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News

Service Above Self' Awards presented to outstanding VPD, VVFD and town employees.

By Donna Manz The Connection

he Rotary Club of Vienna awarded 2014 M. Jane Seeman Service Above Self awards to outstanding members of the Vienna Police Department, Vienna Volunteer Fire Department, and Town of Vienna staff on April 22. Each of the three recipients received a personalized inscribed plaque and his department received an updated perpetual plaque commemorating the latest award. The police department and the fire department were given checks, as well.

Vienna Rotary Community Services Director George Creed hosted the awards program. Creed presented the plaques to VVFD firefighter/EMT Zach Smith, Vienna Police Department MPO Ken Smith, and Public Works supervisor Luis Blandon for technical and community outreach.

Zach Smith has put in more than 350 volunteer hours during his four-year tenure with VVFD. He is a firefighter and EMT, an ambulance driver and officer, and runs the recruitment center, screening applicants to the volunteer fire department.

Narcotics detective MPO Ken Smith was recognized for his contributions to the Vienna community and his background as undercover officer for Fairfax County. In the Vienna department, he is a squad leader and mentor to newer police officers. Ken Smith has 11 years of police work.

Public Works supervisor Luis Blandon was nominated and recognized by his department for his community outreach. Public Works director Dennis Johnson called Blandon the "on-site go-to" man. Whenever there is construction in a neighborhood, Blandon goes out to the community, talking to the residents, answering questions from them and keeping them informed of progress.

The Rotary Club gave out a substantial check to the Town of Vienna Department of Parks and Recreation. A portion of that VVFD will apply the funding toward the



Firefighter/EMT Zach Smith accepts the M. Jane Seeman Service Above Self award from Vienna Rotary **Community Services Director George Creed. Recogniz**ing Smith's outstanding volunteer contribution to the Vienna Volunteer Fire Department is Chief John Morrison and Deputy Chief Jeff Snow.



money was dedicated to a new roof for the stage on the Town Green. Special thanks went out to Vienna developer Tommy Staats for his assistance with the execution of the

The funds that Rotary donated to the police department is earmarked for the department's bicycle team for equipment.

George Creed of the Rotary Club of Vienna presents a check to Cathy Salgado, on behalf of the Town of Vienna Parks and Recreation. The funds go toward recreation programs and restoration of the roof of the stage on the Town Green.

purchase of equipment, as well. The morning of the awards program, VVFD took delivery of its new transport medic unit and went out on its first call the same morning. The truck cost the department \$270,000.

Donations to community nonprofits in 2015 from 2014 ViVa! Vienna! proceeds equal approximately \$180,000. ViVa! Vienna! returns to the Historic Church

Vienna MPO Ken Smith is honored by the Rotary Club of Vienna with the M. Jane Seeman Service Above Self award for leadership within the Vienna Police Department. Honoring Smith is Vienna Police Chief Jim Morris and Deputy Chief Dan Janickey.



Town of Vienna Public Works supervisor Luis Blandon is honored with the M. Jane Seeman Service Above Self award for his efforts within the town to maintain communication with residents subjected to construction challenges. Dennis Johnson [right] calls Blandon his "on-site go-to" man. Vienna Rotary Community Services Director George Creed congratulates Blandon on his award.

Street corridor Memorial Day weekend for the annual three-day festival featuring food, amusement rides, more than 300 vendors, and live entertainment. Net proceeds from ViVa! Vienna! are distributed back to the community throughout the following year.

To learn more about Rotary International or to join Vienna Rotary, go to Viennarotary.org.

Hyatt Regency Tysons Opens

A ribbon cutting ceremony was held on Wednesday, April 22, to officially open Hyatt Regency Tysons Corner Center, the first full-service hotel to open in the Tysons Corner area in more than 20 years.

The 18-story, 300-room property is designed to offer business and leisure travelers an upscale hotel experience, featuring rich design, modern guestrooms, and state-ofthe-art meeting space – all in the heart of downtown Tysons Corner. Hyatt Regency Tysons Corner Center is part of the Tysons Corner Center expansion and revitalization with the shopping mall, Silver Line Metro Station, and new residential and office space.



Ribbon cutting ceremony: From left — Mina Garwargy, guest experience agent, Hyatt Regency Tysons Corner Center; Barry Biggar, president, Visit Fairfax; Supervisor Lynda Smyth (D-Providence); Tim Steffan, senior vice president, Macerich; Dave Phillips, senior vice president, Hyatt Hotel Corporation; Dan Amato, general manager, Hyatt Kegency Tysons Corner Center, and Ray Messina, director of sales, marketing, and events at Hyatt Regency Tysons

Photos by Rassi Borneo/Timeline Media

News

Family Fun Begins in May

Summer Concert Series, ViVa! Vienna! highlight spring and summer fun.

By Donna Manz The Connection

ienna Farmers Market opens for the season on Saturday, May 2, with seasonal greens, plants, and family entertainment. The market is a producers-only market, and is sponsored by the Optimists of Greater Vienna. The market is open every Saturday through October.

The Vienna Farmers' Market takes place in the back lot of Faith Baptist Church, 301 Center Street South, across the street from Waters Field.

For a list of vendors and to keep apprised of special events, go to http://www.optimistclubofgreatervienna.org/farmersmarket/farmlanding2015.html

PUBLIC WORKS DAY; THURSDAY, MAY 14, 2 to 6 p.m.; Northside Property Yard, 600 Mill Street NE

Town of Vienna Public Works employees – the ones operating heavy equipment that little kids envy – show off their tools of the trade at the annual Public Works Day. Children get to climb on backhoes, front-loaders, and garbage trucks, and crawl into police vehicles. They hang out in little groups and they can safely move around the heavy equipment.

The volunteers hand out "hard hats" and offer an assortment of packaged snacks, drinks, novelties, and balloons. Temporary tattoos and freshly-popped popcorn are popular

Raffle prizes include construction toys.

VIENNA TOWN GREEN SUMMER CONCERT SERIES kicks off Friday, May 15, with Mama Tried - bluegrass music. Friday night concerts are sponsored by Whole Foods Vienna. Free. Bring a blanket, lawn chairs and a picnic as live music fills the evening air. Little kids move up to the stage area and dance their little feet away. Adults chat with friends and neighbors. It's smalltown Vienna at its best.

Check www.viennava.gov, Parks and Recreation, for concert times.

AFTERNOON ON CHURCH STREET CELEBRATIONS, monthly, May through October, last Sunday of each month.

From 1 to 5 p.m. the last Sunday of every warm-weather month, Historic Church Street becomes a pedestrian mecca. Free entertainment and open shops, themed activities and friendly folk, make for a family-focused "fun" day. Church Street Sunday opens on May 31 with the "Avenue of Art."



Photos by

Donna Manz/
The Connection



The Town of Vienna opens up its property yard with family-friendly activities, for Public Works Day, with the enormous display of heavy-duty trucks on Thursday, May 14 this year.

VIVA! VIENNA! FESTIVAL AND CEL-EBRATION, Memorial Day weekend, Historic Church Street corridor.

The Rotary Club of Vienna, in partnership with the Town of Vienna, produces Northern Virginia' biggest, most fun-filled summer holiday festival. On Memorial Day weekend, ViVa! Vienna! kicks off on Saturday, May 23, with food vendors, amusement rides, and live entertainment. Sunday and Monday, the Historic Church Street corridor turns into a rollicking, musical festival of merchandise, craft and service vendors (more than 300 of them), carnival food, amusement rides for kids and teens, and two stages (main and children's).

ViVa! Vienna! schedule:

❖ Saturday, May 23: Food and rides open 10 a.m. to 10 p.m.; live entertainment runs 10 a.m. to 10 p.m. ❖ Sunday, May 24, Food and rides open 10 a.m. to 10 p.m.; live entertainment runs from 10 a.m. to 10 p.m.

and vendors are open from 10 a.m. to 6 p.m. ❖ Monday, May 25, Vendors, rides, and en-

tertainment run all day from 10 a.m. to 6 p.m. Shuttle buses leave from Madison and the Vienna Metro station for ViVa! Vienna.

Rotary International is a service club and 100 percent of proceeds from ViVa! Vienna! go to charitable, community, and humanitarian organizations.

For entertainment schedule, special activities, and a list of vendors, go to http://vivavienna.org/

SUMMER STORIES AND SPRIN- KLERS, Wednesday, beginning June 24 through Aug. 5.

On the green behind Freeman House, young kids can listen to a story and, then, run through the sprinklers watering the lawn of the Town Green. Come at 1 p.m. for the story and 1:30 p.m. for sprinkler fun. Sponsored by Historic Vienna, Inc. and the

Friday and Sunday evenings, the Town Green fills with families and friends who come for live music on the stage.



A vendor displays fresh asparagus he brings to the Vienna Farmers' Market.

Town of Vienna.

JULY 3 FIREWORKS AND ENTERTAIN- MENT, Friday, July 3; Yeonas Park for live music; Southside Park hosts the fireworks display.

What would Independence Day in Vienna be like without a fireworks display? Well, it would be like a laser show but that is a distant memory. The Vienna Community Center is undergoing renovation and will be closed as of June 1 so no annual Fourth of July festival takes place there this year.

