


## WELCOME то тнE WORLD GAMES AND FAIRFAX COUNTY, WHERE FELLOW POLICE, FIREFICHTERS AND TEACHERS have a tarcet on thelr backs



As a public servant, you understand the commitment of fellow police, fire and teachers to goodwill, community involvement and education.

But here in Fairfax County, local politicians don't share our commitment. Every year it's a fight for funding. Politicians let special interest groups, like the Chamber of Commerce and the Restaurant Association, use us for target practice. It seems like every year, public safety and education are the only ones to take the hit.

When politicians place the burden on schools and public safety with underfunding and stagnant salaries, we all lose.

While you're here at the games, recognize Fairfax County public safety officials with a high-five. It might be the only support they get this year.

# WE DESERIE BETTER 

[^0]Fairfax County Federation of Teachers Teachers Care!


MPO Mike Nicholson (standing), Fairfax County's lead motor carrier inspector, and PFC Christina Gaizick inspect this vehicle together. It had nothing wrong with it, but was stopped for inspection because it was carrying hazardous materials.


Loudoun Sheriff's Deputy Bart Foster inspects this dump truck and trailer. The truck's two brakes in front and one in the rear were out of adjustment, so it was sidelined for repairs.

## Police Inspection Targets Commercial Trucks

M
otor Carrier Safety Officers recently conducted a com mercial-truck inspection at E.C. Lawrence Park in

Centreville.
Participating were police officers from Fairfax County and the Town of Herndon, Virginia State Police, the Loudoun and Spotsylvania

Driver Albert Fay, with Wine Trucking, waits to receive his vehicle's inspection results. He was hauling bricks from Manassas to a subdivision construction site in Ashburn.


Motor Carrier Safety Officer Shawn Regan (in cab) and PFC B.P.
Woehrlen (outside the cab) inspect a roll-off truck hauling construction debris. They checked its gauges, low-air warning devices and signals and discovered some of its brakes were out of adjustment.

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sheriff's offices, plus law-enforce- They checked items including ment officers from the City of Manassas, Metropolitan Washington Airports Authority and the DMV Police.
brakes, licenses, lights and steering to make sure they were in proper working order. Officers checked 103 trucks and is-
sued 153 citations for violations. Some 24 vehicles with serious safety infractions were taken out of service until repairs could be made.


Driver David Rinker, of JK Enterprises of Centreville, opens his tractortrailer's hood for inspection. He was hauling mulch, but it was falling out of the tailgate.


Just finished inspecting this tractor-trailer are (from left) PFC Chuck Reinhard with the Motor Squad and MPO Troy Knefel with the Franconia District Station. It was carrying cargo offloaded from a ship in Baltimore. The truck was fine, but two brakes on the trailer were malfunctioning.

## Roundups

## Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, July 16, from 5-8:30 p.m, at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140 to confirm dates and times.

## Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry needs donations of 1-2 pound bags of rice, canned fruit (all types), canned pastas, canned meats (tuna, ham, chicken), cold and hot cereals, spaghetti and sauces, peanut butter, canned vegetables (including spinach, collar greens, beets) and cooking oil.

Toiletries needed, which WFCM clients cannot purchase with food stamps, include facial tissues, toothpaste, shampoo and solid deodorant. Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John’s Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center. A volunteer stocker/bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcmva.org.

## Learn about Police Department

Throughout the year, the Fairfax County Police Department will host a series of lectures as part of its $75^{\text {th }}$ anniversary.

* July 23 - The Departments growth in relation to the county's development, 11 a.m. at the Criminal Justice Academy https:// www.eventbrite.com/e/the-departments-growth-in-relation-to-the-countys-development-tickets-15374059225
* Aug. 10 - SWAT - Tools, Tactics, and Technology, 11 a.m. at the West Springfield District community room https:// www.eventbrite.com/e/swat-tools-tactics-and-technology-tickets15374108372
* Sept. 16 - Helicopter Division, 10 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/fcpd-helicopter-di-vision-tickets-15374129435
* Oct. 2 - Early days of Diversity, 11 a.m. at the Massey Building A Level conference room https://www.eventbrite.com/e/early-days-of-diversity-tickets-15374156516
* Nov. 4 - Criminal Justice Academy, 11 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/criminal-justice-academy-tickets-15374248792
* Dec. 14 - Crisis Negotiations Team, 11 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/fcpd-crisis-nego-tiations-team-tickets-15374274870


## How to Hire CLRC Workers

The Centreville Labor Resource Center (CLRC) serves businesses and homeowners needing help with just about any home remodeling or maintenance project. And local residents who'd like to hire a worker from the CLRC may do so easily. Either call 703-543-6272 or go to www.centrevilleLRC.org and click on the "How to Hire" link. Tell what kind of work is required, how many workers are needed and when.
The CLRC will match the needs to its registered workers' skills and set up the job. The price for work will be negotiated. After the job is completed, employers are encouraged to provide the CLRC with feedback to ensure that the work was done well and to their satisfaction and to make sure the workers are fairly paid.

## Meals on Wheels Volunteers

Fairfax County needs Meals on Wheels drivers in Chantilly and group Meals on Wheels coordinators in both Chantilly and Fairfax. Contact Volunteer Solutions at 703-324-5406, TTY 711, VolunteerSolutions@fairfaxcounty.gov or visit www.fairfaxcounty.gov/dfs/olderadultservices/volunteersolutions.htm.


Groups both for and against proposed changes to health and Family Life Education curricula took turns standing and cheering while their viewpoint was represented during citizen participation at the school board meeting.

