

The Arlington Connection

A long line winds down the street at the 18th Annual Clarendon Day Street Festival on Saturday, Sept. 26 waiting to load up styrofoam plates from the Delhi Club buffet of Indian butter chicken, vegetable samosas, chick peas, naan and to spice it up with tamarind sweet sauce. The owner says the restaurant has been in Clarendon for 11 years.

Fun, Food And Entertainment

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PHOTO BY SHIRLEY RUHE/THE CONNECTION

SEPTEMBER 30 - OCTOBER 6, 2015

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM



Clarendon Day

The street was lined with pizza stacked high, chili tasting booths for the International Chili Cookoff Tournament, one-hour free yoga giveaways, craft beer and a sangria booth, five bands playing all day, balloons and face painting for Clarendon Day on Saturday, Sept. 26.

The Indie Songwriters and Poets from Adams Morgan performed in a large tent on the corner of Washington Boulevard at Clarendon Day. Dana, chosen from the audience and still wearing his number from this morning's race, was the objective of a skit "stuck in a room with stepping in something."

PHOTOS BY
SHIRLEY RUHE
THE CONNECTION



I-66: Toll Road

VDOT plans to break I-66 gridlock with new tolls and HOV requirements.

BY VERNON MILES
THE CONNECTION

It's not news that I-66 is a congested mess. It wasn't a surprise to Deputy Secretary of Transportation Nick Donohue when Gov. Terry McAuliffe said it needed to be fixed, and the Arlington County Board wasn't shocked to hear changes are underway to try to reduce the gridlock during peak hours. But with proposed solutions like a toll and an increase in the High Occupancy Vehicle (HOV) lane requirements, the changes could have a major impact on daily commuters.

"This is beginning to pick up speed, and it's time to fully engage in this," said County Board Chair Mary Hynes.

At the Sept. 24 meeting of the Arlington County Board, Donohue presented the state's plan for fixing I-66. The reaction, as summarized by County Board member Jay Fisette, was cautious optimism.

With an anticipated 70 percent job growth in the Tysons Corner area and 25 percent job growth in Rosslyn and D.C., Donohue said that the state needs to begin improving the already overstressed roads and rethink the approach to transit in the region.

"The demand for transit is going to continue to grow, and in the future it's not going to be just during peak hours eastbound," said Donohue. "I think you're going to see strong travel demand both east and westbound in the mornings and evenings. We're already beginning to see that happen."

Donohue also said that the Department of Transportation can no longer rely on WMATA to pick up the slack for I-66.

"The Silver Line was the last major expansion [of the Metro]," said Donohue. "we need fast travel options beyond where WMATA currently exists."

One of the primary strategies Donohue

Public Hearings

The next public hearings on the I-66 changes are:

Monday, Oct. 5 (7-9 p.m.)
VDOT Northern Virginia District Office
4975 Alliance Drive, Fairfax, VA 22030
Tuesday, Oct. 6 (7-9 p.m.)
Mary Ellen Henderson Middle School – Cafeteria
7130 Leesburg Pike, Falls Church, VA 22043
Wednesday, Oct. 7 (7-9 p.m.)
Washington-Lee High School – Cafeteria
1301 N. Stafford Street, Arlington, VA 22201

referenced is a plan to implement a toll on all non-HOV 3 vehicles. The increase from the current HOV 2 requirement to HOV 3 was initially approved by the Regional Transportation Board in 2010 in hopes of improving air quality in Northern Virginia. The toll would shift in cost depending on the status of road congestion, with an average \$8 cost eastbound during peak hours and \$9 cost westbound during peak hours. According to Donohue, every dollar made from the toll is legally required to be used in transportation projects in Northern Virginia.

Donohue also noted some of the exemptions from HOV requirements. Currently, hybrid cars with clean fuel plates issued before July 1, 2011, can use HOV lanes during peak hours with only one occupant. However, under the new plan, clean fuel vehicles will no longer be exempt from HOV restrictions. Without specifying whether there was a policy change, Donohue also noted that exception that allows drivers travelling to and from the Dulles Airport to drive in HOV lanes with only one occupant makes HOV enforcement difficult. When pulled over, Donohue says many drivers state that they're travelling to the airport, which is impossible for the police officer to refute without following the driver to his or her destination.



Original Trip
(During AM/PM Peaks)



Travel Choices



VDOT's options for commuters on I-66 under new plan.

Other proposed solutions included new bus routes along I-66, priority access for "vanpool" programs, and support for telework programs. However, if these options do not reduce traffic on I-66, Donohue said that the Department of Transportation would consider plans to widen I-66. However, Fisette noted that the first review of the program's implementation occurs in 2022, meaning that if the new program doesn't work: road widening wouldn't take place until 2024 at the earliest.

Other members of the County Board expressed frustration with some of the poor relations between the Department of Transportation and local citizens. County Board member Libby Garvey said she heard from many residents the Department of Trans-

portation had failed to follow up on its promise to inform neighbors when night work was imminent. Donohue apologized on behalf of the department and said he would investigate the concerns and report back to the board. County Board Member John Vihstadt expressed concerns that the new toll plans could negatively impact National Airport. With several public meetings on the topic throughout October, Vihstadt asked if there were any specific situations where the plan had been influenced by public feedback. Donohue responded that the initial plan had included immediately changing I-66 to HOV 3, but public comment had influenced Department of Transportation staff to delay the HOV requirement change until 2017, when tolling begins.

New Homeless Services Center Unveiled

“A bridge, not an end game.”

BY SHIRLEY RUHE
THE CONNECTION

It was just a week before the new Arlington Street People's Assistance Network (A-SPAN) Homeless Services Center was scheduled to open in Arlington. Katheen Sibert, president/CEO of A-SPAN, said this “was the first day of their soft move and there's been lots of hugging and jumping up and down today.” Floor two of 2020A 14th St. is the day program and floor three is the homeless shelter. Some offices had a chair or desk, others had boxes of office supplies, the five respite beds donated by Virginia Hospital Center were in place.



Kathleen Sibert, president/CEO of the Arlington Street People's Assistance Network (A-SPAN) readies the new Homeless Services Center, due to open Oct. 1 with 24/7 service including a day program and homeless shelter.

“The homeless are citizens just like we are and deserve the same treatment.”

— Kathy Sibert,
director, A-SPAN

Sibert explained with the addition of the day program this is “much more than a shelter, a one-stop place for our homeless neighbors to come. Our focus is to end homelessness; this is a bridge, not the end game.” Floor two is the day program with client rooms, a kitchen and “dining room that has to hold 80 people minimum but we never turn people away to feed. Although located just two blocks from the previous homeless shelter, the new facility offers an expanded set of services and is open 24/7.

“There are three main things the homeless are looking for: a place to sleep that's safe, to get something to eat and personal hygiene (a shower and laundry),” Sibert said, standing beside the main desk resource center where the homeless will check in “and we can see what services they need.”

They may want to eat, shower, see the nurse or pick up their mail. A waiting area is off to the right with a large dining room on the other side. Sibert opens a door to a full kitchen where she explains the homeless will be trained in a culinary program so they have a marketable skill.

Down the hall is a women's shower area for the day program with dark blue and white patterned tile stalls. “This doesn't look like an institution,” Sibert said. “I told them blue tiles didn't cost anything more.” Through a door marked client rooms 219a-e therapists can meet with homeless or housing needs can be discussed. Sibert says there is an individualized service plan for each person.

Around the corner is a classroom. “I'm very excited. We've never had a classroom, and we hope to set up internships.” At the end of the hall is Sibert's office, “never had an office so nice” and one more “never had” down the hall, a large conference room.



Showers are located on both the second floor for the day program and on the third floor for the homeless shelter. “We didn't want to make this look institutional so I told them to make a pattern with blue and white tiles; white tiles cost the same as blue ones,” said Kathleen Sibert, president/CEO of the Arlington Street People's Assistance Network (A-SPAN)



The women's rooms at the shelter are brightly decorated and in addition to a bed include a locker, under-bed storage and hooks for clothes. Kathleen Sibert, president/CEO of the Arlington Street People's Assistance Network (A-SPAN), works with the community and says that Macy's donated new blue and green sheets for the opening.

Elevator or stairs lead to the third floor where the sleeping quarters are located with 36 beds for men and 14 for women. Bright green walls decorate each two-person women's sleeping area with lockers, under bed storage and hooks for their garments. “We work with the community. The brand new blue and green sheets were donated by Macy's for the opening,” she said.

tour about provisions that had been made in the neighborhood to alleviate concerns about loitering homeless or unruly situations. Sibert points out there has been crisis intervention training for officers, and the county has hired a security patrol officer.

However, it was pointed out that at the previous shelter just over a block away there had been no major incidents in 20 years. And Sibert added, “the homeless are citizens just like we are and deserve the same treatment.”

