# Mount Pernon Gazette

# WELLBEING

Page 10

Mount Vernon's Hometown Newspaper • A Connection Newspaper

August 6, 2015

Bottom row, from left: David Zaldana, 13, Chantilly, Franklin Middle School; Matthew Zoaquria, 12, Alexandria, Holmes Middle School; Jagath Mukkamal, 13, **Chantilly, Mercer Middle** School: Ethan Tran. 13. Reston, Herndon Middle School; David Ariunna, 13, Centreville, Liberty Middle School. Top row, from left: Bryce Kaplan, 14, Fairfax, **Robert Frost Middle School;** Kevin Zeng, 13, Ashburn, Trailside Middle School; and Camila Orr, 12, Great Falls, Cooper Middle School. Students prepare to launch rockets they created during **Middle School Tech Institute** by TJHSST.



PHOTO BY ABIGAIL CONSTANTINO/THE GAZETTE

# Building Rockets, Apps and More

## TJHSST offers STEM courses to middle schoolers.

By Abigail Constantino The Gazette

nside W.T. Woodson High School in Fairfax, Jacob Parker is watching a cartoon on the computer, while his teacher Dan Trau walks around the room, answering questions from students. But the rising Lake Braddock Middle School eighth-grader is actually watching his own creation in action.

Got an App for That? is one of the most popular classes being taught at the Middle School Tech Institute, a program of the Thomas Jefferson High School for Science and Technology. MSTI enables rising eighth and ninth grade students to explore numerous topics in STEM (science, technology, engineering and math) fields during one-week sessions. The program started on July 13 and ends Aug. 7.



Photo by Abigail Constantino/The Gazette

From left, eighth-graders Nathan Ma, 12, of Great Falls, and Anthony Cruz, 12, of Kingstowne, wait at the 3D printers for their designs to finish.

Parker's app is a cat-and-mouse game, inspired by Tom and Jerry cartoons he used to watch. Rising ninth-grader at Chantilly High School Arjun Nachiappan's app is also game. It is not something he would play but he's learned a lot so far. "If I didn't come to this class, I wouldn't know how to do it," he said. Luther Jackson Middle School eighth-grader Fernanda Molina, of Fairfax, designed an app that was inspired by seeing her parents being stressed out

One app that Trau said shows a lot of potential is a baseball app idea from one of the students. The premise of the app is to predict if the baseball is going to be a strike once it is over home plate. "It's in the beginning phases but that could be really interesting ... It's simple but it's challenging at the same time," he said.

**BUT NOT EVERYONE** is going to come up with a home-run winning product, especially in the span of one week. Trau said that the focus should not be on whether the product failed or succeeded.

"They may struggle but if they struggle and seek growth, then now they learn how to grow and that's infinitely more valuable than a particular discipline." Trau said that students do better in all their classes when they shift from a "failure mindset."

"It's a 'I can't do it right now but I will be able to do it if I do this, if I keep working at it, if I talk to people, if I look at it from different points of view," he said.

Some 600 students from Fairfax, Prince William and Arlington counties and Washington, D.C. have participated in the institute. Two hundred students from underrepresented and economically disadvantaged groups won scholarships from Northrup Grumman and the Jack Kent Cooke Foundation.

TJHSST principal Evan Glazer said that it is "extremely important" to do everything to attract students from a broader pool to STEM fields.

STEM professions will only improve from having a variety of perspectives, he said. He added that di

See What I Did, Page 3

# Training Center Property for Sale

## Deadline for offers on the surplus land is Sept. 1.

By Tim Peterson The Gazette

otential buyers have until September to make their offers to purchase the roughly 80 acres of property along Braddock Road where the Northern Virginia Training Center currently sits.

The Commonwealth of Virginia owns the property; the training center has been a state-operated facility for people with mental or physical disabilities since opening in 1973.

Fairfax County, which has expressed interest in obtaining the

property, isn't planning to meet that deadline, according to Supervisor John Cook (R-Braddock).

"Our thoughts all along had been the county, working with some partners to do some interesting thing at the site that would both be for public benefit and raise some revenue through private development," Cook said. "We just can't move that fast."

However, in July, the county still put out its own "request for expressions of interest," for potential development partners, according to Board of Supervisors chair

SEE COUNTY, PAGE 3

# Homicide Investigation In Huntington Park

Police are investigating an apparent homicide involving a middle-aged man whose body was found in Huntington Park on Wednesday, Aug. 5. Residents walking in the area saw a body lying on the grass and called 911 around 7:12 a.m. The victim has not been identified. He suffered apparent wounds and significant trauma to the upper body.

Detectives responded to the scene, near Liberty Drive and Arlington Terrace, along with additional police resources, including bloodhound and helicopter

Huntington Park is closed due the ongoing investigation.

The Office of the State Medical Examiner will determine cause and manner of death and the investigation is ongoing. Anyone with information is asked to contact Crime Solvers electronically by visiting www.fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus a message to CRIMES(274637) or by calling 1-866-411-TIPS(8477), or call the Fairfax County Police at 703-691-2131.



A body was found in Huntington Park on Wednesday, Aug. 5.

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Glorious 5-bedroom, 3.5-bath colonial with monument views! Features include hardwoods, formal dining room, sunny living room, library, deck, updated baths/kitchen, 2-car garage. Au pair suite with separate entry. Mature gardens with pond. Walk to Metro.

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SusanLeavitt.com



Old Town

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Exciting condo in the heart of Old Town with 11-foot high ceilings, tall windows, a wood-burning fireplace, and a large eat-in kitchen. Spacious rooms with hardwood floors and custom closets. One off-street parking space conveys.

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Del Ray

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Completely renovated Del Ray farmhouse with addition. 6 bedrooms, 4 full baths. Welcoming front porch, open floor plan, gourmet kitchen, luxurious master suite. Lower level rec room with soaring ceilings. Steps to "The Avenue" & walkable to Metro.

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703.675.1566 JenWalker.com



Del Ray

\$849,000

Just steps from Mt Vernon Ave, this lovely 4-bedroom, 2-bath home is updated & has great outdoor entertaining space. Fresh paint, new landscaping & refinished hardwood floors await new homeowners. Easy walk to the Braddock Metro, 410 E Nelson St.

#### Elizabeth Lucchesi

703.868.5676 LizLuke.com



Alexandria

\$549,900

Braddock Heights detached home with 2 bedrooms & 2 baths. Complete main level living offers convenience. Updated eat-in kitchen, landscaped, off street parking, fenced backyard, great location to Shirlington, Old Town & interstate. 1303hillside.mcenearney.com

#### Sue Goodhart

703.362.3221 TheGoodhartGroup.com



Old Town

\$949,000

Totally renovated townhouse featuring a sparkling new chef's kitchen with island opening to family room. Hardwood floors, 2 fireplaces, new windows, and private patio. 3 spacious bedrooms with new bathrooms. Offstreet parking, 537 S Saint Asaph St.

#### **Babs Beckwith**

703.627.5421 BabsBeckwith.com



Hollin Glen

\$725,000

Gracious, brick-front, center-hall Colonial on sunny corner lot in Hollin Glen. Spectacular landscaping. Bright sunroom with French doors overlooks in-ground pool. Hardwood floors, 4 bedrooms, 3 bathrooms, attached garage. 7115 Colgate Drive

#### Trebor Lefébvre Whearty

703.627.5239 7115colgate.mcenearney.com



Rosemont

\$1,349,000

Experience the changing seasons from this 5-bedroom, 4-bath gracious colonial on quiet street boasting generously proportioned rooms, awesome natural light, and open floor plan! Pleasant stroll to the Metro and Old Town! This is living!

Sally Z. Harper 703.517.2849 SallyZHarper.com



Rosemont

Spacious Victorian, circa 1918, with wrap-around porch, overlooking the park, in the heart of Rosemont. High ceilings, large rooms, light filled and welcoming. Walk to 2 Metros! 4 bedrooms 3.5 baths. 4 finished levels, one car garage, 611 North View Terrace

#### **Ginger Quinn**

703.731.4139 611northview.McEnearney.com



Accokeek, MD

\$779,000

Charming, historic 10+ acre estate! The main house, built in 1800, has 4 bedrooms, 3 baths, 5 fireplaces, and an all-weather sunroom, 1-bedroom/1bath guest house, gorgeous outdoor patios! Minutes to DC, and Old Town! This is Bellevue!

#### Michael Makris

703.402.0629 MikeMakris.com



Alexandria

\$429,900

1-bedroom + DEN, 1-bath, top-floor, 2-year-old, LEED certified energyefficient condo. Open living space with hardwood floors. Sleek kitchen with granite & stainless & eat-in island. 1 garage space & storage unit. Just 4 blocks to Metro! 815 N Patrick St #406.

#### Wendy Santantonio

703.625.8802 WendySantantonio.com

109 S. Pitt St. | Alexandria, VA 22314 | 703.549.9292 www.McEnearney.com







# News

# County Seeks Partner to Develop Training Center Property

From Page 1

man Sharon Bulova. That request is also linked to the main advertisement for the training center property.

"We get to find out who might be out there who's interested in partnering with Fairfax County," Bulova said, "to build something or to establish something at the training center property. What is most attractive and beneficial to the county is what we're looking for."

A 2012 SETTLEMENT between Virginia and the Department of Justice resulted in the State deciding to close the majority of its five original training centers offering that same type of service.

At the time, the Northern Virginia center had 152 residents, who then began a process of being discharged to a combination of group homes, personal homes, the remaining training centers or other care-providing alternatives. The Braddock Road facility is scheduled to be closed by March of

As of print time, the total number of remaining residents is 55, according to Virginia Department of Behavioral Health and Developmental Services communications director Maria Reppas.

"There are 35 families who have confirmed their choice of a community home," Reppas said in an email. "The remaining



Courtesy of the Virginia Department of Behavioral Health and Developmental Services

The Northern Virginia Training Center spreads over 80 acres along Braddock Road, including facilities for administration, food service, programs, residences, a warehouse, transportation and

families are in process of exploring options and making final decisions. There are three families who have opted to stay in a training center."

Once the residents have all left the training center, the property is considered "surplus" by the state and available for sale. It went on the market May 22, 2015, via the contracted broker Divaris Real Estate, Inc.

Dena Potter with the Virginia Department of General Services, the group overseeing the sale, said in an email the next step after the Sept. 1 deadline is to "review the offers received and enter into negotiations with the prospective buyer whose proposal represents the best value for the Commonwealth."

**POTTERS SAID** the property has been appraised, but would not release the value during marketing and negotiations. "There is no stated asking price," she said. "Statute requires that the Commonwealth receive at a minimum the fair market value for the property but we will strive for the most competitive value the market will bear."

Cook said the value of the property to potential buyers weighs heavily on its zoning status. The land is zoned R1 for light residen-

tial and designated in the county's comprehensive plan as a government facility, so any substantial redevelopment effort would require rezoning and an amendment to the comprehensive plan.

And he figures most potential buyers would only sign on with assurance they have those changes worked out.

"Any entity that would buy it outright without conditions — good luck," Cook said. "If it doesn't pan out, they're the proud owner of institutionally planned land."

