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- Have I-5 or I-6 zoning in Fairfax County or the equivalent zoning in the City of Fairfax or Falls Church
- Be at least 3 to 4 acres in size. If the parcel(s) have split zoning, at least 3 to 4 contiguous acres, must be zoned I-5 or I-6 or an equivalent zoning.

Fairfax Water will consider expressions of interest from multiple owners of contiguous properties meeting these criteria and totaling at least 3 to 4 acres, however all owners must express interest in selling.

If you are an owner of property meeting these criteria, please send the following information to Fairfax Water, to the attention of Ms. Jamie Hedges, Director, Planning and Engineering by December 29, 2015.

Information for submitting an expression of interest:

- Name(s) of property owner(s)
- Contact information for property owner(s)
- Signed statement of interest of property owner(s)
- Parcel identification number(s)
- Street address of property(ies)
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Jamie Bain Hedges, P.E. Director, Planning and Engineering Fairfax Water 8570 Executive Park Avenue Fairfax, VA 22031

FOR MORE INFORMATION, VISIT:

PROPERTY.HTM

Or email to: jhedges@fairfaxwater.org

CRIME

Vienna Crime Reports December 11, 2015

Notable incidents from Dec. 4-10.

Incidents

Suspicious Event - 400 Block Plum St., SW. Between Aug. 1, 2012 at 9 a.m. and Dec. 7, 2015 at 3:13 p.m. A resident reported she had been having issues with a former co-worker since 2012. She stated she contacted her employer about the issues and was advised to contact the Vienna Police Department in the event he attempts to make contact with her.

Civil Matter - Anytime Fitness, 111 Church St., NW. Between Nov. 10 at 9 a.m. and Dec. 8 at 11:49 a.m. An employee reported a former client had been causing him to lose business. He was seeking to pursue charges for slander against the man. Officer Lyons informed him this was a civil mat-

Fraud - Giant Food Store, 359 Maple Ave., East. Dec. 2 between 7 a.m. and 10 p.m. A citizen responded to the Vienna Police Station to report someone had fraudulently used his credit card at the Giant Food Store. He was unsure how the person obtained the credit card information as it was still in his possession. This case is being investigated.

Police Service - The Bey Lounge, 303 Mill St., NE. Dec. 3, 11:40 a.m. A resident reported they could hear loud music emerging from the area of the Bey Lounge. Officer Lyons responded to the resident's home and was able to faintly hear the music but not enough to warrant a violation of the Town of Vienna Noise Ordinance. Sgt. Elias responded to the Bey Lounge and spoke with the staff and was also unable to hear music loud enough to warrant a violation of the ordinance.

Fraud - 400 Block Blair Road, NW. Dec. 3, 4:22 p.m. A resident reported someone, unknown to her, had changed the address and telephone number associated with one of her credit card accounts. This case is being investigated.

Arrest - Warrant Service/ Narcotics Violation - 600 Block Orrin St., SE. Dec. 4, 9:44 p.m. MPO Smith received information that a town resident was wanted for a warrant obtained by the Fairfax County Police Department. MPO

Smith responded to the resident's home but was informed he was not home. While waiting in the area for the individual to return he observed two men walking past his police cruiser. The men were stopped and one was identified as the wanted individual. After further interaction with the men he located drug paraphernalia on the wanted individual and illegal narcotics on the second individual. MPO Smith arrested the 46-yearold man from Orrin Street, SE in Vienna and transported him to the Fairfax County Adult Detention Center where he was charged with the warrant for the Probation Violation and Possession of Controlled Paraphernalia. He was held without bond. The second individual, a 46 year old man from North Henderson Street in Overton, Texas, was also transported to the Fairfax County Adult Detention Center and charged with two counts of Possession of a Schedule I, II Controlled Substance. He was held on an \$8,000.00 bond.

Arrest - Driving While Intoxicated/Narcotics Violation - 300 Block Maple Ave., West. Dec. 5, 1:35 a.m. Officer Hylinski was on patrol when he observed the driver of a vehicle commit several traffic violations. As a result of those violations he conducted a traffic stop. Upon his interaction with the driver he detected the signs of possible impairment. After failing to complete a series of field sobriety tests he arrested the 25 year old man from Addison Road in Fairfax, Va. for Driving While Intoxicated. While preparing his vehicle to be towed he located a measurable amount of marijuana and other illegal narcotics. He was transported to the Fairfax County Adult Detention Center where he was given the opportunity to provide a sample of his breath for analysis. After the analysis he was charged with Driving While Intoxicated (2nd), Possession of a Schedule IV Controlled Substance and Possession of Marijuana. He was to be held until he was sober.

Suspicious Event - 500 Block Alma Street, SE. Dec. 5, 10:40 a.m. A resident reported she received a telephone message from an individual claiming to work for the

SEE CRIME, PAGE 4 www.ConnectionNewspapers.com

NEWS



Enjoying ice skating at Tysons Corner Mall rink are (from left); Cathy Onsi, Diego Serrano, Hayden Byrnes, Josh Steiner, and Nick Annunziata of McLean, who was hosting his friends from Maryland and D.C. before exams next week.

PHOTOS BY STEVE HIBBARD/THE CONNECTION



Beginner ice skaters use red skate aids to help them balance on the ice.

Tysons Ice Rink is Open for the Season

BY STEVE HIBBARD The Connection

he new 6,000 square foot Tysons Corner Ice Rink officially opened this season on Friday, Nov. 13, and will run through March 6, 2016. The outdoor rink located near the Silver Line Metro is situated on The Plaza next to Lord & Taylor on the second floor of the mall. A new Hyatt Hotel opened next door last March.

What's different this year is all of the surrounding stores and restaurants are fully

manager Marissa Marwell, who's been in the business for 11 years.

"Now that the plaza is fully opened, there's something for everyone," she said. "We've got the ice skating, the restaurants (Barrel and Bushel, Earl's Kitchen and Bar, Starbucks and Shake Shack), and the playground and fire pits to warm up."

The cost for ice skating is \$10 for admission, \$9 for child ages 12 and under, and \$6 per skate rentals. The group rate (10 or more guests) is \$12 per person (includes admission and skate rental). The rink hours are Mondays and Tuesdays from 3 to 7 p.m.; Wednesdays and Thursdays from 3 to 9 p.m.; Fridays 3 to 11 p.m.; Saturdays 11

opened and occupied, said ice rink general a.m. to 11 p.m.; and Sundays 11 a.m. to 7 p.m. The skate rental shop is located inside the mall on Level 2 near Lord & Taylor.

> Besides general ice skating, the rink offers Birthday Party packages, fundraising opportunities, learn-to-skate lessons (private and semi-private) and private rentals.

> "It's never too late to learn to skate," said Marwell. "We offer ice skating lessons for ages 3 and up. (Spaces are still available for Session 2.)... It's also a perfect way to celebrate your birthday party with friends in a magical outdoor atmosphere."

> For younger kids, the rink offers a weekly Cartoon Skate on Saturday mornings. "We have our rink mascots join the children out on the ice from 11 a.m. to 1 p.m. every Sat

urday morning," said Marwell. "We have Pepper the Penguin, Spots the Dalmatian, Winter the Polar Bear and Lutz the Lion. They skate and interact with the children and their families."

For the older crowd, there's Saturday Night Rock and Skate from 7 to 9 p.m. with DJ Civil. "We do live request, shout outs and a lot of dancing. It's really fun. It's open to everyone," said Marwell.

For more information, visit the web site: www.tysonscornerlearntoskate.com. The email is skatetysonscorner@gmail.com. Call 703-356-1240.



