

Fairfax Station ♦ Clifton ♦ Lorton **CONNECTION**

The Year Ahead in Fairfax Station, Lorton and Clifton

NEWS, PAGE 3

Elected officials, community leaders and others involved with the Liberty Crest at Laurel Hill redevelopment project break ground officially on Dec. 7. During the first phase of the project 107 new homes (83 townhomes, 24 single-family) are scheduled for new construction, in addition to 165 apartments inside existing reformatory buildings.



Area Residents Discuss New Year's Resolutions

NEWS, PAGE 5

School Board Sued over Nondiscrimination Policy

NEWS, PAGE 2

WELLBEING

PAGE 8

School Board Sued over Nondiscrimination Policy Changes

Liberty Counsel challenges board's authority to add sexual orientation and gender identity.

BY TIM PETERSON
THE CONNECTION

When the members of the Fairfax County School Board added sexual orientation and gender identity to the school system's nondiscrimination policy in November 2014 and May 2015, did they have the authority? A lawsuit filed Dec. 21, 2015 in Fairfax Circuit Court by the Liberty Counsel contends they did not.

"We believe that Virginia state law is crystal clear on this subject, that it deprives local government bodies, such as the Fairfax County School Board, of the authority to expand or contract protected classes under the state nondiscrimination law," said Horatio Mihet, chief litigation counsel with Liberty Counsel.

Mihet is representing Andrea Lafferty, president of the pro-family advocacy group Traditional Values Coalition and opponent of the policy changes, and the plaintiff, a Fairfax County high school student and a minor, whose parents and friends are also named as plaintiffs all under the name "Doe."

The Liberty Counsel complaint contends that the student is finding school an unsafe place to learn in part because "gender identity" isn't clearly defined in the new policy or the student code of conduct. He has expressed fear of punishment for breaking the new nondiscrimination rules regarding transgender students in his bathroom or locker room space, because he does not fully understand what those rules are, according to the suit.

The student plaintiff, Mihet said, "has clear statutory and constitutional rights which are being infringed. In its desire to please one component of its constituency, the School Board has managed to run roughshod over the privacy rights of its students and their parents."

In addition to the suit, Liberty Counsel has also filed a motion for a preliminary injunction that would force the School Board to reverse the policy change immediately, prior to further litigation.

After Liberty Counsel's announcement the suit had been filed, School Board Chairman



Citizens were actively engaged in the discussion leading up to the Fairfax County School Board's 10-1 vote in favor of adding "gender identity" to the district's nondiscrimination policy.



Citizens on both sides of the debate lingered outside Luther Jackson Middle School following the School Board's vote.

Pat Hynes released the statement that once the board was served with it, "our attorneys will review it and file the appropriate response with the court."

"Every child in our school system needs to know they are respected and will not face discrimination," Hynes' statement continued, "and the same thing goes for employees when they walk through our doors."

Springfield District School Board mem-

ber Elizabeth Schultz said she sees the lawsuit as "unfortunate" but thinks that it was "foreseeable."

"I think the current board lunged ahead with what was largely a political agenda," Schultz said. "Now unfortunately we're going to pay the price of a lawsuit. Of course there are better things to spend money on, but now have to be in a defensive position."

Schultz was applauded by many before

the vote on May 7, in an uncommonly crowded auditorium at Luther Jackson Middle School, when she encouraged the board to postpone its vote, engage more with the community on the issue, and ultimately voted against the policy change.

Despite a boisterous crowd that night that was largely opposed to the change, School Board member Megan McLaughlin (Braddock District) said, "This policy update was not as controversial as alluded to and in fact was the right thing to do."

McLaughlin pointed to the results of November's election, saying, "I think the larger community demonstrated that in their decision to return virtually all the incumbents back to this board."

Robert Rigby, teacher at West Potomac High School and president of the Lesbian Gay Bisexual and Transgender-friendly employees' group FCPS Pride, is promoting mediation on the issue, outside of litigation. Rigby released a statement following the lawsuit that he and his organization are working to set up meetings between opponents of the policy change and members of the LGBT community in Fairfax County Public Schools. "The idea is to put real people out there," Rigby said, "invite some transgender kids and parents to meet. We're hoping to change hearts and minds — that's the ultimate hope. We want to start conversations." Rigby believes the move by Lafferty and the Liberty Counsel is a "hail Mary, a last-ditch effort" to affect the board's position, after previous attempts to "drive the ball down the field" at board meetings were unsuccessful.

Regarding the student plaintiff's experience, Rigby said he shouldn't feel afraid. "Transgender teens are not scary, and very aware of the fact that people may feel uncomfortable around them," he said. "They're not out to confront anybody, to scare."

Rigby is continuing to work on facilitating meetings with opponents of the policy, including former School Board members Michelle Brickner and Steve Hunt. "I think we have the right on our side," he said.

Mihet with Liberty Counsel said he believes the preliminary injunction will be heard in the next 60 days. Andrea Lafferty was unavailable for an interview.

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Thomas Le of Clifton is the 2015 recipient of the David C. Jenkins Memorial Scholarship in creative writing.

Le is a student at William and Mary's English Department's Creative Writing Program. Le's essay Hungers won the scholarship in creative nonfiction.

Moriah Dreisbach, of Fairfax, has been named to the Fall 2015 Dean's List of Union University in

Tennessee.

Fishburne Military School in Waynesboro, Va. announced that Cadet Sergeant **Timothy Arndt**, of Fairfax Station, was officially named Fishburne Military School's Cadet Non-Commissioned Officer of the Month for October. Arndt is a junior and the son of Mr. and Mrs. David Arndt.

Cadet Arndt is a squad leader for Band Company, is on the Distinguished Honor Roll, and plays football and baseball.

Arden L. Scott, of Springfield, received a Master of Science in Media Ventures from Boston University in September 2015.

Amanda J. Matteo, of Fairfax, received a Doctor of Occupational Therapy in Occupational Therapy from Boston University in September 2015.

Joshua Blaz, a graduate of J.W. Robinson Secondary School, received the Tyree/Parajon, First Year Merit Scholarship at Denison University. The Tyree/Parajon Scholarship is based on academic achievement, leadership and personal merit.

Six students in Fairfax County Public Schools (FCPS) have been named **regional finalists in the 2015 Siemens Competition in Math, Science, and Technology**. The students, who attend South County High School and Thomas Jefferson High

School for Science and Technology (TJHSST), are part of a group of 97 regional finalists who will compete in one of six regional events in November.

Finalists include five TJHSST students — Daniel Chae, Kelly Cho, Harriet Khang, Christina Oh and Michael You — as well as Edward Oh, South County High School.

Brendan Richard O'Connor of Fairfax Station has accepted membership in the National Society of Collegiate Scholars. NSCS is a member of the Association of College Honor Societies and is the nation's only interdisciplinary honors organization for first-year and second-year college students. Membership is by invitation only, based on grade point average and class standing. He is

a sophomore at the College of William and Mary.

William Douglas Krawczak of Springfield has been recognized by George Mason University on the school's dean's list for his academic achievement during the spring semester.

William graduated from West Springfield High School and is double majoring in English and Economics at George Mason University. Recognition on the George Mason University dean's list is reserved for students who were registered for 12 or more semester hours and received a grade point average of 3.2 or higher with no grade below a C for the previous semester's work.

2016: The Year Ahead in Lorton, Fairfax Station and Clifton

BY TIM PETERSON
THE CONNECTION

With winter vacation, unseasonably warm weather and 2015 in their rearview mirrors, community leaders and elected officials from the Fairfax County School Board, Board of Supervisors, General Assembly turn their attention to some of the most significant issues, developments or decisions in 2016:

FAIRFAX COUNTY SCHOOLS face a well-advertised projected budget shortfall of \$70 million for Fiscal Year 2017. Superintendent Dr. Karen Garza's Jan. 7 presentation of her proposed 2017 budget at West Potomac High School and again to the School Board that evening should be a culmination community input, a dedicated task force and her individual vision for moving the school system forward.

One of the challenges facing the schools is a rapidly growing student population of over 187,000, 52,000 of which are financially eligible for free and reduced meals. Supporting that growth falls primarily to the Board of Supervisors and the Commonwealth of Virginia, which uses a funding formula that determines wealth based on income and property values to determine how state money is allocated around the Commonwealth.

"Eighty percent of people in the General Assembly benefit from existing funding formula," said Del. Dave Albo (R-42). "It's hard to get it changed, and because of these formulas, it's not very smart to ask the state to pay more money without changing the formula."

Instead, Albo suggests looking for more local financing and grants aimed at assisting some of the school's services for students with mental health disorders or financial challenges.

Gov. Terry McAuliffe (D) recently announced a proposed \$1 billion for education alone as part of his overall proposed budget.

"The Governor has been thinking outside the box as to ways to assist," said Del. Eileen Filler-Corn (D-41). "We as legislators have to continue to do the same: What can we do with the money we have, the formula we have? Is there a chance for changing any of the formulas? How do we find more money?"

With the upcoming presidential election, Springfield District School Board member Elizabeth Schultz isn't optimistic for as much collaboration at the General Assembly. "I see political entrenchment gumming up the work within the state," she said. As the biggest burden for funding falls to the Supervisors, Schultz said she is "very worried for the taxpayers: this is going to somehow justify some major increase in property taxes."

But solving the shortfall at the county level may be bigger than a tax increase.

Braddock District School Board member Megan McLaughlin said it's important to



PHOTO BY TIM PETERSON/THE CONNECTION

Governor Unveils Budget Proposal

Gov. Terry McAuliffe (D, left) unveiled his budget proposal for \$1 billion in public and higher education investment at Mark Twain Middle School in Alexandria on Dec. 16, as part of the total state budget he rolled out on Thursday, Dec. 17. The education plan includes measures to bring back 2,500 teaching positions throughout the state, pay raises for teachers, closing the achievement gap and funding an expansion of his wife Dorothy's Breakfast After the Bell program, Standards of Learning innovation grants to continue improving testing styles. "If we truly want a world-class economy," McAuliffe said, "we truly need a world-class education system. Laying the foundation for a new Virginia economy all starts, for me, with education."



In addition to infrastructure and residential space, Phase II of the Liberty Crest redevelopment project calls for reusing existing prison structures for 50,000 square feet of commercial use and 60,000 of new construction for retail.

remember the \$70 million shortfall is the difference in simply maintaining the current operating and compensation costs for the school system.

"We will continue to have a student population that increases in size and need," McLaughlin said. "We've got to find a long-term workable solution with the Board of Supervisors to help really find the common ground, what it takes to fund the school system that has the reputation FCPS has so appropriately earned."

McLaughlin believes taking a "more shared approach with the Supervisors on how we handle annual employee raises,

increased costs to health care benefits and pension benefits" is a good place to start.

"Those are the three biggest cost drivers that FCPS faces every year," she said. "All the rest we end up cutting around the margins, on the other ten percent, things make us a remarkable school system like robust fine arts, foreign languages, having healthier start times. Those costs are very real."

With Supervisors Dan Storck (D-Mount Vernon) and Kathy Smith (D-Sully) having just left their respective positions on the School Board, Schultz foresees a "real dynamic shift" on the Fairfax County Board.

