

Reston
CONNECTION

Commuters wait for the Silver Line train at the Wiehle-Reston stop. The Silver Line celebrated its first birthday Sunday evening, July 26 with an outdoor movie and festivities at the Wiehle-Reston East stop.

Happy Birthday Silver Line, and Many More

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PHOTO BY MADDY WEINGAST/THE CONNECTION

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Summer Swim Season Ends with All-Stars Meet

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JULY 29 - AUGUST 4, 2015

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



WHY IS IT SO HARD TO GET IN SUMMER SHAPE?

Every year it happens...

Spring and summertime roll around, and we panic about putting on our summer clothes. Arms seem too jiggy for short sleeves. Legs feel too lumpy for shorts or a bathing suit. And "abs"? Let's not go there.

It happens every year, and when we don't take action, it just gets worse over time. The fitness options out there can feel daunting. Some are too intimidating or intense. Some seem like they could never get the results you want quickly. Some are too expensive. And so, another year goes by without reaching your summertime fitness goals.

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Yours in good health,
Nick Konarski, General Manager,
Koko FitClub of Northern Virginia



*Some restrictions may apply. See club for details.

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the 30-day [trial] this past summer to try something new. I had no energy, I was overweight, and saw a pretty bleak future physically for the path I was on. After a couple of weeks I was hooked... The whole program is arranged for me, taking into account my strengths/weaknesses and ensuring that I continue to progress. I'm now wearing the same size pants as my college days. It really is true that lean muscle and fitness is the fountain of youth. My girls are appreciating a MUCH more active dad. If every gym in the country had this system, I think we'd have a lot more happy people who have transformed their lives as well."

~ Michael James, Member,
Koko FitClub, Herndon

"I have always been active: skied and golfed for years... As I aged, I noticed that muscle tone and balance



were not what they used to be. Koko meets all my needs: the option to work out on my schedule, the ability to work at my own pace and intensity because of the individualized program, and enough competitive spirit to keep me motivated. If I can do it at my age, then I encourage anyone of any age to do it. My balance, blood pressure and weight have all improved with Koko. I LOVE it!"

~ Karen Spahn, Member,
Koko FitClub, Reston

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Wiehle-Reston East Station surpassed first-year ridership projections with nearly 9,200 boardings, or 18,400 weekday entries and exits last month.



In addition to the 9,197 boardings at Reston's station last month, McLean had 1,842 boardings; Tysons Corner, 3,423; Greensboro, 1,185; and Spring Hill 1,441, totaling 17,088.

Happy Birthday Silver Line, and Many More

Reactions to the \$3 billion project up and down the line.

BY KEN MOORE
THE CONNECTION

“Herndon is ready,” said Mayor Lisa Merkel, regarding Herndon’s future Silver Line stop. Merkel dubbed Herndon, “A Next Generation Small Town.”

“We are so fortunate,” she said. “This is a huge project, one of the biggest infrastructure projects in the country. There aren’t many towns that can get involved in projects like this.”

The Washington Metropolitan Airports Authority recently projected cost of Phase I, the 11.7 mile segment of the Silver Line with five stops, to be \$2.982 billion.

After a recently announced 13-month delay, construction is hoped to begin on Herndon’s future Silver Line Stop in 2016 with its opening by 2019-2020, according to a talk Merkel gave in May.

The entire Silver Line will be a 23-mile extension of the existing Metrorail system from East Falls Church, through Tysons and Reston, and eventually to Washington Dulles International Airport west to Ashburn.

The Herndon Town Council approved 38 acres to be set aside for its future Metro stop in February 2012.

“It’s the right space, we could never consider that in any other part in town,” said Merkel.

THE SILVER LINE CELEBRATED its first birthday Sunday evening, July 26 with an outdoor movie and festivities at the Wiehle-Reston East stop.

“Wiehle-Reston East continues to be the Silver Line’s commuting powerhouse, surpassing first-year ridership projections with nearly 9,200 boardings, or 18,400 weekday



PHOTOS BY CAROLINE WATKINS/THE CONNECTION

Walking to Tysons Corner Metro via Skybridge.

entries and exits last month,” said Mike Tolbert, public information officer with the Washington Metropolitan Area Transit Authority.

Silver Line has been a positive and exciting addition to Reston and the area, in general,” said Sridhar Ganesan, president of the Reston Citizens Association.

“Even though Silver Line currently ends at Wiehle, which is at one end of Reston, we are still seeing a lot of people arriving to Reston during peak times,” he said. “Clearly, a positive impact is that this many people are off the roads and making it an easier commute.”

In addition to the 9,197 boardings at Reston’s station last month, McLean had 1,842 boardings; Tysons Corner, 3,423; Greensboro, 1,185; and Spring Hill 1,441, totaling 17,088, according to Tolbert.

“The other important note is that ridership patterns at the Tysons-area stations are more distributive than other Fairfax County stations, with afternoon peak ridership higher than other time periods, including the morning peak,” according to Tolbert.

Nearly 220,000 trips were taken to and from the five new Silver Line stations during the first week of service one year ago in 2014.

“It’s going to get a lot of people out of their cars,” said Dranesville Supervisor John Foust.

“I’ve heard from a lot of people that are using it,” he said. “It’s been a big success.”

GREAT FALLS resident Sherry Stanley Whitworth uses the Spring Hill station, the second stop on the Silver Line.

“It’s good for me, it’s good for my car, it’s good for the environment,” she said. “And it’s good for my stress level.”

“It’s kind of a new thing for me. It’s convenient,” she said. “It will be great when it goes all the way out to the airport.”

Silver Line is being constructed by the Metropolitan Washington Airports Authority, and will be operated by Metro once construction is completed.

“I have, in fact, used the Silver Line and find it an easy way to get downtown. Visitors have found it easy to use,” said Sally Horn, of McLean Citizens Association.

Tom Brock, of McLean and also on the citizens association, started using Metro 15 years ago, resolving to drive every weekday morning to East Falls Church or West Falls Church stations. Now he commutes to the McLean Station.

“It’s definitely improved the service of

“This helps us to become a major league city.”

— Jerry Gordon,
President and CEO, Fairfax County
Economic Development Authority

Metro to residents of McLean, even those with easier access to East and West Falls Church stations than I did,” said Brock.

