



Isabel Jones laughs as she gets a bit more cream on her face at the pie throwing table.



Angel Arias smashes a sideview mirror with a sledgehammer at the car bash.



Tita Ferede, Nya Bucksell and Taylor Dertrand of the Academy of Finance collect tickets for those eager to try and bash a car at the expo.

An Expo of Titanic Fun

The students of T.C. Williams High School held the annual Titan Expo on Sunday, May 3, at the school. Guests were offered a used book sale, multiple games of chance, face

painting, a bake sale, an opportunity to bash a car, moon bounces and more. All funds raised benefit the Larry Trice PTSA/SCA Scholarships for student graduates from TC.



Calla Zane takes a turn at the softball throw. The game was sponsored by the school softball team.



Paige Vondenkamp and Alex Scioscia pose for a photo with the wizard Michael Morris.



Franklin Flores, Malcolm Wamzer and Oscar Deleon of the TC Dragon slayers act out the Human Slot Machine at the school fair.



Noorsabah Safi and members of the multi-cultural club served up sticks of cotton candy to visitors at the Titan Expo on Sunday afternoon.

Budget Winners ... and Losers

Schools and fire station win, rec center and affordable housing lose.

BY VERNON MILES
GAZETTE PACKET

this week.

The last work session for additions and deletions to the city budget saw Alexandria City Public Schools and Fire Station 210 take the lion's share of the funding while a recreation center's Sunday programming and an affordable housing program were left unfunded. The May 4 work session is the last step of the budget process before the City Council votes on the budget later

The budget add/delete will add \$1 million to the school budget. According to the Add/Delete Proposal form, submitted by Councilman Justin Wilson, the addition to the schools aims to narrow the remaining \$3.2 million gap between the School Board's Approved Operating Budget and the city manager's proposed appropriation. The School Board's budget add/delete process begins May 12, the deadline for add/delete proposals. SEE COUNCIL, PAGE 30

"It's important that we make it clear that his funding is designated for Fire Station 210, even if it's not allocated."

— Councilwoman Del Pepper

Long-Term Plan Lacks Numbers

Long Range Educational Facilities Plan faces scrutiny for budget omissions.

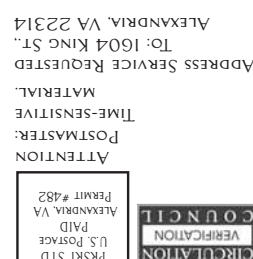
BY VERNON MILES
GAZETTE PACKET

jected overcrowding in the school system. What current drafts of the Long Range Educational Facilities Plan don't include is the price tag.

The Long Range Educational Facilities Plan includes extensive information on new enrollment projections for Alexandria City Public Schools (ACPS) and a list of proposed changes, additions, and new schools to fight current and pro-

The Fiscal Challenges section of the Long Range Educational Facilities Plan is still undergoing review, but early drafts show a \$441.2 million total for implementing modernization, educational speci-

SEE EXPLORING, PAGE 24





Old Town Alexandria

\$3,700,000

The General Daniel Roberdeau house, circa 1780, is a magnificent 6 bedroom residence with exquisite original moldings, floors and doors. A beautiful keystone arch in the front hall leads to a grand staircase with shadow rail, gracious rooms with 11' high ceilings, 8 impressive fireplaces are historic elements found in this special home. A grand living room offers eleven foot ceilings and stunning fireplace and 12 over 12 windows grace the spacious dining room. A lovely walled garden and yard, rear views of the Potomac River and off street parking for 2 cars complete this property. 418 South Lee Street.

Babs Beckwith

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BabsBeckwith.com



Great Falls

\$1,998,000

Romance is everything! Rustic and casual design of French farmhouses and country cottages admired by returning WWI American soldiers. Relaxed elegance and modern amenities are perfect for cozy celebrations or formal fêtes. 606 Kentland Dr. com

Mike Brown

202.340.3340

MikeBrownMoves.com



Alexandria

\$715,000

Brick Cape Cod situated in Monticello Park is a true gem. Beautiful freshly refinished oak hardwood floors. Energy efficient double pane windows and fresh paint inside and out. 4BR and 2BA. Lower level family room offers full light. Close to shopping & restaurants. 605 Allison St.

Chris Hayes

703.944.7737

Gordon Wood

703.447.6138

HomesByHayes.com



Rosemont

\$699,900

Classic brick colonial beauty with 3 bedrooms, 2 baths, deck, patio and garage in picturesque Rosemont just a short walk to Metro, Old Town and Del Ray attractions. 2 W. Myrtle St.

Meiling Yang

703.944.8403

MyTopAgent.com



Old Town \$1,200,000

Gorgeous HGTV house renovation features master bath oasis in master suite with built-in cabinetry. Kitchen opens to living room with stainless steel fireplace surround. Large separate dining room. Huge family room opens to private outdoor patio. Large 2,730 SF on 3 finished levels, no basement. First floor bedroom suite in addition to master suite. 329 N Pitt St.

Susan Craft

703.216.4501

SusanCraft.com



Harborside \$1,029,000

Gorgeous four level 2 bedroom, 3.5 bath townhouse with river views from walled garden. Large, spacious rooms for flexible living and entertaining, sitting areas in both bedrooms, hardwood floors, luxury millwork, plantation shutters, two fireplaces and gourmet kitchen with stainless appliances. Two parking spaces and extensive storage. 62 Wolfe St.

Annette Hinaman

571.216.4411

AnnetteHinaman.com



Alexandria \$529,900

Seminary Park find! Newer windows, A/C and furnace 2014! Hardwood floors, gas fireplace, huge owners suite. Brick patio off the family room. Spacious and convenient location with easy proximity to DC, Old Town, Shirlington! 5133 Heritage. McEneaney.com

Sue Goodhart

703.362.3221

TheGoodhartGroup.com

New Principal for TC

When students are called into the Principal's Office at T.C. Williams High School next year, they will be facing Dr. Jesse Dingle. On May 4, Superintendent Alvin Crawley named Dingle as principal of T.C. Williams High School. Dingle will replace Suzanne Maxey, who is retiring at the end of the 2015 school year after five years at TC.



Dingle, who will assume his new post on July 1, currently serves as principal of John Handley High School in Winchester, Va. Crawley cited his experience at leading schools to full accreditation by implementing remediation and enrichment programs during the school day.

Landrum To Lead AEDP

The Alexandria Economic Development Partnership (AEDP) named Stephanie Landrum as president and CEO of the organization on Thursday, April 30. Landrum had been serving as acting president and CEO since former President and CEO Val Hawkins stepped down in March. Landrum has worked at AEDP for 10 years and previously served as the organization's vice president.

The AEDP is a public-private partnership funded by the City of Alexandria that acts as a business advocacy organization.

"Our established commercial districts in Old Town and Del Ray are healthy and thriving, so our focus has turned to placemaking efforts and recruitment of businesses and investors in Carlyle, Potomac Yard and Landmark," said Landrum. "We will be building out our research and economic resources, finding more ways to partner with our neighbors in Arlington and D.C. to promote our region to audiences outside of the Metro area and recruiting events that draw and expose targeted industries to Alexandria."

Details on compensation and benefits are still in negotiation between the Executive Committee and staff.

— VERNON MILES

Construction at Lee Center

The city's Department of Recreation, Parks and Cultural Activities is renovating the existing basketball court located at the Lee Center, 1108 Jefferson St. The basketball court surface will be repaired and recolored. In addition, installation of new accessible play equipment, to be located within same court area, will be completed concurrently with the court renovation. The play equipment will include accessible swings, outdoor music instruments, sensory play components, and soft rubber tile surfacing. The play equipment was funded in partnership with the Miracle League of Alexandria and the Kelley Cares Foundation to provide accessible outdoor play at the Lee Center.

Work is scheduled to take place through June 10. The court will be closed during construction. Signs will be posted on-site with additional information.

Police Activity

❖ The Alexandria Police Department is investigating a "shots fired" call in the 700 block of N. Fayette Street in the early morning hours of Tuesday, May 5. No one was injured.

❖ On Tuesday, May 5, police investigated a robbery in 3500 block of King Street. The two suspects were subsequently apprehended by officers during a traffic stop.

❖ On Monday, May 4, before midnight, police responded to a robbery in the 5600 block of Derby Court. A cell phone was stolen and the adult victim sustained non-life-threatening injuries.

❖ On Friday, May 1, police investigated a carjacking in the 3900 block of Commonwealth Avenue. One suspect with a gun stole a silver 2008 Mercedes with Virginia temp tags. The victim was not injured.

❖ On Thursday, April 30, a U.S. Air Force helicopter made an emergency landing near William Ramsay ES in the 5700 block of Sanger Avenue around 10:30 a.m. No one was injured on the flight and no one was in the field when the landing was made.



PHOTOS BY VERNON MILES / GAZETTE PACKET

Resident Katy Cannady addresses James Ashe, manager for Environmental Planning at WMATA, and Mayor William Euille.

Feedback on Potomac Yard Metro

WMATA hosts public forum near proposed Metro station.

BY VERNON MILES
GAZETTE PACKET

The Washington Metropolitan Area Transit Authority (WMATA) took the Potomac Yard Metro Station discussion outside of City Hall and into the affected neighborhood for the April 30 public hearing at the Corra Kelly Recreation Center. The project had as many detractors in the crowd of local citizens as it did supporters.

James Ashe, manager for Environmental Planning at WMATA, began with a presentation of the four identified Potomac Yard Metro Station options, as well as a no-build alternative, but Ashe also noted that the "no build" option was considered not consistent with Alexandria and regional transit plans.

Build Alternative A is located along existing metro tracks between the CSX Transportation railroad and the north end of the Potomac Greens neighborhood. Build Alternative B is located further north, between the George Washington Parkway and the Potomac Yard Shopping Center. City staff has previously expressed a preference for Alternative B, which places the metro station closer to the existing shopping center, but also encroaches more into the adjacent national park land.

Ashe noted that both plan A and B have sub-variants, one with access to the George Washington Parkway and one without. Commercial vehicles are prohibited from the parkway, but Ashe said waivers could be granted if the site is inaccessible through other means. While the site is, technically, accessible through other routes, those paths travel through residential zones. Ashe said that the noise levels are not expected to exceed Federal Transit Administration standards, but conceded that further study would need to be done.

SEE REACTING, PAGE 15



Displays detail Potomac Yard Metro plan available for public viewing.

Honorees and dignitaries pose for a group photo at the 2015 Alexandria Chamber of Commerce Valor Awards April 30 at First Baptist Church. The ceremony honored public safety personnel from the police, fire and sheriff's departments.



Chamber Honors Public Safety Personnel

At its 2015 Valor Awards celebration.

The Alexandria Chamber of Commerce honored 16 public safety personnel for exceptional performance in the line of duty at the 29th annual Valor Awards.

Held April 30 at First Baptist Church, the ceremony also recognized police K-9s Xig Xag and Gracie.

Police officer Michael Nugent, honored with a Gold Medal for his rescue of a potential suicide victim on an overpass of I-495, was joined by his family and Mamie Doyle, a bystander who assisted Nugent at the scene.

APD officers Steve Escobar and Carlos Ronlon received Silver Medals and Assistant Fire Marshall Andrea Buchanan and APD officer Erik Nygren were honored with Bronze Medals. Additionally, four Certificates of Valor and seven Life Saving Awards were presented at the luncheon.

Alexandria resident and NBC4 news reporter Julie Carey hosted the event, which was sponsored by Inova Alexandria Hospital and catered by Sweet Fire Donna's Restaurant.

— JEANNE THEISMANN



Sheriff Dana Lawhorne, Police Chief Earl Cook and Fire Chief Robert Dube at the April 30 Valor Awards.

PHOTOS BY
JEANNE THEISMANN
GAZETTE PACKET

Police officer Michael Nugent, center, was honored with a Gold Medal for his heroics in the line of duty.

With him are his wife Courtney, children Jack, 8, Conor, 6, and Emily, 4, and parents Mary Jane and Hugh Nugent. At right is Mamie Doyle, a bystander who assisted Nugent in the rescue of a potential suicide victim in February 2014.



Carpenter's Shelter Cook-Off Raises Over \$82,000



Tony Giuliana and Josh Butler of Jackson 20 took the award for 2015 Best Sweet Dish with Strawberry Shortcake.

More than 500 people crossed the threshold of the Birchmere to attend the annual Carpenter's Shelter Cook-Off on April 26.

Twenty-three local restaurants participated in this year's fundraiser that raised over \$82,000 for the shelter's programs and services for homeless men, women and children.

The 2015 winners are Best Sweet Dish: Jackson 20; Best Savory Dish: Red Rocks Neapolitan Bistro; People's Choice Award: The Grille at Morrison House, and Kid's Choice Award: Sugar Shack.

Carpenter's Shelter Cook-Off sponsors included: The Advisory Board Company, Grant Thornton, Convergent Solutions, The Motley Fool, Alexandria Carpet One Floor & Home, Elm Street Development,



PHOTOS BY LOUISE KRAFFT/GAZETTE PACKET

Naresh and Bakash Bhatt and Suresh Basad over a variety of sample from the Dishes of India.

McEneaney Associates Realtors with Charlene Schaper, Hord Coplan Macht with Brandon Robinson, Speck-Caudron Investment Group of Wells Fargo Advisors, Velsor Properties LLC, Out-

door Power Equipment Institute, The Last Man Standing Club, The Yalcin Group, Halt Buzas & Powell LTD, Clarke & Sampson, Engineering Consulting Services and the Gannett Foundation.



Katheryn Batey checks the inventory of the donuts at the Sugar Shack table. Sugar Shack received the Kid's Choice Award.



PHOTO BY LAWRENCE RANDALL

“Inner Urge” performed on Saturday evening at the Durant Center. On stage are: Nasar Abadey, drums; Thad Wilson, trumpet; Fred Foss, alto sax; Elijah Jamal, tenor sax; Allyn Johnson, piano; and Herman Burney, bass.

Nomadic Jazz Opens Season with Concert

Nomadic Jazz, a new, “pop-up” jazz club, held its first event on Saturday evening, May 2, at the Durant Center. The show featured jazz group “Inner Urge.” Debbie Hodnett, the founder of Nomadic Jazz, describes the new club as “committed to finding spots in your neighborhood or within easy driving or walking distance so that we can deliver an evening of live jazz that’s both accessible and shows respect and love for the creativ-

ity and dedication of the artists.”

For additional information on Nomadic Jazz or upcoming events, visit NomadicJazz.com or follow Nomadic Jazz on Facebook (facebook.com/NomadicJazz) or on Twitter (@NomadicJazz).

Nomadic Jazz is also seeking sponsors for events, as well as jazz musicians interested in performing; for either of these inquiries, email Debbie Hodnett at NJPR@NomadicJazz.com.

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INFORMATION SESSION

📅 Wednesday, May 13 @ 5:30 P.M.
📍 Alexandria Graduate Education Center
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🌐 go.gwu.edu/gsehdinfo

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Standing L-R: Dr. Minh Van Ngo, Dr. David Park, Dr. Cleveland Francis, Dr. Archana Reddy, Dr. Narian Rajan, Dr. Rahsaan Smith

Over the past 30 years, Mount Vernon Cardiology has built an enviable reputation for top-notch cardiovascular care with a personal, caring touch.

And that’s just what they’ll continue to practice alongside their Inova colleagues at Inova Medical Group, a network of more than 400 physicians who are experts in general medicine and adult specialties.

