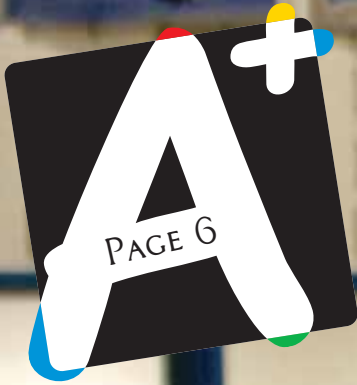


A Historic Year for Warhawk Wrestling

SPORTS, PAGE 8



Madison's Ryan Partridge won the 220-pound 6A North region wrestling championship on Feb. 13 at Fairfax High School. Tyler Megonigal and Drew Smith also won region titles in their categories.

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PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

From Green Bean to 'Green'

NEWS, PAGE 3


Vienna Business Association Installs New Board Members

NEWS, PAGE 2

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NEWS



PHOTOS BY DONNA MANZ/THE CONNECTION

Vienna mayor Laurie DiRocco swore in the Vienna Business Association's 2016 Board of Directors.

Vienna Business Association Installs New Board Members

The Vienna Business Association installed its 2016 Board of Directors, headed by chairman Mary Kay Claus, on Feb. 12, at the association's luncheon meeting. Incoming chair for 2017 is George Creed.

Town of Vienna mayor Laurie DiRocco inducted the new officers. The office of U.S. Rep. Gerry Connolly (D-11) was represented by Alex Robbins. Although Rep. Connolly was out of the country

for the meeting, he had entered into the Congressional Record the recording of the new board of directors. Each board member received a copy of the record.

Chairman Claus gave the VBA State of the Union remarks.

The Vienna Business Association was founded three-and-a-half years ago as a voice for Vienna's business community and catalyst for community events. Since its formation, VBA has organized and hosted the annual Vienna Hallow-

een Parade, Oktoberfest and First Night Vienna celebration, events that are free to the public. It holds both breakfast and luncheon meetings and runs a networking breakfast group that meets twice a month. Members sponsor social mixers, as well.

On April 7, VBA holds its inaugural awards gala, open to the community.

For information on joining the Vienna Business Association, go to www.ViennaBusiness.org.



Chairman of the Board of Directors of the Vienna Business Association, Mary Kay Claus, gives the VBA state of the union address.



Alex Robbins, representing the office of U.S. Rep. Gerry Connolly, gave each new Board member a copy of the Congressional Record in which Rep. Connolly had entered VBA's Board induction. Rep. Connolly was out of the country while the installation took place.

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday.

Emmanuel Lutheran Church, 2589 Chain Bridge Road in Vienna will hold a drive-thru service that quickly provides ashes and prayer to Christian observers of Ash Wednesday in the

church parking lot on Wednesday, Feb. 10 from 6-8:45 a.m. For more info, go to www.elcvienna.org or call 703-938-2119.

The Antioch Christian Church offers a time of Prayer and Healing on Wednesday evenings at 6:30 p.m. for anyone wanting encouragement and healing through prayers. People are available to pray with you or for you. Antioch Christian Church is located at

1860 Beulah Road in Vienna. www.antiochdoc.org.

Vienna Christian Healing Rooms are open, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.



Be Part of The Pet Connection in February

Send Your Photos & Stories Now to editors@connectionnewspapers.com or complete our online form at connectionnewspapers.com/pets

Be sure to include your name, address and phone number, and identify all people and pets in photos.

From Green Bean to 'Green' Caffe Amouri wins Virginia Green Restaurant of the Year award.

BY DONNA MANZ
THE CONNECTION

When Caffe Amouri opened in July of 2010, owner Michael Amouri incorporated immediately the shop's goals laid out in Amouri's business plan: quality, community, sustainability. Each of his goals have been met on a continuing basis over the lifetime of Caffe Amouri, whose customers patronize the coffee house for "community" as much as they do for the quality of its small-batch coffee beans Amouri roasts daily.

And, with no bid by Caffe Amouri to the Virginia Green Travel Alliance [VGTA] for this recognition, the association honored Caffe Amouri as Virginia's "Green Restaurant of the Year."

On Feb. 24, Caff  Amouri officially receives the Virginia Green Travel Star Award as the Green Restaurant of the Year for its "exceptional efforts to reduce the environmental impacts of its operation," says Tom Griffin, the executive director of the Virginia Green Travel Alliance.

"... Virginia Green Travel partners like Caff  Amouri are truly leading our program's efforts to reduce environmental impacts and increase green tourism business in Virginia," Griffin said.

SUSTAINABILITY, Amouri said, would be an important attribute of his mission statement.

"I just knew we'd seek out ways to conserve resources, implement sustainable practices," he said.

From cold cups made of corn starch rather than plastic, fettuccine coffee stirrers (big hit with little kids), windows that open in warm weather, and coffee grounds set out in a bin for free use by local gardeners, all underscore Amouri's commitment to sustainability, "leaving the earth a better place for our children," he says.

While "green" practices cost more than conventional, the expense is worth it personally to Amouri. "You can't pass those costs on to customers, so, we just eat it," Amouri said.

"If something is good for people, the environment, it's worth it. I can sleep at night knowing I've tried my best."

The copious amount of coffee grounds that Caffe Amouri produces every day disappears quickly after being set outside. Acid-loving plants, such as azalea, thrive with coffee-bean compost.

Amouri's business ethos takes human capital into its fold. "When I buy coffee beans from my brokers, they have a lot of relationships with the growers themselves. Whenever possible, we buy from small farmers. It's human sustainability."

Caffe Amouri's baristas are trained to go beyond making a perfect cup of coffee, Amouri said. They learn the nuances of the beans and are always ready to describe a bean's attribute to a customer. More than serving coffee and fine teas, the staff at Caffe Amouri greet customers as they would



Caffe Amouri owner Michael Amouri uses cornstarch cold cups and fettuccine stirrers in the coffee house honored as the "Green Restaurant of the Year" by the Virginia Green Travel Alliance.



