

Arlington County Fair-goers stop at the Ferris wheel. The annual event turned the Thomas Jefferson Community Center into a "Summer Nights and Lights"-themed haven from Aug. 5-9.

The Arlington Connection

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NEWS

Lining up a New Tradition

Something new at the County Fair: A Parade.

By AMINA LUQMAN
THE CONNECTION

Short but sweet, is a good description of the Arlington County Fair's Opening Day Parade. The parade was a first for the fair.

There was a feeling of newness as parade participants congregated in the Arlington County Career Center parking lot on Walter Reed Boulevard. "Excited," said Katie Richardson, 8, and Sasha Weismuller. Both were all smiles. Both are Girl Scouts. Although they've been in parades before, this was their first county-wide event.

It's all flowing white and sparkle for a group of women doing last touches on their costumes minutes before the parade starts. They are Sultanas Troupe. A dance group that fuses belly dancing, traditional folkloric and modern dance. The troupe is for women over 55. "It's exciting. We like to do things for the county," said Carmen Shippy, director of choreography for Sultanas Troupe, about the troupe participating in the first fair parade. The group has been together for almost four years and often does classes and events around Arlington.

Throughout the parking lot there were several organizations and businesses in attendance ready to march, the Cub Scouts, Bike Arlington, the Girl Scouts, Falun Dafa, Fraternidad Alma Boliviana and Zipcar, to name a few. Del. Alfonso Lopez (D-49) and Arlington County Board candidate Christian Dorsey



Members of Sultanas Troupe gather before the parade.

were also in the parade.

With the sound of the drums and the march of the color guard the parade started off, traveling down Highland Street and 2nd Street.

A sprinkling of people lined the parade route. "We live in the neighborhood," said Kristi Sawert as she and her son Ben, 3, stood along the parade route.

"My daughter is in the parade" said Alecia Torres, as she watched the parade with family. Her daughter, Elena Lidia Valdez-Torres, 7, liked the parade but was even more excited about the promise of the fair. "The rides, the games and winning stuff," she said about her hopes for the fair.

Nic and Lauren Carrasco live along Highland Street. "We didn't have a very long commute for it," Nic Carrasco laughed. They felt lucky to have the parade right outside their front door. Are they going to the fair? "We're going to pack up and head over there right now."

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THE CONNECTION
NEWSPAPERS

Five Days of Fun, Fun, Fun

Crowds flock to annual Arlington County Fair.

BY AMINA LUQMAN
THE CONNECTION

Grace Dennis held on tight as she dropped from five stories in the air. The ride is the Super Shot, and like fair itself, it's a fair staple, but it never gets old. "I feel like my pelvis is now in my stomach," Grace said after coming off the ride.

For the most part, regular Arlington County Fair-goers know what to expect when they get there, it may be part of its appeal. There are rides, funnel cake, local talent, pony rides and more. Most of this doesn't get old, particularly for the children. "This is her second time on this today," said Rob Berthold as he watched his daughter, Kyla, 5. "She's been here everyday since Wednesday." As he speaks, Kyla is standing inside a large inflated ball as it floats on water. These are water walking balls, another child favorite. What keeps the Berthold family coming back? The rides, but also, Kyla submitted a winning entry into the fair's competitive exhibits. "She won Grand Champion for her knit scarf," her father said as he watched his daughter tumble. It was Sunday and the family had come to see her ribbon at the Exhibit Award Ceremony.

As ponies slowly amble in a small circle in the hot sun, for a moment, one can't help but wonder about the appeal of pony rides. But then, you see the youngsters. Some nervous, some gleeful, but all filled with a bit anticipation about the experience. Max Zamorano, 18 months old, is one of the more excited children. He raised his hand in the air with happiness. He looked like a little cowboy. It was his first pony ride.

But it's not all about the rides. She swings her hips, pumps her arms, and steps in time



Kyla Berthold, 5, inside the water walking balls.

to some hot beats. She's Mimi Hatchett, Vibes instructor. Her energy is contagious. Sweat bullets are flying as audience members try to keep up with Sweatvibes, a dance workout group. Three audience dancers in particular have decided to join in. "Never did it before," said Chris Jones. What made them do it? "The music and everyone. They looked like they were having fun."

Tenley Schvimmer, 6, plays basketball on the weekend and has taken some classes. Nevertheless, her challenger at the fair is formidable. John Smith of the Harlem Wizards challenged Tenley to steal the ball from him. She has only seconds. Can she do it? She reaches left, then right, then left again. Finally, success: She grabs the ball, with a huge smile of triumph. In the Harlem Wizard's show, this happens everyday, it's all about, smiles and fun. The youngsters win every time. They leave with prizes and maybe even a memory of having done something unimaginable on the basketball court.

There are those who still go the County Fair for its traditional roots, for a chance to



Sarah Pierce and son Ben, 3, go down the Fun Slide.



Tenley Schvimmer, 6, steals the ball from Harlem Wizard John Smith.



Mimi Hatchett, Sweatvibes instructor, on the Arlington Arts outdoor stage.



Krista O'Connell, Chris Jones and Derek O'Connell enjoy a dance workout with Sweatvibes.

show off agricultural, culinary and artistic prowess. "I taught myself," said Mary Martha Churchman about her knitting. But that was several years ago. Churchman has been entering her knitting into the fair for over 30 years. She's not sure (she's won several competitions over the years) but Churchman thinks this may be her first year

winning Grand Champion in the Needlework and Wearing Apparel class. She carefully explained the different age levels and categories in the exhibit competition. Churchman knows her way around the Arlington County Fair. She's the Superintendent of Needlework and has been a volunteer since 2012.



