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* The Old Brogue is located at the corner of Georgetown Pike and Walker Rd. in Great Falls. Call (703) 759-3309 to reserve your table at either the 5:30 or the 7:30 seating. (Bob and his Co-Sponsors will each make a 10% matching donation of your dinner tab!)

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Police Make Arrests in High Profile Burglaries

Police give suggestions for protecting homes and valuables.

By Ken Moore The Connection

airfax County Police have solved two separate strings of approximately eight high-end burglaries, a few in Great Falls, as well as Reston and McLean.

One was linked to what police referred to as "Polish nationals" on work visas from Chicago. Detectives arrested Jan Parchewski, 39, and charged him with burglary and grand larceny following an extensive investigation involving numerous leads across Fairfax County, according to police press reports.

""When we called Chicago and said, 'Do you know this guy?' They said, 'Oh, yeah." said Lt. Lance Schaible.

The suspects in both cases appear to target wealthier homes and police believe victims were being watched by suspects.

They used various means of distracting homeowners to the fact that accomplices were inside their homes stealing valuables, according to statements by police in May.

At a meeting on June 9 at the Great Falls Library, PFC Laura Redman and Schaible,



More than 100 people turned out for Great Falls Citizens Association meeting about recent burglaries on Tuesday, June 9. PFC Laura Redman; GFCA president Eric Knudsen; GFCA treasurer, Bud Thompson and Reston District Assistant Commander, Lt. Lance Schaible.

both of the Reston police district, gave members of the Great Falls Citizens Association advice on how to protect their homes. More than 100 residents attended the meeting.

"BURGLARS DON'T WANT to be seen by you. They want in and out, they don't want to be caught," said Schaible.

"When crimes are committed you need

to call," he said.

Redman gave a number of suggestions: make your home less attractive to criminals, use sturdy doors made of metal or solid wood, light up entry doors, install wellmade deadbolt locks, and consider an alarm or camera system.

One homeowner's security camera system helped police track a rental car license plate used by one of the suspects in the recent cases, said Schaible.

Trim shrubbery around windows and don't give people prime places to hide. Redman said keeping doors and windows clean on both houses and vehicles can help police solve crimes if fingerprints need to be collected.

Don't leave any valuables in the car. Thieves sometimes gain access to houses by stealing garage door openers from cars and entering from unlocked garage doors.

When going on vacation, Redman suggested stopping driveway newspaper delivery, putting several lights on timer, putting talk radio on low. Remember to set the security alarm.

If something is stolen from your home, having a record of serial numbers of valuables with make, model, size and color, plus photos could help police recover items.

And, finally, "get out of a routine," said

Suspects in the recent cases watch and get to know the habits of homeowners.

Volunteers Urge Residents to Do More

Do More 24 raises nearly \$1.5 million in a day.

By Abigail Constantino The Connection

onors, nonprofits and companies raised nearly \$1.5 million during Do More 24 on Thursday, June 4. At Tysons Corner Center, volunteers from companies, churches and nonprofit organizations decorated shoeboxes filled with personal care items to be distributed to area nonprofit organizations

Last year, volunteers stuffed 4,000 shoeboxes and this year, Levina Kim, of United Way of the National Capital Area, hopes to fill more. Donations came from individuals, families and companies such as Wegman's.

Volunteer Thalia Sanders, of Capitol Heights, Md., came because she wanted to see the start of a project. She came with a group from Shabach! Ministries, and she said that volunteering "puts a face to the people" she has been giving

United Way NCA chairman Ted Davies,



From left, Jordan, Jackson and Deeann Franks, of Vienna volunteer to stuff and decorate shoeboxes containing personal care items to be distributed to local area charities and nonprofit organizations during Do More 24 on Thursday, June 4 at Tysons Corner Center.

ity makes an impact in the community munity building. where one lives. "Money goes right back into the place that's close to your home,"

Rosie Allen-Herring, president and CEO of the United Way NCA said that this is an opportunity to really and truly engage not

of Oakton, said that donating to a local char- just around philanthropy but around com-

Do More 24 "may be the impetus but we expect people to give more, do more and be more as a community," she said.

More than 600 organizations in D.C., Northern Virginia and Maryland participated in Do More 24. Nonprofits who



Ted Davies and Rosie Allen-Herring, of United Way of the National Capital Area, urge people to donate locally during Do More 24.

achieved certain donation levels overall and at specific times were given monetary awards from corporate sponsors as incentives to raise funds. For information about Do More 24 movement go to https://domore24.org/; for United Way www.unitedwaynca.org/.

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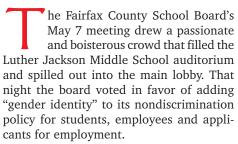
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News

Citizens Speak on Upcoming Family Life Education Vote

LaTeef honored at June 11 School Board meeting.

By Tim Peterson The Connection



On June 25, the board may face a similar scene. It's scheduled to vote on proposed updates from the Family Life Education Curriculum Advisory Committee, including adding the topics of gender identity and sexual orientation, beginning in seventh grade Family Life Education, classes out of which parents may opt out their students.

Other advertised changes include moving a portion of the curriculum from Family Life Education to students' health courses. This would be done to comply with the Virginia Board of Education's recently revised health standards of learning for kindergarten through tenth grade.

According to Fairfax County Public Schools, the topics that would no longer be part of Family Life Education (and therefore no-longer opt-out) are:

- Personal development (emotions/feelings, self-image, self-concept, personal characteristics, skills to work and play successfully in a community)
- ♦ Healthy relationships (includes conflict resolution skills)
- * Respecting individual differences (disabilities, ethnicities, cultures)
- ♦ Mental health areas such as depression

The recommendations came up as new business at the school board's May 21 meeting. At the June 11 meeting, eight out of the 10 citizen speakers and one additional speaker on a prepared video addressed the recommendations. Each of those speakers opposed the proposed changes.

"How one identifies should not take the place of science and truth," said citizen Steven Mosley, who introduced himself as a "black, ordained, evangelical reverend" who works in higher education. "Here's the truth we need to hang on to: Man cannot determine his gender just like I can't determine my race. Both these things are gifts from God and affirmed by science."

Citizen Mary Beth Style said, "Fairfax County Public Schools have no expertise to teach lessons on the development of transgender identity.

"This religious belief that the soul is separate from the body and that man creates his own reality is not supported by science,"



Harris LaTeef

Style continued. "There is no agreement in the therapeutic world and certainly no agreement in society or even among the theorists who are fighting among themselves. Yet you are teaching it anyway. That is arrogant."

Community review of the board action will continue until Friday, June 19, through the website www.fcps.edu/is/hpe/fle.shtml. The page contains frequently asked questions and answers from Fairfax County Public Schools, as well as contact information for Elizabeth Payne, health and physical education coordinator for the school system. Email comments can be sent to FLEcomments@fcps.edu.

Citizens may also request to speak at the upcoming meeting by either registering online at www.fcps.edu/schlbd/meetings/requestspeak.shtml or calling the School Board office at 571-423-1075 during normal business hours, beginning three days prior to the meeting. Ten spots are available and are filled on a first-come basis.

THE SCHOOL BOARD also recognized its outgoing, 44th student representative Harris LaTeef, a senior at Langley High School. Superintendent of Schools Dr. Karen Garza followed the individual board members and summed up their effusive compliments of LaTeef's work.

"You're one of the most impressive young men I've ever been around: intelligent, articulate, calm under pressure and wise beyond your years," Garza said. "Being the student voice on the board, you always added significant value to our work and reminded us why we're doing this."

In his remarks, LaTeef thanked the board for teaching him about "politics, education, human nature and the true meaning of serving one's community." He also offered the public some commentary from his perspective. "Though they may seem divided at times," he said, "each has the same goal, to make Fairfax County Public Schools a great school system to send your kids to each and every morning." LaTeef's final thoughts were directed back at the School Board members: "Keep fighting the good fight," he said. "Don't let petty politics or gamesmanship distract you from why you are here, and that is to focus on the future." After graduating, LaTeef plans to attend the University of St. Andrews in Scotland.