Mount Vernon Cardiology’s four offices, two in Alexandria, one in Lorton and one in Woodbridge, will keep providing a broad range of services and cardiovascular care, guided by the belief that “the interest of the patient comes first.”

For more information about Inova Medical Group visit our website at www.inova.org/inovamedicalgroup



Specialty Beers All Different

BY SHIRLEY RUHE
GAZETTE PACKET

Music blasts out at Port City Brewing Company on Wheeler Avenue. A row of large, stainless steel kettles lines the platform upstairs, each with a specific purpose in the brewing process. Josh Center bolts down 12 metal steps, jumping the last two.

He is monitoring the hop tone and sees the island break in the boil kettle so races downstairs to switch the drain off to the second set of pipes. Then he bounds back up the steps to check the board of multi-colored lights, in this case monitoring the flow of splurge water in the 30 BBL brew kettle that should be coming in and going out at the same rate.

PEOPLE AT WORK

“O.K., he says, “13.5 gallons per minute.” A heavy pungent smell sits in the air over the brew kettle where the grains are mashed for about an hour with water. All Port City beers begin with the same base malt, a Canadian pilsner, “and we add specialty malts to get different flavors, colors, aromas. Aroma and mouth feel are very important for a beer, just like cooking.” The spent grain goes to farmers for livestock, “or sometimes I take home a little.” Center says, “It makes excellent bread.”

It is mid-morning which is the busy time during the 3-4 days a week when brewing takes place. A forklift moves back and forth across the concrete floor carrying pallets of empty beer bottles. The whole process of making this batch of beer will take 2-3 weeks.

When starting a new brew, Center says they begin with a 10-gallon tank, see what they think and then tweak for a second brew and then a third tweak before they work up to their full brew. After the sparging (rinsing) step, the wort (liquid) moves to the boil kettle. “If we are making the Monumental IPA, we add hops all through the 1.5 hour boil process, then throw in a decent size at the end to get out all of the flavor.”

He walks the few steps to the whirlpool kettle where the liquid will sit for 10 minutes. Center opens the lid to throw in some dry pellet hops from a large white bucket. He says that different hops can be added at this stage depending on the beer that is being made.

And, he adds, if they are making the Optimal Wit beer, a large “tea bag” of spices with orange peel, coriander and grains of paradise is lowered into the



PHOTOS BY SHIRLEY RUHE/GAZETTE PACKET

Josh Center adjusts the valve on the brew kettle controlling the temperature on the sparge water to protect the enzymes. Sparging or rinsing is the first step of the beer brewing process at Port City Brewing Company in Alexandria.

tank on a rope, “just like you’re making tea.” The next step is the fermenter with a conical bottom to collect the yeast.

The beer spends a week or so here in primary fermentation. When the yeast has eaten up enough of the sugars, they seal up the tank to build up pressure and begin the process of carbonation. Last step is the bright tank where natural filtration takes place resulting in the clarity of beer. “From here it goes to bottles or kegs depending on demand for certain beers.”

Center disappears momentarily down the steps again, throwing words back over his shoulder, “Woop, have to stop it, don’t want it to clog.” Center says, “I am a paranoid brewer. I like to go around and check all of my valves.”

He said that everything is manual, all the system valves and tubes at Port City. Some large breweries have everything computerized. He stops to check on the temperature again, “real quick.”

He says, “In the beginning I was worried I would open the wrong valve and send all of the hot beer down the drain. But eventually it becomes like a dance.” He says, “We try very hard to take readings and taste at all points to be sure it is within the range of all the other batches we have been tasting but he emphasized, “we don’t taste it all on the same day.”

Center starts work at 5 a.m., and Adam Reza comes for the second shift at 1 p.m. Center says that he and Adam came up with their first beer last year. It is a black IPA that “gets its roastiness from dark malts. We wanted a centennial hop.” He says the beer went through three pilot batches in the public tasting room. As with all tests, it was labeled “suspicious package.” It was ready to be served at Halloween.

Center has been at Port City for two years. He said he learned on the job but it helped that he had been a home brewer before he was hired. He says he never quite got the knack of it until he “got trained by professionals here.” Center has disappeared. Time to check the valves one more time.



Josh Center, brewer at Port City Brewing Company in Alexandria, adds pellets of dry hops to the whirlpool kettle. Different combinations of hops are added to the kettles at different stages of brewing depending on the particular beer.

BULLETIN BOARD

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ALEXANDRIA PUBLIC SCHOOLS

Kindergarten Registration. 9 a.m.-1 p.m. at all elementary schools across Alexandria City Public Schools. Parents are encouraged to walk into their neighborhood school to collect a registration packet. Children must be 5 years old on or before Sept. 30 to register for kindergarten. All children born in the U.S. and who speak English at home must register at their home elementary school, even if they will attend a different school. If a child was not born in the U.S. or does not speak English as a first language, register at the Office of English Language Learner Services at ACPS Central Office at 1340 Braddock Place, Alexandria. Visit www.acps.k12.va.us.

THURSDAY/MAY 7

Chinquapin Park Parking Lot Restriping. All day at Chinquapin Park, 3210 King St. The City of Alexandria asks that park patrons use caution.

Traffic Box Public Art Project Open House. 5-6:30 p.m. at Beatley Central Library, 5005 Duke St. Learn more about the project to be installed on Duke Street, between Callahan Drive and S. Pickett Street. Free. Call 703-746-5590.

SATURDAY/MAY 9

Community Shred Event. 9 a.m.-2 p.m. at 4875 Eisenhower Ave. Commonwealth One Federal Credit Union is offering a free event in which members may bring old, personal documents to be destroyed. Free. Visit www.cofcu.org.

Prayer Walk. 9:30 a.m. at Woodlawn Shopping Center. The City of Hope Worship Center will be having a prayer walk and will pray about crime and homelessness. Free. Call 703-203-8778.

SUNDAY/MAY 10

Mother’s Day Service. 11 a.m.-1 p.m. at the Courtyard Pentagon South, 4641 Kenmore Ave. Envision Bible Church is holding a special service for Mother’s Day. Free. Call 703-683-8154.

TUESDAY/MAY 12

Excellence in Aging Awards. 6 p.m. at Volia Lawson Lobby of City Hall, 301 King St. Individuals and organizations will be honored for their work. Free. Visit www.alexandriava.gov/aging.

THURSDAY/MAY 14

Technology Petting Zoo. 1:30-3 p.m. at Charles E. Beatley Central Library, 5005 Duke St. This is a hands-on learning opportunity to experience iPads, Kindles, iPhones, NOOKs and other tablets and communication devices for those with low vision. Free. Call 703-746-1762.

Ascension Day Choral Evensong. 7:30 p.m. at St.



PHOTO BY EDEN BROWN/GAZETTE PACKET

Plant Sale

The bi-annual Northern Alexandria Native Plant Sale took place last weekend at 1701 N. Quaker Lane in Alexandria. The sale takes place on the last Saturday of the month of April, annually, and again on the last Saturday of September. Farmers and volunteers had a variety of native to Virginia plants — native wild Azaleas, native Clustered Mountain Mint, Virginia Sweetspire — to name a few.

Paul’s Episcopal Church, 228 South Pitt St. Grant Hellmers, Organist-Choirmaster of St. Paul’s Episcopal Church, will direct the Adult Choir in an Ascension Day Choral Evensong. Free. Visit www.stpaulalexandria.com.

SATURDAY/MAY 16

Lemonade Day. 9 a.m.-4 p.m. at Market Square. Non-profit organization Kids Helping Kids will have a lemonade stand in Market Square and more than 30 around the city. Proceeds will benefit at-risk children. This year’s beneficiaries will be A Space of Her Own and Wright to Read. Contact Annie Tuttle at khkalexandria@gmail.com.

MONDAY/MAY 18 & WEDNESDAY/MAY 20

Adult Mental Health First Aid Training Class. 4480 King St., Room 514, Alexandria. Demonstrates the initial help given to a person showing signs of mental illness or a mental health crisis. The eight-hour course teaches risk factors, warning signs and symptoms of mental health and substance use disorders; the effects of the illnesses and an overview of treatments; and a five-step action plan for helping someone with symptoms. For more information about classes, contact Danielle Marshall at 703-746-3523 or danielle.marshall@alexandria.gov. Register at survey.alexandriava.gov/s3/MHFARegistration.

OBITUARY

Glenda B. Harrison

Glenda B. Harrison died peacefully surrounded by her loving family at Manor Care on April 17, 2015, in Alexandria. She was born Nov. 15, 1934, in Lincoln, Nebraska to Lanice Long and Ernest Beauchamp. Glenda married David P. Harrison in Germany in 1957 and was divorced in 1978. She is survived by three children David Harrison, Christine Lane, and Ruth Erbe; nephew John Parks, and grandchildren Esther and Ryan Erbe, and Claire Lane. A graveside memorial service was conducted at 10 a.m. Friday May 1 at Mt. Comfort Cemetery in Alexandria.

Glenda graduated from Mount Vernon High School and earned a BA at George Washington University School of Education. She marched twice as a majorette for the Cherry Blossom Parade in Washington, D.C. She taught elementary school in Fairfax County and at the International Baccalaureate School in Taipei, Taiwan. She also administered defense contracting logistics in the Washington metro area until she retired.

Glenda lived and raised her family in Taiwan from 1965 to 1970 and visited 11 countries. In 1995 she travelled with her Aunt Violet Long to Hilpert, England for genealogical research of the Long family. She enjoyed traveling with her daughter Christine to Hawaii and California, attending her daughter Ruth's concerts with the Maryland Symphony, and attending musicals with her son at the Kennedy Center.

Glenda attended Wesley United Methodist

Church and Immanuel Lutheran Church in Alexandria. She enjoyed playing the piano in high school and swimming at the pool. She enjoyed adopting and feeding birds, dogs, cats, and ducks that would visit her front door. Glenda is remembered for her humor and quick eye for editing. She enjoyed sending news articles to family and friends about their interests.

The Glenda B. Harrison Rose Fund will live as an enduring tribute to Glenda and provides vital funding for cancer research. Donations to The Glenda B. Harrison Rose Fund can be made in the following ways:

❖ Mail: National Foundation for Cancer Research (NFCR)

Attn: The Glenda B. Harrison Rose Fund
4600 East West Highway, Suite 525, Bethesda, MD 20814

❖ Phone: 301-654-1250 or 1-800-321-2873

❖ Online: <http://www.nfcr.org/> From the home page, click on Ways to Give, then Donate In Honor of/Memory of. Please put The Glenda B. Harrison Rose Fund in the field for Honoree Name or Comments field. The National Foundation for Cancer Research is a 501(C)(3) tax exempt charity Tax ID# 04-2531031.

The family also encourages gifts to The Rector's Discretionary fund at St. Christopher's Church, 6320 Hanover Avenue, Springfield, VA 22150. Please write "Glenda B. Harrison Fund" in the memo line of the donation check. See www.saintchristophers.net

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or call 703-549-3383.**

ME & MY MOM

Readers submitted photographs for Mother's Day.



Lily with mom Kathleen Burns of Alexandria. "Lily was adopted from China while we were living in Australia. She was in an orphanage with 156 little girls and it had no glass in the windows, no heat and

few amenities. It was very cold in this huge fortress-like building, so the babies wore several layers of clothing. One marvelous thing was that all the babies had a foster mother who brought the children home at night so they had excellent care, love and attention. There were no diapers there — which is hard to imagine — and no baby formula, with the infants fed boiled rice. When we were posted back to the U.S., I boxed up all the photos of Lily from her first few months and sealed it up for the movers. In the chaos of moving, the box was shoved into a corner and stayed there a long time until I opened it recently and its wonderful contents. Thanks to the Chinese stork, Lily made me eligible to celebrate Mother's Day. She has been a lovely and treasured gift."



Alexandrian resident Mariah with daughters KD and Lillie Soriano celebrating a birthday dinner at Wildfire in Tysons Galleria.



We took my mom out for dinner on her birthday a few weeks ago and then we all had ice cream afterward. This picture is from when we were eating the ice cream, and has my mom, Julie, me, and my sisters Phoebe and Olivia (age 5). It was so yummy! We had a really good time! We love you Mommy!

— MATTHEW SMALLMAN, AGE 8, ROSEMONT



I'm Willa Denton, this is a picture of me and my mom (Julie Denton), on my elementary school promotion. She is always so supporting, helping me even when I'm in a bad mood, I'm so lucky I have her.



Emily Vernon and her first child, young Caleb, enjoy a few moments together in celebration of parenting.



Mother Ann Vernon and three young children, (from left) Hal, Scott and Emily, build one of life's long-term memories on a summer day more than 15 years ago as they make their pick from this litter of golden retriever puppies, naming her Kileah.



Big Brother Will Warchol hides from mom Lauren, dad Michael and baby sister Katia during a pleasant spring day.



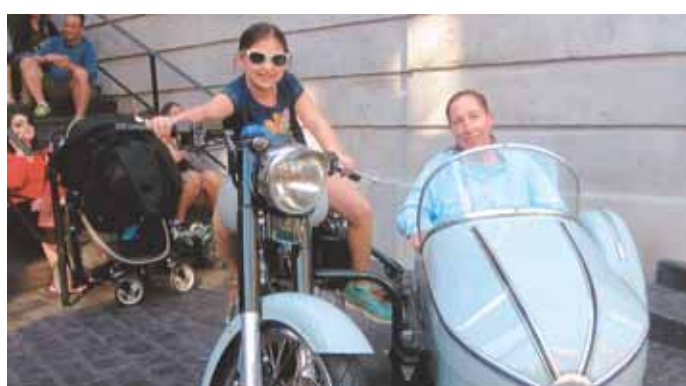
Collin Marquis, 19, with mom Maggie Hagood, enjoying the spring and the blooming cherry blossoms in front of our Alexandria home.

PHOTOGRAPH BY BRIAN MARQUIS



Jessica Gibson of Alexandria with her mom Geraldine Strozier and her son Aidan Gibson

Sisters and moms, Lauren Warchol and Emily Vernon, take a break from enjoying a snowy interlude with Will and dog Tilly, Caleb (left) and Katia.



Stephanie Levy with mom Jill of Alexandria on vacation at The Wizarding World of Harry Potter at Universal Orlando in March 2015.

ME & MY MOM

Readers submitted photographs for Mother's Day.



Janet and Susan Barnett: 1982 ... and now!



Nan Rudin of Alexandria with son Andrew taken in Albuquerque, N.M. in 2012.



Ann Hernly of Alexandria with son Samuel Hernly, on Feb. 17, 2015 were taking a break from playing in the snow during Samuel's snow day.



My Mom is my best friend. When she smiles it makes me laugh. We love walking in Old Town and talking. She is the Best Mom Ever. This is my Mother's Day present to her.

— ADDISON HOOD, 5



Lindsay Hemphill and her Mom, Linda Hemphill, at the NHL Winter Classic at Nats Park on Jan. 1, 2015.



Makena and Molly Kaiman. Makena, 9, is in 3rd grade at Lyles Crouch Traditional Academy.



Dylan and Molly Kaiman. Dylan, 7, is in 1st grade at Lyles Crouch.

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OPINION

Hunger Is Widespread

Saturday, May 9, is the postal carriers food drive; put a sturdy bag with food donation next to your mailbox that morning.

There are families dealing with hunger in every county in the United States, including here in Northern Virginia. In Fairfax, there are 67,190 people who are food insecure, (facing hunger at some point monthly) which is more than 6 percent of the population, according to a report by Feeding America. In Arlington, 8.7 percent of the population is food insecure, 18,750 people. In Alexandria, 10.8 percent of the population faces hunger at least monthly, that's 15,540 people.