Bill Canis, Great Falls Citizens Association vice president, commutes downtown with a carpool early weekday mornings, but his son Patrick Canis, 22, takes advantage of his own starting time.

Patrick Canis commutes to the Wiehle-Reston Station every morning on his way to Cogent in Foggy Bottom. He believes he saves up to 25 minutes of commuting by car each way to Falls Church like he had before.

“I like how easy it is, you get a smart card and it’s in and out,” said Canis, a 2014 graduate from the University of Mary Washington who majored in international affairs and studied geographic mapping systems.

“THIS HELPS us to become a major league city,” said Jerry Gordon, president and CEO of the Fairfax County Economic Development Authority.

Two large international corporations have made Tysons their home. Cvent, Inc., a cloud-based enterprise event management platform, and Intelsat, a multi-billion industry that is a provider of fixed satellite services.

“Had it not been for the Silver Line, they would not be in Tysons Corner,” said Gordon.

The Silver Line stops in Fairfax County’s largest business district (Tysons Corner) and in the county’s second-largest commercial center (Reston). The Silver Line has already had a big effect on business and workforce development and “changes are just beginning,” according to Alan Fogg of the Economic Development Authority.

“What’s already been realized is our abil

SEE SILVER LINE. PAGE 6

OPINION

Wind Energy

Wind energy needs to be a part of the renewable mix of energy sources in Virginia and the nation.

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

With the federal Clean Air Act requiring higher air quality standards, many fossil-fuel power plants will be closing or converting to other fuel sources. On trips to the western part of our country and abroad, especially to Germany, I am reminded of the significant role that wind plays in being used to generate clean and sustainable electricity. In 2014 wind power added significantly more new electricity for consumers than any other source in the United States, according to the U.S. Department of Energy.

According to an American Wind Energy Association announcement last year the United States has more wind energy supplying its grid than any other country, enough to power 15.5 million American homes. Wind is the fifth largest electricity source in the U.S., generating 4.4 percent of all the electricity in this country. In Denmark, wind-produced electricity provides just under 40 percent of the nation's power. Scotland has enough wind-



produced electricity to supply all its homes. Wind power is the leading source of Spain's electricity and is the largest component of Germany's renewable sources that now constitute a quarter of its power. China leads the world in investments in wind power.

Among the states Texas, Iowa, California, and Oklahoma, each generated enough electricity from wind to power more than a million homes. Other states

with significant wind capacity include Kansas, Illinois, Minnesota, Oregon, Colorado and Washington. Virginia and other eastern states do not make the list because they do not have as significant a wind resource. For Virginia, only off-shore and in the mountains mostly in the southwest is there wind sufficient to site a wind turbine farm. Dominion, the largest power provider in the Commonwealth, has invested in wind-powered electricity generation in West Virginia, Indiana, Illinois, and in Virginia where it holds a lease from the federal government for off-shore wind development.

The success of wind-produced electricity in

Europe has been realized from a feed-in tariff system that has effectively subsidized investments. In the United States, the Production Tax Credit has been the primary federal tax incentive for wind energy. As all countries look for ways to save money these incentives are in danger at a time when wind energy is beginning to demonstrate its value.

Virginia is the first state to secure a wind energy research lease to build and operate turbines in federal waters. Dominion's plan to build a pair of six-megawatt test turbines about 24 nautical miles off-shore from Virginia Beach seems to be in trouble as bids to build the turbines are about twice that projected. The expectation has been that eventually there would be 300 turbines in the off-shore area. Stakeholders are currently at work to identify options to salvage the project.

Wind energy needs to be a part of the renewable mix of energy sources in Virginia and the nation. Congress needs to extend the federal tax credit that keeps our development of wind energy competitive with the rest of the world. Consumers need to be open to buying wind and other renewable energies even if there is a cost premium. Our air quality depends on it.

COMMENTARY

Keeping the Lid on in Fairfax County

BY JOHN LOVAAS
RESTON IMPACT PRODUCER/HOST

We continue to experience cruelty and violence in this country in ways tragically unique in modern, industrialized societies. Mass shootings are weekly, if not daily events in America where all are encouraged by arms manufacturers, their NRA propagandists, and cowardly elected officials (senator, congressmen, etc. in Virginia) to own handguns and assault weapons, guns designed only to kill people. Law enforcement is out of control in too many places, shooting unarmed civilians on our streets and using lethal-lite tasers and fists to beat and sometimes kill them in jails. Persons of color and those with mental illness are too often the victims.

What does it take for the United States to get a grip and halt the senseless killing? It brings shame on us worldwide. It has become a major preoccupation and fear among our people. Yet, our public officials refuse to take action.

In our region, we have been fortunate. We've had no mass murders, apart from the two-man sniper team killings a few years ago. However, suspicious killings of civilians on our streets and in the jails continue with impunity. In 75 years, no Fairfax County Police officer has been charged for a shooting death in the line of duty. Some small portion of this amazing record is likely attributable to investigations being carried out exclusively by fellow officers. Unlike



nearly all U.S. jurisdictions with comparably sized police forces, there is neither independent investigation nor civilian oversight of police in Fairfax County. For a police department that aspires to be the best, FCPD, with its lack of transparency and accountability, has a long way to go.

Take the case of John Geer, shot to death as he stood unarmed in his doorway in August 2013. Unlike many police killings, this one had several eye-witnesses — including the victim's family. Yet police officer's name and other information were stonewalled by FCPD and Fairfax County for eighteen months. It took a court order to turn on the light. The police officer's supervisors remained silent the entire time, as always. The shooter remains at his desk drawing full salary.

We can compare the recent cases of two young black women who died in law enforcement custody, one in Fairfax County, one in Texas — Natasha McKenna, age 37, and Sandra Bland, 28, respectively. The 130-lb. McKenna was tasered (four times) to death last February by six Fairfax Sheriff's deputies while strapped to a restraint chair, manacled and hooded. Ms. Bland is said to have hanged herself two weeks ago in a Texas jail three days after her arrest by an out-of-control traffic officer for an illegal lane change. Circumstances in the jail where Ms. Bland died are being investigated, but it is clear from video taken by the officer's dashboard camera that the arrest

was unjustified. There was no legitimate reason for her to be in the cell where she died.