THE FAIRFAX COUNTY POLICE DEPARTMENT said they have already begun implementing some of the 142 recommendations for improvement made by the 37-member Ad Hoc Police Practices Review Commission, which met between March and October in 2015.

Board of Supervisors Chairman Sharon Bulova formed the commission following public demonstrations and media pressure over the release of information surrounding the 2013 fatal shooting of Springfield resident John Geer by then-Fairfax County Police officer Adam Torres.

"I think most of us believe that while we have an excellent police department, we want it to be better," said Supervisor John Cook (R-Braddock). "Times are changing, there are needs that are pointed out in the report of the commission that need to be implemented."

Two of the more controversial recommendations from the commission include creating a civilian review panel that would discuss complaints against the police and report to the Supervisors, as well as implementing body cameras to record officer interactions with citizens.

On establishing the review panel, Cook said, "I hope we do, I think we will. But we have to decide what it looks like. The board ultimately has to make that decision after talking to officers and community members."

For Supervisor Pat Herrity (R-Springfield), "the devil is in the details" with the panel, which he said would not have had a say in the Geer case, if implemented as the Commission recommended. "There is clear need for the county to be more transparent," Herrity added, "in police incidents of all types, it's a public trust issue."

On body cameras, Herrity is hesitantly supportive, voicing concerns about protecting the privacy of officers and the citizens with whom they interact. Supervisor Jeff McKay is similarly reserved, calling for a more detailed discussion of how they would be implemented.

"I think the majority of our police officers do a good job and want the public to see the job they're doing," McKay said. "The challenge becomes how you handle Freedom of Information Act request, ruin ongoing investigations and train officers on what they need to be recording and not recording."

Newly sworn-in Supervisor Dan Storck (D-Mount Vernon) is generally in favor of the recommendations of the Commission, but expects to spend time during 2016 and beyond with other Board members more substantially reviewing them. "Transparency to me is the core of that," Storck said. "I've led those charges on the School Board in terms of how we do discipline and meetings — they're all open and recorded, essential things we need to do here as well."

NICK FIRTH OF LORTON recently completed his two-year term as President of the South County Federation, a civic association, to assume his role as the group's Vice

SEE 2016: PREVIEW, PAGE 4

2016: Preview

FROM PAGE 3

President. Firth said the Laurel Hill Adaptive Reuse area, where the former Lorton Prison grounds are in the beginning stages of being transformed into a residential and retail center that is greatly needed in the community.

“We’re missing a town center,” Firth said. “Reston’s got one, and Kingstowne.” Firth is optimistic for commercial entities coming in as part of the new and adapted facilities that will be part of the Liberty Crest redevelopment project.

The South County Federation has also passed a resolution in support of a new police station and animal shelter coming to the Lorton area in the future — both items were part of the bond issue in the November 2015 election.

“Any time you have a community and

think of what defines it, I would say things like rec centers, police stations, libraries and fire stations,” Firth said. “If you don’t have one, it makes people feel like everyone else has a police station — that’s something that’s a significant step forward for Lorton.”

“Our population continues to increase,” Firth continued, “it’s still the fastest in the county. These things have been lagging behind. It seems like Lorton’s got a really great future ahead of it.”

IMAGE COURTESY OF THE VIRGINIA DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

The Northern Virginia Training Center spreads over 80 acres along Braddock Road, including facilities for administration, food service, programs, residences, a warehouse, transportation and therapy.



Michael McCormick, of Lorton, with father Patrick and sister Grace, signs to Gettysburg Lacrosse.

Michael McCormick of Lorton signs to Gettysburg Lacrosse

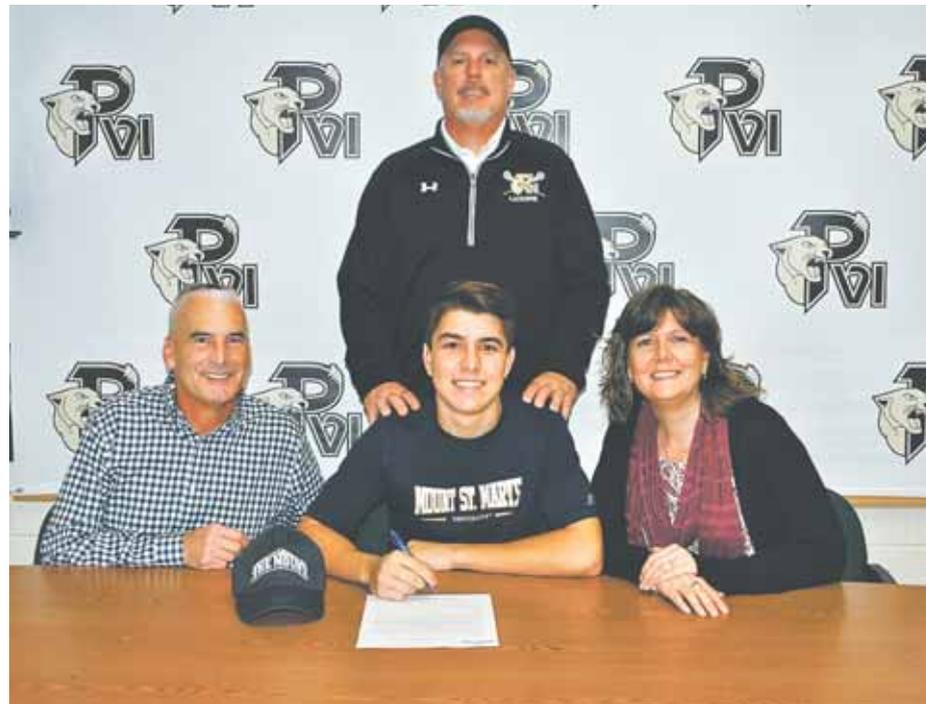
Michael McCormick of Lorton recently signed to play lacrosse at Gettysburg College. McCormick is a senior at Paul VI Catholic High School in Fairfax. An attacker, McCormick holds a 3.8 GPA and also participated in football at Paul VI.

PHOTO CONTRIBUTED

Adam Baker of Clifton signs to Mount St. Mary’s Lacrosse

Adham Baker of Clifton recently signed to play lacrosse at Mount St. Mary’s University. Baker is a senior at Paul VI Catholic High School in Fairfax. Baker was named Third Team All-WCAC in 2015 and Honorable Mention All-WCAC in 2014. A goalie, Baker holds a 3.6 GPA and also participated in football and wrestling at Paul VI.

PHOTO CONTRIBUTED



Adam Baker, of Clifton, pictured with his parents Peter and Cathy and PVI Varsity lacrosse coach Bob Waters, will play at Mount St. Mary’s.

AREA ROUNDUPS

Registration Open for Encore Chorale’s Winter/Spring Session

Registration is open for the Winter/Spring session of the Encore Chorale at locations in Northern Virginia and singers of all vocal experience, age 55+, are welcome to join.

Fifteen weekly rehearsals will begin the week of Monday, Jan. 11 at GMU Potomac Arts Academy Encore Chorale. Rehearsals begin Tuesday, Jan. 12 at 11 a.m. at St. George UMC, 4910 Ox Road, Fairfax. Fee is \$150 for 15 weekly rehearsals, sheet music and performances.

Singers may be seated for rehearsals and performances. Singers will rehearse each week for 90 minutes in preparation for May performances.

Register at the first rehearsal or online at www.encorecreativity.org. Call 301-261-5747 for more information.

TJHSST Student Places in Siemens Competition

Thomas Jefferson High School for Science and Technology student Daniel Chae was a member of the team that won fourth place in the team competition of the Siemens Competition in Math, Science, and Technology, along with a \$30,000 scholarship. Chae and his two teammates from California won the regional team category with their project titled, “A Novel Study on the Effect of Surface Topography of 3-D Printed PLA Scaffolds on Dental Pulp Stem Cell Proliferation and Differentiation in vitro.” They examined 3-D printed structures as a novel substrate for dental pulp stem cells for use as implants.

VIEWPOINTS

What is Your New Year's Resolution?

"To find a good internship to build my career."
— Allen Pewis, Burke



"To drink more water everyday and read more books." — Kayleen Lynch, Burke



"I hope I stay with this guy, [Shaf Samadi]." — Clair Nino, Lorton



"I'm going to be a father in May. I'm hoping to be a responsible, mature adult that can raise a human being that can ultimately grow up to one day become an inspirational, motivational person." — Theodore Choi, Lorton



"My New Year's resolution is to wake up a bit more early." — Sarah River, Springfield



"My New Year's resolution is to finish my licensure for my teaching degree." — Marta Rivera, Springfield



"My New Year's resolution is to get more money by going to school everyday and keep going to work everyday, too. Managing both." — Alex Castellan, Kingstowne



—ABIGAIL CONSTANTINO

SPLIT-LEVEL REMODELED HOME TOUR

Saturday, January 9th, 12pm-4pm

(Snow Date: January 16th - please call to confirm!)

9117 Glenbrook Road, Fairfax, VA 22031



REINVENT YOUR HOME TO ENRICH YOUR LIFE

Come see first hand how redesigning existing and adding space created better function, flow, and light in this remodeled home.

THIS IS A MUST-SEE REMODELED HOME!

SUN DESIGN
ARCHITECTURAL DESIGN-BUILD FIRM

Major Remodels • Additions • Kitchens
Baths • Basements • Outdoor Spaces
703.425.5588 SunDesignInc.com

BEFORE



HOPSFROG GRILLE
Great American Food



Serving Breakfast
Saturdays 8-11 AM & Sunday 8 AM-3 PM

Your Neighborhood Place
for
**Homemade Burgers,
Pizza, Pasta, Soups, Salads,
Steaks, Friendly Service
& Cold Drinks**

50% OFF Lunch

Buy one and get 50% Off
2nd item of equal or lesser value.
Offer expires 1/31/16.
Not valid with any other offers.

10% OFF

Entire Check

Offer expires 1/31/16.
Not valid with any other offers.

5765-C Burke Centre Pkwy ■ Burke ■ 703-239-9324



GOOSE CREEK COACHING
Redefining Help | Children • Teens • Adults • Families
Life Coaching • Mental Health Coaching • Career Coaching

**Find a New You
this Year**

Coaching can help you to:

- Set Realistic New Year's Goals
- Transition to a New Career
- Develop Leadership Skills
- Organize Your Life
- Be More Creative
- Meet Deadlines
- Focus Attention



To find out more, contact us at:
(703) 574-6271

info@goosecreekconsulting.com
www.goosecreekconsulting.com

New Year's Goals A few wishes for the Virginia General Assembly, more coming ...

Expand Medicaid: Expanding Medicaid to cover as many as 400,000 uninsured people in Virginia under the Affordable Care Act would come at virtually no cost to Virginia and would be a massive boost to Virginia's economy. The local and state economy is suffering from the loss of federal spending in other areas, and it's just plain crazy and mean-spirited to deny medical care for people who can't afford it otherwise, and at the same time, turn away an economic stimulus equal to 20,000 or more jobs and a direct infusion of nearly \$2 billion a year.