Which is why the county hasn't pulled its call for a developer partner, despite not intending to make the state's deadline.

If the county were to somehow acquire the land with a partner or partners, Cook and Bulova both see the potential for a variety of uses, including residential develop-

"I would like to see some benefit for the population that has been living at the training center," Bulova said, "so it would be a shame to lose some of the amenities that they've been able to receive, for instance, some medical care and therapeutic care."

Cook also envisions a workforce education center for high school students, a public park, retail development like a micro town center, an assisted living facility and group homes for people with disabilities the kind some current residents of the training center are considering for their next

"It's a large site," Cook said. "I would hate to see the site just become a bunch of houses and nothing else, to lose the opportunity to have some other things that would benefit the greater community there."

Regardless, any change to the zoning or comprehensive plan would require "extensive community involvement," according to Cook. The process could take the better part of a year, if not 18 months.

# What I Did on My Summer Vacation — Built Rockets, Apps

From Page 1

versity is needed in all fields, as it creates a richer perspective.

Trau makes an active effort to engage girls

in computer science classes. At Falls Church High School, his class had over 40 percent

"In computer science it's about 10 to 12 percent girls taking computer science courses and a lot of that has to do with perceptions of society and their intimidation,"

Creating an environment where girls feel that they fit in and they belong is a way to encourage them to computer science, said

OUTSIDE THE CLASSROOM, Camila Orr, 12, of Great Falls, the only girl in the It IS Rocket Science class, is about to test the rocket she built. It broke during the transport but she feels confident that it will launch successfully once she reattaches the broken piece.

"I thought that maybe the only girl that was there might have been late at first and that maybe she was coming the next day. But no one else came," she said. The Cooper Middle School student signed up for the class because she thought it was interest-

MSTI program manager Craig Lewis said that 85 to 90 percent of students taking the

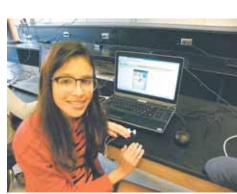


PHOTO BY ABIGAIL CONSTANTINO/THE GAZETTE

Fernanda Molina, 12, of Fairfax and an eighth-grader at Luther Jackson Middle School, creates an app that helps reduce stress for the summer Middle School Tech **Institute by Thomas Jefferson High** School for Science and Technology.

classes have no prior knowledge of the course they are going into. "They may have an interest but they may not know exactly what they're doing."

He said that teachers are able to teach students at any level and be able to get them the knowledge to be proficient. "It can get as intricate as you want ... You get out of it what you put into it.'

Classes offered at the institute include: Design for Disaster, Exploring the Night Sky, 3D Printing and Animation, Infectious Biological Outbreak, Fun with Electronics, a myth busters class, web page design and science writing.



National Night Out

Courtesy of the Fairfax County Sheriff's Office

From left, a Police Explorer, Sheriff's Office Recruit Kimberly Coleman, Sheriff Stacey Kincaid, Reserve Deputy Bettina Lawton and McGruff the Crime Dog attend a National Night Out event at the Gum Springs Community Center on Aug. 4. The Sheriff attended events in both Mount Vernon and Springfield over the course of the night.

## **More Information**

**STEAM -** http://www.fcps.edu/is/steam/ Governor's STEM Academy at Chantilly **High School -** http://www.doe.virginia.gov/ instruction/career\_technical/gov\_academies/ academies/fairfax.shtml

**Jack Kent Cooke Foundation Young** Scholars Program - http://www.jkcf.org/ scholarship-programs/young-scholars/ TJHSST Partnership Fund - http:// tjpartnershipfund.org/tjpartnershipfund/

# Weichert

Visit us at Weichert.com for a full Listing of Properties

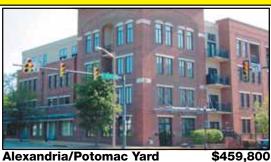
# PRICE REDUCED

130 Prince St. Historic 4 BR, 3.5 BA home on "Captain's Row" 1 block off King St. and 2 blocks from the river. Extensive restoration with nearly 3,000 sq. ft. of living space featuring spacious light-filled rooms with 10' ceilings, beautiful moldings, random width wood floors and 2 fireplaces. Eat-in kitchen with exposed beams and rear stairs to upper level. Main level bedroom with full bath plus half bath for guests. Upper level with 3 BR and 2 BA including the Master suite. Unfinished lower level with high ceilings and heat, back porch, rooftop deck and fenced yard with pergola and Koi pond. Christine Garner 703-587-4855



#### **Old Town** \$799,000

400 Madison St. #2003. 2 bedroom, 2 bathroom with South/West views. Views of the Potomac and Old Town sunrise/sunset. Garage parking and storage. 24 hour concierge and security, roof pool so many amenities! Lib Willey 703-362-7206



Alexandria/Potomac Yard

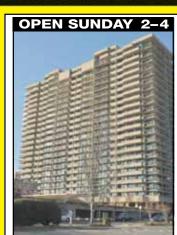
181 East Reed Ave. #309. METRO COMING! Instant equity – Metro in Potomac Yard – soon! Meanwhile, enjoy sleek, urban living in the Preston. Your home has 2 BR/2BA, with spacious en suite master. Open floor plan, 11' ceilings, huge windows – contemporary. Gournet kitchen wfgranite counters, island. Catch views & fireworks from rooftop deck. Two GARAGE SPACES + visitor parking! Laundry, soaking tub, recessed lighting. Close to D.C., Old Town. Come see of call me at 703-407-6481. Barbara Rosen 703-407-6481



#### Alexandria/ Village at **Gum Springs** \$365,900

3015 Colonial Springs Ct. 4 level Town House in sought-after Alexandria Area! Great neighborhood, walk to shopping, restaurants and much more. Steps to the Metro Bus. Gorgeous updated Master Bathroom. Eat-in Kitchen, 3 bedrooms, 2 1/2 bathrooms, Hardwood floors and ceramic tiles. Deck off the kitchen. Seller is Motivated!





#### **Old Town** \$1,175,000 400 Madison St.

#1909. S.E. corner. Meticulously renovated, 2 bedroom, 2 bathroom, 2 garage spaces. All rooms are sundrenched with floorto-ceiling windows/ doors to the 81-ft. balcony. 24 hour concierge, roof pool so many amenities. Lib Willey 703-362-7206



#### Alexandria/South

4600 Ferry Landing Rd. A move-in ready home of 1,995 sq ft, complete with 2 master suites. Updated & remodeled with fresh paint, shiny hardwoods & granite counters. Plenty of space with a dining room and a kitchen bump-out, both with deck & patio access. Family room with wall of built-ins. An oversized 2-car garage with HVAC, built-ins plus work room addition. New driveway to accommodate several cars, a 42' boat or even your RV. All on a manicured half acre lot. Newe roof, vinyl siding & windows. Enjoy plenty of free time with a well-maintained hom Greg Koons 703-209-7678 & Joni Koons 703-209-7277



#### Alexandria/ Runnymeade \$439,900

\$625,000

6067 Knights Ridge Way. Beautiful remodeled home on quiet cul-de-sac in Runnymeade neighborhood Remodeled kitchen with granite counters, large pantry & desk area. Hardwood floors on main level: composite deck off main level. Two master suites up each with remodeled full baths & granite counters.

Master bath with whirlpool tub & walk-in closet Basement with family room, third bedroom and emodeled full bath. Julie Hall 703-786-3634



#### Alexandria/ **Parkfairfax** \$342,900

3243 Valley Drive. BEAUTIFULLY RENOVATED! New SS appliances. New kitchen cabinets, counters, appliances. Full-size washer/dryer in unit. New beautiful bathroom. Gleaming hardwood floors. PRIVATE patio with lush plantings. NEW windows. WALK to pool, shops, Shirlington, parks.

Julie Hall 703-786-3634



Alexandria/College Park

1107 Dartmouth Road. Gorgeous 5 bedroom, 4 bath Craftsman home with 3 finished levels and off-street parking. Wonderful for entertaining or casual living with plenty of space for all! 4 upper level bedrooms including a spacious Owner's suite with spa bath and convenient main level bedroom with full bath. Beautifully landscaped yard with manicured lawn and large stone patio.

Christine Garner 703-587-4855



#### Old Town/ Watergate \$599,000

404 Second Street. Enjoy Old Town living in this lovely 3 bedroom, 2.5 bath end town house with garage parking! Great location just a few blocks from the river.

parks, shopping and restaurants. Updated kitchen with SS appliances and new granite counters. Living room with fireplace and dining room with access to a charming brick patio. Ample closet space and extra storage in the attic with PDS.

Christine Garner 703-587-4855



#### Alexandria/ **Fairlington Towne** \$385,000

2216 N. Dearing St. Beautiful 2 level home with new patio. Hardwoods. New HVAC, New windows, New bathroom, New washer/dryer. Kitchen with Silestone. Decorator colors. GREAT location near shopping, grocery, and quick bus to the Pentagon, Mark

> Julie Hall 703-786-3634



Alexandria/Stratford on the Potomac \$3,595/month 1904 Leo Lane. Stunning 4/5 bedroom home available for rent September 1st. Beautiful open kitchen/living/dining area. Made for entertaining, with huge center island bar that opens into the living and dining. Walk-in closet entire room. Storage rooms in lower level, large play room, laundry/mud room w/washer dryer! Exterior is fully fenced w/gated drive, gazebo, shed. Maren Seubert 703-835-2580

t 703-851-8100 for further info





Alexandria/Old Town Office

703-549-8700 • 121 N. Pitt Street



# News

# Park Award Honors Ann Smith

# Her donation was given in memory of her late husband, Lt. Colonel Gary F. Smith.

By Gerald A. Fill
The Gazette

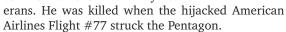
he Fairfax County Park Foundation, a charitable organization which supports the Fairfax County Park Authority, is honoring Ann Smith with a 2015 Eakin Philanthropy Award.

In memory of her late husband, Lt. Colonel Gary F. Smith, Ann Smith worked with the Park Authority and Mount Vernon District Supervisor Gerald Hyland to identify Grist Mill Soccer Field #5 for renovation into a state-of-the-art synthetic turf soccer field and renamed the field as the Lt. Colonel Gary F. Smith Memorial Field.

As part of the renovation, park planners widened it and will install six permanent goals enabling it to serve two youth league games simultaneously and convert quickly to one adult field. The \$200,000 donation by Ann Smithin addition to other fundraising she assisted, allowed the field to be scheduled for early renovation along with two other fields. The field was dedicated and renamed at a ceremony attended by family, friends, and Ccounty staff on April 28, 2012. The late Lt. Colonel Gary F. Smith served as a Lee-Mt Vernon Soccer coach for 12 years and enjoyed coaching his daughters and others during that period of time. A ribbon-cutting ceremony for the renovated field is scheduled this November at the Lt. Colonel Gary F. Smith Memorial Field at Grist Mill Park.

