

Springfield CONNECTION

Franconia ❖ Kingstowne
Newington

Fairfax County Police officers from the West Springfield District Reem Awad (center) and Zachary Rocco (right) give a Lake Braddock student a warning after he crossed train tracks at Old Burke Lake Road.

Crossed Paths

NEWS, PAGE 3



Winning Five
Gold Medals

NEWS, PAGE 11

'Your Vote,
Your Power'

NEWS, PAGE 8

FOLLOW ON TWITTER: @SPRCONNECTION

ENTERTAINMENT, PAGE 10 ❖ SPORTS, PAGE 12 ❖ CLASSIFIED, PAGE 14

PHOTO BY TIM PETERSON/THE CONNECTION

Fairfax NAACP To Host Rally

Seeking 'Justice for Natasha McKenna.'

By TIM PETERSON
THE CONNECTION

Fairfax County NAACP president Shirley Ginwright announced a rally will be held Sept. 27 to demand justice for Natasha McKenna, a 37-year-old woman with mental illness who died in February after she had been held in the Adult Detention Center.

During a struggle with a team of deputies who attempted to remove her from her cell and transport her to Alexandria police — who had a warrant for her arrest — McKenna was tased four times.

Sheriff Stacey Kincaid recently released a video of the incident, following a report from Commonwealth's Attorney Raymond F. Morrogh that he determined none of the individuals involved had committed any criminal offense.

"Anyone who watched the 48-minute video released last week of Natasha McKenna's last conscious moments cannot help but be horrified," Ginwright said in a statement. "Those who have read the 52-page report from Fairfax County Commonwealth Attorney Raymond Morrogh and his conclusion that it was a 'tragic accident' cannot help but wonder, 'What video was he watching?'"

Ginwright said she has been in touch with McKenna's family through their lawyer and that the



PHOTO BY TIM PETERSON/THE CONNECTION

Commissioner Shirley Ginwright, chairman, Communities of Trust Committee and president of the Fairfax County chapter of the National Association for the Advancement of Colored People, responds to protesters for Natasha McKenna at the public forum of the Fairfax County police practices review commission.

woman's mother is planning to attend the rally, where she'll make her first public statement on the incident. There will also be speakers from the Virginia and national NAACP groups, American Civil Liberties Union, members of McKenna's family, the family lawyer and social activist groups.

The rally will be held Sunday, Sept. 27, beginning at 2 p.m. on the grounds of the Fairfax County Courthouse, 4140 Chain Bridge Road, Fairfax, VA 22030.

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

FRIDAY-SATURDAY/SEPT. 25-26

Children's Consignment Sale.

Friday: 9 a.m. - 8 p.m. Saturday: 9 a.m. - 12 p.m. Cameron United Methodist Church, 3130 Franconia Road, Alexandria. Children's clothing and toys in good condition available for purchase.

SATURDAY/SEPT. 26

Community Coffee House. 6-9 p.m. The Historic Sydenstricker Schoolhouse, 8511 Hooes Road, Springfield. Community coffee house, benefiting the Historic Sydenstricker Schoolhouse featuring live music, coffee and baked goods donated by members of the community and local businesses. Donations appreciated.

Community Shredding Day.

9 a.m. - 12 p.m. Parking lot between Whole Foods and Patrick Henry Library, 133 Maple Avenue East, Vienna. Gain peace of mind by bringing outdated personal documents to on-site shredding service provided by TrueShred. Non-perishable canned good will also be collected for donation to Food for Others during this event.

SUNDAY/SEPT. 27

Burke Historical Society Meeting.

4:30 p.m. Abiding Presence Lutheran Church, 6304 Lee Chapel Road, Burke. This meeting will discuss the history of the "infrastructure" of the local jazz scene: the performance venues, festivals, educational institutions, and radio programs that have helped to support the music over the years.

TUESDAY/SEPT. 29

Friends of Burke Lake Park Information Meeting.

7-8 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Come find out how you can support Burke Lake Park through community and philanthropic activities.

SATURDAY/OCT. 3

Bikes for the World Collection.

9 a.m. - 12 p.m. Saint Mary of Sorrows Church, 5222 Sideburn Road, Fairfax. October 3rd from 9 a.m. to noon.

Bring your usable/ repairable bikes and spare parts to the Farrell Hall parking lot for shipment to poverty stricken areas of the world. No bikes? Donations to offset shipping costs gratefully accepted. Make checks payable to Saint Mary of Sorrows Church with Bikes for the World in the memo line.

For more information contact: Cathy at 703-3075512, cat.gaiser@gmail.com, or Brian at 703-764-3845, LBBAKEITH@gmail.com.

BURKE NURSERY

Presents Our 21st Annual
FALL FESTIVAL & Pumpkin Playground

October 1 thru October 31

Fall is a great time to plant. Visit our Nursery for trees, shrubs and all your garden needs!

For More Information Call:

(703) 323-1188

www.pumpkinplayground.com

BURKE NURSERY & GARDEN CENTRE

9401 Burke Road
Burke, VA 22015

Garden Centre is open daily 8-7

Featuring
MARY APONTE
Cherokee Story
Teller, 9-12
Weekdays

ADMISSION \$10.00 M-F; \$14.00 SAT/SUN & Oct. 12 • WEEKDAY GROUP TOURS • SEASON PASSES AVAILABLE

LOTS OF FAMILY FUN

SPOOKY HAY RIDES • MONEY MOUNTAIN MINERS MOUNTAIN SLIDE WIZARD OF OZ SLIDE W/ADDITIONAL SLIDE • MINI CAROUSEL WESTERN TOWN • GRAVE YARD AIRPLANE • MERRY-GO-ROUNDS INDIAN TEE-PEE • TUMBLING TUBES PHONE TUBES • GHOST TUNNEL SLIDE PUMPKIN FORT • FARM ANIMALS • MECHANICAL RIDES PIRATE SHIP AND PIRATES CAMP GHOST TRAIN • SPOOKY CASTLE FIRETRUCK • MONSTER TRUCK SLIDE

SPECIAL EVENTS SAT - SUN 10-5

FACE PAINTING

Additional Fees for these Events:

BALLOON ANIMALS \$2

WOBBLE WAGON \$2

MOON BOUNCE \$2

PONY RIDES \$5

GIGANTIC SELECTION OF

PUMPKINS • CORN STALKS CIDER • JAMS & JELLIES APPLES • HALLOWEEN DECORATIONS CABBAGE & KALE • WINTER PANSIES CHRYSANTHEMUMS

Mon-Thu 9-8

Fri-Sun 9-9

(Weather Permitting)

NEW LOCATION SALE GET 'EM WHILE THEY LAST

STANTON *Gregory Hirst* *Karastan* *Masland CARPETS&RUGS*



Assorted Sizes & Styles All One Price

50% Off Binding
Free Pad with Installation*

* See store for details.

ALEXANDRIA CARPET ONE FLOOR & HOME
851 S. PICKETT STREET, ALEXANDRIA, VA 22304
571.350.8617 | WWW.CARPET1ALEXANDRIA.COM



Members of Fairfax County Police and Norfolk Southern Railroad Police teamed up to spread awareness of safety and laws surrounding railroad tracks, which are considered private property and are illegal to cross



Fairfax County Police officers from the West Springfield District Reem Awad (center) and Zachary Rocco (right) give a Lake Braddock student a warning after he crossed train tracks at Old Burke Lake Road.

Crossed Paths

Law enforcement raising awareness of train track safety.

PHOTOS BY TIM PETERSON/THE CONNECTION

BY TIM PETERSON
THE CONNECTION

Adil Gour has been crossing the Virginia Railway Express tracks in Burke for three years. “It’s convenient for me, instead of going all the way around,” Gour said. All the way around in this case means taking Guinea Road to Roberts Road and south. On Sept. 17, Gour crossed the tracks and met a contingent of law enforcement, officers from both Fairfax County Police and the Norfolk Southern Railroad Police.

The two organizations teamed up that day to spread awareness of safety and laws surrounding railroad tracks, which are considered private property and are illegal to cross.

Gour was stopped by Norfolk Southern special agent Matthew Caplan out of Manassas, who explained the safety risks and legal repercussions of crossing to him.

“I do understand, the warning was fair,” Gour said. But since he makes the trip three times a day, the ten minutes crossing the tracks saves him adds up. “If you want your Hot Pockets quick, are you going to use the microwave or the oven?” he said. “You’re going to look for the easiest way.”

The Norfolk Southern Police are executing a year-long Trespass Abatement Program and chose to focus on five locations in Fairfax County this day because of the number of injuries and casualties involving railroad property locations seen here in the last two years.

The Norfolk Southern Railroad Police reported three fatalities in Fairfax County in 2014, two of which were juveniles. Other law enforcement-trespasser interactions that year included 19 who were warned and ejected (15 juveniles) and three arrests (2 juveniles).

Year-to-date in 2015, the railroad police said there are no casualties but a juvenile sustained multiple lacerations and a broken hand. Fifteen individuals were warned and ejected (11 juveniles) and there have been four arrests, all of which were juveniles.

Supervisory special agent George



Adil Gour, of Burke (left), receives a warning from Norfolk Southern Railroad Police special agent Matthew Caplan (right) after he crossed the Virginia Railway Express tracks by the Burke Station.

Kaufmann with the Norfolk Southern Police said the law enforcement group has been trying to approach as many individuals and local businesses as possible, including handing out 800 informational pamphlets to 74 businesses in the Burke area.

“If we can save one life, it’s well worth the effort,” Kaufmann said.

In addition to the Burke Virginia Railway Express station, another problem area is a spot on the same tracks next to Old Burke Lake Road where hundreds of students from Lake Braddock Secondary School are known to cut through and cross.

“They’re just oblivious, ignorant,” said Eric Ivancic, 2nd Lt. with the Fairfax County



Eric Ivancic, 2nd Lt. with the Fairfax County West Springfield District “Bike Team,” sees a major problem with students using train tracks as a cut-through while walking to and from school.

Safety Reminders from Police

- ❖ **Trespassing on railroad tracks is dangerous and illegal.** The tracks, rail yards and equipment are private property. Walking, hunting, fishing, etc. on railroad tracks is considered trespassing. You could be hurt or killed.
- ❖ **The only safe place to cross railroad tracks is at designated public crossings where there are warning signals.** If you cross anywhere else, you can be ticketed and fined.
- ❖ **Trains overhang the tracks by at least three feet on either side.** If you are in the right of way near a track, you can be hit.
- ❖ **Do not hunt, fish, or bungee jump from railroad trestles.** Trestles only have room for a train. They are not designed to be sidewalks or pedestrian bridges. Never walk, run, cycle or drive ATVs on tracks, rights of way or through rail tunnels.
- ❖ **Never attempt to hop aboard railroad equipment.** A slip of the foot could cost you your life.

West Springfield District “Bike Team.” “The complacency and the headphones are a dangerous recipe.

Members of the bike team and railroad police positioned themselves on either side

of the Old Burke Lake Road cut-through to stop any students trying to cross.

Caplan said information was also being distributed to Student Resource Officers in the area for them to disseminate.

Fairfax Author Speaks on New Civil War History

On Wednesday, Sept. 30, Fairfax author Mark Tooley will speak at 7 p.m. at City of Fairfax Regional Library, Fairfax, on his his new book, "The Peace that Almost Was: The Forgotten Story of the 1861 Washington Peace Conference and the Final Attempt to Avert the Civil War."

His history is the first in over 50 years on the tense days in D.C. in early 1861 when some of the America's most important statesmen, led by former President John Tyler, gathered at the Willard Hotel to try and prevent national disaster.

The book recounts not only the attempts at political compromise over slavery but also the colorful interplay of personalities involved, social and religious life in D.C. on the eve of Civil War, and the drama over Abraham Lincoln's arrival for his inauguration.

Tooley will be speaking as part



Mark Tooley

of the annual Fall for the Book literary festival sponsored by, among others, Fairfax Public Library and George Mason University. He is a native of Arlington, a 28 year resident of Fairfax County, a frequent commentator on politics, religion and history, and a lifelong Civil War buff.

For more info on Tooley's Sept. 30 talk and Fall for the Book:

<http://fallforthebook.org/2015/07/21/festival-spotlight-the-civil-war/#>

AREA ROUNDUPS

Pedestrian Killed on Braddock Road

A pedestrian was pronounced dead at the scene after being struck by a car on Braddock Road, west of Twinbrook Drive.

The crash occurred Thursday, Sept. 17 around 9:58 p.m., Fairfax County Police said.

A 71-year-old man driving a 2004 BMW was traveling west on Braddock Road through a left-through lane before the pedestrian walked in front of his moving vehicle. Police are withholding the identity of the 37-year-old male pedestrian.

They said alcohol may have been a factor for him and are continuing to investigate the case.

—TIM PETERSON

Text to 9-1-1 Service Goes Live in Fairfax County

In emergency situations where calling 9-1-1 isn't possible, Fairfax County residents now have another option: texting.

The County announced Tuesday that residents with text or data plans on through Verizon, Sprint, AT&T and T-Mobile are now able to request emergency services by texting "911" in the "to" or "recipient" field on their phones, followed by a short first message including the location of the emergency and whether police, firefighters or an ambulance are needed.

The service is available in Fairfax County, the towns of Herndon, Vienna and Clifton, and city of Fairfax, the report says.

