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Riding the
BudgetOrange VaceNews. Pace 5

Leyna and Gaurave Batta of Fairfax opened their own Orangetheory Fitness in Vienna in September 2015. They first met at Cherry Run Elementary School, attended Lake Braddock Secondary School and went to senior prom together in 1996.

Schools, Guns, Judges, Marijuana and the Safety Net News, Page 3

School Budget: Above a Cut News, Page 10

January 14-20, 2016

Page 8

me

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* 2016 * President's Award Superintendent Karen Garza

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NEWS





Photo by Joan Brady

PHOTOS BY KEN MOORE/THE CONNECTION Del. Eileen Filler Corn (D-41) and state Sen. Dave Marsden (D-37).

Keith Foxx of Springfield, who has volunteered as a mentor for foster children in Fairfax County for more than a decade, spoke in support of legislation sponsored by state Sen. Barbara Favola for Fostering Futures.

Schools, Guns, Judges, Marijuana and the Safety Net

Residents tell legislators of priorities ahead of the 60-day session of the General Assembly.



State Sen. Dick Saslaw (D-35), head of the delegation.



Del. Dave Albo (R-42)

By Ken Moore The Connection

arbara Quesada, parent of a Franklin Sherman Elementary School student, reminded the General Assembly delegation from Fairfax that Nova Firearms opened its new store right next to the McLean elementary school.

During Quesada's three-minute testimony, Dranesville School Board member Janie Strauss, McLean resident Marilyn White and a dozen others stood in solidarity.

White held a sign that said, "Gun store free school zone.'

"Please pass legislation so gun stores are not located within immediate proximity to schools," said Quesada, who testified before the county's delegation to the General Assembly Saturday, Jan. 10 at Fairfax County Government Center.

"This is not a second amendment issue. and it is so infuriating the amount of time it gets twisted," she said, requesting authorizing legislation to allow localities to regulate the proximity of a gun store to a school.

Nearly 100 speakers testified Saturday, Jan. 9, in a hearing that lasted more than 240 minutes.

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Del. Paul Krizek (D-44) will serve as delegate in the seat vacated by Scott Surovell, who was elected to the Virginia Senate

to state Sen. Chap Petersen

Burke's Martina Leinz attended the CNN Town Hall meeting at George Mason University two nights before where President Barack Obama spoke about the need for gun reform.

Leinz, speaker number 88 on Saturday, said she was asked if she had been personally affected by gun violence. "I looked him in the eye and said, 'I am an American citizen. Of course I have been affected by gun violence — we all have," Leinz told the Fairfax Delegation to the General Assembly.

The 2016 session of the Virginia General



State Sen. George State Sen. Scott Surovell (D-36)



State Sen. Chap Petersen (D-34)



Del. David

Bulova (D-37)

egories; criminals, domestic violence abusers, the adjudicated mentally ill and terrorists should not have easy access to guns."

CHAIRMAN SHARON BULOVA was the first to testify Saturday.

"Fairfax County is often described as a wealthy community, but we also have many individuals and families struggling financially," she said. "More than 52,000 students of Lorton testified in Fairfax County Public Schools qualify for free and reduced lunch. Only four school divisions in the state have more total children than we have children living in lowincome households."

State cuts to K-12 education in recent years have cost localities \$1.7 billion per that is an order of biennium, Bulova said, "and have been detrimental to our efforts to educate our children."

"A state that is in the top 10 in income should not be in the bottom 10 in state education funding," said Bulova.

Dozens spoke of the need for full funding for K-12 programming and education.

Steve Greenburg, president of the Fairfax County Federation of Teachers, supports legislation for an increased county tax on cigarettes.

"If people are going to kill themselves and

See Residents. Page 4

Burke Connection & January 14-20, 2016 & 3

in favor of sensible marijuana policy and cited the "insanity of Del. Mark Sickles leans over to talk arresting people for use of a drug Assembly starts magnitude safer Wednesday, Jan. 13, than alcohol or and will last six tobacco."

Richard Kennedy

weeks. Leinz testified on behalf of the NOVA Chapter of the Brady Campaign to Prevent Gun Violence and the Virginia Gun Violence Prevention Coalition.

"We cannot stop all gun deaths but certainly we should do everything we can to stop some. And surely we all can agree that there are some categories of people who should not have access to firearms — that is why we have prohibited purchaser cat-

News

Residents List Priorities for General Assembly

From Page 3

run up everyone's health care costs by smoking the stupid things, then we should certainly get some return for the costs they incur the rest of us," he said.

Advocating for the importance of the investment on education, Dean Howarth, a teacher from McLean, talked of the need for schools to emphasize critical thinking, not standardized test scores.

"We always say, 'Great minds think alike. No they don't, great minds think differently," said the physics and science teacher. "Students come back. You know what they remember? It's never ever their SOL score."

Del. Marcus Simon stopped the testimony to say Howarth was his physics teacher in high school.

Simon remembered Howarth getting students on rollerskates to learn about physics. But emphasis on standardized testing has robbed teachers of the freedom to teach in creative ways, Howarth said.

"Students have lost the joy of learning because their teachers are shackled," said Howarth. "I like being like Bill Nye, stoking fun in education."

Brad Ward, of Fairfax Station, also spoke for Critical Thinking Revolution and advocated for less rote teaching and emphasis on standardized testing. "In my professional life, I have never been given a multiple choice test," he said. "I never asked a potential employee to choose from a list of possible answers. … Rote learning does not prepare students for the jobs of today.

Critical thinking is key to creative solutions, the engine of growth. Standardized testing yields standardized thinking."

THE DISPARITY between Virginia's rank as one of the 10 most wealthy states and spending on social services and education was invoked by many speakers.

Keith Foxx spoke in favor of state Sen. Barbara Favola's bill to help young adults that age out of foster care without being united with family or being adopted.

"It's critical that you support and fund Senator Favola's bill 'Fostering Futures' for the more than 500 young adults who age out of foster care at age 18 in Virginia every year," said Foxx, of Springfield. "Helping these young adults grow successfully to independence will save the commonwealth hundreds of millions of dollars over their lifetimes."

With a waiting list statewide of more than 10,000 people with intellectual and developmental disabilities for access to services in the community (through Medicaid waivers), only 325 new slots are included in the Governor's proposed budget. This is the minimum number required by settlement agreement between the Justice Department and the Commonwealth, said Rikki Epstein, executive director of the ARC of Northern Virginia.

4 & Burke Connection & January 14-20, 2016



Brooke Annessa of Fairfax, Maya Simbulan (in wheelchair) of Burke, Brian Rosen of Vienna, and Sarah Pickford of Springfield spoke in support of Brain Injury Services of Northern Virginia. "We tell families we will walk with them after the unthinkable has happened. ...We give a voice back to survivors of brain injury and their families," said Annessa.

hoping the time will come when the problem solves itself," Epstein said, calling for the addition of 800 waivers in this cycle. This would "give hope to those with most urgent need, hope to those who have been waiting the longest."

