



Expanding Resiliency Public schools' mental health program reaches into the broader community.

By Samantha Tkac The Connection

hat is resiliency? It's "the ability to bounce back from adversity," said Debbie Lawall, co-chair of the resiliency committee. The goal is to build emotional strength within our county's youth, so that when they experience or are faced with crisis, they are able to overcome without staying silent, or resorting to selfdestructive coping mechanisms.

Lawall lost her son to suicide, and has been working to find ways to support positive mental health ever since. In a perfect world, she said, schools would have "a little less structure and a little more leeway, but we're not going to be able to change that unless colleges back down I think through the classes at school the kids will learn [resiliency] but I think that the parents need to learn, [along with] other people who are associated with the students." Lawall teaches relaxation and life skills courses in Fairfax County Public Schools as a way to spread the resilient movement.

Jesse Ellis, a prevention manager working for Fairfax County government, has a team of 40-50 people working on suicide prevention, a facet of the resiliency program. He talks about the risk and protective factors of suicide prevention: "A risk factor is anything that basically makes you more likely to experience a bad outcome, a protective factor is something that keeps you from that. The most important protective factor when it comes to suicide is the relationships you have with others." This is what the resiliency program aims to achieve - an expansion of the teachings of the program to the mentors and role models within the commu-

Ellis argues that by advocating strong relationships between students and mentors, there is an increased likelihood that a warning sign will be noticed. "There's a myth out there that suicides can just come out of nowhere," Ellis said. "But what we've seen when we look at individual cases, is that there are multiple warning signs. And if you have that strong relationship, you're more likely to see it."

The resiliency program has been active within FCPS for only five years. In that time, all middle and high school teachers have learned about the six slices of the resiliency wheel and have taken CrisisLink online training, an online simulator that challenges the participant on what to do when approached by a student with a critical problem. According to Dr. MaryAnn Panarelli, director of Intervention and Prevention Services for FCPS, 9,000 people total in Fairfax County have taken the online simulation, including the teachers.

Panarelli, who has worked with the resil-

The Resiliency Wheel



Resiliency Wheel is from the book Resiliency in Schools: Making It Happen for Students and Educators by Nan Henderson and Mike Milstein, published by Corwin Press, Thoussand Oaks, CA (2003).

"The Resiliency Wheel" on the FCPS website. The six factors of resiliency are considered to be "external protective factors."

iency program for four years, talks about the positive effects the program has shown within the schools. One method of disclosure has increased significantly — students are using a tool called "CrisisLink text line," a 24/7 hotline where a person can text (a more mainstream "younger" method of communication) emergencies to local responders. "The rate of third-party referrals,

More

For the crisis link text line: Text 703-940-0888 with any emergency and a responder will reply "within minutes," according to www.fairfaxcounty.gov.

Email Shirley Clark or Debbie Lawall, cochairs on the resiliency committee, for ideas and suggesstions on how to expand resiliency into the community.

Clark: sclark@thewomenscenter.org Lawall: deblawall@aol.com

or, the rate of kids saying, 'I'm worried about my friend' to an adult has gone up," Panarelli said. She adds that youths have begun looking out for each other a little more. "Part of building resiliency builds into being a part of a community," she said, adding that the focus on resiliency in schools is empowering youths to do something when faced with critical situations.

Shirley Clark, co-chair of the resiliency committee, says that right now the group is in the "forming and norming" stage of development, and is working to "take the resiliency tools and communicate them and market them" throughout the community. Clark says that, "There is no shame in helping your brain," a slogan she created with the help of her son. While the expansion of the program is new, Clark says that the committee only has seven members, and is open for public suggestions and participation.

Bulletin Board

Email announcements chantilly@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before

MONDAY/JULY 27

Parenting Workshop with Dr.

Rene. 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Dr. Rene Hackney offers a learning workshop on "Reading Aloud With Children." Free. Call 703-502-3883 to reserve a spot.

MONDAY-THURSDAY/JULY 27-30

Vacation Bible School. 12:30-3:30 p.m. at Jubilee Christian Center of Fairfax, 4650 Shirley Gate Rd., Fairfax. \$10, which includes a T-shirt. Call 703-383-1170 or visit www.jccag.org to

WEDNESDAY/JULY 29

EBook Help. 1 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get eBook questions answered. Bring a tablet or eReader, Free. Call 703-502-3883 for questions and to reserve a spot.

MONDAY-THURSDAY/AUG. 10-13

Vacation Bible School. 9:30 a.m.-12 p.m. at Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly The presentation is titled "Unknown to us, known to Him."

Call 703-631-1799.

SATURDAY/AUG. 29

Finding Support and Planning for Your Caregiving Journey 8:30 a.m.-12 p.m. in the Board Auditorium of the Fairfax County Government Center, 12000 Government Center Parkway, AARP and the Philippine American Foundation for Charities will present a program geared toward educating people about options for senior caregiving. Listen to a lecture. participate in a discussion and have questions answered by experts from Fairfax County Services for Older Adults. Free. RSVP requested but not

required. Call 1-877-926-8300 or

sign up online at aarp.cvent.com/

"Navigating the Caregivers Maze:

ELECTRONICS RECYCLING

Fairfax829VA

Residents Can "E-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/ recycling/electric-sunday.htm for

DONATIONS

The student Auto Sales Program

operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to

work on. Some refurbished vehicles are sold, with 75 percent of the proceeds going back to the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax deductible, for student training. Contact Lyman Rose at 703-802-5588 or by e-mail lyman.rose@fcps.edu for more.

Cell Phones for Soldiers is accepting donations of old cellphones so that troops can call home. Patrons may drop off donations at 14215E Centreville Square, Centreville.

SUPPORT GROUP

Telephone Support Group for Family Caregivers of Older

Adults. 7 p.m. every second Tuesday of the month. This telephone support group is designed to help caregivers of older adults share experiences gain support and get important information without having to travel. These are one-hour free sessions Find out more and register at www.fairfaxcounty.gov/dfs/ olderadultservices/ and click on Caregiver Telephone Support Group

Fair Oaks Parkinson's Support

Group for people living with Parkinson's disease, caregivers and family, meets on the fourth Saturday monthly, 10 a.m.-noon at Sunrise at Fair Oaks, 3750 Joseph Siewick Drive, Fairfax. Call 703-378-7221 or visit www.fairoaksparkinsons.com for more.

VOLUNTEERS NEEDED Shepherd's Center of Fairfax

Burke serves those 50+ and who no longer drive. Volunteer drivers are needed for trips (Monday-Friday) to

medical appointments and companion shopping within the Fairfax/Burke area. Contact Barry Wickersham at 703-359-2918 or aowbrw@verizon.net or contact John Taylor at 703-239-2898 or jajt7@verizon.net.

For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions:

* The Sully Senior Center in Centreville needs a certified personal trainer, preferably with experience working with older adults.

* Meals on Wheels needs drivers in Chantilly and McLean. Substitute drivers needed throughout the county.