## Parents Question Curriculm Change

## School Board approves recommendations on health education from advisers, with amendments.

By Tim Peterson The Connection

Though it was the second packed house in as many months, it may be early yet to call crowded Fairfax County School Board meetings a trend. On May 7, parents, community members and a handful of students came out to Luther Jackson Middle School in Merrifield as the board approved adding "gender identity" to the school system's nondiscrimination policy. No one disputed the need for protection from bullying or fostering a positive, healthy and safe learning environment for all. But many who spoke that night were critical of the process. There was confusion as to what the effects of the policy change would be, and anger that engagement with the public ahead of time was lacking.
At the board's regular meeting on June 25, the first and foremost action item was voting on recommended changes to the Family Life Education and health education curricula for grades Kindergarten through 10. The changes were proposed by the Family Life Education Curriculum Advisory Committee, an ad hoc group set up, according to the School Board, to align the school system's lessons with Virginia Department of Education health standards and evaluate new standards for opt-out-optional Family Life Education.

CHANGES included adding gender identity and sexual orientation to Family Life Education, beginning in seventh grade, as well as moving a portion of the curriculum from Family Life Education to students' health courses. Parents may opt their students out of any Family Life Education class, while the health lessons are mandatory for all students.
The committee briefed School Board members on its initial proposed changes at a work session on May


Student Bennett Shoop addresses the Fairfax School Board at its June 25 meeting in support of the Family Life Education proposed changes, saying, "Knowledge can become acceptance too."

25 agenda notes) 435 were opinstruction and references to gender-fluidity," while 54 supported "inclusion of sexual orientation and gender identity instruction.'
The petition called for the board to:

1. Prevent the removal of family-centered lessons from parent oversight and opt-out.
2. Provide comprehensive cross-references to Virginia health standards of learning for certain [Family Life Education] lessons proposed to be transferred to "health education."
3. Refrain from approving the teaching of [Lesbian-Gay-Bisexual-Transgender] topics in [Family Life Education] (while acknowledging the importance of teaching respect for all people)
In response to the comments and prior to the June 25 meeting, several changes were made to the recommendations, including:

* Grade 8 - Removed - "The concept that sexuality is a broader spectrum will be introduced."
* Grade 10 - Removed - "Emphasis will be placed on an understanding that there is a broader, boundless and fluid spectrum of sexuality that is developed throughout a lifetime."
But for the majority of citizens in attendance at See Health Curriculum, Page 7

11; the recommendations came up as business at the board's May 21 meeting with June 25 scheduled as the voting date.
Between May 21 and June 19, the recommendations were put online for community review. During that period, the School Board reports, staff received 561 emails, plus a petition signed by 116. It amounted to 225 pages of citizen comments, all of which can be viewed and read through the School Board's agenda notes for the June 25 meeting.
Among the breakdown of responses (also posted in the June 25 agenda notes) 435 were op-


## Angel Fund Receives $\$ 10,000$

During the June 13 Remembrance Cabaret for Westfield High grad/Virginia Tech victim Reema Samaha, New York Life presented a \$10,000 grant to Angel Fund. The nonprofit supports Actively Caring 4 People, a positive-reinforcement program in local schools. Hoping to prevent suicide, depression, anxiety and substance abuse, AC4P's goal is to foster an environment where young people feel respected, self-confident and tolerant towards others.

David Love, of Centreville's Sully Station community, works for New York Life and initiated the grant because he knew and cared about Reema and her family and saw the impact her death had on the lo-
cal community. And he and his wife, Debbie, strongly believe in and support Angel Fund's mission of educating and advocating for youth mental health and student safety on college campuses.
Angel Fund President Lu Ann McNabb received the check, along with Shane McCarty. He's currently pursuing his Ph.D. at Virginia Tech after obtaining his undergraduate and master's degrees there and co-founding AC4P. He's now starting a new nonprofit, the Cor Foundation, which will absorb AC4P's work in Fairfax County schools under that umbrella. He and his team from Virginia Tech coach students at Woodson and Centreville high schools, and the grant will enable them to implement their program.

## Bulletin Board

## EFFECTIVE WEDNESDAY/JULY 1

Park Photography Permit
Changes. Green Spring Gardens, Colvin Run Mill, Sully Historic Site and Ellanor C. Lawrence Parks. On July 1, 2015 all commercial photographers conducting business in FCPA at park properties must have an annual Photographer's Permit. The $\$ 25$ permit can be purchased online by credit card. Visit http:// www.fairfaxcounty.gov/parks/press/ photography-permit.htm

## THURSDAY/JULY 2

EBook Help. 5 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703-502-3883 to reserve a spot.

## SATURDAY/JULY 4

Free Taxi Rides. 10 p.m.-4 a.m. Free cab rides will be offered to patrons throughout Fairfax County. During this six-hour period, area residents celebrating with alcohol may call the toll-free SoberRide phone numb 800-200-TAXI (8294) and be afforded a safe way home. Must be 21 or older to call a SoberRide. Visit MONDAY/JULY 13
"Ask an Agent." 7-9 p.m. at Gunnell www.ConnectionNewspapers.com

House at Truro Church, 10520 Main St., Fairfax. Capital Christian Writer will host literary agent Tamela Hancock Murray of the Steve Laube Agency. Murray will discuss the latest market trends, share tips, and answe questions for aspiring writers. Free. Visit www.capitalchristianwriters.org

## SATURDAY/JULY 18

Teen Advisory Board. 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. A meeting of the Chantilly Regional Teen Advisory Board. For students in grades 7-12. Free. Call 703-502-3883 to reserve a spot.
EBook Help. 2 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703-502-3883 to reserve a spot.