Molly Long of the Fairfax-Falls Church Community Services Board pointed out that people moving out of residential facilities like Northern Virginia Training Center are getting priority for services ahead of those who have been on the waiting list for a long time, and the waiting list continues to grow. Nearly 1,000 people locally qualify for services urgently, but their waivers are not funded at the state level, including people with intellectual disabilities whose elderly parents can no longer meet their needs at home, and youth aging out of special residential services who are in danger of becoming homeless.

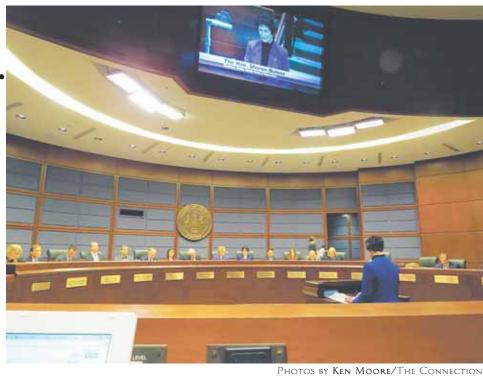
Long also cited the intense local battle with heroin addiction, and lack of resources.

"Detoxification is often the important first step," she said, but clients seeking help must wait two-to-three weeks or longer for a detox bed.

"Waiting decreases the chance of successful intervention, and puts people's lives in danger. We must have more detox beds."

Richard Kennedy of Lorton testified in favor of sensible marijuana policy and cited the "insanity of arresting people for use of a drug that is an order of magnitude safer than alcohol or tobacco."

"We can't keep doing the minimum and **SEVERAL OTHERS** spoke of the poten-



Sharon Bulova, with entire delegation visible.



More than 30 people had signed up to speak for Critical Thinking Revolution. Shaista Keating said: "The era to teach to the test must indeed come to the end."

tial dangers of legalizing marijuana, even for medical purposes.

Sara Freund, of Great Falls, and a member of the Unified Prevention Council, said that states with medical marijuana laws have higher levels of youth use of marijuana. She also cited a recent survey showing that a higher percentage of Fairfax County 12th graders than national average have recently used marijuana.

Jerry Foltz of Centreville, a retired minister in United Church of Christ, was one of several speakers who requested increase of the minimum wage. "We need to support the people who are working hard," he said. "Those on the bottom rung who get a little increase in income, they spend it. That stimulates the economy. This should be nonpartisan issue to raise the minimum wage. It's a good year to do it. It doesn't cost much to do it, and it has all kinds of benefits."

And Medicaid expansion was discussed by many.

"Medicaid expansion is a life issue. Everyone has a right to health care coverage," said Bob Stewart, speaking for Social Action Linking Together, also citing good financial reasons for extending coverage to more people by expanding Medicaid.

Brooke Annessa of Fairfax, Maya Simbulan of Burke, Brian Rosen of Vienna, and Sarah Pickford of Springfield spoke in support of Brain Injury Services of Northern Virginia, and thanked members of the delegation for past support. "We tell families we will walk with them after the unthinkable has happened. ... We give a voice back to survivors of brain injury and their families," said Annessa.

"YOU NEED TO WRAP it up," said state Sen. Dick Saslaw (D-35), moderator of the four-hour plus hearing, said when people ran over their allotted time.

Others talked of the need for reduced class sizes, exposure to foreign languages in elementary school, and giving teachers more freedom to teach.

Attorneys talked for the need for all 15 allotted circuit court judges and eight juvenile and domestic relations court judges to be filled, and several called for keeping Judge Jane Roush on the Virginia Supreme Court.

"Cases are taking forever," because of the vacancies, said Joseph Dailey, of McLean speaking for the Fairfax Bar Association. "This is about justice for your constituents." A case that begins this week, he said, won't be resolved until after the next World Series is over.

Chief Public Defender Todd Petit asked the delegates and senators to enact legislation to change criminal discovery so defense attorneys "have all the evidence beforehand," to be able to go forward with a fair trial. The issue was studied in 2014 by the Virginia Supreme Court.

Fairfax's Douglas Stewart and McLean's Marc Rosenberg, of the Virginia Sierra Club, Eric Goplerud, executive director of the Faith Alliance for Climate Solutions, and John Cartmill, of Herndon, were just some of the speakers who addressed the environment as issues including storm runoff, infill development, tree canopy, transportation choices, clean energy, solar and wind power and the health of the rivers and Chesapeake Bay.

Rosenberg of the Virginia Sierra Club called for more efforts to clean up Virginia's rivers by addressing sewage treatment plants that overflow in heavy rains, runoff from farms, toxic chemicals and heavy metals from mining operations and coal pits. Many people support removing plastic shopping bags from the environment. "At least stay out of the way and let localities act in this area," Rosenberg said.

News



Leyna and Gaurave Batta of Fairfax attended Lake Braddock Secondary School and went to senior prom together in 1996.

Riding the Orange Wave

Childhood friends become married partners, fitness center owners.

> By Tim Peterson The Connection

aurave Batta and his wife Leyna have always been into sports and fitness. But with two small kids at home and Gaurave running his own business intelligence consulting company, they needed a solution that was efficient, above all else.

When the new gym Orangetheory Fitness opened in the Greenbriar Shopping Center across from their Fairfax home in 2013, Gaurave went to a free trial workout. It promised exactly 60 minutes from warmup to cool-down, with coach-led interval training on treadmills and rowing machines, as well as strength training with weights, step platforms and bodyweight exercises.

"Neither of us had time to go work out for hours and hours on end," Gaurave said. "I really liked it, it was what we needed: efficiency." The workout stressed constant heart-rate monitoring, keeping beats within a certain range of the metabolic zone. The goal is a state of "Excess Post-Exercise Oxygen Consumption," where the body continues to burn calories even after the workout is completed.

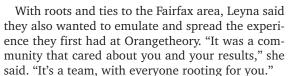
Gaurave convinced Leyna to go the next day. She loved it, and they both joined as members.

But it didn't stop there. The couple had also been interested in owning their own business "outside of corporate America," and Gaurave thought, "Hey, it would be pretty cool to open one of these."

THE BATTAS got to know the area representative of the Florida-based fitness franchise and started talking to other owners around the country.

"We decided it could be a profitable venture if executed right," Gaurave said.

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Leyna and Gaurave Batta of Fairfax first

met at Cherry Run Elementary School.

They celebrated their tenth wedding

anniversary in August 2015.

The Battas first met at Cherry Run Elementary School in Burke, where Gaurave's mother still resides. They both attended Lake Braddock Secondary School and began dating their senior year, attending prom together in 1996.

Leyna attended Northern Virginia Community College and then James Madison University, while Gaurave went to Virginia Tech. After graduating in 2000, they were married in 2005.