The Shake Shack restaurant sits next to the ice skating rink.



Ice rink general manager Marissa Marwell in her office.



Braeden Montague and Lola Fuentes Brock of Centreville.

Tying Down Time for Tying Up

New dog tethering law limits the amount of time a dog can be tied outside to one hour a day.

By Ken Moore

an's best friend deserves legal protection," said Peggy Marshall, who adopted her best friend, Bianca.

Bianca endured a life on a chain for years until stray dogs attacked her.

"She tried to defend herself but couldn't run away and was badly bitten," said Marshall. Marshall's testimony at the Nov. 17 public hearing of the Board of Supervisors covered the intent of the board's proposed amendment regarding cruelty to animals, including dog tethering.

Bianca was then dropped off at an animal shelter to be euthanized. An animal care assistant intervened, got Bianca a week of medical attention and from there a rescue group intervened.

"Happily, Bianca's story ends with an unchained life and Boar's Head roast beef every day," said Marshall.

Tethering a dog for more than one cumulative hour during any 24-hour period, unless the dog is under the direct supervision and control of its owner or custodian, is now prohibited in Fairfax County. The Board of Supervisors voted Tuesday, Nov. 17, to amend the Fairfax County Code to incorporate the Code of Virginia's cruelty to animals provisions along with the tethering provision.

MORE THAN 20 people testified for more than two hours at a public hearing at the Nov. 17 meeting of the Board of Supervisors, and not all were in favor of the new

The Board of Supervisors met some resistance when proposing limits to dog tethering, the amount of time animals could be left unsupervised on a leash or a line in the backvard.

"When [Lee District] Supervisor [Jeff] McKay and I introduced this in late spring after working with some of the shelter staff,"

said Sully District Supervisor Michael Frey, "we never contemplated the idea that this would limit the amount of time you could walk your dog on a leash because that was tethering" or that if a groomer had a leash on a dog for more than an hour that would violate the ordinance.

Some people worried that dog groomers could be in violation of the new provision if they needed to tie a long-haired dog for more than an hour.

"That was an interpretation that never occurred to us, but I've talked with some folks and I've worked with our staff and the county attorney's office to propose an amendment that I think takes care of those concerns," he said.

Frey started the public hearing by saying the board would add qualifying language to the proposal that would allow a dog to be tethered for longer than an hour if "the dog is under the direct supervision and control of its owner or custodian."

"That will take care of some of the concerns that were addressed," Frey said.

Capt. John Naylor, commander of the Animal Control Division, said tethering can deprive dogs of their ability for survival necessities, such as water and food. Limited to a life on a chain regularly can make dogs aggressive as well as potentially cause strangulation, he said. They can be at risk for hypothermia and heat stress, which can lead to severe health problems.

But others raised concerns about the meaning of "direct supervision and control."

> "I've been a dog owner my entire life," said Springfield District Supervisor Pat Herrity, who asked that the proposal be deferred for more consideration. He raised the example of taking his dog with him when he plays rugby, with the dog tethered in sight, but for more than an hour for the

game. County staff replied that the scenario would not be allowed, and that the dog should be directly supervised by someone during the game.

Alice Harrington, legislative liaison of the Virginia Federation of Dog Clubs and Breeders, spoke in opposition.

"This bill is written and assumes all tethering is bad, and that is not true," she said.

"There is no link [in this proposal] between tethering of a dog and the condition of the dog. Anyone who tethers a dog for 61 minutes can be charged with animal cruelty," even if there is no harm to the dog.

Allison Volpert, who serves on the county animal services advisory council, participates with two of her dogs in agility classes at Frying Pan Park. She regularly leaves one dog tethered for somewhat more than an hour, with a cooling pad and water in summer, while she participates with her other dog in class. But with the new provision she will no longer be able to do so.

SHE URGED the supervisors to delay the vote and to work with a more diverse group of animal lovers to make recommenda-

Arlington County animal control officer Jennifer Toussaint said Arlington County uses its tethering law and enforcement to educate homeowners how to be more effective dog owners.

Holly Hazard of the Humane Society of the United States testified in favor of the limits on tethering.

"Experts agree that tethering is not conducive to the well being of dogs," she said,

"Most citizens don't want to be bad pet owners, they need guidance, and if control officers can intervene, she said, they can eliminate tethering from becoming a punitive measure.

"Citizens need guidance," she said.

"The ordinance fulfills our commitment to treat animals with dignity and compassion," testified Timothy Parmly. "It's a good ordinance," he said. "Chaining a dog is

Fines and penalties for violating the tethering provision, range from a fine of \$500 for a first violation to being punishable by fine of up to \$2,500 and/or penalty of up to one year in jail for a third violation within the same year.

CRIME

From Page 2

Internal Revenue Service (IRS). He claimed she owed money to the IRS. The resident called the individual back and informed him she did not owe any money. The caller hung up on her.

Suspicious Event - Navy Federal Credit Union, 820 Follin Lane, SE. Dec. 5, 12:22 p.m. An employee reported a suspicious envelope had been delivered to the mailroom. The employee stated the envelope had a blue stain and smelled of either perfume or some other chemical. Fairfax County Hazmat personnel were summoned and determined the envelope was safe and the odor was not giving off dangerous fumes. The a.m. A resident reported a dark envelope contained checks.

Police Service - Vienna Police Station, 215 Center St., South. Dec. 5, 2:37 p.m. A resident re-

tion to turn in unwanted ammunition for destruction.

Animal Case - The Hope Center, 140 Park St., SE. Dec. 5, 11:53 p.m. An employee reported an unknown citizen had dropped off a tan pitbull type dog that had been found wandering by Cunningham Park Elementary School. The employee was able to determine the dog's name was "Big Mac" and attempted to contact his owners without success. Big Mac was transported to the Fairfax County Animal Shelter where he will be held until he can be reunited with his owners.

Suspicious Event - 100 Block Harmony Drive, SE. Dec. 6, 11:51 colored SUV pulled into her neighbor's driveway. The driver exited the vehicle, walked up to the door, then returned to his vehicle and left. The resident felt this sponded to the Vienna Police Sta- was suspicious and wanted the

incident reported.

Arrest - Noise Violation -600 Block Park St., SE. Dec. 6, 1:21 p.m. Officer Post responded to a residence for the report of construction being performed in violation of the Town of Vienna Noise Ordinance. Prior to arriving at the residence she was informed there had been several previous calls to this residence. Officer Post spoke with the site manager and then issued him a summons for Violation of the Town of Vienna Noise Ordinance. He was released after signing his summons.

"Experts agree that

tethering is not

conducive to the

well being of dogs."

— Holly Hazard, Humane

Society of the United States

Domestic Dispute - Manvell Road, SE. Dec. 6, 8:05 p.m. A resident reported she and her husband became involved in a heated argument after he expressed his displeasure with the way she sliced the meat for dinner. She stated he threw the meat in her direction but it did not hit her. Her husband left the house prior to the arrival of Officer Hylinski. She stated she did not wish to pursue charges at that

Found Property - 200 Block Cedar Lane, SE. Dec. 6, 11:51 p.m. Officer Hylinski was on patrol in the Cedar Lane Shopping Center when he happened upon an unattended cellphone. The cellphone will be held at the Vienna Police Station until it can be reunited with its owner.