## MONDAY/JULY 27

Parenting Workshop with Dr. Rene. 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Dr Rene Hackney offers a learning workshop on "Reading Aloud With Children." Free. Call 703-502-3883 to reserve a spot.

## MONDAY-THURSDAY/JULY 27-30

Vacation Bible School. 12:30-3:30 p.m. at Jubilee Christian Center of Fairfax, 4650 Shirley Gate Rd., Fairfax. \$10, which includes a T Fairfax. $\$ 10$, which includes a it
shirt. Call 703-383-1170 or visit www.jccag.org to register.

## WEDNESDAY/JULY 29

EBook Help. 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader. Free. Call 703 502-3883 for questions and to
reserve a spot.
MONDAY-THURSDAY/AUG. 10-13 Vacation Bible School. 9:30 a.m.-12 p.m. at Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly. The presentation is titled "Unknown to us, known to Him." Call 703-6311799.

## ELECTRONICS RECYCLING

Residents Can "E-cycle" at the I-66 transfer station. It is free but
residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.- 4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/ recycling/electric-sunday.htm for more.

## DONATIONS

The student Auto Sales Program operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to work on.
Some refurbished vehicles are sold, with 75 percent of the proceeds going back to the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax Contact Lyman Rose at 703-802-5588 Contact Lyman Rose or by e-mail lyman.rose@fcps.edu fo
ell Phones for Soldiers is accepting donations of old cellphones so tha
troops can call home. Patrons may drop off donations Centreville Square, Centreville


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COMNECTION
Chantilly Connection * July l-7 2015 \& 5

## Open Letter to Elected Officials and Candidates

## Spend some of your campaign dollars in newspapers.

Here at the Connection, our email boxes are filling up with messages from people running for office. It's not surprising, since in November, virtually every state and local office in the commonwealth is on the ballot.

It's a good predictor for what will happen next in brick and mortar mailboxes of voters around the region.

What do candidates want from local newspapers?

Candidates, many of them incumbents, want to be quoted. They would like a reporter to come to their campaign announcements, to their kickoffs, to their forums. Candidates would like us to cover and print their statements on a variety of interesting and important issues. They would like to have their photos appear on the print and web pages of our newspapers
And for the most part, we will. We will cover the issues, the campaigns, the opinions, the fundraising, the political record.

While competition in local races is limited, money is not.
Current campaigns are on track to top the money spent in 2011 State Senate races. In 2011, Virginia State Senate candidates spent more than $\$ 42.5$ million. They have already spent more than $\$ 20$ million in 2015.
In Virginia state house races, in 2013 (members of the Virginia House of Delegate, like U.S. Congress, run for reelection every two years) candidates spent $\$ 35.9$ million.

In an example of the money these races can
attract, here is an extreme example from two years ago. In the 2013 race for House of Delegates District 34, Barbara Comstock raised $\$ 1.4$ million, narrowly defeating Kathleen Murphy ( 50.64 percent to 49.21 percent) who raised nearly $\$ 700,000$. Comstock went on to win the U.S. House seat vacated by longtime Rep. Frank Wolf, and Murphy went on to win the District 34 seat in a special election.
Comstock to her credit spent more than \$5,000 (about one-third of one percent) on newspaper ads (most in Korean publications), but more than $\$ 87,000$ on mailers. More surprising in a race for Virginia House of Delegates was that Comstock spent more than $\$ 500,000$ on TV and radio ads.
Murphy spent $\$ 29,570$ on mailers, $\$ 950$ on newspaper advertising and $\$ 161,200$ on TV and radio ads. (SOURCE: VPAP.org)
In other contested House races in 2013, it was more common to see expenditures between $\$ 100,000$ and $\$ 300,000$ per candidate. Most candidates spent zero dollars in community newspapers. Nearly every candidate spent tens of thousands of dollars on filling up voters' mailboxes with glossy mailers.
Of course it makes sense for candidates to target individual voters by mailing directly to their homes.
But does it really make sense to do that to the exclusion of other methods of reaching voters? Consider that 91 percent of voters who contribute to campaigns read newspapers in print or online, according to an independent study in 2012.
The Connection will not be endorsing candidates in the November elections. We'll be covering the local races to the best of our ability no matter who spends money on advertising. Other local newspapers will also cover the races without regard to advertising dollars.

That's not why we do what we do.
But to put on my publisher's hat (and not my editor's hat) for a minute, if you have a big marketing budget, and you value coverage of local newspapers (not just ours), why wouldn't you spend a portion of that budget (any portion) supporting that platform? There is a cautionary tale in the recent and abrupt closure of the chain of local papers that served Montgomery and Prince George's counties in Maryland, as a recent and extreme example.

One California community in Los Angeles proposed legislation to let residents opt out of receiving election-related mail during a hotly contested mayoral election "where both campaigns and their supporters had flooded the mailboxes of registered voters with dozens of direct mail pieces," according to The Argonaut, a weekly newspaper there. Sound familiar?

But it's more than a charitable effort.
For the same reasons that the campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters.

According to an independent study during the last presidential campaign, cited by the National Newspaper Association: 86 percent of voters who cast ballots in the last local election read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; newspapers and their websites consistently outscore other media for being "reliable," "accurate" and "in-depth" about local civic and political issues; newspaper political advertising is the least "annoying" of any medium; 91 percent of voters who contribute to campaigns read newspapers in print or online.

