# Centreville & Little Rocky Run ENTRE EW



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Members of last year's Team Jim Breslin and their families.

## 'It Keeps Him Alive for Us'

## Family, friends raise cancer-research funds in Jimmy Breslin's name.

By Bonnie Hobbs The Connection

Fairfax County firefighter for 28 years, Jimmy Breslin died of cancer last year at age 55, but he's never far from the thoughts of his friends and family. And in tribute to him, they raise money for and participate in The Ride to Conquer Cancer.

This bicycling event doesn't happen until September, but the eight members of Team Jim Breslin — captained by his brother Tim — are already training and raising funds.

"It means a lot because I'm doing something in honor and memory of my brother," said Tim Breslin. "And the money raised truly benefits people in their treatments and in the prevention of cancer."

Both brothers have ties to the local area. They were born and raised in Fairfax and graduated from Woodson High. And Jimmy Breslin served at both Centreville Fire Stations 17 and 38.

The late Jimmy Breslin Station 17 and 38.

The Ride is Sept.19-20; proceeds go to the Johns Hopkins Kimmel Cancer Center, plus Sibley Memorial, Suburban and Howard County General

hospitals. It's not a race, so cyclists of all abilities may participate.

To donate or register, go to www.ridetovictory.org or call 855.822.RIDE. Or contribute directly to Team Jim Breslin at http://www.ridetovictory.org/site/TR/Events/2015WashingtonDC?team\_id=58228pg=team&f\_id=1091.

Jimmy Breslin and his wife Janet had three children and three grandchildren. "He was a real, family man," said Tim Breslin. "His family was his number-one priority, so it was incredibly tough when he died."

Yet Jimmy Breslin definitely left his mark on the world. After retiring as a firefighter, he became a special-needs bus driver and route manager for Prince William County Public Schools.

"He asked for special-needs children; that was his second calling in life," said Breslin. "He loved them like his own kids and, in his house, he'd show you stuff they'd made for him."

But in 2012, Jimmy Breslin was diagnosed with esophageal cancer and battled it as best he could. "Then in January 2014, one of our sisters, Maureen Romano, heard about the Ride and told us about it," said Tim Breslin. It's 150 miles — 75 miles/day over two days — in Maryland and Washington, D.C., and each rider

has to raise a minimum of \$2,500.

"I'd never done anything like that before," said Breslin. "But she and I wanted to do it to support

SEE RAISING, PAGE 2

## Questioning Family Life Curriculum

Topics of gender identity and sexual orientation added.

By Tim Peterson

Centre View

he Fairfax County School Board's May 7 meeting drew a passionate and boisterous crowd that filled the Luther Jackson Middle School auditorium and spilled out into the main lobby. That night the board voted in favor of adding "gender identity" to its nondiscrimination policy for students, employees and applicants for employment.

On June 25, the board may face a similar scene. It's scheduled to vote on proposed updates from the Family Life Education Curriculum Advisory Committee, including adding the topics of gender identity and sexual orientation, beginning in seventh grade Family Life Education, classes out of which parents may opt their students.

Other advertised changes include moving a portion of the curriculum from Family Life Education to students' health courses. This would be done to comply the Virginia Board of Education's recently revised health standards of learning for kindergarten through tenth grade.

According to Fairfax County Public Schools, the topics that would no longer be part of Family Life Education (and therefore nolonger opt-out) are:

- ❖ Personal development (emotions/feelings, self-image, self-concept, personal characteristics, skills to work and play successfully in a community)
- Healthy relationships (includes conflict resolution skills)
- \* Respecting individual differ-

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Citizen Steven Mosley speaks at the June 11 school board meeting in opposition to proposed changes in the Family Life Education and health curriculums.

ences (disabilities, ethnicities, cultures)

Mental health areas such as depression and suicide

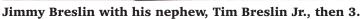
The recommendations came up as new business at the school board's May 21 meeting. At the June 11 meeting, eight out of the 10 citizen speakers and one additional speaker on a prepared video addressed the recommendations. Each of those speakers opposed the proposed changes.

"How one identifies should not take the place of science and truth," said citizen Steven Mosley, who introduced himself as a

SEE CITIZENS, PAGE 2

## News







Tim Breslin (in front) out for a bike ride.

## Raising Cancer-Research Funds in Jimmy Breslin's Name

From Page 1

our brother because he was in the fight of his life." Two months later, on March 27, 2014, Jimmy Breslin lost his battle. "We were just running individually," said Tim Breslin. "But when Jimmy died, other friends and family members asked if they could join, and soon we became a team. And altogether, we raised \$38,153."

Now they're preparing for the second annual Ride to Conquer Cancer. Besides Tim Breslin, a 28-year police officer in Chesapeake, Va., the other members of Team Jim Breslin are: Brent Schnupp, a firefighter/paramedic with Station 38; Patrick Breslin, one of Jimmy's sons; Michelle Breslin, married to Jimmy's son Joey, also a Fairfax County firefighter; Jason Smith, married to Jimmy's daughter Jennifer; Fairfax County

firefighter/paramedic Kristin Gaulard and her husband Jeff; and Mike Ashley, son of retired county firefighter Dave Ashley, who worked with Jimmy.

"Last year, I raised \$12,489; so this year, I want to raise \$1 more," said Tim Breslin. "So far, I'm at \$2,495, so I've got some work to do." Basically, he solicits donations from family, friends and associates. And on his Facebook page, he posts photos of his weekend bike rides to remind people of the upcoming event and let the contributors see how he's getting ready.

"I try to ride three or four times a week and work out in the gym on the treadmill and elliptical," he said. "And I've come to enjoy the mental and physical aspects of riding and exercising." For Tim Breslin, the toughest parts of the Ride are the hills, because there aren't any hills where he lives. It was also difficult for him to ask people for money, but he knew the funds would benefit people like his late brother.

The best part was arriving at the finish line of last year's event. "We all stopped about a minute away and called Jimmy's wife to tell her we were about there," said Tim Breslin. "As we approached and were announced, there were so many friends and family members cheering us on — and all of them were wearing their 'Team Jim Breslin' T-shirts." "It was overwhelming to see them there, knowing they'd been waiting for us for hours," he continued. "And it felt good to be part of something so big and important that's really going to help people. Some cancer survivors ride, too, with big orange flags on their bikes, and seeing them

is also inspirational."

Describing his brother as kind, generous, loving and witty, Tim Breslin said he always had something funny to say. "People enjoyed working with him and knew they could count on him," said Tim Breslin. "Jimmy made others feel special; he asked about them and showed an interest in them, so they were drawn to him. In his jobs with the Fire Department and school system, he liked serving others and valued the bonds he formed with his friends and co-workers."

So, said Tim Breslin, it meant a great deal to his brother that people were donating money to cancer research because of him. And that's why doing the Ride in his name is "really special," said Tim Breslin. "It keeps him alive for us, and he continues to help people, even though he's no longer with us."

## Citizens Speak on Upcoming Family Life Education Vote

From Page 1

"black, ordained, evangelical reverend" who works in higher education. "Here's the truth we need to hang on to: Man cannot determine his gender just like I can't determine my race. Both these things are gifts from God and affirmed by science."

Citizen Mary Beth Style said, "Fairfax County Public Schools have no expertise to teach lessons on the development of transgender identity.

"This religious belief that the soul is separate from the body and that man creates his own reality is not supported by science," Style continued. "There is no agreement in the therapeutic world and certainly no agreement in society or even among the theorists who are fighting among themselves. Yet you are teaching it anyway. That is arrogant."

Community review of the board action will continue until Friday, June 19, through the website www.fcps.edu/is/hpe/fle.shtml. The page contains frequently asked questions and answers from Fairfax County Public Schools, as well as contact information for Elizabeth Payne, health and physical



June 11 school board meeting, referring to the Family Life Education curriculum changes regarding identity and sexuality as a "warped worldview."

education coordinator for the school system. Email comments can be sent to FLEcomments@fcps.edu.

Citizens may also request to speak at the upcoming meeting by either registering online at www.fcps.edu/schlbd/meetings/requestspeak.shtml or calling the School Board office at 571-423-1075 during normal business hours, beginning three days prior to the meeting. Ten spots are available and are filled on a first-come basis.

**THE SCHOOL BOARD** also recognized its outgoing, 44th student representative Harris LaTeef, a senior at Langley High School.

Superintendent of Schools Dr. Karen Garza followed the individual board members and summed up their effusive compliments of LaTeef's work.

"You're one of the most impressive young men I've ever been around: intelligent, articulate, calm under pressure and wise beyond your years," Garza said. "Being the student voice on the board, you always added sig-

"Keep fighting the good fight."

— Harris LaTeef, Student Representative, School Board

nificant value to our work and reminded us why we're doing this."

In his remarks, LaTeef thanked the board for teaching him about "politics, education, human nature and the true meaning of serving one's community."

He also offered the public some commentary from his perspective. "Though they may seem divided at times," he said, "each has the same goal, to make Fairfax County Public Schools a great school system to send your kids to each and every morning."

