

The Arlington Connection

WELLBEING

PAGE 11

Luke Carron and his mentor Capt. Joseph Quenga release their balloons that float upward with messages for departed military relatives. This ceremony was part of a five-day event sponsored by the Tragedy Assistance Program (TAPS) headquartered in Clarendon.

Rolling Thunder Rides Through Arlington

NEWS, PAGE 3

1st Street Car-tastrophe?

NEWS, PAGE 3

Unbeaten No More: W-L Boys' Soccer Tops Oakton

SPORTS, PAGE 12

Heaven Bound

NEWS, PAGE 3

NEWS

1st Street Car-tastrophe?

County inaction prompts social media campaign.

By VERNON MILES
THE CONNECTION

Around August last year, a car went speeding down 1st Street in the wrong direction. When resident Alec Strong and a few other neighbors came out to tell the driver he was going the wrong way, the driver picked up speed and began careening into other nearby cars, racing towards the exit at the far end of the street. Residents chased the car down and stood in front of it, holding the driver there until police could arrive to take his information.

But this isn't that unusual at 1st Street. Residents on the one-way road say speeders and drivers going the wrong direction are a daily occurrence. After complaining to the county and being told photographic evidence of the traffic violations would be required, Brian Meenaghan established "BadDriversOf1stRdS," a Twitter account that collects the neighbors' pictures of the daily cases of drivers violating traffic laws on their street. And yet, Meenaghan says they only catch one in five. Some of the encounters have included a WMATA bus going the wrong way down the street and a school bus in a standoff with a wrong-direction car.



PHOTO CONTRIBUTED

A WMATA Bus drives the wrong way down 1st Street.

SEE NEIGHBORS, PAGE 13



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PHOTOS BY VERNON MILES/THE CONNECTION

Motorcyclists from across the nation gather outside the Pentagon.

Rolling Thunder Rides Through Arlington

Thousands come out for annual motorcycle rally.

BY ERIN CONWAY
AND VERNON MILES
THE CONNECTION

Thousands of bikers filled the Pentagon parking lots before roaring out of the north entrance and across the Arlington Memorial Bridge and around the national mall, before their final stop in West Potomac Park.

The bikers carried American flags as well as various veteran-support flags. Some wore black leather jackets and spike helmets, while others wore vests decorated in different patches, all of which held different meanings. As one, they all met and mingled in Arlington as part of the annual Rolling Thunder rally.

The Sunday, May 29, event honored veterans, prisoners of war, and those missing in action.

"Rolling Thunder's main function is to inform the public with issues of Prisoners of War and those Missing in Action," said

SEE ROLLING THUNDER, PAGE 15



The Lehigh Valley Chapter of the Nam Knights of America gather near the Pentagon.

Luke Sends Balloon to Heaven to Honor Dad

TAPS sponsors five-day event over Memorial Day.

BY SHIRLEY RUHE
THE CONNECTION

Luke Carron sat at the edge of the astroturf waiting for the balloon release that will carry the note to his father in heaven. Luke came from Charlotte, N.C., with his mother to be part of Good Grief Camp organized by the Tragedy Assistance Program (TAPS) to honor America's military fallen and their families over the Memorial Day weekend. Susan Carron wore a name tag labeled "Suicide Survivor Support Team."

Capt. Joseph Quenga, Luke Carron's mentor for the weekend, ties Luke's note to the balloon that will float to heaven with the message for his father who died in Afghanistan in 2010.

Luke has written his father's name on a note and will tie it to a balloon.

Luke joined about 500 other children at Virginia Highlands Park on Hayes Street in Arlington on Sunday, May 29 along with their mentors for the weekend. These children are survivors grieving the loss of a loved one in the military.

Luke's father died in 2010 in Afghanistan when his mother was eight months pregnant with Luke. Good Grief Camp gives children a chance to talk about their feelings and to meet other children who have shared similar experiences. On Friday each child picked a super hero and a super power. Luke said, "My super hero power is to fly." When his mother asked him where he would fly, he yelled out "TAPS." Luke made a mask and a white cape where he had drawn a stick figure of his father on the left and a picture of his mother and himself hold-

ing hands above. His name was in large blue letters at the bottom. His mentor, Army Capt. Joseph Quenga, said, "I was his sidekick ... but sometimes he fired me."

Quenga, who is stationed at Ft. Bragg and just met Luke this weekend, said the mentors are with the children all weekend to help with whatever they might need and try to get them to open up and talk. "At this age it is hit or miss. But he handles it really well. Every now and then he will mention his father. He always uses his father's full name 'Luke Douglas Garron.'"

Bonnie Carroll founded TAPS in 1994 after her husband, Tom Carroll a brigadier general in Alaska with the Army National Guard, crashed in the mountains with seven others. "At that time there was no national program to sup-

SEE BALLOONS, PAGE 15



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Neighbors, Colleagues Honor Firefighters of Hall's Hill

Reunion of firefighters, families, and neighbors was tribute to early firefighters.

BY EDEN BROWN
THE CONNECTION

"How did I keep up a positive attitude despite segregation? I believe most of us wanted to prove that we were as good or better than the other firefighters in the county," said Hartman Reed. "Because, you know, it was whispered around that we 'colored' men didn't have as much courage as the white guys. We wouldn't enter a burning building, they said. It was the same during World War II. They didn't put us on the front lines because they said we would run. So yes, of course, we wanted to show we were as good ... or better. And I believe we did that."

As he warned the assembled crowd at the National Rural Electric Cooperative Association Building on Wilson Boulevard on Saturday, May 21, the 89-year-old likes to talk. Four of the original 14 Hall's Hill firefighters who were hired, for the first time, to fight fires and save lives during segregation, were on the dais Saturday, regaling those who had come to honor them.

According to a proclamation read by County Board Chair Libby Garvey at the event, in 1918, Hall's Hill residents organized Fire Station 8 because their community was denied service from any of the existing white stations. The all volunteer force worked until eventually 14 "Negro" firefighters were hired by Arlington County and constituted the first and only station in Arlington with paid black firefighters.

More than 200 people gathered for the chance to hear from men who lived life large. It was a better time, and a worse time. In those days, the men recounted, the Cherrydale fire station wouldn't come to Hall's Hill to fight a fire. So they had to fight



From left: Captain Hartman Reed, Julian Syphax, and Carl Cooper speak about their years on Hall's Hill.

their own fires. They learned on the job. They had inferior equipment. The firehouse was built on land they donated. But the stories they told were about firefighting, neighbors helping each other, and pride.

"This one fire, Station #3 was already there," said Julian Syphax. "We were second due. As soon as we got outside, the building exploded. It burned to the ground. I heard a man talking about the expensive crystal goblets he had lost in the fire. They had cost a lot — maybe more than \$100 a glass. 'Don't put too much stock in things,' the man said to his son, putting his arm around the boy. 'I will always remember that,'" Syphax said.

"I'm 89 years old," Syphax reminded the group. "I remember when the Pentagon caught fire. It was, when? The middle '60s. That was my most memorable fire. A lot of people didn't know about the basement in the Pentagon. There was microfiche stored

down there. We went down and there was a lot of heat, smoke, and no ventilation. The only breathing apparatus we had was that old military breathing equipment with a cannister at the end. The cannister itself would get hot, so I ripped it off. I was overwhelmed with smoke. I'll always remember the Anderson clinic. I woke up in the clinic and thought I was in heaven. But then I remembered I'd been in that fire."

"This fire happened right on Hall's Hill," said Reed. "There was a family named Jeeves.' Remember them? They had come downstairs because of the cold; it was too cold upstairs. Their blanket caught fire. I remember we took them out and laid them on the grass and they passed. I never forgot that."

It was not all work. The firefighters told the crowd, "We pulled pranks on each other all the time. Sometimes it would take a whole week to get the other guy back, but



Kitty Clark-Stevenson greets Julian Syphax, with current Fire Station 8 firefighters in the background. Syphax said he would never be able to adequately thank Arlington County for opening its door early to integration. "I remember when someone asked an Arlington representative 'Why were we hired?' they simply said: 'Because it was the right thing to do'."

sooner or later, we would. The fire station was a community place with games. People would stop in and play a game of chess or checkers. We even had some golf. In the back, a nice little three-hole green."

Also honored, but unable to attend, were George McNeal, Archie Syphax, Alfred W. Clark, James K. Jones, Carroll Deskins, Ervin Richardson, Henry Vincent, Wilton Hendrick, William "Bill" Warrington, Jimmie Lee Terry, and Thurman "Bobby" Hill.

As the afternoon came to a close,
SEE TRIBUTE TO, PAGE 5

Mayne Found Guilty of Sex Trafficking in Arlington, Fairfax

Quick verdict
on four-day trial.

BY SHIRLEY RUHE
THE CONNECTION

All rise. The court is in session. Judge Liam O'Malley opened the sex trafficking criminal trial USA vs. Maynes et al on Monday, May 18 in Federal District Court in Alexandria. Michael Lawrence Maynes, with several aliases including Horseblock, Jr., was charged with conspiracy to commit sex trafficking; sex trafficking by force, fraud and coercion; and kidnapping.