- Mary Kimm

MKIMM@CONNECTIONNEWSPAPERS.COM

## Letters to the Editor

To the Editor:
As Fourth of July approaches, I wanted to share some important safety information.
Did you know sparklers cause more injuries to children under five than any other type of fireworks? If you or someone you know is planning on setting off fireworks, please visit http:/ /www.fairfaxcounty.gov/fr/prevention/ fmfireworks.htm\#permissible for firework safety information as well as a list of permissible fireworks. Please review the fireworks safety tips as tragedy can strike within seconds when fireworks are not properly and safely used.
If you plan on celebrating with alcohol on the Fourth of July, please consider using SoberRide's free cab ride home, up to a \$30 fare. SoberRide is offering free cab rides starting Saturday, July 4 at 10 p.m.. until Sunday, July 5 at 4 a.m. You must be 21 or older to use this service. Some restrictions apply, see www.soberride.com for more details or call WRAP at 703-893-0461.
As always, if I can be of assistance to you, please feel free to contact me.

PFC Tara Gerhard
Crime Prevention Specialist Sully District Station

4900 Stonecroft Blvd
703-814-7051

## Celebrating Marriage Equality

To the Editor:
Today, we rejoice in the decision of the U.S. Supreme Court upholding the federal right of same sex partners to legal marriage in the cases of Obergefell v. Hodges, Tanco v. Haslam, DeBoer v. Snyder, Bourke v. Beshear. We give thanks for the discernment shown by the Justices on this issue and their standing on the side of love. We give thanks that today, for the first time in our nation's history, the marriages of same sex couples will be legally permitted and legally recognized in all 50 states.
As people of faith, we stand together in the belief that all persons, regardless of sexual orientation and gender identity, deserve the civil and human rights recognizing their marriage covenant. We stand together in love and support for the Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) communities at this momentous time.
However, we must also acknowledge that the struggle for full rights under the law for LGBTQ
people is not over. While marriage is now legal for all, LGBTQ civil rights, property rights, and anti-discrimination protection especially for LGBT youth continue to be issues that deserve our attention and our prayers.
We remain together, a diverse community of people of faith, working for the continued progress towards full justice for the LGBTQ communities. And we will remain committed to stand together until our goal is achieved, witnessing each in our own way as we honor our belief that our creator made us in love and created us to love and to be loved.
Blessed be. Toda elohim. Namaste. Thanks be to God.
Amen.
Signatories: 47 Northern Virginia clergy and faith leaders including Rev. Jennifer Brooks, Unitarian Universalist Congregation of Fairfax, Oakton; Rev. Dr. Jerrold L. Foltz, Wellspring United Church of Christ, Centreville; Rev. Russell Heiland, Unity of Fairfax, Oakton; Rev. Laura Horton-Ludwig, Unitarian Universalist Congregation of Fairfax, Oakton; Rev. Scott McNeill, Bull Run Unitarian Universalists, Manassas; Rev. Dr. Danny Spears, MCC Northern Virginia, Fairfax; and Rev. Rob Vaughn, Herndon
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## Health Curriculum To More Closely Align with State

the June 25 meeting, clad in red for solidarity, that wasn't enough. Speakers before the board claimed many of the curriculum items coming out of Family Life Education and into health were not actually required as part of the state standards of learning. And the prospect of losing the opportunity to opt their children out of material not required by the state was infuriating for some.
"This vote is not about bullying or hatred," said Laura Hanford. "The real point is process ... that culminated in outright deceit." After the initial motion from board member Sandra Evans to approve the curriculum advisory committee's recommendations, members Patricia Reed and Elizabeth Schultz attempted a motion to postpone the vote until July. They cited a steady stream of clarifying information coming in from county staff answering numerous questions from the board, as well as the feedback from community members.
"To rush is not good public policy," said Reed, who added she was "receiving material as late as today."
Schultz questioned who gave the advisory committee its direction and was critical that none of the board members had served as a liaison.
Their motion to postpone was voted down $10-2$, which drew an outburst of cat-calls and derogatory comments from the audience.
Next board member Patricia Hynes introduced an amendment that appeared to be a compromise. It would direct Superintendent Dr. Karen Garza to "retain in Family Life Education any objectives that are not required by the 2015 VDOE Health Standards of Learning."
Hynes commented the board had made a "mistake" in attempting to move some of the Family Life Education to health curriculum that wasn't required by the state. But a large part of the audience was vocally upset there were no details presented as to which Family Life Education curriculum items this amendment would impact.
Schultz then offered a sub-motion: directing Garza and her team to further review the recommendations and how they align with state standards. This would also defer consideration of the changes for implemen-


Parents wearing "Respect Parents' Rights" and waving signs that read "Opt Out My Child" stand during citizen participation at the June 25 school board meeting.
tation in the 2016-2017 school year. Schultz again commented that the board's preparation for the vote was lacking.
Schultz's sub-motion was defeated. Then board vice chairman Ted Velkoff offered an amendment to Hynes' original amendment that enumerated the 15 items originally from Family Life Education that would be returned. This would "make sure parents have the opportunity to opt out," Velkoff said. Twelve were not required by the state to be in the health standards and three were in response to the petition.
The list of numbers without corresponding policy descriptions drew more noise from the heavily anti-recommendations crowd.

ACCORDING TO AGENDA posted by Fairfax County Public Schools, those curriculum items that were part of Family Life Education, had been recommended to move to health and would be moved back under Velkoff and Hynes' amendments are as follows (the K or number refers to grade level):

* K. 1 Student will recognize that everyone is a member of a family and identify members of their individual families
* K. 2 Students will identify positive ways in which family members and friends show love, affection, respect, and appreciation for each other.
* 1.1 Students will describe a community as people living and working together and will understand that family members make up a community.
* 1.2 Students will identify responsibilities of different family members.
* 3.1 Students will identify positive personal characteristics and attributes.
* 4.3 Students will identify the need to assume greater responsibility for self as an individual, as well as responsibility within family, peer groups, and larger community.
* 4.7 Students will recognize the values and challenges of friendship.
* 5.2 The student will identify roles, duties, and responsibilities of family members
* 7.2 The student will explore changes in peer relationships during adolescence.
* 7.3 The student will describe how adolescent development affects family relationships and practice effective strategies for communicating with family members.
* 8.2 The student will practice applying the decision-making process to situations related to adolescent development.
* 8.7 The student will identify family and personal expectations of dating relationships and investigate the influence of mass media messages on dating and sexual behavior.
8.8 The student will demonstrate strat-


School Board members Sandra Evans representing Mason District (left) and Elizabeth Schultz representing Springfield District (right) discuss changes to health and family life education curricula at the board's June 25 meeting.