LaTeef's final thoughts were directed back at the School Board members: "Keep fighting the good fight," he said. "Don't let petty politics or gamesmanship distract you from why you are here, and that is to focus on the future."

After graduating, LaTeef plans to attend the University of St. Andrews in Scotland.

#### Roundups

## **Unattended Cooking Causes Fire**

Units responded to a garden apartment fire on Saturday, June 13, at approximately 10 a.m., at 5852 Post Corners Trail in Centreville. Firefighters encountered light smoke in the four-story apartment upon arrival. The fire was extinguished by the sprinkler system prior to firefighters arriving. Ten occupants have been displaced and were alerted by smoke alarms. Red Cross support is being provided to the occupants. One occupant was transported to the Washington Hospital Burn Center by ambulance with nonlife threatening injuries. Damage is estimated at \$23,000. According fire investigators, the fire was accidental. Unattended food left on the stove caused the fire.

### Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, June 18, from 5-8:30 p.m, at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates

### Frey at Sully District Council

Supervisor Michael R. Frey (R-Sully) will be the guest speaker at the next meeting of the Sully District Council of Citizens Associations and its Land-Use Committee. He'll be discussing the "State of Sully." The meeting's set for Wednesday, June 24, at 7 p.m., in the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Call Jeff Parnes, evenings, at 703-904-0131.

### Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry needs donations of Cooking oil, canned fruit (all types), sugar, canned meats (tuna, ham and chicken), hot cereals, pasta sauce, canned tomatoes, flour, and canned or dry beans.

Toiletries needed, which WFCM clients cannot purchase with food stamps, include facial tissues, toothpaste, shampoo and solid deodorant. Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center. A volunteer stocker/bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcmva.org.

## Learn about Police Department

Throughout the year, the Fairfax County Police Department will host a series of lectures as part of its 75th anniversary.

- ❖ July 23 The Departments growth in relation to the county's development, 11 a.m. at the Criminal Justice Academy https:// www.eventbrite.com/e/the-departments-growth-in-relation-tothe-countys-development-tickets-15374059225
- ❖ Aug. 10 SWAT Tools, Tactics, and Technology, 11 a.m. at the West Springfield District community room https:// www.eventbrite.com/e/swat-tools-tactics-and-technology-tickets-15374108372
- Sept. 16 Helicopter Division, 10 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/fcpd-helicopterdivision-tickets-15374129435
- ❖ Oct. 2 Early days of Diversity, 11 a.m. at the Massey Building A Level conference room https://www.eventbrite.com/e/ early-days-of-diversity-tickets-15374156516
- ❖ Nov. 4 Criminal Justice Academy, 11 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/criminal-justiceacademy-tickets-15374248792
- ❖ Dec. 14 Crisis Negotiations Team, 11 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/fcpd-crisis-negotiations-team-tickets-15374274870

## News

## Sully Police Honor Compher

ecently honored as the Officer of the Month by the Sully District Police Station and its Citizens Advisory Committee was MPO Wayne Compher. And according to the station's assistant commander, Lt. Matt Owens, it was something well-deserved.

"He's a hard worker and a well-respected member of the station," said Owens, "Normally, one person nominates someone for Officer of the Month; but he was nominated by his entire squad."

Compher's supervisors, Trafton Parr and Sgt. Brad Avery, submitted the following writeup:

"Master Police Officer Wayne Compher is an informal leader of the Sully Evenings A squad. He has a wealth of knowledge, experience and skills which he readily shares with every squad member on a daily basis. He's actively involved in all of the major cases with the squad and is always willing to assist or take the lead on the various events that present themselves throughout the patrol shift.

"Many times, Compher is the first unit on the scene of events, as he always keeps tabs on the pending events in the district. He never hesitates to self-dispatch on cases, regardless if it's a simple complaint or a complex investigation.

"He's a dedicated officer with an exceptional work ethic. As such, he's an excellent role model for both younger and senior officers. Compher assists with conflict resolution between squad members and entire squads. Whether the conflicts are of a personal



Lt. Matt Owens (left) presents an Officer of the Month certificate to MPO Wayne Compher.

or professional nature, they have exceptional outcomes when he assists. He shows he truly cares about the working relationships of his co-workers.

"Compher is also acutely aware of the dangers involved with this career and has no inhibitions about informing co-workers of unsafe conditions, so as to protect them from possible harm. He also shares and encourages a great relationship with the citizens of the Sully District. "With 34-plus years as a Fairfax County Police Officer, he's an asset to have on the Evenings A Squad at the Sully District Station and the squad genuinely supports his nomination."



Westfield Boys Basketball team won the 6A North Regional Championship and advancing to the Virginia State championship this past season.

## 'Some Wonderful Basketball'

upervisor Michael R. Frey and the Board of honored by the Board of Supervisors June 2 in the Supervisors congratulated the Westfield Boys Basketball team for winning the 6A North Regional Championship and advancing to the Virginia State championship this past season.

"It was a lot of fun watching the team and watching the community follow its progress and rally around them," said Frey. "It made for some wonderful basketball and you all should be very, very proud of what you did. You brought the community to-

Coach Doug Ewell and the basketball team were

Fairfax County Government Center.

"It was a really fun thrilling ride," said Ewell. "Thank you for recognizing us. We also know it's not necessarily all about basketball. We have kids who are very successful in the classroom which adds to our success as well."

"Just a tremendous season, great job," said Frey.

"We have an unbelievable community," said Ewell. "We have a great group of kids and our student body and community jumped behind us."

— Ken Moore

## News



Trying out the police seatbelt convincer is George Tunaya, 7, as MPO Patrick Nolan Jr.



As Trooper Ronchez Hancock watches, Cindy Cruz, 7, wears a State Police vest and shield.

## Little Children, Big Vehicles Third annual Touch A Truck was Saturday, June 13, outside the Chantilly Regional Library.



The Kadayam siblings, Anjali (left), 9, and Tejas, 5, in a Bobcat.



Sitting in a Bobcat from Fairfax Water is Austin Kang, 7.



Evelyn Cook, 3-1/2, has fun in a **VDOT** grader truck.



Grant Leeds, 6-3/4, inside a Chantilly Fire Station 15 ambu-



Trying out a police motorcycle is 4-year-old Eunice Heou, while grandmother Myunghui Heou smiles.



Cecilia Hale, 7-1/2, is on top of the world inside this fire engine.



Darren Kim, 4, pets Tucker, a Police Department bombsniffing dog.

## News

### Restaurant Owner Honored

Sal Speziale, owner of Italian restaurant Ciao Osteria in Centreville's Centrewood Plaza, was recently honored with a plaque from the Sully District Police Station. It was "in appreciation for [his] outstanding support" of the station and its Citizens Advisory Committee. "He donates gift cards to our Officers of the Month," said 1st Lt. Matt Owens, the station's assistant commander. "And in December, he hosted a free lunch for an entire [police] squad."



Sal Speziale and 1st Lt. Matt Owens.

#### BULLETIN BOARD

Email announcements to centreview@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **SATURDAY/JUNE 20**

**Teen Advisory Board.** 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. A meeting of the Chantilly Regional Teen Advisory Board. For students in grades 7-12. Free. Call 703-502-3883 for questions and to reserve a spot.

EBook Help. 2 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703-502-3883 for questions and to reserve a spot.

"Meet the Ticket." 7-9 p.m. at
Waterford at Fair Oaks, 12025 Lee
Jackson Highway, Fairfax. Guests
will have the opportunity to hear
State Senate, House of Delegates,
County Board of Supervisors, School
Board, Soil & Water Conservation
Board, and Constitutional Office
candidates speak on the issues
important to them and the people of
Fairfax County. Carly Fiorina will be
the guest speaker. Tickets are \$75
per person, \$135 per couple.
Sponsorship and hosting tickets are
also available. Visit
www.fairfaxgop.org.

#### MONDAY/JUNE 22

Financial Counseling Clinic. 6-7:30 p.m. at Chantilly Computer Learning Center Partnerships, 4101 Elmwood St., Chantilly. Volunteer financial planners will help participants tackle pressing financial problems during a 45- to 60-minute session. A free credit report will be run, immediate financial situations considered, and a course of action recommended to address concerns. Free. Contact Lillian Diaz at atLdiaz@wfcmva.org or 703-988-9656 x108.

#### WEDNESDAY/JUNE 24

**EBook Help.** 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring your tablet or eReader. Free. Call 703-502-3883 to reserve a spot.

#### THURSDAY/JUNE 25

Parenting Workshop with Dr.

**Rene.** 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Dr. Rene Hackney offers a learning workshop on "Reading Aloud With Children." Free. Call 703-502-3883 to reserve a spot.

#### THURSDAY/JULY 2

**EBook Help.** 5 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703-502-3883 to reserve a spot.

#### SATURDAY/JULY 4

Free Taxi Rides. 10 p.m.-4 a.m. Free cab rides will be offered to patrons throughout Fairfax County. During this six-hour period, area residents celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and be afforded a safe way home. Must be 21 or older to call a SoberRide. Visit www.wrap.org/soberride/ for more.