The indictment brought charges in Fairfax and Arlington counties. The co-conspirators prostituted women all up and down the east coast but they focused much of their prostitution in Fairfax as well as Arlington and Alexandria.

The first witness for the prosecution, Britany Walker, testified as both a co-conspirator and a victim of sex trafficking. While Walker had worked with Maynes to traffic prostitutes, she also had been a victim herself. She had been charged with commercial sex trafficking in an earlier trial, pled guilty and was facing a mandatory 15-year sentence. She testified she was hoping to get a reduced sentence for cooperating with the prosecution. Walker said she didn't consider herself as a victim at the time of her guilty plea a few months ago, "but things have definitely changed here today." Defense attorney Gregory E. Stambaugh asked his client if there was some reason Walker would be saying things falsely about him. Maynes said, "Our children have been taken away from us. She wanted to get them back. She had to cooperate. I understand why she did it."

Walker said Maynes held onto her ID so she couldn't use it and she couldn't have friends or talk to other men. "He liked to

keep me secluded. I told him I didn't want to do this, and we had big fights." Walker testified that at one point she tried to get away from him: "He choked me until I passed out. I ran and locked myself in the car. I was screaming. He broke the car window to get in."

Walker explained she had worked as Mayne's "bottom bitch," the girl who is the boss in charge of the other prostitutes. She said everyone wanted to be the "bottom bitch" because they got special attention from the pimp, more privileges, a little more control. "The girls all wanted to spend time with the pimp; they considered him a boyfriend," she said. Many of the girls testified they got Maynes' upside down horseshoe logo tattooed on their body as a sign of loyalty. Hers was on her inner thigh, "his favorite spot on me." And many of the girls considered the pimp to be the only family they have ever known.

Maynes testified that Walker, the mother of his two children, was the love of his life.

Lead Assistant U.S. Attorney Patricia T. Giles asked him how he could prostitute the love of his life and he replied "that has nothing to do with my love." Walker said Maynes told the jury that you don't want to think of yourself as a prostitute; it's just work."

Walker and 10 other prostitutes laid out for the jury a culture of coercion and force, balancing the need to be taken care of with the loss of freedom and verbal and physical abuse. The second witness, Betty Jo Avery, testified she was 18 when she started prostituting for Maynes. She said she knew a 15-year old working for him. She testified Maynes said, "I don't care if she is underage. I'll take any girl." During the testimony Avery stared intensely at the ceiling and said she was trying to forget everything. She testified she left Maynes several times but came back. Other witnesses laid out a pattern of broken promises, children withheld and their earnings forcibly taken. The prosecution played a phone call in which

SEE TRAFFICKING, PAGE 7

WWW.CONNECTIONNEWSPAPERS.COM

Tribute to Early Firefighters

FROM PAGE 4

Alexandra Bocian, head of the John Langston Civic Association, thanked the organizers — Barbara Carter, Marguarite Gooden, Kitty Clark-Stevenson, Rochelle Day, Peggy Jones, Donald Reed and Jerome “Dale” Smith, as well as the County Board and School Board members who attended. Bocian referred to the recent 8-2

vote by the Fire Station 8 Task Force to keep the fire station in its current location. She thanked Libby Garvey, Jay Fisette, and John Vihstadt, the three board members who pushed for the task force to review the decision to move the station, and the two new board members who urged a conversation on the issue: Christian Dorsey and Katie Cristol. The room erupted in applause.

Rita Mansfield, who grew up in Hall’s Hill and still lives in the area, said she had spoken up at one meeting on Fire Station #8 saying she would go to the NAACP if the station moved. She said when it was first announced, as a fait accompli, the county officials said — just like that — “they are moving it and they are putting affordable housing in its place.” Mansfield had been shocked. “Cherrydale wouldn’t fight our fires,” she said. “We aren’t going to just let our fire station go. My mom is 95,” she added. “She might need emergency services as much as the person further north in the county.”

Apart from the congratulations letters from President Obama, Governor McAuliffe, and Senator Mark Warner, there were awards handed out to the 11



One of the first helmets of Fire Station 8.

PHOTO BY EDEN BROWN

firefighters who weren’t at the ceremony. Captain James K. Jones had a note from his family which described the racism he encountered as a firefighter. A biased fire exam was designed to fail men from Fire Station 8 who tried to take the test. Jones had to tutor other firefighters who chose to take the test so they could pass it. Sometimes they would take it,

pass it, and pass it with a score in the top five percent, and still see others with lesser grades get promoted first, because of their color.

Syphax told the group, “My mother wrote me there was an ad in the paper. They were hiring ‘coloureds’ in the fire department. I wanted to be a fireman so bad that I got out of the Navy and wanted to start the next day. I will always be grateful to Hall’s Hill. I married and raised my children there.”

Captain Tiffany Wesley from Station 5 provided closing remarks, noting she had risen to become the first black female captain, “standing on the shoulders of giants.” She was ashamed to say when she first was asked if she knew who the first black captain was in Fire Station 8, she did not know. From that moment she made it her job to know the history of Hall’s Hill station, so she and her fellow black firefighters would know their history and carry on from where the men on the dais had left off.

“I may be the first African-American woman to be promoted fire captain in Arlington, but I am sure I am not the last,” Wesley said, closing with, “All I am, I owe to you. I live eternally in the red.”

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OPINION

Talk to Your Teens

So much at stake as teens approach graduation, summer.

It's hard to talk to your teens and young adults about alcohol and drugs.

But consider this.

Last year, more people died in Virginia of heroin overdose than in car accidents, more than 700 in all. There have been multiple overdoses of high school students in the last few months, high school students like yours. At this point in the opiate epidemic, you also need to talk about heroin and pills.

On graduation day in 2007, West Potomac High School endured the unimaginable tragedy. Two young women who had graduated just hours before died in a car driven by another young woman who had alcohol in her system. The driver and another passenger, a 2005 West Potomac graduate, also died in that

crash.

More recently, in June, 2015, Alex Murk and Calvin Li, shortly after graduation from Thomas Wootton High School in Rockville, Maryland, died in a car accident after leaving a party where alcohol was served. The owner of the house where the party took place, the father of the student hosting the party, was fined for knowingly allowing underage drinking. A newly passed law in Maryland, named for Alex and Calvin, means parents who knowingly host underage drinking parties in Maryland could face the possibility of up to a year in jail if an underage drinker leaves their home and is injured or killed in a car crash. The driver recently pled guilty to two counts of vehicular manslaughter.

Summer is the most dangerous time of year for teenagers.

Many teenagers will be celebrating, or possibly self-medicating, with alcohol. Many will engage in binge drinking.

While drinking and driving, or getting into a car with a driver who has been drinking, can

kill, there are many other problems that come along with binge drinking. The question of consent and sexual activity looms. Young men and women need to hear from their parents that they are expected to respect the idea of consent, all the more so in circumstances where alcohol or drugs might be involved. The potential consequences are enormous.

Parents owe it to themselves to talk to their teens about it, even as the teen turns away, rolls eyes, and otherwise indicates he or she is ignoring everything you say, some information will go in. They do hear you. They can't hear what you don't say.

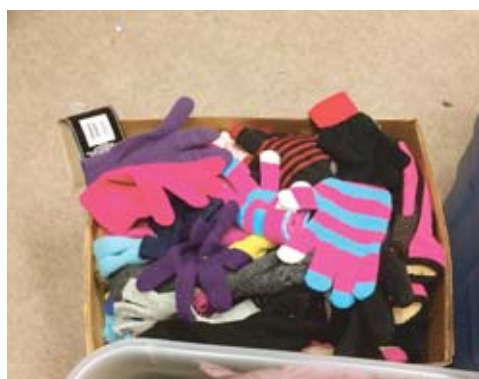
Keep talking. Tell them you love them. Tell them it's been too much work to get them to this point to risk losing them now. Tell them not to text and drive. Tell them not to drink and drive. Tell them not to get in a car with anyone driving who has been drinking or otherwise under the influence. Tell them to wear their seatbelts.

Tell them you'll come pick them up anytime that they need a safe ride home, with the only consequence that they have to talk to you about it the next day.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

IN THEIR OWN WORDS



PHOTOS BY EGIN CANTWELL



Boxes of gloves, hats and scarves were collected by Thomas Jefferson Middle School students.

School-wide Project Made Winter Warmer

Students organized gloves, hat and scarf drive.

WRITTEN BY ISAAC ENDO
AND TUCKER STANLEY
EDITED BY KATIE WATSON
THOMAS JEFFERSON MIDDLE SCHOOL

The students in Mrs. Byron's and Mrs. Kirsch's TA [home room], at Thomas Jefferson Middle School, completed their IB community project by doing a gloves, hat, and scarf drive. The purpose was to provide families in need with warm clothes. El Niño storm system was supposed to happen in the 2015-16 winter which guaranteed a lot of snow and cold weather. Our TA wanted to ensure that everyone would be warm and safe throughout the long, cold winter. One sixth grader who was helping us, Javell Edge, said, "This is a wonderful opportunity to collect items from my church to support our school and the community."

