



Oak Hill Herndon CONNECTION

SUMMER FUN

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From left, Joseph Plummer with Herndon councilmember Grace H. Wolf, Town of Herndon Mayor Lisa Merkel, councilmember Sheila Olem, Delegate Jennifer Boysko, and Vice Mayor Jennifer Baker at the second TEDxHerndon event on Saturday, May 21.

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NEWS

Herndon Hosts Second TEDxHerndon Event

Hundreds attend TEDxHerndon at Herndon Middle.

BY RYAN DUNN
THE CONNECTION

Saturday, May 21, Herndon hosted its second TEDxHerndon event at Herndon Middle School. In the spirit of ideas worth spreading, TEDx is a program of local, self-organized events that bring people together to share a TED-like experience. TED (Technology, Entertainment, Design) is a global set of conferences run by the private nonprofit Sapling Foundation. “The themes we were working with this year were ‘Science, Technology, and Wonder,’ ‘Life, Learning, and Passion,’ and ‘Sustainability, Leadership, and Hope,’” said Joseph Plummer.

Plummer organized this year’s TEDxHerndon event, aided by area volunteers. “I was looking for ways to volunteer, and I heard about this event through [teacher] Scott Pafumi,” said seventh grade student Natalie Tubia. Tubia and Cooper Hill were some of the students who volunteered for the TEDxHerndon event. “I really like the idea of everyone gathering together to learn more,” said volunteer Linda Kim, a resident of Centreville.

LAST YEAR, Plummer organized a half day event with 100 attendees at Herndon’s NextStop Theatre. This year it was full day event with well over 400 attendees. Lunch was catered by vegan restaurant GreenFare. A good number of speakers from outside of Northern Virginia came to speak, including Emmanuel J. Bernadin II, who served tours of duty in both Iraq and Afghanistan. Bernadin described the experience of saluting a fallen comrade as their casket left the base. Also attending the event were members of the Town of Herndon Council and Virginia Assembly Delegate Jennifer Boysko. A film team from Herndon’s Moon Bounce Media recorded the presentations.

“This year’s Talks were outstanding. The speakers and performers were very courageous with their ideas. The talks were so varied, Emmanuel Bernadin’s Talk on military service, Dr. John Mather’s Talk on Gravitational Waves, Allesandra Bradley-Burns Talk on failure, Dr. Karen Nolan’s Talk on Robotics for Stroke Rehabilitation, Dr. Jesus de la Garza’s Talk on Infrastructure, Shantae Edwards Talk on self-empowerment, Dr. Bruce Hull’s Talk on the Anthropocene, Katie Beck’s Talk on Entrepreneurship, Sara Herald’s Talk on Social Entrepreneurship... I could go on and on. Such an amazing group of people,” said Plummer.

“TEDxHerndon is more than an event. It is a community of people trying to make the world a better



From left, Joseph Plummer with Herndon councilmember Grace H. Wolf, Town of Herndon Mayor Lisa Merkel, councilmember Sheila Olem, Delegate Jennifer Boysko, and Vice Mayor Jennifer Baker.

PHOTOS BY RYAN DUNN/THE CONNECTION



Herndon Middle School hosted the second TEDxHerndon event on Saturday, May 21. The event was organized by Joseph Plummer, and attended by several hundred persons.

place. I hope that these Talks are able to create some positive change in the Town of Herndon and maybe also at a national and global level,” said Plummer. Another speaker was GMU alumnus Chris Savage, founder and CEO of True Honey Teas, a natural beverage startup. Pat Hynes, Fairfax County School Board chairman as of July 2015 spoke on the danger of underfunding schools, and the pressures public schools face.

TEDx events typically happen in major cities throughout the country. “Herndon is well suited for this public share of ideas given the five themes of our vision: honoring people, community, arts and entertainment, sustainability, and business and technology... I hope this becomes an annual event,” said Town of Herndon Vice Mayor Jennifer Baker.

“This year’s TEDxHerndon was an outstanding gathering of great minds, and passionate people. I was honored to be in the room with each of them. It’s hard to choose a favorite, but I know that no one will be the same after hearing “Tattoo” Tom Mitchell’s talk, meeting young Natasha and seeing the anguish in their eyes as they spoke. Another incredible person’s story was Emmanuel Bernadin, whose tale of triumph after serving in both Iraq and Afghanistan brought attention to the care and service that we owe our veterans. All in all, it was an incredible day in the Town of Herndon, and I thank Joe Plummer for all the work he did to make it happen,” said Town of Herndon Mayor Lisa Merkel.

“It was a great event, an interesting and thought provoking mixture of stories from locals, there was something for everyone and a takeaway from every story. It’s great to see the community mix and mingle and see ideas take root, discussions form and people come out refreshed and ready to change the world,” said Town of Herndon councilmember Grace Han Wolf.

THIS WEEK IN HERNDON



CONNECTION FILE PHOTOS

The 36th Annual Herndon Festival runs Thursday, June 2 through Sunday, June 5. See www.herndonfestival.net.

Herndon Festival: 2 Million Strong

The Annual Herndon Festival attracts more than 80,000 people each year.

This year’s event is scheduled for June 2-5 in historic downtown Herndon.

During the four-day outdoor festival, there will be: three entertainment stages, two fireworks displays, amusement rides, a kids’ alley and children’s hands-on art area, food vendors, a business expo and a 10K/5K race and fitness expo.

