

Lake Anne Redevelopment Project Dies

Next steps unknown.

By Ken Moore The Connection

he Fairfax County Board of Supervisors and Lake Anne Development Partners LLC are terminating their current contact to revitalize and redevelop Lake Anne.

"LADP indicated that serious market obstacles exist, and that the initial deal negotiated with the County may not be economically viable at this time," according to county documents.

Plans to renovate apartments and commercial plaza was approved earlier this year, "after years of debate and discussion," according to Reston Association.

The plan for Lake Anne called for 1,037 new mixed-income residential units, more than 110,000 square feet of new retail including a 15,800-square-foot boutique grocery, 82,454 square feet of office space, an amphitheater with outdoor movie screen, an expanded plaza with community

gathering area, multiple public parks and additional trails, underground parking and more. The Board of Supervisors approved the plan in March 2015.

THE PROJECT was planned in phases, and would have taken more than a decade to complete.

"The County is deeply disappointed by this turn of events and shares the frustration that we know the community must be feeling. We will keep the community informed on the status of the site," according to a statement.

Cathy Hudgins, Reston's representative on the Board of Supervisors, is not happy about the situation. "We'll have to reassess," Hudgins said. "Lake Anne is an asset. Crescent is an asset. We'll have to build upon what we still have." "The Crescent community has been on edge," she said.

Residents of the Crescent Apartments, who would have had to move for the Lake Anne plan to go forward, were anxious about the timeline, Hudgins said, and it



Cathy Hudgins

was time to let them know that they could stay put because the deal would not go forward at this time.

The Crescent apartments had developed significant vacancies associated with the planned redevelopment, but will now begin leas-

ing again soon. Longtime Lake Anne resident and advocate John Lovaas expresses his disappointment in his column this week in this paper. "I fear the outlook for Lake Anne revitalization is not good," Lovaas says. "Certainly, we face at minimum two-to-three years additional delay. Worse, it is difficult to imagine a project of the high quality of LADP's plan emerging from the ruins, and harder yet to imagine one with anywhere near the generous affordable housing components."

HUDGINS sent a letter Dec. 10 to Crescent Apartment residents, according to the Reston Association. "As next steps, the county will begin deliberations about the longer-term implications for the

future of the Crescent redevelopment site. At this time, the county is not prepared to predict when or how we will proceed with redevelopment of the project."

But the county statement emphasizes that "Fairfax County remains committed to the Crescent's current mission as a vital affordable housing resource and as a vehicle for revitalization in the historic Lake Anne community."

With redevelopment plans now discontinued, Reston Association says it "is pursuing discussions with county representatives to determine: 1) the status of the Final Development and Disposition Agreement between the county and LADP (its chosen developer partner); and, 2) whether the county will soon seek a replacement redevelopment partner."

RA's Board President, Ellen Graves, said the association is both surprised and disappointed. "RA supports the revitalization of Lake Anne Village Center, as contemplated in the zoning and development entitlements, which were approved earlier this year by the county and the association's Design Review Board," said Graves.

FAITH NOTES -

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

The **Church of the Breth- ren** will hold the Battle of Dranesville Peace Service at 7 p.m. on Sunday, Dec. 20, the anniversary of the Battle of Dranesville fought in 1861. Hear about the battle, the Brethren and the war. Artifacts from the battle will be on display. Refreshments will be served. The church is located at 11500 Leesburg Pike, Herndon. 703-430-7872.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday school and adult education available. Morning prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or

www.meditation-dc.org.



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Anti-Bullying Assembly Held at Terraset Elementary

Del. Ken Plum (D-36) visited Terraset Elementary School with Washington Capital's mascot Slapshot for an anti-bullying assembly on Tuesday, Nov. 24.

> **Terraset Elementary principal** Lindsay Trout and Del. Ken Plum (D-36) at an anti-bullying assembly on Tuesday, Nov. 24.



Tying Down Time for Tying Up

"Experts agree that

tethering is not conducive

to the well being of dogs."

Humane Society of the United States

New dog tethering law limits the amount of time a dog can be tied outside to one hour a day.

> By Ken Moore THE CONNECTION

an's best friend deserves legal protection," said Peggy Marshall, who adopted her best friend, Bianca. Bianca endured a life on a chain for years until stray dogs attacked her.

"She tried to defend herself but couldn't run away and was badly bitten," said Marshall. Marshall's testimony at the Nov. 17 public hearing of the Board of Supervisors covered the intent of the board's proposed amendment regarding cruelty to animals, including dog tethering.

Bianca was then dropped off at an animal shelter to be euthanized. An animal care assistant intervened, got Bianca a week of medical attention and from there a rescue group intervened.

"Happily, Bianca's story ends with an unchained life and Boar's Head roast beef every day," said Marshall.

Tethering a dog for more than one cumulative hour during any 24-hour period, unless the dog is under the direct supervision and control of its owner or custodian, is now prohibited in Fairfax County. The Board of Supervisors voted Tuesday, Nov. 17, to amend the Fairfax County Code to incorpomals provisions along with the tethering

MORE THAN 20 people testified for more than two hours at a public hearing at the Nov. 17 meeting of the Board of Supervi-

sors, and not all were in favor of the new regulations.

The Board of Supervisors met some resistance when proposing limits to dog tethering, amount of time animals could be left unsupervised on a

leash or a line in the backyard.

"When [Lee District] Supervisor [Jeff] McKay and I introduced this in late spring after working with some of the shelter staff," said Sully District Supervisor Michael Frey, "we never contemplated the idea that this would limit the amount of time you could walk your dog on a leash because that was tethering" or that if a groomer had a leash on a dog for more than an hour that would violate the ordinance.

Some people worried that dog groomers could be in violation of the new provision if they needed to tie a long-haired dog for more than an hour.

"That was an interpretation that never occurred to us, but I've talked with some folks and I've worked with our staff and the county attorney's office to propose an amendment that I think takes care of those concerns," he said.

Frey started the public hearing by saying the board would add qualifying language to the proposal that would allow a dog to

rate the Code of Virginia's cruelty to ani- be tethered for longer than an hour if "the dog is under the direct supervision and control of its owner or custodian."

> "That will take care of some of the concerns that were addressed," Frey said.

> Capt. John Naylor, commander of the Animal Control Division, said tethering can

> > deprive dogs of their ability for survival necessities. such as water and food. Limited to a life on a chain regularly can make dogs aggressive as well as potentially cause strangulation, he said. They can be at

risk for hypothermia and heat stress, which can lead to severe health problems.

— Holly Hazard,

But others raised concerns about the meaning of "direct supervision and control."

"I've been a dog owner my entire life," said Springfield District Supervisor Pat Herrity, who asked that the proposal be deferred for more consideration. He raised the example of taking his dog with him when he plays rugby, with the dog tethered in sight, but for more than an hour for the game. County staff replied that the scenario would not be allowed, and that the dog should be directly supervised by someone during the game.

Alice Harrington, legislative liaison of the Virginia Federation of Dog Clubs and Breeders, spoke in opposition.

"This bill is written and assumes all tethering is bad, and that is not true," she said.

"There is no link [in this proposal] between tethering of a dog and the condition of the dog. Anyone who tethers a dog for 61 minutes can be charged with animal cruelty," even if there is no harm to the dog.

Allison Volpert, who serves on the county animal services advisory council, participates with two of her dogs in agility classes at Frying Pan Park. She regularly leaves one dog tethered for somewhat more than an hour, with a cooling pad and water in summer, while she participates with her other dog in class. But with the new provision she will no longer be able to do so.

SHE URGED the supervisors to delay the vote and to work with a more diverse group of animal lovers to make recommendations.

Arlington County animal control officer Jennifer Toussaint said Arlington County uses its tethering law and enforcement to educate homeowners how to be more effective dog owners.

Holly Hazard of the Humane Society of the United States testified in favor of the limits on tethering.

"Experts agree that tethering is not conducive to the well being of dogs," she said, and is "inhumane."

"Most citizens don't want to be bad pet owners, they need guidance, and if control officers can intervene, she said, they can eliminate tethering from becoming a punitive measure.

"Citizens need guidance," she said.

"The ordinance fulfills our commitment to treat animals with dignity and compassion," testified Timothy Parmly. "It's a good ordinance," he said. "Chaining a dog is

Fines and penalties for violating the tethering provision, range from a fine of \$500 for a first violation to being punishable by fine of up to \$2,500 and/or penalty of up to one year in jail for a third violation within

VOLUNTEER OPPORTUNITIES

Fairfax County's free Family **Caregiver Telephone Support** Group meets by phone on Tuesday, Jan. 12, 7-8 p.m. for an open discussion on caregiving. Register beforehand at www.fairfaxcounty.gov/ dfs/olderadultservices and click on Telephone Caregiver Support Group. Call **703-324-5484**, TTY 711.