Arrest - Narcotics Violation. Nutley Street at Roland Street, SW. Dec. 7, 3:02 a.m. Officer Hylinski was on patrol when he observed a suspicious vehicle stopped on Roland Street, SW for an unusually long period of time. Officer Hylinski approached the vehicle and spoke with the driver who appeared to be impaired. After further interaction he located evidence of illegal drug use in the vehicle. Officer Hylinski arrested the 31-year-old woman from

Shadow Lawn Court in Annandale, Va. for Possession of Controlled Paraphernalia and Drunk in Public. She was transported to the Fairfax County Adult Detention Center where she was held on a \$2,000. bond.

Police Service - 300 Block Westview Court, NE. Dec. 7, 1:25 p.m. A resident responded to the Vienna Police Station to report his daughter had violated the terms of a Protective Order, after she telephoned him and demanded he pay her money. The resident did not wish to pursue charges at that time.

Open Door - Clarity Restaurant, 442 Maple Ave., East. Dec. 7, 5:46 p.m. MPO Nelson responded to the Clarity Restaurant in reference to an open door. Upon arriving he searched the business and found nothing appeared to be out of place. An employee was contacted and responded to secure the door.

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4 VIENNA/OAKTON CONNECTION DECEMBER 16-22, 2015

News



Top, from left, Meenakshi Choudhary, Amber Jordan, Pushpa Singh, Misbah Javaid, Jen Corrado, assistant principal Marylou Carmack and principal Ken Junge.

Colvin Run Receives Playground Shade Structure

Colvin Run Elementary had the Ribbon Cutting ceremy of Dermatology. Principal Ken Junge said, "Thank playground shade structure. This shade structure, located on the Preschool playground, was made possible through a grant sponsored by the American Acad-

emony to commemorate the installation of FCPS' first you to FCPS and the American Academy of Dermatology for their generous support. The staff and students are very excited to have this new addition to our playground and will benefit from its sun protection."

Area Students Honored

Oakton High senior Allan Phillips receives two awards.

wo Fairfax County Public Schools (FCPS) students are among 21 students in the Washington, D.C., region who have been recognized by the Hispanic Heritage Foundation, a nonprofit organization established by the White House in 1987.

Rosemary Morataya, a senior at Mount Vernon High School, received a silver award in the engineering and mathematics category, which includes a \$2,000 scholarship to support her plans to pursue a degree in aerospace engineering, astrophysics, and business at Massachusetts Institute of Technology.

Allan Phillips, a senior at Oakton High School, received a bronze award in the engineering and mathematics category, which includes a \$1,000 scholarship to support his plans to pursue a degree in genetics and synthetic biology at Stanford University.

Both of the awards are sponsored by ExxonMobil.

The Hispanic Heritage Youth Awards program offers educational grants to Hispanic high school seniors chosen by regional selection committees based on their academic achievement, leadership, community service, category focus, and an essay about the role their heritage played in their success.

Allan Phillips, a senior at Oakton High, has been selected for the second consecutive year to receive the 2015 Jose Rizal Youth Award at the Embassy of the Republic of the Philippines on Thursday, Dec. 17. The award recognizes outstanding Filipino-American youths who display academic excellence and community service. He is an active member of Oakton's Cougar Robotics and Engineering Club and Technology Students Association.





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OPINION

Season of Giving Never Has To End

Why ending childhood hunger should be your New Year's resolution.

By Amy Johnson, Jennifer Konish and Nick Arent

he holiday season is one of our favorite times of year because it's all about the best things in life. It's a time for celebrating, bringing ageold cultural traditions to life, and spending time with family and friends. It's about being thankful for all of the things we are fortunate enough to have in our lives and reminding people how much we love and appreciate them. Oh and we suppose the delicious food that accompanies all of these things makes them that much more enjoyable!

During the holidays there are still a number of people who are struggling to make ends meet and many who don't have enough to eat, but luckily, it is also the season of giving. Around the country, the holidays inspire hundreds of thousands of people to give to the poor. Caring individuals get involved by donating to hunger-relief organizations such as the Capital Area Food Bank — the largest nonprofit serving the Washington metro area serving at soup kitchens, and finding other ways to contribute to the improvement of our communities. Especially when it comes to sharing food, we make sure that everyone has something to eat. The holiday spirit unites us, brings out the best in us, and motivates us to make a real difference in the lives of others.

This year, let's make it our New Year's resolution to keep this level of engagement continuing into 2016 by tackling one of most

tragic problems facing our country — child-hood hunger.

About 400,000 children here in Virginia alone are at risk of going hungry and it's a problem we can't afford to put off for another year. Despite all the pies, casseroles, hams and turkeys that will be enjoyed over the next several weeks, over 15.5 million kids across the country are food insecure. According to No Kid Hungry "three out of four public school teachers say students regularly come to school hungry" — another alarming statistic. In a country as prosperous as our own, it is absolutely unacceptable that there are any children who don't know where they are going to get their next meal.

The bottom line is that when kids are hungry, they struggle to learn, and kids who struggle to learn, struggle in life. With stomachs growling, hungry children sit through class unable to focus and get the most out of school. Fatigue and weakness as the result of poor nutrition make it difficult for them to stay awake or participate in physical activities like recess and PE. They are more likely to suffer from hyperactivity, miss school, and experience other behavioral problems which creates a negative learning environment for all students even their peers who are not food insecure. Perhaps the scariest thing about childhood food insecurity is the inability for a child to reach their full potential because of the dramatic damage hunger does to their brain. Over time, hungry students fall behind their peers academically and many of them never catch up making it far more difficult for them to find good jobs and take care of their children once they grow up. The medical sector is beginning to reprioritize its resources to see healthy food as the important intervention it is. For example, the American Academy of Pediatrics recently recommended for the first time that pediatricians screen all children for food insecurity.

If we want to make sure every child gets a fair shot in life, we need to make sure our elected officials and decision-makers properly fund and improve existing food assistance programs such as free/reduced price school meals, SNAP (formerly known as food stamps) and WIC. Research shows that these programs help students to perform better in school and in life — but they don't go far enough. First Lady Dorothy McAuliffe is an excellent example of how politicians from both sides of the aisle should be making this issue a priority and continuing to develop new solutions.

Congress is currently considering legislation to reauthorize the Child Nutrition Act and to make changes to a number of food assistance programs. This legislation will influence funding for programs like the Child and Adult Care Food Program and Summer Food Service Program which allows the Capital Area Food Bank and other organizations to provide nutritious meals to food insecure children when school is out of session. If you are as concerned about childhood hunger as we are, you can contact your elected officials and urge them to take action by calling the congressional switchboard at 202-225-3121.

We will start 2016 with one in six kids across Virginia waking up at risk of going hungry throughout the year. With your help — by making ending childhood hunger your New Year's resolution and taking action on this is sue throughout the year — we can work toward a future where we wake up on New Year's Day to a country where every child's basic needs are met so that they all have a fair opportunity to be successful in life.

Amy Johnson and Jennifer Konish are the NOVA Kids Cafe Coordinators with the Capital Area Food Bank. Nick Arent is a Campaign Organizer with Virginia Fair Share.

Justice for Juveniles

By Kenneth R. "Ken" Plum State Delegate (D-36)

often quote from papers written by the staff of the Commonwealth Institute for Fiscal Analysis; they provide the most fact-based, nonpartisan, clear analysis of key is-

sues facing Virginians (http://www.thecommonwealthinstitute.org/). Recently, I attended the 2015 Policy Summit held by the Institute in Richmond. Topics at the Summit included the declining state support for public schools in Virginia, accessing health care, and returning more money to the working poor through the Earned Income Tax Credit. One topic around which there seems to be a high level of political consensus developing was "Criminal Justice Reform: Opportunities to Save Money and Help Communities."

