

Business

Chang Chooses Arlington

Restaurateur designed Arlington restaurant to showcase "real" Chinese food.

By Eden Brown The Connection

ast month within a hun-

dred yard radius in Arling-

ton, Mother's Macaroons

closed. Baskin Robbins closed. And then Peter Chang opened.

Chang opened a restaurant in the Harrison Shopping Center six weeks ago. Why Arlington? Lydia Chang explains her father chose Arlington because local diners are known to appreciate eclectic dishes; they are gastronomic risk takers.

But it was for more than one reason that Peter Chang came to



Lydia Chang

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Harrison Street. According to his daughter, who has been in charge of getting the Arlington location running, Peter Chang has wanted to open in Northern Virginia for a long time: he has been looking for a site for over a year. He knew the locals wouldn't shy away from his favorite dishes: pork belly, pigs trotters, and tripe. Also, he wanted a place that he could move into in a hurry.

He had started training staff for a new restaurant as early as November and now, he wanted to make the move. It was important to find a location with a kitchen ready to use. "That's Peter Chang," said his daughter. "He is a man in a hurry, a man who does things spontaneously."

In February, Peter Chang called his daughter in Fredericksburg and said he was getting ready to set up a new restaurant. She didn't think it would happen that fast ... but a few days later he walked into the Chinese restaurant on Harrison Street and asked if they'd like to sell. He began negotiations to sign a lease right away. When the landlord didn't want to sign right away, Peter Chang negotiated and bought the remainder of the tenant's lease. He signed on March

Peter Chang told his daughter she had 10 days to get the restaurant ready. They found out Sunday night; Monday they were tearing out carpets and tiles and cleaning. Lydia Chang talks about the process: health, zoning, alcohol, buying the linens, hiring new help, training the staff.

Was Peter Chang right about Arlington? Lydia Chang says he was. The restaurant has been busy from the day it opened, in six weeks outgrossing all the other restaurants Peter Chang opened, with the Richmond restaurant a close second. On average the new restaurant serves about 50 guests on a weekday lunch, and 100-150 guests on a weekday night, not including carryout orders. On the weekend, Peter Chang serves over 200 orders.

Peter Chang's vision for the res-See Chang Chooses, Page 5 www.ConnectionNewspapers.com

News

The Fight for the 45th Democratic primary candidates vying to replace Krupicka lay out priorities.

By Vernon Miles The Connection

s with most candidates in a primary, the Democrats campaigning to replace Robert Krupicka as delegate for Virginia's 45th District which includes parts of Alexandria, Arlington and Mount Vernon, don't vary greatly in their positions on political issues. Where these candidates do vary is their experience and priorities.

Krupicka won the seat in a 2012 special election after Del. David Elgin's resignation. In the 2015 legislative session, Krupicka proposed 21 bills, seven of which passed. In March, Krupicka announced that he would be retiring to focus on operating Sugar Shack, a branch of a Richmond-based doughnut company that Krupicka opened in January.

There are five candidates running for the Democratic nomination: Larry Altenburg, Craig Fifer, Julie Jakopic, Mark Levine, and Clarence Tong. Many of the Democratic candidates cited education, pre-kindergarten education in particular, as one of their primary campaign goals. Each of the candidates also acknowledged that it will impossible to pass legislation, as a minority party, without cooperating with their Republican counterparts. Many candidates had different notions on how to accomplish this.

LARRY **ALTENBURG**

Altenburg's primary focus is on educational reform. Altenburg with two children, ages 6 and 9, said he's frustrated by how test-driven Alexandria schools are.



Altenburg

"The focus has been testing, testing, testing, measuring performance of students and teachers on testing," said Altenburg. "Curriculum has focused way more attention on how to take tests than learning."

Altenburg said his older daughter is starting to take tests in school and from what he's seen, he's disappointed by how much time in the classroom in spent on teaching for those tests. Altenburg also expressed frustration that partisan differences in Richmond have held back educational reform.

"I appreciate and applaud [Krupicka's] efforts fighting for Democratic values," said Altenburg, "but we need to find areas of common ground to move forward."

Altenburg has served as a member on the Alexandria Board of Zoning Appeals and was previously president of the Del Ray Citizens' Association. Altenburg currently serves as vice president of Rapiscan Systems, a security systems company, and is the CEO and managing general partner at Cyclic Professional Services LLC, a small,

Alexandria-based management consulting business. Altenburg cites his experience as a parent and as a local business leader as his greatest strength.

"I've been involved at the grassroots level," said Altenburg. "I've rolled my sleeves up and I've solving problems locally. Krupicka is a good friend of mine, and seeing that he was stepping away, a number of folks told me they need a parent down there [in Richmond] and someone who knows the community."

CRAIG FIFER

Fifer's campaign priority, which he calls "dignity and opportunity," emphasizes giving children a safe start with access to pre-kindergarten education. Fifer said this experience is, in



Fifer

part, informed by his work as a court appointed special advocate (CASA). Fifer said he worked with children facing abuse or neglect, and convinced him of the necessity of school-based pre-k activities and the long- term benefits of pre-k education.

Fifer shares Altenburg and other Democrats' desire for education reform, but said that legislation is about more than passion.

"In a primary, there's not a lot of differences in the issues, it's the experience," said Fifer. "I've been involved for 20 years. I understand the needs and the legislative process, which is going to be important for a delegate in a minority who's going to have to work with people from different [political groups]."

Fifer referenced his experience as chair of the Northern Virginia Regional Board for the University of Virginia-based Sorensen Institute for Political Leadership. The organization, founded in 1993, is built on strengthening non-partisan government ties. Fifer started working with the organization in 2003, and said that the over a decade of experience with the organization has given him an extensive network of contacts on both sides of the political aisle in Richmond. According to the Sorensen Institute's website, the organization has over 20 members in the Virginia Legisla-

Fifer currently serves as the communications director for the City of Alexandria, a position he has occupied since 2014. Fifer had previously served as deputy director for communications and public information for Alexandria since 2010 and as an electronics communications coordinator for the City of Roanoke between 1996 and 2003, but Fifer said his experience outside of government is as critical to his priorities as a can-

Fifer also serves as the president of the Virginia Coalition for Open Government.

Fifer said government transparency is a strong area of experience for Fifer and a key piece of his campaign. Despite recent ethics reforms in the Virginia legislature, Fifer said there's still a long road towards limiting the influence of money in state politics. In particular, Fifer said he's disturbed by the 76 percent of bills killed in the house without the votes recorded.

"You should expect the General Assembly to say how they voted," said Fifer.

While Fifer said he'd push for private and

public mental and medical help for uninsured Virginians, he acknowledged that Medicaid expansion remains a pipe-dream for Democrats.

"Republicans reject Medicaid expansion as Democratic," said Fifer. "It's unlikely without a Democratic majority, and anyone who says this is their top priority isn't being realistic."

JULIE JAKOPIC

Jakopic's campaign centers around affordable housing, the area where Jakopic believes she shows a clear leadership advantage. Jakopic served as chair of the Al-

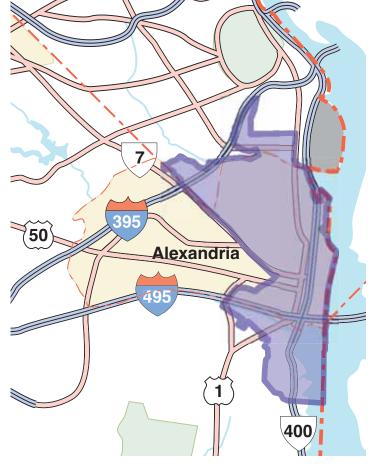
exandria Economic opportunity Commission between 2008 and 2010 and served as chair of the Alexandria Community Services Board between 1997 and 2001. Jakopic also said that her work with the Department of Health and



Jakopic

Services, both at a national level and in over 40 states streamlining services, has taught her that decisions on these issues aren't made in Washington D.C. anymore.

Jakopic was endorsed by Krupicka, whose state and city council campaigns she's worked on since 2003. Krupicka was a member of the Community Services Board, an organization Jakopic served as vice chair and later chair.



"You can pull together extremes, the trick is to find common ground where we can all agree," said Jakopic. "You discover that no one has horns and a tail."

Jakopic said the secret to accomplishing affordable housing objectives with hostile neighbors was to turn them into partners

Like the other Democrats, Jakopic said healthcare reform is important, but says she is primarily focusing on reforming mental health reform. The need for changes to mental healthcare has personal connections for Jakopic, whose father committed suicide when she was 14. Jakopic encouraged conversations to be had about changing regulatory measures, changes Jakopic said can occur without substantial funding changes: specifically regarding availability of beds in medical facilities.

