



### First Day of School

Hollin Meadows Elementary School music teacher Brian Welfle greets families and helped them cross the parking lot safely.



Hollin Meadows' Assistant Principal Kathleen Sain and teacher Joshua Rocheh welcomed each student getting off the school bus.



Maria P. Rivas was one of many parents who walked with their children on this first day of school. Her son Adiel was eager to get to his classroom.



Staff at Hollin Meadows Elementary School greeted arriving parents and students. Sept. 8 marked the beginning of the new school year for students attending Fairfax County Public Schools.

PHOTO BY  
RENÉE RUGGLES  
THE GAZETTE

## No Criminal Charges In McKenna Death

Commonwealth's Attorney describes death as a "tragedy."

BY TIM PETERSON  
THE GAZETTE

Tasers did not directly cause Natasha McKenna's death, nor are any of the Fairfax County Sheriff's Office deputies involved with the case being charged with a crime. Those are the positions announced Tuesday, Sept. 8 by Commonwealth's Attorney Raymond F. Morrogh.

Morrogh spoke in the late afternoon at a press conference outside the Fairfax Courthouse.

"Nobody is disputing the death of Natasha McKenna was indeed a tragedy," Morrogh said.

McKenna was a 37-year-old woman with a history of mental illness including schizophrenia, bipolar disorder and depression. On Feb. 8, McKenna died while in custody of the Sheriff's Office.

Days before, Sheriff's deputies had been attempting to move her from a cell to transportation to the City of Alexandria, where there was a felony warrant issued for her arrest.

During the attempted transport, McKenna was combative, spit and kicked, according to a 51-page report Morrogh released Tuesday. The deputies, having difficulty restraining her, repeatedly used a conducted energy weapon, also referred to as a Taser, in an attempt to subdue her.

The April 28 Office of the Medical Examiner autopsy report for McKenna concluded her cause of death was "excited delirium associated with physical restraint including use of conducted energy device" and that the cause was an accident with contributing factors being the schizophrenia and bipolar disorder.

"The fact she was struggling



PHOTO BY TIM PETERSON/THE GAZETTE

Commonwealth's Attorney Raymond F. Morrogh (left) announced his view Tuesday, Sept. 8 that none of the Sheriff's department deputies involved with restraining dead inmate Natasha McKenna during a transport procedure had committed a crime.

might not be a conscious decision on her part," Morrogh said, adding that people's actions while dealing with these disorders "are no fault of their own."

Pete Earley of Fairfax, a mental health advocate, author and member of the Fairfax County police practices review ad hoc commission, said, "I'm glad [Morrogh] recognizes the illness. What I don't understand is why didn't they back up? They had held that woman in the cell for day after day, why was it so important at that moment to move her?"

After first reading Morrogh's report, Earley, whose son suffered a mental break in 2002 and now works as part of the Fairfax County jail diversion team for people with

SEE MORROGH, PAGE 11

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**Alexandria** **\$935,000**

Spacious Colonial in cozy cul-de-sac. Updated kitchen and baths. 5 bedrooms and 3.5 baths with a fully finished walkout basement. High ceilings, hardwood floors, bay window, large Master suite with sitting room and private bath. Great yard! 403lelicott.mceneaney.com

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**Beverley Hills** **\$759,000**

Fabulous home in Beverley Hills with curb appeal galore and an inviting back yard! It features a large living room with a fireplace and gracious dining room for entertaining, 3 bedrooms, 2.5 baths, warm hardwood floors, crown molding, a nicely finished basement and so much more!!

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**Old Town** **\$1,275,000**

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**Accokeek, MD** **\$729,000**

BIG Price reduction on this charming, historic 10+ acre estate! The main house, built in 1800, has 4 bedrooms, 3 bathrooms and 5 fireplaces. Private all-weather sun room, 1-bed/1-bath guest house, gorgeous outdoor patios, & landscaped gardens! Minutes to DC & Old Town! 315 Farmhouse Rd.

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www.MikeMakris.com

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**Kingstowne** **\$579,999**

Inviting townhouse in Kingstowne! Fresh paint, new carpet. Kitchen has 42-inch cabinets, tile backsplash and tri-panel window. Spacious master suite bath with dual sinks, jetted tub, separate shower. Fully finished rec room with hardwoods & full bath. 6442 Sutcliffe Drive

**Kristie Zimmerman**

703.786.6155  
www.Kristieismyagent.com



**Old Town/  
Cameron Mews**  
**\$1,125,000**

Located near the waterfront, this brick end townhouse has a spacious floor plan with 4 bedrooms and 3.5 baths. Crown moulding and hardwood floors plus built-in cabinets and shelves complement each room. Plenty of storage and off-street parking! 101 Cameron Mews

**Cecily Winchell**

703.851.9292  
www.cecilywinchell.com



**Del Ray**  
**\$599,900**

2-bedroom, 2.5-bath Del Ray townhouse. Bright and open space! Updated and expanded kitchen. Finished lower level with bathroom perfect for family room or third bedroom. Deck off kitchen with deep fenced yard and off-street parking. Walk to "The Avenue" & Metro. 224 E Nelson Ave.

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www.JenWalker.com



**Old Town Village**  
**\$830,000**

Exceptional house with neighborhood amenities. Rarely available Emerson model in a gorgeous landscaped courtyard that shows like a model! 3 bedrooms, 3.5 baths, gleaming hardwood floors, chef's kitchen, gas fireplace, deep crown molding, huge entertaining deck, garage, and more. Enjoy a quiet haven in the midst of active and exciting Old Town! 1216 Roundhouse Lane

**Mary Farrell**

703.969.5522  
www.ChooseMary.com

# Gary Sinise Foundation Hosts Invincible Spirit Festival



More than 6,000 troops and families gathered at Fort Belvoir on Sept. 3 to enjoy the Invincible Spirit Festival put on by the Gary Sinise Foundation.



During the concert, Gary Sinise interacted with the audience. After a few songs, he invited the children to join him onstage.



Pam Horton (right), director of USO Warrior and Family Centers, welcomes everyone to the festival. The USO served as co-host. She was joined by Gary Sinise Foundation Ambassadors, Captain Woody Woodall (Fire Department, Ret.) and Captain Leslie Smith (U.S. Army, Ret.) with her service dog, Isaac.

PHOTOS BY  
RENÉE RUGGLES  
THE GAZETTE



Dan Myers (left) and Levi Britton, front men for the band Stolen Silver, opened for the Lt. Dan Band. Myers is also a member of the Lt. Dan Band.



Fort Belvoir Garrison Commander, Col. Michelle D. Mitchell, introduces Gary Sinise. Fort Belvoir, along with the USO, served as co-host to the Gary Sinise Foundation, who brought its Invincible Spirit Festival to entertain the troops and their families. Also, on stage, was the foundation's ambassador, Capt. Leslie Smith (U.S. Army, Ret.) and her service dog, Isaac.



During the Wing Eating Contest, Chef Robert Irvine made the audience laugh when he dumped his wings on the plate of the contestant who was in the lead. The sailor was called onstage and presented with prizes and more of Irvine's mischief.

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## Alexandria/Chapel Hill \$1,599,000

**1120 Key Drive.** Fabulous 7 bedroom, 5.5 + .5 bath custom home with approx. 7,000 sq. ft. of living space on 1/2 an acre with a 3 car garage! Impressive 3 story field stone fireplace in the living room, spacious gourmet kitchen with adjoining family room and breakfast room. Master suite with soaring ceiling and luxury bath. Screened-in porch, large deck and sports court. Quiet dead-end street steps to Chinquapin Park. *Christine Garner*



## Alexandria \$1,049,000

**Near the Seminary.** Sensational all-brick home boasting 2-car garage, 4 bedrooms and 2.5 baths. Located on the quiet cul-de-sac at Walleston Court, not far from King Street Metro. Two fireplaces. Enjoy cool autumn evenings on private deck surrounded by parkland.

*Diann Hicks-Carlson*  
703-628-2440



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## Alexandria \$839,000

**1307 Kingston Ave.** Gracious home on sought-after Kingston Ave on nearly 1/2 acre of land. 4 BR/3 BA, 4 lvl split with large rooms and great flow. Refinished hardwoods throughout upper and main floor, new carpet in spacious LL family room, 2 fireplaces. Updated kitchen and bathrooms, fully fenced backyard. Large partially finished basement with plenty of storage. Move-in ready or plenty of room for expansion. *Ana Rivas Beck 703-772-3526 • Melissa Schultz 703-407-5847*



## NEW LISTING

## S. Alexandria \$629,000

**1203 Falster Rd.** Stunning & spacious home in Waynewood School district, near running path, Fort Belvoir & Old Town. Loads of built-in storage for cookware, toys, and hobbies. Flexible open floor plan offers entertaining options – easily host seated dinners for 2-20. Plus .43 acre lot – backyard is large flat grassy play area & custom stone, granite and firebrick outdoor oven near masonry patio and 12'x12' shed. Hurry. *Greg Koons 703-209-7678 & Joni Koons 703-209-7277*



## Old Town \$1,190,000

**407 South Union St.** Elegant 4 bedroom, 3.5 bath brick townhouse just 1 block from the river and Lee St. Park! Formal living room and dining room with fireplace. Gourmet kitchen with adjoining family room. Master suite with vaulted ceilings & Juliette balcony. Beautifully renovated baths and kitchen with wood floors throughout.

*Christine Garner*  
703-587-4855



## UNDER CONTRACT

## Alexandria/Colonial Heights \$459,900

**28 Carriage House Circle.** Enjoy inside-the-Beltway living in a bright, brick end unit updated townhome. Conveniently located near the center of Old Town Alexandria. Less than 2 miles to Metro rail with express bus service at community entrance. Beautiful hardwood floors on all 3 levels. Updated kitchen with additional cabinet and table space. Fenced yard with private stone patio backing to wooded area.

*Mary Smith*  
703-626-9207



## Alexandria/Saucon Valley Ct \$429,900

**4505 Saucon Valley Ct.** Must see this stunning open & light-filled town home w/3 finished levels & walk-out basement! Open kitchen, dining & living area. Freshly stained deck w/stairs leading to lower level fenced-in yard. Master bedroom w/attached bath upstairs & 2 bedrooms & 1 full bath. Hardwood floors on main & upper level & partial in basement. Finished basement w/fireplace, rec room, den/office, Home Warranty! *Maren Seubert 703-835-2580*



## PRICE REDUCED

## Alexandria/Village at Gum Springs \$359,000

**3015 Colonial Springs Ct.** 4-level Town House in Sought-after Alexandria Area! Great neighborhood, walk to shopping, restaurants and much more. Steps to the Metro Bus. Gorgeous updated Master Bathroom. Eat-in Kitchen, 3 bedrooms, 2 1/2 bathrooms. Hardwood floors and ceramic tiles. Deck off the kitchen. Seller is Motivated!

*Chris Salvatore*  
757-630-6688



## COMING SOON

## Alexandria/Del Ray

**3 E. Nelson Avenue.** Stunning historic Del Ray home features four bedrooms, three full bathrooms, formal dining room, spacious great room and large detached garage with loft space and kitchenette. Driveway provides convenient offstreet parking. Short stroll to Braddock metro station and shops, restaurants and farmers market on Mount Vernon Ave. *www.homesofalexandria.com*  
*Bobi Bomar 703-927-2213 • Ellen Hunt 703-328-9430*



## OPEN SUNDAY 2-4

## Old Town \$1,125,000

**400 Madison St. #1909.** SE corner. Meticulously renovated, 2 bedroom, 2 bathroom, 2 garage spaces. All rooms are sun-drenched with floor-to-ceiling windows/doors to the 81 ft. balcony. 24 hour concierge, roof pool – so many amenities.

*Lib Willey*  
703-362-7206

## PRICE ADJUSTMENT



## PRICE ADJUSTMENT

## Old Town \$775,000

**400 Madison St. #2003.** 2 bedroom, 2 bathroom with South/West views. Views of the Potomac and Old Town sunrise/sunset. Garage parking and storage. 24-hour concierge security, roof pool – so many amenities!

*Lib Willey*  
703-362-7206

## OPEN SUNDAY 2-4



## COMING SOON

## Kingstowne \$335,000

**5938 Kimberly Anne Way.** Beautiful town house only about one mile to Van Dorn metro. Private view of nothing but trees from the balcony. Open concept with kitchen open to family, dining and living room. Updated kitchen and baths – better than new! 2-level, 2 bedroom, 2.5 bath – lots of storage.

*Julie Hall*  
703-786-3634

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Mount Vernon chapter of Quilters Unlimited of Northern Virginia donated blankets and quilts to United Community Ministries on Sept. 2. Above are Jeanne Farmer, chair of community service/charity projects, along with Dianne Tippins, chapter president for 2015-16.

PHOTO CONTRIBUTED

## Quilters Unlimited Help UCM

Members of the Mount Vernon chapter of Quilters Unlimited of Northern Virginia spent their summer crafting blankets and quilts to donate to families and children at United Community Ministries (UCM). On Sept. 2, the chapter delivered more than 40 one-of-a-kind handmade items to UCM.

At-risk families in UCM's Healthy Families Fairfax program receive donated quilts as they go through the multi-year program with their Family Support Workers who make home visits to teach positive parenting skills. Also receiving quilts are families in UCM's transitional housing program, which currently includes 23 young children. These are families flee-

ing domestic violence situations who benefit from services including counseling, case management, and life skills, with the goal of healing and independent living.

The Mount Vernon Quilters meet Tuesdays at 12:30 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. For more information about the group, visit [www.quiltersunlimited.org/chapters/8/](http://www.quiltersunlimited.org/chapters/8/) or email [MVQUpresident@gmail.com](mailto:MVQUpresident@gmail.com).

Those interested in hosting a collection drive or other similar project for UCM families and children should contact Susan Johnson at [susan.johnson@ucmagency.org](mailto:susan.johnson@ucmagency.org) or call 5771-255-8992.