You can see the national data by county in an interactive map: <http://map.feedingamerica.org/>

ON SATURDAY, MAY 9, as they deliver mail, postal carriers will collect donations of non-perishable food left by residents near their mailboxes. They will be joined by retired letter carriers, by family members and friends, and by volunteers to help collect and distribute the sacks of non-perishable food items that get left next to mailboxes that morning.

EDITORIAL

People are encouraged to leave a sturdy bag containing non-perishable foods such as canned soup; canned vegetables; canned meats and fish; pasta; peanut butter; rice or cereal next to their mailbox before the regular mail delivery on Saturday. Carriers will bring the food to local food banks, pantries and shelters.

The annual food drive is held in more than 10,000 cities and towns in all 50 states, the District of Columbia, Puerto Rico, the Virgin Islands and Guam. Last year almost 73 million pounds of food was collected in the one-day event for people in need throughout the United States.

CHILDREN ARE AFFECTED by hunger disproportionately, with nearly 30 percent of students in Fairfax County Public Schools poor enough to receive subsidized meals at school, which is an incredible 51,968 students. That percentage is more than 31 percent in Arlington with more than 7,700 students poor enough to get meal benefits. In Alexandria, 60 percent of students are poor enough to get meal benefits; that's almost 8,600 students.

Many of these students go hungry on weekends, during school closures for bad weather and in the summer. More on that soon.

In the meantime, leave a bag of food out by your mailbox on Saturday.

Marking National Drinking Water Week

BY WILLIAM R. WALSH
PRESIDENT
VIRGINIA AMERICAN WATER

About 51 weeks out of the year people tend to forget the value and convenience of having access to clean, safe drinking water at the simple turn of the tap. But this week is National Drinking Water Week, so I thought it an apt opportunity to remind our Alexandria customers that although they may not always be thinking of it, safe tap water is

all we think about on their behalf, 24 hours a day, seven days a week. In fact, we're very pleased to announce we're investing \$4 million this year in the city, to upgrade aging water mains to ensure reliable uninterrupted water service.

COMMENTARY

That's about four miles of main. About half that work (\$2 million and two miles) will take place this spring and the rest throughout the remainder of the year. Replacing these water mains, which range in age from 60 to 100 years old, represents Virginia American Water's commitment

to Alexandria's continued economic prosperity and quality of life for its residents. It's an important responsibility, and we're proud of our record of proactive investment to improve water service reliability and fire protection for the community.

We also greatly appreciate everyone's cooperation and patience while the system upgrades are made. So this week, I invite everyone to pause and think about their water and the amazing feat is to have it treated and delivered nonstop every day for just about a penny per gallon.

LETTERS TO THE EDITOR

Heart Sisters

To the Editor:

As a board member of WomenHeart: the National Coalition for Women with Heart Disease, we are issuing a call to action to improve awareness, prevention, diagnosis and treatment of the number one killer of women — heart disease. Eight million women are living with heart disease in the U.S. and 35 million more are at risk. Heart disease has historically been considered a man's disease and women with heart disease have faced misdiagnosis, social isolation and inadequate treatment.

The quality of care that women receive post diagnosis also needs to improve. These women are more vulnerable to depression

SEE LETTERS, PAGE 11



STEVE ARTLEY/GAZETTE PACKET

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NEWS DEPARTMENT:
gazette@connectionnewspapers.com

Steven Mauren

Editor, 703-778-9415

smauren@connectionnewspapers.com

Vernon Miles

Reporter, 703-778-0960

vmiles@connectionnewspapers.com

Jeanne Theismann

703-778-9436

jtheismann@connectionnewspapers.com
@TheismannMedia

Jon Roetman

Sports Editor, 703-752-4013

jroetman@connectionnewspapers.com
@jonroetman

Steve Artley

Cartoonist

artley@connectionnewspapers.com

ADVERTISING:

For advertising information

sales@connectionnewspapers.com
703-778-9431

Debbie Funk

Display Advertising/National Sales

703-778-9444

debfunk@connectionnewspapers.com

Julie Ferrill

Display Advertising, 703-778-9446

jferrill@connectionnewspapers.com

Tara Lloyd

Display Advertising, 703-778-9447

tlloyd@connectionnewspapers.com

Andrea Smith

Classified Advertising, 703-778-9411

asmith@connectionnewspapers.com

David Griffin

Marketing Assistant

703-778-9431

dgriffin@connectionnewspapers.com

Publisher

Jerry Vernon

jvernon@connectionnewspapers.com

Editor & Publisher

Mary Kimm

mkimm@connectionnewspapers.com
@MaryKimm

Editor in Chief

Steven Mauren

Photography:

John Bordner, Deb Cobb,

Louise Kraft, Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Geovani Flores

Editor Emeritus:

Mary Anne Weber

CIRCULATION: 703-778-9426

Circulation Manager:

Ann Oliver

circulation@connectionnewspapers.com

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OPINION

Thanking Our Teachers Today ... and Everyday

BY ALVIN L. CRAWLEY
SUPERINTENDENT OF SCHOOLS

Throughout Alexandria City Public Schools, there are heroes who welcome children everyday into their classrooms and make sure that each student's unique academic, emotional and social needs are met. These heroes don't let their students give up, no matter how hard the work becomes. They are quick to praise when students succeed, and equally quick to provide support and guidance when students struggle. These heroes serve as mentors and coaches outside the classroom and school house. For many, their advocacy and support of families often extends well beyond the work day and are not defined by the school calendar.

Of course, I'm talking about the 1,400 teachers working throughout Alexandria's 16 public schools who shape the future of more than 14,000 students. One of our elementary school teachers recently said, "I don't want my students to just participate in the world; I want them to change it." And her students feel her commitment. Said one of her students, "She thought if we didn't believe we should move forward, then we would stand still. And standing still gets you nowhere."

Pursuing a teaching career is not for the faint of heart. Nationally, teacher job satisfaction is at a 25-year low, according to the annual MetLife Survey of the American Teacher. The national survey says that more than half of teachers report feeling great stress several days a week. We also know from education research on effective schools and student achievement, and through our own personal

experiences, that teachers are one of the most important variables in the success of students. As a result, Alexandria City Public Schools continues to work towards recruiting, supporting and retaining highly effective teachers. We are addressing these goals by strengthening teacher development, mentoring first year teachers, and offering a range of professional learning opportunities during the school year and through summer academies.

In our own recent survey, the overwhelming majority of teacher respondents believe what is taught will make a difference in the lives of their students. That is a very positive indicator of how our teachers feel about the work they do. I see the effects of that belief system while observing learning-in-action across our schools.

❖ Teachers inspiring and encouraging students to be lifelong learners.

❖ Teachers defining their students by their gifts, not by their disabilities.

❖ Teachers demonstrating the extraordinary ability to tailor their teaching to the specific needs of students.

❖ Teachers believing in their students' abilities to achieve and encouraging them to believe in themselves.

Perhaps this recent statement from one of our students about his teacher sums it up best: "She gives us hard stuff because she knows that we can handle it. She teaches us how to try our best, even on our worst day."

That is a lesson we can all live by! Please join me in celebrating our teachers and thanking them for their service to the students and families of Alexandria.

COMMENTARY

LETTERS TO THE EDITOR

FROM PAGE 10

than men and need access to emotional and psychological support. Women are still not being referred to cardiac rehabilitation in appropriate numbers nor are they enrolling in clinical trials as frequently as men.

If you have heart disease or know other women that do, I invite you to visit www.womenheart.org for essential information on support groups and free educational webinars.

Together, as Heart Sisters, we can reach new milestones in

women's health in the fight against the leading killer of women — heart disease.


Elizabeth Noyes
Alexandria

Potential Cost Overrun

To the Editor:

At the Washington Metropolitan Area Transportation Authority (WMATA or Metro) hearing on the proposed Potomac Yard Metro Sta

SEE LETTERS, PAGE 12



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OPINION

Helping Police Help Community

BY MARK BERGIN

It all started with the dogs. Police canines bond with their handlers and, often, with their families as well. When a police dog gets too old and infirm to perform the challenging, often life-saving tasks required, they are usually allowed to go home with their loving handlers for retirement. They have years of happy life left, but may not be appropriate for adoption by untrained owners.

For years, veterinary costs of these retired dogs were met by the City of Alexandria, at least on paper. But not always in real life, leaving the handler families with significant and ongoing medical costs.

In 2002 the Alexandria Police Foundation was formed, at the urging of then-Alexandria Police Chief Charles Samarra and led by Shawn McLaughlin of McLaughlin Ryder Investments, to fund medical insurance for these important animals. Since then the Police Foundation's focus widened to include providing Segways for patrol officers, underwriting specialized anti-gang training, arranging a grant to operate the APD Wellness Program to promote fitness and health and purchasing the SafeAssured Child ID program for community events.

According to Police Chief Earl Cook, "Without the support provided by the Alexandria Police Foundation, our department would not be able to provide the service, protection or quality of life that those who reside, work, and visit our City have become accustomed to."

The Foundation's biggest effort, however, culminated this year with the dedication of the Alexandria Police Fallen Officers' Memorial, commemorating the lives and service of the 18 officers and watchmen who have given their lives protecting Alexandria since the founding of the Police Department in 1870.

With no city funds available to move forward with a long-planned memorial at police headquarters, the



Foundation, with Chairman Willem Polak, president of Potomac Riverboat Company at the helm, conducted a public fund-raising effort and collected the entire architectural, planning and construction cost of the memorial, which opened this March 28. The 18 officers enshrined on

the glass memorial markers represent the fourth-highest total of fallen among communities in the state of Virginia.

Now, the Police Department and the Alexandria Police Foundation are gearing up for the annual celebration of Police Week.

In 1962, President John F. Kennedy signed a proclamation which designated May 15 as Peace Officers Memorial Day and the week in which that date falls as Police Week. Names of fallen law enforcement personnel are engraved on the walls of the National Law Enforcement Officers Memorial on E St NW in Washington, D.C. and new names are unveiled each year during a candlelight vigil during Police Week. This year, the vigil is May 13, at 8 p.m.

During Police Week, Alexandria hosts the annual convention of the survivors' support group Concerns of Police Survivors (C.O.P.S.) at the Hilton Mark Center on Seminary Road. Hundreds of family and friends of fallen officers from across the nation come together to grieve, learn and bond.

The Alexandria Police Foundation continues its efforts to provide support and enhance the efforts of the Alexandria Police Department. Fundraising is ongoing and tax-deductible donations are always welcome. Its website is alexandriapolicefoundation.org, and may be reached by telephone at 703-746-1909.

Mark Bergin was an Alexandria Police officer for 28 years, retiring as a lieutenant in 2014. Prior to police service, Bergin was a reporter for the Alexandria Gazette from 1983 to 1985.

COMMENTARY

LETTERS TO THE EDITOR

FROM PAGE 11

tion, there was no public consensus around city hall's preferred Option B. However, all the official organs of government, including a representative from the Commonwealth, as well as the Chamber of Commerce, seem united behind it.

The proposed Potomac Yard Station is only the second "in-fill" station to be constructed in the Metro system. The only other one, at NoMa, experienced a huge cost overrun. Slated to cost \$75 million, it ended up costing \$103 million — a 37 percent cost overrun. A metro station sandwiched between an active railroad, wetlands, and parkland quite foreseeably could experience even greater cost overrun.

What is city hall's plan for financing any cost overrun? Who will bear the borrowing and interest costs? What will the Chamber of Commerce say when citizens suggest that, since the Chamber wanted the metro station which

most citizens didn't, a commercial add-on tax should cover any cost overrun?

Dino Drudi
Alexandria

Concerns over Site Plans

To the Editor:

The following open letter was addressed to the Alexandria City Council, School Board, and the Patrick Henry Team.

We, a group of concerned Patrick Henry neighbors, want to summarize our concerns about the site plans presented to the community on April 22 and make some suggestions.

Design concerns:

❖ **School Buildings:** Designs that "anchor" the school at the corner of Latham Street and Taney Avenue, and any design that places buildings on Latham go against the neighborhood's character. This is a quiet, suburban neighborhood.

❖ **Recreation Center:** Adding such a large recreation center overloads the site. Parents emphasized that it was necessary for after-school programs. A smaller, attached rec center or an expansion of the school gym could meet this need. A 2008 study proposed an expanded rec center that would better fit the neighborhood and meet the needs of the school and community.

❖ **Outside Field:** We prefer designs that keep the fields along Latham. The presence of the school is obvious while it preserves the character of the neighborhood.

❖ **Parking:** Any parking or entrances on Latham are a major concern. This would disrupt the traffic patterns on our narrow streets. We ask that no entry or exit, or parking lots be placed on Latham.

The city's own planning documents recognize the different character of Latham, a narrow street. Taney Avenue is classified

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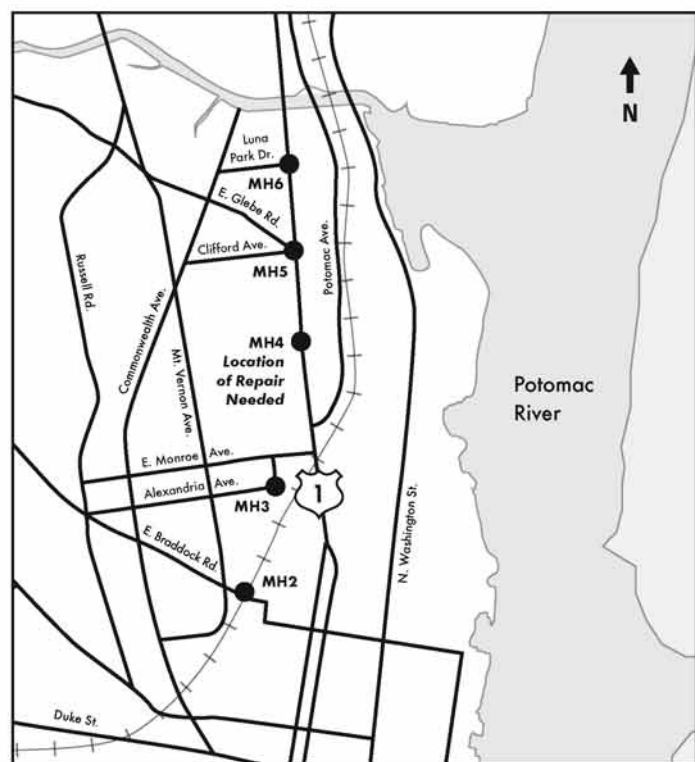
Dominion Virginia Power is committed to continually enhancing and improving reliability for our customers. We are continuing to make repairs to several underground fiber lines in the area along Jeff Davis Highway at Bluemont and Swann Avenues in Alexandria, Virginia, over the next several weeks.

Due to recent inclement weather and other unforeseen circumstances, these repairs will continue through mid-May 2015. This work will continue to impact the northbound lanes of Jeff Davis Highway between Custis Avenue and East Glebe Road. Work will be conducted Sunday through Thursday, 9:00 pm – 4:30 am. There will be temporary lane detours surrounding each work site.

We are working with the city of Alexandria and VDOT as we plan our work activities and schedules to minimize disruption for vehicular and pedestrian traffic.

We appreciate your patience as we complete this important project in your area.

If you have any questions, please visit our website at www.dom.com, key word: *Route1*, to find a map which illustrates the work locations or contact our Transmission team at powerline@dom.com or (888) 291-0190, Monday – Friday, 7:00 am – 5:00 pm.



