

‘Swimming Like Michelle’

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Funeral Held for Lake Braddock Teenager

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Mother’s Day Photo Gallery

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(Center) Blind swimmer Michelle Duquette of Herndon is joined by members of the L4 Swimming masters program at Burke Racquet & Swim Club for the second annual “Swim Like Michelle” fundraiser.

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Funeral Held for Lake Braddock Teenager

A funeral service for 16-year-old Brenda Soto of Burke was held Friday April 29 at Fairfax Memorial Funeral Home. Soto was a student at Lake Braddock Secondary School, where she was found unresponsive in a bathroom just before 6 p.m. on April 20. The Office of the Medical Examiner hasn't released the cause and manner of her death.

Paola Zambrana of Burke helped organize a vigil at the school for Soto the following Sunday.

"She was just a young teenager who was loved dearly by her family and friends," Zambrana said.

Zambrana's own daughter went to elementary school with Soto and was also a Lake Braddock classmate. Though she wasn't close friends with Soto's mother initially, after hearing from the school about the girl's death, she went immediately to Soto's doorstep and asked how she could help.



PHOTOS CONTRIBUTED
From left, Monica Soto, Paola Zambrana and Juan Carlos Loza release balloons into the air after saying a prayer at the vigil for 16-year-old Brenda Soto on April 24.



Brenda Soto

Zambrana went on to set up a GoFundMe page for Soto and her parents, Burke residents Monica Soto and Juan Carlos Loza, to help with medical, funeral and other costs. As of going to press, the page has raised \$18,242 of a goal \$20,000.

"Once I heard her story, it was just so devastating," Zambrana said. "It can literally be any of us, as a mother. I did what I could to help them out."

Zambrana described Soto as someone who "loved making people laugh — she was a goofball and even loved more protecting people."

Zambrana learned Soto had been going through depression, despite maintaining her grades in

Mental Health Resources

Fairfax County lists these services available by phone 24 hours a day

CSB Emergency Services – 703-573-5679
Fairfax Detoxification Center – 703-502-7000
or TTY 703-322-9080

Suicide prevention hotline – 703-527-4077 or text "CONNECT" to 855-11

If the mental health emergency is immediately life-threatening, call 911 and request a Crisis Intervention Team trained officer.

For more information, visit www.fairfaxcounty.gov/csb/news/2016/mental-health-month.htm.

school.

"As a mother it's my calling now to spread awareness on depression and how it's affecting our kids."

The GoFundMe page Zambrana set up for the Soto-Loza family is available online at www.gofundme.com/brendasoto.

—TIM PETERSON



Lake Braddock Secondary School student Brenda Soto was found unresponsive in a school bathroom just before 6 p.m. on April 20.

'Swim Like Michelle' Event Raises Money for Foundation Fighting Blindness

Adult swimmers paddled precariously up and down the lanes, their vision obscured by blacked-out goggles. Some were able to feel their way forward without much course-correcting, others bounced between the lane lines like pin-balls.

When it came time for 33-year-old Michelle Duquette's leg of the relay, a tennis ball-capped rod tapped her head and she sped off through the water — with clear goggles.

Duquette began losing her vision when she was 13. She was completely blind by age 21.

"Swimming was the only sport I could do anymore," Duquette said.

Duquette and her mother Bobbe come to the Burke Racquet & Swim Club because the pool's configuration allows Bobbe to walk alongside while she's swimming and quickly give her a tennis-ball tap when she reaches each wall.

For the second year now, Michelle and Bobbe have organized a "Swim Like Michelle" fundraiser at the club. She was



Michelle Duquette (center) finishes her leg of the "Swim Like Michelle" fundraiser relay on April 28.

joined by members of the L4 Swimming masters program, with whom she practices several times a week, for the event on April 28.

The money adds to Michelle's other

fundraising for the Foundation Fighting Blindness. Michelle was recognized as an All-Star at the foundation's Northern Virginia VisionWalk on May 1 for raising more



PHOTOS BY TIM PETERSON/THE CONNECTION
Michelle Duquette's mother Bobbe (left) taps a swimmer wearing blacked-out goggles on the head to alert him he's at the wall.

than \$1,000. Her total this year: \$3,200.

For more information, visit www.fightblindness.org.

—TIM PETERSON



PHOTO BY TIM PETERSON/THE CONNECTION

The old post office that stood in the area of Guinea Road and Zion Drive is being relocated to the grounds of the Silas Burke House.

Old Burke Post Office Being Relocated to Silas Burke House Property

The old Burke Post Office will be joining fellow historic landmark the Silas Burke House on the top of the hill on Burke Lake Road. The first phase of the move took place Saturday morning, April 23, when the old structure was mounted on a flatbed truck and relocated to a site across from the Burke Centre Library for temporary storage.

The Burke Junction area of Guinea Road and Zion Drive, including where the post office once stood, is planned for a new development of 17 single-family homes.

Suzanne "Suzi" Fowler Neal grew up in the Silas Burke House — she said her great

aunt Rena Carter was once postmaster at the old office. Rena's sister Nell Rice Simpson was Fowler Neal's grandmother.

"It's strange, but in my mind," Fowler Neal said in an email, "the 'Little Post Office' being moved to the 'Top o' the Hill' (aka Silas Burke house) is like getting the two sisters back together again and I love that thought."

Fowler Neal said her mother Ginny Fowler used to work two hours a day at the post office while she was growing up, earning 37.5 cents per hour.

—TIM PETERSON

Law Enforcement Classes for Teens

The Fairfax County Police Department will host two week-long programs this summer for high school students. Both programs are free of charge. Applications are now being accepted and are due by May 13..

