United Methodist: 140 Years in the Community

News, Page 8

BrightView Great Falls Celebrates Anniversary

News, Page 3

Not Without Controversy: Route 7 Widening

News, Page 5

George Scott, president of the United Methodist Men, and Pastor Denise Childers, of Great Falls United Methodist Church on Georgetown Pike, at the annual Fall Bazaar last Saturday.
Chick’s Picks ShopToberfest Weekend Tent Sale
October 2nd–4th 10 a.m.–5 p.m. at Maison Warehouse

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Brightview Great Falls Celebrates One-Year Anniversary

By Andrea Worker
The Connection

When you live in a retirement or assisted living community, every birthday is a reason to celebrate — so why not give three cheers to the place itself?” quipped one resident (who decided to remain nameless) of the BrightView Senior Living community in Great Falls, speaking at the facility’s one-year anniversary bash.

The event was a dress-up occasion, and staff, residents and family and friends alike turned out in cocktail attire for the reception, special dinner and entertainment. Guests could tell they were in for an unusual evening when a smiling gentleman greeted them at the front entry on stilts, towering with impressive ease above the crowd. Inside the main lobby, offerings of flutes of champagne and “Vibrant Great Falls Bellinis” (No, we didn’t get the recipe!) ensured that the party really did get started.

Resident John Donahu was one of the first to move in when BrightView Great Falls opened in September 2014. Donahu came to the community because both he and his wife could be accommodated. With the facility’s Wellspring’s Village section, which offers secure dementia care in a residential setting, the couple could continue to live in proximity, despite her deteriorating mental health. Sadly, Mrs. Donahu passed away shortly after their arrival, but John has become an active member of the BrightView residents’ gang and was found at the gathering greeting friends and enjoying the delights on the unique dessert tray — served on a floating table under the direction of Chef Meldo, was re-created to not much more than leftovers, it was obvious by the numbers hitting the improvised dance floor of the facility’s “dancing” for you young folks who produced to not much more than leftovers, it was time for welcomes, toasts, singing, party favors, and some serious rug-cutting.

That’s ‘dancing’ for you young folks who reduced to not much more than leftovers, it was time for welcomes, toasts, singing, party favors, and some serious rug-cutting. “That’s ‘dancing’ for you young folks who might not know that expression,” the partygoers were educated by several residents. Executive Director Tina Aulakh made those welcomes and toasts, and then led the introductions and applause for the staff, praising them for their part in “getting us to this wonderful day.”

After acknowledging her team, Aulakh told the attendees that the “real reason we are here this evening” is because of the residents, thanking them not only for choosing Brightview Great Falls as their home, but for enriching the lives of those “privileged to be part of your family here.”

THE EVENING’S ACTIVITIES were scheduled to conclude at 7:30 p.m., but it was obvious by the numbers hitting the improvised dance floor of the facility’s “great room” that the action was only just getting started. It seemed a given that everyone inside the BrightView Great Falls community are ready to take Porta Nickles’ advice and “live life to the fullest and look forward to every day.”

Tina Aulakh, and Community Sales Director Joanna Banks invite anyone interested in exploring senior living options either for themselves or for family members to contact Brightview Great Falls or any of their other locations. “We do a number of ‘get to know us’ events,” said Banks. “And our residents love to show people around.” The community is located at 10200 Colvin Run Road in Great Falls and can be reached at 703-759-2513 or see their website www.greatfallsva.brightviewseniorliving.com.
**News**

**Best Friends Dog Park**

Oakton sophomore builds outdoor dog park.

By Ken Moore

The Connection

Benjamin Yusman has always adopted his “best friends” from animal shelters.

To honor three past “best friends,” and three current ones, the Oakton High School sophomore created and helped build “Best Friends Dog Park” for the Fairfax County Animal Shelter.

“Ever since I was a little cub scout, I wanted to do an Eagle Scout project” with the animal shelter he said.

Yusman is a Life Scout from Boy Scout Troop 1257 at Episcopal Epiphany Church in Herndon.

“Boy scouts is very important to me. I love the outdoors, I love camping, I love nature,” he said.

Using a previously unused space in the shelter’s backyard, Yusman sought to create an environment that would help the dogs be more comfortable when meeting prospective adopters.

