

# Life Skills In Middle School

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PHOTO BY SHIRLEY RUHE/THE CONNECTION

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# Riding the Radio Waves

Arlington Independent Media is extending its reach to radio.

BY AMBER HEALY  
THE CONNECTION

Paul LaValley is astonished and happy to be wrong in his assumption. The executive director of Arlington Independent Media (AIM) wasn't sure if people would share his high level of enthusiasm about the organization's new undertaking, the launch of a low-power FM radio station later this year. After all, the popular opinion is that radio is dying, falling out of favor as a way to get music and information when people can find whatever they need online.

Instead, he's seeing the same sparkling excitement shared by the staff and board members at AIM and hearing stories in the community about the power of radio.

"There's no digital divide like there is on the Internet or cable TV" when it comes to radio broadcasting, he said. Most people have radios in their homes and in their cars, making it a platform accessible to everyone, regardless of income. And when the station launches, by Dec. 9, it will be radio by and for Arlington residents.

The programming, which will include a variety of shows and features but is still under development, will reflect "what it means to be in Arlington now," he said.

The past few years have been one of growth and upgrades at AIM, located just off Wilson Boulevard between Clarendon and Courthouse. Two years ago, the television studio upgraded all its cameras and production equipment to become a state-of-the-art, high-definition facility, and earlier this year, they opened up an audio production room for podcasts, voiceover work and other audio projects. That means AIM is now offering audio recording and editing classes in addition to its video production and editing options for in-studio and field work. Combined, the audio production suite and radio station construction represent an investment of roughly \$400,000 in AIM's facilities, LaValley said.

When the Federal Communications Commission announced it was making available a few low-power FM broadcasting licenses, a committee was formed from members of AIM's board of directors to debate whether it was something the studio should pursue. The station will have a 3.5 mile broadcasting radius.

"AIM seemed just about perfect" as a candidate to sponsor a license, said Andy Rosenberg, a member of AIM's board and chair of the committee working to develop the future station's content. "It took about two years to hash things out."

With a background in radio himself, Rosenberg and the committee, the 11-member Program Advisory and Review Council (PARC) are holding regular meetings to shape the future broadcasts that will run on WERA, 96.7 FM, as the station will be known.

Unlike the television broadcasts that air on AIM's station and YouTube page, consideration has to be given to the content that will appear on WERA. The FCC regulations that apply to commercial radio stations will apply to WERA, which means language must be clean and certain rights must be obtained for any music that will be played during broadcasts. PARC also will be looking for content that will appeal to a broad range of Arlington residents of all ages and walks of life, further embracing the ideology that the station will reflect and be dedicated to the community it serves.

When he was growing up, LaValley said he loved listening to Clyde Clifford's "Beaker Street" program from the AM station KAAZ in Little Rock, Ark. "It was a 10,000-watt station you could hear from Little Rock to the Canadian border," he said. "Everyone in the Midwest listened to that," creating a shared experience for hundreds of miles. The program later moved to an FM station in the mid-1970s as that platform grew in popularity, and the host would use sound effects to punctuate stories and gaps between songs on the air.

As he spoke with people in Arlington about the possibility of launching a radio station, LaValley said many people shared their own stories of favorite radio programs or broadcasters. Many also shared their own stories about broadcasting, recounting their time as a DJ for their college radio stations.

"No matter who I talk to, people always want to do a radio program," he laughed. "People just love that idea. There's something about broadcasting that has a lot of cachet."

The programming for WERA will be available online as well, but there's something special about radio, he said. "We also find value in things that are geographically based," he continued. "The Internet is worldwide. You kind of leave the space you're in and join a worldwide community of people. But you're losing a sense of geography," something locally operated and designed stations can provide.

He adds that the station's antenna likely will be placed at 2300 Clarendon Blvd., near the Courthouse Metro station. Thanks to a partnership with Arlington Office of Emer-

## Learn More

For more information about Arlington Independent Media, its soon-to-be-live low-power FM radio station, WERA, and a current schedule of classes, go to [www.arlingtonmedia.org](http://www.arlingtonmedia.org).

gency Management, WERA will carry emergency broadcast information from the police and other first responders in the case of large emergencies or disasters, another public service for the community.

Construction has begun on the radio station, which will be located in the front of the AIM building and will feature a glass window so people walking in can see the on-air host, much like WTOP's famed Glass-Enclosed Nerve Center, though not as large. The audio production suite, located in a soundproof room in the middle of the building, allows for the creation of pre-recorded content that can be broadcast later.

Offering radio programming is a natural progression in AIM's mission, said Jackie Steven, AIM's director of community programs, and Lauree McArdle, AIM's operations manager. And while it may seem to people on the outside that the evolution has come quickly, it's been in the works for quite some time.

"Even before I started here, the transition from Arlington Community TV (ACT) to Arlington Independent Media" indicated the organization's interest in offering expanded and multi-media services and education to the county, McArdle said.

"ACT pigeonholed us to just one type of media," Steven agreed. There was always an interest in pursuing other forms of media, and advancing and improving technology helped speed the process.

Moving into radio has always felt like an addition to what AIM's television station provides, in addition to a way to get more people involved at AIM and in the community, McArdle said. "Not everyone wants to be in front of a camera. The radio station provides an opportunity for members of the community to have their voices heard even if they're camera shy."

She admitted there's some nervousness now that the station is so close to becoming a reality, with tight schedules to follow and deadlines to meet in order to abide by the FCC's order to be on the air by Dec. 9. There's no doubt, however, that everything will be in place and ready by then.

"In our 30-year history, we've pulled off a lot of stuff," Steven said. "It can be aggressive and stressful, but we've succeeded in all our endeavors to this point."

## "FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Sept. 8-12.

**Senior centers:** Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16<sup>th</sup> St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18<sup>th</sup> St.

Note: Arlington senior centers will be closed Monday, Sept. 7 in observance of Labor Day.