TJ middle school has a variety of different financial situations throughout the school and we knew that some families might need some extra support throughout the cold season. We researched the demographics of our school and discovered that about 45 percent of students at Jefferson are on free/reduced lunch. Jefferson Middle School has the second highest percent of students with lunch benefits out of all the middle schools in Arlington. We wanted to be sure that as many Jefferson families as possible could be warm and safe during the long winter.

To do our project, first we placed posters around the school and presented our project to school via the morning announcements. Then we went around to individual TA's and promoted our project. Within a week, multiple TA's started bringing in warm clothes. We collected winter clothes from January to March. The items that were collected were washed and brought down to the Jefferson closet. At the end, we tallied up the clothes and found out that Ms. Holbert and Ms. Banach's TA's were winning.

We gave donuts as promised to both TA's and then took the newest clothes to the Jefferson



Isaac Endo (left) and Tucker Stanley

PHOTO BY EGIN CANTWELL

closet. The Jefferson closet is a storage place for clothes to give to Jefferson families. We put one final announcement on the TV. We told the school our winners and thanked all the TA's that brought in clothes. We had collected over 100 items in all!

Our homeroom really hopes that we accomplished our project goals and provided warm winter clothes for our school and community for years to come.

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NEWS DEPARTMENT:
arlington@connectionnewspapers.com

Steven Mauren

Editor

703-778-9415

smauren@connectionnewspapers.com

Vernon Miles

Reporter

757-472-3435

vmiles@connectionnewspapers.com

Jon Roetman

Sports Editor

jroetman@connectionnewspapers.com

@jonroetman

ADVERTISING:

For advertising information
sales@connectionnewspapers.com
703-778-9431

Debbie Funk

Display Advertising/National Sales

703-778-9444

debfunk@connectionnewspapers.com

Andrea Smith

Classified & Employment Advertising

703-778-9411

asmith@connectionnewspapers.com

David Griffin

Marketing Assistant

703-778-9431

dgriffin@connectionnewspapers.com

Editor & Publisher

Mary Kimm

mkimm@connectionnewspapers.com

@MaryKimm

Executive Vice President

Jerry Vernon

703-549-0004

jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Geovani Flores

Special Assistant to the Publisher

Jeanne Theismann

jtheismann@connectionnewspapers.com

@TheismannMedia

CIRCULATION: 703-778-9427

circulation@connectionnewspapers.com



News

Trafficking Conviction

FROM PAGE 4

Maynes was heard to say, "I know how to lie to get whatever I want, to make people think whatever ... I want so I can get what I want."

The final witness for the prosecution was Fairfax County Detective William Woolf, who had been with the case since the beginning — investigating along with Homeland Security — tracking down victims and witnesses, interviewing them, gathering and analyzing evidence.

He said this was an important case because of the sense of the operation itself, the depth of the investigation, number of victims identified and with multi co-conspirators. He said it took a long time to get the trust of these women and to convince them to testify.

In closing arguments, Assistant U.S. Attorney Whitney Dougherty Russell argued Maynes had committed fraud by making promises to prostitutes such as giving them housing or letting them keep a portion of their earnings which he called "donations." Flashing up pictures of the victims, Russell said, "In essence, it's all a lie." They didn't get a home, and the money they made was put in a bank account controlled by Maynes and

given out sparingly for things like Pampers for their children. Maynes denied these charges, saying "in this kind of game, you don't make promises. That's just common sense." And he said that he wasn't here to keep a female; they were here to keep him.

Maynes was also charged with coercion. Russell said he withheld access to their children until they had brought in their quota of dollars, sometimes threatening them with force, took their ID's and social security numbers, set their rates and number of dates.

Russell concluded, "These are real women with real histories and challenges. Maynes preyed on them using their own vulnerabilities."

Gilles, addressing the jury said, "These women have a voice now. You are their voice."

The judge instructed the jury to follow the law, not what they think the law ought to be. "You must not be swayed by prejudices or sympathies."

After three hours of deliberation the jury found Maynes guilty on all sex trafficking counts. Maynes was acquitted on the kidnapping charge. Sentencing of Maynes is scheduled for Sept. 9 with the range of 15 years to life.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington Office of Senior Adult Programs, for June 5-11.

Senior centers: Lee, 5722 Lee Hwy.; Langston-Brown Senior Center, 2121 N. Culpeper St.; Culpepper Garden, 4435 N. Pershing Dr.; Walter Reed, 2909 S. 16th St.; Arlington Mill, 909 S. Dinwiddie St.; Aurora Hills, 735 S. 18th St.

Senior trips: Occoquan Craft Show, intergenerational, Sunday, June 5, \$9; Tea and Tour, Elkridge Furnace Inn, Md., Tuesday, June 7, \$49; Hershey Garden Tour, Pa., Wednesday, June 8, \$77; Hillwood Estate, Museum and Gardens, Thursday, June 9, \$26; James Madison's Montpelier mansion, Civil War tour, Saturday, June 11, \$43. Call Arlington County 55+ Travel, 703-228-4748. Registration required.

Folk music sing-along, Monday, June 6, 1:30 p.m., Lee. Free. Register, 703-228-0555.

Pickleball games and instruction, Mondays, 11 a.m., Arlington Mill. Free. Register, 703-228-7369.

Ice skating, Mondays, 8:10 a.m. – 9:20 a.m., Kettler Capitals Iceplex, Ballston Mall, \$1. Register, 703-228-4771.

Madison Chess Club, Mondays, 9:30 a.m. Games and strategies. Free. Details, 703-534-6232.

Table tennis, Monday through Friday, 9 a.m. – 3 p.m., Arlington Mill. Free. Register, 703-228-7369

Skin care tips, Tuesday, June 7, 10:15 a.m., Culpepper Garden. Free. Register, 703-228-4403.

Social Security tips, Tuesday, June 7, 6:30 p.m., Walter Reed. Free. Register, 703-228-0955.

Volleyball, Tuesdays, 1:30 p.m.,

Langston-Brown. Free. Register, 703-228-6300.

Belly dance class, Tuesdays and Fridays, 10 a.m., Lee. Free. Register, 703-228-0555.

Beginners full fitness exercise, Tuesdays, 10 a.m., Lee. \$60/15 sessions or \$4 per class. Details, 703-228-0555.

Arlington Mill Trekkers, Tuesdays, 9:30 a.m. Free. Register, 703-228-7369.

Table tennis, Tuesdays, 10 a.m., -12 p.m., Walter Reed. Free. Register, 703-228-0955.

Poker games, Tuesdays and Thursdays, 10 a.m.-12:30 p.m., Lee. Register, 703-228-0555.

Harmony Heritage Singers (barbershop), Wednesday, June 8, 11 a.m., Walter Reed. Register, 703-228-0955.

How diabetes affects vision, Wednesday, June 8, 6:30 p.m., Arlington Mill. Free. Register, 703-228-7369.

Foods to reduce diet-induced pain, Thursday, June 9, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

Emergency preparedness for the home, Thursday, June 9, 10 a.m., Walter Reed. Free. Register, 703-228-0955.

Estate planning essentials, Thursday, June 9, 1 p.m., Arlington Mill. Free. Register, 703-228-7369.

Raising Monarch butterflies, Thursday, June 9, 2 p.m., Lee. Free. Register, 703-228-0555.

Hawaiian cultural program, Thursday, June 9, 7 p.m., Langston-Brown. Free. Register, 703-228-6300.

Lee Woodcarvers share woodcarving tips, Thursdays, 1 p.m. Free. Details, 703-228-0555.

Scrabble games, Thursdays, 1 p.m., Culpepper Garden. Free. Details, 703-228-4403.

JUNE 11TH

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ENTERTAINMENT

‘Family Is Family’

Signature stages gender-bending musical comedy “La Cage Aux Folles.”

BY STEVE HIBBARD
THE CONNECTION

Signature Theatre is staging “La Cage Aux Folles,” a musical about family, identity and loving who you are, May 31 through July 10, 2016. The play is based on a book by Harvey Fierstein (“Newsies,” “Kinky Boots”) and lyrics and music by Jerry Herman (“Hello, Dolly!,” “Mame”).

The gender-bending comedy focuses on a gay couple in a 20-year relationship: Georges, the manager of a Saint Tropez nightclub that features drag entertainment, and Albin, his romantic partner and head drag performer, and what happens when Georges’s son Jean-Michel brings home his fiancée’s ultra-conservative political parents to meet them. To please their son, Georges and Albin agree to hide their lifestyle and play it straight for a dinner with the potential in-laws. However, Albin’s different definition of normal threatens to upend the entire supper.

The original 1983 Broadway production

received nine nominations for Tony Awards and won six. The 2004 Broadway revival won the Tony Award for Best Revival, and the 2010 Broadway revival was nominated for 11 Tony Awards, winning the Tony Award for Best Revival of a Musical.

Paul Scanlan plans the role of Jean-Michel, the son of Georges and Albin, who comes home after a while away from home, with the news that he’s getting married.

Scanlan said the show is about family, what makes up our definition of that word and who our family really is. “(Director) Matthew Gardiner has shaped this show into not only a gorgeous, visually stimulating show, but a very warm and tender piece about how strong the bond of family is and can be,” he said.



