymount's Main Campus in suburban Arlington. Tuition for three college credits awarded upon successful completion of the program.

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# Preparing for Summer Camp Away

Many emotions arise when a child leaves for camp.

BY MARILYN CAMPBELL  
THE CONNECTION

Julie Kaminski remembers the language from her desperate letters to her parents: “I love you. I want to come home now!” She recalls penning a dramatic plea to be rescued from residential summer camp more than 40 years ago. Today, Kaminski is preparing for her daughter’s first camp experience away from home this summer.

“Looking back, I can see how going away to camp helped me become more self-sufficient, self-confident, self-reliant and taught me how to get along with so many different kinds of people,” said Kaminski, a local mother of two children.

“Of course I didn’t think that at the time. I was extremely homesick even though it was my idea to go to sleep away camp in the first place.”

A child’s first residential summer camp experience can be fraught with emotions that run the gamut from excitement to terror. While glee at the thought of a summer filled with sports, swimming, crafts and new-found friendships can be the dominant feeling, the thought of an extended period of time away from home can cause sadness and anxiety for both parents and their children.

An American Camp Association study showed that 96 percent of children who attend sleep away camps experience homesickness at some point during their stay. While these emotions are normal, parents can help children tame the pre-camp jitters. The life-long lessons gained from such camps make it worth the effort.

“Becoming comfortable with your child being away at summer camp, perhaps the first extended separation you have had, is a matter of trust,” said David Kaplan, Ph.D. of the American Counseling Association in Alexandria, Va.



PHOTO CONTRIBUTED

Summer camp experiences can help children become self-confident and self-reliant.

“Trusting your child that they can handle themselves without your supervision. Trusting that they can handle relationships with other children. Trusting that they can get up in the morning, take a shower, wash their clothes, and change their sheets without your prodding.”

**ACKNOWLEDGING THAT** homesickness is normal and many campers experience it, can help children accept and cope with their emotions.

“Expecting to miss home and feel somewhat anxious helps children feel less surprised and overwhelmed when it occurs,” said Barbara Meehan, Ph.D. executive director, Counseling and Psychological Services, George Mason University in Fairfax, Va.

A child’s apprehension can be eased when parents share their own camp experiences,

particularly positive memories.

“Don’t let your child get caught up in your own anxiety about leaving for camp,” said Linda McKenna Gulyn, Ph.D., professor of psychology at Marymount University in Arlington, Va. “Kids sometimes worry about the parents they left behind. Be positive, but not sad that your child is leaving.”

Meehan says that developing a few soothing activities like playing outdoors or reading is one strategy for helping children deal with feelings of missing home. Identifying people with whom young campers can share their emotions is another means for dealing with homesickness.

“Talking to a camp counselor and even peers can help ease the difficult feelings and often they will learn they are not alone,” said Meehan.

Encouraging a child to make friends and become involved in camp activities will put

the focus on the positive aspects of camp. Packing letters and stamped envelopes and developing a plan for letter exchange can help a child feel connected to their families.

“Isolating and avoiding what feels hard can often worsen anxiety and homesickness,” said Meehan. “Remind your child they are stronger than they feel in the moment and that engaging in camp activities can be helpful.”

There are times however when a child might not be ready for residential camps. The American Camp Association reports that while most cases of homesickness subside, there are cases — if a child is not eating or sleeping, for example — when it could be time to seek help. “Consult with camp professionals about resources if your child’s anxiety worsens or persists,” said Meehan.

## Camps&Schools●Notes

### Paralympic Sports Team Seeking Players

The Fairfax Falcons Paralympic Sports team, a Fairfax County Neighborhood and Recreation Services Therapeutic Recreation program, is recruiting new players. The team provides a variety of sports experiences to athletes with physical disabilities impacting their lower extremities ages 4 1/2 to 18 (or high school graduation). Not all athletes use wheelchairs for everyday use. Some athletes are ambulatory and only use a wheelchair for sports. Their primary sport is wheelchair basketball, which runs late August through April. In the spring, they

offer a variety of sports including floor hockey, track, field, fishing, rugby, golf, and football. For more information, email [fairfaxfalcons@gmail.com](mailto:fairfaxfalcons@gmail.com).

