

Potomac ALMANAC

HomeLifeStyle
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Azzet Ibram, 2, with his mother Afaf, waits to have his picture drawn during the National Night Out gathering at the Scotland Neighborhood Recreation Center last week.

National Night Out

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PHOTO BY HARVEY LEVINE/THE ALMANAC

AUGUST 12-18, 2015

ONLINE AT POTOMACALMANAC.COM

LET'S TALK Real Estate



by Michael Matese

Skylight Choices: Fixed, Vented or Tubular?

A skylight is a day lighting option that adds interest, uniqueness, beauty and energy efficiency to any home. There are a number and variety of choices available when it comes to design and material. One aspect that homeowners considering the addition of a skylight may want to weigh is the type of skylight they want for their home's lighting, aesthetic and energy goals. Three key things to examine are fixed skylights, vented skylights, and tubular skylights. Each option has benefits and drawbacks, so homeowners should investigate the options before making a decision. Licensed contractors can provide more information on these options and help homeowners choose the right type of skylight for the long-term goals of the residence. The fixed skylight is integrated as a permanent element of the building. The main advantages of a fixed skylight are that they are easy to install and thus are less costly than other types of skylights, require little maintenance, are less susceptible to leaking or other skylight hazards and are highly energy efficient because of their tighter sealing. Potential drawbacks are difficulty in ventilating rooms and tedious cleaning, due to the fact that the interior and exterior of fixed skylights must be cleaned separately. Operable skylights are opened and closed according to preference, by electric, solar-powered or manual means. Operable (or vented) skylights provide homeowners more flexibility, allowing the skylight to be opened to any desired degree at the user's discretion, providing less reliance on electric means for lighting, cooling and ventilation of an area. Operable skylights that are manually or solar powered contribute doubly to the lowering of the homeowner's power bill. Additionally, operable skylights are easier to clean, as both the interior and exterior may be cleaned from either side. Vented skylights, do, however, require more maintenance than fixed due to the wear-and-tear on the moving mechanical components, which over time will require repair and replacement. The frequent opening and closing of operable skylights also require regular lubrications for hinges to work properly. Finally, operable skylights can accidentally be left open or can require quick action on the homeowner's part when unexpected rains appear! Tubular skylights are the most popular choice for small spaces like bathrooms and hallways; once installed, this choice often looks more like a modern light fixture than a traditional skylight. Tubular skylights are flexible tubes running between the ceiling and the roof, thus eliminating the need to build a tunnel. As such, this type of skylight neither raises nor lowers. A reflective material lines the inside of the tube, collecting sunlight from the origin of the tube and bouncing it through the length of the tube to the termination point, where natural light is diffused. The diffusion of sunlight through the tube structure protects interior carpets and furniture from becoming bleached out, as the natural light reaching them is indirect. So you've decided on a skylight—now meet with a licensed contractor to decide what kind. Fixed, vented or tubular—the choice is yours, when letting a little light into your home!

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**POTOMAC
ALMANAC**

NEWS

Through the Lens of Youth

Photoworks showcases young photographers.

BY ASHLEY CLAIRE SIMPSON
THE ALMANAC

Through Aug. 30, Glen Echo Park's Photoworks is showcasing the 2015 Juried Youth Photography Exhibition. Since mid-July, the selected work of 18 photographers under aged 18 and under has been on display. The 2015 Juried Youth Photography Contest and Exhibition has been so successful that Gayle Rothschild, the director and curator of exhibitions, said she has already put next year's youth exhibit on the calendar.

"It's been great," Rothschild said of the contest and the resulting exhibition. "It has generated a lot of excitement with the teens. A lot of people came to the opening. Young people are keeping in touch with Glen Echo because they feel it is welcoming. We love to generate a community that likes to stay around."

Photoworks is one of Glen Echo Park's art studios that functions as a not-for-profit resource for all local photographers. In its more than 40 years of operation, it has supported local artists with photography training, galleries and overall inspiration.

#Selfie was the theme of this particular contest, which was open to all local photographers ages 18 and under. More than 30 emerging artists submitted self-portraits and other "selfie"-related photographs to the contest, and the work of 18 applicants were chosen for the summer exhibition. The self-portraits were taken with all



Logan Mallory's prizewinning image, "Christmas".

kinds of lenses, from traditional cameras to cell phones.

The work was selected and awarded by two judges, both professional photographers. The awards included grand, first, second and third prizes, as well as two honorable mentions.

First prize winner Logan Mallory, a Bethesda resident and rising senior at Walter Johnson High School, said this is the first time he has been officially recognized in the photography community. While he has enjoyed snapping photos since he was 9 years old, this was his first experience with Photoworks.

"Being a part of this exhibition and winning first place felt really nice," Mallory said. "This is my first big exhibition and contest so it felt great to feel support for my photography and to have people

SEE 'SELFIE', PAGE 9



Logan Mallory's "Starry Night"



Logan Mallory's "Selfie" captures a girl in Prague taking a "selfie" in a public park.

PHOTO BY LOGAN MALLORY



For National Night Out, on Tuesday, Aug. 4, members of the Montgomery County Police visited with residents at the Scotland Neighborhood Recreation Center in Potomac.



Once the rain stopped, the children lined up for cotton candy.

National Night Out Unites Police, Community



Daisy Pottinger gets her blood pressure tested by Suburban Hospital RN Jamie Borns.



Sierra Cheri has her picture drawn by artist Mike Hasson of About Faces Entertainment.



Lt. O. H. Ormsby, deputy commander of the 2nd District, Montgomery County Police



Lt. Matt Milbourne of the Park Police meets with visitors at the center.



Ahmed Hassan, 7, discusses health with Suburban RN Jamie Borns.

PHOTOS BY HARVEY LEVINE/
THE ALMANAC



Dancing in the Social Hall.

The family room's ceilings soar more than 20 feet and grand mullioned windows allow maximum light.

PHOTOS BY
JOHN TROHA



Local Mansion Opening To Public for House Tour

Tour will raise money for local charities.

BY MARILYN CAMPBELL
THE ALMANAC

A French provincial home, often used for elegant entertaining, will be open to the public for a few days this fall.

Philanthropist, socialite and Hillary Clinton fundraiser Annie Totah will open her home in Round Hill, Hye Land House, for the 59th Annual Potomac Country House Tour this fall. Sponsored by St. Francis Episcopal Church in Potomac, the event raises money for local homelessness, hunger, children and women's issues, and elder care.