Caffe Amouri manager Nicki Amouri shares the floor with the coffee shop's bean roaster.



Even cup sleeves are recycled at Caffe Amouri. Coffee grounds are left outside for local gardeners to take and use in their gardens.

PHOTOS BY
DONNA MANZ
THE CONNECTION

friends, and neighbors meet neighbors here.

"I love the neighborhood feel of this little gem," said Vienna Arts Center director Lu Cousins. "So many times when I come in, folks at the tables will give me a quick wave, and, as we sit and sip on the delicious coffee, neighbors stop by and share news or ask what's going on in my world. What's not to love?"

CUSTOMERS who know Michael Amouri or his daughter Nicki, the shop's manager, stop to greet them when they enter or leave. They read the notices on the cork board or peruse the covers of the vinyl albums hanging on the wall. When the coffee house is busy, customers will share tables.

Caffe Amouri is a part of the community. Sipping a cup of coffee at Caffe Amouri, is "like having a coffee at home, just the way I like it," said Gary Moonan, a regular customer and Virginia Business Association colleague of Amouri.

Amouri is, once again, on the board of directors of the VBA and First Night Vienna was Amouri's idea.

Caffe Amouri features open mic nights and Penny University presentations by local specialists in their fields. Amouri and his coffee house support charities and nonprofits with donations and events.

"No matter what I've done, it's been fun doing," said Amouri. "This shop is fun. I'm not going to do anything if it is not fun for me."

Join the Caffe Amouri community at <https://www.facebook.com/CaffeAmouri/?fref=ts>.

OPINION

Fairfax Presses Ahead with Diversion First

When police encounter someone in mental health crisis, they can transport them to Merrifield Crisis Response Center instead of jail.

Natasha McKenna died a little more than a year ago on Feb. 7, 2015. McKenna, with a long history of severe and often untreated mental illness, had been deteriorating in the Fairfax County Adult Detention Center since Jan. 26, 2015, arriving directly from release from the hospital on an outstanding warrant from the City of Alexandria charging felonious assault on an Alexandria police officer.

We can't know whether new efforts to provide people in mental health crisis might have saved her life if they were available and put in place early in this particular crisis, which appears to have begun a month before her death. McKenna's death is a terrible tragedy, and no new program will remove that horror.

But it's clear that treatment rather than jail can make all the difference for many people who come into contact with law enforcement in a mental health crisis. Diversion First is a collaborative effort in Fairfax County to reduce the number of people with mental illness in the county jail by diverting low risk offenders experiencing a mental health crisis to treatment rather than bringing them to jail.

Sheriff Stacey Kincaid estimates that 40 percent of detainees at the Fairfax County Adult Detention Center have mental illness. Notably, it is far more expensive to house someone in

county jail than to provide treatment.

The collaborative effort was in no small part launched by Supervisor John Cook when he asked that the Board of Supervisors to add crisis intervention training to the scope of work of the Ad Hoc Police Practices Review Commission. The Mental Health subcommittee along with the Community Services Board, the Sheriff's Department, police and mental health advocates set and met an aggressive agenda

Freedom of Information on Life Support in General Assembly?

Sen. Chap Petersen (D-34) cites FOIA on life support in his blog oxroadsouth.com:

"Last week, the Assembly passed SB 202, which undid a major push eight years ago to ensure that all of our public spending was 'online' and searchable by ordinary citizens. This, of course, meant disclosing the salaries of public employees over a certain income level. However, SB 202 has undone all of that, which means that you will no longer know how much a public employee (even a city manager) is paid unless you make a formal FOIA request. (Because we all have time to do that).

"This bad idea passed on a 27-12 vote.

"Today the Senate passed SB 552 which is even more sweeping. It actually prohibits from disclosure not just the salary information but

and timetable for implementation, with the program actually beginning in less than a year, on Jan. 1, 2016. In the first month, the Merrifield Crisis Response Center handled more than 100 cases involving police and people in mental health crisis.

Merrifield Crisis Response Center operates as an assessment site where police are able to transfer custody of nonviolent offenders who may need mental health services to a CIT-trained officer or deputy assigned there, instead of taking them to jail.

How far-reaching, life-saving and resource-preserving Diversion First will turn out to be will depend on how it is implemented and the discretion and policies of the police and prosecutors, among others.

even the names of public safety personnel, including the Sheriff, the Chief of Police and the Fire Chief.

"On the floor today, I pointed out that a Chief of Police could put his own family on the payroll and be protected from disclosure. This could also be an issue if a law enforcement agency hires an officer with a poor record from another jurisdiction — and nobody knows. Again, who are we protecting?"

"Again, the bill passed 25-15."

"If I'm making a veto list, these two are definitely on it."

We agree.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Building on Success

BY BARBARA COMSTOCK
U.S. REP. (R-10)

Congress continues to work together in a bipartisan manner on an issue that grabs headlines throughout the country and here in Northern Virginia. Human trafficking is a growing global criminal enterprise that knows no bounds. Nearly 300 victims of human trafficking have been identified in Northern Virginia from October 2013 through January 2015. This scourge that targets our young and vulnerable is in our very own backyard.

To effectively combat human trafficking we need to give our law enforcement the tools they need to do their job. Earlier this month, the House passed and the president signed into law H.R. 515, the *International Megan's Law to Prevent Child Exploitation and Other Sexual Crimes Through Advanced Notification of Traveling Sex Of-*



fenders. This important bipartisan legislation, which I co-sponsored, will protect children worldwide from sexual predators who want to do them harm by better tracking their movements and

travel. It is imperative that law enforcement on the international level constantly talk with one another so that these predators do not slip through the cracks.

We also need to have assets other than law enforcement who can spot when something just seems out of place. That is why I teamed up with Congresswoman Dina Titus (D-Nev.) this month in introducing the *Secure Our Skies (SOS) Act*. This legislation will require airline industry employees to get the proper training to recognize and report human trafficking. Sara Nelson, president of the Association of Flight Attendants-

Congress passes more legislation to fight human trafficking.

