

Fairfax Station ♦ Clifton ♦ Lorton
CONNECTION

The House Love Rebuilt

NEWS, PAGE 3

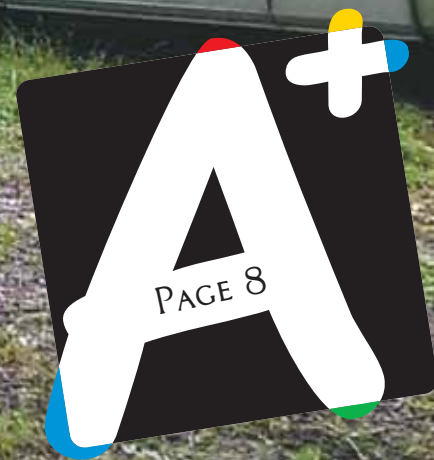
Around 100 youth from all over Virginia are helping repair four houses in Lorton, including yard-clearing, roofing, flooring and other structural work.

Police Release Updated In-Car Guidelines

NEWS, PAGE 4

A Beginning, Not an End

NEWS, PAGE 8





Get Back in the Swing of Things!

Latest Treatments in Back and Neck Pain

Thursday, July 23, 2015
6:30 p.m.

Springfield Country Club
8301 Old Keene Mill Road
Springfield, VA 22152

*If you suffer back and neck pain,
you won't want to miss this beneficial
and educational lecture.*

Millions of people suffer debilitating neck and back pain. If you are one of the millions please don't miss this opportunity. A FREE community lecture, to discuss causes of neck and back pain and the latest treatment options, will be held in your area by one of Inova Mount Vernon Hospital's experienced orthopedic spinal surgeons, Dr. Corey Wallach. This is an opportunity for you to Ask The Expert any questions you may have.



Corey Wallach, MD, completed his spine fellowship at the prestigious UCLA Comprehensive Spine Center which specializes in minimally invasive, motion preserving and traditional treatment for the neck and lumbar spine. He completed his residency at the University of Pittsburgh Medical Center, where he conducted research on biologic treatment strategies for degenerative spinal disorders, earning both national and international recognition for his efforts. He now serves as a medical director for the Inova Spine Institute.



This seminar is FREE and we ask that you register by visiting our Website at inova.org/asktheexpert or calling **1.855.My.Inova (694.6682)**.



Thank You!!!



The Robinson Class of 2015 All Night Grad Party gratefully thanks our generous donors!

BARR Concrete
Burke Lions Club
Burke Sporting Goods
Carpet & Floor Masters
Catie, Steve & Associates-Long & Fosters Realtors
Centreville Moose Lodge #2168
Clifton Lions Club
Country Club View Civic Association
David R. Hughes, DDS
Dr. Stacey H. Staats & Dr. Laurence Murphy
Eileen Filler-Corn for Delegate
Elliot Family
Friends of David Bulova
Fritz & Company
Gardner/Wolford Family
Guinea Road Cleaners
Gyurieza & Hartman Family and Cosmetic Dentistry
Jiffy Lube Service Center-Burke
Kings Park West Civic Association

Knights of Columbus Council
Laurel Ridge Elementary PTA
Metropolitan Formalwear
Michael W. Ferrell, PLLC
Middleridge Civic Association
Mindworks
My Eye Doctor, Dr. Richard Katz
Northern Virginia Dental Associates, PC
Olam Tikvah Sisterhood
Paxton Family
Paxton Record Retention, Inc.
Preferred Travel, Inc.
Robinson Band & Orchestra
Parents Organization
Robinson Secondary PTSA
Ryan Enterprises, Inc.
Twinbrooke Chiropractic, Dr. Sal Nuccio
Village Veterinary Clinic
Virginia Eye Care Center



Students from around Virginia gather in the First Baptist Church of Springfield after their first day on job sites as part of the week-long Impact service project camp.



Impact service camp volunteers sing along with artist Dana Jorgensen at the First Baptist Church of Springfield.

The House Love Rebuilt

Church youth campers repair four Lorton homes in a week.

BY TIM PETERSON
THE CONNECTION

Jeff Moten started the week with 31 teenagers on his lawn. Baptist youth from around Virginia arrived at his Lorton property around 9 a.m. on Monday, July 13. By 10, they had cleared much of the natural overgrowth in his front and back yards, begun stripping his home's roof and removing debris from a rear room where the floor had collapsed.

Moten has lived in the house 45 years, since his family moved there in 1970. Now living with a disability, he's found it difficult to maintain the home. "I was the type that was always helping someone," he said. "I've had a hard time asking for help."

While he wouldn't ask for himself, Moten said his mailman got in touch with Buck Rodgers of Virginia Baptists, who decides which houses will be taken on by "Impact" church youth service camps for repairs.

EACH SUMMER, Baptist youth from around Virginia participate in these local mission trips to repair or rebuild homes for people who need help. Referrals come from churches, the Department of Family Services and nonprofits such as the Lorton Community Action Center. Youth volunteer their time and actually pay to attend the mission trip. The camp also receives funding from the Northstar Church Network.

"We choose based on the amount of need," said Rodgers, who is from Stafford. "This house is a true Impact project. It looks pretty bad, but I've seen worse. The good Lord is teaching us humility and perseverance this morning."

Though they're working on four sites in Lorton, all the youth and chaperones are spending the week at First Baptist Church of Springfield. They work from about 9 a.m. to about 4 p.m. each day, then return to the church to shower, eat, participate in a worship service and spend time with their home church groups.



Jeff Moten, of Lorton, is the owner of one of the homes being worked on by the Impact service camp youth.

Lorton native Jeannine Purdy is with the Virginia Hills Baptist Church in Alexandria, which helped organize the camp and whose youth make up some of the participants.

"We know there are needs everywhere in our state, even in wealthy Northern Virginia, and want to be sure our youth understand that as well," she said in an email.

Walking on to the site for the first time Monday morning, there was no mistaking work had to be done.

"You began to understand why we're there," said Diana Gilbert of Springfield, a chaperone with a daughter on the Impact team, "and what the need is."

Megan Cloer of Burke recently became a member of First Baptist in Springfield after her family moved to Virginia two weeks ago from Jacksonville, Fla. She spent the morning on the roof, removing aged shingles. "It's hard work," she said, "but you see the difference we're making in the homeowner's life, serving him and serving God."

"It's the summer, it's raining — you'd think we would have a hard time getting kids to work," said John Williams, a volun-



PHOTOS BY TIM PETERSON/THE CONNECTION

Around 100 youth from all over Virginia are helping repair four houses in Lorton, including yard-clearing, roofing, flooring and other structural work.

teer crew chief on the site, as he measured new floor boards with his sons Bryce and Seth. "The problem is getting them to not work, to come down off the roof. They're ministering to the homeowner, working with him, interacting with him. The kids here are pretty awesome."

Rising high school senior Will Lewis, of Chesterfield, helped take out the floor in the rear room. "I just like helping people in need," he said. "It's satisfying. And it's great to take a break from the rest of life, to unplug."

AROUND 100 youth from all over Virginia are helping repair four houses in Lorton, including yard-clearing, roofing, flooring and other structural work. Youth Pastor Danny Quirin of Roanoke is serving as the camp pastor for the week, delivering a ser-

mon each night during the worship service. He's been ministering to youth for over 30 years. The theme of the camp is "Just Because," and his messages center around experiencing and sharing the love of God. The sentiment is meant to motivate the youth in their daily work on the job sites and in the future.

"You can't give something you don't have," he said in his Monday night homily. Once you've experienced that love, he explained, the camp is about teaching youth to get in the habit and mentality of serving other people with love in their hearts.

When Quirin first saw the Lorton property, he thought, "Wow. Sometimes, you think truly the best thing for a house would be a match. But this house is going to be transformed. Then it will be, Wow, we did that. It's such an awesome feeling."

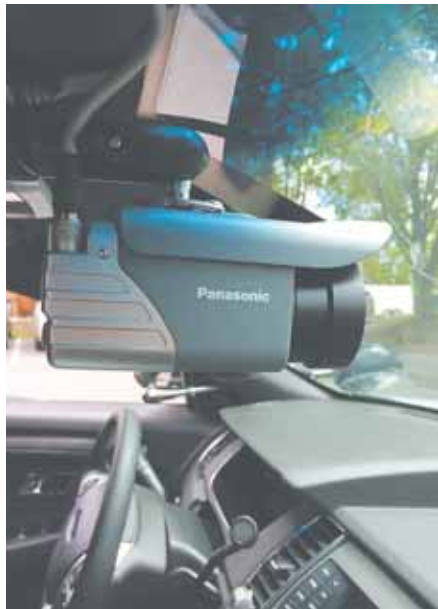
Police Release In-Car Video Guidelines

In a January 2015 informational video, Fairfax County Police said around 600 of the department's cruisers, spread across all eight law enforcement districts, were equipped with in-car video recording devices. Updated guidelines for the video program were announced as General Order 430.8. It can be found online at www.fairfaxcounty.gov/police/in-side-fcpd/pdf/43082.pdf.

The informational video is available here www.youtube.com/watch?v=oVYr8onDczY&list=FL19Ipd-a76SABWau32gb-GA&index=1

In the five-minute video, officers explain how cruisers with the system have both front- and rear-mounted swiveling cameras linked to a digital video recorder and wireless microphone worn by the officer. The camera program was phased in over a 10-month period beginning in September 2013.

Recordings can be initiated in several ways, including pressing a button on the camera itself, flashing the cruiser's blue warning lights, starting the app on the in-car laptop, pressing a button on the belt-mounted microphone pack or from a crash sensor that would respond to any vehicular



Police cruisers in the in-car video program have both front- and rear-mounted cameras that can swivel from side to side.



Pressing the red button on the camera itself is one of several ways for an officer to start recording using the in-car video program.

PHOTOS COURTESY OF FAIRFAX COUNTY POLICE DEPARTMENT

impact.

As soon as an officer starts the video, or recording starts automatically, the previous 30 seconds are captured as well. This is possible because the digital video is constantly running, just not constantly recording.

The 30-second add-on allows officers a better chance to document the offense they've just witnessed, and for judges or juries to have a more complete picture of whatever interaction took place between the alleged offender and officer.

— TIM PETERSON

NEWS BRIEF

Lorton Woman Robbed, Touched Inappropriately

A 33-year-old woman was robbed outside her car in a Lorton apartment complex around 2:15 a.m. on Sunday, July 5, according to Fairfax County Police and the Crime Solvers community program.

The suspect reportedly approached the woman from behind, stuck a hard object against her back and asked for money.