Yusman learned from participating in the Eagle Scout projects of other boy scouts in his troop.

When it came time to plan his own Eagle Scout project, he approached the Fairfax Country Animal Shelter in the spring.

“Benjamin has always had dogs in his life, and we have always rescued them from local shelters, so it is very personal to him,” said his mom Amy Yusman.

Benjamin wanted to find a shelter that doesn’t euthanize animals.

The Fairfax County Animal Shelter received the Compassion Award from the Virginia Federation of Humane Societies for its work to reduce unnecessary euthanasia.

According to the Fairfax County Animal Shelter website, the shelter accepts “all animals in need, regardless of age, health or temperament. Any animal that is healthy, treatable, adoptable or rehabilitable, is placed in an adoptive home, a foster home or is placed with one of our 100 rescue partners. Animals are not euthanized because of a lack of space and there are no time limits for adoption.”

“We are proud to have one of the highest placement rates in the region.”

**WITH HELP** from Boy Scouts and parents from Troop 1257, Yusman created a mulch walkway, butterfly garden, wood benches and a dogbone-shaped flower garden.

Yusman completed his project on Sunday, Sept. 13.

He also built three benches, one for each of his past dogs, Sabrina, Copper andClover, and last Thursday, Sept. 17, he brought his three current “best friends,” Mocha, Disney and Cannoli, to inspect his work.

He collected donations from local businesses, including all of the lumber, bolts and screws, dirt, plants, and mulch from Home Depot and the Burke Garden Center.

Starbucks, Giant and Shoppers donated food and snacks that he gave to his helpers.

He managed 34 volunteers, including other scouts from his troop and parents.

“I was beaming. It’s quite a process you go through,” said Amy Yusman.

“It came out really well,” said Benjamin Yusman.

Benjamin’s grandfather who lives in Illinois wanted to be involved, too, and built the sign for Best Friends Dog Park in the shape of a bone.

“He was very supportive,” said Benjamin Yusman. “He’s an awesome grandpa.”

**BULLETIN BOARD**

To have community events listed in the Connection, send to north@connectionnewspapers.com. The deadline for submissions is the Friday prior to publication.

**THURSDAY/OCT. 1**

Late Registration for English Classes. 6:30-8 p.m. St. Mark Christian Formation Center, 9972 Vale Road, Vienna. St. Mark Catholic Church is holding late registration for adult classes in English language, conversation, writing and citizenship. Cost is $25 for the English classes and $10 for the conversation, writing and citizenship courses. Textbook cost is extra where applicable. Cash only is accepted. Classes begin Tuesday, Sept. 29 and run through Dec. 3. For more information, call 703-626-3585 or email st.mark.esl@gmail.com.

**TUESDAY/OCT. 6**

Dark Skies Program. 7:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Discuss this community’s long-time commitment to dark skies to promote astronomy and the appreciation of stars and constellations. In most parts of the Washington metro area, the skies are “washed out” by night lighting that destroys residents’ ability to see the skies, as shown in the dark skies scale below.

Late Registration for English Classes. 6:30-8 p.m. St. Mark Christian Formation Center, 9972 Vale Road, Vienna. St. Mark Catholic Church is holding late registration for adult classes in English language, conversation, writing and citizenship. Cost is $25 for the English classes and $10 for the conversation, writing and citizenship courses. Textbook cost is extra where applicable. Cash only is accepted. Classes begin Tuesday, Sept. 29 and run through Dec. 3. For more information, call 703-626-3585 or email st.mark.esl@gmail.com.
Not Without Controversy: Route 7 Widening

Safety concerns regarding access still major concern to neighborhoods along Route 7 corridor in Great Falls.

The Virginia Department of Transportation hopes to begin construction on a $265 million project to widen Route 7 in 2021. The Virginia Department of Transportation will continue meeting with homeowner associations this fall to give details on the 6.9 mile project that will increase the width of Route 7 from four to six lanes between Reston Avenue and Jarrett Valley Drive (basically from Reston to Tysons). The project will be split into two phases.

VDOT plans its next two day Public Information and Open House Meeting on Jan. 8 and 9, 2016. A public hearing is tentatively scheduled for April 2016 and VDOT hopes for approval of the design from the Virginia Commonwealth Transportation Board to in the summer of 2016.


