

Potomac ALMANAC

HomeLifeStyle

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Donna Dadkhoo, Natalie Hwang and Hrishi Balaji will be performing "Landslide" in 2016 "Blast" at Churchill High School.

'Blast from the Past 27'

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Churchill To Present 'Blast from the Past 27'

Musical performances to revolve around "elements" theme.

BY SUSAN BELFORD
THE ALMANAC

Earth, wind, fire, water — these elements have influenced culture throughout history as well as music since society's early beginnings. "Blast From the Past 27 – Elements" will present a testimony to their power through vocals and dance performances of songs such as "We Didn't Start the Fire" by Billy Joel, "Rain" by the Beatles, "Ain't No Mountain High Enough" by Marvin Gaye and Tammi Terrell, "Great Balls of Fire" by Jerry Lee Lewis and "I Feel the Earth Move" by Carole King.

"Blast From the Past" has been a long-standing musical success at Winston Churchill High School (WCHS) showcasing the talents of the student cast and technical/production crew, as well as the dedication of the director, technical director and the parents.

The show requires the efforts of 150 students who serve not only as singers, dancers, band members, carpenters, sound and audio technicians and choreographers — but who search for just the right costume, dedicatedly practice dance moves and support one another and their teachers when yet another snow day is called by Montgomery County. The extravaganza is packed with energy and enthusiasm — and has been a "not-to-be-missed" show within the Potomac community for 27 years.

Matt Albright, Churchill's choral instructor, is directing "Blast" for the third time.

"Each year, I am astounded by the amazing talent and creativity of our students," he said. "That is why as a teacher, I believe students should gain the experience of creating Blast themselves. Not only can we foster intellectual and creative pursuits, but we allow them to become an integral part of a



Blast Director Matt Albright addresses Blast performers before rehearsal.

larger piece of the artistic puzzle we as artists try to create. As they become intrinsically committed to the production, they learn the true value of communication and artistic exploration with their peers. Blast 27 is a student-run production from student musical arrangements, choreography, light and sound design to vocal performance."

Albright explained that he would not have been able to develop the show without the help of his student leaders as well as Production Designer and Technical Director Benjamin Schnapp and Lighting Designer Kristofer Sanz. Most of the student leaders are graduating seniors who have performed in previous productions.

Company Manager and Vocal Captain Anna Votaw said, "This year's Blast is so different for me because, as a senior, I appreciate it so much more. I have to savor

every minute because I will never be able to be a part of this production again. It's wonderful but sad — and I'm so glad I could be a part of it."

Since the founder and lead singer of the band Earth Wind and Fire died this year, the Blast Band and the Churchill Showstoppers will be performing "In the Stone" and "Shining Star." Contemporary tunes, such as "Fireball" by Pitbull, "Burnin' Up" by the Jonas Brothers and "Burn" by Ellie Goulding will be interspersed with crowd-favorites such as "Cry Me a River," "River Deep, Mountain High," and "Ring of Fire" — representing a variety of music genres.

Many of the vocal arrangements were created by senior Natalie Hwang and the band arrangements were done by senior Anthony Ratinov. Both have studied piano since they



Anna Votaw serves as a Blast Company manager. She has performed in Blast for the past 4 years and is a member of Churchill's Showstoppers.



Pianist Anthony Ratinov is the Blast Band's student conductor.

were four years old, and both enjoy writing arrangements.

"I enjoy teaching the music after I write the arrangement. It's very satisfying to listen to the harmonies of the vocalists," Hwang said.

Besides writing the band arrangements, Ratinov serves as the student conductor. "We have 15 band volunteers who have

SEE 'BLAST' EMBRACES, PAGE 13

Local DAR Chapter Provides Patriotic Service

Hungerford's Tavern chapter encourages new members.

BY SUSAN BELFORD
THE ALMANAC

On June 7, 1974, the Hungerford's Tavern Chapter of the Daughters of the American Revolution (DAR) was founded in Potomac. Ever since the organization was begun, they have provided patriotic service to the nation, the state and community. Their motto, "God, Home and Country" serves to define their mission: dedication to promoting patriotism, preserving American history and securing America's future through better education.

Why was this DAR chapter named for Hungerford's Tavern? The birthplace of Montgomery County was

most likely the popular Hungerford's Tavern, which stood at the corner of South Washington and Jefferson streets in Rockville. According to the Hungerford's Tavern Daughters of the American Revolution website, "On Saturday, June 11, 1774, at Hungerford's Tavern, the leading men of lower Frederick County met with Henry Griffith as moderator and Archibald Orme as clerk and resolved unanimously: 'That it is the opinion of this meeting that the most effectual means for the securing of American freedom will be to break off all commerce with Great Britain and the West Indies.' Dr. Thomas Sprigg Wootton, Nathan and Zadek Magruder, Richard Brooke, Henry Griffith, Evan and Richard Thomas, Dr. William Baker, Thomas Cramphin, Jr. and Allen Bowie were appointed to carry the resolution to Annapolis."

"Two years later, on September 6, 1776, a resolution introduced by Dr. Thomas Sprigg Wootton was

SEE LOCAL DAR, PAGE 13



In January, delivering stuffed animals to the Montgomery County Family Justice Center are (from left) Jackie Cronin, Acting FJC Director Thomas Manion, and Patty Vitale.

PHOTO CONTRIBUTED

OPINION

Warning Signs For Artificial Turf

The following open letter was addressed State Del. Aruna Miller.

On behalf of the hundreds of households in Montgomery County who are members of the West Montgomery County Citizens Association, we are grateful for your leadership on HB 883 seeking warning signs on artificial turf fields owned by local governments or school systems.

We hope the county goes much further in its action regarding artificial turf fields, including but not limited to banning any further installation of artificial turf playing fields until extensive, unbiased tests are completed and more is known about the effects of known toxins found in the plastic rugs and the artificial grass blades which make up synthetic turf.

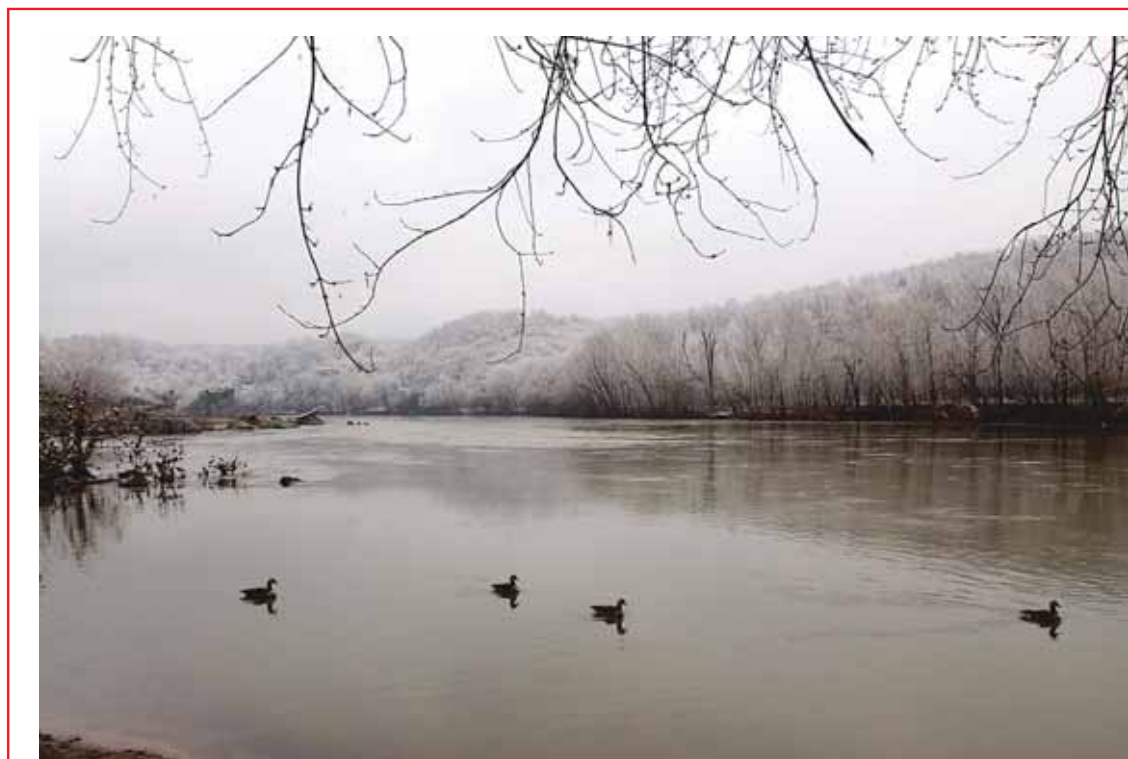
The health and environmental risks posed by these playing fields have been reported in national and regional reports by several reputable media outlets these past two years, so it is high time our locally elected government officials take action. West Montgomery County Citizens Association has for years advocated for a moratorium on the installation of all such playing fields until their impact on human health and the environment is thoroughly examined and those reports are released to the public.

We already know that toxic substances in crumb rubber have been introduced onto dozens of our public high school playing fields without the benefit of any comprehensive safety studies, and that the conversion from safe, healthy, natural playing fields to expensive artificial turf fields continues to be pushed by certain members of the Montgomery County Public School administration without any regard to these health concerns.

We agree with the Children's Environmental Health Center of the Icahn School of Medicine at Mount Sinai, which urges a complete moratorium on the use of artificial turf generated from recycled rubber tires until more is known about the effects of crumb rubber and artificial green blades found in synthetic turf.

The signage bill is extremely mild considering the health and environmental ramifications of fake turf, but we have to start somewhere.

We hope you will be successful in your efforts to convince your colleagues on the Ways and Means Committee to support HB 883 and



Winter's Finale?

The day after the last snow, which fell on March 4, branches are dusted along the Potomac River at the C&O Canal National Historical Park.

PHOTOS BY
DEBORAH STEVENS
THE ALMANAC

hope that you will shepherd it through the entire House legislative process to full passage.

We thank you for your leadership, and stand ready to help in any way that we can.

Carol Van Dam Falk
Executive Board Member
West Montgomery County
Citizens Association

Address Intersection

The following open letter was addressed to Gregory C. Johnson, administrator, Maryland State Highway Administration.

We are writing to you concerning the recent fatal crash at the intersection of River Road (MD 190) and Pyle Road/Braeburn Parkway in Bethesda that took the lives of three members of our community. As representatives of the area at the state and county levels, we believe that traffic and pedestrian safety issues at this intersection must be more comprehensively addressed.