The original temporary homeless shelter was set up over 20 years ago as a hyperthermia center for extreme weather conditions from November-March.

“But,” Sibert said, “people are homeless 12 months of the year.” Momentum built gradually as citizens, businesses who who don't like to have people on the street and the faith community all gathered behind the idea of a permanent 24/7 shelter. Things started to accelerate when Sibert became president/CEO in November 2008. In November 2012 the Arlington County Board voted unanimously to move forward on the purchase of an office building at 2020 N. 14th Street and in March 2013 the Arlington County Board unanimously approved use permit for a year-round homeless services center. On Feb. 25, 2014 Board members approved the construction contract for the center. The opening of the Arlington's Homeless Services Center is Oct. 1 from 4-7 p.m. with refreshments at 4 p.m., remarks and ribbon cutting at 4:30 p.m. and center tours beginning at 5 p.m.

A quiet room is down the hall with books and a small TV or “if people just can't sleep,” Sibert said. A large laundry room is available for the day program, the shelter and respite and once a week the jail across the street does the bed linen, a 20-year arrangement. In Room 325 nurse practitioner Kasia Shaw sees shelter patients. Shaw is a former West Point graduate and veteran. Her examining table has been donated by Georgetown University. The five medical respite beds are primarily intended for homeless patients released from the hospital and told to go home to rest. But they have no home. “They can stay in a respite bed for up to 30 days if needed, but the beds are not intended for chronic illness,” she said.

There was some discussion during the



Kathleen Sibert, president/CEO of the Arlington Street People's Assistance Network (A-SPAN), points to a diagram to the second floor as she moves to the client rooms where homeless can see a therapist or consult with housing counselors: “Our goal is housing. This is a bridge, not an end game.”

PHOTOS BY SHIRLEY RUHE
THE CONNECTION

Kenmore Incorporates Arts and Technology into Learning

“Connect and engage. Expect and empower.”

BY SHIRLEY RUHE
THE CONNECTION

Kenmore Middle School at 200 S. Glen Carlyn Springs Road is celebrating 20 years of integrating Arts and Communications Technology into the curriculum. Dr. John Word, principal for the last 17 years, explains that last year, “We did a math project that was an art expression of ‘2 to the power.’ The students painted hangers in different colors starting with one red, with two pink attached at the bottom, then four purple hanging from the pink.” He says this “2 to the power” was on exhibit at the Phillips Gallery and the U.S. Department of Education.

“This is the beautiful thing. Music is universal but when you explore more deeply I realize art is universal. It’s about engagement of the students so they want to learn,” Word said. He illustrates the point by describing “geo-jingles” in world geography. Students find a piece of music and then incorporate country, economy, politics in the words. “It is a benefit when you see kids engaged and roll the thought process into the day.” Like the other four Arlington middle schools, Kenmore requires five core subjects in sixth grade and four core subjects in seventh and eighth grades. But the difference is the subjects are taught from the perspective of fully integrating the continuum of the arts through the objective, content and assessment. “We define this in four ways: music, visual art, dance and drama.” In addition, the exploratory wheel allows students to choose art, choral music, tech ed, family and consumer science, business education for several weeks on a rotating basis. Word says he taught a course in character development which used to be one of the choices.

A full array of sports is offered including basketball, soccer, dive, “track is big” and wrestling. “I’ve had one or two girls.” And



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Lilo Stephens, with Principal Dr. John Word, is a classroom teacher for a social studies technology-based classroom equipped with five SMARTBoards, specially designed furniture and a microphone. She says there is no other classroom like this in the D.C. area.

Part Five

Fifth and final in a series of articles focusing in Arlington middle schools.

you can take dance as a sport, ballet to hip-hop. He added “there are also a lot of after school clubs including a new taiko drumming group, fencing, Frisbee last year; chess club springs up. I’m so pleased to have all of these outlets.”

Word says that although Kenmore is both an arts and communications technology center middle school he finds, “if we put technology in people’s hands, they use it.” He points out changes in technology that “give the ability to come across cultures and geographic boundaries.” Kenmore has a Smart Technology Collaborative social studies classroom equipped with five SMARTBoards, specially designed furniture and a microphone for the teacher. Lilo Stephens, the classroom teacher, is a facilitator in her classroom allowing students to use the technology while working together with their classmates to guide their own learning.

Word points out the digital screens that

allow images from the computer to be displayed on the SMARTBoard and can be modified on the screen itself. He said, “Brainstorming in the classroom can be fun by using all forms of media including videos, maps, photographs, games making it incredibly dynamic in nature.”

Stephens said, “There is no other classroom like this in the D.C. area.” Earlier in the day the class had been engaged in “tableau training” where students posed together, each a piece of a picture illustrating the significance of Susan B. Anthony’s work.

A mural of two crouching cougars spreads across the second floor wall as one climbs the stairs to the seventh grade classrooms. Word says two Kenmore students painted this last spring. “Have you heard of Margot McDonald?” He said McDonald sang for the students last year with lines down the hall to get in. When she asked the students how many of them had entered the school’s PTA Reflections Contest, a few hands went up. “That’s how I got started. I wrote this song when I was at Kenmore for my entry into the Reflections contest.” Word said, “Of course interest in this went sky high the next year.”



Kenmore Middle School located at 200 S. Glen Carlyn Springs Road is a middle school that focuses on integrating Arts and Communications Technology into the curriculum. Williamsburg and Swanson are traditional middle schools in Arlington while Thomas Jefferson is an International Baccalaureate school and Gunston is a partial Spanish immersion school.

Kenmore doesn’t have the space problem experienced by most of the other middle schools in the county. “When the new multi-storied building was constructed 10 years ago, we were proactive thinking ahead and asking for an auditorium, black box theatre, three computer labs for each grade, a wellness fitness lab in the gym and a TV studio, more than we thought we would get. We were pleased and surprised that it was all approved.

Word started teaching high school history in Charles County many years ago where he was also the class sponsor. His major responsibility was putting on the senior prom. Word taught 14 years in a number of schools in Prince George’s County and D.C. where he was a middle school principal. “My experience during this time as a substitute teacher embodied what got me really excited about teaching. I was engaged with kids and I didn’t have to know everything. We learned together.”

As he reflects back he said, “there was no voice mail or email when I started my career.” He says he doesn’t think youths have changed over the time he has been teaching. “Middle school encompasses the full range from small kids to almost complete adult size, same in maturity. It is fascinating to see what happens to all of them in three years.” But Word thinks that imposing the experiment that one size fits all on local schools is a mistake. “Our attention to subgroups has paid some dividends. For instance, if kids have a low SOL score we give them help on a specific objective in the classroom, use a focus approach on areas where we have a deficit. We have to be careful what we measure, like how to work cooperatively, how critically do kids think.” When Word started they had a textbook but no curriculum: “I had a lot of autonomy as a teacher. Then we went through a tighten-up phase, a very detailed script of what to do, very rigid. Then onto a more general framework. The more we have an open-ended environment the better we are. Connect and engage. Expect and empower.”

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For an art expression of “2 to the power,” students painted the first hanger red, then attached two pink hangers on the bottom, then four purple hangers, then eight blue” This was on exhibit at the Phillips Gallery and the U.S. Department of Education.



A mural of two crouching cougars, the Kenmore school mascot, covers the wall leading up to the second floor of the middle school. It was painted by two Kenmore students last spring.

NEWS

Economics And Women

U.S. Rep. Don Beyer (D-8) announced a "Men for Women" House Caucus to promote economic growth through women's empowerment on Monday, Sept. 28. The caucus of male members of the U.S. House will introduce and promote policies to further full economic parity and participation of women. Beyer pointed to just-released findings by McKinsey and Company that efforts to advance women's economic equality could improve global GDP by \$12 trillion. In the U.S. since the 1970s, female labor participation has accounted for fully a quarter of total GDP growth. The first caucus initiative announced Monday is a Corporate Gender Diversity Resolution supporting market-based efforts to boost the participation of women in leadership.



PHOTO CONTRIBUTED

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for Oct. 5-10.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Monday, Oct. 5, historic Congressional Cemetery, D.C.,

\$16; Tuesday, Oct. 6, Potomac Eagle Train Ride and meal, \$85; Thursday, Oct. 8, British Pantry Tea, Aldie, \$43; Friday, Oct. 9, Arlington Emergency Communications Center, tour, \$6; Saturday, Oct. 10, Rock Hall Fall Festival, Md., \$11. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Ballroom-style dance lesson, Monday, Oct. 5, 6:45 p.m., Walter Reed. Free. Register, 703-228-0955.

Current events roundtable, Mon-

day, Oct. 5, 10 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Folk music sing-along, Monday, Oct. 5, 2 p.m., Lee. Free. Register, 703-228-0555.

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369.

Ice skating, Mondays, 8 a.m. - 9:10 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register, 703-228-4745.