### BULLETIN BOARD

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### THURSDAY/SEPT. 10

**Business Breakfast.** 8-9:30 a.m. at Belle Haven Country Club, 6023 Fort Hunt Road. The Mount Vernon Lee Chamber of Commerce September Business Breakfast will discuss upcoming economic development in Alexandria City. Tickets are \$25 per person. Visit [www.MtVernon-LeeChamber.org](http://www.MtVernon-LeeChamber.org).

**Virginia Citizens Coalition for**

#### Police Accountability Meeting.

7 p.m. at The Martha Washington Public Library, Room 104 A/B, 6614 Fort Hunt Road. An advocacy group concerned with discussing actions of the police force meets. Free. Visit [virginiacpa.com](http://virginiacpa.com).

#### SATURDAY/SEPT. 12

##### Mount Vernon 2015 Day To Serve.

9-11 a.m. at Heritage Presbyterian Church, 8503 Fort Hunt Road. Help prepare meals for the Food for Others program, which provides food to local students on the weekends. Free. Visit [www.heritagechurchva.org/](http://www.heritagechurchva.org/).

**Community Shred Event.** 9 a.m.-12 p.m. at Mount Vernon District Police Station, 2511 Parkers Lane. This

Crime Solvers Shred Event will provide the public with a means to properly dispose of personal documents. A donation of \$5 per box or bag is suggested. Visit [www.fairfaxcrimesolvers.wordpress.com](http://www.fairfaxcrimesolvers.wordpress.com) for more.

**Office Hours.** Fairfax County School Board Member Dan Storck will host Saturday office hours. Members of the community are invited to stop by to ask questions or to discuss concerns, no appointment necessary. Contact Dan Storck at [Dan.Storck@fcps.edu](mailto:Dan.Storck@fcps.edu) or his assistant Mary Ellen Hook at [mehook@fcps.edu](mailto:mehook@fcps.edu)

❖ 12:30-2:30 p.m. at the Sherwood Regional Library, 2501 Sherwood  
SEE BULLETIN BOARD, PAGE 6



**Rex Reiley**  
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[rex.reiley@rmxtalk.com](mailto:rex.reiley@rmxtalk.com)



**Alex./Yacht Haven • \$832,700**  
**4505 Dolphin Lane**

4,000 sq. ft. of renovated luxury in this 5 BR/4 BA Split – Updates: Kitchen, all 4 baths, spectacular cherry hwd floors – Great room opens to beautiful sun-room addition that opens to spectacular 35K deck overlooking an unbelievable custom landscaped bkdy. House designed for independent living on either level. Two updated HVAC systems plus tankless HWH – the list goes on & on. Walk to marina, clubhouse & pool. Nothing better in all of Mount Vernon.



**Alex./Sulgrave Manor • \$539,900**  
**4101 Sulgrave Drive**

Spacious & renovated 3 BR, 2.5 BA Split – Beautifully finished hardwoods, freshly painted interior & exterior – updated kitchen & baths. Lovely sunroom or formal dining rm addition. Stunning brick FPL in living rm & separate gas-powered wood stove in rec rm. Large spectacular landscaped corner lot w/beautiful stone/brick patio – walkways meander thru the gardens. 5 mins to Ft. Belvoir, 15 mins to Old Town – This is a treasure!



**Alex./Windsor Estates • \$459,900**  
**6500 Windham Avenue**

Beautifully renovated, 2-level Rambler w/2,200 sq ft, 4 BRs, 2 BAs & finished lower level with walkout, on a huge .61 acre lot. Freshly painted, refinished hwd floors on main level, new carpet on lower level, renovated kitchen & baths & new interior doors. Solid home w/tons of storage, 2 work-shops & great community! Great location – Close to Kingstowne Center, Springfield Mall & Fort Belvoir. Walk to Springfield Metro.



**Alex./Mt. Vernon Woods**  
**\$449,900**

**4006 Buckman Road**  
Builders – Beautiful .73 acre lot, zoned R-3. Dominion Surveys has done preliminary survey report for subdivision which can be e-mailed upon request – looking for quick sale/settlement and priced the property accordingly.



**Alex./Riverside Estates • \$749,900**  
**8425 Mt. Vernon Highway**

Beautiful home w/over 4,000 sq ft & 2 level addition in lovely Riverside Estates. Great rm on main lvl w/gas fpl & wet bar. Adjacent family room w/wood-burning fpl. An office adjoins the gorgeous 20' x 32' master bedrm addition w/vaulted Douglas Fir ceiling & skylights. Library/studio on upper lvl addition. Both HVAC systems, HWH & roof replaced 2011. Close to Ft. Belvoir.



**Alex./Mt. Vernon • Rental \$2,400**  
**8506 Mt. Vernon Highway**

Lovely, well-maintained Mount Vernon home w/4 bedrooms & 2 baths on .38 acre. Kitchen w/granite counters opens to living rm & dining rm. New windows. French doors off living room to deck overlooking fenced bkdy. Soaking tub. Walk-out lower level w/2 bedrms, a bathrm & large family rm. Double lot 8506 & 8504. Close to Ft. Belvoir – 1 mile to G.W. Pkwy.

#### Homes Under Contract in August:

- 4509 Peppermill Court
- 4625 Tarpon Lane
- 8896 McNair Drive
- 4212 Alcott Street
- 8602 Cherry Valley Lane
- 8732 Lea Lane
- 6621 Wakefield Drive #209

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# PEOPLE

## Pitts and Soult Wed

**D**r. Alexa Elise Pitts and Dr. Michael Clarkston Soult II were united in marriage on Saturday Sept. 5, 2015 at Freemason Street Baptist Church in Norfolk. It was officiated by the Rev. Dr. Charles Randy Ashcraft. Following the ceremony, a reception was held at the home of the bride's parents.

Lexie is the daughter of Mr. and Mrs. Paul Murry Pitts of Norfolk and the granddaughter of Mr. and Mrs. Richard Fox Aufenger, Jr. of Norfolk and Mrs. Shirley M. Pitts of Alexandria and the late Paul D. Pitts. Michael is the son of Dr. and Mrs. Michael Clarkson Soult of Columbus, Ohio, and the grandson of Mrs. Hope C. Wilcoxon of Reynoldsburg, Ohio, and the late James H. Wilcoxon, Sr. and the late Mr. and Mrs. Edgar L. McKinley of Columbus, Ohio.



Victoria Ann Ross.

The bride was escorted by her father and given in marriage by her parents. Miss Cary Coles Pitts, the bride's sister, was the maid of honor. The bridesmaids were Mrs. Stephanie Friedrich Landry, Miss Jaime Morgan Maskill, Miss Courtney Susan Parsons, Mrs. Kathryn Williamson Stewart, Miss Katherine Hanson Stiner, and Miss

Mr. James Christian Soult, the groom's brother, served as the best man. The groomsmen were Dr. McKinley David Soult, Mr. Brian Scott Cave, Dr. Casey Oliver Hurst, Mr. Reed Adam LaPlante, Mr. Nicholas Antony Schroeder, and Mr. James Robert Yowell.

The couple will reside in Norfolk.



PHOTO CONTRIBUTED

### Snapshot of Summer

Some local girls relax after an evening swim at Belle Haven Marina (from left): Reade Lambeth, Catherine Smeallie, and Ella Turner, all age 13.

### BULLETIN BOARD

FROM PAGE 5

Hall Lane, Alexandria, in Conference Room 3.

#### SUNDAY-SATURDAY/SEPT. 13-19

**National Assisted Living Week.** Various times at Spring Hills Mt. Vernon Assisted Living, 3709 Shannons Green Way. Participate in a week filled with activities that focus on this year's theme: Nourishing Life: Mind, Body, Spirit. The

week will kick off with the Spring Hill's Got Talent Show on Sunday, Sept. 13 at 2:30 p.m. Activities throughout the week include a history lesson about Rosh Hashanah on the first full day of the holiday, an interactive music show with Ernie Tolley, massages, music trivia with the Sojourners, a magic show, a music therapy session, arts & crafts and more. Free. Call 703-

SEE BULLETIN BOARD, PAGE 24

**MOUNT VERNON ★ LEE**  
**Celebration!**  
 ★★★★★ A Community Showcase

Live Music  
 Local Business Expo  
 Free Kid's Activities  
 Food Vendors  
 Eco-Friendly Businesses  
 Senior Games  
**FREE Admission**

**Saturday, September 26**  
 11:00 am to 3:00 pm  
 Inova Mount Vernon Hospital  
 2501 Parkers Lane, Alexandria, VA 22306



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**Open House Sunday 2-4pm Mount Vernon Terrace**  
9221 Patton Blvd, Alexandria VA Gorgeous reconstruction w/ Potomac River views & a boat ramp! Craftsman-style architecture, 2 main level bedrooms, 2-car garage, 2 staircases, gourmet kitchen, porch, patio & deck. \$1,195,000 Jeanne Atkins MLS # FX8731063



**Belle Haven** 1906 Belle Haven Rd, Alexandria VA  
Extraordinary updated Colonial w/7 BR, 5.5 BA on 4 levels & 5,400+ sq ft of luxury living. Chef's Kit, built-ins, fin bsmt w/au pair suite, kitchenette, rec rm w/FP & wet bar. \$999,000 The York Group MLS # FX8647786



**NEW PRICE OPEN HOUSE SUNDAY 2-4pm Old Town Commons** 815 North Alfred St, Alexandria VA Charming and spacious 4 level town house. Sunlit with beautiful architectural features in popular Old Town Commons. 3 bedroom, 3 full and 1 half bath with 2-car garage. \$974,500 Karen Leonard MLS # AX8634639



**Mason Neck** 10521 Gunston, Mason Neck, VA  
Mason Neck peninsula hidden gem, private 2 AC country setting bordered by Potomac River, parks & nature sanctuaries. Enjoy a serene lifestyle just 20 miles to D.C. 3 BR, 3.5 BA \$935,000 Susan Gray Chambers MLS # FX8554818



**Lake Braddock** 5206 Dalby Lane, Burke VA  
Wonderful corner lot w/main level Master bedroom and ceramic tile bathroom. 5 bedroom, 3.5 bath on a cul-de-sac in Lake Braddock school district. Walk to pool, tennis courts. \$545,990 Dee Downey MLS # FX8691063



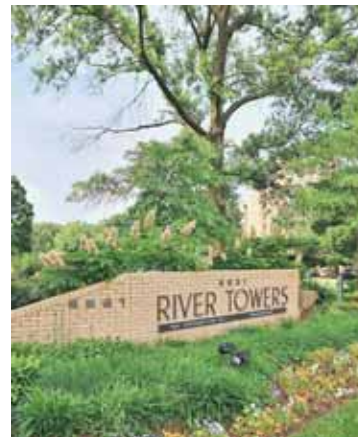
**Hansens Reserve** 14295 Flowing Creek Ct, Bryantown MD  
Exceptional, custom 4 BR, 2.5 BA Colonial; Shows like a Model Home! Lot size 3 acres; Easy commute to VA & D.C. Granite, SS appliances; Hardwood flrs; walk-in closets + many extras! \$419,000 James Haskins MLS # CH8717346



**Potomac Club**  
2135 Abbotsbury Way, Woodbridge VA  
Pristine 3 bdrm, 2.5 bath & 1-car garage. Neutral paint w/crown molding, upgraded Berber and hardwood floors. Enjoy ALL the amenities Potomac Club has to offer. \$309,000 Mary Cay Harris MLS # PW1234567



**Open House Sunday 2-4pm River Towers** 6631 Wakefield Dr Unit # 208, Alexandria VA  
Gorgeous light-filled 2 BR, 2 FULL BA corner unit with loads of updates! Both baths & kitchen completely renovated, beautifully refinished wood floors, freshly painted. Must see! \$230,000 Heidi Burkhardt MLS # FX8739209



**Open House Sunday 2-4pm River Towers**  
6631 Wakefield Dr Unit # 517, Alexandria VA  
HOT NEW PRICE! 2 BR/1.5 BA corner unit boasting impeccable hardwood floors, fresh paint & great rooftop views. Nestled in 26 acres of park-like setting just south of Old Town. \$198,000 Heidi Burkhardt MLS # FX8634597



**River Towers** 6631 Wakefield Dr # 718, Alexandria VA  
Great 1 Bed/1 Bath unit, 714 sq ft, hwd floors, tile bath; utilities included in condo fee are central heat and air conditioning, gas, water, electricity, a rec facility pass, sewer. \$174,000 Jane King MLS # FX8524943

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**I encourage you to attend our CAREER NIGHT**  
**Wednesday, September 16<sup>th</sup> from 6:00 – 7:30 p.m.**  
**310 King Street, Alexandria**  
**There's no cost. You will be given a "behind the curtain view" as to what's really involved in a career in real estate!**  
**Seating is limited...you must RSVP to**  
**[glenn@cbmove.com](mailto:glenn@cbmove.com)**  
**Glenn E. Lewis**  
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**PHILLIPS PARK, DC \$4,195,000**

2101 Foxhall Road NW

Inspired by the estates of Brittany, France, this exceptional 8,100 square foot residence was designed by Barnes Vanze Architects and newly built by Mauck Zantzing & Associates. Showcases luxurious finishes, spa baths, open kitchen and family room, high ceilings, and formal public rooms.

**MICHAEL RANKIN +1 202 271 3344**



**KALORAMA, DC \$3,295,000**

2411 Tracy Place NW

Ideally positioned in sought-after Kalorama, this Georgian residence has stately curb appeal with a professionally designed front garden and a distinguished slate roof. The four bedroom, four and one half bath home offers elegant scale with nine foot ceilings on the first and second level, renovated bathrooms with Waterworks fixtures, wood floors, and audio throughout.