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LETTERS

FROM PAGE 12

as a “residential collector” by Alexandria City’s Major Thoroughfare Plan and its Comprehensive Transportation Master Plan. Latham is classified as “local or residential.” The plans state that “local traffic should be encouraged while cut through traffic should be limited and discouraged.” The Neighborhood Traffic Calming Program has a goal to “provide protection to residential neighborhoods from traffic operating at excessive speeds and excessive volumes of traffic.” The Seminary Hill/Strawberry Hill Small Area Plan states that “protecting residential sections from non-local traffic” is one of its objectives.

Any access point on Latham would be in direct violation of the city’s own plans.

Capacity concerns:

Some of the neighbors have voiced their concern about site capacity. How many people will really be added to the neighborhood? The increase in population will have the following impacts: added traffic, a drop in real estate values, and security issues. Two of these concerns are addressed below.

❖ Real Estate Values

The addition of a larger recreation center, the overloading of the site, and the loss of natural setting may reduce real estate values, thus decreasing the city’s residential tax base. The property owners bought their property before plans were made to change the neighborhood’s character. One of the determining factors for most was the quiet, suburban feel of the neighborhood.

The West End of Alexandria has already seen development in the form of the BRAC and the Beauregard Small Area Plan pressing in on our small neighborhoods. This must be considered.

❖ Safety and security

The neighborhood will have a larger number of people coming to the site. While most will be there to enjoy the facilities, a small number of people will use it for illegal purposes. The designs feature a large recreation center surrounded by a fire lane at the back of the site along the woods. Criminal activities could occur there, a danger to all nearby residents.

Suggestions and Questions:

Although the community meet-

ings in March and April come late in the process, we appreciate the efforts to integrate our concerns. We offer the following suggestions:

❖ The designs that best conserve the suburban feel of this neighborhood are those keeping the fields along Latham.

❖ The school gymnasium could be used and expanded, or a smaller recreation center be attached, to provide after school services.

❖ We request that no entry/exit point or parking lots be placed on Latham Street.

❖ We request that a different site be considered for the recreation center. Alternatively, we request that a smaller recreation center similar to the plans in 2008 be considered.

Some questions are still pending:

❖ Who requested a new recreation center on this site?

❖ What facts justify the site and scale of the proposed recreation center?

❖ Why were the 2008 plans abandoned?

❖ If the city requested the recreation center, why was a site chosen in a quiet, residential part of the city?

❖ What will be the cost of the larger proposed recreation center to the taxpayers?

Mary Biegel

This is a condensed version of a letter signed by over 40 members of the neighborhood surrounding Patrick Henry Elementary School.

Importance of Development

To the Editor:

Bill Euille has been an excellent mayor. I have not agreed with him on all issues, especially his vote approving the move of the Bergerie Restaurant into my residential neighborhood. But he, unlike most politicians, has been willing to expend political capital to pursue goals he sees as important for the city’s future.

It took great political courage, for example, to gain approval of the city’s waterfront plan in the face of strenuous opposition. And he works at his job 24 -7.

Kerry Donley was an effective mayor too. However, entry into the current mayoral race will act as a

spoiler and all but guarantee the election of Allison Silberberg, the third mayoral candidate in the

Democratic primary. Euille and Donley will split the vote of those who see development as generally positive for the city. Donley argues that the current mayor has not pushed economic development energetically.

But the commercial real estate market in the entire Washington area is very weak currently. (It is true that the city and the Chamber of Commerce, which jointly run the Alexandria Economic Development Partnership, are not competing well with neighboring jurisdictions nor spending adequately to do so.)

In my view, Allison Silberberg will be a disaster as mayor. She is a populist, telling people what they want to hear, rather than leading.

Often she has proved indecisive as a council member and sometimes appears not to have fully studied issues and staff memos. Several times she has chaired council meetings and demonstrated an inability to work with the other Democratic members or move issues along expeditiously.

Silberberg, in what will be a low turnout primary, will attract the Republican cross-over vote mainly in Old Town (most of whom oppose the waterfront plan), others who see development as a conspiracy between the city and the developers, and many woman who will vote mainly on gender.

H.J. Rosenbaum
Alexandria

One-Party Rule

To the Editor:

It is hard to fathom the differences between the candidates in the Gazette’s account of the recent debate between mayoral candidates William Euille, Kerry Donley and Allison Silberberg (Gazette Packet, April 30, 2015, p. 1). What this appeared to be was not a debate over real political differences or alternative visions for the city, but rather

something akin to the political “differences” Gulliver discovered in Lilliput. In the famous Jonathan Swift novel, “Gulliver’s Travels,” Gulliver is shipwrecked and finds himself on the island of Lilliput.

Among the many strange things he learns (all the people are about six inches tall, for example) is that the Lilliputians have a major internal dispute surrounding the correct end to crack a hard boiled

Write

The Alexandria Gazette Packet welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.
Email: gazette@connectionnewspapers.com

SEE LETTERS, PAGE 24

WWW.CONNECTIONNEWSPAPERS.COM

Reacting to Proposed Station

FROM PAGE 3

Jack Summe, a resident of the nearby Potomac Greens neighborhood, was the first to speak at the public hearing. Summe works at the Pentagon and moved to the area with his family for a safe and friendly environment, but says this metro yard would be installed right in his backyard. After a pause, he said that he supported the construction of the metro station and supported build alternative B in particular.

"Alternative B clearly meets the intent of the Potomac Yard Metro Station," said Summe.

The crowd at the public hearing was fairly evenly divided between those supporting the new metro station and those opposed, either to the whole project or to certain facets. Aimee Custis, a communications officer with the Coalition for Smarter Growth, said the metro station is walkable and inclusive, and endorsed Alternative B as the best solution.

"Alternative B will have an impact on the parks," said Curtis, "but we support the mitigation measures and the plan is closer to the planned mixed use development. Alternative B is critical to supporting this development."

Walter Clarke, chairman of the Board for the Alexandria Chamber of Commerce, endorsed Alternative B as the most commer-

cially viable option.

However, not all of those at the public meeting were as enthusiastic about the new station.

"I've been a metro rider for all the time I have lived here, but the Metro bus can fill the need for mass transit," said Dino Drudi. "[Bus rapid transit] can distribute all the people who would use the metro and it's far less expensive. WMATA is over allocating, trying to do too much and it can't do it all well."

Most of the complaints regarding the proposed metro station came from local neighbors concerned about safety and those worried about the stop's impact on the George Washington Parkway.

"Alternative B damages the George Washington Parkway," said Katy Cannady. "Even if you don't care about American history, this is the nicest drive in the city. We should not even be considering this."

Like Drudi, Cannady called for the city to consider bus rapid transit as an alternative to the metro station. However, if the city was intent on having a metro station, Cannady said option A was the best out of a set of undesirable options.

Ashe said that the comment period on the Potomac Yard Metro station is open until May 18. On May 20, City Council will make a selection on its preferred alternative.



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Salvation Army's First Sustainable Garden

Construction has begun on the Salvation Army's first urban garden in the metro area. Nearly 100 volunteers from Fannie Mae started work on Tuesday afternoon, April 28, at the Salvation Army Alexandria on Mt. Vernon Avenue.

Funding for the planned garden space came from a \$40,000 grant from Rebuilding Together Alexandria.

The garden, designed by Anacostia-based nonprofit DC Urban Greens, features two 80-ft. growing tunnels, trellises, a pollinator bed and compost bin, flowering plants, blueberry shrubs, small trees and lots of vegetables. Initial plantings include strawberries, lettuce, eggplant, kale, collards and cucumbers. When ready, The Salvation Army will use the vegetables as a supplement to its food pantry program.



Work begins on constructing two 80-ft. growing tunnels behind The Salvation Army on Mt. Vernon Avenue in Del Ray.

PHOTOS BY
LOUISE KRAFFT
GAZETTE PACKET



Volunteers work on a mural designed by artist Chad Brady.



Artist Chad Brady works on a mural he designed on a brick and cinderblock wall behind one of The Salvation Army temporary residences on Mt. Vernon Avenue.

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Sarah Barnett 703.785.4923
ARLINGTON \$ 2,150,000

Newly renovated classic brick home; dramatic portico; features new 3rd floor; premium kitchen with SubZero fridge, Wolf stove with 6 burners, 2 ovens and oversized SS sink; Master + 5 bedrooms; 3.5 baths; attached 2-car garage; basement and breathtaking oversized lot with beautiful creek next door.



Jim Harvey 703.380.4680
ALEXANDRIA / Plymouth Haven \$ 850,000

Gorgeous 5BR/2.5BA split level home with incredible yard. Outdoor living and relaxation is easy at one of the poolside decks or patios. Beautiful views all year long as house is directly across the street from F1 Hunt Pk and seconds from GW Pkwy/Mt Vernon Trail. The addition houses Master suite and family room.



Leah Chapla 703.929.4875
ALEXANDRIA / Mt Vernon \$ 615,000

This stately home has the popular open floor plan that everyone is looking for + major renovations, upgrades & updates. Beautiful kitchen with "Wood Mode" cabinets, granite and SS with island/seating space. BAs redone, windows/doors replaced, hardwoods refinished. 5BR/3BA



Mike Lekas 703.927.9895
ALEXANDRIA / Cameron Station \$ 850,000

Well appointed end townhome with refinished floors, custom bookcases, walls of windows, wood blinds and shutters, architectural details, updated systems. Private rear deck and patio. Gourmet kitchen with maple cabinets, granite, 5-burner cooktop, double wall ovens. Luxury owner's suite with upgraded tile in bath.



Margaret Ruhe 703.599.7527
ALEXANDRIA / Huntington Sta. \$ 569,900

Convenient living... Huntington Metro is right across the street! 2-car garage Colonial townhome has 3-levels, 3BR/2.5BA, open floorplan, fireplace, deck overlooking courtyard. LL family room could be 4th bedroom. Laundry on UL. Xtra storage in garage. Reach Old Town, airport, Pentagon via Metro.



Inderjeet Jumani 703.472.8804
ALEXANDRIA \$ 580,000

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Val Klotz 703.362.2891
ALEXANDRIA / Wessynton \$659,000

Mid-Century Modern contemporary 4BR/3BA home in park-like setting. Floor to ceiling windows, renovated eat-in kitchen with cherry floors and granite counters, skylights, 2 fireplaces, refinished wood floors. Community boat launch leads to Potomac River, hiking trails, tennis, and pool. Commute via GW Pkwy.



Margaret Ruhe 703.599.7527
ALEXANDRIA / So. Meadows \$ 255,000

Lovely and largest patio unit with 2BR/2BA in the community. Ideal for roommates with split bedroom plan. Separate dining room. New granite and new appliances in kitchen. Great sunroom bump out. Fireplace. Overlooks green space for privacy. One assigned parking. Community outdoor pool and tot lot/playground.



Mary Lou Sage 703.851.5441
ALEXANDRIA / Ford's Landing \$ 945,000

This sunny Franklin Model has 3BR/2BA and a one-car garage with tandem parking in the back of the home. Features include hardwoods, renovated kitchen, updated baths, 2 wet bars and 2 fireplaces. Large Master Suite on the top floor with cathedral ceilings and fireplace. Balcony off the living room.



Christine Vanderhyde 703.309.2829
ALEXANDRIA \$ 639,900 OPEN SAT. 1 - 4

Wonderful townhouse on a park-like courtyard just across from Belle Haven Country Club. Largest model with separate dining room. Spacious 3-level brick Colonial with options for both comfortable and contemporary living combining formal and casual elements thru-out. Many updates.



Julia Martin 703.850.5543
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WELLBEING

Healthy Relationships for Life

Researchers say
meaningful friendships
help preserve health.

BY MARILYN CAMPBELL
GAZETTE PACKET

Bill and Betty Kenealy, of Springfield, make it a point to socialize regularly with their long-time friends, many of whom are other couples they met through work and through the activities of their five children. They've watched their children become adults, worked, retired and even survived cancer. Now they're living together in a retirement community in Springfield. Bill is 85 and Betty is 81. "We enjoy meeting for dinner on a regular basis or playing cards or dominoes and Bingo," said Bill.

One of those couples is George and Peggy White, both 80. They met when Bill and George were stationed together in the military. Both couples speak fondly of the strength they get from their friendships.

"All of us have different stories and have different backgrounds," said Peggy White, 80. "It's been an interesting and rewarding."

Healthy friendships and strong social connections provide more than interest, say researchers. They are vital to one's mental, physical and emotional wellbeing.

A study by the National Institutes of Health show that people who are socially isolated are more likely to die of heart disease than those who have close relationships. While it might be more challenging to make friends as one ages, the benefits are worth the effort say researchers.

"Research shows that social connections are more important for health, longevity and cognitive functioning than any other variable," said Linda Guly, professor of psychology at Marymount University in Arlington. "Social support ... increased likelihood of getting proper health care, compliance with health treatments, diet, activity [and] mental health."

A HEALTHY SOCIAL NETWORK is credited with longevity. "Social support at all stages of the lifespan reduces people's stress levels, and this in turn promotes physical health," said Linda Cote-Reilly, Ph.D.,

associate professor of psychology at Marymount University. Seniors who have active social connections are better able to fight disease, they experience greater psychological well-being and reduced incidence of depression, Cote-Reilly said.

Social isolation can lead to depression and physical health issues.

"One of the things that research has shown is that social isolation is a killer," said Dominique S. Hubbard, professor of psychology who studies social exclusion and ostracism at Northern Virginia Community College. "One of the most fundamental things that we need is meaningful social connections and a sense of belonging."

In fact, researchers point to a variety of studies that link health and longevity with fulfilling relationships.

"There is this really amazing study done in Alameda County, Calif., that followed almost 5,000 residents for nine years, and found that the best predictor of mortality rates were people who indicated they had few meaningful relationships, meaning that people who answered they had many meaningful relationships were more likely to be alive than those with few," said Georgeana Stratton, Ph.D., (associate professor of psychology at Northern Virginia Community College in Sterling. "Even when they ... only look at people with cancer or heart disease, they still found that those with many meaningful relationships did better than those who

"One of the most
fundamental things
that we need is
meaningful social
connections and a
sense of belonging."

— Dominique S. Hubbard,
professor of psychology

answered few.

"Their social relationships were the best predictor of health and death, meaning it predicted better than other things they measured like smoking and stress," said Stratton.

Seniors are more susceptible to the harmful effects of a dearth of companions. "Isolation is potentially very damaging to all of us, but most especially to seniors," said Pamela Stewart, assistant dean of psychology, Northern Virginia Community College, Annandale campus. "Friendships keep us balanced and generally more positive. They help to keep us busy, can give us a focus and keep us more happily engaged in the world around us."

Retiring and relocating creates challenges when attempting to maintain existing friendships. "Unfor

SEE FRIENDSHIPS, PAGE 19

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

MAY

5/20/2015...A+ Camps & Schools, Proms, Summer Planning
Memorial Day is May 25

5/27/2015Summer Fun, Food, Arts & Entertainment

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6/10/2015 Father's Day Dining & Gifts

6/10/2015 HomeLifeStyle

6/17/2015 A+ Graduations & Summer Learning

6/17/2015 Father's Day Dining & Gifts

Father's Day is June 21

6/24/2015 Independence Day Preview

6/24/2015...Professional Profiles & Business in the Community

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Friendships Preserve Health

FROM PAGE 18

Unfortunately, for many the pool of friends becomes smaller as one ages," said Stewart. "We lose touch with our former work mates and a fair percentage of our friends may have moved away or passed away."

Those who are no longer in situations that offer natural opportunities for social interactions can still recreate a circle of friends.

