

MAY 25-31, 2016

25 CENTS NEWSSTAND PRICE



PHOTO BY BONNIE HOBBS/CENTRE VIEW

RITMO DMV's dramatic finale to "Yo No Se Mañana" during last year's cabaret.

Songs, Dances, Comedy

Ninth annual Reema remembrance cabaret is June 4.

BY BONNIE HOBBS
CENTRE VIEW

Singing, dancing, comedy sketches, a silent auction, food and fun will take center stage when Westfield High and Angel Fund host a free event celebrating life and community through the arts. It's slated for Saturday, June 4, in the Westfield auditorium, 4700 Stonecroft Blvd. in Chantilly.

The festivities begin with a silent auction and bake sale at 6 p.m., followed by a variety show at 7 p.m. There'll be one intermission when attendees may purchase more baked goods and continue bidding on the items up for auction.

It's the Ninth Annual Remembrance Cabaret in honor of Virginia Tech victim and Westfield grad Reema Samaha. And besides providing entertainment for the whole family, it's a fundraiser for two charities that improve students' lives.

There's no charge for admission, but all donations made that night, plus proceeds from T-shirt and baked-goods sales, will benefit both the Reema J. Samaha Memorial Scholarship Fund, as well as Angel Fund, which supports the safety and wellbeing of youth and school-aged children.

The scholarship fund is administered by the

Community Foundation for Northern Virginia. And each year, the foundation awards scholarships to eligible Westfield and Herndon high school seniors who will attend an accredited college in Virginia.

So, said event organizer and Westfield grad Ashley Dillard, "It's a great show that raises money for good causes, and you don't have to have known Reema to come enjoy the amazing performances. Everyone is welcome to attend and have a wonderful time."

Dillard organized the performers and is excited about the talent she's lined up. The Cabaret features professional and up-and-coming dancers, singers and comedy sketch artists from the Washington Metropolitan area, New York and Chicago. This year's hosts are professional improv and comedic actors Jesse Leahy and Megan Meadows, both Westfield High graduates.

Some of the acts include the Gin Dance Company and special guest singer Jim Van Slyke, as well as dancer/singer/actor Ahmad Maaty. In addition, two other Westfield grads, actress and singer Jade Jones and dancer Michelle Murgia, will perform a number together.

Emily Gardenhire, a professional actress and singer from New York, will be singing a solo.

SEE REEMA REMEMBRANCE, PAGE 11



Reema Samaha

Helping to Find Cure for Cancer

Local Relay For Life event is June 11.

BY BONNIE HOBBS
CENTRE VIEW

On the surface, walking around a track over and over may not seem too productive. But when done during the Relay for Life, it can make a world of difference to people battling cancer.

That's because the event raises money toward the American Cancer Society's mission to save lives by helping people stay well, get well and fight cancer, while researchers seek a cure. And this year's Relay For Life of Chantilly-Centreville will be held Saturday, June 11, at Westfield High, beginning at 3 p.m. and continuing until the next day around 6 a.m.

"Everybody's been touched by somebody they know who has cancer or who's lost the battle," said Greenbriar resident Tiffany Mar-

quess. "My dad passed in 2011 from cancer; and the week I emailed people about forming a team for the Relay, one of my friends was diagnosed with cancer. But she's on the team."

Marquess is captain of the 18-member, No Mo Chemo team. It'll be her first time participating in this event and she's almost reached her \$3,000 fundraising goal.

"My dad participated in a Relay For Life, 15 years ago, and I did the Avon [breast cancer] walk a couple years ago and liked the meaning behind it," she said. "I think the whole bonding during this event and getting to know people will be a special experience. And you could walk away with a friend for life you didn't know you were going to have."

The event is open to the public, and there'll be food, games, activities, souvenir sales, a raffle and entertainment. At 1 p.m. is the survivors and caregivers luncheon, with food donated by Bonefish Grill and music by the Gunsmoke

SEE HELPING, PAGE 4



PHOTO COURTESY OF MARION RANTIS

The Shooting Stars team will participate again this year.

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Virginia Department of Transportation

Public Hearing Notice

Fairfax County Secondary Six Year Plan

The Virginia Department of Transportation (VDOT) and The Board of Supervisors of Fairfax County, in accordance with Section 33.2.331 of the Code of Virginia, will conduct a joint public hearing in the Board Auditorium, Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA 22035 at 4:30 p.m. on June 21, 2016.

The purpose of this public hearing is to receive public comment on the Secondary Six Year Improvement Plan for Fiscal Years 2017 through 2022. Copies of the proposed plan may be reviewed at the VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

Persons wishing to speak at this public hearing should contact the Office of the Clerk to the County Board of Supervisors at 703-324-3151.

MANASSAS RAILWAY FESTIVAL

PRINCESSES TRAIN RIDES!

TRAIN TIMES

10:00 a.m.

11:00 a.m.

2:00 p.m.

3:00 p.m.

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www.visitmanassas.org

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- Canned Vegetables (Greens, Carrots, Mixed Vegetables)
- Box/bag of Rice (2 lb pkg)
- Dried Beans, Peas, Lentils
- Hot and Cold Cereal
- Small Dish Soap; Laundry Soap
- Deodorant
- Toothpaste
- Feminine Hygiene Pads (Note: Toiletry items can't be purchased with food stamps)

Donation Hours: Monday – Friday, 9:00 a.m. – 1:30 p.m.
13888 Metrotech Drive, Chantilly, VA, 20151
www.WFCMVA.org • 703-988-9656

NEWS

Memorial Day Prayer Service

To be held at Historic 'Old Stone Church' in Centreville.

The Church of the Ascension in Centreville invites all veterans, service members, and their families to a special celebration in honor of their service to the nation on Sunday, May 29, at 5:30 p.m.

During the U.S. Civil War (1861-1865), the "Old Stone Church" was the first designated Union Army surgical hospital. The surgical hospital received major casualties from the Battle of Blackburns Ford (1861), and during First Manassas (1861) and Second Manassas (1862).

