

Cheerleaders welcome students walking into their first day at Robinson Secondary School.



Robinson Students Welcomed Back

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Fairfax County needs volunteers to **drive older adults to medical appointments** and wellness programs. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Meals on Wheels needs **drivers, coordinators, and co-coordinators** for routes throughout the county. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Sully Senior Center** in **Centreville** needs a **certified personal trainer**. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Korean Meals on Wheels needs drivers to deliver meals. (Speaking Korean not required.) For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Wakefield Senior Center** in **Annandale** needs a **front desk assistant**, an **Art Instructor**, and a certified **Pilates Instructor**. Volunteer instructor positions **could** lead to part-time employment. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Mount Vernon Adult Day Health Care Center** in **Alexandria** needs a **Bingo Caller/**

Assistants, Word Activity Assistants, a **licensed beautician**, a **front desk volunteer** and **social companions**. (English and Spanish-speaking social companions needed). For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Virginia Insurance Counseling and Assistance Program** in **Fairfax** needs **Spanish-speaking Insurance Counselors** to help older adults understand and resolve issues with Medicare, Medigap, Medicare HMOs, and long-term care insurance. Previous health insurance and benefit/entitlement experience is preferred. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Hollin Hall Senior Center** in **Alexandria** needs a volunteer to maintain a **fish aquarium upkeep** and instructors for the following classes: **Basic Guitar, Italian, Pottery and Ballroom Dance**. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Lewinsville Senior Center** in **McLean** needs a **Spanish-speaking social companion** and instructors for the following classes: **Line Dance, Zumba Gold, Certified Arthritis Exercise, Square Dance, Basic Guitar, Art and Basic Spanish**. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Little River Glen Senior Center** in **Fairfax** needs a **Computer Lab Assistant** and a **Zumba Gold Instructor**. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

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PHOTOS BY TIM PETERSON/THE CONNECTION

Cheerleaders welcome students walking into their first day at Robinson Secondary School.

Robinson Students Welcomed Back

New and returning students at Robinson Secondary School were welcomed on the first day with a corridor of cheerleaders, blaring music and an inflated ram tunnel leading to the front doors. And the smiling face of their principal, Matthew Eline, who joined the cheerleaders and held a sign saying “May I help you?”

It was meant to leave a special impression on students. “How many first days do you get in life?” said Eline. The sporting event-esque scene was meant as a kick off

for developing what Eline called a “kinder, gentler” Robinson.

“We’re absolutely about academics,” Eline said, but added that he’s looking for ways for the students to build “more community character” and connection to the school. A pep rally scheduled for the second day of school and special reward tie-dyed T-shirts as part of a campaign called “Dude, Be Kind” are among the ideas and activities planned to accomplish his goals.

— TIM PETERSON

VIEWPOINTS

What are you most looking forward to about today, this school year?



Matthew Eline, principal:

“The kids coming back, and teachers getting to do what we do.”



Eri Daniel, sophomore:

“A fresh start, for everything.”



Katie Tran, senior:

“Getting to my class right now.”



Ryan Keith, senior:

“Just being a senior, in general.”



Paige Ahmed, senior (left):

“Taking fashion design at Fairfax academy, and graduating.”

Caleb Allison, senior (right):

“I’m excited to see a lot of people I haven’t seen over the summer, and graduating.”



PHOTOS BY TIM PETERSON/THE CONNECTION

Mantua Elementary School student leaders welcomed superintendent Dr. Karen Garza for her visit on the first day of school.

Garza Tours on the First Day of School

Though she visited several schools on the first day of the new year, Fairfax County Public Schools superintendent only received one welcome banner. That was from the articulate student leaders at Mantua Elementary School, who told her “sense of community” and “great teachers who encourage creativity” were among their favorite things about the school.

Mantua capped a full day of visits for the superintendent as she begins her third year with the school system. Her tour began at Hayfield Secondary School and included stops at Lynbrook Elementary School, Walt Whitman Middle School and J.E.B. Stuart High School.

Along the way, Garza said she was impressed with the “enthusiasm” and hearing the positive things students had “to say about going back to school.”

Improved literacy across all school levels is one of the goals of the system’s new

strategic plan and Portrait of a Graduate education blueprint. Garza spoke with teachers and principals about their plans to develop students into stronger writers and communicators.

In Mantua’s library, Garza experienced a project started last year where students learn to produce a QR code and link it to a video they make themselves about books they liked reading. Other students can then scan the code with library-provided iPads and essentially browse titles by reviews from their peers.

“It’s exciting to see it take hold,” Garza said.

Regarding the playing out of the first day of later start times, Garza said she’d heard generally positive feedback. “Largely people have been supportive of the change and we’re grateful for that. It was a very smooth start.”

— TIM PETERSON



Fairfax County Public Schools superintendent Dr. Karen Garza visits with a young student in Samantha Hartwell’s multi-age first and second grade classroom at Mantua Elementary School.

Technology Welcomes Back Students

Nativity Catholic School focuses on advanced technology and innovation.

BY ARISA ISHITA
THE CONNECTION

Located just off Old Keene Mill Road, Nativity Catholic School has been recognized as the Blue Ribbon School of Excellence since 2008. This is the award given by the U.S. Department of Education to only 50 private schools in the country each year.

Maria Kelly, principal at the school, said they have STEM education in their academics - academic disciplines focusing on science, technology, engineering and mathematics.

"With our new building, we have a brand new state-of-the-art science lab," Kelly said. "It is an absolutely amazing, amazing science lab that we have."

Being a former science teacher, Kelly is looking forward to it.

"That certainly helps us to even further what we do with science education."

THE OLD SCIENCE LAB now turns into a Makerspace room, where students go in and build and create something with a bucket of materials.

"[It] involves a lot of problem solving and critical thinking," said Annie Fernandez, assistant principal at the school. "We give the children paper towel tubes and a few plastic pieces of Lego. What can you create out of it? What technology can you use? And you make it socially useful."

By incorporating the STEM education and Makerspace into their school system, Kelly hopes her students will become "active problem solving learners."

"It is not a matter of you just studying from your book and giving back that information, or even in math being able to apply that," she said. "It is very much being able to go beyond what that knowledge is to be able to solve problems because if we don't create active problem solving learners, the students cannot go on to be global competitors in this world."

Nativity Catholic School's another newly adopted technology tool is the Chromebook. According to Kelly, all of their middle school students - sixth, seventh and eighth graders - will be issued a Chromebook to do their assignments both in classroom and at home. Elementary students will also be issued a Chromebook, for the classroom-use only.

