

Cancer survivors run under the arms of their caretakers and Relay volunteers with beaming smiles on May 14 at Cooper Middle School.

McLean CONNECTION

McLean, Langley High Unite to Fight Cancer

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Meals Tax? Ballot Possibility

Board of Supervisors potentially set to approve meals tax ballot question on June 7.

BY KEN MOORE
THE CONNECTION

A majority of The Fairfax County Board of Supervisors voiced support last week for including a Meals Tax Referendum as part of the 2016 General Election. They hope that a meals tax could provide additional revenue to support schools, without putting additional burden on homeowners with the property tax.

The debate and final vote is scheduled for the Board's June 7 session. Then it could be up to voters.

"If this is approved, it will be new revenue. It's diversified revenue," said Lee District Supervisor Jeff McKay. "I want to put it on the ballot. Ask the voters."

"We have an opportunity here," said Mount Vernon Supervisor Dan Storck.

"This is a tool used by cities and towns within and adjacent to Fairfax County," said Hunter Mill Supervisor Catherine Hudgins. "It is time for Fairfax County to join these counties and begin diversifying our revenue sources."

"We have a coalition of groups to advocate for the meals tax," said Chairman Sharon Bulova. Bulova and Dranesville Supervisor John W. Foust advocated designating 80 percent of the money collected in a meals tax to Fairfax County Public Schools, and 20 percent to capital improvement projects.

In fact, the Board's budget committee approved by majority vote a ballot question based on a 70-30 split.

"I think this is likely to be the ballot question," said Budget Committee chairman Jeff McKay.

School advocates are front and center in supporting a meals tax, believing it will help bridge funding shortfalls.

"The community is ready to support this," said Pat Hynes, chairman of the Fairfax County school board, and the representative from Hunter Mill.

"Referendums focused on schools and capital improvements prove the ones most likely to pass," Hynes said, citing recent referenda on meals tax elsewhere in Virginia.

NOT SO FAST. Springfield Supervisor Pat Herryty ensured another point of view.

"There is an advocacy group forming on the other side, chambers and restaurants," said Herryty, pointing out that it is actually

\$96 Million Revenue

A one percent meals tax in Fairfax County would generate an estimated \$24 million in new revenue in Fairfax County; at the maximum 4 percent rate, a county meals tax would generate approximately \$96 million annually.

The following jurisdictions imposed a four percent meals tax on top of the 6 percent sales tax. Note: Montgomery County, Md. does not impose a meals tax but imposes a sales tax of 6 percent.

Locality	Sales Tax	Meals Tax Rate	Estimated Meals Tax Revenue
Alexandria	6%	4%	\$17.8 million
Arlington	6%	4%	\$37.1 million
Falls Church	6%	4%	\$2.9 million
Fairfax City	6%	4%	\$6 million
Herndon	6%	4%	\$2.1 million
Vienna	6%	4%	\$2.5 million
D.C.	0%	10%	\$378.9 million

"Other [possible] opportunities for revenue improvement: higher hotel occupancy taxes paid by hotel patrons, a higher cigarette tax consistent with the practice of surrounding localities, an admissions tax to places of amusement or entertainment, the possibility of a meals tax, and a re-evaluation of permit and user fees, set consistently to fully recover costs."

— McLean Citizens Association Resolution

in addition to a six percent sales tax already collected on meals.

"Certainly from the chamber's point of view, we don't want to see any tax that singles out any industry," said Jim Corcoran, president of the Northern Virginia Chamber of Commerce.

A potential four percent meals tax could create \$96 million annually in additional revenue for the county, more than \$20 million from non-county residents.

"Let's look at the equation on both sides," said Corcoran.

"It does not send the right message to businesses," many who make Fairfax County their headquarters, he said. "We have developed a business-friendly environment, internationally."

A "domino effect" could quickly erase revenue generated by the meals in loss of business and tourism, said Corcoran.

"The average taxpayer is not going to get tax relief. We're hearing our real estate taxes are getting higher and higher. This isn't going to alleviate that," said Providence District Supervisor Linda Smyth.

"If people think the meals tax is coming on top of an increasing property tax, it will fail. Maybe it should fail," said Braddock Supervisor John Cook.

The Greater Reston Chamber, according to its CEO and President Mark S. Ingrao, "has a long held position by our members of opposing single-industry taxes particularly if they do not benefit the industry being taxed."

Ingrao said the Reston Chamber advo-

cated for additional funding for education at this year's General Assembly by supporting the restoration of Cost-of-Compete-Adjustment (COCA). "COCA recognizes that the costs of hiring and retaining teachers in northern Virginia is more expensive than in other parts of the state and the Chamber was part of a partnership that secured \$34.4 million this year," he said.

MCLEAN CITIZENS ASSOCIATION supports looking at alternative revenue sources including a possible meals tax. MCA passed a resolution in March urging the Board of Supervisors to look at "other opportunities for revenue improvement."

"So we get to share the fun with others," said Dale Stein, MCA's chairman of the budget committee. "Why does everything need to 'be on the back of the real estate tax,'" he said.

David Edelman, of the The Fairfax County Council of PTA's, said, "Our main concern is getting sustainable funding for schools and unfortunately there aren't many options available to us."

"We'll definitely get the message out there if the Board of Supervisors puts it on the ballot," he said.

THE BOARD of Supervisors would adopt a Resolution directing the County Attorney to file a petition with the Circuit Court by July 26.

The Board of Supervisors will meet on June 7 and instruct County staff to prepare documentation on the impact of the meals

Meals Tax

A possible meals tax could go to voters via referendum in the Nov. 8, 2016 general election. Under state law, the county would keep 100 percent of revenue generated by a meals tax. Counties can impose a meals tax if voters approve via referendum. If voters approve a meals tax, implementation could occur by July 1, 2017.

Meals Tax History By the Numbers

1992

A county meals tax was defeated by referendum in April 1992.

102,000

Voters cast votes in the 1992 referendum, which was approximately 25 percent of registered voters.

58

Percent of the voters voted against the potential meals tax in 1992.

2004

Legislation to exempt Fairfax County from the voter referendum requirement on a meals tax passed the Virginia Senate but failed to pass the house.

2008

Loudoun County held a referendum for a meals tax in November 2008 to fund new school construction, but it failed by a 70-30 percent vote.

2013

Henrico and Middlesex counties approved meals tax referendums. A similar effort in Chesterfield failed to pass.

tax on the county; the Board could vote officially to prove or not approve the ballot question.

In 2008, Loudoun County held a referendum for a meals tax in November 2008 to fund new school construction, but it failed by a 70-30 percent vote.

In 2013, Henrico and Middlesex counties approved meals tax referendums. A similar effort in Chesterfield failed to pass.

"The meals tax ballot questions that have been approved are the ones that tell you where the money is going, and where it will go to schools and capital improvements," said McKay.

The Town of Herndon passed its meals tax in 2003.