Just past their ten-year anniversary, Leyna and Gaurave completed an 18-month process to open their own Orangetheory Fitness in the Dunn Loring area of Vienna, walking distance from the coincidental Orange Line Metro stop.

Thanks to membership pre-sale, they opened on Sept. 14 with 200 members and friend Janna Ellen managing the studio. Since then, they've more than doubled to 540, Gaurave said.

Despite a lot of competition in the area with other, larger gyms and fitness centers within apartment complexes, the Battas believe the workout experience is entirely unique, as is the sense of community they build into weight loss challenges and other contests.

"We want you to want to come in, we care about you, you matter," Leyna said, "and it's based on science."

With machines bathed in a dim orange glow and bass-heavy dance music competing for sonic domination with the steady stream of directions from the workout leader-coach, it's easy to turn off the mind and focus just at the task at hand. Am I at my base, push or max heart rate? How's my rowing form? How many weighted lunge reps do I have left?

THAT FORMULA attracted Cathy Allen of Annandale, who was the first member at the Battas' SEE ORANGETHEORY. PAGE 7



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> Contact: Angela Ganey angelaganey@verizon.net

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OPINION Budget Season Trainwreck?

County looks at "lines of business," schools call for full funding.

aren Garza didn't move to Fairfax County from Texas to preside over the decline of Fairfax County Public Schools. For this year's budget, the superintendent refused to cut to fit as the school system has the last two years, and called for a fully funded budget. It's true that Fairfax County schools have more students who are poor and/or are still learning English and those students cost more to educate. It's true that Fairfax County teachers make less than teachers in other bordering juris-Editorial dictions. It's true that Fairfax County spends less per student by a significant amount than other bordering jurisdictions, even accounting for size.

It's also true that Fairfax County, which provides most of the school funding, already transfers 52 percent and more of its annual budget to the schools. It's true that the county has limited revenue sources, with almost all revenue coming from property taxes. Residential property tax revenues are not growing much. Fairfax County's commercial tax base is flat or contracting with historically high vacancy rates. This is in part due to reduced spending by the federal government, but it's also about new and likely lasting trends in the way companies use office space.

The county is facing a shortfall, not just for education, but for other important things like transportation, social services, recreation and

State Delegate (D-36)

irginia has the dubious dis-

tinction of having had the

biggest mass murder in

By Kenneth R. "Ken" Plum

history-Virginia Tech in 2007,

and the first televised shooting-

Smith Mountain Lake in 2015. Yet,

the Commonwealth has never had

a serious public debate on prevent-

ing gun violence. With the leader-

ship being shown by the President

and the strong interest on the part

of the public, the 2016 session of

the General Assembly is time for

Every annual session of the Gen-

eral Assembly is the same: A few

legislators bravely put in their

commonsense, can't-we-do-a-

little-something-about-gun-vio-

lence? bills. Now these bills even

have the support of the Governor.

In the House of Delegates the bills

get referred to the Militia and Po-

lice Committee made up of mostly

NRA sympathizers. The chairman

that debate.

COMMENTARY

the environment.

The Board of Supervisors and heads of county departments are about to engage in an intensive effort to review every area of county spending, with supervisors devoting two full days a week for the foreseeable future on "lines of business" review in the budget committee. What results from this process could set the stage for some reforms and some savings.

But none of those invested in Fairfax County, not the elected officials, not the teachers, not the county employees, especially not the residents, want to preside over the decline of quality of life in one of the wealthiest counties in the universe.

What's really needed is for the county to have access to a variety of revenue sources. It's ex-

cruciating to raise property taxes across the board, knowing that some people will be hard hit since there is no relation to ability to pay. But that is almost the only option the county has.

This brings us to tax reform and the General Assembly. It's pie in the sky, but localities in Virginia should have direct access to a portion of the income tax collected by the state. Northern Virginia pays the vast majority of the income taxes paid to the Commonwealth, but every penny set gets funnelled through a formula that by definition sends less money back.

Income is a measure of economic viability. There are other options, which we will detail in the future.

To find the names of your current representatives in the Virginia House and Senate, visit http://whosmy.virginiageneralassembly.gov/ and enter your address.

Clearing an Obstacle to Gun Violence Prevention in Virginia

— Mary Kimm MKIMM@CONNECTIONNEWSPAPERS.COM

Pet Photos for the Pet Connection

The Pet Connection, a twice-yearly special edition, will publish on Feb. 24, and photos and stories of your pets with you and your family should be submitted by Feb. 17.

We invite you to send us stories about your pets, photos of you and/or your family with your cats, dogs, llamas, alpacas, hamsters, snakes, lizards, frogs, rabbits, or whatever other creatures share your home or yard with you.

Tell us the story of a special bond between a child and a dog, the story of how you came to adopt your pet, or examples of amazing feats of your creatures. Do you volunteer at an animal shelter or therapeutic riding center or take your pet to visit people in a nursing home? Does your business have a pet? Is your business about pets? Have you helped to train an assistance dog? Do you or someone in your family depend on an assistance dog?

Or take this opportunity to memorialize a beloved pet you have lost.

Just a cute photo is fine too. Our favorite pictures include both pets and humans.

Please tell us a little bit about your creature, identify everyone in the photo, give a brief description what is happening in the photo, and include address and phone number (we will not publish your address or phone number, just your town name). Email to

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bill they like unless it eases regulations or restrictions and with one other legislator. That subcommittee hears the bills and summarily defeats them 4 to 1.

able. Same thing happens every year. When Republicans gained a majority in the House of Delegates they changed the rules to allow the Speaker to refer bills of his choosing to the Rules Committee where they could be sent to the floor of the House of Delegates without recommendation. The official explanation for the change was that there could be bills of such public significance that they needed to be debated by the full legislative body

of that com- and not simply by a committee. mittee sends the bills to a subcommittee

Their actions are totally predict-

and prevent gun violence seem to me to rise to the level of importance that they should be debated by the full body and not be defeated by just four of the 100 members of the House. The Speaker of the House who has absolute authority as to where bills are referred could simply refer gun-violence prevention bills to the Rules Committee where they would be sent to the floor of the House of Delegates without a recommendation. The ensuing debate and votes would clearly show whether the elected representatives in the House are standing up for the people who elected them, a majority of whom support commonsense gun violence prevention measures, or do these delegates represent the gun groups who feed money to their campaigns and who threaten them with primary opposition if they do

not go along.

Bills to enhance public safety

allow the Rules Committee to send bills to the floor without recommendation was meant to create a situation where progressive bills could be referred to the floor to force Democrats to "go on the board" with a recorded vote on issues like a potential tax increase. Certainly the Republicans in power would not be embarrassed or intimidated by having to vote on public safety measures related to ending gun violence that the majority of citizens in poll after poll indicate they support.