* Korean Meals on Wheels needs Korean-speaking volunteers to deliver meals in Centreville Annandale and Falls Church

The Northern Virginia Long-Term Care Ombudsman Program needs volunteer advocates for residents in assisted living and nursing facilities. Training is provided in March. Call 703-324-

5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Visit www.fairfaxcounty.gov/ltc for

looking for volunteers to hold dogs at adoption events, Saturdays noon-3 p.m. Volunteers must be 18 or older Events will be held at Petsmart 13866 Metrotech Drive, Chantilly Call 703-691-HART or visit

Homeless Animals Rescue Team is

Sully Historic Site needs volunteers to help plan and present programs. Volunteers who enjoy gardening, working with children, learning new

www.hart90.org for more.

recipes and cooking methods, or just like to be around interesting people are needed both weekdays and weekends. Sully is a historic house museum owned and operated by the Fairfax County Park Authority. Volunteer at Sully can choose an aspect of historic interpretation, event support or any other area to make a difference for visitors. Call 703-437-1794 for an interview. Visit www.fairfaxcounty.gov/parks/

sully-historic-site for more. The Fairfax Station Railroad Museum needs volunteer docents on Sunday afternoons from 1-4 p.m. Greet museum visitors and tell them about the exhibits, the Museum and the its railroad and Civil War history. Docents should possess good people skills. Opportunity for those interested in railroads, the Civil War and Northern Virginia history.

Training and orientation provided. Other volunteer opportunities are gardening, publicity and exhibit planning. The Museum is located at 11200 Fairfax Station Road in Fairfax Station. Call Michael at 703-945-7483 for more information, or visit Fairfaxstation.org

Northern Virginia Family

Service is seeking volunteers to organize collection drives of toiletries products for clients in need. Requested items include such things as shampoo, soap, lotion, deodorant, hand sanitizer, toothbrushes and toothpaste. Learn more about Northern

SEE BULLETIN, PAGE 9

Roundups

Car Fires in Little Rocky Run

Investigators from the Fairfax County Fire Marshal's Office and police department are asking for the public's assistance related to several car fires that occurred in the early morning hours of Saturday, July 18, in the Little Rocky Run neighborhood. Fire and police units responded to reports of seven vehicle fires between the hours of 3:50 a.m. and 4:40 a.m. Three were on Chapelwood Circle at Hart Forest Drive, two on Laurel Rock Court, one on Rockland Drive and one on Rock Lawn Drive.It is unknown whether or not the same person is responsible for all of the fires but police would like anyone with information to contact the Fire Marshal's investigators through the Police Department's Crime Solvers program. Anyone with information is asked to contact Crime Solvers electronically by visiting http:// www.fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus a message to CRIMES(274637) or by calling 1-866-411-TIPS(8477), or call Fairfax County Police at 703-691-2131.

CLRC Seeks Fall Interns

The Centreville Labor Resource Center (CLRC) is currently seeking bi-lingual (English/Spanish) fall interns to help with the daily operations of the worker center, its new labor-justice projects and with producing a worker-created community newsletter. Contact CLRC Director Molly Maddra-Santiago at director@centrevillelrc.org for more details.

In addition, CLRC is holding a volunteer orientation on Friday, July 31, from 6:30-9 p.m. at the center, 5956 Centreville Crest Lane in Centreville. Said Maddra-Santiago: "This is a great way to learn more about us, even if you aren't thinking about volunteering – yet."

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, July 30, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. The first 35 vehicles arriving on each date will be inspected so there is time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry needs donations of 1-2 pound bags of rice, canned fruit (all types), canned pastas, canned meats (tuna, ham, chicken), cold and hot cereals, spaghetti and sauces, peanut butter, canned vegetables (including spinach, collar greens, beets) and cooking oil. Toiletries needed, which WFCM clients cannot purchase with food stamps, include facial tissues, toothpaste, shampoo and solid deodorant.

Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center. A volunteer stocker/bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcmva.org.

Learn about Police Department

Throughout the year, the Fairfax County Police Department will host a series of lectures as part of its 75th anniversary.

- ❖ July 23 The Departments growth in relation to the county's development, 11 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/the-departments-growth-in-relation-to-the-countys-development-tickets-15374059225
- ❖ Aug. 10 SWAT Tools, Tactics, and Technology, 11 a.m. at the West Springfield District community room https://www.eventbrite.com/e/swat-tools-tactics-and-technology-tickets-15374108372
- ❖ Sept. 16 Helicopter Division, 10 a.m. at the Criminal Justice Academy https://www.eventbrite.com/e/fcpd-helicopter-division-tickets-15374129435

News



WFCM's Jennie Bush delivers backpacks last summer to Virginia Run Elementary.

Wanted: 2,300 School Backpacks

WFCM asks community to help local children in need.

By Bonnie Hobbs The Connection

nce again, Western Fairfax Christian Ministries (WFCM) is collecting new backpacks for local students in need. Its goal is to provide backpacks for 2,300 qualified, low-income children attending schools in the Centreville, Chantilly and Westfield high school pyramids.

But it can't do it alone; it needs the community's help. So it's asking area residents to donate new backpacks. The effort is part of WFCM'S Collect for Kids Back to School program; the backpack drive began July 6 and runs until Aug. 14.

"It is incredible to think that over 52,000 students in the Fairfax County Public Schools system receive free or reduced-price meals," said Jennie Bush, WFCM's Community Outreach Manager. "Their parents are struggling to put food on the table, and the prospect of buying backpacks and school supplies is stressful for them."

"We hope the community will respond generously, as they have in the past, to ensure that children whose families are in crisis are able to return to school this fall with a new backpack," she continued. "We recognize that it really does take 'neighbors helping neighbors' to make sure every student has what he/she needs to start the school year off right."

And these new backpacks won't be empty. Thanks to KidsRFirst, a nonprofit dedicated to education, they'll be filled with school supplies.

It's the fifth year that the nonprofit WFCM is collaborating with Fairfax County, FCPS and a variety of other, local, nonprofit organizations to furnish high-quality, school backpacks. In 2014, WFCM provided backpacks for 2,019 local children. But because of the continued and increased demand, it hopes to collect even more this year so it may give a backpack to every child in Western Fairfax County who needs one.

"The most critical size needed is for middle and high-school students," said Bush. "We especially need large backpacks with at least two compartments to hold multiple books and binders. The backpacks should be 18-19 inches high, 13 inches wide and 8-10 inches deep, of good quality and approximately \$15-30 in cost."

She said WFCM's looking to collect about 1,000 of these large backpacks. And, she added, "We want

them to all be different looking so we're not labeling children with one style or color of backpack. I've found the best deal on this size backpack is at Costco, which sells High Sierra, large, excellent quality, multiple-compartment backpacks in various colors for \$19. Please, no character backpacks or backpacks with wheels or only one shoulder strap."

Backpack donations may be brought to WFCM's Client Services Office and Food Pantry at 13888 Metrotech Drive in Chantilly, next to Papa John's Pizza. They'll be accepted Monday-Friday, from 9 a.m.-2 p.m., and most Wednesday and Thursday evenings from 4-7 p.m.

"WFCM is grateful for the generosity of its supporting churches and businesses — along with many caring individuals — which provide backpacks to low-income students in 23 elementary, middle and high schools in Western Fairfax," said WFCM Executive Director Lauren Sterling. "We couldn't support these families without our community's help."

For more suggestions on where to purchase backpacks, and the sizes requested, go to www.WFCMVA.org. For more information about donating or sponsoring a school, contact Bush at jbush@wfcmva.org.



From left: Jennie Bush (WFCM), Maria Barraza (London Towne Elementary parent liaison) and Christy Riester (Centreville Baptist Church member who collected more than 100 backpacks for London Towne Elementary) bring backpacks to the school for the 2014-15 school year.



Firefighters used the Jaws of Life to extricate "victims" after this "crash" at Centreville High.



Students watch the police helicopter in the sky during the June exercise illustrating the dangers of drinking and driving.

Recognizing Local Police and Firefighters

A look at Centreville High School's First Responders Support Club.

