

Fairfax Station ♦ Clifton ♦ Lorton CONNECTION

WELLBEING

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From left, Turning Point Suffragist Memorial Association members Kathleen Pablo and Nancy Sargeant wear sashes that honor the suffragists who fought to ratify the 19th Amendment giving women the right to vote.



Creating a 'Site of Conscience' in Lorton

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NEWS

AREA ROUNDUPS

County Offers Emergency Response Classes

The Community Emergency Response Team (CERT) program educates people about disaster preparedness for hazards that may impact their area and also trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations. With this training, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available. Fairfax County is offering four CERT training classes this fall.

❖ CERT Class 100 at the Fairfax County Fire and Rescue Academy (Monday, Wednesday, Sept. 14, 16, 21, 23, 28, 30 and Oct. 5 — 7-10:30 p.m.)

❖ CERT Class 101 at the Fairfax County Fire and Rescue Academy (Monday, Wednesday,

Oct. 14, 19, 21, 26, 28, Nov. 2 and 4 — 7-10:30 p.m.)

❖ CERT Class 102 at the Old Firehouse Teen Center (Tuesday, Sept. 22, 29, Oct. 6, 13, 20, 27 and Nov. 3 — 7-10 p.m.)

❖ CERT Class 103 at the Lorton Volunteer Fire Department (Wednesday, Sept. 23, 30, Oct. 7, 14, 21, 28, Nov. 4 and 11 — 7-10 p.m.)

CERT training does not require any special physical strength or agility and is free. The CERT program also provides personal protective equipment for the training that students keep. Those who go through CERT training have a better understanding of the potential threats to their home, workplace and community and can take the right steps to reduce the effects of hazards. To learn more about the CERT program, visit www.fairfaxcounty.gov/fr/cert/cert.htm.

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Turning Point Suffragist Memorial Association held a viewing of “Iron Jawed Angels” at Gunston Hall in Lorton on Wednesday, Aug. 26, Women’s Equality Day. The film portrays the plight of suffragists in the National Woman’s Party and their imprisonment in the Occoquan Workhouse.



PHOTOS BY ABIGAIL CONSTANTINO/THE CONNECTION

From left, Erin Ryan, of Fairfax Station, and Marty Beach, of Fairfax, attend a viewing of “Iron Jawed Angels” at Gunston Hall in Lorton on Wednesday, Aug. 26, Women’s Equality Day.

Suffragist Memorial in Lorton Will be a ‘Site of Conscience’

Film brings to light torture, abuse suffragists suffered at Occoquan Workhouse.

BY ABIGAIL CONSTANTINO
THE CONNECTION

The Turning Point Suffragist Memorial Association held a viewing of the 2004 film “Iron Jawed Angels” directed by Katja von Garnier on Wednesday, Aug. 26 at Gunston Hall in Lorton. The 19th Amendment giving women the right to vote was ratified on this day 95 years ago in 1920. The date is designated as Women’s Equality Day.

The free viewing is part of an effort by the association to raise funds for a suffragist memorial that will be located in Occoquan Regional Park. The site is in close proximity to the former Occoquan Workhouse where protesting suffragists were held in 1917. The Frederick P. Griffith Water Treatment Plant now sits on the old workhouse location.

There is a hidden history of the place, said Nancy Sargeant of Turning Point Suffragist Memorial Association. The film illuminates the imprisonment, abuse and torture Lucy Burns, Alice Paul and other suffragists endured while protesting outside the White House in 1917.

On Nov. 14, 1917, Burns and 32 other members of the National Woman’s Party were beaten and tortured under the orders of workhouse superintendent W.H. Whittaker. Burns was manacled in her cell with her hands over her head, while other women were knocked out, kicked, grabbed and beaten, one even suffering a heart attack, on the “Night of Terror,” as it came to be known.

THE FILM takes several artistic licenses. To separate fact from Hollywood, the association arranged a “tweet-along” with the viewing. Using the tag #ijawithtpsm, association members added facts about the

WWW.CONNECTIONNEWSPAPERS.COM

VIEWPOINTS

What are some issues women need to think about when they cast their votes?

Peggy Knight, co-president League of Women Voters of the Fairfax Area:

“They need to be looking at services for women and families. They need to be looking at what are our political leaders doing to support the family. We need to have adequate childcare, well-funded, well-supported. If you look at the pay scale of the people who take care of our elderly and take care of our children, the pay is abysmal for [those taking care of] our most delicate population groups. From a woman’s perspective, we need to have adequate housing if you look at the number of single-parent families. And of course, equal pay for equal work. We’re not getting that. We still have such a long way to go for that. So, I would look at adequate health care, adequate childcare, housing, equal pay for equal work.”



Kathleen Pablo, board member Turning Point Suffragist Memorial Association:

“They need to think that they themselves are going to vote in an informed way. We must take the responsibility and vote. It must be an educated vote. They must be educated themselves and they must educate others. We have to put pressure on the school system to make this part of the social studies curriculum again.”

Candice Bennett, board member, Turning Point Suffragist Memorial Association:

“Register to vote, remember to vote. Making sure that you’re aware of the issues. A lot of the major decisions that affect women’s lives and families lives happen at the local level. So making sure that you’re voting for your county supervisor, making sure that you’re aware of the issues that are going on with your state delegate races and senate races is critical.”



Nancy Sargeant, board member, Turning Point Suffragist Memorial Association:

“The big thing is just to go out and vote.”

— ABIGAIL CONSTANTINO

events corresponding to the movie’s scenes. People were also encouraged to tweet their comments using the tag.

Sargeant said it is a way to stay engaged

while watching the movie. The tweets included “interesting facts, what’s real, what really happened,” she said, but the history in the story is pretty accurate.

Social media is an effective way to reach younger audiences who might be less likely to know about the history of women’s suffrage,” said Lauriane Lebrun, the association’s social media intern.

The Turning Point Suffragist Memorial Association hopes to raise \$1 million by fall to start on the first phase of the garden memorial. Architect Robert Beach said that it will be a “site of conscience.” Design elements include a front entrance reminiscent of the 1917-era White House entrance where the women protested, a waterfall, footbridge and 19 different information stations representing the 19th Amendment.

Board member Candice Bennett, of Lorton, said that memorializing and recognizing the suffrage movement is an incredible, important issue. “We would not be where we are today if it hadn’t been for these women. We can’t forget about it,” she said.

“The fight is not over,” said association board member Kathleen Pablo, who attended the viewing dressed in period clothing of the film’s era.

“[It’s] the 95th anniversary of having the right to vote but our choices of who we’re gonna vote for are people who call us bimbos or want to claim ownership over what we do with our own bodies,” said Erin Ryan, of Fairfax Station.

Pablo and Bennett said that it is important to be aware and informed of the issues when casting one’s vote. “A lot of major decisions that affect women’s lives and families happen at the local level,” said Bennett. It is “critical” to stay abreast with state delegate and senate races, she said.

