

Springfield CONNECTION

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WELLBEING

PAGE 8

Supervisor Pat Herrity (R-Springfield) welcomes the audience to a May 3 Town Hall Meeting to shine a light on heroin and prescription opioid drug abuse in Fairfax County.

Shining a Light on Addiction and Overdose

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Community Joins
Together to Bid for a Cause

NEWS, PAGE 11

Mother's Day
Photo Gallery

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People who attended the May 3 Town Hall were able to meet directly with elected officials and panelists after the question-and-answer session.



PHOTOS BY TIM PETERSON/THE CONNECTION

Rear, Supervisor Pat Herrity (R-Springfield) meets with women and clients of the Fairfax-Falls Church Community Services Board program A New Beginning following the May 3 Heroin and Prescription Drug Abuse Town Hall.

Shining a Light on Addiction and Overdose

Herrity's Town Hall addresses heroin and prescription drug abuse in Fairfax County.

BY TIM PETERSON
THE CONNECTION

South Lakes High School and George Mason University graduate Ginny Lovitt lost her brother Chris to a heroin overdose. He was 21 and had been discharged from the Sagebrush Treatment Center of Northern Virginia just a week before, in January of 2013. His tolerance was down.

Though he had been struggling with the disease of addiction since he was 15, Lovitt said he also suffered from the stigma and isolation of being an addict.

"He wasn't a bad person, he was a sick person," Lovitt said at a May 3 Town Hall meeting on heroin and drug abuse at the Fairfax County Government Center. "He couldn't get fully connected to this recovery community."

Immediately following his death, Lovitt and her parents established the Chris Atwood Foundation to help raise awareness of opiate addiction, eliminate the stigma and teach individuals how to administer doses of Naloxone, a drug that can reverse an overdose within 30 to 45 seconds.

Lovitt joined a panel of elected officials, law enforcement and treatment service leaders who spoke on the growing public health crisis at local, state and national levels: heroin and prescription drug abuse and subsequent overdose.

The Town Hall was hosted by Supervisor Pat Herrity (R-Springfield) who opened the evening speaking about unreported overdose deaths in his district he had learned about. By shining a light on the disease of



After Ginny Lovitt lost her brother Chris to a heroin overdose when he was 21, she and her parents created a foundation to help raise awareness of addiction, dispense with the stigma around it and help train friends and family to be supportive of those with addiction in their lives.



Left, CSB Fairfax Detoxification Center Nurse Supervisor Wanda Orr and CSB Assistant Deputy Director Lyn Tomlinson explain some updates and goals for the Fairfax-Falls Church Community Services Board.

Training to Reverse an Overdose

In 30 to 45 seconds, a single dose of the drug Naloxone can be the difference in whether someone experiencing an opiate overdose lives or dies.

Since October 2015, the Fairfax-Falls Church Community Services Board has been offering "Revive!" training courses to the public for how to administer the antidote, in both nasal spray and direct-high-injection forms. In that time, they've trained 530 people, CSB Assistant Deputy Director Lyn Tomlinson said.

"A lot of people are learning about it," said Lauren Krause, a Fairfax-Falls Church Community Services Board Substance Abuse Counselor who led a training on May 3. "People are feeling empowered by this training, they're learning how they can fight back and help the people they love."

The training includes a discussion of

overdose risk factors and myths, and how to visibly distinguish between an overdose and someone who is just high. With an unresponsive, potential overdose scenario, there's a CPR-like progression of calling 9-1-1, checking the airway and giving rescue breaths before administering a dose of Naloxone.

Once the one-hour training session is over, trainees have an opportunity to get a prescription for Naloxone filled right at the CSB.

Revive! training classes are offered twice a month at the Merrifield Crisis Center at 8221 Willow Oaks Corporate Drive in Fairfax and the Gartlan Center, 8119 Holland Road in Alexandria. For more information, visit www.fairfaxcounty.gov/csb.

—TIM PETERSON

addiction and promoting the resources available to people in Fairfax County, Herrity explained, people facing challenges with prescription opioid drugs and or heroin can "get help for yourself and loved ones."

Rep. Barbara Comstock (R-10) followed Herrity, citing the eye-popping statistic that overdose deaths eclipse deaths from car accidents in Virginia, with 728 in the last year.

"Like Pat, in the past few years, I've seen this throughout our community," Comstock said. She called for attacking the problem "on all fronts," at the local, state and national level, and stressed the need for more drug treatment facilities and education about addiction.

"We need a whole community of support," she said, "and want families to come out of the shadows and see there are others like them."

Recognizing existing recovery resources and communities was one of the evening's themes, after making the connection from initial addiction to prescription pain medication like Oxycontin leading to increased tolerance and risk for overdose, and or switching to much cheaper heroin, which can also result in overdose.

Del. Tim Hugo (R-40) spoke about the Virginia General Assembly favoring special drug courts for younger, nonviolent offenders that would offer them alternatives to incarceration. "You should not necessarily be a convict," Hugo said, "you're a kid with a problem."

Fairfax County Board of Supervisors Chairman Sharon Bulova said she was "astounded" that "we're seeing so much of this every day."

Bulova went on to paint the severity of problem in Fairfax County with numerous statistics, including from 2012 to 2014, there were 141 deaths from overdose, versus 79 car crashes over the same period. Also, Bulova said, the Fairfax County Fire & Rescue Department responded to

291 suspected heroin overdoses between 2011 and 2014.

SEE TOWN HALL, PAGE 10

SPRINGFIELD CONNECTION ♦ MAY 5-11, 2016 ♦ 3

MOTHER'S DAY PHOTO GALLERY



Simone and Joaquin, this is one birthday I will remember.