### Summer at Massanutten

Each year, Massanutten Military Academy offers a five-week intensive summer school program, an opportunity for students to get ahead in their learning, make up for bad or failing grades, or increase their knowledge and participation in their JROTC leadership skills. Massanutten Military Academy offers the safety of a structured learning environment, as well as the fun of a summer camp through a combination of classroom time and weekend activities. The program is offered June 27-Aug. 1, 2015.

Credit for academic courses is transferable to the student’s current school. JROTC leadership credit equals one high school course credit.

**STEM CAMP** Massanutten offers STEM Summer Camp, two two-week camps running from June 29-July 10 and July 20-31, open to students grades 7-12. This summer camp offers students the chance to explore the many facets of STEM education including hands-on experiences. Upon completion of the STEM Summer Camp, students will receive a certification of completion. Massanutten Military Academy offers the safety of a structured learning environment, as well as the fun of a summer camp through a combination of classroom time and activities. Visit [www.militaryschool.com/summer-school-2015.asp](http://www.militaryschool.com/summer-school-2015.asp).



# Diverse Camps Offer Summer Fun

BY STEVE HIBBARD  
THE CONNECTION

Scores of local camps in Northern Virginia that offer many opportunities for summer fun and learning. Here is a sampling of diverse camps that range from art to theater to field trips to swimming, tennis and music. There's even a camp for aspiring musicians who want to form a band.

## ROAM Rock Camp

ROAM Rock Camp gives children the opportunity to build communication skills and confidence through the language of music. The camps are designed to focus on why each participant wants to be in a band, why they love music and what they want to get out of it. The goal is to create an environment or band that children will thrive in. They will hand select each member to create a group that best fits their age and experience. During the camp, groups will learn three to four of their favorite songs or even write songs if they wish. At the end of the week they will record the group and give them a CD to take home to show off their progress.

"The best thing about these camps is that we are able to show these young musicians from first-hand experience how to be players and performers. I wish I had something like this when I was growing up," said John Patrick, owner/director, who is the former co-founder of the national touring act Virginia Coalition.

Camps are offered from June 1 to Aug. 28. To register, contact ROAM to let them know every week your child would be available to do a camp. Deadline for registration is June 1.

Contact info: Rock of Ages Music, 114 E. Del Ray Ave., Alexandria VA 22301; call 703-838-2130. Email Roam.rockofagesmusic@gmail.com.

## Burgundy Farm

Burgundy Farm offers two summer camps: a day camp at the 25-acre Alexandria campus in eight week-long sessions, and a sleep-away camp in three sessions at Burgundy Center for Wildlife Studies in Capon Bridge, W.Va. Both camps are great options for children excited about learning in the outdoors with dedicated counselors. Day campers swim every day, and programs include sports, science and performing and visual arts. Sleep-away camp provides a mix of structure and freedom, fostering a respect to the natural world through greater knowledge of nature and self.

"At Burgundy Farm Summer Day Camp, our campers enjoy all the benefits of a sleep-away camp with the convenience of a day camp, including swimming, animal encounters, nature exploration, forming strong bonds and friendships with other campers and counselors, and the opportunity to build self-esteem and confidence in a fun and



PHOTO CONTRIBUTED

**Campers enjoy the rock climbing wall at Burke Racquet and Swim Club's Sports Camp.**

friendly environment," said Hugh Squire, director of auxiliary services.

Burgundy Farm Summer Day Camp is located on the Alexandria campus of Burgundy Farm Country Day School, 3700 Burgundy Road, Alexandria. Lower and upper divisions, grouped by age and interest, for children ages 3-years-8-months to 12 years old. Camp runs Monday, June 15-Friday, Aug. 7. Register at [www.burgundyfarm.org/summer-programs](http://www.burgundyfarm.org/summer-programs). Contact Hugh Squire at [hugh@burgundyfarm.org](mailto:hugh@burgundyfarm.org) or 703-842-0480.

