

Chantilly CONNECTION

Fair Oaks ❖ Fair Lakes

Capt. Bob Blakley reports to the community on last year's police activity in the Sully District.

WELLBEING

PAGE 9

State of the Station

NEWS, PAGE 3

Rochefort: Officer of the Year

NEWS, PAGE 4

Westfield in Need of 'Soul Searching' After Loss

SPORTS, PAGE 8

CALENDAR, PAGE 7 ❖ CLASSIFIEDS, PAGE 10 ❖ SPORTS, PAGE 8

PHOTO BY BONNIE HOBBS/THE CONNECTION

MARCH 2-8, 2016

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

SCHOOLS

Science Fair Project Creates Electricity from Wastewater

What if energy could be generated during the treatment of wastewater so that clean, renewable energy could be captured and used to dramatically reduce costs? This is the basic idea behind a winning science fair project that has earned a pair of Chantilly High School students a trip to the Fairfax County Regional Science and Engineering Fair.

Working in the laboratory at Fairfax County's Noman M. Cole Jr., Pollution Control Plant, juniors Joey Clement and Chloe Ramich conducted a month of tests on a homemade microbial fuel cell, an organic battery in which electrochemically active bacteria generate a tiny amount of power as they digest sewage.

Clement and Ramich are former Sewer Science participants, a hands-on laboratory program in which high school students learn about municipal wastewater treatment from Fairfax County Wastewater Management employees.

The Sewer Science program stimulated their interest in wastewater treatment and led them to



Chantilly High School juniors Chloe Ramich and Joey Clement completed their winning science fair project in the Noman M. Cole, Jr. Pollution Control Plant laboratory.

compete in the science fair the past three years. They earned first place honors at last year's regional fair for their entry "Effect of Bacteria Type on Electrical Output." As a freshman Clement read an article about how scientists were using bacteria to generate power in bioreactors.

Chantilly High School Science Department Chair Karen Malloy says the school has sponsored a

science fair for more than 30 years. Approximately 500 students participated in the fair last month, which is governed by the Intel International Science and Engineering Fair, an international pre-college science competition.

To reach the International Fair, students must first advance past regionals and state.

In the past five years, Chantilly High School has had a dozen

grand prize nominees and six grand prize winners that were awarded the option to compete at the International Fair. Malloy said she is looking forward to a good showing by Clement and Ramich at this year's regional fair, March 11-13 at Robinson Secondary School.

Clement credits Malloy for suggesting he contact the wastewater treatment plant about using their lab.

This year's project built upon the research the team conducted for their previous fair entries. Based on the fact that electrochemically active bacteria (EAB) and non-EAB found in wastewater sludge can work together to generate power, the team looked at the effect of a mediator on the power output of a mixed-culture fuel cell. Clement found instructions online on how to construct a microbial fuel cell. He built the fuel cells with components available in hardware and kitchen supply stores. The lab provided the dirty water — small amounts of returning activated sludge (oxygenated biological matter) and primary effluent (wastewater after heavy solids

have settled out and oil, grease, and lighter solids are skimmed off).

One thing the students discovered was that as they increased their mediator, Methylene blue, the power output increased; however, then the chemical became toxic to the bacteria.

Juan Reyes is the environmental monitoring and pretreatment branch chief for Fairfax County's wastewater program. He oversaw the students' project, which he described as timely and forward thinking.

Reyes' experience includes leading the federal government's environmental and public health responses to natural disasters and responding to industrial accidents in Europe and Asia. He provided some statistics to illustrate what he calls the energy-water nexus, or the relationship between how much water is used to generate and transmit energy and how much energy it takes to collect, clean, move, store, and dispose of water.

❖ The U.S. Department of Energy says energy use can account for as much as 10 percent of a local government's annual operating budget. With pumps, motors, and other equipment operating around the clock, wastewater facilities are among the largest consumers of energy in a community.

❖ According to the River Network, electricity consumption by the water and wastewater sectors is projected to rise 33 percent in the next 20 years.

❖ The Water Environment Research Foundation says the energy potential contained in wastewater (biosolids and biogases) is more than 10 times the energy used to treat it, and that collectively, wastewater treatment plants could potentially meet 10 percent of the nation's electricity demand.

CENTREVILLE

The Church of the Ascension

Traditional Anglican Catholic Services
1928 Book of Common Prayer, 1940 Hymnal,
and the King James Bible with Apocrypha
Holy Communion 10 a.m. Sundays
(with Church School and Nursery)



www.ascension-acc.org

13941 Braddock Road
Centreville VA 20120
in the "Old Stone Church"
of Historic Centreville

(703) 830-3176

COMMUNITIES OF WORSHIP

To highlight your faith community,
call Karen at 703-917-6468



Centreville
PRESBYTERIAN CHURCH

Sunday Worship

8:45 and 11am

15450 Lee Highway
Centreville, VA 20120
703.830.0098

www.CentrevillePres.com

CENTREVILLE BAPTIST CHURCH

many peoples, one body

We invite YOU to come connect
with God this Sunday.

WORSHIP SERVICES
Sundays at 9:15 am & 11:00 am

COMMUNITY GROUPS
Sundays at 8:00, 9:15 & 11:00 am

15100 Lee Highway, Centreville, VA 20120
703-830-3333 www.cbcva.org

SCHOOL NOTES

Fairfax County Public Schools (FCPS) students at 22 schools have won regional awards in the 2016 Scholastic Writing Awards Competition. FCPS students won 26 regional Gold Key awards, 51 Silver Key awards, and 66 Honorable Mentions.

Gold Key winners include **Ian Anspaugh**, of Chantilly High School, for personal essay-memoir. Honorable mentions went to **Min Jun Kim**, **Rebecca Messier**, and **Annie Son** of Chantilly High School.

The Scholastic Art and Writing Awards is a 93-year-old program of the Alliance for Young Artists and Writers.



PFC Tara Gerhard



Capt. Bob Blakley



2nd Lt. Patrick Bruce



Lt. Todd Kinhead

PHOTOS BY BONNIE HOBBS/THE CONNECTION

Sully District: State of the Station

A look at local crime, traffic and community engagement.

BY BONNIE HOBBS
THE CONNECTION

Basically, the Sully District is a safe place to live, and the men and women of the Sully District Police Station are doing everything they can to keep it that way. That was the overall message presented by Capt. Bob Blakley, the station commander, and others during the annual State of the Station report to the community.

It was given during the Feb. 10 meeting of the station's Citizens Advisory Committee (CAC), and residents received a slew of information about local traffic, crimes and community outreach over the past year. And, said Blakley, "We're always changing our resources and strategies to fit the needs of the community, on a regular basis."

COMMUNITY OUTREACH

PFC Tara Gerhard, lead crime-prevention officer, gave an overview of the 2015 crime-prevention initiatives, including Lock it or Lose It, during which officers

on the midnight shift checked vehicles to see if they were locked. There was also a safety seminar for senior citizens, plus DUI-education events at Centreville High — a mock, DUI crash before prom — and the Mott Center.

Police also spoke to residents about pedestrian safety and provided Neighborhood Watch training. At monthly CAC meetings, they informed the community about the functions of the various sections of the Police Department and gave information about any current, local concerns.

They discussed how to keep places of

worship safe and spoke about distracted-driving awareness. They showed residents how police use radar to catch speeders and gave home-security assessments.

Other community-outreach events included: Scout safety talks, Touch-A-Truck, a kindergarten-class tour of the station, car-seat installations, car-fit instruction for senior citizens, visits to day cares and preschools, holiday food drive, bike rodeo, Don't Text and Drive and National Night Out.

NEIGHBORHOOD PATROL

2nd Lt. Patrick Bruce runs the Neighborhood Patrol Unit, comprised of the traffic team in the daytime and the bike team in the evenings doing criminal patrols. "There

are eight people in the unit and we're pro-active," he said. "And we're particularly focused on traffic safety."

"We've done directed patrols on holidays associated with drinking, plus driver education to let people know why we write tickets and the hazards of speeding, plus drinking while driving," said

Bruce. "We also deal with child safety seats and pedestrian safety."