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Neil and Mother Dulcie: To the world you might just be one person, but to one person you might be the world.



Lorraine and Nathan Francis enjoying a very happy and special moment.



Marie Michael with her kids and grand kids. Damien, Paul, Dusty, Peter, Keifer and Thearan.



Bobby and Sandra Pereyra... Great job mom, I am awesome.



You are my favorite parent, don't tell dad. Gulya and baby Abby.



Dear Rima, Thanks for not leaving the kids in a basket somewhere. Love Kendra, Kyle and Dada.

CRIME

Area Crime Reports

Police Ask Public for More Information in River Drive Homicide

While the investigation continues into the March 11, 2016 murder of Johan De Leede in the 6000 block of River Drive in the Mason Neck area, Fairfax County Police said Major Crimes Division detectives are still asking any individuals with additional information about the case to come forward.

This comes after officers established an increased neighborhood patrol presence that included the Police Department's helicopter and other assets, canvassed the neighborhood in April, and conducted a motorist checkpoint for drivers entering the Hallowing Point community.

"Detectives have collected a substantial amount of information through these efforts," a May 2 release said. But they're still hopeful to collect something new from the public. "Remember, the information you have, regardless of how trivial you feel it may be, could be the critical link in solving this case."

Contact information for the Major Crimes Division is 703-246-7800, Crime Solvers is 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus a message to CRIMES/274637. The police non-emergency number is 703-691-2131.

—TIM PETERSON

Fairfax Station Man Turns Self in for Soliciting Minor

On Thursday, April 28, around 9 p.m., a 23-year-old Fairfax Station resident turned himself in at the Fairfax County Adult Detention Center. A felony warrant was served for Use of Communications Systems to Facilitate certain Offenses involving Children (VA State Code 18.2-374.3). The arrest resulted from an investigation which began on Wednesday, April 6, involving the man allegedly engaged in inappropriate conversation and the solicitation of sex from a 14-year-old girl. The girl

SEE CRIME, PAGE 10

fireside Grill



Mother's Day Brunch Buffet Sunday, May 8th

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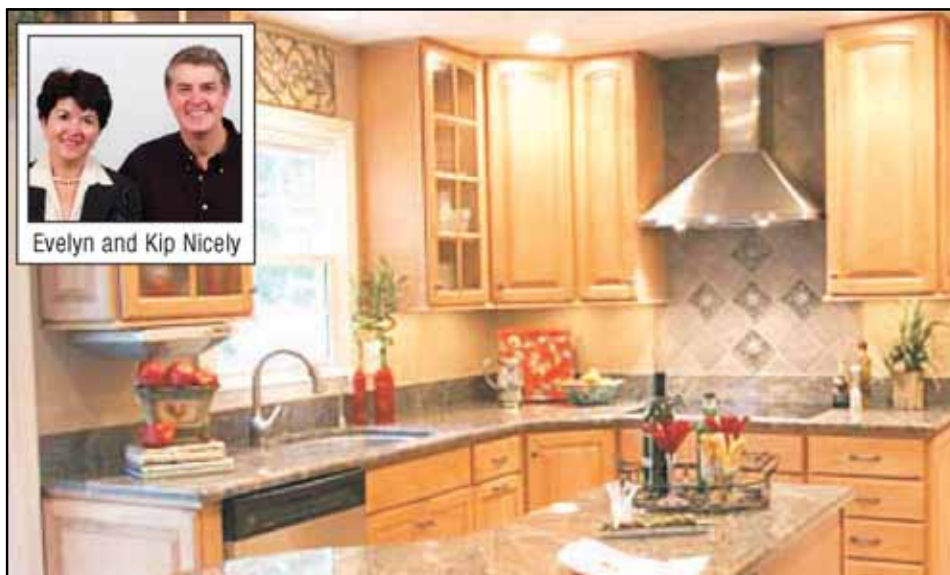


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OPINION

Breaking the Cycle of Crime with Treatment Instead of Jail

Fairfax County Budget Invests \$3.89 Million in "Diversion First"

BY SHARON BULOVA
CHAIRMAN, FAIRFAX COUNTY BOARD OF SUPERVISORS

One in five adults in the U.S. experience mental illness, and more than half did not receive treatment within the past year. Across the country, more people with mental illness are in jail than in psychiatric hospitals, with 2 million people with mental illness brought to jail every year. The criminalization of mental illness is a social, health and justice issue that Fairfax County has tackled head-on in this year's FY2017 Adopted Budget.

Diversion First, a new Fairfax County initiative, aims to reduce the number of people with mental illness in our jail. When people with mental illness have a non-violent or low-level encounter with the law, police officers can take them to the Fairfax-Falls Church Community Services Board's (CSB) Merrifield Crisis Response Center for treatment rather than jail. During this January alone, 265 mental health investigations were conducted by Fairfax County police officers in the field, and 40 percent of those investigations involved the CSB Merrifield Crisis Response Center.

Fully implementing Diversion First was a recommendation of Fairfax County's Ad Hoc Police Practices Review Commission. In the county's FY2017 Budget, officially adopted on April 26, 2016, the Board of Supervisors invested \$7.5 million to implement many of these recommendations, including \$3.89 million and a number of new staff positions for Diversion First.

