

'You Can't Stop the Beat'

ENTERTAINMENT, PAGE 10

Hasan Crawford, a rising sophomore at Robinson Secondary, as Seaweed and Emily Flack as his girlfriend Penny in City of Fairfax Theatre Company's production of the musical, "Hairspray."

Braddock
Nights
Concerts
Kick Off
July 10

OPINION, PAGE 6

Fast Awake

NEWS, PAGE 3



Thank you to the 2015 LBSS PTSA All Night Grad Party Supporters!

The Lake Braddock Senior Class of 2015 and their families would like to thank the following businesses, organizations and individuals for their support of the PTSA-sponsored alcohol- and drug-free All Night Graduation Celebration which was held on June 17th, 2015, at the Audrey Moore RECenter at Wakefield Park. We are grateful for their generous contributions and commitment to the young people of our community. Please support these organizations that invest in the success of Lake Braddock Secondary School.

Friends of the Class (\$1-49)

Big Bite Pizza
Danbury Forest HOA
Eileen Filler-Corn
Express Stop
Gathering Grounds – Fairfax
Giant Food
Henry & Penny Hendrix
James Fiedorek
Joey Jones
Joseph & Karen Steele
Joseph Gruberg, DMD
Joseph Smith
Jubilee Christian Center
Keene Mill Elementary PTA
Kenneth & Susan Sheehan
Kings Park Civic Association
Mindworks Educational Services
Preferred Travel, Inc.
Rosenberg Orthodontics
Ryan Enterprises, Inc.
Senator David W. Marsden
Signal Officers' Wives' Club
Spartans Family Restaurant
Springfield Lorton Dental Group
Swiss Bakery
Thomas & Elisha Gregg
Todd & Jung Lockcuff
Virginia Eyecare Center

Purple Level (\$50-99)

Krispy Kreme
Quizno's

Susana Raygada, DMD
Trader Joe's – Fairfax
Trader Joe's – Springfield
Whole Foods

Gold Level (\$100-249)

Burke Lions Club
Burke Townhouse HOA
Carol Wooddell, DDS
Chik-fil-A – Fair Oaks Mall
Christopher & Pamela Kearney
Delegate Dave Albo
Domino's – Kings Park
Dulles Golf
Five Guys Burgers and Fries
Flowers 'n' Ferns
Glory Days – Burke
Hard Times Café
Interstate Van Lines
Jewish Community Center
of Northern Virginia
John & Joanne Lorence
Kevin & Christine Keane
Knights of Columbus #7992
Lake Braddock Community
Association
Lakepointe Townhomes HOA
Laurence Murphy, MD &
Stacey Staats, MD
Marie Ocasio & Ismael Negron
Martin Schuh, PhD, Inc.
Melanie W. Hartman, DMD
Michael Hogue

Northern Virginia Dental
Associates
Paisano's Pizza – Burke
Peet's Coffee – Kings Park
Potomac Party Cruises
Robert D. Argentieri, DDS
Second Cherry Run HOA
Sherif N. Elhady, DDS
Subway – Huntsman Square
Subway – Kings Park
Wegmans
Whitmer Decks, LLC

Bruin Level (\$250-499)

Burke Sporting Goods
Ellis Orthodontics
KC Automotive
Nail A La Mode
Queens Gate HOA
Redman Fleet Services, Inc.
Twinbrook Chiropractic Family
Health Center
Village Veterinary Clinic

Corporate Level

Austin Grill
Burke Veterinary Clinic
Burke Volunteer Fire & Rescue
Chipotle – Burke
Church of the Nativity
Fairfax County Park Authority
Fairfax County Police Department
Scoops2U

We'd like to thank the faculty and staff of LBSS and especially the LBSS PTSA for support of our All Night Graduation Celebration. A huge thank you to our volunteers: the parents, friends and relatives of the Classes of 2015, 2016, 2017 and 2018. We would also like to extend a special thank you to the Burke Volunteer Fire and Rescue Department and the Fairfax County Police for their vital presence at our party. Finally, we'd like to thank the staff of the Audrey Moore RECenter for all their help in making the night run smoothly. Make plans now to support our 2016 party on June 16th, 2016.



PHOTOS BY TIM PETERSON/THE CONNECTION

Syed Hsnai (right) of Centreville serves fried chicken to Muslim men for the iftar fast-breaking meal during Ramadan.



(From left) Farhan Mahmoud Jamal, his daughters Maryam and Aishah, and wife Mubashera Chaudhry stand outside the doors to the main hall of the Islamic Center Northern Virginia Trust after the iftar fast-breaking meal.

Fast Awake

BY TIM PETERSON
THE CONNECTION

One voice carries a melody in Arabic through the two-story hall of the Islamic Center Northern Virginia Trust, as over a hundred men bow their heads to the carpeted ground. Women and young children are in a designated area at the back and on the second floor. It's 8:39 p.m. on July 2 and Maghrib is the last group prayer before breaking a daylong fast from food and water.

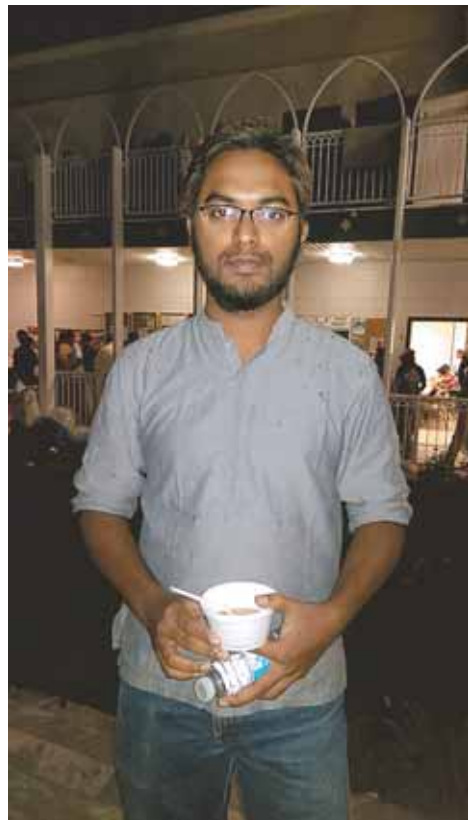
The group is observing Ramadan: a month of sacrifice and discipline on the Islamic lunar calendar. Typically, it includes fasting from dawn till dusk each day, additional praying and reciting from the Muslim holy book the Quran, and moral introspection.

"I just focus on myself and put down my goals," said Mubashera Chaudhry of Fairfax. "Ramadan means purifying thoughts and goals as a human, and finding new ways to really connect with God."

Chaudhry's daughter Aishah is having an easier time with the fasting than last year. As she learns to ignore her hunger during the day, it helps her focus on personal improvements. "I try to be honest, clean, a good listener," Aishah said. "Ramadan is about reconnecting to God and purifying your heart."

EACH NIGHT OF THE WEEK, between two and 300 people come to the mosque for evening prayers and to break the day's fast together, for unity, strength and fellowship. Though dates are a traditional favorite food for the meal iftar — they're a good source of fiber and sugar — tonight's menu also includes a mix of fried chicken, pizza, hearty chicken soup and spiced potato samosas.

The fast-breaking meals take on a festive atmosphere, culminating in a larger celebration at the end of the month, called Eid. This year, that date falls on July 17.



Moshiur Rahman, of Fairfax, comes to the Islamic Center Northern Virginia Trust each day to break his Ramadan fast.

For Rashid Moin of Centreville, the fasting isn't just about not eating and drinking. "It's fasting from bad actions," he said. "People are greedy for money, power and fame. If we can control our desires in the physical realm, we can control our thoughts, feelings and mental desires. Ramadan is great disciplining."

Like the physical reward of fried chicken and water at the end of a day of fasting, Ramadan is also about individuals receiving spiritual rewards for doing good in the world.

"The main purpose is to make Allah happy," said Moshiur Rahman of Fairfax. Rahman moved to Northern Virginia from

Muslims congregate at the Fairfax Islamic Center to break daily fasts together.



Rashid Moin and wife, Sadaf Arhaan, enjoy the iftar meal after sunset during Ramadan.

Bangladesh just nine months ago to study at Virginia International University.

"Things are not good all year — this is a time to do all things at our best," Rahman said. "When we do that we receive gifts directly from Allah. Ramadan is remembering to keep aware of these things."

One of the gifts is perspective, a window into understanding more about the human condition.

Farhan Mahmoud Jamal, of Fairfax, said the fasting is another way to "empathize with other humans." While realizing how little food and water a person can survive on, that motivates people to think and do more good in their lives, which helps their prayers get accepted. "You can be more productive," said Jamal, "there's an energy around good kinds of people."

THE COMPASSIONATE ENERGY Jamal referred to is love, according to Dr.

Muhammad Farooq of Woodbridge, president of the Islamic Center Northern Virginia Trust. "Love is keep on giving even when you're receiving nothing."

Between samosas and fried chicken pieces, Farooq contrasted the religion's overarching compassionate philosophy with the negative image of Islam associated with "one to two percent of extremists."

"The Quran emphasizes forgiveness for a prosperous society," he said. "America being a just society is the ideal place for Islam."

"Ramadan is training a person for 30 days how to be a better human being," Farooq added.

The Islamic Center Northern Virginia Trust is located at 4420 Shirley Gate Road in Fairfax. For more information about prayer times or meals, call 703-591-0999 or visit www.icnvt.com.



PHOTO COURTESY OF THE CITY OF FAIRFAX BAND ASSOCIATION

The City of Fairfax Band welcomes children to try out instruments then performs a concert during their annual children's night.