In a paper published by The Commonwealth Institute, it was reported that Virginia keeps more youth incarcerated than most states. As of 2013 for which the most recent federal data is available, Virginia incarcerated 79 youth in

state facilities for every 100,000 youth age 10 or older living in the state. That's 75 percent higher than the national rate of 45 state incarcerated youth per 100,000 youth in the country. But that does not mean that Virginians are safer or that more youth are diverted from criminal behavior. In fact, the opposite

is true. According to data from the Department of Juvenile Justice, almost three-quarters of youth who have been held in the state's juvenile prisons are convicted of another crime within three years of release. Of great concern is the fact that youth who are held in the state's youth prisons for longer periods of time actually have higher rates of re-arrest within a year of release than youth who are held for shorter periods of time!

Virginia's current youth prison system consists of two youth prisons, Bon Air and Beaumont, in the Richmond suburbs. More affluent areas like Fairfax County have established local alternative programs. The highest rates of commitment to the state youth prisons come from the localities that have the highest poverty levels. As the Institute reported, "not only

is Virginia's current system not working to rehabilitate youth and keep communities safe, it is also very expensive. The per capita cost of incarcerating youth in Virginia's juvenile correctional centers was \$148,214 in FY 2015. Local programs are lower in cost as well as more effective at reducing recidivism.

Efforts have been underway to reform the current system for a number of years, but that movement needs to be accelerated. Wealthy communities are way ahead in establishing treatment programs, but these programs that are effective in keeping children out of trouble in the future must be extended to all localities regardless of wealth. The state must resist any effort to dump the problem on localities without providing necessary funds to make alternative programs available. The pipeline from school to prison must be shut off. Alternative solutions that include intensive treatment for offenders and families can keep the community safe, rehabilitate young people before they become criminals, and save money. There is widespread bipartisan agreement that progress needs to be accelerated in this area. It will bring justice to juveniles.



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News

Citizen Speakers Turn Out for Stuart Name Change

School Board to take action Dec. 17

By Tim Peterson
The Connection

.E.B. Stuart High School senior Whitten Rutledge is proud of his school, mostly.

"The culture around the school is a wonderful one," he said, addressing the Fairfax County School Board on Dec. 3, "We believe the name should reflect the culture we have."

Rutledge was speaking on behalf of Students for Change, a group at the Falls Church school that's upset with the institution being named after a Civil War cavalry leader for the Confederate army.

"Change is necessary," Rutledge continued. "In order for our school to embrace its own culture, we need a symbol that accurately represents who we are, not a confederate general who stood adamantly for the segregation of society."

Stuart seniors Anna Rowan,

Cassie Marcotty, Marley Finley, Abby Conde and Lidia Amanuel founded Students for Change and were recognized by the Fairfax County NAACP for their work to have the school's name changed to honor Thurgood Marshall.

"The momentum we need for change is happening everywhere," Rutledge said, referencing over 34,000 signatures his group has obtained in support of changing the name.

Under the current policy (8170.5), new names for schools are only allowed at new buildings or buildings that have been repurposed. Since being adopted first in 1987, the policy has only been corrected or revised three times.

As part of its new business on Dec. 3, the School Board scheduled a decision for changing the policy. On Dec. 17, the board will vote on adding the sentence "The School Board may also consider a change in the name of a school or



Photos courtesy of Fairfax County Public Schools

Edwin Henderson, a retired Fairfax County Public Schools U.S. history teacher and president of the Tinner Hill Heritage Foundation, voices his support for changing the name of J.E.B. Stuart High School to Thurgood Marshall.

facility where some other compelling need exists," to the naming guidelines, which would essentially open the door for a formal pitch to change Stuart's name.

Edwin Henderson, a retired Fairfax County Public Schools U.S. history teacher and president of the Tinner Hill Heritage Foundation, spoke after Rutledge, adding his support.

"I believe the time to do the right thing is now," said Henderson. "Renaming the school for a giant of American jurisprudence, who lived in this very community, championed Brown v. Board of Education and began a policy to dismantle segregation and open this country up to equality. If you truly honor diversity, the choice couldn't be clearer: Rename J.E.B. Stuart High School to Thurgood Marshall High School."

Fairfax County NAACP president Shirley Ginwright spoke next, comparing Stuart the man to abolitionist John Brown, who fought to free slaves and was sentenced to death by hanging.

"One is considered a hero, the other considered a traitor," she said.

"As an African American," Ginwright continued, "it is painful to be constantly reminded of the trials and tribulations of our forefathers and what they had to endure. It is hard to have our children faced with the same pain in



Whitten Rutledge, a senior at Stuart, explains why he and the group Students for Change believe his high school's name should be changed from J.E.B. Stuart.

feeling there's nothing they can do about it because of policies and institutionalized behaviors that have been supported by racism and discrimination. It is time for us as a community to correct the wrongs that have been imposed by those who have previously held these positions. It is not a matter of rewriting history, but telling history as it happened, all of the history."

The board is scheduled to vote on the policy change at its Dec. 17 meeting, at Luther Jackson Middle School, 3020 Gallows Road in Falls Church. For more information about participating at meetings, visit www.fcps.edu/schlbd/meetings/requestspeak.shtml.





News



Board of Supervisors Chairman Sharon Bulova with Michael L. O'Reilly, Chairman of the Governing Board, Fairfax County Office to End and **Prevent Homelessness.**



Verdia L. Haywood, former Deputy County **Executive and Governing Board member, with** Glynda Hall, Partnership Development Manager for the Office to End and Prevent Homelessness, and Kathy Albarado, CEO of Helios HR in Reston.



Wendy Lemieux, of the Fairfax County Office of **Public Private Partnerships.**

Partnership Launches 'Build a Village' Campaign

Goal to end homelessness in Fairfax County by 2018 looms; more than 400 children are among the homeless here.

ozens of business leaders, elected officials and advocates for ending homelessness gathered Monday, Dec. 14 in the offices of Piedmont Fund Services in Herndon to launch the "Build a Village" campaign.

The effort is designed to provide funds to help end homelessness in Fairfax County. Businesses pledged more than \$20,000 at the event just to begin. Jim Corcoran, president and CEO of the Fairfax County Chamber of Commerce, Don Owens of Griffin-Owens Insurance in Herndon, John Sekas of Sekas Homes in Vienna and Kathy Albarado, CEO of Helios HR in Reston, each pledged \$5,000.

Albarado shared her personal story, which included periods of homelessness when she was growing up as her mother fled domestic violence.

The Build a Village concept, which graphically builds houses with donations starting at one brick for \$25, a window or chimney for \$250, \$500 to build the front door and \$5,000 completing a house, is the brainchild of the Dulles Regional Chamber of Commerce and its president Eileen Curtis, who was on hand for the kickoff. Apple Federal Credit Union will manage donations.

In 2015, about 1,200 people were literally homeless, including 431 children. More than 60 percent of the homeless adults in families were employed, but their jobs didn't pay them enough to afford housing. Domestic violence was the cause of homelessness for more than 40 percent of the adults in families who are homeless. Of the 488 single individuals who were homeless, 52 were 18-24 years old; 123 were 55 years old or older. Two hundred sixty eight homeless individuals were dealing with serious mental illness and/or substance abuse.

Lack of affordable housing is the main cause of homelessness in Fairfax County, according to the Fairfax County Office to



Sharon Bulova, Chairman of the Board of Supervisors, and Supervisor Catherine Hudgins (D-Hunter Mill) both serve on Governing Board of the Office to End and Prevent Homelessness, and were on hand to support the launch of the "Build a Village" campaign.



Bowler, Director of the Fairfax County Department of **Family Services.**



Delegate-elect Jennifer Boysko (D-86) with Margi Preston, Executive Director of FACETS.

