

New Principal at Rachel Carson

NEWS, PAGE 12

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**NEWCOMERS
& COMMUNITY GUIDE**



Meet the Candidates for County Board

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What Is the Best Thing About Living in Herndon

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Former teacher Gordon Stokes will be serving his first year as Rachel Carson Middle School's principal.

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FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to herndon@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday school and adult education available. Morning prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers

a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3- to 4-year-old students for the 2010/2011 school year. 703-938-2391 or www.epiphanypreschool.com.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday worship services for the Southern Baptist church are at 10:45 a.m. The public is invited to join a Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

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John Geer's friend Jeff Stewart (center) speaks to reporters outside the Fairfax County Courthouse following Adam Torres' arraignment hearing. Torres was indicted Aug. 17 by a special grand jury and faces second-degree murder charges in the August 2013 shooting death of John Geer.



PHOTOS BY TIM PETERSON/THE CONNECTION

Commonwealth's Attorney Raymond F. Morrogh (center) speaks with reporters outside the Fairfax County Courthouse following the arraignment hearing for former Fairfax County Police officer Adam Torres. Judge Stephen Shannon denied Torres' counsel's request to set a bond; Torres was released to the custody of the Sheriff's Office. Both parties agreed to begin a jury trial on Dec. 14.

Torres Trial Date Set for December

Bond denied for former police officer charged with murdering John Geer.

BY TIM PETERSON
THE CONNECTION

Shortly after 10 a.m. on Aug. 19, former Fairfax County Police officer Adam Torres entered the circuit courtroom for his arraignment, dressed in a baggy, blue-green prison jumpsuit. Torres was indicted the previous Monday by a special grand jury for killing Springfield resident John Geer in August, 2013.

He was still an officer at the time and one of several who responded to a call from Geer's longtime partner Maura Harrington that Geer was throwing her belongings out on to the lawn of their Springfield home.

After the indictment, Fairfax County Police said Torres surrendered himself that evening at the County Adult Detention Center.

Circuit Court judge Judge Stephen C. Shannon placed Torres' arraignment first on his docket. The defendant's attorney John F. Carroll began by rebutting his client being held without bond until the trial. Murder qualifies as an offense for which bond is denied in Virginia, but it can be argued whether the person accused poses a flight risk or is a threat to the community.

Carroll stated the case that Torres, 32, immediately turned himself in, has no prior criminal record and has a wife and two children. As Hayfield and George Mason University graduate, Carroll said he doesn't think "you can find anyone with greater ties

to the community."

The attorney went on to summarize the Geer shooting incident, beginning to justify Torres by saying a handgun owned by Geer had been found on the scene "within reach, in our estimation," and that Geer had made "numerous erratic movements," prior to Torres firing.

And because the shooting in question was in Torres' performance of duties as a police officer, Carroll argued, "there's no reason for anyone to be fearful." Carroll then asked that a bond for Torres be set at \$25,000.

Commonwealth's Attorney Raymond F. Morrogh spoke after Carroll in opposition to the bond motion. "Not only did he kill Mr. Geer," Morrogh said, "but did so with malice." Morrogh later added that was the consensus of the special grand jury.

The prosecutor also referenced evidence that Torres had been in a "deteriorating mental state," saying the former police officer had fought with his supervisor and with his wife because he suspected her of infidelity.

Though Morrogh didn't disagree with Torres' connection to the community and lack of flight risk, "It's the first time I've seen a

police officer shoot someone who had his hands up," he said. "I think that makes him dangerous."

Judge Shannon reminded that, "We're not here to decide the merits of the case today, solely the bond."

Citing "some indications at the time of

"It's the first time I've seen a police officer shoot someone who had his hands up," "I think that makes him dangerous."

Commonwealth's Attorney Raymond F. Morrogh



the incident of a deteriorating mental state," Shannon denied Carroll's request for a bond to be set.

Torres and the attorneys were asked to stand while the details of his trial were negotiated. Carroll hoped to start early in 2016 while Morrogh was intent to begin as soon as possible.

The two parties settled on Dec. 14 to begin the trial, which Morrogh said he expected would last about a week. As the date was reached, Torres suddenly collapsed backward and fell to the ground.

Judge Shannon cleared the entire courtroom as the bailiffs rendered first aid and called a rescue team.

Torres was taken to a nearby hospital, Morrogh said afterwards, and his vitals were said to have returned to normal. The attor-

ney said it's not unusual for individuals to faint or pass out in the courtroom.

Outside the courthouse, Morrogh commented to reporters that though he's prosecuted judges and lawyers in his career, "It's rare to see a case like this — there's certainly no joy in it."

As for Torres being the first Fairfax County Police officer in 75 years to be charged with such an offense, Morrogh said he thinks "it's a really good thing that we don't have many of those."

"It's just the length of time this case has taken, that's not right," Morrogh said. "We have to have a finality to this."

Fairfax County had withheld much of the information about the case, including Torres' name, until Geer's family filed a \$12 million lawsuit against the Police Department.

Torres had been taken out of field work but remained employed by Fairfax County until he was fired in July of this year.

The county justified not releasing the information previously due to ongoing investigations by Police Internal Affairs, the Commonwealth's Attorney's office and the U.S. Department of Justice.

Jeff Stewart, Geer's best friend who witnessed the shooting and became a member of the Fairfax County ad hoc commission to review police practices, sat directly behind Torres during the arraignment. He had never seen the man face to face prior to that morning, and expressed sympathy for Torres and members of his family who were present at the hearing.

Stewart described having "mixed emotions" since the indictment. "I feel good for the process, and bad for the man," he said.

Torres' wife and family members declined to comment after the hearing.

OPINION

Schools Need Support at All Levels

TAMARA DERENAK KAUFAX
LEE DISTRICT REPRESENTATIVE
FAIRFAX COUNTY SCHOOL BOARD

COMMENTARY

It is encouraging to read in a recent Connection commentary by Jim Corcoran, president and CEO Fairfax County Chamber of Commerce (“Now Is Time to Unite for Education”), that the chamber is taking seriously the funding crisis facing Fairfax County Public Schools. Mr. Corcoran is absolutely right that K-12 spending at the state level has not kept pace with rising enrollments and costs. In fact, Virginia now ranks in the top 10 nationally in measures of wealth, but in the bottom 10 in support for public schools. Virginia ranks 41st out of 50 states in K-12 funding.

After eight years of painful budget cuts, the deep deficit FCPS faces for FY 2017 — perhaps in the range of \$100 million — is certainly due in part to chronic underfunding of public schools at the state level. However, the relative share of state and county contributions to the FCPS operating budget has not changed

in that time. The annual transfer from the Fairfax County government to the schools has also not kept pace with growing enrollments and costs. FCPS is spending \$1,000 less per child, in real dollars, than in 2008 - the state and county governments share this responsibility.

Mr. Corcoran correctly points out that FCPS has received increased funding from the county over the years. It is important to note that during the last eight years, however, enrollment growth and rising costs have outpaced increased revenue by \$500 million. In FY 2015, for example, the county increased the transfer to the school system by 3 percent resulting in an increase in revenue of \$51.5 million. In that same year, FCPS experienced unavoidable cost increases totaling \$78 million: a required increase to the Virginia Retirement System of \$38.9 million; health rate increases of \$19.9 million; and enrollment growth of \$19.5 mil-

lion.

To balance the cumulative effects of inadequate budgets since 2008, FCPS has had to raise class size three times and forego regular teacher step increases four times, budget choices that are simply not sustainable. In that time the relative share of county and state funding has not changed, so both funding bodies are responsible for the very challenging position FCPS finds itself in today.

It is past time for school systems, local governments, PTAs, employee associations and businesses throughout Virginia to join forces and hold the General Assembly accountable for its responsibility to fully fund K-12 education in every corner of the Commonwealth. The Fairfax County Chamber of Commerce has an opportunity to lead the business community in that fight.

I hope the chamber also takes a leading role in local advocacy for full funding of FCPS for FY 2017 and beyond. As Mr. Corcoran has often said, great public schools are the smartest investment we can make in our local economy. We are stronger together.

Some Recommendations To Improve Law Enforcement

BY CLAIRE GUTHRIE GASTAÑAGA
EXECUTIVE DIRECTOR
ACLU OF VIRGINIA

COMMENTARY

The following open letter was addressed to Michael Herschman, chair of the Ad Hoc Police Practices Review Commission.

We commend the members of the Ad Hoc Police Practices Review Commission for their work to ensure that the Fairfax County Police Department encourages a culture of public trust in law enforcement. As you know, this trust is key to ensuring a safe community.

Ensuring public trust in the FCPD will require a shift in its culture and mindset and the reassertion of civilian authority over the policies that guide policing in the county. At the foundation of this shift are the concepts and values of constitutional policing and respect for the sanctity of human life — concepts and values that should be in the DNA of all law enforcement personnel. As such, these concepts and values should provide the foundation for the Commission’s recommendations and should guide all policies and procedures adopted and implemented by the Fairfax County Board of Supervisors and the FCPD.

We believe the following recommendations, if implemented, will help achieve the needed shift in the FCPD’s culture and mindset. These recommendations, many of which outline policies that the supervisors should adopt as elected officials responsible to the residents they serve, include:

❖ Understanding Policing in a Democratic Society – Law enforcement are the guardians of the U.S. Constitution, thus the FCPD should initiate department-wide training to ensure its personnel understand the mission and role of police in protecting constitutional rights and

the sanctity of human life, prioritizing de-escalation, and ensuring a duty to intervene if another officer uses excessive force.

❖ Emphasizing Mental Health Training – Embracing the sanctity of human life requires law enforcement to differentiate between a person who needs mental health care and a criminal offender who poses a serious threat. Training FCPD officers to distinguish between criminal offenders and individuals in need of mental health services will also better ensure that the Fairfax County Adult Detention Center does not also serve as a mental health facility.

❖ Establishing a Civilian Review Board – The establishment of a civilian review board with investigatory and discipline authority can be an effective tool for enhancing trust between the FCPD and Fairfax residents. It does so by making the FCPD more transparent and accountable to the people.

❖ Funding and Mandating Police Body Worn Cameras – If, and only if, proper policies and procedures are in place for their use, body cams can be a win-win. They can both protect the public from police misconduct and protect the police from false allegations of abuse.

❖ Ending the War on Drugs - Drug use is a public health issue, and the Commonwealth, the County Board, and FCPD should implement policies and procedures to deal with it as such. Drug policies must be evidence-based and incorporate prevention, treatment, and public safety elements. The end of the war on drugs should begin with a policing policy that deprioritizes enforcement of marijuana possession and includes supervisors’ advocacy for decriminalization of possession by the Commonwealth.

❖ Mandating Data Collection – To ensure that the FCPD is not engaged in racially biased policing, the supervisors should adopt a policy requiring the FCPD to collect, analyze, and publish an annual statistical report covering all FCPD stops, frisks, citations, arrests, and use-of-force incidents.

❖ Restricting the Use of SWAT – The supervisors should adopt a policy limiting use of SWAT to scenarios in which there is a likelihood that the situation for which the FCPD deploys a SWAT team presents an imminent threat to the lives of civilians and/or police personnel.

❖ Reforming Civil Asset Forfeiture – Policing should be based on public safety, not supplementing the FCPD’s budget. The supervisors should determine as a matter of policy that the FCPD should use asset forfeiture only when: 1) a person has been found guilty of a crime; 2) the convicted person is the owner of the property; and 3) the government has proved by clear and convincing evidence that the owner/offender either used the property in the commission of the crime or received the property as a result of the crime.

❖ Enhancing Existing Policies, Practices, and Laws Regarding Police-involved Incidents – Law enforcement should focus on de-escalation techniques and ensure that any use of force tool used is the least severe for the situation at hand, including a recognition that some less-lethal force options are less severe than others are.

While there is no silver bullet to ensuring a safe and effective police force, with restoration of effective civilian oversight the recommendations we have made will help restore public trust by making the FCPD a model for what policing in a democratic society should look like. We urge their adoption.

Oak Hill & Herndon
CONNECTION

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AREA ROUNDUPS

Reston Historic Trust & Museum to Host Family Day, Membership Drive

The Reston Historic Trust & Museum and Robert E. Simon, Jr. will host family fun day and membership drive on Sunday, Sept. 20, 2 - 4 p.m. at Lake Anne Plaza. There will be live music, children's activities, beer tasting and fun for the entire family. Learn how membership in the Reston Historic Trust & Museum benefits your family and our community.

The Reston Historic Trust (RHT) is an established community organization that preserves the past, informs the present, and influences the future of Reston through its educational programs, striving to engage the public in an exploration of community history and promote Reston as a destination point for tourism. RHT also collects, preserves, and interprets the artifacts and documents of Reston's history.

The Trust operates the Reston Museum and Shop offering community exhibits, archives, walking tours and public events including the annual Home Tour and the annual Founder's Day.

The Museum, located on Lake Anne Plaza in Reston, is open at no charge: Tuesday - Friday, 12 - 5 p.m.; Saturday, 10 a.m. - 5 p.m. and Sunday, 12 - 5 p.m. Visit www.restonmuseum.org for more information regarding upcoming special events.

LearningRx Donates School Supplies to Six Schools

LearningRx brain training centers of Reston and Vienna are helping schools this year by providing \$300 in school supplies for six schools in Fairfax County. The donation is to help offset the schools' supply wish list for the 2015-2016 school year. For more information on how to help with teacher's wish lists, go to www.teacherslists.com.

LearningRx staff dropped off school supplies to Wolf Trap Elementary, Aldrin Elementary, Colvin Run Elementary, Lake Anne Elementary, Forest Edge Elementary and Clearview Elementary, all in Fairfax County. Baskets include: glue sticks, notebooks, tissues, disinfectant wipes, folders, pencils, markers, crayons, dry erase markers and highlighters.