If elected as a delegate, Jakopic said she would attempt to break the power of Dominion Power as well as predatory lenders over Virginia citizens. Jakopic said that she would campaign to increase transparency regarding Dominion's rate setting process.

"I don't think I can walk in and get this all done on day one," said Jakopic. "I think we're as different a primary as I've ever seen. We each have areas of expertise. I've spent my whole career working on [affordable housing and legislation. If you asked my about wildlife preservation, I'd have no idea, but these are things I've been working on for years and I have the brick and mortar to show for it."

SEE DEMOCRATS BATTLE, PAGE 10

Enjoying the 28th Annual Taste of Arlington

ore than 50 Arlington restaurants served up sample tastings at the 28th annual Taste of Arlington on Sunday, May 17, in Ballston. The annual food+beer+music+kids+ dog festival's presenting sponsor this year was Rent Dittmar and organized by the Ballston Business Improvement District. A portion of each ticket sold was contributed to the Arlington Food Assistance Center, a community-based nonprofit that provides supplemental groceries to approximately 1,600 families each week.

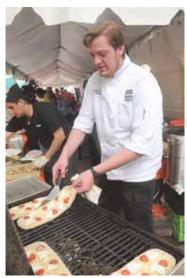
Top awards were presented to Il Forno for Best Appetizer, Liberty Tavern for Best Fast Casual, Water and Wall for Best Fine Dining Entrée and Northside Social for Best Dessert.



With tickets in hand, visitors take a spot in the lines for restaurant and vendor samples that filled the roadway on Wilson Boulevard in Ballston.



Robert Wiedmaier's Mussel Bar & Grille executive chef Erik Foxx-Nettnin removes wild boar belly slices from the grill for sandwiches at the taste.



executive chef
Ben Nichols
grills up a
selection of
flatbread pizza.

Joe Combs of Capriotti's Sandwich shop details the items of the tasting menu for a visitor to the annual tasting.



Phosto by Louise Krafft The Connection

> Culinary partner at PF Chang's, Nelson Aleman mixes an entrée in a wok.



Bulletin Board

Email announcements to arlington@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THROUGH NOVEMBER

Borrow Gardening Tools.

Wednesdays: 5-7 p.m., Fridays: 3-5 p.m., Saturdays: 10 a.m.-12 p.m. at Arlington Central Library, 1015 North Quincy St. "The Shed" at Arlington Central Library is open and lending gardening tools to Arlington residents and property owners. Free. See library.arlingtonva.us for more.

THURSDAY/MAY 21

County Board Debate. 7-9 p.m. at Glebe Elementary School, 1770 N. Glebe Road. The Arlington County Democratic Committee will host a forum for discussion. Visit www.arlingtondemocrats.org/ calendar.

MONDAY/MAY 25

National Memorial Day

Observance. 11 a.m. at Arlington National Cemetery. The U.S. Army Military District of Washington will conduct a Presidential Armed Forces Full Honor Wreath-Laying Ceremony. An observance program hosted by the Department of Defense in Arlington's Memorial Amphitheater will follow. Free to attend. Email usarmy.mcnair.mdw.mbx.mediadeskomb@mail.mil or call 202-685-4645.

TUESDAY-SATURDAY/MAY 26-30

May Week. The Northern Virginia Chapter of Delta Sigma Theta Inc. is hosting a series of youth-focused events including a movie night, arts symposium, and an anti-bullying workshop. All events are free. Visit www.dstnovac.org to register.

TUESDAY/MAY 26

Tech Professionals Forum. 7:30 a.m.-9 a.m. at Arlington Economic Development, 1100 N. Glebe Road, Suite 1500. D.C.-area technology leaders will discuss non-traditional sources of innovation. Free. Visit www.eventbrite.com/e/tandemnsiinnovation-insight-series-may-2015registration-16501297826 to register.

Gardening on a Slope. 1-2:30 p.m. at Walter Reed Senior Center, 2909 S. 16th St. Arlington County Horticultural Extension Agent Kirsten Buhls, assisted by VCE Master Gardeners, will focus a program on how to garden on a slope. Free. Call

703-228-4403 to register.

WEDNESDAY/MAY 27 Arlington County Board Candidate

Forum. 5-7:30 p.m. at the Artisphere, 1101 Wilson Blvd. The Arlington Chamber of Commerce, with supporting partner Rosslyn Business Improvement District, will be holding a business-themed candidate forum which will feature a moderated discussion of topics. Visit www.arlingtonchamber.org.

FRIDAY/MAY 29

Application Deadline. Leadership Arlington is seeking rising juniors and seniors from area high schools to apply for the Leadership Arlington

and semiors from area ingli schools of apply for the Leadership Arlington Youth Program Class of 2015. The Leadership Arlington Youth Program is designed to enhance leadership skills. Free to apply. Visit www.www.leadershiparlington.org/programs/apply/youth-programapply.

Mayor Visit. 9:50 a.m. at Thomas
Jefferson Middle School, 125 S Old
Glebe Road. D.C. Former
Washington, D.C. Mayor Vincent
Gray will visit 7th grade students and
discuss the civil rights movement,
integration and more. Free. Visit
www.apsva.us.

SATURDAY/MAY 30

Neighborhood Shred Day. 8 a.m.-12 p.m. at The Woman's Club of Arlington Parking Lot, 700 S.Buchanan St. In addition to a shredding event, find a bake sale and free vision and hearing tests. Call 703-553-5800 for more.

SATURDAY/MAY 31

Arlington Rose Foundation Event. 2-4 p.m. at Merrifield Garden Center, 8132 Lee Highway, Falls Church. Take a team-based workshop on pruning and maintenance. Free. Call 703-371-9351.

MONDAY/JUNE 1

ESL PLacement Exams. 9 a.m. and 6 p.m. at Syphax Education Center, 2110 Washington Blvd. #106. English as a Second Language for Adults, Arlington Public Schools' REEP Program is giving placement exams for the July 6-Sept. 25, 2015 English (ESL) classes. The exams are free. Visit www.apsva.us/reep.

County Board Debate. 7-9 p.m. at Campbell Elementary School, 737 S. Carlin Springs Road. The Arlington County Democratic Committee will host a forum for discussion. Visit www.arlingtondemocrats.org/ calendar.

THURSDAY/JUNE 4

Arlington Neighborhood Villages
Anniversary Party. 6-8 p.m. at
National Rural Electric Cooperative
Association Conference Center, 4301
Wilson Blvd. Arlington Neighborhood
Villages will celebrate a year of
helping seniors live independently.
Free. RSVP by emailing

register@arlnvil.org. **Special Forum on Redistricting.**

6:30 p.m. at George Mason University's Arlington Campus Hazel Hall Room.120. Come learn more about the potential impact of the redistricting process in Virginia and across the nation. Admission is free, seating is limited. Call 703-993-9817.

MONDAY/JUNE 8

ESL PLacement Exams. 9 a.m. and 6 p.m. at Syphax Education Center, 2110 Washington Blvd. #106. English as a Second Language for Adults, Arlington Public Schools' REEP Program is giving placement exams for the July 6-Sept. 25, 2015 English (ESL) classes. The exams are free. Visit www.apsva.us/reep.

MONDAY/JUNE 15

ESL PLacement Exams. See Monday, June 8 for description.

Business

Chang Chooses Arlington

taurant is to provide affordable fresh fish, meat, and vegetables with a consistent highend taste. He doesn't want to raise prices even though Arlington's rents and costs of doing business are relatively high. Other than the Rockville restaurant, which opened recently, Lydia Chang says her father doesn't plan to open more formal restaurants at this time. He has a vision for a more casual "Sichuan Wok" type fast Chinese food places in the area, with less focus on service.

Peter Chang: 2503 N. Harrison St., Arlington. Monday-Friday 11:30 a.m.-3 p.m. and 5-10 p.m., Saturdays 11:30 a.m.-1030 p.m. and Sundays 11:30 a.m.-9 p.m. See www.peterchangarlington.com



Pork Belly dish

"Flourishing After 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for May 18-23.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16thSt.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St. Arlington senior centers will be closed Monday, May

Senior trips: Wednesday, May 27, Petersburg, Va., "Lincoln" movie trail, \$9; Thursday, May 28, Leesburg Outlets, \$9; Friday, May 29, Bluegrass Jam, Round Hill, Va., \$9. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Gardening on a slope, Tuesday, May 26, 7 p.m., Walter Reed. Free. Register, 703-228-0955. Guide to a Car Free Diet, Tuesday, May 26, 11 a.m., Arlington Mill. Free. Register, 703-228-

Beginners full fitness exercise, Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555

Arlington Mill Trekkers, Tuesdays, 9:30 a.m. Free. Register, 703-228-7369.