IN FAIRFAX COUNTY, the offices of chairman of the board of supervisors, clerk of court, sheriff, as well as positions on the board of supervisors and the school board are on the ballot in the general election in November.

The League of Women Voters of Fairfax Area will hold several county-wide meet-and-greet events with the candidates. Schedule and information is posted on its website, <http://www.lwv-fairfax.org/2015MeetandGreet.html>.

For more information about the proposed suffragist memorial in Occoquan Regional Park, visit <http://suffragistmemorial.org/>.



Sign at Turner Farm Park. Many people in Great Falls would like to see Turner Farmhouse one of the first properties to be considered for the Resident Curator Program.



Lewinsville House at 1659 Chain Bridge Road, McLean, Lewinsville Park.

Historic Sites: Resident Curators?

In exchange for rehabilitating the property, the curator gains use of the property and pays no rent.

The Virginia General Assembly enacted legislation in January 2011 to ensure that local jurisdictions establish a Resident Curator Project.

Fairfax County is the first Virginia locality to pursue establishing such a project.

The Resident Curator Project Team held its inaugural meeting Monday, Aug. 24 in the Fairfax County Government Center.

Nineteen county properties made at least an initial cut from a list of 340 sites on the Fairfax County Inventory of Historic Sites.

Resident Curator Project Team will hold public information meetings and issue requests for information as details of the program develop.

Possible properties include:

In Great Falls, there's the Turner Farm House on Georgetown Pike and the Purple House on Walker Road.

In McLean, the Pimmit Barn on Cherri Drive, Lewinsville House on Chain Bridge Road have potential for being considered.

In Vienna, Lahey Lost Valley House on Brookmeadow Drive, the Ashgrove House on Ashgrove Lane and Hunter House, on Courthouse Road, could qualify.

In Herndon, Leesburg Pike is home to the McDannald House and Dranesville Tavern that have historic qualifications.

In Oakton, there's the Gabrielson House on Leeds Road.

Lorton had the most properties of any town, including the Barrett House, Stepson House, and the Hannah P. Clark House, all three on Furnace Road, the Minnick House on Old Colchester Road, the Lipscomb House (Physician's House).

Most of the properties are owned by the Fairfax County Park Authority, with the ex-



Lahey Lost Valley House, 9750 Brookmeadow Drive, Vienna, in Lahey Lost Valley Park was ranked second on a list for consideration for the resident curator program.

ception of Physician's House in Lorton and Purple House in Great Falls, both owned by the Board of Supervisors.

"The end goal is to rehabilitate and maintain underutilized historic properties and provide periodic public access to appreciate the historical significance of the properties," according to county documents.

"EACH OF THESE properties is so unique," Cindy Walsh, of the Park Authority's Resource Management Division, said at the inaugural meeting on Monday, Aug. 24. Walsh said she had heard not only from individuals who would be interested in living and restoring historic sites, but nonprofits, citizens associations, wineries, restaurants, art galleries, and a beekeeper.

The group will meet in September to try to determine how to proceed.

For example, the group knows there's a lot of interest in Turner Farm House in Great Falls, including from Great Falls Citizens Association, but Turner Farm House could be a very complicated process with master plan process that needs to be followed.

"I have people who are really interested in Turner Farm," said project manager

Denise Dressel, Park Authority Resident Curator Project manager. On the other hand, starting with a historic house on the list that is already ready for residential use compatible with Planning and Zoning might quicken getting started, said Michael Thompson from the Fairfax County Park Authority Board. Request for information and proposals, part of the process, would be significantly different depending on which properties are considered, he said.

"It's critical knowing which properties are on the table," said Christopher Daniel, from the Architectural Review Board.

The next group meeting is scheduled for September, and more will be known by that time. The group already has compiled lists ranking properties in terms of historic and publicly owned prerequisites, whether properties have been underutilized, the conditions of the properties, the public interest, location, design, setting, materials, workmanship, if properties have electricity, water and sewer utilities in place.

RESIDENT CURATOR PROGRAMS identify publicly-owned historic properties with no immediate or practical public use

Possible Sites

A report commissioned by Fairfax County in 2014 ranked some of the possible properties for the Resident Curator Program in the order shown here. County staff caution that planning for the program is in its earliest stages and speculation about any particular property is premature.

- Name, Address, Park
- ❖ Barrett House, Furnace Road, Lorton, Laurel Hill Park
 - ❖ Lahey Lost Valley House, 9750 Brookmeadow Drive, Vienna, Lahey Lost Valley Park
 - ❖ Gabrielson House 2514 Leeds Road, Oakton, Difficult Run Stream Valley Park
 - ❖ Lamond House, 7509 Fort Hunt Road, Alexandria, McCutcheon Park
 - ❖ Physician's House (Lipscomb House), Unnamed Service Road, Lorton
 - ❖ Stempson House, Furnace Road, Lorton, Laurel Hill Park
 - ❖ Ash Grove, 8881 Ashgrove House Lane, Vienna, Ash Grove Historic Site
 - ❖ Hannah P. Clark House (Enyedi House), 10605 Furnace Road, Lorton, Old Colchester Park and Preserve
 - ❖ Hunter House, 9537 Courthouse Road, Vienna, Nottoway Park
 - ❖ Minnick House, 10419 Old Colchester Road, Lorton, Mason Neck West Park
 - ❖ Turner Farm House, 10609 Georgetown Pike, Great Falls, Turner Farm Park
 - ❖ Banks Property, 7400 Old Telegraph Road, Alexandria, Olander and Margaret Banks Neighborhood Park
 - ❖ Lewinsville House, 1659 Chain Bridge Road, McLean, Lewinsville Park
 - ❖ Pimmit Barn, 1845 Cherri Drive, McLean
 - ❖ Dranesville Tavern 11919 Leesburg Pike, Herndon, Dravesville Tavern Historic Site
 - ❖ Stone Mansion, 3900 Stoneybrooke Drive, Alexandria, Stoneybrooke Park
 - ❖ Clark House 6332 Bancroft Mews Drive, Falls Church, Clark House Park
 - ❖ Purple House, 720 Walker Road, Great Falls
 - ❖ McDannald House, 11903 Leesburg Pike, Herndon, Dranesville Tavern Historic Site

SOURCE: Fairfax County Resident Curator Program Study, 2014 Final Report by John Milner Associates Inc. <http://www.fairfaxcounty.gov/parks/plandev/downloads/resident-curator-program-final-report.pdf>

and through an open and competitive process, select outside parties with skills, resources and vision to rehabilitate a property in accordance with accepted preservation standards for historic buildings. In exchange for rehabilitating the property, the curator gains use of the property and pays no rent.

— KEN MOORE

NEWS

The Amendments Convention: Solution or Seduction?

The Republican Women of Clifton (RWC) will welcome C. Mitchell Shaw as the keynote speaker for its September meeting. The event will take place Wednesday, Sept. 16, 2015 at Fairview Elementary School, 5815 Ox Road, Fairfax Station. The social half-hour will begin at 7 p.m., presentation to follow at 7:30 p.m.



