Bruins Return Plenty of Playmakers

Burke

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PHOTO BY JON ROETMAN/THE CONNECTION

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August 13-19, 2015

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News

Burke Connection Editor Kemal Kurspahic 703-778-9414 or south@connectionnewspapers.com



Lake Braddock Middle School student Jacob Parker perfects his cat-and-mouse game app inspired by Tom and Jerry cartoons at the summer Middle School Tech Institute by Thomas Jefferson High School for Science and Technology.



Fernanda Molina, 12, of Fairfax and an eighthgrader at Luther Jackson Middle School, creates an app that helps reduce stress for the summer Middle School Tech Institute by Thomas Jefferson High School for Science and Technology.



PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTI From left, eighth-graders Nathan Ma, 12, of Great Falls, and Anthony Cruz, 12, of Kingstowne, wait at the 3D printers for their designs to finish.

What I Did on My Summer Vacation—Built Rockets, Apps

TJHSST offers STEM courses to middle schoolers.

By Abigail Constantino The Connection

nside W.T. Woodson High School in Fairfax, Jacob Parker is watching a cartoon on the computer, while his teacher Dan Trau walks around the room, answering questions from students. But the rising Lake Braddock Middle School eighth-grader is actually watching his own creation in action.

Got an App for That? is one of the most popular classes being taught at the Middle School Tech Institute, a program of the Thomas Jefferson High School for Science and Technology. MSTI enables rising eighth and ninth grade students to explore numerous topics in STEM (science, technology, engineering and math) fields during one-week sessions. The program started on July 13 and ends Aug. 7.

Parker's app is a cat-and-mouse game, inspired by Tom and Jerry cartoons he used to watch. Rising ninth-grader at Chantilly High School Arjun Nachiappan's app is also game. It is not something he would play but he's learned a lot so far. "If I didn't come to this class, I wouldn't know how to do it," he said. Luther Jackson Middle School eighth-grader Fernanda Molina, of Fairfax, designed an app that was inspired by seeing her parents being stressed out.

One app that Trau said shows a lot of potential is a baseball app idea from one of the students. The premise of the app is to predict if the baseball is going to be a strike once it is over home plate. "It's in the beginning phases but that could be really interesting...It's simple but it's challenging at the same time," he said.

BUT NOT EVERYONE is going to come up with a home-run winning product, especially in the span of one week. Trau said that the focus should not be on whether the product failed or succeeded. "They may struggle but if they struggle

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Bottom row, from left: David Zaldana, 13, Chantilly, Franklin Middle School; Matthew Zoaquria, 12, Alexandria, Holmes Middle School; Jagath Mukkamal, 13, Chantilly, Mercer Middle School; Ethan Tran, 13, Reston, Herndon Middle School; David Ariunna, 13, Centreville, Liberty Middle School. Top row, from left: Bryce Kaplan, 14, Fairfax, Robert Frost Middle School; Kevin Zeng, 13, Ashburn, Trailside Middle School; and Camila Orr, 12, Great Falls, Cooper Middle School. Students prepare to launch rockets they created during Middle School Tech Institute by TJHSST.

and seek growth, then now they learn how to grow and that's infinitely more valuable than a particular discipline." Trau said that students do better in all their classes when they shift from a "failure mindset."

"It's a 'I can't do it right now but I will be able to do it if I do this, if I keep working at it, if i talk to people, if I look at it from different points of view," he said.

Some 600 students from all over Fairfax, Prince William and Arlington counties and Washington, D.C. have participated in the institute. Two hundred students from underrepresented and economically disadvantaged groups won scholarships from Northrup Grumman and the Jack Kent Cooke Foundation. TJHSST principal Evan Glazer said that it is "extremely important" to do everything to attract students from a broader pool to STEM fields.

STEM professions will only improve from having a variety of perspectives, he said. He added that diversity is needed in all fields, as it creates a richer perspective.

Trau makes an active effort to engage girls in computer science classes. At Falls Church High School, his class had over 40 percent girls.

"In computer science it's about 10 to 12 percent girls taking computer science courses and a lot of that has to do with perceptions of society and their intimidation," he said.

More Information

STEAM - http://www.fcps.edu/is/steam/

Governor's STEM Academy at Chantilly High School - http://www.doe.virginia.gov/ instruction/career_technical/gov_academies/ academies/fairfax.shtml

Jack Kent Cooke Foundation Young Scholars Program - http://www.jkcf.org/ scholarship-programs/young-scholars/

TJHSST Partnership Fund - http:// tjpartnershipfund.org/tjpartnershipfund/ outreach/

Creating an environment where girls feel that they fit in and they belong is a way to encourage them to computer science, said Trau.

OUTSIDE THE CLASSROOM, Camila Orr, 12, of Great Falls, the only girl in the It IS Rocket Science class, is about to test the rocket she built. It broke during the transport but she feels confident that it will launch successfully once she reattaches the broken piece.

"I thought that maybe the only girl that was there might have been late at first and that maybe she was coming the next day. But no one else came," she said. The Cooper Middle School student signed up for the class because she thought it was interesting.

MSTI program manager Craig Lewis said that 85 to 90 percent of students taking the classes have no prior knowledge of the course they are going into. "They may have an interest but they may not know exactly what they're doing."

He said that teachers are able to teach students at any level and be able to get them the knowledge to be proficient. "It can get as intricate as you want...You get out of it what you put into it."

Classes offered at the institute include: Design for Disaster, Exploring the Night Sky, 3D Printing and Animation, Infectious Biological Outbreak, Fun with Electronics, a myth busters class, web page design and science writing.

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Jiuka's garden in Alexandria.

Aronia Berries

Backyard Vegetable Gardens Feed Multi-Cultural Cuisines

In Fairfax County, tomatoes are a staple of local gardens along with peppers, cucumbers, potatoes, beans and herbs like mint, oregano and cilantro.

> By Mike Salmon The Connection

here's nothing like a juicy red tomato fresh out of the backyard garden to brighten up a summertime salad or a sandwich. Or a bittermelon, aronia berries or "paradise apple," as persimmons are known in Bulgaria. The multi-cultural population in Fairfax County has grown roots in the backyard vegetable garden.

"In my country, the name is paradise apple," said Jiuka, an Alexandria resident from Bulgaria, as she held a small, green persimmon fruit on a tree in her yard. Jiuka's yard was full of cucumber plants, eggplant, green peppers, squash, tomato and okra, as well as aronia berries and drenka, another Bulgarian favorite. Planting her own fruits and vegetables "is very important, I came from a country where we had good agriculture," she said. She does all the gardening herself. "I learned from my mom," Jiuka said.