Table tennis, Tuesdays, 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955. Intro to social media, Wednesday, May 27, 1:30

p.m., Aurora Hills. Free. Register,703-228-5722.

Pickleball's 50th anniversary event, Wednesday, May 27, 1 p.m., Arlington Mill. Free. Register, 703-228-7369.

Duplicate bridge, ACBL sanctioned, Wednesdays, 10 a.m., Aurora Hills. \$5. Register,



MCLEAN, VA // NO MINIMUM BID // JUNE 23RD

MATHEWS, VA WITHOUT RESERVE JUNE 10TH

GLOUCESTER, VA WITHOUT RESERVE JUNE 10TH

WITHOUT RESERVE JUNE 16TH

RALEIGH AREA, NC CHARLOTTESVILLE AREA, VA WITHOUT RESERVE JUNE 23RD

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OPINION

Remembering on Memorial Day 2015

at least one minute to reflect on those who have died.

n Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in

As many as 620,000 soldiers died in the line of duty in the Civil War, stunningly about 2

EDITORIAL

percent of the population at that time. To compare, while more than 2.5 million soldiers have served in Iraq and Af-

ghanistan, that number is still less than one percent of the U.S. population.

Since Sept. 11, 2001, more than 6,800 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

On Memorial Day, there are many ways to remember the fallen, including a visit to Arlington National Cemetery, or many other local commemorations. But at a minimum, wherever you are, you can observe a moment of silence at 12:01 p.m. along with Iraq and Afghanistan Veterans of America (IAVA), or you can set your own moment at some point during the day.

More than 52,000 U.S. military service members have been wounded in action, although that number is likely to be revised upward. In 2013, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.5 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries, including mental health consequences, are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Since Memorial Day 2014, with military operations winding down in Afghanistan, the Department of Defense announced the deaths of two military service members from Virginia. Sgt. Charles C. Strong, 28, of Suffolk, died Sept. 15, 2014 in Herat province, Afghanistan while conducting combat operations. Sgt. David H. Stewart, 34, of Stafford, was one of three Marines who died June 20, 2014 while conducting combat operations in Helmand province, Afghanistan.

EVERY YEAR before Memorial Day, The Connection names the local men and women who have died in military service since Sept. 11,

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

On Memorial Day, take A Few Ways To Pay Tribute on Memorial Day

- Monday, May 25, Arlington National Cemetery, National Memorial Day Observance to honor America's fallen military service members. 10:30 a.m., prelude by U.S. Marine Band. 11 a.m. Presidential Armed Forces Full Honor Wreath-Laying Ceremony at the Tomb of the Unknown Soldier, to be followed by an observance program hosted by the Department of Defense in Arlington's Memorial Amphitheater. Free and open to the public. Attendees are encouraged to be at the Tomb of the Unknown Soldier or seated in the amphitheater by 9:30 a.m. Free parking and shuttle in the Arlington National Cemetery Welcome Center's parking lot from 8 a.m. to 7 p.m.
- OBSERVE A MOMENT OF SILENCE at 12:01 p.m. This Memorial Day, Iraq and Afghanistan Veterans of America (IAVA) will lay a wreath before the

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army Blackhawk helicopter pilot who deployed to Afghanistan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

Master Sgt. George A. Banner Jr., 37, of Orange, died Aug. 20, 2013, of injuries sustained when enemy forces attacked his unit with small arms fire in Wardak Province, Afghanistan.

Spc. Caryn E. Nouv, 29, of Newport News, was one of two soldiers who died July 27, 2013 in Ghazni Province, Afghanistan, of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device and small arms fire.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed.

Staff Sgt. Jessica M. Wing, 42, of Alexandria, Va., died Aug. 27, 2012 in Kuwait City, Kuwait.

In February, 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghani-

Sgt. Aaron X. Wittman, 28, of Chester, Va., died Jan. 10, 2013 from small arms fire. Sgt. David J. Chambers, 25, of Hampton, Va., died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Va., died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Va., died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicki, 24, of Lexington, Va., died June 27, 2012, from a roadside bomb.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs

Tomb of the Unknown Soldier at Arlington National Cemetery at 12:01 p.m. and urges people across the country to pause for a national moment of silence to honor those who have made the ultimate sacrifice.

- Alexandria May 25, 11 a.m. Memorial Day Ceremony Versace Plaza/Memorial in Alexandria, Mount Vernon Recreation Center at 2701 Commonwealth Ave.
- Arlington May 25 Air Force Association's Memorial Day Ceremony, 9 a.m. commemorative Memorial Day wreath-laying ceremony at 9 a.m., at the Air Force Memorial. - 1 Air Force Memorial Dr., Arlington
- Herndon May 25 Herndon Memorial Day Observance - Town of Herndon Memorial Day Observance, Chestnut Grove Cemetery, 10 a.m.

killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two

Spc. Douglas Jay Green, 23 of Sterling, died Aug. 28, 2011. when insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23 of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19 of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23 of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21 of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40 of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After Sept. 11, 2001, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he successfully lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23 of Clifton died Jan. 11, 2009, in Helmand province, Afghanistan. 2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Ga. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27 of Oakton, died Jan, 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in a "friendly fire" incident. In April, 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

SEE REFLECT ON THOSE, PAGE 7



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OPINION

Reflect on Those who Have Died

From Page 6

Army 1st Lt. Thomas J. Brown, 26, a George Mason University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq, from small arms fire.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet.

Ami Neiberger-Miller lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his ve-

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26 of Burke, was injured in Iraq and flown to Washington Hospital Center,

where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after Sept. 11, 2001.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhriz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating counterterrorism efforts in eastern Afghani-

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamouski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

Capt. Jesse A. Ozbat, 28 of Prince George,

Va., died on May 20, 2012 in Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, Va., died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Va., died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, Va., died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Afghanistan. Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011 in combat in Afghanistan. Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, after being been seriously wounded months before. Spc. Sean R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov. 22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010, in Afghanistan.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

> Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

LETTER TO THE EDITOR

Take a Moment To Remember Fallen Troops

I hope that Americans will take a moment from whatever they are doing this Memorial Day to remember our fallen troops. Whether their action is going silent for one minute at 12:01 p.m. as part of IAVA's Go Silent campaign, or placing out flags, or attending an event in their community, or doing something simple to

honor those who have died in service to country — it doesn't have to be a lot — but it can be meaningful and it can help remind you of the true meaning of the holiday.

There are times that the many activities attached to Memorial Day — the emphasis on retail sales, the emphasis on the start of summer — are very far afield from the original intentions of Memorial Day.

The holiday originated as Decoration Day after the U.S. Civil War — a conflict where few families were left untouched by the specter of grief and 620,000 men died in the line of duty, or about 2 percent of the U.S. population at the time (in addition to civilian casualties).

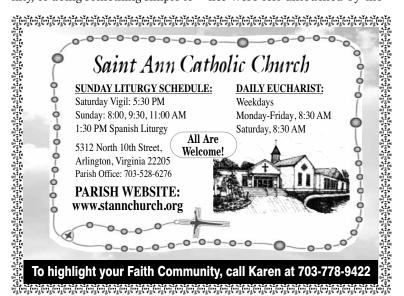
Today, because medical care is so much better and there have been many changes in how warfare is conducted, the casualty rate is much smaller — 6,851 service men and women have perished in the line of duty in Iraq and Afghanistan and affiliated operations over more than 10 years (http:// www.defense.gov/news/ casualty.pdf). The families of these 6,851 who have died in these wars this country has always had of service and sacrifice — that runs like a thread through the fabric of our society. And while we remember our loved ones and remain proud of their service and what they have given this country, sometimes it does feel like the rest of society is marching past us without noticing them at all.

Loss is not experienced on as collective a scale with the wars in Iraq and Afghanistan, and less than 1 percent of the U.S. population serves in the military. Even if you are not personally touched by war,

are connected to a legacy which you are still connected to it — because you live in this country and it is protected and defended by people who swear an oath to protect and defend this country, even to the point of death. The least people could do is pause for a moment to acknowledge their service and sacrifice.

> Ami Neiberger-Miller Steppingstone LLC

Ami Neiberger-Miller's brother, U.S. Army Spc. Christopher Neiberger, was killed by a roadside bomb in Iraq in August 2007.



