

The Arlington Connection

U.S. Rep. Don Beyer meets with the Pinto family in the home of Leni Gonzalez, chair of the Steering Committee for the Virginia Coalition for Immigrant Rights. "Their plea represents 91,000 in Virginia who will benefit from DAPA," said Gonzalez. "There are a lot of families like this around here, and people don't realize the difficulty of living in a state of constant fear. That's not the American way of doing things."

The Undocumented American Story

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PHOTO BY VERNON MILES/THE CONNECTION

Clarendon Farmer's Market Season Opens

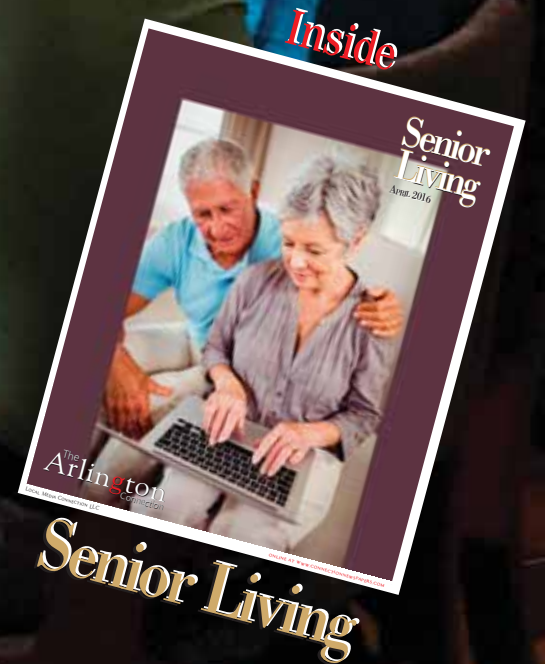
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BULLETIN BOARD

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

THROUGH THURSDAY/APRIL 14

- ❖ **Free Tax Preparation Assistance.** Be prepared by bringing the necessary documents with you. Spanish speaking volunteers are available at both locations. Note: the IRS no longer supplies the library with tax forms.
 - ❖ Central Library walk-in tax assistance times: Tuesdays, 10 a.m.-7 p.m.; Thursdays, 10 a.m.-4 p.m.; appointments available by calling 703-829-6192.
 - ❖ Columbia Pike Branch Library walk-in only tax assistance times: Tuesdays, 1:15-7:45 p.m.; Fridays and Saturdays, 10 a.m.-2 p.m.
- To download and print the AARP Volunteer Tax Assistance Schedule for Arlington, visit <http://arlingtonvalibrary.s3.amazonaws.com/files/2016/01/Tax-Prep-Clinics-2016.pdf>.

THURSDAY/APRIL 7

Zoning Ordinance Meeting. 7-9 p.m. at Key Elementary School, Multipurpose Room, 2300 Key Blvd. Discuss the vision for enhanced sign regulations at Arlington's regional shopping centers, Ballston Quarter and Fashion Centre at Pentagon City. RSVP to eweigle@arlingtonva.us. For more about the zoning study and upcoming meetings, visit <http://projects.arlingtonva.us/plans-studies/land-use/zoning-studies/#shopping>.

FRIDAY/APRIL 8

- ❖ **Traffic Alert: Friday Night Races.** 6:15-8:15 p.m. The Crystal Run 5K Friday races will take place each Friday evening in April. The Arlington County Police Department will conduct the following road closures to accommodate this event:
- ❖ Northbound lanes of Crystal Drive between 26th Street and 12th Street
- ❖ North and Southbound lanes of Long Bridge Drive as well all traffic around 6th, 10th, and

- ❖ Ball Streets will be closed.
 - ❖ Southbound Lanes of Crystal Drive between 20th and 23rd will be opened for exiting garage traffic only.
- In addition to the closures, street parking in the area will be restricted. Visit www.runpacers.com/race/crystal-city-5k-fridays/ for more.

SATURDAY/APRIL 9

- ❖ **Get Fierce About Finances.** 10 a.m.-3 p.m. at The Westin Crystal City Hotel, 1800 Jefferson Davis Highway. Expo will bring financial experts together under one roof, offering the opportunity to discuss financial concerns one-on-one and learn about products and services available to help achieve financial goals. Get advice on savings, investments, taxes, insurance, mortgages, financial planning, college savings and more. Free. Visit www.financiallyfierce.com/financial-expo or call 202-505-1051 for more.
- ❖ **Planning Commission Meeting.** 7 p.m. in Room 307, 2100 Clarendon Blvd. The Planning Commission will hold public hearings on several cases. Copies of proposed plans, ordinances, amendments and applications, and related planning case materials may be examined in the Zoning Office, Suite 1000; or text of proposed County Code amendments in County Board Clerk's Office, Suite 300; 2100 Clarendon Blvd., 8 a.m.-4 p.m. weekdays. Visit <http://commissions.arlingtonva.us/planning-commission/> for more.

MONDAY/APRIL 11

- ❖ **Entry Deadline.** Submissions are now open for the 4th Annual Arlington Student Film Festival. Student filmmakers of all ages, from Arlington Public elementary, middle and high schools may

SEE BULLETIN BOARD, PAGE 7



Life on the Street Dr. Matthew D. Shank, president of Marymount University, shared his night on the Arlington streets as a homeless person for the A-SPAN Coming Home Breakfast on March 31. It was Feb. 25 and 25 degrees outside and a little windy. "Imagine that, instead of a shower with bath gels, you were just lucky to find a public restroom this morning," he said. "Instead of a bed you slept on the sidewalk. You are totally isolated, don't know anybody, where to turn." He slept in a metro, "the longest night of my life." Not one person talked to him or acknowledged he was alive. When he returned to his own home the next morning he felt guilty and asked himself: "What are you doing." He concluded, "I am committed." The breakfast was held to raise funds to end homelessness in Arlington. Kathy Sibert, president and CEO of A-SPAN said 55 homeless received homes this year as well as 1,000 medical appointments, and 19 people have received respite care since the new Homeless Services Center opened in October 2015. Ninety-two cents of every dollar to A-SPAN goes directly to pay for services.

PHOTO BY SHIRLEY RUHE/THE CONNECTION

- ATTENTION - Fairfax County Public School Employees

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To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

editors@connectionnewspapers.com

Or to mail photo prints, send to:

The Arlington Connection,
"Me and My Mom Photo Gallery,"
1606 King St.,
Alexandria, VA 22314

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

The Undocumented American Story

Dinner with Beyer highlights difficulties facing undocumented immigrants in Northern Virginia.

BY VERNON MILES
THE CONNECTION

The Pintos are an all-American family. Jerry Pinto, a 50-year-old man with a thick moustache, works in construction. He says he doesn't speak English and he lets his daughter do most of the translating. His wife of 23 years, Elvira Pinto, cleans homes to supplement her husband's income, but she studied tourism and hospitality and still dreams of being a flight attendant. Their daughter Ambar Pinto is preparing to graduate from Northern Virginia Community College and hopes to attend George Mason University to eventually become an immigration attorney. Their sons Jerry (the family calls him Jerry Rodrigo)

“We live just like other American people. We pay taxes, we follow the laws, but we don't have the same rights.”
— Jerry Pinto

and Christian attend Fairfax schools and have strong interests in science and technology.

But then there are the ways that the Pinto family is not like the average home: the way Jerry Pinto says that every time he says goodbye to his children as they head out for school, he might be grabbed by the police that day and not see them again.

All of them, except Arlington-born Christian Pinto, are undocumented. While Ambar Pinto and soon the younger Jerry Pinto are protected, a pending Supreme Court ruling leaves their parents in jeopardy.

On April 4, the Pinto family had dinner with U.S. Rep. Don Beyer, hosted by the Virginia Coalition for Immigrant Rights at a home in South Arlington. The Pinto family lived in Arlington until 2009, when they lost their home in a fire and moved to Fairfax. For nearly two hours, Beyer and the Pinto family discussed everything from the possibility of colonization on other worlds to the immediate concerns about Deferred Action for Parents of Americans and Lawful Permanent Residents (DAPA) and Deferred Action for Childhood Arrivals (DACA). The Pinto family is one of 91,000 immigrants who would be eligible for deportation deferral, work permits, and state driver's licenses under immigration programs President Obama announced in 2015. However, the State of Texas challenged the executive action, and the fate of the Pinto family hinges on the results of an April 18 hearing on the case.

Nationwide, DAPA dinners have hosted political candidates, senators, and representatives. Ambar Pinto, an activist for immigrant rights who currently lives in Alexandria, said the meetings were about giving



PHOTOS BY VERNON MILES/THE CONNECTION

Christian Pinto shakes U.S. Rep. Don Beyer's hand.

legislators a personal understanding of the impact of the executive action on the life of immigrants.

“My parents have lived here for 10 years,” said Ambar Pinto. “My brothers don't have any other home. The fact that my family can't access the opportunities to succeed that any other American can is tough.”

Ambar Pinto is already protected by DACA, and her younger brother Jerry is currently applying.

Jerry Pinto never studied English, but learned what he knows through work and family. However, if given a chance at citizenship, he said he'd like to go to school to learn more English. Jerry Pinto also speaks Spanish and Quechua, a native South American language spoken in the Andes regions. While all of his children are fluent in English, Jerry Pinto still encourages them to keep up their Spanish to preserve some of their cultural heritage.

In Bolivia, Jerry Pinto was an economist and owned a business, but when a real estate project failed, his family lost everything. He decided their best hope was to try to start again in the United States.

In 2004, Jerry Pinto flew to Mexico with plans to cross the border, set up a job and a life in the United States, and for his family to join him. As part of an eight-man group, he was sent on a route across the desert that they were told would be a seven-hour walk. The actual trip took seven days, with the group stranded in the July heat without food or water. Jerry Pinto says the group found a small lake with green, stagnant water, but that they were so desperate they had no choice but to drink from it. Soon,

helicopters came, and the remaining group scattered, but Jerry Pinto stayed by the lake. He says he believed he was going to die there, but finally calmed down and decided to keep walking.

Sick, dehydrated, and with his feet covered in blisters, he finally arrived at a town. He went door to door asking for water; the first man who answered threatened to shoot him, the second turned off their lights and didn't answer. At the third, a trailer owned by a Native American man, he was taken in and given water, food, and some medicine. When he took a shower, Jerry Pinto said he looked in the mirror and cried when he saw how emaciated he'd become. Once he obtains legal status, Jerry Pinto says he wants to go back to where he crossed over to try and find the man who saved him and thank him.

Jerry Pinto made his way to Virginia and found work to make sure that his family could afford a different means of crossing. Soon afterwards, the rest of his family arrived in Mexico, where Elvira Pinto is from, and were eventually able to obtain a visa. The Pinto family was reunited in Virginia in 2005 and have lived here ever since.

Jerry Pinto's story stunned the room, and for a long moment afterwards no one spoke. Finally, Beyer asked whether the family lives in fear of deportation.

“We live every day not knowing when we leave home if we'll come back or if the police will take me,” said Jerry Pinto. Ambar Pinto added that stories about Immigrations and Customs Enforcement (ICE) raids, like one at an apartment complex along Route 1 last week, have sent panic through the immigrant community.

While Jerry Pinto holds onto his Maryland driver's license, in Virginia, undocumented immigrants are unable to obtain driver's licenses, and his wife is forced to rely on her husband for rides to work. Elvira Pinto does housekeeping work. She worked other jobs, but was always pushed out once management learned

that she did not have a social security number.

“I would be in favor of undocumented immigrants in Virginia having driver's licenses,” said Beyer. “We want good drivers on the roads.”

Jerry Pinto noted that he has not received a ticket since he moved into the country, and that precisely because of their legal status, some undocumented immigrants tend to be the most cautious on the roads.

“We live just like other American people,” said Jerry Pinto. “We pay taxes, we follow the laws, but we don't have the same rights.”

An analysis by the Institute on Taxation

“This makes the plight of immigrant families real and human.”

—U.S. Rep. Don Beyer



From left are Christian Pinto, Jerry Rodrigo Pinto, U.S. Rep. Don Beyer, Ambar Pinto, Elvira Pinto, and Jerry Pinto.

Clarendon Farmer's Market Season Opens

Encouraging healthier eating.

By SHIRLEY RUHE
THE CONNECTION

The Clarendon Farmer's Market at Courthouse slipped into its summer season amidst the raindrops on Saturday, April 2. Chester Beahm has driven 60 miles from Rivington, Va. to open his cheese stand at 8 a.m. Fields of Grace Farm offers four aged cheeses, four flavored cheese curds, two flavors of mozzarella, feta and more. He said the best seller this week was the aged cheddar. Albert Choi, who lives a block away, loads up with a variety of cheeses. His friend, Saumya Singh, visiting from New York, said, "We came to get a cheese for an omelet but everything looked so good, we bought all of these."

Cynthia Singiser, market manager for the Clarendon market, said it isn't the greatest day for the opening but almost everybody is here. This year they have 36 vendors at the market including two new vendors, a fresh press juice vendor and a fresh fruit pie vendor. "A few vendors are still waiting for their things to come out of the ground, like the berry and fruit people. They will be here the 16th or so," Singiser said.

Paulino Gonzalez, burrito and crepe vendor stops by for a chat. Nick Stavely, market and program manager for Community Foodworks, the non-profit organization that manages this market



PHOTOS BY SHIRLEY RUHE/THE CONNECTION

Ferial Welsh has been coming to the Clarendon Farmer's Market since 2000. Her tables are full of baskets filled with fresh shiitakes, chanterelles, mixed combinations and today's special green swirled fiddlehead exotic vegetables.

and others in the area, is eating a "Number 2 burrito:" Chorizo, egg, black beans and cheese. Stavely said, "Gonzalez grinds 200 pounds of his own chorizo every week for his burritos and crepes." Gonzalez added, "This morning at 8 a.m. when the market opened, I had 20 people waiting in the rain for a breakfast crepe. The most popular is number 18 — the apple, egg, swiss cheese and bacon."

Across the market, Ferial Welsh is sharing a recipe for fiddlehead

fronds, a wild gourmet vegetable, with a customer who explains that her friend is a chef and had just told her these were his favorite. "They are so hard to find." Welsh has been coming to the market since 2000 with her chanterelles, shiitakes, oysters and other specialty mushrooms that are available for only a few weeks each year.



Paulino Gonzalez produces a crepe on his front burners with his burrito grill behind him ready for the next customer. He says both the crepes and burritos are great sellers, and this morning at 8 a.m. when the market opened he had 20 people lined up in the rain to buy a breakfast crepe.

The mushrooms come from Phillips Mushroom Farm and Mother Earth Organic Mushroom Farm in Kennett Square, Pa. She drives in from Maryland, about an hour and 15 minutes away. Another customer inquires about the mixed basket of mushrooms—"only \$11—we haven't raised our price on these since 2002."

Clarendon Farmer's Market is one of the oldest Farmer's Markets in the metropolitan area, in operation since 1979. Dalia Boclin, the new food access and outreach manager for the market, said they open and close at the same time so customers build up a habit. She added, "We got a whole ton of interest from potential vendors this year and had to turn a lot of applicants away. We only allow local food vendors, and we want to be flexible so we added sandwiches made with local meat, bread, etc. Prepared food draws people out."

Decisions on new vendors are made on who will do well there, making sure they have the clientele to support the product. The market currently has 5-6 vegetable vendors, at least three selling meat, two dairies, three bakeries and a variety of other unique vendors.

