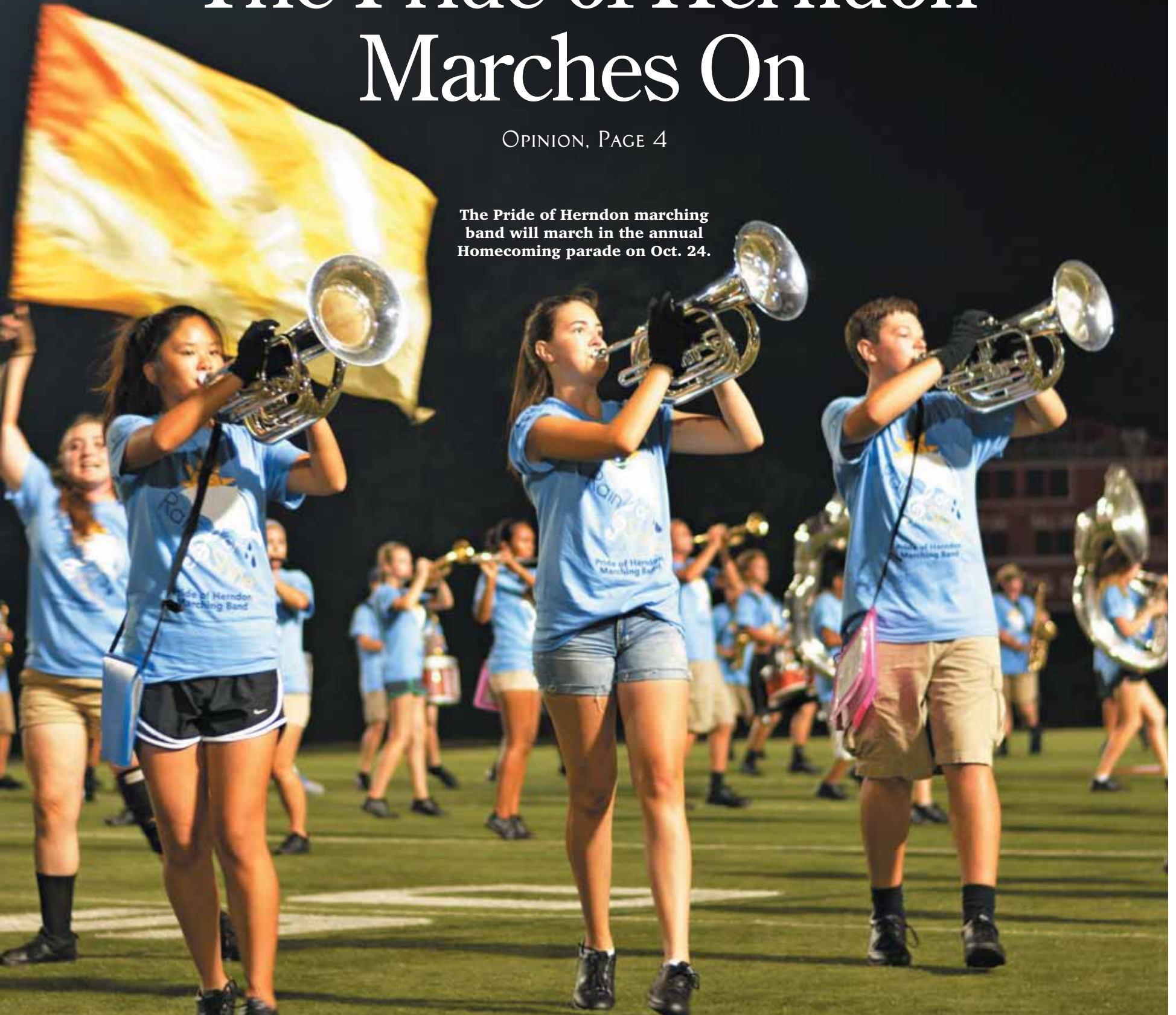


The Pride of Herndon Marches On

OPINION, PAGE 4

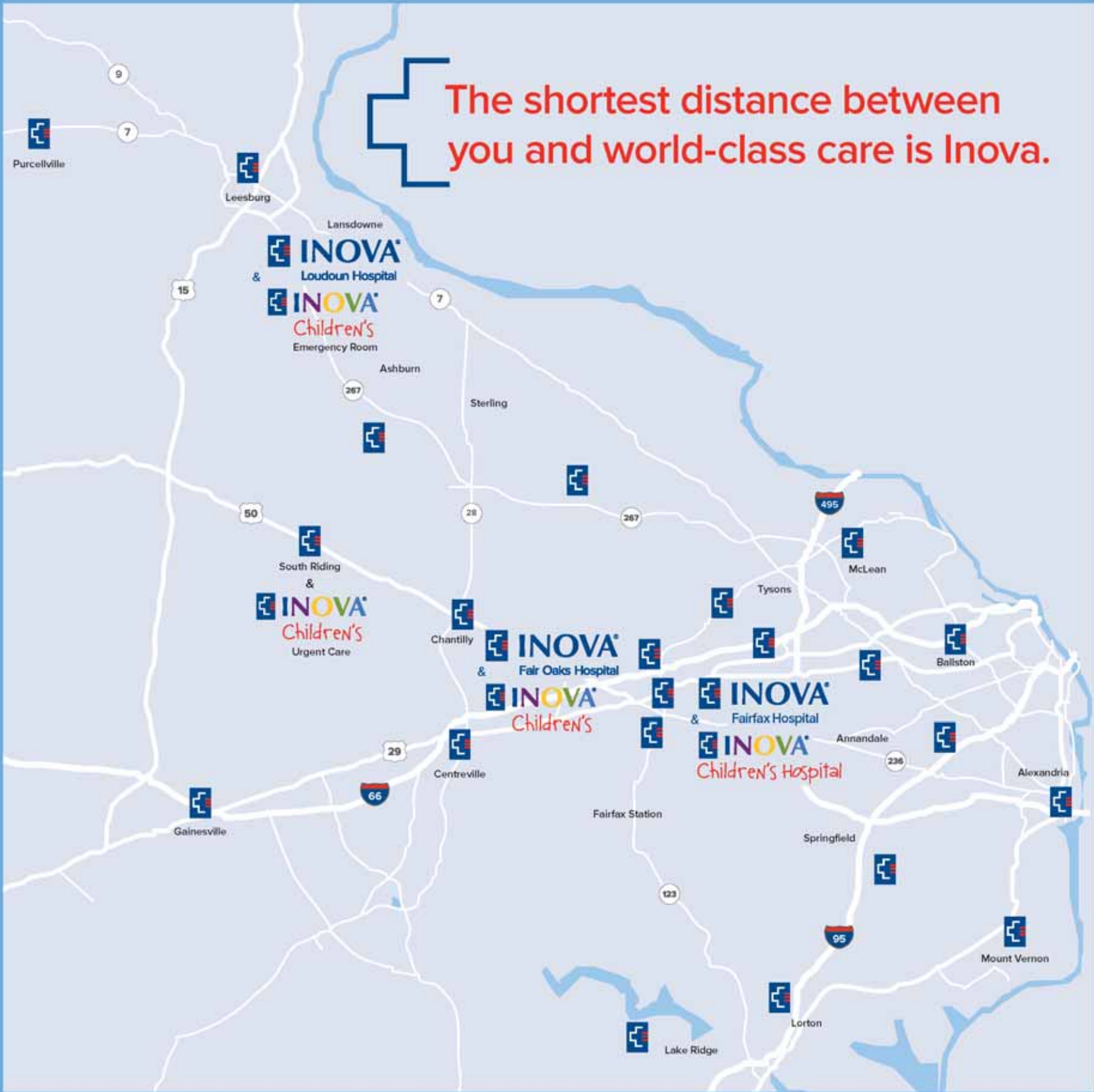
The Pride of Herndon marching band will march in the annual Homecoming parade on Oct. 24.