Diversion First is a priority for the Board of Supervisors because the benefits of diverting people to treatment are enormous. First, people can recover from a mental health episode or become stabilized if they receive treatment. If brought to jail, chances of recovery are less likely and reentry back into the community adds even more challenges. With a record of jail time, applying for jobs and housing becomes extremely difficult, if not impossible. Guiding people to treatment instead of incarceration helps prevent a cycle of crime before it even starts, giving residents a better shot at managing and living successfully with mental illness, which benefits the entire community.

Diversion First not only saves lives, it also saves money. It is extremely expensive to the taxpayer to house people in jail who could be better served elsewhere. On average, people with mental illness remain incarcerated four to eight times longer than those without mental illness for the same charge and can cost up to seven times more. In Fairfax County, it costs an average of \$66,000 per year to hold one inmate in jail. Compare that to about \$8,000 for one year of the most intensive CSB care for

an individual, which does not include housing. A jail diversion program in Bexar County, Texas (Fairfax County's model for Diversion First) saved taxpayers \$50 million in the past five years. We are aiming for a similar outcome here in Fairfax County that promotes a safer, healthier and less expensive way of helping people with mental illness.

As part of Diversion First, Fairfax County police officers and deputy sheriffs are receiving 40 hours of state-certified Crisis Intervention Team (CIT) training to learn about the challenges of living with a mental illness and how to de-escalate crisis situations, both in the community and in the jail. CIT training is also aimed at changing the way law enforcement and the judicial system interact with people who have substance use disorders or intellectual and developmental disabilities.

After completing the training, CIT officers and deputies are better equipped to identify individuals who are experiencing an episode related to mental illness. They can make an informed decision to take persons to the Merrifield Crisis Response Center for assessment rather than arresting them and bringing them to the Adult Detention Center. Or, CIT officers may be able to de-escalate the crisis and resolve the situation on the spot.

If you call 9-1-1 for a mental health crisis or emergency, you can request a CIT-trained officer to respond. In a crisis that is not life threatening or when involving law enforcement is not necessary, you can call CSB Emergency Services 24/7 at 703-573-5679.

Goal: Involving Public in Police Use of Force Review

BY JOHN C. COOK
SUPERVISOR (R-BRADDOCK DISTRICT)

With the Fairfax County Board of Supervisors May 10 Public Safety Committee meeting just a few days away, it is important to remember what has been discussed so far, what is on the agenda for May 10, and what will be done in the future. As the Chair of the Committee, my goal will be to include the public as much as possible in what is very much a community process.

The Public Safety Committee met on Feb. 9 to begin the review of the recommendations of the Ad Hoc Police Practices Review Commission — particularly police use of force practices. Chief Roessler of the Fairfax County Police Department (FCPD) noted that the Department participates in use of



COMMENTARY

force review through the Police Executive Research Forum (PERF) and is pursuing national accreditation through the Commission on Accreditation for

Law Enforcement Agencies (CALEA).

Reforming police practices through the Public Safety Committee has been more than mere discussion; we have directly revised the Criminal Justice Academy training to focus on the sanctity of life and have altered the methods of recruit training, crisis intervention team (CIT) training, and training for supervisors. We have certified 20 lead trainers on de-escalation and critical decision-making models, and have re-

cruited a civilian director of the Public Affairs Bureau. All of these reforms are actions taken to improve both FCPD's response to crime and public safety practices as a whole.

At the May 10 committee meeting, we will continue working through the recommendations from the Ad Hoc Commission. We will focus on national trends in police use of force and the recommendations made to Fairfax County from PERF. We will also talk about the recommendations of the Ad Hoc Commission Use of Force Subcommittee, and will hear from the Chief, who will present the current and proposed revisions to the use of force policy.

The Committee will also hear about the recommendations of the Communications Subcommittee from former Chief Public Information Officer Merni Fitzgerald. Commonwealth's Attorney Morrogh will present prosecutor's views on the release of informa-

tion during use of force investigations, and Detective Sean Corcoran, speaking on behalf of the Fairfax Coalition of Police Local 5000, will share the views of officers on the release of names and information following a police incident. A representative from PERF will attend to discuss national trends in communications regarding use of force events. At the following meeting in July, we will be looking at the recommendations of the Oversight Committee, which includes a civilian oversight board.

Reforming our county's police practices has and will continue to be an open and transparent process. The Police Practices Review Commission, as well as the Public Safety Committee, will be performing significant work in the months ahead as we work with the FCPD, community members, and other, instrumental partners to ensure we have a police force in Fairfax County that is second to none.

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AREA ROUNDUPS

Foster Walk to Be Held on May 14

As National Foster Care Awareness Month approaches in May, Foster Care Alumni of America (FCAA) and its partners are organizing awareness-raising events across the country to urge community members to get involved. The FCAA Virginia Chapter and partners are having a FosterWalk on May 14, 10 a.m.-2 p.m. at Lake Accotink Park - McLaren-Sargent Shelter Rear Entrance 5660 Hemming Ave., Springfield. To Register go to: www.crowdrise.com/NOVAFOSTERWALK; For more info go to: www.crowdrise.com or send an e-mail to Chauncey Strong, Chapter Liaison va.chapter@fostercarealumni.org or call 641-715-3900 ext. 744007#

St. George's to Host Barbecue and Car Wash

St. George's United Methodist Church is hosting its 13th Annual Barbecue and car wash on Saturday, May 7. The car wash begins at 9 a.m. in the church's main parking lot. The pig pull or chicken barbecue will begin at 11 a.m. and will be served on the church deck. Proceeds go to support caring for the hungry and homeless in Fairfax County and repairing homes in the Appalachian region of North Carolina. The Youth's mission trip to Western North Carolina will depart in July and your support for their mission will be appreciated. St Georges UMC, 4910 Ox Road, Fairfax, VA 22039, 703-385-4550, www.stgumc.org.