Burgundy Center for Wildlife Studies Camp is located within 500 acres in a secluded valley near Capon Bridge, W.Va. Overnight junior session (age 8-10) for one week in August - currently waitlist only; senior sessions (11-15) for two weeks in June, July or August; adult weekend (21+) in July. Register at [www.burgundycenter.org](http://www.burgundycenter.org). Contact Michele McCabe at [michelem@burgundyfarm.org](mailto:michelem@burgundyfarm.org) or 703-842-0470.

## Burke Racquet and Swim

Burke Racquet and Swim Sport Camp has been a hidden treasure in Burke for more than 27 years. Tucked behind the Kaiser Permanente Building in Burke, the indoor camp is the ideal setting for children who want to do a variety of sports. It offers swimming, tennis, and rock climbing daily. It also



PHOTO CONTRIBUTED

**The Girls Junior Elite enjoy soccer camp at the Soccer Academy at E.C. Lawrence Park in Centreville and Patriot Park in Fairfax this summer.**

offers Zumba, soccer and camp games.

All of the Sports Camp staff has been background checked through Fairfax County; they are CPR/AED trained.

The camp offers full day (\$280 per week) and half day mornings or afternoons (\$180 per week). There is before and after camp care for working parents. The first week of camp begins June 22 and goes through Aug. 28. Call Burke Racquet and Swim Club at 703-250-1299.

## Soccer Academy Inc.

The Soccer Academy offers a wide range of innovative, state-of-the-art programs that meet the interests and playing abilities of all players and teams. It caters to individuals and teams of all ages. All residential camps include a goalkeeping camp. Day camps include E.C. Lawrence Park in Centreville and Patriot Park for ages 5-14. Residential Camps at University of Mary Washington, Fredericksburg and Randolph Macon Academy, Front Royal, for ages 9-18. Visit [www.soccer-academy.com](http://www.soccer-academy.com) for camp locations, costs, dates and times. Call 703-393-7961 or email [soccer@soccer-academy.com](mailto:soccer@soccer-academy.com).

## Kenwood Summer Day Camp

Kenwood Summer Day Camp makes it their mission to provide campers with new experiences and lasting friendships each summer. "Whether it's watching a baseball game, riding a roller coaster, or seeing knights joust from the front row, we take pride in giving them these opportunities and watching them share it with their new friends," said Justin Elcano, camp director.

Kenwood Summer Day campers can go on daily field trips to exciting destinations including water parks, mini golf, roller skating, amusement parks and more. Campers also have a wide variety of activities to keep them entertained while they are on campus. There is a large wooded playground that is home to many kickball, capture the flag, and basketball games. They have five themed



PHOTO CONTRIBUTED

**FCPA Camps and the Rec-PAC Program camps take place all over the county.**

rooms that hold arts and crafts, video games, board games, ping pong, air hockey, and movies.

Kenwood summer day camp is open to children who have completed kindergarten through 8th grade. Camp starts June 15 and goes through Sept. 2. Visit the website to find a calendar with a schedule for each week at [www.camp.kenwoodschool.com](http://www.camp.kenwoodschool.com). Call 703-256-4711 or email [camp@kenwoodschool.com](mailto:camp@kenwoodschool.com).

## Metropolitan School of the Arts

Metropolitan School of the Arts offer pre-professional summer dance, music theater and acting camps. It also offers a wide variety of youth summer camps where students can explore and learn many facets of the performing and visual arts, including mini camps for the youngest students, ages 3-5, youth camps for students in grades 1-6, and intensives for students age 8 and up. Private summer music lessons are also available for piano, voice, guitar, violin and drums.

"MSA summer camps are the perfect way to try something new and a great way to keep young bodies active and develop new friendships," said Melissa Dobbs, president of Metropolitan School of the Arts in Lorton and Alexandria. "Whether your child is passionate about the performing arts or just looking to have some fun, MSA camps offer creative programs for all skill levels."