Here is the difference between Texas (yes, Texas) law enforcement and that of Fairfax County. In Texas, the video of the arrest leading to Ms. Bland's death was made public and on TV within days. The officer was likewise identified. Videos inside the jail were also released, although there are none from the cell.

In the case of Ms. McKenna, there are videos of her "extraction" from her cell which resulted in her death, but the FCPD still refuses to release any of the video and refuses to name the six deputies from last February. FCPD says this is because the tapes are evidence — just as the Texas videos are.

There is transparency in Texas, but none in Fairfax. The Fairfax County supervisors remain silent.

Write

The Connection welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

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From left - Reston Association Secretary Eve Thompson, Reston Association Board President Ellen Graves, Rosemary Tran Lauer representing Lake Newport, LLC and Reston Association CEO Cate Fulkerson.

Reston Association Completes Purchase of Tetra Property

Reston Association (RA) completed its \$2.65 million purchase of the Tetra Property July 23, 2015, just two months after RA members approved a referendum acquiring the property for community and recreation use. Reston Association Board President Ellen Graves said, "The Tetra Property purchase represents a historic moment for our association. It is the first time in RA's history that property has been acquired to protect against over development, to enhance greenspace and to increase community and recreational use opportunities for members."

According to CEO Cate Fulkerson, "the board of directors and RA staff are eager to begin site and building improvements and renovations so that the community can take advantage of this wonderful venue for meetings, recreational programs and corporate/event rentals by spring 2016." Fulkerson added, "Members will not see an impact to their assessment fee from this purchase until 2018 at the earliest."

Under the terms of the transaction:

♦Reston Association ("Buyer") assumed a \$2,650,000 term loan issued by Access National Bank secured by the assessment revenues collected by RA, with proceeds of the loan to be used to purchase and acquire certain real property containing approximately 3.476 acres and having an address 11450 Baron Cameron

Avenue, Reston.

♦Lake Newport, LLC ("Seller") placed \$275,000 of the Purchase Price in escrow to be used by RA for improvements, renovations and repairs to the Property.

♦Lake Newport, LLC ("Seller") will lease back the Tetra building and 20 reserved parking spaces from RA ("Buyer") from the July 23 settlement date through Dec. 31, 2015. The lease rate is \$32 per sq. ft. net of utilities and cleaning.

With the purchase transaction closed, work now begins on a concept plan for the new site. The RA board of directors is seeking volunteers to serve on a working group to develop an initial the plan by December 2015 for the use of the new site and identify facility rental and programming opportunities that will best suit the needs of the Reston community. Members interested in joining the working group can download the application form at www.reston.org click on Tetra Property Purchase under Development & Future of Reston located on the top navigation bar and then click on the "Working Group Application" link on the right column of this page under Important Documents.

If you are interested in being considered for appointment, contact RA's Board/Committee Liaison Sabrina Tadele at stadele@reston.org or call 703-435-6570 for more information. The board will make appointments to the working group in September 2015.

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The Silver Line celebrated its first birthday Sunday evening, July 26 with an outdoor movie and festivities at the Wiehle-Reston East stop.



Metro leaving Tysons Corner stop.

PHOTOS BY CAROLINE WATKINS/THE CONNECTION

Silver Line Birthday Celebrated

“We want to be ready on day one.”

— Lisa Merkel, Herndon Mayor

FROM PAGE 3

ity to retain and attract businesses,” said Gordon. “These are the corporations that every community wants ... technology driven, long term industries that are growing and high paying.”

Plans for the extension of the Silver Line to the airport will only enable the county to continue to attract more businesses, he said.

Without access to the airports on metro lines before, “They would say, ‘What kind of city is this?’” said Gordon.

Merkel called the Silver Line the “economic engine for the next 50 to 100 years.”

Herndon has more than 1,100 businesses and four corporate businesses with headquarters in town. Herndon anticipates attracting additional businesses and perhaps a campus or satellite campus in the future.

“We want to make sure we capitalize on this opportunity,” she said.

ANXIETIES, OF COURSE, are always produced by such a big project in the area.

“While the Silver Line has quickly ramped up to the averages of many of the stations within the metro area, the proposed funding formula creates anxieties for those that are forced to use the toll roads,” said Ganesan, of the Reston Citizens Association, “as the tolls are supposed to make up for revenue shortfalls to service the financing of Silver Line.”

Great Falls Citizens Association researched the importance of Metro to its members.

“Only 10 percent of Great Falls residents responded that they intend to use Metro regularly while another 56 percent plan to use Metro occasionally,” according to its 2014 survey that 592 residents completed.

According to the GFCFA transportation committee, “Unlike commercial areas (such as Tysons) that have immediate access to Metro, Great Falls will likely not benefit measurably from the Silver Line. Similarly, Great Falls will not benefit at all compared to communities such as Reston that have bus access from local neighborhoods to Metro.”

“While some Great Falls residents may benefit from the commuter parking lot(s) at the Wiehle-Reston East and McLean



Passengers departing Tysons Corner stop.

Metro stations, survey data suggest that commuter parking lots should not be built in Great Falls as relatively few residents of Great Falls would use them on a daily basis,” according to the committee.

“I have mixed feelings about Metro coming to this area because the cost of Metro is causing the tolls on the Dulles Toll Road to increase and when you raise the tolls it causes more cut through traffic to go through Great Falls,” said Scott Knight, co-chair of the GFCFA Transportation Committee.

“That’s a legitimate concern as toll rates go up to pay for Metro,” said Foust. “You have to expect that there will be less usage as people will be looking for alternatives.”

But Foust noted that he doesn’t think motorists will use Georgetown Pike for alternative purposes if the county keeps addressing Route 7 and keeps it flowing properly such as a widening project that has public information meetings scheduled for this fall.

According to the Airports Authority, toll rates will remain at current levels through 2018, and the previously published toll rate schedule will remain unchanged.

Revenue from tolls is one of several sources of funding for the Silver Line project.

McLean Citizens Association has been studying the impact of the Silver Line on McLean and on Tysons Corner, in terms of parking, traffic flow, and impact on house

values. The citizens association is even trying to determine if the Metro has had impact on crime at Tysons, McLean and in and around Silver Line stops.

The MCA Transportation Committee is staying aware of Metro’s plans and possible proposals to service changes on its crowded Blue Line that might impact commuters on the Silver Line used by McLean residents.

