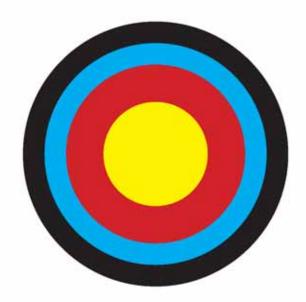




WELCOME TO THE WORLD GAMES AND FAIRFAX COUNTY, WHERE FELLOW POLICE, FIREFIGHTERS AND TEACHERS HAVE A TARGET ON THEIR BACKS



As a public servant, you understand the commitment of fellow police, fire and teachers to goodwill, community involvement and education.

But here in Fairfax County, local politicians don't share our commitment. Every year it's a fight for funding. Politicians let special interest groups, like the Chamber of Commerce and the Restaurant Association, use us for target practice. It seems like every year, public safety and education are the only ones to take the hit.

When politicians place the burden on schools and public safety with underfunding and stagnant salaries, we all lose.

While you're here at the games, recognize Fairfax County public safety officials with a high-five. It might be the only support they get this year.

WE DESERVE BETTER

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Fairfax County Federation of Teachers Teachers Care!



Weighing the Alternatives Residents mull proposed options to improve Old Lee Highway.

BY BONNIE HOBBS The Connection

ince Old Lee Highway is one of the main streets of the City of Fairfax, its citizens have a vested interest in how well it looks and functions. So they're being involved in its revitaliza-

Old Lee runs 1.5 miles from North Street to Fairfax Circle. About 13,000 vehicles a day travel on it, as do thousands of students of all ages. It has 21 local bus stops, and some parts have on-street parking. It's also the conduit to homes, schools, businesses, shopping, the police station, Sherwood Community Center and Van Dyke Park.

So to make it even better, the City applied for and received a grant for technical assistance to help determine how to do just that. And it's asking the residents' opinions to learn what they want there.

"This is what living in a small town is all about," said Mayor Scott Silverthorne to those attending a second, public-outreach meeting on the project, June 4, at the Sherwood Center. Thanking them for coming, he added, "There's a lot of interest in pedestrian- and bicycle-friendliness, plus landscaping and safety, and the [City] Council wants your feedback."

Also present were Council members David Meyer, Jeff Greenfield and Janice Miller, as well as City Transportation Director Wendy Block Sanford. "We're here tonight to show you the concepts we've developed," said Sanford. "About 150 people attended the first meeting [March 19] and gave comments; and those comments, plus the many emails and suggested designs we received afterward, informed the alternatives [now being presented]."

Brian McMahon with Parsons Brinckerhoff, a transportation planning and design firm, is the City's consultant on this project. And although it's a conceptual plan, Fairfax already applied for \$2 million in FY 2016 revenue-sharing funds to do the actual work the study will recommend. It'll also involve improved stormwater-management practices to retain water on site.

ONE OF THE OLDEST roads in the Commonwealth, Old Lee Highway has been around since before the Civil War. But it hasn't changed much since its neighborhoods were built. And now, the Council of Governments has awarded Fairfax a Great Street grant for the study. McMahon said such streets are "memorable, reflect the community and foster social interaction."

Currently, though, every few blocks of Old Lee have a different look and feel. So, without widening it, the City hopes to make it more cohesive. "The goals are to bring diverse users together, give precedence to bikers and pedestrians, and create an environment reflective of the City," said McMahon. "We also want to clearly delineate the edges [of the Old Lee Corridor] and have it exhibit special design features."

The study divided the street into three segments. Segment One is From North www.ConnectionNewspapers.com



City Councilman Jeff Greenfield and resident **Diane Henn** discuss bike lanes in the project area.



Рнотоѕ ву BONNIE HOBBS/ The Connection



Street to the Sherwood Center: Segment Two, from the Sherwood Center to Ridge Avenue; and Segment Three, from Ridge Avenue to Old Picket Road. Two alternatives were developed for each segment, plus a third alternative leaving things the way

Based on resident feedback, said McMahon, the concerns are pedestrian safety, speeding, U-turns by Artie's restaurant, conflicts between pedestrians and motorists, and traffic congestion during the start and end of the elementary-school day. They don't want any new traffic signals, but they do want on-street parking preserved, as well as separated bike paths, wider sidewalks and specific safety improvements.

Various residents have different points of view. For example, Diane Henn is a cyclist so she's interested in having bike lanes. For Matthew Eddy, safety in his community is paramount.

"I'm here to see any potential safety impacts on the families in Country Club Hills, both old and young," he said. "We want a balance between pedestrian and bicyclist safety, while retaining the character of the neighborhood and alleviating traffic concerns farther down the road."

Overall, said McMahon, pedestrian and bike comfort ranked as residents' top concerns. "Tonight we'll review the road's key elements, consider the alternatives, refine them and come up with a preferred alternative which we'll present to the community in July," he said. "Potential elements are landscaped medians for the commercial areas, bike lanes and low-impact development techniques."

EACH ALTERNATIVE contains a 10-footwide shared-use path throughout all three segments. Bike facilities - with alternatives for either a protected bike lane or a dedicated bike lane - are also shown as options in all segments. Protected bike lanes are buffered from vehicle traffic, dedicated bike lanes are not.

- * Protected bike lanes provide: Separation from motorists and pedestrians, the most rider comfort, a buffer strip for landscaping, space for burying power lines, pedestrian refuges for crossing the highway, and possible higher speeds for cyclists. The disadvantages are their additional cost because a wider street section would be needed, as well as transitions for on-street parking plus turning movements.
- ❖ Dedicated bike lanes offer: Separation from pedestrians, improved rider comfort and possible higher speeds for cyclists. The disadvantages are the lack of separation from motorists, plus the need for a wider street section and enforcement.
- Both landscaped and un-landscaped medians are options for Segments One and Three. They provide refuge for pedestrians crossing the highway, plus additional tree canopy. The disadvantages would be short block faces and left-turn pockets, plus a longer distance for pedestrians to cross.

"Segment Three is currently four lanes with lots of transitions," said McMahon. "Its Alternate One has four lanes, but a reduction in the width of the travel lanes." Alternate Two has two lanes and, said McMahon, "South of Old Pickett Road, two lanes would be fine, so there could be a larger setback and more separation from the on-street parking."

Further details and diagrams of each segment's proposed alternatives are at www.fairfaxva.gov/OldLeeHwy. Added Sanford: "Let us know which elements of each alternative you'd prefer to see."

Fairfax Connection & July 2-8, 2015 & 3

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/JULY 9

Person Centered Dementia Care.

3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. It's hard to keep individuals with dementia active and engaged; learn to gear activities to them to make your time together enjoyable. Call 703-204-4664 to RSVP or visit

InsightMCC.org for more information.

SATURDAY/JULY 11

Living Trust Plus Seminar: How to **Protect Your Assets from the** Expenses of Probate and Long Term Care. 10640 Main Street, Suite 200, Fairfax. Learn how to protect your assets and obtain valuable Medicaid and Veterans benefits to pay for long-term care.