Leo Yang, 3 on the pony rides.



Ronan Efimba, 4, Mo Efimba, and Molly Cooper on the tea cups ride.



Nik Dennis, Grace Dennis, 6, with father Lt. Ken Dennis of the Arlington County Police on the Super Shot.

Arlington REAL ESTATE

PHOTOS BY HAL VERNON/THE CONNECTION

Top Sales in June, 2015

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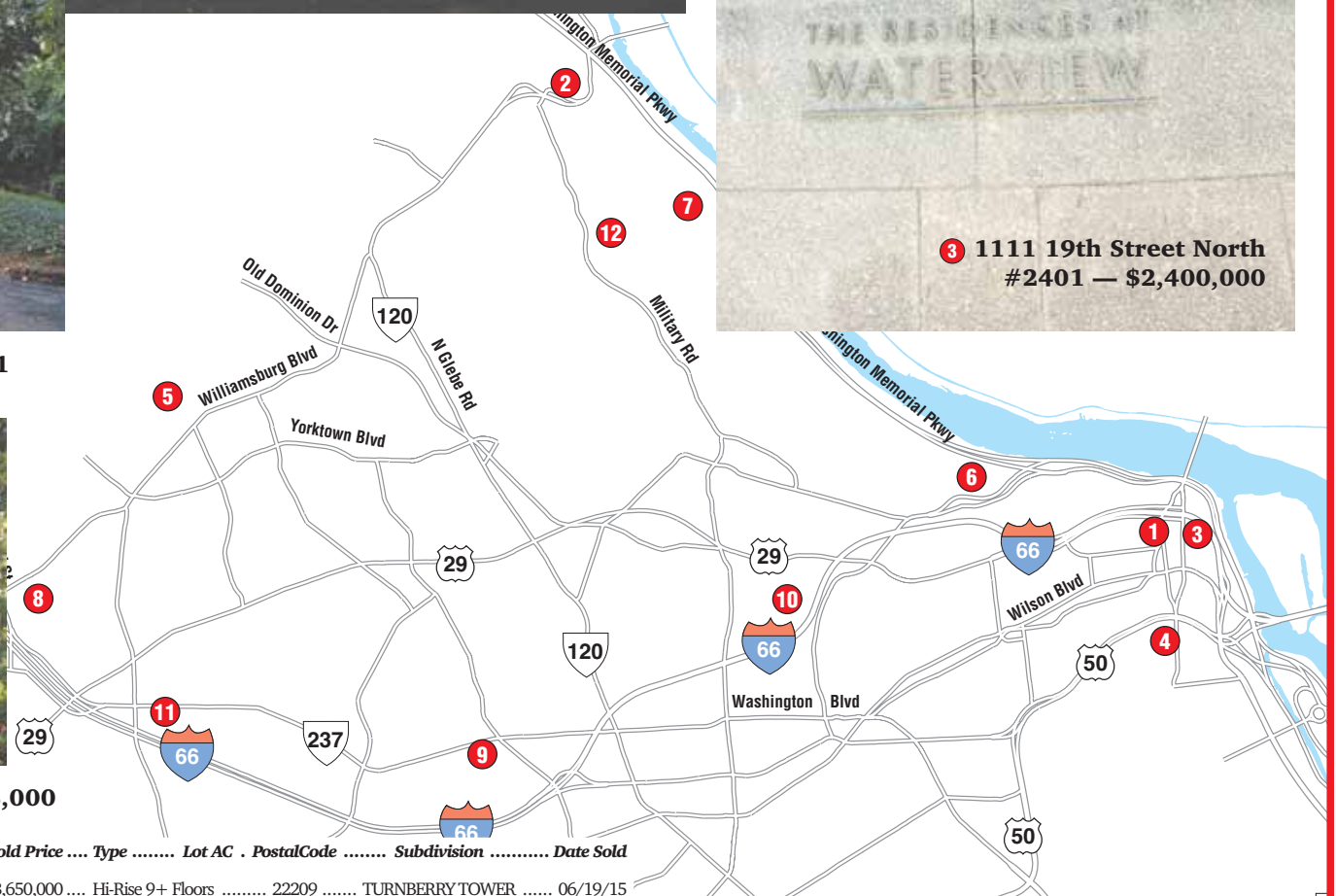
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8	2808 UNDERWOOD ST	5	..	5	1	...	ARLINGTON	\$1,625,000	Detached	0.24	BERKSHIRE OAKWOOD	06/10/15
9	5217 12TH ST N	6	..	5	1	...	ARLINGTON	\$1,623,775	Detached	0.24	LACY FOREST	06/01/15
10	1805 MONROE ST N	5	..	4	1	...	ARLINGTON	\$1,622,711	Detached	0.17	CHERRYDALE	06/15/15
11	6320 WASHINGTON BLVD	6	..	4	1	...	ARLINGTON	\$1,600,000	Detached	0.33	OVER LEE KNOLLS	06/29/15
12	3400 PIEDMONT ST N	5	..	5	0	...	ARLINGTON	\$1,598,000	Detached	0.34	BELLEVUE FOREST	06/09/15

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Function Meets Beauty

Wheelchair accessible bathroom doesn't have to be utilitarian.

BY MARILYN CAMPBELL
THE CONNECTION

After Curtis Brand was diagnosed with amyotrophic lateral sclerosis (ALS) and he could no longer climb stairs, he and his wife, Judith, had to make the difficult decision to sell their home in northwest Washington, D.C. They then purchased a two-bedroom, two-bathroom property on the 18th floor of Turnberry Tower in Arlington.