OPINION, PAGE 4 ❖ ENTERTAINMENT, PAGE 6 ❖ CLASSIFIEDS, PAGE 10 ❖ SPORTS, PAGE 9

PHOTO CONTRIBUTED

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3300 Gallows Road, Falls Church



PHOTOS COURTESY OF HERNDON POLICE DEPARTMENT

On Saturday, Sept. 26 as part of National Drug Take-Back Day, 186 pounds of unwanted and expired prescription drugs were dropped off at Herndon Police Department station.

Herndon Police Helps with Pope's Security

Latest from the Herndon Police Department.

BY RYAN DUNN
THE CONNECTION

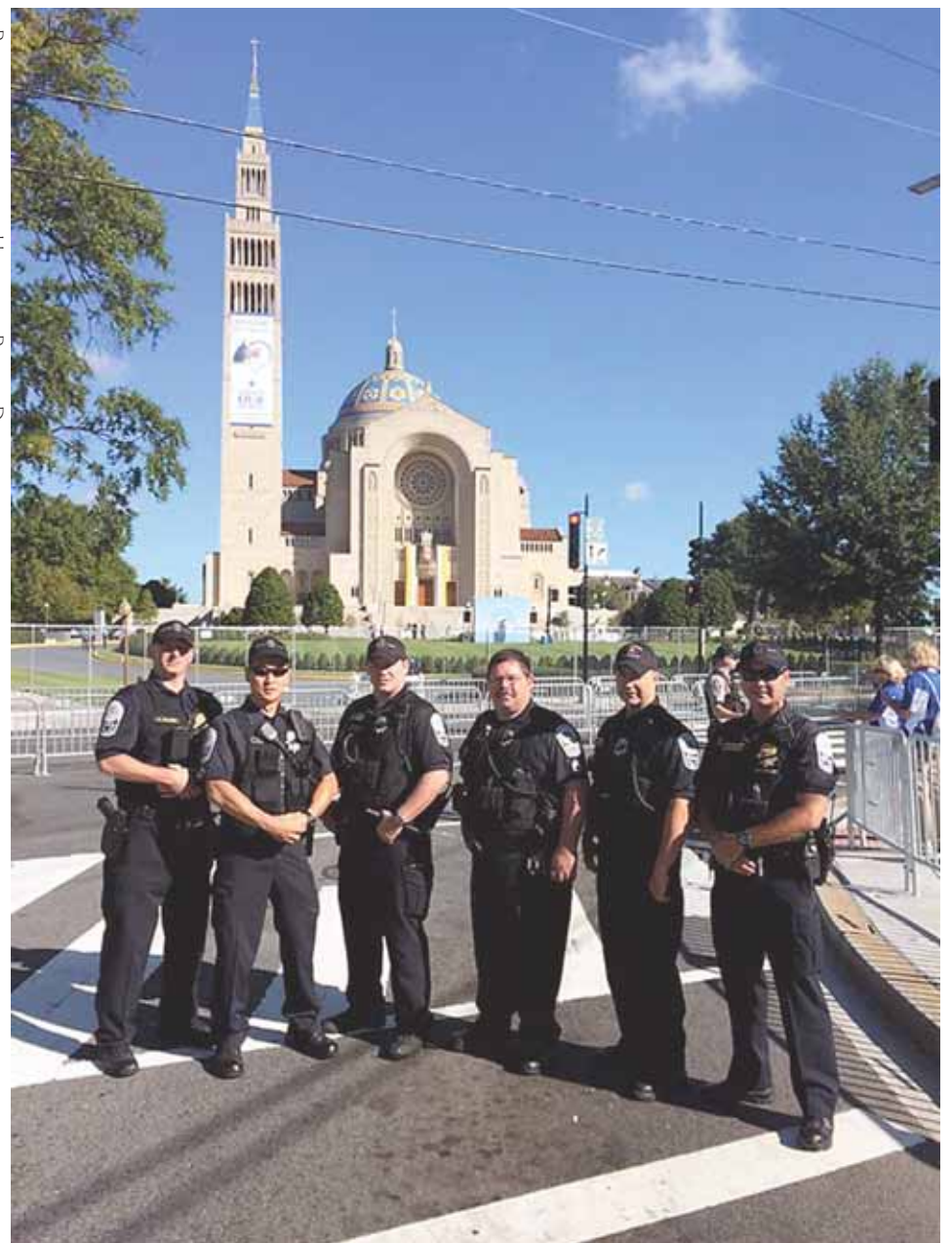
On Saturday, Sept. 26, as part of National Drug Take-Back Day, 186 pounds of unwanted and expired prescription drugs were dropped off at the Herndon Police Department station on Herndon Parkway. People had the opportunity to drop off expired and unwanted medications between the hours of 10 a.m. and 2 p.m. in the lobby of the Herndon station.

