



PHOTOS BY LOUISE KRAFT/THE GAZETTE

The Brownies sing "Tomorrow" from the Broadway musical "Annie."

Mount Vernon Scouts Go Broadway

More than 300 Mount Vernon scouts attended a week-long camp at Fort Hunt Park. This year's theme was Broadway. The scouts included Daisies, Brownies Juniors, Cadets, Aids in Training, Aids and a few brothers of scouts. Dozens of parent volunteers assisted the aides and aides in training throughout the week. Each group worked on a song and dance from a popular Broadway musical. The Daisies chose "The Lion King," the Brownies worked out two numbers from "Annie!," the Juniors performed a song from "Wicked" and the Cadets a number from "Cats." The brothers performed a scene from "Star Wars."



The Daisies put on their masks for their upcoming performance from The Lion King.



Family and friends of the Scouts take seats in the field to watch the end of camp production.



The Cadets wait their turn to sing a song from Cats.



The Juniors take the stage area to perform a song from Wicked.

Parents Question Curriculum Change

Board approves recommendations on health education from advisers, with amendments.

BY TIM PETERSON
THE GAZETTE

Though it was the second packed house in as many months, it may be early yet to call crowded Fairfax County School Board meetings a trend. On May 7, parents, community members and a handful of students came out to Luther Jackson Middle School in Merrifield as the board approved adding "gender identity" to the school system's nondiscrimination policy. No one disputed the need for protection from bullying or fostering a positive, healthy and safe learning environment for all. But many who spoke that night were critical of the process. There was confusion as to what the effects of the policy change would be, and anger that engagement with the public ahead of time was lacking.

At the board's regular meeting on June 25, the first and foremost action item was voting on recommended changes to the Family Life Education and health education curricula for grades Kindergarten through 10. The changes were proposed by the Family Life Education Curriculum Advisory Committee, an ad hoc group set up, according to the School Board, to align the school system's lessons with Virginia Department of Education health standards and evaluate new standards for opt-out-optional Family Life Education.

CHANGES included adding gender identity and sexual orientation to Family Life Education, beginning in seventh grade, as well as moving a portion of the curricu-



PHOTO BY TIM PETERSON
THE CONNECTION

Student Bennett Shoop addresses the Fairfax School Board at its June 25 meeting in support of the Family Life Education proposed changes, saying, "Knowledge can become acceptance too."

lum from Family Life Education to students' health courses. Parents may opt their students out of any Family Life Education class, while the health lessons are mandatory for all students.

The committee briefed School Board members on its initial proposed changes at a work session on May 11; the recommendations came up as business at the board's May 21 meeting with June 25 scheduled as the voting date.

Between May 21 and June 19, the recommendations were put online for community review. During that period, the School Board reports, staff received 561 emails, plus a petition signed by 116. It amounted to 225 pages of citizen comments, all of which can be viewed and read through the School Board's agenda notes for the June 25 meeting.

SEE HEALTH, PAGE 6

7/3/15
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Alexandria/Fords Landing \$1,495,000

This stately home in Fords Landing features many windows in the gracious living room and dining room, hardwood floors, a gourmet eat-in kitchen, family room with stone fireplace and 3 bedrooms, 2.55 baths including a luxurious master suite. A two-car garage completes this property.

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Alexandria/Braddock Heights \$899,000

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High ceilings, wood floors and light-filled rooms are just a few of the wonderful features in this 3-bedroom, 2.55-bath home. Plentiful closets and updated master has a skylight. Located in Kingstowne, you'll have all the great amenities, plus you're close to Wegmans!

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Spacious Victorian, circa 1918, with wrap-around porch, overlooking the park, in the heart of Rosemont. High ceilings, large rooms, light filled and welcoming. Walk to 2 Metros! 4 bedrooms 3.5 baths. 4 finished levels, one car garage.

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Totally renovated, townhouse featuring a sparkling new chef's kitchen with island opening to family room. Hardwood floors throughout, 2 fireplaces with gas logs, new windows, and private patio with mature trees. 3 spacious bedrooms with handsome new bathrooms all have nicely sized closets. Off-street parking completes this offering.

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Alexandria \$533,900

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Technology Helps Manage Volunteer Drivers for Seniors

Software assists five elder village organizations to better serve those needing transportation.

BY GERALD A. FILL
THE GAZETTE

Physical and social isolation comes quickly to those seniors 50 and over who, because of acognitive or physical handicaps, cannot drive to doctor or dental appointments, grocery stores, or quality of life activities that require one to use a car to get there and back. In response to the need of more and more volunteer drivers, five northern Virginia elder village organizations have partnered with Fairfax County government and a local non-profit, NVRides, that manages web-based software called RideScheduler, to revolutionize the scheduling of volunteer drivers who now drive hundreds of impaired seniors to their appointments. The result is many seniors who are not socially and physically isolated. Instead of being forced into assisted living institutions, they can age in place in their homes and neighborhoods.



Patricia Rohrer

"Betty Lou," a resident in her mid-80s who lives alone, illustrates the human element importance of volunteer drivers to her quality of life: "I don't know what I would do without my volunteer drivers. Not too long ago I had a case of vertigo while shopping at a grocery store. I fell down and was incapacitated. My driver called an ambulance and comforted me until they arrived. He then gathered up my groceries and made sure they were delivered to my home ... I have been a participant in the volunteer driver program for over a year now. I use a cane to get around because of arthritis, and I can no longer drive. Without the driver assistance program I would be trapped in

my home. My children live in the area but I don't want to burden them with taking me to the grocery store or the doctor. My husband is in a local institution and I want to stay close by and in my home and neighborhood where I have lived for many years. The Volunteer driver program helps me to stay in my home and be somewhat independent and not have to move into an assisted living place."

For seniors who wish to age in place in their neighborhoods, three areas were cited by "Independent for Life: Homes and Neighborhoods for an Aging America" (2012), where technological help can make a crucial difference in their lives:

- ❖ Social engagement and support for seniors facing an epidemic of isolation;
- ❖ Prevention of-and early intervention for illness and injury before it becomes catastrophic;
- ❖ Monitoring and management of chronic disease from the home, not the hospital bed."

NVRIDES through its RideShare technology assists five northern Virginia elder villages to recruit volunteer drivers, conduct background checks, and schedule seniors driver appointments.

"The number of older adults in Fairfax County is growing at twice the rate of the population," said Patricia Rohrer, Long Term Care Program coordinator, of Fairfax County's Office of Aging whose office supports the NVRides organization. "Without available rides, seniors are at risk of isolation and health decline. NVRides is a public-private partnership program helping a network of community-based organizations to mobilize volunteers to give more rides to older adults free of charge. Through this



Celia Carvajal with volunteer driver Deserie Hirsch. They are from Shepherd's Center of McLean Arlington Falls Church.

PHOTO BY JENNIFER KANAREK

Volunteer Driver Participants

The following elder village organizations are supported by NVRides.org (Jennifer Kanarek, manager) in collaboration with Fairfax County's Office of Aging (Pat Rohrer):

- ❖ Mount Vernon At Home: www.mvah.org
- ❖ Reston Community Center: www.restoncommunitycenter.com/
- ❖ Herndon Village Network: HerndonVillageNetwork.org
- ❖ Shepherd's Center of Annandale-Springfield: Shepherdscenter-annandale.org/
- ❖ Shepherd's Center of McLean-Arlington-Falls Church: Shepherdscenter-arlington.org/

ment of NVRides, provided 224 rides. The first five months of this year, the five participating elder village organizations provided 1,597 rides to seniors."

Co-founder of the Giving Circle of HOPE, Diana Katz, described the value of RideScheduler: "It enables small non-profits working outside their 'silos,' to work across political boundaries, and are now sharing information and offering more rides and more quality of life rides rather than just medical or grocery rides. In addition, we now have the ability to gather regional data and identify gaps in services, and the ability to increase the number of volunteers giving rides."

"Liz," a client of the Shepherd's Center said, "I have been using the volunteer drivers for several years and my life has improved greatly as I am no longer able to drive. It is obvious that all of the drivers are handpicked. Their compassion, caring, and kindness has been like stardust and gold to me; a blessing beyond measure and my gratitude is endless. I also know I speak for all the clients. The drivers take their services seriously and they can be counted on at all times. They work and serve the community tirelessly and make us all feel very special."



Singing, Joan Darrah and Lynn Kennedy, who were married "twice, just to be sure," led the fight against the military's Don't Ask Don't Tell policy.

Joy over Court Decision

Members of the Mount Vernon Unitarian Church (MVUC) congregation celebrate the extension of same-sex marriage to all 50 states by Friday's U.S. Supreme Court decision. Church members, who gathered for food and song, recounted MVUC's courses on gay rights beginning in 1989 and its national leadership in getting Unitarian-Universalists to advocate against the military's Don't Ask Don't Tell policy. The slogan on the buttons reads "DADT= gone, DOMA [Defense of Marriage Act] =gone, Marriage in 50 states = Here to stay."



PHOTOS CONTRIBUTED

NEWS

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PHOTOS CONTRIBUTED

At Business Breakfast

Mount Vernon Lee Chamber of Commerce's June Business Breakfast featured Karen Garza, Superintendent of Fairfax County Public Schools, and Christian Braunlich, chair of the Virginia Board of Education. Braunlich provided information about the school accreditation process while Garza spoke about her initiatives that will affect local schools. Above, from left, are Sean O'Connell, Chamber chairman; Karen Garza, superintendent FCPS; George Ksenics, Chamber president; and Christian Braunlich, chair, Virginia Board of Education.



Sean O'Connell welcomed new members Lloyd Tucker, Community and Neighborhood Services, and Rod Loges, One Degree Capital, as they introduced themselves to the chamber.

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The Mount Vernon High School Class of 2015 would like to acknowledge the following businesses and individuals who supported our All-Night Grad Party. Your donations helped us have a fun and safe celebration.

Buffalo Wild Wings	Good Shepherd Parish	Christopher & Kathleen Ryan
Chili's	Hughes Orthodontics	Ron Skaggs & Tracy Sangster
Chuy's	Dave & Debbie Lemmeyer	Southwood Civic Association
James & Shelia Daley	Metro Walk & Run	Sulgrave Manor Civic Association
Tom & Karen Fahy	Outback Steakhouse	Sweet Frog
Famous Dave's	Paisano's	Target
Firehouse Subs	Patterson Group	Wegmans
Fort Belvoir Thrift Shop	Red, Hot & Blue	
Fort Hunt & Hayfield	Roy Rogers	
Animal Hospitals		
Friday's		

Thank you on behalf of our school and our community.

Get Back in the Swing of Things!

Latest Treatments in Back and Neck Pain

Thursday, July 23, 2015
6:30 p.m.

Springfield Country Club
8301 Old Keene Mill Road
Springfield, VA 22152

If you suffer back and neck pain, you won't want to miss this beneficial and educational lecture.

This seminar is FREE and we ask that you register by visiting our Website at inova.org/asktheexpert or calling 1.855.My.Inova (694.6682).

Millions of people suffer debilitating neck and back pain. If you are one of the millions please don't miss this opportunity. A FREE community lecture, to discuss causes of neck and back pain and the latest treatment options, will be held in your area by one of Inova Mount Vernon Hospital's experienced orthopedic spinal surgeons, Dr. Corey Wallach. This is an opportunity for you to Ask The Expert any questions you may have.

Corey Wallach, MD, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.

INOVA
Join the future of health.

NEWS

Hyland's Office Apologizes for Email

County email used to endorse Storck.

When retiring District Supervisor Gerry Hyland (D-Mount Vernon) announced an endorsement for Dan Storck as his replacement, the release came through the Mt_Vernon@fairfaxcounty.gov email.

The endorsement followed Storck's victory over Tim Sargeant, Jack Dobbyn and Candice Bennett in the June 9 Democratic primary election.

Use of the county email address in this instance could be viewed as running afoul of Fairfax County's employee handbook policy on using information technology for personal conduct, as well as the Virginia Code.

Specifically, section 15.2-1512.2F of the state law prohibits employees of a locality from "suggesting or implying that a locality has officially endorsed a

political party, candidate or campaign."