After taking money and property from the woman, the suspect pushed the woman to the ground and touched her inappropriately. When she tried to struggle, the suspect struck her in the face.

After the incident, the report continues, the suspect took off on foot behind the apartments in the direction of Richmond Highway.

The suspect is described as black and in his 20s, and 5 feet 6 inches to 5 feet 9 inches tall with a thin build, wearing a black T-shirt and blue jeans. His hair is said to be long and braided, he may have had a mustache.

Contact Crime Solvers at www.fairfaxcrimesolvers.org, text-a-tip by texting "TIP187" plus the message to CRIMES(274637) or by calling 1-866-411-TIPS(8477).

— TIM PETERSON

Walk-ins Welcome

Emergency Department Close to Home...When Minutes Count

Inova HealthPlex - Lorton

The only ambulance-accessible Emergency Department in Lorton.

Open 24-hours, seven days a week and staffed by board-certified doctors and specially trained nurses and technologists.

Inova HealthPlex - Lorton, a service of Inova Mount Vernon Hospital, is a free-standing emergency care center featuring 19 patient treatment bays, on-site diagnostic imaging, laboratory services.


Radiology Services - Newest Technology Available

Same day appointments/walk-ins/scheduled exams for:

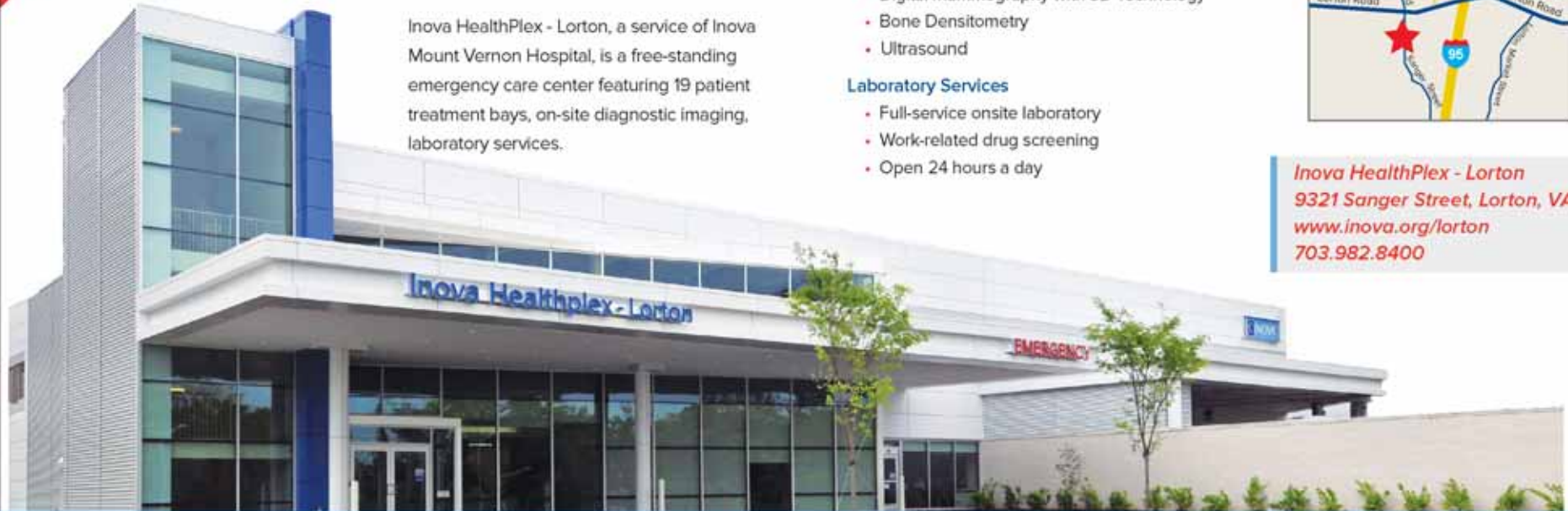
- Low Dose Cat Scan
- Digital Diagnostic X-Ray
- Digital Mammography with 3D Technology
- Bone Densitometry
- Ultrasound

Laboratory Services

- Full-service onsite laboratory
- Work-related drug screening
- Open 24 hours a day



Inova HealthPlex - Lorton
 9321 Sanger Street, Lorton, VA
www.inova.org/lorton
 703.982.8400



24/7 Emergency/Radiology/Laboratory Services

INOVA

Join the future of health.

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/JULY 16

Is it Normal Aging or Dementia? 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Teaching participants the difference between normal aging and dementia, as well as the top 10 signs of Alzheimer's disease. Visit fairfaxcounty.gov/library/branches.

FRIDAY/JULY 17

Toastmaster Open House. 11:45 a.m. Mason Enterprise Center, 4031 University Drive, Room 122A, Fairfax. Are you ready to increase your self-confidence, become a better speaker, become a better leader, and communicate more effectively?

English Conversation Group. 10:30 a.m. Lorton Library, 9250 Richmond Highway, Lorton. Practice speaking English with others and improve your skills. Adults.

SATURDAY/JULY 18

Career Building: Book Signing. 7 p.m. Holiday Inn Express, 6401 Brandon Avenue, Springfield. This mini-seminar will empower you with proven strategies to guide you and equip you for the challenges ahead in finding new opportunities that await you. Free.

MONDAY/JULY 20

Planning for Health Care and Retirement. 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Guiding participants on covering their medical expenses and creating a health care financial plan. Visit fairfaxcounty.gov/library/branches.

TUESDAY/JULY 21

Home Money Management- 3 Week Session. 12:30 p.m. Lorton Library, 9250 Richmond Highway, Lorton. Learn to curb expenses, review bills and develop good habits in this basic budgeting class.

Neighborhood Plant Clinic. 10 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. The Fairfax Master Gardeners Association provide tips and advice. Adults.

English Conversation Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Practice and improve your English. Adults.

TUESDAY/JULY 22

Friends Quarterly Meeting. 7 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. The Kingstowne Library will be holding its quarterly meeting. Visit fairfaxcounty.gov/library/branches.

THURSDAY/JULY 23

Spanish Conversation Group. 2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Participants can practice and improve their Spanish with a native speaker. Visit fairfaxcounty.gov/library/branches.

FRIDAY/JULY 24

English Conversation Group. 10:30 a.m. Lorton Library, 9250 Richmond Highway, Lorton. Practice speaking English with others and improve your skills. Adults.



Celebrate the Summer on Our Patio with Weekend Seafood Specials & Local Produce



Try our new Greek-inspired Small Plates:
Mussels Santorini, Shrimp Saganaki, Chicken Souvlaki, Lamb Lollipop and more!



Join Us at the Bar for Happy Hour Specials
Mon.-Fri. 3-7 P.M.

9000 Lorton Station Blvd., Lorton, VA
703-372-1923 • firesidegrillva.com

All That Glitters

Jewelry ~ Accessories ~ Home Décor

Christmas in July SALE

Sat., July 25
9 am-5 pm &
Sun., July 26
10 am-5 pm



Join us for our semi-annual sidewalk sale!

Vera Bradley 50% off • Fashion Jewelry 25% off • Sale Jewelry \$5, \$10, & \$15 & much more!



Located in Historic Clifton
7144 Main Street, Clifton, VA

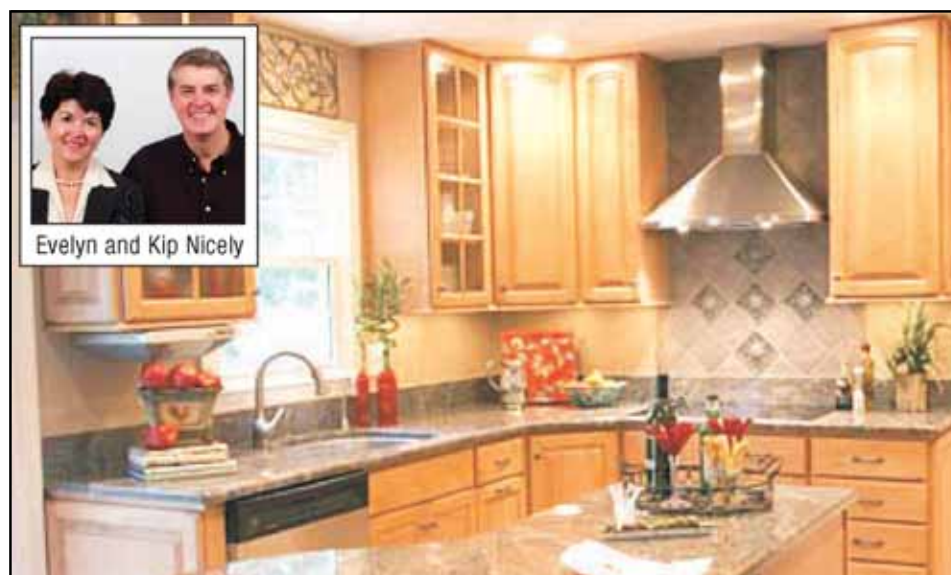
www.allthatglittersva.com

Visit other participating shops in Clifton:

- Cupcaked
- Hydrangea of Clifton
- GoldensHill Papercrafts • Clifton Wine Store

Your "Nicely Done" Kitchen or Bath is Right Around the Corner!

A "One-Stop Shop" That Goes Above and Beyond Your Imagination



Are you living with an out-of-date kitchen? Not enough space for your dishes...much less to entertain guests the way you would like? For most people, the main purposes of a kitchen are to cook, eat and socialize. Why not own a kitchen that allows all of that to happen with ease?

Family owned and operated by Evelyn and Kip Nicely, Nicely Done Kitchens is dedicated to making sure each and every client is amazed with

their new kitchen.

Evelyn and her highly professional team of designers strive to make every one of your ideas come true, while offering valuable recommendations from their years of experience. They will also take care of all the measuring, construction logistics and tedious details.

Feel free to stop by their newly-remodeled showroom to browse the gorgeous displays and get ideas for your new kitchen.

Custom Kitchen and Bath Design, Remodeling and Project Management

— Also, KitchenLite —

Ask about our KitchenLite program for a cost-effective smaller remodel.

PROFESSIONAL MEMBERSHIPS:

- The National Kitchen and Bath Association (NKBA)
- The American Institute of Architects (AIA)
- The American Society of Interior Designers (ASID)
- The SEN Design Group (SEN), Nationally Ranked #5
- The National Association of Remodeling Industry (NARI)
- The Better Business Bureau of Washington, D.C. (BBB)



Come Visit Our Showroom
8934 Burke Lake Road

Kings Park Shopping Center—At the intersection of Burke Lake, Rolling and Braddock Roads.
Hours 9:30 a.m. - 6 p.m. M-F; 10 a.m. - 3 p.m. Sat.