**MICHAEL RANKIN +1 202 271 3344**



OPEN SUNDAY 2-4

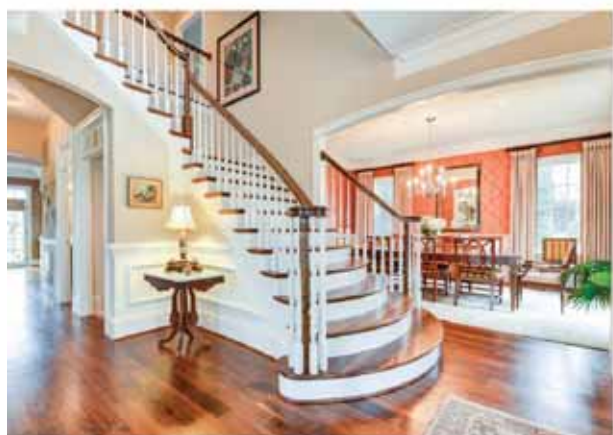
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## Focusing on Suicide Prevention

Help is a phone call away.

**T**his week is Suicide Prevention Week. Preventing suicide means paying attention to mental health and treating depression, and there is no better time to focus on that than the first week of school.

In 2013, more than 41,000 people ended their own lives in the United States, more than 21,000 with firearms. (Compare to the number of murders in 2013, 16,120.) In 2013, more than 800,000 people were treated in U.S. emergency departments for self-inflicted injuries. More than a million adults report making a suicide attempt each year, while many more people struggle with thoughts of suicide, according to the Centers for Disease Control and Prevention.

Suicide is the 10th leading cause of death for Americans overall and the second leading cause of death among adolescents and young adults aged 15-29. More than half of suicides involve firearms.

In 2013, 1,047 Virginians died by suicide, with white males accounting for 716 of those

deaths. The Southside region had the highest suicide rate at 19.3 per 100,000 in 2013, while the Northern region had the lowest rate at 10.1 deaths. (By comparison, there were 383 homicides in Virginia in 2013.)

Two groups particularly at risk are youth and the elderly. Data from the Virginia Department of Health indicates that rates of suicide in Virginia were higher for older people than youth — but suicide is a leading cause of death for young people.

One strategy to prevent suicide is to learn about the warning signs of suicide, which can include individuals talking about wanting to hurt themselves, increasing substance use, and having changes in their mood, diet, or sleeping patterns, according to the CDC. When these warning signs appear, quickly connecting the person to supportive services is critical. Promoting opportunities and settings that strengthen connections among people, families, and communities is another suicide prevention goal.

Exhibiting any of the signs listed below is reason for an immediate call to the National Suicide Prevention hotline at 1-800-273-8255 (TALK). If you cannot reach someone on this line, go to an emergency room, make sure you or your loved one is not alone until profes-

sional help arrives and remove all firearms, sharp objects, drugs, alcohol and other things that could be used in a suicide attempt.

- ❖ Talking about wanting to die or kill oneself.
- ❖ Talking or writing about suicide or death.
- ❖ Talking about feeling hopeless or having no reason to live.
- ❖ Talking about being a burden to others and how the world would be better off without him/her.
- ❖ Talking about being trapped or in unbearable pain.
- ❖ Complete withdrawal.
- ❖ Showing rage or talking about seeking revenge.
- ❖ Displaying extreme mood swings and acting recklessly.
- ❖ Looking for ways to kill oneself, such as searching online or obtaining access to firearms, pills, or other means to kill oneself.
- ❖ Giving away prized possessions and other personal things; tying up loose ends.

See <http://www.afsp.org/understanding-suicide/facts-and-figures>

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

### EDITORIAL

### LETTERS TO THE EDITOR

#### Time for No Tax Pledge

To the Editor:

A supervisor candidate campaign article “Seeking to Steer Fairfax County” published in the Mt. Vernon Gazette on Sept. 3-9, 2015 issue, describes what the Board of Supervisors (BOS) do in carrying out their responsibilities such as taxing and setting priorities for services to the public. The article also mentions that the BOS is responsible for a \$7 billion budget, raised property taxes an average of \$185 and approved a \$20,000 pay raise for themselves and the tax formula for distributing tax dollars to other Virginia localities is unfair because we send tax dollars to Richmond and get little back. Such tax formula has existed for years and the tax strain on Fairfax County taxpayers is growing.

However, the questions submitted to the current BOS chairman and other candidates for the Mt. Vernon District supervisor dealt with what impact supervisors may have on newcomers to Fairfax County No questions were asked about the problems mentioned in the article or long-standing problems such a traffic gridlock, stagnant economy, and wasteful spending to name a few. In 2013 the BOS gave a \$10.8 million bo-

nus to employees whose average salary was \$68,000 annually whether they earned it or not, bailed out a bank to the tune of \$30 million for an unsecured loan to an Arts Foundation, has subsidized housing in plush communities where unit sell for \$1 million. Is that a good practice when there are scarce tax dollars?

Further, the BOS has a long-standing practice of paying substantially more for property it buys than the assessed value. If the assessment is correct, the BOS paid too much.

If the purchase price is correct, the county has under collected real estate taxes. In either case, the taxpayers are the losers.

If that wasn't enough, the BOS voted itself, in 2015, a \$20,000 pay raise making the current pay \$95,000 for supervisors and \$100,000 for the chairman. Prior to the raise the BOS was making more than the supervisors for the four top surrounding counties, Arlington, Prince William, Loudoun, and Henrico according to a 2014 pay study by the Virginia Association of Counties.

Such extravagant and wild spending practices must stop.

To help do that, the county needs to have an independent evaluation of all major functions, programs and services to find out if they are still essential and, if so, are their objectives being met in

the most efficient, effective and economical way. In February 1015, I requested the current BOS chairman and other supervisors for a list of the major functions, programs and services that had been evaluated since 2006 to the present but I received no response to my specific request. That raises serious question about the kind of data used by the BOS in making its decisions on taxing and spending.

To help in quelling current tax policies, I urge all supervisor candidates sign a no tax pledge until the newly elected BOS can certify to the county residents and taxpayers that all major functions, programs and services are meeting their objectives in the most effective, efficient and economical way. The taxpayers deserve no less. After all, they pay the bills.

Frank Medico  
Mt. Vernon

#### Lock Up Guns

To the Editor:

If you knew someone who was contemplating suicide and you could keep them from doing it, would you? Of course you would. Sept. 7 through 13 is Suicide Prevention Week and here is a suggestion as to how we can significantly reduce the number of suicides in Virginia. Lock up the guns.

There were 33,636 gun deaths in the United States in 2013. Nearly two-thirds — 21,175 — were suicides. More than half of all suicides in this country are carried out with a gun.

In Virginia, there were 864 deaths by firearms in 2013 with 70 percent or 603 being suicides. If people contemplating suicide do not have access to a gun, they would have time to consider other ways of dealing with their depression, anger, despondency, feelings of rejection and hopelessness or whatever put them on this path of self-destruction.

They could even pick up the phone and call a suicide prevention hotline.

Researchers have determined that 90 percent of those who survive a suicide attempt do not end up dying by their own hand. So by removing the most lethal suicide weapon, lives will be saved.

Suicide is a huge public health issue in this county. It is the 10th leading cause of death overall. One way to reduce the number of suicides is to take guns out of the equation by locking them up. Please do that now.

John K. Bergen  
Alexandria

*The writer is the coordinator for public health and safety for the Northern Virginia chapter of the Brady Campaign for the Prevention of Gun Violence.*

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
Local Media Connection LLC

1606 King Street  
Alexandria, Virginia 22314

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### Tag Day This Saturday

West Potomac performing arts students are hoping members of the community will open their doors — and their wallets — when they knock on Tag Day, Saturday, Sept. 12. Every year on Tag Day, more than 200 students fan out in teams giving out “tags” inviting neighbors to this year’s performances and asking for donations to help cover costs. Funds raised will go toward instruments, equipment, consumes, uniforms, travel, etc. Above, from left, are Claytis Egbulen from band, Rory Edgar from chorus, Hannah Runner from theatre, Nick Hogan from orchestra, and Dustin Chapman from guitar.

## Morrogh: No Criminal Charges

FROM PAGE 1  
mental illness, said he was “very disappointed, in fact very upset” with the cause and manner of death cited in the report.

“I don’t know of any reputable psychiatrist who believes in excited delirium,” Earley said, adding that in the mental health community, the condition is “not recognized as a legitimate cause of death.”

Morrogh’s report describes some of McKenna’s medical and mental health background, her hospitalizations at INOVA Springfield Healthplex, INOVA Alexandria Hospital and INOVA Mount Vernon Hospital for mental illness.

The report also describes her incarceration in Fairfax County, leading up to the day she was to be moved, Feb. 3. The description of her “extraction” by the Sheriff’s Office deputies includes some statements from the deputies themselves that she was one of the strongest and difficult individuals they’d ever dealt with — male or female.

Though the video of the events leading up to and including the use of the Taser has still not been released to the public, Morrogh’s report includes a written description of it with approximate time markers linked to specific actions, such as four marks of different uses of the Taser.

After reviewing the autopsy report, other cases of excited delirium, the guidelines and

standards for operation of the Taser, Morrogh said “not difficult to apply the law to the facts of the case.”

“In my legal opinion, no deputy involved in the case is in any way criminally responsible.”

For Earley, he believes McKenna never should have made it to the jail in the first place, that once it was determined she had a mental illness, she should have been diverted to a different evaluation center. The ad hoc commission, he said, has “laid out specific steps on how to prevent this” in its recommendations to the Board of Supervisors.

“Maybe no one broke a law in how they handled her,” Earley said, “but they created a situation in that jail that led to her getting tasered.”

If they weren’t legally responsible, they were morally inept. You don’t treat people the way they treated her. As a father of someone with mental illness, just find it callous and heartbreaking.”

Harvey J. Volzer, attorney for McKenna’s family, did not respond to an interview request prior to publication.

Morrogh’s report is available online through the Fairfax County website at [www.fairfaxcounty.gov/news/2015/report\\_of\\_investigation\\_of\\_in-custody\\_death.pdf](http://www.fairfaxcounty.gov/news/2015/report_of_investigation_of_in-custody_death.pdf).

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## NEWS

### Public Invited to Local Police Commission Forum

In an effort to open more opportunities for people around the county to participate and share their views, the Fairfax County Ad Hoc Commission on Police Policies and Practices will hold its next public forum in the Mount Vernon area on Sept. 14 at 7:30 p.m.

The commission wants to hear thoughts, comments and questions from the community regarding policing in Fairfax County. This is an opportunity for residents to share their experiences and bring new insight and perspective to areas such as use of force, communications, mental health, diversity/recruitment/vetting, and citizen oversight. Community feedback and testimonies will help the commission shape new policy recommendations for the Fairfax County Police Department.

Fairfax County Board of Supervisors launched the Fairfax County Ad Hoc Police Practices Review Commission in response to public concern over the shooting death of John Geer by a Fairfax County police officer. On Aug. 17, 2015, former Fairfax County Police officer Adam Torres was charged with the second-degree murder of Geer, who was shot dead in the doorway to his own home on Aug. 29, 2013 after police were called in a domestic dispute. Torres was fired in July 2015, almost two years later.

The commission has been meeting since March as a full commission and five subcommittees. Areas of focus by committee include Use of Force; Communications; Mental Health; Recruitment, Diversity and Vetting; and Independent Investigations and Oversight. The commission is set to report findings and recommendations to the Board of Supervisors on Oct. 20.

The forum on police policies and practices will be held Monday, Sept. 14, 7:30 p.m., Walt Whitman Middle School, 2500 Parkers Lane, Alexandria.

For more information on the police commission, see <http://www.fairfaxcounty.gov/police-commission/>

### MVHS To Host School Budget Meeting

Fairfax County Public Schools (FCPS) is encouraging the public to help in the development of the FY 2017 budget. Because projected costs for items such as enrollment growth, state mandated retirement, health insurance costs, and employee salary increases are outpacing projected revenues, FCPS anticipates a significant budget shortfall for school year 2016-17 (FY 2017). To balance the budget, FCPS may have to cut, reduce, or redesign current programs.

As part of the budget process, ideas on what to cut, reduce, or redesign as well as how to increase revenue through fees have been developed by the Budget Task Force with input from the community.

Community members are able to submit specific proposals for how to balance the budget using a "Budget Proposal Tool" available at [www.fcps.edu/SaveFCPS](http://www.fcps.edu/SaveFCPS). The proposals submitted via the Budget Proposal Tool will be shared with the Budget Task Force for their review prior to making a recommendation to the superintendent in October. The information will also be shared with the superintendent and School Board.

For those who would like to learn more about the FCPS budget prior to using the Budget Proposal Tool, FCPS has scheduled Community Information Sessions on the FY 2017 budget. FCPS staff will provide an overview of the budget and demonstrate how to use the Budget Proposal Tool. All the information

that will be presented will be available at [www.fcps.edu/SaveFCPS](http://www.fcps.edu/SaveFCPS).

An information session will be held Saturday, Sept. 12, 10 a.m. to noon, at Mount Vernon High School, 8515 Old Mt Vernon Road.

### Esther Manns Named Interim Principal at MVHS

Esther Manns, who has served as an assistant principal at Mount Vernon High School since 2004, has agreed to serve as the interim principal for Mount Vernon High School, effective Sept. 14, according to a release from Terry Dade, assistant superintendent of Region 3. She has more than 30 years of experience in Fairfax County Public Schools as an English teacher, an ESOL teacher, a reading specialist, and a Lead Fairfax Administrative Intern.

MVHS Principal Nardos King has accepted an assistant superintendent position with Baltimore County Public Schools. King began her career at Mount Vernon High School as a finance technician. She then went on to become an instructional assistant, a teacher, an assistant principal, and then principal of Mount Vernon High School for the past nine years.

### Help Identify Suspect In Attempted Abduction

Police are asking for the public's assistance in identifying a man believed to be responsible for an attempted abduction that occurred on Thursday, Aug. 27.

Around 11:37 a.m. a woman was walking near the Pinewood South apartments in the 4200 block of Buckman Road. A 47-year-old woman was approached by a man who grabbed her and attempted to drag her to a vehicle. The victim resisted and was assisted by a good Samaritan who was driving by. The suspect fled in a silver-colored 4-door sedan. The victim did not require medical attention.

