## Fairfax Station \* Clifton \* Lorton

## Summer Fun

Page 8

## Striding

Strong News, Page 3

Robinson Girls' Lax Wins Conference Sports, Page 12

Going Goat Green

News, Page 4

Charlotte Del Duca started a landscaping business using goats as mowers. They are "practicing" on Bob Pearson's property in Fairfax Station.

May 28 - June 3, 2015

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## NEWS



Community members prepare to embark on the third annual Fragile X Walk through Burke Lake Park May 17.



Members of the Robinson Secondary School Band perform near the conclusion of the Fragile X Walk through Burke Lake Park.

## Striding Strong Third Fragile X Walk draws more than 200.

## By Tim Peterson

The Connection

ike many parents and children, one of Burke Centre resident Monica Peña's biggest challenges with her son Nicolas is communication. Unlike most children, "Nico" was diagnosed with Fragile X Syndrome at birth. The inherited genetic mutation is a cause of mental impairment, ranging from moderate to severe learning disabilities, that can be linked to Autism Spectrum Disorder.

According to the Fragile X Families of Northern Virginia organization, the syndrome affects around 1 in every 3,600 males and 1 in every 4,000 to 6,000 females.

Peña and her husband Diego's first son Santiago wasn't affected, though she and her sister discovered they were both carriers of the genetic change in the "Fragile X gene." That gene can be transferred to children, and with the right number of repetitions, manifest as the syndrome.

The Peñas weren't expecting to get pregnant a second time. Monica said "Santiago was already a miracle child." But along came Nico. Knowing chances were 50-50 he would have the syndrome, Monica had her umbilical cord blood tested at the birth. Nico had Fragile X.

"At a few weeks old, you think only of the worst," said Monica.

ALMOST IMMEDIATELY, the family started early intervention with a therapist that taught them how to handle Nico. Children with Fragile X are often easily overstimulated by sensory input and have more difficulty learning to walk and pick up language.

Before Nico's second birthday, the Peñas moved from Montana to Fairfax County. As part of the County's Infant and Toddler Connection early intervention program, speech and occupational therapists visited www.ConnectionNewspapers.com

and worked with Nico twice a month. Once he turned 2, he entered a special education preschool program at Little Run Elementary School in Fairfax.

Monica said the intimate class, geared towards autistic students, was instrumental in helping Nico pick up language. "Fairfax County was the place to be," she said.

On Sunday, May 17, the Peñas participated in the third annual Fragile X Walk through Burke Lake Park. Organized by the Fragile X Families of Northern Virginia support group, the goal is to raise awareness for the syndrome, which can go undiagnosed or be misdiagnosed as autism, and raise money for research.

This year, more than 210 walkers from around northern Virginia joined the effort, raising over \$51,000. A one-mile route took walkers around the frisbee golf course and concluded at the park's railroad station and playground.

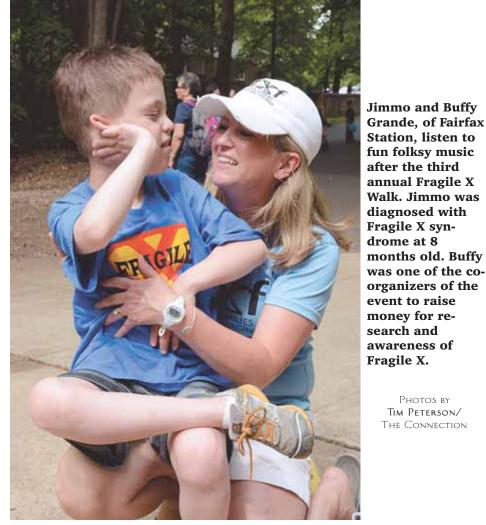
Fragile X Foundation Chief Operating Officer Tony Ferlanda attended the event. "It's really an outstanding turnout, that demonstrates terrific leadership of the group and support from the Fragile X community," he said. "This is like a family reunion, the bond these families have, whether they're strangers or have known each other for years."

**ONE OF THE GOALS** of the Fragile X Families of Northern Virginia group is to offer a support structure and information for anyone affected.

"Your head's spinning with the diagnosis," said Fairfax Station resident Jimi Grande. "It's nice to have somewhere calm."

Grande's wife Buffy was one of the event's organizers. Their son Jimmo was diagnosed with Fragile X at 8 months old. Being on the more severe end of the spectrum, he is nonverbal and suffers from seizures.

Jimi said one of the more recent local vic-



tories has been the opening of a dedicated Children's National Fragile X Clinic in Washington, D.C. "So many times pediatricians don't understand what kids need," Jimi said.

And though each child's case is different, many are trying some combination of private therapy, special education in school, medication and clinical trials.

The Peñas at one time enrolled Nico in medicinal trials through the University of California-Davis Medical Investigation of Neurological Disorders Institute. Now 5 years old, he takes medication to help moderate his sensory perception and allow him to sleep better.

And though therapists encouraged the family to focus on just teaching Nico English, Monica's mother insisted on adding some Spanish.

Рнотоѕ ву

TIM PETERSON/

The Connection

Monica said one day recently she was saying something to her husband in that tongue when Nico started repeating what she had said.

"It blew my mind that he was learning Spanish," she said, "that he understood the difference from English."

In his case, Monica believes the combination seems to be helping. "Now we have more hope," she said. "I'm fully confident he's going to be self-sufficient. I saw him make a Nutella sandwich before Santiago did."

For more information, visit www.fragilexnorthernvirginia.com.

FAIRFAX STATION/CLIFTON/LORTON CONNECTION & MAY 28 - JUNE 3, 2015 & 3

## News

Charlotte Del Duca started a landscaping business using goats as mowers. They are "practicing" on Bob Pearson's property in Fairfax Station.