"I'm happy that I decided ... to help with St. Francis' charitable work," Totah said in an email. "I'm also happy to share my home with my family, friends and neighbors."

Hye Land House is one of four houses that will be featured on the tour. After climbing the steps to the landscaped terrace, visitors are welcomed into the home by the light-filled grand foyer. Light from vast Palladian windows and a Schonbek chandelier reflect on the white marble flooring and center stair-

case, creating an airy lightness in the home's entrance.

"This remarkably beautiful home represents so many things we hope to offer on the house tour," said Barbara Heywood, the tour's publicity chair: "subtle elegance, innovative use of materials, and a rich, warm personality."

With an ornate 150-year-old mirror, handmade in Lebanon with mother-of-pearl inlays, and a collection of blue stone amulets, coffee servers, perfume bottles and cigarette boxes, the living room is a nod to Middle Eastern culture. The floors are mahogany with a parquet border of maple and cherry and the fireplace is marble.

The dining room features crown molding created to match the apron of the custom Italian dining table, which sits under a Schonbek chandelier.

The family room's ceilings soar more than 20 feet, and light streams into the space from grand mullioned windows. Woodwork is bleached almond and the granite on the bar is blue pearl. The painting over the fireplace depicts a formal gathering in the home and is based on a photograph.



Large Palladian windows and a striking Schonbek chandelier offer an abundance of light in foyer of Hye Land House.



Annie Totah's Hye Land House will be one of four homes on the Potomac Country House Tour.



The floors of this living room are mahogany with parquet border of maple and cherry. The space includes a marble fireplace and an ornate 150-year-old mirror, handmade in Lebanon with mother-of-pearl inlays.



The lower level of the home displays Annie Totah's couture wardrobe.

Backpack Drive To Benefit Needy Children

Couple hosts ice cream social to get all children ready to start school.

BY MARILYN CAMPBELL
THE ALMANAC

When Margo Fonoroff worked as a teacher, media specialist and principal in Montgomery County Public Schools, she recalls the first days of school as being filled with excited children clad in new clothes and shoes and carrying new backpacks. They had pencils and notebooks and calculators and were ready to begin a new school year. For some students however, the start of the school year brought shame.

"There were some kids who would bring their stuff to school in a giant plastic bag because their families couldn't afford new

backpacks and school supplies," said Fonoroff, who is now retired.

That image was a sharp contrast to her own life: "I started ... collecting my kids' old backpacks and bringing them to school and giving them to the kids who didn't have backpacks, and it was like Christmas for those kids."

As area students prepare for the 2015-2016 school year, Fonoroff and her husband, Bruce, are joining an organization called Interfaith Works, a nonprofit organization that works to meet the needs of the poor and homeless, providing backpacks and other school supplies for needy children in Montgomery County.

Next week, the Fonoroffs will host their Seventh Annual Park Potomac Ice Cream Social, which benefits Interfaith Works' backpack drive. The event will include face painting, door prizes, an exotic car display and hot fudge sundaes. The Fonoroffs are asking community members to bring new backpacks and school supplies, which will be donated to needy students.

"It's gratifying to have these kids ready



PHOTO COURTESY OF INTERFAITH WORKS

The local community is asked to donate new backpacks and school supplies.

Margo and Bruce Fonoroff are hosting an ice cream social to collect school supplies and backpacks for needy students.



PHOTO COURTESY OF MARGO AND BRUCE FONOROFF

Details

Park Potomac Place, The Brownstones at Park Potomac, The Perry, and Foulger-Pratt are presenting the Seventh Annual Park Potomac Ice Cream Social.

Aug. 20, 2015, 6:30 - 8 p.m., "On the Plaza"
Every person is asked to bring a school backpack and/or school supplies for children in need.

For more information and to donate, visit: <http://www.iworksmc.org/>

SEE BACKPACK DRIVE, PAGE 9

GLC

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

AUGUST
8/26/2015.....Newcomers & Community Guide Pullout

SEPTEMBER
9/2/2015.....Wellbeing
Labor Day is Sept. 7
9/9/2015.....HomeLifeStyle Pullout – Real Estate & New Homes
9/16/2015.....A+ Camps & Schools Back to School, Open Houses
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PHOTOS BY DEB STEVENS/THE ALMANAC

Top Sales in June, 2015

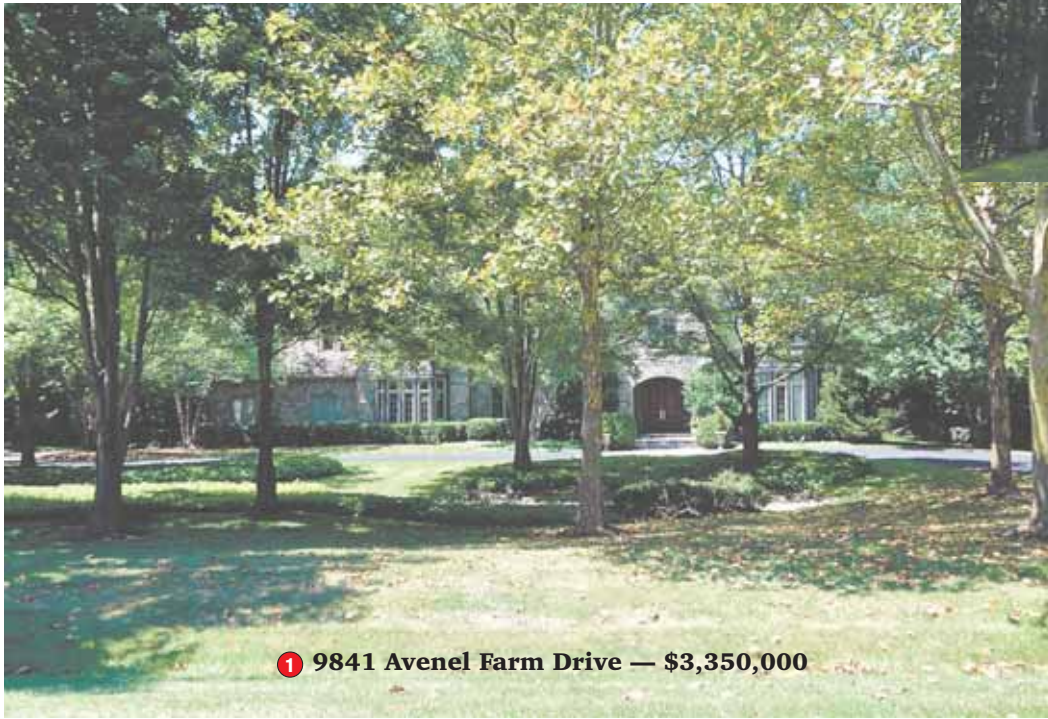
IN JUNE 2015, 95 POTOMAC HOMES SOLD BETWEEN \$3,350,000-\$213,593.