We appreciate that you have agreed to evaluate this intersection again. Safety at this intersection has been a priority of the local community since at least 2008. Local residents report that the

combination of high speeds on River Road, limited visibility due to the nearby crest of the hill, wide travel lanes, and proximity to the Beltway make this intersection particularly dangerous. As this is a major entry point for a local high school, we must take all possible steps to address the unsafe conditions.

Residents and members of the Whitman High School community are again calling for a traffic light at this intersection via a petition that already has over 2,000 signatories. We ask that you conduct a

SEE LETTERS, PAGE 5

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MONTGOMERY COUNTY POLICE DEPARTMENT PHOTOS

Animal Services Division Officer Jennifer Gill with Trust.



Trust was rescued in Potomac.



OWL MOON RAPTOR CENTER PHOTO

Suzanne Shoemaker of the Owl Moon Raptor Center and Animal Services Division Officer Jennifer Gill.

Police Rescue Injured American Bald Eagle

An injured American bald eagle was recovered in the area of River Road and Riverwood Drive on March 3 at approximately 8:45 a.m. According to Montgomery County Police, Animals Services Division Officer Jennifer Gill responded to the area and was met with a resident who had observed the eagle walk into the woods.

Gill located the eagle; it appeared to have an injury that prevented it from flying. Gill wrapped the eagle in towels and Maryland Department of Natural Resources Officer Danny Thomas assisted Gill in placing the

eagle in a carrier for transport to the Owl Moon Raptor Center, a wildlife rehabilitation center in Boyds specializing in birds of prey. Gill named the eagle, "Trust."

In a posting on the Owl Moon Raptor Center's website, owlmoon.org, Natasha Lewandrowski wrote: "... we brought Trust to Bennett Creek Animal Hospital, where we took radiographs, and Dr. Debbie Deans examined her to get a clearer picture of her injuries.

We learned that she has a fracture in her left shoulder. The coracoid bone, which runs from her shoulder to the breastplate was

fractured mid-shaft from an impact, presumably caused by a motor vehicle.

The coracoid is an important bone for flight because it supports the shoulder during the pull of the downstroke.

Therefore, the prognosis for her returning to full flight is guarded. We have wrapped that wing to her body to immobilize it for at least three weeks, so the fracture can heal. We will remove the wrap periodically to do physical therapy and keep the joints mobile. We are not certain that our efforts will be successful, but we will give her the best possible chance of recovery of flight.

"Another thing we learned from the radiographs is that there was some trauma to Trust's cranial air sacs from the impact. Air sacs are part of a bird's respiratory system. We think she can recover from this, but it is affecting her breathing, and there is still a small amount of internal bleeding evident in her mouth, so she is not completely 'out of the woods' yet. She is, however, alert and on her feet."

For video of Trust preparing for his ride to the rehabilitation center, visit <https://m.youtube.com/watch?v=JRYZdU3AhvA>.

LETTERS TO THE EDITOR

FROM PAGE 4

traffic safety study that examines all potential options — including a traffic light — that could make that intersection safer for all users. We ask that you conduct this study as quickly as possible.

We understand that the District 3 team recently reviewed the pedestrian safety is-

ssues associated with the nearby crosswalk. We regretted SHA's initial determination to not make any significant pedestrian safety improvement upgrades. We do not think that fresh paint will be sufficient to address the serious safety challenges posed by an unsignalized crosswalk frequently used by high schoolers where the posted speed is 45 mph.

As we seek to improve traffic safety, everything must be done to also ensure that students walking to and from Whitman can do so safely.

Thank you for your consideration of this matter. We look forward to your prompt reply.

Chris Van Hollen, Member of Con-

gress; **Isiah Leggett**, County Executive; **Nancy Floreen**, Council President; **Roger Berliner**, Council Vice President; Councilmembers **Marc Elrich**, **Tom Hucker**, **Sidney Katz**, **George Leventhal**, **Nancy Navarro**, **Craig Rice**, **Hans Riemer**; and state Delegates **William (Bill) Frick**, **Ariana Kelly**, and **Mark Korman**; and state Sen. **Susan Lee**

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Details: www.PotomacCommunityVillage.org
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info@PotomacCommunityVillage.org

ENTERTAINMENT

Email community entertainment events to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“Jack and Phil, Giant Slayers.”

Through March 13, 1:30-6 p.m. at Imagination Stage, 4908 Auburn Ave., Bethesda. In this contemporary adaptation of the classic fairy tale, Jack is a sporty, popular kid whose mother is facing foreclosure on their house. Jack enlists Phil, his smart yet nerdy neighbor, to accompany him to a pawnbroker to trade in his grandfather's gold watch for quick cash. Tickets start at \$10. Visit www.imaginationstage.org for more.

Student Art Show. Through March 13, gallery hours at VisArts, 155 Gibbs St. Students 14 and older may submit work to be considered for participation in a student art show. \$5 application fee. Apply by Thursday, Feb. 4. Visit visarts.submittable.com.

Photo Exhibit: “The Shadow

Knows.” Through March 14, Saturday 1-4 p.m., Sunday 1-8 p.m. at Glen Echo Photoworks, 7300 MacArthur Blvd., Glen Echo. Find silver gelatin master prints from Photoworks' Advanced Master Darkroom Class. Free. Visit www.glenchphotoworks.org for more.

Rachel Hamel: “Necessarily

Invisible.” Through March 20, gallery hours at VisArts at Rockville, 155 Gibbs St. Rachel Hamel's small sculptural paintings encourage visual and tactile encounters with distance, home, place, displacement, and landscape. Free. Visit www.visartsatrockville.org for more.

Art Exhibit: “Fields of Inquiry.”

Through March 27, 12-6 p.m. at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. “Fields of Inquiry” brings together the work of three artists working the space of imagination: Mei Mei Chang, Pat Goslee, and Kathryn McDonnell. Free. Call 301-634-2222.

“City Scapes.”

Through April 2, Gallery hours at Waverly Street Gallery, 4600 East-West Highway, Bethesda. “City Scapes” explores the beauty and fragility of urban life through the lenses of members of The North Bethesda Camera Club. Free. Visit www.waverlystreetgallery.com for more.

Art Exhibit: You and Me, You and

I.” Through April 10, gallery hours at VisArts at Rockville, 155 Gibbs St., Rockville. Artist Calla Thompson examines culture through visual art. Free. Visit www.visartsatrockville.org for more.

Art Exhibit: “Cranes in Motion.”

Through April 24, gallery hours at VisArts at Rockville, 155 Gibbs St., Rockville. As an artist and filmmaker, Cathy Cook is inspired by nature. “Cranes in Motion” aims to promote public interest, awareness, and appreciation of crane culture through a multifaceted portrayal of the natural history of this species. Free. Visit www.visartsatrockville.org for more.

Children's Storytime.

Wednesdays and Saturdays, 10 a.m. at Barnes & Noble Booksellers, 4801 Bethesda Ave., Bethesda. Listen to employees read children's stories. Free. Visit www.storelocator.barnesandnoble.com/event/4824850-21.

Adult Single Night.

Saturdays, 9 p.m. at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Find a DJ, open dance floor, and other singles. No cover charge. Visit



An image from “Chop My Money” to be featured in Bethesda Film Festival.

Bethesda Film Fest Begins March 18

The fourth annual Bethesda Film Fest will feature five short documentaries made by local filmmakers on Friday and Saturday, March 18-19. Screenings will be held at 7 and 9 p.m. on March 18 and 8 p.m. on March 19 at Imagination Stage, 4908 Auburn Ave., Bethesda. The Bethesda Film Fest is produced by the Bethesda Arts & Entertainment District. Tickets are \$10. Remaining tickets will be sold at the door. Visit www.bethesda.org for more.

www.bennysbargrill.com.

VisArts Cocktails and Canvas

Class. at VisArts in the Painting & Drawing Studio, 155 Gibbs St., Rockville. Price \$40. Visit www.visartsatrockville.org/cocktails-and-canvas for more.

Thang Ta. Wednesdays, 6-7 p.m. at Sutradhar Institute of Dance and Related Arts, 1525 Forest Glen Road, Silver Spring. Learn the ancient art of the sword and spear. \$25. Visit www.dancesidra.org.

Weekly Blues Dance. Thursdays 8:15-11:30 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd. Capital Blues presents rotating DJs and instructors with beginner workshop 8:15-9 p.m., no partner necessary. \$8 for all. Visit capitalblues.org for more.

Weekly Swing Dance. Saturdays, 8 p.m.-midnight. The DC Lindy Exchange presents a swing dance with live music in the Spanish Ballroom, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Beginner swing dance lesson at 8 p.m., followed by dancing until midnight. Admission \$16-\$18, age 17 and under \$12. Visit www.glenechopark.org for more.

Argentine Tango with Lessons.

Most Sundays, 6:30-11 p.m. in the Back Room Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Argentine Tango lessons followed by a Milonga most Sunday evenings. Beginner lesson 6:30-7:30 p.m. and intermediate lesson 7:30-8:30 p.m. Cost is \$15/lesson and includes the Milonga. For just the Milonga, cost is \$10 and the open dance with DJ runs 8:30-11 p.m. No partner required. Visit www.glenechopark.org or call 301-634-2222 for more.

Contra and Square Dance.

Fridays and Sundays 7-10:30 p.m. in the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. The evening can include square dances, mixers, waltzes and other couple dances. All Contra and Square dances are taught, no partner necessary. Lessons at 7 p.m., followed by the called dance with live music at 7:30. \$13 for nonmembers, \$10 for FSGW members, \$5 ages 17 and under. Visit

www.glenechopark.org or call 301-634-2222 for more.

Late Night Comedy. Fridays (open mic night) and Saturdays (established comedians) at Benny's Bar & Grill, 7747 Tuckerman Lane, Potomac. Benny's is open 8 a.m.-1 a.m. Fridays and Saturdays. Visit www.BennysBarGrill.com.

Drop in Art Activities. Every Saturday 10 a.m.-12:30 p.m. in the Candy Corner Studio at Glen Echo Park, 7300 MacArthur Blvd., parents and children can explore a new art form or theme. \$10/child, parent combo. Drop-in only. Visit www.pgip.org for more.

Mommy & Me (& Daddy, Too).

Third Tuesday each month. 10 a.m. at Rockville Town Square. Meet for a morning out with active learning and creative play with lunch specials, story time, arts and crafts, sing-alongs, prizes and more. Visit rockvilletownsquare.com/events/mommy-and-me.

Live Music & Dancing. Fridays and Saturdays, 7-11 p.m. in Margery's Lounge, Normandie Farm Restaurant 10710 Falls Road. Dance to the music of Barry Gurley. Call 301-983-8838 or visit www.popovers.com for more.