"Seniors can replace those by adding new things," said Hubbard. "Consider joining a class or a bridge club. The key is to have consistent, positive interactions."

Donating one's time offers an opportunity for staying connected.

"Volunteering at a local school or animal shelter or even getting a part time job is a great way to meet people and stay engaged and current," said Joyce Schwartz, a geriatric social worker who lives in Potomac, Md. "Pursuing a hobby, working out a gym or attending lectures are good too, especially if they're free or discounted activities for seniors."

STILL, STAYING ENGAGED socially and developing new friendships can become increasingly challenging, as one gets older.

"Physical disabilities and illnesses can increase the likelihood that a person is hospitalized or homebound in later adulthood, which can lead to social isolation and depression," said Cote-Reilly.

Also important, said Cote-Reilly, is distinguishing connections that offer positive social interaction from those that simply provide contact with another person. "Social support means, 'Does this individual feel supported by those in his or her life?' It doesn't mean the number of friends or support persons one has," she said. "Older adults who have a lot of social interaction because they need assistance with activities of daily living ... do not experience these interactions as positive. People are helping them because they have lost the ability to do the tasks themselves."

While social media has made staying in touch with friends easier for some, there are dangers. "Unfortunately, there is a negative correlation between time spent on social networking sites and the internet in general and the time spent with friends," said Stratton. "Also, several studies indicate that more time on Internet predicts depression. So while in-person relationships are great buffers for stress and protect physical and mental health, online relationships may actually... hurt mental health and social connections."

Special Visitor

Patients at Children's National Health System were surprised by a special guest on April 29. Miss Virginia USA,

Laura Puleo, stopped by to visit with patients, family and staff on the surgical care unit. This inpatient unit at Children's National treats children with specialized surgical needs such as orthopaedics, general pediatric surgery, and trauma and burn cases. During her visit, Miss Virginia also went to the outpatient genetics clinic where she met with Daniel and Erin Sheldon and their son, Ethan, of Alexandria.



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ENTERTAINMENT

Pizza Chef Evan Buchholz Heats up Rustico

Making 130 pies a day is a labor of love for this pizza-maker.

By SHIRLEY RUHE
GAZETTE PACKET

Evan Buchholz pulls a wad of dough out of a large bucket onto Rustico's kitchen counter. He cuts the dough into 11-ounce strips "enough to make 25 14-inch pizzas. I make over 130 pizzas a day." This dough had been made yesterday and had been retarding in the refrigerator overnight. That allows it to proof and give it the flavor. The dough balls get moved to proof boxes for up to two more days for bunching and shaping. He says the current customer pizza favorite is "Butcher's Block," a combination of capicola, salami, in-house made sausage, pepperoni and provolone cheese, "of course with the house-made San Marzano sauce cooked 2.5 hours, always by the same person. It's a labor of love."

Buchholz takes a ball of dough that has been resting. He says with a wisp of a smile, "see how relaxed it looks?" His hands pull the dough first one direction, then another until it is stretched thin. "Some people believe in tossing the crust, but we stretch it out thin inside and to get the nice crust on the outside." As each is finished, he lines up the empty crusts on a rack 20 pizzas high and creates each one as it is ordered. Today he is making a mushroom pizza, "my own personal favorite."

Dipping into the container of mushroom cream with a scoop, he spreads the sauce around the crust "so everyone can get a taste of it on the pizza." Next he sprinkles fresh spinach to give the pizza some body and arranges the green



Buchholz pops the mushroom pizza into the oven, which is 500 degrees with 800 degrees and the top.

leaves on the circle "to make it look appetizing." Now the pièce de résistance, the sautéed combination of shallots and garlic in Chablis with a mushroom combo of oysters, shitakes and creminis. Dollops of white goat cheese add a slightly tangy flavor and pattern of colors. He carefully edges the wooden paddle under the pizza.

Flames leap inside the open oven where he coaxes the pizza off the paddle to cook for 4-6 minutes. "The floor of the oven is 500 degrees with 800 degrees on the top, and the heat circulates to give it that nice crust." The restaurant sometimes suggests food pairings with its sizable beer selection. He says, "Beer is much better with food. Rustico is having a whole week dedicated to beer and food May 12-18. For instance, with the mushroom pizza I'd probably suggest a scotch ale because of the maltiness or go to the other end

with a saison because of the herbs in the beer, complementary to the mushroom flavor."

Buchholz says this is a neighborhood restaurant. "I see some of the same people every night. There is a section at the bar that on any given night I see 5-6 people I know. They stop by to say 'hi' to Jim at the bar or to chat me up." He continues, "it's always fun to try a new thing for the regulars; that keeps people excited." He remembers a pumpkin pizza puréed with a lot of cheese that he tried last year. "It was delicious." Rustico likes to use fresh ingredients from local farmers. Sometimes Buchholz stops by his neighborhood farmer's market at Mount Vernon, "and I pick up a crate of apples. I paired it with spinach and ham. What I find, I translate into a pizza with that ingredient." But he thinks there aren't as many trends in pizza as with other foods. He says,



Spinach is scattered on the pizza to add body with dollops of goat cheese sprinkled throughout.

pepperoni is always the all-time favorite. "It's never going to go away. Well, we did introduce our gluten-free crust, and people went crazy. And Friday seems to be family night when the kids come home from school and nobody wants to cook."

After graduating from Le Cordon Bleu Institute of Culinary Arts in Pittsburgh, Buchholz worked at the Rustico at Ballston before transferring to the one on Slater's Lane in Alexandria. He comes to

work at 8 a.m. and leaves "ppppppff, at 8 p.m. or closing." Before that, "I was at Rosa Mexicana. But pizza was more my wheelhouse." He says when he was 12 years old, his mother said he wasn't going to leave home without knowing how to cook. So she told him he could cook whatever he wanted for a week in the summer. He made, "ground beef tacos with a lot of cheese and more ground beef tacos with lots more cheese..."

CALENDAR

Email community announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

"Attics and Alleys." Saturdays in May, 9 a.m.-12 p.m. at various locations. Guests are invited to take a walking tour through historic sites like Gadsby's Tavern Museum, The Apothecary Museum and the Carlyle House in honor of National Preservation Month. Tickets are \$35. Visit www.alexandriava.gov for more.

"Tempo & Pause" Exhibit. Through May 11, various times at Principle Gallery, 208 King St. Find cityscape paintings by Greg Gandy and Valerio D'Ospina. Free. Visit www.principlegallery.com.

"The Odd Couple." Through May 16, Wednesday-Saturday at 8 p.m. and 3 p.m. on

Sundays. The Little Theatre of Alexandria, 600 Wolfe St. The LTA presents a twist on the traditional comedy with female characters. Tickets start at \$19. Visit www.thelittletheatre.com.

"COMPARTMENTALIZED." Through May 17. 10 a.m. - 4 p.m. Monday-Friday and during performances at The Rachel M. Schlesinger Concert Hall & Arts Center, Margaret W. and Joseph L. Fisher Art Gallery at the Alexandria Campus of Northern Virginia Community College, 5000 Dawes Ave. The exhibit, featuring Lang's assemblages of photography, digital photomontage, and found objects will be on display. Free. Visit www.schlesingercenter.com.

Art Exhibit. Through May 31. Athenaeum Gallery, 201 Prince St. "Rara Avis" is an exhibition of bird-centric works of Beverly Ress, Langley Spurlock and Martin Tarrat in the Athenaeum Gallery. Admission to the gallery is free. Visit www.nvfaa.org.

Eunsook Lee: "Dispersed Family." Through May 31. Gallery hours at The Target Gallery, 105 North Union St. Eunsook Lee's exhibit of black light threads sealed and laminated

alongside images and other materials will be on display. Admission is free. Visit www.torpedofactory.com.

"MIX: Adventures in Mixed Media." Through May 31 at DelRay Artisans gallery, 2704 Mount Vernon Ave. Artists mix two or more mediums for this exhibition collaboration between Del Ray Artisans and Artistic Artifacts. See www.TheDelRayArtisans.org.

"Perceptions" Through May 31, 11 a.m.-6 p.m. at The Associates Gallery at the Torpedo Factory, Studio 319, 105 N Union St. The "Perceptions" exhibit will feature 3-D artist Erika Cleveland, painter Ellen Delaney, graphic artist Kara Hammond, and street photographer Val Proudki. Free to attend. Visit www.torpedofactory.org.

Nine Paintings from John Chapman. Through May 25, 9 a.m.-4 p.m. at the Donald W. Reynolds Museum and Education Center Mount Vernon, 3200 Mount Vernon Highway, Mount Vernon. Nine unique paintings by the Virginia born artist John Gadsby Chapman (1808-1889) illustrating landscape scenes important to George Washington's biography are on view.

Visit www.mountvernon.org.

"Paws 'N Claws for Art." Runs through May 31 at Vola Lawson Animal Shelter, 4101 Eisenhower Ave., Alexandria. Del Ray Artisans and Animal Welfare League of Alexandria teamed up to present this animal-themed, fundraising exhibit. Both nonprofits receive a percentage of each sale. Also showing, but not for sale, will be UpCycle's Fur-Vor project community-based student-recycled dog art. Visit www.TheDelRayArtisans.org/GWW for more.

"Intricacies" Exhibit. Through Sunday, May 31 at various times at Convergence, 1801 N. Quaker Lane. Artist-Photographer Nina Tisara unveils her "Intricacies" exhibit, a collection of mosaics. Visit www.ourconvergence.org.

"Living Yesterday Today." Through June 14 at various times at Multiple Exposures Gallery, 105 N Union St. "Living Yesterday Today" is an exhibit featuring photography by Sandy LeBrun-Evans following 150th Civil War Reenactments. Free to attend. Visit www.torpedofactory.org.

"Paintings of the Potomac Valley Watercolorists." Through June 28, 9 a.m.-4:30 p.m. Monday-Saturday, 12-4:30 p.m. on

ENTERTAINMENT

Sunday at Green Spring Gardens, 4603 Green Spring Road. Find watermedia floral and landscape paintings. Free to visit gallery. www.fairfaxcounty.gov/parks/greenspring.

Alexandria Cars & Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

George Washington's Mount Vernon has joined Thomas Jefferson's Monticello and James Madison's Montpelier to expand the "Presidents Passport," Virginia's premier presidential trail. As an added bonus to this year's program, visitors to the Alexandria Visitors Center at 221 King St. showing or purchasing a ticket to any of the three presidential estates will, upon request, receive for free Alexandria's "Key to the City" pass, which grants access into nine historic sites and museums in Alexandria-a \$26 added value. Visit www.PresPassport.Monticello.org for more.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m. to 5 p.m., Sundays noon-5 p.m. Fort Ward Museum 4301 West Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. Noon at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org/ for more.

Second Thursday Music. Athenaeum, 201 Prince St. 7 pm. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk has been a weekly event at Huntley Meadows since 1985. It takes place every week, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free of charge, requires no reservation, and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

Art for Life. Third Thursday of every month. 4:30-7:30 p.m. at Torpedo Factory, 105 N Union St. Hyatt Regency Crystal City has partnered will the National Kidney Foundation for a program highlighting a different artist each month for a year.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more. Free. Visit www.alexandriarchaeology.org.

CAMPS, CLASSES & WORKSHOPS

Tiny Dancers 2015 Summer Camps. Each session includes daily instruction in ballet, a snack, fine motor exercise through a theme-related craft and a favorite story with dress-up dance interpretation. The session culminates with a recital and reception for family and friends. Tiny Dancers is a program designed for ages 2-12, featuring a performance based ballet, tap, jazz and musical theater curriculum. The Alexandria studio is located at 621 S. Washington St., Old Town

Trace Monotype Workshop Will Make an Impression

As an extension of the Del Ray Artisans' "MIX: Adventures in Mixed Media" exhibit, the gallery is offering a trace monotype workshop May 16, 10 a.m.-12 p.m. Artist Katherine Rand will teach a class on the printmaking technique which turns line drawings into prints. Participants will use a Plexiglass plate to create an image on paper using ink and "mark-making" tools. The workshop is \$35 for Del Ray Artisans members and \$45 for non-members. There is an additional \$6 supplies fee.



"To Be the Pretty Girl" by Katherine Rand

Alexandria. Call 703-739-0900 or visit www.tinydancers.com for more.

Art League Summer Camps.

Registration for Summer Art Camp 2015 is now open.

Art Camps run Monday to Friday, June 22-Aug. 21. Camps are available for ages 5 and older, with morning, afternoon, or all day options. Subjects include: drawing, cartooning, painting, photography, ceramics, sculpture, jewelry, fiber arts, clay animation, and Basic Art Camp (a new medium each day). \$155-\$345. Visit www.theartleague.org/content/art_camp for more.

Encore Choral Summer Choral Institutes.

Encore Summer Choral Institute at Washington College in Chestertown MD runs from June 14-18 and Encore Summer Choral Institute at Chautauqua Institute in Chautauqua, NY from from Aug.30-Sept. 4. Sponsored by Encore Creativity for Older Adults, the nation's largest choral singing program for adults 55 and older, the institutes attract adult students from all over the country, at all levels of vocal experience, for a week of intensive choral music study. For information and pricing, call 301-261-5747, email info@encorecreativity.org or visit www.encorecreativity.org.

Summer of Smiles. The Recreation, Parks and Cultural Activities' Summer Fun Guide, is now available. Summer camps and activities are available for youth ages 2-17 and include sports, dance, creative arts, computer, chess, enrichment, nature, adventure, Out of School Time (residents only) and classic camps. The guide has an index listing camps by week offered and age group. Registration opens Wednesday, March 18 for City of Alexandria residents and Friday, March 20 for nonresidents. Interested participants may register online or in-person at the Lee Center, 1108 Jefferson St. The Summer Fun Guide is available for download at www.alexandriava.gov/Recreation. Free printed brochures will be available at City Hall, recreation centers, and public libraries. Call the Registration and Reservation Office at 703-746-5414.

Tavern Toddlers. Every Monday (except Federal Holidays) 10:30-11:30 a.m. Gadsby's Tavern Museum, 134 North Royal Street, Alexandria. Join other families with toddlers (walkers through 36 months) to have fun in Gadsby's historic ballroom. Playtime features a craft table, book corner, toys and group dancing. \$7

for a group of three. Visit www.alexandria.gov/gadsbystavern or call 703-746-4242.

Photography Workshop. 10:30 a.m.-12 p.m. at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Community Yoga. Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit www.532yoga.com.

Tween Yoga. Thursdays, May 28-July 16. 4-5 p.m. at at 532YOGA, 532 N Washington St. Suite 100. 532Yoga uses yoga to help tweens develop greater self-confidence. The workshop fee is \$125 or \$20 for drop-in classes. Visit www.532Yoga.com.

THURSDAY/MAY 7

Mini-MIX-Art Make & Take Workshop. 6-9 p.m. at DelRay Artisans gallery, 2704 Mount Vernon Ave. Del Ray Artisans and Artistic Artifacts, a local arts and crafts store, will offer workshops and classes for anyone interested in mixed media. Free. Visit www.thedelrayartisans.org.

THURSDAY-SATURDAY/MAY 7-9

"Anne and Emmett." Various times at MetroStage, 1201 N Royal St. "Anne and Emmett" is an imagined conversation between 14-year-old Emmett Till and 15-year-old Anne Frank, both young victims of racial violence. Tickets are \$35, \$25 for students. Visit www.metrostage.org.

MAY 7-JUNE 1

"Printed Art: The Potomac."