NINE OUT OF TEN times, Tom Brock of McLean, gets a seat. He liked to people watch when the Silver Line first opened, and he always carries a hardcover book on the Metro.

“I’ve gotten better at using my time on Metro better,” he said.

He has tried the downtown carpool, but “it was unpredictable because of a little thing called the Potomac River,” he said. “On good days it could take 25 minutes, but on really bad days it could take two and a half hours.”

Reliability is critical said Brock, former president of MCA and a member of the MCA Transportation Committee. “Delays people face on the Metro system isn’t good for Metro business,” he said.

Patrick Canis finds himself wanting better explanations than Metro gives when there are delays.

The Metro itself is expensive, noted Connie Hartke, of the Reston Citizens Association, who rides the line for fun, such as to soccer games in D.C. or Maryland plus

the opening ceremonies of the recent World Police and Fire Games.

“It is expensive, but probably no more so than driving and parking and it is so nice to relax on the way home rather than worry with getting safely out of a sports event parking lot and dealing with the beltway,” she said.

Whitworth notices that the drop off space at Spring Hill isn’t sufficient for eastbound traffic.

And Darlene Murphy found that a private parking lot is adjacent to the Metro lot that offers free Sunday parking.

“They trick you. It cost me \$10 to get out,” she said. Murphy was reimbursed by “a nice manager,” but she wants to alert others to the signs that she didn’t see.

“I bet this has happened to other people,” she said.

Back in McLean, Foust said he and his colleagues ensured that there would be sufficient parking when the Silver Line opened. The 711-space lot in McLean has plenty of space for those ready to try the Silver Line, he said.

HERNDON WANTS all details perfected by day one.

Herndon plans for 2,400 residential units and 3.1 million square feet of additional commercial space for business and retail use as well as a revitalized downtown.

And Herndon has planned vehicular traffic to stay on the south side of town by the Silver Line stop.

A year-long task force made recommendations to ensure residents to get to Metro easily. Approximately \$21 million is dedicated to projects resulting from the task force.

“We passed a resolution in February advocating for the county to put a Circulator Bus route for Phase II because we want our residents to get to the Metro without having to get in the car,” Merkel said. “If we have reliable, frequent transit options, people will use it.”

Merkel wants everything in place by the time the Silver Line’s doors open to Herndon in four or so years.

“People are going to establish their commuting patterns on that first day,” Merkel said. “We are working with Fairfax County because we do want to be ready on day one.”

A View from Wiehle: D.C. Gets Closer

Taking a train from Reston: Commuters express satisfaction and some criticism.

BY MADDY WEINGAST
THE CONNECTION

Clean, safe, on time ... Also: crowded, long wait time ... These are some of the mixed emotions coming to light in conversations with commuters reflecting on the one-year anniversary of the new Silver Line Metro operation. The line includes the following new stations: Wiehle-Reston East, Spring Hill, Greensboro, Tysons Corner and McLean, leading into the District and ending at Largo Town Center. Many locals use the new line to commute to work in Washington D.C.

"It's good to have a connecting station so close but it's always full. The commute to work in D.C. and Tysons is better than driving—to get to D.C. this is the option," said Metro commuter Swetha.

Commuters also credited the line with providing an atmosphere of safety.

"It's always on time and I'm able to get to work easily. Rarely are the trains delayed, and they are always clean. I've



Passengers prepare to board the Silver Line train toward Largo Town Center, which runs through downtown D.C.

never felt unsafe on the Silver Line, even late at night," said Adele Gibson from Great Falls.

Some suggestions for improvement in-



In town for the week, visitor Annie Condoluci boards the metro to go visit museums on the National Mall.

cluded increased signage and maps at the station and on the train especially for visitors so they are aware of upcoming stops.

In its one year of operation it appears the line is an efficient way for many visitors that

are unfamiliar to the area to travel into Washington, D.C.

"The metro was really fun and a lot cleaner than I thought it would be, but very crowded. It was really convenient to get to the museums in the District because there was no traffic and I would definitely ride it again when I come visit," said visitor Annie Condoluci from Brielle, N. J.

Despite an overall favorable impression some passengers expressed frustration with crowding, and a lack of knowledge regarding train wait times.

"Around 5 o'clock the trains are pretty crowded and I normally have to stand for around 30 minutes for a seat, so more trains running on the line would be nice," said Gibson.

One commuter said many of her friends turned to ordering cars from the Uber app when faced with exorbitantly long wait times for a train.

"Lately I feel like the Metro has been worse. There's lots of track work, delays, it's crowded and less reliable. It seems like a systematic and political problem of not enough funding. The tri-state area of D.C., Virginia and Maryland need to collaborate and see it as a shared resource," said Metro Commuter Joy.

'Impressive' Change

Commuters discuss conveniences of Silver Line.

BY ALICJA JOHNSON
THE CONNECTION

July 26 marked the first anniversary of the Metro's Silver Line opening. In the year since, the new rail has changed commuting for Fairfax County and the area. The Silver Line begins at the newly constructed Wiehle-Reston East Station and travels four stations including Tysons Corner and McLean before lining up with the Orange Line at East Falls Church and then continuing to Largo Town Center.

As Chris, a salesman in D.C. puts it, the new route is "more expensive, but consistent." Before the silver line was opened last year, Chris had to take a bus out to Falls Church every day. "Now, my commute to work is more consistent and streamlined," said Chris.

For commuters like Steven Shearer, the silver line provides less of a hassle than driving. "It's much easier for me," said Shearer, "the toll and parking in D.C. is more expensive [than the Silver Line.]" Having been commuting from Northern Virginia to D.C. for 17 years, Shearer has found the Silver Line to be a great convenience this past year.

Loudoun County is also now connected to the D.C. metro more conveniently, via the Loudoun County Transit. Commuters can catch a bus and run to one of the Silver Line stations, including Wiehle-Reston and Spring Hill. This has been revolutionary for Loudoun commuters like Sara Johnson. "I never thought 15 years ago, from Loudoun, you'd be able to commute [to D.C.]," said Johnson. Johnson has been commuting to D.C. twice a week for the past three years, and she has been very impressed with the Silver Line. "The fares seem reasonably priced given the expanse of the distance," said Johnson, "and the cleanliness is outstanding."

