

Fairfax Station CONNECTION Clifton & Lorton

The visitation and funeral for Fairfax County firefighter-paramedic Nicole Mittendorff was held Thursday April 28 at McLean Bible Church.

Fire Chief Moves To Address Cyberbullying

NEWS, PAGE 3

WELLBEING

PAGE 8

Clifton Home Tour To Benefit Local Charities

NEWS, PAGE 4

Mother's Day Photo Gallery

NEWS, PAGE 11

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PHOTO BY TIM PETERSON/THE CONNECTION

Fire engines parked outside the McLean Bible Church pay tribute to firefighter-paramedic Nicole Mittendorff, 31, who Virginia State Police believe died of suicide in Shenandoah National Park.

Fire Chief Moves to Address Department Cyberbullying

Announcement on heels of funeral for Nicole Mittendorff.

BY TIM PETERSON
THE CONNECTION

After the suicide of Fairfax County firefighter-paramedic Nicole Mittendorff and suspected cyberbullying of the 31-year-old that came to light after her death, Fairfax County Fire & Rescue is cracking down on workplace harassment, bullying and discrimination.

Mittendorff, a member of Fire Station 32 in Fairfax Station, went missing April 13. An extensive search and investigation led by Virginia State Police resulted in her remains being found a week later on April 21, one mile from the Shenandoah National Park Whiteoak Canyon trail entrance parking lot where her car was found abandoned. Inside was a suicide note.

Virginia State police have released neither the content of the note nor the manner of Mittendorff's suicide.

A visitation and funeral service for Mittendorff was held April 28 at McLean Bible Church in Vienna and attended by hundreds of friends, family and first responders from Fairfax County, Virginia State Police and neighboring jurisdictions.

Sexist, derogatory posts about Mittendorff on the independent online message board Fairfax Underground surfaced after State Police announced they found female remains they "preliminarily identified" as the three-year Fairfax County veteran.

"Fairfax County Fire and Rescue main-

tains a 'zero tolerance' policy in regards to bullying and harassment of any kind," Fire Chief Richard Bowers said in an April 29 statement. "I will hold any county employee or volunteer accountable for these hostile Fairfax Underground postings, which could include termination."

The chief initially announced an investigation of the posts was underway to determine their sources, and whether they made by other Fairfax firefighters.

Along with Bowers' latest statement, the release said the preliminary investigation found "there was no departmental knowledge of any bullying or harassment regarding Firefighter-Paramedic Mittendorff prior to her disappearance."

Investigators were able to verify that the website had not been accessed or posted to by a Fairfax County computer, but have not yet concluded whether any of the posts were made by Fairfax County Fire & Rescue employees.

With the internal investigation continuing, Fairfax County Fire & Rescue announced the department will establish a task force to implement additional "zero tolerance" harassment training and look for any other discrimination or workplace bullying issues.

The task force will also draw from the IAFF Local 2068 firefighters union, Female Firefighters of Fairfax County and other employee groups.

Additionally, Bowers will bring about a department-wide suicide education and prevention training program.

Area Crime Reports

Police Ask Public for More Information in River Drive Homicide

While the investigation continues into the March 11, 2016 murder of Johan De Leede in the 6000 block of River Drive in the Mason Neck area, Fairfax County Police said Major Crimes Division detectives are still asking any individuals with additional information about the case to come forward.

This comes after officers established an increased neighborhood patrol presence that included the Police Department's helicopter and other assets, canvassed the neighborhood in April, and conducted a motorist checkpoint for drivers entering the Hallowing Point community.

"Detectives have collected a substantial amount of information through these efforts," a May 2 release said. But they're still hopeful to collect something new from the public. "Remember, the information you have, regardless of how trivial you feel it may be, could be the critical link in solving this case."

Contact information for the Major Crimes Division is 703-246-7800, Crime Solvers is 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus a message to CRIMES/274637. The police non-emergency number is 703-691-2131.

—TIM PETERSON

Fairfax Station Man Turns Self in for Soliciting Minor

On Thursday, April 28, around 9 p.m., a 23-year-old Fairfax Station resident turned himself in at the Fairfax County Adult Detention Center. A felony warrant was served for Use of Communications Systems to Facilitate certain Offenses involving Children (VA State Code 18.2-374.3).

The arrest resulted from an investigation which began on Wednesday, April 6, involving the man allegedly engaged in inappropriate conversation and the solicitation of sex from a 14-year-old girl. The girl was not harmed. The man is a former employee of the Mott Center, where he met the victim during after school activities.

Detectives would like to speak with anyone else who has information that may assist with this investigation or may have had similar encounters with the man.

Anyone with information about this incident is asked to contact Fairfax County Crime Solvers electronically by visiting fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus your message to CRIMES(274637)** or by calling 1-866-411-TIPS(8477), or call Fairfax County Police at 703-691-2131.

Law Enforcement Classes for Teens

The Fairfax County Police Department will host two week-long programs this summer for high school students. Both programs are free of charge. Applications are now being accepted and are due by May 13..

Teen Police Academy, July 18-23

Considering a career in law enforcement? The Teen Police Academy provides high school students with an opportunity to learn more about the Fairfax County Police Department, understand core police functions, explore careers in law enforcement, and participate in hands-on activities.

Classes will be held Monday through Friday July 18-22 from 9 a.m. – 4 p.m. and Saturday, July 23 from 9 a.m. – noon at Falls Church High School, 7521 Jaguar Trail, Falls Church. Participants are expected to attend all classes. Students must currently be enrolled in criminal justice classes, and entering 10th, 11th or 12th grade during the 2016 - 2017 school year.

Class size is limited to 25 students. All applicants will be notified of their status in late June. Students are expected to provide their own transportation and bring a bagged lunch.