News

Novel on 'Becoming Lisette' Great Falls author Rebecca Glenn recreates 18-century France in historical fiction novel.

By Jennifer Flanagan The Connection

n local author Rebecca Glenn's debut novel "Becoming Lisette," a taleemerges of an independent French girl pursuing her dreams to overcome cultural and historical boundaries in the artistic world of late 18-century France.

Glenn is a graduate of Brown University and the University of Chicago, where she earned a master's degree in Art History, and is a current professor in art history. She thus possesses a keen insight into the subject that allows her to depict historical France with accurate attention to detail.

Kristin Clark Taylor, a fellow Great Falls resident and facilitator of the Great Falls Writer's Group, finds that Glenn's expertise in art history was a highlight of her experience in reading "Becoming Lisette."

"That Rebecca is a serious student of art history and has organized museum exhibitions and moved about comfortably in the art world adds a unique depth and dimension to the book itself," she said. "Her own background and expertise splashes the characters and the plot line with a refreshing authenticity and believability."

DESPITE her extensive education and career in art history, Glenn spent two years



Great Falls author Rebecca Glenn

further researching the actual historical figure of Élisabeth Vigée (Lisette) and the world she lived in to heighten her reader's experience.

"It was really important to me that, when you are reading my book,

you feel you are there, which comes with those little details, which take lots of research to figure out," Glenn said. "And though it took time, it was worth it, because then I can give the readers the best experience as possible."

Glenn's choice to focus on the life of Vigée stems from her love of the untold stories of strong and inspiring women in history.

"I want to write about women in history, like Élisabeth Vigée, and women that most people might not know about but did remarkable things, so more people can know about them and maybe be inspired by them too," she said. "Vigée is just one example of a woman in history that has gone against grain and done what she wanted to do."

Coupling the historical truths of Vigée's life and 18th century France with some of

The cover of Rebecca Glenn's debut novel "Becoming Lisette."

the fictional elements of the plotline was a learning process for Glenn. Despite a long career of academic writing, she found writing historical fiction unfamiliar.

"I have done a lot of academic writing, but fiction is a totally different thing in many ways," she said.

After four years total of research and writing drafts, "Becoming Lisette" was released in April 2015 as the first novel of a trilogy detailing the story of Vigée in a series titled "The Queen's Painter."

THE FIRST NOVEL details the initial stage of Vigée's life as a talented young artist trying to build a career in oil painting, despite the controlling nature of her stepfather and the 18-century prejudices against female artists in France. According to Kristin Clark Taylor, reading "Becoming Lisette" is a "sheer joy." "Rebecca filled each page, each and every scene, with tone and texture; she took me by the hand and led me straight into that rich period of French history," Taylor said. "Rebecca's writing is fearless, bold and believable - rare attributes for a firsttime author. I'd be deeply disappointed if she doesn't come out with the sequel very soon. I'm hungry for more."

The novel has also received high customer reviews on goodreads.com and amazon.com. Glenn expects to release the sequel before the end of the year.

Rebecca Glenn is a resident of Great Falls and the mother of three children who attend Forestville Elementary. More information about the author can be found on her website, RebeccaGlenn.com.



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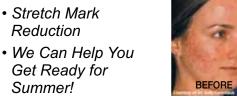












BULLETIN BOARD

To have community events listed in the Connection, send to north@connection newspapers.com. The deadline for submissions is the Friday prior to publication.

WEDNESDAY/JUNE 17

Current College and Recent

Graduates Career Seminar. 6:30-8:30 p.m. McLean VFW, 1051 Spring Hill Road, McLean. Come join in for a two hour seminar. First hour on Killer Marketing Materials: Resumes, Cover Letters, and LinkedIn profiles. Second hour will include 30 minute in depth industry break out sessions. Sign up at: http://www.eventbrite.com/o/the-career-path-partners-8061588850 or contact at info@thecareerpathpartners.com.

English Conversation Group. 1 p.m. Dolley Madison Library, 1244 Oak Ridge Avenue, McLean. Practice conversational English in a group setting. www.fairfaxcounty.gov/library/branches/dm/.

Morning Book Group. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Join in a book discussion. Call 703-757-8560 for book title. www.fairfaxcounty.gov/ library/branches/gf/. EBook/EReader Instruction. 10:30

a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn about library eBooks and eAudiobooks and how to access them with a PC or compatible device. http://www.fairfaxcounty.gov/ library/branches/ok/.

THURSDAY/JUNE 18

English Conversation One-On-One.

1:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Non-native speakers can drop by and practice English with a library volunteer. Call 703-242-4020 for appointments. http://www.fairfaxcounty.gov/library/branches/ok/.

Oakton Book Discussion Group. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Join Oakton's book discussion group of "Blindness" by Jose Saramago. www.fairfaxcounty.gov/library/

SATURDAY/JUNE 20

branches/ok/.

Meditation Workshop. 10 a.m.
Oakton Library, 10304 Lynnhaven
Place, Oakton. The meditation Falun Gong is a traditional mind and
body practice. It has five sets of
exercises based on the principle of
truth, compassion and tolerance. It
can dramatically improve people's
health; relieve stress and anxiety;
promote spiritual growth and
enlightenment. Free. RSVP to
amy@asianservicecenter.org

MONDAY/JUNE 22

Effective English. 1 p.m. Dolley
Madison Library, 1244 Oak Ridge
Avenue, McLean. Get expert help
with speaking and conversing,
reading and writing, and listening
and comprehending.
www.fairfaxcounty.gov/library/
branches/dm/.

Spanish Chat. 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Come and converse in Spanish with native speakers. http:// www.fairfaxcounty.gov/library/ branches/gf/.

English Conversation. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Non-native speakers can drop by for practice speaking English. www.fairfaxcounty.gov/ library/branches/ok/.

See Bulletin, Page 17



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The Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinators, experienced social workers, who will provide a confidential consultation.

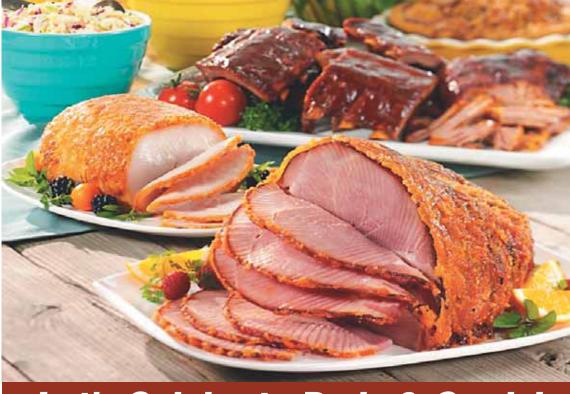
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OPINION

Political Prospects for Medicaid Expansion

By Kenneth R. "Ken" Plum STATE DELEGATE (D-36)

irginia voters in areas with contested primaries went to the polls last week to select their candidates for the Nov. 3 general election when all seats in the General Assembly are up for election as are many local offices. Primary

COMMENTARY

elections attract mostly party faithfuls in small num-

bers and are not clear barometers of the mood of voters generally on issues. Some of the results in General Assembly primaries merit at-

In the Republican dominated Shenandoah Valley, senior Senator Emmett Hanger, who was one of the three Republicans in the General Assembly and who supported Medicaid expansion had two more conservative challengers who made Medicaid expansion an issue in the primary with both of them opposing expansion. Hanger won easily. In Hampton Roads, the lone Democratic incumbent who opposed Medicaid expansion lost to his primary challenger who supported it. Before

jumping to the conclusion that Medicaid expansion has suddenly become popular in the Commonwealth, there is the primary involving the Speaker of the House of Delegates. The Speaker was reported as campaigning in part on his being able to keep Virginia from expanding Medicaid. Of course, his Tea Party opponent opposed Medicaid and suggested that the Speaker's opposition had not been strong enough. After campaigning hard and out-spending his challenger, the Speaker won easily.

Across the state a senate incum-



bent and a delegate incumbent, both Republican who opposed Medicaid expansion, beat their challengers who also opposed Medicaid expansion. The election results do not give a clear indication of the outcome of

what will be a critically important issue for the 2016 General Assembly session. The Governor remains committed to Medicaid expansion, but his having any chance of success is dependent upon the outcome of the Senate races.