"We estimated \$900,000, and it generated \$900,279. Not bad for estimating something right out of the chute," said Mary Tuohy, the Town's director of finance.

Herndon Town Council increased the rate from 1.5 to 2.5 percent in 2011, and directed funding to major Herndon downtown infrastructure projects. Herndon also uses the meals tax to promote its restaurants and dineONHerndon campaign, according to Town's spokesman Anne Curtis.

The Town's tax preempts a county tax, said Curtis and Tuohy, "and in fact was one of the reasons it was enacted in Herndon in the first place," said Curtis.

If county voters approve a meals tax, implementation could occur by July 1, 2017.

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McLEAN CRIME REPORTS

Notable incidents from the Fairfax County Police blotter from May 6-13.

Commercial Robbery - 6200 block of Old Dominion Drive, May 9, 2:33 p.m. Two men entered a Subway and displayed a handgun to the employees. They took cash from the register, as well as property from the victims, then fled. The victims did not require medical attention. The suspects were described as black, approximately 5-foot-8 inches tall, 160 pounds, wearing dark clothing.

Commercial Robbery - 8000 block of Leesburg Pike, May 8, 3:06 a.m. Two men entered a convenience store and displayed a handgun to an employee. The suspects took cash and property and fled. The victim did not require medical attention. The suspects were described as black, approximately 6-feet tall, one wearing a silver sweatshirt, and the other wearing a black sweatshirt with his face covered.

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to vienna@connectionnewspapers.com. Deadline is Friday at noon.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

McLean Bible Church Fitness Class at Body and Soul Fitness. Gain balance, energy and strength at 9:45 a.m. Mondays and Fridays. Free childcare for registered students. bodyandsoul@mcleanbible.org.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. 703-356-7100 or www.ChesterbrookUMC.org.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. ShalomDC.org.

Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Sunday worship services are at 8:30 and 10:30 a.m. Sunday School for adults is at 9:30 a.m. and for children during the 10:30 a.m. worship service. Youth Group for grades 7-12 meets Sundays at 6 p.m. A 20-minute service of Holy Communion is held each Wednesday at noon. 703-356-3312 or umtrinity.org.



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CAPPIES REVIEW



PHOTO BY DIANA LIM

From left: **Brittany Lund** and **Jamie Goodson** in **Langley High** production of 'Chicago.'

Lights, Camera, Corruption

Langley High production of 'Chicago.'

By **MIKAYLA HODGE**
 ALBERT EINSTEIN HIGH SCHOOL

Lights, camera, corruption! "Chicago" is all about the seedy, sneaky underbelly of the urban 1920s. Since its Broadway debut in 1975, the vaudeville musical has enthralled and scandalized audiences with suggestive lyrics, despicable characters and an unflinching satire of the criminal justice system. Langley High School did this daring show justice with maturity and sophistication.

Jamie Goodson (Velma Kelly) began the night's festivities with "All That Jazz." Goodson executed her numerous solos with impressive stamina, often hitting high kicks and high notes on the same beat. She elicited gasps from on-lookers as she dropped into perfect splits and single-handedly performed a duet in "I Can't Do It Alone." She moved and sang cohesively with the ensemble while maintaining an individuality that was intimidating. During both "My Own Best Friend" and "Class," Goodson meshed flawlessly with Brittany Lund (Roxie Hart) and Camila Maric (Matron "Mama" Morton), respectively. Her facial expressions in particular carried her character.

Brittany Lund skillfully maneuvered Roxie's emotional twists and turns from enraged, to confident,

to hopeless. She exuded a sleazy air that paired with the musical's overall tone. Richie Follin (Billy Flynn) also mastered the art of simultaneously attracting the audience with his smooth voice and magnetic stage presence, and repelling viewers with his questionable law practices. Unfortunately for some actors, the portrayal of immoral came off as indifferent.

This immorality was offset heartwrenchingly by Amos Hart's (Mark Bosset) dim innocence. Bosset prompted audible sympathy from the audience with each rejection and disappointment.

Vocalists such as Camila Maric and Mary Sunshine (A. Akbari) especially wowed the audience. Maric supported her solo number, "When You're Good to Mama" in gorgeous fashion. She fully and expertly embodied the iconic role of the underhanded matron. A. Akbari's grand soprano warbles were even more impressive in retrospect, after he is revealed to be male.

The technical aspects of the show were at turns vivid and understated to suit the performance. Each major character had their own color that the lights and costumes followed throughout the show. Velma's red expressed her temper and sensuality, Mama's green illustrated her greed, and Roxie's pink represented her childish petulance. This commendable attention to detail was even more striking when accounting the difficulties the company had finding rehearsal space due to Langley High School's major renovations.

The "Chicago" company put on a brilliant show that audiences won't soon forget.



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In Search of Diversified Revenue

Fairfax County residents can expect to see meals tax question on November ballots.

Local governments pay for almost all of local services, including schools, by taxing a single industry, property owners.

In Fairfax County, property taxes pay for 65 percent of the budget. In Arlington, which has more revenue options as an urban county, property taxes pay for 57 percent of everything. In the City of Alexandria, property taxes pay for 58 percent.

It costs more every year to provide a consistent level of services, and the sources of revenue available to local governments in Virginia are very limited, forcing an outsized reliance on property taxes. The reason is that localities in Virginia have only the power explicitly given to them by the General Assembly, and the General Assembly allows very few options for localities to collect revenue.

Alexandria and Arlington already have a 4 percent meals tax on top of the 6 percent sales tax, and it's evident that the robust restaurant scene in both areas has not suffered as a result. Would-be diners do not drive to Fairfax County to avoid the tax. But whether Fairfax County can collect a meals tax will be up to voters in November, pending the Board of Supervisors putting the question on the ballot.

A meals tax is not a silver bullet, but it does add one more source of revenue. A 4-cent meals tax is roughly equivalent to the 4-cent increase in property taxes that Fairfax County residents will face this year. But the property tax is levied on people with no relationship to their ability to pay. The meals tax is related to spending, a more progressive approach, and will also collect taxes from non-residents.

This is one of the wealthiest regions in the country, and the highly educated population has high expectations. Schools, public safety,

EDITORIAL

recreational facilities, transportation, human services and other services and facilities cannot be allowed to atrophy because real estate values are flat. The Fairfax County Board of Supervisors was correct to provide what Chairman Sharon Bulova called a "booster shot," mostly to schools but also to other needs in the county.

What is needed for the future is access to other, more diversified forms of taxes. While it is a pipe dream given the disposition of the General Assembly, what is really needed is to give localities a portion of the income tax. In the meantime, locals will have to press the state to pay for its fair share locally, and to allow increases in cigarette taxes and other possible sources of revenue.