CWA, said the legislation "...can save lives with 100,000 trained eyes in the sky." The SOS Act is the type of common sense legislation that will help combat human trafficking because it uses the power of those in the airline industry as a force multiplier. Just last week, the Transportation and Infrastructure Committee, on which I serve, passed Federal Aviation Administration reauthorization legislation that incorporated much of this human trafficking bill.

These pieces of legislation are part of a multipronged bipartisan approach to rooting out human traffickers. So far in the 114th Congress I have co-sponsored ten pieces of legislation on human trafficking and become a member of the Congressional Human Trafficking Caucus. Last year, S. 178, the *Justice for Victims of Trafficking Act*, one of the most comprehensive pieces of anti-human trafficking legislation, passed the

House. The legislation provides restitution to victims of these horrible crimes and increases the punishment for those who profit from them. It also recognizes child pornography as a form of human trafficking and subjects perpetrators to stricter punishment. This legislation, which I cosponsored, was signed into law by the president last year.

One of the most important ways to address human trafficking is to shed light on this dark subject through public education. As part of our office's 10th Congressional District Young Women Leadership Program, I have had panels with local law enforcement and a number of human trafficking nonprofits including Just Ask VA and Polaris to discuss human trafficking with middle and high school aged girls. We have also participated in a number of other forums in churches, libraries and schools throughout the Northern

SEE COMSTOCK, PAGE 11

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NEWS

Lieutenant Louis "Lou" Forges Retires from the Vienna Police Department

On Feb. 1, Lt. Louis "Lou" Forges retired from the Town of Vienna Police Department. Lt. Forges provided the residents in the Town of Vienna with more than 26 years of dedicated service.

He began his career with the department in January of 1990.

After his graduation from the 16th Session of the Fairfax County Public Safety Academy, he was assigned to the Patrol Section.

In April of 2002, Lt. Forges was promoted to the rank of Sergeant and was transferred to the Criminal Investigation Section as an Investigator.

He held that possession until he was promoted to the rank of Lieutenant in August of 2005.

In 1992 he received the Mothers Against Drunk Driving (MADD) award for his Excellence in DWI Enforcement and Substance Abuse Prevention.

In 1998 he received the Outstanding Performance Award for leading the department in arrests and traffic summonses and in



Lt. Louis "Lou" Forges and Col. James A. Morris.

2000, he received the Vienna Optimist Club Officer of the Year Award.

Lt. Forges is a native of Cleveland, Ohio and graduated from Edinboro University with a bach-

elor of science Degree in Criminal Justice.

In his retirement Lt. Forges will be returning to Cleveland, Ohio to spend time with family and his dog Harley.

PHOTO COURTESY OF ADAM KINCAID

Vienna Crime Reports

Notable incidents from the Vienna Police Report from Feb. 5-11.

Incidents

Fraud - 500 Block MacArthur Avenue, NE. Between Jan. 26 at noon and Feb. 8 at noon. A resident reported her personal identification had been compromised through a data breach with Anthem Insurance. She stated since that time there had been two occasions when someone attempted to open a Capital One credit card in her name. Both attempts were unsuccessful. This case is being investigated.

Arrest - Warrant Service - 400 Block Berry Street, SE. Feb. 4, 8:50 a.m. Officer Post received information that a resident was wanted on a warrant from the King George County Sheriff's Office. After arriving at a residence she located the individual, a 29-year-old man from Birch Street, SW in Vienna. The man was transported to the Fairfax County Adult Detention Center where

he was served with the warrant and released on an unsecured \$1,000 bond.

Lost Property - 100 Block Patrick Street, SE. Feb. 4, 1 p.m. A resident reported he lost his wallet somewhere between Washington, D.C. and Vienna.

Suspicious Event - 300 Block Locust Street, SE. Feb. 4, 7 p.m. A resident reported his dog alerted to someone at the front door. He stated he went to investigate and found a packet of Gummy Bears attached to an advertisement for Liberty Tax Services. He felt this was suspicious as it could be tempting to children.

Found Property - 1100 Block Westbriar Court, NE. Feb. 5, 6:53 p.m. A resident turned in a men's wallet he found near the creek by his home. An officer attempted to contact the

SEE POLICE, PAGE 12



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Time To Plan for Kids' Summer Camp Adventures

Local camp fair offers sampling of summer programs.

BY MARILYN CAMPBELL
THE CONNECTION

Under a blanket of February frost, summer might seem light years away, but it's closer than one might think. As coveted slots fill at some of the area's most sought-after camps, now is the time to begin planning, say camp directors. With options ranging from sailing to fencing, narrowing down the decision can be daunting. That's why local camp fairs can be a valuable one-stop-shopping service for choosing summer activities. Hundreds of camp representatives will be on hand for the Northern Virginia Camp and Summer Fun Expo on Feb. 20-21 at 2100 Dulles Town Circle, Dulles.

"We will have a lot of exhibitors in one location so that parents can see a variety of camps to make sure that their children have a fun summer," said Samantha Carter of Washington Parent, the event's sponsor. "There are programs to fit every budget."

Camp fairs, says Carter, offer parents an opportunity to meet representatives from a variety of camps, gather information and ask questions. "We have camps from all up and down the eastern seaboard, even as far away as Maine."

With so many choices, narrowing the list of options can leave many parents feeling flummoxed. Camp experts shared a few key factors parents should consider before settling on summer camps to help avert unpleasant surprises.

SCHOOL NOTES

Send school notes to vienna@connectionnewspapers.com by Friday.

Eight students from Fairfax County Public Schools — all attending Thomas Jefferson High School for Science and Technology (TJHSST) — have been named semifinalists in the 2016 Intel Science Talent Search. The students, with their project names in italics, are:

- ◆ Jake Cui, A Machine Learning Approach to



PHOTO COURTESY OF NORWOOD SCHOOL

Now is the time to plan for summer camp, say experts.