The Old Stone Church, as a hospital, was traded back and forth between the medical departments of the Confederate and Union forces with the changes of the battle line.

The prayer service will begin with an honor guard and prayers at the memorial burial site behind the church, followed with Evening Prayer in the church. The organizers hope to recreate a service symbolic of the late 19th century. This service will include prayers for all those who have lost life and limb in the service of the country and hymns from The Hymnal of 1861. A reception follows in the fellowship room. All veterans and active service members are invited to wear their uniforms in recognition of their service.

For more information and directions to the church, visit www.ascension-acc.org. Click on the "Memorial Day" graphic or the map link on the lower right hand side of the page.

RSVP to: memorial@ascension-acc.org and include the need for any special accommodations such as

Here is the Old Stone Church circa 1862. Servicemen returning from WWII built the Parish Hall addition in 1944-1945.

The memorial burial site behind the church.

handicapped parking and ease of access.

If email is inconvenient or situations are complicated, telephone the coordinator, Kip at 571-315-4051.

The Church of the Ascension is located at 13941 Braddock Road, Centreville.



The Memorial Day Service's hosts: Seated from left are Kip Fawsett, treasurer; the Rev. Robert B. Harris; Col. G. H. Dimon, USAF (Ret.); standing from left, The Rev. Arthur E. Woolley, Jr.; Col. Robert A. Baer, USA (Ret.); Maj. Jane F. Baer, USA (Ret.); and the Rev. Michael C. Weaver, rector.

ROUNDUPS

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, May 26, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust it, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000 to confirm dates and times.

Public Input Deadline For Dulles Suburban Center Plan

The deadline for suggesting potential changes to the Dulles Suburban Center Plan is May 31. Complete this form at http://www.fairfaxcounty.gov/dpz/dullessuburbancenter/dscpdfs/submission_form.pdf and submit ideas to the Department of Planning and Zoning to suggest changes to Comprehensive Plan land use recommendations and guidance for this area. Land Units A and B will be excluded from consideration at this time. See the website for other exclusion areas.

The Dulles Suburban Center Study is a land use planning study that will update recommendations for future land uses and development. To learn more about the study visit <http://www.fairfaxcounty.gov/dpz/dullessuburbancenter/>.

Comment on Transit Study

Fairfax County Department of Transportation (FCDOT) is accepting comments on the Countywide Transit Network Study (CTNS) through June 3. The Draft Final Report recaps the purpose and need for the study, its process, how transit concepts were developed and documents the final recommendations of the study.

FCDOT has been working on the Countywide Transit Network Study since 2012, in an effort to determine the type of transit systems needed to accommodate desired growth throughout the county over the next several decades. The study has developed recommendations for where Metrorail should be extended, where light-rail or bus rapid transit systems are appropriate, and where express bus connections would help meet the transportation needs of the future growth.

Residents may comment using the online form at <http://www.fairfaxcounty.gov/fcdot/2050transitstudy/>.

Flame of Hope

Join the Fairfax County Police Department as officers park the cruisers and run on foot with the Flame of Hope in support of the Special Olympics VA. The route will be illuminated with glow sticks, police emergency lights and a police helicopter spotlight. Gates open at 6 p.m. on June 4 at FCPD Emergency Vehicle Operations Center, 3725 Stonecroft Blvd, Chantilly. Fun run starts at 8:30 p.m. The run is approximately 1.25 miles. Register online at www.firstgiving.com/torchrunva/LETR-Fairfax-Light-the-Night no later than June 3.

Food Donations for WFCM

Western Fairfax Christian Ministries' food pantry needs donations of 1-2 pound bags of rice, canned fruit (all types), canned pastas, canned meats (tuna, ham, chicken), cold and hot cereals, spaghetti and sauces, peanut butter, canned vegetables (including spinach, collard greens, beets) and cooking oil.

Toiletries needed, which WFCM clients cannot purchase with food stamps, include facial tissues, toothpaste, shampoo and solid deodorant.

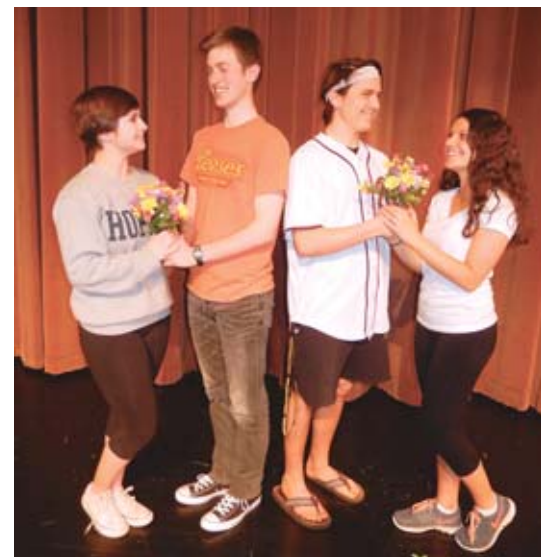
Bring all items to WFCM'S food pantry, weekdays, 9 a.m.-1:30 p.m., at 13888 Metrotech Drive, near Papa John's Pizza and Kumon Learning Center, in Chantilly's Sully Place Shopping Center. A volunteer stocker/bagger is needed Wednesdays, 4-6 p.m. Contact Annette Bosley at 703-988-9656, ext. 110, or abosley@wfcma.org.

NEWS



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

From left: Leah Copeland, Maggie Shircliff, Adam LeKang and Caroline Barnes in a scene from Chantilly High's "The Man Who Came to Dinner." This play received six Cappie nominations. "We were all thrilled with the nominations because we know how tough the competition is," said Chantilly Theater Director Ed Monk. "What made us especially happy was that we got three acting nominations and three tech nominations, so both sides of the production were equally recognized. And now we all get to go get dressed up and have a wonderful night of celebrating theater with all of the other high schools. It really is a great way to end the year."



