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With the snip of several scissors, the ribbon is officially cut to mark the completion of Stringfellow Road's widening.

## Celebrating Road's Reconstruction

### "Long time coming, but worth the wait."

JUNE 3-9, 2015

By Bonnie Hobbs Centre View

**VDOT's Bill Cutler** 

s a major conduit between Chantilly and Centreville, Stringfellow Road is heavily used by area residents. It's also the gate way to four elementary schools, a middle school and a high school, a regional library, two parks, several athletic fields, churches, shopping centers and highly populated neighbor-

And now, thanks to a project that began nearly five years ago, people may travel seamlessly on

four lanes between Routes 50 and 29. And a ceremony last Tuesday, May 26, at Greenbriar Park officially marked that milestone.

"Stringfellow Road is virtually complete in its reconstruction and we're here to celebrate that," said Bill Cutler, VDOT's district construction engineer for Northern Virginia. "We're here to cut the ribbon on a \$62 million improvement project along two miles of Stringfellow Road. It connects Routes 50 and 29 and the I-66 HOV lanes and involves seven signalized intersections and many major utilities, including Fairfax County Water, Verizon, and Colonial and Plantation gas pipelines."

The section of the road between I-66 and Route 29 was four-laned in the 1990s by Fairfax County's Department of Transportation. Now, the portion from I-66/Fair Lakes Boulevard to Route 50 has also been widened from two to four lanes.

The project also includes a 5-foot sidewalk on the west side of Stringfellow, a 10-foot-wide path on the east side, signal improvements at seven intersections, wide curb lanes to accommodate bicyclists, a new bridge over Rocky Run, new leftturn lane northbound to Route 50, a modified southbound approach to Route 50 to facilitate traffic flow, drainage improvements and landscaping.

"It's already made our lives easier," said Chantilly High Principal Teresa Johnson. "It improved people's ability to get on and off school

property, especially for large events, and helps our kids get to school on time."

"Ditto for Rocky Run," said the middle school's principal, Anthony Terrell. "And the partnership with FCPS, VDOT and the needs of the schools. And

ciated "the local schools, parks, library and all the residents and

SEE CELEBRATING. PAGE 9

## Remembering, Honoring Reema

## Annual cabaret is Saturday, June 13.

By Bonnie Hobbs Centre View

eema Samaha was one of the victims killed April 16, 2007 at Virginia Tech, but the Westfield High graduate will always be remembered by her friends and family. And each year, a cabaret is held in her honor.

The 8th Annual Remembrance Cabaret is set for Saturday, June 13, in Westfield's theater. It begins with a silent auction at 6 p.m., fol-

lowed by a variety show at 7 p.m. Coproducers are Janet Dueweke; Reema's sister, Randa; and sisters Ashlev and Phoebe Dillard.

Besides providing entertainment, it's also a fundraiser. The event is free, but all donations made that night, plus the proceeds from T-shirt and baked-goods sales, will help deserving students attend college.

"One hundred percent of the donations will go to the Reema J. Samaha Memorial Scholarship Fund, administered by the Community Foundation for Northern Virginia," said Dueweke. "The foundation awards non-renewable scholarships annually to eligible Westfield and Herndon high school seniors who'll be attending an accredited college in Virginia."

"The cabaret will feature music, dance and comedy," she continued. "There'll be great entertainment for the whole family. We'll also have some fabulous baked goods provided by the Westfield and Herndon theater boosters."

Ashley Dillard organized the performers and is excited about the upcoming program. "This year's talented artists are from around the Washington Metropolitan area, New York and Chicago," she said. "Our hosts are professional improv artists — and Westfield alumni — Branson Reese and Jesse Leahy."

The performers include: Shu-Chen Cuff, founder and artistic

director of Gin Dance Company; Westfield grads and vocalists Taylin Frame and Kevin Clay; Virginia Tech's Contemporary Dance Ensemble; dancers and choreographers Lauren De Vera, Michelle Murgia and Ahmad Maaty; Ashburn Academy of Dance; actor and singer Nick Cirillo, on tour with "Sister Act, The Musical;" and



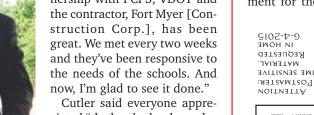
a Westfield High prom.

singers Samantha Dempsey and Sarah Overton.

Contemporary Dance Ensemble of Virginia Tech will be performing a tap dance called "Of the Night," featuring Rachel Bastianelli, Ellie Green, Maya Gantt and Sarah Toler. "We are very fortunate to have them perform every year," said Dillard.

Eli Pafumi will sing and play guitar on an original piece called "Scarlett McQueen." It's an awardwinning song that he performed

SEE REMEMBERING, PAGE 5



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## CVHS Choral Department To Present 'Broadway Pops'

## Summer concert set for this week.

entreville High School's Choral Department will present its annual summer concert, "Broadway Pops", on Thursday and Friday, June 4 and 5, in the CVHS Skip A. Maiden theatre 7:30 pm. Admission is free

This concert features music from the Broadway musical repertory, performed by the six Centreville High School choirs, along with performances by the three student-led  $\alpha$  capella ensembles, and solos by various senior members of the choirs.

The concert will open with a medley of Manhattan Transfer vocal jazz numbers, performed by Madrigal Ensemble, with a solo by Zoe Costanza. They will also perform an arrangement of "When I Fall in Love." Women's Ensemble will follow with a medley from the Broadway production of "Mary Poppins." Soloists for this ensemble will be Brooklyn Pendleton, Madison Lee and Mya Baptiste. Then Men's Ensemble will perform a medley of Motown tunes, which were part of the Broadway production "Motown, the Musical." The first act will close with Concert Choir's performance of a medley from the Broadway show



Centreville High's Bella Voce choir will be singing in the concert.

"Aladdin." Soloists in this medley will be Alexi Henderson, Peter Waldmiller, and Kobie Turner.

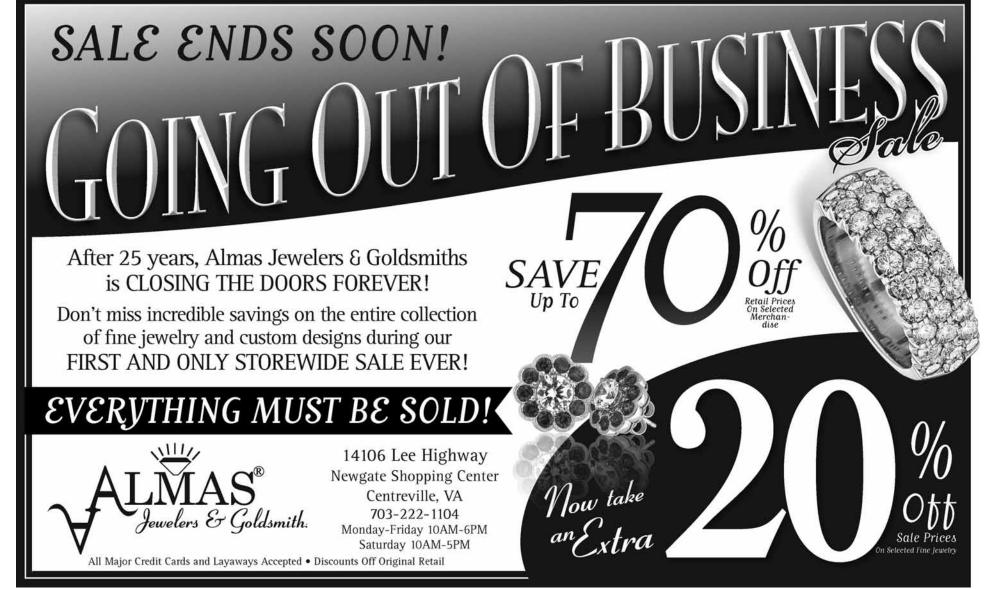
The second act will open with Bella Voce performing the medley from "Rent." Soloists featured in the medley will be Caitlin Dodson, Erin Kang, Rebecca Brittain, Victoria McMahon, Pooja Karandikar, and Stephanie Bond. Following this, Symphonic Choir will perform a medley from "In the Heights," featuring solos by Seth Kim, Gillian Snell, Tre'von Patton, Nancy Brittain,

Joshua Ewalt, Brianna Verrill, and Karsten Kim. The seniors will follow with their "swan song," "On My Way," by Phil Collins. The finale, with all the choirs, will be "Es tu Tiempo," by Francisco Nuñez, the director of the Young People's Chorus of New York. The choirs participated in a clinic led by this composer/conductor this past April, when he worked with them on this particular piece.