The suspect was described as black, in his late 20s to early 30s, about 6 feet tall, with a thin build and medium-length black hair. He was wearing a black T-shirt, gray pants and sneakers. Detectives would also like to speak with the passerby who assisted the victim.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS(8477), e-mail at [www.fairfaxcrimesolvers.org](http://www.fairfaxcrimesolvers.org) or text "TIP187" plus a message to CRIMES(274637). A \$100 to \$1,000 cash reward will be paid for information that leads to an arrest. Callers do not have to give their names or appear in court.



**Suspect**

### BULLETIN BOARD

#### ONGOING

**The Mount Vernon Estate** has released "The Winter Patriots," a video presentation about George Washington crossing the Delaware River on Christmas Day 1776. Buy the film for \$4.99 or rent for \$2.99 at [mountvernon.org/winterpatriots](http://mountvernon.org/winterpatriots).

**Telephone Support Group.** 7-8 p.m. on the 2nd Tuesday of the month. For family caregivers of older adults. Discuss "Keeping Organized as a Caregiver: What Works?" Share experiences, gain support and get information without having to travel. Free. [www.fairfaxcounty.gov/dfs/olderadultservices](http://www.fairfaxcounty.gov/dfs/olderadultservices).

Band musicians are invited to join the **Mount Vernon Community Band**. Rehearsals are Tuesday 7:30-9:30 p.m. in the Mount Vernon High School band room, 8515 Old Mount Vernon Road. There are no auditions. 703-768-4172 or [www.mvbands.com](http://www.mvbands.com).



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*Mount Vernon Gazette*



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**9312 Heather Glen Dr**  
**\$618,500**  
**Classic Colonial-  
Great Price**

Classic three level, 4BR Colonial in premier setting at remarkable reasonable price! Spacious home in absolutely pristine condition & offers many features including 3 finished levels, fab. floor plan, family room with fireplace, eat-in kitchen, spacious master suite & garage pkg. Magnificent grounds with stone walk, patio & gorgeous landscaping. Prime location! **OPEN SUN 9/13, 1-4! GW Parkway S, past Estate; L- Old Mt Vernon Rd; R-Robertson; L-Heather Glen.**



**3205 Woodland Lane**  
**\$1,550,000**  
**One of a Kind Property-  
Waterfront!**

Spacious residence, custom crafted to capitalize on natural beauty of its setting. Soaring cathedral ceilings and expansive glass walls bring light, natural beauty of property and water views to every corner of home. Special features include 3 finished levels, 6 BR including 2 master suites (one on main level), 4 fireplaces, spectacular family room off kitchen, walk-out lower level, fabulous screen porch and open deck. Nearby private boat launch. Magnificent property! Impossible to duplicate!



**6036 Fort Hunt Rd**  
**\$799,000**

**True Belle Haven Gem!**

Classic Belle Haven Colonial in prime location on gorgeously landscaped grounds overlooking Belle Haven Country Club. Fabulous property carefully updated throughout in a manner which provides a delightful blend of the home's original character with many modern conveniences. Numerous features include 3 finished levels, updated kitchen and baths, hardwood floors, fireplace and garage. Private grounds with outdoor kitchen and brick patio.



**7107 Richard Casey Ct**  
**\$779,500**  
**Victorian Classic-  
Exceptional Price!**

Stunning value-custom built by Wakefield Homes. Numerous features characteristic of area's leading builder include large room sizes, bright open floor plan, high ceilings, 3 finished levels, chef's kitchen, private master suite and oversize 2 car garage. Distinctive wrap around front porch. Screen porch and deck overlook spacious fenced rear yard. Unique opportunity to purchase Wakefield custom home at fraction of today's prices.



**4327 Ferry Landing Rd**  
**\$559,000**

**Mid Century Modern-  
Yacht Haven Estates!**

Classic contemporary Rambler featuring the open floor plan, large room sizes and high ceilings that characterize this popular model. Kitchen and baths have been beautifully updated. Other features include 2 finished levels, hardwood floors, 2 fireplaces, gas heat & tankless hot water heater. Unique main level master suite with private porch. Prime location near Mt. Vernon Yacht Club. Fab combination of modern amenities with mid-century character.



**9357 Mount Vernon Cir**  
**\$1,500,000**  
**Mt Vernon on the  
Potomac!**

**9227 Allwood Dr**  
**\$548,950**  
**Updated Throughout-  
Move-In Ready!**



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#### Mass Schedule

**Monday**  
6:30 pm Mass (Español)

**Saturday Evening**  
5:00 pm Vigil Mass  
6:30 pm Vigil Mass (en Español)

**Sunday**  
7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm

**Weekday & Saturday Mornings:**  
9:00 am Mass, preceded by Rosary (on **First Friday**, Mass followed by Eucharistic Adoration)

**Thursday & First Friday of the Month:**  
7:30 pm Mass (Español) preceded by 7:00 pm Eucharistic Adoration

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## NEWS



PHOTOS CONTRIBUTED

**Team Effort** Teens from West Potomac High School sports teams were among the scores of volunteers helping out last month at United Community Ministries (UCM) to organize donated backpacks and school supplies for distribution to needy students. Members of West Potomac High School Freshman Volleyball volunteered on Aug. 20 to assist with several projects. From left, are: (back row) Rachel, Jessica, Emily, Zoe, Natalie, Claire, Emily, Annabelle, Erin; (front row) Julia, Eva, Quinn, Vale, Megan Ciarra.



Members of the West Potomac High Dance Team hosted a drive to collect new backpacks and supplies for UCM's Back to School campaign.

## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### SEPTEMBER

9/23/2015 ..HomeLifeStyle Pullout – Real Estate & New Homes  
9/30/2015 ..... Fall Fun, Food, Arts & Entertainment  
9/30/2015.....Professional Profiles & Your Business in the Community

### OCTOBER

10/7/2015.....Wellbeing Senior Living Pullout  
10/14/2015.....HomeLifeStyle  
10/21/2015.....A+ Camps & Schools  
*Halloween is October 31*  
10/28/2015.....Election Preview

### NOVEMBER

11/4/2015.....Wellbeing  
11/11/2015.....HomeLifeStyle  
11/18/2015.....A+ Camps & Schools  
11/19/2015.....Holiday Entertainment & Gift Guide I  
*Thanksgiving is November 26*  
11/25/2015.....Celebrating Gratitude, Thanksgiving

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- Great Falls Connection
- McLean Connection
- Mount Vernon Gazette
- Oak Hill/Herndon Connection
- Potomac Almanac
- Reston Connection
- Springfield Connection
- Vienna/Oakton Connection



Members of West Potomac High School Cross-Country volunteered to organize donated school supplies at United Community Ministries on Aug. 17. From left is sophomore Claire Barber, sophomore Kristen Privetle, freshman Clare Savage, freshman Grace Tringala, sophomore Siena Joy, sophomore Cat Fidd, sophomore Charlotte Anderson, junior Joey Africano, and sophomore Kaycie O'Boyle.



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Kim Muffler 703.282.7739

SPRINGFIELD / Southern Grove \$ 525,000 OPEN SUN 1 - 4

5923 HALL ST Spacious/sun-filled contemporary with 4/5BR, 3.5BA on fabulous 1/4 acre lot. Walk to schools, shops and restaurants. 3 levels of finished living space with full BR/BA in walk-out LL - ideal for teens or in-laws! Updated kitchen, all new windows, tiger wood floors, newer HVAC and 2-car garage. Hurry!



Norma Gants 703.408.2560

ALEXANDRIA / Riverton \$ 279,900

Exceptionally light and bright 1BR corner unit in immaculate condition - very rarely used by out-of-town owners. Slightly larger than average, it features an entry hall, an open kitchen with breakfast bar, SS appliances, W/D in unit, and 1 assigned parking space. Swimming pool + work-out facilities. Norma.gants@lfn.com

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\*Classes begin on Saturday, October 17 and end on Saturday, November 14. They will be held on Tuesday and Thursday evenings from 6:00pm - 9:30pm and on Saturdays, 9:00am - 5:00pm during the day.



Elfie Biankini 703.593.2634

FALLS CHURCH / Woodlake Towers \$ 152,000

Charming and fully renovated 1BR / 1BA with private balcony. Huge bedroom and living room, updated bath. Metro bus in front. Pool, tennis, picnic tables, gym and laundry. Minutes to DC, Metro, 7 Corners. ALL utilities included in condo fee. Bring all offers!



David Olinger 703.864.3196

ALEX. / Memorial Heights \$ 398,000 OPEN SUN 1 - 4

2828 MEMORIAL ST Charming cottage on double-sized lot. Freshly painted, new windows, remodeled BA. Hardwoods on ML / new carpet on UL. Kitchen has SSA, JennAir range, wine captain, granite. Separate dining room, family room with deck/patio access, fenced back yard. Separate studio/shed with electric.



McCormick & Lusk Group 202.412.8885

ALEXANDRIA / Kingstowne \$ 820,000

Super location and special features showcase this expansive custom home. Large entertaining space, chef's kitchen, sensational owner's suite, hardwoods, over-sized 2-car garage + more! Incredible LL in-law suite with full kitchen and laundry, media room, BR/BA, extra storage and separate entry. 5BR/4.5BA



Klanci Vanderhyde 703.919.4460

ALEX. / Mt Vee Manor \$ 415,000 OPEN SUNDAY 2 - 4

8300 JAKE PL Beautifully decorated townhouse in a convenient location. Large eat-in kitchen, separate dining room and generous sized rec room with built-in bookcases. Many custom finishes throughout plus window treatments. Community pool. 2BR/2.5BA



Gail Schneider 703.405.9050

VIENNA / Vienna Oaks \$ 849,900 OPEN SUNDAY 1 - 4

2702 SNOWBERRY CT Lovely 3-level Colonial has en-suite MBR with sitting room, den/office with custom built-ins, kitchen with Silestone counters, sunroom all on the main level. LL rec and video rooms + full (steam) BA. Hardwoods on main. Large deck with tiki bar/flat-screen TV. Minutes to Vienna-Fairfax Metro.



Cindy Douglass 703.973.9069 & Martha Deal 703.622.6797

ALEX. / Huntington Commons \$ 489,900 OPEN SUN 2 - 4

5974 EDGEHILL CT Less than a 10 minute walk to Metro! Move-in ready 3-level townhome with 2 master suites. Deck, fireplace, new carpet. Fully finished lower level with full bath that could be in-law or au-pair suite. 2BR / 3.5BA



Martha Deal 703.622.6797

ALEXANDRIA / Old Town \$ 999,000 or \$ 777,000

Circa 1900 Alexandria homes - LEFT: Updated townhome, hardwoods, skylights, stained glass, 2 fireplaces, private walled garden, 2-car garage, walk to Metro RIGHT: Single family with front porch and loft, hardwoods, fresh paint, fireplace, large fenced back yard, parking in rear for 2-3 cars, walk to Metro - and more!



Janet Thomas 202.413.7774

ALEXANDRIA / Mt Vernon \$ 640,000 OPEN SUNDAY 2 - 4

2000 ELKIN ST - PRICE REDUCTION! Stunning 4BR/3.5BA with a New Improved Price. Custom Colonial located in prime Ft Hunt location. Open floor-plan, upgrades throughout, vaulted ceilings, professionally landscaped lot surrounded by parkland. Bring offers - motivated owner!



The Carey-Sage Team 703.851.5441

ALEXANDRIA / Elmwood \$ 599,000

Enjoy the privacy and security of this townhome located in a gated community minutes to Huntington Metro, Old Town and bellway. Features include high ceilings, hardwood, 2-car garage, 2 fireplaces, 3 finished levels, private deck, fenced rear yard and open floorplan. 3BR / 3.5BA

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# ENTERTAINMENT

## 4 Scenes From Alexandria's Restaurant Week

Annual summertime deal allows diners to taste eateries' menus at a fraction of the price.

BY HOPE NELSON

Every year near the end of summer, Alexandria's Restaurant Week offers diners a prix fixe menu at some of the city's best restaurants for a great price — generally, \$35 per person or per couple depending on the establishment. Here are some of the standouts from this summer's selections — and some notes on what to try the next time you visit.

### Cheesetique, 2411 Mt. Vernon Ave.

You can feel the festive vibe before you even darken the door of this wine-and-cheese shop and restaurant in the heart of Del Ray. Whether you sit outside — which, in nice weather, can warrant a bit of wait, but it's worth it — or in one of the several indoor dining rooms, you're in for a treat.

Cheesetique's Restaurant Week menu gave diners the choice of three selections for a shared cheese board, plus eight entrée options and one dessert (chocolate mousse). The number of tantalizing items on the menu may mean your server will have to come back a couple of times before you're ready, but take all the time you need — this is a big decision. The grilled pimento sandwich offers up a refreshed take on the Southern delicacy, and served with a side of greens, it seems almost virtuous. The mac-n-Cheesetique is also a favorite.

### Vermilion, 1120 King St.

If you've been waiting for a chance to hit up this gorgeously apportioned restaurant but always felt the prices were a little rich for the blood, Restaurant Week proves to be a great chance to give Vermilion a test drive. With ample selections to welcome any palate — both carnivores and vegetarians are at home with their menu — this Restaurant Week experience successfully caters to all. The menu presented three options for each course, all of which are worthy of attention. But if you're looking to send your meal over the top, you could do worse than the shrimp and grits, penne pasta, and Vermilion's famous poppyseed fritters (which, one server assured several diners,



Clockwise from bottom left: Salmon crepes start the meal off right at the Del Ray Café; The udon noodle salad proves to be a delicious first course at Teism; The poppyseed fritters are a mainstay on Vermilion's dessert menu.

stays on the regular menu at all times).

Vermilion's tasting menu also paired cocktails, beer, and wine with each course. But if you're looking to order off the main menu, be sure to give the Old Man and the Sea (christened with Old Bay syrup) or, if you're feeling extra-adventurous, the Will You Return (which features green pea puree) a try.