But live entertainment and fireworks continue the tradition ... except the 4th of July fireworks display is on the 3rd of July in 2015. "Fat Chance" kicks off the festivities at 7 p.m. at Yeonas Park. Next door, at Southside Park, fireworks go off at 9:15 p.m.

July 4th features a fun-fair on the Town Green sponsored by the Town of Vienna. Details not yet available.









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OPINION

Fostering Connections, Faltering

Why are federal dollars acceptable for roads, but not for helping foster children?

for the title "most vulnerable," foster children are certainly among them.

In Fairfax County right now, there are more than 240 children in foster care. There is no benign way to end up in foster care. Foster children are victims of abuse and/or neglect significant enough for them to be removed from their families. On Tuesday, April 29, the Fairfax County Board of Supervisors announced that May is Foster Care and Foster Family Recognition Month.

Ironically, May, 2015 could be a month of uncertainty for older foster children EDITORIAL 21. in many places in Virginia because of a failure in the Virginia General Assembly.

About 50 foster children a year "age out" of the foster care system in Fairfax County. There are children who may have spent much of their lives in foster care, and reach the age of majority while they are still in foster care, without being reunited with their families or being

"The research shows that our youth who have been in foster care are extremely traumatized," said Carl E. Ayers, director of the Virginia Division of Family Services. "Children who have aged out of foster care are much more likely to be homeless, to end up in psychiatric hospitals, to end up in jail, to be young parents, to be on public assistance and just in general have higher rates of poverty. If you can think of a negative outcome, that's what we

hile there is plenty of competition see [at high rates] with foster children who age out."

> But right now, about 150 young people between 18-21 who are receiving foster care services in Virginia, with as many as 50 of them here in Fairfax County, are discovering that because the General Assembly failed to pave the way for Federal "Fostering Connections" funding, they could be aging out sooner than they expected.

> In 2008, President George Bush signed the Fostering Connections Act that gives states the ability to use federal dollars for children who

were in foster care up until the age of

In Virginia, the General Assembly passed in 2014 a plan for implementation that required legislation in 2015 session. But that bill died in committee, and Virginia Family Services has begun the process of letting local agencies, like Fairfax County Department of Family Services, that once a foster child turns 18, they must be transitioned out of foster care.

By spending a little over \$3 million, the state could have gained more than \$10 million in federal money to help these emerging adults at a critical moment. Savings to localities would have been more than \$3 million.

But instead, foster children 18 or older will need to have services transitioned. Ayers says the department will work with local agencies to be sure that none ends up homeless, no one ends up in the hospital. But for youth in foster care 18 or over, a new plan will have to be

Learn More: Foster Care

Orientation meeting, second Monday monthly, 7 p.m. Department of Family Services, Pennino Building 12011 Government Center Parkway Fairfax, VA 22035

www.fairfaxcounty.gov/dfs/childrenyouth/fca.htm

worked out, and each such vouth will have to deal with one more uncertainty.

"It is very, very important that no one is turned on the street," said Ayers, citing specific instructions that local agencies contact him personally if they are having trouble identifying services for any of the youth being transitioned.

Localities got the word via a "broadcast" memo on April 15, and are still sorting out what it all means.

In Fairfax County, the goal is for youth who are currently in foster homes to be able to stay in them by shifting how they are served, but there will certainly be a financial impact.

"With this being so new, our immediate step was to see exactly which kids will be affected, timelines and expectations," said Nannette Bowler, director of Fairfax County Family Services. "We'll scramble and do an assessment on all these children to figure out we can support them given what has occurred.

"We're going to have ... look any avenue that we can to be sure these children are not derailed.

Stand by, because it is going to take a village to raise these children.

> - MARY KIMM MKIMM@CONNECTIONNEWSPAPERS.COM

COMMENTARY

Celebrate Mom, Dad—Without Selling One Short

By Christian Paasch

n today's marketing environment, it seems as though one gender cannot make progress without disparaging another. However, a few inspiring and refreshingly positive television ads have recently managed to gain popularity while avoiding this pitfall. I applaud Dove, Nissan and Toyota for having the courage to step away from the norm and, in doing so, not only bring men into the mainstream picture of the modern American parent, but also for doing so in a way that is perhaps more innovative than anything else: championing one gender without attacking, alienating or poking fun at the other gender.

Toyota has done a terrific job of bridging the strong bond between fathers and daughters. In the company's latest ad, Toyota depicts the various stages of a daughter's life where her dad is

and eventually, set out into the world with tears in his eyes. The message of the ad is to make bold choices — what better term to describe what any parent would want for his or her child, in particular a daughter?

In a seeming balance to Toyota, Nissan focused on the relationship between a father and his son. Perhaps too stereotypically, the father here is depicted as the absent father, a race car driver in this instance, and the son looking on, wanting to be just like his father. Of course, the soundtrack to this commercial is none other than "Cats In The Cradle," but thankfully, the father realizes before it's too late that his son needs to physically see him and know that their relationship is more important than any job.

Dove has arguably the most moving, yet simple ad: clip after clip of young and adult children calling for "Dad" or "Daddy" at there to console, protect, guide various stages of their lives. From

the toddler needing help to the adult calling his father with the wonderful news of a pregnancy, the commercial ends with a simple question and answer: "What makes a man stronger? Showing that he cares."

So why do these ads matter? Why are they so special? Here again, the answer is simple: because they are a rarity. Because they champion the roles dads play in the lives of children, both boys and girls, without denigrating the crucial and complementary role mothers play in those same children's lives. This spirit of gender equality is one to celebrate and emulate.

In fact, the path these three companies have forged serves as a marketing model for others and reminds parents everywhere that they are parents first, united by the love for their children and made stronger by a mutual appreciation of their unique strengths and dif-

Christian Paasch is chair of the National Parents Organization in Virginia and has been appointed by Virginia Gov. McAuliffe to Virginia's Child Support Guidelines Review Panel. He lives in Alex-Email christianpaasch@ nationalparentsorganization.org.

Write Us

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor The Connection 1606 King St. & Alexandria VA 22314 Call 703-917-6444 or email north@connectionnewspapers.com

■ Vienna & Oakton

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News



Paddy Barry's Irish Pub served a steady stream of customers all day. The Reuben bites were big sellers.



Culinaria Cooking School, which draws students from all over Northern Virginia to the recreational cooking classes, offered small plates.

Serving Up Food and Fun

Sponsored by Vienna Volunteer Fire Department, the annual Taste of Vienna draws hundreds of visitors.

The 2015 Taste of Vienna was the chilliest foodfest since its inception - and cloudy, as well - but the weather did not appear to keep away local and notso-local folks from coming by to sample signature dishes of popular restaurants, and, if you were a kid, to bounce in the bounce house. Tables and chairs were set up under tents.

Friends found one another and the community met the faces from their favorite restaurants.

The family-focused food festival is sponsored by the Vienna Volunteer Fire Department; proceeds benefit the department with funding for new equipment or mortgage pay-off.

Nearly 30 restaurants served up a myriad of dishes, from American-style savories and sweets to Irish and British, Asian, Italian, Indian and Latin samplings. Fresh Market Vienna gave out complimentary bags of chips and popcorn and recyclable shopping bags. Yuengling ice cream, all-natural with unique ingredients, made its public Vienna debut. Chefs and students from Culinaria Cooking School pooled their talents, as well.

Throughout the day, musicians performed live music on-stage, and Vienna Vintner poured wines.

The rain kept away until late in the day, close to when the 4th annual Taste of Vienna was scheduled to close down.

On Wednesday morning, April 22, VVFD's new



Taste of Vienna browsers stop for a crabcake sample at Maplewood Grill's

transport medic unit was delivered and made its first call. Donations make new equipment possible.

For more information on volunteering with the Vienna Volunteer Fire Department, go to vvfd.org

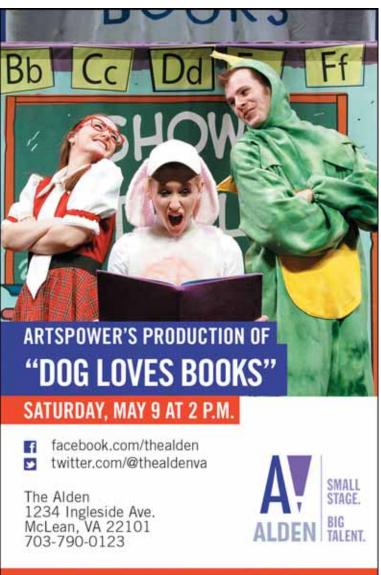
- Donna Manz

Vienna Business Association members staffed the beer tent. Volunteers Tracey Murphy, Mike Davis, Linda Colbert, and James and **Elaine Cudney** take a moment to enjoy the camaraderie.



PHOTO COURTESY OF Vienna Business





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FRIENDS OF THE MCLEAN COMMUNITY CENTER

To "Meet the Candidates" in the 2015 McLean Community Center Governing **Board elections.**

When:

Sunday, May 3 from 2-4 p.m.

Who:

Four adult candidates, two teens from the McLean High School boundary area, and two teens from the Langley High School boundary area.

Where:

DuVal Studio at the McLean Community Center 1234 Ingleside Avenue, McLean, VA 22101

Format:

Informal Reception

Four adults are vying for adult votes to fill three seats on the Governing Board. Two teens from the McLean High School boundary area and two teens from the Langley High School boundary area are vying for teen votes to fill one board seat from each high school boundary area.