Chocolate Factory Tours. Fridays and Saturdays, 2-5:45 p.m. at SPAGNVOLA Chocolatier, 360 Main St., Gaithersburg. Take a short tour of The Truffle Factory facilities. Free. Visit www.spagnvola.com.

Glen Echo Park Films. Saturdays and Sundays. Arcade Building, 7300 MacArthur Blvd., Glen Echo. Films about the Park's history are shown on rotation in the lobby. Free. Visit www.glenechopark.org for more.

SilverWorks Studio & Gallery.

Wednesdays, Thursdays, Saturdays and Sundays, 10 a.m.-6 p.m. Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. SilverWorks Studio & Gallery is a working silversmith studio and includes an ongoing exhibition, as well as sales of the work of artist-in-residence Blair Anderson. Free. Visit www.silverworksglenechopark.com.

Art Glass Center at Glen Echo. All day Wednesdays; Fridays, 10 a.m.-2 p.m.; Saturdays, 10 a.m.-4 p.m.;

Sundays, noon-4 p.m. Art Glass Center, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Ongoing exhibitions feature work of Resident Artists. Sculpture, vessels, functional art and jewelry for sale. Classes are taught year-round for beginner, intermediate and advanced students. Visit www.artglasscenteratglenecho.org for more.

Yellow Barn Studio & Gallery.

Saturdays and Sundays, 12-5 p.m. The Yellow Barn Studio & Gallery presents free exhibitions of emerging artists' work. Each weekend features the work of a different artist. Most artwork is also for sale. Visit www.yellowbarnstudio.com for more.

Acoustic Open Mic. Wednesdays, 7-11 p.m. at Benny's Bar & Grill, 7747 Tuckerman Lane. Everyone welcome to perform. Wine bottles are 50 percent off. Visit www.bennysbargrill.com.

CAMPS, CLASSES & WORKSHOPS

Art Explorers Open Studio. Every Saturday, 10 a.m.-12:30 p.m. at The Candy Corner Studio, 7300 MacArthur Blvd., Glen Echo. Art activities for parents and children. Activities change weekly and there is no pre-registration; \$10 per child. Visit www.glenechopark.org/saturday-art-explorers for more.

Ceramic Classes. Various dates and times. VisArts, 155 Gibbs St, Rockville. An opportunity to try the new ceramic workshops. Visit www.visartsatrockville.org/ceramics for a list of class dates, times.

THURSDAY/MARCH 10

Ladies Night Out. 6-8 p.m. at Pike & Rose, 11580 Old Georgetown Road, North Bethesda. Find complimentary food and drinks, plus discounts at participating retailers. Free. Visit www.pikeandrose.com for more.

FRIDAY-SUNDAY/MARCH 11-13

Round House Teen Company: “Good Kids.” 8 p.m. on Friday and

Saturday, 2 p.m. on Saturday and Sunday at 4545 East-West Highway, Bethesda. The Round House Teen Performance Company presents “Good Kids” by playwright Naomi Iizuka. “Good Kids” explores a casual sexual encounter gone wrong, and its public aftermath. Tickets are \$26 plus a service fee. Visit www.routhouse theatre.org for more.

SATURDAY/MARCH 12

Lego Build Challenge. 12-1 p.m. at Cabin John Mall, 11325 Seven Locks Road, Potomac. The annual event challenges kids to design, create and build with Legos. Entrants are then given the opportunity to judge their peers' creations and vote in three categories: My Favorite; Most Creative Use of Lego; and Most Imaginative. Free. Call 301-299-0680 to register by March 11.

Swing Dance: Rockabilly Round-Up. 8-9 p.m. drop-in beginner swing lesson, 9 p.m.-12 a.m. dance at Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. The Rock-a-Sonics and Rockin' Bones perform. Tickets are \$18. Visit www.gottaswing.com for more.

SATURDAY-SUNDAY/MARCH 12-13

Maryland Youth Ballet:

“Graduation Ball.” 1 p.m., with an additional 5 p.m. performance on Sunday at Robert E. Parilla Performing Arts Center, 51 Mannakee St., Rockville. Maryland Youth Ballet celebrates 45 years with a about a girl's school hosting a dance with visiting cadets set to the music of Strauss. Tickets are \$20 for adults and \$15 for children if bought in advance. Tickets are \$25, for adults and \$20 for children at the door. Visit www.marlandyouthballet.org for more.

SUNDAY/MARCH 13

Artist Talk and Movie Screening. 2 p.m. at VisArts at Rockville, 155 Gibbs St., Rockville. Cathy C. Cook's new project takes her to the largest migration locations for Sandhill Cranes and Whooping Cranes to create the “Cranes in Motion” project. She will be on hand to discuss this project, and her film “Immortal Cupboard: In Search of Lorine Niedecker” will be screened. Free. Visit www.visartsatrockville.org for more.

Dixieland Jazz Jam Session. 3-6 p.m. at Normandie Farm Restaurant, 10710 Falls Road, Potomac. Celebrating its 10th anniversary at Normandie Farm Restaurant, the Potomac River Jazz Club will hold its monthly traditional jazz jam session. Admission is free for musicians and students, \$10 for patrons. Call 301-762-3323, or prjc.org.

Scrabble Scramble. 6-9 p.m. at The William F. Bolger Center, 9600 Newbridge Drive, Potomac. Play scrabble to benefit The Literacy Council of Montgomery County. Tickets are \$75 for individuals, \$150 per pair, and \$300 for a table of four. Visit www.literacycouncilmcmd.org.

THURSDAY/MARCH 17

“The History of Chocolate.” 7-9 p.m. at Bolger Center, Franklin Building, Room F-1, 9600 Newbridge Drive, Potomac. Potomac Community Village is having Cookbook author Sheila Kaufman speak about her book “The History of Chocolate.” Free. Visit www.potomaccommuniyuvillage.org.

FRIDAY-SATURDAY/MARCH 18-19

Bethesda Film Festival. 7 p.m. and 9

ENTERTAINMENT

p.m. on Friday and 8 p.m. on Saturday at Imagination Stage, 4908 Auburn Ave., Bethesda. The fourth annual Bethesda Film Fest will feature five short documentaries made by local filmmakers. Tickets are \$10. Visit www.bethesda.org for more.

SATURDAY/MARCH 19

Signs of Spring: A Walk.

1-3 p.m. at Blockhouse Point Conservation Park, 14750 River Road, Potomac. Walk with Carrie Blair, a Virginia Master Naturalist, to discover swelling tree buds, which offer some information on color changes; scales opening, and tiny flowers emerging on trees and shrubs. This is a moderate hike with somewhat steep slopes. Free. Visit vnps20160319.eventbrite.com for more.

Pianist Haskell Small. 8

p.m. at Westmoreland Congregational UCC Church, 1 Westmoreland Circle, Bethesda. Haskell Small, a pianist and composer, will perform Bach's c minor partita coupled with John Tavener's "Pratirupa" as well as his own "Small Improvisations." Tickets are free, \$20 suggested donation. Visit www.washingtonconservatory.org for more.

SATURDAY/ MARCH 26

Loston Harris Concert. 8 p.m. at AMP by Strathmore, 11810 Grand Park Ave., North Bethesda. A jazz pianist performs. Tickets are \$35-45. Visit www.ampbystrathmore.com.

MARCH 31-APRIL 9

"Idle Playthings" and "Crimes of Fashion." Various times at Gunston Theatre One, 2700 S. Lang St., Arlington. First, in "Crimes of Fashion," superheroes fight fashion designers bent on world domination. Then, a group of toys come to life and team up to save a family-owned toy store in "Idle Playthings." Silver Spring-based Inclusive Theatre Companies are directed by trained theatre professionals and feature actors who have intellectual disabilities or learning disabilities, or are on the autism spectrum. Tickets are \$12.50 in advance, \$15 at the door, and \$5 for ArtStream students. Visit www.art-stream.org for more.

FRIDAY-SATURDAY/APRIL 1-2

St. Francis Thrift Sale. 8 a.m.-4 p.m. on Friday, 9 a.m.-1 p.m. on Saturday at 10033 River Road, Potomac. Call Church office- 301-365-2055 or Carol Jarvis- 301-299-4296.

SATURDAY/APRIL 2

Lord Nelson Mass. 8 p.m. at The Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Philharmonic Orchestra and Chorale perform Haydn's "Lord Nelson Mass." The concert will feature the National Philharmonic's nearly 200 voice all-volunteer chorale, as well as soloists Danielle Talamantes (soprano); Magdalena Wór (mezzo-soprano); Robert Baker (tenor); and Kevin Deas (baritone). Tickets start at \$29, free for children 7-17. Visit



The Visarts Student Art Show featuring students 14 and older will end on March 13. Free. Visit www.visarts.org for more.

www.nationalphilharmonic.org for more.

SUNDAY/APRIL 3

Panel Talk with Artists, Scientists, and Conservationists. 2 p.m. at VisArts at Rockville, 155 Gibbs St. Discussion of artist Cathy Cook's "Cranes in Motions". Free. Visit www.visartsatrockville.org for more.

APRIL 5-MAY 7

Art Exhibit: "Intimate Landscapes." Tuesday-Saturday 12-6 p.m. at Waverly Street Gallery, 4600 East-West Highway, Bethesda. Artist Loriann Signori paints landscapes based on Maryland's hills and waters. Free. Visit www.waverlystreetgallery.com for more.

FRIDAY/APRIL 8

Art Reception: "Intimate Landscapes." 6-9 p.m. at Waverly Street Gallery, 4600 East-West Highway, Bethesda. Artist Loriann Signori paints landscapes based on Maryland's hills and waters. Free. Visit www.waverlystreetgallery.com for more.

An Evening With Molly Ringwald. 8 p.m. at AMP by Strathmore, 11810 Grand Park Ave., North Bethesda. Teen idol-turned-jazz-singer Molly Ringwald perform with her quartet. Tickets are \$35-45. Visit www.ampbystrathmore.org for more.

Potomac After Hours. 9:15-11 p.m. at Potomac Community Recreation Center, 11315 Falls Road, Potomac. Middle schoolers (6-8th graders) are invited to attend "mystery night" and participate in a scavenger hunt. Admission is \$5. Visit www.activemontgomery.org and use code #11953 to register.