## Be Part of The

Pet Connection in July
Send Your Photos \& Stories Now to editorscoonnectionnewspapers.com or complete our online form at connectionnewspapers.com/pets Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 15.

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## Community

## Fairfax County Summer Food Program



Many students who receive free meals during the school year need assis tance in the summer. Fairfax County Public Schools will participate in the U.S. Department of Agriculture's (USDA) summer food
service program for children, a program established to ensure that students who qualify for free and reduced-price meals during the school year continue to receive nutritious meals when school is not in session. Free meals that meet federal nutrition guidelines will be provided to
children at approved sites throughout Fairfax County

Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for every child regardless of race, color, national origin,
sex, religion, age, disability, political beliefs, sexual orientation, gender identity, or marital or family status, and there will be no discrimination in the course of the meal service. Meals may be provided, pending qualification, at the sites and times listed as follows:

## Wellbeing

## Ensuring a Safe Fourth of July

## From swimming to fireworks, safety precautions for a festive Independence Day.

It was a near accident at camp last summer that sparked action by one parent. Elementary school-aged campers splashed in the pool. Everyone was having fun. Then tragedy almost struck.

Jackie Wheeler says one second her 7-year-old son was frolicking on top of the water and the next he was bobbing just below the surface, gasping for air. "One of the counselors took his eyes off of Noah for one second, and he started to struggle," said Lee. "Ultimately, the lifeguard had to jump in and save him."
Wheeler didn't witness the incident, but its recounting was difficult for her to hear. That brush with danger became a defining moment for her family. She enrolled her son, who is now 8, and her daughter Ava, who is 4 , in private swimming lessons at the YMCA in Bethesda, Md.
"I want them to be safe around the water, and I want them to be able to save themselves or someone else if necessary," said Wheeler.
She's not the only one thinking about safety. As Independence Day approaches and time spent at the pool, outside in sweltering temperatures and at fireworks shows increases, public health and safety officials are working to raise awareness about potential hazards.

## WATER SAFETY

Ensuring that children learn to swim and keeping a close watch on them at the pool or beach are two ways that officials encourage water safety.
Parents and caregivers should also be mindful of recreational water illnesses, which are caused by swallowing or coming in contact with contaminated water in swimming pools and other bodies of water. Help reduce the risk of recreational water illnesses by showering with soap and water before entering a pool, taking frequent bathroom breaks and conducting regular diaper checks followed by washing hands with soap and water, say local health officials.

## HEAT SAFETY

Sunburn is another health concern when swimming outdoors.
"Protect your skin and eyes from the sun's damag-

## Details

Local Fireworks Laws and Safety Information

* Arlington: http://fire.arlingtonva.us/fire-code-information/ fireworks/
* Alexandria: http://alexandriava.gov/fire/info/ news firedisplay.aspx?id=62314
* Fairfax County: www.fairfaxcounty.gov/fr/prevention/ fmfireworks.htm
* Montgomery County: www.montgomerycountymd.gov/ mcfrs-info/tips/citizens/fireworks.html

Heat and Car Safety

* www.safercar.gov/parents/index.htm

Water Health and Safety

* www.redcross.org/prepare/disaster/water-safety
* Arlington: http://health.arlingtonva.us/environmental health/recreational-water-illness-rwi/
* Alexandria: http://alexandriava.gov/AquaticHealth

Fairfax County: www.fairfaxcounty.gov/hd/eh/pools/pool safety.htm

* Montgomery County: www.montgomerycountymd.gov/ mcfrs-info/tips/citizens/pool.html


Fireworks are sold at a local stand at Lee Highway and N. Harrison Street in Arlington. Fireworks are synonymous with July 4th celebrations, but creating a fireworks display at home is illegal in some local jurisdictions.
ing rays [by] wearing protective clothing and sunglasses," said Kenya Fluellen, associate professor of nursing at Northern Virginia Community College in Alexandria, Virginia. "Always use sunscreen with a minimum SPF of 30 ."
Heatstroke is the number two killer of children after car crashes, and Fairfax County has joined with the National Highway Traffic Safety Administration to remind parents and caregivers about the dangers of leaving children unattended in a car, particularly during the summer, which can lead to heatstroke and even death.
"You should never leave a child alone in the car, and that is certainly true in the summer when the temperatures are on the rise and cars get hot very quickly," said John Silcox, public safety information officer, Fairfax County Health Department.
Fairfax County officials say there were 30 heatstroke deaths of children left in vehicles in 2014. Most parents simply forgot their children were with them. "Put something in the back of your car, such as a bag or a cell phone, so you'd be certain to check before leaving the car," said Silcox.

