

Oak Hill ♦ Herndon
CONNECTION

Home Life Style

PAGE 7

An agreement between the Town of Herndon and Loudoun County will move the boundary between the two at Rock Hill Road so that the full parcel where Herndon offices and maintenance facilities are located will officially be in Herndon. More than 2-acres of the town-owned land was actually in Loudoun County.



Herndon Grows At Midnight Hour

NEWS, PAGE 2

Herndon Celebrates
Labor Day Festival

NEWS, PAGE 3

Bicyclist Fatality in Herndon

NEWS, PAGE 11

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PHOTOS BY KEN MOORE/THE CONNECTION

The Town of Herndon's Public Works Complex is right on the edge of Herndon's boundary.

Herndon Grows at Midnight Hour

Town's western boundary adjustment made with cooperation of Loudoun County.

BY KEN MOORE
 THE CONNECTION

Herndon grew at the stroke of midnight on Aug. 31, 2015. "Effective midnight on August 31, 2015, the western boundary line of the Town of Herndon was officially adjusted to encompass 2.4 acres of land located in Loudoun County. The remainder of the 4.25 square mile town is located in Fairfax County," according to Herndon documents.

"The land had been in the town but also in Loudoun County. The court decision clarifies that the town has jurisdiction over use

of the land," according to Anne Curtis, Herndon spokesperson.

A special court appointed by the Virginia Supreme Court, as a result of a joint petition filed by both the town and Loudoun County, made the boundary clarification.

The relevant land measures exactly 2.43118 acres. That sliver officially clarifies the town's western boundary at the eastern line of Rock Hill Road, off of Rte. 606.

The land is not zoned for residential use and is currently used by the town for storage and public works facilities.

THE ADJUSTMENT GIVES the Town jurisdiction over use of the acreage, although it has no "immediate practical implications for the town," according to Town documents.


"The Town of Herndon has always been, and will continue to be, located in Fairfax County," said Mayor Lisa Merkel. "The de

SEE BOUNDARY, PAGE 5



Some of Herndon's facilities and offices had actually been located outside Herndon's boundaries until the boundary change last week.

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(From left) Sharon Sethi, Raj Sethi and Keryn Dohanich learned about the Festival online and decided to attend. "You can just enjoy the music and beer and wine," said Raj Sethi, who was there with his mother and girlfriend, Dohanich. "It's nice to be outside."



(From left) Kathy Johnston, Ron Johnston, Marcus Coats and Raziya Brumfield met and became friends during the Festival, sharing table space due to the limited Festival seating. "This Festival is definitely worth it," said Brumfield. "The music could be louder, though."

Herndon Celebrates Labor Day Festival

BY MARISSA BEALE
THE CONNECTION

Formerly known as the Wine and Jazz Festival, the Herndon Labor Day Festival on Monday, Sept. 7 featured fine wines and craft beers from several wineries and breweries, including Cardamon Family Vineyards, Chateau O'Brien, Mattaponi Winery, Rebec Vineyards, Brothers Craft Brewing, Forge Brew Works and Mad Fox Brewery.

"This is my first year here," said Priya Rosebush, a Festival attendee from Ashburn. "Mattaponi Winery was my favorite."

"My favorite wine was this Powwow

Chocolate Strawberry wine," said Ron Johnston who traveled to the Festival from Leesburg with his wife.

Raziya Brumfield and Marcus Coats, who shared a table with them, found out about the Festival early that morning and decided to attend.

"We would just be at home if it weren't for the Festival," said Brumfield.

In addition to sampling wine and beer, festival attendees enjoyed entertainment by the ABBA tribute band, Dancing Dream, and food from International Grill, Island Smoothies and Coffee, Rito Loco, Sherri's Crab Cakes and The Tender Rib.

This year's Herndon Labor Day Festival was produced by the Herndon Woman's Club and the Town of Herndon Parks and Recreation.



The Herndon Labor Day Festival took place on Sept. 7 from 11 a.m. to 5 p.m. and featured wineries, breweries, craft and food vendors and live entertainment by Dancing Dream, an ABBA tribute band.

PHOTOS BY MARISSA BEALE/THE CONNECTION



Rayhart, from Ashburn, sold his artwork at this year's Festival, and has done so at the Festival since 2007.



Eleanor Aban, from Herndon, and Ryan Plunkett, from Stafford County, visited the festival for the first time this year. Both of them said that Mattaponi Winery was their favorite.



Lee Phillips and Kim Phillips said the Festival was great and that they celebrated their 30th anniversary this past summer.

Focusing on Suicide Prevention

Help is a phone call away.

This week is Suicide Prevention Week. Preventing suicide means paying attention to mental health and treating depression, and there is no better time to focus on that than the first week of school.