Lt. Colonel Gary Smith, a retired U.S. Army officer, served as a communications liaison employee whose job was to help explain veterans benefits and pen-

sion programs to U.S. Army veterans nationally. On 9/11 he was at a Pentagon meeting to discuss ways to expand computer use as a means to improve and expand communications with Army vet-



**Gary Smith** 

He had a B.A. degree in political science, Creighton University and a M.S. degree in systems management, University of Southern California. His overseas and U.S. assignments included: Communications Officer, 546<sup>th</sup> Infantry Division, and as an S-3 and S-4 of the 523<sup>rd</sup> Signal Battalion, 23d Infantry Division deployed at Chu-Lai in the Republic of Vietnam. Later, he served as director, Army Family Support Directorate of the Army Community and Family Support Center, Alexandria. His decorations include the Soldiers Medal, Bronze Star with Oak Leaf Cluster, Legion of Merit, Meritorious Service Medal with three Oak Leaf Clusters, Army Commendation Medal with Oak Leaf Cluster, the Army General Staff Identification Badge, and the Parachute Badge.

The Eakin Philanthropy Award, established in 2009, is named in honor of the Eakin family, donors of the first parcels of parkland to the Park Authority over 50 years ago. The award was selected by unanimous vote of the Fairfax Park Foundation Board of Directors.

Note: The Mount Vernon Gazette published two earlier stories about Lt. Colonel Gary Smith's 9/11 death, interviews about him and his family, and the memorial field dedication ceremony in Sept. 7, 2006, and May 3, 2012. They are available in the www.connectionnewspapers.com archives.



# **Betty Wick**

Betty Wick, 81, of Alexandria, died on Sunday, Aug. 2, 2015. Beloved mother of Lynn Wick and Scott Wick, of Alexandria, loving grandmother of Jennifer Wick of Alexandria; sister of Allan Butler and Charlotte Fowler. Predeceased in death by one son, Dale Wick.

The family will receive friends from 10 a.m. to 11 a.m. at, Ply-

mouth Haven Baptist Church, 8600 Plymouth Road, Alexandria where funeral service will be held at 11 a.m. with a reception to follow at the church hall. Interment will be private at Mount Comfort Cemetery, Alexandria

Demaine Funeral Home, 520 S. Washington St., Alexandria, is handling the arrangement. In lieu of flowers, contributions may be made to the American Cancer Society.

#### BULLETIN BOARD

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### THURSDAY/AUG. 6

Business Roundtable Speaker Series. 8:30 a.m. at the SpringHill Suites, 6065 Richmond Highway. Continuing with the series "Veteran,

SEE BULLETIN, PAGE G

# SHOP LOCAL FIRST



Connecting Business and Community

#### Find local businesses at www.MtVernon-LeeChamber.org 703-360-6925

#### Monthly Networking

Second Thursday Business Breakfast 2nd Thursday of each month 8:00 am to 9:30 am Belle Haven Country Club

MOUNT VERNON-LEE CHAMBER OF COMMERCE 6821 Richmond Highway / Alexandria, VA 22306



# Rex Reiley RE/MAX Allegiance 703-768-7730 rex.reiley@rmxtalk.com



Alex./Windsor Estates • \$459,900 6500 Windham Avenue

Beautifully renovated, 2-level Rambler w/2,200 sq ft, 4 BRs, 2 BAs & finished lower level with walkout, on a huge .61 acre lot. Freshly painted, refinished hdwd floors on main level, new carpet on lower level, renovated kitchen & baths & new interior doors. Solid home w/tons of storage, 2 work-

shops & great community! Great location – Close to Kingstowne Center, Springfield Mall & Fort Belvoir. Walk to Springfield Metro.



#### Alex./Riverside Estates • \$529,900 8602 Cherry Valley Lane

Stunning 4 BR, 2.5 BA Colonial w/2-car garage and sunroom on a beautiful lot. Meticulously maintained. Many updates: newer kitchen and baths, refinished hardwood floors, freshly painted interior, Family Room w/fireplace off the kitchen. Lower level has new

carpet and fresh paint. Can be used as rec room or office. 10 mins to Ft. Belvoir, 15 mins to Old Town, Alex, 25 mins to National Airport.



#### Alex./Woodlawn Estates • \$769,900 8896 McNair Drive

Spectacular Colonial w/3 finished levels, large 2-car garage on a quiet cul-de-sac looking across to the 9th fairway of Mount Vernon Country Club. 3,800 sq. ft. of living space w/beautiful hardwood floors, huge bedrms, master bedrm w/sitting room, 3.5 updated baths including MBA suite. Totally remodeled kitchen w/SS, granite, ceramic tile flr. Huge walk-up lower level w/recreation

rm, game rm, full bath & 500 sq.ft. of storage (can use RR as 5th bedrm). Spectacular landscaped lot w/beautiful stone patio & private hot tub. 5 minutes to Ft. Belvoir – A 10!!!



#### Alex./Wessynton • \$725,000 3411 Wessynton Way

Meticulously & totally upgraded 4 finished level Contemporary on a magnificent, landscaped and private .46 acre lot backing to beautiful woods. It doesn't get any better! \$150,000 in upgrades include: kitchen, skylights, 3 baths, roof, HVAC, windows, fencing, stone front porch, landscaping, soundproofed music room, etc. etc. Stunning views through-

room, etc. etc. Stunning views throughout the yard & woods. Community pool w/boat launch. 5 mins to Ft. Belvoir, 15 to Old Town, 25 to NTL Airport. Luxurious living on hallowed Mount Vernon grounds!



#### Alex./River Towers • \$227,500 6621 Wakefield Dr. #209

This lovely unit has 2 BRs, 2 BAs, & a sought-after Balcony! The bathrms have been updated, the unit freshly painted & new carpeting. Utilities are included in condo fees. River Towers' amenities include a swimming pool, tennis courts, garden plots, picnic grove with grills, beautifully landscaped grounds, & so much more. River Towers has a Metro connector bus out front that goes to the Huntington Metro Yellow Line. Great

goes to the Huntington Metro Yellow Line. Grea community & location. Close to G.W. Pkwy, Mount Vernon Bike Trail, Potomac River, & Belle Haven Marina. Less than 5 minutes to Old Town, Alexandria along G.W. Parkway, 15 minues to Fort Belvoir.



#### Alex./Olive Park • \$494,900 8732 Lea Lane

Lovely 3,000+ sq ft Colonial with 5 BRs/4 BAs on a beautiful .5 acre lot. A 2005 upper level addition offers a true master bedroom/master bath suite, both w/vaulted ceilings along w/2 other bedrooms & a bath. The main level has 2 BRs, 2 BAs plus a large kitchen which opens to a great room, both w/vaulted ceilings. A

wood-burning FPL in the living room & wood stove in the great room add to the charm. 5 mins to Fort Belvoir, 25 mins to National Airport.



#### Alex./Mt. Vernon Woods \$499,900 4006 Buckman Road

Builders – Beautiful .73 acre lot, zoned R-3. Dominion Surveys has done preliminary survey report for subdivision which can be e-mailed upon request – looking for quick sale/settlement and priced the property accordingly.

## For more information: www.RexReiley.com



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## BULLETIN BOARD

#### From Page 5

Woman and Minority-Owned Businesses," learn more about the advantages the businesses have. Coffee and a light breakfast will be served. Free. To RSVP, email

#### THURSDAY/AUG. 13

Chamber Business Breakfast. 8-

9:30 a.m. at Belle Haven Country Club, 6023 Fort Hunt Road. Updates regarding the MGM Casino at National Harbor, Tickets are \$25. Register at www.MtVernon-LeeChamber.org.

#### SATURDAY/AUG. 15

Community Health Fair. 10 a.m.-2 p.m. at Neighborhood Health, 6677 Richmond Highway. Learn about medical care and coverage for the family. Email akrzepicki@ neighborhoodhealthva.org.

#### THURSDAY/SEPT. 10

Virginia Citizens Coalition for Police Accountability Meeting.

7 p.m. at The Martha Washington Public Library, Room 104 A/B, 6614 Fort Hunt Road. An advocacy group concerned with discussing actions of the police force meets. Free. Visit virginiaccpa.com.

#### VOLUNTEERS NEEDED

The Mount Vernon Adult Day

Health Care Center in Alexandria needs a licensed beautician, a social companion and a Spanish-speaking social companion. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults



### Supporting Good Shepherd

The Mansion House Swim Team raised funds for Good Shepherd Housing & Family Services (GSH) during its annual "Piranha-thon." Swimmers completed over 5000 laps and collected \$3,782 in pledges to assist with housing and emergency services for some of Northern Virginia's poorest families. Gold's Gym, Keany Produce, Shopper's Food Warehouse, Sport Fair, and Sugar House Day Spa were sponsors. Above are David Levine, GSH president/CEO, and Mansion House coaches Joe Smolinske and Maddie Sanasack.

and click on Volunteer Solutions under "Get Involved."

Mount Vernon At Home is a nonprofit organization that relies on volunteer time to assist older adults aging in place in their homes. Volunteers are needed for local

transportation to medical and personal appointments, errands, and grocery store trips; light handyman chores and home technology to name just a few. No minimum number of volunteer hours are required. Call

Mount Vernon At Home 703-303-4060 or e-mail info@mountvernonathome.org to learn more. Visit

### Volunteers needed in Fairfax

County to drive older adults to medical appointments and wellness programs. Call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer Solutions.



#### Presented by Inova HealthPlex - Lorton

#### A FREE event for the entire family!

- Kids ID provided by Fairfax County Sheriff Department
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- Fun Bus
- Face painting
- · Health awareness for all ages
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- Photo booth with props
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- Food truck available

Saturday, August 29

10:00 a.m. - 4:00 p.m.

Where: Inova HealthPlex - Lorton

9321 Sanger Street Lorton, VA 22079



For more information about Inova HealthPlex - Lorton, visit www.inova.org/lortonhealthplex or call 703.982.8400



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424 & 426 N. Fayette Street

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OLD TOWN \$1,990,000

604 & 606 S. Fairfax Street

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MOUNT VERNON \$3,795,000

4736 Neptune Drive

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# LETTERS

## Much To Be Done

To the Editor:

The Commonwealth Attorney of Fairfax County, Ray Morrogh, has lately adopted the role of the school yard bully who disguises his insecurities by picking on those he perceives as weak. In a desperate effort to cover up the fact that recently he has not been up to his job as a prosecuting attorney he resorted to the bully's tactic in voiding answers to the questions I asked him at the recent Fairfax County Ad Hoc Police Commission session. As reported in the Mount Vernon Gazette, I asked Mr. Morrow why it has taken him over 18 months to finally decide to convene a grand jury to review the facts related to the police shooting of the late John Geer. Mr. Morrogh ignored my questions by responding that I was out of my depth and could not possibly know what I was talking about due to my advanced age. Instead of explaining the reasons behind the 18 month delay in the case, he tried to use my age as a bullying tactic.