The Silver Line also offers connections to other bus systems. The Fairfax Connector serves the four stations in Tysons, as well as Wiehle-Reston. The Potomac and Rappahannock Transportation Commission provides a connection from Tysons Corner to Prince William County. In addition, Washington Flyer will provide a Silver Line Express service between Dulles Airport and Wiehle-Reston East.

The Silver Line has been attracting more than commuters. Nineteen-year-old Molly McKnight and her brother, residents of the Herndon/Reston area, use the silver line to see museums and monuments in D.C.

Whether they be commuters or sightseers, the Silver Line travelers seem to be enjoying the new conveniences.



PHOTO BY CAROLINE WATKINS/THE CONNECTION

The Silver Line stops in Fairfax County's largest business district (Tysons Corner) and in the county's second-largest commercial center (Reston).



PHOTO BY ALICJA JOHNSON/THE CONNECTION

Riders prepare to board a train to go sightseeing in D.C.

SPORTS

RSTA Rounds Off Summer Swim Season with All-Stars Meet

The best of the best in the Reston Swim Team Association came together last Saturday for the annual All-Stars Meet in which the top 12 fastest swimmers in each age group for each stroke compete against each other. As expected, the elite competition brought out the best in many swimmers and several new league and team records were set.

Lake Anne swimmers set three league records. Joanne Fu beat the 15-18 women's 50-meter fly record previously held by Isabella Gati with a time of 29.68. Darius Truong came in at 27.63 in 11-12 men's 50-meter freestyle to beat the previous league record of 28.36. For 11-12 men's 50-meter breaststroke, Truong also clocked a blistering 35.06 to beat the previous record set in 1990 of 35.69.

Several other teams had records set.

For Lake Anne, Emily Meilus set a record of 27.83 for 15-18 women's 50-meter freestyle while the 8&Under girls' 100-meter free relay team of Amber Lu, Jacqui Go, Claire Munro, Katie Semanchik set a new record of 1:22.43.

For Glade, Sophia Landeryou set two team records: in the 11-12 women's 50-meter freestyle, she clocked a time of 28.79, and for 11-12 women's 50-meter backstroke, she set a record of 32.53.

Natalie Bardach set a team record in 13-14 women's 50-meter freestyle with a time of 29.10.

The 6-18 women's 200-meter freestyle relay team of Kelsey Birkland, Clara Landeryou, Sophia Landeryou, and Natalie Bardach set a record of 2:05.74.

For Lake Newport, Anna Redican set a record time of 32.04 for 13-14 women's 50-meter backstroke and beat a 1994 record for 13-14 women's 50-meter butter-



Aidan Scanlan (Lake Audubon) with Ryan Giebel (Lake Newport) and Andrew Cramer (Lake Anne) compete in the Boys 11-12 50-meter butterfly at the RSTA All-Stars Meet.



Sydney Cook (Lake Audubon) and Diya Murthy (Autumnwood) compete in the girls' 13-14 50-meter butterfly.

fly with a time of 31.07.

The 8&Under boys' 100-meter medley relay team of Cameron Romero, David Egge, Tyler Richards, and Michael Zhou set a record of 1:18.33.

For Newbridge, Ryan Ha set a team record for 15-18 men's 50-meter backstroke with a time of 28.69.

The 15-18 men's 200-meter medley relay team of Ryan Ha, Eric Compton, Andy Carro, and Greg Mayo set a record with a time of 1:56.40.

For North Hills, Joseph Sciortino set a team record of 32.38 for 11-12 men's 50-meter fly and a record

of 35.32 for 11-12 men's 50-meter backstroke.

The 6-18 women's 200-meter free relay team of Sarah Sciortino, Katie Cazenias, Samantha Sciortino, and Marlee Czarny set a team record of 2:05.40.

The 9-10 women's 100-meter medley relay team of Caroline XU, Zoe Burke, Betty Jakobson, and Katie Cazenias set a new team record of 1:17.17.

The 11-12 men's 100-meter medley relay team of Miles Yang, Evan Zhang, Joseph Sciortino, and William Xu set a new team record of 1:08.58.

For Hunters Woods, the men's 6-

PHOTOS CONTRIBUTED



Judy Minogue (left) accepts the 2015 Kim Klarman award from the 2012 recipient and former RSTA President Gail Romansky.

PHOTO CONTRIBUTED

RSTA Honors Judy Minogue with Klarman Award

The Reston Swim Team Association honored long-time volunteer Judy Minogue with the Kim Klarman award at Saturday's All-Star Meet.

Awarded to a volunteer each year who has made a difference to RSTA and to the community at large with a commitment to long-term league and community service, the award honors Kim Klarman, who held many positions during her 15 years of service to RSTA. A donation of \$250 will be made by RSTA to the charity of Minogue's choice.

Minogue has held many volunteer positions in the league including serving as a team manager for six years and as an

RSTA Board member for four years.

"Judy Minogue embodies the characteristics of the Kim Klarman award," said Patricia George, who nominated her for the award. "Judy's mantra is 'I am honored to help.' She is an avid volunteer and an active participant in RSTA for 22 years, since 1993. She still supports the league as an official every year even though her children have long since stopped swimming in 1999. She has continually worked and contributed long hours to RSTA, and her love for the program and its families crosses team lines."

18 200-meter free relay team of Brian Zhou, Nolan Dunkel, Roger Zeng, Philip Pan and Jack Henry Ham set a record of 2:02.68.

The Men's 13-14 200-meter medley relay team of Chris Yang, Daniel Li, Philip Pan, Albert Xu set a new record of 2:11.92.

For Lake Audubon, Matthew

Fritz set a record of 34.59 for 11-12 men's 50-meter backstroke.

For Ridge Heights, Dylan Hawley set a record of 24.59 for 15-18 men's 50-meter freestyle.

Results of all the events can be viewed on the RSTA website at www.rsta.org under "Summer Swim."

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CALENDAR

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

ONGOING

Take a Break Concert Series.

Thursdays, through Sept. 3. 7-9 p.m. at Reston Community Center, 2310 Colts Neck Road, Reston. Listen to some great music live.

Reston Concerts on the Town.

Saturdays, through Sept. 5. 7:30-10 p.m. at Reston Town Center. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion Saturday nights. Free. Rain or shine. 703-912-4062.

www.restontowncenter.com/concerts

Summer Reading Program.