In 2013, more than 41,000 people ended their own lives in the United States, more than 21,000 with firearms. (Compare to the number of murders in 2013, 16,120.) In 2013, more than 800,000 people were treated in U.S. emergency departments for self-inflicted injuries. More than a million adults report making a suicide attempt each year, while many more people struggle with thoughts of suicide, according to the Centers for Disease Control and Prevention.

Suicide is the 10th leading cause of death for Americans overall and the second leading cause of death among adolescents and young adults aged 15-29. More than half of suicides involve firearms.

In 2013, 1,047 Virginians died by suicide, with white males accounting for 716 of those deaths. The Southside region had the highest suicide rate at 19.3 per 100,000 in 2013, while the Northern region had the lowest rate at 10.1 deaths. (By comparison, there were 383 homicides in Virginia in 2013.)

Two groups particularly at risk are youth and the elderly. Data from the Virginia Department of Health indicates that rates of suicide in Virginia were higher for older people than youth

— but suicide is a leading cause of death for young people.

One strategy to prevent suicide is to learn about the warning signs of suicide, which can include individuals talking about wanting to hurt themselves, increasing substance use, and having changes in their mood, diet, or sleeping patterns, according to the CDC. When these warning signs appear, quickly connecting the person to supportive services is critical. Promoting opportunities and settings that strengthen connections among people, families, and communities is another suicide prevention goal.

Exhibiting any of the signs listed below is reason for an immediate call to the National Suicide Prevention hotline at 1-800-273-8255 (TALK). If you cannot reach someone on this line, go to an emergency room, make sure you or your loved one is not alone until professional help arrives and remove all firearms, sharp objects, drugs, alcohol and other things that could be used in a suicide attempt.

- ❖ Talking about wanting to die or kill oneself.
- ❖ Talking or writing about suicide or death.
- ❖ Talking about feeling hopeless or having no reason to live.
- ❖ Talking about being a burden to others and how the world would be better off without him/her.
- ❖ Talking about being trapped or in unbearable pain.

EDITORIAL

LETTERS TO THE EDITOR

Safety Is Paramount for the New School Year

A message from the Chief of Police about safety and the start of the new school year:

Dear Community Member,

As each school year comes to an end, the Fairfax County Police Department in partnership with our great community, Fairfax County Public Schools (FCPS), and the Virginia Department of Transportation, begins a process to prepare for the start of school in the fall. Our mutual goal has always been and continues to be the safety of your children, pedestrians, and commuters to and from schools at the beginning and end of each day.

Your Police Department is committed to ensuring all children are safe at all crossings while maintaining efficient vehicle traffic flow. Based on your input, through an audit process, we have retrained crossing guards and upgraded several positions which are

now certified in directing and controlling vehicle traffic outside the scope of the crosswalk to help alleviate traffic congestion. We will continue to audit all locations throughout the school year as mandated by our policy. Should you have any questions or comments, please contact Captain Michael F. Grinnan, Commander of the Traffic Division, at Michael.Grinnan@fairfaxcounty.gov.

The following links are available to learn more about school crossings:

You can visit the Fairfax County Police Department map of all school crossing sites at <http://fairfaxcountygis.maps.arcgis.com/apps/Viewer/index.html?appid=708ad1e5c924029a9d12125d4c17ee8%20>

To view the Police Department's policy on school crossing guards, please visit: FCPD General Order 530.3.

For more information regarding your school start time, please visit: FCPS 2015-2016 Bell Schedule.

As a reminder, the beginning of each school year requires all of us to take extra caution in traveling our roadways and to be patient as others adjust to new routines in

our day to logistically get our children to and from school. As your Chief of Police, we welcome your input to improve the safety of our children.

Sincerely,
Edwin C. Roessler Jr, Col
Chief of Police

Giving Diplomacy a Chance

To the Editor:

I thank Senator Mark Warner for his September 3 statement supporting the deal our government has jointly negotiated with other world powers to curb Iran's nuclear ambitions.

Nothing will be easy going forward with Iran. However, Senator Warner, like nearly 10,000 Virginians whose petitions we presented to him on Aug. 26, has rightly recognized that we must give diplomacy a chance well before force can be considered as a last, necessary choice.

Northern Virginia can be thank-

- ❖ Complete withdrawal.
 - ❖ Showing rage or talking about seeking revenge.
 - ❖ Displaying extreme mood swings and acting recklessly.
 - ❖ Looking for ways to kill oneself, such as searching online or obtaining access to firearms, pills, or other means to kill oneself.
 - ❖ Giving away prized possessions and other personal things; tying up loose ends.
- See <http://www.afsp.org/understanding-suicide/facts-and-figures>

— MARY KIMM
MKIMM@CONNECTIONNEWSPAPERS.COM

Correction

In last week's editorial ("How to Vote; It Matters," Sept. 2, 2015), a list of offices up for election in Fairfax County failed to mention school board races. Here is the corrected text:

Each voter in Fairfax County will vote a ballot with choices in one State Senate district, one House of Delegates district, Clerk of the Court, Commonwealth's Attorney, Sheriff, Chairman of the Board of Supervisors, District member of the Board of Supervisors, District member of the School Board, School Board At-large (vote for three), Soil and Water Conservation Board (vote for Three), School Bond for \$310 million, Public Safety Bond for \$151 million. See <http://www.fairfaxcounty.gov/elections/upcoming.htm>

ful that both our U.S. Senators plus Congressmen like Gerry Connolly and Don Beyer favor pursuing our best available option, which is the negotiated deal on the table, rather than precipitously risk putting our country again down the pathway to unnecessary war. We can only hope many more of their colleagues in Congress will see the logic and morality of this choice.