The Fairfax Commission on Aging meets on Wednesday, Jan. 20 at noon at the Oakton Regional Library, 10304 Lynnhaven Place, Oakton. The public is welcome to attend and join in the comment period that begins each session. Find out more at www.fairfaxcounty.gov/dfs/ olderadultservices/coa.htm. Call 703-324-5403, TTY 711 for meeting access needs.

An orientation to the Fairfax 50+ Community Ambassador Program will be held on **Tuesday**, **Jan. 26** from 9:30 a.m. to noon at the Pennino Building, 12011 Government Center Parkway, Suite 206, Fairfax. This volunteer program trains members of Fairfax **County community organizations** to help link their fellow members to the county's services for older adults and caregivers. Contact Mena Nakhla at 703-324-5859 email Mena.Nakhla@fairfaxcounty.gov by

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov . Also visit www.fairfaxcounty.gov/dfs/ olderadultservices/ltcombudsman/.

Fairfax County needs a volunteer Senior Center Marketing Coordi**nator** to assist the Friends of Fairfax County Senior Centers with marketing. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer So-

The Herndon Adult Day Health Care Center needs a Bingo Caller and an Art Therapy Assistant. For these and other volunteer opportunities,

call 703-324-5406, TTY 711 or www.fairfaxcounty.gov/ olderadults and click on Volunteer

The Herndon Senior Center needs a volunteer trained in taking blood pressure. Social Visitors and a Baked Goods Table Manager. For these and other volunteer opportunities, call **703-324-5406**, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.



Board of Supervisors Chairman Sharon Bulova with Michael L. O'Reilly, Chairman of the Governing Board, Fairfax County Office to End and Prevent Homelessness.



Verdia L. Haywood, former Deputy County Executive and Governing Board member, with Glynda Hall, Partnership Development Manager for the Office to End and Prevent Homelessness, and Kathy Albarado, CEO of Helios HR in Reston.



Wendy Lemieux, of the Fairfax County Office of Public Private Partnerships.

Partnership Launches 'Build a Village' Campaign

Goal to end homelessness in Fairfax County by 2018 looms; more than 400 children are among the homeless here.

ozens of business leaders, elected officials and advocates for ending homelessness gathered Monday, Dec. 14 in the offices of Piedmont Fund Services in Herndon to launch the "Build a Village" campaign.

The effort is designed to provide funds to help end homelessness in Fairfax County. Businesses pledged more than \$20,000 at the event just to begin. Jim Corcoran, president and CEO of the Fairfax County Chamber of Commerce, Don Owens of Griffin-Owens Insurance in Herndon, John Sekas of Sekas Homes in Vienna and Kathy Albarado, CEO of Helios HR in Reston, each pledged \$5,000.

Albarado shared her personal story, which included periods of homelessness when she was growing up as her mother fled domestic violence.

The Build a Village concept, which graphically builds houses with donations starting at one brick for \$25, a window or chimney for \$250, \$500 to build the front door and \$5,000 completing a house, is the brainchild of the Dulles Regional Chamber of Commerce and its president Eileen Curtis, who was on hand for the kickoff. Apple Federal Credit Union will manage donations.

In 2015, about 1,200 people were literally homeless, including 431 children. More than 60 percent of the homeless adults in families were employed, but their jobs didn't pay them enough to afford housing. Domestic violence was the cause of homelessness for more than 40 percent of the adults in families who are homeless. Of the 488 single individuals who were homeless, 52 were 18-24 years old; 123 were 55 years old or older. Two hundred sixty eight homeless individuals were dealing with serious mental illness and/or substance abuse.

Lack of affordable housing is the main cause of homelessness in Fairfax County, according to the Fairfax County Office to



Sharon Bulova, Chairman of the Board of Supervisors, and Supervisor Catherine Hudgins (D-Hunter Mill) both serve on Governing Board of the Office to End and Prevent Homelessness, and were on hand to support the launch of the "Build a Village" campaign.



Delegate-elect Jennifer Boysko (D-86) with Margi Preston, Executive Director of FACETS.

Prevent and End Homelessness. Low incomes and expensive housing make it impossible to pay for an apartment when earning minimum wage — even working 24

hours per day, seven days a week. Monthly rent for a two-bedroom apartment is at least \$1,500, meaning a family would need an annual income of \$58,760 to afford a two-



Kerrie Wilson, CEO of Cornerstones, with Nannette Bowler, Director of the Fairfax County Department of Family Services.



Jeff Lisanick of Vienna, and Joe Meyer, Executive Director of Shelter House.

bedroom apartment.

To donate, go to www.fairfaxcounty.gov/homeless and click on "Build a Village" campaign.

Aldrin Elementary and HoneyBaked Ham of Reston Announce Partnership

ldrin Elementary has announced a partnership with HoneyBaked Ham of Reston by kicking off a holiday PTA fundraiser and by donating cases of soup, pasta, and vegetables to the Aldrin Backpack program. HoneyBaked Ham joins Giant of North Point, Worldgate, LLC, Middleburg Bank, and the Rotary Club of Reston as business partners with Aldrin.

HoneyBaked Ham of Reston is a Total Sales Leader in the HoneyBaked Organization and has been Franchise of the Year under the ownership of Roxie Curtis. Curtis makes it her business to not only run a successful and award winning business, but also be caring and compassionate about her community. As part of the partnership, Aldrin HoneyBaked Ham will work together on the promotion of mutually beneficial projects for the good of the school and community.

> Рното CONTRIBUTED



Shane Wolfe, principal of Aldrin Elementary School, and Roxie Curtis, owner of HoneyBaked Ham of Reston confirm their partnership with a handshake.



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OPINION

Season of Giving Never Has To End

Why ending childhood hunger should be your New Year's resolution.

By Amy Johnson, Jennifer Konish and Nick Arent

he holiday season is one of our favorite times of year because it's all about the best things in life. It's a time for celebrating, bringing ageold cultural traditions to life, and spending time with family and friends. It's about being thankful for all of the things we are fortunate enough to have in our lives and reminding people how much we love and appreciate them. Oh and we suppose the delicious food that accompanies all of these things makes them that much more enjoyable!

During the holidays there are still a number of people who are struggling to make ends meet and many who don't have enough to eat, but luckily, it is also the season of giving. Around the country, the holidays inspire hundreds of thousands of people to give to the poor. Caring individuals get involved by donating to hunger-relief organizations such as the Capital Area Food Bank — the largest nonprofit serving the Washington metro area serving at soup kitchens, and finding other ways to contribute to the improvement of our communities. Especially when it comes to sharing food, we make sure that everyone has something to eat. The holiday spirit unites us, brings out the best in us, and motivates us to make a real difference in the lives of others.

This year, let's make it our New Year's resolution to keep this level of engagement continuing into 2016 by tackling one of most

tragic problems facing our country — child-hood hunger.

About 400,000 children here in Virginia alone are at risk of going hungry and it's a problem we can't afford to put off for another year. Despite all the pies, casseroles, hams and turkeys that will be enjoyed over the next several weeks, over 15.5 million kids across the country are food insecure. According to No Kid Hungry "three out of four public school teachers say students regularly come to school hungry" — another alarming statistic. In a country as prosperous as our own, it is absolutely unacceptable that there are any children who don't know where they are going to get their next meal.

The bottom line is that when kids are hungry, they struggle to learn, and kids who struggle to learn, struggle in life. With stomachs growling, hungry children sit through class unable to focus and get the most out of school. Fatigue and weakness as the result of poor nutrition make it difficult for them to stay awake or participate in physical activities like recess and PE. They are more likely to suffer from hyperactivity, miss school, and experience other behavioral problems which creates a negative learning environment for all students even their peers who are not food insecure. Perhaps the scariest thing about childhood food insecurity is the inability for a child to reach their full potential because of the dramatic damage hunger does to their brain. Over time, hungry students fall behind their peers academically and many of them never catch up making it far more difficult for them to find good jobs and take care of their children once they grow up. The medical sector is beginning to reprioritize its resources to see healthy food as the important intervention it is. For example, the American Academy of Pediatrics recently recommended for the first time that pediatricians screen all children for food insecurity.

If we want to make sure every child gets a fair shot in life, we need to make sure our elected officials and decision-makers properly fund and improve existing food assistance programs such as free/reduced price school meals, SNAP (formerly known as food stamps) and WIC. Research shows that these programs help students to perform better in school and in life — but they don't go far enough. First Lady Dorothy McAuliffe is an excellent example of how politicians from both sides of the aisle should be making this issue a priority and continuing to develop new solutions.