Boclin works for Community Foodworks, a non-profit organi-

zation that has taken over management of the Farmer's Market from Arlington County. She says this move allows the market to accept the Federal SNAP (food stamps) benefits which was not allowed by the county. Boclin adds that Community Foodworks supplements food stamps dollar for dollar, which allows the low-income person to stretch their food dollars and to use them for healthy foods.

Boclin said her job is to manage the vendors, to promote the market and bring in new customers. "Traditionally the market has had the same loyalists for 35 years. My job is to reach out and bring in more millennials who are interested in green living and turn them into new 35-year loyalists, to explain to them why they should consider buying bison. We're surrounded by all of these apartment buildings, and we're hoping to get more community involvement." In addition, they are reaching out to make the market more inclusive for low-income customers by partnering with Arlington Food Assistance Center and other groups. She added the Senior Farmer's Market Nu-

"My job is to reach out and bring in more millennials who are interested in green living and turn them into new 35-year loyalists"

— Dalia Boclin, food access and outreach manager

trition Program is a Federal benefit that provides sacks of dry food during the year and \$5 vouchers in the summer that can be used to buy fruits and veggies at the market.

Although the first day of summer season was gray and drizzly, Singiser said, "In the summer we'll probably be complaining about the heat."



Chester Beahm offers a variety of aged, flavored cheese curds, feta, aged cheddar cheeses from Fields of Grace Farms in Rivington, Va. Albert Choi and his friend Saumya Singh, visiting from New York, can't decide and go home loaded with a variety of tastes.



A customer stands in the rain at a buffalo stand at Clarendon Market on Saturday. It was officially the first day of the summer season with 36 vendors including two news ones selling fresh fruit pies and and a fresh press juice vendor.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs for April 10-16.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Washington Nationals vs. Miami Marlins, Sunday, April 10, afternoon game, \$50; Nina's Dandy Cherry Blossom Cruise, Wednesday, April 13, \$61 (includes lunch); Leesburg Flower and Garden Festival, Saturday, April 16, \$6. Call 703-228-4748. Registration required.

Illustrated tour of great mansions, Monday, April 11, 1 p.m., Aurora Hills. \$6. Register, 703-228-5722.

Classical music appreciation, Monday, April 11, 1 p.m., Langston-Brown. Free. Register, 703-228-6300.

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369.

Ice skating, Mondays, 8:10 a.m. - 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register, 703-228-4771.

Madison Chess Club, Mondays, 9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. - 3 p.m., Arlington Mill. Free. Register, 703-228-7369.

Safe travel abroad tips, Tuesday, April 12, 6:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

Aging well at home, Tuesday, April 12, 6:30 p.m., Walter Reed. Free. Register, 703-228-0955.

Chinese culture, Tuesday, April 12,

100 a.m., Thomas Jefferson Community Center. Free. Register, 703-228-4403.

Volleyball, Tuesdays, 1:30 p.m., Langston-Brown. Free. Register, 703-228-6300.

Belly dance class, Tuesdays and Fridays, 10 a.m., Lee. Free. Register, 703-228-0555.

Beginners full fitness exercise, Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555.

Arlington Mill Trekkers, Tuesdays, 9:30 a.m. Free. Register, 703-228-7369.

Table tennis, Tuesdays, 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955.

Poker games, Tuesdays and Thursdays, 10 a.m.-12:30 p.m., Lee. Register, 703-228-0555.

Aging in place options, Wednesday, April 13, 6:30 p.m., Arlington Mill. Free. Register, 703-228-7369.

Free hearing checks, Wednesday, April 13, 10 a.m.-noon, by appt., Lee. Register, 703-228-0555.

Duplicate bridge, ACBL sanctioned, Wednesdays, 10 a.m., Aurora Hills. \$5. Register, 703-228-5722.

What is normal brain loss, Thursday, April 14, 1 p.m., Langston-Brown. Free. Register 703-228-6300.

Growing vegetables in small spaces, Thursday, April 14, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

Lee Woodcarvers share woodcarving tips, Thursdays, 1 p.m. Free. Details, 703-228-0555.

Scrabble games, Thursdays, 1 p.m., Culpepper Garden. Free. Details, 703-228-4403.

Ballroom Dance, Friday, April 15, 1-3 p.m., Lee. Free. Register, 703-228-0555.

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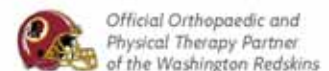
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Argentinean National Day Celebration

To the Editor:

It is interesting to share the wonderful and challenging moments in the history of the Argentinean National Day Festival Celebration. The committee pioneered the idea of sharing with the Argentine, Hispanic and international community's some of the food, arts, and culture of Argentina. It has always been a pleasure to showcase events in Arlington and to present young artists and famous performers at the acclaimed "Festival Argentino."

LETTERS With great enthusiasm the Argentinean National Day Celebration Committee invites you to become acquainted with its long commitment to promote cultural activities to benefit humanitarian causes and schools in Argentina. For over 30 years in Arlington, we are honored to participate, to serve, and to share our cultural heritage with diverse communities. The Festival Argentino has been Washington, D.C. area's only local National Day Festival celebrating Argentina's diverse musical traditions with live Argentine performances by artists based both in the United States and Argentina.

Our 29th anniversary goal is to celebrate with MC and Top Level Folklore, Ruben Gimenez "Abrazo en el Alba;" Soledad and Ana Issa, a young vocal duo of folk, ballads-latino rhythm; Hugo Valverde, acclaimed singer folk and tango; and folk rock artist Dario Chiesa.

PontiTango, a principal dancer of "The Tango Ambassadors," and Carlos Gutierrez have enjoyed a 30-year career as a professional dancers. Their clean footwork and elegant masculinity have inspired hundreds of people, encouraging them to achieve greater skill in their own dance. Their workshops are very popular and in high demand.

Victorio Menghi will present two songs from "Tango FusionTour." Additional performers include the locals Cristian Perez, a guitar ensemble that interprets Tango in a fresh, elegant, and passionate way, and draws heavily upon the repertoire of the great Astor Piazzolla will be accompanied by Yana Hristova (flaute). The well-known local Capital Tangueros Dancers round out the program, including dancers Carlos Gutierrez and Sydney Kleen are doing a tango show and Liza and Alexey Semyonov Tango Dancers and Salvatore the Best Pop singer of the DMV!

We are extending our invitation to join our celebration to all people to partake in our cul-

ture and musical traditions. All artists' performances will be held inside the theater, where you also will find that this community-based festival also features Argentine cuisine, a menu of choice Argentinean foods by Il Bastone will be available for purchase. The committee is selling indoor-outdoor food tickets sales so that attendees will be able to taste famous Argentinean food such as asado, chori-pan, empanadas, tartas, and pastries. The Series Festival-Embassy also features exhibits, arts and crafts, truco, jewelry makers, tourism and more.

As an additional incentive and token of appreciation to all attendees, a raffle of one round trip ticket from D.C.-Buenos Aires Copa Airlines is included in the admission ticket. This event will occur May 14, at the Thomas Jefferson Theater, 125 South Old Glebe Road in Arlington. Admission (\$20 in advance at www.Tickeri.com; or \$30 at the door) (some proceeds benefit a school in Argentina). For information, visit www.festivalargentino.org or 703-212-5850.

We hope that the newly appointed Argentinean ambassador to the United States of America, Martin Lousteau, will continue to support the cultural activities of the community, and the Argentinean Festival. On behalf of the Argentinean Committee, I hereby extend my most sincere appreciation, and would especially like to thank the members of the committee for all their dedication, commitment and hard work, and for the support they have given me in the past years.

My gratitude also goes out to our collaborators: Eduardo Zavala, Carmen Martínez, Norberto Requejo, Stan Weinstein, Pedro Gutiérrez, Martha, Mauricio y Kenny Manzano, Francisco Pizzi, Luis Angel, Eduardo Varas, Juan Gonzalez, Mario Martínez y Palacios, C. Virgen del Luján, Alex y Laura of Il Bastone, and all participants.

I want to convey my most sincere thanks to Federico Bartfield Cultural Secretary Embassy of Argentina, all members of the Arlington County Board, Joan Lynch of the Arlington County Cultural Affairs, Hal Crawford, and director of the Arlington County Cultural Affairs and our media story collaborator from Arlington.

The program is supported in part by Arlington County Cultural Affairs Division of Arlington Economic Development and the Arlington Commission for the Arts www.ArlingtonArts.org. The auspices of the Embassy of Argentina. Co-Sponsors include Argentine Airlines; Telemundo; Hola Ciudad.com, Noticias Univision; Copa Airlines, TD Bank, CapitalWirePR; GWHCC; El

Comercio Newspaper; Eco de Virginia, Dentons-McKenna Long Alridge; Washington Hispanic, Que Creative; El Comercio Newspapers, Kesta Happening; Gestión Argentina, Dr. Bauman and Stoleru, and Arzani Soccer.

Thanks to all volunteers, local and direct Argentine artists, advertisers, media supporters, Data Eventos — exhibitors, books, and collaborators. Festival Argentino is partially supported by funding from the Virginia Commission for the Arts and the National Endowment for the Arts.

Daniel Manzoni

Chairman
Festival Argentino Arlington

National Issue In the Neighborhood

To the Editor:

It is no secret that firearms regulations are a "hot-button" political issue in this particularly contentious election year. And sadly, a series of attempts to strategically place gun stores near educational institutions, and the densely populated residential neighborhoods around them, have turned Arlington County communities into microcosms of this national debate. All the players are already here. You have the defensive, conservative gun store owner who believes, falsely I would add, that the Second Amendment somehow gives him the right to sell firearms wherever he pleases; you have threatened local taxpayers who don't want weapons being sold near their homes, schools and playgrounds; and you have the NRA, looming over the whole thing with hands in every cookie jar from Richmond to D.C. With all this national drama magnified onto a local arena, it is no wonder that some obvious truths get lost.

Here is an obvious truth: The purpose of a gun is to threaten, injure or kill. This is one of the only indisputable facts in an otherwise emotional, illogical and profit-driven debate. Whether you love guns or hate guns, whether it's a high-end gun or a low-end gun, whether it is used for protection or hunting or homicide or suicide — guns threaten, injure or kill. This is a black and white statement. There is no nuance.

So, in an era of mass shootings, with more child casualties than ever before and lock down procedures practiced in kindergarten, why place this controversial and dangerous product near schools? Why force young children to grapple with such inconsistent environmental messages? Why force an unwilling community to encounter firearms when taking the dog out for a walk? Why not show some empathy and social responsibility when choosing a location for a gun dealership?

Oh I know.... because they can. Because the laws of Virginia sanction the bullying of an entire region by a special interest group and its allies. History has shown us time and again that egregious abuse of power spawns activism. And so is the case here. This is not a quarrel over the Second Amendment. This is about education, safety, the local economy and Arlington's cultural and legislative autonomy.

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EDITORIAL

Send in Mother's Day Photos

Mother's Day is May 8 this year and as usual every year at this time, The Connection calls for submissions to our Mother's Day photo gallery.

Send photos of mothers, grandmothers, great-grandmothers, with children or without children in the photos. Please name everyone in the photo, the approximate date,

describe what is happening in the photo and include your name, address, email address and phone number. (We will not print your full address or contact information.) You can upload photos and information directly to www.connectionnewspapers.com/mothersday/ or email to arlington@connectionnewspapers.com.

Faces Behind the Numbers

FROM PAGE 3

and Economic Policy found that, in 2012, 8.1 million of the nation's 11.4 million undocumented immigrants paid state and local taxes, totalling \$11.8 billion in revenue.

Christian and Jerry Rodrigo Pinto both love math and sciences. Christian Pinto wants to work as an engineer of some kind, while Jerry Rodrigo is currently learning programming and hopes to be a videogame developer. As an avid gamer, Beyer's face lit up at the topic, and the three of them discussed Lego games and other franchises, as well as Star Wars and superheroes. Christian Pinto was frustrated at the cliffhanger ending of "The Force Awakens" and said that he can't wait until he's old enough to see "Deadpool."

It's a familiar scene from any quintessentially American household.

In 2009, Jerry Pinto's father died, and soon thereafter Elvira Pinto's mother died, but because of their legal status, the family was unable to return home and attend the funerals. Despite living in Virginia for over a decade, Ambar Pinto was almost unable to attend

college because the family could not afford the out-of-state tuition costs, but was saved in 2014 when Attorney General Mark Herring declared children brought into the country illegally eligible for in-state tuition. The announcement was made at the Northern Virginia Community College, the very same institution Ambar Pinto would later attend.

"It was a big moment for us," said Ambar Pinto, "now we just need to make it law."

After the dinner, Beyer said the meeting left a deep impression.

"This makes the plight of immigrant families real and human," said Beyer. While the decision ultimately rests with the U.S. Supreme Court, Beyer said the meeting reinforced the necessity of the House Democrats' opposition to the Republican majority's amicus brief opposing Obama's immigration reform.

"People look at the numbers of [undocumented immigrants], not the people, not the individuals that made a life here," said Monica Sarmiento, state coordinator for the Virginia Coalition for Immigrant Rights. "They're just like any other family."

FROM PAGE 2

enter their short films for feedback and a chance for a public screening in June. There is no entry fee and students may submit as many films as they wish. Entry Form online at tinyurl.com/ASFF16-entry-form.

TUESDAY/APRIL 12

Student Film Festival Fundraiser. 5-8 p.m. at Chipotle, 4520 Lee Highway. Join the Arlington Student Filmfest in 'Cash-Mobbing' the Lee Heights Chipotle branch. Chipotle has approved ASFF for an 'EAT FOR CHANGE' fundraiser, so bring your appetite, lots of family, friends, and film fans, and the flyer downloadable from facebook.com/arlingtonstudentfilmfest.

WEDNESDAY/APRIL 13

Capital Improvement Plan Forum. 6-8 p.m. at the Langston-Brown Community Center, 2121 N. Culpeper St. Arlington County Government will hold a public forum as it develops a proposed 10-year plan for long-term capital needs, the Capital Improvement Plan (CIP). The CIP is the County's blueprint for major investments in facilities, infrastructure and more. Visit budget.arlingtonva.us/cip/ for more.

Democratic Straw Poll. 7-9 p.m. at the Arlington Cinema & Drafthouse, 2903 Columbia Pike. Del. Alfonso Lopez (D-Arlington) will host his 2nd Annual Democratic Straw Poll, including the Democratic candidates for Arlington School Board, Arlington County Board, and 2016 Presidential Nominee. As House Democratic Whip, all of the proceeds for this event will go to support Lopez's efforts to elect more Democratic candidates to the House of Delegates.

Visit <http://bit.ly/1Ri8s5Z> for more.
Elementary School Open House. 7:30 p.m. at Discovery Elementary School, 5241 N. 36th St. Arlington's newest elementary school, Discovery, will be open for a tour. Provided by the Arlington Committee of 100, the tour will be conducted by Discovery's Principal, Dr. Erin Russo, and Vice Principal, Dr. Judy Concha, and begins at 7:30 p.m. in the Dining Commons. A boxed dinner is available for pick-up at 7 p.m. Cost is \$30 for members and \$32 for nonmembers. Visit www.arlingtoncommitteeof100.org to make reservations and purchase a dinner.