Madison Chess Club, Mondays, SEE FLOURISHING, PAGE 6

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November 3, 2015

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OPEN HOUSES
UPPER SCHOOL · October 18, 12:00 PM
ALL-SCHOOL · November 11, December 9, January 7, 8:45 AM

Stone Ridge
School of the Sacred Heart

Stone Ridge School of the Sacred Heart is a Catholic, independent, college preparatory school for girls, Grades 1-12, with a co-educational Preschool, Pre-Kindergarten, and Kindergarten, located in Bethesda, Maryland. Northern Virginia bus transportation available.

www.stoneridgeschool.org

Changing Perspective on Death Penalty

Evolving standards will eclipse the death penalty entirely at some point in the future.

It's sad to see senseless death as a response to senseless death. Alfred R. Prieto is not a sympathetic figure, a serial killer who was on death row in California when DNA connected him to murders and rapes in Reston and Arlington that took place in 1988. He is scheduled for execution this week, at 9 p.m. on Thursday, Oct. 1.

Evolving standards of decency have led to the understanding that it's wrong and unconstitutional to subject people whose crimes were committed when they were juveniles or people with intellectual disabilities to the death penalty.

The Arc of Northern Virginia, an advocacy group for people with intellectual disabilities, asked Gov. Terry McAuliffe to send Prieto back to California so that his intellectual disabilities, raised in the sentencing phase of his trial,

could be analysed. McAuliffe has declined to intervene in Prieto's case. It was a Virginia case, *Atkins v. Virginia*, that led the U.S. Supreme Court to rule that execution of people with mental retardation is unconstitutional.

Prieto was sent to Virginia to face trial even though he was already on death row in California because of the belief, clearly correct, that he would be more likely to be executed in Virginia.

Over time, it seems clear that evolving standards of decency will end the death penalty in the United States. The number of death sentences has dropped dramatically since 2000, and executions have declined as well, from a high of 98 in 1999 to just 35 in 2014, the lowest in 20 years, according to Amnesty International.

Prieto committed heinous crimes, and releasing him from prison should never be an option.

Warren Fulton and Rachel Raver were last seen around midnight in Washington, D.C. on Dec. 2, 1988. The two George Washington University students, both 22, were found dead Dec. 6, 1988 in a field off Hunter Mill Road in Reston. Both were shot in the head. Raver had been raped. Investigators believed they had

Vigil to Oppose Death Penalty

Virginians for Alternatives to the Death Penalty will hold vigils around the state on the evening that Alfredo Prieto is scheduled for execution, Thursday, Oct. 1.

Arlington Vigil in opposition to the death penalty Oct. 1, 8:30-9:10 p.m.

Clarendon Metro Station. The vigil will be held in the public park between Clarendon and Wilson Boulevards, right behind the Metro exit. Attendees are welcome to bring signs with appropriate, peaceful, anti-death penalty messages.

For more information, contact Elise Cleva at elise.cleva@gmail.com or see <http://www.vadp.org/>

been abducted and forced to drive to the remote location. DNA evidence linked Prieto to Raver's death and to that of Veronica Jefferson, a 24-year-old CIA finance officer who was raped and shot to death in Arlington County in May 1988, although he was never tried in that case. A Fairfax County jury sentenced Prieto to death in 2006.

The murders and rapes were unsolved for 17 years until 2005 when California's DNA database joined a national database.

— MARY KIMM

"FLOURISHING AFTER 55"

FROM PAGE 5

9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. – 3 p.m., Arlington Mill. Free. Register, 703-228-7369.

Explore Chinese culture, Tuesday, Oct. 6, 10 a.m., TJ Comm. Center. Free. Register, 703-228-4403.

Basic painting and drawing techniques, Tuesday, Oct. 6, 1 p.m., Langston-Brown. \$42/6 sessions. Register, 703-228-6300.

Volleyball, Tuesdays, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

Belly dance class, Tuesdays and Fridays, 10 a.m., Lee. Free. Register, 703-228-0555.

Beginners full fitness exercise, Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555.

Arlington Mill Trekkers, Tuesdays, 9:30 a.m. Free. Register, 703-228-7369.

Table tennis, Tuesdays, 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955.

Poker games, Tuesdays and Thursdays, 10 a.m.-12:30 p.m., Lee. Register, 703-228-0555.

Wills and trusts, Wednesday, Oct. 7, 1 p.m., Langston-Brown. Free. Register, 703-228-6300.

Intro to Smartphone photography, Wednesday, Oct. 7, 6:30 p.m., Arlington Mill. Free. Register, 703-228-7369.

Duplicate bridge, ACBL sanctioned, Wednesdays, 10 a.m., Aurora Hills. \$5. Register, 703-228-5722.

Causes and treatments of leg pain, Thursday, Oct. 8, 11 a.m., Langston-Brown. Free. Register, 703-228-6300.

Lee Woodcarvers share woodcarving tips, Thursdays, 1 p.m. Free. Details, 703-228-0555.

Scrabble games, Thursdays, 1 p.m., Culpepper Garden. Free. Details, 703-228-4403.



The Marymount students, who expected to only be able to watch Pope Francis from a giant screen during the Mass, were surprised when the pontiff made his entrance onto the grounds within 10 feet of them.



Jimmy Carroll, a junior at Marymount University, said the 10 seconds he saw Pope Francis was worth the entire day.

PHOTOS CONTRIBUTED

Students Blessed by Pope Francis

Seeing Pope Francis for 10 seconds outside the Basilica of the National Shrine of the Immaculate Conception was worth the commitment of an entire day for Jimmy Carroll, a Marymount University junior from Alexandria.

"It was incredible," said Carroll, who was in a group of 45 Marymount students with tickets to the Mass on Wednesday, Sept. 23, attended by more than 20,000 people on the grounds of the basilica, located at the Catholic University of America.

"We couldn't see anything from our seats but the Jumbotron and that's all we expected to see of the Holy Father," said Carroll, a communications major. "But when he arrived, his entrance

was right next to us. He walked by – maybe 10 feet away. We were yelling, 'Papa! Papa! I yelled out, 'I love you, Papa!' and he looked right at me and waved. It was incredible!"

Francis, the 266th pope, is only the fourth to visit the United States and the third to visit Washington.

His six-day trip also included stops in New York and Philadelphia. The following day he addressed a joint session of Congress, and then said a prayer blessing for the homeless clients of St. Maria's Meals in Washington.

The whirlwind Wednesday began early for the Marymount group, which left the university at 6:30 a.m. They didn't get home until after 9 p.m.

The
Arlington
Connection

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An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

**1606 King Street
Alexandria, Virginia 22314**

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News



PHOTO CONTRIBUTED

Talking about Investing

Kaley Burlingame, of Arlington, a Virginia Tech senior majoring in accounting and finance in the Pamplin College of Business, made her national television debut last month on CNBC, a cable channel focused on business news. She did so well, as one of three panel participants on the Retail Investor Roundup segment of CNBC's "Closing Bell" on Aug. 31, that she was invited back for a second appearance. Burlingame serves as co-CEO of SEED (Student-managed Endowment for Educational Development), a student-run investor group that manages a multimillion-dollar stock portfolio for the Virginia Tech Foundation.

BUSINESS NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcomed.

The Arlington Partnership for Affordable Housing's Arlington Mill Residences, was named Metropolitan/Urban Housing winner at the 21st Annual Charles L. Edson Tax Credit Excellence Awards on June 10, at the U.S. Capitol Visitors Center in Washington, D.C.

Virginia Hospital Center's Chief Financial Officer **Robin Norman** has been named to Becker's Hospital Review's "150 Hospital and Health System CFOs to Know" list.

Privia Quality Network, a physician practice management and population health tech company, has partnered with the Shenandoah Independent Practice Association, Inc., a physician network of more than 400 providers that serves patients in north-

ern and western Virginia.

The National Science Foundation has awarded **Marymount University** \$468,320 for its CyberCorps Scholarship for Service program.

The following Arlington-based architects and architecture firms have been recognized by The American Institute of Architects Northern Virginia Chapter with 2015 Design Awards:

AECOM, Award of Merit-Institutional Architecture for Integrated Engineering Services Building in Hampton, Va.

Dan Ciolino, Associate AIA at AECOM, Herlong Award for Associate Members-Riyadh Metro Project in Riyadh, Kingdom of Saudi Arabia

Jacobs, Jurors' Citation-Institutional Architecture for Modular Air Control Tower

MTFA Architecture, Award of Merit-Historic Architecture for East Feliciana Parish Courthouse in Clinton, La.

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/OCT. 1

Opera NOVA Arts Forum. 7 p.m. at Glebe Elementary School, 1770 N. Glebe Road. The role of the arts will be the topic of this candidates' forum. The free event is sponsored by Opera NOVA. The free-for-all forum will feature candidates running for elective office in Arlington. To date, Audrey Clement, Mike McMenamin and Christian Dorsey, Steve Giballa (for wife Katie Cristol) have accepted. Call 703-536-757 or email operanovacontact@gmail.com.