It's not just the "backyard" garden for Springfield resident Henrey Nguyen, who lives in a corner lot that is full of vegetables, herbs and fruit, mostly of an Asian variety. His grandmother "does all the work when it comes to the garden," Nguyen said. There are Bartlett Pears growing on a few trees in the yard, with melons, red peppers and bittermelon, an Asian specialty that gives soup its flavor. Bittermelon has another unexpected use in the garden, said Nguyen. "We used to have deer, they took a bite of the bittermelon and never came back," he said.

Some of Nguyen's vegetables and herbs go to local Vietnamese restaurants too where they know the owners, he said, like the Golden Cow, Pho Factory and Bangkok Noodle, all in Annandale.

JIUKA AND NGUYEN are not alone in the

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Early stages of a bittermelon.

backyard garden craze. In fact, there is a surge of gardeners growing their own food in the last few years, according to the National Gardening Association, based in Williston, Vt. In their report, "Garden to Table: A 5-Year Look at Food Gardening in America," Americans growing their own food in home or community gardens went from 36 million households in 2008 to 42 million in 2013, an increase of 17 percent. The NGA attributes the increase to federal agencies increasing awareness and educational efforts, and by First Lady Michelle Obama's "Let's Move," initiative that features food grown in the White House Kitchen Garden.

In Fairfax County, tomatoes are a staple of local gardens along with peppers, cucumbers, potatoes, beans, and herbs like mint, oregano and cilantro. Tomato gardening is what most of the questions the county Master Gardeners get, said Adria Bordas, a senior extension agent at the Virginia Cooperative Extension Master Gardener helpdesk.

The Fairfax County Master Gardeners

Red card in Nguyen's garden wards off animals.

Association, Inc. (FCMGA) is a nonprofit organization of volunteers who provide research-based horticultural information, tips, techniques and advice to home gardeners in the community.

Bordas noted that one of the strong points about vegetable gardening in Fairfax County is that gardens "can be a four-season veggie garden if you work at it with frost protection," she said in an email.

In Jiuka's garden, she has the tomatoes and cucumbers, but also a wide variety of fruit she likes to eat because by growing her own, she knows what goes into them as far as pesticides and fertilizers. "I try to be organic," she said. Bordas noted this as a possible healthier aspect of homegrown vegetables too.

Although Jiuka doesn't have bittermelon to fend off unwanted guests that nibble on the fruits and vegetables like Nguyen, she constantly battles with the local animals over the garden, especially the okra. "I have one rabbit that likes these leaves," she said. She puts nets over her blackberry and raspberry plants, but it's a constant struggle. "I'm

Highlights from Report

- NGA report "Garden to Table: A 5-Year Look at Food Gardening in America" states:
- 1 in 3 households are now growing food, highest levels seen in a decade
- Americans spent \$3.5 billion on food gardening in 2013, up from \$2.5 billion in 2008 ✤ 76 percent of all households with a food garden
- grew vegetables, a 19 percent increase since 2008
- Households with incomes under \$35,000 participating in food gardening grew to 11 million, up 38 percent since 2008

fighting with birds, they like it a lot," but admitted she's the imposter when it comes to the native birds and mammals.

BESIDES BEING FRESH AND OR-GANIC, some of these exotic fruits and vegetables have health benefits that are not known to many in this area. Bittermelon, known as bitter gourd to some, has been known to be used for gout, cholera, eye problems and even hangovers. Aronia berries are used for urinary tract disorders, and another Bulgarian vegetable, drenka, helps digestion.

News

Dealing with the Dumps

Supervisors to hear proposal for more regulation of donation bins.

By Tim Peterson The Connection

Burke resident Nicole Hudak didn't think much of it when she would see extraneous items left in front of Goodwill and Better World Recycling clothing donation bins near the corner of Old Keene Mill and Lee Chapel Roads.

But since she walks her dog past the corner daily, she noticed immediately when the items grew in size and quantity.

"I started seeing more and more stuff: a pool table, couches, mattresses," she said. "This is ridiculous. The sign on the bin clearly says clothes and shoes, it doesn't say table and chairs."

Hudak admits the items usually get picked up at some point — by whom she doesn't know — but there's always more to replace it the next day — again, it's not clear who's doing the dumping.

To find out who is responsible for maintaining the area, Hudak contacted both Fairfax County and the Virginia Department of Transportation, who informed her the corner is not within the jurisdiction of the state.

She made contact with an investigator in the Fairfax County Department of Code Compliance, who she said told her the dumping was indeed a violation.

THE QUESTION remained: What to do about it?

Hudak said the investigator asked her what she would like to see done. They discussed having the property owner put up signs saying, "No Dumping Allowed" or just having the bins removed altogether.

"Whatever you can do to remedy the situation, that's fine with me," said Hudak. "There's not an eyesore, but it's people taking advantage, unloading whatever right there."

Heath Eddy with the Fairfax Department of Planning and Zoning said this problem isn't localized to Burke. There was previously a higher concentration of donation sites and dumps along the Route 1 Corridor. County staff have been discussing the issue for the last five to six years, he said.

Though the Department of Code www.ConnectionNewspapers.com



Desks, pool tables and kitchen tables are among the household items Nicole Hudak has seen dumped in front of clothing and book donation bins near the corner of Lee Chapel and Old Keene Mill Roads.



Nicole Hudak recently found a grill discarded at collection bins meant for only clothing and books.

Compliance takes on cases where someone complains about dumping by these bins, Eddy said so far it has remained a problem largely because there's not a precise set of standards for the bins themselves: where they can be placed, how many can be in one spot, how long they're allowed to sit unattended.

"It's not clean the way it's enforced," Eddy said. "You have to negotiate — there's no real hammer to go after people with." That goes for the county interacting with the property owner and the bin owner, or just the property owner working things out directly with the bin owner.

Eddy knows of one organization that has around 100 bins spread across Fairfax County and estimates there could be hundreds more through other donation groups.

To address the problem, Planning and Zoning has already adopted a resolution to create just such a set of standards. In October, the department will send a zoning ordinance amendment to the Board of Supervisors for approval that allows the Code Compliance officials to be more aggressive with how they handle complaints about dumping at the bins.

"One problem is these boxes appear out of nowhere and the property owners end up inheriting a problem they didn't even want," Eddy said. "It's a charity item, but at the same time, they don't have the right to leave a box or not have it maintained enough."

Jim Ciampini, a Department of Code Compliance supervisor, estimates his office works on around ten cases of dumping at donation bins each year.