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ENTERTAINMENT

Email community announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/ or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

"Ecuador Magico." Through May 23. Various times at Gunston Theatre Two, 2700 S. Lang St. Teatro de la Luna presents "La Escoba," a comedy, 'Mary Magdalene, the woman erased," a drama, the Juan Estrella Magic Show, and "Boleros," a tribute to musician Julio Jaramillo as part of their "Forever Theatre" season. Tickets start at \$15. Visit

www.teatrodelalune.org.

"RED." Through May 30, 10 a.m.-6
p.m. Monday-Friday, 10 a.m.-2 p.m. Saturday at Gallery Underground, 2100 Crystal City Drive. Watercolor artist Frank Eber will jury a show centered around the color red. Free. Visit www.galleryunderground.com.

May Members Show. Through May 30, 10 a.m.-6 p.m. Monday-Friday, 10 a.m.-2 p.m. Saturday at Gallery Underground, 2100 Crystal City Drive. The Main Gallery at Gallery Underground will become home to an exhibit of members' work including sculpture, glass, ceramics and more. Free. Visit www.galleryunderground.com.

"Creating Across the City."

Through June at Reagan National Airport, Three organizations; Critical Exposure, The National Building Museum and ARTLAB+ have teamed up for "Creating Across the City: A Teen Art Showcase," which provides an outlet through art and design for creative local teens. Free.

"Current." Through June 28, 4-8 p.m. on Wednesday and Friday; 12-5 p.m. on Sunday at Artisphere's Artist in Residence Studio, 1101 Wilson Blvd. Sculptor and installation artist Brian Davis will have open studio hours. Free. Visit www.artisphere.com.

Spring SOLOs. Through June 28, 12-5 p.m. Wednesday-Sunday at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center hosts several solo exhibits each season. This spring, they welcome Bradley Chriss, Nichola Kinch, Kate kretz, A. Gray Lamb, Nate Larson, Dan Perkins, and Paul Shortt. Admission to the gallery is free. Visit

www.arlingtonartscenter.org. "Holoscenes/Quaternary Suite." Through June 28, Gallery hours at Artisphere, 1101 Wilson Blvd. Media artists, design, director, write and artistic director of Early Morning Opera Lars Jan presents a performance, video, photographic and print comprised work. Free. Visit

www.artisphere.com.
"Cabaret." Through June 28 at various times at Signature Theatre, 4200 Campbell Ave. This musical is set in 1931 Berlin and revolves about a young cabaret perform and her love interest. Tickets start at \$40. Visit www.signature-theatre.org.

Crystal Screen. Mondays through Aug. 31 at sunset at 1851 S Bell St. Courtyard. Watch a projected film under the stars. This year's theme is espionage. Free. Visit www.crystalcity.org.

Blues, Brews and Barks.

Wednesdays in June, 5-8 p.m. at 2121 Crystal Drive. Hear local music, visit the beer garden, or relax in the courtyard with your dog. Free to attend. Visit www.crystalcity.org.

Wine in the Water Park, Fridays in June, 6-10 p.m. at 1750 Crystal Drive. The Washington Wine Academy will be providing service and wine selection. Free. Visit www.crystal.city.org.

LGBT & Straight Friends Social.

Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's 'Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. IOTA Club & Cafe has designated every Tuesday LGBT & Straight Friends Social Night for those 21 years and older. Free. 0Visit www.iotaclub andcafe.com for more information.

Open Mic

Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Bĺvd. Doors open at 7 p.m. 21 and up only. Free show \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/ Arlington for

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no

registration required. Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Featured musicians perform from 9:30-10 p.m. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow's on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-

Storytime. Mondays and Fridays, 10:30-11:00 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime

with Ms. Laura. Call 703-527-5929. **Lego Club.** Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 South Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

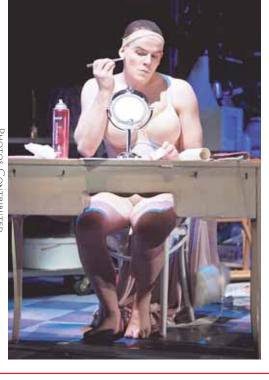
Family Nights. 7-9 p.m. on the first Friday of the month at Arlington Mill Community Center. E-mail DPR-YouthandFamily@arlingtonva.us. or call Emily Thrasher at 703-228-4773

Ball-Sellers House Tours. 1-4 p.m. at The Ball-Sellers House, 1015 N. Quincy St. This year marks the 40th



Alex Mills stars as Jerry in "A Tale of Two Cities." 'A Tale of Two Cities'

Synetic Theatre's version of "A Tale of Two Cities" is a Charles Dickens classic with a twist. This version is about what happens when a drag queen named Jerry finds a crying baby on his doorstep. To soothe the child, he plays all of the characters in "A Tale of Two Cities" himself. "A Tale of Two Cities" is playing at Synetic Theatre, 1800 S Bell St. Through June 21. Tickets start at \$35. Visit www.svnetictheater.org.



anniversary of the Arlington Historical Society receiving the house from Marian Sellers in 1975 for \$1. Free. Visit

www.arlingtonhistoricalsociety.org. Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market complete with arts, crafts, and other handmade goods. Free to attend. Visit www.crystalcity.org.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit ww.torpedofactory.com

CAMPS, CLASSES & WORKSHOPS

Theatre Classes. Encore Stage & Studio is holding classes and mini camps for children in grades K-8 at on Saturdays at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road and Tuesdays and Wednesdays after-school at Theatre on the Run, 3700 S. Four Mile Run Drive. Visit www.encorestageva.org for a list of classes.

Synetic Theater. Synetic Studio, 2155 Crystal City Plaza Arcade T-19, Arlington. Synetic offers an introduction to physical theater, acting and dance that inspire students to creativity. Classes include programs for elementary, middle and high school students, as well as adults. Discounted packages and payment plans are available. Visit www.synetictheater.org/studio or call 703-824-8060.

Teen Camp Summer Intensive. June 22-July 1, 9 a.m., at the Synetic Studio. Eight days of actor training and new play development led by Synetic teaching artists and DC theatre professionals, culminating in the production of Star Force, a physical musical theatre parody of everyone's favorite intergalactic space odyssey. Register at

www.synetictheater.org. Youth and Teen Winter Fitness **Programs.** Winter speed and explosion workshops at Swanson Middle School will focus on mental preparation, speed, explosion, agility, fitness and conditioning training. Teens ages 13-19 can take advantage of programs focused on baseball and softball. Ages 9-13 will enjoy a more

generalized program. The key objective of workshops is to ensure that every athlete is challenged in an intense and fun atmosphere that will enable them to learn and maximize their performance and to achieve peak condition. For full time and session dates or to register visit www.registration.arlingtonva.us and use activity code 720515.

GenCyber Residential Camp. July 5-17, at Marymount University, 2807 North Glebe Road. Marymount University is offering Summer Tech Institutes for students 16-18. Participants will take daily classes from Marymount faculty. This program in particular will focus on awareness of cybersecurity among high school-aged children. Free. Visit www.Marymount.edu/admissions/ summer to apply.

Jane Franklin Dance Summer Camp Program. July 13-Aug. 7 at Cultural Affairs Building, 3700 S. Four Mile Run Drive. Children ages 5-9 may participate in theatre, performing, and visual arts activities. Enrollment starts at \$255. Scholarships are available. Visit www.janefranklin.com.danceeducation/classes.

Mobile App Development

Institute. July 13-17, at Marymount University, 2807 North Glebe Road. Marymount University is offering Summer Tech Institutes for students grades 8-12. Participants will take daily classes from Marymount faculty. This program will focus on the development of mobile applications. Free except for \$100 application fee. Visit www.Marymount.edu/admissions/

summer to apply. **GenCyber Day Camp.** July 5-17, 9 a.m.-4 p.m. at Marymount University, 2807 North Glebe Road. Marymount University is offering Summer Tech Institutes for students 14-18. Participants will take daily classes from Marymount faculty. This program in particular will focus on awareness of cybersecurity among high school-aged children. Free except for \$100 application fee. Visit www.Marymount.edu/admissions/

Bowen McCauley Dance Summer Intensive. Aug. 10-14, 4-8:30 p.m. at The Maryland Youth Ballet studios, 926 Ellsworth Drive, Silver Spring, Md. Bowen McCauley Dance

of Arlington will host four days of intensives for dancers age 16 and older. Registration is \$400 until May 31, \$450 until June 30, \$500 after that. Scholarships are available. Visit www.bmdc.org/outreach.intensive.