City of Fairfax Band Performs Children's Concert July 16

Each year, the City of Fairfax community band gives its youngest fans a chance to try their hand at the shiny, twisty and just plain loud instruments in the ensemble. The group's Children's Concert event begins with an "instrument petting zoo" at 6:30 p.m. on July 16 and includes a parade, opportunity to conduct the band and free ice cream and balloons. A youth-oriented concert program begins at 7:30 p.m. and includes

music from popular movies such as "Star Trek" and "Jurassic Park," plus Disney classics "Frozen" and "Aladdin."

The event is scheduled to take place in the Veterans Amphitheater just outside Fairfax City Hall at 10455 Armstrong Street in Fairfax. For more information, visit www.fairfaxband.org.

— TIM PETERSON



A young fan of the City of Fairfax Band tries her chops at a French horn during the group's 2014 Children's Concert.



Get Back in the Swing of Things!

Latest Treatments in Back and Neck Pain

Thursday, July 23, 2015
6:30 p.m.

Springfield Country Club
8301 Old Keene Mill Road
Springfield, VA 22152

If you suffer back and neck pain, you won't want to miss this beneficial and educational lecture.

Millions of people suffer debilitating neck and back pain. If you are one of the millions please don't miss this opportunity. A FREE community lecture, to discuss causes of neck and back pain and the latest treatment options, will be held in your area by one of Inova Mount Vernon Hospital's experienced orthopedic spinal surgeons, Dr. Corey Wallach. This is an opportunity for you to Ask The Expert any questions you may have.



Corey Wallach, MD, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.



This seminar is FREE and we ask that you register by visiting our Website at inova.org/asktheexpert or calling 1.855.My.Inova (694.6682).

NEWS

Burke Library Reading and Art Program Kicks Off

The Burke Centre Library Teen Advisory Board is hosting a Teen Art Competition this summer as part of the library's annual summer reading program. This year's theme is Read to the Rhythm.

The summer reading program started June 19 and ends Sept. 5. Teens ages 12-18 read at least six books over the summer to win a coupon book with discounts for amusement parks and restaurants.

For the summer reading art competition, teens will create all types of art – photography, painting, drawing, prints, textiles, sculpture, music, dance or drama videos – that go along with the Read to the Rhythm theme.

The Burke Centre Library Teen Advisory Board will collect artwork between July 13 and Aug. 1 through the website www.burkecentretab.com. Participants can submit digital photos of the work by taking a picture or scanning and filing on the site.



IMAGE CONTRIBUTED

The theme of this summer's Burke Centre Library reading program and art competition is "Read to the Rhythm."

There will be a public voting ballot for artwork on exhibit at the library (two- and three-dimensional pieces) and online for the music, dance and drama videos entries. An award ceremony announcing the winners will take place on Saturday, Aug. 29 at the Burke Centre Library.

One winner will be chosen for each medium when there are at least two entries per medium. Exhibit space is limited to the first six sculpture entries and the first 30 two-dimensional entries.

The first 30 digital entries for music, dance or drama will be accepted. All artwork will be on display throughout September 2015. Digital entries will be accessible on the Teen Advisory Board's website and

social media accounts.

The Burke Centre Library is located at 5935 Freds Oak Road in Burke. For more information visit www.burkecentretab.com.

Grooming Nails to Tails (Dogs & Cats)

Our Service Comes to You, Home or Office, Saves you time.






HoP PooH.com

703-982-0208

WWW.CONNECTIONNEWSPAPERS.COM

2015

the *Imagine*

A Forever Home
RESCUE FOUNDATION

SUMMER GALA

Help Us Build a Rescue Center for Dogs & Puppies in Need!

You're invited to A Forever Home Rescue Foundation's Summer Gala on July 10 at beautiful Raspberry Plain in Leesburg, Virginia! Spend a midsummer evening enjoying dinner, dancing, a silent auction, and a chance to win a diamond! Proceeds from the event will go to purchasing land and building a permanent rescue center!

Purchase tickets or sponsor today at
www.aforeverhome.org

THE REGIONAL VETERINARY REFERRAL CENTER



- CARDIOLOGY
- CATSCAN/MRI
- DERMATOLOGY
- EMERGENCY/
CRITICAL CARE
- INTERNAL MEDICINE
- NEUROLOGY
- ONCOLOGY
- PATHOLOGY
- PHYSICAL THERAPY
- RADIATION
ONCOLOGY
- RADIOCAT
- SURGERY

WE LOVE THEM LIKE YOU DO

703.451.8900

703.451.3343 FAX

6651 BACKLICK ROAD
SPRINGFIELD, VA 22150

VETREFERRALCENTER.COM

RVRC@EROLS.COM

OPEN 24 HOURS 365 DAYS A YEAR

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press. Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS



Yes to Nonpartisan Redistricting

Politicians shouldn't be choosing voters.

Virginia's Congressional map is unconstitutional because African American voters are packed into District 3, according to the U.S. District Court for the Eastern District of Virginia. The problem will have to be remedied by drawing new boundaries.

The issue could be appealed to the U.S. Supreme Court.

In statewide elections, Virginia voters have chosen Democrats in the last two presidential elections, for U.S. Senate, for Governor, Lieutenant Governor and Attorney General. Every single official elected statewide is a Democrat.

Democrats won by a comfortable margin in most cases, but elections were close. In one case the margin was razor thin. (Attorney General Mark Herring beat Republican Mark Obenshain by 165 votes out of more than 2.2 million cast, and that was an election that had serious and immediate consequences, if you ever need an argument for the importance of your vote.)

It's reasonable to assume that a state so clearly leaning blue, but close to evenly divided would be about evenly divided in political representation.

But in fact, the Virginia House of Delegates consists of 67 Republicans and 33 Democrats.

Virginia's delegation to the U.S. House of Representatives consists of eight Republicans and three Democrats.

Virginia's 11 Congressional districts should be split about evenly. You could understand a split five Dems and six Republicans; or five Republicans and six Democrats. A four and

seven split would smack of some unusual circumstance. But three and eight?

The problem is gerrymandering.

The solution, which the Supreme Court just OK'd, is allowing the lines to be drawn by a non-partisan commission.

Both political parties have been guilty of this when in power, although new technology and better data have made the process more egregious, the effects more damaging.

EDITORIAL

Political parties should not control the drawing of political districts. Gerrymandering thwarts the will of the electorate. It is especially damaging in a Dillon rule state, like Virginia, where localities have only the power explicitly granted to them by the General Assembly. This is particularly unfair to localities like Fairfax County, Ar-

lington and Alexandria, whose electorate and local officials have views that differ greatly from those of the majority of Virginia's General Assembly.

The reason Virginia's Congressional map has been ruled unconstitutional is about race; packing all the African American voters in one district and conceding that district to Democrats in order to reduce the power of African American voters in the adjacent districts. A similar challenge is in the works concerning districts in Virginia's House of Delegates.

It's long past time to take these decisions out of the hands of the officials who use the redistricting process to choose their own voters and effectively grant themselves lifetime appointments.

— MARY KIMM

Pet Photos for the Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on July 22, and photos and stories of your pets with you and your family should be submitted by July 15.

We invite you to send us stories about your pets, photos of you and/or your family with your cats, dogs, llamas, alpacas, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your home or yard with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures. Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Our favorite pictures include both pets and humans. We welcome short stories about how you got your pet, a noteworthy talent or anecdote about your pet, tales of the bonds between your family and your pet, plus drawings, paintings or other artwork of your pet by children or adults. Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name).

Email editors@connectionnewspapers.com to editors@connectionnewspapers.com or online at www.connectionnewspapers.com/pets.

For advertising information, email sales@connectionnewspapers.com or call 703-778-9431.

Braddock Nights Concerts Kick Off July 10

By JOHN C. COOK
SUPERVISOR (R-BRADDOCK
DISTRICT)



Most people have fond, nostalgic memories of visits to the park. Perhaps celebrating family picnics and reunions, playing little league baseball games, enjoying quiet evenings in nature or even fishing and hiking with friends and family. The positive role that public parks have played in so many of our lives is undeniable. That is why the Fairfax County Board of Supervisors has designated July as Parks and Recreation Month.

We are not alone in our recognition of the vital role parks play in our local communities. Since 1985, various communities across America have recognized Parks and Recreation Month every July. And in 2009, Congress passed an

official resolution designating July Parks and Recreation Month.

Parks play an incredibly important part in supporting environmental, social, and health benefits. Parks improve water and air quality, prevent flooding, and support habitats for vegetation and wildlife. They are also critical to the physical and mental health of our communities: providing us with public gathering places for friends, families, and local organizations by giving us all the ability to enjoy nature, exercise, and stay healthy. Parks also provide people the opportunity to be engaged and to get involved in various volunteer activities being offered. This doesn't even begin to scratch the surface of all the benefits provided by public parks, which also includes a positive impact on our economy by enhanc-

ing property values, attracting homeowners, and retaining businesses.

This summer, the Fairfax County Park Authority is celebrating its 65th anniversary, and we are all extremely fortunate to be home to a wide variety of parks throughout the county. In addition, the Fairfax County Park Authority hosts a variety of different activities and classes all summer long, including summer day camps and public concerts. To find out more about all our parks have to offer, and all the different opportunities to get involved in this summer, please visit <http://www.fairfaxcounty.gov/parks/>. I can promise that you will find something for the whole family to enjoy.

This summer, there is also a great opportunity to attend a series of concerts being held at two of Braddock District's very own

parks. The Braddock Nights summer concert series kicks off July 10 from 7:30-8:30 p.m. at both Royal Lake and Lake Accotink Parks. These free musical performances will be held throughout the summer, and will include a wide array of performances from classical to bluegrass to everything in between. The atmosphere is informal and you're encouraged to bring a picnic dinner, blankets, lawn chairs, and to relax with friends and family to celebrate the end of the workweek. A list of this summer's performances can be found by visiting <http://bit.ly/BraddockNights2015>. For more information or to volunteer, please call 703-425-9300.