❖ **Fund Education:** Localities need more help from the Commonwealth to pay for schools.

❖ **Fostering Futures:** Help teens in foster care by extending services and support, including foster care maintenance payments, to qualifying individuals age 18 to 21 years. The money spent will be matched by Federal dollars, and every dollar spent helping former foster children become independent, self-supporting adults saves a bundle in other costs down the line.

❖ **Stop Predatory Lending:** The local impacts of predatory lending, including some car title loans, can be devastating to struggling fami-

EDITORIAL

lies and individuals who get into the cycle of high interest debt. This is not an issue of just allowing more choice as some have claimed. And when someone loses the vehicle he or she needs to get to work, the costs can extend.

Early Voting for Presidential Primary Starts Next Week

Every year is an election year in Virginia. Just two months ago, Virginia voters faced ballots for almost every state and local elected officials. While candidates spent millions of dollars and not very much changed, some critical races in Virginia have been decided by a fraction of one percent of votes cast.

Elections have had significant consequences here, and the coming election is likely to be in that category.

Early voting (absentee voting in person) for U.S. Presidential Primaries starts Jan. 15, really, starting in just a little more than a week. The official primary date is March 1, but there

is no reason to wait until then to vote.

Voters in Virginia don't register by party, but can only vote in either the Democratic or Republican primary. To vote in the Republican primary, each voter will need to sign a form asserting that he or she is in fact a Republican.

Democrats will choose between Hillary Clinton, Martin O'Malley and Bernie Sanders (in that order).

Republicans will choose among 13 candidates who will be listed in the following order: Marco Rubio, Lindsey Graham, Ben Carson, Rand Paul, Mike Huckabee, Ted Cruz, Donald Trump, Jim Gilmore, Chris Christie, Jeb Bush, Rick Santorum, John Kasich and Carly Fiorina.

For details on absentee voting in Fairfax County, see www.fairfaxcounty.gov/elections/absentee.htm.

For details on absentee voting in the City of Alexandria, see www.alexandriava.gov/Elections.

For details on absentee voting in Arlington, see vote.arlingtonva.us/absentee/.

— MARY KIMM
MKIMM@CONNECTIONNEWSPAPERS.COM



Reducing Gun Violence

To the Editor:

U.S. Sen. Tim Kaine released the following statement on Jan. 5 on the executive actions President Obama announced to reduce gun violence.

Virginia knows all too well the tragedy and pain of gun violence. When I was Governor, Virginia suffered the deadliest mass shooting to date on the campus of Virginia Tech. More recently, the nation witnessed the terrifying shooting of two young journalists from our Commonwealth on live television. And there are too many incidents of domestic violence, suicides and urban violence involving guns that remain outside the coverage of the mainstream press. In the wake of Charleston, Sandy Hook, and countless other tragedies across the country, there's simply no denying that gun violence is one of the most pressing crises that our nation faces. That is why I strongly support the executive actions the President has announced.

The proposals seek a robust and holistic approach focused on strengthening background checks and providing the resources to enforce gun laws, increase mental health treatment and improve reporting to the background check system. They also encourage the use of smart technology to develop safer guns. It's my hope that Congress will not stand in the way of these important actions to protect Americans and their families and that we can work together to find more ways to reduce gun violence.

Tim Kaine
U.S. Senator (VA-D)

A Workable Solution for I-66

BY DAVE MARSDEN
STATE SENATOR (D-37)



There was a great deal of concern about "\$17 tolls" inside the beltway on I-66 during the recent election. I shared those concerns as I did not want to set a precedent of tolling a road that we were not adding infrastructure to. As you know solo drivers cannot use I-66 during rush hour and must wait until 9 a.m. and 6:30 p.m. to access the road depending on the direction of travel. While I still have concerns over the tolls, the agreement between the Commonwealth and the Northern Virginia Transportation Commission provides new insight on how this project will work.

I feel better about the tolling as the average toll will cost \$6 and part of the revenue collected will be spent on multimodal (transit) options to improve thru-put on this extraordinary congested highway and will in the future be used to widen the road eastbound. At its December meeting the Commonwealth Transportation Board received a presentation on the congestion benefits of this proposal using the Northern Virginia congestion rating process I helped put in place with Del. Jim LeMunyon (HB 599 and SB 531). The rating process shows that the Governor's proposal will eliminate 26,000 person hours of delay a day in the future. Of all the proposals considered, including a plan that only adds lanes to I-66 inside the beltway, the Governor's plan to improve multimodal options by far reduces the most congestion. If we can reduce the need for

up to a lane of traffic through transit enhancements that will include carpooling, buses, improved van pools, and areas for riders to negotiate shared vehicles (slugging) then the Governor's idea appears to have merit. The same congestion analysis showed that simply widening I-66 eastbound without the transit improvements

and conversion to dynamic tolling would only reduce 6,000 person hour of delay a day — about 20 percent of the benefits compared to the current plan.

Due to growth in the Rosslyn-Ballston corridor and the Coleman decision, a 1977 Federal Department of Transportation decision that gave Arlington County more control over options on I-66, I-66 will never be an easy journey. Arlington has now made concessions for the I-66 project and for the expansion of express lanes from Edsall Road in Springfield/Alexandria to Washington D.C. on I-395. This is welcome progress though not a panacea or these congested roadways. While perfect solutions may not exist, progress is essential and making progress on multi-modal/transit options as well as Express lane extensions and additional lanes are welcome news that will keep us moving forward.

In an ideal world we would have a different solution to I-66. However, the decisions in the past like HOV requirements and taxing gasoline on a wholesale basis limit the choices we have today. Given the current constraints faced in this corridor the Administration's plan offers the best opportunity to improve travel for commuters.

LETTERS

Giving Thanks to the Teachers Who Made Me One

To the Editor:

I've known what I wanted to be when I grew up since I was in first grade. That year, I performed in my first musical as Cute Chick #3 in our class production of "Ee-I-Ee-I-Oops." It was a strange little show about Old MacDonald and it made me fall in love with the stage. From that point forward, there has not been a time in my life when I wasn't rehearsing a show, getting ready for an audition, or working through a run.

That is, until two summers ago, when I needed to make some extra money and got a job as a substitute teacher in Fairfax County Public Schools. When I stepped into the classroom there, everything changed.

The students in my class were bright and talented, but they had so many fewer resources and supports than my classmates and I had gotten at our school five minutes down the road. They faced barriers that my friends and I had never dealt with, and as a result were far less equipped than we were to thrive in school.

This struck me as resoundingly unfair, and I knew I had to do something. I thought back on my own time in school, trying to figure out what it was about my time in school that had helped me succeed. One answer jumped to mind immediately: my teachers.

My third grade teacher, Jennifer Lambert, balanced a successful teaching career with actively performing in local community theatre.

She taught me to pursue all of the things I love without compromise. She gave me incredible leadership opportunities growing up, including my earliest choreography experiences.

Jason Linck, my fifth and sixth grade teacher, exemplified holding high standards

for his students. He never permitted anything less than our best and created a classroom culture where we deeply believed anything was possible.

Jennifer Knox, my assistant principal in high school, poured her heart into her students in a way I'd never seen in an administrator.

Ms. Knox supported students in all of our extracurriculars and in all of our academic tracks. She worked incredibly hard to make our school a better place to learn.

Those teachers were fundamental in my success, and I'll never be able to pay back all that they made possible for me. But I can pay it forward.

That's why, after graduating from James Madison University in the spring, I'm becoming a teacher through Teach For America, a program that enlists recent grads and career-switchers to teach in high-need communities.

When I enter the classroom next fall, I will strive every day to develop my kids into leaders like Mrs. Lambert; create a culture of empowerment and ambition like Mr. Linck; and give my students all of my heart just like Ms. Knox.

I know the work will be hard, but I also know the progress will be powerful and rewarding. So whether you're looking to make a bigger impact yourself or know someone who is, consider teaching. Together, we can give our kids the futures they deserve.

Elizabeth Garcia

Elizabeth Garcia is a 2012 graduate of West Springfield High School and a current senior at James Madison University where she studies Music Theatre. In the fall of 2016 she will be teaching K-12 Music in Arkansas. To apply to teach, visit www.teachforamerica.org/apply.

Why Drug Problems Remain in 2016?

To the Editor:

As published in your paper, the Fairfax County police described heroin to be a "big problem now" which is "definitely here" amongst certain high school age students as presented to the Lake Braddock Secondary School PTA ("Youth Heroin Use Described As 'a Big Problem', Connection, Dec. 10-16, 2015). A police officer was quoted as saying the friend of a deceased 16 year old user telling him her friend said "I get everything I want, it's handed to me. I don't have no excitement." Ah, among the temptations encountered by the children of those with money to burn can include self-entitlement, unearned privilege, lack of accountability, fake friends and worst of all: deadly drugs.

But then, that describes the elite electronic and print media as well as certain elected and appointed bureaucrats.

With this real problem in mind, President Obama recently decided that releasing 6,000 Federal convicts, mostly incarcerated as major drug dealers, whom liberals view as a "non-violent criminals" undoubtedly

will have no negative impact on society, but rather just "fundamentally transform America" for the worse. Some of these 6,000, no doubt, will be back peddling non-violently (or violently) heroin on the streets of Fairfax County.

You can add to that the 104,000 illegal aliens released from jail by Jeh Johnson, Secretary of Homeland Insecurity in 2014 (the figures for 2015 of course are still pending/increasing).

The drug flow, of course, across the US/Mexican border can be largely attributed to these individuals and of course those who evaded capture, some of whom are also peddling their wares on the streets of Fairfax County.

The drug problems in this country over the last seven years can be traced directly to a White House more concerned about the race and ethnicity of criminals than national security as it impacts Northern Virginia. And it will remain a problem throughout 2016.

Christopher Thompson
Springfield

New Year Resolutions

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Resolutions for the new year are easy to make; I have made dozens in my lifetime. The challenge is to keep resolutions and to bring about the changes they imply. Resolutions in a political context are even more difficult as agreement on the part of many is necessary to cause action to take place. A couple of examples will make my point.

COMMENTARY Governor McAuliffe presented a budget last month.

It is the strongest statement that can be made about the future course of government under his administration.

For the first two years of the term, a governor of Virginia works under a budget that had been presented by his predecessor.

The budget just presented mid-term sets priorities for the final two years of his term.

The final budget a governor presents is implemented by the successor. That is all true because of an arcane provision in the Virginia constitution that limits the governor to one term.

I have voted for allowing a governor to serve two terms many times, but it has been rejected by one of the two houses of the legislature keeping it from being voted on by the people.

The voters, not an out-of-date constitutional provision, should decide if the governor can serve a second term. We should resolve to pass an amendment this year, but I am not sure it will happen for too many legislators seem content with the current inefficient system of starting government anew every four



years.

The point has been made on many occasions that legislators in Virginia pick their voters through the current totally partisan system of legislative redistricting.

I first resolved to change this arrangement in 1982 when I introduced legislation to establish an independent nonpartisan redistricting commission. I have introduced bills to bring about a fairer sys-

tem of redistricting many times, but they have been defeated by the partisan majority at the time who are advantaged by the system as it is.