Congress is currently considering legislation to reauthorize the Child Nutrition Act and to make changes to a number of food assistance programs. This legislation will influence funding for programs like the Child and Adult Care Food Program and Summer Food Service Program which allows the Capital Area Food Bank and other organizations to provide nutritious meals to food insecure children when school is out of session. If you are as concerned about childhood hunger as we are, you can contact your elected officials and urge them to take action by calling the congressional switchboard at 202-225-3121.

We will start 2016 with one in six kids across Virginia waking up at risk of going hungry throughout the year. With your help — by making ending childhood hunger your New Year's resolution and taking action on this issue throughout the year — we can work toward a future where we wake up on New Year's Day to a country where every child's basic needs are met so that they all have a fair opportunity to be successful in life.

Amy Johnson and Jennifer Konish are the NOVA Kids Cafe Coordinators with the Capital Area Food Bank. Nick Arent is a Campaign Organizer with Virginia Fair Share.

Justice for Juveniles

By Kenneth R. "Ken" Plum State Delegate (D-36)

often quote from papers written by the staff of the Commonwealth Institute for Fiscal Analysis; they provide the most fact-based, nonpartisan, clear analysis of key is-

sues facing Virginians (http://www.thecommonwealthinstitute.org/). Recently, I attended the 2015 Policy Summit held by the Institute in Richmond. Topics at the Summit included the declining state support for public schools in Virginia, accessing health care, and returning more money to the working poor through the Earned Income Tax Credit. One topic around which there seems to be a high level of political consensus developing was "Criminal Justice Reform: Opportunities to Save Money and Help Communities."

In a paper published by The Commonwealth Institute, it was reported that Virginia keeps more youth incarcerated than most states. As of 2013 for which the most recent federal data is available, Virginia incarcerated 79 youth in

state facilities for every 100,000 youth age 10 or older living in the state. That's 75 percent higher than the national rate of 45 state incarcerated youth per 100,000 youth in the country. But that does not mean that Virginians are safer or that more youth are diverted from criminal behavior. In fact, the opposite

is true. According to data from the Department of Juvenile Justice, almost three-quarters of youth who have been held in the state's juvenile prisons are convicted of another crime within three years of release. Of great concern is the fact that youth who are held in the state's youth prisons for longer periods of time actually have higher rates of re-arrest within a year of release than youth who are held for shorter periods of time!

Virginia's current youth prison system consists of two youth prisons, Bon Air and Beaumont, in the Richmond suburbs. More affluent areas like Fairfax County have established local alternative programs. The highest rates of commitment to the state youth prisons come from the localities that have the highest poverty levels. As the Institute reported, "not only

is Virginia's current system not working to rehabilitate youth and keep communities safe, it is also very expensive. The per capita cost of incarcerating youth in Virginia's juvenile correctional centers was \$148,214 in FY 2015. Local programs are lower in cost as well as more effective at reducing recidivism.

Efforts have been underway to reform the current system for a number of years, but that movement needs to be accelerated. Wealthy communities are way ahead in establishing treatment programs, but these programs that are effective in keeping children out of trouble in the future must be extended to all localities regardless of wealth. The state must resist any effort to dump the problem on localities without providing necessary funds to make alternative programs available. The pipeline from school to prison must be shut off. Alternative solutions that include intensive treatment for offenders and families can keep the community safe, rehabilitate young people before they become criminals, and save money. There is widespread bipartisan agreement that progress needs to be accelerated in this area. It will bring justice to juveniles.



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An independent, locally owned weekly newspaper delivered to homes and businesses. **Published by**

Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

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OPINION

Lake Anne Plan Abandoned

By John Lovaas RESTON IMPACT PRODUCER/HOST

nstead of the anticipated December groundbreaking for the ambitious revitalization of Lake Anne, the community was shocked by the news that Republic Land/Lake Anne Development Partners was dropping out of this public-private venture after months of effort failed to attract creased their price demands to financing for the

project. What happened to let the air out of Republic's acclaimed plan with over 1,000 residential units including substantial affordable dwellings, mixed use development linked to the existing center, pe-

destrian infrastructure and more? It was

viewed as a signature project for Republic and one many of us thought would revitalize economically challenged Lake Anne Village Center in a manner faithful to Bob Simon's community principles? What happens next?

Having followed for a dozen years the herky-jerky path to the Fairfax County Request for Proposals (RFP) finally leading to Republic's winning offer and, having testified several times in support of its final approval, I was saddened, but not shocked, by LADP's withdrawal. It was a complex undertaking involving Fairfax County, owner of the 18-acre Crescent Apartments affordable housing property, and several other property owners along North Shore Drive. And, by the time County approvals were in place to organize financing, there were problems.

Under the arrangement with Fairfax County, Republic was to have paid for the Crescent property over a period of years. Somehow, that changed and the County insisted on payment up front. In addition, along the way Fairfax County announced that every resident of the 182 Crescent Apartments would be guaranteed a residence in new buildings on the site, with costs of temporary relocation during construction and again when the new units were ready shared by Republic and the County, presumably. Good politics and OK public policy in my book, but a costly management night-

mare and additional cost burden for Republic. The effect of such actions were to change the project's profitability picture as Republic sought financing in a Reston market now filled with residential projects in the pipeline competing for financing.

In addition, I understand that some owners of adjacent properties included in the project in-

> acquire their land, arguably above market or previously discussed amounts, further changing profitability. The County did not act to encourage landowners to stick to fair market values.

So, after considerable upfront effort and expenditures for project design and engi-

neering, Republic withdrew, frustrated by the partnership and its increasingly inadequate financial

INDEPENDENT PROGRESSIVE

What next? I fear the outlook for Lake Anne revitalization is not good. The County could restart the process by returning to the proposals not selected under the RFP and try to work with an interested offeror if there are any.

Certainly, we face at minimum 2-3 years additional delay. Worse, it is difficult to imagine a project of the high quality of LADP's plan emerging from the ruins, and harder yet to imagine one with anywhere near the generous affordable housing componentsnot to mention the right of return for all eligible residents.

For starters—1) if Fairfax County continues to put highest priority on payment for the Crescent property, one can imagine that self-imposed urgency leading to acceptance of the first developer offer that comes along; 2) financing is likely to be scarce because of the residential market glut in Reston; and, 3) other property owners may still insist on high prices for their property. Simply leaving them out of the project and focusing redevelopment on the Crescent property is an option, but not a very good one. It would deal a damaging blow to economic revitalization for the existing Village Center. But, we may be left with second best.

I fear our Founder is shedding a tear or two right now...

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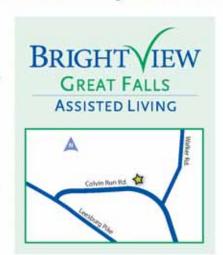
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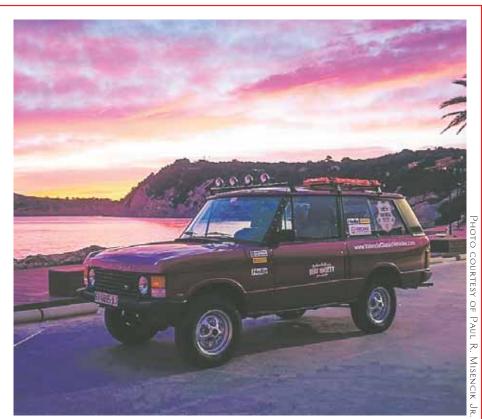


Image of the 4x4 vehicle used by South Lakes graduate Paul R. Misencik, Jr. in the six-day Maroc Challenge in Morocco.

Racing in Sahara

South Lakes HS graduate participates in Morocco Motorcar Rally.

By Ryan Dunn The Connection

ing six-day Maroc Challenge, a motorcar rally across some of the most inhospitable, Sahara Desert terrain in Mo- and many are higher. rocco. Reston residents and friends of Paul Jr. followed his progress during the gies for the race in the forms of commurace. The race ended Dec. 9, Paul's birthday. Paul drove with John Spencer Cheevey of Louisiana in a Range Rover.

The Maroc is an adventure rally across Morocco that pits man and machine three of the race, many participants were against the elements of a North African near the oasis town of Erfoud. desert nation, with a high level of timing different categories and classes of vehicle, the event is a week-long, with five days of timed stages that combine some paved stantial amount of entirely unmarked open terrain.

who conceived the Maroc Challenge is Sr. a former airline pilot and writer. Rui Cabaco. One hundred and thirty teams and almost three hundred people often takes Paul Misencik, Jr. to Europe. charged through Morocco in different Valencia Classic Vehicles has an office at types of vehicles, from vintage Renault Falls Church, and webpage at 4s to more modern Toyota Land Cruisers www.valenciaclassicvehicles.com. and from Volvo wagons to Mercedes-Benz Valencia Classic Vehicle Consulting spe-190s. The rules stipulate vehicles must cializes in the sourcing and importing of be at least 15 years old. Paul's friend and special interest vehicles to suit percepco-driver Cheevey initially wanted to entive collectors.

ter an old car, such as a Citroën 2CV in the race. In the end, the team chose the versatile 4x4 Range Rover.