#### MONDAY/JULY 13

"Ask an Agent." 7-9 p.m. at Gunnell House at Truro Church, 10520 Main St., Fairfax. Capital Christian Writers will host literary agent Tamela Hancock Murray of the Steve Laube Agency. Murray will discuss the latest market trends, share tips, and answer questions for aspiring writers. Free. Visit www.capitalchristianwriters.org.

Saturday/July 18

**Teen Advisory Board.** 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. A meeting of the Chantilly Regional Teen Advisory Board. For students in grades 7-12. Free. Call 703-502-3883 to reserve a spot.

**EBook Help.** 2 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703-502-3883 to reserve a spot.

#### MONDAY/JULY 27

Parenting Workshop with Dr.

**Rene.** 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Dr. Rene Hackney offers a learning workshop on "Reading Aloud With Children." Free. Call 703-502-3883 to reserve a spot.

#### WEDNESDAY/JULY 29

**EBook Help.** 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703-502-3883 for questions and to reserve a spot.

#### ELECTRONICS RECYCLING

Residents Can "E-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from

SEE BULLETIN, PAGE 15

### **Diocese of Arlington**

Victim Assistance Coordinators For Sexually Abused Minors **703-841-2530 • 703-841-2537** 

The Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinators, experienced social workers, who will provide a confidential consultation.

The Diocese of Arlington is committed to assisting victims/survivors throughout the healing process.

For further information, see www.arlingtondiocese.org

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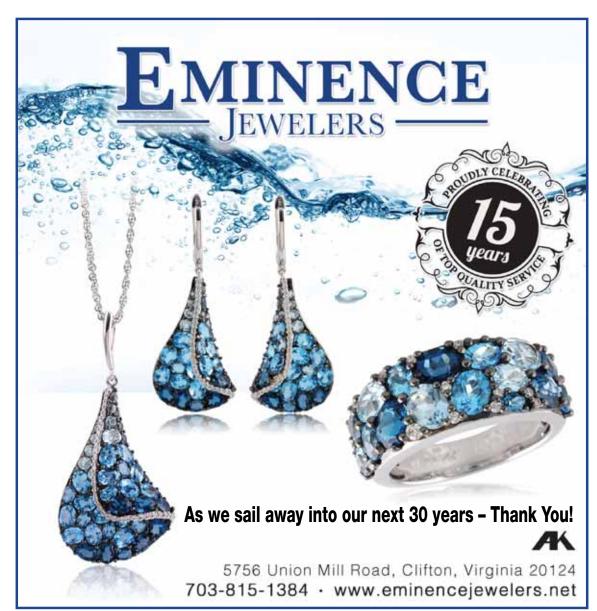
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Matt Borkowski with Lauren (right), 19, and Emily, 16, on their back deck in Centreville in April 2015.



Joan Detwiler Shelton of Centreville and Dad, Charles Elbert Detwiler. This will be her first Father's Day without him. He died May 27, 2015.

#### LETTER TO THE EDITOR

### I-66: Quality Of Life Issue

To the Editor:

I read with interest "Diverse Travel Choices?" as well as the letter to the editor by Jeffrey Parnes, transportation co-chair of the FCFCA — both published in the June 10 edition of Centre View. As a long-time user of I-66, what strikes me is the one-dimensionality of this debate and the considerations presented. This is not be expected to be prohibitively just about a "traffic problem" I would argue, but most importantly an issue of quality of life, affordability and fairness. I now regularly travel the new toll road

on the Beltway towards the Cabin John bridge, and several things have become abundantly clear: it is expensive to do this on a daily basis and as a result many people stay on the non-toll part of I-495, while the exit from the toll road back onto the final non-toll segment towards the bridge has increased overall congestion, not reduced it ...

The proposals for I-66 are most likely going to have similar consequences as the new toll roads can expensive for thousands of drivers raising real-life and practical questions of fairness and affordability for thousands of families. Additionally, Mr. Parnes' ar-

gument against a possible (cheaper) light rail addition because of the Rosslyn tunnel congestion seems to defy any logic he must have been misquoted one would hope – as for many people their destination is not D.C. at all but office locations along the Beltway in Virginia and Maryland. Again, look at this multi-dimensionally: if employers and/or employees would be offered certain benefits (e.g., small tax deductions or lower fares) for frequent use of taking the Metro/light rail train from Haymarket-Gainesville-Manassas-Centreville instead of jumping in the car every day, financing of a rail system may be facilitated, peak-time tolls more

affordable, congestion reduced and ... many suburban family lives made much happier and of higher quality, thus enhancing real-estate values and the tax base, etc. etc. One should see the virtuous cycle in this argument.

Being originally from Netherlands, I advise that VDOT spend some consulting dollars and invite Dutch and German transportation experts to objectively evaluate the current proposals as they have a wealth of experience over there with very similar public-private transportation/quality of life di-

> **Bram Groen** Centreville



Erwin Lutzof Clifton is in center and from left are Patrick, 19, Derek, 31, and Richard, 15.



**Chris and Jessie Mae Williams of** Centreville, fishing on Father's Day 2014 in Pohick Bay.

Joe Harvey of Clifton, with his two sons Nathan and Michael.



@CentreView

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A Connection Newspaper



## Here's the Scoop: Ice Cream Race at Bull Run Park

### 5K Race includes 15 fun obstacles, nine different start times, and ice cream.

By Steve Hibbard Centre View

et ready for summer fun as the second-annual, family-friendly 5K Ice Cream Race will take place on Saturday, June 27 at Bull Run Park in Centreville. There are nine different start times that run every 30 minutes, from 8 a.m. to 2 p.m., where roughly 300 to 400 people run in each time slot. Highlights include 15 obstacles, including new ones such as the Sticky Icky, Inflatable Obstacle Course, Inflatable SlipN Slide, Rope Wall, and the Beloved Beam. Upon completion, every finisher will receive a custom T-shirt and swag from the vendors, as well as ice cream.

"If you enjoy running fun runs, obstacle races, mud runs, and 5K's, then this race is for you," said founder Max Bawarski, 32, of Manassas. "You will be laughing and screaming all the way to the finish line for for groups and families. There are 15 fun

the coveted prize, free ice cream."

Bawarski is a P.E. teacher at Providence Elementary in the City of Fairfax. He organized three Blood and Guts Runs during Halloween that had 5,000 attendees, and he is planning his fourth Blood and Guts Run on Saturday, Oct. 24.

For added fun, there will be an ice-cream eating competition, DJ Dance party and Zumba as well as a beer garden and food

The ice cream, which includes flavors of vanilla, chocolate and sorbet, and sprinkles, will be provided by Scoops2U.

The Ice Cream Race is an all-ages and allabilities event. Runners will be greeted at the finish line with ice cream, food trucks, a beer garden, cool vendors, ice cream eating competitions, and Zumba on the stage. Every paid runner receives a custom-made

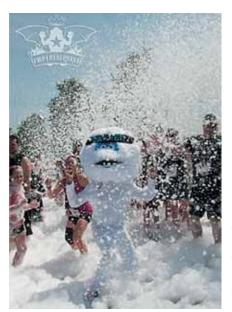
The Ice Cream Race is the perfect event

obstacles that you will encounter while running/walking the 5K course. Some of the wild and crazy obstacles include: Hershey's Chocolate Syrup Water Slide, the Banana Peel Pit, Whipped-Cream like foam, Cherry Bombs, Sticky Icky and more. Runners are encouraged to wear costumes and have as much fun as possible.

The Ice Cream Race will be held Saturday, June 27, from 9 a.m. to 3 p.m. The non-timed races will begin every 30 minutes starting at 9 a.m., 9:30 a.m., 10 a.m., etc., with 300-400 people in each segment. Cost is \$49. A portion of the profits from The Ice Cream Race will benefit the Leukemia & Lymphoma Society.

The venue is at Bull Run Regional Park, Special Events Center, 7700 Bull Run Drive, Centreville, VA 20121.

more details, www.theicecreamrace.com or email support@theicecreamrace.com or call Max Bawarski at 703-593-3173.



This year's Ice Cream Race is Saturday, June 27 at Bull Run

## Centreville Man Pleads Guilty to Heroin Distribution

oseph Gaskins, 25, of Centreville, pleaded guilty on June 11 to distribution of heroin, including a sale that resulted in the death of a 20-year-old Herndon man, according to Attorney General Mark R. Herring and Fairfax County Commonwealth's Attorney Raymond F. Morrogh. The joint announcement came after Fairfax County Circuit Court Judge John M. Tran accepted Gaskins's guilty pleas.

"Heroin fatalities in Northern Virginia have more than doubled in recent years, reflecting a troubling trend we're seeing across the Commonwealth," said Herring in a press release.

