

Katrina Brubaker is taking down children's pictures to make room for the space poster in her classroom at Trinity Presbyterian Preschool. She says, "If teachers had to go back to get the new qualifications that would be required, they would never make their money back. This is truly a labor of love."

SPORTS, PAGE 13 ♦ ENTERTAINMENT, PAGE 8 ♦ CLASSIFIED, PAGE 14

Nelly Curtis Park Upgrade Approved

NEWS, PAGE 3

Resident Revels In 'Car-lessness'

PEOPLE, PAGE 4

Changes Proposed for ART Local Bus Routes

NEWS, PAGE 4

Wakefield Headed Back To State Tournament

NEWS, PAGE 13

Childcare Regulations Return To Drawing Board

NEWS, PAGE 3

PHOTO BY SHIRLEY RUHE/THE CONNECTION

Report: Striking Increase in Residents Seeking Assistance

Arlington safety-net report draws crowd.

BY EDEN BROWN
THE CONNECTION

According to the U.S. Census Bureau, more than 17,000 Arlington residents are living at or below the Federal poverty level of \$24,250 for a household of four.

"That's a conservative estimate," said Anne Vor der Bruegge, report author and director of the Marymount Nonprofit Resource Center. "A more realistic one, called 'The Virginia Poverty Measure,' estimates that there are over 26,000 individuals in Arlington living in poverty. These are the working poor, the disabled, seniors living on fixed incomes and veterans."

More than 100 community members convened at Arlington's Central Library on Feb. 1 to hear a report on the work of 14 Arlington "safety-net" nonprofits that provide basic necessities for Arlington residents like these. The report, "Arlington's Safety-Net Nonprofits: Advancing the Common Good," was produced by the Marymount University Nonprofit Resource Center in Partnership with the Arlington Community Foundation.



Wanda Pierce, executive director of Arlington Community Foundation, at podium moderating panelists Anita Friedman, director of Arlington County Department of Human Services (standing with microphone), and Caroline Jones, executive director of Doorways for Women and Families.

PHOTO CONTRIBUTED

"One reason we did this report is that the vulnerable residents of Arlington are often obscured by the wealth most people see

around them here," said Vor der Bruegge. "But these are real numbers with real human beings behind them. And 'these people'

are as much a valuable part of being an authentic community as anyone else."

According to the report, in FY 2015, demands are increasing: AFAC (Arlington Food Assistance Center) saw an increase in demand for food of 19.4 percent over the previous year, which itself saw a 26 percent increase over the prior year. Recent cuts to the federal Supplemental Nutrition Assistance Program (formerly Food Stamps) have forced even more families to seek help.

The Marymount University Nonprofit Resource Center in Partnership with the Arlington Community Foundation Center, sometimes called the Nonprofit Center, was created in late 2014 to educate the public on pressing community needs and to support Arlington's nonprofits in meeting those needs.

The report highlighted the cost-effectiveness of the safety-net non-profits. They provide high-quality affordable services by leveraging donated goods and services and attracting corporate, philanthropic and public funds. In the past year, for example, Arlington Free Clinic provided ongoing medical care to more than 1,600 uninsured community members by coordinating the services of 500 volunteers and accessing several million dollars in donated medications.

The organizations multiply their impact

SEE SAFETY NET, PAGE 12

MARCH 12, 2016, 3-5 PM

SHIRLINGTON ANIMAL HOSPITAL'S OPEN HOUSE & ANNIVERSARY CELEBRATION!

Celebrating Our First Year in Business!

Please join us in celebrating a very busy and successful first year in business. Shirlington Animal Hospital will be open to the public and our clients for tours, refreshments and conversation with the employees. All are welcome!

RAFFLE PRIZES & GIVEAWAYS!

DOG & CAT GIFT BASKETS

THE CHANCE TO WIN FREE LABWORK INCLUDING A COMPLETE CHEMISTRY, CBC & THYROID LEVEL

TREATS FOR BOTH HUMANS AND THEIR PETS

HOSPITAL TOURS!



SHIRLINGTON ANIMAL HOSPITAL

2770 S. Arlington Mill Drive

Arlington, VA 22206

703-570-6600

www.shirlingtonanimalhospital.com

**Open
7 days a
week!**

Draft Childcare Regulations Withdrawn

Controversy forces County Board to reconsider regulations.

BY SHIRLEY RUHE
THE CONNECTION

The Arlington County Board on Feb. 23 pulled draft revisions of Chapter 52 child care regulations from the public comment website after voluminous comments, “some quite pointed,” had been received criticizing a number of the draft provisions.

At the County Board meeting, Anita Friedman, director of the Department of Human Services, outlined the background for the proposed revisions. She explained the Arlington County child care regulations currently affecting 79 facilities were put in place in the late 1960s. Except for minor administrative changes in 1981 they haven’t been updated since. Until 2014 when Virginia updated the state regulations to be in compliance with a new Federal law, Arlington’s regulations were still more stringent than the state.

Friedman said Arlington prides itself on being the best. But she said the Arlington regulations “no longer reflect the future trend in child care to go from babysitting to early early childhood education,” although she admitted that “in some cases we may have over reached.” She added, “We went into the process somewhat naively and over zealously on what day care would actually look like. I take full responsibility for this mess.” But she added that she firmly believed this outpouring of comments, even if negative, is a good thing.

County Board Member John Vihstadt said this rollout of the draft regulations was the most troubled since public land for public good. “It was an unmitigated disaster. If the goal was to increase the supply and affordability, this does just the opposite.”

Katie Cristol, a new County Board member, observed that “the level of best prac-



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Sabrina Brassard, director of Trinity Presbyterian Preschool a part-day facility established in 1957, says her comments on the proposed Arlington child care regulations on teacher qualifications were consistent each time: “But there was no change in the next draft. It seemed to go into a black hole.”

tice had been conflated with the code.” She said the document online should reflect the health and safety practices that are likely to be code and that can be supplemented with best practices. “This is silly season business. I object to the insertion unbidden of the government telling a mother how to feed her child.”

Section 52.34 set out frequency and number of snacks and meals as well as the kind of foods, juice and milk (1 percent) that must be provided by child care centers. Cristol added, “We have been hearing in this process that Arlington is hostile to daycare

centers. There are broader concerns, and this might be in conflict with other county goals. Young families are leaving because daycare is so expensive.”

County Board chair Libby Garvey said, “On another level there is some upset that anyone thought some of this was a good idea, a lack of judgment. The buck stops here and we’re going to fix it.”

One of the most hotly debated sections focuses on draft regulation 52-22E1b, the qualifications for teachers. This provision in the draft regulations allows a bachelor’s degree in a related field (to child development or early childhood education) with at least nine semester hours credit or quarter equivalent of advanced study in child development or early childhood education. The paragraph in the original code allowing two or more years of college with at least 15 semester hours or quarter equivalent in childhood development or early childhood education is not included in the draft regulations.

Sabrina Brassard, director of Trinity Presbyterian Preschool on 16th Street N, says she gets most of her teachers from the category that has been eliminated. “The teacher qualifications provision for me is huge.” She said a lot of her people are second career people so they won’t go back and get their associate degree. We will lose all of our teachers.”

Katrina Brubaker, a teacher at Trinity said, “I have a Master’s degree in speech pathology so I would be OK under the proposed regulations. However, if you had to go back to get qualifications, you would never make your money back; this is truly a labor of love.”

Pat McGeehan, director of Walker Chapel Preschool on N. Old Glebe Road agreed: “This will make it next to impossible for me

to hire new teachers for our part-time, no health care positions.” Directors of part-time child care centers argue the teacher requirements shouldn’t be the same for full-time, full day programs and day care programs for a few hours a week.

Some provisions seem to impact many child care centers such as 52-34E that ensures mothers are encouraged to breast feed their infants and will safely store breast milk provided by the parent or the provision requiring a stamp from a doctor’s office for physical exams. Others such as certain staffing requirements seemed to primarily affect the cooperative day care centers.

Crystal Jean, director of the Rock Spring Cooperative Preschool, says there are two additions in the draft that would ultimately make it impossible for Rock Spring to operate. One is the requirement that volunteers

can never be left alone with children. The second is that volunteers cannot be included in child-to-adult ratios. She added, “Now that the draft has been withdrawn, we are hopeful that we will be able to

work collaboratively with the county in updating the regs to meet the unique needs of cooperative preschools.”

Brassard said when the guideline revision began in 2014 that they laid out a process that sounded good but it went off track. Brassard said she participated in working groups established to get input from child care directors. “We filed reports, then at some point it went to the National Association for Regulatory Administration (NARA) who was a consultant hired by the county as part of the process. In March 2015 over 30 of us were in a room and given a numbered draft to review in 45 minutes. We had

SEE RULES, PAGE 5

“We went into the process somewhat naively and over zealously on what day care would actually look like.”

—Anita Friedman, director, Department of Human Services

Child’s Play

BY VERNON MILES
THE CONNECTION

If there’s one place in Arlington where you’re likely to see more arguments than at a playground, it’s the County Board. An argument between neighborhood residents against their civic association and the Neighborhood Conservation Advisory Committee escalated to a disagreement between members of the County Board, but one that ended with unanimous approval.

A \$800,000 upgrade to the Nelly Curtis Park was presented to the County Board would include a new playground, which upset some residents in the newly formed “Friends of Aurora Highlands Park,” who

County Board members clash over playground construction.

argue that the area already has an overabundance of playgrounds and needs more green space.

Sarah McKinley, chair of the Neighborhood Conservation Advisory Committee, defended the upgrade. McKinley noted that other features in the plan, like the playground scale and the tricycle loop originally planned, had all been reduced or eliminated as part of trying to compromise with concerned neighbors.

“We’re never going to have a project that is [supported by] 100 percent of the community, but we do have clear support,” said McKinley, who argued that allowing the opposition from the local residents would subvert the process and “hijack democracy.”

Though there is a playground directly

across the street from the planned one at Nelly Curtis park, County staff noted that the playground served a 2 to 5 age range, and the new park would serve ages 5 through 12, but some still had concerns.

“I feel very uneasy, given the concerns that [a minority in the community] have raised,” said County Board Member John Vihstadt. “Some of the answers from staff we’re hearing for the first time tonight.”

Vihstadt said that he would prefer the board defer the item until March for a more robust debriefing. Vihstadt said he was unsure whether the opposition had legitimate issues with the process or if they were just sour over the playground being built. But this wasn’t a view shared by his County Board colleagues. County Board Member

Jay Fisette echoed McKinley’s argument that the process had included input from the disgruntled neighbors and that allowing their frustrations to stall the park development would be a disservice to the democratic process.

“I think the Neighborhood Conservation program is a citizen-driven, grassroots program that’s incredible democratic,” said Fisette. “It isn’t perfect, but it evolves itself. The community drives that process. I haven’t voted against an [Neighborhood Conservation] project, I don’t see it as my role to second guess.”

Ultimately, Vihstadt said he didn’t disagree with the park project enough to vote against it, and the board unanimously approved the upgrade to Nelly Curtis park.

PEOPLE

Arlington Resident Revels in 'Car-lessness'

Being car-free is the new normal for younger generation.

BY EDEN BROWN
THE CONNECTION

In a world with too many cares, having no car means one less headache. Katy Lang is an example of the trend among "under 30s" Arlington residents: they don't have a car. Lang became "carless" over five years ago. Lang is an organization development consultant for the American Chemical Society, downtown; next year, she will become a graduate student in urban planning.

Lang has done the math on what she is saving by not having a car. A car cost her roughly \$1,920 each year, which included insurance, registration, property tax, gas, parking, tolls, maintenance, and taking the Metro to work which was the only way she could get such a low insurance rate. But being car free was only \$900 each year. Because her firm pays most of her commuting cost, her transit cost was zero. Her \$900 paid for Amtrak tickets to visit family five times a year, zipcar membership, helping friends pay their gas bills, taking Uber or Lyft cabs. But the money is nothing, Lang said, compared to the improvement in quality of life.

Lang has lived in Arlington, off Lee Highway, for seven years, and has been car free for five and a half. She chose Arlington because she wanted to be close to a metro station and commute to work without driving. Her office at the time was off Route 66 in Fairfax, but driving on 66 was a disaster. The time spent to get to work was time she would have preferred to read: now she can do that. She also learned to take Amtrak up to New Jersey to see her family: more time to read and relax rather than fight traffic jams on Route 95. With her Amtrak rewards program, it is cheaper to train than



Katy Lang got to the Northside Coffee Shop by walking from Lee Highway.

PHOTO BY
EDEN BROWN/
THE CONNECTION

to drive.