Festival hours are scheduled on Thursday, June 2, from 6 p.m. to 10 p.m., Friday, June 3 from 5 p.m. to 11 p.m., Sat. June 4, from 10 a.m. to 11 p.m. and Sunday, June 5, from 10 a.m. to 6 p.m.

The first festival was organized in 1981 by the Herndon Department of Parks and Recreation and the Greater Herndon Jaycees “to bring together Herndon’s newer and older communities, promote the town and its business community and enhance Herndon’s quality of life and community spirit.”

More than 2 million people have attended the festival the last 35 years. For context: the first festivals were one-and-a-half days long and attracted about 8,000 people, according to the Town of Herndon.

See www.herndonfestival.net.

Get Involved: Herndon’s Future Downtown

The Herndon Town Council wants the public’s feedback on two potential proposals for Town’s downtown.

At Herndon Council Chambers at 7 p.m. on both Wednesday, June 8 and Tuesday, June 14, Comstock Development Services and The Stout and Teague Company will present their proposals for the redevelopment of 4.675 acres in historic downtown.

Herndon’s Council voted in May, 2015, to purchase 1.67 acres of land in Herndon’s historic downtown from Ashwell, LLC for \$3.519 million that added to the three acres of downtown land it already owns.

The purchase clears the way for a comprehensive development project in the downtown, in accordance with the Downtown Master Plan adopted by the Town Council in 2011.

“The Town of Herndon has been envisioning a comprehensive redevelopment in our downtown for decades,” said Mayor Lisa

SEE NEWS, PAGE 5

Remembering on Memorial Day 2016

Observe a moment of silence.

On Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in Vietnam.

As many as 620,000 soldiers died in the line of duty in the Civil War, stunningly about 2 percent of the population at that time. To compare, while more than 2.5 million soldiers have served in Iraq and Afghanistan, that number is still less than one percent of the U.S. population.

Since Sept. 11, 2001, more than 6,880 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

On Memorial Day, there are many ways to remember the fallen, including a visit to Arlington National Cemetery, or many other local commemorations. But at a minimum, wherever you are, you can observe a moment of silence at 12:01 p.m. along with Iraq and Afghanistan Veterans of America (IAVA), or you can set your own moment at some point during the day.

More than 52,000 U.S. military service members have been wounded in action, although that number is likely to be revised upward. In 2013, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.5 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries, including mental health consequences, are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Since Memorial Day 2014, the Department of Defense announced the death of one service member from Virginia, Marcus D. Prince, 22, of Norfolk, Virginia, who died April 26 in Juffir, Bahrain.

Between Memorial Day 2014 and 2015, two military service members from Virginia. Sgt. Charles C. Strong, 28, of Suffolk, died Sept. 15, 2014 in Herat Province, Afghanistan while conducting combat operations. Sgt. David H. Stewart, 34, of Stafford, was one of three Marines who died June 20, 2014 while conducting combat operations in Helmand province, Afghanistan.

EVERY YEAR before Memorial Day, this newspaper names the local men and women who have died in military service since Sept. 11, 2001.

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army Blackhawk helicopter pilot who deployed to Afghanistan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

Master Sgt. George A. Banner Jr., 37, of Orange, died Aug. 20, 2013, of injuries sustained when enemy forces attacked his unit with small arms fire in Wardak Province, Afghanistan.

Spc. Caryn E. Nouv, 29, of Newport News, was one of two soldiers who died July 27, 2013 in Ghazni Province, Afghanistan, of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device and small arms fire.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed.

Staff Sgt. Jessica M. Wing, 42, of Alexandria, died Aug. 27, 2012 in Kuwait City, Kuwait.

In February 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghanistan.

Sgt. Aaron X. Wittman, 28, of Chester, Virginia, died Jan. 10, 2013 from small arms fire. Sgt. David J. Chambers, 25, of Hampton, Virginia, died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Virginia, died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Virginia, died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicki, 24, of Lexington, Virginia, died June 27, 2012, from a roadside bomb.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two children.

Spc. Douglas Jay Green, 23, of Sterling, died Aug. 28, 2011. when insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23, of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19, of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23 of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21, of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40, of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After Sept. 11, 2001, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he successfully lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23, of Clifton died Jan. 11, 2009, in Helmand Province, Afghanistan. 2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Georgia. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27, of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in a "friendly fire" incident. In April 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

Army 1st Lt. Thomas J. Brown, 26, a George Mason University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq, from small arms fire.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from

Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet.

Ami Neiberger-Miller lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26, of Burke, was injured in Iraq and flown to Washington Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after Sept. 11, 2001.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhruz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamowski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

Capt. Jesse A. Ozbat, 28, of Prince George, Virginia, died on May 20, 2012 in Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Va., died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Afghanistan. Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011 in com

SEE REMEMBERING. PAGE 5



NEWS

FROM PAGE 3

Merkel, around the time of the purchase. “We made significant strides toward that vision by adopting our Downtown Master Plan.

“Until this purchase, however, we have been limited in our ability to effectively position downtown Herndon for comprehensive redevelopment, as much of the necessary land was under private ownership,” she said.