UNDER THE CURRENT zoning

ordinance, the bins are defined as "accessory structures" to a given property, Ciampini said, but the proposed amendment would more specifically define what the bins are. With regards to the specific case Hudak has complained about, Ciampini said the bins are in violation of the current zoning district. They're located on required parking spaces and not set far back enough on the property. Then there's the overflowing problem.

Ciampini said both the property owner and and owner of the bins have been contacted about complying with the code.

In the mean time, Hudak sends the investigator an email with a photo more or less every day she sees new items dumped at the site in Burke. It's "what's here today," she said. "For me now, you just kind of have to accept it."

For residents interested in having large items like old mattresses or other used furniture picked up directly from their home, Jim Ciampini says to contact the agency that regularly picks up your trash and arrange a special pickup time.

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OPINION 'Our Community Deserves Better'

Strongly worded recommendations for police on transparency and public trust; FCPD has miles to go.

utrage over the shooting death of John Geer of Springfield on Aug. 29, 2013, by a Fairfax County Police officer led the Fairfax County Board of Supervisors to form of the Ad Hoc Police Practice Review Commission, which began meeting in

March 2015. The Communications Sub-EDITORIAL committee was the first to give recom-

mendations to the full commission, and the report pulled no punches.

"Communications in recent high-profile useof-force and critical incident cases were mishandled, inadequate and untimely, leading to loss of public trust and questions about the legitimacy of police actions. ... Our community deserves better."

"The failures in both communications and its Freedom of Information Act policies have created this crisis of confidence for FCPD. ... There must be significant change coming from the leadership of the county and the Fairfax County Police Department. No longer can they just pay lip service to the idea of transparency. Real change is needed – now. ...

"It is well past time for the Fairfax County Police Department to start providing timely, honest and effective communications with everything it does. We deserve nothing less. ... "Constant 'happy talk' breeds suspicion,

in increased credibility." The Communications Committee, led by former Fairfax County Public Information Officer Merni Fitzgerald, calls for: a culture

change to favor releasing as much information as possible; policy change to encourage transparency and accountability by establishing a culture of disclosure; adopting a predisposition-to-disclose, with public records presumed to be public and exemptions strictly and narrowly construed.

while being direct and clear about mistakes

and failures as well as accomplishments results

For example, the committee calls for: releasing the names of officers involved in any police shootings within one week; releasing video

from body cameras, dashboard cameras and any other digital record of of a police-involved shooting death im-

mediately; a continuous process of information declassification for cases that are no longer active or are closed; releasing actual police reports, with redactions where necessary, rather than creating summary documents; providing unfettered access to blottertype information to include a list of every incident and call with the basic who/what/when/ where/how information.

The full report is eight pages, well-written and well worth reading.

CHANGE IN CULTURE is not coming automatically or easily to the Fairfax County Police Department. While the FCPD has released reams of information to the commission, that has not included much requested and needed information for the commission and its subcommittees to meet established scope of work.

For example, the Use of Force Subcommittee is tasked in its scope of work to "review (not investigate) recent use of force incidents

Read Report Online

http://www.fairfaxcounty.gov/policecommission/ subcommittees/materials/final-recommendation-comnunication-subcommittee.pdf

(lethal and non-lethal) involving FCPD as well as review any existing data summarizing all FCPD use of force interactions, officer involved shootings resulting in death or injury, and incustody deaths from 2005 to 2015.'

In May, the committee asked what documents and reports would be available and when.

The following response was posted in June:

"The Chief of Police will post a synopsis and other information regarding the department's officer involved shootings but will not be releasing any case reports, files or documents from the criminal or administrative case."

That response does not reflect a culture of transparency.

But what's worse is that on Aug. 10, just weeks before the subcommittee's final recommendations are due to the full commission, the committee still has not received the synopsis promised, or even a list of officer-involved shootings resulting in death or injury, and incustody deaths from 2005 to 2015.

FCPD Chief of Police Edwin Roessler is scheduled to present the synopses to the committee on Aug. 12. All commission and subcommittee meetings are open to the public, see http:// /www.fairfaxcounty.gov/policecommission/

> — Mary Kimm, MKIMM@CONNECTIONNEWSPAPERS.COM

Mary Kimm, Connection editor and publisher, serves on the Ad Hoc Police Policies Review Commission. The opinions expressed here are her own, and do not speak or the commission

COMMENTARY

Now Is Time To Unite for Education in Fairfax County

By Jim Corcoran President and CEO Fairfax County Chamber of Commerce

ecently, the Fairfax County Federation of Teachers ran advertisements in the Connection newspapers questioning the dedication of the Fairfax County Board of Supervisors and the business community to the county's education system.

Nothing could be further from the truth.

The Fairfax Board of Supervisors has worked tirelessly to support Fairfax County Public Schools (FCPS). In fact, approximately 70 percent of FCPS' budget is unfairly shouldered by the county, which comes directly from residential and commercial taxes. From FY 1996-2014, contributions from the county quadrupled that of student ing hand and hand with the growth. And this past April, the county, to thwart any attempt to

Board of Supervisors, in its FY2016 adopted budget, increased funding for FCPS for the fifth consecutive year, funding our schools at 99.8 percent of their advertised budget; bringing the total increase from FY2012 to FY2016 to \$240 million.

All the while, residents and businesses are being taxed by lawmakers in Richmond, with little return in education dollars coming directly from the state to show for it. The Fairfax Chamber has, for decades, supported the full funding of K-12 education throughout the entire Commonwealth. The Chamber believes that the future growth of the Northern Virginia economy, and consequently Virginia's economy, depends on a significant investment in K-12 education. The Chamber has been a leading voice in Richmond, workcut the state's contributions to FCPS.

Our work on behalf of FCPS extends beyond advocacy. Since 2010, the Fairfax Chamber has partnered with FCPS to establish the Education Foundation, a 501(c)(3) charitable organization allied with, but independent of, the county's public school system.

Every two years, the Fairfax Chamber spearheads the School Bond Referendum committee ensuring there are appropriate dollars for the county's education infrastructure to meet the needs of our growingly diverse community.

Additionally, the Fairfax Chamber has been recognized by the School Board for its years of dedicated partnership with Fairfax County Public Schools.

And we promise that will not stop. We will continue to advocate for the needs of our schools. However, the Fairfax County Federation

of Teachers is wrong to direct their frustration at the Board of Supervisors and the business community. The problem rests with Richmond. Historically, the Local Composite Index (LCI) places Fairfax County at a disadvantage by not taking into account important factors such as the differential between county and city taxing authority, the impact of cost of living on a locality's ability to pay staff, and the increased costs associated with providing services to growing limited English proficiency and special education populations. For years, the Board of Supervisors, FCPS, and the Fairfax Chamber have called upon the General Assembly to provide FCPS their fair share of state education dollars. Our schools, our children, and our economy depend on it.