His team also arrested people breaking into cars and, in March, responded to an attempted shooting in London Towne. "We apprehended the suspect, who was later convicted," he said.

Bruce also noted the unit's anti-speeding campaign. "We did traffic calming via message boards and put speed strips in the road to collect data," he said. "Our goal is to provide the highest quality of safety."

"We attempt passive enforcement first," added Blakley. "We park empty cruisers and

then do data collection before issuing tickets."

OVERALL CRIME DECREASE

The Sully District is 77 square miles, with a minimum of eight officers working per shift. "We had 84,000 dispatched calls in 2015, equaling about 200 calls/day," said Blakley. "So our officers are staying busy and engaged. We're up from 79,000 calls last year."

Sully also had 1,315 reportable crashes where the damage exceeded \$1,500 and involved injuries or fatalities. Only the West Springfield Station had more. "We're slightly up from last year, but we have major transportation arteries here in Routes 50, 28 and 29," said Blakley. "And we'll continue to reduce this number through enforcement and traffic-safety education."

He said Sully had no motor-vehicle fatalities in 2015, "But unfortunately, two pedestrian fatalities in the early part of the year. One was at Stone and Braddock Roads at dusk in a crosswalk, with the victim wearing dark colors. The other was on Route 29 near Stone in the evening; the victim was in dark clothing and was not in a crosswalk."

He said there were nine reported crashes due to drug use; however, alcohol-related crashes here are trending down 14.6 percent. "Every week in Sully, there's a DUI checkpoint or DUI directed patrol," said Blakley. "To me, [driving under the influence] is a bullet fired down the road at you and me and our families, and we don't want to have that."

Criminal arrests are down slightly. In 2014, there were 3,809 arrests in Sully; in 2015, the total was 3,263 — the lowest in the Department. "Reston and Fair Oaks were similar to us," said Blakley. "The Mount Vernon, McLean, Mason and Franconia stations had the highest amounts."

Major offenses such as trespassing, assault, embezzlement, rape and homicide are also down 14 percent in Sully from last year. "We're 400 percent up in arsons," said

Blakley. "But that's only because we went from two to 10 because of [last summer's vehicle fires] in Little Rocky Run — and we caught the teens [responsible]."

He said property destruction and vandalism decreased, as did burglaries, by 36 percent. Abduction was up 66 percent because Sully went from three to five cases, mainly parental- and domestic-related. "Robberies are down 24 percent," said Blakley. "We only had 22 robberies because of a crackdown on gangs." Meanwhile, forcible sex offenses increased 118 percent, going from 11 in 2014 to 23 in 2015. But 18 of them were acquaintance cases, not involving strangers.

Motor-vehicle thefts rose 11 percent, from 62 to 69 vehicles stolen. "Thefts of vehicles and from vehicles are a big problem throughout the county," Blakley told the audience. "So don't leave your keys in your car or your car unlocked. We're down in thefts from vehicles, but we still had 1,024 — and that's a lot."

He said his officers don't have a ticket-writing quota, but wrote 11,500 tickets last year, including 2,200 written by the motorcycle officers. Most occurred at two, main intersections — 1,137 at Routes 28/29 and 999 at Route 28/Westfields Boulevard.

CRIMINAL INVESTIGATIONS

Speaking next was Lt. Todd Kinhead, supervisor of the Criminal Investigations Section. "We just have four detectives, so we manage them as effectively as we can," he said. "A tremendous amount of effort and time goes into our cases. And we have a nearly 50-percent closure rate by arrest, which is phenomenal."

In Sully, said Kinhead, "The vast majority of crimes are carried out by a small number of offenders, some of them gangs, and many of them juveniles." However, he added, many times burglars gain entrance to a home because people leave their garage doors open. Or thieves are able to get a person's garage-door opener from the visor of a car left unlocked.

"So if you see your neighbor's garage

SEE STATION, PAGE 11

ROUNDUPS

Escaped Patient Sought

Fairfax County Police are assisting the Virginia State Police to locate a man who fled the Northern Virginia Mental Health Institute in Falls Church. Michael Marshall, 33, escaped from the facility on Feb. 29; he was noticed missing around 6 p.m. Marshall has been known to exhibit violent behavior. A detention order has been issued for his immediate apprehension and return.

He is described as black, about 5 feet 8 inches tall and 235 pounds, with black hair and glasses. His clothing description is unknown at this time. Marshall could be on foot in the Annandale/Falls Church area near the mental health facility but has ties to the area near Sequoia Farms Drive and Woodfield Drive in Centreville and the Sterling area. Anyone who sees or has information on Marshall's whereabouts should contact police at 703-691-2131. Police advise: Exercise caution and do not approach him.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, March 3, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed. Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

County, Schools Budget Meeting

The 2017 budgets for Fairfax County and the county school system will be discussed at a town meeting Monday, March 7, at 7 p.m., at Rocky Run Middle School, 4400 Stringfellow Road in Chantilly. Participating will be Supervisor Kathy Smith (D-Sully), Sully District School Board Representative Tom Wilson and budget staff. Hosted by the Sully District Council of Citizens Associations, this event will be held in Rocky Run's little theater.

Learn about Crisis Intervention

The Sully District Police Station's Citizens Advisory Committee will meet next Wednesday, March 9, at 7:30 p.m., at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. A crisis-intervention expert will talk about the training police undergo to ensure those in crisis receive the services they need.

This training includes understanding those having problems, substance-abuse issues, suicide-prevention skills and de-escalation techniques. The community is welcome to attend the presentation, ask questions and share concerns.

Hearing on I-66 Inside Beltway Design

The Virginia Department of Transportation (VDOT), in partnership with the Virginia Department of Rail and Public Transportation (DRPT), will host a Design Public Hearing for the Transform 66 Inside the Beltway Project on March 9, 6-8 p.m. at VDOT Northern Virginia District Office, 4975 Alliance Drive, Fairfax. Information on how dynamically-priced toll lanes will operate on I-66 inside the Beltway, as well as proposed locations of toll gantries and pricing signs will be provided. The hearing will include a formal presentation, followed by a public comment period.

'Saturday Nights in the Suburbs'

Do you want to know what really goes on with teens on Saturday nights? The Unified Prevention Coalition of Fairfax County will host a "Saturday Night in the Suburbs" program at Westfield High School on Thursday, March 17, 7 p.m. The program will feature a panel of high school seniors who talk about alcohol and drug use, teen parties, social media, parent supervision and enabling, and communication with parents. Only adults will be admitted to the presentations.

NEWS

Rochefort: Officer of the Year

Wrote third-highest number of traffic tickets in the county.

PFC Brian G. Rochefort has been named the Sully District Police Station's 2015 Officer of the Year. And although he couldn't be present to receive his award, he was honored during the Feb. 10 meeting of the station's Citizens Advisory Committee.

He's a member of the Traffic Enforcement Team and was previously recognized as the Officer of the Month for August 2015. At that time, 1st Lt. Matt Owens, the assistant station commander, said Rochefort "goes after speeders, red-light runners, etc. He puts out the radar trailers, variable message boards and traffic counters and excels at ticket-writing."

He's been here since 2009 and, this year [2015], is the number-one ticket-writer in all of Fairfax County. And that helps keep us safe on the roadways."

In nominating Rochefort as the station's Officer of the year, Lt. Jason Brusch said

Rochefort was nominated and selected for this award by his peers, "which speaks volumes of his character and his tireless dedication to service."

"Traffic incidents resulting in death and serious bodily injury represent a primary concern amongst



PFC Brian Rochefort

law enforcement agencies throughout the country," said Brusch. "In order to aggressively address this problem, commanders from the Sully District commenced several initiatives throughout 2015 which aimed to educate residents and promote compliance with state and county traffic statutes."

He wrote that Rochefort was "an integral part of these operations, as he routinely monitored traffic-related issues throughout the Sully District and targeted his enforcement efforts accordingly. Subsequently, PFC Rochefort was able to stop and make contact with well over 1,500 motorists in 2015. Furthermore, he is credited with issuing the third-most traffic citations of any Fairfax County Police Officer last year."