Following the email Hyland's chief of staff Brett Kenney sent out the following statement:

"I apologize for sending the email using Supervisor Hyland's Fairfax County email address. When we sent the email, his Fairfax County address automatically populated in the from line of the email, rather than his campaign email address. It was a regrettable oversight. We should have paid more attention to the originating email address. No county time or resources were spent on the drafting or dissemination of the email. Supervisor Hyland wants the residents of Mount Vernon to know that the Supervisor race is a contested one between Supervisor Hyland's preferred candidate, the Democratic nominee Dan Storck and the Republican nominee, Jane Gandee. Supervisor Hyland looks forward to a good, positive debate on the real issues confronting the Mount Vernon District."

— TIM PETERSON

MILITARY NOTES

Email announcements to gazette@connectionnewspapers.com. Photos are welcome.

Army Lt. Col. **Gustavo C. Perez** has retired from the U.S. Army after serving honorably for 29 years. Perez was last serving as Secretary Of General Staff with Headquarters, Army and Air Force Exchange Service, Texas.

Air Force Airman **Ero I. Theodorakopoulou** graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.


Air Force Reserve Airman 1st Class **Brent J. Sutherland** graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

Air Force Airman **Paige Moloto** graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

Army Pvt. **Frederick Henderson** has graduated from basic combat training at Fort Jackson in Columbia, S.C.


JUL 04

GEORGE WASHINGTON'S MOUNT ★ VERNON



An American Celebration

Celebrate July 4 at the home of our first president with daytime fireworks, military demonstrations, patriotic music, and more!



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Be Part of The July Pet Connection

Send Your Photos & Stories Now to editors@connectionnewspapers.com or complete our online form at connectionnewspapers.com/pets

Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 15.






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rex.reiley@rmxtalk.com




Alex./River Towers • \$239,900
6621 Wakefield Dr. #209
This lovely unit has 2 BRs, 2 BAs, & a sought-after Balcony! The bathrms have been updated, the unit freshly painted & new carpeting. Utilities are included in condo fees. River Towers' amenities include a swimming pool, tennis courts, garden plots, picnic grove with grills, beautifully landscaped grounds, & so much more. River Towers has a Metro connector bus out front that goes to the Huntington Metro Yellow Line. Great community & location. Close to G.W. Pkwy, Mount Vernon Bike Trail, Potomac River, & Belle Haven Marina. Less than 5 minutes to Old Town, Alexandria along G.W. Parkway, 15 minutes to Fort Belvoir.




Alex./Olive Park • \$494,900
8732 Lea Lane
Lovely 3,000+ sq ft Colonial w/5 BRs/4 BAs on a beautiful .5 acre lot. A 2005 upper level addition offers a true master bedroom/master bath suite, both w/vaulted ceilings along w/2 other bedrooms & a bath. The main level has 2 BRs, 2 BAs plus a large kitchen which opens to a great room, both w/vaulted ceilings. A wood-burning FPL in the living room & wood stove in the great room add to the charm. 5 mins to Fort Belvoir, 25 mins to NTL Airport.

NEW LISTING/LAND




Alex./Mt. Vernon Woods
\$499,900
4006 Buckman Road
Builders - Beautiful .73 acre lot, zoned R-3. Dominion Surveys has done preliminary survey report for subdivision which can be e-mailed upon request - looking for quick sale/settlement and priced the property accordingly.

OPEN SUNDAY 1-4




City of Fairfax/Fairfax Towne Estates
\$519,900 • 10415 Darby Street
Lovely 4 level, 5 BR, 2 BA home w/carport & great bkyd. Hardwd floors refinished & interior newly painted. 2 wood-burning fpls, one in the living rm & one in the family rm. Lg family rm w/skylights & living rm w/vaulted ceiling. Lg bay window nicely accents the separate formal dining rm. Carpeted LL can be convenient playroom, & the unfinished basement has ample storage space. Treed corner lot w/fenced bkyd. New Roof.

OPEN SUNDAY 1-4





Alex./Riverside Estates • \$544,900
8602 Cherry Valley Lane
Stunning 4 BR, 2.5 BA Colonial w/2-car garage and sunroom on a beautiful lot. Meticulously maintained. Many updates: newer kitchen and baths, refinished hardwood floors, freshly painted interior, Family Room w/fireplace off the kitchen. Lower level has room to finish off for a Recreation Room and office. 10 mins to Fort Belvoir, 15 mins to Old Town Alex., 25 mins to National Airport.



Alex./Woodlawn Estates • \$769,900
8896 McNair Drive
Spectacular Colonial w/3 finished levels, large 2-car garage on a quiet cul-de-sac looking across to the 9th fairway of Mount Vernon Country Club. 3,800 sq. ft. of living space w/beautiful hardwood floors, huge bedrms, master bedrm w/sitting room, 3.5 updated baths including MBA suite. Totally remodeled kitchen w/SS, granite, ceramic tile floor. Huge walk-up lower level w/recreation rm, game rm, full bath & 500 sq. ft. of storage (can use RR as 5th bedroom). Spectacular landscaped lot w/beautiful stone patio & private hot tub. 5 minutes to Fort Belvoir - A 10!!!

For more information: www.RexReiley.com

Each Office Independently Owned and Operated



Groups both for and against proposed changes to health and Family Life Education curricula took turns standing and cheering while their viewpoint was represented during citizen participation at the school board meeting.



Parents wearing "Respect Parents' Rights" and waving signs that read "Opt Out My Child" stand during citizen participation at the June 25 school board meeting.

PHOTOS BY TIM PETERSON/THE CONNECTION

Health Curriculum To More Closely Align with State

FROM PAGE 11

Among the breakdown of responses (also posted in the June 25 agenda notes) 435 were opposed to "inclusion of transgender instruction and references to gender-fluidity," while 54 supported "inclusion of sexual orientation and gender identity instruction."

The petition called for the board to:

1. Prevent the removal of family-centered lessons from parent oversight and opt-out.
2. Provide comprehensive cross-references to Virginia health standards of learning for certain [Family Life Education] lessons proposed to be transferred to "health education."

3. Refrain from approving the teaching of [Lesbian-Gay-Bisexual-Transgender] topics in [Family Life Education] (while acknowledging the importance of teaching respect for all people).

In response to the comments and prior to the June 25 meeting, several changes were made to the recommendations, including:

- ❖ Grade 8 – Removed – "The concept that sexuality is a broader spectrum will be introduced."
- ❖ Grade 10 – Removed – "Emphasis will be placed on an understanding that there is a broader, boundless and fluid spectrum of sexuality that is developed throughout a lifetime."

But for the majority of citizens in attendance at the June 25 meeting, clad in red for solidarity, that wasn't enough. Speakers before the board claimed many of the curriculum items coming out of Family Life Education and into health were not actually required as part of the state standards of learning. And the prospect of losing the opportunity to opt their children out of material not required by the state was infuriating for some.

"This vote is not about bullying or hatred," said Laura Hanford. "The real point is process ... that culminated in outright deceit."

After the initial motion from board member Sandra Evans to approve the curriculum advisory committee's recommendations, members Patricia Reed and Elizabeth Schultz attempted a motion to postpone the vote until July. They cited a steady stream of clarifying information coming in from



School Board members Sandra Evans representing Mason District (left) and Elizabeth Schultz representing Springfield District (right) discuss changes to health and family life education curricula at the board's June 25 meeting.

county staff answering numerous questions from the board, as well as the feedback from community members.

"To rush is not good public policy," said Reed, who added she was "receiving material as late as today."

Schultz questioned who gave the advisory committee its direction and was critical that none of the board members had served as a liaison.

Their motion to postpone was voted down 10-2, which drew an outburst of cat-calls and derogatory comments from the audience.

Next board member Patricia Hynes introduced an amendment that appeared to be a compromise. It would direct Superintendent Dr. Karen Garza to "retain in Family Life Education any objectives that are not required by the 2015 VDOE Health Standards of Learning."

Hynes commented the board had made a "mistake" in attempting to move some of the Family Life Education to health curriculum that wasn't required by the state. But a large part of the audience was vocally upset there were no details presented as to which Family Life Education curriculum items this amendment would impact.

Schultz then offered a sub-motion: directing Garza and her team to further review the recommendations and how they align with state standards. This would also defer consideration of the changes for implementation in the 2016-2017 school year. Schultz again commented that the board's preparation for the vote was lacking.

Schultz's sub-motion was defeated. Then

board vice chairman Ted Velkoff offered an amendment to Hynes' original amendment that enumerated the 15 items originally from Family Life Education that would be returned. This would "make sure parents have the opportunity to opt out," Velkoff said. Twelve were not required by the state to be in the health standards and three were in response to the petition.

The list of numbers without corresponding policy descriptions drew more noise from the heavily anti-recommendations crowd.

ACCORDING TO AGENDA posted by Fairfax County Public Schools, those curriculum items that were part of Family Life Education, had been recommended to move to health and would be moved back under Velkoff and Hynes' amendments are as follows (the K or number refers to grade level):

- ❖ **K.1** Student will recognize that everyone is a member of a family and identify members of their individual families
- ❖ **K.2** Students will identify positive ways in which family members and friends show love, affection, respect, and appreciation for each other.
- ❖ **1.1** Students will describe a community as people living and working together and will understand that family members make up a community.
- ❖ **1.2** Students will identify responsibilities of different family members.
- ❖ **3.1** Students will identify positive personal characteristics and attributes.
- ❖ **4.3** Students will identify the need to assume greater responsibility for self as an

individual, as well as responsibility within family, peer groups, and larger community.

❖ **4.7** Students will recognize the values and challenges of friendship.

❖ **5.2** The student will identify roles, duties, and responsibilities of family members

❖ **7.2** The student will explore changes in peer relationships during adolescence.

❖ **7.3** The student will describe how adolescent development affects family relationships and practice effective strategies for communicating with family members.

❖ **8.2** The student will practice applying the decision-making process to situations related to adolescent development.

❖ **8.7** The student will identify family and personal expectations of dating relationships and investigate the influence of mass media messages on dating and sexual behavior.

❖ **8.8** The student will demonstrate strategies for resolving conflicts that arise in families and peer groups.

❖ **9.1** The student will identify the family as a basic unit of society and his or her responsibility as a member of the family.

❖ **10.9** Student will describe his or her attitudes toward dating while examining values, morals, and ethics essential to positive dating relationships.

Those two amendments passed, after which Schultz made one final attempt to stay the vote by tabling the discussion. After that was voted down, the board voted 10-2 in favor of the recommended changes with Reed and Schultz as the dissenting votes.

Where the May 7 vote drew lengthy and numerous comments from the majority of the board members, the group was largely quiet aside from the champions of the motions and amendments.

"It is important to note that all [Family Life Education] designated lessons will continue to have the opt out provision," School Board chairman Tammy Derenak-Kaufax said in a statement after the meeting. "Our parents' role in determining if their child will receive [Family Life Education] lessons has not changed. We respect parents' rights to make the choices they believe are in the best interest of their families."

Many Made WPHS All Night Graduation Party Possible

The West Potomac High School All Night Graduation Celebration provides a safe, fun, drug- and alcohol-free event for seniors following their graduation ceremony.

The Class of 2015 celebration took place June 18, from 10 p.m. – 2 a.m., at Belle Haven Country Club. More than 230 seniors joined in the fun, which included a full casino, a DJ, arcade games, Sumo wrestling, a mechanical bull, door prizes, and more.

The event was made possible by the donations of numerous individuals, including current and former parents and neighbors who wanted to ensure a safe celebration for the graduates.

More than 80 local businesses also provided support, including:

Hollin Hall Automotive, Alexandria Symphony Orchestra, Clarke & Sampson, Ft. Hunt Animal Hospital, Fast Signs of Alexandria, Ft. Hunt Sportsmen Association, Four Sales, Mount Vernon Travel, Pinto Contractors, Alexandria Toyota, Alexandria Oral Surgery, Kevin Jackson, DDS, Surovell for Delegate, Carl Sandburg Middle School PTA, Sisterhood of Olam Tikvah, Sherwood Hall Pharmacy, Belle Haven Animal Medical Center, Honorable Toddy Puller.