**Senior trips:** Tuesday, Sept. 8, Rehoboth Beach, Del., \$39; Thursday, Sept. 10, The Royal Tea Room, LaPlata, Md., \$49; Saturday, Sept. 12,

Maryland Seafood Festival, Arnold, Md., \$24. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

**History roundtable,** Tuesday, Sept. 8, 11:15 a.m., Lee. Free. Register, 703-228-0555.

**Volleyball,** Tuesdays, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

**Belly dance class,** Tuesdays and Fridays, 10 a.m., Lee. Free. Register, 703-228-0555.

**Beginners full fitness exercise,** Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555.



## Trooper Jacqueline Vernon Remembered

**I-395 Bridge named  
in memory of her.**

BY VERNON MILES  
THE CONNECTION

To those driving on Interstate 395 over South Glebe Road, “Trooper Jacqueline Vernon Memorial Bridge” might seem like just another name. Someone briefly commuting through Arlington might not know about her dedication to service, first in the military, and then as a state trooper. They might not know about her death when she was struck by a bus after she pulled over a vehicle in 1988, becoming the first female and first black State Trooper killed in the line of duty, and they might not know about the 27-year push for a memorial. Many driving over the road might not notice Jacqueline Vernon’s name or life, but someone might, and for her friends and coworkers, that’s enough.

At a ceremony on Aug. 26 in the Arlington County Board Room, Trooper Jacqueline Vernon was remembered by friends and coworkers, sharing reflections with legislators who had pushed for the memorial during the 2015 legislative session.

“We went to the academy together, then we went to station in Arlington and was on the same shift,” Charles King III, a Master Trooper, recalled. “She was a very good trooper. She worked accidents and would always back you up on calls. She was always there to assist you. She helped me with



**State Trooper  
Jacqueline Vernon.**

several traffic stops.”

Vernon as someone who could be relied on was a recurring theme of the Trooper’s reflections.

“She always had your back,” said Myrlin Wimbish, a Master Trooper. “I counted on her more than I did most of the guys. We had the ‘power shift,’ it was about four or five of us that bonded together. When one of us had a call, we’d all respond. She was a team player. Couldn’t have asked for a better shift mate. She was very dependable.”

Vernon’s death was so sudden, the troopers recalled that there was an intense storm of confusion and disbelief in the immediate aftermath.

“I couldn’t believe it,” said Wimbish. “I was working with her that morning. The night before, she’d helped me with a stolen vehicle. When I heard about it, I didn’t be-



**New sign for the Trooper Jacqueline Vernon Memorial Bridge unveiled.**

lieve it.”

King said he was in Richmond in Field Training Officer’s School when he heard the news. “I was in a classroom and they came in and told us they had some tragic news,” said King. “I dropped my head. I was so shocked, I never expected to hear that. Another officer confirmed it. It was also my birthday. So every time my birthday comes around, I think of her.”

Arlington County passed a resolution in 2014 in favor of naming the bridge in Vernon’s honor, and a bill sponsored by state Sen. Barbara Favola and Del. Rob Krupicka passed early in 2015.

“The Virginia Association of State Police came to me and asked me to put the bill in,” said Favola. “They felt it was important to recognize this woman’s contributions. So many of our uniformed service-men and

women make sacrifices and are injured on the job, and some lose their lives. It’s important to show the community that we value their contribution and that public service is a noble calling: something we should honor. There weren’t that many women wearing the badge at that time. She was the first female graduate from the police academy and a real role model for women.”

Many in the audience were disgruntled that the memorial took 27 years, but most were satisfied with the results.

“It’s a long time coming,” said Wimbish. “It shouldn’t have taken this long, but I’m glad it’s there now.”

“I was so happy to see that sign,” said King. “It feels good. It’s been a long time coming and she deserves it. The public, they don’t know her, but they’ll see her name and they’ll remember her.”

## In Middle School: Opportunity To Learn Life Skills

**Elective wheel  
exposes students  
to variety of courses.**

BY SHIRLEY RUHE  
THE CONNECTION

Handbooks are ready, supplies have been ordered and teachers have been getting acquainted with their new classrooms. Dr. Lori Wiggins, principal at Gunston Middle School, located at 2700 S. Lang St., says her enrollment is projected at 940 this year, up like everywhere else. “One thing that distinguishes

our middle school in the county is that it is a partial Spanish immersion school for about one-third of the students who attended the

Key Elementary or the Claremont Elementary Spanish Immersion program. They take Science, Social Studies and Spanish Language Arts entirely in Spanish,” she said, adding “the foundation they have from el-



**The curriculum at Gunston Middle School, located at 2700 S. Lang St., includes a continuation program for the students from Key Elementary and Claremont Elementary schools who had attended the Spanish immersion programs.**

ementary school helps them master the middle school content in Spanish.”

There are other language opportunities as well including French, which has now grown to five sections, Latin with about 30 students and Chinese and Arabic with about 25 students each. She says Chinese and Arabic are long distance learning which can be a challenge to keep the interest of the students but as the technique gets better, the obstacles will be overcome.

There are eight periods of the day. Five core subjects are required in sixth grade with one elective and four core subjects with two electives in seventh and eighth grades, plus physical education and lunch.

If a student has band, strings or chorus, he or she can also choose to take the elective wheel which she calls the “post-it note of learning.” A student rotates through a number of electives every 20 days or so and when the 20 days is over can take off the post-it note and try something else. This can give them a taste of subjects like drama, art, or journalism.

SEE IN MIDDLE SCHOOL, PAGE 5

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# OPINION

# How to Vote; It Matters

**Voting begins in two weeks, Sept. 18.**

**E**lection Day is Nov. 3, and on that day, virtually every state and local office is on the ballot. In-person absentee voting begins Sept. 18, barely two weeks from now. Virginia Law allows voters to absentee vote if they could be “working and commuting for 11 or more hours between 6 a.m. and 7 p.m. on Election Day.” You’re allowed to count your worst possible commute in estimating how many hours you might be working and commuting on Election Day.

On Election Day, Nov. 3, polls are open from 6 a.m. - 7 p.m.

To vote on Election Day, you must be registered at your current address no later than Oct. 13, 2015. You can check your registration status online by going to [www.sbe.virginia.gov](http://www.sbe.virginia.gov).

It’s also worth noting that new, more restrictive voter identification regulations took effect last year.

Voters in Arlington will choose one in Virginia Senate; one in Virginia House of Delegates; County Constitutional offices including Clerk of the Court, Commonwealth’s Attorney, Sheriff, Treasurer and Commissioner of Revenue; two seats on the County Board, and one on School Board. For sample ballots and more information, visit <http://vote.arlingtonva.us/>

**AS OF LAST** summer, there are new requirements for voter identification that voters must bring with them to the polling place.

## EDITORIAL

Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality’s electoral board in order for their provisional ballot to be counted.

