



JUNE 1-7, 2016 25 CENTS Newsstand Price



Firefighters, with some of their gear on the ground, stand outside the house after the blaze is out.

# 'I'm Doing OK; No One's Hurt'

Two-alarm, Centreville house fire does \$82,810 damage.

By Bonnie Hobbs Centre View

two-alarm house fire in Centreville last week displaced a family of three and caused nearly \$83,000 damage, according to fire officials. Meanwhile, temperatures in the mid- to upper 80s made it difficult for the firefighters battling the blaze and sent one of them to the hospital.

The fire broke out shortly before 5:40 p.m., on Thursday, May 26, in the 15000 block of Sacred Lane in the Gate Post Estates community. The home's residents were gone at the time.

"They came home from dinner, saw their house engulfed in smoke and called the fire department," said neighbor Howard Borst, who lives across the street. "I came home from work about 6 p.m. and the neighborhood was blocked off. There were 15 fire trucks, and nobody else was allowed in or out. Residents had to park on Route 29 or at Centreville Presbyterian Church [and walk to their homes]."

Fairfax County Fire and Rescue Department Battalion Chief Patrick Kelly said 15 units and 80 personnel responded from Centreville Fire Stations 17 and 38, plus Station 21 in Fair Oaks and Station 15 in Chantilly. A unit from Prince William County provided mutual aid.

"Because of the heat, we called for a second alarm and more people," said Kelly. "Since the firefighters

were doing strenuous work in high heat and humidity, we wanted to be able to rotate them."

Indeed, said Borst, "At one time, they were doing 'triage' on a lawn for the firefighters and giving them icepacks. And one firefighter was transported."

According to the Fire Department, that person was taken by ambulance to Inova Fairfax Hospital for a

SEE FIRE CAUSES, PAGE 2



Emergency vehicles line Sacred Lane in Centreville's Gate Post Estates.

# School Board Adopts \$2.7 Billion Budget

# FY 2017 budget aims to raise teacher salaries, lower class sizes.

By Tim Peterson Centre View

he Fairfax County School Board has made good on Superintendent Dr. Karen Garza's promise when she introduced a FY 2017 budget for the school system.

"The most important announcement for our students and teachers may be what the proposed budget does not do," Garza said at a press conference held Jan. 7, 2016 at West Potomac High School, "it makes no further cuts."

At the Board's May 26 regular meeting, its members adopted a \$2.7 billion budget that will take effect July 1.

Highlights of the budget include a salary increase plus one percent market scale adjustment for all employees who are eligible, \$40 million to make teacher salaries in particular more competitive in the region and \$10 million aimed at lowering elementary school class sizes.

School Board Chairman Pat Hynes praised the Fairfax County Board of Supervisors in a statement for engaging with their educational counterparts to overcome an early gap between the two bodies' advertised budget that eclipsed \$70 million.

"Working together, we were able to secure the funding necessary to make critical investments in teacher pay, reduce the size of some classes in our elementary schools and maintain our instructional programs and services to our students," Hynes said. "We sincerely want to thank the members of the community who rallied to call for increased support for their students, teachers, and schools."

It took the supervisors adding an extra cent to the real estate tax and directing that additional revenue to the school system to make the Fairfax County transfer to FCPS really viable for Garza's goals.

"I am hopeful that this budget represents a turning point for our schools," Superintendent Garza said in a statement. "This reinvestment in our community's most important asset will provide great dividends for all the citizens of Fairfax. We are already looking ahead to FY 2018 and will continue to work as partners with the Board of Supervisors to solve these vital challenges for our community."

Fairfax County's transfer to the School Operating Fund ended up being a 4.8 increase over the FY 2016 Budget. FCPS also benefitted from an increase in state aid and sales tax, and \$6.7 million in reductions from the previous year because of reductions in student enrollment.

The school system received an increase from the General Assembly of \$16.8 million from the FY 2017 Advertised Budget. It was also \$22.3 million more than reflected in the FY 2016 Approved Budget, according to FCPS spokesman John Torre.

The Board also approved several

See School Board, Page 2

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**T**o honor dad on Father's Day, send us your favorite snapshots of you with your dad and Centre View will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

editors@connectionnewspapers.com



## News



A slew of emergency vehicles, including this fire engine from West Centreville's Station 38, responded to the scene.

# Fire Causes \$82,810 damage

From Page 1

"heat-related medical emergency."

The home's smoke alarms had gone off, and the first units on the scene saw "smoke everywhere," said Kelly. "Station 17 was the first to arrive because [the geographically closer] Station 38 was busy on another call. A vehicle had turned over on Route 20."

Firefighters had the flames in the two-story, single-family home under control within a half hour. But they stayed on the scene for several hours afterward to make sure there were no flare-ups.

When Borst was trying to make his way home and saw the streets blocked off, he said, "I realized that, obviously, there was a fire or major emergency. So I called my wife to make sure she was OK and find out what happened."

Ray Broussard, retired from the military, owns the house where the fire was. He lives there with his daughter, Andi Smith, who works in administration in one of Westfield High's subschools, and her younger daughter, 22, who just graduated from Longwood University. Smith's older daughter lives in Reston and had gone to dinner with them.

"They're a wonderful family," said Borst. "They have an absolutely impeccable home and yard, and the kids are really nice." Referring to the fire, he said, "It's a terrible situation."

Paul Grinups, another neighbor across the street, has lived on that block for 28 years. "I came outside to get something from my car and saw Ray moving his car," he said. "Smoke was coming out of the roof of his house and the upstairs windows were broken. Fire engines were coming up the street and, before I knew it, there was a lot of chaos."

"Kudos to the Fire Department," continued Grinups. "They came in and went right to work. Everybody knew their job and they were very well-organized."