### Del Ray Café, 205 E. Howell Ave.

Visiting the Del Ray Café, situated half a block off the main artery of Del Ray, is like coming home. Indeed, the restaurant has put down roots in what used to be a house,

and the cozy feeling hasn't gone away since the structure turned from a homestead to an eatery. The café serves breakfast and lunch, but last week the Restaurant Week dinner menu was in full effect, and diners were the richer for it.

The chilled red pepper and melon soup could change the mind of any cold-soup doubter; the flavors were alternatively spicy and sweet. For an entrée, the hanger steak was hearty and tender, while the red beet risotto provided an ample pop of color to the table. For dessert, you can't go wrong with the vanilla bread pudding.

### Teism, 682 N. St. Asaph St.

Tucked away in a corner of the Saul Cen-

ter, across the driveway from Trader Joe's, Teism is a beacon of calm. The warm dining area — low lighting, a blend of traditional tables and upholstered, low-sitting stools — exudes restoration, and the food certainly helps diners along the path to enlightenment.

Teism sported a robust Restaurant Week menu, offering some of the eatery's best appetizers, entrees, and desserts for only \$17.50 per person. One perennial favorite is the udon noodle salad, a mix of vegetables, udon noodles, a hard-boiled egg, and some tempura "croutons" that is as light and airy as it is hearty and filling. For an entrée, the South Indian vegetable curry is complex, flavorful, and spicy enough to wake you up. And for dessert, don't miss the coconut rice pudding — it's one of the best sweets on their menu.

Hope Nelson owns and operates *The Kitchen Recessionista* blog, which can be found at [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com).

## CALENDAR

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### ONGOING

**International Guild of Realism 10th Annual International Juried Exhibition.** Through Sept. 18, during gallery hours at Principle Gallery, 208 King St. The Guild is dedicated to the advancement of realism in fine art. Admission to the gallery is free. Visit [www.principlegallery.com/alexandria](http://www.principlegallery.com/alexandria) for more.

**Potomac Fiber Arts Gallery Juried Show: "What I Did On My Summer Vacation."** Through Oct. 18, 10-5 p.m. daily, 10-9 p.m. on the second Thursday of each month. Torpedo Factory Art Center, 105 N. Union St., Studio 18. View summer vacation-themed artwork. Admission is free. Visit [www.potomacfiberartsgallery.com](http://www.potomacfiberartsgallery.com).  
**"Seven Deadlies."** Through Oct. 31, Fridays 10 a.m.-5 p.m.; Saturdays 10 a.m.-4 p.m. at The Gallery @ Convergence, 1801 N. Quaker Lane. Sculptor Karen Swenholt explores lust, sloth, greed, gluttony, wrath, envy, and pride. Free. Visit [www.convergence.org](http://www.convergence.org) for more.  
**Baseball Boat to Nationals Park.** Through Sept. 26 at various times. Leaves from the Alexandria

Marina, 1 Cameron St. Baseball fans can avoid heavy traffic and cruise along the Potomac to Nationals Park. Tickets are \$20 one-way and \$25 round-trip, Monday-Thursday, \$28 roundtrip Friday-Sunday. Visit [www.potomacriverboatco.com](http://www.potomacriverboatco.com).

**Fred Eberhart Photography Exhibit.** 10 a.m.-5 p.m. through Sept. at Broadway Gallery, 5641-B General Washington Drive. Photographer Fred Eberhart focuses on local Virginia landscapes. Free. Visit [www.broadwaygalleries.net](http://www.broadwaygalleries.net).

**Doggy Happy Hour.** Tuesdays through Oct. at 5-8 p.m. at Jackson 20, 480 King St. Enjoy discounted drinks and treats with one's dog. Free. Visit [www.jackson20.com](http://www.jackson20.com).

**Water Taxi to the National Mall.** Through Nov. 1, at various times at

Alexandria Marina, 1 Cameron St. Cruise from Old Town to D.C. on the *Miss Sophie*, while stopping view some of the area's most popular attractions. Tickets are \$28 roundtrip and \$14 one-way for adults. For children under 12, tickets are \$16 roundtrip and \$8 one-way. Visit [www.potomacriverboatco.com/](http://www.potomacriverboatco.com/).

**Young at Art Juried Art Show.** Through Nov. 20, Monday-Friday, 5-10 p.m. at Durant Arts Center, 1605 Cameron St. Artists 55 and older can contribute their artwork for the exhibition. On Thursday, Aug. 20, artists can bring their work to the Durant Center from 10 a.m.-noon to be registered and displayed. Artists must fill out a Entry and Artist/Lender Agreement and pay an entry fee of \$20 for up to three works of

art, \$5 for any additional pieces. Entry forms can be found at [www.seniorservicesalex.org](http://www.seniorservicesalex.org) or by calling Mary Lee Anderson at 703-836-4414, extension 111.  
**Mount Vernon in 3-D: Then & Now.** Through Nov. 20 during regular operating hours at George Washington's Mount Vernon, 3200 Mount Vernon Highway. Visitors will have the chance to travel back in time, and in 3-D, to see how the estate appeared more than 100 years ago through a special photography exhibition. The exhibition is included in the regular admission fee of \$17 for adults, \$16 for seniors, \$9 for youth and free for children younger than 5. To view the historic stereoview images as well as the modern 3-D anaglyphs, visit



# ENTERTAINMENT

www.mountvernon.org/3D.

## “Not-So-Modern” Jazz Quartet

**Performance.** Thursdays through Dec. 31, 7:30-10 p.m. at St. Elmo's Coffee Pub, 2300 Mount Vernon Ave. Not So Modern Jazz Music plays music from the glory days of traditional jazz, including tunes from traditional Dixieland and the Swing era. Free. Visit [www.stelmoscoffee.com](http://www.stelmoscoffee.com) for more.

## “Ancient Art of Movement.”

Beginning Sept. 17, at 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carmen Shippy, retired professional dancer, teaches the Ancient Art of Movement in a series designed for those ages 50 and above. Movements are designed to strengthen core muscles and increase flexibility. Adjustments will be made for those with physical limitations. First lesson in the series is free for non-center members. To continue lessons, a yearly membership to all Senior Center programs is \$48. Call 703-765-4573 to sign up.

## Flamenco Show.

Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit [www.latascausa.com](http://www.latascausa.com).

## French Movie Night.

Every Thursday, 7 p.m. in the back room of Fontaine Caffe & Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit [www.fontainecaffe.com/reviews.html](http://www.fontainecaffe.com/reviews.html).

## Journey to Be Free: Alexandria

**Freedmen's Cemetery.** Tuesday-Saturday, 10 a.m.-4 p.m. Alexandria Black History Museum, 902 Wythe St. A new exhibit tracing the 150-year history of the long-forgotten Freedmen's Cemetery, its rediscovery and how the new Contrabands and Freedmen's Cemetery Memorial was created at the site. Call 703-746-4356.

## Their Fates Intertwined: The Lees

**of Alexandria in the War of 1812.** Wednesday-Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria's citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) or call 703-548-1789.

## Alexandria Cars & Coffee

invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina's, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink

coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

## Fifty Years of Collecting.

Tuesday-Saturday 10 a.m. to 5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit [www.fortward.org](http://www.fortward.org) or call 703-746-4848.

## Dinner for the Washingtons.

12 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit [www.mountvernon.org](http://www.mountvernon.org) for more.

## Second Thursday Music.

Athenaeum, 201 Prince St. 7 pm. Second Thursday of every month. Visit [nvfaa.org](http://nvfaa.org) to view concert calendar and listen to upcoming Second Thursday Music artists.

## The Monday Morning Birdwalk

takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park's entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

## Art for Life.

Third Thursday of every month. 4:30-7:30 p.m. at Torpedo Factory, 105 N. Union St. Hyatt Regency Crystal City has partnered with the National Kidney Foundation for a program highlighting a different artist each month for a year.

## Civil War Sundays.

1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more. Free. Visit [www.alexandriaarchaeology.org](http://www.alexandriaarchaeology.org).

## CAMPS, CLASSES & WORKSHOPS

### Photography Workshop.

10:30 a.m.-12 p.m. at Multiple Exposures Gallery on 105 N. Union St. Photographers and enthusiasts of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

### Community Dance.

7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

### Life Drawing.

Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint our live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del

Ray Artisans is located at 2704 Mount Vernon Ave. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org) for a schedule.

## Community Yoga.

Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N. Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit [www.532yoga.com](http://www.532yoga.com).

## THURSDAY-SUNDAY/SEPT 10-OCT 18

**“Angel Soldier Dance Sublime.”** 10 a.m.-6 p.m. at the Target Gallery, Torpedo Factory Art Center, 105 N. Union St. View work exploring femininity and masculinity by female artists from Maine's Blue Hill Peninsula. Free. Visit [torpedofactory.org](http://torpedofactory.org).

## THURSDAY-SUNDAY/SEPT 10-OCT 25

**Athenaeum Invitational Exhibition.** During gallery hours at the Athenaeum, 201 Prince St. Works inspired by the song “Don't Fence Me In,” by Cole Porter, will be on display. Free. Visit [nvfaa.org](http://nvfaa.org).

## THURSDAY/SEPT. 10

### Second Thursday Art Night:

**Sharpen Your Pencils.** 6-9 p.m. at The Torpedo Factory, 105 N. Union St. Personalize your own art journal and leave a sketch in the six notebooks scattered around the building for a community sketching project. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

### Second Thursday Live: Rhythm

**and Roots Experience.** 7 p.m. at the Athenaeum, 201 Prince St. This performance will feature West African music. Admission is \$15. Visit [nvfaa.org](http://nvfaa.org).

## SEPT. 10-OCT. 5

**“The Ring of Fire.”** Gallery hours are 10 a.m.-6 p.m. Monday-Saturday; Thursday 10 a.m.-9 p.m.; 12-6 p.m. Sunday at The Art League Gallery, 105 N. Union St. Indonesian American artist Wijati Soemantoro expresses her emotional response to the natural disasters she experienced while growing up in the most seismically active zone in the world, the Pacific Ring of Fire. Free. Visit [www.theartleague.org](http://www.theartleague.org).

## FRIDAY/SEPT. 11

### SPARK Health and Fitness

**Festival.** 4-8 p.m. at John Carlyle Park, 300 John Carlyle St. Hosted by SPARK Physiotherapy, LLC., fun and safe games, competitions, entertainment, raffles and giveaways. Free. Visit [www.sparkphysio.com/home/make-your-health-happen-](http://www.sparkphysio.com/home/make-your-health-happen-)

**TUESDAY, SEPTEMBER 15, 2015**

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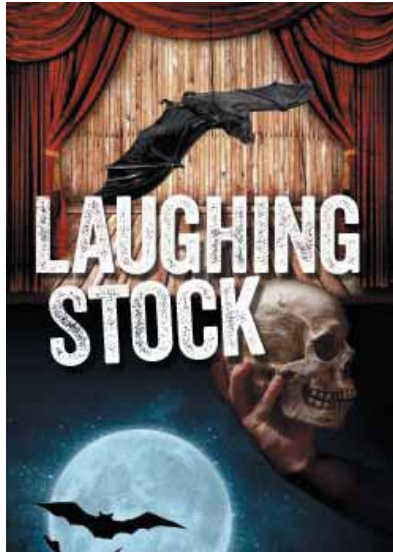


A hectic and hilarious look at a ragtag troupe of actors and their backstage mischief as they attempt to stage three repertory productions. Hamlet, Charley's Aunt, and Dracula have never been performed like this!

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For more information about Rising Hope United Methodist Mission Church, please visit [www.risinghopeumc.org](http://www.risinghopeumc.org) and [www.facebook.com/risinghope](http://www.facebook.com/risinghope) or call 703.360.1976

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# ENTERTAINMENT

health-and-fitness-festival/ or email njbabka@sparkphysio.com.

**DC Public Opera Presents:** Mozart's "Cosi Fan Tutte." 7 p.m. at The Torpedo Factory, 105 N. Union St. DC Public Opera presents a contemporary production of Mozart and DaPonte's comic opera "Cosi Fan Tutte (The School for Lovers)." Inspired by Andy Warhol's work and parties at his New York studio, The Factory, the performances take place in the Torpedo Factory Art Center as a live installation. Tickets are \$25. Visit [www.dcpubliopera.org](http://www.dcpubliopera.org) for more.

**Fort Hunt Preschool Outdoor Movie Festival.** 7:30 p.m. at 1909 Windmill Lane. Watch animated film "Madagascar." Admission is \$5, free for children under 2. Call 703-768-7584 or visit [www.forthuntpreschool.com](http://www.forthuntpreschool.com).

**Four Mile Summer Movie Festival.** Movies start at dusk and are shown at the Four Mile Conservatory Building, 4109 Mt. Vernon Ave. National Community Church's Inaugural summer movie festival is co-sponsored by the City of Alexandria. Film is "Cool Runnings." Bring a blanket or chair. Free. Visit [www.theaterchurch.com](http://www.theaterchurch.com) for more.

## SEPT. 11-OCT. 25

**"Artifact" Exhibit.** Gallery hours are 10 a.m.-4 p.m. Monday-Friday, and during performances at Rachel M. Schlesinger Concert Hall & Arts Center, 4915 East Campus Drive. In this exhibit artist J.T. Kirkland integrates the painted gesture with the naturally occurring textures or "gestures" in the wood. John James Anderson will also share the space. Free. Visit [www.nvcc.edu](http://www.nvcc.edu).



## "I Never Knew Him" by Karen Swenholt 'Seven Deadlies' Now Open at Convergence

Sculptor Karen Swenholt explores the "Seven Deadly Sins" in her new exhibit at The Gallery @ Convergence. Each sculpture acts as a representation of the seven sins; lust, sloth, gluttony, wrath, envy, greed and pride. "Seven Deadlies" is on display through Oct. 31. Visit [www.ourconvergence.org](http://www.ourconvergence.org).