FRIDAY/APRIL 15

Traffic Alert: Friday Night Races. 6:15-8:15 p.m. The Crystal Run 5K Friday races will take place each Friday evening in April. The Arlington County Police Department will conduct the following road closures to accommodate this event:

- Northbound lanes of Crystal Drive between 26th Street and 12th Street
- North and Southbound lanes of Long Bridge Drive as well all traffic around 6th, 10th, and Ball Streets will be closed.
- Southbound Lanes of Crystal Drive between 20th and 23rd will be opened for exiting garage traffic only.

In addition to the closures, street parking in the area will be restricted. Visit www.runpacers.com/race/crystal-city-5k-fridays/ for more.

SATURDAY/APRIL 16

Environmental Collection & Recycling Event. 8:30 a.m.-3 p.m. at Thomas Jefferson Middle School, 125 S. Old Glebe Road. Arlington County will hold its biannual

Environmental Collection and Recycling Event (E-CARE), where residents can safely dispose of hazardous household materials, recycle bikes, small metal items, shoes, clothing and more. Swap an old CFL lightbulb for a new LED bulb (one per household, while supplies last). For a list of acceptable items, go to www.arlingtonva.us and search "E-CARE."

Planning Commission Meeting. 9 a.m. in Room 307, 2100 Clarendon Blvd. The Planning Commission will hold public hearings on several cases. Copies of proposed plans, ordinances, amendments and applications, and related planning case materials may be examined in the Zoning Office, Suite 1000; or text of proposed County Code amendments in County Board Clerk's Office, Suite 300; 2100 Clarendon Blvd., 8 a.m.-4 p.m. weekdays. Visit <http://commissions.arlingtonva.us/planning-commission/> for more.

THURSDAY/APRIL 21

Scholarship Fundraising Banquet. 6:30-9 p.m. at China Garden Restaurant, 1100 Wilson Blvd. Support the college education of Arlington students; eat a large family style Chinese dinner; earn a \$25 tax deduction; participate in a silent auction; and get out of the house for a night of fun. The tax deductible proceeds from the banquet go to the Arlington Rotary Educational Foundation, which funds scholarships and stipends to help current and former Arlington students attend college. \$50 per person, of which \$25 is tax deductible. Purchase your banquet admission online at www.arlingtonrotaryclub.org/AREF by April 15. After April 15, contact Joseph Lott at rotary@lottfamily.com or 703-625-6638.

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ENTERTAINMENT

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“Idle Playthings” and “Crimes of Fashion.” Through April 9, various times at Gunston Theatre One, 2700 S. Lang St. First, in “Crimes of Fashion,” superheroes fight fashion designers bent on world domination. Then, a group of toys come to life and team up to save a family-owned toy store in “Idle Playthings.” Silver Spring-based Inclusive Theatre Companies are directed by trained theatre professionals and feature actors who have intellectual disabilities or learning disabilities, or are on the autism spectrum. Tickets are \$12.50 in advance, \$15 at the door, and \$5 for ArtStream students. Visit www.art-stream.org for more.

Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free. Visit www.library.arlingtonva.us.

Spark Fitness. Fridays in April, 6:30 p.m. at 2121 Crystal Drive. The 5K Fridays race route is flat and fast traveling through the heart of Crystal City along Crystal Drive and up past Long Bridge Park, the County’s newest regional park. Also along the way, runners will pass the Boeing Company’s regional headquarters, this year’s event sponsor. After the race, runners can stick around for a collection of area bar and restaurant specials exclusively for runners. Registration is \$20 per race, \$75 for the entire series. Visit www.crystalcity.org for more.

Scripts in Play Festival. Through April 23, various times at Theatre on the Run, 3700 South Four Mile Run Drive. Avant Bard presents four weeks of theatrical experimentation with an inaugural Scripts in Play Festival. Find more than a dozen readings of plays, classic and contemporary. Free. Visit www.avantbard.org for more.

“The Flick.” Through April 24, various times at Signature Theatre, 4200 Campbell Ave. “The Flick” follows the story of three employees at a crumbling Massachusetts movie theatre. Tickets start at \$40. Visit www.sigtheatre.org for more.

Wednesdays in the Garden. Wednesdays in April, 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and by VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topics are: April 6, Growing Superfoods; April 13, Container Gardens for Edibles; April 20, Edible Landscaping & Fruit in the Garden; April 27, Water, Irrigation, Ollas & Rain Barrels. Free. Visit library.arlingtonva.us/ or call the library at 703-228-5990.

Accepting Talent Applications. Through April 28. Arlington’s Got Talent is a showcase (taking place on June 28) featuring local singers, dancers, comedians, and more. Visit www.leadercenter.com/arlingtonsgot-talent to apply.

Films on Israel/Palestine. Sundays through May 1, 2:30-4 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. A film series exploring the complex and emotional issues preventing peace in Israel/Palestine will be presented. Free. Call 703-524-7630 for more.

“The Mystery of Love and Sex.” Through May 8, various times at Signature Theatre, 4200 Campbell Ave. Playwright Bathsbeba Doran

returns to Signature with a play exploring intimacy and identity. Tickets start at \$40. Visit www.sigtheatre.org for more.

Call for Entry: The Athenaeum Invitational 2016. Through Aug. 28. The theme asks artists to reflect on a moment of pure joy. It is inspired by the Lewis and Clark’s expedition across the uncharted North American continent to reach the Pacific Ocean. After an arduous, two-year trek, William Lewis crested a hill, saw the vast body of water and cried, “The Ocean in view. Oh! The joy!” The entry fee is \$35. Visit www.nvfaa.org for more.

Ball Sellers House. Saturdays, April-Oct., 1-4 p.m. at Ball Sellers House, 5620 3rd St., S. The Ball-Sellers House – the oldest building in Arlington County is open to the public for tours. The house was built around 1742 by John Ball and named the Ball-Sellers House to honor both the builder and the donor. Free. Visit www.arlingtonhistoricalsociety.org for more.

Post-Graduate Residency Studio. Through Nov. 17, gallery hours at The Torpedo Factory Art Center, 105 N. Union St. The Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Graduate Residency Program. Jihee Kang, Paulette Palacios, Anne Smith, and Danielle Smith, were juried by Paul Shortt, new media curator for Arlington Cultural Affairs. Artists can create and sell work, interact with the public, and network with other artists. The program will culminate in a group exhibition in the Torpedo Factory’s contemporary exhibition space, the Target Gallery. Free. Visit www.torpedofactory.org for more.

Arlington’s Historical Museum Open on First Wednesdays. The Arlington Historical Museum is open to the public on the first Wednesday of every month from 12:30-3:30 p.m. The museum consists of exhibits chronicling Arlington County’s history from Native American settlements up to the present day. The museum will continue to be open on Saturdays and Sundays from 1-4 p.m. Admission is free. The museum is located in the former 1891 Hume School building at 1805 S. Arlington Ridge Road. Contact Garrett Peck at 571-243-1113 or at garrett.peck@arlingtonhistoricalsociety.org.

LGBT & Straight Friends Social. Tuesdays. Happy Hour, 3 p.m.-7 p.m.; Mikey’s “Bar A” Video Wall, 7 p.m.; start time at 8 p.m. IOTA Club & Cafe, 2832 Wilson Blvd. For 21 years and older. Free. Visit www.iotaclubandcafe.com for more information.

Open Mic Comedy. Wednesdays 8-10 p.m. at Ri Ra Irish Pub, 2915 Wilson Blvd. Doors open at 7 p.m. Age 21 and up only. Free show, \$25 cash prize for best joke. Call 703-248-9888 or visit www.RiRa.com/ Arlington for more.

Food Truck Thursdays. 5:30-8:30 p.m. at the corner of North Irving Street, and Washington Boulevard. Find a round-up of regional food trucks. Free to attend. Visit www.dmvfta.org.

Invasive Plants Removal. Work parties are held every month to keep the parks free of destructive invasive plants. Teens, adults and families welcome. Every second Sunday of the month 2-4:30 p.m. at Gulf Branch Nature Center, 3608 Military Road; call 703-228-3403. Every third Sunday of the month 2-5 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road; call 703-228-6535 or visit registration.arlingtonva.us. Free, no registration required.

Poetry Series. 6-8 p.m. second Sunday of the month at IOTA Club & Cafe,



Above: “Endless Summer,” Zsuzsanna Luciano

IMAGES COURTESY HOWARD ALAN EVENTS

Arts Festival Takes to the Streets

The 4th Annual Arlington Arts Festival will take place on Saturday and Sunday, April 16-17. Guests will find more than a hundred artists displaying, selling, and demonstrating their crafts at an outdoor street festival beginning at the corner of N. Highland and Washington Blvd. Admission to the festival is free. Hours are 10 a.m.-5 p.m. Visit www.artfestival.com for more.



2832 Wilson Blvd. Hosted by poet Miles David Moore. Featured artists share their poetry followed by open readings. Free. Visit www.iotaclubandcafe.com or call 703-522-8340.

Open Mic Nite. 8 p.m.-12:30 a.m. every Wednesday at IOTA Club & Cafe, 2832 Wilson Blvd. Sign-up times are 7:30 p.m. and 10 p.m. Bring instruments, fans and friends. Visit www.iotaclubandcafe.com or call 703-522-8340.

Karaoke. 8 p.m. on the first Sunday every month at Galaxy Hut, 2711 Wilson Blvd. Visit www.galaxyhut.com or call 703-525-8646.

Pub Quiz. 8 p.m. every Sunday at Whitlow’s on Wilson, 2854 Wilson Blvd. Prizes for first place. Free. Visit www.whitlows.com or call 703-276-9693.

Storytime. Mondays and Fridays, 10:30-11 a.m. at Kinder Haus Toys, 1220 N. Fillmore St. Storytime with Ms. Laura. Call 703-527-5929.

Lego Club. Monthly on the first Wednesday, 4-5 p.m. Glencarlyn Branch Library, 300 S. Kensington St. The library provides tubs of legos and a special challenge and after the program the creations are displayed for everyone to see. No registration required. Call 703-228-6548 for more.

Crystal City Sparket. 11 a.m.-2 p.m. on Wednesdays at 1900 Crystal Drive. Sparket — A Creative Market is an extension of DC’s Eastern Market with arts, crafts, and handmade goods. Free to attend. Visit www.crystalcity.org.

Open Mic Night. Wednesdays, at 8 p.m., sign ups are at 7:30 and 10

p.m., at Iota Club & Café, 2832 Wilson Blvd. Free. Visit www.iotaclubandcafe.com.

Art for Life. Third Thursday of each month. The Hyatt Regency Crystal City’s “Art for Life” Partnership with National Kidney Foundation brings a new artist each month to The Hyatt for a reception. Free. Visit www.torpedofactory.org.

Brunch at Freddie’s. Third Saturday of every month, 11 a.m.-1 p.m. at Freddie’s Beach Bar, 555 23rd St. The Arlington Gay and Lesbian Alliance gathers for an all-you-can-eat breakfast buffet (\$9.99). All are welcome. No reservation is required. Visit www.facebook.com/events/700174390103305.

THURSDAY/APRIL 7

Arlington Reads: Anthony Doerr. 7-9 p.m. at Washington-Lee High School, 1301 N. Stafford St. as part of Arlington Reads 2016, author Anthony Doerr will speak on the human displacement of World War II. Free. Visit www.library.arlingtonva.us for more.

THURSDAY-SATURDAY/APRIL 7-16

“The Boys in the Band.” 8 p.m. at Gunston Theatre Two, 2700 S. Lang St. Dominion Stage presents a play with a plot fueled by drugs, alcohol, and bitter resentment. Tickets are \$20. Visit www.dominionstage.org for more.

FRIDAY/APRIL 8

Legislative Breakfast. 7-9 a.m. at Army Navy Country Club, 1700 Army

Navy Drive. Local legislators will give their insights on lessons learned from working in the Virginia General Assembly. This marquee event includes a moderated discussion as well as question and answer period with plenty of interaction with local and regional leaders. Admission is \$45 for Leadership Arlington members and \$55 for the general public. Visit www.leadercenter.org/legislative-breakfast.

Lecture: “One Hundred Years After the Longest Battle.” 3 p.m. at Arlington Central Library, 1015 N. Quincy St. The Arlington-Aachen and the Arlington-Reims Sister City Committees of the Arlington Sister City Association invite the public to a presentation and discussion titled “One Hundred Years After the Longest Battle: The Puzzle of Verdun, 1916.” Free. Visit www.arlingtonsisistercity.com for more.

Arlington County Civic Federation 100th Anniversary. 6:30-11 p.m. at Rosslyn Holiday Inn ballroom, 1900 N. Fort Myer Drive. Remarks from state Sen. Barbara Favola will recall how six civic associations (that comprise the federation) came to be in 1916. It will include remarks from State and local leaders, and music and dancing from the band of Manny Arciniega. Tickets are \$40. Visit www.civfed.org for more.

Electrify Africa Social. 7-9 p.m. at The Greene Turtle Ballston, 900 N. Glebe Road. Celebrate the passage of the Electrify Africa Act and learn about “Nutrition for Growth.” Free to attend. Visit www.act.one.org for more.

Of Wine & Words. 7-10 p.m. at W

ENTERTAINMENT

Washington DC Hotel, 515 15th St. NW, Washington, DC. Support Arlington-based, The Reading Connection through live and silent auctions. Also find food, drinks, and live music. Tickets are \$150. Visit www.thereadingconnection.org for more.

FRIDAY-SATURDAY/APRIL 8-9

Luna de Tangos. 7:30 p.m. at Rosslyn Spectrum Theatre, 1611 N. Kent St. Watch professional dancers perform tangos and milongas. Tickets are \$30-35. Visit www.teatrodelaluna.org for more.

FRIDAY-SUNDAY/APRIL 8-10

The Arlington Players: "Nice Work if You Can Get It." 8 p.m. Friday and Saturday, 2:30 p.m. Sunday at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. A Gershwin musical set in the Roaring '20s. Tickets are \$24.50, \$21.50 for seniors and children. Visit www.thearlingtonplayers.org.

SATURDAY/APRIL 9

Poetry Reading/Signing. 10 a.m.-2 p.m. at Northern Virginia Community College's Annandale Campus, 8333 Little River Turnpike. Frederick Foote, author of "Medic Against Bomb: A Doctor's Poetry of War," will give a multimedia poetry reading and sign copies of his book. Free. Visit www.stemhexpo.whindo.com for more.

Arlington Home Show. 10 a.m.-5 p.m. at Thomas Jefferson Community Center, 3501 S. 2nd St. Find workshops, exhibits, and expert advice. Free. Visit www.arlingtonva.us for more.

Salad Bar Containers. 10:30 a.m.-12 p.m. at Fairlington Community Center, 3308 S. Stafford St. Salads can be grown on balconies, fire escapes, window sills, stoops, under skylights or in hanging baskets. This program will focus on selecting containers, choosing plants, meeting their horticultural needs and timing crop rotations. Free. Visit www.mgnv.org for more.

Beverly Cleary's 100th Birthday Party. 1-2:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Make birthday cards and listen to excerpts from the author's books. Free. Visit www.arlingtonva.libcal.com/event/2516685 for more.

Get Your Family Cooking. 3-5 p.m. at Fairlington Community Center, 3308 S. Stafford St. Learn how to make healthy meals together at this hands-on cooking class. \$8 fee. Call 703-228-4747.