He added that working in “La Cage” has been exciting for him, yet difficult. “It’s required me to be emotionally vulnerable, something I haven’t had to do on stage in my most recent work, so going to that emotional place you don’t normally find yourself in can be very uncomfortable, but ultimately rewarding,” he said.

Jessica Lauren Ball plays the role of Anne Dindon, the fiancée of Jean Michel, and the daughter of Deputy Edouard Dindon, “the most famous anti-ho-

mosexual on the Riviera.” She said the most challenging aspect for her in working on “La Cage” has been figuring out who Ann is when there’s not a lot of text in the script about her. “Paul and I and Mitch and Sherry got together with Matt Gardiner and talked about our family

history, and that helped a lot,” she said. “That kind of dialogue is often very fun, but when your character doesn’t have much to say, the possibilities can be endless. It’s a tough decision to trust what is the ‘right’ answer when, in this case, there really isn’t a ‘wrong’ answer.”

She added: “I hope that after seeing “La Cage,” audiences will have the sense that acceptance is very easily attainable between all of us, and begins best in our own families. Even though there may be major differences in the ingredients, when you boil them down, family is family.”

Signature Theatre is staging “La Cage Aux Folles,” from May 31 through July 10. Showtimes are Tuesdays through Saturdays, at 7:30 and 8 p.m., and Sundays at 2 p.m. and 7 p.m. Speciality Nights include Post-Show Discussion Nights June 7 and 15; Pride Nights June 17 and July 1; and Open Captioned Performances June 19 at 2 p.m. and July 5 at 7:30 p.m. Signature Theatre is located at 4200 Campbell Ave. Call 703-820-9771 or visit www.sigtheatre.org.

CALENDAR

Email announcements to arlington@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Sci-Fi Book Club. Third Wednesday of each month, 7-8:30 p.m. at Java Shack, 2507 N. Franklin Road. Free. Visit www.library.arlingtonva.us.

Nancy McIntyre: “The Rhythms of Time.” Through June 5, gallery hours at The Art League, 105 N. Union St. Nancy McIntyre’s silkscreens and paintings focus on different scenes and subjects over varying periods of time, from five minutes to four decades. Free. Visit www.theartleague.org for more.

Kenmore Students Glass Art Exhibit. Library hours at Arlington Central Library, 1015 N. Quincy St. Kenmore Middle School students will have stained glass art displayed. Free. Email jeffbrookland@me.com.

Spring SOLOS 2016. Through June 12, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Arlington Arts Center announces its Spring SOLOS 2016 artists. Following a call in early 2015, jurors Melissa Ho, Assistant Curator at the Hirshhorn Museum and Sculpture Garden in Washington, D.C., and Chicago-based artist, Jefferson Pinder, recommended 14 artists for inclusion in center’s 2015-16 cohort of SOLOS artists. Free. Visit www.arlingtonartscenter.org for more.

Exhibit: “As You Spread, I am Erased.” Through June 12, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Hedieh Javanshir Ilchi explores the notion of “duality,” to comprehend her cultural identity as an Iranian-American immigrant and the complexities of such cultural experiences. Her paintings reflect an interest in the fusion of Western abstraction and Persian Art, with an

emphasis on the ornamentations of “Tazhib,” or the art of illumination. Free. Visit www.arlingtonartscenter.org.

Exhibit: “Emerging Artists of Vacation Lane.” Through June 12, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. This exhibition features works by a group of six high school seniors: Agnes Cheng, Nathan Dobbins, Nana Gongadze, Salome Gongadze, Marie Johnson and Evan McLean, students in the AP art class at H-B Woodlawn Secondary Program. Free. Visit www.arlingtonartscenter.org for more.

Exhibit: “Jeweled Traditions.” Through June 12, gallery hours at Arlington Arts Center, 3550 Wilson Blvd. Paper-cut scenes depict rituals of local families as remembered and enacted by Melanie Kehoss’ summer campers at Arlington Arts Center during the summer of 2015. Free. Visit www.arlingtonartscenter.org.

Accepting Submissions: SigWorks. Through June 15. The SigWorks: Monday Night New Play Readings Series features rising playwrights. Signature Theatre is accepting submissions for full-length plays (no musicals). Visit www.bitly/sigworksubmissions to submit: full scripts with a clear cast/character breakdown, synopsis, name, address, phone number and email address.

Gallery Underground: “The View From Within.” Through June 25 at 2100 Crystal Drive. “View from Within,” is a solo show by local painter Anna Schalk. The exhibition explores the artist’s experience when interacting with another person. Free. Visit www.galleryunderground.org.

“La Cage Aux Folles.” Through July 10, various times at Signature Theatre, 4200 Campbell Ave. Signature Theatre presents the story of the 20-year relationship between Albin, the lead drag performer of The Saint-Tropez Night Club on the French Riviera, and Georges, the club’s owner, facing a test when their son announces his engagement to the

daughter of ultra-conservative political parents. Tickets start at \$40. Visit www.sigtheatre.org for more.

Twilight Tattoo. Wednesdays through Aug. 3, 7 p.m. at Joint Base Myer-Henderson Hall Summerall Field, Sheridan Ave., Fort Myer. Twilight Tattoo is an hour-long, live-action military performance that blends the precision and discipline of the 3rd U.S. Infantry Regiment (The Old Guard) with the orchestral sounds and pop music from The U.S. Army Band “Pershing’s Own.” Free. Visit www.twilight.mdw.army.mil.

WEDNESDAY/JUNE 1

Northern Virginia Bird Club Walk. 8:30-11 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Join members of the Northern Virginia Bird Club for an informal walk through Long Branch and Glencarlyn Parks in search of resident and migratory birds. Experienced and beginning birders welcome. Bring binoculars and field guides if you have them. Free. Call 703-228-6535 for more.

Summer Pruning of Shrubs and Perennials. 1-3 p.m. at 2758 N. Wyoming St. Horticulture Agent Kirsten Buhls will demonstrate summer pruning techniques in the home landscape. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

Greater Washington DC Choral Excellence Awards. 6:30 p.m. at Clarendon Ballroom, 3185 Wilson Blvd. The Ovation Award for Outstanding Contributions to Choral Music will be presented to Stanley J. Thurston, Artistic Director of the Heritage Signature Chorale and of the Washington Performing Arts Men, Women, and Children of the Gospel Choirs. Dinner will be served. Tickets are \$125. Visit www.choralis.org for more.

Wednesdays in the Garden. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and VCE Master Gardeners, is designed to teach

gardening skills to a wide audience. Topic for this session will be “Top 10 Vegetable Plant Diseases.” Free. Visit library.arlingtonva.us for more.

THURSDAY/JUNE 2

Book Talk. 1 p.m. at Walter Reed Senior Center, 2909 S. 16th St. Dr. Charles Toftoy, Professor Emeritus, George Washington University, will discuss his most current book, “Amazing Fireside Talks.” Free. Call 703-228-0955 or email lmatzner@arlingtonva.com for more.

“Gulf Branch Nature Center: The Birth and Future of Arlington Parks.” 7 p.m. at The Arlington Central Library, 1015 N. Quincy St. Three speakers will be featured: Local author Charlie Clark, on how the creation of Gulf Branch in 1966 in response to the construction of Metro and I-66 sparked the move to protect parkland in Arlington; Jane Randolph, director of Arlington County Parks and Recreation Department, who will review the status of park and green space in Arlington, and what they have on the drawing board; and Peter Harnick, Trust for Public Lands, on creating new parks in heavily urbanized areas. Free. Visit site.friendsogbnc.org/home.html.

Introduction to Citizen Science. 7-8 p.m. at Gulf Branch Nature Center, 3608 Military Road. Explore Bug Guide, eBird, Project Budburst, iNaturalist, and more to find out how your outdoor excursions can contribute to a much bigger scientific snapshot of the natural world. Free. Call 703-228-3403 for more.

FRIDAY/JUNE 3

Keeping Mini-Beasts. 4:30-5:30 p.m. at Gulf Branch Nature Center, 3608 Military Road. Learn all about different animal’s lives while caring for them over a month. At each session, you’ll return last month’s critters and learn about and receive new ones. \$30 fee covers all three

sessions, additional \$20 materials fee for first time participants paid on-site. Call 703-228-3403 for more.

Opening Reception: “The View From Within.” 5-8 p.m. at Gallery Underground, 2100 Crystal Drive. “View from Within,” is a solo show by local painter Anna Schalk. The exhibition explores the artist’s experience when interacting with another person. Free. Visit www.galleryunderground.org for more.

Rosslyn Cinema: “E.T. the Extraterrestrial.” 5-11 p.m. at Gateway Park, 1300 Lee Highway. Food will be available for purchase from Killer Tomato Pizza Food Truck and from 5 p.m. until the film starts, grab a glass of beer or wine at the Mobile Bar. Free. Visit www.rosslynva.org for more.