Virginia’s photo ID requirements also apply to absentee voters who vote in-person in all elections.

Here are the “acceptable” forms of identification:

Valid Virginia Driver’s License or Identification Card; Valid Virginia DMV issued Veteran’s ID card; Valid United States Passport; Other government-issued photo identification cards (must be issued by U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; Valid college or university student photo identification card, must be from an institution of higher education located in Virginia; Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer’s business; Virginia Voter Photo ID Card obtained through any local general registrar’s office. “Valid” is defined as a genuine document, bearing the photograph of the voter, and is not expired for more than 12 months.

Any registered voter may apply for a free Virginia Voter Photo Identification from any general registrar’s office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

**Current layout of Columbia Pike and Arlington National Cemetery**



## Correction

In last week’s article “Shifting Boundaries,” about the Navy Annex land exchange, the map depicting the proposed realignment of Columbia Pike was not published. The map of the current layout was printed twice. Here is how both maps should have appeared.

**Proposed realignment of Columbia Pike and new Arlington land.**



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# In Middle School: Learning Life Skills

FROM PAGE 3

As she walks through the tech ed classroom, she points to the corner: "We built people-size box-cars and had a race; today tech ed is much more than woodshop." In addition they have a 3-D printer for digital design. She picks up a small, gray rhinoceros that was designed on the printer and formed into an object.

Wiggins says she thinks school is a petri dish reflection of society. As a result, education incorporates technology. "It doesn't mean they don't need a teacher to learn and create. But it is a change from the teacher having all of the knowledge in the room since the students can access their computer. It is a shift in the way knowledge is delivered."

She reflects about diversity: "Last year we had children from about 70 different countries in our school. In addition, we have a number of children of military parents from places like Portugal and Turkey. This means thinking about how information is delivered to students and parents and special needs or assistance." After-school library and computer access are available for students who may need extra help or who don't have access at home. Since



PHOTO BY SHIRLEY RUHE/THE CONNECTION

**Principal Lori Wiggins said one of the electives is tech ed which is not what it used to be. She pointed to a people-size boxcar up on a shelf and says, "they made the box-cars in tech ed and then had a race."**

Gunston Community Center is next door, the students can also go back and forth after school and use the resources offered there. There are late buses so that students can avail themselves of the extra assistance.

Wiggins has learned, that with this diversity, communication will take a little longer. She creates opportunities to celebrate the cultural richness with school festivals focusing on different dress and sharing foods from the diverse countries represented at the school. At Thanksgiving, Gunston returns the cultural

exchange. "It would warm your heart," she said, "when we host a Thanksgiving-themed dinner with turkey and mashed potatoes."

"Middle school years are a great, great age," she said. At a conference she attended recently they were described as "the four years between teddy bears and college" and so she adds, "it's no wonder they are the crazy years. They have a lot going on and kids like to try out a lot of things." But, she says, they are learning life skills in the middle school classrooms.

"Arlington's commitment to arts and sports is very strong although sometimes I have to find how to do more with less," she

said. But anyone can play a sport here. We have the cut sports like basketball and tennis with a finite number of players, but anyone can dive or wrestle and we have track and soccer." Their mascot is the hornet and their school colors purple and teal.

Wiggins was licensed in California, taught public schools three years in New York. She says each state has its own licensing requirements as well as required years teaching, a Master's degree and endorsement by school administration in order to be a principal.

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# ENTERTAINMENT

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## ONGOING

### **Nauck Community Portrait**

**Exhibition.** Various times at Gallery 3700, 3700 S. Four Mile Run Drive. Students from Drew Model Elementary School display “visual biographies.” Admission to the gallery is free. Visit [www.arlingtonarts.org](http://www.arlingtonarts.org) for more.

**Barre in the Park.** Tuesdays through Sept., 6-7 p.m. at Gateway Park, 1300 Lee Highway. Lava Barre provides an outdoor fitness class focused on the ballet barre. Free. Visit [www.rosslynva.org](http://www.rosslynva.org).

**Fashion Truck Fridays.** Last Friday of the month through September, 11 a.m.-2 p.m. at the corner of Lynn St. and Wilson Blvd. or the Plaza at 19th and N. Moore St. Fashion trucks The G Truck, Curvy Chix Chariot, Tin Lizzy Mobile Boutique, Zoe’s Shoe Bar, The Board Bus, TNTN Unique Designs, Sheyla’s Boutique, and The Pink Armoire will rotate their schedules to appear. Free to attend. Visit [www.rosslynva.org](http://www.rosslynva.org) for more.

**Summer Movies @Penrose Square.** Saturdays, through Sept. 19. Sundown at Penrose Square, 2597 Columbia Pike. Free. Visit [www.columbia-pike.org](http://www.columbia-pike.org).

**“The Fix.”** Through Sept. 20, at various times at Signature Theatre, 4200 Campbell Ave. The scorned widow of the dead president transforms her son into an ideal candidate. Ticket prices vary. Visit [www.sigtheatre.org](http://www.sigtheatre.org) for more.

**“PLAY: Tinker, Tech & Toy” Art Exhibit.** Through Oct. 11, Wednesday-Sunday, 12-5 p.m. at the Arlington Arts Center, 3500 Wilson Blvd. “PLAY” is an exhibition that examines games and play through the lens of contemporary art. Free. Visit [www.arlingtonartscenter.org/exhibitions/play](http://www.arlingtonartscenter.org/exhibitions/play) for more.

**“Metropolis: Perspectives of Two Cities” Exhibition.** Through Oct. 25, gallery hours at the Jenkins Community Gallery on the Lower Level at Arlington Arts Center, 3550 Wilson Blvd. The exhibition displays the work of teenage photographers in partnership with CHAW (Capitol Hill Arts Workshop) after learning the aspects of creativity and marketing. Free. Visit [www.arlingtonartscenter.org/exhibitions](http://www.arlingtonartscenter.org/exhibitions).

**“Ice and Sky: Photographs of Antarctica by Robin Kent.”** Through Nov. 2 Monday-Thursday 10 a.m.-9 p.m.; Tuesday-Wednesday 1-9 p.m.; Friday-Saturday 10 a.m.-5 p.m. at Cherrydale Branch Library, 2190 Military Road. Local landscape and landmark photographer displays work from Antarctica. Admission is free. Call 703-228-6330 for more.