SATURDAY/OCT. 3

Environmental Collection & Recycling Event (E-CARE). 8:30 a.m.-3 p.m. at Thomas Jefferson Middle School, 125 S. Old Glebe

Road. E-CARE is an event where residents can safely dispose of hazardous household materials (HHM), recycle bikes, small metal items, shoes, clothing, and swap your old CFL lightbulb for a new LED bulb. Free. Visit www.arlingtonva.us/recycle.

Urban Agriculture Symposium. 9 a.m.-2 p.m. at Fairlington Community Center, 3308 S. Stafford St. In recognition of National Urban Agriculture Month, the Arlington County Office of Virginia Cooperative Extension is sponsoring a symposium on urban agriculture. Registration fee covers materials and refreshments. \$10 in advance, \$12 day of the symposium. Visit www.mgnv.org.

Get Nuts for Clean Water:

Growing Native. 10 a.m.-1 p.m. at Arlington National Cemetery. Volunteers are asked to help collect native tree seeds. These seeds will go to local nurseries that grow trees for streamside plantings across the region. Visit www.potomac.org for more.

What is Design for Independent Living?



What is design for independent living or aging-in-place exactly? If you are like the majority of Americans you want to continue living at home in a familiar environment throughout your maturing years. Aging-in-place means living in your home safely, independently and comfortably, regardless of age or ability level. It addresses the need to remodel existing homes and design new homes, so that people can age in place and not have to move to assisted-living facilities. In addition to the economics that generally favor remodeling vs. moving into an assisted-living facility, there is also the psychological impact of being uprooted from your community, familiar rituals, independence and privacy.

Since the vast majority of homes we live in are not well designed for this, a movement in residential construction has sprung up to meet this new consumer demand.

Too early to think this applies to you? Consider how many folks struggle with bouts of arthritis at an early age. If you fell and broke a leg, how easy would it be to get up and down stairs in your house? Perhaps you have an aging parent or relative who is facing these challenges who may need to move in with you.

The good news is that aging-in-place home renovations have become the norm and the possibilities are virtually endless. And, not only are they functional, but they can be beautiful as well.



Russ Glickman, founder of Glickman Design Build, is a Master Certified Remodeler and Certified Aging in Place Specialist. The award-winning Glickman Design Build team has completed thousands of general remodeling and accessible design projects in the Metro DC area and is passionate about the work they do. Their work has been featured in a variety of publications.

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\$350,000,000*

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*\$250,000,000 Series 2015B Bonds

- Ratings: S&P: AA/Moody's: Aa3/Fitch: AA-
- Interest on the Series 2015A and B Bonds is federally and DC tax-exempt**
- Maturities range from 2016 to 2045*
- Retail Order Period on October 5*
- Institutional pricing on October 6*
- Bonds will be available in book-entry form in \$5,000 denominations

Contact BofA Merrill Lynch or any syndicate members for copies of the Preliminary Official Statement for these Bonds.

* Preliminary, subject to change.

In the opinion of Co-Bond Counsel, under existing law (i) assuming continuing compliance with certain covenants and the accuracy of certain representations, interest on the Series 2015A/B Bonds is excluded from gross income for federal income tax purposes and is not an item of tax preference for purposes of the federal alternative minimum tax imposed on individuals and corporations, and (ii) the Series 2015A/B Bonds and the interest thereon are exempt from District taxation, except estate, inheritance and gift taxes. Interest on the Series 2015A/B Bonds may be subject to certain federal taxes imposed only on certain corporations, including the corporate alternative minimum tax on a portion of that interest. The value of the bonds tax-exemption is dependent on an individual's tax bracket. For a more complete discussion of the tax aspects, see "TAX MATTERS" herein.

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

OCTOBER

10/14/2015.....HomeLifeStyle
10/21/2015.....A+ Camps & Schools
10/28/2015.....Election Preview

NOVEMBER

11/4/2015.....Wellbeing
11/11/2015.....HomeLifeStyle
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20TH ANNIVERSARY

SPECIAL THANKS TO **The Arlington Connection**

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Synetic Theater Presents 'Alice in Wonderland'

Arlington theater stages Gothic version of Lewis Carroll classic fairy tale with dialogue.

BY STEVE HIBBARD
THE CONNECTION

Synetic Theater in Crystal City is showcasing "Alice in Wonderland" in a Gothic-style with dialogue from Sept. 30 to Nov. 8. Alice's story by Lewis Carroll takes a sharp turn as she falls down the rabbit hole into the dark and mysterious Wonderland. Artistic directors Paata and Irina Tsikurishvili combine their signature cinematic-style with a script by recent Helen Hayes Award nominee Lloyd Rose, that promises to be a fresh take on this fairy tale of the absurd.

Director and producer Paata Tsikurishvili said it's been on "the list" of shows that he wanted to produce for quite some time. "It's a story that offers extraordinary visual and verbal opportunities — the Cheshire Cat, the Hatter, the White Rabbit, even Alice herself — being icons of literature, not just in what they say, but how they look," he said. "I always wanted to revamp these characters in such a way as to leave them recognizable, while at the same time presenting them in a way that is wholly original and unique."

He said that growing up in the part of the world that he did, this was not one of his literary staples by any means. "I think that allows me to come at this material with something of a fresh eye and create an entirely new and startling interpretation that will hopefully really surprise our audiences," he said. "Simply put, I wanted to create an 'Alice' you've never seen before."

He said he was surprised by how difficult the source material was, in that it really doesn't have much of a traditional story structure. "Trying to hammer a logical plot out of verbal nonsense and non sequiturs was probably our biggest challenge," he said. "Since I see 'Alice' as the story of someone beginning their journey to adulthood, I hope what our audiences take away from this is the idea that growing up can be a pretty serious, risky business. I think a lot of people get very nostalgic about their childhoods — a simpler and therefore happier time for some — and while there is perhaps a lot to genuinely look back on fondly, I still think many of us were in much



PHOTOS BY JOHNNY SHRYOCK

(Above) Kathy Gordon as Alice, Vato Tsikurishvili as the Caterpillar, and (left) Dallas Tolentino as the Mad Hatter in Synetic Theater's production of "Alice in Wonderland."

more danger, were in much more risk and much more vulnerable than we ever realized."

He added: "Hopefully, we had the right kind of guidance to help us avoid the 'land mines,' but they were nevertheless there, whether we saw them or not. I think this is the realization Alice eventually comes to and what I hope our audience will see in this production."

Actress Kathy Gordon plans the role of Alice, a young girl who lives in a world full of confusing and unfair rules. "Each character in Wonderland represents a part of her own self and it's only after she has confronted those aspects of herself does she find her voice and she is able to speak out," she said. "Alice is growing up and has to navigate the adult world and the physical and mental changes that go with it."

She said for every Synetic show, a high level of stamina is needed, but this show in

company member to work with me; I am constantly learning what I need to improve."

She said she hopes the audience takes away a sense of magic, excitement and wonder when they see the show. "I think everyone will find something different to connect to within the story but my hope is that you can watch Alice find her way and be an inspiration for girls who come to watch the show," she said.

Renata Veberyte Loman plays the villain role of the Queen of Hearts. "She is the ultimate evil in this story; her favorite thing is chopping everyone's heads off," she said. "The difficult thing about playing a villain is knowing that if I do my job right, nobody will like me."

As far as audience takeaways, she said, "an open heart and naivete can carry you through any situation, no matter how twisted or surreal it may seem to be."

The role of the White Rabbit is being played by Tori Bertocci. "The White Rabbit is always chasing after time but can never seem to catch a break," she said. "She is apprehensive, anxious, and under the employment of the Queen of Hearts (which explains the first two characteristics). She leads Alice through the magic and mystery of Wonderland even though she has no idea that Alice is following her."

She said it was challenging for her to channel the various energy levels of a bunny rabbit. "I want her to be dynamic and so I had to explore and play with different physical, vocal, and emotional characteristics/qualities," she said.

She hopes the audience recognizes the challenges young girls and women face when growing up: "Through Alice's journey I believe the audience will see the realities of the real world and I hope they work to change them for the better after seeing our production."

Synetic Theater in Crystal City is showing "Alice in Wonderland" Sept. 30-Nov. 8. Show times are Wednesdays-Saturdays at 8 p.m.; Sunday matinees at 2 p.m. Tickets are \$15 to \$35. Synetic Theater is located at 1800 S. Bell St., Arlington, in Crystal City. Visit www.synetictheater.org.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

"PLAY: Tinker, Tech & Toy" Art Exhibit. Through Oct. 11, Wednesday-Sunday, 12-5 p.m. at the Arlington Arts Center, 3500 Wilson Blvd. "PLAY" is an exhibition that examines games and play through the lens of contemporary art. Free. Visit www.arlingtonartcenter.org/

exhibitions/play for more.