According to Brusch, Rochefort's comprehensive knowledge of the state and county traffic codes is routinely called upon by his peers and supervisors when investigating complex, motor vehicle-related incidents. "Moreover, his steadfast dedication to traffic enforcement certainly exemplifies the Fairfax County Police Department's commitment to promoting traffic safety and compliance amongst motorists," wrote Brusch. "It is without question that PFC Rochefort's leadership, positive attitude and unparalleled commitment to traffic enforcement is deserving of the 2015 Sully District Station Officer of the Year."

— BONNIE HOBBS

Hong Named Officer of Month

Someone who's hit the ground running and quickly made an impression on his supervisors, Sully District Police Officer John J. Hong was recently recognized as the Officer of the Month. He was honored at the Jan. 13 meeting of the Sully District Station's Citizens Advisory Committee.

"He's a newer officer, here almost a year," said Capt. Bob Blakley. "And he has an incredible amount of energy and drive. He also has a great attitude and gets the larger picture of policing and what's important to the community. He's doing a great job and we're proud to honor him as our Officer of the Month for December."

Hong was nominated for the award by his supervisor, Lt. Nicholas Dipippa. "Since arriving on the Midnight 'A' squad at Sully on May 30, 2015, John has performed at a high level," wrote Dipippa.

"He has had numerous drug cases over the last couple of months, taking cocaine and marijuana off our streets. Officer Hong has also taken it upon himself to team up with senior officers in order to gain more knowledge and become pro-active at criminal patrol."

Besides that, wrote Dipippa, "During his first six months, he had five DWI arrests and is a top per-



Capt. Bob Blakley (left) presents the Officer of the Month award to Officer John Hong.

former on the squad in traffic citations. John always volunteers to do the mail run so other officers don't have to worry about it."

"He has been a go-getter since arriving on the squad and never backs down from any assignment or challenge," continued Dipippa. "Any time day work needs an officer to hold over for dayshift, John is one of the first to step up and help out. Officer John Hong is commended for his initiative and outstanding performance"

— BONNIE HOBBS

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

NOW REGISTERING

Kindergarten Registration.

Greenbriar West Elementary School is now accepting information for next year's Kindergarten classes. Parents of children who live within the school's boundaries and who will turn 5 years of age by Sept. 30, 2016, should call the school office at 703-633-6700 as soon as possible.

FRIDAY/MARCH 4

Nomination Deadline.

Fairfax County Public Schools announces the return of two community engagement awards, Business Partner of the Year (for-profit) and Community Partner of the Year (not-for-profit). Nominations are being accepted until midnight on March 4. Any business or community group currently supporting Fairfax County Public Schools can be nominated, nominees do not need to be official partners. Nomination forms for Business Partner of the Year are available at <http://bit.ly/1mV2KO1>. Nomination forms for the Community Partner of the Year are available at <http://bit.ly/1OssWpR>.

SUNDAY/MARCH 6

Tax Considerations for

Independent Contractors & Business Owners. 2-3 p.m. at Liberty Tax Service, 5622-G Ox Road, Fairfax Station. Liberty Tax Preparers

provide tax-saving tips and answer questions from independent contractors, business owners, public. Free. Pre-register by Mar. 5 at 703-323-5580 or fairfaxstn@libertytax.com.

MONDAY/MARCH 7

Application Deadline.

Learn more about the Fairfax County Fire and Rescue Department. Apply to the Citizens Fire & Rescue Academy; applications will be accepted until March 7, 2016, or until the class of 25 is filled. The Academy will begin March 24, 2016, and will meet for nine consecutive Thursdays, from 6-9 p.m. at various locations. To sign up for this free program, you must be 18 years of age and apply online at www.fairfaxcounty.gov/fr/cfa.

TUESDAY/MARCH 8

Telephone Support Group.

7-8 p.m. Fairfax County's free Family Caregiver Telephone Support Group meets by phone. Discuss incontinence issues and caregiving, caregiver concerns and learn more about making this issue more manageable. Register beforehand at www.fairfaxcounty.gov/OlderAdults and click on Telephone Caregiver Support Group. Call 703-324-5484, TTY 711.

WEDNESDAY/MARCH 9

Tax Considerations for

Independent Contractors & Business Owners. Noon-1 p.m. at Liberty Tax Service, 5622-G Ox Road, Fairfax Station. Liberty Tax Preparers provide tax-saving tips and answer questions from independent contractors, business owners, public. Free. Pre-register by Mar. 8 at 703-

323-5580 or fairfaxstn@libertytax.com.

SATURDAY/MARCH 12

"LAX for a Cause."

Southwestern Youth Association (SYA) and, Chantilly Youth Association (CYA) are joining forces to host the third annual "LAX for a Cause" day of lacrosse. The eight-hour lacrosse event features dozens of lacrosse games at Centreville High School to raise \$20,000 to benefit the nation's veterans through Fisher House Foundation. Visit syasports.org/lacrosse/Laxforacause to donate.

Real Food For Kids Culinary

Challenge. 10 a.m.-2 p.m. at Robinson Secondary School, 5035 Sideburn Rd, Fairfax. Learn about food writing and photography, family meal planning, school gardening and school food. Watch 11 student teams compete to create a delicious school breakfast, lunch or snack. Visit www.realfoodforkids.org for more.

MONDAY/MARCH 28

Kindergarten Registration.

1:30-3:30 p.m. at Colin Powell Elementary School, 13340 Leland Road, Centreville. Colin Powell Elementary School in Centreville will conduct their kindergarten registration in the school cafeteria. Forms and other information are available at www.fcps.edu/it/forms/bundles.shtml. Due to time constraints, parents are asked not to bring children along.

TUESDAY/MARCH 29

Kindergarten Registration.

5:30-7:30 p.m. at Colin Powell Elementary

SEE BULLETIN BOARD, PAGE 11

Open EVERY DAY!

Save Big on Donated

Appliances | Building Supplies & Hardware | Décor & Furniture

869 S. Pickett St.,
Alexandria | 703-360-6700

4311 Walney Rd.,
Chantilly | 703-953-3747

SHOPPING HOURS
Mon. – Fri.: 10 a.m. – 6 p.m.
Sat.: 9 a.m. – 5 p.m.
Sun.: 10 a.m. – 3 p.m.

DONATION DROP-OFF HOURS
Mon. – Sat.: 10 a.m. – 4 p.m.
Sun.: 10 a.m. – 2 p.m.

Visit www.restorenova.org for a list of items we accept and to schedule a free donation pick up!
Profits support Habitat for Humanity of Northern Virginia

Join • Volunteer • Ride

WESTERN FAIRFAX COUNTY

NEW YEAR'S RESOLUTIONS:

- LOSE WEIGHT
- QUIT SMOKING
- EXERCISE
- VOLUNTEER!

Are you looking for a unique and meaningful way to give back to your community?

Safe and reliable transportation is the key to ensuring that seniors who wish to continue to live independently in their homes can continue to do so successfully. Sign up to be a volunteer driver, and give the gift of a lift today! Call NV Rides at 703-537-3071 to find out how to become a volunteer driver, or about other volunteer opportunities. Visit us online at www.nvrides.org and "like" us on Facebook.

Be a part of our Wellbeing pages, the first week of every month.

Delight in our HomeLifeStyle sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our A-plus: Education, Learning, Fun pages, the third week of every month.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431

THE CONNECTION NEWSPAPERS

Your Local Upscale Resale Store

All Proceeds Benefit Friends of Homeless Animals

A No-Kill Shelter for Cats & Dogs

Variety of Beautiful Treasures

Great Prices

Adopt Volunteer Donate

The Treasure Hound
14508-D Lee Road,
Chantilly, VA
(Corner of Rt. 50 and Lee Rd.
One light West of Rt. 28)
703-263-9073

FRIENDS OF HOMELESS ANIMALS
www.foha.org

OPINION

Uncovering the Roots of Slavery

Local student creates slave index to help descendants trace family history.