We must come together and work united towards a common good.



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Roundups

Support Backpack Program

The not for profit Western Fairfax Christian Ministries (WFCM) is seeking donations from the community of new backpacks for students in need who attend schools in the Fairfax County area as part of its Collect for Kids Back to School Program. WFCM's goal is to provide backpacks for 2,300 qualified low income children who attend schools in the Centreville High School, Chantilly High School and Westfield High School pyramids. In 2014, WFCM assisted 2,019 children in those schools. Due to continued demand, WFCM is looking to increase its program capacity this year in hopes of assisting every child who needs a backpack in western Fairfax. The most needed backpack size is a large one with at least two compartments to hold multiple books and binders for middle and high school students. Backpacks should be of good quality, approximately \$15-30 in cost.

Community members interested in helping support WFCM's backpack program, may donated a new, large backpack, but no character backpacks, backpacks with wheels, or only one shoulder strap. The greatest need is for large backpacks for older students; more than 1,000 large backpacks are needed for students in middle and high schools (dimensions 18-19 inch high x 13in wide x 8-10 inch deep, with two main compartments). Donated backpacks may be brought to WFCM's Client Services Office and Food Pantry (13888 Metrotech Drive, Chantilly, next to Papa John's Pizza) until Friday, Aug. 14, 9 a.m. - 2 p.m. See www.WFCMVA.org.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Aug. 13, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/AUG. 13 Fairfax County Deer Management Archery Program Public

Information Meeting. 7 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The Fairfax County Deer Management Archery Program begins Sept. 12 and runs through Feb. 20, 2016. Under the oversight of the Fairfax County Police Department, in collaboration with the Fairfax County Park Authority and the Northern Virginia Regional Park Authority, the archery program is conducted in parks and other locations

throughout Fairfax County. Blood Drive. 9 a.m. - 2:30 p.m. Rim Pacific Management, 12150 Monument Drive. The American Red Cross is facing a looming shortage of the blood types most needed by patients and is calling on eligible donors with O negative, B negative and A negative blood to give now to prevent an emergency situation. Blood donation appointments can be quickly and easily scheduled by using the Red Cross Blood Donor App, visiting



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HomeLifeStyle



Sun Design's Roger Lataille proposed a stacked stone hearth for a sitting area adjacent to the open kitchen. The textural vertical accent - evoking a cabin-like ambiance - creates an invitation to sit and interact that had previously been missing from a nondescript corner.

Photos by Greg Hadley



BEFORE: Wood panelling, wainscoting, and a sled ceiling with faux rafters were among the dated interior details that defined the home's previous interior.



Sun Design's "transitional"-style interior design solution concentrates on pleasing contrasts. The 3.6-foot-by-8-foot cook top island and three stool dining counter features a walnut-colored base topped with a granite surface. The dark-stained oak flooring is offset by ivory-hued paneling that wraps a two-door refrigerator, a roll-out pantry and drawers custom-designed to satisfy the cook's requirements.

Home's Makeover Enhances Family Life

With time constraints, Sun Design converts large, dated house into residence that satisfies everyone's agenda.

eet Roger Lataille, senior design consultant at Sun Design Remodeling and — modeling scenarios. more importantly — a remodeling resource homeowners turn to, and return to, whenever they need expert advice, hands-on support and commitment.

Case in point: in 2012, a north Arlington couple engaged Lataille to execute a top-tobottom makeover to their 2,300-square-foot home. The goal was to implement functional within budget, the owners dubbed the re- possible. sults "exceptional" in every detail.

Now, two years later, and with two daughters growing rapidly, the couple asked Lataille for ideas for an addition. As it turned up the street were planning to sell their nearly 5,000-square-foot colonial.

This was a promising development for with faux exposed timbers." Lataille's space-cramped client, but far from a slam-dunk.

The neighbor's house had been built in the scribed as rustic. late 1960s and hadn't been upgraded in decades. Still, more living space was a tanta- 2015, " he added, "A far cry from the conlizing proposition, and the couple soon asked temporary transitional style my clients Lataille for an assessment on remodeling the wanted.' house to the standard he had achieved in The kitchen, likewise, featured outmoded their current residence.

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BY JOHN BYRD walked through the house and — before any decision had been reached regarding a possible purchase — the designer developed preliminary sketches depicting several re-

What was obvious to everyone from the start was that the existing house was seriously dated, even degraded in places - and that the desired upgrade would require considerable vision, budget-mindedness and team performance.

Adding to the drama: if the deal went through, the new owners wanted to put their improvements within a "transitional" inte- current house on the market immediately, rior design style that would work well for a remodel the purchased property at once and growing family. Delivered on time and move into their new residence as soon as

> There would be no interim period of rental properties or furniture in storage.

"Looking back, the qualitative difference between the interiors of the two houses was out, the terrain around the property was too profound," Lataille said. "The house being steep. While space enlargement discussions considered for purchase was like something were still underway, however, the couple from a 1970s movie set. There was largelearned that elderly neighbors a few doors pattern floral wall paper, wainscot paneling in many rooms; the family room adjacent to the kitchen was covered by a sled ceiling

Moreover, the interior design style, Lataille elaborates, may have once been loosely de-

"But the look was plainly anachronistic in



By dropping the sled roof to the standard eight feet, the designer introduces a scale more appropriate to the family room's size and purpose. French doors with sidelights now connect the space to a 17-foot-by-31foot deck complete with hot tub and outdoor kitchen.



Colonial accents that including Dutch-style **BEFORE: Lataille described the interior of the previous family room as** In short order, Lataille and the clients maple cabinet facings, a Delft mosaic tile **"rustic" — something of anachronism in 2015.**

back splash, and vinyl counter surfaces. There was even a 30-vear-old microwave — "really a kind of museum piece," Lataille said — "embedded in the food prep island."

Downstairs, a spacious multi-function lower-level zoned as "game room," "playroom" and "work room' had become stale from lack of use.

the same. Here, Lataille concentrated on introducing There was a tired old kitchenette in a rear corner wholly new elevations — eliminating all vestiges of the Colonial-style finish work while developing a — which meant that fixtures needed for sinks and refrigerators were already in place. But much of the brightly luminous interior scheme composed of granlower level was little more than a partly below-grade ite surfaces and ivory-hued cabinet facings. basement — hardly a place for upbeat family enter-The 3.6-foot-by-8-foot cook top island and three tainment.