Refreshments will be served. For planning purposes, please let us know if you will attend by emailing paulkohlenberger@mcleancenter.org. See you there!



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FAITH

Vienna Church to Host Community Rummage Sale

Emmanuel Lutheran Church (2589 Chain Bridge Road, Vienna) will host a community rummage sale Saturday, May 2, 8 a.m.-1 p.m. Patrons should expect to find toys, clothing, home goods, indoor and outdoor furniture, books, music, movies and more. Proceeds from the sale will support the church's participation in this year's youth gathering in Detroit, Mich. Emmanuel's high school students will join with other church youth and mentors from around the country in fellowship, worship and community service in city neighborhoods.



Emmanuel Lutheran Church in Vienna.

"Participants in the youth gatherings never forget the experience and come back changed. We sent a group of more than 30 to the 2012 gathering in New Orleans, and we hope to have enough resources to support sending a large group again this year," said Andrew Buck, Emmanuel's director of youth ministries.



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FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to vienna@ connectionnewspapers.com. Deadline is Friday.

Annual yard sale/flea market will be held again this year on Saturday, May 9, 8 a.m.-2 p.m. at the Great Falls United Methodist Church,10100 Georgetown Pike, Great Falls (703-759-3705) - rain or shine. You can reserve a 10'x10' space for \$20 (check made out to and mailed to Great Falls United Methodist Church) to sell your own treasures or donate items to the church (we will pick up). Come shop, donate and/or sell your own things. This year space renters are asked to come early (anytime after 6 a.m.) and park in our lower lot once they have unloaded. Tables can be rented for \$10 as long as they last. Make sure you take all your items with you once the event is over at 2 p.m.

Barbeque at Antioch Christian Church. The community is invited to a Barbeque in honor of Pastor Randy Beeman, pastor of the Antioch Christian Church, 1860 Beulah Road, Vienna. Pastor Beeman's ministry ends June 1. He began as the pastor of the church in 2009 and has served as the Vienna Police Chaplain and served with Fellowship of Christian Athletes and Arise Campus ministry at George Mason. The Barbeque takes place on Sunday, May 3, at 12:30 p.m. in the church fellowship hall. There will be barbeque and coundancing. emailtoserteam@verizon.net or call 703-242-2186

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SPORTS

Morris' 4 Goals Lift McLean Boys' Lax Over Madison

Highlanders snap two-game losing skid, Warhawks fall to 5-2.

> By Jon Roetman The Connection

he McLean and Madison boys' lacrosse teams entered Thursday's contest having each recently suffered the first loss in their respective seasons.

Thanks to a stellar effort from senior Alex Morris, it was McLean that made a return visit to the win column.

Morris scored a game-high four goals and the Highlanders beat the Warhawks 9-5 on April 23 at Madison High School. McLean improved to 9-2 while Madison fell to 5-2.

Morris, who will play collegiately at Ohio State, scored a pair of goals in the second quarter to help McLean build a 6-1 halftime advantage. He added a goal in the third quarter and one in the fourth, giving him 38 in 11 games this season.

"He's a dynamic player," third-year McLean head coach Nick Worek said.

McLean won its first eight games of the season before losing to South County 9-6 on April 18. The Highlanders lost again four days later, falling to Chantilly 11-8.

"Those two teams we lost to were fantastic," Worek said. "South County and Chantilly, we're talking top five or six teams in the region ...'

AGAINST MADISON, McLean held a five-goal lead at halftime, but the Warhawks turned up the heat, scoring twice in the first 32 seconds of the second half. Madison possessed the ball for much of the third quarter, but the Highlanders escaped with a 7-4 lead.

"Coming out of [back-to-back losses], I think our guys were a little bit bummed out — we were riding pretty high," Worek said. "They were bummed like any high school kid would be. Tonight, I thought they really showed a lot of composure, especially in the first half. We really shared the ball well.

"... We had a really nice meeting after the last loss and the seniors really stood up and said, 'Hey, we're still OK, here. We have a good team."

Morris said the Highlanders didn't lose confidence after tasting defeat for the first time in 2015.

"Practice became more intense," Morris said. "We really focused, we're really ready to get back out there and start improving on what we didn't do as well to qualify for the region tournament in 2014. the games before."

Junior midfielder Jack Benson scored two goals for McLean. Owen Pilewski, Zane Mason and Justin Gibbons each scored one.

Gibbons, who will play collegiately at the University of Michigan, has 32 goals for the season.

Worek also praised some of McLean's defensive players, including senior goalie Michael Dolan, who



Photo by Craig Sterbutzel/The Connection

Madison senior Jacob Stein (14) scored a goal against McLean on April 23.

finished with 11 saves.

"Michael Dolan is tremendous," Worek said. "[He was a] first-team all-conference player last year [and he's a] captain. [Senior defenseman] Jordan Cole back there is going to Army. You can't ask for a better leader than a kid going to West Point."

Worek led McLean to a 10-4 record last season, which ended with a double-overtime loss to Lake Braddock in the 6A North regional tournament.

At 9-2, McLean is positioned for an even better result this season. The Highlanders opened the campaign with a 9-4 victory over rival Langley on March 17 — the first time in program history McLean defeated the four-time state champion.

"Beating Langley was a big deal at the start of the year," Worek said. "That's a huge rivalry. Just to do that and get that monkey off our backs, that was

The Highlanders have also shown they can win close games, going 4-0 in one-goal contests.

While McLean snapped its two-game skid, Madison suffered its second straight loss after a 5-0 start. The Warhawks suffered their first defeat of the season on April 16, losing to Langley, 11-6.

While Madison fell short against McLean, head coach Alex Gorman said the Warhawks showed improvement from their previous game.

"I think last week, we did not look good. Tonight, we played better," Gorman said. "We responded better. I think we can build off this. I think sometimes when you start off winning, you get complacent and you make mistakes. Last week, our mistakes hurt us a lot. This week, it wasn't so bad."

Madison junior attackman Cheech McLallen scored a pair of goals against McLean. Palmer Lloyd, Robbie McLallen and Jacob Stein each scored one.

"Madison played so hard," Worek said. "They are tremendous."

Madison reached the state final in 2013 but failed

NEXT UP for McLean is a home game against South Lakes at 7:15 p.m. on Friday, May 1. Madison will travel to face Fairfax at 7 p.m. on Friday.

"[McLean has] two of the best players in the region," Gorman said about Morris and Gibbons. "When we don't possess the ball well enough, they can do some damage when they head the other way."



Kaleem Shah (right) with Bob Baffert before the 2014 Breeders Cup which Bayern Won at Santa Anita Park.

Vienna's Horse in Kentucky Race

Meet the Vienna man who owns the favored horse in the Kentucky Derby.

BY BRIAN McNicoll

aleem Shah won't have a wager on Saturday's Kentucky Derby. "I do not gamble," he says.

But he will have much more than a rooting interest. Shah, who lives in Vienna, is the owner of Dortmund, one of the favorites in this year's Run for the Roses.

Shah grew up in Bellary in southern India. His father, a horse trainer who twice won the Triple Crown of India, told him not to get into the business until he earned a degree and made money on his own so he wouldn't have to go through the hand-to-mouth existence of many horse people.

So after earning a degree in electrical engineering in India, Shah came to the United States and earned graduate degrees from Clemson and George Washington University. In 1989, he founded CALNET, a government contracting firm, and built it into a multimillion-dollar company.

Then, in 1996, he got into horse racing. He started small, purchasing inexpensive horses in Maryland, then began to move up. In 2014, his horse, Bayern, won the Haskell Stakes, the Pennsylvania Derby and a Breeders Cup race. "We were knocking on the door last year, he said. "This year, we got in."

And in a big way. Dortmund is a co-favorite - "I would be honored if he were the favorite, but it's going to be close,"



Kaleem Shah with wife Lubna in the saddling area at Santa Anita Park

Shah says – with a horse known as American Pharaoh. Both horses are trained by Bob Baffert. Shah's father is known as the Bob Baffert of India.

Shah says his horse "arguably could be among the best of his generation. He has these long strides ... he can cover as much distance with one stride as most horses do in two."

So far, Dortmund is six-for-six and won the Santa Anita Derby, a key prep race.

Shah said he will go to Louisville a couple of days early and looks forward to spending time on the track's backside. "That's where the action is," he says.

On race day, he looks forward to "doing the walk (through the paddock area) with my son."

It will be easy to pick out which horse is Shah's. His owner silks are the stars and stripes of the U.S. flag. "It's because of my love for this country," said Shah, who became a U.S. citizen in the early 1990s. "I support the country. I support the troops. The country has done so much for me and for all of us."