Similarly, Chromebases will be set up in their new media center. "Chrome Station," according to Kelly and Fernandez, will be placed as well as built-in reading room and broadcast room. Additional classrooms, art center - with natural lighting - and gym are other spotlight places opening soon.

While considering the STEM education as one of the school's priorities, Kelly and Fernandez also emphasized gospel values.

"Even though we accept non-Catholics, ...the Catholic faith is definitely taught in the classrooms and is visible throughout the school," Fernandez said.

Ultimately, two important objectives of Nativity Catholic School are: moral values and academic excellence. "The whole point is that we give them a moral compass through everything that we do," Kelly said.

THE FIRST DAY OF SCHOOL was Aug. 31 this year.

"This is my 25th year in education, my 15th year as principal," Kelly said. "And I have to say, it never gets less exciting for the first day of school. It's so exciting to have these kids come in and know that for the kindergartener this is their kindergarten year, for the eighth grader this is their eighth grade year. That just never changes that this is their year to do that."

Back-to-school nights being one of the first events of the semester, Nativity Catholic



Nativity Catholic School, located in the relaxing environment on Nativity Lane, Burke, welcomes back their students with new technology and buildings on campus.

PHOTOS BY ARISA ISHITA/THE CONNECTION



Maria Kelly, principal, and Annie Fernandez, assistant principal, in front of the entrance at Nativity Catholic School. They hope that their technology programs will help the students become "active problem solving learners."

School plans a variety of events throughout the season, including events open to public, such as book fair and open house. For more information, visit www.nativityschool.org or call 703-455-2300.



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KINDERGARTEN

Registrations are now being accepted for the 2015-2016 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.

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WEEK IN BURKE

Library to Host Anti-bullying Fair

The Burke Centre Library is hosting an Anti-Bullying Fair at Robinson Secondary School on Oct. 17 with October's anti-bullying month theme. The library is also putting on T-shirt and poetry contests with the theme of anti-bullying. At this fair, there will be local colleges and anti-bullying organizations with booths to talk about what they do and how they help stop bullying. There will also be free lunch, guest speakers, and musical entertainment along with an award ceremony for the T-shirt and poetry competitions.

In an effort to combat bullying, the Burke Centre Teen Advisory Board (BCTAB) will be sponsoring a T-Shirt Design competition. The theme of the competition is "Stop it Before it Starts!" This theme is trying to raise awareness about the earliest stages of bullying in teens. Using this motto, design the front of a T-Shirt that will spark conversation about early signs of bullying. The back of the T-Shirt will be pre-designed by the BCTAB with the theme "Stop Before it Starts!" The BCTAB will look for Innovative/creative design, aesthetic, color, layout, a design consistent with theme: "Stop it Before it Starts!" and a 3-5 sentence statement explaining the design at time of submission. T-Shirt designs must be submitted at (<http://www.burkecentretab.com/>). Prize money will be awarded to 1st, 2nd, and 3rd place winners. (1st: \$150, 2nd: \$125, 3rd: \$100).

For the poetry competition, the Burke Centre TAB is looking for poetry relating to the general theme of bullying, whether that be personal experience or combating bullying. The Poetry can come in any form, including slam poetry and video submissions. Although a video submission is not mandatory, it is encouraged and the winners will be encouraged to have a performance aspect to their poem (video, slideshow or perform it live) to show at the fair. Submit your poetry at burkecentretab.com and the deadline is Sept. 26.

FARMERS MARKETS

FRIDAYS

Kingstowne Farmers Market. 4-7 p.m. Fridays, May 1-Oct. 30. Giant Parking Lot, 5955 Kingstowne Towne Center, Alexandria.


SATURDAYS

Burke Farmers Market. 8 a.m.-noon. Saturdays, May 2-Nov. 21. 5671 Roberts Parkway, Burke.

Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. www.smartmarkets.org.

Fairfax Farmers Market. 8 a.m.-1 p.m. Saturdays, May 9-Oct. 31. 10500 Page Avenue, Fairfax.

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Focusing on Suicide Prevention

Help is a phone call away.

This week is Suicide Prevention Week. Preventing suicide means paying attention to mental health and treating depression, and there is no better time to focus on that than the first week of school.

In 2013, more than 41,000 people ended their own lives in the United States, more than 21,000 with firearms. (Compare to the number of murders in 2013, 16,120.) In 2013, more than 800,000 people were treated in U.S. emergency departments for self-inflicted injuries. More than a million adults report making a suicide attempt each year, while many more people struggle with thoughts of suicide, according to the Centers for Disease Control and Prevention.

Suicide is the 10th leading cause of death for Americans overall and the second leading cause of death among adolescents and young adults aged 15-29. More than half of suicides involve firearms.

In 2013, 1,047 Virginians died by suicide, with white males accounting for 716 of those deaths. The Southside region had the highest suicide rate at 19.3 per 100,000 in 2013, while the Northern region had the lowest rate at 10.1 deaths. (By comparison, there were 383 homicides in Virginia in 2013.)

Two groups particularly at risk are youth and the elderly. Data from the Virginia Department of Health indicates that rates of suicide in Virginia were higher for older people than youth

— but suicide is a leading cause of death for young people.

One strategy to prevent suicide is to learn about the warning signs of suicide, which can include individuals talking about wanting to hurt themselves, increasing substance use, and having changes in their mood, diet, or sleeping patterns, according to the CDC. When these warning signs appear, quickly connecting the person to supportive services is critical. Promoting opportunities and settings that strengthen connections among people, families, and communities is another suicide prevention goal.

Exhibiting any of the signs listed below is reason for an immediate call to the National Suicide Prevention hotline at 1-800-273-8255 (TALK). If you cannot reach someone on this line, go to an emergency room, make sure you or your loved one is not alone until professional help arrives and remove all firearms, sharp objects, drugs, alcohol and other things that could be used in a suicide attempt.

- ❖ Talking about wanting to die or kill oneself.
- ❖ Talking or writing about suicide or death.
- ❖ Talking about feeling hopeless or having no reason to live.
- ❖ Talking about being a burden to others and how the world would be better off without him/her.
- ❖ Talking about being trapped or in unbearable pain.

- ❖ Complete withdrawal.
- ❖ Showing rage or talking about seeking revenge.
- ❖ Displaying extreme mood swings and acting recklessly.
- ❖ Looking for ways to kill oneself, such as searching online or obtaining access to firearms, pills, or other means to kill oneself.
- ❖ Giving away prized possessions and other personal things; tying up loose ends.