Three student-directed a cappella groups will perform: The Downbeats (all-male),

directed by Karsten Kim, the Upbeats (allfemale), directed by Caitlin Dodson, and Contempo (mixed voices), co-directed by Karsten Kim and Gillian Snell. Contempo will perform "Happy," the Upbeats will perform "Parachute," and the Downbeats will sing "Stand by Me." Senior soloists will be Mary Lee ("Can You"), Jin Young Lee ("Love Song"), Tre'von Patton ("Outside"), Alejandro Masias ("Fly Me to the Moon"), Nancy Brittain ("Watch Me Soar"), Joshua Ewalt ("On the Street Where You Live"), Logan Ross ("Best Day"), Kayla Ebright ("Bring On Tomorrow"), Emma Eichenberger ("The Greatest Adventure"), Lily Park ("Like I'm Gonna Lose You"), Nora Winsler and Joshua Ewalt ("Anything You Can Do"), Adrianna Johnston ("One and Only"), Karsten Kim ("The Impossible Dream"), Samuel Ahmed ("Feelin' Good"), Brianna Verrill ("You Ain't Woman Enough"), and Anna Adere ("You and I").

The concert is directed by Lynne Babcock, choral director at Centreville High School. The choreographer for the majority of the concert was Tara Penick, a Richmond-based choreographer who works with the Centreville choirs every spring. The backup band consists of Lynne Babcock on piano, Scott Babcock on drums/percussion, Glen McCarthy on bass, Jacob Walker on guitar, and Scott Kovan and Marie Brittain on synthesizer.



#### Roundups

### Man Arrested for Burglary

A 19-year-old man was arrested for burglarizing a home and inappropriately touching a young child inside, according to police. A parent called police to the home, located in Centreville, around 3:30 a.m. on Wednesday, May 27, for the report of a sexual assault. Officers determined three children, 14, 8 and 6 years old, were home alone sleeping when a man entered the residence through a window. The suspect reportedly touched the 6-year-old girl inappropriately before fleeing back out the window. The parent called police after she returned home and learned what happened. The victim was transported to Inova Fairfax Hospital to be examined.

Sex Crime detectives from the Major Crimes Bureau, as well as additional police resources, to include a police bloodhound, responded to assist in the investigation. Around 10 a.m. on Wednesday, May 27, detectives arrested a 19-year-old Centreville man. He was charged with burglary with the intent to defile and abduction with the intent to defile.

Anyone with information is asked to contact Crime Solvers electronically by visiting www.fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus a message to CRIMES(274637) or by calling 1-866-411-TIPS(8477).

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, June 4, from 5-8:30 p.m, at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. The first 35 vehicles arriving on each date will be inspected. Call 703-814-7000, ext. 5140, to confirm times

### Criminal Justice Academy Tour

The Citizens' Advisory Committee (CAC) and the Sully District Police Station invite the public to join them Wednesday, June 10, from 7-9 p.m., at the Fairfax County Criminal Justice Academy for an interactive tour of the Criminal Justice Academy. Get a behind-the-scenes look at the training facility and learn what recruits go through to become a police officer.

Space is limited to 40 adults; children 12 and older are welcome. Pre-registration is required; email Tara.Gerhard@ fairfaxcounty.gov or call 703-814-7051. Registration is not confirmed until a response is received. Meet that night at the academy, 14601 Lee Road in Chantilly. This will be the station's last CAC meeting for the summer.

### Touch A Truck June 13

The Sully District Police Station and the Chantilly Regional Library present the Third Annual Touch A Truck on Saturday, June 13, from 2-5 p.m., at the library, 4000 Stringfellow Road in Chantilly. Forget toy trucks and cars; children will be able to get an up-close look at the real thing.

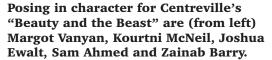
There'll be lots of big trucks on site for children and adults alike to learn about, explore and discover. There will also be events for children, balloon artists, live music and much more during this free, fun-filled day for the whole family. Park at Chantilly High, and police will be directing traffic to safely get pedestrians across Stringfellow Road to the library parking lot.

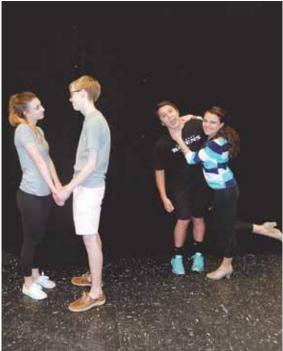
### Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry needs donations of cooking oil, canned fruit, sugar, canned meats (tuna, ham and chicken), hot cereals, pasta sauce, canned tomatoes, flour, and canned or dry beans. Toiletries, which WFCM clients cannot purchase with food stamps, are also needed: facial tissues, toothpaste, shampoo and solid deodorant. Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive in Chantilly's Sully Place Shopping Center. A volunteer stocker/bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcmva.org.

## News







Love interests in Westfield's "Pajama Game" were (from left) Emily Cervarich and Andrew Sharpe, and Keegan Garant and Shaina Greenberg.

## Countdown to Cappies

### Directors react to high-school theater nominations.

By Bonnie Hobbs Centre View

elebrating the best in high-school theater, the 16th annual Cappies Gala will be held this Sunday, June 7, at 7 p.m., at The Kennedy Center in Washington, D.C. Westfield High is up for nine awards for its musical, "Pajama Game;" Chantilly High, seven, for the play, "Radium Girls;" and Centreville High, four, for the musical, "Beauty and the Beast."

Chantilly's nominated for Marketing and Publicity, Lighting, Sets, Makeup, Creativity: Music composition, Lead Actress in a Play and Best Play, and Theater Director Ed Monk couldn't be happier.

"We are very thrilled and honored by our nominations," he said. "The competition is so hard that just to get nominated is more than enough. We were especially pleased that we got nominations in both the acting and technical categories because that means that everyone involved in the production was recognized."

And now, said Monk, "All of the kids are looking forward to getting dressed up and having a wonderful night at The Kennedy Center. We are so blessed to have such talented, dedicated and really nice kids as part of our department."

Centreville Theater Director Mike Hudson is also proud of his talented actors and tech crew that made their production of "Beauty and the Beast" one of the most popular and successful plays in the school's history. And he thanked everyone who had a hand in bringing it to the stage.

Centreville's Nora Winsler received two Cappie nominations, for Featured Actress and Comic Actress in a Musical. Joshua Ewalt also received two nods, for Male Vocalist and Supporting Actor in a Musical. At Westfield, Theater Director Susie Pike congratuful productions." Westfield's nominations are for: Returning Critic, Graduating Critic, Choreography, Featured Actor, Female Dancer, Male Dancer, Female Vocalist, Comic Actress in a Musical, and Critic Team. "My students worked hard on our show, 'The Pa-

lated all the participating schools on their "wonder-

"My students worked hard on our show, 'The Pajama Game,' and I know all schools did the same," said Pike.

"I am so proud of our nine nominations. I am especially proud of our critics team, Elizabeth Coo, Catherine Crossett, Zoe Hawryluk, Eni Oyeleye, Morgan Perigard, Andrew Sharpe, Ruby Tippl, Alexa Tucker and Diana Witt. This group truly showed how working together and supporting each other resulted in a positive and stronger team. The critics are the heart and foundation of the Cappies program."



Mia Rickenbach and Ryan Rickard rehearse a scene from Chantilly's "Radium Girls."

# $Hot \, Songs \, and \, Cool \, Jazz \, {\it Chantilly High's 29^{th} \, annual \, } \\ Jazz \, \& \, Pizzazz \, was \, May \, 27-30.$



Chris Singleton conducts the **Chantilly Jazz while Palavi Swarup** sings "America, the Beautiful."



ShowStoppers perform "Rhythm Nation."



Guitarist Joey Lisko.



Corey Ries and Nathan Rhodes on trumpet.



Sax player Seika VanKeuren.

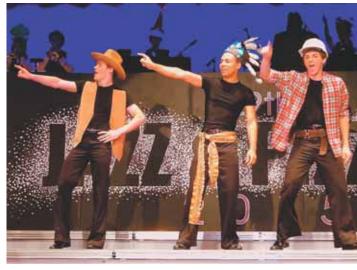
Cory Carter plays tenor sax.

Рнотоѕ ву Bonnie Hobbs

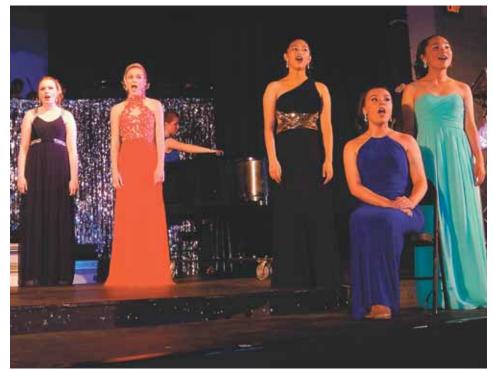




The seniors sing "I Lived."



The boys perform "YMCA."



ShowStoppers sing "Love is Here to Stay."



Singing "Heaven is a Place on Earth."

## Remembering, Honoring Reema

From Page 1

at this year's Bring It! talent competition, the finals of the Bernard/Ebb Songwriting Contest and other competitions around the area. The son of Westfield's first theater director, Scott Pafumi, Eli will be attending this year's Summer Residential Governor's School for Vocal Performance at Radford.

Ashburn Academy of Dance is bringing a lyrical, group number called "Ring the Bells." And Westfield grad Megan Meadows is coming from New York to perform in a comedy sketch with our Reese and Leahy,

who'll be here from New York and Chicago, respectively.