By Bonnie Hobbs The Connection

igh schools offer a variety of extracurricular clubs for students, such as chess, language and robotics. But at Centreville High, students may also join the First Responders Support Club.

"Teens don't always appreciate first responders as much as they should," said member Udval Batbayar.

"So the purpose of this club is to recognize and support our local first responders and also to promote teen safety," said Savannah Sherman. "And I want our community to be closer to our police officers, especially in light of what's going on elsewhere."

Sherman started the club last fall, and about 40 students — mostly juniors — joined. In December, the students partnered with the Fair Oaks District Police Station in a drive to collect new toys for the children at the Katherine Hanley Family Shelter. It was one of the club's first activities, and the members also participated in the Christmas party for the children, along with the police officers, when they delivered the toys.

"And we try to have a potluck lunch once a month with the Fair Oaks police," said Batbayar. "They invite us to their lunch and we bring some of the food."

"We also bring lunch to the firefighters sometimes, and doughnuts and pie to the police, and they really like it," added Sherman. She then explained why she began the club.

"My brother was a volunteer firefighter in Prince William County, and they treated

him well — and me, too, when I visited him," she said. "So I want my peers to recognize our first responders, and I especially want to stress to them that the police are working for, not against, us."

This year, the club members toured the Fair Oaks Fire Station, the fire academy and the McConnell Public Safety and Transportation Operations Center (MPSTOC), including the 911 dispatch center. And, said Sherman, "We did a fundraiser at Firehouse Subs in Centreville Square for a Fair Oaks firefighter whose son had brain cancer."

Batbayar said club members also attended the St. Patrick's Day Parade in Washington, D.C. "Firefighters and police were in it, and we carried signs saying, 'Centreville High School First Responders Support Club,'" she said. "And we go to the Fair Oaks Police Citizens Advisory Committee meetings once a month to learn what's going on in the community."

"We hear about what crimes are happening and listen to the citizens talk about various issues," said Sherman. "We've built relationships with both the police and firefighters; we want teens not to be afraid of the police, because they're just like us."

Sean Scott teaches criminal justice at the school and is the club's sponsor. He's a former Fairfax County police officer, himself. Of his 24 years total with the Police Department, he spent 11 years on the SWAT team and nine years in the Organized Crime and Narcotics division.

"The students have done an awesome job," he said. "They formed a partnership with the Criminal Justice II class and arranged for the police helicopter and Jaws of Life to come here for a DUI demonstra-



Recognizing local first responders are (from left) Centreville High's Udval Batbayar, Sean Scott and Savannah Sherman.

tion for the school. It's an education piece that's warranted before prom and the end of the school year, and what's neat is that students are provided the knowledge for better decision-making."

In addition, said Scott, "The club established a liaison with the firefighters and police officers where they can have a partnership and learn about these professions and the commitment and dedication required from first responders."

For the holidays, the students made cards for the Fair Oaks police and firefighters, the Sully District police and Centreville's Station 17 firefighters. They gave baked goods to the Town of Clifton firefighters, and Sherman got students in the school's Key Club to write welcome-back cards to members of the county's Urban Search and Rescue Team when they returned from assist-

ing in Nepal after the massive earthquake there.

Centreville's prom was June 6, and the Jaws of Life demo — rescheduled from June 4, due to rain — was held that day, outside the school, for the juniors and seniors. "The students saw a staged crash scene and the firefighters and police responding to it," said Sherman. "One car had two 'drunk' students, and our theater students had put makeup on them so they'd look bruised and bloody."

The other car involved in the "crash" contained another student plus a police cadet portraying a student (so he could be Medivaced in the police helicopter). "They were the injured victims," said Sherman. "And they were more seriously injured than the drunk driver who caused the accident."

In the scenario, firefighters cut the victims' car in half, using the Jaws of Life to extricate them. The cadet was then flown by helicopter to the hospital, while the student was taken there by ambulance. The "drunk" students were given sobriety tests, handcuffed and put into a police car. So, said Sherman, "It showed the reality of what happens to people in this situation."

"And the students learned that drinking and driving is truly not worth it," added Batbayar. Overall, she said, "This has been a fantastic first year for our club, and we've learned so much about how things work."

Sherman said how proud she was of all the club's officers who helped her. "And we enjoyed forming relationships with our local first responders. Now, when we see them out in the community, we can wave at them and say hi."

"We have a better sense of community," said Batbayar. "It feels nice; we feel like we belong and we feel safer."

And, added Sherman, "We know who's going to protect us — and it's good to thank them."

Pet Connection



Bailey, a dog rescued two years ago, with her owners Kelly and Jonathan Malloy of Oak Hill. Bailey is approximately 3 years old and possibly a lab/beagle mix. First time dog owners, Kelly and Jonathan are sharing a tender moment with Bailey as she is clearly relaxed and comfortable in her new home. She likes to chase everything from chipmunks to deer, she hasn't caught one yet!

— Sheila Malloy, Oak Hill



Dublin and Pink are all ready to celebrate Fourth of July.

– Andrea Creighton, Oak Hill



Duncan and Sally, companions of Gwyn Whittaker of Oak Hill, are ready to go for a car ride, their second favorite activity to hiking and playing at Frying Pan Farm Park.



This is Buster in his sink. No one else gets to use it. From sickly 14-week old kitten to 3-year old spoiled furball, Buster's had a long journey to find his forever home with the Pires family of Oak Hill.

— Diane Pires



Brianna, Bethany and Abby Camp of Fairfax with their "pack."





OPINION

What's Special about Your Community?

Share tips in upcoming Newcomers and Community Guides.

he Connection's annual Newcomers and Community Guides will publish Aug. 26. A bevy of interns, plus staff writers and editors, are preparing this year's editions, but we need help from our readers.

What tips do you have for someone getting to know the community?

We're hoping to share special places, activities, events, organizations and volunteer op-

portunities. What should someone new to your neighborhood know about? Events that should not be missed? Organizations that do a great job? Places to volunteer? Tips for navigating your PTA or your school's front office? A great place to see the sunset? We'd love to have your photos to go along with your suggestions.

Faith organizations, nonprofit organizations, clubs, environmental groups, advocacy groups, youth sports teams and others who offer events open to the public are invited to send a paragraph about the organization and how to get involved.

We will publish a selection of local tips along with a plethora of information useful to newcomers and long-time residents alike, including our award-winning Insiders Guide to the Parks, information on how to vote and more.

to www.connectionnewspapers.com/PDFs/

Editorial editors@connectionnewspapers.com or send as a letter to the editor via the http:// website at

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www.connectionnewspapers.com/contact/letter/. Send in your Insider's Tips by Friday, Aug.

sales@connectionnewspapers.com or call 703-778-9431.

LETTER TO THE EDITOR

Issues over Improving I-66

To the Editor:

The following was approved by the Fairfax County Federation of Citizens Associations' Executive Committee as its June 30, 2015 meeting.

The Virginia Department of Transportation is proposing to convert an existing section of the Interstate Highway System, whose use is currently limited to High Occupancy Vehicles containing two or more persons (HOV-2) inbound in the morning, and outbound in the evening, to HOV-3 and tolled (HOT) use during both the morning and evening commute in both directions. It is expected that many drivers who currently commute in what is considered the reverse direction and are not presently paying tolls, will choose to use the streets of Arlington instead of paying the varyingrate toll, joining the current non-HOV commuters who travel inbound in the morning and outbound in the evening on the same streets.

