

<u>Fairfax Water</u>

NOTICE OF PUBLIC HEARING

Resolution Authorizing Acquisition of Property Necessary for Public Purposes by Condemnation or Other Means

November 19, 2015 at 6:30 p.m.

The Fairfax County Water Authority ("Fairfax Water") will hold a public hearing pursuant to Va. Code Ann. § 15.2-1903(B) at 6:30 p.m. on Thursday, November 19, 2015, to receive and consider public comments on the proposed acquisition of a certain parcel of real property by condemnation or other means. That parcel is located at 8515 Lee Highway, Fairfax, VA and is more particularly described as Fairfax County Tax Map Parcel No. 049-3-01-0050A (the "Property"). Fairfax Water seeks to acquire the Property for public use to serve as the site for a new central maintenance facility that Fairfax Water must construct and operate to meet the existing and future public water service requirements of its customers. Following the public hearing, Fairfax Water's Board may vote on or after November 19, 2015, to adopt a Resolution approving the proposed public use and authorizing and directing the acquisition of the Property for the public use by condemnation or other means.

A proposed Resolution and other related information will be made available for public review prior to the public hearing at Fairfax Water's Website: http://www.fairfaxwater.org

The public hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA 22031. Those wishing to speak at this hearing or desiring a copy of the proposed Resolution when it becomes available should call Eva Catlin at (703) 289-6017. Interested parties also may submit written comments to PublicHearingComments@fairfaxwater.org or mail written comments to:

Fairfax Water Public Hearing Comments 8570 Executive Park Avenue Fairfax, VA 22031

All written comments must be received by close of business on Wednesday, November 18, 2015 to be included in the record of the public hearing.

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Voting for Better Schools

Talking with voters at Vienna Elementary.

By Marissa Beale The Connection

ienna residents cast their ballots at Vienna Elementary School on Election Day on Tuesday, Nov. 3. The Public Safety Facilities Bonds and Public School Bonds were both presented on the referendum. If voted in favor, the Public Safety Facilities Bonds would allow the Fairfax County Government to issue bonds in the maximum amount of \$151,000,000 to fund construction, reconstruction, improvement and acquisition of public safety facilities. The Public Schools Bonds, if voted in favor, would allow the County government to issue bonds in the maximum amount of \$310,000,000 for planned improvements to the County's public schools. These plans would include constructing new schools, new plan and design projects, renovations and other needs.

"Some think no bonds mean lower taxes, but that's not true," said Dan Press, who was a volunteer at

the polls on Tuesday. "But the bigger issue is control of the Virginia senate and school board. Better schools mean better property values."

The state of public schools in the County was a topic of concern among several voters.

"Funding for schools needs to increase, especially teacher pay," said Vienna resident Heidi Thomas. "If schools are not funded, they are not going to improve and property values are going to go down." Another voter cited information being taught in the classroom as an issue of concern.

"Some Republicans are against teaching evolution in schools. I have no kids of my own, but it's important for children to receive a well-rounded education," said Vienna resident Stephen Sickels.

This election drew a smaller crowd, with no anticipation of long lines.

"The overall county voter turnout for this election is projected to be around 30 percent," said Karen Akers, chief election officer at the Vienna Elementary School polls.

VIEWPOINTS

What were the most important issues for you in this year's election?



Heidi Thomas, attorney:

"The most important issues are school funding and teacher needs. The pay, especially, needs to increase. I think that if schools aren't funded they're not going to improve and property values will de-



Sharon Kiernan, physician:

"The most important issues are transportation, so that we have adequate ability to get around the congested area. The second is education, and the third is a reasonable approach to gun safety.



Beth Glicker, nurse:

"I'd like to see the State approve Medicaid expansion. It's not on this year's ballot, but it's impor-



Stephen Sickels, program manager and software devel-

"The most important issue I'm concerned about is the school board. I voted democratic. Some republicans were against teaching evolution in schools. I have no kids of my own but it's important for children to receive a well-rounded education."



Richard McCarty, political researcher:

"The important issues are taxes, roads and education. I'm voting for Bryan Wolfe for Sheriff. He warned that deputies need to be warned how to deal with mentally ill people. Stacey Kincaid doesn't get it. I don't understand why democrats would reelect her."

-Marissa Beale



Dan Press, attorney:

"Bond issues are important to the County to continue building infrastructure. With the growing population and aging infrastructure it's important to improve public safety facilities. By doing bonds, it allows the County to spread out the cost over several years. The County's got good bond rating, so the interest rate is pretty low. It's all about maintaining jobs and quality of life."



From left, Katie DiFranciso and Lila Roades, 10thgraders at James Madison High School are Fairfax Athletic Council's Champions of Character.

Champions of Character

lete, Vienna Youth Soccer

Lila is an active athlete in Vienna. She has played soccer and basketball since she was in kindergarten and she is currently on the James Madison High School team for each of those sports. While playing for the high school and local travel teams, Lila maintains an A average in her academic classes. She is a certified Red Cross Babysitter and she is trusted in her neighborhood as a valuable evening resource. Lila has a dear friend with epilepsy and she has raised thousands of dollars for the National Epilepsy Foundation, in support of research, to help find a cure. She also raises money each year for the Heifer Foundation. The foundation sends livestock to developing countries, which then empowers those families to rise above. Aside from the charity work, the successful career as a student athlete and the community outreach, Lila somehow finds the time to coach a young girls team for Vienna Youth Soccer. The girls

Lila Roades, Female Ath- look up to Coach Lila as a strong female role model and they hang on her every word.

Jelani Murray, Male Athlete, Marshall High School

Jelani Murray is one of the strongest student athletes, both academically and athletically, to attend Marshall High School in many years. This young man leads by example. His teammates and peers follow him because of his mature attitude and stunning work ethic. Multiple faculty members have commented that Jelani is the "most mature and hardworking student athlete" they have ever coached or been around.

In the classroom, Jelani carries an IB workload and maintains a 4.015 grade point average. He finds time for work in his community. He has volunteered to work many hours at high school summer camps. He also volunteers to work at various fundraisers, including Christmas tree and mulch sales. His basketball coach at Marshall made the following comments: "He is unselfish in

SEE CHAMPIONS, PAGE 5



Jelani Murray, of George C. Marshall High School, and Margaret Kerfoot, of Vienna, are two of Fairfax Athletic Council's Champions of Character.

News



Girl Scout Troop 5386 marches during the Vienna Halloween Parade.

Vienna Holds Halloween Parade

fter being rescheduled due to the rain, the Town of Vienna held its 69th Annual Halloween Parade down Maple Avenue on Thursday, Oct. 29. With thousands of spectators lining the streets, the parade included local politicians, police and fire vehicles, scouting troops, little league teams, color guards, floats and marching costumed children with their parents.