Dueweke's in charge of the silent auction and, she said, "We've got some great items. They include gift cards to restaurants, so people could even get their Father's Day presents here." The restaurants providing gift cards include: Ciao Osteria, Sweetwater Tavern, IHOP, Cheesecake Factory, Carrabba's, P.F. Chang's and Famous Dave's.

Other things up for bid include gift cards to other area businesses, framed original art, jewelry, pillows,



Virginia Tech's Contemporary Dance Ensemble performs "Andaloosia" at last year's cabaret.

matted photography, a handmade rug, 3D photo-box bookends, hand-crocheted items, a spa gift basket with a gift card from Sully Nails, and a signed copy of "Primal Kitchen," a cookbook just published by 2005 Westfield grad Sarah Dueweke.

All in all, said Dillard, "It's a great night for community, entertainment and to raise money for a great cause.

Everyone should come and enjoy the silent auction, the refreshments and an evening of extremely talented performers."

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## Photo Gallery

"Me and My Dad"

**T**o honor dad on Father's Day, send us your favorite snapshots of you with your dad and Centre View will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

editors@connectionnewspapers.com

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For a complimentary auction estimate with a view to sell in the upcoming sale, please contact Mr. Oster. He will be in the area on these dates:

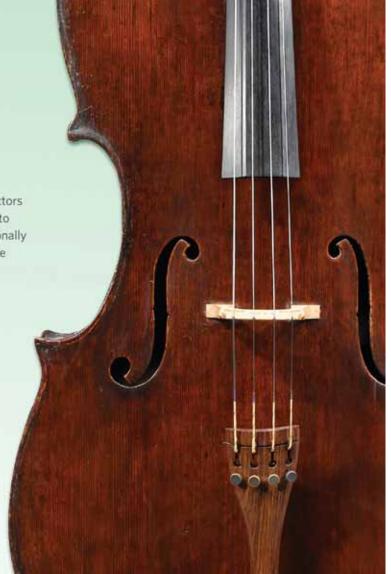
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## OPINION

## Overdose Deaths Are Preventable

## New "safe reporting" law encourages people to seek help in time.

he death rate due to heroin over dose more than doubled between 2010 through 2013, according to the Centers for Disease Control (CDC), with an average in-EDITORIAL crease of 37 percent per year in the

What the statistics don't say is that most of these deaths are preventable nearly to the last breath. Heroin and other opioids affect the part of the brain which regulates breathing, and opioids in high doses can cause respiratory depression and death.

United States.

Naloxone, which is effectively an antidote to opioid overdose, will completely reverse the effects of an opioid overdose if administered

Emylee Lonczak, a McLean teenager who died of an overdose in what was reported to be her first encounter with heroin, might still be alive if the people with her at the time had taken her to a hospital or called 911.

New legislation designed to protect people seeking help for friends experiencing overdose should make it simpler to do the right thing.

State Sen. Chap Petersen sponsored the bill, Safe Reporting of Overdoses, which was signed

by Gov. Terry McAuliffe last week.

"The next step is to get the word out to young people: If a friend is in distress, you have a responsibility and now you have legal protections. Do the right thing. Make a call to save a life," said Petersen said after the Governor signed the bill.

The law also applies to alcohol overdoses. Petersen collaborated with a Fairfax High School classmate, Gerald Lawson, now a pro-

> fessor at Virginia Tech, in pressing for protection for Good Samaritans in these circumstances.

The Food and Drug Administration last year approved a hand-held auto-injector designed for family and caregivers who might be witness to an overdose to administer a single dose of the drug naloxone.

#### Safe reporting of overdoses SB 892, summary as passed.

Establishes an affirmative defense to prosecution of an individual for (i) simple possession of a controlled substance, marijuana, or controlled paraphernalia; (ii) intoxication in public; or (iii) the unlawful purchase possession, or consumption of alcohol if such individual sought or obtained emergency medical attention for himself or for another individual because of a drug-related or alcohol-related overdose and if the evidence for the charge was obtained as a result of the individual seeking or obtaining emergency medical attention. The bill provides that the affirmative defense may only be invoked by an individual who (a) remains at the scene of the overdose or at any location to which he is transported for emergency medical attention until a law-enforcement officer responds to the report of an overdose or, if no law-enforcement officer is present at either the scene or the other location, cooperates

with law enforcement, (b) identifies himself to the responding law-enforcement officer, and (c) cooperates, upon request, with any criminal investigation reasonably related to the drug or alcohol that resulted in the overdose. No individual may assert this affirmative defense if the emergency medical attention sought or obtained was during the execution of a search warrant or during the conduct of a lawful search or a lawful arrest.

### Send Photos for Father's Day

Father's Day is Sunday, June 21, and once again the Connection will publish a gallery of Father's Day photos.

Every year at this time, the Connection puts out the call for photographs of fathers and their children, grandfathers and their children and

Send in photos as soon as possible, with the following information: the town where you live, the names of everyone in the picture, the approximate date the picture was taken, the ages of the children and a sentence or two about what is happening and where the photograph was taken. Be sure to tell us your town name and neighborhood. Photos are due by June 15.

You can submit your photos online at www.connectionnewspapers.com/ fathersday. You can also email photos to editors@connectionnewspapers.com.

— Mary Kimm

MKIMM@CONNECTIONNEWSPAPERS.COM

## Illuminating 'Radium Girls' at Chantilly High

BY YVONNE NGUYEN Hayfield Secondary School

erily stoic faces emerge from the dark ness, hauntingly illuminated by a sickening green glow. Ghostly, detached eyes stare blankly ahead, sitting passively in front of a backdrop of shocking news headlines, outlining the sensationalized scandal of

Thus begins Chantilly High School's production of "Radium Girls." In a simultaneously heart-wrenching and captivating performance, Chantilly High School unravels the enthralling tale of Grace Fryer, victim of radiation poisoning at the hands of the U.S. Radium Corpora-

Detailing a resilient fight for justice, the U.S. Radium Corporation's attempt to suppress evidence, and the American public's demand for answers, "Radium Girls" by D.W. Gregory is an engrossing play based on a true story of morality and guilt.

Set in the 1920s, "Radium Girls" premiered in 2000 at the Playwrights Theatre. Gregory was inspired by the story of factory workers in New Jersey who sued the U.S. Radium Corporation after discovering that the paint they used to supply the military with glow in the dark watches was essentially toxic.

Already exposed to the radiation poisoning, these workers developed anemia, necrosis, and bone fractures. Following the corporation's attempt to bury evidence, the factory workers took to the media, in what would become an iconic turning point for the worker's rights movement in America.

The role of the protagonist Grace Fryer was played by Mia Rickenbach. Filling an incredibly emotionally-demanding role, Rickenbach showed excellent character development throughout the show.

In the climax of the play, Rickenbach delivered a haunting monologue, that would surely be remembered by all present due to the piercing quality of Rickenbach's quiet intensity.

Opposite of Rickenbach was the perceived antagonist of the play, Mr. Roeder (Ryan Rickard). Rickard's ability to highlight the humanity in his character certainly paid off and his expertise in capturing Roeder's struggle with his own morality showed theatrical maturity well beyond Rickard's years.

In contrast, Diego Encarnacion's portrayal of Mr. Markley as a cold and calculating villain was also chilling.

Encarnacion's body language and small mannerisms helped immensely in establishing his commanding presence on stage. From the way he buttoned his suit jacket, to the way he pulled down his cuffs, Encarnacion seemed to radiate confidence and dominate every scene that he appeared in.

Chantilly High School's greatest achievement was their ability to capture the overall atmosphere and mood of "Radium Girls." From the intriguing headlines painted onto the wall, to the distressed paint on the set, the audience was immediately able to recognize the toxic nature of the environment.

Furthermore, the ingenious use of crates instead of furniture provided a minimalistic feel to the show, a choice that worked well with

Perhaps the most noticeable aspect of the stage was the array of cast members sitting on

Rather than waiting backstage when not involved in a scene, the actors sat around the stage and simply watched the action that ensued. This choice, along with the dissociated expressions on the actor's faces made for an unsettling but ultimately thrilling effect.

Overall, Chantilly High School proved able to comprehend the spirit of the play and translate that onto the stage. No weak link could be spotted, as each actor was equally committed to his role and the illuminating stage presence of the ensemble was an essential aspect of the play.

Tackling mature themes, such as the poisonous effects of sickness and poverty on relationships, Chantilly High School put on a truly gripping performance, leaving the audience riv-

The Cappies, "Critics and Awards Program," is a program through which high school theatre and journalism students are trained as critics, attend shows at other schools, and write reviews.