Whether it's a cookout, a family reunion, a hike, or even just an evening stroll, please be sure to spend some time outside this month and enjoy all that Fairfax County Parks have to offer.

NEWS DEPARTMENT: burke@connectionnewspapers.com

Kemal Kurspahic

Editor ♦ 703-778-9414

kemal@connectionnewspapers.com

Amna Rehmatulla

Editorial Assistant

703-778-9410 ext.427

arehmatulla@connectionnewspapers.com

Tim Peterson

Community Reporter

703-314-0789

tpeterson@connectionnewspapers.com

Jon Roetman

Sports Editor ♦ 703-752-4013

jroetman@connectionnewspapers.com

@jonroetman

ADVERTISING:

For advertising information

e-mail:

sales@connectionnewspapers.com

703-778-9431

Steve Hogan

Display Advertising, 703-778-9418

shogan@connectionnewspapers.com

Andrea Smith

Classified Advertising, 703-778-9411

classified@connectionnewspapers.com

Debbie Funk

National Sales

703-778-9444

debfunk@connectionnewspapers.com

David Griffin

Marketing Assistant

703-778-9431

dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm

mkimm@connectionnewspapers.com

@MaryKimm

Executive Vice President

Jerry Vernon

jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Kemal Kurspahic

Photography:

Deb Cobb, Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann

jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9426

Circulation Manager:

Ann Oliver

circulation@connectionnewspapers.com



AREA ROUNDUP

Rabid Fox Found Near South Run RECenter

Less than a month after a woman was injured by a rabid raccoon, police responded to reports of a fox "acting abnormally" in the same area: the South Run/Burke Lake Trail near the South Run RECenter.

The raccoon incident occurred June 10 while the fox was reported on July 1, according to a July 3 announcement from Fairfax County Police.

A young fox reportedly ran towards a dog and its owner in a wooded area close to the trail. The owner fell and lost his hat, which distracted the fox long enough for the man and dog to get away from the area.

Animal control officers searched the area afterwards and found a fox that was "vocalizing and showing clear signs of rabies." After the fox was put down, lab tests confirmed the animal had the virus, police said, but may or may not have been the fox that was initially reported.

Police have asked that anyone who may have had contact with a fox in this area contact Bryant Bullock, Environmental Health, 571-274-2296.

Information from the county about the rabies virus, tips for preventing exposure and what to do if bitten by an animal that may have rabies is available at www.fairfaxcounty.gov/hd/rabies/.

— TIM PETERSON

No Criminal Charges for Officer Who Shot Dog

Eighteen-year Fairfax County Police Department veteran MPO Damien Cichocki has been cleared of any "criminal liability" in a September 2014 incident in which he shot a charging pit bull, police announced in a July 2 statement.

Officers had tracked a suspect in a Fairfax Station robbery to a residence in the 4100 block of Morrisons Way. The suspect came out of the residence and police were placing him in custody when the dog left the house and ran towards the officers.

Cichocki shot the dog while it was charging, wounding but not killing it. Then officers contained the animal and took it to a local veterinary clinic.

— TIM PETERSON



Talk to your neighbors, then talk to me.

Rudy Shields, Agent
9415 Old Burke Lake Road
Burke, VA 22015
703-978-5700
rudy.shields.bvaz@statefarm.com

See why State Farm® insures more drivers than GEICO and Progressive combined. Great service, plus discounts of up to 40 percent.*
Like a good neighbor, State Farm is there.®
CALL FOR QUOTE 24/7.

State Farm

*Discounts vary by state.
State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company, Bloomington, IL

3 University Mall Theatres
Fairfax • Corner of Rt. 123 & Braddock • 703-273-7111

SUMMER CINEMA CAMP!
10 A.M. Shows Monday—Friday

All Seats \$2.00, 10 for \$15 or All 11 Movies for \$11

JULY 13—JULY 17.....TURBO (PG)
JULY 20—JULY 24.....ICE AGE: THE MELTDOWN (PG)
JULY 27—JULY 31.....THE CROODS (PG)
AUGUST 3—AUGUST 7....HORTON HEARS A WHO! (PG)
AUGUST 10—AUGUST 14..HOW TO TRAIN YOUR DRAGON (PG)

Attendees will receive a coupon for a dollar (\$1.00) Off a cup of frozen yogurt from YOGURTINI FROZEN YOGURT

FAMILY DENTIST

www.RollingValleyDental.com **CALL TODAY!**
Dr. Faisal Elhussein **703-455-5466**

Specials!

<p>FREE Take-Home Whitening Receive a whitening kit with completed new patient exam, cleaning & x-rays. Offers not to be applied toward account balances or dental services already delivered and not in conjunction with any other offers, discounts or reduced-fee plans. New Patients Only.</p>	<p>FREE Emergency Exam or 2nd opinion FREE Emergency Exam or 2nd opinion. Includes emergency exam, necessary x-rays & consultation for new patients. Offers not to be used in conjunction with any other offers or reduced-fee plans.</p>	<p>\$59.00 Cleaning, Exam & X-rays Includes exam, cleaning & x-rays. New Patients Only. Offers not to be used in conjunction with any other offers or reduced-fee plans.</p>
--	---	--

Please bring coupons on your visit.



Sacred Threads Exhibition 2015
Come see the moving and poignant artworks inspired by life's journeys

Exhibit runs July 10-26, 2015
Mondays - Saturdays 11:00 am - 5:00 pm
Sundays 1:00 - 4:00 pm

Admission \$8
\$5 Children 7-12
\$5 Seniors (65 and up)
Children under 6 are free

Floris United Methodist Church
13600 Frying Pan Road
Herndon, VA 20171

www.SacredThreadsQuilts.com
Joy ~ Inspiration ~ Spirituality ~ Healing ~ Grief ~ Peace

Looking for a New Place of Worship?
Visit Antioch Baptist Church!



All Are Welcome!

Sunday Worship 8:00, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

Rev. Dr. Marshal L. Ausberry, Sr., Senior Pastor

Antioch Baptist Church
6531 Little Ox Road
Fairfax Station, VA 22039
703-425-0710 • www.antioch-church.org

HOPSFROG GRILLE
Great American Food



Serving Breakfast
Saturdays 8-11 AM & Sunday 8 AM-3 PM

Your Neighborhood Place
for
Homemade Burgers, Pizza, Pasta, Soups, Salads, Steaks, Friendly Service & Cold Drinks

<p>50% OFF Lunch Buy one and get 50% Off 2nd item of equal or lesser value. Offer expires 7/31/15. Not valid with any other offers.</p>	<p>10% OFF Entire Check Offer expires 7/31/15. Not valid with any other offers.</p>
--	--