Steve Souder, director of the Fairfax County 9-1-1 center, said, "it allows the person that is unable to hear or hearing impaired, a person that is in a precarious situation where it is not in their best interests or safety to voice a 9-1-1 call, or where perhaps a person injured and is unable to voice a 9-1-1 call — it now provides them the opportunity, using a smart device, to text a 9-1-1 call."

For more information on how the service works, visit www.fairfaxcounty.gov/news2/text-to-9-1-1-launches-in-fairfax-county.

—TIM PETERSON

Fairfax County Hosts Volunteer Fair

Older adults, seniors, and retirees looking for flexible, meaningful volunteer opportunities are invited to "Venture into Volunteering," a free volunteer fair, on Oct. 8 from 10 a.m. to noon, at the Lorton Workhouse Arts, 9518 Workhouse Way, Lorton.

The Fairfax County Department of Family Services' Area Agency on Aging, AARP, Fairfax County Park Authority, RSVP Northern Virginia (Volunteer Fairfax, Volunteer Alexandria, and Volunteer Arlington) and The Positive Aging Coalition are partnering to host this event.

More than 30 organizations and Fairfax County agencies will be on hand to talk about their volunteer programs and benefits including: Fairfax Opportunities and Resources, Fairfax Pets on Wheels, Girl Scout Council of the Nation's Capital, Lorton Community Action Center and the Shepherd's Center of Annandale/Springfield.

Refreshments will be provided and participants will have an opportunity to enter a prize drawing.

For more information or to request reasonable ADA accommodations, contact Jeannine Deem Purdy, Fairfax Area Agency on Aging, at 703-704-6075, TTY 711, or visit www.fairfaxcounty.gov/olderadults.



**Inova Proudly Presents
Our Upcoming Ask The Expert
Community Lecture!**

**Osteoarthritis and the Latest Advances
in Joint Replacement**



Nitin Goyal, MD

Thursday, Oct. 8 • 6:30 p.m.

**Inova HealthPlex – Lorton
9321 Sanger St.
Lorton VA 22079**

Are you living with chronic joint pain?

Learn about state-of-the-art treatments for your condition from one of the area's leading orthopedic surgeons who practice at Inova hospitals.

Dr. Goyal will discuss causes, risk factors, symptoms and some of the latest treatment options for osteoarthritis and joint pain.

This **FREE** lecture is designed to provide our community members with important information about the latest medical advances in specific orthopedic specialties and help you find solutions to health issues that may increase your quality of life.



Register today for this FREE lecture! To better serve you, we ask that you register online at Inova.org/AskTheExpert or by calling 1.855.My.Inova (1.855.694.6682)



PHOTOS COURTESY OF CORAZON FOLEY

Burke and Springfield residents came out to the West Springfield government center for a meet and greet with candidates running for Springfield District supervisor and school board representative.

League of Women Voters Hosts Springfield Candidates

Dozens of Springfield district constituents came out to the West Springfield Government Center to hear from candidates running for supervisor and school board positions. The Sept. 9 event was the first in a series of meet-and-greets for the different Fairfax County magisterial districts, hosted by the League of Women Voters.

Corazon Foley, of Burke, is running as an independent against

incumbent Pat Herrity (R). Elizabeth Schultz is the unopposed incumbent for school board representative. Herrity did not attend the event, due to a prior commitment recognizing the 50th anniversary of Northern Virginia Community College.

During her remarks, Foley summarized her advocacy for increased facilities for local seniors as founder of the Burke-West Springfield Senior Center Without

Walls. Foley said she is opposed to a proposed meals tax and called for greater budget discipline.

Though Herrity was not able to attend the event, the League of Women Voters has published both his and Foley's responses to a number of questions as part of a voter's guide. That guide is available online

at onyourballot.vote411.org/race-detail.do?id=13600317#.VfiMQ9JvIkq.

— TIM PETERSON



Candidates Corazon Foley (center), running for Springfield District supervisor, and Elizabeth Schultz (right), running for re-election to the Fairfax County School Board, attended a meet and greet event at the West Springfield government center.

INTRODUCING A HANDSOME FELLOW FROM DETROIT WITH THREE EYES.



THE RUNWELL CONTRAST CHRONO WITH 3 EYE CHRONOGRAPH IN PVD BLACK STEEL CASE, BLUE DIAL, DETROIT-BUILT ARGONITE 5030 MOVEMENT AND AMERICAN-MADE BLUE LEATHER STRAP.

SHINOLA
DETROIT

Where American is made.

King's Jewelry
609 King St
Old Town Alexandria
703-549-0011

fireside Grill



Friday, September 25th
Get ready to celebrate Oktoberfest as we begin our annual celebrations with keg tapplings and German food specials



Enjoy Our Oyster Bar
New Varieties Arriving Weekly
& Our Famous Crab Cakes
Thursday—Saturday 4-9 P.M.

Proudly serving locally grown produce and Premium House Aged Angus Beef

9000 Lorton Station Blvd., Lorton, VA
703-372-1923 • firesidegrillva.com

Bathroom Remodel Special \$6,850

Celebrating 15 Years in Business!

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling



Free Estimates
703-999-2928



Visit our website: www.twopoorteachers.com

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed
Est. 1999



OPINION

Remembering Reston's Civil Rights Icon

“A local giant is gone from our midst. But his spirit and legacy will remain in Reston and beyond.”

BY GERALD E. CONNOLLY
U.S. REP. (D-11)

No one can say Bob Simon didn't lead a full life, but that fact doesn't make his loss any easier. To the end of his 101 years, he was a grand man of extraordinary vision, heart, compassion, humor and charm.

Last year my office embarked on a project to celebrate the Civil Rights Movement by capturing the histories, memories and stories of those who fought for equality. Our goal was to make sure we allowed these brave voices to share their accounts, firsthand, and preserve them for future generations. Today, that archive is available at <http://ethnography.gmu.edu/collections/the-northern-virginia-civil-rights-archive>.

I was fortunate to bring Bob into this project and sit down with him for a few hours to hear his civil rights story. Most of us know Bob as the founder of Reston, but it is his legacy as a civil rights icon and its lasting impact on our community, that I will forever hold in my heart. You see, Bob hated discrimination and bigotry

because he experienced anti-Semitism firsthand as a young man. That experience forged in him a passion – a quiet passion – to build a small corner of the world where equality would be a reality.

Bob's insistence on making Reston the first racially-integrated housing development in Virginia made him a civil rights pioneer. It was not the popular thing to do, and he lost critical investment opportunities because of this decision. But to Bob, it was not a matter of doing the easy thing, or the popular thing. It was about doing the right thing. He had great clarity that to realize his vision of Reston there could be no racial barriers. To fulfill Reston's goals we had to be inclusive and welcoming.

Throughout his long life, Bob's moral compass remained true. He was an environmentalist before the term was invented, a patron of the arts, and passionate advocate for social justice. Northern Virginia owes much of its character and success to Bob. I feel this loss sharply and shall miss his dedication, his laugh and his friendship. A local giant is gone from our midst. But his spirit and legacy will remain in Reston and beyond.



CONNECTION FILE PHOTO

Congressman Gerald E. Connolly:
“Bob's insistence on making Reston the first racially-integrated housing development in Virginia made him a civil rights pioneer.”

Chamber Urges Congress to Avoid Another Shutdown

Dear Members of the Northern Virginia Congressional Delegation,

On behalf of the Fairfax County Chamber of Commerce (Fairfax Chamber), representing nearly 700 member companies with more than 500,000 employees across Northern Virginia, we urge you and your colleagues in Congress to act immediately to find a path forward to enact legislation to continue funding the federal government beyond Sept. 30, without interruption. For the federal government to shut down would be so harmful to our region it would be, in a word, irresponsible.

A substantial segment of Virginia's economy is tied to the federal government, with federal contractors in the private sector employing a vast number of workers here in our region and throughout the Commonwealth. In addition, Northern Virginia is home to more than 65,000 federal employees and is where more than 110,000 federal employees work. As such, Northern Virginia's diverse business commu-

nity, the economic engine of the Commonwealth, is tremendously impacted by federal expenditures.

Congress' inability in the past to enact individual appropriations bills, and rather to instead fund the government from continuing resolution to continuing resolution, has caused significant uncertainty and greatly disrupted business planning by federal contractors in the region. Such practices, combined with annual threats of government shutdowns and, in 2013, an actual shutdown, have caused private sector businesses of all sizes throughout Northern Virginia serious economic harm and forced them to lay off or furlough employees.

We are gravely concerned that such economic dislocation will again occur if the federal government shuts down on Oct. 1. Also, as you know, the impact of a shutdown would not be limited to the federal government and federal contractor workers in Virginia. As has been shown in the past, the downstream ef-

fects of a shutdown will also be harmful to small businesses in Northern Virginia and across the Commonwealth.

The Chamber recognizes the importance of restraining federal spending and different budget priorities for members of Congress. However with the U.S. economy continuing to underperform, Congress needs to act now to avoid inflicting any more substantial and enduring damage on the Commonwealth of Virginia and the United States as a whole.

Congress must continue to fund the operations of government in a budget-conscious way, while avoiding any more damaging fiscal show-downs. We need and expect nothing less. Accordingly, we urge you to work with your colleagues and leadership to promptly enact legislation by Oct. 1 to fund the operations of the federal government without interruption.

Sincerely,
Jim Corcoran, President & CEO
Fairfax Chamber of Commerce

LETTERS TO THE EDITOR

Powerful and Accountable

To the Editor:

With your focus on the recent death of an inmate, I want to congratulate you for dealing with a serious PR problem Fairfax County has been developing.

Virginia and this county maintain an admirable fear level among

wrong doers that helps to keep this a great state and county to live in. But, when that turns into front page stories about torture with stun guns and stonewalling we are absolutely going to be punished nationally and internationally at a time when we must be building new bridges and attracting the best people to maintain our standard of life and living here.

Please keep the pressure on to

fix this without turning this region into another crime friendly, revolving door justice, victims last place to live like Maryland and all of New England. We are not Texas but we are not chumps either. We need well regulated law enforcement that is powerful and accountable.

Drake Wauters
McLean

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

Letters to the Editor
The Connection
1606 King St.
Alexandria VA 22314
Call: 703-917-6444.

By e-mail:
south@connectionnewspapers.com

Springfield
CONNECTION

www.ConnectionNewspapers.com

@SprConnect

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
springfield@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Amna Rehmatulla
Editorial Assistant
703-778-9410 ext.427
arehmatulla@connectionnewspapers.com

Tim Peterson
Community Reporter
703-314-0789
tpeterson@connectionnewspapers.com

Jon Roetman
Sports Editor ♦ 703-752-4013
jroetman@connectionnewspapers.com
[@jonroetman](https://twitter.com/jonroetman)

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com
703-778-9431

Steve Hogan
Display Advertising, 703-778-9418
shogan@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com



WEDDING

Rachel Marie Tomlinson and Andrew Scott McGregor Married

Rachel Marie Tomlinson and Andrew Scott McGregor, of Virginia Beach (formerly of Springfield,) were married Saturday, June 13, 2015, at Founders Inn in Virginia Beach. Pastor Jeff Shrout of Yorktown officiated.

The bride is the daughter of Larry and Roxanne Tomlinson, of Springfield, and granddaughter of James and Sigrun Norton of St. Petersburg, Fla. (formerly of Springfield).

The bridegroom is the son of Daphne Cox and Steven Feinsmith, of Springfield; and David and Pamela McGregor of Reston.

Rachel and Andy met in high school and both played varsity lacrosse for West Springfield High School from 2005-2009. They graduated from Christopher Newport University, Newport News, Va., in 2013, where they both played four years of lacrosse for the Captains. Rachel graduated with a sociology degree and is currently a vocational counselor with The Choice Group, working to transition students with disabilities in the Project Search Program. Andy graduated with a finance degree and currently works as a senior consultant with Booz Allen Hamilton in their Norfolk, Va., office.

The ceremony was held outside in the English Gardens of the Founders Inn. Vocalist, Laren Minton of Staunton, Va., and cousin of the bride, sang several songs before the ceremony and "In Christ Alone" written by Keith Getty and Stuart Townend, during the ceremony. Matthew Norton of Houston, also cousin of the bride, read Matthew 19:4-6 for



CALLIE HARDMAN PHOTOGRAPHY

Rachel Marie Tomlinson and Andrew Scott McGregor, of Virginia Beach, (formerly of Springfield) were married Saturday, June 13, 2015, at Founders Inn in Virginia Beach.

the ceremony. The reception was held afterwards in the Founders Inn Conference Center.

Emily Kennedy, of Pittsburgh, was her sister's matron of honor. Bridesmaids were Rebecca Geist of Annandale; Kelly Lane of Great Falls; Katie Gargiulo of Fairfax; Lauren McGregor of Reston; Kristin Benoit of Manhattan, Kansas (formerly of Springfield); and Amy Auker of Fredericksburg, Va (formerly of Springfield). Becca, Kelly, and Katie are Rachel's former roommates and CNU lacrosse teammates. Lauren, Amy, and Kristin are sisters of the groom. Jake Myers, of Virginia Beach, was best man. Groomsmen were 1st Lt. Matthew Harrison of Springfield; Ethan Emanuele of Chesapeake, Va.; Adam Shen of Chantilly; Ari

Elgort of Charlottesville, Va.; Chase Walton of Burke.; Billy Crist of Norfolk. Matt was Andy's best friend in high school. Ethan graduated CNU in finance and currently works with Andy. Jake, Adam, Ari, Chase, Billy and Andy played CNU lacrosse together.