— Steve Hibbard





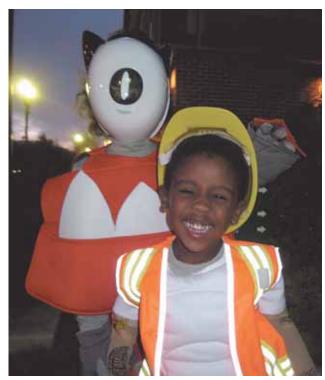
Gabriela, Daniela, and Olga Hernandez of Vienna.



Daniel Woosley, Kenley and Samantha McArdle of Vienna.



Natlyun Kim, Minju Kim, Jay Chang and Sarah Chang dressed in costumes.



Gabrielle and Hudson Antoine of Vienna before Eva Ulmer and Avery Burger, both of Vienna. the parade.





Misaki Konno of Annandale and Sofia Genter of Vienna as two Rapunzels.

NEWS

Champions of Character

From Page 3

his personal relationships and he possesses the innate ability to empathize with others. I believe Jelani will be successful in any area that he chooses to pursue in life. I cannot think of a better candidate to represent our program, our school and our community as a Champion of Character".

Katie DiFrancisco, Female Athlete, Vienna Girls Softball League

Katie is a positive role model, not only for her teammates, but also for players on opposing teams. Katie attends every practice and game with a smile on her face. As a pitcher, she is happy to strike batters out, but she is also thrilled when they get a hit. When she plays first base, she makes sure to congratulate opposing hitters who get hits and reach base safely. She does this all while making great plays in the field.

She is a member of the James Madison High School field hockey and softball teams. She also plays basketball for VYI, softball for VGSL and field hockey for Beyond Sticks.

As a student, she takes a full honors curriculum. She is involved in the Girl Scouts of America. She is active in Young Life. She is a member of Virginia Girls Summit, a program which empowers girls to achieve their goals. Katie was even an international finalist in the Council of Education Facility Planners International, Green School of the Future design competition.

Margaret Kerfoot, Parent, Marshall High School pyramid/ Vienna Youth Soccer

As the president of Vienna Youth Soccer Margaret worked tirelessly with VYI and Marshall High School administration to coordinate both school and community needs. When Margaret's oldest son went to Marshall, she jumped right into a volunteer role as a member of the Booster Board. She quickly became Vice President, and for the last four years she has served as the president. She is quick to volunteer whenever the need presents itself. Before her service at Marshall, Margaret was also the PTA president at Freedom Hill Elementary School for two years. She then served as the PTA president at Kilmer Middle School. Her peers describe her as an amazing leader and role model. Her commitment to Marshall has also made the jobs and lives of school administration much easier. They are very grateful for her service and her assistance. All of her work, along with her Booster Board, has transformed the Marshall High School athletics program. In the past two seasons alone, Marshall has achieved 18 conference championships, including six in two days this past spring. Margaret Kerfoot embodies the precise definition of a Champion of Character. The Champions of Character awards program honors youth, coaches and parents for extraordinary service in pursuing victory with honor.





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OPINION

Coming: Children's Connection 2015

Get ready to send your submissions soon.

uring the last week of each year, The Connection devotes its entire issue to the creativity of local students and children. The results are always remarkable. It is a keepsake edition for many families. And even readers without children of that age spend time admiring and chuckling over the issue. The annual Children's Connection is a tradition of well over a decade.

We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or

gardens or other creative ef-EDITORIAL

We ask that all submissions be digital so they can be sent through email or delivered on CD or flash drive. Writing should be submitted in rich text format (.rtf). Artwork should be photographed or scanned and provided in jpeg format.

Some suggestions:

Drawings or paintings or photographs of your family, friends, pets or some favorite activity. These should be photographed or scanned and submitted in jpeg format. Photos of sculpture or larger art projects are also wel-

Editor's Note on **Election Coverage**

Eight of the 15 Connection Newspapers go to press during the day on Tuesdays, this paper among them. While reporters visited polling places and filed photos and short stories during the day on Election Day, election results were not yet available when this paper went to press. See www.ConnectionNewspapers.com for results, and next week's papers for more insight.

Mary Kimm

MKIMM@CONNECTIONNEWSPAPERS.COM

come.

- ❖ Short answers (50 to 100 words) to some of the following questions: If you could give your parents any gift that didn't cost money what would that gift be? What are you most looking forward to in the upcoming year? What is one thing that you would change about school? What do you want to be when you grow up? What is your favorite animal? What is your favorite toy? What makes a good parent? What makes a good friend? What is the best or worst thing that ever happened to you? What is the best gift you've ever given? Ever received?
 - ❖ Your opinion (50 to 100 words) about traf-

fic, sports, restaurants, video games, toys, trends, politics, etc.

- Poetry or other creative writing.
- News stories from school newspapers.
- Photos and text about activities or events. We welcome contributions from public and

private schools, individuals homeschoolers. To be published, we must have first and last name of the student. Please include the student's age and/or grade, school attended and town of residence.

Email submissions for the Children's Connection to editors@connectionnewspapers.com.

Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location. Please provide the submissions by Friday, Dec.

To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD or flash drive to Children's Connection, 1606 King Street, Alexandria, VA 22314.

Please send all submissions by Dec. 4. The Children's Connection will publish the week of Dec. 28, 2015.

You can see last year's editions by visiting www.connectionnewspapers.com/PDFs/ and scroll down to Children's Edition.

■ Vienna & Oakton

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COMMENTARY

Real Solutions for Real Problems on Roads

The truth behind I-66 inside the Beltway.

BY AUBREY LAYNE

SECRETARY OF TRANSPORTATION FOR THE Commonwealth of Virginia

irginians deserve a healthy public discussion about how best to improve our transportation system. But that discussion must also be grounded in fact, not political rhetoric. Unfortunately, the leadership of the House Republican Caucus is engaged in a campaign of misleading and flatly incorrect information on the McAuliffe administration's proposal to improve I-66 inside the Beltway. So in the interest of good public policy, here are the facts.

 $\boldsymbol{\diamondsuit}$ Fact 1: Despite unfounded claims to the contrary, dynamic tolling on I-66 will reduce

In 2013 the McDonnell Administration released a study on reducing traffic congestion in the I-66 corridor. It was the third such study

The study stated that dynamic tolling and multi-modal improvements could move 40,000 more people a day through the I-66 corridor, which is equivalent to 10 additional interstate lanes in the morning and another 10 in the evening. The proposal would increase travel speeds from today's low of 5 miles per hour to a more reliable pace of 45 miles per hour or

The tangible congestion alleviation benefits this proposal will generate have led the Fairfax and Loudoun County Chambers of Commerce to express support for the proposed improvements. We are working collaboratively with Fairfax, Arlington and Falls Church on the proposed project. Just recently the Washington Metropolitan Council of Governments' Transportation Planning Board approved adding this project to the region's Constrained Long Range

❖ Fact 2: The McAuliffe administration's proposed changes will only add more choices for I-66 commuters without impacting current

If you currently carpool through the corridor, you will ride free as you always have. If you are a solo driver who used to have to exit I-66 and take secondary roads to and from work, you will now have the option to pay a toll and remain on I-66 all the way into the city. Despite the disinformation political opponents are disseminating, tolling would only be in effect during peak hours, and this proposal offers more drivers the option of a fast and reliable trip without impacting current HOV commuters.