"Anyone that has done school supply shopping, knows that the cost can add up quickly," said Maureen Loftus, executive director of LearningRx of Reston and Vienna. "So many of our teachers go above and beyond to provide for their classrooms too, and we wanted to help do our part to help students and teachers get off to a good start to the new school year," said Loftus.

Since 2010 LearningRx brain training centers of D.C. Metro Area have specialized in treating the cause - not the symptoms - of learning struggles and help increase the speed, power or function of the brain. LearningRx's game-like exercises and one-on-one trainer-to-student ratios provide guaranteed dramatic improvement in as little as three to six months. With more than 80 brain training centers nationwide, LearningRx programs can help all ages, from those just looking for a competitive edge or those dealing with learning disabilities, autism or ADHD, to those with dementia or traumatic brain injuries. D.C. Metro Area offices are located in Fairfax, Leesburg, Reston, Vienna and North Potomac, Md. Visit www.learningrx.com for more information.

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ENTERTAINMENT

Where and When:

QuinTango performs “Tango Along the Silk Road” at CenterStage, Reston Community Center, Hunters Woods Village Center, 2310 Colts Neck Road, Reston. Performance: Sunday, Sept. 20 at 3 p.m. Tickets \$15-\$20. Call 703-476-4500 or visit: www.restoncommunitycenter.com

PHOTOS COURTESY OF QUINTANGO
QuinTango in performance.



‘Tango Along the Silk Road’ at Reston CenterStage

BY DAVID SIEGEL
THE CONNECTION

Just the name “Silk Road” conjures up travel to exotic locales and remarkable cultures. Reston’s CenterStage (RCC) will be providing an opportunity to travel the Silk Road with Northern Virginia’s own QuinTango as the group brings a remarkable performance to audience’s ears and eyes.

“QuinTango is a great match for Reston because they are world class musicians with electric personalities and fascinating programming ideas,” said Paul Michniewicz, RCC arts and events director.

From its first note, QuinTango wants the CenterStage patrons to be “caught up in the drama, the emotional commitment, the intimacy of music’s diverse repertoire,” said Joan Silver, QuinTango founder. The group is composed of five “musicians playing their hearts out for each other and for the audience.”

But, what’s the connection with commerce along the Silk Road and the tango? At the performance the audience will even learn that the tango influenced the music scene of the Silk Road and Middle East. “Many things besides silk travel on the Silk Road and these things travel in both directions,” said Joan Sil-

ver, Quin Tango founder. “We have some fascinating stories” and even a Turkish tango.

“Tango is a musical narrative – which we expand upon with our own stories. When you leave a QuinTango concert, you know a lot more than when you arrived!” added Silver. “We want to open windows, make connections and show how the world is knitted together in ways you may never have imagined.”

When asked why the tango and its intimacy endure, Silver noted that “it has the power to engage performers and audiences completely. Tango is an immigrant art form – it tells universal stories. The saying goes that you don’t choose tango; it chooses you...Tango is addictive. And so it endures.”

“For me tango is a perfect vehicle for communicating – it can be something humorous, flirtatious, sensual, heart-breaking; tango has many stories. Finding the heart of each tango and singing its song so that the audience feels what I feel – that’s the fun part for me,” said Silver.

Two guest artists will join QuinTango at the Reston CenterStage. One will be Argentine bandoneonist Emmanuel Trifilio. The bandoneon is a type of concertina that is a signature tango instrument that can have a soulful, melancholy voice. The second guest will be world music percussionist Tom Teasley, a multi-Helen Hayes award recipient.

CALENDAR

Send announcements to herndon@connectionnewspapers.com. The deadline is the Friday prior to the following week’s paper. Photos/artwork encouraged.

ONGOING

Herndon Friday Night Live. Fridays, through Aug. 28. 6:30 p.m. at 777 Lynn Street, Herndon. Listen to great music on Friday nights during the summer. herndonrocks.com/schedule.php.

“Paint and Beyond,” through Aug. 28 at U.S. Geological Survey, National Gallery, 12201 Sunrise Valley Drive, Reston. The League of Reston Artists is displaying paintings, mixed media, and two-dimensional works suitable for wall hanging. Many of the artworks reflect USGS’s environmental mission. The exhibit is free and open 8 a.m. to 5 p.m. Monday through Friday.

“Birds of a Feather,” Saturday, 10 a.m. - 5 p.m. and Sunday, 12-5 p.m. through Sept. 3 at Reston Art Gallery & Studios, 11400 Washington Plaza, Reston. Marie Straw works with different media, discovering the changing properties in each. In her works of acrylics and collage elements on paper, canvas, plywood and even tar paper, she is constantly experimenting to attain the look she wants to achieve. Straw is primarily self-taught through study with several local artists, art books and visiting art shows and museums.

Take a Break Concert Series. Thursdays, through Sept. 3. 7-9 p.m. at Reston Community Center, 2310 Colts Neck Road, Reston. Listen to some great music live.

Reston Concerts on the Town. Saturdays, through Sept. 5. 7:30-10 p.m. at Reston Town Center. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion Saturday nights. Free. Rain or shine. 703-912-4062.

www.restontowncenter.com/concerts
Summer Reading Program. Saturdays, through Sept. 5. 10 a.m.-5 p.m. Reston Library, 11925 Bowman Towne Drive, Reston. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/rr/>.

THURSDAY/SUNDAY/AUG. 20-SEPT 13 Kiss Me Kate. A jazzy musical comedy about a divorced couple staging an outlandish musical version of “Taming of the Shrew.” For tickets and show timings visit www.nextstopHerndon.com.

WEDNESDAY/AUG. 26

Meet Me at the Movies: Senior Movie Day. 10 a.m. Reston Town Center, 11900 Market St., Reston. Reston Association presents “American Sniper.” Refreshments and door prizes provided prior to movie. Free to 55+. Information at Ashleigh@reston.org, 703-435-6530, or reston.org.

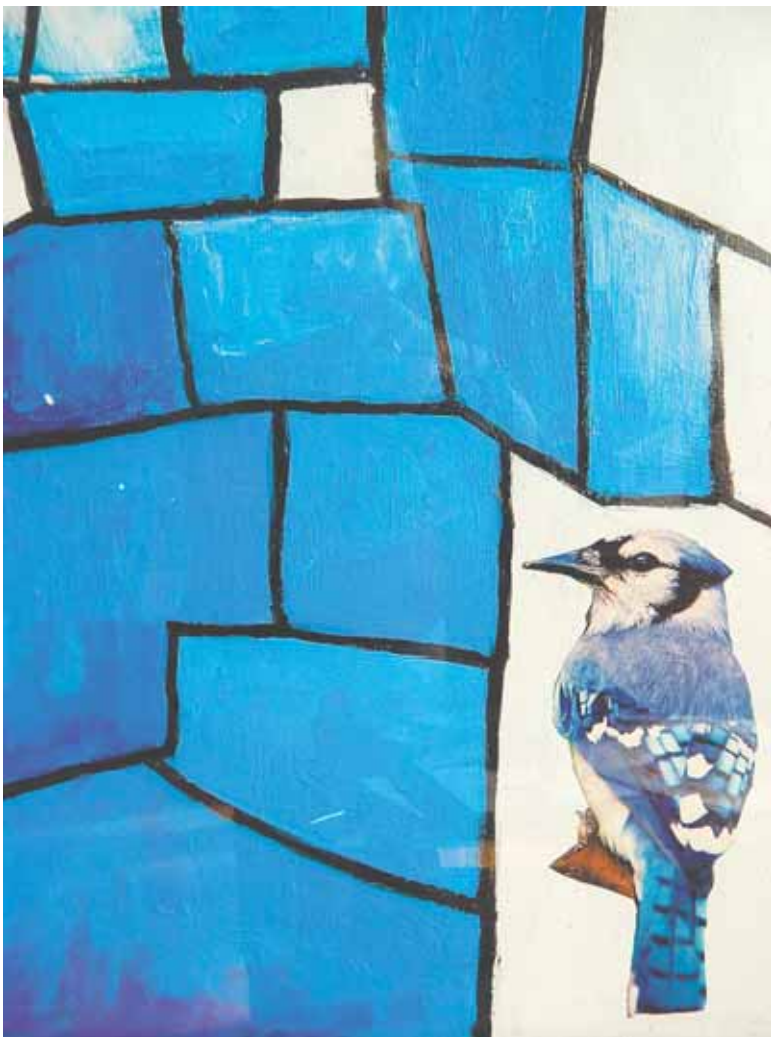
Octopus’ Garden. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join Busia Bear for family storytelling adventures with his underwater friends. All ages.

THURSDAY/AUG. 27

Rock On, Reston! 5:30-8:30 p.m. 11900 Market St., Reston. Bring a lawn chair or blanket and enjoy live music from the decades in the Pavilion.

Group Fun Run. 6:30 p.m. Potomac River Running, Reston Town Center, 11911 Democracy Drive, Reston. For beginners or competitive runners, come out for a fun, low-key run that’s safe and social.

Junior Farmer Family Fun. 4 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. This family program



View the exhibition of “Birds of a Feather” through Sept. 3 at Reston Art Gallery & Studios, 11400 Washington Plaza, Reston. Marie Straw works with different media, discovering the changing properties in each. In her works of acrylics and collage elements on paper, canvas, plywood and even tar paper, she is constantly experimenting to attain the look she wants to achieve.

goes behind the scenes to help the farmers at Frying Pan Farm Park. Come help with farm chores such as milking the cows, feeding the animals, and shelling corn. Topics and activities vary. Children must be accompanied by a registered adult.

requested. 703-668-0256
stores.athleta.net/store-4866/.

MONDAY/AUG. 31

Mr. Knick Knack. 10:30 a.m. Reston Town Center, 11900 Market St., Reston. Heart-centered music for children.

TUESDAY/SEPT. 1

Introduction to Genealogy, Part 1. 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Learn the basic tools for researching your family history. This is the first of a two part program. Registration required. Adults.

WEDNESDAY/SEPT. 2

Babytime. 10:30 a.m. Herndon Library, 768 Center Street, Herndon. Rhymes, songs, stories with music for you and your baby. Come enjoy time with your child while building an early literacy foundation. Age birth to 18 months with adult.

THURSDAY/SEPT. 3

Millennial Readers Book Club. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Interested in discussing great books and connecting with other Millennials who love to read? Explore fiction and non-fiction of all types starting with September’s title, Tracy Kidder’s *Strength in What Remains*. Adults from early 20s to early 30s.

FRIDAY/SEPT. 4

Frying Pan Fridays. 6:30 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Delve into a different piece of your favorite Farm Park on a stress-free adventure including hands-on activities and short hikes.

WWW.CONNECTIONNEWSPAPERS.COM

SATURDAY/SEPT. 5

Lake Anne Jazz Festival. 2 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Showcasing a variety of talented local emerging artista and national jazz performers. Beer garden on site. Visit <http://lakeanneplaza.com/event/9th-annual-lake-anne-jazz-festival/>.

MONDAY/SEPT. 7

Herndon Labor Day Festival. 11 a.m. - 5 p.m. at Herndon Town Green, 777 Lynn St., Herndon. Great music, a craft show, food, 12 wineries and micro-brews and culinary demonstrations. Visit www.herndonva.gov for more.

TUESDAY/SEPT. 8

Reston Garden Club Meeting. 1 p.m. Nature House, Walker Nature Center, 11450 Glade Drive, Reston. Guest speaker, Karen Rexrode, will be constructing and putting together a “Miniature Garden.” She will be combining dwarf and alpine plants, figurines and accents to create a delightful and enchanting garden in miniature.
Toddler Story Time. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Fun stories, songs, and finger plays. Age 2 with adult.

THURSDAY/SEPT. 10

Junior Farmer Family Fun. 4 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. This family program goes behind the scenes to help the farmers at Frying Pan Farm Park. Come help with farm chores such as milking the cows, feeding the animals, and shelling corn. Topics and activities vary. Children must be accompanied by a registered adult.

FRIDAY-SATURDAY/SEPT. 11-12

ChalkFest. Friday: 12-11 p.m. Saturday: 8 a.m. - 4:30 p.m. Reston Town Center, 11900 Market St., Reston. Free for spectators, participants register for a fee which includes supplies. Rain or shine. Information: publicattreston.org.

SATURDAY/SEPT. 12

Book Discussion. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Author Michael Delapena discusses his novels *The Coyote Wars* and *The Last Coyote*, thrillers about domestic terrorists and the FBI team attempting to stop them. Adults.

MONDAY/SEPT. 14

Lego Club. 4:30 p.m. Herndon Library, 768 Center Street, Herndon. Come have fun, use your imagination and keep your engineering and problem solving skills flowing with an abundance of LEGO bricks. Age 5-12.

Writers Group. 7 p.m. Herndon Library, 768 Center Street, Herndon. All levels of writing experience are welcome to join our group to receive support and feedback. The group reviews works-in-progress from up to 3 members each month. Adults.

WEDNESDAY/SEPT. 16

Putting the Animals to Bed. 7 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. When evening shadows spread over Kidwell Farm, it is time to put the animals to bed. Bring your flashlight or lantern for this twilight tour and learn how our farm animals settle down for the night. Dress for the weather. Children must be accompanied by a registered adult.

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South Lakes head coach Allison Woron, left, talks to the Seahawks during the Under the Lights tournament at Lee High School.

South Lakes' Davis Produces Hat Trick in Opener

Seahawks beat Lee at Under the Lights tournament.

BY JON ROETMAN
THE CONNECTION

Ani Davis' hard work in the offseason paid off in the form of a hat trick during the first half of the South Lakes field hockey team's season opener against Lee on Monday afternoon.