Govind Nair
Fairfax

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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Alexandria VA 22314
Call: 703-917-6444.
By e-mail:
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Boundary Changes

FROM PAGE 2

cision of the court, which the town and Loudoun County worked together to petition, simply clarifies the town's ability to appropriately use land within our boundary," she said. "We greatly appreciate Loudoun County's collaboration with us on this petition and their general cooperative spirit as our immediate western neighbor."

HERNDON TOWN COUNCIL approved a boundary line adjustment at its Aug. 11, 2015 public hearing.

Last month's action added a home at the end of Monroe Street into the town.

That house and its 1.1178 acres of land "lies on

the town's border in such a way that the real estate appears to be in the town," according to Herndon Town Council documents.

The Town and Fairfax County Board of Supervisors cooperated so that the homeowner "receives sanitary sewer service from Fairfax County and water, refuse, recycling, public street and snow removal, bulk pick up and leaf and yard waste removal from the Town of Herndon."

The homeowners had expressed the desire to have their real estate incorporated into the Town of Herndon.

The Town of Herndon was incorporated by the General Assembly of the Commonwealth of Virginia on January 14, 1879 and is the third largest town in the Commonwealth and is home to more than 23,000 citizens.

Boundary Background

The western boundary of the Town of Herndon is also the boundary between Fairfax and Loudoun counties. The Town owns a parcel that straddles this line — approximately 2.2 acres of the property lies within unincorporated Loudoun County, while the remaining 12.5 acres are within the Town of Herndon and Fairfax County. The Town currently uses this property (hereinafter referred to as the "Town property") for offices, storage and public works facilities.

In the past, the Town has claimed that the location of the Town's western boundary was slightly further west, fol-

lowing the centerline of Rock Hill Road, which would place the Town property wholly within Herndon's corporate limits. The uncertainty as to the location of the boundary led to disagreements between Herndon and Loudoun County regarding planning and zoning jurisdiction for the disputed part of the Town property. These disagreements began in 2005, when the Town authorized the use of a part of the property for a temporary day labor site — where day laborers could assemble to seek short-term work. The County zoning administrator at that time determined that some of the Town's existing uses on the Loudoun County side of the property were not permissible unless a special exception was granted by the County. The

Town sought legal remedies to this determination; however, ultimately the County granted a special exception for the Town's existing use of the property for an office building and recycling collection center, subject to several conditions.

The Town and County eventually initiated discussions to enter into a voluntary settlement agreement to resolve their dispute, end further complications regarding the use of the Town property, and clarify the location of the boundary line.

SOURCE: Report on the Town of Herndon-County of Loudoun Voluntary Settlement Agreement, Commission on Local Government, Commonwealth of Virginia, September, 2014



PHOTO BY KEN MOORE/THE CONNECTION

Previous uncertainty about the boundary led to disagreements between Herndon and Loudoun County, but now the entire property is located in the Town of Herndon.

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1 1351 Blairstone Drive, Vienna — \$2,391,677

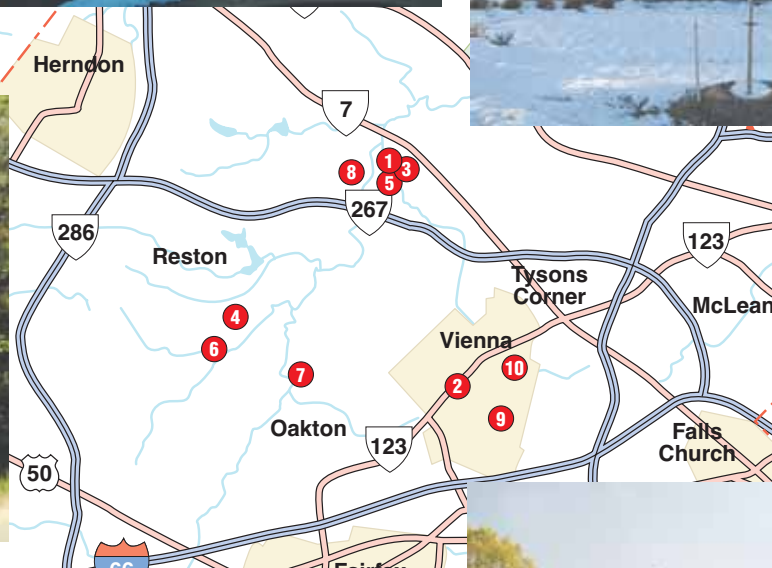
January~June, 2015 Top Sales in Vienna, Oakton and Reston