The Fairfax County Federation of Citizens Associations offers the following recommendations for consideration by the Commonwealth Transportation Board prior to making a formal decision on this proposal:

A. Collection and Use of **Funds:** As the Federation stated in its testimony on the I-66 Outside the Beltway Improvements: "If tolling is implemented, funds collected should be used to reduce congestion along the corridor, including mass transit, and not be used for improvements indiscriminately throughout Northern Virginia."

need to be considered as part of the I-66 conversion include:

1. I-66 Widening: The short-

term six-laning of both directions of I-66 inside the Beltway: the projected period of 2025-2040 is too late to address even the traffic safety and operational problems that are already being observed on a regular basis along this portion of the I-66 travel corridor. Any determination as to that need should be made much sooner within a maximum of five years rather than a decade out.

2. Parallel Roads: Improvements to all of the major parallel roads that will be burdened by increased use by non-HOT commuters. These other facilities include, but are not limited to:

❖ Arlington Blvd (US Rt. 50)— We would suggest that this route be widened to a basic 6-lane, suburban arterial type cross-section from the Capital Beltway interchange to the Washington Blvd (VA Rt. 27) interchange at Fort

We would also recommend a major reconstruction and improvement to the existing Seven Corners interchange complex, which is a continuing traffic bottleneck

- Lee Highway (US Rt. 29)
- Old Dominion Drive (VA Rt.
- ❖ Washington Blvd (VA Rt. 237)
- **❖** Wilson Avenue
- 3. Metrorail : Metrorail service in the in the Vienna/Reston/ Rosslyn corridor is limited by the capacity of the existing Rosslyn Potomac River tunnel. Virginia cannot wait until Metro's Momentum 2040 plan for additional river crossings. In addition, consideration needs to be given to the construction of a wye-junction that will allow for a direct Metrorail service option between Dulles International and Reagan National airports, as well as allowing Changes in the corridor that Fairfax, Loudoun, and Prince William county commuters to travel from the north and west to the employment centers of Alexan-

dria, Crystal City and the Pentagon without transferring at the capacity-constrained Rosslyn station.

B. Dulles International Airport Access Road Connector: Although the project website indicates that "the project area includes I-66 Inside the Beltway, from I-495 / Capital Beltway to U.S. Route 29 in Rosslyn, as well as the Dulles Toll Road," the full **Dulles International Airport Access** Road connector from I-66 to the Beltway is not in the green-highlighted section.

Commuters on VA Rt. 267, the **Dulles International Airport Toll** Road, now pay a toll to travel to the Beltway but are not allowed to travel on the extension from I-66 to the Beltway during the HOVrestricted times. It would seem logical that these commuters, used to paying a toll, would be prime candidates to continue on a tolled route, but there doesn't seem to be plans for them to do so as part of this project. We recommend that the Dulles International Airport Access Road connector be included in the plans for HOT use, as well as plans put in place so that current traffic to and from Dulles International Airport can continue to use I-66 during HOT-restricted times, and not be forced to pay a toll to use the road.

C. Bus Rapid Transit: In our I-66 outside the Beltway testimony, the Federation advocated the use of Bus Rapid Transit (BRT) west of the Vienna Station in the interim period before the Orange line is extended to the Centreville area, as has been included in the Fairfax County Comprehensive Plan for well in excess of 20 years. Until the Rosslyn Potomac River tunnel bottleneck is resolved, BRT should be planned to continue to employment centers in Ballston, Crystal City, Pentagon and the District of Columbia. The critical considerations are the junction between the BRT and Metro, and a methodology for the BRT passengers to continue to their destinations identified above without having the passengers wait for long periods of time.

D. Uniform Hours of Operation: Currently the HOV hours for I-66 sections inside and outside the Beltway have different start and end times. In addition, in past years, HOV restrictions were also non-uniform. If HOT lanes are implemented for both I-66 sections, the HOT requirements and the hours of operation should be coordinated so both sections are uniform, rather than having nonuniform HOT requirements and start and end times for each section.

Jeffrey M. Parnes

Transportation Committee Co-Chair Fairfax Federation FedTransportationChr2015@-FairfaxFederation.org

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are itinely edited for libel, grammar, good taste and factual errors. Send

> Letters to the Editor The Chantilly Connection 1606 King St. Alexandria VA 22314 Call: 703-917-6444 Email: chantilly@connectionnewspapers.com



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'Impeccable Work Ethic'

Police PFC Earl Culbertson is honored as the Officer of the Month.

BY BONNIE HOBBS The Connection

eliable, a team player and a skilled motorcycle rider — that's how Lt. Tim Burgess describes police PFC Earl D. Culbertson. In fact, as Culbertson's supervisor, Burgess thinks so highly of him that he nominated him for Officer of the Month.

As a result, Culbertson received this honor and was recently feted by the Sully District Station and its Citizens Advisory Committee. In his nominating letter, Burgess explained why the officer deserved this recognition.

"PFC Culbertson has consistently exhibited an impeccable work ethic," wrote Burgess. "He is meticulous about the details of his assignments and often volunteers for additional duties in order to serve the public and meet the needs of the Sully District Station. And his standard operating procedure in the area of traffic management and enforcement is unmatched."

Noting that every policing job requires certain, minimal efforts and documentation, Burgess said Culbertson's actions "define the personality and dedication of an employee who is extremely conscientious toward policing and relationships. He is an extremely reliable employee who possesses a positive mental attitude and consistently arrives to work happy and upbeat." And because of it, said Burgess, Culbertson's personal attributes help create a "positive and pleasant" work environment.

Culbertson has been assigned to the Sully District Selective Enforcement Team since July 2014. And according to Burgess, ever since joining it, Culbertson has been an essential part of the team, deploying radar trailers, sign boards, traffic counters, and conducting strategic enforcement where needed. He also keeps on top of scheduled events and takes care of assignments and needed deployments with little supervision.

CRIME REPORT

The following incidents were reported by the Fair Oaks Ďistrict Police Station.

RECKLESS DRIVING / BIAS INCIDENT: 13200 block of Leafcrest Lane, July 19, at about 4:45 p.m. A juvenile was walking along the roadway and was approached by a male in a vehicle. The suspect yelled racial obscenities at the victim and fled. The victim did not require medical attention. The suspect was described as white and between 20 to 30 years of age.

LARCENIES

13500 block of Clear Lake Court, property from

11800 block of Fair Oaks Shopping Center, property from business

11100 block of Lee Highway, wallet from busi-



PFC Earl Culbertson (left) receives his Officer of the Month award from Capt. Bob Blakley, commander of the Sully District Station.

"Culbertson is a co-worker who eagerly assists others and remains at work until the mission is complete," wrote Burgess. "He does this while utilizing minimal leave and rarely asking for accommodation. He consistently exemplifies teamwork and good communication while continuing to produce a high volume of work with a high level of accuracy."

Further praising Culbertson, Burgess said he's also been highly committed to community outreach by recently speaking to newly arriving au pairs about policing in the United States, as well as talking to a local Girl Scout troop at the Compton Village Community Center about vehicle crashes, traffic stops and other traffic-enforcement information.

"Culbertson is a high-level producer, and his commanders, supervisors and the citizens of Fairfax County, alike, have benefited from the fruit of his labor," wrote Burgess. "He has enjoyed a fantastic career thus far and was recently selected to attend the prestigious, Fairfax County Police Motorcycle School, after successfully obtaining a high rating on the recent police motorcycle process. I commend him for a job well-done and proudly nominate him for the Citizens Advisory Committee Office of the Month Award."