Vintage Crystal: Wine in the Water. 6-10 p.m. at Crystal City, 1750 Crystal Drive. Wine in the Water Park is an outdoor event featuring wine varietals and live music in the neighborhood’s Crystal City Water Park. ArtJamz is offering a free painting session at Wine In the Water Park. Free. Visit www.crystalcity.org for more.

Summer Night Hikes. 7:30-8:30 p.m. at Fort C.F. Smith Park, 2411 N. 24th St. \$5 registration. Call 703-228-3403 for more.

FRIDAY-SATURDAY/JUNE 3-5

“Cul de Sac.” 7:30 p.m. on Friday, 11 a.m. on Saturday, 3 p.m. on Saturday and Sunday at Thomas Jefferson Community Theatre, 125 S. Old Glebe Road. Encore Stage & Studio present a play about 4-year-old Alice Otterloop and her brother, Petey, who learn about friendship and the importance of being yourself in this world premiere play adaptation of Richard Thompson’s comic strip, Cul de Sac. Tickets are \$15, \$10 for children, students, military, and seniors. Visit www.encorestage.org for more.

ENTERTAINMENT

SATURDAY/JUNE 4

Native American Spirits Campfire. 7-8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. This program will be filled with activities which may include stories, special animal guests, games, songs, and s'mores. Tickets are \$5. Call 703-228-6535 for more.

Outdoor Lab Anniversary Gala. 7-10 p.m. at NRECA Conference Center, 4301 Wilson Blvd. The Outdoor Lab celebrates 50 years with cocktails, hors d'oeuvres and dancing and more. Tickets are \$50. Visit www.outdoorlab.org for more.

SUNDAY/JUNE 5

Bilingual Walk. 11 a.m.-12:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Learn about the animals there and then hike in the park to explore local nature. Bring a drink and a snack. Free. Call 703-228-6535 for more.

Green Home and Garden Tour. 1-5 p.m. at various places in Arlington. Tour local green homes and environmentally-friendly gardens. Free, \$5 suggested donation. Visit www.arlingtonenvironment.org/events/gardentour.

Cool Creek Critters. 2-3 p.m. at Lubber Run amphitheatre, 200 N. Columbus St. Children 5-9 are invited to explore waterfalls and take a closer look at the critters that inhabit the creek. Free. Call 703-228-6535 for more.

Champion Trees Bike Ride. 2-4 p.m. at Bluemont Junction Park (at the Caboose), 744 N. Emerson St. Bring your own bike, water, snacks, and repair kit. Free. Call 703-228-6535 for more.

Magical Strings. 3 p.m. at Wakefield High School, 1325 S. Dinwiddie St. The Washington Balalaika Society orchestra, which performs the music of Russia and Eastern Europe on traditional instruments, will present 'Magical Strings,' featuring Peter Omelchenko, a domra virtuoso with Moscow's Osipov Russian Folk orchestra. Tickets are \$20-25. Visit www.balalaika.org for more.

Book Talk: Tracy Barone. 3-4 p.m. at One More Page Books, 2200 N. Westmoreland St. Tracy Barone discusses her debut novel, "Happy Family" about an independent woman who is forced to come to terms with the family who raised her, the one who gave her away and the one she desperately wants. Free. Visit www.onemorepagebooks.com for more.

"A Touch of Jazz." 4 p.m. at St. Paul's Episcopal Church, 3439 Payne St., Falls Church. NoVA Lights Chorale presents a free performance of "A Touch of Jazz," a program featuring the jazz standards including "Night & Day," "Fascinating Rhythm," "Ain't Misbehavin'," "Mack the Knife" and more. Free. Visit www.novalightschorale.jigsy.com or call 703-346-3512.

MONDAY/JUNE 6

Lecture: Bee Keeping. 6:30-7:30 p.m. at Aurora Hills Branch Library, 735 S. 18th St. Learn all about bee keeping with the Northern Virginia Beekeepers Association. Free. Call 703-228-5715 for more.

Book Talk: Ron Fournier. 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. One More Page will host Senior Political Columnist for National Journal Ron Fournier, who will discuss his memoir, "Love That Boy." Free. Visit www.onemorepagebooks.com for more.

JUNE 6-JULY 9

"Flights of Fancy." Gallery hours at Lee Arts Center, 5722 Lee Highway. Featuring works inspired by either texture, color, and/or literal impressions from the Lee Arts Center's Butterfly Garden. Free Visit www.leeartscenter.org for more.

TUESDAY/JUNE 7

"Enriching Lives" Breakfast. 8-9 a.m. at Army Navy Country Club, 1700 Army Navy Drive. "Enriching Lives" is a one-hour complimentary breakfast and fast-paced program designed to raise funds and awareness in the community

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Book Talk: David Swinson. 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. David Swinson discusses and signs "The Second Girl," the first book in a new series featuring a retired police detective-turned-drug addict who is thrust back in the limelight. Free. Visit www.onemorepagebooks.com for more

WEDNESDAY/JUNE 8

Book Talk: Sara Hammel. 7-8 p.m. at One More Page Books, 2200 N. Westmoreland St. Sara Hammel shares from "The Underdogs," her debut children's novel featuring two 12-year-old girls who investigate the mysterious death of a teenage girl at an elite tennis club. Free. Visit www.onemorepagebooks.com.
Wednesdays in the Garden. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topic for this session will be "Weeds, Mulches, Tillage." Free. Visit library.arlingtonva.us for more.

FRIDAY/JUNE 10

Rosslyn Cinema: "Beethoven 2." 5-11 p.m. at Gateway Park, 1300 Lee Highway. Food will be available for purchase from Chix N Stix Food Truck and from 5 p.m. until the film starts, grab a glass of beer or wine at the Mobile Bar. Free. Visit www.rosslynva.org for more.
Vintage Crystal: Wine in the Water. 6-10 p.m. at Crystal City, 1750 Crystal Drive. Wine in the Water Park is an outdoor event featuring wine varietals and live music in the neighborhood's Crystal City Water Park. ArtJamz is offering a free painting session at Wine In the Water Park. Free. Visit www.crystalcity.org for more.

SATURDAY/JUNE 11

Arlington History Bike Tour. 9 a.m. at Ballston Metro Station. Bike from 1 to 23 miles visiting Arlington parks and historic sites and tour historic locations dating from colonial times to early 20th century. Tickets are \$2. Reservations required. Visit www.centerhikingclub.org for more.
Book Talk: Ruth Ann Aron. 3-4 p.m. at One More Page Books, 2200 N. Westmoreland St. "Corrupted Justice" tells the story of a Potomac, Md. woman who in 1994, at the request of the National Republican



As part of the Signature Theatre "Sizzling Summer Nights" Cabaret Series Ines Nassara and her band, Heroine, perform a cabaret-style concert inspired by the Joni Mitchell classic "A Case of You." The show is at 9 p.m. on July 8. Signature is located at 4200 Campbell Ave. Tickets are \$35. Visit www.sigtheatre.org.

Senatorial Committee, became a candidate for the United States Senate. Free. Visit www.onemorepagebooks.com.

SATURDAY-SUNDAY/JUNE 11-12

Air Force Association Cycling Classic. 11:30 a.m. Saturday and 7 a.m. Sunday at 2011 Crystal Drive. Participate in the challenge ride, children's race and more. Registration is \$40-45, free for the children's race. Visit www.cyclingclassic.org for more.

SUNDAY/JUNE 12

Sunday in the Organic Vegetable Garden. 1-4 p.m. at Potomac Overlook Park, 2845 Marcey Road. VCE Master Gardeners who maintain the Organic Vegetable Demonstration Garden will be in the garden to answer questions about organic gardening, including controlling pests and diseases without the use of chemicals. Free. Call 703-228-6414 or email mgarlalex@gmail.com.
Gulf Branch's 50th Anniversary Party. 1-4 p.m. at Gulf Branch Nature Center, 3608 Military Road. Free. Call 703-228-3403 for more.
Mozart's Requiem. 4 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. The Clerestory Choir will sing Mozart's "Requiem" for soloists and chorus. Plan to hear the Choir perform this grand masterpiece which was W.A. Mozart's final large composition before an untimely death at age 35. Free. Visit www.uucava.org for more.

Outdoor Concert. 6-8 p.m. at Mount Olivet United Methodist Church, 1500 N. Glebe Road. Arlington Jazz Collective and Yorktown Jazz Band from Washington-Lee and Yorktown High Schools perform. Free. Visit www.mountoliveumc.com for more.

MONDAY/JUNE 13

Documentary Screening. 3-4:30 p.m. at Arlington Central Library, 1015 N. Quincy St. Encore Learning will offer a showing of a film documentary called "Best of Enemies, the 1968 Buckley and Vidal Debates Revisited." Free. Call 703-228-2144.
Outside Going-In Concert. 7:30-8:30 p.m. at Westover Baptist Church, 1125 Patrick Henry Drive. The Arlington Chorale (formerly the Metropolitan Chorus) presents selections from its 50th season "Outside Going In." Free. Visit www.metchorus.org for more.

WEDNESDAY/JUNE 15

Wednesdays in the Garden. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topic for this session will be "Insect Pests & Beneficials." Free. Visit library.arlingtonva.us for more.