5 1350 Blairstone Drive, Vienna — \$2,288,836



4 11308 Stoneledge Court, Reston — \$2,300,000



6 2740 Stream Vista Court, Oakton — \$2,234,220



7 10605 Vale Road, Oakton — \$2,150,349

Address	BR	FB	HB	...	Postal	City	...	Sold Price	...	Type	...	Lot AC	PostalCode	Subdivision	Date Sold		
1 1351 BLAIRSTONE DR	5	..	6	..	1	VIENNA	\$2,391,677	Detached	0.57	22182	MAYMONT	01/29/15
2 9852 LIEUVIN CT	6	..	6	..	1	VIENNA	\$2,368,591	Detached	0.37	22182	MAYMONT ESTATES	06/19/15
3 1380 BLAIRSTONE DR	6	..	6	..	1	VIENNA	\$2,336,524	Detached	0.37	22182	MAYMONT ESTATES	06/22/15
4 11308 STONELEDGE CT	8	..	11	..	2	RESTON	\$2,300,000	Detached	1.87	20191	STONELEDGE	03/23/15
5 1350 BLAIRSTONE DR	5	..	6	..	2	VIENNA	\$2,288,836	Detached	0.86	22182	MAYMONT	01/02/15
6 2740 STREAM VISTA CT	1	..	1	..	0	OAKTON	\$2,234,220	Other	0.00	22124	LITTLE DIFFICULT FARMS	02/27/15
7 10605 VALE ROAD	5	..	5	..	1	OAKTON	\$2,150,349	Detached	2.90	22124	YOUNG ASSOC	03/05/15
8 10201 BROWNS MILL RD	6	..	6	..	1	VIENNA	\$1,888,000	Detached	2.15	22182	WINDSTONE	04/10/15
9 900 PARK ST SE	5	..	5	..	1	VIENNA	\$1,869,500	Detached	0.48	22180	ONONDIO	02/27/15
10 405 MASHIE DR SE	5	..	4	..	1	VIENNA	\$1,820,210	Detached	0.57	22180	WESTBRIAR CC MANOR	06/26/15

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9 900 Park Street SE, Vienna — \$1,869,500

HomeLifeStyle



PHOTO COURTESY OF TTR SOTHEY'S INTERNATIONAL REALTY

Representatives from the real estate, moving and home design industries will show homeowners planning to downsize how to do so in style.



PHOTO COURTESY OF TTR SOTHEY'S INTERNATIONAL REALTY

Homeowners attending a seminar on downsizing will get expert advice on issues like furniture placement, organization and interior design.

Thinking of Downsizing?

BY MARILYN CAMPBELL
THE CONNECTION

Homeowners considering a move from a large home to a smaller dwelling will have an opportunity to receive expert advice on their transition later this month. Representatives from the real estate, moving and home design industries will

host a lifestyle seminar to discuss downsizing issues like interior design, organizing and packing.

"The lifestyle seminar will address all aspects of moving and condo living, including what to keep, what to donate and how to decide," said Christine Basso of TTR Sotheby's International Realty. "The experts at Town & Country Movers will discuss ways to make the entire moving process run

Free seminar will focus on moving to a smaller place without sacrificing style.

smoothly from starting early to the most effective ways to pack to determining what goes where."

According to Basso, seminar attendees will also hear from design experts who will offer guidance on personalizing one's living space. They will also give advice on topics such as measuring existing and new furniture for space placement and incorporat-

ing an art collection into a home's design.

The seminar will be held Sunday, Sept. 20 from 11 a.m. to 1 p.m. at Quarry Springs estate condominiums, located at 8101 River Road in Bethesda, Maryland. The Quarry Springs complex will open later this year.

To RSVP to the free event, contact Christine Basso at 202-302-2508. Visit <http://www.quarrysprings.com> for more information.

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Wicket Club Coach Midhun Lal, owner Shaista Chaudhry and Dev Santosh.



Nate Garland lifts off as he bowls.

PHOTOS BY MEREDITH BILLMAN MANI

Wicket Club Aims to Make Cricket the New Baseball

Popularity of cricket soaring in Northern Virginia.

BY MEREDITH BILLMAN-MANI

Wicket Club in Sterling is a magnet for young cricket players from Northern Virginia. It's one of the few indoor cricket facilities on the east coast and immediately found an audience with the Southeast Asian cricket community when it opened in 2012. Initially only for adult players, but the need for a space for children to also learn and play cricket soon became apparent.

There are outdoor leagues playing all over Fairfax and Loudoun Counties on the weekends. Lake Fairfax Park in Reston even has an outdoor pitch for the summer games hosted there for the Washington Cricket League.