— MARY KIMM

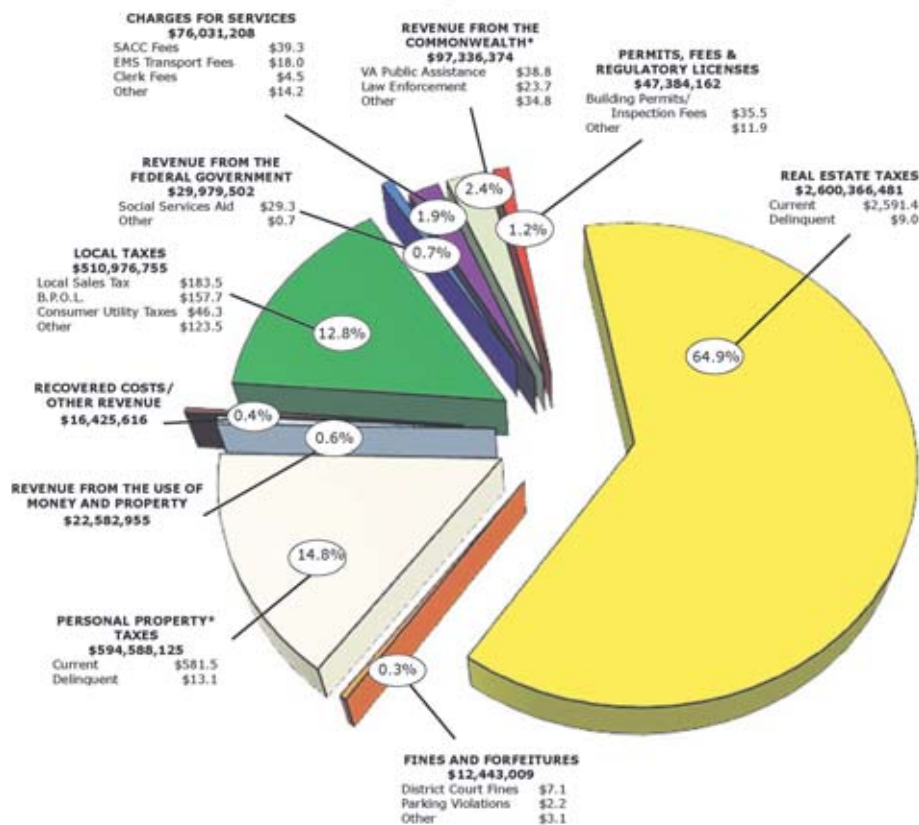
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An exemption and/or deferral of real estate taxes is available for qualified Arlington homeowners age 65 and older and certain totally and permanently disabled homeowners, call 703-228-3920 or visit <https://topics.arlingtonva.us/realstate/taxes-payments/real-estate-tax-relief/>

Residents of the City of Alexandria who are either 65 years of age or older or permanently and totally disabled by Nov. 15, 2016, may be eligible for the City's Real Estate Tax Relief Program for Elderly and Disabled Persons, call 703-746-3901, Option 6, or visit <https://www.alexandriava.gov/finance/info/default.aspx?id=2886>.

LETTERS TO THE EDITOR

For the Benefit of All, Fairfax County Needs a Meals Tax

To the Editor:

For the strongest education for our children and for economic prosperity, Fairfax Co. must pass a Meals Tax. We all know the critical nature of the best education for all children but we need reminding that the highest quality schools also yield the highest housing prices.

Currently, Fairfax County is losing too many top teachers to neighboring school districts, especially Arlington County, who pay significantly higher salaries. I cite the following report to the FC School Board last December: A

study conducted by Segal Waters Consulting has revealed that Fairfax County Public Schools (FCPS) teacher salaries fall well behind those of other local jurisdictions, particularly in years 5-20 of a teacher's career. Over a 30-year career, an FCPS teacher earns \$142,000 less than our survey average and \$293,000 less than a teacher at Arlington Public Schools. When considering total compensation over a 30-year period, the gap narrows to \$52,000. The study was presented to the Fairfax County School Board at its Dec. 7, 2015 work session.

A Meals Tax will raise crucial revenues for schools, infrastructure and social services. Few, if any people do not eat out in D.C., Arlington or Alexandria because they have a revenue-producing meals tax. Few, if any will decline to eat out in Fairfax either.

Let's all get behind the Meals Tax for the benefit of our children and to maintain quality schools that raise the value of our homes.

Dennis and Shirley Bloomquist
Great Falls

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PHOTOS BY DANIELLE GRAE/THE CONNECTION

From left: McLean residents and freshmen at McLean High School Austin Jensen and Bryce Liquerman, McLean resident and sophomore at Thomas Jefferson High School for Science and Technology Kai Amelung, School Board Member At Large Ryan McElveen, Dranesville District School Board Representative Janie Strauss, and School Board Member At Large Ilryong Moon showed their support by attending the Relay For Life.

Education • Learning • Fun



McLean High School Executive Director senior Emma Chamberlayne, Langley High School Executive Director senior Will Pfadenhauer, and Relay For Life Community Manager Katie Sue Van Valkenburg of Oak Hill pumped up the crowd while reviewing the night's itinerary.



During the relay, Langley High School junior Andrew Shapiro broke the 6, 12 and 24 hour world records for pull ups. Shapiro decided to seek the records in honor of his father, Allen Shapiro, who is fighting cancer.

McLean, Langley High Students Unite to Fight Cancer

BY DANIELLE GRAE
THE CONNECTION

Hundreds of students from rivals Langley and McLean high schools walked through the night of May 14 at Cooper Middle School during the Relay For Life to raise money for the American Cancer Society (ACS).

"We love our rivalry, but I love how you can see people from Langley and McLean meeting each other, becoming friends and working together for something that's bigger than all of us," senior and executive director from McLean High School Emma Chamberlayne said.

Chamberlayne worked for 12 months with her Langley High School counterpart, senior Will Pfadenhauer, and Relay For Life Community Manager Katie Sue Van Valkenburg of Oak Hill to over-



After the survivor lap, the caretakers walked a lap around the track. Hundreds of students from schools such as McLean and Langley high schools walked the track.

see a committee of about 40 students from both schools to organize the event. The students re-

cruited local cancer survivors to attend the event.

The night kicked off with the

over 800 participants surrounding the track to cheer on cancer survivors doing a lap around the track. Smiles beamed on survivors' faces as they ran under bridges of raised arms, holding hands across the track. But one lap doesn't adequately symbolize the long-term journey of cancer survivors. A whole night of having at least one person from a team at all times on the track represents the ongoing battle.

"This is a never ending thing," cancer survivor, Woodbridge resident, and Lorton Senior Center Assistant Director Kimberly Frengel said, comparing cancer to the relay. "People need to keep fighting cancer and funding more research so it can get to a point that cancer can be cured."

During the relay, Langley High School junior Andrew Shapiro broke the 6, 12 and 24 hour world records for pull ups. Shapiro de-

cided to seek the records in honor of his father, Allen Shapiro, who is fighting cancer.

Although the relay has a goal of over \$150,000, even a small donation can help local cancer patients.