WEDNESDAY/JULY 15

Are They Doing That On Purpose? **Understanding Behaviors.** 1:30 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Come and learn strategies for communication and dealing with difficult behaviors.

NEWS



Tawny Hammond will depart for Austin after leading the Fairfax County Animal Shel-

Leaving Fairfax with Something to Remember

Tawny Hammond led shelter to place 95 percent of animals in adoptive homes.

By Ken Moore THE CONNECTION

t some point in life, every person should hear gratitude the way the members of the Board of Supervisors expressed theirs to Tawny Hammond. "I'm all shaky and rubbery inside," said Hammond, who heard 15 minutes of appreciation Tuesday, June 23 from the Board of Supervisors.

"I believe every day is a gift. I've been given the gift of life and I believe we're supposed to make the world a better place," said Hammond, who is moving to Austin, Texas, and leaving her position as director of Fairfax County's animal shelter. "I think of the movie, 'It's a Wonderful Life.' I think I've had a wonderful life and I thank you very very much. This is quite an honor."

THE BOARD of Supervisors honored Hammond, the director of the animal shelter since 2012 and Supervisor Jeff McKay's 2014 Lady Fairfax, for 26 years of service to the county, to her neighborhood and to the people and animals of the Fairfax community.

"Tawny, more than anything, you have shown the impact that one person can have on the community," said Supervisor Pat Herrity.

"Tawny, for those who want to know what public

service is about, you exemplify the best," said Supervisor Gerald Hyland.

"Anytime we ran into something that looked impossible, Tawny was able to pull it off," said Chairman Sharon Bulova. "I used to say her title was, 'The Person Who Can Pull A Rabbit Out of a Hat."

"You leave us with a lot, you've given us a lot," said Supervisor Cathy Hudgins. "Tawny has been amazing every place that she's gone."

"When Tawny went home at night, she lived the community, she cared about every aspect of the community," said Supervisor Jeff McKay "There's only one Tawny Hammond in this world, and she's been amazing.'

U.S. Rep. Gerald Connolly came back from the Hill to return to the familiar Fairfax County Government Center auditorium.

"When I think of Tawny Hammond, my image is a big heart. Everything she threw herself into, she made a difference," Connolly said.

"Our community has benefitted from Tawny Hammond. She came here from Chicago with a sense of community and a sense of how to get things done. Not Chicago style, Fairfax style," he said. "She has immeasurably added to the quality of life for thousands of our fellow citizens.

"I wish we had an Ordinance that made it illegal for Tawny Hammond to even consider moving away," Connolly said. "Soon, I expect to be reading articles and thinking, 'How is Texas changing so fast?"

"Tawny, our hearts are broken. We are going to miss you," he said.

SEE HAMMOND, PAGE 5

PUBLIC RELEASE FOR FREE AND REDUCED PRICE MEALS

PHILLIPS PROGRAMS today announced its policy for free and reduced price meals for needy children under the National School Lunch and/or School Breakfast Programs. A copy of this policy is on file at the school and may be reviewed by any interested party.

Application forms are being sent to the homes of enrolled children with a letter to parents or guardians. To apply for free or reduced price meals, households should fill out the application and return it to the school. Only one application is needed for all children in the household. Additional copies are available at the office in the school.

The information provided on the application will be used for the purpose of determining eligibility and may be verified at any time during the school year by school or other program

For school officials to determine eligibility, households receiving SNAP benefits or Virginia Temporary Assistance for Needy Families (TANF) must list the child's name, their SNAP or TANF case number and the signature of an adult household member. Households not receive ing SNAP or TANF must provide the names of all household members: the amount, source. and frequency of income received by each household member (such as wages, child support, etc.); the last four digits of the social security number of the adult household member who signs the application or a statement that the household member does not possess one; and the signature of an adult household member certifying that the information provided is correct. Applications may be submitted at any time during the year as circumstances change.

Applications providing income information will be compared to the Income Eligibility Guidelines, included below, to determine eligibility.

No application is necessary if the household is notified by the school that all children have been directly certified for free meals (since they receive SNAP or TANF). If the household is not sure if their children have been directly certified, they should contact the school.

Under the provisions of the free and reduced price policy, the Senior Accountant will review applications and determine eligibility. If a parent or guardian is dissatisfied with the ruling of the official, he/she may wish to discuss the decision with the determining official on an informal basis. If the parent or guardian wishes to make a formal appeal of the decision, he/she may make a request for a hearing either orally or in writing to: Trixie Herbert, Chief Operating Officer, 7010 Braddock Road, Annandale, VA 22003.

Foster children and migrant, runaway, and homeless children are "categorically" eligible for free meals. If you are applying for one of these children, check the appropriate box on the

The children of parents or guardians who become unemployed may be eligible for free or reduced price meals. Participants in the Special Supplemental Nutrition Program for $\,$ Women, Infants and Children (WIC) may be eligible for free or reduced price meals.

For up to 30 operating days into the new school year, eligibility from the previous year will continue within the same school. When the carry-over period ends, unless the household is notified that their children are directly certified or the household submits an application that is approved, the children must pay full price for school meals and the school will not send a reminder or a notice of expired eligibility.

The information provided by the household is confidential and will be used only for purposes of determining eligibility and verifying data.

The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (PDF), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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News

Board Honors Tawny Hammond

From Page 4

Hammond helped Fairfax County become the largest jurisdiction in the United States with that found homes for 90 percent of animals, according to Board documents.

She increased the rate to 95 percent in 2014. She directed the renovation, construction and opening of the new animal shelter, helped double the amount of volunteer hours donated to the shelter, and helped more than 1,000 dogs receive new adoptive families in 2014.

Frey thanked her for the groundwork she paved for future efforts Fairfax County will make with the animal shelter.

Connolly discussed Hammond's efforts to make his family proud owners of shelter graduates.

"I know I have two," said Connolly. "My dog, a Bichon poodle mix, she came from the animal shelter. Abigail Adams," he said. "Then, I don't know how Tawny did it, but she persuaded my wife and daughter, without me, to visit the animal shelter where the largest cat you'll ever see lived.

"We adopted him," said Connolly. "His name is William Howard Taft."

Connolly listed numerous awards Hammond has been given by Fairfax County entities, including Lady Fairfax, Supervisor of the Year when she was with the Park Authority, Volunteer of the Year for the Lee District, Citizen of the Year, and awards for public service, compassion and numerous others.

HAMMOND also received the A. Heath Onthank Award from the Board on June 23. Under Hammond's leadership, the animal shelter was recognized by the Humane Society of America's President Wayne Pacelle for being in the top 1 percent of municipal shelters in the United States. "I know you'll say it's the team, all good leaders say it's the team, but great teams have great leaders and you clearly are one," said Herrity.

As Herrity predicted, Hammond delivered. "The only thing that I can really take credit for is finding good people, and getting out of people's way, not being insecure and being okay with not being the smartest person in the room but surrounding myself with really good people who do really good things."