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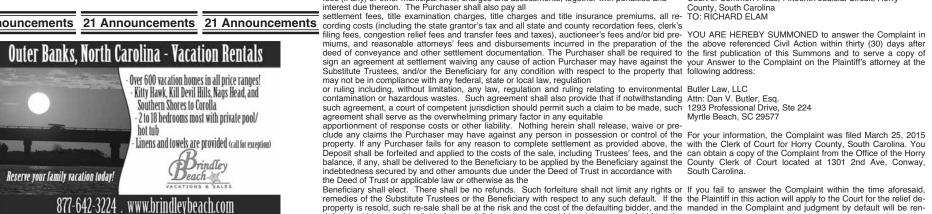
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Outer Banks, North Carolina - Yacation Rentals



Please check back next week for Kenny's Column



21 Announcements

ABC LICENSE

David Hassain trading as Cafe Paramount, 1425 S. Eads St. Arlington, VA 22202. The above establishment is applying to the VIRGINIA DEPART-MENT OF ALCOHOLIC BEV-ERAGE CONTROL (ABC) for a Wine and Beer off Premises icense to sell or manufacture alcoholic beverages. David

Hussain, owner NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing submitted to ABC no later than date of the first of two required newspaper legal notices. Obdate of the first of two required iections should be registered www.abc.virginia.gov 800-552-3200

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ABC LICENSE David Hassain trading as

elvedere Market, 1600 North Oak St. , 1425 S. Eads St. Arlington, VA 22209. The above establishment is apply-ing to the VIRGINIA DEPART-MENT OF ALCOHOLIC BEV-ERAGE CONTROL (ABC) for a Wine and Beer off Premises license to sell or manufacture

NOTE: Objections to the issuance of this license must be newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

alcoholic beverages. David

Hussain, owne

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NOTICE OF SUBSTITUTE TRUSTEES' SALE OF PROPERTY OWNED BY HUNTER MILL EAST, L.L.C.

LOCATED AT 1623, 1627, AND 1631 CROWELL ROAD, VIENNA, VIRGINIA; 627 HUNTER

MILL ROAD, VIENNA, VIRGINIA; AND AN ADJACENT PARCEL LACKING AN ADDRESS

SALE TO BE HELD AT THE FAIFAX COUNTY CIRCUIT COURT

MAY 7, 2015, AT 10:00 A.M.

MAY 7, 2015, AT 10:00 A.M. In execution of a certain Deed of Trust and Security Agreement dated May 5, 2008, and recorded May 5, 2008 in Deed Book 19918 at Page 1894, as amended by a certain Amendment to Deed of Trust and Security Agreement dated October 14, 2009, and recorded October 15, 2009 in Deed Book 20741 at Page 0680, each among the land records of Fairfax County, Virginia (collectively the "Deed of Trust"), made by HUNTER MILL EAST, L.L.C., a Virginia limited liability company, now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustess will offer for sale the property described below at public auction by the main en-

tute Trustees will offer for sale the property described below at public auction by the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Rd, Fairfax, VA 22030 on May 7, 2015,

beginning at 10:00 a.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is commonly known as 1623 Crowell Road (Tax Identification Number: 0184-08-0003), 1627 Crowell Road (Tax Identification Number: 0184-08-0002), 1631 Crowell Road (Tax Identification Number: 0184-0002) Identification Number: 0184-08-0001A), 1627 Hunter Mill Road (Tax Identification Number: 0184-01-0023), and an adjacent parcel lacking a street address (Tax Identification Number: 0184-01-0026B), all located in Vienna, Fairfax County, Virginia, as more particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto

in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the "Real Property"). The Real Property will be sold together with the interest of the Noteholder, if any, in the following described personal property at the direction of the Noteholder as secured party thereof, as permitted by Section 8.9A of the Code of Virginia of 1950, as amended the ("Personal Property"): Improvements, Fixtures and Personalty, and any and all other personal property and any proceeds thereof as more particularly described in the Deed of Trust (the "Personal Property"). The above described Real Property and Personal Property are collectively referred to as the "Property."

ALL CASH. The property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, rights of first refusal, conveyances, conditions, easements, restrictions, and all rereservations, pigs of instretions, conveyances, conditions, easierizations, restrictions, and affect corded and unrecorded liens, if any, having priority over and being superior to the Deed of Trust, as they may lawfully affect the property. Personal Property, if any, shall be conveyed without warranty by a Secured Party Bill of Sale.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compli-

ance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the property shall be borne by the successful bidder from and after the date and time of the sale. Obtaining possession of the property shall be the sole responsibility of the successful bidder (the "Purchaser"). A bidder's deposit of \$250,000.00 (the "Deposit") by certified or cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memorandum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's Estate of Patricia A. Stewart, et al. obligation. Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall also pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other mutualities, charges and assessments together with populities and

fees (if any) or other municipal liens, charges and assessments, together with penalties and interest due thereon. The Purchaser shall also pay all settlement fees, title examination charges, title charges and title insurance premiums, all re-

Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or If you fail to answer the Complaint within the time aforesaid, remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the Plaintiff in this action will apply to the Court for the relief deproperty is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the manded in the Complaint and judgment by default will be rendefaulting bidder shall be liable for any deficiency between its bid and the successful bid at the dered against you for the relief demanded in the Complaint. re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the The Answer must be in writing and signed by you or your attor-Substitute Trustees of the Property, all duties, liabilities and obligations of the Substitute Trust- ney and must state your address, or the address of your ees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise attorney if signed by your attorney. provided by applicable law.

/s/ Henry F. Brandenstein, Jr., Substitute Trustee /s/ Patrick W. Lincoln, Substitute Trustee FOR INFORMATION CONTACT: Henry F. Brandenstein, Jr., Esq. Venable LLP 8010 Towers Crescent Drive, Suite 300 Tysons Corner, Virginia 22182 (703) 760-1600

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22102. The above establish-

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CONTROL (ABC) for a Wine

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beverages. Karan Singh, Manager

NOTE: Objections to the issu-

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BUTLER LAW, LLC Dan V. Butler, Esq. 1293 Professional Drive, Ste 224 Myrtle Beach, SC 29577 Ph: (843) 855-3157 Email: dbutler@butlerlaw.net Attorney for the Plaintiff

CALENDAR

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

THROUGH SATURDAY/MAY 6

6 Artists: 5 Years. The Frame Factory, 212 Dominion Road NE, Vienna. An exhibition and sale of artwork by local artists: Jackie Elwell, Elaine Floirmonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner.

THROUGH/FRIDAY MAY 17

Old Wicked Songs. Fridays 8 p.m. Saturdays 2 & 8 p.m. Sundays 2 & 7 p.m. Set in Austria in the mid-1980s, Old Wicked Songs explores passion, music, forgiveness, and renewal through the eyes of generationally divided Professor Mashkan and his new American student, Stephen Hoffman. General admission tickets are \$28. Senior (65+) tickets are \$23. Student and military tickets are \$15. Group discounts are available. Tickets can be purchased online at www.1ststagetysons.org or by calling the 1st Stage box office at 703-854-1856.

THURSDAY/APRIL 30

U.S. Navy Band Commodores Jazz Concert. 7 p.m. McLean High School, 1633 Davidson Road, McLean. The U.S. Navy Band Commodores, the Navy's premier jazz ensemble, presents a concert program featuring exciting vocal jazz arrangements, classic big band hits,

THURSDAY-SUNDAY/APRIL 30-MAY 3

and fresh instrumental music.

"Young Frankenstein." Thursday, April 30 at 7:30 p.m.; Friday, May 1 at 7:30 p.m.; Saturday, May 2 at 2 & 7:30 p.m.; and Sunday, May 3 at 2 p.m. George C. Marshall High School is located at 7731 Leesburg Pike, Falls Church. Come and be transported back to Transylvania with Dr. Frederick Von Frankenstein and a zany cast of characters. Tickets are \$15 for Adults, \$10 for students/ seniors. Note: This production contains language and content that may not be suitable for young children. Visit http:// statementheatre.org for more details.

FRIDAY/MAY 1

Jam Session. 7-9 p.m. Vienna Art Center, 115 Pleasant St., NW, Vienna. Acoustic musicians and fans are invited to join a jam session at the Vienna Art Center, playing acoustic instruments and singing in an environment featuring wood floors and surrounded by original art.

McLean Farmers Market. 8 a.m.-12 p.m. Fridays, May 1-Nov. 20. 1659 Chain Bridge Road, McLean. www.fairfaxcounty.gov/parks/ farmersmarkets/mcleanmkt.htm

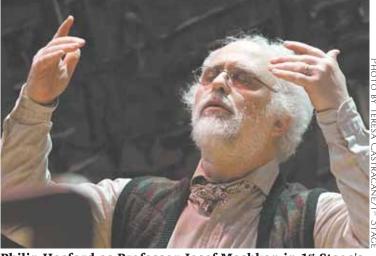
FRIDAY-SATURDAY/MAY 1-2

"Bye Bye Birdie." 7:30 p.m. Flint Hill School, 10409 Academic Drive, Oakton. One of the most beloved rock and roll musical shows of our time. A delightful show for all ages, this musical is full of youthful energy and contains hit numbers like: "A Lot of Livin' to Do," "Put on a Happy Face," "Kids," and "Telephone Hour." Reserve your seats here:https://www.flinthill.org/bye-bye-birdie/

"Other Desert Cities." 2 p.m. Vienna Community Center, 120 Cherry St., SE, Vienna. "Other Desert Cities" tells the story of the fictional Wyeth family — a clan led at the top by a mother and father highly regarded in



The U.S. Navy Band Commodores, the Navy's premier jazz ensemble, presents a concert program featuring exciting vocal jazz arrangements, classic big band hits and fresh instrumental music at McLean High School, 1633 Davidson Road, McLean, on Thursday, April 30 at 7 p.m.