See <http://www.afsp.org/understanding-suicide/facts-and-figures>

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Correction

In last week's editorial ("How to Vote; It Matters," Sept. 2, 2015), a list of offices up for election in Fairfax County failed to mention school board races. Here is the corrected text:

Each voter in Fairfax County will vote a ballot with choices in one State Senate district, one House of Delegates district, Clerk of the Court, Commonwealth's Attorney, Sheriff, Chairman of the Board of Supervisors, District member of the Board of Supervisors, District member of the School Board, School Board At-large (vote for three), Soil and Water Conservation Board (vote for Three), School Bond for \$310 million, Public Safety Bond for \$151 million. See <http://www.fairfaxcounty.gov/elections/upcoming.htm>

EDITORIAL

LETTERS TO THE EDITOR

Safety Is Paramount for the New School Year

A message from the Chief of Police about safety and the start of the new school year:

Dear Community Member,
As each school year comes to an end, the Fairfax County Police Department in partnership with our great community, Fairfax County Public Schools (FCPS), and the Virginia Department of Transportation, begins a process to prepare for the start of school in the fall. Our mutual goal has always been and continues to be the safety of your children, pedestrians, and commuters to and from schools at the beginning and end of each day.

Your Police Department is committed to ensuring all children are safe at all crossings while maintaining efficient vehicle traffic flow. Based on your input, through an audit process, we have retrained crossing guards and upgraded several positions which are

now certified in directing and controlling vehicle traffic outside the scope of the crosswalk to help alleviate traffic congestion. We will continue to audit all locations throughout the school year as mandated by our policy. Should you have any questions or comments, please contact Captain Michael F. Grinnan, Commander of the Traffic Division, at Michael.Grinnan@fairfaxcounty.gov.

The following links are available to learn more about school crossings:

You can visit the Fairfax County Police Department map of all school crossing sites at <http://fairfaxcountygis.maps.arcgis.com/apps/Viewer/index.html?appid=708ad1ef5c924029a9d12125d4c17ee8%20>

To view the Police Department's policy on school crossing guards, please visit: FCPD General Order 530.3.

For more information regarding your school start time, please visit: FCPS 2015-2016 Bell Schedule.

As a reminder, the beginning of each school year requires all of us to take extra caution in traveling our roadways and to be patient as others adjust to new routines in

our day to logistically get our children to and from school. As your Chief of Police, we welcome your input to improve the safety of our children.

Sincerely,
Edwin C. Roessler Jr, Col
Chief of Police

Giving Diplomacy a Chance

To the Editor:

I thank Senator Mark Warner for his September 3 statement supporting the deal our government has jointly negotiated with other world powers to curb Iran's nuclear ambitions.

Nothing will be easy going forward with Iran. However, Senator Warner, like nearly 10,000 Virginians whose petitions we presented to him on Aug. 26, has rightly recognized that we must give diplomacy a chance well before force can be considered as a last, necessary choice.

Northern Virginia can be thank-

ful that both our U.S. Senators plus Congressmen like Gerry Connolly and Don Beyer favor pursuing our best available option, which is the negotiated deal on the table, rather than precipitously risk putting our country again down the pathway to unnecessary war. We can only hope many more of their colleagues in Congress will see the logic and morality of this choice.

Govind Nair
Fairfax

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.
Send to:

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Call: 703-917-6444.
By e-mail:
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NEWS

Burke Teen Takes On Education Challenge in Cambodia

The genocide and civil war in Cambodia killed over a million people, many just because they were educated. Since then a new generation is struggling to turn the corner on that legacy as young people all across Cambodia dream of an education. Burke teenager, Melissa Toler, wants to help them do just that. To meet the requirements of a Silver Award for Girl Scouts, Toler is conducting a used book sale Saturday, Sept. 19 at Burke United Methodist Church and will donate the money to scholarships for Cambodian students.

The money will do more than just educate young people. In a country where human trafficking is rampant, education is a means by which girls can stay clear of entrapment.

In Toler's own words, "The money will be used to send children to school who could not go to school otherwise. Here in America, we are promised an education; the children in Cambodia don't have that privilege."

Also at the sale will be Burke children's writer, Natalie Lorenzi, who will be on hand to sell and sign her books. Activities are available for children so that parents are free to browse through the books.

The sale will run from 9 a.m. until 2 p.m. at Burke United Methodist Church, 6200 Burke Centre Park-



Melissa Toler

PHOTO CONTRIBUTED

way, at the corner of Burke Centre Parkway and Burke Lake Road. www.burkeumc.org

Next Police Commission Forum

In an effort to open more opportunities for people around the county to participate and share their views, the Fairfax County Ad Hoc Commission on Police Policies and Practices will hold its next public forum in the Mount Vernon area on Sept. 14 at 7:30 p.m.

The commission wants to hear thoughts, comments and questions from the community regarding policing in Fairfax County. This is a great opportunity for residents to share their experiences and bring new insight and perspective to areas such as use of force, communications, mental health, diversity/recruitment/vetting, and citizen oversight. Community feedback and testimonies will help the Commission shape new policy recommendations for the Fairfax County Police Department.

Fairfax County Board of Supervisors launched the Fairfax County Ad Hoc Police Practices Review Commission in response to public concern over the shooting death of John Geer by a Fairfax

County police officer. On Aug. 17, 2015, former Fairfax County Police officer Adam Torres was charged with the second-degree murder of Geer, who was shot dead in the doorway to his own home on Aug. 29, 2013 after police were called in a domestic dispute. Torres was fired in July 2015, almost two years later.

The commission has been meeting since March as a full commission and five subcommittees. Areas of focus by committee include Use of Force; Communications; Mental Health; Recruitment, Diversity and Vetting; and Independent Investigations and Oversight. The commission is set to report findings and recommendations to the Board of Supervisors on Oct. 20.

FORUM ON POLICE POLICIES AND PRACTICES: Monday, Sept. 14, 7:30 p.m., Walt Whitman Middle School, 2500 Parkers Lane, Alexandria VA 22306.

For more information on the police commission, see <http://www.fairfaxcounty.gov/policecommission/>

FAITH NOTES

In September 2004 **The Church of the Good Shepherd (Episcopal)**, 9350 Braddock Rd., began offering an ESOL (English for Speakers of Other Languages) program to serve members of our community who wish to improve their English skills. Since then, hundreds of students from 5 continents and more than 25 countries have attended morning and evening classes at Good Shepherd. For more infor-

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

mation or to volunteer call the church office at 703-323-5400. Leave your name and contact information and someone will get back to you.