"We will definitely miss you," said Herrity.



Help Us Build a Rescue Center for Dogs & Puppies in Need!

You're invited to A Forever Home Rescue Foundation's Summer Gala on July 10 at beautiful Raspberry Plain in Leesburg, Virginia! Spend a midsummer evening enjoying dinner, dancing, a silent auction, and a chance to win a diamond! Proceeds from the event will go to purchasing land and building a permanent rescue center!

Purchase tickets or sponsor today at www.aforeverhome.org

Be Part of The **Pet** Connection in July

Send Your Photos & Stories Now to

editors@connectionnewspapers.com

or complete our online form at connectionnewspapers.com/pets Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 15.



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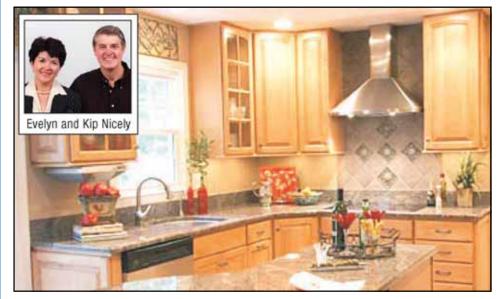
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OPINION

Open Letter to Elected Officials and Candidates

Spend some of your campaign dollars in newspapers.

ere at the Connection, our email boxes are filling up with messages from people running for office. It's not surprising, since in November, virtually every state and local office in the commonwealth is on the ballot.

It's a good predictor for what will happen next in brick and mortar mailboxes of voters around the region.

What do candidates want from local newspapers?

Candidates, many of them incumbents, want to be quoted. They would like a reporter to come to their cam-

paign announcements, to their kickoffs, to their forums. Candidates would like us to cover and print their statements on a variety of interesting and important issues. They would like to have their photos appear on the print and web pages of our newspapers

And for the most part, we will. We will cover the issues, the campaigns, the opinions, the fundraising, the political record.

While competition in local races is limited, money is not.

Current campaigns are on track to top the money spent in 2011 State Senate races. In 2011, Virginia State Senate candidates spent more than \$42.5 million. They have already spent more than \$20 million in 2015.

In Virginia state house races, in 2013 (members of the Virginia House of Delegate, like U.S. Congress, run for reelection every two years) candidates spent \$35.9 million.

In an example of the money these races can

years ago. In the 2013 race for House of Delegates District 34, Barbara Comstock raised \$1.4 million, narrowly defeating Kathleen Murphy (50.64 percent to 49.21 percent) who raised nearly \$700,000. Comstock went on to win the U.S. House seat vacated by longtime Rep. Frank Wolf, and Murphy went on to win the District 34 seat in a special election.

Comstock to her credit spent more than \$5,000 (about one-third of one percent) on newspaper ads (most in Korean publications), but more than \$87,000 on mailers. More surprising in a race for Virginia House of Delegates was that Comstock spent more than \$500,000 on TV and radio ads.

Murphy spent \$29,570 on mailers, \$950 on newspaper advertising and \$161,200 on TV and radio ads. (SOURCE: EDITORIAL

> In other contested House races in 2013, it was more common to see expenditures between \$100,000 and \$300,000 per candidate. Most candidates spent zero dollars in community newspapers. Nearly every candidate spent tens of thousands of dollars on filling up voters' mailboxes with glossy mailers.

> Of course it makes sense for candidates to target individual voters by mailing directly to their homes.

> But does it really make sense to do that to the exclusion of other methods of reaching voters? Consider that 91 percent of voters who contribute to campaigns read newspapers in print or online, according to an independent study in 2012.

The Connection will not be endorsing candidates in the November elections. We'll be covering the local races to the best of our ability no matter who spends money on advertising. Other local newspapers will also cover the races without regard to advertising dollars.

attract, here is an extreme example from two That's not why we do what we do.

But to put on my publisher's hat (and not my editor's hat) for a minute, if you have a big marketing budget, and you value coverage of local newspapers (not just ours), why wouldn't you spend a portion of that budget (any portion) supporting that platform? There is a cautionary tale in the recent and abrupt closure of the chain of local papers that served Montgomery and Prince George's counties in Maryland, as a recent and extreme example.

One California community in Los Angeles proposed legislation to let residents opt out of receiving election-related mail during a hotly contested mayoral election "where both campaigns and their supporters had flooded the mailboxes of registered voters with dozens of direct mail pieces," according to The Argonaut, a weekly newspaper there. Sound familiar?

But it's more than a charitable effort.

For the same reasons that the campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters.

According to an independent study during the last presidential campaign, cited by the National Newspaper Association: 86 percent of voters who cast ballots in the last local election read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; newspapers and their websites consistently outscore other media for being "reliable," "accurate" and "in-depth" about local civic and political issues; newspaper political advertising is the least "annoying" of any medium; 91 percent of voters who contribute to campaigns read newspapers in print or online.

Just a suggestion ...

MARY KIMM.

MKIMM@CONNECTIONNEWSPAPERS.COM

LETTERS TO THE EDITOR

Medicaid Expansion Benefits **Exceed State Costs**

To the Editor:

Chris J. Krisinger wrote the Editor raising doubts about costs for an expanded Medicaid program under the Affordable Care Act and charging that proponents of expansion do not explain how to pay for it ("How to Pay for Medicaid Expansion," June 25). Mr. Krisinger was responding to an article written by state Delegate Ken Plum ("Political Prospects for Medicaid Expansion," June 4).

Contrary to Mr. Krisinger's letter, Virginia state government has explained how the costs will be paid. Data released by the Department of Medicaid Services and independently calculated by analysts at PriceWaterhouseCoopers, estimate that Virginia will save \$1 billion in state taxpayer funds over eight years by expanding the program for low-income and disabled people.

The savings come largely from current state expenditures for indigent care, which is paid at a rate of 50 percent by the state and 50 percent by the federal government. Those savings do not even include the economic benefits of \$1.5 billion annually in added federal spending in Virginia if we expand Medicaid. Without Medicaid expansion, the federal share of these expenses is scheduled to be withdrawn under the Affordable Care Act, leaving the state with the options of (1) picking up the unfunded balance or (2) leaving it to public hospitals and clinics to pass along added costs to patients with insurance. Option 2 could raise health insurance premiums by approximately 10 percent according to estimates.

With Medicaid expansion, the

SEE SIMMONS, PAGE 7

Medicaid Expansion: The Inconvenient Facts

Delegate Ken Plum's Opinion article, "Political Prospects for Medicaid Expansion" (Connection, June 18-24, 2015) claims that "...facts support Medicaid expansion..." while actually the opposite is true. Numerous government and academic studies exist to show that expanding Medicaid will in the long run — be detrimental to the poor, to health clinics and hospitals and, most alarming, to the taxpayers and the economy of the Commonwealth.