4 11716 Lake Potomac Drive — \$1,700,000



6 10908 Riverwood Drive — \$1,625,000



1 9841 Avenel Farm Drive — \$3,350,000



2 9806 Hall Road — \$2,070,000



3 8926 Abbey Terrace — \$1,820,000



7 10032 Avenel Farm Drive — \$1,575,000

Address	BR	FB	HB	...	Postal	City ..	Sold Price	Type	Lot AC ..	PostalCode	Subdivision	Date Sold	
1 9841 AVENEL FARM DR	6	..	5	.	3	POTOMAC	...\$3,350,000	Detached	2.00	20854 AVENEL	06/09/15
2 9806 HALL RD	5	..	6	.	3	POTOMAC	...\$2,070,000	Detached	0.46	20854 HERITAGE FARM	06/08/15
3 8926 ABBEY TER	5	..	4	.	3	POTOMAC	...\$1,820,000	Detached	0.28	20854 AVENEL	06/30/15
4 11716 LAKE POTOMAC DR	6	..	6	.	2	POTOMAC	...\$1,700,000	Detached	4.76	20854 BEALLMOUNT GROVE	06/30/15
5 10716 BARN WOOD LN	5	..	4	.	2	POTOMAC	...\$1,665,000	Detached	2.66	20854 RIVER OAKS FARM	06/11/15
6 10908 RIVERWOOD DR	6	..	5	.	2	POTOMAC	...\$1,625,000	Detached	2.03	20854 POTOMAC VIEW ESTS	06/24/15
7 10032 AVENEL FARM DR	5	..	4	.	2	POTOMAC	...\$1,575,000	Detached	0.53	20854 AVENEL	06/26/15

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Function Meets Beauty

Wheelchair accessible bathroom doesn't have to be utilitarian.

BY MARILYN CAMPBELL
THE ALMANAC

After Curtis Brand was diagnosed with amyotrophic lateral sclerosis (ALS) and he could no longer climb stairs, he and his wife, Judith, had to make the difficult decision to sell their home in northwest Washington, D.C. They then purchased a two-bedroom, two-bathroom property on the 18th floor of Turnberry Tower in Arlington, Va.

With amenities such as floor-to-ceiling glass windows, a European gourmet kitchen and marble bathrooms, the property offered the Brands luxury and could easily accommodate Curtis. It did need one modification, however: "There was a beautiful marble bathroom that I couldn't use," said Curtis. "We had to remodel it and replace fixtures that I could use."

After they purchased the property, the couple went on vacation to Florida. They left the project in the hands of Lanna Ali-Hassan, an interior designer with Glickman Design Build in Potomac. "We cast our fate to the wind," said Judith. "We made the decision and put it in their hands."

The design team's task was to create an aesthetically appealing, accessible space and have it finished when the Brands returned. While they were able to relocate some of



PHOTO BY JOHN TROHA

Judith and Curtis Brand chose honed marble in neutral tones for their bathroom, which was designed by Glickman Design Build.

the existing features, including the medicine cabinet, base cabinets and sink, the space needed a major overhaul to achieve a design that is both elegant and accessible.

"We actually had to gut the entire bathroom," said Ali-Hassan. "We replaced polished marble with honed marble to elimi-

nate the slip factor. There are his-and-her side sinks that are completely different, but mesh together.

The crew also removed the existing bathtub and replaced it with a roll-in shower to accommodate Curtis Brand's wheelchair. There is also a traditional shower entrance.

In addition, the glass-enclosed shower includes a seat, marble flooring and walls, and a Schluter water membrane system.

Through an exchange of emails and texts, the Brands worked with the design team to choose materials and fixtures. "We chose them from pictures," said Judith. "She gave us a number of alternatives to look at."

The toilet was replaced with one that is Americans with Disabilities Act (ADA) compliant, and Ali-Hassan added as many grab bars as possible, making sure "to use fixtures that are dual functional like towel bars that are also grab bars. Even the toilet paper holder is a grab bar."

Other features include a waterfall countertop, giving the appearance of a continuous surface that blends from the top surface down the side, and a built-in cabinet and shelves. The team chose materials that fit into the condominium's existing design aesthetic.

The result is a bathroom that maintains the level of luxury and accessibility that the Brands desired. The space is safe, but still maintains a spa-like elegance of the original bathroom.

"We created a very functional bathroom for me as well as for my wife," said Curtis.

The bathroom was awarded the 2015 Chrysalis Award, which recognizes excellence in the remodeling industry.



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ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“The Parent Trap.” Through Aug. 14., various times at Imagination Stage, 4908 Auburn Ave., Bethesda. Twins raised separately by divorced parents meet at summer camp and trade places. Tickets are \$10. Visit www.imaginationstage.org for more.

“Rust Sun Bible Corn.” Through Aug. 16, gallery hours at Gibbs Street Gallery at VisArts Rockville, 155 Gibbs St., Rockville. Photographer Kim Llerena has documented rural towns for this exhibit. Free. Visit www.visartsrockville.org for more.

Adventure Theatre MTC Presents: “Oliver.” Through Aug., 16, Fridays at 7 p.m.; Saturdays at 2 p.m. and 7 p.m.; Sundays at 2 p.m. and 7 p.m. at Round House Theatre, 4545 East-West Hwy, Bethesda. Based on the classic Charles Dickens’ story, “Oliver” chronicles the life of a young orphan in 19th century London. Tickets are \$35 for students and \$45 for adults. Visit www.adventuretheatre-mtc.org or call the box office at 301-634-2270.

Seasonal Walk. Through Sept. 30, 7 a.m.-7 p.m. at Safeway, Downtown Silver Spring, 909 Thayer Ave. Walk the sidewalk trails through residential and retail areas of Silver Spring and into Takoma Park. Follow either the 5 km or the 10 km routes. Trails suitable for wheelchairs and strollers. Free. Register at www.sugarloafers.org.