The facts are that Mr. Morrogh has many excuses for not prosecuting the case in a timely manner but the primary reason is that he failed to develop ways to successfully work with the police bureaucracy and the elected Board of Supervisors to obtain the facts of the case. His failure of leadership is at the heart of the delay. Mr. Morrogh needs to step back and realize he has the tools to do his job without delay; they are political in nature. If leadership and communication with appointed police department leaders and elected Board of Supervisors is not the answer, then what policy or legislative changes are in order? I am too old, right, to engage you on this highly legal and technical matter? Well, instead of attacking me why not come up with some constructive suggestions.

At this meeting, I also asked Mr. Morrogh why he has not found a single incident of police misconduct in all the years he has served in office even though there have been numerous police-related incidents resulting in the deaths of several residents who were unarmed. At a minimum a violation of the General Order on the use of lethal force was clearly a factor. But no, Mr. Morrogh found no basis of wrongdoing. As a result, the — is doing his job, and unfortunately only way families of the victims could obtain justice was to sue the county for wrongful death. Three wrongful death suits were filed in the past several years in which the county paid millions of dollars in



out of court settlement awards. There could have been more. If there was no misconduct, as Mr. Morrogh's inaction suggests, why the out of court settlements? Mr. Morrogh's actions or inaction makes one question who Mr. Morrogh really represents — certainly not the families of the victims of the alleged police miscon-

When a suspicious shooting occurs in Fairfax County, Mr. Morrogh should do his job and immediately begin an investigation in an effort to bring about justice in a fair and impartial way. Someone is not cooperating? Go public. The voters elected you to solve problems, not make excuses. Mr. Morrogh can help. We need to feel assured that our law enforcement people are using their authority to use lethal force wisely and judiciously, not abusively. We want to work with and feel confident in the integrity and discipline of our police, not fear them. If Mr. Morrogh did his job well, he would be an essential ingredient in protecting and assuring our community by vigorously investigating police misconduct if and when it

Therefore, I am asking Mr. Morrogh, again: Why has it taken your office 18 months to finally convene a grand jury to look into the John Geer shooting? What policies or legislation should be introduced to avoid future delays? And while we are on the subject: Why didn't you find misconduct in the unarmed shooting deaths of the Culosi shooting, the Masters shooting, the McIntosh police car fatality, or several other highly questionable police shooting deaths of unarmed citizens? I may be 87, but I know when a person for all of us right now you are not and you know it. Maybe age and the bad habit of getting in bed with the police is already a problem for you and maybe unless you change

your approach and aggressively prosecute wrongdoers it may be time for you to take a much needed early retirement. On the other hand, you have a unique and historic opportunity to look at your office and ask yourself: How can I improve my performance and avoid delays and move forward so that in the future there is no delay in investigation and possible prosecution? Timely action from you office will be a crucial step in improving police-community relations where it counts - investigation of alleged police miscon-

Having said all that, and getting it off my aging chest, I propose that you and I, the police chief, and all the members of the Ad Hoc Commission move forward and collaborate on recommendations to improve police-community relations, hire skilled and disciplined police recruits, remove police who prove to be inadequate to the job, install body cameras, research the benefits of creating a police civilian oversight board, etc.

Let's get working in the limited time allotted by the Board of Supervisors for the Ad Hoc Commission to come up with with meaningful changes in police policies and practices. After all, I don't have much time.

#### Nicholas Beltrante

**Executive Director** Virginia Citizens Coalition for Police Accountability, Inc. Retired Washington D.C. police detective sergeant/homicide

# Morally Wrong and Counter-Productive

To the Editor:

Thanks to Mary Kimm of the Connection (Editorial — "Backpacks for All," Connection, July 15-21, 2015) and Ronald Baker's letter to the Connection for highlighting the need for backpacks and the way to support this initia-

However, your readers also need to know about the "Virginia Back to School Supplies and Clothing Allowance" (aka: Backpacks for All) that was introduced in the Virginia General Assembly in 2014 and 2015.

The Connection article noted that we live in an affluent area with these needs, however, in other areas of the state, less affluent areas, the need is greater.

For example, the Richmond International Raceway, seating capacity of 107,097, could be filled more than twice with the number of Virginia Children living in poverty, most of which are in families experiencing the deepest poverty.

In addition to the Connection appeal to support the backpack program via charitable contributions, an approach that SALT also embraces, there is also need to advocate for efforts by the state to address the issue. The article calls for partnership, but the state is absent, not a part of the needed partnership.

Funds are already available for government support of backpacks for impoverished students via the federally funded TANF Block Grant. What is missing is public awareness and support to tap these funds and use them for the intended purpose.

Support has come from students, with the leadership of Rae Moar, a freshman at Thomas Jefferson High School. In her seventh and eighth grade years of school and in her freshman year at Thomas Jefferson, she collected over 800 signatures from students at her school, her church and community to help give impoverished children a strong start in school and give them a learning boost. These signatures were sent to members of the General Assembly, and Del. Scott Lingamfelter and Sen. Chuck Colgan (now retired). The legislation requires support from your readers. Readers that do not know who represents them can go to this web site: http:// virginiageneralassembly.gov/.

SALT is proud to have advocated for the "Virginia Back to School Supplies and Clothing Allowance" and promoted support for smart policies for kids and their families. Failing our children today is not only morally wrong; it is also counterproductive, ultimately leaving us less competitive in the global community.

> John Horejsi **SALT Coordinator** Vienna

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www.MountVernonGazette.com

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#### NEWS DEPARTMENT:

Steven Mauren

smauren@connectionnewspapers.com

#### **Tim Peterson**

Community Reporter 703-314-0789 tpeters on @connection newspapers.com

#### Jeanne Theismann

703-778-9436 jthe is mann@connection newspapers.com

#### Jon Roetman

Sports Editor, 703-752-4013 jroetman@connectionnewspapers.com @jonroetman

#### ADVERTISING:

For advertising information sales@connectionnewspapers.com 703-778-9431

#### **Debbie Funk**

Display Advertising/National Sales 703-778-9444 debfunk@connectionnewspapers.com

#### Julie Ferrill

Display Advertising, 703-778-9446 iferrill@connectionnewspapers.com

#### **Helen Walutes**

Display Advertising, 703-778-9424 hwalutes@connectionnewspapers.com

**Andrea Smith** Classified Advertising, 703-778-9411 asmith@connectionnewspapers.com

#### **David Griffin**

Marketing Assistant 703-778-9431 dgriffin@connectionnewspapers.com

#### **Publisher**

Jerry Vernon jvernon@connectionnewspapers.com

#### **Editor & Publisher**

Mary Kimm mkimm@connectionnewspapers.com @MaryKimm

> **Editor in Chief** Steven Mauren Photography: Deb Cobb, Craig Sterbutzel Art/Design:

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Open House Sunday 1-4 pm Popkins Heights 2513 Ross St., Alexandria VA Completely remodeled in 2015! Rambler on 1/2 acre! All-new kitchen, 4 BR, 3.5 BA on the main level. Beautiful hardwood floors, fireplace and a family room kitchen combo. \$699,000 Michelle Mitchell FX8684943



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49 Arell Court Alexandria VA Well-priced brick townhome w/3 BR's, 2.5 BA's and 1-car garage. Well-maintained, elegant mouldings, tasteful interior paint, w/out bsmt, rear deck, fenced rear yard, hardwood floors! \$609,900 Ann-Marie Grotticelli & Susan Gray-Chambers MLS # AX8695286



Victorian Hills 404 Hanson Lane, Alexandria VA Impeccably maintained 4BR + 3 1/2BA colonial on guiet cul-de-sac with beautiful woodland views. Fabulous updated eat-in kitchen + spectacular LL family room with 10-ft ceilings. \$1,125,000 Donnan C. Wintermute MLS # AX8676819



#### Sunday 1-4pm **Cameron Station**

327 Fucci Court, Alexandria VA Pristine 4 level Bradly Model, 3 Bed, 3.5 Bath, Vaulted Master, 2-Car Garage, Entertainment Deck, New Hardwoods & Carpet, Plantation Shutters, Built-Ins, Gas Fire, Low HOA \$635,000

David & Stephanie Thorpe MLS # AX8623169



#### Kingstowne

6629 Haltwhistle Lane, Alexandria VA End townhome w/1-car gar. and includes 3 br, 2.5+.5 baths, Brazilian Cherry floors, kitchen w/ss appl, granite, bamboo cabs, Ig private deck, located near all major commuter routes

Bonnie Rivkin MLS # FX8690012



#### Old Town

919 Duke Street, Alexandria VA Perfect for home or office or a combination thereof, this 1880 townhome features generous room sizes, 91/2foot ceilings, large windows, fireplace & freshly refinished hardwood floors. \$950,000

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Maryview 6322 Maryview St, Alexandria VA Over 3700 fin. sq.ft. 5 bed, 4.5 bath. Great rm w. Vault. Ceil, Gas FP. Master Suite, Lg Rec Rm, Prof. office, Garage, Deck, Fenced Yd. Easy commute - Metro/ Connector bus close \$624,900 Fred Marcellus MLS # FX8643707



#### **Open House** Sunday 2-4 pm Jefferson Manor

2853 Fairhaven Avenue, Alexandria, VA Updated brick Semi-D home on quiet 1 way street located minutes from METRO! 3 Ivls w/3 Br & 2 Ba, beautiful hardwood flrs, Dw, natural gas, LL walkout, deck w/big fenced backyard. \$410,000 Tom Rickert MLS # FX8689144



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The LOL team in training crosses the finish line at the Nike Women's Half Marathon in Washington, D.C. McLean residents (from left) Chris Fraley, Mary Ellen Overend, Barbara Overstreet, Dorothy McAuliffe (McLean and Richmond. First Lady of Virginia), Lynne O'Brien, Beth O'Shea, Lauren O'Brien (Denver Colo.), Kim Aubuchon and Terry Lineberger.

"You have an opportunity

philanthropic perspective,

yourself out there to get in

Leukemia & Lymphoma Society

but you're also putting

to give back from a

the best shape."

# Teams in Training

Getting in shape while raising money for charity.

> BY MARILYN CAMPBELL The Gazette

ain poured from a gray March sky. Drenched racers wound their way through Washington, D.C. before spill ing across the finish line at R.F.K. Stadium, their running shoes heavy and soaking wet.

"We were freezing cold and shivering the entire time," said Ann Goettman of McLean. "We looked like we'd been through a car wash."

the elements deter them from completing the 2015 D.C. Rock'n'Roll Half Marathon. They'd spent the last four months running, walking and lifting weights as part of a

Team in Training (TNT) fundraising effort to support the Alexandria, Virginiabased Leukemia & Lymphoma Society (LLS). Participants pledged to raise money for a charity in which they believe by training for and competing in marathons,

triathlons, cycling and hiking. In turn, they get access professional fitness coaches who guide them as they set fitness goals, boost their endurance, lose weight, and get toned taut.

"You have an opportunity to give back from a philanthropic perspective, but you're also putting yourself out there to get in the best shape," said Jaclyn Toll, Deputy Executive Director of the Leukemia & Lymphoma Society.

"It brings you together with other like-minded individuals, people who are into the combination of philanthropy and health and wellness."