Teen Police Academy, July 18-23

Considering a career in law enforcement? The Teen Police Academy provides high school students with an opportunity to learn more about the Fairfax County Police Department, understand core police functions, explore careers in law enforcement, and participate in hands-on activities.

Classes will be held Monday through Friday July 18-22 from 9 a.m. – 4 p.m. and Saturday, July 23 from 9 a.m. – noon at Falls Church High School, 7521 Jaguar Trail, Falls Church. Participants are expected to attend all classes.

Students must currently be enrolled in criminal justice classes, and entering 10th, 11th or 12th grade during the 2016 - 2017 school year.

Class size is limited to 25 students. All applicants will be notified of their status in late June. Students are expected to provide their own transportation and bring a bagged lunch.

For more information and an application form, please see

<http://www.fairfaxcounty.gov/police/services/teenpoliceacademy.htm>

Future Women Leaders in Law Enforcement, August 1-6

Haven't decided on a career path? Come and explore careers in law enforcement for women. Learn first-hand about core police functions such as patrol, K9, and crime scene investigation. Meet today's women leaders in law enforcement in Fairfax County. Explore what it takes to become a police officer and skills you will learn in the police academy. Discover your potential to become a future woman leader in law enforcement.

Classes will be held Monday through Saturday August 1-6, 2016 from 9 a.m. – 3 p.m. at the Fairfax County Public Schools Administration Building in Falls Church and the Fairfax County Criminal Justice Academy in Chantilly. Participants are expected to attend all classes. The program is open to all Northern Virginia high school girls who will be in 10th, 11th or 12th grade during the 2016-2017 school year.

Class size is limited to 40 students. All applicants will be notified of their status in late June. Students are expected to provide their own transportation and bring a bagged lunch.

For more information and an application form, please see

<http://www.fairfaxcounty.gov/police/services/062215fwlle.htm>

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AREA ROUNDUPS

Foster Walk to Be Held on May 14

As National Foster Care Awareness Month approaches in May, Foster Care Alumni of America (FCAA) and its partners are organizing awareness-raising events across the country to urge community members to get involved. The FCAA Virginia Chapter and partners are having a FosterWalk on May 14, 10 a.m.-2 p.m. at Lake Accotink Park - McLaren-Sargent Shelter Rear Entrance 5660 Hemming Ave., Springfield. To Register go to: www.crowdrise.com/NOVAFOSTERWALK; For more info go to: www.crowdrise.com or send an e-mail to Chauncey Strong, Chapter Liaison va.chapter@fostercarealumni.org or call 641-715-3900 ext. 744007#

St. George's to Host Barbecue and Car Wash

St. George's United Methodist Church is hosting its 13th Annual Barbecue and car wash on Saturday, May 7. The car wash begins at 9 a.m. in the church's main parking lot. The pig pull or chicken barbecue will begin at 11 a.m. and will be served on the church deck. Proceeds go to support caring for the hungry and homeless in Fairfax County and repairing homes in the Appalachian region of North Carolina. The Youth's mission trip to Western North Carolina will depart in July and your support for their mission will be appreciated. St Georges UMC, 4910 Ox Road, Fairfax, VA 22039, 703-385-4550, www.stgumc.org.

Area Farmers Markets

Wednesday -- Wakefield: May 4 - Oct. 26, 2 p.m. - 6 p.m.; Wakefield Park, 8100 Braddock Road

Thursday -- Annandale: May 5-Nov. 10, 8 a.m. - Noon; Mason District Park, 6621 Columbia Pike

Friday -- Kingstowne: May 6 - Oct. 28, 4 p.m. - 7 p.m.; In the Giant parking lot, 5935 Kingstowne Towne Center

Saturday -- Burke: May 7 - Dec. 17, 8 a.m. - Noon; VRE parking Lot, 5671 Roberts Parkway

For more information, call 703-642-0128; or go to www.fairfaxcounty.gov/parks/farmersmarkets.

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OPINION

Breaking the Cycle of Crime with Treatment Instead of Jail

Fairfax County Budget Invests \$3.89 Million in "Diversion First"

BY SHARON BULOVA
CHAIRMAN, FAIRFAX COUNTY BOARD OF SUPERVISORS

One in five adults in the U.S. experience mental illness, and more than half did not receive treatment within the past year. Across the country, more people with mental illness are in jail than in psychiatric hospitals, with 2 million people with mental illness brought to jail every year. The criminalization of mental illness is a social, health and justice issue that Fairfax County has tackled head-on in this year's FY2017 Adopted Budget.

Diversion First, a new Fairfax County initiative, aims to reduce the number of people with mental illness in our jail. When people with mental illness have a non-violent or low-level encounter with the law, police officers can take them to the Fairfax-Falls Church Community Services Board's (CSB) Merrifield Crisis Response Center for treatment rather than jail. During this January alone, 265 mental health investigations were conducted by Fairfax County police officers in the field, and 40 percent of those investigations involved the CSB Merrifield Crisis Response Center.

Fully implementing Diversion First was a recommendation of Fairfax County's Ad Hoc Police Practices Review Commission. In the county's FY2017 Budget, officially adopted on April 26, 2016, the Board of Supervisors invested \$7.5 million to implement many of these recommendations, including \$3.89 million and a number of new staff positions for Diversion First.

Diversion First is a priority for the Board of Supervisors because the benefits of diverting people to treatment are enormous. First, people can recover from a mental health episode or become stabilized if they receive treatment. If brought to jail, chances of recovery are less likely and reentry back into the community adds even more challenges. With a record of jail time, applying for jobs and housing becomes extremely difficult, if not impossible. Guiding people to treatment instead of incarceration helps prevent a cycle of crime before it even starts, giving residents a better shot at managing and living successfully with mental illness, which benefits the entire community.