703-764-3748

Watch our informative video at
www.NicelyDoneKitchens.com

OPINION

Backpacks for All

Thousands of students will begin school this fall at a disadvantage; help now so they have the basics.

The first day of school each year is fraught with anticipation and anxiety. Many local students will be concerned about what they wear, who they will see, what it will be like. They've already had multiple shopping trips, online and otherwise, to be sure they have the supplies and extras they need.

We live in an area where many if not most families have the means and desire to do almost whatever it takes to give their children the best chances for success.

But for thousands of students, families lack the financial resources to equip them for success on the first day of school and beyond.

In our affluent area, there are many poor families.

In Fairfax County Public Schools, more than 27 percent of more than 184,000 students are poor enough to qualify for subsidized meals. That's more than 50,000 children in Fairfax County who are going through the summer without their usual access to breakfast and lunch. For many of those children, having a fully equipped backpack on the first day of school is out of reach.

In the City of Alexandria, about 60 percent of the Alexandria Public Schools students are poor enough to qualify for subsidized meals. That's more than 8,000 of the city's 13,000-plus students.

In Arlington, more than 32 percent of the county's 23,000-plus students are poor enough to receive subsidized meals; more than 7,000 students.

Help these students get started on the right foot by contributing to one of the many local backpack drives.

Virginia sales tax holiday for school supplies and clothing is Aug. 7-9. Purchases of certain school supplies, clothing and footwear are exempt from the Virginia sales tax. Each eligible school supply item must be priced at \$20 or less, and each eligible article of clothing and footwear must be priced at \$100 or less. See <http://www.tax.virginia.gov/content/school-supplies-and-clothing-holiday>.

This is a good place to start, but these students need more than backpacks. In this area, we need to address the impacts of income inequality in the schools.

If we succeed in effectively educating these students, the savings overall will be enormous. These students need protection from budget cuts in their classrooms. They need help addressing inequality in the face of "bring your own device policies," and other technology needs.

Here are a few ways to give:

❖ **Fairfax County Collect for Kids** is a public private partnership that provides local children from economically challenged families with the school supplies they need to begin the school year, and has provided 90,000 supply kits and backpacks in its first three years. They seek donations of cash, backpacks donated by citizens and calculators donated by businesses. Contact Jay Garant in Fairfax County Public Schools Office of Business and Community Partnerships at 571-423-1225 jay.garant@fcps.edu or Sherry Noud SMNoud@fcps.edu 571-423-4300, Fairfax County Public Schools Office of Social Work Services.

Visit collectforkids.org/resources/

❖ **OUR DAILY BREAD** Collect for Kids Back

to School program runs each summer in partnership with with Collect for Kids in a county-wide effort to ensure that the neediest children in our community receive the supplies they need to succeed in school. The program is made possible through a partnership with Kids R First, Fairfax County Public Schools, the Fairfax County Office of Public and Private Partnerships, Apple Federal Credit Union and numerous community-based organizations and businesses in the Fairfax County area who are working together to provide supplies in a more cost-effective and efficient way. Contact Dawn Sykes at 703-273-8829.

❖ **Arlington Partnership for Affordable Housing** APAH is collecting backpacks and supplies for more than 400 children among the 1,200-plus households a year served by APAH, providing low income families with affordable housing. Purchase items on their list. Donations can be dropped off at the APAH office: 2704 N. Pershing Drive in Arlington. Questions? Contact Emily Button, Resident Services Manager, at 703-851-3635 or ebutton@apah.org. Visit www.roonga.com/apahschoolsupplydrive/

❖ **United Community Ministries** annual Back to School campaign is underway, and they rely on your support to meet the needs of students from low-income families in the Mount Vernon community. They especially need larger-sized backpacks for middle and high school students, and seek cash contributions to buy supplies. <http://www.ucmagency.org/back-to-school-2015.html>.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

COMMENTARY

Legislation Combats Sex Trafficking

BY TIM HUGO
STATE DELEGATE (R-40)

On July 1, legislation that I sponsored, HB1964, went into effect. This new law is Virginia's first stand-alone human trafficking statute and creates stricter penalties for traffickers, greater protections for sex trafficking victims, and provides needed tools for prosecutors and law enforcement to stop human trafficking in Virginia.

At a recent forum on human trafficking at George Mason University, Det. Bill Woolf of the Fairfax County Police Department Human Trafficking Unit shared a bit of startling news. Woolf stated that without the passage of HB1964, only 11 of the 120 or so open cases dealing with human trafficking could be pursued. According to Woolf, because of this new law, almost all of these cases can now be pursued.

Until today, Virginia was the only state in the nation without a dedicated human trafficking law and was one of only two states that did not specifically criminalize sex trafficking. The enactment of this law marks another goal reached for Virginia's many organizations and



Hugo

individuals engaged in stopping this abhorrent crime. Thanks to the efforts of many, the General Assembly has established laws to combat the scourge of sex trafficking in Virginia; as a result of these long-term efforts, Virginia finally has a strong sex trafficking law in place.

This new section of the Virginia Code establishes the new offense of sex trafficking, which provides substantial penalties, including a Class 3 felony when the victim is a minor — regardless of whether the child was forced, intimidated or coerced. This distinction reflects the disturbing reality of how traffickers prey on the vulnerability and trust of young victims and ensures greater protections for Virginia's children.

The new law also closes a gap in Virginia law by criminalizing the recruitment of minors and adults for commercial sex. Further, the law provides for the use of multijurisdictional grand juries and includes sex trafficking as a

predicate crime under Virginia's racketeering and criminal street gang statutes — ensuring that prosecutors and law enforcement can use these laws to combat criminal enterprises that engage in sex trafficking across jurisdictional lines.

I would like to thank the many people, elected officials, and community groups that had a hand in crafting this legislation; particularly, the Kids Are Not For Sale in VA Coalition and the Richmond Justice Initiative.

The threat of sex trafficking is closer to home than many realize, and in the General Assembly we are committed to eradicating this crime against our young people. This stand alone statute will now send traffickers the message that they are not welcome here and that our kids are not for sale in Virginia. Not now, and not ever.

This will be the fourth piece of legislation in four years introduced by Hugo aimed at human trafficking. HB1898, introduced by Hugo in 2011, passed into law, making abduction for the purposes of child prostitution a felony. HB1606, which became law in 2013, increased the punishment for those soliciting minors for prostitution. Most recently in 2014, he passed HB485, which empowers law enforcement to better track down and arrest suspected traffickers.

Fairfax Station,
Lorton & Clifton
CONNECTION

www.ConnectionNewspapers.com

@LFSCConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
burke@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Tim Peterson
Community Reporter
703-314-0789
tpeterson@connectionnewspapers.com

Jon Roetman
Sports Editor ♦ 703-752-4013
jroetman@connectionnewspapers.com
[@jonroetman](https://twitter.com/jonroetman)

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com
703-778-9431

Steve Hogan
Display Advertising, 703-778-9418
shogan@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com



LETTERS

Costs of Not Expanding Medicaid

To the Editor:

The concern expressed in the letter regarding Medicaid Expansion in Virginia ("How to Pay for Medicaid Expansion?," Connection, June 24-30) focused on the question of "how to pay for it" and that those favoring expansion "do not discuss cost specifics."

The writer would have readers believe that we in Virginia have not already paid for Medicaid expansion with our tax dollars, Virginia tax dollars that are now going to other states, states that have expanded Medicaid; and some of those states are led by Republican governors that have favored Medicaid expansion because they saw it as a good deal financially as well as a reasonable way of making healthcare accessible to so many of their working poor — 400,000 in Virginia would benefit from the expansion.

With respect to the writer's fiscal concerns, that issue has been addressed multiple times by The Center on Budget and Policy Priorities and The Commonwealth Institute. The conclusion, which is documented by the numbers cited in the various reports, is this: "Medicaid Expansion is Producing Large Gains in Health Care and Saving States Money."

The letter-writer's fiscal concerns have already been essentially addressed, but opponents

have apparently already made up their minds and have manifested little interest in the documentation provided. This documentation has been cited numerous times, and it is not reasonable to assume that Del. Ken Plum, a delegate re-elected multiple times that takes seriously his fiduciary responsibilities, and other legislators in solidarity with him have not looked at the numbers before advocating for the expansion of Medicaid.

Dr. Paul Krugman, an economics professor at Princeton and the winner of the Nobel Prize for Economics in 2008, recently asked this question: "But why would any state choose to exercise that option (not expand Medicaid)? After all, states were being offered a federally-funded program (a program already paid for by taxpayers) that would provide major benefits to millions of their citizens, pour billions into their economies, and help support their health-care providers. Who would turn down such an offer?"

It is the same question many of us in Virginia have been asking and have not received any satisfying answers from the Republican legislators that dominate the Virginia House and Senate.

John Horejsi (and SALT's 1,200 advocates)
SALT Coordinator
Vienna

The Act in Sheep's Clothing

To the Editor:

A few weeks ago the House passed HR 2042, the Ratepayer Protection Act. Sounds great, right? Wrong. The Ratepayer Protection Act is a wolf in sheep's clothing and attacks EPA's ability to curb climate change. Specifically, the Act goes after the Clean Power Plan, set to be finalized this summer, which would require states submit carbon reduction plans to the EPA. Carbon pollution is a serious health threat to all Americans, but especially to those with chronic lung disease like asthma. Carbon emissions fuel climate change, and as temperatures rise so does the risk of experiencing unsafe levels of ozone pollution in the air we breathe. Ozone kills and as someone who has had asthma since childhood I am concerned for the nearly 24,000 children with asthma who live in the county.

Exposure to unhealthy levels of ozone is linked to worsened asthma, increased risk of hospitalization and even premature death. Have you ever seen a child have an asthma attack? Have you ever been forced to watch as their lips tinge blue and panic sets in as they fight to get in a full breath of air but can't? It's something I've experienced firsthand; no child should have to suffer in that way.

That's why I'm disappointed that Representative Barbara Comstock voted in support of the Ratepayer Protection Act. Fairfax County received an F for ozone pollution according to the American Lung Association's 2015 State of the Air Report. Is the Representative okay with that? Her vote sure implies as much.

Jennifer Kaufer
The American Lung Association in Virginia
Fairfax

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study

fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

WWW.CONNECTIONNEWSPAPERS.COM



HOME RENOVATION

JULY 18TH

Are Your Family & Friends Comfortable in Your Home?

We Hope You Will Join Us!