Photos by **Tim Peterson/** The Connection



## Going Goat Green

## New landscaping business relies on goats rather than mowers

By Tim Peterson The Connection

heir names are Alvin, Beau, Cyrano de Bergerac, Ivy, Chuck, Tippy and Valentino. Five of Oakton resident Charlotte Del Duca's seven "children" are 15

months old. The other two are almost a year. And they weigh between 100 and 130 pounds.

Alvin, Beau and company are purebred American Nubians, goats that when fully grown can weigh up to 250 pounds. At 40 pounds, a goat can clear around eight pounds of brush a day. Del Duca is counting on their appetites growing proportionately — she purchased them to start an environmentally friendly landscaping business called 'Scapegoats.

Del Duca remembers distinctly August 2013, when she saw a picture of a goat eating ivy on the cover of a newspaper. "It caught my eye, totally changed my life," said Del Duca. "Someone's got to do this."

Using goats to keep foliage in



Charlotte Del Duca of Oakton trains her landscaping goats to reach up for vegetation off the ground on Bob Pearson's property in Fairfax Station.

check has traditionally been more popular on the West Coast and in the midwest, but Del Duca thought she could make it work as a business on the East Coast.

With no prior experience raising or managing animals, she visited Frying Pan Park in Herndon to see goats for the first time. They made a good impression.

"They're trusting, loving funny and have personality," Del Duca said. "They're like the big cats of the barnyard world."

Del Duca went to Sweet Valley Farm Dairy in Elkwood, Va., acquired five goats at first and added two more later.

Last year she began renting barn and pasture space in Fairfax Station. She visits them twice daily for feeding, playtime and training. Herding them on to her white company van is an ongoing challenge.

See Goat, Page 5



Are you living with chronic joint pain?

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## News



Charlotte Del Duca's landscaping goats practice removing invasive wineberry on Bob Pearson's property in Fairfax Station.

## Goat Landscaping

#### From Page 4

**FAIRFAX STATION RESIDENT** Bob Pearson met Del Duca at a networking and informational gathering organized by the Fairfax County-affiliated Northern Virginia Soil and Water Conservation District called "Green Breakfast."

After Del Duca described her business, they worked out an arrangement for her to "practice" with the goats on his property.

Of Pearson's five acres, one-fifth is overgrown by invasive plants including wineberry, blackberry, honeysuckle, English ivy and Japanese stilt grass.

Pearson has tried using a powerful professional mower on the invasives, as well as chemicals to eradicate the plants. But the mower can't get into some of the thicker, thornier areas of the property and he wants to minimize the amount of chemicals he's putting into the environment.

"I can see her getting this down to a science in just the last week," Pearson said. Working in an enclosure between 80 and 160 feet, "they just go to town on a defined area." Just as the goats are learning their role, Del Duca has had to educate herself on how to most effectively and legally operate with the goats.

Willie Woode, a senior conservation specialist at the Northern Virginia Soil and Water Conservation District, has been advising her, making sure she knows best practices for preventing water quality pollution and damage to other natural resources besides the invasive plants.

Overall Woode is positive about Del Duca's plans. "It is an innovative practice," he said. "It helps reduce the use of machinery, sources of pollution."

Woode also consulted with the Hollin Meadows homeowners association in Alexandria, which recently contracted the Marylandwww.ConnectionNewspapers.com based goat vegetation control company Eco-Goats to clear plants around its swim and tennis club grounds.

Though the goat herd grazed and razed more than 2,500 square feet of undesirable vegetation, Woode said it was also critical to have a new planting plan in place. The goats munch what's on the surface, but rooted plants will return.

"When you replant, you're creating competition for the invasives," Woode said. "They'll come back, but not with the same strength." Especially if the new native plants come already established, from a nursery.

Woode has been similarly advising Del Duca to make replanting plans part of her business model. The holistic approach to land management is something Bob Pearson values.

"The thing I admire about Charlotte is she's educating public about what's going on with our local tree canopy, how it's being threatened by invasive plants," he said. "Goats are a way of attracting attention — hey, what's going on with these goats? She's using that as an entrée to teach people that we have to take action."

**DEL DUCA** has gone down to part time at her firm where she is still a part-time lawyer, because she spends around seven hours each day working with her goat family. "Can a few goats make a differ-

ence?" she said.

Woode believes the idea will catch on. "Especially in this area," he said, "with a lot of open-minded people who want to do the right thing, who are very environmentfriendly in their thinking."

More information about 'Scapegoats is available at www.scapegoats.farm. The Northern Virginia Soil and Water Conservation District website is www.fairfaxcounty.gov/nvswcd.



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FAIRFAX STATION/CLIFTON/LORTON CONNECTION & MAY 28 - JUNE 3, 2015 & 5

## OPINION Voting, June 9

o listen to the national news, one would think that the next Presidential election is in November. But no. That's November 2016.

In the meantime, every year is an Election year in Virginia, and in 2015, virtually every state and local office is on the ballot.

In heavily Democratic districts (or Editorial any district that is solidly one party or the other), any real competition comes in the primary.

That's June 9 in parts of Fairfax County in the Mount Vernon magisterial district, and in House of Delegates Districts 44 and 45.

Four Democrats are on the June 9 ballot seeking to be the Democratic nominee to replace retiring Gerry Hyland as the Mount Vernon representative to the Board of Supervisors. Hyland has represented Mount Vernon since 1988.

Two Democrats are seeking to be the party nominee for House of Delegates District 44. Scott Surovell is giving up the seat he has held since 2009 to run for State Senate to replace retiring Sen. Toddy Puller (D-36).

Five Democrats are on the ballot on June 9 for House of Delegates District 45, to replace Del. Rob Krupicka who is stepping down.

If you live in one of the affected districts, you will vote on June 9 at your usual polling place. Be sure to bring photo identification.