A central figure on Goettman's team is Lynne O'Brien. In fact, the group came together in O'Brien's honor after she was diagnosed with leukemia three

years ago. Daunted by the challenge, but motivated by the prospect of hope, she ran her first half marathon in 2013.

"A huge benefit is that we were all getting in shape and were uniting around a cause," said O'Brien. "I lost weight and it was great for my stamina and overall health. I'm 53 and it's great to know that I can run a half marathon."

The coaching staff, says O'Brien, has an effective program that whips racers into shape before each event. Lessons range from using proper form during a workout, stretching to prevent injury and hydration and nutrition to sustain the level energy necessary to complete race.

"They break it down into small parts, and on one Goettman and others on her team of would not let day we'll fast run for shorter distance and the next

day," she said. "They get pretty specific. They're telling you how to move your arms and hold your head and even how you should step."

The metamorphoses are often beyond the physical. "In terms of their outlook on exercise and their new found love of long distance exercise and endurance, the transformation unbelievable transformation," said Skye Donovan, Ph.D., department chair and associate professor of Physical Therapy at

Marymount University in Arlington volunteers as coach for TNT.

— Jaclyn Toll,

One of the factors in the evolution of the mindset of the team members is camaraderie and the knowledge of a higher cause.

"New drugs are coming down the line," O'Brien said. "Doctors say it's an exciting time for them. Since I was diagnosed three years ago, five new drugs have come into the market.

Many train for and endure physical fetes that seemed unattainable at first thought. "I am not an athlete, I'm a busy, 53-year-old mom of five kids. I'm busy," said Beth O'Shea of McLean. "But the next thing you know I'm getting myself in shape, meeting new people and going on long walks."

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#### 4327 Ferry Landing Rd Mid Century Modern-Yacht Haven Estates!

Classic contemporary Rambler featuring the open floor plan, large room sizes and high ceilings that characterize this popular

model. Kitchen and baths have been beautifully updated. Other features include 2 finished levels, hardwood floors, 2 fireplaces, gas heat & tankless hot water heater. Unique main level master suite with private porch. Prime location near Mt. Vernon Yacht Club. Fab combination of modern amenities with mid-century character.



#### 8234 West Boulevard Dr \$1,625,000 One of Area's Most Admired Properties!

Award winning classic Victorian combines exquisite period detail with dramatic open floor plan. Painstaking

attention to detail and its design led to this fabulous home winning the award for being the best custom home in its category for all of Northern VA the year it was built! Loaded with features! 3 car gar.! Screen porch! Walls of windows! Upgraded trim detail! Luxury abounds!



#### 3205 Woodland Lane \$1,550,000 One of a Kind Property—Waterfront!

Spacious residence, custom crafted to capitalize on natural beauty of its setting. Soaring cathedral ceilings and expansive glass walls bring light, natural beauty of property and water views to every corner of home. Special features include 3 finished levels, 6 BR including 2 master suites (one on main level), 4 fireplaces, spectacular family room off kitchen, walk-out lower level, fabulous screen porch and open deck. Nearby private boat launch. Magnificent property! Impossible to duplicate!



#### 9312 Heather Glen Dr \$624,900 Classic Colonial-Great Price

Classic three level, 4BR Colonial in premier setting at remarkable reasonable price! Spacious home in absolutely pristine

condition & offers many special features including 3 finished levels, fab. floor plan, family room with fireplace, eat-in kitchen, spacious master suite & garage prkg. Magnificent grounds with stone walk, patio & gorgeous landscaping. Prime location!



#### 9408 Brambly Lane \$1,165,000 New Home Feel!

Spacious Colonial by Wakefield Homes-the area's leading custom builder! Home has striking open floor plan accentuated by high

ceilings and large windows which bring light to every corner of the home. Numerous fabulous features include: 3 luxurious finished levels, open kitchen-family room, spacious master suite and oversize 3 car garage. Deck overlooks private wooded yard. Prime location on quiet cul -de-sac. Impossible to duplicate at close to this price!



#### 8720 Plymouth Road \$1,599,000 Brand New Home!

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surrounded by country

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# ENTERTAINMENT

Email community announcements to gazette@connectionnews papers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before

#### **ONGOING**

**Hollin Meadows Summertime Writing** Nights. 6:30-7:30 p.m. Mondays through Aug. 17 at Sherwood Regional Library, 2501 Sherwood Hall Lane. Families and elementary students kindergarten-third

grade can read, write and talk

with teachers. Free. Email Hollinmeadowses. KeepInTouch@fcps.edu.

**Paintings by Stanley Agbontaen.** Through Aug. 28 at The Rachel M. Schlesinger Concert Hall & Arts Center, 4915 E. Campus Drive. The Maryland-based international artist's depictions of scenes are painted on oil canvas. Free. Visit www.nvcc.edu/ schlesingercenter.
Leigh Merrill: "Cloud

Seedling." Through Aug. 30, during gallery hours at Torpedo Factory Art Center, 105 N Union St. Texas-based artist Leigh Merrill shows photography and video in her solo exhibition Cloud Seeding. Merrill's work examines the construction of desire, fiction and beauty in urban landscapes by digitally compositing thousands of

www.torpedofactory.org.

Potomac Fiber Arts Gallery Juried Show. Through Aug. 30, 10 a.m.-5

images and videos into imaginary

spaces. Admission is free. Visit



'Cloud Seeding'

Leigh Merrill's new exhibit at the Torpedo Factory's Target Gallery, "Cloud Seeding" is a compilation of photographs that have been digitally assembled to create new locations. The exhibit is on display through Aug. 20. The opening reception is on Aug. 13. Visit www.torpedofactory.org for more.



From left:"This Place" and a video still from "Cloud Seeding"

p.m., 10 a.m.-9 p.m. on the second Thursday of each month. Torpedo Factory Art Center, 105 N Union St. Studio 18. View parade-themed artwork. Admission is free. Visit www.Potomacfiberartsgallery.com or call 717-359-7724.

Cool Yoga. Wednesdays through Sept. 2, 6:30-7:30 p.m. at 1900 Mt. Vernon Ave. Participate in group yoga sessions taught by Prasada Yoga's Maureen Clyne and enjoy refreshments provided by St. Elmo's Coffee Pub and other local eateries. Suitable for all levels. Bring mat, towel and water. Free. Call 703-671-

> "Fields." Through Sept. 6, during gallery hours at The Athenaeum Gallery, 201 Prince St. Abstract Artists David Carlson and Pat Goslee make art based on their interests in spiritual exploration and energy fields. Free. Visit www.nvfaa.org for more **Art Exhibit:**

**Sultry** Colors. Through Sept. 7, 10 a.m- 6 p.m. at Torpedo Factory Arts Center, 105 N. Union St. The Enamelists at The Torpedo Factory collaborate for an exhibit filled with sultry colors and patterns. Visit www.tomedofactorv.org/ event/sultrycolors/ or call 703-838-4565.

Exhibit: "Scapes." Through Sept. 7, at The Art League Gallery, 105 N Union St. View the annual August landscape exhibit juried by Elizabeth Peak. Free. Visit

www.theartleague.org. **Exhibit: "Taking Shape."** Through Sept. 7, 10 a.m. to 6 p.m. at The Art League Gallery, 105 N Union St. This exhibit features three-dimensional works by Art League member artists. Free, Visit www.theartleague.org

**Special Family Museum Tours.** Saturdays through Sept. 7, 10 a.m.-1 p.m. at Gadsby's Tavern Museum, 134 N Royal St. Flexible tours and hands-on activities provide a deeper experience into the social and political life of Alexandria in the 18th and 19<sup>th</sup> centuries. Tickets are \$5 for adults (\$4 with AAA card), \$3 children ages 5-12, and children ages 4 and under as well as Alexandria Public School and Blue Star families receive free admission. Coupons accepted. Call 703-746-4242 or visit www.gadsbystavern.org.

Baseball Boat to Nationals Park. Through Sept. 26 at various times. Leaves from the Alexandria Marina, 1 Cameron St. Baseball fans can avoid heavy traffic and cruise along the Potomac to Nationals Park. Tickets are \$20 one-way and \$25 round-trip, Monday-Thursday, \$28 roundtrip Friday-Sunday. Visit http:// www.potomacriverboatco.com.

Doggy Happy Hour. Tuesdays through Oct. at 5-8 p.m. at Jackson 20, 480 King St. Enjoy discounted drinks and treats with one's dog. Free. Visit www.jackson20.com.

Water Taxi to the National Mall. Through Nov. 1, at various times at Alexandria Marina, 1 Cameron St. Cruise from Old Town to D.C. on the Miss Sophie, while stopping view some of the area's most popular attractions. Tickets are \$28 roundtrip and \$14 one-way for adults. For children under 12, tickets are \$16 roundtrip and \$8 one-way. Visit www.potomacriverboatco.com/. Mount Vernon in 3-D: Then &

Now. Through Nov. 20 during regular operating hours at George Washington's Mount Vernon, 3200 Mount Vernon Highway. Visitors will have the chance to travel back in time, and in 3-D, to see how the estate appeared more than 100 years exhibition. The exhibition is included in the regular admission fee of \$17 for adults, \$16 for seniors, \$9 for youth and free for childre younger than 5. To view the historic stereoview images as well as the modern 3-D anaglyphs, visit www.mountvernon.org/3D.

Journey to Be Free: Alexandria

Freedmen's Cemetery. Tuesday Saturday, 10 a.m.-4 p.m. Alexandria Black History Museum, 902 Wythe St. A new exhibit tracing the 150year history of the long-forgotten Freedmen's Cemetery, its rediscovery and how the new Contrabands and Freedmen's Cemetery Memorial was created at the site. Call 703-746-4356.

Their Fates Intertwined: The Lees of Alexandria in the War of **1812.** Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703.548.1789.

Alexandria Cars & Coffee invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

George Washington's Mount

**Vernon** has joined Thomas Jefferson's Monticello and James Madison's Montpelier to expand the "Presidents Passport," Virginia's premier presidential trail. As an added bonus to this year's program, visitors to the Alexandria Visitors Center at 221 King St. showing or purchasing a ticket to any of the three presidential estates will, upon request, receive for free Alexandria's "Key to the City" pass, which grants access into nine historic sites and museums in Alexandria, a \$26 value

www.PresPassport.Monticello.org for more.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m. to 5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 exhibit of objects from the Fort Ward collection. Free, Visit www.fortward.org or call 703-746-

**Dinner for the Washingtons**. 12 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour

that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit

www.mountvernon.org for more. **Second Thursday Music.** 7 p.m. 7 p.m. Second Thursday of every month at The Athenaeum, 201 Prince St.. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to park staff during normal business hours at 703-768-2525.

Art for Life. Third Thursday of every month. 4:30-7:30 p.m. at Torpedo Factory, 105 N. Union St. Hyatt Regency Crystal City has partnered will the National Kidney Foundation for a program highlighting a different artist each month for a year.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria, Find dioramas, newspaper articles and more. Free. Visit www.alexandriaarchaeology.org.