Elizabeth and Caitlyn Akers, daughters of the bride's cousins, William and Catherine Akers of Richmond, were flower girls. Ward and Colson Gardiner, sons of family friends of the groom, Edward and Tracey Gardiner, of Springfield, were ring bearers.

After their honeymoon to the beaches along the Outer Banks, including skydiving, the couple returned to Virginia Beach where they recently purchased their first home.

WEEK IN SPRINGFIELD

Leaf Clean Up Fundraiser

Need help with raking your leaves? The West Springfield Crew Team Leaf Raking Fundraiser starts Oct. 1 and runs through Dec. 20. Members of the crew team will rake and bag your leaves this fall. Cost is \$9/hour per raker. You provide the bags and they will provide the brawn, along with rakes, blowers and tarps. This annual fundraiser helps the rowers meet their fundraising goals. Please contact info@spartancrew.org to sign up or for more information.

Volunteer Fair

Older adults, seniors, and retirees looking for flexible, meaningful volunteer opportunities are invited to a free volunteer fair, on Oct. 8 from 10 a.m. to 12 p.m., at the Lorton Workhouse Arts Center, 9518 Workhouse Way, Lorton.

ReStore

Now Open
Every Day!

50% to 90% Off Retail Prices on Donated:

Appliances • Building Supplies • Fixtures • Furniture & Decor • Hardware & Tools

➔

20% Off Your Entire Purchase With This Ad.

Expires 10/11/15, at 3 p.m. Discount cannot be combined with other coupons or offers. Valid at Alexandria and Chantilly ReStores only.

ReStore ALEXANDRIA
869 S. Pickett St.
(703) 360-6700

ReStore CHANTILLY
4311 Walney Rd.
(703) 953-3747

SHOPPING HOURS

Monday - Friday
10 a.m. - 6 p.m.

Saturday | Sunday
9 a.m. - 5 p.m. | 10 a.m. - 3 p.m.

www.restorenova.org

Profits support Habitat for Humanity of Northern Virginia

Free pick up of donations!

DR. GENE SWEETNAM

DR. GRACE CHANG

O P T O M E T R I S T S

TWO CONVENIENT LOCATIONS

- Family & Pediatric Vision Care
- Comprehensive Eye Exams • Treatment of Eye Diseases
- 21 years Naval Service, 6 years Active Duty
- Laser Vision Consultants • Over a thousand frames in stock
- We carry all major brands of contact lenses • In-house lab

Most Insurances Accepted:

Anthem Blue Cross/Blue Shield, Care First, Medicare, Tricare In-network
Doctor, Vision One Discount, Avesis, Aetna HMO/PPO/POS, PHCS,
VSP® Network Doctor, EyeMed Vision Care, United Healthcare, VA Medicaid

WE WELCOME YOUR DOCTOR'S PRESCRIPTION

5204A Rolling Rd.
Burke Professional Center
Burke, VA 22015
703-425-2000

8951 Ox Rd., Suite 100
Shoppes at Lorton Valley
Lorton, VA 22079
703-493-9910

www.drswetnam.com • www.sightforvision.com



Supervisor John Cook (R-Braddock) (left) and Fairfax County NAACP president Shirley Ginwright (center) present (right) Del. Scott Surovell (D-44) with a president's award acknowledging his work to include Hybla Valley and Gum Springs communities in Fairfax County revitalization.



Fairfax County NAACP president Shirley Ginwright (left) presents the community service award to Valerie (center) and Rubin Cuffee (right), who accepted it on behalf of Celeste Peterson. Peterson and her husband Grafton created the Erin Peterson scholarship fund in honor of their daughter who died in 2007 at Virginia Tech.

PHOTOS BY TIM PETERSON/THE CONNECTION

'Your Vote, Your Power' Fairfax County NAACP hosts 70th Freedom Fund Awards.

BY TIM PETERSON
THE CONNECTION

J.E.B. Stuart High School seniors Anna Rowan, Cassie Marcotty, Marley Finley, Abby Conde and Lidia Amanuel were bothered by the Confederate legacy of their school. Inspired by a history class with teacher Keith Bropst on the Massive Resistance anti-segregation policy, the girls set out to change Stuart's name, mascot and colors. They suggested a name change to Thurgood Marshall, in honor of U.S. Supreme Court's first African American justice.

The Students for Change, as their group is known, were among several recipients of awards at the 70th Fairfax County NAACP Freedom Fund banquet, held Sept. 19 at the Waterford reception hall in Springfield. There were two president's award winners, including the students, and two community service award winners.

"These are students who saw that a change needed to be made and made that change," said Fairfax County NAACP president Shirley Ginwright. "They didn't worry about the repercussions."

The students have gained support through a petition and are working to connect more with community members in the Falls Church neighborhoods that feed Stuart prior to a Fairfax County School Board vote scheduled for early 2016.

"It's great to be recognized," said Cassie Marcotty. "We've gotten mixed reactions, but overall there's been a supportive, lovely community."



(From left) J.E.B. Stuart High School seniors Anna Rowan, Cassie Marcotty, Marley Finley, Abby Conde and Lidia Amanuel accept the Fairfax County NAACP president's award recognizing their Students for Change petition to change the name of their school to Thurgood Marshall.

Now, the girls are trying to raise awareness in their school, including sharing a new video they shot the same day as the awards. Over the summer, they also met with members of the Fairfax County NAACP who offered support and guidance.

The students have reached out to School Board members, including Mason District representative Sandy Evans. They met with Evans, "but everyone is staying neutral until after the election," Marcotty said.

Del. Scott Surovell (D-44) received the second president's award in recognition of his work on the revitalization of the Route 1 corridor and keeping the Hybla Valley and Gum Springs communities involved in the process.

In his acceptance speech, Surovell told the story of his grandparents moving to a Fairfax County farmhouse from Brooklyn in 1935. As politically active and progres-

sive Jewish people, "They joined the only organization who would take them," Surovell said, "the NAACP."

Surovell said his grandmother told him stories about gaining the right to vote, the poll tax and desegregating schools in Fairfax County. "It's a sound base to guide my actions going forward," he said. "We still have a lot of work to go."

Community Service awards went to Debbie Kilpatrick, president of the Fairfax County Council of PTAs, and Celeste Peterson, who, together with her husband Grafton created the Erin Peterson scholarship fund in honor of their daughter who died in 2007 at Virginia Tech.

Keynote speaker for the afternoon was Eric Broyles, a Washington, D.C.-based attorney and co-author of the book "Encounters with Police: A Black Man's Guide to Survival." Broyles spoke briefly about the book, explaining how it

was co-written with his best friend, who is himself a cop.

But the majority of Broyles' speech focused on the mantra "Your vote, your power; It's your vote or your blood" as a pathway for change. He talked about the importance of African Americans registering to vote and being more engaged with the democratic process.

"Most police officers are honorable, good people," Broyles said, but there can be some bad officers and bad leadership, which is why it's important for more African Americans to "get involved in the electoral process."

At the conclusion of the awards, president Ginwright announced the organization's plan to promote Virginia General Assembly bills for raising the felony robbery charge amount from \$200 to \$850 and having records expunged in certain circumstances.

Spartans to Host Stallions in Matchup of 3-0 Teams

The West Springfield football team will host South County at 7 p.m. on Friday, Sept. 25 in a matchup of 3-0 teams from Conference 7.

For South County, Friday's game will be the Stallions' conference opener. South County rushed for 419 yards during last week's 70-29 blowout of Hayfield. Demarcus Ramsey carried 13 times for 120 yards and three touchdowns, and Michael Salisbury rushed five times for 146 yards and three scores.

Senior quarterback DeAndre Clayton rushed four times for 76 yards and a touchdown. He also completed 5 of 12 passes for 84 yards, with one touchdown and one interception.

Dillon Spalding had two receptions for 122 yards and a touchdown. Mike Williams hauled in a 43-yard touchdown reception.

South County also has wins against Briar Woods (47-29) and Westfield (26-19) this season.

For West Springfield, Friday's game will be the Spartans' toughest



Demarcus Ramsey and the South County football team will face West Springfield at 7 p.m. on Friday, Sept. 25.

PHOTO BY WILL PALENSCAR/THE CONNECTION

test to date. West Springfield has beaten Robinson (35-28), conference opponent Mount Vernon (47-13) and Lee (34-7).

During last week's win over Lee, quarterback Peter Muskett completed 9 of 13 passes for 147 yards and a touchdown. He has

completed 67 percent of his passes this season for 609 yards, with eight touchdowns and one interception.

West Springfield running back Eric Vercellone carried seven times for 92 yards and two touchdowns against Lee. EJ Strother and

Jeremiah Pickell each scored a rushing touchdown for the Spartans.

South County defeated West Springfield 42-13 last season. Each team finished 5-1 in the conference and shared the conference title with Lake Braddock.

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

William Douglas Krawczak of Springfield has been recognized by George Mason University on the school's dean's list for his academic achievement during the spring semester. William graduated from West Springfield High School and is double majoring in English and Economics at George Mason University. Recognition on the George Mason University dean's list is reserved for students who were registered for 12 or more semester hours and received a grade point average of 3.2 or higher with no grade below a C for the previous semester's work.

Katie Bershadsky, born and raised in Burke, has been selected to the Delta Epsilon Iota Academic Honor Society in the local chapter at Kennesaw State University. Delta Epsilon Iota was established to recognize and encourage academic excellence in all fields of study. Bershadsky is expected to graduate in 2018 with a major in public relations. Her parents are Scott and Kim Bershadsky. Her grandparents Malcolm and Marcia have lived in Burke for more than 30 years.

The Fairfax County Band Directors Association has recognized 16 Fairfax County Public Schools (FCPS) students for excellence in solo instrumental music performance as part of the 2015 Fairfax County Band Directors Association Solo Competition. A total of 33 schools were represented; 66 students competed in the event.

The following students were named winners in the elementary school division: **Third place: Maia Trafton (trumpet), Keene Mill Elementary School.**

The following students were named winners in the high school division: First place: **Hunter Lorelli (bassoon), West Springfield High School.**



From left — Sam Cornbrooks, 17, of Springfield, Chad Vann, 16, of Lorton, and James Woods, 16, of Alexandria.

Metro School of the Arts Students Present 'Songs for a New World'

Metropolitan Youth Theatre students of the Metropolitan School of the Arts (MSA) of Alexandria and Lorton will present its student-directed and produced performance of Jason Robert Brown's "Songs for a New World" on Friday, Nov. 6 at 8 p.m., Saturday, Nov. 7 at 2 and 8 p.m., and Sunday, Nov. 8 at 2 p.m. at the W-3 Theatre at the Workhouse Arts Center in Lorton. Tickets are \$20 per person and can be purchased online at www.metroarts.org.

This production is completely student run and performed by Metropolitan School of the Arts high school students studying to have careers in theatre.

Chad Vann of Alexandria is the director, while Sam Cornbrooks of Springfield is the producer and James Woods of Northern Virginia is the music director.

Newcomer Jason Robert Brown, composer-lyricist of the critical smash "Parade," transports his audience from the deck of a 1492 Spanish sailing ship to a ledge 57 stories above Fifth Avenue to meet a startling array of characters ranging from a young man who has determined that basketball is his ticket out of the ghetto to a woman whose dream of marrying rich nabs her the man of her dreams and a soulless marriage. These are the stories and characters of today, the songs for a new world.



buffa's dance studio

- Pre-School Dance Movement – Ages 3 and 4
- Hip Hop • Lyrical/Contemporary • Ballet • Tap
- Jazz • Pointe • Modern • Acro • Musical Theater
- Performing Companies Grades K-12
- Beginner to Advanced • Professional Instructors



Come Join the fun!

12,000 sq. ft. of performing space with professional sprung floors

CALL 703-425-5599

QUALITY INSTRUCTION IN A QUALITY ENVIRONMENT
www.buffas.com • buffadance@msn.com

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

OCTOBER

- 10/7/2015 Wellbeing Senior Living Pullout
- 10/14/2015 HomeLifeStyle
- 10/21/2015 A+ Camps & Schools
- Halloween is October 31
- 10/28/2015 Election Preview

NOVEMBER

- 11/4/2015 Wellbeing
- 11/11/2015 HomeLifeStyle
- 11/18/2015 A+ Camps & Schools
- 11/19/2015 Holiday Entertainment & Gift Guide I
- Thanksgiving is November 26
- 11/25/2015 Celebrating Gratitude, Thanksgiving

DECEMBER

- 12/2/2015 Wellbeing
- 12/9/2015 Holiday Entertainment & Gift Guide II
- 12/9/2015 HomeLifeStyle; Home for the Holidays
- 12/16/2015 A+ Camps & Schools; Holiday Entertainment & Gifts Pages
- 12/23/2015 Special Issue – Safe for the Holidays
- 12/30/2015 Children's Connection

E-mail sales@connectionnewspapers.com for more information.