The Lorton campus is at 9601 Ox Road, Lorton, and the Alexandria Campus is at 5775 Barclay Road, Kingstowne, Va. Call 703-339-0444 or visit [www.metropolitanarts.org](http://www.metropolitanarts.org).

## Langley School Summer Studio

The Langley School Summer Studio features more than 70 classes that allow for the personal, social, and intellectual growth of each camper in preschool to 8th grade. Innovative and engaging academic and STEM

programs stimulate with math adventures, robots, and Raspberry Pi. Exploration abounds as campers take exciting field trips to become field scientists who investigate the Chesapeake Bay, cyclists who traverse local mountain bike terrain, and magicians who create illusions. The spotlight also shines on experiences that get campers "in the studio" with a Pulitzer Prize-winning photographer or the lead choreographer and dancer for MC Hammer.

"Each year, we look to add to our diverse roster of classes while growing the perennial favorites to ensure The Langley School Summer Studio offers the best possible experience for our campers," said Director of Auxiliary Programs Jennafer Curran. "Whether taking part in one of many field trips, exploring a new interest like soccer or dance, or refining math or reading skills, our campers develop academically, socially, and emotionally ... and have a great time in the process."

The Langley School Summer Studio will run in six weekly sessions from June 15 - July 31, for students in preschool to grade 8. Classes are held at The Langley School in McLean, and take advantage of the 9.2-acre campus, featuring a wooded nature area, state-of-the-art athletic center, artificial turf field, computer labs, and age-appropriate playgrounds. Visit [www.langleyschool.org/summerstudio](http://www.langleyschool.org/summerstudio) for details or to register online. Call 703-356-1920 or email [summer@langleyschool.org](mailto:summer@langleyschool.org).

## Bishop Ireton Camp

Bishop Ireton High School offers campers the opportunity to participate in sports and/or theater while developing individual and group skills and fostering a love of the activity. It offer boys camps (baseball, basketball, lacrosse and football); girls camps (basketball, lacrosse and volleyball); and coed camps (soccer, theater). Age ranges for the camps are rising 1st graders to rising seniors depending on the camp. The 17 camp sessions are conducted by the school's coaches or teachers and assisted by student counselors. Lunch is provided for full day camps by the cafeteria at no extra cost.

"Last year we had nearly 600

SEE PAGE 6

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Northern Virginia has scores of local camps for summer learning and fun.

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### Burgundy Farm Summer Day Camp

- For children 4-12, on the 25-acre Alexandria campus of Burgundy Farm Country Day School
- Runs Monday, June 15-Friday, August 7. Come for one, several, or all eight weeks!

### Burgundy Center for Wildlife Studies Camp

- 500 acres in a valley in Capon Bridge, WV
- Sleepaway junior session (age 8-10) for one week in August **waitlist only!**; senior sessions (11-15) for two weeks in June, July or August; adult weekend (21+) in July

Get all the details and register at [www.burgundyfarm.org/summer-programs](http://www.burgundyfarm.org/summer-programs)



Burgundy Summer Camps  
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Day Camp 703.842.0480  
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## Diverse Camps Offer Summer Fun

FROM PAGE 5

campers attend one of our sports or theater camps. The camps are a great way for youngsters to get to know us and for our coaches and theater teachers to get to know them,” said Peter Hamer, summer camp director.

The camp brochure and sign up form can be found under the athletics tab at [www.bishopireton.org](http://www.bishopireton.org). Contact Peter Hamer at [hamerp@bishopireton.org](mailto:hamerp@bishopireton.org) or 703-212-5190.

### Park Authority and Rec-PAC

The Fairfax County Park Authority offers more than 1,400 summer day camp options at 100 locations plus the six-week theme-based summer Rec-PAC programs at nearly 50 elementary schools every summer.