The notion that Virginia will "miss out on...federal funding" by rejecting Medicaid expansion is delusional and myopic. The federal government simply doesn't have the funds it promises the states who would enact this provision of the "Affordable Care Act." Current spending by Washington adds \$3.3 billion a day to the pub-

lic debt, a catastrophic and unsustainable situation discussed in a new government report. Medicaid costs are projected to grow exponentially in the future meaning that states will have to find their own funds to sustain this entitlement program. Already Medicaid accounts for nearly 25 percent of expenditures in most states, including Virginia, and is a significant driver of state budget crises. The logical and factual conclusion is that states will be stuck with an increasingly burdensome entitlement program. In the end there will not be any funds "freed up" in Virginia "for crucial underfunded programs" as Del. Plum

Another fact, conveniently overlooked by Medicaid expansion supporters, is that Medicaid cov

SEE PIOTTER, PAGE 7

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LETTERS

Simmons

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federal government initially pays 100 percent of the costs and no less than 90 percent after 2021. In addition, thousands of new medical jobs would be created to care for these newly funded patients, including relatively well-paid doctors, physician assistants, nurses, and lab technicians, who would spend their salaries in local Virginia communities on homes, cars, groceries, and all the things families with decent incomes buy. And these families would pay state taxes into

Virginia's general fund, which exceed any expansion costs that would be borne by the state under the Affordable Care Act.

Over the next five years, Virginians will pay \$10 billion in new federal taxes under the Affordable Care Act to pay the federal share of Medicaid expansion even if our state chooses to sit on its hands. What a shame it would be for us to forfeit these dollars while nearby states of Maryland, Kentucky, and West Virginia, have all taken advantage of this program and bolstered their states' finances and health care. An estimated 250,000 to 400,000 Virginia residents would become eligible for

health care they cannot get now without lining up for periodic free clinics that serve a fraction of the needy, or becoming so sick they qualify for indigent emergency care.

The Department of Medicaid Services and PriceWaterhouseCoopers calculations are available online and have been available for nearly three years. It is time for the naysayers to stop disregarding the facts and support Medicaid expansion and the economic growth that it holds for our state.

Rex Simmons Fairfax Station

Call for Pet Connection Photos

The Pet Connection, a twice-yearly special edition, will publish on July 22, and photos and stories of your pets with you and your family should be submitted by July 15.

Our favorite pictures include both pets and humans. We welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, tales of the bonds between your family and your pet, plus drawings, paintings or other artwork of your pet by children or adults Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email to editors@connectionnewspapers.com or online at www.connectionnewspapers.com/pets. For advertising information, email sales@connectionnewspapers.com or call 703-778-9431.

Piotter

From Page 6

erage itself does not guarantee access to quality healthcare. Again, the opposite is true. Expanding Medicaid would add thousands of new enrollees in Virginia, yet fewer and fewer physicians are accepting Medicaid patients because of low reimbursement rates. These new enrollees would be challenged to get timely care, as they would compete with

current Medicaid enrollees already seeking treatment from a dwindling supply of providers.

A particularly disturbing fact is that Medicaid patients having major surgery in hospitals are more likely to die in the hospital than either uninsured patients or those with private insurance. Decades of research have proven that adults and children alike who receive care under Medicaid have higher mortality rates than pri-

vately insured patients.

Most troubling is the fact that Medicaid is a broken program rife with fraud and abuse. Advocating expansion of such a program defies reason and logic, and exhibits poor stewardship. Virginia and other states need to continue pressuring the federal government to have the flexibility to reform Medicaid and allow Medicaid patients to have access to private insurance in a consumer-driven market. Sev-

eral states are already doing this and are saving money while improving access to care.

These are but a few of numerous fact-based reasons to reject Medicaid expansion in Virginia, as the Republicans worked to do in the 2015 General Assembly. Virginians should be grateful not to be shackled to this failed program. Looking toward this year's General Assembly Election, let's put our support behind candidates who

champion reform and who seek to improve the quality and delivery of healthcare.

Producing better health outcomes while limiting spending of both federal and state taxpayer dollars would be the "sure winner" in Virginia. Voters who look beyond rhetoric — and examine the facts — will grasp what's at stake.

Nancy Piotter Fairfax Station



Get Back in the Swing of Things!

Latest Treatments in Back and Neck Pain

Thursday, July 23, 2015 6:30 p.m.

Springfield Country Club 8301 Old Keene Mill Road Springfield, VA 22152

If you suffer back and neck pain, you won't want to miss this beneficial and educational lecture.

This seminar is FREE and we ask that you register by visiting our Website at inova.org/asktheexpert or calling 1.855.My.Inova (694.6682).

Millions of people suffer debilitating neck and back pain. If you are one of the millions please don't miss this opportunity. A FREE community lecture, to discuss causes of neck and back pain and the latest treatment options, will be held in your area by one of Inova Mount Vernon Hospital's experienced orthopedic spinal surgeons, Dr. Corey Wallach. This is an opportunity for you to Ask The Expert any questions you may have.



Corey Wallach, MD, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.



WELLBEING

"We always remind people that the best and safest way to enjoy July 4th is to go to a professional show."

- Lieutenant Sarah-Maria Marchegiani, **Arlington County Fire Department.**

July 4th Safety

From swimming to fireworks, safety precautions for a festive Independence Day.

Ava and Noah Lee take private

swimming lessons in Bethesda,

Md. Safety officials encourage

dren learn to swim.

parents to make sure their chil-

Parents and caregivers should

also be mindful of recreational

water illnesses, which are caused

by swallowing or coming in con-

tact with contaminated water in

swimming pools and other bodies

recreational water illnesses by

showering with soap and water

quent bathroom breaks and con-

ducting regular diaper checks fol-

and water, say local health officials.

BY MARILYN CAMPBELL The Connection

t was a near accident at camp last summer that sparked action by one parent. Elementary school-aged campers splashed in the pool. Everyone was having fun. Then tragedy almost

Jackie Wheeler says one second her 7-year-old son was frolicking on top of the water and the next he was bobbing just below the surface, gasping for air.

"One of the counselors took his eyes off of Noah for one second, and he started to struggle," said Lee. "Ultimately, the lifeguard had to jump in and save him."

Wheeler didn't witness the incident, but its recounting was difficult for her to hear. That brush with danger became a defining moment for her family. She enrolled her son,

who is now 8, and her daughter Ava, who is 4, in private swimming lessons at the YMCA in Bethesda,

"I want them to be safe around the water, and I want them to be of water. Help reduce the risk of able to save themselves or someone else if necessary," said Wheeler.

She's not the only one thinking before entering a pool, taking freabout safety. As Independence Day approaches and time spent at the pool, outside in sweltering tem- lowed by washing hands with soap peratures and at fireworks shows increases, public health and safety officials are working to raise HEAT SAFETY awareness about potential hazards.

WATER SAFETY

swim and keeping a close watch on ing protective clothing and sunsaid Silcox. them at the pool or beach are two glasses," said Kenya Fluellen, asways that officials encourage wa- sociate professor of nursing at FIREWORKS SAFETY



PHOTO COURTESY OF ARLINGTON COUNTY FIRE DEPARTME

Fireworks are sold at a local stand at Lee Highway and N. Harrison Street in Arlington. Fireworks are synonymous with July 4th celebrations, but creating a fireworks display at home is illegal in some local jurisdictions.