IN FAIRFAX COUNTY, in November, all 10 members of the Board of Supervisors are on the ballot including district members and the chairman.

Also on the ballot: all members of the School Board including district members and three atlarge members.

Fairfax County's Constitutional Officers, Sheriff, Clerk of Court and Commonwealth's

### No, not for Hillary or Jeb or Carly. Locally, June 9, 2015 is an Election Day that counts.

Attorney are on the ballot in November, as are three members of the Northern Virginia Soil and Water Conservation District Board Directors.

Every seat in the Virginia General Assembly will be on the ballot, including all State Senate and House of Delegates seats.

So every Fairfax County voter will face a variety of critically important choices in November. But first, consider the options on June 9.

### On the Ballot June 9, **Democratic Primary**, Fairfax County

MORE ON Fairfax County voting: http://

www.fairfaxcounty.gov/elections/upcoming.htm

#### Member Board of Supervisors, Mount Vernon **District, Democratic Primary**

- Four Democrats vie to replace retiring Gerry Hyland Daniel G. "Dan" Storck, Email: danforsupervisor@gmail.com, Website: http://
- www.danstorck.org/ Candice L. Bennett, Email:
- candice@electcandicebennett.com, Website: http:// www.electcandicebennett.com ✤ Timothy J. Sargeant, Email:
- timmtvernon@gmail.com, Website: http:// www.timsargeant.com John R. "Jack" Dobbyn Jr., Email:
- info@jackdobbyn.com, Website: http:// www.jackdobbyn.com
- Mount Vernon Gazette/Connection coverage of the Mount Vernon Supervisor race
- http://www.connectionnewspapers.com/news/2015/ may/20/mount-vernon-candidates-seek-primary victory/
- http://www.connectionnewspapers.com/news/2015/ apr/16/democrats-debate-district-supervisor/

- Member House of Delegates, 44th District, **Democratic Primary** Two Democrats compete for the nomination to replace
- Scott Surovell who is running for Virginia Senate District 36, to replace retiring Toddy Puller Paul E. Krizek, Email: paul@paulkrizek.com,
- Website: http://www.paulkrizek.com
- Justin M. Brown, Email: justin4va@gmail.com, Website: http://www.brown4delegate.com

#### Member House of Delegates, 45th District, **Democratic Primary**

- Five Democrats vie to replace Rob Krupicka who is stepping down.
- Mark Levine, Email: mark@markfordelegate.com, Website: http://www.markfordelegate.com
- Julie Jakopic, Email: juliejakopic@gmail.com, Website: http://www.juliefordelegate.com
- Clarence Tong, Email: clarence.tong@gmail.com, Website: http://clarencetong.com/
- ✤ L.M. "Larry Altenburg II, Email: larry@larryaltenburg.net, Website: http://
- Website: http://www.fiferfordelegate.com Connection coverage of the race for the 45th http://www.connectionnewspapers.com/news/2015/

#### may/19/fight-45th/ Member Board of Supervisors, Mason District,

- Democratic Primary Incumbent Penny Gross is facing her first primary challenge
- ✤ Penelope A. "Penny" Gross, Email: gross.penny@gmail.com, Website: http:// www.pennygross.com
- ♦ Jessica M. Swanson, Email: swanson.jessica@gmail.com, Website: http:// www.swansonforfairfax.com
- Republicans, Party Canvass, June 4. Republicans in the 44th and 45th House District and 30th Senate District will choose candidates at a Party Canyass (sometimes called a firehouse primary) on Thursday, June 4, 6:30 - 8 p.m., at Minnie Howard
- Campus, 3801 W. Braddock Road, Alexandria. There are no other Republican canvasses scheduled in any other state or local race in Fairfax County. The Sully district GOP Canvass for member of the Board of Supervisors was held in April. See http:// fairfaxgop.org/

## Honoring the Fallen This Memorial Day

By Barbara Comstock U.S. Rep. (R-10)

merica is a nation built on sacrifice. From the Founding Fathers, who in the Declaration of Independence concluded our founding document by pledging "...our Lives, our Fortunes, and our sacred Honor," to those soldiers who are fighting against the current terrorist threat today, Americans have stood together in the fight for freedom. This is why Memorial Day is a special day, and a day on which all Americans should honor the fallen.

Every day as I drive to work to the U.S. Congress down the endure and prosper. Their lives George Washington Memorial Parkway, I am reminded of the great sacrifices men and women have made for our country so we can remain free. First, I pass the willing to sacrifice, so too must we

U.S. Marine Corps War Memorial depicting the iconic image of the Iwo Jima flag-raising on February 23, 1945. During World War II, on that one small island, in the middle of the Pacific Ocean, nearly 7,000 Americans lost their lives. Then I pass Arlington National Cemetery where rows upon rows of American heroes eternally rest in what truly is a cathedral to their sacrifices.

During a Memorial Day ceremony at Arlington National Cemetery in 1982, President Ronald Reagan said:

"The United States and the freedom for which it stands, the freedom for which they died, must remind us that freedom is not bought cheaply. It has a cost; it imposes a burden. And just as they whom we commemorate were

— in a less final, less heroic way

Those inspiring and poignant words still ring true today. Being a citizen of the United States of America comes with great responsibility because of those who came before us and gave their last full measure of devotion. For almost 240 years, patriots of Northern Virginia and the Shenandoah Vallev have given their lives for our Country. Below is a list of names of those who paid the ultimate sacrifice in the Afghanistan and Iraq wars. Read their names, remember, and think of the loved ones they left behind. We keep them in our prayers.