On Wednesday, Sept. 23, Herndon Police Department assisted with the security detail for Pope Francis' visit to Washington, D.C. The Herndon Police in the security detail later stopped in Arlington

County for dinner. When they prepared to pay for their meals, they were informed a group of women had already paid their bill.

Recent Herndon Police investigations include a September theft incident near Grove St., where during the overnight hours several vehicles belonging to a business were broken into. Approximately \$10,000 worth of tools and copper were stolen.

On Wednesday, Sept. 16, a man was charged with setting an outside fire in Herndon, fire officials said. He was charged with fire capable of spreading, a class six felony, according to fire investigators. The incident occurred at 2521 Wasser Terrace, an apartment complex in Herndon. He set the fire in an area of bushes and grass near



On Wednesday, Sept. 23, Herndon Police Department assisted with the security detail for Pope Francis' visit to Washington, D.C.

the building, no injuries were reported at the scene.

The deadline to purchase a 2016 town vehicle decal is Nov. 15, 2015. Due to the deadline being a Sunday, payments may be received on Monday, Nov. 16. In addition,

the Revenue office will be open from 9 a.m. to 2 p.m. on Saturday, Nov. 14. All vehicles, trailers, motorcycles and semi-trailers normally garaged, stored or parked within the Town of Herndon limits for more than 30 days are required to display a decal.

Commercial Buildings Shot: People Inside

Fairfax County police arrested a 29-year-old Herndon man Friday, Sept. 24 after a detailed investigation of incidents in which commercial buildings in the Town of Herndon, Fairfax County and Leesburg were struck by bullets, according to police reports.

Four days earlier, on Monday, Sept. 21, an employee of a business in the 2200 block of Corporate Drive in Herndon, reported to police that several pieces of equipment were damaged during the evening hours of Thursday, Sept. 17.

"Detectives investigating the report determined the suspect intentionally damaged a security camera, a key lockbox, a satellite dish and shut down the

building's elevators, costing thousands of dollars in damages," according to police reports. "Additional information was developed, enabling detectives to identify that suspect."

In two Fairfax County incidents, police report that the suspect discharged a gun, striking a building during the overnight hours. "In one incident, there were employees inside the business."

Detectives from Fairfax County and the Towns of Herndon and Leesburg have been jointly investigating similar cases in each jurisdiction, according to police reports.

After obtaining a felony destruction of property warrant against the Herndon man, police obtained evidence that resulted in

police charging him with damaging the Fairfax County buildings.

"The first incident occurred on Monday, Aug. 3, around 10 p.m. at a business in the 2200 block of Monroe Street. Employees were inside the building at the time the shots were fired," according to police reports. "The second incident occurred between the hours of 10 p.m. on Tuesday, Aug. 4, and 8 a.m. on Wednesday, Aug. 5, at a business in the 2200 block of Corporate Drive."

The 29-year-old was charged with one count of felony Destruction of Property and one count of Shooting into an Occupied Dwelling for the incident on Monday, Aug. 3. He was additionally charged

with one count of felony Destruction of Property for the incident on Tuesday, Aug. 4.

Detectives in the Town of Herndon have pursued charges for the incidents in their jurisdiction, according to police. He is currently being held in the Fairfax County Adult Detention Center without bond.

Anyone with information is asked to contact Crime Solvers electronically by visiting www.fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus your message to CRIMES(274637)** or by calling 1-866-411-TIPS(8477).

— KEN MOORE

Changing Perspective on Death Penalty

Evolving standards will eclipse the death penalty entirely at some point in the future.

It's sad to see senseless death as a response to senseless death.

Alfred R. Prieto is not a sympathetic figure, a serial killer who was on death row in California when DNA connected him to murders and rapes in Reston and Arlington that took place in 1988. He is scheduled for execution this week, at 9 p.m. on Thursday, Oct. 1.

Evolving standards of decency have led to the understanding that it's wrong and unconstitutional to subject people whose crimes were committed when they were juveniles or people with intellectual disabilities to the death penalty.

The Arc of Northern Virginia, an advocacy group for people with intellectual disabilities, asked Gov. Terry McAuliffe to send Prieto back to California so that his intellectual disabilities, raised in the sentencing phase of his trial, could be analysed. McAuliffe has declined to intervene in Prieto's case. It was a Virginia case, *Atkins v. Virginia*, that led the U.S. Supreme Court to rule that execution of people with mental retardation is unconstitutional.

Prieto was sent to Virginia to face trial even

though he was already on death row in California because of the belief, clearly correct, that he would be more likely to be executed in Virginia.

Over time, it seems clear that evolving standards of decency will end the death penalty in the United States. The number of death sentences has dropped dramatically since 2000, and executions have declined as well, from a high of 98 in 1999 to just 35 in 2014, the lowest in 20 years, according to Amnesty International.

Prieto committed heinous crimes, and releasing him from prison should never be an option.

Warren Fulton and Rachel Raver were last seen around midnight in Washington, D.C. on Dec. 2, 1988. The two George Washington University students, both 22, were found dead Dec. 6, 1988 in a field off Hunter Mill Road in Reston. Both were shot in the head. Raver had been raped. Investigators believed they had been abducted and forced to drive to the remote location. DNA evidence linked Prieto to Raver's death and to that of Veronica Jefferson,

Vigil to Oppose Death Penalty

Virginians for Alternatives to the Death Penalty will hold vigils around the state on the evening that Alfredo Prieto is scheduled for execution, Thursday, Oct. 1.