The romantic leads in Westfield High's "Footloose" are (from left) Molly Van Trees and Connor Rudy, and Keegan Garant and Shaina Greenberg. This musical received 11 Cappie nominations. "I was thrilled by the Cappie nominations," said Westfield Theater Director Susie Pike. "'Footloose' was so much fun; this just tops off an exciting experience. I was so pleased my Cappie team was nominated; they worked very hard. I was also pleased at the range of nominations, technical (lights), choreography, ensemble and solo performers. We can't wait to go to the gala. Congrats to all the schools and students." The awards presentation is June 12 at the Cappies Gala at The Kennedy Center in Washington, D.C.



PHOTOS CONTRIBUTED

PTA Color Run

Students at Union Mill Elementary School participated in the annual PTA Color Run. Teacher and parent "color throwers" were grouped in stations and covered students in Technicolor fun.



Helping To Find a Cure for Cancer

FROM PAGE I

Band. Everyone else may purchase items from food trucks, Bacons BBQ, Hidden Jules, The Inside Scoop and Snowie, from 1-9 p.m. Also planned are line dancing, a performance by Chantilly High's Hip-Hop Club, a deejay and music from the New Life Band.

During the 3 p.m. opening ceremony, Westfield head football coach Kyle Simmons will be the keynote speaker. "He's a cancer survivor, himself, and will share his own experience," said Little Rocky Run's Marion Rantis, participating in her eighth Relay. "He'll also thank the teams for raising money and contributing to the fight against cancer."

The school's drumline will perform and its choir will sing the National Anthem. Students from the Chantilly Academy's AFJROTC will post the colors. "And one of the things we're really excited about is that, when we had our kickoff in February, Westfield ASL [American Sign Language] teacher Brittany Burke came, and we developed a partnership," said Mary Saunders, the event's community manager. "So her class will be signing during the opening ceremony and will also sign to Rachel Platten's 'Fight Song' during the event."

Cancer survivors, those in remission and those still fighting, walk the first lap. Caregivers and those they cared for, walk the next lap. Then teams start walking, with as many members on the track as they want. The goal is for someone from each team to be walking at all times. And community members are encouraged to gather 'round the track and cheer them on.

Team members take turns walking as long and as far as they want. Then they can relax and socialize with their teammates and with other teams at their campsites. "Whoever's walking carries a baton, and we have a contest for the best-decorated baton," said Saunders. Not everyone has to spend the night. But participants who do will receive breakfast and be there for the

Relay Food and Activities Schedule

- ❖ **1 p.m. - Survivors & Caregivers Luncheon**
Lunch donated by Bonefish Grill
Gunsmoke Band to perform acoustically during lunch
Decorations by Girl Scout troop 3194
- ❖ **1-9 p.m. (approx.) - Food Trucks on site**
Bacons BBQ
Hidden Jules
The Inside Scoop
Snowie
- ❖ **3 p.m. - Opening Ceremony**
Keynote Speaker, Kyle Simmons, Westfield HS Head Football Coach
Kickoff by Westfield drumline
National Anthem by Westfield Choral and American Sign Language students
Posting of the Colors by Chantilly Academy AFJROTC students
- ❖ **Entertainment**
Deejay Gene Griffin
Line Dance 4 U to perform 30 minutes of Country Line Dancing at 4 p.m.
Westfield ASL Club does a signed performance to "Fight Song."
Chantilly HS Hip Hop Club
New Life Band
Games: Cornhole, Kerplunk, Yard Yahtzee and Twister
- ❖ **Midnight - Pizza**
- ❖ **4:30 a.m. - Bagel Breakfast**
- ❖ **6 a.m. - Closing Ceremony**

closing ceremony.

The most dramatic and moving part of the Relay is the 9 p.m. luminaria ceremony. Paper bags with glowing candles are placed around the track. Each bag has the name of someone who's had cancer, and the ceremony recognizes those who've died, are still fighting or have survived the disease.

"Participants may submit photos of their loved ones who have battled cancer," said Rantis. "The photos are made into a slideshow that's shown on a screen at the start of the luminaria ceremony. "Then everyone takes a candle and walks a lap in honor of the people named on the luminaria, those in the slideshow and everyone who has suffered with cancer."

This year's Relay is this area's ninth annual, with some 26 teams taking part, including teams from Westfield and Centreville high schools. Oak Hill's Cassie White, a Rachel Carson eighth-grader, and Megan Hyer, her friend and classmate, are the youngest team captains, helping the



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Some of the Relay for Life participants and organizers are (from left) Marion Rantis, Tiffany Marquess, Megan Hyer, Cassie White, Mary Saunders and Jeannette White.

Cancer Crushers. Its 16 members include Cassie's aunt and cousins, plus friends from school.

It's Megan's first Relay, but it'll be Cassie's seventh or eighth. "I'm a cancer survivor," said Cassie. "I had ALL [acute lymphoblastic leukemia] when I was 11 months old, and I go back to Duke Children's Hospital every other year to be checked out."

"She was in the pediatric, bone-marrow-transplant unit there," said her mom, Jeannette White of Oak Hill. "My husband and I thought we had a healthy, little girl; it was a horrible time. But Cassie received umbilical-cord blood from an unknown donor."

This is Cassie's first time organizing a Relay team. "I'd wanted to start a team for a long time because I know a lot of other people who've had cancer," she said. "So I really wanted to help other people and help

find a cure. I'm also looking forward to camping out; the entire team will sleep over. And I'm excited about all the fun activities like face-painting, games, bounce houses and walking around and collecting beads for every lap you do, to get a bracelet."

Each lap is a quarter mile, so the beads help participants track how far they've gone. And, added Cassie, "The beads make me think about how many lives I'm saving."

White's participated eight years because of her daughter. "When Cassie was sick, we received money and information from different resources," she said. "We later learned it came from the American Cancer Society. So the Relay For Life is a great way to raise awareness of the disease and the need to fund research and to let people know that every dollar raised goes toward that goal."