Saturday, July 18th, 2015 - 10am-2pm

Where: Sun Design Corporate Office
5795 B Burke Centre Parkway, Burke, VA 22015
(Located behind the Kohl's shopping center)

Seminars run from 10am-12pm. Lunch to follow.
Please arrive at 9:45am for check-in.

Seating is limited!

RSVP: info@sundesigninc.com or call Erin at 703.425.5588

Attend the July 18th seminar for details on your chance to win a get-away during construction!

Offer expires on July 18, 2015.

Seminars:
Kitchen + Bath Trends | 10 Tips for a Stress-Free Remodel | Reinvent Your Home for Today's Lifestyle

SUN DESIGN
Design. Remodel. Relationships.

Major Remodels • Additions • Kitchens & Baths • Basements • Outdoor Spaces
703.425.5588 | SunDesignInc.com

Recover your *health*. Regain your *spirit*.
Enhance your *life*.



Serving as a bridge between an acute care hospital stay and a patient's return home, The Health Services Center at Westminster at Lake Ridge provides short-term, skilled nursing and rehabilitation services to those who are still recovering from surgery, injury or illness.

Whether you come to us directly, from hospital care, or from acute/sub-acute rehab, we help you regain lost physical abilities and return to living the active lifestyle you love.

Call 703-794-4549 for more information.

WESTMINSTER
AT LAKE RIDGE
ENGAGED LIVING
An Ingleside Community

Visit us at www.wlrva.org

12185 Clipper Drive, Lake Ridge, VA
703-794-4549

5 Star Medicare Rating
Physical Therapy
Occupational Therapy
Speech Therapy

Ask us about our long term care at Westminster at Lake Ridge!

Gary Kramer, D.D.S.
Sara Bunin, D.D.S.
 DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY
 Dentistry for Children, Adolescents & Special Needs
 703-978-0051 KBPediatricSmiles.com



SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA • 22015
 MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER
 WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

DR. GENE SWEETNAM
DR. GRACE CHANG
 OPTOMETRISTS



TWO CONVENIENT LOCATIONS

- Family & Pediatric Vision Care
- Comprehensive Eye Exams • Treatment of Eye Diseases
- 21 years Naval Service, 6 years Active Duty
- Laser Vision Consultants • Over a thousand frames in stock
- We carry all major brands of contact lenses • In-house lab

Most Insurances Accepted:
 Anthem Blue Cross/Blue Shield, Care First, Medicare, Tricare In-network
 Doctor, Vision One Discount, Avesis, Aetna HMO/PPO/POS, PHCS,
 VSP® Network Doctor, EyeMed Vision Care, United Healthcare, VA Medicaid

WE WELCOME OUR DOCTOR'S PRESCRIPTION


5204A Rolling Rd. 8951 Ox Rd., Suite 100
 Burke Professional Center Shoppes at Lorton Valley
 Burke, VA 22015 Lorton, VA 22079
703-425-2200 703-493-9910
 www.drsweetnam.com • www.sightforvision.com

SPECIAL CONNECTIONS CALENDAR
 Advertising Deadlines are the previous Thursday unless noted.

JULY
 7/29/2015 Professional Profiles & Business in the Community

AUGUST
 8/5/2015 Wellbeing
 8/12/2015 HomeLifeStyle
 8/19/2015...A+ Camps & Schools – Back to School – Private Schools
 8/26/2015 Newcomers & Community Guide Pullout

E-mail sales@connectionnewspapers.com for more information.



THE CONNECTION
 Newspapers & Online
703-778-9431
 www.ConnectionNewspapers.com

Education • Learning • Fun

Unscheduler Summer Play

Experts praise the benefits of free play for children.

BY MARILYN CAMPBELL
 THE CONNECTION

What was once a time for catching fire flies, swim-ming and exploring has evolved into a period of elite day camps, academic enrichment classes and top-dollar sports clinics.

For many children, summer is packed with so many activities that it can hardly be called a break, say local educators, reminding parents of the benefits of unregulated play.

“Camps and activities are fine in moderation because children need structure,” said Andrew Clarke, Ph.D., an Arlington-based child psychologist. “But allowing children to have free time during the summer is important for their self-confidence and overall well-being. ... Children can become enriched simply by being allowed to explore their own environments.”

NOT ALL CHILDREN are naturally self-directed, but parents can provide minimal structure through which children can gain the benefits of unstructured free time.

For example, help children develop a list of potential activities that might interest them. This could assist children who have difficulty thinking of things to do on their own or who might be prone to saying “I’m bored” when faced with free time and no planned activities.

“I recommend giving kids suggestions of various activities and having them choose, said Stacie B. Isenberg, Psy.D., a child psychologist based in Bethesda, Md. “Sometimes it is helpful to make a list together with them and post it on the refrigerator or other prominent place.”

Isenberg suggests including activities such as playing board games, reading books, hula hooping, kicking around a ball, blowing bubbles, doing mazes, puzzles or painting. “When it’s time for a new activity, have them check out the list,” she said.

It’s especially beneficial if the activity won’t require constant supervision. “Provide safe spaces for them to play in,” said Joan L. Ehrlich, Ph.D., a coordinator in the Interpreter Services Office at Northern Virginia Community College. “If you know the space is safe, you can give them more leeway to play on their own, and can pull back on the direct supervision.”

PARENTS SHOULD ALSO SET boundaries and



PHOTO BY MARILYN CAMPBELL

Art supplies and games that allow for creative play can be an important part of unstructured free time.

standards regarding acceptable and unacceptable activities, she continued. “When my kids were small, we had designated ‘no screen’ time. It was wonderful to hang back and watch them engage in a board game or card game. You would be amazed at what kids will choose to do when televisions, computers [and other electronics] are not an option. Nothing against those devices, but, let’s face it, they can be addictive which makes it hard to compete with other healthy, educational options.”

“All you need to do to facilitate unstructured downtime is to not over schedule them ... and provide an open-ended learning environment,” added Gail Multop, an early childhood education professor at Northern Virginia Community College. She believes the tools for such play are simple: “Puzzles, books, an art table with supplies and time outdoors in nature.”

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

<bt> **Raymond J. King**, of Clifton, earned his Ph.D. in Mechanical Engineering, with a focus on Robotics, from the Mechanical Engineering Department of the University of Utah at the close of the Fall 2014 semester. An NSF - IGERT grant helped fund his post-graduate studies there. A 2003 graduate of Robinson Secondary School, Raymond went on to receive both his B.S. and M.S. degrees from the College of Engineering at Virginia Tech before marrying fellow VT engineering graduate, Amelia Davis. He is the son of Clifton residents Dr. Graham and Jane King.

Ava Lakmazaheri from Thomas Jefferson High School for Science and Technology (TJHSST) won the Best of Category Award and a first award in Robotics and Intelligent Machines at the Intel International Science and Engineering Fair, held in Pittsburgh. Lakmazaheri earned the awards for her project, *Brain-Actuated Robotics: Controlling and Programming a Humanoid Using Electroencephalography*. Lakmazaheri also won several special awards.

Katie Bershadsky, born and raised in Burke, has been selected to the Delta Epsilon Iota Academic Honor Society in the local chapter at Kennesaw State University. Delta Epsilon Iota was established to recognize and encourage academic excellence in all fields of study. Bershadsky is expected to graduate in 2018 with a major in public relations. Her parents are Scott and Kim Bershadsky. Her grandparents Malcolm and Marcia have lived in Burke for more than 30 years.

Jacob M. Sage, of Burke, Junior, Pre-Construction Engr Mgt. has made the Scholastic Honor Roll Fall term at the Oregon State University. A total of 861 students earned straight-A (4.0). Another 3,598 earned a B-plus (3.5) or better to make the listing. To be on the Honor Roll, students must carry at least 12 graded hours of coursework.

Governor Terry McAuliffe and the state Board of Education announced on May 19, 2015, that 252 schools and four school divisions earned 2015 Virginia Index of Performance (VIP) awards for advanced learning and achievement. The VIP incentive program recognizes schools and divisions that exceed state and federal accountability standards and achieve excellence goals established by the governor and the board. 109 schools earned the Board of Education Excellence Award, the second-tier honor in the VIP program. The schools receiving Board of Education Excellence Awards are as follows:

Greenbriar West Elementary, Fairfax; Hunt Valley Elementary,

Springfield; Hunters Woods Elementary for the Arts and Sciences, Reston; Keene Mill Elementary, Springfield; Mantua Elementary, Fairfax; Mosby Woods Elementary, Fairfax; Navy Elementary, Fairfax; Robinson Secondary, Fairfax; Sangster Elementary, Springfield; Springfield Estates Elementary, Springfield; Thomas Jefferson High for Science and Technology; West Springfield Elementary, Springfield; West Springfield High, Springfield; White Oaks Elementary, Burke; Willow Springs Elementary, Fairfax; and Woodson High, Fairfax.

The Fairfax County Band Directors Association has recognized 16 Fairfax County Public Schools (FCPS) students for excellence in solo instrumental music performance as part of the 2015 Fairfax County Band Directors Association Solo Competition. A total of 33 schools were represented; 66 students competed in the event.

The following students were named winners in the elementary school division: **Third place: Maia Trafton (trumpet), Keene Mill Elementary School.**

The following students were named winners in the high school division: **First place: Hunter Lorelli (bassoon), West Springfield High School.**

Essex Model Open House!

Open House July 18th and 19th from Noon - 4 p.m. both days

“The Essex”

**\$299,900* • 3050 Square Feet
 4 Bedrooms • 2.5 Bathrooms**

Are you looking for a custom builder to build on your lot?
 Come see how the NDI way of building can work for you!

This home is in the final phase of construction.



Home is located at 2801 Rosemary Lane in Falls Church.

Visit the all new www.newdimensionsinc.com
sales@newdimensionsinc.com • 1-800-406-8555

NDICustomHomes
 New Dimensions Inc.

Find Your Children Safe & Sound KIDDIE COUNTRY

DEVELOPMENTAL LEARNING CENTER

DEVELOPMENTALLY APPROPRIATE SCHOOL YEAR AND SUMMER CAMP PROGRAMS
 Designed to provide a complete, happy, safe learning environment in harmony with the needs of the child.

CHILDREN AGES 2-5
 Full (6:30 a.m.-6:30 p.m.) and half day (9:00 a.m.-1:00 p.m.) programs

SPECIAL FEATURES
 Developmental Curriculum • Degreed Teachers • Registered Nurse • Music Director • Nutritious Breakfast, Lunch and Snacks • Heated Swimming Pools • Spacious Shaded Playgrounds • Planned Orientations and Presentations for Parents • State Licensed

BEFORE & AFTER SCHOOL PROGRAMS AGES SIX-ELEVEN YEARS GRADES 1-6
 Transportation provided to Terra Centre, Fairview, White Oaks, and Cherry Run Elementary Schools. Emphasis on special events, sports, time for homework, and student's choice of activities.