Depending on the class entered, the inscription fee to race in the Maroc Challenge is on the order of \$500-\$600 in U.S. dollars. There are equipment rentals for satellite tracking system and additional fees for ferry crossings, but entry is altogether about a grand. With food, fuel and camping expenses, the Maroc can be aul R. Misencik Jr., a South done for around \$2500. And that is per Lakes High School graduate of team, so the price tag can be split at least 1986, competed in the gruel- two ways. To put that into perspective, the entry fees for most vintage rallies in the USA and abroad can exceed \$5000

The Maroc welcomed many technolonication, social networking, live tracking satellite of all participants and a new classification system for 3G that allows realtime reading of all racing teams. By day

Punctured tires and hidden rocks were and scoring precision and enough physia challenge for the competitors. In the cal tests to wither the unwary. Split into end, Misencik and Cheevey finished at 18th place, a respectable finish. Misencik previously directed several road rallies in North Carolina, and this is his first time sections, dirt and sand tracks, and a sub-participating in a race of this scale. "He was an automobile aficionado since he was a little guy... he has always been The organizer of the event and the man interested in cars," said Paul Misencik,

Work with Valencia Classic Vehicles

CALENDAR

announcements reston@connectionnewspapers.com. The deadline is the Friday prior to the following week's paper. Photos/artwork encouraged.

WEDNESDAY/DEC. 16

Senior Movie Day. 9:15 a.m. Reston Bow-Tie Cinemas 11940 Market St. Reston. The Reston Association, in cooperation with Reston Town Center Bow Tie Cinemas, presents, "Meet Me at the Movies". Join us on the fourth Wednesday of each month; 9:15 a.m. doors open, 10 a.m. movie ("A Walk in the Woods") starts. Refreshments are provided and door prizes are

distributed prior to the movie, 703-435-6530. Foys for Tots Collection Event. 11 a.m.-2 p.m. Ice Skating Pavilion, Reston Town Center, 11900 Market St., Reston. U.S. Marines will be on site accepting unwrapped toys and cash donations to help children's holiday wishes come true restontowncenter.com/holidays.

FRIDAY/DEC. 18

Family Splash at RCC Pool. 7-9 p.m. Terry L. Smith Aquatics Center, 2310 Colts Neck Road Reston. Drop in for a night of family fun. \$13 Reston/\$26 non-Reston (for groups up to five people). Groups of six or more must pre-register by calling the Aquatics Service Desk at 703-390-

SATURDAY/DEC.19

Tour de Lights. 4:40-6 p.m. Lake Anne Plaza Lake Anne Plaza, 11404 Washington Plaza, Reston. You are invited to join Reston Association's Pedestrian and Bicycle Committee for our fourth annual Reston Tour de Lights. An evening bike ride to view some of Reston's best holiday lights. We will travel approximately 10 miles. Riders are required to have a front light and red, rear light. Helmet strongly recommended and required if under 15 years old. Free. For registration contact Craig Clark 703-689-0152, ccbike@verizon.net or Burton Griffith 408-705-2652, burtoncg@yahoo.com.

65th Anniversary Party and Puppet Show. 10 a.m. Frying Pan Farm Park, 2709 West Ox Road. Herndon. Join the 65th anniversary event come to a family-friendly Holiday Party and Puppet Show. The event features an interactive musical show, live music and more. The kids can pet live farm animals outside and enjoy hot cocoa, cider and cookies inside. \$5 donation suggested for Frying Pan Farm Park camp scholarships. 703-

Horse-Drawn Carriage Rides. 4-9 p.m. Departures on Market Street in front of Talbots at Reston Town Center. \$5 per person; children 5 and under ride free. All proceeds benefit local charities. www.restontowncenter.com/holiday

RCC Community Coffee, 9-11 a.m. Reston Community Center, 2310 Colts Neck Road, Reston. Families, friends and neighbors are all invited. Enjoy complimentary food and beverages with casual conversation. 703-476-4500.

SUNDAY/DEC. 20

Art Adventures Workshops for Children: **Snow Globe Ornaments and Pastel Snowflakes**. 1:15-2:45 p.m. (ages 4-7). 3-4:30 p.m. (ages 8-12). ArtSpace Herndon, 750 Center St., Herndon. Each workshop combines various elements of fine arts and crafts to expand children's knowledge of fine arts while giving them the freedom to express their won unique personalities and lies/dislikes. Register at http:// www.graygoosestudios.com. Specify age group

and workshop. www.artspaceherndon.com/art

adventures-workshops/, 703-956-9560. Battle of Dranesville Peace Service. 7 p.m. Church of the Brethren, 11500 Leesburg Pike, Herndon. The church is on the site of the Battle of Dranesville, fought Dec. 20, 1861. Hear about the battle, the Brethren and the war. Artifacts from battle will be on display. Refreshments.

Mini-Train Rides. Noon-4 p.m. Pick up on Market Street in front of Talbots at Reston Town Center. Donated proceeds benefit local charities. towncenter.com/holidays.

"The Joy of Christmas." 5:00 p.m. Good Shepherd Lutheran Church, 1133 Reston Ave, Herndon. The Sanctuary Choir and a 31-piece orchestra, conducted by Music Director Nemeh Azzam, will present an eclectic program including the music of Mozart, Handel and Fauré, Spanish carols accompanied by harp and guitar, and a sing-along of familiar carols.

'It Must Be Love' at CenterStage

Melinda Doolittle presents "It Must Be Love" at CenterStage, Reston Community Center, 2310 Colts Neck Road, Reston. Performance: Saturday, Dec. 19.

Tickets: Reston \$25, Non-Reston Ticket Price: \$35. Call 703-476-4500 or visit:

www.restoncommunitycenter.com.

Melinda **Doolittle**

Photo by Kelsey Naguszewski (JRA Fine Arts)/Courtesy of RESTON COMMUNITY CENTER

Soloists Michael Bicoy (tenor) and Stephanic

Cornerstones. Reception will follow.703 437

Winter Wonderland Puppet Show. 10 a.m. and

11:30 a.m. Frying Pan Farm Park, 2709 West Ox

production of Winter Wonderland. Join the lively

Road, Herndon. Bring your holiday guests and

ioin master puppeteer Bob Brown in a holiday

marionettes as they frolic in a magical winter

wonderland of snow. Tickets: \$5-\$7. 703-437-

11:15 a.m. Walker Nature Center, 11450 Glade

about how the animals at the nature center are

spending their winter break. Create an animal

puppet of your own to take home. Ages 5 to 12

with an adult. \$6/\$8. Reserve by Sunday, Dec.

24. naturecenter@reston.org. 703-476-9689.

New Year's Eve Celebrations for Children. 2

with Acoatzin Torres. Free cocoa and snacks.

New Year's Eve Celebrations for Adults. 10

St., Herndon. A Night of New Orleans Jump

Cash bar. http://www.artspaceherndon.com/

New Year's Eve Scramble Golf Event. 8:30

Blues with Herbie D. and the Dangermen. \$25

a.m. Centennial Gold Course, 909 Ferndale Ave.

Herndon. Breakfast, gold and prizes. \$70 per

player. Register by Monday, Dec. 21. http://

Country Western Dance. 6:30-9:30 p.m. Reston

Reston. Line dance, two-step, shuffle and swing

the night away to popular country/western tunes

played by RCC's DJ. Refreshments served. 18 and

Community Center, 2310 Colts Neck Road,

Election Information Session. 7-8:30 p.m.

Representative, and At-Large Member.

Reston Association Conference Center, 12001

Sunrise Valley Drive, Reston. Information session

for members interested in running for a position

on the RA Board of Directors. Three seats on the

Oaks District Representative, North Point District

ooard open in April of 2016: Lake Anne/Tall

www.artspaceherndon.com/events-2/, 703-956

p.m.-12:20 a.m. ArtsSpace Herndon, 750 Center

Herndon. Children's crafts and dance Workshop

4 p.m. ArtsSpace Herndon, 750 Center St.,

Drive, Reston. Enjoy a creative puppet show

Puppet Show: Wild Winter Break. 10 a.m.

will offering will be taken to benefit

5020. www.gslcva.org.