"First, I think that parents should take their children into consideration, and the kinds of activities they like to do and whether they are being offered at the camps they are looking at."

— Kevin Rechen, Summer Camp director, Norwood School in Bethesda, Md.

"First, I think that parents should take their children into consideration, and the kinds of activities they like to do and whether they are being offered at the camps they are looking at," said Kevin Rechen, Summer Camp

director for Norwood School in Bethesda, Md.

It's a good idea to inquire about the camper to staff ratios and the types of staff the camp will hire, such as adult teachers or

Summer Camp Fair

The Northern Virginia Camp and Summer Fun Expo

Feb. 20-21, Saturday, 10 a.m. - 4 p.m., Sunday, 11 a.m. - 4 p.m.
2100 Dulles Town Circle, Dulles

activity specialists. "Who are the individuals who will watch over the campers and what kinds of licenses do they have?" asks Francesca Reed, a mother of two and associate vice president for Enrollment Management at Marymount University in Arlington.

Safety and medical considerations are also key factors to consider, especially for children who have allergies or other medical issues. "Is there a nurse on site?" asks Stacie Gottlieb, director of Summer Programs at Bullis School in Potomac, Md. "What safety and medical procedures [does the camp] have in place?"

Reed suggests parents also inquire about a camp's drop off and pick up times, availability of after-care services and whether fees are charged for late arrivals. "Some of the basic questions are the cost and any additional fees that might not be apparent," said Reed. "Find out the camp's reimbursement policy in case you have to cancel before camp starts or while it's in session."

For parents who have more than one child who will attend camp, Rechen suggests looking for camps that offer an assortment of activities that appeal to children of different ages. "For the sake of convenience, it's key for a lot of parents to have all of their children in one camp, so they don't have to make multiple trips each and every day," he said. "Having a variety of programs for a wide age range also allows younger children to see the activities that they have to look forward to as they get older."

of Heavy Metal Resistance in Non-tolerant Multi-generational Brassica rapa.

◆ Kunal Shroff, The Relationship Between Lethality and Genomic Instability in Euploid and Aneuploid Yeast Cells Expressing Pathological Huntingtin.

◆ Matthew Sun, Hyperacute Temporal Resolution with a Neural Population for Biologically Plausible Firing Rate Change Detection.

◆ Jason Wei, Improving Lateral Flow Immunoassay Sensitivity by a Palladium-catalyzed Dye Reaction.

◆ Michael You, Two-degree-of-freedom Bubble Oscillations in Elastic Vessels and its Application in Sonar-induced Marine Mammal Injuries.

The 300 semifinalists were chosen from more than 1,750 entrants and will receive matching awards of \$1,000 along with their school.

This is the 75th year of the Science Talent Search, which Intel has sponsored since 1998, providing \$1.6 million in awards and scholarships to contestants.

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Madison's Ryan Partridge won the 220-pound 6A North region wrestling championship on Feb. 13 at Fairfax High School.



Madison's Tyler Megonigal, top, won a 10-4 decision against Chantilly's Samuel Tenaglia to capture the 152-pound 6A North region wrestling title on Feb. 13.

Three Madison Wrestlers Win Region Titles

Madison wrestlers Ryan Partridge, Tyler Megonigal and Drew Smith each won a championship in his respective weight class on Saturday, Feb. 13 during the 6A North region meet at Fairfax High School.

Partridge finished first in the 220-pound bracket, beating West Potomac's John Holzworth via 5-4 decision. Partridge trailed 3-0 entering the third period, but battled back to win with a late takedown.

After Partridge tied the score at 3 with a takedown, Madison coach Shawn Hutchinson signaled for the senior to let Holzworth get back on his feet in order to go for another takedown and the win, Partridge said.

Trailing 4-3 after allowing an escape, Partridge got the takedown he was looking for.

"My coaches knew that wrestling on my feet is one of my strengths," Partridge wrote in an email, "and that I have the conditioning to gas my opponents late in matches."

Partridge needed just 21 seconds to pin Centreville's Shane Ross in the opening round. He then won a 15-8 decision against South County's James Momon and a 10-7 decision against Robinson's Ieuan Israel to reach the final.

"It felt really special to win the regional



Madison's Drew Smith beat Annandale's Sergio Martinez to win the 285-pound 6A North region wrestling title on Feb. 13.

title in front of my family, friends, coaches and teammates who have supported me every step of the way," Partridge wrote. "Everyone in the Northern Region has known each other since we were in elementary school and, although we compete hard

against each other on the mat, it's a real brotherhood off of it and it feels great to have had some success these last weekends in that fraternity.

"... I felt confident that I could do some damage at this year's regional tournament.

I earned a good seed after winning my conference and felt like I was peaking at the right time. I enter every tournament simply wanting to wrestle well. I knew I could win the Northern Region, but anything can happen on a wrestling mat and often does. I have the same mindset looking on to states. If I wrestle hard and leave it all on the mat, I will be happy with the results."

Megonigal, a senior, captured the 152-pound title, winning a 10-4 decision against Chantilly's Samuel Tenaglia in the final.

Smith, a senior, won the 285-pound title with a 1-0 decision over Annandale's Sergio Martinez.

Madison senior Bobby Kurtzke placed third in the 126-pound bracket, and senior Taylor Christensen finished fourth at 138.

The 6A state wrestling championships will be held Feb. 19-20 at Oscar Smith High School in Chesapeake.

"It was a historic year for Warhawk Wrestling," Partridge wrote. "We battled through a lot of injuries and adversity and everyone on the team battled hard to the best of their ability this weekend. Having five guys qualify for states is by far the best we have done in recent memory. I think we all want to wrestle well, honor our teams and coaches, and hopefully bring some hardware back to Vienna."