Old Town Smiles – Dr. Kitchen, Stratford on the Potomac Section Four, Paul Spring Retirement Community, Hughes Orthodontics, Collingwood on the Potomac Citizen Association, Kiwanis, Waynewood Elementary School PTA, Genuario Construction Company, Thomas J. Fannon & Sons, Elizabeth Holm Nutritional Counseling, Master Roofing & Siding, Mt. Vernon Athletic Club, London Bob Hair Design, Just Dance, Hunan Manor,



West Potomac High School seniors dance at the All Night Graduation Celebration.

Pacers Running, Parcel Plus, Potomac Nationals, Mint Condition, Dishes of India, Queen Bee Designs, Ten Thousand Villages, Great American Restaurants, Fairfax County Park Authority, Creative Solutions for Publishers, Bowl America, Fairfax Ice Arena, Peking Gourmet, Falls Church, Potomac Riverboat Company, Village Hardware, Starbucks, Mt. Vernon Plaza, Silver Parrot, Staples, Mt. Vernon Plaza, Wintergreen Resort, Gold's Gym, Whitetail Ski Resort, Buffalo Wild Wings, El Paso Mexican Restaurant, Kings Jewelry of Old Town,

Waynewood Citizens Association, Jazzercise with Mindy LaBruno, Lowe's, Outback Steakhouse, Safeway, Sweet Frog, Dulles Golf Center & Sports Park, Laser Quest Potomac Mills, Mai Tai Restaurant, Mamma's Kitchen, Nina's Dandy Restaurant Cruises, Sportrock Climbing Center, Sugar House Day Spa, Target, Richmond Highway, River Bend Bistro, Tanya - beads!, Paper Source, Alexandria, Mr. Kleen Car Wash, Moe's, Tempo Restaurant, Famous Dave's, Chili's, Today's Cargo, Shane's Rib Shack and the WPHS PTSA.



Sumo wrestling was one of the activities at the All Night Graduation party.



West Potomac High School seniors stand in front of the school holding a banner thanking business sponsors.



"The Hermitage is where I've finally found my family."
— Helena Scott



Enjoy the Carefree Lifestyle You Deserve

Discover why many people like you have come to call the Hermitage home—the chance to experience a new lifestyle with an array of services and amenities.

The residents at the Hermitage stay busy. Just ask Helena Scott, who was confined to wheelchair for 30 years because of Multiple Sclerosis and with regular physical therapy at the Hermitage, can now walk a mile a day when the weather permits. In her spare time, Helena knits scarves for fellow residents, volunteers in the beauty salon, sits on the Health Center Committee and delivers mail. Our residents also rave about our superb dining service, our courteous and helpful staff, and an overall feeling of caring and security that comes with living at the Hermitage.

You'll also gain peace of mind knowing that health care and supportive services are available right here, if you ever need them.

For more information, call 703-797-3814.



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OPINION

Open Letter to Elected Officials and Candidates

Spend some of your campaign dollars in newspapers.

Here at the Connection, our email boxes are filling up with messages from people running for office. It's not surprising, since in November, virtually every state and local office in the commonwealth is on the ballot.

It's a good predictor for what will happen next in brick and mortar mailboxes of voters around the region.

What do candidates want from local newspapers?

Candidates, many of them incumbents, want to be quoted. They would like a reporter to come to their campaign announcements, to their kickoffs, to their forums. Candidates would like us to cover and print their statements on a variety of interesting and important issues. They would like to have their photos appear on the print and web pages of our newspapers.

And for the most part, we will. We will cover the issues, the campaigns, the opinions, the fundraising, the political record.

While competition in local races is limited, money is not.

Current campaigns are on track to top the money spent in 2011 State Senate races. In 2011, Virginia State Senate candidates spent more than \$42.5 million. They have already spent more than \$20 million in 2015.

In Virginia state house races, in 2013 (members of the Virginia House of Delegate, like U.S. Congress, run for reelection every two years) candidates spent \$35.9 million.

In an example of the money these races can

attract, here is an extreme example from two years ago. In the 2013 race for House of Delegates District 34, Barbara Comstock raised \$1.4 million, narrowly defeating Kathleen Murphy (50.64 percent to 49.21 percent) who raised nearly \$700,000. Comstock went on to win the U.S. House seat vacated by longtime Rep. Frank Wolf, and Murphy went on to win the District 34 seat in a special election.

Comstock to her credit spent more than \$5,000 (about one-third of one percent) on newspaper ads (most in Korean publications), but more than \$87,000 on mailers. More surprising in a race for Virginia House of Delegates was that Comstock spent more than \$500,000 on TV and radio ads.

Murphy spent \$29,570 on mailers, \$950 on newspaper advertising and \$161,200 on TV and radio ads. (SOURCE: VPAPorg)

In other contested House races in 2013, it was more common to see expenditures between \$100,000 and \$300,000 per candidate. Most candidates spent zero dollars in community newspapers. Nearly every candidate spent tens of thousands of dollars on filling up voters' mailboxes with glossy mailers.

Of course it makes sense for candidates to target individual voters by mailing directly to their homes.

But does it really make sense to do that to the exclusion of other methods of reaching voters? Consider that 91 percent of voters who contribute to campaigns read newspapers in print or online, according to an independent study in 2012.

The Connection will not be endorsing candidates in the November elections. We'll be covering the local races to the best of our ability no matter who spends money on advertising. Other local newspapers will also cover the races without regard to advertising dollars.

That's not why we do what we do.

But to put on my publisher's hat (and not my editor's hat) for a minute, if you have a big marketing budget, and you value coverage of local newspapers (not just ours), why wouldn't you spend a portion of that budget (any portion) supporting that platform? There is a cautionary tale in the recent and abrupt closure of the chain of local papers that served Montgomery and Prince George's counties in Maryland, as a recent and extreme example.

One California community in Los Angeles proposed legislation to let residents opt out of receiving election-related mail during a hotly contested mayoral election "where both campaigns and their supporters had flooded the mailboxes of registered voters with dozens of direct mail pieces," according to The Argonaut, a weekly newspaper there. Sound familiar?

But it's more than a charitable effort.

For the same reasons that the campaigns know they want local newspaper coverage, newspaper advertising is an effective way to reach voters.

According to an independent study during the last presidential campaign, cited by the National Newspaper Association: 86 percent of voters who cast ballots in the last local election read newspapers in print or online; 79 percent of voters ages 18 to 34 read newspapers in print or online; newspapers and their websites consistently outscore other media for being "reliable," "accurate" and "in-depth" about local civic and political issues; newspaper political advertising is the least "annoying" of any medium; 91 percent of voters who contribute to campaigns read newspapers in print or online.

Just a suggestion ...

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

EDITORIAL

LETTERS TO THE EDITOR

Supporting Students

To the Editor:

Dan Storck is a hero for students and staff in Fairfax County Public Schools. He led and participated in three votes (Nov. 6, May 7 and June 25) which made our schools safer and more welcoming for gay and transgender students. The majority of the School Board, including Mr. Storck, Chairperson Tamara Derenak Kaufax, and at-large member Ilyrong Moon, Ryan McElveen and Ted Velkoff, voted on these three dates to add non-discrimination policies and straightforward, science-based definitions that protect and include lesbian, gay, bisexual and transgender (LGBT) students and staff.

Members of the West Potomac High School community also took a lead in this matter: students, graduates, and teachers at WestPo

testified and wrote the board, and talked to Mr. Storck about protecting and including LGBT students. As sponsor of West Potomac's Gay-Straight Alliance over the past year, I have seen and heard these students' pain and sorrow at the exclusion they have experienced, and at times outright discrimination and harassment.

The inclusion of LGBT students in the nondiscrimination policy and Family Life Education go a long way to lessening these negative effects.

It is worth noting that parents who do not feel comfortable with this retain the right to opt their children out of all parts of the Family Life Education Curriculum. Indeed, the board voted to make it easier to do so.

Mr. Storck and Ms. Derenak Kaufax, indeed all the board members who voted for these measures, deserve our support and our thanks, for supporting those students who are most vulnerable.

Robert Rigby, Jr.
Latin teacher
West Potomac High School

Spring Bank and Fairchild Park

To the Editor:

The history of seeking a park and restoring Quander Brook is easily understood with facts. Nothing is easier than to falsify the past. Lifeless instruction will do it. If you rob it of vitality, stiffen it with pedantry, sophisticate it with argument, chill it with unsympathetic comment, you render it as dead as any academic exercise. Citizens know that in the archive editions of the Gazette, they can listen to its poets and to its masters in the humbler art of prose to discover the facts about Spring Bank and its struggle for improvements to infrastructure and the same park and recreation assets found in other Mount Vernon neighbor-

hoods. The real and proper object for knowing the truth in this matter is not to expound it, but to realize it, consort with it, and make your spirit kin with it, so that you may never shake the sense of obligation off. Truths are why we seek improvements.

In the Gazette articles about the history of our Mount Vernon watersheds, I stated that the degradation of our streams and creeks were the unintended consequences of development patterns across history. The Belle Haven watershed is acknowledged as one of the most degraded in all of Fairfax County. Why is it that the Department of Public Works and Environmental Services (DPWES) has not completed a single restoration project in this watershed but have done numerous projects elsewhere in Fairfax County? Quander Brook on the Fairchild property meets numerous DPWES priority criteria for being a project

SEE LETTERS, PAGE 9

Mount Vernon Gazette

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A Connection Newspaper



LETTERS

FROM PAGE 8

site yet continues to be passed over for projects in less degraded watersheds.

At the March 2015 meeting of the MVCCA Environment and Recreation committee, the new director of the Fairfax County Park Authority (FCPA), Kirk Kincannon commented that Community Parks are lacking here in the Mt. Vernon District. He spoke about the Fairchild property saying "An important challenge facing the FCPA is that new parks do not bring new funds to manage them. The Fairchild property has forested, steep slopes, a stream valley and an RPA. The property will need investment to clean up, restore and make it a community park that can be used by the community. A public or private partnership opportunity would be one option to pursue for restoration of this property so it can be considered for transfer to the FCPA."

Citizens in Spring Bank have contributed as taxpayers for decades adding great parks in communities throughout all of Fairfax County. When these now established parks were new, did they all bring new funds to manage them? It was our tax dollars that contributed to the investments necessary to clean, restore, plan and create these parks as assets to the communities they serve today. It is fair to ask why now some undefined special partnership is required for the requisite investments before they consider

taking ownership of this donated land. They are suggesting that our desire for the kind of parks we helped to fund in other communities is for our community a liability for them to manage. We see the donated land as an asset to develop in order that future generations in an urbanized north Mount Vernon will have parks in their community.

Given that both DPWES and FCPA continue to stonewall Spring Bank, one begins to consider whether stealth inequalities govern the distribution of public assets in this county thus exacerbating inequities rather than reducing them. This system of distribution seemingly does so in a way that favors communities with the least need while the communities with the greatest needs receive the fewest resources. To take the taxpayer dollars and channel them back to districts which are much less in need of funding support since they have better infrastructure, fewer degraded watersheds and more park and recreation amenities is despicable.

For these reasons, I ask Fairfax and the Mount Vernon citizens to sign the online petition at <http://www.ipetitions.com/petition/petition-to-the-mount-vernon-supervisor-to> or sign a paper version asking that the Board of Supervisors transfer the former Fairchild property into the hands of the FCPA.

Martin Tillett
Spring Bank

SCHOOL NOTES

Email announcements to gazette@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Jazana M. Goolsby was named to the dean's list at Boston University (Boston, Mass.).

Sheridan Gribbon has graduated from Colorado College (Colorado Springs, Co.) with a bachelor's degree in psychology.

Sharmendra Devkota has been named to the dean's list for the 2015 spring semester at Pratt Institute (Brooklyn, N.Y.).

Devon McMahon was named to the dean's list for the spring 2015 semester at Florida Institute of Technology (Melbourne, Fla.).

Shannon Kay Frydenlund was named to the president's list for the spring 2015 semester at Clemson University (Clemson, S.C.).

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PUBLIC NOTICE

Please be advised that a brief fireworks display will take place as part of a public event at George Washington's Mount Vernon on the following date:

Saturday, July 4,

between 1:00 p.m. and 1:15 p.m. (5 minutes)

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to: Events@MountVernon.org.