WEDNESDAY/DEC. 30

THURSDAY/DEC. 31

Register at website: http://

events-2/. 703-956-6590.

www.herndongolf.com/.

older. \$5/\$10. 703-476-4500.

WEDNESDAY/JAN. 6

SUNDAY/JAN. 3

TUESDAY/DEC. 22

Batchelder (soprano) will be performing. A free-



www.reston.org

Sunday Afternoon Dance. 2:30-4:30 p.m. Reston Community Center, 2310 Colts Neck Road, Reston, Dancers of all skill levels are welcome to foxtrot, swing, cha-cha, and waltz during these fun afternoon dances. Music selection ranges from golden oldies to today's more modern dance selections. Door prizes and light refreshments add to the fun: partners are not required, 18 and older. \$5/\$10 per session. 703-476-4500.

SUNDAY/JAN. 10

Anna Deavere Smith Reston MLK Birthday Celebration Keynote Address and Community Lunch. Noon. CenterStage Reston Community Center, 2310 Colts Neck Road, Reston. \$5/\$10.

SATURDAY/JAN. 23

SATURDAY/JAN. 16

"Remembering the Dream." 4 p.m. Reston

Community Center, 2310 Colts Neck Road,

Reston. Reston Community Orchestra celebrates

the life and vision of Dr. Martin Luther King Jr.

at its next concert "Remembering the Dream'

with symphonic works, spirituals, and songs

Only Light Can Do That! 4-5 p.m. Floris United

Methodist Church, 13600 Frying Pan Road,

genius, the greatness, the legacy of Rev. Dr.

Herndon, living history musical celebrating the

Martin Luther King, Jr. Starring actor, dancer,

www.artspaceherndon.com/only-light-can-do-

Anna Deavere Smith from Rodney King to

Community Center, 2310 Colts Neck Road,

Reston. Returns to Reston with her electric

performance and dialogues. \$25/\$35.

Michael Brown. 8 p.m. CenterStage, Reston

singer Hasani Allen (Next Stop Theatre's Kiss Me

www.restoncommunityorchestra.org.

Kate) as Dr. King. Free-\$20. http://

that/. 703-956-6590.

SUNDAY/JAN. 17

inspired by his legacy. Featuring baritone Bryan

Jackson and Reston's own Beverly Cosham. Free.

Reston Camp Expo. 9 a.m. Reston Community Center, 2310 Colts Neck Road, Reston. learn about providers who serve Reston youth throughout the school year and summer. Also features employment information demonstrations and crafts and activities for children. www.restoncommunitycenter.com. 703-390-6162.

Ongoing

"Middletown" by Will Eno. Jan. 14-Feb. 7. NextStop Theatre Company, 269 Sunset Park Drive, Herndon. In this quirky, modern companion to "Our Town," residents of Middletown seek the meaning of suburban life. Encounter thought-provoking universal themes and a few personalities you may recognize from your own neighbors and friends. www.NextStopTheatre.org. 703-481-2016 ArtSpace Herndon Fine Art

Photography Competition. Submission by 2 p.m. Saturday, Jan. 16. ArtSpace Herndon, 750 Center Street, Herndon. ArtSpace Herndon invites photographers from Virginia, DC, Maryland, and West Virginia to participate in the competition. It is open to fine art photographers aged 18 or older working in any medium (digital or analog, color or monochrome), and using any printing technique. Fine Art Photography of any

call 703-956-6590. 'Seussical the Musical." Dec. 4-20. Times vary by performance. NextStop Theatre, 269 Sunset Park Drive, Herndon. Bring the whole family along for this musical spectacular featuring all your favorite Dr. Seuss characters! The cast of Seussical features local young actors in 3rd through 11th grades. \$25.

boxoffice@nextstoptheatre.org

subject is welcome; there is no required theme

for entries. For more information, visit http://

www.artspaceherndon.com/calls-for-art/ or

MONDAY/JAN. 18

Gingerbread Village at Hyatt Regency Reston. Saturday, Dec. 5 through Thursday Dec. 31. The Hyatt Gingerbread Village is a holiday tradition presented annually since the hotel's opening in 1990. The sweet, whimsical, classic holiday village scene is on display in the main lobby. reston.hyatt.com.

866-811-4111.

Korean Pop Art in America Exhibit. Tuesday, Dec. 8-Sunday, Jan. 10. ArtSpace Herndon, 750 Center St., Herndon, Featuring selected works of modern art trends in Korean Pop Art from the Han-Mee Artists Association of Greater Washington (HMAA). The exhibit features the art of invited guest artists Kyungjoo Park, Robert Yi, Chris Mona, and

Franc Rosario along with participant artists of Han-mee. http://www.artspaceherndon.com/ korean-pop-art-in-america/. 703-956-9560. Holiday Gift Wrapping. Dec. 19-22, Noon-6

p.m. Dec. 23, 10 a.m.-6 p.m. Dec. 24, 10 a.m.-4 p.m. Hyatt Regency Reston, 1800 Presidents St., Reston, Gifts will be beautifully wrapped while you shop or work same-day service. Donations benefit 22,000 needy kids with school supplies. Presented by Kids R First with support from the Hyatt Regency and Appalachian Spring. kidsrfirst.org. appalachianspring.com

Dress Drive for Prom. Jan. 2-March 26. Monday-Saturday, 9 a.m.-5 p.m. Reston Community Center, 2310 Colts Neck Road Reston. RCC is collecting formal dresses, shoes, handbags, scarves and shawls, jewelry and accessories for Diva Central. All donations are appreciated, however, we ask that donations are in good condition, no older than 5 years old (circa 2011), and dry cleaned before they are donated. 703-390

Charlene Fuhrman-Schulz Exhibit. Through January 2016, Monday-Friday, 9 a.m.-5 p.m. PenFed Realty, 1886 Metro Center Drive, Reston. Fuhrman-Schulz displays her passion for traditional Oriental watercolor and ink painting in this solo show, arranged by the League of Reston Artists.

Free. www.leagueofrestonartists.org. Threaded with Green Quilt Show. Jan. 12-Feb. 14. ArtSpace Herndon, 750 Center St., Herndon. Display of talent, dedication and attention to detail from nineteen invited fiber artists. Every quilt in the show has an element of green. The exhibit features the challenge "There is a Season" from 12 fiber artists creating a quilt for each season. www.artspaceherndon.com.

All-comers' Group Fun Run at Potomac River Running. Tuesdays and Thursdays. Reston Town Center, 11900 Market Street, Reston. For beginners or competitive runners. come out for a fun, low-key run that is safe and social. For more information, call 703-689-0999 or visit https://

Christmas

5:00 PM Family Service 7:00 PM Service of Lessons

and Carols

10:00 PM Traditional Candlelight **Communion Service**



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7:45 a.m. Holy Eucharist, Rite I **9:00 a.m.** Holy Eucharist, Rite II Sunday School: preschool - grade 2 Music: grades 3 - 7 **10:25 a.m.** Sunday School Grades 3 to 6 Music 4 years to 2nd grade

11:15 a.m. Holy Eucharist, Rite II Nursery care provided at 9:00 a.m. service

www.ConnectionNewspapers.com

The Rev. James Papile, Rector The Rev. Laura Cochran 703-437-6530 www.stannes-reston.org 1700 Wainwright Dr., Reston

Communities OF WORSHIP



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CALL FOR BOARD CANDIDATES

2016 RA Board of Directors Election

Are you interested in making an impact on the future of Reston? Consider running for the Reston Association Board of Directors.

Three seats on the Board of Directors will be available in April of 2016:

- At-Large Director
- Lake Anne/Tall Oaks District Director
- North Point District Director

The election is open to property owners and renters within Reston Association.

Forms must be filed by Friday Jan. 29, 2016, 5 p.m. EST. Candidacy Forms and other election information can be found online at http://bit.ly/1I3LpCB.

Questions? Email ElectionsCommittee@reston.org or call 703-435-6570.



www.ConnectionNewspapers.com 8 * Reston Connection * December 16-22, 2015

Reston Connection ❖ December 16-22, 2015 ❖ 9



Lessons in Charitable Giving

Conversations, modeling behavior and hands-on actions can help teach children about benevolence and compassion.

> BY MARILYN CAMPBELL The Connection

atthew Mamalian's holiday shopping list included some items that might seem atypical for a 12-vear-old middleschool student: shampoo, socks, soap and a few snacks. He, along with several friends from his Sunday school class, packed the items in shoeboxes wrapped with holiday paper and tucked a handwritten note of encouragement inside each box.

"We were all laughing and having fun packing them," he said. "We also learned that there are people who really need these things because they don't have a lot else."