KINDERGARTEN
 Registrations are now being accepted for the 2015-2016 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.

FULL DAY SUMMER CAMP PROGRAM AGES SIX TO ELEVEN YEARS
 Program is organized into weekly themes packed with FANTASTIC FIELD TRIPS, A SENSATIONAL OVERNIGHT CAMP OUT, DAILY SWIMMING, SPORTS, DANCING, MUSIC, AND AN END OF THE SUMMER “SMASH” MUSICAL PRODUCTION BY OUR CAMPERS FOR THEIR FAMILIES.

KIDDIE COUNTRY I
 Burke Centre
 Fairfax Station (Fairfax)
 6000 Schoolhouse Woods Rd.
 Burke, Virginia 22015
703-250-6550

Come See Our Award-Winning Facilities!
 (Both Schools Winners of American Institute of Architects Awards)

KIDDIE COUNTRY II
 Burke-Springfield
 Fairfax Station (Lorton)
 9601 Old Keene Mill Rd.
 Burke, Virginia 22015
703-644-0066

www.kiddiecountry.com

ENTERTAINMENT

3

University Mall Theatres

Fairfax • Corner of Rt. 123 & Braddock • 703-273-7111

SUMMER CINEMA CAMP!

10 A.M. Shows Monday—Friday

All Seats \$2.00, 10 for \$15 or All 11 Movies for \$11

JULY 20—JULY 24 ICE AGE: THE MELTDOWN (PG)

JULY 27—JULY 31 THE CROODS (PG)

AUGUST 3—AUGUST 7 HORTON HEARS A WHO! (PG)

AUGUST 10—AUGUST 14 .. HOW TO TRAIN YOUR DRAGON (PG)

AUGUST 17—AUGUST 21 KUNG-FU PANDA (PG)

Attendees will receive a coupon for a dollar (\$1.00) Off a cup of frozen yogurt from YOGURTINI FROZEN YOGURT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Evenings on the Ellipse Summer Concert. Thursdays, through Aug. 20. 5:30-7 p.m. Fairfax County Government Center Ellipse (Backyard), 12000 Government Center Parkway, Fairfax. Relax with music and tastes of local wines.

Burke Arts in the Parks. Saturdays, through Aug. 22. 10 - 11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere, and forge a connection between kids and parks. Call 703-323-6601.

Stars on Sunday Concert Series. Sundays, through Aug. 30. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for families, a special date or a relaxing afternoon of music and dance.

Summer Reading Program. Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/fx/>.

THURSDAY/JULY 16

Afternoon Reading Group. 1 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. "The Girls

of Atomic City: The Untold Story of the Women Who Helped Win World War II" by Denise Kiernan.

Springfield Writers' Group. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Share your work, give and receive feedback in a supportive setting. Adults.

We All Scream for Ice Cream. 2 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. A class where participants can paint their own ice cream bowl. Visit fairfaxcounty.gov/library/branches.

THURSDAY-SUNDAY/JULY 16-19

Springfield Town Center's Restaurant Week. Springfield Town Center, 6500 Springfield Mall. Springfield Town Center's Restaurant Week ends this weekend Sunday, July 19. Restaurants participating are Nando's Peri Peri, &pizza, Maggiano's Little Italy, Yard House and Chuy's. Restaurant Week allows diners to try a pre-fixed special menu at an affordable price. Visit <http://springfieldtowncenter.com/restaurantweek>.

FRIDAY/JULY 17

Fun Flicks. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Watch movies based on children's books.

Cool Cow Comedy Presents Carmen Lynch. 8 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Each month (and sometimes twice a month) Cool Cow Comedy's headliners and featured performers take the stage in the W-3 Theatre.

Children's Yoga. 10:30 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. A yoga class for children. Visit fairfaxcounty.gov/library/branches.

Cinema Under the Stars: Mamma

Mia! 7:30 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Enjoy a fun summer night sitting outside to watch movies with family and friends. Sing along with the hit musical "Mamma Mia!" Free.

Kingstowne Farmers Market. 4-7 p.m. Fridays, May 1-Oct. 30. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey and hand held pies and rolls. www.fairfaxcounty.gov/parks/farmersmarkets/kingstownemkt.htm

SATURDAY/JULY 18

Clifton Film Festival. 7 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy live music, food and original films under the stars. During the event there will be two awards ceremonies, student's awards will be given during intermission and the 19+ category at the closing of the festival. Visit cliftonfilmfest.com.

Mount Vernon Nights 2015: Dream Disc; Who's Next and More Who Classics. 7-8 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy free public concerts featuring a different genre and musical group each week. Free.

Pilates. 8 a.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Enjoy free, drop-in Art of Movement classes featuring Yoga, Hula, Mat Pilates, Surfset and Tai Chi. No experience is necessary, bring your own mat.

The Living Rainforest. 10:30 a.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Participants get to meet live animals from the rainforest. Visit fairfaxcounty.gov/library/branches.

SEE ENTERTAINMENT, PAGE 11

COMMUNITIES OF WORSHIP

BURKE PRESBYTERIAN CHURCH

5690 Oak Leather Drive
Burke, VA 22015
703-764-0456

Summer Services ~ ~ You are invited!

Sundays at 10:00 am | Saturdays at 5:30 pm
CoffeeHouse with guest musicians

www.BurkePresChurch.org

Looking for a New Place of Worship?

Visit Antioch Baptist Church!

All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

703-425-0710 • www.antioch-church.org
6531 Little Ox Road, Fairfax Station, VA 22039

CHRIST CHURCH

A church with a message I can understand and people I can relate to

**SATURDAYS 5:30PM
SUNDAYS 9:30 + 11AM**

703-690-3401
CHRISTCHURCHVA.ORG

9800 Old Keene Mill Rd.
703-455-7041

Sunday School 9:15 AM
Worship Service 10:30 AM

www.calvaryfamily.com
"Continuing the ministry of Christ on earth"

Jubilee Christian Center

"Loving People to Life"

Worship Gathering - Sunday 8:45 & 11 AM
VACATION BIBLE SCHOOL "Pump You Up" July 27-30
Family Night - Wednesday 7:15 PM
Home Life Groups & College/Young Adult Ministries
Visit our Website: www.jccag.org
4650 Shirley Gate Road, Fairfax
Bill Frasnelli, PASTOR 703-383-1170

To Advertise Your Community of Worship, Call 703-778-9418

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION NEWSPAPERS

Local Nursery Closing After 42 Years ~ Going Out of Business Sale

Kwanzan Cherries 7-9' 40% OFF	Concrete Fountains, Benches, Statuary, Pots, Bird Baths 40% OFF & More!	Citrus Plants 25% OFF
Sky Rocket Junipers 7-8' 75% OFF		
Deodora Cedars 10-15' 50% OFF		
Tropicals and Houseplants 50% OFF	Giftware 50% OFF Orchids, Cacti, Succulents, Bonsai 50% OFF	50% OFF All Perennials ~ Hostas 50% OFF ~
50% OFF Trees & Shrubs Including Japanese Maples!	50-60% OFF Select Trees	ENTIRE Stock Garden Chemicals ON SALE
	Bagged, Shredded Hardwood Mulch \$3.49 (3 cu. ft. bags)	Bricks & Stones 50% OFF
		Leaf Mulch \$19.99 cu. yd.

75% OFF ALL Pottery!
Unbelievable Savings!

9023 Arlington Blvd., Fairfax, Virginia
2 miles west of I-495 on Rt. 50.
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
See our Website for more sales: www.cravensnursery.com

Bathroom Remodel Special \$6,850

Celebrating 15 Years in Business!

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

Free Estimates 703-999-2928

Visit our website: www.twopoorteachers.com

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed
Est. 1999

ENTERTAINMENT

FROM PAGE 10

Baskin Robbins Grand Opening

Celebration. 12-4 p.m. Tower Shopping Center, 6432 Brandon Avenue, Springfield. Baskin Robbins is celebrating the "Re-Grand Opening" of its store. Special events will take place at the store such as \$0.99 ice cream cones, face painting and more.

Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. www.smartmarkets.org.

SUNDAY/JULY 19

Model Trains Display. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK Club will have N gauge model trains on display and running. Tickets: \$2-\$4. www.fairfax-station.org.

Hooray for Hollywood. 7:30 p.m. Richard J. Ernst Cultural Center, 8333 Little River Turnpike, Annandale. The concert will focus on musical themes from some of Hollywood's most popular motion pictures such as "Titanic," "Apollo 13," "Schindler's List," the James Bond movies, and a 50th anniversary salute to "The Sound of Music." Tickets \$15.

Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 3-Nov. 8. Featuring fresh produce, a Swiss bakery and potted plants and herbs. VRE Parking Lot, 8990 Lorton Station Boulevard, Lorton. www.fairfaxcounty.gov/parks/farmersmarkets/lortonmkt.htm

MONDAY/JULY 20

The Living Rainforest. 10:30 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Meet

animals for the rain forest. Presented by the Leesburg Animal Park. Ages 6-12.

Robin and His Merry Band. 2:30 p.m. Lorton Library, 9250 Richmond Highway, Lorton. Impressions Theatre presents the musical story of Robin Hood. Age 6-12.

Lorton Evening Book Conversations. 7 p.m. Lorton Library, 9250 Richmond Highway, Lorton. Review "Breakfast at Tiffany's" by Truman Capote. Adults.

TUESDAY/JULY 21

Classics Books Club. 7 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Discuss this month's title: "Incident at Vichy" by Arthur Miller. Adults.

WEDNESDAY/JULY 22

Fun with Ones. 10:30 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Enjoy Books, songs and rhymes in a special storytime just for ones. Age 12-23 months with adult.

THURSDAY/JULY 23

The Kindercise Show. 2:30 p.m. Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Wolf Trap teaching artist John Taylor will be offering a singing and dancing class. For more information go to fairfaxcounty.gov/library/branches.

Uno, Dos, Tres Con Andres. 2:30 p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Sing and move with music and dance from Latin America with Andres Salguero. All ages.

FRIDAY/JULY 24

Americas Adopt A Soldier 5th Annual Fundraising Golf Tournament. Golf Club at Lansdowne Resort, 44050 Woodridge

Parkway, Lansdowne. Former major league baseball player Michael Pagliarulo "Pags" will host the golf tournament. America's Adopt A Soldier, an established nonprofit organization who has through grass roots volunteerism, donations, and partnerships; provided a positive impacted to our Nations Wounded, Deployed Service Members, Homeless Veterans, Veterans and their Families. All donations go directly to support their projects and programs. Visit Americasadoptsoldier.org to register or call 703-278-3718 for more information.