Maybe with the strong voter interest that has been shown recently through OneVirginia21 to change the system of redistricting, the legislature may take action this year.

I resolve to take action to prevent gun violence in our state by introducing legislation to close the gun show loophole. Such bills have been rejected year after year by a single subcommittee of five legislators, four of whom consistently vote against any bills that would reduce gun violence.

Maybe the strong public concern that has been shown about the escalation of gun violence in recent years will convince legislators to at least allow a debate on commonsense gun safety measures rather than having them defeated by a handful of legislators. How many more horrid examples of gun violence will we see before legislators get the political courage to take on the gun manufacturing interests?

Whatever your resolutions for the year, you know they can be hard to keep. The resolutions I discussed above seem almost impossible, but be sure of my efforts to continue trying.

AREA ROUNDUPS

Registration Open for Encore Chorale's Winter/Spring Session

Registration is open for the Winter/Spring session of the Encore Chorale at locations in Northern Virginia and singers of all vocal experience, age 55+, are welcome to join.

Fifteen weekly rehearsals will begin the week of Monday, Jan. 11 at GMU Potomac Arts Academy Encore Chorale. Rehearsals begin Tuesday, Jan. 12 at 11 a.m. at St.

George UMC, 4910 Ox Road, Fairfax. Fee is \$150 for 15 weekly rehearsals, sheet music and performances. Singers may be seated for rehearsals and performances. Singers will rehearse each week for 90 minutes in preparation for May performances.

Register at the first rehearsal or online at www.encorecreativity.org. Call 301-261-5747 for more information.

Mason, Inova to Collaborate on Personalized Medicine Research

Partnership expected to develop treatments, grow economy.

BY MARILYN CAMPBELL
THE CONNECTION

Researchers and doctors from George Mason University and Inova Health System will collaborate on a series of personalized medicine research projects under a new partnership between the two institutions. The effort will include joint research on heart disease, cancer and metabolic diseases.

In announcing the agreement late last month, Gov. Terry McAuliffe said that the joint research effort, “will spur opportunities for entrepreneurship, create new companies and generate jobs that will grow our economy and help us prosper.”

Under the agreement, the institutions will share facilities at both the Inova Center for Personalized Health in Merrifield and at Mason’s Science and Technology Campus in Manassas. The partnership calls for the establishment of Inova-Mason Proteomics Center at the Inova Center for Personalized Health campus and Mason-Inova Institute for Personalized Medicine Public Policy and Eth-



PHOTO BY LEVI MAGYAR

Inova CEO J. Knox Singleton (from left), Gov. Terry McAuliffe, and George Mason University president Ángel Cabrera at a news conference announcing a strategic partnership between Inova and George Mason University.

ics, which will address public policy and ethical issues related to personalized medicine.

The partnership gives Inova researchers access to Mason’s animal facility where they will be able to test new drugs. Inova CEO J. Knox Singleton, calls the partnership an investment in “research and development to

help keep healthy people healthy and provide precise, effective and personalized treatment to patients we are privileged to serve.”

Inova will contribute \$2.5 million in funding and will work with Mason to raise additional money for the project over the next five years.

A joint steering board made up of key administrators from both Mason and Inova will run the venture. The partnership will establish a joint fellowship board to recruit researchers from around the world.

Mason will also begin offering a graduate certificate program in personalized medicine, which Mason president Ángel Cabrera, says underscores the university’s commitment to “delivering research of consequence that improves lives, drives economic growth and helps solve the most complex problems of our time.”

Gerald L. Gordon, Ph.D., president and CEO of the Fairfax County Economic Development Authority, said, “It is important that two of Fairfax County’s major institutions and economic development assets are formalizing a collaborative relationship today around personalized medicine. Separately Inova and George Mason have strong research capabilities for personalized health but, working together, they will multiply the research and discovery capacities at both which will, in turn, only improve the economic development potential for this burgeoning industry and increase the possibility of spinning out companies and creating high-paying jobs that will improve the general health and well-being. The job creation aspect is important as well because it will further diversify Fairfax County’s economic base.”

A healthy body starts with a healthy mouth!

At Peter K. Cocolis, Jr. and Associates, we believe optimum oral health is key to total body health and well-being. These days, going to the dentist is not just about taking good care of your teeth; it is about taking good care of your health. Problems in your mouth can be signs of trouble elsewhere in your body. Your oral exam reveals important early warning signs for many total-body conditions including diabetes, oral cancer and high blood pressure.

Whether your family seeks general preventive maintenance, cosmetic, or advanced restorative and implant dentistry to transform your smile’s function and appearance, Drs. Cocolis and DaSilva are renowned by peers and patients alike for exceptional personalized care in a friendly, safe and state-of-the-art-environment.

Consistently named “Top Dentist” in *Northern Virginia* magazine and among the “Best Dentists in the Metropolitan Area” in



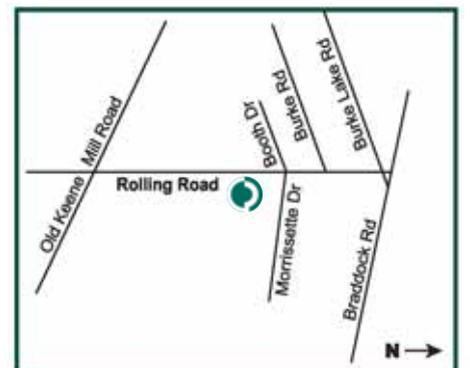
Washingtonian magazine, Drs. Cocolis and DaSilva exceed industry standards in the time they dedicate to continuing education and service. Our skilled and compassionate team pairs patient education with the latest dental techniques and technology, offering an extensive array of dental services including digital x-rays, injection-free laser procedures, CAD-cam same-day porcelain crowns, tooth whitening, Invisalign, and veneers. We offer a variety of sedation options including oral sedation and nitrous oxide (sleep dentistry) and are dedicated to easing all aspects of your dental experience.

Visit us on the Web or give us a call to discover what our patients are saying and to make your appointment.

Our Services:

- Routine cleanings and check-ups
- Fillings and sealants
- Sedation “sleep” dentistry
- Nitrous oxide
- Crowns, bridges, inlays, onlays
- Extractions
- TMJ/TMD therapy
- Endodontic (root canal) therapy
- Periodontal (gum) therapy including scaling and root planing
- Custom partial and full dentures
- Custom occlusal and sport guards
- Implants
- Bonding and veneers
- In-office professional whitening
- Invisalign (clear braces without the wires)

Selected as one of the
“Best Dentists in America”
“Best Dentists in Metropolitan Area”
by *Washingtonian Magazine*
“Top Dentist”
by *Northern Virginia Magazine*



FREE IMPLANT CONSULTATION
X-rays not included. Not valid with insurance submission.



Peter K. Cocolis, Jr., DMD & Associates
Peter K. Cocolis, Jr., DMD, MAGD
Emily A. DaSilva, DDS, FAGD



5803 Rolling Road, Suite 211
Springfield, VA 22152
703-912-3800 • www.smiles4va.com



Monday–Thursday 8 A.M.–5 P.M.; Friday* 8 A.M.–1 P.M. *Once monthly for sedation appointments



PHOTO COURTESY OF GEORGE MASON UNIVERSITY

George Mason University Fitness Director Ethan Carter says choose foods and physical activities that you enjoy is a key to successful weight loss.

Resolving to Lose Weight in the New Year

What works and what doesn't when it comes to health and fitness.

BY MARILYN CAMPBELL
THE CONNECTION

More than half of Americans are resolving to lose weight and get in shape this year, according to a new Nielsen survey, but only eight-percent will achieve that goal.

"People tend to make New Year's resolutions to give themselves a fresh start," said Lyn Chang, a Bethesda, Md.-based marriage and family counselor. "They're also a way of addressing things about ourselves that are dissatisfying and trying to make a change. The problem is that most people create resolutions that are too unrealistic."

Small and practical targets, such as taking a 10-minute walk during lunch or joining an exercise class that meets twice weekly, are more attainable than vowing to spend two-hours a day at the gym, says Domenica M. Rubino, M.D., director, Washington Center for Weight Management and Research in Arlington. "You have to distinguish fantasy from reality and think about making sustainable changes," she said. "When you start setting and achieving small goals it builds your confidence to keep going. One change tends to beget another change, and I think that's particularly true with weight loss."

Successful weight loss requires a multi-pronged approach, says Chang. "Break the larger goal in to smaller steps like creating an exercise routine or practicing healthy grocery shopping and meal planning," she said. "Carefully examining and planning the micro-steps to achieving the larger goal of weight loss is what will increase the chance of success."

Whether choosing food or exercise, the key is making it pleasurable. "If I don't like a certain vegetable, but say that I want to eat it everyday because its healthy, I'll only be able to maintain that for a short time," said Ethan Carter, fitness director at George Mason University. "The same is true for exercise. Fitness is more than dumb bells and bar bells. If you like hiking or yard work, you should choose that as a way of getting exercise."

Rubino encourages clients to view exercise as a gift rather than a means for burning calories. "See it as mood management or a way to feel better," she said. "People who are chronically trying to lose weight tend to resent exercise and activity because it's always connected to their weight, so they see it as pointless. It helps to see it as something that can improve your mood and your overall health and wellbeing. When we're feeling better we can make better choices."

Creating balance is an often-overlooked component of weight loss, but one that can sabotage health and fitness efforts, says Cheryl Mirabella, a nutritionist and wellness coach with Living Whole Health in Alexandria.

"If you're working hard and don't have a lot of balance in your life then you turn to food for pleasure, but when you're focusing on things that make you happy you naturally turn to healthier food choices and food loses its power as a source of pleasure and reward," she said.

Mirabella asks her clients to create what she calls a joy list. "They jot down a list of things that make them happy like spending time with friends, music or another hobby," she said. "The list is broken down into immediate activities like sitting with a cup of tea and a book, mid-term activities like having lunch with a friend and long-term activities like a week-end trip. The idea is to have a source of inspiration and something to look forward to."

"You have to distinguish fantasy from reality and think about making sustainable changes."

**— Domenica M. Rubino, M.D.,
Director, Washington Center for
Weight Management and Research**

Soup's On!

1/2 DOZEN FREE ROLLS WITH SOUP MIX PURCHASE

During the cold winter months, is there anything quite like a steamy cup of soup and a fresh, warm roll? Warm up with ready-to-go soup mixes and fresh, made-from-scratch white and wheat rolls. Get a free 1/2 dozen rolls when you purchase a soup mix during the month of January.

GREAT HARVEST BURKE & LORTON
6030-G BURKE COMMONS RD, BURKE
9000-S LORTON STATION BLVD, LORTON
B 703-249-0044 L-703-372-2339
GREATHARVESTBURKE.COM
FACEBOOK.COM/BURKEGREATHARVEST

Looking for a New Place of Worship?

Visit Antioch Baptist Church!

All Are Welcome!

Sunday Worship 8:00, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

Rev. Dr. Marshal L. Ausberry, Sr., Senior Pastor

Antioch Baptist Church

6531 Little Ox Road
Fairfax Station, VA 22039
703-425-0710 • www.antioch-church.org

A Night of Laughter and Jazz

Talented comic and music artists appearing at Jewish Community Center of Northern Virginia.