Diversion First not only saves lives, it also saves money. It is extremely expensive to the taxpayer to house people in jail who could be better served elsewhere. On average, people with mental illness remain incarcerated four to eight times longer than those without mental illness for the same charge and can cost up to seven times more. In Fairfax County, it costs an average of \$66,000 per year to hold one inmate in jail. Compare that to about \$8,000 for one year of the most intensive CSB care for

an individual, which does not include housing. A jail diversion program in Bexar County, Texas (Fairfax County's model for Diversion First) saved taxpayers \$50 million in the past five years. We are aiming for a similar outcome here in Fairfax County that promotes a safer, healthier and less expensive way of helping people with mental illness.

As part of Diversion First, Fairfax County police officers and deputy sheriffs are receiving 40 hours of state-certified Crisis Intervention Team (CIT) training to learn about the challenges of living with a mental illness and how to de-escalate crisis situations, both in the community and in the jail. CIT training is also aimed at changing the way law enforcement and the judicial system interact with people who have substance use disorders or intellectual and developmental disabilities.

After completing the training, CIT officers and deputies are better equipped to identify individuals who are experiencing an episode related to mental illness. They can make an informed decision to take persons to the Merrifield Crisis Response Center for assessment rather than arresting them and bringing them to the Adult Detention Center. Or, CIT officers may be able to de-escalate the crisis and resolve the situation on the spot.

If you call 9-1-1 for a mental health crisis or emergency, you can request a CIT-trained officer to respond. In a crisis that is not life threatening or when involving law enforcement is not necessary, you can call CSB Emergency Services 24/7 at 703-573-5679.

Goal: Involving Public in Police Use of Force Review

BY JOHN C. COOK
SUPERVISOR (R-BRADDOCK DISTRICT)

With the Fairfax County Board of Supervisors May 10 Public Safety Committee meeting just a few days away, it is important to remember what has been discussed so far, what is on the agenda for May 10, and what will be done in the future. As the Chair of the Committee, my goal will be to include the public as much as possible in what is very much a community process.

The Public Safety Committee met on Feb. 9 to begin the review of the recommendations of the Ad Hoc Police Practices Review Commission — particularly police use of force practices. Chief Roessler of the Fairfax County Police Department (FCPD) noted that the Department participates in use of



COMMENTARY

force review through the Police Executive Research Forum (PERF) and is pursuing national accreditation through the Commission on Accreditation for

Law Enforcement Agencies (CALEA).

Reforming police practices through the Public Safety Committee has been more than mere discussion; we have directly revised the Criminal Justice Academy training to focus on the sanctity of life and have altered the methods of recruit training, crisis intervention team (CIT) training, and training for supervisors. We have certified 20 lead trainers on de-escalation and critical decision-making models, and have re-

cruited a civilian director of the Public Affairs Bureau. All of these reforms are actions taken to improve both FCPD's response to crime and public safety practices as a whole.

At the May 10 committee meeting, we will continue working through the recommendations from the Ad Hoc Commission. We will focus on national trends in police use of force and the recommendations made to Fairfax County from PERF. We will also talk about the recommendations of the Ad Hoc Commission Use of Force Subcommittee, and will hear from the Chief, who will present the current and proposed revisions to the use of force policy.

The Committee will also hear about the recommendations of the Communications Subcommittee from former Chief Public Information Officer Merni Fitzgerald. Commonwealth's Attorney Morrogh will present prosecutor's views on the release of informa-

tion during use of force investigations, and Detective Sean Corcoran, speaking on behalf of the Fairfax Coalition of Police Local 5000, will share the views of officers on the release of names and information following a police incident. A representative from PERF will attend to discuss national trends in communications regarding use of force events. At the following meeting in July, we will be looking at the recommendations of the Oversight Committee, which includes a civilian oversight board.

Reforming our county's police practices has and will continue to be an open and transparent process. The Police Practices Review Commission, as well as the Public Safety Committee, will be performing significant work in the months ahead as we work with the FCPD, community members, and other, instrumental partners to ensure we have a police force in Fairfax County that is second to none.

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MOTHER'S DAY PHOTO GALLERY

Fairfax Board of Supervisor Chairman Sharon Bulova with daughter Karin in 1976.



Jennifer Maloney of Fairfax, with her sons Stephen and Brian and her new daughter-in-law Gladys, at Brian and Gladys' wedding in Cameroon in February.



FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Jubilee Christian Center of Fairfax is restarting its "Living Free" support groups for the Spring on Wednesdays, starting on Mar. 30, 7:15 p.m. The support groups are free, and will cover "Stepping into Freedom," "Concerned Persons Group" (for family and friends of addicts), "Understanding and Overcoming Depression," "The Image of God in You," and "Handling Loss and Grief." There will also be support groups meeting on Sundays, 10:10 a.m. 4650 Shirley Gate Road, Fairfax. For information or to register, call 703)-383-1170, email livingfree@jccag.org or see www.jccag.org.

Lord of Life Lutheran offers services at two locations, in Fairfax at 5114 Twinbrook Road and in Clifton at 13421 Twin Lakes Drive. Services in Fairfax are held on Saturdays at 5:30 p.m. and Sundays at 8:30 and 10 a.m. Services in Clifton are held on Sundays at 8:15 and 10:30 a.m. 703-323-9500 or www.Lordoflifeva.org.

First Baptist Church of Springfield offers Sunday school at 9:15 a.m., followed by a 10:30 a.m. worship service at 7300 Gary St., Springfield. 703-451-1500 or www.fbcspRINGfield.org.

Clifton Presbyterian Church, 12748 Richards Lane, Clifton, offers Sunday worship services at 8:30 a.m. and 11 a.m. Nursery care is provided. Christian education for all ages is at 9:45 a.m. 703-830-3175.