Philip Hosford as Professor Josef Mashkan in 1st Stage's production of "Old Wicked Songs." Fridays 8 p.m. Saturdays 2 & 8 p.m. Sundays 2 & 7 p.m. www.1ststagetysons.org

old Hollywood circles and admired by Republicans for their service to and friendship with the Reagans in their heyday. Reserve tickets: vtcshows@yahoo.com

SATURDAY/MAY 2

Vienna Farmers Market. 8 a.m.-12 p.m. Faith Baptist Church Parking Lot, 301 Center Street South, Vienna. www.viennafarmersmarket.com.

Boy Scout Troop 13 of Oakton/
Reston/Vienna Annual
Rummage Sale. 8 a.m. - 1 p.m.
Church of the Good Shepherd, 2351
Hunter Mill Road, Vienna. Proceeds
from the rummage sale will support
the Troop's camping, skill
development, and leadership
programs. Please call and leave a
message at 571-295-6413 or email
rummagesale@troop13vienna.org.

Annual Plant Native Sale. 8-11 a.m. The Great Falls Grange Pavilion, 9818 Georgetown Pike, Great Falls. Buy a variety of indigenous wildflowers, including bluebells, trees, shrubs and ferns that benefit our watershed, woodlands and fauna. Native plants are as beautiful as invasive ornamentals and exhibit a better rate of survival. It's the right thing to do for the environment, and the proceeds will help support summer staff and educational programs at Riverbend Park.

Free Community Carnival. 11 a.m. - 3 p.m. Oakton United Methodist Church, 2951 Chain Bridge Road, Oakton. Free games and food and fun for all ages. www.oaktonumc.org.
Free Comic Book Day. Game On!

Comics, 310 Dominion Rd NE, Vienna. Game On! Comics in Vienna is one of thousands of comic book shops around the world celebrating the biggest day in the comic book industry and comic art form, Saturday, May 2. On Free Comic Book Day, over 5.6 million comic books will be given away by participating stores, introducing as many people as possible to the wonders of comic books.

PRS, Inc. Raising the Stakes for Hope & Recovery Benefit

5 – 9 p.m. Event hosted at the home of Gary & Tina Mather in McLean, Virginia. PRS Kentucky Derby and CrisisLink Link Up & Live are proud to announce the first annual Raising the Stakes for Hope & Recovery Benefit. Join in for an evening featuring the 141st Run for the Roses, elegant hors d'oeuvres, Mint Juleps, mocktails, fun photo opportunities, Silent and Live auctions and more as two events benefiting the community come together as one. Tickets: \$150; More information: www.prsinc.org/raising-



6 Artists: 5 Years - an exhibition and sale of artwork by local artists: Jackie Elwell, Elaine Floirmonte, Debbie Glakas, Lisa Neher, Sarah Swart and Barbara Wagner. At The Frame Factory, 212 Dominion Road NE, Vienna, until May 6.

the-stakes.

SUNDAY/MAY 3

Tysons Regional Chamber of
Commerce Charity 5K. 7 a.m.
Tysons Corner Center, 1961 Chain
Bridge Road, McLean. Race day
registration begins at 7 a.m.; race
time is 8:30 a.m. This race will
benefit the Insight Memory Care
Center (IMCC) who is providing a
wide range of services to people with
Alzheimer's disease and their families
for over 30 years in Fairfax County.

Tysons Farmers Market. 10 a.m.-2 p.m. NADA Campus, Greensboro & Westpark Drive. www.tysonspartnership.org

FRIDAY/MAY 8

Precious Treasures. 7-9 p.m. Vienna Art Center, 115 Pleasant Street NW, Vienna. Members of the Vienna Arts Society exhibit and sell original artworks in several continuing shows in the area. Pick up a map of locations and meet featured artist Madeleine. The exhibition, which features the Jamie Brooks Retrospective continues until May. 30.

SATURDAY/MAY 9

McLean-Langley Relay for Life. 6 p.m. Cooper Middle School, 977 Balls Hill Road, McLean.The Langley-McLean Relay for Life team will be hosting their event at Cooper Middle School. The event will consist of an all-night, fun-filled evening featuring games, live music, dancing, food, A Luminaria Ceremony, a banquet for cancer survivors, and much much more! All proceeds from the event will go directly to the American Cancer Society to promote cancer research. Help us meet our \$125,000 goal to win the fight against cancer! Day of participation entry fees are \$10,*to stay all night, participants must raise \$100. Got Questions? Visit:///www.relayforlife.org/... to sign up, donate money, or learn more about our event.

Vienna Bike Rodeo. 10 a.m. - 1 p.m. Vienna Volunteer Fire Department parking lot, 400 Center Street S., Vienna. Under the guidance of a veteran cyclist, the Rodeo will help children who already know how to ride a bike develop safety skills including breaking, balancing, basic road rules and how to handle obstacles.

SUNDAY/MAY 10

Wine & Food Event. 12-5 p.m.

Balducci's, 6655 Dominion Drive,
McLean. Free special wine event
featuring Mother's Day drinks and
food samplings.

WEDNESDAY/MAY 13

MPA Spring Benefit 2015. 7-9 p.m. At the home of Selwa Masri Rutchik and David Rutchik, 1324 Ballantrae Farm Drive, McLean. The everpopular annual MPA Spring Benefit, the centerpiece of MPA's 2015 growth.Tickets: http:// www.mpaart.org/spring-benefit-2014/

SATURDAY/MAY 16

McLean Day 2015. 11 a.m. - 5 p.m. Lewinsville Park, 1659 Chain Bridge Road, McLean. Petting zoo, ride, games, food trucks and more. shttp://mcleancenter.org/

SATURDAY-SUNDAY/MAY 16-17

Claude Moore Colonial Farm 1771 Market Fair. 11 a.m.-4:30 p.m. at 6310 Georgetown Pike, McLean. Sit in the shade and savor roast chicken and spicy sausages, enjoy dancing and singing with the fiddler, test your water color and writing skills with Mr. Andrews at the Stationer. Visit http://1771.org for more.

FRIDAY-MONDAY/MAY 23-25

Viva! Vienna! Vienna's largest festival returns to the historic Church Street corridor for three days of family fun, including carnival rides, diverse food, live entertainment for children and adults and more than 300 vendors selling crafts, services, jewelry, children's toys and books, novelties. Admission to the festival is free, rides are not. www.vivavienna.org.

TUESDAY/MAY 26

Sheryl Crow. 8 p.m. Wolf Trap, 1645 Trap Road, Vienna. "Soak Up the Sun" with the 9-time Grammywinning pop, rock, and country queen. Tickets: \$35-\$55.

WEDNESDAY/MAY 27

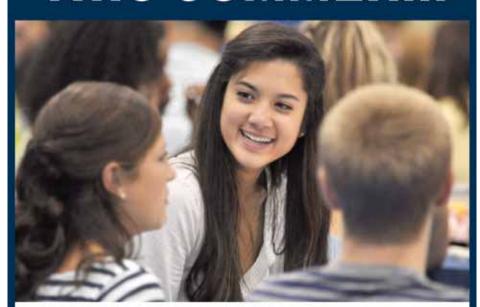
A.R. Rahman. 8 p.m. Wolf Trap, 1645
Trap Road, Vienna. From Bollywood
to Hollywood, this Grammy and
Academy Award-winning musician is
one of the world's most prolific film
composers—he was the mastermind
behind Slumdog Millionaire's awardwinning score and he mixes genres
spanning Eastern classical, pop,
world music, and rap to create his
astonishing compositions. Tickets:
\$45-\$175.

SATURDAY/MAY 30

Silver Line Music & Food Truck Festival. 5 p.m. Lerner Town Square at Tysons II, 8025 Galleria Drive, Tysons. Admission is free, over 20 food trucks and fun.



THIS SUMMER...



Earn Three College Credits in Criminal Justice or International Business at Marymount University's

D.C. SUMMER INSTITUTES FOR HIGH SCHOOL STUDENTS, JULY 6-17:

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OR

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GENCYBER, JULY 5-17:

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Summer Camps Education & Activities

Marymount Technology Institutes for Ages 14-18

Marymount has summer programs for teens ages 14-18 who are interested in technology.

Gain technology skills and hands-on experience; create a mobile app or take part in a cyber competition in health care; meet fellow students who share your excitement about technology; network with technology professionals about career possibilities

Summer Technology Institutes' 2015 Programs:

GenCyber, July 5-17, 2015. This two-week residential program is designed for students ages 16-18. Students will have hands-on experiences in cybersecurity with a focus on defending the nation's critical assets.

Making Mobile Apps, July 13-17, 2015. This week-long institute is for students in grades 8-12 who want to explore a possible career in the development of mobile applications, one of the most dynamic sectors in the booming technology field.

Cybersecurity in Healthcare, July 20-24, 2015. This week-long program is designed to provide technology-focused students in grades 9-12 with knowledge and hands-on experience in cybersecurity, and introduce them to the many career opportunities in this growing field.

Participants in each institute will work closely with Marymount University faculty and students. They will also hear from guest speakers who are IT professionals.

The daily program will include classes taught by MU faculty and many hands-on activities to apply newly acquired knowledge. Current MU students will mentor participants and discuss college majors, as well as technology career options.

The sessions will take place at Marymount's Main Campus and Ballston Campus in suburban Arlington, with easy access by road or Metro. Free MU shuttles provide service between the Ballston Metro Station (Orange line) and Main Campus. Optional housing for high school students is available in residence halls on Main Campus, under close supervision of MU's residence life staff and students.