Saturdays, through Sept. 5. 10 a.m.-5 p.m. Reston Library, 11925 Bowman Towne Drive, Reston. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/tr/>.

WEDNESDAY/JULY 29

Around the World Musical

Adventure. 10:30 a.m. Herndon Fortnightly Library, 768 Center Street, Herndon. Enjoy music and movement with Miss Susan. Ages 3-7 with adult. <http://www.fairfaxcounty.gov/library/branches/he/>

Let's Go On Safari. 7 p.m. Herndon Fortnightly Library, 768 Center Street, Herndon. Stop by for summer family jungle stories. All ages. <http://www.fairfaxcounty.gov/library/branches/he/>

THURSDAY/JULY 30

17th Annual Summer Golf

Tournament. 9 a.m. Herndon Centennial Golf Course, 909 Ferndale Avenue, Herndon. The tournament benefits the Council for the Arts in Herndon.

Wine Dinner at Il Formao. 6 p.m. Reston Town Center, 11990 Market St., Reston. Five courses paired with various wines. Reservations at banquetsRES@ilfo.com.

All-Corners' Group Fun Run at Potomac River Running. 6:30 p.m. Reston Town Center, 11900 Market St., Reston. For beginners or competitive runners, come out for a fun, low-key run that's safe and social. www.potomacriverrunning.com.

FRIDAY/JULY 31

Noisy Nature Campfire. 7 - 8:30 p.m. WNC Campfire Ring - On Soapstone Drive, between Glade Drive and Lawyers Road. All ages. What do crickets, katydids, treefrogs,



Come meet artists David Skibiak and Keith Naquin at their opening reception on Aug. 1, 7-9 p.m. at ArtSpace Herndon. The range of work in The Road Less Traveled is expansive: paintings in oils, watercolors and acrylics, pen and ink drawings, etchings, lithographs, monoprints, computer graphics and photography as well.

and owls have in common? They make a lot of noise at night! Discover how they make their sounds, and what all that noise is really for. Enjoy songs, stories and a snack by firelight while we listen for these nocturnal noise-makers. Reservations required by July 28. Fee: \$7-\$9/person. naturecenter@reston.org.

11900 Market St., Reston. This interactive performance includes a sound effects version of a space fantasy, Beethoven's Fifth Symphony on the Kettle Drums and much more.

Reston Concerts on the Town.

7:30-10 p.m. Bring your lawn chairs or picnic blankets to the pavilion for Spanish/flamenco guitar and Latin fusion with Incendio.

The Road Less Traveled Exhibit

Reception. 7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Come meet the artists David Skibiak and Keith Naquin at this opening reception. The range of work in The Road Less Traveled is expansive: paintings in oils, watercolors and acrylics, pen and ink drawings, etchings, lithographs, monoprints, computer graphics, and photography as well. David and Keith revisit traditional landscape art with two different looks, demonstrating the well-honed skills of experienced artists with similar backgrounds.

MONDAY/AUG. 3

Terrific Twos. 11 a.m. Herndon Library, 768 Center Street, Herndon. Share stories and songs about the creepy and crawly, the slimy and shiny, and the bright and beautiful bugs we find in our backyard. Age 2 with an adult.

Mixed Media Workshop. 5:30-8:30 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Explore drawing and painting with mixed media. \$40.

Festa Regionale at Il Fornaio. 11900 Market St., Reston. Three-course menu featuring the food and wine of Sicilia. Reservations at banquetsRES@ilfo.com. **Mr. Knick Knack! Children's Performance.** 10:30-11:15 a.m.

SATURDAY/AUG. 1

The Closet's 4th Annual Huge Toy Sale. 9 a.m.-12:30 p.m. First Baptist Church of Herndon, 681 Elden St., Herndon. Dolls, toy trucks, games, action figures, infant toys, puzzles and much for ages 1-99 will be on sale at bargain prices. Net proceeds benefit The Closet of the Greater Herndon Area, which supports the Herndon-Reston community. The Closet is a nonprofit thrift shop, founded by a handful of churches to assist low-income families by selling gently used items at nominal prices. www.theclosetofgreaterherndon.org.

Hound Dog Day. 1:30-5:30 p.m. Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. Come have a ball outdoors. Bring family, friends, leashed dog(s). Live music, exhibitors, food trucks, dog-friendly boat rides and walks.

Patrick Dougherty Public Art Installation. 11900 Market St., Reston. See and explore a monumental public art sculpture made from tree saplings at Reston Town Square Park. **Art Educator's Exhibition: "In Practice" at GRACE.** 11900 Market St., Reston. An exhibition of the accomplishments of metro area art educators.

Family Fun Entertainment Series: Percussion Discussion. 10-10:45 a.m. Reston Town Square Park,

PEOPLE AND PETS



Meet Thoreau, a Goldfish

Lisa Groves of Reston submitted this photo of Thoreau, "a spectacular fantail goldfish from the 2006 FISH Fling." Swimming in a large round fish-bowl, he was the centerpiece for community building and fundraising for Herndon-Reston FISH, Inc. This gala supports assistance to local families in short crises. "Thoreau now lives in a 25 gallon tank in our kitchen. He is active, attentive and gorgeous to watch. He is about five inches long and swims gracefully waving his lovely tail. Appreciative of family activity, he is most alert in the evenings during meal times. He loves to eat chopped peas, and doesn't like strawberries."

11900 Market St., Reston. Unique, heart-centered music for kids and their grown-ups.

The One Man Band. 10:30 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Sing, dance and read to the rhythm with Peter McCory. All ages. Each child and adult must be registered separately.

TUESDAY/AUG. 4

Evolution Beer Dinner at Big Bowl. 6:30 p.m. 11900 Market St., Reston. Join us for our Evolution Beer Dinner. Reception 6:30 p.m., dinner begins at 7 p.m. \$50 per person plus tax and gratuity. www.bigbowl.com.

WEDNESDAY/AUG. 5

Wonderful Ones. 11 a.m. Herndon Library, 768 Center Street, Herndon. Come spend time with your child while enjoying rhymes, songs, stories and music. Age 12-23 months with adult.