"If you donate to ACS, you might think you're donating to a weird abyss of cancer research. You're not," Van Valkenburg said. "\$10 can provide a ride for a patient to get to and from lifesaving treatment. Many people think they could just call an Uber. Some people can't afford that and skip chemo rather than pay for the ride, so it's important that someone donates that \$10."

The relay will continue to accept donations until Aug. 31. You can donate online at the Relay For Life of Langley McLean's webpage: http://main.acevents.org/site/TR/RelayForLife/RFLCY16SA?pg=entry&fr_id=71191.

National Men's Chorus

Thomas Beveridge, Artistic Director
Thomas Pandolfi, piano
Paul Skevington, organ
Phil Snedecor, trumpet

Memorial Day, 2016



Sunday, May 29, 2016 5:00 p.m.

Saint Luke Catholic Church
7001 Georgetown Pike, McLean, VA

Tickets at the door: Adults \$20, Students and Children Free
See ticket info at www.nationalmenschorus.org or call 202-244-7191.

Concert Parking is Free



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McLean Tree Foundation (MTF) volunteers, from left, Bruce Lipton and Ray Lewyckyj prepare a planting hole for a Redbud tree in Lewinsville Park, McLean, in celebration of Arbor Day.



MTF volunteers plant a Redbud trees in Lewinsville Park, McLean, in celebration of Arbor Day. From left to right: Bruce Lipton, Tom Blackburn, Brenda Frank, and Eric Simpson.

McLean Trees Foundation Celebrates Arbor Day with Plantings of New Trees In McLean

In recognition of Arbor Day and the numerous benefits that trees give to the community, the McLean Trees Foundation (MTF) donated and planted three Redbud trees in Lewinsville Park and two White Oak trees in Churchill Road Park with the help of ten volunteers.

"Studies show that trees in parks and other recreational areas improve leisure and recreation experiences", said Joyce Harris, Chairman of MTF. "Additionally, trees provide us with health, environmental, economic, aesthetic and quality-of-life benefits."

The Redbuds were planted in Lewinsville Park along the entrance road and adjacent to the basketball courts. In Churchill Road Park, the White Oaks were planted near the entrance signs to the Park. MTF volunteers will water and maintain the trees for two to three years until they become established with stronger root systems.

All trees were mulched and protected from deer with stakes and monofilament.

"We appreciate MTF's contribution of trees to our parks," said Russell Arrington, Area 1 Manager for the Fairfax County Park Authority. "We know that MTF has limited resources and manpower, so this is a very nice gift to the community. Everyone benefits from trees."

Redbuds (*Cercis canadensis*) are one of the first trees to bloom in spring with pink to purplish flowers and have a moderate wildlife value. White Oaks (*Quercus alba*) are slow growers and have a high wildlife value, supporting more than 500 species of caterpillars.

MTF volunteer Bruce Lipton helps plant and water a Redbud tree in Lewinsville Park, McLean, in celebration of Arbor Day.



MTF volunteers celebrate Arbor Day with the planting of three new Redbud trees in Lewinsville Park, McLean. From left: Tom Blackburn, Eric Simpson, Brenda Frank, and Janet Gale.



MTF volunteers plant two White Oak trees in Churchill Road Park, McLean, in celebration of Arbor Day. From left: Merrily Pierce, Carol Wolter, Brenda Frank, Janet Gale and Joyce Harris.

Used Book Collection to Benefit Scholarships for Women

American Association of University Women (AAUW) McLean Branch will host a Used Book Collection. Also, bring your CDs, DVDs, software, children's book, records, and recent textbooks, all in good condition. Proceeds benefit scholarships for women. Saturday, May 21, 9 a.m. to 1:30 p.m. SunTrust Bank, 515 Maple Ave., East, Vienna. aauwbookfair@gmail.com. Tel: 703-527-4206.

Farm to Host 18th-Century Spring Market Fair

Claude Moore Colonial Farm will host its first market fair of the season on Saturday and Sunday, May 21-22, 11 a.m.-4:30 p.m. The visitors will be able to watch spinning and candle making, enjoy a children's puppet theater and make their own corn husk doll. There will be games and music plus opportunity to interact with staff and volunteers in colonial costume and character. See heritage breed animals on site including Ossabow pigs, chickens and turkeys. Lunch available for purchase includes spit roasted chicken, sausages, seasonal vegetables, cheeses and breads, roasted olives, fruit pies and cakes. The Tavern offers cask ale, beer, wine, fresh ginger ale, lemonade and more. Herbs and flowering plants available for purchase as well as soaps, candles, 18th-century clothing and jewelry. Affordable, fun and educational.

Adults: \$8; Children 3-12 and Seniors: \$3; children under 3 complimentary admission. Free parking. Weather permitting. The farm is located at 6310 Georgetown Pike, McLean.

SEE WEEK, PAGE 13

NEWS

Walkway Completed on Traffic Island at Intersection of Spring Hill and Lewinsville Roads

On April 21, Supervisor John Foust, County Park Authority staff, and representatives from Dominion Virginia Power and the Lewinsville Coalition, celebrated the recent completion of a walkway across the traffic island located at the intersection of Spring Hill Road and Lewinsville Road.

The Lewinsville Road and Spring Hill Road intersection is one of the busiest intersections in McLean — blocks from Tysons and abutting both the Spring Hill RECenter and Spring Hill Elementary School. The absence of a walkway on the traffic island has long been an obstacle for safely navigating the area. The completion of the trail connects three crosswalks critical to pedestrian safety in the area.

The traffic island on which the trail was built is a triangular-shaped parcel of land, previously owned by Dominion Virginia Power (DVP) and used as an electric station until 1992. As far back as 1993 and continuing for many years, the Lewinsville Coalition and elected officials attempted to get DVP to cede the property or provide a public easement to Fairfax County so that a pedestrian trail could be constructed. For a variety of reasons, their efforts were not successful.

After Supervisor Foust reopened discussions with DVP in 2012, the company decided to deed the property to Fairfax County without compensation. The land was transferred to the Park Authority and the trail was built as part of the project to renovate and expand the Spring Hill RECenter. Tim Sargeant, manager, State and Local Affairs, Dominion Resources Services, Inc. and Carolyn Moss, managing director, State and Local Affairs of Dominion Virginia Power, were instrumental in reaching the agreement. At its Jan. 8, 2013 meeting, the Board of Supervisors recognized DVP for the company's donation.

This new walkway adds to the growing network of pedestrian facilities in this neighborhood, including between Lewinsville Road and Summerwood Drive on the west side of Spring Hill Road, one on the east side of Spring Hill Road between the Veterans of Foreign Wars facility (just south of Old Dominion Drive) and Pettit Court; and one on south side of Lewinsville Road between Elsinore and Snow Meadow Court.