Written comments can be emailed to William Dunn, project engineer, at ConnectRoute7@VDOT.Virginia.gov, or by mail to, William Dunn, Virginia Department of Transportation, 4975 Alliance Drive, Fairfax, VA 22030.

Engineer Nick Roper and Supervisor John Foust discuss initial design plans for a $265 million project to widen 6.9 miles of Route 7 from Reston to Tysons. The Virginia Department of Transportation held a public information meeting at Forestville Elementary School on Sept. 24.
Changing Perspective on Death Penalty

Evolving standards will eclipse the death penalty entirely at some point in the future.

It’s sad to see senseless death as a re- response to senseless death.

Alfred R. Prieto is not a sympathetic figure, a serial killer who was on death row in California when DNA connected him to murders and rapes in Reston and Arlington that took place in 1988. He is scheduled for execution this week, at 9 p.m. on Thursday, Oct. 1. Evolving standards of decency have led to the understanding that it’s wrong and unconstitutional to subject people whose crimes were committed when they were juveniles or people with intellectual disabilities to the death penalty.

The Arc of Northern Virginia, an advocacy group for people with intellectual disabilities, asked Gov. Terry McAuliffe to send Prieto back to California so that his intellectual disabilities, raised in the sentencing phase of his trial, could be analysed. McAuliffe has declined to intervene in Prieto’s case. It was a Virginia case, Atkins v. Virginia, that led the U.S. Supreme Court to rule that execution of people with mental retardation is unconstitutional.

Prieto committed heinous crimes, and releasing him from prison should never be an option.

Warren Fulton and Rachel Raver were last seen around midnight in Washington, D.C. on Dec. 2, 1988. The two George Washington University students, both 22, were found dead Dec. 6, 1988 in a field off Hunter Mill Road in Reston. Both were shot in the head. Raver had been raped. Investigators believed they had been abducted and forced to drive to the remote location.

DNA evidence linked Prieto to Raver’s death and to that of Veronica Jefferson, a 24-year-old CIA finance officer who was raped and shot to death in Arlington County in May 1988, although he was never tried in that case. A Fairfax County jury sentenced Prieto to death in 2006.

The murders and rapes were unsolved for 17 years until 2005 when California’s DNA database joined a national database.

— Mary Kimm

The Great Falls Farmers Market Discusses the Future

By Kathleen Murphy

Market Manager

Every Saturday during the year, there is a solid base of regular shoppers who visit the Great Falls Farmers Market, some having their breakfast, many doing their weekly shopping, with visitors from surrounding communities, other states and other countries passing by to see what is unique about the “boutique” farmers market in Great Falls.

Every year, the Great Falls Farmers Market reaches out to our local community to ask:
- How are we doing, from your perspective?
- What are we doing right, in your experience?
- Where are we falling short, compared to other alternatives for buying local?
- What could we do better?
- Should we continue to offer the winter market? Is it a beneficial service to you and your family?

This year, we are adding a “radical” question to get to the “root” of the matter:
- Given who we are, a unique (Great Falls) community surrounded by nature, families with homes surrounded by land, neighborhoods with well-tended gardens surrounded by wildlife habitats where wildlife roam free, have we defined our “community farmers market” in the most authentic way possible?
- Is there a definition of “farmers market” unique to Great Falls that would be truer to the authentic character of our community?
- Are all of our unique local gifts included and engaged in our community market?
- It is timely to consider “integral ecology,” a term coined by Pope Francis in his Encyclical on the Environment, given his visit last week. How can our market be more considerate of the earth, more engaging as a community in our shared ideas about our nourishment, more encouraging of infant businesses that are in authentic connection with all that the earth provides?

A unique Great Falls resident among us, Christina Mittermeier, a nature and conservation photographer, has brought to our attention via Facebook the dangers of plastic in harming birds very far away who eat plastic at sea and later die – can we end the use of plastic bags and packaging at our market to align with the insights of her fine work?

There is a severe drought in California - the place where 70 percent of the fruits and vegetables supply in the U.S is grown. Can we continue to look at our land and our gardens as nice hobbies – when, perhaps, they are much more important than we realize?

A number of Jeff Rainey’s beehives did not have honey this year, and engaged in our community market?