"My team and I are forging important partnerships to hold dealers accountable for



**Gaskins** 

spreading these dangerous drugs, especially when their reckless and callous choices lead to the death of another Virginian. We have a long way to go in turning this problem around, and prosecutions will

only be one part, but we want to make it clear that we won't tolerate criminals profiting off of addiction."

"This case is a sad reminder of the danger posed by those who sell narcotics in our community," said Morrogh in the release. "Our office will continue to partner with the OAG to vigorously prosecute those who distribute these deadly substances to our citi-

Gaskins pleaded guilty to conspiracy to distribute heroin, five counts of distribution of heroin, and one count of possession with intent to distribute heroin. Each conviction carries a statutory sentencing range of imprisonment for not less than five, not more than 40 years, and a fine of not more than \$500,000. Gaskins will be sentenced on Sept. 11.

According to a statement of facts presented in open court, between January 2014 and August 2014, the defendant conspired with a Baltimore-area drug dealer to distribute heroin in the Centreville area. On Jan. 6, 2014, the defendant sold heroin to a 20-year-old Herndon man who died the following day of a drug overdose from the heroin that the defendant had supplied to

On four other occasions in 2014, the defendant sold heroin to confidential police informants. Investigators also recovered heroin from the defendant when they arrested him in 2014.

This case is being prosecuted by Virginia Assistant Attorney General Marc J. Birnbaum and Fairfax County Deputy Commonwealth's Attorney Robert D. McClain following an investigation by the Fairfax County Police Department, Town of Herndon Police Department, and the Northern Virginia multi-jurisdiction grand jury.

#### CRIME REPORT

The following incidents were reported by the Sully District Police Station.

ATTEMPTED ROBBERY, Brookfield Court/Currey Lane, June 2, 9:15 p.m. The victim was walking and was approached by two men. The suspects assaulted the victim, attempted to take property and fled. The victim was transported to a local hospital and was treated for non life-threatening injuries.

BURGLARY, 11700 block of Wolf Run Lane, June 2, 1045 a.m. A resident reported someone entered the residence and took property.

BURGLARY, 11800 block of Henderson Road, June 2. A resident reported someone entered the residence and took property.

BURGLARY, 14200 block of Hartwood Court, June 1. A resident reported someone entered the residence and took property.

BURGLARY, 5300 block of Chandley Farm Circle, May 28. A resident reported someone entered the residence and took property.

BURGLARY, 14600 block of Lilva Drive, May 26. A resident reported someone entered the residence and took

www.ConnectionNewspapers.com

UNLAWFUL ENTRY, 13900 block of Rockland Village Drive, May 23, 7:59 a.m. A resident awoke and discovered an unknown woman sleeping in one of the bedrooms of the residence. A West Virginia woman was arrested and charged with unlawful entry.

#### LARCENIES

14800 block of Haymarket Lane, cash

14500 block of Lee Jackson Memorial Highway, merchandise from business. 6300 block of Multiplex Drive, merchandise from business

5800 block of Trinity Parkway, wallet and phone.

6100 block of Havener House Way, property from residence.

6300 block of Multiplex Drive, merchandise from business.

5600 block of Stone Road, property from vehicle.

14000 block of Tanners House Way, property from vehicle.

14900 block of Rydell Road, property from residence.

15100 block of Wetherburn Drive, phone from residence.

Billingsgate Lane/Hancock Court, shoes from business.

4300 block of Chantilly Shopping Center, wallet from business

11200 block of Fairfax Station Road. property from residence. 11600 block of Havenner Road, prop-

erty from vehicle. 7100 block of Ordway Road, property

from residence. 5700 block of Union Mill Road, li-

cense plates from vehicle. 13900 Lee Jackson Memorial Highway, property from vehicle.

13500 block of Jeb Stuart Square, wallet from vehicle.

4200 block of Technology Court, merchandise from business

6000 block of Union Mill Road, property from school. 14600 block of Algretus Drive, prop-

erty from vehicle. 13900 block of Lee Jackson Memorial

Highway, wallet from vehicle. 14100 block of Saint Germain Drive,

property from residence. 4900 block of Stonecroft Boulevard,

property from vehicle. 14100 block of Saint Germain Drive, phone from residence.

7600 block of Kincheloe Road, property from residence.

6000 block of Union Mill Road, property from school.

5700 block of Union Mill Road, beverage from business.

4300 block of Chantilly Shopping Center, merchandise stolen from busi-

14500 block of Olde Kent Road, property stolen from residence

15300 block of Twin Creeks Court, 6000 block of Union Mill Road, phone

from school. 13800 block of Braddock Road, watch

from business. Sully Road/I66, electronic equipment

from business. 15000 block of Greymont Drive, property stolen from vehicle.

6000 block of Regents Park Road. property stolen from vehicle.

14100 block of Saint Germain Drive, merchandise from business. 14700 block of Gatwick Square, prop-

erty from vehicle.

13900 block of Lee Highway, merchandise from business.

13900 block of Rock Brook Court, money from vehicle.

13900 block of Rock Brook Court,

money from vehicle. 14300 block of Green Trails Boulevard, property from school.

4300 block of Chantilly Shopping Center, merchandise from business. 12600 block of Water Street, jewelry

from residence. 5500 block of Sully Park Drive, bicycle from business.

13800 block of Lee Highway Memorial Highway, property from vehicle.

4200 block of Entre Court, license plate from vehicle

15100 block of Old Dale Road, purse from vehicle.

4600 block of Autumn Glory Way, electronic equipment from vehicle. 5100 block of Dungannon Road, jew-

elry from residence. 4900 block of Stonecroft Boulevard,

property from vehicle. 14500 block of William Carr Lane.

tools from vehicle.

#### STOLEN VEHICLES

13800 block of Wakley Court, 2000 Honda CRV.

14400 block of Creek Branch Court, 2012 Kia Forte.

14400 block of Cool Oak Lane, 2008 Hyundai Accent.

CENTRE VIEW \* JUNE 17-23, 2015 \* 7



## Ideas for Summer Learning Experts offer suggestions for avoiding summer brain drain.

"Allow children to

always nice to give

guidance as well."

- Amy Adams, George

**Mason University** 

explore, but it's

BY MARILYN CAMPBELL Centre View

hile summer is opportunity for fun, it can also be a breeding ground for stagnation. In fact, the National Sum mer Learning Association reports children can experience learning loss when they are not engaged in educational activities while on school break. From summer reading programs at local libraries to nature walks in the woods, local educators offer ideas for combining enriching experiences and warm weather fun.

"Most local libraries have a reading program that offers kids incentives for reading books during the summer," said Peggy Woodstock, a Bethesda, Md., based reading specialist.

"They add an element of competition which can offer a boost to kids.' many Think of the natural world as an interactive classroom as well. "Hiking and camping are great ways to get kids excited about science and nature," said Amy Adams, director, Aspiring Scientists Summer Internship Program at George Mason University in Fairfax. "There are some local parks that have nature programs and guided walks."

Adams recommends Eleanor Lawrence Park in Chantilly and Great Falls Park in McLean. "Allow children to explore, but it's always nice to give guidance as well," said Adams.

"For example, 'Let's go on this hike and look for evidence that an animal was present,' and then kids get involved trying determine which animal it was." Trading video games for blue foam blocks at the National Building Museum's "Work, Play, Build" exhibit is another option. It's a hands-on, interactive space that offers children an opportunity to see the

work of architects and engineers.

The National Zoo and the Natural History Museum in Washington, D.C., the National Aquarium in Baltimore, Maryland and the Air and Space Museum's Steven F. Udvar-Hazy Center in Chantilly are also good choices for children. In addition, the Potomac Overlook Nature Center in Arlington is "great for teaching kids about birds, turtles and birds of prey," said Adams

"Farms or petting zoos are also great for teaching about animals and "4-H programs at local fairs would be another great way to learn about nature and animals," Adams continued. "Parents can look online for at-home science experiments for kids," on sites like http:// www.curiosityzone.com/Experiments.

> There is plenty of inspiration to be had at home as well, says Gail Multop, who teaches early childhood development at Northern Virginia Community College. "You can build things at home with your kids," she said.

> "Experiments with water are great. Use funnels and buckets of water and experiment with how water flows." Multop shares ideas for learning on her blog, "The Arts and Early Childhood Education."

For building projects at home, "parents should save cardboard, paper towel rolls, shoeboxes, etc. and provide duct tape and paints. Kids can build castles [and] space ships," she added.

For more inspiration, Multop recommends a blog by Alexandria-based educator Peggy Ashbrook: http:/ families.naeyc.org/blog/124.

"She has lots of activities on it that encourage learning about science in a fun way," said Multop. "What's really important for kids is to inquire and for parents not to give them the answer, but help them find



Activities such as building "driveways" in the sand can encourage learning at home during summer months.

## Centreville Stake Honors Leaders for Commitment to Families

he focus was on families during the 400 attendees paid tribute to several local June 6 Family Value Award Cer-

leaders. The Centreville Virginia Stake of emony in Centreville. More than the Church of Jesus Christ of Latter-day

Saints regularly honors citizens and leaders in the community and government who work to protect and preserve the family in society.