The sophomore's performance helped the Seahawks to a 3-1 victory over the Lancers during the Under the Lights tournament Aug. 24 at Lee High School, and led to the forward setting a personal goal.

"Playing the way I did today, even though I was kind of tired in the second half, I felt really good about it," said Davis, whose three goals were a career high. "I think that personal goal of mine [is to] get in a lot better shape so I can play like I did in the first half the entire time."

Davis, who played for the South Lakes varsity as a freshman but did not start, said playing indoor field hockey in the offseason helped develop her skills. First-year head coach Allison Woron, who coached the Seahawks JV the last two seasons, said Davis wasn't considered a top scoring option entering the season.

"She did really well," Woron said. "She was really aggressive. She saw the field well, which helped, and she was not holding back at all, which is great. ... It was a surprise to see her play the way she did today, which is great."

Davis is part of a South Lakes team looking to improve on last season's performance, when the Seahawks finished 4-11-1 and received the No. 8 (lowest) seed in the Conference 6 tournament. South Lakes suffered a 7-0 season-ending loss to top-seed Fairfax in the opening round.

"This year, the players are able to play all the positions, which is great to see," Woron said. "We can really interchange anyone on the field and they're all a threat wherever you put them, which is great."

Juniors Jordan Majoros, Seretha McHugh



Olivia Rose and the South Lakes field hockey team opened the season with a 3-1 win over Lee on Aug. 24.

and Olivia Miller are expected to be some of South Lakes' top offensive threats, Woron said.

South Lakes will host six-time defending Conference 6/Liberty District champion Fairfax at 7:30 p.m. on Monday, Aug. 31.

Whether South Lakes can put together a

successful season remains to be seen, but the Seahawks got off to a strong start Monday. "I feel a lot better, honestly," Davis said. "My confidence is a lot better, I know my skills are a lot better, but it feels good to actually have proof that the way I feel is justified."

PHOTOS BY JON ROETMAN/THE CONNECTION

Seahawks Golf Starts with a Win

South Lakes High School Boys Golf Team defeated Fairfax 160-178 in their first match of the season, played on the Seahawks' home field, Reston National Golf Course. Sophomore Kurtis Grant led the team with a 33 fol-

lowed by Senior Nick Kim with a 39. Carol Molesky was recently promoted to Head Coach of SLHS Seahawks Golf.

The next match at Reston National will be Sept. 1, 11:30 a.m. against McLean High School.

Front row — from left: Anton Coghlan, Kurtis Grant, Alex Nelson, Sean Shaughnesy, Khyal Kapoor, Coach Carol Molesky; Back row — Kahlil Dover, Logan Moody, Reed Cornwall, Nick Kim, Jake Hartman.

PHOTO BY
MALLIKA SURI
GIRLS TEAM PLAYER



Newcomers to Business Community

25 businesses adding more than 1,100 jobs in Fairfax County.

During the second quarter of 2015, the Fairfax County Economic Development Authority (FCEDA) provided services and resources to 25 businesses that are adding more than 1,100 jobs in Fairfax County. Many of these businesses are in the information technology and professional services sectors, and six are foreign-based firms using a Fairfax County location to expand in North America.

Three of the most prominent announcements during the quarter:

- ❖ Walmart Technology, which is the IT and information security arm of the world's

largest retailer, adding 173 jobs in the Reston area;

- ❖TEKsystems, an IT staffing subsidiary of Allegis Group, the largest privately owned talent management firm in the world, adding 324 jobs in Reston; and,

- ❖Intelsat, the world's largest satellite services company, adding 109 jobs at its administrative headquarters in Tysons Corner.

"The announcements by Walmart Technology, TEKsystems and Intelsat illustrate how market leaders in diverse technology sectors look to Fairfax County to find the workforce and the partners they need to be successful. This is what makes Fairfax County a market leader as a business location, most notably for IT and professional services firms," said Gerald L. Gordon, Ph.D., president and CEO of the FCEDA.

Time magazine called Fairfax County "one of the great economic success stories of our

time." Business growth and innovation helps Fairfax County fund the nation's top-rated school system and other public services that contribute to the quality of life of residents. Fairfax County offers businesses a state-of-the-art telecommunications infrastructure, access to global markets through Washington Dulles International Airport, a vibrant investment capital community and a highly skilled, well-educated workforce.

"Today, one of the largest technology-based challenges exists in the retail sector, and Walmart is actively recruiting the world's best STEM-specialized talent that will help the company make this historic pivot," said Janis Parker Moore, senior HR manager for Walmart Technology. "Our Reston office in Fairfax County is an extension of that effort, drawing upon the indus-

try leading talent in the surrounding areas to help grow expertise and best-in-class technologies."

The award-winning Fairfax County Economic Development Authority promotes Fairfax County as a business and technology center.

The FCEDA offers site location and business development assistance, and connections with county and state government agencies, to help companies locate and expand in Fairfax County. In addition to its headquarters in Tysons Corner, Fairfax County's largest business district, the FCEDA maintains marketing offices in six important global business centers: Bangalore, Munich, London, Los Angeles, Seoul and Tel Aviv. Follow the FCEDA on Twitter and LinkedIn.

OBITUARY

Sarah Anne de la Fe, of Reston, Dies

Sarah Anne de la Fe, wife, mother, grandmother, sister and friend passed away Aug. 17, 2015 after a well-fought battle with Parkinson's. Sarah Anne is survived by her husband Frank, daughters Catherine and Mary, brother-in-law Dionicio, grandchildren Megan, Caitlin and Juan, and sisters, Joan, Sharon and Kathleen.

Born in St. Louis, Sarah Anne Prendergast was raised in Spokane, Wash. After graduating from Gonzaga University in 1963, she moved to Washington, D.C. where she met and married Frank de la Fe in 1964.

The de la Fe family began their life in Reston in 1971 where they found an extended family in Regency Square Cluster - otherwise known as the TEDS - and St. Thomas a Becket Church. In her 44 years in Reston, Sarah Anne was a soccer coach, a lector and volunteer at St. Thomas and the Reston Catholic Community. For over 25 years, Sarah worked as a realtor where she

found joy and satisfaction helping people find their new homes. Sarah Anne was an avid reader, a joy she passed on to her children and grandchildren, and she had a wonderful time exploring new books and authors with her book club. Additionally, she treasured the fun get togethers and new friendships made with her "Red Hat Ladies."

A visitation was held on Sunday, Aug. 23 at Adams-Green Funeral Home in Herndon, and a funeral mass took place at St. Thomas a Becket Church in Reston, at 11 a.m. on Monday, Aug. 24.

In lieu of flowers the family asks that friends and family consider a donation to Walk Off Parkinson's which benefits the Parkinson Foundation of the National Capital Area. The de la Fe family will be walking for Team Sarah Anne on Sept. 13 and have set up a team page: <http://engage.parkinsonfoundation.org/goto/TeamSarahAnne>. Online condolences may be made at www.adamsgreen.com

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday school and adult education available. Morning prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3- to 4-year-old students for the 2010/2011 school year. 703-938-2391 or www.epiphanypreschool.com.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday worship services for the Southern Baptist church are at 10:45 a.m. The public is invited to join a Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

AREA ROUNDUPS

Reston Historic Trust & Museum to Host Family Day, Membership Drive

The Reston Historic Trust & Museum and Robert E. Simon, Jr. will host family fun day and membership drive on Sunday, Sept. 20, 2 - 4 p.m. at Lake Anne Plaza. There will be live music, children's activities, beer tasting and fun for the entire family. Learn how membership in the Reston Historic Trust & Museum benefits your family and our community.

The Reston Historic Trust (RHT) is an established community organization that preserves the past, informs the present, and influences the future of Reston through its educational programs, striving to engage the public in an exploration of community history and promote Reston as a destination point for tourism. RHT also collects, preserves, and interprets the artifacts and documents of Reston's history. The Trust operates the Reston Museum and Shop offering community exhibits, archives, walking tours and public events including the annual Home Tour and the annual Founder's Day. The Museum, located on Lake Anne Plaza in Reston, is open at no charge: Tuesday - Friday, 12 - 5 p.m.; Saturday, 10 a.m. - 5 p.m. and Sunday, 12 - 5 p.m.

Visit www.restonmuseum.org for more information regarding upcoming special events.

LearningRx Donates School Supplies to Six Schools

LearningRx brain training centers of

Reston and Vienna are helping schools this year by providing \$300 in school supplies for six schools in Fairfax County. The donation is to help offset the schools' supply wish list for the 2015-2016 school year. For more information on how to help with teacher's wish lists, go to www.teacherslists.com.

LearningRx staff dropped off school supplies to Wolf Trap Elementary, Aldrin Elementary, Colvin Run Elementary, Lake Anne Elementary, Forest Edge Elementary and Clearview Elementary, all in Fairfax County. Baskets include: glue sticks, notebooks, tissues, disinfectant wipes, folders, pencils, markers, crayons, dry erase markers and highlighters.

"Anyone that has done school supply shopping, knows that the cost can add up quickly," said Maureen Loftus, executive director of LearningRx of Reston and Vienna. "So many of our teachers go above and beyond to provide for their classrooms too, and we wanted to help do our part to help students and teachers get off to a good start to the new school year," said Loftus.

Since 2010 LearningRx brain training centers of D.C. Metro Area have specialized in treating the cause - not the symptoms - of learning struggles and help increase the speed, power or function of the brain. LearningRx's game-like exercises and one-on-one trainer-to-student ratios provide guaranteed dramatic improvement in as little as three to six months. With more than 80 brain training centers nationwide, LearningRx programs can help all ages, from those just looking for a competitive edge or those dealing with learning disabilities, autism or ADHD, to those with dementia or traumatic brain injuries. D.C. Metro Area offices are located in Fairfax, Leesburg, Reston, Vienna and North Potomac, Md. Visit www.learningrx.com for more information.

"Bulky Boy"



By KENNETH B. LOURIE

Although this title invokes the nickname of one of my three male cats – Andrew, to be specific – he is in fact not the point of this column. No, the "bulky boy" to whom I jokingly refer is yours truly, the shopper/consumer in our family. For as long as I've been married, and it's been since 1978, I have been the buyer of most of our household products, paper goods, pet supplies, food, drink and assorted sundries familiar to us all; this list does not include hardware, lawn and garden and automobile, however – items with which I have minimal interest and even less aptitude. As such, I pay attention to sales and circulars and yes, coupons too (although I am not "extreme"). Accordingly, I try to buy low and buy in bulk/quantity. Still, with just two adults for whom to provide, some of the Costco-sized containers are simply too big, even for me/us, despite their super value. I could utilize 96 rolls of toilet paper – over time, but a 64 oz. tub of mayonnaise, as an example, would likely go to waist.

Nevertheless, I do try to buy in bulk, especially when non-perishables are involved. Recently, I made a few such purchases without thinking beyond their need and usefulness (and by "without thinking" I mean not thinking about having cancer and dying before I ever use all the quantity, and in turn feeling as if I've wasted the money on a benefit I'll never realize). What I bought was a five-pack of rubber gloves for washing dishes – we don't have a dishwasher – actually, I don't have a dishwasher. My wife Dina, however, does have a dishwasher: me. Given the inevitable wear and most-definitely tear, this six pack will probably last six months at a minimum. Secondly, I bought a 240-count of dryer sheets. Considering that I/occasionally we probably average two laundry loads a week, we now have enough dryer sheets (at one per dryer cycle) for 120 weeks, over two years! Now I don't want to sound morbid, but I was given a "13-month to two-year" prognosis six and a half years ago by my oncologist when he initially told me that he "could treat me but he couldn't cure me." Which meant to me that I had quite unexpectedly drawn the short straw and long-range planning was probably a part of my past and that living forward, my life was forever changed.

But when I bought these two "bulky" items, I didn't think cancer, life expectancy or time-value of money spent on purchases/quantities I'll likely never use. I simply saw value and a presumptive need based on non-cancer considerations – and of course, I had some extra money. I'm not a consumer addict though; I buy for need, not misuse and abuse (although my wife might disagree). However, I didn't hear any objections when I bought 10 cans of Bumble Bee Fancy Albacore All White tuna fish for \$8.80). Necessary? That's the question. But is it also the answer?

Now that I've had some time to rethink my purchases, I am beginning to think that maybe I did overbuy. Two hundred and forty dryer sheets! Two-plus years! Rubber gloves for six months? Do I live in the sink? Did I really need to spend money to plan for washing dishes and drying laundry for the next six to 24 months? What was I thinking? Six months is an eternity in the "terminal" cancer world. Twenty-four months? A quadruple eternity. I want to live in the future but not at the expense of my present. Have I let my consuming ways get in the way of common sense? After all, rubber gloves and dryer sheets are not exactly staples (neither are staples, which I have not bought), they're just basic supplies, not life-saving or life-affirming in the least. So far as I know, anyway.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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The Oak Hill/Herndon Connection
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The Burke Connection
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The Fairfax Station/Clifton/Lorton Connection
Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette

Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection
The Vienna/Oakton Connection
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WEDNESDAY/AUG. 26

Business Education Series Workshop:
Managing Workplace Conflict. 8:30-10
a.m. Greater Reston Chamber of Commerce,
1886 Metro Center Drive, Suite 230, Reston.
Join the Greater Reston Chamber of Commerce
and Jared Detter, lead facilitator with Percepi,
as he explores essential strategies for improving
interpersonal communications in the workplace.
Register at <http://www.restonchamber.org/>.

THURSDAY/AUG. 27

ESL for Advanced Students. 10 a.m. Reston
Regional Library, 11925 Bowman Towne Drive,
Reston. Join Richard's Thursday conversational
group.

MONDAY/AUG. 31

ESL for Intermediate Students. 11 a.m. Reston
Regional Library, 11925 Bowman Towne Drive,
Reston. Join Richard's Monday conversational
group.