Cynics say the rules change to

Preventing gun violence in a state that has seen two examples of the worst of the carnage is too important an issue for four legislators in a cramped conference room to decide for the Commonwealth. There is a way as described above for the issue to get a full hearing; the time has come for the House of Delegates to give it the time and public debate it warrants.



Area Roundups

GIRL to Host Day of Service

On Jan. 18, 2016, a nonprofit organization, Girls Inspired and Ready to Lead, Inc. (GIRL), founded by a Fairfax County woman, will host its Second Annual MLK, Jr. Day of Service Event, supporting Women Giving Back, an organization that provides clothing to women and children in crisis at no cost. The event will be from 10 a.m-noon at two locations:

Fairfax City Hall - 10455 Armstrong St., Fairfax,

Orangetheory Fitness Fits Into Community

and

From Page 5

Vienna location to hit 100 classes — within the first 120 days they were open. She goes once a day, every day, 6:15 a.m. during the week and 8:15 a.m. on weekends.

"I used to work out at home," Allen said, "but I wasn't satisfied, I needed accountability." As a breast cancer survivor, losing weight, getting fit and staying healthy were vital parts of her new life.

Allen likes that no two workouts are identical and different days have different foci, like endurance, power, strength and a blend of all three.

She also has "my workout peeps," girlfriends she met at Orangetheory and with whom they've built a support crew together.

Though she has not weighed herself since workout number one, Allen said she's noticed changes. "I Sterling

GIRL is a nonprofit organization founded in 2010 by Danielle Blunt after she graduated from college. Its mission is to mentor and empower teen girls for future success through promoting academic excellence, leadership skills, community service, a healthy lifestyle, and self-esteem. Blunt is a founding member of the advisory board of the Virginia Girls' Suminformation, more mit. For visit www.girlsinspiredinc.org.

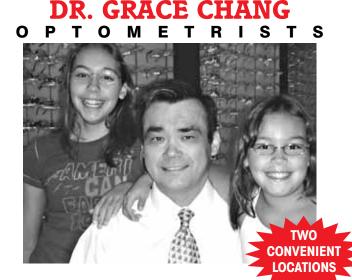
♦ Women Giving Back Store - 20 Export Drive,

feel better, run better, my clothes fit better," she said. "All in all, a good healthy outlook."

Gaurave said other Orangetheory Fitness locations have sprung up in Arlington, and Washington, D.C., with more coming in Alexandria, Sterling, Gainesville and Potomac, Md. There are around 400 open nationwide. As to whether the couple will invest in an additional location in the future, he's cautiously optimistic.

"Are we riding a hot wave right now, or something that's sustainable and will continue to grow?" he said. "If we end up only doing one, that's our little baby. We're in the community, smiles on our faces, always trying to go above and beyond for our clients."

Orangetheory Fitness Dunn Loring is located at 2672 Avenir Place O in Vienna. For more information visit www.orangetheoryfitness.com.



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Coyotes on the Rise in Fairfax County

Police advise precautions.

ver the last sevmonths, eral Fairfax County Police said wildlife officials have received an increasing number of calls about the presence of coyotes in the area.

A statement acknowledged the scavenging animals are "now established and widespread in Fairfax County so it is important for residents to know and understand a bit more about them."

As foragers, coyotes eat a wide variety of food, from from January until June fruits or vegetables. during mating and birthing season, and can be aggressive

towards other animals. In the statement, Fairfax Specialist Dr. Katherine Edwards said, "The best way to safeguard pets in areas where covotes are active is to keep them indoors the coyote. and do not leave them outside without supervision."

County Police additional recommendations include:

Place garbage and compost in an animal-proof container, such as a metal trash can with latches on the lid or secure with or tennis balls. bungee cords.

ever possible.

Do not feed pets outside or store pet food outside.

◆ Pick up ripe, fallen fruit and around your home. do not let it accumulate on the ground

night to avoid attracting small rodents and other coyote prey. ✤ Trim shrubbery to ground

level to remove hiding cover.

or out-buildings where animals might establish dens.

outside

outside

Provide secure shelters for poultry rabbits and other vulnerable animals.

Coyotes are most active at night through Friday. and early morning hours; however, they may be active during



Courtesy of Fairfax County Police small prey animals to fruits Coyotes are territorial foragand plants. They are also **ers that can prey on small** territorial, especially so animals but will readily eat

> the day in search of food or denning sites

If a coyote does appear, police County Wildlife Management offer this encouragement to communicate to the animal it isn't welcome:

✤ Yell and wave your arms at

♦ Use noisemakers such as whistles, air horns, bells, For other precautions, Fairfax "shaker" cans full of marbles or pennies, or pots and pans banged together.

Throw non-edible objects in the direction of the coyote including sticks, small rocks, cans,

Spray the covote with a wa-◆ Keep trash inside until the ter hose, water guns or spray morning of trash pick-up when- bottles with vinegar water, pepper spray or bear repellent.

> Install motion sensor lights or a motion-activated sprinkler

✤ Install fencing to keep coyotes out of yards. Fencing should ◆ Put away bird feeders at be at least 6 feet tall, have an outward slanting overhang or roller-type device to prevent coyotes from climbing or jumping, and have an L-shaped mesh ♦ Close up all openings un- apron buried one to two feet to der porches/decks, crawl spaces deter digging. Few fences are completely coyote-proof.

In the event a coyote is spot-* Keep small pets inside and ted acting aggressively or apdo not leave unattended when pears ailing or injured, individuals can report the animal by di-★ Keep dogs on short leashes aling the Fairfax County Police (less than 6 feet) while walking non-emergency number 703-691-2131.

For more information, the Virginia Wildlife Conflict Helpline is 855-571-9003, available 8 ♦ Be alert at dusk and dawn. a.m. to 4:30 p.m., Monday

-Tim Peterson

法法法规 The new front elevation to the Torre home is elaborated in neoclassical themes that respond to an enlarged floor

Split Decision

plan incorporating both a 300-square-foot addition and a

By John Byrd

n 1984, Jack and Marie Torre purchased a circa 1960s split-level on a half acre lot in Fairfax. At nearly, 3,000 square feet, it was a perfect spot to settle down and raise two children. The schools nearby were excellent; there was an easy commute to work.

spacious front veranda.

But there were some things about the property the Torres thought they might improve should they stay in residence long enough—a cabinet-cluttered kitchen with builder grade finishes, for instance; no powder room on the home's main level; space-restricted dining room.

Skip ahead almost two decades, though, and the whole house remodel by Sun Design Remodeling that the public was invited to see earlier this month demonstrates the kind of sweeping improvements that can cramped ground-level foyer. occur when owners set their sights on new possibili-

In fact, the former split-level is no longer merely a house. It's the Torres' long-term residence, and one that is both substantially larger and iterated in a completely new architectural language

"The ideal of long-term ownership is the option to create a residence that becomes more supportive of favored activities and aesthetic preferences," said Craig Durosko, founder and chairman of Sun Design Remodeling. "We are finding this kind of ongoing two directions (right), or the kitchen straight ahead. commitment to personalizing a residence much more frequently than in decades past."

who wanted to learn more about whole house remodeling. Sun Design guided the Torres through every step of a comprehensive makeover. Many guests seem surprised at the project's scope—that the vision had such continuity and coherence.