SCHOOL NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Kayla Zellmer of Fairfax has been named to the dean's List for the fall 2015 semester at St. Mary's College in Indiana.

John Hollinger, of Fairfax, was awarded dean's list at Canisius College in Buffalo, N.Y.

Hannah Emily Sandler, of Fairfax Station, has been named to the president's list at James Madison University for the fall 2015 semester. Students who earn president's list

honors must carry at least 12 graded credit hours and earn a GPA of 3.900 or above. Sandler is scheduled to graduate in 2019 and is majoring in health services administration.

Hannah Emily Sandler, of Fairfax Station, has been named to the president's list at James Madison University for the fall 2015 semester. Students who earn president's list honors must carry at least 12 graded credit hours and earn a GPA of 3.900 or above. Sandler is scheduled to graduate in 2019 and is majoring in health services administration.

Caroline Dickson, of Fairfax, has been named to the dean's list at the University of Maine for the fall 2015 semester.



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WELLBEING

Working to End the Longest Day

Event to raise awareness and funds for research programs of Alzheimer's Association.

By MARILYN CAMPBELL
THE CONNECTION

Emily Rusch says her mother died a slow and heartbreaking death from Alzheimer's Disease. The experience felt continuous and excruciating.

"Caring for someone with Alzheimer's is really like one never-ending day," said Rusch, office manager for Strength & Performance Training, Inc. (SAPT) in Fairfax.

This June, she and her team of SAPT colleagues will join with teams of people around the world to participate in The Longest Day, a sunrise-to-sunset challenge to raise awareness and funds for research programs of the Alzheimer's Association. The name of the event honors the strength, passion and

endurance of those facing Alzheimer's.

Held annually on the summer solstice, The Longest Day symbolizes the challenging journey of those living with the disease and their caregivers. Teams are encouraged to create their own experience as they fundraise and participate in an activity they love to honor someone facing the disease.

SAPT will hold a fundraising event on June 18 by offering free workouts and classes for 16 continuous hours. "We're open for all of the daylight hours on the 18th, and in return, we're asking for donations that will go to support the Alzheimer's Association's mission," said Rusch.

The SAPT team is also taking donations in advance and has raised nearly \$1,000 of their \$5,000 goal. Rusch hopes to do her



PHOTO COURTESY OF ALZHEIMER'S ASSOCIATION.

Teams work to raise money for the Alzheimer's Association during the annual Longest Day event.

part to halt the disease's cycle which she has experienced firsthand.

"My daughters were 8 and 11 when my mother died. They never really knew because she was in the advanced stages of Alzheimer's," she said. "When I was a child, my grandmother had Alzheimer's so I

never knew her either. I'm doing the Longest Day because research is important to finding a cure or viable treatment."

Yen DeAnda of Alexandria, whose father has Alzheimer's, is participating in The Longest Day and is the captain of Springfield's Team Bridge Heroes United. The



PHOTO COURTESY OF EMILY RUSCH

Emily Rusch and her SAPT team will join with teams around the world to raise money for the Alzheimer's Association.

"Caring for someone with Alzheimer's is really like one never-ending day."

— Emily Rusch

team, which is based out of a retirement community in Springfield, is intergenerational. There are high school students who play alongside

seniors.

This June will be their fourth year participating in the event. In the last three years, the team has raised more than \$58,000 for the Alzheimer's Association. In 2013, the team's first year, they finished in the top 20 teams in the nation. In 2014 and 2015, they finished in the Top 10.

"The [seniors] need exposure to different people to stay engaged and alert. The kids light up the room when they are there," said

The Longest Day: June 20

To learn more and to start or join a team, visit alz.org/thelongestday or call 800-272-3900.

SAPT Strength
http://act.alz.org/site/TR?team_id=325449&fr_id=8480&pg=team
Bridge Heroes United
<https://www.facebook.com/BridgeHeroesUnited/>

DeAnda. "Some kids have brought their grandparents to play."

The bridge club helps seniors in two ways. Club members raise money for Alzheimer's research by playing the game, and the game itself is an activity that keeps seniors engaged.

"You're forced to interact with other people and that helps you keep your sanity," said DeAnda. "Social connection is huge."

While June 20 is the official date for The Longest Day event, the Alzheimer's Association encourages activities and fundraising around this date.

Cindy Schelhorn of the Alzheimer's Association says that teams across the nation develop creative ways to raise money. "We've seen ... Rocking Chair Marathon ... writing letters to loved ones, yard sales [and] yoga."

For information, visit alz.org/thelongestday or call 800-272-3900.

CAREGIVING AND HEALTH SEMINARS

Fairfax County is offering the following Free Seminars for Family Caregivers of Older Adults:

Legal Tools for Caregivers – **WEBINAR, Wednesday, May 4, Noon-1 p.m.** Learn about legal tools that can help you ensure your loved one's wishes are carried out. Topics include durable power of attorney, trusts, guardianship, and advanced medical directives. Find out more at www-fairfaxcounty.gov-olderadults and click on Register Now: Spring 2016 Caregiver Seminars.

Understanding and Caring for a Person with Dementia, **Thursday, May 5, 7-8:30 p.m.** This class will discuss the different types of dementia, common behaviors, the reasons for troubling behaviors, communication techniques, and services available for caregivers. Herndon Harbor Adult Day Health Care Center, 875 Grace St., Herndon. Find out more at www-fairfaxcounty.gov-olderadults and click on Register Now: Spring 2016 Caregiver Seminars.

Is it Normal Aging or Dementia – **WEBINAR, Wednesday, May 11, Noon-1 p.m.** Learn what signs and symptoms are normal in the aging process, and which may indicate dementia. Find out more at www-fairfaxcounty.gov-olderadults and click on Register Now: Spring 2016 Caregiver Seminars.