SUNDAY/APRIL 10

Film Screening. 2:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Watch "Conflict in Israel/Palestine" a "crash course" on two conflicting historical narratives and "Life in Occupied Palestine," eyewitness stories and photos by a Jewish-American woman. Free. Visit www.uucava.org for more.

Blue Harmony Concert. 4 p.m. at Marymount University Reinsch Library Auditorium, 2807 N. Glebe Road. The show will include a variety of music, including gospel, Broadway tunes and a few solos by students who will be graduating at the end of the semester. A professional band will perform with the students. Free. Visit www.marymount.edu for more.

Moving Words Winners Poetry Reading. 4 p.m. at IOTA Club and Café, 2832 Wilson Blvd. The six winners of Arlington's 16th annual Moving Words Poetry Competition will soon have their words read by

commuters aboard Arlington Transit ART buses. Listen to them perform their own winning work. Free. www.arlingtonarts.org for more.

In Christy's Shoes Sole

Celebration. 4-7 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. The 4th Annual Sole Celebration featuring a fashion show and silent auction benefits Doorways for Women and Families. Tickets are \$60. Visit www.inchristysshoes.org for more.

MONDAY/APRIL 11

Meet the Author: Anne Hisle. 3 p.m. at Arlington Central Library, 1015 Quincy St. Hisle, a practicing psychotherapist, will share poems, quotes and stories from her book "My House Burned Down and Now I Can See the Stars: Reflections on Losing and Finding." Free. Call 703-228-2144 for more.

Sigworks: Accepts with Pleasure. 7 p.m. at Signature Theatre—Ali's Bar, 4200 Campbell Ave. Local playwright Dani Stoller presents a play reading about a group of college friends gathered for a wedding. Free. Visit www.sigtheatre.org for more.

APRIL 12-MAY 15

Exhibit: "Singing in the Rain." 10 a.m.-5 p.m. at the Potomac Fiber Arts Gallery, 105 N. Union St. Fiber art inspired by songs from movies. Whether for self or gifts, jewelry, sculpture, clothing, and wall pieces are some of the items that will be exhibited. Free. Visit www.potomacfiberartsgallery.com,

WEDNESDAY/APRIL 13

Encore Stage & Studio's Annual Sunny Side Up Benefit. 8:30 a.m. at Washington Golf and Country Club, 3017 N. Glebe Road. Learn about Encore Stage & Studio's 49 years of serving and inspiring children, and watch performances by Encore students. Encore Stage & Studio will also honor Pat Kobor and Betsy Lohmann as the 2016 Celeste Groves Award recipients for outstanding volunteer. Free. Visit www.encestageva.org/benefit-breakfast/ to RSVP.

THURSDAY/APRIL 14

Growing Vegetables in Small Spaces. 1-3 p.m. at Walter Reed Recreation Center, 2909 16th St. S. The program will focus on how to improve soil and choose plants to create a thriving vegetable garden in limited space. Free. Visit www.mgnv.org for more.

Becoming Madison. 7 p.m. at Marymount University, 2807 N. Glebe Road. The Arlington Historical Society will host Michael Signer, who will speak about "Becoming Madison: The Extra Ordinary Origins of the Least Likely Founding Father." Free. Call 703-942-9247.

Waco Brothers. 8:30 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. The band celebrates the recent release of "Going Down in History." Tickets are \$15. Visit www.iotaclubandcafe.com.

THURSDAY-FRIDAY/APRIL 14-15

Jim Breuer. 7:30 p.m. and 10 p.m. at Arlington Drafthouse, 2903 Columbia Pike. After making he joined the cast of NBC's "Saturday Night Live," Breuer became a fan-favorite for his original character "Goat Boy" and his impressions of actor Joe Pesci. Tickets are \$35. Visit www.arlingtondrafthouse.com.

THURSDAY-SUNDAY/APRIL 14-17

Arlington Public Library Book Sale. 5-9 p.m. members only on Thursday, 10 a.m.-6 p.m. Friday and

Saturday, 12-6 p.m. on Sunday at Arlington Central Library, 1015 N. Quincy St. Find books, movies, music, and more. Free to attend. Call 703-228-5990 for more.

FRIDAY/APRIL 15

Humming House. 7:30 p.m. at FORUM Arlington, 3304 N. Washington Blvd. Humming House is touring to promote their album "Revelries," which was released in 2015. Tickets are \$11.49-16.74. Visit www.forumarlington.org for more.

FRIDAY-SUNDAY/APRIL 15-17

The Arlington Players: "Nice Work if You Can Get It." 8 p.m. Friday and Saturday, 2:30 p.m. Sunday at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. A Gershwin musical set in the Roaring '20s. Tickets are \$24.50, \$21.50 for seniors and children. Visit www.thearlingtonplayers.org for more.

SATURDAY/APRIL 16

Bark For Life. 10 a.m.-12:30 p.m. at Lubber Run Park, 200 N. Park Drive. The American Cancer Society Bark For Life is a noncompetitive event for dogs and owners to raise funds and awareness to fight cancer. Registration is \$15 per dog and \$10 per human. Visit www.relayforlife.org/barkarlingtonva.

Spring SOLOS 2016 Opening Reception. 6-9 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Celebrate selected artists Gabriela Bulisova, Maggie Gourlay, Adam Hager, Jesse Harrod, R. Mertens, Lauren Rice and Amy Ritter. Free. Visit www.arlingtonartscenter.org.

SATURDAY-SUNDAY/APRIL 16-17

4th Annual Arlington Festival of the Arts. 10 a.m.-5 p.m. at 3003 Washington Blvd. One hundred artists will converge on North Highland Street in Clarendon for a two-day juried outdoor gallery-style art exhibit. A variety of original artwork will be on display and for sale. Free. Visit www.ArtFestival.com for more.

APRIL 16-JUNE 12

Spring SOLOS 2016. Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center announces its Spring SOLOS 2016 artists. Following a call in early 2015, jurors Melissa Ho, Assistant Curator at the Hirshhorn Museum and Sculpture Garden in Washington, D.C., and Chicago-based artist, Jefferson Pinder, recommended 14 artists for inclusion in center's 2015-16 cohort of SOLOS artists. Free. Visit www.arlingtonartscenter.org.

Exhibit: "As You Spread, I am Erased." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In her work, Hediéh Javanshir Ilchi explores the notion of "duality," to comprehend her cultural identity as an Iranian-American immigrant and the complexities that emanate from such cultural experiences. Her paintings reflect an interest in the fusion of Western abstraction and Persian Art, with an emphasis on the ornamentations of "Tazhib," or the art of illumination. Free. Visit www.arlingtonartscenter.org.

Exhibit: "Emerging Artists of Vacation Lane." Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This exhibition features works by a group of six high school seniors: Agnes Cheng, Nathan Dobbins, Nana Gongadze, Salome Gongadze, Marie Johnson and Evan McLean, students in the AP art class at H-B Woodlawn

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ENTERTAINMENT

Secondary Program. Free. Visit www.arlingtonartscenter.org.

Exhibit: "Jeweled Traditions."

Gallery hours at Arlington Arts Center, 3550 Wilson Blvd. In Jeweled Traditions, paper-cut scenes depict rituals of local families as remembered and enacted by Melanie Kehoss' summer campers at Arlington Arts Center during the summer of 2015. Free. Visit www.arlingtonartscenter.org.

SUNDAY/APRIL 17

Film Screening: "Budrus." 2:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Watch a film about Israeli and Palestinian activists saving a village from destruction by separation wall. Free. Visit www.uucava.org for more.

MONDAY/APRIL 18

Green Festival. 9 a.m.-3 p.m. at Richard J. Ernst Community Cultural Center at the Annandale Campus, 8333 Little River Turnpike, Annandale. Celebrate Earth Day and 100 years of national parks. National Geographic Society's Pete McBride, an award-winning photographer and filmmaker, will be the keynote speaker for the event. Free. Visit www.nvcc.edu for more.

Composting Basics. 7-8:30 p.m. at Fairlington Community Center, 3308 S. Stafford St. The program will emphasize how composted material, including leaf litter and kitchen waste, can enrich and improve garden soil. It will cover how to start composting at home, what to put in a compost pile, how to maintain it so the materials break down properly, and how to use compost. Free. Visit www.mgnv.org for more.

WEDNESDAY/APRIL 20

Young Poets Lab. 5:30-6:30 p.m. at Shirlington Branch Library, 4200 Campbell Ave. Teen poets are invited to write and recite their work. Free. Visit arlingtonva.libcal.com/event/2372129 for more.

THURSDAY/APRIL 21

Rock Spring Garden Club Flower Show. 2-4 p.m. at Little Falls Presbyterian Church Friendship Hall, 6025 Little Falls Road. Floral designs, horticultural exhibits, photography and more. Free. Visit www.rockspringgardenclub.com.

Phoenix Bikes Makers' Ball. 6:30-8:30 p.m. at 1750 Crystal Drive. Find food, drink, music, dancing, photo booth, roller racing, and a crafts table to benefit the Phoenix Bikes' youth program. Tickets are \$25, \$30 at the door. Visit www.phoenixbikes.org for more.

FRIDAY-SUNDAY/APRIL 22-24

"The 25th Annual Putnam County Spelling Bee." 7:30 p.m. Friday-Saturday, 3 p.m. Sunday at Gunston Arts Center, 2700 S. Lang St. Six young spellers come together at a local school to use their talents to decide who will represent Putnam County in the national bee. Presented by Encore Stage & Studio. Tickets are \$10. Visit www.encorestageva.org.

FRIDAY-SATURDAY/APRIL 22-23

The Arlington Players: "Nice Work If You Can Get It." 8 p.m. at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. A Gershwin musical set in the Roaring '20s. Tickets are \$24.50, \$21.50 for seniors and children. Visit www.thearlingtonpalyers.org.

SATURDAY/APRIL 23

Aprifest. 9 a.m.-3 p.m. at Walker

Chapel United Methodist Church, 4102 N. Glebe Road. The sale includes a large selection of used books and media items, mulch, bedding plants and hanging baskets, and a bake sale. Cafe will serve breakfast and lunch. All proceeds go to charity. New in 2016: Dixieland Band (from the Falls Church Concert Band) will perform. Admission is free. Visit www.walkerchapel.org for more.

Raging Reptiles. 1-3 p.m. at Langston-Brown Community Center, 2121 N. Culpepper St. Master herpetologists from Infinity Educational Productions bring their reptiles to show off. \$8 fee. Call 703-228-4747, use code 730016 to register.

Passover Seder. 6 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Kol Ami (the Northern Virginia Reconstructionist Community) will host an inclusive Passover Seder. Herb Cooper-Levy, a member of congregation, will lead the ceremony, supplemented by those in attendance as they both read from Kol Ami's Haggadah (Seder book) and perform other parts of the evening's activities. A mostly potluck meal will follow. Admission is \$20 for adults, \$5 for children, plus a potluck dish. Visit www.kolamivirginia.org for more.

Borromeo Housing Fundraising Auction and Gala. 7 p.m. at St. Charles Borromeo Church, 3304 Washington Blvd. Find dinner and a silent auction to support the young mothers at Borromeo Housing. Tickets are \$125. Visit www.borromeohousing.org for more.

SATURDAY-SUNDAY/APRIL 23-24

Virginia Ballet Company and School: "Snow White." 2 p.m. Saturday and Sunday, and 7 p.m. on Saturday at Northern Virginia Community College Annandale Campus in the Ernst Community Cultural Center Theater, 8333 Little River Turnpike, Annandale. Virginia Ballet gives a spring recital of classic "Snow White." Ticket prices for reserved seating are \$30 for adults and \$20 for children, students and seniors, plus a \$3 fee per each ticket. Visit www.vaballet.org for more.

SUNDAY/APRIL 24

Yoga Session. 11 a.m.-12 p.m. at The Echo Sculpture, 2503 Columbia Pike. Celebrate National Sculpture with Yoga instructor/artist Lisa Marie Thalhammer. Free. Visit www.arlingtonva.us for more.

Film Screening. 2:30 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. This film is about Israeli public relations strategies and U.S. media. Free. Visit www.uucava.org for more.

Mark Erelli. 8 p.m. at Iota Club & Cafe, 2832 Wilson Blvd. To celebrate a new album release, Mark Erelli will perform. Tickets are \$12, 21+ only. Visit www.iotaclubandcafe.com.

MONDAY/APRIL 25

Laughter Yoga. 6-7:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Laughter Yoga, for all ages, is a practice that reduces stress and strengthens the immune system. Free. Email arlingtonlaughteryoga@yahoo.com.

WEDNESDAY/APRIL 27

Lawn Chair Talk. 6-8 p.m. at the Tiffany Gallery at Arlington Arts Center, 3550 Wilson Blvd. Pairing one artist and one entrepreneur to discuss their personal journey and best practices, each will speak for a half hour followed by a Q&A with both speakers. Free, but registration required. Visit www.arlingtonarts.org



IMAGE COURTESY OF HEMPHILL FINE ARTS

Hedieh Javanshir Ilchi, "Ethereal Transgressions," acrylic and watercolor on Mylar.

'As You Spread' Explores Duality

In her exhibit titled, "As You Spread, I am Erased," artist Hedieh Javanshir Ilchi explores the notion of "duality," to comprehend her cultural identity as an Iranian-American immigrant and the complexities that emanate from such cultural experiences. Her paintings reflect the fusion of Western abstraction and Persian Art, with an emphasis on the ornamentations of "Tazhib," or the art of illumination. "As You Spread" opens at Arlington Arts Center on April 12, as one of four Spring installations. Exhibits will hang until June 12 during gallery hours. Admission is free. Visit www.arlingtonartscenter.org for more.

THURSDAY-SUNDAY/APRIL 28-MAY 1

George Mason Used Book Sale. 3-9 p.m. Thursday. 10 a.m.-6 p.m. Friday, 10 a.m.-5 p.m. Saturday, and 12-5 p.m. Sunday at Mason District Library, 7001 Little River Turnpike, Annandale. Find books and videogames for sale. Free to attend. Visit www.georgemasonfriends.blogspot.com.

FRIDAY/APRIL 29

REEP Community Celebration. 6-9 p.m. at Arlington Mill Community Center, 909 S. Dinwiddie St. Attend this event in celebration of the 40th Anniversary of REEP, which provides adult English classes. Tickets are \$5 for adults, \$2 for children. Visit www.aspva.us/reep for more.

SATURDAY/APRIL 30

Family Fitness Day in the Park. 10 a.m.-1 p.m. at Alcova Heights Park, 901 S. George Mason Drive. Find an obstacle course, yoga, and an

inflatable rock wall among other family friendly activities. Free. Call 703-228-6525.

Naturalist Guided Trail Sniff. 10:30 a.m.-12 p.m. at Potomac Overlook Regional Park, 2845 N. Marcey Road. Explore the trails with your dog at Potomac Overlook Regional Park with a naturalist for a fun hike. Learn about wildlife your pup might encounter in the park, and many of the scents that attract and interest canines. Adults only. Free. Use code #632946-B at park.arlingtonva.us to register.

Mid-Atlantic Spring Beer Festival. 12-7 p.m. at The Village at Shirlington, 4001 Campbell Ave. The springtime beer-tasting event will include a line-up of 35 regional breweries. Tickets are \$30 for beer-drinkers, free for non-drinkers. Visit www.capacitybrew.com for more.

Native Plant = Garden Success. 1-4 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. See native plants accustomed to local climate and wildlife (including deer). Free. Call 703-228-6535 for more.