The Town of Herndon’s adopted master plan for the downtown envisions a mix of retail, office and residential development, to include four-story, mixed-use/residential structures; three-story mixed-use/commercial structures; a jointly-funded public/private parking structure; an arts center and more. The land is generally described as between Station Street to the east, Center Street to the west, south of the W&OD Trail, and north of Elden Street.

See the two proposals on the Town’s website at www.herndon-va.gov/downtownrfp.

The community will also have the opportunity to ask questions the community meeting at 765 Lynn St.

No More Vehicle Decals

Effective immediately, according to Town documents, decals on vehicle windshields are no longer required.

The Herndon Town Council adopted an ordinance on May 10, 2016, that eliminates the decal requirement for vehicles registered and garaged within the Town.

Herndon police will not ticket for failure to display a decal, according to Town documents.

To allow for one payment, the Town’s registration fee will be now be billed to residents via the county’s personal property tax bills, issued annually in August and due by October 5.

See www.fairfaxcounty.gov/dta/pay-car-taxes/

The town and county entered into the agreement due to a change in the Virginia Code in 2015, according to Town’s spokesperson Anne Curtis. By eliminating the physical decal requirement, the town estimates a savings of approximately \$14,000 each year.

Registration fees for vehicles located in the town are as follows:

\$25 for passenger cars and trucks 4,000 pounds or less and \$32 for cars and trucks more than 4,000 pounds; \$12 for motorcycles.

The fee was eliminated for trailers and boat trailers, and active military members with current identification aren’t required to pay a vehicle registration fee.

See www.herndon-va.gov/vehicled decals, which includes answers to frequently asked questions.

Herndon Garden Tour

The 2016 Herndon Garden Tour, a self-directed tour, will showcase five distinct gardens in the Town of Herndon on Saturday, June 18, from noon to 4 p.m.



PHOTO COURTESY OF CULTIVATING COMMUNITY INITIATIVE

Tickets for Herndon’s 2016 Garden Tour on Sat. June 18 are available at the Herndon Community Center, 814 Ferndale Ave., and Herndon Florist, 716 Lynn St.

Tickets are \$15; kids 12 and under are free. Tickets may be purchased at the Herndon Community Center, 814 Ferndale Avenue, and Herndon Florist, 716 Lynn St.

Plein Air Painters Lorrie Herman and Vicki Vidal Blum will have their easels on display at two of the five garden on the tour; live music will be offered at another; and Under The Olive Tree purveyors will offer olive oil and vinegars at an additional garden.

Gardeners will be on site to discuss their gardens, and the efforts they took to remove invasive plants, replacing them with “native shrubs, trees, flowering forbs, vines, winterberry sweet bay magnolia, wild strawberry and wisteria flourish,” according to Garden Tour ticket displays.

For example, Robin Ward wrote about her garden, “We found veggies were not our calling. The next season we turned the plot into a flower garden to be seen from our upstairs bedroom window.”

“Phil and I ventured out to nurseries and pored over magazines. We took classes. Many classes, and we learned. As you wander through the gardens, you will notice we used reclaimed materials or stone for the hardscape. They blend seamlessly among the plantings, allowing the flora to take center stage,” according to Ward.

According to George and Sarah Beebe, “We have fun watching the hummingbirds drink the nectar in the coral-bells and the butterflies and bees flit from the Echinacea plants to the black-eyed susans. Our little garden is something that brings our family together. It gets even better year after year.”

The Herndon Garden Tour is produced by the town’s Cultivating Community Initiative, a group of volunteers dedicated to neighborhood beautification and community spirit.

— KEN MOORE

Remembering on Memorial Day

FROM PAGE 4

bat in Afghanistan. Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, after being seriously wounded months before. Spc. Sean

R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov. 22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010, in Afghanistan.

If you know of someone who should be included in this list, or if you would

like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

— MARY KIMM

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Visit www.restorenova.org for a list of items we accept and to schedule a free donation pick up!

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Virginia Department of Transportation

Public Hearing Notice

Fairfax County Secondary Six Year Plan

The Virginia Department of Transportation (VDOT) and The Board of Supervisors of Fairfax County, in accordance with Section 33.2.331 of the Code of Virginia, will conduct a joint public hearing in the Board Auditorium, Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA 22035 at 4:30 p.m. on June 21, 2016.

The purpose of this public hearing is to receive public comment on the Secondary Six Year Improvement Plan for Fiscal Years 2017 through 2022. Copies of the proposed plan may be reviewed at the VDOT’s Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT’s Civil Rights at 703-259-1775 or TTY/TDD 711.

Persons wishing to speak at this public hearing should contact the Office of the Clerk to the County Board of Supervisors at 703-324-3151.

PHOTO GALLERY!

“Me and My Dad”

To honor dad on Father’s Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father’s Day issue. Be sure to include some information about what’s going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

editors@connectionnewspapers.com

PEOPLE



PHOTOS BY KEN MOORE/THE CONNECTION

Helen Guest, known better as Miss Helen, will retire in June. She has been St. Timothy's Pre-School director since 1978. "When you're in the right place, you just feel it," she said.



Helen "Miss Helen" Guest hands over the reins of St. Timothy's Pre-School to Monica Despina in June.

Thanks for 40 Years, Miss Helen

BY KEN MOORE
THE CONNECTION

Helen Guest has been the director at St. Timothy's Pre-School more years than Carrie Manetto has been alive.