Lang tells Arlingtonians who are thinking they couldn't go car-free that she was surprised it's so much easier than she thought it would be. At first, the thought of walking 12 minutes to the grocery store was daunting: now, it's something she looks forward to. She gets a sense of the streets from walking. She sees more. Life is slower. When people ask if she has seen the new restaurant in town, she can say "yes" because she walked by it and saw it, instead of driving by it and seeing nothing but the road.

In terms of health benefits, Lang says mental and physical health are both boosted by her car-free status. That 10 minutes of walking from the Metro to her apartment is a way to decompress, and by the same token, it helps keep her in physical shape.

Lang doesn't use a bike because the bike lanes to her place of work on 16th and M in D.C. are not developed enough. Although 85 percent of the way is bike lane, the 15 percent that is not is too unsafe to use. She feels safe on the Metro, in fact, safer than being in a car or walking in an area where car is still king: getting hit by a car is a real threat in the Washington, D.C. Metro area, because people don't always stop for pedestrians in crosswalks.

Lang is not the only one of her group to go without a car: of her five Arlington-based friends, one other is carless — but they all use Metro to go to work. She recommends two Apps for finding optimal bus routes. She uses the 3Y along Lee Highway to go into D.C. She uses a Zipcar occasionally: recently she took a zip to go to Bailey's Crossroads to buy craft supplies. She likes Lyft instead of Uber, and prefers Car2Go instead of Zipcar simply because you don't have to pay when you aren't in the car, and you can pick it up anywhere and drop it off anywhere.

As positive as she is about Arlington's transit system, Lang would like to see a better North to South Arlington connection. The walkability in between North and South is not that good, she says, and a better bus service to Shirlington and Crystal City would be good as both areas have so much more to offer than they used to. She would like to see more trees in Arlington, and more visual interest. She was well aware of the study that shows the changes in blood pressure people experience when they walk by an interesting wall, in contrast with walking by an empty lot or blank wall.

Lang praises Arlington for its transit options. She is a member of the Transit Advi-

Resources for Car-free People

- ❖ www.zipcar.com
- ❖ www.Car2Go.com
- ❖ Metro App

For more information about tools to help car free people go to: <http://www.carfreeatoz.com/planner> and <http://mobilitylab.org/tech/transit-tech-initiative/>

sory Committee, a group of Arlington residents who meet once a month to hear about transit in the area: they receive an update from Metro, talk about the bus system, Ballston redevelopment, and give their stamp of approval to county staff proposals.

"There is not a lot to complain about," she said.

She believes Arlington County does a good job of keeping its citizens informed about changes and asking for input; that said, she did not know about the Lee Highway Plan comment period and thought it would be good if the county used Twitter to announce public fora and comment periods. Like many of her generation, Lang depends on a web presence to stay informed. The civic association she would belong to has a dead web presence, and therefore, is not generating a lot of interest.

Lang also notes that one of the reasons she is car-free is because it is a global kindness to move away from the car-oriented society. Since her graduate study will focus on transit options, it made sense for her to practice what she will someday help design: walkable streets and accessibility without cars. She recommends for anyone interested in the idea: "Happy City" by Charles Montgomery. Even her graduate school choice will be based on whether a car will be necessary: even though she has been accepted by the University of Virginia, she may not go because ... she would have to get a car. "In an ideal world," Lang said, "I would never have a car again."

Changes Proposed for ART Local Bus Routes

Public input sought.

BY SHIRLEY RUHE
THE CONNECTION

Arlington has developed draft recommendations to improve bus service in the county. The 10-year transit development plan for ART and Metrobus routes contains proposals for 36 routes to enhance or restructure their services. One of these proposals would be a headway-based route that would connect Skyline, Pentagon City and Crystal City.

"It would be a high frequency route every six minutes at peak time," Steven Yaffe, Arlington Transit operations manager, said.

"It would not service every stop to give a faster trip but would stop at all transfer stations." Bus stops would be replaced with transit stations that offer level boarding.

Arlington Transit is the county's local bus service operating within Arlington County to supplement Metrobus with cross-county routes as well as neighborhood connections to Metrorail. Most of ART's big green and white state-of-the-art buses operate on clean-burning natural gas. Yaffe says ART is a public-private partnership. Arlington owns the buses and hires a contractor to maintain them, dispatch and supervise.

Phase I of the long-term plan began last spring with the collection of information on usage, preferences and desired improvements. At that time 3,396 responded to the



PHOTO BY SHIRLEY RUHE/THE CONNECTION

survey. Phase II which began in November included four workshops and five focus groups to identify gaps in service with 406 people participating. "All were bilingual," according to Yaffe.

Phase III involves six community events

Steven Yaffe, Arlington Transit operations manager, reaches out to the public on Feb. 29 in Phase III of the draft recommendations to improve bus service in the County. Six meetings are being held all across the County to explain the recommendation and get citizen input.

held around the county to get geographical representation, online comments and "reaching out every way we can." The survey will be taken down March 11. After that the recommendation will go to the board for endorsement of the 10-year plan. Go online at ArlingtonVA.us/transit2026 to get more information or provide feedback to the plan.

NEWS

Rewriting The Rules

FROM PAGE 3

to turn it back in. We had a week to provide comments, and it was right before spring break. In June 2015 we got another draft and this time we could take it home. But we had to sign a piece of paper that stated we wouldn't copy it or show it to anyone. We had a day to make comments."

Brassard said that her comments were consistent each time about teacher qualifications but each time the draft came back with no changes in this area: "They had all of these meetings but they didn't listen to what we said. It went into a black hole."

Kurt Larrick, director of communications for the Arlington County Department of Human Services, said the draft circulated for public review was the product of collaboration between the child care licensing office staff, child care center representatives, parents, stakeholders and NARA. "We have worked hard to make it open, participatory and inclusive with multiple opportunities and methods available for stakeholders to engage in the process," he said.

Maxine M. Maloney, supervisor of Child Care Services for Arlington Child and Family Services sent an email on Feb. 17 that began, "we hear your concerns, feedback and recommendations regarding the proposed enhancements to Chapter 52!" She added that in response to feedback received that week the comment period was being extended to March 31. It continued, "the current comment period has shined light on some areas of the draft code that require examination." She added that the next iteration of the draft code will potentially include modifications in the staff requirements, medical care assessment requiring a



SHIRLEY RUHE/THE CONNECTION

Rock Spring Cooperative Preschool on Little Falls Road serves children from 18 months to 5 years. Crystal Jean, the director, says some of the new staffing rules for volunteers would make it impossible for the school to continue to operate.

physician's stamp and adult-student ratio requirements for cooperative preschools. The modification for staff credentials could include "grandfathering staff whose hiring predates certain credential requirements. All currently employed staff prior to the adopt of the proposed Chapter 52 may be exempt from the proposed qualifications; however all newly hired staff after the adopt of the proposed Chapter 52 must comply."

However, on Feb. 23 the County Board announced they were going to take down the draft. On Thursday, Feb. 25, a "Next Steps" email was sent from Child Care Central. "In view of all comments and recommendations we have decided to remove the proposed draft of Chapter 52 from the Open Arlington Comment tool. We are evaluating our process and developing a new plan of action."

Larrick said, "We plan to hold a series of group meetings with the specialized interests — larger child care centers, partial-day and coop programs and religiously exempt programs — to work through issues and concerns."

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for March 6-11.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Tuesday, March 8, Virginia Museum of Fine Art, Richmond plus lunch, \$85. Thursday, March 10, Philadelphia Flower Show plus lunch, \$115; Saturday, March 12, historic Fredericksburg, \$7. Call Arlington, County 55+ Travel, 703-228-4748. Registration required.

Folk music sing-along, Monday, March 7, 1:30 p.m., Lee. Free. Register, 703-228-0555.

Current events discussion, Monday, March 7, 10 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369.

Ice skating, Mondays, 8:10 a.m. – 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register, 703-228-4771.

Madison Chess Club, Mondays, 9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. – 3 p.m., Arlington Mill. Free. Register, 703-228-7369.

World history roundtable, Tuesday, March 8, 11:15 a.m., Lee. Free. Register, 703-228-0555.

Volleyball, Tuesdays, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

MAIN-LEVEL REMODELED HOME TOUR

Saturday, March 12th, 12pm-4pm

7990 Oak Bridge Lane, Fairfax Station, VA 22039

AFTER

AFTER

REINVENT YOUR HOME TO ENRICH YOUR LIFE

Come see first hand how redesigning existing space created better function, flow, and light in this remodeled home.

THIS IS A MUST-SEE REMODELED HOME!

BEFORE

SUN DESIGN
ARCHITECTURAL DESIGN • BUILD FIRM

Major Remodels • Additions • Kitchens
Baths • Basements • Outdoor Spaces
703.425.5588 SunDesignInc.com

VINSON HALL RETIREMENT COMMUNITY

Independent Living at Vinson Hall

Vinson Hall Retirement Community is located in idyllic McLean, VA and offers independent residential living for military officers and government employees of equal rank. Our apartment residences offer all the luxurious comforts of home within a vibrant Life Plan community. Come see what's new!

www.VinsonHall.org
703-536-4344

1 and 2 BEDROOM APARTMENTS AVAILABLE!

BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VISITORS OR CALLERS NEEDED

The **Shepherd's Center** of McLean-Arlington-Falls Church has initiated two programs for senior adults who find it difficult to leave their homes. The Friendly Visitor program matches volunteers to seniors who would like a visit periodically. The Friendly Caller program allows volunteers to call seniors to let them know they haven't been forgotten and remind them to call the Center if they need help. Both programs allow for setting up a time convenient for both client and volunteer. Volunteers are needed for both programs. Call the Shepherd's Center at 703-506-2199 or e-mail info@scmafc.org.

THROUGH THURSDAY/APRIL 14

Free Tax Preparation Assistance.

Be prepared by bringing the necessary documents with you. Spanish speaking volunteers are available at both locations. Note: the IRS no longer supplies the library with tax forms.

* Central Library walk-in tax assistance times: Tuesdays, 10 a.m.-7 p.m.; Thursdays, 10 a.m.-4 p.m.; appointments available by calling 703-829-6192.

* Columbia Pike Branch Library walk-in only tax assistance times: Tuesdays, 1:15-7:45 p.m.; Fridays and Saturdays, 10 a.m.-2 p.m.

To download and print the AARP Volunteer Tax Assistance Schedule for Arlington, visit <http://arlingtonvalibrary.s3.amazonaws.com/files/2016/01/Tax-Prep-Clinics-2016.pdf>.

FRIDAY-WEDNESDAY/

THROUGH MARCH 2.

LIONS, ARLINGTON NORTHWEST,

CHARITY FUNDRAISING. Fresh Florida and Texas Citrus, Georgia Pecans, and 100 percent Vermont Maple Syrup for sale at the Overlee Bath House (Lower Level), 6030 Lee Highway, Arlington, Lower Entrance off John Marshall Drive. Friday, 12:30-6:30 p.m.; Saturday, 10 a.m.-5 p.m.; Sunday, 11:30 a.m.-4 p.m.; Monday, 8 a.m.-3:30 p.m.; Tuesday, 10 a.m.-5:30 p.m.; Wednesday, 8 a.m.-4 p.m. 703-528-1130.

WEDNESDAY/MARCH 2

Turfgrass Management. 7-8:30 p.m.

at Fairlington Community Center, 3308 S. Stafford St. Learn about turfgrass selection for the area, specific springtime turf management practices, nutrient management and soil testing, and basic pest and disease management. Free and open to the public. Advance registration is requested at mgmv.org. Call 703-228-6414 or email mgaralex@gmail.com for more.

FRIDAY/MARCH 4

Veterans Legal Services Clinics. 9 a.m.-5 p.m. at Northern Virginia Community College, Annandale Campus. Volunteer attorneys from the Office of the Attorney General and the Virginia State Bar will be available to serve veterans by drafting wills, powers of attorney and advance medical directives. Visit www.nvcc.edu/news/media-alerts/annandale-herring-legal.html.

Career and Technical Education Open House. 9 a.m.-1 p.m. At Northern Virginia Community College's Richard J. Ernst Community Cultural Center at the Annandale Campus. Representatives from all six campuses for various programs including welding, automotive, dental hygiene and veterinary technology. Free. Open to the public.

SATURDAY/MARCH 5

Project Cinderella. 9 a.m.-2 p.m. at the Army-Navy Country Club, 1700 Army Navy Drive. Hosted by the USO of Metropolitan Washington-Baltimore and the Project Cinderella Planning Committee, and sponsored by EY, Project Cinderella empowers military women and spouses to embrace their authentic beauty by providing them with a variety of interactive workshops, special speakers, and a visit to the dress boutique to select a "new-to-you" formal gown and accessories. Contact Michelle Shortencarrier at Michelle@usometro.org 703-864-6429.