BY DAVID SIEGEL
THE CONNECTION

Warm up an expected cold January night with spirited youthful stand-up comedy and sparkling live jazzy music from two up-and-comers in the D.C. area. It promises to be a unique evening of melded performance from emerging artists with their own innovative entertainment notions.

“Our annual comedy night is a favorite with our patrons,” said Dan Kirsch, Jewish Community Center of Northern Virginia (JCCNV) cultural arts director. Kirsch went on to note he expects audiences will be “blown away” at the work of comedian Adam Ruben and jazz musician Victor Haskins.

In interviews, Haskins and Ruben agreed their joint performance will “transcend demographics so it has a universal appeal.” Both aim to shift audiences away from the mundane of their day-to-day world.

Ruben is more than a comedian. He teaches storytelling with the D.C. area’s well-regarded “Story District.” He writes a humor column “Experimental Error” for the journal *Science*; has made appearances on the Food Network, the Science Channel, the Travel Channel, and NPR’s “All Things Considered.” He is the author of the satirical “Surviving Your Stupid, Stupid Decision to Go to Grad School.”

At 23 years old Haskins is a world-class trumpet player and composer/arranger. He is the originator of “ImproviStory,” a concept in which storytelling drives the creation of improvised music springing from audi-



Jazz musician Adam Ruben



Comedian Victor Haskins

ence interactions.

He has released an album of original compositions, *The Truth*. He has been the director of jazz outreach for the performing arts, National Symphony Orchestra Education Department.

Ruben indicated he wanted people to look away from their digital devices and their daily grind. “I’d like the audience to come away thinking about one aspect of life in a slightly different way. That’s the goal of most art, and it’s simultaneously a little bit

Where and When

“Comedy & Music Night with Adam Ruben and Victor Haskins” at the Jewish Community Center of Northern Virginia (JCCNV), 8900 Little River Turnpike, Fairfax. Performance on Saturday, Jan. 17, at 8 p.m. Tickets: \$24 adults, JCCNV members & seniors (65+), \$20 under 30. All tickets include one beverage. Tickets \$20-\$29. Call 703-537-3000 or visit www.jccnvarts.org

and a lot to ask for.”

Haskins invited patrons this way: “Experience something you’ve (probably) never experienced previously—contributing both your ideas and imaginative energies to be a part of an extemporaneously created musical performance.”

The JCCNV event isn’t expected to be an evening “to just sit back and listen; for the audience will take part in its creation,” added Haskins. “Come out for a night of laughter and creating music that you will have a hand in creating, and follow that with getting to share a lot of laughs!”

Be ready for a performance where little is to be taken too seriously, while experiencing an evening where you get to contribute, too.

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper’s publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/JAN. 7

Legos in the Library. 4:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. LEGOS await you and your imagination! Bring a friend or make new ones while you build. Age 6-12. 703-249-1520.

SATURDAY/JAN. 9

“I’ll Never Let You Go” Storytime. 11 a.m. Barnes and Noble Springfield, 6646 Loisdale Road, Springfield. When you love someone, you stand by them no matter what happens. In this month’s Picture Book of the Month, *I’ll Never Let You Go*, we celebrate the beauty of unconditional love. 703-971-5383.

Kristen Ford. 9-11 p.m. Dogfish Head Alehouse, 13041 Lee Jackson Memorial Highway, Fairfax. Kristen Ford’s indie music fuses folk, reggae, country, and blues with a healthy dose of rock and roll. www.kristenfordmusic.com.

Second Saturday at the Workhouse. 6-9 p.m. 9518 Workhouse Way, Lorton. See the happenings at the Workhouse. www.workhousearts.org. 703-585-2900.

“Memories and Myth” Reception. 6-9 p.m. W-9, The Workhouse Arts Center, 9601 Ox Road, Lorton. An all-media art exhibit by its Associate Artists in Gallery 902. The artists will be on hand to talk about their work and the processes they use.

SUNDAY/JAN. 10

Historic Cemeteries of Northern Virginia. 2 p.m. Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. Book talk and signing with local historian and author Charles A. Mills, who will explore the stories of the famous and not-so-famous people buried in local cemeteries. Free. 703-385-8414.

Sousa Season Opener. 2-4 p.m. GMU Center for the Arts, 4373 Mason Pond Drive, Fairfax. The program is full of musical gems and lively encores, and includes marches “Semper Fidelis” and “The Stars and Stripes Forever.” 202-433-4011.

TUESDAY/JAN. 12

Genealogy 101-Getting Started. 1-2 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Get help starting your search for your ancestors. Small group sessions on topics to assist you in a successful search. Session One focuses on organizing your charts and research logs. Get advice using library online resources like Ancestry and Heritage Quest. Adults. 703-978-5600.

SEE CALENDAR, PAGE 11

Honoring the Legend

Greenspring celebrates Frank Sinatra’s 100th birthday.

Frank Sinatra would have turned 100 years young on Dec. 12, 2015.

On Friday, Dec. 11, over 150 members of the generation that lived and loved Frank celebrated his birthday with live music and signature Sinatra cuisine at Greenspring retirement community in Springfield.

Local performer, Billy Finch — a resident of Silver Spring, Md.— entertained as Frank Sinatra and revived Sinatra’s greatest hits, with a tip of the fedora to the Rat Pack. Included among Finch’s list of local impressive performance venues are The Kennedy Center, Wolf Trap, and the White House. D.C. area media icon, Arch Campbell, once described Finch’s Frank Sinatra routine as “right on the money”.

The performance ended with surprise guests—the “Greenspringettes,” residents of the Greenspring community—performing their ever-popular can-can to “New York, New York” and a special birthday tribute to the Chairman of the Board.



Billy Finch — a resident of Silver Spring, Md.— entertained as Frank Sinatra and revived Sinatra’s greatest hits.

PHOTO CONTRIBUTED

CALENDAR

FROM PAGE 10

WEDNESDAY/JAN. 13

SCWC Birthday Party Featuring the Sojourners. 11:30 a.m.-1:30 p.m. Find out how the Springfield Christian Women's Connection started. Presentation by Sheryl Buckner entitled "Abandoned But Not Forgotten." Luncheon, door prizes, new friendships. Complementary childcare. \$20. RSVP by Friday, Jan. 8. SpringWmConn@yahoo.com. 703-922-6438.

Mass Murderers and Criminal Minds. 7:30-9 p.m. W-3 Theatre, 9518 Workhouse Way, Lorton. Dr. Roger Depue, retired FBI Special Agent and one of the pioneers of the FBI's Behavior Science, talks about identifying violent fantasies, "leakage" and warning signs before violent behavior takes place. workhousearts.org. 703-584-2900.

THURSDAY/JAN. 14

Art and Lunch. 10:30 a.m.-1:30 p.m. Old Town Hall, 3999 University Drive, Fairfax. Presented by the Fairfax Art League. If attending email Kathleen Stark at knstark72@gmail.com.

FRIDAY-SATURDAY/JAN. 15-16

Women of Faith Loved The Farewell Tour. Two-day event. Friday, 7-10 p.m. Saturday, 9 a.m.-5 p.m. EagleBank Arena, 4400 University Drive, Fairfax. Celebration, stories, humor and hope. Popular speakers, powerful dramas and award-winning music combine for an experience that will resonate with women who need the assurance they are loved. www.WomenofFaith.com.



PHOTO CONTRIBUTED

Marine Band Performs at Sousa Season Opener, conducted by Lt.Col. Jason K. Fettig on Sunday, Jan. 10 at GMU's Center for the Arts.

www.ticketmaster.com.

3075.

SATURDAY/JAN. 16

Comedy and Music. 8 p.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Our featured performer is Adam Ruben, a writer, comedian, storyteller, and, yes, a molecular biologist! He is the author of *Surviving Your Stupid, Stupid Decision to Go to Grad School*, a satirical guide to the low points and, well, lower points of post-baccalaureate education. His new one-man show, *I Feel Funny: True Stories of Misadventure in Stand-Up Comedy*, premiered at the 2015 Capital Fringe Festival. \$20-\$29. Dan.Kirsch@jccnv.org. 703-537-

SATURDAY-SUNDAY/JAN. 16-17

Welcome to the Speakeasy. Saturday, 8 p.m. Sunday, 1 p.m. W-16, Vulcan Muse, 9518 Workhouse Way, Lorton. Take one part Broadway, add a dash of hot jazz, shake well and you've got the perfect musical martini, served up by a sizzling cast of singers. Featuring both classic and contemporary songs that echo the spirit of the speakeasy. \$20-\$25. www.workhousearts.org.

SUNDAY/JAN. 17

Garden Gauge Model Trains. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax

Ongoing

Art Guild of Clifton Fine Art Exhibit. Friday, Jan. 15 to Sunday, Jan. 31. Clifton Wine Shop, 7145 Main St., Clifton. Includes landscape and still life watercolors and acrylics from professional artist, Michele Frantz. An eclectic blend of subject, and style. Free. http://www.artguildofclifton.org.

"Vietnam Combat Art." Through Jan. 25. Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. The reproductions of studio art include sketches, paintings, and illustrations done by teams of artists employed by the U.S. Army to record the soldier experience in Vietnam. Free. 703-385-8414.

Inaugural Workhouse Glass National 2015. Through Jan. 17. W-16, Vulcan Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Join for the family-friendly exhibitions of glass art and the opening reception on Tuesday, Nov. 10, 6-8 p.m. workhousearts.org, 703-585-2900.

Iconic Images from the American Civil War. Through Jan. 14. Tuesday-Friday, 10 a.m.-3 p.m. Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. The exhibition, *Between the States: Photographs of the American Civil War*, features a

selection of 110 historical photographs of the Civil War by photographers (including renown photographers George Barnard, Mathew Brady, and Alexander Gardner from the George Eastman House Collection in Rochester, N.Y. 703-691-0560.

Cafe Ivrit (Hebrew Cafe). Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (Hello)! Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel! Free (we ask that you try to attend regularly). RSVP Naama.Gold@jccnv.org.

Smoke Free Bingo (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. www.fairfaxvd.com. 703-273-3638.

"Memories and Myth." Through Feb. 29. Workhouse Arts Center, 9601 Ox Road, Lorton. An all-media art exhibit by its Associate Artists in Gallery 902. www.workhousearts.org.

Station. The Washington, Virginia and Maryland Garden Railroad Society will hold their annual G Scale (Garden) Train Show. Free-\$4. www.fairfax-station.org. 703-425-9225.

Washington Wedding Experience.

11 a.m.-5 p.m. Eagle Bank Arena, 4400 University Drive, Fairfax. Find dresses, discover trends, chat with local wedding professionals, etc. http://weddingexperience.com/show.html?show.id=4236.

Home of the \$6,850 Bathroom Remodel From Now to WOW in 5 Days Guarantee

10% down
nothing until the job is complete for the past 17 years

Free Estimates
703-999-2928

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

Visit our website: www.twopoorteachers.com

Select your products from our Mobile Showroom and Design Center

Fully Insured & Class A Licensed Since 1999

COMMUNITIES OF WORSHIP

Looking for a New Place of Worship?
Visit Antioch Baptist Church!
All Are Welcome!