"The kitchen-centric first level plan had considerable potential," Lataille said, "but it needed a more hot tub and outdoor kitchen. The front stairs in the cohesive interior — one that would support a more intimate scale.

roof

By uniformly dropping the ceiling to the standard 8 feet, the visual experience of anyone in the room now shifts to horizontal sight lines dominated by large windows and outside landscaping. The more sharply articulated indoor-outdoor continuum, in turn, adds focal points and intimacy — yet is more expansive.

a nondescript corner.

prepared.



BEFORE: The existing kitchen's dated Colonial accents included Dutch-style maple cabinet facings, a mosaic tile back splash and a vinyl counter surface.

IN THE PLUS COLUMN: the house featured generously-sized rooms and segues, large windows accessing abundant natural light and an appreciably "open" first floor plan with sight lines in three direc-

The first feature Lataille slated for deletion: the sled

To highlight perspective, Lataille proposed a stacked stone hearth for a sitting area adjacent to the open sit and interact that had previously been missing from hearth.

formed into a cozy spot for sitting by the window eryone. with a book, or chatting with the cook as meals are Family life — at its most fulfilling.

Details

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm has a second office in McLean. Call 703-425-5588 or visit www.SunDesignInc.com.

stool dining counter now features a dark walnut-colored base topped with a dappled granite surface. The dark-stained oak flooring, by extension, perfectly contrasts with the ivory-hued paneling that wraps a twodoor refrigerator, a roll-out pantry and drawers custom-designed to satisfy the cook's requirements.

French doors with sidelights now connect the family room to a 17-foot-by-31-foot deck complete with foyer have been re-finished; existing decorative capitals refurbished.

Downstairs, the once darkly cavernous lower-level has been elevated into an all-purpose family play area. Exposed vertical support beams are encased in dry wall. which, likewise, wraps HVAC vents. New woodgrained vinyl flooring, recessed lights and tawny/ golden wall paint lend the space a light, cheerful ambiance.

The new play room features billiards, pinball and a card table where Dad hosts a weekly card game. The stacked stone tile fireplace situated in front of an Lkitchen. The textural vertical accent — evoking a cozy shaped configuration of couches offers a perfect spot cabin-like ambiance — creates an iconic invitation to to watch a plasma screen TV mounted above the

The old kitchenette, transformed into the family's With a panoramic view on one side and the open downstairs refreshment center, provides step-saving kitchen on the other, the redesigned niche is trans- convenience that makes entertaining easier for ev-

With the exception of moving interior walls a few John Byrd (byrdmatx@comcast.net) has been inches, the kitchen footprint remains fundamentally writing about home improvement topics for 30 years.

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upgraded stainless steel appliances, granite countertops, new cabinets, and a charming pot rack. This property with upgraded bathrooms is vacant and ready for immediate occupancy!



Entertainment

From left -Aaron Sulkin, John Kinde, Jonathan Frye, **Chema Pineda-**Fernandez, Alison Talvacchio, Matt Succi and Nerissa Hart rehearse for "Midsummer on a Playground."





Introducing Shakespeare to Children

By David Siegel

Workhouse Arts Center debut for Pocket Change Theatre's "Midsummer on a Playground."

duction of "Midsummer on a Playground." It is a new

adaption of Shakespeare's "A Midsummer Night's

"Pocket Change Theatre's upcoming performances

of 'Midsummer on a Playground' is an inventive spin

on Shakespeare and a welcome addition to our line-

up of theatrical offerings for young audiences," said

Joseph Wallen, director of performing arts. "We hope

this production is just the first of many that Pocket

Change will produce in coming seasons, adding more

options for parents wanting to share the magic of

attending live theatrical experiences with their fami-

One of the goals of Pocket Change is to have a

series "to make Shakespeare accessible to kids by

putting it in a fun, low-pressure environment," said

artistic director Ruthie Rado of Springfield. "When

Shakespeare means a bunch of silly people on a play-

ground, not a standardized multiple choice question,

kids realize that Shakespeare can be exciting and

Pocket Change Theatre was founded by recent

graduates of George Mason University. The founders

include David Johnson, Colin Riley and Rado. In a

phone interview, Rado indicated they wanted to cre-

ate their own theatre company for young audiences

to "push the boundaries of style and story." A first

vegetables on their quest to save their friend from

According to Rado, "while we have made cuts for

length and added a preshow magic act, Shakespeare's

language remains intact. We firmly believe that

Shakespeare can be understood and enjoyed by

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the scary fruit bowl," said Rado.

Dream.'

fun."

lies at the Workhouse."



From left — Aaron Sulkin, John Kinde, Jonathan Frye, Chema Pineda-Fernandez, Alison Talvacchio, Matt Succi, and Nerissa Hart rehearse for "Midsummer on a Playground."

Where and When

Pocket Change Theatre presents "Midsummer On A Playground" at Workhouse Arts Center, W-3 Theatre, 9518 Workhouse Way, Lorton. Performances Friday, Aug. 28 at 7 p.m. and Saturday, Aug. 29, at 4 p.m. and 7 p.m. Tickets, \$12 adults, \$10 for ages 12 and under. Call 703-584-2900

Note: This 45 minutes, no intermission performance of Midsummer on a Playground" will have relaxed seating, house lights will stay up, lighting cues will be minimal, no step outside. This will be explained at the top of the show.

a distinctive narrative that can be "dialogue light, making the show accessible to English as a Second Language and Deaf/Hard of Hearing audiences."

tany Martz (Fairfax Station and GMU graduate). She will use a theatrical framing device of a magic show as two traveling magicians "hypnotize" audience "volproduction was "War and Peas" about "three brave unteers" who will then unwittingly perform Midsummer while in a trance. Seven actors will play more than 20 roles.

"Not only is Shakespeare for everyone, but so is theatre," added Martz. "No matter what you look like or where you come from, anybody can magically transform into a new character."



Nancy Hannans' recent paintings weave stories of love, joy and harmony in magical lands filled with unlimited possibilities. Hannans combines her love for storytelling and universal symbolism to communicate that we are all interconnected, and to celebrate our common humanity. Her artwork is on display at the Workhouse Arts Center through Sept. 6.

ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/AUG. 13

Afternoon Book Club. 1 p.m. Richard Byrd, Library, 7250 Commerce Street, Springfield. Join this afternoon book club, make new friends, and chat about books. This month's title is "How It All Began" by Penelope Lively.

