

# A Unifying Force

NEWS, PAGE 3

Abiding Presence Pastor Rev. Meredith Keseley (left) and Temple B'nai Shalom Rabbi Amy Perlin give a blessing at the conclusion of their joint Thanksgiving Eve service.

Burke Turkey Trot  
Raises \$5,500 for  
Parkinson's Research

NEWS, PAGE 12

Burke Centre Swimmers  
Present Donation to  
Burke CARES

NEWS, PAGE 13





— REAL STORIES FROM THE EXPRESS LANES —

*"My commute would take over an hour. Now it takes 25 minutes. I use that time with my family. Family is my priority."*

- Luis B.  
Woodbridge, VA

Luis from Woodbridge loves how the Express Lanes have helped simplify his life. He takes the Lanes to work and says he never has to worry about sitting in traffic anymore. Now, he gets to spend more time with his family at the beginning and end of each day. Plus, whenever Luis needs to get to a special event or appointment, he doesn't fight traffic and is always on time. Luis also loves that the Lanes are safe and secure, and he knows help is available if he ever runs into trouble.

See more real stories from the Lanes at [ExpressLanes.com](http://ExpressLanes.com)



Luis's story was one of our winning entries in our "Express Lanes Love Story" promotion.





PHOTOS BY TIM PETERSON/THE CONNECTION

**Abiding Presence Pastor Rev. Meredith Keseley (left) and Temple B'nai Shalom Rabbi Amy Perlin give a blessing at the conclusion of their joint Thanksgiving Eve service.**



**Congregations from Abiding Presence and Temple B'nai Shalom packed the Burke Lutheran church sanctuary for a special joint service the night before Thanksgiving.**

## A Unifying Force

BY TIM PETERSON  
THE CONNECTION

**W**hen he applied for Minister of Music position at Abiding Presence Lutheran Church in Burke, David Chavez said he was told there's just one non-negotiable date on the calendar: Thanksgiving Eve.

On Christmas and Easter, he could find a sub, but the night before Thanksgiving is different. For one night, Chavez can work with more than the church choir, bringing in singers from Temple B'nai Shalom in Fairfax Station as well.

"It's such a blessing to have a large choir, to do things we can't do with a smaller one, like different densities of harmony and the type of sound," Chavez said. "You want to do it right, do it well."

On Nov. 25, the two congregations celebrated their 29th year of hosting joint services the night before Thanksgiving. It's a tradition that started before members of Temple B'nai Shalom even had a building to call their own. For nine years, the congregation at Abiding Presence hosted B'nai Shalom's services while their members raised money to build a synagogue.

Rev. Meredith Keseley joined Abiding Presence as Pastor in February 2010 and, like Chavez, was asked if she was open to the joint worship service. "I'm excited about it," Keseley said. "Their Rabbi Perlin was one of my first phone calls. She said, 'We're in this together, I'm your Rabbi.' And now I'm her Pastor."

Over the years, Keseley said, "I've learned just how much our faiths have in common, from the spirit of giving to our deepest desire for peace in this world. Religion can be such a divisive thing. We're able to make it a unifying one."

In the joint service, the hosting congregation alternates each year, while the visiting religious leader delivers the sermon. The

**Abiding Presence Lutheran Church and Temple B'nai Shalom hold 29th joint Thanksgiving Eve service.**



**Members of the Temple B'nai Shalom Teen Jewish Alternative Music Project (from left) Aiden Smith, Leah Ican, Eve Courtney, Daniel Levin and Noah Dail perform during the joint-faith Thanksgiving eve service at Abiding Presence Lutheran Church in Burke.**

service is constructed collaboratively and participants sing hymns from the Lutheran song book. Since this year's service was held in Burke, Rabbi Perlin delivered a Thanksgiving message about developing a sense of gratitude.

"Saying 'Thank you' means more than we can ever realize," Perlin said. "Gratitude can change your brain for the better. And there's still time to re-wire yourself into a thankful brain by Hannukah or Christmas."

Perlin continued with a story about the columnist Art Buchwald being nice to a taxi cab driver as a positive social experiment. She linked the anecdote to the Hebrew term for gratitude, "hakarat hatov."

Buchwald was trying to spread goodness by being nice to one person and spreading hakarat hatov, Perlin said. "It means recognition of the good someone has done for you. We need to thank others the way we

thank God."

Frank Cohn of Fairfax has been a member of Temple B'nai Shalom for 28 years — Rabbi Perlin married his wife and him before the synagogue was built. They look forward to the joint service each year, he said.

"We love it, we think it's great," said Cohn, whose wife leads the choir. "And we love the songs in this service. The bottom line is people have a wonderful time together, that's what this is about."

Phil Franke of Springfield played euphonium in the brass choir for the service. He's been a member of Abiding Presence about as long as Cohn has been with B'nai Shalom. "I look forward to Thanksgiving Eve greatly," he said. "It's not just about us, but the entire faith community. There are a lot of commonalities."

"Judaism and Christianity share part of



**A participant of the joint Thanksgiving Eve service at Abiding Presence Lutheran Church helps a young girl follow along with a hymn.**

the Bible, and their values translate to the other religion," said Aiden Smith, a sophomore at W.T. Woodson High School and a member of the Temple B'nai Shalom Teen Jewish Alternative Music Project. The five-member ensemble performed at the Nov. 25 service for the first time, early in the program.

In addition to the joint service, the two congregations collaborate in several ways, including sending their youth to visit a service of the opposite organization for worship.

To close the evening, all the musicians joined in singing "America the Beautiful."

"It's so refreshing and gives me hope, to literally sing together in one body means more than just making pretty music," said Chavez. "It's a living symbol: We can come together with what we have in common, that's what I want us to be about."





MedStar Orthopaedic  
Institute



## MedStar Orthopaedic Institute Virginia Locations Now Near You

Our experienced specialists use their knowledge and advanced training to customize the right solutions for you. With 12 offices throughout D.C., Md. and Va., your four closest are:

### Lorton

9455 Lorton Market St.  
Suite 200  
Lorton, VA 22079

### Lake Ridge

12825 Minnieville Rd.  
Suite 203  
Woodbridge, VA 22192

### Alexandria

6355 Walker Lane  
Suite 501  
Alexandria, VA 22310

### McLean

6858 Old Dominion Drive  
Second Floor  
McLean, VA 22102

For appointments in McLean, Va., call **855-788-6464**.

For other Virginia locations, call **855-546-1081**.

**MedStarOrthopaedicInstitute.org**

All our orthopaedic physicians treat general orthopaedic injuries—from simple to complex—and postoperative patients.

Knowledge and Compassion  
**Focused on You**

## SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

### DECEMBER

12/16/2015...A+ Camps & Schools; Holiday Entertainment & Gifts Pages

12/23/2015.....Special Issue – Safe for the Holidays

12/30/2015.....Children's Connection

### JANUARY

1/6/2016.....Wellbeing, Renewal, Resolutions

1/13/2016.....HomeLifeStyle

E-mail [sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com) for more information.



**THE CONNECTION**  
Newspapers & Online  
**703-778-9431**

[www.ConnectionNewspapers.com/Advertising](http://www.ConnectionNewspapers.com/Advertising)

lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

Adopt  
Donate  
Volunteer

[lostdogandcatrescue.org](http://lostdogandcatrescue.org)



## FAITH

### Performance of Ellington's Jazz "Nutcracker Suite" Benefits Burke Charity

Abiding Presence Lutheran Church in Burke will host a live performance of Duke Ellington's jazz interpretation of Tchaikovsky's "The Nutcracker Suite" from 1960.

The free concert will be led by the church's Minister of Music David Chavez, with a ten-piece ensemble of local musicians including trumpeter Craig Fraedrich and vocalist Christal Rheams.

Donations and funds raised from a silent auction at the event will

go directly to 25:40, a Burke-based nonprofit organization founded in 2003 that helps South African children who are affected by HIV/AIDS and poverty.

The concert is scheduled to begin at 6:30 p.m. on Sunday, Dec. 13. Abiding Presence Lutheran Church is located at 6304 Lee Chapel Road in Burke. For more information, visit [www.2540.org](http://www.2540.org).

—TIM PETERSON

### FAITH NOTES

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Clifton Presbyterian Church is offering a **Grief Support Group**. Offered for eight sessions on Thursdays from Dec. 3-Feb. 3 from 10:30 a.m.-noon for those who have experienced a recent death and loss in their lives. This group will offer a safe and supportive place for participants to explore ways to walk the journey of grief and to "wrestle" with difficult, and sometimes unanswerable, questions. Dec. 3, 10, 17; Jan. 7, 12, 21, 28; Feb. 3. Clifton Presbyterian Church is located at 12748 Richards Lane, Clifton. office@cliftonpc.org. 703-830-3175.

**Gesher Jewish Day School**, 4800 Mattie Moore Court, Fairfax, invites the community to celebrate Chanukah at a Chanukah Lights and Legos Party on Sunday, Dec. 6 from 3-5 p.m. Spin art with dreidels and other crafts; life-size construction toys; latke bar; music, dancing, and singing; a toddler room with PJ Library books about Chanukah. Ages 6 and up can build their own Legos, menorah and dreidel to take home (additional fee). Adults and children 2 years and older \$4; children under 2 free. Legos builders 6 yrs. and up \$12. Space is limited for builders – reserve early. [Brownpapertickets.com](http://Brownpapertickets.com). [www.jcncv.org](http://www.jcncv.org).

SEE FAITH, PAGE 5

### Bring the Magic of Christmas to Your Home

Collectible Ornaments • Exquisite Ribbon and Merrifield Bows  
Custom Wreaths and Centerpieces • Trees and Greens  
Poinsettias and Holiday Plants

**Great Gifts!**  
Houseplants • Bird Feeding Supplies • Tools  
Garden Accents • Merrifield Gift Cards

**The American Dream**  
The story of Bob Warhurst  
and the founding of  
Merrifield Garden Center

**SANTA CLAUS IS HERE!**  
Visit our website for the full  
schedule at each store

And don't miss an opportunity to have  
your dog's picture taken with Santa  
**"PAWS WITH CLAUS"**  
Saturday, December 12  
10-11:30 am • Fair Oaks location

Stop by and pick up your Free 2016 Merrifield Garden Center Calendar!

MERRIFIELD 703-560-6222	FAIR OAKS 703-968-9600	GAINESVILLE 703-368-1919
----------------------------	---------------------------	-----------------------------

Holiday Hours: Monday – Saturday 8 am – 9 pm, Sunday 9 am – 9 pm

[merrifieldgardencenter.com](http://merrifieldgardencenter.com)



# FAITH

FROM PAGE 4

Experience the Philippine traditional night mass, "Simbang Gabi," at the **Nativity Catholic Church**, 6400 Nativity Lane, Burke on Tuesday, Dec. 15. Service starts at 7:30 p.m. with reception. <http://www.filminnova.org/filipino-ministry-parishes/>.

**St. Pius X Chapel** is offering a Tridentine (Latin) Mass in Fairfax City at **Stacy C. Sherwood Community Center**, 3740 Old Lee Highway on **Sunday, Dec. 6** at 9:30 a.m. Confessions at 8:30 a.m. 703-425-5735 or [www.sspcx.org/en/community/priorities](http://www.sspcx.org/en/community/priorities).

Join **Harvester Presbyterian Church**, 7800 Rolling Road, Springfield, for Light of Hope, a traditional Christmas Eve service with candle-lighting on Thursday, Dec. 24 from 8-9 p.m. [www.harvesterpca.org](http://www.harvesterpca.org). 703-455-7800.

The Paschal Lamb will hold a **Book Reading of "Blessed are You"** from noon to 3 p.m. on Saturday, Dec. 5. The Paschal Lamb is located at 11214 Lee Highway, Fairfax. Author Melanie Rigney will read from her new book. Free. 703-863-3940.

**Temple B'Nai Shalom** at 7612 Old Ox Road, Fairfax Station is offering **Tot Shabbat** on Friday, Dec. 11 from 7-7:45 p.m. This service is especially designed for newborns through second graders and their parents. It includes music, child-friendly prayers, stories and activities. The service is followed by a special kid-friendly oneg. 703-764-2901. [www.tbs-online.org](http://www.tbs-online.org).

**Fairfax Baptist Temple**, at the corner of Fairfax County Parkway and Burke Lake Roads, holds a bible study fellowship at 9 a.m. Sundays followed by a 10 a.m. worship service. Nursery care and children's church also provided. 6401 Missionary Lane, Fairfax Station, 703-323-8100 or [www.fbtministries.org](http://www.fbtministries.org).

**The Guhyasamaja Buddhist Center**, 10875 Main St., Fairfax City provides free classes to both newcomers and advanced practitioners of Tibetan Buddhism. The center emphasizes working with the mind and learning how to understand the workings of the mind, overcoming inner causes of suffering, while cultivating causes of happiness. Under the direction of Lama Zopa Rinpoche, the center is a place of study, contemplation and meditation. Visit <http://www.guhyasamaja.org> for more information.

**Lord of Life Lutheran** offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or [www.Lordoflifeva.org](http://www.Lordoflifeva.org).

**First Baptist Church of Springfield** offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or [www.fbcspringfield.org](http://www.fbcspringfield.org).

**Clifton Presbyterian Church**, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

**St. Andrew the Apostle Catholic Church**, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. 703-817-1770 or [www.st-andrew.org](http://www.st-andrew.org).

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

The Messiah Festival Chorus  
Angela Burns, Conductor  
presents

## Handel's Messiah (Christmas Act & Hallelujah Chorus)

Sunday, December 6  
3 P.M.



Join us for this inspirational start to the Christmas season!

This free concert features:

- Professional Soloists from the USAF Singing Sergeants and the USN Sea Chanters, the local D.C. area and New York City
- A 100-voice chorus and professional orchestra

A freewill offering will be taken. Childcare is available.



**Messiah United Methodist Church**  
6215 Rolling Road, Springfield  
703-569-9862 • [www.messiahumc.org](http://www.messiahumc.org)

## WE ARE STILL OPEN!

Aladdin's Eatery has changed its name to **LEBANESE BISTRO**

Same ownership. Same authentic, delicious & healthy Lebanese Cuisine. Remodeled & larger to accommodate large parties.



Holiday gift cards available  
Carry out, delivery & catering available.