The project was part of Interfaith Works'



Cyndy Mamalian's three children are collecting gifts for the homeless this holiday season. She hopes the project will help them understand the impact that giving can have on others.

holiday giving program, an effort by the can be a time for children to learn the prinlocal nonprofit organization to meet the needs of the homeless. The holiday season

ciples of benevolence, say child development experts. Involving children in chari-

Interfaith Works Holiday Shoebox Project

Help neighbors in need by decorating and filling shoeboxes with essentials and gift items to spread holiday cheer.

This can be a fun activity for families and groups, large or small. Here are guidelines and

- Start with an empty shoebox, including box
- Cover both box and lid in holiday wrapping
- Write an encouraging note to tuck inside
- Fill it with suggested items:

\$10 gift card (grocery store, Target) SmarTrip cards

Travel-sized toiletries like lip balm, deodorant, shaving cream, new crew socks (men's or women's), pocket calendars, mini-flashlight and batteries (AA or AAA), scarf, gloves, mittens, hat, mini-notepads and mini-pens

Deliver shoe boxes to Community Vision program, 8210 Dixon Avenue, Silver Spring, Md., 301-585-4471. For more information contact Yvonne Esipila at yesipila@iworksmc.org or 301-315-1097.

table activities, modeling altruistic behavior and making a link between compassion and a higher power are all effective ways parents can teach their children the value of giving to the less fortunate.

SEE TEACHING, PAGE 13

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Adopt/Donate/Volunteer at www.lostdogrescue.org

Special Connections Calendar

Advertising Deadlines are the previous Thursday unless noted.

DECEMBER

12/30/2015......Children's Connection

JANUARY

1/6/2016.....Wellbeing, Renewal, Resolutions 1/13/2016......HomeLifeStyle Martin Luther King Jr. Day is Jan. 18

1/20/2016......A+ Camps & Schools 1/27/2016......Winter Fun, Food, Arts &

Entertainment; Valentine's Preview

FEBRUARY

2/3/2016.....Valentine's Dining & Gifts I 2/3/2016.....Wellbeing – National Children's **Dental Health Month** 2/10/2016.....Valentine's Dining & Gifts II

2/17/2016......A+ Camps & Schools E-mail sales@connectionnewspapers.com for more information.





703-778-943**1** www.ConnectionNewspapers.com/Advertising

Reaching Suburban Washington's Leading Households

- Alexandria Gazette Packet
 Arlington Connection
 Fairfax Connection
 Fairfax Station/Clifton/Lorton Connection
- . Chantilly Connection
- Great Falls Connection McLean Connection Mount Vernon Gazette
- Potomac Almanac

 - Reston Connection
 - Springfield Connection Vienna/Oakton Connection

Reston Crime Reports

Notable incidents from Dec. 5-11.

Unlawful Entry: 1900 block of Crescent Park Drive. Dec. 9, 1:30 p.m. A resident reported someone entered the residence and apparently used a downstairs restroom. Nothing was

Possession Of Marijuana/Use of Force: 1500 block of North Village Road. Dec. 8, 10:57 p.m. An officer made a traffic stop for an expired license plate and no state inspection. As the officer approached the car on foot, she detected a strong smell of burning marijuana. She asked the driver to step out of the vehicle and when he did, the driver locked the door and put the car keys in his pocket and became uncooperative and belligerent with the officer. Backup officers arrived and attempted to take the suspect into custody for obstruction of justice, but he physically resisted. One officer deployed the (ECW) Electronic Control Weapon in "Drive Stun" mode to gain compliance. The suspect was then arrested without further incident. There were no injuries. The vehicle was searched and suspected marijuana and cocaine was seized from the vehicle and from the suspect's person. The suspect, a 27-year-old Reston man, was transported to the Adult Detention Center and charged with obstruction of justice, possession of marijuana, and possessing a chemical unlawfully received.

Larceny/foot Pursuit/Use of Force: 12100 block of Sunset Hills Rd. Dec. 9, 12:12 a.m. Officers responded to the Target Store in Reston for the report of two intoxicated subjects inside the store after closing. Both subjects were walking out of the store as officers arrived. Store employees advised that the suspects had left the store with merchandise they had not paid for. Officers gave commands to the suspects to stop, but they disregarded those commands and fled across the parking lot, into a wooded area adjacent to the store. Officers gave chase and apprehended one suspect without incident. The second suspect again failed to obey lawful commands from the officers and the (ECW) Electronic Control Weapon was deployed; resulting in compliance by the second suspect. One suspect was charged with grand larceny and being drunk in public and the other - both from Reston — with petit larceny and being drunk in public. There were no injuries to the officers or to the

Fugitives Arrested and Charged After Neighborhood Chase. Police charged two fugitives from Manassas — a man, 26, and a woman, 26 — who were wanted for

outstanding charges in neighboring

jurisdictions.

They were charged with six felony charges, including grand larceny, providing false information to police, three felony drug charges, and possession of marijuana after they were apprehended on Tuesday, Dec. 8 shortly after 7 a.m. Initially, police were called for a report of someone breaking into a vehicle around 5:19 a.m. in the 9700 block of Thompson Run Court near Pinstripe Court.

Responding officers saw the person flee and began an investigation. A man was seen running in the neighborhood; K-9 officers and the helicopter were summoned to the scene to assist with the search. After a short foot chase in the neighborhood, the two were apprehended and taken into custody. The subsequent investigation revealed that the people were both wanted in Prince William County and Loudoun County.

Armed Robbery: Glade Drive/ Freetown Court. Dec. 5, 5:30 a.m. A 24-year-old man was walking along Glade Drive when a gray SUV pulled up next to him. A male passenger got out of the SUV, pushed the victim to the ground, produced a handgun and demanded money. The victim handed over his wallet containing an undisclosed amount of cash and credit cards. The suspect got back into the SUV which then fled west on Glade Drive. The victim was not injured. The suspect was described as a black male, 30 to 35 years old, wearing dark clothing.

Unlawful Entry/Arrest: 12700 block of Kinsley Place. Dec. 6, 9:09 p.m. A neighbor called to report that the owners had moved out three weeks prior and he has since observed an unknown subject hanging around the neighborhood in the mornings and evenings. Several days ago he observed the subject exiting the vacant house and called DPSC (Department of Public Safety Communications) when he observed a light on in the residence. Responding officers located an unsecure door and announced their presence. A male answered from a second floor location, but refused to come downstairs. Officers made their way up the stairs and located the man in a bathroom. He refused all commands, advising the officers they would have to kill him. The ECW (Electronic Control Weapon) was deployed with no effect but officers were still able to take the man into custody without incident. Investigation revealed that the subject is homeless and had been squatting in the vacant residence.

The owners of the residence responded and advised nothing in the home was missing. A 37-year-old man, of no fixed address, was charged with Unlawful Entry. He did not require medical attention.

Stolen Vehicles

2200 block of Sanibel Drive, 2012 Nissan Quest

Larcenies

11700 block of Sunset Hill Road, property from vehicle

12400 block of Yellow Tavern Road, jewelry from residence

12100 block of Sunset Hills Road, merchandise stolen from business 11900 block of Market Street.

merchandise from business 1700 block of Business Center

Drive, property from vehicle 10400 block of Dunn Meadow Rd. cash and property from vehicle

1700 block of Fountain Dr., cash from business

2500 block of John Milton Dr., Liquor from business

Holiday Special in Bentana Woods West \$424,500 A Mile to Wiehle/Reston East Metro



Brick Town House 3 BR, 2.5 BA, 3 levels and Garage. 2015 upgrades include granite counters, stove, and hardwood floors. New roof 2012, closet organizers, ceiling fans, wood blinds, washer and dryer. Over 1,600 sq ft backing to trees with a deck in a private cul-de-sac setting. FX9530874



RF/MEX Allegiance

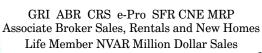
Reston Office

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Seasons Greetings to all the Restonians whom I have worked with this year. I look forward to more Happy New Years to serve you in Reston Real Estate!

Eileen M DuBose





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SPORTS

South Lakes Gymnastics Places Third

Sophomore Shuey takes fourth in all-around.

By Jon Roetman The Connection

he South Lakes gymnastics team placed third at a five-team meet on Monday night at Langley High School. The Seahawks produced a score of 120.325, finishing behind Conference 6 foes Yorktown (136.925) and Washington-Lee (129.175). Langley finished fourth (109.4) and Madison finished fifth (100.25).

Sophomore Jenna Shuey is South Lakes' top gymnast. A level 9 club gymnast, Shuey placed fourth in Monday's all-around competition with a score of 33.55.

"She did all right," South Lakes head coach Becky Slaight said. "She had a couple mistakes today, but it's early in the season. She's actually adding in some difficulty, which is nice to see."