"Dominion is pleased to have been given the opportunity to help make this connecting trail a reality. It is deeply gratifying to see a vacant piece of land transformed into a beautiful trail that will offer multiple benefits to Northern Virginia residents for



PHOTO CONTRIBUTED

From left: Supervisor John Foust, Carolyn Moss and Tim Sargeant, Representatives, Dominion Virginia Power, Irv Auerbach, President, Lewinsville Coalition, and Marcellous Cooper, manager, Spring Hill RECenter

years to come. We could not be more thrilled," said Moss.

Marcellous Cooper, manager of the Spring Hill RECenter and Fairfax County Park Authority representative remarked: "Completion of the new trail connection is a wonderful improvement that provides safe pedestrian access to the RECenter from the surrounding communities."

Speaking as the president of the Lewinsville Coalition, Irv Auerbach said: "On behalf of The Lewinsville Coalition, I express our thanks to Supervisor Foust and his staff for getting Dominion Resources to contribute the traffic island and for getting the trail designed and built."

For more information contact Jane Edmondson in the office of Supervisor Foust at 703-356-0551 or email Jane.Edmondson@FairfaxCounty.gov.

WEEK IN MCLEAN

FROM PAGE 12

McLean Chamber of Commerce to Host After-Hours Mixer

On May 19, from 5 to 7 p.m. the Greater McLean Chamber of Commerce will host its monthly After-Hours Mixer at Langley Shopping Center. The community is invited to visit the Langley Shopping Center for refreshments, demonstrations and specials. Participating merchants include: Flowers & Plants, etc., Dal Grano, McLean Pharmacy, Music & Arts, PR at Partners, Destination Fitness, Masala, Color Wheel and Lamps Unlimited. Those who visit every retailer will have a chance to win a raffle prize. This free community event offers attendees the opportunity to net-

work with business and community leaders while learning more about and supporting local businesses. Langley Shopping Center, 1394 Chain Bridge Road, McLean. For more information, contact Paul Kohlenberger at pkohlenberger@mcleanchamber.org or 703-356-5424.

Volunteers to Help 'Feed the World'

Volunteers are needed for the June 5 family-friendly "Falls Church Feeds the World" event to help create 20,000 meals that will be packed and shipped worldwide. Adults and kids 4 and up can participate. Shifts last 1-2 hours. Taking place at Christ Crossman UMC, 384 N. Washington St., Falls Church from 1-5 p.m.. Register: www.christcrossman.org or 703-532-4026.

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editors@connectionnewspapers.com

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

JUNE

6/1/2016.....Wellbeing

6/8/2016.....Father's Day Dining & Gifts

6/8/2016.....HomeLifeStyle

6/15/2016.....A+ Graduations & Summer Learning

6/15/2016.....Father's Day Dining & Gifts

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6/29/2016.....Connection Families

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Hundreds enjoy rides at McLean Day each year.



McLean Day: This Saturday

One year ago, The McLean Day celebration turned 100 at Lewinsville Park.

This year, McLean Day continues its second century on Saturday, May 21, from 11 a.m.–5 p.m. at Lewinsville Park, 1659 Chain Bridge Road.

The six-hour, free-admission party, produced by the McLean Community Center, thrills the community at Lewinsville Park on Chain Bridge Road with amusements, rides, food trucks, games, balloon animals, bumper ball, laser tag, tennis, a roaming magician and a petting zoo.

Exhibitor booths will provide the ability to learn about McLean civic association and businesses.

Last year, 13,500 people attended the event, according to the McLean Community Center.

A naturalist will share a Riverbend Park Special Presentation at the White Park House at noon and again at 3 p.m.

Music and entertainment will be provided throughout the day on two stages, one specifically for youth.

Free parking and bus shuttles will be available at the following shuttle sites:

McLean Community Center
Trinity UMC

McLean Baptist Church

Parking will not be available at Redeemer Church this year due to a church event.

EACH YEAR, the McLean Citizens Association recognizes six teens who have demonstrated outstanding character through contributions to their neighborhood and community.

The 19th Annual McLean Citizens Association Teen Character Awards will be presented at a ceremony at 3 p.m.

Teenagers who live in the McLean area (McLean Planning District) and aged 13-19 are eligible each year.

CORPORATE AND COMMUNITY sponsors include: State Farm Agent Lynn Heinrichs, Verizon, McLean Properties, Giant Food, Wheat's Landscape Company, Washington Fine Properties, LLC and Squeals On Wheels.

McLEAN DAY HISTORIANS Paul Kohlenberger, Merrily Pierce and Kim Todd, wrote about McLean Day's history for the Connection last year.

The first McLean Day was held on July 31, 1915 on school grounds and an adjacent lot. A highlight was the equestrian tournament whose winner chose the fair's "Queen of Beauty." Proceeds paid for drainage pipes, a driveway to the school, and sidewalks on the school grounds.



Tierney Jacober, 13 months, waited a year to enjoy her second McLean Day celebration last year. Her mom Jennifer Jacober has taken her both times.

At a Glance

MCLEAN DAY

Lewinsville Park
1659 Chain Bridge Road
McLean, VA 22101
11 a.m. to 5 p.m.

Free Parking available at following shuttle sites:
McLean Community Center
Trinity UMC

McLean Baptist Church
Parking will NOT be available at Redeemer Church this year due to a church event. Violators will be towed.

McLean Day was so successful that the Civic League of McLean voted to make it an annual event and was the principal source of funding in this community for public infrastructure and school needs.

Under organization president Henry Ayers of Tysons Cross Roads, the Civic League of McLean began sponsoring McLean Day with the McLean Volunteer Fire Department (MVFD) in 1923.

Proceeds by 1925 helped the purchasing of a proper fire station and fire engines for the county's first incorporated fire department.

By the end of the decade, McLean Day had paid for installation of a school bell, a wire fence around the school, interior and exterior painting, playground equipment, installation of fire escapes, and a water cistern.

McLean Day proceeds became the seed money for emerging organizations such as the McLean Library Association, the McLean Baptist Church, a local chapter of the American Red Cross and the area's first Boy Scout Troop 128.

By this time McLean Day had become McLean "Week," including a horse show, tug of war between towns, automobile races, raffles and even a "husband-calling" contest.

By the early 1940s, the McLean Day carnival had expanded to twelve days, with a Chevrolet given away as a prize one year and a steer the next.



"Two Greats – Great Falls and Great Blue Heron" captures life at Great Falls National Park. This photo will be on display at Katie's Coffee through May 31.

Send announcements to connectionnewspapers.com/Calendar/. Deadline is Friday at noon for the following week's paper. Photos/artwork encouraged.

ONGOING

"So Many Parks - So Little Time."

Through May 31. Katie's Coffee House, 760 Walker Road, Great Falls. Artist Dee Leggetts photographs of national parks. 703-861-3335.

Meadowlark Magic at Meadowlark Botanical Gardens. May 2-Through June 20. 9750 Meadowlark Gardens Court, Vienna. Vienna Arts Society members exhibit their work. 703-255-3631.