With amenities such as floor-to-ceiling glass windows, a European gourmet kitchen and marble bathrooms, the property offered the Brands luxury and could easily accommodate Curtis. It did need one modification, however: "There was a beautiful marble bathroom that I couldn't use," said Curtis. "We had to remodel it and replace fixtures that I could use."

After they purchased the property, the couple went on vacation to Florida. They left the project in the hands of Lanna Ali-Hassan, an interior designer with Glickman Design Build in Potomac, Md. "We cast our fate to the wind," said Judith. "We made the decision and put it in their hands."

The design team's task was to create an aesthetically appealing, accessible space and have it finished when the Brands returned. While they were able to relocate some of

Judith and Curtis Brand chose honed marble in neutral tones for their bathroom, which was designed by Glickman Design Build.



PHOTO BY JOHN TROHA

the existing features, including the medicine cabinet, base cabinets and sink, the space needed a major overhaul to achieve a design that is both elegant and accessible.

"We actually had to gut the entire bathroom," said Ali-Hassan. "We replaced polished marble with honed marble to eliminate the slip factor. There are his-and-her side sinks that are completely different, but mesh together."

The crew also removed the existing bathtub and replaced it with a roll-in shower to accommodate Curtis Brand's wheelchair. There is also a traditional shower entrance. In addition, the glass-enclosed shower includes a seat, marble flooring and walls, and

a Schluter water membrane system.

Through an exchange of emails and texts, the Brands worked with the design team to choose materials and fixtures. "We chose them from pictures," said Judith. "She gave us a number of alternatives to look at."

The toilet was replaced with one that is

Americans with Disabilities Act (ADA) compliant, and Ali-Hassan added as many grab bars as possible, making sure "to use fixtures that are dual functional like towel bars that are also grab bars. Even the toilet paper holder is a grab bar."

Other features include a waterfall countertop, giving the appearance of a continuous surface that blends from the top surface down the side, and a built-in cabinet and shelves. The team chose materials that fit into the condominium's existing design aesthetic.

The result is a bathroom that maintains the level of luxury and accessibility that the Brands desired. The space is safe, but still maintains a spa-like elegance of the original bathroom.

"We created a very functional bathroom for me as well as for my wife," said Curtis.

The bathroom was awarded the 2015 Chrysalis Award, which recognizes excellence in the remodeling industry.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs, Aug. 16-22.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpeper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Lucketts Fair, Lucketts, Va., Sunday, Aug. 16, \$12; Philadelphia Museum of Art, Philadelphia, Pa., Tuesday, Aug. 18, \$23; Frankie Valli and The Four Seasons, Wolf Trap, Wednesday, Aug. 19, \$57; Luray Caverns and museums, Friday, Aug. 21, \$28; A Day at Colonial Beach, Va., Sat., Aug. 22, \$9. Call Arlington County 55+ Travel, 703-228-4748. Registration required.



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Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“Screenshot” Exhibit. Through Aug. 23, Wednesday-Sunday, 12-5 p.m. at the Wyatt Resident Artists Gallery at Arlington Arts Center, 3500 Wilson Blvd. Roxana Alger Geffen’s “Screenshot” exhibit reflects an interest in the structure of domestic life and the schedules and patterns that order a life with small children. Geffen uses the graphics and content from the computer game Minecraft as a source of material for her solo exhibition. Free. Visit www.arlingtonartscenter.org/studios for more.

Make Your Own Pizza Summer Activity. Tuesdays and Thursdays, through Aug. 27., 11:30 a.m.-12:30 p.m. at Redrocks Neapolitan Bistro. At this summer event each child will be able to decorate a chef hat, then with the guidance of a master chef, will make their own pizza from start to finish. Other activities will be available. Tickets are \$10-15. Call 703-920-0706.

Shirlala Music Festival. Thursdays, through Aug. 27. 6:30-8:30 p.m. at Village at Shirlington, 2700 S Quincy St. The third annual Shirlala Music Festival features three months of live music. This event series is free and open to the public. See www.villageatshirlington.com.

Rosslyn Outdoor Film Festival. Fridays, through Aug. 28. 8:30 p.m. at Gateway Park, 1300 Lee Highway. The theme this year is “Quotable Comedies.” Free admission. See www.rosslynva.org/events.

Art Show. Through Aug. 29, 5-8 p.m. at Gallery Underground, 2100 Crystal Drive. “Hiding in Plain Sight,” includes paintings that have concealed images. Free. Visit www.galleryunderground.org/events/.

Crystal Screen. Mondays through Aug. 31 at sunset at 1851 S Bell St. Courtyard. Watch a projected film under the stars. This year’s theme is espionage. Free. Visit www.crystalcity.org.

Nauck Community Portrait Exhibition. Various times at Gallery 3700, 3700 S Four Mile Run Drive. Students from Drew Model Elementary School display “visual biographies.” Admission to the gallery is free. Visit www.arlingtonarts.org for more.

Barre in the Park. Thursdays through Sept., 6-7 p.m. at Gateway Park, 1300 Lee Highway. Lava Barre provides an outdoor fitness class focused on the ballet barre. Free. Visit www.rosslynva.org.

Fashion Truck Fridays. Last Friday of the month through September, 11 a.m.-2 p.m. at the corner of Lynn St. and Wilson Blvd. or the Plaza at 19th and N Moore St. Fashion trucks The G Truck, Curvy Chix Chariot, Tin Lizzy Mobile Boutique, Zoe’s Shoe Bar, The Board Bus, BNTN Unique Designs, Sheyla’s Boutique, and The Pink Armoire will rotate their schedules to appear. Free to attend. Visit www.rosslynva.org for more.