5765-C Burke Centre Pkwy • Burke • 703-239-9324

May, 2015 Top Sales



4 5753 Daingerfield Way, Fairfax Station — \$1,120,000

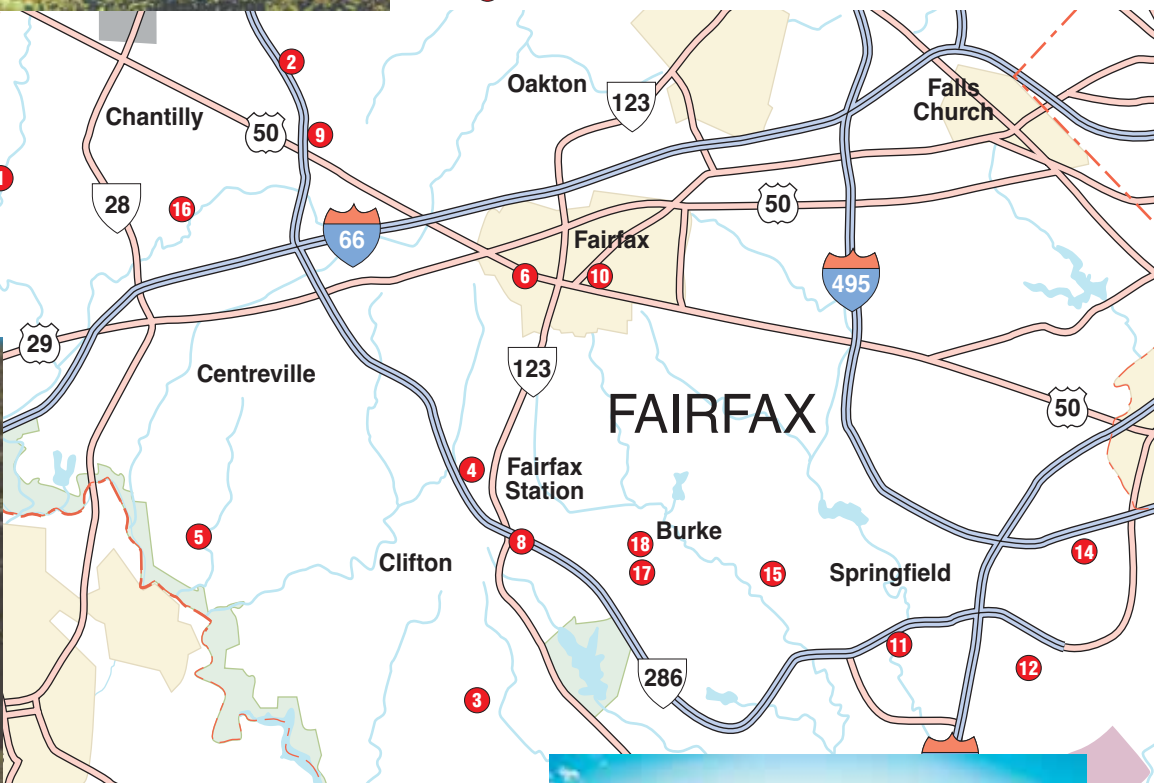
Local REAL ESTATE

PHOTOS BY CONNOR ORTMAN/
THE CONNECTION



6 10645 Yorktown Drive, Fairfax — \$1,050,450

8 6203 Halley Commons Court, Fairfax Station — \$980,000



Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
1 5308 CHANDLEY FARM CIR	5	..	4	2	CENTREVILLE	\$1,625,100	Detached	5.00	20120	SULLY ESTATES	05/11/15
2 3413 MEYER WOODS LN	5	..	5	2	FAIRFAX	\$1,456,000	Detached	0.83	22033	OAK HILL RESERVE	05/15/15
3 11109 DEVEREUX STATION LN E	6	..	6	1	FAIRFAX STATION	\$1,332,500	Detached	5.00	22039	DEVEREUX STATION	05/28/15
4 5753 DAINGERFIELD WAY	4	..	4	1	FAIRFAX STATION	\$1,120,000	Detached	5.52	22039	BEAUMONT	05/21/15
5 7405 UNION RIDGE RD	4	..	5	1	CLIFTON	\$1,065,000	Detached	1.22	20124	BALMORAL GREENS	05/15/15
6 10645 YORKTOWN DR	3	..	3	1	FAIRFAX	\$1,050,450	Townhouse	0.08	22030	JAGUAR/YORKTOWN	05/28/15
7 16460 RUNNING POST CT	6	..	5	1	CENTREVILLE	\$1,050,000	Detached	17.35	20120	CEDAR CREST ESTATES	05/04/15
8 6203 HALLEY COMMONS CT	4	..	4	1	FAIRFAX STATION	\$980,000	Detached	0.83	22039	HUNT AT FAIRFAX STATION	05/27/15
9 12711 HUNT MANOR CT	4	..	4	1	FAIRFAX	\$910,000	Detached	0.30	22033	FAIR OAKS HUNT	05/15/15
10 10094 DANIELS RUN WAY	5	..	4	1	FAIRFAX	\$900,000	Detached	0.16	22030	FARRCROFT	05/29/15
11 7307 LAUREL CREEK CT	5	..	4	1	SPRINGFIELD	\$900,000	Detached	0.31	22150	SOUTHAMPTON	05/29/15
12 7505 BULFINCH CT	6	..	4	1	ALEXANDRIA	\$900,000	Detached	0.29	22315	GAYFIELDS ROAD	05/26/15
13 5874 IRON STONE CT	4	..	4	1	CENTREVILLE	\$870,000	Detached	0.83	20120	THE RIDINGS AT VIRGINIA RUN	05/14/15
14 6022 MASONDALE RD	4	..	4	1	ALEXANDRIA	\$810,000	Detached	0.10	22315	KINGSTOWNE	05/22/15
15 6317 CARDINAL HILL PL	5	..	3	1	SPRINGFIELD	\$805,000	Detached	0.24	22152	CARDINAL RUN II	05/28/15
16 4804 WALNEY KNOLL CT	4	..	4	1	CHANTILLY	\$772,000	Detached	0.37	20151	POPLAR PARK	05/27/15
17 9687 BRITFORD DR	4	..	3	1	BURKE	\$765,000	Detached	0.28	22015	BRITFORD	05/04/15
18 9618 WOODEDGE DR	5	..	3	1	BURKE	\$720,000	Detached	0.21	22015	BURKEWOOD GLENN	05/19/15

COPYRIGHT 2015 REAL ESTATE BUSINESS INTELLIGENCE. SOURCE: MRIS AS OF JUNE 15, 2015.



9 12711 Hunt Manor Court, Fairfax — \$910,000



10 10094 Daniels Run Way, Fairfax — \$900,000

HomeLifeStyle

This Chesapeake Bay vacation home with renovations by Doug Roberts and Jessica Parker Wachtel of GTM Architects has an abundance of windows that allow in sunlight and offer views of the water.



PHOTO COURTESY OF GTM ARCHITECTS

A House by the Sea

Design ideas for beach homes.

BY MARILYN CAMPBELL
THE CONNECTION

As the sweaty days of summer slog on, many are dreaming about a home by the sea, a wistful retreat where cares flow as freely as an ocean breeze. A few local designers share seaside secrets for an idyllic hideaway.

When a Bethesda, Md., family decided to update and expand their vacation home on the shores of the Chesapeake Bay, functionality and style were top priorities.

Doug Roberts and Jessica Parker Wachtel of GTM Architects in Bethesda added more than 1,400 square feet, but kept many of the existing features of the 3,792-square-foot beach house, which was built in 1985.

"What was unique about this project is that the family's father had originally designed this home himself," said Roberts. "It's modern with lots of glass and cathedral ceilings. The family didn't want to change that. They just wanted to expand it."

The home now has an open floor plan, including a kitchen that flows into the family room, an exercise and recreation room, glass garage doors, an outdoor shower and a wet bar. The windowsills are lower, allowing in more light and expanded water views. The home's bathrooms and five bedrooms were updated, adding a balcony with views of the bay to a rear bedroom.

"The work was all consistently done, so you really can't tell that there was an addition," said Roberts. "We replaced all of the materials — flooring, tile, trim — and put down new materials throughout."

AN ALEXANDRIA COUPLE wanted their second home on the Eastern Shore to exude a calm serenity. They achieved that feel with white walls and furniture at the recommendation of interior designer Grace Nelson of Nelson Design Lab in Arlington.

"White exudes peace and quiet," said Nelson. "They wanted their beach house to be the opposite of the chaos of Washington, but they didn't want it to be too far removed

modernity. They still wanted their luxuries."

Among those amenities are a kitchen equipped with a Bosch dishwasher and a built-in Subzero refrigerator. The kitchen's white cabinetry is accented with natural pine knobs and pulls that match the pine flooring.

A bay window in the living room allows for majestic ocean views. That seascape can also be enjoyed from the clawfoot soaking tub in the master bathroom.

WHEN THE OWNER of a Rehoboth Beach, Del., condominium decided to rent her property to beach goers, she wanted to marry casual elegance and durability.

Designer Sallie Kjos of Grey Hunt Interiors in Chantilly helped the homeowner, whose primary residence is in Great Falls, choose furnishings that created a relaxed, modern look.

"When you're designing a beach property that is also used as a rental, you want to find something that is durable and can be cleaned easy and can stand up to the sand," said Kjos. "You don't over accessorize a beach property, especially if it's a rental."

They created an office space "because a lot of people have to work even when they're on vacation," said Kjos.

A chandelier made of natural capiz shells, with an easy-to-clean lacquered finish, hangs over the wooden dining room table. The result is a beach feel, but with a modern twist, says Kjos.

IT'S THAT CONNECTION, to the sand, the surf, and surroundings that makes a vacation house feel like a home. When Potomac, Md., architect James Rill went looking for a Vero Beach, Fla., vacation home, he was inspired by his favorite sport: baseball. "It's very close to the Nationals spring training center," he said.

When designing the space, Rill wanted to make sure the materials he and his wife chose could stand up to the sand and surf environment of south Florida. The couple wanted the single-level dwelling to have a look that was simple and clean. They chose dark red tile flooring and sea-inspired furnishings in blue and white.

"It has a subtle elegance," he said. "It doesn't call attention to itself."



Adopt/Donate/Volunteer
www.lostdogandcatrescue.org



The Richter Group
Total Real Estate Services

**BARGAIN PRICE FOR LARGEST MODEL IN KINGS PARK WEST!
\$579,900**



4764 Farndon Court, Fairfax, VA 22032

Priced way below market. With a few upgrades you will soon have a home worth thousands of dollars more than you paid. Home is the largest model in Kings Park West, the Baron. Three finished levels, walkout from the main level onto a raised deck. Four bedrooms, two and a half bathrooms, fully finished basement, family room with fireplace, and a bonus room off of the fourth bedroom! Garage parking. Newer roof, vinyl siding, hot water heater, and HVAC. Backyard is level with mature trees for privacy. Home is nicely situated on a quiet cul-de-sac. Lovingly cared for by original owner. Move-in condition. **MAKE AN OFFER TODAY!**

**Sales and Property Management
Residential Property Management
Association Management**

703-239-1234

Pat.richter@richter1.com

Residential Preferred Properties

5631-I Burke Centre Parkway, Suite I • Burke, VA 22015

DULLES ELECTRIC

MID-ATLANTIC'S LARGEST LIGHTING SHOWROOM

**CEILING FAN
HEADQUARTERS**



**CASABLANCA
FAN COMPANY**

#59107
Stealth DC Ceiling Fan

Dulles Electric Supply is NOVA's ceiling fan HQ! You can trust our certified lighting specialists to guide you through a huge selection of high quality ceiling fans on display & special order.

www.DullesElectric.com/Sale

22570 Shaw Rd, Sterling, VA 20166

DullesElectric.com | 703.450.5700 | Mon-Fri 9-6, Sat 9-5

'You Can't Stop the Beat'

BY BONNIE HOBBS
THE CONNECTION

Good morning, Baltimore. It's 1962 and overweight white teen Tracy Turnblad is thrilled when her dancing talent lands her a spot on the Corny Collins TV show. But it seems unfair to her that black teenagers can only be on the show once a month, so she decides to integrate it.