Prevent and End Homelessness. Low in-

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possible to pay for an apartment when earn-

ing minimum wage — even working 24



hours per day, seven days a week. Monthly rent for a two-bedroom apartment is at least \$1,500, meaning a family would need an

annual income of \$58,760 to afford a two-



Jeff Lisanick of Vienna, and Joe Meyer, Executive Director of Shelter House.

bedroom apartment.

To donate, go to www.fairfaxcounty.gov/ homeless and click on "Build a Village" campaign.

Calendar

announcements north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encour-

THURSDAY/DEC. 17

Holiday Crafts for Children. 5:30-9 p.m. Meadowlark, 9750 Meadowlark Gardens Court, Vienna. Visit the craft table and make a free craft to decorate for the holidays. http:// winterwalkoflights.com. 703-255-

Caroling on the Town Green. 6:30 p.m. 144 Maple Ave., Vienna. All ages are welcome to participate in traditional caroling and to enjoy the marshmallow-roasting stations. Weather permitting. 703-255-6360.

Cat Janice CD Release Party. 6 p.m. Jammin Java, 227 Maple Ave E, Vienna. Cat Come join for the part as Cat Janice releases CD this winter! Janice is a rock/alternative singer from the Washington, D.C. area. Her musical debut began in 2013 when she was a featured artist at Doah Fest in Luray, VA. Cat has plans to release her next EP in Winter 2015 after being in studio with producer Austin Bello of Forever the Sickest Kids. \$15-\$20. https://jamminjava.com/. 703-255-1566.

FRIDAYS/DEC. 18

VBA Lead Share Breakfast. 7:30-9 a.m. American Legion, Post 180, 320 Center St, Vienna. Fee for breakfast required. Any questions, contact Linda Christ at Linda@LindaAChrist.com.

SUNDAY/DEC. 20

A Cappella Afternoon: Exit 245 + BluesTones. 2 p.m. Jammin Java, 227 Maple Ave E, Vienna. With the popularity of Pitch Perfect movies, NBC's "Sing Off" and the John Legend- produced reality show "Sing It On", collegiate a cappella has seen a rise in popularity and visibility. Come join for two of the James Madison University's a cappella groups - the all male Exit 245 and the all female group the BluesTones performing lively a cappella music! \$10. https://jamminjava.com/. 703-

MONDAY/DEC. 21

Clauster Eve: Jammin Java **Songwriters Circle Holiday Edition featuring Todd Wright,** Anthony Fiacco, Luke Brindley, **and Scott Simons**. 7:30 p.m. Jammin Java, 227 Maple Ave E, Vienna. Join the four songwriters as they share with audience some of the holiday songs. \$16. https:// jamminjava.com/. 703-255-1566.

TUESDAY/DEC. 22

Jammin Java presents Todd Wright's 13th Annual Santa Clauster-f@%! Christmas Spectacular. 7:30 p.m. Jammin Java, 227 Maple Ave E, Vienna. Join and have fun for the holiday seasons with songs, including folk, rock and more! \$15-\$55. https:// jamminjava.com/. 703-255-1566.

THURSDAY/DEC. 24

Good For The Jews. 7:30 p.m. Jammin Java, 227 Maple Ave E, Vienna. Good For the Jews is a clever, hilarious music duo from New York whose Christmas Eve shows at Jammin Java have become a grand tradition. Join for the duo as they share songs about bar mitzvahs, Passover, Jewish girls, and relatives who live in Boca Raton. \$20. https:// jamminjava.com/. 703-255-1566.



From left, Tonya Beckman, and Kelsey Meiklejohn in "Harvey" at 1st Stage. The show runs through Dec. 20 in Tysons Corner. Photo by Teresa Castracane.

- Ongoing -

"Harvey." Check for show times. Nov. 12-Dec. 20. 1st Stage, 1524 Spring Hill Road, Tysons Corner. Winner of the Pulitzer Prize for Drama, this beloved classic is a treat for the whole family. Veta Simmons and her daughter Myrtle Mae have just moved back into town and are making quite a splash on the social scene. Gatherings and engagements abound as Myrtle Mae peruses for a viable suitor. \$15-\$30. www.1ststagetysons.org. 703-854-1856.

Meadowlark Gardens' Winter Walk of Lights. Nov. 14-Jan. 4. A half-a-million colorful LED lights span the lakeside and gardens of Meadowlark Botanical Gardens off Beulah Road in nostalgic and fairytale scenes of the holiday season. http:// winterwalkoflights.com/.

Bingo Night! 4 p.m. Sundays, Dec. 13, 20, 27. Vienna Volunteer Fire Department, 400 Center Street South, Vienna. The Vienna Volunteer Fire Department hosts smoke-free bingo every Sunday night in the Flame Room and activities include 33 games for a \$100 prize each and one \$1,000 jackpot game. Admission: minimum \$10. 703-255-6300

53rd Annual James A. Bland Contest. Through Monday, Feb. 15. Vienna Lions Club invites elementary and high school vocalist and instrumentalists to present a song or piece for cash prizes. For information and application, contact Susan Stiles at sandcs89@yahoo.com or 703-938-

Vienna Lions Club Christmas Tree Sales. Weekdays noon-8 p.m.; Saturdays & Sundays 10

a.m.-6 p.m. Through Dec. 17. Walgreen's lot, 225 Maple Ave East, Vienna. Help the Lions help the youth, vision- and hearingimpaired of our community. Fresh, live, beautiful Christmas trees, wreaths, roping, Virginia peanuts, extra-large coloring books all for sale at the best prices in Town.

Optimist Club Christmas Tree Sales. Through Dec. 19. Weekdays 2-9 p.m.; Saturdays & Sundays 9 a.m.-9 p.m. Maple Avenue West at Branch Road. Fill your holidays with the sight and scent of fresh Frasier Fir trees and wreaths, and pine garlands. Trees range in size from cute and cozy 4-feet tall to towering 12footers. All sales benefit the Optimist Club of Greater Vienna Youth Fund. Any questions, contact at

info@optimistclubofgreatervienna.org. Trail and Ales with Caboose **Brewing and Grass Roots** Fitness. Mondays through Jan. 31. Caboose Brewing Company, 520 Mill Street, NE Vienna. Come Run with us every Monday night. \$1 Off All Pints! All paces welcome. We will run between 3-5 miles with options to go shorter or longer. You can walk or run. Dog and stroller friendly. Contact Joann Meginley at

joannandfrancine@grassrootsfitness.org. Tai Chi Beginners' Practice.

Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. FreeTaiChi.org. 703-759-9141.

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SCHOOLS

All Are Welcome Aboard the STEAM Train

New ways to promote STEM disciplines at Colvin Run Elementary School.

By Jean T. Jianos The Connection

earning for Learning's Sake."
That is the gift that Susan Blackwell, the Science Resource teacher who runs the STEAM Lab at Colvin Run Elementary School (CRES), gives to every student at CRES every week. Blackwell, a former middle school science teacher who has also taught high school level courses, has been responsible for developing and implementing the STEAM Lab curriculum at CRES for the past four years.

Fairfax County Public Schools (FCPS) describes STEAM as student-centered, project-based and interdisciplinary instruction that integrates Science, Technology, Engineering, the Arts, and Mathematics. The entire fourth grade at CRES is involved in one such STEAM Lab project this academic year.

Each fourth grade student has planted a tulip bulb in a Journey North Tulip Test Garden. They are applying the scientific steps of making observations about the tulip bulbs and planting conditions, hypothesizing about when the tulips will emerge based upon data reported from other students across the Northern Hemisphere, and then observing when the tulips emerge and bloom, and reporting their data.