Daniel Bennett, Marine Corps, Operation Enduring Freedom, Clifton

Craig Cherry, Army, Operation Enduring Freedom, Winchester

William Downs, Air Force, Op-

eration Iraqi Freedom, Winchester Douglas Green, Army, Operation Enduring Freedom, Sterling

- Kyle Hemauer, Army, Operation Enduring Freedom, Manassas
- Dillon Jutras, Army, Operation Iraqi Freedom, Fairfax Station Jeffrey Kaylor, Army, Operation
- Iraqi Freedom, Clifton Scott Kirkpatrick, Operation
- Iraqi Freedom, Sterling Stephan Mace, Army, Operation
- Enduring Freedom, Lovettsville David Owens Jr., Marine Corps, Operation Iraqi Freedom, Win-
- chester Benjamin Park, Army, Operation
- Enduring Freedom, Fairfax Station Michael Ouin, Operation Enduring Freedom, Purcellville
- Colin Wolfe, Marine Corps, Operation Iraqi Freedom, Manassas

Barbara Comstock represents Virginia's 10<sup>th</sup> Congressional District in the U.S. House of Representatives.

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Fairfax Station, Lorton & Clifton

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#### **NEWS DEPARTMENT:** burke@connectionnewspapers.com

Kemal Kurspahic Editor **\*** 703-778-9414 kemal@connectionnewspapers.com

Amna Rehmatulla Editorial Assistant 703-778-9410 ext.427 arehmatulla@connectionnewspapers.com

**Tim Peterson** Community Reporter 703-314-0789 tpeterson@connectionnewspapers.com

Jon Roetman Sports Editor **\*** 703-752-4013 jroetman@connectionnewspapers.com @jonroetman

ADVERTISING: For advertising information e-mail: sales@connectionnewspapers.com 703-778-9431

**Steve Hogan** Display Advertising, 703-778-9418 shogan@connectionnewspapers.com

**Andrea Smith** Classified Advertising, 703-778-9411 classified@connectionnewspapers.com

**Debbie Funk** National Sales 703-778-9444 debfunk@connectionnewspapers.com

**David Griffin** Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

**Editor & Publisher** Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

**Executive Vice President** Jerry Vernon jvernon@connectionnewspapers.com

> **Editor in Chief** Steven Mauren Managing Editor Kemal Kurspahic Photography: Deb Cobb, Craig Sterbutzel Art/Design:

Laurence Foong, John Heinly **Production Manager:** Geovani Flores Special Assistant to the Publisher

Jeanne Theismann jtheismann@connectionnewspapers.com @TheismannMedia

CIRCULATION: 703-778-9426 **Circulation Manager:** Ann Oliver circulation@connectionnewspapers.com



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# - be willing to give of ourselves."

## Summer Fun



#### Boy in firetruck.

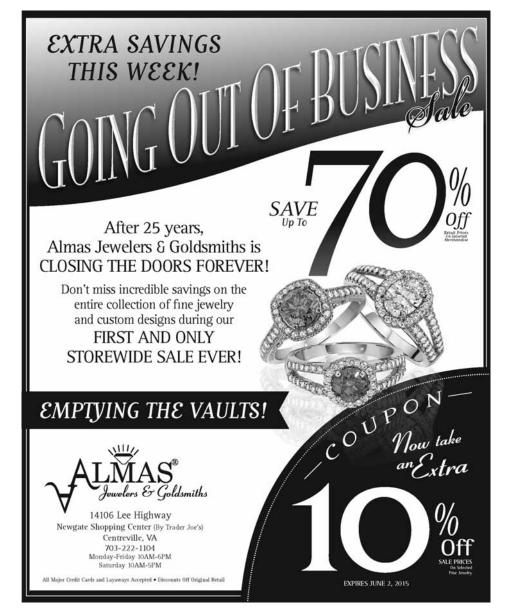
### Boy Scouts Enjoy 'Touch a Truck' Event

aturday, May 9, was a beautiful day for the "Touch a Truck" Community Event hosted by Boy Scouts of America, Old Dominion District, at Mason District Park. Attendance from the area exceeded 1,000 visitors. Families came to see and touch 34 trucks, many motorcycles, the other vehicles from government and private businesses.

The community event showcased the excellent recreation facilities at Mason District Park and included sport clinics, cooking and scout skill demonstrations, and many community outreach activities. One of the community outreach activities was a Boy Scout Eagle project (working with the Fairfax County Sheriff's Office) to make and provide child identification cards, and Internet and community safety information.

Highlights of the community event were a rock climbing wall, medical airlift helicopter landing and taking off, bounce house, and children testing emergency vehicle lights, sirens, and horns.

The Boy Scouts of America Old Dominion District serves Seven Corners-Annandale-Springfield-Lorton areas of Fairfax and Arlington counties. To find a scout unit in your neighborhood go to www.BeAScout.org.



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& stoop, W. Springfield H.S. & more.

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FAIRFAX STATION/CLIFTON/LORTON CONNECTION & MAY 28 - JUNE 3, 2015 & 7



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### Springfield Market Expo

ited Methodist Church parking lot home-based businesses, local merchants, food trucks and more.

## Summer Fun: Fairs & Festivals 2015



Emma and Jack Carey with mom Tara Carey, of Centreville, meet one of the donkeys at the petting zoo at the 2013 Celebrate Fairfax Festival. This year's festival will take place June 5-7.

### May

THURSDAY-SUNDAY/MAY 28-31

Herndon Festival. Thursday: 6-10 p.m. Friday 5-11 p.m. Saturday: 10 a.m. - 6 p.m. Sunday: 10 a.m. - 7 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Four day outdoor festival with three entertainment stages, a carnival, two fireworks displays, Kid's Alley with children's art area, arts and craft show and more! All ages.

Visit www.herndonfestival.net for more information FRIDAY-SUNDAY/MAY 29-31

Workhouse Carnival and Arts Party. 5 p.m.

food and family fun and will take place on the south side of the Workhouse campus. This event will raise funds in support of the Workhouse's arts, education and history programs. Admission to the carnival is free, including the live entertainment and film screening, however rides and vendors will require additional fees and tickets. There is a \$5 parking fee per vehicle.

take place on July 11.