Children’s Storytime. Wednesdays and Saturdays, 10 a.m. at Barnes & Noble Booksellers, 4801 Bethesda Ave., Bethesda Listen to employees read children’s stories. Free. Visit www.store-locator.barnesandnoble.com/event/4824850-21.

Adult Single Night. Saturdays, 9 p.m. at at Benny’s Bar & Grill, 7747 Tuckerman Lane, Potomac. Find a DJ, open dance floor, and other singles. No cover charge. Visit www.bennysbargrill.com.

The Bethesda Big Train. Through August. Shirley Povich Field in Cabin John Regional Park, 10600 Westlake Drive. The collegiate league baseball team The Big Train plays in the Cal Ripken Collegiate Baseball League, a wooden-bat collegiate league that has sent athletes to Major League Baseball. Visit www.bigtrain.org for more.

Bugs Bunny Programs. Aug. 1-16, Saturday and Sunday, at 11:30 a.m. at the AFI Silver Theatre, 8633 Colesville Road. Bugs Bunny programs presented by AFI. Tickets are \$5. To view show schedule, visit www.afi.com/silver/.

D.B. Stovall: Photographs of the American Vernacular Exhibit. Through Aug. 16, during gallery hours at Gibbs Street Gallery, 155 Gibbs St., Rockville. Take in the photography of D.B. Stovall and Kim Llerena. Their work focuses on of the American landscape and environment from specific conceptual and physical vantage points. Free. Contact the VisArts at Rockville at 301-315-8200 or www.visartsatrockville.org for more.

Bobby Coleman Art Exhibit. Through Aug. 16, during gallery hours at Common Ground Gallery, 155 Gibbs St., Rockville. View Bobby Colemans art exhibit, which will feature paintings of deconstructed objects, colors and symbols found within an urban landscape. Free.

Contact VisArts at Rockville at 301-315-8200.

“Garfield, The Musical With Cattitude.” Various times and days through Aug. 23 at Adventure Theatre, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Garfield the Cat sings and dances in a child-friendly production. Tickets are \$19.50 for children 1 and up. Visit www.adventuretheatre-mtc.org.

Art Exhibition. Through Aug. 30, Saturdays, 1-4 p.m., Sundays, 1 p.m.-8 p.m. at Photoworks Gallery & Photography School, 7300 MacArthur Blvd. View diverse artwork. Free. Visit www.glenechophotoworks.org.

Reels and Redwood. Tuesdays through Sept. 8, dusk at Redwood Restaurant and Bar, 7121 Bethesda Lane., Bethesda. Find drinks, dinner, and classic movies outdoors. Free. Visit www.redwoodbethesda.com for more.

Friday Night Live. Fridays through Sept. 4, 6:30-9 p.m. at Rockville Town Square. Find diverse music each week. Local restaurants will be selling food outdoors. Free. Visit www.rockvilletownsquare.com for a full schedule.

Nando’s Spicy Saturday Nights. 6:30-8:30 p.m. on Saturdays through Sept. 26 at Fountain Square Plaza. Local bands perform. Free. Visit www.downtownsilverspring.com.

Yoga on the Plaza. 7 p.m. on Wednesdays through Sept. 30 at Fountain Square Plaza. Take a mixed-level vinyasa flow yoga class from Grace Yoga instructors. Free. Visit www.downtownsilverspring.com.

Cooking Demonstration and Tasting. Wednesdays, Sept. 16-Nov. 4, 6 p.m. at The Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Local chefs provide demonstrations and tastings. Free, but registration required. Visit www.strathmore.org.

Butterfly Exhibit. 10 a.m.-4 p.m. daily from through Oct. 25 at Brookside Gardens, 1800 Glenallen Ave., Wheaton. Free. Visit www.montgomeryparks.org for more.

Art Walk in the Park. First Fridays through October. 6-8 p.m. Glen Echo Park. Enjoy pottery, calligraphy, glass work, and much more. Visit www.glenechopark.org for more.

Paint Night. 5:30-8 p.m. on first and second Mondays of the month through December at Sweet Frog, 100 Lexington Drive, Silver Spring. Spiritual Unicorn art sponsors a night of painting. Tickets are \$10 for children and \$15 for adults. Visit www.spiritualunicornart.com.

WEDNESDAY/AUG. 12

Daniel Bennett Group. 7:30 p.m. at Bethesda Blues and Jazz Supper Club, 7719 Wisconsin Ave., Bethesda. Saxophonist Daniel Bennett and his group performs their new album “The Mystery at Clown Castle.” Tickets are \$20. Visit www.bethesdabluesjazz.com.

Open Mic Night hosted by Chris Brooks. 8-11 p.m. at Villain & Saint, 7141 Wisconsin Ave., Bethesda. Sign up to perform at this rock ‘n’ roll music hall or sit back and enjoy listening to undiscovered talent. Free admission. Visit www.villainandsaint.com/shows/.

THURSDAY/AUG.13

Wally Worsley Band. 8 p.m. at Villain & Saint, 7141 Wisconsin Ave, Bethesda. Ages 21 and over are welcome to enjoy the rock music of