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Needed: Hispanic singers/dancers/actors in their twenties, a few in their middle-ages, and an older abuela. Musical and dance styles include rap, hip-hop, merengue, salsa, and contemporary Broadway. Additional roles for African Americans and other minorities as well. Details listed under the pull-down "auditions" button on our website.

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Saturday, May 9th at The Lyceum
 201 S. Washington St., Alexandria, VA 22314
 In English: 2pm • En Español: 4pm

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 Catholic Church**
Mass Schedule



Monday 6:30 pm Mass (Español)	(en Español); 6:30 pm
Saturday Evening 5:00 pm Vigil Mass	Weekday & Saturday
6:30 pm Vigil Mass (en Español)	Mornings: 9:00 am Mass,
Sunday 7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm	preceded by Rosary (on First Friday, Mass followed by Eucharistic Adoration) Thursday & First Friday of the Month: 7:30 pm Mass (Español) preceded by 7:00 pm Eucharistic Adoration


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ENTERTAINMENT



PHOTO CONTRIBUTED BY MICHAEL DEBLOIS.

“Stick Fly” at Port City Playhouse. Playwright Lydia R. Diamond's comedy-drama about a well-to-do black family's summer holiday continues its run at 1819 N. Quaker Lane. Performances are May 8-9, 12 and 15-16, at 8 p.m.; and May 9 and 16, at 2 p.m. Tickets \$18 and \$16. Visit www.portcityplayhouse.org.

Gallery hours at The Art League, 105 North Union St. The Art League presents a series of linocuts by John Gosling depicting the Potomac. Free Visit www.theartleague.org.

FRIDAY-SATURDAY/MAY 8-9

Hollin Hall Art Show. 1-3 p.m. on Friday, 12-3 p.m. on Saturday. Senior artists will display and sell their art in connection with the month-long Fairfax County Creative Aging Festival. Also find an intergenerational seed saving American Indian pinch pot workshop. Free. Call 703-765-4573.

“Stick Fly.” 2 p.m. and 8 p.m. at 1819 N. Quaker Lane. A well-to-do black family take a summer holiday. Tickets are \$16-18. Visit www.portcityplayhouse.org.

FRIDAY/MAY 8

Not-So-Silent Auction. 6:30-9:30 p.m. at the Howard Gardner School, 4913 Franconia Road. Find music and buffet dinner at the school's 10th Anniversary Auction to benefit the financial aid program. Admission is free. Call 703-822-9300 to RSVP.

SATURDAY/MAY 9

Genealogy Lecture. 11 a.m.-1 p.m. at Alexandria Black History Museum, 902 Wythe St. Co-author of “African Americans of Alexandria, Virginia: Beacons of Light in the Twentieth Century” Char McCargo Bah will lead a lecture on “What you need to know about Social Security.” Admission is \$10. Visit www.alexandriava.gov.

Wine Tasting Event. 12-5 p.m. at Balducci's, 600 Franklin St. In honor of Mother's Day, Balducci's will be serving special wine and food pairings. Free. Visit www.balduccis.com.

Spring Art Market. 10 a.m.-4 p.m. at Del Ray Artisans, 2704 Mount Vernon Ave. This outdoor market will feature the work of more than 25 artists. Free to attend. Visit www.thedelrayartisans.com.

Braddock Interim Open Space Celebration. 3-5:30 p.m. at 600 N Henry St. The public is invited to celebrate the launch of the new half-

acre space with community gathering areas, seating, joggle boards, a bocce ball court, horseshoe pits and a Ping-Pong table. Free. Visit www.alexandriava.gov/Braddock.

World Fair Trade Day. 6 p.m. at Ten Thousand Villages, 915 King St. The store will be giving away samples of fair trade products all day, and at 6 p.m. Mayor Euille will announce the winner of the fair trade essay contest. Free. Visit www.alexandria.tenthousandvillages.com.

New Hope Housing Spring Gala. 6:30-10:30 p.m. at US Patent & Trademark Office, 600 Dulany St. Councilman John Chapman, Del. Scott Surovell, Ms. Capitol Region 2015 Madhu Umashankar, and Dale Fisher will participate in a dance-off at this fundraiser. Tickets are \$100. Visit www.bidpal.net/nhhgala2015.

The Honey Dewdrops, with Buzz Peele. 7 p.m. at Church of St. Clement, 1701 N. Quaker Lane. Folk singers Laura Wortman and Kagey Parrish will perform alongside Buzz Peele. Tickets are \$15 in advance, \$18 at the door. Visit www.focumusic.org.

Gary Taylor. 7:30 p.m. at Birchmere, 3701 Mount Vernon Ave. R&B singer/songwriter Gary Taylor will perform. Tickets are \$35. Visit www.birchmere.com.

Spring Concert. 8 p.m. at Convergence, 1801 N Quaker Lane. Visit www.alexandriachoralsociety.org for more.

SATURDAY-SUNDAY/MAY 9-10

Mother's Day Weekend at Mount Vernon. 8 a.m.-5 p.m. at Mount Vernon: George Washington's Estate and Gardens, 3200 Mount Vernon Memorial Highway. Martha Washington, portrayed by Mary Wiseman, will be present on the estate to give tours and hand out lavender sachets to mothers. Admission is included in the \$17 ticket for adults. Visit www.mountvernon.org.

SUNDAY/MAY 10

Mother's Day Tea. 11 a.m. and 2 p.m. at Carlyle House, 121 N Fairfax St.

Lounge at the Magnolia Terrace with catered food and learn the “Language of the Fan.” Tickets are \$30. Visit www.carlylehouse.org.

Mother's Day Open House. 1-4 p.m. at Friendship Firehouse Museum, 107 S Alfred St. Learn the history of the fire house and have your picture taken by the in-house photographer. Free for mothers and families. Visit www.friendshipfirehouse.net.

Mother's Day Tours. 1-5 p.m. at The Stabler Leadbeater Apothecary Museum, 107 S Fairfax St. The Museum is offering free tours to mothers. Admission is \$5 for other adults, and \$3 for children aged 5-12. Visit www.apothecarymuseum.org.

MONDAY/MAY 11

Community Barbeque Bash. 6-8:30 p.m. at The Waterfront Market & Cafe, 7 King St. ACT for Alexandria is hosting a barbeque. Tickets start are \$35 for children, \$50 for adults. Visit www.eventbrite.com/e/community-barbeque-bash-tickets-15734049967.

Alexandria Sesquicentennial Lecture. 7:30 p.m. at Lloyd House, 220 N Washington St. “When Did the War Between the States End (Ever?) and What Did Australia Have to do With It?” will be led by William Connery. Free. Call 703-746-4554.

MAY 11-JUNE 14

“In My Neighborhood.” 10 a.m.-5 p.m. daily at The Potomac Fiber Arts Gallery at the Torpedo Factory, 105 N Union St. Studio 18. Resident artists will display work based on their neighborhoods and local colors. Admission is free. Visit www.potomacfiberartsgallery.com.

TUESDAY/MAY 12

Annual Excellence in Aging Awards. 6 p.m. at Volia Lawson Hall, 301 King St. Individuals will be recognized based on outstanding service to senior citizens in Alexandria. Free. Visit www.alexandriava.gov/aging.

Beer History Talk. 6-8:30 p.m. at Port City Brewing Company, 3950 Wheeler Ave. Writer and historian

www.CONNECTIONNEWSPAPERS.COM

ENTERTAINMENT



'Lonely Drone' Gives Bird's Eye View

Brian Williams' exhibit, "The Lonely Drone" is intended to explore what earth might look like from above if captured by a drone. He uses oil paintings on aluminum panels and uses only a 3-inch brush to create layered images of water, mountains, clouds, etc. The exhibit will open on Friday, May 22 and run until Sunday, July 22 at the The Rachel M. Schlesinger Concert Hall & Arts Center, Margaret W. and Joseph L. Fisher Art Gallery at the Alexandria Campus of Northern Virginia Community College, 4915 East Campus Drive. The opening reception will be on Saturday, May 23. It is free to attend both the exhibit and reception. Visit www.schlesingercenter.com for more.



Garrett Peck will discuss his book, "Capital Beer: A Heady History of Brewing in Washington, DC." Free to attend. Visit www.portcitybrewing.com.

National Chamber Players. 7:30 p.m. at Pendleton Hall, Episcopal High School, 3900 W Braddock Road. The Chamber Players will be joined in concert by Jonathan Carney, concertmaster of the Baltimore Symphony Orchestra, and Michael Rusinek and Nancy Goeres, principal clarinet and bassoon of the Pittsburgh Symphony. Free. Call 703-933-4135 or email vdp@episcopalhighschool.org.

MAY 12-JUNE 2

Art Exhibition. 12 p.m.-5 p.m. Sunday and Monday, 10 a.m.-6 p.m. Tuesday-Thursday, 10 a.m.-8 p.m. Friday and Saturday at Principle Gallery, 208 King St. An exhibit of new work by local artists Teresa Oaxaca and Robert Liberace will be on display. Free. Visit www.principlegallery.com

WEDNESDAY/MAY 13

"Race to Nowhere" Screening. 6:45 p.m. at Carl Sandburg Middle School, 8428 Fort Hunt Road. "Race

to Nowhere" is a documentary about schools and college preparation. Free. Call 703-799-6100.

THURSDAY/MAY 14

"Printed Art: The Potomac" Opening Reception. 6:30-8 p.m. at The Art League, 105 North Union Street, Studio 21. Meet linocut impressionist John Gosling. Free. Visit www.theartleague.org.

"The Hero of Two Worlds." 7-9 p.m. at George Washington Masonic National Memorial, 101 Callahan Drive. Marc Leepson, author of "Lessons in Leadership from the Idealist General," will give a lecture titled, "The Hero of Two Worlds: The Marquis de Lafayette, the Revolutionary War, and the French Revolution" followed by wine and dessert. There is a \$5 suggested donation. RSVP at www.herolafayette.eventbrite.com.

Todd Rundgren. 7:30 p.m. at Birchmere, 3701 Mount Vernon Ave. The rock musician will make a stop on his "Global Tour." Tickets are 49.50. Visit www.birchmere.com.

FRIDAY/MAY 15

Art Demonstration. 6 p.m. at Principle Gallery, 208 King St. Teresa

Oaxaca, known for her stylized baroque paintings and alla prima portraiture, will be giving in-gallery demonstrations of her work. Free. Visit www.principlegallery.com/alexandria.

Ian McFeron. 7-9 p.m. at Port City Brewing Company, 3950 Wheeler Ave. Singer/Songwriter Ian McFeron will be joined on fiddle, cello and harmony vocals by Alisa Milner. Free. Visit www.portcitybrewing.com.

FRIDAY-SUNDAY/MAY 15-17

Spring Wine Festival. 6-9 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Mount Vernon's Spring Wine Festival & Sunset Tour celebrates the history of wine in Virginia with evening tours of the Mansion and cellar, appearances by "George and Martha Washington," and live jazz on the east lawn overlooking the Potomac River. On Friday admission is \$40, \$46 on Saturday and \$36 on Sunday. Visit www.mountvernon.org.

MAY 15-JUNE 14

"The Letters." Various times at MetroStage, 1201 N Royal St. "The Letters" is a psychological drama about life under Stalin. Tickets are \$50-55. Visit www.metrostage.org.

MAY 15-16

"Stick Fly." 2 p.m. and 8 p.m. at 1819 N. Quaker Lane. A well-to-do black family take a summer holiday. Tickets are \$16-18. Visit www.portcityplayhouse.org.

SATURDAY/MAY 16

Sugar House Adoption Day. 10 a.m.-1 p.m. at 111 N. Alfred St. Washington Humane Society is teaming up with Sugar House Day Spa for an outdoor adoption day event featuring food and prizes. Free. Visit www.support/washhumane.org.

Fort Ward Brings Civil War History To Life

A Union soldier, portrayed by Kevin Moriarty, will provide tours of historic Fort Ward on Saturday, May 16. Moriarty, who is on staff at Fort Ward, will present a program on the "Defenses of Washington," the lives of Civil War soldier, and the weapons they would have used. Guests will also be able to visit the Officers' Hut which has been fully restored to its original condition. The free tours are scheduled for 10 a.m. and 2 p.m. Visit www.fortward.org.



PHOTO CONTRIBUTED

AGENDA ALEXANDRIA

SPOTLIGHT

Former Governor and
Senator George Allen

Former Congressman
Jim Moran

An Evening with former Congressman Jim Moran and former Governor and Senator George Allen

An in-depth chat with two notable retired politicians. What makes a successful politician leave the arena? Join us and find out!

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Exploring Long-Range Needs for Schools

FROM PAGE 1

ification, and capacity-related improvements. However, members of the planning committee noted that the overall price tag isn't reflective of the intent of the document.

"These plans exist in the long range," said School Board Chair Karen Graf. "This doesn't mean we're going to act on these items in 25 years. We can't do that; the operating costs alone wouldn't be realistic for us."

The document is continually being edited and refined, but at the Long Range Education Plan's initial presentation to the City Council on April 28, the lack of a budget or any funding costs raised concern.

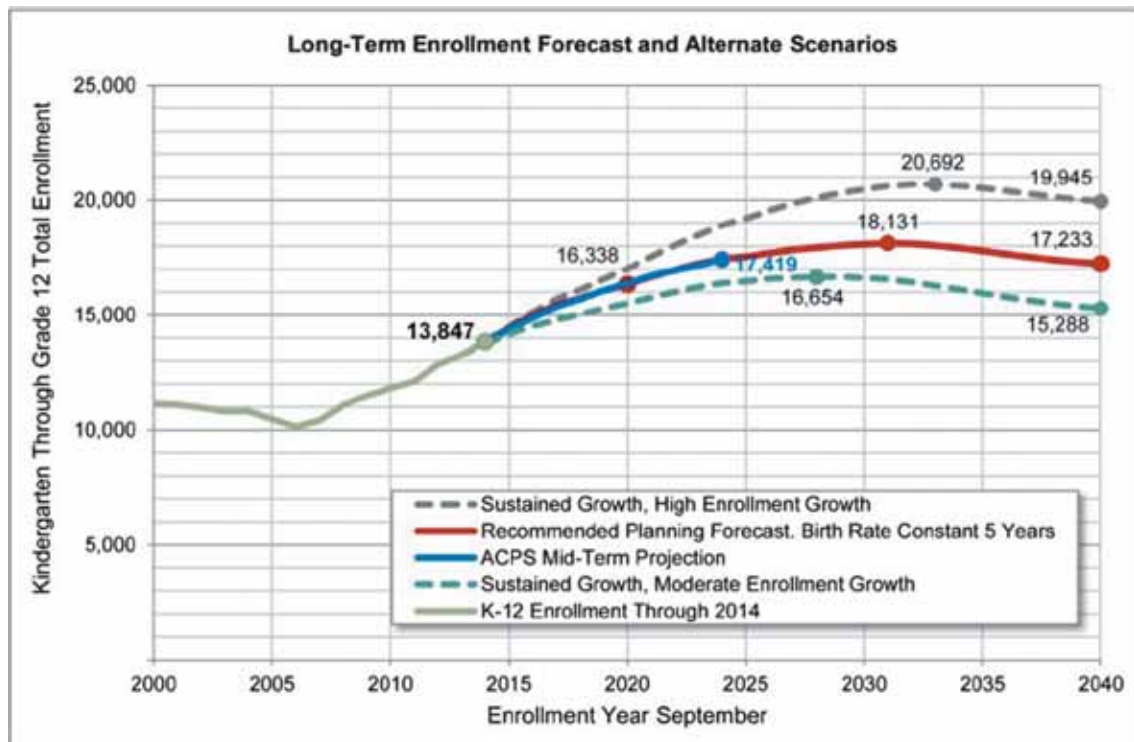
"The assumption that we have unlimited funds is a huge red flag," said Councilman John Chapman. "When we're looking at planning for schools, we have to ... be honest with ourselves as well as the public about the funding. The fiscal challenges piece is a lot tougher because we now have unbridled thoughts and feelings around what we're looking at for each site, so it's going to be a lot harder to curtail those kind of thoughts and focus, especially if we took this out to the public and said 'we have these options.' We can build some quality schools, but we can't give everyone their hopes, dreams, and wishes with each school building."