Details

Local Fireworks Laws and Safety Information

Arlington: http://fire.arlingtonva.us/fire-code-information/fireworks/ Alexandria: http://alexandriava.gov/fire/info/

news_firedisplay.aspx?id=62314

Fairfax County: www.fairfaxcounty.gov/fr/prevention/fmfireworks.htm ♦ Montgomery County: www.montgomerycountymd.gov/mcfrs-info/tins/ citizens/fireworks.html

Heat and Car Safety www.safercar.gov/parents/index.htm

www.redcross.org/prepare/disaster/water-safety

Arlington: http://health.arlingtonva.us/environmental-health/recreational-

Alexandria: http://alexandriava.gov/AquaticHealth

* Fairfax County: www.fairfaxcounty.gov/hd/eh/pools/pool-safety.htm Montgomery County: www.montgomerycountymd.gov/mcfrs-info/tips/

citizens/pool.html

lege in Alexandria, Virginia. "Always use sunscreen with a minimum SPF of 30."

Heatstroke is the number crashes, and Fairfax County has joined with the National Highway Traffic Safety Administration to remind parents

and caregivers about the dangers of leaving children unattended in a car, particularly during the summer, which can lead to heatstroke and even death.

"You should never leave a child tainly true in the summer when the temperatures are on the rise and cars get hot very quickly," said John Silcox, public safety information officer, Fairfax County Health De-

Fairfax County officials say there were 30 heatstroke deaths of children left in vehicles in 2014. Most third degree burns. We recommend parents simply forgot their children that adults be the only ones to ig-Sunburn is another health con- were with them. "Put something in nite fireworks." cern when swimming outdoors. the back of your car, such as a bag

If you do want to put on your "Protect your skin and eyes from or a cell phone, so you'd be certain own backyard Independence Day Ensuring that children learn to the sun's damaging rays [by] wear- to check before leaving the car," illumination show, check local

Northern Virginia Community Col- While fireworks are synonymous vises Marchegiani.

with July 4th celebrations, creating a fireworks display at home is illegal in some local jurisdictions. In both Alexandria and Montgomtwo killer of children after car ery County, Md., for example, all fireworks are illegal to possess or discharge, including gold label sparklers. In Fairfax County, any firework that explodes, emits a flame, sparks higher than 12 feet, or performs as a projectile is prohibited. Arlington County has simi-'We always remind people that

the best and safest way to enjoy alone in the car, and that is cer- July 4th is to go to a professional show and let the professionals handle it and just enjoy the show," said Lieutenant Sarah-Maria Marchegiani, spokeswoman for the Arlington County Fire Department. "Some people don't know that sparklers are dangerous for kids. They burn hot enough to cause

> regulations, allow fireworks to cool completely and douse them with water before discarding them, ad-

ene Spivy, executive quality, hands-on STEM learndirector of the ing experiences. The Lab is fo-Children's Science cused on children aged 2 Center, announced that the through 12 and also offers sum-Children's Science Center Lab is mer camp, birthday parties, officially open at Fair Oaks Mall field trips and other group vis-(11948L Fair Oaks Mall, Fairfax — hours are 10 a.m. to 8 p.m. gap by providing a children's on Fridays and Saturdays dur- science museum in an area ing the summer, 10 a.m. to 6 where STEM disciplines are esp.m. all other days). The Lab is sential to the local economy in-Northern Virginia's first interac- cluding health care, environtive museum where children, ment, energy and national sefamilies and school groups can curity.

Executive Director Nene Spivy having fun at the

Center Lab Now Open

Children's Science

Center features hands-on

that promote learning.

explore science, technology, en-

engaging hands-on exhibits, ac-

"This facility offers children

the opportunity to have fun and

extend learning within a hands-

on, interactive museum setting,

unique in our region. After

many years of being a museum

make such experiences possible

children at our new Lab at Fair

Launching the Lab provides

an opportunity to grow aware-

ness of the importance of STEM,

engage large numbers of chil-

dren and families and increase

support for this innovative ap-

proach to learning. The Lab con-

cept was developed as a means

Oaks Mall," Spivy said.

tivities and programs.

exhibits, labs and challenges

The Lab has four experience gineering, and mathematics zones offering dynamic content (STEM) concepts through fun, to inspire all learners:

❖Experiment Bar: Order from a rotating menu of experiments that demonstrate the wonders

♦Inspiration Hub: Hands-on exhibits demonstrating realworld applications of STEM; future museum prototyping without walls, we are thrilled to zone

❖Tinker Shop: A space for every day and for many more making, creating, building based on open-ended engineering design challenges. ♦Discovery Zone: Hands on

> learning designed for budding scientists aged 5 and under. The Lab facility also includes a flex-space called the Garage,

for camps, classes, workshops, parties and more. Learn more

www.childsci.org.



Children



40% OFF 50-60% OFF ENTIRE Stock Garden Bricks & Stones Chemicals ON SALE 50% OFF Trees & Shrubs agged, Shredded Hardwood Leaf Mulch

Mulch \$2.99 (2 cu. ft. bags) \$1**9.**99 cu. yd.

Fairfax • Corner of Rt. 123 & Braddock • 703-273-71 SUMMER CINEMA CAME 10 A.M. Shows Monday—Friday All Seats \$2.00, 10 for \$15 or All 11 Movies for \$11 ...DIARY OF A WIMPY KID (PG) JULY 6-JULY 10. JULY 13-JULY 17. JULY 20-JULY 24.. .. ICE AGE: THE MELTDOWN (PG JULY 27-JULY 31. THE CROODS (PG) AUGUST 3—AUGUST 7...HORTON HEARS A WHO! (PG) Attendees will receive a coupon for a dollar (\$1.00) Off a cup of frozen yogurt from YOGURTINI FROZEN YOGUR



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News



Patriotic Fairfax Harley owners travel down Main Street in the 2014 parade.



The Northern Virginia Firefighters' Emerald Society Pipe Band.

Fireworks, Firefighters and Fun

Fairfax Fourth of July includes a parade and music, too.

By Bonnie Hobbs The Connection

ome one, come all, to the City of Fairfax's 49th annual Fourth of July celebration. The festivities include a gigantic parade, a Firefighters' Muster, live music and a spectacular fireworks display.