Agreeing, his wife Charlene added, "Wow, the firefighters were very impressive. These guys did an amazing job."

Although the exact cause of the fire is still under investigation, fire officials say it originated within the ceiling space above the garage on the right side of the house. After talking with fire investigators on the scene, Smith said it was apparently electrical in nature. "The fire started in some wiring between the bedroom floor joist and the garage," she said.

Besides the smoke and water damage the house sustained, Smith said one bedroom was also damaged by the fire. She and her family have lived there since 2000, but she said they'd be staying in a hotel, at least temporarily, while their home is being repaired.

Before leaving with her family around 9 p.m., she said, "Tonight I'll probably have a little breakdown; but right now, I'm doing OK — no one's hurt."

## School Board Adopts Budget

From Page

add-on motions that carried with the FY 2017 budget. Those included Hynes calling for continued collaboration with the Board of Supervisors and focusing joint discussions on the Successful Children and Youth Policy Team.

Providence representative to the School Board Dalia Palchik's motion for the Board to encourage the Supervisors to move a meals tax to referendum in this fall's election was successful as well.

More information about the FY 2017 FCPS budget and the budget process are available at www.fcps.edu/news/fy2017.shtml.

#### ROUNDUPS

## Charge Follows Drug-Related Death

As a result of an ongoing investigation in the March 1 drug-related death of Alexia Springer, 17, by detectives from the Organized Crime and Narcotics Division and from the Major Crimes Division, David Evers, 18, a student of Centreville High School, and resident of Clifton, was charged with manufactur-



**Evers** 

ing, selling, giving, distributing, or possessing with intent to manufacture, sell, give, or distribute a controlled substance or an imitation controlled substance prohibited. On Thursday, May 19, Evers turned himself in at Fairfax County Adult Detention Center. The investigation is ongoing.

Patrol officers from the Sully District Station were called to a residence in the 13800 block of Coleman Court on Tuesday, March 1, around 10:45 a.m. for a report of an unresponsive 17-year-old female. On April 15, the Office of the Chief Medical Examiner determined that the cause of death was acute combined morphine, alprazolam, oxycodone, and ethanol poisoning and manner of death was deemed accidental.

### CIF Fundraiser on June 2

The Centreville Immigration Forum (CIF), which runs the Centreville Labor Resource Center, is participating June 2 in the annual, 24-hour, Do More 24 fundraiser powered by United Way of the National Capital Area.

"This is our first year participating in this event," said CIF Executive Director Terry Angelotti. "The funds raised that day will allow us to continue to support our Labor Resource Center, Labor Justice Commission, Grupo Maya Cultural and other CIF programs." Anyone wishing to donate to the CIF this Thursday, June 2, may do so at www.centrevilleimmigrationforum.org/donate.

### Hear about Gang Life

Gangs will be the topic at the next meeting of the Sully District Police Station's Citizens Advisory Committee. It's set for Wednesday, June 8, at 7:30 p.m., at the Sully District Governmental Center, 4900 Stonecroft Blvd. in Chantilly. Attendees will learn about gang life, what makes people join a gang and how to prevent a child from joining one.

## Comment on Transit Study

Fairfax County Department of Transportation (FCDOT) is accepting comments on the Countywide Transit Network Study (CTNS) through June 3. The Draft Final Report recaps the purpose and need for the study, its process, how transit concepts were developed and documents the final recommendations of the study. FCDOT has been working on the Countywide Transit Network Study since 2012, in an effort to determine the type of transit systems needed to accommodate desired growth throughout the county over the next several decades. The study has developed recommendations for where Metrorail should be extended, where light-rail or bus rapid transit systems are appropriate, and where express bus connections would help meet the transportation needs of the future growth.

Residents may comment using the online form at http://www.fairfaxcounty.gov/fcdot/2050transitstudy/.

### Flame of Hope

Join the Fairfax County Police Department as officers park the cruisers and run on foot with the Flame of Hope in support of the Special Olympics VA. The route will be illuminated with glow sticks, police emergency lights and a police helicopter spotlight. Gates open at 6 p.m. on June 4 at FCPD Emergency Vehicle Operations Center, 3725 Stonecroft Blvd, Chantilly. Fun run starts at 8:30 p.m. The run is approximately 1.25 miles. Register online at www.firstgiving.com/torchrunva/LETR-Fairfax-Light-the-Night no later than June 3.

## News



A past tour of the Civil War forts on the Potomac River.

# Bringing History to Life

Bull Run Civil War Round Table celebrates 25<sup>th</sup> anniversary.

> By Bonnie Hobbs Centre View

he Bull Run Civil War Round Table invites the public to a special program to help celebrate its 25<sup>th</sup> anniversary on Thursday, June 9, at 7 p.m., at the Centreville Regional Library.

"The group's goals are to educate our members and the public about the American Civil War, preserve local historical sites and share fellowship with people having this same, common interest," said Round Table member Jim Lewis, a historian, author, public speaker and tour guide. "I've been involved in it, six or seven years, and it's an extremely vibrant group."

The members study the Antebellum and post-war Reconstruction periods, as well as the military, political, economic and social history of both the United States and the Confederacy. For more information, go to www.bullruncwrt.org/.

During the celebration, a panel of past presidents will briefly recall their leadership days, some of the historical obstacles they faced and the achievements they attained, and free cake, cookies and soft drinks will be served. This event is also intended to kickstart a three-month program of high-profile lecturers and customized local tours, also at no cost.

The Round Table has evolved significantly since founder Bill Miller laid out his original vision in May 1991. "Since that time, it's become a nonprofit organization, increased its membership to more than 200, supported an active annual lecture and tour program, established a scholarship, created an award-worthy newsletter and regularly provided advice to local governing bodies," said Lewis. "In many ways, the Round Table has not only fulfilled his vision, but greatly expanded its outreach and influence."