For more information and an application form, please see

<http://www.fairfaxcounty.gov/police/>

services/teenpoliceacademy.htm

Future Women Leaders in Law Enforcement, August 1-6

Haven't decided on a career path? Come and explore careers in law enforcement for women. Learn first-hand about core police functions such as patrol, K9, and crime scene investigation. Meet today's women leaders in law enforcement in Fairfax County. Explore what it takes to become a police officer and skills you will learn in the police academy. Discover your potential to become a future woman leader in law enforcement.

Classes will be held Monday through Saturday August 1-6, 2016 from 9 a.m.–3 p.m. at the Fairfax County Public Schools Administration Building in Falls Church and the Fairfax County Criminal Justice Academy in Chantilly. Participants are expected to attend all classes. The program is open to all Northern Virginia high school girls who will be in 10th, 11th or 12th grade during the 2016-2017 school year.

Class size is limited to 40 students. All applicants will be notified of their status in late June. Students are expected to provide their own transportation and bring a bagged lunch. For more information and an application form, please see <http://www.fairfaxcounty.gov/police/services/062215fwlle.htm>.

Annual Home Tour To Benefit Local Charities

Clifton Community Woman's Club's event set for May 19.

The 44th Annual CCWC Homes Tour, Silent Auction & Book Signing, hosted by the Clifton Community Woman's Club, will be held Thursday, May 19. Tour hours are 9:30 a.m. - 4 p.m.

The Braun Home, Fairfax

When Richard and Jane Elizabeth Braun purchased this property in 2003, it came with a two-story log cabin which has stood here since the days of the founding fathers, and in fact was used by Lawrence Washington, George's half-brother. Now used as a guesthouse, it recalls that bygone era with antique furnishings, a stone fireplace, a simple Amish log bed tucked under the eaves, and a charming cottage garden outside.

The main house is a stately Georgian brick style. They redesigned their expansive country kitchen choosing finishes that glow with a worn and rustic patina. Hewn posts and beams reclaimed from old barns, Civil War-era brick, hammered copper sinks and terracotta floors all recall the property's historic past. Adding character and visual interest are four types of cabinetry: distressed cherry, reclaimed barnwood, golden painted beadboard, and knotty butternut with leaded glass doors. Countertops are variously distressed concrete, honed granite and polished granite.

The floors throughout the house are reclaimed random plank heart pine. In the soaring family room there is a massive stone fireplace (one of seven in the house). The Brauns collect art and antiques. There is a large carved antique Spanish chest, and a 17th-century carved icon from a church in Spain hanging above the fireplace.

The dining room is lit by a 200-year-old French

The silent auction and book signing with local authors is 9:30 a.m. - 5 p.m. the Clifton Presbyterian Church, with additional authors at Clifton's Acacia Masonic Lodge.

Proceeds from the tour and silent auction benefit local charities and scholarships



or the big game.

The second level bedrooms feature adjoining studies for each of their sons and a screened porch connecting the boys' bedrooms, and looking over the pool, tennis and basketball courts.

Jane Elizabeth Braun has designed a "Get Fit" class for her friends in her exercise studio on the top floor. There is a sitting area at one end, where she also meets with her Bible study friends.

The pool house invokes the Braun's sense of fun and friendship. They have an annual "Pirates and Mermaids" party, where their guests come decked out in full regalia. There is a pirate painting and lots of mermaid renditions in the poolhouse, and a mermaid fountain by the pool.

The Cabrera home (the historic Mathy House), Fairfax

This brick home of the president of George Mason University with pillars set atop a hundred rolling wooded acres was built by the Mathy family in 1964. The "Mathy House" won the architectural award for individual home construction the following year. It was designed to be occupied by Mrs. Mathy, her son John, her sister, and her niece. Mrs. Mathy was fond of European chandeliers and used them throughout. All four members of the household enjoyed cooking, so the kitchen was designed to allow them to work together with two sinks and ample prep space.

The property and many of its furnishings were sold to George Mason University in 1983, as a home for the university president. In subsequent years, the Mathys donated more land and buildings, enlarging the estate. The first president to live here was Dr. George Johnson and his wife Joanne. Since 2012, the current residents have been GMU President Dr. Angel Cabrera and his wife Dr. Elizabeth (Beth) Cabrera. They met while pursuing Ph.D.s at Georgia Tech, married, and spent years in academia, including a 10-year stint in Spain, Angel Cabrera's native country. Now, while he serves as president, she is a "Senior Scholar" at GMU's Center for the Advancement of Well-Being. She has just published her first book, "Beyond Happy: Women, Work and Well-Being," which has garnered the maximum five stars on Amazon.

Entering the foyer, one can note the staircase and the Mathy monogram over the door. There is a small bronze statue of George Mason which was created as a prototype to be carried from place to place to show to prospective donors during the fundraising drive to erect the life-sized statue in the center of the GMU campus. The only difference is that the sculptor corrected the girth — made George fatter — in the finished work. Traveling from room to room one can see the grand spaces

through the club's 501(c)(3) Charitable Trust.

Enjoy guided tours of four homes in Clifton and Fairfax, including the historic Mathy House, home of George Mason University's president.

for entertaining large parties. Thanks to the original owners' love of cooking, the kitchen is ample for catering such events. The Queen Anne banquet table in the dining room can seat 20, or be broken down so the Cabrerases can enjoy family dinners. The living room has Waterford chandeliers, lighted cabinet displaying a collection of Lalique crystal donated by the Mathys, Chinese Chippendale tall case clock, and Steinway grand piano. GMU is proud of the fact that they are an "All Steinway school," and this piano was purchased by the Mertens, predecessors to the Cabrerases, and donated to the Mathy House. Made from a rare west African timber, it is a classic Steinway Kewazinga Bubinga.

Parking: Drive up past the house and park in the lot behind.