**10% OFF**  
Your Total Order\*  
with this coupon

\*Does not apply to alcoholic beverages  
Offer expires 12/30/15

9522 Burke Road, Burke, VA 22015

**(703) 425-6900**

Visit us at  
[Lebanesebistroburke.com](http://Lebanesebistroburke.com)

Celebrate a Handcrafted Holiday!  
South County High School  
**Craft Show**

Saturday Dec 5 9a-3p

\$3 Single Admission ~ \$2 Students/Seniors

Kids FREE ~ Cookies with Santa ~ 9:30a-11:30a

140+ Vendors ~ Handcrafted items ~ Silent Auction

**FREE Child ID & Fingerprinting** by the Fairfax County Sheriff's Office

**SCHS**

8501 Silverbrook Rd., Lorton, VA

Proceeds benefit the

2016 All Night Grad Party

[Schscraftfair@gmail.com](mailto:Schscraftfair@gmail.com)

[www.facebook.com/SCHSCraftShow](http://www.facebook.com/SCHSCraftShow)

**\$1 OFF Admission**

Present this coupon to the SCHS Admission Booth at South County HS on Dec 5, 2015 for

**\$1 OFF one single \$3 Admission**

**RAYMOND WEIL**  
GENEVE



KATHERYN WINNICK

*King's Jewelry*  
KingsJewelry.NET  
609 King Street  
Alexandria, VA 22314  
703-549-0011

## TASTEFUL GIFTS!



### CUSTOM GIFTS FOR FAMILY, FRIENDS, & CLIENTS

Custom, handcrafted, delicious gifts--choose from one of our popular selections, or assemble your own! Corporate and shipping options are available--see our website or call for more details.

**GREAT HARVEST BURKE & LORTON**  
6030-G BURKE COMMONS RD, BURKE  
9000-S LORTON STATION BLVD, LORTON  
B-703-249-0044 L-703-372-2339  
[GREATHARVESTBURKE.COM](http://GREATHARVESTBURKE.COM)  
[FACEBOOK.COM/BURKEGREATHARVEST](https://www.facebook.com/BURKEGREATHARVEST)





## Ballet Arts Ensemble of Fairfax

Presents

### Nutcracker In A Nutshell

Saturday, Dec. 19th  
at 3:00 pm & 7:30 pm

Sunday, Dec. 20th  
at 3:00 pm

Rachel Schlesinger  
Concert Hall and Arts Center  
At NOVA Alexandria Campus

Call for More Info: 703-273-5344  
[www.thecenterforballetarts.com](http://www.thecenterforballetarts.com)

## BURKE NURSERY & GARDEN CENTRE

### CHRISTMAS TREES HAVE ARRIVED!

We have the Best Selection  
of Fresh-Cut Trees.

For all your decorating  
needs, we have:

Fresh Cut Wreaths &  
Roping, Live Greens,  
Beautiful Poinsettias  
& Centerpieces

Gift Certificates  
Available

Firewood Available

9401 Burke Road,  
Burke, VA  
703-323-1188

**10% OFF** ANY POINSETTIA PURCHASE  
Expires 12/24/15  
Not valid with any other offer.

**\$5.00 OFF** CUSTOM DECORATED WREATHS  
Expires 12/24/15  
Not valid with any other offer.

**\$5.00 OFF** ANY CUT CHRISTMAS TREE PURCHASE  
Expires 12/24/15  
Not valid with any other offer.

## COMMENTARY

# Carrying Out the Life-Saving Mission

By JOHN C. COOK  
SUPERVISOR (R-BRADDOCK DISTRICT)

Fairfax County's Hypothermia Prevention Program is dedicated to keeping our most vulnerable community members safe during the long, harsh winter months. Without the essential support of nonprofit and faith-based community partners, the program would not be nearly as successful. It is because of the collaborative efforts of the partnership that no unsheltered individuals died due to hypothermia this past winter. In the Winter Season of 2014-2015, the collaborative effort of the Winter Seasonal Programs served 1,061 guests combined and moved 64 clients directly into permanent housing.

This year's program is an integral part of the Fairfax County effort to prevent and end homelessness, and incorporates the collaborative work of our area's faith communities, civic organizations, businesses and individual volunteers. This coalition creates a complete matrix of shelters that are available during the coldest months here in Fairfax County. This is a critical and lifesaving resource offered by the County, and it is also a remarkable way to give directly back to your community. Below, I have highlighted the organizations that can help you get involved.

The Northern Virginia Family Services' (NVFS) Hypothermia Prevention Program is operated under the management of Bailey's Crossroads Community Shelter (BCCS) staff and operates from Nov. 1, 2015 through March 31, 2016. Hypothermia guests assemble at the Bailey's Crossroads Community Shelter each evening at 4 p.m. Guests are afforded a hot shower, dinner, clothing, laundry, and case management services while at the facility. Through partnerships and collaborations with over twenty faith communities in Fairfax County, BCCS expands its ability



to serve those seeking shelter by transporting guests to their off-site hypothermia prevention shelter locations. For further information about the program or volunteer opportunities, please contact Mario Wright at [MWright@nvfs.org](mailto:MWright@nvfs.org) or 703-820-7621.

FACETS' hypothermia prevention season runs from Nov. 29, 2015 through March 31, 2016, with doors opening at 5 p.m. each evening and closing at 7 a.m. every morning. FACETS rotates week-to-week between faith community hosting sites and beginning on Dec. 27, 2015, they will op-

erate from two faith community sites each week. Community members are welcome to participate by volunteering at the current locations or donating items such as food and clothing. FACETS has received extended grant money, and it is very likely that the program will run until the end of April. For further information, please contact Barbara Schultheiss at [BSchultheiss@facetscares.org](mailto:BSchultheiss@facetscares.org).

For the fourth year in a row, I will be volunteering with my church to help out at a hypothermia shelter. I invite you to join me at a program convenient to you. Fairfax County relies on our nonprofit and faith-based community partners to help us carry out the life-saving mission to give our most vulnerable neighbors a safe place out of the cold. It is a long and fairly intense program that requires many volunteers and donations. As the season progresses, please reach out to the local faith-based organizations in your neighborhood or the contacts listed above to see if they could use your participation or donations. There are many moving parts of the program and all parts are in need of additional help. For further information on the Hypothermia Prevention Program, please contact Debbie Scaggs at [debbie.scaggs@fairfaxcounty.gov](mailto:debbie.scaggs@fairfaxcounty.gov) or 571-722-8952 in the Office to Prevent and End Homelessness.

## Fizzy Rockets and Lost on the Moon at Irving Middle

The subject of aerospace isn't usually associated with 11 to 14 year-olds laughing and chasing rubber band powered foam "rockets." But that's what happened when Civil Air Patrol (CAP) cadets hosted a science workshop for middle-schoolers last Thursday at Washington Irving Middle School in Springfield.

After a break from the foam and rubber band experiments the youngsters explored scientific principles by launching "fizzy flyers," tiny paper and plastic rockets powered by Alka-Seltzer tablets. Finally, the participants were asked to

imagine they have survived a crash landing on the moon. Given a list of the items left after the crash they had to make group decisions as to what items would be most useful for their survival until rescue. The exercise provided a quick elementary lesson in logical thinking and group dynamics.

The workshop's enjoyable combination of fun and learning was conceived, organized and led by CAP Cadet Captain Julia Demyanovich. The events were mentored and assisted by Burke Composite Squadron Civil Air Patrol members as part of the CAP's core mission of aerospace education.

The Civil Air Patrol is a diverse, inclusive volunteer community organization dedicated to emergency service (search and rescue and disaster relief), aerospace education and the Cadet Program. The CAP is not solely for pilots and aircrew. Adults and teens from all walks of life, skill levels, physical abilities and professions participate in the many CAP activities. More information on the Civil Air Patrol's Burke Composite Squadron can be found at <http://www.burkecap.org/>.

—THOMAS ADAMS

## Start the Season with the Festival of Lights and Carols

City of Fairfax Festival of Lights and Carols will be on Saturday, Dec. 5 starting at 8 a.m. with a Pancake Breakfast with Santa at Fire Station #3 and culminating with a Celtic Christmas at 7 p.m. at the Old Town Hall. In between, there will be live holiday music, hot cider, s'mores by the Yule log,

petting farm, Ferris wheel, caroling, visits with Santa, and, of course, the lighting of the Christmas tree in the winter wonderland. Start planning the day by going to [www.fairfaxva.gov/about-us/special-events/festival-of-lights-and-carols](http://www.fairfaxva.gov/about-us/special-events/festival-of-lights-and-carols) for times and locations of events.



## PEOPLE



PHOTO BY MASS COMMUNICATION SPECIALIST 3RD CLASS JAMES LEE

### Patrolling Waters South of Japan

Seaman Ashley Johnson, from Springfield, uses a needlegun to remove corrosion in the forecandle of the U.S. Navy's only forward-deployed aircraft carrier USS Ronald Reagan (CVN 76). Ronald Reagan and its embarked air wing, Carrier Air Wing (CVW) 5, provide a combat-ready force that protects and defends the collective maritime interests of its allies and partners in the Indo-Asia-Pacific region.



Santa Claus  
is coming to...

### Burke Village Center I Saturday, December 12th, 11 am-1pm

He will be handing out stockings to the kids,  
who will then take their stockings  
to each shop for a surprise gift!

Compliments of the shop owners of Burke Village Center I

**Burke Village Center I • 9520 Burke Rd., Burke, Va.**

*Celebrate the Arts in Clifton*

Dec 5, 2015 2-7 pm

Italian Mosaics Fine Art Paintings  
Photography Fiber Arts  
Raku Pottery Jewelry

Student Art & Craft Demos  
(register at [www.artguildofclifton.org](http://www.artguildofclifton.org))

"Poinsettias"  
by Becky Witt

Clifton Presbyterian Church  
12748 Richards Ln.  
Clifton, VA 20124

Also in Clifton:  
Horse Parade (2pm)  
Tree Lighting (6pm)  
w/Caroling & Marshmallows  
Presb. Church Choir 6:30 & 7:30  
Shopping & Fine Dining  
[www.cliftonva.us](http://www.cliftonva.us)

details at: [www.artguildofclifton.org](http://www.artguildofclifton.org)

**GERELI**  
MARBLE & GRANITE  
Natural Beauty in your home

**Best Prices  
Guaranteed**  
CUSTOM DESIGN

- Kitchens
- Bathrooms
- Counter Tops
- Fireplace
- Custom Floors
- Vanity Tops
- Tile
- Residential & Commercial

BBB Rating: A+ CHECKBOOK Angie's list

**GERELI MARBLE & GRANITE**

Free Estimates

**KITCHEN & BATH**

Free Sink & Install

8241-I Backlick Road • Lorton, Virginia 22079  
Licensed & Insured • 703.339.0300 • Fax: 703.339.0400 • [www.gereli.com](http://www.gereli.com)



# OPINION

## Fixing I-66

BY STEWART SCHWARTZ  
COALITION FOR SMARTER GROWTH

**W**e all know I-66 is a mess. But politics have made it difficult to have an objective discussion about the causes and potential solutions. Not only did the recent election include dramatic T.V. ads about tolls, the first bill proposed for the coming General Assembly session would ban tolls inside the Beltway. Its sponsor favors widening all the way to the Roosevelt Bridge in D.C. instead. To some that seems intuitive, but will it actually solve the problem?

COMMENTARY

At its most basic we have too many cars trying to use limited road space during peak hours. The traditional approach has been to widen highways – again and again, but has meant significant impacts on our homes, neighbors, parks, and our health. And “if you built it we will come” — new highway lanes in metropolitan areas can fill up again in as few as five years. In the particular case of I-66, where would all of the additional cars go when they hit Constitution Avenue in D.C. or exit onto

local roads in Arlington? In contrast to the \$40 million for toll infrastructure, widening of I-66 could cost hundreds of millions of dollars and lead to years of construction-related traffic delays.

The Governor’s proposal for variable tolling, carpools, and transit will move twice as many people through the corridor as today, with far greater reliability and a minimum guaranteed speed of 45 mph. And, unlike today, single-occupant vehicles will be able to use the highway in the peak direction for the first time, albeit by paying a variable toll. No one who is currently using the highway for free today (HOV-2 and above) will have to pay anything when the plan is implemented in 2017. The public will also retain ownership of the revenues, allowing funding for transit to carry even more people.

Outside the Beltway, the state proposes privately-operated HOT (high-occupancy toll) lanes like those on I-95 and the Beltway. Unlike the two prior projects, I-66 would include funding for more commuter express buses. But the new lane capacity may well lead to still more growth 30 miles beyond D.C. and yet

Politics is getting in the way of long-term solutions.

more traffic in the future.

Under both Republican and Democratic administrations, Virginia failed to evaluate the longer-lasting benefits of a transit-first approach combining Metro, Virginia Railway Express, and commuter express buses, with better land use and fixes to bottlenecks like the Route 28/I-66 interchange. Providing more homes closer to jobs, and creating the compact, walkable, mixed-use and transit-accessible neighborhoods that are so much in demand today will reduce the amount we have to drive.

We have to think more carefully about how we handle growth. Do we keep expanding highways, destroying our neighborhoods and quality of life in the process? Or do we address where we build and how we design our communities, in such a way that we can drive less and for shorter distances, and have access to more options like Metro, VRE and express buses? This is the conversation we need to have.

*Stewart Schwartz is executive director of the Coalition for Smarter Growth  
www.smartergrowth.net*

## Where Domestic Violence and Homelessness Meet

BY JOE MEYER  
EXECUTIVE DIRECTOR & CEO  
SHELTER HOUSE, INC.

**W**hat if you wake up one day in fear of your physical safety? What would you do if you had absolutely no access to any of your bank accounts? What if you found yourself completely isolated from your friends and family and had no resources? Unfortunately, these are the very real situations that victims of domestic violence find themselves in before they seek out support and shelter.

Shelter House, Inc. operates Fairfax County’s only 24-hour emergency domestic violence shelter, Artemis House. This past year, Artemis House increased its bed capacity from 34 to 42 trying to meet the needs of the 60-100 individuals who call the Artemis House hotline on a monthly-basis.

One recent Artemis House resident “had no access to the family account, credit/debit cards. [The abuser] did not even give her, as we often see, an ‘allowance.’ She could not even ask for feminine hygiene products. He made all the financial decisions and still accused her of stealing money,” says Suzanne Pigg, director of Artemis House.

Statistics show that 1 in 4 women and 1 in 7 men will experience domestic violence in their lifetime. Chances are you either have been or know someone who has been in a situation of domestic violence. And in 2015, 41 percent of adults in families who were homeless reported that it was because of domestic violence. This is an alarming increase from 33 percent in 2014.

Because of the overlapping circumstances of homelessness and domestic violence, Artemis House isn’t the only safe-haven for victims of domestic violence. Shelter House operates two other family shelters — Katherine Hanley and Patrick Henry Family Shelters, that house an overwhelming amount of homeless families who have also experienced and been affected by domestic violence. This is an addition to Shelter House’s transitional and permanent supportive housing services — programs that also see a large amount of cases where families are affected by domestic violence.

Why are so many families who are homeless affected by domestic violence? One big reason is 98 percent of domestic violence cases involve financial abuse. Many families who are homeless have experienced having an abuser control their access to accounts, imposing a strict allowance

of funds or coercing them into signing documents for loans or leases. The ways in which financial abuse occurs varies, but is consistent threat and serves as an effective and damaging way for an abuser to keep a victim under their control.