WEDNESDAY/SEPT. 9

"Why Don't People Vote?" 7:30-9 p.m. North
County Governmental Center, 1801 Cameron
Glen Drive, Reston. League of Women Voters
meeting on why don't people vote? What is the
future of the U.S. democracy if the number of
citizens who turn out to vote for its leaders
continues to decrease? Why was last year's
midterm election turnout across the county at
the lowest since 1942? There is an election
every year in Virginia, and this year is the
quadrennial "big one" – with 95 candidates on
Fairfax ballots in November. Turnout projections
are that fewer than 30 percent of registered
voters will select the state and local officials
who will determine the policies that affect the
everyday lives of all residents. Why do the other
70 percent allow others to make the decisions
for them? Join in the discussion. Free, open to
the public (men and women), call 703-757-
5893. Background papers at www.lwv-fairfax.org.

ONGOING

**Free Support Group for Parents with
Children with Autism.** Saturdays at 10-11
a.m. 462 Herndon Parkway, Suite 202,
Herndon.

Food Addicts in Recovery. Wednesdays at 7
p.m. at The Vine Church, 2501 Gallows Road,
Dunn Loring. Are you having trouble controlling
the way you eat? Food Addicts in Recovery
Anonymous (FA) is a free 12 step recovery
program for anyone suffering from food
obsession, overeating, under-eating or bulimia.
For more information or a list of additional
meetings throughout the U.S. and the world, call
781-932-6300 or www.foodaddicts.org.

Fairfax County's Meals on Wheels urgently
needs drivers in the Annandale, Franconia/
Kingstowne, Reston, Mount Vernon and McLean
areas. 703-324-5406, TTY 711 or
www.fairfaxcounty.gov/olderadults.

Knitting Enthusiasts, Musicians Needed.
10:30 a.m.-noon, at Herndon Senior Center.
Herndon Senior Center seeks a knitting
enthusiast to teach basic procedures. Musicians
to play soothing music on weekend mornings
also needed. 703-324-5406, TTY 711,
www.fairfaxcounty.gov/olderadult or
VolunteerSolutions@fairfaxcounty.gov.

Habitat Heroes Project. The fourth Saturday of
each month. Join the Habitat Heroes in
protecting Reston's forests from aggressive
plants and restoring them to their natural state.
Wear long sleeves, long pants, and if possible,
gardening gloves to protect from insects and
dangerous plants. R.A. will provide tools, gloves,
snacks, and water. To volunteer and find more
information, contact habrock@reston.org or
703-435-7986.

Arabic-speaking Older Adult Social Visits.

Fairfax County needs volunteers who speak
Arabic to provide social visits to an elderly
person in Reston for four hours per month. 703-
324-5406, TTY 703-449-1186,
VolunteerSolutions@fairfaxcounty.gov or
www.fairfaxcounty.gov/dfs/olderadultservices.

Long-Term Care Volunteer Ombudsman Program Needs Volunteers.

Ombudsmen
advocate for the rights of residents of nursing
and assisted living facilities—they also help
residents resolve conflict and improve their
quality of life. 703-324-5861 TTY 711 or
Lisa.Callahan@fairfaxcounty.gov.

New Principal at Rachel Carson Middle

School to hold first Panther Palooza, back-to-school nights.

BY ALICJA JOHNSON
THE CONNECTION

The 2015-16 school year is almost here, and Rachel Carson Middle School has a big change for its students this year – a new principal. Former teacher Gordon Stokes will be serving his first year as Carson’s principal, and he is excited to join the Panthers. “This school has been successful in so many regards, academically and in terms of a positive environment for students,” said Stokes, “I’m looking to continue and build upon the success of the school.”

Stokes isn’t the only new addition to Rachel Carson; this year the middle school will hold its first Panther Palooza on Sept. 2 from 2 to 6 p.m. Stokes describes the event



PHOTO BY ALICJA JOHNSON/THE CONNECTION

Former teacher Gordon Stokes will be serving his first year as Rachel Carson Middle School’s principal.

as “an opportunity for students and parents to accomplish several tasks, such as getting their schedules, filling out paperwork and signing up for the Parent Teacher Association.”

The principal also wishes to bring attention to “The One Book,” Carson’s summer reading program which has all students and

staff members reading the same book. For this school year, the book is “The Crossover,” by Kwame Alexander, and it will serve as “a point of connection for all students and staff members.” The book defines the focus for the coming year, which is “Crossing Over: Proud Traditions, Bright Future.” Stokes and his staff members are currently working on activities for students to incorporate the theme into their learning.

As always, there are some very important dates for the coming month. Stokes highlights a few, including New Student Orientation and Back-to-School Night. The new student orientation will be held on the morning of Sept. 4, and is geared for rising seventh graders and eighth graders who are new to Rachel Carson. The school will have two back-to-school nights: one will be on Sept. 10 (for seventh graders) and the other will be on Sept. 17 (for eighth graders).

Stokes is ready and enthusiastic for the coming school year, and is especially proud to be at Rachel Carson, where he was once a teacher. “It’s a school I care about,” Stokes said. “It’s certainly a pleasure to be here.”

Mega Road Projects Keep Traffic Moving

In Northern Virginia, the Virginia Department of Transportation (VDOT) is working to keep up with growth in the area with transportation projects at both ends of the spectrum. Whether it’s a new highway overpass, intersection improvement, or high occupancy toll lanes, the goal at VDOT is to keep the traffic moving.

On the Capital Beltway (I-495), the 495 Express Lanes opened in 2012 to give motorists an option when traveling through this busy corridor. Two additional lanes were constructed on the beltway in each direction between the Springfield Interchange (where I-95, I-495 and I-395 meet south of Washington) and a point on the beltway just north of the Dulles Toll Road. These lanes are free to vehicles with three or more occupants, while vehicles with one or two occupants will be able to use the lanes by paying a toll electronically. The express lanes use dynamic pricing to manage the flow of traffic and keep motorists moving, and roadside equipment monitors traffic, adjusting toll prices periodically to maintain free-flowing travel. As traffic increases, the toll price goes up to manage demand.

IN DECEMBER 2014, VDOT opened a 29-mile stretch of express lanes on I-95/395 between a point just north of Edsall Road in Alexandria, to Garrisonville Road (Route 610) in the south. These express lanes are reversible: on weekday mornings, the lanes head north to cater to commuters heading to busy employment centers like Tysons Corner and Washington, D.C.; and in the afternoons, the lanes head south. Again, vehicles with three occupants can use the

95 Express Lanes for free, while cars with one or two occupants can choose to use the lanes by paying a toll, which varies depending on the number of cars in the lanes at that time. All vehicles using the 495 or 95 Express Lanes need an E-ZPass, or an E-ZPass Flex, which has a switch to engage the toll-free option when there are three or more occupants.

Another highway construction project is underway at Seminary Road and I-395 in Alexandria. There VDOT is building a multi-faceted project that include a new 0.8-mile auxiliary lane on I-395 North between Duke Street and Seminary Road, as well as a new ramp from the HOV lanes to the Seminary Road bridge overpass, and a new pedestrian bridge over I-395. These projects are intended to improve the flow of traffic associated with the Mark Center, a federal government building located in that area. The auxiliary lane opened in February with the HOV ramp and the stand-alone pedestrian bridge scheduled to open later this fall.

Other recently opened “Megaprojects” include the Fairfax County Parkway Extension, linking Springfield to Richmond Highway in southern Fairfax County; the fourth lane widening project, which added an extra lane on I-95 North and South between



PHOTO BY MIKE SALMON/VIRGINIA MEGAPROJECTS

The I-495 Shoulder Lane opened in the summer of 2015 to help alleviate the backup near the American Legion Bridge during rush hour.

Springfield and Occoquan; the Telegraph Road interchange on the Capital Beltway in Alexandria; and the 495 Shoulder Lane project on the inner loop of I-495 between

the 495 Express Lanes’ northern endpoint and the George Washington Memorial Highway. Similar to the shoulder lane on I-66, this shoulder lane is open during the morning and evening rush hours, with a red “X” or green arrow signaling its availability for travel.

In Arlington, just west of I-395, VDOT is putting finishing touches this summer on a new bridge carrying Washington Boulevard over Columbia Pike. This new bridge replaces a 1940’s-era bridge, and includes bike and pedestrian access along Columbia Pike plus room for a future streetcar if needed. The bridge was renamed the Freedmans Bridge after the historical “Freedmans Village,” a community the Federal government established in 1863 for newly freed slaves, that once occupied this area of Arlington.

VDOT officials are now looking to transform Northern Virginia’s Interstate 66 into a multi-modal corridor that moves traffic and people quicker and in a more reliable way. The project, known as Transform 66, is a multi-modal proposal that will to incorporate transit, carpooling and express lanes. The project is divided into

a 25-mile stretch between Haymarket and the Capital Beltway, and a separate project inside the beltway with a toll option for travel through Falls Church and Arlington.

NEWCOMERS & COMMUNITY GUIDE

2015-2016

Dad, Antonio Reyes, of Reston, gives 2-year-old Anderson a ride in one of Haley M. Smith Park's swings.

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Authorized by Kenneth R. Plum. Paid for by Friends of Delegate Ken Plum.

YEAR-ROUND ENTERTAINMENT

September 2015

ONGOING

JamBrew. Every Friday in September, beginning Sept. 4. 6-10 p.m. Town Green, 777 Lynn St. Herndon. Outdoor music festival. <http://jambrew.com/>.

SATURDAY/SEPT. 5

Lake Anne Jazz & Blues Festival. 1 p.m. Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Showcasing a variety of talented local emerging artists and national jazz performers. Visit <http://lakeanneplaza.com/event/9th-annual-lake-anne-jazz-festival/>.

MONDAY/SEPT. 7

Herndon Labor Day Festival. 11 a.m. - 5 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Downtown Herndon celebrates Labor Day with an annual festival - great music, a craft show, food, wineries, micro-brews and culinary demonstrations will all be there. Visit <http://www.herndon-va.gov/>.

FRIDAY-SATURDAY/SEPT. 11-12

ChalkFest. Reston Town Center, 11900 Market St., Reston. Free for spectators, participants register for a fee which includes supplies. Rain or shine. Information: publicartreston.org.

SUNDAY/SEPT. 13

Reston Triathlon. 7 a.m. Lake Audubon, Twin Branches Road, Reston. Swim, bike and run in the "Reston World Championships." Visit www.restontriathlon.org/tri.

SUNDAY/SEPT. 20

Herndon Kids Triathlon. 8 a.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. This kids triathlon gives youngsters an opportunity to compete in one of the fastest growing sports in the United States. The event is designed for any youth, ages 6-16, regardless of athletic ability or prior triathlon experience. Visit www.herndon-va.gov.

SATURDAY/SEPT. 26

Walk to End Alzheimer's. 10 a.m. Reston Town

Center, 11900 Market St., Reston. Walk and fundraise to further the care, support and research efforts of the Alzheimer's Association. Visit http://act.alz.org/site/TR?fr_id=7382&pg=entry.

Reston Multicultural Festival. 11 a.m.-6 p.m. 2310 Colts Neck Road, Reston. A celebration of the diversity and community spirit that is found in Reston, this annual event brings together the people of Reston to celebrate the rich medley of cultures. Visit www.restoncommunitycenter.com/MulticulturalFestival.shtml.

SUNDAY/SEPT. 27

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows throughout the day. Visit www.herndon-va.gov.

October 2015

THURSDAY/OCT. 1

4th Annual Reston Town Center Help the Homeless Walk. 11:30 a.m. Reston Town Center, 11959 Market St, Reston. Walk from Mayflowers Floral Design Studio on The Promenade to the Embury Rucker Community Shelter and back. Funds will enable Cornerstones to provide essential resources and services for individuals and families in the community who are homeless or at risk of becoming homeless. Visit www.cornerstonesva.org/events_list/hth.

SUNDAY/OCT. 4

HernDOG Bark Bash. 12-3 p.m. Bready Park, 814 Ferndale Ave., Herndon. HernDOG Bark Bash is a free event for dog lovers with three hours of four-legged fun. The event will feature agility demonstrations, owner and dog team contests, adoptions, an off leash area and wide variety of dog themed vendors. Entry to HernDOG Bark Bash is free but fees may apply to vendor products or services. Friendly, leashed, and vaccinated dogs (and their owners) are welcome.



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NEWCOMERS



PHOTO BY RYAN DUNN/THE CONNECTION

Herndon Fire Station



PHOTO BY RYAN DUNN/THE CONNECTION

Sign for the Woody's Golf Range located on Route 7 in Herndon. After 35 years in operation, business owner Woody FitzHugh is closing the range.

What's Coming?

COMPILED BY KEN MOORE
THE CONNECTION

1 Ashwell Property/Herndon's Downtown

Herndon's Council voted in May to purchase 1.67 acres of land in Herndon's historic downtown from Ashwell, LLC for \$3.519 million.

"Combined with approximately three acres of land already owned by the town, the purchase clears the way for a comprehensive development project in the downtown, in accordance with the Downtown Master Plan adopted by the Town Council in 2011," according to Herndon town documents.

The town's Master Plan envisions a mix of retail, office and residential development, to include four-story mixed-use/residential structures; three-story mixed-use/commercial structures; a jointly-funded public/private parking structure; an arts center and more.

"The land will then be rezoned in conformity with the adjacent town owned property, which allows for mixed-use commercial and residential development," according to the documents. "Completion of these processes will result in nearly five acres of town-owned land, available for private development.

The Town expects to issue an open solicitation to developers by the end of the year.

The Town already owns the municipal parking lot and the parking lot parcel containing ArtSpace.