The Giorgiani Home, Clifton

Beth Giorgiani is a lifetime quilter and collector of antiques and Americana. Every room in the brick Colonial that Bob and Beth Giorgiani built in 2000 will delight anyone who has enjoyed the "hunt" for treasures from the past. There are charming pie safes, washstand, baker's tables, dough boxes and bowls, iron kettles, antique chests, old animal troughs and tool boxes.

Apparently the lure of the hunt goes back a few generations. Bob Giorgiani's mother passed on needlepoint covered stools stuffed with horsehair, and an old dental cabinet which she purchased from the University of Pennsylvania dental school. There are a cross-stitches done by his great-great grandmother when she was a girl. Look for her picture in the family room by her work. Beth Giorgiani's grandmother's kitchen table and chairs are in the lower level, reminders of time spent with her. Beth Giorgiani has a knack for repurposing.

The antique tool boxes make perfect jewelry boxes, and the dental cabinet provides storage in the dining room.

Almost all of the quilts have been stitched by Beth Giorgiani. There are a couple of exceptions: one in the Sun Room which was done by their daughter when she was 10, and one in Beth Giorgiani's downstairs sewing room which is made up entirely of her many equestrian ribbons.

Beth Giorgiani took up horseback riding in her 30s and she has become an accomplished competitive rider.

She keeps a horse in Clifton. There are many different saddles in the downstairs rec room, English and Western, for different types of riding and different size horses. As a horse lover, Beth Giorgiani was sympathetic to a young woman who was trying to use her artistic talents to earn enough money to keep a horse. So Beth Giorgiani paid her to paint scenes on some of her furniture.

Six years ago the Giorgianis renovated their kitchen and built an addition to it. The result is a kitchen with hand-scraped floors, English cabinetry, a granite island with a hammered nickel sink in it and a farmhouse sink under the window looking out over their parklike backyard. On the walls are a hand-painted cardinal, turtle, and the almost hidden bluebird. Adjoining the kitchen is the new addition — a cozy sitting area where two wing chairs face a stone fireplace.

The Waldrop Home, Clifton

Taste and talent. A person of good taste will create a beautiful home, while a person of talent will create an interesting one. Amy and Jon Waldrop combine both in their home.

Tour tickets are \$25 in advance, \$30 the day of the tour, \$10 for one home. Free admission to Silent Auction and Book Signing.

For more information, visit www.cliftoncwc.org or call 703-609-3479.

Taste. Amy and Jon Waldrop customized their Balmoral home with fine architectural details which are evident in the foyer with its columns, wainscoting and staircase. Here the floors are Brazilian cherry with a chevron design banded by black walnut. Sunshine pours in through windows in the morning room and bright white kitchen with natural stone travertine floors, and into the soaring family room. Adjacent to the family room is Amy Waldrop's office, with a soft cream color on the walls, complemented by silk drapes and creweled silk upholstery, and a needlepoint rug. By contrast, Jon Waldrop's adjoining study is quintessentially masculine. Wine red walls serve as a backdrop to mementos of an Air Force flying career, and a second career with Lockheed Martin. The furniture throughout is scaled to the home,



with a handmade Chippendale-inspired walnut breakfront in the family room and the hand-planed walnut dining room table.

Talent. What enriches this home is Amy Waldrop's talent as a self-taught artist — painter, sculptor, photographer, interior designer, and landscape architect. Visitors will walk down a brick path to enter the house from the rear by design, so that visitors will enjoy the full impact of the yard and patio with flowering trees, pots, garden beds, roses and window boxes.

Amy Waldrop designed this space. Imagine the comfort of a summer's evening in front of the outdoor fireplace as the rich wood smoke mixes with the floral scented air. Inside the house, every room is made more enchanting by Amy Waldrop's artwork, often inspired by her travels, and by her photographs of foreign scenes and intimate family moments. The entire lower level offers a look into a working artist's studio. Brick walls and slate floors add to the artistic ambiance of this open space filled with easels, paints and brushes set upon large tables where Amy Waldrop and her students can create the fine art that adds heart to any home.

Parking: On the street.



AREA ROUNDUPS

Bike Lanes on Southrun Road

Fairfax County Department of Transportation will host a community meeting to discuss proposed bike lanes on Southrun Road on **Thursday, May 12, 6:30 to 7:30 p.m.**, at **Laurel Hill Elementary School**, 8390 Laurel Crest Drive, Lorton. Representatives from FCDOT and Virginia Department of Transportation will talk about the plans for the project, which addresses not only bike lanes, but also traffic impacts and safety issues. For more information on the project, go to <http://www.fairfaxcounty.gov/fcdot/bike/southrunbikelanes.htm>.

Destination Smile to Hold Caring for Kids Day

The doctors and staff at Destination Smile Pediatric Dental Office in Lorton will host Caring for Kids Day, May 14 from 8 a.m. to noon. As part of their monthly Passport to Philanthropy program, they offer full dental appointments for children without medical insurance one day each year. Visits include a triage appointment, cleaning, treatment and prognosis for parent/guardian consideration.

This year is fifth year of Caring for Kids Day and Destination Smile will be partnering with the Department of Child Services, Fairfax County Public School Systems, Lorton Community Action Center, United Community Ministries, and Carpenter's Shelter to schedule appointments for the children with highest need.

They are expecting between 35 and 40 children to be served this year at the cost of \$7,000 to \$15,000 for the office.