Summer Movies @Penrose Square. Saturdays, through Sept. 19. Sundown at Penrose Square, 2597 Columbia Pike. Free. Visit www.columbia-pike.org.

“The Fix.” Through Sept. 20, Various times at Signature Theatre, 4200 Campbell Ave. The scorned widow of the dead president transforms her son into an ideal candidate. Ticket prices vary. Visit www.sigtheatre.org

for more.
“PLAY: Tinker, Tech & Toy” Art Exhibit. Through Oct. 11, Wednesday-Sunday, 12-5 p.m. at the Arlington Arts Center, 3500 Wilson Blvd. “PLAY” is an exhibition that examines games and play through the lens of contemporary art. Free. Visit www.arlingtonartscenter.org/exhibitions/play for more.

Arlington’s Historical Museum to open on First Wednesdays. The Arlington Historical Museum, which until now was only open on weekends, will now be open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County’s history from its original Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey’s “Bar A” Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/Arlington for more.

Food Truck Thursdays. 5:30-8:30 p.m. at the corner of North Irving St., and Washington Blvd. Find a round-up of regional food trucks. Free to attend. Visit www.dmvfta.org.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow’s on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlynn

Tuscon Bluegrass Band Visits Virginia

Five-piece bluegrass band Run Boy Run hails from Tucson. They will perform in Arlington for one night only at 7:30 p.m. at Unitarian Universalist Church, 4444 Arlington Blvd on Aug. 23. Admission is \$20 and \$10 for students. Visit www.runboyrunband.com for more.



PHOTOS CONTRIBUTED



Branch Library, 300 S Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Ball-Sellers House Tours. Saturdays, April-Oct., 1-4 p.m. at The Ball-Sellers House, 1015 N. Quincy St. This year marks the 40th anniversary of the Arlington Historical Society receiving the house from Marian Sellers in 1975 for \$1. Free. Visit www.arlingtonhistoricalsociety.org.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC’s Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Open Mic Night. Wednesdays, at 8 p.m., sign ups are at 7:30 and 10 p.m., at Iota Club & Café, 2832 Wilson Blvd. Free. Visit <http://www.iotaclubandcafe.com/>.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City’s “Art for Life” Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie’s. Third Saturday of every month, 11 a.m.-1 p.m. at Freddie’s Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome to join. No reservation is required. Visit www.facebook.com/events/700174390103305.

CAMPS, CLASSES & WORKSHOPS

Synetic Theater. Synetic Studio, 2155 Crystal City Plaza Arcade T-19, Arlington. Synetic offers an introduction to physical theater, acting and dance that inspire students to creativity. Classes include programs for elementary, middle and high school students, as well as adults. Discounted packages and payment plans are available. Visit www.synetictheater.org/studio or call 703-824-8060.

Arlington Arts Center Adult Summer Session. June 16-Aug. 19 at Arlington Arts Center, 3350 Wilson Blvd. Class size has been reduced to allow room to be creative, and increased opportunity for one-on-one time with AAC Instructors. Prices vary. Register online at

www.arlingtonartscenter.org/aac-adult-classes.

Children and Teens Art Summer Camps. June 22-Aug. 24 at Arlington Arts Center, 3350 Wilson Blvd. Campers explore the fundamentals of art through fun projects that enhance and develop motor skills, observational thinking, and artistic aptitude and much more. Ages 4-18. Price per camp is \$155-195. Register online at <https://www.arlingtonartscenter.org/education>.

Bowen McCauley Dance Summer Intensive. Aug. 10-14, 4-8:30 p.m. at The Maryland Youth Ballet studios, 926 Ellsworth Drive, Silver Spring, Md. Bowen McCauley Dance of Arlington will host four days of intensives for dancers age 16 and older. Registration is \$500. Scholarships are available. Visit www.bmdc.org/outreach.intensive.

WEDNESDAYS/AUG. 19 AND 26.

Expert Garden Talk. 7-8 p.m. at Arlington Central Library, 1015 N Quincy St. Aug. 5, the discussion topic is “Vegetables for Fall”; Aug. 12, the discussion topic is “Composting: Why and How”; Aug. 19, the discussion topic is “Food Preservation: Canning, Drying, Freezing” (Arlington Central Library Auditorium); Aug. 26: “Tour of Central Library Gardens.” Free. Visit library.arlingtonva.us.

WEDNESDAY/AUG. 12

Spanish Inspired Art Jam. 5:30-7:30 p.m. at Jaleo, 2250 Crystal Drive. Paint Spanish-inspired art, eat and drink. Tickets are \$20-25 dollars. Visit www.artjamzdc.com/crystal-city-artjamz-at-jaleo/ to purchase tickets.

Open Mic Night. 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Visit www.iotaclubandcafe.com or call 703-522-8340.

THURSDAY/AUG. 13

The Rockets. 7 p.m. at Pentagon Row, 1201 S Joyce St. American cover band hosts a night of dancing and fun. Free. VIP tickets, which include local beer and food samplings, start at \$10. Visit www.pentagonrow.com.

Outdoor Movie. 8:45 p.m. at Arlington Public Library, 816 S Walter Reed Drive. Watch “The Great Gatsby” (2013), rated PG-13. Free.

Visit www.library.arlingtonva.us/events/calendar/.