FRIDAY/JUNE 17

Rosslyn Cinema: "Eat, Pray,

Love." 5-11 p.m. at Gateway Park, 1300 Lee Highway. Food will be available for purchase from Bao Banh Boys and from 5 p.m. until the film starts, grab a glass of beer or wine at the Mobile Bar. Free. Visit www.rosslynva.org for more.

Vintage Crystal: Wine in the Water. 6-10 p.m. at Crystal City, 1750 Crystal Drive. Wine in the Water Park is an outdoor event featuring wine varietals and live music in the neighborhood's Crystal City Water Park. ArtJamz is offering a free painting session at Wine In the Water Park. Free. Visit www.crystalcity.org for more.

FRIDAYS-SUNDAYS/JUNE 17-SEPT 18

Lubber Run Concerts. 8 p.m. Fridays and Saturdays, 6 p.m. Sundays at Lubber Run Amphitheatre, 200 N. Columbus St. International artists including Cissa PAz and Mbongo Star perform. Free. Visit www.arlingtonarts.org for more.

SATURDAY/JUNE 18

Columbia Pike Blues Fest. 1-8:30 p.m. at the corner of Columbia Pike & S. Walter Reed Drive. Music, local food, arts and crafts vendors, community groups, local businesses and kids' activities. Free. Visit www.columbia-pike.org/bluesfest.
"Many Voices, Many Songs." 7 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. The Arlington Community Chorus will present its spring concert. Directed by McKenna Stenson and accompanied by Tatiana Loisha, the chorus will perform a varied repertoire of choral music, featuring songs from around the world. Free. Visit www.apsva.us/adutled for more.

SUNDAY/JUNE 19

Crystal Car: Father's Day Car Festival. 2-6 p.m. at 2121 Crystal Drive and 220 20th St. S. The day will feature a variety of exciting automobile categories including innovative electric vehicles, area sports car auto clubs, classic muscle cars, and a beer garden hosted by the Washington Wine Academy. Free. Visit www.crystalcity.org for more.

WEDNESDAY/JUNE 22

Wednesdays in the Garden. 7-9 p.m. at Arlington Central Library, 1015 N. Quincy St. This series, taught by Arlington Food Assistance Center volunteers and VCE Master Gardeners, is designed to teach gardening skills to a wide audience. Topic for this session will be "Solar Cooking." Free. Visit library.arlingtonva.us for more.



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WELLBEING

Staying Safe This Summer

Tips and precautions for avoiding warm-weather hazards.

BY MARILYN CAMPBELL
THE CONNECTION

The start of summer means pools and backyard grilling. It also means an increased risk of accidents and injuries. Local safety officials are offering safety tips during June, which is National Safety Month.

With warm weather come health threats posed by ticks and mosquitoes. In addition to the Zika virus, which is not currently a local threat, mosquitoes can carry the West Nile Virus, while ticks can spread Lyme disease.

Recommended defenses against these pests include using insect repellent to protect against mosquito bites and eliminating potential mosquito breeding sites like pools of standing water or heavily foliated spaces such as tall grass, where bugs often hide.

"We ... have to be prepared and be ready in the event that we get local spread of [the Zika virus]," said Mary Anderson, a spokeswoman for Montgomery County. "The information on preventing bites and ridding your property of mosquitoes is good whether we have Zika or not."

Local county health departments, including Montgomery and Fairfax, have established websites with current information on the Zika virus. Anderson also recommends a Zika virus webpage, created by the Centers for Disease Control, which includes a map with updated information on areas where Zika is spreading: <http://www.cdc.gov/zika/index.html>

"We're taking the Zika virus seriously and preparing as though as though it could be a potential threat," said Kurt Larrick, spokesman for the Arlington County Department of Human Services.

In addition to insect bites, time spent outside in hot weather can lead to heat-induced illnesses like sunburns, heat rashes, heat exhaustion and heat stroke, and the elderly and very young children are at greatest risk. Health officials say that the best lines of defense include limiting sun exposure, especially between 10 a.m. and 4 p.m., the period considered

the peak intensity hours. Wearing a hat and sunglasses that provide 97 -100 percent protection against both UVA and UVB rays, and applying sunscreen even on cloudy days and reapplying it every two hours or after swimming or sweating are also advised.

"You want to dress lightly and intake a lot of fluid, but avoid alcohol and sugary, sweet drinks when you're in the heat," said Captain Troy Gibbs, a spokeswoman for the Alexandria Fire Department's Community Services Unit. "Staying hydrated by drinking a lot of water is your best bet."

Health officials recommend checking on elderly neighbors who don't have air conditioning and avoiding leaving pets, small children and older adults in small, enclosed spaces like cars, where conditions can turn deadly even after a short period of time in extreme heat.

Local county facilities, including libraries and community centers, are air conditioned and open to the public. Know the warning signs that it's time to get out of the heat, says Gibbs.

"If they stop sweating, that can be a bad sign," she said. "Profuse sweating can be an indicator that the body is trying to compensate, but if a person stops

sweating totally, that is usually not a good sign." While spending time at the pool is a popular cooling method during hot weather, residents should be aware of the potential threat of recreational water illnesses (RWI). Taking a shower with soap and checking the diapers of small children frequently can help keep germs that lead to RWI out of pool water. Health officials say that chlorinated water doesn't kill all germs, diapers sometimes leak and both adults

and children should stay out of the public pool when they are sick. Other preventative measures include frequent hand washing, discouraging children from drinking water that is used for swimming and giving young children bathroom breaks at least every 60 minutes.

"We take safety seriously all the way across the board from pools to barbecuing to riding bikes and even walking," said Larrick.

In addition to RWI, other water-related dangers spike during the summer. Ensuring that children know how to swim, watching young children very carefully when they are near water, swimming with a partner and wearing a life vest when boating are important safety precautions.

"We're taking the Zika virus seriously and preparing as though as though it could be a potential threat."

— Kurt Larrick, spokesman,
Arlington County Department of
Human Services

Summer Safety Tips

From the Centers for Disease Control
Water Safety

- ❖ Learn how to prevent recreational water illnesses (RWI)
- ❖ Always supervise children when in or around water.
- ❖ Teach kids to swim.
- ❖ Learn CPR
- ❖ Install a four-sided fence around home pools.

Boating Safety

- ❖ Wear a properly fitted life jacket every time you and your loved ones are on the water

Heat Safety

- ❖ Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- ❖ Dress in loose, lightweight, light-colored clothing.

ored clothing.

- ❖ Schedule outdoor activities carefully, for morning and evening hours.
- ❖ Stay cool with cool showers or baths.
- ❖ Seek medical care immediate if you or your child has symptoms of heat-related illnesses

Sun Safety

- ❖ Cover up. Clothing that covers your and your child's skin helps protect against UV rays.
- ❖ Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

Protection from Mosquitoes and Ticks

- ❖ Use an effective insect repellent when

spending time outdoors.

- ❖ Make your backyard a tick-safe zone.
- ❖ Check yourself and your children for ticks.

Prevent Injuries

- ❖ Check to make sure that the surfaces under playground equipment are safe, soft, and well-maintained.
- ❖ Supervise young children at all times around fall hazards, such as stairs and playground equipment.
- ❖ Use stair gates, which can help keep a busy, active child from taking a dangerous tumble.
- ❖ Learn concussion signs and symptoms and what to do if a concussion occurs.
- ❖ Make sure kids and teens wear the right protective equipment for their sport or recreation activity.

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Washington-Lee's Benhur Gebretnsaie scored a goal against Oakton during the Generals' 2-1 win on May 26.



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Lucas Mendes and the Washington-Lee boys' soccer team defeated Oakton in the 6A North region quarterfinals on May 26.

Unbeaten No More: W-L Boys' Soccer Tops Oakton

Generals advance to region semifinals with win over Cougars.

BY AARON LUNDMARK
THE CONNECTION

With a trip to the region semifinals on the line, the undefeated Oakton boys' soccer team came in looking to remain hot. Washington-Lee had other ideas.

A key second half goal from Generals senior midfielder Benhur Gebretnsaie at the 65-minute mark propelled them to a 2-1 victory over the Cougars on May 26 at Oakton High School.

The Washington-Lee senior wasn't concerned with Oakton's undefeated record after the game.

"Before the game, coach [Jimmy Carrasquillo] was telling us, make sure this isn't our last game," said Gebretnsaie. "We started a new formation today and I think it worked the entire game."

That new formation was successful, as early on the Generals were applying all the pressure. The attack was headed by forward Maycol Nunez, along with the Virginia Gatorade player of the year Lucas Mendes.

"They're just dynamic," said Washington-Lee assistant head coach Christopher Daggett-Rowzee. "They make things happen and their skill level is amazing, so they create chances for everybody. When they



Maycol Nunez and the Washington-Lee boys' soccer team will host Langley on June 1 in the 6A North region semifinals.

can take on people and make the defense move a little bit more than they want, it gives opportunities for anyone that's in the box."