Destination Smile is located at 9010 Lorton Station Blvd., Lorton. www.Destination-Smile.com

Foster Walk To Be Held on May 14

As National Foster Care Awareness Month approaches in May, Foster Care Alumni of America (FCAA) and its partners are organizing awareness-raising events across the country to urge community members to get involved. The FCAA Virginia Chapter and partners are having a FosterWalk on May 14, 2016, 10 a.m.-2 p.m. at

SEE WEEK, PAGE 10

WWW.CONNECTIONNEWSPAPERS.COM

fireside Grill



Mother's Day Brunch Buffet Sunday, May 8th

Seatings: 10AM; 11:30AM; 1:00PM; 2:30PM

Reservations Recommended

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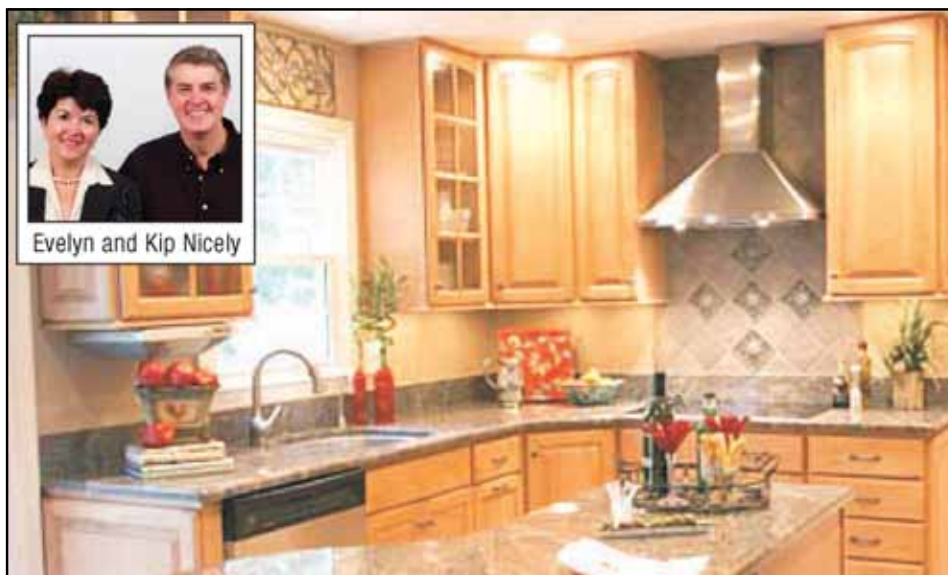


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OPINION

Breaking the Cycle of Crime with Treatment Instead of Jail

Fairfax County Budget Invests \$3.89 Million in "Diversion First"

BY SHARON BULOVA
CHAIRMAN, FAIRFAX COUNTY BOARD OF SUPERVISORS

One in five adults in the U.S. experience mental illness, and more than half did not receive treatment within the past year. Across the country, more people with mental illness are in jail than in psychiatric hospitals, with 2 million people with mental illness brought to jail every year. The criminalization of mental illness is a social, health and justice issue that Fairfax County has tackled head-on in this year's FY2017 Adopted Budget.

Diversion First, a new Fairfax County initiative, aims to reduce the number of people with mental illness in our jail. When people with mental illness have a non-violent or low-level encounter with the law, police officers can take them to the Fairfax-Falls Church Community Services Board's (CSB) Merrifield Crisis Response Center for treatment rather than jail. During this January alone, 265 mental health investigations were conducted by Fairfax County police officers in the field, and 40 percent of those investigations involved the CSB Merrifield Crisis Response Center.

Fully implementing Diversion First was a recommendation of Fairfax County's Ad Hoc Police Practices Review Commission. In the county's FY2017 Budget, officially adopted on April 26, 2016, the Board of Supervisors invested \$7.5 million to implement many of these recommendations, including \$3.89 million and a number of new staff positions for Diversion First.

Diversion First is a priority for the Board of Supervisors because the benefits of diverting people to treatment are enormous. First, people can recover from a mental health episode or become stabilized if they receive treatment. If brought to jail, chances of recovery are less likely and reentry back into the community adds even more challenges. With a record of jail time, applying for jobs and housing becomes extremely difficult, if not impossible. Guiding people to treatment instead of incarceration helps prevent a cycle of crime before it even starts, giving residents a better shot at managing and living successfully with mental illness, which benefits the entire community.

Diversion First not only saves lives, it also saves money. It is extremely expensive to the taxpayer to house people in jail who could be better served elsewhere. On average, people with mental illness remain incarcerated four to eight times longer than those without mental illness for the same charge and can cost up to seven times more. In Fairfax County, it costs an average of \$66,000 per year to hold one inmate in jail. Compare that to about \$8,000 for one year of the most intensive CSB care for

an individual, which does not include housing. A jail diversion program in Bexar County, Texas (Fairfax County's model for Diversion First) saved taxpayers \$50 million in the past five years. We are aiming for a similar outcome here in Fairfax County that promotes a safer, healthier and less expensive way of helping people with mental illness.

As part of Diversion First, Fairfax County police officers and deputy sheriffs are receiving 40 hours of state-certified Crisis Intervention Team (CIT) training to learn about the challenges of living with a mental illness and how to de-escalate crisis situations, both in the community and in the jail. CIT training is also aimed at changing the way law enforcement and the judicial system interact with people who have substance use disorders or intellectual and developmental disabilities.

After completing the training, CIT officers and deputies are better equipped to identify individuals who are experiencing an episode related to mental illness. They can make an informed decision to take persons to the Merrifield Crisis Response Center for assessment rather than arresting them and bringing them to the Adult Detention Center. Or, CIT officers may be able to de-escalate the crisis and resolve the situation on the spot.

If you call 9-1-1 for a mental health crisis or emergency, you can request a CIT-trained officer to respond. In a crisis that is not life threatening or when involving law enforcement is not necessary, you can call CSB Emergency Services 24/7 at 703-573-5679.

Goal: Involving Public in Police Use of Force Review

BY JOHN C. COOK
SUPERVISOR (R-BRADDOCK DISTRICT)

With the Fairfax County Board of Supervisors May 10 Public Safety Committee meeting just a few days away, it is important to remember what has been discussed so far, what is on the agenda for May 10, and what will be done in the future. As the Chair of the Committee, my goal will be to include the public as much as possible in what is very much a community process.