DC Institutes for H.S. Students

July 6-18, 2015; Students will arrive at Marymount on Sunday, July 5. Programs will begin on Monday, July 6 and run through Saturday, July 18.

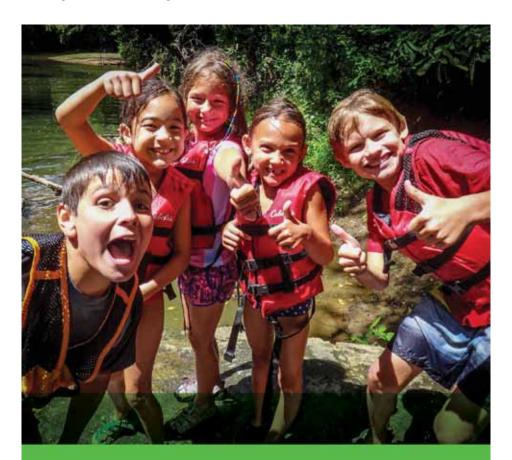
ČJ 209 - The Criminal Justice System: Gain real-life perspective on the exciting criminal justice field. Visit various museums, meet with an FBI field agent, and probe various aspects of the criminal justice system – from laws and enforcement to the courts and corrections.

MGT 185 - The International Business Experience: Learn to succeed in a diverse and global business environment with exposure to international marketing, finance, and economics. Take part in a business simulation and experience the decision-making that goes on in an international business enterprise.

Work closely with Marymount faculty who have extensive expertise and professional connections in the field. The daily program will include classes in the mornings, field trips and other experiential learning in the afternoons, and fun activities in the evenings.

Live in a residence hall on Marymount's Main Campus in suburban Arlington. Tuition for three college credits awarded upon successful completion of the program.

Space is limited and priority will be given to rising high school seniors.



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Preparing for Summer Camp Away

Many emotions arise when a child leaves for camp.

BY MARILYN CAMPBELL THE CONNECTION

ulie Kaminski remembers the lan guage from her desperate letters to her parents: "I love you. I want to come home now!" She recalls penning a dramatic plea to be rescued from residential summer camp more than 40 years ago. Today, Kaminski is preparing for her daughter's first camp experience away from home this summer.

"Looking back, I can see how going away to camp helped me become more self-sufficient, self confident, self-reliant and taught me how to get along with so many different kinds of people," said Kaminski, a local mother of two children.

"Of course I didn't think that at the time. I was extremely homesick even though it was my idea to go to sleep away camp in the first place."

A child's first residential summer camp experience can be fraught with emotions that run the gamut from excitement to terror. While glee at the thought of a summer filled with sports, swimming, crafts and new-found friendships can be the dominant feeling, the thought of an extended period of time away from home can cause sadness and anxiety for both parents and their chil-

An American Camp Association study showed that 96 percent of children who attend sleep away camps experience homesickness at some point during their stay. While these emotions are normal, parents can help children tame the pre-camp jitters. The life-long lessons gained from such camps make it worth the effort.

"Becoming comfortable with your child being away at summer camp, perhaps the first extended separation you have had, is a matter of trust," said David Kaplan, Ph.D. of the American Counseling Association in Alexandria, Va.



Summer camp experiences can help children become self-confident and self-reliant.

"Trusting your child that they can handle themselves without your supervision. Trusting that they can handle relationships with other children. Trusting that they can get up in the morning, take a shower, wash their clothes, and change their sheets without your prodding."

ACKNOWLEDGING THAT homesickness is normal and many campers experience it, can help children accept and cope with their emotions.

"Expecting to miss home and feel somewhat anxious helps children feel less surprised and overwhelmed when it occurs," said Barbara Meehan, Ph.D. executive director, Counseling and Psychological Services, George Mason University in Fairfax,

A child's apprehension can be eased when parents share their own camp experiences, particularly positive memories.

"Don't let your child get caught up in your own anxiety about leaving for camp," said Linda McKenna Gulyn, Ph.D., professor of psychology at Marymount University in Arlington, Va. "Kids sometimes worry about the parents they left behind. Be positive, but not sad that your child is leaving.'

Meehan says that developing a few selfsoothing activities like playing outdoors or reading is one strategy for helping children deal with feelings of missing home. Identifying people with whom young campers can share their emotions is another means for dealing with homesickness.

"Talking to a camp counselor and even peers can help ease the difficult feelings and often they will learn they are not alone," said Meehan.

Encouraging a child to make friends and become involved in camp activities will put

the focus on the positive aspects of camp. Packing letters and stamped envelopes and developing a plan for letter exchange can help a child feel connected to their fami-

"Isolating and avoiding what feels hard can often worsen anxiety and homesickness," said Meehan. "Remind your child they are stronger than they feel in the moment and that engaging in camp activities can be helpful."

There are times however when a child might not be ready for residential camps. The American Camp Association reports that while most cases of homesickness subside, there are cases — if a child is not eating or sleeping, for example - when it could be time to seek help. "Consult with camp professionals about resources if your child's anxiety worsens or persists," said Meehan.

Camps&Schools Notes

Paralympic Sports **Team Seeking Players**

The Fairfax Falcons Paralympic Sports team, a Fairfax County Neighborhood and Recreation Services Therapeutic Recreation program, is recruiting new players. The team provides a variety of sports experiences to athletes with physical disabilities impacting their lower extremities ages 4 1/2 to 18 (or high school graduation). Not all athletes use wheelchairs for everyday use. Some athletes are ambulatory and only use a wheelchair for sports. Their primary sport is wheelchair basketball, which runs late August through April. In the spring, they

offer a variety of sports including floor hockey, track, field, fishing, rugby, golf, and football. For more information, email fairfaxfalcons@gmail.com.

Summer at Massanutten

Each year, Massanutten Military Academy offers a fiveweek intensive summer school program, an opportunity for students to get ahead in their learning, make up for bad or failing grades, or increase their knowledge and participation in their JROTC leadership skills. Massanutten Military Academy offers the safety of a structured learning environment, as well as the fun of a summer camp through a combination of classroom time and weekend activities. The program is offered June 27-Aug. 1, 2015.

Credit for academic courses is transferable to the student's current school. JROTC leadership credit equals one high school course credit.

STEM CAMP Massanutten offers STEM Summer Camp, two two-week camps running from June 29-July 10 and July 20-31, open to students grades 7-12. This summer camp offers students the chance to explore the many facets of STEM education including hands-on experiences. Upon completion of the STEM Summer Camp, students will receive a certification of completion. Massanutten Military Academy offers the safety of a structured learning environment, as well as the fun of a summer camp through a combination of classroom time and activities. Visit www.militaryschool.com/summerschool-2015.asp.

Diverse Camps Offer Summer Fun

BY STEVE HIBBARD THE CONNECTION

cores of local camps in Northern Vir ginia that offer many opportunities for summer fun and learning. Here is a sampling of diverse camps that range from art to theater to field trips to swimming, tennis and music. There's even a camp for aspiring musicians who want to form a band.

ROAM Rock Camp

ROAM Rock Camp gives children the opportunity to build communication skills and confidence through the language of music. The camps are designed to focus on why each participant wants to be in a band, why they love music and what they want to get out of it. The goal is to create an environment or band that children will thrive in. They will hand select each member to create a group that best fits their age and or experience. During the camp, groups will learn three to four of their favorite songs or even write songs if they wish. At the end of the week they will record the group and give them a CD to take home to show off their

"The best thing about these camps is that we are able to show these young musicians from first-hand experience how to be players and performers. I wish I had something like this when I was growing up," said John Patrick, owner/director, who is the former director of auxiliary services. co-founder of the national touring act Vir-

Camps are offered from June 1 to Aug. 28. To register, contact ROAM to let them know every week your child would be available to do a camp. Deadline for registration dren ages 3-years-8-months to 12 years old. is June 1.

Contact info: Rock of Ages Music, 114 E. Del Ray Ave., Alexandria VA 22301; call 703-838-2130. Roam.rockofagesmusic@gmail.com.

Burgundy Farm

Burgundy Farm offers two summer camps: a day camp at the 25-acre Alexandria campus in eight week-long sessions, and a sleepaway camp in three sessions at Burgundy Center for Wildlife Studies in Capon Bridge, W.Va. Both camps are great options for children excited about learning in the outdoors michelem@burgundyfarm.org or 703-842with dedicated counselors. Day campers 0470. swim every day, and programs include sports, science and performing and visual arts. Sleep-away camp provides a mix of structure and freedom, fostering a respect

Burke Racquet to the natural world through greater knowledge of nature and self.