## FIREWORKS SAFETY

While fireworks are synonymous with July 4th celebrations, creating a fireworks display at home is illegal in some local jurisdictions. In both Alexandria and Montgomery County, Md., for example, all fireworks are illegal to possess or discharge, including gold label sparklers. In Fairfax County, any firework that explodes, emits a flame, sparks higher than 12 feet, or performs as a projectile is prohibited. Arlington County has similar prohibitions.
"We always remind people that the best and safest way to enjoy July 4th is to go to a professional show and let the professionals handle it and just enjoy the show," said Lieutenant Sarah-Maria Marchegiani, spokeswoman for the Arlington County Fire Department. "Some people don't know that sparklers are dangerous for kids. They burn hot enough to cause third degree burns. We recommend that adults be the only ones to ignite fireworks."
If you do want to put on your own backyard Independence Day illumination show, check local regulations, allow fireworks to cool completely and douse them with water before discarding them, advises Marchegiani.


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## Quality of Life

By KENNETH B. LOURIE

Throughout my nearly six and a half years of cancer treatment, starting at the initial Team Lourie meeting on February 27, 2009, when my oncologist suggested I take that vacation I've always dreamed of (to which exclaimed "WHAT!?"), my quality of life has always been important to him. Whenever there has been a treatment blip on my radar, and changes had to be considered/made to my protocol, my oncologist has regularly asked if I wanted to continue treatment, take a break from treatment or stop it altogether and enjoy, if possible, whatever above-ave age good health I was experiencing while could, because I might not experience it again and if I did, it might not last too long Ergo my quality of life. Diagnosis-to-date however, I have always opted to continue damn the torpedoes and infuse full speed. Oddly enough, continuing to infuse has worried me less than not infusing at all.
As I progress through year seven, I am wondering yet again about quality of life. Though we are not at any kind of crossroads - treatment or otherwise, and my lab work continues to indicate that my body is able to tolerate my every-three-week infusions of Alimta, I do have my less-than-stellar moments. This is particularly so for the seven to ten days immediately following my infusion. It is during this time when a certain predictable side effect occurs, having first manifested itself about six months ago, to make me less pleasant than I'd prefer to be What happens is I don't eat, not too much anyway. Because I can't. Because I won't. Because something somewhere - internally, psychologically, physically - is preventing me from doing so. In general, the whole idea of eating is a total turn off. And given my nature/proclivities, I need it to be a turn on. As a result, I'm always hungry. And then I get tired from not eating (no energy). Then I take a nap. Then at bedtime, I'm unable to fall asleep because I've slept some already Eventually, I do get some sleep, but I end up having a restless, interrupted, short, REM-less sleep and wake up tired the next day when the routine starts all over again; except now I'm tired to begin the day and don't have any interest in breakfast, so I get no boost to start. The marijuana pills I wrote about don't help. Consequently, I seem to be stuck in this cycle of depressing miserableness (is there any other kind?). Not gaining any pleasure from one of the staples of my exis tence is an extremely discouraging set of cir cumstances and is making Kenny a very dull boy, or at least duller than I usually am

But, and it's a HUGE but, the treatment is so-far-so-good, working; the tumors have not grown or moved - and I'm alive and reasonably well.

Still, one week of every three, I'm not a happy camper (and if I were actually camping - out of doors - I'd be even less happy, since I don't camp). The question becomes, sort of: is camping all that important (euphemistically speaking)? Obviously, to me, liv ing hungry is more important than dying satiated. But I don't like being depressed and miserable one third of my time. That is an in-e-quality of life with which I'm not particularly pleased. Life goes on though, and for that, I'm over-the-top grateful - and amazingly, maybe even randomly, lucky. just wish I could savor my next meal as much as I savor my survival. As my Auntie Irene used to say: "This too shall pass," until two weeks from now, that is.

Kenny Lourie is an Advertising Representative for
he Potomac Almanac \& The Connection Newspaper

Zone 4:


## Schools


$\overline{\overline{21} \text { Announcements }} \mathbf{2 1 \text { Announcements }} \mathbf{2 1 \text { Announcements }}$

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NEWSPAPERS

## Local Seniors Named Apple Scholars

Craduating seniors Stephanie Dugan of Chantilly High School and Jose Orellana Martinez of Mountain View High School were honored as Apple Scholars by the Apple Federal Credit Union. Each student received a $\$ 4,000$ scholarship at a gala breakfast celebration on May 28. Scholarships totaling $\$ 132,000$ were awarded by Apple FCU to a total of 33 high school seniors from across northern Virginia.
The scholarships are awarded to students who demonstrated a commitment to helping their school and/or community. This year's 33 "Apple Scholars" were selected

## School Notes

Email
announcements
chantilly@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Clare Gartlan, newspaper adviser at Chantilly High School, won the Douglas S. Freeman Award from the Virginia Association of Journalism Teachers and Advisers in recognition of contributions to the Commonwealth's publications and to enhancing the journalism education of Virginia students and advisers

Reagan Ale of Chantilly High School won first prize in the Editing category of the Virginia Association of Journalism Teachers and Advisers' write-off competition.

Tina Nguyen and Madalyn Donnelly of Chantilly High School won first and second prize, respectively, in the Feature Writing category of the Virginia Association of Journalism Teachers and Advisers' write-off competition.

Chae Wohn of Chantilly High School won first prize in the Newspaper Design category of the Virprize in As Newspaper Design category of the Vir-
ginia Asson of Journalism Teachers and ginia Association of Journalis
Advisers' write-off competition.

Timothy Ostlund and Jeremy Carlin have been named to the dean's list at Susquehanna University (Selinsgrove, Pa.) for the spring semester.