And engaged in our community market?

Come join in a full conversation about all that our community farmers market is and can become – the realities and the possibilities.

Photo contributed

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Photo contributed
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Koko FitClub of Reston | 571-612-2333
reston.kokofitclub.com/30for30

www.ConnectionNewspapers.com
Great Falls United Methodist Church will celebrate its 140th anniversary this coming spring on May 15, 2016. On Saturday, Sept. 26, the church, located at 10100 Georgetown Pike, held its annual Fun Fall Bazaar.

“We do this to support our ministry and missions,” said Pastor Denise Childers. “It’s the biggest fundraiser of the year,” said George Scott, of the United Methodist Men group. “It’s a service to the community and it also brings us all together,” Childers said.

Great Falls United Methodist can be traced back to Salem Church, which was established in 1876 near the present location on Georgetown Pike, and Arnon Chapel, built in 1889 near the corner of Arnon Chapel Road and Walker Road. Each church ministered to the residents of the then rural area surrounding Forestville. In 1944 Salem Church and Arnon Chapel merged to form Forestville Methodist Church and the combined church was established at the present site. The congregation voted to change the name to Great Falls United Methodist Church in January of 1989.

The bazaar Saturday featured a barbecue dinner, crafts and curios, silent auction, jewelry, bake sale, used books, white house ornaments, toys, sports equipment and children’s clothing. Plus Gene Cole was there selling apple butter and apple cider, which he has been doing since 1971.

— Ken Moore

Gene Cole has been selling apple butter and apple cider at the bazaar since the early 1970s.

Bill Weight, Gene Cole and Steve Pretanik sold tools and apple butter outside.

Affordable children’s clothing is always available at the annual bazaar, in addition to used but useful tools and power tools. Proceeds help Great Falls United Methodist Church’s ministries and programs.

— Ken Moore
ONeG Item


WEDNESDAY/SEPT. 30
Fall for the Book: Peter Straub. 7:30 p.m. McLean Community Center, 1234 Ingleside Avenue, McLean. Author Straub will thrill fans with a reading of his new book “Sleeping Beauty.”

Busy Beavers. 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Avenue, McLean. Did you know that there are beavers in our creeks and ponds? Do the beaver dance, listen to some stories and make a beaver dam as we learn about these nocturnal animals.

Pokemon League. 3 p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. Learn and play. Age 5-18.


THURSDAY/OCT. 1
Paw Parade. 2 p.m. Brightview Great Falls, 10200 Calvin Run Road, Great Falls. Beards, beavers, furries and furries to parade around the community.

FRIDAY/OCT. 2
Claude Moore Colonial Farm Cajun Barbecue and Silent Auction Fundraiser. 6-9 p.m. Pavilions of Turkey Run, 6310 Colonial Farm Road, McLean. The menu features dry rubbed, slow cooked pork barbecue, grilled marinated chicken, farm to fork vegetables including zucchini, squash and broccoli, cole slaw and tossed salad, and warm peach cobbler. Cash bar features cold beverages including wine, beer and soft drinks. Event also features a silent auction. Live music, 18th century dancing and beer tasting. Tickets: $25-$35. www.1771.org/fundraiser

SATURDAY/OCT. 3
“The Marvels of Black Tea,” 2 p.m. McLean Community Center, 1234 Ingleside Avenue, McLean. $10-$15.

St. Francis Country Fair. 10 a.m.-4 p.m. St. Francis Episcopal Church, 9220 Georgetown Pike, Great Falls. The entire community is invited to the St. Francis Country Fair, featuring entertainment (live music, puppets, magic), kid’s games and activities, a silent auction, treasure trove, used books, quilt auction, and much more. Local food trucks will be selling lunch items.

Beyond the Teabag: Exploring Single Origin Black Tea. Historic Calvin Run Mill, 10017 Historic Church Street, Vienna. Enjoy the diversity of black teas from around the globe and learn to identify the tea styles used in black blends and why they taste so different. Is it Chinese black, from one of India’s varied terroirs, Sri Lanka or even Africa? Taste some treats made with tea as an ingredient, and take home some tea samples to try on your own hand at blending. Advance reservations and payment ($30 each) required through the Mill at 703-759-2771.