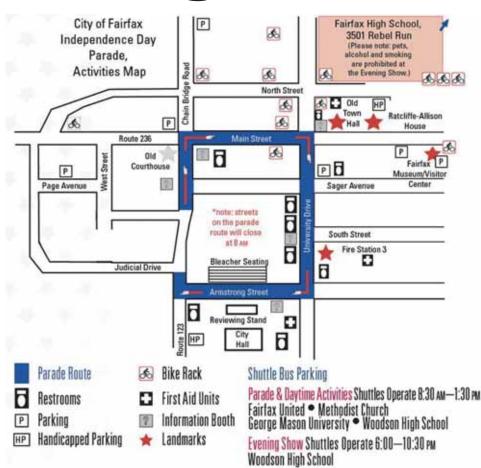
Thrilled that the World Police & Fire Games (WPFG) has come to Fairfax this summer, the Independence Day Celebration Committee chose as this year's theme, "Saluting Our First Responders." Riding on a float with the grand marshal, Uncle Sam, will be special guests, Police Chief Carl Pardiny with McGruff and Fire Chief Dave Rohr with Sparky.

Marching in the colorful parade will be the Fairfax 2015 WPFG volunteers. And according to Special Events Coordinator Leslie Herman, "A Mr. Potato Head fireman, helium balloon will be a highlight of the parade. Air O'Dynamic Art will be carrying a super-large fire truck constructed with over 10,000 balloons. The balloon fire truck will be built on site, the morning of the parade."

Musical entertainment will be provided by the City's own Fairfax High Marching Rebels, plus bands from Woodson and West Springfield high schools. The Washington Redskins Marching Band will also participate, as will the Monache Marauder Marching Band and Color Guard from Porterville,

A Flying Circus flyover will signal the start of the 10 a.m. parade, followed by color guards, firefighters, police, Boy and Girl Scouts, Cub Scouts, dance groups, musi-

10 ❖ Fairfax Connection ❖ July 2-8, 2015



Map of parade route.

Music and Fireworks

Then in the evening, Fairfax High, at 3501 Rebel Run, will host the public for music and fireworks. The show starts at 7 p.m. on the football field. On tap are music and dancing to Almost Journey/2U (a Journey and U2 tribute band). The City of Fairfax Band will perform the "1812 Overture" to signal the spectacular fireworks display at 9:30 p.m. Then afterward, the tribute band will entertain again. Shuttle buses will run from 6-9 p.m. from Woodson High to Fairfax High.

"The evening show at Fairfax High School will have very limited general and handicapped parking, so we're encouraging everyone to take the shuttle buses from Woodson High School," said Herman. "Buses will run from 6-9 p.m., but don't wait to take the shuttles, as they'll stop running at 9 p.m. The shuttles will return spectators to Woodson High [until 11 p.m.] following the fireworks."

Furthermore, she said, "There'll be overflow seating at FHS this year due to the additional crowds expected with the World Police & Fire Games, and we urge folks to bring chairs. Overflow seating will be provided with a large TV screen televising the entertainment from the stadium."

If it rains, the fireworks will be held July 5 at 9:30 p.m. Shuttle buses will run from 7-9 p.m. from Woodson to Fairfax High, returning to Woodson until 10:30 p.m. For more information on the Independence Day activities or to volunteer, call 703-385-7858 or visit www.fairfaxva.gov/July4.

Parking, Shuttles

Streets on the route will close at 7:30 a.m., but shuttle buses will run from 8:30-10:30 a.m. from parking areas at George Mason University (GMU), Woodson High and Fairfax United Methodist Church.

They'll return again following the parade. GMU is at 4400 University Drive; Woodson, 9525 Main St.; and Fairfax UMC, 10300 Stratford Ave.

Fairfax Mayor Scott Silverthorne expects it to be a terrific Fourth of July celebration, and it's jampacked with fun-filled events. After the parade, people may enjoy the Firefighters Muster which, this year, is part of the World Police & Fire Games.

Firefighters from around the world will compete in activities including an old-fashioned, hose cart and bucket brigade. It'll be held from 12:30-5 p.m. in front of Fire Station 3 at 4081 University Drive. Some 140 firefighters are expected to participate and, while they do, University Drive will be closed to traffic between Armstrong Street and Sager Avenue.

In addition, several historic buildings will be open to visitors that day. They include the Fairfax Museum and Visitors Center, 10209 Main St., from 9 a.m.-4 p.m., and the Ratcliffe-Allison House, 10386 Main St., from 11:30 a.m.-1 p.m.

cians and barbershop singers. Also on hand will be Rocky's Fiddlers, the Knights of Columbus, members of the Kena Shrine Temple zooming around in miniature cars, plus floats, big balloons and clowns.

But that's not all. Among the many participants are the Clifton Horse Society, GMU men's basketball team, American Heritage Girls, Harley motorcycles, Fairfax Library Precision Book Cart Drill Team, City of Fairfax Theatre Co. and the Northern Virginia Firefighters Emerald Society Bagpipe Band.

Organizing the parade are the Independence Day Celebration Committee and the City of Fairfax Parks and Recreation Department. And helping make it possible are countless volunteers who've tirelessly donated their time and talents. The event goes on, rain or shine, and usually lasts two hours.

It begins at the Massey Building at 4100

SEE PARADE, PAGE 12 www.ConnectionNewspapers.com

ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Stars on Sunday Concert Series.

Sundays, through Aug. 30. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia, Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

Burke Arts in the Parks. Saturdays, through Aug. 22. 10 - 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources. introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.

Summer Reading Program. Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. http://www.fairfaxcounty.gov/ library/branches/fx/.

THURSDAY/JULY 2

Patriotic Floral Design Workshop.

1:30-3:30 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. Create a centerpiece in red. white and blue just in time for your Fourth of July holiday picnic. The centerpiece includes flowers, flags and patriotic trim. Designer Chuck Mason demonstrates the

project and provides assistance. \$35/ person plus \$25 supply fee. Register in advance for both program and supply fee. www.fairfaxcounty.gov/

parks/greenspring. Fairfax's Government Center

Farmers Market. 3-7 p.m. Thursdays, May 7-Oct. 29. Ten vendors including a Middle Eastern delicacy bakery and custom organic ice cream shop.Fairfax County Government Center, 12000 Government Center Parkway, Fairfax.www.fairfaxcounty.gov/ parks/farmersmarkets/ governmentcntr-mrkt.htm

THURSDAY - FRIDAY/JULY 2-3

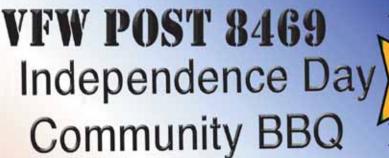
Bond: An Unauthorized Parody. 8 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. A typical adventure, yet an original story, Gavin Robertson plays a variety of characters with minimum staging and maximum effect. With original music by collaborator Danny Bright, this is one spy story you won't see on the big screen... Run, don't walk to this fantastic show. Tickets: \$10-\$30.

Independence Day Fireworks &

Concerts. 5:30 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. This year's event features "The Sixth Generation;" fireworks by Master Displays; games and children's activities; a variety of food trucks and beer and wine garden. and extended evening gallery hours.