SEE PREPARING RELAY. PAGE 11



Participants hold candles during a previous luminaria ceremony.



Campsites at a past Relay for Life event.

BULLETIN BOARD

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

VOLUNTEER OPPORTUNITIES

Volunteer Fairfax makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety service options. Visit www.volunteerfairfax.org or call 703-246-3460.

SUPPORT GROUPS

Jubilee Christian Center of Fairfax is continuing its "Living Free" support groups in June on Wednesdays, 7:15 p.m. The support groups are free, and will cover "Concerned Persons Group" (for family and friends of addicts), "The Image of God in You," and "Handling Loss and Grief." There are also support groups meeting on Sundays, 10:10 a.m. 4650 Shirley Gate Road, Fairfax. For information or to register, call 703-383-1170, email livingfree@jccag.org or visit www.jccag.org.

SEPT. 10-21

2016 Northern Virginia Senior Olympics. Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior

SEE BULLETIN, PAGE 11



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Remembering on Memorial Day 2016

Observe a moment of silence.

On Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in Vietnam.

As many as 620,000 soldiers died in the line of duty in the Civil War, stunningly about 2 percent of the population at that time. To compare, while more than 2.5 million soldiers have served in Iraq and Afghanistan, that number is still less than one percent of the U.S. population.

Since Sept. 11, 2001, more than 6,880 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

On Memorial Day, there are many ways to remember the fallen, including a visit to Arlington National Cemetery, or many other local commemorations. But at a minimum, wherever you are, you can observe a moment of silence at 12:01 p.m. along with Iraq and Afghanistan Veterans of America (IAVA), or you can set your own moment at some point during the day.

More than 52,000 U.S. military service members have been wounded in action, although that number is likely to be revised upward. In 2013, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.5 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries, including mental health consequences, are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Since Memorial Day 2014, the Department of Defense announced the death of one service member from Virginia, Marcus D. Prince, 22, of Norfolk, Virginia, who died April 26 in Juffir, Bahrain.

Between Memorial Day 2014 and 2015, two military service members from Virginia. Sgt. Charles C. Strong, 28, of Suffolk, died Sept. 15, 2014 in Herat Province, Afghanistan while conducting combat operations. Sgt. David H. Stewart, 34, of Stafford, was one of three Marines who died June 20, 2014 while conducting combat operations in Helmand province, Afghanistan.

EVERY YEAR before Memorial Day, this newspaper names the local men and women who have died in military service since Sept. 11, 2001.

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army Blackhawk helicopter pilot who deployed to Afghanistan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

Master Sgt. George A. Banner Jr., 37, of Orange, died Aug. 20, 2013, of injuries sustained when enemy forces attacked his unit with small arms fire in Wardak Province, Afghanistan.

Spc. Caryn E. Nouv, 29, of Newport News, was one of two soldiers who died July 27, 2013 in Ghazni Province, Afghanistan, of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device and small arms fire.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

EDITORIAL

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed.

Staff Sgt. Jessica M. Wing, 42, of Alexandria, died Aug. 27, 2012 in Kuwait City, Kuwait.

In February 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghanistan.

Sgt. Aaron X. Wittman, 28, of Chester, Virginia, died Jan. 10, 2013 from small arms fire. Sgt. David J. Chambers, 25, of Hampton, Virginia, died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Virginia, died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Va., died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicky, 24, of Lexington, Virginia, died June 27, 2012, from a roadside bomb.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two children.

Spc. Douglas Jay Green, 23 of Sterling, died Aug. 28, 2011. When insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23 of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19 of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23 of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21 of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40 of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After Sept. 11, 2001, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he successfully lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23 of Clifton died Jan. 11, 2009, in Helmand Province, Afghanistan. 2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Georgia. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27 of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in a "friendly fire" incident. In April, 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

Army 1st Lt. Thomas J. Brown, 26, a George Mason University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq, from small arms fire.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from

Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet.

Ami Neiberger-Miller lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26 of Burke, was injured in Iraq and flown to Washington Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after Sept. 11, 2001.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhriz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamowski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

Capt. Jesse A. Ozbab, 28 of Prince George, Virginia, died on May 20, 2012 in Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Va., died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Afghanistan. Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011 in combat in Afghanistan. Sgt. 1st Class Anthony Venetz Jr.,

SEE ON MEMORIAL DAY, PAGE 7

OPINION

On Memorial Day

FROM PAGE 6

30, of Prince William died Jan. 28, 2011 in Afghanistan, after being seriously wounded months before. Spc. Sean R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov. 22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010,

in Afghanistan.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

— MARY KIMM.

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CALENDAR

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Carolina Shag Dance. Wednesdays, 6:30-10 p.m. at Arlington/Fairfax Elks Lodge, 8421 Arlington Blvd., Fairfax. Free lessons at 7:30 p.m.; no partners needed; dinner menu at 6:45 p.m. Tickets are \$8. Visit www.nvshag.org for more.

Open Rehearsal. Wednesdays, 7:30 p.m. at Lord of Life church, 13421 Twin Lakes Drive, Centreville. The Fairfax Jubil-Aires barbershop chorus invites men of all ages who enjoy singing. Free. Visit www.fairfaxjubilairs.org for more.

FRIDAY/MAY 27

7th Annual JazzCats Festival. 7 p.m. at Centreville High School, 6001 Union Mill Road. The selected students for JazzCats have been preparing for this performance all year. Additionally, Joseph Henson of the United States Army Blues will be performing. Free. Call 703-476-3536.

FRIDAY-SUNDAY/MAY 27-30

Memorial Day Weekend in Paradise. 11 a.m.-7 p.m., 9 p.m. Friday at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Find music and food from Rocklands BBQ. Free, food available for purchase. Visit www.paradisespringswinery.com.