2 Herndon Fire Station

680 Spring Street

The new Herndon Fire Station, estimated to cost \$13.35 million, is anticipated to be completed in the summer of 2016. The 14,500 square-foot fire station at 680 Spring Street will be a two-story facility with be-

low-grade parking. A temporary fire station has been constructed at 791 Elden Street so Fire and Rescue can maintain service during construction. The project is funded through a bond referendum that Fairfax County voters approved in November 2014. The former fire station on Spring Street was the oldest station in operation in Fairfax County.

3 Vinehaven Homes

800 Vine Street, Center and Vine streets

Seventeen new homes are coming to the intersection of Center and Vine streets and along the W&OD Trail in Herndon's Historic District. Evergreene Homes has sold seven of the 17 houses and is marketing its new development to promote its proximity to the Silver Line as well as being in historic Herndon.

See <http://myevergreenehome.com/>

4 Herndon Silver Line

Phase 2 of Silver Line is projected to open in 2019.

<http://www.dullesmetro.com/silver-line-stations/herndon/>

"We are so fortunate," Mayor Lisa Merkel said of the Silver Line. "This is a huge project, one of the biggest infrastructure projects in the country. There aren't many towns that can get involved in projects like this."

After a recently announced 13-month delay, construction is hoped to begin on Herndon's future Silver Line Stop in 2016 with its opening by 2019-2020.

The entire Silver Line will be a 23-mile extension of the existing Metrorail system from East Falls Church, through Tysons and Reston, and eventually to Washington Dulles International Airport west into Loudoun County.

The Herndon Town Council approved 38 acres to be set aside for its future Metro



stop in February 2012. The Herndon Metro Area Station Plan envisions: a mix of retail, hotel, office and residential space, to include 3.2 million net square feet of additional commercial floor area and 2,400 dwellings by 2035; a promenade, pedestrian and bicycle-friendly trails and enhancements, and recreational amenities; premier office space; parking garages with short-term spaces for kiss-and-ride passengers; and pull-offs along Herndon Parkway for vehicles dropping off and picking up passengers.

"We passed a resolution in February advocating for the County to put a Circulator Bus route for Phase II because we want our residents to get to the Metro without having to get in the car," Mayor Merkel said. "If we have reliable, frequent transit options, people will use it."

Merkel wants everything in place by the time the Silver Line's doors open to Herndon in four or so years.

"People are going to establish their commuting patterns on that first day," Merkel said. "We are working with Fairfax County because we do want to be ready on day one."

5 Junction Square/Tradition Home

Monroe and Elden and Nachman Way

Groundbreaking is anticipated for October, including 2,000 square feet of retail space, five mixed use units whose retail fronts will front Elden Street and 18 townhouses. The Town Council approved the rezoning of the property in December 2014.

6 JLB - RZ 2013-DR-017

Dulles Technology Drive/River Birch Road

JLB Dulles Tech wants to develop a 450-unit multi-family development on 11.6 acres. The site is approximately one half mile south of the planned Innovation Center Metro Station on the south side of Dulles Technology Drive east of its intersection with River Birch Road, and is outside the Town of Herndon. The project was approved at the Board of Supervisors on July 28, 2015.

See <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=RZ&seq=4181075>.

7 Trinity Land, SE 2014-DR-052 Currently Woody's Golf Range

11801 Leesburg Pike, Herndon, VA 20170

Woody's Golf range is scheduled to close by November. The Board of Supervisors approved Trinity Land's application for a special exception in June to build 30 single family units using a cluster development configuration on the 28.9 acre property. See <http://ldsnet.fairfaxcounty.gov/ldsnet/ZAPSMMain.aspx?cde=SE&seq=4192058>.

NEWCOMERS & COMMUNITY GUIDE

Herndon: Inside the Town and Fairfax County

Herndon Town Council

Lisa C. Merkel, Mayor
703-435-6805
Mayor.Lisa@herndon-va.gov

Jennifer Baker, Vice Mayor
Jennifer.baker@herndon-va.gov

David A. Kirby, Councilmember
dave.kirby@herndon-va.gov

Steven L. Mitchell, Councilmember
steven.mitchell@herndon-va.gov

Sheila A. Olem, Councilmember
Sheila.olem@herndon-va.gov

Jasbinder Singh, Councilmember
singhforherndon@earthlink.net

Grace H. Wolf, Councilmember
grace.wolf@herndon-va.gov

All correspondence should be sent to:
PO Box 427, Herndon, Virginia 20172-0427 or
town.clerk@herndon-va.gov
703-435-6805

<http://www.herndon-va.gov/>

The Herndon Town Council consists of the Mayor and six councilmembers. The Mayor is the chief executive officer of the Town.

The duties of the seven-member Town Council include establishing Town government policy, acting upon local resolutions and ordinances, setting tax rates, approving the annual Town budget, appointing members to and providing policy guidance for the Town Manager.

The Town Council holds public hearings on the second and fourth Tuesdays of each month, except during June, July, August, and December, during which only one meeting is held on the second Tuesday of the month. Work sessions are held on the first and third Tuesdays of each month with the exceptions of June, July, August, and December, during which only one session is held on the first Tuesday of the month. Alterations to this schedule are noted on the monthly calendar listings. All meetings begin at 7 p.m.

All meetings are open to the public and citizens are urged to attend. Meetings are held in the Herndon Council Chambers Building located at 765 Lynn Street. Agendas are available in the Town Clerk's office at 777 Lynn Street on Fridays prior to each meeting and are posted on the website.

All Town Council public hearings are cablecast live on Herndon Community Television (HCTV).

The next election for the offices of Mayor and Town Council will be held in November 2016.

Herndon Dulles Regional Chamber Of Commerce

<http://www.dullesregionalchamber.org/>

The Dulles Regional Chamber of Commerce is located in one of the top technology corridors in the nation serving the Dulles Region, included western Fairfax, eastern Loudoun and the Town of Herndon. As one of the largest chambers in the DC metro area, the chamber works to increase



2014-2016 Herndon Town Council: Steve Mitchell, Grace Wolf, Sheila Olem, Mayor Lisa Merkel, Vice Mayor Jennifer Baker, Dave Kirby, Jasbinder Singh.

business for members, to support STEM (Science, Technology, Engineering, Math), workforce initiatives and economic development, and to partner with the community.

Board of Supervisors

Herndon is also governed by the Fairfax County Board of Supervisors.

The Fairfax County Board of Supervisors controls the county budget, establishes county government policy, passes resolutions and ordinances (within the limits of its authority established by the Virginia General Assembly), sets local tax rates, approves land use plans and makes appointments to various positions. Fairfax County has an elected Board of Supervisors consisting of nine members elected by district, plus a chairman elected at-large.

See www.fairfaxcounty.gov/government/board/about-the-board-of-supervisors.htm
Herndon is in the Dranesville District.

Herndon residents are represented on the Board of Supervisors by Dranesville Supervisor John W. Foust and Chairman Sharon Bulova.

Dranesville Supervisor, John W. Foust
McLean Governmental Center
1437 Balls Hill Road
McLean, VA 22101
Phone: 703-356-0551, TTY 711
Email: Dranesville@FairfaxCounty.gov
<http://www.fairfaxcounty.gov/dranesville/>

Chairman, Sharon Bulova
Fairfax County Government Center
12000 Government Center Pkwy., Ste 530
Fairfax, VA 22035
Phone: 703-324-2321, TTY 711
Email: chairman@fairfaxcounty.gov
<http://www.fairfaxcounty.gov/chairman/>

Fairfax County School Board

The Fairfax County School Board has 12 members, elected for four-year terms; one member represents each of the County's nine magisterial districts, and three members serve at large. A student representative, selected for a one-year term by the Student Advisory Council, sits with the Board at all public meetings and participates in discussions, but does not vote. All 12 seats on the Fairfax County School Board on the ballot on Nov. 3.

Herndon is represented by Dranesville School Board member Janie Strauss plus the three at-large members, Ryan L. McElveen, Ilryong Moon and Theodore J. "Ted" Velkoff

Jane K. "Janie" Strauss
Phone: 571-423-1087
Email: Jane.Strauss@fcps.edu
<http://www.fcps.edu/schlbld/members/dranesville.shtml>

Virginia House of Delegates

The Town of Herndon is in House of Delegates district 86, a seat held by Del. Tom Rust (R), who has announced he is retiring and will not seek reelection. Parts of Herndon outside of the town and Oak Hill are represented by Del. Ken Plum (D-36) and Del. Jim LeMunyon (R-67).

Virginia House of Delegates Del. Thomas "Tom" Rust
General Assembly Building
PO. Box 406
Richmond, Virginia 23218
Office: 804-698-1086
Email: DelTRust@house.virginia.gov Address: District Office: 730 Elden Street, Herndon, VA 20170. 703-437-9400

Del. Kenneth "Ken" Plum (D-36)
<http://viriniageneralassembly.gov/house/members/members.php?id=H0076>
703-758-9733
804-698-1036
General Assembly Building
PO. Box 406
Richmond, Virginia 23218
Office: 804-698-1036
DelKPlum@house.virginia.gov Del. James M. (Jim) LeMunyon (R) 703-264-1432 804-698-1086
- 1 0 6 7
DelJLeMunyon@house.virginia.gov
www.lemunyon.com Post Office Box 220962 Chantilly 20153-0962

Virginia Senate

The Town of Herndon is represented by state senate District 33, Sen. Jennifer T. Wexton (D-33). Other parts of Herndon outside the town are represented by Va. Sen. Janet Howell (D-32) and Va. Sen. Barbara Favola (D-31).

Sen. Jennifer T. Wexton (D-33)
Senate of Virginia

P.O. Box 396
Richmond, VA 23218
Email: district33@senate.virginia.gov
Phone: 804-698-7533

Sen. Janet Howell (D-32).
Senate of Virginia
P.O. Box 396
Richmond, VA 23218
Email: district32@senate.virginia.gov
Phone: 804-698-7532
<http://apps.lis.virginia.gov/sfb1/Senate/senatorwebprofile.aspx?id=223>

District Office
P.O. Box 2608
Reston, VA 20195-0608
Email: SenHowell@gmail.com

Sen. Barbara Favola (D-31)
General Assembly Building
P.O. Box 396
Richmond, VA 23219
Phone: 804-698-7531
district31@senate.virginia.gov

U.S. House of Representatives

The Herndon area is in the 10th and 11th congressional districts, represented by U.S. Rep. Barbara Comstock (R-10) and U.S. Rep. Gerald E. "Gerry" Connolly's (R-11).

U.S. Rep. Barbara Comstock (R-10)
Washington, D.C. Office
226 Cannon House Office Building
Washington, DC 20515
Phone: 202-225-5136
<https://comstock.house.gov>

U.S. Rep. Gerry Connolly (D-11)
Washington, D.C. Office
2238 Rayburn HOB
Washington, D.C. 20515
Phone: 202-225-1492

Annandale Office
4115 Annandale Road, Ste. 103
Annandale, VA 22003
Phone: 703-256-3071

U.S. Senate

Mark Warner and Tim Kaine are Virginia's U.S. Senators.

U.S. Sen. Tim Kaine (D-Va.)
231 Russell Senate Office Building
Washington, D.C. 20510
Phone: 202-224-4024
<http://www.kaine.senate.gov/>

U.S. Sen. Mark Warner (D-Va.)
475 Russell Senate Office Building
Washington, D.C. 20510
Phone: 202-224-2023
<http://www.warner.senate.gov/>

Vienna Office
8000 Towers Crescent Drive
Suite 200
Vienna, VA 22182
Phone: 703-442-0670

NONPROFITS

Cornerstones (formerly Reston Interfaith)

Reston Interfaith helps those that are homeless and struggling in Northern Virginia to build more stable lives by connecting them to vital resources that solve their needs for housing, child care, food or financial assistance. Programs and services include the Embury Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program and the Thanksgiving Food Drive. 571-323-9555 or www.cornerstonesva.org/.

Council for the Arts of Herndon

The Council for the Arts of Herndon is the Town of Herndon's officially designated local arts agency. CAH is a private, not-for-profit charitable organization supported by citizens, businesses and the public sector including the Town of Herndon and the Arts Council of Fairfax County. www.herndonarts.org.

Herndon-Reston FISH

FISH stands for "Friendly Immediate Sympathetic Help." The volunteer, non-sectarian nonprofit is dedicated to helping local residents through short-term crises. Currently FISH is seeking general volunteers or monetary donations. <http://herndonrestonfish.org>.

Touching Heart

Touching Heart is an organization that encourages children to help others by creating a wishlist for a child in one of the orphanages or foster care center affiliated with the organization and asking friends and family to donate to the wish list. The children who receive the gift respond with a letter or sometimes a painting or handmade gift and the two learn about each other and the joy of sharing this way. Teenagers and children that volunteer and help run the organization participate in leadership programs. 703-901-7355 or www.touchingheart.com/.

Oak Hill & Herndon CONNECTION

NEWCOMERS & COMMUNITY GUIDE

IS PRODUCED BY
CONNECTION NEWSPAPERS
WWW.CONNECTIONNEWSPAPERS.COM
LOCAL MEDIA CONNECTION LLC

Abigail Constantino and Dominique Escalera
compiled content for this year's Community Guide.

FOR MORE INFORMATION,
CALL 703-778-9431 OR EMAIL
SALES@CONNECTIONNEWSPAPERS.COM

The Jeanie Schmidt Free Clinic

Last year, 139 community volunteers—nurses, nurse practitioners and physicians—gave more than 1,300 hours of their time to see patients. www.jsfreeclinic.org.

Shelter House

Shelter House was formed in 1981 when several ecumenical groups came together to better serve Fairfax County's low-income population; Shelter House follows the Housing First model, with the main priority to re-house every family that begins one of their six unique housing programs. Currently Shelter House is seeking monetary, item and time donations. www.shelterhouse.org/.