Domestic violence, and the homelessness that it can lead to, are not separate or isolated issues. They are intertwined issues that affect individuals and families and communities. It is up to us as a community to speak out against abusers and stand in solidarity with those who have been victim of domestic violence and financial abuse. Part of Shelter House’s outreach efforts this year have included participating in the Purple Purse Challenge, a national month-long awareness and fundraising campaign held in October aimed at promoting financial empowerment. But much like homelessness and domestic violence, our outreach does not end in October. Help us raise awareness and make an impact by visiting [www.shelterhouse.org](http://www.shelterhouse.org) and find out ways you can get involved.

*If you or someone you know is experiencing domestic violence, contact the 24-hour county hotline or Artemis House hotline to discuss: 24 hour hotline/helpline: 703-360-7273, TTY: 703-435-1235 Artemis House: 703-435-4940*

LETTERS TO THE EDITOR

## Board of Supervisors Promotes Right to Vote

To the Editor:

The League of Women Voters of the Fairfax Area (LWVFA) commends the Fairfax County Board of Supervisors (BOS) for their 2016 Legislative Program that includes specific requests in support of qualified Virginians’ right to vote.

The Legislative Program asks for “no-excuse” absentee voting and ex-

tended polling hours; legislation to find an appropriate balance between “maintaining integrity of elections” without interfering with the right to vote; examining effects of voter ID law before enacting any future voter ID laws. In addition, ...“reactions at the state and federal levels to the recent Supreme Court decision, striking down Section IV of the Voting

Rights Act which eliminated the requirement that changes to Virginia’s election laws be ‘pre-cleared,’ should be closely monitored. Additionally, the Legislative Program also requests greater state financial support for election administration.”

The LWVFA also commends the BOS for their foresight in recently purchasing new voting machines and

in training election staff to use them before the 2016 Presidential election.

The LWVFA will continue to lobby for the introduction and passage of bills that would increase voter participation in elections and would protect eligible Virginians’ constitutional right to vote.

**Helen Kelly**

League of Women Voters of the Fairfax Area

Burke  
**CONNECTION**

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

@BurkeConnection

*An independent, locally owned weekly newspaper delivered to homes and businesses.*

**Published by  
Local Media Connection LLC**

**1606 King Street  
Alexandria, Virginia 22314**

*Free digital edition delivered to your email box. Go to  
[connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)*

**NEWS DEPARTMENT:  
[burke@connectionnewspapers.com](mailto:burke@connectionnewspapers.com)**

**Kemal Kurspahic**

Editor ♦ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Abigail Constantino**

Editorial Assistant  
703-778-9410 ext.427  
[aconstantino@connectionnewspapers.com](mailto:aconstantino@connectionnewspapers.com)

**Tim Peterson**

Community Reporter  
703-314-0789  
[tpeterson@connectionnewspapers.com](mailto:tpeterson@connectionnewspapers.com)

**Jon Roetman**

Sports Editor ♦ 703-752-4013  
[jroetman@connectionnewspapers.com](mailto:jroetman@connectionnewspapers.com)  
@jonroetman

**ADVERTISING:**

*For advertising information*

**e-mail:**

**[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)**  
703-778-9431

**Steve Hogan**

Display Advertising, 703-778-9418  
[shogan@connectionnewspapers.com](mailto:shogan@connectionnewspapers.com)

**Andrea Smith**

Classified Advertising, 703-778-9411  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**Debbie Funk**

National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

**David Griffin**

Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Editor & Publisher**

Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Executive Vice President**

Jerry Vernon  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Editor in Chief**

Steven Mauren

**Managing Editor**

Kemal Kurspahic

**Photography:**

Deb Cobb, Craig Sterbutzel

**Art/Design:**

Laurence Foong, John Heinly

**Production Manager:**

Geovani Flores

**Special Assistant to the Publisher**

Jeanne Theismann  
[jtheismann@connectionnewspapers.com](mailto:jtheismann@connectionnewspapers.com)  
@TheismannMedia

**CIRCULATION: 703-778-9426**

**Circulation Manager:**







Ann Oliver  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)





# Holidays IN THE City of Fairfax

12/3	6:30 PM	"The Best Christmas Pageant Ever"—City of Fairfax Theatre Company—Truro Anglican Church
12/5		<b>Festival of Lights &amp; Carols</b>
	8:00 AM–11:00 AM	Breakfast with Santa—Firestation #3 4081 University Drive, Fairfax \$5 Adults, \$3 Children, 3 and under Free <i>Proceeds benefit Fairfax Volunteer Fire Department</i>
	11:30 AM & 12:30 PM	Lunch with Santa—Old Town Hall—3999 University Drive
	12:00 NOON–7:00 PM	Holiday Festivities—Old Town Square—3999 University Drive/Fairfax
	3:00–5:00 PM	Visits with Santa—Old Town Hall—3999 University Drive FREE <i>Bring your own camera</i>
	5:30 PM	Lighting of the Christmas Tree—Old Town Square—3999 University Drive
	6:00–7:00 PM	Candle Lit tour of Ratcliffe—Allison House—10209 Main Street FREE
	7:30 PM	"A Celtic Christmas" with Sior-Og—Old Town Hall—3999 University Drive \$10 Adults, Ages 12 and under FREE
	2:00 PM & 6:30 PM	"The Best Christmas Pageant Ever" performed by City of Fairfax Theatre Company—Truro Anglican Church
12/6	12:00 NOON–4:00 PM	Christmas in Camp—Historic Blenheim—3610 Old Lee Highway
	2:00 PM	"The Best Christmas Pageant Ever" performed by City of Fairfax Theatre Company—Truro Anglican Church
12/7	10:30 AM	Old Town Hall Children's Series with Mr. Skip
12/11	8:00 PM	Bonita Lestina Series at Old Town Hall "Holiday Traditions" performed by Cathedral Brass
12/13	3:00 PM	Northern Virginia Youth Winds—Woodson HS
	5:00 PM	Carols by Glowstick—Truro Anglican Church—3501 Rebel Run
12/19	7:00 PM	"Christmas in Fairfax" performed by City of Fairfax Band—Fairfax HS
12/21	10:30 AM	Old Town Hall Children's Series with Bob Brown Puppets performing "Christmas Capers"


[www.visitfairfax.com](http://www.visitfairfax.com)  






## REKINDLE

a celebration of  
*our*  
SAVIOR

December 20

Christmas Service • 10 am

Musical and Drama • 5 pm

Fairfax Baptist Temple

6401 Missionary Lane, Fairfax Station, VA 22039

703-323-8100 FBTministries.org

## Fairfax Water

### NOTICE OF PUBLIC HEARING ON WATER RATE AND PROPOSED 2016 BUDGET

At 6:30 p.m. on Thursday, December 17, 2015, Fairfax Water will conduct a public hearing on its proposed Schedule of Rates, Fees and Charges and its proposed 2016 Budget. The hearing will be held in Fairfax Water's offices at 8570 Executive Park Avenue, Fairfax, VA.

The proposed changes to the Schedule of Rates, Fees and Charges, to be effective April 1, 2016, include the following:

1. An increase in the Availability Charge from \$3,950 to \$4,100†.
2. An increase in the Local Facilities Charge from \$9,750 to \$10,240.
3. An increase in the Service Connection Charge from \$1,090 to \$1,150†.
4. An increase in the Account Charge from \$36 to \$37.
5. An increase in the Quarterly Billing Service Charge from \$9.80 to \$10.10†.
6. An increase in the base Commodity Charge from \$2.55 to \$2.68 per 1,000 gallons of water.
7. An increase in the Peak Use Charge from \$3.55 to \$3.80 per 1,000 gallons of water.
8. An increase in the Turn Off / Turn On Charge from \$50 to \$52.
9. An increase in the Fees for Use of Fairfax Water Fire Hydrants to include the increase in the Commodity Charge and Peak Use Charge.
10. A decrease in the Overhead Charge for Labor from 110% to 104%.
11. A decrease in the Overhead Charge for Materials from 25% to 16%.
12. An increase in the Installation of Sewer Use Meter Charge from \$45 to \$46.

†Charges reflect fees associated with a standard 5/8" residential meter. Changes in charges for larger residential and commercial meters are reflected in the proposed Schedule of Rates, Fees, and Charges.

Fairfax Water is proposing a \$170.4 million budget for calendar year 2016\*. Revenues are expected to be \$170.4 million in 2016. Water sales are expected to provide \$147.3 million. Approximately \$23.1 million is expected from connection charges, investment income and other sources.

The major areas of operation and maintenance expense are:

Category	-- \$1,000s --	
	2015	2016
Personal Services & Employee Benefits	\$ 53,891	\$ 55,581
Power and Utilities	10,677	10,750
Chemicals	6,335	7,857
Purchased Water	6,717	6,090
Supplies and Materials	4,985	5,113
Insurance	1,017	1,050
Fuel	781	880
Postage	637	664
Contractual Services	9,930	10,422
Professional Services	1,146	1,046
Other	2,363	2,447
<b>Sub-Total</b>	<b>98,479</b>	<b>101,900</b>
Transfer to Improvement Fund	(9,669)	(9,616)
<b>Total</b>	<b>\$ 88,810</b>	<b>\$ 92,284</b>

Net revenues are expected to be appropriated as follows:

Debt Payment	\$41,417,000
Improvement Fund	\$11,000,000
General Fund	\$24,131,000

\*Fairfax Water's Board will continue to monitor economic factors and review revenues and expenditures at mid-year to determine if additional action is needed.

A copy of the proposed changes to the rates and the 2016 budget can be viewed on our Web site at [http://fairfaxwater.org/current/public\\_hearing\\_2015\\_12\\_17.htm](http://fairfaxwater.org/current/public_hearing_2015_12_17.htm). Those wishing to speak at this hearing or desiring a copy of the proposed changes should call Mr. Ken Lasso at 703-289-6194. Interested parties also may submit written comments to [PublicHearingComments@fairfaxwater.org](mailto:PublicHearingComments@fairfaxwater.org) or mail written comments to:

Fairfax Water  
Public Hearing Comments  
8570 Executive Park Avenue  
Fairfax, VA 22031

All written comments must be received by close of business on **Wednesday, December 16, 2015** to be included in the record of the public hearing.



Looking for a New  
Place of Worship?  
Visit Antioch Baptist Church!



All Are Welcome!

Sunday Worship 8:00, 9:30 & 11:30 a.m.  
Sunday School for Children & Adults 9:30 a.m.  
Married Couples Sunday School 11:30 a.m.

Rev. Dr. Marshal L. Ausberry, Sr., Senior Pastor

Antioch Baptist Church  
6531 Little Ox Road  
Fairfax Station, VA 22039  
703-425-0710 • www.antioch-church.org

## WELLBEING

# Merry and Fit

BY MARILYN CAMPBELL  
THE CONNECTION

Just after 7:30 on a recent Sunday morning, the steady beat of Cold Play's "Viva la Vida" pulsed through the warm, sleepy air. In the back of the dim room, lit only by a lavender florescent strobe, were four women perched on stationary exercise bikes. At the command of the instructor, they stood up on the pedals, leaned in to the space in front of them and started to climb a virtual hill. "If these classes and our workouts weren't fun it'd be hard to get motivated, especially this early in the morning," said Jennifer Henry, one of the women.

The women, all friends, are taking an early morning spin class in an effort to achieve a common goal: to stay in shape and fend off weight gain during the holidays. They've formed what they refer to as a holiday fitness team. During the days between Thanksgiving and New Year's Day, the average American will pack on at least an extra pound that they won't shed, according to the New England Journal of Medicine.

So seeking out like-minded people and forming a support group with the goal of staying motivated, disciplined and accountable when it comes to health and fitness is

an effective weapon in the war on holiday bulge. The group concept is a fitness trend that becomes more useful during the season of indulgence, say experts.

"Working out in groups offers camaraderie and accountability," said Paul Raker, YMCA Alexandria, Virginia, which offered a "Find Your 150" program aimed at encouraging healthy eating and at least 150 minutes of cardio exercise each week. "What you'll find is that people are more likely to show up [for exercise] when they have a friend or small community as opposed to the person who tries to do it on their own."

Henry says her group has created a schedule that, in addition to their Sunday morning spin class, will include a once-weekly power walk at 8 o'clock in the evening, a weekly standing appointment with a trainer and an early morning bike ride. While they say that it is unlikely that each woman will make all of the sessions during the entire holiday season, they hope that having a road map will keep them on track. "If we didn't have any sort of plan, our group would totally fall by the wayside," she said. "We're making it as convenient for ourselves as possible to make sure we stick with it."

Before developing a schedule, there needs to be an acceptance by group members that the season will likely have an impact on

## Support groups help members maintain fitness during the season of indulgence.

one's diet and ability to exercise, said Bethesda, Maryland-based Kate Heller, a certified personal trainer and CrossFit trainer.

"Even if you find yourself missing a Zumba class or with less time to spend at the gym, it's still important to make exercise a priority," she said. "If you are over scheduled and can't get in a full workout, set aside time to at least do something to break a sweat and get your heart rate up."

Heller suggests maintaining a schedule by setting a calendar or smartphone reminder as you would for a doctor's appointment. Planning early morning workouts, like those of Henry's group, can head off scheduling conflicts.

"No one will have an office holiday party or meeting scheduled for 5 a.m.," said Lauren Blumenthal, an Arlington-based wellness coach. "Even a short cardio routine that gets your heart rate up and boosts your metabolism can help you feel healthier during the rest of the day."

Meeting a group of friends to plow through a Crossfit workout DVD or having pool of buddies to source when looking for healthful recipes that will hold up against calorie-laden holiday fare is another benefit of group fitness. "We found that when we offered nutrition seminars and then had a

potluck dinner where all of the group members prepared and brought a healthy dish, it was a great way to benefit from shared knowledge," said Raker.

When an evening holiday party is on your calendar and the temptation of heavy chocolate Yule logs and rum-spiked eggnog lurk in the subconscious, meal skipping to conserve calories should not be part of the health plan, says Sarah Leonard, an Oakton-based dietitian.

"You'll be ravenous by the evening and ready to eat everything in sight," she said. "If you know you'll be in a situation where you're tempted to eat rich and unhealthy food, eat small, vitamin-packed bites throughout the day. Try half of an avocado with a tomato or celery with a teaspoon of peanut butter. These are vitamin-packed and have good fat, so they're filling."

The group should acknowledge that the holiday season will be filled with merriment and temptations to indulge, and it's ok to yield to those desires with caution, says Blumenthal. "The goal of a fitness group shouldn't be to lose 10 pounds before the New Year. That's too restrictive and unrealistic and could backfire," she said. "Focus on not gaining any weight and on maintaining any fitness achievements you've acquired this year, like increased endurance."