Lashley Artist Showcase. May 2-28. Broadway Gallery and Fine Art and Framing, 1025-J Seneca Road, Great Falls. The paintings of award-winning "plein air" artist Christine Lashley. broadwaygallery.net. 703-450-8005.

"Slice of Life" and The National Gallery of Art Copyists Exhibits. Tuesdays-Saturdays, 10 a.m.-4 p.m. May 3-28. Vienna Art Center, 115 Pleasant St., NW, Vienna. Two exhibits by the Vienna Arts Society. Free. viennaartssociety.org.

Time Traveler Tuesdays. 4:30 p.m. March 29-June 7. Colvin Run Mill, 10017 Colvin Run Road, Great Falls. This weekly series will take participants on an interactive journey through time, focusing on a different period in Virginia history each week. Register at <http://www.fairfaxcounty.gov/parks/colvinrunmill/events.htm>.

Weekly Storytime. Wednesday and Saturday. 11 a.m. Barnes & Noble, 7851 L Tysons Corner Center, McLean. Themes and Titles vary. Free admission.

Window Shop Treatment

Workshop. 6-8 p.m. Ethan Allen Tysons, 8520 Leesburg Pike, Vienna. Bring window ideas and challenges and we will help find solutions that work. 703-356-6405.

THURSDAY/MAY 19

Penny University Event. 7 p.m. Caffé Amouri, 107 Church St. NE, Vienna. "Blooming into Mindfulness" book discussion with author Martha Brettschneider. Free. Nicki@caffeamouri.com.

Public Works Day. 2-6 p.m. Northside Property Yard, 600 Mill St., NE. Vienna residents, school and scout groups, and others are invited to tour the property yard; get an up-close look at the heavy machinery, vehicles, and equipment used by public works; and meet the employees who provide these essential services. Police and fire equipment also will be on site. 703-255-6380.

FRIDAY/MAY 20

Preschool Nature Nuts. 10:30-11:15 a.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Learn about spring flowers. \$5. Register at NOVAparks.com.

McLean Art Society Meeting. 10 a.m.-noon. McLean Community Center, 1234 Ingleside Ave., McLean. Nancy Still, an artist specializing and teaching the painting of miniatures will be the featured presenter. Guests welcome. 703-790-0123.

Art + Crafts Event. 6:30 p.m. McLean Project for the Arts, 1234 Ingleside Ave., McLean. George Mason University Printmaking professor Helen Frederick, will describe her trip to San Pablito, Mexico to learn about the traditional Papel Amate papermaking technique practiced by the Otomi community. \$8. mpaart.org. 703-790-1953.

SATURDAY/MAY 21

BioBlitz2016. 9:30 a.m.-3 p.m. Wolf Trap National Park, 1551 Trap Road, Vienna. Inventory as many species as possible. <http://friendsofwolftrap.org>.

SATURDAY/MAY 21

Beneficial Insects. 10:30-11:30 a.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Find out how to keep pest from eating your plants, while still caring for the environment. Preregistration required. \$5. NOVAparks.com.

SUNDAY/MAY 22

Specimen Plant Walk. 4-5:15 p.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. One-mile walk through Meadowlark introducing participants to plants that can add interest to home gardens. \$2.50-\$5. Register at NOVAparks.com.

Trio Cleonice. 3 p.m. The Alden, 1234 Ingleside Ave., McLean. This dynamic young Boston-based piano trio has established itself as one of the most creative, communicative and exhilarating ensembles in the U.S. today. Free. mcleancenter.org.

Chess 4 Charity. 12:30 p.m. OLG School, 8601 Wolftrap Road, Vienna. Proceeds go to Children's Miracle Network. <http://www.chess4charity.org/>.

Country Music Fest. Noon-8 p.m. McLean VFW, 1051 Spring Hill Road, McLean. Bands, and barbecue and beans. Fundraiser for Bill Flammer, Sr. \$15. 703-883-9250.

Amadeus Orchestra with Thomas Pandolfi. 4 p.m. Saint Luke Catholic Church, 7001, Georgetown Pike, SEE CALENDAR, PAGE 15

CALENDAR

FROM PAGE 14

McLean. Pianist Thomas Pandolfi. \$30. amadeusconcerts.com.

SATURDAY-SUNDAY/MAY 28-29

Model Trains at Open House. 1-5 p.m. Historic Vienna Train Station, 231 Dominion Road, NE, Vienna. Part of ViVa Vienna Days. Thomas and his friends will be there. 703-938-5157. nvmr.org.

SUNDAY/MAY 29

National Men's Chorus. 5 p.m. Saint Luke Catholic Church, 7001 Georgetown Pike, McLean. Memorial day concert. \$20. Students and children free. nationalmenschorus.org. 202-244-7191.

MONDAY/MAY 30

Memorial Day Great Falls Freedom Memorial. 11 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Taps bugler, patriotic songs, remarks by retired Air Force Brigadier General Richard Stephen Ritchie (one of five American aces during the Vietnam War), a reading of the names and bell-ringing for each of the 25 residents of Great Falls who have fallen in service to our country, a wreath-laying by local dignitaries, and a raising of the flags by Boy Scout Troop 55. 703-450-5220.

THURSDAY/JUNE 2

Rain Follows the Plow. 9 p.m. Jammin Java, 227 Maple Ave. E., Vienna. Folk Opera about the Dust



PHOTO BY KIM MORAN

Alex Himy and Ayaan Ramnani (from left) enjoy a special moment with their mothers Chelsea Pratt and Ria Ramnani during their Mother's Day celebration.

Making 'Muffins for Mom'

Churchill Road kindergarteners celebrated Mother's Day on Friday, May 6 by hosting "Muffins for Mom." Students in each of the three kindergarten classes (Barbara Lewis, Erin Thurston and Laura Zielinski) worked with the art teachers Julie Brodzik and Katie Gong to create hand-stitched squares for their moms. The students also made special Mother's Day placemats and helped their teachers make cupcakes for the event.

Bowl. jamminjava.com.

FRIDAY-SUNDAY/JUNE 3-5

Great Falls SpringFest. Great Falls Village Green. behind the shops at

Walker Road and Georgetown Pike. For updated information on time, events and performers, go to www.GreatFallsStudios.com.



Vote on McLean Day

**McLean Community Center
Governing Board Election**
Saturday, May 21, from 10:30 a.m.-5 p.m.
Lewinsville Park, 1659 Chain Bridge Road

Your Vote is Your Voice!

All qualified residents of Small District 1A Dranesville are encouraged to vote for members of the 2016-2017 MCC Governing Board.

- You need not be registered to vote in the general election
- Proof of residence, such as a driver's license, is required

Absentee Ballot

Vote now by absentee ballot and avoid the crowds! View the candidate statements on the Center's Website. Call the Center or send an E-mail message to "elections@mcleancenter.org" to request a ballot package be sent to your home. Or, stop by MCC at 1234 Ingleside Avenue or the Old Firehouse Teen Center at 1440 Chain Bridge Rd., and pick one up. Completed ballots must be received by 5 p.m. on Wednesday, May 18 to be counted.