"Yes, and." Through Oct. 11, during gallery hours at Wyatt Resident Artists Gallery on the Upper Level at Arlington Arts Center, 3550 Wilson Blvd. "Yes, and" is a group show featuring Arlington Art Center residents curated by Caitlin Tucker-Melvin. Free. Visit www.arlingtonartcenter.org/exhibitions.

"Friendship Betrayed." Through Oct. 11 at various times, at Gunston Theatre Two, 2700 S. Lang St. Avant Bard presents "Friendship Betrayed," a comedy by 17th-century Spanish writer María de Zayas y Sotomayor. The play is about women in love, and

what happens to women's friendships in the pursuit of men. Tickets start at \$10, or pay-what-you can on select evenings. Visit www.wscavantbard.org for more.

"Metropolis: Perspectives of Two Cities" Exhibition. Through Oct. 25, gallery hours at the Jenkins Community Gallery on the Lower Level at Arlington Arts Center, 3550 Wilson Blvd. The exhibition displays the work of teenage photographers in partnership with CHAW (Capitol Hill Arts Workshop) after learning the aspects of creativity and marketing. Free. Visit www.arlingtonartcenter.org. **Crystal Scream.** Mondays, Oct. 5-26

at sunset in the courtyard on S. Bell Street between 18th and 20th streets. Watch "Pet Sematary," "Scream," "Poltergeist," and "Exorcist." Free. Visit www.crystallcity.org for more.

Art Exhibit. Through Oct. 31 during gallery hours at Gallery Underground, 2100 Crystal Drive. The Focus Gallery presents paintings by 14 professional painters who met 28 years ago as graduate students in the MFA painting program at American University. Their media includes oil, collage, acrylic, encaustic, watercolor and mixed media. Free. Visit www.galleryunderground.org. **October Members Show.** Through

Oct. 31 during gallery hours at Gallery Underground, 2100 Crystal Drive. Find an exhibit of members' work in the Main Gallery, including sculpture, glass, ceramics, jewelry, watercolor, oil, acrylic and mixed media. Featured artist this month will be iconographer and Gallery member, Laura Clerici. Free. Visit www.galleryunderground.org.


"Ice and Sky: Photographs of Antarctica by Robin Kent." Through Nov. 2 Monday-Thursday 10 a.m.-9 p.m.; Tuesday-Wednesday 1-9 p.m.; Friday-Saturday 10 a.m.-5 p.m.

THROUGH OCT. 3

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WEDNESDAY/SEPT. 30

“The Problem of Individuals and Communities: Pragmatism from Peirce to Present.” 12:30-1:30 p.m. at Lee Reception Room of Marymount University's Reinsch Library, 2807 N. Glebe Road. Dr. Carl Sachs will discuss Charles Sanders Peirce, the founder of this school of philosophy. Free. Visit www.marymount.edu.

Author Event. 7 p.m. at Arlington Central Library auditorium, 1015 N. Quincy St. Erika Ettin will discuss online dating through her book “Love at First Site.” Free. Visit www.library.arlingtonva.us/events/calendar.

SEPT. 30-NOV. 8

“Alice in Wonderland.” Wednesday-Saturday, 8 p.m.; Sunday, 2 p.m. at Syntetic Theater, 1800 S. Bell St. Watch Syntetic's production of the Lewis Carroll classic. Tickets start at \$15. Call 866-811-4111 or visit www.syntetictheater.org to buy tickets.

THURSDAY/OCT. 1

Inside Signature With Sheri Wilner. 1 p.m. at Signature Theatre, 4200 Campbell Ave. Creator of musical “Cake Off,” and author of the original play, “Bake Off,” Sheri Wilner will discuss the process of adapting a 20-minute play into a full length musical. Free. Visit www.sigtheatre.org.

Book Launch: Aois21 Annual. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. One More Page hosts a book launch party for a new edition of “Aois21 Annual,” a collection of poetry, short stories, book excerpts, photography and art. Free. Visit www.onemorepagebooks.com.

FRIDAY/OCT. 2

Wine Tasting. 6:30 p.m. at One More Page Books, 2200 N. Westmoreland St. One More Page hosts a monthly wine tasting. Free. Visit www.onemorepagebooks.com.

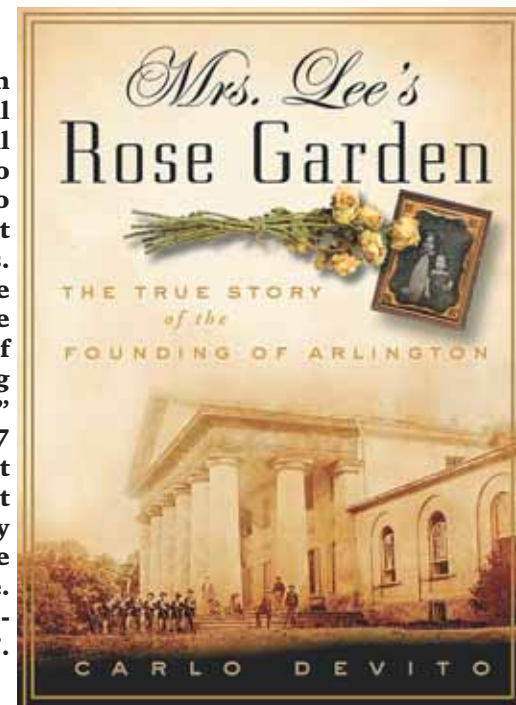
SATURDAY/OCT. 3

Arlington Fun Ride. 8 a.m. at 18th Street and Crystal Drive. The Arlington Fun Ride is a family-friendly bike ride and will give participants a chance to experience the paved trails that make up the “Arlington Loop.” Registration is \$10 for individuals, \$25 for families (up to four people). Visit www.arlingtonfunride.org.

Arlington Kids' Stuff Sale. 8 a.m.-12 p.m. at St. Andrew's Episcopal Church, 4000 Lorcom Lane. The Arlington Kids' Stuff Sale is celebrating 25 years. Find clothes, toys, books, videos, games, puzzles and more for children from birth to teen; maternity clothes, baby gear, strollers, bottles, and safety items, too. Free to attend. Visit www.kidstuffsale.com.

TEDxArlington 2015. 9:30 a.m.-5 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Experts will speak on topics including memory problems, homeland security, gender transition, and what it's like to be 11 years old. Tickets are \$75. Visit

The Arlington Historical Society will host Carlo DeVito, who will present his book “Mrs. Lee's Rose Garden: The True Story of the Founding of Arlington” on Oct. 8 at 7 p.m. at Marymount University 2807 N. Glebe Road. Free. Call 703-942-9247.



www.tedxarlington.com for more.

16th Annual Mid-Atlantic Oktoberfest. 12-7 p.m. at The Village at Shirlington, 4000 Campbell Ave. Breweries offer 4 oz. samples to accompany a day of authentic German food, music, and more. Tickets are \$30. Visit www.facebook.com/CapCityOktoberfest.

Organ Concert. 4 p.m. at Holy Trinity Lutheran Church, 3022 Woodlawn Ave., Falls Church. Stanley Thurston will direct The Heritage Signature Chorale, in a selection of spirituals. The concert will be followed by a reception in the narthex. Free. Visit www.htluther.org.

Live Music. 9:30 p.m. at Fireworks American Pizza and Bar, 2350 Clarendon Blvd. Live music from Red Wine Diaries. Free. Visit www.fireworkspizza.com or call 703-527-8700.

SATURDAY-SUNDAY/OCT. 3-4

Annual Open Art Studio Tour. 1-5 p.m., throughout Arlington County. Featured is a self-guided tour of nine art studios showcasing the work of 16 local artists. Works include framed and unframed oil, acrylic and watercolor paintings of many styles. Free. Visit www.arlingtonartistsalliance.org.

SUNDAY/OCT. 4

The Lonely Heartstring Band. 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. The Lonely Heartstring Band is a quintet that plays traditional bluegrass. Tickets are \$12 at the door. Visit www.iotaclubandcafe.com for more.

MONDAY/OCT. 5

“The Gulf” Play Reading. 7 p.m. at Ali's Bar-Signature Theatre, 4200 Campbell Ave. DC area playwright Audrey Cefaly will read her play “The Gulf,” which takes place in the Alabama Delta and features “What Color is Your Parachute.” Free. Visit www.sigtheatre.org for more.

TUESDAY/OCT. 6

Arlington Community Foundation Golf Tournament. 11:30 a.m.-6 p.m. at Washington Golf & Country Club, 3017 N. Glebe Road. Attend the 19th Annual Community Cup

Golf Classic benefiting the Arlington Community Foundation. Tickets are \$375. Visit www.bit.ly/acfgolf2015 for more.