The Public Safety Committee met on Feb. 9 to begin the review of the recommendations of the Ad Hoc Police Practices Review Commission — particularly police use of force practices. Chief Roessler of the Fairfax County Police Department (FCPD) noted that the Department participates in use of



COMMENTARY

force review through the Police Executive Research Forum (PERF) and is pursuing national accreditation through the Commission on Accreditation for

Law Enforcement Agencies (CALEA).

Reforming police practices through the Public Safety Committee has been more than mere discussion; we have directly revised the Criminal Justice Academy training to focus on the sanctity of life and have altered the methods of recruit training, crisis intervention team (CIT) training, and training for supervisors. We have certified 20 lead trainers on de-escalation and critical decision-making models, and have re-

cruited a civilian director of the Public Affairs Bureau. All of these reforms are actions taken to improve both FCPD's response to crime and public safety practices as a whole.

At the May 10 committee meeting, we will continue working through the recommendations from the Ad Hoc Commission. We will focus on national trends in police use of force and the recommendations made to Fairfax County from PERF. We will also talk about the recommendations of the Ad Hoc Commission Use of Force Subcommittee, and will hear from the Chief, who will present the current and proposed revisions to the use of force policy.

The Committee will also hear about the recommendations of the Communications Subcommittee from former Chief Public Information Officer Merni Fitzgerald. Commonwealth's Attorney Morrogh will present prosecutor's views on the release of informa-

tion during use of force investigations, and Detective Sean Corcoran, speaking on behalf of the Fairfax Coalition of Police Local 5000, will share the views of officers on the release of names and information following a police incident. A representative from PERF will attend to discuss national trends in communications regarding use of force events. At the following meeting in July, we will be looking at the recommendations of the Oversight Committee, which includes a civilian oversight board.

Reforming our county's police practices has and will continue to be an open and transparent process. The Police Practices Review Commission, as well as the Public Safety Committee, will be performing significant work in the months ahead as we work with the FCPD, community members, and other, instrumental partners to ensure we have a police force in Fairfax County that is second to none.

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WELLBEING

Working to End the Longest Day

Event to raise awareness and funds for research programs of Alzheimer's Association.

By MARILYN CAMPBELL
THE CONNECTION

Emily Rusch says her mother died a slow and heartbreaking death from Alzheimer's Disease. The experience felt continuous and excruciating.

"Caring for someone with Alzheimer's is really like one never-ending day," said Rusch, office manager for Strength & Performance Training, Inc. (SAPT) in Fairfax.

This June, she and her team of SAPT colleagues will join with teams of people around the world to participate in The Longest Day, a sunrise-to-sunset challenge to raise awareness and funds for research programs of the Alzheimer's Association. The name of the event honors the strength, passion and

endurance of those facing Alzheimer's.

Held annually on the summer solstice, The Longest Day symbolizes the challenging journey of those living with the disease and their caregivers. Teams are encouraged to create their own experience as they fundraise and participate in an activity they love to honor someone facing the disease.

SAPT will hold a fundraising event on June 18 by offering free workouts and classes for 16 continuous hours. "We're open for all of the daylight hours on the 18th, and in return, we're asking for donations that will go to support the Alzheimer's Association's mission," said Rusch.

The SAPT team is also taking donations in advance and has raised nearly \$1,000 of their \$5,000 goal. Rusch hopes to do her



PHOTO COURTESY OF ALZHEIMER'S ASSOCIATION.

Teams work to raise money for the Alzheimer's Association during the annual Longest Day event.

part to halt the disease's cycle which she has experienced firsthand.

"My daughters were 8 and 11 when my mother died. They never really knew because she was in the advanced stages of Alzheimer's," she said. "When I was a child, my grandmother had Alzheimer's so I

never knew her either. I'm doing the Longest Day because research is important to finding a cure or viable treatment."

Yen DeAnda of Alexandria, whose father has Alzheimer's, is participating in The Longest Day and is the captain of Springfield's Team Bridge Heroes United. The



PHOTO COURTESY OF EMILY RUSCH

Emily Rusch and her SAPT team will join with teams around the world to raise money for the Alzheimer's Association.

"Caring for someone with Alzheimer's is really like one never-ending day."

— Emily Rusch

team, which is based out of a retirement community in Springfield, is intergenerational. There are high school students who play alongside

seniors.

This June will be their fourth year participating in the event. In the last three years, the team has raised more than \$58,000 for the Alzheimer's Association. In 2013, the team's first year, they finished in the top 20 teams in the nation. In 2014 and 2015, they finished in the Top 10.

"The [seniors] need exposure to different people to stay engaged and alert. The kids light up the room when they are there," said

The Longest Day: June 20

To learn more and to start or join a team, visit alz.org/thelongestday or call 800-272-3900.

SAPT Strength
http://act.alz.org/site/TR?team_id=325449&fr_id=8480&pg=team
Bridge Heroes United
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DeAnda. "Some kids have brought their grandparents to play."

The bridge club helps seniors in two ways. Club members raise money for Alzheimer's research by playing the game, and the game itself is an activity that keeps seniors engaged.

"You're forced to interact with other people and that helps you keep your sanity," said DeAnda. "Social connection is huge."

While June 20 is the official date for The Longest Day event, the Alzheimer's Association encourages activities and fundraising around this date.

Cindy Schelhorn of the Alzheimer's Association says that teams across the nation develop creative ways to raise money. "We've seen ... Rocking Chair Marathon ... writing letters to loved ones, yard sales [and] yoga."

For information, visit alz.org/thelongestday or call 800-272-3900.