**Arlington’s Historical Museum to open on First Wednesdays.** The Arlington Historical Museum, which until now was only open on weekends, will now be open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County’s history from its original Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at [garrett.peck@arlingtonhistoricalsociety.org](mailto:garrett.peck@arlingtonhistoricalsociety.org).

## LGBT &

### **Straight Friends**

### **Social.**

Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey’s “Bar A” Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) for more information.

## Open Mic

### **Comedy.**

Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit [www.RiRa.com/](http://www.RiRa.com/) Arlington for more.

## Food Truck Thursdays.

5:30-8:30 p.m. at the corner of North Irving St., and Washington Blvd. Find a round-up of regional food trucks. Free to attend. Visit [www.dmvfta.org](http://www.dmvfta.org).

## Invasive Plants Removal.

Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit [registration.arlingtonva.us](http://registration.arlingtonva.us). Free, no registration required.

## Poetry Series.

6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## Open Mic Nite.

8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## Karaoke.

8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit [www.galaxyhut.com](http://www.galaxyhut.com) or call 703-525-8646.

## Pub Quiz.

8 p.m. every Sunday at Whitlow’s on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit [www.whitlows.com](http://www.whitlows.com) or call 703-276-9693.

## Storytime.

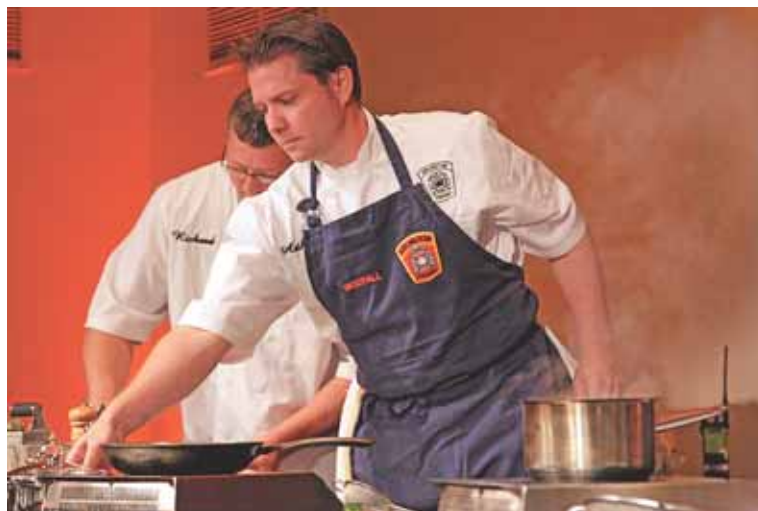
Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

## Lego Club.

Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

## Ball-Sellers House Tours.

Saturdays, April-Oct., 1-4 p.m. at The Ball-Sellers House, 1015 N. Quincy St. This year marks the 40th anniversary of the



(Above) Firefighter Anthony Westfall (Lieutenant Richard Slusher in background), and participating sous chef.

## Tickets Now On Sale For ‘Chiefs vs. Chefs’

“Chiefs vs. Chefs” is a live cooking competition that puts chefs from Arlington restaurants head-to-head with Arlington firehouse cooks. Competition proceeds will benefit Arlington Food Assistance Center (AFAC), which works to provide supplemental groceries to those in need. The fourth annual “Chiefs vs. Chefs” will be held on Oct. 28. Tickets start at \$100. Visit [www.afac.org](http://www.afac.org) for more.

Arlington Historical Society receiving the house from Marian Sellers in 1975 for \$1. Free. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org).

## Crystal City Sparket.

11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC’s Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit [www.crystalcity.org](http://www.crystalcity.org).

## Open Mic Night. Wednesdays,

at 8 p.m., sign ups are at 7:30 and 10 p.m., at Iota Club & Café, 2832 Wilson Blvd. Free. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com).

## Art for Life.

Third Thursday of each month. The Hyatt Regency Crystal City’s “Art for Life” Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

## Brunch at Freddie’s.

Third Saturday of every month, 11 a.m.-1 p.m. at Freddie’s Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome to join. No reservation is required. Visit [www.facebook.com/events/700174390103305](http://www.facebook.com/events/700174390103305).

## THROUGH OCT. 11

**“Yes, and.”** During gallery hours at Wyatt Resident Artists Gallery on the Upper Level at Arlington Arts Center, 3550 Wilson Blvd. “Yes, and” is a group show featuring Arlington Art Center residents curated by Caitlin Tucker-Melvin. Free. Visit [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

## THURSDAY/SEPT. 3

**“Pride On The Rocks.”** 6-10 p.m. at Redrocks Arlington, 2501 9th Road. Ten percent of proceeds from team trivia, drink specials, and more will go to Northern VA Pride. Free to attend. Visit [www.facebook.com/events/379113425586671](http://www.facebook.com/events/379113425586671).

## Live Music.

8:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. The Sidleys with Caz are performing. \$12. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## FRIDAY/SEPT. 4

**Mr. Knick Knack.** 10:30-11:15 a.m. at



PHOTOS BY JONATHAN GRANT

Market Common Clarendon, 2700 Clarendon Blvd. Popular local children’s entertainer will perform family-friendly songs. Free. Visit [www.marketcommonclarendon.com](http://www.marketcommonclarendon.com) for more.

## “Rain of my Soul” Opening

**Reception.** 5-8 p.m. at Gallery Underground, 2100 Crystal Drive. Celebrate “Rain of My Soul,” by Nihal Kececi in the Focus Gallery at Gallery Underground. Free. Visit [www.galleryunderground.org](http://www.galleryunderground.org) for more.

## SATURDAY/SEPT. 5

### **Audition for Teen Production of “Romeo and Juliet.”**

10 a.m.-2 p.m. at Synetic Studio, 2155 Crystal Plaza Arcade. Teens are invited to audition for an eight-week theatre education program resulting in a fully stage, full-length production. Free. Schedule an audition by emailing [education@synetictheatre.org](mailto:education@synetictheatre.org).

### **Live Music.**

8-9:30p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Falls Church. Soul and blues musician Sam Allen will perform. Tickets are \$20. Visit [www.stonerroomconcerts.com](http://www.stonerroomconcerts.com).

### **Live Music.**

9 p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. Mike Mondiodis will perform. Free. Visit [www.fireworkspizza.com](http://www.fireworkspizza.com) or call 703-527-8700.