SATURDAY/JULY 25

Yoga. 8 a.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Enjoy free, drop-in Art of Movement classes featuring Yoga, Hula, Mat Pilates, Surfset and Tai Chi. No experience is necessary, bring your own mat.

Scalawags Sing-along. 10-11 a.m. at Burke Lake Amphitheater, 7315 Ox Road, Fairfax Station. Kids can take a glimpse into the life of a pirate. Free.

Mount Vernon Nights 2015: Bob Gibson Big Band. 7-8 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Get in the swing with this traditional big band that features selections from the likes of Count Basie, Duke Ellington, Glenn Miller, Benny Goodman, Harry James, Stan Kenton, Thad Jones/Mel Lewis and Buddy Rich. Free.

SUNDAY/JULY 26

Used Book Sale. 1-4 p.m. The Fairfax Station Railroad Museum, 11200 Fairfax Station Road. Hundreds of used books about railroads, the Civil War, local history and general interest will be available for purchase. Admission: \$2-\$4.

Looking for a New
Place of Worship?
Visit Antioch Baptist Church!



All Are Welcome!

Sunday Worship 8:00, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

Rev. Dr. Marshal L. Ausberry, Sr., Senior Pastor

Antioch Baptist Church

6531 Little Ox Road
Fairfax Station, VA 22039
703-425-0710 • www.antioch-church.org

OYSTER PERPETUAL
GMT-MASTER II

ROLEX

King's Jewelry
609 King Street
Alexandria, VA 22314
703-549-0011

ROLEX® OYSTER PERPETUAL
AND GMT-MASTER II ARE ® TRADEMARKS.

Grooming Nails to Tails (Dogs & Cats)
Our Service Comes to You,
Home or Office,
Saves you time.

HoP PooH.com
703-982-0208

Q&A: West Springfield's D'Anna Committed to IUP Hoops

All-region post player enjoys country music, scary movies.

Maura D'Anna has started since her freshman year for the perennial power West Springfield girls' basketball program, giving the Spartans a presence in the paint.

As a junior, the 6-foot D'Anna averaged a double-double and earned second-team All-6A North region honors. She helped the Spartans finish 24-3 in 2015, win their second straight Conference 7 title and reach the region semifinals, where they lost to eventual region champion Oakton.

In May, D'Anna committed to play basketball at Indiana University of Pennsylvania. The Crimson Hawks compete at the Division II level in the Pennsylvania State Athletic Conference.

D'Anna recently participated in a Q&A via email with The Connection.

Connection: You're committed to playing basketball at Indiana University of Pennsylvania. What made IUP the right choice for you?

D'Anna: I felt a strong connection to all of the coaches there, the facilities are brand new and I want to compete for a national



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION
West Springfield rising senior Maura D'Anna is committed to play basketball at Indiana University of Pennsylvania.

championship. It really came to trusting head coach [Tom] McConnell and his staff and their vision for how I could fit in their system. I just knew that playing for him was the right choice.

Connection: What position(s) will you play?

D'Anna: I will play primarily a 5 and a little stretch 4.

Connection: How, if it all, do you feel

committing prior to your senior year benefits you?

D'Anna: Oh, it benefits me a lot. It allows me a year to watch just their games, not a different college game every night, to see how I fit in their system and watch opposing players and their game. I will be able to train on what IUP will need me to concentrate on. Also, instead of visiting different colleges I can spend more time studying.

Connection: At what age did you start playing basketball?

D'Anna: 6.

Connection: When did you realize playing college basketball was an option for you?

D'Anna: In seventh grade I made a decision to stop swimming competitively and go for basketball. I enjoyed the team concept more than the individual events. I had to put in extra work to get on the "A" teams for AAU because I had put in so much time with swimming. It also helped that I grew a lot. After my freshman year I thought that maybe I had a shot at playing in college.

Connection: What is a positive of being a 6-foot tall girl in high school?

D'Anna: It sure helps playing basketball and seeing who is down the hall.

Connection: What is a negative of being a 6-foot tall girl in high school?

D'Anna: It is hard to find clothes and shoes that are appropriate.

Connection: Why is the West Springfield girls' basketball program consistently successful?

D'Anna: Tough love and a focus on defense.

Connection: What is one thing you have yet to accomplish as a high school athlete that you would like to accomplish as a senior?

D'Anna: I am still after the state championship. We fell short my sophomore year.

Connection: Do you have a specific game day routine?

D'Anna: I like to have chicken tenders before a game and go watch my mom's freshman team play. She is the head coach of the freshman team at West Springfield.

Connection: Are you a pro sports fan? Which team(s) do you root for?

D'Anna: I don't watch much pro sports but I was rooting for Steph Curry during the NBA Finals. I do watch some Steelers games during the winter, too.

Connection: What location is the farthest you've traveled from the Washington, D.C. metro area?

D'Anna: Orlando, Fla., like five times for basketball.

Connection: What's your favorite food?

D'Anna: Chicken tenders and fries, mac n' cheese, pizza.

— JON ROETMAN

Q&A: Woodson Grad Breslin to Play Soccer at R-MC

Goalkeeper enjoys eating calamari, watching 'Braveheart.'

While Brian Breslin lacks the size of a prototypical goalkeeper, his skill and quickness led him to a senior season of accomplishment.

Breslin spent three seasons as the Woodson boys' soccer program's varsity goalkeeper. In 2015, the 5-foot-8 Breslin earned first-team All-Conference 7, first-team All-6A North region and second-team all-state honors while helping the Cavaliers advance to the region semifinals. Woodson finished 11-7-1 and fell one victory shy of qualifying for the state tournament one season after going 5-5-3 and losing in the opening round of the conference tournament.

Breslin, a 2015 Woodson High School graduate, will play soccer at Randolph-Macon College. The Yellow Jackets compete at the Division III level in the Old Dominion Athletic Conference.

Breslin recently participated in a Q&A via email with The Connection.

Connection: You'll be playing soccer at Randolph-Macon College next season. What made R-MC the right choice for you?

Breslin: Randolph-Macon is a smaller college where I feel like I can succeed, it

has smaller classes and it's easy to get necessary help and actually get to know your professors. I like the idea of being a part of a class that could potentially change the tradition of the program as well as having a coach that has a past of winning.

Connection: What are you most looking forward to about going to college?

Breslin: I'm looking forward to meeting new people at college as well as developing as a keeper.

Connection: At what age did you start playing soccer?

Breslin: I started playing soccer when I was really young with my family and started house league when I was 5. I was originally a midfielder but got converted to keeper when I tried out for BRYC when I was 11.

Connection: When did you realize playing college soccer was an option for you?

Breslin: Sophomore year is when I realized I could play in college. I made ABGC and had a coach who helped with recruiting a lot and knew how to push me and made me work harder.

Connection: How does your height (or lack thereof) affect the way you approach being a goalkeeper?

Breslin: Being 5 feet 8 means I have to have very good positioning and communicate as much as possible. I'm quick so that helps being able to come off my line and cut balls out early.

Connection: What is your favorite



PHOTO BY LOUISE KRAFFT/THE CONNECTION
Former Woodson goalkeeper Brian Breslin will play soccer for Randolph-Macon College next season.

memory of playing soccer at Woodson?

Breslin: My favorite memory was beating Stonewall Jackson in PKs this year, and getting mobbed by the team.

Connection: What is the most difficult part of being a goalie?

Breslin: The most difficult aspect of being a goalie is learning how to forget mistakes you made and stay positive in situations where it's hard to keep a level head.

Connection: Have you ever tried a sport and found out you were embarrassingly bad at it?

Breslin: I went to a driving range with my family on vacation and found out that golf is the only sport that I play where I'm so bad to the point that I almost explode with frustration.

Connection: What do you like to do when you're not playing a sport?

Breslin: When I'm not playing sports I like playing FIFA, watching TV and hanging with my family because we are very close.

Connection: Are you a pro sports fan? Which team(s) do you root for?

Breslin: I'm a Wizards, Nationals, Redskins, and Real Madrid fan. I follow Madrid very closely; I either watch every Madrid game on TV or live stream it.

Connection: What location is the farthest you've traveled from the Washington, D.C. metro area?

Breslin: The farthest I've ever been from the U.S. is Aruba, which is also my favorite place I've ever been.

Connection: What's your favorite food?

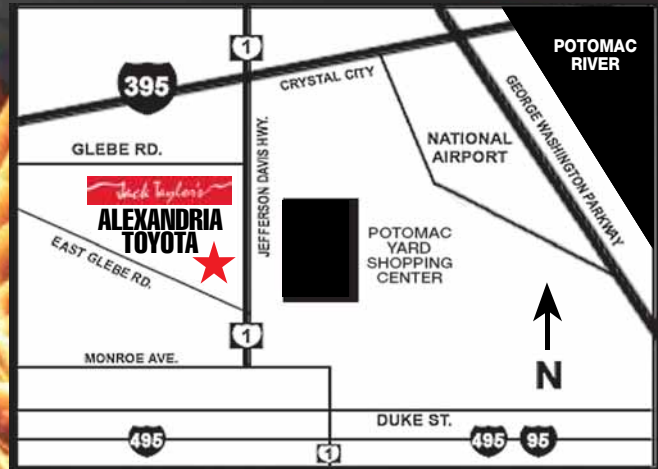
Breslin: My favorite thing to eat is calamari. I order it at most places where it's available.

Connection: What is your favorite movie?

Breslin: 'Braveheart' is my favorite movie.

Jack Taylor's ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.
Alexandria, VA 22305
703-684-0710
www.alexandriatoyota.com



NEW! Extended Service Department Hours:
Monday – Friday, 7 am to 9 pm
Saturday, 8 am to 5 pm
Sunday, 10 am to 4 pm
Sunday by appointment only.

Make your next service appointment at:
alexandriatoyota.com

You Have Saturdays Off
That's Exactly Why We Don't!



29 YEARS OF
RECEIVING
THIS
HONOR
1 OF 4
DEALERSHIPS
IN THE NATION
TO RECEIVE THIS HONOR



ServiceCenters
Keep Your Toyota
a Toyota

TOYOTA
Owners
ToyotaOwnersOnline.com

TOYOTA
LIFETIME GUARANTEE

Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts
and strut cartridges are guaranteed to the
original purchaser for the life of the vehicle
when installed by an authorized Toyota dealer.
See us for full details.