CAREGIVING AND HEALTH SEMINARS

Fairfax County is offering the following Free Seminars for Family Caregivers of Older Adults:

Legal Tools for Caregivers – **WEBINAR, Wednesday, May 4, Noon-1 p.m.** Learn about legal tools that can help you ensure your loved one's wishes are carried out. Topics include durable power of attorney, trusts, guardianship, and advanced medical directives. Find out more at www-fairfaxcounty.gov/-olderadults and click on Register Now: Spring 2016 Caregiver Seminars.

Understanding and Caring for a Person with Dementia, **Thursday, May 5, 7-8:30 p.m.** This class will discuss the different types of dementia, common behaviors, the reasons for troubling behaviors, communication techniques, and services available for caregivers. Herndon Harbor Adult Day Health Care Center, 875 Grace St., Herndon. Find out more at www-fairfaxcounty.gov/-olderadults and click on Register Now: Spring 2016 Caregiver Seminars.

Is it Normal Aging or Dementia – **WEBINAR, Wednesday, May 11, Noon-1 p.m.** Learn what signs and symptoms are normal in the aging process, and which may indicate dementia. Find out more at www-fairfaxcounty.gov/-olderadults and click on Register Now: Spring 2016 Caregiver Seminars.

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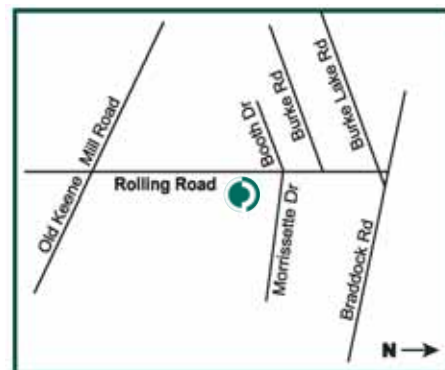
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ENTERTAINMENT

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/MAY 5

National Day of Prayer Event. Noon-1 p.m. Fairfax County Government Center, 12000 Fairfax Government Center Parkway, Fairfax. Pray for America and its leaders. 703-383-1170. jccag.org.

FRIDAY-SATURDAY/MAY 6-7

"Into the Woods." 7 p.m. Russell Theater, Robinson Secondary School, 5035 Sideburn Road, Fairfax. Everyone's favorite storybook characters together for a timeless yet relevant piece and rare modern classic. robinsondrama.org.

FRIDAY-SATURDAY/MAY 6-7, 13-14

Guys and Dolls. 7 p.m. South County High School, 8501 Silverbrook Road, Lorton. In this Broadway classic, we follow the story of two high rolling gamblers that go head to head looking for cash, but end up finding love. \$7. 703-585-7321.

SATURDAY/MAY 7

Concerts from Kirkwood-Washington Saxophone Quartet. 3 p.m. Kirkwood Presbyterian Church, 8336 Carrleigh Parkway, Springfield. Free. www.kirkwoodpres.com. 703-451-5320.

Spring Cleaning/Shredding Event. 9 a.m.-1 p.m. Re/Max 100, 5501 Backlick Road, Springfield. Clear out your closets, make room in the garage, shred old paperwork. Free. 703-642-3380.

Love, Laughter and Song. 7:30 p.m. St. Marks Lutheran Church, 5800 Backlick Road, Springfield. Presents a collection of folk songs, Broadway hits and spirituals all done with distinctive Robert Shaw arrangements. Stay for dessert and coffee following the performance. \$10/\$15/\$20. www.northernvirginiachorale.org. 703-239-2180.

Kite Festival. Noon-5. Gunston Hall, 10709 Gunston Road, Mason Neck. Afternoon of kite flying and family fun during the annual Kite Festival! With children's activities, crafts, living history, and guided tours, there will be fun for all ages. \$10/\$5. gunstonhall.org. 703-550-9220.

SUNDAY/MAY 8

Mother's Day at the Fairfax Station Railroad. 1-4 p.m. 11200 Fairfax Station Road, Fairfax Station. Mothers get in free. Free-\$4. fairfaxstation.org.

"Diaspora" by Fairfax Station artist Lynn Goldstein will be on Display at the Jewish Community Center of Northern Virginia's "After the Holocaust" exhibit from April 5 to May 19.

PHOTO CONTRIBUTED



station.org. 703-425-9225.

WEDNESDAY/MAY 11

Springfield Christian Women's Club Connection Luncheon. 11:30 a.m.-1:30 p.m. Springfield Golf and County Club, 8301 Old Keene Mill Road, Springfield. Speaker is George Kerestes of the National Park Service. RSVP by May Friday, May 6. \$20. 703-922-6438 or SpringWmConn@yahoo.com.

SATURDAY/MAY 14

Annual Foster Walk. 10 a.m.-2 p.m. Lake Accotink Park, 5660 Hemming Ave., Springfield. Bring awareness to the community about Foster Care and raise money in assisting former foster care youth. Lunch provided. <https://www.crowdrise.com/NOVAFOSTERWALK>.

Lake Accotink Park Campfire Saturdays. Starts between 6:30-7 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Adventure awaits as you explore the woodlands and Lake Accotink spots where wildlife hides and resides, guided by a naturalist. Program ends with a cozy campfire. Bring whatever you like to roast. S'mores provided. Topics vary each month. \$8-\$10. <http://www.fairfaxcounty.gov/parks/lake-accotink/>.

Friedrich's Ataxia Research Alliance Benefit Buffet

Luncheon. 11 a.m.-2 p.m. Springfield Outback Steakhouse, 6551 Backlick Road, Springfield. All-you-can-eat buffet including sliced steak, sliced chicken, side dishes, non-alcoholic beverages and dessert. Live entertainment will be provided by the "Ocean Drive." \$30. curefa.org. 703-912-7531 (Donna Rambler).