Arlington Partnership for Affordable Housing Annual Fundraiser Celebration. 5-8 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. Attend a networking event to celebrate the nonprofit. Tickets are \$125. Visit www.apah.org.

“Politics and Police Accountability: The Long Struggle for Civilian Oversight in Newark, N.J.” 6 p.m. at Virginia Tech Research Center, 900 N. Glebe Road. Princeton University Postdoctoral Research Associate Alecia McGregor will lead a lecture covering specific policy intervention, civilian oversight of the police, beginning with its history in the United States in the mid-20th century, and discussing its circuitous route to enactment in Newark, N.J. Free. Visit www.politics-and-police.eventbrite.com to RSVP.

WEDNESDAY/OCT. 7

Urban Agriculture Month: Author Event. 7-8:30 p.m. at Arlington Central Library Auditorium, 1015 N. Quincy St. Author Jeff Lowenfels visits from Alaska to discuss books one and two of the Teaming Trilogy, “Teaming with Microbes: The Organic Gardener's Guide to the Soil Food Web” and “Teaming with Nutrients: The Organic Gardeners Guide to Optimizing Plant Nutrients.” Free. Visit www.arlingtonva.us.

THURSDAY/OCT. 8

“Mrs. Lee's Rose Garden: The True Story of the Founding of Arlington.” 7 p.m. at Marymount University, 2807 N. Glebe Road. Carlo DeVito will discuss in detail the themes and stories presented in his book “Mrs. Lee's Rose Garden.” The is the story of Arlington National Cemetery's earliest history as seen through the lives of three people during the outbreak of the Civil War: Mary Ann Randolph Custis Lee, Robert E. Lee, and Montgomery C. Meigs. Free. Call 703-942-9247.

“Fern Identification Simplified.” 7:30 p.m. at Green Spring Gardens, 4603 Green Spring Road. Retired biologist Dr. Paulette Royt will simplify the world of ferns by describing their structure explaining

FALL FUN

the basic criteria used to identify them. Free. Visit www.vnps.org/potowmack/events.

Darlingside Performance. 8:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd., Arlington. Darlingside's music is a blend of 1960s folk, classical and indie-rock influences. Tickets are \$12 at the door. It is a 21+ show. Visit www.iotaclubandcafe.com for more.

FRIDAY/OCT. 9

Not So Silent Cinema's "VAMPYR." 8 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Arlington Arts is kicking off the Halloween season with a screening of Carl Theodor Dreyer's 1932 film "Vampyr" with Not So Silent Cinema performing their new live score. Not So Silent Cinema's score is a mix of acoustic and electronic elements. Free. Visit www.arlingtonarts.org.

FRIDAY-SUNDAY/OCT. 9-24

"Little Shop of Horrors." Various times at Thomas Jefferson Theatre, 3501 Second St., South. The Arlington Players present the Broadway comedic musical. Tickets are \$20-23. Visit www.thearlingtonplayers.org for more.

SATURDAY/OCT. 10

Boundary Stone Bike Tour. 9:15 a.m. at the entrance to East Falls Church Metro Station. Travel along the Mount Vernon Bike Trail, Four Mile Run Bike Trail, Washington and Old Dominion Railroad Bike Trail and local street to see 12 historic D.C. boundary stones in Arlington, Alexandria and Fairfax County. The event is free for members of the Center Hiking Club, \$2 for non members. Visit www.centerhikingclub.org for more.

Ball Sellers Antique Appraisal Roadshow. 10-11 a.m. at Ball-Sellers House, 5620 3rd St. S. The Second Annual Appraisal Roadshow is designed to raise funds for repair and maintenance of the the Ball-Sellers House. For a

donation to Ball-Sellers, a gemologist from Paradigm Experts and a guest generalist appraiser, will assess the age and value of your antique and advise you on how/where to sell it or where to get it repaired or restored, if necessary. The house will also be open for tours starting at 12 p.m. Donations are \$25. Visit www.arlingtonhistoricalsociety.org for more.

Naturalist Guided Trail Sniff. 10-11 a.m. at Potomac Overlook Nature Center, 2845 N. Marcey Road. Join a naturalist for a look into the park from a dog's perspective. Learn about other wildlife dog's might encounter in the park, and many of the scents that attract and interest canines. Well socialized dogs only. Free. Visit www.parks.arlingtonva.us for more.

Saint Ann Family Fall Festival. 10 a.m.-4 p.m. at Saint Ann School & Church, 980 N. Frederick St. Find entertainment for children and adults including a white elephant sale, and carnival rides. Free. Visit www.stann.org for more.

SUNDAY/OCT. 11

Wine Tasting. 4-6 p.m. at ScrewTop Wine Bar, 1025 N. Fillmore St. Attend the 3rd Annual KidSave Wine Tasting. Tickets are \$50. Visit www.kidsavewinetasting.eventbrite.com.

Walking Dead Premiere Party. 8-11:30 p.m. at Twisted Vines Bistro and Bottleshop, 2803 Columbia Pike. The restaurant will serve themed drinks and appetizers. Tickets are \$45. www.twisted-vines.com.

TUESDAY/OCT. 13

The Air Force Historical Foundation's Doolittle, Spaatz, and Holley Awards. 4 p.m. at Air Force Memorial and Army Navy Country Club, Army Navy Drive. The 509th Bomb Wing, Whiteman AFB, MO will receive the Doolittle Award; General (Ret.) Ronald Fogleman will receive the Spaatz Award; and Dr. Richard Hallion will be honored with the Holley Award. Dr. Dennis Okerstrom and Dr. John T. Farquhar will also be recognized.

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Tickets are \$75 for members of the Air Force Historical Foundation and \$90 for non-members. Military will be afforded membership rates. Visit www.afhistoricalfoundation.org.

WEDNESDAY/OCT. 14

Author Talk. 7 p.m. at Arlington Central Library, 1015 N. Quincy St. Author Kelly Williams Brown will discuss her book, “Adulting: How to Become A Grown-Up in 468 Easy(ish) Steps. Free. Visit www.onemorepagebooks.com.

THURSDAY/OCT. 15

Harvest for Hope Breakfast. 8-9 a.m. at the Sheraton Hotel, 900 S. Orme St. Sponsored by Volunteers of America Chesapeake. Free; donations accepted. Visit www.VOAches.org/harvestforhope.

Author Talk. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Robert Dorr will discuss his book “365 Aircraft You Must Fly,” which describes the world’s largest aircraft and the smallest. Free. Visit www.onemorepagebooks.com.

SATURDAY/OCT. 16-18

U.S. FreedomWalk Festival. 3-6 p.m. on Friday, 7 a.m.-6 p.m. on Saturday, 7 a.m.-4 p.m. at 1900 N. Fort Myer Drive. The FreedomWalk Festival is a three-day long social walking challenge meant to bring together people of different backgrounds. Different trails are offered each day at a variety of distances from 3-27 miles starting at the Holiday Inn. Costs vary. Visit www.usfreedomwalk.org for more.

SATURDAY/OCT. 17

Teens Read (and Write) Event. 12-4 p.m. at Arlington Central Library, 1015 N. Quincy St. 15 Young Adult authors will be on hand to celebrate Teen Read Week. Free. Visit www.onemorepagebooks.com.

Author Talk. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Author Eric Lichota will discuss and sign his book “Five Uniforms: A WWII Story Like No Other.” Free. Visit www.onemorepagebooks.com.

Mozart and Friends. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. The National Chamber Ensemble will perform music composed by Mozart, Beethoven, Hoffmeister and more. Tickets are \$33, \$15 for students. Visit www.NationalChamberEnsemble.org.

ACAtoberfest. 7:30-9:30 p.m. at Arlington Temple United Methodist Church, 1835 N. Nash St. DC’s Supreme Chord and Boston’s Ball in the House present ACAtoberfest, an a cappella concert. Tickets are \$17. Visit www.supremechordsings.com.

Live Music. 8-9:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Falls Church. Mouth of Babes will give a concert to benefit the efforts of Americans United for Separation of Church & State, which represents members and supporters in all 50 states and the District of Columbia. Visit www.stonerroomconcerts.com.

SUNDAY/OCT. 18

Kinhaven 5k. 9-11 a.m. at Bluemont Park, 601 Manchester St. A 5K, 1K fun run and toddler dash to benefit Kinhaven Preschool in Ballston. Registration is \$30 online and \$35 on day of the race. Visit www.runinkinhaven.com.