Move Me Festival. 1-5 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. Move Me is a celebration of arts and culture, promoting healthy lifestyles through movement and the arts and featuring performances and interactive activities provided by over 20 arts partners from the D.C. Metro area. Free. Visit www.bmdc.org for more.

Go Gaga For Green. 5-8 p.m. at George Mason University Founders Hall, Arlington Campus, 3351 Fairfax Drive. Two signature features of the event are Operation Rain Barrel, a program that engages Arlington public school students in creating artistic rain barrels while they learn about sustainability and The Arlington Green Patriot Awards which honors individuals and organizations that exemplify their commitment to environmental sustainability. Tickets are free for Arlington Public School family, staff, and student, \$10 for community members, \$100 for patrons. Contact Toni Andrews at 703-993-9817 or tandrew7@gmu.edu.

SUNDAY/MAY 1

Sniffing and Listening. 2-3 p.m. at Gulf Branch Nature Center, 3608 Military Road. (Dogs sense the world differently than we do. Acute hearing and sensitive noses give canines access to stimuli that we cannot sense. Bring your dog along on this naturalist-led hike and see the world through a wild canine's senses. Adults only. Free. Call 703-228-3403.

TUESDAY/MAY 3

Appreciation for Our Ladies Luncheon. 11:45 a.m. at Washington Golf and Country Club, 3017 N. Glebe Road. At the second annual luncheon hosted by the Arlington Host Lions Club find Mary Kay Cosmetics, Premier Jewelry and Pampered Chef will have items for sale with a portion of proceeds going to Doorways for Women and Families. Grazia Zalfa, world renowned jewelry designer, has donated a one-of-a-kind necklace for auction. Tickets are \$30. Call 703-598-8266 to make a reservation by April 22.

THURSDAY/MAY 5

Arlington Reads: Julie Otsuka. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. As part of Arlington Reads 2016, author Julie Otsuka will speak on the human displacement of World War II. Free. Visit www.library.arlingtonva.us.

MAY 6-29

Play: "Collected Stories." 8-10 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive. This comedy/ drama explores the complex relationship between a writing professor and her protege. Tickets are \$25, \$20 for seniors and students. Visit www.petersalley.com for more.

SATURDAY/MAY 7

AWLA's Walk for the Animals. 9:30 a.m.-12:30 p.m. at Bluemont Park, 601 N. Manchester St. Dr. Katy Nelson, Associate Veterinarian for Belle Haven Animal Hospital and host/executive producer for 'The pet Show with Dr. Katy' will serve as Mistress of Ceremonies for the event, which aims to raise awareness and funds for the hundreds of adoptable animals and community programs supported by the Animal Welfare League of Arlington. Pre-register now for \$30 or register on-site at the event for \$40. Visit www.awla.org for more.

BUSINESS

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos welcomed.

Christopher Noone has been appointed to the position of vice president, business development at Fonteva, Inc. Noone has more than 20 years of experience working in product development and sales in the enterprise IT market. Noone came to Fonteva from Salesforce. From 2003-2007 Noone served in the U.S. Marine Corps infantry at Camp Pendleton during which time he completed two combat tours in Iraq, earning a Navy Achievement Medal with combat distinguishing device. Before joining the Marine Corp, Noone founded Noonetime, Inc., a multi-million dollar XML software development and consulting firm in Denver, Colo., which was awarded the most innovative new software company in Denver in 2001. Noone holds a Masters of Business Administration in Finance, Magna Cum Laude, from the University of Notre Dame and Bachelor of Arts in International Studies from Dickinson College.

San Francisco-based **Shift Technologies**, founded in 2014, will invest \$20 million to establish its first East Coast operation in Arlington County. Shift, an online, peer-to-peer marketplace for buying and selling used cars, will open its first East Coast office in Crystal City's 1776 incubator. The project will create 100 new high-tech jobs.



The Bartlett

Vornado introduces its newest apartment community, The Bartlett, 699 apartment homes atop a new Whole Foods Market with views of the Washington skyline. The Bartlett has begun pre-leasing and will deliver June 2016. Located in the heart of Pentagon City, Bartlett residents enjoy direct access to the Whole Foods Market and first Commonwealth Joe Coffee Roasters, and more than 45,000 square feet of indoor and outdoor amenity space. The Bartlett offers a 4,000-square-foot fitness club and studio designed for CrossFit, High Intensity Interval Training (HITT) and yoga, an indoor/outdoor SkyClub overlooking the Washington monuments, and a transit center featuring an 88" transit screen with up-to-the-minute commuter and travel information. See www.TheBartlett.com.

In February 2016, 137 Arlington homes sold between \$2,550,000-\$30,000. This week's list represents those homes sold in the \$340,000-\$30,000 range. For the complete list, visit www.ConnectionNewspapers.com

HOME SALES

Address	BR	FB	HB	Postal City	Sold Price	Type	Lot AC	Postal Code	Subdivision
1001 RANDOLPH ST #613	1	1	0	ARLINGTON	\$340,000	Hi-Rise 9+ Floors		22201	EASTVIEW AT BALLSTON
2101 MONROE ST #317	1	1	0	ARLINGTON	\$325,000	Garden 1-4 Floors		22207	DOMINION HEIGHTS
2629 WALTER REED DR #B	2	1	0	ARLINGTON	\$323,900	Garden 1-4 Floors		22206	THE ARLINGTON
1016 WAYNE ST S #806	1	1	0	ARLINGTON	\$320,000	Hi-Rise 9+ Floors		22204	THE BARKLEY CONDO
2830 WAKEFIELD ST #C	2	1	0	ARLINGTON	\$308,000	Other		22206	THE ARLINGTON
4141 HENDERSON RD N #828	1	1	0	ARLINGTON	\$299,900	Hi-Rise 9+ Floors		22203	HYDE PARK CONDOMINIUM
4500 FOUR MILE RUN DR S #234	2	2	0	ARLINGTON	\$299,000	Hi-Rise 9+ Floors		22204	THE BRITANNY
2643 WALTER REED DR S #D	2	1	0	ARLINGTON	\$295,900	Garden 1-4 Floors		22206	THE ARLINGTON
5300 COLUMBIA PIKE #306	2	2	0	ARLINGTON	\$294,000	Hi-Rise 9+ Floors		22204	CARLYLE HOUSE
1501 EDGEWOOD ST #573	1	1	0	ARLINGTON	\$280,500	Townhouse		22204	ARLINGTON VILLAGE
851 GLEBE RD #812	0	1	0	ARLINGTON	\$277,000	Hi-Rise 9+ Floors		22203	THE CONTINENTAL
2709 ARLINGTON BLVD #302	1	1	0	ARLINGTON	\$270,000	Garden 1-4 Floors		22201	CAMBRIDGE COURTS
2616D ARLINGTON MILL DR #4	1	1	0	ARLINGTON	\$269,000	Garden 1-4 Floors		22206	WINDGATE
152 BEDFORD ST N #A	1	1	0	ARLINGTON	\$255,000	Garden 1-4 Floors		22201	BEDFORD PARK
2929D WOODSTOCK ST #4	1	1	0	ARLINGTON	\$255,000	Garden 1-4 Floors		22206	COURTBRIDGE I
3019 BUCHANAN ST #C2	1	1	0	ARLINGTON	\$250,125	Garden 1-4 Floors		22206	FAIRLINGTON VILLAGES
4704 30TH ST S #C2	1	1	0	ARLINGTON	\$248,500	Garden 1-4 Floors		22206	FAIRLINGTON
5353 COLUMBIA PIKE #712	2	2	0	ARLINGTON	\$242,500	Mid-Rise 5-8 Floors		22204	THE PALAZZO
5565 COLUMBIA PIKE #711	2	2	0	ARLINGTON	\$235,000	Mid-Rise 5-8 Floors		22204	COLUMBIA CONDOMINIUM
4501 ARLINGTON BLVD #224	1	1	0	ARLINGTON	\$220,000	Mid-Rise 5-8 Floors		22203	THE CHATHAM
3000 SPOUT RUN PKWY #B107	1	1	0	ARLINGTON	\$215,000	Mid-Rise 5-8 Floors		22201	CARDINAL HOUSE
4600 FOUR MILE RUN DR #241	2	1	0	ARLINGTON	\$215,000	Hi-Rise 9+ Floors		22204	THE CARLTON
2100 LEE HWY #339	0	1	0	ARLINGTON	\$200,000	Hi-Rise 9+ Floors		22201	ASTORIA
808 ARLINGTON MILL DR S #9-203	2	1	0	ARLINGTON	\$175,000	Garden 1-4 Floors		22204	PARK GLEN COMDOMINIUM
1830 COLUMBIA PIKE #601	0	1	0	ARLINGTON	\$168,400	Mid-Rise 5-8 Floors		22204	LANCASTER
4600 FOUR MILE RUN DR S #420	1	1	0	ARLINGTON	\$162,000	Hi-Rise 9+ Floors		22204	THE CARLTON CONDO*
1200 ARLINGTON RIDGE RD #3100	1	1	0	ARLINGTON	\$160,000	Mid-Rise 5-8 Floors		22202	THE CAVENDISH
4600 FOUR MILE RUN DR #1229	0	1	0	ARLINGTON	\$129,000	Hi-Rise 9+ Floors		22204	CARLTON CONDOMINIUM
900 TAYLOR ST N #531	1	1	0	ARLINGTON	\$120,000	Hi-Rise 9+ Floors		22203	THE JEFFERSON
1111 ARLINGTON BLVD #208	0	1	0	ARLINGTON	\$120,000	Hi-Rise 9+ Floors		22209	RIVER PLACE
900 TAYLOR ST #1109	1	1	0	ARLINGTON	\$30,000	Hi-Rise 9+ Floors		22203	THE JEFFERSON

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Senior midfielder Lucas Mendes joined the Washington-Lee boys' soccer team after playing for D.C. United Academy.



PHOTOS BY JEFF MCQUINN

Washington-Lee senior forward Maycol Nunez (11) scored two goals against Wakefield on Monday.

W-L Boys' Soccer Has State Title Aspirations

Nunez scores two goals in win over Wakefield.

BY JON ROETMAN
THE CONNECTION

After finishing state runner-up the previous year, the 2015 Washington-Lee boys' soccer team made it through the regular season undefeated, only to suffer a season-ending

loss to McLean in the opening round of the Conference 6 tournament.

That loss remains on the minds of the Generals — including star forward Maycol Nunez, who suffered a broken left fibula and ankle against Hayfield last April and could only watch as W-L lost to McLean and failed to qualify for regionals.

“The team and I, we’re motivated to go further than last season because that was pretty sad,” Nunez said. “I couldn’t really do anything from the sideline. This year, I’m going to try to help.”

On Monday, Nunez helped W-L with two

goals and the Generals defeated Wakefield 4-1 at Washington-Lee High School.

Nunez, who scored 37 goals as a sophomore and was having a productive junior season before his injury, had considered playing for the D.C. United U18 team, but is back for his senior season.

“I was thinking about joining D.C. United,” Nunez said, “but it’s my last year [of high school] and after all [head coach Jimmy Carrasquillo has] done for me, I really want to help this team and him get the state ring and that’s the goal for the whole season.”

Nunez is a key player on a W-L team that is ranked No. 1 in the Washington Post. Senior midfielder Lucas Mendes also figures to play a prominent role. Mendes, who will play for the University of Virginia, joined the Generals after playing for D.C. United Academy.

“Overall, I think we’re pretty strong everywhere,” Carrasquillo said. “We’re pretty strong up top. I think in the middle, we have some technical, talented boys. In the back, [senior] Noah Goodkind, that kid has been on with us since his sophomore year.”

W-Ls Goodkind and junior forward Andrew Kamian each scored a goal against Wakefield. Monday’s victory improved W-Ls record to 3-0-1, including a 1-all tie against defending state champion Langley on March 31. The Generals will travel to face McLean at 7:15 p.m. on Friday, April 8. The Generals have last season’s loss on their minds.

“They’re like ... ‘We’ve got to get McLean, we’ve got to get McLean. That [stuff] is not going to happen this year,’” Carrasquillo said. “I think it’s still fresh with a lot of them. I don’t need to motivate them. They get that.”

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Nine APS high school and middle school students were accepted into the All-Virginia High School Chorus and All-Virginia Middle School Chorus. Performances for both the high school and middle school choirs will be at the Sandler Center for the Performing Arts in Virginia Beach on Sat, April 30. All-Virginia High School Chorus: Washington-Lee High School students **Julia Landini**,

SEE SCHOOL NOTES, PAGE 15

WWW.CONNECTIONNEWSPAPERS.COM

Three Wakefield Players to Compete In All-Star Game

Wakefield basketball players Deng Nhial, Jonathan Adams and Eric Martin will compete for the Fairfax South team at the DMVStream.com Nova Challenge on Sunday, April 10 at Marshall High School.

Fairfax South will take on an all-star team from Prince William County at 2 p.m. At 4 p.m., there will be a 3-point shootout and dunk contest. At 5 p.m., the Fairfax North team will take on a team with all-stars from Loudoun County.

Deng Nhial is one of three Wakefield players who will participate in the DMVStream.com Nova Challenge on April 10 at Marshall High School.



PHOTO BY WILL PALENSCAR

Business Panel Judges Young Entrepreneurs

Student entrepreneurs took the stage on March 31 in the Reinsch Library Auditorium at Marymount University to present their business plans before a panel of local business leaders and a public audience.

Sixteen students, ages 13-18, representing nine businesses from the Young Entrepreneurs Academy (YEA!) Arlington had five minutes to pitch their business plans to local members of the business community, during the program's second ever YEA! Investor Panel event. Based on the appeal and merit of the students' plans and presentations, panelists awarded each business the following funds:

- ❖ AVVO Apparel received \$800. AVVO Apparel creates stylish, and affordable handmade t-shirts using a variety of fabrics, sourced mainly from Africa. AVVO Apparel is co-founded by two Washington-Lee High School students, sophomore Rose McGough and senior Dylan Cunningham.

- ❖ Catch My Bus received their full ask of \$540. Catch My Bus is a website that aims to connect to the gps systems in Arlington County school buses to update students and parents on bus schedules and is co-founded by Jill Maisel, a sophomore at Yorktown High School, and Chris Goodhand, a freshman at Commonwealth Academy.

- ❖ Fresh Charges received their full ask of \$420. Fresh Charges builds solar rechargeable battery packs and is co-founded by Jack Ogden, an eighth-grader at Rachel Carson Middle School, and Alex Yu, a sophomore at Yorktown High School.

- ❖ KLM Caregivers received \$800. KLM Caregivers provides support and care for senior citizens while they stay in the comfort of their homes, assisting with errands, administrative tasks and companionship. KLM Caregivers is co-founded by Melanie Hanclich, a sophomore at Yorktown High



Young Entrepreneurs Academy (YEA!) Arlington students with investor panelists.

- School; Lee Keller, a senior at Commonwealth Academy; and Kyle Billingslea, a senior at Bishop Ireton High School.

- ❖ Kudu Lawn Care LLC, a full service lawn care LLC, received \$800. Kudu Lawn Care LLC Owner Mark Yates, Jr., is a sophomore at Yorktown High School.

- ❖ Need 4 Sneaks received \$300. Need 4 Sneaks buys, sells and trades limited edition shoes and is co-founded by Ryan Medina, an eighth-grader at Francis C. Hammond Middle School; John Medina, a sophomore at T.C. Williams High School; and Elias Miller, an eighth-grader at Swanson Middle School.