> Those so honored were Father Ramón Dominguez of the Don Bosco Center, Youth Apostles; Pastor Barry White of the Park Valley Church, Haymarket; and state Del. Tim Hugo.

> Dominguez works with at-risk youth in Manassas through sports, academic assistance and mentoring. In addition to the Family Value Award presented to him by Centreville Virginia Stake President Jon Dionne, Manassas Mayor Hal Parrish also honored him with a mayoral citation commending him for his dedication and service to the youth in the Georgetown South area of Manassas.

Then, after accepting his award, White spoke of his personal family experiences. Raising a family with all the idiosyncratic challenges of a typical home is something he relished

He and his wife are soon-to-be empty nesters and White noted each family has it's own characteristics but talks of personally missing the "sheer chaos of having kids in the home."

A congregant said he was initially attracted to the Park Valley Church because of the way White interacted with his family using such love and respect.

In his tribute to White, Prince William County Supervisor Pete Candland related how he came to know the pastor when he worked to convince the VDOT management of the critical need to install a traffic light near the turn off to the new Park Valley Church needed because of the dozens of cars arriving for service there on Sundays.

In brief remarks Hugo expressed gratitude for being honored but said when he heard the kind words spoken to honor him that "they must be talking about someone else."

In a video tribute, Supervisor Jeanine Lawson of the Brentsville District on the Prince William Board of County Supervisors, lauded Hugo as a man who is a "real pillar in the community who is committed to family values," and a man who has "lived up to that calling everyday."



### **Eagle Scouts**

Sully District's two newest **Eagle Scouts from Troop** 893 are Tyler N. Lindskoog (left) and Charles M. Berninger (right). They were awarded their Eagle Scout Awards in a ceremony held at the Virginia **Run Community Center on** 16 May 2015. Eagle Scout is the highest advance-

ment rank in Boy Scouting. Since 1912, more than two million Boy Scouts have earned the Eagle Scout rank. In the words of the Eagle Scout Promise, "Eagles do their best each day to make their training an example, their rank and their influence count strongly for better Scouting and for better citizenship in their troop, in their community, and in their contacts with other people. To this they pledged their sacred honor."

❖ CENTRE VIEW ❖ JUNE 17-23, 2015

www.ConnectionNewspapers.com

## Entertainment

Email community announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### **ONGOING**

Book Sales. June 1-June 30 at Chantilly Regional Library, 4000 Stringfellow Road. Prices vary. Visit www.fairfaxcounty.gov/library/ branches/ for more.

Internet & Microsoft .Office
Tutoring. June 1-June 30 at the
Chantilly Library, 4000 Stringfellow
Road. Get one-on-one help with
computers, basic Microsoft Office
applications and navigating the
internet. Free. Call 703-502-3883 to
schedule appointment.

Book-A-Librarian. June 1-June 30 at the Chantilly Library, 4000 Stringfellow Road. Reserve a 30minute session with a librarian for personalized research help. Free. Call 703-502-3883 to schedule appointment. English Conversation Practice.

English Conversation Practice. June 1-June 30 at the Chantilly Library, 4000 Stringfellow Road. Practice English with an ESL volunteer. Register in person. Free. Call 703-502-3883 for questions.

Summer Reading Program. June 19-Sept. 5 at all regional libraries. Come to the library for books and other fun events. All ages welcome. Free. Visitwww.fairfaxcounty.gov/ library/branches/ for locations and information.

Toddlin' Twos. Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives.
Tuesdays, 1:30 p.m. at the Chantilly
Library, 4000 Stringfellow Road.
Stories and activities for children
aged 3-5 with caregiver. Free. Call

703-502-3883 to reserve a spot. **English Conversation Group.**Thursdays, 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space

English Conversation Group.
Tuesdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road.
Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a space.

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a space.

ESL Book Club. Every other Saturday, starting June 27, 11 a.m. at the Chantilly Library, 4000 Stringfellow Road. Adults learning english are welcome to meet and discuss a book chosen by the group. To find out book title, call 703-502-3883.

Lego Block Party. Every other Tuesday, starting June 30, 3 p.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a spot.

Duplo Storytime. Every other
Wednesday, starting July 1, 10:30
and 11:30 a.m. at the Chantilly
Library, 4000 Stringfellow Road.
Develop and reinforce early literacy
skills for reading success. Ages 1-3

with adult. Free. Call 703-502-3883 to reserve a spot.

Ladies Day. Thursdays starting at 11 a.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Women get 50 percent off a first glass of wine and select menu items. Free to attend. Visit www.wineryatbullrun.com for more.

Live After Five. Fridays at 5:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Every Friday night a band plays on the patio of the winery. Free to attend. Visit www.wineryatbullrun.com for a full schedule.

Family Fridays Movie Series.

Fridays at sunset through June 26, at The Manassas Campus of Northern Virginia Community College, 6901 Sudley Road, Manassas. Admission is \$3, free with NOVA ID. Visit www.novamanassas.wix.com/ movies.

Sully Historic Site. 3650 Historic Sully Way, Chantilly. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/ senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

Singing. 7:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires rehearse every Wednesday which includes training by an awardwinning director. Visit www.fairfaxjubilaires.org for more.

Art Exhibit. Through June 30, 10 a.m.-8 p.m. at the Clifton Wine Shop, 7145 Main St., Clifton. Art Guild of Clifton presents Davi D'Agostino, Artist of the Month Exhibit, Includes classic fine art oil paintings of European settings; doors, windows, and flower shops. Free. Call 703-830-8466 for more.

"Creating Across the City."

Through July at Dulles International Airport. Three organizations; Critical Exposure, The National Building Museum and ARTLAB+ have teamed up for "Creating Across the City: A Teen Art Showcase," which provides an outlet through art and design for creative local teens.

#### **CAMPS, CLASSES & WORKSHOPS**

Young Actors' Workshop. Rising students in grades 2-6 may participate in a workshop 9 a.m.-12 p.m., July 20-24 at Westfield High School, 4700 Stonecroft Blvd, Chantilly. The fee is \$125. Visit www.westfieldtheatreboosters.com.

FCPS 2015 Summer Programs.
Registration is now open for the following Fairfax County Public

Schools summer camps. Students should register for programs based on the grade they are in during the current 2014-15 school year. Visit www.fcps.edu/is/summer/index.shtml for more.

Tech Adventure Camp will be held July 20-31 at Robinson Secondary School from 8:30 a.m.-2 p.m. for students currently in grades 5-7. This camp allows students to explore careers and technology by rotating through eight areas including graphic design, automotive technology, culinary arts, television production, robotics, and computer technology.

robotics, and computer technology.

STEM Camp. Held in two sessions at Robinson Secondary School: July 610 and July 13-17 both from 8:30
a.m.-2 p.m., daily. STEM (science, technology, engineering, and math)
Camp is a one-week camp for students currently in grades 3-5 to explore careers and technology as they rotate through activities focused on science.

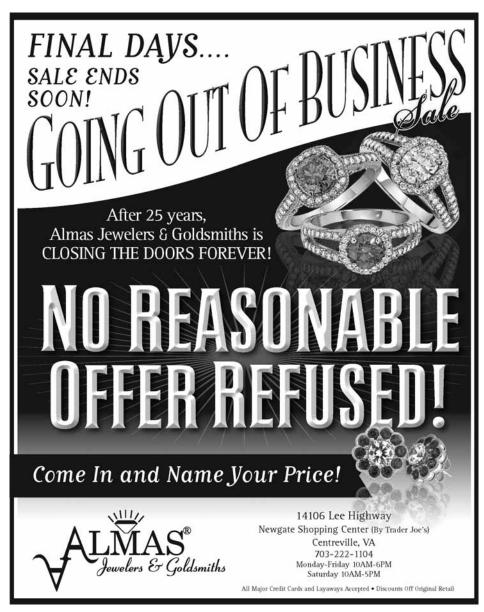
Elementary Institute for the Arts. Held July 13-24 at Robinson Secondary School from 8:30 a.m.-2 p.m. daily, Monday through Friday. Designed for students currently in grades 3-5, E-IFTA offers participants a total immersion in the arts as they rotate through classes in dance, drama, music, and visual art.

\*Institute for the Arts. Held July 6-30 at Robinson Secondary School from 8:30 a.m.-2 p.m. daily, Monday through Friday. Designed for students currently in grades 6-11, IFTA allows students to create, perform, experiment, and explore—all in various music, dance, visual art, and theatre venues.

\* Robinson Extended Day Adult and Community Education Enrichment. Programs will be held July 6-31 at Robinson Secondary School and will begin after Tech Adventure Camp, STEM Camp, IFTA and E-IFTA end. These programs are for students currently in grades 1-11 and will provide a continuum of activities for students who want additional programs and activities. Programs will include the Foreign Language Experience Program (FLEX), Culinary Adventure Camp, Language Immersion Camp, Creative Writing, Computer Graphics, and Chess.