“Dyshonesty” Screening. 2:30-4 p.m. at George Mason University, 3351 N. Fairfax Drive. This documentary attempts to reveal how

and why people lie. Free. Visit www.stsachurch.org/dyhonesty.
Arlington Philharmonic 10th Anniversary Season Launch. 3 p.m. at Washington-Lee High School, 1301 N. Stafford St. The Arlington Philharmonic launches its 10th Anniversary Season with works by Bach – “Prelude in G minor;” Beethoven - “Violin Concerto” featuring soloist Amy Beth Horman; and Brahms - “Symphony No. 1.” Free (\$20 donations will be accepted). Visit www.arlingtonphilharmonic.org.

MONDAY/OCT. 19

Author Talk. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Counter-terrorism expert and author Anne Speckhard will discuss and sign her book “Bride of ISIS: One Young Woman’s Path into Homegrown Terrorism.” Free. Visit www.onemorepagebooks.com.

THURSDAY/OCT. 22

Author Talk: Judy Blume. 7 p.m. at Washington-Lee High School, 1301 N. Stafford St. Author Judy Blue will discuss “In the Unlikely Event,” her first novel for adult readers. Free. Visit www.onemorepagebooks.com.

FRIDAY-SUNDAY/OCT. 23-25

Marine Corps Marathon Weekend. Events like the Health & Fitness Expo, First Timers Pep Rally, Runners bRUNch, and more, lead up to the main event, the 40th Annual Marine Corps Marathon, on Sunday at 7:55 a.m. and the MCM Finish Festival. Visit www.marinemarathon.com.

SATURDAY/OCT. 24

Octoberfest Sale. 9 a.m.-2 p.m. at Walker Chapel United Methodist Church, 4102 N. Glebe Road. Features gently used clothing, furniture and household items, crafts, jewelry and boutique, bake sale, silent auction. Free to attend. Call 703-538-5200.

Discovery Elementary Fall Festival. 11 a.m.-2 p.m. at Discovery Elementary, 5241 36th St. N. Arlington’s newest and only net zero energy school will host a scavenger hunt so that guests may learn more about the school. There will also be games, moon bounces, a bake sale, food trucks, and more. Free. Email jandkmartin@verizon.net.

SUNDAY/OCT. 25

Mystery & Thriller Author Panel. 1 p.m. at One More Page Books, 2200 N. Westmoreland St. Author Anthony Fraze will moderate a panel including Jenn Milchman, E.A. Aymar and Steve Piacente. Free. Visit www.onemorepagebooks.com.

TUESDAY/OCT. 27

Author Talk. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. Author Angela Lan will discuss and sign “Red Eggs and Good Luck: A Chinese-American Memoir about Faith, Family, and Forgiveness.” Free. Visit www.onemorepagebooks.com.

WEDNESDAY/OCT. 28

Chiefs vs. Chefs. 6:30-9:30 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. The Arlington Food Assistance Center (AFAC) is hosting it’s 4th annual “Chiefs vs. Chefs” live cooking competition. Three professionals chefs will compete against three firehouse cooks for the “Golden Eggplant” using only food found in AFAC’s pantry. Visit www.afac.org.

Author Talk. 7:30 p.m. at Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. Arlington’s One More Page Books will sponsor an event featuring author Simon Winchester. Free. Visit www.onemorepagebooks.com.

THURSDAY/OCT. 29.

Mystery Writers of America Author Series. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. This quarterly event will feature authors Donna Andrews, Adam Meyer, Meg Opperman, and Alan Orloff. Free. Visit www.onemorepagebooks.com.

FRIDAY/OCT. 30

Synetic Theater Vampire’s Ball. 8 p.m. at Synetic Theater, 1800 S. Bell St. This year, The Vampire’s Ball will follow Synetic’s gothic take on Lewis Carroll’s classic “Alice in Wonderland.” After a performance, a party featuring dancing, an open bar, light appetizers, and a costume contest will follow. Tickets are \$60-75. Visit www.synetictheater.org.

SUNDAY/NOV. 1

“Testing the Waters.” 4 p.m. at Unitarian Universalist Church, 4444 Arlington Blvd. The Metropolitan Chorus performs. Free, but donations accepted. Visit www.metchorus.org.

WEDNESDAY/NOV. 4

Northern Virginia j.talks. 7 p.m. at One More Page Books, 2200 N. Westmoreland St. As part of the Jewish Community Center of Northern Virginia’s annual books festival, One More Page Books will sponsor an event in which three authors are given three minutes and are challenged to capture a customer’s imagination. Free. Visit www.jccnvarts.org for more.

THURSDAY/NOV. 5

Annual Joshua Ball. 7-10 p.m. at Top of the Town, 1400 14th St. Enjoy food, beer and wine, silent auction and raffle items and more while helping the Josh Anderson Foundation spread hope to stop teen suicide. Tickets are \$100. Visit www.joshandersonfoundation.org.

SATURDAY/NOV. 7

The Wild in Your Dog. 10-11 a.m. at Long Branch Nature Center at Glencarlyn Park, 625 S. Carlin Springs Road. Discover the wild past in domesticated dogs and learn about the wild canines that inhabit Arlington. Free. Visit www.parks.arlingtonva.us.

Central American Marimba Festival. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Listen to the Marimba, a traditional instrument with roots in Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. This event is sponsored by Teatro de la Luna. Tickets are \$30-35. Visit www.teatrodelaLuna.org.

SUNDAY/NOV. 8

Cocktails With Canines. 6-8 p.m. at Army Navy Country Club, 1700 Army Navy Drive. Veterans Moving Forward, Inc. will celebrate its fifth anniversary at Cocktails with Canines. All funds raised directly support our mission to provide service dogs and canine therapy to veterans with physical and mental health challenges at no cost to the Veteran. Tickets are \$100. Visit www.bit.ly/celebrateVMF5yr for more.



PHOTO BY JON ROETMAN/THE CONNECTION

Wakefield Football Improves to 2-2

The Wakefield football team defeated Falls Church 24-20 on Friday at Falls Church High School, improving its record to 2-2, including 1-0 in Conference 13.

Warriors running back Leon Young carried 22 times for 114 yards and a touchdown, and caught four passes for 38 yards. Quarterback Colton Poythress completed 12 of 18 passes for 139 yards and a score.

Wakefield will host Mount Vernon at 7 p.m. on Friday, Oct. 2.

Yorktown Football Responds With Win over Fairfax

One week after dropping its Conference 6 opener to South Lakes, the Yorktown football team defeated Fairfax 28-7 on Friday at Fairfax High School. The victory evened the Patriots’ record at 2-2, including 1-1 in the conference. Yorktown will host Madison at 7 p.m. on Friday, Oct. 2.

W-L Football Drops Conference Opener

The Washington-Lee football team opened Conference 6 play on Friday with a 35-16 loss at Hayfield, droppings its record to 1-3. Next up for the Generals is their homecoming game against South Lakes at 7 p.m. on Friday, Oct. 2. The Seahawks are off to a 3-1 start.

O’Connell Football Falls to Carroll

Bishop O’Connell quarterback Dejuan Ellis passes for 369 yards and four touchdowns on Saturday, but it wasn’t enough as the Knights lost to Archbishop Carroll 48-37 in their WCAC opener at Bishop O’Connell High School.

Myles Hudzick caught eight passes for 184 yards and a touchdown for O’Connell. Brandon Magee had five receptions for 110 yards and two touchdowns, and Drew Bonner caught one pass for 35 yards and a score. Landan Word led the Knights with nine tackles, including six solo. Bishop O’Connell (1-3) will host Good Counsel at 2:30 p.m. on Saturday, Oct. 3.

Yorktown Field Hockey Beats Langley

The Yorktown field hockey team defeated Langley 1-0 in overtime on Sept. 25 in Arlington. The win improved Yorktown’s record to 5-7. The Patriots faced Stuart on Tuesday, after The Connection’s deadline. Yorktown will host McLean at 7:30 p.m. on Thursday, Oct. 1.

W-L Volleyball Has Win Streak Snapped

After winning three straight matches, the Washington-Lee volleyball team lost to Oakton 3-0 on Monday, dropping its record to 5-4. The Generals faced South County on Tuesday, after The Connection’s deadline. W-L will host Thomas Jefferson at 7:15 p.m. on Thursday, Oct. 1.

Wakefield running back Leon Young, seen last season, ran for 114 yards and a touchdown in the Warriors’ 24-20 win over Falls Church on Friday.

SPORTS BRIEFS

Operation Firesafe

Firefighters walk door-to-door to check smoke detectors.

BY SHIRLEY RUHE
THE CONNECTION

Deputy Fire Marshal Shawn Pendo jumps into his fire marshal truck at Fire Station #4 on Hudson Street Saturday morning, Sept. 26, to join three firefighters on Operation Firesafe. This is an initiative of the Arlington County Fire Chief with the goal of making sure everyone has a working smoke detector.

Firefighters across the county knock on doors of Arlington residences on Saturdays to offer on-the-spot free smoke alarm inspections and free smoke alarm installations. This program began June 6 and, according to Pendo, today is the last shift for Fire Station #4, and the whole program is due to wrap up at the end of the month. Seven hundred and ninety-nine smoke alarms have been installed countywide since the program began as well as 161 batteries with 5,420 addresses served.