SATURDAY/APRIL 9

Flight of Fancy. 6:30-10:30 p.m. at VisArts, 155 Gibbs St., Rockville. Join VisArts for our signature fundraising event, Flight of Fancy, a participatory art experience featuring inspired painting, aerial performance, live music, food and libations. Proceeds

from the evening support our philanthropic programs such as artist stipends, inclusion classes, and camp scholarships. Tickets are \$85 until March 15, \$105 after that. Visit www.visartsatrockville.org.

SATURDAY/APRIL 16

Discussion: "The Language of Flowers." 11:30 a.m. at St. Francis Episcopal Church, 10033 River Road, Potomac. Free. Call 301-299-4296.

Art Demonstration: "Intimate Landscapes." 6-9 p.m. at Waverly Street Gallery, 4600 East-West Highway, Bethesda. Artist Loriann Signori paints landscapes based on Maryland's hills and waters. Free. Visit www.waverlystreetgallery.com for more.

SATURDAY/APRIL 30

Gardening Expo. 10 a.m.-2 p.m. at the Silver Spring Civic Building, 1 Veterans Plaza, Silver Spring. Find information on how to make the most of gardening. Also find activities for children. Free. Visit www.extension.umd.edu/mg/locations/montgomerycounty-master-gardeners.

SATURDAY-SUNDAY/APRIL 30-MAY 1

Art Exhibit: "Broad Strokes." 12-5 p.m. at Yellow Barn Studio Gallery-Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Meet Nancy Arons, Kathy Byrnes, Jennifer Howard, and Marybeth Paterson and see work inspired by their adventures painting together, filtered through their individual perspectives. Free. Visit www.yellowbarnstudio.com.

SUNDAY/MAY 1

Reception: "Broad Strokes." 4-7 p.m. at Yellow Barn Studio Gallery-Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Meet Nancy Arons, Kathy Byrnes, Jennifer Howard, and Marybeth Paterson and see work inspired by their adventures painting together, filtered through their individual perspectives. Free. Visit www.yellowbarnstudio.com.

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Popular Bathroom Remodeling Trends



Thinking about a bathroom renovation? Here are some of the trends we are seeing whether remodeling a master bath, hall bath or powder room.

Creative tile patterns. In contrast to the patterned and geometric tiles we have been seeing over the last few years, simpler tiles are making a comeback to create a timeless look. Laid in unusual patterns, they can create a unique design.

Natural vibe. Earthy materials like natural stone and river rock not only on floors and walls, but also on vanity tops, sinks, baths, feature walls and bathroom furniture are gaining in popularity.

Double-header. Double showers consisting of an oversized rain shower head and separate handset are certainly trending. Not only does this offer a luxurious, invigorating and customizable shower, but it also delivers a seamless look.

Functionality first. Clean, practical and a streamlined look are what homeowners want today. Adequate storage to hide hair dryers and excess lotions allow for a calm and relaxing environment.



Russ Glickman, founder of Glickman Design Build, is a Master Certified Remodeler and Certified Aging in Place Specialist. The award-winning Glickman Design Build team has completed

thousands of general remodeling and accessible design projects in the Metro DC area and is passionate about the work they do. Their work has been featured in a variety of publications.

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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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HomeLifeStyle

Making Sense of Your Lawn

Tips from Geoff Rinehart of the U.S. National Arboretum.

By CAROLE FUNGER
THE ALMANAC

It goes without saying that great lawns require not only high maintenance, but effective pest management as well. And insects, disease-causing organisms, weeds, birds and other mammals are all potential pests in the garden. Recently, Geoff Rinehart spoke to Montgomery County Master Gardeners about lawns and lawn care and how to make your home turf more environmentally sustainable.

ABOUT TURF GRASS

Maryland is part of what is termed the “Transition Zone” when it comes to turf grasses. To the north, cool-season grasses such as tall and “fine” fescue, Kentucky bluegrass and perennial ryegrass grow easily and flourish. To the south, warm-season grasses like Zoysia and Bermuda grass thrive in the heat and sunshine.

Unfortunately, no one of these types of grasses is perfectly suited to our area.

Maryland’s hot and humid summers put stress on cool-season fescues and Kentucky bluegrass, while dry and cold winters cause warm-season Zoysia to go dormant and turn brown. Perennial ryegrass germinates quickly in the spring, but is highly susceptible to disease and Bermuda grass seed has been classified in Maryland as a “Noxious Weed.”

Nevertheless, the predominant sod produced and sold in Maryland according to Rinehart, is Turf Type tall fescue, a mix of a few different varieties that do well in sun and partial shade. These varieties have been adapted to maintain good color and texture, are resistant to most diseases and can stand up to heavy traffic. Perhaps most importantly, Turf Type tall fescues, once established, require less fertilizer and water as long as good lawn maintenance practices are followed.

When purchasing a grass mix, one of the most important things you can do, according to Rinehart, is to carefully read the label. Tall fescue is great for sunny areas, while fine fescues are a better choice for shade. Consider the amount of traffic your lawn gets and steer away from the “contractor’s mix.” Many cheaper mixes contain grasses that germinate quickly (like annual ryegrass), but die off in summer, leaving your turf grass vulnerable to pests and disease.

The University of Maryland plants and evaluates the different kinds and varieties of turf grass (available both commercially as sod and as certified seed) and recommends those that their research shows thrive in our climatic conditions.

Check out the National Turf Grass Evaluation Program recommendations at www.marylandturfgrass.org for up-to-date information about tall-type fescues and how they performed in trials.



PHOTO CONTRIBUTED

Generally, the more often you mow your lawn high, especially in the summer, the longer it will stay green.

MOWING

Unlike many plants, the growing point of grass is at the bottom, not the crown. When mowed properly, grass growth remains proportionate to the roots, leaving it less stressed and able to draw up water more effectively from the soil. Generally, the more often you mow your lawn high, especially in the summer, the longer it will stay green.

To keep a good leaf/root proportion, different types of grass require different mowing heights that change with the season. Cool season fescues should be mown lower in the spring, but higher during the summer (around 2 and a half to 3 and a half inches), and fine fescues even higher (at 4 inches). The warm-season Zoysia, on the other hand, can be mowed as low as 1 and a half inches in summer since it thrives in warmer temperatures.

Rinehart recommends following the One Third Rule. Never remove more than one-third of the grass leaf at any one time. And don’t mow until the grass is above 4 inches. Mowing too low will stress your lawn. “Mowing too low is why you see white areas in lawns in the mid-summer,” he said.

MULCH MOWING

Yes, we’ve all heard for years that leaving grass clippings on the lawn can be bad for the turf. Not true, says Rinehart. Discarding grass clippings after mowing deprives the lawn of a vital source of water as well nutrients such as nitrogen, phosphorus and potassium. “Think of it as free fertilizer for your yard,” he said.

Grass clippings are made up of 80 to 90 percent water and decompose quickly. And, the more finely chopped by your mower, the quicker they break down. Rinehart recommends using a mulching mower to capture this valuable resource.

CARE FOR YOUR MOWER

Sharp blades make the cleanest cuts, which is good for your grass because it reduces risk of disease that could infect the lawn. As grass leaves toughen up in the summer, they can dull

the mower blade. Rinehart recommends sharpening the blade in mid summer and then again in mid fall.

Rinehart also recommends washing the mower, something his team at the Arboretum do after each mow to protect against fungal disease and rust build-up. For the average homeowner to whom this may come as a shock, he said once a year should be fine.

WATERING

When it comes to the all-important task of watering your lawn, a good rule of thumb is to water a total of 1 inch per week during June, July and August, and less in April, May and September. You can measure how long it takes to water in that amount by using a rain gauge or by placing cans out on the lawn. As with all plants, water deeply and avoid run-off.

Not sure you’ve watered enough? Dig down two inches into the soil. If it feels powdery, you need more water. Footprints in turf grass are also an indication that the lawn is in need of water. Invest in a water timer and make sure to water in the morning and not at night, when wet grass sets up the perfect conditions for fungus to grow.

DE-THATCHING/AERIFYING

Thatch is a collection of dried roots and twigs, which does not break down easily. If you have a tall fescue variety, you’ll rarely need to de-thatch. However, other varieties like Zoysia, need regular de-thatching. Regular aeration benefits all types of grasses because it helps get air down into dense soil, relieving compaction, reducing runoff and increasing oxygen levels. It is best done in fall when soil temperatures have cooled, so that weeds don’t seize the opportunity to grow.

For more information on lawn care, fertilization and other questions, go to www.marylandturfgrass.org.

Geoff Rinehart is the ‘Grass Roots’ Program coordinator for the U.S. National Arboretum and can be contacted at Geoffrey.Rinehart@ars.usda.gov.



Artist's rendering. Projected opening date 2019/2020.



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Ingleside at King Farm is expanding with the proposed building of 125 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living subject to approval by the Maryland Department of Aging.

Nanny Suites Add Value

High-end live-in quarters attract au pairs and can increase property values.

BY MARILYN CAMPBELL
THE ALMANAC

Jackie Wood-Gobuluk, owner of Metropolitan Nannies in Herndon, Virginia.

When Peggy Delinois Hamilton relocated to the Washington, D.C. area and began working full-time after spending eight years as an at-home mother of two children, childcare was one of her top concerns. She decided that a live-in au pair was the best choice for her family.

"I like the live-in because I don't have to worry about issues with transportation on the caretaker's part," said Hamilton. "I don't have to worry about them having competing obligations."

Finding and keeping a live-in nanny in a competitive childcare market can be a high stakes game. To lure and retain experienced, nurturing caregivers, many families shell out as much as \$100,000 to create stylishly appointed living space for their au pairs. From kitchens with marble countertops and stainless steel appliances to bathrooms with luxury showerheads and rich wood cabinetry, local designers create living quarters so enchanting and thoughtfully designed that a nanny wouldn't dream of leaving.

"If you're a live-in nanny, you want your own space. In fact, nannies won't take a job from a family that won't provide it," said

The spaces most often used for nanny suites are the lower level or attic, says Christopher Dietz of Dietz Development. "We try to create a close mimic of the main house and the primary kitchen and bathrooms of the main house," he said. "We don't do Formica or IKEA cabinets. We generally use ... granite, marble or Silestone. You don't want people to say, 'Wow, we can tell you really cut corners on this space.'"

Maintaining a continuity in quality while being budget conscious requires judicious planning. "We may splurge on custom window treatments and a bedskirt and save on things like furniture using retail pieces," said Marika Meyer, principal of Marika Meyer Interiors in Bethesda.

When an Arlington, Va. family enlisted architect J.P. Ward of Anthony Wilder Design/Build, Inc. to design an au pair suite for their home, they wanted him to main-



PHOTO COURTESY OF DIETZ DEVELOPMENT

The colors of this au pair suite bathroom are similar to those used in the rest of the house.