#### SATURDAY/MAY 30

Arts & Crafts Fair. 10 a.m. - 2 p.m. Dranesville Church of the Brethren, 11500 Leesburg Pike, Herndon. Silent Auction, homemade desserts and fine china light lunch. Funds will support a comprehensive emergency response and recovery program to assist the Nigerian families made neless and suffering by the attacks of Boko Haram. The response will include temporary shelters, emergency food, household supplies,

CHRYSLER

52

RAM

Jeep

**Car Show** 

clean water and sanitation, and trauma healing programs helping to bring peace to Nigeria. SATURDAY-SUNDAY/MAY 30-31

Great Falls Artfest on the Green. Saturday: 9 a.m. - 5 p.m. Sunday: 11 a.m. - 8 p.m. Great Falls Village

Show and Sale under the big tent and a few little tents, too. A plein air competition and quick draw. With prizes and a reception, Sponsored by Arts of Great Falls. Then, a grand finale "Blues Explosion" to close the weekend and start the always popular season of Concerts on the Green by Celebrate Great Falls. For complete schedule and updates visit http:// www.greatfallsart.org/artfest

Springfield Days. 8 a.m.-8:30 p.m., South Run Park, 7550 Reservation Drive, Springfield. Springfield Days is a community wide celebration that includes a 5K run, "Pet Fest" and car show. Visit www.springfielddays.com for more

#### Vintage Virginia Wine and Food Festival. 11 a.m. - 6 p.m. Bull Run Regional Park, 7700 Bull Run Drive, Centreville. A fun-filled day with

food, musical entertainment and more. Visit www.vintagevirginia.com for more.

#### SUNDAY/MAY 31- AUG. 30 **Stars on Sunday Concert Series.** 3

p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

SUNDAY/MAY 31



Cardboard Boat Regatta 9:30 a.m. - 2:30 p.m., Springfield Lake Accotink Park RACES BEGIN at 2 n.m. Shop more than 60 vendors including crafters. Will they sink or will they float? You never know

B101.5 Broadcasting LIVE



8 STAIRFAX STATION/CLIFTON/LORTON CONNECTION STATION/CLIFTON/LORTON CONNECTION

when it's a cardboard boat. Parking at Lake

Accotink is \$4 on May 31.



Members of the Nen Daiko perform taiko (drumming) at the 2013 Obon Festival at Ekoji Buddhist Temple in Fairfax Station. This year's festival will

Green. Great Falls Studios Spring Art

### June

more.

#### FRIDAY-SUNDAY/JUNE 5-7

Avenue of Art. 1-5 p.m. Church Street

in Vienna. Church Street becomes a

pedestrian plaza with dozens of artists

selling their original art and jewelry.

There will be free art demonstrations

caricatures, photo opportunities, food

and wine. Music by the Difficult Run

children's projects, face painting,

String Band, 703-319-3971.

www.ViennaArtsSociety.org

Cardboard Regatta. 10 a.m.-2 p.m.

Lake Accotink Park, 7500 Accotink

Park Road, Springfield. Witness the

vehicle fee. Call 703-569-0285 or

Visit www.springfielddays.com for

cardboard boat creations race along

email julie.tahan@fairfaxcounty.gov

Lake Accotink's shoreline at 2 p.m. \$4

Celebrate Fairfax! Festival. Friday: 6 p.m.-midnight; Saturday: 10 a.m.idnight; and Sunday: 11 a.m.-7p.m. Fairfax County Government Center 12000 Government Center Parkway, Fairfax. Musical performances, rides, games and food. Call 703-324-3247 or visit www.celebratefairfax.com/

#### SATURDAY/JUNE 13

Taste of Annandale. 10 a.m. - 8 p.m. Tom Davis Drive in central Annandale, between Columbia Pike and John Marr Drive. The first-ever Taste of Annandale will showcase local restaurants during a daylong family-friendly celebration aimed at building community spirit, engaging young people, and promoting local ousinesses. Other activities include a 5K "Diamond Dash" Fun Run; nulticultural music, dance, and othe



Hundreds of spectators cheer on the participants in the 23rd Cardboard Boat Regatta at Lake Accotink Park in June 2013. This year's event will take place on May 31.

> live entertainment; a chili cook-off pitting Fairfax County police officers against firefighters; and a children's corner with performances storytelling, and other activities.

#### SUNDAY/JUNE 14

Love Your Body Yoga Festival. Yoga studios and wellness centers of Northern Virginia will be offering classes, services, and information on ways to care for your body, along with live entertainment and activities for children. Donations to participate in classes benefit Cornerstones. Presented by Beloved Yoga. www.belovedyoga.com.

#### FRIDAY-SUNDAY/JUNE 19-21

Taste of Reston. Friday: 3-11 p.m.; Saturday: noon-11 p.m. Sunday: 10 a.m. - 8 p.m. Reston Town Center, 11900 Market St., Reston. Carnival games and rides with a family fun zone. Visit www.restontaste.com for

#### SATURDAY/JUNE 20

Clifton Wine Festival. 11 a.m.-6 p.m. Children's Park, 7140 Main St., Clifton. Visit historic Clifton, with wine, food, music and arts and crafts to make it a celebration. Rain or shine. Visit www.cliftonwine.com for

#### FRIDAY-SUNDAY/JUNE 26-JULY 5

World Police & Fire Games. Thousands of athletes from 70 countries will converge in Fairfax County for 10 days of competitions Entertainment and activities will be hosted by Reston Town Center during the games. Fairfax2015.com

See Summer Fun, Page 10





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FAIRFAX STATION/CLIFTON/LORTON CONNECTION May 28 - JUNE 3, 2015 9



10 Station/Clifton/Lorton Connection Station/28 - June 3, 2015

## Summer Fun

#### From Page 9

- SATURDAYS/JUNE 27-AUG. 22
- Burke Arts in the Parks. 10 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources,
- introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.