### SATURDAY/SEPT. 12

**Community Yard Sale.** 7 a.m.-1 p.m. at Seminary Walk Condominium behind Buildings 105, 203, and 205 Skyhill Road. Free to attend. Rain date: Sept. 19. Call 703-370-6914.

**Annual Sidewalk Sale.** 9 a.m.-5 p.m. at Hollin Hall Shopping Center, 7900 Fort Hunt Road. Variety Store, 529 Hollin Hall, Initial Impressions, Hollin Hall Pastry Shop, and The Dance Studio will participate. Free to attend. Call 703-765-4110.

**Civil War Walking Tour.** 10 a.m. at The Lyceum, 201 S. Washington St. Discover locations and stories associated with soldiers, citizens, and the enslaved, including Robert E. Lee's departure from his hometown, the occupation of Alexandria, and

emancipation. Admission is free for museum members, \$12 in advance, and \$15 on the day of the event. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) for more.

**Container Gardening in Cold Weather.** 10:30 a.m.-12 p.m. at Ellen Coolidge Burke Branch Library, 4701 Seminary Road. Master Gardeners of Northern Virginia (Arlington/Alexandria) will present a program on gardening in containers. It will emphasize the use of edible herbs and vegetables that not only look attractive but also can survive cold conditions. Free, but registration is required. Visit [www.mgnv.org](http://www.mgnv.org).

**Canine Cruise.** 11 a.m. at Alexandria City Marina, 1 Cameron St. The family dog is welcome to join in on an hour-long cruise through the Alexandria Seaport. Tickets are \$16 for adults and \$10 for children. Dogs ride free. Visit [www.potomacriverboatco.com](http://www.potomacriverboatco.com).

**Dogtopia of Alexandria Grand Reopening.** 11 a.m.-3 p.m. at Dogtopia of Alexandria, 3121 Colvin St. Dog daycare, boarding, and spa facility Dogtopia is reopening. The grand reopening is open to the public and will include facility tours, pet-friendly vendors and more. Free. Visit [www.dogdaycare.com/alexandria](http://www.dogdaycare.com/alexandria).

**4th Annual Alexandria Multicultural Festival.** 12-4 p.m. Four Mile Run Park Community Building, 4109 Mt. Vernon Ave. There will be live entertainment, local performers, children's interactive games and crafts, food, face painting and various vendors. Free. Email [cisco.fabian@alexandriava.gov](mailto:cisco.fabian@alexandriava.gov) or call 703-746-5465.

**Beekeeping for Beginners.** 1 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Learn how to get started, what equipment and permits

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# ENTERTAINMENT



## Kari Van Tine performs "She is Solid in Chaos." "Angel Soldier Dance Sublime" Now Open

Thursday, Sept. 10, the "Angel Soldier Dance Sublime" exhibit exploring femininity and power, will open with a performance of artist Kari Van Tine's "dance drawing" at 2 p.m. and public reception 6-8 p.m. at The Target Gallery, 105 N. Union St. The exhibit is a collection of work by four artists: Sam Jones, Kari Van Tine, Heather Lyon, and Anya Antonovych. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

are needed and how to care for your bees. Presented by Beekeepers Association of Northern Virginia. Free. Register at [www.fairfaxcounty.gov](http://www.fairfaxcounty.gov) for more.

**Book Signing & Reception.** 2-5 p.m. at the Fort Ward Museum, 4301 W. Braddock Road. Joseph and Sharon Scopin will be on hand to discuss their book "As I Remember." The book is about local Civil War veteran Lewis Cass White, whose story and memorabilia was discovered in the authors' basement. Free to attend. The book will be available to purchase for \$35. Only cash or check will be accepted. Visit [www.fortward.org](http://www.fortward.org) for more.

**"Artifact" Exhibit.** 4-6 p.m. at Rachel M. Schlesinger Concert Hall & Arts Center, 4915 East Campus Drive. Artist J.T. Kirkland integrates the painted gesture with the naturally occurring textures or "gestures" in the wood. Also meet, John James Anderson, an artist who will share the space. Free. Visit [www.nvcc.edu](http://www.nvcc.edu).

**Collective Delusion.** 9:30 p.m. at John Strongbow's Tavern, 710 King St. Local band will perform rock songs from the 1970s to the present. Free. Visit [www.collectivedelusion.net](http://www.collectivedelusion.net).

### SUNDAY/SEPT. 13

**Friends of the Torpedo Factory Present "Arts & Light."** 11 a.m.-5 p.m. at The Torpedo Factory, 105 N. Union St. As part of UNESCO's International Year of Light and Light-

Based Technologies, The Friends of the Torpedo Factory Art Center present Art and Light, an afternoon celebration of art, music, dance, and light. Jane Franklin Dance, the Francis C. Hammond Middle School Orchestra, The Alexandria Singers, The Dance Studio at Hollin Hall, cellist John Kaboff, and the St. Petersburg Duo will perform alongside the Radiance Orb, a large geodesic globe that responds to music and motion with flashes of color. Free. Visit [www.torpedofactory.org/orb](http://www.torpedofactory.org/orb).

**Grandparents Day Celebration.** 12-2 p.m. at Paul Spring Retirement Community, 7115 Fort Hunt Road. Celebrate Grandparents Day with family and friends with family-oriented activities including pony rides, a moon bounce and a magician accompanied by a traditional picnic lunch and live music from the Mt. Vernon Community Band. A raffle will be held by the resident council. Free. Visit [www.rui.net/paul-spring/events-activities](http://www.rui.net/paul-spring/events-activities).

### DC Public Opera Presents:

**Mozart's "Così fan tutte."** 7 p.m. at The Torpedo Factory, 105 N. Union St. DC Public Opera presents a contemporary production of Mozart and DaPonte's comic opera "Così fan tutte (The School for Lovers)." Inspired by Andy Warhol's work and parties at his New York studio, The Factory, the performances take place in the Torpedo Factory Art Center as a live installation. Tickets are \$25. Visit [www.dcpublicopera.org](http://www.dcpublicopera.org) for more.

### MONDAY/SEPT. 14

**Dance Class: The Art of Ballroom Dance.** 7-7:45 p.m. practice and 7:45-8:30 p.m. dance at the Athenaeum, 201 Prince St. Come with or without a partner to learn several classic dance styles from Gary Stephans. Admission is \$15. Email [garystephans@me.com](mailto:garystephans@me.com) or call 703-505-5998 for details.

**History Lecture: Medical Heroism in Alexandria.** 7 p.m. at the Athenaeum, 201 Prince St. Learn about the Athenaeum's role in the Civil War and medical efforts in Alexandria from historian Tom Shultz. Free. Visit [nvfaa.org](http://nvfaa.org).

### TUESDAY/SEPT. 15

**Artisan Information Presentation.** 11 a.m. at Ten Thousand Villages, 915 King St. Immanuel Bundellu of Asha Handicrafts, based in Mumbai, will discuss the impact of fair trade. The presentation will be followed by a question-and-answer session. Free. Visit [www.alexandria.tenthousandvillages.com](http://www.alexandria.tenthousandvillages.com) for more.

**Genealogy and DNA Talk.** 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Jim Bartlett tells how to use DNA test results to prove lines of ancestry in this free talk sponsored by the Mount Vernon Genealogical Society. Visit [www.mvgenealogy.org](http://www.mvgenealogy.org).

### WEDNESDAY/SEPT. 16

**The Alexandria/Mount Vernon Antiques Club Meeting.** 9:30-11 a.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Speaker Barbara Stewart will share her experiences as a buyer of antiques for dealers, decorators and individuals, as well as her volunteer work at a local thrift store, where she has found many items. Members and guests are encouraged to bring their own "finds" to share. Free. Call 703-360-4979 for more.

**Get Moving in Carlyle.** 6 p.m. at John Carlyle Square, 300 John Carlyle St. and 1901 Jamieson Ave. Take an outdoor pilates class sponsored by Local Motion Studio. Free. Visit [www.localmotionstudio.com](http://www.localmotionstudio.com) for more.

**"An Ordinary Hero."** 7-8:30 p.m. at Beatley Central Library, 5005 Duke St. Join Joan Mulholland, civil rights activist, and Mike O'Brien, author, for a screening of the documentary "An Ordinary Hero" followed by a Q&A session. The documentary focuses on Joan's experiences in the Civil Rights Movement and at the Woolworth Sit-in. Free. Visit [www.alexandria.lib.va.us](http://www.alexandria.lib.va.us) for more.

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# Some Recommendations To Improve Law Enforcement

BY CLAIRE GUTHRIE GASTAÑAGA  
EXECUTIVE DIRECTOR, ACLU OF VIRGINIA

The following open letter was addressed to Michael Hershman, chair of the Ad Hoc Police Practices Review Commission.

**W**e commend the members of the Ad Hoc Police Practices Review Commission for their work to ensure that the Fairfax County Police Department encourages a culture of public trust in law enforcement. As you know, this trust is key to ensuring a safe community.

Ensuring public trust in the FCPD will require a shift in its culture and mindset and the reassertion of civilian authority over the policies that guide policing in the county. At the foundation of this shift are the concepts and values of constitutional policing and respect for the sanctity of human life — concepts and values that should be in the DNA of all law enforcement personnel. As such, these concepts and values should provide the foundation for the Commission's recommendations and should guide all policies and procedures adopted and implemented by the Fairfax County Board of Supervisors and the FCPD.

We believe the following recommenda-

tions, if implemented, will help achieve the needed shift in the FCPD's culture and mindset. These recommendations, many of which outline policies that the supervisors should adopt as elected officials responsible to the residents they serve, include:

- ❖ **Understanding Policing in a Democratic Society** – Law enforcement are the guardians of the U.S. Constitution, thus the FCPD should initiate department-wide training to ensure its personnel understand the mission and role of police in protecting constitutional rights and the sanctity of human life, prioritizing de-escalation, and ensuring a duty to intervene if another officer uses excessive force.

- ❖ **Emphasizing Mental Health Training** – Embracing the sanctity of human life requires law enforcement to differentiate between a person who needs mental health care and a criminal offender who poses a serious threat. Training FCPD officers to distinguish between criminal offenders and individuals in need of mental health services will also better ensure that the Fairfax County Adult Detention Center does not also serve as a mental health facility.

- ❖ **Establishing a Civilian Review Board** – The establishment of a civilian review board with investigatory and discipline authority can be an effective tool for enhancing trust between the FCPD and Fairfax residents. It

does so by making the FCPD more transparent and accountable to the people.

- ❖ **Funding and Mandating Police Body Worn Cameras** – If, and only if, proper policies and procedures are in place for their use, body cams can be a win-win. They can both protect the public from police misconduct and protect the police from false allegations of abuse.

- ❖ **Ending the War on Drugs** - Drug use is a public health issue, and the Commonwealth, the County Board, and FCPD should implement policies and procedures to deal with it as such. Drug policies must be evidence-based and incorporate prevention, treatment, and public safety elements. The end of the war on drugs should begin with a policing policy that deprioritizes enforcement of marijuana possession and includes supervisors' advocacy for decriminalization of possession by the Commonwealth.

- ❖ **Mandating Data Collection** – To ensure that the FCPD is not engaged in racially biased policing, the supervisors should adopt a policy requiring the FCPD to collect, analyze, and publish an annual statistical report covering all FCPD stops, frisks, citations, arrests, and use-of-force incidents.

- ❖ **Restricting the Use of SWAT** – The supervisors should adopt a policy limiting use of SWAT to scenarios in which there is a likelihood that the situation for which the

FCPD deploys a SWAT team presents an imminent threat to the lives of civilians and/or police personnel.

- ❖ **Reforming Civil Asset Forfeiture** – Policing should be based on public safety, not supplementing the FCPD's budget. The supervisors should determine as a matter of policy that the FCPD should use asset forfeiture only when: 1) a person has been found guilty of a crime; 2) the convicted person is the owner of the property; and 3) the government has proved by clear and convincing evidence that the owner/offender either used the property in the commission of the crime or received the property as a result of the crime.

- ❖ **Enhancing Existing Policies, Practices, and Laws Regarding Police-involved Incidents** – Law enforcement should focus on de-escalation techniques and ensure that any use of force tool used is the least severe for the situation at hand, including a recognition that some less-lethal force options are less severe than others are.

While there is no silver bullet to ensuring a safe and effective police force, with restoration of effective civilian oversight the recommendations we have made will help restore public trust by making the FCPD a model for what policing in a democratic society should look like. We urge their adoption.

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## Pledge to Prevent Suicide

BY WENDY GRADISON  
CEO, PRS, INC.

**S**uicide is the second leading cause of death for Virginia youth between the ages of 15-24 and the 11<sup>th</sup> leading cause of death for all Virginians. That's why it is so important to destigmatize mental illness. We have got to get people talking. It's only through open and honest conversations that we can get people the help they need to survive.

**COMMENTARY** In fact, why not start now since National Suicide Prevention Week (NSPW) is Sept. 7-13? At PRS, Inc. — a local nonprofit helping those living with serious mental health issues and facing life crises — we have started a social media campaign called #mindsmatter. The initiative is designed to encourage followers to pledge to do something that raises awareness about mental health and suicide prevention.

Suicide is a cry for help — often not heard. Social media is a powerful tool to hold real discussions around difficult topics. With #mindsmatter, we are touching our community and engaging them as ambassadors for mental health. This is an especially important way to reach younger people with a message of hope since they are more likely to contemplate suicide.

The #mindsmatter pledge outlines activities that people can do to make a difference and spread awareness during the week and beyond. Examples of activities people can pledge to do include:

- ❖ Following PRS Facebook and Twitter pages

- ❖ Submitting a selfie showing support of NSPW
- ❖ Participating in the American Foundation for Suicide Prevention's Out of the Darkness Fairfax Walk on September 13<sup>th</sup>
- ❖ Participating in NAMIWalks Northern Virginia on September 19<sup>th</sup>
- ❖ Taking a stress test
- ❖ Sharing the campaign with family and friends
- ❖ Setting a personal goal to improve mental health

- ❖ Making a donation
- ❖ Reading and sharing stories about individuals overcoming mental illness

The #mindsmatter campaign specifically seeks to educate the public about suicide and mental health by destigmatizing the act of contacting a crisis hotline or textline, or even simply discussing mental health issues openly.