THURSDAY/AUG. 6

Food Truck Thursdays. 11 a.m.- 2 p.m. 11900 Market St., Reston. On the first Thursday of each month, through October, a variety of food

truck vendors will provide lunch and dessert options. Cash and credit cards accepted.

Rock On, Reston! in Reston Town Center Pavilion. 5:30-8:30 p.m. Bring a lawn chair or blanket and enjoy live music for the decades and drinks in the Pavilion. www.restontowncenter.com.

All Join In. 10:30 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Fun stories and songs for you and your child. Age 2-5 with adult.

FRIDAY/AUG. 7

Sheep Dog Detectives. 2:30 p.m. Reston Library, 11925 Bowman Towne Drive, Reston. Kaydee presents Dudley Dog and Friends, who solve crimes in a fun and fast-paced show. All ages.

SATURDAY/AUG. 8

Family Fun Entertainment Series: Magic By Geo. 10-10:45 a.m. Reston Town Square Park, 11900 Market St., Reston. Magician Geoffrey "Geo" Weber offers an unparalleled magic act featuring original and innovative magic tricks. www.restoncommunitycenter.com.

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On A Tangent

By KENNETH B. LOURIE



Not that I live day-to-day or even month-to-month, but I do live – in my head anyway – quarter-to-quarter; that interval representing the usual and customary time between my recurring diagnostic scans. The time when the rubber hits my road. The time when push comes to shove. The time when my oncologist tells me whether my warranty has been extended for the next three months or not. Not that I anticipate that my time will run out that quickly after a disappointing scan result; still, bad news seems to travel faster and cause adverse consequences quicker than good news causes relief, a sort of “disharmony,” to quote James Cagney from the movie, “Mister Roberts.”

But what else is new? Nothing, really. Because to live the life of a cancer survivor is way better than not living, or casting yourself as a victim, which, for those who know me, know I never do. Where's the future in that? Blaming, “woeing-is-meing,” “self-dissatisfying?” To what end? Misery might like company but it's boring to be around miserable people. And to survive a potentially devastating and depressing set of circumstances – expected or not – associating and/or being exposed to/subjected to people who look at life through black-rose-colored glasses provides no help whatsoever.

I don't want to feel better about myself by being around people who feel worse about themselves. I want to feel better by being around people who feel good and act/behave positively. Strength may indeed come from numbers, as they say; but when you're a cancer patient/survivor, strength comes from attitude: yours, your fellow cancer survivors and the people with whom you surround yourself. I don't want to have overcome someone else's negativity. I want to be overcome by their positivity. I want/need to feel good about everything I do/attempt to do. I don't want/definitely don't need to feel/be made to feel bad about anything. Granted, it's a subtle line between encouragement and disappointment where you might be suggesting one thing and minimizing another. Yet, finding a middle ground becomes imperative. Not that cancer patients' psyches are fragile and easily affected by the words and deeds of others; however, cancer does exert some subconscious and even unconscious control and consequently, you might end up feeling/emoting/reacting differently than you ever have or ever anticipated. As an example: I tear up regularly while watching television, and not just at “tear-jerkers,” either: news, weather, sports, comedies, dramas, fiction, non-fiction; anything, everything.

Mastering one's domain, in a non-Seinfeld-type context is crucial to surviving a cancer ordeal. Taking the ups and downs and all-arounds in some sort of stride, even two steps forward and one step backward isn't so bad. At least your net movement is forward. And forward is the goal. Certainly I'm not looking forward to my next scan in October but it is something to look forward to; it's progress, sort of; it means that life is still being lived. It's not ideal, but ideal left the building on February 27, 2009 when I received my initial face-to-face diagnosis/prognosis. Nevertheless, I remain positive about my negative. In my opinion, the alternative serves no purpose.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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SATURDAY/AUG. 1

One-To-One Technology Help. 11 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Gather up your devices and log in info and come to a Saturday session with a technology volunteer to help with eBooks, smartphones or tablets. Adults.

MONDAY/AUG. 3

ESL For Intermediate Students. 11 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Richard's Monday conversational group. Adults.

TUESDAY/AUG. 4

ESL for Advanced Students. 10:30 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Bob's Tuesday Conversational Group. Adults.

WEDNESDAY/AUG. 5

ESL for Intermediate Students. 11 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Richard's Wednesday conversational group. Adults.

THURSDAY/AUG. 6

Dialog & Grammar: ESL For Advanced Beginners and Intermediate Students. 11:45 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Judy's Thursdays weekly class.

FRIDAY/AUG. 7

Let's Talk- ESL For Intermediate Students. 11 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Richard's Friday conversational group.

MONDAY/AUG. 10

ESL for Intermediate Students. 4:30 p.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Juanita's Monday conversational group. Adults.

WEDNESDAY/AUG. 12

ESL For Intermediate Students. 11 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Richard's Wednesday conversational group. Adults.

FRIDAY/AUG. 14

ESL For Beginners. 10 a.m. Reston Library, 11925 Bowman Towne Drive, Reston. Join Sandra's Friday conversational group. Adults.

ONGOING

Free Support Group for Parents with Children with Autism. Saturdays at 10-11 a.m. 462 Herndon Parkway, Suite 202, Herndon.

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free 12 step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

Fairfax County's Meals on Wheels urgently needs drivers in the Annandale, Franconia/Kingstowne, Reston, Mount Vernon and McLean areas. 703-324-5406, TTY 711 or www.fairfaxcounty.gov/olderadults.

Knitting Enthusiasts, Musicians Needed. 10:30 a.m.-noon, at Herndon Senior Center. Herndon Senior Center seeks a knitting enthusiast to teach basic procedures. Musicians to play soothing music on weekend mornings also needed. 703-324-5406, TTY 711, www.fairfaxcounty.gov/olderadult or VolunteerSolutions@fairfaxcounty.gov.

Habitat Heroes Project. The fourth Saturday of each month. Join the Habitat Heroes in protecting Reston's forests from aggressive plants and restoring them to their natural state.

LONG & FOSTER

Reston North Hills/Herndon/Lake Anne Plaza

1700 Bracknell Drive • Reston, VA 20194

703-435-4900



Ashburn \$875,000

Stunning!

5BR, 4.5BA, gourmet kit, sunken 2 story FR w/floor to ceiling stacked stone FP. New hwdws on main, huge master suite w/2 walk-in custom closets. Fin basement w/home theater, rec rm w/FP, wet bar, BR, full bath, unfinished storage! 3 car garage, fenced deck, patio, on a cul-de-sac. Desired schools!