C. Mitchell Shaw

of his writing deals with the intersection of liberty and technology and he is currently writing a book on easily available tools and techniques for closing the door on surveillance by the NSA and others.

His educational presentation, is titled "The Amendments Convention: Solution or Seduction."

The Republican Women of Clifton (RWC) is the fastest growing Republican Women's club in Northern Virginia and comprises conservative women from Clifton, Centreville, Fairfax Station, Fairfax, Lorton, and surrounding areas. For more information, visit www.CliftonGOP.com.

Next Police Commission Forum

In an effort to open more opportunities for people around the county to participate and share their views, the Fairfax County Ad Hoc Commission on Police Policies and Practices will hold its next public forum in the Mount Vernon area on Sept. 14 at 7:30 p.m.

The commission wants to hear thoughts, comments and questions from the community regarding policing in Fairfax County. This is a great opportunity for residents to share their experiences and bring new insight and perspective to areas such as use of force, communications, mental health, diversity/recruitment/vetting, and citizen oversight. Community feedback and testimonies will help the Commission shape new policy recommendations for the Fairfax County Police Department.

Fairfax County Board of Supervisors launched the Fairfax County Ad Hoc Police Practices Review Commission in response to public concern over the shooting death of John Geer by a Fairfax County police officer.

On Aug. 17, 2015, former Fairfax County Police officer Adam Torres was charged with the second-degree murder of Geer, who was shot dead in the doorway to his own home on Aug. 29, 2013 after police were called in a domestic dispute. Torres was fired in July 2015, almost two years later.

The commission has been meeting since March as a full commission and five subcommittees. Areas of focus by committee include Use of Force; Communications; Mental Health; Recruitment, Diversity and Vetting; and Independent Investigations and Oversight. The commission is set to report findings and recommendations to the Board of Supervisors on Oct. 20.

FORUM ON POLICE POLICIES AND PRACTICES: Monday, Sept. 14, 7:30 p.m., Walt Whitman Middle School, 2500 Parkers Lane, Alexandria VA 22306.

For more information on the police commission, see <http://www.fairfaxcounty.gov/policecommission/>

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

In September 2004 **The Church of the Good Shepherd (Episcopal)**, 9350 Braddock Rd., began offering an ESOL (English for Speakers of Other Languages) program to serve members of our community who wish to improve their English skills. Since then, hundreds of students from 5 continents and more than 25 countries have attended morning and evening classes at Good Shepherd. For more information or to volunteer call the church office at 703-323-5400. Leave your name and contact information and someone will get back to you.

The Church of the Good Shepherd ESOL Fall classes will be held Tuesday, Wednesday, and Thursday from 9:30 – noon and 7-9 p.m., Sept. 22 through Dec. 10.

Registration is scheduled for Wednesday, Sept. 9 and Thursday, Sept. 10 from 9:30 – 12 and 7-9 p.m. For information call 703-343-5400.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays www.CONNECTIONNEWSPAPERS.COM

followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

The Guhyasamaja Buddhist Center, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit <http://www.guhyasamaja.org> for more information.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspRINGfield.org.

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OPINION

How to Vote; It Matters

Voting begins in two weeks, Sept. 18.

Election Day is Nov. 3, and on that day, virtually every state and local office is on the ballot. In-person absentee voting begins Sept. 18, barely two weeks from now. Virginia Law allows voters to absentee vote if they could be “working and commuting for 11 or more hours between 6 a.m. and 7 p.m. on Election Day.” You’re allowed to count your worst possible commute in estimating how many hours you might be working and commuting on Election Day.

On Election Day, Nov. 3, polls are open from 6 a.m. - 7 p.m.

To vote on Election Day, you must be registered at your current address no later than Oct. 13, 2015.

You can check your registration status online by going to www.sbe.virginia.gov.

It’s also worth noting that new, more restrictive voter identification regulations took effect last year.

FAIRFAX COUNTY: Each voter in Fairfax County can make choices in one State Senate district, one House of Delegates district, Clerk

of the Court, Commonwealth’s Attorney, Sheriff, Chairman of the Board of Supervisors, District member of the Board of Supervisors, Soil and Water Conservation Board (vote for 3), School Bond for \$310 million, Public Safety Bond for \$151 million. <http://www.fairfaxcounty.gov/elections/upcoming.htm>

As of last summer, there are new requirements for voter identification that voters must bring with them to the polling place.

Virginia law requires all voters to provide an acceptable form of photo identification at the polls. Voters arriving to the polls without photo ID will be allowed to vote a provisional ballot and will have until noon on the Friday after the election to deliver a copy of identification to their locality’s electoral board in order for their provisional ballot to be counted.

Virginia’s photo ID requirements also apply to absentee voters who vote in-person in all elections.

Here are the “acceptable” forms of identification: Valid Virginia Driver’s License or Identification Card; Valid Virginia DMV issued Veteran’s ID card; Valid United States Passport; Other government-issued photo identification cards (must be issued by U.S. Government, the Commonwealth of Virginia, or a political sub-

division of the Commonwealth; Valid college or university student photo identification card, must be from an institution of higher education located in Virginia; Employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer’s business; Virginia Voter Photo ID Card obtained through any local general registrar’s office. “Valid” is defined as a genuine document, bearing the photograph of the voter, and is not expired for more than 12 months.

Any registered voter may apply for a free Virginia Voter Photo Identification from any general registrar’s office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad.

For More Election Information

Fairfax County Board of Elections, 703-222-0776, <http://www.fairfaxcounty.gov/elections/upcoming.htm>

12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

State Board of Elections, 804 864-8901 Toll Free: 800 552-9745 FAX: 804 371-0194 email: info@sbe.virginia.gov <http://www.sbe.virginia.gov>

EDITORIAL

Mystery of a Hitchhiker **Helping a defeated figure in a pretty beach dress and flip-flops.**

By JOAN BRADY

My mother told me never to pick up hitchhikers. Or maybe she told me never to hitchhike. Probably both. But I did hitchhike twice in a single day, I was desperate, alone and needed help. I was 20 years old.

The first guy who picked me up had one hand on the wheel and the other down his pants. And the second told me that he was a burlesque cleaner and told me that women hired him to vacuum their homes and then vacuum off his clothes. I’m lucky I made it back to college without incident.

All of that ran quickly through my head a few weeks ago as I was driving home from dinner with my husband and saw a young woman, walking and crying, with her thumb stuck tentatively out.

I turned around and we passed her again in an attempt to assess the situation. Her need vs. our safety and the time it would take if we got involved. Her thumb wasn’t out anymore, but she was still crying. I u-turned again and we pulled over.

Jim rolled down his window, and asked, “Are you ok?”

“I’ve had better nights,” she sobbed.

“Do you have an address where you want to go?”