MAY 13-JUNE 21

"A Tale of Two Cities." Various times at Synetic Theater, 1800 S. Bell St. A drag queen finds an abandoned baby at his door. To calm the child down, he enacts the entirety of Charles Dickens' "A Tale of Two Cities" playing all the characters himself. Tickets start at \$35. Visit www.synetictheater.org.

MAY 19-23

Donna Migliaccio: Randomosity.

8:30 p.m. at Signature Theatre, 4200 Campbell Ave. Signature's co-founder headlines her own cabaret. Tickets are \$35. Visit www.signaturetheatre.org.

WEDNESDAY/MAY 20

Leadership Legacy Awards. 6-9 p.m. at The Westin Arlington Gateway, 801 N. Glebe Road. Bean, Kinney & Korman, P.C., Arlington Food Assistance Center, and Arlington Partnership for Affordable Housing will be honored by

Leadership Arlington for their work in the community. The event will also celebrate the graduation of the Leadership Arlington Signature Program Class of 2015. Admission is \$125. Visit

www.leadershiparlington.org.

Shut Up and Write! 7 p.m. at

Arlington Central Library, 1015 N Quincy St. One More Page Books will sponsor an installment of a young adult writers panel series featuring Katelyn Detweiler, the author of "Immaculate." Free. Visit www.onemorepagebooks.com.

Urban Gardening Classes.Wednesdays, 7-9 p.m. at Central Library, 1015 N Quincy St. Become acquainted with proper gardening techniques and landscaping while also expanding one's knowledge of edible plants. Free. Visit www.library.arlingtonva.us.

"Zip Through a Tight Space." 7 p.m. at Rachel M. Schlesinger Concert Hall & Arts Center 3001 N. Beauregard St., Alexandria. The Jane Franklin Dance Company, which is based in Arlington, presents "Zip

ENTERTAINMENT

Israel Fest Returns

Israel Fest: Israel @ 67 is a production of The Jewish Community Center of Northern Virginia celebrating 67 years of the establishment of the State of Israel. On May 31 at the Village at Shirlington, 4271 Campbell Ave. Guests will find hands-on activities, food, dancing and an Israel-style market or "shuk." Israeli singer/songwriter Yoni Jahasi will perform. Israel Fest is free to attend. Visit www.jccnv.org.



Through a Tight Space." VIP tickets are \$100. General admission is \$40-80. See www.janefranklin.com.

THURSDAY/MAY 21

Traveling Wilburys Tribute

Concert. 8:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Enjoy an amazing line-up including Andy Zipf, South Rail, The Glimpses, and more. Tickets are \$12. Call 703-522-8340.

FRIDAY/MAY 22

An Afternoon With the Sultanas.

1:30-2:30 p.m. at Aurora Hills Community & Senior Center, 735 18th St S. The Sultanas are a dance group that use the Ancient Art Center. Free. Visit www.arlingtonva.us.

SATURDAY/MAY 23

Central Arlington History Tour. 9

a.m. at Clarendon Metro Station. The Center Hiking Club is hosting a 12mile tour of central Arlington. Visit sites like the Civil War Outpost, the D.C. Boundary Stone and more. Tickets are \$2 for nonmembers. Contact Bernie Berne at 703-243-0179 or bhberne@yahoo.com.

Yoga Hike. 10 a.m. at Gateway Park, 1300 Lee Highway at base of Key Bridge. Join other yoga practitioners in a workout along various hiking trails in the area. Free. Register at www.rosslynva.org.

Gallery Talk. 1-4 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Spring SOLOs" artists will discuss their work. Free. Visit www.arlingtonartscenter.org.

Celebration of the Moon. 7-8 p.m. at Long Branch Nature Center, 625 S Carlin Springs Road. Listen to stories and learn more about the moon and its cycles. The fee is \$5. Visit www.arlingtonva.us.

MAY 23-JUNE 20

"Cabaret" Backstage Tours.

Saturdays, 5 p.m. at Signature Theatre, 4200 Campbell Ave. Learn what inspired the story, watch the director and designers discuss their work and discover more about the production of the show. Tickets are \$10. Visit www.signature-theatre.org.

SUNDAY/MAY 24

Author LM Clark Book Signing

Event. 10:45 a.m. at Arlington Assembly of God, 4501 N Pershing Drive. Author LM Clark, will be available to sign copies of her book, "The Never Ending War: The Unseen Scars of Post-Traumatic Stress Disorder." Free to attend. Contact 405-458-5642 or michelle@keymgc.com

WEDNESDAY/MAY 27

Book Talk. 7 p.m. at One More Page Books, 2200 N Westmoreland Children's authors Tara Dairman ("Stars of Summer"), Rebecca Behrens ("When Audrey Met Alice), and Jen Malone ("You're Invited").

www.onemorepagebooks.com.

THURSDAY/MAY 28

"Power of Choice" Gala. 7 p.m. at

www.ConnectionNewspapers.com

CEB Waterview Conference Center, 1919 N Lynn St. NARAL Pro-Choice Virginia, the grassroots political and policy organization will host their annual gala with food, drink, and views of The Potomac. Tickets are \$45-100. Visit www.naralva.org.

C.J. Chenier & The Red Hot

Louisiana Band. 7:30 p.m. dance lessons, 8:30 p.m. show at Artisphere, 1101 Wilson Blvd. Zydeco singer and accordionist will perform after zydeco dance lessons from D.C.based Dancing by the Bayou. Tickets are \$20. Visit www.artisphere.com.

Band Concert. 7:30-9:30 p.m. at Washington Lee High School, 1301 N Stafford St. Observe the Arlington Concert Band and Army Brass Quintet perform beautiful compositions and one original piece. Free. See www.arlingtonconcert band.com.

FRIDAY/MAY 29

Film Screening. 7 p.m. at Artisphere, 1101 Wilson Blvd. Jeremy Ambers' documentary "Impossible Light," follows artist Leo Villareal as he installs 25,000 LED lights on the Western Approach of the San Francisco-Oakland Bay Bridge. Tickets are \$5. Visit www.artisphere.com.

SATURDAY/MAY 30

"What's this Water?" 10-11:30 a.m. at Long Branch Nature Center, 625 S Carlin Springs Road. Children 6-8 may learn the basics of water ecology, how to protect aquatic creatures, and do water quality tests. This program is free. Visit www.registration.arlingtonva.us.

Crawfish Boil. 1-7 p.m. at Tortoise and Hare Bar and Grille, 567 S 23rd St. All-you-can-eat crawfish, jambalaya, gumbo and gator. Tickets are \$35. Visit www.tortoiseand harebar.com.

George Washington's Forest

History Walk. 1:30-3:30 p.m. at The Ball-Sellers House Museum, 5620 Third St. View George Washington's numerous survey markers and a mill built by his relatives on the three-mile walking tour. Free. Visit www.arlingtonhistoricalsociety.org.

"Crooked" Film Screening. 2-5 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Attend a screening of 'Crooked," which explores the history behind the Crooked Road Music Trail. The filmmakers will be on hand for a Q&A session. Free. Visit www.library.arlingtonva.us.

SUNDAY/MAY 31

Israel Fest. 12-5 p.m. at Village at Shirlington, 4271 Campbell Ave. Find activities, food, entertainment. dancing, and a shuk (market). Admission is free. Visit www.jccnv.org.

WEDNESDAY/JUNE 3

Greater Washington, DC Choral

Excellence Awards. 6:30 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. The Choralis Foundation will sponsor an event honoring area choruses and chorus leaders. Tickets are \$105 before May 13, \$125 after. Visit www.chorals.org/events.

THURSDAY/JUNE 4

Inside Signature With Barrett

Wilbert Weed. 1-2 p.m. at The Mead Lobby at Signature Theatre, 4200 Campbell Ave. Barrett Wilbert Weed, who stars in "Cabaret" as Sally Bowles will discuss her career. Free. Visit www.signature-theatre.org.

Photography Workshop. 6:30-8 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Free. Visit

www.arlingtonartscenter.org.

JUNE 4-28

The Madwoman of Chaillot. Various times at Gunston Theatre Two, 2700 South Lang St. The WSC Avant Bard presents a comedy translated from French about four women attempting to save the world from capitalists. Tickets start at \$10. Visit www.wscavantbard.org.

FRIDAY/JUNE 5

Arlington Historical Society

Annual Banquet. 6:30-9 p.m. at the Holiday Inn Rosslyn, 1900 North Fort Myer Drive, Arlington. Visit www.arlingtonhistoricalsociety.org for more.