Youth Jazz Concert. 8-9:30 p.m. Little River United Church of Christ, 8410 Little River Turnpike, Annandale. Virginia Music Adventures, Inc. (VMA) and the Little River United Church of Christ present a free performance by the Monterey

SEE CALENDAR, PAGE 12



11AM-4PM, Saturday July 4th 5703 Voque Rd Fairfax Station, VA 22039



Featuring live music by The Appologists and kids activity area sponsored by Team Red White and Blue

Join VFW Post 8469 this Independence Day for their annual community BBQ and 4th of July Celebration immediately following the Fairfax City **Independence Day** Parade. This is a free event great for the whole family. For more information, visit www.vfwpost8469.org

COMMUNITIES OF WORSHIP

Looking for a New Place of Worship? **Visit Antioch Baptist Church!**

All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m. Sunday School for Children & Adults 9:30 a.m. Married Couples Sunday School 11:30 a.m.

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Loving People to Life Worship Gathering – Sunday 8:45 & 11 AM

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July 27–30

Family Night – Wednesday 7:15 PM

Home Life Groups & College/Young Adult Ministries Visit our Website: www.jccag.org

4650 Shirley Gate Road, Fairfax



To Advertise Your Community of Worship, Call 703-778-9422



CALENDAR

From Page 11

County All-Star Band and Vocal Jazz Ensemble. The concert will showcase the veritable talent of these Monterey-based high school honor ensembles, which are sponsored by the nationally acclaimed Monterey Jazz Festival and have obtained worldwide recognition and rave reviews for their performances.

Friday Evening Garden Tour. 7-8 p.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. View Green Spring's demonstration gardens in a different light. Master Gardener docents highlight the summer sights, fragrances and sounds at the end of the day, when changing light accentuates different plants and landscape features. \$12/person for each tour.

www.fairfaxcounty.gov/parks/greenspring Kingstowne Farmers Market. 4-7 p.m. Fridays, May 1-Oct. 30. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey and hand held pies and rolls.www.fairfaxcounty.gov/ parks/farmersmarkets/kingstownemkt.htm

FRIDAY-SUNDAY/JULY 3 -JULY 5

World Police & Fire Games. Thousands of athletes from 70 countries will converge in Fairfax County for 10 days of competitions. Entertainment and activities will be hosted by Reston Town Center during the games Fairfax2015.com

SATURDAY/JULY 4

Fairfax's Independence Day Celebration &

Fireworks. 10 a.m.-10:30 p.m. in the Downtown Fairfax Historic District. Independence day parade, historical tours, games, entertainment and fireworks begins at 7 p.m. www.fairfaxva.gov.

Historic Pohick Church 4th of July Tours. 1-3 p.m. Pohick Church, 9301 Richmond Highway, Lorton. Costumed history docents will give free guided tours of the historic colonial church. http://www.pohick.org

July 4th in Paradise. 11 a.m.-7 p.m. Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Open for normal business hours with live music and food available throughout the day. http:// www.paradisespringswinery.com

Free Art of Movement Classes on the Quad: Pilates. 8 a.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton, Enjoy free, drop-in Art of Movement classes featuring pilaties. No experience is necessary, bring your own mat and

an open mind. Burke Farmers Market. 8 a.m.-noon. Saturdays, May 2-Nov. 21. 5671 Roberts Parkway, Burke. www.fairfaxcounty.gov/parks/farmersmarkets/

Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. www.smartmarkets.org.

Fairfax Farmers Market. 8 a.m.-1 p.m. Saturdays, May 9-Oct. 31. 10500 Page Avenue, Fairfax. www.fairfaxsaturdaymarket.com.

SUNDAY/JULY 5

Stars on Sunday Concert Series: Just Wingin' It Bluegrass Band. 3 p.m.

Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

Fairfax Farmers Market. 10 a.m.-2 p.m. Sundays, May 10-Oct. 25. 10500 Page Avenue, Fairfax. www.fairfaxsaturdaymarket.com/

Fair Lakes Farmers Market. 9 a.m.-1 p.m 4501 Market Commons Drive, Fairfax. www.greentowns.com/initiative/farmersmarket/fair-lakes-farmers-market-fairfax-va.

MONDAY/JULY 6

Dossolo

rarade

From Page 10

Yoga for Gardeners. 9:45-10:45 a.m. Green Spring Gardens, 4603 Green Spring Road, Alexandria. This class features a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. The class is held indoors, and there are eight lessons. \$86/

> the reviewing stand in front of City Hall on Armstrong Street. Except for service animals, parade attendees should leave their the parade route.

person. www.fairfaxcounty.gov/parks/ greenspring

Magic Book Club. 10:30 a.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Magic, music and fun with magician Brian Curry. Ages

TUESDAY/JULY 7

Legos in the Library. 4:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Use your imagination and make friends with our LEGO bricks free build. Age 6-12.

Virtual Reality Tour. 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. An exploration of moderated virtual reality worlds consisting of a guided tour of significant projects, applications, and a demonstration of building. Age 12-18.

THURSDAY/JULY 9

Teen Video Production Workshop. 7 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Learn basic editing, cinematography, and camera settings, from Sam Sikora a teen who has won awards at Robinson High School for his work.

Jammin' Book Party. 7 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Explore fun stories and games. Snacks provided. Age 9-12.

Afternoon Book Club. 1 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Do you enjoy reading and appreciate the company of other book lovers? Join our afternoon book club, make new friends, and chat about books. This month's title is "The Cuckoo's Egg" by Clifford Stoll.

FRIDAY/JULY 10

Fun & Games. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke, Game day! The library is bringing out their board games for an afternoon of gaming fun. Age 6-12.

Fun Flicks. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Watch movies based on children's books.

SATURDAY/JULY 11

Obon Festival. 5:30 -9 p.m. Highlighting Japanese culture at Ekoji Buddhist Temple, 6500 Lakehaven Lane, Fairfax Station, Visit www.ekoji.org for more.

"Still Alice." 1-5 p.m. David R. Pinn Community Center, 10225 Zion Drive, Fairfax. The Burke/ West Springfield Without Walls (BWSSCWoW) will be co-sponsoring with AARP a movie showing of "Still Alice." Julianne Moore won Best Actress as an accomplished professor diagnosed with Alzheimer's disease who learns that her worth is comprised of more than her ability to remember. Participants are invited to stick around after the movie to learn about local resources available to care for oneself and loved

Creative Writers Club. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Do you enjoy writing fiction, poetry, non-fiction and/or memoirs? Join in for sharing, discussion and feedback of works in progress. Teen volunteer facilitates. Age 13-18.

Amazing Animals. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Meet and learn about birds, mammals, reptiles and amphibians.

WEDNESDAY/JULY 15

Under the Sea. 10:30 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Meet live sea creatures. Ages 6-12.

THURSDAY/JULY 16

Afternoon Reading Group. 1 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax, "The Girls of Atomic City: The Untold Story of the Women Who Helped Win World War II" by Denise Kiernan.

Bedtime Stories: Superhero Training. 7 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Learn to be a Superhero. Stories, activities and a craft. Wear your best Superhero attire. Age 3-5 with adult.

pets at home, and tents aren't allowed along



Photo by Ryan Dunn/The Connection

On Sunday, June 28 weather was clear for competitions in Reston for events such as the Honor Guard competition, Open Water Swim and Ice Hockey.