Like many first generation Indian Americans, Wicket Club owner Shaista Chaudhry, grew up in Mumbai, India playing cricket. "I loved cricket when I was a kid in India. I was even suspended as a kid once for instigating running away from school to play cricket," laughs Chaudhry who now lives in Reston with her husband.

In 2013 Chaudhry, the mother of two grown sons, realized there was a lack of qualified cricket coaches for children. She wanted children to be able to learn the fundamentals of the game, understand the rules and develop their skills in bowling, fielding and batting. Wicket Club soon began running popular seasonal camps and weekend leagues as well as offering one on one coaching.



Arjun Alagappa at bat

There are now two cricket coaches at Wicket Club, Madhun Lal and Dev Santosh. Lal recently graduated and has signed on to coach with the club for a year. "He is the only ICC Level II coach in the area. We are very, very lucky to have him here," said Chaudhry. The International Cricket Council (ICC) is the governing body for the sport and oversees 105 participating countries.

"We get kids that it's their first time playing or they want to come in and smash the ball. We take these kids and teach them how to play. This sport helps them focus. Helps with patience. It helps build the daily skills that any job will require," explains Lal.

CHILDREN AND ADULTS

both seem to thrive under Lals tutelage. He has a passion for the game that comes out even after he has been playing for hours. "Anyone who comes here, they are going to build on what they came here with. I promise that. Playing indoors and outdoors is different. This is easier for kids. It is easier to teach them without them being distracted," explains Lal. Indoor cricket conditions are temperature controlled, consistent light, no bugs and none of the irritants that children can be bothered by and lose focus from. "All international players practice indoors and outdoors. As a player I can say when I play outdoors it changes the whole mentality," said Lal. Wicket Club also has an outdoor pitch where they can take students to show them how the ball reacts differently on grass.

Many South Asian immigrant parents are uber focused on education and their children are not participating in the sports teams that some of their peers do, like baseball and football because those games weren't played in their home countries. Chaudhry says most of her students come from Great Falls, McLean, Reston, Vienna and Loudoun but their parents came from generally either India or Pakistan, with a few other cricket playing nations represented. "Parents are becoming aware that just being a geek is not enough. There is that awareness now. Where they wanted kids to do karate a while ago, they are doing this now," says Chaudhry. Most Ivy League colleges have a cricket team and because the sport is growing in America some wonder if more colleges won't look at cricket players

for scholarships in the near future.

In the nearer term, some parents are finding cricket as a way to connect with their children. Parents can come with their child to bat and bowl. Carl Garland grew up in Great Britain and played cricket on the street and in school. He came to the U.S. and married an American and settled in Northern Virginia. They tried baseball for their 9-year-old son Nate but it wasn't a good fit for him. Garland found Wicket Club and both he and his son have found a game they enjoy playing.

"Socially this just worked better for Nate. In baseball all the lads come from the same school and Nate didn't know any of them. Here no one comes from the same place so all the lads get on well together. There are good coaches and a good group of lads to play with. It's amazing the progress he's made," said Garland.

Raji Ganguli's 10-year-old son plays cricket at the club. "Cricket is not confined to India. It is picking up in the U.S. as well and hopefully we will get a bit of diversity with more kids playing," said Ganguli. Lal said they have recently had an uptick in Hispanic kids enrolling to learn the game. These kids saw boys playing cricket in their neighborhood, started playing with them, and wanted to learn more so they came to Wicket Club.

EIGHT YEAR OLD Arjun Alagappa plays cricket on Saturday afternoons at the club. "They teach me so much and I'm working so hard," said Alagappa. One of the reasons he said he wants to learn is so he can take the game back into his neighborhood. "They really want to play cricket with me. When I'm playing cricket with them, they are learning. I'd say cricket is way more popular than baseball." Not quite yet, but you never know.

For more information, visit www.wicketclub.com

WWW.CONNECTIONNEWSPAPERS.COM

CALENDAR

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

ONGOING

JamBrew. Every Friday in September, beginning Sept. 4. 6-10 p.m. Town Green, 777 Lynn St. Herndon. Outdoor music festival. <http://jambrew.com/>.

THURSDAY-SUNDAY/SEPT.3-13

Kiss Me Kate. A jazzy musical comedy about a divorced couple staging an outlandish musical version of "Taming of the Shrew." For tickets and show timings visit www.nextstopHerndon.com.

THURSDAY/SEPT. 10

Junior Farmer Family Fun. 4 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. This family program goes behind the scenes to help the farmers at Frying Pan Farm Park. Come help with farm chores such as milking the cows, feeding the animals, and shelling corn. Topics and activities vary. Children must be accompanied by a registered adult.

New Belgium Brewing 2015 Clips Beer & Film Tour. 7 p.m. Reston Town Center, 11900 Market St., Reston. An evening of unique brews from New Belgium Brewing Company paired with inspiring short films. Sample New Belgium's Lips of Faith specialty beers along with popular classics.