Together with students from Zelenograd, Russia, near Moscow, and everywhere in between, they will track the change in seasons and climate around the globe, and will analyze the data to see how climate, geography and plant growth are related.

"We are going to watch spring happen across the world," says Blackwell.

WHETHER OUTDOORS in the Tulip Test Garden or within the school building, STEAM learning takes place inside and outside the STEAM Lab. CRES kindergarten classroom teacher Connie Bolz was recently recognized by the National Geographic Education Blog as their Educator of the Week for her S.T.E.A.M. Kids project. Bolz used colored, geometric shapes, or "glyphs," to introduce the youngest students at CRES to symbols that have become a universal language at the school.

FCPS considers the use and interpretation of symbols in academics and the visual arts in evaluating a student's application of knowledge. How a student perceives and manipulates patterns, colors and symbols is used by FCPS as an indicator of creative and productive thinking.

Bolz also involved parents in the project. Facilitating relationships with parents by providing students and their parents with such hands-on experiences is one of the objectives of the STEAM Project.

Parents also volunteer in the STEAM Lab and help with hands-on activities. One of the things that Blackwell initiated this year for the Family Science Night, run by the



Colvin Run art teacher Lauren Grimm's sixth grade students used STEAM elements to design and build inventive playground sculptures.



Nat Geo Education Blog recognized Colvin Run kindergarten teacher Connie Bolz for using colored, geometric shapes, or "glyphs," in her S.T.E.A.M. Kids project.



Photo courtesy of Fairfax County Public Schools

the things that Blackwell initiated this year for the Family Science Night, run by the American structures in art class.

Fourth grade students at Colvin Run Elementary plan and build Colonial American structures in art class.

CRES Parent Teacher Organization, is a showcase of family-built, popsicle stick structures. "It's a family project," she says, "they are working on it as a family, although I've told them that any adults working on it always have to have children supervising them . . . It is not a competition . . . We do a lot of engineering projects and we talk about the engineering design diagram and how you go through that process. I'm excited to see what they come up with."

Researching, planning and building 3-D models of structures also take place in the art classrooms. The FCPS fine arts program emphasizes critical thinking, innovative problem solving, effective communication and collaboration, as well as teaching students to connect ideas across disciplines. CRES art teacher Lauren Grimm's sixth grade students worked together to create sculptures of inventive play structures after looking at architectural drawings from around the world and thinking about the needs of the community they wanted to involve, including people with limited mobility or low vision.

Grimm's fourth grade students, who are studying Colonial America in Social Studies, each selected the kind of colonial structure they wanted to build and then designed the form based upon the function, whether a house, stable or tavern. Grimm observes that children in fourth, fifth and sixth grades often want to socialize and discuss projects, so she can harness that energy by giving her students "an art challenge that they can solve together in a creative way."

She finds that students are much more engaged and active, from an individual perspective, if they have the freedom to deliberate among choices and to develop original ideas that allow for that personal choice.

Both Grimm and Blackwell give their students permission to have failed outcomes. "They always look at me with surprise at first," says Grimm, "but then I clarify by telling them that being open to failure allows them to be flexible and explore many creative options." Blackwell defines success for her students as learning from their mistakes. "I actually emphasize failure a lot in STEAM Lab because so many of the students come in thinking that failure is a bad thing," says Blackwell. "There is so much trial and error in the STEAM Lab, but I emphasize what did you learn, figure out what went wrong and fix it so you can do it better next time."

CRES PRINCIPAL Ken Junge credits the fact that throughout all of the grade levels, the art teachers and Ms. Blackwell collaborate so well with the classroom and technology teachers to ensure that students see the connections among the projects on which they are working. "That's the important part," says Junge, "that the students understand that there is a connection between what they are doing as hands-on learning in STEAM Lab and what they are doing in art class and the kind of technology they are using down in the computer lab and how all of that encompasses what they are learning in the classroom as part of their general curriculum."

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday.

St. John's Episcopal Church will hold A Festival of Carols on Sunday, Dec. 20 at 9 a.m and 11:15 a.m. On Christmas Eve, Thursday, Dec. 24, services will be:

❖4 p.m. - Family Service of Holy Eucharist with Christmas Music at 3:30 p.m.

♦7 p.m. - Holy Eucharist with Christmas Music at 6:30 p.m.

♦10 p.m. - Holy Eucharist with Christmas Music at 9:30 p.m.

There will be a Holy Eucharist service on Christmas Day at 10 a.m.

The church is located at 6715 Georgetown Pike, McLean. 703-356-4902. www.stjohnsmclean.org.

Celebrate Advent and Christmas at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Weekly worship is Sundays at 8:30 and 10:30 a.m.; Wednesdays at noon. Holiday events include: Sunday, Dec. 20, Lessons and Carols, 10:30 a.m. service. Thursday, Dec. 24, Christmas Eve, 5 p.m. family service; 8 p.m., Candlelight and Communion; 11 a.m., Candlelight and Communion. www.imtrinity.org.

Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna, is holding Sunday evening worship service in a less formal atmosphere and more intimate setting to help you get ready for the week ahead. Sundays, 6 p.m. Communion offered. No childcare. 703-938-2119 or www.elcvienna.org.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach

and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at 1860 Beulah Road in Vienna. www.antiochdoc.org

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. 703-941-7000 or www.havenofnova.org.

McLean Bible Church Fitness Class at Body & Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

Vienna Christian Healing Rooms are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or

www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.

Centering Prayer Group meets Fridays, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton, offers the Religious Exploration (RE) program for all children, from pre-K toddlers through high school seniors, emphasizing exploration of all religious traditions while developing a personal spiritual path. The RE program offers classes on Saturday afternoons and Sunday mornings. 703-281-4230.







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Lessons in Charitable Giving

Conversations, modeling behavior and hands-on actions can help teach children about benevolence and compassion.

> BY MARILYN CAMPBELL The Connection

atthew Mamalian's holiday shopping list included some items that might seem atypical for a 12-year-old middle school student: shampoo, socks, soap and a few snacks. He, along with several friends from his Sunday school class, packed the items in shoeboxes wrapped with holiday paper and tucked a handwritten note of encouragement inside each box.

"We were all laughing and having fun packing them," he said. "We also learned that there are people who really need these things because they don't have a lot else."

The project was part of Interfaith Works'



Photo courtesy of Cyndy Mamalian

Cyndy Mamalian's three children are collecting gifts for the homeless this holiday season. She hopes the project will help them understand the impact that giving can have on others.

holiday giving program, an effort by the local nonprofit organization to meet the needs of the homeless. The holiday season

can be a time for children to learn the principles of benevolence, say child development experts. Involving children in chari-

Interfaith Works Holiday **Shoebox Project**

Help neighbors in need by decorating and filling shoeboxes with essentials and gift items to spread holiday cheer.

This can be a fun activity for families and groups, large or small. Here are guidelines and

- ❖ Start with an empty shoebox, including box
- Cover both box and lid in holiday wrapping
- Write an encouraging note to tuck inside
- ❖ Fill it with suggested items:
- \$10 gift card (grocery store, Target) SmarTrip cards

Travel-sized toiletries like lip balm, deodorant, shaving cream, new crew socks (men's or women's), pocket calendars, mini-flashlight and batteries (AA or AAA), scarf, gloves, mittens, hat, mini-notepads and mini-pens

Deliver shoe boxes to Community Vision program, 8210 Dixon Avenue, Silver Spring, Md., 301-585-4471. For more information contact Yvonne Esipila at yesipila@iworksmc.org

table activities, modeling altruistic behavior and making a link between compassion and a higher power are all effective ways parents can teach their children the value of giving to the less fortunate.