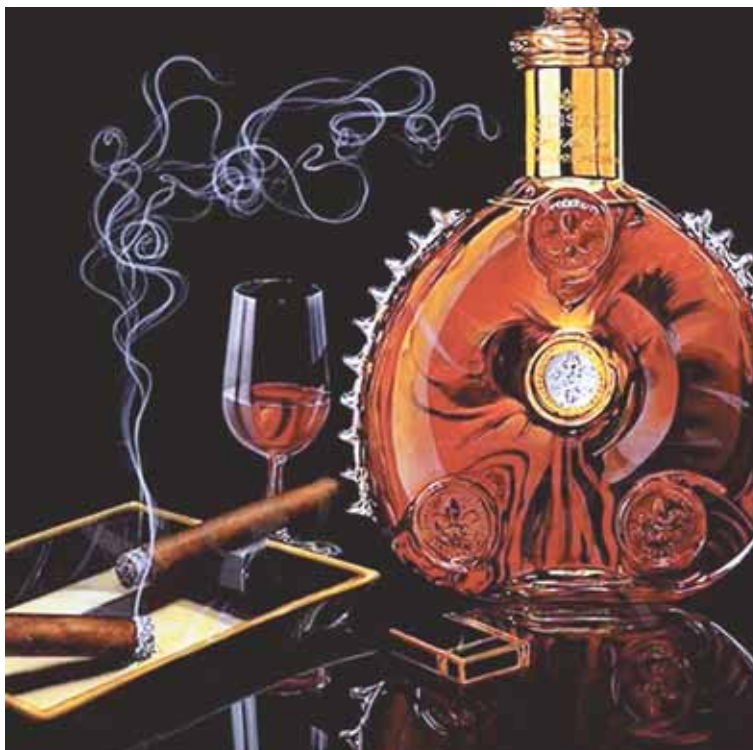


IMAGE COURTESY OF THE ARTIST

“The Rockstar of the Art World” Michael Godard will be available for meet-and-greets at his upcoming presentation of never-before-seen work. Godard’s olive and martini glass-themed work will be on display and available for purchase on Saturday, Aug. 15, 1-4 p.m. at Westfield Montgomery Mall, 7101 Democracy Blvd., Bethesda. Visit www.wentworthgallery.com.

guitarist/vocalist Wally Worsley. Doors open at 6 p.m. \$7 admission. Visit www.villainandsaint.com/shows/.

FRIDAY/AUG. 14

Trip to Barnes Museum in Philadelphia. 7 a.m. at Glen Echo Park, 7300 MacArthur Blvd. The Yellow Barn Studio at Glen Echo Park is sponsoring a bus trip to the Philadelphia Museum of Art, Rodin Museum, and the Barnes Museum. The cost of the round-trip, museum admission, and lecture is \$115. Visit www.yellowbarnstudio.com or call 240-626-4981.

Great Wines You’ve Probably Never Heard Of. 4-6 p.m. at Washington ArtWorks, 12276 Wilkins Ave., Rockville. Learn about “undiscovered” wines from various locations, price points, and pairings. Tickets are \$75. Visit www.washingtonartworks.com.

A Tribute to Billy Joel. 6-9 p.m. at Villain & Saint, 7141 Wisconsin Ave., Bethesda. Watch the band Miami 2017 perform a tribute set to artist Billy Joel. Ages 21 and over. Tickets are \$8-10. Visit www.villainandsaint.com.

Lee Greenwood Concert. 8 p.m. at Bethesda Blues and Jazz Supper Club, 7719 Wisconsin Ave., Bethesda. Country singer Greenwood has released more than 30 albums. Tickets are \$45. Visit www.bethesdabluesjazz.com.

Crowded Streets. 9 p.m. at Villain & Saint, 7141 Wisconsin Ave, Bethesda. All ages are welcome to enjoy Dave Matthews Band hits performed by this tribute band. Doors open at 6 p.m. \$15 admission. Visit www.villainandsaint.com/shows/.

AUG. 14-22

Montgomery County Agricultural Fair. 12 p.m.-12 a.m. at Montgomery County Fairgrounds,

501 Perry Parkway, Gaithersburg. Find carnival games and rides, a truck and tractor pull, monster trucks, animals and more. Admission to the fair is \$10 with additional fees for certain events. Visit www.mcagfair.com for more.

SATURDAY/AUG. 15

Ukulele and Guitar Summit. 10 a.m.-12 p.m. at The Strathmore, 5301 Tuckerman Lane, North Bethesda. VisArts invites artists of all skill levels to an 8-hour day of drawing on the VisArts Rooftop. Admission is \$25 in advance and \$35 at the door. Artists are asked to bring their own supplies. Visit www.visartsrockville.org for more.

Drawing Marathon. 10 a.m.-6 p.m. at VisArts at Rockville, 155 Gibbs St., Rockville. VisArts invites artists of all skill levels to an 8-hour day of drawing on the VisArts Rooftop. Admission is \$25 in advance and \$35 at the door. Artists are asked to bring their own supplies. Visit www.visartsrockville.org for more.

Falling Workshop. 12:30- 2:30 p.m. at Joy of Motion Dance Center-Bethesda, 7315 Wisconsin Ave., Suite 180E., Bethesda. Learn how to professionally take a fall during a performance. Admission is \$25-30. Visit www.joyofmotion.org.

Meet Michael Godard. 1-4 p.m. at Wentworth Gallery-Westfield Montgomery Mall, 7101 Democracy Blvd., Bethesda. Godard’s signature use of olives and martini glasses have adorned the walls of both fine art collectors and celebrities including Ozzy and Sharon Osbourne, Criss Angel and the cast of A&E’s “Inked.” Free. Visit www.wentworthgallery.com/godard for more.

Local Brews Local Grooves. 5 p.m. at The Fillmore, 8656 Colesville Road, Silver Spring. Ages 21 and over are welcome to enjoy craft beer

at this music festival featuring local talent. \$16 admission. Visit www.fillmoresilverspring.com.

Art Exhibit Opening. 6-8 p.m. at The Writer’s Center, 4508 Walsh St., Bethesda. View works of David Camero and Vatsala Menon, and get to talk to them at the evening reception. Free. Visit www.writer.org.

Speed Dating Event. 7-9 p.m. at Tommy Joe’s, 4714 Montgomery Lane, Bethesda. Professionals in the City is hosting a speed dating event for singles over 45. Admission is \$30 if purchased by 5 p.m. on Aug. 14. Visit www.prosinthecity.com.

Roundabout Performance. 9 p.m. at Villain & Saint, 7141 Wisconsin Ave., Bethesda. Roundabout is a pop/rock band. Tickets are \$5-7. Visit www.villainandsaint.com/.

SUNDAY/AUG. 16

Author Reading. 2-4 p.m. at The Writer’s Center, 4508 Walsh St., Bethesda. Richard Hoffman, author of recent memoir “Love & Fury”, is joined by May Rihani, author of “Cultures Without Borders.” Free. Visit www.writer.org.

Waltz Dance. 2:45-3:30 p.m. (workshop), 3:30-6 p.m. (dance) at Spanish Ballroom, 7300 MacArthur Blvd, Glen Echo. Music performed by Ivory Boys. No partner required. Admission is \$10. Visit www.WaltzTimeDances.org or contact Joan Koury at 301-634-2222.

Great Wines You’ve Probably Never Heard Of. 4-6 p.m. at Washington ArtWorks, 12276 Wilkins Ave., Rockville. Learn about “undiscovered” wines from various locations, price points, and pairings. Tickets are \$75. Visit www.washingtonartworks.com.