Arlington Vigil in opposition to the death penalty

Oct. 1, 8:30-9:10 p.m.

Clarendon Metro Station. The vigil will be held in the public park between Clarendon and Wilson Boulevards, right behind the Metro exit. Attendees are welcome to bring signs with appropriate, peaceful, anti-death penalty messages.

For more information, contact Elise Cleva at elise.cleva@gmail.com or see <http://www.vadp.org/>

a 24-year-old CIA finance officer who was raped and shot to death in Arlington County in May 1988, although he was never tried in that case. A Fairfax County jury sentenced Prieto to death in 2006.

The murders and rapes were unsolved for 17 years until 2005 when California's DNA database joined a national database.

— MARY KIMM

The Pride of Herndon Marches On

BY JENNIFER LOUDENSLAGER

Kathleen Jacoby, Herndon High School's band director, had her work cut out for her when marching band camp began on Aug. 10. Not only did she have to teach 150 students how to perform a new marching show in just under four weeks, she also had to give many of them as well as herself some time to grieve. Sadly, three former members of The Pride of Herndon marching band, Kyle Mathers, Dale Neibaur, and Holly Novak, were killed in a terrible car accident while on a road trip in Texas on Friday, Aug. 7. All three students held leadership positions when they were in the band, and they were known and loved by many of today's band members. Although they all graduated in 2014, they stayed in the area after graduation and still visited Ms. Jacoby and the band frequently. The news of their passing rocked the entire community, and grief counselors were made available to students during the week of Aug. 10.

The Town of Herndon and several local business sponsors showed their support of the band family by providing each member with a T-shirt that features the



By the last day of camp, on Sept. 3, the students were ready to treat their parents to a special preview of this year's marching show.

words "March On" on the front with a logo that was created by the town, incorporating elements of the Town of Herndon brand. The Pride of Herndon logo and the names of Kyle, Dale and Holly appear on the back of the shirt as a tribute to the leaders whose spirit embodied all it means to march

on. These shirts were also made available for sale with proceeds going to the Herndon Band Relief Fund which was established for the families of the departed.

TRANSITIONING from this time of grief into a normal band camp routine surely was not easy, but

the upperclassmen on the leadership team rallied and spent the first week of camp welcoming this year's rookies and showing them the ropes.

When asked about his first Herndon High band camp, fresh

SEE THE PRIDE, PAGE 5

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The Pride of Herndon

FROM PAGE 4

man Kyle Nicgorski said, "It was a very welcoming and fun experience. It was really cool to be marching with everyone in the band as well as playing with them. I am most excited to be playing at all the football games."


By the last day of camp, on Sept. 3, the students were ready to treat their parents to a special preview of this year's marching show. The theme of this year's show is "Rain or Shine" and it includes tunes such as "Good Day Sunshine," "Have You Ever Seen the Rain," and "Pocketful of Sunshine." The show was arranged by Bob Thurston who was previously a Chief Arranger for the United States Air Force Band and who has written many shows for Herndon High in prior years, as well as many other high school and college bands.

"Band camp was a blast (as always) this year!" said Kayla Lundberg. "My favorite part of the show is definitely the cyclone. The band is just sprinting around in circles and the guard is spinning rifles and umbrellas, also running around like maniacs. I'm so excited to see how the effect turns out because it's been fun and hard work trying to make it happen." Kayla is a Junior this year and a part of the Color Guard leadership team.

Senior percussionist Tucker Phillips said, "My favorite part of the show is either the percussion storm, or watching Peter (a drum major) sprint around the band to get to the back podium as we turn around. I've always loved band camp, but being a senior has made the whole experience far more enjoyable, and I feel so into everything." After a very busy four weeks of camp and a brief hiatus to celebrate Labor Day, the Pride of Herndon hit the streets on Saturday, Sept. 12, for their annual Tag Day event, their biggest fundraiser of the year. This year's show theme, "Rain or Shine", seemed especially fitting that day as it rained quite hard for much of the time the students were going from door to door asking for donations dressed in their marching uniforms and rain ponchos. Their efforts were not in vain, though. Members of the Herndon and Reston communities were extremely generous this year and the band is very grateful. The funds raised from this event will help pay for instructors, equipment, instruments, uniforms and other expenses required to keep the program running.

THE PRIDE OF HERNDON marching band will be performing during halftime at all of Herndon High's home football games and they will march in the annual Homecoming parade on Oct. 24.

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Hot Topics in Medicare and an Overview of Health Care Coverage

Thursday, October 15 | 6:30 to 8 pm

Floris United Methodist Church, Fellowship Hall
13600 Frying Pan Rd., Herndon, Virginia 20171

With the beginning of open enrollment for Medicare underway, know what changes you can make and how to make them. Margaret O'Reilly, CELA, PC will discuss some of the hot topics in Medicare right now. Also, Ms. O'Reilly will discuss the inaccurate assumption that Medicare covers either assisted living or skilled nursing care. To **RSVP** or to schedule an appointment, contact Sandra Fields today at **(703) 994-4561** or sfields@thecrossingsatchantilly.com.

TASTE OF AUTUMN OPEN HOUSE
Tuesday, October 6 | 11 am - 3 pm

AUTUMN OPEN HOUSE
Saturday, October 17 | 11 am - 2 pm
By appointment only (building locked).

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FALL FUN

Send announcements to reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

ONGOING

"No Spring Chicken." Through Oct. 11 at NextStop Theatre, 269 Sunset Park Drive, Herndon. This one woman comedy presents a poignant and funny look at pregnancy at 40. Visit <http://www.nextstoptheatre.org/> for show timings.