Sunday Worship 8, 9:30 & 11:30 a.m.
Sunday School for Children & Adults 9:30 a.m.
Married Couples Sunday School 11:30 a.m.

703-425-0710 • www.antioch-church.org
6531 Little Ox Road, Fairfax Station, VA 22039

Jubilee
Christian Center

"Loving People to Life"

Worship Gathering - Sunday 8:45 & 11 AM
Sunday School 10:10 AM
Sunday Evening - Realtime Worship & Youth 6 PM
Family Night - Wednesday 7:15 PM
Home Life Groups & College/Young Adult Ministries
visit our website: www.jccag.org
4650 Shirley Gate Road, Fairfax
Bill Frasnelli, PASTOR 703-383-1170

To Advertise Your Community of Worship, Call 703-778-9418

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JANUARY

1/20/2016.....A+ Camps & Schools
1/27/2016.....Community Guide
1/27/2016.....Winter Fun, Food, Arts & Entertainment; Valentine's Preview

FEBRUARY

2/3/2016.....Valentine's Dining & Gifts I
2/3/2016.....Wellbeing - National Children's Dental Health Month
2/10/2016.....HomeLifeStyle
2/10/2016.....Valentine's Dining & Gifts II
2/17/2016.....A+ Camps & Schools
2/24/2016.....Pet Connection

MARCH

3/2/2016.....Wellbeing
3/9/2016.....HomeLifeStyle Real Estate Pullout
3/16/2016.....A+ Camps & Schools
3/23/2016....Spring Fun, Food, Arts & Entertainment

E-mail sales@connectionnewspapers.com for more information.



THE CONNECTION
Newspapers & Online
703-778-9431
www.ConnectionNewspapers.com/Advertising

- Reaching Suburban Washington's Leading Households**
- Alexandria Gazette Packet
 - Fairfax Connection
 - Oak Hill/Herndon Connection
 - Arlington Connection
 - Fairfax Station/Clifton/Lorton Connection
 - Potomac Almanac
 - Burke Connection
 - Great Falls Connection
 - Reston Connection
 - Centre View
 - McLean Connection
 - Springfield Connection
 - Chantilly Connection
 - Mount Vernon Gazette
 - Vienna/Oakton Connection

SPORTS

Robinson's Taylor Caskey, seen last season, and the Robinson girls' lacrosse team won the 6A state championship in 2015.

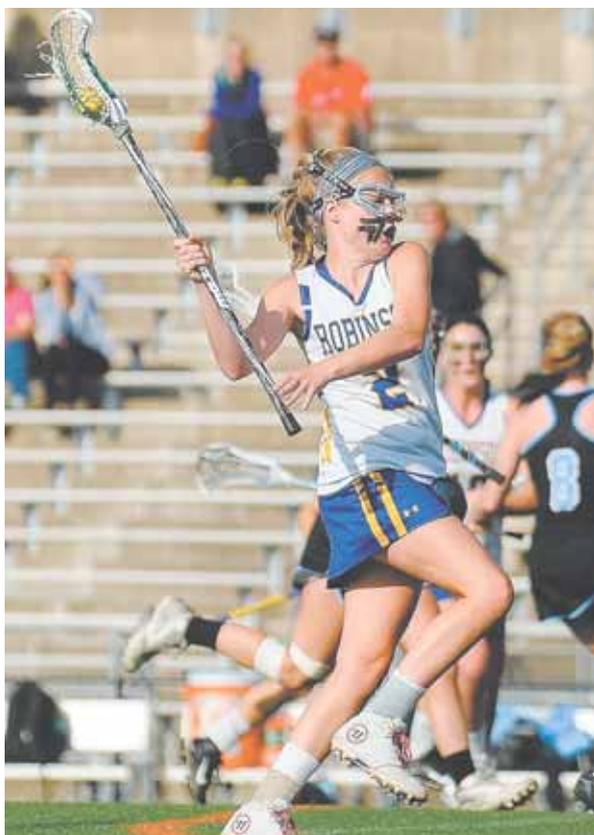


PHOTO BY LOUISE KRAFFT/
THE CONNECTION

Robinson's Caskey Shares New Year's Resolution

Q&A: Taylor Caskey wants to give back, volunteer and win the states again.

A: As a junior, Taylor Caskey helped the Robinson girls' lacrosse team win the first state championship in program history. Now a senior, Caskey and the other returning Rams are looking for a repeat.

Caskey was one of Robinson's top offensive threats in 2015. She finished with four goals against Centreville in the Conference 5 championship game, and totaled three goals and one assist against the Wildcats in the state semifinals.

In the fall, Caskey de-committed from George Mason University and is currently weighing her college options. She recently participated in a Q&A via email with The Connection.

Q: Did you make any new year's resolutions? If so, what are they?

A: I have one primary New Year's resolution for 2016 and it is to do something that involves giving back or volunteering for a cause benefiting somebody else rather than just something for myself. I want to do something that will give me personal gratitude because I helped someone else out; whether that be volunteering to be a Special Olympics coach as I have done in the past or something similar. I also have another resolution and that is to win states again—that would be great.

Q: As an athlete, what is one thing you would like to do better in 2016 than in 2015?

A: As a senior and a second-year captain on the team, I want to make an even stronger effort to be a leader on the field and set an example for the younger girls. I know as a freshman I was so strongly influenced by the upperclassmen on the team and they had such an impact on how I played. I want to encourage the younger girls to put themselves out there and to take risks because that is how I learned to play.

Q: For the Robinson girls' lacrosse team, 2015 went about as well as a season could. How do you approach 2016 when you've already been to the top?

A: Last year our team's motto was "One Step at a Time" and that is the same mindset we will follow going into this year. We knew never to look too far into the future because it was the little things that led to major success. Obviously after winning states in 2015, we know that we are going to be taken even more seriously as a team and although we have lost a lot of talent, we still have very strong players and even stronger chemistry on and off the field. As long as we play like a team and focus on tweaking some things, we are confident that it is going to be another exciting season.

Q: What would be your ideal way to finish your senior year at Robinson?

A: My ideal way to finish my senior year would be with both Robinson lacrosse teams winning states again. It was such an exciting day last year when both the boys and girls won and I know that it was an unforgettable experience for both teams. That was hands down one of the best days of my life because everyone was just beaming and so happy for everybody. I never want my high school lacrosse experience to end but when it has to, I hope it does with another ring.

— JON ROETMAN

West Springfield's Haynes Signs with West Point

Q&A: Shelby Haynes on 'going to states and winning everything' and her choice of Army as the next step.

Shelby Haynes is in her fourth season as a member of the West Springfield girls' varsity basketball team. During her career, she's helped the Spartans win a pair of Conference 7 championships and make an appearance at the state tournament.

The 5-foot-10 guard helped West Springfield finish the 2015 portion of its schedule with an 8-2 record, including a seven-game win streak to open the season. The Spartans will travel to face Mount Vernon at 7:30 p.m. on Friday, Jan. 8.

Haynes signed a letter of intent to play basketball for Army. She recently participated in a Q&A via email with The Connection.

Q: Did you make any New Year's resolutions? If so, what are they?

A: I normally don't make New Year's resolutions, but this year when one of my friends asked me if I did, the first thing that popped into my head and out of my mouth was, "Ya, win."

Q: As an athlete, what is one thing you would like to do better in 2016 than in 2015?

A: Get the team involved. When we play together we win games. With the players we have, if I can help get them more involved during the games it'll be easier for everyone.

Q: How do you feel the team is playing entering the 2016 part of the schedule?

A: Since we've had many new varsity players, the best thing for our team is to get experience and play as much as we can. Since we have gotten a good 10 games under our belts, the start of the season jitters should be out of the way so we can really focus on the game and not the nerves that come with it.



PHOTO BY LOUISE KRAFFT/
THE CONNECTION

West Springfield guard Shelby Haynes, seen last season, is signed to play basketball at West Point.

Q: What made Army the right choice for you?

A: As I was making my decision on which college to attend there were a few schools that caught my attention. West Point actually contacted me a bit later than most of the other schools, but as soon as they did, I was sold. Everything the academy offers for both athletics and education really just blew me away. My father has served in the army for a little over 20 years and just recently retired, but I had never seriously considered joining or looking at the academies because my focus was on basketball. When I visited West Point I knew there wasn't a better fit for me.

Q: As a student, what would be the ideal end to your senior year at WSHS?

A: Obviously ideal would be going to states and winning everything. But like every year I just want to get as far as we can as team and just enjoy the ride.

— JON ROETMAN

Robinson Announces 2016 HOF Class

The Robinson Athletic Hall of Fame Committee announced the 2016 Class of the Robinson Secondary School Athletic Hall of Fame, which will be inducted on Jan. 23.

The fourth class of the hall of fame features state champions, a national champion, All Americans, a former professional athlete, and a coach for the USA Olympic team.

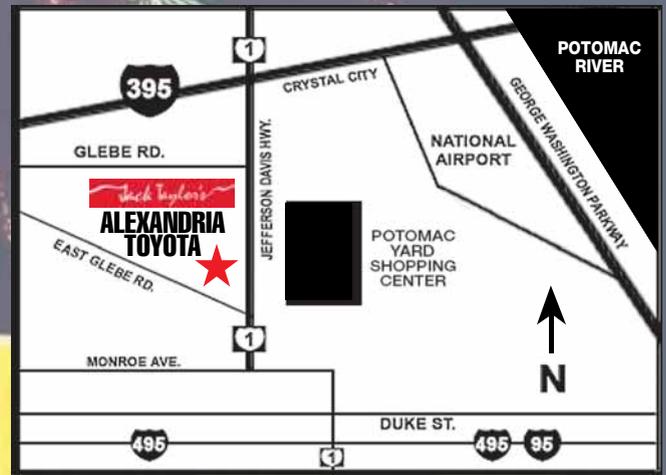
The class will include Durmia Marshall (1990), Mark Alan Krynitskey (1978), Todd Kirtley (1978), Eugene Mitchell

(1998), Dan Gill (2000), Joey Hildbold (1999), Sherry Worsham (1991), Jeri Daniels Elder (1978), Kathy Cotton Beaty (1985), Frank Schaede (1976), coach Jeremy Workman, the 1999 men's cross country team, and the 1981 wrestling team.

The ceremony will take place on the evening of Jan. 23 at the Westfields Golf Club. Tickets can be purchased at <http://robinsonathleticboosters.com/node/272>. Questions can be sent to robinsonathletichof@gmail.com.

Jack Taylor's
ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.
Alexandria, VA 22305
703-684-0710
www.alexandriatoyota.com



NEW! Extended Service Department Hours:
Monday - Friday, 7 am to 9 pm
Saturday, 8 am to 5 pm
Sunday, 10 am to 4 pm
Sunday by appointment only.

Make your next service appointment at:
alexandriatoyota.com

You Have Saturdays Off
That's Exactly Why We Don't!