## HEALTH NOTES

**THURSDAYS/DEC. 3-FEB. 3**  
**Grief Support Group.** 10:30 a.m.-noon. Clifton Presbyterian Church, 12748 Richards Lane, Clifton. The Clifton Presbyterian Church is offering to the church and community a Grief Support Group for those who have experienced a recent death and loss in their lives. This group will offer a safe and supportive place for participants to explore ways to walk the journey of grief and to "wrestle" with difficult, and sometimes unanswerable, questions. Dec. 3, 10, 17, Jan. 7, 12, 21, 28; Feb. 3. office@cliftonpc.org. 703-830-3175.

**TUESDAY/DEC. 8**  
**Dementia Caregivers Support Group.** Noon-1:30 p.m. Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The group is for those caring for someone with dementia or interested in learning more about providing caregiving to a person with a disorder that affects memory and cognition and may impact behavior and physical abilities. Contact Eileen Thompson at 703-451-8626 or Eileen.thompson1@gmail.com to attend.

**THURSDAY/DEC. 10**  
**Hospice and End of Life Care.** 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. This discussion will present the various aspects and benefits of hospice, as you deal with a difficult time. Free. InsightMCC.org. 703-204-4664.

**Gary Kramer, D.D.S.**  
**Sara Bunin, D.D.S.**  
DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY  
Dentistry for Children, Adolescents & Special Needs  
703-978-0051 [KBPediatricSmiles.com](http://KBPediatricSmiles.com)

SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA • 22015  
MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER  
WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

**UNIVERSITY MALL THEATRES**  
[www.universitymalltheatres.com](http://www.universitymalltheatres.com)  
We're located in University Mall, Fairfax  
Route 123 & Braddock Road, Lower Level

**Holiday Hooplah!!!**  
November 30th-December 23rd, 2015

<p><b>FREE!</b> <b>20 oz. Soda</b> *with purchase of Large Popcorn!</p> <p>With this Coupon. Good 11/30-12/23/15</p>	<p><b>FREE!</b> <b>ONE ADMISSION!</b> NOT VALID ON TUESDAYS *with purchase of one adult admission</p> <p>With this Coupon. Good 11/30-12/23/15</p>	<p><b>WOW!</b> <b>THE FAMOUS COMBO FOR ONLY \$17.00!!!</b> Includes: 2 Admissions, 2 Medium Drinks &amp; 1 Large Popcorn! (You Save \$6.00)</p> <p>With this Coupon. Good 11/30-12/23/15</p>
--	--	--

\* With coupon, not valid with any other offer, one per person per visit.

## A healthy body starts with a healthy mouth!

At Peter K. Cocolis, Jr. and Associates, we believe optimum oral health is key to total body health and well-being. These days, going to the dentist is not just about taking good care of your teeth; it is about taking good care of your health. Problems in your mouth can be signs of trouble elsewhere in your body. Your oral exam reveals important early warning signs for many total-body conditions including diabetes, oral cancer and high blood pressure.

Whether your family seeks general preventive maintenance, cosmetic, or advanced restorative and implant dentistry to transform your smile's function and appearance, Drs. Cocolis and DaSilva are renowned by peers and patients alike for exceptional personalized care in a friendly, safe and state-of-the-art-environment.

Consistently named "Top Dentist" in *Northern Virginia* magazine and among the "Best Dentists in the Metropolitan Area" in



*Washingtonian* magazine, Drs. Cocolis and DaSilva exceed industry standards in the time they dedicate to continuing education and service. Our skilled and compassionate team pairs patient education with the latest dental techniques and technology, offering an extensive array of dental services including digital x-rays, injection-free laser procedures, CAD-cam same-day porcelain crowns, tooth whitening, Invisalign, and veneers. We offer a variety of sedation options including oral sedation and nitrous oxide (sleep dentistry) and are dedicated to easing all aspects of your dental experience.

Visit us on the Web or give us a call to discover what our patients are saying and to make your appointment.

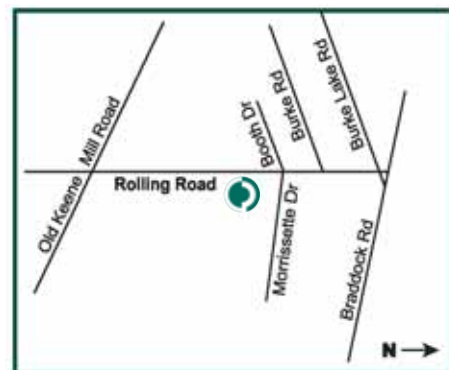
### Our Services:

- Routine cleanings and check-ups
- Fillings and sealants
- Sedation "sleep" dentistry
- Nitrous oxide
- Crowns, bridges, inlays, onlays
- Extractions
- TMJ/TMD therapy
- Endodontic (root canal) therapy
- Periodontal (gum) therapy including scaling and root planning
- Custom partial and full dentures
- Custom occlusal and sport guards
- Implants
- Bonding and veneers
- In-office professional whitening
- Invisalign (clear braces without the wires)

Selected as one of the  
**"Best Dentists in America"**

**"Best Dentists in Metropolitan Area"**  
by *Washingtonian Magazine*

**"Top Dentist"**  
by *Northern Virginia Magazine*



**Peter K. Cocolis, Jr., DMD & Associates**

**Peter K. Cocolis, Jr., DMD, MAGD**  
**Emily A. DaSilva, DDS, FAGD**

Monday-Thursday 8 A.M.-5 P.M.; Friday\* 8 A.M.-1 P.M. \*Once monthly for sedation appointments

**5803 Rolling Road, Suite 211  
Springfield, VA 22152**

**703-912-3800 • www.smiles4va.com**



The Joint Chiropractic ribbon cutting at Greenbriar Town Center. From left: Tracy Gilbert, Wellness coordinator, The Joint; Eileen Curtis, president and CEO, Dulles Regional Chamber of Commerce; Jarod Rehmann, DC and Becky Rehmann, DO, co-owners, The Joint; Susan Banville, Chamber representative.

PHOTO CONTRIBUTED

## The Joint Chiropractic Opens in Fairfax

The Joint Chiropractic is now open in Fairfax at the Greenbriar Town Center, 13037B Lee Jackson Memorial Highway.

Dignitaries at the grand opening ribbon cutting ceremony held Oct. 15, included Dulles Regional Chamber of Commerce president and

CEO Eileen Curtis, membership director, Lauri A. Smith, and clinic co-owners doctors Jarod Rehmann, DC, and Becky Rehmann, DO.

New patients receive a special introductory rate of \$19 for consultations, exams and adjustments.

## DR. GENE SWEETNAM DR. GRACE CHANG OPTOMETRISTS



**TWO CONVENIENT LOCATIONS**

- Family & Pediatric Vision Care
- Comprehensive Eye Exams • Treatment of Eye Diseases
- 21 years Naval Service, 6 years Active Duty
- Laser Vision Consultants • Over a thousand frames in stock
- We carry all major brands of contact lenses • In-house lab

### Most Insurances Accepted:

Anthem Blue Cross/Blue Shield, Care First, Medicare, Tricare In-network Doctor, Vision One Discount, Avesis, Aetna HMO/PPO/POS, PHCS, VSP® Network Doctor, EyeMed Vision Care, United Healthcare, VA Medicaid

WE WELCOME YOUR DOCTOR'S PRESCRIPTION

5204A Rolling Rd.  
Burke Professional Center  
Burke, VA 22015  
**703-425-2000**

8951 Ox Rd., Suite 100  
Shoppes at Lorton Valley  
Lorton, VA 22079  
**703-493-9910**

[www.drsweetnam.com](http://www.drsweetnam.com) • [www.sightforvision.com](http://www.sightforvision.com)



Runners pose with the inflatable turkey before the race begins.



PHOTOS BY  
STEVE HIBBARD/  
THE CONNECTION



Race organizer Juliet Neal greets runners before the race began on Thanksgiving morning.

## Burke Turkey Trot Raises \$5,500 for Parkinson's Disease

About 500 people participated in the Turkey Trot 5K Run and 1 Mile Fun Run for Parkinson's Disease on Thanksgiving Day at Burke Lake Park, raising \$5,500 for the cause. The money will benefit the Michael J. Fox Foundation for Parkinson's Research. The chip-timed event was organized by Juliet Neal, a running coach with West Springfield Running who has a family member diagnosed with the disease.

"I'm very surprised at the huge turnout," said Neal of West Springfield, who used social media and the Springfield chapter of Moms Run This Town, a local running group with 1,000 members, to help get the

word out about the race. What she likes about the Michael J. Fox Foundation, she said, was that "100 percent of the donations goes to research; there are no administrative fees. And the Fox Foundation does a lot for families, too."

The first-place male in the 5K race was Dylan Morgan of Fairfax Station with a time of 16:27; the first-place female was Katie Fabish of Springfield with a time of 19:29. The first place winner of the one-mile fun run was Cristiano Garcia, age 5, of Springfield.

— STEVE HIBBARD



The starting line of the first annual Turkey Trot 5K Run for Parkinson's Disease on Thanksgiving Day at Burke Lake Park.

## "Fairfax County's Founding Fathers" Revisited at History Conference

BY LYNNE GARVEY-HODGE  
FAIRFAX COUNTY HISTORY COMMISSION

The 11th annual Fairfax County History Conference was held Saturday, Nov. 7 at the Sherwood Community Center in Fairfax, titled "Fairfax County's Founding Fathers - Part I."

Board of Supervisors chairman Sharon Bulova kicked off the conference that was attended by more than 100 guests and filmed by local Cable Channel 16. Guests included authors and exhibitors: the Burke Historical Society, the BRCWRT, the Fairfax County Cemetery Preservation Association, Chuck Mauro, Chuck Mills, Carole Herrick and many, many others.

Chairman Bulova presented Greg P. Wilson with the Ross Netherton Award for his fine research on "Jonathan Roberts - The Civil War's Quaker Scout and Sheriff."

An overview on the Fairfax Families and George Washington was provided by the Jenee Lindner. Steve Bashore talked about Mount Vernon's farm and distillery. He had to leave quickly return to Mount Vernon in order to oversee this

season's preparation of Rye Whiskey, still in process today.

President George Washington was able to join as well. Guest historian Helen Anderson shared a minuet with the general. As one guest stated, "Virtuoso performances by Dean Malissa (The General George Washington) and Marion Dobbins."

General Washington talked about "E pluribus unum" - a sentiment truly much noteworthy in this day and time. Marion Dobbins re-enacted an 18th-century freed African American woman and in the telling gave us serious insights to her own seventh-generation Fairfax County heritage and the cold, lonesome world of a former slave.

Katrina Krempasky provided an excellent overview of the journey of the wills of George and Martha Washington before being carefully returned to Fairfax County.

A Trivia Quiz throughout the day kept everyone on their toes and a special five-year return from veteran historian Nadine Mironchuk from Chelsea, Mass. was honored. All attendees received a copy of "In the Path of History" authored by Ross and Nan Netherton and Ruth Rose.

A new addition was the "Drop & Swap" book table which had, at its height, 30 books and was whittled down to three by the



PHOTO COURTESY OF LYNNE GARVEY-HODGE

**Fairfax County History Commission members (from left) Phyllis Walker Ford, Mary Lipsey Carole Herrick (Chairman of the FCHC Commission), Lynne Garvey-Hodge (Chairperson of the Conference and Awards Committees, FCHC Commission), Gen. George Washington (aka Dean Malissa), Sallie Lyons, Jenee Lindner and Mike Irwin.**

conference's end.

The conference for 2016 is tentatively set for Nov. 12, 2016 at the Sherwood Com-

munity Center in Fairfax. "Fairfax County's Founding Fathers Part II" will a focus on George Mason.



## NEWS

### Burke Centre Swimmers Present Donation to Burke CARES

Continuing an annual tradition dating back to the early 2000s, representatives from the Burke Centre Penguins and Stingers summer swim teams presented Burke CARES a check for \$2,668.50 on Nov. 12. The two teams raised money through Swim-A-Thon fundraisers held during their season earlier this year.

The Penguins team began donating to cystic fibrosis research in 2002 and 2003, then supported Katrina Nelson in 2003 after she was diagnosed with cancer. Funds went to the charitable organization CaringBridge until the mid-2000s and then to the Leukemia and Lymphoma Society and Burke CARES.

The latter is a nonprofit community aid organization serving Burke residents and others living around the immediate Burke area.

Over the years, the teams have raised and donated more than \$60,000.

"Thank you to the many enthusiastic swimmers who swam hundreds of laps at the Swim-A-Thon to raise money for us," Burke CARES Director Linda Cottrell said in a statement. "And thank you to an army of moms, dads and other community members who volunteered countless hours and donated valuable items for auction contributing to another very successful fundraising year. Burke CARES would not be able to provide these services to our community with the generous donations from the Burke Center Swim Club."

—TIM PETERSON



PHOTO COURTESY OF LEIGH DUVAL

From left, Burke Centre Swim Club board president Cindy Reilly, Burke CARES Director Linda Cottrell, Burke Centre Penguins Swim-A-Thon Chair Hollie Gordon (Penguins Swim-A-Thon chair) and Burke Centre Stingers Swim-A-Thon Chair Jennifer Roberts at the check presentation before the Burke Conservancy Board of Trustees.



PHOTO COURTESY OF JASON STRICKLAND

Burke swimmers participate in a Swim-A-Thon for charity during the summer season earlier in 2015.

### OUR SPECIAL INVITATION CHAMPAGNE Holiday Breakfast SATURDAY, DECEMBER 5, 2015 8 A.M.—2 P.M.

START EARLY AND ENJOY STOREWIDE SAVINGS during our PRE-OPENING HOURS. We'll help you wrap up the best gifts from our collection of APPAREL, ACCESSORIES, GIFTS AND HOME ACCESSORIES. WE SPECIALIZE IN STOCKING STUFFERS FOR MEN, WOMEN, AND KIDS.



**Judy Ryan**

O F FAIRFAX X

Twinbrooke Centre • 9565 Braddock Rd.

Open 7 Days • 703-425-1855

Like us on Facebook

### Build Your Community Support Your Local Businesses.

THE  
**CONNECTION**  
to your community

[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

### Find Your Children Safe & Sound **KIDDIE COUNTRY** DEVELOPMENTAL LEARNING CENTER

REGISTER  
NOW!

#### DEVELOPMENTALLY APPROPRIATE SCHOOL YEAR AND SUMMER CAMP PROGRAMS

Designed to provide a complete, happy, safe learning environment in harmony with the needs of the child.

#### CHILDREN AGES 2-5

Full (6:30 a.m.-6:30 p.m.) and half day (9:00 a.m.-1:00 p.m.) programs

#### SPECIAL FEATURES

Developmental Curriculum • Degreed Teachers • Registered Nurse • Music Director • Nutritious Breakfast, Lunch and Snacks • Heated Swimming Pools • Spacious Shaded Playgrounds • Planned Orientations and Presentations for Parents • State Licensed

#### BEFORE & AFTER SCHOOL PROGRAMS

#### AGES SIX-ELEVEN YEARS

#### GRADES 1-6

Transportation provided to Terra Centre, White Oaks, Orange Hunt, Sangster, Hunt Valley and Cherry Run Elementary Schools. Emphasis on special events, sports, time for homework, and student's choice of activities.