The Church of the Good Shepherd ESOL Fall classes will be held Tuesday, Wednesday, and Thursday from 9:30 – noon and 7-9 p.m., Sept. 22 through Dec. 10.

Registration is scheduled for Thursday, Sept. 10 from 9:30 – 12

and 7-9 p.m. For information call 703-343-5400.

Fairfax Baptist Temple, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or www.fbtministries.org.

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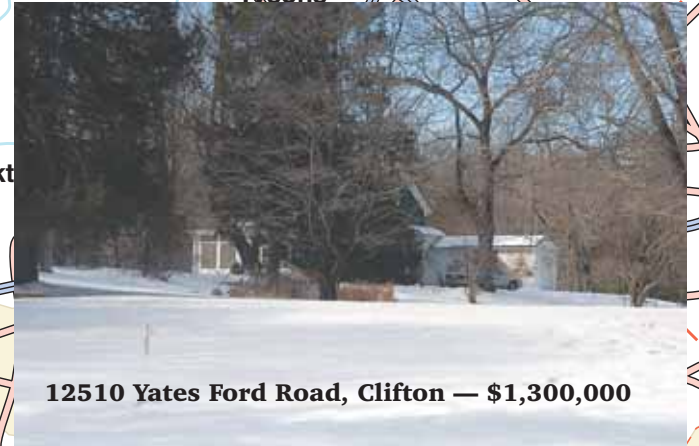
4 15629 Jillians Forest Way, Centreville
— \$1,475,141



6 7063 Balmoral Forest Road, Clifton —
\$1,415,700



9 9407 Old Reserve Way, Fairfax —
\$1,225,000



12 12510 Yates Ford Road, Clifton — \$1,300,000



7 7300 Bull Run Post Office Road,
Centreville — \$1,154,990



13 3423 Preservation Drive, Fairfax
— \$1,252,065

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision	Date Sold
12995 WYCKLAND DR	6	.8	2	CLIFTON	\$2,100,000	Detached	5.00	20124	WYCKLAND	01/16/15
5308 CHANDLEY FARM CIR	5	.4	2	CENTREVILLE	\$1,625,100	Detached	5.00	20120	SULLY ESTATES	05/11/15
6049 RIVER DR	4	.4	1	LORTON	\$1,580,000	Detached	1.03	22079	HALLOWING POINT RIVER	03/20/15
15629 Jillians Forest Way	3	.3	0	CENTREVILLE	\$1,475,141	Detached	0.30	20120	JILLIANS FOREST	03/23/15
3413 MEYER WOODS LN	5	.5	2	FAIRFAX	\$1,456,000	Detached	0.83	22033	OAK HILL RESERVE	05/15/15
7063 BALMORAL FOREST RD	5	.5	3	CLIFTON	\$1,415,700	Detached	3.00	20124	BALMORAL GREENS	01/23/15
6140 DOYLE RD	5	.6	1	CLIFTON	\$1,400,000	Detached	5.00	20124	BRADDOCK WOODS	04/15/15
9752 THORN BUSH DR	5	.4	1	FAIRFAX STATION	\$1,385,000	Detached	5.19	22039	ESTATES AT ROSELAND	04/01/15
11109 DEVEREUX STATION LNE	6	.6	1	FAIRFAX STATION	\$1,332,500	Detached	5.00	22039	DEVEREUX STATION	05/28/15
3403 CEDAR CREST LN	4	.4	2	FAIRFAX	\$1,330,000	Detached	0.83	22033	OAK HILL ESTATES	04/10/15

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HomeLifeStyle

'Remodeled Home Tour'

A 3,700-square-foot, four-bedroom center hall Colonial renovated in phases over nearly two decades will be featured in a "Remodeled Home Tour" sponsored by Sun Design Remodeling. The house, at 1611 Noral Place in Alexandria, is owned by Paul and Laurie Carter. The residence will open to the public Sept. 12, noon-4 p.m.

Purchased by the Carters in 1998, the home has evolved steadily over the years. Originally a production house with builder-grade finishes, the whole house remodel now on display demonstrates the kinds of improvements and upgrades that can occur when owners continue to occupy, modifying the environment to suit evolving interests.

"The ideal of long term ownership is the option to create a home that, over time, becomes more supportive of favored activities and aesthetic preferences," says Bob Gallagher, Sun Design executive vice president. "We are finding this kind of on-going commitment to personalizing a residence much more frequently than in decades past."

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm recently opened a second office in McLean. Call 703-425-5588 or visit www.SunDesignInc.com for more.

— JOHN BYRD



BEFORE: The original kitchen relied on rows of builder-grade cabinets for storage. Eliminating walls initially seemed impossible to Laurie, but custom cabinets by Sun Design's Jeremy Fleming created the opportunity for a wholly different floorplan.

PHOTOS BY GREG HADLEY



AFTER: Paul and Laurie Carter, who remodeled their Alexandria home in several phases over nearly two decades, have made their home available for an "open house" Saturday, Sept. 12. The open kitchen plan (shown) was part of the final phase. Sun Design Remodeling introduced a transitional-style interior design.



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Thinking of Downsizing?

Free seminar will focus on moving to a smaller place without sacrificing style.

BY MARILYN CAMPBELL
THE CONNECTION

Homeowners considering a move from a large home to a smaller dwelling will have an opportunity to receive expert advice on their transition later this month. Representatives from the real estate, moving and home design industries will host a lifestyle seminar to discuss downsizing issues like interior design, organizing and packing.

"The lifestyle seminar will address all aspects of moving and condo living, including what to keep, what to donate and how to decide," said Christine Basso of TTR Sotheby's International Realty. "The experts at Town & Country Movers will discuss ways to make the entire moving process run smoothly from starting early to the most effective ways to pack to determining what goes where."

According to Basso, seminar attendees will also hear from design experts who will offer guidance on personalizing one's living space. They will also give advice on topics such as measuring existing and new furniture for space placement and incorporating an art collection into a home's design.

The seminar will be held Sunday, Sept. 20 from



COURTESY OF TTR SOTHEBY'S INTERNATIONAL REALTY

Representatives from the real estate, moving and home design industries will show homeowners planning to downsize how to do so in style.

Lifestyle Seminar

QUARRY SPRINGS

8101 River Road in Bethesda, Md.
Sept. 20 from 11 a.m. to 1 p.m.

11 a.m. to 1 p.m. at Quarry Springs estate condominiums, located at 8101 River Road in Bethesda, Maryland. The Quarry Springs complex will open later this year.