The game consisted of strong play from both Cougars goalkeeper Jonny Silver and Generals goalkeeper Julian Esquer-Perez, keeping the game scoreless in the first half. After that, the Generals were able to open up the scoring when a corner kick from Harrison Ramos that was headed in by senior defenseman Noah Goodkind, who jumped up on the play at minute 57 to make

the score 1-0.

Then, eight minutes later, Gebretnsaie capitalized on a deflected ball after a shot from Mendes to pad the lead to 2-0 in favor of Washington-Lee.

For the Cougars, head coach Todd Spitalny thought they had great chances to put the ball in the net.

"We had some very good chances to put away and we just didn't," said Spitalny.

"The issue is both of their goals came from us trying to do something we shouldn't have done.

A simple trap and a play, and we're out of it. Instead, an unnecessary trap, they counter back and score."

Oakton did have plenty of chances to get on the board in the second half. One chance was put wide by Trey Lodge, which was followed by another Cougar chance which was knocked wide again by midfielder Carson Khadka.

Despite the loss, Spitalny gave credit to Carrasquillo's Generals.

"They're a great team, we knew that coming in," said Spitalny. "You have to protect yourself on the backend, and unfortunately, we ran out of legs toward the end."

A couple of injuries did leave the Cougars shorthanded down the stretch, as a couple of players had to play with lingering injuries in the game including Nick Carrigan and Tyler Morgan.

Oakton was able to add a goal by Morgan at the 79th minute. Oakton finished with a record of 15-1-1 to end a great season.

"The loss doesn't define us," Spitalny told his team after the game. "The family doesn't end with the final whistle, we still fight together and we still play together. Tonight, we just came up short."

As for Washington-Lee (14-1-2), the Generals will host Langley at 6 p.m. on June 1 in the semifinals after the Saxons defeated Lake Braddock.

"We just have to come in with this same attitude next week," said Gebretnsaie. "This was probably our toughest matchup all year and next week will be just as tough."

SCHOOL NOTES

Email announcements to arlington@connectionnewspapers.com. Deadline is Thursday at noon. Photos are welcome.

Tara Khanmalek Yazdi was named to the dean's list at Bates College (Lewiston, Maine) for the fall semester ending in December 2015. Khanmalek Yazdi, the daughter of Farinaz Amirsehi of Arlington, and Pirouz Khanmalek

Yazdi of Falls Church, is a 2013 graduate of the Field School. She is majoring in rhetoric and mathematics at Bates.

Parker Denny, of Arlington, has been granted the Presidential Scholarship to study Healthcare Science at Alvernia University (Reading, Pa.) in the fall. Denny is currently a senior at Yorktown High School.

Wolf Trap Foundation for the Performing Arts honors six outstanding high school performing arts teachers with grants as part of the annual Wolf Trap Grants for High School Performing Arts Teachers. Awardees for the 2015-2016 school year include **Brian Fisher** of Wakefield High School. The grants recognize the instruction and performance achievements of public high

school music, dance and theatre teachers. Awardees receive a grant of \$3,500 to support special projects that parallel Wolf Trap's performance and education priorities. Fisher is using his grant to bring composer Anthony O'Toole to commission new music for the Wakefield High School Band Ensemble. The students will perform O'Toole's composition at the school's spring concert in May 2016.

cert in May 2016.

Isabella Turilli, of Arlington, has been awarded a National Security Language Initiative for Youth (NSLI-Y) scholarship for 2016-17. Turilli will study Korean in South Korea for the summer, and receive formal instruction and informal language practice in an immersion environment.

Neighbors Feel Underserved

FROM PAGE 2

"We were told years ago that school buses wouldn't use our street, that it wasn't on our route," said Meenaghan. "But we see school buses on here four or five times a day. Now, there's a school bus going up the block and one person going down the block the wrong way. It's a recipe for disaster and it perfectly encapsulates what the problem is."

Strong, Meenaghan's neighbor, said at one point a woman speeding in a car full of children nearly hit him as he crossed the street. He told her to slow down and she started honking at him.

"[The street has] 22 houses with 15 children under age 8," said Strong. "It's a dense street with a lot of character, but we're concerned about our children. That's what this boils down to."

Meenaghan says the ideal solution would be more signs informing drivers entering in the wrong direction and to have the entrance narrowed to be less inviting. Meenaghan also said speed bumps along the street would help immensely with the speeding problem.

But Larry Marcus, Bureau Chief for Arlington Transportation Engineering and

Operations, says that measures like speed bumps and street adjustments are not in 1st Road S.'s immediate future. Marcus said that the county relies on collected data from traffic studies, not anecdotal evidence, to make decisions about traffic calming.

"We keep trying to help, but, as the county, we have standards across the board," said Marcus. "We have guidelines on how to assess this. On this case, pretty consistently, the average speed is 19 miles per hour."

But Marcus says that the county is currently working to make the signage on the street more visible.

"It's a recipe for disaster."

— Brian Meenaghan

"We want the signs and markings to be as clear as possible, and we're revisiting that now," said

Marcus. "We want to help, but we want to be fair and do what addresses the situation."

But Marcus did say, if the issue was brought up and gained support in the Neighborhood Conservation Program, a community-based prioritization system, that there would be resources to fund those traffic-calming measures.

But Strong said the county's approach to speeding and wrong-way traffic on their street is indicative of a broader problem. Strong says when it comes to street cleaning, enforcement, and snow plowing, the



A wrong-way car and a school bus have a near miss.

PHOTO CONTRIBUTED

residents have to constantly beg the county not to skip over them.

"[We] want basic services," said Strong. "We hear a lot about capital investments, but if you talk to a lot of Arlington residents, we just want basic services. You see time

and time again, whether it's snow plowing after storms or sidewalks falling apart, potholes with the construction in Ballston and near Courthouse. It's basic services that are overlooked because they're not sexy. We just want to make our street safe."

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Just a Regular Guy, Hopefully



By KENNETH B. LOURIE

As a long-time cancer patient (seven-plus years), I have heard much cancer talk. I have not read nearly as much, as I was advised early on by my primary care physician to try and refrain from going online too often to research my condition/treatment because the information provided can sometimes be misleading; given my own unique set of medical circumstances, it might not pertain to me, exactly. Mostly I have followed his suggestion. One time, I remember, I couldn't resist and "Googled" my chemotherapy drug. Nine to 12 months was the prognosis. I've lived three-plus years ever since. And though I certainly understand and appreciate the relevance and availability of the "information super-highway," I have, generally speaking, tempered my enthusiasm for such investigative pursuits.

However, as much as I've followed my doctor's advice, I have not been a total blockhead. And one of the concerns I've come to believe is, that with many cancer patients, it's not the actual cancer that kills them but rather the collateral damage the treatment causes to other vital organs, systems, areas of the body, etc. As a matter of fact, I'm living proof, sort of. Presumably, because of seven-plus years of chemotherapy, I have irreparable kidney damage and some unspecified liver damage. Accordingly, every four weeks when I go in for my pre-chemotherapy lab work, my levels of creatinine (kidney) and bilirubin (liver) are measured (among many others) to determine if my treatment can proceed or if waiting a week for a retest would be more prudent. At some point, I think (fear) that I'll have to stop treatment because the damage to certain major organs (as indicated by the levels of bilirubin and creatinine) will pose such a risk/complication that continuing the previous/current course of treatment would be irresponsible (heck, maybe even malpractice, for all I know). The cancer, then untreated, could potentially cause further life-threatening problems. Consequently, I'm always mindful of, and sensitive to, changes/deficiencies I'm experiencing that might indicate a bodily function is no longer working properly: "collateral damage."

Recently, I've had such an occurrence. It's nothing major, so far as I know, and I certainly don't have any supporting lab work to corroborate anything since I'm between infusions, but I've had some difficulty eliminating. Now I don't know if this is a function of age, something I ate and/or drank, something I didn't eat and/or didn't drink or fearfully the cancer doing what it often inevitably and destructively does, but it's atypical, and from what little I've learned over these years, new problems/conditions are noteworthy, generally. As such, this past weekend has been particularly challenging, emotionally as well as physically, not to go to a bad place when you're not able to go all. I wish I could take it all in stride, but left to my own thoughts and chronic discomfort, I find it difficult not to wonder if I have crossed some sort of Rubicon and moreover, worry that the amazing good fortune I've experienced since being diagnosed in late February, 2009, has finally begun to give way to reality. Perhaps, I just need to remember what my Auntie Irene used to say: "This too shall pass," and think ahead, not behind.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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News

Balloons Honor Veterans

FROM PAGE 3

port and comfort family survivors." So with about a dozen others, Carroll organized a group and held the first Memorial Day event in Washington 22 years ago. She says the TAPS national headquarters are in Clarendon and she makes her home in Arlington and Anchorage, Alaska.

Five days of events in the Washington-area sponsored by TAPS also included interactive activities for children and teens on Friday, an opening ceremony emceed by CNN's Kimberly Dozier, family outings to Washington monuments and a Washington Nationals baseball game, playfield in the park with Washington Redskins, participation in the National Memorial Day parade and Memorial Day observances at Arlington National Cemetery. Carroll says TAPS has assisted more than 60,000 surviving family members, casualty assistance officers, chaplains and others. TAPS offers peer-based emotional support and seeks to fill gaps in need by offering assistance that is not duplicated by the Federal government or the public sector.