Manetto, 36, of Herndon, attended pre-school at St. Timothy's 30-some years ago; her daughter now attends the school, her son is a graduate. Her other daughter is on deck.

"I have happy memories here," said Manetto, 36. "It's a special, a very loving place."

For her children, Manetto wanted a place where they would be loved and be safe. Her older son was "very, very shy," when he enrolled.

"When we came in, they said, 'We give a lot of hugs here.' I said, 'Done.' It's like an instant bond," she said.

"He blossomed here," said Manetto.

MISS HELEN, as she is known in Herndon, taught at St. Timothy's during the school's first three years. It was established in 1975; she became the second director of the school in 1978.

"Miss Helen has held this place together. She is just such a support for whomever knows her," said Manetto.

"I do remember the ones from way back," said Guest. "There have literally been thousands of children over the years that have come through here."

We have wonderful families, we have multiple second generation families. They have good memories of their time here."

Jean Werner's children attended the school; now her grandson does.

"I really like the school, the kids like it a

lot, too," she said.

When she suggested St. Timothy's to her son for his children, she said his response was immediate. "He said, 'that's not a bad idea. I liked that place.' He remembered it," said Werner, of Reston.

Some of his friends have known each other since they were three-year olds, she said.

ST. TIMOTHY'S gave Guest a farewell celebration on Sunday, May 15.

Guest is retiring in June.

"She has touched so many people, she's had a big impact on the school and community," said Monica Despina, a teacher at St. Timothy's who will be its new director once Guest retires.

"Never in my wildest dreams did I think I would be here this long," said Guest. "I'm so fortunate to have found this place. It has given me so much more than I certainly brought to it. Seriously. When you're in the right place, you just feel it."

She started her career as a first-grade teacher in New Orleans, then in New Jersey before moving to Herndon in 1973.

"They give you energy. I like to think they keep you young," she said.

"I'm surrounded by people who love the children, they really do. I've had parents who have told me that they've never been in a school that was as happy as this school," said Guest. "I can't go anywhere in Herndon without running into somebody I know."

CHERYL ENGLE is just one example of St. Timothy's teachers who have stayed for long periods of time. Engley has worked with Guest for 37 years as an assistant teacher.

"We have children of children. It's fun to

see," said Engley, of Herndon.

"She gave me this wonderful job," she said. "How lucky I've been. I'm truly blessed to have had this experience, I've enjoyed every minute of it."

"I don't know if I created it," said Guest, "it's just coming together of the right people."

"My philosophy has always been with the staff, 'You bring together good people and let them play on their own strengths.' We have some incredibly talented people here," she said. "When you get talented people together and they collaborate, it's so creative and it's so fun."

While one teacher who is a fan of Washington Redskins teaches counting and geography via Redskins scores and their opponents, Despina said she uses her interest in cooking to teach.

"Before families register with us, I don't do an open house, we have parents come and spend time here," said Guest. "Warts and all, we want them to see the crazy, the whatever, so when their children come to us, they choose us and there is a level of confidence in what we are doing here."

Werner recalls when St. Timothy's teachers helped paint a mural of Noah's Arc on the wall. They gave the children their own animal to select and pick the features to paint.

"Okay, bears are usually brown, but if you want a purple bear, that's fine," said Werner.

MONICA DESPINA will become St. Timothy's third director in 40 years.

"She is ready to go, it was time for her to step a little out of her comfort zone," said Guest, who asked Monica to be a teacher more than two decades ago after her three boys were students.

"Helen called me after I subbed a year when my youngest son was here. Do you have any interest? I said, 'No, no.' And I got off the phone and my husband said, 'You know how many hours you volunteer every week?'"

I haven't looked back," said Despina.

"You have this team of people that are happy to be here and when you walk into that environment as a child, they immediately feed off that. They know it's a happy place to come," said Despina.

The preschool curriculum, for three-year-olds and also pre-kindergarten classes, includes reading readiness activities, science, art, mathematical concepts, nature, music, language arts, and sand and water play. But many parents say they are attracted to St. Timothy's open classroom during the second portion of the day. Students can select an art room, a butterfly room for science and nature room, a ladybug room for math, a quiet room, a music room or a snack room.

"Open time program in the middle of their day allows children to pick and choose what they'd like to do," said Despina. "It promotes a great sense of independence. These children that leave here are definitely kindergarten ready."

"For me personally, Helen has pulled me along the past two years. I keep on introducing new ideas, and she is the first to say, 'Go for it,'" said Despina. They include a lunch bunch program that gives students and parents in the morning session a chance to stay at school until 1:30 p.m., and an enrichment program for children ready to stay for longer days.

"I want people to understand this school is not about me, it's about what is being left here. It will continue on," said Guest.

SPORTS



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Aly Rayle, seen earlier this season, and the South Lakes softball team were scheduled to face Battlefield on Tuesday.

Madison Baseball Four-Peats as Conference 6 Champ

The Madison baseball team won its fourth consecutive Conference 6/Liberty District championship with a 1-0 victory over McLean on Friday night in Vienna.

The victory improved the Warhawks' record to 19-3. Madison has won 14 of its last 15 games and enters the 6A North region tournament as the No. 1 seed from Conference 6.

Madison, the defending state champion, is scheduled to host Osbourn, the No. 4 seed from Conference 8, at 7 p.m. on Wednesday, May 25.