#### KINDERGARTEN

Registrations are now being accepted for the 2015-2016 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.

#### FULL DAY SUMMER CAMP PROGRAM AGES SIX TO ELEVEN YEARS

Program is organized into weekly themes packed with FANTASTIC FIELD TRIPS, A SENSATIONAL OVERNIGHT CAMP OUT, DAILY SWIMMING, SPORTS, DANCING, MUSIC, AND AN END OF THE SUMMER "SMASH" MUSICAL PRODUCTION BY OUR CAMPERS FOR THEIR FAMILIES.

#### KIDDIE COUNTRY I

Burke Centre  
Fairfax Station (Fairfax)  
6000 Schoolhouse Woods Rd.  
Burke, Virginia 22015  
703-250-6550

#### Come See Our Award-Winning Facilities!

(Both Schools Winners  
of American Institute  
of Architects Awards)

[www.kiddiecountry.com](http://www.kiddiecountry.com)

#### KIDDIE COUNTRY II

Burke-Springfield  
Fairfax Station (Lorton)  
9601 Old Keene Mill Rd.  
Burke, Virginia 22015  
703-644-0066

# WE ARE MASON

Game Sponsor  
**Apple**

GEORGE MASON BASKETBALL

GEORGE  
MASON

VS

NORTHERN  
IOWA

Tuesday Dec. 8 at 7:00 PM | EagleBank Arena

BUY YOUR 3 GAME HOLIDAY PLAN NOW!



703-993-3270  
[WeAreMason.com](http://WeAreMason.com)



# CALENDAR

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

## Ongoing

**FCPS Art Teachers Exhibition.** Nov. 14-Dec. 6. W-16 McGuireWoods Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Join for the exhibitions by the FCPS best art teachers. Discover the breadth of talent found in FCPS as you view works by art teachers. The exhibit will feature various media, unified by the artist's passion to educate. [workhousearts.org](http://workhousearts.org). 703-585-2900.

**Children's Theatre: "The Nutcracker."** 1-2:15 p.m. & 3-4:15 p.m. Saturdays. Dec. 5, 12, 19, 26. W-3 Theatre, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Presented by Mestey Films Productions. Playwright Vianlix Mestey produces an original retelling of the favorite holiday story in play form. Running time 75 minutes with one intermission, appropriate for all ages. \$9-\$13. [workhousearts.org](http://workhousearts.org). 703-585-2900.

**Iconic Images from the American Civil War.** Through Dec. 31. Tuesday-Friday, 10 a.m.-3 p.m. Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. The exhibition features a selection of 110 historical photographs of the Civil War by photographers (including renown photographers George Barnard, Mathew Brady, and Alexander Gardner. 703-691-0560.

**THURSDAY-SATURDAY/DEC. 3-5**  
**Alice's Adventures in Wonderland**



PHOTO CONTRIBUTED

**Danú will be at the Center for the Arts on Sunday, Dec. 6 at 4 p.m. Hailing from Ireland's historic County Waterford, Danú has built a massive fan base worldwide due to its ebullient performances and mastery of traditional Celtic instruments.**

**and the Story Behind the Madness.** Dec. 3-4, 7 p.m. Dec. 5, 1 p.m. 5200 Ox Road, Fairfax. ale of a dream so whimsical that it transports one to another world, could it have been created by 3 young girls and a math professor? Yes, it's true! Bring your family to see the 150 year old original text come to life, and hear the story... behind the Madness. \$8, \$10. [www.facebook.com/Aliceinfairfax.com](http://www.facebook.com/Aliceinfairfax.com).

**FRIDAY-SATURDAY/DEC. 4-5**

**Norwegian Festival/Bazaar.** Friday, 10 a.m.-7 p.m. Saturday, 9 a.m.-4 p.m. Christ Lutheran Church, 3810 Meredith Drive, Fairfax. Fifth year with Norwegian café, Fjord horses,

live music, Nordic Dancers, Norwegian food products and goods. Local Nordic artisans. Waffle, krumkake, lefse demos, baked goods and Kransekake sales. Free. [www.norwaydc.org](http://www.norwaydc.org). 703-573-5943.

**SATURDAY/DEC. 5**

**City of Fairfax Festival of Lights and Carols.** 11:30-7 p.m. Old Town Hall, 3999 University Drive, Fairfax. Come enjoy live holiday music, hot cider, s'mores by the Yule log, petting farm, Ferris wheel, caroling and lighting of the Christmas tree in the winter wonderland. Visit [www.fairfaxva.gov/about-us/special-events/festival-of-lights-and-carols](http://www.fairfaxva.gov/about-us/special-events/festival-of-lights-and-carols) for times and locations.

**Lunch with Santa.** 11:30 a.m., 12:30 p.m. Old Town Hall, 3999 University Drive, Fairfax. Have lunch with Santa. \$6. Parents free. Ages 10 and under. Visit [www.fairfaxva.gov](http://www.fairfaxva.gov) for ticket information or call 703-385-7858.

**A Celtic Christmas with Sior-Óg.**

**7:30 p.m.** Old Town Hall, 3999 University Drive, Fairfax. City of Fairfax Commission on the Arts sponsors the seventh annual Christmas concert. Adults \$5.00 and Children 12 and under free. [www.fairfaxarts.org](http://www.fairfaxarts.org).

**Horse Society Holiday Procession.**

**2 p.m.** Town of Clifton. Clifton kicks off the holiday season by parading through the town to Lustre's Field for the costume judging and to share refreshments with the town folks who come to admire and "get in the holiday spirit." This year there will be a special appearance by Santa. <http://clifton-va.com/>.

**Advent Coffee Concert.** 9:30 a.m. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke. The St. Stephens United Methodist Women Maranatha Singers will present an enjoyable morning of holiday music. The theme of the concert will be "A Joyful Noel." Refreshments will be served after the concert. Free.

**Art Guild of Clifton Holiday Show.**

**2-7 p.m.** Clifton Presbyterian Church, 12748 Richards Lane, Clifton. A feature of this year's show will be instruction and craft demos for youth visitors. They will be able to use a variety of papers and stamping to create Holiday cards and gift accessories suitable for their gift giving. [www.artguildofclifton.org](http://www.artguildofclifton.org).

**Clifton Tree Lighting.** 6 p.m. Ayre Square. Campfire, marshmallow

roast, carols. [www.clifton-va.com](http://www.clifton-va.com).

**Author Talk and Musical Program.**

**8 p.m.** Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Liel Leibovitz and a musical program, both celebrating the artist Leonard Cohen. Leibovitz's

new biography, "A Broken Hallelujah: Rock and Roll, Redemption and the Life of Leonard Cohen," brings to life the passionate poet-turned-musician and what compels him and his work. \$24, \$20, \$14. [www.jccnvarts.org](http://www.jccnvarts.org). 703-537-3000.

**SCHS PTSO Craft Show.** 9 a.m.-3 p.m. South County High School, 8501 Silverbrook Rd, Lorton. Over 140 crafters and vendors will be in attendance selling unique handcrafted items. Cookies with Santa from 9:30-11:30 a.m. sponsored by our SCHS Leadership program. Free-\$3.

**Unite Jadalyn and Jasper Benefit**

**Concert.** 7 p.m. Robinson Secondary School, 5035 Sideburn Road, Fairfax. Help get a police officer's autistic daughter get a therapy dog. Featuring Soldiers of Suburbia, Homer's Donut, UCMEE, Tyler Plazio, Nicoletta Karamanis. <https://www.gofundme.com/jadalynandjasper>.

**SATURDAY-SUNDAY/DEC. 5-6**

**38th Annual Arts and Crafts Show.**

**9 a.m. - 4 p.m.** Audrey Moore RECenter, 8100 Braddock Road, Annandale. Top quality handmade arts and crafts by nearly 120 of the area's finest artisans selling handmade items and plenty of great gifts to choose from. Visitors will also be able to find clothes, drawings, photography, pottery, ceramics and metal and wood crafted items. Admission is \$2 per person; children ages 12 and under are free.

**26th Annual Holiday Model Train**

**Show.** Saturday, 10 a.m.-5 p.m. Sunday, noon-4 p.m. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. Model and toy trains displays in G, Standard, O, S, Lego, HO, N and Z Gauges. The "Train Doctor" will be

SEE CALENDAR, PAGE 15

## COMMUNITIES OF WORSHIP

### Jubilee Christian Center

"Loving People to Life"

Worship Gathering - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sunday Evening - Realtime Worship & Youth 6 PM  
Family Night - Wednesday 7:15 PM  
Home Life Groups & College/Young Adult Ministries  
Visit our Website: [www.jccag.org](http://www.jccag.org)  
4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170



5690 Oak Leather Drive  
Burke, VA 22015  
703-764-0456  
[www.BurkePresChurch.org](http://www.BurkePresChurch.org)

**Sunday Worship:**  
8:30 & 11:00 am

**Saturday Worship:**  
5:30 pm CoffeeHouse

Breakfast with St. Nick: Saturday, December 12, 9-11 am

Longest Night Service: Saturday, December 19, 5:30 p.m.

Christmas Cantata • Sunday, Dec.20, 8:30 & 11 am



*Messiah* United Methodist Church

**Celebrate Christmas Eve at Messiah!**

**5 pm**—A family-friendly worship service.

**7 pm**—A Contemporary Christmas.

**9 & 11 pm**—Traditional carol and candlelight services with holy communion.

6215 Rolling Road, Springfield  
(near West Springfield High School) [www.messiahumc.org](http://www.messiahumc.org)  
703-569-9862

**Looking for a New Place of Worship?**  
**Visit Antioch Baptist Church!**  
**All Are Welcome!**

Sunday Worship 8, 9:30 & 11:30 a.m.  
Sunday School for Children & Adults 9:30 a.m.  
Married Couples Sunday School 11:30 a.m.

**703-425-0710 • [www.antioch-church.org](http://www.antioch-church.org)**  
6531 Little Ox Road, Fairfax Station, VA 22039



## MEET 300 ARTIST ENTREPRENEURS IN PERSON!



**SUGARLOAF CRAFTS FESTIVAL.**

**DECEMBER 11, 12, 13, 2015**  
**Dulles Expo Center**  
Chantilly, VA • RT 28 AT WILLARD RD  
Admission \$8 online, \$10 at the door - good all 3 days  
Children under 12 and parking are FREE  
Fri. & Sat. 10-6, Sun. 10-5

DISCOUNT TICKETS, show info, exhibitor lists, directions and more at:

**SugarloafCrafts.com**

SUGARLOAF MOUNTAIN WORKS, INC. • 800-210-9900

To  
Advertise  
Your  
Community  
of Worship,  
Call  
**703-778-9418**

For a free digital subscription to one or all of the 15 Connection Newspapers, go to [www.connectionnewspapers.com/subscribe](http://www.connectionnewspapers.com/subscribe)

Be the first to know – get your paper before it hits the press.

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: [goinggreen@connectionnewspapers.com](mailto:goinggreen@connectionnewspapers.com)

**THE CONNECTION**  
NEWSPAPERS





available to fix or advise on broken models. Free for museum members. Adults \$5, children \$2. [www.fairfax-station.org](http://www.fairfax-station.org).

**SUNDAY/DEC. 6**

**Children's Christmas Musical.** 11 a.m.-6 p.m. Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. A Christmas musical, "An Out of the Box Christmas." [www.jccag.org](http://www.jccag.org). 703-383-1170.

**Danú "A Christmas Gathering: Féile Na Nollag."** 4 p.m. George Mason Center for the Arts, 4373 Mason Pond Drive, Fairfax. Hailing from Ireland's historic County Waterford, Danú has built a massive fan base worldwide due to its ebullient performances and mastery of traditional Celtic instruments. \$32-\$54. [cfa.gmu.edu](http://cfa.gmu.edu). 888-945-2468.

**WEDNESDAY/DEC. 9**

**Middle School Orchestras.** 7 p.m. Robinson Secondary School, 5035 Sideburn Road, Fairfax. Enjoy selections from the Nutcracker, the Leyden String Serenade and more. Canned food drive to benefit families of FCPS bus drivers. Free. 703-426-2143.

**THURSDAY/DEC. 10**

**High School Orchestras.** 7 p.m. Robinson Secondary School, 5035 Sideburn Road, Fairfax. Featuring the music of Mozart, Rimsky-Korsakoff, Brahms, Tchaikovsky and Beethoven. Canned food drive to benefit families of FCPS bus drivers. Free. 703-426-2143.

# Holiday Musical with Universal Appeal

## Hub Theatre premieres 'Wish List.'

BY DAVID SIEGEL  
THE CONNECTION

Fairfax's professional Hub Theatre has developed its own welcoming way to celebrate the holiday season. It is "Wish List," a musical full of magical stories, heartwarming songs within a comforting atmosphere, like a warmly burning yule log.

"Wish List" will bring a wide range of family entertainment for the holiday season, from Hippopotamuses and Red Rider B.B. Guns to "Peace on Earth and Good Will Toward Men." There will be something for everyone, even those who might be in a "bah humbug" mood.

The inspiration for "Wish List" was the desire "to capture our favorite parts of the holiday season. The songs and stories focus on our wants, our needs and our wishes" said Helen Pafumi, Hub Theatre's artistic director. "We crafted the show as a mix of story and song that people are familiar with, but



PHOTOS COURTESY OF HUB THEATRE  
**Helen Pafumi, Hub Theatre Artistic Director**

they will also get a taste of lesser known tales and songs.

"Our show is fashioned so that everyone can take part and be part of the production. We want the experience to be a gift for the audience," added Pafumi. The audience will be asked to participate on some of the songs played with live music, such as Katie Jeffries on guitar.

"Holidays are to be shared; not



**Katie Jeffries, Hub Theatre's 'Wish List' cast member.**

just with family and friends, but with strangers you may pass in the street," said "Wish List" director Kelsey Mesa. "Holidays are a universal experience; there is generosity, excitement, silliness, and joy. Sometimes there are bittersweet moments.

"We want 'Wish List' to capture all of the different notes of the holidays and we invite the audience to celebrate the experience

## Where and When

Hub Theatre presents "Wish List" at the John Swayze Theatre at the New School of Northern Virginia, 9431 Silver King Court, Fairfax. Performances: Dec. 11-20, 2015. Performances Fridays at 8 p.m., Saturdays at 8 p.m. and Sundays at 2 p.m. Tickets: \$20-\$30. Call 800-494-8497 or visit: [www.boxofficetickets.com](http://www.boxofficetickets.com)

with us," said Mesa.

"I'll be telling stories and singing songs in 'Wish List'. These are two of my favorite things to do all year round, but especially during the holidays," said cast member Rose McConnell. "I am one of those people who like to believe that we are our best selves at this time of year."

For cast member Sasha Olinick "Wish List" articulates seasonal stories that "strive to build community" as well giving everyone "a better understanding of what other people experience at this time of year."