"At Burgundy Farm Summer Day Camp, and Swim our campers enjoy all the benefits of a sleep- Burke Racquet and Swim Sport Camp has cluding water parks, mini golf, roller skataway camp with the convenience of a day been a hidden treasure in Burke for more ing, amusement parks and more. Campers

Summer Studio camp, including swimming, animal encounthan 27 years. Tucked behind the Kaiser also have a wide variety of activities to keep The Langley School Summer Studio featers, nature exploration, forming strong Permanente Building in Burke, the indoor them entertained while they are on campus. tures more than 70 classes that allow for the eteria at no extra cost. bonds and friendships with other campers camp is the ideal setting for children who There is a large wooded playground that is personal, social, and intellectual growth of and counselors, and the opportunity to build want to do a variety of sports. It offers swim- home to many kickball, capture the flag, and each camper in preschool to 8th grade. In-



Campers enjoy the rock climbing wall at Burke Racquet and Swim Club's Sports Camp.

friendly environment," said Hugh Squire,

Burgundy Farm Summer Day Camp is located on the Alexandria campus of Burgundy Farm Country Day School, 3700 Burgundy Road, Alexandria. Lower and upper divisions, grouped by age and interest, for chil-Camp runs Monday, June 15-Friday, Aug. 7. Register at www.burgundyfarm.org/summer-programs. Contact Hugh Squire at hughs@burgundyfarm.org or 703-842-

Burgundy Center for Wildlife Studies Camp is located within 500 acres in a secluded valley near Capon Bridge, W.Va. Overnight junior session (age 8-10) for one week in August - currently waitlist only; senior sessions (11-15) for two weeks in June, July or August; adult weekend (21+) in July. Register at www.burgundycenter.org. Con-Michele McCabe

The Girls Junior Elite enjoy soccer camp at the Soccer Academy at E.C. **Lawrence Park in Centreville and** Patriot Park in Fairfax this summer.

offers Zumba, soccer and camp games. All of the Sports Camp staff has been background checked through Fairfax County; they are CPR/AED trained.

The camp offers full day (\$280 per week) and half day mornings or afternoons (\$180 per week). There is before and after camp care for working parents. The first week of camp begins June 22 and goes through Aug. 28. Call Burke Racquet and Swim Club at camp@kenwoodschool.com. 703-250-1299.

Soccer Academy Inc.

The Soccer Academy offers a wide range of innovative, state-of-the-art programs that meet the interests and playing abilities of all players and teams. It caters to individuals and teams of all ages. All residential camps include a goalkeeping camp. Day camps include E.C. Lawrence Park in Centreville and Patriot Park for ages 5-14. Residential Camps at University of Mary Washington, Fredericksburg and Randolph Macon Academy, Front Royal, for ages 9-18. Visit www.soccer-academy.com for camp locations, costs, dates and times. Call 703-393- drums. 7961 or email soccer@soccer-academy.com.

Kenwood Summer Day Camp

Kenwood Summer Day Camp makes it their mission to provide campers with new experiences and lasting friendships each summer. "Whether it's watching a baseball game, riding a roller coaster, or seeing knights joust from the front row, we take pride in giving them these opportunities and watching them share it with their new friends," said Justin Elcano, camp director.

Kenwood Summer Day campers can go on daily field trips to exciting destinations inself-esteem and confidence in a fun and ming, tennis, and rock climbing daily. It also basketball games. They have five themed novative and engaging academic and STEM

programs stimulate with math adventures, robots, and Raspberry Pi. Exploration abounds as campers take exciting field trips to become field scientists who investigate the Chesapeake Bay, cyclists who traverse local mountain bike terrain, and magicians who create illusions. The spotlight also shines on experiences that get campers "in the studio" with a Pulitzer Prizewinning photographer or the lead choreographer and dancer for MC

learning and fun.

Northern Virginia has scores

Hammer.

process.'

"Each year, we look to add to our

diverse roster of classes while

growing the perennial favorites to

ensure The Langley School Sum-

mer Studio offers the best possible

experience for our campers," said

Director of Auxiliary Programs

Jennafer Curran. "Whether taking

part in one of many field trips, ex-

ploring a new interest like soccer

or dance, or refining math or read-

ing skills, our campers develop aca-

demically, socially, and emotionally

... and have a great time in the

The Langley School Summer Stu-

dio will run in six weekly sessions

from June 15 - July 31, for stu-

dents in preschool to grade 8.

Classes are held at The Langley

School in McLean, and take advan-

tage of the 9.2-acre campus, fea-

turing a wooded nature area, state-

of-the-art athletic center, artificial

turf field, computer labs, and age-

appropriate playgrounds. Visit

www.langleyschool.org/

summerstudio for details or to reg-

ister online. Call 703-356-1920 or

email summer@langleyschool.org.

Bishop Ireton High School offers campers the opportunity to partici-

pate in sports and/or theater while

developing individual and group

skills and fostering a love of the

activity. It offer boys camps (base-

ball, basketball, lacrosse and foot-

crosse and volleyball); and coed

for the camps are rising 1st grad-

ers to rising seniors depending on

the camp. The 17 camp sessions

are conducted by the school's

coaches or teachers and assisted by

student counselors. Lunch is pro-

"Last year we had nearly 600

SEE PAGE 6

vided for full day camps by the caf-

Bishop Ireton

Camp

of local camps for summer

FCPA Camps and the Rec-PAC Program camps take place all over the county.

rooms that hold arts and crafts, video games, board games, ping pong, air hockey, and

Kenwood summer day camp is open to children who have completed kindergarten through 8th grade. Camp starts June 15 and goes through Sept. 2. Visit the website to find a calendar with a schedule for each week at www.camp.kenwoodschool.com. Call 703-256- 4711 or email

Metropolitan School of the Arts

Metropolitan School of the Arts offer preprofessional summer dance, music theater and acting camps. It also offers a wide variety of youth summer camps where students can explore and learn many facets of the performing and visual arts, including mini camps for the youngest students, ages 3-5, youth camps for students in grades 1-6, and intensives for students age 8 and up. Private summer music lessons are also available for piano, voice, guitar, violin and

"MSA summer camps are the perfect way to try something new and a great way to keep young bodies active and develop new friendships," said Melissa Dobbs, president of Metropolitan School of the Arts in Lorton and Alexandria. "Whether your child is passionate about the performing arts or just looking to have some fun, MSA camps offer creative programs for all skill levels."

The Lorton campus is at 9601 Ox Road, Lorton, and the Alexandria Campus is at ball); girls camps (basketball, la-5775 Barclay Road, Kingstowne, Va. Call visit camps (soccer, theater). Age ranges 703-339-0444 www.metropolitanarts.org.

Langley School

www.ConnectionNewspapers.com

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Camps and Classes!

www.PotomacAcademy.org (Summer Programs) Ph: 703-993-9889 Enter Promo Code **SUMMERCONN2015** for \$5 off kids & teens programs!



Photo Gallery

"Me and My Mom"

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

> editors@connectionnewspapers.com Or to mail photo prints, send to: The Vienna/Oakton Connection, "Me and My Mom Photo Gallery, 1606 King St., Alexandria, VA 22314

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything



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LEARN MORE at www.madeira.org/summer



The Madeira School • 8328 Georgetown Pike • McLean, VA

Summer Camps Education & Activities

Diverse Camps, Summer Fun

From Page 5

campers attend one of our sports or theater camps. The camps are a great way for youngsters to get to know us and for our coaches and theater teachers to get to know them," said Peter Hamer, summer camp director.

The camp brochure and sign up form can be found under the athletics tab at www.bishopireton.org. Contact Peter Hamer at hamerp@bishopireton.org or 703-212-5190.

Park Authority and Rec-PAC

The Fairfax County Park Authority offers more than 1,400 summer day camp options at 100 locations plus the six-week theme-based summer Rec-PAC programs at nearly 50 elementary schools every summer.

Camps are held at RECenters, historic sites, lakefront parks and schools and offer a variety of camp titles. Both camps and Rec-PAC offer children a chance to have fun, build friendships and have a safe and rewarding summer experience. The Rec-PAC program runs June 29 through Aug. 6 from 8:30 a.m.-3:30 p.m. daily and is open to children in Fairfax County who are rising first graders through those who finished sixth grade.

Registration begins April 27 online at

www.fairfaxcounty.gov/parks/recpacwww.fairfaxcounty.gov/parks/recpac. There is an \$8 discount per week for those who register before June 12. Partial scholarships are available for those who qualify through free and reduced lunch program. The large summer camp program begins early June with camps for preschoolers and later in June for school age campers.

From crafts and games to hightech and high adventure, the Park Authority has something for everyone. Many camps offer swimming at RECenters each day as well as extended care for working parents. Sports enthusiasts can choose from an array of skill-development camps, including British soccer, basketball, football, baseball, cheerleading, archery, lacrosse or extreme sports programs. Enjoy the outdoors? Then check out the boating, fishing and biking camps. Specialty camps such as Young Chef's Cooking, Chess, Geocaching and Girls Leadership allow for explor-

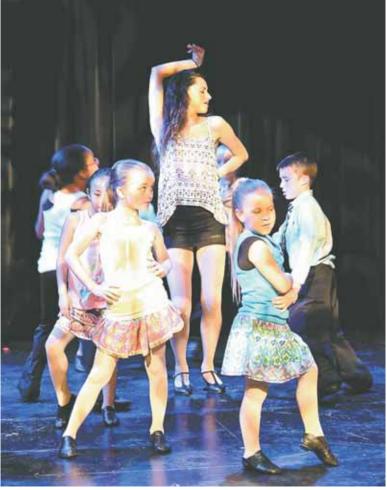


Photo courtesy of Glenn Cook

Students enjoy summer camps at Metropolitan School of the Arts in Lorton and Alexandria; musical theatre camps are just one of the many camps offered.

ing new interests or developing a new skill. There is also an array of STEM programs that stimulate cognitive development and enhance critical thinking. New camps are available in 2015 and include Ninja Stars, Longboarding Camp, Brazilian Soccer, Overnight Camps, Stand-Up Paddle Boarding, Kayak Fishing, fun new art camps, tons of new engineering camps and many more. The search and browse options on the website (www.fairfaxcounty.gov/parks/ campswww.fairfaxcounty.gov/ parks/camps) make it easy to narrow choices by location, age of children, type of camp and week of summer or check out the 2015 Summer Camp Guide. Call 703-222-4664 Monday through Friday, 9 a.m.-4 p.m.