FRIDAY/AUG. 14

The United States Air Force Band-Concert Band & Singing Sergeants. 8 p.m. at The Air Force Memorial, 1 Air Force Memorial Dr. Attend a wreath-laying ceremony at 7:45 followed by a concert, “Honoring the Greatest Generation.” Admission is free. Visit www.usafband.af.mil.

Wytold Lebing Quartet. 8 p.m. at Lubber Run Amphitheater, 200 N Columbus St. Wytold has played original pieces alongside the National Symphony Orchestra. Free. Visit www.arlingtonarts.org.

Musical Performance. 9 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Fellowcraft with Freeform Radio and Fortuna perform. \$12. Visit www.iotaclubandcafe.com or call 703-522-8340.

SATURDAY/AUG. 15

Caked Out Skateboard and Music Fest. 11 a.m.-5 p.m. at Powhatan Springs Skateboard Park, 6020 Wilson Blvd. Find skate contests, music, food, and shopping. Admission is \$5 for all days “open skate,” and \$10 for skate contests and emcee/band battle. Visit www.solstik.com for more.

The Stewart Sisters. 6-8 p.m. at Westover Beer Garden & Haus, 5863 Washington Blvd. The Stewart Sisters is composed of a pair of sisters-in-law. Free. Call 703-536-5040.

Flashband ’70s Showcase. 7:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. \$10. Visit www.iotaclubandcafe.com or call 703-522-8340.

Rico Amero. 8 p.m. at Lubber Run Amphitheater, 200 N Columbus St. Amero features his family and other talented musicians for his soulful music. Free. Visit www.arlingtonarts.org.

Live Music. 9:30 p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. James Stevens will perform. Free. Visit www.fireworkspizza.com or call 703-527-8700.

SUNDAY/AUG. 16

Live Music. 9 p.m. at Galaxy Hut, 2711 Wilson Blvd. Local band DKvDK performs. Tickets are \$5. Visit

ENTERTAINMENT

www.galaxyhut.com.

MONDAY/AUG. 17

Run With A Ranger. 11 a.m.-12 p.m. at Bluemont Park, 601 N Manchester St. Patrons age 12 and older may participate in a 3-4 mile run with a park ranger along County trails. No registration required. Call 703-525-0168 or email bdurman@arlingtonva.us for more.

“Summer Hummer IV: Foreplay.” 7:30 and 9:30 p.m. at Signature Theatre, 4200 Campbell Ave. Attend a strip-tease fundraising performance with the Washington, D.C. Theatre Community. \$35-100. Visit SigTheatre.org or call 703-820-9771.

The Bachelor Boys. 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. The Bachelor Boys party band performs a medley of era music, funk, old-school, jazz, and more. Free. Call 703-522-8340.

WEDNESDAY/AUG. 19

Open Mic Night. 8 p.m. Sign up to perform from 7:30-10 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Guests are welcome to perform poetry or music. Visit www.iotaclubandcafe.com or call 703-522-2354.

THURSDAY/AUG. 20

Revenge of Alpine. 5 p.m. at Fire Works Pizza, 2350 Clarendon Blvd. Alpine Beer Company and Green Flash Brewing Company team up for a special happy house. Admission is free. Visit www.fireworkspizza.com.

Gonzo’s Nose. 7 p.m. at Pentagon Row, 1101 S Joyce St. D.C.’s premier party band perform live at Rock at the Row. Songs will cover both the

’80s and ’90s. Free. VIP tickets, which include local beer and food samplings, start at \$10. Visit www.pentagonrow.com.

Outdoor Movie. 8:45 p.m. at Columbia Pike Branch Library, 816 S Walter Reed Drive. Watch “Tinker Tailor Soldier Spy” (2011), Rated R. Free. Visit www.library.arlingtonva.us/eventscalendar/.

SATURDAY/AUG. 22

Wags n’ Whiskers. 10 a.m.-4 p.m. at The Village at Shirlington, 4280 Campbell Ave. Attend an animal-focused shopping event with dozens of exhibitors. Also find a photobooth for pets, balloon art and entertainment for children. Free to attend. Visit www.villageatshirlington.com for more.

Firework’s 5 Year Anniversary Party. 11:30 a.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. Celebrate the restaurant’s five year anniversary with live music 11 a.m.-8 p.m and \$5 local beers and 10-inch pizzas from 11 a.m-6 p.m. Visit www.fireworkspizza.com.

Author Wendy Sand Eckel. 4-5 p.m. at One More Page Books, 2200 N Westmoreland Street #101. Eckel is the author of “Murder at Barclay Meadow.” Free. Visit www.onemorepagebooks.com/events.html.

Live Music. 6-8 p.m. at Netherlands Carillon, Arlington Blvd. and Meade St. Classical musician Donald R. Traser will be performing. Free. Visit www.nps.gov or call 703-289-2555.

Live Music. 9 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Performances from Tone, Wailin Storms, and Heavy

Lights. \$12. Visit www.iotaclubandcafe.com.

SUNDAY/AUG. 23

Game Night. 6-9 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Compete in games like Settlers of Catan and Dominion Sunday. Free. Visit www.library.arlingtonva.us/eventscalendar/.

Run Boy Run. 7:30 p.m. at Unitarian Universalist Church, 4444 Arlington Blvd. Five-piece bluegrass band Run Boy Run hails from Tucson. Admission is \$20 and \$10 for students. Visit www.runboyrunband.com for more.

Live Music. 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Listen to performances by The Hummingbirds with No Good Sister and Annie Strokes. \$12. Visit www.iotaclubandcafe.com or call 703-522-2354.