In the November state senate races there will be several key contests. At a 21-19 advantage for Republicans, Democrats need to pick up at least one seat to give Democratic Lieutenant Governor Ralph Northam the opportunity to break ties. The seats being vacated by the two other moderate Republicans who supported Medicaid expansion offer hope for Democrats, but Democrats need also to hang onto the seat vacated with the retirement of Democratic State Senator Chuck Colgan. The only Democratic state senator in western Virginia is in a three-way race.

If elections were based purely on

facts, Medicaid expansion would be a sure winner. The White House Council of Economic Advisors issued a report recently that said expansion would reach an additional 179,000 Virginia residents with lifesaving care. The report also said Virginia will miss out on \$1.24 billion in federal funding in 2016 by not expanding Medicaid. That is billions of Virginia taxpayer dollars that could come back to the Commonwealth, freeing up state funds for crucial under-funded programs. Go to the polls this November, and in the meantime let friends and families know the importance of Medicaid expansion and that their votes will matter in making it happen.

from Forestville,

15 for the tourna-

Рното ву

Jennifer Flanagan/

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Great Falls Golf Fundraiser a Big Success

Annual golf charity tournament raises money for local elementary schools.

> By Jennifer Flanagan The Connection

he Celebrate Great Falls Foundation sponsored the 20th Annual Charity Golf Tournament at Hidden Creek Country Club in Reston on June 1 to raise money for Colvin Run, Forestville and Great Falls Elementary Schools.

The tournament featured two rounds of golf followed by a meal, with chances to win a variety of prizes at each hole.

Founded in 1995, the tournament raised money for local charities before adopting the elementary schools seven years ago as the ongoing recipients. Since then the tournament has raised over \$150,000 for the schools.

This year the tournament raised \$20,250, equally divided between the schools. The money was presented to the schools in a check presentation at Forestville Elementary on June 15. The principal of each school, as well as students and other representatives from the schools and the Celebrate Great



Falls Foundation, were present to accept the check.

"It was great to be part of a such a wonderful process that supports the needs of the kids," said Todd Franklin, the principal of Forestville.

For the first time, the golf tournament fundraiser was supplemented by a community wide online silent auction. Participants could bid on over 100 various items, including an Instant Wine Cellar comprising 30 bottles of wine hand selected by Great Falls families at Classic Wines of Great

Mike Kearney, a Celebrate Great

Falls board member, said the online auction was able to reach more of the community.

This year's proceeds will go towards purchasing new computers and software to be used by the students of the three elementary

Forestville Elementary intends to purchase computer carts of laptops and other electronic devices. Last year the school used the tournament's proceeds to purchase DreamBox, an online elementary and middle school math software.

There were more golfer and volunteer participants than in last year's tournament, noted Erin Labato, the director of the Great Falls Foundation and Forestville Elementary School Chair and par-

Jennisee Silvestri, the president of the Parent and Teachers Association at Forestville Elementary, finds the volunteer's participation essential to the tournament's suc-

"We have a great community of volunteers and that is really the only way to make everything work," said Silvestri. "We all work together with the schools' administrations to enhance our students' educations."

8 Great Falls Connection June 17-23, 2015

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PEOPLE



"Pomegranates" by Jackie



Cassie Dallas of Forestville Elementary School and her mother Ceilia.

'Murmurs of the Walls' at Artists on the Green

Artists and viewers admired the "murmurs" of the 27 oil paintings, an infinite body of interpretations and representations created by students of Artist Gail Péan at Artists on The Green, 776 B Walker Road, Great Falls. The opening was held Friday,

Five oil painting artists ages 10-60 plus exhibited a variety of subjects in different styles, including delicate brush and bold palette knife painting. Artists displaying

their oil paintings are Martina Bucheli, Cassie Dallas and Jackie Corcoran of Great Falls, Avala Albert who attends Great Falls Elementary School and Lynn Kennedy of Ashburn. They all received certificates of achievement from beginners to intermediate oil painting. Jackie Corcoran sold one of her first palette knife paintings of pomegranates at the exhibit. More than 50 friends and family members attended the exhibition and reception.

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DATED 1961, MOONLIGHT AT JADE TOWER nk and color on paper; signed by and sealed; framed. Sight H: 48 in. W: 9 in.

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Education Learning Fun



Teacher Rachel Miller and her students run the recycling collection program at **Cooper Middle** School.

An Independent Life Laying the Foundation at Cooper Middle School.

By Jean T. Jianos The Connection

T]here is always something new that science can discover, and all the facts that you take for granted can be completely wrong." So writes author Mark Haddon in his novel, "The Curious Incident of the Dog in the Night-Time." The characters in Haddon's novel, adapted into the Tony award-winning play of the same name, discover that many of the facts they take for granted are completely wrong, especially the limitations they place upon themselves and each other in reaction to the developmental and cognitive challenges faced by the main character in dealing with our world as currently structured.

Cooper Middle School teacher, Lucy Chaplin continually looks beyond the limitations placed upon her students because they also face developday. Chaplin scopes out potenproached a manager at Boston McLean location.

nature of the task, and paid the different ways." first to last.



Teacher Christopher Lalande's classroom at Cooper Middle School includes mock grocery shelves. His students practice properly stocking and facing shelves after viewing a major grocery chain's employee training video.

THAT KIND of community-based Ramble On Pearl in Boulder, Colo., instruction is part of the career and mental and cognitive challenges transition services provided at Cooin dealing with their world to- per. Although the Fairfax County out customers, assisting customers skills used by the general pub-Public School Fiscal Year 2015 Protial work environments that gram Budget eliminated the Work would benefit from her stu- Awareness and Transition (WAT) dents' strengths. She ap- teacher allocated to Cooper, Chaplin and her fellow teachers, Market in McLean and together Rachel Miller and Christopher they provided the opportunity Lalande, continued to use the WAT for Chaplin's students to assist course curriculum as a resource, Boston Market employees by as- including instruction in acquiring side. The retail store was estab- and have different ways of sembling 500 setups of napkins work skills and life planning. With lished, designed and staffed spelearning and completing tasks, and utensils on-site at the regard to workplaces in general, cifically for the purpose of "show- we can work alongside each The Cooper students were not more open and adaptable [since] prentices to future employers," and ment, to contribute to our comdiscouraged by the repetitive we all learn and express ideas in introducing customers to their emmunity, and, as teacher Lalande

is the high-end, retail boutique, and placement program. Appren- cording to [our] ability."

where all the usual retail associate duties — greeting and checkingwith apparel choices, as well as lic, as well as specific skills that folding clothes and stocking can be used on the job, in the shelves, are shared between young adult apprentices with developmental and cognitive challenges, and more senior employees with years of retail merchandising and sales experience, working side-by- use different language skills, Miller says that, "we need to be casing the employability of our apother to find personal fulfillployees' potential. The retail sales said, to each attain a level of insame attention to detail from One such progressive workplace revenues support the job training dependence and, "live life ac-

tices are paid minimum wage. The boutique is operated by a nonprofit organization, so vendors also benefit from discounting their wholesale prices or donating merchandise. Manager Adrianna Barcaro, who was hired for her over 10 years of retail buying and merchandising expertise, said that, "when you come to any space with a different purpose, [your] mentality has to change," but her management duties remain much the same as in running any other business - making sure that all her employees are a good fit for the work environment, playing to their strengths and empowering them to work independently, while delivering good customer service and

THE TEACHERS at Cooper Middle School are laying the foundation for their students to be able to work and live independently by teaching them the vocabulary and communication home and out in their commu-

In addition, they are giving our community the opportunity to learn that although we might

YouthQuest Runs ThinkLink

Experts say 3D printing can open a world of imagination and critical thinking.