Northern Virginia Technology Council

A not-for-profit that functions similarly to a chamber of commerce for tech companies, providing resources and networking opportunities for tech businesses; offices are in Herndon, Reston, Chantilly and Centreville. www.nvtc.org.

Dermatology & Allergy

SPECIALISTS OF VIRGINIA

Kathryn J. Sowerwine, MD



Dr. Kathryn J. Sowerwine is a board certified Allergist and Immunologist with a special interest in dermatological diseases linked to allergy. She completed a residency in Internal Medicine at Georgetown University Hospital and her clinical and research fellowship in allergy and immunology at the National Institutes of Health in Bethesda, MD.

Dr. Sowerwine has specialized training and experience to find out what causes your allergies, prevent and treat symptoms, and help keep them under control.

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Insect Venom Allergy Testing • Immunotherapy • Allergic Rhinitis

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1800 Town Center Dr., Ste. 415 1715 N. George Mason Dr., Ste. 105
Reston, VA 20190 Arlington, VA 22205

Phone **703-709-1492** • Fax **703-709-5111**

www.dermspecialistsva.com

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Sterling
21800 Town Center Plaza
Sterling, VA 20164
703-450-5453

Sterling
APPLIANCE
www.sterlingappliance.com

Leesburg
1051 Edwards Ferry Road
Leesburg, VA 20176
703-771-4688



NEWCOMERS

Meet the Candidates for County Board

All politics is local, in Fairfax County, too:
Who runs for Board of Supervisors in November?

You may be surprised – or dismayed – to learn that the 10 men and women who occupy Fairfax County Board of Supervisors wield enormous power and influence over your everyday lives.

They set your tax rate, fund the public school system, and determine priorities and policies for issues ranging from affordable housing, homelessness and human services to economic development, traffic calming and the environment.

They manage a \$7 billion budget, larger than the budgets of four states, and rule over a county with a diverse, well-educated population of more than a million people.

Their decisions can propel our community forward – or cost us our first-rate status in education, livability and culture.

If you happen to meet them this election season, thank them for the long-awaited Silver Line expan-

sion, a success that directly benefits you and your property values. Or, you may want to chide them for the extra \$185 you will pay in property taxes this year, or the generous \$20,000 pay raise they gave themselves after increasing your property taxes.

They do want to hear from you. What they don't want to hear are complaints about potholes on your road. Not because they don't care, but because they can't do anything about it.

In the Commonwealth of Virginia, the state builds, maintains and operates local roads. Transportation funding, you will quickly learn, is a perennial hot topic in the Virginia General Assembly.

So is redistricting, also known as gerrymandering, which has kept the Commonwealth in another form of gridlock as Republicans and Democrats struggle ceaselessly for control of the legislature.

Another perennial problem is the socioeconomic divide between affluent Northern Virginia (NOVA) – where you now reside – and the Rest of Virginia (ROVA) – where a chunk of your tax dollars disappears. NOVA gets less back from Richmond than we send down there, and so Northern Virginians have the privilege of paying extra taxes (and tolls) to fund the badly-needed improvements to our transportation infrastructure. It drives us a little crazy.

As a newcomer, you may wonder why we still call ourselves a “Commonwealth,” instead of just an ordinary state. Good question. Virginia retained this nomenclature – as did Kentucky, Massachusetts and Pennsylvania – when we adopted our first constitution in 1776, most likely to emphasize the fact that our new government was based upon the sovereignty of the people united for the common good. If we're re-

ally honest, we are also very proud of the ruckus we kicked up with the British Monarchy when we declared our independence. There's a reason our state motto is “Sic Semper Tyrannis,” Latin for “thus always to tyrants.”

So, dear newcomer: Wherever you are from, you are here now. In the Old Dominion, the Mother of Presidents. Let that sink in for a moment.

We hope you will appreciate the fact that you are here, reading this guide, during an important election season. We assume you will join the ranks of Fairfax County's prolific electorate, where nearly 43 percent of residents cast their ballots last year, and vote on Nov. 3.

To make it a little easier for you, and give you the opportunity to feel like “political insiders,” we asked each of the 19 BOS candidates to give you their answers to questions specifically geared toward newcomers.

Their responses are unedited and enlightening. We hope.

— VICTORIA ROSS



PHOTO COURTESY OF FAIRFAX COUNTY

Questions

1) What should newcomers know about the impact the Board of Supervisors has on their daily lives? In other words - what do you do at the county level that's important enough to compel newcomers to vote in this election?

2) To make newcomers feel at home, what's a “must-see” place or event you recommend they check out in Fairfax County or your district?

3) What's your favorite sports team?

4) Fairfax County gained national and global Twitter prominence earlier this year when outraged FCPS students started the Twitter hashtag #closeFCPS after school officials did not call a snow day when it actually snowed. What Twitter or Instagram hashtag would you like to see trending in the coming year about Fairfax County or your district?

Race: Hunter Mill District Supervisor

Incumbent: Catherine M. Hudgins (D) *Running Unopposed

Home: Reston
E-Mail Address: cathy@cathyhudgins.com
Phone: 703-471-4297
web - cathyhudgins.com
Twitter @cathyhudgins

Cathy Hudgins



ANSWERS: HUDGINS

1) Welcome to Hunter Mill District. As member of the Board of Supervisors, I serve the citizens by making policies that enhance and protect lives. The district, with over 126,000 residents, recently celebrated the new Silver Line to Tysons and Reston, expanded bus services, preserved 35 percent affordable housing in Lake Anne village redevelopment, renovated two schools and opened a new police station. Most importantly, I work in partnership with citizens, making our community the best for all.

2) Some favorites- anything in Lake Anne, Reston Town Center, Viva Vienna, historic Church Street and Frying Pan Park.

3) Favorite sport is tennis!

4) How about - #doittogether

Race: Dranesville District Supervisor



John Foust

Incumbent: John W. Foust (D)
Home: McLean
Email Address: supervisorfoust@gmail.com
Phone: 703-790-1311
Twitter @Johnfoustva
Website Foustforsupervisor.com

Challenger: Jennifer C. Chronis (R)

Home: McLean
Email Address: info@jenniferchronis.com
Phone: 703-938-3742
Twitter: @jenniferchronis
Website: jenniferchronis.com

ANSWERS: FOUST

1) The Board of Supervisors is the governing body for Fairfax County. No level of government has more impact on our daily lives. We set policies and approve programs for transportation, public safety, the environment, land use, housing and human services, economic development, and many other services. We adopt the County's \$7 billion budget, fund the schools, establish local tax rates, approve or reject land use proposals, and provide constituent services on a host of issues.

Money: How much have they raised?

We've compiled the most recent financial filings for candidates in the 2015 race for Fairfax County Board of Supervisors. The figures represent the reports candidates filed on July 15 for the period from Jan. 1, 2012 through June 30, 2015. The next financial report will be filed in September. For more details on candidates' financial filings, go to www.VPAOrg/localities/Fairfax-county-va/elections/tracked/

— VICTORIA ROSS

Braddock Supervisor
John Cook, Incumbent, (R)
Money Raised: \$178,744
Money Spent: \$83,468
Balance: \$83,468

Janet Oleszek (D)
Money Raised: \$41,909
Money Spent: \$37,072
Balance: \$4,854

Carey Campbell (I)
Money Raised: \$0
Money Spent: \$0
Balance: \$0

Dranesville Supervisor
Jennifer Chronis (R)
Money Raised: \$143,732
Money Spent: \$51,302
Balance: \$92,427

John Foust (D) Incumbent
Money Raised: \$164,364
Money Spent: \$112,824
Balance: \$52,559

Hunter Mill Supervisor
Catherine Hudgins (D) Incumbent
Money Raised: \$9,226
Money Spent: \$22,894
Balance: \$20,867

Lee Supervisor
Jeffrey McKay (D) Incumbent
Money Raised: \$91,563
Money Spent: \$54,378
Balance: **\$92,147**

Mason Supervisor
Penny Gross (D) Incumbent
Money Raised: \$185,26
Money Spent: \$152,808
Balance: \$118,311

Mollie Loeffler (I)
Money Raised: \$18,557
Money Spent: \$5,708
Balance: \$12,848

SOURCE: VIRGINIA PUBLIC ACCESS PROJECT

Mount Vernon Supervisor
Jane Gandee (R)
Money Raised: \$52,988
Money Spent: \$32,201
Balance: \$20,786

Daniel Storck (D)
Money Raised: \$115,079
Money Spent: \$109,153
Balance: \$5,924

Providence Supervisor
Linda Smyth (D)
Money Raised: \$112,210
Money Spent: \$108,020
Balance: \$22,499

Springfield Supervisor
Pat Herry (R) Incumbent
Money Raised: \$409,995
Money Spent: \$309,925
Balance: \$102,129

Corazon Foley (I)
Money Raised: \$0
Money Spent: \$0
Balance: \$0

Sully Supervisor
John Guevara
Money Raised: \$71,697
Money Spent: \$58,333
Balance: \$13,362

Kathy Smith (D)
Money Raised: \$45,214
Money Spent: \$20,135
Balance: \$25,079

Chairman, Board of Supervisors (At Large)
Arthur Purves (R)
Money Raised: \$12,223
Money Spent: \$5,384
Balance: \$6,837

Sharon Bulova (D) Incumbent Money Raised: \$167,871. Money Spent: \$96,446. Balance: \$78,878.
Glenda Parker (I) Money Raised: \$0. Money Spent: \$0. Balance: \$0.

INSIDER TIPS FOR NEWCOMERS

What is best about living in Herndon?

— ALICJA JOHNSON

Betty Brody, violist, resident of Herndon for over 10 years:

One of Betty Brody's favorite places in the area is Lake Anne, located just outside of Herndon. “It's got something for everybody,” Brody said. “If you have little ones, you can take them on the paddleboats [...] and you can take out a canoe and go out on the water.” Brody also mentions the interesting architecture at this location: “It has great playscapes for the kids and it's lovely any time of the year.”



Arna Syzdykova, Panera Bread associate, Herndon resident for one year:

For newcomers who are used to the city life, Arna Syzdykova recommends Reston Town Center. “It's chill there; I go when I am missing the city,” said Syzdykova, a former resident of Myrtle Beach. She says Reston Town Center is a good local destination for shopping and eating. Syzdykova especially likes that many people there are dressed up, whether it be because they are working in one of the office buildings or going out with friends.



Janis Linkov-Johnson, data analyst, resident of Herndon for 17 years:

Linkov-Johnson's favorite place is one of Herndon's hidden gems, Scoops on the Hill, a crepe and gelato shop. “They make their own homemade gelato, and they make the crepes by hand, while you watch,” Linkov-Johnson said. Although the environment and ambience are lacking, the food is delicious and worth trying for anyone new to the area



Greg Ruvolo, assistant manager, resident of Herndon for 12 years:

Greg Ruvolo's favorite place in Herndon is the Bagel Café, a restaurant unique to the town and loved by all, according to Ruvolo. A place solely for breakfast, the Bagel Café is not open past noon, so customers must be sure to get there early. “They are very popular because they have very good bagels and breakfast sandwiches,” said Ruvolo. “They do it completely from home and you can feel the authenticity.”



PARKS

AN INSIDER'S GUIDE TO MAJOR PARKS IN THE AREA

National Parks

GF Great Falls National Park

9200 Old Dominion Drive, McLean
www.nps.gov/grfa

Great Falls Park is open daily from 7 a.m. until dark. The Visitor Center and bookstore are open from 10 a.m. until 5 p.m. daily, spring through fall seasons. Picnic, hike along the Potomac River. Swimming and wading in the Potomac are prohibited.

GW George Washington Memorial Parkway

www.nps.gov/gwmp
703-289-2500

The GW Parkway includes more than 25 sites, ranging from historic homes to wildlife preserves. Join a ranger for a free program or explore sites independently. Some park sites, including Turkey Run Park, Theodore Roosevelt Island, Great Falls Park, etc., close at dark. The Parkway itself remains open 24 hours a day to vehicle traffic.

WT Wolf Trap National Park for the Performing Arts

1551 Trap Road, Vienna
www.nps.gov/wotr/

The only national park dedicated to presenting the performing arts. From May through September, multiple amphitheatres in the park present musicals, dance, opera, jazz, and popular and country music. Explore the park without the crowds from October - April. The Barns at Wolf Trap offer indoor entertainment through the winter months.

State Park

MN Mason Neck State Park

7301 High Point Rd. Lorton
www.dcr.virginia.gov/state_parks/mas.shtml#

703-339-2385 or 703-339-2380 (visitor center)
masonneck@dcr.virginia.gov

The park's visitor center was expanded in 2010 to include a new exhibit room, gift shop and meeting room. There are several exhibits in the center, and with a view of Belmont Bay. Visitor center staff can answer questions and provide information on park trails, facilities and local points of interest. Pond study, bird watching, canoe trips, nature walks and talks, and GPS adventures are just a few of the exciting programs offered by park rangers.

Regional Parks

BR Bull Run Marina Regional Park & Atlantis Waterpark

7700 Bull Run Drive, Centreville
www.nvrpa.org/park/bull_run/
www.atlantisbullrun.com/
703-631-0552

Main park open all year for picnicking, hiking and family camping. Bull Run Public Shooting Center open all year. Group Camping open daily Jan. 7 through Nov. 11. Mini and disc golf open April through October. Hours vary. Atlantis Waterpark features pools, a giant dumping bucket, waterslides, and fun-filled activities for all ages. Atlantis is open from Memorial Day weekend through Labor Day, and is a member of the Northern Virginia Regional Park Authority family of Waterparks. Neptune Reef snack bar sells food, beverages and sweets.