## MONDAY/SEPT. 7

### **Live Music.**

2-4 p.m. at Netherlands Carillon, Arlington Boulevard. and Meade Street. Classical music artist Edward Nassor will be performing. Free. Visit [www.nps.gov](http://www.nps.gov) or call 703-289-2555.

### **Fleetwood Mac Tribute.**

7:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Featuring many performers. \$12. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## TUESDAY/SEPT. 8

### **Author Talk.**

7 p.m. at One More Page Books, 2200 N. Westmoreland St. Co-author of “Tiny Pretty Things” Dhonielle Clayton will be available for questions and discussion. Free. Visit [www.onemorepagebooks.com/](http://www.onemorepagebooks.com/).

**Author Event.** 7 p.m. at Arlington Central Library auditorium, 1015 N. Quincy St. Helaine Mario will discuss her latest book, “The Lost Concerto.” Free. Visit [www.library.arlingtonva.us/events/calendar](http://www.library.arlingtonva.us/events/calendar).

## WEDNESDAY/SEPT. 9

### **Author Talk and Book Signing.**

7 p.m. at One More Page Books, 2200 N. Westmoreland St. Avraham Azrieli will discuss and sign his latest book, “The Bookstrap Ultimatum.” Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## THURSDAY/SEPT. 10

### **Hot Sauce Contest.**

5:30-8 p.m. at Rocklands BBQ and Grilling Company, 3471 Washington Blvd. Participants will compete, and guests will find all-you-care-to-eat barbeque, judging, and tasting. Proceeds benefit the Wounded Warrior Project. Tickets are \$20 at the door. Visit [www.rocklands.com](http://www.rocklands.com).

### **Author Talk.**

7 p.m. at One More Page Books, 2200 N. Westmoreland St., Arlington. Brad Parks will discuss his latest book, “The Fraud,” another title in his Carter Ross mystery series. Free. Visit [www.onemorepages.com](http://www.onemorepages.com).

### **“Walt Whitman in Washington.”**

7-8 p.m. at Marymount University Library, 2807 N. Glebe Road. The Arlington Historical Society will host Garrett Peck as he presents “Walt Whitman in Washington, D.C.: The Civil War and America’s Great Poet.” Free. Visit [www.arlingtonhistoricalsociety.org](http://www.arlingtonhistoricalsociety.org).

## FRIDAY/SEPT. 11

### **Mr. Knick Knack.**

10:30-11:15 a.m. at Market Common Clarendon, 2700 Clarendon Blvd. Popular local children’s entertainer will perform family-friendly songs. Free. Visit [www.marketcommonclarendon.com](http://www.marketcommonclarendon.com) for more.

### **Kickoff Jazz Concert.**

6-9 p.m. at 1812 N. Moore St., 33rd Floor. Celebrate the start of Rosslyn’s Jazz Festival by tuning into Troker, an energetic jazz/rock band. Free, but registration required. Visit [www.rosslynjazz.com](http://www.rosslynjazz.com).

**Wine Tasting.** 6:30 p.m. at One More Page Books, 2200 N. Westmoreland



# ENTERTAINMENT

St. One More Page Books will host a wine tasting in celebration of the coming of fall. Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Live Music.** 9 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Attend a concert featuring The Bobby Thompson Project with Laura Cheedle. \$12. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## SATURDAY/SEPT. 12

**Bike Tour.** 9 a.m. at the top of escalator at Ballston Metro Station, 4230 Fairfax Drive. Visit Arlington parks and historic sites through a leisurely bike tour. The tour costs \$2 to participate. Visit [www.centerhikingclub.org](http://www.centerhikingclub.org).

**Audition for Teen Production of "Romeo and Juliet."** 10 a.m.-2 p.m. at Synetic Studio, 2155 Crystal Plaza Arcade. Teens are invited to audition for an eight-week theatre education program resulting in a fully stage, full-length production. Free. Schedule an audition by emailing [education@synetictheatre.org](mailto:education@synetictheatre.org).

**DC DogFest Walk 'n Roll.** 10 a.m.-1 p.m. at Pentagon Row, 1201 S. Joyce St. This community dog walk supports the mission of Canine Companions for Independence, which works to partner dogs with people with disabilities. Free. Visit [www.kintera.org/faf/home/default.asp?ievent=1136546](http://www.kintera.org/faf/home/default.asp?ievent=1136546).

**Rosslyn Jazz Festival.** 1-7 p.m. at Gateway Park, 1300 Lee Highway. Free admission. See [www.rosslynva.org/events](http://www.rosslynva.org/events).

**Author Event.** 3 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Mike Maggio will read excerpts from "Garden of Rain" and "The Wizard in the White House." Free. Visit [www.library.arlingtonva.us/events/calendar/](http://www.library.arlingtonva.us/events/calendar/).

**Woodstock Park Festival.** 4-7 p.m. at Woodstock Park, 2049 N. Woodstock St. Hosted by the Waverly Hills Civic Association, the festival will have food, activities, and entertainment for the whole family. Free. Visit [www.waverlyhillscivic.com](http://www.waverlyhillscivic.com) or call 502-452-4311.

**Author Meeting and Signing.** 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. Richard Peabody will sign and discuss "The Richard Peabody Reader," a collection of poetry and prose. Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Memorial 5K.** 6 p.m. in Crystal City. This race was organized to honor the victims, firefighters, and public safety who responded on Sept. 11, 2001. Registration fees are \$35-40. Visit [www.arlington911race.com](http://www.arlington911race.com).

**Live Music.** 8 p.m. Iota Club & Cafe, 2832 Wilson Blvd. Listen to the Chess Club Romeos. \$12. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call

703-522-8340.

**Live Music.** 9:30p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. James Stevens will perform. Free. Visit [www.fireworkspizza.com](http://www.fireworkspizza.com) or call 703-527-8700.

## SEPT. 12-25

### 33rd Annual Senior Olympics.

Various times at various locations. Participants over 50 years old will participate in track and field, swimming, diving, tennis, table tennis, golf, miniature golf, ten pin bowling, Wii bowling, scrabble, duplicate bridge, cribbage, Mexican train dominoes, pickleball, racquetball, handball, volleyball, badminton, bocce, eight ball pool, cycling, horseshoes, yo-yo tricks, American style Mah Jongg, 5K run and more. Admission varies based on event. Visit [www.nvso.us](http://www.nvso.us).