@CentreView

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CIRCULATION: 703-778-9426

A Connection Newspaper



6 Centre View June 3-9, 2015

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## **OPINION**

## Fast-Paced 'Pajama Game' at Westfield High

BY AMITA RAO Centreville High School

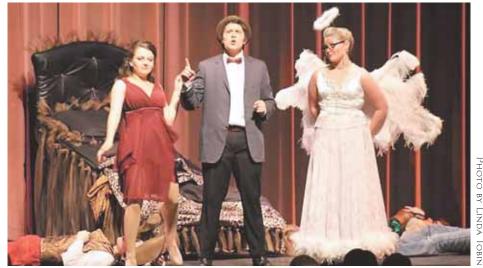
estfield's production of "The Pajama Game" allowed everyone in the audience to have a "Once-a-Year Day" as they watched with wonder and delight. The bright costumes and 1960's style gave the musical an upbeat tone and a fast pace, leaving the audience wanting more.

In 1953, Richard Bissell published the novel "7 and a Half Cents," and it became the basis for the popular Broadway adaptation "The Pajama Game." When first pro-

CAPPIES REVIEW duced in 1954, it won a Tony for best musical, and as its popularity rose, a movie adaptation followed in 1957. Its overwhelming fame led to the

show being revived twice on Broadway, both in 1973 and more recently in 2006, when it won the Tony for best revival of a musical.

Westfield's production of "The Pajama Game" was bursting with the colors and styles that marked the 1960s. During numbers such as "Once-a-Year Day," the audience couldn't help but gaze at the colorful and beautifully crafted dresses that all the females had donned. The girls' costumes looked stunning on stage and fit so perfectly



From left are Shaina Greenberg, Keegan Garant and Jessica Swanson.

within the era that the audience was left asking themselves if they were looking at a photograph from the time.

The leads of the show, Sid Sorokin (Andrew Sharpe) and Babe Williams (Emily Cervarich) both gave strong performances. Sharpe possessed an amazing, low register, which he utilized well during songs such as "Hey There." Cervarich amazed the audience with her wonderful range, and the subtle beauty of her voice. Her vibrato was natural and very like the style adopted by

stars of the 1960s, and her transitions from different registers were unnoticeable, giving her a smooth and charismatic singing style.

The supporting roles were characterized by their strong voices and great energy. Hines' (Keegan Garant) exaggerated physicality never failed to make the audience laugh, and Mabel's (Jessica Swanson) excellent characterization and solid voice quickly made her an audience favorite. The sassy Gladys (Shaina Greenberg) had a

strong singing voice and humorous facial expressions, and showed it in classic numbers like "Hernando's Hideaway." The flirty Prez also had an infectiously high level of energy, grabbing the audience's attention any time he stepped out on stage. Another audience favorite was the fabulously played Pop (David Koenigsberg) who displayed commendable comedic timing and characterization. His unadulterated interest in his stamp collection always left the audience in stitches.

The choreography did a respectable job of showcasing the individual talents of the students. Students such as Connor Rudy and Meredith Mehegan displayed their prowess in technical dance in the number "I'll Never Be Jealous Again Ballet." And the audience was amazed at the gymnastic ability of certain performers in the company picnic that took place in "Once-a-Year Day."

Westfield's production of "The Pajama Game" was a wonderful adaptation to a 1960's classic. The bright backgrounds and costumes left the audience feeling excited. The musical was humorous, interesting, and had an ending that left the audience comfortably satisfied.

The Cappies, "Critics and Awards Program," is a program through which high school theatre and journalism students are trained as critics, attend shows at other schools, and write reviews.





# A Prom of Their Own Students with special needs attend Day Prom.

By Marissa Beale Centre View

or more than 10 years, hundreds of students with special needs those with physical, intellectual or mental disabilities - have been able to enjoy a prom of their own. The event takes place during the day and, this year, was held at the Waterford near Fair Oaks Mall.

"The purpose of having this dance is to teach students with 'special needs' what is involved in preparing for their regular senior prom. It is hoped through this experience, that they will attend the prom at their respective schools before graduation," said Kathy Khair from Herndon High School, who also served as the coordinator.

This event was created back in 2002 by Chris Pascarella, former Special Education Department chair at Herndon High School. Three schools were represented at the first prom, held at the Reston Hyatt. The event has grown, with students from 11 different schools attending this year's prom: J.E.B. Stuart High School, South Lakes, Chantilly High School, Oakton High School, Herndon High School, Centreville High School, Westfield High School, Lake Braddock Secondary School, Fairfax High School, Kilmer Center and W.T. Woodson High School.

"Reston Limousine donated their services to Herndon High School students, and the



Beze Bekela (left), sophomore at Westfield High School, and Reena Assefa, a senior at J.E.B. Stuart High School, met and became friends at the Day Prom.

Waterford donated everything, making the event completely free for students," said Khair. In addition, Men's Wearhouse at Dulles Town Center donated tuxedos, and Reston Interfaith donated prom dresses.

While teachers plan much of what happens on this special day, general education students are also asked to contribute. Students in two leadership classes at J.E.B. Stuart, taught by Elizabeth Buffenbarger, volunteered their time to help make the



Students danced the day away at this year's Day Prom, an annual event for students with mental, physical and intellectual disabilities.

event a success.

"Our goal was to make this as similar to the normal prom as possible," said Homan Adam, J.E.B. Stuart High School senior.

"We try to do everything like a normal prom and give all students a chance to attend," said Khair.

In many ways, the event is just like any other prom. The D.J. played everything from the Macarena to the Cha-Cha Slide and students never stopped filling the dance

floor. "My favorite part is the D.J.," said Jessica Lewin, a student from Oakton High School who was there at the prom.

And as interest increases, it might be necessary for there to be two separate day proms.

"Every year there is speculation of the schools branching out," said Khair. "I can't speak for the other schools. I know that Herndon High School will continue to invite schools to attend this event every year."

By Victoria Ross

Centre View

# Make a Call; Save a Life Petersen's "Good Samaritan Overdose Protection" law goes into effect July 1.

ccidental overdose deaths are now the leading cause of accidental death in the United States, exceed-

ing even motor vehicle accidents among people ages 25 to 64, according to a recently released study by the National Institute on Drug Abuse.

Last year, an estimated 210 heroin overdoses fatalities occurred in Virginia, with the highest number in Fairfax and Prince William counties.

"Many of these deaths are preventable if a friend or witness seeks emergency assistance right away," said state Sen. Chap Petersen (D-34). "But people using drugs or alcohol illegally often fear arrest if they call 911."

In an attempt to reduce overdose deaths, Petersen introduced Senate Bill 892 during last year's General Assembly session. The new law - the "Good Samaritan overdose protection bill" — was signed by Gov. Terry McAuliffe last week in Richmond, and goes into effect on July 1.

Commonly referred to in other states as "911 Good Samaritan," the law encourages witnesses at the scene of a suspected drug or alcohol overdose to seek emergency assistance right away without fear of arrest for minor drug law violations.



The new law - the "Good Samaritan overdose protection bill" - was signed by Gov. Terry McAuliffe last week in Richmond, and goes into effect on July 1.

Virginia now joins 20 other states, including the District of Columbia, that have enacted policies to provide limited immunity from arrest or prosecution for minor drug law violations for people who summon help

at the scene of an overdose.

"This law provides an affirmative defense for individuals who take responsible measures to report an overdose, remain at the scene of the overdose until emergency services arrive, and identify themselves to the responding officer," Petersen said.

Petersen said a fellow Fairfax High School classmate, Gerard Lawson, a professor at Virginia Tech, brought the issue to his attention. Lawson was organizing a class project to lobby state legislators on criminal law reforms. His students had the idea to protect "Good Samaritans" who report a drug overdose to emergency services.

Lawson said his students noted that the chance of surviving an overdose, like that of surviving a heart attack, depends greatly on how fast one receives medical assistance.

Witnesses to heart attacks rarely think twice about calling 911, but witnesses to an overdose often hesitate to call for help or, in many cases, simply don't make the call, Lawson said.

Research confirms the most common reason people cite for not calling 911 is fear of police involvement.

But the new law, Petersen added, is not a "get-out-of-jail-free" card for those who sell or traffic large quantities of drugs, or those who commit acts of violence, felonies, or distribute drugs.

"The next step is to get the word out to young people: If a friend is in distress, you have a responsibility and now you have legal protections. Do the right thing. Make a call to save a life," Petersen said during the signing ceremony last week.

www.ConnectionNewspapers.com

## Celebrating Stringfellow Road's Reconstruction

drivers along Stringfellow road for their patience and willingness to adapt to temporary traffic patterns for the [work] crews. This is also a significant improvement for cyclists and pedestrians."

Stressing that the two, new lanes opened in December, six months ahead of schedule, he said the road now carries 23,000 vehicles per day and that number is expected to increase. He praised Fort Myer and its subcontractor for completing the work on budget and said the project also improved the parking lots at Poplar Tree and Greenbriar parks, the entrance to the Greenbriar Civic Assn. building and the stream connections at the new bridge crossing the Rocky Run stream.

Cutler thanked Fairfax County police for controlling traffic detours and lane changes during construction, the county Board of Supervisors for funding the project, VDOT personnel, plus KinderCare, the Shenandoah Crossing and Villages of Fair Lakes communities and St. Paul Chung Catholic Church for their cooperation. He also noted that "almost 100 parcels needed some land obtained from them, and it took a tremendous amount of community involvement."