SUNDAY/MAY 15

Delta Sigma Theta Luncheon. 1-3 p.m. Waterford, 6715 Commerce St., Springfield. Paulette Brown, president of the American Bar Association, speaker. For details, contact 703-981-8763 or publicrelations@fcadst.org.

N Gauge Model Trains. 1-4 p.m. 11200 Fairfax Station Road, Fairfax Station. Display of running N Gauge Model Trains. Free-\$4. fairfaxstation.org. 703-425-9225.

Music for Kids and Families with Chip Richter. 4-5 p.m. St. Andrew's Episcopal Church, 6509 Sydenstricker Road, Burke. Join us for a fun, interactive family concert geared for children preschool to 5th grade. Free. 703-455-8458.

Ballet Arts Ensemble of Fairfax Bookfair. 1-5 p.m. Barnes and Noble Fairfax, 12193 Fair Lakes Promenade Drive, Fairfax. An afternoon event for the whole family - performances, demonstrations and activities. 703-278-8527.

BBQ

AREA ROUNDUPS

FROM PAGE 5

Lake Accotink Park - McLaren-Sargent Shelter Rear Entrance 5660 Hemming Ave, Springfield. To Register go to: www.crowdrise.com/NOVAFOSTERWALK; For more info go to: www.crowdrise.com or send an e-mail to Chauncey Strong, Chapter Liaison va.chapter@fostercarealumni.org or call 641-715-3900 ext. 744007#

ing its 13th Annual Barbecue and Car Wash on Saturday, May 7.

The car wash begins at 9 a.m. in the church's main parking lot. The pig pull or chicken barbecue will begin at 11 a.m. and will be served on the church deck.

Proceeds go to support caring for the hungry and homeless in Fairfax County and repairing homes in the Appalachian region of North Carolina.

The Youth's mission trip to Western North Carolina will depart in July and your support for their mission will be appreciated. St. George's UMC, 4910 Ox Road, Fairfax. 703-385-4550. www.stgumc.org.

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MOTHER'S DAY PHOTO GALLERY

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right, with her
mother Sally Burns,
her daughter Caity
Comstock Roller, and
granddaughter Hailey.



**Fairfax Board of
Supervisor
Chairman
Sharon Bulova
with daughter
Karin in 1976.**



Picture of Tricia Barry, of Fairfax Station,
and 3 1/2 year old daughter, Hannah
during Easter Egg Hunt at Greentree
Preschool.



From left, Dillon Meyer, Miriam Meyer,
Andrew Meyer, of Clifton, in Paris for
spring break 2016.

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

MAY

Mother's Day is May 8

5/18/2016..A+ Camps & Schools, Proms, Summer Planning

Memorial Day is May 30

JUNE

6/1/2016.....Wellbeing

6/8/2016.....Father's Day Dining & Gifts

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South County shortstop Jade Williams went 1-for-3 with a double against Northern on April 30.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

South County Softball Falls to Northern

Battle-tested Stallions to face Lake Braddock Friday.

BY JON ROETMAN
THE CONNECTION

The South County softball team managed just three hits during a 4-0 loss on April 30 to Northern, a powerhouse program from Owings, Md., that has won the last eight 3A MPSSAA state championships.

Stallions head coach Gary Dillow wasn't angry about the result and he didn't voice displeasure with the team's performance. Instead, he spoke about Saturday's contest with a big-picture perspective.

"I don't think we played that bad," Dillow said. "They're a phenomenal team, top to bottom. We didn't hit well, but give the credit to their pitcher (Kaylee Cross): she kept us off balance and moved the ball around."

"... Hopefully it makes us better. We've got [Lake] Braddock for the second time [on May 6] and playoffs coming up in two weeks, so that's really what we're trying to do: play the best competition we can to hopefully get better for the postseason."

Saturday's loss dropped the Stallions' record to 13-4 and snapped a four-game win streak. South County is a winning a program — Dillow noted "we don't lose a lot of games" — but even when the Stallions were at their best, they had to overcome some bumps in the road.

During South County's state championship season of 2014, the Stallions lost twice to Lake Braddock, including a 1-0 defeat in the Conference 7 championship game. South County responded by beating the Bruins in the region title game before going on to claim the top prize and finish the season with a 26-3 record.

Lake Braddock has gotten the best of South County the last two seasons, beating the Stallions in all four of their matchups by a combined total of 12-1. South County's next shot at the Bruins is at 6:30 p.m. on Friday, May 6 in Lorton.

"For whatever reason, Braddock has had our num-



South County pitcher Aubrey Bates struck out 11 during the Stallions' 4-0 loss to Northern on April 30.

ber the last two years and we've just got to figure out how to get by that hump," Dillow said. "They're good and I think we're right there with them, we've just got to show that on the field when we play."

Senior shortstop Jade Williams, one of four four-year varsity players on this year's South County team, said facing tough teams like Northern can help the Stallions in the future. After all, she was a key contributor as a sophomore when South County won the 2014 state title after losing twice to Lake Braddock.

"Everyone thinks it's all about being undefeated, but I think learning a few things along the way [is good]," Williams said. "Obviously, states [in 2014] is the perfect example. That year, we learned from our losses and we got better, so I think [Saturday's loss] will make us better."

Williams, who will play softball at Kent State, went 1-for-3 against Northern with a double.

"I learned a lot from [facing Northern]," Williams said. "I think it was motivating for us to get to that level."

South County third baseman Mollie Maglich, outfielder Carley Kastner and pitcher Aubrey Bates have also been on the varsity for four years.

Maglich and senior first baseman Zoe Corigliano each had a single against Northern.

Bates suffered the loss in the circle. She allowed four runs on nine hits while walking three, hitting one batter and striking out 11 in seven innings.

The Conference 7 tournament begins Monday, May 16.



VIDEO SCREENSHOT BY JON ROETMAN/THE CONNECTION

Woodson's Sean Garin, right, defends against T.C. Williams' Kevin Nunez.