Leesburg \$520,000

Over Half an Acre!

3BR, 2BA on cul-de-sac, near downtown Leesburg, partially finished walkout basement, NEW deck, hardiplank & stone exterior, hardwoods, gourmet kitchen!



Purcellville \$709,000

3 Acres!

4BR, 3.5BA, stunning gourmet kitchen w/morning rm, 2 story FR, main level office, bumpouts, deck, fence, slate patio, walk-out basement.



Reston \$356,000 Just Reduced!

Great 2 level TH style condo w/attached garage. Granite, gorgeous hardwoods, upgraded carpet, 2-sided FP, huge LR/DR combo. High ceilings on both levels. Huge MBR with W/I closet. Close to Reston Town Center, new METRO, shops & restaurants!



Call the Thurman team. Leslie Thurman 703-895-6000 or Lydia Clark 732 309-2298



Reston \$699,000 Desirable Fox Mill Woods

No homeowners Association but a Reston address! Recent updates & renovations & outstanding features galore in this stunning 3561 sq ft home on a third acre private wooded lot. Gorgeous gourmet kitchen w/exquisite granite, sun room addition w/skylights, beautifully remodeled his and hers master baths. Large bedrooms, 2FP. Finished basement has rec rm & private office.

Call Karen Swanson 703-795-9970 or e-mail karen.swanson@longandfoster.com



Reston \$899,000 Perfect for Relaxing & Entertaining
Beautiful North Reston home with warm & inviting interior spaces and a backyard oasis! Elegant interior finishes with a lower level and outdoor entertaining space that you won't want to leave! Projection TV, bar, game room, outdoor grill, fountain, hot tub & fire pit!

Pat Coit 703-585-2522 or e-mail Pat.coit@longandfoster.com



Herndon \$889,900 Horse & Garden Lovers Dream

Welcome to Firefly Farm, a "one of a kind" 5-acre horse property surrounded by blooming gardens in Langley pyramid. There is a 3 stall barn, riding ring & paddocks, a brook running thru for thirsty horses! 5BR, 3.5BA, renovated gour kit w/SS, granite & 42" cherry cabinets, den/6th BR, library, sunroom & great rm. Deck with spectacular view. Hwdws, 3 wood burning FP, fin W/O lwr lvl w/FP insert, wet bar & full bath.

Marcy Thomas 703-927-2190 mathomas8@aol.com Thomas & Associates



Reston \$724,900 Beautiful Cottage-Like Home in the Woods

Stone front home backing to trees. Tiled floor foyer, hall & kitchen. Updated kit w/SS, granite & recessed lighting. Breakfast area w/bay windows opens to FR w/FP brick wall & French drs to multi-lvl deck entire rear of home. 3BR on upper lvl & 4th BR/loft w/built-ins. MBR w/cathedral ceiling. Unfinished walk-out lwr lvl. Close to all transportation inc METRO & Reston Town Center, North Point & lakes. Sought-after schools.



Reston \$435,000 Charming

Georgetown-style townhome offers 3 finished levels with 2 master suite design. Front kitchen & nook, gas FP in LR, sliding glass door to fence enclosed backyard paver patio. Terrific North Reston location convenient to all needs.

Debbie Gill 703-346-1373 or e-mail Debbie.gill@longandfoster.com



Great Falls \$749,500 Terrific Spaces

Throughout this traditional 3-finished level home that enjoys park-like setting with fenced backyard and swimming pool. Addition extends main & lower levels, walk-out basement & recent improvements create a move-in ready home for you!

Terry Atherton 703-861-0538 or e-mail Terry.atherton@longandfoster.com



Oak Hill \$1,215,000 Elegant, Light-Filled Brick Colonial

Mint condition-6,000 finished sq ft on one stunning acre. Dramatic 2-story foyer/entry & FR, light filled gourmet kitchen, sun room, & library. Grand MBR suite & large BR's. Lower level w/BR, recreation, 2nd FR, & exercise rooms, plus ample storage. Move-in ready.

Virgil Frizzell 703-585-1821 or e-mail Virgil.frizzell@Longandfoster.com



Vienna \$1,199,999 Country Setting Close In!

Lovely brick home features 4BR, 4.5BA, cheerful light-filled living space, 2 zone HVAC, hwdws, Italian tile, custom cherry library/den, gourmet kit, spacious & luxurious master suite, gorgeous pool w/extensive stonework, multi-tiered trex deck, breathtaking, professional landscaping, awesome basement. Close to METRO!

Call Dale 703-408-2626 Dale.Repsas@Longandfoster.com



Herndon \$519,000 Spectacular Master Bedroom Addition

Great opportunity! Spacious & updated, .25 ac lot, fenced yd & patio. 4BR, 3.5BA, new mstr BR ste w/luxury BA, large W/I, sitting rm/office, access to priv deck. Second MBR w/full bath is great for guests/in-laws. Hwdws, new roof, dual zone heating, newer appliances, granite, tiled backsplash in renovated kitchen. Close to future METRO, shops & Herndon Community Ctr.

Call Jason Thomas 703-973-9570 or e-mail Jason.Thomas@longandfoster.com Thomas & Associates



Reston \$399,940 Move-in Ready Townhome

Fresh paint and newly installed carpet throughout, updated kitchen, bathroom & more! Relax on the large deck overlooking treed common area. Walk to pool, tennis & elem school. Less than 2 miles to METRO station.



Sterling \$734,900 Lowes Island

When Donald doesn't make Pennsylvania Avenue his home he could move here! Lowes Island dramatic, expansive home, 2 master suites inc one on the first floor, enormous walk-out man cave basement, fabulous architectural features, 5BR, 4.5BA.

Please call Deb Pestronk 703-624-2132 or e-mail Deb.pestronk@longandfoster.com



Herndon \$649,900 Franklin Farm

4BR, 3.5BA Windows, roof, siding & HVAC have all been replaced in past 5 years. Brand new hickory scraped wood floors on main level, flat lot.



"I work hard for my agents so they can work hard for you!"

— Anita Lasansky, Managing Broker

www.Reston-Herndon-Homes.com

1-800-296-2593