MONDAY/AUG. 24

Run With A Ranger. 11 a.m.-12 p.m. at Bluemont Park, 601 N Manchester St. Patrons age 12 and older may participate in a 3-4 mile run with a park ranger along County trails. No registration required. Call 703-525-0168 or email bdurman@arlingtonva.us for more.

Asana & Ale. 7-9 p.m. at Capitol City Brewing Company-Arlington, 4001 Campbell Ave. Take a 60-minute all-levels yoga class followed by a pint of beer. Tickets are \$15. Call 703-578-3888 and ask for Al to register.

Book club. 7:30-8:30 p.m. at Central Library, Second Floor Meeting Room, 1015 N Quincy St. Discuss “The Beast in the Jungle”/ “Daisy Miller” by Henry Miller. Free. Visit

www.library.arlingtonva.us/eventscalendar or call 703-228-7689.

Live Music. 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Herb and Hanson will be performing. Free. Visit www.iotaclubandcafe.com or call 703-522-2354.

TUESDAY/AUG. 25

Fall & Winter Vegetable Gardening: Extending Your Harvest. 7-8:30 p.m. at Fairlington Community Center, 3308 S Stafford St. Learn how to have a successful fall and winter harvest. Free. Visit www.arlingtonva.us/events/

WEDNESDAY/AUG. 26

Open Mic Night. 8 p.m. Sign up to perform from 7:30-10 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Guests are welcome to perform poetry or music. Visit www.iotaclubandcafe.com or call 703-522-2354.

THURSDAY/AUG. 27

Outdoor Movie. 8:45 p.m. at Columbia Pike Branch Library, 816 S Walter Reed Drive. Watch “A Man Most Wanted” (2013), Rated R. Free. Visit www.library.arlingtonva.us/eventscalendar/.

Book Club. 10:30-12 p.m. at Central Library, Second Floor Meeting Room, 1015 N Quincy St. Discuss “All Quiet on the Western Front” by Erich Maria Remarque. Free. Visit www.library.arlingtonva.us/eventscalendar/.

FRIDAY/AUG. 28

Live Music. 9 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. The band Lighting

Fires with is performing with Clones of Clones. Free. Visit www.iotaclubandcafe.com or call 703-522-2354.

Open Mic & Talent Showcase. 10 p.m.-12 a.m. at Busboys and Poets, 4251 S Campbell Ave. Hosted by Benny Blaq. All performers welcome. Tickets are \$5. Visit www.busboysandpoets.com.

SATURDAY/AUG. 29

Central Arlington History Tour. 9 a.m. at Clarendon Metro Station (top of escalator), SW Corner of Wilson Boulevard and N Highland Street. Tour historic locations dating from colonial times to the early 20th century. Tickets are \$2 for non-members. Contact Bernie Berne at 703-243-0719 or at bhberne@yahoo.com.

Fall & Winter Vegetable Gardening: Extending Your Harvest. 10:30 a.m.-12 p.m. at Fairlington Community Center, 3308 S. Stafford St. Learn how to have a successful fall and winter harvest. Free. Visit www.arlingtonva.us/events/.

Music Festival. 4-7 p.m. at High View Park Playground, 1945 N. Dinwiddie St. Listen to Christian music artists and celebrate another season of Calloway’s Community Kickball Nights. Free. Visit www.callowayumc.org/youth-music-festival.html.

SUNDAY/AUG. 30

Homeward Trails Adoption Event. 12-2 p.m. at Kinder Haus Toys, 1220 N Fillmore St. Dogs and cats will be available for adoption. Free. Visit www.kinderhaus.com for more.

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An Angel In Disguise

To the Editor:

On July 13, 2015, I was driving to Reagan National Airport to pick up my son when I noticed the low fuel light was flashing. I told my two grandchildren, who were with me, that we needed to get gas. Yet, I decided to keep going as to not have my son waiting for me at the airport.

I figured we could circle back after picking him up and get gas then. However, on our way back around, we took the wrong exit, overshooting the gas station. We attempted to keep going until the next gas station, but ran out of gas in the process. My son stated, “Mom, we are out of gas.” I responded with, ‘Are you serious, can you back up? We are in the middle of the highway?’ He said, “No mom, we can’t move.”

Panic set in. I reached for my roadside assistance card and tried to call for help, but my hands were shaking from fear of being hit by an oncoming vehicle. Just then, a state trooper pulled up behind us with flashing lights. I found out later that it was Trooper Chad Fulk. He quickly approached our vehicle and asked if we were all right. I, feeling responsible for our predicament, said we ran out of gas. He said “don’t worry, I need to get you all to safety because I almost creamed you coming around that curve. Do you mind if I bump you to a safe location?”

We said, “Sure, please.”

Trooper Fulk gently bumped us to safety. He came back to our vehicle and asked, “Do you all have someone coming,” because he noticed that I still had the roadside assistance card in my shaking hand. I said, “Yes.”

Trooper Fulk said, “I’m going to call for help and we will see who gets here first.” After he called, he smiled at me and said, “Would you feel better if I stayed with you until someone arrives?” I said, ‘Yes.’ He said, “OK,” and went back to his cruiser to wait.

While we waited, I noticed I had my Bible. So, I took out a piece of paper and wrote a note to Trooper Fulk. I don’t remember what I wrote, but I wanted him to know that we appreciated his dedication, care, and concern for our safety.

His call for assistance arrived prior to ours, at which time he returned to our vehicle and said that we were in good hands, and he was going to depart now. I asked him if he was an angel, to which he replied, “I don’t think so,” with a smile.