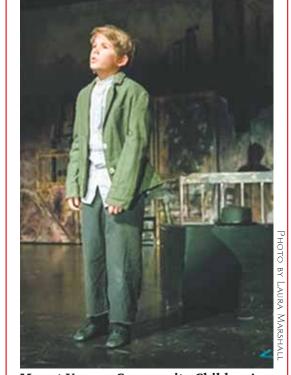
#### **CAMPS, CLASSES & WORKSHOPS**

**Tiny Dancers 2015 Summer** 

Camps. Each session includes daily instruction in ballet, a snack, fine motor exercise through a themerelated craft and a story with dressup dance interpretation. The session culminates with a recital and reception. Tiny Dancers is designed for ages 2-12, featuring a performance based ballet, tap, jazz and musical theater curriculum. The studio is at 621 S. Washington St., Alexandria. Call 703-739-0900 or visit www.tinydancers.com.

**Art League Summer Camps.** 

2015 is now open. Art Camps run Monday to Friday through Aug. 21. Camps are available for ages 5 and older, with morning, afternoon, or all day options. Subjects include: drawing, cartooning, painting, photography, ceramics, sculpture, jewelry, fiber arts, clay animation,



**Mount Vernon Community Children's** Theatre's production of "Oliver." **Auditions for 'Mary Poppins**'

Mount Vernon Community Children's Theatre will hold auditions Monday, Aug. 10, for a production of "Mary Poppins." Auditions will take place at Heritage Presbyterian Church, 8503 Fort Hunt Road. Ages 8-10 tryout from 5:30-7 p.m., ages 11-18 from 7-8:30 p.m. Free. Visit www.mvcct.org.

# Entertainment

### Special Family Tours this Summer at Gadsby's Tavern Museum



Special Family Tours, led by Junior Docents grades 4-7, will be offered every Saturday from 10 a.m. to 1 p.m. at Gadsby's Tavern Museum, 134 N Royal St. through Labor Day weekend. A more flexible tour format will allow families to start a tour as soon as they arrive and move through the museum at their own pace. Young guests will also be able to partake in hands-on activities at the end of the tour. Activities included with regular admission: \$5 adults (\$4 with AAA), \$3 children ages 5 to 12, and 4 and under are free. Alexandria City Public School families and Blue Star Families are free and coupons, including the Key to the City, accepted. Visit www.gadsbystavern.org for more.

and Basic Art Camp (a new medium each day). \$155-\$345. Visit www.theartleague.org.

Summer of Smiles. The Recreation, Parks and Cultural Activities Summer Fun Guide, is now available. Summer camps and activities are available for youth ages 2-17 and include sports, dance, creative arts, computer, chess, enrichment, nature, adventure, Out of School Time (residents only) and classic camps The guide has an index listing camps by week offered and age group. Register online or in-person at the Lee Center, 1108 Jefferson St. The Summer Fun Guide is available for download at www.alexandriava.gov/ Recreation. Free printed brochures will be available at City Hall, recreation centers, and public libraries. Call the Registration and Reservation Office at 703-746-5414. **Photography Workshop.** 10:30 a.m.-

Photography Workshop. 10:30 a.m.-12 p.m. at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Community Yoga. Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N. Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit www.532yoga.com.

#### AUG. 3-24

#### **Broadway Musical Dance**

Workshop. 3:45-4:45 p.m. Mondays at Hollin Hall Senior Center, 1500 Shenandoah Road. Dance class involving jazz and Broadway music. All skills levels welcome. Free; donations accepted. Register by calling 703-765-4573.

#### THURSDAY/AUG. 6

**Tim Cretella Performance.** 5 p.m. at Blackwall Hitch Alexandria, 5 Cameron St. Singer-songwriter Tim Cretella will perform. Free. Visit theblackwallhitch.com.

# Visiting Artist Program: Gale Walker and Betti Pettinati Longinotti. 5 p.m. at studio 333 and 316 at the Torpedo Factory Art Center, 105 N Union St. Hear from artists who are participating in the Visiting Artist Program at the Torpedo Factory. Free. Visit www.torpedofactory.org.

Judith HeartSong's Salon: An
Artful Conversation. 6-8 p.m. at
the Torpedo Factory Art Center, 105
N Union St. Join this monthly
meeting of artists, writers, and arts
professionals who come together to
bond and network. Free. Visit
salonartfulconversation.com.

First Thursday. 6-9 p.m. along Mt. Vernon Ave., Del Ray. Attend a Music and dance festival on Del Ray's main street. Free. Visit www.visitdelray.com.

Kasey Chambers. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave., Alexandria. Country and country-pop music from Australian-born artist Kasey Chambers. Tickets are \$35. Call 703-549-7500 or visit www.birchmere.com.

#### FRIDAY/AUG. 7

Purple Heart Day. 12:40 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Mount Vernon celebrates Purple Heart Day with a musical performance by the U.S. Army Brass Quintet and the U.S. Army Band. The ceremony will feature remarks from "General Washington" and other military officials. RVSP to Melissa Wood at mwood@mountvernon.org or 703-799-5203.

FLY-Summer Performance. 6 p.m. at the Rachel M. Schlesinger Concert Hall and Arts Center. 4915 East Campus Drive. The Metropolitan School of the Arts will be performing. Free. Call 703-339-0444 or visit www.metrofinearts.com.

"Au Naturel" Exhibit Opening
Reception. 7-9 p.m. at Del Ray
Artisans Gallery, 2704 Mt. Vernon
Ave. Attend the opening ceremony
for the "Au Naturel" exhibit. Free.
Visit www.TheDelrayArtisans.org.

Bruce Givens Performance. 7 p.m. at Blackwall Hitch Alexandria, 5 Cameron St. Acoustic artist Bruce Givens will be performing. Free. Visit theblackwallhitch.com.

Rachel Kline and Oklahoma Car Crash. 7:30 p.m. at Convergence, 1801 Quaker Lane. Local musicians perform in honor of a tour launch. Tickets are \$5-7. Visit www.ourconvergence.org.

**Kim Waters.** 7:30 p.m. at The Birchmere Music Hall, 3701 Mount

Vernon Ave., Alexandria. Music by Maryland-born saxophonist and jazz performer Kim Waters. Tickets are \$35. Call 703-549-7500 or visit www.birchmere.com.

Four Mile Summer Movie Festival.

Movies start at dusk and are shown at the Four Mile Conservatory
Building, 4109 Mt. Vernon Ave.
National Community Church's
Inaugural summer movie festival is co-sponsored by the City of
Alexandria. Film schedule is as follows: Friday, Aug. 7, "Mcfarland
USA" and Friday, Sept. 11, "Cool
Runnings." Bring a blanket or chair.
Free. Visit www.theaterchurch.com.

#### AUG. 7-30

"Au Naturel" Exhibit. First
Thursdays, 12-9 p.m., Thursdays, 12-6
6 p.m., Fridays and Saturdays, 12-9
p.m. Sundays 12-6 p.m. at Del Ray

6 p.m., Fridays and Saturdays, 12-9 p.m., Sundays, 12-6 p.m. at Del Ray Artisans Gallery, 2704 Mt. Vernon Ave. View artwork made in the "Au Naturel" or minimalist style. Free. Visit www.TheDelrayArtisans.org.

#### FRIDAY-SUNDAY/ AUG. 7-9

Arts on the Horizon presents:

"Space-Bop." Friday -10:30 a.m.; Saturday – 10 a.m. and 11:30 a.m.; Sunday – 10:30 a.m. at The Athenaeum, 201 Prince St. Join Arts on the Horizon for a sneak peak of "Space-Bop," set to open in February 2016. "Space-Bop" takes place under the stars and employs a hip-hop artist to tell a story that will help children appreciate the beauty of the night sky. The show is geared towards infants and toddlers. Tickets are \$3. Visit www.ArtsOnTheHorizon.org

#### SATURDAY/AUG. 8

Cooking Event. 10-11:30 a.m. at Old Town Farmers' Market, Market Square, 301 King St. Sample food from Chef Antonio Carluccio, from Carluccio's Restaurant. Free. Visit www.alexandriava.gov/ OldTownFarmersMarket.

Canine Cruise. 11 a.m. at Alexandria City Marina, 1 Cameron St. The family dog is welcome to join in on an hour-long cruise through the Alexandria Seaport. Tickets are \$16 for adults and \$10 for children. Dogs ride free. Visit

www.potomacriverboatco.com. **Irish Festival.** 11 a.m.-7:30 p.m. at
Waterfront Park. The Ballyshaners of
Alexandria will host a full day of Irish
music, dance, food and more. Visit
www.ballyshaners.org/festival.

One Love Festival. 12-6 p.m. at Braddock Road Field, 400-594 E Braddock Road. This community event is held in honor of Lenny Harris to continue his legacy.







## ENTERTAINMENT

Performers and vendors will be on site along with entertainment for children. Free. Visit www.actionalexandria.org/event/ one-love-festival or email javierel@verizon.net.

Jane Austen Ball. 8 p.m. at Gadsby's Tavern Museum, 134 N Royal St. Listen to live period music and watch or perform a variety of English Country dances. Tickets are \$45 Visit www.alexandriava.gov/ GadsbysTavern or call 703-746-4242.

#### SUNDAY/AUG. 9

#### **Performance by Peter**

Omelchenko. 7 p.m. at the Lyceum, 201 S Washington St. See Peter Omelchenko perform, accompanied by pianist Jonathan Laird. Tickets are \$20 in advance and \$25 at the door. Visit www.balalaika.org.

Collective Delusion. 7 p.m. at Fort Hunt Park, 8999 Fort Hunt Road. Local band plays songs from the past and present. Admission is free. Visit www.collectivedelusion.net

#### MONDAY/AUG. 10

**Mount Vernon Children's Theatre** Auditions. 5:30-8:30 p.m. at Heritage Presbyterian Church, 8503 Fort Hunt Road. Auditions for the production of "Mary Poppins." Ages 8-10 tryout from 5:30-7 p.m., ages 11-18 from 7-8:30 p.m. Free. Visit www.mvcct.org.

Beer Science Class. 6:30-7:30 p.m. at Port City World Headquarters, 3950 Wheeler Ave. Take a "mini class" on the principles of yeast and fermentation as they pertain to beer. Admission is \$20. Visit www.portcitybrewing.com for more.

#### WEDNESDAY/AUG. 12

Levi Stephens Performance. 7 p.m. at Blackwall Hitch Alexandria, 5 Cameron St. Singer-songwriter, Levi Stephens, will be performing. Free. Visit theblackwallhitch.com.

#### THURSDAY/AUG. 13

Art Exhibition Reception. 6-8 p.m. at Torpedo Factory Art Center, 105 N Union St. Texas-based artist Leigh Merrill will be hosting a reception and Q&A at her photography and video solo exhibition Cloud Seeding. Free. Visit www.torpedofactory.com for more.

Dog Days of Summer. 6-9 p.m. at Torpedo Factory Art Center, 105 N Union St. Adoptable dogs and pet care information will be available at this Second Thursday Art Night, also featuring dog-based art, gallery exhibits and one-man band Alex W. Young. Free. Visit www.torpedofactory.org.