By MARILYN CAMPBELL
CENTRE VIEW

A local college student is spending much of her senior year scouring the last wills and testaments of residents of Northern Virginia. While many of the documents contain antebellum treasures like silver serveware, rifles and horses, Georgia Brown is looking for more haunting line items: slaves.

"Nobody had ever combed through all 120 years of will books line by line before, so we had no idea what I would find," said Brown, a George Mason University student. "It is pretty exciting seeing George Washington's and George Mason's wills and inventories as it gives me a peek into their households... It is fascinating to see what people considered important enough to pass on to a specific person once they were gone. Some people were very worried about their riding horses or slaves, while others cared more about their...silver spoons with their monogram."

BROWN, who is a veteran of the United States Navy and a senior majoring in history at George Mason University, began an internship at the Fairfax County Circuit Court Historic Records Center as part of her degree program.

After expressing an interest in the Civil War and slavery, Brown was asked to comb through the probate records index. The index includes wills, inventories, and estate accounts from 1742, the year Fairfax County was founded, to 1865, when the Civil War ended. Each time a slave was mentioned in an estate, she recorded the slave's name, age, the owner's name and other details.

"We didn't know if the slaves would be listed with names, first or last, if there would be family groups, or if they would be mentioned in wills, just like livestock," said Brown.

Brown was surprised to find not only the names of slaves, but birthdates, emancipations, descriptions of character, sales and bequeathments showing trails of ownership. "After constantly showing my exciting findings to the archivists and [Maddy McCoy] a historian who specializes in African American genealogy, we started working on ideas for a way to capture this information in a database that would make the data searchable to the public," said Brown. "I would say that after reading the first few documents

mentioning slaves we knew we would need to capture all the information I was finding in the will books."

Heather Bollinger, assistant archivist at Fairfax Circuit Court Historic Records Center, supervises Brown and other interns and helped formulate the idea of a slavery database. "To determine which of the people own slaves – we realized an abundance of information that needed to be captured," she said.

An index card is created for each slave and owner, creating a slavery database that is searchable by the names of both the slave and owner.

While the slavery index is still in its infancy, Brown hopes that, when complete, it will provide answers for those who have questions about their ancestry, answers that, for the descendants of slaves, are often hard to find.

"Our database currently is a 3x5" card catalog so it is very low tech," said Brown. "This project is a bit of a trial run."

When the project is complete, "it will be helpful to people living not only in Fairfax County, but Arlington and Alexandria, too in tracing ancestral family lines and understanding slave economy as it functioned in Fairfax county," said Bollinger.

Brown adds, "It will also be useful to historians doing research in African American history or history on early Virginia."

ONE SUCH HISTORIAN is Maddy McCoy who had been researching slavery in Fairfax County for the last decade. "Once the index is complete, I will utilize that data to interpret slavery in this county in a way that has never been able to be done before," said McCoy who is serving as a consultant on the Fairfax County Slavery Index project "This is an amazing project and they are doing a great job."

Originally from Oregon, Brown says she was surprised that some of her beliefs about slavery and the south were unfounded. "From the limited education I have on slavery, I predicted that most of the slave owners would treat their slaves as chattel, or worse," she said.

By combing through documents, Brown concluded that the relationships between slaves and masters were more complicated than she originally imagined. "It seems that because Fairfax County was made of smaller farms, the relationships between slaves and their masters,



PHOTOS COURTESY OF GEORGIA BROWN

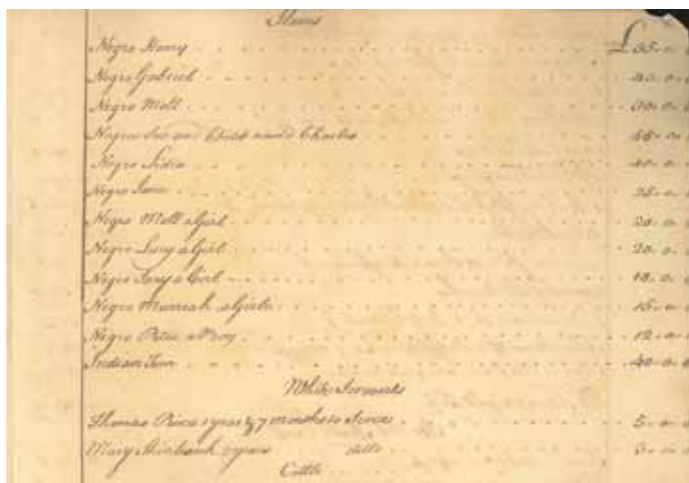
George Mason University student Georgia Brown organizes the Fairfax Court Slavery Index by searching more than 10,000 references to slaves in the Fairfax Circuit Court Historic Records Center will and deed books that date from 1742 to 1870.

for better or for worse, were more intimate," said Brown. "It was actually quite rare to see a will where the slave owner was indifferent or wanted his slaves sold. Unless a sale was absolutely necessary to provide for their families, most owners would do anything to keep their slaves."

THE MOST FASCINATING wills, says Brown, were those that included emancipations. "Every time I saw 'to be freed' my heart would skip a little," she said. "Some emancipations were straight to the point, while others were almost a love letter to their former slaves. I will admit that some of the words of respect made me tear up a little."

Brown hopes that her project will serve as a model for counties in other parts of the south. "A project such as this is very doable," she said. "The process can be grueling, but it is definitely a labor of love when we see all the people who are no longer lost in the archives."

Bollinger and others in the research group say they haven't had anyone find an ancestor from the database compiled so far, and they estimate that it will be more than one year before the project is complete. Anyone interested in searching the records should contact the Fairfax Circuit Court Historic Records Center at 703-246-4168 or historicalrecords@fairfaxcounty.gov.



This is one of the documents that contained data for the Fairfax Court Slavery Index.

For More Information

Anyone interested in searching the Fairfax Court Slavery Index should contact the Fairfax Circuit Court Historic Records Center at 703-246-4168 or historicalrecords@fairfaxcounty.gov

Chantilly CONNECTION

www.ConnectionNewspapers.com

@ChantillyConnec

Newspaper of
Chantilly
Fair Oaks / Fair Lakes
A Connection Newspaper

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
chantilly@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Bonnie Hobbs
Community Reporter, 703-778-9438
bhobbs@connectionnewspapers.com

Jon Roetman
Sports Editor, 703-752-4013
jroetman@connectionnewspapers.com
[@jonroetman](https://twitter.com/jonroetman)

ADVERTISING:
For advertising information
sales@connectionnewspapers.com
703-778-9431

Karen Washburn
Display Advertising, 703-778-9422
kwashburn@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
asmith@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

David Griffin
Marketing Assistant
703-778-9431
dgriffin@connectionnewspapers.com

Editor & Publisher
Mary Kimm
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editor
Kemal Kurspahic
Photography:
Deb Cobb, Craig Sterbutzel
Art/Design:
Laurence Foong, John Heinly
Production Manager:
Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
circulation@connectionnewspapers.com



ENTERTAINMENT

Email announcements to chantilly@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org for more.

MONDAYS THROUGH MARCH 7

Castles & Catapults Workshops. 1-2 p.m. or 4:45-5:45 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will learn about science and engineering principles, like gravity, buoyancy, and simple machines, presented in the context of medieval times. Activities include building towers, boats, draw-bridges, and catapults as well as designing medieval coats of arms and jewelry. The earlier session can be customized for homeschooled children ages 7-12, the second session is for grades 4-6. The price per participant is \$160. Visit www.childsci.org for more.

Science Solutions Workshops. 2:15-3:15 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will apply science, math and engineering solutions to help the owners of the "E.Z. Science Journal." They will create sand clocks, design an experiment, build a stronger egg carton, solve knot puzzles, design journal cover art,

sketch and construct a new invention, and develop more efficient delivery routes. The price per participant is \$160. Visit www.childsci.org for more.

WEDNESDAYS THROUGH MARCH 9

Science Solutions Workshops. 4:45-5:45 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will apply science, math and engineering solutions to help the owners of the "E.Z. Science Journal." They will create sand clocks, design an experiment, build a stronger egg carton, solve knot puzzles, design journal cover art, sketch and construct a new invention, and develop more efficient delivery routes. This session is for grades 1-3. The price per participant is \$160. Visit www.childsci.org for more.