One of our core programs is PRS CrisisLink, a telephone hotline and textline for individuals facing serious life challenges, suicidal thoughts, emotional or situational problems. Last year, our telephone hotline (703-527-4077) handled nearly 40,000 crisis calls from the Northern Virginia region. To help us reach youth better, we launched a textline (text "CONNECT" to 85511) a year ago. Already our trained volunteers have exchanged over a quarter of a million crisis text messages.

Clearly, demand for conversation is high and having these phone and text outlets are important ways to communicate with those in crisis. But an even better way is to reach people before they are in crisis. We can all start by pledging to be part of the dialogue.



Representatives from the real estate, moving and home design industries will show homeowners planning to downsize how to do so in style.



PHOTOS COURTESY OF TTR SOTHEBY'S INTERNATIONAL REALTY

Homeowners attending a seminar on downsizing will get expert advice on issues like furniture placement, organization and interior design.

# Thinking of Downsizing?

BY MARILYN CAMPBELL  
THE GAZETTE

Homeowners considering a move from a large home to a smaller dwelling will have an opportunity to receive expert advice on their transition later this

month. Representatives from the real estate, moving and home design industries will host a lifestyle seminar to discuss downsizing issues like interior design, organizing and packing.

“The lifestyle seminar will address all aspects of moving and condo living, including what to keep, what to donate and how

Free seminar will focus on moving to a smaller place without sacrificing style.

to decide,” said Christine Basso of TTR Sotheby’s International Realty. “The experts at Town & Country Movers will discuss ways to make the entire moving process run smoothly from starting early to the most effective ways to pack to determining what goes where.”

SEE THINKING, PAGE 23

## Lifestyle Seminar

Quarry Springs  
8101 River Road in Bethesda, Md.  
Sept. 20 from 11 a.m. to 1 p.m.

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# Mount Vernon REAL ESTATE

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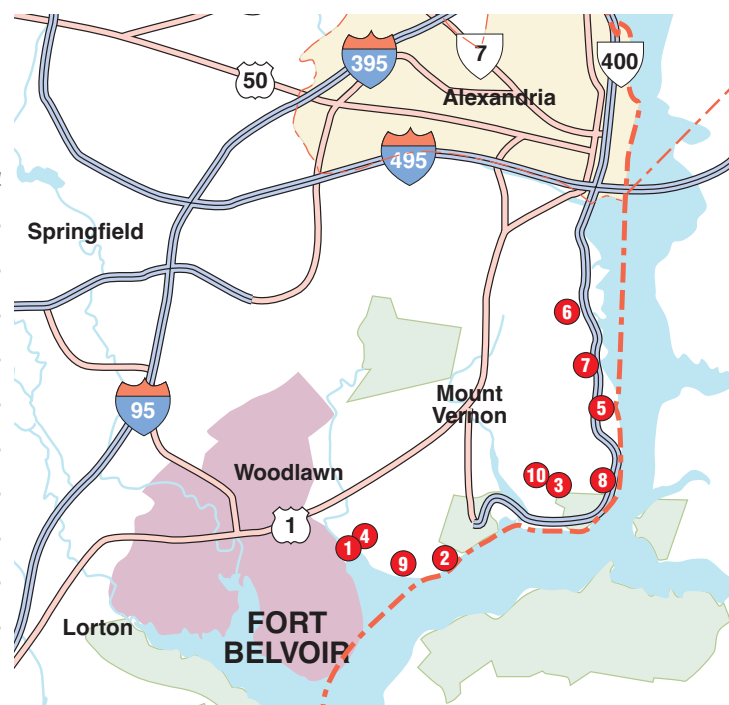
3 8713 Standish Road — \$1,670,000



8 901 Dalebrook Drive — \$1,260,000

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1 9380 MOUNT VERNON CIR	5	..	6	..	2	ALEXANDRIA	\$3,500,000	Detached	0.60	22309	MT VERNON ON THE POTOMAC	01/29/15
2 9409 LUDGATE DR	4	..	5	..	1	ALEXANDRIA	\$1,800,000	Detached	0.50	22309	WASHINGTON WOODS POTOMAC	05/28/15
3 8713 STANDISH RD	6	..	5	..	1	ALEXANDRIA	\$1,670,000	Detached	0.45	22308	PLYMOUTH HAVEN	06/22/15
4 9357 MOUNT VERNON CIR	5	..	7	..	1	ALEXANDRIA	\$1,425,000	Detached	0.43	22309	MT VERNON ON THE POTOMAC	06/30/15
5 8000 BOULEVARD DR E	5	..	4	..	1	ALEXANDRIA	\$1,355,000	Detached	0.54	22308	ARCTURUS ON THE POTOMAC	06/22/15
6 7214 VALON CT	6	..	4	..	1	ALEXANDRIA	\$1,300,000	Detached	1.24	22307	VILLAMAY	03/31/15
7 7717 RIDGECREST DR	6	..	4	..	0	ALEXANDRIA	\$1,261,700	Detached	0.50	22308	WELLINGTON	04/30/15
8 901 DALEBROOK DR	6	..	4	..	1	ALEXANDRIA	\$1,260,000	Detached	0.65	22308	WAYNEWOOD	05/29/15
9 9496 LYNNHALL PL	5	..	4	..	1	ALEXANDRIA	\$1,200,000	Detached	0.43	22309	OXFORD	05/15/15
10 8709 FORT HUNT RD	5	..	4	..	1	ALEXANDRIA	\$1,150,000	Detached	0.52	22308	PLYMOUTH HAVEN	05/29/15

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# Home LifeStyle



PHOTOS BY GREG HADLEY

**BEFORE:** The original kitchen relied on rows of builder-grade cabinets for storage.



**AFTER:** Paul and Laurie Carter, who remodeled their Alexandria home in several phases over nearly two decades, have made their home available for an "open house" Saturday, Sept. 12. The open kitchen plan (shown) was part of the final phase. Sun Design Remodeling introduced a transitional-style interior design.

## WHOLE HOUSE REMODELED HOME TOUR

Saturday, September 12<sup>th</sup>, 12pm-4pm

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## ‘Remodeled Home Tour’

A 3,700-square-foot, four-bedroom center hall Colonial renovated in phases over nearly two decades will be featured in a “Remodeled Home Tour” sponsored by Sun Design Remodeling. The house, at 1611 Noral Place in Alexandria, is owned by Paul and Laurie Carter. The residence will open to the public Sept. 12, noon-4 p.m.

Purchased by the Carters in 1998, the home has evolved steadily over the years. Originally a production house with builder-grade finishes, the whole house remodel now on display demonstrates the kinds of improvements and upgrades that can occur when owners continue to occupy, modifying the environment to suit evolving interests.

“The ideal of long term ownership is the option to create a home that, over time, becomes more supportive of favored activities and aesthetic preferences,” says Bob Gallagher, Sun Design executive vice president. “We are finding this kind of on-going commitment to personalizing a residence much more frequently than in decades past.”

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm recently opened a second office in McLean. Call 703-425-5588 or visit [www.SunDesignInc.com](http://www.SunDesignInc.com) for more.

— JOHN BYRD

## Thinking of Downsizing?

FROM PAGE 21

According to Basso, seminar attendees will also hear from design experts who will offer guidance on personalizing one’s living space. They will also give advice on topics such as measuring existing and new furniture for space placement and incorporating an art collection into a home’s design.

The seminar will be held Sun-  
[www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

day, Sept. 20 from 11 a.m. to 1 p.m. at Quarry Springs estate condominiums, located at 8101 River Road in Bethesda, Maryland. The Quarry Springs complex will open later this year.

To RSVP to the free event, contact Christine Basso at 202-302-2508. Visit <http://www.quarrysprings.com> for more information.



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—Helena Scott



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The residents at the Hermitage stay busy. Just ask Helena Scott, who was confined to wheelchair for 30 years because of Multiple Sclerosis and with regular physical therapy at the Hermitage, can now walk a mile a day when the weather permits. In her spare time, Helena knits scarves for fellow residents, volunteers in the beauty salon, sits on the Health Center Committee and delivers mail. Our residents also rave about our superb dining service, our courteous and helpful staff, and an overall feeling of caring and security that comes with living at the Hermitage.

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Col. Edwin C. Roessler Jr., Fairfax County Chief of Police, thanked the crowd of 52 golfers and Belle Haven Country Club staff for their support.

## Annual Patriot Day Golf Classic

Fairfax County Fire and Rescue hoisted an oversized American flag to honor Sept. 11 first responders at the 2nd Annual Patriot Day Golf Classic at Belle Haven Country Club on Friday, Aug. 28. The event is hosted by the newly formed Belle Haven Patriot Day Foundation, a 501c(3), created by country club.

PHOTOS CONTRIBUTED



The 2nd Annual Patriot Day Golf Classic raised more than \$10,000 for the Fairfax County Police Department, the Fairfax County Fire and Rescue Department, and the Folds of Honor Foundation.

The Fairfax County Public Safety Honor Guard's Presentation of Colors kicked off the festivities at the 2nd Annual Patriot Day Golf Classic.

Representing Fairfax Fire and Rescue in the Patriot Day Golf Classic were (from left) Rich Peterson, Gery Morrison, Andrew Rose, and Chris Kroboth.



## BULLETIN BOARD

FROM PAGE 6  
650-0779 or visit  
[www.springhillsmountvernon.com](http://www.springhillsmountvernon.com).

### MONDAY/SEPT. 14

**Ad Hoc Police Practices Review Commission Meeting.** 7:30 p.m. at Walt Whitman Middle School, 2500 Parkers Lane. The public is welcome to attend. Visit [www.fairfaxcounty.gov/policecommission](http://www.fairfaxcounty.gov/policecommission).

### WEDNESDAY/SEPT. 16

**Mount Vernon At Home Coffee Social.** 11 a.m. at Sherwood Regional Library, 7116 Fort Hunt Road. This event will include information on aging in place and volunteer opportunities in the Mount Vernon at Home community. Free. RSVP by calling 703-303-4060 or by emailing [info@mountvernonathome.org](mailto:info@mountvernonathome.org).

### TUESDAY/SEPT. 19

**Worship Watch Meeting.** 8:30-12 p.m. at Aldersgate United Methodist Church, 1301 Collingwood Rd. Participate in a crime prevention meeting focused on preventing crime targeted toward places of worship. Admission is free. Call 703-360-8928 or e-mail [Robert.urps@fairfaxcounty.gov](mailto:Robert.urps@fairfaxcounty.gov).

### THURSDAY/SEPT. 24

**SFDC Summit: Sustainability & Resiliency.** 9-11 a.m. at Hampton Inn & Suites, 5821 Richmond Highway. Attend a program about "green" building, planning for a healthier environment and a more resilient community. Time to network and a continental breakfast will be provided. Free. Visit [www.sfdc.org](http://www.sfdc.org).

### SATURDAY/SEPT. 26

**Drug Take-Back Day.** 8 a.m.-2 p.m.

at Franconia District Station, 6121 Franconia Road; Mount Vernon District Station, 2511 Parkers Lane. According to the 2013-2014 Fairfax County Youth Survey, over 13 percent of high school seniors have used painkillers without a doctor's order. Individuals can bring unused or expired medications (pills or liquids – no pressurized canisters or needles). Visit [www.upcfairfax.org](http://www.upcfairfax.org)



# West Potomac Offense Torches Langley in Opener

## Wolverines gain 543 yards, score six touchdowns against Saxons.

BY JON ROETMAN  
THE GAZETTE

**O**n the first play from scrimmage of Thursday night's game against Langley, West Potomac quarterback Mark Ellis completed a quick pass to CJ Burch for 13 yards. After two running plays, Ellis and Burch hooked up twice more, for 11 and 12 yards, respectively.

On the following play, Ellis looked to his left and lobbed a pass down field to Cory Jones, who made the catch in the end zone for a 28-yard touchdown.

West Potomac's first drive of the 2015 season: six plays, 80 yards, 81 seconds.

And the Wolverines were just getting started.

The West Potomac football team amassed 543 yards of offense and five different Wolverines reached the end zone during a 41-28 victory over the Saxons on Sept. 3 at Langley High School.

"I believe we did an amazing job," Burch said. "People were doubting us about it because [Langley] got to the playoffs [last season] and we didn't, and we came out here and showed them what we can do."

West Potomac took the lead for good when running back Justine Annan scored on a 10-yard run, giving the Wolverines a 28-21 advantage with 3:14 remaining in the third quarter.

West Potomac defensive back Gideon Oteng ended the ensuing Langley possession



West Potomac quarterback Mark Ellis threw three touchdown passes against Langley on Sept. 3.

with an interception deep in Wolverine territory. West Potomac then marched 77 yards in seven plays, extending its lead to 35-21 when Ellis scored on a 1-yard keeper.

Langley quarterback Jack Anderson made it a one-score game when his 1-yard touchdown run cut the West Potomac lead to 35-28 with 7:29 left in the fourth quarter, but the Wolverines would add an insurance touchdown on their ensuing drive when sophomore running back Daiimon Cleveland scored from 1 yard with 3:51 remaining.

"Defensively, [it's] pretty obvious, we got exposed for what it is," Langley head coach John Howerton said. "We've got some good kids, they're trying hard, but when [West Potomac] can put five or six kids out there faster than anybody you've got, there comes a problem."

Shortly after West Potomac's opening possession, a lightning delay halted play for more than an hour. Inclement weather proved to be the only means of slowing down the Wolverines.

With the Langley defense focused on taking away big plays, West Potomac went to the short passing game and moved the ball

While Ellis and Burch did not connect on a deep pass, Burch did catch eight passes for 150 yards in the first half.

"We know that they don't like to give up the deep ball," Ellis said. "CJ is a playmaker. [We] get it in his hands wherever we can."