He said at least 80 people, including members and the public, show up every second Thursday of the month, at 7 p.m., at Centreville Regional Library "for our world-class lectures by experts in their fields."

SEE HISTORY, PAGE 5



Dedicating a historical marker, fall 2014, at Wolf Run Shoals.

Centre View **\*** June 1-7, 2016 **\*** 3

# Trash Bins Remind People: 'Drive 25'

neighborhoods is a common problem through out Fairfax County, and the local area is no exception. So officers from the Sully District Police Station partnered with American Disposal Services employers and residents of the Virginia Run community to try a new approach

peeding in residential toward slowing down these driv-

Last Monday, May 23, they participated in "Trash Talks." Volunteers affixed "Keep Kids Alive Drive 25" stickers to residential trash bins to help educate and remind drivers to slow down for children's safety. Twice a week, the stickers will be rolled out to the curb and provide a regular reminder to all passing drivers to watch their speed.

Furthermore, many people don't realize that trash collection is listed as the fifth most dangerous job in the country, with about 40 percent of trash-collection worker injuries and fatalities occurring due to transportation-related incidents. So this traffic initiative will help them, too.

"We have received a lot of positive feedback about America's Trash Talks, Keep Kids Alive, Drive 25' program," said Sully District Station PFC Tara Gerhard afterward. "We appreciate the kind

words and support. At this time, we're only piloting the program on one street. [However], we're working with community leaders to expand the program to other neighborhoods in the district

Bonnie Hobbs



Disposal Services employees participated in "Trash Talk."



PFC Tara Gerhard places a speed-limit sticker on a trash bin in Virginia Run.

## Tessema Named Officer Of the Month

olice Officer Robel Tessema currently leads has been recognized as the his squad in Officer of the Month for criminal ar-March. He was honored at the April 13 meeting of the Sully District Station's Citizens Advisory Committee. The station's assistant commander, 1st Lt. Matt Owens, presented Tessema with a certificate.

"Even though he has only been on his own since March of 2015, Officer Robel M. Tessema has consistently been a top performer on his squad," wrote Lt. Brian Calfee in his memo nominating Tessema for this honor. "Officer Tessema

rests, field contacts and incident reports."

Calfee said the officer recently assisted on a traffic stop where he



of Tara Gerhard Officer Tessema

observed the passenger trying to conceal something. And his sharp eye proved significant. "Tessema's attention resulted in the recovery of two grams of heroin, divided into 20 individual doses [packaged for sale] and the suspect working with OCN [Organized Crime and Narcotics]," wrote Calfee.

Tessema works on the midnight team, and Calfee said he "does a great job every night and is relentless in his patrol efforts. He always writes very detailed reports which recently assisted our domestic violence detective in keeping an offender in jail when his bond motion was denied by the judge."

Overall, wrote Calfee, "Tessema demonstrates great police work and great initiative on his part to learn. He is most deserving of this recognition."

Bonnie Hobbs

Email announcements to centreview@ connectionnewspapers.com.

#### THURSDAY/JUNE 2

**Do More 24.** Online. Do More 24 is United Way of the National Capital Area's 24-hour online giving day. Visit domore24.org to donate.

#### MONDAY/JUNE 6

Community Forum. 6-8 p.m. at Chantilly Library, 4000 Stringfellow Road, Chantilly. The Fairfax Area Disability Services Board is hosting a community forum. Visit www.fairfaxcounty.gov/dfs/ disabilities.

#### **MONDAY/JUNE 13**

Marijuana Awareness. 7:30-9 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Learn about the negative effects of cannabis on youth. Free. Space limited, reserve at atupcfilmjune13.eventbrite.com.

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## PEOPLE

Cadet Major Alicia Cho (center) with her mother, Joy Chong (left), and Providence Regent Janet Crowl (right).



## DAR Presents Junior ROTC Medal

anet Crowl, Regent of Providence Chapter, Daughters of the American Revolution (DAR), presented the DAR ROTC Bronze Award to Cadet Major Alicia E. Cho at the Air Force Junior ROTC Pass-in-Review ceremony on May 7. Cho, who attends Centreville High School, participates in the Junior ROTC program at Chantilly High School. She serves as her unit's vice commander and drill team commander.

She plans to attend Virginia Tech in the fall as a member of its Corps of Cadets.

DAR awards ROTC medals to student cadets

of outstanding ability and achievement; the schools select the award recipients, who must have shown qualities of dependability, good character, adherence to military discipline, leadership ability, and understanding of the importance of ROTC training. In addition, the recipients must have demonstrated loyalty and patriotism, must have earned a record of military achievement through their participation in the ROTC program, and must have been in the upper 25 percent of their classes in ROTC and in academic subjects.

Visit www.DAR.org.

## History

From Page 3

All tours and lectures are free and open to the public. The July and August lectures will focus on the battles of First and Second Manassas.

In addition, on July 14, historian and lecturer John Hennessey will talk about the Battle of First Manassas Campaign.

And on July 16, in support of that lecture, Civil War experts Rob Orrison and John DePue will lead a customized tour of the battlefield, featuring locations of special interest. Go to www.bullruncwrt.org/ and click on "Marching Orders" for further details.

That tour gathers at 8 a.m. and lasts until about 4 p.m.

On Aug. 11, Civil War historian Ed Bearss will present his views on the Battle of Second Manassas.

Then on Aug. 20, Manassas National Battlefield Park Ranger Hank Elliot will lead another customized tour referring to that battle. Jon Hickox, manager of the local Bull Run Winery, will be the guest speaker on Sept. 8. He'll lecture about and share his many artifact finds on nearby Bull Run.