Great Falls Farmers Market. 9 a.m.-1 p.m. Around Round. Great Falls Village Centre, 778 Walker Road, Great Falls. www.celebrategreatfalls.org/FarmersMarket.html

SATURDAY-SUNDAY/OCT. 3-4
Fall Book Sale. Saturday: 10 a.m.-4 p.m. Sunday: 11 a.m.-2 p.m. Patrick Henry Library, 101 Maple Avenue East, Vienna. Hardbacks $2, trade paperbacks $1, pocket paperbacks 50 cents, kids books 25 and 50 cents. Cash only: All proceeds benefit the community library.

SUNDAY/OCT. 4
MFAartfest. 10 a.m.-5 p.m. McLean Central Park, 406 Dolley Madison Blvd., McLean. The park is transformed into a lively landscape of mini art galleries showcasing and offering for sale the work of a diverse group of juried artists. Visit www.mfaart.org.

MONDAY/OCT. 5
Barrel & Bushel and American Craft Beer Present Seasonal Tasting. 5:30-7:30 p.m. Barrel & Bushel, 7901 Tysons One Place, Tysons Corner. The event will include seven individual tastings of seasonal beer paired with a signature dish from Barrel & Bushel. Tickets to the event by visiting https://www.eventbrite.com/e/american-craft-beer-event-with-tom-bobak-tickets-18554821972.

THURSDAY/OCT. 8
2nd Annual NOVA Pride Multifaith Worship Service - The Faithful See Calendar, Page 11

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9:00 a.m. Holy Eucharist, Rite II
Sunday School: preschool – grade 2
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10:15 a.m. Sunday School Grades 3 to 6
Music: 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
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To Highlight Your Faith Community, call Karen at 703-971-6468

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week’s paper. Photos/artwork encouraged.
From left: Jayseen Wright, Dylan Myers and Sun King Davis in “Now Comes the Night” at 1st Stage in Tysons.

C rackling dialogue, powerful ideas and well-crafted artistry describe “Now Comes the Night” written by award-winning E.M. Lewis now playing at 1st Stage. The play is about the very personal consequences of living in a dangerous world, when harm comes through traumatic incidents.

In program notes, playwright Lewis indicated she wrote “to try to understand things that I find unfathomable.” Director Alex Levy indicated: “I’m interested in plays that explore big human questions in specific and contemporary ways.” With an assured hand, Levy has fashioned “Now Comes the Night” into an intense, believable drama uncovering the damage done to a television news anchor who traveled to Iraq to try to understand what was at stake.

The time is 2006. Newsman Michael Apres (a taut performance by Dylan Myers as a man in unbearable pain) has returned to his home after 18 months of captivity. The audience comes to understand that Apres is in the midst of crises. The symptoms of PTSD are clear.

Apres has given an interview to his former co-anchor Brad (Jayseen Wright; a solid, best friend, who will not let his old friend harm himself). In the interview Apres had made incendiary remarks criticizing American involvement in the Middle East. Brad has reasons to doubt the statements genuineness.

Thoughts, memories and visions flood from the emotion-ally mangled Apres, once he begins to open up. Was he naive going to Iraq? Who can he trust? What is real? And, who is the third man in the room? (Sun King Davis in the knotty role as either hero or villain).

“Now Comes the Night” is impressively technically; adding remarkable authority to the production. Set and costume design are both by Kathryn Kawecki. Kawecki provides the audience with meticulously detailed renderings of a man in a calamity. Lighting design by G. Ryan Smith gives off the passing hours from initial dark late night, to early morning muted light to the bright afternoon sun. Props by Cassandra Schulz and Rachel Barlaam’s sound design puts the audience right in the middle of a man’s muddled mind and the national politics of the moment.

Whether baby boomer or millennial, those interested in challenging theater by an award-winning playwright about life in times of living dangerously, “Now Comes the Night” will leave you pondering its crisply-presented, visually effecting, multi-layered point of view. The production is part of the D.C. area’s “Women’s Voices Theater Festival.”
Chantilly Volleyball Holds Off Langley in Five Sets

Saxons’ Donaldson tallies 15 kills, Shklyar has 13.

By Jon Roetman
The Connection

With the Chargers having gone 10 days without a match, Chantilly volleyball coach Charles Ezigbo had limited expectations entering Monday’s meeting with Langley.