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

SPORTS ROUNDUPS

Loudoun Freedom Tryouts

The Loudoun Freedom is a competitive basketball organization for girls only. It provides players the opportunity to develop advanced basketball skills and knowledge, and to play in a very competitive environment. The Freedom emphasizes player development starting in third grade and continuing through high school. Open tryouts will be held for grades 3-8

on Sunday, Feb. 21 at Harmony Middle School. Teams are formed at all playing levels to include an ELITE team at the eighth-grade level. www.LoudounFreedom.com for specific tryout times/locations. Pre-registration is highly encouraged.

Looking for Umpires

Northern Virginia Baseball Umpires Association is in need of umpires for youth leagues, high schools, and collegiate-level baseball and volleyball games. Experience

is helpful, but not required. Will give classroom and field training to aid you in acquiring skills needed. Contact John Porter at 703-978-3601 or assignor@umpires.org.

Field Hockey Coaches, Umpires Needed

Coaches and umpires are needed for our upcoming spring season. Umpires needed for youth games on Saturdays. Send coach inquiry to info@potomacfieldhockey.org; send

umpire inquiry to umpire@potomacfieldhockey.org.

Field Hockey Open House

Learn more about field hockey. Potomac Field Hockey will be holding open houses on March 1 and March 3 from 5-7 p.m. Drop in any time. Equipment provided. For more information and to RSVP, visit www.potomacfieldhockey.org.

CALENDAR

Send announcements to north@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged.

ONGOING

Northern Virginia Photographic Society Art Show. Monday-Saturday, 10 a.m.-5 p.m. Jan. 15-Feb. 29. The Frame Factory, 212 Dominion Road, NE, Vienna.

McMurry Artist Showcase. Feb. 1-24. Broadway Gallery Fine Art and Framing, 1025-J-Seneca Road, Great Falls. Local artist Richard McMurry's stylized landscape paintings will be on display. www.broadwaygallery.net. 703-450-8005.

"When the Rain Stops Falling." Feb. 4-28. 1st Stage Tysons, 1524 Spring Hill Road, Tysons Corner. Epic in scope and poetic in language, this beautiful, haunting play crosses continents and challenges the boundaries of time to tell the story of one family and the events that bring them together and drive them apart. \$15-\$30. www.1ststage.com. 703-854-1856.

Pigments of My Imagination. Jan. 4-March 31. Great Falls Library, 9830 Georgetown Pike, Great Falls. Long time Great Falls resident Donna Barnako, has created over a dozen colorful and whimsical small works. Her subjects are varied, from pigs to puppies and cowboy boots.

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and Titles vary. Free admission.

"1776." Fridays and Saturdays, 8 p.m. Sundays, 2 p.m. Through Feb. 21. Alden Theatre, 1234 Ingleside Ave., McLean. The founding fathers who participated in the creation and signing of one of the most important documents in our nation's history are presented in a humorous way, with their human foibles and failings. Directed by Annie O'Neill Galvin; produced by Jerry Gideon and Jean Match. \$23-\$25. mcleanplayers.org. 866-811-4111.

Gentle Yoga. Thursdays, 6:30 p.m. Emmaus United Church of Christ, 900 E Maple Ave. E, Vienna. Saturdays, 9:30 a.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Gentle Kundalini Yoga, one free introductory session, senior discounts. Increase your flexibility, improve your breathing and health, reduce your stress. Ravi Kaur has 15 years experience teaching yoga. \$15 per session. www.edimprovement.org. 571-213-3192.

"Poetry in Motion" Exhibit. Tuesdays-Saturdays, 10 a.m.-4 p.m. From Feb. 2-27. Exhibition of VAS members paintings with the theme "Poetry in Motion. Free.

Tai Chi Beginners' Practice. Saturdays, 8-9 a.m. St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Weekly Tai Chi practice. Group has met for over 20 years. Free. FreeTaiChi.org. 703-759-9141.

"Wishes and Dreams" Exhibit. March 1-April 2. Vienna Art Center, 115 Pleasant St., NW, Vienna. Free. viennaartsociety.org. 703-319-3971.

THURSDAY/FEB. 18

The Jones Family Singers. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. The family that sings together stays together. The seven Jones children and their father, Bishop Fred A. Jones, have been making a joyful noise for more than 20 years. \$25. www.wolftrap.org.

FRIDAY/FEB. 19

Kevin Griffin of Better than Ezra. 8 p.m. The Barns at Wolf Trap, 1635



PHOTO CONTRIBUTED

Copy of Marcelle Lender Dancing the Bolero by Toulouse Lautrec from the National Gallery of Art, 35 x 36" oil by Richard Neff will be in the "Poetry in Motion" exhibit by the Vienna Arts Society from Feb. 2-27.

Trap Road, Vienna. Frontman of the alt-rock band Better Than Ezra, this prolific singer/songwriter has penned numerous hits for Train, Sugarland, James Blunt, Howie Day, Missy Higgins, Blondie, and more. \$25-\$27. www.wolftrap.org.

Learn the beautiful footwork and graceful hand motions of a hula 'auana, modern hula, to a special mele, Hawaiian song. Ages 13 to adult. \$20. www.wolftrap.org.

WEDNESDAY/FEB. 24

1964 The Tribute. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Recreates the Fab Four's early '60s concerts—see their astonishing show live, complete with period instruments, clothing, hairstyles, and onstage banter. \$38-\$42. www.wolftrap.org.

THURSDAY/FEB. 25

Marty Stuart. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Grammy winner Marty Stuart's music reflects the rich legacy of his Mississippi roots and the intersection of gospel, drinking and cheating ballads, and rock. \$50-\$55. www.wolftrap.org.

FRIDAY/FEB. 26

Itamar Zorman, Kwan Yi. 7:30 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Violin and piano pieces by Mozart ("Sonata in B-flat Major K. 378"), Crumb ("Nocturnes"), Brahms ("Sonata in A Major"), Bartok ("Sonata no. 1 for Violin and Piano"). \$35. www.wolftrap.org.

McLean Art Society Meeting. 10 a.m.-noon. McLean Community Center, 1234 Ingleside Ave., McLean. Gavin Glakas, a well known portrait artist will be the featured presenter. He will bring his own model and will do an oil painting demonstration. Guests invited. 703-790-0123.