The following month, on Sunday, Oct. 9, at noon, the commemorative festivities will culminate with a picnic at the Bull Run Winery. It's free for Round Table members and their families; guests are welcome for a nominal fee. For more information, visit www.bullruncwrt.org.

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Centre View



# **OPINION**

# Talk to Your Teens

## So much at stake as teens approach graduation, summer.

t's hard to talk to your teens and young adults about alcohol and drugs. But consider this.

Last year, more people died in Virginia of heroin overdose than in car accidents, more than 700 in all. There have been multiple overdoses of high school students in the last few months, high school students like

**EDITORIAL** yours. At this point in the opiate epidemic, you also need to talk about heroin and pills.

On graduation day in 2007, West Potomac High School endured the unimaginable tragedy. Two young women who had graduated just hours before died in a car driven by another young woman who had alcohol in her system. The driver and another passenger, a 2005 West Potomac graduate, also died in that

More recently, in June, 2015, Alex Murk and Calvin Li, shortly after graduation from Thomas Wootton High School in Rockville, Mary-

for teenagers.

engage in binge drinking.

a car with a driver who has been drinking, can

kill, there are many other problems that come along with binge drinking. The question of consent and sexual activity looms. Young men and women need to hear from their parents that they are expected to respect the idea of consent, all the more so in circumstances where alcohol or drugs might be involved. The potential consequences are enormous.

Parents owe it to themselves to talk to their teens about it, even as the teen turns away, rolls eyes, and otherwise indicates he or she is ignoring everything you say, some information will go in. They do hear you. They can't hear what you don't say.

Keep talking. Tell them you love them. Tell them it's been too much work to get them to this point to risk losing them now. Tell them not to text and drive. Tell them not to drink and drive. Tell them not to get in a car with anyone driving who has been drinking or otherwise under the influence. Tell them to wear their seatbelts.

Tell them you'll come pick them up anytime that they need a safe ride home, with the only consequence that they have to talk to you about it the next day.

— Mary Kimm

From left: Greenbriar

Science Teacher Brian

Wiseman, students

Aryan Kumawat,

Math and Social

Lori Cleveland.

Aarav Bajaj,

Siddharth Tibrewala,

Siddharth Krishnan,

Studies Teacher Amy

Krejcar, and Principal

**West Elementary School Language Arts** 

and Social Studies

Teacher Kasey Personius, Math and

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A Connection Newspaper

land, died in a car accident after leaving a party where alcohol was served. The owner of the house where the party took place, the father of the student hosting the party, was fined for knowingly allowing underage drinking. A newly passed law in Maryland, named for Alex and Calvin, means parents who knowingly host underage drinking parties in Maryland could face the possibility of up to a year in jail if an underage drinker leaves their home and is injured or killed in a car crash. The driver recently pled guilty to two counts of vehicular manslaughter.

Summer is the most dangerous time of year

Many teenagers will be celebrating, or possibly self-medicating, with alcohol. Many will

While drinking and driving, or getting into

MKIMM@CONNECTIONNEWSPAPERS.COM

# eCybermission Team Heads to Nationals

## Students submit project on RSI awareness and hand-stretching exercises.

BY STEVE HIBBARD Centre View

our sixth-graders from Greenbriar West Elementary School have been selected as national finalists for the eCybermission competition, sponsored by the U.S. Army and administered by the National Science Teachers Association.

The web-based science, technology, engineering and math (STEM) program is designed to cultivate student interest in STEM by encouraging students in grades six through nine to develop solutions to real-world problems in their local communities.

"At first we were kind of shocked, because we assumed that we wouldn't win anything,' said team member Aarav Bajaj of winning the regionals. "We were really excited that we could take our idea to the next level."

The GBW team called Pandanet is comprised of students Aarav Bajaj, Aryan Kumawat, Siddharth Krishnan and Siddharth Tibrewala. They were selected from 60 regional finalists by a panel of judges consisting of U.S. Army STEM professionals.

Each team presented a live, four-minute preentation on their project and then particip in a Q&A. The judges looked at how well the teams identified problems in their community using STEM to propose a solution. The eCybermission's national judging event will be held June 20-24 in Leesburg.

Team Pandanet worked with advisor Meera



Krishnan to advocate the Healthy Hands Movement. Pandanet's project focused on bringing RSI awareness — Repetitive Strain Injury ,amidst the youth by performing finger, thumb and hand stretch exercises during the course of a school day to alleviate hand pain. Sometimes known as writer's cramp, RSI is a result of overusing the upper extremities and causing injuries to the muscles, tendons, and nerves.

According to Sidharth Krishnan, "We started brain-storming about back problems, but then one of us decided about pain in the hand because at our school, we have a period where we write for 15-20 minutes, called Writer's Workshop, and people were complaining about hand pain and cramps, so we were interested in trying to find out what the problem is and how to fix it.

He added: "We found out there are flexor tendons and extensor tendons, and we found the flexor tendons were being overworked. We found out that microscopic tears can injure your synovium. And the synovium produces fluid, and when this is injured, it will fail to

produce fluid. In this case, your joints might be less lubricated because synovial fluid is a lubricant for your joints."

So they contacted many specialists, including hand therapist Bharat K. Vallurupalli and hand surgeon Dr. Paul Mecherikunnel, who proposed exercises to give rest for the hands and stretch out the tendons.

The team started working on the project last September, doing research and interviews, making posters, a video, brochures, creating a web page and polishing their presentation. When it was ready, they made a mission folder and submitted it to eCybermission; it was due at Regionals in February. Here is Pandanet's webpage: http://

pandanetmission.weebly.com/

They also met with the Fairfax County Schools Health Advisory Committee, who said they might implement their ideas into classrooms in the coming years.