SEE TEACHING, PAGE 13





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Advertising Deadlines are the previous Thursday unless noted.

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12/30/2015......Children's Connection

JANUARY

1/6/2016......Wellbeing, Renewal, Resolutions 1/13/2016......HomeLifeStyle Martin Luther King Jr. Day is Jan. 18 1/20/2016......A+ Camps & Schools

1/27/2016......Winter Fun, Food, Arts & **Entertainment**; Valentine's Preview

FEBRUARY

2/3/2016.....Valentine's Dining & Gifts I 2/3/2016.....Wellbeing – National Children's **Dental Health Month**

2/10/2016.....Valentine's Dining & Gifts II 2/17/2016......A+ Camps & Schools

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Teaching About Benevolence and Compassion

From Page 12

"Children need to have empathy modeled for them and they need a script to follow or ideas for carrying out charitable acts," said Christine Pegorraro Schull, Ph.D., professor of Early Childhood Education at Northern Virginia Community College in Alexandria. "Children aspire to be kind and to be good citizens, but they don't necessarily know how to do these things,"

Involving Matthew and his siblings in philanthropic efforts through Potomac Presbyterian Church is one of the ways that their mother, Cyndy Mamalian, makes a connection between gratitude, charity and a higher power. "I think it's important for them to think beyond themselves and live out their faith," she said. "You need to put your faith into action, and that is about caring for other people."

Janet Dunlop, Matthew's Sunday school teacher and a member of the Mission Committee at Potomac Presbyterian Church, melds volunteer projects with class discussions to teach her students about gratitude and charity. This holiday season, as the middle-school aged children clipped wrapping paper and tied ribbons around shoeboxes filled with deodorant, toothpaste, snacks and other essentials for the

homeless, she gave them a description of those who are on the receiving end of their project.

"Many young people growing up in Potomac don't have much experience with homelessness," said Dunlop. "When my husband and I arrive at the shelter with these boxes, the people there are so happy to receive them. So, this is also about helping the children see another aspect of life and trying to instill in them a life-long ideal of service."

Charitable giving for adults often means donating old clothes at the end of the tax year or writing a check to a nonprofit organization. However, children might find it difficult to understand how these abstract actions make a difference. That's why psychologists and educators recommend giving children first-hand experience in caring for others.

Jenny Trope, Ph.D. and her children raised money to purchase grocery store gift cards that they are distributing to homeless men and women they encounter this winter. "It gives the kids a glimpse of what it's like to be alone, hungry and stuck outside when it's cold," said Trope, who is also a marriage and family therapist based in Arlington.

Such hands-on projects, coupled with a

conversation about why it's important to take action to aid people in need of a helping hand, could drive home the message. "Children aspire to be kind and to be good citizens, but they don't necessarily know how to do these things," said Schull.

"Children need to have

empathy modeled for them

follow or ideas for carrying

- Christine Pegorraro Schull, Ph.D.,

Northern Virginia Community College

and they need a script to

out charitable acts."

A study by the United Nations Foundation and the Women's Philanthropy Institute at Indiana University-Purdue University Indianapolis found that talking to children about giving is highly effective for encouraging philanthropy, and increases a child's in-

clination to give by 20 percent.

"Conversations are critical. Talking about giving in combination with modeling is what actually increases children's giving," said Debra J. Mesch, Ph.D., director of the Women's Philanthropy Institute. "We ... know that these conversations need to be focused on why and how giving ... makes an impact on individuals in need, rather than simply talk that is more general, such

as giving is the right thing to do."

The dialogue can include concrete examples of how a charitable action will benefit others, say mental health experts. "Around the holidays when you're struggling to survive, when you've lost everything

and every decision you make is about meeting your absolute, basic needs, like how you're going to take a shower, it's a nice surprise to get a wrapped box of soaps, toothpaste, socks, snacks and a personal note," said Nikki Stanaitis, LCSW-C of Interfaith

Works. "It makes a person feel human and gives them the sense of normalcy that we all want."

Acts of charity displayed year-round can lead to life-long habits of philanthropy. "Don't reserve donating and volunteering for the holidays. By making it a way of life, you're sharing your value system about giving and helping others with your children," said Trope.



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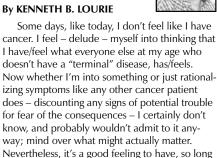
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Naive and Delusional



as I don't think about it too much and just go

with the uninterrupted flow, at least until it's

interrupted. I'll spare you the details - in this

column, anyway But not thinking about having cancer - when you have cancer, seems counterintuitive almost. How do you not think about the most important thing in your life, the "thing" which is very likely shortening that life? I mean, being diagnosed with cancer is not exactly chicken soup for the soul; it's more a harbinger of things to come, most of which are not particularly good. And as much as I would encourage not focusing on a negative and the presumptive self-fulfilling outcome it might portend, denying its existence and pretending that all is right when previously your CT Scans indicated you've been wrong, is reckless and irresponsible, unless you know/feel something that modern medicine has yet to

I don't know anything except what I feel, and most of those feelings are probably being routed through my brain and its desire for self-preservation. The point being: Am I thinking clearly? Thinking wishfully/hopefully? Or thinking normally? That is: pretending, denying, waiting, wondering. Being a cancer patient/survivor is an emotional roller coaster, and feeling good however fleeting, has many rewards, but feeling bad as I now do (a mere two paragraphs later) is all it's cracked up to be.

Sure, I had chemotherapy the other day, so feeling good, then hours later feeling bad, was not totally unexpected; as you might imagine after nearly seven years of cancer treatment I sort of know the routine/cycle. Still, whenever I feel as good as I did in the opening paragraphs, I get disappointed when the inevitable bad feelings return, which last for a week or so - and what bothers me even more: I should know better (I do know better). But I can't help thinking/hoping that this will be the post-chemotherapy week when I won't feel what I've always felt every week after chemotherapy since the infusions began in early March 2009.

As much as I readily acknowledge how amazingly lucky I am to still be alive, I can't help expecting more. And when I don't get more, but instead get less, I don't usually take it well. Emotionally I get challenged and physically I get compromised. The combination results in a difficult set of circumstances. I don't exactly lose my focus or forget my good fortune, but I am reminded that I have a serious disease, one that is looking for trouble, and occasionally, it does have its way with me. The only saving grace is that it is all very familiar to me now, and as my Auntie Irene used to say: "This too shall pass," which of course, it always does - and then we're back to abnormal.

However, that time when I feel good, it's almost a tease, as I know the forthcoming bad. And yet I want to believe that feeling good, for whatever period, is somehow indicative of a future less complicated than my present. Still, I keep thinking that maybe after this infusion, the week-after will be different. Unfortunately, it's never different. It's always the same. Hope springs eternal though, and as a cancer patient, hope is our most valuable commodity. Thankfully, there's plenty for everyone.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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BULLETIN BOARD

To have community events listed in the Connection, send to north@connectionnewspapers.com. The deadline for submissions is the Friday prior to pub-

WEDNESDAY/DEC. 16

Women's Leadership Council. 9:30-10:30 a.m. 7925 Jones Branch Drive Suite TBD, Tysons. join us for a one hour informational/planning meeting about upcoming events sponsored by Women's Leadership Council. Any question, contact Carla Doyle at 443-909-8665.

THURSDAY/DEC. 17

Community Enhancement Commission. 7:30 p.m. Town Hall, 127 Center Street, South Vienna. 703-255-6360.