SATURDAY/FEB. 27

Scott Miller. 6:30 p.m. Jammin Java, 227 Maple Ave., E, Vienna. Staunton, Va. native, singer songwriter and farmer. www.jamminjava.com.

John Eaton, The Swingin' '30s. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Join renowned pianist and vocalist John Eaton as he interprets the Great American Songbook. \$25-\$27. www.wolftrap.org.

Friday-Sunday/Feb. 19-21

Hope on Ice. 3-8 p.m. Tysons Skate Rink, 1961 Chain Bridge Road, McLean. Community ice skating extravaganza benefiting American Cancer Society and honoring cancer survivors. U.S. Rep. Gerry Connolly (D-11th) will be present on Friday. DJ Civil, live music, entertainment and Luminaria on ice ceremony. First 50 cancer survivors receive commemorative T-shirt. \$12. skatetysonscorner@gmail.com. 703-673-8044.

SATURDAY/FEB. 20

Puppetry Festival. 10 a.m.-1 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Jim West Puppets and Crabgrass Puppets will present and perform. Children can enjoy two puppet shows and learn how to make their own puppets. \$15/\$10. http://ow.ly/WLmhq. 703-790-0123.

Winter Wine Tasting. 7-10 p.m. River Bend Golf and Country Club, 375 Walker Road, Great Falls. Mingle with and join your neighbors for a delicious selection of hors d'oeuvres, cheeses and fine wines. \$75. http://www.celebrategreatfalls.org/winter-wine-tasting/.

SATURDAY-SUNDAY/FEB. 20-21

HAPA. 7:30 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. Often described as the "Soundtrack of Hawaii," the ancient chants and warm, contemporary tunes of this group's liquid guitar runs are woven around clear harmonies and poetic lyrics. \$25-\$30. www.wolftrap.org.

SUNDAY/FEB. 21

Hula Dance Master Class. 3 p.m. The Center for Education, 1645 Trap Road, Vienna. Take a trip to the fascinating Hawaiian islands in this fun-filled hula dance master class.

PUBLIC NOTICE

**Public Hearing on the
McLean Community Center's
FY 2018 Programs**
Wednesday, March 23, 2016 at 7:30 p.m.

The Governing Board of the McLean Community Center is **seeking input from residents** of Dranesville Small District 1A at its Public Hearing on Programs for FY 2018, which runs July 1, 2017 through June 30, 2018.

The Board is interested in hearing residents' ideas on considerations for class offerings, community events, theatre programs, exhibits, tours, youth events and teen activities during the renovation period.

If you would like to speak at the hearing, call the Center to have your name placed on the speakers' list. You also may submit comments in writing to:
george.sachs@fairfaxcounty.gov

The McLean Community Center
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21 Announcements

ABC LICENSE
 JIGO, LLC trading as La Cote D'or Cafe, 6876 Lee Hwy, Arlington, VA 22213. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises; Mixed Beverage license to sell or manufacture alcoholic beverages. Jacques Imperato, owner
 NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

ABC LICENSE
 The Shamrock Arlington, LLC trading as The Spirits of '76, 3211 Washington Blvd, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises; Mixed Beverage license to sell or manufacture alcoholic beverages. Patrick Doody, Member
 NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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21 Announcements

ABC LICENSE
 Painerya LLC trading as Pio Pio Peruvian Cuisine, 762 Walker Rd, Ste A, Great Falls, VA 22066. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL(ABC) for a Wine and Beer On Premises and Mixed Beverages license to sell or manufacture alcoholic beverages. Benazur Pain, President.
 NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date to the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

I Never think of the future. It comes soon enough.
 -Albert Einstein

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One Hundred Pills



By KENNETH B. LOURIE

What exactly am I going to do with 100 pills? Well, barring unforeseen (good or bad) circumstances, I'll certainly continue to take them every four weeks: two the day before my chemotherapy infusion, two the day of and two the day after, as I've done so now, for this particular medication, going on 30-plus months. "Not that there's anything wrong with that," or new, for that matter. But when I refilled this prescription last week, I was surprised when, after the pharmacy customer-server opened the bottle to show me the pills and ask if I had any questions, she then mentioned the count: "100." That's a lot of pills, I thought, more than usual. Typically, I receive only 30 pills.

As I drove home from the pharmacy, I began to think (always dangerous). Why would my oncologist prescribe so many pills? I only need six per month. Is there a minimum he must order? A maximum? Did he over prescribe? Does he even have any input? Perhaps he's projecting my life expectancy? One hundred pills divided by six per month calculates to 17 months/infusions for which I now have pills. I don't want to look a gift oncologist in the mouth, but as a seven-year cancer survivor, I'm well aware that cancer treatment/results are hardly cast in stone and 17 months seems like a long time not yet gone (David Crosby song title, sort of).

I'm sure part of my presumptuousness is naiveté. I want/need to believe in something/anything positive (any port in a storm) concerning/relating to my health/treatment. More so when I'm in between my every-three-month, face-to-face appointment with my oncologist. That's when we review my most recent diagnostic scan and assess my overall status and consider treatment options before agreeing on a schedule for the next three months. Not that I'm discouraged from communicating with him in the interim. Quite the opposite in fact; he's very responsive to my e-mails. It's more that electronic communication is a "two-dimensional" type of communication, and I'm a "three-dimensional" kind of communicator. Obviously, I can respond electronically to his answers and presumably we could type back and forth, but dare I show my age and say: It's just not the same as being there/talking on the telephone. Ergo, during this between-appointment interval, I'm sort of left to my own devices and in turn inclined to wobble – and wonder, emotionally, about my life. Perhaps I should look on the bright side and be glad my oncologist didn't order six pills.

I suppose, if I wanted to be honest with myself, I'd say the number of the pills prescribed/in the bottle probably mean nothing. The doctor simply checked a box and off the order went with nary a consideration of the patient's reaction. Nor do I think the doctor is aware of patient co-pays, deductibles, percentage of benefits used or any of the other out-of-pocket expenses associated with the prescription/patient's health insurance. "Hippocratically" speaking, that's not his job. His job is to keep me/the patient alive.