Area Farmers Markets

Wednesday -- Wakefield: May 4 - Oct. 26, 2 p.m. - 6 p.m.; Wakefield Park, 8100 Braddock Road

Thursday -- Annandale: May 5-Nov. 10, 8 a.m. - Noon; Mason District Park, 6621 Columbia Pike

Friday -- Kingstowne: May 6 - Oct. 28, 4 p.m. - 7 p.m.; In the Giant parking lot, 5935 Kingstowne Towne Center

Saturday -- Burke: May 7 - Dec. 17, 8 a.m. - Noon; VRE parking Lot, 5671 Roberts Parkway

For more information, call 703-642-0128; or go to www.fairfaxcounty.gov/parks/farmersmarkets.

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WELLBEING

Working to End the Longest Day

Event to raise awareness and funds for research programs of Alzheimer's Association.

By MARILYN CAMPBELL
THE CONNECTION

Emily Rusch says her mother died a slow and heartbreaking death from Alzheimer's Disease. The experience felt continuous and excruciating.

"Caring for someone with Alzheimer's is really like one never-ending day," said Rusch, office manager for Strength & Performance Training, Inc. (SAPT) in Fairfax.

This June, she and her team of SAPT colleagues will join with teams of people around the world to participate in The Longest Day, a sunrise-to-sunset challenge to raise awareness and funds for research programs of the Alzheimer's Association. The name of the event honors the strength, passion and

endurance of those facing Alzheimer's.

Held annually on the summer solstice, The Longest Day symbolizes the challenging journey of those living with the disease and their caregivers. Teams are encouraged to create their own experience as they fundraise and participate in an activity they love to honor someone facing the disease.

SAPT will hold a fundraising event on June 18 by offering free workouts and classes for 16 continuous hours. "We're open for all of the daylight hours on the 18th, and in return, we're asking for donations that will go to support the Alzheimer's Association's mission," said Rusch.

The SAPT team is also taking donations in advance and has raised nearly \$1,000 of their \$5,000 goal. Rusch hopes to do her



PHOTO COURTESY OF ALZHEIMER'S ASSOCIATION.

Teams work to raise money for the Alzheimer's Association during the annual Longest Day event.

part to halt the disease's cycle which she has experienced firsthand.

"My daughters were 8 and 11 when my mother died. They never really knew her because she was in the advanced stages of Alzheimer's," she said. "When I was a child, my grandmother had

Alzheimer's so I never knew her either. I'm doing the Longest Day because research is important to finding a cure or viable treatment."

Yen DeAnda of Alexandria, whose father has Alzheimer's, is participating in The Longest Day and is the captain of Springfield's Team Bridge Heroes United. The



PHOTO COURTESY OF EMILY RUSCH

Emily Rusch and her SAPT team will join with teams around the world to raise money for the Alzheimer's Association.

"Caring for someone with Alzheimer's is really like one never-ending day."

— Emily Rusch

team, which is based out of a retirement community in Springfield, is intergenerational. There are high school students who play alongside

seniors.

This June will be their fourth year participating in the event. In the last three years, the team has raised more than \$58,000 for the Alzheimer's Association. In 2013, the team's first year, they finished in the top 20 teams in the nation. In 2014 and 2015, they finished in the Top 10.

"The [seniors] need exposure to different people to stay engaged and alert. The kids light up the room when they are there," said

The Longest Day: June 20

To learn more and to start or join a team, visit alz.org/thelongestday or call 800-272-3900.
SAPT Strength
http://act.alz.org/site/TR?team_id=325449&fr_id=8480&pg=team
Bridge Heroes United
<https://www.facebook.com/BridgeHeroesUnited/>

DeAnda. "Some kids have brought their grandparents to play."

The bridge club helps seniors in two ways. Club members raise money for Alzheimer's research by playing the game, and the game itself is an activity that keeps seniors engaged.

"You're forced to interact with other people and that helps you keep your sanity," said DeAnda. "Social connection is huge."

While June 20 is the official date for The Longest Day event, the Alzheimer's Association encourages activities and fundraising around this date.

Cindy Schelhorn of the Alzheimer's Association says that teams across the nation develop creative ways to raise money. "We've seen ... Rocking Chair Marathon ... writing letters to loved ones, yard sales [and] yoga."

For information, visit alz.org/thelongestday or call 800-272-3900.

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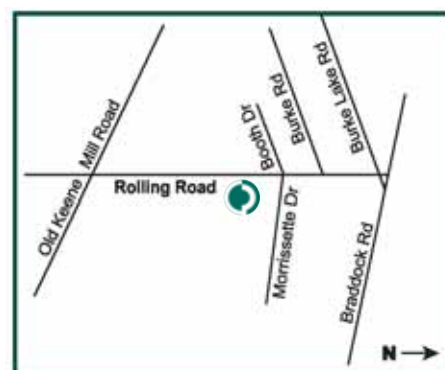
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News



Rep. Barbara Comstock (R-10) said the overdose problem needs to be attacked on all fronts, at the national, state and local levels.



Left, Del. Tim Hugo (R-40) said overdose and addiction can affect friends and family, that "you just don't expect it."

Town Hall Highlights Drug Abuse in County

FROM PAGE 3

"Mostly this is a human problem," she said. "It damages our own lives and own potential."