Shuey placed first on vault with a score of 8.8 and second on bars with an 8.875. She produced a score of 8.1 on floor and 7.9 on beam.

"We'll zone her in toward the end of the season," Slaight said, "but right now we're just kind of enjoying what we're doing."

South Lakes' Emily Bohnet placed ninth in the all-around with a score of 27.9.

Yorktown's Julia Hays (35.025), Juliette Mitrovich (34.825) and Olivia Zavrel (33.825) finished first, second and third in the all-around, respectively.



South Lakes sophomore Jenna Shuey placed fourth in the all-around at Monday's meet at Langley High School.



Kiersten Aurentz competes on beam for the South Lakes gymnastics team.

- Sports Roundups

Herndon Boys Beat South Lakes

The Herndon boys' basketball team defeated rival South Lakes 86-80 on Dec. 11 at Herndon High School.

The Hornets improved to 4-1 and bounced back from their first loss of the season, an 85-78 defeat against Briar Woods. South Lakes dropped to 2-3.

Herndon faced Potomac Falls on Tuesday, after The Connection's deadline. The Hornets will travel to face Osbourn at 7:15 p.m. on Thursday, Dec. 17.

South Lakes took on Langley Tuesday, after The Connection's deadline. The Seahawks will host Fairfax at 7:15 p.m. on Friday, Dec. 18.

Herndon Girls Improve to 4-0

The Herndon girls' basketball team remained undefeated with a 71-55 victory over rival South Lakes on Dec. 11 at Herndon High School.

The Hornets entered the contest with

wins over Dominion, Yorktown and Briar Woods.

The loss dropped South Lakes' record to 1-3.

Herndon faced Potomac Falls on Tuesday, after The Connection's deadline. The Hornets will travel to face Osbourn at 5:45 p.m. on Thursday, Dec. 17. South Lakes faced Langley on Tuesday, after The Connection's deadline. The Seahawks will travel to face Wakefield at 7 p.m. onWednesday, Dec. 16.

Langley Boys Go 3-0 in Bahamas

The Langley boys' basketball team won each of its three games during a recent trip to the Bahamas.

The Saxons defeated The Oakwood School (California) 65-35 on Dec. 10 and 56-46 on Dec. 11. Langley beat The Vanguard School (Florida) 71-49 on Dec. 12.

Langley improved its record to 3-2 during the trip.

The Saxons faced South Lakes on Tuesday, after The Connection's deadline. Langley will host Washington-Lee at 7:15 p.m. on Friday, Dec. 18.

Langley Girls Improve to 5-0

The Langley girls' basketball team defeated Mount Vernon 54-34 at Bell Multicultural High School on Dec. 12, improving its record to 5-0.

The Saxons faced South Lakes on Tuesday, after The Connection's deadline. Langley will travel to face Washington-Lee at 7:15 p.m. on Friday, Dec. 18.

McLean Girls Start 3-1

The McLean girls' basketball team won its first three games of the season before losing to defending region champion Oakton 52-27 on Dec. 8.

The Highlanders opened the season with wins over St. John's Catholic Prep (46-45) on Nov. 30, Woodson (46-41) on Dec. 3 and Robinson (53-43) on Dec. 5.

McLean faced Washington-Lee on Tuesday, after The Connection's deadline. The Highlanders will host Hayfield at 7:15 p.m. on Friday, Dec. 18.

McLean Boys', Girls' Swim Teams Beat Hayfield

The McLean boys' and girls' swim teams defeated Hayfield on Dec. 12.

The girls' team remained undefeated with a 218-87 victory. The Highlanders took first, second and third place in eight of 12 events.

Senior captain Emma Chamberlayne, freshman Julia Green (two), junior Julia LeMuyon, sophomore Serena Wood, junior Elizabeth Ulrich, senior Rachel Montgomery, junior Julia Hunter, and sophomore Mary-Kate Mahoney each produced an individual first-place finish.

The boys' team improved to 2-1 with a 182-121 victory. Senior captain Ben Miller finished first in two events. Juniors Andrew Yang and Ethan Cussatt each finished first in an event. Divers Bobby Trono (junior), Sina Naeemi (sophomore) and Bennett Verderame (freshman) finished 1-2-3. McLean will face Washington-Lee on Friday, Dec. 18.



Teaching About Benevolence and Compassion

From Page 10

"Children need to have empathy modeled for them and they need a script to follow or ideas for carrying out charitable acts," said Christine Pegorraro Schull, Ph.D., professor of Early Childhood Education at Northern Virginia Community College in Alexandria. "Children aspire to be kind and to be good citizens, but they don't necessarily know how to do these things,"

Involving Matthew and his siblings in philanthropic efforts through Potomac Presbyterian Church is one of the ways that their mother, Cyndy Mamalian, makes a connection between gratitude, charity and a higher power. "I think it's important for them to think beyond themselves and live out their faith," she said. "You need to put your faith into action, and that is about caring for other people."

Janet Dunlop, Matthew's Sunday school teacher and a member of the Mission Committee at Potomac Presbyterian Church, melds volunteer projects with class discussions to teach her students about gratitude and charity. This holiday season, as the middle-school aged children clipped wrapping paper and tied ribbons around shoeboxes filled with deodorant, toothpaste, snacks and other essentials for the

homeless, she gave them a description of those who are on the receiving end of their project.

"Many young people growing up in Potomac don't have much experience with homelessness," said Dunlop. "When my husband and I arrive at the shelter with these boxes, the people there are so happy to receive them. So, this is also about helping the children see another aspect of life and trying to instill in them a life-long ideal of service."

Charitable giving for adults often means donating old clothes at the end of the tax year or writing a check to a nonprofit organization. However, children might find it difficult to understand how these abstract actions make a difference. That's why psychologists and educators recommend giving children first-hand experience in caring for others.

Jenny Trope, Ph.D. and her children raised money to purchase grocery store gift cards that they are distributing to homeless men and women they encounter this winter. "It gives the kids a glimpse of what it's like to be alone, hungry and stuck outside when it's cold," said Trope, who is also a marriage and family therapist based in Arlington.

Such hands-on projects, coupled with a

conversation about why it's important to take action to aid people in need of a helping hand, could drive home the message. "Children aspire to be kind and to be good citizens, but they don't necessarily know how to do these things," said Schull.

"Children need to have

empathy modeled for them

follow or ideas for carrying

— Christine Pegorraro Schull, Ph.D.,

Northern Virginia Community College

and they need a script to

out charitable acts."

A study by the United Nations Foundation and the Women's Philanthropy Institute at Indiana University-Purdue University Indianapolis found that talking to children about giving is highly effective for encouraging philanthropy, and increases a child's in-

clination to give by 20 percent.

"Conversations are critical. Talking about giving in combination with modeling is what actually increases children's giving," said Debra J. Mesch, Ph.D., director of the Women's Philanthropy Institute. "We ... know that these conversations need to be focused on why and how giving ... makes an impact on individuals in need, rather than simply talk that is more general, such

as giving is the right thing to do."

The dialogue can include concrete examples of how a charitable action will benefit others, say mental health experts. "Around the holidays when you're struggling to survive, when you've lost everything

and every decision you make is about meeting your absolute, basic needs, like how you're going to take a shower, it's a nice surprise to get a wrapped box of soaps, toothpaste, socks, snacks and a personal note," said Nikki Stanaitis, LCSW-C Interfaith

Works. "It makes a person feel human and gives them the sense of normalcy that we all want"

Acts of charity displayed year-round can lead to life-long habits of philanthropy. "Don't reserve donating and volunteering for the holidays. By making it a way of life, you're sharing your value system about giving and helping others with your children," said Trope.







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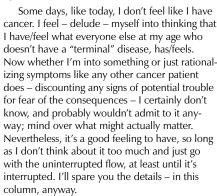


Flint Hill is an independent school for students in Junior Kindergarten through Grade 12 in Oakton, VA.



Naive and Delusional

By KENNETH B. LOURIE



But not thinking about having cancer – when you have cancer, seems counterintuitive almost. How do you not think about the most important thing in your life, the "thing" which is very likely shortening that life? I mean, being diagnosed with cancer is not exactly chicken soup for the soul; it's more a harbinger of things to come, most of which are not particularly good. And as much as I would encourage not focusing on a negative and the presumptive self-fulfilling outcome it might portend, denying its existence and pretending that all is right when previously your CT Scans indicated you've been wrong, is reckless and irresponsible, unless you know/feel something that modern medicine has yet to

I don't know anything except what I feel, and most of those feelings are probably being routed through my brain and its desire for self-preservation. The point being: Am I thinking clearly? Thinking wishfully/hopefully? Or thinking normally? That is: pretending, denying, waiting, wondering. Being a cancer patient/survivor is an emotional roller coaster, and feeling good however fleeting, has many rewards, but feeling bad as I now do (a mere two paragraphs later) is all it's cracked up to be.