"This is the time of year, that no matter your faith, we give more, and watch out for our fellow man more than any other time of year. Finding new ways to highlight that is a chance that we should never pass up," said Pafumi.

# Lake Braddock Football Falls in Region Semifinals

## Bruins lose to Westfield for third straight season.

BY WILL PALENSCAR  
THE CONNECTION

The Westfield football team traveled to Burke on Nov. 28 and defeated Lake Braddock 31-7 in the 6A North region semifinals. The Bulldogs secured a spot in the region championship game and will face South County at 2 p.m. on Saturday, Nov. 5 in Lorton.

It was the third straight season Westfield beat Lake Braddock in the region semifinals.

Westfield and Lake Braddock each entered Saturday's semifinal with 11-1 records. Each team's loss came to South County, which defeated Robinson in the other semifinal matchup to advance. Prior to the kickoff, Westfield honored graduate Conor Bouveron, who tragically died earlier in the week. Bouveron was the 2014 No. 1 in kicker in the state and a Washington Post All-Met selection in football. Bouveron also played lacrosse and soccer and held The Boy Scouts of America highest rank of Eagle Scout.

Westfield started Rehman Johnson at

quarterback and shifted Tyler Scanlon, who was named Conference 5 Offensive Player of the Year while playing quarterback during the regular season, to receiver. The move paid off early as Johnson connected with Scanlon for a 20-yard touchdown with 8:24 remaining in the first quarter. Brian Delaney's PAT gave Westfield an early 7-0 lead.

Lake Braddock, after starting at its 28-yard line, wasted no time countering. With 6:24 to go in the first quarter, Bruins running back Lamont Atkins ran in from 2 yards out, and after a Nicholas Bruhn PAT the score was deadlocked at 7.

On the next possession and four unsuccessful offensive plays, the Bulldogs were forced to punt. Lake Braddock, starting from its 27-yard line would move the ball down the field. On third down Kyle Edwards dropped back to pass and Westfield's Kevin Petrillo intercepted Edwards' pass and Westfield would take over with 1:38 to go in the first.

In the second quarter, Scanlon was inserted briefly at quarterback, where he and Westfield marched down the field with a mix of passes and runs. Then, on second down, Johnson again was back at quarterback and hit Scanlon for a 19-yard score with 10 minutes to go in the quarter. Delaney's extra pointy made it 14-7



PHOTO BY WILL PALENSCAR

**Kyle Edwards, left, Ibrahim Mansaray and the Lake Braddock football team lost to Westfield in the 6A North semifinals on Nov. 28.**

Westfield. With 5:59 to go in the quarter, Delaney kicked a 41-yard field goal to put Westfield up 17-7 at halftime.

In the third quarter, Westfield's Terrell

Monticue rushed in for a 1-yard score with 7:21 on the clock and Westfield was now up 24-7. Later in the fourth, Westfield's Johnson connected once again with Scanlon for the pair's third touchdown reception of the game, Westfield was now up 31-7.

Westfield intercepted four passes on the afternoon, including two by linebacker Kevin Petrillo. Linebacker Billy Pickett and safety Joe Caron each had one.

"Our game plan was to provide pressure and force [Lake Braddock quarterback Kyle Edwards] to throw the ball before he was ready," Westfield assistant coach Rob Everett wrote in an email. "In addition, we disguised our coverages and where we were coming from to not allow them to get into a rhythm. We are excited about another chance at South County and are fortunate to be healthy and still playing."

Lake Braddock ends its season with an 11-2 record. Westfield will play at South County (13-0) in the 6A North final. The winner of that game will play either Oscar Smith (12-0) or Thomas Dale (9-4) in the VHSL state championship game, which will be played at Scott Stadium, home of the University of Virginia in Charlottesville on Dec. 12.



# SPORTS



PHOTO BY JEFF MCQUILKIN

**South County receiver Dillon Spalding reaches for the end zone during the 6A North region semifinals on Nov. 28 but is ruled down at the 1-yard line, setting up the Stallions' first touchdown.**



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Michael Williams celebrates during South County's 20-15 win over Robinson in the 6A North semifinals on Nov. 28 at South County High School.**

## South County Defense Excels in 6A North Semifinal Victory

**Stallions will host Westfield in region championship game Dec. 5.**

BY JON ROETMAN  
THE CONNECTION

**W**ith the first half coming to a close and Robinson fighting to avoid another failed red zone trip, the South County defense stuffed Rams running back Sean Foncha at the line of scrimmage on fourth-and-one, preserving the Stallions' four-point lead.

When the run-oriented Robinson offense tried to make a play through the air, defensive back Kofi Bell was there for South County, intercepting a pass in the fourth quarter and returning it 55 yards for a touchdown, giving the Stallions a double-digit advantage.

And when the Stallions had to fend off one final push from the resilient Rams, senior linebacker Kevin Allen sacked Robinson quarterback Alex Miller on fourth down, ending the Rams' comeback hopes.

South County is known for its up-tempo offense and entered the 6A North region semifinals averaging more than 40 points per game. On Nov. 28, however, it was the defense that excelled during a 20-15 victory over Robinson at South County High School that earned the Stallions a berth in the region championship game.

South County, the top seed in the region, improved to 13-0 and will host No. 3 seed Westfield (12-1) at 2 p.m. on Saturday, Nov. 5.

Robinson, the No. 5 seed, entered Saturday's contest hoping to neutralize South County's potent offense, in part, by keeping it off the field with its own time-consuming drives. The Rams' wing-T offense rushed for 267 yards and had the ball in South County territory during eight of its 12 possessions, but South County came up with stops when it mattered most.

"We talked ... all week that all the talk was that [the Rams] were the more physi-

cal team and they were going to be able to pound us and we had no answer for it, so I think our kids took it as a challenge," South County head coach Gerry Pannoni said.

Trailing 20-15, Robinson started its final possession at its own 31-yard line with 2:09 remaining. Four plays later, including a one-handed 18-yard reception by Da'Jon Lee on third-and-eight, the Rams had a first down at the South County 35.

Two plays later, four Stallions, including Bell and Allen, pressured Miller into a 10-yard loss. On fourth-and-19 from the 44, Allen sacked Miller, ending Robinson's season.

**SOUTH COUNTY** took a 13-3 lead when quarterback DeAndre Clayton connected with Nathaniel Avery for a 44-yard touchdown with 6:17 remaining in the third quarter. Robinson responded quickly, however, cutting the Stallions' lead to 13-9 on a 1-yard sneak by Miller with 3:53 left in the third. Robinson's five-play, 57-yard scoring drive started with a 50-yard run by Foncha.

With 9:41 remaining in the fourth quarter, Robinson started a drive at midfield with a chance to take the lead. But after two run plays netted a loss of three yards, the Rams were forced to go to the air and South County's Bell took advantage, intercepting Miller's pass and returning it 55 yards for a score.

"I'd been waiting for it all game," Bell said. "The whole game, I saw it coming. You see the film: they only run three different pass plays, so I knew one of them had to come to me eventually. I saw my man, baited the quarterback, made him think he was open, so I sat, broke on the ball and that was it. ... I knew exactly where he was going to go with it — a very predictable offense. A good team, though."

Bell's pick-six proved vital for South County as Robinson scored less than a minute later, when Foncha scampered 40

yards for a touchdown with 7:34 remaining, cutting the Stallions' lead to 20-15.

Foncha carried 18 times for 139 yards and a touchdown. Lee had 94 yards on 14 carries, and Roman Lowery rushed 13 times for 37 yards.

"We knew all year that they were a grind-it-out team," Allen said. "They just like to bully people, so we knew they were going to come out [and] try to do the same thing to us. We came out, it's on our field, we didn't want to be disrespected ... and we just beat them at their own game."

South County opened the game with a 13-play, 64-yard drive that took 4 minutes, 9 seconds off the clock ended with a 1-yard DeMarcus Ramsey touchdown run and a 7-0 Stallions lead. Robinson countered with a 12-play, 64-yard drive that chewed up 5:43, but the Rams had to settle for a 30-yard Nathan Musso field goal, cutting the South County lead to 7-3. Robinson had a first down at the South County 17-yard line, but netted four yards on its next three run plays.

Robinson started a drive at its own 15 with 8:13 remaining in the second quarter and a 53-yard run by Lee on first down quickly put the Rams in South County territory. Robinson reached the South County 13, but a penalty against the Rams led to fourth-and-11 at the 21. Robinson lined up for a 38-yard field goal attempt but ran a fake instead, with Miller, the holder, throwing a pass. The pass fell incomplete, and South County took over on downs, still leading 7-3.

Robinson recovered a South County fumble and returned it to the Stallions 20-yard line with 44 seconds remaining in the first half. After a 7-yard run by Lee on first down, Foncha was stuffed for no gain on second down and Lee picked up 2 yards on third down, setting up fourth-and-one at the 11. South County stuffed Foncha for no gain and the Stallions went into halftime with a

four-point lead.

South County's Clayton completed 10 of 16 passes for 103 yards and a touchdown. Michael Williams carried six times for 37 yards, Ramsey ran for 36 yards and a score on 14 carries, and Miles Lucas had six rushes for 34 yards.

Avery had three receptions for 47 yards and a touchdown, and Dillon Spalding caught four passes for 42 yards.

The Robinson defense limited South County to two offensive touchdowns.

Robinson finished the season with a 9-4 record and advanced to the third round of the playoffs for the first time since 2004, according to vhs1-reference.com. The Rams' four losses were by a combined 22 points and came against the top three seeds in the 6A North region (South County, Lake Braddock, Westfield) and the No. 8 seed (West Springfield).

"The big thing last offseason for us was we just wanted to get tougher and I feel like if you ask most of the people we play, I think they felt like we were a tougher football team this year than we were in the past," said Scott Vossler, who is in his second season as Robinson head coach. "We're going to keep moving in that direction and keep working on that because I think in high school football, the team that wins at the line of scrimmage wins most games, so that's going to be our M.O. going forward."

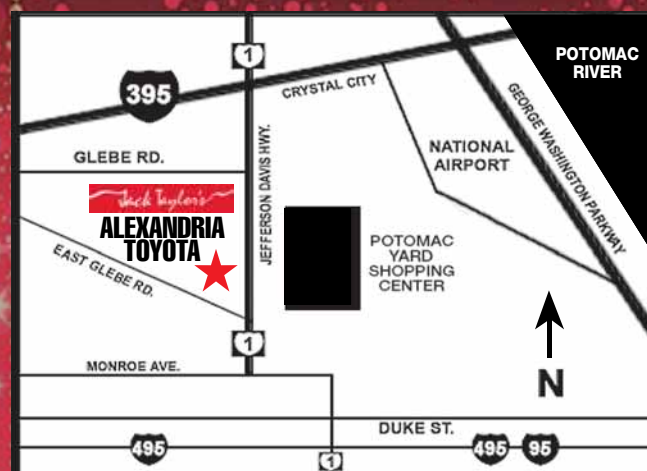
South County moves on to face Westfield in the region championship game. The two teams met during the regular season on Sept. 11, with the Stallions winning 26-19 at Westfield High School.

**THE WINNER** of Saturday's South County-Westfield matchup will face the winner of the 6A South championship game between undefeated Oscar Smith (12-0) and Thomas Dale (9-4) in the state final on Dec. 12 at Scott Stadium in Charlottesville.



# Jack Taylor's ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.  
Alexandria, VA 22305  
**703-684-0710**  
www.alexandriatoyota.com



**NEW! Extended Service Department Hours:**  
Monday – Friday, 7 am to 9 pm  
Saturday, 8 am to 5 pm  
Sunday, 10 am to 4 pm  
Sunday by appointment only.

Make your next service appointment at:  
**alexandriatoyota.com**

**You Have Saturdays Off**  
*That's Exactly Why We Don't!*



29 YEARS OF  
RECEIVING  
THIS  
HONOR  
1 OF 4  
DEALERSHIPS  
IN THE NATION  
TO RECEIVE THIS HONOR



ServiceCenters  
Keep Your Toyota  
a Toyota

TOYOTA  
Owners  
ToyotaOwnersOnline.com

**TOYOTA**  
LIFETIME GUARANTEE

Mufflers • Exhaust Pipes • Shocks • Struts  
Toyota mufflers, exhaust pipes, shocks, struts  
and strut cartridges are guaranteed to the  
original purchaser for the life of the vehicle  
when installed by an authorized Toyota dealer.  
See us for full details.



**TOYOTA**  
Let's Go Places



TOYOTA GENUINE SERVICE  
**WINTER  
MAINTENANCE SPECIAL**  
**\$59<sup>95</sup>**

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil\*, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters

SYNTHETIC OIL \$14.00 MORE. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**LUBE, OIL & FILTER  
SERVICE SPECIAL**  
**\$34<sup>95</sup> \$44<sup>95</sup>**

NON-SYNTHETIC SYNTHETIC  
INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**VARIABLE DISCOUNT**  
**\$5.00 OFF** with purchase of \$35.00 - \$49.99  
**\$10.00 OFF** with purchase of \$50.00 - \$99.99  
**\$15.00 OFF** with purchase of \$100.00 - \$199.99  
**\$20.00 OFF** with purchase of \$200.00 - \$499.99  
**\$50.00 OFF** with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**COMPLIMENTARY  
MULTI-POINT INSPECTION**

INCLUDES: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**BRAKE SPECIAL**  
**\$99<sup>95</sup>**

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.  
MACHINE ROTORS AN ADDITIONAL \$109.95.

DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**TRUE START BATTERY SPECIAL**  
**\$139<sup>95</sup>**

INCLUDES BATTERY INSTALLATION  
Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated. PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**MASS AIRFLOW  
SENSOR SERVICE**  
**\$139<sup>95</sup>**

Get better gas mileage and keep your engine running efficiently.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**4 WHEEL ALIGNMENT**  
**\$79<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**BUY 3 TIRES AND GET  
4TH FOR  
\$1**

Get Tires? NO CHARGE road hazard protection, tire warranty, and free courtesy MULTI-POINT inspection. Price match guarantee. See service advisor for details.

**BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**DETAIL SPECIAL**  
**\$249<sup>95</sup>**

Prepare your car's paint for the harsh winter road conditions. A full exterior buffing, paint sealant and wax, along with a vacuuming of the interior.

Vans & SUVs add \$20.00.

By Appointment Only

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

EXTEND THE LIFE OF YOUR VEHICLE!