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lost (adj): 1. unable to find the way. 2. not appreciated or understood. 3. no longer owned or known

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The McLean Community Center
1234 Ingleside Ave., McLean VA 22101
703-790-0123; TTY: 711
www.mcleancenter.org



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

The Madison girls' lacrosse team won the Conference 6 championship with an 11-9 victory over Langley on May 13.



Sophomore goalie Ellie Socher and the Madison girls' lacrosse team held Langley scoreless for the first 21-plus minutes of the second half of the Conference 6 championship game.

Madison Girls' Lax Wins Sixth Straight Conference/ District Championship

Warhawks knock off previously undefeated Langley in tournament final.

BY JON ROETMAN
THE CONNECTION

The Madison girls' lacrosse team entered Friday's Conference 6 tournament final as the five-time defending champion.

The Warhawks, however, felt their opponent was the one carrying the target on its back.

Langley, the tournament's No. 1 seed, was undefeated and had already beaten Madison, 14-10, during the regular season. But while the No. 2 seed Warhawks were an underdog on paper, they played like a team unwilling to relinquish its place atop the conference.

The Warhawks built a six-goal second-half advantage and held on for an 11-9 victory over the Saxons on May 13 at Langley High School. Madison captured its sixth consecutive Conference 6/Liberty District championship and defeated Langley in the conference/district final for the fifth time in six seasons.

"Awesome," is how midfielder Andie Battin, one of four seniors on the Madison roster, described the feeling of victory. "I'm a senior, so 4-for-4 (in conference/district championship games). It's pretty exciting."

Battin said not being the top seed resulted in less stress for the Warhawks.

"Definitely thought we had something to prove, especially since, normally, we're the ones that everyone wants to beat," Battin said. "It's definitely different [being] on the other side of that."

MADISON fell behind early during its regular-season loss to Langley. On Friday, the Warhawks never trailed and entered half-time with a 7-5 lead.

"I think we used their win as motivation to work harder at practices," Madison sophomore goalkeeper Ellie Socher said,



Madison sophomore Ashley Go, left, scored a goal during the Conference 6 championship game.

"and really show up today [and] come together as one."

Madison scored three times in the first 10 minutes of the second half and extended its lead to 11-5 when junior attacker Annabel Bentley found the back of the net with 4:47 remaining.

Langley made a late push, scoring four goals in a 1-minute, 35-second span, but the Saxons couldn't avoid their first loss of the season.

"The four-goal surge displayed what our team can do when we play as one team together on the field," Langley senior attacker and Conference 6 Offensive Player of the Year Halle Duenkel wrote in an email.

First-year Madison head coach Adam Norton said the Warhawks focused on limiting Langley's opportunities in transition.

"Their transition is lethal," Norton said. "Our main goal was to, basically, try and kill that and force them into [a] settled [offense], where we could control the situation better."

Madison held Langley scoreless for the

first 21-plus minutes of the second half.

"It was stellar," Norton said about Madison's defensive performance. "We have had issues with being a little leaky — letting people get unabated to cage and that didn't happen today. Our motto was 'one more pass' — force one more pass out of the offense so that there's a chance for the slide, there's a chance for a bad throw, a bad catch, an interception. It buys us a chance."

Madison featured a balanced scoring attack, with seven different players netting at least one goal. Olivia Choutka, Carly Rogers, Zoe Dyer and Bentley each had two goals, and Anya Saponja, Diana Lowther and Ashley Go each scored one.

Junior midfielder Emma Crooks, a first-team all-conference selection, led Langley with four goals. Anna Hofgard finished with three goals for the Saxons, and junior attacker Rebecca Bair and Duenkel each had one.

What went wrong for Langley?

"We lacked a sense of urgency during the



Langley senior Halle Duenkel was voted Conference 6 Offensive Player of the Year.

game," Duenkel wrote.

LANGLEY entered the 6A North region tournament as the No. 2 seed from Conference 6 and faced Osbourn Park on Tuesday, after The Connection's deadline.

"The feeling after (the loss to Madison) was painful and gut-wrenching," Duenkel wrote. "To regroup, we are focusing on our team and what to improve upon before the regional tournament."

Madison entered the region tournament as the No. 1 seed from Conference 6 and faced Osbourn on Tuesday.

"[T]his is the first game I've seen them come together like that," Madison assistant and former head coach Amanda Counts said about the Warhawks' performance against Langley. "That was an end-to-end performance and we hardly had to give any feedback from the sidelines. They know what it's about and finally they put it all together. Those girls who had been here three times before, I guess, spread the message to their teammates."

COMMUNITY

U.S. Rep. Gerry Connolly (D-11)



PHOTOS CONTRIBUTED

Raising the Stakes, For a Cause

To mark Mental Health Month, McLean-based nonprofit PRS held its annual Raising the Stakes Kentucky Derby Event at the Tower Club to support its mental illness recovery, suicide prevention, and crisis intervention efforts.

Former PRS Board member Eric Goplerud, PRS' Wendy Gradison, Terry Goplerud, Jon Goplerud, Jan Goplerud



Dr. Murutamanga Louis Kabahita teaching French at Potomac's Intermediate School.

PHOTO CONTRIBUTED

Potomac School French Teacher Recognized for 'Exceptional Teaching'

Dr. Murutamanga Louis Kabahita, a seventh- and eighth-grade French teacher at The Potomac School, has won a prestigious award from the Johns Hopkins Center for Talented Youth (CTY) for his exceptional teaching. Dr. Kabahita, who has been at Potomac since 1999, was awarded the Friedel and Otto Eberspacher Award for Excellence in the Teaching of a Modern Western European Language for his ability to inspire his students to understand the French language, people, and culture. He was one of 88 teachers nominated for the award this year.

Teachers are nominated by students from their home school in grades 7-12, who participate in CTY's summer programs in the humanities and writing. Nominated teachers then submit an essay discuss-

ing pivotal moments in their language education and teaching careers. Potomac School eighth-grader Anna Lerner, who participated in a CTY program this past summer, nominated Dr. Kabahita.

A native of the Democratic Republic of Congo, Dr. Kabahita recounted in his essay how he learned French from a teacher who used songs and pictures to pair words with meanings. Later, he sharpened his language skills by listening to the radio, watching French movies, and reading borrowed "Adventures of Tintin" comics. In 1975, he completed his undergraduate degree at the Institut Supérieur Pédagogique in Bukavu, Eastern Congo, majoring in French and minoring in linguistics. Years later, he earned a Ph.D. from Vanderbilt University in French and linguistics.