MONDAY/MAY 30

Rose Show Competition. 9 a.m.-4 p.m. at Merrifield Garden Center, Fair Oaks, 12101 Lee Highway, Fairfax. Exhibit and create rose arrangements with coaching from award winning rosarians. Merrifield Garden Certificates awarded for best entries. Rose experts will be on hand to answer questions about all aspects of rose gardening. Hosted by Arlington Rose Foundation. Free. Call 703-371-9351.

Raise a Glass With the Founding

Fathers. 12 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Join Mr. Thomas Jefferson and Dr. Benjamin Franklin of The League of Most Interesting Gentlemen on Memorial Day Monday atop

SEE CALENDAR, PAGE 12



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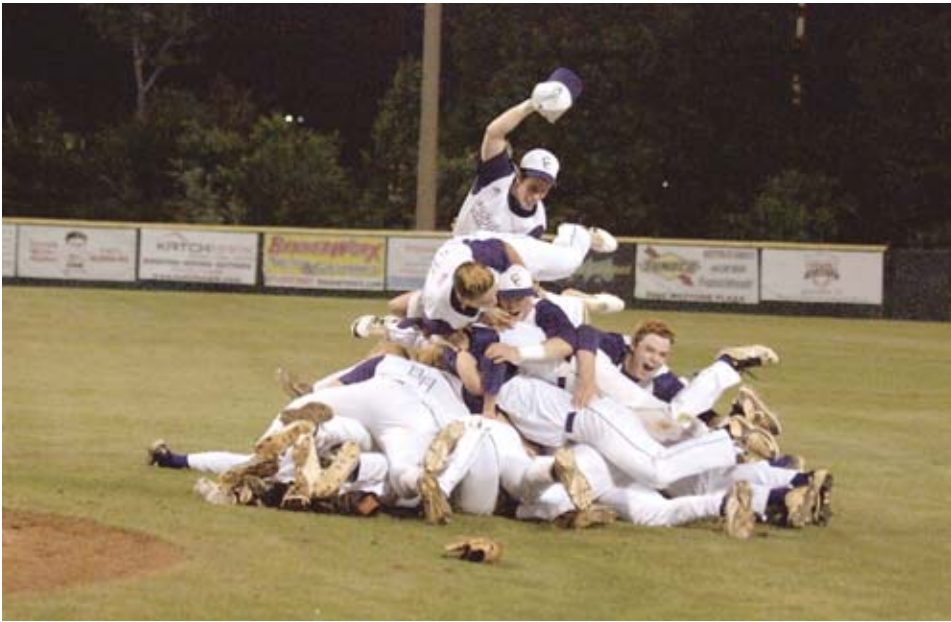
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Members of the Chantilly baseball team leap onto a celebratory pile after winning the Conference 5 championship with a 4-2 victory over Centreville on Friday at Westfield High School.



Centreville designated hitter Steven Kirk gave the Wildcats a 2-1 lead with a two-run triple in the top of the sixth inning on Friday.

PHOTOS BY CRAIG STERBUTZEL/CENTRE VIEW

Sixth-Inning Rally Lifts Chantilly to Conference 5 Championship

Chargers pitcher Wagner throws complete game against Centreville.

BY JON ROETMAN
CENTRE VIEW

Brady Ryan saved his best swing of the night for when it mattered most.

Ryan's double in the bottom of the sixth inning of the Conference 5 championship game drove in the first of three Charger runs in the frame and the Chantilly baseball team held on to beat Centreville 4-2 on Friday at Westfield High School.

Chantilly, making an appearance in the conference tournament final for the fourth straight season, led 1-0 entering the sixth inning. Designated hitter Seven Kirk put Centreville in front with a two-run triple in the top half, but the Chargers responded with three runs in the bottom half to repeat as champions.

Chantilly's Brett Norwood led off the bot-

tom of the sixth with a single. Two batters later, Ryan tied the score at 2 with a double.

"I hadn't been hitting well all game — I rolled over twice," Ryan said. "I just thought I was due. I got the pitch I wanted and put a good swing on it — put my best swing on it all day in the biggest [moment]."

A pair of Centreville throwing errors led to two more runs for Chantilly, giving the Chargers a 4-2 advantage. Chantilly pitcher Forrest Wagner retired Centreville in order in the seventh.

"I told these guys before the game, yes, a lot of these guys have been in this game before, but to not underestimate the importance and to go out and go win themselves something," Chantilly head coach Kevin Ford said. "We had a great regular season, but you've got to win a championship. They're all special."

The victory improved Chantilly's record

to 19-2. The Chargers remained undefeated against Conference 5 opponents thanks to Friday's sixth-inning rally.

"We'd been struggling all game and team morale was a little lower than it has usually been — we're not used to being down," Ryan said. "I know the senior guys really were intense. We kept our composure and we ... knew we were going to do something ..."

Wagner earned the win for Chantilly. The senior left-hander threw a complete game, allowing two earned runs on four hits in seven innings. He walked four and struck out eight.

After surrendering the two-run triple with no outs in the top of the sixth, Wagner retired the next three Centreville batters and left the runner stranded at third.

"I knew," Wagner said. "I just had to pound the strike zone."

Ford praised Wagner's performance.

"Enough can't be said about Forrest Wagner and what he did tonight," Ford said. "Throwing a complete game, giving up a couple runs and having a man on third, no outs and getting out of it. ... He was tremendous."

Jared Enders, Jared DiCesare, Ryan Krueger, Garrett Snedeker, Norwood and Ryan each had a hit for Chantilly. DiCesare and Ryan each had an RBI.

Centreville left-hander Carter Egbers suffered the loss. He allowed three earned runs on six hits in 5 1/3 innings. He walked one and struck out four.

Chantilly, which won the region title in 2014 and finished state runner-up the last two years, will host West Potomac in the opening round of the 6A North region tournament at 7 p.m. on Wednesday, May 25.

Centreville will host Annandale at 7 p.m. on Wednesday.