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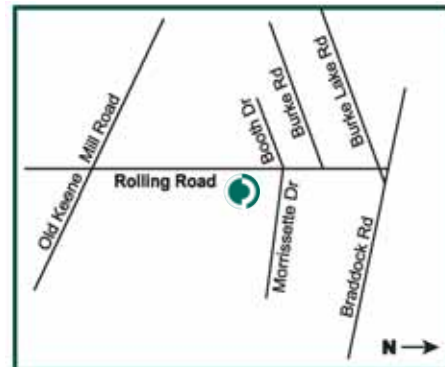
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ENTERTAINMENT



PHOTO COURTESY OF THE ARTIST

Martha Graham Dance Company

'Great Performances' Continue at Mason

Center for the Arts announces next season's 'Great Performances.'

BY DAVID SIEGEL
THE CONNECTION

Once again, George Mason University Center for the Arts will dazzle audiences with a wide array of celebrated artists from around the world with its upcoming 2016-17 "Great Performances" series.

"I am excited about the 2016-17 season, because I believe it falls right in line with our mission to provide the best in the performing arts to the Northern Virginia community, and at the same time provide the students studying the arts with professional examples to emulate," said Thomas Reynolds, director of Artistic Programming, Marketing and Audience Services for the College of Visual and Performing Arts (CVPA) at Mason.

With well over three dozen performances, the new "Great Performances" season runs from September 2016 through May 2017. Some highlights include the legendary Martha Graham Dance Company, eye-popping acrobatics of "The 7 Fingers of the Hand," the Taj Express with its luxurious "Bollywood Musical Revue" and the renowned National Symphony Orchestra of Ukraine among many others.

Returning to the Center for the Arts will be the Virginia Opera bringing a series of opera masterpieces such as "Turandot" to their Northern Virginia home as well as Jeffrey Siegel's "Keyboard Conversations." The Holiday performances will include the Vienna Boys



PHOTO COURTESY OF THE ARTISTS

"The Midtown Men"

Where and When

"Great Performances at Mason," George Mason University, Center for the Arts, 4400 University Drive, Fairfax. Subscriptions are available now; single tickets go on sale on Monday, Aug. 1, 2016. For information and subscription tickets call 703-993-2787 or visit www.cfa.gmu.edu.

Choir and A Canadian Brass Christmas and others. Engrossing theater performances will again be in abundance with offerings such as "Judgement at Nuremberg" from L.A. Theater Work.



PHOTO COURTESY OF THE ARTIST

Taj Express "Bollywood Musical Revue"



PHOTO COURTESY OF THE ARTIST

Virginia Opera "Turandot"

"We have a diverse group of professional singers, dancers, actors and instrumentalists who not only come to the Center to perform extraordinary concerts, but to spend time with Mason students as well as students in the schools in Northern Virginia to engage their minds and hearts in the creation of art," added Reynolds.

The annual "Arts by George!" Gala will bring "The Midtown Men" on Sept. 24. The group is composed of stars from the original cast of Broadway's "Jersey Boys." This year's "Arts by George!" was an opportunity "to do something different while maintaining the spirit of what has become one of the arts events in Northern Virginia," said Reynolds. "The Midtown Men" will perform favorites from the 1960s and not just of "The Four Seasons."

Finally, the "Arts by George" event also showcases the artistic work of George Mason University/CVPA students and is a fundraiser for student scholarships. Over \$1.3 million for scholarships have been raised over the years, indicated Rick Davis, Dean, CVPA.

So, get ready, the new season is ready for audiences.

CALENDAR

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

ONGOING

"Manifesto." May 21-June 18. Open Tuesday from 6-9 p.m. or by appointment. Olly Olly Art Space, 2nd Floor, 10417 Main St., Fairfax. Exhibition of five collections of art by the artists of Northern Virginia's Bunnymen Bridge Collective. "Manifesto" will feature creative experimental art of the hidden away; including sculpture, installation, painting, collage, photography, video and performance. ollyollyart.com. 703-789-6144.

"Disembodied." 5 p.m.-midnight. April 16-June 11. Epicure Cafe, 11104 Lee Highway, Fairfax. Epicure's spring exhibit invites artists to explore the concept of disembodiment. epicurecafe.org/.

"After the Holocaust." April 5-May 19. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Exhibit. 703-323-0880. jccnv.org.

Adventures in Learning. Mondays. 8:30 a.m.-2:45 p.m. April 4-May 9. Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. Starts with exercise, followed by speakers. Afternoon of break-out activities. Bring a brown bag lunch. \$30. Register at 703-426-2824 or scfbva.org.

Carolina Shag. Wednesdays. 6:30-10 p.m. Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m. No partners needed. Dinner menu. \$8. Under 21 free. nvshag.org.

Cafe Ivrit (Hebrew Cafe). Wednesdays. 8:15-9:15 a.m. Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. Shalom (Hello)! Did you always want to converse in Hebrew? Join Na'ama each week for conversational Hebrew. You will learn and practice Hebrew in a fun and interactive way while learning more about Israel! Free (we ask that you try to attend regularly). RSVP Naama.Gold@jccnv.org.

Smoke Free Bingo (with breaks for smoking friends). 7 p.m. Every Friday. Fairfax Volunteer Fire Department, 4081 University Drive, Fairfax. Free coffee, entertaining callers, \$1,000 jackpot. www.fairfaxvd.com. 703-273-3638.

After the Holocaust. April 5-May 19. The Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The Bodzin Art Gallery presents an art exhibit observing the 70th anniversary of the conclusion of the Nuremberg Trials. Watercolors by Alexandra Rozenman, a political refugee from Moscow, and sculptures by Paula Stern. Free. www.jccnv.org. 703-537-3000.