PHOTO BY MORGAN HOWARTH

Luxurious materials create dream spaces for nannies and au pairs.

tain continuity in both color and materials. A cathedral ceiling, granite countertops, and under cabinet lighting were key as he blended the rich aesthetic quality of the original home with the new space. "We used a higher end tile and materials that blended with the rest of the house," said Ward. "It turned out to be like a high-end studio apartment that you could get high rent for."

The au pair's space has a separate entrance, something that offers privacy to both

the nanny and the family. "We made it so that the au pair has an independent way of coming in and so they're not working 24 hours a day," said Ward.

Contractors say the cost of adding a nanny suite can range from \$5,000 on a property where there is an existing bathroom and space for a bedroom to more than \$100,000 on properties where plumbing must be in-

SEE NANNY SUITES, PAGE 12

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APRIL

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Easter Sunday is March 27

4/13/2016.....Real Estate Pullout – New Homes

4/20/2016.....A+ Camps & Schools

4/27/2016.....A+ Camps & Schools Pullout

4/27/2016.....Mother's Day Celebrations, Dining & Gifts I

4/27/2016.....Spring Outlook 2016

MAY

5/4/2016.....McLean Day Pullout

5/4/2016.....Mother's Day Dining & Gifts II

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Potomac REAL ESTATE

PHOTOS BY DEB STEVENS/THE ALMANAC

December, 2015 Top Sales

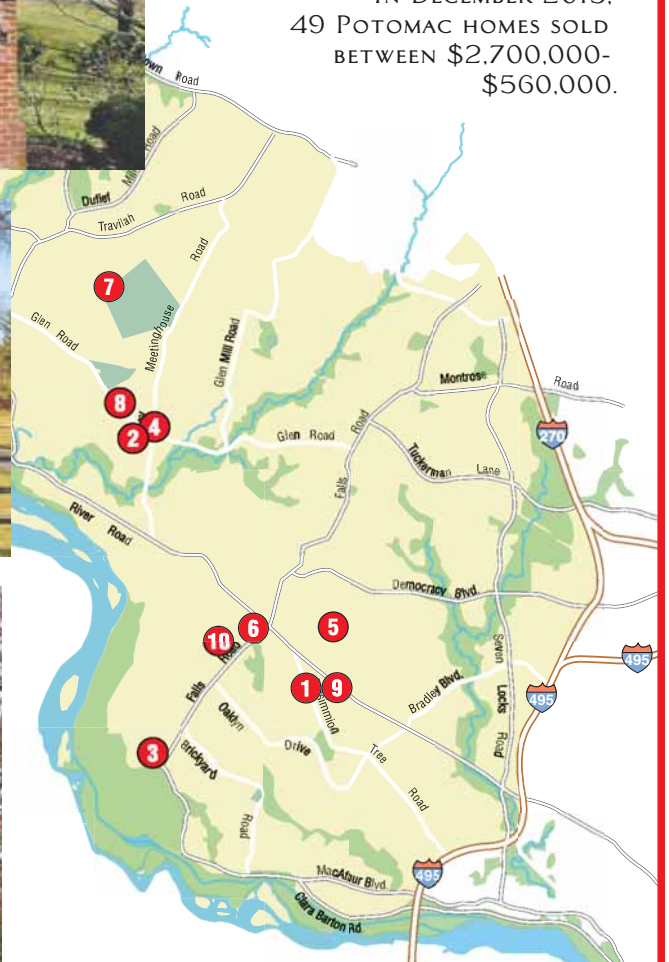
IN DECEMBER 2015,
49 POTOMAC HOMES SOLD
BETWEEN \$2,700,000-
\$560,000.

4 11804 Piney Glen Lane
— \$2,550,000



2 11308 Glen Road —
\$2,650,000

10 10706
Burbank Drive
— \$1,775,000



1 9250 Persimmon Tree Road —
\$2,700,000



9 9420 River Road — \$1,775,000



3 8840 Belmart Road — \$2,595,000

| Address | BR | FB | HB | Postal City | Sold Price | Type | Lot AC | Postal Code | Subdivision | Date Sold |
|----------------------------|----|----|----|-------------|-------------|----------|--------|-------------|--------------------------|-----------|
| 1 9250 PERSIMMON TREE RD | 6 | 5 | 2 | POTOMAC | \$2,700,000 | Detached | 1.00 | 20854 | WILLIAMBURGS ESTATE | 12/29/15 |
| 2 11308 GLEN RD | 6 | 6 | 1 | POTOMAC | \$2,650,000 | Detached | 2.00 | 20854 | SADDLE RIDGE | 12/17/15 |
| 3 8840 BELMART RD | 5 | 5 | 2 | POTOMAC | \$2,595,000 | Detached | 2.00 | 20854 | POTOMAC FALLS | 12/16/15 |
| 4 11804 PINEY GLEN LN | 6 | 8 | 2 | POTOMAC | \$2,550,000 | Detached | 2.01 | 20854 | PINEY GLEN FARMS | 12/14/15 |
| 5 10008 BENTCROSS DR | 6 | 5 | 2 | POTOMAC | \$2,500,000 | Detached | 2.00 | 20854 | FALCONHURST | 12/02/15 |
| 6 9935 POTOMAC MANORS DR | 6 | 7 | 2 | POTOMAC | \$2,300,000 | Detached | 1.33 | 20854 | POTOMAC MANOR | 12/28/15 |
| 7 11708 CENTURION WAY | 7 | 7 | 2 | POTOMAC | \$2,100,000 | Detached | 2.00 | 20854 | PALATINE SUB | 12/23/15 |
| 8 12217 SCARLET Tanager DR | 6 | 5 | 1 | POTOMAC | \$1,800,000 | Detached | 0.63 | 20854 | ESTATES AT GREENBRIAR PR | 12/04/15 |
| 9 9420 RIVER RD | 4 | 3 | 2 | POTOMAC | \$1,775,000 | Detached | 2.66 | 20854 | BRADLEY FARMS | 12/30/15 |
| 10 10706 BURBANK DR | 6 | 4 | 3 | POTOMAC | \$1,775,000 | Detached | 2.12 | 20854 | POTOMAC MANOR | 12/22/15 |

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PHOTO BY MORGAN HOWARTH

Families create spa-like living quarters to attract and retain live-in nannies.

Nanny Suites

FROM PAGE 10

stalled or an small addition is required. “[A] bathroom is the biggest expense because of the plumbing,” said Ward.

Because such an addition requires a significant investment, Kai Tong of Hopkins and Porter Construction in Potomac, Md. encourages clients to think long term. “One of the most important and useful realizations when considering nanny suites is that, unlike your kitchen or bath or bedroom, the nanny suite will only be a finite amount of time in your lives,” he said. “As your children grow, the nanny will move on, and the nanny suite is destined to become something else.”

In the Washington, D.C. area, adding an au pair suite to one’s home can make a property more appealing. “Particularly in neighborhoods with lots of young, affluent families, nanny suites are a popular, although not essential, amenity,” said David DeSantis, Partner and Managing Broker of TTR Sotheby’s International Realty. “Ideally these suites are somewhat separated from the family sleeping quarters and have their

own entrance so the nanny can come and go freely.”

A nanny suite can offer a good return on investment. “The fact that it could be used as a nanny suite is a plus, but it’s the same sort of thing as an in-law suite [so] it offers the ability for multigenerational living with some level of privacy,” said David Howell, Executive Vice President and CIO of McEneaney Associates in McLean, Va. “Because these suites are pretty uncommon in this area, it’s a real draw for those who really need one.”

In fact, having a nanny suite, particularly one with high-end amenities, can increase a property’s value. “I would say that they may make a difference in price from 5 to 10 percent as they ... would count as an additional bedroom,” said real estate agent Nancy Itteilag, of Long and Foster Christie’s International Real Estate.

Ann Dozier Michael, an Alexandria-based associate broker with McEneaney Associates, has a current listing that includes a nanny suite. “When you have a property listed that can serve the various needs of buyers, then that will add value because you have a larger buying pool,” she said.

“We try to create a close mimic of the main house and the primary kitchen and bathrooms of the main house.”