- ❖ Pivloo, a mobile yearbook platform, received \$1,000, which was more than their ask of \$790. Pivloo Founder Michael Freeman II is a senior at James W. Robinson Secondary School.

- ❖ Q Tech received their full ask of \$880. Q Tech creates smart phone cord protectors, and founder Quincy Box is an eighth-grader at Gunston Middle School.

- ❖ Zellybox received their full ask of \$802.

Zellybox is a subscription box that provides monthly deliveries of tech-accessories. Founder Laura Canseco is an eighth-grader at Holton- Arms School.

Pivloo is a sole proprietorship that offers a mobile app platform allowing users to "snap, shape, and share your memories." Users customize their digital yearbook with captions and decals and share the final product with friends at a fraction of the cost of regular yearbooks. Pivloo was also selected as Arlington's Regional Semi-Finalist of the Young Entrepreneurs Academy Saunders Scholars National College Scholarship competition. Michael Freeman will head to Rochester, New York, in May to participate in the Regional Semi-Finals the Young Entrepreneurs Academy Saunders Scholars National College Scholarship competition, where he will compete for college scholarships, cash prize packages, and the opportunity to attend America's Small Business Summit in Washington, DC courtesy of the United States Chamber of Commerce.

The Investor Panel included the follow-

ing:

- ❖ Tina Leone - CEO, Ballston BID
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- ❖ Robb Parker - General Manager, Vornado/Charles E. Smith

Students will now begin marketing and selling their products and services while preparing for the YEA! Trade Show to showcase their goods to the general public. The Trade Show is planned for April 28 at the Ballston BID Farmers Market from 4 - 7 p.m. This event will be free and open to the public.



Arlington Chamber of Commerce President and CEO Kate Bates with Michael Freeman II of Pivloo.

PHOTOS CONTRIBUTED

Front row, from left, are Olivia Burnett, Arlington Pediatric Center, Virginia Hospital Foundation; Elizabeth Jones Valderrama, executive director, OAR of Arlington County; Rosie Allen-Herring, president & CEO, United Way NCA; Libby Garvey, chair, Arlington County Board, Amanda Mark, A-SPAN. Second row, from left, are Angelo Rivero, director, CASA de Virginia; Sam Kelly, executive director, Bridges to Independence, Inc., Jay Harris, Arlington Partnership for Affordable Housing board member, Cheryl Ramp, director of Community Relations, APAH; Nina Janopaul, president and CEO, APAH; Scott Miller, A-SPA. Third row, from left, are Arlington County Board Christian Dorsey, board member, John Vihstadt, board member; Jay Fisette, vice-chair, board member; Katie Cristol, board member.



PHOTO COURTESY OF JOHN JACK PHOTOGRAPHY

United Way Presents Grants

United Way of the National Capital Area (United Way NCA) awarded \$100,000 in Community Impact grants to seven nonprofit partners serving in Arlington.

The grants being awarded are part of United Way NCA's new Community Commitment, a \$10 million investment to address the education, financial stability and health of residents throughout the region over the next five years.

The grantees were announced at a ceremonial check presentation at the Arlington County Board Office: Arlington Free Clinic, Arlington Partnership for Affordable Housing, Arlington Pediatric Center, Arlington Street People's Assistance Network, Bridges to Independence, CASA de Maryland, and Offender Aid and Restoration (OAR) of Arlington County.

Categorical



By KENNETH B. LOURIE

Although I am often left to my own devices (not a continuation of last week's column), I am rarely left to my own thoughts. Five indoor cats will do that, and much more. More importantly though, I know they are here, always. Wherever I go in our house, I'm likely to find a cat. And in so doing, there's always a conversation to be had, and/or a gesture to be made. And even though the conversations are a bit one-sided, typically, there is ample vocalization on their part to reward my initiative.

As "Hawkeye" Pierce advised Cpl. Radar O'Reilly on a long-ago M*A*S*H episode: "Loneliness is everything it's cracked up to be." And though the context had to do with Radar's widowed mother dating again, not her spending time alone after receiving a cancer diagnosis, the impact and benefits are likely the same: being able to live, work and play; at home or on the road, with some kind of companionship. Moreover, not being stuck/focused on yourself/your condition all the time also helps fend off - or at least redirect, some of the inevitable demons.

And if cancer is responsible for anything, other than tumors, it's responsible for demons. Not that one can quantify or qualify the psychological effect three words: "You have cancer" can have. Suffice it to say, exponential comes to mind. The damage is usually widespread. Every part of your life - and routine, is impacted. What was, will likely never be again, and what you had hoped might be is now located somewhere between a wing and a prayer. A definite maybe might be the best you can expect.

But the longer one survives, the more one starts to believe - in possibilities again, and reasons as well for that survival. Not that I have the keys to the kingdom or any sort of path of least resistance to follow, but I will attribute some of my unexpected survival to a positive attitude, a good sense of humor and constant companionship. Companionship which in itself prevents me from ever being stuck - too much, in my own head dealing with my cancer. Because of the nature of cat care and of coexisting with FIVE indoor cats, there is always some kind of diversion; be it food, water, litter, playing, scratching, petting, snuggling, cuddling, chastising, to consider. As a result, there's always a non-cancer driven behavior/task that forces me to think of someone other than myself. And since a diagnosis of "terminal" stage IV lung cancer will probably ("probably?") cause you to think very much about yourself, having an external force (the cats) who require you to not think about yourself, seems to balance the pile a little bit (a dog would provide the same diversion/benefit, absolutely; at present, we're between dogs, however).

As a semi example: Right now, I have one cat, "Chino" lying on my desk along the top of my writing pad, purring, staring at me while I'm writing. I have another cat, "Twinkle," playing in the next room, tossing her toy mouse around and scratching at my office door wanting in - or else. The other three cats are sleeping: in the den, the living room and in an upstairs bedroom; all in plain sight, all keenly aware of the time somehow, waiting for five o'clock dinner. And because I'm aware of all this activity/routine, I am not thinking that I have cancer. I am thinking instead that I have five cats and dinner will be soon enough and that in the interim, I probably ("probably?") need to clean their litter box, and that I only have enough wet food for breakfast tomorrow and that the black cats: "Andrew" and "Sloane," are due at the veterinarian for miscellaneous shots and that "Biscuit," "Chino's" brother has been eating everybody's leftover food lately, so much so that I'm wondering if we'll need to segregate him/them somehow, and on and on and on.

No cancer talk. No Kenny or can't he deal with his disease. Just plain, everyday, garden variety stuff. In fact, the stuff from which dreams are made, especially if you're a cancer patient. Apparently, when it's not about me, ultimately, it's me who seems to benefit.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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FROM PAGE 12

Callie Randall, and **Zeke Albro** (alternate). All-Virginia Middle School Chorus: Swanson Middle School students **Joel Brown**, **Annaliese Dubras**, **Sophia Gerensky-Greene**, **Rylei Porter**, and **Noah Troppe**; and **Mayari Loza Muñoz** from Jefferson Middle School.

McKenzie Nelson of Arlington, a member of the Ithaca College (Ithaca, N.Y.) class of 2017, is interning with Prime Content in New York, N.Y. for the spring 2016 semester.

Wakefield High School senior **Anthony Box** placed third in the Chinese Bridge Speech Contest at the Confucius Institute at the University of Massachusetts-Boston earlier this month. A total of 175 students competed in one of three groups: beginner, intermediate and advanced. Box competed in the advanced group. Each contestant gave a three-to four-minute speech and then answered unprepared question from judges. As the third place winner, Box will participate in the China Bridge Summer camp for two weeks in Shanghai or Nanjing.

Dana Arbaugh of Arlington, was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective collegiate honor society for all academic disciplines. Arbaugh was initiated at Ithaca College.

Four Arlington Public Schools high school students were accepted into the All-Virginia Bands and Orchestra. The event will take place April 9 at the Center for the Arts, George Mason University. The Concert Band performs at 1:30 p.m., the Symphonic Band performs at 2:45 p.m. and the Orchestra performs at 4 p.m.

❖ **Megan Grieco**, bassoon – All Virginia Concert Band, Yorktown High School

❖ **Hannah James**, piccolo – All Virginia Orchestra, Yorktown High School

❖ **Caeley Niess**, trumpet – All Virginia Symphonic Band, Yorktown High School

❖ **Sabrina Shuster**, alternate violin – All Virginia Orchestra, Washington-Lee High School

Amanda Gaylord, a second-year biology major from Arlington, is among the students who have received grants from the University of Virginia's Center for Global Health to pursue projects around the world this summer. Please contact me if you want more information about your local student.

Students representing different programs from the Arlington Career Center participated in the Northern Virginia SkillsUSA District 5 Competition at Edison Academy on Feb. 5. The Arlington Career Center had 51 students compete in 13 contests and were awarded 87 medals. All of the Gold Medalists are eligible to compete in Fredericksburg for the SkillsUSA State Championships on April 15-16. Gold Medalists:

❖ Automotive Technology: **Kyree Payne** and **Dominique Maderal**

❖ Auto Body Repair: **Brandon Hopson**

❖ Computer Graphics for the Web: **Rachel Jacobson**; **Allison Yee**; and **Grant Lewis**

❖ Cosmetology: **Alan Barrera**; **Irvin Olivares-Monge**; **Tania Dobrescu**; **Catherine Klein**; and **Iris Guzman-Benitez**

❖ Culinary Arts: **David Price**

❖ Early Childhood Education: **Brenda Quintanilla**; **Joanna Paniagua**; **Carolyn Worley**; **Selenalen Saplad**; and **Tim Perales**

❖ Electricity: **Rodrigo Hernandez-Martinez**; **Alvaro Cruz-Morales**; **Jorge Cabrera-Sales**; **Edgar Montoya-Marquez**; and **Ever Ordonez-Vasquez**

❖ Television Production: **Nikolai Karamyshev (4)**; **Rachael Osborne (4)**; **Bryce Rusk (4)**; **Brian McTyre (3)**; **Ian Crovella (2)**; **Mohamed Muainudeen (2)**; **Kofi Roberts (2)**; **Fernando Rocha (2)**; **Laura Londono Iza (2)**; **Michael Schwartz (2)**; **Jhonathan Ostrander (2)**; **Flor De Maria Caceres-Godoy (2)**; **Carlos Arebalo Ramirez (2)**; **Santiago Cerquera Cabrera**; **Virginia Long**; **Alondra Duarte Pena**; **Brandon Mack**; and **Christian Porter**.

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NEPA/S106 PUBLIC NOTICE

Cellco Partnership and its controlled affiliates doing business as Verizon Wireless is proposing to install an antenna on the rooftop of an existing 23' tall building at 6404 Williamsburg Boulevard, Arlington, Arlington County, VA, 22213. Existing antennas extend the maximum height of the building to 44'. Public comments regarding potential effects from this site on historic properties may be submitted within 30-days from the date of this publication to Virginia Janssen, Principal Archaeologist, Dynamic Environmental Associates, Inc., 3850 Lake Street, Suite C, Macon, GA 31204, (877) 968-4787, Sec106@DynamicEnvironmental.com. Re: 21602003.

21 Announcements

ABC LICENSE
Eugenia, LLC trading as Our Mom Eugenia, 1025 Seneca Rd, Ste H, Great Falls, VA 22066. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises & Mixed Beverage Restaurant on Premises License to sell or manufacture alcoholic beverages. Philip Hobson, President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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Robienna, LLC trading as Enjera Restaurant, 549 23rd St S, Arlington, VA 22202. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises & Mixed Beverage Restaurant License to sell or manufacture alcoholic beverages. Robi Mengstab, Manager. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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Pancho Villa XIII Inc., trading as Pancho Villa Mexican Cuisine, 1850 Fort Meyer Dr., Arlington, VA 22209. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises & Mixed Beverage License to sell or manufacture alcoholic beverages. Eladio Pacheco, President. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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Stephen Katrivanos trading as Metropole Distribution Company, 2709 S. Oakland St, Arlington, VA 22206. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wholesale Beer License to sell or manufacture alcoholic beverages. Stephen Katrivanos, owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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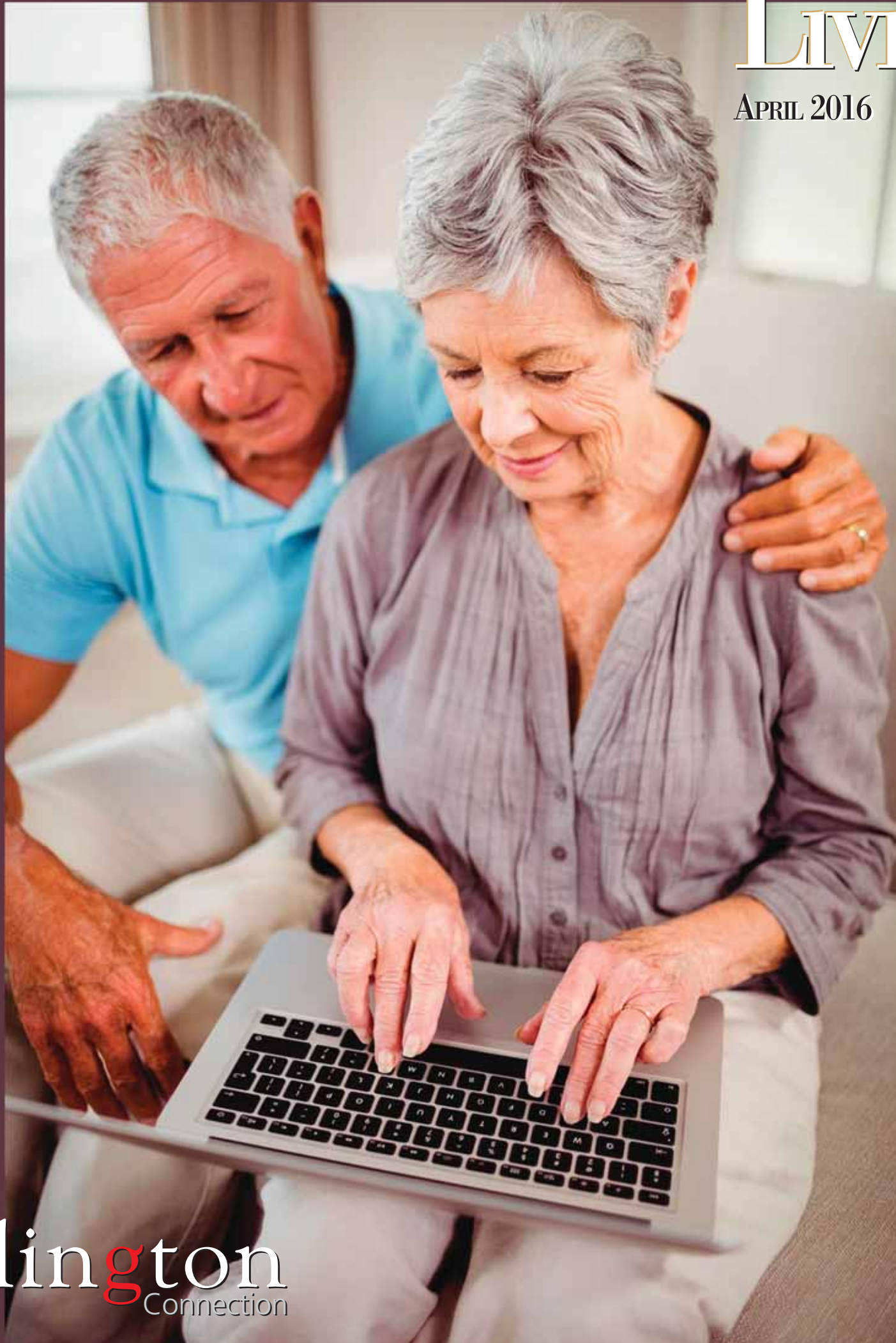
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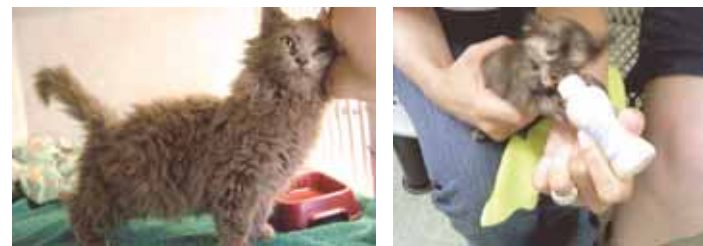
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Senior Living

Many Good Choices for Arlington Seniors

Arlington Neighborhood Village can help seniors thrive at home.