Camps are held at RECenters, historic sites, lakefront parks and schools and offer a variety of camp titles. Both camps and Rec-PAC offer children a chance to have fun, build friendships and have a safe and rewarding summer experience. The Rec-PAC program runs June 29 through Aug. 6 from 8:30 a.m.-3:30 p.m. daily and is open to children in Fairfax County who are rising first graders through those who finished sixth grade.

Registration begins April 27 online at [www.fairfaxcounty.gov/parks/recpacwww.fairfaxcounty.gov/parks/recpac](http://www.fairfaxcounty.gov/parks/recpacwww.fairfaxcounty.gov/parks/recpac). There is an \$8 discount per week for those who register before June 12. Partial scholarships are available for those who qualify through free and reduced lunch program. The large summer camp program begins early June with camps for preschoolers and later in June for school age campers.

From crafts and games to high-tech and high adventure, the Park Authority has something for everyone. Many camps offer swimming at RECenters each day as well as extended care for working parents. Sports enthusiasts can choose from an array of skill-development camps, including British soccer, basketball, football, baseball, cheerleading, archery, lacrosse or extreme sports programs. Enjoy the outdoors? Then check out the boating, fishing and biking camps. Specialty camps such as Young Chef's Cooking, Chess, Geocaching and Girls Leadership allow for exploring new interests or developing a new skill. There is also an array of STEM programs that stimulate cognitive development and enhance critical thinking. New camps are available in 2015 and include Ninja Stars, Longboarding Camp, Brazilian Soccer, Overnight Camps, Stand-Up Paddle Boarding, Kayak Fishing, fun new art camps, tons of new engineering camps and many more. The search and browse options on the website ([www.fairfaxcounty.gov/parks/campswww.fairfaxcounty.gov/parks/camps](http://www.fairfaxcounty.gov/parks/campswww.fairfaxcounty.gov/parks/camps)) make it easy to narrow choices by location,



PHOTO COURTESY OF GLENN COOK

**Students enjoy summer camps at Metropolitan School of the Arts in Lorton and Alexandria; musical theatre camps are just one of the many camps offered.**

age of children, type of camp and week of summer or check out the 2015 Summer Camp Guide.

For more information about Rec-PAC or camps, call 703-222-4664 Monday through Friday, 9 a.m.-4 p.m.

### Centreville Dance Academy

Summer Camp at Centreville Dance Academy is a great way for a child to experience dance in a fun and safe atmosphere. It offers a Princess Party Camp, Broadway Bound Camp, Glitz & Glam Camp, and Me & My Doll Camp. Dancers will enjoy pretending to be their favorite characters, dressing up, and creating fun crafts. On the final day of camp there will be an in-studio performance for family and friends.

“Summer camp is a great way to expose your child to all that dance has to offer. Dance camp is a wonderful place to build lasting memories and relationships with the CDA teachers and new friends. We love seeing the dancers grow each year,” said Kathy Taylor, owner/director.

Princess Party Camp offers The Little Mermaid from July 6-10; Frozen from July 27-31; Princess Ballerina from Aug. 3-7; and Frozen from Aug. 17-21.

Broadway Bound Camp is July 13-17. Glitz & Glam is July 20-24 and Aug. 10-14. Me and My Doll is June 29-July 13.

Register on the website through the Parent Portal. Centreville Dance Academy is located at 14215-G Centreville Square, Centreville. Visit [www.centrevilledance.com](http://www.centrevilledance.com), call 703-815-3125 or email



PHOTO CONTRIBUTED

**Children participate in Field Day at Kenwood Summer Day Camp in Annandale.**

[office@centrevilledance.com](mailto:office@centrevilledance.com).

### The Art League's Summer Art Camps

The Art League's Summer Art Camp provides children ages 5-15 a wonderful introduction to visual art. In the regular art camp, each day brings a new project that may include drawing, painting, printmaking, or sculpture. Projects vary from week to week, so campers can always come back for more. The specialty camps, like Drawing Camp or Painting Camp, focus on immersion in one particular medium.

“Inspiring young artists and helping them discover the joy of innovation is a big part of our mission. It's as rewarding for us to see what the campers create as it is for them,” said Executive Director Suzanne Bethel.