SATURDAY/JUNE 6

Arlington History Bike Tour. 9:00

a.m. at Ballston Metro Station, Top of Escalator, S.E. Corner of N. Stuart Street and Fairfax Drive. Bike 1-23 miles visiting Arlington parks and historic sites. Bring lunch, water and any type of bike. Wear helmet. Cost is \$2 to participate. See www.centerhikingclub.org or call 703-243-0179.

House Concert Series. 7:30 p.m. in Bethesda. Arlington-based IBIS Chamber Music presents concerts in private homes, followed by a reception. Proceeds fund community concerts. \$25, limited space. Email susan@ibischambermusic.org or call 703-755-0960 for reservations. Visit ibischambermusic.org for more.

Riverbend Opera Company. 7:30 p.m. at Temple Rodef Shalom, 2100 Westmoreland St., Falls Church, The Riverbend Opera Company will perform Francesco Cilèa's verismo Adriana Lecouvreur, set in the early 18th century. Tickets are \$25 and \$15 for students.

SUNDAY/JUNE 7

Post-Civil War Lecture. 5 p.m. at Arlington Central Library, 1015 N Quincy St. Matt Penrod of the National Park Service, Arlington House, will lecture on Robert E. Lee and Arlington House after the Civil War. Free. Visit library.arlingtonya.us.

TUESDAY/JUNE 9

The Human Resource Leadership

Awards. 8:30 p.m. at Ritz-Carlton, Pentagon City, 1250 S Hayes St. Human resource professionals will be honored at this award ceremony. The event is designed to function as a networking event. Tickets are \$275 for individuals. Visit www.hrleadership.org/annual-gala.



C'MON, BE HONEST. WHAT WOULD YOU RATHER BE DOING THIS SUMMER?



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News

Democrats Battle in Primary for 45th Delegate District

From Page 3

MARK LEVINE
Levine's campaign focus is on environmental issues. In particular, Levine's chief ambition would be to see legislation that would begin cleaning the Potomac River.



Levine

"My dream is to swim in the

Potomac one day," said Levine. "In 10 years, it's possible. We can start with little things, like preventing raw sewage from being dumped into the river or state compacts with Pennsylvania, who pollutes the river more than Virginia, Maryland, or D.C. This is a big goal, but big goals are just small goals magnified."

Levine said he would also propose legislation that would allow people with solar panels in their yard to sell the excess energy back to Virginia Dominion Power.

"[Virginia] Dominion Power doesn't allow this, but it saves energy," said Levine. Despite 2015 legislation that deregulated Virginia Dominion Power, like the bill that allows the company to bypass financial review, Levine says the passage of similar solar energy legislation in "red states" like Georgia and Arkansas gives him hope for Virginia.

Regarding Alexandria's overburdened and outdated sewage system, Levine wants to offer tax incentives for homeowners who collect and utilize their own rainwater to avoid runoff into the Potomac.

Levine says he's aware that passing environmental legislation can be difficult in a Republican-controlled legislature, but insisted that it's mostly a matter of making the right compromises and alliances.

"The Tea Party is the bane of the Progressive's existence on issues like Medicaid and minimum wage, but there are certain Green-Tea alliances that can help pass environmental legislation," said Levine. Levine said that coalitions with conservatives are about understanding the different priorities, namely a focus on liberty and financial responsibility, two areas he believes his solar panel legislation would be feasible. "And sometimes the best you can do with that is just stopping bad laws, like [ones that allow] fracking. I know how to build a coalition to get people riled up. Do I think we're going to pass a law banning fracking? No. But can we stop a fracking proposal? Maybe. It's about knowing how to work it and who to talk to. People are reasonable once you get past the rhetoric and policy."

Levine describes himself as policy geek who genuinely enjoys reading and analyzing legislation.

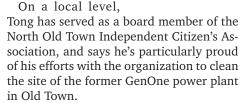
"I know how to craft, read, and negotiate laws," said Levine. "I know how to make the right kind of compromises, I've done it for 20 years working inside the system, outside the system, and around the system. Other candidates would be fine legislators and they're nice people, but they don't have the experience I have. If you're going to hire a surgeon, there could be five really nice

people, but if only one of them has done operation before, I'd rather have that surgeon." Levine is a Constitutional lawyer and journalist. While Levine had worked on domestic abuse and gay-rights bills as an advocate, most of Levine's policy experience comes from his time in 2001 to 2003 as chief legislative counsel to Barney Frank, a congressman from Massachusetts. During his time with Frank, Levine saw the Democratic congressman work with Republican U.S. Rep. Ron Paul to work on a bill legalizing marijuana. Levine said that seeing two politicians so politically opposite working on a common cause was a large part of his influence to run for office.

CLARENCE TONG

Like Levine, Tong's primary campaign focus is on environmental issues. As delegate, Tong said he hopes to bring more clean energy jobs to benefit the local environment and the economy.





Tong's political experience is primarily tied to environmental legislation. In 2010-2011, Tong worked as a congressional liaison to the U.S. Department of Energy and

between April 2012 and October 2014 served as the senior advisor and legislative affairs specialist for the U.S. Department of Energy. Tong said this legislative experience at a national level has given him experience with working on environmental issues while Democrats are a minority.

"Just because we're in the minority doesn't mean we can't move forward," said Tong. "We have to find common ground where we can, but overall, we also have to bring up the environmental impact [of legislation]. I'm under no illusions here. We need more Democratic seats [in Virginia legislature] and I would be fully prepared to work with the Democratic caucus chair to make sure that happens. With 32 Democrats [in the House of Delegates], we won't be able to move bills forward."

Tong cited his experience as former chair of the Alexandria Democratic Committee from January of 2014, where the committee donated and helped campaign for Democratic candidates in neighboring districts. Some, like 34th District House of Delegates candidate Kathleen Murphy in Fairfax, were successful. Others, like the campaign to unseat independent John Vihstadt from the Arlington County Board, were not. "You win some, you lose some," said Tong, "but as a Democratic chairman in a Democrat rich area, it's important that we were able to reach out and help. We have the numbers in Alexandria, and the Arlington Democrats reached out and asked for our assistance."

The Democratic nominee for the 45th District seat will be determined in the June 9 primary.

Bishops' Statement on Death Penalty Debate

To build a culture of life we must respect the sanctity of even "unlovable" lives.

By Bishop Francis X. DiLorenzo And Bishop Paul S. Loverde Catholic Diocese of Arlington

his year, through the advocacy of the Virginia Catholic Conference, our Church spent considerable time opposing legislation related to the death penalty. The proposed measure would have permitted the Commonwealth to arrange with compounding pharmacies to mix drugs for use in executions, hiding from the public the identities of the pharmacies and materials used. Thankfully, this bill was defeated. So, too, was a measure the Virginia General Assembly considered last year also opposed by the Conference — that would have forced death row inmates to be electrocuted if lethal injection drugs are not available.

Meanwhile, Pope Francis delivered a message which sharply contrasted these disturbing debates. "There is discussion in some quarters about the method of killing, as if opsilo Arlington Connection & May 20-26, 2015

it were possible to find ways of 'getting it right'," the Pope wrote in a recent letter about the death penalty. "But there is no humane way of killing another person."

Pope Francis' keen observation adds an exclamation point to the rejection of these "method of execution" bills. In Virginia, we are indeed having the wrong debate — a reality clearly visible in light of all we celebrate

during this Easter season.

In these final joyful weeks of Easter, the Church continues to celebrate the gift of eternal life offered through the Resurrection. In our pilgrimage to that life, we follow Jesus, who loved and forgave us from the Cross, by living out the teaching of our faith that all human life is sacred, from the moment of conception until natural death.

This conviction is reflected in our understanding that the poor and vulnerable have the first claim on our consciences, in our opposition to abortion and euthanasia, and in our responsibility to welcome immigrants and refugees. But our faith also challenges us to declare sacred even the least lovable among us, those convicted of committing brutal crimes which have brought them the ultimate penalty, the penalty of death.

The Church's teaching on the death penalty is succinctly stated in a 2005 U.S. Bishops' statement, "A Culture of Life and the

Penalty of Death:" "No matter how heinous the crime, if society can protect itself without ending a human life, it should do so." This statement is the teaching of the Catechism, and for decades Popes John Paul II, Benedict XVI, and Francis consistently

COMMENTARY

have urged us to embrace it.