Chantilly pitcher Forrest Wagner threw a complete game and earned the win against Centreville on Friday.



Chantilly first baseman Brady Ryan drove in the game-tying run with a double in the bottom of the sixth inning on Friday.



Centreville pitcher Carter Egbers suffered the loss on Friday, allowing three earned runs in 5 1/3 innings.

FAMILY

A Mindful Family

Mindfulness practices can bring calm to a hectic day for the whole family.

BY MARILYN CAMPBELL
CENTRE VIEW

Every evening after dinner and bath time, Elizabeth Rees, a Mount Vernon mother of three, instructs her children to lie on the floor keeping as still as possible. With soft tones, she recites a phrase, slowly and purposefully. These moments of serenity allow her family to release the chaos of the day.

"It is such as still and lovely time," said Rees, associate rector of St. Aidan's Episcopal Church and cofounder of the Center for Spiritual Deepening, both in Mount Vernon. "My children long for the stillness and being present in the moment as much as I do. When we're in the thick of things and we're schlepping and on the run, there is a temptation to be disconnected. The mindfulness idea is being present in the moment and finding the joy in the moment."

Such mindfulness meditation practices have been credited with improving focus, boosting happiness and reducing stress. A study by researchers at the University of Miami found that short mindfulness practices improved students' ability to focus; while research by the University of California, Davis Center for Mind and Brain found a meditation to be effective in reliving stress.

"The name can make it sound like a huge unattainable concept, but essentially, mindfulness meditation is paying attention to what's happening in the present moment without judgment," said Sandra Carr, Ph.D., a family therapist and meditation teacher in Bethesda, Md.

"Meditation has been around for thousands of years, but for the last decade the practice has become more and more widely accepted as the overall benefits of meditation continue to be studied," said Jill Gattone, R.N., a registered nurse in Marymount University's Student Health Center who leads Mindfulness Meditation sessions for students.

"Current literature reveals the potential for Mindfulness Meditation to not only help with focus and concentration, but may also positively effect brain structure, improve relationships, reduce stress and even increase immune function."

"We live in a world where we are constantly 'plugged in.' We look around and see students spending hours on their laptops and smartphones ... Facebook, Instagram and Netflix," said Gattone, R.N. "This way of life can leave us feeling exhausted and stressed."

It is really important that we all take time to quiet our minds every day."

For families who want to begin a meditation practice, Gattone recommends a guided session "... where someone is leading you through the process. There are many apps that can guide you through a short 5 minute meditation, or there are classes that can be a



Elizabeth Rees, pictured with her husband Holden Hoofnagle and children Sophia (12), Dylan (9) and Maya (6), leads her family in a daily mindfulness practice.

good way to start as well," she said.

Starting with short, uncomplicated mindfulness sessions can make the initial process less intimidating.

"Like physical exercise, you may find that it is best to start with a short 5 minute meditation and gradually increase," said Gattone, whose own practice consists of beginning and ending her day with a 10-minute meditation. "It can be as simple as finding a quiet spot, sitting in a comfortable position with your spine straight, focus on your breath, clear your mind and be aware of what is happening in the present moment."

Establishing a daily mindfulness practice offers an opportunity to build an arsenal of tools that can be used to find peace in the midst of frenzied schedules, says Sara VanderGoot, a meditation teacher and cofounder of Mind the Mat Pilates & Yoga in Arlington and Alexandria.

"Families with children can benefit from even a short meditation practice [like] two to five minutes of breath and concentration daily, if that is all mom and dad can fit in," she said. "[It] creates the habit of being able to return to that space when difficult feelings arise [like] anger or frustration and find space between feelings and reactions."

A daily practice makes it easier to remain calm in a chaotic situation, said Rees.

"For me, when I find I'm in those hectic moments and just about to lose it and don't have the patience, that's where I most need to stop and take some deep breaths," she said. "Having the presence of mind to say 'I need to stop and breathe and not react right away' is a great life skill."

VanderGoot recommends simple meditation techniques to use with children daily. "Mantra is a meditation tool where words are repeated to create change," she said. "Repeating a mantra daily with your child, such as 'I am happy, I am healthy' or 'I am happy, I am steady' each morning when the child wakes up ingrains that positive belief in the child's mind and in turn positively influences that child's behavior."

Creating positive beliefs about oneself creates a sense of self-awareness. "This is very useful and practical ... especially [for] those who live a hectic life, and it doesn't take much time," said VanderGoot.

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In Effect/ To Affect



By KENNETH B. LOURIE

I've been trying to write this column/organize my thoughts/stay on this task for years but haven't been able to do so. It's nothing serious, really, other than the side effects – potentially, of many of the prescription drugs now available (perhaps characteristic of many of the prescription drugs ever since they've been prescribed). But given the frequency and variety of their advertising of late, I have been unable to ignore their message, both good and in some instances, shockingly bad/scary.

Granted, I watch way too much television where many of these ads regularly appear, so I may be a bit of a sitting duck. I won't name names, maybe just a few potential side effects though: ALS, cancer, heart attack, stroke, suicidal thoughts, depression, kidney and liver damage, high blood pressure/low blood pressure, blackouts, blood clots, shortness of breath, four-hour erections; and on and on and on. (I don't recall seeing too many commercials where lung cancer is a possible side effect. I suppose that's because lung cancer is not exactly a "side" effect, it's more of a main effect.) Nevertheless, being a stage IV, non-small cell lung cancer patient/survivor, I can't help but have noticed the ads on television for "OPDIVO." Obviously the subject matter interests me, but maybe I've just learned – instinctively almost, to pay stricter attention to such enticements. It might actually relate to me. Or maybe I've simply gotten better at listening to voice-overs and reading small print scrolling beneath the visuals while ignoring more the apparent healthy recipients living wonderfully enjoyable and uninhibited lives thanks to these medications.