Lieutenant James Cox with the Fairfax County Police Department shared an anecdote of a couple in Reston that were shooting heroin together in a vehicle in the park. Because of the purity of the drug, the husband experienced an overdose. The wife took the needle directly from his arm and injected into her own. The two of them fell out of the vehicle, both overdosed. Someone reported them, thinking it was a double homicide. When first responders were able to reverse the wife's condition, Cox said, "she tried to fight them for robbing her of her high."

Cox's narrative illustrated a pair clearly in need of help. Representatives Lyn Tomlinson and Wanda Orr from the Fairfax-Falls Church Community Services

Board explained how treatment and resources are more accessible for people than ever, including nine-to-five walk-in assessments and treatment commencement at the Merrifield Center at 8221 Willow Oaks Corporate Drive in Fairfax.

Nick Yacoub, a peer support specialist supervisor and senior recovery coach with Substance Abuse Addiction and Recovery (SAARA), reminded everyone that help is out there, and that no one is alone in their addiction or recovery.

"No one wants to live with this, terrified and in pain" said Yacoub, himself an addict who has been in recovery more than eight years. "Getting arrested saved my life, recovery made it a life worth living." The Town Hall was streamed live through the Fairfax County Website but will be rebroadcast later this month on Channel 16. For more information, visit www.fairfaxcounty.gov/csb/heroin-opiates.



Fairfax County Board of Supervisors Chairman Sharon Bulova (left) addresses the individuals gathered at the May 3 Heroin and Prescription Drug Abuse Town Hall meeting.

PHOTOS BY TIM PETERSON
THE CONNECTION

CRIME

FROM PAGE 5

was not harmed. The man is a former employee of the Mott Center, where he met the victim during after school activities. Detectives would like to speak with anyone else who has information that may assist with this investigation or may have had similar encounters with the man. Anyone with information about this incident is asked to contact Fairfax County Crime Solvers electronically by visiting fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus your message to CRIMES(274637)** or by calling 1-866-411-TIPS(8477), or call Fairfax County Police at 703-691-2131.

Body in Creek Identified as Springfield Man

The body of Edward Stephen Hamilton, 30, of Springfield, was found in the creek near the 3000 block of Dashiell Road. His next of kin have been notified. The cause and manner of death are still pending and will be determined by the Office of the Medical Examiner once laboratory results have been completed. Detectives do not suspect foul play. The Fairfax County Police Department will provide further updates as soon as additional information becomes available. Anyone with information is asked to contact Crime Solvers electronically by visiting fairfaxcrimesolvers.org or text-a-tip by texting "TIP187" plus your message to CRIMES(274637)** or by calling 1-866-411-TIPS(8477), or call Fairfax County Police at 703-691-2131.

Calendar

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline is the Friday prior to the next paper's publication at noon. Dated announcements should be submitted at least two weeks prior to the event.

THURSDAY/MAY 5

Historic Maps and Aerials. 7-8 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Historical maps and aerial photographs can be informative as well as beautiful. Learn how to find and interpret them for a wealth of historical clues. Presented by Jon Vrana. Free. slawski_brian@yahoo.com.

FRIDAY/MAY 6

Maranatha Singers. 7:30 p.m. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke. Evening of music. The theme of the concert will be "Songs of Spring." Refreshments will be served after the concert in the Welcome Center. <http://www.ststephensfairfax.org/>.

SATURDAY/MAY 7

Concerts from Kirkwood-Washington Saxophone Quartet. 3 p.m. Kirkwood Presbyterian Church, 8336, Carleigh Parkway, Springfield. Free. www.kirkwoodpres.com. 703-451-5320.

Spring Cleaning/Shredding Event. 9 a.m.-1 p.m. Re/Max 100, 5501 Backlick Road, Springfield. Clear out your closets, make room in the garage, shred old paperwork. Free. 703-642-3380.

Love, Laughter and Song. 7:30 p.m. St. Marks Lutheran Church, 5800 Backlick Road, Springfield. Presents a collection of folk songs, Broadway hits and spirituals all done with distinctive Robert Shaw arrangements. Stay for dessert and coffee following the performance. \$10/\$15/\$20. www.northernvirginiachorale.org. 703-239-2180.

Kite Festival. Noon-5. Gunston Hall, 10709 Gunston Road, Mason Neck. Afternoon of kite flying and family fun during the annual Kite Festival! With children's activities, crafts, living history, and guided tours, there will be fun for all ages. \$10/\$5. gunstonhall.org. 703-550-9220.

Forgotten Fairfax: Fairfax County's Nike Missile Sites. 11 a.m.-12:30 p.m. Fairfax City Regional Library, 10360 North St., Fairfax. Three Nike Missile sites were located right here in Fairfax County. For more information, <http://bit.ly/1Nlix06> or (703) 293-6227 x6.

WEDNESDAY/MAY 11

Springfield Christian Women's Club Connection Luncheon. 11:30 a.m.-1:30 p.m. Springfield Golf and Country Club, 8301 Old Keene Mill Road, Springfield. Speaker is George Kerestes of the National Park Service. RSVP by May Friday, May 6. \$20. 703-922-6438 or SpringWmConn@yahoo.com.

THURSDAY/MAY 12

Spring Into Health Fair. 9 a.m.-1 p.m.. JCCNV, 8900 Little River Turnpike, Fairfax. Dr. Majid Fotuhi, speaker. Wellness vendors, free mini group fitness classes, free personal training assessments and screenings, raffle prizes, giveaways, healthy snacks, and more. \$8-\$15. For registration information, call 703-323-0880.