That's the premise of this joyful, exuberant and Tony Award-winning musical being presented, July 17-25, at Lanier Middle School by the City of Fairfax Theatre Company. Helming it are Director Tara Taylor, music director Kirsten Boyd and choreographer Erich DiCenzo.

It features a cast and crew of almost 70, including Hasan Crawford, a rising sophomore at Robinson Secondary. "It's invigorating and inspiring seeing people ages 6-55, of different backgrounds and capabilities, all coming together for the common purpose of theater," said Taylor. "And that also exemplifies this show's meaning – bringing diverse people together."

Besides, she said, "There's such fun music and choreography that it's almost like we're playing. The cast includes 22 kids under age 13 who sing 1960s songs before the show and during intermission. They're



Posing in character are (from left) Emily Flack, Hasan Crawford, Jacob Nelson and Anna Hicks.

PHOTO COURTESY OF
SARA JOY LEBOWITZ

also in three numbers in the show."

Yet "Hairspray" has a serious side, too. It has weight and relevance to modern day, said Taylor, because "it's so pertinent to the racial and equality issues we're still having, even in Baltimore. The show's message is happening now, outside this theater." So to underscore and visualize it, she said, "We've added media images from the recent riots in Baltimore and from the Civil Rights

City of Fairfax Theatre Company presents "Hairspray," the musical.

When & Where

Showtimes for "Hairspray" are Friday-Saturday, July 17-18 and July 24-25. Friday performances are at 7:30 p.m.; Saturday shows are at 2 and 7:30 p.m. Tickets are \$15, adults; \$10, children under 12, at the door; or \$10, adults; \$5, children, in advance via www.fairfaxcitytheatre.org.

hard to make this musical the best it can be. And it's an entertaining show – it makes you feel good."

Crawford portrays a teen named Seaweed. "He's one of the dancers on the Corny Collins TV show on 'Negro Day' and Tracy's friend," said Crawford. "He's a really fun and accepting guy, full of energy. He's also suave, cool and a good dancer. It's one of my dream roles because I love his songs and his character is so cool. He likes dancing and is confident, even though some people don't like him because he's black."

Crawford's favorite number is "Hairspray's" signature song, "You Can't Stop the Beat," because everyone "finally gets together and realizes that it doesn't matter what you look like. We're all there to dance and we can dance with whoever we want. It's really upbeat and one of the show's most energetic songs." He said people will enjoy all the dancing and choreography because "we worked really hard to perfect it."

Where Your Dental Needs Come First!



Se habla Español

Family Dentistry

NEW PATIENT SPECIAL

\$99

(Regularly \$288)

Includes Exam, Cleaning (in absence of gum disease) and X-rays

• Crowns, Bridges, Partials, Full Dentures and Implants

• Denture Relining, Dentures and Partials Repaired While You Wait

• Saturday and Evening Appointments Available

• Most Insurances Accepted

• Free Invisalign Consultation

Raja Gupta, DDS

Dental First Associates, LLC

9570 A Burke Road, Burke, VA
in Burke Village II

703-323-9394

yourdentalfirst.com



It's Your Time to Celebrate



Make any occasion special with a \$100 Resort Credit

From finding a new job to your child receiving straight A's, we'll help make your celebration getaway extra special by offering a \$100 resort credit per night. Our spectacular 19-story glass atrium welcomes you with sweeping views of the Potomac River. Luxurious spa treatments, delicious dining, unique shopping and fun recreation options provide everything you need for a joyous occasion.

Book your getaway today!

GaylordNational.com

or call (301) 965-4000 (refer to promo code ZJL)

Valid select dates through December 30, 2015. Limited number of rooms available for this promotion. Limit one (1) \$100 resort credit per night. See website for complete terms and conditions.



CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Braddock Nights Concerts Series.

Fridays, through Aug. 28. 7:30 -8:30 p.m. at Lake Accotink Park, 7500 Accotink Park Road, Springfield, or Royal Lake Park, 5344 Gainsborough Drive, Fairfax. A series of free musical performances held throughout the summer.

Stars on Sunday Concert Series.

Sundays, through Aug. 30. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

Burke Arts in the Parks.

Saturdays, through Aug. 22. 10 - 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.

Summer Reading Program.

Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/fx/>.

Springfield's Restaurant Week: Sunday, July 12-19

Get ready for Springfield Town Center's Restaurant Week starting this weekend Sunday, July 12-19. Restaurants participating are Nando's Peri Peri, &pizza, Maggiano's Little Italy, Yard House and Chuy's. Restaurant Week allows diners to try a pre-fixed special menu at an affordable price. For more information visit, <http://springfieldtowncenter.com/restaurantweek>. Springfield Town Center is located at 6500 Springfield Mall, Springfield.

THURSDAY/JULY 9

Teen Video Production Workshop.

7 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Learn basic editing, cinematography, and camera settings, from Sam Sikora a teen who has won awards at Robinson High School for his work.

FRIDAY/JULY 10

Fun & Games. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Game day! The library is bringing out their board games for an afternoon of gaming fun. Age 6-12.

Fun Flicks. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Watch movies based on children's books.

SATURDAY/JULY 11

Obon Festival. 5:30 -9 p.m. Highlighting Japanese culture at Ekoji Buddhist Temple, 6500 Lakehaven Lane, Fairfax Station. Visit www.ekoji.org for more.

Creative Writers Club. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Do you enjoy writing fiction, poetry, non-fiction and/or memoirs? Join in for sharing, discussion and feedback of works in progress. Teen volunteer facilitates. Age 13-18.

Amazing Animals. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Meet and learn about

birds, mammals, reptiles and amphibians.

Creative Writers Club. 2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stop by for sharing, discussion and feedback on works in progress. Ages 13-18. <http://www.fairfaxcounty.gov/library/branches/bc/>

TUESDAY/JULY 14

Duct Tape Program. 7 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. The many miraculous uses of duct tape. Come and see how easy it is to create something beautiful and functional with duct tape. Shannyn Snyder presents. Age 12-18.

Calling All Guys. 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Book discussion group for boys. "Al Capone Does My Shirts" by Gennifer Choldenko. Age 9-12 with adult.

Preschool Duplos. 10:30 a.m. Pohick Library, 6450 Sydenstricker Road, Burke. Thousands of Duplos await you and your creativity. Come with friends or make new ones. Age 2-5 with adult.

THURSDAY/JULY 16

Bedtime Stories: Superhero Training. 7 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Learn to be a Superhero. Stories, activities and a craft. Wear

your best Superhero attire. Age 3-5 with adult.

Magic Tree House Club.

4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stop by to read and discuss story 16 in the "Magic Tree House" series. <http://www.fairfaxcounty.gov/library/branches/bc/>

Teen Video Production Workshop.

7 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Learn basic editing, cinematography and camera settings from Sam Sikors, an award winning cinematographer and Robinson High School Student.

Teens. <http://www.fairfaxcounty.gov/library/branches/bc/>

Library Playdate.

10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Drop in with 1-2 year olds to allow them to play with other toddlers. <http://www.fairfaxcounty.gov/library/branches/bc/>

FRIDAY/JULY 17

Fun Flicks. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Watch movies based on children's books.

SATURDAY/JULY 18

Clifton Film Festival. 7 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy live music, food and original films under the stars. During the event there will be two awards ceremonies, student's awards will be given during intermission and the 19+ category at the closing of the festival. Visit cliftonfilmfest.com.

Uno, Dos, Tres Con Andres. 10:30 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. Musician Andres Salguero will be performing music

for participants to sing and dance to. For more information go to fairfaxcounty.gov/library/branches.

SUNDAY/JULY 19

Hooray for Hollywood.

7:30 p.m. Richard J. Ernst Cultural Center, 8333 Little River Turnpike, Annandale. The concert will focus on musical themes from some of Hollywood's most popular motion pictures such as "Titanic," "Apollo 13," "Schindler's List," the James Bond movies, and a 50th anniversary salute to "The Sound of Music." Tickets \$15.

MONDAY/JULY 20

Chess Club. 4 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Learn openings, strategy, tactics and more. Players paired with others of similar skill. Ages 8-16.

Paws to Read. 4:30 - 5:15 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Kids can practice their reading skills by reading to Wylie, a trained therapy dog. Sign up online for a 15 minute session. For more information go to fairfaxcounty.gov/library/branches.

Let's Hear it for the Girls! 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. A book discussion group for girls will be discussing the book "The Wonderful Wizard of Oz" by L. Frank Baum. For more information go to fairfaxcounty.gov/library/branches.

TUESDAY/JULY 21

Afternoon Book Discussion Group. 1:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. A discussion of the book Someone by Alice McDermott. For more information go to fairfaxcounty.gov/library/branches.

COMMUNITIES OF WORSHIP



5690 Oak Leather Drive
Burke, VA 22015
703-764-0456

Summer Services ~ ~ You are invited!