Small Business Education Series. 7:30-9 a.m. McLean Governmental Center, 1437 Balls Hill Road, McLean. This Thursday's topic is "Engage Your Customers with Social Media." \$10, \$15. mtwomey@mcleanchamber.org.

MONDAY/DEC. 21

Alden Theatre Usher Event. 5:30-6:30 p.m. The Alden Theatre, 1234 Ingleside Ave., McLean. Want to be a part of the arts? Learn how you can become an usher at The Alden. www.mcleancenter.org. 703-790-0123.

TUESDAY/DEC. 22

TIPS I: Lead Sharing & Networking at Fleming's. 12:15-1:30 p.m. Fleming's Prime Steakhouse and Wine Bar, 1960A Chain Bridge Road, McLean.

Free to join, \$16 for lunch. Contact Peter Himmelberger, Travel Cruise and Tour, 703phimmelberger@travelcruiseandtour.com.

MONDAY/JAN. 4

Town Council Meeting. 8-10:30 p.m. Town Hall Council Chambers, 127 Center Street South,

All Town Council meetings are open to the public and individuals are invited to attend and provide their input. Agendas are made available to the public on the Town's website after 12 p.m. on the Friday preceding a scheduled meeting, www.viennava.gov.

FRIDAY/JAN. 15

Falu's Bollywood Orchestra. 8 p.m. The Barnes, Wolf Trap, 1645 Trap Road, Vienna. Fronted by one of India's most influential musicians—who's collaborated with masterminds including Yo-Yo Ma and A.R. Rahman—this ethereal ensemble, led by singer Fulu, combines the timeless elegance of Bollywood's musical golden age with an inventive modern style. \$22-\$27. http:// www.wolftrap.org/ or 703-255-1900.

WEDNESDAY/JAN. 20

Fairfax Commission on Aging. Noon. Oakton Regional Library, 10304 Lynnhaven Place, Oakton. The public is welcome to attend and join in the comment period that begins each session. www.fairfaxcounty.gov/dfs/ olderadultservices/coa.htm. 703-324-5403, TTY 711 for meeting access needs.

FRIDAY/JAN. 22

Robyn Hitchcock. 8 p.m. The Barnes, Wolf Trap, 1645 Trap Road, Vienna. One of England's most enduring contemporary singer/songwriters, Robyn Hitchcock began his career performing folk rock in Cambridge. Come enjoy his performance with Emma Swift, who is an altcountry songstress and award-winning radio broadcaster. \$25-\$28. http://www.wolftrap.org or 703-255-1900.

SATURDAY/JAN. 23

Marcia Ball. The Barnes, Wolf Trap, 1645 Trap Road, Vienna. Grew up in Vinton, La., she began playing piano at age five and debuted with the country rock album Circuit Queen in 1978. Since then, she has released more than a dozen records, including her Grammy-nominated collaboration with blues stars Irma Thomas and Tracy Nelson, Sing It! (1998). \$35-\$40. http:// www.wolftrap.org or 703-255-1900.

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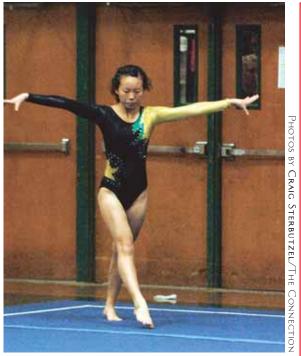
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SPORTS



Langley's Anna Huang is a level 9 club gymnast.



Langley's Eileen Wen competes on floor during Monday's gymnastics meet at Langley High School.

Langley Gymnastics Seeing Improvement

Saxons place fourth at home meet.

By Jon Roetman

THE CONNECTION econd-year Langley gymnastics coach Michael Comini is pleased with the level of support in his program.

He's also pleased with the improved team scores.

Comini said the Saxons' peaked in the 70s last season. On Monday, Langley placed fourth at a five-team home meet with a score of 109.4.

"I think the success story here is we have [more than 30 gymnasts on the team]," said Comini, who coached at Herndon in the 1980s and 1990s. "That's a big team, so we've got a lot of support here."

Anna Huang is a level 9 club gymnast at Dulles Gymnastics and one of the Saxons most talented competitors. She placed fourth on floor Monday with a score of 8.45.

"She's a solid all-around," Comini said. "She's probably going to add 10 points to our team score." Eileen Wen competed in the all-around for the Saxons, producing a score of 23.175.

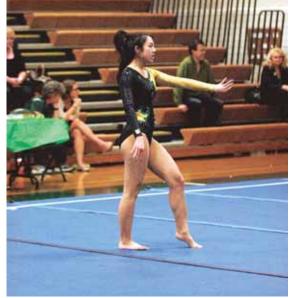
Amy Wen, and team captains Christina Hara and Nikki Orsolini are also key contributors.

"We're looking at maybe being a contender this year in districts," Comini said. "If we can just finish up in the top three, I think I'd be happy." Yorktown won Monday's meet with a score of 136.925. Washington-Lee finished second with a total of 129.175, followed by South Lakes (120.325), Langley and Madison (100.25).

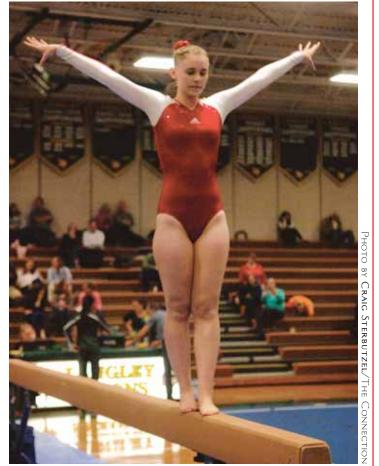
Yorktown produced the top three finishers in the all-around: Julia Hays (35.025), Juliette Mitrovich (34.825) and Olivia Zavrel (33.825).



Amy Wen produced a score of 7.6 on floor during Monday's meet.



Christina Hara is a captain for the Langley gymnastics team.



The Madison gymnastics team competed at a meet on Monday night at Langley High School.

Sports Roundups

Madison Gymnastics Competes at Langley Meet

The Madison gymnastics team placed fifth at a five-team meet on Monday night at Langley High School.

The Warhawks produced a score of 100.25. Yorktown won the event with a score of 136.925, followed by Washington-Lee (129.175), South Lakes (120.325) and Langley (109.4).

Addie Hayes competed in the all-around for Madison, placing 10th with a score of 24.25.

Christie Noble led Madison with a score of 8 on vault and 7.475 on bars. Caitlyn Harthun scored 6.675 on beam and Hayes scored 7.7 on floor.

Oakton Girls Start 6-0

The Oakton girls' basketball team improved to 6-0 with a 66-38 victory over Briar Woods on Dec. 11.

The defending region champion Cougars beat each of their first six opponents by at least 12 points.

Oakton faced Tuscarora on Tuesday, after The Connection's deadline. The Cougars will host Potomac Falls at 7:15 p.m. on Friday, Dec. 18.

Madison Girls Fall to Visitation

The Madison girls' basketball team fell to 3-2 with a 39-23 loss to Georgetown Visitation on Dec. 11.

The Warhawks faced Hayfield on Tuesday, after The Connection's deadline. Madison will host Yorktown at 7:15 p.m. on Friday, Dec. 18.

Madison Boys Win Four Straight

The Madison boys' basketball team won its fourth straight game on Dec. 11, beating Marshall 53-42 to improve to 4-1.

The Warhawks faced Hayfield on Tuesday, after The Connection's deadline. Madison will travel to face Yorktown at 7:15 p.m. on Friday, Dec. 18.