And since I'm still alive, pill-count notwithstanding, I'm looking forward to the next 17 months. Seeing my bottles of pills become less full over time gives me a peculiar sense of accomplishment: that I continue to survive in the face of what was originally a fairly discouraging set of circumstances. Occasionally, however, I have to be realistic; 100 is simply a number, not a prognosis.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



Crabgrass Puppets will present "African Adventure Tales."



Jim West Puppets will perform "Aesop's Fables."

Two Companies Bring Their Magic to McLean for 2016 Puppetry Festival

Children can enjoy two puppet shows and learn how to make their own puppets at a Puppetry Festival sponsored by The Alden in McLean on Saturday, Feb. 20. The event will be held in the Community Hall of the McLean Community Center (MCC) from 10 a.m. to 1 p.m. and features performances by Crabgrass Puppets of Halifax, Vt., and New York City-based Jim West Puppets. Tickets are \$15 for the general public and \$10 for MCC district residents. Infants and toddlers under the age of 2 will be admitted free of charge. MCC is located at 1234 Ingleside Ave.

Designed for children ages four and older,

Comstock

FROM PAGE 4

Virginia region. An effective way to combat human trafficking is to acknowledge the problem and raise awareness, and these forums have succeeded in bringing our community together to do just that. It is reassuring to know that our community is fully engaged on this important issue.

At the local level, in Congress, and even

the festival consists of two, 45-minute shows along with self-guided puppet-making stations, where parents can assist their children in making a variety of puppets. The stations will be open for the duration of the festival. Jim West Puppets will perform "Aesop's Fables" at 10:30 a.m. Jim West and his partners, with the help of Aesop himself (and his faithful dog, Moral), will share the author's famous fables, including "The Lion and the Mouse," "The Tortoise and the Hare" and "The Fox and the Grapes." This large-scale puppet production also features the music of Scarlatti, Beethoven and Chopin.

Crabgrass Puppets will present "African

Adventure Tales" at 11:30 a.m. Two funny folktales from Africa come to life with stunning puppetry, spectacular scenery and infectious music. "Anansi and the Talking Melon" features the irrepressible trickster Anansi the Spider, who eats his way into Elephant's melon and becomes too bloated to get back out. "Koi and the Kola Nuts" is a humorous tale from Liberia in which the youngest son of a chief is cheated out of his inheritance; instead of his father's riches, he receives just one small kola nut tree.

Tickets are on sale now. For more information or to purchase tickets online, visit <http://ow.ly/WLmqh> or call 703-790-0123, TTY: 711.

in the skies, people are more aware now of human trafficking than they were in the past. But more needs to be done because these predators are constantly changing tactics on how they take advantage of those who are vulnerable.

The saying "if you see something, say something" applies to human trafficking as well. So please, if you see something that is out

of sorts contact local law enforcement. Or if you, a friend, or a loved one you think may have been targeted or caught up in this growing criminal enterprise, call the National Human Trafficking Resource Center Hotline at 1-888-373-7888 or text "Be Free" to 233733.

To beat the traffickers we all must be united and on guard.

BULLETIN BOARD

To have community events listed in the Connection, send to north@connectionnewspapers.com. The deadline for submissions is the Friday prior to publication.

WEDNESDAY/FEB. 17

McLean Newcomers and Neighbors Monthly Luncheon. 11:30 a.m. Nostos, 81 Boone Blvd., Vienna. Ruth Robbins, senior program coordinator of the Smithsonian Associates, will describe programs she has organized with luminaries like Sonia Sotomayor, Henry Kissinger, Tom Brokaw and Martin Sheen. RSVP by Feb. 12 to mfskelly@verizon.net. \$38. Non-members welcome. www.McCleanNewcomers.org.

WEDNESDAY-THURSDAY/FEB. 24-25

Christ Presbyterian Preschool Open House. 10-11 a.m. Christ Presbyterian Preschool, 12410 Lee Jackson Memorial

Highway, Fairfax. Open house tours for the current school year and 2016-17. www.christpresbyterianpreschool.com. 703-691-9120.

ONGOING

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

Fairfax County needs volunteers to **drive older adults to medical appointments and wellness programs.** For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they

can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

Fairfax County needs a volunteer **Senior Center Marketing Coordinator** to assist the Friends of Fairfax County Senior Centers with marketing. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Lewinsville Senior Center** in McLean needs instructors for the following classes: Line Dance, Zumba Gold, Certified Arthritis Exercise, Square Dance, Basic Guitar, Art and Basic Spanish. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Tyson's Chamber Names Francis Gary Powers, Jr. Acting President

Lori Lopez, Chairman for the Tysons Regional Chamber of Commerce (TRCC) (www.tysonschamber.org) announced that Francis Gary Powers, Jr. has been hired as the Acting President effective Jan. 15, 2016. "Gary is a welcome addition to our leadership team and will build on the chamber's momentum to contribute to our goals for 2016 and beyond," said Lopez.

Born June 5, 1965, in Burbank, Calif., Powers is the son of Francis Gary and Claudia E. "Sue" Powers. He holds a bachelor of arts degree in Philosophy from California State University, Los Angeles, and a master's degree in Public Administration/Certification in Nonprofit Management from George Mason University (GMU). During his career Powers has held a variety of positions including assistant registrar for the City of Fairfax, executive director of a nonprofit dedicated to the historical revitalization of Old Town Fairfax, marketing manager for home inspection company US Inspect, and president/CEO for the Vienna Tysons Regional Chamber of Commerce



Francis Gary Powers, Jr.

from 2000 to 2005. As chairman of the Presidential Advisory Committee for the Cold War Theme Study he works with the National Park Service and leading Cold War experts to identify historic Cold War sites for commemorating, interpreting and preservation. Recently, he consulted for the Steven Spielberg Cold War thriller, "Bridge of Spies" about James Donovan who brokered the 1962 spy exchange between

Soviet spy Rudolph Abel and Gary's father, U-2 pilot Francis Gary Powers, Sr.