THE CONNECTION
Newspapers & Online
703-778-9431
www.ConnectionNewspapers.com

- Reaching Suburban Washington's Leading Households
- Alexandria Gazette Packet
 - Arlington Connection
 - Burke Connection
 - Centre View
 - Chantilly Connection
 - Fairfax Connection
 - Fairfax Station/Clifton/Lorton Connection
 - Great Falls Connection
 - McLean Connection
 - Mount Vernon Gazette
 - Oak Hill/Herndon Connection
 - Potomac Almanac
 - Reston Connection
 - Springfield Connection
 - Vienna/Oakton Connection

ENTERTAINMENT

From left — Gayle Grimes, Joanna Snitzer, Susan Garvey, Michelle Fletcher, Jayne Victor and Barbara Gertzog in rehearsal for the Providence Players production of "Calendar Girls."



PHOTOS BY CHIP GERTZOG/COURTESY OF PROVIDENCE PLAYERS OF FAIRFAX COUNTY

Joyful and Unconventional

Providence Players open the season with "Calendar Girls."

BY DAVID SIEGEL
THE CONNECTION

Opening its 18th season, the Providence Players are in a heartfelt, uplifting comic mood presenting "Calendar Girls." It is about women's friendships along with the power of imagination, risk-taking and resourcefulness under trying conditions.

The comic play, about human triumph after a loss, has been on the Providence Players list to produce for several years. The theater troupe is one of the first community theater groups to obtain the rights to produce the show.

"Calendar Girls" written by Tim Firth is based upon a true story; later turned into a movie about unusual events that took place in a small village in Great Britain. A local women's organization wanted to raise funds to help those in need. The group came up with a novel way to get donations; produce an unconventional calendar that soon attracted worldwide interest.

Directed by Michael Donahue, who described it as a "wonderful play with many strong roles for women...with universal themes about changes that can take place in the inner person when there is a need. It clearly shows how one person can and does make a difference in the lives of others."

Many in the 13-member cast are making their Providence Players debuts. Several originally hail from Great Britain knowing of the real life "Calendar Girls" background story.

In a recent interview, cast members described their various roles as colorful, if not quirky characters. All agreed it was a "very empathetic play." Michelle Fletcher, from England, "gets to play a liberating character; who is somewhat of a 'tart' in her own way." Fletcher described her role as "a challenging one with plenty of physical movement and energy."

Barbara Gertzog plays "the trophy, pleaser wife who is learning to throw off the restrictions of her upper class mores." As the play progresses her character becomes "a very believable person." Jayne Vic-



From left — Susan Garvey as Annie and Jayne Victor as Chris, in rehearsal for Providence Players production of "Calendar Girls."

Where and When

Providence Players present "Calendar Girls" at James Lee Community Center Theatre, 2855 Annandale Road, Falls Church. Performances: Thursday, Friday and Saturday 7:30 p.m., and Sunday Matinees at 2 p.m. on Oct. 4 & 11. Tickets \$17-\$20. Call 703-425-6782 or visit www.providenceplayers.org

tor, Providence Players board chair and actor in "Calendar Girls," described how "the play presents strong friendships among the women characters, as well as how they became comfortable in their own skin."

The cast further includes actors Angela Cannon, Smitty Chai, Bob Cohen, Diana Conn, Susan Garvey, Gayle Grimes, Anne Lloyd, Bob Thompson, Joanna Snitzer and Andra Whitt. Set design is by Patrick David who is creating the inside of small village church hall, along with some special surprises.

The cast nodded in agreement when Gertzog said they wanted "the audience to be mesmerized."



The Workhouse Arts Center present its inaugural 2015 Workhouse Fall Arts Festival on Sept. 26-27. Over 100 of the best artists, including visiting artists from around the country and the artists at the Workhouse, will exhibit painting, ceramics, glass, fiber/clothing, mixed media, wood, jewelry, printmaking, photography, furniture, digital art and sculpture.

CALENDAR

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY-SATURDAY/SEPT. 24-26

Children's Book Sale. 6 p.m. Thursday till 2 p.m. on Saturday. Richard Byrd Library, 7250 Commerce Street, Springfield. Children's books of all ages will be available to purchase.

THURSDAY-SUNDAY/SEPT. 24-27

Fall for the Book Sale. Thursday: 10 a.m. - 8 p.m. Friday: 10 a.m. - 6 p.m. Saturday: 10 a.m. - 5 p.m. Sunday: 1-4 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke.

FRIDAY/SEPT. 25

A Taste of the Vine. 6:30-9:30 p.m. Blenheim Civil War Interpretive Center, 3610 Old Lee Highway, Fairfax. Historic Fairfax City, Inc. is sponsoring a Wine Tasting Fundraiser to benefit the historic Blenheim Civil War Interpretive Center. Sample wines from local vineyards paired with hors d'oeuvres. Silent Auction. Tour the Historic Mansion. Free parking. \$55 per person. For reservations contact Hildie Carney at 703-591-5305 or visit the website at www.historicfairfax.org.

TGIFairfax Rock the Block: Almost Journey/U2.

6-9 p.m. Old Town Square, 3999 University Drive, Fairfax. The second best U2 show in the world and the complete Journey experience. www.fairfaxva.gov/RockTheBlock

FRIDAY-SUNDAY/SEPT. 25-27

Fall Book Sale. Friday: 10 a.m. - 5 p.m. Saturday: 10 a.m. - 4 p.m. Sunday: 1-3 p.m. Thousands of gently-read books in all categories including art, architecture, history, cooking, gardening, foreign language, travel, spirituality, reference, classic and popular fiction.

SATURDAY/SEPT. 26

Pohick Annual County Fair. 10 a.m. - 3 p.m. Pohick Church, 9301 Richmond Highway, Lorton. The 70th Annual Country Fair includes games, booths, barbecue, homemade apple butter, historic church tours, living history re-enactors, organ concerts, live music, pony rides and more. 703-339-6572. <http://>

www.pohick.org.

Fighting Chance 8K Run/Walk. 8 a.m. Burke Lake Park, 7315 Ox Road, Burke. Run to give an orphaned child a fighting chance for a future free from poverty, disease and violence. Register for the 8K run/walk at www.2540.org

20th Annual CCE Irish Folk Festival. Noon-7:30 p.m. Sherwood Community Center, 3740 Old Lee Highway, Fairfax and The Auld Shebeen Irish Pub, 3971 Chain Bridge Road, Fairfax. All are invited to enjoy, free of charge, the "pure drop" - the beauty and depth of Irish music, dance, language and sport as it has taken root and come into full flower in our community.

Azalea Sale. 1-4 p.m. Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield. The Northern Virginia Chapter, Azalea Society of America (ASA), will be holding their 8th Annual Public Azalea Sale and Auction.

SATURDAY-SUNDAY/SEPT. 26-27

Workhouse Fall Arts Festival 2015. Saturday: 10 a.m. - 6 p.m. Sunday: 10 a.m. - 5 p.m. Workhouse Arts Center, 9518 Workhouse Way, Lorton. Over 100 of the nation's best artists will exhibit their original fine art and crafts. The two-day outdoor festival will include work by artists from across the Mid-Atlantic region, showcasing paintings, photography, ceramics, sculpture, jewelry, handcrafted furniture and much more.

SUNDAY/SEPT. 27

The Best Roses for Your Garden. 2-4 p.m. Merrifield Garden Center, 12101 Lee Highway, Fairfax. Learn new roses and the best sources for ordering roses that are hard to find, full of form or fragrant.

SUNDAY/SEPT. 27 - SATURDAY/OCT. 3

Annual Fall for the Book Festival. George Mason University, 4400 University Drive, Fairfax. A week-long, multiple-venue, regional festival that brings together people of all ages and interests. Featured authors are National Book Award winner Tim O'Brien and "Outlander"

SEE CALENDAR, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM

NEWS

Winning Five Gold Medals

Springfield - formerly Burke - resident wins five gold medals in Senior Olympics swimming.

Greenspring resident Phil Case, 85 - formerly resident of Burke - began his long history with senior athletic competition in 1994, when he first entered the Northern Virginia Senior Olympics in the 50-meter backstroke event. Now, 21 years later, he has earned over 190 ribbons and medals in local, state and national senior events. "A few years ago, I set a goal to reach 200," said Case, who fully intends to reach that figure at the Virginia Senior Games in May 2016. Case is well on his way to that goal, having earned five more gold medals in all five swimming events he entered at the Northern Virginia Senior Olympics this year: 100-yard freestyle, 50-yard freestyle, 50-yard backstroke, 100-yard backstroke, and 50-yard breaststroke. Over the years, Case's athletic achievements have earned him qualifications for several National Senior Games events. Since 1999, he has traveled across the country to seven national events, earning bronze medals in 2001 (Baton Rouge, Louisiana) and in 2013 (Cleveland, Ohio). The event Case recalls with the most pride is his seventh place finish in the 200-meter backstroke at the 1999 National Senior Games in Orlando, Fla. That year, there were 19 par-



PHOTO CONTRIBUTED

Phil Case, 85, was a 35-year resident of Burke before moving to the Greenspring community.

participants in the 200-meter backstroke event.

Case stays in shape throughout the year by following a fitness regimen. He swims 1200-yards three times per week either at Greenspring's indoor pool or the South Run Recreational Center. Case also plays tennis weekly with a group of friends who've been playing together for over 40 years.

Case credits his start in senior

competitions to a former U.S. Naval Academy classmate, who competed in basketball events. "His participation and success really got me started," said Case.

Greenspring is a repeat Gold Sponsor for the Northern Virginia Senior Olympics; for seven years, the community has also hosted the competition's Wii bowling events at their specially designed six-lane virtual bowling alley.

p.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Meet Colin Gunderson, former Los Angeles Dodgers staff member and author of "Tommy Lasorda: My Way." Books available for sale and signing.

WEDNESDAY/SEPT. 30

Celebrate Calm Workshop. 9:30-11:30 a.m. St. Andrew's Episcopal Preschool, 6509 Sydenstricker Road, Burke. Ten ways to stop defiance, disrespect and yelling with America's Calm Coach Kirk Martin and his son, Casey.

A is for Apple. 10:30 a.m. Richard Byrd Library, 7250 Commerce Street, Springfield. Fun stories and activities. Age 3-5 with adult.

Chess Club. 4 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Learn openings, strategies, tactics, and more. Players paired with others of similar skill.

THURSDAY/OCT. 1

Jammin' Book Party. Lorton Library, 9520 Richmond Highway, Lorton.

Explore fun stories and games. Snacks provided. Age 9-12.

FRIDAY/OCT. 2

Movie Night in the Campground. 7-9 p.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. Join in the fun of Movie Night by watching Ghostbusters at the Campground at Burke Lake Park this fall.

An Afternoon with Tim Federle. 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Tim Federle, author of books for middle graders including Better Nate Than Ever and its sequel, Five, Six, Seven, Nate! Books available for sale and signing.

SATURDAY/OCT. 3

Concerts from Kirkwood Season Opener. 3 p.m. Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield. New York-based pianist Martin Soderberg presenting an exciting program of music by Spanish and Latin composers.

CALENDAR

FROM PAGE 10

author Diana Gabaldon. Visit www.fallforthebook.org.

MONDAY/SEPT. 28

Animal Decomposers. 4:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Learn about the hidden insects that can be found in decomposing logs that you dissect yourself with the help of staff from Hidden Pond Nature Center.

TUESDAY/SEPT. 29

Celebrate Calm Workshop. 7-9 p.m. Irving Middle School Barker Hall, 8100 Old Keene Mill, Springfield. Ten ways to stop defiance, disrespect and yelling. Free parent workshop presented by Kirk and Casey Martin.

Tai Chi. 10 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Come experience the benefits of Tai Chi led by Dante Gilmer of Still Water Tai Chi Center. Wear comfortable clothes that allow movement. Adult.

Meet Author Colin Gunderson. 7

"FORE" the Kids Golf Tournament

Benefiting the Boys and Girls Clubs of Fairfax County

Platinum-\$10,000

- Your company shown as a platinum sponsor in all media
- Signage at registration desk
- Logo on scoreboard & rules sheet
- Two (2) hole sponsorships
- Opportunity to provide participant giveaways
- Eight (8) golfers
- Sponsor signage and welcome keynote at banquet
- Color logo on event banner displayed at banquet
- Twelve (12) raffle tickets

Gold-\$7,500

- Signage at registration desk
- Logo on rules sheet
- Sponsor signage on bar, box lunch or beverage carts
- Two (2) hole sponsorships
- Opportunity to provide participant giveaways
- Six (6) golfers

Silver-\$5,000

- Signage at registration desk
- Logo on rules sheet
- Sponsor signage on bar, box lunch or beverage carts
- One (1) hole sponsorship
- Opportunity to provide participant giveaways
- Four (4) golfers
- Color logo on event banner displayed at banquet
- Six (6) raffle tickets

Bronze-\$2,500

- Signage at golf bag drop
- One (1) hole sponsorship
- Two (2) golfers
- Four (4) raffle tickets
- Color logo on event banner displayed at banquet
- Opportunity to present skills competition awards or raffle prizes

Contact us for other donation opportunities.