To RSVP to the free event, contact Christine Basso at 202-302-2508. Visit <http://www.quarrysprings.com> for more information.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

SEPTEMBER

9/23/2015 .. HomeLifeStyle Pullout – Real Estate & New Homes
9/30/2015 Fall Fun, Food, Arts & Entertainment
9/30/2015 Professional Profiles & Your Business in the Community

OCTOBER

10/7/2015 Wellbeing Senior Living Pullout
10/14/2015 HomeLifeStyle
10/21/2015 A+ Camps & Schools
Halloween is October 31
10/28/2015 Election Preview

NOVEMBER

11/4/2015 Wellbeing
11/11/2015 HomeLifeStyle
11/18/2015 A+ Camps & Schools
11/19/2015 Holiday Entertainment & Gift Guide I
Thanksgiving is November 26
11/25/2015 Celebrating Gratitude, Thanksgiving

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PHOTO COURTESY OF GEORGE MASON UNIVERSITY

George Mason University ARTS by George! venue, de Laski Performing Arts Building.

“ARTS by George!” Gala Features Broadway Superstar Bernadette Peters

BY DAVID SIEGEL
THE CONNECTION

“There is nothing like it anywhere else in the region,” said Rick Davis, dean, George Mason University, College of Visual and Performing Arts describing the upcoming ARTS by George! Gala evening.

With great art, great student performances, and “a headliner performance in the Concert Hall by one of the great musical theater artists of our time, Bernadette Peters, there is nothing like it anywhere else in the region,” added Davis.

The Gala funds scholarships and provides enhanced funding for the entire Great Performances season at Mason; full of eye-opening entertainment and inspiration for audiences.

“ARTS by George! scholarships help Mason students create as they learn,” said Angel Cabrera, Mason president. “These students flourish at Mason and go on to contribute to their field nationally and internationally.”

This year’s event is co-chaired by Joseph Catalano, vice president of Sandy Spring Bank. Catalano noted that “ARTS by George!” is “a big part of the fabric of Northern Virginia, providing not only an opportunity for people to see the treasure we have in Mason but for our very talented, dedicated students to perform before audiences in a special evening.” He invited first-timers to join the festivities.

The funds raised for scholarships give Mason students opportunities that might not be otherwise available. “The scholarship made my return to school possible for my degree in arts management,” said graduate student Megan Merchant. “I have received practical experiences and an understanding of what

Where and When

“ARTS by George!” at George Mason University, 4400 University Drive, Fairfax. Gala is Sept. 26, starting at 5 p.m. Events and performances at Center for the Arts and de Laski Performing Arts Building and the “ARTS by George!” tent located next to the performing arts building. Tickets for “ARTS by George!” (includes student showcases, food, beverages, Bernadette Peters gala concert; with champagne and dessert reception onstage) are \$250/person. Call 703-993-4188 or visit www.artsbygeorge.gmu.edu to order tickets and/or inquire about sponsorship opportunities and benefits. Tickets only for the performance by Bernadette Peters in the Concert Hall are \$60-\$100. Visit www.cfa.gmu.edu or call 703-993-2797.

“ARTS by George!” Schedule

- 5 -7:30 p.m. - Showcases in visual arts, music, dance, theater, computer game design, film and video studies, arts management throughout the de Laski Performing Arts Building.
- 5 - 7:30 p.m. - Creative cuisine and fine wine bars
- 5 - 7:30 p.m. - Silent auction of unique arts-related items and experiences
- 8 p.m. - Concert Hall performance by Bernadette Peters
- 9:45 p.m. - Champagne and dessert reception with Bernadette Peters

leadership in the arts requires,” noted Merchant. In an interview, multi-Tony Award recipient Bernadette Peters spoke of the importance and value of supporting the arts and students through events such as “ARTS by George!”

“We want to encourage young people to be creative.” She promised “an evening’s journey to be entertained” as she “expresses the emotions in each song; capturing the moment” with a wide range of numbers written by Rodgers and Hammerstein, Stephen Sondheim and many more. And perhaps some unexpected sultry songs that will flood the audience with fond memories.

Peters will be accompanied by members of the renowned U.S. Marine Band for some of her numbers. Peters may also chat about matters beyond music. She is an author of children’s books including the recent “Stella and Charlie: Friends Forever,” a tale about two shelter dogs who become “BFFs.”



PHOTO BY ANDREW ECCLES

Bernadette Peters



PHOTO COURTESY OF JEANNIE WINSLOW, BURKE CENTRE FESTIVAL

The 38th Annual Burke Centre Festival will take place Sept. 12-13 to celebrate the spirit of the community with rides, activities and live entertainment for all ages to enjoy.

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper’s publication. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/AUG. 1 - SUNDAY/SEPT. 13 Annual Workhouse Clay National Ceramics Exhibition. Workhouse Arts Center, W-16 Vulcan Gallery, 9518 Workhouse Way, Lorton. This exhibition represents the depth and breadth of contemporary functional and sculptural ceramic artworks being created throughout the country. Visit <http://www.workhousearts.org/events/visual-arts/workhouse-clay-national-2015>.

one-on-one with instructors as well as explore the campus. Young attendees will enjoy face painting, balloons and cotton candy. And as a bonus, interested students can take advantage of a 10 percent discount on tuition on a weekly class of their choice.

Rummage Sale Fundraiser. 8 a.m. - 2 p.m. Daniels Run Elementary School, 3705 Lee Highway, Fairfax. Multi-family rummage sale fundraiser to benefit the Fairfax High School Crew Team.

Lorton’s Fall Festival. 11 a.m. Lorton Station Town Center, 8998 Lorton Station Blvd., Lorton. Enjoy a magic booth, pumpkin painting, photo booth, games, prizes and more. Visit www.lortonstationtowncenter.com/calendar-of-events.html for more.

Burke Farmers Market. 8 a.m.-noon. Saturdays, May 2-Nov. 21. 5671 Roberts Parkway, Burke. www.fairfaxcounty.gov/parks/farmersmarkets/burkemkt.htm

Springfield Farmers Market. 10 a.m.-2 p.m. Springfield Town Center, 6699 Spring Mall Drive, Springfield. www.smartmarkets.org.

SATURDAY-SUNDAY/ SEPT. 12-13 38th Annual Burke Centre Festival. Saturday, 9:30 a.m.-5 p.m. Sunday, 10 a.m.-5 p.m. 6060 Burke Centre Parkway, Burke. Burke Centre’s signature event, which celebrates the spirit of the community each year with rides, activities and live entertainment for all ages to enjoy. Visit www.burkecentreweb.com and click on Festival.

THURSDAY/SEPT. 10

Storytime Yoga. 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Stories, stretching and simple yoga poses. Bring a mat or towel and wear comfortable clothing.