The Art League's Summer Art Camps are held weekly. Half-day and full-day camps include regular art camp, painting, photography, jewelry, ceramics, sculpture, fiber, drawing, cartoons, and more. Camps run weekly from June 22 through Aug. 21, 2015 at The Art League's Madison Annex, 305 Madison Street in Alexandria. Register and find details online at [www.theartleague.org](http://www.theartleague.org). Contact The Art League at [school@theartleague.org](mailto:school@theartleague.org) or 703-683-2323.

### SummerTimes

St. Stephen's & St. Agnes SummerTimes programs offers campers ages 3-18 an enjoyable and enriching experience with programs designed to stimulate curiosity and creativity, develop talents, and encourage exploration and personal growth. Most of



PHOTO CONTRIBUTED BY PETER HAMER

**Bishop Ireton Cardinals summer camps in Alexandria are gearing up for their eighth year of sports and theater camps.**

the camp directors are SSSAS teachers and coaches, supported by alumni and students. Operating on three campuses with state-of-the-art facilities in the heart of Alexandria, the camp strives to inspire campers all summer long.

“At SummerTimes, your child will have the opportunity to see new sights in Washington, D.C., to expand artistic horizons in an art or filmmaking camp, learn about computer programming or jewelry making, challenge their abilities in one of our many sports camps, try their hand in TechPlay, or participate in a variety of fun activities in our traditional Day Camp. We pride ourselves on offering camps that will spark an interest in your camper, and will encourage them to create and try new things on their own in a safe and nurturing place,” said Jim Supple, Director of Summer Programs.

St. Stephen's & St. Agnes summer programs run from June 15-Aug. 14, offering nine weeks with a variety of camps. With more than 145 different camp sessions to choose from, there is something for campers of every age. Visit [www.summertime.org](http://www.summertime.org) to view camp offerings, pricing, registration procedures and more. Email [summerprograms@ssas.org](mailto:summerprograms@ssas.org) or call 703-212-2777.

### Baroody Camps

Baroody Camps offers a variety of summer enrichment camps in Northern Virginia, with everything from American Girl Doll Camp to Gymnastics to Super Heroes Theme Camp, and more. Locally owned and operated, Baroody Camps offer a wide variety of academic, athletic, creative, and adventure camps for children, Kindergarten through 8th grade. In addition to the more traditional camps (sports camps, art camps, outdoors camps, educational camps, leadership camps, and academic camps) a few specialties include the Themed Day Camp offerings for the younger campers with a variety of interests, and Traveling Camps for older children who want to explore the highlights of city by Metro, hit up all of the best amusement parks in the region, or spend a few nights traveling up and down the coast to visit iconic baseball stadiums. Visit [www.baroodycamps.com](http://www.baroodycamps.com)





Beginning Sunfish classes sail from the dock on a summer morning to practice the day's maneuvers.

## Summer Sailing Camp

BY SHIRLEY RUHE  
GAZETTE PACKET

**A**my Zang has just returned from a week sailing the British Virgin Isles with nine members of her extended family ranging from her 78-year-old, legally-blind father to her brother's 4- and 6-year old children.

"I was the captain of the 46-foot catamaran, but I had to get used to it. It is the biggest boat I have sailed. You use the same sailing skills but adapt the technique when the boat is this large."

Zang is the director and owner of the Youth Sailing Day Camp at the Washington Sailing Marina. The Washington Sailing Marina camp offers six different youth sailing classes in the summer with the Sunfish for beginners and the Flying Scot for intermediates. The advanced class uses a Hobie Cat. The racing class sails a Collegiate 420 that is a fast, maneuverable boat allowing campers the chance to work on boat balance and roll tacks.

Adventures on a Big Boat sails a Catalina 25. This group has a picnic lunch under anchor on Thursdays and they, along with the intermediate boats, sail to Old Town for lunch on Fridays. Other groups get smoothies on Friday "so everyone gets a treat."