— Christopher Dietz, Dietz Development

| Address | BR . FB . HB | Postal City | Sold Price ... | Type | Lot AC .. | PostalCode | Subdivision | Date Sold |
|------------------------------------|--------------------|-------------------|----------------|------------|-----------|------------------|--------------------------|-----------|
| 11100 CRIPPLEGATE RD | 7 . 7 . 4 | POTOMAC | \$6,150,000 | Detached | 4.08 | 20854 | POTOMAC FALLS | 08/31/15 |
| 10214 IRON GATE RD | 8 . 8 . 2 | POTOMAC | \$5,500,000 | Detached | 2.52 | 20854 | CAMBERWELL DOWNS | 01/30/15 |
| 9841 AVENEL FARM DR | 6 . 5 . 3 | POTOMAC | \$3,350,000 | Detached | 2.00 | 20854 | AVENEL | 06/09/15 |
| 11509 DAHLIA TER | 6 . 5 . 1 | POTOMAC | \$3,275,000 | Detached | 0.62 | 20854 | MERRY GO ROUND FARM | 11/23/15 |
| 9311 RAPLEY PRESERVE DR | 6 . 5 . 3 | POTOMAC | \$2,725,000 | Detached | 2.00 | 20854 | AVENEL | 03/02/15 |
| 9250 PERSIMMON TREE RD | 6 . 5 . 2 | POTOMAC | \$2,700,000 | Detached | 1.00 | 20854 | WILLIAMBURGS ESTATE | 12/29/15 |
| 10300 RIVERWOOD DR | 5 . 4 . 2 | POTOMAC | \$2,675,000 | Detached | 3.33 | 20854 | POTOMAC OUTSIDE | 03/31/15 |
| 11604 RIVER RD | 17 . 13 . 4 | POTOMAC | \$2,650,000 | Detached | 2.03 | 20854 | POTOMAC OUTSIDE | 08/28/15 |
| 11308 GLEN RD | 6 . 6 . 1 | POTOMAC | \$2,650,000 | Detached | 2.00 | 20854 | SADDLE RIDGE | 12/17/15 |
| 8840 BELMART RD | 5 . 5 . 2 | POTOMAC | \$2,595,000 | Detached | 2.00 | 20854 | POTOMAC FALLS | 12/16/15 |
| 11804 PINEY GLEN LN | 6 . 8 . 2 | POTOMAC | \$2,550,000 | Detached | 2.01 | 20854 | PINEY GLEN FARMS | 12/14/15 |
| 10008 BENTCROSS DR | 6 . 5 . 2 | POTOMAC | \$2,500,000 | Detached | 2.00 | 20854 | FALCONHURST | 12/02/15 |
| 8741 PERSIMMON TREE RD | 7 . 5 . 3 | POTOMAC | \$2,350,000 | Detached | 3.05 | 20854 | BRADLEY FARMS | 04/13/15 |
| 10035 AVENEL FARM DR | 6 . 5 . 3 | POTOMAC | \$2,327,500 | Detached | 1.08 | 20854 | AVENEL | 09/04/15 |
| 9727 AVENEL FARM DR | 5 . 6 . 1 | POTOMAC | \$2,300,000 | Detached | 2.00 | 20854 | AVENEL | 07/01/15 |
| 9935 POTOMAC MANORS DR | 6 . 7 . 2 | POTOMAC | \$2,300,000 | Detached | 1.33 | 20854 | POTOMAC MANOR | 12/28/15 |
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| 11708 CENTURION WAY | 7 . 7 . 2 | POTOMAC | \$2,100,000 | Detached | 2.00 | 20854 | PALATINE SUB | 12/23/15 |
| 9806 HALL RD | 5 . 6 . 3 | POTOMAC | \$2,070,000 | Detached | 0.46 | 20854 | HERITAGE FARM | 06/08/15 |
| 8529 RAPLEY PRESERVE CIR | 4 . 5 . 2 | POTOMAC | \$2,050,000 | Detached | 0.46 | 20854 | AVENEL | 07/06/15 |
| 8525 RAPLEY PRESERVE CIR | 6 . 6 . 2 | POTOMAC | \$2,025,000 | Detached | 0.56 | 20854 | AVENEL | 07/28/15 |
| 9408 WING FOOT CT | 5 . 4 . 1 | POTOMAC | \$2,000,000 | Detached | 0.37 | 20854 | AVENEL | 07/03/15 |
| 9417 FALLS RD | 7 . 5 . 2 | POTOMAC | \$1,975,000 | Detached | 0.62 | 20854 | WILLIAMSBURG GARDENS | 09/30/15 |
| 11513 DALYN TER | 4 . 6 . 0 | POTOMAC | \$1,925,000 | Detached | 0.67 | 20854 | MERRY GO ROUND FARM | 05/26/15 |
| 10200 IRON GATE RD | 5 . 7 . 1 | POTOMAC | \$1,900,000 | Detached | 2.00 | 20854 | CAMOTOP | 04/29/15 |
| 10607 RIVERS BEND CT | 7 . 7 . 2 | POTOMAC | \$1,900,000 | Detached | 1.02 | 20854 | MARWOOD | 09/11/15 |
| 10605 RIVERS BEND CT | 7 . 6 . 2 | POTOMAC | \$1,895,000 | Detached | 1.31 | 20854 | MARWOOD | 01/29/15 |
| 12021 EVENING RIDE DR | 7 . 6 . 2 | POTOMAC | \$1,850,000 | Detached | 1.02 | 20854 | MERRY GO ROUND FARM | 05/22/15 |
| 8926 ABBEY TER | 5 . 4 . 3 | POTOMAC | \$1,820,000 | Detached | 0.28 | 20854 | AVENEL | 06/30/15 |
| 12217 SCARLET Tanager DR | 6 . 5 . 1 | POTOMAC | \$1,800,000 | Detached | 0.63 | 20854 | ESTATES AT GREENBRIAR PR | 12/04/15 |
| 9715 THE CORRAL DR | 6 . 5 . 1 | POTOMAC | \$1,775,000 | Detached | 2.33 | 20854 | POTOMAC MANOR | 04/10/15 |
| 9420 RIVER RD | 4 . 3 . 2 | POTOMAC | \$1,775,000 | Detached | 2.66 | 20854 | BRADLEY FARMS | 12/30/15 |
| 10706 BURBANK DR | 6 . 4 . 3 | POTOMAC | \$1,775,000 | Detached | 2.12 | 20854 | POTOMAC MANOR | 12/22/15 |
| 4 BEMAN WOODS CT | 5 . 5 . 1 | POTOMAC | \$1,769,500 | Detached | 0.24 | 20854 | AVENEL | 12/29/15 |
| 9314 RAPLEY PRESERVE DR | 5 . 5 . 1 | POTOMAC | \$1,750,000 | Detached | 0.50 | 20854 | AVENEL | 12/22/15 |
| 9009 POTOMAC STATION LN | 7 . 6 . 2 | POTOMAC | \$1,735,000 | Detached | 2.00 | 20854 | POTOMAC OUTSIDE | 12/14/15 |
| 10817 ALLOWAY DR | 5 . 4 . 2 | POTOMAC | \$1,725,000 | Detached | 2.15 | 20854 | POTOMAC FALLS | 10/15/15 |
| 8911 BRADLEY BVD | 5 . 4 . 1 | POTOMAC | \$1,710,000 | Detached | 1.01 | 20854 | POTOMAC OUTSIDE | 05/13/15 |
| 10711 BURBANK DR | 4 . 5 . 1 | POTOMAC | \$1,710,000 | Detached | 2.10 | 20854 | POTOMAC MANOR | 08/14/15 |
| 11716 LAKE POTOMAC DR | 6 . 6 . 2 | POTOMAC | \$1,700,000 | Detached | 4.76 | 20854 | BEALLMOUNT GROVE | 06/30/15 |
| 10611 MACARTHUR BVD | 6 . 8 . 1 | POTOMAC | \$1,700,000 | Detached | 0.56 | 20854 | POTOMAC OUTSIDE | 11/20/15 |
| 8938 ABBEY TER | 5 . 4 . 2 | POTOMAC | \$1,685,000 | Detached | 0.31 | 20854 | AVENEL | 12/16/15 |
| 11800 FORUM HILL CT | 4 . 5 . 1 | POTOMAC | \$1,680,000 | Detached | 2.00 | 20854 | PALATINE | 09/10/15 |
| 10716 BARN WOOD LN | 5 . 4 . 2 | POTOMAC | \$1,665,000 | Detached | 2.66 | 20854 | RIVER OAKS FARM | 06/11/15 |
| 8908 IVERLEIGH CT | 7 . 6 . 0 | POTOMAC | \$1,635,000 | Detached | 2.00 | 20854 | FALCONHURST | 08/06/15 |
| 10908 RIVERWOOD DR | 6 . 5 . 2 | POTOMAC | \$1,625,000 | Detached | 2.03 | 20854 | POTOMAC VIEW ESTS | 06/24/15 |
| 11105 CRIPPLEGATE RD | 5 . 4 . 1 | POTOMAC | \$1,600,000 | Detached | 2.87 | 20854 | POTOMAC FALLS | 04/14/15 |
| 10008 HEMSWELL LN | 5 . 4 . 1 | POTOMAC | \$1,600,000 | Detached | 0.46 | 20854 | MCAULEY PARK | 09/10/15 |
| 12088 WETHERFIELD LN | 5 . 5 . 1 | POTOMAC | \$1,580,000 | Detached | 2.17 | 20854 | LAKE POTOMAC | 01/23/15 |
| 10032 AVENEL FARM DR | 5 . 4 . 2 | POTOMAC | \$1,575,000 | Detached | 0.53 | 20854 | AVENEL | 06/26/15 |
| 11109 CRIPPLEGATE RD | 5 . 4 . 1 | POTOMAC | \$1,550,000 | Detached | 2.36 | 20854 | GREAT FALLS ESTATES | 07/22/15 |
| 12606 HILL CREEK LN | 6 . 6 . 1 | POTOMAC | \$1,545,000 | Detached | 2.00 | 20854 | STONEY CREEK FARM | 09/03/15 |
| 10820 STANMORE DR | 4 . 3 . 2 | POTOMAC | \$1,525,000 | Detached | 2.67 | 20854 | GREAT FALLS ESTATES | 07/17/15 |
| 9723 BEMAN WOODS WAY | 4 . 4 . 2 | POTOMAC | \$1,515,000 | Detached | 0.20 | 20854 | AVENEL | 05/15/15 |
| 8020 MERCY FALLS DR | 6 . 6 . 1 | POTOMAC | \$1,482,500 | Detached | 0.35 | 20854 | RIVER FALLS | 09/15/15 |
| 11724 LAKE POTOMAC DR | 6 . 6 . 1 | POTOMAC | \$1,460,000 | Detached | 2.08 | 20854 | BEALLMOUNT GROVE | 10/02/15 |
| 13304 BEALL CREEK CT | 6 . 4 . 1 | POTOMAC | \$1,450,000 | Detached | 2.37 | 20854 | BEALLMOUNT | 02/27/15 |
| 10000 HEMSWELL LN | 5 . 4 . 1 | POTOMAC | \$1,450,000 | Detached | 0.71 | 20854 | MCAULEY PARK | 08/07/15 |
| 9321 CRIMSON LEAF TER | 5 . 4 . 1 | POTOMAC | \$1,450,000 | Detached | 0.50 | 20854 | AVENEL | 08/31/15 |
| 11308 GREENBRIAR PRESERVE LN | 5 . 5 . 1 | POTOMAC | \$1,450,000 | Detached | 0.33 | 20854 | GREENBRIAR PRESERVE | 11/18/15 |
| 9308 MERCY HOLLOW LN | 6 . 4 . 1 | POTOMAC | \$1,445,000 | Detached | 1.82 | 20854 | POTOMAC OUTSIDE | 12/18/15 |
| 9737 BEMAN WOODS WAY | 5 . 4 . 1 | POTOMAC | \$1,435,000 | Detached | 0.18 | 20854 | AVENEL | 10/12/15 |
| 9908 SCOTCH BROOM CT | 4 . 4 . 1 | POTOMAC | \$1,425,000 | Detached | 1.28 | 20854 | NORMANDY FARM | 03/16/15 |
| 7822 CADBURY AVE | 4 . 3 . 2 | POTOMAC | \$1,425,000 | Townhouse | 0.05 | 20854 | PARK POTOMAC | 09/30/15 |
| 11717 CENTURION WAY | 6 . 4 . 2 | POTOMAC | \$1,422,000 | Detached | 2.00 | 20854 | PALATINE SUB | 10/28/15 |
| 7804 PEARSON KNOLL PL | 4 . 3 . 2 | POTOMAC | \$1,420,000 | Townhouse | 0.04 | 20854 | WHEEL OF FORTUNE | 01/16/15 |
| 10905 RIVERWOOD DR | 5 . 4 . 1 | POTOMAC | \$1,408,880 | Detached | 2.00 | 20854 | POTOMAC VIEW ESTS | 08/13/15 |
| 8805 MAYBERRY CT | 5 . 4 . 1 | POTOMAC | \$1,400,000 | Detached | 2.00 | 20854 | FALCONHURST | 05/04/15 |
| 6 GREAT ELM CT | 5 . 4 . 1 | POTOMAC | \$1,400,000 | Detached | 2.49 | 20854 | GREAT ELM ESTATE | 08/03/15 |
| 7815 CADBURY AVE | 4 . 3 . 2 | POTOMAC | \$1,395,000 | Townhouse | 0.05 | 20854 | PARK POTOMAC | 01/23/15 |
| 10609 STABLE LN | 4 . 4 . 1 | POTOMAC | \$1,390,000 | Detached | 0.40 | 20854 | RIVER FALLS | 03/16/15 |
| 10020 ORMOND RD | 5 . 4 . 2 | POTOMAC | \$1,385,000 | Detached | 1.10 | 20854 | POTOMAC VILLAGE | 11/20/15 |
| 9907 SCOTCH BROOM CT | 6 . 5 . 2 | POTOMAC | \$1,375,000 | Detached | 0.74 | 20854 | NORMANDY FARMS | 07/16/15 |
| 11403 RIDGE MIST TER | 4 . 4 . 0 | POTOMAC | \$1,375,000 | Detached | 0.55 | 20854 | CLAGETT FARM | 08/26/15 |
| 12547 ANSIN CIRCLE DR | 4 . 3 . 2 | POTOMAC | \$1,355,000 | Townhouse | 0.05 | 20854 | PARK POTOMAC | 08/10/15 |
| 7205 BROOKSTONE CT | 3 . 4 . 2 | POTOMAC | \$1,351,000 | Detached | 4.49 | 20854 | MAZZA WOODS | 07/23/15 |
| 11600 LUVIE CT | 5 . 4 . 1 | POTOMAC | \$1,350,000 | Detached | 0.97 | 20854 | MERRY GO ROUND FARM | 08/26/15 |
| 12308 GREENBRIAR BRANCH DR | 5 . 5 . 1 | POTOMAC | \$1,350,000 | Detached | 0.25 | 20854 | GREENBRIAR PRESERVE | 10/19/15 |
| 9481 TURNBERRY DR | 3 . 3 . 1 | POTOMAC | \$1,350,000 | Townhouse | 0.18 | 20854 | AVENEL | 12/30/15 |
| 12301 BEALL SPRING RD | 5 . 5 . 1 | POTOMAC | \$1,335,000 | Detached | 2.28 | 20854 | BEALLMOUNT | 02/26/15 |
| 10808 STANMORE DR | 4 . 4 . 1 | POTOMAC | \$1,330,000 | Detached | 2.24 | 20854 | GREAT FALLS ESTATES | 11/24/15 |
| 10405 BUCKBOARD PL | 6 . 4 . 1 | POTOMAC | \$1,325,000 | Detached | 0.39 | 20854 | RIVER FALLS | 05/26/15 |
| 11300 SPUR WHEEL LN | 6 . 6 . 1 | POTOMAC | \$1,325,000 | Detached | 2.00 | 20854 | SADDLE RIDGE | 10/30/15 |
| 7805 PEARSON KNOLL PL | 5 . 4 . 1 | POTOMAC | \$1,310,000 | Townhouse | 0.04 | 20854 | PARK POTOMAC | 02/20/15 |
| 7808 MASTERS DR | 5 . 4 . 1 | ROCKVILLE | \$1,310,000 | Detached | 0.43 | 20854 | RIVER FALLS | 12/22/15 |
| 9116 FALLS BRIDGE LN | 5 . 5 . 3 | POTOMAC | \$1,300,000 | Detached | 2.12 | 20854 | POTOMAC OUTSIDE | 01/15/15 |
| 10314 CUTTERS LN | 5 . 3 . 1 | POTOMAC | \$1,300,000 | Detached | 1.10 | 20854 | GLEN HAMLET | 03/27/15 |
| 11101 TARA RD | 4 . 3 . 2 | POTOMAC | \$1,300,000 | Detached | 2.00 | 20854 | POTOMAC VIEW ESTS | 05/15/15 |
| 8553 HORSESHOE LN | 4 . 3 . 0 | POTOMAC | \$1,300,000 | Detached | 2.00 | 20854 | POTOMAC RANCH | 11/03/15 |
| 7808 LINDSAY HILL TER | 5 . 4 . 1 | POTOMAC | \$1,295,000 | Detached | 0.04 | 20854 | PARK POTOMAC | 10/22/15 |
| 6805 CANAL BRIDGE CT | 6 . 5 . 1 | POTOMAC | \$1,285,000 | Detached | 0.47 | 20854 | POTOMAC OUTSIDE | 09/14/15 |
| 7808 MASTERS DR | 5 . 4 . 1 | POTOMAC | \$1,280,000 | Detached | 0.43 | 20854 | RIVER FALLS | 07/01/15 |
| 10411 BOSWELL LN | 5 . 5 . 2 | POTOMAC | \$1,280,000 | Detached | 3.00 | 20854 | GLEN MILL KNOLLS | 10/22/15 |
| 9712 GLYNESHIRE WAY | 5 . 4 . 1 | POTOMAC | \$1,279,000 | Detached | 0.20 | 20854 | CLAGETT FARM | 07/16/15 |
| 9820 AVENEL FARM DR | 5 . 4 . 1 | POTOMAC | \$1,275,000 | Detached | 0.50 | 20854 | AVENEL | 02/23/15 |
| 11404 RIDGE MIST TER | 5 . 4 . 1 | POTOMAC | \$1,275,000 | Detached | 0.26 | 20854 | CLAGETT FARM | 04/22/15 |
| 9812 TIBRON CT | 4 . 4 . 1 | POTOMAC | \$1,275,000 | Detached | 0.49 | 20854 | MASS AVE HIGHLANDS | 08/06/15 |
| 7500 RIVER FALLS DR | 6 . 4 . 1 | POTOMAC | \$1,275,000 | Detached | 0.38 | 20854 | RIVER FALLS | 12/07/15 |
| 10900 LAMPLIGHTER LN | 7 . 5 . 1 | POTOMAC | \$1,260,000 | Detached | 0.20 | 20854 | BELLS MILL ESTATES | 07/02/15 |
| 10910 LARKMEADE LN | 5 . 4 . 1 | POTOMAC | \$1,250,500 | Detached | 0.19 | 20854 | BELLS MILL ESTATES | 03/02/15 |
| 9909 CONESTOGA WAY | 4 . 5 . 1 | POTOMAC | \$1,250,000 | Detached | 0.45 | 20854 | POTOMAC VILLAGE | 03/27/15 |
| 11600 GLYNESHIRE CT | 5 . 4 . 1 | POTOMAC | \$1,250,000 | Detached | 0.31 | 20854 | CLAGETT FARM | 04/16/15 |
| 7802 PEARSON KNOLL PL | 4 . 3 . 2 | POTOMAC | \$1,250,000 | Townhouse | 0.04 | 20854 | WHEEL OF FORTUNE | 04/20/15 |
| 7605 MASTERS DR | 5 . 3 . 1 | POTOMAC | \$1,250,000 | Detached | 0.34 | 20854 | RIVER FALLS | 07/30/15 |
| 11745 SPLIT TREE CIR | 4 . 4 . 1 | POTOMAC | \$1,250,000 | Detached | 0.29 | 20854 | WINTERSET/ FALLSGATE | 07/13/15 |