Sure, I had chemotherapy the other day, so feeling good, then hours later feeling bad, was not totally unexpected; as you might imagine after nearly seven years of cancer treatment I sort of know the routine/cycle. Still, whenever I feel as good as I did in the opening paragraphs, I get disappointed when the inevitable bad feelings return, which last for a week or so - and what bothers me even more: I should know better (I do know better). But I can't help thinking/hoping that this will be the post-chemotherapy week when I won't feel what I've always felt every week after chemotherapy since the infusions began in early March 2009.

As much as I readily acknowledge how amazingly lucky I am to still be alive, I can't help expecting more. And when I don't get more, but instead get less, I don't usually take it well. Emotionally I get challenged and physically I get compromised. The combination results in a difficult set of circumstances. I don't exactly lose my focus or forget my good fortune, but I am reminded that I have a serious disease, one that is looking for trouble, and occasionally, it does have its way with me. The only saving grace is that it is all very familiar to me now, and as my Auntie Irene used to say: "This too shall pass," which of course, it always does - and then we're back to abnormal.

However, that time when I feel good, it's almost a tease, as I know the forthcoming bad. And yet I want to believe that feeling good, for whatever period, is somehow indicative of a future less complicated than my present. Still, I keep thinking that maybe after this infusion, the week-after will be different. Unfortunately, it's never different. It's always the same. Hope springs eternal though, and as a cancer patient, hope is our most valuable commodity. Thankfully, there's plenty for everyone.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Papa Pizza located at 470 Elden Street, Herndon. Virginia, 20170. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Beer on and off premises license to sell or manufacture alcoholic

beverages.
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required

newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200."

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Get Pie Enterprises, LLC trading as Mellow Mushroom
Pizza Bakers, 1030 Elden St.
Herndon, VA 20170. The above establishment is apply-ing to the VIRGINIA DEPART-MENT OF ALCOHOLIC BEV-ERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises license to sell or manufacture alcoholic bever ages. Amit Mehta member NOTE: Objections to the issu-ance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be

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The future comes one day at a time.

-Dean Acheson

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THURSDAY/DEC. 17

Board of Directors Meeting. 6-10 p.m. Reston Association, 12001 Sunrise Valley Drive, Reston. Community members are encouraged to join in and contribute their ideas, comments and suggestions. Monthly meeting of the Board of Directors where formal action is taken on policy issues pertinent to the association. 703-435-6530.

WMATA Forums. 6-8 p.m. Reston Station Wiehle-Reston East Metrorail Station, 11389 Reston Station Blvd., Plaza Level, Reston. The Northern Virginia Transportation Commission will host a regional forum that will allow the public to share concerns about WMATA and help pinpoint solutions to get Metro back on track. This is an opportunity for the public to identify key concerns, including affordability, service reliability, and safety. Brief presentation by the Virginia members of the WMATA Board of Directors and WMATA General Manager/CEO Paul Wiedefeld. Roundtable discussion. www.NoVaTransit.org. 703-524-3322.

Weekend Food for Kids. 10 a.m. Dominion Virginia power, 3027 Centreville Road, Herndon. Assistance League of Northern Virginia invites community members to help pack food for the Weekend Food for Kids program which benefits 1500 schoolchildren who receive reduced-price meals during the week. karenamster@aol.com

TUESDAY/DEC. 22

Inova Blood Drive. Noon-7 p.m. Beside the Pavilion at Reston Town Center, 11900 Market St., Reston. Schedule appointments at 866-256-6372 or inova.org/donateblood. On-site registration.

TUESDAY/JAN. 5

General Norton Schwartz. 8-9 p.m. Northern Virginia Hebrew Congregation, 1441 Wiehle Ave., Reston. One-hour discussion titled, "Jewish Americans and Public Service." 703-863-7639.

ONGOING

The Herndon Adult Day Health Care Center needs a bingo caller and an art therapy assistant. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

e Herndon Senior Center needs a volunteer trained in taking blood pressure, Social Visitors and a Baked Goods Table Manager. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/ olderadults and click on Volunteer Solutions.

ne Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov . Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ ltcombudsman/.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcountv.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or

Kristin.Martin@fairfaxcounty.gov.

Free Support Group for Parents with Children with Autism. Saturdays at 10-11 a.m. 462 Herndon Parkway, Suite 202, Herndon.

Fairfax County's Meals on Wheels urgently needs drivers in the Annandale, Franconia/ Kingstowne, Reston, Mount Vernon and McLean areas. 703-324-5406, TTY 711 or

www.fairfaxcounty.gov/olderadults.

Knitting Enthusiasts, Musicians Needed.
10:30 a.m.-noon, at Herndon Senior Center. Herndon Senior Center seeks a knitting enthusiast to teach basic procedures. Musicians to play soothing music on weekend mornings also needed. 703-324-5406, TTY 711, www.fairfaxcounty.gov/olderadult or VolunteerSolutions@fairfaxcounty.gov.

Habitat Heroes Project. The fourth Saturday of each month. Join the Habitat Heroes in protecting Reston's forests from aggressive plants and restoring them to their natural state. Wear long sleeves, long pants, and if possible, gardening gloves to protect from insects and dangerous plants. R.A. will provide tools, gloves, snacks, and water. To volunteer and find more information, contact habrock@reston.org or 703-435-7986.

Arabic-speaking Older Adult Social Visits.

Fairfax County needs volunteers who speak Arabic to provide social visits to an elderly person in Reston for four hours per month. 703-. 324-5406, TTY 703-449-1186, $Volunteer Solutions @fair fax county. gov \ or \\ www.fair fax county. gov/dfs/older adults ervices.$

Long-Term Care Volunteer Ombudsman Program Needs Volunteers. Ombudsmen advocate for the rights of residents of nursing and assisted living facilities—they also help residents resolve conflict and improve their quality of life. 703-324-5861 TTY 711 or Lisa.Callahan@fairfaxcounty.gov

Shepherds Center McLean-Arlington-Falls Church Area Needs Volunteers. Varying times, 1205 Dolley Madison Boulevard, McLean. Volunteers who can provide transport to and from medical appointments, assistance during grocery and pharmacy trips, make friendly calls to home-bound individuals, help complete minor home repairs, and assist in yard work and chores are needed. 703-506-2199.

SCHOOL NOTES

Send school notes north@connectionnewspapers.com by Friday.

Two Herndon High School AP Physics 1 students, Ian Boll and Cyril Antoney, created a team named Herndon Space Voyagers and submitted a research proposal to the Association of Space Explorers (ASE), an organization composed of astronauts from 35 countries and have orbited earth. The team's research proposal was one of the top 15 proposals in the nation that got selected for the 2015 ASE AstroSat Challenge. In the proposal, the team hopes to explore the relationship between pollution, sunlight and global temperatures and create a mathematical relationship between the amounts of visible light received and the measured temperatures and be able to predict where global peratures are heading. The students are by Herndon High School Physics teacher, Shella Condino.

Fairfax County Public Schools (FCPS) is participating in Speak Up, a national online survey about the use of technology in schools. The information collected will help policy makers at the local, state, and national levels, as well as the business community contribute to the national dialogue about science, technology, and preparing students for the 21st century workforce.

FCPS will be participating in the survey through Dec. 18. The online survey is open to students, parents, educators and the community. Survey is voluntary and take 20 minutes to complete.

To take the survey, please visit http:// www.speakup4schools.org/speakup2015/. Students will be asked for a secret word (password) when they take the survey. The secret word for students is **fcps**. Aggregate survey results for FCPS will be available in February 2015.

Speak Up is an annual research project conducted by Project Tomorrow, a national education nonprofit organization that collects and reports the views of students in K-12, teachers, administrators and parents on 21st century education and technology. For more information about Project please Tomorrow, visit www.tomorrow.org/speakup.

Darcie Cecilia Badger, of Reston, graduated from Fort Hays State University in Hays, Kan. in the summer of 2015 with a Masters of Science in Education, English for Speakers of Other Languages.



Looking for a special way to celebrate Christmas? Restoration invites you, your family and your friends to our Christmas Eve service, December 24, at 7 p.m. We are holding our Christmas Eve service at United Christian Parish in Reston. Join us for a family-friendly worship experience that will remind you of the true meaning of Christmas. We look forward to celebrating the holiday with you! For more information, visit RestorationReston.org/Christmas.

CHRISTMAS EVE SERVICE



DECEMBER 24



7 p.m.



United Christian Parish 11508 N Shore Dr, Reston, VA

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SUNDAYS



10 a.m.



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