To be sure, this teaching challenges many people, including ourselves when we reflect on vio-

lent crimes and lives lost in senseless and unimaginable ways. The deep pain, grief, and suffering of those who have lost loved ones to violence cry out for our care and attention. More killing, though, is not the answer: The death penalty does not provide true healing for those who mourn, nor does it embody the Gospel of Life, which each of us is called to affirm even in the most difficult circumstances.

... By ending the use of the death penalty we would take one important step — among significant others we must take — to abandon the culture of death and embrace the culture of life.

As Pope Francis reminds us, there is no humane way of taking a life. Let us not choose whether to use lethal drugs, electric chairs, gas chambers, or firing squads. Let us take the more courageous step and choose life instead, even when it seems "unlovable."

LETTER TO THE EDITOR

Legislative Focus On Alzheimer's

To the Editor:

Freshman U.S. Rep. Don Beyer (D-8) is demonstrating he values his constituents' opinions. Less than two months after its introduction, Beyer cosponsored H.R. 1559, the HOPE for Alzheimer's Act.

As a long-time Arlington resident and someone who recently lost his mother to Alzheimer's, I appreciate Representative Beyer seeking to do more for families impacted by this disease, the only deadly disease among the top 10 without an effective way to treat, prevent or cure it.

This bill would provide patients and their caregivers a set of comprehensive care planning services after receiving an Alzheimer's diagnosis. When my mother was diagnosed in 2008, my family was given no guidance on care by her physician and we didn't know where to seek help. While I helped my father care for her on many weekends, that meant driving to my hometown in western Pennsylvania, which sadly wasn't something I could do weekly. I am certain most of the 450,000 Alzheimer's caregivers in Virginia share in this frustration of juggling work and family commitments, especially the many in NoVA who like me, grew up elsewhere. **David Lusk**/Arlington

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Educating about Alcohol and Drugs

Suggestions for talking to teens about staying safe.

BY MARILYN CAMPBELL The Connection

raduation, prom and the summer before heading off to college are some of the highlights of a teen's high school experience. While the season brings landmark events, it can be marred by the consequences of engaging in harmful activities.

Parents can play a pivotal role in keeping teens safe. The Unified Prevention Coalition of Fairfax County reports that teens cite their parents as the leading influence for them not to drink, and say that it is not difficult to get alcohol from their family

home, older siblings or friends. Initiating a dialogue with teens about the dangers of unsafe behaviors such as drinking and drug use can be daunting for some parents.

"We know that teens who receive consistent messages from their parents about their expectations that their child not use alcohol are much less likely to use," said Diane Eckert, deputy executive director, Unified Prevention Coalition of Fairfax County.

The season brings celebratory activities and less supervision, and therefore more opportunities to take chances, said Eckert. It's critical that parents "sit down with your teens and talk with them about your expectations," she said.

"With less structure and more excitement, teens can find themselves taking more risks, so it's important for parents to be involved."

Conversations about safety during activities where teens will have more freedom can be difficult to navigate. "For sure those are hard conversations," said Amy L. Best, Ph.D., professor of Sociology and chair of the Department of Sociology and Anthropology at George Mason University in Fairfax.

"Parents want to be careful not to drown out the fun times that prom and graduation also represent. It's about finding balance. Part of it is about finding ways to talk about the risks without your teen walking away feeling hyper-vulnerable and disempowered."

The dialogue should be factual and non-threatening. "Ask open-ended question about what is going on at school and with their friends," said Best. "It easier to open those conversations when you're not talking about your child, and you're collecting information about what is going on at school and with their friends." Best is author of "Prom Night: Youth, Schools and Popular Culture" (2000 Routledge), which was selected for the 2002 American Educational Studies Association Critics' Choice Award.

Difficult conversations are made easier if there is a history of open, honest communication between a parent and child. While parents should make their expectations for their child's behavior clear, Best warns against lecturing or talking down to a teen. "The prom should not be the first time that these conversations occur," she said. "It's really important that kids to be able to express their feelings and have an active role in the conversation. Trust has to be

built into the relationship in order for that to happen."

A concrete plan for ensuring safety should be part of the conversation. "Kids are often in situations where alcohol is being consumed and they may not be the ones consuming it," said Best. "So safe driving arrangements are important."

"The good news is that a lot of kids are opting out of drinking and greater awareness around the potential for sexual assault," said Best. "The message has to be communicated in advance and schools have a role to play in that."

In Arlington, School Resource Officers are collaborating with local high schools to focus on alco-

hol use prevention and awareness programs now that prom and graduation season is underway. Programs such as "Drive to Stay Alive" and "Prom Promise" are in place to educate students in having a safe and fun prom season. One of the roles of the officers is to provide positive guidance to students "and to act as positive role models both inside and outside the school environment."

Kathy Ely, spokeswoman for Connelly School of the Holy Child, an all-girls school in Potomac, Md., says her school, as well as most schools, have safety plans in place. "We understand the pressures that these girls are under, and work hard to educate them about effects not just now but for their future," she

"... It is about finding ways to talk about the risks without your teen walking away feeling hypervulnerable and disempowered."

— Amy L. Best, Ph.D., **George Mason University**

Tips for Keeping Teens Safe

Help make prom and graduation night safe for teens by following

- * Do not serve or allow alcohol at any party you are hosting; an adult who provides alcohol to a minor is breaking the law and risking that teen's life.
- Know where your teenager is attending a party; verify there will be parental supervision, and that it will be alcohol-free.
- Make it clear to your teen(s) that you do not approve of their drinking alcohol.
- Report underage drinking parties by calling the Fairfax County Police Department's non-emergency number: 703-691-2131. Your call can be anonymous and may prevent injuries or a fatal car crash.
- · Educate your family on the risks associated with underage drinking and its proven harmful effects on the brain. The legal drinking age is 21, and students who wait until their early 20s to drink are 84 percent less likely to develop an addiction than those who start
 - Make sure your teen has a plan for

the night and that you know what it

- · Do not rent hotel rooms for prom-goers.
- Know who is driving if it's a limo, check their policy on not allowing any alcohol in the vehicle and driving any teen who clearly has been drinking.
- Encourage your senior to attend their school's All Night Graduation
- Unified Prevention Coalition of Fairfax County





SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.
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6/10/2015Father's Day Dining & Gifts
6/10/2015HomeLifeStyle
6/17/2015A+ Graduations & Summer Learning
6/17/2015 Father's Day Dining & Gifts
Father's Day is June 21
6/24/2015Independence Day Preview
6/24/2015Professional Profiles & Business in the Community
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7/8/2015HomeLifeStyle
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News

Virginia Women's Monument Moves Ahead

ary Margaret Whipple held the first of several information sessions planned for around the state in her Arlington home on May 17 focusing on the Virginia Women in History Monument to be constructed along Capitol Hill in Richmond. Three of the commission's members including Whipple attended along with a number of public officials. This monument will feature bronze statues of 12 women who contributed to Virginia's history over four centuries. It ranges from early state legislators, a pathologist, scholars and professors, a poet and the first African American certified public accountant.

Whipple said the idea originated in a resolution passed by the Virginia legislature four years ago to create a Women's Monument Commission. Since she was chair of the Rules Committee in the General Assembly, she was automatically a member of the commission. When Terry McAuliffe became Governor, Whipple became vice chairman and conducted most of the meetings. Other commission members include citizen rep-

resentatives, two delegates and two members of the General Assembly and others with official roles such as the state librarian and the executive director of preservation.

The process began by advertising for sculptors and design teams to put a finished product forward and 33 responded. A panel of artists, architects and historians culled the list. "We interviewed eight and asked three to come back with a model. The three finalists were very different, one a solo statue on a pedestal and another quite Baroque with a tower of women winding upward, each holding the hand of the one above. We chose the design submitted by Studio EIS and the 1717 Design Group because the bronze statues seemed the most educational, most approachable. We could envision little girls coming to learn."

The next step was selecting the women for the statues. A panel of historians put together about 40 names and suggested a dozen with some extras. "We wanted geographical diversity around the state. Some of the statues will be standing, others sit-



An information session on "Voices in the Garden," the planned Virginia Women in History Monument, was held Sunday, May 17 at the home of Mary Margaret Whipple. From left are three commission members including EJ Scott, Mary Margaret Whipple, Krysta Jones, and M. Alice Lynch, executive director of the Virginia Capitol Foundation, the private sector advocate for the Capitol and Executive Mansion.

ting on benches. We don't have the final yet." In addition, "Voices from the Garden" will have a partial glass wall curving around the area that will allow the opportunity to

etch the names of 300-400 other distinguished women around the state over time.