The South Lakes baseball team will face Conference 8 champion Battlefield in the opening round of the 6A North region tournament on Wednesday, May 25.

The boys' team remained undefeated with a 2-1 overtime win over Herndon in the championship match. The Cougars captured their third conference/district title in the last four years and improved their 2016 record to 14-0-1.

The girls' team improved to 14-1 and extended its win streak to 14 with a 1-1 (4-3) victory over Centreville in penalty kicks.

The boys' team was scheduled to host Mount Vernon on Tuesday in the opening round of the 6A North region tournament, after The Connection's deadline. The winner will face the winner of Washington-Lee and Patriot on Thursday.

The girls took on South County on Tuesday. The winner faces the winner of Madison and Osbourn Park.

The Herndon boys' team faced West Potomac on Tuesday.

South Lakes Baseball to Face Battlefield

The South Lakes baseball team, the No. 4 seed from Conference 6, will travel to face Conference 8 champion Battlefield at 7 p.m. on Wednesday, May 25 in the opening round of the 6A North region tournament.

The Seahawks (13-9) qualified for regionals with an 8-3 win over Langley on May 13 in the Conference 6 tournament quarterfinals. The Seahawks lost to eventual champion Madison 13-1 in the semi-



PHOTOS CONTRIBUTED

Devyn Jones and Golden Kumi Darfour contributed to the South Lakes triumph in the Liberty Conference 6 Championship May 18.

South Lakes Wins Track and Field Conference Championship

Seniors Skander Ballard and Golden Kumi-Darfour's record-setting performances paced the South Lakes High School track teams to victories in the Liberty Conference 6 Championship May 18.

Seahawks scored in 33 of 34 events in leading the girls team to its sixth consecutive title and the boys team to its third straight and eight out of the past nine. The SLHS track and field program now has 26 conference/district titles over the past eight years.

Ballard won the 400 meters in a Conference record time of 48.77, eclipsing the previous mark of 50.13 set in 2013. He also won the 200 meters (22.46) and teamed with seniors Nikolai Waithe, John LeBerre and junior Ashton Reinhold in winning the 4x400 meter relay in 3:25.76. Ballard, who will compete for William and Mary next year, also finished second in the pole vault (11-00.00), third in the triple jump (41-05.50) and 12th in the long jump (18-09.75).

Kumi-Darfour ran the anchor leg on the winning 4x400 and 4x800 meter relay teams and finished second in the 400 meters (58.53). She teamed with freshman Sophie Halkett and sophomores Sarah Wolfe and Olivia Beckner in breaking the meet record in the 4x800 meter relay (9:24.93), set by James Madison last year. Kumi-Darfour, who signed with Coastal Carolina College, Halkett, sopho-

more Danielle Spears and senior Monica Lannen won the 4x400 in 4:06.00.

Junior Nikayla Hoyte won the 100 meters in 12.34 breaking the previous record of 12.34 set by SLHS alumna Delaney Wickman in 2014. She also won the 200 meters (25.77) and finished third in the 400 meters (58.68).

South Lakes will compete in the 6A North Region Championship May 26-27 at James Robinson Secondary School in Fairfax.

South Lakes Events Winners

South Lakes won a total of 18 events including:

100 hurdles: junior Devyn Jones (15.12)
110 hurdles: senior Anas Fain (15.10)
100 meters: junior Hoyte (12.34), senior Eric Kirlaw (11.11)
200 meters: Hoyte (25.77), Ballard (22.46)
300 hurdles: Jones (46.17), Fain (40.84)
400 meters: Ballard (48.77)
800 meters: senior John LeBerre (1:59.05)
1600 meters: Beckner (5:10.07)
4x400 meter relay: Halkett, Lannen, Spears, Kumi-Darfour (4:06.00); Waithe, LeBerre, Reinhold, Ballard (3:25.76)
4x800 meter relay: Halkett, Wolfe, Beckner, Kumi-Darfour (9:24.93); LeBerre, senior Christopher Byron, junior Peter Sepulveda, sophomore Alex Loukili (8:05.59)
High jump: Anas Fain (6-02.00)
Triple jump: Kirlaw (43-07.50)
Long jump: Jones (17-02.00)

nals on May 18.

Battlefield enters the region tournament with a 19-3 record.

South Lakes Softball Falls in Conference Semifinals

The South Lakes softball team lost to eventual tournament champion McLean 3-1 in the Conference 6 semifinals on May 18

at Fairfax High School.

The loss dropped the Seahawks' record to 15-7. South Lakes qualified for the 6A North region tournament with a 6-0 win over Fairfax on May 13.

The Seahawks, the No. 3 seed from Conference 6, were scheduled to face Battlefield, the No. 2 seed from Conference 8, on Tuesday in the opening round of the region tournament, after The Connection's deadline. The winner will face the winner of South County and Westfield in the quarterfinals.

Oakton Boys', Girls' Soccer Teams Win Conference Titles

The Oakton boys' and girls' soccer teams each won a Conference 6 championship on Friday night at Westfield High School.

CALENDAR

Send announcements to www.connectionnewspapers.com/Calendar/. The deadline is noon on the Friday prior to the following week's paper. Photos/artwork encouraged.

ONGOING

Truths in False Positives. June 11-26. ArtSpace Herndon, 750 Center St., Herndon. Sherwood Gainer's Pattern Recognition: Truths in False Positives offers vibrant and often chaotic abstractions, and explores how visual cues from a canvas can inform a dialog unique to each observer. artspaceherndon.com. 703-956-9560.