How to Prune Practically Anything. 10:30 a.m.-noon – outdoors, Arlington location to be announced. Gain hands-on experience in pruning evergreens and deciduous shrubs, deadheading perennials, removing large limbs from trees safely, and removing English ivy from trees. Bring tools and learn how to sharpen and maintain them. Register early; each



PHOTOS BY SHIRLEY RUHE/THE CONNECTION



Not So Super Tuesday

The yard at Madison Community Center, usually full of candidate signs, is empty. One worker stands alone outside the polling place with pamphlets for Libby Garvey's County Board primary in June. Mariam Miller said, "I am 100 percent for Hillary Clinton" but she wonders where are the lines. "It's very quiet here." At 7:30 a.m. 178 voters had been counted. Caroline Klam, chief election officer, says she has been working for 12 years and has never seen it like this. She says maybe it is so unusual because the political parties usually put out the signs but they can't take sides. So each candidate would have to put out their own signs.

workshop is limited to 15 participants. Free and open to the public. Advance registration is requested at mgmv.org. Call 703-228-6414 or email mgaralex@gmail.com for more.

SUNDAY/MARCH 6

Sister City Update. 7 p.m. at Arlington Central Library, first floor auditorium, 1015 N Quincy St. What is the current situation in Ukraine? How is Arlington's sister city, Ivano-Frankivsk, faring? Arlington Sister City Association (ASCA) Ivano-Frankivsk committee has invited ASCA board member, Dr. Carl Lankowski, to discuss the current situation, based on a recent trip to Ukraine and visits to several regions of the country. Visit www.arlingtonsisitercity.com/our-sister-cities/ivano-frankivsk/ for more.

MONDAY/MARCH 7

Placement Exams for ESL. 9 a.m. or 6 p.m. at Syphax Education Center, 2110 Washington Blvd. #106.

English as a Second Language for Adults, Arlington Public Schools' REEP Program is giving placement exams for the March 28-June 17 English (ESL) classes to be held at Syphax Education Center. Morning and evening classes available. Tuition is \$285 and \$200 for people who live or work in Arlington; \$470 and \$350 for all others. Exams are free. Call 703-228-4200 or visit www.apsva.us/reep.

Transform 66 Public Hearings. 6-8 p.m. at Washington-Lee High School Cafeteria, 1301 N. Stafford St. The Virginia Department of Transportation (VDOT), in partnership with the Virginia Department of Rail and Public Transportation (DRPT), will host Design Public Hearings for the Transform 66 Inside the Beltway Project. Information on how dynamically-priced toll lanes will operate on I-66 inside the Beltway, as well as proposed locations of toll gantries and pricing signs will be provided. The hearings will include a formal presentation, followed by a public comment period.



SHIRLEY RUHE/THE CONNECTION

Concert for Children

Tousled blond curls and flyaway red hair crowd the front of the sanctuary at Rock Spring UCC on Saturday morning to hear "Karen Builds a Violin." This concert for 3-8 year old children was presented by violinist Karen Lowry-Tucker and violist Elizabeth Pulju-Owen, both members of the Kennedy Center Opera House Orchestra. This musical tale follows Karen who cannot afford to buy a violin as she decides to build one. "What is a violin made out of, plastic?" The children yell back "No." Karen goes into the woods to find chipmunks to help carry the wood as Mozart follows her through the trees. When she returns successful, tiny hands clap and tiny voices yell "bravo."



Blood Drive Results

More than 80 people participated in a Feb. 21 blood drive hosted by the Boy Scouts from Troop 111 at St. Agnes Parish Center. Seventy-three 73 pints of blood were collected.

The
Arlington
Connection

www.ConnectionNewspapers.com

@ArlConnection

An independent, locally owned weekly newspaper delivered to homes and businesses.

**Published by
Local Media Connection LLC**

**1606 King Street
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

**NEWS DEPARTMENT:
arlington@connectionnewspapers.com**

Steven Mauren
Editor

703-778-9415
smauren@connectionnewspapers.com

Vernon Miles
Reporter

703-615-0960
vmiles@connectionnewspapers.com

Jon Roetman
Sports Editor

703-752-4013
jroetman@connectionnewspapers.com
@jonroetman

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk
Display Advertising/National Sales
703-778-9444
debfunk@connectionnewspapers.com

Andrea Smith
Classified & Employment Advertising
703-778-9411
asmith@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
@MaryKimm

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Photography:
Deb Cobb, Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
@TheismannMedia

CIRCULATION: 703-778-9426
circulation@connectionnewspapers.com



OBITUARY

Estela Cristina (Vila) Gibbon

Estela Cristina Gibbon, age 103, of Arlington, died on Jan. 15, 2016, with her family at her side in the Falls Church Sunrise. Estela was born in Santiago, Dominica Republic on May 15, 1912.

Estela was preceded in death by her husband, Edward E. Gibbon Sr. of 52 years, a 30-year, Marine Corps veteran, and the chief deputy sheriff of Arlington County. She was the daughter of Ramon and Cristina Piola Vila, sister to Dolores, Mercedes, Jose, and Ramon (Jr.) all who preceded her in their journey to eternity with God, as well as her grandson, Patrick.

Estela is survived by her sons who served in the U.S. Navy and Marines Corps, Edward Jr., wife (Araceli), Jorome (Elizabeth), James, Richard (Karyn), and her daughter Teresa Stewart (John), as well as 12 grandchildren, and 14 great-grandchildren. She is survived by many cousins, nieces and nephews throughout the United States and Dominican Republic.

A traditional military family wife and

mother, Estela traveled and lived in the Caribbean Islands, Hawaii, and several U.S. Marine installations throughout the U.S. from the 1930s to 1960s, District of Columbia, Maryland, Virginia, North Carolina, and Georgia, before settling in Arlington.

Estela was active in the Arlington Catholic Diocese parishes of Saint Ann, Saint Agnes, and Saint James. She served as an officer in the Catholic Daughters in Northern Virginia.

Her vocations included baking ceremonial cakes, needlepoint, crochet, painting, and dancing. She was a volunteer at the Arlington Senior Citizens Center in Clarendon, and worked for the Arlington Public Schools.

Catholic funeral mass will be held in her honor at St James Catholic Church, in Falls Church, on March 5 at 10 a.m. She will be interred at 1 p.m., at the Arlington National Cemetery with her husband. Donations in her memory may be made to the Catholic Daughters of America.

BULLETIN BOARD

WEDNESDAY/MARCH 9

Moving Towards Zero Waste. 6:30-9 p.m. at the Navy League Building, 2300 Wilson Blvd. Join Arlingtonians for a Clean Environment for their 38th Annual Meeting introducing the vision for 2016 programming and a presentation on moving Arlington towards zero waste. The meeting is open to the public. Light refreshments will be served. <http://www.arlingtonenvironment.org>.

Are Arlington's Police and Justice Systems Prepared to Respond to Community and Racial Tensions?

7 p.m. Hosted by the Arlington Committee of 100 at Marymount University, Dining Room, Gerald Phelan Hall, with Arlington Chief of Police M. Jay Farr, Commonwealth Attorney Theo Stamos, and Mount Zion Baptist Church Minister Bishop Rev. Dr. Leonard H. Smith. Dinner Service beginning at 7 p.m.; program begins at 8 p.m. Go to arlingtoncommitteeof100.org for reservations.

- ATTENTION - Fairfax County Public School Employees

If you are a participant in the **Fairfax County Public Schools 403(b) Plan**, we would like to speak with you about our investigation of the fees charged on your **Great-West Mutual Funds**.

Please call:

Mark Boyko

Law Offices of

SCHLICHTER BOGARD & DENTON, LLP

(800) 873-5297

(Missouri Licensed Attorneys)

**100 South 4th Street
St. Louis, MO 63102**

The choice of a lawyer is an important decision and should not be based solely upon advertisement

61st Spring Anniversary Sale

King's Jewelry

**Storewide
20% - 40% Off
Fine Jewelry,
Watches & Giftware***

Now thru March 31, 2016

*Discount does not apply to Rolex and Shinola watches.

**KingsJewelry.NET
Open Mon-Sat 10a-6p
Closed Sundays**

**609 King Street
Old Town Alexandria
703-549-0011**

Looking to buy
your first home?
We'll see you through.

As the area's number-one community bank, we know mortgage lending like we know the neighborhoods of DC, Northern Virginia, and Suburban Maryland. And we'll take the time to get to know you, so we can find the loan option that's right for you. Give us a call—it's a local number.



EAGLEBANK

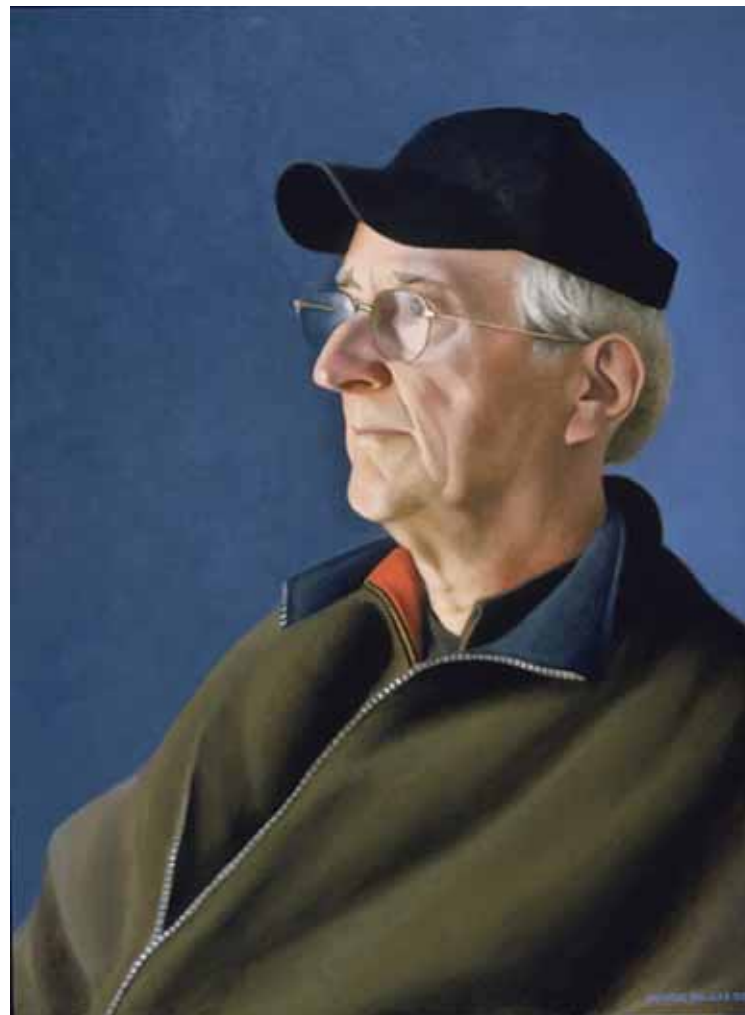
EagleBankCorp.com 571.447.5356
VA | MD | DC



ENTERTAINMENT



Above: "Crosstown Sky" and below: "Revolution" by Sandi Parker



"Antonios" by George Bowles

Gallery Underground Presents 'Urban Edge' and March Show

The Focus Gallery in March features "Urban Edge," Sandi Parker's solo show of abstract acrylic paintings depicting urban living. Meant to evoke city walls, the paintings are highly textured, meant to represent the results of layers of peeling paint, graffiti and pasted flyers. In addition to a new all-media March Members Show in the Main Gallery, also featured are realist painter George Bowles and a tribute to the American painter James McNeill Whistler. Both will run March 1-25. Free. Visit www.galleryunderground.org for more.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

"Treasure Island." Through March 6, various times at Thomas Jefferson Theatre, 125 S. Glebe Road. Encore Stage & Studio presents an adaptation of Robert Louis Stevenson's classic novel. Young Jim Hawkins leaves a dull life to search for where "X" marks the spot on a treasure map left behind by an old sea captain. Tickets are \$10-15. Visit www.encorestageva.org for more.

Solo Exhibit: "Urban Edge" and March Members Show. Through March 25, gallery hours at Gallery Underground, 2100 Crystal Drive. The Focus Gallery in March features "Urban Edge," Sandi Parker's solo show of abstract acrylic paintings depicting urban living. This exhibit will run alongside the monthly

members exhibit. Free. Visit www.galleryunderground.org for more.

"Romeo & Juliet." Through March 27, 8 p.m. Wednesday-Saturday, 2 p.m. Sunday at Synetic Theater, 2611 Jefferson Davis Highway. Synetic returns with another "Wordless Shakespeare" production. General admission tickets start at \$35, \$15 for students, and senior citizens and military receive a \$5 discount. Visit www.synetictheater.org for more.