Believe me, I understand that these prescription drugs are not "over the counter" so it's unlikely I'll happen on to them sitting on some pharmacy shelf next to the Advil and wonder, on my own, if they could help me. The only way, so far as a law-abiding citizen like myself would have/gain access to any of these prescriptions, would be through a conversation with, and prescription written by, my treating physician where many of the potential side effects and/or risk-rewards would be discussed. Still, trading one set of problems for another, which in turn possibly could lead to their own set of unintended but not totally unanticipated consequences seems a bit problematic – even to me, and all I have is lung cancer.

I don't know that I have a choice, though. There is treatment. There are consequences. There are alternatives. There is life and there is death, and always there is hope. But treatment-to-date, I've never felt as if I was trading one for the other. Oddly enough, I've always thought, I was making decisions to stay alive, not to make my life worse; attempting to sustain it, not diminish it. With some of the prescription advertising I see and hear on television now, I'm confused. Many of it sounds both encouraging and discouraging, and somewhere between cautiously optimistic and a cautionary tale, even as the advisory to "speak to your doctor before you start a..." voices over. Not that it sounds so great in the first place, but in the last place, I am often reminded of the old adage: "If it sounds too good..." Well, when you consider the potential side effects, it doesn't sound too good at all.

Certainly I realize that there are governing/regulating bodies like the F.D.A. that approve/regulate/mandate what is said/advertised/printed/labeled, etc., prescribed even, for our mutual protection. Still, it's difficult for me to ignore everything I see, hear and read, especially when left to my own devices. Devices which, had they been similarly regulated, would likely have come with their own set of warning labels.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

News

Preparing Relay for Life

FROM PAGE 4

"I love the survivor lap and the luminaria ceremony," continued White. "They're both emotional, and I always get choked up, walking around and seeing the names on the bags and remembering people who've died. It brings to reality why we're doing this."

Megan agreed to co-captain with Cassie because "it sounded fun and I wanted to help find a cure, too. One of my best friend's grandfather just passed away from cancer. We've raised about \$860 of our \$3,000 goal and hope to raise more at the Relay from running games, a cotton-candy machine and possibly face-painting."

Saunders, who also supports the volunteers, says this Relay's volunteers are "awesome."

She's walked in and organized Relays since 2001 and now works for the American Cancer Society. "At one Relay, a lady in a wheelchair was a team captain and a survivor, and her teammates pushed her around the track," said Saunders. "We did this Relay at the nZone in Chantilly, the past four years, so we're excited to be back out-

side again."

Rantis is captain of the six-person, Team For Our Future, comprised of her family and Saunders. Rantis became involved with the Relay in 2009 to honor her mother on the 20-year anniversary of her death and stayed involved because "cancer still isn't cured, so this is one thing I can do toward that goal."

People may participate at any level, walking quickly or slowly or even running. At one Relay, recalled Rantis, "A 74-year-old woman walked just 100 yards with her son, but she wanted to do what she could. One of the symbolic things about walking all night — assuming it's not raining and you make it 'til morning — is that you've struggled to stay awake and walk. But then you see the sun rise and you're like, 'Wow, I did it — I made it through the night,' and that's really gratifying. And it's an analogy to surviving cancer — coming through dark times into the light."

For more information or to donate, go to www.relayforlife.org/ChantillyVA or contact [Saunders](mailto:Saunders@marysaunders@cancer.org) at marysaunders@cancer.org.

Reema Remembrance Cabaret

FROM PAGE 1

Westfield grad Joshua Braunstein will perform slam poetry, and the Russell School of Ballet will do a group dance number along with the Ashburn Academy of Dance. Also, Actively Caring for People will give a brief presentation on the work it's doing in the community and schools to encourage people to care for others and perform intentional acts of kindness as part of their daily routine.

Janet Dueweke, in charge of the silent auction, is still gathering items for it, but some of the bidding items she has currently include: Gift cards from local restaurants (Ciao Osteria, P.F. Chang's, Caboose Brewery, Carrabba's and Lebanese Kitchen);

Meadows Farms Nursery gift card; Ninja juicer; Ninja coffee bar; Sonicare toothbrush system; Primal Kitchen cookbook; Spa basket filled with goodies, plus a gift card from Sully Nails; original artwork, jewelry, sports memorabilia, paintings and photography.

All in all, said Dillard, "There is truly something for everyone at this event, as it reflects performing arts from all backgrounds."

We want the whole community to come and enjoy energized performances, take home some auction items and celebrate the arts with their neighbors."

For more information about the Reema J. Samaha Memorial Scholarship and Angel Fund, go to www.angelfundva.net.

BULLETIN BOARD

FROM PAGE 5

residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

FRIDAY/MAY 27

TJHSST Application Deadline. 4 p.m. at TJAdmissions.org. Applications for the Thomas Jefferson High School for Science and Technology classes of 2020 (ninth grade), Class of 2019 (10th grade) and the Class of 2018 (11th grade) are to be submitted online by 4 p.m. Direct inquiries to the TJHSST Admissions Office at 571-423-3770 or TJAdmissions@fcps.edu.

SATURDAY/MAY 28

Cures from the Quarter. 1, 2 and 3 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Learn how enslaved African Americans maintained their health, and the ways healthcare for slaves differed from the care given to their masters. Learn about the Native American influence on early American

healthcare. Reservations are suggested. A Forgotten Road Tour is included — \$7 for adults, \$6 for students, and \$5 for seniors and children. Call 703-437-1794 or visit www.fairfaxcounty.gov/parks/sully-historic-site/.

TUESDAY/MAY 31

Nomination Deadline. Each year, the Fairfax County Environmental Excellence Awards recognize county individuals and groups that dedicate time and energy to benefit the environment and support county environmental goals and initiatives. Award recipients are selected by the Environmental Quality Advisory Council. Visit <http://www.fairfaxcounty.gov/dpz/eqac/awards.htm> for more.

Correction

In "In Compliance, In Advance" [Centre View, May 18], the school, parents and transgender student together develop a tailored bathroom plan use a single-stall or group bathroom facilities on campus.