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Mount Vernon
Gazette

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Fairfax County Summer Food Program

Many students who receive free meals during the school year need assistance in the summer. Fairfax County Public Schools will participate in the U.S. Department of Agriculture's (USDA) summer food

service program for children, a program established to ensure that students who qualify for free and reduced-price meals during the school year continue to receive nutritious meals when school is not in session. Free meals that meet federal nutrition guidelines will be provided to

children at approved sites throughout Fairfax County. Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for every child regardless of race, color, national origin,

sex, religion, age, disability, political beliefs, sexual orientation, gender identity, or marital or family status, and there will be no discrimination in the course of the meal service. Meals may be provided, pending qualification, at the sites and times listed as follows:

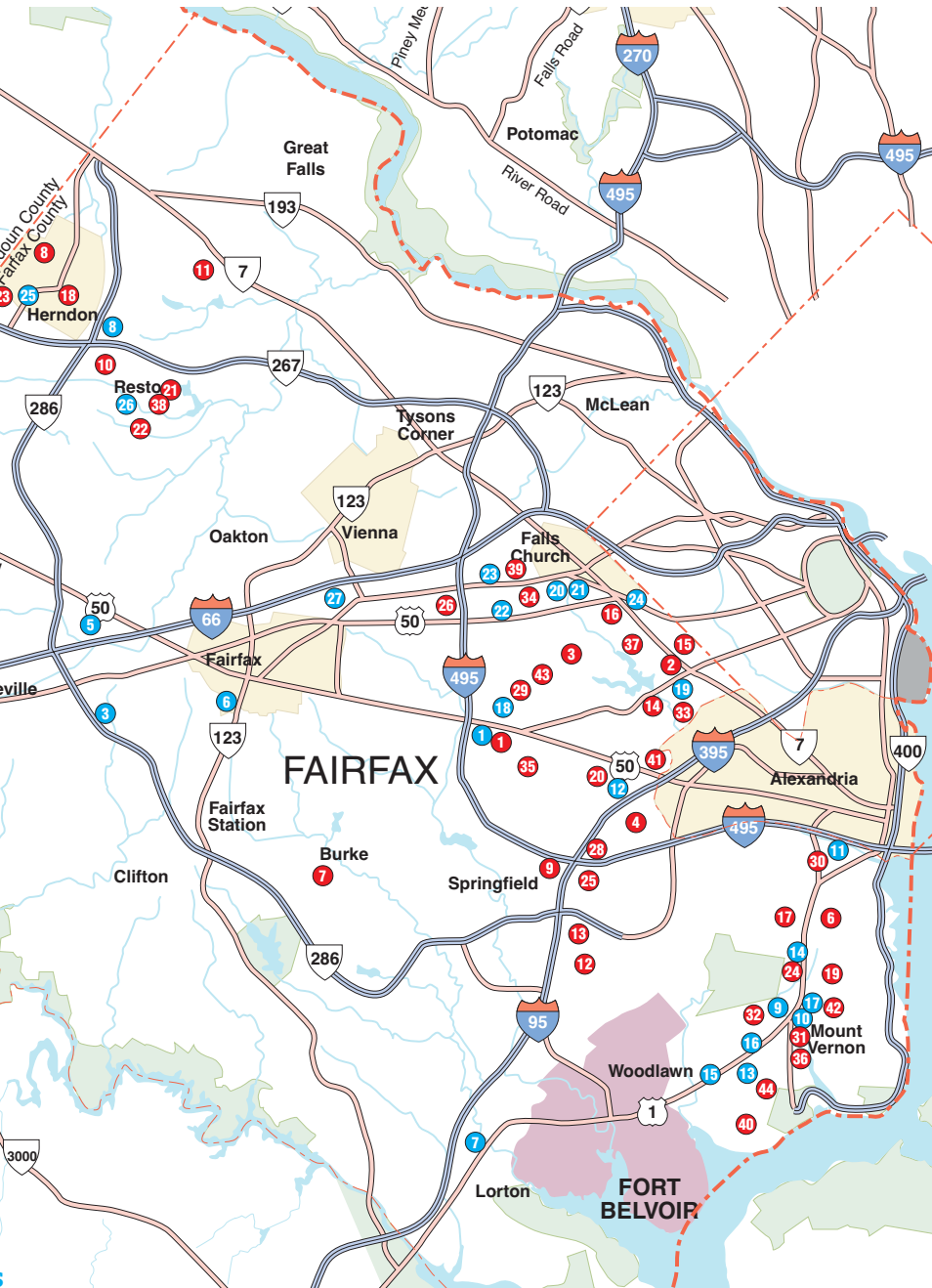
FAIRFAX COUNTY PUBLIC SCHOOLS

School Site	Dates	Breakfast	Lunch
1 Annandale Terrace ES	Jun 29 — Aug 7	9:00 - 9:30	12:00 - 12:30
2 Bailey's (Lower) ES	Jun 29 — Aug 7	9:00 - 10:00	12:00 - 1:30
3 Beech Tree ES	Jul 13 — 31	9:00 - 10:00	11:00 - 12:00
4 Bren Mar Park ES	Jul 13 — 31	8:00 - 8:30	11:15 - 12:15
5 Brookfield ES	Jun 29 — Aug 7	8:30 - 9:30	12:00 - 12:30
6 Bucknell ES	Jun 29 — Aug 7	8:45 - 9:30	11:30 - 12:30
7 Burke School	Jul 13 — 31	N/A	11:30 - 12:00
8 Clearview ES	Jul 6 — 31	8:30 - 9:45	12:00 - 12:45
9 Crestwood ES	Jul 13 — 31	9:15 - 9:45	12:00 - 12:45
10 Dogwood ES	Jun 29 — Aug 7	8:00 - 9:30	11:00 - 12:30
11 Forest Edge ES	Jul 6 — 31	9:00 - 9:45	12:00 - 12:45
12 Forestdale ES	Jul 13 — 31	8:00 - 9:00	10:30 - 12:00
13 Garfield ES	Jun 29 — Aug 7	8:30 - 9:30	11:30 - 12:30
14 Glasgow MS	Jul 13 — 31	7:15 - 7:30	11:00 - 11:30
15 Glen Forest ES*	Jun 29 — Aug 7	8:30 - 9:30	11:30 - 12:30
16 Graham Road ES	Jun 29 — Aug 7	9:00 - 9:45	12:00 - 1:25
17 Groveton ES	Jul 13 — 31	8:30 - 9:30	11:00 - 12:00
18 Herndon ES	Jun 29 — Aug 7	9:00 - 9:30	12:00 - 12:30
19 Hollin Meadows ES	Jul 6 — 31	8:00 - 9:00	11:00 - 12:30
20 Holmes MS	Jul 13 — Aug 7	8:30 - 10:00	11:45 - 12:30
21 Hughes MS	Jun 29 — Jul 30	8:00 - 8:30	11:30 - 12:00
22 Hunters Woods ES	Jul 13 — 31	9:00 - 9:20	11:00 - 11:30
23 Hutchison ES	Jun 29 — Aug 7	9:00 - 9:30	12:00 - 12:30
24 Hybla Valley ES	Jun 29 — Aug 7	9:00 - 9:30	12:00 - 1:00
25 Key MS	Jul 6 — Aug 6	8:00 - 10:30	11:30 - 1:00
26 Jackson MS	Jun 29 — Jul 31	8:00 - 9:45	11:30 - 12:30
27 London Towne ES	Jul 13 — 31	8:00 - 8:30	11:00 - 12:00
28 Lynbrook ES	Jun 29 — Aug 7	8:00 - 9:30	11:15 - 12:30
29 Mason Crest ES	Jul 6 — 31	9:15 - 9:45	11:30 - 12:45
30 Mount Eagle ES	Jun 29 — Aug 7	8:00 - 9:30	12:00 - 12:30
31 Mount Vernon HS	Jun 29 — Aug 4	7:45 - 8:00	11:00 - 12:10
32 Mount Vernon Woods ES	Jun 29 — Aug 7	9:00 - 9:30	12:00 - 12:30
33 Parklawn ES	Jul 13 — 31	9:30 - 9:45	12:00 - 12:45
34 Pine Springs ES	Jul 6 — 31	9:30 - 10:00	11:30 - 12:45
35 Poe MS	Jul 6 — 31	8:00 - 8:30	11:30 - 12:00
36 Riverside ES	Jul 13 — 31	8:30 - 9:00 and 1:30 - 1:45	11:00 - 12:00
37 Sleepy Hollow ES	Jun 29 — Aug 7	8:45 - 9:30	11:15 - 12:30
38 South Lakes HS	Jul 13 — 31	9:00 - 9:30	11:30 - 12:00
39 Timber Lane ES	Jul 13 — 31	8:30 - 8:45	12:00 - 12:30
40 Washington Mill ES	Jul 13 — 31	8:15 - 8:45	12:00 - 12:30
41 Weyanoke ES	Jul 13 — 31	8:30 - 8:50	11:45 - 12:15
42 Whitman MS	Jul 6 — 31	8:30 - 9:00	11:00 - 12:00
43 Woodburn ES	Jul 13 — 31	8:30 - 9:00	11:30 - 12:00
44 Woodley Hills ES	Jun 29 — Aug 7	9:00 - 9:30	12:00 - 12:30

*LIMITED MEALS AVAILABLE

FAIRFAX COUNTY DEPARTMENT OF NEIGHBORHOOD AND COMMUNITY SERVICES

Site	Dates	Meal Type	Time
1 Wedgewood Apartments 7615 Allman Drive, Annandale	Jun 22 — Sept 4	Lunch	12:00 – 1:00
2 Barros Circle 6117 South Barros Court, Centerville	Jun 22 — Sept 4	Lunch	12:00 – 12:30
3 Mott Community Center 12111 Braddock Road, Fairfax	Jun 22 — Sept 4	Breakfast/ Lunch	8:30 – 9:30/ 11:30 – 1:30
4 Ox Hill Baptist Church-CLCP 4101 Elmwood Street, Fairfax	Jun 22 — Aug 28	Breakfast/ Lunch	9:00 – 10:00/ 12:00 – 1:00
5 Ragan Oaks 1201 Ragan Oaks Court, Fairfax	Jun 22 — Sept 4	Lunch	12:00 – 1:00
6 Robinson Square 4400 St. Edwards Place, Fairfax	Jun 22 — Sept 4	Lunch	12:00 – 1:00
7 Lorton Community Action Center 9518 Richmond Highway, Lorton	Jun 29 — Sept 4	Lunch	12:30 – 2:30
8 YMCA Reston 12196 Sunset Hills Road, Reston	Jun 22 — Aug 28	Breakfast/ Lunch	8:30 – 9:00/ 11:30 – 1:00
9 Creekside UCM Community Center 7939 Janna Lee Avenue, Alexandria	Jun 29 — Aug 28	Lunch	12:00 – 1:00
10 Gum Springs Community Center 8100 Fordson Road,	Jun 22 — Sept 4	Breakfast/ Lunch	9:00 – 10:00/ 12:00 – 1:00
11 Huntington Community Center 5751 Liberty Drive, Alexandria	Jun 22 — Sept 4	Breakfast/ Lunch	9:00 – 10:00/ 12:00 – 12:30
12 Lincolnia Community Center 5130-B Lincoln Avenue, Alexandria	Jul 6 — Aug 28	Breakfast/ Lunch	9:30 – 10:00/ 12:30 – 1:30
13 Old Mill Gardens 5804 St. Gregory's Lane 1A, Alexandria	Jun 29 — Aug 28	Lunch	11:00 – 1:00