> BY MARILYN CAMPBELL The Connection

> donis Gonzales had always

wanted to become a master electrician, but when he was asked to leave high school at 16 because of a poor attendance record, his prospects looked bleak. He enrolled in Freestate ChallNGe Academy, a tuition-free program that offers 16- to 18-year-old high school dropouts an opportunity to tional scholarships to pursue their earn a GED and learn a trade. A 3D printing technology class that Gonzales took through the program proved to be eye-opening. "When I first went into the class, I saw the computers and printer and thought that it was going to be too technology. The class will be ofhard," said Gonzales. "But then the instructor said that if we could imagine something, then we can Greater Washington, Culmore could create it. The first thing I Character Club in Fairfax County. made was a heart with my daughter's name on it." The class was part of an initiative and problem solving to the kids we called 3D ThinkLink, a program served," said Mann. "Many of the designed to teach critical thinking kids hadn't learned to think criti-

Experts offer

brain drain.

suggestions for

avoiding summer

ground for stagnation. In fact, the

National Summer Learning Asso-

ciation reports children can expe-

BY MARILYN CAMPBELL

hile summer is oppor-

ties while on school break. From Adams

ences and warm weather fun. animal it was."

tunity for fun, it can



A variety of summer camp activities are offered at the **Boys and Girls Clubs of Greater Washington, Culmore** Character Club in Fairfax County. 3D printing will be a new

Bethesda, Md., based reading spe- on, interactive space that offers

cialist. "They add an element of children an opportunity to see the

Chantilly-based nonprofit that provides at-risk youth with educacollege or vocational aspirations.

Linda Mann, Ph.D., one of the organization's founders, believes voung children can benefit from ThinkLink because the lessons and life skills learned extend beyond fered as part of a camp this summer at the Boys and Girls Clubs of "I discovered that we could use 3D printing to teach critical thinking was run by YouthQuest, a life, but with 3D printing, they "It will reinforce their existing

competition which can offer a

Think of the natural world as an

interactive classroom as well. "Hik-

ing and camping are great ways to

get kids excited about science and

nature," said Amy Adams, director,

ship Program at George Mason

University in Fairfax. "There are

some local parks that have nature

programs and guided walks."

Adams recommends Eleanor

Lawrence Park in Chantilly and

Great Falls Park in McLean. "Allow

libraries to nature walks in the and look for evidence that an ani- for at-home science experiments

summer," said Peggy Woodstock, a hibit is another option. It's a hands-hood development at Northern Vir-

Ideas for Summer Learning

boost to many kids.'

THE CONNECTION Aspiring Scientists Summer Intern-

rience learning loss when they are children to explore, but it's always

not engaged in educational activi- nice to give guidance as well," said

the beginning."

BOYS AND GIRLS CLUB staffers agree, saying ThinkLink will

inspire students. nity for the youth here, who sometimes are in difficult living situations, to see that if they work hard and put in effort, they can have a bright future," said Chris Roberts, science, technology, education and math (STEM) regional director of the Boys and Girls Clubs of Greater Washington. "I think the students to be," she said. "For people who will be excited. It will be inspirational and have activities that will lead them to think more about and problem solving skills through cally or to problem solve. They'd what they can do in their future 3D design and printing. The class learned that failure was a way of and what the future will bring."

work of architects and engineers.

History Museum in Washington,

D.C., the National Aquarium in

Baltimore, Md., and the Air and

Space Museum's Steven F. Udvar-

Hazy Center in Chantilly are also

good choices for children. In addi-

tion, the Potomac Overlook Nature

Center in Arlington is "great for

teaching kids about birds, turtles

"Farms or petting zoos are also

great for teaching kids about ani-

"4-H programs at local fairs would

about nature and animals," Adams

and birds of prey," said Adams.

The National Zoo and the Natural

The group hopes to raise \$8,000 to publish an introductory 3D design and printing curriculum for students of all

The campaign will end on July 1 at noon. To donate, visit www.youthquestfoundation.org.

STEM skills, but we hope it will boost their self-confidence," said Wonhee Kang, D.Min., senior director, Fairfax County Region, Boys and Girls Clubs of Greater Washington. "They can imagine something and then see their idea turn into reality. That will really give their self-confidence a boost." Gonzales said troubleshooting was an unexpected skill he acquired during the class. "They showed us learn that failure isn't the end, it's that you can create anything that comes to your mind," he said. "If one of us had a problem, then we brainstormed as a group on how to do it differently." Learning to solve problems like that, work through difficulties and simply dream, are basic but foreign concepts to many disadvantaged children. Mann hopes that changes this summer. "It is important for them to see that they can make a difference in the real world," said Mann. "They could be brilliant scientists or teachers or whatever they want have succeeded, it's important to

> That's what keeps our community. It's important to make a dif-

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activity this summer.

"It will be an excellent opportu-

ginia Community College. "You can build things at home with your kids," she said.

"Experiments with water are great. Use funnels and buckets of water and experiment with how water

Multop shares ideas for learning on her blog, "The Arts and Early Childhood Education."

For building projects at home, "parents should save cardboard. paper towel rolls, shoeboxes, etc. and provide duct tape and paints. Kids can build castles [and] space ships," she added.

For more inspiration, Multop recommends a blog by Alexandriabe another great way to learn based educator Peggy Ashbrook: http://families.naeyc.org/blog/ summer reading programs at local "For example, 'Let's go on this hike continued. "Parents can look online 124.

"She has lots of activities on it woods, local educators offer ideas mal was present,' and then kids get for kids," on sites like http:// that encourage learning about scifor combining enriching experiinvolved trying determine which www.curiosityzone.com/Experience in a fun way," said Multop. "What's really important for kids "Most local libraries have a read- Trading video games for blue foam There is plenty of inspiration to be is to inquire and for parents not to ing program that offers kids incenblocks at the National Building had at home as well, says Gail give them the answer, but help tives for reading books during the Museum's "Work, Play, Build" ex- Multop, who teaches early child- them find the answers."

10 Great Falls Connection June 17-23, 2015

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FATHER'S DAY GALLERY



Thomas, Jeff and James Ye, of Great Falls, at Prince George stadium. Thomas, 6, and James, 11, participated in the **2014 Down** & Dirty Mud Run event with their dad, Jeff.



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FATHER'S DAY GALLERY

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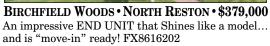




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Great Falls Farmers Market Offers Father's Day Ideas

By Kathleen Murphy
Market Manager

ocal Great Falls Dads are amazing: They work so hard at their careers, contributing good to the world - yet find the time to coach, counsel, guide, chauffeur, applaud and cheer their awesome kids.

Kudos to all our farmers-market dads who come by most Saturdays, buy their kids a muffin, cinnamon bun, empanada, crepe or even an entire baguette - and hang out at the market, listening to music while doing some shopping for family meals. We especially love those Dads who cook for their family – searching for, and finding - the perfect ingredients for their favorite recipes.

How to show Dad your appreciation on Father's Day? Well, here are some of our ideas from our "unique boutique" farmers market vendors...

Good Eats

How about grass-fed, pastured beef? A pastured chicken? Day Spring Farm has a wide assortment of beef, chicken and other meats.

Empanadas from around the world? World Eats, recently opened by local resident, Luke Wahlgren, hand-makes empanadas using recipes from around the world

A hot quiche, spiced to perfection? Plain & Simple, owned by Great Falls resident, Jo So, delights your taste with imaginative, perfectly seasoned quiches.

A cold salad, or grilled veggie tray made from local vegetables? Whether potatoes and onions for potato salad, cucumbers and tomatoes, zucchini, squash, mushrooms and more, local Diaz Berries and Veggies from Colonial Beach, Virginia or Tuscarora Organic Growers Coop of Pennsylvania – twothirds of the member small family farms are Amish. They have what you need to add flavorful, seasonal produce to your special occasion. And then there is Oh! Pickles who has the pickles and sauerkraut to add pizzazz to any meal.

An assorted tray of cheeses with crunchy baguette slices? Let Carl of Tom's Amish prepare an assortment of cheeses for you to fill your cheese tray. Purchase a crunchy baguette at Baguette Republic – slice it thin and toast lightly, a great accompaniment to cheese. Add cheese, tomato, olive oil and vinegar for a lovely appetizer.