Dr. Nittler’s Elastic Soultastic Planet Performance. 6 p.m. at Villain & Saint, 7141 Wisconsin Ave., Bethesda. Open for all ages. Dr. Nittler’s Elastic Soultastic Planet is a soul, jazz and funk band. Tickets are \$5. Visit www.villainandsaint.com/.

WEDNESDAY/AUG. 19

Open Mic Night hosted by Chris Brooks. 8 p.m. at Villain & Saint, 7141 Wisconsin Ave, Bethesda. Sign up to perform at this rock ‘n’ roll music hall or sit back and enjoy listening to undiscovered talent. Free admission. Visit www.villainandsaint.com/shows/.

THURSDAY/AUG. 20

Cocktail Dinner Party. 6:30 p.m. at Ruth’s Chris Steak House, 7315 Wisconsin Ave., Bethesda. Celebrate the 50th anniversary of Ruth’s Chris Steak House with a five-course meal paired with vintage cocktails. Tickets are \$90. Visit www.ruthschris.com.

Ben Mason Band Performance. 8 p.m. at Villain & Saint, 7141 Wisconsin Ave., Bethesda. Open to all ages. Tickets are \$8-10. Visit www.villainandsaint.com/.

FRIDAY/AUG. 21

Katydid What? 8-9 p.m. at Locust Grove Nature Center, 7777 Democracy Blvd., Bethesda. Children aged 3 and older are invited to learn how to identify and appreciate the summer sounds of crickets, cicadas, frogs and katydids. Cost is \$3 per child. To register, call 301-765-8660 or visit www.parkpass.org.

Fives. 9 p.m. at Villain & Saint, 7141 Wisconsin Ave, Bethesda. Acoustic rock band performs. \$10 admission. Doors open at 6 p.m. Visit www.villainandsaint.com/shows/.

Backpack Drive To Benefit Needy Children

FROM PAGE 5

to learn and excited about going back to school instead of being ashamed,” said Bruce.

He recalled a letter from a mother of three children who received new school supplies from a previous backpack drive. Her husband had passed away and she was on disability and had a limited income. “It is an extreme challenge every school year to make sure the kids have the supplies they need to start the year right and this year I really did not know what I was going to do,” she wrote. “To my utter amazement, my children received beautiful, brand-new ... backpacks, stuffed with every item they could possibly need. ... We got home and all 3 were sitting in the middle of the liv-

ing room floor looking through their items like it was Christmas! Of course I had ducked into the kitchen weeping pure tears of gratitude.”

“This is really what the event is all about,” Bruce said. The Fonoroffs collected more than 950 backpacks last year, and their goal this year is to take in more than 1,000.

“We encourage people to bring as many backpacks as they want,” he continued. “In many cases, people with adult children have fun shopping for back-to-school supplies because they haven’t done it in years.”

School items that top Interfaith Works’ most-needed list include packages of lined filler paper, tab dividers, two-pocket folders and pencil pouches.

“We’re the lucky beneficiaries of Bruce and

Margo’s hard work and generosity,” said Charlotte Garvey of Interfaith Works. “They work to make [the ice cream social] a fun event and to solicit a wide variety of donations to give as door prizes.” In March, Interfaith Works named the Fonoroffs Humanitarians of the Year.

The Park Potomac Ice Cream Social will be held August 20, 2015 from 6:30 to 8:00 p.m. at Park Potomac development off Seven Locks Road in Potomac, Maryland.

Attendees are asked to bring new school supplies and new backpacks that Interfaith Works Interfaith Clothing Center will distribute to underprivileged children.

Those who are unable to attend, but would like to donate can visit www.iworksmc.org/.

‘Selfie’-Related Exhibit at Photoworks

FROM PAGE 2

like my photos besides my family. It has definitely inspired me to take even more photos and learn more about photography.”

MALLORY’S prizewinning image, “Christmas,” was a black and white photo of his own reflection in a Christmas tree ornament. Taken in 2012, he had no idea it would be on display for public viewing more than two years later.

“I had just gotten my first nice camera for Christmas,” Mallory recalled, setting the scene for his photo. “I was really happy with the photo.

Turning it black and white, the photo became less about Christmas and you could see more of myself in it.”

He said the other portraits he submitted, “Starry Night,” and “Selfie,” are also on display at Photoworks. His “Selfie” photograph is actually not even a picture he took of himself,

but one he shot of a girl in Prague taking a “selfie” in a public park.

Chevy Chase resident Gina Balodemas was the recipient of this year’s Photoworks Emerging Artist award. Balodemas has been involved with Photoworks for a few years, but this was the first time her work has earned her an award. Her submission on display is titled “Masked.”

“My mom had these masks that she bought from New Orleans,” she said. “I had never used them, because, where are you going to use a mask when you’re 18 years old? I put one on and put on black eye makeup. I used my phone and took pictures, some with flash and some without. I took an hour’s worth of photos and picked the ones I liked to submit.”

This was the first year that Photoworks presented the “Emerging Artist” award, and Balodemas was thrilled to be the inaugural recipient.

“This was the first year they did this award

so it was so exciting,” she said. “I have never been awarded for anything in my life except for academics. I was very surprised and felt very proud of myself. It’s really exciting to be a part of this.”

Balodemas said this is her last year she can be considered for youth contests at Photoworks, but she plans on taking more classes in the upcoming year.

“It’s a fun outlet,” she said. “It’s fun to get away from the whole school, college thing.”

Mallory, who has received no formal photography training, and only heard about the contest through a family friend, said he is looking forward to now being a part of the Photoworks community.

“I’ve taken photography classes at school and have done a couple of gigs, but I am not professionally trained,” Mallory said. “Being a part of this has made me feel more empowered and has given me more confidence in my photography.”

BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

FRIDAY/AUG. 21

Back-to-School Event. 6-9 p.m. at Lincoln Park Community Center, 357 Frederick Ave., Rockville. Find backpacks with school supplies for sale for \$2. Visit www.rockvillemd.gov/.