After winning the regionals and advancing to the nationals, the team has won a total of \$16,000 in U.S. Savings Bonds so far; \$4,000

SEE HEADING TO NATIONALS, PAGE 11

## Entertainment

Email community announcements to centreview@ connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### SATURDAY/JUNE 4

Civil War Living History Day. 10 a.m.-5 p.m. at Fairfax Station Railroad Museum, 1200 Fairfax Station Road, Fairfax Station. This Living History Day will introduce visitors to the life of the common soldier during the American Civil War. Demonstrations will include the essentials of camp life. Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$5. Visit www.fairfax-station.org.

Reema Samaha Remembrance Cabaret. 6 p.m. at Westfield High School, 4700 Stonecroft Blvd., Chantilly. The Cabaret features professional and up and coming dancers, singers, and comedy sketch artists from around the DMV, New York and Chicago. This event is in memorial of Virginia Tech massacre victim Reema Samaha. Free, but donations accepted. Visit www.angelfundva.net for more.

"Light the Night" Fun Run. 6-10 p.m. at Fairfax County Police Department Emergency Vehicle Operations Track, 3725 Stonecroft Blvd., Chantilly. Run in support of the Special Olympics Virginia. Free. Visit www.firstgiving.com/torchrunva/LETR-Fairfax-Light-the-Night.

#### **SATURDAY-SUNDAY/JUNE 4-5**

Vintage Virginia. 11 a.m.-6 p.m. with VIP admission, 12-6 p.m. general admission at Bull Run Special Events Center, 7700 Bull Run Drive, Centreville. The wine festival will bring together chefs, artists, musicians, as well as wine from Virginia wine producers. Guests will be able to sample all of the varieties as well as purchase them by the glass and the bottle, on-site at special event-only prices. Tickets include a VIP Admission One Day Pass for Saturday \$69 or Sunday for \$59 and a General Admission One Day Pass for \$30 in advance/\$40 onsite. Visit www.vintagevirginia.com for more.

#### SUNDAY/JUNE 5

Wine, Whiskers and Wags. 1-5 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Wine, Whiskers and Wags is a wine tasting fundraising event hosted by the Friends of the Fairfax County Animal Shelter to raise funds for shelter pets in need. The event will feature wine, food, a silent auction, and meet-and-greets with shelter pets. Tickets are \$30 in advance, \$40 at the door. Visit www.ffcas.org for more.

#### WEDNESDAY/JUNE 8

Barbershop Harmony Open House. 7:30-9 p.m. at Lord of Life Church, 13421 Twin Lakes Drive, Clifton. Visit the Fairfax Jubil-Aires and hear four-part a'cappella harmony. Free. Call 703-991-5198 or visit www.fairfaxjubilaires.org.

#### FRIDAY/JUNE 10

**Sipping & Painting.** 6:30 p.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Instructors provide step-by-step instructions. Tickets are \$40-45. Visit www.winervatbullrun.com for more.

Author Event. 7 p.m. at Barnes & Noble, 12193
Fair Lakes Promenade Drive, Fairfax. Teens are invited to a pre-event for Thomas Jones, author of "Ask the Astronaut: A Galaxy of Astonishing Answers to Your Questions on Spaceflight." Free, but registration required. Email CRM2937@bn.com.

#### FRIDAY-SATURDAY/JUNE 10-11

Combo Classic Golf Tournament. 11 a.m. Friday and 8 a.m. Saturday at Twin Lakes Golf Course, 6201 Union Mill Road, Clifton. The 2016 Combo Classic is for paired golfers where one or both have a disability. Registration is \$300/team for two days, \$185/disabled individual for two days. \$180/team for one day, \$130/disabled individual for one day. Visit www.faurfaxcounty.gov for more.

#### FRIDAY-SUNDAY/JUNE 10-12

**Teen Book Festival.** 7 p.m. Friday, 2 p.m.

Saturday, 11 a.m. Sunday at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Book signings, readings, and more. Free. Call 703-278-0300 for more.

Celebrate Fairfax! 6 p.m.-12 a.m. Friday, 10 a.m.-12 a.m. Saturday, 11 a.m.-7 p.m. Sunday at Fairfax County Government Center, 12000 Government Center Parkway. Northern Virginia's largest annual three-day festival and community-wide celebration at the Fairfax County Government Center. Tickets are \$18 for weekend pass, \$10 for adults, \$8 for adults on Sunday, \$4 for children. Visit www.celebratefairfax.com.

#### **SATURDAY/JUNE 11**

Barnes & Noble Book Fair. 9 a.m.-11 a.m. at 12193 Fair Lakes Promenade Drive, Fairfax. The Fairfax Station Railroad Museum will participate in the Barnes and Noble Book Store Book Fair. The Museum will receive a percentage of net sales during the day for most purchases when patrons present a voucher from the Museum web site or just mention the Station at the check-out. Free to attend. Visit www.fairfax-station.org.

**Stretch & Sip.** 11 a.m. at The Winery at Bull Run, 15950 Lee Highway, Centreville. Take a yoga class, followed by a glass of wine. Tickets are \$13.50-15. Visit www.wineryatbullrun.com.

#### SATURDAY-SUNDAY/JUNE 11-12

Relay for Life. At Westfield High School, 4700 Stonecroft Blvd., Chantilly. Relay day includes a reception for cancer survivors and caregivers, a spirited Opening Ceremony, a beautiful Luminaria Ceremony, and throughout the day there will be a DJ, live entertainment, games, and more. Visit relayforlife.org/chantillyva.

#### SUNDAY/JUNE 12

Joy Gala. 6-9 p.m. at The Waterford at Fair Oaks, 12025 Lee Jackson Memorial Highway, Fairfax. The Joey Pizzano Memorial Fund is hosting an opportunity for individuals with special needs ages 18 and up to enjoy dinner, dancing, games, and more. Free. Register at www.jpmf.org/events. Call 703-549-4444.