Photography by Jan Bender and Richard Weiblinger. Through March 30, 10 a.m.-8 p.m. Monday-Thursday, 10 a.m.-6 p.m. Friday-Saturday at The Barry Gallery-Reinsch Library at Marymount University, 2807 N. Glebe Road. Photographer Jan Bender focuses on film, using traditional techniques, Weiblinger's photographs and plant photograms are hand-printed. Free. Visit www.marymount.edu/barrygallery.

Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free.

Visit www.library.arlingtonva.us.

"King of the Forest: Adventures of BioPerversity." Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This exhibit features the work of 13 contemporary artists from the mid-Atlantic region whose work explores the interactions between humans and non-human species. Free. Visit www.arlingtonartscenter.org for more.

"Daydreams in the Anthropocene." Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Artist Rachel Schmidt examines the role humans play in the environment. Free. Visit www.arlingtonartscenter.org for more.

Instructor Select. Through April 3, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In the Jenkin's Community Gallery, Arlington Arts Center will present Instructor Select 2016, featuring work by both students and instructors. Free. Visit www.arlingtonartscenter.org for more.

more.

"The Flick." Through April 17, various times at Signature Theatre, 4200 Campbell Ave. "The Flick" follows the story of three employees at a crumbling Massachusetts movie theatre. Tickets start at \$40. Visit www.sigtheatre.org for more.

Post-Graduate Residency Studio. Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory's contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

Arlington's Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday

of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County's history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey's "Bar A" Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/Arlington for more.

Food Truck Thursdays. 5:30-8:30 p.m. at the corner of North Irving

ENTERTAINMENT

Street, and Washington Boulevard. Find a round-up of regional food trucks. Free to attend. Visit www.dmvfta.org.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe, 2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlows on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday. 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC's Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Open Mic Night. Wednesdays, at 8 p.m., sign ups

are at 7:30 and 10 p.m., at Iota Club & Cafe, 2832 Wilson Blvd. Free. Visit <http://www.iotaclubandcafe.com/>.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City's "Art for Life" Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie's. Third Saturday of every month, 11 a.m.-1 p.m. at Freddie's Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

FEB. 22-MARCH 17

Rosie Riveters. 4-6 p.m. at Shirlington Public Library, 4200 Campbell Ave. Three classes, for ages 4-6 (Tuesdays), ages 7-10 (Mondays), and ages 11-14 (Thursdays), are designed to provide space for girls ages 4-14 to imagine, create and play while developing their skills in science, technology, engineering, and mathematics (STEM). Boys may also enroll. Free. Visit www.rosieriveters.com to register.

THURSDAY/MARCH 3

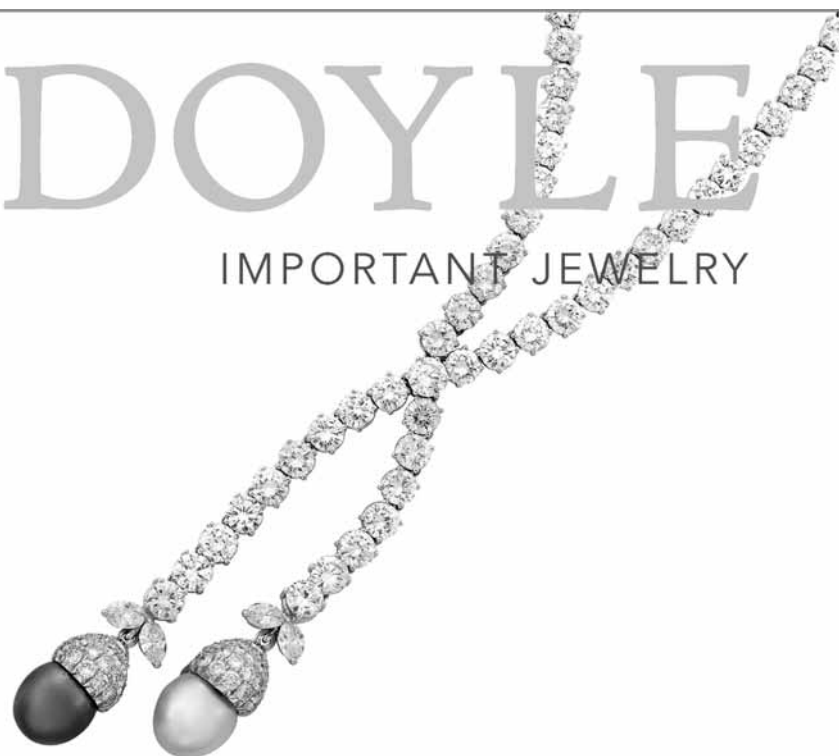
"Arlington's Forests and Streams: Status of Our Local Ecosystem." 7-8:45 p.m. at Arlington Central Library, 1015 N. Quincy St. The speakers are Jen McDonnell of the Arlington County Department of Environmental Services and Vincent Verweij of the Arlington County Department of Parks and Recreation. They will address the challenges facing natural areas. Free. Email Browning at browningwh@gmail.com or call 703-969-7345 for more.

FRIDAY/MARCH 4

Skate for Catherine. 3:30-5 p.m. at Kettler Capitals Iceplex, 627 N. Glebe Road. A skating party, raffle, and online auction to raise funds for childhood cancer research. Tickets are \$20. Visit www.blairfoundation.org for more.

DOYLE

IMPORTANT JEWELRY



Georgetown, Thursday, March 17

Doyle Specialists will evaluate your Jewelry, Art, Silver, and Coins for auction consignment or outright purchase. We invite you to schedule a private appointment.

Samira Farmer, VP, 202-342-6100, DoyleDC@Doyle.com

White Gold, Diamond, South Sea Cultured Pearl and Tahitian Gray Cultured Pearl Necklace. Sold for \$68,750

DOYLE.COM



It's Your Time to Celebrate with up to a \$100 Resort Credit!

**Make any occasion special with a spring
getaway to our 72° resort**

Whether a milestone celebration or the day you ran a mile, we'll help make your celebration getaway extra special by offering a \$100 resort credit per night. Luxurious spa treatments, delicious dining, unique shopping and fun recreation options provide everything you need for a joyous occasion.

Book your getaway today!

GaylordNational.com

or call (301) 965-4000 (refer to promo code Z/L)



Valid through December 31, 2016. Limited number of rooms available for this promotion. Offer does not apply to groups of 10 or more rooms. Offer cannot be combined with any other promotion. Limit one (1) \$100 resort credit per night. See website for complete terms and conditions.



**NEW Year's
Resolutions:**
-LOSE weight
-QUIT smoking
-EXERCISE
-VOLUNTEER!

Are you looking for a unique and meaningful way to give back to your community?

Safe and reliable transportation is the key to ensuring that seniors who wish to continue to live independently in their homes can continue to do so successfully. **Sign up to be a volunteer driver, and give the gift of a lift today!** Call NV Rides at **703-537-3071** to find out how to become a volunteer driver, or about other volunteer opportunities. Visit us online at www.nvrider.org and "like" us on Facebook.



ENTERTAINMENT

Global-Phonic Music Festival: Kiran Ahlumalia. 8 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Kiran Ahlumalia is joined by her husband, guitarist Rez Abbasi, to perform music in the Indian and Pakistani tradition. Free, but tickets required. Visit www.arlingtonarts.org.

FRIDAY-SATURDAY/MARCH 4-5

Washington Antiquarian Book Fair. 4-8 p.m. on Friday, 10 a.m.-5 p.m. on Saturday at Holiday Inn Rosslyn at Key Bridge, 1900 N. Fort Myer Drive. Exhibitors from around the country will convene, offering both serious collectors and budding enthusiasts rare books, manuscripts, modern first editions, autographs, prints, maps, drawings and other rare finds. Tickets are \$14 for both days, \$8 for Saturday only, and \$5 for students and librarians with ID. Visit www.WABF.com for more.

FRIDAY-SUNDAY/MARCH 4-6

“South Pacific.” 7:30 p.m. Friday-Saturday, 3 p.m. on Sunday at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Chalice Theater celebrates its 20th anniversary with Rodger and Hammerstein’s “South Pacific.” The story revolves around prejudice, war, and romance on an American military base during WWII. Tickets are \$20 for general admission, \$15 for seniors and students. Visit www.uucava.org for more.

SATURDAY/MARCH 5

NoVa Teen Book Festival. 9:30 a.m.-5:30 p.m. at Washington-Lee High School, 1301 N. Stafford St., Arlington. This event features panel discussions, special speakers, book signings, food and fun. Guests include Holly Black, Josh Sundquist, Julie Murphy, Tommy Wallach, Jennifer Donnelly and Jason Reynolds. Free. Visit www.novateenbookfestival.com for more.

“Treemonisha” Brunch. 1 p.m. at Washington Golf & Country Club, 3017 N. Glebe Road. Arlington’s Opera NOVA is hosting a benefit for folk opera “Treemonisha.” Tickets start at \$75. Visit www.operanova.org for more.

“Wash Over You–Part 1.” 4:30 p.m. at Atlas Performing Arts Center, Lab Theatre II, 1333 H St. N.E., Washington, D.C. Arlington’s Jane Franklin Dance presents “Wash Over You,” which finds travelers moved along an unpredictable river. Tickets are \$20. Visit www.janefranklin.com for more.

Monte Carlo Night. 7-11 p.m. at Ronald Reagan National Airport in Historic “Terminal A.” Leadership Arlington and Leadership Center for Excellence present Monte Carlo Night: Casablanca, a gala in support of Leadership Arlington’s Youth Program. Tickets start at \$185. Visit www.leadershiparlington.org for more.

SUNDAY/MARCH 6

Crescendo Concert. 4 p.m. at Culpepper Garden Senior Center, at 4435 Pershing Drive. Crescendo, the Youth Chamber Music Program of the Arlington Philharmonic, will perform a concert featuring Tango, Pops, and Jazz repertoire. Free, but donations accepted. Visit www.arlingtonphilharmonic.org for more.

MONDAY/MARCH 7

Signature in the Schools: “295N.” 7:30 p.m. at Signature Theatre, 4200 Campbell Ave. Featuring a cast and crew of Arlington County high school students, “295N” looks at the history of race in America through the lens of Baltimore’s history. Free, but reservations required. Visit www.sigtheatre.org or call 703-820-9771 for more.

THURSDAY/MARCH 10

Book Talk: “High Hand.” 6 p.m. at Barnes & Noble, Clarendon Market Common, 2800 Clarendon Blvd. Author James Rosen discusses his spy thriller, “High Hand.” Free. Call 703-248-8244 for more.

Book Talk: “Martha Jefferson Randolph.” 7 p.m. at Marymount University Reinsch Library, 2807 N. Glebe Road. The Arlington Historical Society will host Dr. Billy Wayson, who will speak about his book, “Martha Jefferson Randolph: Republican Daughter and Plantation Mistress.” Free. Call 703-942-9247 for more.

FRIDAY/MARCH 11

Global-Phonic Music Festival: Lulacruza. 8 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. South American duo blends indigenous instruments like the Colombian cuatro, charango and bombo legüero and utilize electronic processing and sequencing. Free, but tickets required. Visit www.arlingtonarts.org.

FRIDAY-SUNDAY/MARCH 11-13

“South Pacific.” 7:30 p.m. Friday-Saturday, 3 p.m. on Sunday at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd.

Chalice Theater celebrates its 20th anniversary with Rodger and Hammerstein’s “South Pacific.” The story revolves around prejudice, war, and romance on an American military base during WWII. Tickets are \$20 for general admission, \$15 for seniors and students. Visit www.uucava.org for more.

SATURDAY/MARCH 12

“Mouse in the House.” 3 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. Jane Franklin Dance gives a performance of an adaptation of the book by Elizabeth Spire, “Mouse in House,” which reveals a friendship between a mouse and reclusive 19th-century poet Emily Dickinson. Tickets are \$10-15. Visit www.janefranklin.com.

Forty+ Performance. 5 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. A mixed repertory performance by Forty+ features new works by Andie Ligon de Vault, Emily Crews, and recent works by Jane Franklin. “Just Wear a Scarf” comments on the appropriateness of suitable attire for the well-dressed woman, and more. Forty+ performers are a diverse group of women, with careers spanning the government, public and private sectors, some who have retired, a varying range of physical facility. Tickets are \$15 in advance, \$20 at the door. Tickets are \$10 for children under 17 and seniors 65+ in advance. Visit www.janefranklin.com for more.

Wounded Warrior Bowl-O-Rama.

7-11 p.m. at Fort Myers Bowling Center, 224 McNair Road, Fort Myers. Psi Nu Chapter, Omega Psi Phi Fraternity, Inc. of Alexandria hosts an event benefitting the Wounded Warrior Project. Tickets are \$20. Visit www.woundedwarriorproject.org for more.