WEDNESDAY/SEPT. 30

Babytime. 10:30 a.m. Herndon Library, 768 Center Street, Herndon. Rhymes, songs, stories with music for you and your baby. Come enjoy time with your child while building an early literacy foundation. Age birth to 18 months with adult.

Lyrical Lines of Ignited Imagination Opening Reception.

7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. In Lyrical Lines of Ignited Imagination, ArtSpace Herndon presents a duo show featuring the abstract art of Fallon Chase and the art of jewelry by Kurth Rose. The exhibit and reception are free and open to the public. <http://www.artspaceherndon.com/lyrical-lines-of-ignited-imagination/>. 703-956-6590.

THURSDAY/OCT. 1

4th Annual Reston Town Center Help the Homeless Walk. 11:30 a.m. Reston Town Center, 11959 Market St., Reston. Walk from Mayflowers Floral Design Studio on

The Promenade to the Embury Rucker Community Shelter and back. Funds will enable Cornerstones to provide essential resources and services for individuals and families in the community who are homeless or at risk of becoming homeless. Visit www.cornerstonesva.org/events_list/hth.

Herndon Farmers Market. 8 a.m.-12:30 p.m. Thursdays, May 7-Nov. 12. Twelve Vendors sell a variety of products including kettle corn and fresh made Italian pasta. Old Town Herndon, 700 Block of Lynn St., Herndon.

FRIDAY/OCT. 2

Dinner in the Sukkah. 6:15-8:30 p.m. Congregation Beth Emeth (CBE), 12523 Lawyers Road, Herndon. Family-friendly services at 7:30 p.m. New/prospective members, don't bring a thing; please RSVP to 703-860-4515 ext 101. CBE members and regulars, please sign up to bring a potluck dish: <http://bethemeth.org/sukkot-potluck>.

SATURDAY/OCT. 3

Light the Night Walk for Leukemia & Lymphoma. 5 p.m. Reston Town Center, 11900 Market Street, Reston. Celebrate and commemorate lives touched by cancer. Children's games, food from local restaurants, live music and entertainment until the 2-mile fundraising walk begins. Information and registration: lightthenight.org/ nca

SUNDAY/OCT. 4

Colors of Life Opening Reception. 3-5 p.m. Reston Community Center, 2310 Colts Neck Road, Reston. Color



The Chuck Wagon Gang has been providing the very best in "grass roots" Gospel music for over 75 years having recorded over 800 songs and sold 40 million records world wide to date. See them on Oct. 4 at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon.

is a major inspiration for Reston-based fiber artist Anne Smyers, and a central feature in her vibrant work. Her solo show Colors of Life highlights several series: recent works in her signature "floral landscapes" style, created by layering flowers into fanciful landscape designs; and a five-element series inspired by the concept of unity and healing intrinsic to traditional Chinese acupuncture.

HernDOG Bark Bash. 12-3 p.m. Bready Park, 814 Ferndale Ave., Herndon. HernDOG Bark Bash is a free event for dog lovers with three hours of four-legged fun. The event will feature agility demonstrations, owner and dog team contests, adoptions, an off leash area and wide variety of dog themed vendors. Entry

to HernDOG Bark Bash is free but fees may apply to vendor products or services. Friendly, leashed, and vaccinated dogs (and their owners) are welcome.

The Chuck Wagon Gang. 2 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. The Chuck Wagon Gang has been providing the very best in "grass roots" Gospel music for over 75 years having recorded over 800 songs and sold 40 million records world wide to date. They have marvelous four part harmony in a style that is both simple but very distinctive and ever so pleasant to listen to.

TUESDAY/OCT. 6

Pasta! Torah! Event. 6-7:30 p.m.



Reston Art Gallery & Studios presents Images of Fall, an exhibit of fine art photography by Kathy Kautter, on display from Oct. 2 through Nov. 5.

Congregation Beth Emeth (CBE), 12523 Lawyers Road, Herndon. Celebrate Simchat Torah with CBE! Pasta Dinner 6 p.m., service and dancing with the Torah 6:30 p.m. No Charge. RSVP by Oct. 1; <http://bethemeth.org/pasta-pasta-torah> or 703-860-4515 ext.101.

SATURDAY/OCT. 10

Community Irish Dancing. 7-10 p.m. Frying Pan Park Visitors Center, 2739 West Ox Road, Herndon. CCE Community Irish Ceili and Set Dances are called by Marilyn Moore, Accompanied by Old Pitch and Friends. Wear flat, comfortable shoes and lightweight clothing. Dances start out easy and work their way up. \$15 per person; \$35 family maximum.

Wade in the Water: Songs of Freedom, Faith and Friendship. 4:30 p.m., Reston Community Center, Hunters Woods, 2310 Colts Neck

Road, Reston. Join singers from Mosaic Harmony, The Reston Chorale and the Senior Choir of historic Shiloh Baptist Church in a unity concert of inspirational African-American music, from traditional spirituals to contemporary gospel. Tickets: \$20-\$25. www.restonchorale.org.

Expressions Portrait Exhibit Opening Reception.

7-9 p.m. ArtSpace Herndon, 750 Center Street, Herndon. ArtSpace Herndon's 7th Annual Expressions Portrait Exhibit features the competition's finalists. Competition judge and renowned artist Judith Peck will announce winners of the competition during the Awards Reception. The exhibit includes 25 stunning and diverse portraits in various mediums were selected from 125 submissions by 67 artists. <http://www.artspaceherndon.com/>

expressions-portrait-exhibit-2015/. 703-956-6590.

FRIDAY-SATURDAY/OCT. 10-11

Oktoberfest Reston. Reston Town Center, 11900 Market St., Reston. Featuring the best in autumn brews with delicious fare from area restaurants. Enjoy food, wine, beer, and live entertainment.