* Fact 3: Travel times on parallel routes will either improve or stay the same.

Studies show dynamic tolling will manage traffic more efficiently on I-66 inside the Beltway and parallel roads. In fact, this proposal will reduce traffic on parallel routes heading to D.C. in the morning, by offering more

solo drivers the choice of paying a toll and staying on I-66.

VDOT has conducted a detailed analysis that shows no impacts on parallel routes, meaning that drivers who take Route 50 can expect roughly the same travel times in 2017 as they can today.

❖ Fact 4: Toll revenues will be used to help move even more people through the corridor.

Studies reveal that dynamic tolling itself is a mechanism for managing congestion and reducing travel times - and every cent from that tolling on I-66 will be used to even further reduce congestion in that corridor. This is a selffinancing project and will not take funding away from other transportation improvements.

Again, contrary to what House Republicans have conjured, it would be against the law to use those revenues for bike paths in the woods or road improvements in other parts of Northern Virginia or the state.

Since the state will own and operate the facility and collect tolls, excess revenues will not go to the profit of large corporations. All monies will directly benefit the corridor to enhance motorist through-put.

❖ Fact 5: Widening I-66 inside the Beltway will take place – if necessary.

It is the Secretary of Transportation's job to ensure that transportation funds are spent wisely. In the case of I-66, that means implementing the most cost-effective solutions first, before we consider spending over \$100 mil

SEE REAL SOLUTIONS, PAGE 7

OPINION

Real Solutions

From Page 6

lion to perform even a limited widening of I-66.

The Governor's proposals for I-66 will better manage traffic flow at a fraction of the cost of widening the road. We owe it to taxpayers to exhaust low-cost solutions, but, if after 5 years, vehicles are

COMMENTARY

not traveling at free flow on I-66 during rush hour,

then toll revenues will be used to widen the road.

❖ Fact 6: Doing nothing is not an option.

Opponents of the Governor's proposal for I-66 have a host of complaints. What they have yet to put forward are facts to back those claims, or real ideas for moving Virginians through the I-66 corridor more quickly. I am confident that this plan meets the transportation and political realities of this corridor – and that allowing campaign gamesmanship to block progress is not an option.



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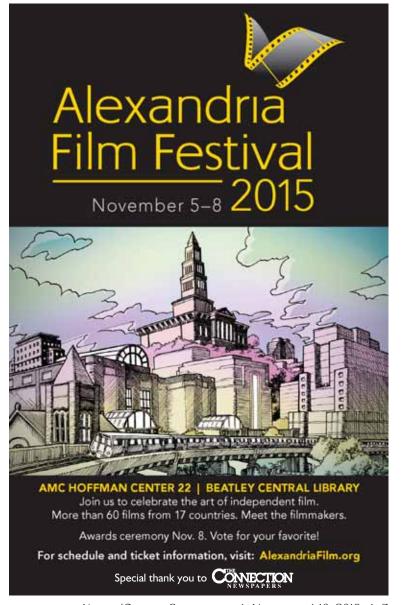
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Gearing up for Thanksgiving Turkey Trots Local fitness experts suggest a training plan that will get you off the couch in time for Turkey Day.

BY MARILYN CAMPBELL THE CONNECTION

hen many of us are still in bed early Thanksgiving morning, Susan Colarco will be lacing up her shoes, joining a group of friends and getting ready to hit the road for the Arlington Turkey Trot as she has done for many years

"I've run this race more times than I can count and it's always a great time," said Colarco, a Road Runners Club of America certified

running "Up your coach. On a day as training notorious for sloth distance each and glutweek, but do tony as it is for gratiit in small tude and family, hunamounts." dreds thousands

- Richard L. Steele, assistant dean of across the Thanksgiving Day. physical education, country **Community College**

ries and spend time with friends in what have become known as turkey lington trots. Running USA, a nonprofit orga-



of runners Arlington running coach Susan Colarco will run in the Arlington Turkey Trot on

Northern Virginia pound the pave- nity to get outside, do something in the comment to raise munity and stay active to counter the cold coach for True Health and Wholeness in Ar- ity."

While Colarco and her running mates train nization for the running industry, re- year-round, there's still time to get in shape ports that the number of people en- and choose a turkey trot this year. "Many tering races on Thanksgiving Day now competitive and enthusiast runners start surpasses those who race on July 4th. with 3 or 5K races," said Richard L. Steele,

Northern Virginia Community College in Alexandria. "I tell most people to pick race that money for char- weather and extra helpings of mashed po- is conveniently located ... or has special ity, burn off calo- tatoes," said Colarco, who also works as a meaning to them personally, [like] a char-

> Preparing for a turkey trot usually consists of dietary retooling, aerobic exercise and strength training.

"Typically, the folks I work with run between three and five times a week with some weight training and ... cross-training worked "[These races] are a great opportu- assistant dean of physical education at into the schedule," said Colarco. "The dis-

Locate a **Local Turkey Trot**

http://www.runningintheusa.com or http://www.runnersworld.com/race-finder

tance and intensity vary based on the experience and fitness level of the run-

Colarco tailors her training regiment to the environment of the chosen race. "For example, if it's a hilly race, we'll definitely work some hills into the training plan," she said. "If it's a trail race, we'll leave the nice paved running routes behind and head off

"Up your training distance each week, but do it in small

amounts," said Steel. "A new runner should aim for three to five days per week of training," he said.

Creating a realistic training scheddaily schedule is the key to becoming race-ready on Turkey Day, says Colarco. "I really try to take into account the fact that most of the runners in this area are working profes-

sionals with a lot on their plates. I work with my clients to determine not just what they should be doing, but realistically, what they can do given the stresses of everyday life."

Diet, both on the day of the race and the days and weeks leading to it, is an oftenoverlooked component of race training. "Eat a high-energy meal about an hour before the race," said Steel.

"Eating within an hour can lead to upset stomach. ... You may need to increase your calories, but don't go crazy. If you are eating natural foods, free of artificial fats, added sugars and other chemicals, your body will respond in an amazing way."