FRIDAY/ AUG. 14

Library Playdate: Toddlers. 10:30 a.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. A fun place to play with other toddlers. Ages 1-2 with Adult. Sign up required. http:// www.fairfaxcounty.gov/library/

branches/bc/ Kingstowne Farmers Market. 4-7 p.m. Fridays, May 1-Oct. 30. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey and hand held pies and rolls.www.fairfaxcounty.gov/ parks/farmersmarkets, kingstownemkt.htm

SATURDAY/AUG. 15

- Art of Movement Class. 8 a.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Enjoy free, drop-in Art of Movement classes featuring Yoga, Hula, Mat Pilates, Surfset and Tai Chi.
- Date Night: Chef's Table. 7 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Create, cook and eat together at this fun cooking class. \$150 per couple. Master Gardeners- Plant Clinic.
- 10 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. Master Gardeners will answer all your gardening questions every Saturday morning. Adults

Mount Vernon Nights 2015: The Revelers. 7-8 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. The Revelers, founding members of the Red Stick Ramblers and The Pine Leaf Boys" "unquestionably the two groups at the vanguard of the Louisiana cultural renaissance" have joined together to form a Louisiana Supergroup which combines Swamp-Pop, Cajun, Country, Blues and Zydeco into a powerful tonic of roots music that could only come from Southwest Louisiana. Free admission.

- Tales to Tails. 11 a.m. Fairfax Library, 10360 North Street, (Fairfax. Children ages 6-12 celebrate Prince Boo-Boo's birthday with games, activities and reading to the dog. Please bring a birthday card. School age. http://www.fairfaxcounty.gov/ library/branches/fx/
- Burke Farmers Market. 8 a.m.noon. Saturdays, May 2-Nov. 21. 5671 Roberts Parkway, Burke. www.fairfaxcounty.gov/parks/ farmersmarkets/burkemkt.htm
- Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. ww.smartmarkets.org.
- Fairfax Farmers Market. 8 a.m.l p.m. Saturdays, May 9-Oct. 31. 10500 Page Avenue, Fairfax. www.fairfaxsaturdaymarket.com.

SUNDAY/AUG. 16

Model Train Show. 1-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road. The Northern Virginia NTRAK members will hold a N gauge model train show. Admission: \$2-

- \$4. Visit www.fairfax-station.org. Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 3-Nov. 8. Featuring fresh produce, a Swiss bakery and potted plants and herbs. VRE Parking Lot, 8990 Lorton Station Boulevard, Lorton. www.fairfaxcounty.gov/parks/ farmersmarkets/lortonmkt.htm
- Fairfax Farmers Market. 10 a.m.-2 p.m. Sundays, May 10-Oct. 25. 10500 Page Avenue, Fairfax. www.fairfaxsaturdaymarket.com/

Fair Lakes Farmers Market. 9 a.m.-1 p.m. 4501 Market Commons Drive,

Fairfax.www.greentowns.com/ initiative/farmers-market/fairlakes-farmers-market-fairfax-va.

MONDAY/AUG. 17 Lorton Evening Book

Conversations. 7 p.m. Lorton Library, 9520 Richmond Highway, Lorton. Discuss "Back When We Were Grownups" by

Anne Tyler. Adults. **Paws To Read.** 5 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Practice reading with Wylie, a trained therapy dog. Call or sign up for a 15-minute session. Age 6-12 with adult.

Let's Hear It For The Girls! 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. All girls

See Calendar, Page II

or visit www.workhousearts.org

making the show autism-friendly. This means that the loud sounds and audience members are free to move or

young audiences." Pocket Change also aims to have

"Midsummer on a Playground" is directed by Brit-



From Page 10

book discussion group of "Where the Mountain Meets the Moon" by Grace Lin. Age 9-12 with adult female. Deconstruction/Construction. 2:30 p.m. Fairfax Library, 10360 North Street, Fairfax. Join the City of Fairfax Regional Binary and Tech Shop DC-Arlington for an afternoon of demolition. We will deconstruct a common household electronic device. Teens. Sign up required. http:// www.fairfaxcounty.gov/library/

TUESDAY/AUG. 18

branches/fx/

S.T.E.A.M Storytime. 2 p.m. Burke Centre Library, 5935 Fred Oaks Road, Burke. Science, Technology, Engineering, Art and Math. Each month focuses on one subject with stories and activities for preschoolers. Ages 4-5 with adult. Sign up required. http:// www.fairfaxcounty.gov/library/

branches/bc/ Brain Games at the Library. 2 p.m.

- Fairfax Library, 10360 North Street, Fairfax. Have fun and win prizes with our board and card games that challenge your thinking. Ages 8-12. School age. http:// www.fairfaxcounty.gov/library/ branches/fx/
- **Classics Book Club.** 7 p.m. Richard Byrd, Library, 7250 Commerce Street, Springfield. This month's title is "Little Prince" by Antoine de Saint-Exupery. Adults.
- Afternoon Book Discussion Group. 1:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. "Discuss One True Thing" by Anna Quindlen. Adults.
- Great Decisions Seminar. 2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Roundtable discussion

of U.S foreign policy. Topic: Refugee Crisis. Adults.

- Legos In The Library. 4:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Use your imagination and make friends with our LEGO bricks free build. LEGOs provided by Friends of the Kings Park Library.
- **Evening Book Discussion Group.** 6:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. The Wild Blue: the men and boys who flew B-24's over Germany by Stephen E. Ambrose. Adults.

WEDNESDAY/AUG. 19

- PJ Book Buddies. 10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Will read selections from the PJ Library and make a craft to bring home. PJ Library provides families with free Jewish books and music each month. Ages 6 months to 5 years. Sign up required. http:// www.fairfaxcounty.gov/library/ branches/bc/
- Bilingual Storytime. 4 p.m. Fairfax Library, 10360 North Street, Fairfax. Stories and songs in English and Spanish. Ages 3-5 with adult. Sign up required. http:// www.fairfaxcounty.gov/library/ branches/fx/

THURSDAY/AUG. 20

- Afternoon Reading Group. 1 p.m. Fairfax Library, 10360 North Street, Fairfax. A Constellation of Vital Phenomena by Anthony Marra. Adult. http:// www.fairfaxcounty.gov/library/ branches/fx/
- Magic Tree House Club. 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Reading Buffalo Before Breakfast. School age. Sign up

- required. http:// www.fairfaxcounty.gov/library/
- branches/bc/ Springfield Writers' Group. 7 p.m. Richard Byrd, Library, 7250 Commerce Street, Springfield. Share your work, give and receive feedback in a supportive setting.

FRIDAY/AUG. 21

Adults.