National Chamber Ensemble:

“American Landscape.” 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. The National Chamber Ensemble celebrates International Women’s Day with American music by composer Amy Beach. Tickets are \$33, \$17 for students. Visit www.nationalchamberensemble.org for more.

“Wash Over You Part I and II.” 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. “Wash Over You” finds travelers moved along an unpredictable, serene yet powerful river. Music is by audio producer, violinist and composer David Schulman. Video vignettes by Jane Franklin reference stop motion animation and supply an intermittent backdrop as the journey progresses. Tickets are \$15 in advance, \$20 at

the door. Visit www.janefranklin.com for more.

2016 Lit Up Ball. 8-11 p.m. at the Clarendon Ballroom, 3185 Wilson Blvd. The Friends of the Arlington Public Library present the third Lit Up Ball, a literary-themed social event created to raise money for the Library’s Early Literacy initiatives. Tickets are \$35. Visit www.arlingtonlibraryfirends.org for more.

SATURDAY/MARCH 13

Solar Home Tour. 1:30-3 p.m. at 706 N. Ivy St. Tour an Arlington home that includes solar water heating, solar electric tied to a battery bank, a solar attic vent fan, and a geothermal heat pump. A rear sunroom adds passive solar heating and Virginia’s first electrochromic glass. A small office building also features solar electric roofing shingles, a small wind turbine and a hydrogen fuel cell charging a smart, web-enabled battery bank. Free. Call 703-522-3049 or email solarsklar@aol.com.

“Wash Over You Part I and II.” 4 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. “Wash Over You” finds travelers moved along an unpredictable, serene yet powerful river. Music is by audio producer, violinist and composer David Schulman. Video vignettes by Jane Franklin reference stop motion animation and supply an intermittent backdrop as the journey progresses. Tickets are \$15 in advance, \$20 at the door. Visit www.janefranklin.com for more.

FRIDAY-SATURDAY/MARCH 18-19

Bowen McCauley: “Twenty Years with Love.” 7 p.m. at the Kennedy Center, 2700 F St., Washington D.C. Arlington dance company celebrates 20th anniversary with a world premiere of “Ars Amatoria,” an interpretation of ancient instructional writings about the arts of seduction and love. Also on the program, a solo danced to the music of Juilliard professor and composer Michael White. Tickets are \$40-45. Visit www.bmdc.org for more.

SATURDAY/MARCH 19

“Mouse in the House.” 3 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. Jane Franklin Dance gives a performance of an adaptation of the book by Elizabeth Spire, “Mouse in House,” which reveals a friendship between a mouse and reclusive 19th-century poet Emily Dickinson. Tickets are \$10-15. Visit www.janefranklin.com.

Forty+ Performance. 5 p.m. at Theatre on the Run, 3700 S. Four

Mile Run Drive. A mixed repertory performance by Forty+ features new works by Andie Ligon de Vault, Emily Crews, and recent works by Jane Franklin. “Just Wear a Scarf” comments on the appropriateness of suitable attire for the well-dressed woman, and more. Forty+ performers are a diverse group of women, with careers spanning the government, public and private sectors, some who have retired, a varying range of physical facility. Tickets are \$15 in advance, \$20 at the door. Tickets are \$10 for children under 17 and seniors 65+ in advance. Visit www.janefranklin.com for more.

Bowen McCauley: “Twenty Years with Love” Soirée. 9:30 p.m. at Kennedy Center, 2700 F St., Washington D.C. Tickets includes premium performance seating at the prior performance of world premiere of “Ars Amatoria,” a playful interpretation of ancient instructional writings about the arts of seduction and love. Also on the program, a solo danced to the music of Juilliard professor and composer Michael White. Tickets are \$150. Visit www.bmdc.org for more.

“Wash Over You Part I and II.” 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. “Wash Over You” finds travelers moved along an unpredictable, serene yet powerful river. Music is by audio producer, violinist and composer David Schulman. Video vignettes by Jane Franklin reference stop motion animation and supply an intermittent backdrop as the journey progresses. Tickets are \$15 in advance, \$20 at the door. Visit www.janefranklin.com.

MONDAY-FRIDAY/MARCH 21-25

Synetic Theater Spring Break

Camp. 9 a.m.-3 p.m. at Synetic Theater, 1800 S. Bell St. Synetic’s one-week camp combines drama skills, creative play, and physical theater with the legends, landmarks and art of ancient Egypt. Camp includes a field trip to the National Museum of Natural History and culminates in the campers creating living exhibitions inspired by the week of theatre exercises, visual art, and collaborative research. Early registration is \$307 and regular registration is \$357. Visit www.synetictheater.org for more.

MONDAY/MARCH 28

Laughter Yoga. 6-7:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Laughter Yoga, for all ages, is a fun practice that reduces stress and strengthens the immune system. Free. Email arlingtonlaughteryoga@yahoo.com.

BANK OWNED ON SITE REAL ESTATE AUCTION

Arlington

4629B 28th Rd S #B 22206
2 Bedrooms, 1 Bath, 875 sqft.

Sale Date Saturday, April 16, Noon

FREE COLOR BROCHURE

(800) 260-5846

AuctionServicesIntl.com

5% Buyers Premium
Clyde F. (Fred) Wilson, Jr.
VA-1024
ASI-FM.2908000855

GEORGETOWN UNIVERSITY



MS program in Biotechnology

One year with rolling admission

Fall 2016 deadline is 5/1/16

Contact the Program Coordinator for details

202-687-1070

<http://biotechnology.georgetown.edu>

Robert Beatson II

Attorney/Accountant,

Former IRS Attorney

Admitted to DC, MD, VA & NY Bars

**All Types of Federal, State,
Local & Foreign Taxes**

Individual • Business
Trusts • Estates • Wills
Amended & Late Returns
Back Taxes • IRS Audits
• Civil Litigation
Business Law • Contracts

**703-798-3590 or
301-340-2951
www.beatsonlaw.com**

Managing Medication

“Let’s Talk about RxSM” helps seniors avoid prescription drug mishaps.

BY MARILYN CAMPBELL
THE CONNECTION

It was around 2 a.m. on a frigid winter night when Janet Russell was awakened from her sleep by the sound of woman calling for help. The cries were coming from the front lawn of her Arlington home. She ventured out into the cold to find her 84-year-old neighbor lying on the ground, believing that dozens of bugs were crawling on her skin.

“She was having bad hallucinations, and it turns out that she’d taken the wrong combination of medicines,” said Russell. “She was on about 11 different medications, some for her blood pressure, and she was administering them to herself.”

MEDICATION ERRORS are not uncommon, according to a recent survey by Home Instead Senior Care. Their survey showed that 20 percent of seniors who take more than five medications had problems taking them as prescribed. Unintentional medication

“... their medication is something that people generally like to have control over.”

— Ian Lovejoy, Home Instead Senior Care

misuse, such as forgetting to take a dose or taking more or less than the required dose, can have devastating results. Home Instead is encouraging families to talk with their loved ones about medication management and are offering suggestions on how to approach such conversations.

“If you notice a change in personality or thinking, or if they’re having a mobility issue or if they seem sluggish, those are signs of medication mismanagement,” said Ian Lovejoy, director of operations of Home Instead Senior Care in Fairfax County.

Home Instead has created a program called “Let’s Talk about RxSM” (prescription self medication). This program is designed to inform seniors’ families about the dangers of medication mismanagement as well as offer tips for minimizing the risks and suggestions for starting a dialogue about taking medication as prescribed.

“Our goal is to keep seniors at home and safe,” said Lovejoy. “We want the daughter and the son not have to focus on the pill bottle.”

Discovering that an elderly patient is taking more than five medications could be a warning sign that they may lose track or get confused about the timing and dosage for each prescription.

“If an adult child sees that their parent is on many medications, I would suggest what I call brown bagging: putting all of the medications in a brown paper bag and taking them with you to the next doctor visit,” said Omobola Oyeleye, an assistant professor of nursing at Northern Virginia Community College who teaches a class in drug dosage calculations.

For More Information

<http://www.caregiverstress.com/senior-safety/lets-talk-about-rx/risk-solutions-guide/>

WWW.CONNECTIONNEWSPAPERS.COM



PHOTO COURTESY OF HOME INSTEAD SENIOR CARE

A new study shows that that 20 percent of seniors who take more than five medications had problems taking their prescription drugs as directed by their doctor.

“They can go through each medication with the doctor and find out what it’s for. Sometimes, for example, someone might be taking a medication that was prescribed six months ago for a condition that has already cleared up.”

Oyeleye suggests a conducting what she calls a medication reconciliation in order to determine whether someone is taking multiple medications for the same condition. “What you might find is that one medication exacerbates or even negates the other,” she said.

Trisha Brechling Miller, 57 of McLean, has managed the medications for both her 85-year old husband, Larry, and her 84-year old mother. After Larry fell, broke his hip and became immobile, Muller began using a calendar to keep his medication schedule in order. “I have a calendar that helps keep me organized as to what he needs to take and when,” she said. “If it changes, I update it.” Miller, a Home Instead Senior Care client, is also assisting her mother in creating a medications calendar.

CONVERSATION ABOUT MEDICATION can be fraught with tension. A perceived loss of freedom is one factor that can make getting involved in managing family members’ medication complicated, says Lovejoy.

“It’s just one more thing that they’re losing control over,” he said. “Along with the car and their mobility, their medication is something that people generally like to have control over.”

Clear lines of communication are necessary, as families often play a critical role in intervening and preventing a possible negative outcomes.

“My husband is on 10 different medications, and we’re able to manage his medications, but there are people who can’t do that. Those people tend to rely on family,” said Sheila Moldover of the Potomac Community Village in Potomac, Md. “They need children or close friends who handle it for them.” The Potomac Community Village offers programs and services designed to help seniors lead healthy lives and remain in their homes as long as possible.

Gaining empathy from a parent and making it about the child’s feelings is one way to open communication, so Lovejoy suggests that caregivers start by finding a common ground. “It’s important to communicate the emotional stress that potential medication mistakes can cause for a loved one,” he said. “Let your parent know that you are concerned. Your parents don’t want you to be upset.”

Dermatology & Allergy

SPECIALISTS OF VIRGINIA

Kathryn J. Sowerwine, MD



Dr. Kathryn J. Sowerwine is a board certified Allergist and Immunologist with a special interest in dermatological diseases linked to allergy. She completed a residency in Internal Medicine at Georgetown University Hospital and her clinical and research fellowship in allergy and immunology at the National Institutes of Health in Bethesda, MD.

Dr. Sowerwine has specialized training and experience to find out what causes your allergies, prevent and treat symptoms, and help keep them under control.

Allergy Patch Testing • Asthma • Hives • Allergy Eczema
Food & Environmental Allergy Testing • Sinusitis
Insect Venom Allergy Testing • Immunotherapy • Allergic Rhinitis