Sundays at 10:00 am | Saturdays at 5:30 pm
CoffeeHouse with guest musicians

www.BurkePresChurch.org



9800 Old Keene Mill Rd.

703-455-7041

Sunday School
9:15 AM

Worship Service
10:30 AM

www.calvaryfamily.com

"Continuing the ministry of
Christ on earth"

Messiah United Methodist Church

www.messiahumc.org

Check out our:

- Weekly youth mission projects
- Children's summer camp programs
- Community outreach opportunities

Sunday Services at 8:15, 9:30, and 11 am
Sunday School 9:30 and 11 am
Childcare available during worship

6215 Rolling Road, Springfield
(near West Springfield High School)
703-569-9862

Looking for a New Place of Worship? Visit Antioch Baptist Church! All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

703-425-0710 • www.antioch-church.org
6531 Little Ox Road, Fairfax Station, VA 22039



**To Advertise
Your Community
of Worship,
Call 703-778-9418**

Local Nursery Closing After 42 Years ~ Going Out of Business Sale		
Kwanzan Cherries 7-9' 40% OFF Sky Rocket Junipers 7-8' 75% OFF Deodora Cedars 10-15' 50% OFF	Concrete Fountains, Benches, Statuary, Pots, Bird Baths 25% OFF & More!	Citrus Plants 25% OFF
Blooming Tropicals 40% OFF	Giftware 50% OFF ALL Annuals 1/2 PRICE!	40% OFF All Perennials ~ Hostas 50% OFF ~
50% OFF Trees & Shrubs Including Japanese Maples!	50-60% OFF Select Trees	ENTIRE Stock Garden Chemicals ON SALE
Bagged, Shredded Hardwood Mulch \$3.49 (3 cu. ft. bags)		Leaf Mulch \$19.99 cu. yd.
75% OFF ALL Pottery! Unbelievable Savings!		Cravens Nursery & Pottery 9023 Arlington Blvd., Fairfax, Virginia 2 miles west of I-495 on Rt. 50. 1 mile from I-66 (Vienna Metro) 703-573-5025 Open 7 days a week See our Website for more sales: www.cravensnursery.com

SHILLELAGHS THE TRAVEL CLUB		Celebrating our 50th Anniversary
SANDS CASIO & RESORT, Bethlehem, PA Nov. 30 - Dec. 1\$216 Includes Motorcoach from Vienna or Rockville, Overnight Sands Casino with continental breakfast, \$40 Slot Bonus per person, Tony Orlando Show!.		
NEW YORK CITY - BROADWAY SHOW, Sept. 29 - 30\$499 Includes Motorcoach from Vienna or Rockville, Orchestra Seating for "An American in Paris" Overnight Millennium Hotel in Theatre District.		
COSTA DEL SOL, SPAIN, Nov. 7 - 21\$3199 Includes Air from Washington, 13 Nights 4-Star Melia Hotel with Sea View, Daily Breakfast & Dinners with wine, 5 Full Days of Touring, Transfers/Porterage/Taxes.		
SHILLELAGHS TRAVEL CLUB 100 East Street SE, Suite 202 • Vienna, Virginia 22180 703-242-2204 1-800-556-8646 Please visit our Web site at: www.shillelaghstravelclub.com for a listing of all our upcoming trips and socials.		

SPORTS

(Back, from left) Connie Polnow, Mikaela Voegelé, Jackie Hafner (front, from left), Margot Baden, Angel Oh and Alex Marini perform a synchronized swimming routine for the 18-19 age group at the Junior Olympics.



PHOTOS COURTESY OF THE NORTHERN VIRGINIA NEREIDS



The Northern Virginia Nereids synchronized swimming team trains at the Audrey Moore RECenter in Annandale.



Northern Virginia Nereids coach Hayan Kim of Fairfax (right) works with one of the 13-15 age group teams competing at the Junior Olympics in Greensboro, N.C.

War of the Waters

Synchronized swimmers compete at championship event in North Carolina.

BY TIM PETERSON
THE CONNECTION

Lake Braddock graduate and Springfield resident Connie Polnow has been doing synchronized swimming since she was 9 years old. Her teammate and rising West Springfield freshman Angie Borkowski has only been at it for a year. But together, they were among 29 members of the Northern Virginia Nereids squad who participated in the United States Synchronized Swimming Junior Olympics between June 29 and July 4.

The meet in Greensboro, N.C. drew around 450 swimmers who competed in individual, duet and team events. For the Nereids, the meet was the culmination of training that started back in September.

"They all had their best swims of the year during the competition," said co-head coach and Washington, D.C. resident Julie Silverman. "I couldn't be more

proud of that." Last year, she added, the Nereids sent just nine swimmers to the championship meet.

Because it included teams from outside their normal area of competition (practices are held at Audrey Moore RECenter at Wakefield Park in Annandale) Silverman said the meet offered swimmers a chance to "see what else is out there" in terms of practice styles and water performance elements like "lifts" (swimmers bringing other swimmers out of the water) and "ripples" (when one person follows the action of another rather than moving simultaneously).

"It was definitely an exciting experience for them," she said.

Borkowski's team of seven young women between ages 13 and 15 performed a routine using World Cup-themed music for the soundtrack to match the "upbeat arms" and "really exciting and happy" choreography. The teammates custom-decorated their suits with international flags and

soccer balls.

She likes synchronized swimming because "it's artistic and works on my endurance," she said.

Borkowski swam for the Daventry Dolphins community summer league team for several years before seeing an ad in the Fairfax County Park Authority magazine "Parktakes." "It looked really different — I never did anything like it before," she said.

Connie Polnow was also a lap swimmer before switching to synchro. She remembers being at a practice at Audrey Moore and seeing the Nereids running their practice at the same time in the pool's deep end.

"That seemed more appealing to me," Polnow said. She talked to the coaches that day, got into a short summer program and joined the team in earnest the following fall.

Polnow likes synchro for "the people, first and foremost," she said. "I also like the sparkly suits."

With the difficulty of controlling your body and breath for several

minutes through numerous maneuvers and positions, the sport isn't exactly mainstream, which is something Polnow appreciates. "And there's always something new to learn; not just honing a skill, but always something new you can do."

In Polnow's Junior Olympics routine, she was joined by five other swimmers in the ages 18 to 19 group. They chose music from "Willy Wonka and the Chocolate Factory" featuring Johnny Depp to accompany approximately four minutes of tricky choreography (five lifts and nearly half of the time under water). "We wanted our routine to be fun for the audience, to be upbeat."

This is how the full contingent from the Northern Virginia Nereids fared at the United States Synchronized Swimming Junior Olympics:

18-19 Team: 18th Place,

Margot Baden, Jackie Hafner, Alex Marini, Angel Oh, Connie Polnow, Mikaela Voegelé

18-19 Solo: 12th Place, Mikaela Voegelé

16-17 Duet: 21st Place, Margot Baden and Jackie Hafner

13-15 Team: 26th Place, Grace Choi, Kayleigh Gagen, Violetta Nikitina, Shine Peng, Sarah Sanfield, Sara Schulwitz, Dora Stojanovic, Claire Werrlein,

13-15 Team: 41st Place: Angie Borkowski, Brianna Edwards, Hanna Lee, Erika Olivo, Karen Samy, Lisa Ugrymova, Huntleigh Zhang

13-15 Duet: 38th Place, Violetta Nikitina and Shine Peng

11-12 Team: 32nd Place, Laura Baitinger, Rose McClelland, Haley Oh, Sophie Prabhakar, Emily Song, Sarah Song, Viki Valentovics, Olivia Zuhoswki

11-12 Duet: 15th Place, Grace Choi and Sarah Sanfield

Bathroom Remodel Special \$6,850

Celebrating 15 Years in Business!

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



Free Estimates
703-999-2928



Visit our website: www.twopoorteachers.com

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed
Est. 1999



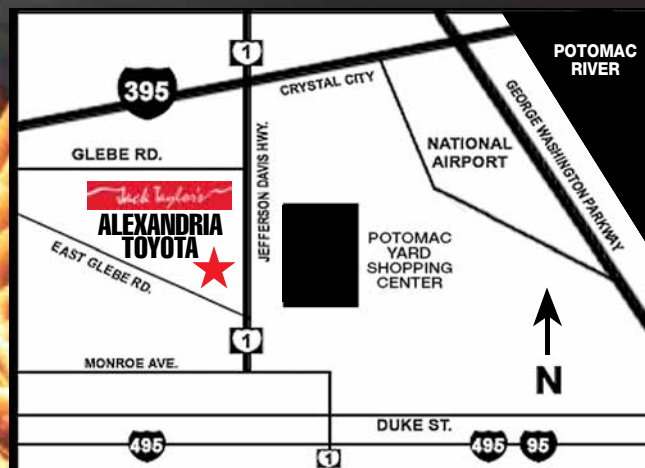
Be Part of The Pet Connection in July

Send Your Photos & Stories Now to editors@connectionnewspapers.com or complete our online form at connectionnewspapers.com/pets

Be sure to include your name, address and phone number, and identify all people and pets in photos. Submission deadline is July 15.

Jack Taylor's ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.
Alexandria, VA 22305
703-684-0710
www.alexandriatoyota.com



NEW! Extended Service Department Hours:

Monday – Friday, 7 am to 9 pm

Saturday, 8 am to 5 pm

Sunday, 10 am to 4 pm

Sunday by appointment only.

Make your next service appointment at:
alexandriatoyota.com

You Have Saturdays Off

That's Exactly Why We Don't!



29 YEARS OF
RECEIVING
THIS
HONOR
1 OF 4
DEALERSHIPS
IN THE NATION
TO RECEIVE THIS HONOR



ServiceCenters
Keep Your Toyota
a Toyota



ToyotaOwnersOnline.com

TOYOTA LIFETIME GUARANTEE

Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts
and strut cartridges are guaranteed to the
original purchaser for the life of the vehicle
when installed by an authorized Toyota dealer.
See us for full details.