4800 block of Pheasant Brook Lane, license plate

13600 block of Venturi Lane, phone from resi-

12200 block of Lincoln Lake Way, property from

9500 block of Blake Lane, bicycles from resi-13100 block of Englishwood Lane, jewelry from

12000 block of Government Center, bracelet from business.

2700 block of Hunter Mill Road, bicycle from

STOLEN VEHICLES

12100 block of Monument Drive, 2006 Suzuki GSXR750.



'Experimental Bar'

Dominion Foundation is donating \$125,000 to support the Children's Science Center Lab's "Experimental Bar" at Fair Oaks Mall. The Experiment Bar is designed for school group and individual experimentation of a rotating menu of topics in physics, chemistry, biology, environmental science, electronics, and materials science.



The Crossings at Chantilly is the area's newest state-of-the-art Senior Living Community with priority access to skilled care on site. The Crossings offers a full continuum of care on one campus. Other amenities include farm-to-table cuisine, social and wellness support, recreational programs, a chapel, concierge service, beautiful outdoor living areas and more.

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Sports

Sully Station II Falls to Great Falls

In a summer swim season filled with incessant lightning and drenching rain, the Sully Station II Piranhas created their own thunderous roar and welcomed Great Falls to the jungle on Saturday, July 18.

The pool was decorated with flair and the swimmers showed up in full camouflage ready to beat the weather and their oppo-

SWIM Notes

nents. Three individual records fell, one sweep was completed, and both the 9-10 girls and 15-18 girls claimed victory in every event. Despite the full team ef-

fort, the Piranhas could not overcome the powerful relays and ultimately fell, 230-188.

Spirits remained high throughout the morning, as the day started with the traditional Piranha Pass to honor the team's remarkable graduating seniors: Austen Bundy (ASU), Madysin Graham (IUP), Michael Jiang (GMU), Connor Pangman (JMU), James Shaver (JMU), and Anthony Wu (GMU).

The swimming was fast and furious, led by 12-year old Faith Alston in lowering her own freestyle record (29.13) and breaking teammate Georgia Stamper's breaststroke record from 2012 with a 36.77. Ten-year old Angela Cai improved upon her own butterfly record with a 15.69 and was equally dominant in breaststroke with a personal best of 40.80. Three Piranhas notched two individual wins in both freestyle and backstroke, including 10-year old Caroline Li (35.18, 40.36), 12-year old Anthony Kang (31.41, 37.46), and 14-year old Kellen Campbell (28.95, 32.45). Joining them as double event winners were 16year old Scott Baxter in freestyle (26.51) and breaststroke (32.79) and 17-year old Caitlin Campbell in freestyle (30.15) and butterfly (33.56).

The 15-18 girls enjoyed a sweep in backstroke, led by Madisyn Graham (34.27), Georgia Stamper (36.73), and Juliet Chiapello (40.22). Other individual event winners included Lilly Wilson in backstroke (25.69, dropping a terrific 2.41 seconds) and breaststrokers Charles Tai (48.95), Delaney Kennedy (41.24), and Georgia Stamper (38.62).



PHOTO CONTRIBUTED

Sully II honored graduating seniors Austen Bundy, Madisyn Graham, Michael Jiang, Connor Pangman, James Shaver, and Anthony Wu at the final home meet of the season.

Important points were added to the board with strong finishes by Emerson Saint Germain, Ehma Stalfort, Ella Ammons, Collin West, Hayley Norris, Karenna Hall, Elijah Post, Callie Ver Planck, Jessica Han, Daeun Lee, Austen Bundy, Connor Pangman, Jason Li, Hannah Kang, Ethan Wilson, Brody Campbell, Brantley Cervarich, Hope Alston, Isabella Ibrahim, Jacob Susko, Max Morris, and Carly Logan.

Impressive personal bests were turned in by Avril Fernandez in freestyle (-2.03), backstrokers Mark McLendon (-6.36), Alyssa Norris (-2.30), and Anthony Kang (-2.38), as well as 7-year old Jason Li in both breaststroke (-2.10) and butterfly (-4.15).

Overall, it was another extraordinary week for the Piranhas, with great representation at the Fast B Relay Carnival on Thursday, the sweet SuperTeam meet on Friday, and the fan favorite Family Fun Night on Saturday evening. A good time was had by all, and SS2 will wrap up another terrific season by hosting Divisionals on Saturday, July 25.

Pirates Fight Off The Riptide

At the beginning of yet another rainy July day with threatening thunderstorms that later turned into beautiful sunny rays, the Poplar Tree Pirates battled the Riptide to storm the beachhead at Virginia Run.

The Riptide gave no quarter but were at ropes' end by the penultimate race. With 34 best times and two records set, the Pirates gave it their all to win 211-209 on July 17 in the closely contested contest with several photo finishes.

In the 8 and under boys, Blake Madsen bested his record in breaststroke with a 22.27, and Ben Farello broke the tied record he had with Madsen with a time of 18.78 in the fly.

Double event winners for Poplar Tree included: Adrian Kim (boys' 9-10 50 back and 50breaststroke; Blake Madsen (boys' 8U 25 back and 25 breaststroke); Kathy Nie (girls'



Photo contributed

Poplar Tree's Ben Farello and Blake Madsen broke records during the Pirates' win over Virginia Run on July 17.

8U 25 back and 25 breaststroke); Sara Radcliffe (girls' 11-12 50 free and 50 fly); Kai Taft (boys' 11-12 50 back and 50 fly; Lauren Young (girls' 13-14 50 free and 50 fly).

Single event winners were: Adrian Coray (boys' 9-10 free); Ben Farello (boys' 8U 25 fly); Elena Benson (girls' 9-10 backstroke); Jonathan Wen (boys' 15-18 backstroke); Kai Taft (boys' 11-12 50 breaststroke); Lauren Young (girls' 13-14 50 backstroke); Lucy Chen (girls' 11-12 backstroke); Natalie Farello (girls' 11-12 50 breaststroke); Neha Balaji (girls' 9-10 breaststroke); Nicholas David (boys' 13-14 free); Sara Radcliffe (girls' 11-12 50 fly); and Sydney Erickson (girls' 8&U Fly).

Relay winners were: boys' free 100M 8&U (Blake Madsen, Tyler Fiening, Alexander Caywood, Ben Farello); boys' free 200M mixed age (Kai Taft, Adrian Coray, Nicholas David, Marcelo Coray); girls' free 100M 8&U (Sydney Erickson, Kathy Nie, Sara-Marie Small, Emily Radcliffe); girls' medley 100M 9-10 (Elena B Benson, Neha Balaji, Josephine Ellis, Skylar Small); girls' medley 100M 11-12 (Lucy Chen, Natalie Farello, Sara Radcliffe, Lauren Erickson); and girls' medley 100M 13-14 (Julia Young, Mary Kominski, Haley Alderman, Lauren Young).

Hayden Village Participates in Swim-A-Thon

Members of the Hayden Village "Villains" swim team have been acting more like "Heroes" during the last two weeks of their regular season.

On July 9, the Villains hosted a Swim-A-Thon to benefit charity. Coaches John Kim and Matt Glowacki challenged all Villains, big and small, to try to swim a mile (66 laps). After the 3-hour event was over, 66 swimmers, some as young as 6 years old, had met that goal.

The team was able to swim more than 72 total miles and raise over \$6,000 to give to charity. At their last weekday home meet, on July 15, the Villains and the opposing Franklin Farm Froggers, came together for a Thanksgiving in July Food Drive. Thanks to participation by both teams, moe than 242 pounds of food and toiletry items were donated to the Western Fairfax Christian Ministry Food Bank.