She was able to provide an address, albeit in the opposite direction of the way she was walking. It was about a 10-minute drive away. Jim unlocked the car door and she slipped inside.

We rode in an uncomfortable silence, punctuated only by her sobs, as I ran through a mental checklist. What happened to her? Where is her purse? Should we ask if we should call the police? She didn’t appear injured, but maybe there were injuries that we could not see? Is the address we are going to a safe place to drop her off? The questions ran in circles in my head.

I suggested she check the back seat for a box of tissues. Her sobs slowed as she grabbed a handful.

I asked if she was a student. She said no, and half laughed through her tears. “I’m 30, which makes it even more ridiculous that I am in this situation.”

What situation? What happened? I wanted to ask. But didn’t.

She didn’t have a trace of an



PHOTO BY JOAN BRADY

The hitchhiker

accent, so we were surprised when she told us she was not American-born. Her father was U.S. military and her mother had been unwilling to move to the U.S. After years of trying to convince her mother to emigrate, this young woman had come on her own.

As we talked, her tears stopped to an intermittent sniffle.

“Can I ask you why you stopped?” she asked.

“Joan saw you as we drove by,” Jim answered. “We turned around because she said you looked like you were in trouble.” The tears returned.

“We’ve all been in your shoes at some point or another. And hitchhiking isn’t safe. We thought it was better if we picked you up than

someone else.”

Silence and then: “I’m not religious. I don’t even believe in God. But I think God put you in my path for a reason. Things have been really bad lately.”

“Everyone goes through bad stretches. You have to figure out how to focus on the positive, but also to learn from times like these and remember them. It’s what you do with these experiences that matters,” Jim counseled her.

I watched in the rear view mirror as she nodded tearfully.

There were so many questions destined to be unasked and unanswered as we pulled up at the address she had given us.

She thanked us again, told us she would pay-it-forward and walked into the apartment building, a defeated figure in a pretty beach dress and flip-flops.

Her story will likely remain a mystery that will haunt us for a long time to come.

Joan Brady is a professional photographer; award-winning columnist; mentor and advocate for current and former foster children; a volunteer with paws4People, Fairfax Families4Kids, and others; and a resident of Great Falls. Reach her at joan@joanbradyphotography.com

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SCHOOLS

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Raymond J. King of Clifton earned his Ph.D. in Mechanical Engineering, with a focus on Robotics, from the Mechanical Engineering Department of the University of Utah at the close of the Fall 2014 semester.

An NSF - IGERT grant helped fund his post-graduate studies there. A 2003 graduate of Robinson Secondary School, Raymond went on to receive both his B.S. and M.S. degrees from the College of Engineering at Virginia Tech before marrying fellow VT engineering graduate, Amelia Davis. He is the son of Clifton residents Dr. Graham and Jane King.

Ava Lakmazaheri from Thomas Jefferson High School for Science and Technology (TJHSST) won the Best of Category Award and a first award in Robotics and Intelligent Machines at the Intel International Science and Engineering Fair, held in Pittsburgh. Lakmazaheri earned the awards for her project, Brain-Actuated Robotics: Controlling and Programming a Humanoid Using

Electroencephalography. Lakmazaheri also won several special awards.

Katie Bershadsky, born and raised in Burke, has been selected to the Delta Epsilon Iota Academic Honor Society in the local chapter at Kennesaw State University. Delta Epsilon Iota was established to recognize and encourage academic excellence in all fields of study.

Bershadsky is expected to graduate in 2018 with a major in public relations. Her parents are Scott and Kim Bershadsky. Her grandparents Malcolm and Marcia have lived in Burke for more than 30 years.

Jacob M. Sage, of Burke, Junior, Pre-Construction Engr Mgt. has made the Scholastic Honor Roll Fall term at the Oregon State University. A total of 861 students earned straight-A (4.0). Another 3,598 earned a B-plus (3.5) or better to make the listing. To be on the Honor Roll, students must carry at least 12 graded hours of coursework.

George Mason University has recognized **William Douglas Krawczak** of Springfield on the

school's dean's list for his academic achievement during the spring semester. William graduated from West Springfield High School and is double majoring in English and Economics at George Mason University. Recognition on the George Mason University dean's list is reserved for students who were registered for 12 or more semester hours and received a grade point average of 3.2 or higher with no grade below a C for the previous semester's work

The Fairfax County Band Directors Association has recognized 16 Fairfax County Public Schools (FCPS) students for excellence in solo instrumental music performance as part of the 2015 Fairfax County Band Directors Association Solo Competition. A total of 33 schools were represented; 66 students competed in the event.

The following students were named winners in the elementary school division: **Third place: Maia Trafton (trumpet), Keene Mill Elementary School.**

The following students were named winners in the high school division: First place: **Hunter Lorelli (bassoon), West Springfield High School.**



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Workplace Fitness

Employer-based health and wellness programs are good for business.

BY MARILYN CAMPBELL
THE CONNECTION

It's Wednesday afternoon and a cohort of George Mason University staff, students and faculty hit the pavement.

Clad in attire ranging from running shorts and brightly colored sneakers to neutral walking shoes and business suits, the group takes part in "Who's Walking Wednesdays," part of an initiative to get moving for health and wellness.

"It's really important to connect faculty and staff into well-being

and wellness practices," said Janet Walker, life/work connections manager at George Mason University. "It benefits everybody in terms of their own personal health and wellness. It creates a community where people interact over more than just work."

The effort underscores the role of workplace health and fitness programs can play in decreasing stress and improving overall well-being. A National Institutes of Health study of more than 29,000 employees who participated in comprehensive workplace health programs that included components such as fitness, weight con-

and wellness practices," said Janet Walker, life/work connections manager at George Mason University.

Workplace health programs can also consist of health education, fitness programs, health coaching and screenings.

"There's all sorts of research about how time spent outdoors and taking walking breaks at work fosters creativity and problem solving," said Jeanne Bliss, director of marketing, Center for the Advancement of Well-being at George Mason.

Bliss says university officials hope to impact the well-being of 10 million people within the next four years through the center. "We

want to be a replicable model for well-being," she said. "That has been one of our strategic 10-year goals."

"We're in a position to help the next generation in terms of how they

connect with their own workforce in terms of health and well-being," said Brandice Valentino, director of

trol and smoking cessation, showed a 14-percent decline in illness over a two-year period, as well

"It's really important to connect faculty and staff into well-being and wellness practices. It benefits everybody."

— Janet Walker, life/work connections manager, George Mason University



Staff, students and faculty at George Mason University take part in "Who's Walking Wednesdays," an effort to increase physical activity and well-being. Research shows that workplace health programs can lead to increased productivity.

well-being programs and mindful living coordinator at the Center for

the Advancement of Well-being. "Our programs focus on topics for

well-being and integrating mindfulness practices."

Amy K. Turner, executive director of Innovation Health, a North-

ern Virginia health insurance company formed as a result of a partnership between Aetna and Inova, says her company has improved the health of its workforce through tailored employee wellness programs.