Del. Jim LeMunyon (R-67) thanked VDOT for everything it did, and Del. David Bulova



From left: Sharon Bulova, Pat Herrity and Jim LeMunyon listen to the

(D-37) reminisced a bit. "As a new driver, I wasn't allowed to drive on Stringfellow because it was narrow and winding," he said. "And as traffic increased, it became a major bottleneck. Thank you to everyone who made this project a reality, and congratulations."

Fairfax County accessible between north and south," added state Sen. Chap Petersen (D-34). "As a high school kid, I came out here with my baseball team, and it was like driving to the end of the world from Fairfax."

State Sen. Dave Marsden (D-37) called "We've sought for a lifetime to make the revamped roadway "a significant im-

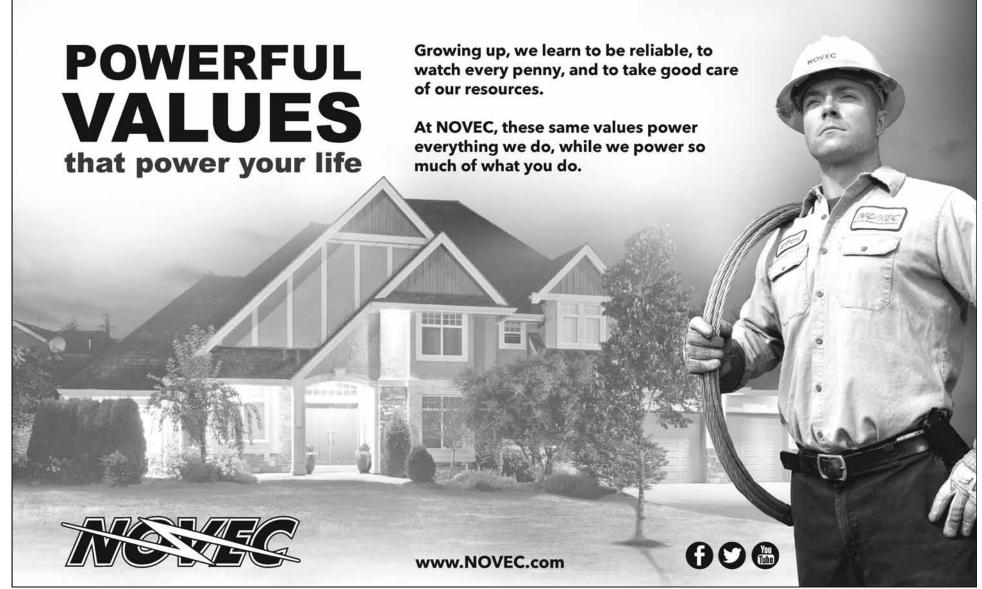
provement to traffic congestion" and said everyone involved did "a wonderful job."

Board of Supervisors Chairman Sharon Bulova said it's a good thing that Stringfellow can now handle more traffic because, by 2034, it's projected to carry 33,000 vehicles a day. "It'll be a safer road," she said. "And it's a real tribute to partnerships between the community and different levels of government to make something good happen."

Supervisor Michael R. Frey (R-Sully) explained some of the history. "When I worked for [former Supervisor] Jack Herrity [in the late 1970s-early '80s], we did the 50/66 study," he said. "I came to a Greenbriar Civic Association meeting, and they didn't want Stringfellow widened. Poplar Tree [Estates] didn't exist then."

He said the improved road "took a lot of people working together, and there were huge utility issues with these pipelines that run through here. When you think about the magnitude of the problems, it really is amazing that we got it done." Frey then thanked county staff for its work and the supervisors for "their courage" in putting transportation bonds to raise money to fund Stringfellow on the ballot.

Also thanking all the stakeholders, Supervisor Pat Herrity (R-Springfield) said, "This was a long time coming, but it was worth





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## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

#### **JUNE**

6/17/2015......A+ Graduations & Summer Learning 6/17/2015.....Father's Day Dining & Gifts Father's Day is June 21 6/24/2015.....Independence Day Preview

6/24/2015...Professional Profiles & Business in the Community

#### JULY

7/1/2015......Wellbeing 7/15/2015......A+ Camps & Schools 7/22/2015......Pet Connection

7/29/2015.. Professional Profiles & Business in the Community

#### **AUGUST**

8/5/2015 ...... Wellbeing 8/12/2015......HomeLifeStyle 8/19/2015.....A+ Camps & Schools - Back to School -**Private Schools** 

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## WELLBEING

## Summer Fun, Summer Safety

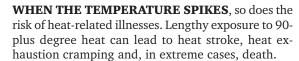
### Tips for averting summer danger.

BY MARILYN CAMPBELL Centre View

t's a familiar call. The sun beams down from mid-summer sky. Temperatures rise above 95 degrees Fahrenheit, but safety conditions start to plummet.

"People will have been walking on the mall all day and then go to Arlington National Cemetery to watch the Changing of the Guard and they start to feel lightheaded and dizzy," said Lt. Sarah-Maria Marchegiani, spokeswoman for the Arlington County Fire Department. "The times that I've responded, they usually have only one small water bottle with them and they've been in the heat all day. It's often tourists, but people who live here, too."

While summer ushers in vacations, trips to the pool, barbeques and fireworks it also brings the potential for safety hazards. From recreational water illness to heat-related illnesses, summer fun can turn into a nightmare. Public health and safety officials have several tips for lessening summer safety risks.



"Heatstroke can occur when the ability to sweat fails and the body temperature rises quickly," said Kenya Fluellen, associate professor of nursing at Northern Virginia Community College. "The brain and vital organs are affected as the body temperature rises to a dangerous level."

"Safety is always our

number one priority."

— Sarah-Maria Marchegiani,

**Arlington County Fire Department** 

In addition to wearing loosefitting clothes that are light in color and taking breaks from the heat and drinking two to four glasses of water for every hour one is exposed to high heat, health officials say applying sunscreen, limiting physical ac-

tivity and wearing a hat or using an umbrella to block direct sunlight should also be added to the list of summer safety precautions.

"People can underestimate the power of the heat. Safety is always our number one priority," said Marchegiani. "If you have an elderly neighbor or anyone with mobility issues, check on them, especially when we have a storm and the power goes out."

**WHILE STRATEGIES** for beating the heat include trips to the pool and water parks, these cool-down activities come with health precautions. Being aware of the potential for spreading germs can prevent recreational water illnesses, which can occur as a result of swallowing or having other contact with contaminated water.



PHOTO BY MARILYN CAMPBELL/CENTRE VIEW

Health officials are reminding the public how to stay stay safe while swimming or engaging in other popular summer activi-

> Health officials advise swimmers to shower with soap before entering a pool, take bathroom breaks once per hour and take a rinse shower before returning to the water.

> Washing your hands after changing diapers or using the restroom and checking a child's diapers every half-hour to an hour are tips that are also advised.

> Water safety is another summer concern. "Enroll children over the age of three in swimming lessons," said Fluellen. "Don't rely on lifeguards to watch over your children."

> INSECTS ARE ANOTHER summer sighting that can be a prelude to danger. In fact, the Fairfax County Board of Supervisors proclaimed June at Fight the Bite Awareness Month. One bite from a disease-car-

> > rying mosquito or tick can lead to life-changing illnesses such as West Nile virus or Lyme disease.

"Anyone can get infected with these illnesses, but people over the age of 50 are at greater of developing more severe forms," said Joshua Smith, Fairfax County environmental health

supervisor. "We can find mosquitoes with West Nile virus anywhere in the county that is why we encourage people to take precautions."

Those safety measures include eliminating standing water, treating standing water and spraying your yard. Using an insect repellent containing DEET, remaining indoors at dawn and early evening, and installing, repairing or replacing screens on both windows and doors to keep insects outdoors are also recommended.

"It is important to use common sense, stay hydrated and respect Mother Nature," said Kurt Larrick, spokesman for the Arlington County Department of Human Services. "And some groups are more at risk [such as] infants, teens, older adults, and those with certain health conditions."

## ENTERTAINMENT

Email community announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/ or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **ONGOING**

#### Family Fridays Movie Series.

Fridays at sunset through June 26, at The Manassas Campus of Northern Virginia Community College, 6901 Sudley Road, Manassas. Admission is \$3, free with NOVA ID. Visit www.novamanassas.wix.com/ movies

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

Singing. 7:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires rehearse every Wednesday which includes training by an awardwinning director. Visit www.fairfaxjubilaires.org for more.

**Art Exhibit.** Through June 30, 10 a.m.-8 p.m. at the Clifton Wine Shop, 7145 Main St., Clifton. Art Guild of Clifton presents Davi D'Agostino, Artist of the Month Exhibit, Includes classic fine art oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-830-8466 for more.