Protecting against injuries that can be sustained from the unrelenting pounding of the pavement, is another important, but often overlooked part of running. "You get an avner, the goal they are aiming for and the course of a 5K," said Christian Elliot, a any injuries they may be working personal trainer and founder of True Health and Wholeness. "Strength training helps vour body handle the blows, and there's no

> "Get outside, do something in the community and stay active to counter the cold weather and extra helpings of mashed potatoes."

> > — Susan Colarco, certified running coach

downside to having strong muscles." Weight training exercises for the legs should be done two to three days per week, advises Steel. "You can hit the weights at ule that works in harmony with one's the gym, do Pilates or use body weight, whatever you enjoy. Focus on light to medium resistance with higher repetitions to build muscle endurance; 12 to 15 repeti-

"It has been proven that runners who do strength training have fewer knee injuries," added Chance Heare, of Koko FitClub in Herndon, Reston and Great Falls. "Strength training builds the stabilization muscles to support the joints and runners who strength erage of about 4,500 blows to your joins over train tend to get fewer injuries and have better endurance."

> The most common injuries associated running are ankle and knee sprains, shin splints, stress fractures, runner's knee and plantar

fasciitis. "Sprains and blisters are very common during races," said

Running shoes play an important part of injury prevention, but "by itself can't prevent all injuries," said Nelson Cortes, Ph.D., an associate professor in the Sports Medicine Assessment, Research & Testing Laboratory at George Mason University in

"Everyone has different foot and lower body morphology and it's important that running shoes are appropriate.'

In addition, a daily full-body stretching routine "will help with injury prevention and performance," said Steel. "You'll be surprised how much better you feel in general after tions, two to three sets for each exercise doing this for about a week or two."





Caregiver Telephone Support day, Nov. 10, 7-8 p.m. Register

and click on Caregiver Support.

Northern Virginia Caregivers Conference — "Prepare to Care: Getting Your Ducks in a Row,' Wednesday, Nov. 11, 8 a.m.-3:30 p.m. at the Korean Central Presbyterian Church, 15451 Lee Highway, Centreville. Speakers share their extensive knowledge on topics important to caregivers of persons with dementia. \$30 includes continental breakfast, lunch, and materials. Register at http://states.aarp.org/ nov11/. For more information call **703-324-5425**, TTY 711.

nity Center, 1234 Ingleside Ave., click on 2015 Caregiver Seminars. McLean. To register call Sydney Duberstein at **703-790-0123**, TTY

Fairfax County's free **Family** 711. Visit www.fairfaxcounty.gov/dfs/ olderadultservices/vicap.htm.

Fairfax County's free **Seminars for** at Family Caregivers of Older Adults www.fairfaxcounty.gov/olderadults are held throughout the county in No-

> ***** Strategies for Difficult Conversations take place on Monday. Nov. 2, 7-8:30 p.m. at George Mason Regional Library, 7001 Little River Turnpike, **Annandale**. Learn how to have conversations with an older family member about driving, accepting help in the home or moving to a safer environment. Register at www.fairfaxcounty.gov/ olderadults and click on 2015 Caregiver

* AARP's Prepare to Care Workshop takes place on Thursday, Nov. Fairfax County is offering a free brary, 2501 Sherwood Hall Lane, Dance. presentation on **Medicare 101** on **Alexandria**. Learn how to care for

* Scams and Financial Crimes

against Seniors takes place on Tuesday, Nov. 10, 3-4:30 p.m. at the 1801 Cameron Glen Drive, **Reston**. Older adults as well as family members, caregivers, and service providers are Register www.fairfaxcounty.gov/olderadultsand click on 2015 Caregiver Seminars.

> ***** Five Questions to Consider **About Paying for Long-Term Care** - WEBINAR, Wednesday, Nov. 18, Noon-1:00 p.m. Register beforehand at www.fairfaxcounty.gov/olderadults and click on 2015 Caregiver Seminars. Call **703-324-5484**, TTY 711.

The Hollin Hall Senior Center in **Alexandria** needs a volunteer to help with fish aquarium upkeep and instructors for the following classes: Basic

For these and other volunteer opportu-Wednesday, Nov. 18, 11:30 yourself and your loved ones. Register at nities, call 703-324-5406, TTY 711 or nities, call 703-324-5406, TTY 711 or a.m.-1:30 p.m. at McLean Commuwww.fairfaxcounty.gov/olderadults and visit www.fairfaxcounty.gov/dfs/ olderadultservices/volunteer-

The **Herndon Adult Day Health** Care Center needs a Bingo Caller and an **Art Therapy Assistant**. For these and other volu call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/dfs/ olderadultservices/volunteer-

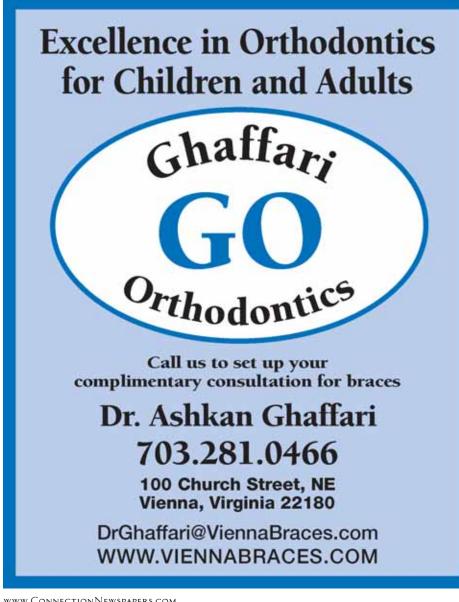
The Kingstowne Center for Active Adults in Alexandria needs a Hula Hoop Class Leader and instructors to teach Country Western Line Dance, African Style Dance and **Mosaic Art or Jewelry Making**. For call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/dfs/ olderadultservices/volunteer-

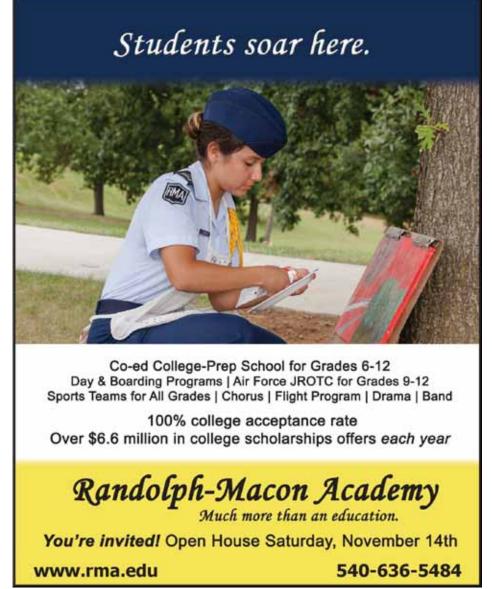
Fairfax County needs volunteers to ults to medical ar **pointments** and wellness programs. For these and other volunteer opportuvisit www.fairfaxcountv.gov/dfs/ olderadultservices/volunteer-

The Lewinsville Senior Center in McLean needs instructors for the following classes: Line Dance. **Zumba Gold, Certified Arthritis** Exercise, Square Dance, Basic Guitar, Art and Basic Spanish. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ dfs/olderadultservices/volunteer

The Sully Senior Center in Centreville needs a certified per**sonal trainer**, preferably with experience working with older adults. For these and other volunteer opportunities, call 703-324-5406, www.fairfaxcounty.gov/dfs/ olderadultservices/volunteer-

The Herndon Senior Center needs Social Visitors and a Baked Goods Table Manager. For these and other volunteer opportunities. call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/dfs/ olderadultservices/volunteersolutions.htm.