Burch, a 6-foot-2 senior who has received interest from several Division I programs, finished with 14 receptions for 206 yards.

"I thought [Burch] did a great job," West Potomac head coach Jeremiah Ross said. "He executed. He caught pretty much everything."

Ellis, a 6-foot-4 junior left-hander, completed 22 of 29 passes for 374 yards and three touchdowns. He also ran for a score. Ellis completed his first eight attempts and 12 of his first 14. He was 14 of 20 in the first half.

"I thought the quarterback played very well," Langley coach Howerton said. "He didn't look that sharp on film but ... what, was it the second half before he missed a ball?"

West Potomac turned to the ground game in the second half and found success with Annan and Cleveland. Annan, a junior, finished with 21 carries for 107 yards and a touchdown. Cleveland had 10 carries for 82 yards and a score.

Langley quarterback Anderson completed 15 of 30 passes for 204 yards, with one touchdown and one interception. The senior also rushed 13 times for 78 yards and two touchdowns.

Junior running back Aaron Feldman, making his first varsity start for Langley, carried 21 times for 105 yards and a score. He also caught five passes for 34 yards.

"I thought [Feldman] played very well," Howerton said. "He ran hard. He's not an easy kid to tackle, he's rugged. ... I thought it was a good first varsity start for him."

West Potomac (1-0) will host Edison (0-1) at 7 p.m. on Friday, Sept. 11. Langley (0-1) will host Broad Run (1-0) at 7 p.m. on Friday.



West Potomac receiver CJ Burch had 14 receptions for 206 yards during the Wolverines' 41-28 win over Langley on Sept. 3.

with ease. Ellis passed for 294 yards in the first half, capitalizing primarily on short-to-intermediate throws. A screen pass to Cleveland turned into a 38-yard touchdown, and a wide receiver screen to Brandan Lisenby went for a 61-yard score.

## SCHOOL NOTES

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

**Carla Cisneros** was named to the dean's list for the spring 2015 semester at Mary Baldwin College (Staunton, Va.).

**Moudran Kamara** was named to the University of Massachusetts Boston (Boston, Ma.) dean's list for the spring 2015 semester.

**Isaih Clarke** will attend the University of Albany-SUNY (Albany, N.Y.) in fall 2015.

**Anna Patricia Manalo** has graduated from Binghamton University (Binghamton, N.Y.).

**Laura Magnan** has been named to the dean's list at Belmont University (Nashville, Tenn.) for the summer 2015 semester.

**Mohammad Khalil** has been named to the president's list at Davenport University (Grand Rapids, Mich.) for the spring/summer 2015 semester.

**Taryn Brice Rowland** and **Eric T. Van Horn** have graduated from Clemson University (Clemson, S.C.).

## SPORTS BRIEF

### Mount Vernon Football Earns First Win Since 2013

The Mount Vernon football team defeated Stuart 39-16 on Sept. 4 at MVHS, earning the program's first victory since 2013.

The Majors (1-0) will host Conference 7 opponent West Springfield (1-0) at 7 p.m. on Friday, Sept. 11.

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21 Announcements

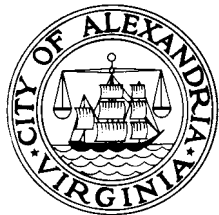
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101 Computers

101 Computers

26 Antiques

26 Antiques



Public Hearing will be held by the City Council of the City of Alexandria, Virginia, in the Council Chambers, City Hall, City of Alexandria, Virginia, on Saturday, September 12, 2015, at 9:30 a.m., or as soon as may be heard on the hereinafter described items.

\*\*\*\*\*  
AN ORDINANCE to amend and reordain Title 3 (FINANCE, TAXATION AND PROCUREMENT), Chapter 2 (TAXATION), Article M (LEVY AND COLLECTION OF PROPERTY TAXES), Division 1 (REAL ESTATE), of the Code of the City of Alexandria, Virginia, 1981, as amended.  
The proposed ordinance adds a new Section 3-2-192 creating the Eisenhower West Victory Center Redevelopment District, defining the boundaries of the district and setting forth the terms and conditions for and levels of partial real estate tax exemption therein.

\*\*\*\*\*  
THE PUBLIC IS ADVISED THAT AMENDMENTS OR ADDITIONS MAY BE MADE TO PROPOSED ORDINANCES WITHOUT FURTHER PUBLICATION. IT IS RECOMMENDED THAT PERSONS INTERESTED IN ANY OF THESE ORDINANCES OBTAIN FREE FULL-TEXT COPIES FROM THE CITY CLERK AT CITY HALL. JACKIE M. HENDERSON, MMC, CITY CLERK

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**LEGAL NOTICE**  
Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

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**OBITUARY**



**Priscilla Alden Ford**

TENNENT, Priscilla Alden Ford, age 86, of Richmond, Virginia, passed away on August 31, 2015, at her home in Westminster Canterbury, Richmond. Priscilla, the daughter of Dr. David Emerson Ford and Mildred Katherine Bascom, was born July 31, 1929, in New Bern, North Carolina and raised in Washington, North Carolina. She was a 1946 graduate of St. Mary's School in Raleigh, North Carolina and a 1950 graduate of St. Luke's Hospital School of Nursing in New York, New York. She married John Hooper Tennent, IV on June 7, 1952 and made their home in Alexandria, Virginia. She was employed at Alexandria Hospital, the Visiting Nurse Association of America, and retired after 27 years from Goodwin House in Alexandria, Virginia. Priscilla is survived by her children, John Hooper Tennent, V (Marena) of Clifton, Virginia, David Ford Tennent (Faith) of Bowie, Maryland and Katherine Tennent Cox (Robert) of Richmond, Virginia; her grandchildren, Sarah Elaine Simmons (Raymond) of Prince Frederick, Maryland, Ashley Eileen Tennent of Clifton, Virginia and Alan Sanford Tennent of Redwood City, California; her great grandchildren, Anna Faith Simmons and Rosalie Patricia Simmons. A memorial service will be held at 2pm at the Westminster Canterbury Chapel on September 11, 2015. In lieu of flowers, memorial contributions can be made to the CrossOver Healthcare Ministry, 8600 Quiccasin Road, Richmond, Virginia, 23229.

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**ALEXANDRIA CITY PUBLIC SCHOOLS  
INVITATION TO BID NUMBER 15-09-01**

The Alexandria City School Board dba Alexandria City Public Schools is seeking Bids for ASUS Chrombooks.

Sealed Bids with the notation ITB# 15-09-01, ASUS Chromebooks, will be received in the Central Procurement Office, 1340 Braddock Place, Suite 620, Alexandria, Virginia 22314, on or before 3:00 pm, September 14, 2015. The time of receipt shall be determined by the time clock stamp in the Procurement office. Bids appropriately received will be opened and read aloud. ITB documents may be obtained at the above Procurement Office or by calling 703-619-8043, or by downloading the Bid from the ACPS website at <http://www.acps.k12.va.us/financial-services/purchasing/bids.php>.

No Bids may be withdrawn for a period of ninety (90) days after the opening of the bids except as may be set forth in the ITB.

ACPS reserves the right to cancel this ITB and/or reject any or all Bids and to waive any informalities in any bid.  
Sharon T. Lewis M.P.S., CPM, CPPB, VCO  
Director of Procurement & General Services

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**OBITUARY**

**Carolyn Weaver Mackay (Age 63)**

On August 26, 2015 in Arlington, VA, Carolyn passed away with her family by her side. A native of the DC area, Carolyn grew up in Bethesda, MD and was a graduate of Mary Washington College in 1973 with her degree in Economics and was a member of Phi Beta Kappa. She then attended graduate school at Virginia Tech where she earned her Doctorate in Economics in 1977. She served on the economics faculties of Tulane University and Virginia Tech and was a Research Associate at the Center for Study of Public Choice at Virginia Tech. She was a Senior Research Fellow at the Hoover Institute at Stanford University from 1984-1986. Carolyn served as Editor of Regulation magazine from 1986-1988 and was a Resident Scholar and the Director of Social Security and Pension Studies at the American Enterprise Institute from 1987-2000.  
From 1981-1984, Carolyn was chief professional staff member on social security for the U.S. Senate Committee on Finance, under the Chairmanship of Senator Robert Dole, and during that time also served as Senior Advisor to the 1983 National Commission on Social Security Reform ("Greenspan Panel"). She served on several federal advisory councils dealing with social security and disability policy, including the 1994-1996 Social Security Advisory Council, the 1994-1997 U.S. Social Security Advisory Board, the U.S. Disability Advisory Council, and the Social Security Public Trustees Working Group on Trust Fund Solvency, and was a founding member of the National Academy of Social Insurance. Carolyn testified frequently on Capitol Hill on issues pertaining to social security and the budget, social security solvency and reform, disability policy, and welfare reform. She also wrote books, articles, and editorials on these subjects and was a policy advisor to two presidential can-



didates. Carolyn is recognized in Who's Who in America.  
Carolyn lived out her faith in service to the Lord. She taught Sunday school and served on the Pastoral Care Committee and the Vestry at St. Paul's Episcopal Church in Alexandria. She also devoted herself to outreach and service to her Christian Brothers and Sisters in Uganda and Sudan and was a founding board member of the American Friends of the Episcopal Church of Sudan (AFRECS). In 2009, Carolyn and her family joined The Falls Church Anglican, where she was an active member of Women's Ministry Bible Study and served on the Guild of the Christ Child and the Hospitality Committee. She was also a long-time supporter, mentor, and tutor with Central Union Mission in Washington, DC. Carolyn is survived by her ever-loving husband of 35 years, Robert J. Mackay; children, Taylor and Bennett Mackay; step-daughter, Stacy Mackay O'Bryant; grandchildren, Patrick and Joseph O'Bryant; brothers, Kenneth Jr., Brian, and Scott Weaver; as well as a host of nieces, nephews, cousins and other extended family. She was preceded in death by her parents, Kenneth and Margaret Weaver.  
Family and friends may gather on Thursday, September 10, 2015 from 2-4 & 6-8 p.m. at Everly-Wheatley Funeral Home, 1500 W. Braddock Rd., Alexandria, VA 22302. A funeral service will be held on Friday, September 11, 2015 at 10:00 a.m. at Columbia Baptist Church, 103 W. Columbia St., Falls Church, VA 22046. The committal will follow at Columbia Gardens Cemetery in Arlington, VA. In lieu of flowers, donations may be made to the Central Union Mission at [www.missiondc.org](http://www.missiondc.org) with a designation for the Carolyn Mackay Education Fund. A guest register may be found at [www.everlywheatley.com](http://www.everlywheatley.com).

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We take a bite out of your bark.

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- Clearing of deadwood,
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Saturday, 8 am to 5 pm  
Sunday, 10 am to 4 pm  
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**TOYOTA**  
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**BACK-TO-SCHOOL SPECIAL**  
**\$59<sup>95</sup>**

**Includes:** Genuine Toyota oil filter, up to 5 qts of conventional oil\*, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters

SYNTHETIC OIL \$10.00 MORE. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

**FALL DETAIL SPECIAL**  
**\$119<sup>95</sup>**

Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior. Vans & SUVs add \$20.00.  
By Appointment Only

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

**4 WHEEL ALIGNMENT**  
**\$79<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

**INCLUDES:** inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

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**FALL SAVINGS**



New Camry's, Corolla's, RAV4's and Prius's  
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Fall is here and so are the SAVINGS!  
Ask one of our sales managers.  
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**TOYOTA GENUINE SERVICE**  
**BRAKE SPECIAL**  
**\$99<sup>95</sup>**  
PADS

**Includes:** Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

**MACHINE ROTORS AN ADDITIONAL \$199.95.**

DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

**TOYOTA GENUINE SERVICE**  
**30000 MILES FACTORY RECOMMENDED SERVICE**  
**\$159<sup>99</sup>**  
Synthetic \$10 More

**Includes:** Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

**EXTEND THE LIFE OF YOUR VEHICLE!**  
**BG FLUID EXCHANGE SPECIAL**

- TRANSMISSION FLUSH **\$189<sup>95</sup>**
- POWER STEERING FLUSH **\$139<sup>95</sup>**
- BRAKE FLUSH **\$139<sup>95</sup>**
- FUEL INDUCTION FLUSH **\$139<sup>95</sup>**

FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$80.00. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

**ROTATE & BALANCE SPECIAL**  
**\$59<sup>95</sup>**

**Includes:** Rotate and balance all 4 wheels and inspect brakes and tires.

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**BUY 3 TIRES AND GET 4TH FOR \$1.00**

**GET TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION. PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS.**

**BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95**

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**TOYOTA GENUINE SERVICE**  
**15% OFF SITE LINE WIPER BLADES WITH FREE INSTALLATION**

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**TOYOTA GENUINE SERVICE**  
**15% OFF ANY ACCESSORIES**

- Apparel • Window visors
- I-pad adaptors • All weather floor mats
- Toyota bedliners

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**TOYOTA GENUINE SERVICE**  
**DETAIL SPECIALS**

- \$39<sup>95</sup>** Wash & Vacuum
  - \$139<sup>95</sup>** Hand wash, wax & interior cleaning
  - \$295<sup>95</sup>** Full premium detail
- By Appointment Only

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

**VARIABLE DISCOUNT**

**\$5.00 OFF** with purchase of \$35.00 - \$49.99

**\$10.00 OFF** with purchase of \$50.00 - \$99.99

**\$15.00 OFF** with purchase of \$100.00 - \$199.99

**\$20.00 OFF** with purchase of \$200.00 - \$499.99

**\$50.00 OFF** with purchase of \$500.00 Or more

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**WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS**

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**TRUE START BATTERY SPECIAL**  
**\$99<sup>95</sup>**  
FROM

**INCLUDES BATTERY INSTALLATION**

**Includes:** 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

**TOYOTA GENUINE SERVICE**  
**COMPLIMENTARY MULTI-POINT INSPECTION**

**Includes:** inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

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