SUNDAY/OCT. 11

Reston Pumpkin 5K & Kids' Pumpkin Dash. 8:15 a.m. Reston Town Center Pavilion and Streets. Get off the couch and get ready to run with the Greater Reston Chamber of Commerce at Oktoberfest Reston. Participants are encouraged to debut their Halloween costumes and join in the fall fun with the whole family. Information and registration: oktoberfestreston.com

SATURDAY/OCT. 17

Reston International Wine Festival. Reston Town Center, 11900 Market St., Reston. Sample different and unique wine styles in a variety of international wine gardens. Tasting tickets available. washingtonwineacademy.org.

SUNDAY/OCT. 18

12th Annual Help the Homeless Community Walk. Cornerstones, 11150 Sunset Hills Road, Reston. **Reston Town Center Day.** 12-4 p.m. Reston Town Center, 11900 Market St., Reston. Join the community in celebrating the 25th anniversary of Reston Town Center and the dedication of Mercury Fountain. Free fun for all ages includes refreshments, live music and entertainment, games,

pumpkin decorating, and more. restontowncenter.com

WEDNESDAY-MONDAY/OCT. 21-26

Washington West Film Festival. Reston Town Center, 11900 Market St., Reston. A unique cinematic experience presenting fine independent films screened or premiered in three in-competition categories: dramatic features, documentary features, and short films. Schedules and tickets: wwfilmfest.com

FRIDAY/OCT. 23

Spooktacular. 6:30-8 p.m. Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy ghoulish games, a spooky craft and a children's show. Visit www.herndon-va.gov.

SATURDAY/OCT. 24

GRACE Race with Greater Reston Arts Center. 8:30 a.m. Reston Town Center Pavilion & Market Street. 5K course plus a Fun Run for kids, presented by Greater Reston Arts Center, Potomac River Running, and CRUNCH Fitness. Costumes are welcome. Enjoy free post-race family art activities sponsored by GRACE, refreshments, T-shirts, prizes and more. restonarts.org.

SATURDAY-SUNDAY/OCT. 24-NOV. 1

Reston Zoo's Zooboo. 10 a.m. - 4 p.m. Reston Zoo, 1228 Hunter Mill Road, Vienna. Designed for a younger audience, Zoo Boo offers four days of scare-free fun. Join their safe zoo neighborhood of Halloween entertainment, with kid-friendly fun around every corner.

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9:00 a.m. Holy Eucharist, Rite II
Sunday School: preschool - grade 2
Music: grades 3 - 7
10:25 a.m. Sunday School Grades 3 to 6
Music 4 years to 2nd grade
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service
Nursery care provided at 9:00 a.m. service
The Rev. James Papile, Rector
The Rev. Laura Cochran
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1700 Wainwright Dr., Reston

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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

OCTOBER

10/14/2015.....HomeLifeStyle
10/21/2015.....A+ Camps & Schools
10/28/2015.....Election Preview

NOVEMBER

11/4/2015.....Wellbeing
11/11/2015.....HomeLifeStyle
11/18/2015.....A+ Camps & Schools Schools

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Oktoberfest Reston Returns Oct. 10-11

Northern Virginia's largest outdoor fall festival.

The beer and wine will be flowing at Oktoberfest Reston produced by the Greater Reston Chamber of Commerce, one of the largest fall festivals in Northern Virginia. Oktoberfest Reston draws crowds up to 85,000. This event features the best in fall brews with traditional Oktoberfest fare from area restaurants.

Beginning on Saturday, Oct. 10, at noon, restaurants and vendors will line the streets of the Reston Town Center. Live music will fill the air with traditional German tunes from various bands and the Reston community will come alive. On

Sunday, Oct. 11, at 8:15 a.m. get ready for the Greater Reston Chamber of Commerce's Reston Pumpkin 5K, and Kids' Pumpkin Dash. Participants are encouraged to debut their Halloween costumes and join in the fall fun with the whole family. Afterwards join the Oktoberfest Scrambled Legs Breakfast, which will help runners refuel with breakfast items and beer served up from specific Oktoberfest vendors.

Oktoberfest Reston event admission is free. Food tickets are \$1 per ticket or \$20 for 24 tickets. You can purchase advance tickets on sale online at www.OktoberfestReston.com.

Oktoberfest Reston 2015

WHEN
Saturday, Oct. 10, 12 - 11 p.m.
Sunday, Oct. 11, 11 a.m. - 8 p.m.
(Race begins at 8:15 a.m.)

WHERE
Reston Town Center, 11900 Market Street, Reston

BEVERAGES

Beers on tap include: Blue Moon, Miller Lite, Samuel Adams Oktoberfest, Yuengling, Craft Beer Alley, Flying Dog, Heritage, Old Ox and Old Bust Head

RESTAURANTS

American Tap Room - Clyde's of Reston - Buffalo Wing Factory - Naked Pizza - Pittsburg Ricks - Tavern 64 Regional Kitchen - The Big Cheese - The Melting Pot - The Sprouted Spoon- and more

ENTERTAINMENT

Alpine Dancers, The Low'nBrows German Band, Gonzo's Nose, DJ Edward Daniels, Kings Park German Band, Herr Metal & Dr FU and DJ B Rok

For more information about Oktoberfest Reston and Reston Pumpkin 5K visit www.oktoberfestreston.com.



Bob Westin of the Kings Park German Band plays his strumpfiddle at Reston Oktoberfest 2012.



Herbert Traxler of the Alpine Dancers leads a toast at the Reston Oktoberfest 2012.

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Wade in the Water

Songs of Freedom, Faith and Friendship

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October 10, 2015 Reston Community Center
4:30 pm 2310 Colts Neck Road, Reston

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Special Guest: Rev. LaVerne M. Gill
Host of Reston's African American Legacy

Presented by The Reston Chorale with Mosaic Harmony and The Senior Choir of Shiloh Baptist Church
TICKETS RestonChorale.org RCC Box Office 703.476.4500 Ext. 3

The Reston Chorale is supported in part by:



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NEWS

Blue Stars Are Better than Gold

Fairfax County's 146 Energy Star-certified schools make it the most energy-efficient district in the country.

BY TIM PETERSON
THE CONNECTION

In the last year and a half, Fairfax County Public Schools have been able to reduce the energy consumption in their buildings by 15 percent. That cut down resulted in savings of \$4.5 million, according to a release Sept. 25 by the school system.