I handed him the note I’d prepared for him, and said, “I wouldn’t be surprised if you were to disappear when you return to your car.” Although he denied being an angel, he was our angel that day.

He saved the lives of my grandchildren, my son and I.

We feel he deserves to be recognized for putting his life in danger as he does everyday diligently protecting and serving us all. I don’t want to imagine what could have happened had Trooper Fulk not been there. My son is off to training camp, my grandchildren are off to summer camp, and I am home thanking the Lord for Trooper Fulk.

Pearl Royal
Herndon

Diversity And Politics

To the Editor:

My father, an African American pastor of over 40 years, and local legend in Northern Jersey, reputed for many firsts including being the first African American State Chaplain for the New Jersey National Guard, but also the man who brought Bishop Fulton Sheen to address a meeting of the American Baptists Churches, used to often rephrase the words found in Romans, stating, “The good that I would, I don’t.” Why, when the clear opportunity to do good for ourselves, for our families, for our communities, or for our country, does we often yield?

All around Northern Virginia, at city and county meetings, and in discussions between residents travelling to and fro on public transportation, a common topic repeats itself over and over, again. In a region where women and ethnic minorities comprise almost half of the population, many have openly questioned why more of the elected and appointed officials are not reflective of this diverse population mix.

At a recent meeting in Arlington to discuss the selection for the next county executive, while many concerns were addressed, the most common voice heard in that discussion by a cross section of Arlington residents was that the county pursue a deliberate strategy to ensure that a representative from this diverse community might at least be considered to fill that position. And, in last year’s primary for the seat vacated by U.S. Rep. Jim Moran, one prominent, white Democrat expressed some regret that the top vote getter and nominee was “a rich, old, white man,” in a race that attracted four ethnic minority candidates to fill the seat. In 1980, speaking before the Republican National Committee on the invitation of Chairman William Brock, the Rev. Jesse Jackson announced that, at least for African Americans, “We must pursue a strategy that prohibits one party from taking us for granted and another party from writing us off.” One conservative commentator has conceded to make the point that, in fact, probably one of the only minority groups to truly leverage their political power, and, by virtue, advance their agenda are the members of the LGBT community, who keep their voting options in play, aligning with the party or candidate that best advances their community interests. Are women, blacks and other ethnic minorities really taken for granted by the New Deal Party? One case in point might be illustrative.

In 2000, the son of President George Herbert Walker Bush, a/k/a, “W,” signed into law the African Growth and Opportunity Act (AGOA), which provides incentives for developing African countries to build their economies and encourage the growth of free markets, but subjected the measure to a review in 2015, which most thought would pass without objection. But, in 2015, partisan politics thwarted this no brain remedy for our brothers and sisters in Africa, as an amendment to extend preferential duty preferences for Haiti was added, in total expectation that it would provoke a response across from members of another party.

And, even with over 15 percent of his district represented by African Americans, Congressman Beyer went along with his party and voted against the Republican measure to re-

move this addition. As a result, the fate of the AGOA remains in limbo. That was the only measure in the current Congress that may have held some exclusive salience within the African American community to come up for a vote. Has the Party of Lincoln wholly written black voters off? Across Northern Virginia, there are some Republicans who so fear the taint of their party affiliation that they seek and gain office running as less offensive Independents. And, in some places, as in Alexandria, you have the opportunity to meet a great, warm guy, who you could almost adopt as a son, like Paul Krizek, in the 44th District — home to neighborhoods like Gum Springs — who recently won his primary and will be unopposed in the General Election, because no Republican, apparently in his right mind believed he even had a chance in this part of Northern Virginia with its high ethnic minority population. Yet, just over in Falls Church, home of Tinner Hill and the yearly blues festival that draws people from around the country to enjoy good music and celebrate the heritage of the founder of the first chapter of the Falls Church NAACP, not one politician, Republican or Democrat even graced the weeklong event. Taken for granted? And if blacks are taken for granted, consider the Latino population, the largest representation of ethnic minorities in the 8th Congressional district, accounting for almost 19 percent, and the largest event of the year, Fiesta Boliviana. Only two politicians even bothered to set up booths: one Democrat sheriff candidate, and one Republican county board candidate. To me, that sounds like political parties saying, “Why bother?”

Yet, at least since the 1980s, when Republican National Committee Chairman Bill Brock began an “outreach program,” to expand the conservative base of his party and develop policies which might attract what had become a nontraditional, and reluctant base within the ethnic minority communities, some are now starting to recognize the viability of Rev. Jackson’s strategy. A popular video that has gone viral amongst conservatives is the Louisiana state Sen. Elbert Guillory story of why he returned to the party of Lincoln, after years of “living on the Democrat plantation.” But, lesser known African Americans have also started to listen to some Republican candidates who actively courted their support. In a recent RNC-produced interview, Chairman Reinhold Richard “Reince” Priebus beamed with joy as he announced that in the last elections, the party achieved a record 10 percent penetration into the once solid African American vote, and could not contain his enthusiasm when speaking about John Kasich, who with a compassionate conservatism, with religious overtones, attracted a record 26 percent of the African American vote. Nonetheless, with Presidential candidates like the former Herman Cain who wanted to erect an electrified fence to curb immigration across our borders, or incendiary remarks by Donald Trump, it is the overflowing pot that commands the most attention.

To remain a potent force in the body politic, Rev. Jackson’s strategy certainly seems powerful, but, to quote my father’s rephrasing of a national saint, if not a spiritual one, Ben Franklin: “Let a hint to the wise be sufficient.”