SATURDAY/AUG. 22

Athletic Education Event. 10:30 a.m.-12:30 p.m. at the National Museum of Health and Medicine, 2500 Linden Lane, Silver Spring. Learn about anatomy as it pertains to sports. Free. Visit www.medicalmuseum.mil

SATURDAY/AUG. 29

College Planning Program. 11 a.m.-12:30 p.m. at Davis Library, 6300 Democracy Blvd., Bethesda. Educational consultant M. Ann Goode, M.Ed., will address questions students and parents have about academic achievement and college

preparation. Free. Visit www.montgomerycountymd.gov or call 240-777-0922.

SATURDAY/SEPT. 12

Public Hearing: Early Voting in Montgomery County. 10 a.m. at Montgomery County Executive Office Building, 101 Monroe St., Rockville. The Montgomery County Board of Elections will receive testimony from the public about the list of Early Voting Centers for the upcoming presidential election. Each local Board of Elections in the State of Maryland is required to review its list of early voting sites every two years and make recommendations to the State Board of Elections. Visit www.montgomerycountymd.gov.

SEPT. 14-OCT. 11

“Establishing Your Online Presence.” Online via The Writer’s Center website. Workshop instructor Bernadette Geyer will be providing instruction to small business owners and independent consultants on how to create a website and navigate social media. The cost is \$195. Visit www.writer.org for more.

SUNDAY/SEPT. 20

Panel Discussion. 2 p.m. at The

Mansion at Strathmore, 10701 Rockville Pike, North Bethesda. Engage in a discussion about the development and importance of women in the food industry. Free, but registration required. Visit www.strathmore.org/.

THURSDAY/OCT. 1

Great Decisions: Syria’s Refugee Crisis.

12:30-2 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Great Decisions, a national program of the non-partisan Foreign Policy Association is sponsored by Friends of the Library, Potomac Chapter. Most months there is a guest speaker.

The program is free and open to the public; bring a brown bag lunch. A copy of the 2015 Briefing Book is available at the Information Desk. The book cannot be checked out; it takes about an hour to read the relevant article. Books can be ordered at fpa.org.

SUNDAY/OCT. 4

Great Names Community Lecture Series.

3-5 p.m. at Bethesda Jewish Congregation, 6601 Bradley Blvd., Bethesda. Bethesda Jewish Congregation presents Jeff Malka, Jewish genealogist. Open to all. Free,

but RSVP to secure a seat. Call 301-469-8636 or visit www.bethesdajewish.org/ registration/.

THURSDAY/NOV. 5

Great Decisions: Human Trafficking in the 21st Century.

12:30-2 p.m. at Potomac Library, 10101 Glenolden Drive, Potomac. Great Decisions, a national program of the non-partisan Foreign Policy Association is sponsored by Friends of the Library, Potomac Chapter. Most months there is a guest speaker. The program is free and open to the public; bring a brown bag lunch. A copy of the 2015 Briefing Book is available at the Information Desk. The book cannot be checked out; it takes about an hour to read the relevant article. Books can be ordered at fpa.org.

SUNDAY/NOV. 15

Jewish Community Day.

10 a.m.-5 p.m. at University of Maryland Hillel, 7612 Mowatt Lane, College Park. The Jewish Federation of North Bethesda will host “Routes: A Day of Jewish Learning 2015.” Find more than 70 sessions of informative seminars and

SEE BULLETIN, PAGE 11

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By KENNETH B. LOURIE

If my experiences as a cancer patient/ "terminal" "diagnosee" are at all typical, then the following generalization might in fact be true: certain situations and/or feelings that were once tolerated before diagnosis are nearly impossible to tolerate after diagnosis: traffic, waiting in lines, rudeness, compromise, sacrifice, delayed/deferred gratification, to list just a few. Life becomes so much more precious, that wasting some of it – or the perception of wasting some of it – on unpleasant, unrewarding, aggravating, stressful, menial tasks, obligations, duties, etc. becomes almost too much to bear; on a consistent basis, anyway. It's a reverse bucket list. It's less about what you want to do/accomplish and more about what you don't want to do/endure. Avoiding unpleasantness becomes as important as finding happiness. Getting high on life is the epitome, but if you're frequently getting low on living, you are not merely adding by subtracting, you are neutralizing. And though there may be a net gain emotionally, the associated pain and suffering may ultimately minimize the benefit.

And minimizing benefits is hardly the stuff of which cancer patients' dreams are made. You need to maximize, not minimize. You need to reinforce every positive and eliminate any and all negatives, disconnecting and disengaging along the way if necessary; remembering that your life may depend on it. There's no future – literally and figuratively, in being miserable (or being made to feel miserable). Life is challenging enough without a cancer diagnosis. Being told by an oncologist that you only have "13 months to two years" to live turns that challenge into a directive almost. The prognosis is not so much given/meant as a guarantee as much as it is a presumption (based on a variety of tests/scans) that time will indeed tell. Nevertheless, it's difficult to not take those words personally, especially since you're hearing them from a professional. Believing them is hard enough, but devising some sort of strategy to embrace/assimilate and incorporate them into a lifestyle you want to live is sort of a management problem for which most of us haven't been trained and even less of us prepared for. It's hard knocks that school never taught. That was college prep., not cancer prep. And even though you're not exactly fending for yourself once you're in the cancer whirled, you are in a world not of your own making, and a world (of emotions) likely never imagined and certainly not anticipated.

How you navigate, how you survive becomes a series of very personal choices. After all, it's your life (actually in this column, it's my life), and we have to live it. Obviously I am responsible for my own actions, but I have to be responsible for my own "inactions," too. Solving problems, minimizing hassles, finding solace, accepting limitations, living and learning are all less effective if I'm distraught in the process. Happiness is one thing. Unhappiness is quite another.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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SPORTS

MPSSAA Fall Sports Begin Aug. 12

Maryland Public Secondary Schools Athletic Association fall sports begin Aug. 12, meaning teams around the area will start having tryouts and practicing.

Churchill Sports

For the Churchill football team, first-year head coach Albert Song takes over a program that finished 6-4 last season and last made the playoffs in 2012. The Bulldogs will scrimmage at Flowers High School in Springdale at 1 p.m. on Friday, Aug.

SPORTS BRIEFS 21. Churchill will open the season at home against Clarksburg at 6:30 p.m. on Friday, Sept. 4.

The field hockey team, led by head coach Cay Miller, will open the season at home against Springbrook at 5:15 p.m. on Sept. 9. The Bulldogs reached the 4A South region semifinals in 2014.