Sailing students must be certified before moving on to the next level. Some campers come for one week and others move up the skill level over successive weeks at camp. Windsurfing is also offered.

The camp opens June 1 and runs weekly through Aug. 22, and is already over 50 percent full. The classes run from 9:30 a.m.-4:30 p.m. and are open to rising third graders-15 years of age. She thinks children choose sailing for summer because "it is different, it is outside, it is hands on and they get immediate gratification." They walk away with a life skill that they can

carry into adulthood, she says.

Sailing class is empowering, Zang says. Children don't have much in their lives that they can be fully in charge of. "I give them trust, here is a boat, and you can learn to sail it and they give trust back. They learn responsibility and it is a huge confidence builder for both male and female students. Sailing isn't about strength." She adds, "When kids come they love it and keep returning year after year." She said word of mouth is powerful and she has had a number of children for many years.

She calls each day "controlled chaos" where she has to be mentally two steps ahead watching weather, keeping track of the boats at all times and supervising the instructors as well as tending to children who may need special attention. "Every single cog in the wheel has to work." Zang describes herself as a big communicator and sends group email updates to parents during the week. If there are specific things to pass along she emails the parents directly.

At this time of year, Zang is interviewing staff, rescheduling returning staff, reviewing insurance policies and other business, organizing buses, getting boats ready for the season "putting a screwdriver to every screw, washing out boats and getting them in the water."

Zang offers bus service pickup from Bethesda. This year, a mom organized a group of 24 sailing campers from Chantilly so "I am sending a bus there to pick up the kids that week." Sailing students come from all over the metropolitan area and some are visiting relatives and attend sailing camp for a week or two. "We have a lot of diplomat kids, too, a nice diverse population."

The staff includes more than 40 full-time summer counselors; many started in sailing camp themselves a number of years ago. "I have one counselor this year who started camp when he was 9." She has better than a 1-6 ratio of staff to campers.

**Most people are about as happy as they make up their minds to be.**  
—Abraham Lincoln

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**THE CONNECTION**  
NEWSPAPERS





## Summer Fun for Adults

The region offers a wide range of programs for adults.

BY MARILYN CAMPBELL  
THE CONNECTION

Summer fun is no longer reserved for children. Whether one's interests lie in exploring nature and hiking in the woods or immersed in history, art and literature on a university campus, the region abounds with warm weather opportunities.

The Osher Lifelong Learning Institute (OLLI) at George Mason University offers its members a chance to satisfy their intellectual and cultural curiosities. Want to read and discuss the "Iliad" or play Symphony No. 5 on the piano? Classes in Homer's writings or classical music are available in Fairfax, Reston and Sterling, Va. \$375 gives members access to more than 400 trips, courses and clubs ranging from memoir writing to French cooking.

"This summer you can get outside with OLLI trips to the National Gallery of Art, the Hillwood Estate, Museum and Gardens,

and The Franciscan Monastery," said Jennifer Disano, OLLI executive director.

From oil painting to soap making, Arlington County is offering a diverse smatter of classes for adults. "We have a smorgasbord of programs and really cool classes where you can learn about nature or go on hikes," said Susan Kalish, a spokeswoman for the county.

Potomac residents who want to distinguish an amethyst from an iolite are in luck this summer. A gemology class is among the most popular adult classes at the Potomac Community Recreation Center.

"We've got a host of different programs from tai chi, yoga and karate," said Peter Selikowitz, the center's executive director. "There's even a laughter fitness class which is a fun way to reduce stress."

For those wanting to learn how to avoid internet scams, Marymount University has teamed up with City of Falls Church to present "Living Better with the Internet." The series of five classes is designed for seniors and will be held at the Falls Church Community Center this summer. "The best news of all is that the classes are free," said Odette Shults, a spokeswoman for the University.

Educators say that an uptick in interest among adults, particularly seniors, has led



PHOTO CONTRIBUTED

**Summer camp experiences can help children become self-confident and self-reliant.**

to a diverse offering of learning opportunities. "There is an absolute trend and evidence-based research is driving the trend," said Andrew Carle of George Mason University. "Adult activities are being reinvented. What used to be arts and crafts and

now their being called wellness and enrichment and address the physical, cognitive, social and spiritual needs of adults. We're seeing people being given more choices on how to improve their lives rather than just giving them activities."