“I was really happy that we competed tonight — that’s my main thing,” Ezigbo said after Monday’s action. “I just wanted to compete after that long layover.”

Facing one of the top teams in the region, Chantilly did more than just compete.


After trailing 11-10 in the fifth set, Chantilly benefitted from some Langley miscues down the stretch, along with a key block by Chargers junior Simone Jeffries. The result was Chantilly improving to 5-2 while avoiding a three-match losing skid.

The Chargers had an opportunity to end the match earlier, when a kill by junior Julia Recto gave Chantilly match point, 24-21, in the fourth set. But Langley responded by scoring six of the next seven points, including two kills and a block by sophomore setter Elena Shklyar, to win 27-25 and force a fifth set.

“That’s our first fifth-set match and we didn’t know how we were going to handle it,” Ezigbo said. “Obviously, we have things to learn because we almost gave it away.”

While Chantilly “almost gave it away,” it was Langley head coach Susan Shifflett who was left frustrated with her team’s inability to capitalize.

“We had 16 unforced errors in the first set and 20 unforced errors in the second set,” Shifflett said. “And then our match point is a silly ball into the net. I’m a little frustrated with not taking care of the ball. We had a stretch there for two weeks where we were just on fire and they had the fire in their belly and now all of the sudden they’ve gone flat. Hopefully we can get that back together, get back to practice and start fresh again.”

The defeat dropped Langley’s record to 7-5.

“I told them they need to learn from it,” Shifflett said. “You can’t do that to the ball. You can’t keep doing those kinds of mistakes and expect to be where we need to be when it counts. No, I don’t want them to forget about it. I think they need to dwell on it a little bit.”

After the teams split the first two sets, Chantilly held off Langley to win the third set, 26-24. The Chargers held leads of 22-17 and 24-21, but thanks to four kills and a block by Shklyar, Langley battled back to tie the score at 24. Chantilly would not let this set slip away, though, as Recto responded with back-to-back kills, giving the Chargers a 2-1 advantage in the match.

Five-foot-4 junior Milleysha Molina led the Chargers with 19 kills while hitting .472 and two aces.

Shklyar finished with 13 kills, five blocks and two aces.

“She can do everything,” Shifflett said about Shklyar. “She’s a good server, she’s probably, I think, the best setter, absolutely, in the region, if not in the state, and she’s a sophomore. And she can hit a heavy ball.”

“If we can have her pass, set and hit to tell us where we needed to go to get a kill,” Alexa Carlisle, Katerina Bagatska and Brynn Feighery each had five kills for Chantilly. Jeffries finished with 5 1/2 blocks.

Senior outside hitter Jessica Donaldson led Langley with 15 kills. Sophomore middle blocker Allison Franke had nine kills and senior outside hitter Kristian Stanford finished with six. Senior middle blocker Katie Sissler totaled five kills and six blocks.

Shklyar finished with 13 kills, five blocks and two aces.

“The two games that we lost,” Recto said, “definitely humbled us and got us to re-focus on our next matches.”

The Chargers will travel to face South Lakes at 7:15 p.m. on Oct. 6.

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Five-foot-9 Recto finished with 14 kills.

“I think it’s really speed and just technique,” Recto said about succeeding against the Saxons. “Our setters did a great job of getting the sets where we needed it to be and we kind of just had to trust our defense to tell us where we needed to go to get a kill.”

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“If we can have her pass, set and hit to herself, that would be nice,” Shifflett added with a laugh.

Langley will return to action at 7 p.m. on Thursday, Oct. 1 with a road match against Potomac Falls.

After a 4-0 start, Chantilly lost to Fairfax (3-1 on Sept. 15) and Madison (3-1 on Sept. 17) before beating Langley on Monday.

“The two games that we lost,” Recto said, “definitely humbled us and got us to re-focus on our next matches.”

The Chargers will travel to face South Lakes at 7:15 p.m. on Oct. 6.

“It was an amazing feeling,” Recto said about beating Langley. “Everybody on the team did their part to really pull through that last set. Last year we lost to them in a regional match, so it just felt really nice to earn our spot back.”
Citizens Fall Primer

Key events coming up in next month.