The dispatcher's voice in Pendo's fire marshal truck reports "50-year-old male unconscious on curb, case unknown." Pendo says 80 percent of the calls they get are medical. He joins Peter Slauch, Will Farrell and Dustin Drumm who are halfway through their two-hour shift at Barton Street in Clarendon. They start at 11 a.m. on Saturdays, "a little later since the neighborhood is younger and may stay out a little later and sleep in."

Still, there haven't been too many responses this morning.

They knock on a door of a large house and a man answers in his animal-patterned pajamas. He says he has working fire alarms but thanks the firefighters for stopping by. They walk by the next two buildings that are apartments. Slauch says the landlords are responsible for fire alarms in apartments. However, the renters in one unit invite them in to inspect their smoke alarms.



Firefighter Will Farrell pulls out a door hanger with fire safety information to leave at a house where no one answered the doorbell during the free Saturday morning smoke alarm inspection and installation.

One of the smoke detectors is dated 2003 which is over the 10-year expected useful life of a smoke alarm. A test on the other alarm gives off a loud beep indicating the battery is working but the alarm is due to expire soon. A battery should be replaced every six months. Slauch and Farrell install a new smoke alarm for free to replace the 2003 alarm and tell the renters to contact their landlord to assure they have what they need in the future.

After each house, Pendo says they mark off where they have visited, whether the door was answered, whether a smoke alarm was installed, the customer refused service or indicated they have a working alarm already. Then they use an iPad to put the information in a countywide database. Pendo



Lt. Shawn Pendo, a deputy fire marshal for Arlington County, jumps in his truck and heads over to join three firefighters conducting Operation Firesafe, an initiative of the Arlington County Fire Chief to make sure everyone has a working smoke alarm.

indicates they have a "box system" for keeping track of activities. Several houses down the street a loud bark greets them as they walk up the steps to the front door.

A black Labrador bounds out as the owner tells them she has just installed new batteries. They thank her and leave. Farrell said, "We are here to offer a service but if they tell us their alarms are OK, we don't go inside to check."

Frederic Cura invites the firefighters in "just to be sure" that his smoke alarms are working. Cura shows them to the first alarm around the corner and then his daughter Elena follows Slauch up the stairs watching him stretch up to check the alarm out-



Elena Cura watches firefighter Peter Slauch check an upstairs fire alarm outside her bedroom door during a Saturday morning smoke alarm and safety inspection by Arlington County firefighters.

side her bedroom door. All pronounced OK. The firefighters agree that although some of the people are grateful for the service, others are suspicious of letting anyone they don't know into the house and "others feel like we are bothering them; that it's an inconvenience."

No one answers the doorbell next door, and Drumm leaves a red and gray card door hanger in both English and Spanish indicating firefighters were in the neighborhood and the homeowner can schedule a free inspection by calling 703-228-4644.

Get Paid To Talk

Voice-over work continues to grow.

BY SHIRLEY RUHE
THE CONNECTION

Voice Coaches in conjunction with the Arlington County Public Schools will be giving a presentation, "Getting Paid to Talk," on Oct. 7 at Washington Lee High School from 6:30-9 p.m. Voice Coaches is a business that offers training in effective communications for a variety of institutions such as banks and educational institutions, as well as a multi-studio production facility and training for actors aspiring to enter the field. Voice Coaches is scheduled to give over 100 workshops this year around the country.

David Bourgeois, president and creative director of the company, explains this is an introductory program that will

describe what a voice over is and what voices are in demand.

"Most people think of commercials but that is only 10 percent of the business with 90 percent being narrative, anything that doesn't sell a product.

This could be audio books, training or TV documentaries, animation or phone recordings. It should be interesting to anyone who is curious about the field, not just potential candidates for voice over. A voice over is a production technique where a voice is used by someone who is not seen on camera. It is a fun class but balanced," he said.

The program will also include "a day in the life" of a voice-over presenter with the pros and the stumbling blocks when business meets art, according to Bourgeois.

It will include a demo, playing some examples and then giving the attendees a

sample script to produce a short recording under the supervision of the producer. "Voice over isn't for everyone but the people who make the most money are those who love it," Bourgeois said, adding it is important to get an assessment of the voice, and then, to be successful, one needs to have a business plan. "Try to be exceptional," he said.

Voice overs are generally self employed, Bourgeois said, "and the advantage is that you can do it at home in your bathrobe. It is very much behind-the-scenes. It is driven by the individual, you can be gung-ho full time, or with most people it's a sideline thing. It is about developing relationships. People who do the hiring are habitual and once you're in, they continue to work with you."

Bourgeois recalled, "The trends in voice

over have changed since 25 years ago when it was male dominated and everyone hired 'that male announcer' voice. Now we need all kinds of voices." He thinks the transition began about 15 years ago when the voice began to use believability; convincing with your voice. People are convinced by different kinds of voices.

And now it's 50-50 male-female with many different ethnicities. Bourgeois has been in this business for more than 30 years. He says that he was interviewed back on CNN when the economy took a hit about why this field was growing while everything else was down: "It's much more tangible work." Registration for this class is required a week in advance at 703-228-7300. Cost is \$59 for residents.

Locked and Loaded



By KENNETH B. LOURIE

And into the breach (not to be confused with breach), I went earlier today. It wasn't exactly the Charge of the Light Brigade when breach might have been the more appropriate characterization, it was simply my annual MRI, when the doctors check to see if the cancer in my lungs has spread to my brain, which in 30 percent of the patients – the highest percentage of spread in fact – it does. So today, I had my head examined: a checkup from the neck up. Though I'm mostly asymptomatic – as usual, other than a few random headaches reported by yours truly; nothing chronic or debilitating, no pain or suffering, no dizziness or disorientation – it made for a prudent course of diagnostic action, nonetheless. I'm not really worried about the results, more like wondering, if that distinction even makes sense. Still, I'd just as soon not complicate my life any further right now. It's all fairly manageable. Involving my brain, "what there is of it," (a Three Stooges quote) however, would likely force us to confront new demons: demons which at present are mostly confined in their box (compartmentalized in my head, actually).

Now whether our feelings are the result of a possible occurrence in the brain simply being new and different or whether its appearance there would indeed be worse, we certainly don't know, but for some reason, it seems worse than a finding in the lung. Not that stage IV lung cancer is to be minimized in the least; hardly, it's a "terminal" disease; and not that I understand any more about brain cancer and the blood-brain barrier or treatment complications it can cause or can reference any statistical outcomes that support or confuse our feelings more than I can about the non-small cell lung cancer with which I am more familiar, our perception is, a confirmation of tumor activity in the brain would likely upset the very delicate balance of our figurative apple cart. An apple cart I will readily admit we've gotten used to balancing.

But I'm getting ahead (no pun intended) of myself. My oncologist was not anticipating much new information from this MRI, nor was he reacting to my symptoms as much as he was mindful of the interval of time since my last MRI: one year or so. I did/do take some comfort in his nonchalance. Although, reading a doctor's expressions or body language or attempting to interpret and understand their reasons and explanations for making certain medical suggestions is akin to taking a Rorschach test: you might see or hear what you're predisposed to – or not. There may be some fact and/or some fiction to consider, but who knows exactly what and when any of it is relevant or accurate? It might simply be a curiosity. But I have to tell you, a "curiosity" is the last thing a "terminal" patient wants to hear or perceive from his oncologist. I want the truth – as I've always told him, and anything to do with the brain truthfully makes me feel unlocked, unloaded and in trouble. Maybe "breach" is the more appropriate word. I suppose I'll know soon enough. I'll just have to be patient. Something I've been very good at being for six years and seven months, exactly.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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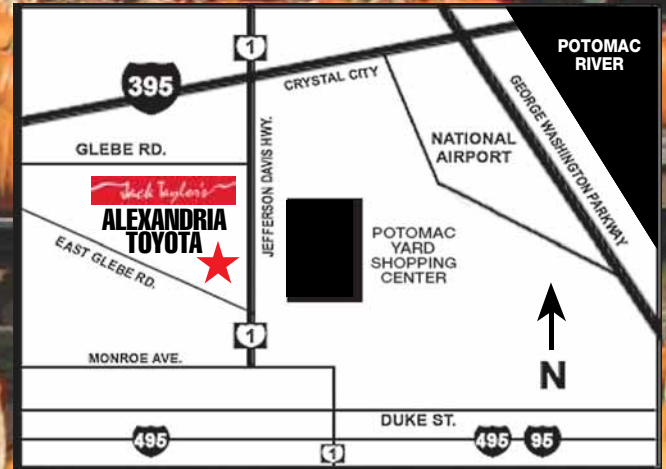
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