TOYOTA GENUINE SERVICE  
**BG FLUID EXCHANGE SPECIAL**  
TRANSMISSION FLUSH **\$189<sup>95</sup>**  
POWER STEERING FLUSH **\$139<sup>95</sup>**  
BRAKE FLUSH **\$139<sup>95</sup>**  
FUEL INDUCTION FLUSH **\$139<sup>95</sup>**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**WE WILL  
MEET OR BEAT  
ANY LOCAL TOYOTA DEALERSHIP'S  
CURRENT ADVERTISED SERVICE SPECIALS**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**ROTATE & BALANCE  
SPECIAL**  
**\$59<sup>95</sup>**

INCLUDES: Rotate and balance all 4 wheels and inspect brakes and tires.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**15% OFF  
SITE LINE WIPER BLADES  
WITH FREE INSTALLATION**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**20% OFF  
ANY ACCESSORIES**  
• Apparel • Window visors  
• I-pad adaptors • All weather floor mats  
• Toyota bedliners

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

TOYOTA GENUINE SERVICE  
**30000 MILES FACTORY  
RECOMMENDED  
SERVICE**  
**\$159<sup>95</sup>**

Synthetic \$10 More  
INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. ALL AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 12/31/15.

## PRE-WINTER SAVINGS



**New RAV4s, Priuses  
Scion IMs and IAs**

**ALL ON SALE  
LIKE NEVER BEFORE**

Fall is here and so are the SAVINGS!  
Ask one of our sales managers,  
George, Mike, Yared or Rocky  
703-684-0700

**WE ARE HERE  
TO MAKE DEALS!**

Jack Taylor's  
**ALEXANDRIA**  
TOYOTA / SCION

**ALEXANDRIA TOYOTA/SCION**  
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305  
**703-684-0700 | ALEXANDRIATOYOTA.COM**  
**JUST MINUTES FROM REAGAN NATIONAL AIRPORT!**



**Let's  
Go  
Places**



ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# CLASSIFIED

703-778-9411  
ZONE 2 AD DEADLINE:  
TUESDAY NOON

## 9 Land

### 5 ACRES, R-1, Lorton, Sub-dividable,

Price \$799,000.  
Public Water Access and  
6 Bedroom Perk Approved  
Beautiful Horses next  
door, Call Bob at  
703-690-6969

## 28 Yard Sales

Please join us on Saturday,  
Dec. 5 from 10-1:00 p.m. for  
a **Charity Yard Sale** to  
benefit Bethany House of  
Northern Virginia. Bethany  
House is a shelter for  
abused women and their  
children. The event will be  
held at Calvary Church,  
8220 Little River Turnpike,  
Annandale, VA. Cash  
purchase only.

## 21 Announcements

### LEGAL NOTICE

According to the Lease by and between Yoshinga Medley-Jen-  
ny (of unit 1145) and TKG-StorageMart and its related parties,  
assigns and affiliates in order to perfect the Lien on the goods  
contained in their storage unit, the manager has cut the lock on  
their unit and upon cursory inspection the unit was found to  
contain: tubs, bags, microwave, ect. Items will be sold or other-  
wise disposed of on Friday December 18, 2015 @ 12:00pm at  
11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in ac-  
cordance with state statutes.

## 26 Antiques

## 26 Antiques

**We pay top \$ for STERLING,  
MEN'S WATCHES,  
JEWELRY, COSTUME JEWELRY,  
FURNITURE, PAINTINGS AND CLOCKS.**  
Schefer Antiques  
703-241-0790  
theschefers@cox.net

## 21 Announcements

### LEGAL NOTICE

Notice to the patients of Virginia Medical Acute Care, P.C. (dba  
VMAC): You are hereby notified that VMAC is selling its prac-  
tice and intends to transfer its patient records to Virginia Urgent  
& Primary Care, LLC (VUPC) (operated by Navdeep Mathur,  
M.D.) effective 12/1/2015. However, upon your written request,  
your medical records will be sent, within a reasonable time, to  
another provider or to you and you will be billed for the actual  
costs of copying and mailing or delivering the records. Any  
such written request must be delivered or mailed to VMAC,  
attn: Medical Records, 5501 Backlick Road, Suite 105, Spring-  
field, VA 22151. There is no charge for transferring the records  
to VUPC, which will operate from VMAC's current location.

## 21 Announcements

### NOTICE OF SUBSTITUTE TRUSTEES'

#### SALE OF REAL PROPERTY LOCATED AT

6850 AND 6800 VERSAR CENTER,  
SPRINGFIELD, VIRGINIA

#### SALE TO BE HELD AT THE FAIFAX COUNTY CIRCUIT COURT

DECEMBER 10, 2015, AT 1:00 P.M.

In execution of the Amended and Restated Deed of Trust,  
Assignment of Leases and Rents and Security Agreement in  
the original principal amount of \$28,000,000.00 dated July 26,  
2007 and recorded on August 1, 2007 in Book 19489 at Page  
703 among the land records of Fairfax County, Virginia (the  
"Deed of Trust"), securing CD 2007-CD5 VERSAR CENTER,  
LLC, a Delaware limited liability company, as successor-in-  
interest to U.S. Bank National Association, as successor-in-  
interest to Bank of America, National Association, as  
successor trustee to Wells Fargo Bank, N.A., as Trustee for the  
registered holders of CD 2007-CD5, Commercial Mortgage  
Pass-Through Certificates (the "Noteholder"), default having  
occurred in the payment of the debt secured thereby, and be-  
ing instructed to do so by the Noteholder, the undersigned  
Substitute Trustees will offer for sale the property described  
below at public auction by the main entrance to the Fairfax  
County Circuit Court, located at 4110 Chain Bridge Rd, Fair-  
fax, VA 22030 on December 10, 2015, beginning at 1:00 p.m.  
The real property encumbered by the Deed of Trust that will be  
offered for sale by the Substitute Trustees is commonly known as  
Versar Center Office Building, 6850 and 6800 Versar Cen-  
ter, Springfield, Fairfax County, Virginia 22151, Tax Identifica-  
tion Numbers: 080-2-01-0022-A and 080-2-01-0022-B, as  
more particularly described in the Deed of Trust, and  
all improvements, fixtures, easements and appurtenances  
thereto (the "Real Property"). The Real Property will be sold  
together with the interest of the Noteholder, if any, in the  
following described personal property at the direction of the  
Noteholder as secured party thereof, as permitted by the  
Uniform Commercial Code – Secured Transactions, Title 8.9A  
of the Code of Virginia, as amended. The Personal Property in-  
cludes: equipment, furniture, furnishings, machinery, insurance  
policies, agreements, trademarks, proceeds and all other  
personal property as more particularly described in the Deed of  
Trust (the "Personal Property"). The above described Real  
Property and Personal Property are collectively referred to as  
the "Property."

#### TERMS OF SALE

ALL CASH. The property will be offered for sale "AS IS,  
WHERE IS" and will be conveyed by Substitute Trustees' Deed  
(the "Substitute Trustees' Deed") subject to all encumbrances,  
rights, reservations, conveyances, conditions, easements,  
restrictions, and all recorded and unrecorded liens, if any,  
having priority over the Deed of Trust, as they may lawfully  
affect the property. Any Personal Property shall be conveyed  
without warranty by a Secured Party Bill of Sale.

The Substitute Trustees and the Beneficiary disclaim all  
warranties of any kind, either express or implied for the  
property, including without limitation, any warranty relating to  
the zoning, condition of the soil, extent of construction,  
materials, habitability, environmental condition, compliance  
with applicable laws, fitness for a particular purpose and  
merchantability. The risk of loss or damage to the property  
shall be borne by the successful bidder from and after the date  
and the time of the sale. Obtaining possession of the property  
shall be the sole responsibility of the successful bidder (the  
"Purchaser").

## 21 Announcements

## GOT DEER?

Problem Solved!  
Avid Bow Hunter with over 40 years  
experience. All harvested deer donated to  
Hunters for the Hungry.  
Also seeking properties for hunting lease.  
703-407-4700  
reno318@mail.com

## 21 Announcements

A bidder's deposit of \$250,000.00 (the "Deposit") by certified or  
cashier's check shall be required by the Substitute Trustees for  
such bid to be accepted. The Substitute Trustees reserve the  
right to prequalify any bidder prior to the sale and/or waive the  
requirement of the Deposit. Immediately after the sale, the suc-  
cessful bidder shall be required to execute and deliver a mem-  
orandum of sale with the Substitute Trustees, copies of which  
shall be available for inspection immediately prior to the  
sale, and shall deliver to the Substitute Trustees the Deposit  
and the memorandum of sale. The balance of the purchase  
price shall be paid by the Purchaser. Settlement shall occur  
within thirty (30) days after the sale date, TIME BEING OF  
THE ESSENCE with regard to the Purchaser's obligation.

Settlement shall take place at the offices of Venable LLP, 8010  
Towers Crescent Drive, Suite 300, Tysons Corner, Virginia  
22182 or other mutually agreed location. Purchaser shall pay  
all past due real estate taxes, rollback taxes, water rents, water  
permit renewal fees (if any) or other municipal liens, charges  
and assessments. The Purchaser shall also pay all  
settlement fees, title examination charges, title charges and  
title insurance premiums, all recording costs (including the  
state grantor's tax and all state and county recordation fees,  
clerk's filing fees and transfer fees and taxes), auctioneer's  
fees and/or bid premiums, and reasonable attorneys' fees and  
disbursements incurred in the preparation of the deed  
of conveyance and other settlement documentation.

The Purchaser shall be required to sign an agreement at set-  
tlement waiving any cause of action Purchaser may have  
against the Substitute Trustees, and/or the Beneficiary for any  
condition with respect to the property that may not be in com-  
pliance with any federal, state or local law, regulation  
or ruling including, without limitation, any law, regulation and  
ruling relating to environmental contamination or hazardous  
wastes. Such agreement shall also provide that if notwith-  
standing such agreement, a court of competent jurisdiction  
should permit such a claim to be made, such agreement shall  
serve as the overwhelming primary factor in any equitable  
apportionment of response costs or other liability. Nothing  
herein shall release, waive or preclude any claims the  
Purchaser may have against any person in possession or  
control of the property.

If any Purchaser fails for any reason to complete settlement as  
provided above, the Deposit shall be forfeited and applied to  
the costs of the sale, including Trustees' fees, and the balance,  
if any, shall be delivered to the Beneficiary to be applied by the  
Beneficiary against the indebtedness secured by and other  
amounts due under the Deed of Trust in accordance with  
the Deed of Trust or applicable law or otherwise as the Benefi-  
ciary shall elect. There shall be no refunds. Such forfeiture  
shall not limit any rights or remedies of the Substitute Trustees  
or the Beneficiary with respect to any such default. If the prop-  
erty is resold, such re-sale shall be at the risk and the cost of  
the defaulting bidder, and the defaulting bidder shall be liable  
for any deficiency between its bid and the successful bid at the  
re-sale as well as the costs of conducting such re-sale. Imme-  
diately upon conveyance by the Substitute Trustees of the  
Property, all duties, liabilities and obligations of the Substitute  
Trustees, if any, with respect to the Property so conveyed shall  
be extinguished, except as otherwise provided by applicable law.

/s/ Henry F. Brandenstein, Jr., Substitute Trustee

FOR INFORMATION CONTACT:  
Henry F. Brandenstein, Jr., Esq.  
Venable LLP  
8010 Towers Crescent Drive, Suite 300  
Tysons Corner, Virginia 22182  
(703) 760-1600

## 101 Computers

## 101 Computers

## HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

► Speed Up Slow  
Computers

► Virus Removal

► Computer Setup

► Help with Windows 8

571-265-2038

Jennifer@HDIComputerSolutions.com



## 21 Announcements

## 21 Announcements



21580  
Atlantic Blvd.  
#120  
Sterling,  
VA 20166

703-444-7804

www.VAGoldBuyers.com

Latinos como tú sirviendo a nuestra comunidad

- We are Local
- We Buy Gold, Silver and Diamonds
- Over 40,000 Satisfied Customers
- We are Licensed and Specialize in State Sales

**Not Ready to Sell? Please call us  
for our Lending Options!**

**Find us on Facebook  
and become a fan!**

**www.Facebook.com/  
connectionnewspapers**



The Connection to Your Community  
www.connectionnewspapers.com

## 21 Announcements

## 21 Announcements

## 21 Announcements

## 21 Announcements

## 21 Announcements

## 21 Announcements

**LIFETIME METAL ROOFING**  
by VA CAROLINA BUILDINGS VACarolinaBuildings.com

**Licensed & Insured  
Financing Available  
Competitively Priced  
Lifetime Warranty  
Local Contractor  
Energy Efficient**

**WE ALSO BUILD SHOPS, GARAGES & BARNS!**

MetalRoofover.com  
Call For Your Free Roof Inspection! **434-645-7411  
1-800-893-1242**

**DC TO RICHMOND**  
SOUTH HEART HIGH SPEED RAIL

**Passenger Rail Improvement  
Alternatives Presented**

Join the Virginia Department of Rail and Public Transportation  
(DRPT) **Dec. 8, 9, or 10, from 5:00 to 7:30 p.m.** for public  
meetings where you can offer your input on reasonable alterna-  
tives to improve intercity passenger rail between Washington,  
D.C. and Richmond, VA. DRPT strives to provide reasonable  
accommodations and services for persons who require special  
assistance to participate. Contact the Title VI compliance officer  
at 804-786-4440 or TDD 711. All comments received by Friday,  
Jan. 8, 2016 will be considered in the alternatives review process.  
For more information, meeting locations, and  
comment forms, visit: **www.DC2RVArail.com.**

**DRPT**  
Virginia Department of Rail and Public Transportation

## HOW TO SUBMIT ADS TO

### THE CONNECTION Newspapers & Online

## CLASSIFIED

#### DEADLINES

Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:  
classified@connectionnewspapers.com  
or call Andrea @ 703-778-9411

## EMPLOYMENT

#### DEADLINES

Zones 1, 5, 6.....Mon @ noon  
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:  
classified@connectionnewspapers.com  
or call Andrea @ 703-778-9411

## ZONES

- Zone 1:** The Reston Connection  
The Oak Hill/Herndon Connection  
**Zone 2:** The Springfield Connection  
The Burke Connection  
The Fairfax Connection  
The Fairfax Station/Clifton/  
Lorton Connection  
**Zone 3:** The Alexandria Gazette Packet  
The Mount Vernon Gazette  
**Zone 4:** Centre View North  
Centre View South  
**Zone 5:** The Potomac Almanac  
**Zone 6:** The Arlington Connection  
The Vienna/Oakton Connection  
The McLean Connection  
The Great Falls Connection



ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD  
• FAIRFAX STATION/CLIFTON/LORTON

# HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:  
TUESDAY NOON

## BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

### SUNDAY/DEC. 6

**Warm Coat Outreach.** Set up, 11:30 a.m.-3 p.m. Distribution, 3-5 p.m. Moose Family Center, 9612 Fernedge Lane, Lorton. Clean, used coats (new ones are great too!) can be on Sunday, Dec. 6 from 11:30 a.m. to 2 p.m. <http://www.lortonaction.org/>.

### MONDAY/DEC. 7

**State Sen. David Marsden.** 10-11:30 a.m. Church of the Good Shepherd, 9350 Braddock Road, Burke. The Osher Lifelong Learning Institute at Mason is sponsoring State Senator David Marsden for a discussion on current transportation issues affecting the state, particularly Northern Virginia, including mass transit, high occupancy toll lanes, and road construction. He represents the 37th district. RSVP to 703-503-3384. [olli.gmu.edu](mailto:olli.gmu.edu).