The Torres, meanwhile, are quick to acknowledge revelation, especially since they had hired architects on two separate occasions to develop plans that soon proved infeasible.

"We couldn't add on to the rear because of setback restrictions," Jack Torre said. "The bigger problem, foyer to the primary living area. Because of these fac- trance to the home. tors, we thought we were prohibited from enlarging kitchen.'

minent, the couple was actively considering reloca- reconfigure the interior of the main living area." tion; a chance visit to a remodeled split-level by Sun The resulting interior revolves around two compara-



designing the home's front elevation. On two occasions, the family hired architects to develop a solution, but nothing feasible resulted.

storage pantries.

Circa 1960s split-level reinvented in spacious neoclassical style.

Marie to once again consider the remodeling option. substantially enlarge the home's main level. Shortly after the viewing, the Torres set up a meeting with Sun Design's president Bob Gallagher, and front porch is perfectly aligned with a front door that several previously unconsidered options emerged. At the top of the wish list, the couple wanted a larger, more functional kitchen, plus a larger dining room with distinctive formal elements, including a home's west side houses a formal dining room and trav ceiling

There should be a dedicated family room with a view of the tree-lined backyard, and a spacious powder room on the same floor as the kitchen.

The substantially enlarged gourmet kitchen envisioned would require a butler's pantry and a wine refrigerator.

Still more challenging, the couple wanted to enter their home's primary living area directly from the front door rather than ascending seven steps within a

With these goals articulated, the problem for the design team was how best to implement critical components within a well-integrated whole.

Since new enclosed space couldn't be added on the rear, the east side of the house was designated for the new dining room/sitting room wing.

Still more problematic, under the current floor plan template, one entered the house from a narrow front foyer ascending to a main level hall that segued to the living room (left), a set of staircases heading in

What lacked, Gallagher said, was a "procession" in which rooms unfold in an orderly, inviting sequence, Durosko was at the house Jan. 9 to greet neighbors even as sight lines coax the eye with intriguing visual continuum

> "The structural issue was finding an optimal way raise the front door to the main level of the house,' Gallagher said.

"This would require extending the front foyer eight feet to get past the existing roof overhang. We also that Sun Design's architectural solution came as a needed to redesign the front elevation to better rationalize the difference between the grade at groundlevel and the home's main living area—a distance of about seven feet."

What evolved was not merely a larger foyer, but an improved and more appropriate architectural context though, was a six-foot roof overhang in front, and in the form of a spacious, classically apportioned front the seven steps required to walk from the ground level verandah that surrounds and presents the front en-

"We were delighted as the plans for the front elevathe foyer, or expanding our living space around the tion began to shape up," said Marie Torre. " It's a completely new architectural style, yet perfectly ac-More recently, with their life as empty-nesters im- commodates the square footage we needed to

Design not far from their house, however, convinced tively modest additions — albeit, enclosed spaces that

www.ConnectionNewspapers.com

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MERRIFIELD

The 44-square-foot foyer now situated on a new opens directly into a center hall, setting up entry into the living room or kitchen just a few feet beyond. Meanwhile, the 300-square-feet added on the an adjacent rear-of-the house sitting area.

The room includes a two-sided fireplace also visible in the living room. The enlarged kitchen accommodates a custom-designed banquette and multiple

Marie Torre says the gourmet kitchen now in place

Huge new shipment of gorgeous

houseplants arrives this week!

At over twice the size of its predecessor, the Torres' beautifully articulated gourmet kitchen invites a substantial increase in natural light.

provides spaces for all her cooking utensils, even items that used to be stored in the basement. Moreover, replacing the roof over the main living area and raising the roof from eight feet to nine feet makes the room feel substantially larger.

Better yet, the remade rear elevation, which includes a bump-out with three divided light windows and relocated French doors, invites abundant natural light

"This is really a completely different house," said Marie Torre, "But one that is much more satisfying to occupy.

Sun Design Remodeling frequently sponsors tours of recently remodeled homes as well as workshops on home remodeling topics. Headquartered in Burke, the firm maintains a second office in McLean. For information, call 703.425.5588 or visit www.SunDesignInc.com.



Is Winter a Good Time to Sell?

You bet it is! The 2015 real estate market was slightly better than 2014, with many of the updated homes receiving multiple offers. According to one survey, the housing market should continue to

expand at steady levels through 2017. There are many eager buyers looking to purchase now, as they are concerned about the predicted rise in interest rates.

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News

Above a Cut

FCPS Superintendent Garza calls for no additional cuts in \$2.67 billion FY 2017 budget

By Tim Peterson The Connection

or Fiscal Year 2015, Fairfax County Public Schools Superintendent Dr. Karen Garza oversaw \$96.5 million in cuts made from the school system's annual operating budget. For FY 2016, it was \$55.4 million, she said.

Before a library full of news cameras, elected officials, students, teachers and principals at West Potomac High School, Garza presented her proposed FY 2017 budget for the first time on Jan. 7.

"The most important announcement for our students and teachers may be what the proposed budget does not do," she said, "it makes no further cuts."

The \$2.67 billion budget includes \$62.2 million for raising all employees' salaries, as well as another \$40 million specifically for teacher salaries.

Garza said the salary raises are the "first steps" in a multi-year plan to make Fairfax County more competitive in attracting and maintaining teachers. At the beginning of this school year, she said, there were 200 open positions in the school system. "This must not continue."

Garza cited the nearly half a billion dollars having to be cut from FCPS budgets going back to 2008, as well as a trend of underfunding from state and local government from the last nine years.

Another focus of the budget is decreasing class sizes, for which the superintendent proposed a \$10.8 million increase for hiring 165 new employees. The additional personnel would lower all elementary classes to fewer than 30 students, according to a release from Fairfax County Public Schools.

"This budget reflects only our very basic and most pressing needs," Garza said, "and, as a community, we must commit to investing in our teachers and students once again."

Garza's new budget tops FY 2016 by \$121.4 million, or 4.8 percent, and expecting little increase in funding from the Commonwealth of Virginia (roughly 15 percent of the school's budget), would require a 6.7 percent increase in the transfer from Fairfax County (the majority source of funding) to fully execute.

Kimberly Scott, Franklin Middle School teacher and FCPS 2015 Teacher of the Year, urged community members to support getting the budget fully funded.

Scott said she and her colleagues commit fully to teaching "not for multi-digit salaries but the call we feel to complete this work with excellence."

"As we give our best," Scott continued, "we ask our community now give its best. Please rally around us and for us so we can continue the work we love, and an education families can be proud they've chosen for their children."