- SHIRLEY RUHE

Pre-schoolers Learn from Garden Therapy

he door swings open and 12 preschoolers skip to the corner and sit themselves in a circle. It is the monthly half-hour garden therapy session at Glebe Elementary in Arlington. Mary Cottrell, chair of the Garden Therapy Committee at the Rock Spring Garden Club, said this concept was started over 30 years ago and has been running ever since.

Glebe Principal Jamie Borg says this is a preschool special education class with peer models. The children who receive special education services have been identified as having a disability and the peer models are specially selected from the neighborhood. They serve as friends to the students modeling play skills and language. Borg added, "we learned early on that while we can model play and communication with kids, it is learned much faster and authentically by a peer."

This session is about hummingbirds. Connie Richards, who is in charge of the May presentation, says they will read about hummingbirds and then make bouquets of flowers that hummingbirds would like. She opens the book: "Show me your nose. Do you think you could get your nose into a flower?"

The next page describes male and female hummingbirds. "Who knows the difference? Well, a male hummingbird has an iridescent throat. That means it is shiny." Richards goes on, "The female isn't as pretty but has an Important job. She lays the eggs and protects them and later feeds the chicks nectar from the flower."

She continues with hummingbird body parts. "What do we call our wings? Right — arms. Can you flap your wings?" The room comes alive with arms moving up and



The final hummingbird arrangements are displayed by the participants in the monthly garden class at Glebe Elementary on May 12.

The garden therapy class focuses on creating humming-bird-friendly arrangements with bright azaleas, lilac and honeysuckle flowers that are attractive for birds seeking nectar.



down. Finally to the theme of the day: "Hummingbirds like flowers shaped like trumpets. " And the room is filled with a cacophony of sound.

Now to the table where each place has a small, green spongy Oasis cube that will hold the arrangement. "First start with the green twigs." Everyone has a different vision with some green twigs all on top, others around the edges. When all are satisfied with the first step, one of the Garden Club volunteers places the pink azaleas in the center of the table mixed with some white honeysuckle. "And smell this," Mary Nell Bryant said, holding out a lilac branch in front of a small nose. Earnest faces concentrate on the effort; some share stems with each

And each child has an original creation to take home with the final thought: "Remember hummingbirds like colorful flowers."



Preschool garden therapy class at Glebe Elementary begins with a book about hummingbirds read by Connie Richards, the Rock Spring Garden Club member who organized the May presentation. She points out a hummingbird's bill and asks: "Where is your nose?"

Photos by Shirley Rui

Sports



Washington-Lee's Jeff Constantz, left, greets Teddy Herbert after Herbert launched a solo home run in the first inning against South Lakes on May 15.



Left fielder Jeff Constantz and the Washington-Lee baseball team lost to South Lakes 3-1 on May 15.

South Lakes Pitcher Wojciechowski Baffles Washington-Lee

Herbert homer produces Generals' lone run in defeat.

By Jon Roetman The Connection

n 2014, the South Lakes baseball team entered the Conference 6 tournament as the No. 2 seed and in prime position to end the program's lengthy regional tournament drought, which reached all the way back to 2003.

But despite having standout Matt Wojciechowski on the mound during the quarterfinals, the Seahawks lost at home to a McLean team that caught fire during the postseason, eventually reaching the state tournament.

The defeat ended South Lakes' season.

One year later, the Seahawks were back at home in the conference quarterfinals and Wojciechowski, now a senior, was back on the bump. The right-hander ran into trouble early against Washington-Lee on Friday, surrendering a solo homer to pitcher Teddy Herbert in the first inning, but Wojciechowski's performance during the final six innings helped ensure South Lakes' season would continue.

Wojciechowski baffled the Generals, allowing just four hits while striking out 11 as the Seahawks earned their first regional berth in more than a decade with a 3-1 victory on May 15 at South Lakes High School.

South Lakes, the No. 3 seed, was scheduled to face No. 2 Madison in the semifinals on Tuesday, after The Connection's deadline

"At the beginning of the year we had two goals: make the regional tournament and win the [conference]," Wojciechowski said. "Goal one is accomplished and now on to goal two. It's a great feeling and a huge win for our program in general."

With the score tied at 1, W-L had runners at first and second with two outs in the top of the sixth inning with Herbert, who had already homered, at the plate. Wojciechowski got out of trouble by striking out Herbert, leading to a celebratory reaction from senior catcher Jared Abelson.

South Lakes took the lead with a pair of runs in the bottom of the sixth, and Wojciechowski finished off the Generals by

Head coach Doug Grove and the Washington-Lee baseball team entered the Conference 6 tournament as the No. 6 seed.



Washington-Lee shortstop Andy Collins throws across the infield on Friday.

striking out the side on 10 pitches in the seventh.

"We couldn't ask for more," W-L head coach Doug Grove said about having Herbert at the plate in the sixth inning. "He's been our horse all season long. Right guy in the right situation. [Wojciechowski] made good pitches. ... You saw what he was made of in the seventh inning — 10 pitches, nine for strikes."

Wojciechowski surrendered a solo home run in the first inning, but allowed just three singles the rest of the game. He threw 89 pitches, including 65 for strikes, and did not walk a batter.

"In baseball you have to have a short memory because that can happen all the time," Wojciechowski said about giving up the first-inning homer. "After that I was like, 'I'm bearing down, they're not scoring again.' ... On the mound I'm a bulldog and if I say I'm going to do something, I'm going to go out there and do it."

W-L didn't lead for long as Abelson tied the score at 1 with a two-out RBI double in the bottom of the first. The senior catcher finished the night 2-for-3.

"We all knew that one run wasn't going to win this game and it turned out true," Abelson said. "When I hit that double I think it just sparked a little ... swagger. We were probably pretty nervous coming in — win one game and we go to regionals for the first time [since 2003]."

The score remained tied until the bottom of the sixth, when Herbert walked South Lakes first baseman Kyle King with the bases loaded, forcing in what proved to be the game-winning run.

Two batters later, with two outs and the bases still loaded, South Lakes center fielder Jonah Goll added an insurance run with a straight steal of home, sliding in just under the tag.

"It was just kind of the situation," said first-year South Lakes head coach Morgan Spencer, who was a Herndon assistant last season. "We try to cover every aspect of the game and that's something that we work on. We just felt that [Herbert] was pretty focused on the batter at that point in time and felt if we could get to a certain point down the line that we were going to take a shot. Jonah saw it and went. Worked out perfect, obviously."

Herbert suffered the loss, allowing three runs on four hits. He walked five and struck out six.

"I thought he was pretty good," Grove said.

Pinch hitter Johnny Micka and shortstop Marty Gryski each had a single for South Lakes. Second baseman Will Burgess had two hits for W-L, and first baseman Cameron Anderson had one.

"[It was a] good high school baseball game," Grove said. "Wish we would have come out on top."

SPORTS BRIEFS

Yorktown Boys' Lax Edges South Lakes

The No. 2 Yorktown boys' lacrosse team survived against No. 7 South Lakes on May 14, beating the Seahawks 5-4 in the Conference 6 tournament quarterfinals on May 14 at Yorktown High School.

The Patriots advanced to the semifinals and secured a region tournament berth.

Yorktown faced No. 6 Langley in the semifinals on Tuesday, after The Connection's deadline. The two teams faced one another in last year's conference championship game.

Yorktown Girls' Lax Secures Region Berth

The No. 4 Yorktown girls' lacrosse team defeated No. 5 Washington-Lee 12-8 in the Conference 6 tournament quarterfinals on May 14 at Yorktown High School.

With the win, the Patriots secured a berth in the region tournament and advanced to the conference semifinals, where the Patriots faced Madison on Tuesday, after The Connection's deadline. Zone 6: • Arlington • Great Falls McLean
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adjusted to the date of sale and thereafter shall be assumed by

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void, and the Purchaser's sole remedy, in law or equity, shall be the return of his deposit without interest. Additional terms may be announced at the time of sale. This is a communica-

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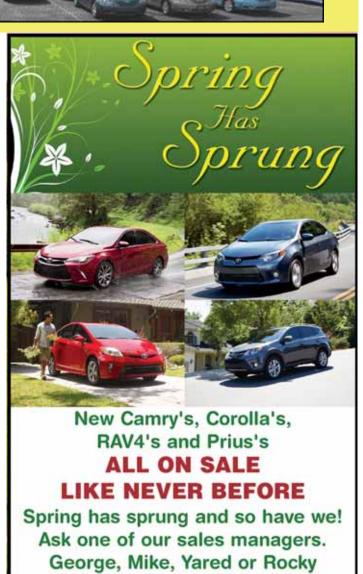
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