Innovation Health has also created corporate wellness programs for its corporate clients. In fact, the company received the Loudon Chamber of Commerce Healthy Business Award, which honors the winners of the Loudon Healthy Business Challenge, a competition designed to recognize Northern Virginia businesses that have improved the health of their workforce through tailored employee wellness programs.

A group mentality is one of the keys. Group fitness activity can lead to success, say experts. "I feel like when you do it in a group and you're part of a group, you're more committed," said Turner. "It holds people accountable and promotes success."

"Our 'Get Active Challenge' is where employees set fitness goals and challenge other teams within their corporation," she said. "It engages employees to work together in teams, challenges them. We've found that it improves employee satisfaction."

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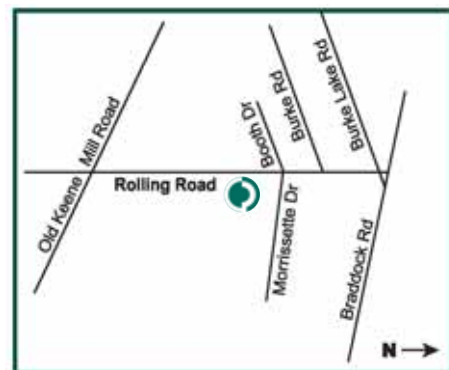
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Former Washington Redskin Ricky Ervins (second from left) joins WRAP's Gary Cohen, Lieutenant Rudy Landon, Liz Tobin, Kurt Erickson and Todd Heavner.

SoberRide Hosts Fundraiser at Glory Days Grill

The Northern Virginia-based nonprofit organization behind the region's free cab ride service to prevent drunk driving, SoberRide, hosted a fundraiser on Aug. 18 at Glory Days Grill in Fairfax.

The Washington Regional Alcohol Program's (WRAP) inaugural "Football & Fundraising" event was opened to the public and featured former Washington Redskin Ricky Ervins, a sports memorabilia silent auction and door prizes. Glory Days Grill do-

nated the hors d'oeuvres buffet for the event.

Ervins played for the Washington Redskins from 1991 to 1994 as a running back. He was the leading rusher in the Redskins' 1992 Super Bowl victory over the Buffalo Bills.

Items featured as part of the evening's silent auction included sports memorabilia from the Washington Capitals, Nationals, Redskins and Wizards most notably: an NHL hockey stick signed by Capitals' Nicklas Backstrom; a MLB baseball signed by Nationals' Ryan

Zimmerman; an NFL jersey signed by Redskins great John Riggins; and an NBA basketball signed by the Wizards' John Wall, amongst other items.

Door prizes that evening included gift cards from Fleming's Steakhouse, Glory Days Grill, Mad Fox Brewing Company and Paladar Latin Kitchen, amongst others. Funds raised support WRAP's fight against drunk driving and underage drinking in Greater Washington. For more information, visit WRAP's website at www.wrap.org.

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Fairfax Symphony Orchestra to Celebrate Beethoven

Season opening performance on Saturday, Sept. 19.

BY DAVID SIEGEL
THE CONNECTION

Plenty of reasons to celebrate the Fairfax Symphony Orchestra (FSO) about to begin its 59th season as Fairfax County's flagship orchestra. This year, under the baton of music director Christopher Zimmerman, the FSO will celebrate the genius of Beethoven's masterpieces while featuring the coming generation of virtuoso classical pianists.

Why feature Beethoven piano concertos? "I have designed most of our past seasons with some kind of binding thread, be it focusing on a composer, or a topic," said Zimmerman. "This year I thought both a composer and an instrumental medium would provide the focus for an interesting musical exploration as well as be a strong attraction in themselves."

"The audience will hear, and be fascinated by, how Beethoven's compositional style changes and evolves from concerto to concerto," said Zimmerman. "I hope also that their enjoyment of these works will be en-



PHOTO COURTESY OF FAIRFAX SYMPHONY ORCHESTRA

hanced by the fact that we will be performing other orchestral works of his alongside these concertos, and also those of his immediate predecessor, Mozart, and successor, Brahms."

The pianists will include Alon Goldstein, already known to FSO audiences. He will be featured in the season opener on Sept. 19 at the Center for the Arts, George Ma-

son University. Awadagin Pratt, performing later in the season, "has developed an extremely distinguished career and is a major figure, particularly in this country." Sean Chen, George Li and Andrew Tysons each has had "a spectacular kick-off, all having won significant prizes at the world's most prestigious piano competitions," Zimmerman pointed-out.

Where and When

Fairfax Symphony Orchestra performs at the Center for the Arts, George Mason University, 4400 University Drive, Fairfax. Season opening performance Beethoven: "Coriolanus" Overture, Beethoven: Piano Concerto No.5 "Emperor" with Alon Goldstein, piano and Beethoven: Symphony No. 5. Performance on Saturday, Sept. 19 at 8 p.m. Tickets: \$34-\$58. Ticket information call 703-563-1990 or visit www.fairfaxsymphony.org

❖ Read a biography of accomplishments of the five pianists at www.fairfaxsymphony.org.

Christopher Zimmerman conducting the Fairfax Symphony Orchestra.

Each artist will provide audiences "with their tremendous gifts and convey to the audience their own fresh perspective."

As for celebrating the 59th season, Zimmerman acknowledged that "it is a major accomplishment". When asked about the upcoming, anticipated 60th season, now just a year away, it "is of course a milestone which we will hold as something special, but I will give nothing away at this point."

"In the coming years the orchestra will continue to perform at the level that the audience expects and is proud of and excited about. We will continue to collaborate with great instrumentalists and artists of the highest stature, and we will continue to present programs of the greatest and most beautiful (in all aspects of that term) music in combinations that hopefully will delight, stimulate and fulfill the audience in the way that this great legacy of orchestral music—past and present—can," said Zimmerman.

Meeting Favorite Authors in 'Your Own Backyard'

"Fall for the Book Festival" returns, Sept. 27-Oct. 3.

BY DAVID SIEGEL
THE CONNECTION

Book-lovers rejoice; the local treasure "Fall for the Book" is arriving for a week-long stay. This year's celebration will feature over 150 authors representing a wide-gamut of genres.

First held in 1999 at George Mason University (GMU), the free event is now an annual fixture.

Featured authors include bestselling "Outlander" series author, Diana Gabaldon; Ernest J. Gaines, MacArthur Foundation Fellowship recipient and author of "A Lesson Before Dying"; and "Going After Cacciato" author and National Book Award-recipient Tim O'Brien.

Local Fairfax County authors are well-represented throughout the Festival. It is "one of the go-to events for books and authors in the mid-Atlantic region," said Terry Alford, Northern Virginia Community College.