SATURDAYS THROUGH MARCH 12

Castles & Catapults Workshops. 10-11 a.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will learn about science and engineering principles, like gravity, buoyancy, and simple machines, presented in the context of medieval times. Activities include building towers, boats, draw-bridges, and catapults as well as designing medieval coats of arms and jewelry. This session is for grades 1-3. The price per participant is \$160. Visit www.childsci.org for more.

Science Solutions Workshops. 11:15 a.m.-12:15 p.m. at Children's Science Center, 11948 Fair Oaks Mall, Fair Oaks. Children will apply science, math and engineering solutions to help the owners of the "E.Z. Science Journal." They will

create sand clocks, design an experiment, build a stronger egg carton, solve knot puzzles, design journal cover art, sketch and construct a new invention, and develop more efficient delivery routes. The price per participant is \$160. Visit www.childsci.org.

THURSDAY/MARCH 3

"Saving Time: Conserving Astronaut Chronographs." 12:30 p.m. at Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. Jennifer Levasseur talks to the public. Free. Call 703-572-4118 or visit airandspace.si.edu/udvarhazy.

FRIDAY/MARCH 4

Salsa Class and Dancing. 5:30 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Take a salsa class. Wine and sangria will be available for purchase. Tickets are \$18-30. Visit www.wineryatbullrun.com for more.

MARCH 4-26

Photos with the Easter Bunny. Monday-Saturday 10 a.m.-8 p.m., Sunday 11 a.m.-6 p.m. at Fair Oaks Mall, 11750 Fair Oaks Mall, Fairfax. The Easter Bunny will greet visitors in Bunnyville — a three-dimensional town for children to explore. Bunnyville features many places to visit including Hopkin' Fresh Bakery, Hare Salon and 24 Carrot Bank. The last stop is an opportunity to visit with the Easter Bunny and have photos taken. Free. Visit www.shopfairoaksmall.com.

SATURDAY/MARCH 5

Stretch & Sip. 11 a.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Take a 90-minute yoga class followed by a glass of wine. \$13.50 for club members, \$15 for non-members. Visit www.wineryatbullrun.com for more.

Girl Scout Cookie Tasting. 12 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Girl Scout Cookies will be paired with Bull Run Wine. Tickets are \$10, \$8 for club members. Visit www.wineryatbullrun.com for more.

SATURDAY-SUNDAY/MARCH 5-6

D.C. Big Flea Market. 9 a.m.-6 p.m. Saturday, 11 a.m.-5 p.m. Sunday at Dulles EXPO & Conference Center, 4320 Chantilly Shopping Center, Chantilly. Find period and country furniture, collectibles, and more. Tickets are \$10 for both days. Visit www.dullesexpo.com.

SUNDAY/MARCH 6

Girl Scout Cookie Tasting. 12 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Girl Scout Cookies will be paired with Bull Run Wine. Tickets are \$10, \$8 for club members. Visit www.wineryatbullrun.com for more.

Jane Austen Tea. 1 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Discuss the leading men in Jane Austen's novels, "Emma" and "Persuasion." Tickets are \$28. Visit www.fairfaxcounty.gov.

THURSDAY/MARCH 10

Authors Panel. 7 p.m. at Centreville Regional Library, 14200 St. Germain

Drive, Centreville. Art Taylor, author of "On the Road with Del & Louise," leads a panel of novelists and short story writers whose work treads between literary fiction and crime writing. Visit www.fairfaxcounty.gov.

FRIDAY/MARCH 11

Sipping & Painting. 6:30 p.m. at the Winery at Bull Run, 15950 Lee Highway, Centreville. Instructors give step-by-step instructions to create a painting of a sunset. \$40 for club members, \$45 for non-members. Visit www.wineryatbullrun.com for more.

SATURDAY/MARCH 12

Author Talk: "George Washington's Mulatto Man: Who Was Billy Lee." 11 a.m. at Centreville Regional Library, 14200 St. Germain Drive, Centreville. Author Jim Thompson will talk about tracing the tragic yet fascinating life of Billy Lee, George Washington's personal servant. Copies of his new book will be for sale. Free. Visit www.fairfaxcounty.gov.

FRIDAY-SUNDAY/MARCH 11-13

National Capital Boat Show. 12-8 p.m. Friday, 10 a.m.-7 p.m. Saturday, and 11 a.m.-5 p.m. Sunday at Dulles EXPO & Conference Center, 4320 Chantilly Shopping Center, Chantilly. Dealers from Virginia and Maryland will showcase jon boats, yachts and more. Marinas, electronics, water sports and safety equipment will be on display. Also meet experts on insurance, financing, repair, maintenance and boating safety. Tickets are \$10, free for children 16 and under. Visit www.dullesexpo.com.

Boys & Girls Clubs of Greater Washington, Fairfax County Region

3rd Annual Casino Night

Saturday, March 12, 2016
7:00 - 11:00 pm
The Ritz-Carlton, Tysons Corner*

Tickets

\$100 per person
\$180 per couple

Enjoy:

- Open bar
- Dinner buffet
- Dancing
- Casino games & funny money!

Use your funny money winnings to enter to win fabulous prizes. And new this year - special prizes for our top winners!

www.bgcgw.org/fairfax
For tickets and sponsorship information

* Special \$119 overnight room rate available

It's Your Time to Celebrate with up to a \$100 Resort Credit!

Make any occasion special with a spring getaway to our 72° resort

Whether a milestone celebration or the day you ran a mile, we'll help make your celebration getaway extra special by offering a \$100 resort credit per night. Luxurious spa treatments, delicious dining, unique shopping and fun recreation options provide everything you need for a joyous occasion.

Book your getaway today!
GaylordNational.com
or call (301) 965-4000 (refer to promo code ZJL)

Valid through December 31, 2016. Limited number of rooms available for this promotion. Offer does not apply to groups of 10 or more rooms. Offer cannot be combined with any other promotion. Limit one (1) \$100 resort credit per night. See website for complete terms and conditions.

GAYLORD NATIONAL RESORT
NATIONAL HARBOR, MD

SPORTS

Westfield in Need of 'Soul Searching' After Loss

Bulldogs to face Hylton in state quarterfinals Friday at Robinson.

BY JON ROETMAN
THE CONNECTION

Last year, the Westfield boys' basketball team entered the state tournament on a win streak and left with a lesson in dealing with adversity after a heart-breaking 47-46 loss to Colonial Forge in the championship game.

This year, after Westfield lost to Battlefield in the 6A North region championship game on Feb. 27, the Bulldogs need to pull a 180 at states.

Battlefield defeated Westfield 77-72 in the region tournament final on Saturday at Robinson Secondary School, snapping the Bulldogs' 22-game win streak. Shonari Street made a pair of free throws with 1:54 remaining, giving the Bobcats a 63-61 advantage, and Battlefield held the lead for the remainder of the contest.

"They out-rebounded us and they out-toughed us and that's the moral of the story," Westfield senior Tyler Scanlon said. "They got 50-50 balls and we didn't. They executed a game plan better than we did today, that's really the bottom line. They were the better team."

Scanlon led Westfield with 32 points, including 24 in the second half. His 3-pointer with 2:22 left in the fourth quarter tied the score at 61, but the Bulldogs weren't able to regain the lead.

Unlike last season, when Westfield won 25 straight games before ending the year wondering what could have been, the Bulldogs are facing adversity prior to the state tournament, in need of a three-game win streak to take home the title.

"The good news is, we've got a couple more games left to try to play," Scanlon said. "That one exposed us for a lot of things that we need to look at. We need to go back and look internally. We need to do a lot of soul searching after that one. We got out-



PHOTOS BY WILL PALESCAR

Westfield senior Tyler Scanlon scored 32 points during the Bulldogs' loss to Battlefield in the 6A North region championship game on Feb. 27.



Blake Francis and the Westfield boys' basketball team will face Hylton in the state quarterfinals on March 4.

worked."