#### MONDAY/JUNE 13

Author Event: Rachel Renee Russell. 7 p.m. at Barnes & Noble, 12193 Fair Lakes Promenade Drive, Fairfax. Russell celebrates the launch of "Max Crumbly: Locker Hero" with a reading, discussion, illustration demonstration, and book signing. Free. Call 703-278-0300 for more.

#### SATURDAY/JUNE 18

Family Day and Outdoor Aviation Display.

10 a.m.-3 p.m. at Steven F. Udvar-Hazy Center, 14390 Air & Space Museum Parkway, Chantilly. See military, recreational, and home-built aircraft as well as classic automobiles. Enjoy presentations, demonstrations, special tours, and hands-on activities for all ages. Free. Call 703-572-4118 or visit airandspace.si.edu/

**Touch-A-Truck.** 1-4 p.m. at the Chantilly Library, 4000 Stringfellow Road, Chantilly. Children and adults will have the opportunity to explore a wide variety of vehicles including (weather permitting) helicopter Fairfax One. Free. Call 703-502-3883 for more.

#### SATURDAY-SUNDAY/JUNE 18-19

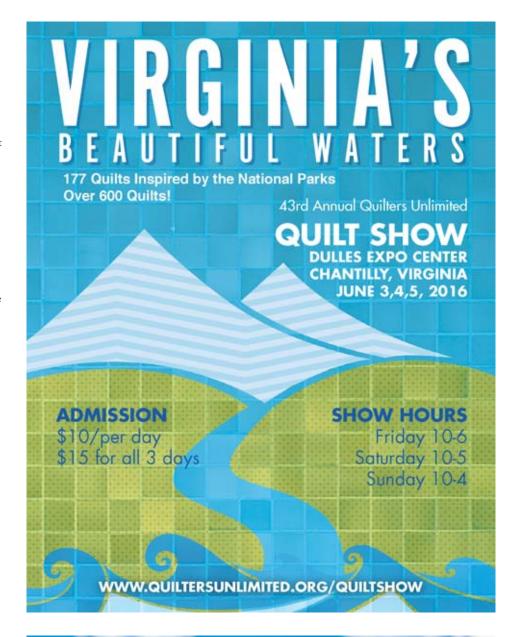
Northern Virginia Summer Brewfest. 12-7 p.m. Saturday, 11 a.m.-7 p.m. Sunday at Bull Run Regional Park, 7700 Bull Run Drive, Centreville. The biannual Northern Virginia BrewFest returns for its summer installment presented by Mad Fox Brewing Company. Call 703-631-0550, visit www.nvrpa.com/park/bull run, or www.novabrewfest.com for more.

#### SUNDAY/JUNE 19

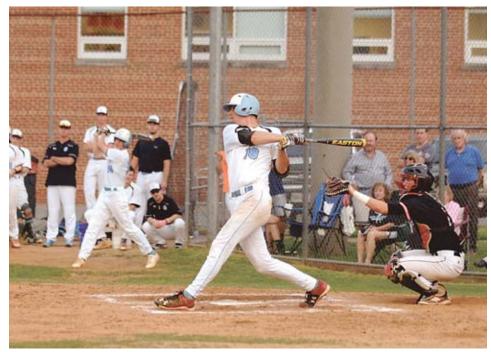
Annual Antique Car Show. 10 a.m.-3 :30 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly, Free, Visit www.Fairfaxcounty.gov.

Father's Day Gourmet Cuban Pig Roast. 3 p.m. at Paradise Springs Winery, 13219 Yates Ford Road, Clifton. Menu to include La Caja China roasted pork, black beans and rice, yucca, salad, fried plantains, and tres leches for dessert. Tickets are \$75, \$65 for wine club members, \$45 for children. Visit

www.paradisespringswinery.com for more.







Centreville first baseman Carter Bach went 3-for-4 with a home run and four RBIs against Madison on Friday.



Centreville pitcher Carter Egbers threw a two-hit shutout against Madison on Friday.

# 'Carter One, Carter Two' Lead Centreville to Win

Senior Bach homers, junior Egbers throws two-hit shutout.

By Jon Roetman Centre View

fter a reporter made a request to Centreville baseball coach Scott Findley to have senior Carter Bach and junior Carter Egbers hang around for postgame interviews, Findley eventually called out for "Carter One, Carter Two."

When asked which player is "Carter One," Findley said he didn't know. When Bach and Egbers were asked, however, the response was much more decisive.

"I'm 'One.' I'm older," said Bach, who will play for Wake Forest. "Make sure that's in there."

Bach was quick to point out his seniority after Friday's 6A North region quarterfinal matchup with Madison. During the game, however, Bach and Egbers each put forth a performance worthy of "Carter One" status.

Egbers threw a two-hit shutout, Bach went 3-for-4 with a home run and four RBIs and Centreville upset the defending state champion Warhawks 6-0 at Madison High School. The Wildcats secured a trip to the region semifinals and faced Battlefield on Tuesday, after The Connection's deadline.

Bach gave Centreville a 1-0 lead with a two-out RBI single in the top of the first inning. That's all the run support Egbers would need.

Egbers blanked a Madison team that entered the game with a 20-3 record, having won 15 of its last 16 contests. The left-hander allowed two hits — both singles — walked two batters and struck out 10 in seven innings. He allowed only one runner to reach third base.

Egbers threw 102 pitches, including 64 8 • Centre View • June I-7, 2016

strikes, and tossed a first-pitch strike to 14 of 24 batters he faced.