SATURDAY/MAY 14

Lake Accotink Park Campfire Saturdays. Starts between 6:30-7 p.m. Lake Accotink Park, 7500 Accotink Park Road, Springfield. Adventure awaits as you explore the woodlands and Lake Accotink spots where wildlife hides and resides, guided by a naturalist. Program ends with a cozy campfire. Bring whatever you like to roast. S'mores provided. Topics vary each month. \$8-\$10. <http://www.fairfaxcounty.gov/parks/lake-accotink/>.

Annual Foster Walk. 10 a.m.-2 p.m. Lake Accotink Park, 5660 Hemming Ave., Springfield. Bring awareness to the community about Foster Care and raise money in assisting former foster care youth. Lunch provided. <https://www.crowdrise.com/NOVAFOSTERWALK>.



PHOTO CONTRIBUTED

"Diaspora" by Fairfax Station artist Lynn Goldstein will be on Display at the Jewish Community Center of Northern Virginia's "After the Holocaust" exhibit from April 5 to May 19.

Friedrich's Ataxia Research Alliance Benefit Buffet Luncheon. 11 a.m.-2 p.m. Springfield Outback Steakhouse, 6551 Backlick Road, Springfield. All-you-can-eat buffet including sliced steak, sliced chicken, side dishes, non-alcoholic beverages and dessert. Live entertainment will be provided by the "Ocean Drive." \$30. curefa.org. 703-912-7531 (Donna Rambler).

SUNDAY/MAY 15

Delta Sigma Theta Luncheon. 1-3 p.m. Waterford, 6715 Commerce St., Springfield. Paulette Brown, president of the American Bar Association, speaker. For details, contact 703-981-8763 or publicrelations@fcadst.org.

Music for Kids and Families with Chip Richter. 4-5 p.m. St. Andrew's Episcopal Church, 6509 Sydenstricker Road, Burke. Join us for a fun, interactive family concert geared for children preschool to 5th grade. Free. 703-455-8458.

THURSDAY/MAY 19

CCWC Homes Tour, Silent Auction, Book Signing. 9 a.m.-5 p.m. Clifton Presbyterian Church, 12748 Richards Lane, Clifton. Hosted by the Clifton Community Woman's Club. cliftoncwc.org. 703-609-3479.

SATURDAY/MAY 21

Spirit Run 5K. 8-10:30 a.m. Burke Lake Park, 7315 Ox Road, Fairfax Station. Supports Holy Spirit School's resource program. Contact Lambie Renner for information at lrenner@holyspiritchurch.us.

19th Annual Clifton Caboose Twilight Run. 6 p.m. Intersection of Clifton Road and Main Street. 5K Run/1 Mile Run/Walk. www.SignMeUp.com/113094.

Sin 'N Shop and Socialize Extravaganza. 11:30 a.m.-3:30 p.m. Waterford, 6715 Commerce St., Springfield. Grab your friends for an afternoon of networking, shopping, hors d'oeuvres and wine tasting as we celebrate our vendors and provide an exclusive shopping experience. \$20. 240-545-5848. ncbwnova.org.

SUNDAY/MAY 29

Ride of the Patriots. 7:30 a.m. Captain Pell's Fairfax Crabhouse, 10195 Fairfax Blvd., Fairfax. Short parade featuring both City and County of Fairfax officials along with state and congressional representatives, police, fire and rescue units, Veterans groups, the Fairfax High School Marching Band, and the Firefighters' Emerald Society Pipe Band. 703-628-2429. ken_lyons@comcast.net.

NEWS

Community Joins Together to Bid for a Cause

Nearly 100 people gathered to raise money for community-based children's programs on April 29 at Assistance League of Northern Virginia's "Annual Spring Event, Luncheon and Silent Auction."

Programs benefiting from event's proceeds were Weekend Food for Kids, Reading Express and New Clothing for Kids. Member volunteers and their guests, representatives from recipient schools, corporate and individual donors, event sponsors and community volunteers joined together to bid on a wide variety of items and services donated by generous businesses in the community.

From tickets to the theatre, golf outings, wine tastings and dinners-for-two to jewelry, photography sessions, teeth whitening packages and tickets to D.C. sporting events, the silent auction offered something for everyone and led to a few friendly bidding wars. For the fifth year, Auctioneer Danial Sanders, the owner of Four Sales Estate Sales in Alexandria, donated his services in support of the live auction and special appeal.

Pat Thompson, president, Assistance League of Northern Virginia, hosted the spring event which took place at International

Country Club in Fairfax for the second year. Sheehy Nissan/Manassas and ShounBach, a family law firm based in Fairfax were sponsors for this fundraiser which featured a presentation by Master Police Officer, Wayne Twombly, FCPD on Personal Safety.

Claudia McDowell, social Worker, and Maggie Perez-Rives, Parent Liaison at Lynbrook Elementary School in Springfield spoke about how Assistance League programs, which provide essential food and clothing to children living in food insecure households, help their students focus on learning. Lynbrook Elementary is one of ten Title I schools in the Counties of Fairfax and Prince William and the City of Alexandria served by the nonprofit.

Tables were decorated with red roses and handwritten thank you notes from students receiving support from the all-volunteer 501(c)(3). Funds raised during the "Annual Spring Event" will enable Assistance League to sustain and expand programs which feed, clothe and educate children in need.

For more information about Operation School Bell programs and sponsorship opportunities, contact VP Resource Development Linda Shilts: lindamshilts@gmail.com.



PHOTO COURTESY OF MARY SPENSE

Pat Thompson (right), president of Assistance League of Northern Virginia and Linda Shilts, vice president of resource development, recognize member volunteers, sponsors and donors during the Annual Spring Event, Luncheon and Silent Auction, on April 29.