CR Cameron Run Regional Park/Great Waves Waterpark

4001 Eisenhower Ave., Alexandria
www.nvrpa.org/park/cameron_run/
www.greatwaveswaterpark.com/
703-960-0767

Cameron Run Regional Park offers a variety of recreation facilities in an urban area, including Great Waves Water Park. Catch a wave in the wave pool, twist and turn down four-story water slides, take a plunge down speed slides, play with friends in the shallow waters of the play

pool. The park also features a deluxe miniature golf course, a nine-station batting cage, picnic shelters, and a special events pavilion.

CH Carlyle House Historic Park

121 N. Fairfax Street, Alexandria, VA 22314
www.nvrpa.org/park/carlyle_house_historic_park/
703-549-2997

The historic Carlyle House was completed in 1753 by British merchant John Carlyle for his bride, Sarah Fairfax of Belvoir, member of one of the most prestigious families in colonial Virginia. Their home quickly became a center of social and political life in Alexandria and gained a foothold in history when British General Braddock made the mansion his headquarters in 1755. On the National Register of Historic Places, Carlyle House is architecturally unique in Alexandria as the only stone, 18th-century Palladian-style house. Daily tours of the house, programs for schoolchildren, special events, exhibits and lectures explore the life and times of John Carlyle in pre-Revolutionary Alexandria. The site may be rented in the evenings for private functions and weddings.

FH Fountainhead Regional Park

7315 Ox Road, Fairfax Station
www.nvrpa.org/park/fountainhead/
703-250-9124

The observation deck of the Marina Building at Fountainhead commands a spectacular view of the widest point of the Occoquan Reservoir. Summer activities include catfish tournaments, children's fishing tournament, paddleboat tours and more.

HO Hemlock Overlook Regional Park

13220 Yates Ford Road, Clifton
www.nvrpa.org/park/hemlock_overlook/
800-877-0954; 571-281-3556;

Hemlock Overlook Regional Park offers a variety of outdoor and environmental education. Programs at Hemlock Overlook are open to the public and groups by reservation. Only the hiking and horse

trails may be used without prior arrangement.

MBG Meadowlark Botanical Gardens

9750 Meadowlark Gardens Court, Vienna
www.nvrpa.org/park/meadowlark_botanical_gardens/
703-255-3631

This 95-acre complex of large ornamental display gardens and unique native plant collections is open year round and include walking trails, lakes, more than 20 varieties of cherry trees, irises, peonies, an extensive shade garden, native wildflowers, gazebos, birds, butterflies, seasonal blooms and foliage. The Atrium's indoor tropical garden setting is a popular meeting, reception, wedding and workshop location. Interpretive displays accompany a restored 18th-century cabin.

OR Occoquan Regional Park

9751 Ox Road, Lorton
www.nvrpa.org/park/occoquan/
703-690-2121

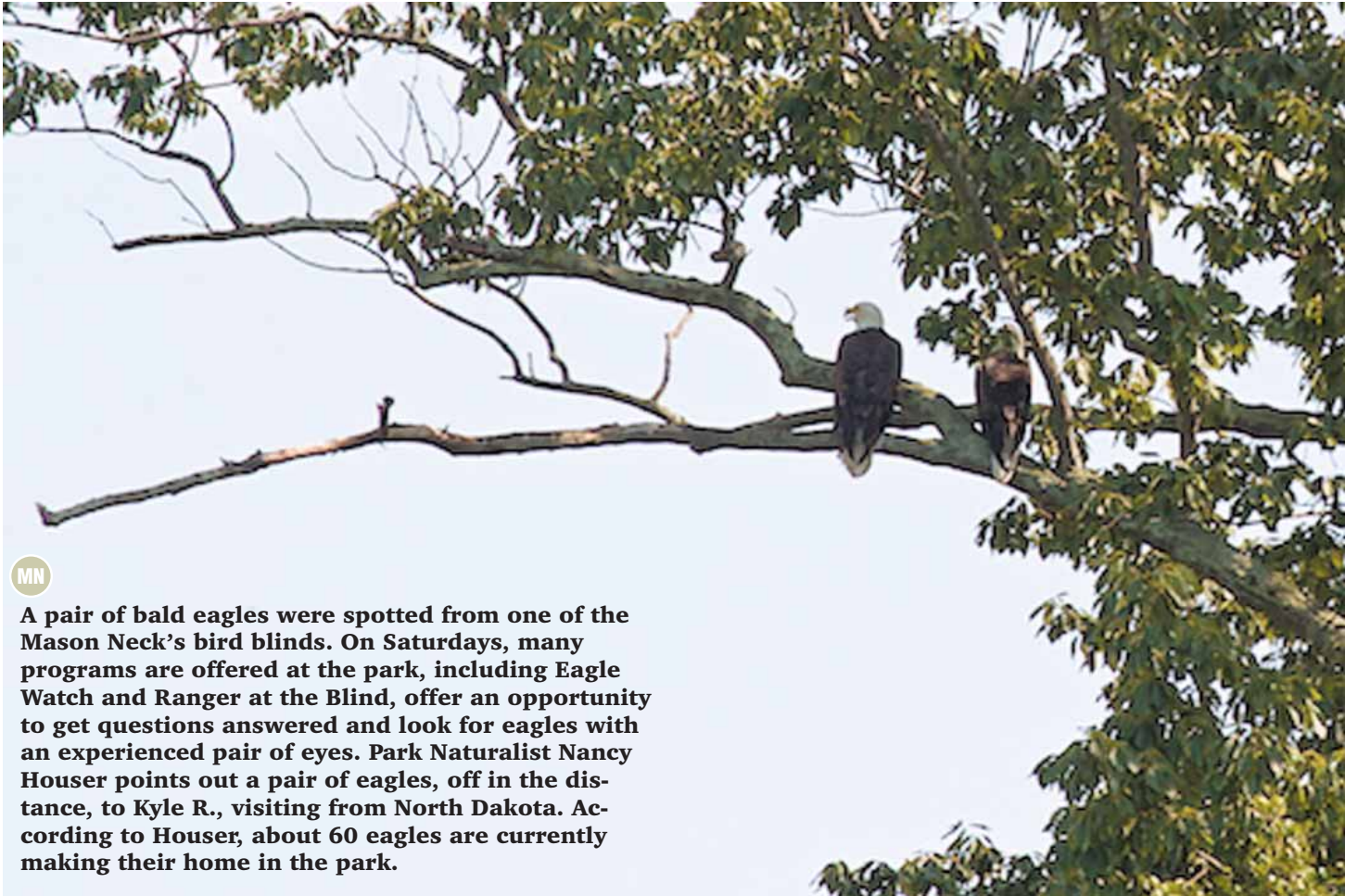
This park offers 400 acres of recreational space and a touch of the past with its historic brick kilns and the Turning Point Suffragist Memorial. Park lands, trails and associated waters are part of the Fairfax Cross-County Trail. Kayak rentals. One hour Tour Boat Rides on the Occoquan River to Belmont Bay and back. Offered Saturdays noon-5 p.m., Sunday 1-8 p.m., April 2 through Nov. 27. \$10 adults, \$5 children 12 and under, under age 4 are free.

PB Pohick Bay Regional Park & Pirates Cove Waterpark

6501 Pohick Bay Drive, Lorton
www.nvrpa.org/park/pohick_bay/
www.piratescovepohick.com
703-339-6102

Pohick Bay is located on the Potomac River, 25 miles south of the nation's capital. The boat launch facility is one of only three public access points to the Potomac River in northern Virginia. Pohick Bay offers canoes, kayaks, paddle boats and jon boats for rent on the weekends, as well as family and group camping, hiking, picnic areas and a large play area for children. The park offers one of the largest, outdoor freeform pools on the east coast. Pohick Bay Regional Park, located on Mason Neck Peninsula is an ecologically fragile land that shelters an abundance of wildlife, including the bald eagle. Pirates Cove Waterpark is located at Pohick Bay Regional Park. Visitors can cool off under the 300-gallon dumping bucket, fire the water cannons and splash down the waterslide or search for buried treasure at Buccaneer Beach sand play area. Pirates Cove

Sources: National Park Service, Northern Virginia Regional Park Authority, Virginia State Parks and Fairfax County Park Authority. Map courtesy of Fairfax County Park Authority. Designed & compiled by Jean Card and Laurence Foong. Photos by Renée Ruggles.



MN
A pair of bald eagles were spotted from one of the Mason Neck’s bird blinds. On Saturdays, many programs are offered at the park, including Eagle Watch and Ranger at the Blind, offer an opportunity to get questions answered and look for eagles with an experienced pair of eyes. Park Naturalist Nancy Houser points out a pair of eagles, off in the distance, to Kyle R., visiting from North Dakota. According to Houser, about 60 eagles are currently making their home in the park.

also features picnic pavilions, a deck for sunning and playing, as well as plenty of shade. Captain’s Galley snack bar features food, beverages and sweets. Pirates Cove is open from Memorial Day weekend through Labor Day.

PB Pohick Bay Golf Course
10301 Gunston Road, Lorton
www.nvrpa.org/park/pohick_bay_golf_course
703-339-8585
This scenic golf course is located on the Mason Neck Peninsula in Lorton. Pohick Bay’s practice facility features a driving range with practice putting and chipping greens, and lessons from PGA pros. A full-service pro shop features an array of name-brand golf clubs, equipment and apparel. Other services include club making, custom club fitting, regripping, reshafting and tournament coordinating.

PO Potomac Overlook Regional Park & Nature Center
2845 Marcey Road, Arlington, VA 22207
www.nvrpa.org/park/potomac_overlook/
703-528-5406
On the Potomac Palisades in north Arlington, Potomac Overlook offers 70 acres of peaceful woodland, trails, educational gardens, a small picnic area and a Nature Center. The Nature Center features brand new exhibits called the “Energerium,” offering visitors a fun and accessible way to learn energy basics and ways they can help create sustainable energy solutions. The Nature Center also houses live animals and natural history exhibits.

SR Sandy Run Regional Park
10450 Van Thompson Road, Fairfax Station
www.nvrpa.org/park/sandy_run/
703-690-4392
The park is open to the public for the purpose of education, training, practice, and racing for competitive and recreational sculling and rowing. Only shells and other boats authorized by the Northern Virginia Regional Park Authority may be launched from the docks or shoreline of Sandy Run. Sandy Run offers a facility for team training and competition for Olympic, college, high school and club canoe, kayak and crew athletes.

UH Upton Hill Regional Park & Ocean Dunes Waterpark
6060 Wilson Blvd., Arlington
www.nvrpa.org/park/upton_hill/
www.oceanduneswaterpark.com/
703-534-3437 or UptonHill@nvrpa.org
Upton Hill Regional Park offers visitors a wooded oasis in the heart of the most densely populated area of Northern Virginia. A large outdoor water-park complex is a sparkling attraction in

this wooded, urban park, which straddles the boundary line between Arlington and Fairfax counties. The deluxe miniature golf course boasts one of the longest mini golf holes in the world; the batting cages include nine baseball and softball cages. The park is open every day for hiking, picnicking, playing on the playground and enjoying the outdoors. Located within Upton Hill Regional Park, Ocean Dunes is loaded with fun features for adults and children.

Arts Center

LAC Workhouse Arts Center
9601 Ox Road, Lorton
www.lortonarts.org
703-584-2900

The Workhouse Arts Center consists of seven studio buildings, the main galleries and the recently opened Youth Arts Center. Visitors are encouraged to interact with artists. In addition to visual arts, the Workhouse Arts Center is home to performing arts, including theater, film institute, musical and dance performances. The education department supports both the visual and performing arts, offering classes and workshops in a variety of disciplines. Future plans for the Workhouse include an event center, amphitheater, Workhouse Theatre, restaurants, apartments, music barn and garden/horticultural area. Other buildings on site, yet to be renovated, may provide for other activities such as a visitors center, a blacksmith shop, theatre scene shops and rehearsal space.



The Ratcliffs, of Rockville, came out to enjoy a family bike ride. Cycling is a popular activity along the park-way.

Major Fairfax County Parks

BLP Burke Lake Park & Golf Course
7315 Ox Road, Fairfax Station
volleyball, driving range, 18 hole, par 3, minigolf, trails, playground, campgrounds, fishing
883.4 acres, multiple resource park

CJP Clemyjontri Park
6317 Georgetown Pike, McLean
fitness, picnic areas and playgrounds
18.6 acres, special purpose park

ELP Ellanor C. Lawrence Park
5040 Walney Road, Chantilly
baseball, soccer/football (unlit), basketball (unlit), community center, nature center, amphitheater, trails
650 acres, multiple resource park

FPF Frying Pan Farm Park
2717 West Ox Road, Herndon
historic structure, biking/equestrian/hiking trails, open areas, playground
135.3 acres, multiple resource park

GSG Green Spring Gardens
4603 Green Spring Road, Alexandria
Community Center, historic structure, biking/hiking

trails, open areas, gardens
30.9 acres, special purpose park

HPP Hidden Pond Park
8511 Greeley Boulevard, Springfield
tennis (lit), nature center, amphitheater, hiking/nature trails, playground, fishing
25.6 acres, community park

HMP Huntley Meadows Park
3701 Lockheed Boulevard, Alexandria
nature center, historic structure, biking/hiking/nature trails, observation tower, boardwalk
1444.8 acres, natural resource park

LAP Lake Accotink Park
7500 Accotink Park Road, Springfield
basketball, volleyball, minigolf, trails, picnic
448.1 acres, multiple resource park

LFP Lake Fairfax Park
1400 Lake Fairfax Drive, Reston
softball (lit), soccer/football (unlit), amphitheater, carousel, campground, tour boat, picnic shelters
479 acres, multiple resource park

FRA Lee District Park
6601 Telegraph Road, Franconia
softball, soccer/football, tennis, basketball, volleyball, trails, treehouse, sprayground, accessible playground
138 acres, district park

MDP Mason District Park
6621 Columbia Pike, Annandale
softball (lit), soccer/football (unlit/lit), basketball (lit), tennis (lit), shuffleboard, dog park, amphitheater, biking/hiking/fitness
121.2 acres, district park

NWP Nottoway Park
9537 Courthouse Road, Vienna
baseball (lit), soccer/football (lit), basketball (lit), tennis (lit), trails, picnic
90.9 acres, district park

RBP Riverbend Park
8700 Potomac Hill Street, Great Falls
nature center, historic structure, biking/equestrian/hiking trails, picnic areas, craft room
411.2 acres, multiple resource park

SRN Scotts Run Nature Preserve
7400 Georgetown Pike, McLean
historic structure, historic/hiking/nature trails, fishing
384.3 acres, natural resource park

SRD South Run District
7550 Reservation Drive, Springfield
baseball, soccer/football, basketball, tennis, recenter, equestrian, playground, swimming
196 acres, district park

WFP Wakefield Park & RECenter
8100 Braddock Road, Annandale
softball, soccer/football, basketball, tennis, recenter, biking, fitness trail, skate park
292.6 acres, multiple resource park



On Sunday evenings, the community gathers in the pavilion, to enjoy a summer concert series, sponsored by the Friends of Fort Hunt Park.