It was the first time Madison had been shut out since May 8, 2015 — a span of 33 games. The Warhawks entered Friday's action averaging more than seven runs per game this season, though Madison won each of its previous two contests, including a victory over McLean in the Conference 6 championship game, by a score of 1-0.

"He mixed his pitches very well against a really tough-hitting team," said Findley, a 2002 Madison High School graduate. "... They're great hitters and [Madison head coach] Pudge [Gjormand] does a great job with their hitters, so that's hats off to [Egbers] because ... that doesn't happen very often. I'm very proud of him."

How much of an impact did getting an early lead have on Egbers' confidence?

"That was huge," he said. "Having a onerun lead going into a game is just absolutely phenomenal. You can really pitch with confidence. You can just get on top and you don't have to worry as much because if they get a hit, it's not the end of the world. It's a lot easier and a lot better as a pitcher."

While Egbers was shutting down Madison on the mound, Bach was tearing up Warhawk pitching in the batter's box.

Bach smashed the first pitch of his sixthinning at-bat over the fence in left-center field for a solo home run, extending the Centreville lead to 3-0. It also chased Madison starting pitcher Noz Honda from the game.

"We were kind of dying down a little bit, so the home run really boosted everyone up," Bach said. "All the fans got into it; all the players were into it. They were all yelling real loud.

You see that going on and it kind of pumps everyone else up, like they're getting in the box ready to hit. If everyone else is hitting, then they will, as well."

After a sacrifice fly by shortstop Ryan Brusick gave Centreville a 4-0 lead in the seventh inning, Bach struck a final blow for the Wildcats when he delivered a two-run single to center.

Bach was a first-team all-region selection as a pitcher.

"He's our workhorse, he's our ... bell cow," Findley said about Bach. "... [His teammates] all respond to him. They respect him. They react to whatever he does."

Sophomore left fielder Cristian Sanchez also had a big night for Centreville. A part-time starter, Sanchez hit leadoff for the Wildcats and went 3-for-4 with a pair of doubles, including a shot off the left-field fence in the third.

Sanchez led off the game with a double to deep center and came around to score the game's first run on Bach's RBI single.

"He did fantastic," Findley said. "That's a big moment for a sophomore to step in and come out of the gate and smoke a double and do what he did. I'm really happy with progress."

Centreville right fielder Alex Simmons went 1-for-3 and drove in a run with a single in the third.

Catcher Cameron Edwards and designated hitter Steven Kirk each had a hit for Centreville.

Honda suffered the loss for Madison. The senior right-hander allowed three earned runs and six hits in 5 1/3 innings. He walked none and struck out six.

Second baseman Kyle Novak and shortstop/pitcher Pete Nielsen each had a hit for Madison.

Centreville, the No. 2 seed from Conference 5, is one win shy of making its first state tournament appearance in more than a decade.

"We brought energy from the beginning and there was no real fear," Findley said. "We're not supposed to be here. Why not us?"



Centreville senior Carter Bach rounds the bases after hitting a home run against Madison on Friday.

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## WELLBEING

## Staying Safe This Summer

## Tips and precautions for avoiding warm-weather hazards.

BY MARILYN CAMPBELL Centre View

he start of summer means pools and backyard grilling. It also means an increased risk of accidents and injuries. Local safety officials are offering safety tips during June, which is National Safety Month.

With warm weather come health threats posed by ticks and mosquitoes. In addition to the Zika virus, which is not currently a local threat, mosquitoes can carry the West Nile Virus, while ticks can spread Lyme disease.

Recommended defenses against these pests include using insect repellant to protect against mosquito bites and eliminating potential mosquito breeding sites like pools of standing water or heavily foliaged spaces such as tall grass, where bugs often hide.

"We ... have to be prepared and be ready in the event that we get local spread of [the Zika virus]," said Mary Anderson, a spokeswoman for Montgomery County. "The information on preventing bites and ridding your property of mosquitoes is good whether we have Zika or not."

Local county health departments, including Montgomery and Fairfax, have established websites with current information on the Zika virus. Anderson also recommends a Zika virus

webpage, created by the Centers for Disease Control, which includes a map with updated information on areas where Zika is spreading: http:// www.cdc.gov/zika/index.html

"We're taking the Zika virus seriously and preparing as though as though it could be a potential threat," said Kurt Larrick, spokesman for the Arlington County Department of Human Services.

In addition to insect bites, time spent outside in hot weather can lead to heat-induced illnesses like sunburns, heat rashes, heat exhaustion and heat stroke, and the elderly and very young children are at greatest risk. Health officials say that the best lines of defense include limiting sun exposure, especially between 10 a.m. and 4 p.m., the period considered the peak intensity hours. Wearing a hat and sunglasses that provide 97 -100 percent protection against both UVA and UVB rays, and applying sunscreen even on cloudy days and reapplying it every two hours or after swimming or sweating are also

"You want to dress lightly and intake a lot of fluid, but avoid alcohol and sugary, sweet drinks when you're in the heat," said Captain Troy Gibbs, a spokeswoman for the Alexandria Fire Department's Community Services Unit. "Staying hydrated by drinking a lot of water is your best bet."

Health officials recommend checking on elderly neighbors who don't have air conditioning and avoiding leaving pets, small children and older adults in small, enclosed spaces like cars, where conditions can turn deadly even after a short period of time in

Local county facilities, including libraries and community centers, are air conditioned and open to the public. Know the warning signs that it's time to get out of the heat, says Gibbs.