Toddler Time. 10:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Stories, songs, and activities. Library staff share with children a love for books, and parents learn to cultivate early literacy skills. Age 2-3 with adult.

FRIDAY/SEPT. 11

S.T.E.A.M Storytime. 2 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Science, Technology, Engineering, Art, and Math (STEAM). Each month focus on one of these subjects with stories and activities appropriate for preschoolers. Age 4-5 with adult.

SATURDAY/SEPT. 12

Oktoberfest Volksmarch. 8 a.m. - 3 p.m. Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. A volksmarch, literally translated “people’s walk,” is a leisurely walk through a scenic, historic, interesting area over a pre-determined route. The free walk passes through lush forests and around Burke Lake. Choose from a five or 10-kilometer route (three or six miles) and walk, jog or run at your own pace. German food and drinks will be available to purchase, and the Kings Park German Band will play from 11:30 a.m. to 12:30 p.m.

Workhouse Education Open House. 12-3 p.m. Workhouse Arts Center, 9601 Ox Road, Lorton. Demos, hands-on workshops, opportunities to talk

TUESDAY/SEPT. 15

Tai Chi. 10 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Come experience the benefits of Tai Chi led by Dante Gilmer of Still Water Tai Chi Center. Wear comfortable clothes that allow movement. Adult.

Toddler Time. 10:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Stories, songs, and activities. Library staff share with children a love for books, and parents learn to cultivate early literacy skills. Age 2-3 with adult.

SEE CALENDAR, PAGE 11

CALENDAR

FROM PAGE 4

WEDNESDAY/SEPT. 16

PJ Library Book Buddies. 10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Hear selections from the PJ Library and make a craft to take home. PJ Library provides families with a free treasury of Jewish books and music each month. Age 6 months to 5 years.

Multicultural Craft Workshop. 4 p.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Create a craft from another country. Age 6-12.

THURSDAY/SEPT. 17

Magic Tree House Club. 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Read and talk about Tigers at Twilight, number 19 in the series. Having used their magic tree house to travel to India, where they must get a gift to help free the dog Teddy from a spell.

Mother Goose Storytime. 10:30 a.m. City of Fairfax Regional Library, 10360 North Street, Fairfax. Come enjoy stories, songs and fingerplays and lay a foundation of early literacy skills for your baby. Birth to 23 months with adult.

FRIDAY/SEPT. 18

Best of FAVS Showcase. 3 p.m. Harris Theatre, George Mason University, 4400 University Drive, Fairfax. The Best of FAVS Showcase will be highlighting award winning student films.

Alphabet Soup. 10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Join for stories and activities about letters in the alphabet. Ages 3-5 with adult.

SATURDAY/SEPT. 19

Mosby Fall Bus Tour. 8 a.m. 10520 Main Street, Fairfax. Visit the Hibbs Bridge, North Fork Church (the formation of Company H), the scene of the Harmony Fight in Hamilton, Ebenezer Church and Harry Hatcher's House. To sign-up for the tour call Don Hakenson at 703-971-4984 or email: dhakenson@verizon.net.

Fairfax County NAACP Freedom Fund Awards Banquet. 1-5 p.m. Waterford Springfield, 6715 Commerce Street, Springfield. Eric Broyles, co-author of "Encounters with the Police: A Black Man's Guide to Surviva" will be the event speaker. There will be book signing and books available for purchase. See the author discussing his book in a TV interview. The rest of the evening enjoy the silent auction, cash bar, door prizes and great speakers. Buy your tickets today and become a sponsor at www.fairfaxnaacp.org.

Fashion Show. 2-4 p.m. The Country Club of Fairfax, 5110 Ox Road, Fairfax. Fashion show, silent auction and dessert. A Gogo Grandmothers benefit helping African grandmothers raising orphans of AIDS. Fashions by Stein Mart. \$15. To register go to burkecommunity.com/adults/women.

Children's Book Sale. 10 a.m. - 3 p.m. Fairfax City Regional Library, 10360 North Street, Fairfax. Thousands of gently-read books and nonbook media organized into categories including picture books, early readers, nonfiction, holiday, chapter books and more.

SUNDAY/SEPT. 20

Doggie Splashdown. 7 p.m. Fairfax Swimming Pool, 4200 Roberts Road, Fairfax. Bring your canine for a chance to romp in the pool. A \$5 cash donation per dog is suggested, with all proceeds going to the Humane Society of Fairfax County.

MONDAY/SEPT. 21

Small Wonders. 11 a.m. Lorton Library, 9520 Richmond Highway, Lorton. Stories, songs and finger play. Age 12-23 months.

PJ Library Book Buddies. 10:30 a.m. City of Fairfax Library, 10360 North Street, Fairfax. Enjoy Jewish storybooks from the PJ Library and make a craft.

TUESDAY/SEPT. 22

Tai Chi. 10 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Come experience the benefits of Tai Chi led by Dante Gilmer of Still Water Tai Chi Center. Wear comfortable clothes that allow movement. Adult.

Storytime at Old Town Square. 10:30 a.m. City of Fairfax Library, 10360 North Street, Fairfax. Come across the street to Old Town Square to hear some stories, weather permitting. Age 2-5 with adult.

WEDNESDAY/SEPT. 23

What's in the Sky? 11 a.m. Lorton Library, 9520 Richmond Highway, Lorton. Stories, songs and finger play. Age 3-5 with adult.

Tales to Tails. 4:30 p.m. City of Fairfax Library, 10360 North Street, Fairfax. Children ages 6-12 read to a trained therapy dog. With adult.

THURSDAY-SATURDAY/SEPT. 24-26

Children's Book Sale. 6 p.m. Thursday-2 p.m. on Saturday. Richard Byrd Library, 7250 Commerce Street, Springfield. Children's books of all ages will be available to purchase.