PARKS

A GUIDE TO FAIRFAX COUNTY PARKS IN THE GREAT FALLS, RESTON & HERNDON AREAS

Map Number Park Name

Address, City
Property Class

1 Hutchison ES

13209 Parcher Ave., Herndon
Community Park

2 Coppermine Crossing SS

2744 Cooper Creek Rd, Herndon
School Site

3 Arrowbrooke

2351 Field Point Road, Herndon
Community Park

4 Dulles Corner

2446 Dulles View Drive, Herndon
Community Park

5 Franklin Farm

13590 Franklin Farm Road, Herndon
Community Park

6 Reston Town Green

Cameron Glen Dr, Reston
Neighborhood Park

7 Shaker Woods

1225 Stuart Road, Reston
Community Park

8 Hickory Run SS

Sheshue St, Great Falls
School Site

15 Chandon

900 Palmer Drive, Herndon
Community Park

16 Fred Crabtree

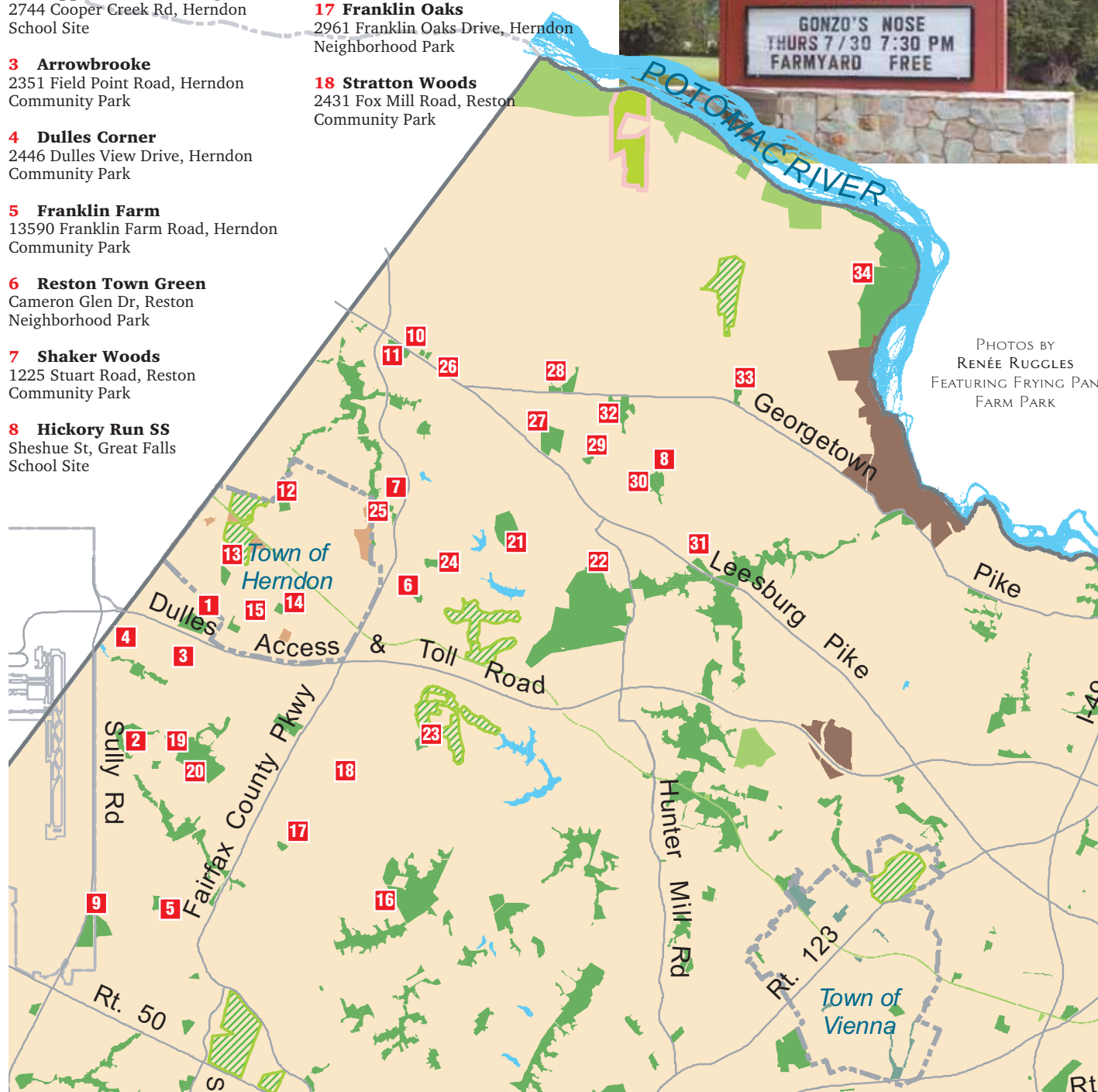
2801 Fox Mill Road, Herndon
District Park

17 Franklin Oaks

2961 Franklin Oaks Drive, Herndon
Neighborhood Park

18 Stratton Woods

2431 Fox Mill Road, Reston
Community Park



PHOTOS BY
RENÉE RUGGLES
FEATURING FRYING PAN
FARM PARK

9 Sully Historic

3650 Historic Sully Way, Chantilly
Cultural Resource Park

10 Dranesville Tavern

11919 Leesburg Pike, Herndon
Cultural Resource Park

11 Grand Hamptons

1081 Saffa Street, Herndon
Neighborhood Park

12 Stanton

910 Third Street, Herndon
Community Park

13 Alabama Drive

1100 Alabama Drive, Herndon
Community Park

14 Bruin

415 Van Buren Street, Herndon
Community Park

19 Floris School Site

2621 Centreville Road, Herndon
Community Park

20 Frying Pan Farm

2717 West Ox Road, Herndon
Multiple Resource Park

21 Baron Cameron

11300 Baron Cameron Avenue, Reston
District Park

22 Lake Fairfax

1400 Lake Fairfax Drive, Reston
Multiple Resource Park

23 South Lakes Drive

11851 South Lakes Drive, Reston
Community Park

24 Reston North

1635 Reston Parkway, Reston
Community Park

25 Stuart Road

12001 Lake Newport Road, Reston
Community Park

26 Holly Knolls

1010 Redberry Court, Great Falls
Neighborhood Park

27 Great Falls Nike

1089 Utterback Store Road, Great Falls
District Park

28 Windermere

11000 Georgetown Pike, Great Falls
Community Park

29 Lockmeade

1104 Riva Ridge Drive, Great Falls
Community Park

30 Lexington Estates

10401 Sheshue Street, Great Falls
Neighborhood Park

31 Colvin Run Mill Site

10017 Colvin Run Road, Great Falls
Cultural Resource Park

32 The Turner Farm

925 Springvale Road, Great Falls
Community Park

33 Great Falls Grange

9818 Georgetown Pike, Great Falls
Community Park

34 Riverbend

8700 Potomac Hill Street, Great Falls
Multiple Resource Park



What is more fun than winning a prize at a carnival? Brothers Donovan (left) and Derek show the prizes they won at the annual 4-H Fair and Carnival.



Michael Munn stands in the shade, with his 6-week-old bull calf named Prince Charming. Michael has the distinction of being the county's first 4-H Club member who is blind. When he is finished showing the calf, the teen plans to train for his second marathon.



Ariadna, of Alexandria, came to Frying Pan Farm Park with her dad. She stopped to visit with the piglets and other residents of the barn. The animals are popular with visitors of all ages.

NEWCOMERS & COMMUNITY GUIDE

The Herndon field hockey team won the Conference 5 championship in 2014.



PHOTO BY JON ROETMAN/THE CONNECTION

Getting to Know Herndon Sports

Field hockey team won Conference 5 championship.

School: Herndon High School

Mascot: Hornets.

School Colors: Red and black.

Athletic Director: Jonathan Frohm, 703-810-2275.

Football Coach: Jeremiah Davis (second year).

The Hornets lost four of their last five games and finished 4-6. Herndon hasn't made the playoffs since 2008.

Field Hockey Coach: Mary Miller.

Volleyball Coach: Bruce Short.

Boys' Basketball Coach: Gary Hall.

Girls' Basketball Coach: Cornelius Snead.

Rival School: South Lakes.

What happened last year: The field hockey team finished 19-3, won the Conference 5 champi-

onship and reached the region semifinals. The boys' basketball team lost to Westfield in the conference championship game and reached the region quarterfinals. The baseball team reached the region quarterfinals.

Notable: The field hockey team's 2014 Conference 5 championship was the program's first conference/district title since 1979.

Quotable: "We now get to put our year up [on a banner] in the gym. That's what we wanted — we wanted to make history." — Then-senior Taylor Stone after the Herndon field hockey team beat defending state champion Westfield to win the 2014 Conference 5 championship.

Getting to Know Oakton Sports

Girls' cross country team repeated as state champion.

School: Oakton High School

Mascot: Cougars.

School Colors: Burgundy and gold.

Athletic Director: Pat Full, 703-319-2760.

Football Coach: Jason Rowley (fifth year).

The Cougars started 3-0 in 2014, lost their next four and then won two of their final three regular-season games to get to 5-5 and earn a postseason berth. Oakton lost to Lake Braddock 44-14 in the opening round of the 6A North region playoffs and ended the year with a 5-6 record.

Field Hockey Coach: Allison Ryneski.

Volleyball Coach: Dan Courain.

Boys' Basketball Coach: Dave Brooks.

Girls' Basketball Coach: Fred Priester.

Baseball Coach: Justin Janis.

Boys' Soccer Coach: Todd Spitalny.

Rival School: Madison.

What happened last year: The girls' cross country team won its second consecutive 6A state championship. Then-senior Allie Klimkiewicz placed third in the individual competition. The girls' basketball team finished 26-3, reached the state semifinals, and won Conference 5 and 6A North region titles. The girls' lacrosse team finished region and conference runners-up. The boys' soccer team



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

The Oakton girls' cross country team won the 2014 6A state championship.

reached the region semifinals. The boys' cross country team finished fourth in the state. The volleyball team finished Conference 5 runner-up. The boys' and girls' tennis teams won state championships. The boys' swim and dive team won the state title. The girls' swim and dive team finished state runner-up.

Notable: The Oakton girls' lacrosse program has reached the state championship game seven times in 10 years since lacrosse became a VHSL sport in 2006. The Cougars won three straight state titles from 2006 through 2008, and won a fourth championship in 2012.

Quotable: "We thought that they [recognize] three teams on the podium. We were the second to go up there and they handed us the first-place trophy and we were just very confused." — Then-senior harrier Allie Klimkiewicz, who was part of an Oakton girls' cross country team that won the 2014 state title, but approached the podium thinking they finished second.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Then-senior Mitch Blackstone and the Marshall baseball team finished 5A state runner-up in 2014.

Getting to Know South Lakes Sports

Baseball team qualified for regionals for first time since 2003.

School: South Lakes High School

Mascot: Seahawks.

School Colors: Royal Blue and Kelly Green.

Athletic Director: Linda Jones, 703-715-4517.

Football Coach: Trey Taylor (second year).

The Seahawks lost their first five games in 2014 and finished 2-8, with wins over Thomas Jefferson and Marshall.

Field Hockey Coach: Allison Woron.

Volleyball Coach: Mike Ware.

Boys' Basketball Coach: Andrew Duggan.

Girls' Basketball Coach: Christy Winters Scott.

Girls' Soccer Coach: Lauren Ebert.

Boys' Soccer Coach: Marty Pfister

Baseball Coach: Morgan Spencer.

Softball Coach: Carlos Soto.

Rival School: Herndon.

What happened last year: The baseball team qualified for regionals for the first time since 2003 and upset Conference 7 champion Lake Braddock in the first round. The boys' and girls' basketball teams qualified for regionals. The softball team finished 15-9 and qualified for regionals.

Notable: Grant Hill, who spent 19 seasons in the NBA with four different teams, graduated from South Lakes in 1990. The Detroit Pistons selected Hill No. 3 overall in the 1994 draft and the seven-time all-star went on to score more than 17,000 points with the Pistons, Orlando Magic, Phoenix Suns and Los Angeles Clippers. He won two NCAA national championships while at Duke University, and won a gold medal at the 1996 Summer Olympics with Team USA.

Quotable: "At the beginning of the year we had two goals: make the regional tournament and win the [conference]. Goal one is accomplished and now on to goal two. It's a great feeling and a huge win for our program in general." — Matt Wojciechowski, then a senior pitcher, after the South Lakes baseball team defeated W-L in the 2015 Conference 6 quarterfinals to earn the program's first regional berth since 2003.



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