Entertainment

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

ONGOING

Two Simultaneous One Man Shows. Through Saturday, Nov. 14. 10 a.m.-5 p.m. The Frame Factory, 212 Dominion Road NE, Vienna. Figurative artists David Cochran's and Joseph Sheppard Rogers' work will be on display.

The 53rd Annual James A. Bland Contest.

Through Monday, Feb. 15. Vienna Assembly of God Church, 100 Ayr Hill Avenue, Vienna.

Sponsored by the Vienna Host Lions Club, the contest will include school age (elementary and high school) vocalists and instrumentalists who will each present a song or piece of no more than eight minutes and will be judged by local experts in their field. Cash prizes will be awarded to 1st and 2nd place winners in each category. Contest will be on Saturday, Feb. 20, at 1 p.m. Information and an application can be obtained by contacting Lion Susan Stiles at sandcs89@yahoo.com or 703-938-1142. The deadline for applications is Monday, Feb. 15.

THURSDAY/NOV. 5

Penny University Event. 7-8:30 p.m. Caffe Amouri, 107 Church St. NE, Vienna. Trisha Stotler, a senior teacher with the Insight Meditation Community of Washington, presents "Mindfulness Practices for Staying Sane During the Holidays". Learn three techniques to bring more peace and joy into your life and the holiday season! No prior meditation experience required. Free. 703-938-1623.

Sister Sparrow and the Dirty Birds. 8 p.m.

The Barns, Wolf Trap, 1645 Trap Road Vienna.
Formed in 2008 by lead singer Arleigh
Kincheloe, Sister Sparrow delivers high-energy
anthems with her Dirty Birds. The band is
currently touring behind its new release, The
Weather Below (2015), a collection of hard-soul
anthems that further bolsters the group's self-



penned catalogue of hits. Tickets: \$20 advance; \$25 day of. For more information, visit http://www.wolftrap.org/ or call 703-255-1900.

FRIDAY-SATURDAY/NOV. 6-7

"Eclectic Essentials." 8 p.m. Vienna Baptist Church, 541 Marshall Road, SW, Vienna. The Vienna Theatre Company will maintain its presence through the Vienna Community Center renovation starting with an evening of one act plays presented at the Vienna Baptist Church. From plays that touch the core of new and old friendships to zany plays bordering on absurdity to a new play from Singapore that was recently performed at the Kennedy Center, VTC is

bringing together a diverse evening of short pieces for your entertainment. Tickets available at the door or at vtcshows@yahoo.com. \$15.

"The Brothers Grimm Spectaculathon." 7:30 p.m. Olson Theater, Flint Hill School,3320 Jermantown Road, Oakton. Two narrators and a large cast will attempt to recreate all 209 of the fairy tales of the Brothers Grimm in a wild, fast-paced extravaganza. To make it more difficult, they will attempt to combine them into one gigantic fable. Free. www.flinthill.org. tmitchell@flinthill.org.

SATURDAY/NOV. 7

Bruce Vilanch and Judy Gold. 9 p.m. The Alden, McLean Community Center, 1234 Ingleside Ave., McLean. "An Evening with Bruce Vilanch and Judy Gold," the comedians pair up for separate stand-up sets united by their gay, Jewish identities and raunchy, sidesplitting observations. Mature audiences. \$20/\$35. www.aldentheatre.org. 703-790-0123.

www.aldentheatre.org. 703-790-0123.

Flicker of Hope Foundation 5k Walk. 10
a.m.-noon. Fire Station, 400 Center St. S,
Vienna. The walk starts and ends at the Vienna
Volunteer Fire Department, Engine 402. Register
online as a walker, sponsor or donor. The walk
will be followed by refreshments and a raffle
with items supplied by area merchants. Benefits
survivors of traumatic burn injuries.
www.flickerofhope.org.

SUNDAY/NOV. 8

Filene Center Backstage Tour. 2 p.m. Wolf
Trap National Park for the Performing Arts,
1635 Trap Road, Vienna. Stand on a world-class
stage, learn how a theater runs, and get a sneak
peek at where the stars get ready. Tours are
limited to 30 participants. 703-255-1827 to
RSVP or for additional information.

Mountain Heart. 7:30 p.m. The Barns, Wolf
Trap, 1645 Trap Road, Vienna. Mountain Heart
is described by "Bluegrass Today" as "one of the
most daring and experimental string bands in
the world, incorporating...country, and rock
elements into their basic bluegrass format."
Mountain Heart has been an active performing
group since 1999 and they are putting final
touches on its highly anticipated new album in
between dates of its coast-to-coast 2015 tour.
Tickets: \$25-\$27. For more information, visit

http://www.wolftrap.org/ or call 703-255-1900. **Elska**. 2 p.m. The Alden Theatre, 1234 Ingleside
Ave., McLean. Hiddi Hiddi! That's how to say
hello on the Island of Elska, the imaginary
volcanic island off the coast of Iceland that is
home to the singer Elska and a small population
that includes her two-foot-tall best friend the
Goobler, an arctic fox and a colony of lost socks.
Ages 4+. \$10, \$15. www.aldentheatre.org. 703790-0123

Living for 32. 7-9 p.m. Emmaus United Church of Christ, 900 Maple Ave., East. Vienna. This 40minute film tells the story of Colin Goddard, a 2007 VA Tech massacre survivor. Goddard and the mother of another victim will present what can be done to stem further gunviolence. Discussion follows. Free. www.emmausucc.org. 703-281-2432.

TUESDAY/NOV. 10

Paul Thorn. 8 p.m. The Barns, Wolf Trap, 1645
Trap Road, Vienna. Paul Thorn, who has a
unique background as a former professional
boxer, brings to the Barns lively music. As a son
of a Pentecostal preacher, gospel has strongly
influenced Thorn's sound, and he explores the
dichotomy of the sacred and the profane in his
2010 album Pimps and Preachers. Tickets: \$25\$27. For more information, visit http://
www.wolftrap.org or call 703-255-1900.