Site	Dates	Meal Type	Time
14 Meadow Woods 7242 Fordson Road, Alexandria	Jul 9 — Aug 14	Lunch	12:30 – 1:15
15 Sacramento Neighborhood Center 8792-E Sacramento Drive, Alexandria	Jul 6 — Aug 21	Lunch	1:30 – 2:30
16 South County Teen Center 8350 Richmond Highway, Suite 309, Alexandria	Jun 22 — Sept 4	Breakfast/ Lunch	9:00 – 10:00/ 12:00 – 1:00
17 Westford Community Center 3013 Westford View Court, Alexandria	Jun 30 — Aug 22	Breakfast/ Lunch	9:30 – 10:15/ 11:30 – 12:15
18 Parliaments 7409 Eastmoreland Road, Annandale	Jun 22 — Aug 28	Lunch	12:30 – 2:30
19 Bailey's Community Center 5920 Summers Lane, Falls Church	Jun 22 — Sept 4	Breakfast/ Lunch	9:00 – 9:30/ 12:00 – 1:00
20 James Lee Community Center 2855-A Annandale Road, Falls Church	Jun 22 — Sept 4	Breakfast/ Lunch	8:30 – 9:30/ 11:30 – 1:30
21 James Lee Teen Center 2855-A Annandale Road, Falls Church	Jun 22 — Sept 4	Lunch	1:00 – 2:00
22 Kingsley Commons 3037B Monticello Drive, Falls Church	Jun 29 — Aug 28	Lunch	12:00 – 1:00
23 Wexford Manor Apartments 2802-A Hollywood Road, Falls Church	Jul 6 — Aug 28	Breakfast/ Lunch	10:00 – 10:30/ 12:30 – 1:30
24 Willston Multicultural Center 6131 Willston Drive, Falls Church	Jun 22 — Sept 4	Breakfast/ Lunch	8:30 – 9:30/ 11:30 – 1:30
25 Herndon CLCP 1066 Elden Street, Herndon	Jul 6 — Sept 3	Lunch	12:00 – 2:00
26 West Glade 2110 West Glade, Reston, VA 20191	Jun 22 — Sept 4	Lunch	11:30 – 1:30
27 Providence Community Center 3001 Vaden Drive, Vienna	Jun 22 — Aug 28	Breakfast/ Lunch	9:00 – 10:00/ 12:00 – 1:00



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6036 Fort Hunt Rd \$799,000
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8523 Springman St \$499,500
Stunning Opportunity!
Absolutely unbelievable value—owner is moving and wants immediate sale! Custom brick rambler, approx. 3400 sq ft, 4 bedroom, 3 bath. Major updates include: kitchen, baths, roof, HVAC system. Amazing 375 sq ft screen porch overlooks fenced half acre lot. Prime location in quiet setting yet convenient to everything. True one of a kind opportunity. **OPEN SUN 7/5, 1-4! GW Pky S; past Estate; R-Old Mill; R-Gateshead; R-Radford; L-Jackson; L-Springman.**



8720 Plymouth Road \$1,695,000
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9408 Brambly Lane \$1,165,000
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ENTERTAINMENT

ACCT Stages 'Cheaper by the Dozen'

Comedy tells of efficiency expert who raises a family with 12 children.

BY STEVE HIBBARD
THE GAZETTE

Aldersgate Church Community Theater (ACCT) is staging the light-hearted classic comedy "Cheaper by the Dozen" July 3-19 in Alexandria.

The play is based on the biographical novel written by Frank Bunker Gilbreth, Jr. and Ernestine Gilbreth Carey, published in 1948. It tells the story of time and motion study and efficiency experts Frank Bunker Gilbreth and Lillian Moller Gilbreth, and their 12 children. It was made into a 1950 film starring Clifton Webb and Myrna Loy.

Director Becky Patton wanted to direct "Cheaper by the Dozen" because it was one of her favorite books. "Today, the thought of raising a dozen children makes me want to run screaming in the other direction; however, directing this wonderful group of actors has been an enormous amount of fun," she said.

She said Gilbreth Sr. was a time and motion study expert; his wife Lillian was one of the very first industrial psychologists. And together their work paved the way for the modern study of ergonomics. "The push to become 'the most efficient family in America' has its price, but is not without plenty of humor," she said.

She said the cast has a variety of acting experience (or none, in several cases), and she wanted to help the newcomers enjoy their first experience while not boring the old hands. Part of their enthusiasm has stemmed from the research the actors have done on their individual characters, since this is basically a true story. "We also spent time talking about how families interact and really enjoyed the dynamics," she said. "I had each one create a back story for their character — what they liked, who their ally was in the family, what their favorite subject was," she added.

"I would be remiss if I didn't point out to

you that this show is only possible through the hard work and dedication of many people, in addition to the actors ... Set builders, painters, and decorators, sound, lighting and properties designers, stage managers, costumers, the ticket booth and concessionaires, and of course, my fabulous producers who kept everyone connected and the show moving forward," she said. "I want to give the marvelous technical crew a shout out for making 'Cheaper' the endearing production it is today."

James McDaniel plays the role of the father, a historical figure, had a major influence on scientific management and management in general. "He is a little behind the social fashions and conventions of the day; his value system is still rooted in the previous (Victorian) age, so he is in conflict with the growing independence of his daughters who want to adopt the current fashion and conventions," he said.

He said that a strong theme throughout the show is the father's concern that "time is precious."

He added: "I hope the audience will compare, reflect upon, and cherish relationships with their own family members. It will remind audiences that there will always be conflicts between young and old, but we can still love, respect and support one another."

Brevan Collins plays the role of Larry, a senior in high school who plays fullback for the Montclair High School football team. "He really likes Anne, but is afraid to ask her out at first because her dad is very scary," he said.

It has been a challenge for him to play someone who is five years older, he said. "I don't really know how a 17-year-old acts or thinks because I am 12. I have been using my script and watching how the older teens act," he said.

Alyssa Denton plays the role of Anne, the oldest child in the Gilbreth family who wants to fit in

— whether that be with clothing, the way she carries herself or wanting to impress boys. "She faces troubles when her family prevents her from doing as she wishes and to focus solely on schoolwork and skipping grades," she said.

"While on the surface they can appear very shallow, I wanted to find the deeper meaning to her wanting a boyfriend," she said.

Zack Collison plays the role of Bill, a typical younger brother who enjoys bothering his older siblings but likes to cover it up in front of their dad. "At one point in the show I have to chaperone my oldest sister on a date which makes me more disturbing to her than the others," he said.

He hopes the audience will see how real life was for the Gilbreth family — and discover what life meant for them each as an individual and together as a family.

Suzanne Martin plays the role of the mother, Lillian Gilbreth. "Lillian Gilbreth was a brilliant women with educational credits that would be impressive even in our times," she said.

She has been reading Lillian's autobiography, and she said the play takes some liberties with many of the life events in the Gilbreth family. "I have found I needed to take a step back and look at the messages the play would like to deliver, and step a bit further from the events and Lillian's true reactions to them," she said.

She added: "I hope audience members go home and call/write/see their loved ones and tell them how special they are to them," she said.

Lyndsey Lawrence plays the role of Lillian, the second-youngest daughter in a 12-child family. At age 11, she hasn't found herself at the center of boy-craziness like the rest of her sisters. "Her disinterest in boys and interest in other childlike things pre-

vents her from bonding with her sisters, but brings her closer to the younger kids in the family," she said.

She said a challenge was having to portray herself much younger than she is, and being very energetic and bubbly every second she was on stage. "This was a change for me since I'm usually cast in roles with the character being much older or having a meaner personality," she said.

Olivia Hays plays the role of Martha, the third oldest child in the Gilbreth family. "She, like her older sisters, has her focus set on attracting boys and wanting to fit in," she said. "Martha always means well, but sometimes her judgment is clouded."

"My challenge in developing her character, was balancing my delivery of lines so that her immaturity doesn't come off as lack of intelligence," she said.

She added: "Every family has its quirks, and the Gilbreth family is no exception. Though the Gilbreth family is a little wacky, especially with the father's emphasis on efficiency in the home, its members value their time together. My hope is that the audience members enjoy the Gilbreths, and are reminded, even if just in a small way, what makes their families special."

Producer Leah Hays said, "Each time the cast rehearses, the father's response to Anne's question in Act III gives me pause, "... It's for where your heart lies — that's what you save time for."

Aldersgate Church Community Theater is staging "Cheaper by the Dozen" July 3-19 in Alexandria. Show times are July 3, 10, 11, 16, 17 and 18 at 8 p.m. and July 5, 12, and 19 at 2 p.m. Tickets are \$15/general; \$12/students and seniors. Aldersgate United Methodist Church is located at 1301 Collingwood Road in Alexandria. For more information, visit www.wacconline.org.



The cast of ACCT's production of "Cheaper by the Dozen" includes: (Back row): Lillian (Lyndsey Lawrence), Anne (Alyssa Denton), Dad (James McDaniel), Martha (Olivia Hays) and Ernestine (Jenna Martin). (Front row): Frank (Quinten Hoagland), Dan (Johnnie Hays), Jackie (Jovan Morales-Shackelford), and Bill (Zack Collison).

PHOTOS CONTRIBUTED



Mother (Suzanne Martin) and Dad (James McDaniel) star in ACCT's production of "Cheaper by the Dozen."

ENTERTAINMENT

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

"Art Uniting People" Exhibit.

Through July 9, Monday-Friday, 9 a.m.-5 p.m. on the 2nd floor hallway at Alexandria City Hall, 301 King St. The exhibit is designed to raise awareness about the stigma faced by those with mental illness, substance use disorders, and intellectual disabilities. Admission is free. Visit www.alexandriava.gov.

"Saturate." Through July 19 during gallery hours at the Athenaeum, 201 Prince St. Six artists use different mediums to convey moisture. Free. Visit www.nvfaa.org.

"Boundaries & Borders." During gallery hours through July at the Target Gallery at the Torpedo Factory, 105 N. Union St. Artists were inspired the "outsider's perspective" for this exhibit. Free. Visit www.torpedofactory.org.

"Magical, Mystical Animals." Through July 25, 10 a.m.-5 p.m. daily at The Potomac Fiber Arts Gallery at the Torpedo Factory, 105 N. Union St. Studio 18. Artists will display art inspired by childhood stories and mythical creatures. Admission is free. Visit www.potomacfiberartsgallery.com.

Mt. Vernon Recreation Center Art Class Exhibit. Through July 28, Monday-Friday 6 a.m.-10 p.m.; Saturday 7 a.m.-10 p.m.; Sunday 7 a.m.-6 p.m. at Saint Elmo's Coffee Pub, 2300 Mt. Vernon Ave. View drawings and paintings done by the senior art class. Free. Visit www.stelmoscoffee.pub.

Hollin Meadows Summertime Writing Nights. 6:30-7:30 p.m. Mondays through Aug. 17 at Sherwood Regional Library, 2501 Sherwood Hall Lane. Families and elementary students (grades kindergarten through third) can read, write and talk with teachers. Free. Email Hollinmeadows.KeepInTouch@fcps.edu for more.

Cool Yoga. Wednesdays through Sept. 4, 6:30-7:30 p.m. at 1900 Mt. Vernon Ave. Participate in group yoga sessions taught by Prasada Yoga's Maureen Clyne and enjoy refreshments provided by St. Elmo's Coffee Pub and other local eateries. Suitable for all levels. Bring mat, towel and water. Free. Call 703-671-2000.

Special Family Museum Tours.

Saturdays through Sept. 7, 10 a.m.-1 p.m. at Gadsby's Tavern Museum, 134 N Royal St. Flexible tours and

hands-on activities provide a deeper experience into the social and political life of Alexandria in the 18th and 19th centuries. Tickets are \$5 for adults (\$4 with AAA card), \$3 children ages 5-12, and children ages 4 and under as well as Alexandria Public School and Blue Star families receive free admission. Coupons accepted. Call 703-746-4242 or visit www.gadsbystavern.org for more.

Baseball Boat to Nationals Park.

Through Sept. 26 at various time. Leaves from the Alexandria Marina, 1 Cameron St. Baseball fans can avoid heavy traffic and cruise along the Potomac to Nationals Park. Tickets are \$20 one-way and \$25 round-trip. Visit www.potomacriverboatco.com/baseball-boat.php.

Doggy Happy Hour. Tuesdays through Oct. at 5-8 p.m. at Jackson 20, 480 King St. Enjoy discounted drinks and treats with one's dog. Free. Visit www.jackson20.com/buzzevents_events.php.

Water Taxi to the National Mall.

Through Nov. 1, at various times at Alexandria Marina, 1 Cameron St. Cruise from Old Town to D.C. on the *Miss Sophia*, while stopping view some of the area's most popular attractions. Tickets are \$28 roundtrip and \$14 one-way for adults. For children under 12, tickets are \$16 roundtrip and \$8 one-way. Visit www.potomacriverboatco.com/.