BY SHIRLEY RUHE
THE CONNECTION

Need a ride to the doctor? Your computer break down? Want to join a group trip to a Nats game?

Arlington Neighborhood Village (ANV), a membership-based organization supported by volunteers, is here for you. It offers household or individual full or associate memberships for seniors for a fee of \$500 or \$750.

Patty Sullivan, interim operations director, says the full membership offers a variety of services plus social activities. The associate membership includes only the social activities.

"The most popular benefit is three, round-trip rides a week to anywhere in Arlington County. The rides can be used for any activity sponsored by the county as well as doctor and dental appointments or, for instance, having your nails done."

George Ruppert, who joined in late November before his knee replacement, said he lives in Lyons Village and needed rides to the doctor and shopping. "I can't say enough good things about these volunteers. It's stressful what you have to do and they are such good company."

Sullivan adds that technology assistance is also in demand. "We just had a man call us today who got a new TV and couldn't get his WiFi hooked up." So a volunteer will go solve the problem.

She says ANV has a volunteer base of about 125 people. "It's amazing the robust volunteer resource in Arlington County, the amount of time and skills people are willing to give."

Sullivan adds, "we will fix a leaky faucet, change a light bulb in a stove if you're afraid to put your head into the gas oven." She explains people are entitled to three of the services a month. And the volunteers often gradually establish relationships with the members they assist. "If you go shopping with 105-year-old Martha Ann Miller, you will want to go shopping again."

Virginia Andreani, 93, says she uses the volunteers a lot in the spring to take her to her Encore Learning classes. "I'm taking two classes now, one on Ancient Islam and one on the Bible, non-religious. Next month I'm starting a class on China Inside Out." Every other week she has a couple who come over "and we have tea or something and I brush up on my French. And I have a woman who loves gardening and when the county delivers my mulch she's going to come over and put it down. Isn't that great?"

In addition, there are a variety of social activities available such as the popular monthly dinner. In March they went to an Irish pub to celebrate St. Patrick's Day. She adds, "we make sure everybody gets there."

Sullivan says for people who want to age in place, it is important to get them out of



PHOTO CONTRIBUTED BY ARLINGTON NEIGHBORHOOD VILLAGES

The "butterfly" picture was taken in Oakland Park in Arlington after the weekly Tai Chi class.



PHOTO CONTRIBUTED BY ARLINGTON NEIGHBORHOOD VILLAGES

This ANV group took a trip to Richmond in 2015 to George Mason University where Del. Patrick Hope gave ANV members an update on the General Assembly session.

their homes. "And they make friends; it's really fun to go." Also popular is the Wednesday morning coffee with a speaker at different places around the county.

Sullivan speculates the bocci team will form again this spring, they will head to a Nats game and "this month is an antiques roadshow. What we offer depends on what the members are demanding." They have three years of data now since this program was established in Arlington County "so we

can pretty well figure out what they will need."

Currently the village has 152 members between 55 to 105 years old. She says new members are getting older and are single.

"But I've learned that age doesn't tell you anything about the capacity of the person." Sullivan says they can also track people, do a daily check-in with the person. "Lots of kids want us to do that for their parents." Sullivan says. "We get to know people's



SHIRLEY RUHE/ARLINGTON CONNECTION

Arlington Neighborhood Village is a membership-based organization for seniors over 55 years old. It is supported by a robust and talented volunteer base willing to commit many hours to assist with services for seniors.

patterns and if they don't call in for the regular Thursday morning grocery shopping, we check in."

She adds, "I have a Ben Franklin impersonator who travels a lot and worries about his wife while he is gone so we call every day to check."

The Arlington Neighborhood Villages office is located in the Covenant Presbyterian Church on Military Road. It is open 10 a.m.-3 p.m., five days a week. ANV is part of the national Village to Village Network, but Sullivan says it's not true when you've seen one village you've seen them all. Each village responds to what their community needs.

Luxury Condos are a Growth Market for Seniors

Active retirees seek options for independent living, including condos in Alexandria, Arlington, Tysons, Reston, McLean, Bethesda and Chevy Chase, among others.

BY MARILYN CAMPBELL
THE CONNECTION

When Joyce and Don Lipman decided to move out of their Potomac, Md. home, they opted for a high-end townhouse instead of a retirement community. They gained a cosmopolitan environment and lost the burdensome maintenance of a large home.

“My husband always hated taking care of the grounds and he didn’t want to pay someone to do it, and we weren’t ready for a retirement community,” said Joyce Lipman, who is 71. “Now I can walk to the shopping center and to my doctor’s office. I couldn’t believe it the first time I was able to go without my car. It was like a new lease on life.”

When another active retired couple decided to downsize and move out of their home, they opted for a high-end condominium instead of moving to a retirement community. They enjoy traveling and own a beach home where they often spend time. When it came time to design their new living space, they sought the help of Kelley Proxmire of Kelley Interior Design in Bethesda, Md.

The couple wanted “a pretty, yet practical home and also a place they could lock and leave on a moment’s notice,” said Proxmire.

Condominiums and townhouses are growing in popularity for midlife couples because unlike large homes, they don’t require a lot of maintenance, and they offer opportunities for living independently.

“In the next three to five years, luxury condominiums are going to be extremely popular with that age group, those who feel the colonial home is too big and they don’t want the ... mentality of retirement communities,” said Debbie Miller, an Arlington-based associate broker with McEneaney



PHOTO CREDIT

Kelley Proxmire designed plush interior for a retired couple who downsized from a larger home into a luxury condominium.

“In the next three to five years, luxury condominiums are going to be extremely popular with ... those who feel the colonial home is too big and they want the freedom of locking and leaving their home.”

— Debbie Miller, McEneaney Associates

Inc. who specializes in the 55 and over real estate market. “Luxury condominiums provide a great option.”

Miller says that in addition to proximity to shopping, dining and public transportation, amenities such as a 24-hour concierge

service that can handle requests such as meal delivery and grocery shopping make high-end buildings sought after among well-heeled retirees.

The buyers Miller works with are looking for condos “that provide a ‘lock-and-leave’ advantage for residents who ... like to travel or who spend six months here and six months elsewhere.”

Such condominiums are prized and often hard to obtain.

“There are some that are very exclusive and [others that] don’t come on the market very often,” she said. “I sold a unit in the Rotonda [in McLean] a year ago and had multiple offers that were all cash.”

ONE REASON THAT retirees opt for condominiums over retirement communities is freedom without restrictions, such as the frequency or length of stay for overnight guests. “In a retirement community, your

grandchildren might only be able to visit for two weeks. Condos provide more of an independent feel,” said Miller. “Owning a condo allows them the opportunity to pay the condo fee and come and go as they please and someone else takes care of the maintenance.”

Another reason is proximity, with a condominium community more likely than a retirement community to be in an urban environment like Arlington, Reston or Tysons.

Among the most favored luxury condominium properties in Northern Virginia, says Miller, are The Palladium of McLean, Midtown at Reston, the Porto Vecchio in Old Town Alexandria, and the Turnberry Tower in Arlington.

“There are many other high-rises that appeal to the 55 and older crowd due to convenience and lots of amenities and that are walkable,” she said.

Gerontology experts offer perspective for retirees who are looking to buy a new home. “The main thing is to consider safety,” said Beverly Middle, DNP, RN, Assistant Professor of the College of Health and Human Services in the School of Nursing at George Mason University. “Communities where there are other older adults tend to have services in place to support them.”

Middle recommends using evidence-based design when creating dwellings suitable for seniors. “It’s a new science that’s geared toward older adults and is very specific to their needs,” she said.

Addressing retirees’ desire to live a vibrant and active life that takes freedom and safety into consideration, some retirement communities are working to broaden their appeal to a wider group of seniors. For example, Sunrise Senior Living, based in McLean, created a Live With Purpose program which offers residents structured programs that include activities for volunteering and learning.

“No matter your age, each of us has interests, desires and activities that make us feel whole and help contribute to a meaningful, healthy life,” said Rita Altman, senior vice president of Memory Care & Program Services for Sunrise.

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German Conversation for Fun

Seniors gather weekly in Arlington to engage in German.

BY SHIRLEY RUHE
THE CONNECTION

Last week the theme was “hats.” Some people wore hats, and one person brought a computer print out of hats with names and historical dates associated. The weekly German conversation at the Langston-Brown Community and Senior Center is about to begin. This Friday according to Diane Ullius, the team leader of the week, the theme is the impact of learning something new. Irmay Herrmann-Haut comes in. She said she has been coming to this German conversation in Arlington for four to five months.

Why did she come to America? “A long story but officially to go to the University of Pennsylvania.”

According to Carlos Hecker, who has been attending for five months because he didn’t know about it before, “this is an advanced class for people who are fluent in German. You couldn’t come here and learn it.” Hecker’s parents came from the Austro-Hungarian Empire and moved to Venezuela where he grew up.

He says every week there is a different theme and people prepare stories related to the theme.

“And some of them talk too long and we need to remind them,” says Ursula Alao. Alao says she is from Hanover and came here in 1984. Why? “A man,” she smiles. Alao had been a nurse in the German Peace Corps.

The German conversation was set up in October 2011 and now has 42 members with about 20 appearing in any week. About half are native speakers.

“We learn from each other a lot of facts about living but also better German,” said John Stepanchuk, an American. “I’ve told stories here I’ve never told to anyone else.” Heckler added, “We enjoy each other very



The German conversation get-together at Langston-Brown has 42 members with about 20 participants on any one Friday morning. Each week the team leader chooses a different topic to practice advanced German. One of the members says, “we really enjoy each other.”

much.”

One of the members addresses the impact of learning something new by volunteering that the brain is plastic and can be remolded. Hecker says, “well, if you are asking if sports can improve the mind or change the brain, I think sports are very important and healthy but if you think it changes the brain, you need a new researcher.”

Stepanchuk says the nuances of German are unbelievable.

Ullius points out that the word geist means both mind and spirit in German and that makes this discussion interesting.

To sum it up, Etwas neues zu lernen halt den geist und körpes jung und gesund. Or in English “learning something new keeps the body and spirit young and healthy.”



Diane Ullius, team leader for the week for the German conversation at Langley-Brown Community and Senior Center, discusses the impact of learning something new with Carlos Hecker.

PHOTOS BY SHIRLEY RUHE/
THE CONNECTION

This German conversation (not really a County 55+ programs offered through the class they say) is one of the Arlington six County senior centers.

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Photo by Ed Knepley

Threading Your Way Through the Maze

Help for dementia patients and their families in Arlington; excellent services but many people don't know what they are.

BY EDEN BROWN
THE CONNECTION

Laura "Fayse" Howard lives in the house her husband Allen built in South Arlington. The side entrance looks out on bird feeders hanging from a tree he planted. There is a bench big enough for two in the garden. The kitchen is the way kitchens used to be: cozy, galley size. In the living room, there are pictures of family, an antique organ, crocheted blankets, and a rescued dog named Diva who is keeping an eye on things from "her" armchair.

It feels like home, and it has been home to the Howards since Laura, or "Fayse" as her husband nicknamed her, came to Washington from southern Virginia, at age 17, to work at the FBI, and met Allen Howard, who had just been demobilized after serving the Coast Guard on a destroyer escort in WWII.

It was here that Allen Howard, 91, died recently, at home, with his wife and daughter Joan, and his nighttime caregiver, by his side.

Allen Howard had dementia, he probably had it longer than anyone knew, his wife thinks. He was 91. At Christmas, a year ago, he started really showing it. He went upstairs to be by himself while his much loved family was visiting downstairs in the family room; that wasn't like him. He accidentally set things on fire in the kitchen, leaving burners on. He put the outside water hose into the dryer vent.

In January, they sought medical advice. Dr. Foster, the neurologist, did tests and reported that Allen Howard had dementia. His wife couldn't leave him alone anymore. She had a good neighbor up the street who would come watch him while she ran to the supermarket. Otherwise, she was with him, 24/7. He was disoriented. He kept on wanting to go home. He fell a lot.

The neurologist prescribed physical therapy, but that fell apart when Allen didn't show any "progress;" Medicare and other insurance ends coverage when a patient reaches a plateau. It is a fairly common occurrence in Dementia care, because those patients are not going to show progress, but they need physical therapy, it's one of the most important ways to keep from losing ground: but it rarely even gets prescribed by neurologists.

Howard's daughter, Joan Davis, had come home for Christmas and saw how things were with her father. She didn't know how bad it had gotten, though, because over the next two months, her mother didn't let on how much the disease was taking a toll on both Allen as patient and Fayse as caregiver, or how little help they were getting. She didn't want to burden her children.

In late March, Howard called Arlington



PHOTO BY EDEN BROWN/THE CONNECTION

Fayse Howard at home in Arlington with her dog, Diva.

County to get hospice care set up because she had been told by Dr. Foster it was a way to get help. When she called Arlington County's Office on Aging and Disability, she says they told her over the phone that he didn't qualify.

Arlington County offered people who would come over to clean the house or do errands, but no one who would stay with her husband. Everyone kept suggesting Adult Day Care, but Fayse Howard said, "No, he's upset enough. That will upset him more."

THAT WAS BEFORE the accident.

On May 12, as Fayse Howard guided Allen into the dining room for lunch, he fell backwards, on her, and she fell too, breaking her hip. They lay on the floor. Neither of them could move for a while. Then she helped him get up to a sitting position and

"Imagine putting a 91-year-old man with late stage Alzheimer's on a waiting list."

— Fayse Howard

asked him to try to reach the phone; he handed her the TV remote control. She talked him through it, finally getting him to pull on the telephone cord. "Just pull it down on the floor," she told him. She didn't call 911 first. She called her neighbor to come watch her husband before she went to the hospital.