Surfaces Art Show. May 22-June 4. Unitarian Universalist Church, 1625 Wiehle Ave., Reston. Fourteen local artists curated by Melanie Stanley. Free. Call for availability. 703-956-9155

Technology Changing Arts. May 24-June 1. ArtSpace Herndon, 750 Center St., Herndon. Exhibit featuring a selection of winners and entries in the 11th Annual Council for the Arts of Herndon Tech Arts Competition in categories including digital art, digital photography, and digital animation. artspaceherndon.com.

"City of Angels." Through June 5. NextStop Theatre, 269 Sunset Park Drive, Herndon. Award-winning musical. Contains adult content. <http://www.nextstoptheatre.org/>.

"Two Views." Through June 2. Reston Art Gallery and Studios, 11400 Washington Plaza, Reston. Works by Pat Macintyre and Gail Axtell-Erwin. RestonArtGallery.com.

Karaoke at Kalypso's. Wednesdays, 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Come to Kalypso's and sing your



PHOTO BY TIMOTHY KUO

The Reston Chorale will present a free concert of patriotic music on Saturday, May 28, at 2 pm in the Reston Town Center Pavilion. The event will also include a Care Packages for the Troops drive.

hearts out! 703-707-0660.

www.kalypso'ssportstavern.com.

Reston Concerts on the Town.

7:30-10 p.m. Saturdays, June-August. Reston Town Center Pavilion. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion. Free. Rain or shine. restontowncenter.com. 703-579-6720.

Wells and Barnes: Seats of Power.

April 21-June 18. Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Collaborative exhibition featuring artists Gayle Wells Mandle and her daughter, Julia Barnes Mandle. Gayle and Julia use the motif of chairs as a vehicle to examine society's eternal power struggle. 703-471-9242. restonarts.org.

Herndon Town Calendar Photography Competition.

Deadline June 7 at 2 p.m. ArtSpace Herndon and the Council for the Arts of Herndon present the Sixth Annual Herndon Town Calendar Photography Competition. Professional and amateur photographers are invited to submit entries to the Herndon Town Calendar Photo Competition. Subjects for all entries must be located within the corporate limits of the Town of Herndon. artspaceherndon.com. 703-956-9560.

Integral Tai Chi. 12:30-2 p.m.

Mondays and Wednesdays through March 30. Herndon Senior Center, 873 Grace St., Herndon. Integral Tai Chi is a combination of traditional Chinese Tai Chi and Qi Kong. The movements come from both forms of practice, in addition to yoga movements in the warm up section.

Students need to bring their own yoga mat, a towel and water. Free-\$5. 703-464-6200.

WEDNESDAY/MAY 25

Color Me Happy. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. Relax, unwind, turn loose your inner artist and discover that coloring is for grown-ups, too. Choose from our collection of intricate designs and bring them to life with color. Coloring pages, pens and pencils provided, or bring your own. Adults. 703-397-0420.

THURSDAY/MAY 26

Dollars and Sense. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. A monthly book discussion group that focuses on business leaders and markets. May's title is "The Safe Investor" by Tim McCarthy. 703-397-0420.

FRIDAY/MAY 27

"Coppelia" and "Jukebox." 7:30 p.m. CenterStage, Reston Community Center, 2310 Colts Neck Road, Reston. Young dancers will perform original works of dance in a variety of genres. \$20. 703-437-9664. raveldance.com.

Holly Montgomery Band. 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N, Reston. 703-707-0660.

SATURDAY/MAY 28

Star-Spangled Sing Along with the Reston Chorale. 2-3 p.m. Reston Town Center Pavilion. All are welcome to take part in a free sing-along of patriotic music in a salute to

the troops, plus children's activities and refreshments. Free. restonchorale.org. 703-834-0079.

THURSDAY-SUNDAY/JUNE 2-5

Herndon Festival. Thursday: 6-10 p.m. Friday 5-11 p.m. Saturday: 10 a.m. - 11 p.m. Sunday: 10 a.m. - 6 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Four-day outdoor festival with three entertainment stages, a carnival, two fireworks displays, Kid's Alley with children's art area, arts and craft show and more! All ages. Visit www.herndonfestival.net for more information.

FRIDAY/JUNE 3

Community Cookout. 5-7 p.m. North Hills Pool, 1325 North Village Road, Reston. Everyone is invited to take the night off from cooking and come to the pool for some food, entertainment, and good times. Sponsored with the Reston Association. 703-476-4500.

SATURDAY/JUNE 4

Jimmy Gaudreau and Moondi Klein. 7:30 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Free/\$15. These two legendary bluegrass musicians, as a duo, are something to behold. 703-435-8377.

Casino Royale Fundraiser. 6 p.m. NVHC, 1441 Wiehle Ave., Reston. Funds raised will help support the synagogue's efforts to engage those who are looking for a spiritual home where they can connect through community to Judaism that matters. 703-437-7733. nvhcreston.org.

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SUMMER FUN

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ONGOING

Herndon Friday Night Live. 6:30 p.m. Through Aug. 26. 777 Lynn St., Herndon. Features the most popular local and regional acts from up and down the east coast. Free. For more information or for the performance schedule, go to herndonrocks.com.