But according to Wilson, the total budget information was not included in the document because the document does not call on the City Council to fund every proposed solution.

"This is not the CIP, that's a separate document constrained by our budget ambitions," said Wilson. "We have master plan after master plan where we don't have the foggiest idea how to implement or fund the whole thing, but we adopt the plans because they give us a framework for how to approach these issues. This is a roadmap, it gives us a series of options. The intention is never to immediately implement 100 percent of it, and in some cases we probably don't intend to implement some parts of it, even in the long term."

Graf acknowledged the need for concrete numbers and estimates. "It's good to have numbers and projections in the [Long Range Educational Facilities Plan], it gives the document credibility," said Graf, but also added that construction costs can vary wildly from initial projections. "It's important to note that those numbers change."

The Fiscal Challenges draft lists a set of financing and procurement options to fund



Joint City-Schools long term enrollment forecasts

the Long Range Educational Facilities Plan. The options range from constraining funding with bonds and cash capital, which would require ACPS to only fund projects that fit within funding levels approved by the City Council, to raising taxes to support increased debt service payments for bonds supporting ACPS capital improvements. One of the proposed alternatives was a P3, a public private partnership, where the city and ACPS would transfer "some degree of control and responsibility for development and operation of a facility to be used by the public to a private entity."

Wilson said the P3 model was briefly explored for construction at Jefferson Houston. "An adjacent developer could build more density if they help with building the school, but it fell apart because neighbors had concerns about density," said Wilson. "In each of these situations, the private developer gets something. There's always a trade off. It's always cleaner for the city to just open up the checkbook and build a new school. A public private partnership is a great opportunity to leverage development against new school capacity, but we have to do it right."

Graf was more hesitant towards a P3 solution. "Right now, we don't have operational oversight for that model," said Graf. "It doesn't fit right now for our [schools and larger facilities developments], but it can be a good idea for outdoor space and fields." The modernization recommendations in the Long Range Educational Facilities Plan are derived from a joint City Council-School

Board long-term enrollment forecast, which in previous years had been a topic of debate between the two bodies.

Having agreement on enrollment estimates, said Councilman Justin Wilson, who also served on the Long Range Educational Facilities Plan's committee, is "huge. For the longest time we had disagreement between the city and the schools. And if you look at the numbers, we were both wrong. There is a student enrollment projection that the schools paid a consultant to do in 2005, and looking at long-term enrollment, they missed it completely. Their estimate is way under."

Wilson said a series of tweaks to their formulas, mostly involving birth rate and cohort survival, a method of forecasting populations based on determining the survival of existing population and the amount of births. But Wilson acknowledged that the formulas aren't a perfect.

"This is a highly transient area," said Wilson, "there are a lot of kids who come in

and out of the system during the year."

The Long Range Educational Facilities Plan laid out a series of guidelines for new educational facilities. The plan establishes an 850-student maximum capacity for new elementary school facilities and a 1,200-student maximum capacity for new middle schools, though the guidelines also note that extensions can be built onto the buildings to exceed this capacity. These guidelines don't apply to existing schools. According to a ACPs January 2015 monthly chart, John Adams Elementary School, with 1,002 students, and William Ramsay Elementary School, with 878 students, would exceed the elementary school guidelines. The Long Range Educational Facilities recommends placing a new elementary school on the western side of the city, as four of the western Alexandria elementary schools are projected to exceed 850 students by 2020. The plan also recommends considering a second school in the area if growth continues.

George Washington Middle School, with 1,229 students, and Francis Hammond Middle School, with 1,450 students, currently exceed the middle school capacity guidelines.

By 2025, George Washington Middle School is projected to have over 1,350 students, and Francis Hammond will exceed 1,800 students. The Long Range Educational Facilities plan calls for the construction of a new middle school to alleviate overcrowding at those two schools.

The Long Range Educational Facilities Plan draft was released online on May 4, though the Fiscal Challenges portion remains unavailable. On May 28, the School Board will hold a public hearing on the plan followed by a vote on June 11. City Council will hold a public hearing on June 13 and will vote on whether or not to endorse the plan.

LETTERS TO THE EDITOR

FROM PAGE 14

egg. The quarrel led to six rebellions and the death of an Emperor. Swift's story drips with satire about the politics of his time. But are the differences between our three mayoral candidates any more weighty than that between the Big-Endians (those who broke the egg on the large end) and Little-Endians? It does not seem so.

William Euille and Kerry Donley can't decide who is more to blame for the BRAC-133 fiasco, which of course they both enthusiastically endorsed at the time and we citizens now get to live with. All three claim the others don't have a

solution for parking and they try to outdo one another on who is most opposed to selling City Hall. If you can find a substantive difference between these three, you are probably someone who worries too much about the right way to break your hard boiled egg.

The only way there will ever be a clarifying debate about any issue in our city is when one party rule is broken in Alexandria. Until then, we'll have Lilliputian-size controversies where the same Democratic party standard bearer shadowbox in debates and govern as they please.

Jeffrey Salmon
Alexandria

News



The soil in the courtyard is resurfaced as the new equipment is set in place.



CEO of ARHA Roy Priest works with volunteers to assemble a playground at Princess Square on Thursday.



PHOTOS BY LOUISE KRAFT/GAZETTE PACKET

More than 200 volunteers from ARHA, Fannie Mae, and KaBoom! joined with residents to build a play area for the children at Princess Square.

Play Partners Join Forces to Create Playground

The children at Princess Square in Alexandria came home from school on Thursday, April 30, to find a new playground installed in the courtyard.

Throughout the morning and afternoon, more than 200 volunteers from Fannie Mae,

Alexandria Redevelopment and Housing Authority, organizers from KaBoom! and residents of the Alexandria community joined forces to assemble the equipment and resurface the ground beneath it. Volunteers also assembled benches and painted games on the surround-

ing pavement. The design is based on children's drawings created at a special design event in March.

The new playground will be used by the nearly 200 children that call Princess Square home.

*30 Years
80 Countries
One Event*

**The Child & Family Network Centers'
30th Anniversary Spring Benefit**

CFNC thanks its event planning committee, supporters and sponsors for an unforgettable 30th anniversary celebration. All funds raised from this event directly support CFNC's mission to provide free early education and related services to at-risk children and their families.

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Special thanks to Douglas & Grace-Marie Turner for providing their lovely home for our event.

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www.cfnc-online.org

HAPPY TEACHER APPRECIATION WEEK

**PRESCHOOL TEACHERS
ROCK!**

Alexandria Early Care & Education Work Group
convened by ACT for Alexandria.

www.actforalexandria.org/early-care-education

T.C. Williams Freshman Boys Win State Title

Titan rowers bring home three silver medals, bronze.

On May 2, the T.C. Williams boys' freshman 8 captured a gold medal, winning the Virginia Championship Regatta for Lower Boats and claiming the Ted Phoenix trophy that is presented annually to the Commonwealth's fastest freshman boys' boat. Four other Titan boats also medaled, with three silvers and a bronze. The state competition took place at Sandy Run Park on the Occoquan Reservoir in Fairfax.

The boys' freshman boat sprinted down the 1,500-meter course to win its heat in the morning in 5:11.07. Facing the fastest boats in the state for the afternoon final, the freshman boys once again turned on the power, crossing the finish line almost two seconds ahead of rival St. Albans. With a final time was 5:03.5, the boys claimed the gold medal and brought back to Alexandria the championship trophy.

Members of the boys' freshman 8 include Zachary Khan, Ian Willmore, Wogan Snyder, Cole Towers, Bryce Cook, Julien Depeyrot, Jacob Souza, Connor McGivern, and Michaela Gleeson (cox). Enoch Cleckley guides the freshman 8.

The frosh 8 were not the only Titan boat to visit the medal dock at Saturday's Championship Regatta.

The T.C. Williams girls' freshman 8 domi-



The freshman boys' 8 boat captures a gold medal for T.C. Williams at the Virginia Championship Regatta for Lower Boats on May 3. Those pictured include Zachary Khan, Ian Willmore, Wogan Snyder, Cole Towers, Michaela Gleeson (cox), Bryce Cook, Julien Depeyrot, Jacob Souza, Connor McGivern, and coach Enoch Cleckley.

nated its heat in the morning, advancing to the final. In a tightly contested final race, the Titan girls won a silver medal, finishing right behind National Cathedral School, with a time of 5:41. Members of the boat include Camila Cardwell (coxswain), Hope Parsons, Grace Vannatta, Madeline Gyllenhoff, Grace Hogan, Emma Carroll,

Tess Moran, Cleo Lewis, and Rachel Sedehi. Titan head girls' coach Patrick Marquardt guides the freshman 8.

The T.C. girls' novice 8 boat won its heat and came in a close second behind Lake Braddock to capture a silver medal, with a time of 6:01.01. Members of the novice 8 include coxswain Paula Filios, Chloe Marsh,

Anna Jane Guynn, Elspeth Collard, Blythe Markel, Charlotte Milone, Marley Osborne, Madeline Kasoff, and Sophie Rust. Their coaches are Cathy Hott and Chris Ottie.

The boys' third 4 boat earned another silver medal for the team, with a strong showing of 6:21.2. McLean took the gold in this competition. Members of the boys' third 4 include Anthony Burke, Hatem Elnahas, Ahmad Shujah, Dawit Haile, and Kai Linehan (coxswain).

The Titan girls' fourth 8 fought a tough battle throughout the 1,500-meter course, crossing the finish line to capture third place for T.C. Williams. Members of the fourth 8 include coxswain Victoria Anthony, Tessa Bowman, Piper Bucholz, Ira Siwecki, Kendra Oguamena, Tenesae Asfaw, Veronica Araujo, Eden Prevost, and Abigail Warden. Their coaches are Cathy Hott and Chris Ottie.

The T.C. Williams crew team will compete next in the Virginia Championship Regatta for Upper Boats, which will be held at Occoquan on Saturday, May 10. Qualifying boats will then compete in major national competitions, including the Stotesbury Cup Regatta in Philadelphia on May 16 and the Scholastic Rowing Association National Championship Regatta in Cherry Hill, N.J. on May 23.

The final race of the season is international: the Canadian Scholastic Championship Regatta in St. Catharines, Ontario on June 5-7.

The Titans are guided by boys' head coach Pete Stramese and girls' head coach Marquardt.

T.C. Williams Boys', Girls' Track Teams Win at Home Meet

The T.C. Williams boys' and girls' track teams each took first place at the T.C. Williams Invitational on May 2.

The boys' team totaled 83 points. Oxon Hill (72) finished runner-up, followed by Lake Forest (54) and Tuscarora (39.5).

TC's Noah Lyles won the 100-meter dash with a time of 10.53, and the high jump with a clearance of 6 feet, 4 inches. Josephus Lyles took first in the 200 (21.36).

In the 1600, TC senior Anteneh Girma finished runner-up (4:27.46) and sophomore Jack MacKay finished fifth (4:36.6). Girma also finished second in the 3200 (9:48.92).

Joshua Kelley placed fourth in the 110 hurdles (15.8) and Samuel Sarkodie finished fifth in the discus (131-11). Mahlique Booth finished second in the triple jump (44-10) and placed third in the long jump (20-9).

The boys' 400 relay team (Kai Cole, Booth, Tre'kel Lockett, Isaih Clarke) finished third (43.81).

The T.C. Williams girls' team won with a score of 81. Madison finished second (58) and Churchill was third (45).

TC junior Olivia Tardieu won the pole



T.C. Williams junior Noah Lyles, third from right, won the 100-meter dash at the T.C. Williams Invitational on May 2.

vault with a clearance of 10 feet. Sophomore Sarah Leckman won the shot put (39-8 æ)

Senior Iye Massaquoi finished second in

the discus with a throw of 123 feet, 4 inches and third in the shot put (35-0 æ).

Bhrandi Crenshaw was runner-up in the high jump (5-4) and triple jump (37-2), and



T.C. Williams senior Anteneh Girma placed second in the 1600 and 3200 during the T.C. Williams Invitational on May 2.

third in the long jump (16-6 æ).

The 400 relay team (Khaliyah James, Allahsha Farmer, Dakota Kindred, Kyra Parker) finished runner-up (49.73).

USDA Position Available

"A temporary Program Technician position not to exceed 6 months is being announced with the Mobile County FSA Office in Mobile, Alabama. Grade/Series CO-04/07 with Salary Ranging from \$28,269.00 to \$50,932 which will be determined by Experience and/or Education. Opening date May 4, 2015, Closing Date May 18, 2015. Please see the following for additional information on this position and how to apply:

KEY REQUIREMENTS

- You must be a U.S. Citizen or national to apply.
- Must be a high school graduate or equivalent
- Must be 18 years of age or 17 years of age for high school graduates.
- Required to pass a background investigation and fingerprint check.

DUTIES:

This position is responsible for:

- Carrying out office activities and functions pertaining to one or more of the program areas administered in the county.
- Interpreting and explaining procedures, program regulations and forms to producers and other agency personnel.
- Utilizing IBM system 36 and /or PC Computer to maintain producer data and process automated program forms.
- Using a high degree of initiative and judgment in planning and carrying out assigned tasks and resolving problems encountered.
- Possible travel to adjacent office(s) if and as needed within the local commuting area of approximately 30-40 miles.

AGENCY CONTACT INFO:

Resumes should be submitted to the following by Monday, May 18, 2015.

Gretchen D. Thomas • 251.441.6505 ext. 2
E-mail: gretchen.thomas@al.usda.gov

Agency Information:
Mobile County FSA Office
1070 Schillinger Road, North Mobile, AL 36608

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Preschool Director

Preschool enrolls 2 1/2-PreK for 3 hour learning sessions up to 5 days/wk. Preferred qualities: early childhood ed. degree; 2+ years as director/asst dir. or 5+ years as teacher with leadership experience; knowledge of Fairfax Cty school requirements; strong organizational skills; friendly & outgoing personality; relates well to children & adults. Position start date: 1 July 15; Job open until filled Submit resumes to preschool@saintchristophers.net with Subject as Director Position

Blackwall Hitch, the Waterfront Dining Destination in Old Town Alexandria, is now **hiring all positions** for their Alexandria location. On-site interviews will take place May 4-8 and May 11-15 from 2pm to 7pm at 5 Cameron Street. You can also apply on-line at www.theblackwallhitch.com.

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OBITUARY LOUISE ANGLE

October 25, 1925 - April 28, 2015

On April 28, 2015, Louise Angle passed away in Alexandria, VA. She was a long time resident of Sunrise at Mount Vernon, moving 13 years ago from New Jersey to be closer to her family. She made a difference in so many lives while at Sunrise. Louise spent her life supporting her husband, Bob Angle, moving and traveling in the U.S.A. and Europe for business. Music dominated her life beginning with piano and voice at a very young age. Other interests included Girl Scouts, golf, and much volunteer work. A career as a travel agent provided another means to visit family and friends. Known as a story teller, all these experiences provided her much material to entertain many people. She always started with a question. "What is the easiest thing to find?"