- Kingstowne Farmers Market. 4-7 p.m. Fridays, May 1-Oct. 30. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria. Vendors products include fresh organic honey and hand held pies and rolls.www.fairfaxcounty.gov/parks/ farmersmarkets/kingstownemkt.htm
- Fun and Games. 2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Board games and fun. Ages 6-12. Sign up required. http:// www.fairfaxcounty.gov/library/ branches/bc/

FRIDAY-SUNDAY/AUG. 21-23

Workhouse Music Hall. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Friday & Saturday: 8 p.m. Sunday: 6 p.m. A good old-fashioned rowdy music hall filled with laughter and songs (both vintage and modern songs that evoke the mood) will fill the air in an homage to the famously unique brand of entertainment Purchase tickets at workhousearts.org.

SATURDAY/AUG. 22

Burke Farmers Market. 8 a.m.-noon. Saturdays, May 2-Nov. 21. 5671 Roberts Parkway, Burke. www.fairfaxcounty.gov/parks/ farmersmarkets/burkemkt.htm

Ongoing

- **Evenings on the Ellipse** Summer Concert. Thursdays, through Aug. 20. 5:30-7 p.m. Fairfax County Government Center Ellipse (Backyard), 12000 Government Center Parkway, Fairfax. Relax with music, tastes of local wines and great company.
- Burke Arts in the Parks. Saturdays, through Aug. 22. 10 -11 a.m. Burke Lake Park Amphitheater, 7315 Ox Road, Fairfax Station. Entertain children, teach them the importance of protecting our natural resources, introduce them to live entertainment in an informal kid friendly atmosphere. and forge a connection between kids and parks. Call 703-323-6601.
- **Stars on Sunday Concert** Series. Sundays, through Aug. 30. 3 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton.
- Featuring a lineup of performances that showcase the diversity of talent and culture in Northern Virginia. Concerts are free to attend and are perfect for

Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. **Creative Writers Club.** 2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Join for sharing, discussion and feedback on your works in progress. Teen volunteer facilitates. Ages 13-18. Sign up required. http:// www.fairfaxcounty.gov/library/

families, a special date or a relaxing afternoon of music and dance.

- Summer Reading Program. Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. http:// www.fairfaxcounty.gov/library/ branches/fx/.
- Follow Your Heart: Recent Work by Nancy Hannans through Sept. 6 at Workhouse Arts Center, 9518 Workhouse Way, Lorton. Nancy Hannans' recent paintings weave stories of love, joy and harmony in magical lands filled with unlimited possibilities. Hannans combines her love for storytelling and universal symbolism to communicate that we are all interconnected, and to celebrate our common humanity. The women in her work represent all cultures and races. They embody the beauty of the human spirit and are symbols of wisdom, strength, honesty, courage and perseverance.

branches/bc/

From Seed To Sprout. 10:30 a.m. Kings Park Library, 9000 Burke Lake Road, Burke. See how amazing seeds are and learn to sprout seeds by making your own Bean Baby American Horticultural Society and National Capital Area Garden Club. Age 6-12.

Special Connections Calendar Advertising Deadlines are the previous Thursday unless noted. AUGUST 8/26/2015.....Newcomers & Community Guide Pullout SEPTEMBER 9/2/2015......Wellbeing Labor Day is Sept. 7 9/9/2015..HomeLifeStyle Pullout – Real Estate & New Homes 9/16/2015.....A+ Camps & Schools Back to School, Open Houses 9/23/2015 Fall Fun, Food, Arts & Entertainment 9/30/2015.....Professional Profiles & Your Business in the Community **OCTOBER** 10/7/2015......Wellbeing Senior Living Pullout 10/14/2015......HomeLifeStyle 10/21/2015 A+ Camps & Schools Halloween is October 31 10/28/2015 Election Preview NOVEMBER 11/4/2015......Wellbeing E-mail sales@connectionnewspapers.com for more information. ONNECTION Award-Winning Newspapers & Online 703-778-9431 www.ConnectionNewspapers.com . .

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News

Schools Budget Task Force to Consult Community on Possible Cuts

ith Fairfax County Public Schools facing a projected Fiscal Year 2017 budget shortfall of \$100 million, the school superintendent Dr. Karen Garza established a task force to look at programs or services that may be eliminated in order to make up some of that deficit.

According to an update from the Aug. 7 online newsletter from Fairfax County, the 36-member task force has already met four times since June and discussed ideas for balancing the budget that came from a community online forum.

Among the four and a half pages of preliminary suggestions drawn

Bulletin Board

FROM PAGE 7 redcrossblood.org or calling 1-800-RED CROSS.

Multi-Sensory Environments **Workshop.** 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax.

Learn more about how to use multisensory techniques to calm individuals prone to agitation or frustration, or stimulate passive

6000 Schoolhouse Woods Rd.

Burke, Virginia 22015

703-250-6550

from community input are eliminating athletics and varsity sports programs, downsizing the Advanced Academic Program, energy-saving measures such as shortening the period that athletic fields are lit, and not implementing the planned later school start times.

Though no decisions have been made, the newsletter announcement said more suggestions will be posted online this month for community members to explore and offer feedback.

The school system also announced a pair of community meetings where more information on the budget process, task force work and the online feedback tool

individuals who appear withdrawn. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

FRIDAY/AUG. 14

Blood Drive. 9 a.m. - 2 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The American Red Cross is facing a

will be provided. Those meetings include:

-Wednesday, Sept. 9, at South Lakes High School from 7 to 9 p.m. -Saturday, Sept. 12, at Mount Vernon High School from 10 a.m. to noon.

Final suggestions from the task force are scheduled to go to the superintendent in October and be shared with the school board in November.

Garza will formally present her budget to the school board on Jan. 7, 2016.

For more information on the Task Force and Fiscal Year 2017 budget, visit www.fcps.edu/ savefcps.