CAREGIVER SEMINARS

Fairfax County Offers *Free* Caregiver Seminars: Legal Tools for Caregivers – WEBINAR, Oct. 7, Noon-1 p.m. **Learn about durable power of attorney, trusts, guardianship, and advanced medical directives. Presented by Edward Zetlin, Edward Zetlin Law. Register at www.fairfaxcounty.gov/olderadults and click on Caregiver Seminars. Call 703-324-5484, TTY 711.**

Hospitalization Happens: A Challenge for Caregivers, Oct. 8, 3-4 p.m. **A trip to the hospital may be confusing to the patient with dementia and the caregiver. Join us to discuss ways you can relieve some of this stress. Insight Memory Care Center, 3953 Pender Dr., Ste. 100, Fairfax. Register at www.fairfaxcounty.gov/olderadults and click on Caregiver Seminars. Call 703-324-5484, TTY 711.**

Caregiver Stress and Healthy Living, Oct. 22, 7-8:30 p.m. **Centreville Regional Library, 14200 St. Germain Dr., Centreville. Register at www.fairfaxcounty.gov/olderadults and click on Caregiver Seminars. Call 703-324-5484, TTY 711.**

Understanding and Caring for a Person with Dementia, Oct. 27, 7-8:30 p.m. **This class will discuss the different types of dementia, common behaviors, the reasons for troubling behaviors, communication techniques, and services available for caregivers. Hollin Hall Senior Center, 1500 Shenandoah Rd., Alexandria. Register at www.fairfaxcounty.gov/olderadults and click on Caregiver Seminars. Call 703-324-5484, TTY 711.**

Register at www.fairfaxcounty.gov/olderadults and click on Caregiver Seminars. Call 703-324-5484, TTY 711.

Hiring In-Home Care – WEBINAR, Oct. 28, Noon-1 p.m. **Learn what to consider before hiring an independent aide or agency provider. Join us without having to travel. Register at www.fairfaxcounty.gov/olderadults and click on Caregiver Seminars. Call 703-324-5484, TTY 711.**

Fairfax County Offers *Free* Chronic Disease Self-Management Programs:

Chronic Disease Self-Management Workshop, Oct. 5-Nov. 9 (Mondays), 10 a.m.-Noon. **Calvary Hill Baptist Church, 9301 Little River Tnpk., Fairfax. To register, go to www.fairfaxcounty.gov/dfs/olderadultservices/chronic-disease.htm or call 703-324-5489, TTY 711.**

Diabetes Self-Management Workshop, Oct. 7-Nov. 11 (Wednesdays), 10 a.m.-Noon **at Bruen Chapel UMC, 3035 Cedar Ln., Fairfax. To register, go to www.fairfaxcounty.gov/dfs/olderadultservices/chronic-disease.htm or call 703-324-5489, TTY 711.**

Chronic Disease Self-Management Workshop, Oct. 9-Nov. 13 (Fridays), 10 a.m.-Noon. **Our Lady of Good Council Catholic Church, 8601 Wolftrap Rd., Vienna. To register, go to www.fairfaxcounty.gov/dfs/olderadultservices/chronic-disease.htm or call 703-324-5489, TTY 711.**

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West Springfield quarterback Peter Muskett threw four touchdown passes and ran for a score during the Spartans' 35-28 win over Robinson on Sept. 4.



West Springfield receiver Daniel Adu caught two touchdown passes against Robinson on Friday.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Muskett Leads West Springfield to Season-Opening Win Over Robinson

Junior quarterback throws four touchdown passes, rushes for one.

BY JON ROETMAN
THE CONNECTION

With the score tied and 1:17 remaining in the fourth quarter of Friday's contest against Robinson, West Springfield quarterback Peter Muskett took the shotgun snap and headed around left end.

Moments later, the Spartan signal caller was sprinting down the sideline, turning a decent gain into a game-winning touchdown, putting the finishing touch on a fantastic season-opening effort.

Moments after Robinson tied the score, Muskett turned a quarterback trap play into a 55-yard touchdown, propelling the Spartans to a 35-28 victory on Sept. 4 at West Springfield High School. The junior and second-year varsity starter played a role in each of the Spartans' five touchdowns, leading West Springfield to its first season-opening win since 2012.

"He's a stud and he's only going to get better," third-year head coach Jason Eldredge said. "As soon as he actually starts reading the field, he's really going to be a scary football player."

Muskett took over as West Springfield's starting quarterback early in his sophomore season and led the Spartans to a share of the 2014 Conference 7 championship. West Springfield defeated Washington-Lee in the opening round of the 6A North playoffs before suffering a 27-24 season-ending loss to Lake Braddock in the quarterfinals.

THIS SEASON, West Springfield returns nine starters on offense and retained offensive coordinator Anthony Parker, bringing



Robinson running back Dajon Lee rushed for 119 yards and a touchdown against West Springfield on Friday.

continuity to that side of the ball while helping Muskett grow as a quarterback.

"The continuity thing is priceless," Eldredge said. "Unfortunately, one of [Muskett's] weaknesses early on is his ability to read and make quick decisions. That he's overcoming now, as you can see. Obviously, the physical gifts he brings to the table [are] something special, but at that position it's your mind that has to be just as sharp. Being in the same offense one year to the next is a huge help to that."

Muskett completed 11 of 18 passes for 287 yards and four touchdowns, with one interception against Robinson. He also carried 19 times for 130 yards and a score.

"I feel a lot more confident and we're clicking easier," Muskett said about his second season as a varsity starter, "and it's just completely different from last year."

Muskett connected with sophomore Jordan Hughes for a 57-yard touchdown late in the fourth quarter, extending West Springfield's lead to 28-20 with 2:49 re-

maining. Robinson responded with a six-play, 60-yard drive, capped by quarterback Alex Miller's 1-yard sneak for a touchdown. Senior running back Sean Foncha reached the ball out and broke the plane of the goal line on the ensuing two-point conversion attempt, tying the score at 28 with 1:26 remaining.

Muskett would score the game-winning touchdown on the first play of West Springfield's ensuing drive.

"He's much faster," senior left tackle Brock Vaughn said about Muskett, who increased his speed by running track. "... When he gets in the open field ... he's just gone."

After West Springfield and Robinson traded punts for much of the first quarter, Muskett gave the Spartans a 7-0 lead with a 94-yard touchdown pass to junior Daniel Adu with 1:38 remaining in the opening quarter.

Robinson led 14-7 late in the third quarter, when Muskett connected with senior Darean Robertson for a game-tying 48-yard

touchdown.

On West Springfield's next possession, Muskett again found Adu, this time for a 26-yard score, giving the Spartans a 21-14 advantage.

"Honestly, [Muskett] put the team on his shoulders and when we needed it, he responded," Eldredge said. "That's the character of that kid. He works his tail off in the offseason. For him to do what he did today, he's a stud."

Foncha scored on a 17-yard run with 7:08 remaining in the fourth quarter, diving into the end zone to cut West Springfield's lead to one. The Spartans blocked the Rams' ensuing extra-point attempt and maintained the lead at 21-20.

Foncha carried 16 times for 89 yards and one touchdown. Senior running back Dajon Lee led Robinson with 119 yards on 16 carries. His 7-yard touchdown run with 2:41 left in the second quarter tied the score at 7.