State Champions

The Southwest Youth Association (SYA) Greater Fairfax 15U Babe Ruth won the state championship in South Hill, Va., last weekend. The team includes students from Westfield, Woodson, Centreville and Robinson. Pictured from left (back row): Coach Joe Stine, Henry Pyzdrowski, Brandon Wong, Chris Hanna, Justin Martin, John Basham, John Farley, Ryan Wu, Manager Dan Martin, (front row) Coach Tim Divecchia, Nikko LaMay, Nick Divecchia, Mitchell Thompson, Joshua Spiro, Pascal Zamora-Roberts, Jordan Reiser, and Russell Steinhilber. Bat Girl: Jenna Martin.

News

Scouts Host Bicycle Rodeo

Sully District, of the National Capital Area Council, Boy Scouts of America, held a Bicycle Rodeo at the swimming pool parking lot of the Chantilly National Golf and Country Club on Wednesday, July 15, as part of its Summertime Activities Program. There were more than 100 Scouts, siblings, and adults that participated in the program. The volunteers from the Fairfax County Police were in attendance checking the safety of the bikes, the fit of safety helmets, and helping the participants ride their bikes on the course. Linda Watkins from INOVA was handing out backpacks and also bicycle helmets to those who needed one.

The Chantilly National Golf and Country Club provided hot dogs for the participants.



hoto by Hondo Davids

Fairfax County Police Officers, Linda Watkins from INOVA, and Cub Scouts with their siblings gather for a photo.

BULLETIN BOARD

From Page 2

Virginia Family Service at www.nvfs.org and contact Colleen Ross cross@nvfs.org if interested. The **Stuart-Mosby Civil War**

Cavalry Museum needs volunteers to work on Sundays at 13938

Braddock Road, Centreville. The museum is open from 1-4 p.m. on Sundays, when volunteer help is needed the most. Civil War buffs who want something worthwhile to do on Sundays are perfect candidates. Generally at least two volunteers are on duty for each day of coverage at

the museum. The museum is also open on Saturdays from 10 a.m.-4 p.m. and Mondays from 10 a.m.-4 p.m. Call 703-785-5294 or visit www.stuart-mosby.com.

Fairfax County's Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Support and training are provided.Contact Emmy Thompson at 703-324-7404, TTY 711, or maura.thompson@fairfaxcounty.gov.

CRIME REPORT

The following incidents were reported by the Sully District Police Station.

INDECENT EXPOSURE, 5900 block of Raina Drive, July 1, around 12:40 a.m. The victim was in a community pool and saw a man standing in a wooded area. The man exposed himself to the victim and fled prior to police arrival. The suspect was described as white, about 5 feet 7 to 5 feet 9 inches tall, wearing a T-shirt and dark-colored shorts.

BURGLARY, 5700 block of Pamela Drive, June 29. A resident reported someone entered the open garage and took property and cash.

LARCENIES:

14100 block of Asher View, property from vehicle.

4300 block of Chantilly Shopping Center, wallet from vehicle.

4900 block of Stonecroft Boulevard, property from residence.

13900 block of Rockland Village Drive, property from residence. 5800 block of Belcher Farm Drive,

property from vehicle. 14400 block of Newton Patent Court,

property from vehicle.

13800 block of Country Crossing

Street, phone from residence. 14500 block of Lee Jackson Memorial

Highway, wallet from business. 6100 block of Oakengate Way, phone

from business. 14300 block of Rosy Lane, property

from vehicle.
6300 block of Bonham Place, prop-

erty from vehicle 14400 block of Glencrest Circle,

equipment from vehicle 14400 block of Chantilly Crossing Lane, wallet from business.

4900 block of Stonecroft Boulevard, wallet from vehicle.

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"Abyssful" Ignorance



By KENNETH B. LOURIE

Hopefully not. But you never know per last week's column, until you know. And the preferred pattern seems to be that waiting to be spoken to in person, a week or so post-scan, is the best the process can be; or at least, that's the process that suits the doctor/HMO. Certainly I can appreciate how telling a patient bad news in person is a more prudent and professional, fail-safe type of approach than a phone conversation or e-mail which is fraught with potential misinterpretation and possibly even unexpected and adverse consequences - especially for the patient/recipient of the distressing news. However, waiting a week for results is hardly ideal and certainly not the stuff of which dreams are made. In fact, it's exactly the stuff of which nightmares are caused.

Don't get me wrong; I can take it. Waiting is not for everybody, however; unless you like suffering – then it's perfect for you. But why suffer in silence - or suffer at all? You already have, to quote Radar from a M*A*S*H episode: "One foot in the grave and another on a banana peel," so why double-down or even quadruple your odds and make us learn the meaning of the word excruciating? Why fiddle with Rome when our emotions are already burning? We ("terminal" cancer patients) deserve better. Heck, we deserve your best; and a week of talking ourselves in and out of a million scenarios, most of them bad, unnecessarily, is yet another example of cruel and unusual punishment. (Shouldn't we have some Constitutional protections, too?) And punishment for crimes not committed is particularly diffi-cult. Still, I guess I should be thankful I'm not incarcerated (although occasionally, I do feel confined to my home) while waiting. In effect though, I am, emotionally. To set these emotions apart from the everyday or compartmentalize them somehow is much easier theorized than actually accomplished. Nevertheless, I don't suppose nine days (between scan and results) are likely – ultimately – given the progressive nature of my disease, to change the course of history too much. However, it will change the course of the next nine days, and that's all I'm focused on right now. When you're in the same boat as I am, time is all that matters, and wasting any of it (to me that means time lived not knowing results immediately or sooner) is a terrible option/reality. And again, given my original diagnosis/prognosis, options are not necessarily what you feel you have in abundance.

Whether delusional or based on any facts whatsoever, options are still your emotional lifeline. Not having them or receiving them later than you'd prefer adds fuel to the fire that a cancer survivor feels (figuratively speaking). Besides, who knows what soothes the savage beast that lives in all of us "terminal" cancer patients? At least for me, not knowing or knowing after the facts are likely in evidence is somewhere between counter-productive and counterintuitive. As soon as you know: tell me! What are you waiting for? Godot? Let me get on with what's left of my life. I want to live forward, not worry backward. I'm not looking for control. I'm looking for consideration. If the patient matters so much, then don't be so matter-of-fact about results. Our lives may be shorter than we expected, so why make us wait longer than we want? Time is on your side, not ours.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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OBITUARY



LYNN BEAUCH

passed away July 15, 2015 after a brief illness. He was 65. Services were held July 18, at Demaine Funeral Home 10565 Main St, Fairfax VA 22030. In lieu of flowers, donations may be given in his honor to wildliferescueleague.org He will be dearly missed by his family and friends

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21 Announcements 21 Announcements 21 Announcements





ENTERTAINMENT

Email community announcements to chantilly@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before

ONGOING

"Evenings on the Ellipse" Concert Series.

Thursdays, 5:30-7 p.m. at the Fairfax County Government Center Ellipse (Backyard),12000 Government Center Parkway. Chairman Sharon Bulova of the Fairfax County Board of Supervisors hosts weekly live music events. Relax to the music and enjoy complimentary samples of local wines. Free. Visit www.fairfaxcounty.gov/parks.

Summer Reading Program. Through Sept. 5 at all regional libraries. Come to the library for books and other fun events. All ages welcome. Free. Visit www.fairfaxcounty.gov/library/ branches/ for locations and information.