Alexandria Cars & Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

George Washington's Mount Vernon

has joined Thomas Jefferson's Monticello and James Madison's Montpelier to expand the "Presidents Passport," Virginia's premier presidential trail. As an added bonus to this year's program, visitors to the Alexandria Visitors Center at 221 King St. showing or purchasing a ticket to any of the three presidential estates will, upon request, receive for free Alexandria's "Key to the City" pass, which grants access into nine historic sites and museums in Alexandria-a \$26 added value. Visit www.PresPassport.Monticello.org for more.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m. to 5 p.m., Sundays noon-5 p.m. Fort Ward Museum 4301 West Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

Dinner for the Washingtons. Noon at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour

that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org/ for more.

Second Thursday Music.

Athenaeum, 201 Prince St. 7 pm. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk

takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

Art for Life.

Third Thursday of every month. 4:30-7:30 p.m. at Torpedo Factory, 105 N. Union St. Hyatt Regency Crystal City has partnered will the National Kidney Foundation for a program highlighting a different artist each month for a year.

Civil War Sundays.

1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more. Free. Visit www.alexandriarchaeology.org.

CAMPS, CLASSES & WORKSHOPS

Tiny Dancers 2015 Summer

Camps. Each session includes daily instruction in ballet, a snack, fine motor exercise through a theme-related craft and a story with dress-up dance interpretation. The session culminates with a recital and reception. Tiny Dancers is designed for ages 2-12, featuring a performance based ballet, tap, jazz and musical theater curriculum. The studio is located at 621 S. Washington St., Alexandria. Call 703-739-0900 or visit www.tinydancers.com for more.

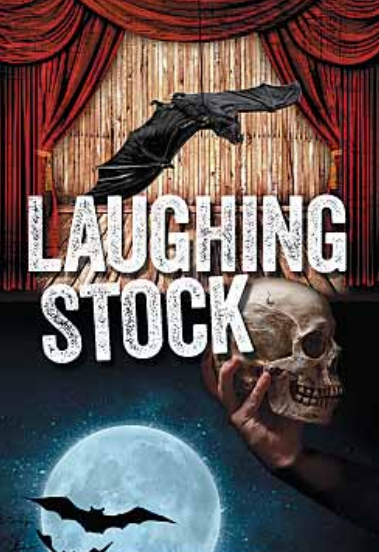
Art League Summer Camps.

Registration for Summer Art Camp 2015 is now open.

Art Camps run Monday to Friday, June 22-Aug. 21. Camps are available for ages 5 and older, with morning, afternoon, or all day options. Subjects include: drawing, cartooning, painting, photography, ceramics, sculpture, jewelry, fiber arts, clay animation, and Basic Art Camp (a new medium each day). \$155-\$345. Visit www.theartleague.org/content/art_camp for more.

2015 Youth Summer Art Camp.

July 20-25 or July 27-31 at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Youth ages 8-14 spend one



AUDITIONS:

Saturday July 11th, 2 pm
Sunday, July 12th, 7 pm

CALLBACKS:

Tuesday, July 14th, by invitation

LAUGHING STOCK, a backstage farce, with a behind-the-scene look at the world of Summer Stock Theatre that is nowhere close to Broadway in any and all aspects. All characters are stereotypical theater types that all of us have worked with, loved, and in some cases have been or will be. Details listed under the pull-down "auditions" button on our website.

SHOW DATES:

September 5-26, 2015

Little Theatre of Alexandria
600 Wolfe Street • 703-683-0496
www.thelittletheatre.com

Good Shepherd Catholic Church

Mass Schedule

Monday 6:30 pm Mass (Español) Saturday Evening 5:00 pm Vigil Mass 6:30 pm Vigil Mass (en Español) Sunday 7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm	(en Español); 6:30 pm Weekday & Saturday Mornings: 9:00 am Mass, preceded by Rosary (on First Friday, Mass followed by Eucharistic Adoration) Thursday & First Friday of the Month: 7:30 pm Mass (Español) preceded by 7:00 pm Eucharistic Adoration
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703-360-6925

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Second Thursday Business Breakfast
2nd Thursday of each month
8:00 am to 9:30 am
Belle Haven Country Club

MOUNT VERNON-LEE CHAMBER OF COMMERCE
6821 Richmond Highway / Alexandria, VA 22306



Independence Day At Mount Vernon

Mount Vernon's annual Independence Day celebration is an all-day event. Guest will be greeted by "General and Mrs. Washington," may listen to a reading of the Declaration of Independence, watch battle reenactments and more. Free "Happy Birthday, America!" birthday cake will be served while supplies last on the Bowling Green after a made-for-daytime fireworks show over the Potomac. Activities are 8 a.m.-5 p.m. Visit www.mountvernon.org for a full schedule.



PHOTOS CONTRIBUTED

JULY 6-AUG. 24

Yoga for Gardeners. Mondays, 9:45-10:45 a.m. at Green Spring Gardens, 4603 Green Spring Road. This class is a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. The class is held indoors. The class is \$86 per person. Register on-line at www.fairfaxcounty.gov/parks/greenspring.

TUESDAY/JULY 7

Tuesday Morning Stroll. 11 a.m.-12 p.m. at the Simpson Park Gardens, 420 E. Monroe St. Residents are invited to visit the garden, receive free seed packets and have their gardening questions answered by experts. Free. Contact carol_kilroy@comcast.net for more.

Michael Fisherkeller Talk. 7-8 p.m. at Morrison House Hotel, 116 S Alfred St. Michael Fisherkeller, a Torpedo Factory visiting artist, will be talking about his artwork which incorporates images from pre-Raphaelite artwork into his street-art inspired paintings to represent

contemporary issues. Admission is free. Call Tatyana Schremko at 703-548-1750 or email her at tatyana.ss@verizon.net.

TUESDAY-FRIDAY/JULY 7-10

Dance Class: Jane Franklin Dance. 10-11:30 a.m. at The Athenaeum, 201 Prince St. Body integration for the individual is the class's primary goal while encouraging flexibility, strength, and coordination. Enroll at www.JaneFranklin.com.

WEDNESDAY/JULY 8

Sonic Saturation. 7 p.m. at Athenaeum, 201 Prince St. Instrumentalist Tom Teasley performs live with sound created using water to provide an enhanced experience to the works in Saturate. Tickets are \$15. Visit nvfaa.org for more.

Swing Dance with DJ Dabe Murphy. 9-11 p.m. at Nick's Nightclub, 642 S Pickett St. DJ swing dance featuring the music of the 1930s, 1940s, '950s, and some contemporary favorites. Tickets are \$6. Visit www.gottaswing.com.

THURSDAY/JULY 9

Robert Earl Keen. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Country music artist performs "The Bluegrass Sessions" with guest The Hello Strangers. Tickets start at \$49.50. Visit www.birchmere.com.

FRIDAY/JULY 10

Jason D. Williams and Dale Watson & The Lodestars. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Combining both country and rock, Jason D.

Williams performs along with Dale Watson. Tickets start at \$25. Visit www.birchmere.com/calendar/ for tickets.

Tom Principato Band. 8 p.m. at The Carlyle Club, 2050 Ballenger Ave. Tom Principato performs his trademark guitar riffs live. Tickets start at \$25. There is a \$25 minimum food and beverage purchase required per guest, except for general admission tickets. Visit www.thecarlyleclub.com.

Four Mile Summer Movie Festival. Movies start at dusk and are shown at the Four Mile Conservatory Building, 4109 Mt. Vernon Ave. National Community Church's inaugural summer movie festival is co-sponsored by the City of Alexandria. Film schedule is as follows: Friday, July 10, "The Lego Movie;" Friday, Aug. 7, "McFarland USA;" Friday, Sept. 11, "Cool Runnings." Bring a blanket or chair. Free. Visit www.theaterchurch.com for more.

JULY 10-19

Alexandria Live Music Week.

Various times at venues throughout the city. Find music from almost every genre. Admission varies by venue. Visit www.livemusicweek.com for a full schedule.

SATURDAY/JULY 11

Alexandria's Historic Breweries Guided Tour and Tasting. 10 a.m.-12:30 p.m. in Old Town. Learn about the history of local breweries on a walking tour. Tickets are \$20. Visit www.visitalexandriava.com/things-to-do/summer-in-alexandria/.

Gardening Exposition. 10:30 a.m.-12 p.m. at Burke Branch Library, 4701 Seminary Road. The Master Gardeners of Northern Virginia provide a program on container gardening and composting with focuses ranging from selecting and potting plants to building a compost pile. Free. Enroll at mgnv.org.

Canine Cruise. 11 a.m. at Alexandria City Marina, 1 Cameron St. The family dog is welcome to join in on an hour-long cruise through the Alexandria Seaport. Tickets are \$16 for adults and \$10 for children. Dogs ride free. Visit www.potomacriverboatco.com.

Old Fashioned Cookout and Talent Showcase 11 a.m.-5 p.m. at Fort Hunt Park. 8999 Fort Hunt Road. Fun family event with lots of food, music, door prizes, games, face painting for children, a photo booth, and a talent show. Tickets are \$16 for adults, \$8 for ages 6-12, free for children 6 and under. For tickets, contact smiles0406@hotmail.com or lderamous@hotmail.com.

Alexandria/USA Birthday Celebration. 7-10 p.m. at Oronoco Bay Park, 100 Madison St. Watch fireworks and live entertainment. Free. Visit www.visitalexandriava.com/alexandria-birthday-celebration for more.

Old Time Banjo Festival. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. 9th Annual Mike Seeger commemorative festival, featuring Cathy Fink, Marcy Marxer, Jayme Stone, David Reed, and Adam Hurt. Tickets start at \$29.50. Visit www.birchmere.com/calendar.

MONDAY/JULY 13

Gardening Program. 7-8:30 p.m. at Barrett Branch Library, 717 Queen St. The Master Gardeners of Northern Virginia present "Rebooting Your Summer Herb Garden," a session focused on maintenance and helpful tips. Free. Register at mgnv.org.

SEE CALENDAR, PAGE 17

WWW.CONNECTIONNEWSPAPERS.COM

week creating art and learning creative techniques, followed by a one-day gallery show. All art supplies, lunch, and snacks are provided. \$300 per child. Scholarships are available. See www.TheDelRayArtisans.org/ArtCamp.

Grown-Ups Art Camp. June 29-July 17 at Del Ray Artisans, 2704 Mount Vernon Ave. Adult art instruction including 37 workshops and events. Classes range from working with resin to polymer clay; from creating a monotype or paper masterpiece to learning how to tango. Visit www.thedelrayartisans.org.

Summer of Smiles. The Recreation, Parks and Cultural Activities' Summer Fun Guide, is now available. Summer camps and activities are available for youth ages 2-17 and include sports, dance, creative arts, computer, chess, enrichment, nature, adventure, Out of School Time (residents only) and classic camps. The guide has an index listing camps by week offered and age group. Register online or in-person at the Lee Center, 1108 Jefferson St. The Summer Fun Guide is available for download at www.alexandriava.gov/recreation. Free printed brochures will be available at City Hall, recreation centers, and public libraries. Call the Registration and Reservation Office at 703-746-5414.

Photography Workshop. 10:30 a.m.-12 p.m. at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Community Yoga. Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N. Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit www.532yoga.com.

Tween Yoga. Thursdays, May 28-July 16. 4-5 p.m. at 532YOGA, 532 N. Washington St. Suite 100. 532Yoga uses yoga to help tweens develop greater self-confidence. The workshop fee is \$125 or \$20 for drop-in classes. Visit www.532Yoga.com.

Drawing and Painting Lab for Teens. Wednesdays, June 24-July 15, 1:30-3:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Teens ages 13-17 may explore techniques including concepts of shape, line, texture and color blending. The fee is \$77 for four 2-hour lessons. Visit www.fairfaxcounty.gov/parks/greenspring.

FRIDAY/JULY 3

Free Noontime Concert. 12-12:30 p.m. at Historic Christ Church, 118 N. Washington St. The Choir of Men & Boys from Christ Church Cathedral, Ottawa, will present a free informal concert. Admission is free. Visit www.HistoricChristChurch.org or call 703-778-4931.

Friday Evening Garden Tour. 7-8

p.m. at Green Spring Gardens, 4603 Green Spring Road. Master Gardener docents will highlight the summer sights, fragrances and sounds at the end of the day, when changing light accentuates different plants and landscape features. Refreshments also available. Admission is \$12 person for each tour. Register on-line at www.fairfaxcounty.gov/parks/greenspring using code 290 302 6901.