### July

#### SATURDAY/JULY 4

Fairfax's Independence Day Celebration. 10 a.m.-10:30 p.m. in the Downtown Fairfax Historic District. Independence day parade, historical tours, games, entertainment and fireworks. Visit www.fairfaxva.gov/about-us/specialevents/independence-day-celebration

#### FRIDAYS/JULY 10-AUG. 28

**Braddock Nights Concert Series.** 7:30-8:30 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Listen to musical performances in the great outdoors. Visit www.fairfaxcounty.gov/parks/ performances/ for location and schedule.

#### SATURDAY/JULY 11

Obon Festival. 5:30 -9 p.m. Highlighting Japanese culture at Ekoji Buddhist Temple, 6500 Lakehaven Lane, Fairfax Station. Visit www.ekoji.org for more.

#### SATURDAY/JULY 18

#### Clifton Film Festival. 7 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy live music, food and original films under the stars. During the event there will be two awards ceremonies, student's awards will be given during intermission and the 19+ category at the closing of the festival. For more

information, please visit cliftonfilmfest.com

#### August

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(all day)

#### SUNDAY/AUG. 30 29th Annual Pakistan Independence Day Festival. Noon. Bull Run Regional Park, 7700 Bull Run Drive, Centreville. The

Pakistan Independence Day Festival includes musical performances, rides and games. www.pakistanfestivalusa.com f

### September

### SATURDAY-SUNDAY/SEPT. 12-13

Burke Centre Festival. Saturday: 9:30 a.m.-5 p.m. Sunday: 10 a.m.-5 p.m. at Conservancy Festival Grounds, 6060 Burke Centre Parkway, Burke. Enjoy face painting, food, rides, and other amusements at the Burke Centre Festival. Visit www.burkecentreweb.com for more.

#### SATURDAY/SEPT. 19

Dulles Day Plane Pull. 10:30 a.m.-4 p.m. at Dulles International Airport, Dulles. The 2014 Dulles Day Family Festival & Plane Pull is a full day of excitement with airplane and auto exhibits the children's zone and bus pull, varied displays and activities, dors, food and entertainment Visit www.planepull.com for more.

SATURDAY-SUNDAY/SEPT. 27-OCT. 3

Fairfax's Fall for the Book Festival. 4400 University Drive, Fairfax. Enjoy literature and hear authors give readings. www.fallforthebook.org.

## ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

#### FRIDAY-SUNDAY/MAY 29-31

Workhouse Carnival and Arts Party. 5 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Rides, games, music, vendors, food and family fun and will take place on the south side of the Workhouse campus. This event will raise funds in support of the Workhouse's arts, education and history programs. Admission to the carnival is free, including the live entertainment and film screening, however rides and vendors will require additional fees and tickets. There is a \$5 parking fee per vehicle.

#### SATURDAY-SUNDAY/MAY 30-31

Springfield Days. 8 a.m.-8:30 p.m., South Run Park, 7550 Reservation Drive, Springfield. Springfield Days is a community wide celebration that includes a 5K run, "Pet Fest" and car show. Visit www.springfielddays.com for more.

#### SUNDAY/MAY 31

- Workhouse Farmers Market. 1-5 p.m., at the Workhouse, 9601 Ox Road, Lorton. Every Sunday on the quad is a producer-only market for discerning shoppers featuring locally grown fruits and vegetables, locally raised meats and poultry and local foods from breads to salsas and sausages, http:// www.workhousearts.org. Runs
- through Sept. 13, 2015 Author Mary Lipsey Book Signing. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Local historian Mary Lipsey will sign copies of her book, "A Christmas Flight: Aviation Pioneer Dr. William Christmas." Copies of her book will be available for sale. Admission: Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$4 www.fairfax-station.org.

#### SUNDAY/MAY 31- AUG. 30

Stars on Sunday Concert Series. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance

#### **MONDAY/JUNE 1**

- Disc Golf II. 5:30 p.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. An advanced class taking basic disc golf skills to the next level. Students work with a disc golf pro and learn advanced techniques, tricks, and tips that helps lead to a more advanced level of play. Bring your own discs. Register at http://
- parktakes.fairfaxcounty.gov/ Children's Performance Series: Mr. Skip. 10:30 a.m. Old Town Hall, 3999 University Drive, Fairfax. Mr. Skip, who is all about music and movement, sings original and classic kids songs like Old MacDonald to the five and under crowd. He gets the kids off their seats and moving. Even the parents and grandparents have fun as Mr. Skip plays his own brand of music.

#### WEDNESDAY/JUNE 3

**Civil War Forum**, "Southern **Civilians in Southern Prisons.**" 7:30 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station, The Forum will be given by noted local Historian, Civil War re-enactor and president of the Burke Historical Society, Jon Vrana. The Forum will be a first person soliloquy of local civilians from Fairfax, Loudoun and Prince William counties and their arrests and incarceration in the prisons of



On June 6-7 don't miss Arlington Rose Foundation's 59th Rose Show at Merrifield Garden Center- Fair Oaks location.

Richmond and other Southern camps and prisons. www.fairfax-station.org. **FRIDAY-SUNDAY/JUNE 5-7** 

Celebrate Fairfax! Festival. Friday: 6 p.m.-midnight; Saturday: 10 a.m.midnight; and Sunday: 11 a.m.-7p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Musical performances, rides, games and food. Call 703-324-3247 or visit www.celebratefairfax.com/.

#### SATURDAY/JUNE 6

Mount Vernon Nights: Melodime. 7 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Mount Vernon Nights, a program of the Fairfax County Park Authority, will be returning to the Workhouse for it's fourth year in a row. Enjoy free public concerts featuring a different genre and musical group each week.