International Country Club
13200 Lee Jackson Memorial Highway
Fairfax, Virginia 22033
<http://www.internationalcc.com>
Monday, October 5, 2015

Event Information
Registration 9:30 am
Shotgun Start: 11:00 am
Post Tournament Awards Banquet
Silent/Live Auction
Raffles and Prizes
Closest to the Pin & Long Drive
<http://www.bgcgw.org/fairfax/5th-annual-fore-the-kids-golf-tournament/>

Golf Foursomes \$1,000
Includes Four Golfers
Boxed Lunch
Post Tournament Awards Banquet
Live/Silent Auctions
Raffles and Prizes
Closest to the Pin & Long Drive
Includes:
Greens Fees, Cart,
Driving Range
Individual Golfers \$250

For more information on sponsorship opportunities, please contact Leslie Atkins - lpatkins2@aol.com

COMMUNITIES OF WORSHIP

Messiah United Methodist Church

www.messiahumc.org

Check out our:

- Weekly youth mission projects
- Children's summer camp programs
- Community outreach opportunities

Sunday Services at 8:15, 9:30, and 11 am
Sunday School 9:30 and 11 am
Childcare available during worship

6215 Rolling Road, Springfield
(near West Springfield High School)
703-569-9862

Looking for a New Place of Worship? Visit Antioch Baptist Church! All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

703-425-0710 • www.antioch-church.org
6531 Little Ox Road, Fairfax Station, VA 22039



**To Advertise
Your Community
of Worship,
Call 703-778-9418**

Lake Braddock Football Holds Off Robinson Rally

**Bruins build 21-0
halftime lead,
improve to 3-0.**

BY JON ROETMAN
THE CONNECTION

After outscoring Lee and Annandale 109-0 in its first two games, the Lake Braddock football team appeared on its way to a third consecutive lopsided victory when the Bruins entered halftime of Friday's rivalry contest against Robinson with a three-touchdown lead.

But thanks to a conservative second-half approach by Lake Braddock and a pair of fourth-quarter touchdown passes by Robinson, a potential blowout turned into an early-season test for the Bruins.

Robinson tight end Mason Velasquez's second touchdown reception pulled the Rams within a single score with 32 seconds remaining, but Lake Braddock recovered the ensuing onside kick and held on for a 21-14 victory on Sept. 18 at Robinson Secondary School.

LAKE BRADDOCK improved to 3-0, while Robinson fell to 1-2.

The Lake Braddock defense held opponents scoreless for the first 11 quarters of the season before surrendering two touchdowns to Robinson in Friday's final 10 minutes. The Bruins also failed to score in the second half after producing 130 points in the season's first 10 quarters.

"We killed them early," Lake Braddock junior running back/safety Lamont Atkins said. "Offensive line did great, defense did great, we all did great, but then in the second half we had a couple mental errors. ... It shouldn't have been close, but, as I said, we had a couple mental breakdowns."

The Bruins built a 21-0 halftime lead with a run-heavy offense. Lake Braddock continued to pound the ball on the ground in the second half, but found limited success.

After the game, Lake Braddock head coach Jim Poythress wondered whether the Bruins should have turned to the passing game in the second half.

"Maybe I got too conservative — run it down, run the clock down," Poythress said. "We probably should have spread them out at that point and chucked it. We had them about to break, and I just wanted to stay with what we were doing. [The Robinson defense loaded] it up and [that] makes it hard to run."

Meanwhile, Robinson started creeping back into the game. Rams quarterback Alex Miller rolled to his left and connected with Velasquez for a 16-yard touchdown with 9:38 remaining, cutting the Lake Braddock lead to 21-7.

Later, after stopping the Bruins on fourth and 2 with less than 2 minutes remaining, the Rams needed 41 seconds to drive 93 yards in five plays, cutting the Lake



Lake Braddock defenders Andrew Niedringhaus (44), Daniel Dinges (51), Asa Ward (3) and Ibrahim Mansaray (25) swarm Robinson ball carrier Dajon Lee during Friday's game at Robinson Secondary School.

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



Lake Braddock's David Fofi (2) and Peyton Scott celebrate Fofi's second-quarter touchdown reception during the Bruins' 21-14 win over Robinson on Sept. 18.

Braddock lead to seven when Miller hit Velasquez for a 30-yard touchdown.

Poythress said he could sense nervousness on the Lake Braddock sideline late in the game.

"They need to develop confidence and they need to learn how to put people away," he said. "When we can do that, we'll have a good team. Until then, we're just a pretty good team."

The Bruins held on to win, recovering the ensuing onside kick and running out the clock with three kneel downs.

Lake Braddock ran the ball 36 times for 108 yards and two touchdowns.

"I would describe it as smash-mouth football," Atkins said. "We just let our linemen do what they need to do and they did a great job today. We just did what we do best."

Atkins finished with 11 carries, often times taking a direct snap, and a team-high 72 yards. His 5-yard touchdown run with 35 seconds remaining in the first half gave Lake Braddock a 21-0 lead.

"We've been after him to run harder and let his speed take over," Poythress said. "I

thought he did a good job."

Edwards carried 17 times for 18 yards and a touchdown.

"Smash mouth," is how Edwards described Lake Braddock's running game. "Up front, it's a mentality that we want to impose on the other team. This was a great test for us playing a traditional, perennial runner like Robinson, just to see how we can match up and can we run the ball. Obviously, I think we can run the ball on them, but this is just a piece of the plan trying to run the ball down in the playoffs."

Edwards completed 10 of 17 passes for 97 yards and a touchdown. He was intercepted once.

Lake Braddock took a 7-0 lead on its first possession, when Edwards punched it in from 1 yard with 2:07 remaining in the opening quarter. The Bruins traveled 64 yards in 12 plays, using 4 minutes, 38 seconds.

Robinson's ensuing possession ended with a lost fumble, and Lake Braddock responded with a five-play, 52-yard drive, ending with an 11-yard touchdown pass from Edwards

"We killed them early. Offensive line did great, defense did great, we all did great, but then in the second half we had a couple mental errors. ... It shouldn't have been close, but, as I said, we had a couple mental breakdowns."

**— Lake Braddock junior
Lamont Atkins**

to David Fofi with 9:41 left in the second quarter.

Robinson lost another fumble at its own 14-yard line late in the first half and Lake Braddock capitalized with a 5-yard touchdown run by Atkins, extending its lead to 21-0.

The Rams fumbled four times in the first half, losing two.

"We were our own worst enemy in the first half," Robinson head coach Scott Vossler said, "but you've got to give a lot of credit to Lake Braddock."

ROBINSON, a wing-T team that relies heavily on the ground game, generated points through the passing game in the fourth quarter. Miller did not attempt a pass in the first half and missed on both his third-quarter throws. The junior completed 4 of 9 attempts in the fourth quarter for 109 yards and two touchdowns, with Velasquez on the receiving end of all four completions.

"We work on that stuff all the time," Vossler said about the passing game. "We obviously want to do it on our own terms instead of when people force us to do it. It's something that we're open to doing if we feel like we've got that advantage. Quite honestly, I think [Lake Braddock's] secondary is pretty good and I think they might have got lulled to sleep a little bit just by not having to cover a whole lot throughout the game. I've seen those guys on film, and I think we might have got lucky a little bit tonight there at the end doing that stuff."

Robinson ran the ball 37 times for 131 yards. Dajon Lee finished with a team-high 52 yards on nine carries. Sean Foncha rushed 14 times for 36 yards, Roman Lowery carried eight times for 23 yards and Miller rushed six times for 20 yards.

Robinson defensive back Wes Richmond and linebacker Tyler Iriando intercepted passes.

Lake Braddock will travel to face West Potomac at 7 p.m. on Friday, Sept. 25. Robinson will host Oakton.

"Honestly, 109-0 sounds great," Edwards said, "but being tested is what's going to help you go on in the playoffs."

Jack Taylor's
ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.
Alexandria, VA 22305
703-684-0710
www.alexandriatoyota.com



NEW! Extended Service Department Hours:
Monday - Friday, 7 am to 9 pm
Saturday, 8 am to 5 pm
Sunday, 10 am to 4 pm
Sunday by appointment only.

Make your next service appointment at:
alexandriatoyota.com

You Have Saturdays Off
That's Exactly Why We Don't!



ServiceCenters
Keep Your Toyota
a Toyota



ToyotaOwnersOnline.com

TOYOTA
LIFETIME GUARANTEE



TOYOTA
Let's Go Places

Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts
and strut cartridges are guaranteed to the
original purchaser for the life of the vehicle
when installed by an authorized Toyota dealer.
See us for full details.



BACK-TO-SCHOOL SPECIAL

\$59⁹⁵

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters

SYNTHETIC OIL \$10.00 MORE. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

FALL DETAIL SPECIAL

\$119⁹⁵

Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior. Vans & SUVs add \$20.00.
By Appointment Only

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

4 WHEEL ALIGNMENT

\$79⁹⁵

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

FALL SAVINGS



New Camry's, Corolla's, RAV4's and Prius's
ALL ON SALE LIKE NEVER BEFORE
Fall is here and so are the SAVINGS!
Ask one of our sales managers.
George, Mike, Yared or Rocky
703-684-0700
WE ARE HERE TO MAKE DEALS!

TOYOTA GENUINE SERVICE
BRAKE SPECIAL

\$99⁹⁵

PADS

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE
30000 MILES FACTORY RECOMMENDED SERVICE

\$159⁹⁹

Synthetic \$10 More

Includes: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

EXTEND THE LIFE OF YOUR VEHICLE!
BG FLUID EXCHANGE SPECIAL

TRANSMISSION FLUSH **\$189⁹⁵**

POWER STEERING FLUSH **\$139⁹⁵**

BRAKE FLUSH **\$139⁹⁵**

FUEL INDUCTION FLUSH **\$139⁹⁵**

FOR TRANSMISSION FLUSH, TYPE T OR WS FLUID ADD \$80.00. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

ROTATE & BALANCE SPECIAL

\$59⁹⁵

Includes: Rotate and balance all 4 wheels and inspect brakes and tires.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

BUY 3 TIRES AND GET

4TH FOR

\$1.00



GOOT TIRES? NO CHARGE ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY MULTI-POINT INSPECTION. PRICE MATCH GUARANTEE. SEE SERVICE ADVISOR FOR DETAILS.

BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE
15% OFF SITE LINE WIPER BLADES WITH FREE INSTALLATION

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE
15% OFF ANY ACCESSORIES

• Apparel • Window visors
• I-pad adaptors • All weather floor mats
• Toyota bedliners

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE
DETAIL SPECIALS

\$39⁹⁵

Wash & Vacuum

\$139⁹⁵

Hand wash, wax & interior cleaning

\$295⁹⁵

Full premium detail

By Appointment Only

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.

TRUE START BATTERY SPECIAL

\$99⁹⁵

FROM

INCLUDES BATTERY INSTALLATION

Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

TOYOTA GENUINE SERVICE
COMPLIMENTARY MULTI-POINT INSPECTION

Includes: inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. OFFER EXPIRES 9/30/15. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL.

Jack Taylor's
ALEXANDRIA TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305
703-684-0700 | ALEXANDRIATOYOTA.COM
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



Let's Go Places

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD
• FAIRFAX STATION/CLIFTON/LORTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:
TUESDAY NOON

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!



HANDYMAN

HANDYMAN

RCL HOME REPAIRS
Handyman Services
Springfld • Burke • Kingstowne
Light Electrical • Plumbing •
Bathroom Renovation • Ceramic Tile •
Drywall Repair

703-922-4190
LIC. www.rclhomerepairs.com INS.

SPRINGFIELD HANDYMAN



► Small Home Repairs
► Good Rates
► Experienced

703-971-2164

Hand and Hand Handyman

**General Remodeling
Residential & Commercial
Specializing in:**
Kitchen/Bathroom/Basement Remodeling
Plumbing • Electrical • Custom Carpentry
Doors Windows • Hardwood Floors
Crown Molding • House Cleaning
Interior/Exterior Painting • Brick/Stone Work
Ceramic Tile • Decks, Fences, Patios
HOA Maintenance, Granite Counter Tops
Realtors Work and Much More

Licensed and Insured Serving Northern Virginia
703-296-6409

Do what you can, with what you
have, where you are.
-Theodore Roosevelt

IMPROVEMENTS

IMPROVEMENTS

R&N Carpentry

► BASEMENTS ► BATHS ► KITCHENS
Foreclosure specialist/Power washing
► Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com



A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465
LICENSED
Serving All of N. Virginia



Picture Perfect Home Improvements

(703) 590-3187
Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available
<http://www.pphionline.com/>
"If it can be done, we can do it" 
Licensed - Bonded - Insured

Crescent Home Services Handyman & Home Improvement
Free Estimates  Licensed & Insured

703-953-7309
www.crescenthomeservices.net 100% A-Rated on Angle's List & Washington Consumer Checkbook. Local references available too!



5% discount on labor with this ad
Good thru 11/30/2015

No Job Too Small
Professional  Affordable  Reliable

www.crescenthomeservices.net Email: info@crescenthomeservices.net

LAWN SERVICE

LAWN SERVICE

J.E.S. Services
Your neighborhood company since 1987
703-912-6886



Landscaping & Construction
Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

MASONRY

MASONRY

BRICK AND STONE Custom Masonry
703-768-3900
www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guaranteed

Potomac Masonry
703-498-8526

New Installations & Repairs
Stone - Flagstone - Brick - Concrete

FREE ESTIMATES!!
Lic. & Ins  
potomac-masonry.com

ALBA CONSTRUCTION INC.
CONCRETE WORK
Licensed • Insured

Driveways • Patios • Exposed Aggregate
Sidewalks • Carports • Pool Decks • Garages
Flagstone • Brick • Stonework

703-204-0733

Alfredo's Construction Company, Inc.