Bilal. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. R&B artist and wide-range vocalist Bilal performs. Tickets start at \$35. Visit www.birchmere.com.

SATURDAY/JULY 4

An American Celebration at Mount Vernon. 8 a.m.-5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Mount Vernon will pay tribute to the first president of the United States with a display of made-for-daytime fireworks. The event also includes military reenactments, a wreath-laying ceremony, and free "Happy Birthday, America!" birthday cake while supplies last. Visit www.mountvernon.org.

Pohick Church Tours. 1-3 p.m. at Pohick Church, 9301 Richmond Highway. During the colonial period, Pohick Church was the congregation of many of the area's most prominent families, including the Washingtons, Masons and Fairfaxes. Free. Visit www.pohick.org.

SUNDAY/JULY 5

Author Talk: Mikey "J." 2-3 p.m. at the Beatley Central Library, 5005 Duke St. Mikey "J." discusses his work and shares readings from his book, "Color of Word." Free. Visit www.alexandria.lib.va.us for more.

ENTERTAINMENT

Changing Face of Family-Friendly Dining

Upscale restaurants accomodate children.

BY HOPE NELSON
GAZETTE PACKET

Quick: Think of a traditionally “kid-friendly” restaurant. It’s likely that one particular genre comes to mind: A loud establishment teeming with chaos, impatient servers, and a small children’s menu offering the usual fare for your little ones. But the face of **APPETITE** “family-friendly” dining is changing, and some of the restaurants leading the way in Alexandria may surprise you.

Jackson 20, 480 King St.

Wait, wait. Jackson 20, as in the upscale restaurant adjacent to the Hotel Monaco on King Street?

OK, it’s true: At first blush, Jackson 20 may not seem like the ideal fit for a night out with the whole clan. But manager Andrew Carlson says that perception couldn’t be further from reality.

Families “want to go out and have a good dining experience with their kids,” he said. And he’s adamant in ensuring that his restaurant provides a relaxing, friendly environment for diners of all ages.

“(Children) are here to eat, too,” he added.

Pop in to Jackson 20 on any normal weekend and you’ll find the brunch offerings and ambience to be a welcome respite from some of the more stuffy suits in town. Offering a special children’s menu aimed at “the Future Presidents of America,” the kitchen boasts favorites such as pancakes and PBJs, as well as an egg sandwich and scrambled eggs with bacon. Coming for lunch instead? Your future president can select several different versions of sliders, as well as a child-friendly version of one of the restaurant’s specialties.

“Kids love our mac and cheese,”

Carlson said, adding that since little ones’ palates often haven’t adjusted to the intricacies of sharper, spicier cheeses, the children’s version is prepared with American and cheddar.

This time of year, Carlson says, the restaurant sees a spike in families coming through at all times of the day and night. Tourist season is in full swing, and diners of

all ages are hungry. And Carlson says he and the staff are ready: He knows it takes just a few extra seconds to pull out a high chair or provide crayons for young guests, and that extra time goes an awfully long way for mealtime peace.

If You Go

Jackson 20

Address: 480 King St., Alexandria

Open: Weekday breakfast, lunch, and dinner; weekends brunch and dinner.

Top child-friendly seller: Mac and cheese.

Something new: The restaurant recently launched a new Lunch Line campaign; check out their Twitter hashtag at #WhenPigsFly to vie for a free meal on your lunch hour.



PHOTO BY HOPE NELSON

Jackson 20 caters to the “Future Presidents of America”— and adults too.

For children and adults alike, the sweetest reward comes at the end of the meal. Pie has made its way to Jackson 20, and kids of all ages should rejoice.

“I have been preaching pies for three years,” Carlson said, and his persistence has paid off. Seasonal pies are making their way to the menu, and the rotating offerings are seemingly limitless, ebbing and flowing between Mississippi mud pie, banana-cream pie, and strawberry pie, just to name a few.

Noteworthy:

♦ *Caphe Banh Mi*, 407 Cameron St.

This popular Vietnamese eatery in the shadow of City Hall may appear to have a menu that’s intimidating to many kids, but they have an off-menu pho option aimed

for younger diners’ palates. On the menu, their rice and vermicelli-noodle options are also good ones for children to cut their teeth on, so to speak.

♦ *Momo Sushi*, 212 Queen St.

Sushi may not seem like the most welcoming choice for families of all ages, but Momo does it right. More adventurous young eaters can try some of the restaurant’s specialty rolls, such as the Philly roll (rice rolled with salmon, cream cheese, and cucumber) or the spider roll (rice rolled with fried crab, cucumber, and avocado). In terms of more toned-down but still tasty options, try the avocado or oshinko rolls.

Hope Nelson owns and operates *The Kitchen Recessionista* blog, which can be found at www.kitchenrecessionista.com.

CALENDAR

FROM PAGE 16

SUNDAY/JULY 12

Southside Johnny & The Asbury Jukes. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Closely associated with Bruce Springsteen, Southside Johnny and his band performs live. Tickets start at \$39.50. Visit www.birchmere.com.

TUESDAY/JULY 14

Toad the Wet Sprocket. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. American alternative rock band perform with guest Derik Hultquist. Tickets start at \$45. Visit www.birchmere.com.

WEDNESDAY/JULY 15

Toad the Wet Sprocket. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. American alternative rock band perform with guest Derik Hultquist. Tickets start at \$45. Visit www.birchmere.com/calendar for more.

THURSDAY-SUNDAY/JULY 16-18

The Bacon Brothers. 7:30 p.m. at The Birchmere Music Hall 3701, Mount Vernon Ave. The Bacon Brothers is the American musical duo of Michael Bacon and Kevin Bacon.

Although they have played music together since they were boys, the brothers have only been a working band since 1995. Tickets are \$39.50. Visit www.birchmere.com/calendar for more.

FRIDAY/JULY 17

Musical Tribute to Frank Sinatra. 8 p.m. at The Carlyle Club, 2050 Ballenger Ave. Tony Sands celebrates 100 years of Sinatra’s music. Tickets start at \$28. There is a \$25 minimum food and beverage purchase required per guest, except for general admission tickets. Visit www.thecarlyleclub.com.

SATURDAY/JULY 18

Tom Teasley: Sonic Saturation Performance and Sound Installation. 7 p.m. at The Athenaeum, 201 Prince St. This one-time installation, inspired and created with water, will include pre-recorded ambient sound combined with live performance on unusual instruments. \$15 admission. Visit www.nvfaa.org for more.

Marine Chamber Orchestra Concert Series. 7:30 p.m. at The Schlesinger Center, 4915 East Campus Drive. The United States Marine Chamber Orchestra continues its summer concert series. Free. Visit www.nvcc.edu/schlesingercenter.

FRIDAY-SATURDAY/JULY 17-18

Comcast Outdoor Film Festival. 5:30 p.m. at Waterfront Park. Watch films on a 40-foot inflatable movie screen. Films are as follows: Friday, July 17 – “How to Train Your Dragon 2” (PG); Saturday, July 18 – “X-Men: Days of Future Past” (PG-13). Bring blankets and chairs. Free. Visit www.AlexandriaFilmFest.com.

SATURDAY/JULY 18

“Solo Baroque.” 3 p.m. at The Lyceum, 201 S. Washington St. Listen to Baroque violinist Michael de Sapio. Free. Donations accepted. Call 703-409-5859.

JULY 18-24

“Jon Meadows – A Soldier’s Voice.” Opening reception is on July 18, at 6 p.m. Gallery hours Monday–Saturday, 10 a.m.–6 p.m., Thursday, 10 a.m.–9 p.m., and Sunday, 12-6 p.m. at Torpedo Factory Art Center, 105 N Union St, Studio 12. Veteran Army Staff Sgt. Jon Meadows tells his story through visual art. Admission is free. Visit www.theartleague.com.

SUNDAY/JULY 19

Ambrosia. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave.

An American rock band from California performs live. Tickets start at \$29.50. Visit www.birchmere.com.

MONDAY/JULY 20

Jonny Lang. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Jonny Lang brings modern blues to the Birchmere. Tickets start at \$69.50. Visit www.birchmere.com/calendar.

TUESDAY/JULY 21

Genealogical Clues in Records. 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Learn how to find clues about your ancestors in legal documents in Chuck Mason’s talk: “Understanding the Hidden Clues in Records.” Free. Visit www.mvgenalogy.org.

Steeleye Span Concert. 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. British folk rock group Steeleye Span performs. Tickets start at \$35. Visit www.birchmere.com.

JULY 23-SEPT. 6

“Fields.” Gallery hours at The Athenaeum Gallery, 201 Prince St. Artists David Carlson and Pat Goslee make art based on their interests in spiritual exploration and energy fields. Free. Visit www.nvfaa.org.

THURSDAY/JULY 23

Peter White and Richard Elliot. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Jazz musicians perform live at the Birchmere. Tickets start at \$45. Visit www.birchmere.com.

FRIDAY/JULY 24

Golf Classic. All day at Old Hickory Golf Club, 11921 Chanceford Drive, Woodbridge. Alexandria Chamber of Commerce hosts their Annual Golf Classic. Tickets start at \$250. Visit www.alexchamber.com.

A Tribute to Earth Wind & Fire, The Emotions. 8 p.m. at The Carlyle Club, 2050 Ballenger Ave. The Brencore Allstars Band performs hits from Earth Wind and Fire and The Emotions. Tickets start at \$30. There is a \$25 minimum food and beverage purchase required per guest, except for general admission tickets. Visit www.thecarlyleclub.com.

SATURDAY/JULY 25

Red, White & Beagle. 6-10 p.m. at River Farm, 7931 E. Boulevard Drive. The Beagle Freedom Project will present their first fundraiser. Find dinner, music and the “DC7” Beagles. General admission is \$150, VIP tickets are \$200. Visit www.redwhiteandbeagle.com.

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WELLBEING

Ensuring a Safe Fourth of July

From swimming to fireworks, safety precautions for a festive Independence Day.

BY MARILYN CAMPBELL
THE GAZETTE

Details

Local Fireworks Laws and Safety Information

- ❖ Arlington: <http://fire.arlingtonva.us/fire-code-information/fireworks/>
- ❖ Alexandria: http://alexandriava.gov/fire/info/news_firedisplay.aspx?id=62314
- ❖ Fairfax County: www.fairfaxcounty.gov/fr/prevention/fmfireworks.htm

Heat and Car Safety

- ❖ www.safercar.gov/parents/index.htm

Water Health and Safety

- ❖ www.redcross.org/prepare/disaster/water-safety
- ❖ Arlington: <http://health.arlingtonva.us/environmental-health/recreational-water-illness-rwi/>
- ❖ Alexandria: <http://alexandriava.gov/AquaticHealth>
- ❖ Fairfax County: www.fairfaxcounty.gov/hd/eh/pools/pool-safety.htm

It was a near accident at camp last summer that sparked action by one parent. Elementary school-aged campers splashed in the pool. Everyone was having fun. Then tragedy almost struck.

Jackie Wheeler says one second her 7-year-old son was frolicking on top of the water and the next he was bobbing just below the surface, gasping for air. “One of the counselors took his eyes off of Noah for one second, and he started to struggle,” said Lee. “Ultimately, the lifeguard had to jump in and save him.”

Wheeler didn’t witness the incident, but its recounting was difficult for her to hear. That brush with danger became a defining moment for her family. She enrolled her son, who is now 8, and her daughter Ava, who is 4, in private swimming lessons at the YMCA in Bethesda, Md.

“I want them to be safe around the water, and I want them to be able to save themselves or someone else if necessary,” said Wheeler.

She’s not the only one thinking about safety. As Independence Day approaches and time spent at the pool, outside in sweltering temperatures and at fireworks shows increases, public health and safety officials are working to raise awareness about potential hazards.

WATER SAFETY

Ensuring that children learn to swim and keeping a close watch on them at the pool or beach are two ways that officials encourage water safety.

Parents and caregivers should also be mindful of recreational water illnesses, which are caused by swallowing or coming in contact with contaminated water in swimming pools and other bodies of water. Help reduce the risk of recreational water illnesses by showering with soap and water before entering a pool, taking frequent bathroom breaks and conducting regular diaper checks followed by washing hands with soap and water, say local health officials.

HEAT SAFETY

Sunburn is another health concern when swimming outdoors.