Toddlin' Twos. Tuesdays, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Early literacy storytime with songs and activities included. Age 2 with caregiver, free. Call 703-502-3883 to reserve a spot.

Storytime for Three to Fives. Tuesdays, 1:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Stories and activities for children age 3-5 with caregiver. Free. Call 703-502-3883 to

English Conversation Group. Thursdays, 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a

English Conversation Group. Saturdays, 3 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Practice English with a group of students and adults. Free. Call 703-830-2223 for

English Conversation Group. Tuesdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Practice English with a group of students and adults. Free. Call 703-502-3883 to reserve a

Plant Clinic. Saturdays, 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. A neighborhood plant clinic with horticultural tips, information, techniques, and advice. Free. Call 703-502-3883 to reserve a space. **ESL Book Club.** Mondays, 7 p.m. at the

Centreville Regional Library, 14200 St. Germain Drive. Meet and discuss a book chosen by group. Free. Call 703-830-2223 with questions and to reserve a spot.

ESL Book Club. Every other Saturday, 11 a.m. at the Chantilly Library, 4000 Stringfellow Road. Adults learning english are welcome to meet and discuss a book chosen by the group. To find out book title, call 703-502-3883.

Lego Block Party. Every other Tuesday, 3 p.m. at the Chantilly Library, 4000 Stringfellow Road. Legos will be provided for an afternoon of building. Grades 3-6. Free. Call 703-502-3883 to reserve a spot.

Duplo Storytime. Every other Wednesday, 10:30 and 11:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Develop and reinforce early literacy skills for reading success. Ages 1-3 with adult. Free. Call 703-502-3883 to reserve a spot.

Live After Five. Fridays at 5:30 p.m. at The Winery at Bull Run, 15950 Lee Highway. Every Friday night a band plays on the patio of the winery. Free to attend. Visit www.wineryatbullrun.com for a full schedule.

Sully Historic Site. 3650 Historic Sully Way. Enjoy guided tours of the 1794 home of Northern Virginia's first Congressman, Richard Bland Lee. \$7/adult; \$6/student; \$5/senior and child. Hours are 11 a.m.-4 p.m. 703-437-1794.

Singing. 7:30 p.m. at Lord of Life Lutheran Church, 13421 Twin Lakes Drive, Clifton. The Fairfax Jubil-Aires rehearse every Wednesday which includes training by an award-winning director. Visit www.fairfaxjubilaires.org for

Art Exhibit. Through June 30, 10 a.m.-8 p.m. at the Clifton Wine Shop, 7145 Main St., Clifton. Art Guild of Clifton presents Davi D'Agostino Artist of the Month Exhibit, Includes classic fine windows, and flower shops. Free. Call 703-830-8466 for more

"Creating Across the City." Through July at Dulles International Airport. Three organizations; Critical Exposure, The National Building Museum and ARTLAB+ have teamed up for "Creating Across the City: A Teen Art Showcase," which provides an outlet through art and design for creative local teens.

Legos Kids Club. Every other Tuesday, 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Thousands of Legos for children to play with. Ages 6-12. Free. Call 703-830-2223 to reserve a space.

Starlight Storytime. Every other Wednesday, 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories under the stars for ages 4-8. Wear pajamas and bring stuffed friends. Free. Call 703-830-2223 to reserve a

CAMPS, CLASSES & WORKSHOPS

FCPS 2015 Summer Programs. Registration is now open for the following Fairfax County Public Schools summer camps. Students should register for programs based on the grade they are in during the current 2014-15 school year. Visit www.fcps.edu/is/summer/index.shtml for more

* Tech Adventure Camp will be held July 20-31 at Robinson Secondary School from 8:30 a.m.-2 p.m. for students currently in grades 5-7. This camp allows students to explore careers and technology by rotating through eight areas including graphic design, automotive technology, culinary arts, television production, robotics, and computer technology.

SOL Remediation. For FCPS high school students who passed an SOL course but did not pass the SOL test. Held at Fairfax High School.

SOL Test Only. This program is for FCPS seniors who plan to graduate by Aug. 28 and passed an SOL course but failed the SOL test. ***** Extended School Year Learning

Communities. Services for identified students with disabilities in accordance with their individualized education programs.

* Adult and Community Education. Programs include Thomas Jefferson High School for Science and Technology admissions test prep, SAT test prep, study skills, and driver education.

* ACE Driver Education. For students in grades

PET ADOPTIONS

Adopt a Cat or Dog. Fridays, 6:30-8:30 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Visit www.lostdogrescue.org for more.

Adopt a Dog. Saturdays, 12-3 p.m. at Petco, 13053 Lee Jackson Highway. Visit hart90.org for

Adopt a Dog. Sundays, 1-4 p.m. at Petco, 13053 Lee Jackson Memorial Hwy. Adopt a puppy or

dog. Visit aforeverhome.org for more. **Adopt a Dog.** Saturdays, 1-4 p.m. at PetSmart, 12971 Fair Lakes Center, Fairfax. Adopt a puppy or dog. Visit www.lostdogrescue.org for more.

FRIDAY-SUNDAY/JULY 24-25

"Mary Poppins." 7:30 p.m. on July 24-25 and 2 p.m. July 25 at Westfield High School, 4700 Stonecroft Blvd., Chantilly. Students perform the popular musical. \$12 in advance, \$15 at the door. Visit www.westfieldtheatreboosters.com

THURSDAY/JULY 23

Silly Sleuths Day. 10 a.m.-12 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Learn history and make a craft. The topic will be "Weather-Wise." There is a \$10 fee. Visit www.fairfaxcountv.gov.

Around the World Musical Adventure. 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Music and Movement for Ages 3-7. Free. Call 703-502-3883 to reserve a spot.

Ask an Expert Series: Getting the Heroes Home. 12:30-12:45 p.m. at Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. Learn about the landing and recovery of the Apollo astronauts from Air and Space Museum staff member Allan Needell. Free admission. \$15 parking. Visit airandspace.si.edu/events/

FRIDAY/JULY 24

Ice Cream and Butter Making. 1-2 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Churn butter, crank ice cream and play historic games. There is a \$7 fee. Visit www.fairfaxcounty.gov.

Sandal Craft Hour. 4 p.m. at the Chantilly Library, 4000 Stringfellow Road. Make barefoot sandals, complete with decorations. Grades 7-12. Free. Call 703-502-3883 to reserve a spot.

4th Annual FVCbank Wine Tasting Event. SEE ENTERTAINMENT, PAGE 12

Entertainment

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5:30-8:30 p.m. at FVCBank Headquarters, 11325 Random Hills Road, Fairfax. The event will include live music, hors d'oeuvres and wine sampling from as many as 15 varietals from local Virginia winery, Horton Vineyards. Proceeds will support Alzheimer's Association National Capital Area's Walk to End Alzheimer's, which will be held on Sept. 26 in Northern Virginia. Tickets are \$15 in advance and \$20 at the

door. Visit www.fvcbank.com. **Friday Night Flights.** 7-8:30 p.m. at The Winery at Bull Run, 15950 Lee Highway Centreville. Enjoy a night of chocolate and wine pairings. Admission is \$20-30. Visit www.wineryatbullrun.com/events.

SATURDAY/JULY 25

A Blind Wine Tasting — Undercover Vines. 3-5 p.m. at Total Wine, 13055-C Lee Jackson Highway, Greenbriar Town Center, Fairfax. Learn to identify eight unlabeled wines at this blind-tasting class. \$20 per person. Register at www.totalwine.com.