Alford will speak about "Fortune's Fool," his full length biography of the infamous John Wilkes Booth. "Booth is an unusual



Art Taylor



Beth Cabrera



Terry Alford



Suzy Rigdon

figure - talented, handsome, popular but driven, he thought, by a sense of fate which impelled him to his tragic end," said Alford.

For author Beth Cabrera (Fairfax), "Fall for the Book" provides an opportunity to interact with people from around the community and find inspiration. It is "a wonderful way for readers to come together and form a community of literature-lovers."

Cabrera will discuss "Beyond Happiness." Her book aims to help readers "thrive despite the challenges they continue to face." Cabrera notes that "for years I studied women's career paths and the challenges they faced and I realized that working women's well-being was suffering."

According to Suzanne Rigdon (Northern Virginia) the Festival provides "equal access

to all readers, and doesn't limit anyone's participation in this wonderful literary community."

Rigdon will participate on an urban fantasy panel speaking about her debut novel, "Into the Night." Her book is about "a twenty-something in Boston who goes on a first date with disastrous consequences and has to cope with her new life as a vampire under the rule of a sadistic Queen."

Art Taylor (Burke) will speak about his "On the Road with Del & Louise," a collection of stories centered on characters making their way across America. "Del's a small-time crook trying to go straight (and failing time and again); he first meets Louise when he robs the convenience store where she's working, and it's pretty much love at

Where and When

"Fall for the Book" events at George Mason University's Fairfax Campus venues and at other locations throughout Northern Virginia, D.C. and Maryland. From Sept. 27-Oct. 3. Events are free. Location and other details at <http://fallforthebook.org/>. Note: A Smartphone app is available at: <http://fallforthebook.org/2015/07/27/festival-launches-2015-smartphone-app/>

first sight" on a bumpy journey they take together.

"Fall for the Book" is an opportunity to find - free of charge - new preferences while re-enjoying old favorites all in near-by locations.

ENTERTAINMENT

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Summer Reading Program. Friday-Saturday, through Sept. 5. 10 a.m.-5 p.m. Fairfax Library, 10360 North Street, Fairfax. Come to the library all summer for books and events. <http://www.fairfaxcounty.gov/library/branches/fx/>.

Follow Your Heart: Recent Work by Nancy Hannans through Sept. 6 at Workhouse Arts Center, 9518 Workhouse Way, Lorton. Nancy Hannans' recent paintings weave stories of love, joy and harmony in magical lands filled with unlimited possibilities. Hannans combines her love for storytelling and universal symbolism to communicate that we are all interconnected, and to celebrate our common humanity. The women in her work represent all cultures and races.

SATURDAY/AUG. 1-SUNDAY/SEPT 13

Annual Workhouse Clay National Ceramics Exhibition. Workhouse Arts Center, W-16 Vulcan Gallery, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit <http://www.workhousearts.org/events/visual-arts/workhouse-clay-national-2015>.

THURSDAY/SEPT. 3

Preschool Storytime. 10:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Build your child's early literacy skills while enjoying stories, songs and activities. Age 3-5 with adult.

SATURDAY/SEPT. 5

Historic Pohick Church First Saturday Tours. 1-3 p.m. Pohick Church, 9301 Richmond Highway, Lorton. During the colonial period, Pohick Church was the congregation of many of our country's most prominent families, including the Washingtons, Masons and Fairfaxes. <http://www.pohick.org>.

Cabaret Series: Autumn in New York. 8 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. The Workhouse cabaret team will perform a musical score sure to ease us into the autumn season! Featuring the best songs 'selectively harvested' from Broadway that will have us looking forward to the end of the summer heat and prove that there's no better place for to enjoy fall

weather than New York City. Tickets: \$25-\$30.

Teen Writers Group. 2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Do you enjoy writing fiction, poetry, non-fiction and/or memoirs? Join us for sharing, discussion and feedback of works in progress. Teen volunteer facilitates. Age 13-18.

SUNDAY/SEPT. 6

Lorton Farmers Market. 9 a.m.-1 p.m. Sundays, May 3-Nov. 8. Featuring fresh produce, a Swiss bakery and potted plants and herbs. VRE Parking Lot, 8990 Lorton Station Boulevard, Lorton. www.fairfaxcounty.gov/parks/farmersmarkets/lortonmkt.htm

SUNDAY-MONDAY/SEPT. 6-7

LEGO Model Train Show. Sunday: 12-5 p.m. Monday: 12-4 p.m. 11200 Fairfax Station Road. A two day HO scale modular train display running at the Fairfax Station Railroad Museum. They will be joined by Monty with a custom built LEGO train display.

MONDAY/SEPT. 7

16th Annual Labor Day Car Show. 8 a.m. - 3 p.m. Historic Clifton. Antiques, classics, foreign, customs, motorcycles and more. Pre-register by Aug. 24. www.labordaycarshow.com. All proceeds benefit local charities.

Labor Day Picnic. 10:20 a.m. - 4 p.m. St.Mary's Church, 5612 Ox Rd., Fairfax Station. Mass, entertainment, rides, games, bingo, rummage sale, crafts, food and more.

TUESDAY/SEPT. 8

Storytime at Old Town Square. 10:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Come across the street to Old Town Square to hear some stories, weather permitting. Age 2-5 with adult.

WEDNESDAY/SEPT. 9

Kidney Foundation Fundraiser. 10 a.m. - 7 p.m. Whole Foods Market Fair Lakes, 4501 Market Commons Drive, Fairfax. Whole Foods Fair Lakes will be donating 5 percent of all purchases made between 10 a.m. - 7 p.m. to the National Kidney Foundation.

Chico's Fall Fashion Show. 11:30 a.m. Springfield Golf & Country Club, 8301 Old Keene Mill Road, Springfield. The Springfield Christian Women's Connection invites everyone to their fall fashion show. It will feature Chico's, a popular boutique that carries full lines in women's designer fashion and

clothing. \$18.50 per person. Reservations are requested by Monday, Sept. 7. SpringWmConn@yahoo.com

THURSDAY/SEPT. 10

Storytime Yoga. 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stories, stretching and simple yoga poses. Bring a mat or towel and wear comfortable clothing.

Toddler Time. 10:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Stories, songs, and activities. Library staff share with children a love for books, and parents learn to cultivate early literacy skills. Age 2-3 with adult.

FRIDAY/SEPT. 11

S.T.E.A.M Storytime. 2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Science, Technology, Engineering, Art, and Math (STEAM). Each month focus on one of these subjects with stories and activities appropriate for preschoolers. Age 4-5 with adult.

SATURDAY/SEPT. 12

Workhouse Education Open House. 12-3 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Demos, hands-on workshops, opportunities to talk one-on-one with instructors as well as explore the campus. Young attendees will enjoy face painting, balloons and cotton candy. And as a bonus, interested students can take advantage of a 10 percent discount on tuition on a weekly class of their choice.

Lorton's Fall Festival. 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit www.lortonstationtowncenter.com/calendar-of-events.html for more.