TOYOTA LIFETIME GUARANTEE

Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts and strut cartridges are guaranteed to the original purchaser for the life of the vehicle when installed by an authorized Toyota dealer. See us for full details.



TOYOTA
Let's Go Places



TOYOTA GENUINE SERVICE
BUY 3 TIRES AND GET 4TH FOR \$1

Got Tires? NO CHARGE road hazard protection, tire warranty, and free courtesy MULTI-POINT Inspection. Price match guarantee. See service advisor for details.

BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
WINTER MAINTENANCE SPECIAL \$59.95

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
BRAKE SPECIAL \$99.95

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
Purchase Site Line Wiper Blades and Receive 1 year RAINEX OPTIMAL PERFORMANCE APPLICATION

Includes FREE touch ups.
Dramatically improve wet weather driving visibility.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

WINTER SAVINGS



New RAV4s, Priuses Scion IMs and IAs ALL ON SALE LIKE NEVER BEFORE

Winter is here and so are the SAVINGS!
Ask one of our sales managers, George, Mike, Yared or Rocky
703-684-0700
WE ARE HERE TO MAKE DEALS!

TOYOTA GENUINE SERVICE
LUBE, OIL & FILTER SERVICE SPECIAL

\$5 OFF \$10 OFF

NON-SYNTHETIC SYNTHETIC

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
TRUE START BATTERY SPECIAL \$139.95

INCLUDES BATTERY INSTALLATION

Includes: 24 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated, PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries.
NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
DETAIL SPECIALS

\$39.95 Wash & Vacuum
\$139.95 Hand wash, wax & interior cleaning
\$295.95 Full premium detail

By appointment only. Vans & SUV's additional.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
ROTATE & BALANCE SPECIAL \$59.95

INCLUDES: Rotate and balance all 4 wheels and inspect brakes and tires.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
15% OFF ANY ACCESSORIES

- Apparel • Window visors
- 1-pod adaptors • All weather floor mats
- Toyota bedliners

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
NITRO-FILL \$39.95

We will purge the tires of air and refill them with nitrogen.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS

EXTEND THE LIFE OF YOUR VEHICLE!

BG FLUID EXCHANGE SPECIAL

TRANSMISSION FLUSH \$189.95
POWER STEERING FLUSH \$139.95
BRAKE FLUSH \$139.95
FUEL INDUCTION FLUSH \$139.95

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
30000 MILES FACTORY RECOMMENDED SERVICE \$159.95

Synthetic \$10 More

INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
COMPLIMENTARY MULTI-POINT INSPECTION

INCLUDES: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER EXPIRES 1/31/16.

TOYOTA GENUINE SERVICE
4 WHEEL ALIGNMENT \$79.95

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16.

Jack Taylor's
ALEXANDRIA TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305
703-684-0700 | ALEXANDRIATOYOTA.COM
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!



Let's Go Places

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD
• FAIRFAX STATION/CLIFTON/LORTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

703-778-9411

ZONE 2 AD DEADLINE:
TUESDAY NOON

CLASSIFIED

GUTTER **GUTTER**

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!



IMPROVEMENTS **IMPROVEMENTS**

RN. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com



TREE SERVICE **TREE SERVICE**

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

Summer Cleanup...
Tree removal, topping & pruning,
shrubbery trimming, mulching,
leaf removal, planting, hauling,
gutter cleaning, retaining walls,
drainage problems, etc.

25 years of experience - Free estimates
703-868-5358

24 Hour Emergency Tree Service

9 Land

5 ACRES, R-1, Lorton, Sub-dividable,
Price \$599,000.
Public Water Access and
6 Bedroom Perk Approved
Beautiful Horses next
door, Call Bob at
703-690-6969

21 Announcements

ABC LICENSE
H Mart Burke LLC trading as H Mart, 9550 Burke Rd. Burke, VA 22015. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. Ilyeon Kwon, owner

NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

HANDYMAN **HANDYMAN**

SPRINGFIELD HANDYMAN

Small Home Repairs
Good Rates
Experienced

703-971-2164



LAWN SERVICE **LAWN SERVICE**

J.E.S. Services
Your neighborhood company since 1987
703-912-6886

Landscaping & Construction
Free Estimates - Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

WINDOWS & GLASS **WINDOWS & GLASS**

CHESAPEAKE/POTOMAC WINDOW CLEANING

Residential Specialist/Family owned/operated
Working Owners Assures Quality
No Hidden Fees/No Broken Window Springs
30 yrs Experience in local area

Licensed 703-356-4459 Insured

26 Antiques

26 Antiques

We pay top \$ for **STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.**

Schefer Antiques
703-241-0790
theschefers@cox.net

RCL HOME REPAIRS
Handyman Services
Springfld • Burke • Kingstowne
Light Electrical • Plumbing • Bathroom Renovation • Ceramic Tile • Drywall Repair

703-922-4190
LIC. www.rclhomerepairs.com INS.

21 Announcements

21 Announcements

NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

Fairfax United Methodist Church Preschool, St. Paul Lutheran Preschool, Fairfax Presbyterian Preschool and Truro Preschool and Kindergarten admit students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the school. It does not discriminate on the basis of race, color, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and athletic and other school-administered programs.

IMPROVEMENTS **IMPROVEMENTS**

Picture Perfect Home Improvements
(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available
<http://www.pphionline.com/>
"If it can be done, we can do it" 
Licensed - Bonded - Insured

MASONRY **MASONRY**

BRICK AND STONE Custom Masonry
703-768-3900
www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways
Repairs & New Installs • All Work Guaranteed

HOW TO SUBMIT ADS TO THE CONNECTION
Newspapers & Online

CLASSIFIED

DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

- ZONES**
- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
 - Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
 - Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
 - Zone 4:** Centre View North
Centre View South
 - Zone 5:** The Potomac Almanac
 - Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

EMPLOYMENT

NETWORK SUPPORT SPECIALIST

BA of Science Information Systems; knowledge of BASIC, C++, Java, computer software, networking, and security. Proof of legal right to work in U.S.; 40hrs/wk plus overtime; must be able to work a split shift schedule and holidays. Mail all CV's to American Halal Meat 7313 Boudinot Dr., Ste. D&E, Springfield, VA 22150.

ST. STEPHEN'S & ST. AGNES SCHOOL
is hosting an
EDUCATOR OPEN HOUSE
Saturday, January 23 at 9:00 A.M.
Presentation begins at 9:20

Learn more about teaching at our school and finding jobs in private schools. Teachers of diverse backgrounds and experiences are encouraged to attend.

Register online: www.sssas.org/educator
1000 St. Stephen's Rd., Alexandria, VA 22304
703-212-2284

Do what you can, with what you have, where you are.
-Theodore Roosevelt

HANDYMAN **HANDYMAN** **HANDYMAN** **HANDYMAN**

HAND & HAND HANDYMAN LLC
General Remodeling • Residential & Commercial

DESIGN AND BUILD • COMPLETE HOME RENOVATION

- Kitchen, Bath, Basement Remodeling
- Electricity, Plumbing
- Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry
- Interior, Exterior Painting, Pressure Washing
- Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring
- Build Deck, Fence, Patios, Retaining Walls
- Concrete Driveway, Brick or Stone Sidewalk
- Building Maintenance
- Residential, Commercial
- Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured
703-296-6409

BULLETIN BOARD

CLASSIFIED

21 Announcements 21 Announcements

LEGAL NOTICE

According to the Lease by and between Daniel Beach (of unit 3046) and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: furniture, stereo, computer, ect. Items will be sold or otherwise disposed of on Friday January 22, 2016 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

According to the Lease by and between Jennifer Johnson (of unit 3112) and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage unit, the manager has cut the lock on their unit and upon cursory inspection the unit was found to contain: painting, nightstand, boxes, ect. Items will be sold or otherwise disposed of on Friday January 22, 2016 @ 12:00pm at 11325 Lee Hwy Fairfax VA 22030 to satisfy owner's lien in accordance with state statutes.

101 Computers

101 Computers

HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed Up Slow Computers
- > Virus Removal
- > Computer Setup
- > Help with Windows 8



571-265-2038

Jennifer@HDIComputerSolutions.com

21 Announcements 21 Announcements

ESTATE SALE - FINAL RELEASE FROM THE ORIGINAL LARGE OFFERING

AMERICAN LOG HOMES IS ASSISTING IN THE LIQUIDATION OF NEWLY RELEASED ESTATE & ACCOUNT SETTLEMENT ON HOUSES.

3 Log Home kits selling for **BALANCE OWED, FREE DELIVERY**

- 1) Model #101 Carolina \$40,840...BALANCE OWED \$17,000
- 2) Model #305 Biloxi \$36,825...BALANCE OWED \$15,000
- 3) Model #403 Augusta \$42,450...BALANCE OWED \$16,500

NEW - HOMES HAVE NOT BEEN MANUFACTURED

- Make any design changes you desire!
- Comes with Complete Building Blueprints & Construction Manual
- Windows, Doors, and Roofing not included
- NO TIME LIMIT FOR DELIVERY! BBB A+ Rating

VIEW at www.loghomedream.com - Click on House Plans
SERIOUS ONLY REPLY. Call (704) 602-3035 ask for Accounting Dept.

21 Announcements 21 Announcements

Unleash your hidden superpowers

Become a foster parent

Kids in our community need super parents like you.

Call us today!
855-367-8637
www.umfs.org



Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAYS/DEC. 3-FEB. 3

Grief Support Group. 10:30 a.m.-noon. Clifton Presbyterian Church, 12748 Richards Lane, Clifton. The Clifton Presbyterian Church is offering to the church and community a Grief Support Group for those who have experienced a recent death and loss in their lives. This group will offer a safe and supportive place for participants to explore ways to walk the journey of grief and to "wrestle" with difficult, and sometimes unanswerable, questions. Dec. 3, 10, 17; Jan. 7, 12, 21, 28; Feb. 3. office@cliftonpc.org. 703-830-3175.

SATURDAY/JAN. 9

Sickle Cell Anemia Disease and Trait Seminar. 12:30 p.m. Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. Come get the facts and what you need to know about the disease and trait from guest speaker Barbara Harrison, MS, Certified Genetic Counselor, Howard University Center for Sickle Cell Disease. Free. RSVP by Jan. 5 to Project13@fcacdst.org.

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Clifton Presbyterian Church is offering a **Grief Support Group**. Offered for eight sessions on Thursdays from Dec. 3-Feb. 3 from 10:30 a.m.-noon for those who have experienced a recent death and loss in their lives.

This group will offer a safe and supportive place for participants to explore ways to walk the journey of grief and to "wrestle" with difficult, and sometimes unanswerable, questions. Dec. 3, 10, 17; Jan. 7, 12, 21, 28; Feb. 3. Clifton Presbyterian Church is located at 12748 Richards Lane, Clifton. office@cliftonpc.org. 703-830-3175.

Civil Air Patrol Change of Command and Awards at Burke Squadron

Two long-time members of the Burke Composite Squadron were honored on Dec. 17 in a Change of Command at Irving Middle School in Springfield. CAP Major Stephan Romeo, Commander of the Burke Squadron, relinquished command of the unit to CAP Major Michael Speakmon. Major Speakmon, formerly the Deputy Commander of Seniors, now assumes command of the unit while Major Romeo takes on the role of Advisor to the Commander.