TOYOTA
Let's Go Places



TOYOTA GENUINE SERVICE

OIL & FILTER SERVICE SPECIAL

\$5⁰⁰ OFF

Includes: Change oil, install Genuine
Toyota oil filter, inspect & adjust all fluid
levels and complimentary multi-point
inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 10/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

EXTEND THE LIFE OF YOUR VEHICLE! BG FLUID EXCHANGE SPECIAL

TRANSMISSION FLUSH **\$189⁹⁵**
POWER STEERING FLUSH **\$139⁹⁵**
BRAKE FLUSH **\$139⁹⁵**
FUEL INDUCTION FLUSH **\$139⁹⁵**

FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$50.00
NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 10/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP.
VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE

A/C SPECIAL

\$99⁹⁵

Includes: Check compressor, add up to 1 lb.
of R134 freon, adjust drive belts, tighten
fittings, check condenser fins & check
system for leaks

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 10/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

TOYOTA GENUINE SERVICE

15% OFF SIGHT LINE WIPER BLADES WITH FREE INSTALLATION

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/15. COUPON MUST
BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

\$32⁹⁵



PER DAY WITH ANY SERVICE

MUST BE 21 YEARS OF AGE WITH VALID DRIVER LICENSE AND PROOF OF INSURANCE. NOT VALID WITH ANY OTHER OFFER.
TOYOTA VEHICLES ONLY. 1000 MILES PER DAY. COUPON MUST BE PRESENTED AT TIME OF
RESERVATION. VALID ONLY AT ALEXANDRIA TOYOTA RENT A CAR CENTER.

TOYOTA GENUINE SERVICE

BUY 3 TIRES AND GET 4TH FOR



\$1⁰⁰



WITH PRICE MATCH GUARANTEE

SEE SERVICE ADVISOR FOR DETAILS.

GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION,
TIRE WARRANTY, AND FREE COURTESY
MULTI-POINT INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/15. COUPON MUST
BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

WE WILL

MEET OR BEAT

ANY LOCAL TOYOTA
DEALERSHIP'S
CURRENT ADVERTISED
SERVICE SPECIALS

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY.
OFFER EXPIRES 10/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

TRUE START BATTERY SPECIAL



\$139⁹⁵

Includes: 84 month warranty, 24 month
FREE replacement, 24 month FREE roadside
assistance, 60 month proration, PLUS we'll
check all battery cables & connections.

Does not apply to hybrid vehicles.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY.
OFFER EXPIRES 10/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP.
VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

POTHOLE SPECIAL 4 WHEEL ALIGNMENT



\$109⁹⁵

Your car's alignment suffers, and can cause uneven tire
wear, steering problems and decreased fuel economy.

Includes: Inspect suspension,
ball joints, struts & shocks, tire
condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 10/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE

BRAKE SPECIAL

\$99⁹⁵

PADS

Includes: Install Genuine Toyota front
brake pads, inspect front & rear rotors
& drums, check tire condition and
inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.
DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR
FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON.
TOYOTA VEHICLES ONLY. OFFER EXPIRES 10/31/15. COUPON MUST BE
PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA
TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

SUMMERTIME SAVINGS



New Camrys, Corollas,
RAV4s and Priuses

**ALL ON SALE
LIKE NEVER BEFORE**

Summer is here and so are the SAVINGS!

Ask one of our sales managers.

George, Mike, Yared or Rocky

703-684-0700

**WE ARE HERE
TO MAKE DEALS!**

Jack Taylor's
ALEXANDRIA
TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305
703-684-0700 | ALEXANDRIATOYOTA.COM
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



**Let's
Go
Places**

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD
• FAIRFAX STATION/CLIFTON/LORTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:
TUESDAY NOON

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards
PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping
• All Concrete work
• Retaining Walls • Patios
• Decks • Porches (incl. screened) • Erosion & Grading Solutions
• French Drains • Sump Pumps
• Driveway Asphalt Sealing

MASONRY

MASONRY

BRICK AND STONE
Custom Masonry
703-768-3900
www.custommasonry.info
Patio, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guaranteed

LANDSCAPING

A&S CONSTRUCTION
Bathrooms, Kitchens,
Flooring, complete
remodeling.
703-863-7465

The biggest things are always the easiest to do because there is no competition.
-William Van Horne

TREE SERVICE

TREE SERVICE

Pit bull Tree Choppers



We take a bite out of your bark.

Call: Lee Lohan 703-400-5005
Licensed and insured. We accept all major credit cards.

- Complete tree removal, stumps and limbs.
 - Clearing of deadwood,
 - Landscaping and design,
 - Ponds and waterfalls,
 - Trimming and pruning.
- Division of Lohan Construction, LLC.

EMPLOYMENT

FT/PT Teachers & Assistant
A none profit childcare in Herndon, VA is seeking a qualified F/T teachers please email your resume to sangle@va-childcare.com or call 703-713-3983

PART TIME RN, LPN, PHLEBOTOMIST OR MEDICAL ASSISTANT

Friendly Internal Medicine office in Burke. 5 mornings a week. Email resume to patriciabounds@hotmail.com

FANFARE eatery

Burgers • Wings • Salads

Now Hiring Cooks and Cashiers in Both Locations!

Apply in Person

Fairfax Corner
11861 Palace Way
Fairfax, VA 22030

Fairfax@fanfareeatery.com
571-323-2500

or

Greenbriar Town Center
13061 Lee Jackson Memorial Hwy
Fairfax, VA 22033

Greenbriar@fanfareeatery.com
703-657-0050

EOE

HANDYMAN

HANDYMAN

SPRINGFIELD HANDYMAN
Small Home Repairs
Good Rates
Experienced
703-971-2164

RCL HOME REPAIRS

Handyman Services
Springfld • Burke • Kingstowne
Light Electrical • Plumbing • Bathroom Renovation • Ceramic Tile • Drywall Repair

703-922-4190

LIC. www.rclhomerepairs.com INS.

703-863-7465
LICENSED
Serving All of N. Virginia

R&N Carpentry
♦ BASEMENTS ♦ BATHS ♦ KITCHENS
Foreclosure specialist/Power washing
♦ Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

Picture Perfect Home Improvements
(703) 590-3187
Remodeling Bathrooms, Kitchens & Basements
Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks
• FREE Estimates • EASY To schedule
• FAST & Reliable Service • NO \$\$\$ DOWN!
Handyman Services Available
http://www.pphionline.com/
"If it can be done, we can do it" BBB
Licensed - Bonded - Insured

LAWN SERVICE

LAWN SERVICE

Lawn Care, Fertilizing, Sod, Spring Clean-up, Mulching, Tree Cutting, Handyman work
Call us Today and Get 20% OFF on Hardwood Mulching and Any Job Higher Than \$300.00
Licensed Insured
THE MAGIC GARDENER
703-780-2272 or 703-328-2270

J.E.S. Services
Your neighborhood company since 1987
703-912-6886

Landscaping & Construction
Free Estimates • Fully Licensed & Insured
• Planting & Landscaping Design
• Drainage & Water Problems
• Concrete Driveways, Replacement or New
• Patios and Walks • Masonry Work or Dry Laid
• Paver, Flagstone, Brick, any style you choose
• Retaining walls of all types
All work Guaranteed

PAVING

PAVING

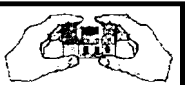
GOLDY BRICK CONSTRUCTION
Walkways, Patios, Driveways, Flagstone, Concrete
FREE ESTIMATES
Licensed, Insured, Bonded
703-250-6231

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping
Reasonable prices. Licensed & insured.
Summer Cleanup...
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.
25 years of experience - Free estimates
703-868-5358
24 Hour Emergency Tree Service

THE CONNECTION CLASSIFIED
Classified or Home • Lawn • Garden:
703-917-6400
Employment: 703-917-6464
E-mail: classified@connectionnewspapers.com



Hand and Hand Handyman

General Remodeling Residential & Commercial
Specializing in:
Kitchen/Bathroom/Basement Remodeling
Plumbing • Electrical • Custom Carpentry
Doors Windows • Hardwood Floors
Crown Molding • House Cleaning
Interior/Exterior Painting • Brick/Stone Work
Ceramic Tile • Decks, Fences, Patios
HOA Maintenance, Granite Counter Tops
Realtors Work and Much More
Licensed and Insured Serving Northern Virginia
703-296-6409

HAULING

HAULING

ANGEL'S HAULING
• Junk Trash Removal
• Yard/Construction Debris
• Garage/Basement Clean-Out • Mulching
703-863-1086 • 703-582-3709
240-603-6182

IMPROVEMENTS

IMPROVEMENTS

R.N. CONTRACTORS, INC.
Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD
• FAIRFAX STATION/CLIFTON/LORTON

CLASSIFIED

703-778-9411

ZONE 2 Ad DEADLINE:
TUESDAY NOON

101 Computers

101 Computers

21 Announcements

21 Announcements

HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

➤ Speed Up Slow Computers

➤ Virus Removal

➤ Computer Setup

➤ Help with Windows 8

571-265-2038

Jennifer@HDIComputerSolutions.com



VIRGINIA: IN THE GENERAL DISTRICT COURT FOR THE CITY OF VIRGINIA BEACH

CARTER LUMBER OF VIRGINIA, INC.,
PLAINTIFF,
v.
DANIEL ROBINSON, et al.
DEFENDANTS.

ORDER OF PUBLICATION

The object of this suit is to recover money damages for breach of contract. It is ORDERED that Daniel Robinson and Alaric Holdings, LLC appear at the above-named court on July 30, 2015 at 8:30 A.M. to protect their interests. David M. O'Dell, Clerk June 10, 2015

21 Announcements

21 Announcements

LEGAL NOTICE

According to the Lease by and between Kathleen M O'Rourke aka Kathleen D Meehan of unit 1060 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: christmas decor, boxes, ladders, tool bench, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Khashayar Zargham aka K Zargham of unit 1077 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: file cabinets, boxes, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Steven Gonzalez of unit 2028 and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: bins, lamp, medical supplies, ect. Items will be sold or otherwise disposed of on Friday July 17, 2015 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

21 Announcements

21 Announcements

21 Announcements

21 Announcements

ABC LICENSE

Correct First Time Auto Service, Inc trading as Ox Road Exxon, 5211 Ox Road, Fairfax, VA 22030. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off premises license to sell or manufacture alcoholic beverages. Poonam Sharma, member

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**AFFORDABLE
METAL ROOFING**
BY: VA CAROLINA BUILDINGS, INC
1-800-893-1242
www.metalroofover.com
WE FINANCE

21 Announcements

21 Announcements

21 Announcements

21 Announcements

Call NOW 1-703-468-4858
ENGLERT LeafGuard
By BELDON HOME SOLUTIONS
0% Interest for 24 Months!
Save an Additional 10% with this ad!
FREE Gift Card with estimate!
With in-home estimate to homeowners(s). Limit one per household. Other restrictions may apply. Gift card valued at \$50.
As seen on TV!