- Concrete Driveways
- Patios • Sidewalks
- Stone • Brick

Phone:
VA: (703) 698-0060 • MD: (301) 316-1603
www.alfredosconstructioncompany.com

PAVING

PAVING

GOLDY BRICK CONSTRUCTION
Walkways, Patios, Driveways,
Flagstone, Concrete
FREE ESTIMATES
Licensed, Insured, Bonded
703-250-6231

LANDSCAPING

PAVING

A&S CONSTRUCTION
Bathrooms, Kitchens,
Flooring, complete remodeling.
703-863-7465

Joseph Sealcoating Specialist
PAVING
40 Years Experience! Free Estimates!
703-494-5443

TREE SERVICE

TREE SERVICE

Pit bull Tree Choppers



We take a bite out of your bark.

Call: Lee Lohan 703-400-5005
Licensed and insured. We accept all major credit cards.

- Complete tree removal, stumps and limbs.
- Clearing of deadwood,
- Landscaping and design,
- Ponds and waterfalls,
- Trimming and pruning.

Division of Lohan Construction, LLC.

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

Summer Cleanup...
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience - Free estimates
703-868-5358

24 Hour Emergency Tree Service

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com



EMPLOYMENT

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD
• FAIRFAX STATION/CLIFTON/LORTON

CLASSIFIED

703-778-9411
ZONE 2 AD DEADLINE:
TUESDAY NOON

ShadowLand
is Now Accepting Applications
for Hourly Staff. Please apply in person
Monday, Tuesday, Fridays 11am to 6pm
Chantilly & Springfield/
Alexandria Locations

Pediatric Nurse PT
LPN/RN
in busy Pediatric office, Burke, VA.
703-503-9100

Kiddie Country Developmental
Learning Center
Burke, Virginia
**Jr. Kindergarten
Teacher Assistant**
6:30 a.m.-1:30 p.m., M-F
Phone 703-644-0066
EOE

Educational Internships
Unusual opportunity to learn many aspects of
the newspaper business. Internships available in
reporting, photography, research, graphics.
Opportunities for students, and for adults consid-
ering change of career. Unpaid. E-mail
internship@connec
tionnewspapers.com **THE CONNECTION**
NEWSPAPERS

HOW TO SUBMIT ADS TO
THE CONNECTION
Newspapers & Online
CLASSIFIED
DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411
EMPLOYMENT
DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411
ZONES
Zone 1: The Reston Connection
The Oak Hill/Herndon Connection
Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection
Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette
Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

21 Announcements 21 Announcements 21 Announcements 21 Announcements 21 Announcements 21 Announcements

LIFETIME METAL ROOFING
by VA CAROLINA BUILDINGS VACarolinaBuildings.com
40 Year Warranty - Financing Available W.A.C - Local Contractor



WE ALSO BUILD SHOPS, GARAGES & BARNES!
MetalRoofover.com
Call For Your Free Roof Inspection! **1-800-893-1242**

Outer Banks, North Carolina - Vacation Rentals



- Over 600 vacation homes in all price ranges!
- Kitty Hawk, Kill Devil Hills, Nags Head, and
Southern Shores to Corolla
- Fall Weeks... Still feels like summer - Discounts!!!

Reserve your family vacation today!
Brindley Beach
VACATIONS & SALES
877-642-3224 . www.brindleybeach.com

21 Announcements 21 Announcements 28 Yard Sales

SAVE \$500*
Foundation & Structural Repair - Concrete Lifting
Crawl Space Moisture Control - Basement Waterproofing

FREE INSPECTION & ESTIMATE
888-876-3113
www.jeswork.com



JES
Foundation Repair
Crawl Spaces * Waterproofing

**Downsizing
Garage Sale**
4229 Saint Jerome Dr.
Annandale, VA 22003
September 26, 2015,
8-2
Small appliances,
household items,
some furniture

ONLINE AUCTION
SECURE CREDITOR ORDERED SOLD
September 20th @ 12:01AM - September 28th @ 12:00PM
INSPECTION DATES: 9/20, 9/21, 9/26 & 9/28 10AM-12PM
1264 CREDLE ROAD, VIRGINIA BEACH, VA 23454

Welding & Ornamental Iron Railing & Stairs Manufacturing Equip.

- 2001 Ford F350 w/Service Body
- 2014 Kaufman 23' Foot Trailer
- 97 Mitsubishi Forklift Model#F265 HRS 5239
- GEHL Dynatech Forklift Model#553 HRS 6947 Lifts up to 15, 200 lbs
- Piranha Single Operator Ironworker
- Ingersoll-Rand Air Drill 728 Series
- 150 psi Twin Cylinder Air Compressor
- Stanley 9 Drawer Tool Box with Tools
- Hand-held Circular Saws
- Pipe Wrenches
- Large Pipe Straightener
- Oil Guns
- Drill Press w/ Multiple Speeds
- Lehman Iron Worker Model#10
- Famco Machine Co Punch
- Dual Mitering Head Bandsaw
- Rockwell 9" Contractor's Saw
- Power Pro 5500 Generator
- Miller Syncrowave 200 Tig Machine
- Miller Stick Welder
- Remington 50 Portable Air Heater
- Miller Paint Mixer
- Electric Leaf Blower
- Propane Forge
- Solid Wood Antique Desk
- Fax Machine
- Various Small Hand Tools
- PLUS LOTS MORE!!!

atlanticRemarketing.com
ASSET MANAGEMENT GROUP, INC.
William J. Summs, Sr.
757-461-6867

26 Antiques 26 Antiques

**We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.**
Schefer Antiques
703-241-0790
theschefers@cox.net

16 RE Services 16 RE Services

FREE BOOK:
Selling Goods due to
downsizing/estate settlement.
Only 80 available.
Contact MaxSold Downsizing/Estate Services:
202-350-9388, easy@maxsold.com or
MaxSold.com/book by Nov.15

101 Computers 101 Computers

HDI
COMPUTER SOLUTIONS
JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8

571-265-2038
Jennifer@HDIComputerSolutions.com



Do what you can, with what you
have, where you are.
-Theodore Roosevelt

21 Announcements 21 Announcements 21 Announcements 21 Announcements

TAX NOTICE
CITY OF FAIRFAX

**PERSONAL PROPERTY TAX
PAYMENTS ARE DUE**

Personal Property tax bills have been mailed and are
due
October 5, 2015

LATE PAYMENT PENALTY

To avoid a 10% late payment penalty and interest charges, payment
must be made in full in person or postmarked by close of business on
October 5, 2015

Taxes may be paid in person Monday – Friday
8:30 a.m. to 5:00 p.m.
Treasurer's Office, Room 234, City Hall

IMPORTANT

Even if you do not receive a bill,
you are responsible for paying personal property taxes on time.

For Additional Information, please call 703-385-7900



LONG & FOSTER® # 1 in Virginia

703-425-8000



Cyndee Julian
703-201-5834
Expect Personal Service
& Experienced Negotiation



Clifton - \$899,000
Located in beautiful Rose Hall community, this spacious home sited on 5 incredible acres boasts updates and attention to detail!

View more photos at www.hermandorfer.com



Historic Town of Clifton - \$649,000
Own a piece of VA history! The McDaniel House, built in 1895, has been lovingly maintained and updated!



Ann Witherspoon, CRS
Associate Broker
703-503-1836
ann.witherspoon@LNF.com
Life Member NVAR Top Producers
Life Member NVAR Multi-Million Dollar Sales Club



Fairfax Station/Canterberry Estates
\$749,500
PRICE ADJUSTMENT
1.5 beautiful, landscaped acres sited on a cul-de-sac!

Elegant home featuring 4 bedrooms, 3 full baths - kitchen & all baths updated - possible (true) 5th BR with bath on main floor - large custom screen porch with adjacent deck - butler's pantry - MBR with sitting room + dressing area - ample closet space - many built-ins - many surprises!



MARSHA WOLBER
Lifetime Member NVAR Top Producers
Top 5% of Agents Nationally
www.marshawolber.com
Cell: 703-618-4397



Centreville \$469,000
WOW! End unit 2 car garage townhome with dramatic floor plan! Spacious rooms, volume ceilings, transom windows, lofts and over-looks! 4 finished levels, 3 season room! Updated throughout!
Marsha Wolber 703-618-4397



STEVE CHILDRESS
"Experience...with Innovation!"
Life Member NVAR Top Producers
Buyer Broker since 1973!
703-981-3277



Clifton \$900,000
Horse Country! 5 BRs, 3.5 BAs on 5 acres! Premium private lot at end of cul-de-sac next to entrance of bride trails of

horse community! Immaculate condition w/loads of extras/upgrades to include: hardwood floors throughout, granite countertops, SS, 6-stall stable with 2 fenced paddocks, 3 fireplaces, cedar shake roof, chair rails/crown molding, and much more. Steve Childress 703-981-3277

Sheila Adams
703-503-1895
Life Member, NVAR Multi-Million Dollar Sales Club
Life Member, NVAR TOP PRODUCERS



Fairfax Station \$699,900
Stunning Colonial in Beautiful Crosspointe. 5 BR's, 3 1/2 Baths, New Hardwood floors on

main level, + New Stainless Steel Appliances, Granite, Back Splash, + New Master Bath + New Carpet Upper Level, Freshly Painted thru-out, Lovely Deck w/Pergola, over-looking 14,535 Sq Ft Lot. Nothing to do but move right in. Call Sheila Adams 703-503-1895.



Jim Fox
703.503.1800
jim.fox@LNF.com



Springfield/Daventry \$549,900
Stately brick townhome backing to woods on quiet cul-de-sac. Nearly 3,000 sq ft fin. So many improvements. Spacious rooms thru-out. Remodeled eat-in kitchen w/adjoining 2-story fam rm w/gas frpl. Formal LR & DR. Pretty hdwds.

Sumptuous MBR w/new luxury bath w/dual vanities, sep tub/shower & W/I closet. Expansive walkout rec rm w/2nd frpl. Deck & patio overlook trees. West Springfield HS.



Judy McGuire
703-581-7679
NVAR Multi-Million Dollar Club
NVAR Top Producer



Alexandria \$540,000
Open 1-4 PM, Sunday, 9/27
Must see this large three level TH, bright & sunny kitchen with hearth and gas FP, upper and lower decks, vaulted ceilings, walk-in closets, soaking tub & separate shower, large basement with ceramic tile floor. Island Creek Elementary School.



AMANDA SCOTT
703-772-9190
Top Producer
www.AmandaScott.net



Gainesville Heritage Hunt 55+ \$439,900
SUPER, UPDATED 2-LVL SFH - 3BR, 3BA, Den/BR4, Grnt Kit w SS appls/grnt, Brkfst area, Liv/Gas Fpl, Fam, Din, Loft, HDWDS, remod MBA, covered Patio, open view at rear, 2 car Gar.



Gainesville Heritage Hunt 55+ \$559,900
STUNNING 3 LVLS - Water view! 5BR, 4BA, Grnt Kit w NEW SS appls/Silestone, Brkfst rm, Liv, Din, Sunrm, Loft, Fin w/out LL w Rec rm, Games rm, BR5, 2 decks, NEW zoned HVAC, Tankless HWH, 2 car Gar, Irrig syst, Cul de sac - water view!

www.HeritageHuntHomes.com

John & Jennifer Boyce
703-425-JOHN (5646)
jennifer.boyce@longandfooster.com
www.425JOHN.com



Manassas \$514,900
Gorgeously updated, immaculate home on private 1 acre wooded lot in serene community. Gourmet Kitchen, top-of-the-line upgrades: Counters, Cabinetry, Stainless Steel Appliances & Lighting. Fully Finished Walk-Up Basement with Den, Full Bath, Wetbar & new Carpet. 3 year old Roof, new HVAC & new Gutter Guards.

See ALL homes for sale in Burke!

www.LiveInBurke.com
Christine Zinser, REALTOR

Open Sunday • 1-4 pm



Parcellville, VA
10 Acre Horse Property
\$849,900



JA
JOHN ASTORINO
& associates
Experience...The Difference!



John Astorino
Realtor
703.898.5148

For more information, go to www.JAHomes4u.com or John.Astorino@LNF.com

BARBARA NOWAK & GERRY STAUDTE
"My Virginia Home Team"
703-473-1803, 703-309-8948
gerry.staudte@longandfooster.com
www.MyVirginiaHomeTeam.com



Woodbridge \$500,000

Stylish Updates
Beautiful 4 BR, 3.5 BA home w/open firpln. New HW floors on ML. Gourmet Kit w/SS appliances. Gas FP. Fin. Rec Rm w/WO from Lower Level. Backs to Trees.

ELLIE WESTER
703-503-1880
L&F Founder's Club
Lifetime NVAR Top Producer
Life Member, NVAR Million Dollar Sales Club
ellie.wester@longandfooster.com



Fairfax Station \$965,000
New England charm and Southern hospitality seamlessly blend in Glenverant. A home made for enjoying and entertaining complete with updated kitchen and spacious breakfast area nicely located by a wood burning fireplace. Roam through over 5500 square feet including a sunroom and finished basement that offers a full kitchen. The upper level has four large bedrooms and three full baths plus a family den and attic playroom. The exterior features five acres, an inground pool as well as a four stall barn for horse lovers.