February 2014 marked the beginning of a partnership between Fairfax County Public Schools and Cenergistic, an energy conservation program firm. Cenergistic analysts set out to evaluate county campuses and reduce operating costs by increasing efficiency.

According to Dr. Randy Hoff, chief executive officer of Cenergistic, the school system spends approximately \$34 million annually on utilities while operating its more than 200 campuses.

"It's a significant expense," Hoff said at the board's regular meeting on Sept. 24. He said the job is to "ensure we're eliminating waste and maintaining comfort in the build-

ings as well."

Hoff came before the board to announce not only the energy and money-saving accomplishments of the cooperative analysis, but that with 146 Energy Star-certified schools, Fairfax County had taken the lead as the most efficient district in the United States.

Los Angeles Unified School District was the previous leader with 142 schools Energy Star-certified.

"This is important to be first on," Superintendent Dr. Karen Garza said, "because it demonstrates to our community how serious we are about taking care of the precious taxpayer dollars that we're stewards of."

"Every dollar we save," Garza added, "can be directed back to classrooms, teacher salaries, is important to our school system."

Michael Katz, with the Energy Star program and the Environmental Protection Agency, said that on average, schools with the Star certification generate about 30 percent less greenhouse gas emissions than



PHOTO BY TIM PETERSON/THE CONNECTION

Members of the Select Women's Ensemble of Annandale High School perform the National Anthem to open the Sept. 24 Fairfax County School Board meeting.

NEW AUDITOR GENERAL APPOINTED

During the board's consent agenda, Goli Trump was appointed auditor general of the six-member Internal Audit Office, taking effect Sept. 28. Fairfax County Public Schools created the position to oversee both the programs and financial evaluation aspects of the audit process.

According to a release from Fairfax County in August, Trump is tasked with "implementing a risk-based audit plan and directing audits of the school division's offices, departments, schools and programs to help manage strategic risks, improve or develop efficient and effective business processes and identify best practices."

"She has a strong background in risk management and experience in numerous industries including education, employment services, technology, marketing and transportation," School Board chairman Pat Hynes said in a statement. "The addition of an auditor general is the latest step in the board's efforts to make the School Board audit function more robust and independent."

At-large board member Ryan McElveen added that he's "excited for her to oversee our board's ever-growing audit process."

Though there have previously been leaders on the programs and financial sides of the audit, McElveen said it's the first time the two components have been overseen in this manner. "She adds a unique perspective to that office," he said.

non-certified schools. He, as well as several board members, commented on the way this energy-conserving program can both impact climate change and provide educational opportunities for students on being better stewards of the environment.

"The buildings in which we work, play and learn have a tremendous role to play in addressing this challenge," said Katz.

Katz and Hoff explained that 30 percent of energy used in school buildings is wasted, and the main power draw for utilities is heating and cooling.

So working with existing infrastructure, the Cenergistic analysts have been evaluating the schools' ventilation rates, occupancy times, humidity, transition to unoccupied buildings and circulation pumps. Hoff used the examples of snow days, summer vacation and after-school as opportunities for uses of the school to be consolidated in a way that requires less heating or cooling energy.

Hoff's next goal is reaching a 25 percent reduction in consumption, while continuing to ensure students and teachers are comfortable and in a hospitable learning envi-

ronment.

"We have a lot of runway ahead of us to improve even more," Hoff said.

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PHOTOS BY CAROL MOLESKY

Seahawk Varsity Golf Team: Khyal Kapoor, Alex Nelson, Nick Kim, Coach Carol Molesky, Kurtis Grant, Sean Shaughness and Reed Cornwall (not pictured).

South Lakes Golfer Kurtis Grant Wins Liberty Conference Tournament

South Lakes High sophomore Kurtis Grant won the Liberty conference golf tournament played at Herndon Centennial Golf Course on Sept. 21 and 22, with a total score of 141 shooting two rounds of 71 and 70. He qualifies to move onto the regional tournament on Oct. 6-7. Senior Nick Kim also placed as a medalist and will participate in the Regional tournament. The SLHS boys varsity golf team took third place overall. Reston National Golf Course is the home course for the Seahawks golf teams.



Kurtis Grant – South Lakes High School Sophomore — wins Liberty Conference Golf Tournament.



PHOTOS BY AMY GROSSMAN

Walking to End Alzheimer's

Residents, staff, family, and friends of Ashby Ponds (Ashburn) and Greenspring (Springfield) retirement communities walked together at the Alzheimer's Association's Walk to End Alzheimer's in Reston on Saturday, Sept. 26. Both communities, which offer higher levels of care including memory care, were 2015 Walk to End Alzheimer's sponsors.



PHOTO BY JON ROETMAN/THE CONNECTION

The South Lakes football team, seen during an August practice, is off to a 3-1 start.

SPORTS ROUNDUPS

South Lakes Football Improves to 3-1

The South Lakes football team improved to 3-1 with a 42-0 victory over McLean on Friday at South Lakes High School. It was the second time this season the Seahawks have defeated an opponent by more than 40 points, including a 52-8 win over Marshall in the season opener.

South Lakes will travel to face Washington-Lee at 7 p.m. on Friday, Oct. 2. The Seahawks will host rival Herndon on Oct. 9.

Herndon Football Falls to 2-2

The Herndon football team opened Conference 5 play with a 69-31 loss to Chantilly on Friday at Herndon High School, dropping the Hornets' record to 2-2.

After dropping its opener to Fairfax, Herndon defeated Stuart and Falls Church prior to Friday's loss to the Chargers.

Herndon will host Tuscarora at 7 p.m. on Friday, Oct. 2. The following week, the Hornets will travel to face rival South Lakes on Oct. 9.

Herndon Field Hockey Extends Win Streak to 8

The Herndon field hockey team extended its win streak to eight games and improved its record to 9-2 with a 2-0 victory over Thomas Jefferson on Sept. 25.