The girls' soccer team, led by head coach Haroot Hakopian, will scrimmage at Linganore at 5 p.m. on Sept. 2, and open the season at home against Rockville at 7 p.m. on Sept. 8. The Bulldogs reached the region quarterfinals last season, losing to Bethesda-Chevy Chase in double overtime.

The boys' soccer team, coached by Arnold Tarzy, will compete in an event at Whitman High School on Sept. 5, three days before hosting Rockville at 5:15 p.m. on Sept. 8. The Bulldogs earned the top seed in the 4A West region playoffs, but fell to Walter Johnson in the quarterfinals in penalty kicks.

The volleyball team will host rival Wootton at 6:45

p.m. on Sept. 8. The Bulldogs, led by head coach Cindy Hillard, reached the 4A West region championship match in 2014.

Whitman Sports

The Whitman boys' and girls' soccer programs brought home state championships last year. This year, the boys' team, led by head coach Dave Greene, will host an event on Sept. 5 and will travel to face Blake at 5:15 p.m. on Sept. 8. The girls' team, coached by Greg Herbert, will participate in a scrimmage at Middletown High School on Aug. 29, and will open the season at Blake at 7:15 p.m. on Sept. 8.

The football team, led by head coach Jim Kuhn, will open the season at home against Paint Branch at 6:30 p.m. on Sept. 4. The Vikings went 4-6 in 2014.

The field hockey team, coached by Allie Skiest, will host Clarksburg on Sept. 9. The Vikings reached the region semifinals in 2014.

Wootton Sports

The Wootton football team, led by head coach Eddie Tolliver, will open the season at home against Kennedy at 6:30 p.m. on Friday, Sept. 4. The Patriots went 5-5 last year.

The field hockey team will travel to face Rockville at 3:45 p.m. on Sept. 4. The Patriots, coached by Kearney Blandamer, reached the region final last season, one year after playing in the state championship game.

The boys' soccer team, coached by Doug Schuessler, will host a tournament on Sept. 5, and will travel to face Richard Montgomery at 7:15 p.m. on Sept. 9. The Patriots, who won the state title in 2012, lost in the opening round of regionals last season.



PHOTO BY HARVEY LEVINE/THE ALMANAC

Chelsea Cahill and the Whitman girls' soccer team won the state title in 2014.

NEWS BRIEFS

Northern Snakehead Fish Found Above Great Falls

The C&O Canal National Historical Park, Maryland Department of Natural Resources, and the U.S. Fish & Wildlife Service have recently discovered the non-native northern snakehead fish within the park's canal system above Great Falls.

After visitor reports of the snakehead fish in 2014, biologists from the agencies discovered several snakehead fish in the canal waters between Great Falls and Violette's Lock. The snakehead fish has become established in the Patuxent River and other fresh and low-salinity tidal waterways in Maryland and Virginia, but had not previously been found in the non-tidal Potomac River system above Great Falls. An aggressive and predatory fish, the snakehead poses a substantial risk to many of native and game fish species both within the canal and in the upper Potomac River.

The agencies are working together to develop programs to monitor and control the presence and abundance of snakehead fish both in the canal and the upper Potomac River. As fishing has proved effective in reducing snakehead populations in tidal areas, the park is requesting that anglers pursue, catch, and remove any snakehead fish caught within the Potomac River system. There is no seasonal, size, or creel limits

for snakehead. If anyone observes or catches a snakehead fish within Maryland, notify fishingreports.dnr@maryland.gov.

It is a violation of state laws and the federal Lacey Act to possess, import, or transport live northern snakehead fish, punishable by fines up to \$250,000 and five years in prison.

County Introduces Online Pet Licensing

Montgomery County government is now offering online pet licensing services to county residents. County law requires a pet license for all dogs and cats four months of age or older. All that is needed is a current rabies vaccination certificate and a credit card.

A license is required even if a pet is always confined on private property, remains exclusively indoors or lives on a farm. The fine for an unregistered/licensed pet is \$100. The fine for not having a dog or cat vaccinated for rabies is \$500.

One of the benefits of pet licensing is proof that a pet is up-to-date with its rabies vaccination. A license can only be obtained with proof that a rabies vaccination is current. In the event of an emergency, a license tag greatly expedites contacting the pet owner to ensure that an injured pet gets the most appropriate emergency care.

In addition to the new online licensing program, Montgomery County pet licens-

ing, with written proof of a current rabies vaccination, can also be obtained through the mail or in-person at the Montgomery County Animal Services and Adoption Center.

Visit the "Licensing" icon on the Animal Services and Adoption Center website: www.montgomerycountymd.gov/animalservices.

Board, Commission Applicants Sought

The following boards and commissions currently have openings: Pedestrian, Bicycle, and Traffic Safety Advisory Committee; Western Montgomery County Citizens Advisory Board; and White Flint Downtown Advisory Committee.

The deadline for application is Aug. 28.

Vacancy announcements for county boards, committees, and commissions may be accessed through the following link: www.montgomerycountymd.gov/boards/index.html.

BULLETIN BOARD

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events. Visit www.shalomdc.org.

SUNDAY/NOV. 22

Great Names Community Lecture Series.

SCHOOL NOTES

Email announcements to almanac@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Emily Matthews has been named to the dean's list for the spring 2015 semester at the University of Sciences (Philadelphia, Pa.).

Alexandra Levenson, Emily Mangan, and Ashley Kalavritinos have graduated from James Madison University (Harrisonburg, Va.).

Harrison Heller has graduated from the University of Akron (Akron, Ohio).

Julia Meier has been named to the dean's list at Union College (Schenectady, N.Y.) for the spring 2015 semester.

Maryam Aboul-Enein, Omar Aboul-Enein, Jade Jacobs, Jade Lebrock, Allison Cola, Jacob Rayner and Andres Roa have been named to the dean's list at Salisbury University (Salisbury, Md.) for the spring 2015 semester.

Genevieve Austin and Hannah Roop have been named to the dean's list at Wheaton College (Wheaton, Ill.).

3-5 p.m. at Bethesda Jewish Congregation, 6601 Bradley Blvd., Bethesda. Bethesda Jewish Congregation presents Cokie and Steve Roberts, syndicated columnists. Open to all. Free, but RSVP to secure a seat. Call 301-469-8636 or visit www.bethesdajewish.org/registration/.

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Combos available Monday thru Friday, 11am–4pm.
Additional charge for priced condiments.
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