Herndon Farmers Market. 8 a.m.-12:30 p.m. Thursdays, May 7-Nov. 12. Twelve Vendors sell a variety of products including kettle corn and fresh made Italian pasta. Old Town Herndon, 700 Block of Lynn St., Herndon. www.fairfaxcounty.gov/parks/farmersmarkets/herndonmkt.htm

FRIDAY-SATURDAY/SEPT. 11-12

ChalkFest. Friday: 12-11 p.m. Saturday: 8 a.m. - 4:30 p.m. Reston Town Center, 11900 Market St., Reston. Free for spectators, participants register for a fee which includes supplies. Rain or shine. Information: publicartreston.org.

FRIDAY/SEPT. 11

Senior Tea. 1-2 p.m. ArtSpace Herndon, 750 Center Street, Herndon. Every month seniors are invited to visit the gallery to view the current exhibit and enjoy a cup of tea and a sweet treat. Seniors from the Herndon Senior Center are regular visitors. All teas are free and open to the public.

SATURDAY/SEPT. 12

Book Discussion. 2 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Author Michael Delapena discusses his novels The Coyote Wars and The Last Coyote, thrillers about domestic terrorists and the FBI team attempting to stop them. Adults.

Reston Farmers Market. 8 a.m.-noon. Saturdays, May 2-Nov. 14. Named the best farmers market in Northern Virginia by Virginia Living Magazine. Lake Anne Village Center, 11401 North Shore Drive, Reston. <http://www.fairfaxcounty.gov/parks/farmersmarkets/restonmkt.htm>

Community Yard Sale. 8:30 a.m. - 12 p.m. Reston Association parking lot, 12001 Sunrise Valley Drive. Families will be selling a variety of items, so this event is a great opportunity to browse for bargains for a new home or a college dorm.

SUNDAY/SEPT. 13

Reston Triathlon. 7 a.m. Lake Audubon, Twin Branches Road, Reston. Swim, bike and run in the "Reston World Championships." Visit

www.restontriathlon.org/tri.

MONDAY/SEPT. 14

Lego Club. 4:30 p.m. Herndon Library, 768 Center Street, Herndon. Come have fun, use your imagination and keep your engineering and problem solving skills flowing with an abundance of LEGO bricks. Age 5-12.

Writers Group. 7 p.m. Herndon Library, 768 Center Street, Herndon. All levels of writing experience are welcome to join our group to receive support and feedback. The group reviews works-in-progress from up to 3 members each month. Adults.

TUESDAY/SEPT. 15

Sally Barris & Rebecca Folsom. 6 p.m. Amphora Diner Deluxe, 1151 Elden Street, Herndon. Sally Barris, an A-list Nashville songwriter who has had songs covered by a who's who of top-level artists, will bring her bright spirit and expressive mountain soprano to Herndon for a memorable evening of music. Also performing is Rebecca Folsom, who writes inspiring tales of human heartbreak, redemption and freedom, and sings them with exquisite intimacy and soaring harmonies. \$11-\$12.

WEDNESDAY/SEPT. 16

Putting the Animals to Bed. 7 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. When evening shadows spread over Kidwell Farm, it is time to put the animals to bed. Bring your flashlight or lantern for this twilight tour and learn how our farm animals settle down for the night. Dress for the weather. Children must be accompanied by a registered adult.

THURSDAY/SEPT. 17

Meditation with Gerry Gorman. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Learn simple techniques to help you deal with the stresses of everyday life. Adults.

Putting the Animals to Bed. 7 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. When evening shadows spread over Kidwell Farm, it is time to put the animals to bed. Bring your flashlight or lantern for this twilight tour and learn how our farm animals settle down for the night. Dress for the weather. Children must be accompanied by a registered adult.

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FRIDAY/SEPT. 18

Douple Symphonies. 7:30 p.m. United Christian Parish of Reston, 11508 North Shore Drive, Reston. Pro Arte Chamber Orchestra of Greater Washington season opener. Tickets: \$10-\$25. www.PACODc.org.

SATURDAY/SEPT. 19

Susco 8K. 8:30 a.m. South Lakes High School, 11400 South Lakes Drive, Reston. Running for brain aneurysm and organ donation awareness. www.susco8k.com.

Family Fun Day. 11 a.m. - 4 p.m. Woody's Golf Range, 11801 Leesburg Pike, Herndon. A Family Fun Day to help the five teens that were in the tragic accident in Texas, in which three Herndon teens died. A day of healing and remembrance for the friends and families. There will be

mini golfing, art, hula hooping and much more fun.