Amazing Treats

A striking world-class pastry? Xocolata's founder and chef Cassity Jones, has more than 14 years experience in pastry arts, working in five-star, five-diamond hotels and restaurants—including Le Cirque, Circo, Bellagio, and Four Seasons—with world-renowned pastry chefs who have contributed to the evolution of culinary arts and science. His macaroons, mousse cakes, brownies and other creations, combine tra-



Great Falls Dad feeding the athlete.

ditional flavors with more exotic combinations and modern design to create a palatable and visual experience - satisfying the most demanding and sophisticated tastes. (If this describes your Dad, you know what to bring for dessert!)

A plain and simple tart – minimal sugar? Check out Jo's individual berry pies, pecan pie tarts and salted carmel brownies, on the menu this Saturday. Plain and Simple focuses on the simplicity of good ingredients with traditional southern methods. No frills. No fuss. Just good stuff.

An artistic fruit pie? Kandis Smith is returning to our market with her highly artistic apple, strawberry and blueberry pies – big enough for the whole family.

An artisan bakery special? Baguette Republic has been at our market since day one, enjoying many long-time fans. An artisan wholesale baker, you can find your Dad's favorite pastries, breads, cakes and pies at this stand in the European tradition.

Gourmet vegan? Postmodern Foods, owned by Denise Hicks, can provide Dad with a thick rich smoothie, juice, salad, savory or dessert, fresh as can be, and nutrient dense raw to boot – and now is available all week long at a storefront next to the Old Brogue.

A bowl of berries with chocolate sauce on top? Looking for blueberries, blackberries, gold berries, raspberries? Alma of Diaz Berries & Veggies has them all, grown by her husband, a master berry farmer! Cassity Jones, owner of Xocolata, prepares an exquisite chocolate sauce – low on sugar, high



on fruit and chocolate - that can be dripped over the top.

How About a Unique Gift?

Local history? A book, a stack of postcards, or a T-shirt from the Great Falls Historical Society.

A bicycle repair? On Site Bike Repair is coming to our farmers market on July 4. Set up an appointment.

Anti-allergy honey? Jeff & Sharon Rainey's Backyard Eden Honey.

A three-day-cleanse/juice fast? Postmodern Foods is the place to go to purchase an excellent 6-drink-per-day three-day fast, known for its great detox results.

A fusti of extra virgin olive oil? What's a fusti? Meet Pericles Konstas, a Vienna, Va., resident and owner of Spartan Olive Oil, who will be at our market next Saturday with this and other gift items, sure to delight Dad.

A complete set of hot sauces? Bob Henry of Henry Hot Sauces grew up here in Great Falls. He has a wide array of hot sauce flavors and heat levels to spice up Dad's summer barbeque effort.

A raised-bed veggie garden in your backyard? Ian Mc Keown of State Gardens will install a vegetable garden for Dad that he can enjoy all year long.

A lambskin? Day Spring Farm has some lambskins for sale that are wonderful to sleep on and are reputed to relieve aches and pains. If age is getting to your dad, this could be a very comforting gift.

How About a Farmers Market Basket?

Want to win a Farmers Market basket for your Dad? At the start of the summer market season every year we have a "Get to Know the Vendors" raffle: The more vendors you shop at, the more chances you have to win the Farmers Market Basket. We give you a free raffle ticket each time you make a purchase.

Want to eliminate the risk of losing? You can purchase a Farmers Market basket for Dad. If you want to give Dad a bit of everything the market offers – something from every vendor at the market, our choice – you may order a basket for your Dad in advance. The cost is \$120, which will be split among the vendors based on what they contribute to the basket. To order, call 917-673-3149. Pick up at the market next Saturday.

The Great Falls Community Farmers Market brings what vendors have grown, cultivated, produced or made to our discerning Great Falls community, who know a quality product when they see it. Our market celebrates community as part of building a vibrant semi-rural village atmosphere. The farmers market is open every Saturday from 9 a.m. to 1 p.m. at the parking lot next to the Wells Fargo Bank at 778 Walker Road at the Great Falls Village Centre.

Calendar

Send announcements north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

ONGOING

TUESDAY/JUNE 2-SATURDAY/JUNE 27

"Happiness Is?" 10 a.m. - 4 p.m., Tuesdays - Saturdays, June 2 – 27 Vienna Art Center, 115 Pleasant Street, NW, Vienna. Members of the Vienna Arts Society exhibit and sell original artworks in several continuing shows in the area

FRIDAYS-SUNDAYS/JUNE 5-SEPT. 27

Vienna's Summer on the Green Concert Series. 6:30 p.m. Vienna Town Green, 144 Maple Avenue E, Vienna. Come out on the weekend and listen to some good music. Full schedule here: http:// www.viennava.gov/ DocumentCenter/View/2640

SUNDAYS/JUNE 7- SEPT. 6

Great Falls Concerts on the Green.

6-8 p.m. Great Falls Village Centre Green. Come out on Sundays and listen to some live music. Full schedule here: http:// www.celebrategreatfalls.org/ concerts-on-the-green/.

FRIDAYS/JUNE 19-AUG. 7

Tysons Concerts on the Plaza. 6-8 p.m. Tysons Corner Center, 1961 Chain Bridge Road, Tysons Corner. Sit back and enjoy live music with a special line up each week. Tickets are available on a first-come, first-serve basis beginning at 10 a.m. each

Friday morning in the mall concourse on level 2 next to ZARA.

THROUGH SATURDAY/AUG. 1

What's in Your Garden? Tuesdays Saturdays. Vienna Arts Society "Gallery in the Village Green," 513 Maple Ave. W, Vienna. Featured artist Loy McGaughy of Reston exhibits a collection of watercolors inspired by her personal photographs. The exhibition includes more than a dozen other artists.

ART, MUSIC, THEATRE

WEDNESDAY/JUNE 17

Pokémon League. 4:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Drop-in and play Pokémon with friends.

THURSDAY/JUNE 18

Free Yoga Class. 7:45-8:45 a.m. The Plaza, Tysons Corner Center, 1961 Chain Bridge Road, Tysons. Free yoga class instructed by East Meets West Yoga Studio in McLean. Bring your mat and get ready to strech.

Daryl Hance Power Trio. 7 p.m. Woo Live, 8420 Leesburg Pike, Vienna. Devil Down Records artist Daryl Hance will be bringing his Power Trio for a performance at Woo Liv full of funky, bluesy, rock and roll music. Tickets: \$12.

Lindsey Stirling. 8 p.m. Wolf Trap, 1645 Trap Road, Vienna. Made famous by her viral YouTube video "Crystallize," the ever-innovative dancing violinist and Billboard charttopper fuses the romance of Celtic folk and modern classical with the infectious energy of dance and electronica, Tickets: \$22-\$50. www.wolftrap.org.

Evening Book Group. 7:30 p.m. Great Falls Library, 9830 eorgetown Pike, Great F a book discussion. Call 703-757-8560 for book title. http:// www.fairfaxcounty.gov/library/ branches/gf/.

Classic Books Discussion Group. 1 p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. Join writer/scholar Amanda Holmes Duffy

Taste of Reston Returns June 19-21

The Taste of Reston, produced by the Greater Reston Chamber of Commerce, is the largest outdoor food festival in the area and was voted 2012, 2013, 2014 and 2015 "Northern Virginia's Best Food Festival" by Virginia Living magazine. Join the fun starting June 19-21 at Reston Town Center for a weekend of restaurants and community vendors, live entertainment on three stages, a carnival, the Family Fun Zone and a Wine 'n Dine area. Weekend's schedule: Friday, June 19, 3-11 p.m.; Saturday, June 20, noon-11 p.m. Sunday, June 21, 10 a.m. - 8 p.m., carnival only. Reston Town Center, 11900 Market St., Reston. For tickets and more information, visit http://www.restontaste.com/.

for a discussion of "The Unbearable Lightness of Being" by Milan Kundera. http:// www.fairfaxcounty.gov/library/ branches/ph/.

FRIDAY/JUNE 19

Back to the Future. 8:30 p.m. Wolf Trap, 1645 Trap Road, Vienna. Power up the DeLorean and join Marty McFly and the National Symphony Orchestra as they take you Back to the Future with this beloved film projected in HD on the big screen with Alan Silvestri's expanded score performed live. Tickets: \$30-\$58.

www.wolftrap.org. **Playdate Cafe**. 10 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Bring your child to play, and engage in conversation over coffee. http:// www.fairfaxcounty.gov/library/ branches/gf/.