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PHOTOS CONTRIBUTED

During the December 2014 Naturalization Court: Bottom row, from left, Vivian George and Diana Snouffer and, top row from left, Beth Schenck, Jenni Cronin, Sandi Reynolds, Kathy George and Jackie Cronin.

Jackie Cronin at Veterans Day at Woodmont Triangle in Bethesda.

From left: Pat Hermans, Sandi Reynolds, Jackie Cronin and Kathy Viessmann serve at Sophia House Shelter.

Local DAR Chapter Provides Patriotic Service

FROM PAGE 3

passed by the Maryland Assembly dividing the western and south sections of Frederick County into Washington and Montgomery, the first counties in the state named for citizens of the colonies. At this time it was directed that elections be held and Charles Hungerford's tavern was the place chosen for these first Montgomery County elections. On May 20, 1777, the first court was held in Hungerford's Tavern, which continued to serve as the seat of government for Montgomery County until the first court house was erected in 1779." The current Montgomery County Courthouse is near its previous location and Rockville's Hungerford Drive honors the tavern proprietor who also served several years as a justice of the peace.

The National Society of the DAR has more

than 165,000 members in more than 3,000 chapters throughout the United States, D.C. and in 12 countries around the world. Hungerford's Tavern DAR has 35 members who perform many service projects and activities. Everyone in the organization must prove lineal descent from a patriot of the American Revolution. Even though the Hungerford's Tavern DAR is one of the smaller chapters in Maryland, the members accomplish a number of service projects each year. "Our most rewarding service project is hosting a reception for newly naturalized citizens at the Beltsville Federal Courthouse," said Membership Chairman Jackie Cronin. "We give a welcoming speech to the new citizens as they take the oath of citizenship in the courtroom and we pass out American flags and a Pledge of Allegiance card to all in attendance. Another

project is serving dinner and bringing breakfast, books, gloves and cards to the ladies staying at the Sophia House Shelter. We have recently initiated a collection of items for the Montgomery County Justice Center too." Other projects include educating students and adults through Constitution Week displays and elementary schools and libraries, placing wreaths at Veteran's Triangle in Bethesda for Memorial and Veteran's Days, sending boxes to active-duty military personnel, honoring living Vietnam veterans with a ceremony and reception and serving as active leaders and supports of the Hungerford Resolves Society, Children of the American Revolution (C.A.R.) The group also supports DAR-founded Schools, DAR Approved Schools and American Indian Schools.

"Joining the DAR originally gave me a way

to connect to my ancestors, but now the most meaningful part of our organization is the lasting friendships I have made with both the local daughters and the state members," cronin said. "We all share a commitment to service and to keeping patriotism alive and well in our society. I thoroughly enjoy the hands-on service projects the chapter provides. Our members join to become part of something unique with an irreplaceable connection to the past."

The organization meets on the third Monday of the month at the Potomac Community Center in September, October, November, April and May. In January, they meet with their Children's Organization (C.A.R.) and in February, they meet on a Saturday for a local historical fieldtrip. Anyone interested in joining should contact Cronin at JackieCroninDAR@gmail.com.