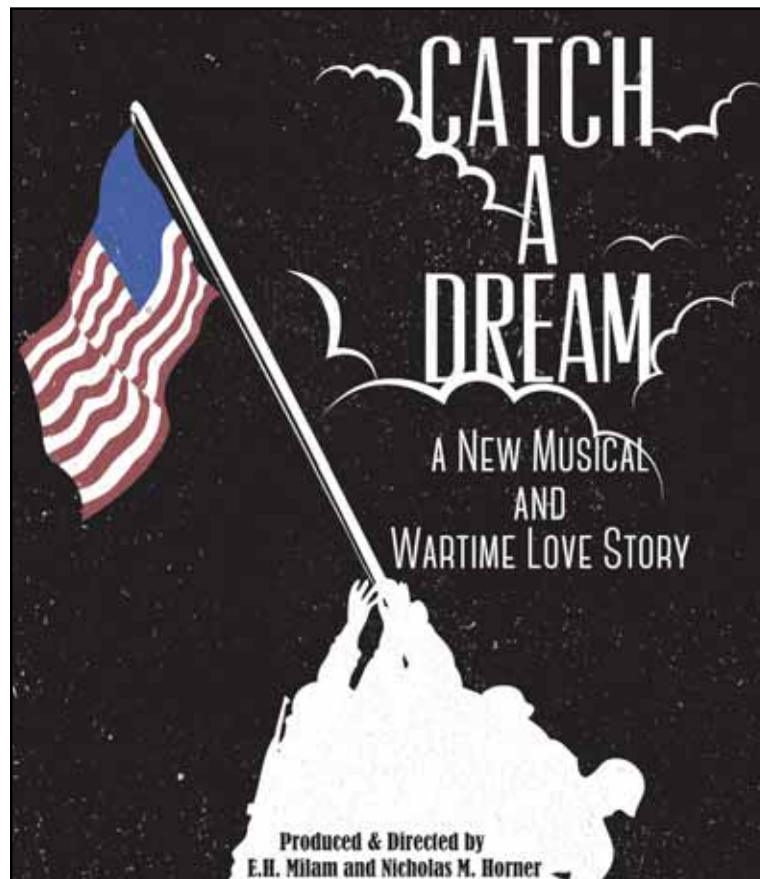
Accepting New Patients

1800 Town Center Dr., Ste. 415
Reston, VA 20190

1715 N. George Mason Dr., Ste. 105
Arlington, VA 22205

Phone **703-709-1492** • Fax **703-709-5111**

www.dermspecialistsva.com

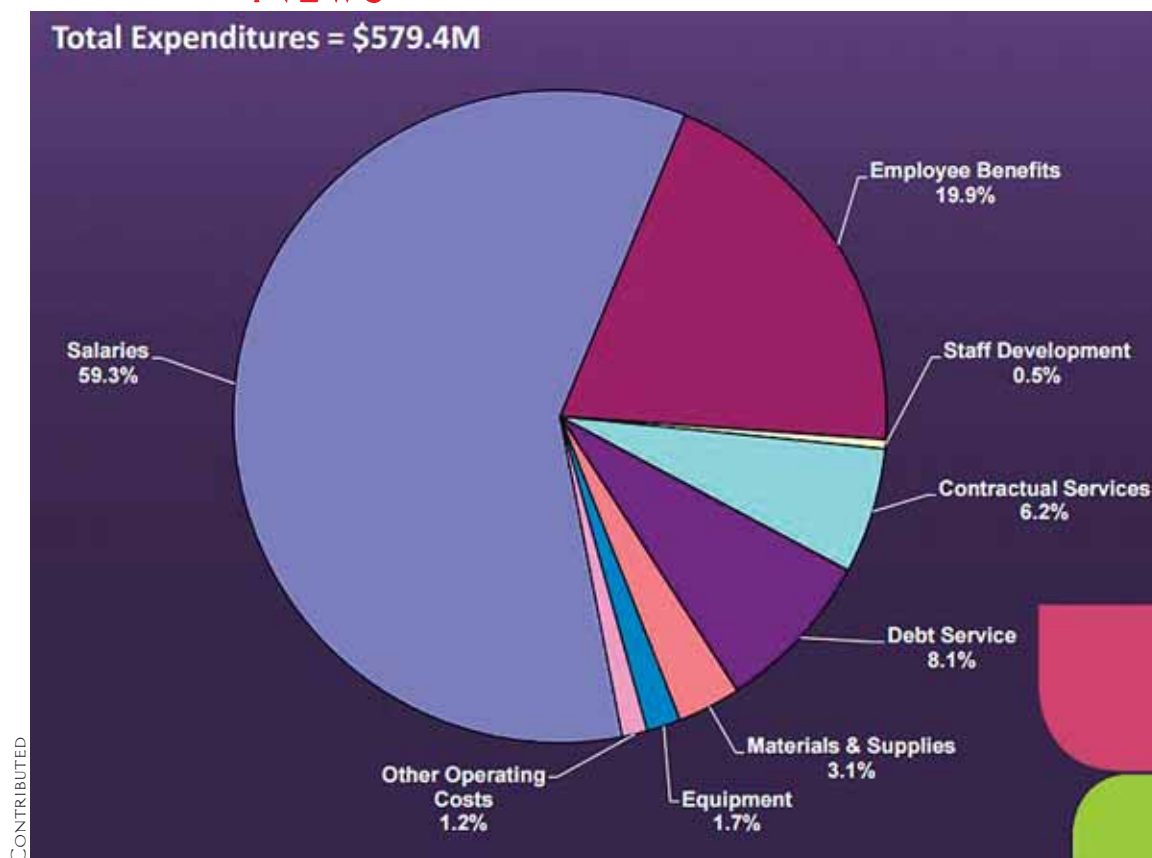


March 10, 11, 12, 17, 18, 19, 2016 -- 7:30pm
March 13, 2016 Special Matinee -- 2:30pm

The Kaufman Theatre at the Lee Center
1108 Jefferson St. Alexandria, VA

For tickets: Visit Cadmusical.com to purchase online

Or Call - 1-800-208-4019
Tickets Starting at \$20



Expenditures within the school operating budget.

Mind the Gap

Quick look at the Arlington County Schools budget.

BY VERNON MILES
THE CONNECTION

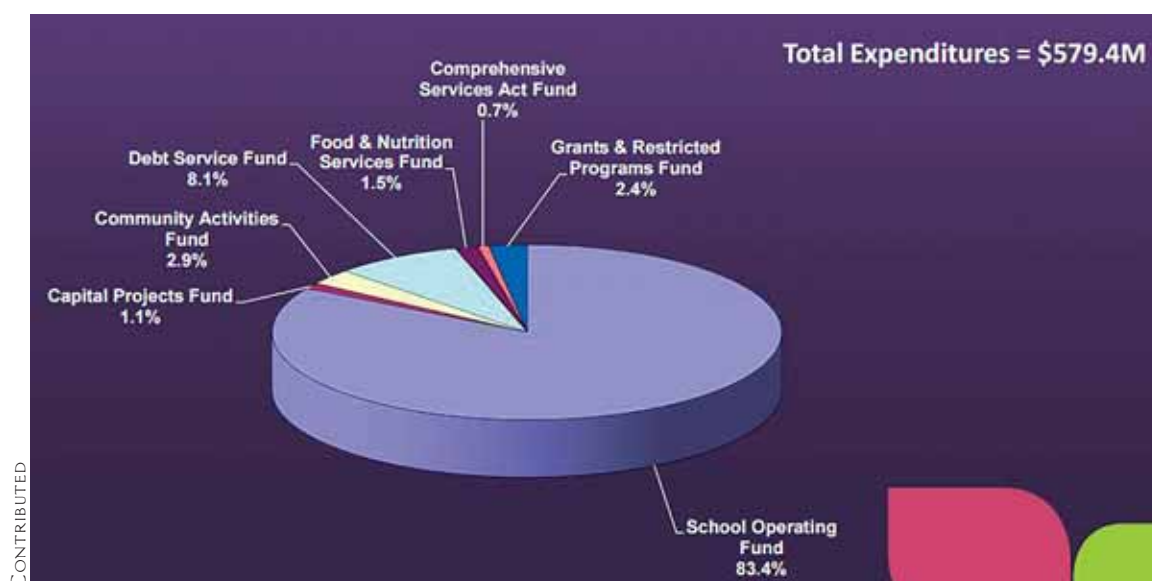
Arlington County has a revenue sharing agreement with the school system, where the schools automatically receive 46.5 percent of the local taxes revenue. For FY 2017, the County Manager Mark Schwartz set that number at \$462.5 million, with an additional \$2.4 million in one-time funding, totaling \$464.9 million. Superintendent Dr. Patrick Murphy's plans for FY 2017 assumes a \$579.4 million budget, 80 percent of (463.5 million) which comes from the Arlington County transfer. However, before the County Board adopts its budget on April 16, either Murphy or Schwartz will need to find \$1.9 million in their respective budgets to close that gap.

This year's school budget is a \$22 million (3 percent) increase over last year's \$557.3 million budget. According to Murphy, the core of the increase is \$10.8 million to deal with ongoing student enrollment growth and \$9.6 million for a step increase for eligible staff. Enrollment is expected to grow by 1,135 students to a total of 26,372 students. Since 2009, every two years the school faculty and staff have received step increases, including an increase in the FY 2015-2016 school year. The budget also includes a \$2 million one-time payment to eligible employees not receiving a step increase or other adjustments for hourly employees.

\$4.4 million is devoted to instructional/student support initiatives, and \$3 million to rebuilding school infrastructure.

One of the smaller new expenses is \$750,000 in funding for Arlington Tech, a new technical and engineering focused program at the Arlington Career Center.

The School Board now moves into the add/delete phase of the budget process, towards final approval by the board on May 5.



Breakdown of school expenditures.

Arlington's Safety Net

FROM PAGE 2

through strategic collaboration with each other and in public-private partnerships with Arlington County. Each organization focuses on what it does best while ensuring that clients access additional services they need from other organizations. For example, Doorways for Women and Children partners with the Arlington Partnership for Affordable Housing to help victims of domestic violence find safe housing while working with the victims to build their self-sufficiency and heal from the trauma of abuse.

A social return on investment analysis reveals the value delivered and costs avoided by these nonprofits. Citing a national study, the report notes, according to several conservative estimates, every dollar invested in addiction treatment programs yields a return of between \$4 and \$7 in reduced drug-related crime, criminal justice costs, and theft. When savings related to healthcare are included, total savings can exceed costs by a ratio of 12-to-1. In examining the social return on investment of AFAC's services, a George Mason University study estimates groceries from AFAC help to avoid upwards of \$4 million in health care costs associated with food insecurity in Arlington County.

These 14 non-profits also contribute to Arlington's economy. Although nonprofits by definition do not make a profit, they do generate revenues to support their services, and they make significant expenditures in delivering these services. As with other businesses, they pay taxes and hire employees (who in turn pay taxes and spend money on local consumer goods and services). In FY 2015, these 14 nonprofits generated \$58 million in revenues, employed 444 individuals and paid \$6.6 million in property taxes. "That is 14 fairly small grassroots nonprofits, not even counting the whole nonprofit sector, which would include the bigger nonprofits," Vor der Bruegge said.

The Nonprofit Resource Center is a knowledge hub for Arlington nonprofits. The Arlington Community Foundation provides funding and other material support to the Center as a means of extending its investments in Arlington nonprofits. Marymount students and faculty provide services while being exposed to issues that transcend the formal academic environment.

Vor der Bruegge said the Non-profit Resource Center would be

Economic Impacts

The FY 2015 economic impacts of the 14 nonprofits covered in this report are as follows:

- ❖ Over \$58 million in revenues were generated in FY 2015.
- ❖ Nearly \$8 million were cash revenues from Federal and State government sources.
- ❖ \$6.5 million were funds from Arlington County, representing 11 percent of the combined total revenues of all 14 nonprofits. The actual percentage of any given nonprofit's revenues from Arlington County varies widely, ranging from 1 percent to 90 percent. Eight of the 14 nonprofits received 25 percent or under of their funding from the county; of these, six received less than 6 percent of their funding from the county.
- ❖ Nearly \$17 million were in cash contributions from foundations, special events, businesses, individuals, the faith community, and others.
- ❖ Just over \$18 million in revenues were from fees and contracts that are significant sources for only four of the nonprofits. Phoenix House receives fees from Medicaid, government contracts, and private insurance for its services. The three nonprofit housing providers — AHC Inc, APAH, and WHDC — receive the majority of their income from property operations and project management fees.
- ❖ Nearly \$9 million were in-kind revenues of volunteer time, donated food, and supplies.
- ❖ Total FY 2015 operating expenditures of these 14 nonprofits were nearly \$45 million.
- ❖ 444 individuals were employed (296 full-time and 148 part-time).
- ❖ Nearly \$24 million in salaries, wages, and benefits were paid.
- ❖ \$1.8 million in employment taxes were paid.
- ❖ \$6.6 million in property taxes were paid.

looking ahead to the gaps which remain unfilled in the Arlington area; there are many. For instance, last year, Guest House received over 378 applications, averaging more than one per day, for its residential program for female ex-offenders, and yet could only house 66 women in the program.

Vor der Bruegge urged residents to read the stories about those who were helped: "These are people that you run into in daily life," she said. "They are your cleaning ladies, or the retiree living down the street. They are the child care providers, the office cleaners, and the hotel workers. They are the parents of children your child may go to school with." Vor der Bruegge lamented that many Arlingtonians still don't understand the need to support fellow residents who have emergency needs, or need affordable housing. At the same time, she said, Arlington is a prime example of nonprofits working collaboratively and with unusually strong support from local volunteers.

The full report is online at <http://bit.ly/1PpA5IG>.

WWW.CONNECTIONNEWSPAPERS.COM

SPORTS

Wakefield Headed Back to State Tournament

Warriors finish runner-up in 5A North region.

BY JON ROETMAN
THE CONNECTION

Sophomore forward Amari Cooper threw down a dunk late in the region semifinal contest, head coach Tony Bentley raised his hands in celebration and the Wakefield crowd went wild.

The Warriors are again experiencing postseason success.

The Wakefield boys' basketball team defeated Potomac Falls 76-67 in the 5A North region tournament semifinals on Feb. 25 in Arlington. Potomac Falls senior Danny Cox made a pair of free throws with 1:12 remaining, cutting the Wakefield lead to 71-67, but the Warriors scored the final five points of the game, including Cooper's one-handed jam.