“Protect your skin and eyes from the sun’s damag-

ing rays [by] wearing protective clothing and sunglasses,” said Kenya Fluellen, associate professor of nursing at Northern Virginia Community College in Alexandria. “Always use sunscreen with a minimum SPF of 30.”

Heatstroke is the number two killer of children after car crashes, and Fairfax County has joined with the National Highway Traffic Safety Administration to remind parents and caregivers about the dangers of leaving children unattended in a car, particularly during the summer, which can lead to heatstroke and even death.

“You should never leave a child alone in the car, and that is certainly true in the summer when the temperatures are on the rise and cars get hot very quickly,” said John Silcox, public safety information officer, Fairfax County Health Department.

Fairfax County officials say there were 30 heatstroke deaths of children left in vehicles in 2014. Most parents simply forgot their children were with them. “Put something in the back of your car, such as a bag or a cell phone, so you’d be certain to check before leaving the car,” said Silcox.

FIREWORKS SAFETY

While fireworks are synonymous with July 4th celebrations, creating a fireworks display at home is illegal in some local jurisdictions. In both Alexandria and Montgomery County, Md., for example, all fireworks are illegal to possess or discharge, including gold label sparklers. In Fairfax County, any firework that explodes, emits a flame, sparks higher than 12 feet, or performs as a projectile is prohibited.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JULY

7/15/2015.....A+ Camps & Schools

7/22/2015.....Pet Connection

7/29/2015..Professional Profiles & Business in the Community

AUGUST

8/5/2015.....Wellbeing

8/12/2015.....HomeLifeStyle

8/19/2015.....A+ Camps & Schools – Back to School – Private Schools

8/26/2015.....Newcomers & Community Guide Pullout

SEPTEMBER

9/2/2015.....Wellbeing
Labor Day is Sept. 7

9/9/2015..HomeLifeStyle Pullout – Real Estate & New Homes

9/16/2015.....A+ Camps & Schools Open Houses

9/23/2015.....Fall Fun, Food, Arts & Entertainment

9/30/2015.....Professional Profiles & Your Business in the Community

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4 RE for Sale

21 Announcements

21 Announcements

LEGAL NOTICE

Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows:

Title: RFP No. 00000538, Design and Engineering Services and Construction Administration Services for Fuel Station Renovation

RFP Closing Date and Time: July 30, 2015, 4 p.m., prevailing local time

Non-mandatory Pre-Proposal Conference and Site Visit: July 9, 2015 at the City of Alexandria Fuel Station, 3500 Wheeler Avenue, Alexandria, VA 22314. For general inquiries contact Darryl K. Jackson, CPPB, Contract Specialist II at 703.746.4298. The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

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ABC LICENSE

Yates Restaurant Group, LLC trading as Lena's Wood-Fired Pizza & Tap, 401 E. Braddock Rd, Alexandria, VA 22301. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises/Mixed Beverage license to sell or manufacture alcoholic beverages. Jason A. Yates, Sole Member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

ABC License
GT Fort Belvoir, LLC trading as The Greene Turtle Sports Bar and Grille a/k/a The Greene Turtle, 7879 Heneska Loop, Alexandria, VA 22315. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off; Mixed Beverage (seating capacity 151 seats or more) license to sell or manufacture alcoholic beverages. Larry L. LeDoyen, Jr., Member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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21 Announcements

LEGAL NOTICE

Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

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Heisenberg**

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21 Announcements

LEGAL NOTICE

Sealed proposals for the City of Alexandria per specifications will be received in the office of the Purchasing Division until the date and time designated as follows:

Title: RFP No. 00000527, Alexandria Waterfront Flood Mitigation Implementation

RFP Closing Date and Time: April 18, 2015, 4 p.m., prevailing local time

Non-mandatory Pre-Proposal Conference: July 13, 2015 at City Hall, 301 King Street, Alexandria, VA 22314.

For general inquiries contact Darryl K. Jackson, CPPB, Contract Specialist II at 703.746.4298. The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

21 Announcements

21 Announcements

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OBITUARY



Kenneth Allen Maddox of Catlett, Virginia passed suddenly on Wednesday, June 24th. He was 58 years old and the beloved husband of Theresa "Terry" Maddox, father of Michelle Maddox Meyer and Jennifer Maddox, and grandfather of Gavin Meyer. He is survived by his mother Mary B. Maddox, brother William L. Maddox and sisters Janet Irving and Kathy Gervase. Ken was owner and President of Trimcraft Inc. Service and Interment is private. Memorial donations may be made to Fauquier Habitat for Humanity. Online condolences may be made at www.moserfuneralhome.com.

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OBITUARY

Marc Patrick Henderson, 61, of Woodbridge, VA, died June 24, 2015. Marc was a loving son, husband and father. He was retired from Wilson Trucking. He was a member of Our Lady of Angels, a 1972 graduate of T.C. Williams, was an avid Washington Redskins and Nationals fan, and married November 24, 1979 in Alexandria, VA. Henderson was preceded in death by Charles A. and Julia Henderson of Alexandria, VA, sister Mary Dolken of Novi, MI and Charles A. Henderson, Jr., of Ft. Washington, NY. He is survived by his wife Jackie Henderson, David Henderson, Marc Henderson Jr., Caitlyn Henderson, brother Chuck Henderson, Terrance Henderson and many nieces and nephews. The family will receive friends Wednesday, July 1, 2015 from 7-9pm at Miller Funeral Home, 3200 Golansky Blvd., Woodbridge, VA 22192. A funeral service will be held Thursday, July 2, 2015 at 11am at Our Lady of Angels Catholic Church in Woodbridge. In lieu of flowers donations may be made to CapitalCaring.org or the Adler Center for Caring.

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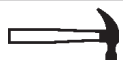
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time, location, description and contact for event:
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welcome. Deadline is Thursday at noon, at least two
weeks before event.

THURSDAY/JULY 2

Successful Networking Seminar. 8:30-10 a.m.
at Holiday Inn Express & Suites, 6055 Richmond
Highway. The Business Roundtable Speaker
Series presents, "Successful Networking" with
speakers Juli Monroe of 1 to 1 Discovery and
Chris Cooks on nGAGE DC Networking Group.
Free. Visit sfdc.org.

SATURDAY/JULY 4

Free Taxi Rides. 10 p.m.-4 a.m. During this six-
hour period, area residents celebrating with
alcohol may call the toll-free SoberRide phone
number 1-800-200-TAXI (8294) and be afforded
a safe way home. Must be 21 or older to call a
SoberRide. Visit <http://www.wrap.org/soberride/> for more.

THURSDAY/JULY 9

**Mount Vernon Chamber of Commerce
Business Breakfast.** 8-9:30 a.m. at Embassy
Suites Fort Belvoir, Springfield. The July
Business Breakfast will feature the National
Geospatial-Intelligence Agency. Tickets are \$25
for Chamber members and \$35 for nonmembers.
Price includes admission and breakfast buffet.
Visit www.mtvernon-leechamber.org.

VOLUNTEERS NEEDED

**The Mount Vernon Adult Day Health Care
Center** in Alexandria needs a licensed
beautician, a social companion and a Spanish-
speaking social companion. For these and other
volunteer opportunities, call 703-324-5406, TTY
711 or visit www.fairfaxcounty.gov/olderadults
and click on Volunteer Solutions.

The Hollin Hall Senior Center in Alexandria
needs a Ballroom Dance Instructor and an
Italian Instructor. For these and other volunteer
opportunities, call 703-324-5406, TTY 711 or
visit www.fairfaxcounty.gov/olderadults
and click on Volunteer Solutions.

Mount Vernon At Home is a non-profit
organization that relies on volunteer time to
assist older adults aging in place in their homes.
Volunteers are needed for local transportation to
medical and personal appointments, errands,
and grocery store trips; light handyman chores
and home technology to name just a few. No
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- ❖ The **Kingstowne Center for Active Adults**
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- ❖ The **Mount Vernon Adult Day Health Care
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- ❖ The **Hollin Hall Senior Center** needs a DJ, a
ballroom dance instructor to teach a class on
Thursday afternoons, and an Italian instructor.
- ❖ The **Gum Springs Senior Center** needs a
Spanish teacher.

**Volunteer Advocates for Nursing Home &
Assisted Living Residents** needed
throughout Northern Virginia. Contact the
Northern Virginia Long-Term Care Ombudsman
Program at www.fairfaxcounty.gov/dfs/olderadultservices/ltcombudsman/, email or
email Lisa.Callahan@fairfaxcounty.gov or call
703-324-5861, TTY 711.

Volunteers needed in Fairfax County to drive
older adults to medical appointments and
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711 or visit www.fairfaxcounty.gov/olderadults
and click on Volunteer Solutions.

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provided. Contact Emmy Thompson at 703-324-
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Maura.Thompson@fairfaxcounty.gov.

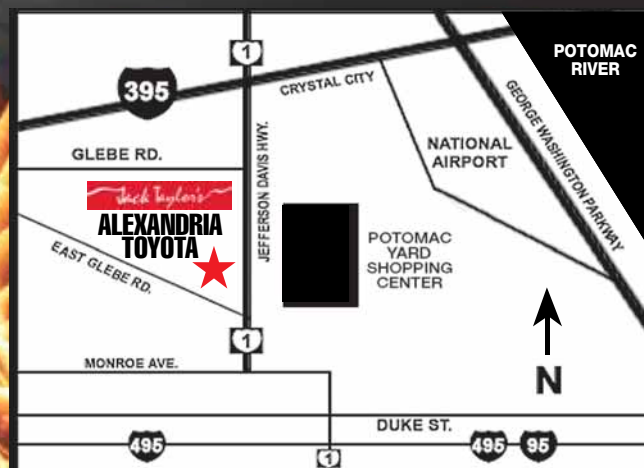
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BRAKE FLUSH	\$139⁹⁵
FUEL INDUCTION FLUSH	\$139⁹⁵

FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$50.00
NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
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VALID ONLY AT ALEXANDRIA TOYOTA.

TOYOTA GENUINE SERVICE

A/C SPECIAL

\$99⁹⁵

Includes: Check compressor, add up to 1 lb.
of R134 freon, adjust drive belts, tighten
fittings, check condenser fins & check
system for leaks.

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**15% OFF
SIGHT LINE WIPER BLADES
WITH FREE INSTALLATION**

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**\$32⁹⁵
PER DAY WITH ANY SERVICE**

MUST BE 21 YEARS OF AGE WITH VALID DRIVER'S LICENSE AND PROOF OF INSURANCE. NOT VALID WITH ANY OTHER OFFER.
TOYOTA VEHICLES ONLY. \$500.00 THRU 7/31/15. COUPON MUST BE PRESENTED AT TIME OF
RENTAL. VALID ONLY AT ALEXANDRIA TOYOTA RENT A CAR CENTER ONLY.

TOYOTA GENUINE SERVICE

**TRUE START
BATTERY SPECIAL**

\$139⁹⁵

Includes: 84 month warranty, 24 month
FREE replacement, 24 month FREE roadside
assistance, 60 month prorated, PLUS we'll
check all battery cables & connections.

Does not apply to hybrid vehicles.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY.
OFFER EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP.
VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE

**POTHOLE SPECIAL
4 WHEEL ALIGNMENT**

\$109⁹⁵

Your car's alignment suffers, and can cause uneven tire
wear, steering problems and decreased fuel economy.

Includes: Inspect suspension,
ball joints, struts & shocks, tire
condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT
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TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE

BUY 3 TIRES AND GET 4TH FOR



\$1⁰⁰



WITH PRICE MATCH GUARANTEE

SEE SERVICE ADVISOR FOR DETAILS.

**GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION,
TIRE WARRANTY, AND FREE COURTESY
MULTI-POINT INSPECTION.**

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Go
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As a public servant, you understand the commitment of fellow police, fire and teachers to goodwill, community involvement and education.

But here in Fairfax County, local politicians don't share our commitment. Every year it's a fight for funding. Politicians let special interest groups, like the Chamber of Commerce and the Restaurant Association, use us for target practice. *It seems like every year, public safety and education are the only ones to take the hit.*

When politicians place the burden on schools and public safety with underfunding and stagnant salaries, *we all lose.*

While you're here at the games, recognize Fairfax County public safety officials with a high-five. It might be the only support they get this year.

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