Miller completed 4 of 10 passes for 47 yards and a touchdown.

FOR WEST SPRINGFIELD, Adu finished with four receptions for 143 yards and two touchdowns. Hughes had four catches for 68 yards and a score.

"[Our] ultimate goal is [a] state championship, but we view anything less than our 9-3 record last year as a disappointment," Muskett said. "We want to match that and surpass it."

West Springfield (1-0) will open conference play on the road against Mount Vernon (1-0) at 7 p.m. on Friday, Sept. 11. Robinson (0-1) will host Woodson (0-1) at 7 p.m.

"We had injuries," Eldredge said. "We were down to our last guys — we had a JV linebacker crew out there in the fourth quarter — so to me, we gutted it out. The irony of that is the way we lost our season last year, on the 1-yard line in the quarterfinal against Braddock with 1 second to go, for us to come out and win in the last seconds, means that maybe we've grown up a little bit."

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21 Announcements

LEGAL NOTICE
Complaint For Absolute Divorce of Willie Gray Ward and Qwendolyn Branch Ward Issued at the State Of North Carolina In The General Court Of Justice District Court Division File No. 12CVD1715 10/24/12. Address and Phone number as followed.

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Indoor Yard Sale. 9 a.m. - 2 p.m. West Springfield High School - Cafeteria (Door 10), 6100 Rolling Road, Springfield. Massive indoor yard sale to benefit West Springfield High School's award-winning Spartan Theatre Company. Clothes, housewares, toys, games, books, DVDs and more for sale.

Willie Gray Ward
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TUESDAY/SEPT. 15
Wakefield Chorale Singing Group. 7:30-9:30 p.m. United Baptist Church, 7100 Columbia Pike, Annandale. Love to sing? Come join the Wakefield Chorale — a group of local men and women who enjoy singing. Practices begin Sept. 15. No audition required. Join for good music, fun and friends. For more information, please call Susan at 703-255-3489 or Johanna at 703-569-0214.

WEDNESDAY/SEPT. 16
Financial Considerations for Caregiving. 1:30 pm. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. The financial costs of long term care and long term caregiving are enormous. Explore some of your options for this important aspect of caregiving. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

FRIDAY/SEPT. 18
Prospective Members Meeting. 7 p.m. GlowGolf, 8430 Old Keene Mill Court, Springfield. All members of the community age 18 or older are invited to attend these events; children are also welcome when accompanied by a parent or guardian. Kiwanis International is a global organization of members dedicated to serving the children of the world. Kiwanis and its family of clubs at all age levels — nearly 600,000 members strong—annually raise more than \$100 million and dedicate more than 18 million volunteer hours to strengthen communities and serve children.

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Zone 4: Centre View North
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Zone 5: The Potomac Almanac

Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

SUNDAY/SEPT. 20
The 32nd Annual Infant Toddler Family Day Care Provider Appreciation Celebration. 1-3 p.m. PJ Skidoos Restaurant, 9908 Fairfax Blvd., Fairfax. Infant Toddler Family Day Care (ITFDC), a non-profit organization providing child care resource and referral services in Northern Virginia, will celebrate its 32nd anniversary. ITFDC services and supports early child care educators who provide high quality child care throughout Northern Virginia.

FRIDAY-SATURDAY/SEPT. 25-26
Children's Consignment Sale. Friday: 9 a.m. - 8 p.m. Saturday: 9 a.m. - 12 p.m. Cameron United Methodist Church, 3130 Franconia Road, Alexandria. Children's clothing and toys in good condition available for purchase.

SATURDAY/SEPT. 26
Community Coffee House. 6-9 p.m. The Historic Sydenstricker Schoolhouse, 8511 Hooes Road, Springfield. Community coffee house, benefiting the Historic Sydenstricker Schoolhouse featuring live music, coffee and baked goods donated by members of the community and local businesses. Donations appreciated.

ONGOING
Run/Walk/Ride Group. Every Saturday in August at 6:45 a.m. at 6951 Spaniel Road. Whether you walk, run or ride, come out and enjoy the fellowship and the time for personal fitness with conversation along the way. Feel free to invite a friend. For questions or to lend a hand with future Run/Walk/Ride dates, please contact Amy Poe at thepoes1@cox.net or 703-975-3209.



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Reston \$619,000
Beautiful main level master, spectacular end unit on premium lot, freshly painted, beautiful

hardwood floors, gourmet kitchen, stainless steel appliances with granite counters, rec. room, large deck, in a park-like setting, 2-car garage, close to pools, tennis, picnic pavilion, walking paths and Reston Town Center. Must See!!



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Falls Church \$515,000
Charming Updated Cape Cod—Great Location Inside Beltway. 5 BR, 3 BA, 3 Finished Lvl's. 0.30 ac usable lot. From Roof to HVAC, refinished gleaming Hardwoods, Recent appliances, Cute as can be. READY for a new Owner. Open any time by appointment - Kay Hart 703-217-8444. Agent bonus.

Falls Church \$224,900
2 BR Condo at Skyline Square Near Mark Center. With covered parking space close to elevators. A very well-maintained Condo with Pool, Exercise Rm, Secure Parking and Reception. Spacious Unit with view to trees from balcony. Call Kay for App't 703-503-1860



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Burke Must See Property!! \$799,900
Fabulous Contemporary - Open, Bright Floor Plan
Huge 4 Bedrooms - 3 1/2 Baths Beauty - Hdwd Flrs Main Level
Elevator from garage to Main Level - Deck - 2 Fireplaces
Gourmet Kitchen w/all the Bells & Whistles
Lower Level apartment w/own entrance
Call Sheila Adams for private tour 703-503-1895.

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Woodbridge \$500,000
Stylish Updates
Beautiful 4 BR, 3.5 BA home w/open flrpln. New HW floors on ML. Gourmet Kit w/SS appliances. Gas FP. Fin. Rec Rm w/WO from Lower Level. Backs to Trees.



Richard Esposito
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Centreville \$749,000
This spacious colonial has 3 finished levels, 4 bedrooms, and 3 1/2 baths. Gourmet kitchen, master suite is more of a spa and walk up lower level.

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Fairfax Station \$965,000
New England charm and Southern hospitality seamlessly blend in Glenver-dant. A home made for enjoying and entertaining complete with updated kitchen and spacious breakfast area nicely located by a wood burning fireplace. Room through over 5500 square feet including a sunroom and finished basement that offers a full kitchen. The upper level has four large bedrooms and three full baths plus a family den and attic playroom. The exterior features five acres, an inground pool as well as a four stall barn for horse lovers.

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