"When I saw Amari go up," Bentley said, "that's the first time I showed a little bit of emotion — [put] my hands up — because I looked at the clock [and] we were up enough."

On Feb. 27, Wakefield traveled to Potomac High School for the region championship game. The Warriors finished runner-up, losing the Panthers 85-73.

Wakefield (24-2), the No. 2 seed from 6A North, will face Deep Run, the No. 3 seed from 6A South, in the state quarterfinals at 5:30 p.m. on Saturday, March 5 at Robinson Secondary School. The winner will face the winner of L.C. Bird and Potomac Falls in the semifinals at 11:45 a.m. at VCU in Richmond.

The state final will be played at 3:45 p.m. on March 9 at VCU.

Wakefield on Feb. 27 played in a region championship game for the third time in four years. The Warriors lost in overtime to Woodson in the 2013 AAA Northern Region final and defeated Potomac in the 2014 5A North championship game.

Last year, however, the Warriors entered the region tournament on a lengthy win streak only to suffer a season-ending loss



Wakefield junior Alan Treacle scored 13 points against Potomac Falls on in the 5A North region semifinals on Feb. 25.

to Freedom in the quarterfinals.

"Games like that ... they're left [behind] but they're not forgotten," senior Deng Nhial said. "That game has always stuck [with] us ever since the beginning of the season."

This year's Wakefield team avoided another postseason meltdown. The Warriors defeated Halifax County 71-58 in the quarterfinals on Feb. 23, which secured Wakefield a berth in the state tournament. Against Potomac Falls on Feb. 25, the Warriors earned a trip to the region final.

On Feb. 20, Wakefield won its fourth consecutive conference/district championship, beating Marshall 50-47 in the Conference 13 tournament final.

Many of this year's primary contributors are new to the Wakefield program, but Bentley said the Warriors' two prominent returners, senior forward Nhial and junior guard Alan Treacle, stressed the importance of not repeating last year's disappointing postseason performance.

"It means a lot," Bentley said about this

year's postseason success. "Alan and Deng came back saying that we can't go out like we did last year. Every team talks about one game at a time, but we really had to buy into one game at a time and then the wins started racking up because no one thought we were going to be anything. Even Coach Bentley said: 'Life after [all-state performer and 2015 Wakefield graduate Dominique Tham], what are we going to do?' and these guys stepped up."

Three of Wakefield's starters against Potomac Falls transferred to the school prior to this season. Senior guard Jonathan Adams, who transferred from Woodbridge, led the Warriors with 18 points. Junior guard Halil Parks (Washington-Lee) finished with 11 points and senior guard Eric Martin (Edison) added five.

"This is new to me," Adams said. "I've never experienced [anything] like this. I'm just here for the ride and to do my part."

Cooper, a 6-foot-4 sophomore who moved to the area from South Carolina, finished with 12 points off the bench.



PHOTO BY JEFF MCQUILKIN

Head coach Tony Bentley has led the Wakefield boys' basketball program to three region final berths in the last four seasons.

"The sky is the limit for Amari," Bentley said. "Sophomore, two dunks tonight, excitement dunks, exciting blocks — those were momentum swings. To see him emerging right in front of my eyes, it looks good when I've got to think about Deng leaving us next year."

Nhial scored 14 points for Wakefield and Treacle finished with 13.

A bucket by senior Dondrea Tillman gave Potomac Falls a 28-26 lead in the second quarter, but Wakefield responded with an 18-4 run that stretched into the third quarter, taking a 44-32 lead with an Adams jumper. The Warriors led by as many as 15, when a Parks 3-pointer gave Wakefield a 53-38 advantage in the third quarter.

Potomac Falls trailed by eight entering the fourth quarter and pulled to within two when junior guard Brian Sweeney knocked down a 3-pointer with less than 6 minutes remaining, cutting the Warrior lead to 59-57. However, the Panthers were unable to tie the score or take the lead for the remainder of the contest.

Tillman led Potomac Falls with 25 points. Sweeney finished with 19.

Saint Ann Catholic Church

SUNDAY LITURGY SCHEDULE:
Saturday Vigil: 5:30 PM
Sunday: 7:30, 9:00, and 11:00 AM
1:30 PM Spanish Liturgy

DAILY EUCHARIST:
Weekdays
Monday-Friday, 8:30 AM
Saturday, 8:30 AM

5312 North 10th Street,
Arlington, Virginia 22205
Parish Office: 703-528-6276

PARISH WEBSITE:
www.stannchurch.org

All Are Welcome!

To highlight your Faith Community, call Karen at 703-778-9422

Home of the \$6,850 Bathroom Remodel
From Now to WOW in 5 Days Guarantee

10% down
nothing until the job
is complete for the
past 17 years

TWO POOR TEACHERS
Kitchen and Bathroom Remodeling



Free Estimates
703-999-2928



Visit our website: www.twopoorteachers.com

Select your
products from
our Mobile
Showroom
and Design
Center

Fully Insured &
Class A Licensed
Since 1999



It Just So Happens...



By KENNETH B. LOURIE

That as I sit and attempt to write next week's column, I am doing so on the exact date, February 27th, seven years ago when I met the oncologist who delivered to me, my wife, Dina and my brother, Richard (a.k.a. "Team Lourie") the devastating news that would change my life/life expectancy forever. A phone call from my internal medicine doctor the previous week had confirmed that the biopsy indicated a malignancy in my lungs and an appointment with an oncologist to discuss the details was recommended. A week later, "Team Lourie" met the oncologist who advised us that the tumors were in fact non-small cell lung cancer (NSCLC), stage IV; "inoperable, incurable," and with a "13-month to two-year" prognosis. After reviewing the recent medical history that led up to this appointment, and then discussing with the doctor the various alternatives/treatment protocols – and likely outcomes, we all agreed that I should begin every-three-week chemotherapy as soon as possible. And so, six days later, on the following Wednesday, it began. The rest, as you regular readers know, is history, and "history" which I'm proud to say is still being made.

However, as much as this date is about me – and as a cancer patient, you're often told: "it's all about you" – I can't appreciate my life (and amazing good fortune) without expressing my condolences generally to all the newfound friends, acquaintances, a few relatives and the miscellaneous names; some famous and noteworthy, many not, whom I have heard about and read about, who have succumbed to this terrible disease. A disease which, at least when I was originally diagnosed, offered patients very little hope of surviving even beyond two years; I'm living into my eighth year now. My oncologist refers to me as his "third miracle," a moniker I am happy to embrace and incredibly fortunate to have earned with a disproportionate amount of luck, perseverance and a positive, self-effacing, find-humor/make-humor, take-the-good-with-bad and the-bad-with-the-good approach that if I believe any of what I've been told by numerous medical professionals, has likely contributed to my overall good health. And though there are no guarantees offered or given in oncology, I am at least one example of a grim tale that turned out not to be a fairy tale.

Let me be clear: I am not in remission. I am still under the regular and recurring care of my oncologist. I still receive chemotherapy infusions every four weeks. I still go for diagnostic scans every three months, and a follow-up appointment with my oncologist a week or so later for evaluation and assessment. I still live every day knowing there remains no cure for what ails me. And as written about in last week's column, "A Further Explanation," the experience has changed me forever, no doubt reflecting the ongoing demands of being diagnosed with a terminal form of cancer, a diagnosis which is all it's cracked up to be.

But dwelling on this reality serves no purpose. And living as if today is my last day doesn't resonate with me either. I prefer to live my life as much as possible, anyway, as how I would otherwise live it: no bucket lists to fill or must-haves or must-dos. Instead, I'd rather do what I must and live as I have: consistent with who I am and who I've become: a seven-plus year cancer survivor amazed to still be alive and appreciative of all the help and encouragement I've received along the way.

One might think being diagnosed with cancer/living with cancer is a solitary pursuit, and in many ways, I suppose it is; but in my sharing, I've found caring, and I believe there's strength in those numbers. Happy Anniversary to me and to all my fellow cancer patients who claim this date as a significant milestone; be it one day, one week, one month, one year or multiple years. Congratulations to us all. We deserve it!

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ZONE 6: • ARLINGTON • GREAT FALLS
• McLEAN • VIENNA/OAKTON

CLASSIFIED

703-778-9411

ZONE 6 AD DEADLINE:
MONDAY NOON

THE CONNECTION
NEWSPAPERS

CLASSIFIED

For Local...

- Employment
- Employees
- Services
- Entertainment
- Announcements
- Real Estate
- Cars
- Trucks
- Vans
- RV's
- Boats
- Pets
- Yard Sales
- Crafts
- Hobbies
- And More!

For All
Your
Advertising
Needs...

It Works.
Week
After Week.

703
917-6400

Place
Your
Ad
Today!

THE CONNECTION
to your community

21 Announcements

ABC LICENSE
Pamplona, LLC trading as Pamplona, 3100 Clarendon Blvd. Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises; Mixed Beverage license to sell or manufacture alcoholic beverages. Naeem Mohd, President
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

21 Announcements

ABC LICENSE
Basic Burger, LLC trading as Basic Burger, 2024 Wilson Blvd, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises license to sell or manufacture alcoholic beverages. Dave Diamond, Operations Director
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

21 Announcements

LEGAL NOTICE
Edward Koch, M.D., a gynecologist, announces the closure of his clinical practice located at 6707 Old Dominion Drive in McLean Virginia as of April 30, 2016. Dr. Koch can be reached at 703-288-0794 or by email at egkmdpc@hotmail.com. Information about medication refills and medical records can be obtained using the telephone number or the email noted above. Dr. Koch will remain in McLean as a medical consultant.

101 Computers

101 Computers

HDI
COMPUTER SOLUTIONS
JENNIFER SMITH ♦ Serving the Area Since 1995

- Speed Up Slow Computers
- Virus Removal
- Computer Setup
- Help with Windows 8 & 10

571-265-2038
Jennifer@HDIComputerSolutions.com

21 Announcements

NOTICE OF DISSOLUTION & NOTICE TO CLAIMANTS OF PROCEDURE TO FILE CLAIMS PURSUANT TO Code of VA. § 13.1-746.1(b.)

Inge's Properties Inc. (the "Corporation"), a Virginian corporation organized under the laws of the Commonwealth of Virginia, has dissolved in the Commonwealth of Virginia as of February 10, 2016. Pursuant to the filing of the certificate of dissolution, the Corporation hereby gives notice to all persons having a claim against the Corporation, other than a claim against the Corporation in a pending action, suit or proceeding to which the Corporation is a party, to present their claims against the Corporation in the manner prescribed below:

1. All claims must be presented to the Corporation in writing and must contain sufficient information reasonably to inform the Corporation or successor entity of the identity of the claimant and the substance of the claim.
2. The mailing address to which such a claim must be sent is: Inge's Properties Inc. c/o Robert B. Nealon, Esq., 119 N. Henry Street, Alexandria, Virginia 22314.
3. The date by which such a claim must be received by the Corporation or its successor entity is May 1, 2016.
4. Any claim that is not received by May 1, 2016 will not be evaluated for payment at this time.
5. The Corporation may make distributions to other claimants or persons interested without further notice to the claimant.
6. Further, any claim will be barred unless a proceeding to enforce such claim is commenced by the earlier of the expiration of the statute of limitations, or three years after the date of publication of this notice.

Robert B. Nealon, Secretary Pro Tempore, Inge's Properties, Inc.

Results! Why, man, I have gotten a lot of results. I know several thousand things that won't work.
-Thomas A. Edison

21 Announcements

ABC LICENSE
P&M Group, LLC trading as Red Galanga, 144 Church St. NW, Vienna, VA 22180. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises; Mixed Beverage Restaurant license to sell or manufacture alcoholic beverages. Perawat Pradawong, member
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

21 Announcements

21 Announcements

21 Announcements

26 Antiques

26 Antiques

We pay top \$ for STERLING, MEN'S WATCHES, JEWELRY, COSTUME JEWELRY, FURNITURE, PAINTINGS AND CLOCKS.
Schefer Antiques
703-241-0790
theschefer@cox.net

21 Announcements

21 Announcements

OBITUARY NOTICE

Thomas (Tom) B. Bonner, 84, of Bristow, Virginia and formerly long time resident of Vienna, Virginia passed away peacefully on February 27, 2016.

Tom was born in Altoona, Pennsylvania, the only son of the late Thomas A. and Jessie A. (Miller) Bonner, and was raised in Arlington, Virginia. Tom married his wife, Marie, in 1953, and they made their home in Vienna, Virginia, where they resided happily for 58 years, raising their family of four children. Tom was employed as an illustrator for the U.S. Department of Defense for 37 years until he retired in 1988.