PHOTO CONTRIBUTED

Margery Sher, left, received the Dr. Jorge Arnoldson award from the Medical Care for Children Partnership Foundation at its annual Jeans and Jewels Gala held on April 29. Sher is the outgoing executive director of MCCC. The award recognizes her 40-year career helping children and families. MCCC Foundation provides healthcare to uninsured children in Fairfax County. Also at the podium are Penny Bladich, center, chairman of the MCCC Board of Directors and vice-president, Cardinal Bank, and Rosa Arnoldson, right, widow of the local pediatrician and child welfare advocate for whom the award is named. Looking on is Emcee David Culver, weekend anchor at NBC 4.

'Jeans and Jewels' Gala in Support of Dental, Medical Programs for Children

While millions of Americans have received coverage under the Affordable Healthcare Act, there are still many children in Fairfax County who do not have access to doctors and dentists. These children miss school, their parents miss work, and everyone pays the cost. One "safety net" program, which provides children of the working poor in our area with their own pediatricians and dentists, is the Medical Care for Children Partnership Foundation. An innovative public-private partnership, MCCC Foundation honored its retiring executive director Margery Leveen Sher, for her 40-year career working on behalf of children and families with the Dr. Jorge Arnoldson Memorial Award at its "Jeans and Jewels Gala" at the Tysons Marriott on April 29.

Since it began in 2007, MCCC Foundation has spent nearly \$2 million on healthcare for children in Fairfax County. Despite parents who work 2-3 jobs, these children are still without basic medical care. Families often have to choose between

putting food on the table or paying doctor bills, with the result being that children are often seen in emergency rooms, sicker and often in crisis. At the Gala, an original short film by local producer Diane Naughton impressed upon the audience the impact of access to dental care for a family of three boys who are enrolled in MCCC.

Over 300 private physicians, dentists and Kaiser Permanente provide care at free or reduced rates to MCCC children. Fairfax County government also supports the program, as do corporations, foundations and individuals. The largest fundraiser of the year, the "Jeans and Jewels Gala" raises funds and awareness of the "Hidden Fairfax" that exists alongside the affluent; the working poor who live and work in this wealthy community. Elected officials attending the gala included Del. Ken Plum (D-36), who also served as auctioneer, and State Sen. Barbara Favola (D-31). Type A, a local southern rock band, was also a big hit with the guests.

Clutter



By KENNETH B. LOURIE

Either it's the cancer/seven-plus years of chemotherapy, or it's my age. Regardless, information retention and recall is not quite what it used to be. What goes in doesn't exactly come out, or if it does, it's somewhat after the fact. I wouldn't say it's embarrassing yet, and it hasn't led to any speech impediment-type of hemming and hawing. But it has led to something, other than this column, that is.

I haven't quite resorted to index/flash cards, nor am I avoiding human interaction as a way to minimize the awkwardness. I am still going about my normal business – or lack thereof, and wondering if time is on my side or has it been usurped by powers greater than me. And since there's no real definitive answer, I'll try to stop questioning whether what I think I'm experiencing is inevitable or am I, as any Three Stooges aficionado would appreciate: simply "a victim of circumstance."

Granted, I may not be the sharpest knife in the drawer, but if we're invoking utensils here, neither am I a spoon. I can accept the fact that in the knife category, I'm closer to a butter knife than I am to a steak knife; meaning I get the job done, probably with less haste, but likely with more waste. Nevertheless, the job gets done and more often than not, it's without further ado. And while I'm using ado/adieu, I don't feel as if this lack of recall/retention is indicative of me bidding adieu. However, it does give me pause about my status as a long-time (in the stage IV, non-small cell lung cancer world, when one's prognosis was originally "13 months to two years," seven-plus years is a long time) survivor. Maybe I'm simply experiencing what any person nearing the age of 62 does. It's not the cancer, it's dare I say/hope: middle age. Although I'll admit I may be on the downside of it, and approaching what I'll call "older" age (not "old" age).

But let's be honest here, when an oncologist advises you at age 54 and a half that your prognosis is at best two years and that he can "treat you but can't cure you," and that perhaps, "you should take that vacation you've always dreamt of," not only does your middle age (or what's left of it) rapidly disappear, so too does your "older"/"old" age.

Quite unexpectedly then, given your prior good health and no history of cancer in your immediate family, your mind/brain quickly gets overloaded with facts, figures, feelings and fears it had never considered before. Ergo the clutter. Not that there's a limited amount of space in your head for all this new/never-expected information, but it does seem to crowd out more familiar, less impactful stuff. At least that's my story/rationalization and I'm most definitely sticking to it.

But my reality is: I am stuck with it, unfortunately. No cure doesn't exactly conjure optimism. Nevertheless, as a long-suffering Boston Red Sox fan (until 2004, that is, when "the curse" was finally broken as the Sox won their first World Series in 86 years), hope springs eternal, and so I remain ever hopeful. It's just that occasionally, I have difficulty remembering/articulating that hopefulness – among other things. No worries though. I know the information is still in my head, somewhere. I'm sure I'll get it out, eventually.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Chong Choe, Director
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News

Send Photos for Father's Day Galleries

Father's Day is Sunday, June 19, and as in years past, this newspaper will publish a gallery of photos of fathers, grandfathers, great grandfathers and sons and daughters. Send your photos, including names of everyone in the photo, ages of children, town of residence and a brief description of what is happening to north@connectionnewspapers.com or upload directly to connectionnewspapers.com/fathersday/. Please include the words "Father's Day" and your town of residence in the subject line.

BULLETIN BOARD

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/. The deadline for submissions is at noon on Friday.

SATURDAY/MAY 21

Used Book Collection. 9 a.m.-1:30 p.m.
SunTrust Bank, 515 Maple Ave., East, Vienna.
Sponsored by the AAUW McLean Branch. Also, bring your CDs, DVDs, software, children's book, records, and recent textbooks, all in good condition. Proceeds benefit scholarships for women. aauwbookfair@gmail.com. (703) 527-4206.

THURSDAY/MAY 26

Home/Investment/Discussion. 8-9 a.m. The Old Brogue Back Porch, 760 Walker Road, Suite C., Great Falls. Informal conversation with experts offers homeowners a fresh perspective on investment and alternative ways to save through property development. 703-865-5065. AVArchitectsbuild.com.

SUNDAY/JUNE 11

Disability Resource Fair. 10 a.m.-2 p.m.
ServiceSource Disability Resource Center, 10467 White Grante Drive, Oakton. The fair will provide personal access to experts in the disability field. We will have resources, nonprofit partners, and vendors covering a range of disability topics including children, autism, aging, and veterans. communications@servicesource.org. 703-461-6000.

ONGOING

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman/.

Fairfax County needs volunteers to **drive older adults to medical appointments and wellness programs**. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

Fairfax County needs a volunteer **Senior Center Marketing Coordinator** to assist the Friends of Fairfax County Senior Centers with marketing. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Lewinsville Senior Center** in McLean needs instructors for the following classes: Line Dance, Zumba Gold, Certified Arthritis Exercise, Square Dance, Basic Guitar, Art and Basic Spanish. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

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6005 Copely Lane, McLean \$1,250,000
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6420 Divine Street, McLean \$1,595,000
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