TOYOTA
Let's Go Places



TOYOTA GENUINE SERVICE

OIL & FILTER SERVICE SPECIAL

\$5⁰⁰ OFF

Includes: Change oil, install Genuine
Toyota oil filter, inspect & adjust all fluid
levels and complimentary multi-point
inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

EXTEND THE LIFE OF YOUR VEHICLE! BG FLUID EXCHANGE SPECIAL

TRANSMISSION FLUSH **\$189⁹⁵**
POWER STEERING FLUSH **\$139⁹⁵**
BRAKE FLUSH **\$139⁹⁵**
FUEL INDUCTION FLUSH **\$139⁹⁵**

FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$50.00
NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER
EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP.
VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE

A/C SPECIAL

\$99⁹⁵

Includes: Check compressor, add up to 1 lb.
of R134 freon, adjust drive belts, tighten
fittings, check condenser fins & check
system for leaks

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

TOYOTA GENUINE SERVICE

15% OFF SIGHT LINE WIPER BLADES WITH FREE INSTALLATION

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 7/31/15. COUPON MUST
BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.



\$32⁹⁵
PER DAY WITH ANY SERVICE

MUST BE 21 YEARS OF AGE WITH VALID DRIVER'S LICENSE AND PROOF OF INSURANCE. NOT VALID WITH ANY OTHER OFFER.
TOYOTA VEHICLES ONLY. ADD 3RD DAY. COUPON MUST BE PRESENTED AT TIME OF
RENTAL. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TRUE START BATTERY SPECIAL

\$139⁹⁵

Includes: 84 month warranty, 24 month
FREE replacement, 24 month FREE roadside
assistance, 60 month prorated, PLUS we'll
check all battery cables & connections.

Does not apply to hybrid vehicles.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY.
OFFER EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP.
VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

POTHOLE SPECIAL 4 WHEEL ALIGNMENT

\$109⁹⁵

Your car's alignment suffers, and can cause uneven tire
wear, steering problems and decreased fuel economy.

Includes: Inspect suspension,
ball joints, struts & shocks, tire
condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES
ONLY. OFFER EXPIRES 7/31/15. COUPON MUST BE PRESENTED AT
TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE BRAKE SPECIAL

\$99⁹⁵
PADS

Includes: Install Genuine Toyota front
brake pads, inspect front & rear rotors
& drums, check tire condition and
inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.
DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR
FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON.
TOYOTA VEHICLES ONLY. OFFER EXPIRES 7/31/15. COUPON MUST BE
PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA
TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE

BUY 3 TIRES AND GET 4TH FOR

\$1⁰⁰



WITH PRICE MATCH GUARANTEE

SEE SERVICE ADVISOR FOR DETAILS.

GOT TIRES? NO CHARGE ROAD HAZARD PROTECTION,
TIRE WARRANTY, AND FREE COURTESY
MULTI-POINT INSPECTION.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 11/30/15. COUPON MUST
BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

SUMMERTIME SAVINGS



New Camrys, Corollas,
RAV4s and Priuses

**ALL ON SALE
LIKE NEVER BEFORE**
Summer is here and so are the SAVINGS!
Ask one of our sales managers.
George, Mike, Yared or Rocky
703-684-0700
**WE ARE HERE
TO MAKE DEALS!**

Jack Taylor's
ALEXANDRIA
TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305
703-684-0700 | ALEXANDRIATOYOTA.COM
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



**Let's
Go
Places**

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD
• FAIRFAX STATION/CLIFTON/LORTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:
TUESDAY NOON

HANDYMAN

HANDYMAN

HANDYMAN

HANDYMAN

LANDSCAPING

One man
with courage
makes a
majority.
-Andrew Jackson

PAVING

PAVING

RCL HOME REPAIRS

Handyman Services

Springfld • Burke • Kingstowne
Light Electrical • Plumbing •
Bathroom Renovation • Ceramic Tile •
Drywall Repair

703-922-4190

LIC. www.rclhomerepairs.com INS.

SPRINGFIELD HANDYMAN



- ▶ Small Home Repairs
- ▶ Good Rates
- ▶ Experienced

703-971-2164

A&S CONSTRUCTION

Bathrooms, Kitchens,
Flooring, complete
remodeling.

703-863-7465

LAWN SERVICE

LAWN SERVICE

**Lawn Care, Fertilizing, Sod,
Spring Clean-up, Mulching,
Tree Cutting, Handyman work**

Call us Today and Get 20% OFF
on Hardwood Mulching and Any Job Higher Than \$300.00

Licensed Insured

THE MAGIC GARDENER

703-780-2272 or 703-328-2270

LAWN SERVICE

LAWN SERVICE

J.E.S. Services

Your neighborhood company since 1987

703-912-6886



Landscaping & Construction

Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways,
Flagstone, Concrete

FREE ESTIMATES

Licensed, Insured, Bonded

703-250-6231

MASONRY

MASONRY

Potomac Masonry

703-498-8526

New Installations & Repairs

Stone - Flagstone - Brick - Concrete

FREE ESTIMATES!!

Lic. & Ins

potomac-masonry.com



MASONRY

MASONRY

Alfredo's Construction Company, Inc.



- Concrete Driveways
- Patios • Sidewalks
- Stone • Brick

Phone:

VA: (703) 698-0060 • MD: (301) 316-1603

www.alfredosconstructioncompany.com

IMPROVEMENTS

IMPROVEMENTS

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia

IMPROVEMENTS

IMPROVEMENTS

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patio's, Custom Deck, Painting



We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827 Fax: 703-830-3849

E-mail: rncontractorsinc@gmail.com

www.rncontractors.com

IMPROVEMENTS

IMPROVEMENTS

Picture Perfect
Home Improvements
(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available

<http://www.pphionline.com/>

"If it can be done, we can do it"

Licensed - Bonded - Insured



IMPROVEMENTS

IMPROVEMENTS

IMPROVEMENTS

IMPROVEMENTS



Handyman & Home Improvement

Free Estimates



Licensed & Insured

703-953-7309

www.crescenthomeservices.net

100% A-Rated on Angie's List &
Washington Consumer Checkbook
Local references available too!

CHS DOES:

- + Home Repair & Maintenance
- + Pressure Washing
- + Gutter Cleaning / Repair
- + Carpentry
- + Water Damage Repair
- + Rotten Wood Repair
- + Drywall / Painting
- + Light Plumbing & Electrical
- + Kitchen & Bath Remodeling
- + and so much more!



10% discount
on labor
with this ad
Good thru 09/01/2015

No Job Too Small

Professional ✂ Affordable ✂ Reliable

www.crescenthomeservices.net

Email: info@crescenthomeservices.net

GUTTER

GUTTER

MASONRY

MASONRY

GUTTER CLEANING

Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES

lic/ins 703-802-0483 free est.

email jamie@lawnsandgutters.com

web: lawnsandgutters.com

Friendly Service with a Friendly Price!



BRICK AND STONE

Custom Masonry

703-768-3900

www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways

Repairs & New Installs • All Work Guaranteed

TREE SERVICE

TREE SERVICE

TREE SERVICE

TREE SERVICE

Pit bull Tree Choppers



We take a
bite out of
your bark.

Call: Lee Lohan 703-400-5005
Licensed and insured. We accept all
major credit cards.

- Complete tree removal, stumps and limbs.
- Clearing of deadwood,
- Landscaping and design,
- Ponds and waterfalls,
- Trimming and pruning.

Division of Lohan Construction, LLC.

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.



Summer Cleanup...

Tree removal, topping & pruning,
shrubbery trimming, mulching,
leaf removal, planting, hauling,
gutter cleaning, retaining walls,
drainage problems, etc.

25 years of experience - Free estimates
703-868-5358

**24 Hour Emergency
Tree Service**

THE
CONNECTION
NEWSPAPERS

CLASSIFIED
For Local...

• Employment • Employees • Services • Entertainment • Announcements • Real Estate • Cars • Trucks • Vans
• RV's • Boats • Pets • Yard Sales • Crafts • Hobbies • And More! For All Your Advertising Needs...
It Works. Week After Week. Place Your Ad Today! 703-917-6400

EMPLOYMENT

HELP WANTED

FT/PT Teachers & Assistant

A none profit childcare in Herndon , VA is seeking a qualified F/T teachers please email your resume to sangle@va-childcare.com or call 703-713-3983

PART TIME RN, LPN, PHLEBOTOMIST OR MEDICAL ASSISTANT

Friendly Internal Medicine office in Burke. 5 mornings a week. Email resume to patriciabounds@hotmail.com

\$10.00/hr plus Bonus Day/Evening Shift

Sales oriented individuals needed for Telefundraising. Experience Preferred but will train the right person Professional Environment McLean, VA location Call Reggie at 70-761-0774 opt 2

HELP WANTED



Join Our Team in Lorton! Now Hiring Cooks & Servers

Apply in Person Daily

9459 Lorton Market St.
Lorton, VA 22079-1963

E-mail: lorton@glorydaysgrill.com
or call 703-372-1770
for more information

EOE

FANFARE eatery

Burgers ★ Wings ★ Salads

Now Hiring Cooks and Cashiers in Both Locations!

Apply in Person

Fairfax Corner
11861 Palace Way
Fairfax, VA 22030
Fairfax@fanfareeatery.com
571-323-2500

or

Greenbriar Town Center
13061 Lee Jackson Memorial Hwy
Fairfax, VA 22033
Greenbriar@fanfareeatery.com
703-657-0050
EOE

CLASSIFIED

21 Announcements

21 Announcements

28 Yard Sales

LEGAL NOTICE

Notice of Initiation of the Section 106 Process: Public Participation

Sprint proposes a new rooftop telecommunications facility at 10555 Main Street, Fairfax, Fairfax County, VA, 22030. The project entails the installation of panel antennas, RRH units and cable trays and runs. Associated equipment will be placed in an existing penthouse. Members of the public interested in submitting comments on the possible effects of the proposed project on historic properties included in or eligible for inclusion in the National Register of Historic Places may send their comments to Andrew Smith, RESCOM Environmental Corp., PO Box 361 Petoskey, MI 49770 or call 260-385-6999.

110 Elderly Care

110 Elderly Care

Certified Home Care / Companion service provider .

See Fairfax County registry seeking opportunities

Va.region.

Contact information :
smckenzie1507@gmail.com
Cell 202-498-6169

101 Computers

101 Computers

HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

- Speed Up Slow Computers
- Virus Removal
- Computer Setup
- Help with Windows 8



571-265-2038

Jennifer@HDIComputerSolutions.com

Host an Exchange Student Today!