**Historic Pohick Church First** Saturday Tours. 1-3 p.m. 9301 Richmond Road, Lorton. During the colonial period, Pohick Church was the congregation of many of our country's most prominent families, including the Washingtons, Masons and Fairfaxes. The Historic Pohick Church Docent Guild will give free guided tours of the historic colonial church

Virginia Brew and 'Cue. 4-7 p.m. See a model home while tasting brews from seven of Virginia's best breweries such as Starr Hill, Bold Rock and 3 Brothers. Your registration fee helps ensure LCAC has funding for summer food needs (the demand in the pantry increases while donations decrease), summer lunch program and client utility assistance. Tickets must be purchased in advance and are \$30/per person and \$50/per couple. \$20 is tax deductible for each person. Register online

#### SATURDAY-SUNDAY/JUNE 6-7 Arlington Rose Foundation's 59th

Rose Show.Saturday: 1-6 p.m. Sunday: 11 a.m. - 4 p.m. Merrifield Garden Center- Fair Oaks location, 8132 Lee Highway, Falls Church. The Rose Show includes over 50 categories of rose excellence including photography, fragrance and a silent auction. Rose growers, both novice and expert, compete for awards. Free. Contact 703-371-9351

or pam1powers@aol.com. SUNDAY/JUNE 7

Walk for Nepal Earthquake Victims. 7-10 a.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. Nepal Earthquake - 7.8 magnitude followed by many aftershocks. The country is in desperate need of food, water, medical supplies, and housing. Millions of people have lost their homes and are living outdoors. The monsoon season is just around the corner and they need to build thousands of shelter for the homeless. We are partnering with IAHV a humanitarian organization to reach out to the people of Nepal that are going through major traumas.

#### **MONDAY/JUNE 8**

Discovery Time III. 9 a.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. Prehistoric Creatures Week Theme-based activities such as games, crafts, special projects and hikes help children discover these wonders of science. Bring snack, lunch and drink daily. An activity fee is due on the first day (\$5 for 4-hr camps). Register at http:// parktakes.fairfaxcounty.gov/

#### **MONDAY/JUNE 15**

Famous Artists & Art Exploration. Burke Lake Park, 7315 Ox Road, Fairfax Station. Campers learning about famous artists and creating their very own masterpieces using some of the same techniques. Theyll explore art in its natural setting, using shapes and textures from our outdoor surroundings. Each day, campers will discover a new artist through books, pictures and interesting facts. An Art Show will conclude the week. An activity fee is due on the first day (\$5 for 4-hr camps). Bring snack, lunch and drink daily. No camp July 3. Download camp forms from http:// parktakes.fairfaxcounty.gov/. For information call 703-689-3104. (Katydid Camps) to register, call 703 222-4664.

#### **FRIDAY/JUNE 19**

Cinema Under the Stars: Grease. 7:30 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Celebrate the 50s with a sing-a-long of Grease: The Musical.

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2 ♦ Fairfax Station/Clifton/Lorton Connection ♦ May 28 - June 3, 2015



The Robinson girls' lacrosse team won the Conference 5 championship on Friday, beating Centreville 19-13 at Westfield High School.

## Robinson Girls' Lax Wins Conference 5 Championship

Rams beat Osbourn in opening round of regionals.

By Jon Roetman The Connection

he Robinson girls' lacrosse team entered Friday's rematch with Centreville in search of not only a conference championship, but proof the Rams' regular-season victory over the Wildcats was about more than just yellow cards.

Robinson defeated Centreville 25-20 in each teams' regular-season finale on May 11. The Wildcats received six yellow cards during the game and, by rule, played part of the second half down as many as three players. The Rams capitalized, scoring the final six goals of the contest. Robinson handed Centreville its first loss of the season and earned the top seed in the Conference 5 tournament.

The two teams met again in Friday's conference championship game. After surviving a Wildcat rally in the second half, the Rams had the proof they were looking for — and a championship banner to go with it.

Robinson defeated Centreville 19-13 on May 22 at Westfield High School, capturing its first conference/ district title since 2009, according to results at laxpower.com.

**THE RAMS** led 14-5 at halftime and extended their lead to 16-5 with early second-half goals by Taylor Caskey and Elli Kluegel. But Centreville came back strong with a 7-0 run during a 10-minute, 33-second stretch. Senior attacker Reagan Newell's goal with 9:41 remaining cut the Rams' lead to 16-12.

But Centreville would get no closer as Robinson senior attacker Izzy Obregon put one in the net with 7:25 remaining and the Rams scored three of the game's final four goals.

During the regular-season meeting, Centreville received six yellow cards and Robinson received two. On Friday, officials issued Robinson three yellow cards and Centreville one.

"We just wanted to prove to them it wasn't the yellow cards," Caskey said, "it was our ability to stay in the game and keep our heads strong."

With the victory, Robinson entered the 6A North region tournament as Conference 5's No. 1 seed. The Rams defeated Osbourn 24-0 on May 26 and will face McLean on Thursday, May 28.

Centreville is Conference 5's No. 2 seed and defeated Osbourn Park 20-1 on Tuesday. The Wildcats will face Woodson on Thursday. "We knew that we were the better team and that we did come out on top [during the regular season] and we proved it," Robinson sophomore attacker Katie Checkosky said. "We really wanted to prove it again and reiterate that we were the better team."

How much confidence did the Rams have after beating the Wildcats during the regular season?

"A lot of confidence," Checkosky said. "We knew we were going to be seeing them again because they're a great team and they have great players."

While Centreville is led by co-conference Players of the Year Caroline Wakefield and Newell, it was the Rams who came out strong Friday, building an 8-2 lead in the first 12 minutes. After Wakefield scored her first goal of the evening with 12:13 left in the opening half, Robinson responded with four straight goals, taking a 12-3 lead when Obregon scored with 8:11 on the clock.