First up for Westfield, the No. 2 seed from the 6A North region, is a state quarterfinal matchup with Hylton, the No. 3 seed from 6A South, at 5:30 p.m. on Friday, March 4 at Robinson Secondary School. The winner will face the winner of Woodside and West Potomac in the semifinals at 9 p.m. on Tuesday, March 8 at VCU in Richmond. The state final is scheduled for 9 p.m. on March 9 at VCU.

Westfield head coach Doug Ewell said Saturday's loss to Battlefield could benefit

the Bulldogs.

"I think that we will grow really quick," Ewell said. "It might be the best thing to happen to us. ... Probably deep down we wish it would have happened earlier, and not in a championship game, but at the same time it is what it is."

Westfield's Hank Johnson scored 13 points against Battlefield. Blake Francis finished with 11 points and Kory Jones added 10.

The night before the region final, Westfield overcame a fourth-quarter defi-

cit to beat West Springfield 67-61 in overtime.

The Spartans led by four and had possession with 22.9 seconds left in regulation but couldn't hold on. Francis scored five points in the final 12.7 seconds to help force overtime.

"I'm excited to be still playing," Ewell said after Saturday's region final loss to Battlefield. "There's only eight teams left in this whole state in 6A. We're excited to still have the opportunity [to play]. ... We've got a three-game run. Let's try to win all three."

SCHOOL NOTES

Email announcements to chantilly@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Chantilly High School is one of 11 high schools from across the United States to be named a winner of the 2016 First Amendment Press Freedom Award by the Journalism Education Association (JEA). This is the second consecutive year that Chantilly High has won the award which recognizes public and private high schools that actively support, teach, and protect First Amendment rights and responsibilities of both students and teachers, with an emphasis on student-run media where students are responsible for all final decisions of content. Recipients will be recognized April 14 at the JEA-NSPA national high school journalism convention in Los Angeles.

Rocky Run Middle School social studies teacher **Jamie Sawatzky** was selected to participate in the National History Day's Understanding Sacrifice professional development program. This competitive, year-long program, sponsored by the American Battle Monuments Commission, offers educators the opportunity to learn more about America's involvement in the Mediterranean region during World War II. Sawatzky, FCPS 2011

Teacher of the Year, spearheads the annual "Witness to History Day" at Rocky Run, where veterans and survivors of foreign wars are invited to share their accounts of war and wartime life via interviews with students.

Jonathan Bading, son of David and Leslie Bading of Chantilly, has been named to the Hope College (Holland, Mich.) dean's list for the fall semester of the 2015-16 school year.

Lauren Hayden of Chantilly and **Aaron Groetsema** of Fairfax have been named to the dean's list for the 2015 fall semester at the University of New England.

Colin Powell Elementary staff members presented a check for \$10,000 to students and staff at Henderson Middle in Richmond to help their library acquire updated books and materials. Much of the money was raised at Colin Powell through SCA fundraisers for Emily's Hope, a charity that works to enrich the lives of children, that was started at the school in memory of an FCPS student who passed away while in fourth grade. Henderson Middle representatives presented Colin Powell Elementary with a portrait of Emily as part of their appreciation.



PHOTO CONTRIBUTED

Million Meter Madness

The Westfield High School Crew will be holding its third annual Million Meter Madness event on Friday, March 12, 7 p.m. in the Westfield High School cafeteria. High School student-athletes will row a combined total of

1,000,000 meters on rowing machines. Each rower on the team commits to rowing at least 10,000 meters (over 6.2 miles) to raise money for the team. Pledge at www.westfieldcrew.org/sponsors-fundraising/million-meter-madness. Click on the donation button to sponsor a rower by name or to make a general donation. This year, the crew team is rowing to raise funds for oars and ergs (rowing machines) to replace the older ones currently used. Crew is not a Fairfax County School sponsored sport, so the team relies on donations to replace worn out equipment.

Managing Medication

“Let’s Talk about RxSM” helps seniors avoid prescription drug mishaps.

BY MARILYN CAMPBELL
THE CONNECTION

It was around 2 a.m. on a frigid winter night when Janet Russell was awakened from her sleep by the sound of woman calling for help. The cries were coming from the front lawn of her Arlington home. She ventured out into the cold to find her 84-year-old neighbor lying on the ground, believing that dozens of bugs were crawling on her skin.

“She was having bad hallucinations, and it turns out that she’d taken the wrong combination of medicines,” said Russell. “She was on about 11 different medications, some for her blood pressure, and she was administering them to herself.”

MEDICATION ERRORS are not uncommon, according to a recent survey by Home Instead Senior Care. Their survey showed that 20 percent of seniors who take more than five medications had problems taking them as prescribed. Unintentional medication

“... their medication is something that people generally like to have control over.”

— Ian Lovejoy, Home Instead Senior Care

misuse, such as forgetting to take a dose or taking more or less than the required dose, can have devastating results. Home Instead is encouraging families to talk with their loved ones about medication management and are offering suggestions on how to approach such conversations.

“If you notice a change in personality or thinking, or if they’re having a mobility issue or if they seem sluggish, those are signs of medication mismanagement,” said Ian Lovejoy, director of operations of Home Instead Senior Care in Fairfax County.

Home Instead has created a program called “Let’s Talk about RxSM” (prescription self medication). This program is designed to inform seniors’ families about the dangers of medication mismanagement as well as offer tips for minimizing the risks and suggestions for starting a dialogue about taking medication as prescribed.

“Our goal is to keep seniors at home and safe,” said Lovejoy. “We want the daughter and the son not have to focus on the pill bottle.”

Discovering that an elderly patient is taking more than five medications could be a warning sign that they may lose track or get confused about the timing and dosage for each prescription.

“If an adult child sees that their parent is on many medications, I would suggest what I call brown bagging: putting all of the medications in a brown paper bag and taking them with you to the next doctor visit,” said Omobola Oyeleye, an assistant professor of nursing at Northern Virginia Community College who teaches a class in drug dosage calculations.

For More Information

<http://www.caregiverstress.com/senior-safety/lets-talk-about-rx/risk-solutions-guide/>

WWW.CONNECTIONNEWSPAPERS.COM



PHOTO COURTESY OF HOME INSTEAD SENIOR CARE

A new study shows that that 20 percent of seniors who take more than five medications had problems taking their prescription drugs as directed by their doctor.

“They can go through each medication with the doctor and find out what it’s for. Sometimes, for example, someone might be taking a medication that was prescribed six months ago for a condition that has already cleared up.”

Oyeleye suggests a conducting what she calls a medication reconciliation in order to determine whether someone is taking multiple medications for the same condition. “What you might find is that one medication exacerbates or even negates the other,” she said.

Trisha Brechling Miller, 57 of McLean, has managed the medications for both her 85-year old husband, Larry, and her 84-year old mother. After Larry fell, broke his hip and became immobile, Muller began using a calendar to keep his medication schedule in order. “I have a calendar that helps keep me organized as to what he needs to take and when,” she said. “If it changes, I update it.” Miller, a Home Instead Senior Care client, is also assisting her mother in creating a medications calendar.

CONVERSATION ABOUT MEDICATION can be fraught with tension. A perceived loss of freedom is one factor that can make getting involved in managing family members’ medication complicated, says Lovejoy.

“It’s just one more thing that they’re losing control over,” he said. “Along with the car and their mobility, their medication is something that people generally like to have control over.”

Clear lines of communication are necessary, as families often play a critical role in intervening and preventing a possible negative outcomes.

“My husband is on 10 different medications, and we’re able to manage his medications, but there are people who can’t do that. Those people tend to rely on family,” said Sheila Moldover of the Potomac Community Village in Potomac, Md. “They need children or close friends who handle it for them.” The Potomac Community Village offers programs and services designed to help seniors lead healthy lives and remain in their homes as long as possible.

Gaining empathy from a parent and making it about the child’s feelings is one way to open communication, so Lovejoy suggests that caregivers start by finding a common ground. “It’s important to communicate the emotional stress that potential medication mistakes can cause for a loved one,” he said. “Let your parent know that you are concerned. Your parents don’t want you to be upset.”