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SPORTS

South County shortstop Jade Williams went 1-for-3 with a double against Northern on April 30.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

South County Softball Falls to Northern

Battle-tested Stallions to face Lake Braddock Friday.

BY JON ROETMAN
THE CONNECTION

The South County softball team managed just three hits during a 4-0 loss on April 30 to Northern, a powerhouse program from Owings, Md., that has won the last eight 3A MPSSAA state championships.

Stallions head coach Gary Dillow wasn't angry about the result and he didn't voice displeasure with the team's performance. Instead, he spoke about Saturday's contest with a big-picture perspective.

"I don't think we played that bad," Dillow said. "They're a phenomenal team, top to bottom. We didn't hit well, but give the credit to their pitcher (Kaylee Cross): she kept us off balance and moved the ball around."

"... Hopefully it makes us better. We've got [Lake] Braddock for the second time [on May 6] and playoffs coming up in two weeks, so that's really what we're trying to do: play the best competition we can to hopefully get better for the postseason."

Saturday's loss dropped the Stallions' record to 13-4 and snapped a four-game win streak. South County is a winning a program — Dillow noted "we don't lose a lot of games" — but even when the Stallions were at their best, they had to overcome some bumps in the road.

During South County's state championship season of 2014, the Stallions lost twice to Lake Braddock, including a 1-0 defeat in the Conference 7 championship game. South County responded by beating the Bruins in the region title game before going on to claim the top prize and finish the season with a 26-3 record.

Lake Braddock has gotten the best of South County the last two seasons, beating the Stallions in all four of their matchups by a combined total of 12-1. South County's next shot at the Bruins is at 6:30 p.m. on Friday, May 6 in Lorton.

"For whatever reason, Braddock has had our num-



South County pitcher Aubrey Bates struck out 11 during the Stallions' 4-0 loss to Northern on April 30.

ber the last two years and we've just got to figure out how to get by that hump," Dillow said. "They're good and I think we're right there with them, we've just got to show that on the field when we play."

Senior shortstop Jade Williams, one of four four-year varsity players on this year's South County team, said facing tough teams like Northern can help the Stallions in the future. After all, she was a key contributor as a sophomore when South County won the 2014 state title after losing twice to Lake Braddock.

"Everyone thinks it's all about being undefeated, but I think learning a few things along the way [is good]," Williams said. "Obviously, states [in 2014] is the perfect example. That year, we learned from our losses and we got better, so I think [Saturday's loss] will make us better."

Williams, who will play softball at Kent State, went 1-for-3 against Northern with a double.

"I learned a lot from [facing Northern]," Williams said. "I think it was motivating for us to get to that level."

South County third baseman Mollie Maglich, outfielder Carley Kastner and pitcher Aubrey Bates have also been on the varsity for four years.

Maglich and senior first baseman Zoe Corigliano each had a single against Northern.

Bates suffered the loss in the circle. She allowed four runs on nine hits while walking three, hitting one batter and striking out 11 in seven innings.

The Conference 7 tournament begins Monday, May 16.

SPRINGFIELD CONNECTION SPORTS EDITOR JON ROETMAN
703-752-4031 OR JROETMAN@CONNECTIONNEWSPAPERS.COM



VIDEO SCREENSHOT BY JON ROETMAN/THE CONNECTION

Woodson's Sean Garin, right, defends against T.C. Williams' Kevin Nunez.

TC's Sosa, Weather Stop Woodson Boys' Soccer

Cavaliers fall short in battle for second place in Conference 7.

BY JON ROETMAN
THE CONNECTION

A second-half goal by Jose Bonilla Sosa and a persistent thunderstorm helped the T.C. Williams boys' soccer team secure second place in Conference 7 and left the Woodson Cavaliers wondering what could have been.

Bonilla Sosa's header in the 45th minute — his second goal of the match — gave T.C. Williams the lead and the Titans held on for a 2-1 victory in a weather-shortened contest in Alexandria.

Inclement weather forced teams off the field in the 64th minute with TC leading 2-1. Thirty minutes must pass after the last sign of thunder or lightning before play can resume. About an hour passed before the match was called and the result became official. Darkness was also a factor as T.C. Williams does not have lights on its field.

The win improved T.C. Williams' record to 11-1 overall and 5-1 in the conference, and the Titans secured the No. 2 seed in the conference tournament. TC's lone loss this season came against No. 1 seed and defending conference champion West Potomac.

Woodson fell to 5-7 overall and 4-3 in the conference.

"They were taking it to TC," Woodson head coach Andrew Peck said about the Cavaliers' performance. "[TC] killed everybody else but West Potomac and then we come out here and they're 1-1 for 60 percent of the

match and then it gets called. ... This is something to build on."

Bonilla Sosa's first goal gave the Titans a 1-0 lead in the 15th minute. Woodson junior Sam Reeves netted the equalizer in the 35th minute.

"We kind of shot ourselves in the foot, came out flat in the first half," TC head coach Peter Abed said. "It's kind of been a little theme of ours we've got to correct. You can't always just out-play teams, you've got to out-work teams and [in] the West Po game and this game, I don't think that happened, and Woodson took advantage. They're a good team, they organize, they play hard and they came at us hard."

Not all of the Titans had an issue with working hard.

"Luckily Jose came to play today," Abed said. "He was playing for the full time."

What makes Bonilla Sosa a dangerous player?