SATURDAY-SUNDAY/SEPT. 12-13

38th Annual Burke Centre Festival. Saturday, 9:30 a.m.- 5 p.m. Sunday, 10 a.m.-5 p.m. 6060 Burke Centre Parkway, Burke. Burke Centre's signature event, which celebrates the spirit of the community each year with rides, activities and live entertainment for all ages to enjoy. Visit www.burkecentreweb.com and click on Festival.

SATURDAY/SEPT. 19

Raise a Glass of Hope. 4-7 p.m. Private residence in Mason Neck. A wine tasting to benefit the Lorton Community Action Center (LCAC). Tickets are \$50/person (\$35 tax deductible) and \$75/couple (\$45 tax deductible).

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Robinson Finds Early Success Despite Inexperienced Defense

Rams go 2-1-1 during Lake Braddock tournament.

BY JON ROETMAN
THE CONNECTION

The Robinson field hockey program returns six starters from last year's team that went 16-5 and qualified for the region tournament.

None of those starters played defense for the Rams in 2014.

"The biggest issue that we've had this year," head coach Lindsay Arnsmeier said, "is we graduated our whole defensive line, including our goalie."

So far, the "issue" hasn't hindered the Rams.

Robinson defeated South County 3-2 on Tuesday, improving its record to 5-1-1. The Rams ran into trouble during the second day of the Blast ALS tournament on Aug. 27 at Lake Braddock Secondary School, when the team played its fourth and fifth games in a three-day period, but Robinson has otherwise experienced early-season success.



Robinson senior Katie O'Loughlin, middle, moved from forward to defensive midfielder this season.

After beating Falls Church 7-0 in the season opener on Aug. 25, Robinson came back the following day and beat Mount Vernon 5-0 and Woodson 1-0 during the first day of the Lake Braddock tournament. The next day, the Rams fell behind the host Bruins but managed to earn a 1-1 tie thanks to a second-half goal by senior Gwen Carsten.

Arnsmeier said she could tell the Rams

were tired.

"Towards the end is how we've been playing — [with] pressure," Arnsmeier said. "The last 10 minutes was how they're expected to play. The first 40 minutes was not. ... I think we showed bits and pieces throughout the whole game that we were able to dominate."

Robinson lost its final game of the tour-

nament to West Springfield 2-1.

With the Rams lacking experience in the back, Arnsmeier moved senior Katie O'Loughlin from forward to defensive center midfielder.

"Last year I played her as a forward and this year, just because she's very defensive minded and very calm in the back, I've had to move her to defensive mid," Arnsmeier said. "... She's calm, she's a leader, she communicates really well and she's very good at seeing the field, so she can switch the ball back and forth. She's good not only on offense, but defense, which is what we really need."

O'Loughlin said she plays defense for her club team, so the transition wasn't difficult, but she feels pressure to help some of her teammates.

"A lot of the girls, it's either they don't have a lot confidence in themselves or they're still learning how to play defense," O'Loughlin said, "so I feel a lot of pressure to not only play well myself, but also support my teammates."

Senior forward Charlotte Clark, senior midfielder Anna Turner and Carsten are also expected to be significant contributors for the Rams.

Robinson will travel to face Lee at 7:30 p.m. on Tuesday, Sept. 8.

Lake Braddock Finishes Strong At Blast ALS Tournament

The host Lake Braddock field hockey team struggled during the first day of the Blast ALS tournament on Aug. 26, suffering shut-out losses against Fairfax and Centreville. On the second day, the Bruins responded with a 1-all tie against rival Robinson and a 1-0 victory over Oakton.

"I feel that we didn't start out playing our best, but improved our play significantly each game," head coach Marie Bounds Bullock wrote in an email. "The girls worked hard to make the needed improvements and it showed; the results of each game got better and better."

After opening the season with a 3-0 loss to Fairfax and a 1-0 defeat against Centreville, Lake Braddock tied Robinson, 1-1, on Aug. 27. Senior midfielder Emily Berst scored the Bruins' goal, with an assist by sophomore forward Allison Ormsby. Lake Braddock's final game of the tournament was a 1-0 win over Oakton, with a goal by Ormsby. The assist went to senior midfielder Annina Zelkin.

Zelkin is "highly skilled and has a powerful shot," Bullock wrote. The senior is committed to Yale.

Junior midfielder Haley Hopkins, a first-team all-conference and second-team all-region selection last season, is also expected to be a key contributor for Lake Braddock.

"Haley is an extremely talented player," Bullock wrote.

"She will be a distributor and one of our main ball handlers in the midfield and on the forward line."

Lake Braddock defeated Langley in overtime on Monday, improving its record to 2-2-1. The Bruins faced Westfield on Wednesday, after The Connection's deadline.

Lake Braddock will open Conference 7 play against Mount Vernon at 7:30 p.m. on Thursday, Sept. 10.

"One of our goals is to win our conference," Bul-



Senior midfielder Annina Zelkin and the Lake Braddock field hockey team tied Robinson and beat Oakton during the second day of the Blast ALS tournament on Aug. 27 at Lake Braddock.

lock wrote. "There is some great competition in our conference so it will be a challenge, but one that I think we are up for."

— JON ROETMAN

Junior midfielder Marie Laverdiere, right, and the West Springfield field hockey team went 2-1-1 during the Blast ALS tournament at Lake Braddock Aug. 26-27.



Spartans Winning

After a rough start to the second day of the Blast ALS field hockey tournament at Lake Braddock Secondary School, West Springfield increased its defensive effort and showed what can happen when the Spartans are on the same page. West Springfield closed its appearance at the two-day tournament with a 2-1-1 victory over Robinson on Aug. 27. The Rams scored their lone goal during a penalty corner with time expired in the second half.

"We were playing defense as a whole team rather than just our defenders," West Springfield head coach Tina Nham said. "That was our major problem in the beginning: our forwards need to come back a little bit more, so they put in the extra effort." Earlier in the day, West Springfield lost to Centreville 2-0, but the Spartans responded

by handing Robinson its first loss of the season.

"Our first game today wasn't that great," junior midfielder Marie Laverdiere said. "We were all really tired and we were playing slowly. We all stepped it up. We really wanted to beat Robinson."

West Springfield finished the tournament with a 2-1-1 record, including a 3-3 tie against Woodson and a 2-0 win over Mount Vernon on Aug. 26.

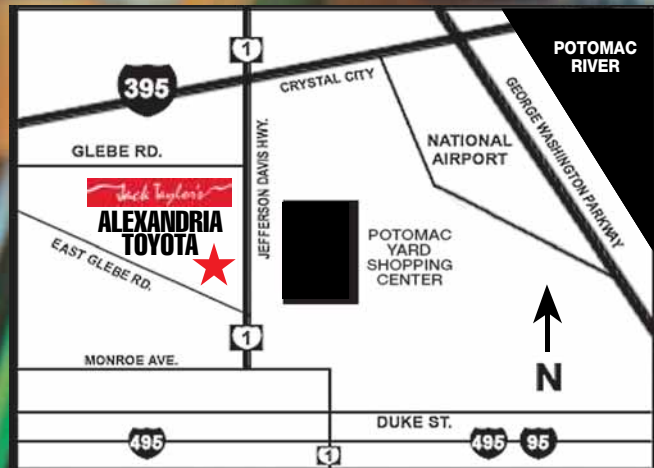
WEST SPRINGFIELD defeated Oakton 1-0 on Aug. 31, improving its record to 3-1-1. The Spartans faced Lee on Wednesday, after The Connection's deadline.