The Hornets have outscored their opponents 24-4 during the streak.

Herndon will host Centreville at 7:30 p.m. on Wednesday, Sept. 30 before traveling to face Westfield on Oct. 2 in a rematch of last year's Conference 5 championship game.

South Lakes Field Hockey to Host Hayfield

The South Lakes field hockey team will host Hayfield in Conference 6 action on 7:30 p.m. on Friday, Oct. 2.

The Seahawks (6-5) have lost two straight and four of their last five, including 2-1 defeat against McLean on Sept. 24.

Madison Football Beats Langley

The Madison football team defeated Langley 14-7 on Friday at Madison High School.

The Warhawks improved to 3-1 and have won three straight after dropping their opener to Oakton. Madison will travel to face Yorktown at 7 p.m. on Friday, Oct. 2.

Langley dropped to 0-4. The Saxons will host Fairfax on Friday.

Locked and Loaded



By KENNETH B. LOURIE

And into the breach (not to be confused with breach), I went earlier today. It wasn't exactly the Charge of the Light Brigade when breach might have been the more appropriate characterization, it was simply my annual MRI, when the doctors check to see if the cancer in my lungs has spread to my brain, which in 30 percent of the patients – the highest percentage of spread in fact – it does. So today, I had my head examined: a checkup from the neck up. Though I'm mostly asymptomatic – as usual, other than a few random headaches reported by yours truly; nothing chronic or debilitating, no pain or suffering, no dizziness or disorientation – it made for a prudent course of diagnostic action, nonetheless. I'm not really worried about the results, more like wondering, if that distinction even makes sense. Still, I'd just as soon not complicate my life any further right now. It's all fairly manageable. Involving my brain, "what there is of it," (a Three Stooges quote) however, would likely force us to confront new demons: demons which at present are mostly confined in their box (compartmentalized in my head, actually).

Now whether our feelings are the result of a possible occurrence in the brain simply being new and different or whether its appearance there would indeed be worse, we certainly don't know, but for some reason, it seems worse than a finding in the lung. Not that stage IV lung cancer is to be minimized in the least; hardly, it's a "terminal" disease; and not that I understand any more about brain cancer and the blood-brain barrier or treatment complications it can cause or can reference any statistical outcomes that support or confuse our feelings more than I can about the non-small cell lung cancer with which I am more familiar, our perception is, a confirmation of tumor activity in the brain would likely upset the very delicate balance of our figurative apple cart. An apple cart I will readily admit we've gotten used to balancing.

But I'm getting ahead (no pun intended) of myself. My oncologist was not anticipating much new information from this MRI, nor was he reacting to my symptoms as much as he was mindful of the interval of time since my last MRI: one year or so. I did/do take some comfort in his nonchalance. Although, reading a doctor's expressions or body language or attempting to interpret and understand their reasons and explanations for making certain medical suggestions is akin to taking a Rorschach test: you might see or hear what you're predisposed to – or not. There may be some fact and/or some fiction to consider, but who knows exactly what and when any of it is relevant or accurate? It might simply be a curiosity. But I have to tell you, a "curiosity" is the last thing a "terminal" patient wants to hear or perceive from his oncologist. I want the truth – as I've always told him, and anything to do with the brain truthfully makes me feel unlocked, unloaded and in trouble. Maybe "breach" is the more appropriate word. I suppose I'll know soon enough. I'll just have to be patient. Something I've been very good at being for six years and seven months, exactly.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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To have community events listed in the Connection, send to north@connectionnewspapers.com by the Friday prior to the following week's paper.

TUESDAY/OCT. 6

Reston Garden Club Meeting. 1 p.m. Nature House, Walker Nature Center, 11450 Glade Drive, Reston. The speaker for the month of October is Barbara Glickman, author of "Capital Splendor-Gardens and Parks of Washington, D.C." Glickman will present a framework of landscape garden designs using photos presented in the book as visuals for viewing these features. She will highlight some of the features of the gardens and provide some historical information of the gardens she will be featuring. Guests and members are welcome. <http://www.therestongardenclub.com>.

WEDNESDAY/OCT. 14

Reston - League of Women Voters Program on "The 2011 Virginia Redistricting: the Continuing Saga." 7:30-9 p.m., Reston Community Center-Hunters Woods, 2310 Colts Neck Road, Reston. The League invites members and the public to learn and discuss the latest legal and political actions and possible effects on the Virginia legislative district lines drawn following the 2010 Census. Could they affect this year's elections? Learn what Northern Virginia districts are named in the latest Court case. The General Assembly drew the lines in 2011; is there a better way? Join the discussion. Free, open to the public (men and women). 703-471-6364. Background papers at www.lwv-fairfax.org.

ONGOING

Free Support Group for Parents with Children with Autism. Saturdays at 10-11 a.m. 462 Herndon Parkway, Suite 202, Herndon.

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free 12 step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

The congregation of the **Greater Little Zion Baptist Church in Fairfax** will be celebrating its 124th Anniversary on Oct. 18. The theme for this 124th Anniversary is Faith, Family and Friends: Building Faith, Uniting Family, and Fellowshiping with Friends, Galatians 6:10. In advance of that service, they have scheduled a night of Revival and a Pre-Anniversary Praise and Worship Concert.

❖ **Revival** - Thursday, Oct. 15 at 7:30 p.m. Rev. Dr. Vernon C. Walton-Guest preacher (First Baptist Church of Vienna)

❖ **Pre-Anniversary Praise and Worship Concert** - Friday, Oct. 16 at 7:30 p.m. Featuring local and regional music groups and praise dancers.

Zion Day Service - Sunday, Oct. 18 at 9:45 a.m. Rev. Dr. Robert F. Cheeks, Jr. -Guest preacher (Shiloh Baptist Church, McLean)

LOCATION: Greater Little Zion Baptist Church, 10185 Zion Drive.

Rev. Dr. James T. Murphy, Jr., Pastor. For more information, call the Church Administration Office at 703-764-9111

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

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