Reston Concerts on the Town. 7:30-10 p.m. Reston Town Center. June 4-Aug. 27. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion Saturday nights. Free. Rain or shine. Presented by Reston Town Center and Reston Town Center Association. Alcohol permitted at restaurants only. Concert information: 703-579-6750. www.restontowncenter.com.

Take a Break Concert Series. Thursdays. 7 p.m. June 4-Sept. 1. Lake Anne Plaza, Reston. Bands and entertainers at the plaza. lakeanneplaza.com.

Summer Entertainment Series. June 1-Aug. 31. Fairfax County Parks. A summer-long calendar of shows, concerts and movies appropriate for you and your family. These concerts held in local parks are the perfect place to bring a picnic dinner, blankets and lawn chairs to enjoy the best local and regional entertainers. Free. To find out what's playing at your nearby park, go to <http://www.fairfaxcounty.gov/parks/performance/>.

THURSDAY-SUNDAY/JUNE 2-5

Herndon Festival. Historic Downtown Herndon, 777 Lynn St., Herndon. Local and nationally-known entertainment on three stages, a carnival, fireworks displays on Thursday and Saturday, children's hands-on art area, arts & crafts show, business expo, 10K/5K races and fitness expo on Sunday, complimentary shuttle bus service, and an assortment of food vendors. The festival is produced by the Town of Herndon Parks and Recreation Department with assistance from local area civic organizations and businesses. herndonfestival.net.

SATURDAY-SUNDAY/JUNE 11-12

Lake Anne Chalk on the Water Festival. 11 a.m.-5 p.m. Lake Anne Plaza, 1609 Washington Plaza, Reston. Chalk on the Water is a two-day street-painting festival where participants will create amazing street art. Festival goers can purchase a "plot" of brick space on the plaza and paint to their hearts delight whatever flows from their imagination. Spots are limited for this event. Participants have a chance to win cash prizes for various categories, awarded by notable community judges. Register at www.chalkonthewater.com.

SUNDAY/JUNE 12

Love Your Body Yoga. 10 a.m.-5 p.m. Reston Town Center Pavilion and Market Street. Yoga studios and wellness centers of Northern Virginia will be offering classes, services, and information on ways to care for your body, along with live entertainment and activities for children. Donations to participate in classes benefit Cornerstones. Presented by Beloved Yoga. belovedyoga.com.

FRIDAY-SATURDAY/JUNE 17-18

Taste of Reston. Reston Town Center Pavilion and Market Street. Greater



At Herndon Festival in 2014, children rode teacups. This year's festival will take place June 2-5 at Historic Downtown Herndon.



The chalk mural of Penny HauFFE. HauFFE won second place prize in the professional artist category for her work in the 2014 Chalk Festival at Lake Anne Plaza. This year's festival will take place June 11-12.

Reston Chamber of Commerce presents Northern Virginia's largest outdoor food festival featuring samplings from the region's eateries, live music, beer and wine gardens, and much more. Free. Tasting tickets purchased on site or in advance at restontaste.com. restonchamber.org. 703-707-9045.

MONDAY/JULY 4

Herndon Fourth of July. Starts at 7 p.m. Bready Park, Herndon Community Center, 814 Ferndale Ave., Herndon. Family-fun event featuring games, patriotic arts & craft activities, family games, bingo, food, balloon artists and more. herndon-va-gov.

CONNECTION FILE PHOTO

PHOTO BY RYAN DUNN/THE CONNECTION

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Advertising Deadlines are the previous Thursday unless noted.

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6/8/2016.....Father's Day Dining & Gifts

6/8/2016.....HomeLifeStyle

6/15/2016..A+ Graduations & Summer Learning

6/15/2016.....Father's Day Dining & Gifts

Father's Day is June 19

6/29/2016.....Connection Families

JULY

7/6/2016.....Wellbeing

7/13/2016.....HomeLifeStyle

7/20/2016.....A+ Camps & Schools

7/27/2016.....Connection Families: Our Pets

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In Effect/ To Affect



By KENNETH B. LOURIE

I've been trying to write this column/organize my thoughts/stay on this task for years but haven't been able to do so. It's nothing serious, really, other than the side effects – potentially, of many of the prescription drugs now available (perhaps characteristic of many of the prescription drugs ever since they've been prescribed). But given the frequency and variety of their advertising of late, I have been unable to ignore their message, both good and in some instances, shockingly bad/scary.

Granted, I watch way too much television where many of these ads regularly appear, so I may be a bit of a sitting duck. I won't name names, maybe just a few potential side effects though: ALS, cancer, heart attack, stroke, suicidal thoughts, depression, kidney and liver damage, high blood pressure/low blood pressure, blackouts, blood clots, shortness of breath, four-hour erections; and on and on and on. (I don't recall seeing too many commercials where lung cancer is a possible side effect. I suppose that's because lung cancer is not exactly a "side" effect, it's more of a main effect.) Nevertheless, being a stage IV, non-small cell lung cancer patient/survivor, I can't help but have noticed the ads on television for "OPDIVO." Obviously the subject matter interests me, but maybe I've just learned – instinctively almost, to pay stricter attention to such enticements. It might actually relate to me. Or maybe I've simply gotten better at listening to voice-overs and reading small print scrolling beneath the visuals while ignoring more the apparent healthy recipients living wonderfully enjoyable and uninhibited lives thanks to these medications.