## SUNDAY/SEPT. 13

**Vintage Crystal: Sip and Salsa.** 2-6 p.m. at 1900 Crystal Drive. Wine from Spain Portugal, and Argentina and food from local latin restaurants come together at this annual event. Also find live Latin music and salsa lessons. Tickets are \$25 at the the door, \$20 in advance and, and designated drivers tickets are also available for \$10. Visit [www.crystalcity.org](http://www.crystalcity.org).

**Author Talk.** 3 p.m. at One More Page Books, 2200 N. Westmoreland St. Amy Stewart will discuss her book "Girl Waits with Gun." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## MONDAY/SEPT. 14

**Author Talk and Greeting.** 7 p.m. at Saint Ann Roman Catholic Church, 5300 N. 10th St. One More Page Books will co-host Father Michael Collins as he speaks about his book, "Pope Francis: A Photographic Portrait of the People's Pope." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## TUESDAY/SEPT. 15

**Bingo Happy Hour.** 5:30-8:30 p.m. at Arlington Rooftop Bar and Grill, 2424 Wilson Blvd. Arlington Thrive's Young Professional Group is hosting a bingo night to raise money to prevent homelessness in Arlington. Admission and the first bingo card is free. Visit [www.arlingtonthrive.org](http://www.arlingtonthrive.org).

## WEDNESDAY/SEPT. 16

**10th Annual Scholar's Cup.** 3:30-7 p.m. at Upton Hill Regional Park, 6060 Wilson Blvd. Attend the Arlington Chamber of Commerce's mini golf tournament to raise funds for its scholarship programs. Visit [www.arlingtonchamber.org](http://www.arlingtonchamber.org).

## THURSDAY/SEPT. 17

**Author Reception and Panel Discussion.** 7:30 p.m. at One More Page Books, 2200 N. Westmoreland St. Author Adam Lazarus will discuss "Hail to the Redskins: Gibbs, the Diesel, the Hogs, and the Glory Days of D.C.'s Football Dynasty," including a panel discussion with former players and staff. Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

## FRIDAY/SEPT. 18

**Mr. Knick Knack.** 10:30-11:15 a.m. at Market Common Clarendon, 2700 Clarendon Blvd. Popular local children's entertainer will perform family-friendly songs. Free. Visit [www.marketcommonclarendon.com](http://www.marketcommonclarendon.com) for more.

**Nick Jaina.** 8 p.m. at One More Page Books, 2200 N. Westmoreland St., Arlington. Composer and author Nick Jaina will perform and share his collection of stories, "Get It While You Can." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Live Music.** 9 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. Tommy Keene performs with with Dot Dash. \$15. Visit [www.iotaclubandcafe.com](http://www.iotaclubandcafe.com) or call 703-522-8340.

## SATURDAY/SEPT. 19

**Fall Fest in the Park.** 10 a.m.-1 p.m. at Bluemont Park, 329 N. Manchester St. Play games, mingles, and more. Free. Call Emily Thrasher at 703-228-4773 for more.

**Backyard Beer Festival.** 12-10 p.m. at Gateway Park, 1300 Lee Highway. Unlimited beer tasting featuring entertainment, food trucks, and backyard games and activities. Admission is \$35. Visit [www.backyardbeerfest.com](http://www.backyardbeerfest.com) for tickets.

**Samuel Beckett's Celtic Festival.** 12-7 p.m. at The Village at Shirlington, 4150 Campbell Ave. Find traditional live music, dance, food and more. Free to attend. Visit [www.samuelbecketts.com](http://www.samuelbecketts.com).

**Book Launch.** 5 p.m. at One More Page Books, 2200. Westmoreland St. Author Art Taylor will celebrate his new book "On the Road with Del & Louise." Free. Visit [www.onemorepagebooks.com](http://www.onemorepagebooks.com).

**Live Music.** 7:30-9 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Falls Church. Ayeheart will perform. Tickets are \$20. Visit [www.stonerroomconcerts.com](http://www.stonerroomconcerts.com) to purchase tickets.

**Live Music.** 9:30 p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. Ken Fischer will perform. Free. Visit [www.fireworkspizza.com](http://www.fireworkspizza.com) or call 703-527-8700.

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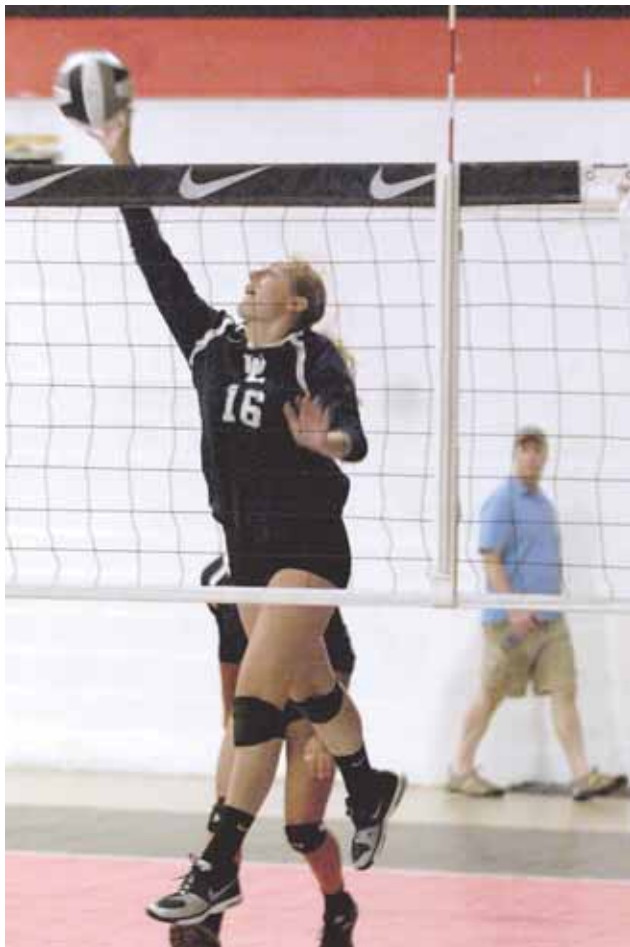
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# SPORTS



**Senior Emma Mobley and the Washington-Lee volleyball team finished 13th at the 18-team NVVA Invitational on Aug. 29 at the Virginia Volleyball Center in Sterling.**



**Washington-Lee sophomore Leoni Alder hits against T.C. Williams during the NVVA Invitational on Aug. 29.**



**Junior middle hitter Josette Barrans and the Yorktown volleyball team finished 15th at the NVVA Invitational on Aug. 29 in Sterling.**

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

## W-L Finishes 13th at NVVA, Yorktown 15th

The Washington-Lee and Yorktown volleyball teams each won their final match at the NVVA Invitational on Aug. 29, finishing 13th and 15th, respectively, during the 18-team tournament at Virginia Volleyball Center in Sterling.