Great Falls
Citizens Association

See www.gfca.org

“Since 1968, the Great Falls Citizens Association has worked on behalf of the citizens of Great Falls to protect, defend and improve the quality of life in our community.”

Debate II: School Board Candidates and More

Monday, Oct. 19, 6:30 to 9:30 p.m.
Great Falls Grange
9818 Georgetown Pike, Great Falls

The Great Falls Citizens Association will host a debate for candidates running for election to the FCPS School Board and various county positions.

Election Day is Nov. 3, with early voting beginning Sept. 18. Great Falls residents wishing to submit questions for consideration by the GFCA Debate Committee for this second debate may send them to ralph.apton@gfca.org before Oct. 14.

Long Range Planning

Thursday, Oct. 1, 7:30 to 9:30 p.m., Great Falls Library

The Great Falls Citizens Association’s long range planning committee plans to address future long range septic and ground water planning, possible Great Falls participation in bonds planned for 2016-2022, and an update on the Grange/Old Schoolhouse improvements.

Cooper Eighth Graders Begin a Year-long QUEST

On Tuesday, Sept. 22, members and leaders of the McLean community met with eighth grade Cooper Middle School students in order to share information about service learning opportunities.

Eighth graders are beginning the year-long Service QUEST project in which they will identify an issue and develop a solution while giving back to the community.

Jessie Broyles and Kat Quatrini talk with the representative of McLean Bible Church and learn about their volunteer opportunities.

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Locked and Loaded

By KENNETH B. LOURIE

And into the breech (not to be confused with breach) I went earlier today. It wasn’t exactly the Charge of the Light Brigade when breach might have been the more appropriate characterization, it was simply my annual MRI, when the doctors check to see if the cancer in my lungs has spread to my brain, which in 30 percent of the patients – the highest percentage of spread in fact – it does. So today, I had my head examined: a checksum from the neck up. Though the test is usual, other than a few random headaches reported by yours truly; nothing chronic or debilitating, no pain or suffering, no dizziness and cell lumping, I made it through the student course of diagnostic action, nonetheless. I’m not really worried about the results, my doctor is wise in that distinction even makes sense. Still, I’d just as soon not complicate my life any further right now. I’m just not predisposed to it. I don’t have any expanded “curiosity” is the last thing a “terminal” patient wants to hear or perceive from his doctor. I told him, and anything to do with the brain may be a “breach” but who knows exactly what and when it is, like developing a habit. We’re all likely to be confronted with new demons: demons which at present are mostly confined in their box (compartmentalized in my head, actually).

Now whether our feelings are the result of a possible occurrence in the brain simply being new and different or whether its appearance there would indeed be worse, we certainly don’t know, but for some reason, it seems worse than a finding in the lung. That stage IV lung cancer is to be minimized is understandable; hardly, it’s a “terminal” disease; and not that I understand any more about brain cancer and the blood-brain barrier or treatment complications it can cause or can reference any statistical outcomes that support or confuse our feelings more than I can about the non-small cell lung cancer – a math with which I am more familiar, our perception is, a confirmation of tumor activity in the brain would likely upset the very delicate balance of our figurative apple cart. An apple cart I will readily admit we’ve gotten used to balancing.

But I’m getting ahead (no pun intended) of myself. My oncologist was not anticipating much new information from this MRI, nor was he reacting to my symptoms as much as he was mindful of the interval of time since my last MRI: one year or so. I did do some sort of a consultation in my nonchalant manner. I wasallowed to read a doctor’s expressions or body language or attempting to interpret and understand their reasons and explanations for making certain medical suggestions is akin to taking a Rorschach test: you might see or hear what you’re predisposed to – or not. There may be some fact and/or some fiction to consider, but who knows exactly what and when any of it is relevant or accurate? It might simply be a curiosity. But I have to tell you, a “curiosity” is the last thing a “terminal” patient wants to hear or perceive from his oncologist. I want the truth – as I’ve always told him, and anything to do with the brain truthfully makes me feel Unlock, unloaded and in trouble. Maybe “breach” is the more appropriate word. I suppose I’ll know soon enough. I’ll just have to be patient. Something I’ve been very good at being for six years and seven months, exactly.

Karen Lourie is an Advertising Representative for The Vienna/Oakton & The Reston Connection.

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