Believe me, I understand that these prescription drugs are not "over the counter" so it's unlikely I'll happen on to them sitting on some pharmacy shelf next to the Advil and wonder, on my own, if they could help me. The only way, so far as a law-abiding citizen like myself would have/gain access to any of these prescriptions, would be through a conversation with, and prescription written by, my treating physician where many of the potential side effects and/or risk-rewards would be discussed. Still, trading one set of problems for another, which in turn possibly could lead to their own set of unintended but not totally unanticipated consequences seems a bit problematic – even to me, and all I have is lung cancer.

I don't know that I have a choice, though. There is treatment. There are consequences. There are alternatives. There is life and there is death, and always there is hope. But treatment-to-date, I've never felt as if I was trading one for the other. Oddly enough, I've always thought, I was making decisions to stay alive, not to make my life worse; attempting to sustain it, not diminish it. With some of the prescription advertising I see and hear on television now, I'm confused. Many of it sounds both encouraging and discouraging, and somewhere between cautiously optimistic and a cautionary tale, even as the advisory to "speak to your doctor before you start a..." voices over. Not that it sounds so great in the first place, but in the last place, I am often reminded of the old adage: "If it sounds too good..." Well, when you consider the potential side effects, it doesn't sound too good at all.

Certainly I realize that there are governing/regulating bodies like the F.D.A. that approve/regulate/mandate what is said/advertised/printed/labeled, etc., prescribed even, for our mutual protection. Still, it's difficult for me to ignore everything I see, hear and read, especially when left to my own devices. Devices which, had they been similarly regulated, would likely have come with their own set of warning labels.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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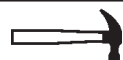
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The biggest things are always the easiest to do because there is no competition.
-William Van Horne

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News



PHOTO CONTRIBUTED

The Nysmith School Science Bowl Team: Ishaan Kumar, Vaibhav Sharma, Anusha Allamsetty, Kaien Yang and Ajit Kadavenu.

Nysmith School Science Team Places Third in National Competition

A team of Nysmith School seventh- and eighth-graders earlier this month placed third in its division of the National Science Bowl in which students competed in a fast-paced verbal forum to solve technical problems and answer questions in all areas of science and math. The team, which represented the state of Virginia in the annual event, was coached by Venkata Allamsetty of Oak Hill and was made up of the following local youngsters:

- ♦ Anusha Allamsetty (Oak Hill/Grade 8)
- ♦ Ajit Kadaveru (Fairfax/Grade 8)

- ♦ Ishaan Kumar (Ashburn/Grade 8)
- ♦ Vaibhav Sharma (Oak Hill/Grade 8)
- ♦ Kaien Yang (Chantilly/Grade 7)

The National Science Bowl is sponsored by the U.S. Department of Energy in an effort to interest students in making math and science fun and encourage them to pursue studies and careers in those fields. Launched in 1991, the competition features regional events from January through March, with regional winners advancing to the national event in April/May in Washington, D.C.

BULLETIN BOARD

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/ by noon on the Friday prior to the following week's paper.

WEDNESDAY/MAY 25

DMV2Go at the Pavilion. 9 a.m.-4 p.m. Reston Town Center Pavilion. DMV wireless office on wheels — apply or renew ID card and driver's license; get driving records, vehicle titles, license plates, and more. Information on all services at <http://re.ston.tc/P9HLkh>. 703-579-6720.

THURSDAY/MAY 26

Dollars and Sense. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. A monthly book discussion group that focuses on business leaders and markets. May's title is "The Safe Investor" by Tim McCarthy. 703-397-0420.

ONGOING

The **Herndon Adult Day Health Care Center** needs a bingo caller and an art therapy assistant. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Herndon Senior Center** needs a volunteer trained in taking blood pressure, Social Visitors and a Baked Goods Table Manager. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/

ltcombudsman/.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

Fairfax County needs a volunteer **Senior Center Marketing Coordinator** to assist the Friends of Fairfax County Senior Centers with marketing. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Free Support Group for Children with Autism. Saturdays at 10-11 a.m. 462 Herndon Parkway, Suite 202, Herndon.

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free 12 step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

Fairfax County's Meals on Wheels urgently needs drivers in the Annandale, Franconia/Kingstowne, Reston, Mount Vernon and McLean areas. 703-324-5406, TTY 711 or www.fairfaxcounty.gov/olderadults.

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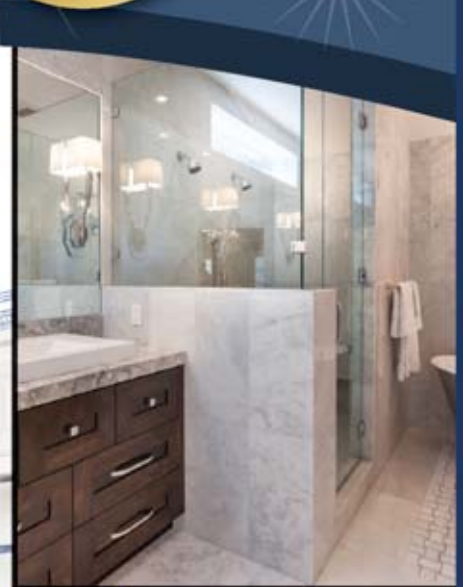
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