'Blast' Embraces Elements

FROM PAGE 3

worked really hard to learn all the arrangements. Being a part of Blast has been the best experience," he said. "The collaboration of the singers, dancers, musicians, and tech people with sound and lighting is so amazing and wonderful — and it really shows during the performances."

All of the performers appreciate the camaraderie and friendships formed during the rehearsals. "We are a family and we can rely on one-another," said senior Hrishi Balaji. "We have so much fun working towards the goal of a great performance and becoming supportive friends while we practice and perform. This has been a great opportunity to learn how much talent we have at Churchill, too. I'm glad I was able to be a part of a wonderful Churchill tradition."

Performances will be held on Friday and Saturday, March 11 and 12, Friday and Saturday March 18 and 19 at 7:30 p.m. and on Sunday, March 20 at 2:30 p.m. Tickets are \$15 for students and \$20 for all others and are available at the door one hour before the performance or online at www.wchsarts.com. "Blast from the Past 27-Elements" will be held at Winston Churchill High School Auditorium, 11300 Gainsborough Road, Potomac.



BULLETIN BOARD

Email announcements to almanac@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

experienced the death of a parent or sibling. Parent/guardian group meets at the same time. A six-week group led by Montgomery Hospice professional counselors. Registration required: 301-921-4400.

SOBER-RIDE FOR ST. PATRICK'S DAY

Free Cab Rides. Thursday, March 17, 4 p.m. through Friday, March 18, 4 a.m. Area residents, 21 and older, celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI (8294) and receive a free (up to a \$30 fare) safe way home. AT&T wireless customers can dial #WRAP for the same service. Visit www.soberride.com.

WEDNESDAY/MARCH 9

Volunteer Training. 10 a.m. at the Holiday Park Senior Center at 3950 Ferrara Drive, Silver Spring. Consider volunteering with the Senior Connection to drive seniors to medical and other appointments. Training and liability coverage are provided, and volunteers create a schedule. Call 301-962-0820 or visit www.seniorconnectionmc.org.

Child, Adolescent and Teen Grief Support Group. 6-7:30 p.m. at Montgomery Hospice, 1355 Piccard Drive, Rockville. For children (4 years old) through teens who have

SATURDAY/MARCH 12

Volunteers Training for Trails & Rails Program. 9 a.m.-5 p.m. at 10 Howard St., Cumberland. The Chesapeake & Ohio Canal National Historical Park (C&O Canal NHP) is seeking additional volunteers to join the park's "Trails & Rails" program. Since May 2012, C&O Canal NHP volunteers have been providing interpretive programs onboard Amtrak's Capitol Limited between Cumberland and Washington, D.C., through this program. Volunteers work in teams of two, boarding an inbound train in Cumberland at 9 a.m. and returning on an outbound train at 7:30 p.m. While onboard, volunteers provide narration and information to passengers about the history of the C&O Canal, the railroad, the Civil War, nearby towns, and natural features along the route. Volunteers must be at least 18 years of age. Contact Park Ranger Rita Knox at 301-722-8226 or rita_knox@nps.gov or visit <https://www.volunteer.gov> to fill out an application.

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And It's Just So Happening Now



By KENNETH B. LOURIE

The day after my seven-year anniversary. And not that I want to stop recounting the years since February 27, 2009 – years for which I am most proud to have survived – and thrived even, I must look forward because it's the future that lies ahead, not the past. Medicine, science and nutrition are particularly evolving disciplines with revelations, discoveries and life-changing/life-saving/life-affirming research in the offing. Nevertheless, having beaten my original, extremely discouraging, life-expectancy odds/prognosis: "13 months to two years," (received at age 54 and a half no less), doesn't mean that I can rest on my unexpected and certainly unpredicted survival. I wish the past was indeed prologue but we're discussing cancer here; I'm more afraid the past may simply be a prelude and that my epilogue may suffer the consequences.

But not to worry. I'm not weakening in my resolve, just being realistic and honest. Cancer is not the preferred diagnosis when one is planning one's future. Even so, rates of survival seem to rise every day now, and research studies, clinical trials (and tribulations) and non-Western alternatives, assure that presently, if not in the very near future, great promise exists that many more of us afflicted with this terrible disease can begin/return to live relatively normal lives, making cancer more of a chronic, treatable/manageable-type condition rather than what it is now, in many cases (not all, of course): a terminal one, or at least one with an abbreviated life expectancy.

Still, I'm not counting on any magic pill to cure what ails me. This whole cancer thing is my responsibility. I must do all I can to keep my own house in order. Relying, depending or anticipating even that some opportunity will present itself to rid me of my cancer cannot be my plan "A." Plan "C" maybe? As such, in the interim, I must steady on and stay the course and try to remain open to new and different strategies, all the while attempting to find calm in the midst of a very distressing set of circumstances.

And diagnosis-to-date, I think I've done a pretty good job of bearing the unbearable. Not that I had any training or experience in such endeavors (I had a relatively easy childhood in a middle-class home, with two loving parents, and minimal sickness and/or loss with which to contend). Nevertheless, through DNA or a nurturing environment or thousands of years of evolution, it turns out I'm made of sterner stuff than I might have imagined. As an effect, or so it seems, I have endured my challenges with aplomb and good humor; and if ever there were a situation that called for it, receiving a terminal diagnosis at age 54-plus would certainly qualify.

But just like, at a fairly young age, crying over spilled milk doesn't change the facts, neither does bemoaning the facts of a malignant diagnosis – in whatever alternative state you get to: denial and/or drink or disillusion, change anything. It may blur your reality, but the reality is: this particular problem is likely not going away, and the sooner you buck up and gain control, the sooner you can get on with your life. Granted, you have to allow for the shock of the diagnosis/prognosis to permeate your brain, almost like osmosis, and it definitely won't happen overnight, that's for sure. Probably it will happen when you experience your first chemotherapy infusion/radiation treatment. That's when you'll know you're not in Kansas anymore – unless you're actually in Kansas. And when symptoms and hair loss occur, you'll be one-hundred-percent convinced that you've officially entered your own "twilight zone."

And that's what this anniversary part two column has been about: moving forward somehow. Whether staying the course or changing protocols/treatment, maintaining a positive attitude in this constant cycle of wondering if you can still live long and prosper, the future likely holds out more hope than the past.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Whitman Boys' Basketball Wins Region Championship

Diboti-Lobe scores 29 in overtime win.

BY JON ROETMAN
THE ALMANAC

Shaq Diboti-Lobe used strength and determination to put the Whitman boys' basketball team in position to win a region championship. After Clarksburg managed to force overtime, Diboti-Lobe used his perimeter shooting touch to regain the lead.

When the final buzzer sounded, Diboti-Lobe and his Vikings teammates celebrated on the gym floor at Montgomery Blair High School as a result of their resiliency.

Diboti-Lobe scored 29 points and Whitman won its second region championship in three years, defeating Clarksburg 62-61 in overtime during the 4A West tournament final on Saturday, March 5. The Vikings will face defending state champion Meade in the state semifinals at 9 p.m. on Thursday, March 10 at the University of Maryland's Xfinity Center.

Whitman overcame a nine-point fourth quarter deficit and held a three-point lead late in regulation, but Clarksburg's Andrew Kostecka knocked down a 3-pointer in the closing seconds to send the game to overtime. The Coyotes led by two in the extra period when Diboti-Lobe drilled a 3-pointer with 1:42 remaining, giving the Vikings a 62-61 advantage.

Neither team would score for the remainder of the contest. Clarksburg's final possession ended with a missed shot from the corner.

Five days earlier, Whitman overcame a four-point deficit with less than 30 seconds remaining to beat Bethesda-Chevy Chase in the section semifinals.

"They don't give up," Whitman head coach Chris Lun said. "... [W]e're down seven, I think they pushed it to nine, and we called timeout and none of the guys were over there screaming at each other. They just stayed calm. I said we've been in this situation before at B-CC and they respond. It's the makeup of the guys that we have: they do well in school, they hang out off the court, and all that stuff really does make a difference. They just came through for us in a clutch spot tonight."



Whitman senior Shaq Diboti-Lobe scored 29 points during the Vikings' 62-61 overtime victory over Clarksburg in the region championship game on Saturday at Montgomery Blair High School.



Jack McClelland and the Whitman boys' basketball team earned a trip to the state tournament with a 62-61 overtime victory over Clarksburg on Saturday.

Whitman trailed 53-49 with less than 2 minutes remaining in regulation when Diboti-Lobe took over for the Vikings. Despite playing with four fouls since early in the third quarter, the senior guard worked his way inside, banging against Clarksburg defenders while in search of high-percentage shots. Diboti-Lobe twice in a span of 40 seconds scored and drew a foul, and each time he converted a three-point play by making his free-throw attempt — the second of which gave Whitman a 55-53 lead with 55.3 seconds remaining.

"I went into a mindset that I have to attack the rim," Diboti-Lobe said. "I can't take any forced or bad shots. I have to attack the rim, I have to get to the rim, I have to finish and I did that and I got contact and I

hit my free throws."

Diboti-Lobe knocked down a pair of foul shots with 14.8 seconds remaining, giving Whitman a 59-56 lead, but Kostecka's 3-pointer moments later forced overtime.

Despite having their comeback attempt thwarted in regulation, the Vikings regrouped and came out with the victory.

Whitman improved to 17-9 and has won 12 of its last 14 games.

"We're just a mentally tough team," Whitman's Max Oppenheim said, "and we've always kind of prided ourselves in the second half of the season about being able to go in and, despite what was thrown at us, we were able to get it done."

Oppenheim, a 6-foot-7 junior who also finished the game with four fouls, scored eight points. Junior guard Jack McClelland also scored eight points for the Vikings, junior forward Jack Berson finished with six and junior guard/forward Hannes Kogelnik added five.

Kostecka led Clarksburg with 22 points. Whitman reached the state championship game in 2014, losing to Wise 70-43. Lun led the Vikings to the state title in 2006.

"Roosevelt's great, Perry Hall is good, Meade is [the] defending state [champion]," said Lun, listing the other three members of the state final four. "People are probably going to look at us and think we have no chance, but we're going to show up and compete as hard as we can."



Region Champs

Betsy Knox and the Whitman girls' basketball team defeated Clarksburg 63-39 in the 4A West region championship game on Saturday, March 5 at Montgomery Blair High School. It was the Vikings' third region title in the last four years. Whitman will face North Point in the state semifinals at 5 p.m. on Thursday, March 10 at Towson University.

The Whitman boys' basketball team won the 4A West region championship on Saturday.



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