SUNDAY/SEPT. 20

Family Fun Day. 2-4 p.m. Lake Anne Plaza, Reston. Join the Reston Historic Trust & Museum and Robert E. Simon, Jr. for Family Fun Day and Membership drive on Lake Anne Plaza. There will be live music, children's activities, beer tasting, and fun for the entire family. www.restonmuseum.org

Herndon Kids Triathlon. 8 a.m. Herndon Community Center, 814 Ferndale Avenue, Herndon. This kids triathlon gives youngsters an opportunity to compete in one of the fastest growing sports in the United States. The event is designed for any youth, ages 6-16, regardless of athletic ability or prior triathlon experience. Visit www.herndon-va.gov.

MONDAY/SEPT. 21

Toddlers & Twos. 10:30 a.m. Herndon Library, 768 Center Street, Herndon. Diverse creatures come alive through stories, songs and rhymes.

THURSDAY/SEPT. 24

Live More Block Party. 11 a.m. - 2 p.m. Reston Town Center, 11900 Market St., Reston. Learn the benefits of new transportation options, including Silver Line Metro, plus entertainment, face painting, refreshments, giveaways and more.

SATURDAY/SEPT. 26

Reston Multicultural Festival. 11 a.m.-6 p.m. Lake Anne Plaza, Reston. The Reston Multicultural Festival celebrates all the entertainment, dress, food, and cultural treasures from all over the world that are all here in Reston. Rain or shine. Free. Visit www.restoncommunitycenter.com/MulticulturalFestival.shtml

Walk to End Alzheimer's. 10 a.m. Reston Town Center, 11900 Market St., Reston. Walk and fundraise to further the care, support and research efforts of the Alzheimer's Association. Visit http://act.alz.org/site/TR?fr_id=7382&pg=entry.

SUNDAY/SEPT. 27

NatureFest. 1-5 p.m. Runnymede Park, 195 Herndon Parkway, Herndon. Explore various nature stations throughout the park including butterflies, bees, life in the meadow, web of life and much more with live animal shows throughout the day. Visit www.herndon-va.gov.

MONDAY/SEPT. 28

Toddlers & Twos. 10:30 a.m. Herndon Library, 768 Center Street, Herndon. Diverse creatures come alive through stories, songs and rhymes.

TUESDAY/SEPT. 29

Design and Wine. ArtSpace Herndon, 750 Center Street, Herndon. Have fun with artist Melanie Stanley using a variety of materials and techniques as you explore, discover, and learn to "mix it up" in a safe, encouraging environment! Use some different kinds of art tools to draw, paint, and collage a one-of-a-kind mixed-media masterpiece for your home. A \$30 fee covers all supplies and two glasses of wine. Registration is required with payment in advance, <http://www.artspaceherndon.com/events->

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Say What?



By KENNETH B. LOURIE

Since I referenced, and initiated last week's column with, one of my favorite cancer stories (the thoracic surgeon quote), I thought it timely to update you with my newest – and most recent (July 31st, in fact) cancer story (yet another doctor's quote, from my oncologist).

Typically, I see my oncologist every three months, a week or so after my every-three-months CT Scan, to discuss the results and to examine me in person. As the years have passed, these post-scan examinations – given that the scan indicates the patient's condition/status, have been less about touching and feeling and more about asking and answering. As my oncologist has explained to me, there's been an evolution of sorts in the medical profession with respect to these post-scan appointments. If the scan shows no/minimal growth and/or movement, the doctor doesn't feel the need to examine me to learn that, since he knows that already from the previous week's scan. Generally speaking, a physical exam will likely not contradict/contraindicate what has already been interpreted by the radiologist. As an example, my oncologist doesn't need to feel if my lymph nodes are swollen if the scan shows they're not.

Up until July 31st, though, I've always had my usual face-to-face appointment/examination. But not this July 31st. That's when I had – after having it suggested by my doctor and his staff – my first phone appointment in lieu of an in-person one. If I had preferred meeting the doctor in his office, it certainly would have been allowed; but presumably, since my scan results were good/not problematic, there was no real need, so I was happy to save myself the 45-minute drive and phone it in.

Sure enough, at 11 A.M., my oncologist called me. I put the phone on speaker so that my wife, Dina, could hear/participate and then we began. It was identical to our usual in-person appointment. He asked me how I was "feeling; any new symptoms, any old symptoms (neuropathy, fatigue, headaches, eating/taste issues) which had gotten worse;" then the usual follow-up question, which led to my new favorite story: "Are you (meaning me) able to do the things in life that you usually do?" "Yes," I responded. Then, out of the blue, he asks: "Can you use chopsticks?" (To myself, I repeat: can I use chopsticks!?) Being a wise guy and sort of guessing his intent (wanting to judge my manual dexterity), I answered honestly and succinctly: "No," I said, and stayed silent, waiting, baiting him almost. There seemed to be some hesitation on his end as if he was processing new information from me – or so I thought, so I felt compelled a few seconds later to add: "But I've never been able to use chopsticks" and laughed out loud.