Athletes on Fire

World Police and Fire Games weekend events near Reston Town Center.

By Ryan Dunn The Connection

ain which lasted throughout Saturday, June 27 canceled several outdoor events in the Fairfax 2015 World Police & Fire Games. Yet a sunnier Sunday permitted competitions to continue in Fairfax County. In Reston, Honor Guards marched at the Reston Town Center pavilion, police dogs did an obstacle course at Lake Fairfax Park, and more than 100 open water swimmers swam two miles in Lake Audubon. Fairfax County Police Officer Sean Martin won the 35+ age group in the Open Water Swim (44:01). At Reston SkateQuest on 1800 Michael Faraday Ct., novice division teams participated in the Ice Hockey competition. The Novice Championship will be held on Friday, July 3.

"I am excited to watch all the games, it is a lot of fun," said Mark Kordalski. Kordalski and Steve McFarland, firefighters with Fairfax County Fire and Rescue are both assisting the World Police & Fire Games Ice Hockey games held at Reston SkateQuest. Ice Hockey

games are also being held at Ashburn Ice House, and Prince William Ice Center at Dale City. "It has been interesting to see all the different sports representatives," said Caitlin Warren, a front desk receptionist at SkateQuest and student at NOVA Community College. Lake Fairfax Park in Reston will host the Cross Country and Rugby games scheduled to begin Tuesday, June 30. For more info 2015 Games, visit on the fairfax2015.com.

The Fairfax 2015 World Police & Fire Games end July 5. Reston Town Center has another athletic event it will host on July 4, the annual Firecracker 5K.

The sixth annual Firecracker 5K on Saturday, July 4 will be sponsored by Reston-based Leidos and benefit the USO of Metropolitan Washington. In this "Battle of the Branches" competition, whichever military branch has the most registered runners will have donation to the USO made on its behalf.

The race is July 4, 8 a.m. at Reston Town Center. Registration is \$35 and is open online through July 2. Price jumps to \$40 July 2-4. Discounts for under 14 or Active Military.

The course goes on streets through Reston Town Center, as well as on Cameron Glen Drive, Sunset Hills Road, Reston Parkway and Town Center Parkway. Roads will not be blocked to traffic, but lanes could be blocked. The course is relatively flat. For more info on the Firecracker 5K, www.prraces.com/firecracker.

Chain Bridge Road and goes in a loop

around Historic Old Town Fairfax. It'll pass

the old courthouse, traveling along Main

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21 Announcements 21 Announcements

LEGAL NOTICE

Complaint For Absolute Divorce of Willie Gray Ward and Owendolyn Branch Ward Issued at the State Of North Carolina In The General Court Of Justice District Court Division File No. 12CVD1715 10/24/12. Address and Phone number as fol-

Willie Gray Ward 3009B Buckingham Road NW Wilson, NC 27896

Main Contact Phone Number 252-373-334

21 Announcements 21 Announcements

VIRGINIA: IN THE GENERAL DISTRICT COURT FOR THE CITY OF VIRGINIA BEACH

CARTER LUMBER OF VIRGINIA, INC.

DANIEL ROBINSON, et al. DEFENDANTS.

ORDER OF PUBLICATION

The object of this suit is to recover money damages for

It is ORDERED that Daniel Robinson and Alaric Holdings, LLC appear at the above-named court on July 30, 2015 at 8:30 A.M. to protect their interests. David M. O'Dell, Clerk

June 10, 2015

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News



Award winner Bella Thurgood with her mother Kate Thurgood and Jeannie Leson of Anna Maria Fitzhugh Chapter, NSDAR, June 18 at the award ceremony at Ravensworth Elementary School.

15 Getaways

21 Announcements

21 Announcements

21 Announcements

Outer Banks

house for rent in Kitty Hawk, NC. \$2,200 per month, 5 bedrooms, 4 bath, call Lisa for more details 703-912-6783

21 Announcements

ABC LICENSE

Correct First Time Auto Service, Inc trading as Ox Road Exxon, 5211 Ox Road, Fairfax, VA 22030. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off premises license to sell or manufacture alcohol-

ic beverages. Poonam Sharma, member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered www.abc.virginia.gov 800-552-3200.

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21 Announcements 21 Announcements 21 Announcements 21 Announcements



LEGAL NOTICE

According to the Lease by and between Kathleen M O'Rourke aka Kathleen D Meehan of unit 1060 and TrG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: christmas decor, boxes, ladders, tool bench, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes

According to the Lease by and between Khashayar Zargham aka K Zargham of unit 1077 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: file cabinets, boxes, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes

According to the Lease by and between Steven Gonzalez of unit 2028 and TKG-StorageMart and its related parties, as signs and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: bins, lamp, medical supplies, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

Youth Citizenship Honored

nna Maria Fitzhugh Chapter, National Society Daughters of the American Revolution (DAR) in Springfield, has presented several awards at local elementary schools and at Lake Braddock Secondary School.

The DAR Youth Citizenship Award was presented to a sixth grade student who exhibits honor, service, courage, leadership and patriotism. The winner is chosen by the school faculty. (Below is a list of recipients at 11 area elementary schools.)

The DAR JROTC medal was presented to Cadet Captain Alexis Ollison at Lake Braddock Secondary School. Alexis is a member of the Doctors of Tomorrow Club at Lake Braddock Secondary School and the Medical Explorers Club of INOVA Hospital. Alexis will attend Old Dominion University and will study Nursing.

Alexis Ollison, Cadet Captain at Lake Braddock Secondary School, is pictured with her parents and Lise Harvey, Regent of Anna Maria Fitzhugh Chapter, NSDAR.



DAR Youth Citizenship Award Recipients 2015

- Cardinal Forest Elementary School: Alexandra Kowalski
- Cherry Run Elementary School: Patrick Beene • Hunt Valley Elementary School: Ryan Massie
- Keene Mill Elementary School: Theresa Mice
- Kings Glen Elementary School: Carter C. Shaw
 Orange Hunt Elementary School: Andrew Poe
- Ravensworth Elementary School: Isabella Thurgood
- Rolling Valley Elementary School: Reece Plimpton
- Sangster Elementary School: Ryan MacMichael • West Springfield Elementary School: William Hover
- White Oaks Elementary School: Kylie Sullivan



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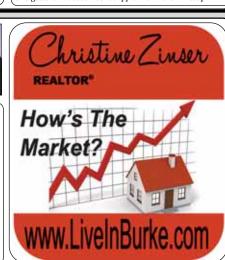
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sink, high end SS appls, Fam, HDWDS, 2 gas Fpl, Din, Sunrm, fin LL has Bonus rm w/wndws, Rec rm, Home Theatre system, woodwkg rm, Wine cave, Storage, Exercise rm, Trex deck, stamped concrete patio, irrig ys, 2-car Gar w/outlet for electric car. VIEWS!





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