## Play Unified

BY RICK JEFFREY  
PRESIDENT, SPECIAL OLYMPICS VIRGINIA

In my 20-plus years in Special Olympics I still, on occasion, make the same mistake. I miss the boat. I underestimate the abilities either cognitive or physical of our Special Olympics athletes; athletes with intellectual disabilities. But by continually making this mistake, I, in essence, pretty much make them like everyone else; just another person, available to be judged and limited by what we see or what we think we see. You see, the limitations that all of us place on each other determine how we perceive each other, treat each other, like each other, fear each other, raise each other up or marginalize each other.

Ask most coaches out there and they will tell you that the biggest limitations on any student athlete are the ones coaches place upon them, among which might be too slow, not big enough or not tough enough. It might not be much different in the classroom where teachers might see a student as too lazy, too distracted or not interested. And these are just student athletes in any sport, in any classroom, at any high school in Virginia.

Now compound that with Down syndrome, autism or an undiagnosed disability resulting in a student's inability to keep up with peers. In most cases, the limitations in a school environment, an environment that moves all too fast, are enormous. And even in schools with wonderful inclusive classroom environments, the opportunity to



interact and really build friendships and relationships remains limited.

These students with intellectual disabilities are, in most cases, not receiving an opportunity to really participate in sports; an activity that, at its heart, teaches teamwork, trust and communication; an activity that at its core promotes competency, credibility and caring; the building blocks of human relationships. Sports and sports teams are probably more conducive to building relationships and creating friendships than possibly any other school activity. Plus throw in the opportunity to "wear the colors" and represent your school and you create an emotional bond that may be the most inclusive opportunity for any student.

**IMAGINE A PARTNERSHIP** between Special Olympics and high schools throughout Virginia. Imagine the opportunity for a student with an intellectual (or any) dis-



PHOTO CONTRIBUTED  
**Rick Jeffrey**

### COMMENTARY

ability to play alongside his or her peers without disabilities in a Unified Sports team environment; to rely on each other, to communicate with each other, to believe in each other, to become Champions Together.

Imagine no more because Champions Together is here. In fact, it's right here in Fairfax at Robinson Secondary School and Robert E. Lee High School – and in 22 other high schools in Virginia.

This partnership with the Virginia High School League is aimed at bringing together youth with and without disabilities to build the first unified generation, a generation where youth will build upon the friendships and life lessons learned through sports and the Special Olympics movement so, later in life, they will not be afraid to live, work and THRIVE alongside their peers with different ability levels.

Champions Together high schools will form inclusive track and field teams this spring that will compete against other local high schools. Other components of the program include an inclusive student-led leadership team that will organize an awareness event to promote respect and inclusion, and promote philanthropy to support the future of the program.

**AT SPECIAL OLYMPICS**, we dedicate ourselves each day to building communities more respectful in their conduct, more inclusive in their makeup, more unified in their fabric. And each day the Virginia High School League is promoting education, leadership, sportsmanship, character and citizenship for students by establishing and maintaining high standards for school activities and competitions.

A new, young, energetic base of athletes and volunteers, which could include the sons or daughters of many reading this op-ed piece, will eventually transition from the schools into our communities and help Special Olympics Virginia and the Virginia High School League continue to achieve our missions.

The Champions Together program is new, and as it develops, we will learn a lot about how to build it, refine it and make it the best that it can be for everyone. And do you know who we will learn this from? We will learn it from our young people with and without disabilities who, through their participation and their ownership of this inclusive program, will prove to us that they are the future.

Let's Play Unified!

*Rick Jeffrey has been the President of Special Olympics Virginia since 2000. He has served on many national and international committees for Special Olympics, and is currently serving on the United States Leadership Council where he is chair of the Sports Committee.*