TC's Sosa, Weather Stop Woodson Boys' Soccer

Cavaliers fall short in battle for second place in Conference 7.

BY JON ROETMAN
THE CONNECTION

A second-half goal by Jose Bonilla Sosa and a persistent thunderstorm helped the T.C. Williams boys' soccer team secure second place in Conference 7 and left the Woodson Cavaliers wondering what could have been.

Bonilla Sosa's header in the 45th minute — his second goal of the match — gave T.C. Williams the lead and the Titans held on for a 2-1 victory in a weather-shortened contest in Alexandria.

Inclement weather forced teams off the field in the 64th minute with TC leading 2-1. Thirty minutes must pass after the last sign of thunder or lightning before play can resume. About an hour passed before the match was called and the result became official. Darkness was also a factor as T.C. Williams does not have lights on its field.

The win improved T.C. Williams' record to 11-1 overall and 5-1 in the conference, and the Titans secured the No. 2 seed in the conference tournament. TC's lone loss this season came against No. 1 seed and defending conference champion West Potomac.

Woodson fell to 5-7 overall and 4-3 in the conference.

"They were taking it to TC," Woodson head coach Andrew Peck said about the Cavaliers' performance. "[TC] killed everybody else but West Potomac and then we come out here and they're 1-1 for 60 percent of the

match and then it gets called. ... This is something to build on."

Bonilla Sosa's first goal gave the Titans a 1-0 lead in the 15th minute. Woodson junior Sam Reeves netted the equalizer in the 35th minute.

"We kind of shot ourselves in the foot, came out flat in the first half," TC head coach Peter Abed said. "It's kind of been a little theme of ours we've got to correct. You can't always just out-play teams, you've got to out-work teams and [in] the West Po game and this game, I don't think that happened, and Woodson took advantage. They're a good team, they organize, they play hard and they came at us hard."

Not all of the Titans had an issue with working hard.

"Luckily Jose came to play today," Abed said. "He was playing for the full time."

What makes Bonilla Sosa a dangerous player?

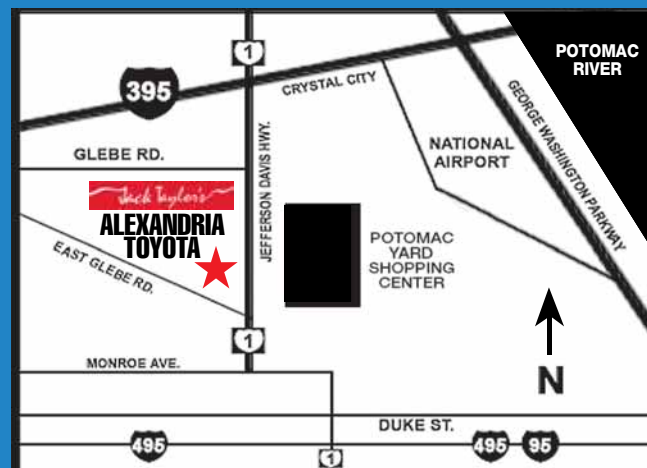
"I think one of his best attributes is his work rate," Abed said. "He's able to get up and down the field at a phenomenal rate. He's all over the place. Today, he really came energized and ready to go. ... He just has ... impeccable timing of when to arrive on the far post for balls coming across, corner kicks, things like that. He just knows exactly when to get there ..."

T.C. Williams faced West Springfield on Wednesday, after The Connection's deadline. The Titans will host McLean at 4:30 p.m. on Friday, May 6.

Woodson will host Westfield at 7 p.m. on Friday, May 6.

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21 Announcements

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NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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BULLETIN BOARD

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/MAY 7

Spring Cleaning/Shredding Event. 9 a.m.-1 p.m. Re/Max 100, 5501 Backlick Road, Springfield. Clear out your closets, make room in the garage, shred old paperwork. Free. 703-642-3380.

THURSDAY/MAY 12

Understanding VA Benefits. 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Learn to navigate the VA's system of paperwork and phone calls to get the services you need. Free. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

WEDNESDAY/MAY 18

Northern Virginia Transportation Commission Open House/Public Hearing. Open House, 4:30 p.m. Public Hearing, 6 p.m. Reston Station, 1904 Reston Metro Plaza, Reston. On the multimodal components submitted for FY 2017 funding consideration as part of the Transform 66 Inside the Beltway Program. The public comment period is also being extended through close of business on May 23, 2016. novatraansit.org.
Picking a Provider. 1 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. You're worried about memory loss but what do all of the specialists do? Learn more about the roles of primary care physicians, neurologists, and neuropsychologists. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

SUNDAY/MAY 22

DDVA Dyslexia Simulation. 4-5:30 p.m. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke. Dyslexia simulation created by the Dyslexia Training Institute. Free. Register at <https://www.eventbrite.com/e/ddva-dyslexia-simulation-tickets-24787012622>.

TUESDAY/JUNE 21

NVTA Workshop. 7-9 p.m. Providence District Office, 3001 Vaden Drive, Fairfax. In-person meetings are designed to capture feedback from a broad range of participants. Register at <https://www.eventbrite.com/>. Type Northern Virginia Transportation Authority to search for the public workshops.

ONGOING

Burke Rotary Club Meeting. Tuesdays from 7:15-8:30 a.m. Anita's Restaurant, 9278 Old Keene Mill Road, Burke. Meetings with breakfast and program. www.burkerotary.org.

Burke Lake Seniors Golf League seeks members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all-around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season - April 1 through October 31 - are \$20 plus green fees. For more information, call Charlie Ryan 703-690-4227.

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

Fairfax County needs volunteers to **drive older adults** to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/dfs/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

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MAY 7, 2016
10AM - 2PM

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Direct Support Professionals
(Part Time and On Call)

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