Marshall High School senior Samee Ahmad thanked specific Fairfax County teachers who helped him develop a lifelong

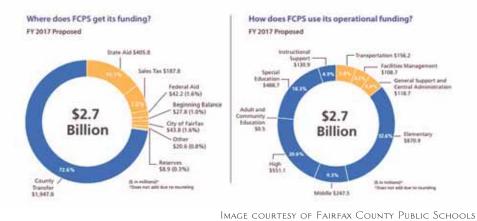
10 Surke Connection S January 14-20, 2016



Robin Hylton, president of the Annandale High School Parent Teacher Student Association, called on "parents, the community and businesses at large to do our part" to support Superintendent Karen Garza's proposed FY 2017 budget.



Fairfax County Public Schools Superintendent Dr. Karen Garza proposed a \$2.67 billion school system budget for FY 2017 that emphasizes increasing employee compensation and decreasing class sizes — all without making any further cuts.



The FY 2017 proposed FCPS budget calls for a 6.7 percent increase in the county budget transfer.

love of reading and learning. "Schools are the underlying foundation in communitybuilding," he said. "I'm excited to hear Dr. Garza's forward-looking budget in the interests of both students and teachers."

Annandale High School Parent Teacher Student Association president Robin Hylton said the challenge in making sure the proposed budget is fully funded is "not one for just Dr. Garza."

She urged parents, community members and businesses to take a more active role in finding funding solutions. "We as a community must choose to support," she said.

Pat Hynes, School Board chairman, was the final speaker at the Jan. 7 morning event. "After nine long years" of underfunding, she said, "we need some good news." Hynes said the school system is already spending \$1,000 less per pupil now than in 2009. "Quality education is not a luxury, it's an absolute necessity," she said. "What should we cut? Those are not questions that should come before the school system."

Among other aspects, West Potomac High School principal Alex Case said he was pleased to see in the fine print of the proposed budget a moderate increase in salaries for support employees such as custodial staff and food service workers that were below federal living wage standards.

"Obviously this is something the school system, Board of Supervisors and delegation to Richmond need to work collectively on," Case added, "to fully fund and protect this wonderful asset we call Fairfax County Public Schools." PHOTOS BY TIM PETERSON/THE CONNECTION



Fairfax County School Board Chairman Pat Hynes said Superintendent Karen Garza's FY 2017 proposed budget is one "that gives me hope."

Matt Haley was chairman of Garza's budget task force that convened to review community feedback and analyze all operating costs. "We dug into this for a long time," he said after the event. "It all came back to levels of service."

In advertising what potential cuts — from fourth grade strings to language immersion programs to varsity sports — might look like, the task force drew some public outrage.

"I believe our community finds any of the potential cuts untenable," Garza said in a statement. "We cannot continue to balance budgets by cutting services, raising class sizes and freezing salaries, or by providing only nominal pay raises."

Included in the salary raise is a step increase and one percent market scale adjustment for all employees. Fairfax Education Association President Kimberly Adams said teachers "will feel more valued in this budget than we have in a long time."

Adams also encouraged more community members to become involved with the budget process and voice their support.

"They need to realize how important the school system is to job security, the local economy."

Garza formally presented her budget to the School Board at their business meeting in the evening on Jan. 7. Public hearings are scheduled for Monday Jan. 25 and the budget will be presented to the Board of Supervisors on April 5. The School Board should adopt the approved budget in May.

More information on the budget, including a video of the press conference and Garza's presentation, can be found online at www.fcps.edu/news/fy2017.shtml.

Calendar

The Washington Balalaika Society performs at the Jewish Community Center of Northern Virginia on Sunday, Jan. 17.

PHOTO CONTRIBUTED

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline is the Friday prior to the next paper's publication. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

Art Guild of Clifton Fine Art

- **Exhibit**. Friday, Jan. 15 to Sunday, Jan. 31. Clifton Wine Shop, 7145 Main St., Clifton. Includes landscape and still life watercolors and acrylics from professional artist, Michele Frantz. An eclectic blend of subject, and style. Free. http:// www.artguildofclifton.org.
- "Vietnam Combat Art." Through Jan. 25. Fairfax Museum and Visitor Center, 10209 Main St., Fairfax. The reproductions of studio art include sketches, paintings, and illustrations done by teams of artists employed by the U.S. Army to record the soldier experience in Vietnam. Free. 703-385-8414.
- Inaugural Workhouse Glass National 2015. Through Jan. 17. W-16, Vulcan Gallery, Workhouse Arts Center, 9518 Workhouse Way, Lorton. Join for the family-friendly exhibitions of glass art and the opening reception on Tuesday, Nov. 10, 6-8 p.m. workhousearts.org, 703-585-2900.
- Iconic Images from the American Civil War. Through Jan. 14. Tuesday-Friday, 10 a.m.-3 p.m. Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. The exhibition, Between the States: Photographs of the American Civil War, features a selection of 110 historical photographes of the Civil War by photographers (including renown photographers George Barnard, Mathew Brady, and Alexander Gardner from the George Eastman House Collection in Rochester, N.Y. 703-691-0560.
- Smoke Free Bingo (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. www.fairfaxvd.com. 703-273-3638.
- "**Memories and Myth**." Through Feb. 29. Workhouse Arts Center, 9601 Ox Road, Lorton. An all-media art exhibit by its Associate Artists in Gallery 902. www.workhousearts.org.



FRIDAY-SATURDAY/JAN. 15-16 Women of Faith Loved The

Farewell Tour. Two-day event. Friday, 7-10 p.m. Saturday, 9 a.m.-5 p.m. EagleBank Arena, 4400 University Drive, Fairfax. Celebration, stories, humor and hope. Popular speakers, powerful dramas and award-winning music combine for an experience that will resonate with women who need the assurance they are loved. www.WomenofFaith.com.

SATURDAY/JAN. 16

- Comedy and Music. 8 p.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Our featured performer is Adam Ruben, a writer, comedian, storyteller, and, yes, a molecular biologist! He is the author of Surviving Your Stupid, Stupid Decision to Go to Grad School, a satirical guide to the low points and, well, lower points of postbaccalaureate education. His new oneman show, I Feel Funny: True Stories of Misadventure in Stand-Up Comedy. premiered at the 2015 Capital Fringe . Festival. \$20-\$29.
- Dan.Kirsch@jccnv.org. 703-537-3075. Volunteer to Cheer. 5:30-8:30 p.m. Robinson Secondary School, 5035 Sideburn Road, Fairfax. Special Olympics Virginia's FANQUEST, needs your help to fill the stands with fans during a fun, family-friendly way to combat stigma and spread unity among youth. Sign up at www.volunteer2cheer.com.

SATURDAY-SUNDAY/JAN. 16-17

Welcome to the Speakeasy. Saturday, 8 p.m. Sunday, 1 p.m. W-16, Vulcan Muse, 9518 Workhouse Way, Lorton. Take one part Broadway, add a dash of hot jazz, shake well and you've got the perfect musical martini, served up by a sizzling cast of singers. Featuring both classic and contemporary songs that echo the spirit of the speakeasy. \$20-\$25. www.workhousearts.org.