West Springfield will travel to face Chantilly at 7:30 p.m. on Tuesday, Sept. 8.

— JON ROETMAN

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21 Announcements

21 Announcements

OBITUARY



Suzanne Fry Harsel

Suzanne Fry Harsel of Fairfax, Virginia and Venice, Florida passed away peacefully after a short illness on August 27th, joining her beloved late husband of 49 years, Leonard Wallace Harsel. Born April 25, 1935 in Gary, Indiana, Sue was a proud graduate of Indiana University (1957), where she was a member of the Alpha Omicron Pi sorority. A lifelong educator and traveler, she taught in Germany, as well as in the US. Sue also spent nearly three decades on the Fairfax County Planning Commission, serving as its secretary several times, representing what is now known as the Braddock District. Upon retiring as an educator and a Planning Commissioner, she continued to be very involved with numerous volunteer, civic and church activities. She is survived by her devoted children and their spouses: Kari and James Gray of San Francisco, California; Joseph and Carol Harsel of Cockeysville, Maryland; and Karla and Tim Fink of Centreville, Virginia. She is also survived by her beloved eight grandchildren: Ben, Luke, Sean, Henry, Sam, Fiona, Kayla, and Lauryn; and her sister, Lynda Lou Vackar of Illinois. The family will be receiving visitors at Fairfax Memorial Funeral Home at 9902 Braddock Road, Fairfax, VA 22032 on Friday September 4th, between 5-8pm and will hold a Celebration of Life service on Saturday September 5th at 10 am. Mrs. Harsel will ultimately be laid to rest at Arlington National Cemetery. Online condolences may be shared on Suzanne's page at www.fmfh.com. In lieu of flowers, contributions can be made in memory of Suzanne Harsel, to Habitat for Humanity or Annandale Christian Community for Action ("ACCA, Inc")

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David Billups & Virginia Clark-Billups 703-690-1795



Manassas **\$514,900**
Gorgeously updated, immaculate home on private 1 acre wooded lot in serene community. Gourmet Kitchen with top of the line upgrades: Counters, Cabinetry, Stainless Steel Appliances & Lighting. Fully Finished Walk-Up Basement with Den, Full Bath, Wetbar & new Carpet. 3 year old Roof, new HVAC & new Gutter Guards.
John & Jennifer Boyce 703-425-5646



Fairfax City **\$599,000**
Lovely classic 4 BR, 2.5 BA colonial on cul-de-sac backs to woods & walking path. Hardwoods & many updates throughout, includes a garage & workshop.
Betsy Rutkowski 703-229-3368



Alexandria **\$469,900**
Next Door to Van Dorn Metro! Lovely 3 BR + Loft, Garage Townhome, hardwood floors thru-out except kitchen, GSD's step you out to private deck, perfect for entertaining. Finished lower level with fireplace.
Sheila Adams 703-503-1895



Fairfax Station/Canterbury Estates **\$749,500**
1.5 beautiful, landscaped acres sited on a cul-de-sac! Elegant home featuring 4 bedrooms, 3 full baths - kitchen & all baths updated - possible (true) 5th BR with bath on main floor - large custom screen porch with adjacent deck - butler's pantry - MBR with sitting room + dressing area - ample closet space - many built-ins - many surprises!
Ann Witherspoon 703-503-1836



Centreville **\$749,900**
This spacious colonial has 3 finished levels, 4 bedrooms, and 3 1/2 baths. Gourmet kitchen, master suite is more of a spa, and walk up lower level.
Richard Esposito 703-503-4035



Alexandria **\$359,999**
1 BR, 1 BA condo steps from metro. Hardwood floors, jetted tub, granite counters, great view. 825 sq. ft.
Janice Clark 703-400-1995



Centreville **\$629,000**
The rest of your life. Enjoy it to the fullest in this wonderfully designed open & airy home. You'll love the hardwoods and cathedral ceilings on the main level, the charming eat-in kitchen, the delightful family room with 2-way fireplace, the wonderful front porch, & the superb master bedroom suite with luxury bath. Gorgeous lot! Act fast & buy it today.
Catie & Steve Morales 703-278-9313



Gainesville **\$598,900**
Immaculate 3BR/4BA home in 55+ Heritage Hunt. Sweeping view of the golf course from screened porch & deck. Hardwoods, spacious kitchen, built-ins, 2 gas FPs, finished walkout LL-rec room, wet bar & office. See video at: <http://13740-Charismatic.LFlisting.com>
Mary LaRoche 703-919-0747



Lake Anna Access **\$569,900**
Immaculate custom built 4 bedroom, 3 bath home with lots of upgrades. Park like setting.
David Lewis 703-980-3090



Clifton **\$1,175,000**
Fantastic 5 bedroom, 7 bath home on 5 acres on one of the most desirable streets in historic Clifton. Custom details throughout, spacious rooms, 3 fireplaces, professionally landscaped yard and pool, great for entertaining.
Kathy O'Donnell 703-338-7696



Alexandria **\$660,000**
Unique Opportunity to Own Large Home in Alexandria. 8 Bedrooms, 4 1/2 Baths. Over 5000 square feet of living space. Many upgrades including hardwood flooring, 3 zone HVAC system, granite counter tops, cherry cabinets, huge master bedroom, gorgeous master bath, & much more. Must see to fully appreciate. Lots of possibilities!
David Levent 703-338-1388



Burke **\$409,500**
Lovely 3 bedroom home on quiet .3 acre cul-de-sac lot in sought-after Rolling Valley West. Open floor plan with beautiful hardwood floors. Large eat-in kitchen has upgraded stainless steel appliances. Close to shopping, restaurants, VRE, and commuter routes.
Kathy O'Donnell 703-338-7696



Burke **\$389,900**
End Unit TH finished on all 3 levels, 3 Bedrooms, 2 and 1/2 Baths, single car garage, walk-out lower level, w/main level deck. Hardwoods throughout main level. Lawn maintenance included in HOA/Condo fees. Located in Walden at Burke Centre subdivision. Backs to common area woods, close to shopping in Burke Centre.
John Astorino 703-503-1819



Lake Anna **\$739,000**
Family Lake House. Lots of rooms for everyone! 6 bedrooms, 3 full baths. Open floor plan. Lots of outdoor entertaining space. Many updates & upgrades. Has everything you could ask for!
Toni McQuair 703-795-2697

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