Credit Recovery Academy. This program will be held at Fairfax High School for students seeking credit for high school level courses. Students will be able to take one course during each of the two sessions from June 29-July 16 and July 20-Aug. 4.

Online Campus. For credit recovery, acceleration, and enrichment for middle school and high school students. Health, Physical Education, and Geometry Honors run June 29-Aug. 4; all other courses run





## Entertainment

July 6-Aug. 4.

- SOL Remediation. For FCPS high school students who passed an SOL course but did not pass the SOL test. Held at Fairfax High School.
- SOL Test Only. This program is for FCPS seniors who plan to graduate by Aug. 28 and passed an SOL course but failed the SOL test.
- but failed the SOL test.

  \* ESOL Numeracy and Literacy.
  The ESOL Numeracy and Literacy class provides currently enrolled FCPS high school ELP Level 1 students with the opportunity to develop their numeracy and literacy skills. Students will meet face-to-face with their teachers daily. This is a noncredit class. Held at Fairfax High School July 6-24.
- Online ESOL-Through this three-week class, students will continue developing their academic and reading and writing skills in an online discussion with an ESOL teacher. This is a noncredit class. Held July 6-24.
- Extended School Year Learning Communities. Services for identified students with disabilities in accordance with their individualized education programs.
- ♦ Thomas Jefferson High School for Science and Technology Summer Technology Institute.

  The Institute will be held July 13—Aug. 7 at Woodson High School. Students currently in grades 7 and 8 will be introduced to science, technology, engineering, and mathematics through week-long sessions that allow them to explore a STEM topic of interest.
- STEM topic of interest.

  Thomas Jefferson High School for Science and Technology
  Academic Summer School. This program will be held July 6-Aug. 6 at Woodson High School. Current TJHSST students and incoming

freshmen choose from a variety of courses for academic credit.

Adult and Community Education. Programs include Thomas Jefferson High School for Science and Technology admissions test prep, SAT test prep, study skills, and driver education.

**ACE Driver Education**. For students in grades 9-12.

#### PET ADOPTIONS

- **Adopt a Cat or Dog.** Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit www.lostdogrescue.org for more.
- **Adopt a Dog.** Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.
- Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog.Visit aforeverhome.org for more. Adopt a Dog. Saturdays, 1-4 p.m. at
- **Adopt a Dog.** Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

#### **THURSDAY/JUNE 18**

"Indoor Picnic." 6 p.m. at the Sully Government Center, 4900 Stonecroft Blvd. Liberty Republican Women's Club hold their annual "Indoor Picnic" with Linda Bartlett, President of the VFRW as guest speaker. Everyone welcome. Admission is free. Contact 703-378-4190.

#### FRIDAY/JUNE 19

Ready For School Storytime. 2 p.m. at the Chantilly Library, 4000 Stringfellow Road., Chantilly. Get preschool-aged children ready to be on their own with this early literacy storytime program. Free. Call 703-

502-3883 to reserve a space.

#### SATURDAY/JUNE 20

Clifton Wine Festival. 11 a.m.-6 p.m. at 7150 Main St., Clifton. Local wineries will bring their goods to the festival. Also find a wide variety of arts and crafts vendors and live entertainment. General admission to the festival is \$15 at the gate. The "Taster Ticket," for attendees 21 and older includes admission, a souvenir wine glass and choices to sample is \$25. A children's ticket is \$5. Visit www.cliftonwine.com.

Battle of the Beers. 3-5 p.m. at Total Wine, Greenbriar Shopping Center, 13055 Lee Jackson Memorial Highway, Fairfax. Compare "Old World" beer to "New World" beer and learn about beer history. Tickets are \$15. Visit www.totalwine.com.

#### SATURDAY-SUNDAY/JUNE 20-21

NoVa Summer Brewfest. 11 a.m.-7 p.m. at Bull Run Regional Park, 7700 Bull Run Drive, Centreville. Find seasonal craft beer from local and regional breweries alongside vendors, exhibitors, music, and food. Tickets are \$35 for adults on the day of the event, \$25 in advance and \$10 for designated drivers. Children under 16 may attend at no cost. Visit www.novabrewfest.com.

#### **SUNDAY/JUNE 21**

Antique Car Show. 10 a.m.-3:30 p.m. at 3650 Historic Sully Way, Chantilly. Celebrate Father's Day at Sully's 42nd Annual Antique Car Show cosponsored by the FCPA and The Model A Ford Club of America. Find 400 antique and classic cars, cars for sale, a flea market, food and music.

Admission is \$10 for adults, \$8 for seniors and \$7 for children. Visit www.fairfaxcounty.gov.

Father's Day in Paradise. 11 a.m.-7 p.m. at Paradise Spring Winery, 13219 Yates Ford Road, Clifton. Dads are invited for a pig roast, live music pop-up barber shop and a swagger and cigar bar. An adult ticket to the pig roast is \$75, and a child's ticket is \$45. Other prices vary. Visit www.paradisespringswinery.com.

Father's Day at the Winery. 11 a.m.-7 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Dads and families are invited to celebrate Father's Day with live music, barbeque, cigar rolling and a photobooth. Free to attend. Visit www.wineryatbullrun.com.

Dinosaur Babies. 2:30 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. DinoRock performs a musical puppet show. Free. Visit www.fairfaxcounty.gov.

#### **TUESDAY/JUNE 23**

Build-a-Bot. 2-3 p.m. at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Teens (grades 7-12) are invited to learn what it takes to build a simple robot. Materials provided by library. Free. Visit www.fairfaxcounty.gov/library/ branches/ch for more.

Father's Day Beer Dinner. 7 p.m. at Dogfish Alehouse, 13041 Lee Jackson Highway, Fairfax. A five-course menu will be available. Each course will be paired with a different beer. Tickets are \$60. Visit www.dogfishalehouse.com.

WEDNESDAY/JUNE 24
The Wonderful World of Bats.

10:30 a.m, at the Chantilly Library, 4000 Stringfellow Road. Learn about bats and make a bat T-Shirt. Bring a white T-shirt or purchase one for \$4. Ages 6-12, Free. Call 703-502-3883 to reserve a space.

#### FRIDAY/JUNE 26

Sipping & Painting. 6:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Drink wine and decorate your own wine glass. Tickets are \$39. Visit www.wineryatbullrun.com for more.

#### **SATURDAY/JUNE 27**

Motorcycle Rodeo. 7 a.m.-5 p.m. at at Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. The Mid-Atlantic Police Motorcycle Riding Committee, Inc. sponsors an event in which participants take on a series of courses. Free for spectators. Visit www.mapmrc.com for more.

The Ice Cream Race. 8 a.m.-2 p.m. at Bull Run Regional Park Special Events Center, 7700 Bull Run Drive, Centreville. The Ice Cream Race is a fundraiser for the Leukemia & Lymphoma Society in the form of an ice cream-themed obstacle course. Find Chocolate Syrup Water Slide, Whipped Cream Foam, Sticky Steeplechases and more. Registration starts at \$49 for individuals. Visit www.theicecreamrace.com for more.

Read to a Dog. 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Children on the autism spectrum or with other developmental challenges read to a trained therapy dog. Free for all ages. Call 703-502-3883 to reserve a spot.

#### SUNDAY/JUNE 28

Vino Vinyasa. 12:30 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Attend an outdoor yoga session on the lawn at Paradise Springs, then partake in a special wine-tasting and catered lunch. Tickets are \$60 per person. Visit www.ggyoga.co for more.

Summer Concert. 5 p.m. at The National Air and Space Museum Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. The U.S. Air Force Band's Max Impact will perform. Free. Visit www.airandspace.si.edu.

#### MONDAY/JUNE 29

The Kindercise Show. 2:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Sing and dance with Wolf Trap teaching artist John Taylor. School age children. Free. Reserve a spot for each child and adult separately at 703-502-3883.

#### THURSDAY/JULY 2

Jewish Culture Buddies Storytime.

10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and fun that relate to Jewish culture, traditions, and holidays. Free, for all ages. Call 703-502-3883 to reserve a spot.

#### MONDAY/JULY 6

Writers Workshop. 6:45 p.m. at the Chantilly Library, 4000 Stringfellow Road. Share writing, as well as give and receive feedback in a supportive setting. Free. Call 703-502-3883 to reserve a space.

#### TUESDAY/JULY 7

**Teen Book Club.** 4:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Book discussion group for teens in grades 7-10. Free. Call 703-502-3883 for questions, to find out book title, and to reserve a space.

## CENTREVILLE

The Anglican Church of the Ascension



Traditional Anglican Services 1928 Book of Common Prayer 1940 Hymnal

Holy Communion 10 A.M. Sundays (with Church School and Nursery)

13941 Braddock Road, (north off Rte. 29) Centreville, VA 703-830-3176 • www.ascension-acc.org



many peoples, one body

We invite YOU to come connect with God this Sunday.