(for 3, 5 or 10 months)

Make a lifelong friend from abroad.

Enrich your family with another culture. Now you can host a high school exchange student (girl or boy) from France, Germany, Scandinavia, Spain, Australia, Japan, Brazil, Italy or other countries. Single parents, as well as couples with or without children, may host. Contact us ASAP for more information or to select your student.

Victoria from Australia, 17 yrs.

Enjoys spending time with her family and younger siblings. Victoria plays volleyball and is excited to learn new sports while in America.

Giorgio from Italy, 16 yrs.

Loves to play basketball and spend time with his dogs. Giorgio also plays the guitar, and his dream is to join a drama club at his American high school.

Call Mia Waller at (703) 906-3664
or Amy at 1-800-677-2773 (Toll Free)

hostasase.com or email info@asase.com



Founded in 1976
ASSE International Student Exchange Program is a Public Benefit, Non-Profit Organization.

For privacy reasons, photos shown are not photos of actual students

21 Announcements

21 Announcements

21

Outer Banks, North Carolina - Vacation Rentals

- Over 600 vacation homes in all price ranges!
- Kitty Hawk, Kill Devil Hills, Nags Head, and Southern Shores to Corolla
- July and August weeks still available!

Reserve your family vacation today!



877-642-3224 . www.brindleybeach.com

THE CONNECTION
NEWSPAPERS

CLASSIFIED

For Local...

- Employment
- Employees
- Services
- Entertainment
- Announcements
- Real Estate
- Cars
- Trucks
- Vans
- RV's
- Boats
- Pets
- Yard Sales
- Crafts
- Hobbies
- And More!

For All
Your
Advertising
Needs...

It Works.
Week
After Week.

703
917-6400

Place
Your
Ad
Today!

THE CONNECTION
to your community

VOLUNTEERS

Fairfax County's free **Family Caregiver Telephone Support Group** meets by phone on **Tuesday, Aug. 11, 7-8 p.m.** to discuss "Keeping Organized as a Caregiver." Register at www.fairfaxcounty.gov/dfs/olderadultservices and click on Caregiver Support. Call 703-324-5484, TTY 711.

Fairfax County's **Long Term Care Ombudsman Program** needs **volunteer advocates** for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit the Northern Virginia Long Term Care Ombudsman Program at www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

The **Wakefield Senior Center** in **Annandale** needs an experienced **Canasta Player**, an **Art Instructor** and certified instructors **Pilates** and **Ballroom Dance**. For these and other opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Herndon Adult Day Health Care Center** needs a **Piano Player** to play classical or music from the 1960s and before. For these and other opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Hollin Hall Senior Center** in **Alexandria** needs instructors for the following classes: **Basic Guitar, Italian, Pottery** and **Ballroom Dance**. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Fairfax County Meals on Wheels needs **coordinators, co-coordinators, and substitute drivers** for routes throughout the county. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Little River Glen Senior Center** in **Fairfax** needs a **Computer Lab Assistant** and a **Zumba Gold Instructor**. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Kingstowne Center for Active Adults** in **Alexandria** needs a **Country Western Line Dance Instructor, Mosaic Art or Jewelry Making Instructor, Hula Hoop Class Leader** and an **African Style Dance Instructor**. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Fairfax County needs volunteers to **drive older adults to medical appointments** and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Sully Senior Center** in **Centreville** needs a **certified personal trainer**, preferably with experience working with older adults. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Annandale Adult Day Health Care Center** in **Annandale** needs **Spanish-speaking social companions**. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Mount Vernon Adult Day Health Care Center** in **Alexandria** needs **alicensed beautician, front desk volunteer, social companion** and a **Spanish-speaking social companion**. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.



LONG & FOSTER® # 1 in Virginia

703-425-8000



Carol Hermendorfer
703-216-4949

Expect Personal Service & Experienced Negotiation

C.A.R.O.L.
Hermendorfer Associates



Centreville on the Golf Course – \$585,000
RARE opportunity – 5 BR, 4.5 BA w/ terrific lot backing to #3 on the Chantilly Country Club Golf Course!

View more photos at www.hermendorfer.com



Fairfax Station – \$895,000
Private Oasis on beautiful 1 acre! Gorgeous Landscaping and attention to details inside!



David Levent

703-338-1388

davidshomes@lnf.com

Selling Virginia's Finest Homes

Member, NVAR Multi Million Dollar Sales Club



Burke Centre \$1900/month
Burke Centre Townhouse for rent. 3 finished levels. 3 Bedrooms, 2 Full Baths. Private Driveway. Finished Walkout Basement. Newer Fridge, Washer, Dryer, and

HVAC. Close to schools, VRE, Shopping, Restaurants, and main roads. Membership to Burke Centre Pools avail. Available Aug. 1. Professionally Managed by Long & Foster Property Management.



MARSHA WOLBER

Lifetime Member NVAR Top Producers
Top 5% of Agents Nationally

www.marshawolber.com

Cell: 703-618-4397



Fairfax \$534,900
JUST SOLD in Bonnie Brae! Walls of glass and the backyard oasis combined to make this love at first sight for the new buyers. If you're thinking of making a move, call Marsha to see how her strategic marketing plan will work for you.
Marsha Wolber 703-618-4397



JUDY SEMLER

703-503-1885

judyd@lnf.com

www.JudysHomeTeam.com



BURKE \$310,000

New kitchen * Wood floors on main level * Updated baths * Step down living room opens to deck * Walkout recreation room * Fenced back yard
Contact Judy for more information.
judyd@LNF.com or 703-503-1885



STEVE CHILDRESS

"Experience...with Innovation!"

Life Member NVAR Top Producers

Buyer Broker since 1973!

703-981-3277



Clifton \$900,000
Horse Country!!!
5 bedrooms, 3.5 baths on 5 acres! Premium private lot at end of cul-de-sac next to entrance of bridge trails of horse community! Immaculate condition w/ loads of extras/upgrades to include: hardwood floors throughout, granite countertops, SS. 6 stall stable w/ 2 fenced paddocks. 3 fireplaces, cedar shake roof, chair rails/crown molding, and much MORE! Call Steve Childress NOW.... 703-981-3277

Pep Bauman

"Put Pep's Energy to Work for You"

703-314-7055

PepLnF.com



Reston \$619,000
Beautiful main level master, spectacular end unit on premium lot, freshly painted, beautiful hard-

wood floors, gourmet kitchen, stainless steel appliances with granite counters, rec. room, large deck, in a park-like setting, 2-car garage, close to pools, tennis, picnic pavilion, walking paths and Reston Town Center. Must See!!



Come to the HEART of Real Estate, since 1980
Proudly Serving Northern VA
KAY HART, CRS, GRI
Associate Broker
Life Member NVAR Top Producer
kay.hart@longandfooster.com
703-503-1860



Falls Church \$515,000
Charming Updated Cape Cod—Great Location Inside Beltway. 5 BR, 3 BA, 3 Finished Lvl's. 0.30 ac usable lot. From Roof to HVAC, refinished gleaming Hardwoods, Recent appliances, Cute as can be. READY for a new Owner. Open any time by appointment – Kay Hart 703-217-8444. Agent bonus.

Falls Church \$234,900
2 BR Condo at Skyline Square Near Mark Center. With covered parking space close to elevators. A very well-maintained Condo with Pool, Exercise Rm, Secure Parking and Reception. Spacious Unit with view to trees from balcony. Call Kay for App't 703-503-1860



JON SAMPSON

jon.sampson@longandfooster.com

jonsampsonrealtor.com

703-307-4357



Courtland Rural Village
Here to help you buy or sell!
Beat rising mortgage rates.



Cheryl Pryor
REALTOR® ckpryor@men.com
703-801-9985
COMING SOON IN SOUGHT-AFTER
CARDINAL FOREST
Updated, 2-Bedroom, 2-Bath
TOWNHOUSE-STYLE CONDOMINIUM
8527 Milford Court | Springfield, VA
Just a Few of the Fabulous Amenities:
■ 2 Clubhouses
■ 2 Pools
■ 4 Tennis Courts
■ 4 Playgrounds
■ Sauna
■ Boat Lot
Call Cheryl for More Information on this Outstanding Home



Sheila Adams

703-503-1895

Life Member, NVAR Multi-Million Dollar Sales Club

Life Member, NVAR TOP PRODUCERS



Fairfax New Listing \$619,800
Lovely Colonial in beautiful Country Club View. 4 BRs, 2 1/2 Baths, Full Finished Walk-up Lower Level, Updated Kitchen/Breakfast Room, 1st Floor Family Room w/FP. Nothing to do but move in. Call Sheila Adams 703-503-1895



Mary Hovland

703-946-1775

Cathy DeLoach

571-276-9421

Your REALTORS®

Next Door

BARBARA NOWAK & GERRY STAUDTE

"My Virginia Home Team"

703-473-1803, 703-309-8948

gerry.staudte@longandfooster.com

www.MyVirginiaHomeTeam.com



Fairfax
Nicely updated split foyer in sought after Woodson School District features 5BR/3BA, plus garage. Updated Kitchen is open to dining room with breakfast bar.
Freshly painted & hardwoods. Walkout lower level includes 2 bedrooms, full bath, utility/laundry room & light-filled family room w/fireplace. Newer HVAC, water heater & windows. Metrobus close by, as well as schools & shopping!.



Burke \$725,000
Fabulous Home for Entertaining! WOW! Expanded and updated 4 BR, 3 BA home on .5+ acres just a short distance to VRE & Metro bus. Over \$150K in updates that you will not want to miss including an amazing kitchen that opens onto a 20x29 family room addition w/6 skylights. Wooded lot. Brick patio. Hot tub conveys.



Richard Esposito

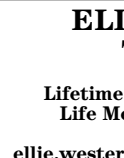
703-503-4035

Richard@LNF.com

Service is the difference I provide.



Springfield \$569,000
This meticulously maintained colonial has 4 BR, 3.5 BA on 3 finished levels. Lower level is a walk-out to premium wooded lot.



ELLIE WESTER

703-503-1880

L&F Founder's Club

Lifetime NVAR Top Producer

Life Member, NVAR Million Dollar Sales Club

ellie.wester@longandfooster.com



Lake Front Royal \$224,999
Weekend Retreat
Get away from it all and enjoy the peace of the mountains in this 3BR-2BA ranch home on a 3/4 acre lot. Updates include roof, baths, HVAC, and more. Short hike to Appalachian Trail and nearby Smithsonian Conservation Center.

Access the Realtors' Multiple Listing Service: www.searchvirginia.listingbook.com