Drop-In Chess and Board Games. 3:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Dropin, and play chess and assorted board games. All skill levels and ages welcome. http:// www.fairfaxcounty.gov/library/ branches/gf/.

FRIDAY/JUNE 19-SATURDAY/SEPT. 5

Summer Reading Program. 10 a.m.-5 p.m. Great Falls Library, 9830 Georgetown Pike Great Falls. Attend summer events and check out books. All ages. http:// www.fairfaxcounty.gov/library/ branches/gf/.

SATURDAY/JUNE 20

Vienna Walk 'n Wash. 8 a.m. - Noon. Vienna Town Green, Maple Avenue at Mill Street. Join fellow dog lovers for the Vienna Dog Wash 'n Walk. The registration fee of \$25 per dog includes a bandanna and a Veterans Moving Forward (VMF) pin. Dog washes are also are available for \$15 each. www.vetsfwd.org.

Kayak Mini Float Trip. 11 a.m. -Noon. Riverbend Park, 8700 Potomac Hills Street, Great Falls, A scenic wagon ride from the Visitors Center upriver. Then enjoy a 1.5 mile instructor-led float trip down the river through riffles and flat water. The cost is \$38 for a one and two person kayak. 703-759-3211.

Patowmack Canal Walk. 2-3 p.m. Great Falls National Park, 9200 Old Dominion Drive, McLean. Few people envision George Washington as an entrepreneur of a canal system on the Potomac River and westward expansion. Explore the Patowmack Canal with a Ranger to discover the history of Great Falls in the late 1700s. Easy 1/2 mile hike round trip.

SUNDAY/JUNE 21

Wood Carving Lesson. 11 a.m. - 3 p.m. Colvin Run Mill, 10017 Colvin Run Road, Great Falls. Treat Dad to a free wood carving lesson with the Northern Virginia Carvers. Nominal charge for wood blanks. Free mill

tours for all fathers accompanied by their children.

Father's Day Family Fishing. 5-7 p.m. Riverbend Park, 8700 Potomac Hills Street, Great Falls. Celebrate Father's Day at Riverbend Park with fishing. The cost is \$8 per person and includes supplies and equipment or you may bring your own rod and reel. All fish caught will be released. 703-759-3211.

Father's Day Golf Tournament. 9 a.m. Oak Marr Golf Course, 3200 Jermanstown Street, Oakton. For ages 8-17, young competitors will be playing with their fathers in a twoperson scramble format tournament. There will be trophies awarded for each age category. The cost is \$40 per team and is due at the time of registration. 703-255-5390.

Sunrise Kayak Tour. 7-9 a.m. Riverbend Park, 8700 Potomac Hills Street, Great Falls. Enjoy breathtaking views as the summer sun rises over the Potomac River. Paddle with a naturalist and learn about the historical and natural beauty of this island-dotted section of the Potomac. The cost is \$38 and includes one and two person kayaks.

MONDAY/JUNE 22

Kids Book Club. 5:30 p.m. Great Falls Library, 9830 Georgetown Pike. Great Falls. Come in for a kid's book club discussion. Ages 8-12. Call 703-757-8560 for book title.

WEDNESDAY/JUNE 24

Pokémon League. 4:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Drop-in and play Pokémon with friends. http:// www.fairfaxcounty.gov/library/ branches/gf/

THURSDAY/JUNE 25

Sheep Dog Detectives. 2:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Kaydee Puppets presents Dudley Dog and friends who solve during a puppet show. All

FRIDAY/JUNE 26

Play Date Cafe. 10 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Bring your child to play, and engage in conversation over coffee. For preschool aged children. http://www.fairfaxcounty.gov/ library/branches/gf/

Drop-In Chess and Board Games. 3:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Dropin, play chess and assorted board games. All skill levels and ages welcome.

FRIDAY-SUNDAY/JUNE 26-JULY 5

World Police & Fire Games.

Thousands of athletes from 70 countries will converge in Fairfax County for 10 days of competitions. Entertainment and activities will be hosted by Reston Town Center during the games. Fairfax2015.com

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SUNDAY WORSHIP, 7:45 AM & 11:00 AM CHURCH SCHOOL 9:30AM-10:30AM MIDWEEK SERVICES, WED. 7:00 PM

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JULY

7/1/2015	Wellheing
7/8/2015	
7/15/2015	•
7/22/2015	Pet Connection
7/29/2015Professional Profiles & Business in the Community	

AUGUST

ı	8/5/2015	Wellbeing
ı	8/12/2015	
	8/19/2015A+ Camps & Schools -	Back to School -
	Private Schools	

8/26/2015.....Newcomers & Community Guide Pullout

SEPTEMBER

9/2/2015......Wellbeing Labor Day is Sept. 7

9/9/2015..HomeLifeStyle Pullout – Real Estate & New Homes



Newspapers & Online

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- Alexandria Gazette Packet Arlington Connection
- Burke Connection Centre View
- . Chantilly Connection
- Fairfax Connection Fairfax Station/Clifton/Lorton Connection
- Great Falls Connection
- McLean Connection Mount Vernon Gazette
- Oak Hill/Herndon Connection Potomac Almanac
- Reston Connection Springfield Connection
- Vienna/Oakton Connection

Sports

Langley Boys' Soccer Wins First State Championship

Head Coach Amato earns 100th win at Langley.

By Jon Roetman The Connection

ollowing Saturday's 6A state championship match, Langley boys' soccer coach Bo Amato referenced the saying "players win and coaches lose."

If the saying is true, then a conversation Amato had with the Saxons prior to the state tournament could be considered a coach asking his players for a favor.

"I hate to break it to you boys, but I looked at my record after regionals," Amato said to a Langley team on the verge of history. "I'm 98-27-12 [at Langley] and I want to win my 100th with you, not some rinkydink game next year that means nothing."

When it came time to step on the field for the state tournament at Robinson Secondary School, Langley not only rewarded Amato with a career milestone, the Saxons left their mark on school history.

After defeating James River 3-0 in Friday's 6A state semifinals, Langley beat Madison 2-0 in the state final on Saturday, June 13, giving the Saxons their first state championship and Amato his 100th win in eight years with the program.

FACING THE WARHAWKS for a fourth time this season, the Saxons took a 1-0 lead when sophomore striker Jacob Labovitz netted a goal in the 34th minute. Junior Cameron Basco added an insurance goal from roughly 45 yards out in the 77th minute, giving Langley its fourth win of the year over Madison.

Labovitz, a club soccer player who made an effort to play for his high school, finished the season with 26 goals.

"Langley's never won a state championship and I wanted to help them get it," he said. "I wanted the school to have it, [and for people to] always be able to look at the front of the building [and] look at the state championship."

After the match, when players were receiving their individual awards, Amato playfully pretended to bow toward Labovitz.

"I don't like singling people out because it's a team sport," Amato said, "but before the season even started ... he told [his club team] he wanted to play [for Langley High School]. ... He wanted to win and I've never in my life at this school had an underclassman so aggressively contact me about wanting to win."

Labovitz praised Amato, who has also won a private school state title with St. Stephen's & St. Agnes and a club championship with Annandale United FC.

"He's a great guy," Labovitz said. "He keeps me going. He's always positive with me, never gets down on me [and] makes me a better player."

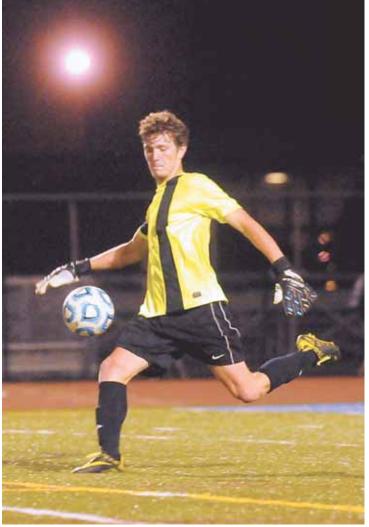
Langley senior midfielder and captain



Led by head coach Bo Amato, center, the Langley boys' soccer team won the first state championship in program history on June 13, beating Madison 2-0 in the 6A state final at Robinson Secondary School.