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## YouthQuest Runs ThinkLink Experts say 3D printing can open a world of imagination and critical thinking.

BY MARILYN CAMPBELL Centre View

donis Gonzales had always wanted to become a master electrician, but when he was asked to leave high school at 16 because of a poor attendance record, his prospects looked bleak. He enrolled in Freestate ChallNGe Academy, a tuition-free program that offers 16- to 18-year-old high school dropouts an opportunity to earn a GED and learn a trade. A 3D printing technology class that Gonzales took through the program proved to be eye-opening.

"When I first went into the class, I saw the computers and printer and thought that it was going to be too hard," said Gonzales. "But then the instructor said that if we could imagine something, then we can could create it. The first thing I made was a heart with my daughter's name on it." The class was part of an initiative called 3D ThinkLink, a program designed to teach critical thinking and problem solving skills through 3D design and printing. The class was run by YouthQuest, a Chantilly-based nonprofit that provides at-risk youth with educational scholarships to pursue their college or vocational aspirations.



**County. 3D printing** will be a new activity this summer.

**Club** in Fairfax

A variety of summer

camp activities are

offered at the Boys

and Girls Clubs of

**Culmore Character** 

**Greater Washington,** 

organization's founders, believes young children can benefit from ThinkLink because the lessons and life skills learned extend beyond technology. The class will be offered as part of a camp this summer at the Boys and Girls Clubs of Greater Washington, Culmore Character Club in Fairfax

"I discovered that we could use 3D printing to teach critical thinking and problem solving to the kids we served," said Mann. "Many of the kids hadn't learned to think critically or to problem solve. They'd learned that failure was a way of life, but with 3D printing, they learn that failure isn't it's the beginning."

Linda Mann, Ph.D., one of the BOYS AND GIRLS CLUB staffers agree,

saying ThinkLink will inspire students.

"It will be an excellent opportunity for the youth here, who sometimes are in difficult living situations, to see that if they work hard and put in effort, they can have a bright future," said Chris Roberts, science, technology, education and math (STEM) regional director of the Boys and Girls Clubs of Greater Washington. "I think the students will be excited. It will be inspirational and have activities that will lead them to think more about what they can do in their future and what the future will bring." "It will reinforce their existing STEM skills, but we hope it will boost their self-confidence," said Wonhee Kang, D.Min., senior director, Fairfax County Region, Boys and Girls Clubs of Greater Washington. "They

#### **Details**

The group hopes to raise \$8,000 to publish an introductory 3D design and printing curriculum for students of all ages. The campaign will end July 1 at noon. Visit www.youthquestfoundation.org.

To learn about the Culmore Boys & Girls Club

summer camps, visit www.bgcgw.org/culmore.

can imagine something and then see their idea turn into reality. That will really give their self-confidence a boost."

Gonzales said troubleshooting was an unexpected skill he acquired during the class. "They showed us that you can create anything that comes to your mind," he said. "If one of us had a problem, then we brainstormed as a group on how to do it differently."

Learning to solve problems like that, work through difficulties and simply dream, are basic but foreign concepts to many disadvantaged children. Mann hopes that changes this summer.

"It is important for them to see that they can make a difference in the real world," said Mann. "They could be brilliant scientists or teachers or whatever they want to be," she said. "For people who have succeeded, it's important to give back. That's what keeps our community. It's important to make a difference with the skills and talents that we have."

ot/Donate/Volunteer

## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

#### **JULY**

7/1/2015	Wellbeing
7/8/2015	HomeLifeStyle
7/15/2015	A+ Camps & Schools
7/22/2015	Pet Connection
7/29/2015Professional Profiles & Business in the Community	

#### **AUGUST**

8/5/2015 ...... Wellbeing 8/12/2015......HomeLifeStyle 8/19/2015.....A+ Camps & Schools - Back to School -**Private Schools** 

8/26/2015.....Newcomers & Community Guide Pullout

#### SEPTEMBER

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## SPORTS

## Football Coaches Learn How To Keep Players Safe

## Local clinic teaches concussion prevention.

By Gordon Rogo Centre View

reakdown, hit position, buzz, stomp, rip, and shoot." These were the words echoing through the blue-padded wrestling room at Centreville High School.

On Saturday, June 14, a number of coaches from youth leagues to the high school ranks, took part in a Heads Up Football clinic that focused on overall player safety such as concussion prevention and equipment fitting. The six-hour clinic was led by Centreville head football coach and USA Football Master Trainer Chris Haddock.

All of the coaches in attendance went through a series of step-by-step breakdown drills directed by Haddock and Herndon head football coach and Assistant Master Trainer Jeremiah Davis. All the drills aimed to teach the coaches proper techniques on how to tackle and block safely and effectively.

"I think that the Heads Up Program has really raised a lot of awareness; I think it's developed a great program that helps create a safer atmosphere to play the game," said Haddock.

Haddock is one of over 80 USA Football Heads Up master trainers in the country, and he was motivated to be a part of the program because he believed it was the right thing to do for football.

"This is a game that has given a lot to a lot of

people, certainly myself, so this a way for me to help the game perpetuate and make it as safe as possible.

With all of the recent concerns over football and the exposure to concussions, Haddock believes that with programs like the Heads Up and with leagues of all levels now requiring coaches to be USA football certified, the pendulum is swinging back towards football because parents are starting to see that football can be played in a safe way.

This clinic is one of the steps that parents want to see coaches take, to assure that they preaching the safest way to play the game to their chldren.

Casey Samson, a coach of the Vienna Youth Inc. who was also in attendance, talked about how the increased focus on safety has garnered support from the local VYI football moms club.

"Parents are seeing how hard we are working to keep the players safe," Samson said.

Also, it is important to note the technique of tackling and blocking that Heads Up teaches not only emphasizes safety, but it also a more effective way of tackling and blocking. "It's not about doing it, it's about doing it right," was a phrase used by Haddock that epitomized the progression in safety that is currently taking place with the game of football.

> Centreville head football coach and USA Football Master Trainer Chris Haddock leads a Heads Up Football clinic.



#### Sports Briefs

## Westfield, Chantilly Football To Compete in 7-on-7

The Westfield and Chantilly football teams will compete in the 7on7 University "Bulldog Classic" passing tournament on Sunday, June 21 at Westfield High School.

Check in is at 9 a.m., pool play starts at 10 a.m. and the single-elimination tournament starts at 1:30 p.m.

Twenty-four teams will compete in the event, including Conference 5 opponents Robinson and Oakton.

Westfield, Chantilly, Hayfield and Langley will each have two teams at the event. The 7on7 University Never Give Up #26 National Championship will be heldJuly 10-11 at Oakton High School. The event will be held in honor of Faith Boone, who died of heart disease in 2004 at the age of 3, and former Oakton football player Packy Purcell, who died of colon cancer in 2013 at the age of 26. All proceeds

from the 7on7 University Never Give Up Foundation National Championship will go to the Never Give Up #26 Foundation to raise money for Jill's House, a "respite resort" for children ages 6 to 17 with intellectual and physical disabilities, located in Mclean, and the Georgetown Lombardi Cancer Center. Donations can be made to http:/ /www.nevergiveup26.com/donate—contact-us.html.

## Summer Field Hockey Training Available

The Academy International Coaches will be running field hockey camps this summer in the following locations at Herndon High School, Annandale High School, Yorktown High School and Long Bridge Park in Arlington. Beginners to advanced players welcome. For dates and times go to www.academyinternational.net or call 1-888-529-3827.

### Register for Senior Olympics

The 2015 NVSO competition will take place Sept. 12-25 at 23 venues throughout Northern Virginia. Events include track and field, rowing, swimming, diving, tennis, table tennis, pickleball, racquetball, handball, bocce, golf, miniature golf, ten pin bowling, Wii bowling, eight ball pool, nine ball pool, horseshoes, men's basketball, men's and women's basketball free throw and field goals, Frisbee throw, football throw, bunco, badminton, volleyball, cycling, scrabble, cribbage, duplicate bridge, softball hit and throw, Mexican Train dominoes. Mah Jongg, 5K road race, cornhole toss and yo-yo tricks. Registration forms are available at senior centers, community centers and senior residences or by calling 703-228-4721. Participants can register online at www.nvso.us after July 1. Registration fee is \$12 which covers multiple events There is no onsite registration.

#### SCHOOL NOTES

Email announcements to centreview@connectionnewspapers.com. Photos are welcome.

Rebecca Baumgart, Nicho-Benedetto, Emily Brubaker, Ximena Calvo, Corrine Cardinal, Jimin Choi, Brendan Corcoran, Rachel Donnelly, Shannon Douglass, Michael Gay, Kristen Hoffman, Carley Jenkins, Sophie Jurgensen, Medina Khatib, Charles Knight, Christopher Knowlan, Irene Lee, Mollie Leon, Nicole Malthaner, Maryssa Macuso, Amanda Mason, Kyle McGill, Marissa McGill, Johannah Miller, Carli Molano, Emily Oliver, Arthur Pickett, Lindsey Pugh, Nora Raher, Sarah Schweit, James Seltzer, Patrick Shea, Zackery Shealy, Brian Smith, Jordan Snyder, Matthew Style. Lily Takahashi, Kikash Thapa Adhikari, Caitlin Tumulty, Katie Winesett, Allison Winkeler, and Jessica Woolson have received dean's list recognition at James Madison University (Harrisonburg, Va.) for the spring 2015 semester.