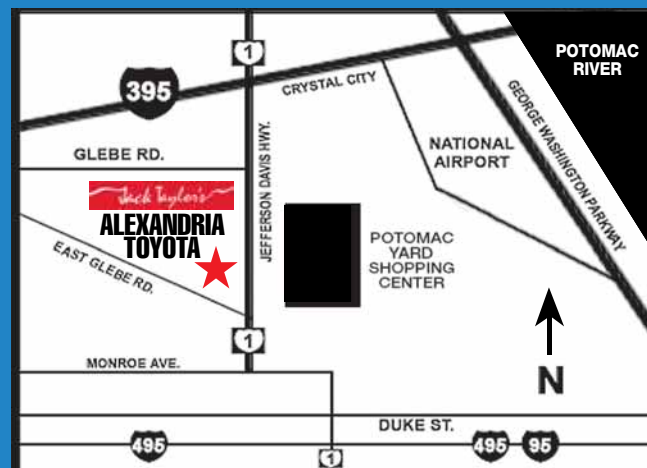
"I think one of his best attributes is his work rate," Abed said. "He's able to get up and down the field at a phenomenal rate. He's all over the place. Today, he really came energized and ready to go. ... He just has ... impeccable timing of when to arrive on the far post for balls coming across, corner kicks, things like that. He just knows exactly when to get there ..."

T.C. Williams faced West Springfield on Wednesday, after The Connection's deadline. The Titans will host McLean at 4:30 p.m. on Friday, May 6.

Woodson will host Westfield at 7 p.m. on Friday, May 6.

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Vacuum carpets, floor mats, upholstery & trunk, wipe down dash board, console & door panels, wash wheels, tires & fender wells, hand wash exterior door jams, and dress tires.

QUALITY HAND-WASH VACUUM & WAX
Recommended Every 6 Months
\$139⁹⁵

Hand wash exterior door jams, wash wheels, tires & fender wells, hand-wax or glaze, vacuum carpets, upholstery & trunk, clean interior vinyl & leather, clean dash board, vents, console, door panels & windows, and dress tires.

PREMIUM FULL DETAIL
Recommended Every 12 Months
\$295⁹⁵

Full interior & exterior detailing, including trunk, stampoo carpets, upholstery & trunk, clean interior vinyl & leather plus conditioning, wash wheels, tires, fender wells & door jams, hand wax exterior, buff & polish, wax or glaze application, tar & sap removal, dress tires, rubber molding & trim, clean dash board, vents, console plus door panels, clean overhead liner, seatbelts & windows, and engine cleaning.

All details by appointment only.

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TOYOTA GENUINE SERVICE
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Concept Restaurant Group, LLC trading as The Block, 4221 John Marr Dr, Annandale, VA 22031. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On Premises; Mixed Beverages Restaurant license to sell or manufacture alcoholic beverages. Arturo Mei, Owner
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200

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BULLETIN BOARD

Send notes to the Connection at connectionnewspapers.com/Calendar/ or call 703-778-9416. The deadline for submissions is the Friday prior to publication. Dated announcements should be submitted at least two weeks prior to the event.

SATURDAY/MAY 7

Spring Cleaning/Shredding Event. 9 a.m.-1 p.m. Re/Max 100, 5501 Backlick Road, Springfield. Clear out your closets, make room in the garage, shred old paperwork. Free. 703-642-3380.

THURSDAY/MAY 12

Understanding VA Benefits. 3 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. Learn to navigate the VA's system of paperwork and phone calls to get the services you need. Free. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

WEDNESDAY/MAY 18

Northern Virginia Transportation Commission Open House/Public Hearing. Open House, 4:30 p.m. Public Hearing, 6 p.m. Reston Station, 1904 Reston Metro Plaza, Reston. On the multimodal components submitted for FY 2017 funding consideration as part of the Transform 66 Inside the Beltway Program. The public comment period is also being extended through close of business on May 23, 2016. novatraansit.org.
Picking a Provider. 1 p.m. Insight Memory Care Center, 3953 Pender Drive, Suite 100, Fairfax. You're worried about memory loss but what do all of the specialists do? Learn more about the roles of primary care physicians, neurologists, and neuropsychologists. Call 703-204-4664 to RSVP or visit InsightMCC.org for more information.

SUNDAY/MAY 22

DDVA Dyslexia Simulation. 4-5:30 p.m. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke. Dyslexia simulation created by the Dyslexia Training Institute. Free. Register at <https://www.eventbrite.com/e/ddva-dyslexia-simulation-tickets-24787012622>.

TUESDAY/JUNE 21

NVTA Workshop. 7-9 p.m. Providence District Office, 3001 Vaden Drive, Fairfax. In-person meetings are designed to capture feedback from a broad range of participants. Register at <https://www.eventbrite.com/>. Type Northern Virginia Transportation Authority to search for the public workshops.

ONGOING

Burke Rotary Club Meeting. Tuesdays from 7:15-8:30 a.m. Anita's Restaurant, 9278 Old Keene Mill Road, Burke. Meetings with breakfast and program. www.burkerotary.org.

Burke Lake Seniors Golf League seeks members. Interested golfers are invited to join the Burke Lake Seniors Golf League. Must be 55 and older, enjoy playing golf, meeting new people and having an all-around good time. Reserved tee times on Tuesday and Thursday mornings at the Par 3 Burke Lake Golf Course on Ox Road. Annual dues for the season - April 1 through October 31 - are \$20 plus green fees. For more information, call Charlie Ryan 703-690-4227.

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

Fairfax County needs volunteers to **drive older adults** to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/dfs/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

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Direct Support Professionals
(Part Time and On Call)

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