SUMMER FUN & ENTERTAINMENT

Mustang Sally Celebrates Grand Opening

New Chantilly microbrewery fulfills owner's dream.

BY RYAN DUNN
CENTRE VIEW

Mustang Sally Brewing Company (MSB) located at 14140 Parke Long Ct. Chantilly, is holding its Grand Opening week with events from May 25 through May 29. Mustang Sally Brewing Company is a new large brewery that opened its doors to the public on April 15. MSB purposefully conducted a "quiet" launch to make sure operations were smooth. "It takes a lot to launch a company, it is a big deal to us," said brewery owner Sean Hunt.

Hunt, a resident of Reston since 1997, is realizing a dream of operating a welcoming place in Fairfax County where locals can stop and enjoy a high-quality, tasty beer. Hunt's passion for beer blossomed while living in Germany for a few years before college. Hunt left his corporate career as a transactional attorney in 2014 to pursue his Mustang Sally dream. "We are an American brewery that values brewing tradition," said Hunt.

MSB has a lot of old guard experience within the brewery. Dave Hennessey, MSB's general

manager was the former head brewer of Old Dominion Brewing Company, the original significant craft brewery in the D.C. area. Bret Kimbrough, MSB's head brewer, was the former head brewer of Vintage 50. The MSB brewery has a staff of 12.

The facility is over 14,000 square feet with a 4,000 square foot tasting room. At full capacity, it would be roughly the capacity of what Old Dominion Brewing Company was at its height prior to it being acquired by Fordham and AB Inbev. The MSB brewery was partially self-financed and partially funded by a commercial bank loan. The beer is currently distributed by Hop & Wine Beverage in the Northern Virginia area.

Sean Hunt credits other microbreweries such as Old Ox Brewery, Ocelot Brewing Company, and Fair Winds for offering morale and advice as the MSB began to open. "They were very open for helping us out," said Hunt. The flagship brews are takes on the classics, reflecting respect for traditional styles. These include the Mustang Sally Kolsch, the Mustang Sally IPA, and the Mustang Sally Porter. The kolsh is a bright beer with mild hop characteristics made with 2-row pale and wheat malts with a touch of German noble hops. "It is a light, really clean, approachable beer," said Kimbrough.

"We are hanging our hat on brewing prowess... I am proud of all our beers," said Kimbrough, who graduated from the American



While it took a few leaps of faith, Fairfax County resident Sean Hunt is realizing his dream of opening a large brewing company in Chantilly.

PHOTO BY
RYAN DUNN
CENTRE VIEW

Brewers Guild in 1997. A particularly unique beer is the Mustang Sally Grapefruit Radler. This is a traditional radler with grapefruit soda presenting a cloudy appearance and offering a tangy fruit flavor. It is made with Mustang Sally Kolsch blended with house-made grapefruit soda. The brewery is located near the intersection of Route 50 and Route 28. The grand opening is scheduled May 25-29. It will begin with Fairfax County leadership (from the Board of Supervisors and Visit Fairfax) supporting the brewery with an official kick off. On May 27, the MSB will host an event supporting Ellie's Hats, a local charity helping children and families battling cancer.

CALENDAR

FROM PAGE 7

the Hillwood Ruins to discuss their favorite topics—liberty, taxes, religion, education, politics (18th century naturally), and wine. Free. Visit www.wineryatbullrun.com.

WEDNESDAY/JUNE 1

OAR's 2016 Jazz and Wine Fundraiser. 7:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. OAR has reserved the full winery and guests will be provided with exclusive access to the entire winery grounds. The Gregg Byrd Band will provide live jazz music. Heavy hors d'oeuvres and Virginia wines will be available. Tickets are \$50. Visit www.oarfairfax.org/2016-fundraiser.

SATURDAY/JUNE 4

Civil War Living History Day. 10 a.m.-5 p.m. at Fairfax Station Railroad Museum, 1200 Fairfax Station Road, Fairfax Station. This Living History Day will introduce visitors to the life of the common soldier during the American Civil War. Demonstrations will include the essentials of camp life. Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$5. Visit www.fairfax-station.org.

Reema Samaha Remembrance Cabaret. 6 p.m. at Westfield High School, 4700 Stonecroft Blvd., Chantilly. The Cabaret features professional and up and coming dancers, singers, and comedy sketch artists from around the DMV, New York and Chicago. This event is in memorial of Virginia Tech massacre victim Reema Samaha. Free, but donations accepted. Visit www.angelfundva.net for more.

"Light the Night" Fun Run. 6-10 p.m. at Fairfax County Police Department Emergency Vehicle Operations Track, 3725 Stonecroft Blvd., Chantilly. Run in support of the Special Olympics Virginia. Free. Visit www.firstgiving.com/torchrunva/LETR-Fairfax-Light-the-Night.

SUNDAY/JUNE 5

Wine, Whiskers and Wags. 1-5 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Wine, Whiskers and Wags is a wine tasting fundraising event hosted by the Friends of the Fairfax County Animal Shelter. The event will feature wine, food, a silent auction, and meet-and-greets with shelter pets. Tickets are \$30 in advance, \$40 at the door. Visit www.fccas.org for more.

WEDNESDAY/JUNE 8

Barbershop Harmony Open House. 7:30-9 p.m. at Lord of Life Church, 13421 Twin Lakes Drive, Clifton. Visit the Fairfax Jubil-Aires and hear four-part a cappella harmony. Free. Call 703-991-5198 or visit www.fairfaxjubilaires.org.

FRIDAY/JUNE 10

Sipping & Painting. 6:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Instructors provide step-by-step instructions. Tickets are \$40-45. Visit www.wineryatbullrun.com for more.

Author Event. 7 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Teens are invited to a pre-event for Thomas Jones, author of "Ask the Astronaut: A Galaxy of Astonishing Answers to Your Questions on Spaceflight." Free, but registration required. Email CRM2937@bn.com.

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