WEDNESDAY/NOV. 11

California Guitar Trio. 8 p.m. The Barns, Wolf Trap, 1645 Trap Road, Vienna. California Guitar Trio brings music in a variety of repertoires spanning jazz, classical, rock, world music. Their most recent album, 2014's Masterworks, focuses exclusively on classical music from composers such as Bach, Beethoven, Schubert, Vivaldi, and Arvo Pärt. Tickets: \$25. For more information, visit http://www.wolftrap.org/ or call 703-255-1900.

THURSDAY/NOV. 12

Debby Boone. 8 p.m. The Barns, Wolf Trap, 1645
Trap Road, Vienna. As a three Grammy Awards
winner, Debby Boone, the prolific musical
theatre actress, starred as Rizzo in the Broadway
revival of Grease, Maria in Lincoln Center's 30th
Anniversary production of The Sound of Music,
and has had roles in other major productions.
Tickets: \$35-\$40. For more information, visit
http://www.wolftrap.org/ or call 703-255-1900.
BV Wine Dinner. 7-9 p.m. Ruth's Chris Steak

BV Wine Dinner. 7-9 p.m. Ruth's Chris Steak House, 8521 Leesburg Pike, Vienna. oin Ruth's Chris Steak House in Tyson's Corner as executive Jean Bosch presents a five-course surf and turf dinner paired with elegant wines from BV Tapestry Meritage. \$79+tax and tip. salestysons@ruthschris.com. 703-848-4290.

FRIDAY/NOV. 13

Kuok-Wai Lio and Zoltán Fejérvári, Duo

Piano. 7:30 p.m. The Barns, Wolf Trap, 1645 Trap Road, Vienna. The young piano duo that made a huge splash at the Marlboro Music Festival in 2014 comes to The Barns days before their Carnegie Hall Debut—hear these awardwinning musicians present captivating solo and partner arrangements. Tickets: \$35. For more information, visit http://www.wolftrap.org/ or call 703-255-1900.

SATURDAY/NOV. 14

Model Trains and Thomas at Open House.
1-5 p.m. 231 Dominion Road NE, Vienna. See and hear model trolleys and steam and diesel trains plus Thomas and some of his friends in the Historic Vienna Train Station along the W&OD trail just past the Caboose. 703-938-5157. www.nvmr.org.

Vienna Arts Society Reception. 10 a.m.-6 p.m. Vienna Arts Society, 115 Pleasant St. NW, Vienna. This exhibition will show paintings reflecting VAS members' personal memories. Two exhibits, Memories and Big Show/small works. Free. www.ViennaArtsSociety.

Indoor Street Market. 9 a.m.-4 p.m. Forestville Elementary School, 1085 Utterback Store Road, Great Falls. Start your Holiday shopping and get in the spirit of the giving season! This is a one day Super Sale event featuring over 35 local vendors, entertainment by young local artists, baked goods, caricature artists, a raffle and silent auction that will surely keep the attention of all ages. Free. www.forestvillepta.org.

Fall Bazaar and Craft Show. 10 a.m.-4 p.m. Vienna Volunteer Fire Department Auxiliary, 400 Center St. S, Vienna. Features crafts and home-based businesses. Offered for sale will be crafts, holiday decorations, items for your home and gifts for that special someone. A delicious lunch menu is planned, as well as a bountiful homemade baked goods table. 703-309-3468. Dancers1023@aol.com. Free.

WEDNESDAY-THURSDAY/NOV. 18-19

Suzanne Vega Duncan Sheik. 8 p.m. The Barns, Wolf Trap, 1645 Trap Road, Vienna. Grammy Award-winning folk star of "Luka" and "Tom's Diner" (Vega) and Tony Award-winning Spring Awakening composer (Sheik) join forces for a night of their hit songs, as well as music

SEE ENTERTAINMENT, PAGE 11



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Entertainment

From Page 10

they created for Vega's Off Broadway musical debut, Carson McCullers Talks About Love. Tickets: \$55-\$60. For more information, visit http:// www.wolftrap.org/ or call 703-255-

FRIDAY/NOV. 20

Rickie Lee Jones. 8 p.m. The Barns, Wolf Trap, 1645 Trap Road Vienna. Experience the critically acclaimed singer/songwriter's "exceptional blend of jazz, soul, [and] rock" (NPR) that defies convention, as Rickie Lee Jones, Double Grammywinning singer, delivers fan favorites and songs off her new, "most absorbing album" (Uncut), The Other Side of Desire. Tickets: \$35-\$45. For more information, visit http:// www.wolftrap.org/ or call 703-255-1900.

SATURDAY/NOV. 21

Filene Center Backstage Tour. 10 a.m. Wolf Trap National Park for the Performing Arts, 1635 Trap Road, Vienna. Stand on a world-class stage, learn how a theater runs, and get a sneak peek at where the stars get ready. Tours are limited to 30 participants. 703-255-1827 to RSVP or for additional information.

Sonny Landreth. 7:30 p.m. The Barns, Wolf Trap, 1645 Trap Road, Vienna. Louisiana-based Sonny Landreth has collaborated with a multitude of rock legends, including Jimmy Buffett and Eric Clapton. Landreth has been a regular performer at Clapton's Crossroads Guitar Festival since its inception in 2004 and released his first all-instrumental album, Elemental Journey, in 2012. Tickets:



"Funk's Mill by Dick Neff is one of the exhibits in "Memories" by the Vienna Arts Society. The show will run from Nov. 3-28 at the Vienna Art Center.

\$27. For more information, visit http://www.wolftrap.org/ or call 703-255-1900.

FRIDAY/NOV. 27

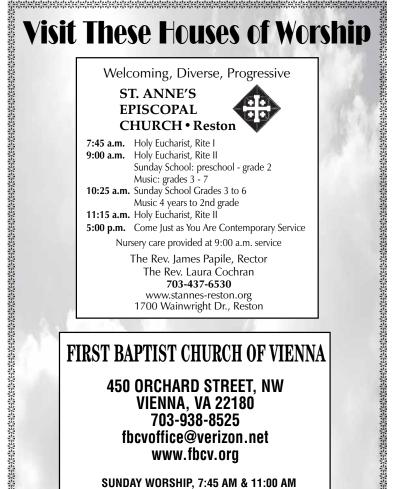
John Eaton. 8 p.m. The Barns, Wolf Trap, 1645 Trap Road, Vienna. Join renowned pianist and vocalist, John Eaton, as he interprets the Great American Songbook. Eaton is one of the flagship artists of the Wolf Trap Recordings™ label and he has released eight albums to date that include the music of Richard Rodgers, Ray Charles, the Beatles,

and Cole Porter. Tickets: \$25-\$27. For more information, visit http:// www.wolftrap.org/ or call 703-255-

FRIDAY-SUNDAY/NOV. 27-29.