Gary Kramer, D.D.S.
Sara Bunin, D.D.S.
DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY
Dentistry for Children, Adolescents & Special Needs
703-978-0051 KBPediatricSmiles.com

SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA. 22015
MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER
WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

SPECIAL CONNECTIONS CALENDAR
Advertising Deadlines are the previous Thursday unless noted.

MARCH
3/16/2016.....A+ Camps & Schools
3/23/2016... Spring Fun, Food, Arts & Entertainment
FCPS Spring Break 3/21-3/25

APRIL
4/6/2016.....Wellbeing – Senior Living Pullout
Easter Sunday is March 27
4/13/2016.....Real Estate Pullout – New Homes
E-mail sales@connectionnewspapers.com for more information.

THE CONNECTION
Newspapers & Online
703-778-9431
www.ConnectionNewspapers.com/Advertising

Eye Street Optical
Fine Eyewear in Chantilly Since 1986
Experienced Licensed Opticians
Highest-rated optician in Fairfax County by a local consumer magazine.
We have a full-service optical lab on the premises.

\$75 OFF
1 Complete Pair of Prescription Eyeglasses.
Offer not valid on Costa del Mar RX sunglasses, Oakley RX sunglasses, Maui Jim RX sunglasses, Wiley X, RX swim and sport goggles, Gunnar, nonprescription sunglasses, or previous orders.
Offer not valid with other discounts or insurance.
Expires April 30, 2016

- Repairs
- Same-day service on most single vision lenses
- Sunglasses
- Children frames
- Difficult prescriptions filled accurately
- Eye exams

703-830-6377
EyeStreetOptical.com
Independently owned and operated.

Chantilly Professional Building
3910 Centreville Road, Suite 100, Chantilly VA

It Just So Happens...



By KENNETH B. LOURIE

That as I sit and attempt to write next week's column, I am doing so on the exact date, February 27th, seven years ago when I met the oncologist who delivered to me, my wife, Dina and my brother, Richard (a.k.a. "Team Lourie") the devastating news that would change my life/life expectancy forever. A phone call from my internal medicine doctor the previous week had confirmed that the biopsy indicated a malignancy in my lungs and an appointment with an oncologist to discuss the details was recommended. A week later, "Team Lourie" met the oncologist who advised us that the tumors were in fact non-small cell lung cancer (NSCLC), stage IV; "inoperable, incurable," and with a "13-month to two-year" prognosis. After reviewing the recent medical history that led up to this appointment, and then discussing with the doctor the various alternatives/treatment protocols – and likely outcomes, we all agreed that I should begin every-three-week chemotherapy as soon as possible. And so, six days later, on the following Wednesday, it began. The rest, as you regular readers know, is history, and "history" which I'm proud to say is still being made.

However, as much as this date is about me – and as a cancer patient, you're often told: "it's all about you" – I can't appreciate my life (and amazing good fortune) without expressing my condolences generally to all the newfound friends, acquaintances, a few relatives and the miscellaneous names; some famous and noteworthy, many not, whom I have heard about and read about, who have succumbed to this terrible disease. A disease which, at least when I was originally diagnosed, offered patients very little hope of surviving even beyond two years; I'm living into my eighth year now. My oncologist refers to me as his "third miracle," a moniker I am happy to embrace and incredibly fortunate to have earned with a disproportionate amount of luck, perseverance and a positive, self-effacing, find-humor/make-humor, take-the-good-with-bad and the-bad-with-the-good approach that if I believe any of what I've been told by numerous medical professionals, has likely contributed to my overall good health. And though there are no guarantees offered or given in oncology, I am at least one example of a grim tale that turned out not to be a fairy tale.

Let me be clear: I am not in remission. I am still under the regular and recurring care of my oncologist. I still receive chemotherapy infusions every four weeks. I still go for diagnostic scans every three months, and a follow-up appointment with my oncologist a week or so later for evaluation and assessment. I still live every day knowing there remains no cure for what ails me. And as written about in last week's column, "A Further Explanation," the experience has changed me forever, no doubt reflecting the ongoing demands of being diagnosed with a terminal form of cancer, a diagnosis which is all it's cracked up to be.

But dwelling on this reality serves no purpose. And living as if today is my last day doesn't resonate with me either. I prefer to live my life as much as possible, anyway, as how I would otherwise live it: no bucket lists to fill or must-haves or must-dos. Instead, I'd rather do what I must and live as I have: consistent with who I am and who I've become: a seven-plus year cancer survivor amazed to still be alive and appreciative of all the help and encouragement I've received along the way.

One might think being diagnosed with cancer/living with cancer is a solitary pursuit, and in many ways, I suppose it is; but in my sharing, I've found caring, and I believe there's strength in those numbers. Happy Anniversary to me and to all my fellow cancer patients who claim this date as a significant milestone; be it one day, one week, one month, one year or multiple years. Congratulations to us all. We deserve it!

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

ZONE 4:
• CENTREVILLE

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 4 AD DEADLINE:
MONDAY NOON

ELECTRICAL

K&D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522
lektrkman28@gmail.com

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia



RN. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patio's, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic

Phone: 703-887-3827
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com



(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry,
Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available
http://www.pphionline.com/

"If it can be done, we can do it"

Licensed - Bonded - Insured



HANDYMAN

HANDYMAN

LAWN SERVICE

LAWN SERVICE

J.E.S. Services

Your neighborhood company since 1987

703-912-6886



Landscaping & Construction
Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

PAVING

PAVING

GOLDY BRICK CONSTRUCTION

Walkways, Patios, Driveways,
Flagstone, Concrete
FREE ESTIMATES

Licensed, Insured, Bonded

703-250-6231

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.



Summer Cleanup...

Tree removal, topping & pruning,
shrubbery trimming, mulching,
leaf removal, planting, hauling,
gutter cleaning, retaining walls,
drainage problems, etc.

25 years of experience – Free estimates

703-868-5358

24 Hour Emergency
Tree Service

WINDOWS & GLASS

WINDOWS & GLASS

CHESAPEAKE/POTOMAC WINDOW CLEANING

Residential Specialist/Family owned/operated
Working Owners Assures Quality
No Hidden Fees/No Broken Window Springs
30 yrs Experience in local area

Licensed 703-356-4459 Insured

HANDYMAN

HANDYMAN



HAND & HAND HANDYMAN LLC

General Remodeling • Residential & Commercial

DESIGN AND BUILD • COMPLETE HOME RENOVATION

- Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring
- Build Deck, Fence, Patios, Retaining Walls • Concrete Driveway, Brick or Stone Sidewalk
- Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured

703-296-6409

LANDSCAPING

A&S CONSTRUCTION

SOD, Mulch, Clean-Up
Leaf Removal
Hauling.

703-863-7465

The reward
of a thing
well done, is
to have done it.
- Ralph Waldo
Emerson

For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.connectionnewspapers.com/subscribe

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

HOW TO SUBMIT ADS TO

THE CONNECTION
Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:

classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:

classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

ZONES

- Zone 1: The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3: The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4: Centre View North
Centre View South
- Zone 5: The Potomac Almanac
- Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

ZONE 4:
• CENTREVILLE

EMPLOYMENT

703-778-9411

ZONE 4 Ad DEADLINE:
WEDNESDAY 1 P.M.

EARN EXTRA INCOME SEASONAL/PART-TIME

Garden Center Merchandiser

Bell Nursery, a nationally recognized grower/ vendor is looking for hardworking people to stock our products at a garden center near you.

Come get your hands dirty, enjoy the summer weather and, earn a paycheck!

If you spend TOO much time hanging out in the garden department of your local home improvement retailer, we have the summer job for you!

Bell Nursery is one of the nation's largest live good vendors, supplying the Home Depot with its beautiful flowers!

Our Seasonal Merchandisers work in the garden departments, unloading and displaying product while providing customer service.