Louise is survived by her daughter, Karla Lamont of Alexandria, 2 granddaughters; Kelly Francfort and Meredith Ayala, and 3 great grandsons; Aidan, Tyler, and Wesley. Per Louise's wishes, in lieu of a funeral service, a Celebration of Life will be held at Sunrise Assisted Living at Mount Vernon, 8033 Holland Rd, Alexandria, VA 22306 on May 9, 2015 at 3:00 PM. Open to family and friends. Donations to the Make-A-Wish Foundation or Toys for Tots are preferred to flowers.

OBITUARY Jay Kimberly Meekins

The heavens brightened as they welcomed Kim on April 30, far too early. Kim was a devoted and loving husband, brother, son, uncle, cousin and friend. His memory will be cherished by his beloved husband, John Stracke, and three brothers, Dudley Meekins, Monty Meekins, and Chris Lane, along with their spouses. His many nieces and nephews will greatly miss their Uncle Kim. Other family members and many friends mourn the loss of a loving, joyful, and giving friend.

Throughout his life, Kim used his great artistic talents and engaging charm, wit and personality in his work, and brought light and joy to others wherever he went. He was fiercely devoted to his family and friends, and was always there for anyone in need. A remembrance will be held on Saturday, May 16 at 1:00 p.m. at Memorial Episcopal Church's hall, 1407 Bolton Street, Baltimore. In lieu of flowers, donations to Gilchrist Hospice Care in Kim's memory are welcome at <http://gilchristospice.org/tribute>

ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSALS NUMBER 15-04-11

The Alexandria City School Board dba Alexandria City Public Schools is seeking competitive proposals from qualified Offerors for the provision of Strategic Planning/Facilitation Services for the Alexandria City School Board (Board) of Alexandria, Virginia.

Sealed Proposals with the notation RFP# 15-04-11 Strategic Planning/Facilitation Services for the Alexandria City School Board (Board) of Alexandria, Virginia will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, May 15, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8140, or by downloading the RFP from the ACPS website at <http://www.acps.k12.va.us/financialservices/purchasing/bids.php> ACPS reserves the right to cancel this RFP and/or reject any or all offers and to waive any informalities in any proposal.

Sharon T. Lewis CPM, CPPB, VCO
Director of Procurement & General Services

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OBITUARY Mildred Papiroski Morris

On April 28, 2015 went to join our heavenly father. Born in Alexandria, VA on January 22, 1925 Mildred is the daughter of Julia (Murawski) and Andrew Papiroski. She is survived by her husband of 65 years Samuel Brown Morris; children Andrew Dawson Morris, of Alexandria, VA., Anita-Marie Morris and husband Haskel Henderson of Gloucester Point, VA. and Edward Francis Morris and wife Phyllis (Beatie) Morris of Fairfax, VA.; grandsons Samuel William Morris of Newport News, VA. and Joshua Edward Morris of Fort Benning, GA. nieces Allison Boothe (Ed Boothe) of Stafford, VA., Betty Doss (Dave Doss) of Greenville, SC, nephew Ed Fordham of Goldvein, VA and many grand-nieces and nephews. She is preceded in death by her parents, brothers Edward and Francis, sisters Helen and Margaret and niece Crystal. A visitation was held at Everly-Wheatley Funeral Home, Braddock Road, Alexandria, VA, Sunday May 3, 2015. A Mass of Christian Burial was held at St. Louis Catholic Church, Monday May 4 at 10:30 am with interment at Mt. Comfort Cemetery immediately following Mass.

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ALEXANDRIA CITY PUBLIC SCHOOLS INVITATION TO BID NUMBER 15-04-13

The Alexandria City School Board dba Alexandria City Public Schools is seeking bids for Siding replacement and other upgrades at the D. Campbell Rowing Facility. Sealed Bids with the notation ITB # 15-04-13, D. Campbell Rowing Facility Upgrades will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, June 9, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Bids appropriately received will be opened and the names of the firms responding will be read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-619-8162, or by downloading the ITB from the ACPS website at www.acps.k12.va.us, Administration, Financial Services, Procurement and General Services – Current Bids and Request for Proposals. All questions must be submitted before 1:00 p.m., May 29, 2015. If necessary, an addendum will be issued and posted to the ACPS web site. A pre-bid conference/site visit will be held at 10:00 a.m., May 15, 2015 at the address listed above. No ITB may be withdrawn for a period of ninety (90) days after the opening of bids except as may be set forth in the ITB. ACPS reserves the right to cancel this ITB and/or reject any or all bids and to waive any informalities in any bid. Gerald W. Amacker (Jerry) Senior Buyer

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ALEXANDRIA CITY PUBLIC SCHOOLS INVITATION TO BID NUMBER 15-04-05

The Alexandria City School Board dba Alexandria City Public Schools is seeking Bids for Ramsay Elevator Additions for William Ramsay Elementary School.

A non-mandatory pre-bid conference/site visit will be conducted on Thursday, May 15, 2015 at 10:30 AM, in the Facilities Conference Room 610-2, 1340 Braddock Place, Alexandria, VA 22314. It is strongly recommended that all bidders attend this conference. Sealed Bids with the notation ITB# 15-04-05 RAMSAY ELEVATOR ADDITIONS, will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, June 4, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Bids appropriately received will be opened and read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-619-8343, or by downloading the Bid from the ACPS website at <http://www.acps.k12.va.us/financialservices/purchasing/bids.php>. All questions must be submitted before 1:00 p.m., May 28, 2015. If necessary, an addendum will be issued and posted to the ACPS web site. No Bids may be withdrawn for a period of ninety (90) days after the opening of the bids except as may be set forth in the ITB. ACPS reserves the right to cancel this ITB and/or reject any or all Bids and to waive any informalities in any bid.

Sharon T. Lewis M.P.S., CPM, CPPB, VCO
Director of Procurement & General Services

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ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSALS NUMBER 15-04-12

The Alexandria City School Board dba Alexandria City Public Schools is seeking competitive proposals from qualified Offerors for the provision of Video Production Services.

Sealed Proposals with the notation RFP# 15-04-12 Video Production Services will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, May 22, 2015.

The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8140, or by downloading the RFP from the ACPS website at <http://www.acps.k12.va.us/financial-services/purchasing/bids.php> ACPS reserves the right to cancel this RFP and/or reject any or all offers and to waive any informalities in any proposal. Francine Morris Buyer

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ALEXANDRIA CITY PUBLIC SCHOOLS INVITATION TO BID NUMBER 15-04-15

The Alexandria City School Board dba Alexandria City Public Schools is seeking bids for parking lot improvements at John Adams Elementary School. Sealed Bids with the notation ITB # 15-04-15 John Adams Elementary School Parking Lot Improvements will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, June 5, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Bids appropriately received will be opened and the names of the firms responding will be read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-619-8162, or by downloading the ITB from the ACPS website at www.acps.k12.va.us, Administration, Financial Services, Procurement and General Services – Current Bids and Request for Proposals. All questions must be submitted before 1:00 p.m., May 26, 2015. If necessary, an addendum will be issued and posted to the ACPS web site. A pre-bid conference/site visit will be held at 10:00 a.m., May 19, 2015 at the address listed above. No ITB may be withdrawn for a period of ninety (90) days after the opening of bids except as may be set forth in the ITB. ACPS reserves the right to cancel this ITB and/or reject any or all bids and to waive any informalities in any bid. Gerald W. Amacker (Jerry) Senior Buyer

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ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 15-04-10

The Alexandria City School Board dba Alexandria City Public Schools is seeking proposals for the replacement/repair of window treatments as needed in the ACPS school district. Sealed Proposals with the notation RFP# 15-04-10 Window Treatments will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, June 11, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8162, or by downloading the RFP from the ACPS website at www.acps.k12.va.us, Administration, Financial Services, Procurement and General Services, Current Bids and Request for Proposals, Request for Proposals. All questions must be submitted before 1:00 p.m., May 28, 2015. If necessary, an addendum will be issued and posted to the ACPS web site. A Pre-Bid Conference/Site Visit will be held at 10:00 a.m. on May 21, 2015 at the address listed above. No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP. ACPS reserves the right to cancel this RFP and/or reject any or all proposals and to waive any informalities in any proposal. Gerald W. Amacker (Jerry) ACPS Senior Buyer

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OBITUARY



Savannah- Margaret Sellers Slappey, 92, of Atlanta, GA died on Sunday, May 3rd 2015.

"Marty" Slappey, daughter of Margaret Louise and James Freeman Sellers, Jr., loving wife of Sterling Greene Slappey, passed away at Savannah Hospice in Savannah, GA after a battle with cancer.

She is survived by her son Charles Freeman Slappey and his wife Bebe Willoughby. She is also survived by her granddaughter Louisa Margaret Slappey, all living in the Savannah area.

Marty owned her own bath and linens store in Alexandria, VA until her retirement in 1984, bringing her love of design home with her. She also loved to travel, puzzles, and spending time with her family. She will be greatly missed by her family and friends.

A private grave side service will be held at Westview Cemetery in Atlanta.

In lieu of flowers, the family requests that donations be made to St. Paul's Episcopal Church on 228 South Pitt Street in Alexandria, VA 22314

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LEGAL NOTICE
Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

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Operating Capital Total				FY 2017	FY 2018	FY 2019	FY 2020
AVAILABLE SOURCES				\$2.28	\$2.28	\$2.28	\$2.28
PROPOSED USES							
UNANIMOUS SPONSORSHIP	ACPS	\$1.00	-	\$1.00	\$1.00	\$1.00	\$1.00
	FIRE STATION 210	\$1.30	-	\$1.30	\$1.40	\$1.40	\$1.50
	LAW LIBRARY	\$0.06	-	\$0.06	\$0.06	\$0.07	\$0.07
	PATRICK HENRY REC CENTER	-\$0.06	-	-\$0.06	-	-	-
	MAURY SCHOOL YARD	-	\$0.25	\$0.25	-	-	-
	TIP OPERATION RESTORATION	\$0.60	-	\$0.60	\$0.60	\$0.60	\$0.60
3 OR MORE SPONSORS	TIP CAPITAL RESTORATION	-	\$0.85	\$0.85	-	-	-
	ALIVE ALEXANDRIA		\$0.06	\$0.06			
	DASH BUS		\$0.66	\$0.66			
	RAMSAY SUNDAY HOURS	\$0.02		\$0.02	\$0.02	\$0.02	\$0.02
	RENT RELIEF	\$0.18		\$0.18	\$0.18	\$0.18	\$0.18
TOTAL Proposed Uses				\$3.10	\$3.26	\$3.36	\$3.36
BALANCE				\$-0.82	\$-0.29	\$-0.53	\$-0.98

Preliminary Add/Delete proposals. Alive! Alexandria's funding was included in the budget additions. DASH Bus funding was incorporated to a transportation fund. Ramsay Sunday hours and rent relief were included in budget additions, though \$10,000 from AlexTV is included as a delete and a matching addition is included in unspecified funding to the Department of Recreation, Parks, and Cultural Activities.

PHOTO CONTRIBUTED

Council Votes on Adds, Deletes to Budget

FROM PAGE 1
posals. The School Board meeting on May 28 is the adoption of the final FY 2016 Combined Funds and the FY 2016-2025 CIP budgets.

The City Council also added \$1.3 million to fund Fire Station 210 with the objective of having the facility fully staffed by January of 2016.

Wilson, who proposed the budget addition, expressed uncertainty about attaching a \$1.3 million price tag to the fire station while so many price variables could still affect the final price.

"We're all committed to making this happen," said Wilson, "but I don't think we can say for sure that it's going to be \$1.3 million. This is not an exact science and it behooves us to treat it as such."

"If staff comes back with a cost and schedule, that will help transparency," said Councilman John Chapman.

Ultimately, the City Council voted in favor of the funding and a staff report in June on how the funding should be allocated.

"It's important that we make it clear that his funding is designated for Fire Station 210, even if it's not allocated," said Councilwoman Del Pepper. "All eyes are going to be on this. This is a neighborhood in uproar."

The add/delete session also approved Pepper's proposal for funding to Alive! to expand food distribution and storage facilities without any of the debate that had taken up much of the April 28 add/delete discussion.

The largest item of contention was the \$15,000 cut from the William Ramsay Recreation Center. The cut would reduce the availability of the recreation center on Sundays, meaning anyone going to utilize the facility would have to sign up in advance and schedule a time slot. According to James Spangler, director of Recreation, Parks, and Cultural Activities, the average

attendance to the facility on Sundays is 13 youth and 18 adults. There were five Sundays this past year with zero attendance, and peaked at 95 on one Sunday.

"This item is before you, not because we want to reduce hours, but at your request for cost reductions," said Spangler.

According to Vice Mayor Allison Silberberg, the budget cut takes away something quintessential about childhood.

"Showing up at a recreation center without a plan is what it means to be a kid," said Silberberg. "We talk about what we can do for the West End. This is something we could have done, and it's a shame."

Mayor William Euille said that the City Council and staff had looked through the budget, and any funding put forward for the other additions would be "robbing Peter to pay Paul."

To fund the the Ramsay Recreation Center's Sunday activities, Silberberg proposed accepting the proposed \$10,000 cut from AlexTV, the government access channel. Euille fired back that Silberberg had recently expressed concerns that there wasn't enough content on AlexTV, but the vice mayor responded what she'd meant by a lack of content is the blank screen displayed on the channel most of the time, and

countered that it wouldn't cost anything to broadcast meetings that had already been recorded.

"If [AlexTV] doesn't need this \$10,000," said Pepper, "then what is it doing in the budget?"

"Don't presume that staff is giving up this funding," said Euille, "it's being given as an option."

"Then it might be worth it to know what we're getting for that," said Pepper.

Wilson proposed accepting the funding cut to AlexTV, but putting the funds in reserve for the Department of Recreation, Parks, and Cultural Affairs rather than applying them directly to the Ramsay Sunday hours. The \$10,000 funding cut towards AlexTV was approved, with the \$10,000 added to unspecified programming for the Department Recreation, Parks, and Cultural Affairs.

Silberberg expressed disappointment that the senior and disabled rent relief program that was proposed was not funded, but agreed that after looking through the funding options, there weren't any solutions available.

The add/deletes will be voted on at a special City Council meeting on May 7 at 6:30 p.m. in City Council Chambers.



Vice Mayor Allison Silberberg argues for restoring funding to William Ramsay Recreation Center for Sunday programming as Mayor Bill Euille listens.

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VERNON MILES
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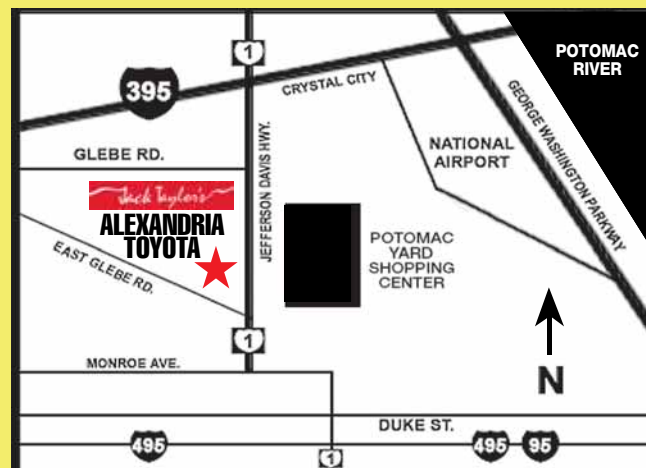
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