Goals by Wakefield and Newell cut the Robinson advantage to seven, but junior attacker Kaitlin Luccarelli and Caskey each found the back of the net to extend the Rams' lead to 14-5 at halftime.

**AFTER A SLOW START**, Wakefield and Newell picked it up in the second half. Newell had three goals and an assist during Centreville's 7-0 run, and Wakefield added two goals and an assist.

Newell, who will play for James Madison University, finished with four goals and two assists. Wakefield, who will play for the University of North Carolina, had four goals and an assist.

"I think our defense played so much better," Robinson head coach Liz Case said. "... Our goalie did amazing. [Danielle Valenti], she came up with great saves. ... I think as a whole, we realized how dangerous [Newell and Wakefield] are on the field and we ... were going to do everything we can to stop them and play good, solid body defense."

Sophomore attacker Elizabeth Murphy and freshman attacker Emily Marciano each scored two goals for Centreville. Senior attacker Kara Waddell had one.

Robinson's Checkosky, Caskey, Obregon and Kluegel each scored four goals. Luccarelli finished with two goals and Mackenzie Schuler had one.

Checkosky tallied four assists.

"Today, obviously it proved that we are a good team and we are able to play and we show up and play," Case said. "I'm just really glad that they were able to prove themselves again."

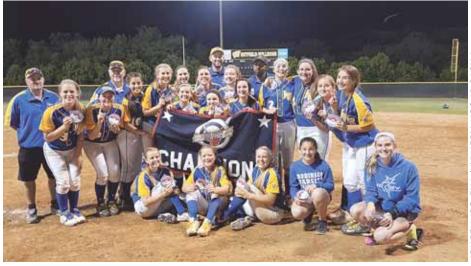
Obregon, Checkosky, Caskey, Schuler, and Kluegel each earned first-team all-conference honors.

Centreville freshman midfielder Paige Richbourg and junior midfielder Madison Duncan were also members of the all-conference first team.



FAIRFAX STATION/CLIFTON/LORTON CONNECTION & MAY 28 - JUNE 3, 2015 & 13

## Sports



The Robinson softball team defeated Centreville 12-11 to win the Conference 5 championship on May 22 at Westfield High School. It was the program's first conference/district title since 2008. Robinson will host Osbourn in the opening round of the 6A North region tournament at 6:30 p.m. on Friday, May 29.

County.

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SATURDAY/JUNE 13

jeannie@farrlawfirm.com.

Woodson Girls' Soc-

cer Knocks Off Top-

Seed South County

The Woodson girls' soccer team upset No.

1 seed South County 3-2 in the Conference

7 championship match on May 21 at South

The Cavaliers' record improved to 13-2-

Woodson faced Langley on Wednesday in

the opening round of the 6A North region

tournament, after The Connection's dead-

Baseball, Softball Win

The Lake Braddock baseball and softball

teams won Conference 7 championships on

May 22, each defeating South County at

The baseball team won 12-4, improving

its record to 17-5. The Bruins will host

South Lakes in the opening round of the

6A North region tournament at 7 p.m. on

Friday, May 29. The softball team shut out

South County, 1-0, improving its record to

18-1. The Bruins have shut out their last

five opponents, and 13 of 19 foes this sea-

son. Lake Braddock will host Hayfield in the

opening round of regionals at2 p.m. on Sat-

Hampton Inn & Suites, 5821 Richmond

Highway, Alexandria. Experts will reveal how

consumers shop now, what makes retail space

Living Trust Plus Seminar: How to Protect

Probate and Long Term Care. The Law

Firm of Evan H. Farr, P.C., 10640 Main Street,

Suite 200, Fairfax. Learn how to protect your

Your Assets from the Expenses of

assets and obtain valuable Medicaid and

Veterans benefits to pay for long-term care.

successful, and what trends the future will hold.

Lake Braddock

**Conference** Titles

### **Robinson Boys'** Soccer Beats Oakton for Title

The Robinson boys' soccer team beat Oakton in penalty kicks to win the Confer-

Sports Roundups ence 5 championship on May 21 at Oakton High School.

The win improved the Rams' record to 10-4-2.

Robinson faced Osbourn on Wednesday in the opening round of the 6A North region tournament, after The Connection's deadline.

### South County Boys, Woodson Girls Win Lax Titles

The South County boys' lacrosse team defeated Woodson 12-7 in the Conference 7 championship game on May 21 at South County. Four days later, the Stallions defeated Fairfax 21-12 in the opening round of the 6A North region tournament on May 26.

South County will host defending state champion Robinson on Thursday, May 28.

In girls' action, Woodson defeated West Potomac 15-5 in the conference championship game. The Cavaliers beat Yorktown in the opening round of regionals on Tuesday and will host Centreville on Thursday.

#### Bulletin Board

notes to the Connection at Send south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

#### FRIDAY/MAY 29

- Keeping up With Kids. 2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Learn the basics with our one-on-one technology volunteer about the social networking tools that
- can help you stay in touch with your kids and grandkids. Adults. **TUESDAY/JUNE 2**

#### Evolution of Retail Summit. 8:30-10 a.m.

14 Station/Clifton/Lorton Connection May 28 - June 3, 2015

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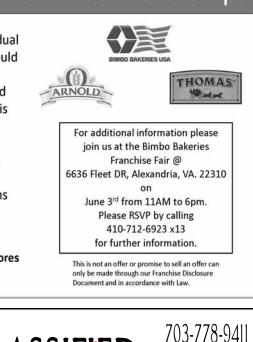
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21 Announcements 21 Announcements

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16 ♦ Fairfax Station/Clifton/Lorton Connection ♦ May 28 - June 3, 2015