CAP Captain Nelson Alcalde, Commander of the Burke Squadron's parent organization, Group 3 of the CAP's Virginia Wing, was the principal speaker at the ceremony. He praised both officers for their leadership as demonstrated in training exercises and real world operations. Captain Alcalde credited their consistently excellent command influence as the driving force behind the unit's con-

SUNDAY/JAN. 10

Soundscapes Healing Meditation. 2-3:30 p.m. Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. Come, bring a blanket or yoga mat for lying on the floor, and enjoy the gift of letting go and being connected to deeper peace. Healthy snacks will be provided afterward during Fellowship time. \$15 donation. www.accotinkuuc.org. 703-503-4579.

THURSDAY/JAN. 14

How to Get the Best from Your Cable Company. 7-8:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Having trouble with your cable services? Learn how deal with cable service problems like outages, blurry screens and frustrating customer service. Learn tips to save money, file complaints and make your community safer from an expert. Adults. 703-978-5600.

What to Look for in a Facility. 3 p.m. Insight Memory Care, 3953 Pender Drive, Suite 100, Fairfax. Learn what questions to ask, what to look for on a visit, and how to make choosing a residential facility easier. RSVP. 703-204-4664. InsightMCC.org.

WEDNESDAY/JAN. 20

Virtual Dementia Tour. 1 p.m. Insight Memory Care, 3953 Pender Drive, Suite 100, Fairfax. The Virtual Dementia Tour (VDT) is designed to help

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspringfield.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, conducts Sunday masses at 7:30 a.m., 8:45 a.m., 10:30 a.m. and 12:30 p.m. It also offers a Saturday vigil at 5:30 p.m. and a Thursday Latin mass at 7 p.m. 703-817 1770 or www.st-andrew.org.

Prince of Peace Lutheran Church, 8304

simulate the effects of dementia, allowing caregivers to better understand the needs of their loved ones. RSVP. 703-204-4664. InsightMCC.org.

FRIDAY/JAN. 22

Keeping up with the Kids. Kings Park Library, 9000 Burke Lake Road, Burke. Learn the basics with our one-on-one technology volunteer about the social networking tools that can help you stay in touch with your kids and grandkids. Adults. 703-978-5600.

TUESDAY/JAN. 26

Fairfax 50+ Community Ambassador Program. 9:30 a.m.-noon. Pennino Building, 12011 Government Center Parkways, Suite 206, Fairfax. This volunteer program trains members of Fairfax County community organizations to help link their fellow members to the county's services for older adults and caregivers. Contact Mena Nakhla at 703-324-5859 or by email at Mena.Nakhla@fairfaxcounty.gov by Wednesday, Jan. 20.

SUNDAY/JAN. 31

Human Trafficking: Get the Facts and Take Action. Stacy C. Sherwood Community Center, 3740 Old Lee Highway, Fairfax. <http://www.fairfaxva.gov/host/women/events.html>.

Old Keene Mill Road, Springfield, offers casual worship services on Saturday evenings at 5:30 p.m. featuring contemporary music. More traditional services take place on Sunday mornings at 8:15 and 11 a.m. Sunday School is from 9:45-10:45 a.m. for children and adults. The church also offers discussion groups for adults. 703-451-5855 or www.poplc.org.

Kirkwood Presbyterian Church, 8336 Carrleigh Parkway in Springfield, supports a Mothers of Preschoolers (MOPS) program on the first and third Wednesday of each month. Meetings are 9:30-11:30 a.m. at the church. All mothers and children are welcome. The program provides mothers an opportunity to get to know other mothers through discussions and craft activities. Register. 703-451-5320.



BY THOMAS ADAMS/BURKE COMPOSITE SQUADRON

New Squadron Commander CAP Major Michael Speakmon (left) is congratulated by outgoing Commander CAP Major Stephan Romeo (right) and CAP Captain Nelson Alcalde, Commander, Group 3, Virginia Wing, Civil Air Patrol.

tinued success. Major Speakmon, in his new capacity as Squadron Commander, officiated at the promotion of Cadet Captain Julie Demoyonovich to Cadet Major. Cadet Major Demoyonovich's promotion came in recognition of her outstanding performance as leader, trainer and mentor to the Burke Squadron cadets.

Four other squadron members were also

recognized at the ceremony: Cadet Major Cory Harding who completed Achievement 15 of the Cadet Program, Cadet Basic Daniel Morgan who was promoted to Cadet Airman and Senior Member Sarah Demyonovich who received her Level One certificate signifying her progress in the CAP Professional Development Program.



LONG & FOSTER® # 1 in Virginia

703-425-8000



Carol Hermandorfer
703-216-4949

Expect Personal Service & Experienced Negotiation

C.A.R.O.L.
Hermandorfer Associates



Fairfax Station - Regency Station
This beautiful executive home has been meticulously maintained inside & out. Convenient location, premium.65 acre lot, open floor plan, gorgeous kit / sun room update, & grand master suite w/ fireplace are just a few of the highlights! Call or e-mail for more information.

View more photos at www.hermandorfer.com

Alexandria \$683,400

Gorgeous, fully updated 5 BR home features a large deck backing to Huntley Meadows; 100 acres of parkland. The gleaming hardwoods, plantation shutters, granite counters, SS appliances, walk-out lower level with media room and 2-story garage are just a few of the impressive features of this home.



David Levent
703-338-1388
davidshomes@lnf.com

Selling Virginia's Finest Homes
Member, NVAR Multi Million Dollar Sales Club



Arlington \$445,000

Rarely offered 1 BR + Den Condo with 1 Full and 1 half bath on 8th Flr in Heart of Ballston. Great Views From Balcony. Unit Has SXS Fridge, Corian Counters, Hardwood Flrs, Gas FP, Gas Cooking, Storage, & 1 Garage Pkg. Space in Luxury Bldg Amenities Incl Pool, Fitness Cntr, party Rm. Washer Dryer in Unit. Close to Metro, Trans, & Shopping. Call for details and pricing.



MARSHA WOLBER
Lifetime Member NVAR Top Producers
Top 5% of Agents Nationally
www.marshawolber.com
Cell: 703-618-4397



South Riding \$647,500

Gorgeous!

Top of the line kitchen reno, private 0.39 acres, move-in perfect. Great community!



JUDY SEMLER

703-503-1885

judys@lnf.com

www.JudysHomeTeam.com



Hunters Ridge in Manassas \$560,000

Gorgeous home on over an acre * 3 finished levels * 2-story entry foyer * Huge kitchen w/island, Corian counters, desk * Sunroom off family room w/double doors to deck * Fireplace in family room * Lovely master suite w/tray ceilings * Master bath features soaking tub, separate shower, double sinks & enormous walk-in closet w/washer, dryer area * Finished LL w/rec room, wet bar, den, full bath & storage areas.

Call Judy at 703-917-7127



STEVE CHILDRESS

"Experience...with Innovation!"

Life Member NVAR Top Producers
Buyer Broker since 1973!

703-981-3277



Burke \$508,000

COMMUTERS' DREAM!!!
3 bedrooms, 2 1/2 baths, with main level Library/Study/Den. On quiet cul-de-sac with

many tall trees! Sought after Burke Station Square Community within 1/2 mile of the Virginia Railway Express (VRE) & Pentagon bus stop. Beautiful Patio & Fenced Back Yard. Lake Braddock School District!

CALL STEVE CHILDRESS NOW 703-981-3277



Pep Bauman

"Put Pep's Energy to Work for You"

703-314-7055

PepLnF.com



Kingstowne \$469,000

Gorgeous 3 bedroom, 3.5 bath town house. Beautiful kitchen with granite counters, S/S appliances. Freshly painted, refinished hardwood floors, new carpeting, updated bathrooms, wonderful deck.

Finished lower level with full bath, gas fireplace and walkout. Fenced yard backing to trees and open area.



Come to the HEART of Real Estate, since 1980 Proudly Serving Northern VA
KAY HART, CRS, GRI
Associate Broker
Life Member NVAR Top Producer
kay.hart@longandfooster.com
703-503-1860

Best wishes for a Happy and Prosperous 2016!

Watch this space for some exciting NEW listings Coming Soon

Add your listing to this Space by contacting KAY.HART@LNF.com

A few beauties sold by Kay in 2015



Place your Photo Here in 2016.



BARBARA NOWAK & GERRY STAUDTE
"My Virginia Home Team"
703-473-1803, 703-309-8948
gerry.staudte@longandfooster.com
www.MyVirginiaHomeTeam.com



Chantilly \$435,000

Two Years New

This 3 BR, 2 FB, 2 HB, 3-level TH features gourmet Kit w/granite, Upgraded Cabs, SS Appl, HW Floors, Upgraded Baths, 2-Car Gar, and Much More!



Cheryl Pryor
REALTOR® ckpryor@msn.com
703-801-9985

FOR SALE IN SOUGHT-AFTER CARDINAL FOREST

Updated, 2-Bedroom, 2-Bath
TOWNHOUSE-STYLE CONDOMINIUM
8527 Milford Court #211 | Springfield, VA

Just a Few of the Fabulous Amenities:

- 2 Clubhouses
- 2 Pools
- 4 Tennis Courts
- 4 Playgrounds
- Sauna
- Boat Lot

SOLD

Call Cheryl for More Information on this Outstanding Home



Sheila Adams
703-503-1895

Life Member, NVAR Multi-Million Dollar Sales Club
Life Member, NVAR TOP PRODUCERS



Fairfax \$539,900

Lovely Split-Level with huge Sun Room addition. Three Bedrooms, 2 1/2 Baths. Finished Lower Level Rec Room with brick fireplace. Located in a quiet Cul-De-Sac.

Call Sheila Adams, 703-503-1895

Open Sunday • 1-4 pm



Purcellville, VA
10 Acre Horse Property
\$824,900

JA
JOHN ASTORINO
& associates
Experience...The Difference!



John Astorino
Realtor
703.898.5148

For more information, go to www.JAHomes4u.com or John.Astorino@LNF.com



Richard Esposito

703-503-4035

Richard@LNF.com

Service is the difference I provide.



Springfield \$569,000

This meticulously maintained colonial has 5 Bedrooms and 3.5 Baths on 3 finished levels. Almost 3,200 total square feet. Lower level is a walk out to premium wooded lot.



ELLIE WESTER

703-503-1880

L&F Founder's Club
Lifetime NVAR Top Producer
Life Member, NVAR Million Dollar Sales Club
ellie.wester@longandfooster.com



Fairfax Station \$939,900

New England charm and Southern hospitality seamlessly blend in Glenver-dant. A home made for enjoying and entertaining complete with updated kitchen and spacious breakfast area nicely located by a wood burning fireplace. Roam through over 5500 square feet including a sunroom and finished basement that offers a full kitchen. The upper level has four large bedrooms and three full baths plus a family den and attic playroom. The exterior features five acres, an inground pool as well as a four stall barn for horse lovers.

Access the Realtors' Multiple Listing Service: www.searchvirginia.listingbook.com