33rd Annual Thanksgiving Art and **Craft Show**. Friday-Saturday, 10 a.m.-5 p.m. Sunday, 11 a.m.-4 p.m. Spring Hill RECenter, 1239 Spring Hill Road, McLean. Featuring original, handmade craft and artwork of approximately 80 local artists and artisans. \$5. www.nvhg.org.





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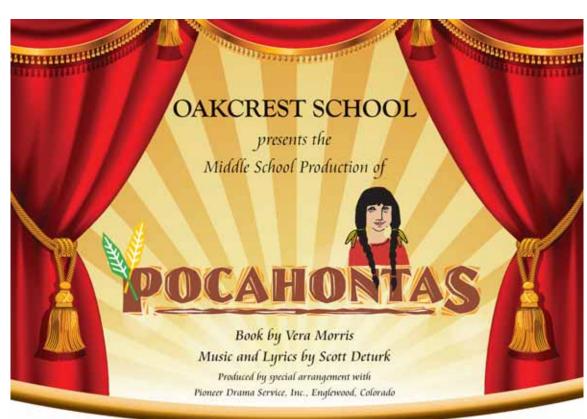
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Sports

McArthur Leads McLean Volleyball to Regional Berth

Highlanders looking for first conference/district title since 2001.

By Jon Roetman The Connection

he McLean volleyball program hasn't won a district/conference title since 2001.

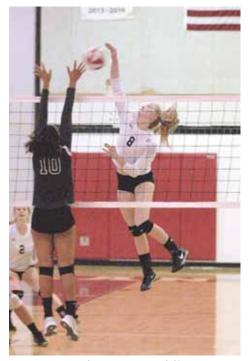
This year's team won 20 matches during the regular season and earned the No. 2 seed in the Conference 6 tournament, giving the Highlanders hope of ending their lengthy championship drought.

Oh, and they have Maddie McArthur, as well.

The sophomore sensation tallied 23 kills on Monday night as No. 2 McLean defeated No. 7 Washington-Lee 3-0 (25-17, 25-22, 25-20) in the Conference 6 tournament quarterfinals at McLean High School. The Highlanders advanced to the semifinals, where they faced No. 3 Madison on Tuesday, after The Connection's deadline. McLean also earned a berth in the 6A North region tournament for the first time in Bill Musgrove's three seasons as head coach.

McArthur took control early, totaling 12 kills in the opening set. After W-L cut the McLean lead to 20-16, the Highlanders scored five of the final six points, including a pair of kills from McArthur.

"That makes life easy," Musgrove said. No. 8 continued to dominate. Her 20th

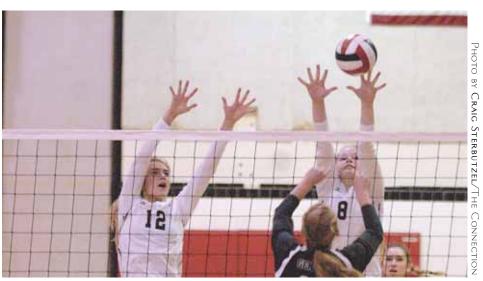


McLean sophomore Maddie McArthur tallied 23 kills during the Highlanders' sweep of Washington-Lee on Monday during the Conference 6 volleyball tournament quarterfinals.

kill of the evening finished off a pesky W-L team in the second set, 25-22.

What makes McArthur such a dangerous hitter?

"I think just the explosiveness," Musgrove said. "She hits the ball as hard as anyone I've ever coached and she's still just a sophomore. She jumps out of the gym for some-



McLean's Sierra Spraker (12) and Maddie McArthur attempt to block a Washington-Lee attack on Monday night.

one her height."

McArthur had three kills in the final set, including two after W-L had cut the McLean lead to 21-17.

"She's awesome," senior Sarah Park said.
"I'm so happy. She was on the team as a freshman last year and just seeing her grow, even more through club season than this season, is amazing."

Karen Shedlock and Leona Ng each had five kills for McLean and Josephine Oakley had four kills and three aces.

McLean entered the regular-season finale against rival Langley with a chance to earn the No. 1 seed in the conference tournament, but suffered a three-set loss to the Saxons, who went undefeated during conference play. If the Highlanders can get past

Madison, the defending state runner-up, they could again face Langley in Thursday's championship match at Washington-Lee High School in Arlington.

"I think that we didn't play our best volleyball against Langley," Musgrove said. "We know that. We'd like another shot at them. We're going to be playing Madison, probably, [on Tuesday], so I'm sure they're thinking they'd like another shot at us."

What would it mean for the Highlanders to break their championship drought?

"It would mean the world," McArthur said. "I would be so happy."

She wouldn't be the only one.

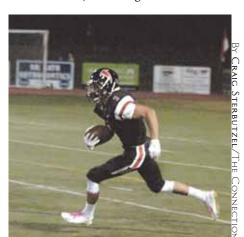
"I would probably cry for weeks," Park said, "... tears of joy running down my cheeks."

SPORTS BRIEFS

Madison Football Has Shot at Outright Title

The Madison football team will host Hayfield at 7 p.m. on Friday, Nov. 6, with an opportunity to secure an outright Conference 6 championship.

The Warhawks enter Friday's contest with an 8-1 record, including 6-0 in the confer-



John DeScisciolo and the Madison football team will host Hayfield on Friday with a chance to win the Conference 6 championship.

ence. The Warhawks have already secured at least share of the conference title, with Hayfield and South Lakes one game behind at 5-1. If Madison loses to Hayfield, the teams will be co-champions. If Hayfield wins and South Lakes beats Fairfax, there will be a three champs. But if the Warhawks beat the Hawks, they will be outright champs.

Madison defeated Washington-Lee 21-13on Oct. 30, giving the Warhawks eight straight victories after losing their opener to Oakton.

Madison is No. 4 in the latest VHSL 6A North region power rankings. South Lakes is No. 6 and Hayfield is No. 9. The top 16 teams make the playoffs.

Oakton Football Beats Falls Church

The Oakton football team beat Falls Church 41-7 on Oct. 30, improving its record to 4-5.

The Cougars will conclude the regular season with a road game against Herndon at 7 p.m. on Friday, Nov. 6.

Oakton is No. 11 in the latest VHSL 6A North power rankings. The top 16 teams

make the playoffs.

Madison Volleyball Earns Regional Berth

The Madison volleyball team swept Yorktown on Nov. 2 in the Conference 6 tournament quarterfinals, earning a berth in the 6A North region tournament.

The Warhawks faced McLean in the conference semifinals on Tuesday, after The Connection's deadline. The championship match is Thursday at Washington-Lee High School in Arlington.