SUNDAY/JAN. 17

Garden Gauge Model Trains. Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Washington, Virginia and Maryland Garden Railroad Society will hold their annual G Scale (Garden) Train Show. Free-\$4. www.fairfaxstation.org. 703-425-9225. **Washington Wedding Experience**.

11 a.m.-5 p.m. Eagle Bank Arena, 4400 University Drive, Fairfax. Find dresses, discover trends, chat with local wedding professionals, etc. http://weddingexperience.com/ show.html?show.id=4236. Washington Balalaika Society in

Concert. 2 p.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Music of Russia, Ukraine, and Eastern Europe on traditional Russian folk instruments - the balalaika, domra, bayan, and related folk wind and percussion instruments. \$14-\$24. Dan.Kirsch@jccnv.org. 703-537-3075.

TUESDAY/JAN. 19

SCA Membership Meeting. 7-9 p.m. Crestwood Elementary, 6010 Hanover, Ave., Springfield. The Springfield Art Guild (SAG) will be making an informative presentation and will display samples of art created by members of SAG at the Springfield Civic Association meeting. 703-425-6955.

THURSDAY/JAN. 21

- Lunch N' Life. Noon-2 p.m. The Lutheran Church of the Abiding Presence, 6304 Lee Chapel Road, Burke. The entertainment will be the Capital Swing Quartet, a women's A capella group. Reserve to Faye Quesenbery at 703-620-0161 by Jan. 15. \$10. Call SCFB office 703-323-4788 for transportation. www.scfbva.org.
- **Capital Swing Quartet**. Noon-2 p.m. Abiding Presence Lutheran Church, 6304 Lee Chapel Road, Burke. Presented by the Shepherd's Center of Fairfax-Burke. www.scfbva.org. 703-620-0161.
- Genealogist Barry J. MacDonald. 7-8:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Meet local author and genealogist Barry MacDonald, who for nearly 40 years has traced his remarkable family tree through six centuries and two continents, including colonial New England and Virginia. Hear amazing family stories and get great advice to begin your own research. Adults and teens. 703-978-5600.





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SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

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1/27/2016	Community Guide	
1/27/2016	Winter Fun, Food, Arts &	
Entertainment; Valentine's Preview		
FEBRUARY		
2/3/2016		
2/3/2016	Wellbeing – National Children's	
Dental Health	Month	
2/10/2016	HomeLifeStyle	

2/10/2016	
2/17/2016	A+ Camps & Schools
2/24/2016	Pet Connection

MARCH

Centre View

Chantilly Connection

3/2/2016	Wellbeing	
3/9/2016Hom	neLifeStyle Real Estate Pullout	
3/16/2016	A+ Camps & Schools	
3/23/2016Spring Fun, Food, Arts & Entertainment		
FCPS Spring Break 3/2	21-3/25	

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McLean Connection

Mount Vernon Gazette

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Sports

WSHS Grad Robinson Moving Up Duquesne Scoring List

Senior has Dukes off to best start in program history.

> By Jon Roetman The Connection

pril Robinson began her Duquesne women's basketball career as a quiet freshman playing significant minutes while trying to fit in with a team full of upperclassmen.

Three years later, the 2012 West Springfield graduate has matured into a confident leader who continues building her case to be considered one of the best to ever wear a Dukes uniform.

On Jan. 7, Robinson returned to Fairfax County as Duquesne, located in Pittsburgh, traveled to George Mason for an Atlantic 10 Conference contest. Robinson finished with 11 points, seven assists and three rebounds, helping the Dukes defeat the Patriots 72-56.

ROBINSON, who won three district championships, one region title and made three state playoff appearances during her four years at West Springfield, said she's a different player than she was early in her college career.

"I have a little bit more confidence," she said. "As a team, we have a lot of momentum. Just to play in front of my family and all my friends, it's a great feeling. We ended up coming out with the win. Probably wasn't the prettiest game, but a win is a win. ... The biggest thing I tried to change is my leadership role. We have a young group of girls, a lot of freshmen, just trying to get them on the same page and show them what Duquesne is all about."

With her 11-point performance against George Mason, Robinson moved into 11th place on the program's all-time scoring list with 1,309 points, leaving her three points shy of the top 10 and 136 short of the top five.

"Honestly, stats don't really matter, it's just going out every day and giving it your greatest effort and just playing a good game," Robinson said. "Yeah, it's a good feeling, but we've still got a lot of work to do and my main goal right now is just to win the Atlantic 10 championship and go to the NCAAs [and] make school his-12 ***** BURKE CONNECTION ***** JANUARY 14-20, 2016

April Robinson and the Duquesne women's basketball team are focused on trying to qualify for the NCAA Tournament for the first time in program history.

> Photo by Craig Sterbutzel The Connection

tory."

While Robinson downplayed her statistical accomplishments, it's hard to ignore her numbers. Despite shooting 0-for-8 and going scoreless against Fordham three days later, the 5-foot-8 point guard was still second on the team in scoring through 16 games at 13.7 points per contest. She was also first in assists (8.1) and tied for third in rebounding (6.3).

"She's our catalyst," third-year head coach Dan Burt said. "We go as she goes. She is the person that stirs the drink."

Burt was an assistant under Suzie McConnell-Serio when Robinson was a freshman during the 2012-13 season. Burt took over as Duquesne head coach in 2013 when McConnell-Serio, the 2004 WNBA Coach of the Year with the Minnesota Lynx, took the head coaching job at the University of Pittsburgh.

"[Robinson] was as quiet as a country mouse as a freshman on a team of all upperclassmen that was a very talented team and she started every game and understood her role," Burt said. "At the end of the year, our head coach left and [Robinson] had many opportunities to leave, and I'm sure she had a lot of people behind the scenes that were trying to talk her into that, [but] she was loyal and she stayed. As a sophomore, she really found her voice and began to lead. As a junior, she clearly became our catalyst.

"... She's done everything in a professional manner since the moment she arrived on our campus. I can't think of a practice that she has taken off. I can't think of her ever being disrespectful or taking a play off. April is the consummate professional and I think that's why once she's done with us, she'll be a very good professional player and then after that as a coach."

While Robinson will be remembered for her individual success, No. 32 can cement her legacy by 14-20, 2016 helping lead the Dukes to unprecedented heights as a team. Duquesne's 55-40 victory over Fordham on Jan. 10 in Pittsburgh improved the Dukes' record to 15-1 — the best start in program history — and extended their program-record win streak to 14 games.

DUQUESNE was ranked in the USA Today/Coaches Top 25 Poll for the first time in program history this week. The Dukes are ranked No. 25, tied with DePaul.

Robinson and the Dukes have their sights set on what would be another program first: qualifying for the NCAA Tournament.