W-L defeated Stonewall Jackson 2-0 (25-16, 25-18) in the 13th-place match. The Generals finished 11-8 last season and lost in the opening round of the 6A North region tournament.

W-L, led by head coach Aubrey Mosley, faced T.C. Williams on Tuesday, after The Connection's deadline. The Generals will host Edison Wednesday, Sept. 2, 7:15 p.m.

Yorktown defeated Woodson 2-0 (25-20, 25-20) in the 15th-place game.

The Patriots finished 6-15 last year and failed to qualify for regionals.

Yorktown lost its season opener to Chantilly on Aug. 27. The Patriots will travel to face Stuart at 7:15 p.m. on Thursday, Sept. 3.

Yorktown's head coach is Sheena Gauer.

## Football Season Openers

The Bishop O'Connell football team opened the 2015 season at home against McDonogh on Aug. 29, losing 38-0.

Washington-Lee football will open the season at home against Westfield at 7 p.m. on Thursday, Sept. 3. Westfield has reached the region championship game each of the

last four seasons.

The following day, Yorktown will travel to Washington, D.C. to face Wilson at 6 p.m., and Wakefield will host Broad Run at 7 p.m.

Broad Run reached the 5A North region semifinals last season.

## Girls on the Run Registration Open

Girls on the Run of Northern Virginia is now registering girls in third through eighth grade for their curriculum-based after-school program. By using a curriculum that integrates running with life lessons, Girls on the Run of Northern Virginia supports girls in developing the confidence and character to become strong, healthy women.

Girls on the Run NOVA programming is

primarily delivered at schools. In Arlington, Fall 2015 teams will be hosted at Arlington Science Focus, Ashlawn Elementary, Barcroft Elementary, Discovery Elementary, Drew Model School, Jamestown Elementary, Kenmore Middle School, Key School, Long Branch Elementary, McKinley Elementary, Nottingham Elementary, Patrick Henry Elementary, Taylor Elementary, and Tuckahoe Elementary.

New for 2015, Girls on the Run NOVA is offering discounts for active duty and retired military families. In addition, the organization is bringing back special discounts for families registering two or more siblings. Financial aid is also available based on household income.

Families can register on the Girls on the Run NOVA website ([www.gotrnova.org](http://www.gotrnova.org)) until Sept. 21. See [visitgotrnova.org/images/new-families/FA15\\_Sites.pdf](http://visitgotrnova.org/images/new-families/FA15_Sites.pdf).

## BULLETIN BOARD

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

### THROUGH NOVEMBER

#### Borrow Gardening Tools.

Wednesdays: 5-7 p.m., Fridays: 3-5 p.m., Saturdays: 10 a.m.-12 p.m. at Arlington Central Library, 1015 N Quincy St. "The Shed" at Arlington Central Library is open and lending gardening tools to Arlington residents and property owners. Free. See [library.arlingtonva.us](http://library.arlingtonva.us) for more.

### SATURDAY/SEPT. 5

#### Race Relations: Educating to End

#### Racism and Build Solidarity. 9

a.m. mass with Bishop Loverde, program begins at 10 a.m. at Marymount University, 2807 N. Glebe Road. Join a conversation about the role that race and diversity play in our society, in light of recent race-related events, topics, and discussions. Free. Email [peace@arlingtondiocese.org](mailto:peace@arlingtondiocese.org) for more information.

### SUNDAY/SEPT. 6

**"Do the Light Switch."** 8 a.m.-12 p.m. at Westover Farmers Market. Visit the Arlington Initiative to Rethink Energy (AIRE) table to exchange incandescent bulbs for environmentally-friendly LED bulbs. Free. Visit [www.freshaireva.us](http://www.freshaireva.us) for more.

### TUESDAY/SEPT. 8

#### Master Gardener Volunteer

**Training.** Begins on Tuesday, Sept. 8, and continues every Tuesday 9 a.m.-3:30 p.m. until Nov. 19 at Fairlington Community Center, 3308 S. Stafford St. Free. Application is available at [mgnv.org](http://mgnv.org).

### WEDNESDAY/SEPT. 9

**Open House.** 11:30 a.m.-12:15 p.m. at Parc Rosslyn Apartments, 1531 N. Pierce St. The Arlington Partnership for Affordable Housing welcomes the community to learn more about affordable housing. Free. Visit [www.apah.org/events](http://www.apah.org/events) or call 703-276-7444 ext. 109.

## SCHOOL NOTES

Email announcements to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

**Jasmine K. Passa** has graduated from Denison University (Granville, Ohio) with a degree in Political Science.

**Imane Zirari, Katherine McKenna, and Stephen Laredo** have graduated from James Madison University (Harrisonburg, Va.).

**John Sanders** has graduated from the University of Wisconsin-Whitewater (Whitewater, Wis.) with a Master's of Business Administration.

**Alison Barbara Bentley and Carrington Lynn Lyerly** have been named to the dean's list at the Univer-

sity of Virginia Frank Batten School of Leadership and Public Policy for the spring 2015 semester.

**Michael Grieg, Erik Wagner, Michael Ferguson, and Jessica Neupane** have been named to the fourth quarter president's list at Randolph Macon Academy (Front Royal, Va.).

**Kristen Hofstad** graduated from SUNY Buffalo State (Buffalo, N.Y.) with a master's degree in multidisciplinary studies.

**Luis Hernandez** has been awarded the Pamplin Leadership Award by Virginia Tech (Blacksburg, Va.) for the 2015-16 academic year.



## WELLBEING

# Workplace Fitness

Employer-based health and wellness programs are good for business.

BY MARILYN CAMPBELL  
THE CONNECTION

It's Wednesday afternoon and a cohort of George Mason University staff, students and faculty hit the pavement. Clad in attire ranging from running shorts and brightly colored sneakers to neutral walking shoes and business suits, the group takes part in "Who's Walking Wednesdays," part of an initiative to get moving for health and wellness.