Merwice Baray, Danielle Early, Paran Ektare, Lucas Foley, Christopher Fraser, Christine Helms, Henry Hutchinson, Niti Jadhav, Katelyn Kukla, Shelby Lemmon, Bradley Mundt, Kyle O'Connor, Soraya Rahnama, Madelaine Stanley, Colby Streb, Austin Vassallo, Christina Wetzler, and Rachel Wu have received dean's list recognition at James Madison University (Harrisonburg, Va.) for the spring 2015 semester

Eric Michael Bankert has received a Doctor of Osteopathic Medicine degree from Lincoln Memorial University-DeBusk College of Osteopathic Medicine (Cumberland Gap, Tenn.).

Torrian Pace, graduated from Youngstown State University (Youngstown, Ohio). Pace received a Master of Science degree in criminal justice.

Daniel Biggar has received dean's list recognition at New River Community College (Dublin, Va.).

Katherine Ellinger has been named to the president's list at Youngstown State University president's list at Youngstown State University
(Youngstown, Ohio) for the spring 2015 semester. Ellinger is majoring in integrated social studies education.
Reagan Cerisano has graduated from Grove City College (Grove City, Pa.).

Connor Tabarrok earned honorable mention for the National Spanish Exam. Tabarrok is a junior at Randolph Macon Academy (Front Royal, Va.)

Wicitra Mahotama has received dean's list


Stephanie
Dugan


Jose Orellana Martinez
from over 300 applications that were reviewed by a committee of 30 judges from the Apple FCU membership community.

Nicholas Burroughs and Nicole Gertenbach have received dean's list recognition at Wake Forest University (Winston Salem, N.C.) for the spring 2015 semester

Israel Rodriguez has been named to the dean's list at Wilkes University (Wilkes-Barre, Pa.) for the spring 2015 semester.

Katherine Leigh Blumer has received dean's list recognition at James Madison University (Harrisonburg, Va.) for the spring 2015 semester.

The following Fairfax County Public Schools won team titles at Virginia Scholastics Chess Championships:

Greenbriar West Elementary School won second place in the K-3 team competition.

The Greenbriar West Elementary School K-5 team won the team championship; members of the team are Dommalapati, Andrew Wang, Prabhas Adivi, Austin Song, Aarav Bajaj, Karthik Bhargav, Vedanth Ramachandra, Shahzad Sohail, Ganesh Rayavarapu, Om Girase, Neha Konduru, Andy Chang, Michael Tress, Anay Bhat, Aditya Vasantharao, Angela Chen, Alice Cao-Dao, Kaavya Karthik and Samhita Vinay.

The team from Rocky Run Middle School won the team championship; team members are Ryan Xu, Vivian Cao-Dao, Neha Pattanaik, Diego Gutierrez, Vedant Balu, Rishabh Krishnan, Maggie Luo, Andrew Song, Pranav Karthik, Revanth Vejju, Elijah Kirtley, Suchet Sapre, Deepika Gunturu, Adityasai Koneru, Venkata Somesula and Jay Sharma.
Fairfax County Public Schools students won 39 first place awards in the 2015 SkillsUSA District five competition. Winning first place awards were: Javi Ramos Torres, Automotive Refinishing Technology
Matthew Ludden, Carpentry
Sean Dawson, Collision Repair
Annabelle Arthur, Annais Pena Santiago,
and Haley Jacobs, Cosmetology
Ashley Chacon Carrion, Yasmin Colato, francys Jimenez Portugal, and Avaija Owens, Entrepreneurship
Antonia Baker, Essay
Mira Perumbala and Alexi Reyes, Esthetics
Viriginia Little, Extemporaneous Speaking
Lauren Traversa, Food Prep Academy
Milagros Rodriguez Reategui, Virginia Little, and Karla Navarette, Job Interview

Chelsea Collins, Job Skill Demonstration
Sarah Ashwal, Nail Care Technology
Viriginia Little, Prepared Speech
Bonny Allu, Kelly Casper, Ju Hyuk Lee, Related Technical Math
Marylyn Paulino Yalta, State Pin Design and State T-Shirt Design

The following students have graduated from James Madison University (Harrisonburg, Va.): Samuel Acosta, John Sessoms, Melanie Vassallo, Adrian Tafesh, Rafael Ramos, Zachary Krukowski, Caleb Koluder, Jamal Umar, Jenny Yang, Kangmi He, Lisa Comerford and Meagan Carey.

## Entertainment

Email announcements to chantilly @connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## PET ADOPTIONS

Adopt a Cat or Dog. Fridays, 6:30 8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit ww.lostdogrescue.org for more Adopt a Dog. Saturdays, $12-3$ p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for more.
Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or dog.Visit aforeverhome.org for more.
Adopt a Dog. Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more

## THURSDAY/JULY 2

Jewish Culture Buddies Storytime. 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Stories an fun that relate to Jewish culture, traditions, and holidays. Free, for al ages. Call 703-502-3883.
Time for Tots. 11 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories and activities for those aged 2-3 with an adult. Free. Call 703-830-2223.

## FRIDAY/JULY 3

Ice Cream and Butter Making. 1-2 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Churn butter, crank ice cream and play
historic games. There is a $\$ 7$ fee Visit www.fairfaxcounty.gov.

## SUNDAY/JULY 5

"Celebrating Community." 11 a.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Brownie Girl Scouts are invited to earn the Legacy Citizenship Badge. There is an $\$ 8$ fee Visit www.fairfaxcounty.gov.