The red and gold uniformed fife and bugle corps opened the event. Small bodies dressed in red T-shirts with T*A*P*S printed on the front wiggled on the bleachers as the time approached for the balloon release.

Katherine Dey, long-time TAPS Volunteer, directed the children toward volunteers on the field, each holding a bunch of red, white, and blue balloons.

Luke stepped up and asked for his red



PHOTO BY SHIRLEY RUHE/THE CONNECTION

Luke Carron, wearing his TAPS Good Grief Camp shirt, sits with nearly 500 other children who are military survivors, waiting for the balloon release in Virginia Heritage Park on Sunday, May 29.

balloon. Quenga helped Luke attach the note to the end of his string and then tied it around Luke's wrist so the balloon doesn't float away before the signal. Dey at the microphone says the time has come for all of the children to gather in the center of the field. "Quickly," she urged. "Now we're ready for the countdown. Five, four, three, two, one ..." Hundreds of red, white and blue balloons float up in the air, tangling strings, and slowly disappear with messages to heaven for departed family members.

Rolling Thunder's Reminders

FROM PAGE 3

Frank Polidore, part of a Rolling Thunder chapter that came to the event from New Jersey. "Veterans are not treated right. Refugees get an open door while people say 'to hell with veterans.' Not enough is done for the veterans."

Polidore has been going to the event for 15 years and says that not much has changed since it was started. But for others, while the core message has stayed consistent, they've noticed some shifts over the years.

Mike Hawkins came up from Stafford, Va., with the Chapter 540 Christian Motorcycle Association, called the Solid Rock Riders. Hawkins said that over the years, as the event has grown, it's gotten more organized. Hawkins says he's been at the event every year since 2002 and said the more centralikzed organization of the event has helped increase the size and scope.

David Humphrey rode up with Hawkins and the two helped provide water and snacks for the attendees. Humphrey said many of the supplies were donated from the excess of local food banks.

"It is much bigger than in the past," said Humphrey. "There are also a lot more women riding big motorcycles now, rather than just being passengers."

While many came to the event from across the country, others were local. Alberto Cruz is a D.C. native and a part of the local chapter for the Latin American Motorcycle Association (LAMA).

LAMA hosts bike washes, charity events, and scholarship funds locally and internationally, and each chapter comes to Rolling Thunder to ride together. It's Cruz's 11th year at the event, and like the other long-time attendees, he says the event has changed for the better as it's gotten more organized in recent years.

"We come out here to honor those people who have laid down their lives for our freedom," said Cruz. "It's always a great time."

For Jim and Colleen Pendry, the trip was also a homecoming. Colleen Pendry was born in D.C. and raised in Arlington. The two have ridden together to the event annually for the last 14 years.

"We make this trip every year," Colleen Pendry said. "This is home for me."

Jim Pendry is a Vietnam veteran, serving in Vietnam in 1968 as part of the 1st Battalion, 84th artillery attached to the 9th Infantry. He was 21 years old at the time.

"Every year it's pretty consistent, but it has gotten a lot bigger," said Jim Pendry. "It's nice to come here and meet with people that were in my same division during the war."

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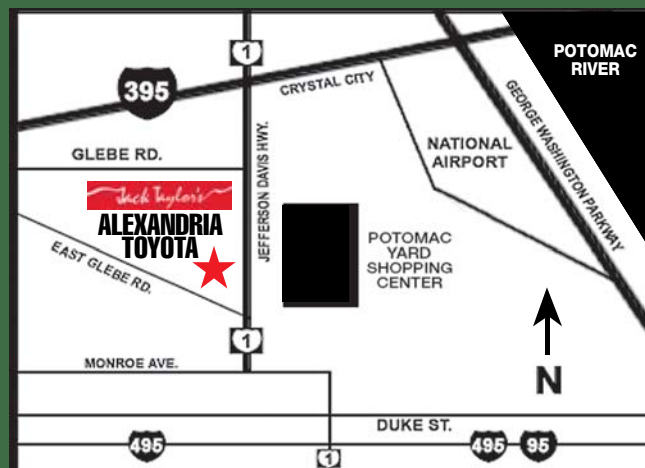
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**BUY 3 TIRES AND GET
4TH FOR
\$1**

Got Tires? NO CHARGE road hazard protection, tire warranty, and free courtesy MULTI-POINT Inspection. Price match guarantee. See service advisor for details.

**BONUS: ADD A 4 WHEEL
ALIGNMENT FOR \$39.95**

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/16.

TOYOTA GENUINE SERVICE
**BRAKE
SPECIAL
\$99⁹⁵**

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only. MACHINE ROTORS AN ADDITIONAL \$199.95.

DOES NOT APPLY TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/16.

TOYOTA GENUINE SERVICE
**TRUE START
BATTERY SPECIAL
\$139⁹⁵**

INCLUDES BATTERY INSTALLATION
Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated. PLUS we'll check all battery cables & connections. Does not apply to hybrid batteries.

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TOYOTA GENUINE SERVICE
**SUMMER
MAINTENANCE
SPECIAL
\$59⁹⁵**

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil, inspect windshield wipers, tire rotation, check tire condition, check battery (with print out), inspect and adjust all fluid levels, inspect air. Alexandria Toyota's 27 pt. inspection & cabin air filters.

SYNTHETIC OIL \$10 MORE. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/16.

SUNDAY ONLY SPECIALS
TOYOTA GENUINE SERVICE
LUBE, OIL & FILTER SERVICE
\$29⁹⁵ \$49⁹⁵
NON-SYNTHETIC SYNTHETIC
PLUS FREE TIRE ROTATION

TOYOTA GENUINE SERVICE
**\$20 OFF
ANY FACTORY
RECOMMENDED SERVICE**

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**SPRING
SAVINGS**

TOYOTA GENUINE SERVICE
DETAIL SPECIALS
**STANDARD HAND-WASH
& VACUUM**
Recommended Monthly
\$39⁹⁵

Vacuum carpets, floor mats, upholstery & trunk, wipe down dash board, console & door panels, wash wheels, tires & fender wells, hand wash exterior door jams, and dress tires.

TOYOTA GENUINE SERVICE
**QUALITY HAND-WASH
VACUUM & WAX**
Recommended Every 6 Months
\$139⁹⁵

Hand wash exterior door jams, wash wheels, tires & fender wells, hand wax or glaze, vacuum carpets, upholstery & trunk, clean interior vinyl & leather, clean dash board, vents, console, door panels & windows, and dress tires.

TOYOTA GENUINE SERVICE
PREMIUM FULL DETAIL
Recommended Every 12 Months
\$295⁹⁵

Full interior & exterior detailing, including trunk, shampoo carpets, upholstery & trunk, clean interior vinyl & leather plus conditioning, wash wheels, tires, fender wells & door jams, hand wax exterior, buff & polish, wax or glaze application, tar & sap removal, dress tires, rubber molding & trim, clean dashboard, vents, console plus door panels, clean overhead liner, ashtrays & windows, and engine cleaning.

All details by appointment only.

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TOYOTA GENUINE SERVICE
**LUBE, OIL & FILTER
SERVICE SPECIAL**
\$29⁹⁵ \$49⁹⁵
NON-SYNTHETIC SYNTHETIC

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/16.

TOYOTA GENUINE SERVICE
VARIABLE DISCOUNT
\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

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TOYOTA GENUINE SERVICE
VENTILATION SERVICE
\$49⁹⁵

INCLUDES: Clean condenser fins, check A/C performance, inspect drive belts for tension/wear and replace cabin air filter.

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TOYOTA GENUINE SERVICE
**COMPLIMENTARY
MULTI-POINT
INSPECTION**

INCLUDES: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

Plus Take 15% OFF your bill if you choose to perform the repair with us.

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TOYOTA GENUINE SERVICE
4 WHEEL ALIGNMENT
\$79⁹⁵

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

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TOYOTA GENUINE SERVICE
**WE WILL
MEET OR BEAT
ANY LOCAL TOYOTA
DEALERSHIP'S CURRENT
ADVERTISED SERVICE SPECIALS**

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GENUINE TOYOTA
**SIGHT LINE
WIPER BLADES**
\$10 OFF
ANY PAIR
Sight Line only

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF PURCHASE. VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 6/30/16.

TOYOTA GENUINE SERVICE
**15% OFF
ANY ACCESSORIES**
• Apparel • Window visors
• I-pad adaptors • All weather floor mats
• Toyota bedliners

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TOYOTA GENUINE SERVICE
**30000 MILES FACTORY
RECOMMENDED
SERVICE**
\$159⁹⁵

Synthetic \$10 More
INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

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**New RAV4s, Priuses
Scion IMs and IAs
ALL ON SALE
LIKE NEVER BEFORE**
Spring is here and so are the SAVINGS!
Ask one of our sales managers, George,
Mike, Yared or Rocky
703-684-0700
**WE ARE HERE
TO MAKE DEALS!**

Jack Taylor's
ALEXANDRIA
TOYOTA / SCION

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Go
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