"It's really important to connect faculty and staff into well-being and wellness practices," said Janet Walker, life/work connections manager at George Mason University. "It benefits everybody in terms of their own personal health and wellness. It creates a community where people interact over more than just work."

The effort underscores the role of workplace health and fitness programs can play in decreasing stress and improving overall well-being. A National Institutes of Health study of more than 29,000 employees who participated in comprehensive workplace

health programs that included components such as fitness, weight control and smoking cessation, showed a 14 percent decline in illness over a two-year period, as well as a six percent increase in productivity.

Workplace health programs can also consist of health education, fitness programs, health coaching and screenings.

"There's all sorts of research about how time spent outdoors and taking walking breaks at work fosters creativity and problem solving," said Jeanne Bliss, director of marketing, Center for the Advancement of Well-being at George Mason.

Bliss says university officials hope to impact the well-being of 10 million people within the next four years through the center. "We want to be a replicable model for well-being," she said. "That has been one of our strategic 10-year goals."

"We're in a position to help the next generation in terms of how they connect with their own workforce in terms of health and well-being," said Brandice Valentino, director of well-being programs and mindful living coordinator at the Center for the Ad-



Staff, students and faculty at George Mason University take part in "Who's Walking Wednesdays," an effort to increase physical activity and well-being.

vancement of Well-being. "Our programs focus on topics for well-being and integrating mindfulness practices."

Amy K. Turner, executive director of Innovation Health, a Northern Virginia health insurance company formed as a result of a partnership between Aetna and Inova, says her company has improved the health of its workforce through tailored employee wellness programs.

Innovation Health has also created corporate wellness programs for its corporate clients. In fact, the company received the Loudon Chamber of Commerce Healthy Business Award, which honors the winners of the Loudon Healthy Business Challenge,

a competition designed to recognize Northern Virginia businesses that have improved the health of their workforce through tailored employee wellness programs.

A group mentality is one of the keys. Group fitness activity can lead to success, say experts. "I feel like when you do it in a group and you're part of a group, you're more committed," said Turner. "It holds people accountable and promotes success."

"Our 'Get Active Challenge' is where employees set fitness goals and challenge other teams within their corporation," she said. "It engages employees to work together in teams, challenges them. We've found that it improves employee satisfaction."

## Adopt.

Don't buy.

The Animal Welfare League of Arlington offers community services, programs and a diverse selection of adoptable animals, including: cats, dogs, rabbits, birds, guinea pigs and hamsters.

**Animal Welfare League of Arlington**

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## Retirement living that's active and engaging

Vinson Hall Retirement Community is a well-respected, nonprofit CCRC located in McLean, VA offering independent residential living for military officers, their immediate family and select government employees of equal rank.

An expansion is underway to add 75 expansive, elegant independent living apartments and a community building featuring a short-term rehabilitation center.

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Saturday Vigil: 5:30 PM  
Sunday: 8:00, 9:30, 11:00 AM  
1:30 PM Spanish Liturgy

**DAILY EUCHARIST:**  
Weekdays  
Monday-Friday, 8:30 AM  
Saturday, 8:30 AM

5312 North 10th Street,  
Arlington, Virginia 22205  
Parish Office: 703-528-6276

**PARISH WEBSITE:**  
[www.stannchurch.org](http://www.stannchurch.org)

**To highlight your Faith Community, call Karen at 703-778-9422**



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TUESDAY 11 A.M.

## 21 Announcements

**ABC LICENSE**  
Target Stores, Inc, trading as Target Store T3210, 1500 Wilson Blvd, Arlington, VA 22209. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer Off Premises license to sell or manufacture alcoholic beverages. Rachel Vegas, VP  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

## 21 Announcements

**ABC LICENSE**  
Collins Restaurant Group, LLC trading as Arosto at Dunn Loring Station, 2676 Avenir Pl. Unit J, Vienna, VA 22180. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises license to sell or manufacture alcoholic beverages. Paul Collins, owner  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

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## 16 RE Services

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## 26 Antiques

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**ABC LICENSE**  
MMSJ, Inc. trading as Basillini Italian Restaurant, 235 Maple Ave. E, Vienna, VA 22180. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer and Wine on and off Premises license to sell or manufacture alcoholic beverages. Caroline Kamel, secretary  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered to [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

Do what you can, with what you have, where you are.  
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## 117 Adoption

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## 117 Adoption

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## 21 Announcements

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Bachelor in Graphic Design or equivalent. Knowledge of and/or experience with Photoshop, InDesign, Illustrator and Microsoft Office. Resumes to job location: Advanced Computer Concepts (ACC) Attn.: HR 7927 Jones Branch Drive, Suite 600 North McLean, VA 22102

## Accountant –

Prepare accounting records, financial statements, and tax returns in accordance with tax law and procedural standards. Respond to audits and information requests from Federal and State governments. Prepare accounting data for annual income tax filing. Prepare and ensure timely filing of all monthly, quarterly, and annual Federal financial reports. Meet tax filing deadlines for monthly, quarterly, and annual state and local tax returns, sales tax returns, property tax returns, and business tax returns. Update and maintain tax related accounting journals, ledgers, and other records detailing financial business transactions. Prepare budget reports for comparison between budgeted costs to actual costs. Process payroll and check preparation. Report to management regarding company's finances.

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Next Week!



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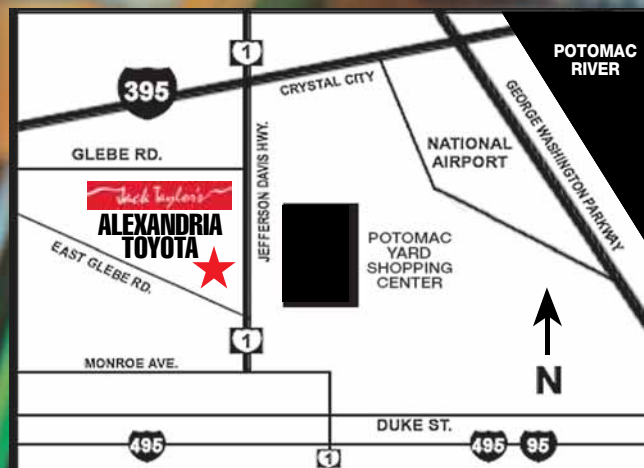


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