#### "Creating Across the City."

Through July at Dulles International Airport. Three organizations; Critical Exposure, The National Building Museum and ARTLAB+ have teamed

### Celebrate Fairfax! **Festival Returns**

The Celebrate Fairfax Festival is expected to bring 70,000 people to the Fairfax County Government Center this weekend. Guests will find carnival rides, a community market, a silent disco, and fireworks. Also, more than 100 performances on eight stages will be dispersed across the 25-acre site. Artists performing will include 3 Doors Down, Kongos and The Amish Outlaws. Admission is \$15 for adults, \$5 for youth, and free for children 2 and younger. Visit www.celebrate fairfax.com.



up for "Creating Across the City: A Teen Art Showcase," which provides an outlet through art and design for creative local teens.

#### **CAMPS, CLASSES & WORKSHOPS**

students in grades 2-6 may participate in a workshop 9 a.m.-12 p.m., July 20-24 at Westfield High

Young Actors' Workshop. Rising School, 4700 Stonecroft Blvd,

www.westfieldtheatreboosters.com. Young Actors Workshop. July 20-24 9 a.m.- 2 p.m. at Westfield High School, 4700 Stonecroft Blvd., Chantilly. Students will participate in theatre games, improvisation, acting exercises, songs, and dances. The week culminates with a show for friends and family featuring songs and scenes from musical comedy classics. The workshop fee is \$125. www.westfieldtheatreboosters.com.

#### FCPS 2015 Summer Programs.

Registration is now open for the following Fairfax County Public Schools summer camps. Students should register for programs based on the grade they are in during the current 2014-15 school year. Visit www.fcps.edu/is/summer/ index shtml for more.

**❖ Tech Adventure Camp** will be held July 20-31 at Robinson Secondary School from 8:30 a.m.-2 p.m. for students currently in grades 5-7. This

camp allows students to explore careers and technology by rotating through eight areas including graphic design, automotive technology, culinary arts, television production, robotics, and computer technology.

\* STEM Camp. Held in two sessions at Robinson Secondary School: July 6-10 and July 13-17 both from 8:30 a.m.-2 p.m., daily. STEM (science, technology, engineering, and math) Camp is a one-week camp for

SEE ENTERTAINMENT. PAGE 16







## Sports

## Centreville Girls' Lacrosse Falls to Oakton in Region Semis

## Wildcats still headed to states after quarterfinal victory.

By Jon Roetman Centre View

he Centreville girls' lacrosse team is headed to the state tournament, but not in the fashion they wanted.

The Wildcats lost to Oakton 17-16 in overtime during the 6A North region tournament semifinals on Saturday at Centreville High School.

Instead of a third meeting between Robinson and Centreville — arguably the top two teams in 6A North during the regular season — in the region championship game, the Wildcats faced Westfield in the region consolation game on Tuesday, after Centre View's deadline.

A matchup with Robinson, which beat Westfield in Saturday's first region semifinal contest, would have given Centreville a shot at a region title a first-round bye at states. Instead, the Wildcats will enter the state tournament as a lower seed.

Centreville secured a state berth by beating Woodson 12-6 on May 28 in the region quarterfinals.

Centreville defeated Oakton 13-9 during the regular season and 16-10 during the Conference 5 tournament. On Saturday, however, the Wildcats were down by one at halftime and trailed 15-12 with 8:17 remaining in the second half.

Centreville responded with four straight



Oakton senior Karlie Cronin attacks the goal while Centreville's Caroline Kelly (17) defends during Saturday's 6A North region semifinal contest at Centreville High School.

goals and took a 16-15 lead when senior Reagan Newell scored with 21 seconds remaining.

Senior Caroline Wakefield, who assisted Newell's go-ahead goal, knew the game was far from over.

"They were cheering," Wakefield said about her teammates. "I was like, 'It's not over, it's not over. There's 20 seconds left.' I think we got caught up in the moment thinking that there wasn't any time [on the clock]."

Oakton gained possession and sophomore attacker Stephanie Palmucci headed toward the goal. She was fouled with four seconds

remaining, leading to free position, and she scored the tying goal with one second left on the clock.

"Stephanie's a little girl, but a big-time player," Oakton head coach Jean Counts said. "She'll step up when she needs to step up. [She] struggled a little bit during regulation and when it counted with four seconds left she had an absolutely clutch play.

"... Stephanie is a second-year varsity player but at the same time she plays like she's been here for six years."

With the scoreboard clock stopped and official time kept on the sideline, Palmucci said she didn't know how much

time remained.

"I wasn't thinking about it, but I had an idea because we had been playing for so long," she said. "I just knew the pressure was on and I had to do something."

The game went to overtime and Oakton showed patience with its initial possession of the first 3-minute extra period. After more than 90 seconds had run off the clock, Palmucci attacked and scored what proved to be the game-winner.

Neither team scored during the second 3-minute overtime period.

"They wore us out on defense," Newell said. "They did a great job just keeping possession. We couldn't keep possession at all."

Wakefield and Newell each scored four goals for Centreville. Sophomore Elizabeth Murphy tallied three goals, senior Kara Waddell and freshman Emily Marciano each had two, and freshman Paige Richbourg added one.

"I think this loss is going to help us bounce back," Wakefield said. "... I think the girls, it's hitting them now. I don't know if you saw how many girls were crying out here — I'm not much of a crier — but everybody wants it now. The difference is them actually wanting it and going out there and getting it. You can say you want it, but you've got to stick to your game plan and execute."

The state tournament is scheduled for June 9-13 at Lake Braddock Secondary School.

"I believe wholeheartedly in this group, so it's their choice now," Centreville head coach Christina Griel said after Saturday's loss. "I want it for them 110 percent and I believe so much in this group, so it's their choice whether they're going to show up again on Monday."

## Young Players Shine in Postseason for Westfield Girls' Lacrosse

Frosh McNamara, sophomore Markert combine for 9 goals in region semis.

BY JON ROETMAN

he Westfield girls' lacrosse program graduated eight seniors from its 2014 state championship team, including all-state athletes Molly O'Sullivan, Meghan Heick and Rachael Ulsh

While the loss of talent and experience led to some struggles during the 2015 regular season, the Bulldogs managed to qualify for the state tournament with a 14-13 victory over Langley on May 28 in the 6A North region quarterfinals.

On May 30, Westfield fell short in its effort to advance to the region championship game, losing to Robinson 19-13 in the semifinals at Robinson Secondary School. De-



Westfield freshman Nicki McNamara scored five goals against Robinson during the 6A North region semifinals on May 30.

spite the defeat, several young Bulldogs showed why Westfield has a bright future — and could make some noise at states this year.

Freshman attacker/midfielder Nicki McNamara scored a team-high five goals for Westfield and sophomore midfielder Olivia Markert added four during the Bulldogs' loss to Robinson on Saturday morning. The young duo helped keep Westfield close against a Rams team that entered the game with a 17-1 record, including a 21-5 victory over the Bulldogs in the regular season and a 20-15 win over Westfield in the Conference 5 tournament semifinals.

McNamara scored Westfield's first three goals of the second half. Her fifth goal of the morning cut Robinson's lead to 12-10 with 20:06 remaining in the contest.

Markert scored two goals in each half. Her third goal of the morning cut Robinson's lead to 14-11 with 15:57 remaining, but the Rams scored five of the next six goals to pull away.

"A lot of our young players have really stepped up," Westfield head coach Katie Ruch said. "Olivia, a sophomore, had four goals, Nicki had five. They're continuing gaining confidence and experience through all this, as well."

McNamara has been Westfield's go-to goal scorer late in the season. Along with a season-best eight goals during the Bulldogs' loss to Robinson in the conference tournament, the freshman scored seven goals during Westfield's region semifinal win over

Langley, which secured a state berth.

"Everyone let me in," McNamara said of her teammates' acceptance during her freshman season, "and then once I got a little comfortable I started realizing how I could help and I just do everything that I can to help the team."

What makes McNamara an offensive threat?

"I think her vision of scoring opportunities and also she's fast and she can also adjust to whatever position we put her in," Ruch said. "... She's coachable and that makes a big difference in her wanting to get better because she wants to see how she can improve and change for next game."

Junior midfielder Angela Stevenson scored three goals for Westfield and junior defender Sarah Horgan added one.

The loss dropped Westfield's record to 9-7, but the Bulldogs' season remained alive. Westfield faced Centreville in Tuesday's region consolation game, after The Connection's deadline.

The Bulldogs will compete in the 6A state tournament, which begins June 9 at Lake Braddock Secondary School.

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12  **Centre View June 3-9**, 2015

# Fairfax County Police Honor Volunteers

## Men and women gave 53,630 hours of volunteer time to police force.

he Fairfax County Police Department held its Volunteer Awards Ceremony on Friday, May 15, at the Fairfax County Government Center, honoring men and women who gave a total of 53,630 hours of volunteer time to the county. The program honored Auxiliary Police Officers (APO), Volunteers in Police Service (VIPS), and members of the Chaplains Unit.