SAVE \$500*
*Savings up to \$1,000. Good only when presented at time of free inspection. Not to be combined with any other offer.
Foundation & Structural Repair • Concrete Lifting
Crawl Space Moisture Control • Basement Waterproofing
FREE INSPECTION & ESTIMATE
888-718-3712
www.jeswork.com
JES Foundation Repair
Crawl Spaces • Waterproofing

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/JULY 9

Person Centered Dementia Care. 3 p.m.

Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. It's hard to keep individuals with dementia active and engaged; learn to gear activities to them to make your time together enjoyable, frustration free, and memorable. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

Spanish Conversation Group. 2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Participants can practice and improve their Spanish with a native speaker. For more information go to fairfaxcounty.gov/library/branches.

FRIDAY/JULY 10

English Conversation Group. 10:30 a.m.

Lorton Library, 9250 Richmond Highway, Lorton. Practice speaking English with others and improve your skills. Adult.

SATURDAY/JULY 11

Living Trust Plus Seminar: How to Protect Your Assets from the Expenses of Probate and Long Term Care.

The Law Firm of Evan H. Farr, P.C., 10640 Main Street, Suite 200, Fairfax. Learn how to protect your assets and obtain valuable Medicaid and Veterans benefits to pay for long-term care.

SATURDAY/JULY 11

Teen Advisory Board. 12 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. The Kingstowne Teen Advisory Board will be holding its meeting. For more information go to fairfaxcounty.gov/library/branches.

TUESDAY/JULY 14

Genealogy One-On-One. 1:30 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. A genealogical volunteer will be offering participants advice of starting or continuing their genealogical research. For more information go to fairfaxcounty.gov/library/branches.

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Practice and improve your English. Adults.

WEDNESDAY/JULY 15

Are They Doing That On Purpose?

Understanding Behaviors. 1:30 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Join us for this free program at 1:30 pm. Come and learn strategies for communication and dealing with difficult behaviors. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

THURSDAY/JULY 16

Is it Normal Aging or Dementia? 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Kings Park Library will be hosting an event that will teach participants the difference between normal aging and dementia, as well as the top 10 signs of Alzheimer's disease. For more information go to fairfaxcounty.gov/library/branches.

FRIDAY/JULY 17

Toastmaster Openhouse. 11:45 a.m. Mason Enterprise Center, 4031 University Drive, Room 122A, Fairfax. Are you ready to increase your self-confidence, become a better speaker, become a better leader, and communicate more effectively? Come see how we can help you.

English Conversation Group. 10:30 a.m. Lorton Library, 9250 Richmond Highway, Lorton. Practice speaking English with others and improve your skills. Adults.

SATURDAY/JULY 18

Career Building: Book Signing. 7 p.m. Holiday Inn Express, 6401 Brandon Avenue, Springfield. This mini-seminar will empower you with proven strategies to guide you and equip you for the challenges ahead in finding new opportunities that await you. Free.

MONDAY/JULY 20

Planning for Health Care and Retirement.

Kings Park Library, 7 p.m. 9000 Burke Lake Road, Burke. Kings Park Library will be holding an event that will guide participants on covering their medical expenses and creating a health care financial plan. For more information go to fairfaxcounty.gov/library/branches.

TUESDAY/JULY 21

Home Money Management- 3 Week Session.

12:30 p.m. Lorton Library, 9250 Richmond Highway, Lorton. Learn to curb expenses, review bills and develop good habits in this basic budgeting class. Adult, Teen.

Neighborhood Plant Clinic. 10 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. The Fairfax Master Gardeners Association provide tips and advice. Adults.

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Practice and improve your English. Adults.

TUESDAY/JULY 22

Friends Quarterly Meeting.

7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. The Kingstowne Library will be holding its quarterly meeting. For more information go to fairfaxcounty.gov/library/branches.

THURSDAY/JULY 23

Spanish Conversation Group.

2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Participants can practice and improve their Spanish with a native speaker. For more information go to fairfaxcounty.gov/library/branches.

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism.

The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation

and meditation. Visit <http://www.guhyasamaja.org> for more information.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspRINGfield.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided.

Christian education for all ages is at 9:45 a.m. 703-830-3175.

ENTERTAINMENT

'A Spoonful of Sugar' Plus Magic

Robinson senior has title role in "Mary Poppins."

BY BONNIE HOBBS
THE CONNECTION

Featuring a cast and crew of nearly 50, Westfield Summer Stage is bringing the beloved Disney musical, "Mary Poppins," to life. And playing the lead role is a rising senior at Robinson Secondary School.

In 1910 London, a woman becomes the nanny for a family in crisis, and she and the children have fun-filled adventures which teach them life lessons. And through the wonder of theater, the audience gets to go along for the ride.

"At the end of the show, the Banks family has learned to operate as a healthy family unit," said Director Pat Mitchell. "And it's because of Mary Poppins – she's the catalyst."

There's a live, student orchestra, plus a crew of all Westfield alumni. "I was in Westfield's first graduating class in 2002, so it's a nice homecoming to be back here again," said Mitchell. "And I can't

say enough about the parents – including alumni parents – who've put in their time to build and paint the set and create the costumes. It shows how much community is in this place."

The sets depict the Banks' house and nursery, a park and the bank where Mr. Banks works. And, said Mitchell, "As the show goes on, the scenes get more magical, culminating in a show-stopping, rooftop, tap-dance number, 'Step in Time.'"

The cast comprises middle- and high-school students, plus new grads, and Mitchell's also "proud of their hard work. They show up with a positive attitude every day and are always excited to be here." As for the show, he said, "It'll make every adult feel that fondness of being a child again. These classic songs will get stuck in their heads, and I guarantee they'll be whistling, humming and singing them for weeks to come."

Robinson's Madysen Hanton is portraying the title role of Mary Poppins. "She's a magical nanny

who cares about the Banks family," said Hanton. "She's prim and proper and doesn't take any backtalk from the children. She's sassy and is practically perfect, and she changes the family's life drastically – for the better."

Calling it her "dream role," Hanton said, "I love the movie and it's written for a soprano like I am. She has so much depth and I get to have fun showing her different sides – caring, wacky, fun and energetic – and I also show that she's not just a nanny, but a woman, too."

Hanton's favorite song is "Supercalifragilisticexpialidocious," which she sings to the Banks children. "The whole cast is in it," she said. "You have to put a lot of work into that song, so I'm happy to be a part of it and see it all come together."

Hanton said the audience will enjoy the show because "it's a spectacle. The set is so intricate, while being gigantic, and the costumes are colorful and also help with characterization. The chore-



PHOTO BY BONNIE HOBBS/THE CONNECTION

Portraying Bert and Mary Poppins are (back row) Joshua Ewalt and Madysen Hanton, and (front row) John Henry Stamper and Lauren LeVine as the Banks children.

ography is something you'd expect from a Broadway musical, and every song has five-part harmony. And it's great for all ages; people will definitely leave smiling."

Showtimes are Friday-Saturday, July 17-18, at 7:30 p.m.; Sunday,

July 19, at 2 p.m.; Friday, July 24, at 7:30 p.m.; and Saturday, July 25, at 2 and 7:30 p.m., at Westfield High. Tickets are \$15 at the door and \$12 in advance via www.westfieldtheatreboosters.com; seats are reserved.



HOME RENOVATION

JULY 18TH

Are Your Family & Friends Comfortable in Your Home?



BEFORE

We Hope You Will Join Us!
Saturday, July 18th, 2015 - 10am-2pm

Where: Sun Design Corporate Office
 5795 B Burke Centre Parkway, Burke, VA 22015
 (Located behind the Kohl's shopping center)

Seminars run from 10am-12pm. Lunch to follow.
Please arrive at 9:45am for check-in.

Seating is limited!

RSVP: info@sundesigninc.com or call Erin at 703.425.5588

Attend for a chance to win an All Inclusive Vacation!

Attend the July 18th seminar for details on your chance to win a get-away during construction!

Offer expires on July 18, 2015.

Seminars:
 Kitchen + Bath Trends | 10 Tips for a Stress-Free Remodel | Reinvent Your Home for Today's Lifestyle

SUN DESIGN
Design. Remodel. Relationships.

Major Remodels • Additions • Kitchens & Baths • Basements • Outdoor Spaces
703.425.5588 | SunDesignInc.com

INTRODUCING A HANDSOME FELLOW FROM DETROIT WITH THREE EYES.



THE RUNWELL CONTRAST CHRONO WITH 3 EYE CHRONOGRAPH IN PVD BLACK STEEL CASE, BLUE DIAL, DETROIT-BUILT ARGONITE 5030 MOVEMENT AND AMERICAN-MADE BLUE LEATHER STRAP.

SHINOLA
DETROIT

Where American is made.™

King's Jewelry

809 KING STREET
OLD TOWN ALEXANDRIA
703.549.0011