"I said it [to Robinson] before the beginning of the year: you've already had a hall of fame career," Burt said. "You want to hang your jersey in the rafters — and we only have two people who have hung their jersey — you get us to the NCAA Tournament and your jersey goes in the rafters, and she's deserving of that."

Korie Hlede (1995-98), the program's all-time leading scorer with 2,631 points and a the No. 4 pick in the 1998 WNBA draft, and Beth Friday (2000-03), Duquesne's seventh all-time leading scorer with 1,410 points, have their jerseys hanging in the Duquesne rafters.

Duquesne will return to Robinson's home state in late January. The Dukes will take on Richmond at 7 p.m. on Thursday, Jan. 28, and will face VCU at 1 p.m. on Sunday, Jan. 31. The Atlantic 10 tournament is March 2-6 in Richmond. "A lot of people had their doubts about us, but I think we're making a name for our university," Robinson said, "and we're playing our best basketball right now and hopefully it continues." After initially downplaying her statistical accomplishments, Robinson said she will have fond memories of her success.

"I can tell my kids one day," she said.

Hayfield gymnast Molly Overstreet won the bars competition during a meet at Oakton High School on Jan. 9.

Hayfield Gymnast Overstreet Returns for Senior Season Two-time state champ consider quitting due to back pain.

By Jon Roetman The Connection

olly Overstreet's back pain was severe enough that the two-time state champion didn't know if she would compete during her senior season.

Overstreet, who won a state vault championship as a freshman and captured the state bars title with a VHSL record score of 9.925 as a sophomore, endured constant back pain caused by a long career in gymnastics. As a junior, she continued to battle and managed to win a region title on bars and qualify for states in the allaround. After states on March 8, however, she decided to take a rest.

A lengthy rest.

"She landed ... whatever her last routine at state was and didn't do any gymnastics until November," said Hayfield assistant coach Kristin Overstreet, Molly's mom.

Overstreet was a member of the Hayfield cheer team in the fall. After roughly eight months away from gymnastics, she had a choice to make.

"Originally, right when cheer ended, she said, 'I'm not doing it, I'm not doing it, I'm not doing it," Kristin Overstreet said. "I let her say that for a while, but then it just went back to it's her senior year, it's her last year, it's her last opportunity [and] we're going to have a good team this year ..."

Overstreet decided to return to the gymnastics team this year, and so far, it's been an enjoyable decision.

"I realized it's my senior year," she said, "why not do [gymnastics] one last time?"

Competing in their first meet of the season on Nov. 30 at Mount Vernon High School, the Hawks won as a team for the first time in the program's fiveyear history.

Hayfield gymnasts let out joyous screams when the results were announced. Head coach Shelly Pennow cried and texted her family. The accomplishment was announced over the loudspeaker at school.

"It was awesome," Molly Overstreet said.

On Jan. 9, Hayfield competed at a four-team meet at Oakton High School. The Hawks finished third with a score of 134.4, falling 1.2 points shy of second-place Oakton. Yorktown SEE OVERSTREET. PAGE 15









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ST. STEPHEN'S & ST. AGNES SCHOOL is hosting an

EDUCATOR OPEN HOUSE Saturday, January 23 at 9:00 A.M. Presentation begins at 9:20 Learn more about teaching at our school and finding

jobs in private schools. Teachers of diverse backgrounds and experiences are encouraged to attend. Register online: **www.sssas.org/educator** 1000 St. Stephen's Rd., Alexandria, VA 22304 703-212-2284

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News



PVI Student-Athletes Sign to College Teams

Seventeen student-athletes from Paul VI Catholic High School in Fairfax recently signed letters of intent to play collegiate sports. Pictured, First Row: Jasmine Whitney (Pittsburgh Basketball), Raven James (Villanova Basketball), Maddie Aker (George Mason Softball), Nick Ancona (Wagner Lacrosse), Michael McCormick (Gettsyburg Lacrosse), Adam Baker (Mount St. Mary's Lacrosse). Second Row: Luke Davies (VMI Lacrosse), Jack Cunningham (Boston College Baseball), Clayton Baine (Radford Baseball), Michael Coritz (Naval Academy Baseball), Devon Adams (ODU Baseball), Tim Dickson (Delaware Valley Lacrosse). Back Row: Hannah Kurisky (Fairfield University Lacrosse), VJ King (Louisville Basketball), Corey Manigault (Pittsburgh Basketball), Kevin Kelly (James Madison University Baseball), Brooke Stanley (Winthrop Volleyball).

Bulletin Board

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAYS/DEC. 3-FEB. 3

Grief Support Group. 10:30 a.m.-noon. Clifton Presbyterian Church, 12748 Richards Lane, Clifton. The Clifton Presbyterian Church is offering to the church and community a Grief Support Group for those who have experienced a recent death and loss in their lives. This group will offer a safe and supportive place for participants to explore ways to walk the journey of grief and to "wrestle" with difficult, and sometimes unanswerable, questions. Dec. 3, 10, 17; Jan. 7, 12, 21, 28; Feb. 3.

office@cliftonpc.org. 703-830-3175.

THURSDAY/JAN. 14

- How to Get the Best from Your Cable Company. 7-8:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Having trouble with your cable services? Learn how deal with cable service problems like outages, blurry screens and frustrating customer service. Learn tips to save money, file complaints and make your community safer from an expert. Adults. 703-978-5600.
- What to Look for in a Facility. 3 p.m. Insight Memory Care, 3953 Pender Drive, Suite 100, Fairfax.learn what questions to ask, what to look for on a visit, and how to make choosing a residential facility easier. RSVP. 703-204-4664. InsightMCC.org.

Overstreet

From Page 12

won the event with a score of 144.2. Unlike previous years, Overstreet isn't the only Hayfield gymnast experiencing success.

"It's been good for overall team confidence," Pennow said. "It gives the lessexperienced girls something to strive for. It gives them all a little bit more confidence and they're really pushing each other because they can see they have an actual shot at doing really well at conference as a team and it's not just about Molly this year."

Overstreet finished second in the allaround on Saturday with a total of 37.2, one-tenth of a point behind Yorktown freshman Julia Hays. Overstreet won the bars competition with a score of 9.75, and placed second on beam (9.3) and third on floor (9.4) and vault (8.75).

"She's not there yet but I feel like she's getting there, maybe even a little bit quicker than last year," Kristin Overstreet said. "She's got a little bit of a fire in her." Hayfield's Jessica Combs finished seventh in the all-around (34.15), Raquel Pauly took ninth (33.05) and Rachel Wake finished 11th (28). Combs tied for second on beam (9.3) and finished sixth on vault (8.6).

Hayfield will compete in a meet at Mount Vernon at 6:30 p.m. on Thursday, Jan. 21. The Conference 6 meet is scheduled for 6 p.m. on Feb. 5 at Washington-Lee.