Hanna Elizabeth Skahn has graduated from Baylor University (Waco, Texas) with a Master's in communications science/disorders

**Christina Tuong**, a rising senior in Marymount University's interior design program is the winner of the "2015 I Like Design" competition. She has earned a paid summer internship with Studio 3877.

Centreville High School is the recipient of a \$3,500 grant from the Home Depot Foundation to fund the purchase and installation of a greenhouse at the school that will be used to teach students with disabilities about agriculture.

Lauren Saltus has received dean's list recognition at Hofstra University (Hempstead, N.Y.) for the spring 2015 semester.

#### **ONGOING**

Registration Open. SYA fall sports include: Babe Ruth baseball, Little League baseball/T-ball, cheerleading, field hockey, football, soccer, softball, track & field, volleyball and travel baseball. Register early to ensure team placement and avoid late fees. Visit www.syasports.org.

The Woodlands Retirement Community is offering aquatic fall prevention exercise classes, and Aquatic Back and Hip Exercise Class.

Classes are held on Mondays, Tuesdays, Thursdays and Fridays at various times. Classes are \$10 each. Call 703-667-9800 for a complete schedule.

Book Sale. Centreville Regional Library, 14200 St. Germain Drive, Centreville. Ongoing book sale at the library. All ages. Call 703-830-2223.

## PEOPLE

## Saxe and Beckman Honored in Springfield District

## Named district's Lord and Lady Fairfax.

pringfield District Supervisor Pat Herrity honored Kyra M. Beckman, a senior at West Springfield High School, as this year's Lady Fairfax. "She has lived around the globe as part of a Navy family and settled in Fairfax County in 2010," said Herrity.

Beckman, who is scheduled to go to the College of William and Mary in the fall, is involved with many organizations that help less fortunate individuals and is an "outstanding example of the impact our young residents can have on the community," said Herrity.

The high school senior founded Spartans Against Human Trafficking in 2013 to educate students about the ways traffickers coerce their victims, so they can protect themselves and their friends.

"She has led awareness campaigns, an effort to write letters to recently rescued victims both locally and abroad, and speaks about human trafficking to a variety of organizations community-wide," said Herrity.

Herrity nominated Jeffrey H. Saxe as Lord Fairfax for his commitment to land use



The Board of Supervisors named the 2015 Lords and Ladies Fairfax on May 12.

through Springfield District's Land Use Committee, serving on the Fairfax Forward working group and actively participating in the chamber of commerce.

"He truly is an outstanding citizen," said Herrity.

"Mr. Saxe has worn many hats throughout his career, from working as a Fairfax County planner to project manager for the Peterson Companies, to a consultant to the development community, and an active member of the community.

His experience gives him a unique perspective when reviewing land use applications and his engagement has assisted the County in providing an atmosphere of transparency and approachability."







#### No Joke, **But Funny** Nonetheless

By KENNETH B. LOURIE

Not that I ever want to use my having cancer as an excuse, but you have to admit, it's a doozy. And it's probably the best thing about the diagnosis/ prognosis. However, it's not as if there are a number of other advantages to the disease. Nevertheless, having such a readily-available, go-to, slam dunk of an excuse is not exactly like a "Get-outof-jail" card made desirable in the original Monopoly board game, but let's be realistic: us cancer patients need/deserve all the help we can get. And just like a little compassion goes a long way toward fluffing our pillow, so too does having a beyond-reproach excuse occasionally simplify a muddled state of affairs, personally and professionally. It's an equal opportunity excuser."

And "muddled;" morning, noon or night; conscious, subconscious and probably even unconscious, is how this cancer patient, as most others I would bet, live their lives. Whether you want to or not, it is impossible - with a capitol "I," to not view your new cancerdiagnosed life/life expectancy through the prism of your diagnosis. Not that that prism has to make you a prisoner of your prognosis (or alliteration), but to think it's not going to change your perspective, your priorities and your decision-making is to not accept your new reality. And accepting that new reality doesn't mean compromising your principals or giving in or giving up or even yielding the floor. It simply means that you're able to move on. Resistance is not futile. Cancer is not "The Borg." Moreover, assimilating this terrible fact into your head and heart and not obsessing about it opens up your life to more potentially fulfilling and rewarding experiences that might actually enable you to survive and maybe even thrive. Otherwise, as the doctor in Miles City, Montana Territory (at the time) said to Augustus McCray in part IV of "Lonesome Dove" after Gus refused to let him amputate his remaining infected leg - which would ultimately lead to his death: "I assure you, sir, the alternative is gloomy." But Gus wasn't gloomy. He was thoughtful and self-effacing. He explained his refusal for not allowing a second amputation: "I like to kick a pig every once in a while. How would I do that?"

Well, as much as possible, even though I have been diagnosed with a "terminal" form of cancer: stage IV, non-small cell lung cancer, I am not going to be a negative Nellie or a dismal Jimmy. I'm going to try and remain an upbeat Kenny. Certainly I'm not thrilled about my circumstances and I do have my moments when I'm not great company. Still, making fun of an incredibly heavy burden is the only way I know how to lighten the load. And lightening the load is my path of least resistance. It's not futile at all. It's who I am. It's what I do. Now if the cancer will just continue to cooperate, we can all live forward and have a few laughs.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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From Page 5

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#### SUPPORT GROUP

**Telephone Support Group for Family Caregivers of Older Adults.** 7 p.m. every second Tuesday of the month. This telephone support group is designed to help caregivers of older adults share experiences, gain support and get important information without having to travel. These are one-hour free sessions. Find out more and register at www.fairfaxcounty.gov/dfs/olderadultservices/

and click on Caregiver Telephone Support Group.

Fair Oaks Parkinson's Support Group for people living with Parkinson's disease, caregivers and family, meets on the fourth

Saturday monthly, 10 a.m.-noon at Sunrise at

Fair Oaks, 3750 Joseph Siewick Drive, Fairfax. Call 703-378-7221 or visit www.fairoaksparkinsons.com for more.

## **VOLUNTEERS NEEDED**

Shepherd's Center of Fairfax Burke serves those 50+ and who no longer drive. Volunteer drivers are needed for trips (Monday-Friday) to medical appointments and companion shopping within the Fairfax/Burke area. Contact Barry Wickersham at 703-359-2918 or aowbrw@verizon.net or contact John Taylor at

703-239-2898 or jajt7@verizon.net. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on

Volunteer Solutions: \* The Sully Senior Center in Centreville needs a certified personal trainer, preferably with experience working with older adults. ❖ Meals on Wheels needs drivers in Chantilly

and McLean. Substitute drivers needed throughout the county.

\* Korean Meals on Wheels needs Koreanspeaking volunteers to deliver meals in

Centreville, Annandale and Falls Church. The Northern Virginia Long-Term Care Ombudsman Program needs volunteer advocates for residents in assisted living and nursing facilities. Training is provided in March. Call 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Visit

www.fairfaxcounty.gov/ltc for me. Homeless Animals Rescue Team is looking for volunteers to hold dogs at adoption events, Saturdays noon-3 p.m. Volunteers must be 18 or older. Events will be held at Petsmart, 13866 Metrotech Drive, Chantilly. Call 703-691-HART or visit www.hart90.org for more. **Sully Historic Site** needs volunteers to help plan

and present programs. Volunteers who enjoy gardening, working with children, learning new recipes and cooking methods, or just like to be around interesting people are needed both weekdays and weekends. Sully is a historic house museum owned and operated by the Fairfax County Park Authority. Volunteer at Sully can choose an aspect of historic interpretation, event support or any other area to make a difference for visitors. Call 703-437-1794 for an interview. Visit www.fairfaxcounty.gov/parks/sully-historic-site for more

The Fairfax Station Railroad Museum needs volunteer docents on Sunday afternoons from 1-4 p.m. Greet museum visitors and tell them about the exhibits, the Museum and the its railroad and Civil War history. Docents should possess good people skills. Opportunity for those interested in railroads, the Civil War and Northern Virginia history. Training and orientation provided. Other volunteer opportunities are gardening, publicity and exhibit planning. The Museum is located at 11200 Fairfax Station Road in Fairfax Station. Call Michael at 703-945-7483 for more

information, or visit Fairfaxstation.org
Northern Virginia Family Service is seeking volunteers to organize collection drives of toiletries products for clients in need. Requested items include such things as shampoo, soap, lotion, deodorant, hand sanitizer, toothbrushes and toothpaste. Learn more about Northern Virginia Family Service at www.nvfs.org and contact Colleen Ross cross@nvfs.org if



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