Celebrating our Children's Creativity. May 19-June 20. The Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax. The J's Early Childhood Learning Center presents "A Reggio Exhibit," which showcases the philosophy of teaching art under the guidance of Sarah Vejvoda. Free. www.jccnv.org. 703-537-3000.

Spotlight on the Arts Festival. April 15-May 9. Various locations. Celebrates three decades of arts in the City of Fairfax. fairfaxspotlight.org.

"Who's Afraid of Virginia Woolf?" April 22-May 8. Old Town Hall, 3999 University Drive, Fairfax. Edward Albee's "Who's Afraid of Virginia Woolf?" won the 1963 Tony Award for Best Play and is considered one of the masterworks of American drama, with its dazzling language and unforgettable characters.. fairfaxcitytheatre.org.

Skating Equipment Collection. Mondays, 7-9 p.m. Through May 9. Fairfax Ice Arena, 3779 Pickett Road, Fairfax. Gently used skating equipment needed for Kids on Ice. For information, contact dondes@cox.net.

THURSDAY/MAY 5

Historic Maps and Aerials. 7-8 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Historical maps and aerial photographs can be informative as well as beautiful. Learn how to find and interpret them for a wealth of historical clues. Presented by Jon Vrana. Free. slawski_brian@yahoo.com.

National Day of Prayer Event. Noon-1 p.m. Fairfax County Government Center, 12000 Fairfax Government Center Parkway, Fairfax. Pray for America and its leaders. 703-383-1170.

SEE CALENDAR, PAGE 11

WWW.CONNECTIONNEWSPAPERS.COM

CALENDAR

FROM PAGE 10

jccag.org.

FRIDAY/MAY 6

Maranatha Singers. 7:30 p.m. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke. Evening of music. The theme of the concert will be "Songs of Spring." Refreshments will be served after the concert in the Welcome Center. <http://www.ststephensfairfax.org/>.

FRIDAY-SATURDAY/MAY 6-7

"Into the Woods." 7 p.m. Russell Theater, Robinson Secondary School, 5035 Sideburn Road, Fairfax. Everyone's favorite storybook characters together for a timeless yet relevant piece and rare modern classic. [robinsondrama.org](http://www.robinsondrama.org).

SATURDAY/MAY 7

A Special Mother's Storytime. 11 a.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. In celebration of Mother's Day, read about becoming an expert grandma sitter in *How to Babysit a Grandma* followed by Mom School. 703-278-8527.

Author Event. 11 a.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. Sherry Harris's latest title "All Murders Final" is sure to please fans of her mysteries! Help celebrate this latest release by joining us for an author appearance and signing. Light refreshments will be served. 703-278-8527.

Barbecue and Carwash. Carwash, 9 a.m. Barbecue, 11 a.m. St. George's UMC, 4910 Ox Road, Fairfax. Proceeds goes to support caring for the hungry and homeless in Fairfax

County and repairing homes in the Appalachian region of North Carolina. The Youth's mission trip to Western North Carolina will depart in July and we appreciate your support for their mission. stgumc.org. 703-385-4550.

Forgotten Fairfax: Fairfax County's Nike Missile Sites. 11 a.m.-12:30 p.m. Fairfax City Regional Library, 10360 North St., Fairfax. Three Nike Missile sites were located right here in Fairfax County. For more information, <http://bit.ly/1Nlix06> or (703) 293-6227 x6.

THURSDAY/MAY 12

Spring Into Health Fair. 9 a.m.-1 p.m.. JCCNV, 8900 Little River Turnpike, Fairfax. Dr. Majid Fotuhi, speaker. Wellness vendors, free mini group fitness classes, free personal training assessments and screenings, raffle prizes, giveaways, healthy snacks, and more. \$8-\$15. For registration information, call 703-323-0880.

THURSDAY-SATURDAY/MAY 12-14

"Into the Woods." 7 p.m. with a 2 p.m. matinee on May 14. Russell Theater, Robinson Secondary School, 5035 Sideburn Road, Fairfax. Everyone's favorite storybook characters together for a timeless yet relevant piece and rare modern classic. The 2 p.m. May 14 show is recommended for children. Only Act 1 will be shown on May 14 but there will be a Fairy Tale Festival after. [robinsondrama.org](http://www.robinsondrama.org).

FRIDAY/MAY 13

Fairfax Fashion Show. 7:30 p.m. Sherwood Center, 3740 Old Lee

Highway, Fairfax. Juniors and seniors of FCPS who are in the Fashion Careers class in the Fairfax Academy for Communications and the Arts present their student designed/produced fashion show. \$15. fashioninmotion.ticketleap.com/2016.

SATURDAY/MAY 14

Art League Reception. 7-9 p.m. Fairfax Art League Village Gallery, 3950 University Drive, Fairfax. The Fairfax Art League's spring show. 703-385-5658.

Italian Heritage Lodge. 6:30-9 p.m. Knights of Columbus Hall, 3700 Old Lee Highway, Fairfax. fun filled group that meets monthly and participate in entertaining evenings and events. Call 703-818-7656 for additional details.

SUNDAY/MAY 15

Music for Kids and Families with Chip Richter. 4-5 p.m. St. Andrew's Episcopal Church, 6509 Sydenstricker Road, Burke. Join us for a fun, interactive family concert geared for children preschool to 5th grade. Free. 703-455-8458.

Ballet Arts Ensemble of Fairfax Bookfair. 1-5 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. An afternoon event for the whole family – performances, demonstrations and activities. 703-278-8527.

5K Run. 10 a.m.-noon. Meadowood Special Recreational Area, 10702 Harley Road, Lorton. This 5K Run is to raise funds to support the riders with disabilities at Simple Changes a non-profit therapeutic riding center. \$25. simplechanges.org. 703-402-3613.