- Flexible seasonal work schedule
- Minimum base pay of \$10.00 an hour PLUS OVERTIME!
- Additional incentives/consideration for:
 - Being bilingual (Spanish/English)
 - Relevant work experience
 - Extensive knowledge of plants/growing

For job descriptions & locations go to:
www.bellnursery.com/careers

NEWS

State of the Station

FROM PAGE 3

open, tell them,” he told the crowd. “We deal with a wide range of crimes, including larcenies from vehicles, burglaries and robberies. But we couldn’t do the cases without you calling us when things don’t look right and then testifying in court.”

STRATEGIC VISION

Blakley then discussed the strategic vision he and Assistant Station Commander Matt Owens have for 2016. He said they are:

- ❖ “To protect the community as guardians by embracing community-policing strategies reducing the incidences of crime;
- ❖ To serve the community through positive interactions, treating everyone with dignity and respect, to build and maintain trust and legitimacy in the community; and
- ❖ To prepare by training often and maintaining a culture of safety that emphasizes the sanctity of human life in all that we do.”

Owens said some of the initiatives to carry out this vision include events such as National Night Out, Touch-a-Truck and the bike rodeo. Police also plan Trash Talks — putting stickers on trash cans to remind people not to speed. “We’ll also use variable message boards and take a broader approach to educating the community about traffic safety and speeding,”



PHOTO BY BONNIE HOBBS/THE CONNECTION
1st Lt. Matt Owens

said Owens.

Also on the horizon is an Exchange Zone — a parking spot at the station where people may safely purchase items they bought online. And movie nights would be a way to reach out to local children.

“These initiatives are all partnerships to develop,” added Blakley. “They’re also more ways in which we can engage and interact with the community.”

BULLETIN BOARD

FROM PAGE 5

School, 13340 Leland Road, Centreville. Colin Powell Elementary School in Centreville will conduct their kindergarten registration in the school cafeteria. Forms and other information are available at www.fcps.edu/it/forms/bundles.shtml. Due to time constraints, parents are asked not to bring children along.

THURSDAY/APRIL 14

Kindergarten Registration. 9:15-10:15 a.m. at Poplar Tree Elementary, 13440 Melville Lane, Chantilly. Poplar Tree Elementary will hold its Kindergarten Orientation. Children who will be 5 years old on or before Sept. 30, and live within the school’s boundaries are eligible for Kindergarten for the 2016-2017 school year. Call 703-633-7400 for more.

THURSDAY/APRIL 21

Kindergarten Registration. 2:30 p.m. at Greenbriar East Elementary School, 13006 Point Pleasant Drive, Fairfax. Greenbriar East Elementary School will have Kindergarten Orientation/Registration. Call the school office at 703-633-6400 with questions.

ELECTRONICS RECYCLING

Residents Can “E-cycle” at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electric-sunday.htm for more.

DONATIONS

The **Student Auto Sales Program** operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to work on. Some refurbished vehicles are sold, with 75 percent of the proceeds going back to

the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax deductible, for student training. Contact Lyman Rose at 703-802-5588 or by e-mail lyman.rose@fcps.edu for more.

Cell Phones for Soldiers is accepting donations of old cellphones so that troops can call home. Patrons may drop off donations at 14215E Centreville Square, Centreville.

SUPPORT GROUP

Telephone Support Group for Family Caregivers of Older Adults. 7 p.m. every second Tuesday of the month. This telephone support group is designed to help caregivers of older adults share experiences, gain support and get important information without having to travel. Register at www.fairfaxcounty.gov/dfs/olderadultservices/ and click on Caregiver Telephone Support Group.

Fair Oaks Parkinson’s Support Group for people living with Parkinson’s disease, caregivers and family, meets on the fourth Saturday monthly, 10 a.m.-noon at Sunrise at Fair Oaks, 3750 Joseph Siewick Drive, Fairfax. Call 703-378-7221 or visit www.fairoaksparkinsons.com for more.

VOLUNTEERS NEEDED

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.

The Shepherd’s Center of Western Fairfax County (SCWFC) needs volunteer drivers for medical/foodbank appointments. SCWFC serves age 50+ residents in Chantilly, Centreville, Clifton, and western Fairfax/Fairfax Station helping them remain independent and age in place at home. Visit www.scwfc.org or contact 703-266-3548 or scwfc.office@gmail.com.

Homeless Animals Rescue Team is looking for volunteers to hold dogs at adoption events, Saturdays noon-3 p.m. Volunteers must be 18 or older. Events will be held at Petsmart, 13866 Metrotech Drive, Chantilly. Call 703-691-HART or visit www.hart90.org for more.

ZONE 4:
• CENTREVILLE

CLASSIFIED

703-778-9411

ZONE 4 Ad DEADLINE:
MONDAY NOON

CENTREVIEW CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

26 Antiques

26 Antiques

We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.
Schefer Antiques
703-241-0790
theschefers@cox.net

HOW TO SUBMIT ADS TO THE CONNECTION Newspapers & Online

CLASSIFIED DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

ZONES
Zone 1: The Reston Connection
The Oak Hill
Herdon Connection
Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection
Zone 3: The Alexandria
Gazette-Pocket
The Mount Vernon Gazette
Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection
The Vienna/Oakton
Connection
The McLean Connection
The Great Falls Connection

21 Announcements

21 Announcements

21 Announcements

LIFETIME METAL ROOFING

by VaCarolina Buildings, INC



It's storm season! Are you prepared?
Call the experts at VaCarolina Buildings
today for your free estimate on a new
professionally installed Lifetime Metal Roof!

Houses - Single Wides - Double Wides

Last Roof You'll Ever Need For Your Home!

Free Roof Inspection
45 Year Warranty
Financing Available

1.800.893.1242
metalroofover.com

People. Power. Possibilities.®



One of the Area's Fastest Growing Mortgage Lender Proudly Welcomes Our Newest Team Members:



Michael Duong
Mortgage Loan Originator
NMLS# 484234



Dave Venugopal
Mortgage Loan Originator
NMLS# 484239



Paulo Garcia
Mortgage Loan Originator
NMLS# 489207

TO JOIN THE FOLLOWING TEAM IN THE NORTHERN VIRGINIA BRANCH:



John Goulding
Regional Vice President,
NMLS# 455462



Stan Schnippel
Area Sales Manager,
NMLS #455236



Mike McBride
Branch Manager, NMLS#
457863



Bob Bowden
Mortgage Loan Originator,
NMLS# 450719



Lee Williams
Mortgage Loan Originator,
NMLS# 266952



Jim Galloway
Sales Manager,
NMLS# 453699



Debbie Sanders
Mortgage Loan Originator,
NMLS# 255996



Oray Nicolai
Mortgage Loan Originator,
NMLS# 510006



Sam Atapour
Sales Manager,
NMLS# 193137



Steve Miller
Sales Manager,
NMLS# 195767



Bill Malkoun
Mortgage Loan Originator,
NMLS# 241927



David Sacknoff
Mortgage Loan Originator
NMLS# 45829



Rich Hayden
Mortgage Loan Originator
NMLS# 46503



Hal Johnson
Mortgage Loan Originator
NMLS# 233808



Brian Pawsat
Sales Manager
NMLS# 223309

We can help you!®
Contact Us Today!

stearnshomeloans.com/alexandriava



This is not a commitment to lend. Program restrictions apply. Stearns Lending, LLC also operates under the trade name Stearns Home Loans in all states except for Arizona, Illinois, Massachusetts, and New York. Stearns Lending, LLC offers many loan products. Stearns Lending, LLC is a California Limited Liability Company headquartered at 4 Hutton Centre Drive, 10th Floor, Santa Ana, California 92707. (800) 350-LEND (5363) Company NMLS# 1854 (www.nmlsconsumeraccess.org). Stearns Lending, LLC is licensed, registered, or exempt from licensing to conduct business in the following states which require license disclosure on advertising materials: Massachusetts Mortgage Lender/Broker License #MC1854; Licensed by the New Hampshire Banking Department; Licensed by the N.J. Department of Banking and Insurance; Rhode Island Licensed Lender; Virginia State Corporation Commission Lender/Broker License #MC-2184; This information is accurate as of February 22, 2015. © 2015 Stearns Lending, LLC All Rights Reserved. SHL1359.022116