Opening Reception: "Scapes" and "Taking Shape." 6:30-8 p.m. at The Art League Gallery, 105 N Union St. Meet the artists. Refreshments will be served. Free. Visit www.theartleague.org. **Preservation Hall Jazz Band.** 7:30

p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Listen to traditional New Orleans-style jazz by the Preservation Hall Jazz Band. Tickets are \$35. Call 703-549-7500 or visit www.birchmere.com.

#### FRIDAY/AUG. 14

Austin Ellis Performance. 7 p.m. at Blackwall Hitch Alexandria, 5 Cameron St. Artist Austin Ellis will perform. Free. Visit theblackwallhitch.com.

**Titan Takeover Teen Night.** 7-10 p.m. at Cora Kelly Recreation Center, 25 W Reed Ave. Featuring foods, events and giveaways. Free; food and raffle tickets are available for purchase. Recommended for teens. Text "Titan" to 30644 or email kim.hurley@alexandriava.gov by Aug. 12 to attend.

Dry Branch Fire Squad and Lou Reid & Carolina. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Music by Dry Branch Fire Squad and Lou Reid Carolina. Tickets are \$25. Call 703-549-7500 or visit www.birchmere.com.

Dixie Boys Melody Concert. 7:30 p.m. at Mt. Calvary Community Church, 6731 Beulah St. See the Dixie Boys Melody perform. Free. Visit www.mountcalvary.cc or call 703-971-0165.

#### FRIDAY-SUNDAY/AUG. 14-16

#### The Complete Works of

Shakespeare. 6:30-8:30 p.m. at the Lee District Amphitheater 6601 Telegraph Road. Matinee times on Saturday and Sunday are at 2:30 p.m. Watch all 37 Shakespeare plays performed by three actors with a comedy twist. Admission is \$10. Mature audiences only are requested due to language. Visit www.100minutesofshakespeare. eventbrite.com.

#### SATURDAY-SUNDAY/AUG. 15-16

**Trunk Show: Candace Edgerley.** 10 a.m-6 p.m. at Torpedo Factory Art Center, 105 N Union St. An artist hosts a meet-and-greet, and displays

scarves inspired by a recent trip to

India. Visit www.torpedofactory.org.

Blackwall Hitch Alexandria 5 Cameron St. Sly45 is a Baltimorebased band that plays songs from the '50s and '60s. Free. Visit www.theblackwallhitch.com

**Drawing.** 7 p.m. at Convergence, 1801 Quaker Lane. Attend a ladiesonly blind contour drawing session. Supplies are provided with the \$45 fee. Visit www.ourconvergence.org for more.

## Torpedo Factory's Dog Days of Summer

Adoptable dogs and pet care information will be available at this Second Thursday Art Night at Torpedo Factory Art Center, 105 N Union St. Find dog-themed art, gallery exhibits and one-man band Alex W. Young from 6-9 p.m. on Aug. 13. Admission to Second Thursday is free. Visit www.torpedofactory.org.

#### SATURDAY/AUG. 15

Sly45 Performance. 7 p.m. at

**Laughing With Art: Blind Contour** 

**Marine Chamber Orchestra** 

Concert Series. 7:30 p.m. at The Schlesinger Center, 4915 East Campus Drive. The United States Marine Chamber Orchestra continues its summer concert series. Free. Visit www.nvcc.edu/schlesingercenter.

Tank. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave., Alexandria. Come enjoy some R&B and soul from the singer, songwriter and producer Tank. Tickets are \$25. Call 703-549-7500 or visit www.birchmere.com for

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**Mass Schedule** 

Monday 6:30 pm Mass (Español) Saturday Evening
5:00 pm Vigil Mass
6:30 pm Vigil Mass (en Español) Sunday
7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word);
10:30 am; 12:00 Noon; 2:00 pm

(en Español); 6:30 pm Weekday & Saturday
Mornings: 9:00 am Mass,
preceded by Rosary (on First Friday, Mass followed by **Eucharistic Adoration**) Thursday & First Friday of the Month: 7:30 pm Mass (Español)

preceded by 7:00 pm 8710 Mount Vernon Highway, Alexandria VA, 22309 Tel: 703-780-4055 Fax: 703-360-5385 www.gs-cc.org

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# Entertainment

#### SUNDAY/AUG. 16

Medical Musical Group. 3 p.m. at the Schlesinger Concert Hall and Arts Center. 4915 East Campus Drive, Alexandria. The Medical Musical Group, an ensemble of doctors, nurses, and medical students, will be performing. There will be a preconcert beginning at 3 p.m., concert at 4 p.m. Tickets required. Call 800-965-9324 or visit www.medicalmusical.org.

B.B. King Tribute. 6 p.m. at the Carlyle Club, 2050 Ballenger Ave. Blue's artists perform B.B. King's music in a tribute concert. Doors open at 4:30 p.m. Tickets start at \$30. Purchase at www.thecarlyleclub.com.

Edwin McCain (Trio) with Jenn Grinels. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. The rock and indie rock artist, Edwin McCain performs. Tickets are \$29.50. Call 703-549-7500 or visit www.birchmere.com.

#### AUG. 18-SEPT. 18

International Guild of Realism
10th Annual International
Juried Exhibition. During gallery
hours at Principle Gallery, 208 King
St. The International Guild of
Realism is dedicated to the
advancement of realism in fine art.
Admission to the gallery is free. Visit
www.principlegallery.com.

#### TUESDAY/AUG. 18

"Mayors, Merchants, and

Maladies" Event. 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Callie Stapp, the Curator of Collections for the Stabler-Leadbeater Apothecary Museum and Gadsby's Tavern Museum, will discuss 18<sup>th</sup> century pharmacy records. Sponsored by The Mount Vernon Genealogical Society. Free. Visit www. mygenealogy.org/

Visit www.mvgenealogy.org/.

Southern Tier Beer Dinner. 7-10
p.m. at Union Street Public House,
121 S. Union St. Attend a dinner
accompanied by beers from Southern
Tier Brewing Company. Tickets are
\$65. Visit
www.unionstreetpublichouse.com.

#### WEDNESDAY-THURSDAY/AUG. 19-20

Colonial Market & Fair. 9 a.m.- 5 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Engage in arts and crafts and participate in the festivities. Free-\$17, depending on age. Visit www.mountvernon.org for more

#### WEDNESDAY/AUG. 19

Nick Tierra Performance. 5 p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Rock artist, Nick Tierra, will be performing. Free. Visit www.theblackwallhitch.com.

#### THURSDAY/AUG. 20

**Scott Fallon Performance.** 5 p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Acoustic artist, Scott Fallon, will be performing. Free. Visit

www.theblackwallhitch.com.

Visiting Artist Program: Marcel
Deolazo and Sol Hill. 5 p.m. at
studio 333 and 316 at the Torpedo
Factory Art Center, 105 N Union St.
Hear from artists who are
participating in the Visiting Artist
Program at the Torpedo Factory.
Free. Visit www.torpedofactory.org.

Chris Stapleton-In The Flex Stage.

7:30 p.m. at The Birchmere Music

Hall, 3701 Mount Vernon Ave. Tickets are \$20. Call 703-549-7500 or visit www.birchmere.com.

#### FRIDAY-SUNDAY/AUG. 21-30

**Alexandria Summer Restaurant** 

**Week.** Neighborhood restaurants offer specials and deals for customers. Prices and times vary. Visit www.Alexandria RestaurantWeek.com.

#### FRIDAY/AUG. 21

Whiskey Tasting and Dinner. 6:30-9:45 n.m. at the Distillery &

9:45 p.m. at the Distillery & Gristmill, 5513 Mount Vernon Memorial Highway. Learn how whiskey was made in colonial times and taste whiskey paired with a dinner. Tickets are \$125 per person. Visit www.mountvernon.org.

Bruce Givens Performance. 7 p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Acoustic artist Bruce Givens will be performing. Free. Visit www.theblackwallhitch.com.

www.theblackwallhitch.com.

Anthony David. 7:30 and 10:30 p.m. at The Carlyle Club, 2050 Ballenger Ave. R&B singer-songwriter Anthony David performs live, joined by special guest Zo! and Carmen Rodgers.

Tickets start at \$35. There is a \$25 minimum food and beverage purchase required per guest, except for general admission tickets. Visit www.thecarlyleclub.com.

#### SATURDAY/AUG. 22

**3rd Annual Artist Materials** 

**Market.** 10 a.m-3 p.m. at the Torpedo Factory Art Center, 105 N Union St. Sell, buy, and swap gently used art supplies, tools, materials, and more. There are approximately 20 tables available for purchase on a

first-come, first-served basis. Reserve your table for \$25 at eventbrite.com before Aug. 19.

Tom Walker Performance. 7 p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Musician Tom Walker will be performing. Free. Visit www.theblackwallhitch.com.

#### WEDNESDAY/AUG. 26

Tony Martirano Performance. 7

p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Artist Tony Martirano will be performing. Free. Visit www.theblackwallhitch.com.

#### AUG. 26-NOV. 20

Young at Art Juried Art Show.

Monday-Friday, 5-10 p.m. at Durant Arts Center, 1605 Cameron St. Artists 55 and older can contribute their artwork for the exhibition. On Thursday, Aug. 20, artists can bring their work to the Durant Center from 10 a.m.-noon to be registered and displayed. Artists must fill out a Entry and Artist/Lender Agreement and pay an entry fee of \$20 for up to three works of art, \$5 for any additional pieces. Entry forms can be found at www.seniorservicesalex.org for more.

#### WEDNESDAY/AUG. 26

Port City Beer Dinner at Wildfire.

6:30-9 p.m. at Wildfire, 2001 International Drive, McLean. Four courses will be paired with Alexandria's Port City Beers. Tickets are \$50. Visit www.portcitybrewing.com for more.

THURSDAY/AUG. 27
FACE It You Can Paint: Paint Your

Own Flower Garden. 10-11:30 a.m. at Convergence, 1801 N Quaker Lane. Learn simple brush techniques to create garden paintings. \$45 for 1 adult/1 child and \$15 for additional children. Visit www.metamorphosisaec.com for

www.metamorphosisaec.com fo more.

Tim Cretella Performance. 5 p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Singer-songwriter, Tim Cretella, will be performing. Free. Visit www.theblackwallhitch.com for

#### FRIDAY/AUG. 28

FACE It You Can Paint: Paint Your Own Flower Garden. 3:30-5 p.m. at Convergence, 1801 N Quaker Lane. Learn simple brush techniques

to create garden paintings. \$45 for 1 adult/1 child and \$15 for additional children. Visit www.metamorphosisaec.com to

register.

Red Wine Diaries Performance. 7 p.m. at Blackwall Hitch-Alexandria, 5 Cameron St. Acoustic band, Red Wine Diaries, will be performing. Free. Visit

www.theblackwallhitch.com.

#### AUG. 31-OCT. 18

Potomac Fiber Arts Gallery Juried Show: "What I Did On My

Summer Vacation." 10-5 p.m., 10-9 p.m. on the second Thursday of each month. Torpedo Factory Art Center, 105 N Union St., Studio 18. View summer vacation-themed artwork. Free. Visit www.Potomacfiberartsgallery.com for more.