PHOTO CONTRIBUTED

"Diaspora" by Fairfax Station artist Lynn Goldstein will be on Display at the Jewish Community Center of Northern Virginia's "After the Holocaust" exhibit from April 5 to May 19.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

MAY

Mother's Day is May 8
5/18/2016..A+ Camps & Schools, Proms, Summer Planning
Memorial Day is May 30

JUNE

6/1/2016.....Wellbeing
6/8/2016.....Father's Day Dining & Gifts
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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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SPORTS

South County shortstop Jade Williams went 1-for-3 with a double against Northern on April 30.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

South County Softball Falls to Northern

Battle-tested Stallions to face Lake Braddock Friday.

BY JON ROETMAN
THE CONNECTION

The South County softball team managed just three hits during a 4-0 loss on April 30 to Northern, a powerhouse program from Owings, Md., that has won the last eight 3A MPSSAA state championships.

Stallions head coach Gary Dillow wasn't angry about the result and he didn't voice displeasure with the team's performance. Instead, he spoke about Saturday's contest with a big-picture perspective.

"I don't think we played that bad," Dillow said. "They're a phenomenal team, top to bottom. We didn't hit well, but give the credit to their pitcher (Kaylee Cross): she kept us off balance and moved the ball around."

"... Hopefully it makes us better. We've got [Lake] Braddock for the second time [on May 6] and playoffs coming up in two weeks, so that's really what we're trying to do: play the best competition we can to hopefully get better for the postseason."

Saturday's loss dropped the Stallions' record to 13-4 and snapped a four-game win streak. South County is a winning a program — Dillow noted "we don't lose a lot of games" — but even when the Stallions were at their best, they had to overcome some bumps in the road.

During South County's state championship season of 2014, the Stallions lost twice to Lake Braddock, including a 1-0 defeat in the Conference 7 championship game. South County responded by beating the Bruins in the region title game before going on to claim the top prize and finish the season with a 26-3 record.

Lake Braddock has gotten the best of South County the last two seasons, beating the Stallions in all four of their matchups by a combined total of 12-1. South County's next shot at the Bruins is at 6:30 p.m. on Friday, May 6 in Lorton.

"For whatever reason, Braddock has had our num-



South County pitcher Aubrey Bates struck out 11 during the Stallions' 4-0 loss to Northern on April 30.

ber the last two years and we've just got to figure out how to get by that hump," Dillow said. "They're good and I think we're right there with them, we've just got to show that on the field when we play."

Senior shortstop Jade Williams, one of four four-year varsity players on this year's South County team, said facing tough teams like Northern can help the Stallions in the future. After all, she was a key contributor as a sophomore when South County won the 2014 state title after losing twice to Lake Braddock.

"Everyone thinks it's all about being undefeated, but I think learning a few things along the way [is good]," Williams said. "Obviously, states [in 2014] is the perfect example. That year, we learned from our losses and we got better, so I think [Saturday's loss] will make us better."

Williams, who will play softball at Kent State, went 1-for-3 against Northern with a double.

"I learned a lot from [facing Northern]," Williams said. "I think it was motivating for us to get to that level."

South County third baseman Mollie Maglich, outfielder Carley Kastner and pitcher Aubrey Bates have also been on the varsity for four years.

Maglich and senior first baseman Zoe Corigliano each had a single against Northern.

Bates suffered the loss in the circle. She allowed four runs on nine hits while walking three, hitting one batter and striking out 11 in seven innings.

The Conference 7 tournament begins Monday, May 16.

BURKE CONNECTION SPORTS EDITOR JON ROETMAN
703-752-4031 OR JROETMAN@CONNECTIONNEWSPAPERS.COM



VIDEO SCREENSHOT BY JON ROETMAN/THE CONNECTION

Woodson's Sean Garin, right, defends against T.C. Williams' Kevin Nunez.

TC's Sosa, Weather Stop Woodson Boys' Soccer

Cavaliers fall short in battle for second place in Conference 7.

BY JON ROETMAN
THE CONNECTION

A second-half goal by Jose Bonilla Sosa and a persistent thunderstorm helped the T.C. Williams boys' soccer team secure second place in Conference 7 and left the Woodson Cavaliers wondering what could have been.

Bonilla Sosa's header in the 45th minute — his second goal of the match — gave T.C. Williams the lead and the Titans held on for a 2-1 victory in a weather-shortened contest in Alexandria.

Inclement weather forced teams off the field in the 64th minute with TC leading 2-1. Thirty minutes must pass after the last sign of thunder or lightning before play can resume. About an hour passed before the match was called and the result became official. Darkness was also a factor as T.C. Williams does not have lights on its field.

The win improved T.C. Williams' record to 11-1 overall and 5-1 in the conference, and the Titans secured the No. 2 seed in the conference tournament. TC's lone loss this season came against No. 1 seed and defending conference champion West Potomac.

Woodson fell to 5-7 overall and 4-3 in the conference.

"They were taking it to TC," Woodson head coach Andrew Peck said about the Cavaliers' performance. "[TC] killed everybody else but West Potomac and then we come out here and they're 1-1 for 60 percent of the

match and then it gets called. ... This is something to build on."

Bonilla Sosa's first goal gave the Titans a 1-0 lead in the 15th minute. Woodson junior Sam Reeves netted the equalizer in the 35th minute.

"We kind of shot ourselves in the foot, came out flat in the first half," TC head coach Peter Abed said. "It's kind of been a little theme of ours we've got to correct. You can't always just out-play teams, you've got to out-work teams and [in] the West Po game and this game, I don't think that happened, and Woodson took advantage. They're a good team, they organize, they play hard and they came at us hard."

Not all of the Titans had an issue with working hard.

"Luckily Jose came to play today," Abed said. "He was playing for the full time."