Michael D. Webb
Major, USA (Retired)
Arlington

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SPORTS

Early Struggle with Lack of Depth

Patriots determined to continue winning tradition.

BY BONNIE SCHIPPER
THE CONNECTION

Bruce Hanson has been a part of the Yorktown High School football team for 31 years, racking up two regional titles, two regional runners-up finishes, and an induction into the Fairfax County Football Hall of Fame. The 2014 squad went 7-3, advancing to the regional playoffs. The Patriots are used to success. However, after graduating a number of starters in 2015, the new team will be faced with the challenge of playing with inexperience.

"We lost an awful lot of guys," head coach Hanson said. "We're a little thin, but hopefully we'll find a way to win some ball games."

"We have some returners [on defense] that know the speed of varsity football, which is extremely different from junior varsity," safety Parker Denny said. "A lot of the players on defense are new to this level, which is something they don't have going for them."

Offensively, the team will be led by a group of returning seniors, including running back Zane Killgo, wide receiver Matt Paredes, kicker Mehran Roshanaei and fullback Jordan Whalley-Hill.

"We have a lot of seniors," Killgo said. "We have the ability to score but the ability to stop teams is very important in order to win games."

While the team as a whole lacks experience, a number of seniors have grown to be strong skill-position

Running back Zane Killgo, left, and fullback Jordan Whalley-Hill are two of the Yorktown football team's returning seniors.



PHOTO BY BONNIE SCHIPPER

players.

"Our line is young," coach Evan Ruffner said. "Our skill positions are definitely the most experienced players on the field. They've put in a lot of work during the offseason and the past few years, so our skill guys are the furthest along."

Yorktown will open the season at Wilson on Sept. 4. The Patriots will also face "strong programs" such as Hayfield, Washington-Lee, and Madison when competing in Conference 6.

Despite the challenges Yorktown has faced early on, the team is determined to continue the school's winning tradition.

"Our lack of depth at every position is going to be our biggest challenge when facing some of the bigger schools," Ruffner said. "The teams we play are going to be two-to-three-guys deep at every single position, whereas we have guys going both ways, not being able to take breaks."

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By KENNETH B. LOURIE



If my experiences as a cancer patient/“terminal” “diagnosee” are at all typical, then the following generalization might in fact be true: certain situations and/or feelings that were once tolerated before diagnosis are nearly impossible to tolerate after diagnosis: traffic, waiting in lines, rudeness, compromise, sacrifice, delayed/deferred gratification, to list just a few. Life becomes so much more precious, that wasting some of it – or the perception of wasting some of it – on unpleasant, unrewarding, aggravating, stressful, menial tasks, obligations, duties, etc. becomes almost too much to bear; on a consistent basis, anyway. It’s a reverse bucket list. It’s less about what you want to do/accomplish and more about what you don’t want to do/endure. Avoiding unpleasantness becomes as important as finding happiness. Getting high on life is the epitome, but if you’re frequently getting low on living, you are not merely adding by subtracting, you are neutralizing. And though there may be a net gain emotionally, the associated pain and suffering may ultimately minimize the benefit.

And minimizing benefits is hardly the stuff of which cancer patients’ dreams are made. You need to maximize, not minimize. You need to reinforce every positive and eliminate any and all negatives, disconnecting and disengaging along the way if necessary; remembering that your life may depend on it. There’s no future – literally and figuratively, in being miserable (or being made to feel miserable). Life is challenging enough without a cancer diagnosis. Being told by an oncologist that you only have “13 months to two years” to live turns that challenge into a directive almost. The prognosis is not so much given/meant as a guarantee as much as it is a presumption (based on a variety of tests/scans) that time will indeed tell. Nevertheless, it’s difficult to not take those words personally, especially since you’re hearing them from a professional. Believing them is hard enough, but devising some sort of strategy to embrace/assimilate and incorporate them into a lifestyle you want to live is sort of a management problem for which most of us haven’t been trained and even less of us prepared for. It’s hard knocks that school never taught. That was college prep., not cancer prep. And even though you’re not exactly fending for yourself once you’re in the cancer whirled, you are in a world not of your own making, and a world (of emotions) likely never imagined and certainly not anticipated.

How you navigate, how you survive becomes a series of very personal choices. After all, it’s your life (actually in this column, it’s my life), and we have to live it. Obviously I am responsible for my own actions, but I have to be responsible for my own “inactions,” too. Solving problems, minimizing hassles, finding solace, accepting limitations, living and learning are all less effective if I’m distraught in the process. Happiness is one thing. Unhappiness is quite another.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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21 Announcements

21 Announcements

21 Announcements

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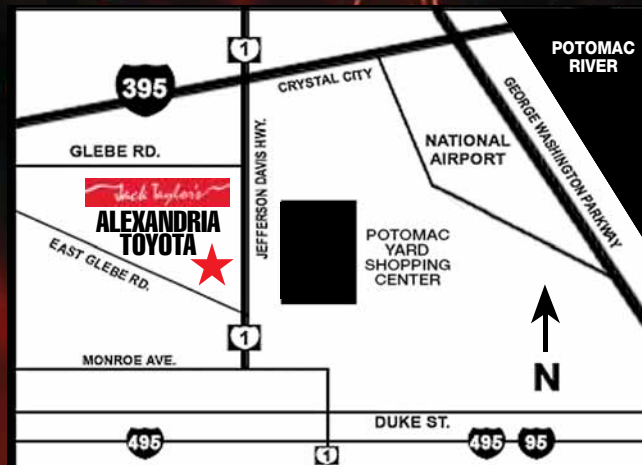
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