MONDAY/JULY 27

Rocknoceros. 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Coach Cotton, Williebob, and Boogie Woogie Bennie play award winning music. All ages. Free. Call 703-830-2223 with questions and to reserve a spot

Sully Book Club. 1 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Book title is "The Known World" by Edward P. Jones. Adults. Free. Call 703-830-2223 with questions and to reserve a spot.

Under the Sea. 2:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Meet and greet live sea creatures. Ages 6-12. Free. Call 703-502-3883 to reserve a spot.

TUESDAY/JULY 28

The End (Or Is It?) Book Group.

7:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Book discussion group for 5th and 6th grade aged boys and girls. Free. Call 703-502-3883 to reserve a spot.

WEDNESDAY/JULY 29

Clay Cafe. 2 p.m. at the Chantilly Library, 4000 Stringfellow Road. Paint and decorate an ice cream bowl to can take home. Grades 7-12. Free. Call 703-502-3883 to reserve a spot.

Papier-mâché Art Workshop. 2 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Create unique forms from gooey paper, such as boxes, skulls, or clothing forms. Teens. Free. Call 703-830-2223 with

questions and to reserve a spot. **A Novel Society Book Discussion**. 7 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Book title is "David Copperfield." Adults, Free, Call 703-830-2223 with questions and to reserve a spot.

THURSDAY/JULY 30-SUNDAY/AUG. 2

Fairfax County 4-H Fair and

Carnival. 9 a.m.-10 p.m. at Frying Pan Farm Park, 2709 West Ox Rd, Herndon. Carnival rides, fair food, animal shows, stage entertainment, exhibits, competitions, tractor pull and more. Free admission. Visit www.fairfaxcounty.gov.

THURSDAY/JULY 30

Silly Sleuths Day. 10 a.m.-12 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Learn history and make a craft. The topic will be 'Weather-Wise." There is a \$10 fee. Visit www.fairfaxcounty.gov

Around the World Musical

Adventure. 10:30 a.m. Centreville Regional Library, 14200 St. Germain Drive. Music and Movement for Ages 3-7. Free. Call 703-830-2223 with

questions and to reserve a spot

Ask an Expert Series: Pave Knife
Pod. 12:30-12:45 p.m. at Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. Learn about laser-guided bombs in the Vietnam War from Air and Space Museum staff member Roger Connor. Free admission. \$15 parking. Visit airandspace.si.edu/events/

Networking Event. 4-6 p.m. at the Washington Intelligence Bureau, 4128 Pepsi Place, Chantilly. Attend a casual summer event designed to give nonprofit leaders and organizers tools to better their work. Free. Visit www.wibmail.com/event.

Teen Creative Writing Workshop.

7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Mentors from the Writers of Chantilly help take teen's creative writing to the next level. Free. Call 703-502-3883.

FRIDAY/JULY 31

Ready For School Storytime. 2 p.m. at the Chantilly Library, 4000 Stringfellow Road. Get preschoolaged children ready to be on their own with this early literacy storytime program. Call 703-502-3883 to

SATURDAY/AUG. 1

Thriving Three to Fives. 10:30 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Stories and activities for those aged 3-5 with an adult. Free. Call 703-830-2223 with

questions and to reserve a spot.

"With the Help of a Physick." 1-2 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Learn about 18th century diseases and why these illnesses were frightening mysteries for most people. Learn about smallpox inoculation and the 1793 yellow fever epidemic in Philadelphia. There is a \$8 fee. Visit www.fairfaxcounty.gov.

SATURDAY-SUNDAY/AUG. 1-2

BrickFair. 11a.m.-4 p.m. at Dulles Expo Center, 4320 Chantilly Center, Chantilly. Satisfy a love for Legos at this Lego festival and expo that feature displays, vendors and games. \$15-\$20 admission. Visit www.brickfair.com.

MONDAY/AUG. 3

Uno, Dos, Tres Sing and Dance.

10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road, Sing and move with music and dance with Andres Salguero. All ages. Free. Call 703-502-3883 to reserve a space.

Writers Workshop. 6:45 p.m. at the Chantilly Library, 4000 Stringfellow Road. Share writing, as well as give and receive feedback in a supportive setting. Free. Call 703-502-3883 to reserve a space.

TUESDAY/AUG. 4

Thriving Three to Fives. 11 a.m. at the Centreville Regional Library,

14200 St. Germain Drive. Stories and activities for those aged 3-5 with an adult. Free. Call 703-830-2223 with questions and to reserve a spot.

Teen Book Club. 4:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Book discussion group for teens in grades 7-10. Free. Call 703-502-3883 with questions, to find out

book title, and to reserve a space. **Star Wars Celebration.** 7:30 p.m. at the Chantilly Library, 4000 Stringfellow Road. Celebrate Star Wars Universe with John Jackson Miller, author of Star Wars comics. Free. Call 703-502-3883.

WEDNESDAY/AUG. 5

Balloon Sculpting. 2 p.m. at the Centreville Regional Library, 14200 St. Germain Drive. Learn the art of balloon twisting and make cool creations. Ages 12-18. Free. Call 703-830-2223.

Mystery Book Club. 7 p.m. at the Chantilly Library, 4000 Stringfellow Road. Book discussion group focused on a mystery novel. Free. Call 703-502-3883.

THURSDAY/AUG. 6

The Living Rainforest. 10:30 a.m. at the Chantilly Library, 4000 Stringfellow Road. Meet animals from the rainforest. Ages 6-12. Free. Call 703-502-3883 to reserve a space.

Small Wonders. 11 a.m. at the Centreville Regional Library, 14200 St. Germain Drive. Rhymes, songs, stories, and other activities for 2 year olds and caregiver to help build an early literacy foundation. Free. Call 703-830-2223 with questions and to reserve a spot.

Ask an Expert Series: 70 Years

Ago. 12:30-12:45 p.m. at Steven F. Udvar-Hazy Center, 14390 Air and Space Museum Parkway, Chantilly. Learn about the flight of the B-29 Enola Gay from Air and Space Museum staff member Jeremy Kinney. Free admission. \$15 parking. Visit airandspace.si.edu/events/

FRIDAY-SUNDAY/AUG. 7-9

Super Smash Con. Friday, 3-8 p.m., Saturday, 10-8 p.m., and Sunday, 10-6 p.m. at Dulles Expo Center, 4320 Chantilly Shopping Center, Chantilly. All ages are welcome to attend this video-game convention featuring vendors, exhibits, competitions, music and more. Admission is \$25-34. Visit supersmashcon.com

SATURDAY/AUG. 8

Book Swap and Board Games. 3 p.m. at the Chantilly Library, 4000 Stringfellow Road. Swap out

unwanted books and challenge others to a favorite board game. Light snacks provided. Rising grades 7-12. Free, Call 703-502-3883

MONDAY-FRIDAY/AUG. 10-14

All-American Girl Living Dolls Camp. 9 a.m.-12 p.m. at Sully Historic Site, 3650 Historic Sully

Way, Chantilly. Children are invited to bring a doll friend and experience the life of an American girl growing up in the most interesting eras in history. They will practice the life skills girls needed in the past and relate them to the present. Attendees will find activities, costumes, crafts and themed games. The camp will cost \$190. Visit www.fairfaxcounty.gov

MONDAY/AUG. 10

Sheep Dog Detectives Puppet

Show. 2:30 p.m. at the Centreville Regional Library, 14200 St. Germain Drive, All ages, Free, Call 703-830-2223 with questions and to reserve a

www.ConnectionNewspapers.com

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COMMUNITIES OF WORSHIP

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