What makes Bonilla Sosa a dangerous player?

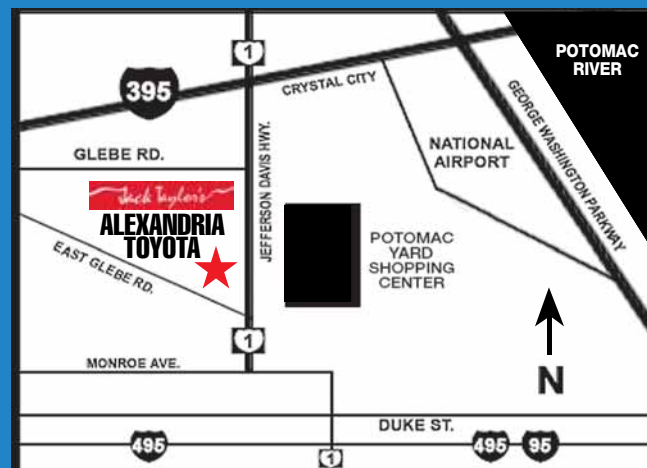
"I think one of his best attributes is his work rate," Abed said. "He's able to get up and down the field at a phenomenal rate. He's all over the place. Today, he really came energized and ready to go. ... He just has ... impeccable timing of when to arrive on the far post for balls coming across, corner kicks, things like that. He just knows exactly when to get there ..."

T.C. Williams faced West Springfield on Wednesday, after The Connection's deadline. The Titans will host McLean at 4:30 p.m. on Friday, May 6.

Woodson will host Westfield at 7 p.m. on Friday, May 6.

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TOYOTA GENUINE SERVICE
BRAKE SPECIAL \$99⁹⁵

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

MACHINE ROTORS
AN ADDITIONAL \$199.95.

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TOYOTA GENUINE SERVICE
LATE SPRING MAINTENANCE SPECIAL \$59⁹⁵

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil, inspect windshield wipers, tire rotation, check tire condition, check battery (with pre-out), inspect and adjust all fluid levels, inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters.

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Synthetic \$10 More
INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

28 Yard Sales

Comm wide yard sale, S'ld Orange Hunt Est., 22152/3 Sat 5/7, 8am www.oheca.net

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Commission to seller agent.

21 Announcements

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BULLETIN BOARD

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/MAY 7

Spring Cleaning/Shredding Event. 9 a.m.-1 p.m. Re/Max 100, 5501 Backlick Road, Springfield. Clear out your closets, make room in the garage, shred old paperwork. Free. 703-642-3380.

THURSDAY/MAY 12

Understanding VA Benefits. 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Learn to navigate the VA's system of paperwork and phone calls to get the services you need. Free. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

WEDNESDAY/MAY 18

Northern Virginia Transportation Commission Open House/Public Hearing. Open House, 4:30 p.m. Public Hearing, 6 p.m. Reston Station, 1904 Reston Metro Plaza, Reston. On the multimodal components submitted for FY 2017 funding consideration as part of the Transform 66 Inside the Beltway Program. The public comment period is also being extended through close of business on May 23, 2016. novatraansit.org.
Picking a Provider. 1 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. You're worried about memory loss but what do all of the specialists do? Learn more about the roles of primary care physicians, neurologists, and neuropsychologists. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

SUNDAY/MAY 22

DDVA Dyslexia Simulation. 4-5:30 p.m. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke. Dyslexia simulation created by the Dyslexia Training Institute. Free. Register at <https://www.eventbrite.com/e/ddva-dyslexia-simulation-tickets-24787012622>.

TUESDAY/JUNE 21

NVTA Workshop. 7-9 p.m. Providence District Office, 3001 Vaden Drive, Fairfax. In-person meetings are designed to capture feedback from a broad range of participants. Register at <https://www.eventbrite.com/>. Type Northern Virginia Transportation Authority to search for the public workshops.

ONGOING

Burke Rotary Club Meeting. Tuesdays from 7:15-8:30 a.m. Anita's Restaurant, 9278 Old Keene Mill Road, Burke. Meetings with breakfast and program. www.burkerotary.org.

Burke Lake Seniors Golf League seeks members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all-around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season - April 1 through October 31 - are \$20 plus green fees. For more information, call Charlie Ryan 703-690-4227.

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

Fairfax County needs volunteers to **drive older adults** to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/dfs/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

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WE ARE CURRENTLY HIRING

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Aldie, VA 22301

\$465,000

3-BR, 3-BA, 2-Car Garage, End TH. Open layout with FP, main lvl BR, granite, SS appliances & loads of counter/cabinet space. Hardwood floors, crown molding and recessed lighting throughout. Fenced backyard w/patio. 1 mile to new INOVA hospital. Home shows like new...pristine and 2 years young!



Kathy O'Donnell

703-338-7696

Kathy.odonnell@LNF.com



Fairfax \$799,000

Beautiful 4 bed, 3.5 bath home on 1 acre w/ large family room leading to gourmet kitchen w/ SS appliances and granite counters. Sliding doors lead to large patio that surrounds the pool and leads to the outdoor bar, great for entertaining.



Catie, Steve & Associates

Direct: 703-278-9313

Cell: 703-362-2591

Life Members, NVAR Top Producers
Multi-Million Dollar Sales Club



Fairfax Station \$614,900

Like a Storybook. Many happy endings await you in this enhanced residence sitting pretty on a

beautiful 1 1/2 acre lot. Enjoy its 4 large bedrooms, 2 fireplaces, fresh paint, gleaming hardwood floors, huge kitchen with granite counters & stainless appliances. A fantastic Rec Room with wood stove. Large Deck overlooking your enormous back yard! Terrific garage & loads of parking space come too. Be happy. Buy it today!

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