In 1996, Powers founded The Cold War Museum (www.coldwar.org) to honor Cold War veterans, preserve Cold War history and educate students about this time period. Over the past twenty years he led that museum forward as founding chairman, which in 2011 opened at Vint Hill Farms, a former army communication base in Northern Virginia.

As a result of his efforts to honor Cold War veterans, the United States Junior Chamber of Commerce selected him as one of the "Ten Outstanding Young Americans" for 2002. Powers lectures internationally and appears regularly on the History, Discovery, and A&E Channels. He is married and has one son.

The Tysons Regional Chamber of Commerce serves the diverse businesses and citizens in the Tysons region through networking, educational, community and collaborative events. For more information, visit www.tysonschamber.org.

PHOTO CONTRIBUTED

BASIS Independent To Open in Tysons Corner

In preparation of the opening of BASIS Independent McLean (which is Tysons Corner's first prek-12th grade school), Basis.ed's co-founder Michael Block will speak at an introductory session on Monday, Feb. 22 at the Sheraton Tysons Hotel at 7 p.m., located at 8661 Leesburg Pike in Vienna. The Washington Post recently ranked BASIS Oro Valley in Arizona the number one most challenging high school in America and now that private school model is coming to McLean. To register, go



Michael Block of Basis.ed leads info session on first private school in Tysons Corner.

PHOTO CONTRIBUTED

to <http://mclean.basisindependent.com> or call 703-854-1253.

School registration is underway for Tyson Corner's new school, BASIS Independent McLean. The school will be located at 8000 Jones Branch Drive in McLean.

"We're thrilled to bring BASIS Independent to Tysons Corner, the heart of so much growth, innovation and progress in Northern Virginia," said Michael Block, co-founder of BASIS.ed and BASIS Independent McLean.

Police

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owner but was unsuccessful. The wallet will be held at the Vienna Police Station in the event the owner is contacted.

Arrest - Driving While Intoxicated - 300 Block Maple Avenue, East. Feb. 6, 3:22 a.m. An officer was on patrol when he observed the driver of a vehicle commit a traffic offense.

As a result of that offense he conducted a traffic stop. Upon his interaction with the driver he detected the signs of impairment. After failing to complete a series of field sobriety tests he arrested the 33-year-old man from Alloway Lane in Beltsville, Md. for Driving While Intoxicated. He was transported to the Fairfax County Adult Detention Center where he was given the opportunity to provide a sample of his breath for analysis.

After the analysis he was charged with Driving While Intoxicated and remanded to

the custody of the Fairfax County Sheriff's Office.

Domestic Dispute - Manvell Road, SE. Feb. 6, 2:48 p.m. A resident reported he and his step-father had become involved in a heated argument after the step-son read some disparaging texts his step-father sent his mother.

An officer responded and after speaking with all the parties involved he determined the argument had not turned physical. The step-father agreed to stay in his room and let things calm down.

The mother and her son agreed to leave the house for a while.

Narcotics Violation - Southside Park, 1317 Ross Drive, SW. Feb. 6, 9:47 p.m. An officer was on patrol when he observed a vehicle parked in Southside Park in violation of the No Trespassing after Dark Ordinance. As a result of that violation he ap-

proached the vehicle and identified the driver and one of the passengers as being juveniles. After further interaction with the driver and passenger he located a measurable amount of marijuana. The two were released to their legal guardians. This case is being investigated.

Arrest - Narcotics Violation - Lawyers Road at Colin Lane, NW. Feb. 7, 2:59 a.m. An officer was on patrol when he observed the driver of a vehicle commit a series of traffic violations. As a result of those violations he conducted a traffic stop. Upon his approach to the vehicle he detected the distinct odor of marijuana. After his interaction with the driver he located a measurable amount of marijuana. The officer issued summonses to the 26-year-old man from Girard Street, NE in Washington, D.C. for Possession of Marijuana and Speeding. The driver contacted his girlfriend who responded to the scene and took him home.

Help Tell the Story of Nation's Veterans

Historic Vienna, Inc. will host a free information and training session on the Library of Congress' Veterans History Project (VHP) at 7:30 p.m. on Wednesday, Feb. 24, 2016 at the Patriot Hall at American Legion Dyer Gunnell Post 180, 330 Center Street N., Vienna. The project's mission is to collect, preserve and make accessible personal accounts of American war-time veterans so that future generations may hear directly from veterans and better understand the realities of war. The Veterans History Project director, Col. Bob Patrick, USA (Ret.) will teach attendees how to collect veterans stories, including how to conduct oral histories and submit to VHP. Veterans are invited to participate but you need not be a veteran to attend. Students of history are encouraged to participate.

Historic Vienna, Inc. is a nonprofit organization established by the Vienna Town Council in 1976, to preserve and promote Vienna's heritage and promote preservation and interpretation of historically significant places and events through exhibits, programs, and special events. HVI operates the Freeman Store and Museum at 131 Church Street, NE in Vienna.

Girls on the Run Spring Registration Open

Girls on the Run of Northern Virginia is registering girls in third through eighth grade for its unique, curriculum-based after school program.

By using a curriculum that creatively integrates running with life lessons, Girls on the Run of Northern Virginia supports girls in developing the confidence and character they need to become strong, healthy women.

In Oakton and Vienna, spring 2016 teams will be hosted at the following schools at Oakton Elementary, Flint Hill Elementary, Waples Mill Elementary, Cunningham Park Elementary and Louise Archer Elementary.

Girls on the Run NOVA offers discounts for active duty and retired military families as well as families registering two or more siblings. Financial aid is also available based on household income.

Families can register on the Girls on the Run NOVA website, www.gotrnova.org, until Feb. 29. For a list of participating schools, visit <http://gotrnova.org/families#join-a-team>.