Tom loved living in the town of Vienna, Virginia and was active in the community for most of his life, with a passion for service in the Vienna Volunteer Fire Department. Tom joined the department in 1961 as a volunteer fireman, and throughout the rest of his life he proudly contributed in many different capacities there, with his most recent efforts focused on the fire department's historical preservation. In 2012, after 50 years of volunteer service, he was recognized as a Life Member of the VVFD and also the VVFD Auxiliary. Tom loved baseball and enjoyed coaching in the Vienna Little League for many years, where he was inducted as a member of the Vienna Little League Honor Roll in 1985. He was also a member of the Vienna American Legion Post and was actively involved in the Knights of Columbus organization.

Tom is survived by his beloved wife, Marie, of 62 years, his four children Thomas, Jr. (Lyndee) of Centreville, VA, Terry Maddox of Warrenton, VA, John (Anne) of Centreville, VA, and Donald (Lale') of Cornelius, NC. He leaves behind nine grandchildren, Justin, Matt, Nicolle, Michelle, Jennifer, Mike, Chris, Danny, and Ben, and great grandson, Gavin. He was preceded in death by his son-in-law Ken Maddox. Tom was a loving husband, father, and grandfather and will be deeply missed by all his family and friends.

Visitation will occur from 6:00 to 8:00 pm on Tuesday, March 1, 2016 at Pierce Funeral Home in Manassas, VA. The funeral mass will be held on Wednesday, March 2, 2016 at Holy Trinity Catholic Church, in Bristow, VA, at 10:30 a.m. with interment to follow at Fairfax Memorial Park Cemetery, in Fairfax, VA. Donations in his name can be made to the Vienna Volunteer Fire Department. www.vvfd.org

HOW TO SUBMIT ADS TO

THE
CONNECTION
Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

ZONES

- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

LIFETIME METAL ROOFING

by VaCarolina Buildings, INC



It's storm season! Are you prepared?
Call the experts at VaCarolina Buildings today for your free estimate on a new professionally installed Lifetime Metal Roof!

Houses - Single Wides - Double Wides

Last Roof You'll Ever Need For Your Home!

Free Roof Inspection
45 Year Warranty
Financing Available

1.800.893.1242
metalroofover.com

ZONE 6: • ARLINGTON • GREAT FALLS
• McLEAN • VIENNA/OAKTON

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 6 AD DEADLINE:
MONDAY NOON

ELECTRICAL

K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting

Ceiling Fans

Phone/CATV

Computer Network Cabling

Service Upgrades

Hot Tubs, etc...

Licensed/Bonded/Insured

Office 703-335-0654

Mobile 703-499-0522

lektrkman28@gmail.com

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia

LAWN SERVICE

LAWN SERVICE

J.E.S. Services

Your neighborhood company since 1987

703-912-6886



Landscaping & Construction

Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

MASONRY

MASONRY

BRICK AND STONE

Custom Masonry

703-768-3900

www.custommasonry.info

Patios, Walkways, Stoops, Steps, Driveways

Repairs & New Installs • All Work Guaranteed

PAVING

PAVING

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways,
Flagstone, Concrete
FREE ESTIMATES

Licensed, Insured, Bonded

703-250-6231

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.



Summer Cleanup...

Tree removal, topping & pruning,
shrubbery trimming, mulching,
leaf removal, planting, hauling,
gutter cleaning, retaining walls,
drainage problems, etc.

25 years of experience – Free estimates

703-868-5358

24 Hour Emergency
Tree Service

LANDSCAPING

A&S CONSTRUCTION

SOD, Mulch, Clean-Up
Leaf Removal

Hauling.

703-863-7465

The biggest things are always the easiest to do because there is no competition.
-William Van Horne

WINDOWS & GLASS

WINDOWS & GLASS

CHESAPEAKE/POTOMAC WINDOW CLEANING

Residential Specialist/Family owned/operated
Working Owners Assures Quality
No Hidden Fees/No Broken Window Springs
30 yrs Experience in local area

Licensed 703-356-4459 Insured

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

EMPLOYMENT

703-778-9411

ZONE 6: • ARLINGTON • GREAT FALLS
• McLEAN • VIENNA/OAKTON

ZONE 6 AD DEADLINE:
TUESDAY 11 A.M.

VET RECEPTIONIST

Small animal hosp. Great Falls.
Will train. 703-757-7570 •
www.ourvets.com

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

EARN EXTRA INCOME SEASONAL/PART-TIME

Garden Center Merchandiser

Bell Nursery, a nationally recognized grower/ vendor is looking for hardworking people to stock our products at a garden center near you.

Come get your hands dirty, enjoy the summer weather and, earn a paycheck!

If you spend TOO much time hanging out in the garden department of your local home improvement retailer, we have the summer job for you!

Bell Nursery is one of the nation's largest live good vendors, supplying the Home Depot with its beautiful flowers!

Our Seasonal Merchandisers work in the garden departments, unloading and displaying product while providing customer service.



- Flexible seasonal work schedule
- Minimum base pay of \$10.00 an hour PLUS OVERTIME!
- Additional incentives/consideration for:
 - Being bilingual (Spanish/English)
 - Relevant work experience
 - Extensive knowledge of plants/growing

For job descriptions & locations go to:

www.bellnursery.com/careers

RN. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827

E-mail: rncontractorsinc@gmail.com

www.rncontractors.com



Picture Perfect



(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available

<http://www.pphionline.com/>

"If it can be done, we can do it"

Licensed – Bonded – Insured



HANDYMAN

HANDYMAN

HANDYMAN

HANDYMAN



HAND & HAND HANDYMAN LLC

General Remodeling • Residential & Commercial

DESIGN AND BUILD • COMPLETE HOME RENOVATION

- Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring
- Build Deck, Fence, Patios, Retaining Walls • Concrete Driveway, Brick or Stone Sidewalk
- Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured

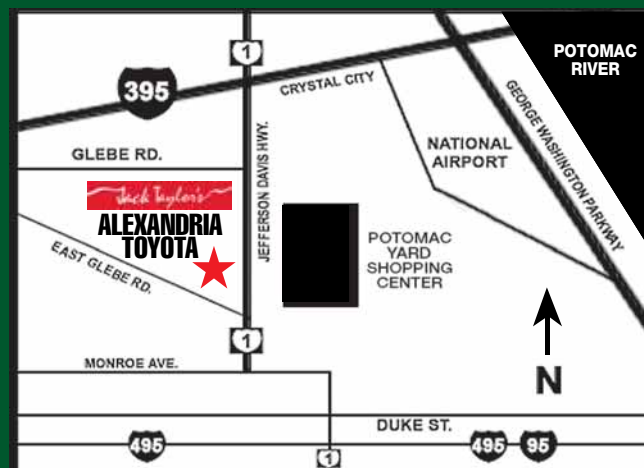
703-296-6409

Jack Taylor's ALEXANDRIA TOYOTA

3750 Jefferson Davis Hwy.
Alexandria, VA 22305

703-684-0710

www.alexandriatoyota.com



NEW! Extended Service Department Hours:

Monday – Friday, 7 am to 9 pm

Saturday, 8 am to 5 pm

Sunday, 10 am to 4 pm

Sunday by appointment only.

Make your next service appointment at:

alexandriatoyota.com

You Have Saturdays Off

That's Exactly Why We Don't!



29 YEARS OF
RECEIVING
THIS
HONOR
1 OF 4
DEALERSHIPS
IN THE NATION
TO RECEIVE THIS HONOR



ServiceCenters
Keep Your Toyota
a Toyota

TOYOTA
Owners

ToyotaOwnersOnline.com

TOYOTA
LIFETIME GUARANTEE

Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts
and strut cartridges are guaranteed to the
original purchaser for the life of the vehicle
when installed by an authorized Toyota dealer.
See us for full details.



TOYOTA
Let's Go Places



TOYOTA GENUINE SERVICE
**BUY 3 TIRES AND GET
4TH FOR**

\$1

Got Tires? NO CHARGE road hazard protection, tire
warranty, and free courtesy MULTI-POINT inspection.
Price match guarantee. See service advisor for details.

**BONUS: ADD A 4 WHEEL
ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
BRAKE SPECIAL
\$99⁹⁵

INCLUDES: Install Genuine Toyota front brake pads,
inspect front & rear rotors & drums, check tire condition
and inspect all hardware. TCMC pads only.
MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY
OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
TRUE START BATTERY SPECIAL
\$139⁹⁵

INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month FREE replacement,
24 month FREE roadside assistance, 60 month prorated,
PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries.

TOYOTA GENUINE SERVICE
**SPRING
MAINTENANCE SPECIAL**
\$59⁹⁵

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional
oil*, inspect windshield wipers, tire rotation, check tire condition,
check battery (with print-out), inspect and adjust all fluid levels,
inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters.

*SYNTHETIC OIL \$10 MORE. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA
VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
DETAIL SPECIALS

**STANDARD
HAND-WASH & VACUUM**
Recommended Monthly
\$39⁹⁵

Vacuum carpets, floor mats, upholstery
& trunk, wipe down dash board, console & door
panels, wash wheels, tires & fender wells, hand
wash exterior door jams, and dress tires.

**QUALITY
HAND-WASH
VACUUM & WAX**
Recommended Every 6 Months
\$139⁹⁵

Hand wash exterior door jams, wash wheels,
tires & fender wells, hand-wax or glaze, vacuum
carpets, upholstery & trunk, clean interior vinyl
& leather, clean dash board, vents, console,
door panels & windows, and dress tires.

**PREMIUM
FULL DETAIL**
Recommended Every 12 Months
\$295⁹⁵

Full interior & exterior detailing, including trunk,
shampoo carpets, upholstery & trunk, clean interior
vinyl & leather plus conditioning, wash wheels, tire,
fender wells & door jams, hand wash exterior, buff &
polish, wax or glaze application, tar & sap removal,
dress tires, rubber molding & trim, clean dashboard,
vents, console plus door panels, clean overhead
liner, seatbags & windows, and engine cleaning.

TOYOTA GENUINE SERVICE
**LUBE, OIL & FILTER
SERVICE SPECIAL**
\$5 OFF \$10 OFF

NON-SYNTHETIC SYNTHETIC
INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota
oil filter, inspect & adjust all fluid levels and complimentary
multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
VARIABLE DISCOUNT
\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
4 WHEEL ALIGNMENT
\$79⁹⁵

Your car's alignment suffers, and can cause uneven tire
wear, steering problems and decreased fuel economy.

INCLUDES: inspect suspension, ball joints,
struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
**COMPLIMENTARY
MULTI-POINT
INSPECTION**

INCLUDES: inspect tires, brakes, wipers,
lights, belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

EXTEND THE LIFE OF YOUR VEHICLE!
BG FLUID EXCHANGE SPECIAL
TRANSMISSION FLUSH **\$189⁹⁵**
POWER STEERING FLUSH **\$139⁹⁵**
BRAKE FLUSH **\$139⁹⁵**
FUEL INDUCTION FLUSH **\$139⁹⁵**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
**WE WILL
MEET OR BEAT
ANY LOCAL TOYOTA
DEALERSHIP'S CURRENT
ADVERTISED SERVICE SPECIALS**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

**WEDNESDAY
IS LADIES' DAY**
15% OFF
ANY REPAIR

Not to exceed \$100

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

GENUINE TOYOTA
**SIGHT LINE
WIPER BLADES**
\$10 OFF
ANY PAIR
Sight Line only

NOT VALID WITH ANY OTHER OFFER. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA
TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
15% OFF
ANY ACCESSORIES
• Apparel • Window visors
• I-pad adaptors • All weather floor mats
• Toyota bedliners

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

TOYOTA GENUINE SERVICE
**30000 MILES FACTORY
RECOMMENDED
SERVICE**
\$159⁹⁵

Synthetic \$10 More
INCLUDES: Change engine oil & filter (up to 5 qts.),
rotate tires, inspect wear and adjust pressure,
measure brake pad thickness & rotor runout,
replace cabin air filter (if equipped), replace
engine air filter, reset maintenance reminder light
(if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON
MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA.
TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 3/31/16.

**SPRING
SAVINGS**



**New RAV4s, Priuses
Scion IMs and IAs**

**ALL ON SALE
LIKE NEVER BEFORE**

Spring is coming and so are the SAVINGS!

Ask one of our sales managers, George,

Mike, Yared or Rocky

703-684-0700

**WE ARE HERE
TO MAKE DEALS!**

Jack Taylor's
ALEXANDRIA
TOYOTA / SCION

ALEXANDRIA TOYOTA/SCION
3750 JEFFERSON DAVIS HWY. | ALEXANDRIA, VA 22305
703-684-0700 | ALEXANDRIATOYOTA.COM
JUST MINUTES FROM REAGAN NATIONAL AIRPORT!

TOYOTA

**Let's
Go
Places**