- STEVE HIBBARD

## APO and Chaplain Service Hours Awards Through December 2014

1,000 Service Hours — APO Mark Janeczko, APO Carol Might, and APO Paul

2,500 Service Hours — APO Tony Butera, APO Ken Cowan, APO Charles Foster, APO Gordon McCallum, and APO Rage Mohamud

5,000 Service Hours — APO Thomas Reavis

7,500 Service Hours — APO Donald Brodie, APO Beth Myers, and APO Keith

10,000 Service Hours — APO William Ridgeway and Chaplain Michael Shochet

### **VIPS Service Hours** Awards — Through December 2014

500 Service Hours — VIPS Raoul Drapeau and VIPS Ken Schafer

750 Service Hours — AS-VIPS Terri Baker and VIPS Deborah Neuberger

1,000 Service Hours — AS-VIPS Terri

1,500 Service Hours — AS-VIPS Terry Baker, VIPS Fran Hart, VIPS Philip Schroeder, and VIPS John Werderman

6,000 Service Hours — VIPS John

8,000 Service Hours — VIPS Tracey Ryan 10,000 Service Hours — VIPS David

12,000 Service Hours — VIPS John Bauer



Chief of Police Col. Edwin Roessler Jr. presents the Volunteers in Police Service (VIPS) of the Year award for Crime Prevention to VIPS John Werderman of the Sully **District Station.** 

### Meritorious Group Award

The Meritorious Group Award for a significant contribution to a department project is awarded to the following VIPS assigned to the Criminal Justice Academy/ Professional Development Center.

These volunteers supported all aspects of the academy by completing data entry, lobby detail to check IDs and answer questions, filing paperwork, assisting in promotion processes and in the registration process of the STILE Conference, which had over 150 incumbents in attendance. Without their hours of commitment, the academy could not have successfully completed its mission.

- ❖ VIPS Ruth Bedell
- ❖ VIPS Keith Kalinowski
- ❖ VIPS Robert Parillo
- ❖ VIPS Karen Sica
- ❖ VIPS Laurian Cannon ❖ VIPS Deborah Neuberger
- ❖ VIPS Michael Proffitt

## Werderman Is the Volunteers in Police Service of the Year for Crime Prevention

John Werderman of the Sully District Station won the Volunteer in Police Service (VIPS) of the Year for Crime Prevention.

It recognizes the VIPS whose outstanding contributions support the Crime Prevention efforts within the community. Werderman joined the VIPS Program in March 2005. In 2014, he contributed 169 hours with a total of 1,670 hours volun-

Werderman assisted the Sully Station Crime Prevention Officer with the Sully District's All Hands-on Deck initiative, Help Eliminate Auto Thefts Vehicle Identification Number Etching program, Touch a Truck, National Night Out, Car Lock Checks, Passenger Safety and CarFit.

Werderman has dedicated years to the child safety seat program and keeps current on all safety seat recalls as well as participating regularly at safety seat inspections at the Sully District Station. Werderman has been a major contributor to the success of this program and its goal of keeping children safe.

## Points of Light Foundation President's Council on Service and Civic Participation

This year's Call to Service-Lifetime Awardees have achieved a minimum of 4,000 hours of volunteer service over the course of their lifetimes and they join the esteemed group of past VIPS, APO, and Chaplain recipients.

- APO Ron Bertoia
- ❖ APO Forrest Houston
- ❖ APO Richard Majauskas
- ❖ APO John (Ed) Pouncey
- ❖ VIPS Hung Nguyen
- ❖ VIPS Wouter "Van" Vanderwal



**Chief of Police Col. Edwin Roessler** Jr. presents the Joyce McDermott Award to APO Susan Baugh of the Fair Oaks District Station.

### Susan Baugh Wins Joyce McDermott Award

APO Susan Baugh of the Fair Oaks District Station won the Joyce McDermott Award. It recognizes the Auxiliary Police Officer who shows exemplary performance within the program, who embodies the ideals of volunteerism, and whose service goes above and beyond the norm.

The APO Program at the Fair Oaks District Station is strong and healthy due to the strong leadership of Baugh. She has been the lead APO at Fair Oaks for 20 years and has volunteered close to 9,000 service hours. In 2014, she volunteered a total of 419 hours.

Baugh's duties include tracking the 10 station APOs' hours and activities (5,295 in 2014); coordinating all events requesting APO participation and APO meetings. Baugh ensured the APOs are current on training and coordinated equipment and procedural updates. When not conducting her administrative duties, Baugh drives the patrol wagon on weekends with another APO, enabling patrol officers to stay on the

Because of the efficient way she conducts business, one email to Baugh results in an event being covered or training arranged.

#### BULLETIN BOARD

Email announcements to centreview@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

#### **SATURDAY/JUNE 20**

"Meet the Ticket." 7-9 p.m. at Waterford at Fair Oaks, 12025 Lee Jackson Highway, Fairfax. Guests will have the opportunity to hear State Senate, House of Delegates, County Board of Supervisors, School

Board, Soil & Water Conservation Board, and Constitutional Office candidates speak on the issues important to them and the people of Fairfax County. Carly Fiorina will be the guest speaker. Tickets are \$75 per person, \$135 per couple. Sponsorship and hosting tickets are available. Visit www.fairfaxgop.org.

#### **MONDAY/JUNE 22**

Financial Counseling Clinic. 6-7:30 p.m. at Chantilly Computer Learning Center Partnerships, 4101 Elmwood

St., Chantilly. Volunteer financial planners will help participants tackle pressing financial problems during a 45- to 60-minute session. A free credit report will be run, immediate financial situations considered, and a course of action recommended. Free. Contact Lillian Diaz at Ldiaz@ wfcmva.org or 703-988-9656 x108.

#### MONDAY/JULY 13

"Ask an Agent." 7-9 p.m. at Gunnell House at Truro Church, 10520 Main St., Fairfax. Capital Christian Writers

will host literary agent Tamela Hancock Murray of the Steve Laube Agency, Murray will discuss the latest market trends, share tips, and answer questions for aspiring writers. Free. Visit www.capitalchristianwriters.org.

#### **SUPPORT GROUP**

**Telephone Support Group for Family Caregivers of Older Adults**. 7 p.m. every second Tuesday of the month. This telephone support

group is designed to help caregivers of older adults share experiences,

gain support and get important information without having to travel. These are one-hour free sessions. Find out more and register at www.fairfaxcounty.gov/dfs/ olderadultservices/ and click on Caregiver Telephone Support Group

**Group** for people living with Parkinson's disease, caregivers and family, meets on the fourth Saturday monthly, 10 a.m.-noon at Sunrise at Fair Oaks, 3750 Joseph Siewick

Fair Oaks Parkinson's Support

Drive, Fairfax. Call 703-378-7221 or visit www.fairoaksparkinsons.com.

## Weight For It; Wait

By KENNETH B. LOURIE

Given some post-chemotherapy eating challenges I've experienced during the past few months, and the subsequent weight loss which has occurred, my oncologist has prescribed Dronabinol, common brand name: Marinol. Dronabinol, a.k.a. THC, is "a man-made form of the active natural substance in marijuana" synthesized to stimulate my appetite. It's been my observation over the six-plus years that I've been a chemotherapy patient, that weight loss is a particularly worrisome indicator. Steps are often taken to make sure that the patient - especially during the six-hoursper-day, three-days-a-week, heavy-duty chemotherapy often infused at the beginning of treatment - eats regularly and ingests sufficient vitamins and nutrients. Though I haven't suffered too much of late other than the eating/tasting problem I've described, my oncologist was quick to this fix. No eating is no good. And even though the potential side effects: "dizziness, drowsiness, confusion, feeling 'high,' an exaggerated sense of well being, lightheadedness, nausea, vomiting or stomach pain," don't exactly turn me on; neither do they bum me out. I need to eat – doctor's orders - so if marijuana pills are the ticket, then I'm ready to buy. Someone has to do it, and as a cancer patient/survivor trying to stay in the game, these pills are a much appreciated resource to help fend off an evil adversary.

This is a road I have been down before in the 70s, but that was more of a pleasure trip. This is a completely different road - and trip, and therefore one that requires thinking and treating outside of the box, if necessary. And since I don't want to be boxed. I need to remain open to remedies and alternatives that might offer a glimpse into a future that six years ago was not assured. In fact, assurances were the last thing I was given. What I was given, as you regular readers know, was a "13-month to two-year" prognosis with a corollary admission from my oncologist: "I can treat you but I can't cure you." Having successfully navigated an extremely bumpy road since February, 2009, I am still afraid for myself and fearful of my circumstances. Nevertheless, giving in is not an option. Nor is giving up. These pills are just another addition to my ever-expanding arsenal (most recent additions: wheat grass, beta glucans, dandelion root, milk thistle). This is a dynamic time in cancer research and when one considers the conventional along with the non-conventional, there are reasons for hope and dare I say, excitement, for our respective futures.

It's ironic to consider that back in the day, smoking marijuana was thought to possibly contribute to or even cause lung cancer and now, decades later, it is being prescribed by oncologists for their lung cancer patients to help them cope with the side effects of their treatment. When we first met my oncologist, it was mentioned that I smoked pot in the 70s and perhaps that was a cause of my current diagnosis. The doctor's response was that he wasn't interested in the past; he was only interested in the present/future and treating me forward. And so too have I embraced that philosophy. My life now is about securing a future, not explaining a past.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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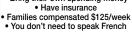
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**Intercity Passenger Rail Public Information Meetings Planned** 

Join the Virginia Department of Rail and Public Transportation (DRPT) June 1, 2, and 3 for alternatives development process public meetings to discuss faster, more reliable connections for intercity passenger rail between Washington, D.C. and Richmond, VA. DRPT strives to provide reasonable accommodations and services for persons who require special assistance to participate. Contact the Title VI compliance officer at 804-786-4440 or TDD 711. Comments received by June 23rd will be considered in the development of alternatives.