Tim Peterson

looming shortage of the blood types most needed by patients and is calling on eligible donors with O negative, B negative and A negative blood to give now to prevent an emergency situation. Blood donation appointments can be quickly and easily scheduled by using the Red Cross Blood Donor App, visiting redcrossblood.org or calling 1-800-RED CROSS

Find Your Children Safe & Sound DDE GOUN DEVELOPMENTAL LEARNING CENTER DEVELOPMENTALLY APPROPRIATE SCHOOL YEAR AND SUMMER CAMP PROGRAMS Designed to provide a complete, happy, safe learning environment in harmony with the needs of the child. **CHILDREN AGES 2-5** Full (6:30 a.m.-6:30 p.m.) and half day (9:00 a.m.-1:00 p.m.) programs SPECIAL FEATURES Developmental Curriculum • Degreed Teachers • Registered Nurse • Music Director • Nutritious Breakfast, Lunch and Snacks • Heated Swimming Pools • Spacious Shaded Playgrounds • Planned Orientations and Presentations for Parents • State Licensed **BEFORE & AFTER SCHOOL PROGRAMS KINDERGARTEN AGES SIX-ELEVEN YEARS** Registrations are now being accepted for the **GRADES 1-6** 2015-2016 School Year. Two Virginia certified Transportation provided to Terra Centre, teachers per classroom. Program emphasizes Fairview, White Oaks, and Cherry Run language arts, math, computer literacy, science Elementary Schools. Emphasis on special social studies, social development, art, music events, sports, time for homework, and student's and physical development. choice of activities FULL DAY SUMMER CAMP PROGRAM AGES SIX TO ELEVEN YEARS Program is organized into weekly themes packed with FANTASTIC FIELD TRIPS, A SENSATIONAL OVERNIGHT CAMP OUT, DAILY SWIMMING, SPORTS, DANCING, MUSIC, AND AN END OF THE SUMMER "SMASH" MUSICAL PRODUCTION BY **OUR CAMPERS FOR THEIR FAMILIES.** Come See Our **KIDDIE COUNTRY I KIDDIE COUNTRY II** Award-Winning Facilities! Burke-Springfield Burke Centre Fairfax Station (Fairfax) (Both Schools Winners

of American Institute of Architects Awards)



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Sports

Lake Braddock Football Returns Plenty of Playmakers

Bruins were blown out by Westfield in 2014 region semis.

By Jon Roetman The Connection

here is no guarantee the Lake Braddock Bruins will face the Westfield Bulldogs this season. For the first time since 2008, the teams will not meet during the regular season.

But if you ask Bruins quarterback Kyle Edwards, Lake Braddock will inevitably cross paths with Westfield if the Burke school is going to capture its first state championship in football.

"They're going to be a team that we're going to have to beat if we want to go for a state championship," Edwards said. "We're not preparing for Westfield, we're not thinking about Westfield, but we know."

The Bulldogs have reached the region championship game each of the last four seasons, beat the Bruins in the semifinals each of the last two years and figure to once again be a contender in 2015. Last year, after beating Westfield during the regular season, Lake Braddock laid an egg during the postseason rematch. The Bruins turned the ball over three times in the first quarter, trailed 35-0 at halftime and 42-0 in the fourth quarter before a trio of late Bruin touchdowns made the final score 42-20.

Edwards passed for 382 yards in defeat, but turned the ball over three times during Lake Braddock's first 12 plays.

NOW A RISING SENIOR, Edwards enters his second season as the Bruins' starting quarterback and will lead a Lake Braddock offense loaded with talent. The 6-foot-2 signal caller is a threat through the air or on the ground, and figures to be more polished in his decision making with a year of experience under his belt.

"Really, what I'm looking for from Kyle is play just like you did last year and cut down on mistakes because mistakes kill you," Lake Braddock head coach Jim Poythress said. "Turnovers and interceptions kill you. He just needs to do what he's capable of doing, not try to force any of the action. Let his skill kids outside make plays [and] we should be fine."

Edwards will have plenty of weapons at his disposal as he attempts to lead Lake Braddock to a seventh consecutive Patriot District/Conference 7 title and a deep postseason run. Rising senior receiver/defensive back Peyton Scott is one of the Bruins' playmakers and figures to be an impact player on both sides of the ball.

"He's an X-factor type guy," Poythress said. "He can run back kicks, play D-back, play anywhere in the secondary. He played safety www.ConnectionNewspapers.com



Rising senior Kyle Edwards enters his second season as Lake Braddock's starting quarterback.

Football Scrimmages

The Lake Braddock football team will host Hayfield for a scrimmage at 6 p.m. on Thursday, Aug. 13. Second-year Hayfield head coach Eric Henderson was a Lake Braddock assistant coach in 2012 and 2013.

Woodson will hold its Blue/White Game at 7 p.m. on Thursday, Aug. 13 at Pat Cunningham Stadium.

last year, now we'll play him at corner. He can probably cover anybody in this region, I'm pretty certain. He can play out wide, he can carry the ball and he can crack a long run ... at any time."

Rising junior Lamont Atkins is the team's top threat at running back.

"He has tremendous hands," Poythress said, "but he can run the ball as well."

Rising junior Ibrahim Mansaray will also see carries. Poythress said Mansaray is "probably the quickest kid I've ever coached."

"He's short, but don't be fooled, he's built," Poythress said. "He's super strong." Rising seniors Josh Churchill. David Fofi

and Trey Stephens are also receiving threats for the Bruins.

"They have to stop not only weapons through the air running down the field on them, but also, in the backfield," Scott said. "They're not going to know where the ball

is going. ... It's going to be tough to handle." How does the quarterback keep all his weapons happy?

"It's not a challenge," Edwards said, "it's a great problem to have."

Rising senior tackle Aaron Lenhardt (6-5, 250) and rising senior guard Johan Marin (6-2, 245) are standouts on the offensive line.

Lake Braddock also returns plenty of tal-



Rising senior Peyton Scott is one of many offensive weapons for the Lake Braddock football team.

South County will travel to scrimmage Woodbridge at 6 p.m. on Friday, Aug. 14. Robinson will travel to scrimmage Osbourn and Edison will travel to scrimmage McLean, both at 6 p.m. on Thursday, Aug. 20. Lee will travel to scrimmage West Potomac and Fairfax will host Stuart, both starting at 6 p.m. on Friday, Aug. 21.

ent on the defensive side of the ball. Rising seniors David Hibner and Kamron Abolfotouh return as defensive ends in the Bruins' 4-3 scheme. Atkins, and rising seniors Darius Johnson, Andrew Niedringhaus, and Daniel Dinges are returning linebackers. Scott, Mansaray and rising junior Asa Ward are standouts in the secondary. Rising sophomores Tyler Matheny and Jack Darcy could also be impact players.

Rising senior Nick Bruhn is the kicker.

LAKE BRADDOCK will open the season on the road against Lee at 7 p.m. on Friday, Sept. 4. The Bruins' first home game is Sept. 11 against Annandale.

Lake Braddock's other notable regular-season matchups include Robinson (away, Sept. 18), Centreville (home, Oct. 2), West Springfield (home, Oct. 23) and South County (home, Nov. 6).

"It's a better group [this season] because there's no individualism," Poythress said of the Bruins. "

These people sometimes stand out and they're above everyone else and they make you miserable, even from a coach. ... They need to bond and jell together more as a unit and not little cliques on the outside. At the end of the day, that wears you thin. Seems like we have a good group."



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