Langley goalkeeper Cole Stinger tallied seven saves against Madison in the state final on June 13.

PHOTO BY
LOUISE KRAFFT/
THE CONNECTION



Daniel Levetown shared Labovitz' admiration for Amato.

"He's a great coach and he's really pushed

"He's a great coach and he's really pushed me to become the player I am today," Levetown said. "Without him, we wouldn't have been here. There's no way." **SATURDAY'S WIN** bumped Langley's final record to 20-1-1. The Saxons beat Fairfax 1-0 on May 21 to win the Conference 6 championship, and defeated Madison 2-1 on June 5 to capture the program's first 6A North region title.

"Langley's never won a state championship and I wanted to help them get it. I wanted the school to have it, [and for people to] always be able to look at the front of the building [and] look at the state championship."

- Langley sophomore Jacob Labovitz

Langley beat Madison 2-0 during the regular season on April 21 and 2-1 in the conference tournament semifinals on May 19. In the region final, the Warhawks jumped out to a 1-0 lead before the Saxons came back to win — something Amato said aided Langley in pulling off the seemingly tough task of beating a team for a fourth time.

"It's good that we went down a goal in the regional final," Amato said. "In the first half, we were so poor.

They didn't react to anything I said, so at halftime we had a little talk. If we had rolled them over in the regionals, they would have beat us tonight."

Langley senior goalkeeper and captain Cole Stinger finished with seven saves in Saturday's state final.

"High school soccer is so much fun," said Stinger, who will play for the University of Delaware. "You get to play with your friends, represent your school, have all the fans that we had come out. It's awesome."

www.ConnectionNewspapers.com

16 Great Falls Connection June 17-23, 2015

No Joke, **But Funny** Nonetheless

By KENNETH B. LOURIE

Not that I ever want to use my having cancer as an excuse, but you have to admit, it's a doozy. And it's probably the best thing about the diagnosis/ prognosis. However, it's not as if there are a number of other advantages to the disease. Nevertheless, having such a readily-available, go-to, slam dunk of an excuse is not exactly like a "Get-outof-jail" card made desirable in the original Monopoly board game, but let's be realistic: us cancer patients need/deserve all the help we can get. And just like a little compassion goes a long way toward fluffing our pillow, so too does having a beyond-reproach excuse occasionally simplify a muddled state of affairs, personally and professionally. It's an equal opportunity "excuser."

And "muddled;" morning, noon or night; conscious, subconscious and probably even unconscious, is how this cancer patient, as most others I would bet, live their lives. Whether you want to or not, it is impossible - with a capitol "I," to not view your new cancerdiagnosed life/life expectancy through the prism of your diagnosis. Not that that prism has to make you a prisoner of your prognosis (or alliteration), but to think it's not going to change your perspective, your priorities and your decision-making is to not accept your new reality. And accepting that new reality doesn't mean compromising your principals or giving in or giving up or even yielding the floor. It simply means that you're able to move on. Resistance is not futile. Cancer is not "The Borg." Moreover, assimilating this terrible fact into your head and heart and not obsessing about it opens up your life to more potentially fulfilling and rewarding experiences that might actually enable you to survive and maybe even thrive. Otherwise, as the doctor in Miles City, Montana Territory (at the time) said to Augustus McCray in part IV of "Lonesome Dove" after Gus refused to let him amputate his remaining infected leg - which would ultimately lead to his death: "I assure you, sir, the alternative is gloomy." But Gus wasn't gloomy. He was thoughtful and self-effacing. He explained his refusal for not allowing a second amputation: "I like to kick a pig every once in a while. How would I do that?"

Well, as much as possible, even though I have been diagnosed with a "terminal" form of cancer: stage IV, non-small cell lung cancer, I am not going to be a negative Nellie or a dismal Jimmy. I'm going to try and remain an upbeat Kenny. Certainly I'm not thrilled about my circumstances and I do have my moments when I'm not great company. Still, making fun of an incredibly heavy burden is the only way I know how to lighten the load. And lightening the load is my path of least resistance. It's not futile at all. It's who I am. It's what I do. Now if the cancer will just continue to cooperate, we can all live forward and have a few laughs.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

BULLETIN BOARD

From Page 7

To have community events listed in the Connection, send to north@connectionnewspapers.com. The deadline for submissions is the Friday prior to

TUESDAY/JUNE 23

Container Gardening. 4 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn how to use containers for effective and decorative gardening. http://www.fairfaxcounty.gov/ library/branches/ok/.

English Conversation One-On-One. 1:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Non-native speakers can drop by and practice English with a library volunteer. Call 703-242-4020 for appointments. http:// www.fairfaxcounty.gov/library/branches/ok/.

WEDNESDAY/JUNE 24

Babies & Books Story Time. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Come in for stories, songs and activities. Ages birth-2 years with adult. /

www.fairfaxcounty.gov/library/branches/gf/. **ESL Conversation Group**. 2 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Practice English in a casual conversation group. Adults. http://www.fairfaxcounty.gov/library/branches/gf/.

MONDAY/JUNE 29

Effective English. 1 p.m. Dolley Madison Library, 1244 Oak Ridge Avenue, McLean. Get expert help with speaking conversing, reading and writing, and listening and

comprehending. http:// www.fairfaxcounty.gov/library/branches/dm **Spanish Chat**. 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Come and converse in Spanish with native speakers. www.fairfaxcounty.gov/library/branches/gf/.

ONGOING

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free twelve step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

Vienna Toastmasters. 2nd and 4th Wednesdays at 7:30 p.m., at the Vienna Community Center on the 2nd floor room opposite the elevator, 120 Cherry St., S.E., Vienna. A friendly place to get comfortable with public speaking and impromptu speaking for new and experienced speakers. Open to

Run With the Doctor. Every other Saturday at 7 a.m. 8230 Boone Blvd, Tysons Corner. The Center for Orthopedics and Sports Medicine offers its services in a convenient format to runners at this running event. Free facebook.com/runwiththedoctor.

Senior Fall Prevention Classes. 1:30-2:30 p.m. and 2-3 p.m., The Woodlands Retirement Community, 4320 Forest Hill Drive, Fairfax. Classes are held in a heated indoor pool and are designed to work on balance and core muscles. \$10. 703-667-9800.

Coffee/Tea Poetry Group. Poets and poetry lovers seek to form a group to meet once a month at a local coffee/tea shop to enjoy each other's creations. 703-819-1690.

Virginia Sheriff's Institute Scholarship **Program.** Those enrolled in a Virginia college or university who are pursuing a degree in the field of criminal justice are eligible for the Virginia Sheriff's Institute Scholarship Program; recommendation letter needed. 703-246-3251, shfpio@fairfaxcounty.gov or http:// vasheriffsinstitute.org/scholarship/.

sect College Erron CED Too **Preparation**. Tysons Corner, Vienna. Free GED test preparation and credential completion program, GED Advantage, open to

the public. 1-888-201-6547. **Weekly TIPS Lunch**. 12:15-1:30 p.m., at Shula's, 8028 Leesburg Pike, Vienna. Tyson's Regional Chamber of Commerce does lunch. 703-862-4895.



Community Spirit • Community Events • Community Projects • Great Falls, Virginia

Celebrate Great Falls Foundation is bringing back the Fourth of July Fireworks at The Turner Farm Park. Gates open at 6 p.m.,

We need your support to bring the Fireworks back to Great Falls this year! Please consider being a part of this wonderful Great Falls tradition by making a donation, registering to be in our parade and volunteering to help out on the 4th!

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Great Falls Hometown 4th of July Fireworks (Convenient online payment through PayPal or credit card)

Your support allows us to make the Great Falls Fireworks an annual tradition. All sponsors enjoy a separate, private VIP viewing area. This premium area is perfect for a company, neighbor or family event! Sponsorships must be paid and the logo image file received (for Gold and Platinum only) by June 19th to receive full sponsorship benefits.