JULY 6-10 AND AUG. 17-21
Wilderness Survival Camp. 9 a.m.- 4 p.m. at Cub Run RECenter, 4630 Stonecroft Blvd., Chantilly. Campers will learn to read maps, catch critters, hike trails, fish, start a campfire, cook over a campfire, how to pitch a tent. $\$ 295$ for Fairfax County residents and $\$ 310$ for out-ofcounty participants. Call 703-8179407 or visit www.fairfaxcounty.gov/ parks/camps/rec-camps.htm

## MONDAY/JULY 6

Writers Workshop. 6:45 p.m. at the Chantilly Library, 4000 Stringfellow Road. Share writing, as well as give and receive feedback in a supportive setting. Free. Call 703-502-3883 to reserve a space.
TUESDAY/JULY 7
Thriving Three to Fives: Jungle Beat. 11 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories and activities for those aged $3-5$ with an adult. Free. Call 703-830-2223 with questions and to reserve a spot.
Teen Book Club. 4:30 p.m. at the Chantilly Library, 4000 Stringfellow

Road. Book discussion group for teens in grades 7-10. Free. Call 703 502-3883 with questions, to find out book tite, and to reserve a space
Robin and His Merry Band Performance. 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Musical story of Robin Hood. Ages 6-12. Free. Call 703-502-3883 to reserve a space

## WEDNESDAY/JULY 8

Magic Book Club. 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Magic, music, and fun with magician Brian Curry. Ages 6-12. Free. Call 703-830-2223 with questions and to reserve a spot.
Chantilly Book Discussion. 7:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Join other adults in a book discussion. Call to ask for title. Free. Call 703-502-3883 to reserve a space.

## THURSDAY/JULY 9

Silly Sleuths Day. 10 a.m.-12 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Learn history "and make a craft. The topic will be "Weather-Wise." There is a $\$ 10$ fee. Visit www.fairfaxcounty.gov.
Book Swap and Board Games. 5 p.m. at the Chantilly Library, 4000 Stringfellow Road. Swap out unwanted books and challenge others to a favorite board game. Light snacks provided. Rising grades $7-12$. Free. Call 703-502-3883 to reserve a space.
Civil War Lecture. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Lecture by
uthors and historians from the Mosby Panel. All ages. Free. Call 703 830-2223 with questions and to reserve a spot.

## FRIDAY/JULY 10

Sipping \& Painting. 6-8 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Drink wine and paint on a canvas to take home. Admission is $\$ 45$. Visit www.wineryatbullrun.com

FRIDAY-SUNDAY/JULY 10-12 Collectors' Showcase of America. 2-8 p.m. on Friday, 9 a.m.-5 p.m. on Saturday, and 10 a.m. -4 p.m. on Sunday at Dulles Expo \& Conference Center, 4320 Chantilly Shopping Center Drive, Chantilly. Find sports collectibles for show and for sale. A weekend pass is $\$ 15$, regular tickets are $\$ 8$ for adults and free for children 12 and under. Visit www.csashows.com for more.

## SATURDAY/JULY 11

Sheep Dog Detectives Puppet Show. 2:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Puppet show where Dudley Dog and friends solve crimes in a fun and fast paced manner. All ages. Free. Call 703-502-3883 to reserve a space.

SATURDAY-SUNDAY/JULY 11-12 World War II Living History. 10 a.m. -4 p.m. on Saturday and 10 a.m. 3 p.m. on Sunday at 3650 Historic Sully Way, Chantilly. Sully Historic Site hosts Allied and Axis reenactors

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for a weekend of demonstrations. Get a look at what life was like for soldiers and civilians throughout the war and talk to them about their jobs, living quarters, food and life in the 1940s. House tour included. This event is free for veterans and active duty military, $\$ 8$ for adults and $\$ 6$ for seniors and children. Visi www.fairfaxcounty.gov

MONDAY-FRIDAY/JULY 13-17 All-American Girl Living Dolls Camp. 9 a.m.- 12 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Children are invited to bring a doll friend and experience the life of an American girl growing up in the most interesting eras in history. They will practice the life skills girls needed in the past and relate them to the present. Attendees will find activities, costumes, crafts and themed games. The camp will cost \$190. Visit
www.fairfaxcounty.gov.

## MONDAY/JULY 13

Robin and His Merry Band. 2:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Musical story of Robin Hood. Ages 6 12. Free. Call 703-830-2223 with questions and to reserve a space. Fireflies Musical Yoga. 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Join Kira Willey for yoga, songs, and movement. Age 2-8 with adult. Free. Call 703-502-3883.

## WEDNESDAY/JULY 15

Bouncin' Babies. 3 p.m. at the Chantilly Library, 4000 Stringfellow Road. Rhymes, songs, stories, and other activities for 1 year olds and caregiver. Free. Call 703-502-3883. Small Wonders. 4 p.m. at the Chantilly Library, 4000 Stringfellow Road. Rhymes, songs, stories, and other activities for 2 year olds and caregiver. Build an early literacy foundation. Free. Call 703-502-3883

## THURSDAY/JULY 16

Hunger Games Kit. 2 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Make a Mockingjay necklace, armband/cuff keychain, arrow pillow and even a fiery cupcake with Shannyn Snyder Teens. Free. Call 703-830-2223.

## FRIDAY/JULY 17

Ice Cream and Butter Making. 1-2 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Churn butter, crank ice cream and play historic games. There is a $\$ 7$ fee Visit www.fairfaxcounty.gov.
Ready For School Storytime. 2 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get preschoolaged children ready to be on thei own with this early literacy storytime program. Call 703-502-3883

JULY 17-19 AND JULY 24-25
"Mary Poppins." 7:30 p.m. on July 17-18, July 24-25 and 2 p.m. July 19 and 25. at Westfield High School, 4700 Stonecroft Blvd.,Chantilly. Students perform the popular musical. \$12 in advance, \$15 at the door. Visit www.westfieldtheatreboosters.com

## SATURDAY/JULY 18

Uno, Dos, Tres Sing and Dance. 2:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Sing and move with music and dance with Andres Salguero. All ages. Free. Call 703-830-2223.

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