Access the Realtors Multiple Listing Service: Go to www.searchvirginia.listingbook.com



Fall 2015
HomeLifeStyle

Springfield
CONNECTION
Franconia ❖ Kingstowne ❖ Newington



TW Perry Springfield
7740 Southern Drive,
Springfield, VA 22150

TW PERRY SPRINGFIELD

NOW OPEN ON SATURDAYS!



Saturday Hours 7:00 a.m. to 3:00 p.m.

Visit our Springfield location and newly remodeled and expanded hardware store, plus a brand new 3800 sq. ft. showroom! Our hardware store has a full paint line with color matching and Stihl power tools! The showroom is filled with beautiful windows, doors, and custom millwork for discerning clientele.

- Valspar Paint
- Paint Matching
- Over 400 Moulding Profiles in Stock!
- Power Tools
- Hardware
- Re-Key Locksets
- Architectural Millwork
- Custom Cabinetry
- Stihl Products
- Doors & Windows
- Lumber
- Stairs & Railing



Open Monday - Friday 6:00 a.m to 5:00 p.m. & Saturday 7:00 a.m. to 3:00 p.m.
TW Perry Springfield: 7740 Southern Drive, Springfield, VA 22150 703-451-6500 - www.twperry.com

ENJOY THE COMFORT NOW...PAY FOR IT ON **YOUR** TERMS!



SALES • SERVICE • INSTALLATION

- 24 Hour Emergency Service
- Free Estimate on System Replacement
- Senior & Military Discounts
- 100% Satisfaction Guarantee
- Planned Maintenance Agreements
- FREE Second Opinion on System Failure
- We Service All Brands
- Up Front Pricing



Brennan's has been proudly serving Northern Virginia since 1979. Our team of highly trained professionals are at your disposal ready to deliver a quality product and quality service at a fair price.

"We Are Here When You Need Us"

*System rebates ranging from \$0 to \$1,565 depending on equipment purchased. Rebates subject to change. Rebate dates 8/1/2015 - 11/15/2015. †With approved credit. Call Brennan's for complete details.



BRENNAN'S HEATING & AIR CONDITIONING

CALL NOW 703-491-2771

info@brennanshvac.com • www.brennansHVAC.com





BOWA kitchen renovation in Arlington features under-counter microwave and beverage center.



BOWA basement renovation includes space for arts & crafts, games and media.

Remodeling in 2015: All about Family

Adapting your home so it tracks your family's development over the years.

BY JOSHUA BAKER
BOWA

Almost every luxury remodel starts with the same question "How can we improve our family's life at home?" But this answer varies as our families grow, age and evolve. And the best designs consider both current and future needs.

For young families, the focus is almost always child-centric. Kitchens are designed with low drawers for easy access to the most important items, like sippy cups and napkins. Refrigerator drawers installed as beverage stations and below-the-counter microwaves allow the "vertically challenged" to help themselves. Study areas are incorporated into family spaces to allow for parent-child interaction at homework time.

Creative storage solutions and child-friendly finishes, like washable wall paint, chalkboard paint in play areas, and custom ceramic tiles featuring kids' artwork in their bath, all lend to a successful design.

In the teen years, the question asked most often is, "How do I create the house where all the kids and their friends want to hang out?" For this age group, creative basement remodels with game areas are most popular, and perhaps not surprisingly, basement bars are often minimized or omitted completely. As opposed to the closed-off theaters of the past, media viewing rooms are now open and designed as multi-purpose spaces that also facilitate informal gatherings and entertaining. For the ambitious, outdoor features, such as pools, patios and fire pits, can create a neighborhood destination. (Though pools and water features are of-

ten delayed until kids are old enough to be safe around water.)

Teen-friendly designs often include a family foyer, an entrance from the garage with plenty of storage for sports equipment, coats, backpacks, etc. Other potential opportunities for teens include creating small, fun spaces like lofts in bedrooms, themed bedrooms, and making sure that there are plenty of USB charging stations.

For empty nesters, remodeling typically involves "downsizing" within the home by planning to use the space more efficiently. Often, one-level living is designed for convenience and to reduce energy use. Heating and cooling systems are zoned so only the inhabited areas are fully conditioned when in use. Apartment-style washer and dryers are right sized for a couple. Smaller, drawer-style dishwashers are also available. And, perhaps now is the time to discuss repurposing spaces that were previously used as game rooms or homework stations into areas to accommodate hobbies and interests.

Almost all design discussions should at least contemplate the potential for boomerang kids (children coming home after college), in-laws, or elderly family members who might join the home. For those wanting more independence and privacy, in-law suites sometimes include private entrances and even a small kitchenette. Sometimes kids' rooms are moved to the basement to add more privacy.

For all of us as we get older, a house that incorporates the principles of universal design, which allow us to live comfortably and safely in the homes we love, is a critical conversation. Design considerations include creating accessibility-friendly baths, kitchens, entrances and passageways and

perhaps reconfiguring to minimize steps. Often, a strategy that comes up is the consideration of the installation of an elevator to facilitate long-time use.

The design priorities for each remodel are unique to the family, but thinking about all the different phases of family life is critical to long-term success.

Josh Baker is the founder and co-chairman of BOWA, an award-winning design and construction company specializing in luxury renovations, remodels and additions in the greater Washington, D.C. area. BOWA has more than 25 years of experience and has been honored with 170 local and national awards. Visit www.bowa.com or call 703-734-9050.



Renovated home office by BOWA features space for the whole family.



Custom designed cabinetry in this renovated family foyer in Great Falls keeps a busy family organized.

HomeLifeStyle

Evolution of a Family Home

BY JOHN BYRD

Starting in the late 1990s, Paul and Laurie Carter began transforming a simple production house into a personal residence.

Collaborating closely with Sun Design Remodeling, the Carters nursed their vision of an exceptional property with a stunning indoor-outdoor continuum.

This past September, the public was invited to see the results.

Paul and Laurie Carter purchased a new production house in a new neighborhood not far from Mount Vernon. At 3,700 square feet, it was a perfect spot to settle down and raise their son. The schools nearby were excellent; the house was just a few miles from Old Town Alexandria. But there were some things about the property Carters thought they might improve — if they were to stay in residence long enough.

Cramped master bathroom; no family play area; dark rear rooms with no visual continuum; cabinet-cluttered kitchen; builder-grade finishes ... Just a few of the perceived shortcomings.

But skip ahead almost two decades, and the whole house remodel that the public was invited to see this past September demonstrates the kinds of improvements and upgrades that can occur when owners continue to occupy, modifying the environment to suit evolving interests.

In fact: it's no longer merely a house. It's

the Carter's long-term residence.

"The ideal of long term ownership is the option to create a home that, over time, becomes more supportive of favored activities and aesthetic preferences," says Bob Gallagher, Sun Design Remodeling's Executive Vice President. "We are finding this kind of on-going commitment to personalizing a residence much more frequently than in decades past."

Gallagher was at the house Sept. 12 to greet neighbors who wanted to learn more about remodeling in phases. Sun Design had guided the Carters throughout nearly every revision over the past decade. Many guests seem surprised at the project's top-to-bottom scope.

The Carters are quick to acknowledge that their periodic home remodeling efforts have been a logical and sequential response to family needs — beginning with an 18-foot-by-36-foot swimming pool installed on their quarter acre lot in 2006.

"We wanted a place where Paul, our son, Austin, and I could enjoy pleasant summers together as a family," recalls Laurie. "Our remodeling changes reflect the different stages of our lives, and the lifestyle options we wanted to pursue in day-to-day living."

As Austin's circle of friends expanded, for instance, the Carters hired Sun Design Remodeling to convert the home's unfinished lower level into a spacious family room and fitness center complete with a billiards table and TV viewing area suitable for guests of all generations.

During this same time period, Paul and Laurie, both working professionals, sought improvements to the second floor master suite, introducing a sizable master bath with a walk-in shower and changing vestibule. The plan was designed so that one partner could shower, dress and slip off to work without rousing the other partner, who might be still sleeping.

"The new master suite made life more comfortable for both of us," Laurie says, "and it still works beautifully today."

More recently, when Austin left for college, the Carters, now empty nesters,



The Carters purchased the original production house in 1998 and have steadily made focused improvements and upgrades.

began considering ways to better integrate the home's rear suite of rooms with its lovely poolside setting.

The landscaping and mature trees confer a lot of backyard privacy, so the Carters were looking for graceful ideas to better integrate indoor and outdoor horizons. "It made no sense not to have a better view and more natural light from the back of the house," she said. "Also, we didn't have a comfortable outdoor dining zone."

Not surprisingly, the core problem was the home's original floor plan.

Unchanged since the late 1990s, the three rooms on the west-facing rear elevation consisted of a central kitchen flanked by a formal dining room to the right and a family room to the left.

The dining room was sequestered from the kitchen by a floor-to-ceiling wall festooned with builder-grade cabinets. There was one small window above the kitchen sink which was, likewise, bordered by cabinets on two sides. To the left, one entered the family room, which provided an exit to a rear veranda partially covered by a shed roof.

"We had talked about a more open floor plan," Laurie recalls. "But how do you tear down the walls that are holding up the cabinets you use every day?"

As it turned out, this was a good question for Sun Design's Jeremy Fleming, who supervised the Carter's most recent remodeling.

"Something as simple as custom-designed cabinets can inspire a completely new, and much more functional, floor plan," Fleming says.

"Once the Carters were satisfied that the wall between the kitchen and dining room

could come down," he adds, "it was clear that innovative storage solutions would make it possible to further develop a special visual continuum from inside the house."

A counter surface with a gas-fueled cooktop range between the kitchen and the formal dining area, thus, provides storage for both the best family china (accessed from the dining room) and everyday cooking necessities (retrievable from the kitchen). A reach-in pantry next to the refrigerator offers supplemental storage. Though the eye-level cabinet clutter has been deleted, Fleming says there's actually been a 35 percent increase in storage capacity.

To improve natural light, the small kitchen



Sun Design's Jeremy Fleming extended the shed roof to cover sun-exposed decking. Two overhead rotating fans add comfort.

WWW.CONNECTIONNEWSPAPERS.COM



Eliminating walls initially seemed impossible, but custom cabinets by Sun Design's Jeremy Fleming created the opportunity for a different floorplan.

tion," says Fleming. "The formal elements provide definition and balance, yet the clean lines allow a lively visual continuum."

To provide for outdoor dining, Fleming extended the rear shed roof over the previously sun exposed decking. The former outdoor dining niche now becomes a viewing area adjacent to a recently installed flat screen TV.

With the addition of two overhead rotating fans, the new outdoor space is both intimately connected to the house and visually linked to the pool and well-landscaped setting.

"We couldn't be more pleased with how well the house has evolved over the years," says Laurie. "We look forward to living here long into the future."

John Byrd has been writing about home improvement topics for 30 years. See more stories at www.HomeFrontsNews.com.



The home's unfinished lower-level was converted into a spacious family room and fitness center complete with a billiards table and media viewing area.

WWW.CONNECTIONNEWSPAPERS.COM

HOME RENOVATION
VIRTUAL REALITY
Sept 26TH
*Do You Want to Stroll the
Hallways of Your Remodel?*

We Hope You Will Join Us!
Saturday, Sept. 26th, 2015 - 10am-2pm

Where: Sun Design Corporate Office
5795 B Burke Centre Parkway, Burke, VA 22015
(Located behind the Kohl's shopping center)

Seminars run from 10am-12pm. Lunch to follow.
Please arrive at 9:45am for check-in.

Seating is limited!
RSVP: info@sundesigninc.com or call Erin at 703.425.5588

Seminars:
Kitchen + Bath Trends | 10 Tips for a Stress-Free Remodel | From Concept to Completion

SUN DESIGN
Design. Remodel. Relationships.

Major Remodels • Additions • Kitchens & Baths • Basements • Outdoor Spaces
703.425.5588 | SunDesignInc.com



A sizable master bath with a walk-in shower and changing vestibule was designed so that one partner could shower, dress and slip off to work without rousing the other still-sleeping partner.

4 ♦ SPRINGFIELD CONNECTION ♦ HomeLifeStyle Fall 2015

- lost (adj): 1. unable to find the way.
2. not appreciated or understood.
3. no longer owned or known



Helping Animals Find
Their Way Since 2001

Volunteers needed for adoption events, fostering pets, transportation, data entry, adoption center caretaking and more.

Adopt/Donate/Volunteer

www.lostdogandcatrescue.org

SPRINGFIELD CONNECTION ♦ HomeLifeStyle Fall 2015 ♦ 5

Condo Living Ideal for Recent Retirees

PHOTOS COURTESY OF HOMEFRONTSNEWS

A pair of luxury baths add comfort and charm to 30-year old unit.

BY JOHN BYRD

One of the challenges of modern retirement is creating a space that will serve for the long term; another is stretching the budget.

Approaching retirement, Kathleen David explored both of these considerations recently with husband when they decided to sell their multi-level townhouse and find a suitable one-level living option. The goal was a condominium that could be obtained at a favorable price and upgraded within a budget.

Accustomed to urban living, the couple mainly wanted freedom from stairs, available parking, and a spot for a favorite China cabinet.