For more information and comment forms, visit: www.DC2RVArail.com

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## Entertainment

#### From Page 11

- students currently in grades 3-5 to explore careers and technology as they rotate through activities focused on science.
- **\*** Elementary Institute for the Arts. Held July 13-24 at Robinson Secondary School from 8:30 a.m.-2 p.m. daily, Monday through Friday. Designed for students currently in grades 3-5, E-IFTA offers participants a total immersion in the arts as they

rotate through classes in dance,

drama, music, and visual art.

- \* Institute for the Arts. Held July 6-30 at Robinson Secondary School from 8:30 a.m.-2 p.m. daily, Monday through Friday. Designed for students currently in grades 6-11, IFTA allows students to create, perform, experiment, and explore all in various music, dance, visual art,
- and theatre venues. 
  Robinson Extended Day Adult and Community Education **Enrichment**. Programs will be held July 6-31 at Robinson Secondary School and will begin after Tech Adventure Camp, STEM Camp, IFTA and E-IFTA end. These programs are for students currently in grades 1-11 and will provide a continuum of activities for students who want additional programs and activities. Programs will include the Foreign Language Experience Program (FLEX), Culinary Adventure Camp, Language Immersion Camp, Creative Writing, Computer Graphics, and
- Credit Recovery Academy. This program will be held at Fairfax High School for students seeking credit for high school level courses. Students will be able to take one course during each of the two sessions from June 29-July 16 and July 20-Aug. 4.

- \* Online Campus. For credit recovery, acceleration, and enrichment for middle school and high school students. Health, Physical Education, and Geometry Honors run June 29-Aug. 4; all other courses run July 6-Aug. 4.
- **\*** ESOL Numeracy and Literacy. The ESOL Numeracy and Literacy class provides currently enrolled FCPS high school ELP Level 1 students with the opportunity to develop their numeracy and literacy skills. Students will meet face-to-face with their teachers daily. This is a noncredit class. Held at Fairfax High School July 6-24.

#### PET ADOPTIONS

- Adopt a Cat or Dog. Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit www.lostdogrescue.org for more.
- Adopt a Dog. Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.
- **Adopt a Dog.** Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog. Visit aforeverhome.org for more.
- **Adopt a Dog.** Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

#### THURSDAY/JUNE 4

Virginia Run Band Concert. 7 p.m. at Virginia Run Elementary, 15450 Martins Hundred Drive, Centreville. The school will host its annual end of the year concert. Free. Call 703-988-

FRIDAY-SUNDAY/JUNE 5-7 Celebrate Fairfax! Festival. Various times at the Fairfax County Government Center, 12000 Government Center Parkway. Family activities include carnival rides, live music by 3 Doors Down, The Amish Outlaws, Kongos and more. There will also be nightly firework showcases and hundreds of vendors. Admission is \$15 for adults, \$5 for youth, and free for children 2 and younger. Visit www.celebratefairfax.com.

#### SATURDAY/JUNE 6

#### Born to Run Memorial 5K and Fun

Run. 8:30 a.m. at the Chantilly Highlands neighborhood. Franklin Middle School will dedicate this race to Jannine Parisi who died on Nov. 20, 2013 as the result of a domestic incident. Registration starts at \$15. Visit www.prracing.enmotive.com.

- Relay for Life. 2 p.m.-12 a.m. at The nZone, 14550 Lee Road, Chantilly. A fundraiser featuring games, prizes music and other opportunities to gain awareness and help support The American Cancer Society. Contact Mary Saunders at mary.saunders@cancer.org.
- "The Homegrown Medicine Chest." 1-4 p.m. at the Sully Historic Site, 3650 Historic Sully Way, Chantilly. Learn about the preparation of home remedies and their uses. Visit www.fairfaxcounty.gov.

#### SATURDAY-SUNDAY/JUNE 6-7 Arlington Rose Foundation's 59th

Rose Show. 1-6 p.m. at Merrifield Garden Center, Fair Oaks location, 8132 Lee Highway. The Rose Show includes more than 50 categories of rose including photography, fragrance and a silent auction. Show is open to public. Free admission. Contact 703-371-9351 or pam1powers@aol.com

#### **SATURDAY/JUNE 7**

Wine, Whiskers and Wags. 1-5 p.m at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. A wine tasting, food, silent auction and other events will benefit the Fairfax County Animal Shelter. Tickets are \$35 in advance and \$40 at the door. Visit www.ffcas.org.

#### THURSDAY-SUNDAY/JUNE 11-14

White Elephant Sale. 5-8 p.m. on Thursday, 10 a.m.-7 p.m. on Friday, 9 a.m.-7 p.m. on Saturday and 8 a.m.-12 p.m. on Sunday at St. Mary's, 5222 Sideburn Road, Fairfax. A white elephant sale features used items of special interest to collectors. There is a \$5 fee to attend the preview sale on Thursday, but is free all other days.Call 703-978-4141 for more.

#### THURSDAY/JUNE 11

Art Walk. 5 p.m. at Virginia Run Elementary, 15450 Martins Hundred Drive, Centreville. Virginia Run Elementary PTA will be hosting its annual art walk which will include a display of artwork by 5th grade students. There will also be ice cream, a PTA election and more. Free. Call 703-988-8900.

The Second Annual Juried Exhibition Reception. 6-8 p.m. at

the Hylton Performing Arts Center, 10960 George Mason Circle, Manassas. The winners, including Best of Show, Best Runner-Up and Honorable Mention recipients, will be honored at a reception. Free. RSVP is required. Contact Hylton@gmu.edu

to RSVP. Visit HyltonCenter.org.

#### **SATURDAY/JUNE 13**

Touch a Truck. 2-5 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Vehicles will be available for children and adults to learn about. Free. Visit www.fairfaxcounty.gov

Remembrance Cabaret. 6-7 p.m. at Westfield High School Auditorium, 4700 Stonecroft Blvd., Chantilly. This event is fundraiser for the Reema J. Samaha Scholarship Fund which provides scholarships to local students. Find music, dance, art, a silent auction, and a bake sale. Admission to the event is free. All proceeds from bake sale and silent auction will benefit the scholarship fund. Call 703-919-2941 or email janetkohler@cox.net.

#### **THURSDAY/JUNE 18**

"Indoor Picnic." 6 p.m. at the Sully Government Center, 4900 Stonecroft Blvd. Liberty Republican Women's Club hold their annual "Indoor Picnic" with Linda Bartlett, President of the VFRW as guest speaker. Everyone welcome. Admission is free. Contact 703-378-4190.

#### **SATURDAY/JUNE 20**

Clifton Wine Festival. 11 a.m.-6 p.m. at 7150 Main St., Clifton. Local wineries will bring their goods to the festival. Also find a wide variety of arts and crafts vendors and live entertainment. General admission to the festival is \$15 at the gate. The "Taster Ticket," for attendees 21 and older includes admission, a souvenir wine glass and choices to sample is \$25. A children's ticket is \$5. Visit www.cliftonwine.com.

#### **SATURDAY-SUNDAY/JUNE 20-21**

NoVa Summer Brewfest. 11 a.m.-7 p.m. at Bull Run Regional Park, 7700 Bull Run Drive, Centreville. Find seasonal craft beer from local and regional breweries alongside vendors, exhibitors, music, and food. Tickets are \$35 for adults on the day of the event, \$25 in advance and \$10 for designated drivers. Children under 16 may attend at no cost. Visit www.novabrewfest.com.

### SATURDAY/JUNE 21

Antique Car Show. 10 a.m.-3:30 p.m. at 3650 Historic Sully Way, Chantilly. Celebrate Father's Day at Sully's 42nd Annual Antique Car Show cosponsored by the FCPA and The Model A Ford Club of America. Find 400 antique and classic cars, cars for sale, a flea market, food and music. Admission is \$10 for adults, \$8 for seniors and \$7 for children. Visit www.fairfaxcounty.gov.

#### **SATURDAY/JUNE 27**

The Ice Cream Race. 8 a.m.-2 p.m. at Bull Run Regional Park Special Events Center, 7700 Bull Run Drive, Centreville. The Ice Cream Race is a fundraiser for the Leukemia & Lymphoma Society in the form of an ice cream-themed obstacle course. Find Chocolate Syrup Water Slide, Whipped Cream Foam, Sticky Steeplechases and more. Registration starts at \$49 for individuals. Visit www.theicecreamrace.com for more.

#### SUNDAY/JUNE 28

Summer Concert. 5 p.m. at The National Air and Space Museum Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. The U.S. Air Force Band's Max Impact will perform. Free. Visit www.airandspace.si.edu.

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