Davis came out from Wisconsin to help as soon as she could: she was surprised things had gone downhill so fast with her

Help for Dementia Patients and Caregivers:

- ❖ Hospice: You can get hospice care with a doctor's prescription. Hospice provides a social worker, along with weekly visits from a nurse and equipment to facilitate the home stay. Hospice is a step towards assuring care at home is the best it can be, when you are facing a terminal illness. Hospice will give the patient a shower twice a week, as well.
- ❖ Arlington Aging and Disability Office: 703-228-1700. There are a number of services available to those Arlingtonians who have Medicaid, as well as some for those who do not. They can offer up to 20 hours a week of care for the elderly or handicapped, and they also offer housekeeping services for elderly residents who cannot clean their own floors or empty their own garbage cans anymore. Expect to call many times over many days before you get through to someone since the staff at the Aging and Disability Office is often out on call at residents' homes. See: <http://aging-disability.arlingtonva.us>.
- ❖ Arlington Neighborhood Village, a volunteer aid organization which refers people to County services and helps older residents remain in their homes. ANV can also help you get through to the Aging Office if you haven't succeeded in doing that. 703-509-8057 or info@arlnvil.org, see also www.arlnvil.org. See related story in this section.
- ❖ email arlanaa@arlingtonva.us or visit <http://www.arlingtonva.us/aging>
- ❖ Arlington also offers Alzheimer's and Dementia Caregiver Support Groups. One is coming up on April 12 at the Walter Reed Community Center. Call Vicki Surash, the Walter Reed Dementia Contact person at 703-228-5340.
- ❖ A Personal Advocate: either privately paid (very expensive), or through Arlington County's service (expect to wait), or through Arlington Neighborhood Village; this person will help local residents negotiate the bureaucracy of health care, insurance, and benefits.
- ❖ Alzheimer's 24-hour hotline - 800-272-3900.
- ❖ Elderly or Disabled with Consumer Direction Waiver; see website:
- ❖ PACE - (Program of All-inclusive Care for the Elderly) is a Medicare and Medicaid program that helps people meet their health care needs in the community instead of going to a nursing home or other care facility.
- ❖ Get the Virginia Hospital Center's Senior Resource Guide. Their Senior Health Department also offers a Caregiver Support Group : call 703-558-6859.
- ❖ More information from the Alzheimer's Association <http://www.alz.org/facts/>

father. She got the doctor to intervene on the hospice option: Allen definitely qualified for hospice services which began right away.

But that wasn't enough care. Davis started diving into the problem. She quit her job after 22 years, thinking, "I could always go back to work, but I couldn't always take care of my parents."

Davis had done research from her home in Wisconsin; she wanted to make sure her mother was never left alone with her father again. She knew there were many options for help in the Arlington area: the Elderly Disabled or Consumer Direction Waiver (EDCD), PACE, the Veterans Administration (VA) Hospital, Arlington County Office on Aging and Disability. Davis started keeping a journal to help her thread her way through the daunting maze of options.

Fayse Howard had already enlisted the help of Arlington County's office of Aging

SEE DEMENTIA, NEXT PAGE

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Finding Help as a Caregiver

FROM PREVIOUS PAGE

and Disability Services after the fall. She needed someone to come in and watch Allen while she was in the hospital. Arlington had given her a list of caregivers. Some were very good, and very expensive, she said. She paid out of pocket for the care. But later, when her daughter got involved, and because she stressed that both parents were disabled now, they were more helpful. Howard said, "I would have given up after the first voice message. My daughter just kept on them."

Davis filled out the "Common Help" application on May 18, and had a response from Arlington on May 22.

They worked with Rachel Sparico, the Human Services Technician. Rachel was able to set up care through an agency by May 24. Sparico was easy to get in touch with, nice, and caring, Howard said. She would even stop by the house occasionally to give them encouragement. Because both members of the family were disabled, Arlington provided paid care from 9 a.m.- 2 p.m. five days a week. But as soon as Howard's hip was healed the benefits stopped.

Howard said she was distraught and tired. "I just gave up," she said. "All I cared about was my husband and his comfort."

Davis called the County and got more help. They were then able to get 15 hours of care a week, but by June 30 time ran out for that application; they had to reapply for help. Howard had trouble with the online application and said she wishes Arlington would offer paper applications to those who didn't grow up with computers.

But there was still not enough support. It was up to the family to fill in the hours with private caregivers, paying them out of pocket, to help take care of her husband. Howard said she paid an assortment of part-time workers about \$6,000 a month for 8 months in order to keep her husband at home.

Davis's research showed that there were benefits due Howard because of his veteran status. She called the Veterans Administration Hospital and they agreed to evaluate him in D.C.

Davis described a series of events that she said was almost comical. There they were, her mother on a walker, her father in a wheelchair. The doctor said they needed to see a social worker, and there was not a single social worker anywhere in the hospital that day. After making them wait, they went down to the emergency room and found the duty social worker.

Howard remembers the social worker suggesting her husband "really needs to be

in a nursing home." Their own doctor too had said the place for the Howards was not in their home, but in a facility. But Fayse Howard didn't think that was the right solution for her.

Both she and her daughter remember that painful day at the VA, filling out the long, involved forms, listing their finances. The VA sent them home that day with no plan, and said they could do more the next time he came in for a psychiatric evaluation.

HOWARD SHAKES her head in dismay telling the story. "Do they have any idea how hard it is to get a dementia patient out of the house, into a car, into a large hospital, on time, without an accident?" She had to hire a caregiver just to help get him into the car.

Davis said she had filled out the lengthy application for the pension: it was immediately declined. The appeal could take years.

The Howards finally got a social worker assigned who helped them get approved for in home care. They were told an agency would contact them, but they didn't call because the paperwork was lost, then resent.

Then the Howards were put on a waiting list because there was no staffing for them.

"Imagine," Howard said with a wry smile. "They put a 91-year-old man with late stage Alzheimer's on a waiting list."

On Sept. 9, the VA social worker finally organized care at home. The care from the VA Hospital was helpful, Howard said, but there were many challenges. Sometimes the caregiver got lost on the way to the house, and sometimes they called at the last minute and cancelled. They often had new people. Alzheimer's patients benefit from consistency. Howard had to explain the house, the idiosyncrasies of her husband's disease, to a new person repeatedly. Howard didn't feel comfortable leaving her husband alone in the care of some. Some slept or talked on the phone.

Howard remained the chief caregiver, despite the help. She managed the new challenges thrown her way as the disease progressed.

"He would hold pills in his mouth," she said. "They'd find them later on the floor when he spit them out." His dentures no longer fit so he couldn't chew his food anymore so Fayse pureed three meals a day for him so he could eat.

Fayse Howard found that she alone could get him to swallow when he resisted, or calm him down when he was upset. He would hold her hand, and give it a squeeze. Sometimes, he'd give her a smile that made it all worth it, she said.

Although their doctor took good care of

her husband, Howard says she had to tell him one day to stop telling her to "remember you are not alone."

"I am alone," she said. "I've been alone since he got sick. When a decision has to be made, I make it. When I'm all alone in that house with him and he looks at me for consolation, it's I who have to take his hand and hold it, and try to keep things even."

And fewer people came to visit. Those who did found that Allen Howard always perked up when an old friend or family member came by, even if he didn't remember them by name. Howard was so housebound that many times she felt isolated, and would have really lost her ability to cope had it not been for her neighbors, particularly Woody and Margaret Staeben. Woody, she said, comes in once a week to have a beer with her. "We call it our "meeting", she laughed. It meant she and her husband had not been forgotten.

Howard said she had never heard of any of the services of Arlington County, like the Personal Advocate. She hasn't been to any community centers. She has a computer, but doesn't use the internet. "I guarantee you without my daughter, I wouldn't have made the second phone call," she says of the effort to find help. Allen Howard had run his own business. Fayse Howard had given up her retirement fund to add money to the business when it was having trouble. They worked hard, raised three children, sent one to college. They had enough to live on, just not enough to manage a long health crisis.

Davis says the thing that bothered her the most is that "there was no one to tell us what to do, no road map." There were so many moving pieces.

Patty Sullivan, Interim Operations Manager of Arlington Neighborhood Village (ANV), agrees it is a real maze. As a member of the Arlington Commission on Aging, she knows there are many services available to Arlington residents, but is not sure why the word is just not reaching those who need the information, despite the brochures Arlington hands out.

"There isn't a system," she said. "Medicaid and Medicare, Social Security, State programs, County programs — none of them overlap." You can hire a "care manager" to help you thread your way through the system, but that is prohibitively expensive, or you can join Arlington Neighborhood Village which provides some personal advocacy.

"Arlington County doesn't have the capacity to handle all the issues with the elderly

Advice from People who have been there:

- What to do if you have a family member with Dementia:
- ❖ Plan for this even if both parents or spouses are healthy now.
- ❖ There are shortcuts: find out what they are. Tell your caseworker you don't have much time.
- ❖ Ask for help; don't try to do it alone.
- ❖ Don't take "no" for an answer: keep asking and adding information. Often no doesn't mean no.
- ❖ Insist on having a social worker assigned to you from the beginning, especially at the VA.
- ❖ If you are rejected by the Veterans Administration, don't appeal: file to "reopen with new evidence." Otherwise, you could be waiting years.
- ❖ Plead and beg: this is not a time to act self-sufficient. Don't underestimate how bad your problem is: be graphic about the need.
- ❖ Plan ahead for this: no one wants to plan for Dementia, but if you don't, you could end up being unable to arrange care; consider long term care insurance or find a living situation where there is a bedroom on the ground floor and room for a relative or caregiver to stay there overnight.
- ❖ Keep a journal with careful notes about who you have spoken to and what you were told. It will be invaluable when you have to call people back or remind them what they had agreed to last week.
- ❖ Be understanding when a child can't or won't help. Different people react in different ways, and some are not "jump in and get your hands dirty" people or just cannot bear to see their parent in such a changed state.
- ❖ Get hospice early, check eligibility early.
- ❖ Volunteer: you can learn a lot about opportunities for the elderly by being part of an organization, and it will help keep you plugged in.
- ❖ Ask multiple sources about available resources. Everyone has a different piece of information to add.
- ❖ Get physical therapy for the patient for as long as possible.
- ❖ Don't be ashamed to tell others. Dementia now affects 5.4 million Americans.
- ❖ Encourage visitors; some people shy away from visiting because dementia patients don't always know who they are or respond appropriately, but they know when they are being visited; it provides relief for the family member too.

that are now coming into play," she said.

Allen Howard will be laid to rest in Arlington National Cemetery on June 24.

Fayse Howard has a little more she'd like people to know.

"I want people to know it's not all bad. When he looked across at me and smiled, or held my hand", Fayse Howard said, "I knew I was doing the right thing. Knowing they depend on you, and that the sound of your voice would still make a difference to them, even in the late stages of dementia, added a dimension to the meaning of marriage that some people might find hard to understand but it's just as beautiful as some other stages."

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Senior Living

Taking the Long View

BY JOHN BYRD
THE CONNECTION

Budgeted, incremental improvements are the key to effective planning, aging in place.

When they decided not to move-on after retirement, seniors Mike and Sandy Nusbaum slowly began enlarging their long-term residence with several goals in mind.

Ten years and four improvements later, the couple's Alexandria home is ideal for extended visits with children and grandchildren—and all sorts of everyday pleasures.

Home improvements can come in many sizes: life-changing or simply necessary; comprehensive, or something to please the grandkids.

The real problem is practical: how to conveniently and affordably implement a list of desired improvements—especially when experience tells you that securing a satisfactory outcome for even a basic household repair can be challenging.

In this context, it's heartening to talk with Mike and Sandy Nusbaum, retired empty-nesters who have executed mid- to large-scale renovations to their thirty-year-old south Alexandria residence in phases, about once every two years and for more than a decade.

Plainly, the Nusbaums like their house, a circa-1980s Colonial-style home where they raised three children. While somewhat space-constrained at its original 2,100 square feet, the structure's location adjacent to woodland and minutes from historic Old Town made it hard to beat.

As retirement neared, however, the couple began cautiously reassessing their home's basic assets, even briefly considering a move to a bigger place.

"You have to ask yourself whether the next house will actually improve your quality of life," Sandy Nusbaum says, recounting her thoughts of twelve years back. "When we looked at the alternatives ... we realized there were only a few things about our house that we didn't like."

AND SO IT BEGAN. Plans for incremental changes. Kitchen and screened porch. New family room and deck. Lower level. Enlarged Garage ... Facilitated by a new relationship, with 30-year veteran remodeler David Foster, principal of Foster Remodeling Solutions.

"We met some homeowners at a local home show who raved about David," Sandy recalls. "David has a low-key style, and a strong service orientation that helps us make informed decisions."

Looking back, while the remodeler's fresh design ideas were critical, the couple also appreciated his clearly-stated, always-reliable cost projections.

"WE WERE ON THE CUSP of retirement and didn't want debt," Mike Nusbaum says. "Our first thought was to make targeted improvements to the kitchen while keeping our options open for the larger family entertainment suite we might undertake as we assessed the budget issue."



Mike and Sandy Nusbaum have enlarged their home four times in the past ten years. Each phase has improved the home's overall functionality, which has transformed it into a preferred gathering place for children, grandchildren and extended family. The garage and storage units have resulted in a dramatic improvement in available space and eliminated clutter.



Only 150 square feet was added to the family room, but the four-window course with "eyebrows" creates a visual continuum that makes the room feel significantly larger.



The first phase of a 10 year remodeling plans entailed replacing the kitchen/living room divider wall with a dining counter/serving station. The revisions allowed light from three directions. Maple cabinets and Silestone quartz surfaces provide a tonal and textural contrast.

Foster was not only supportive of such thinking, but, as the Nusbaums learned, considers "phased remodeling" an integral part of his company's service.

"I grew up in Fairfax County and have learned my business by helping homeowners find a process that will work for them as they think ahead," he says.

Once work began, the Nusbaums particularly noted the foresight Foster brought to each improvement.

"Ten years ago, we wanted the rooms extending from the kitchen to function better as a place for entertainment. We had a small dining room that wasn't being used much. The back rooms were too dark," Sandy Nusbaum recalls.

In short order, the wall between the kitchen and dining room disappeared, replaced by a three-stool Silestone counter that has become the couple's primary kitchen gathering area. That counter surface was also positioned as a serving station for the new elevated 16-by16-foot

screened porch that is now a much-used fair-weather dining spot.

A new window over the kitchen sink adds natural light and a lovely view of the backyard. "When you walk from the kitchen to the screen porch, it feels like you're walking in the air through the trees," Sandy says. "This gave us a wonderful re-discovery of our own backyard."

From there, it wasn't long before the Nusbaums began planning an extension of the rear family room, an open-air grilling deck and a pathway that permits children, grandchildren and guests to circulate freely through a wide-ranging suite of rooms used for social gatherings.

"It was at this point that we started having holiday gatherings for up to thirty," Sandy says. "Such fun!"

WHICH LED TO THE THIRD PHASE: Transform the 800-square-foot lower level into an exercise room that doubles as a guest suite. Here a comfortable Murphy bed

folds out of a discrete closet. There's a full bath, and built-in serving station with refrigerator and microwave. The Nusbaums refer to it as "the family suite." On holidays, it can be occupied for two or three days a stretch.

Then, just last year, Foster created a second bay for the garage by building a wing off the side elevation. The new construction is supplemented by a garden shed accessed from the yard. The contents, pruning tools, mower, freed up floor space in the garage, which now (for the first time) has room for something special: two cars.

"What we really appreciate about David Foster is there are no bad surprises, and frequently there are good ones," Mike Nusbaum said. "Last year, for instance, he repaired a window that was out of warranty and didn't charge us. That kind of service encourages you to think ahead."

John Byrd (byrdmatx@gmail.com or www.HomeFrontsNews.com) has been writing about home improvement for 30 years.