"We were quite satisfied with our choice," Kathleen says of the 1,300-square-foot-unit in an 11-story, 30 year old Crystal City complex. "But after we had been in residence for about a year, we started looking for contractors to help us upgrade the master bath, which was terribly dated."

What came as a surprise as interviews got under way was how few contractors were willing or able to work in a condominium.

"There are lots of restrictions," Kathleen recalls. They learned that remodeling a room in a condo can take 20-to-30 percent longer than it takes to complete a comparable project in a single family home. "Several well-known firms wouldn't even meet with us," she said.

As such, Sarah Wolf at Foster Remodeling Solutions headquartered in Lorton was a breath of fresh air.

"We hit it off right away," Kathleen says. "She understood condo remodeling challenges completely."

So much so, in fact, that the single full bathroom slated for improvement became two, and the interior design ideas grew progressively more sophisticated.

"Condos have always been interesting to me—partly because they require very precise space plans," Wolf says. "In a tight footprint, inches make all the difference and the design effects that add to that crucial sense of spaciousness must be expertly executed. Professionally, it's exhilarating to design out of the picture the apparent limitations in a room, so that only thing an owner is aware of is how attractive the space is, and how well it works."

Beginning with a "style preferences" slide show narrated by Kathleen (who had stockpiled ideas for close to a year), Wolf began by grappling with an unyieldingly compact 220 square feet that could not be enlarged in any direction.

Removing a wall between the vanity and tub in the master bathroom, for instance, added just two inches of floor space, yet the half-wall and frameless glass space di-



The black and white art deco-style ceramic basket-weave pattern for the shower prevents slipping. As an aging-in-place consideration, Wolf, of Foster Remodeling, found room for an in-shower bench and grab bars. A hand-held shower head on a slide bar adjusts to the owners' different height requirements.



A blue-grey-black Cambria quartz counter top has been color-coordinated with vanity cabinet facings lacquered in a black-brush-applied mushroom gray stain.



vider that now surrounds the newly installed walk-in shower invites a visual continuum that previously didn't exist.

More to the point, Wolf's softly textured interior design scheme provides the eye with something to enjoy, and narrow spaces now seem much wider.

"Alternation and balance are important when working with small spaces," says Wolf. "In effect, you have a three dimensional canvas formed by walls, floors, ceiling, and each side is a critical part of the whole."

Recognizing that inches count in a tight footprint that can't be expanded, Sarah Wolf at Foster Remodeling Solutions gained just two inches of floor space by removing a wall between the vanity and the tub (left); the half-wall and frameless glass space divider that now surrounds the newly installed walk-in shower (right) invites line of sight that previously didn't exist.

When the design statement is well-made, the finished space feels peaceful, pleasant, a room you want to spend time in. Size becomes unimportant."

That said, Wolf applied considerable engineering skill in designing built-ins to satisfy precisely-measured storage requirements."

"There was nothing but an open cabinet under the vanity before," Kathleen says. "Sarah designed appropriately-sized drawers, shelves and recessed a storage spaces

The single full bathroom slated for improvement became two, and the interior design ideas grew progressively more sophisticated.

MORE: Foster Design will be at the Capital Home Show at the Dulles Expo Center Sept. 25-27 in booth 540-542, and is also offering a free remodeling and design seminar at their Lorton facility on Oct. 10, 10 a.m.-1 p.m. RSVP@FosterRemodeling.com or call 703-550-1371.

for everything. The new sense of order has been wonderful."

As an aging-in-place consideration, Wolf found room for an in-shower bench and grab bars. A hand-held shower head on a slide bar adjusts to the owners' different height requirements.

"Everything has been carefully tailored to our needs," says Kathleen. "We feel fortunate to have gotten such a winning result."

John Byrd has been writing about home improvement topics for 30 years. See more stories at www.HomeFrontsNews.com.

Elegant Organization

Experts offer tips to keep your home and family organized all school year long.

BY MARILYN CAMPBELL
THE CONNECTION

Design elements can make maintaining organization throughout the school year elegant and stylish as the activities start to aggregate, notices pile up and calendars start to fill.

“Designate a location for baskets for each family member, such as the entryway or mudroom, and use them daily to keep mail [and] school notices ... organized and in one place,” said Marika Meyer of Marika Meyer Interiors. Meyer used this technique in a Potomac, Maryland home recently.

“Consider a couple baskets for each person, one for notices and one for objects such as toys that can be taken to designated spaces throughout the day.”

It makes life easier on everyone, even the smallest family members. “I also like to keep my kids’ different items for activities in tote bags or bins in our mudroom area,” said Jody Al-Saigh of Picture Perfect Organizing in Arlington. “They can quickly grab what they need for soccer or Girl Scouts on their way out the door, rather than searching all over the house for stray items.

“We make it a rule that those items always live in the designated bag or bin,” said Al-Saigh. “If uniforms are washed or water bottles cleaned, for example, they are returned to that area when they are clean.”

A home’s entryway often becomes a depository for shoes, hats, gloves and other items that are removed when busy families come home after a long day. Simple shelving can offer a solution with aesthetic appeal, especially with mounds of clutter.

“If there’s space within an entry closet, install shelving along the top for hats, gloves and miscellaneous seasonal items so they can be reached easily and not fall out each time you open the door,” said Elle Hunter, director of project development, Case De-

“Consider a couple baskets for each person, one for notices and one for objects such as toys that can be taken to designated spaces throughout the day.”

sign/Remodeling. “If there is currently a single shelf but room for another, consider hiring a handyman to add that extra storage. It will go a long way.”

For larger or double entry closets, consider installing storage bins or shelves for shoes and boots. “There are shoe trays that can work in a pinch, but also consider building in shelving for bonus organization,” said Hunter. “In one instance, we installed closets around a bench in a home for ... ultimate ... entryway organization.”

If you don’t have a closet in the entryway, invest in a hall tree with hooks or a bench with storage, advises Hunter. “These can often be built into an underused space or under the staircase,” she said.

The kitchen is often a hub of a busy family’s activities. Afternoon snacks are simplified with latest in kitchen and appliance design including beverage drawers or centers. “They make it easy for young ones to grab a juice box or healthy drink by themselves,” said Brian Knipp, remodeling consultant with Fred, a division of Case Remodeling. “Consider installing these if you’re planning a kitchen remodel any time soon.”



GERELI
MARBLE & GRANITE
Natural Beauty in your home

Best Prices Guaranteed
CUSTOM DESIGN

- Kitchens
- Bathrooms
- Counter Tops
- Fireplace
- Custom Floors
- Vanity Tops
- Tile
- Residential & Commercial

BBB Rating: A+ | CHECKBOOK | Angie's list

GERELI MARBLE & GRANITE

KITCHEN & BATH

Free Estimates | Free Sink & Install

8241-I Backlick Road • Lorton, Virginia 22079
Licensed & Insured • 703.339.0300 • Fax: 703.339.0400 • www.gereli.com

UP TO \$1000 BACK

NATIONAL Karastan MONTH

Now is the time to save on gorgeous carpet from Karastan for a limited time only.

During National Karastan Month, you will find the lowest prices of the season. Sale ends November 8, 2015. See store for details.

SHOWROOM GRAND OPENING OCTOBER 14

ALEXANDRIA CARPET ONE FLOOR & HOME
851 S. PICKETT STREET, ALEXANDRIA, VA 22304
571.350.8617 | WWW.CARPET1ALEXANDRIA.COM

Springfield
CONNECTION

HomeLifeStyle

IS PRODUCED BY
CONNECTION NEWSPAPERS
WWW.CONNECTIONNEWSPAPERS.COM
LOCAL MEDIA CONNECTION LLC

FOR MORE INFORMATION,
CALL 703-778-9431 OR EMAIL
SALES@CONNECTIONNEWSPAPERS.COM

Diversification Could Help Real Estate Market

Home sales have increased, particularly in Fairfax County, which saw a 22 percent uptick.

BY ANDREA WORKER
THE CONNECTION

Vienna-based realtor Craig Lilly with Long and Foster agreed with how Ken Harney, the moderator for the 2015 Northern Virginia Association of Realtors (NVAR) Economic Summit, described the current year's market trends at the gathering earlier this month at the Fairview Park Marriott.

"His assessment of 2015 is on target with what I am experiencing," said Lilly. "So far, so good."

Harney, a nationally-syndicated columnist, categorized 2013 as the "rebound year" when sales and house prices seemed to be back on a roll after years of post-recession doldrums. Then 2014 started out impressively strong as well, but mid-year the market became more "restrained."

"Last Spring things were rocking," said Lilly. "I think that caused some sellers to price too aggressively too quickly in a market that was changing. That certainly had an effect on the slowdown we saw for the rest of the year."

The data for 2015 is on Harney's side. Home sales have increased, particularly in Fairfax County, which saw a 22 percent uptick in sales. Figures just released by Real Estate Business Intelligence report the second-highest level of August sales since 2006, with inventories remaining fairly healthy and time-on-the-market about equal with the same period last year. The August report also showed the average sales price of single-family homes down slightly (.02 percent), while the average price of attached homes and condominiums rose slightly.

But even those positive numbers didn't keep the summit's panellists from making presentations that leaned decidedly towards the cautionary, for both short-term real estate transactions, and the future economic health of the region.

LOOMING ON THE HORIZON is the spectre of another potential government shutdown if Congress fails to pass even a temporary budget by the end of the month. Describing the region as a "company town," and as such, somewhat "vulnerable" to Congressional activity, panellist Dr. Terry Clower, director of George Mason University's Center for Regional Analysis, said he wouldn't discount the possibility of a shutdown, despite the insistence of others that neither political party would tolerate that turn of events. Additional sequestration during a Presidential election year is also possible, he said. With a laughing



From left — Jonathan Aberman of TandemNSI, Jill Landsman, NVAR VP of Communications, and summit moderator Ken Harney at the 19th Northern Virginia Association of Realtors Economic Summit.

PHOTOS BY ANDREA WORKER/THE CONNECTION



Dr. Terry Clower, director of George Mason University's Center for Regional Analysis, provided detailed data on area employment figures, income, job sector changes and more during the Economic Summit. There was considerable note taking during his presentation.

acknowledgement of his "slight accent – I am from Texas," Clower reminded the audience that for a "good lump of the rest of the country, a government shutdown is not seen as a such a bad thing."

But for a region where almost 40 percent of the economy is directly related to federal wages and salaries, procurement and other federal activity, Clower's analogy of the "company town's" vulnerability seems right on target.

The seemingly endless "Federal Reserve Watch" for interest rate hikes was also discussed by Clower, and by Dr. Lawrence Yun, chief economist with the National Association of Realtors.

"A rate increase is coming, probably sooner rather than later, before the end of the year," predicted Yun, but he also believes that any increase will not have an immediate impact on mortgage rates.

That's an opinion that Weichert Realtors Fair Oaks managing director Lorraine Arora

for awhile," said Arora.

Lilly was more struck by Yun's powerpoints showing homeownership at a 50-year low combined with rental vacancies at a 30-year low and rents at a seven-year high. "There's some things to be thinking about as a Realtor, and really as anyone living and working in this area," he added.

In Yun's research, millennials - who currently represent a large portion of the renters - are actually the most confident about the housing situation, and despite the many obstacles to their entering the market, the majority want to eventually become homeowners. Their achievement of that goal is crucial, according to Yun, who noted that the net worth of homeowners tends to exceed that of renters.

One positive note on real estate trends by Yun that the Realtor attendees appreciated was his belief that the "trade-up" market would probably see an improvement, with potential buyers having more cash-in-hand from their current homes' sales with which to make the move. The figures show that many homes that had fallen below their original purchase price have at the least returned to parity, and in many cases even seen a modest increase in value.

Back on the subject of the "company town" dependency, Clower and Yun both argued that diversification of job sectors is critical to the region's future economic success, requiring greater regional cooperation.

SPEAKING OF ROBOTS, drones, artificial intelligence, virtual reality and the "We Work" models of sharing work, living spaces and resources, Jonathan Aberman, chairman of TandemNSI, focused on technological trends and how they would affect our daily lives. Aberman said that any region that doesn't prepare for these changes with an emphasis on affordably "educating people on how to think, rather than just how to do" will be quickly left behind.

Aberman said that more effort is needed to keep the federal dollars spent on technology and related research here at home. "We need to be encouraging our next generation of 'gazelles,' what we call our fast-growth companies and entrepreneurs. And we need to consider that these people will be more interested in data-ways than high-ways when considering their work options."

To Aberman, that includes rethinking the number of "trophy offices" under construction and in the pipeline. He worries about over-building in commercial properties that sit empty for so long that they cease to be Class A buildings. Before they can be occupied, many are already not up to par for the next wave of change, either technologically, or culturally speaking, he said.

Lorraine Arora tends to agree with Aberman's concerns. "Look at the commercial vacancy rates in Arlington, as just one example," she said. She was also fascinated by Aberman's predictions on technology's influence on society in the very near future.

"It's a little concerning," she said. Technology is good, but I hope we don't get to the point where people just don't leave their homes."



Rob Whitfield, a member of several regional transportation citizens' groups including the Dulles Corridor Users Group, asks a question of the panellists.

shares. "People will still be buying and selling. I think the current situation continues to make people a bit cautious, as Yun suggests, but I agree that we probably won't see much impact on mortgage rates, at least