Centreville Dance Academy

Summer Camp at Centreville Dance Academy is a great way for a child to experience dance in a fun and safe atmosphere. It offers a Princess Party Camp, Broadway Bound Camp, Glitz & Glam Camp, and Me & My Doll Camp. Dancers will enjoy pretending to be their favorite characters, dressing up, and creating fun crafts. On the final day of camp there will be an in-studio performance for family and friends.

"Summer camp is a great way to expose your child to all that dance has to offer. Dance camp is a wonderful place to build lasting memories and relationships with the CDA teachers and new friends. We love seeing the dancers grow each year," said Kathy Taylor, owner/director.

Princess Party Camp offers The Little Mermaid from July 6-10; Frozen from July 27-31; Princess Ballerina from Aug. 3-7; and Frozen from Aug. 17-21.

Broadway Bound Camp is July 13-17. Glitz & Glam is July 20-24 and Aug. 10-14. Me and My Doll is June 29-July 13.

Register on the website through the Parent Portal. Centreville Dance Academy is located at 14215-G Centreville Square, Centreville. Visit www.centrevilledance.com, call 703-815-3125 or email office@centrevilledance.com.

Celebrating 75 Years

he Congressional Schools of Virginia in Falls Church marked its 75th anniversary with a week end-long celebration on April 24 and 25, with events attended by hundreds of students, staff, alumni and friends of the school.

The festivities began on Friday, April 24 with an on-campus celebration featuring a keynote address by Linda Ward Byrd, a Congressional alumna from the Class of 1968 who recounted her memories as a Congressional student, a school where she said "everyone knew my name."

The School's founding family was hon-

ored in a tribute by Tina Trapnell, a former member of the School's Board of Trustees, and former Mason District Supervisor who detailed the family's 75-year history, from the school's founding by Malcolm and Evelyn Devers in 1939 to today. The event also included student performances, the dedication of items selected by students for a time capsule, and a community photo on the front steps of the school.

The on-campus celebration was followed by a Golf Tournament at Reston National Golf Course, and the celebrations culminated with a 75th Anniversary Gala on the evening of April 25, attended by more than 250 parents, faculty, alumni, sponsors and friends of the school.

"Our 75th Anniversary is a wonderful opportunity for the community to reflect upon our achievements as a school. From our modest beginnings in 1939 as a small preschool, to our current standing as a leading independent early childhood, elementary and middle school in the D.C. area, we are proud to have touched the lives of so many children. We are a community shaped by a strong group of supporters, and look forward to continuing to provide excellence in education for generations to come," stated Janet Marsh, Congressional's Executive Director.

The Congressional Schools of Virginia is an independent school on

YEARS *

Sleepy Hollow Road in Falls Church, offering a challenging and comprehensive educational program to students from In-

fant through 8th Grade. The family spirit that lives on the



Linda Ward Byrd '68

Congressional campus all year long is continued throughout the summer months in a 10-week summer camp program.



Celebrating a 75th anniversary.





intersection between challenging academics, caring staff and a community connected to a common vision; to provide our children with the highest quality educational experience available.



Congressional Schools of Virginia 3229 Sleepy Hollow Road Falls Church, VA 22042

www.congressionalschools.org

Summer Fun for Adults

The region offers a wide range of programs for adults.

By Marilyn Campbell
The Connection

ummer fun is no longer reserved for children. Whether one's interests lie in exploring nature and hiking in the woods or immersed in history, art and literature on a university campus, the region abounds with warm weather opportunities.

The Osher Lifelong Learning Institute (OLLI) at George Mason University offers its members a chance to satisfy their intellectual and cultural curiosities. Want to read and discuss the "Iliad" or play Symphony No. 5 on the piano? Classes in Homer's writings or classical music are available in Fairfax, Reston and Sterling, Va. \$375 gives members access to more than 400 trips, courses and clubs ranging from memoir writing to French cooking.

"This summer you can get outside with OLLI trips to the National Gallery of Art, the Hillwood Estate, Museum and Gardens, and The Franciscan Monastery," said Jennifer Disano, OLLI executive director.

From oil painting to soap making, Arlington County is offering a diverse smatter of classes for adults. "We have a smorgasbord of programs and really cool classes where you can learn about nature or go on hikes," said Susan Kalish, a spokeswoman for the county.

Potomac residents who want to distinguish an amethyst from an iolite are in luck this summer. A gemology class is among the most popular adult classes at the Potomac Community Recreation Center.

"We've got a host of different programs from tai chi, yoga and karate," said Peter Selikowitz, the center's executive director. "There's even a laughter fitness class which is a fun way to reduce stress."

For those wanting to learn how to avoid internet scams, Marymount University has teamed up with City of Falls Church to present "Living Better with the Internet." The series of five classes is designed for seniors and will be held at the Falls Church Community Center this summer. "The best news of all is that the classes are free," said Odette Shults, a spokeswoman for the University.

Educators say that an uptick in interest among adults, particularly seniors, has lead



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Summer camp experiences can help children become self-confident and self-reliant.

to a diverse offering of learning opportunities. "There is an absolute trend and evidence-based research is driving the trend," said Andrew Carle of George Mason University. "Adult activities are being reinvented. What used to be arts and crafts and

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now their being called wellness and enrichment and address the physical, cognitive, social and spiritual needs of adults. We're seeing people being given more choices on how to improve their lives rather than just giving them activities."

Play Unified

By Rick Jeffrey
President, Special Olympics Virginia

n my 20-plus years in Special Olympics I still, on occasion, make the same mistake. I miss the boat. I underestimate the abilities either cognitive or physical of our Special Olympics athletes; athletes with intellectual disabilities. But by continually making this mistake, I, in essence, pretty much make them like everyone else; just another person, available to be judged and limited by what we see or what we think we see. You see, the limitations that all of us place on each other determine how we perceive each other, treat each other, like each other, fear each other, raise each other up or marginalize each other.

Ask most coaches out there and they will tell you that the biggest limitations on any student athlete are the ones coaches place upon them, among which might be too slow, not big enough or not tough enough. It might not be much different in the classroom where teachers might see a student as too lazy, too distracted or not interested. And these are just student athletes in any sport, in any classroom, at any high school in Virginia.

Now compound that with Down syndrome, autism or an undiagnosed disability resulting in a student's inability to keep up with peers. In most cases, the limitations in a school environment, an environment that moves all too fast, are enormous. And even in schools with wonderful inclusive classroom environments, the opportunity to



interact and really build friendships and relationships remains limited.

These students with intellectual disabilities are, in most cases, not receiving an opportunity to really participate in sports; an activity that, at its heart, teaches teamwork, trust and communication; an activity that at its core promotes competency, credibility and caring; the building blocks of human relationships. Sports and sports teams are probably more conducive to building relationships and creating friendships than possibly any other school activity. Plus throw in the opportunity to "wear the colors" and represent your school and you create an emotional bond that may be the most inclusive opportunity for any student.

IMAGINE A PARTNERSHIP between Special Olympics and high schools throughout Virginia. Imagine the opportunity for a student with an intellectual (or any) dis-



Photo contributed

Rick Jeffrey

ability to play alongside his or her peers without disabilities in a Unified Sports team environment; to rely on each other, to communicate with each other, to believe in each other, to become Champions Together.

Imagine no more because Champions Together is here. In fact, it's right here in Fairfax at Robinson Secondary School and Robert E. Lee High School – and in 22 other high schools in Virginia.

This partnership with the Virginia High School League is aimed at bringing together youth with and without disabilities to build the first unified generation, a generation where youth will build upon the friendships and life lessons learned through sports and the Special Olympics movement so, later in life, they will not be afraid to live, work and THRIVE alongside their peers with different ability levels.

Champions Together high schools will form inclusive track and field teams this spring that will compete against other local high schools. Other components of the program include an inclusive student-led leadership team that will organize an awareness event to promote respect and inclusion, and promote philanthropy to support the future of the program.

AT SPECIAL OLYMPICS, we dedicate ourselves each day to building communities more respectful in their conduct, more inclusive in their makeup, more unified in their fabric. And each day the Virginia High School League is promoting education, leadership, sportsmanship, character and citizenship for students by establishing and maintaining high standards for school activities and competitions.

A new, young, energetic base of athletes and volunteers, which could include the sons or daughters of many reading this oped piece, will eventually transition from the schools into our communities and help Special Olympics Virginia and the Virginia High School League continue to achieve our missions.

The Champions Together program is new, and as it develops, we will learn a lot about how to build it, refine it and make it the best that it can be for everyone. And do you know who we will learn this from? We will learn it from our young people with and without disabilities who, through their participation and their ownership of this inclusive program, will prove to us that they are the future.

Let's Play Unified!

Rick Jeffrey has been the President of Special Olympics Virginia since 2000. He has served on many national and international committees for Special Olympics, and is currently serving on the United States Leadership Council where he is chair of the Sports Committee.