### THURSDAYS/DEC. 3-FEB. 3

**Grief Support Group.** 10:30 a.m.-noon. Clifton Presbyterian Church, 12748 Richards Lane, Clifton. The Clifton Presbyterian Church is offering to the church and community a Grief Support Group for those who have experienced a recent death and loss in their lives. This group will offer a safe and supportive place for participants to explore ways to walk the journey of grief and to "wrestle" with difficult, and sometimes unanswerable, questions. Dec. 3, 10, 17; Jan. 7, 12, 21, 28; Feb. 3. [office@cliftonpc.org](mailto:office@cliftonpc.org). 703-830-3175.

### TUESDAY/DEC. 8

**Dementia Caregivers Support Group.** Noon-1:30 p.m. Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. The group is for those caring for someone with dementia or interested in learning more about providing care giving to a person with a disorder that affects memory and cognition and may impact behavior and physical abilities. Contact Eileen Thompson at 703-451-8626 or [Eileen.thompson1@gmail.com](mailto:Eileen.thompson1@gmail.com) to attend.

### THURSDAY/DEC. 10

**Children's Behavioral Health.** 7:30-9 p.m. WT Woodson High School Library, 9525 Main St., Fairfax. Dr. Adelaide Robb, Chief, Psychology and Behavioral Health Department at Children's National Health System will discuss promising new behavioral research as well as answer questions. Dr. Robb is studying new treatment methods for children and adolescents with depression, ADHD with aggression, schizophrenia and bipolar disorder. [daviesva@gmail.com](mailto:daviesva@gmail.com) or [cristy@potomacaccurrents.com](mailto:cristy@potomacaccurrents.com).

**Hospice and End of Life Care.** 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. This discussion will present the various aspects and benefits of hospice, as you deal with a difficult time. Free. [InsightMCC.org](http://InsightMCC.org). 703-204-4664.

### SATURDAY/DEC. 12

**Laurel Hill Elementary Clothing Drive.** 10 a.m.-3 p.m. Laurel Hill Elementary, 8390 Laurel Crest Dr, Lorton. By donating your gently used clothing, shoes, hats, accessories, bags, bedding, towels, and other cloth materials. Also toys, books, CD's, and DVD's, you will be helping raise funds for Laurel Hill Elementary School's PTA 6th grade end-of-the-year events. You will also be supporting the Vietnam Veterans of America. [socoparent@icloud.com](mailto:socoparent@icloud.com).

**Donate Your Bike.** Noon-4 p.m. REI, 11950 Grand Commons Ave., Fairfax. Upgrading your bike this holiday? Your old bike can create a job, deliver clean water to a family, keep a kid in school, or generate income for an entire community. Suggested \$10 per bike helps deliver your old bike to a new home. [www.bikesforworld.org](http://www.bikesforworld.org). 703-740-7856.

**Del. Eileen Filler-Corn (D-41) Office Hours.** 3:30-5 p.m. Peet's Coffee and Tea, 8948 Burke Lake Road, Springfield. Del. Filler-Corn will be holding office hours on this day at the coffee shop. No appointment needed. Please stop by.

#### GUTTER

#### GUTTER

**GUTTER CLEANING**  
Gutters and Downspouts Cleaned  
Small Repairs • Gutter Guards  
**PINNACLE SERVICES**  
lic/ins 703-802-0483 free est.  
email [jamie@lawnsandgutters.com](mailto:jamie@lawnsandgutters.com)  
web: [lawnsandgutters.com](http://lawnsandgutters.com)  
Friendly Service with a Friendly Price!

#### IMPROVEMENTS

#### IMPROVEMENTS

**R.N. CONTRACTORS, INC.**  
Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting  
We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates • Class A Lic  
Phone: 703-887-3827 Fax: 703-830-3849  
E-mail: [rncontractorsinc@gmail.com](mailto:rncontractorsinc@gmail.com)  
[www.rncontractors.com](http://www.rncontractors.com)

The reward  
of a thing  
well done, is  
to have done it.  
- Ralph Waldo  
Emerson

#### LANDSCAPING

##### A&S CONSTRUCTION

SOD, Mulch, Clean-Up  
Leaf Removal  
Hauling.  
**703-863-7465**

#### TREE SERVICE

#### TREE SERVICE

### Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured

**Leaf Removal  
Gutter Cleaning**  
25 years of experience  
Free estimates  
**703-868-5358**  
24 Hour Emergency Tree Service

#### HANDYMAN

#### HANDYMAN

**SPRINGFIELD HANDYMAN**  
Small Home Repairs  
Good Rates  
Experienced  
**703-971-2164**

#### LAWN SERVICE

#### LAWN SERVICE

**J.E.S. Services**  
Your neighborhood company since 1987  
**703-912-6886**



#### Landscaping & Construction

Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

#### MASONRY

#### MASONRY

### BRICK AND STONE

### Custom Masonry

**703-768-3900**

[www.custommasonry.info](http://www.custommasonry.info)

Patios, Walkways, Stoops, Steps, Driveways

Repairs & New Installs • All Work Guaranteed

#### PAVING

#### PAVING

**GOLDY BRICK  
CONSTRUCTION**  
Walkways, Patios, Driveways,  
Flagstone, Concrete  
FREE ESTIMATES  
Licensed, Insured, Bonded  
**703-250-6231**

#### TREE SERVICE

#### TREE SERVICE

### Pit bull Tree Choppers



We take a  
bite out of  
your bark.

Call: Lee Lohan 703-400-5005  
Licensed and insured. We accept all  
major credit cards.

- Complete tree removal, stumps and limbs.
- Clearing of deadwood,
- Landscaping and design,
- Ponds and waterfalls,
- Trimming and pruning.

Division of Lohan Construction, LLC.

#### WINDOWS & GLASS

#### WINDOWS & GLASS

### CHESAPEAKE/POTOMAC WINDOW CLEANING

Residential Specialist/Family owned/operated  
Working Owners Assures Quality  
No Hidden Fees/No Broken Window Springs  
30 yrs Experience in local area

Licensed 703-356-4459 Insured

### THE CONNECTION NEWSPAPERS CLASSIFIED

Classified or Home • Lawn • Garden:  
**703-917-6400**

Employment: 703-917-6464

E-mail: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

### RCL HOME REPAIRS

Handyman Services

Springfld • Burke • Kingstowne  
Light Electrical • Plumbing •  
Bathroom Renovation • Ceramic Tile •  
Drywall Repair

**703-922-4190**

LIC. [www.rclhomerepairs.com](http://www.rclhomerepairs.com) INS.

#### IMPROVEMENTS

#### IMPROVEMENTS

### A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



**703-863-7465**

LICENSED

Serving All of N. Virginia

**Picture Perfect**  
**Home Improvements**  
**(703) 590-3187**

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,  
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available

<http://www.pphionline.com/>

"If it can be done, we can do it"

Licensed - Bonded - Insured







# LONG & FOSTER® # 1 in Virginia

703-425-8000



**Carol Hermandorfer**  
703-216-4949

Expect Personal Service & Experienced Negotiation

**Hermandorfer Associates**  
C.A.R.O.L.



**Fairfax Station - Regency Station**

This beautiful executive home has been meticulously maintained inside & out. Convenient location, premium.65 acre lot, open floor plan, gorgeous kit / sun room update, & grand master suite w/ fireplace are just a few of the highlights! Call or e-mail for more information.

View more photos at [www.hermandorfer.com](http://www.hermandorfer.com)

**Alexandria \$683,400**

Gorgeous, fully updated 5 BR home features a large deck backing to Huntley Meadows; 100 acres of parkland. The gleaming hardwoods, plantation shutters, granite counters, SS appliances, walk-out lower level with media room and 2-story garage are just a few of the impressive features of this home.



**OPEN SUNDAY**



**David Levent**  
703-338-1388

[davidshomes@lnf.com](mailto:davidshomes@lnf.com)

Selling Virginia's Finest Homes

Member, NVAR Multi Million Dollar Sales Club



**SOLD**

**Arlington \$445,000**

Rarely offered 1 BR + Den Condo with 1 Full and 1 half bath on 8th Flr in Heart of Ballston. Great Views From Balcony. Unit Has SXS Fridge, Corian Counters, Hardwood Flrs, Gas FP, Gas Cooking, Storage, & 1 Garage Pkg. Space in Luxury Bldg Amenities Incl Pool, Fitness Cntr, party Rm. Washer Dryer in Unit. Close to Metro, Trans, & Shopping. Call for details and pricing.



**MARSHA WOLBER**

Lifetime Member NVAR Top Producers

Top 5% of Agents Nationally

[www.marshawolber.com](http://www.marshawolber.com)

Cell: 703-618-4397



**South Riding \$647,500**

**Gorgeous!**

Top of the line kitchen reno, private 0.39 acres, move in perfect. Great community!



**JUDY SEMLER**

703-503-1885

[judys@lnf.com](mailto:judys@lnf.com)

[www.JudysHomeTeam.com](http://www.JudysHomeTeam.com)



**Hunters Ridge in Manassas \$560,000**

Gorgeous home on over an acre \* 3 finished levels \* 2-story entry foyer \* Huge kitchen w/island, Corian counters, desk \* Sunroom off family room w/double doors to deck \* Fireplace in family room \* Lovely master suite w/tray ceilings \* Master bath features soaking tub, separate shower, double sinks & enormous walk-in closet w/washer, dryer area \* Finished LL w/rec room, wet bar, den, full bath & storage areas.

Call Judy at 703-917-7127



**STEVE CHILDRESS**

"Experience...with Innovation!"

Life Member NVAR Top Producers

Buyer Broker since 1973!

703-981-3277



**Burke \$508,000**

COMMUTERS' DREAM!!! 3 bedrooms, 2 1/2 baths, with main level Library/Study/Den. On quiet cul-de-sac with

many tall trees! Sought after Burke Station Square Community within 1/2 mile of the Virginia Railway Express (VRE) & Pentagon bus stop. Beautiful Patio & Fenced Back Yard. Lake Braddock School District!

CALL STEVE CHILDRESS NOW 703-981-3277

**Pep Bauman**

"Put Pep's Energy to Work for You"

703-314-7055

[PepLnF.com](http://PepLnF.com)



**Kingstowne \$469,000**

Gorgeous 3 bedroom, 3.5 bath town house. Beautiful kitchen with granite counters, S/S appliances. Freshly painted, refinished hardwood floors, new carpeting, updated bathrooms, wonderful deck.

Finished lower level with full bath, gas fireplace and walkout. Fenced yard backing to trees and open area.



Come to the HEART of Real Estate, since 1980 Proudly Serving Northern VA **KAY HART, CRS, GRI** Associate Broker Life Member NVAR Top Producer [kay.hart@longandfooster.com](mailto:kay.hart@longandfooster.com) 703-503-1860



**Falls Church \$515,000**  
Charming Updated Cape Cod—Great Location Inside Beltway. 5 BR, 3 BA, 3 Finished Lvl's. 0.30 ac usable lot. From Roof to HVAC, refinished gleaming Hardwoods,

Recent appliances, Cute as can be. READY for a new Owner. Open any time by appointment - Kay Hart 703-217-8444. Agent bonus.

This space is available for your future listing!

**Call Kay** for a market analysis.



**JON SAMPSON**

[jon.sampson@longandfooster.com](mailto:jon.sampson@longandfooster.com)

[jonsampsonrealtor.com](http://jonsampsonrealtor.com)

703-307-4357

**Beat mortgage rate increases. Sell while the market is hot/buy while rates are still low. Call me for dedicated professional service.**



**Cheryl Pryor REALTOR**  
Accredited Staging Professional | Certified Negotiation Expert  
One of the real joys of the HOLIDAY SEASON is this chance to say **Thank You** and to wish you health, happiness and prosperity in the COMING YEAR.  
703-801-9985 | [ckpryor@msn.com](mailto:ckpryor@msn.com)



**Sheila Adams**  
703-503-1895

Life Member, NVAR Multi-Million Dollar Sales Club

Life Member, NVAR TOP PRODUCERS



**Fairfax Station \$699,900**  
Stunning Colonial in Beautiful Crosspointe. 5 BR's, 3 1/2 Baths, New Hardwood floors on main level + New Stainless Steel Appliances, Granite, Back Splash + New Master Bath + New Carpet Upper Level, Freshly Painted thru-out, Lovely Deck w/Pergola, overlooking 14,535 Sq Ft Lot. Nothing to do but move right in. Call Sheila Adams 703-503-1895.

**Carol L. Manning, Associate Broker**  
NVAR Multi-Million Dollar Club  
NVAR Top Producer  
703.517.1828  
or [ContactCarol@LNF.com](mailto:ContactCarol@LNF.com)

**BARBARA NOWAK & GERRY STAUDTE**

"My Virginia Home Team"

703-473-1803, 703-309-8948

[gerry.staudte@longandfooster.com](mailto:gerry.staudte@longandfooster.com)

[www.MyVirginiaHomeTeam.com](http://www.MyVirginiaHomeTeam.com)



**Thinking of Selling?**  
**CALL TODAY** for a seller consultation on how to prepare your home to **SELL**. In this ever changing real estate market, choose an agent who **TELLS IT LIKE IT IS**. **Don't be caught off guard!**



**Herndon Park-like Setting \$300,000**

Overlooking a common area and stream, this 2 BR, 2 BA home incl. many updates. Kitchen w/oak cabinets, Corian, & brand new appliances. Fin RR like a European bistro w/ceramic floor & wet bar. Fenced yard.



**Richard Esposito**

703-503-4035

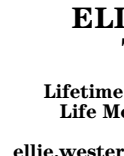
[Richard@LNF.com](mailto:Richard@LNF.com)

Service is the difference I provide.



**Centreville \$749,000**

This spacious colonial has 3 finished levels, 4 bedrooms, and 3 1/2 baths. Gourmet kitchen, master suite is more of a spa and walk up lower level.



**ELLIE WESTER**

703-503-1880

L&F Founder's Club

Lifetime NVAR Top Producer

Life Member, NVAR Million Dollar Sales Club

[ellie.wester@longandfooster.com](mailto:ellie.wester@longandfooster.com)



**Fairfax Station \$939,900**

New England charm and Southern hospitality seamlessly blend in Glenver-dant. A home made for enjoying and entertaining complete with updated kitchen and spacious breakfast area nicely located by a wood burning fireplace. Roam through over 5500 square feet including a sunroom and finished basement that offers a full kitchen. The upper level has four large bedrooms and three full baths plus a family den and attic playroom. The exterior features five acres, an inground pool as well as a four stall barn for horse lovers.

Access the Realtors' Multiple Listing Service: [www.searchvirginia.listingbook.com](http://www.searchvirginia.listingbook.com)