Now if truth be told, my doctor is Chinese, but we have never, ever had any kind of conversation about Chinese food or anything remotely Chinese, yet he felt it appropriate somehow to throw out this chopsticks reference. I've been laughing about it for weeks. I'm already looking forward to our next phone appointment. Although, given the fact that the next appointment – given any foreseen/unforeseen circumstances – will be scheduled the week after the first PET Scan I will have had in six and a half years (typically when we discuss the results of the previous week's scan), I imagine we'll meet in person. Still, if the PET indicates no change to my current condition, perhaps I won't be examined in person after all, or even phone it in again. Maybe we'll compromise and meet for lunch – at a Chinese restaurant?

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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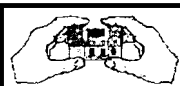
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Bicyclist Fatality in Herndon

Bicycle Master Plan adopted in 2014 attempts to continue to increase safety of bicyclists on roadways.

BY KEN MOORE
THE CONNECTION NEWSPAPERS

A 38-year-old bicyclist died after being hit by a vehicle on Sunrise Valley Drive in Herndon on Monday, Aug. 31 just after 8 p.m.

The bicyclist has been identified as Andrew Greff Gooden, 38, of St. James, Jamaica.

"The investigation is still ongoing," said Officer Shelley Broderick, of the Fairfax County Public Information Office. She said "all information is available in the release," when asked questions such as whether lack of reflective gear may have put the bicyclist in greater danger.

According to the police department's news release:

"Detectives from the Crash Reconstruction Unit are investigating a crash involving a bicycle and an SUV that occurred on Sunrise Valley Drive near Coppermine Road, on Monday, August 31, shortly after 8 p.m.

"The preliminary investigation suggests that two bicycles were traveling north on Sunrise Valley Drive in the right lane. Neither rider was wearing reflective clothing, nor did they have any lights on their bicycles.

"A 2014 Chevrolet Suburban (SUV), driven by a 29-year-old Fairfax man, also traveling north on Sunrise Valley Drive, approached the bicycles from behind and struck one of the riders; a 38-year-old ...

"The driver of the SUV remained on the scene.

The bicyclist who was struck was transported to Reston Hospital Center and was pronounced dead later that evening. Speed and alcohol do not appear to be factors in this crash. It is still under investigation."

THOUSANDS OF BICYCLISTS are injured on roadways in the Commonwealth of Virginia each year, according to Herndon Town Council documents.

Herndon Mayor Lisa Merkel and the Town Council will issued a proclamation at this week's Town Council hearing declaring September as Virginia Bicyclist and Pedestrian Awareness Month in the Town of Herndon, "to recognize the importance of safety for all individuals traveling on the roadways; and promote bicycling and walking as healthy, efficient and sustainable forms of transportation."

A goal is to raise awareness about the importance of sharing the road, in order to reduce the number of crashes and injuries.

"Hundreds of partners, including towns, cities, counties, businesses, local organizations, schools and sporting groups from across the state, are teaming up with DRIVE SMART Virginia, Bike Virginia, the Virginia Highway Safety Office at the Division of Motor Vehicles and other like-minded organizations," according to Merkel.

ABOUT 106 CRASHES involving a bicycle were recorded in 2012 in Fairfax County, according to the Fairfax County Bicycle Master Plan. In 2011, there were 85 reported crashes and 86 in 2010.

There were four fatalities involving bicyclists in 2010 and one in 2012.

"Failing to yield the right-of-way is cited most often as the leading cause of most crashes, whether fault is attributed to the cyclist or motorist," according to the Bicycle Master Plan.

Among police officers, cyclists, and motorists: levels of understanding vary widely, according to the Fairfax County Bicycle Master Plan, adopted in the fall of 2014. "Law enforcement is a cornerstone of an effective local bicycle program," according to the Fairfax County Bicycle Master Plan.

"All parties agree that more clarity is needed about some laws, especially related to right-of-way at trail crossings and sharing the road," according to the Master Plan.

In 2010, there were five hit and run crashes where a motorist fled after an accident involving a bicyclist; there were six hit-and-run incidents in 2011 and two in 2012.

"Improving the safety of current and future bicyclists in Fairfax County is a fundamental and core element of the Fairfax County Bicycle Master Plan. Safe, clear and consistent accommodations for cyclists enhance safety for all road users, for example, by reducing speeding, delineating roadway space, and encouraging safe interactions between all modes."

Citizens Billed for Cars Not Owned

The Town of Herndon sent citizens incorrect vehicle decal bills during the last week of August; some citizens received bills about vehicles they didn't own.

"These incorrect bills should be disregarded," according to Town Manager Arthur A. Anselene.

"After a thorough review, we have determined that an error occurred as town staff was preparing vehicle ownership data for transition to a third-party printer. The trans-

mitted data was incorrect. We are reviewing our internal controls and will be revising our processes to make certain that an error of this nature does not happen again," according to Town Manager.

"On behalf of the town's staff, I am sorry for the inconvenience and concern this error has caused," he said.

See opinion section, for Anselene's full letter to the Town's citizens.

— KEN MOORE

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