Langley Volleyball Beats Hayfield

The No. 1 Langley volleyball team swept No. 8 Hayfield on Monday in the Conference 6 tournament quarterfinals. The Saxons advanced to the semifinals, where they faced South Lakes on Tuesday, after The Connection's deadline.

The championship match is Thursday at Washington-Lee High School in Arlington.

Langley finished the regular season with an 18-4 record and went undefeated in con-

ference play.

Langley Football Beats Yorktown

The Langley football team improved to 2-7 and snapped a three-game losing streak with a 48-23 home victory over Yorktown on Oct. 30.

The Saxons will wrap up the regular season with a road game against rival McLean at 7 p.m. on Friday, Nov. 6.

Langley is No. 19 in the latest VHSL 6A North region power rankings. The top 16 teams make the playoffs.

Oakton Volleyball to Host Centreville

The Oakton volleyball team will face Westfield in the Conference 5 tournament semifinals at 5 p.m. on Wednesday, Nov. 4 at Centreville High School.

Oakton finished the regular season with a 19-5 record and went undefeated in conference play, earning the No. 1 seed and a first-round bye in the conference tournament, along with a regional berth.

News



Peggy Maines smiles as the familiar faces of children and parents she sees every day go home for the day.

Crossing Guard Retires After 39 Years

At the age of 75 **Peggy Maines** passes the crossing guard torch.

> By Caroline Burr The Connection

fter 39 loving, friendly years as a Fairfax County crossing guard, Peggy Maines of Vienna is to retire. In her many years, Maines has worked at various crossings in Vienna and currently works the busy traffic morning and afternoon hours at Vienna Elementary and Thoreau Middle School. Friend and fellow crossing guard of 27 years Cathy Stride said, "She will really be missed by a lot of people."

When asked about her life as a crossing guard, Maines was convinced her story would not be an interesting one. "I don't think this will make a great story," Maines said many times, "I'm only someone who loves her job." Set to retire on Nov. 6 at the age of 75, Maines will pass on the crossing guard torch. Maines said, "I have been very fortunate to have had this job and I am going to miss it... But it's time for these young people to take over and have the opportunity to be as fortunate as I." Despite suffering from many injuries and illnesses unrelated to her job during her 39 years,

Maines continued to work. "The average person would have retired," Cathy Stride said. Peggy Maines did no such thing. She wanted to get back to her schools to see her favorite familiar faces. "She wanted to get back to 'her kids' as soon as possible," Stride said.

When Maines started working as a Fairfax County crossing guard, she expected to only stay for a few years until her three-year-old graduated from elementary school. "Now look at me," she said, "39 years later." Maines said that crossing was the perfect job for being a mother of six - as she could keep her kids close and ensure the safety of her own children and others. "This is the best job I could have ever had...it couldn't have been cut out for anybody but me. I have been very fortunate and am going to miss it all," she said. "It's the best job I've ever had and I've loved every bit of what I've done," she added. When she started crossing at Gallows road 39 years ago, Maines remembers how it used to be only a two-lane

Coworkers and friends Cathy Stride and Edie Adcock call Maines "the Ever-Ready Bunny." They said, "It's because she keeps going and going and going." Maines remembers many of the kids she crossed every day many years ago. "Some come back and say, 'Do you remember me?' and it's just sort of unreal to think these kids are married now with their own kids," said Maines.

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The Newton School The Nora School **Oakland School** Oakwood School **Parkmont School PHILLIPS Programs** The Siena School Wye River Upper School



For more information, please contact:

Bekah Atkinson at 301-244-3600 • exceptionalschoolsfair@gmail.com www.exceptionalschoolsfair.com

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News



Eleanor, 5 1/2, and Arthur, 2 1/2, Meren, of Vienna, make a beeline for the train layout demonstration at the Vienna Train Show on Saturday, Oct. 31.



Toy train enthusiasts look for parts and trains to add to their collections

Trains Bring the Young and Young-at-Heart to Vienna

Vendors and demos delight toy train enthusiasts.

By Abigail Constantino
The Connection

hen I was kid I devoured the catalogs. I used to sneak the train catalogs around Christmas time in between the school books and when we had a study group, I would open up the book and then I had the catalog inside so I could go through all the stuff that I would have liked to have had but unfortunately you couldn't afford it. Or, dad couldn't. But we grew up with trains, my brother and I, we had a lay out at home that we set up every Christmas, and I've got the same table and the same place," said Philip Graves, of McLean. Graves is now in his 80s, living in the house he grew up in after years of living in Vienna Woods.

That is how it all started for a lot of people at the Vienna Train Show, sponsored by the WB and A Chapter of Train Collector's Association, held, for the third year at the Vienna Volunteer Fire Department, on Saturday, Oct. 31.

Thirteen-year old, Flint Hill School students Adin Turetsky and Cadence Senate became friends because of toy trains. Turetsky saw Senate wearing a train shirt and discovered a fellow toy train aficionado. Turetsky and Senate both received train sets from their grandfathers, which started their interest in toy trains. They have been into trains for more than 10 years.

In their makers education class at Flint Hill School, they worked on finding a different way to power model trains. They came up with a pedal-powered train, which they demonstrated during the show. They



The train layout at the Vienna Train Show on Saturday, Oct. 31 fascinates Tyler McCarty, 4 1/2, of Vienna.



The toy train layout by Adin Turetsky, 13, of Falls Church, and Cadence Senate, 13, of Fairfax, is one of the main attractions of the Vienna Train Show.

Adin
Turetsky,
13, demonstrates a
pedalpowered toy
train during
the Vienna
Train Show
on Saturday,
Oct. 31.

also had a full train layout, attracting the attention of young attendees.

The young-at-heart, on the other hand, searched for parts and sets to add to their collections from the tables of toy train vendors, like Jerry Olexson, Robbie Schroeder, Russell Youens of Tiny Tim's Toys and Trains in Ashland, Va. and Dan Danielson of Toy Trains Collectibles in Manassas. Some also consulted with train doctor Allen Crotts, of Al's Toy Train Service in Falls Church.

Author and WB and A member Bruce Greenberg said that toy trains create a "positive world of creative experiences." He said that the world created around toy trains—the houses, people, cars, trees—leads to

explorations about how things work. "How does a motor work? How does a motor make the wheels go round? There are many engineers that started with these questions," he said.

Collectors and enthusiasts look to the next generation to pass on their passion for toy trains. Olexson's and Greenberg's grandsons have caught the bug. As with Turetsky and Senate, toy train collecting continues to attract the young. "We have a few. We'd love to have more. We welcome them. It's a great experience for children," said Greenberg.

A good starter set, according to Danielson, is the Pennsylvania Flyer by Lionel, which retails for about \$269. "It's a steam engine. It's got headlights. It smokes. It's got a bell whistle and it makes a chugging sound."