Family Donations

Whether it's \$30, \$50, \$100, or more, we appreciate your donation.



Bronze Sponsorship - \$500

- 2 VIP Vehicle Parking Passes
- 10 VIP Viewing Area Passes Recognition at the event
- Name listed in (2) Great Falls Connection full page advertisemen
- Mention on "Friends of the Fireworks" page on the Celebrate
- Great Falls website Tax deductible up to \$450

Limited Quantity Available! Silver Sponsorship - \$1000

- 4 VIP Vehicle Parking Passes
- 15 VIP Passes
- 15' x 15' Reserved Viewing Area 2' x 4' banner at the event
- Name listed in (2) Great Falls Connection full page advertisement Mention on "Friends of the Fireworks" page on the Celebrate
- Great Falls website Tax deductible up to \$900
- Limited Quantity Available!

Gold Sponsorship - \$1500

- 6 VIP Vehicle Parking Passes
- 20' x 20' Reserved Front Row Viewing Area $3' \times 6'$ banner at the event
- Logo placement in (2) Great Falls Connection full page
- Mention on "Friends of the Fireworks" page on the Celebrate Great Falls website
- Tax deductible up to \$1250 Limited Quantity Available:

Platinum Sponsorship - \$4500

- · 20 VIP Vehicle Parking Passes
- 50 VIP Passes
- 60' x 60' Reserved Viewing Area. Two 4' x 8' banners at event
- Logo placement in (2) Great Falls Connection full page advertisement
- Mention on "Friends of the Fireworks" page on the Celebrate
- Great Falls website

 Tax deductible up to \$4000
- Limited Quantity Available!





Volunteer Opportunities

Register to participate in the Parade

4th of July Hometown Celebration. Parade, and Fireworks

Go to our Website at WWW.CELEBRATEGREATFALLS.ORG for more information.



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21 Announcements 21 Announcements

PUBLIC NOTICE

PROPOSAL TO CLEANUP AT UNDERGROUND STORAGE

There has been a release from an underground storage tank

Mount Vernon #27434 1824 Wilson Blvd Arlington, Virginia 22209

The Department of Environmental Quality (DEQ) is requiring Mount Vernon Petroleum Realty, LLC to develop a Corrective Action Plan Addendum (CAPA) to modify remediation endpoints at the site. If you have questions regarding the cleanup, please contact:

1340 Charwood Road, Suite I Hanover, Maryland 21076 (443) 850-0404

The CAPA will be submitted to the Northern Regional Office of The CAPA will be submitted to the Northern Hegional Office of the DEQ on June 17, 2015. If you would like to review or discuss the proposed CAPA with the staff of the DEQ, please feel free to contact Joseph Glassman (Joseph.Glassman@deq.virginia.gov) at (703) 583-3808 after the date of the CAPA submittal. The DEQ Northern Regional Office will consider written comments regarding the CAPA until July 17,

2015. Written comments should be sent to the DEQ at the address listed below. The DEQ requests that all written comments reference the tracking number for this case; PC# 2009-3121.

Department of Environmental Quality Storage Tank Program 13901 Crown Court Woodbridge, Virginia 22193



703-778-9411

ZONE 6 AD DEADLINE: Monday Noon

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21 Announcements 21 Announcements

NOTICE OF SUBSTITUTE TRUSTEES

SALE OF PROPERTY OWNED BY HUNTER MILL WEST,

LOCATED AT 10736 SUNSET HILLS ROAD, VIENNA, VIRGINIA

SALE TO BE HELD AT THE FAIRFAX COUNTY CIRCUIT COURT

JUNE 18, 2015, AT 4:00 P.M.

In execution of a certain Credit Line Deed of Trust and Security In execution of a certain Credit Line Deed of Trust and Security Agreement dated November 19, 2008, and recorded November 20, 2008 in Deed Book 20183 at Page 0376 among the land records of Fairfax County, Virginia (the "Deed of Trust"), made by HUNTER MILL WEST, L.C., a Virginia limited liability company, now securing CATJEN LLC, a Virginia limited liability company (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustees, will offer for sale the property described below at public auction will offer for sale the property described below at public auction by the main entrance to the Fairfax County Circuit Court, located at 4110 Chain Bridge Rd, Fairfax, VA 22030 on June 18, 2015, beginning at 4:00 p.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is commonly known as 10736 Sunset Hills Road (Tax Identification Number: 0183-02-0004) located in Vienna, Fairfax County, Virginia, as more particularly described in the Deed of Trust, and all improvements, fixtures, easements and appurtenances thereto (the

TERMS OF SALE
ALL CASH. The Property will be offered for sale "AS IS,
WHERE IS" and will be conveyed by Substitute Trustees' Deed
(the "Substitute Trustees' Deed") subject to all encumbrances,
rights, reservations, rights of first refusal, conveyances, conditions, easements, restrictions, and all recorded and

unrecorded liens, if any, having priority over and being superior to the Deed of Trust, as they may lawfully affect the Property.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the Property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the Property shall be borne by the successful bidder from and after the date and time of the sale.

ful bidder from and after the date and time of the sale.

Obtaining possession of the Property shall be the sole responsibility of the successful bidder (the "Purchaser").

A bidder's deposit of \$150,000.00 (the "Deposit") by certified or cashier's check shall be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale.

The Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have against the Substitute Trustees, and/or the Beneficiary for any condition with respect to the Property that may not be in compliance with any federal, state or local law, regulation or ruling including, without limitation, any law, regulation and ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwithstanding such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Purchaser may have against any person in possession or

ty. Nothing herein shall release, waive or preciude any claims the Purchaser may have against any person in possession or control of the Property.

If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with

amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the Property is resold, such re-sale shall be at the risk and the cost of the defaulting bidder, and the defaulting bidder shall be liable for any deficiency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the Property all duties liabilities and obligations of the Substitute

Property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the Property so conveyed shall be extinguished, except as otherwise provided by applicable

Henry F. Brandenstein, Jr., Substitute Trustee Petrick W. Lincoln, Substitute Truster FOR INFORMATION CONTACT: Henry F. Brandenstein, Jr., Esq. Venable LLP 8010 Towers Crescent Drive, Suite 300 Tysons Corner, Virginia 22182 (703) 760-1600

21 Announcements

ABC LICENSE Intrepid Wines, LLC trading as Intrepid Wines 1621 23rd St South, Arlington, VA 22202. The above establishment is applying to the VIRGINIA DE-PARTMENT OF ALCOHOLIC

BEVERAGE CONTROL(ABC)
for a Wine Shipping (Wholesale) license to sell or manufacture alcoholic beverages. Charles W. Fowler III,
President

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

21 Announcements

applying to the VIRGINIA DE-PARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Mixed Beverage Caterer

legal notices. Objections should be registered at

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right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the sucessful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memorandum of sale. The balance of the purchase price shall be paid by the Purchaser. Settlement shall occur within thirty (30) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation. Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Tysons Corner, Virginia 22182 or other mutually agreed location. Purchaser shall also pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments, together with penalties and interest due thereon. The Purchaser shall also pay all settlement fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state grantor's tax and all state and county recordation fees, clerk's filing fees, congestion relief fees and transfer fees and taxes), auctioneer's fees and/or bid premiums, and reasonable attorneys' fees and disbursements incurred in the preparation of the deed of conveyance and other settlement documentation.

The Purchaser shall be required to sign an agreement at settlement waiving any cause of action Purchaser may have

21 Announcements 21 Announcements

Unleash your hidden superpowers



ABC LICENSE

Virginia Eats, LLC & CCRC
Tysons, LLC trading as America Eats Tavern, 1700 Tysons
Blvd Fl 4, Mclean, VA 22102.
The above establishment is license to sell or manufacture alcoholic beverages. Robert Wilder, Vice Chairman/Share-holder of Think Food Group

LLC (Managing Member of Virginia Eats, LLC) NOTE: Objections to the issu-ance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required www.abc.virginia.gov or 800-552-3200.

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who knows

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worst mistakes

that can be

made in his

subject and how

to avoid them.

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Heisenberg

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