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# Sports

# Mount Vernon Football Looking for First Win Since 2013

# Majors move up to 6A North, Conference 7.

By Jon Roetman The Gazette

hile members of the Mount Vernon football team labored through conditioning near the end of Tuesday night's practice, head coach Barry Wells urged the Majors to push forward as they jogged up and down the school's turf practice field.

"Right now," Wells told his players, "is when I need you to have some pride."

For the 40 or so athletes who showed up to practice on Aug. 4, pride is about more than just finishing strong during end-of-practice conditioning. It's about working in the face of long odds to ensure Mount Vernon has a better season than it did in 2014

The Majors failed to win a game last year, finishing 0-10. Mount Vernon hasn't experienced a victory since beating Edison on Oct. 4, 2013. Wells said the Majors' struggles of late have led to difficulties getting new athletes to join the program, but it hasn't stopped a group of committed players from working to improve.

"At the bare minimum, guys have to have some pride in themselves and what we're trying to accomplish here and not letting this season be a repeat of last season," said Wells, who is entering his sixth season as Mount Vernon head coach. "It starts with

the things that they can control — they can control the attitude they bring to practice every day and they can control the effort that they give us every day.

"... At that age, [kids] talk about, 'Well, the team's not good; I'm not going to go out.' We're fighting that battle, for sure. Thank God we have enough kids that it's in their blood."

While Mount Vernon has nowhere to go but up, the Majors' schedule won't make things easy.

The VHSL underwent a six-class re-alignment prior to the 2013-14 school year, with many teams from the Northern Region moving into the 6A North region. Mount Vernon, however, was one of a small group of schools that dropped to the 5A level due to enrollment. Football teams maintained their schedule structure for two seasons following re-alignment, meaning the Majors spent the 2013 and 2014 seasons competing as a member of the 5A North region's Conference 13 while playing a schedule



The Mount Vernon football team is looking to improve on last season's 0-10 record.

similar to that of their time in the Northern Region's National District.

The 2015 football season would be the first in which teams would play each of their new conference opponents. But for Mount Vernon, instead of benefiting from a schedule loaded with 5A schools, enrollment dictated the Majors move up to the 6A level and join Conference 7. Instead of conference games against the likes of Marshall, Lee and Edison, the Majors will face Northern Virginia powerhouses such as South County and Lake Braddock.

"I say this year we've got something to prove," rising senior safety Moe Kamara said. "We have to redeem ourselves [and] showcase our talent."

"At the bare minimum, guys have to have some pride in themselves and what we're trying to accomplish here and not letting this season be a repeat of last season."

— Barry Wells, Mount Vernon football coach

Mount Vernon's seemingly winnable games come early in the schedule. The Majors open the season at home on Sept. 4 against Stuart, a 5A program that has finished 2-8 each of the last three seasons. Two weeks later, the Majors will travel to Thomas face Jefferson, a 5A program that went 0-10 last season.

Wells said it is important Mount

Vernon starts the season with a win against Stuart.

"That first win ... this year more than any other is going to be pivotal for us," Wells said. "Stuart, physically, we should match up with them. ... They're going to come in confident. [Head coach] Roy [Ferri] and those guys beat us in a close one last year, so their kids believe they can beat us again. ... I kind of like the way our schedule sets up, especially in the beginning. A win out of the gate this year more than any is going to be critical for us."

Offensively, Mount Vernon will turn to more of a spread attack. Rising senior Josh McGrigg is the Majors' most potent pass-



Mount Vernon head football coach Barry Wells stressed the importance of winning the Majors' season opener against Stuart on Sept. 4.

catching threat.

"Josh is just a phenomenal athlete," Wells said. "He's got blazing speed. He is literally a threat to go the distance every time he touches the ball. I'll be surprised if by week three, week four they're [still] kicking off his way because he's electrifying. He's got great hands, he's getting a lot of college looks [and] he's the kind of guy that will put the team on his back and try to carry us."

The player in charge of getting McGrigg the ball will likely be rising sophomore quarterback Tim Heltzel.

"He's got a live arm for his age," Wells said. "I haven't seen him under duress. That's going to be the key, to see how he handles the fire. We'll have a handle on that real soon. As far as the future goes, if he's the guy, nothing would make me happier because now we're investing in the future."

Wells is hoping TJ Edwards will be a matchup problem at tight end.

The right side of the Majors' offensive line appears set, with center Sean Anderson, guard Earvin Centeno and tackle Nate Renfro returning.

Defensively, the Majors operate with a base 4-3 alignment. Centeno, who played middle linebacker during 7-on-7s, will play defensive tackle.

"Having that kind of foot speed, and that kind of coordination is going to help him on the defensive line," Wells said. "We have to be quicker than people up front. We're not going to be able to go toe-to-toe and push people around, so we're going to have to knife and get in the backfield and cause problems."

Edwards and Renfro will be the defensive ends.

Kamara has a chance to be a standout at free safety.

"Moe is a kid that has had some injury issues over the last couple of years, but he's worked extremely hard this year and

he's athletic as heck and he's got a nose for the football," Wells said. "I'm looking forward to playing teams that want to throw the ball around. Quite frankly, that's where we should be our best. The teams that want to push us around because we're going to be a little smaller are going to present some challenges for us."

While Mount Vernon faces a challenging 2015 season, McGrigg is focused on what the Majors can control.

"As long as we work hard, we're going to come together," McGrigg said. "Working hard is always going to bring a team together."

While this group of Majors doesn't have past success to lean on, Centeno said Mount Vernon can show opponents this team is different.

"They can believe what they want to believe, but we're just going to go out there and show [what we're about]," Centeno said. "We really can't say look at our past, what we've done, we can't say that. So they can keep thinking what they want to think. Once they see us play, our actions are going to speak for us."

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Request for Proposals No. 00000541, Eisenhower

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The City will hold a non-mandatory pre-proposal

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The City of Alexandria reserves the right to reject

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Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles moneds

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NOTICE OF PUBLIC HEARING is hereby given that Alexandria Renew Enterprises (AlexRenew) will hold a PUBLIC HEARING on its PRELIMINARY BUDGET for theFISCAL

hower Avenue, Alexandria, VA. The preliminary budget is available for examination by the public online at www.alexrenew.com and during regular business hours at the

above address. Copies will be made available upon request phone (703) 549-3381 ext. 2260. August 6th and September

BY: William Dickinson Secretary - Treasurer

#### 21 Announcements 21 Announcements

### ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSAL NUMBER 15-06-08

The Alexandria City School Board dba Alexandria City Public Schools is seeking proposals for: Professional Development, Training, and Coaching; Tutorial Services and Products, for Math Solutions. Sealed Proposals with the notation RFP# 15-06-08 Professional Development, Training, and Coaching; Tutorial Services and Products, for Math Solution – Alexandria City Public Schools will be received in the Central

Alexandria City Public Schools, will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, August 21, 2015. The time of receipt shall be determined by the time clock

stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8140, or by downloading the RFP from the ACPS website at

www.acps.k12.va.us, Administration, Financial Services, Pro-curement and General Services – Current Bids and Request for Proposals.

All questions must be submitted before 3:00 p.m. on August 17, 2015. If necessary, an addendum will be issued and posted to the ACPS web site. No RFP may be withdrawn for a period of ninety (90) days after the opening of proposals except as may be set forth in the RFP. ACPS reserves the right to cancel this RFP and/or reject any or all proposals and to waive any in-

Francine Morris Buyer of Procurement & General Services

#### 21 Announcements 21 Announcements

#### ALEXANDRIA CITY PUBLIC SCHOOLS **INVITATION TO BID NUMBER 15-07-03**

The Alexandria City School Board dba Alexandria City Public Schools is seeking bids for partial roof replacement at George Washington Middle School.

Sealed Bids with the notation ITB # 15-07-03. Partial Roof Replacement at George Washington Middle School will be re-ceived in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or

before 3:00 pm, Tuesday September 15, 2015. The time of re-ceipt shall be determined by the time clock stamp in the Pro-curement office. Bids appropriately received will be opened and the names of the firms responding will be read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-619-8162, or by downloading the ITB from the ACPS website at www.acps.k12.va.us, Administra-

tion, Financial Services, Procurement and General Services -Current Bids and Request for Proposals.
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Gerald W. Amacker (Jerry) Senior Buyer

# 21 Announcements 21 Announcements

ALEXANDRIA CITY PUBLIC SCHOOLS REQUEST FOR PROPOSALS NUMBER 15-07-02 The Alexandria City School Board dba Alexandria City Public

Schools is seeking competitive proposals from qualified Offerors to provide a cafeteria and kitchen condition assessment. Sealed Proposals with the notation RFP# 15-07-02 Cafeteria and Kitchen Condition Assessment will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alex-

andria, Virginia 22314, on or before 3:00 pm, August 20, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Proposals appropriately received will be opened and the names of the firms responding will be read aloud. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFP from the ACPS website at http://www.acps.k12.va.us/financial-services/purchasing/bids.php

ACPS reserves the right to cancel this RFP and/or reject any or all offers and to waive any informalities in any proposal.

YEAR ENDING SEPTEMBER 30, 2016 on Tuesday, September 15, 2015 at 6:00 p.m. The meeting will be held at AlexRenew's Administrative (J) Building located at 1500 Eisen-

Alexandria Renew Enterprises

#### 21 Announcements 21 Announcements

ALEXANDRIA CITY PUBLIC SCHOOLS INVITATION TO BID NUMBER 15-07-08 The Alexandria City School Board dba Alexandria City Public

Schools is seeking bids for the replacement of two 25 ton HVAC units at Francis C. Hammond Middle School. Sealed Bids with the notation ITB # 15-07-08, HVAC Replace-

ments at Francis C. Hammond Middle School will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, Monday August 10, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Bids appropriately received will be opened and the names of the firms responding will be read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-

619-8162, or by downloading the ITB from the ACPS website at www.acps.k12.va.us, Administration, Financial Services, Procurement and General Services – Current Bids and Request for Proposals

All questions must be submitted before 1:00 p.m., August 7, 2015. If necessary, an addendum will be issued and posted to the ACPS web site.

A pre-bid conference/site visit will not be held. No ITB may be withdrawn for a period of ninety (90) days after the opening of bids except as may be set forth in the ITB. ACPS reserves the right to cancel this ITB and/or reject any or all bids and to waive any informalities in any bid.

Gerald W. Amacker (Jerry)



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Let's



# Fairfax County Supt. Karen Garza on the **Board of Supervisors' failure to** provide schools the funding needed to thrive.

... the Fairfax County Board of Supervisors has failed

to fully fund Fairfax County Public Schools. This is extremely **disheartening** - we entered this budget year making a good faith effort to work collaboratively ... and in the end they **did not deliver**. Supervisors are sending a clear message that they are **unconcerned** about the increasing challenges of our students, our teachers, and our schools ... we face a **devastating** shortfall ... due to years of **Chronic underfunding** ... we will not be able to sustain the current quality nor the full range of academic programming we currently offer our students."

# Thank you, Dr. Garza

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