"If they stop sweating, that can be a bad sign," she said. "Profuse sweating can be an indicator that the body is trying to compensate, but if a person stops

sweating totally, that is usually not a good sign." While spending time at the pool is a popular cooling method during hot weather, residents should be aware of the potential threat of recreational water illnesses (RWI). Taking a shower with soap and checking the diapers of small children frequently can help keep germs that lead to RWI out of pool water. Health officials say that chlorinated water doesn't kill all germs, diapers sometimes leak and both adults

and children should stay out of the public pool when they are sick. Other preventative measures include frequent hand washing, discouraging children from drinking water that is used for swimming and giving young children bathroom breaks at least every 60

"We take safety seriously all the way across the board from pools to barbequing to riding bikes and even walking," said Larrick.

In addition to RWI, other water-related dangers spike during the summer. Ensuring that children know how to swim, watching young children very carefully when they are near water, swimming with a partner and wearing a life vest when boating are important safety precautions.

## preparing as though as though it could be a potential threat."

- Kurt Larrick, spokesman, **Arlington County Department of Human Services** 

"We're taking the Zika

virus seriously and

#### **Summer Safety Tips** From the Centers for Disease Control

**Water Safety** 

- Learn how to prevent recreational water illnesses (RWI)
- Always supervise children when in or around water.
- \* Teach kids to swim.
- ❖ Learn CPR
- ❖ Install a four-sided fence around home pools.

#### **Boating Safety**

\* Wear a properly fitted life jacket every time you and your loved ones are on the water

#### **Heat Safety**

- \* Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- Dress in loose, lightweight, light-colwww.ConnectionNewspapers.com

ored clothing.

- Schedule outdoor activities carefully, for morning and evening hours.
- Stay cool with cool showers or baths.
- ❖ Seek medical care immediate if you or your child has symptoms of heat-related illnesses

#### **Sun Safety**

- \* Cover up. Clothing that covers your and your child's skin helps protect against UV ravs.
- \* Use sunscreen with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside.

#### **Protection from**

#### **Mosquitoes and Ticks**

Use an effective insect repellent when

spending time outdoors.

\* Make your backyard a tick-safe zone. Check yourself and your children for

ticks

#### **Prevent Injuries**

- Check to make sure that the surfaces under playground equipment are safe, soft, and well-maintained.
- Supervise young children at all times around fall hazards, such as stairs and playground equipment.
- Use stair gates, which can help keep a busy, active child from taking a dangerous tumble.
- Learn concussion signs and symptoms and what to do if a concussion occurs.
- ❖ Make sure kids and teens wear the right protective equipment for their sport or recreation activity.



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## Just a Regular Guy, Hopefully

By KENNETH B. LOURIE

As a long-time cancer patient (sevenplus years), I have heard much cancer talk. I have not read nearly as much, as I was advised early on by my primary care physician to try and refrain from going online too often to research my condition/treatment because the information provided can sometimes be misleading; given my own unique set of medical circumstances, it might not pertain to me, exactly. Mostly I have followed his suggestion. One time, I remember, I couldn't resist and "Googled" my chemotherapy drug. Nine to 12 months was the prognosis. I've lived three-plus years ever since. And though I certainly understand and appreciate the relevance and availability of the "information superhighway," I have, generally speaking, tempered my enthusiasm for such investigative pursuits.

However, as much as I've followed my

doctor's advice, I have not been a total blockhead. And one of the concerns I've come to believe is, that with many cancer patients, it's not the actual cancer that kills them but rather the collateral damage the treatment causes to other vital organs, systems, areas of the body, etc. As a matter of fact, I'm living proof, sort of. Presumably, because of seven-plus years of chemotherapy, I have irreparable kidney damage and some unspecified liver damage. Accordingly, every four weeks when I go in for my pre-chemotherapy lab work, my levels of creatinine (kidney) and bilirubin (liver) are measured (among many others) to determine if my treatment can proceed or if waiting a week for a retest would be more prudent. At some point, I think (fear) that I'll have to stop treatment because the damage to certain major organs (as indicated by the levels of bilirubin and creatinine) will pose such a risk/complication that continuing the previous/current course of treatment would be irresponsible (heck, maybe even malpractice, for all I know). The cancer, then untreated, could potentially cause further life-threatening problems. Consequently, I'm always mindful of, and sensitive to, changes/deficiencies I'm experiencing that might indicate a bodily function is no longer working properly:

"collateral damage." Recently, I've had such an occurrence. It's nothing major, so far as I know, and I certainly don't have any supporting lab work to corroborate anything since I'm between infusions, but I've had some difficulty eliminating. Now I don't know if this is a function of age, something I ate and/or drank, something I didn't eat and/or didn't drink or fearfully the cancer doing what it often inevitably and destructively does, but it's atypical, and from what little I've learned over these years, new problems/ conditions are noteworthy, generally. As such, this past weekend has been particularly challenging, emotionally as well as physically, not to go to a bad place when you're not able to go all. I wish I could take it all in stride, but left to my own thoughts and chronic discomfort, I find it difficult not to wonder if I have crossed some sort of Rubicon and moreover, worry that the amazing good fortune I've experienced since being diagnosed in late February, 2009, has finally begun to give way to reality. Perhaps, I just need to remember what my Auntie Irene used to say: "This too shall pass," and think ahead, not behind.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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## PEOPLE

## Cohen, Mangrum Engaged

Mr. Robert and Mrs. Donna Cohen of Lake Luzerne, N.Y., formerly of Centreville, are pleased to announce the engagement of their daughter, Dr. Courtney A. Cohen, to Mr. James Mangrum, son of Mr. Bobby and Mrs. Amy Mangrum of Woolwine, Va.

The bride-to-be is the granddaughter of the late Dr. Stanley Cohen and Mrs. Leanore Cohen of Bethesda, Md., and Mr. James Childs and Mrs. Alice Childs of Vienna, Va.

Courtney, a graduate of Centreville High School, earned undergraduate and graduate degrees (Ph.D., cancer immunology) from Virginia Tech and is a research scientist in viral immunology at the U.S. Army Medical Research Institute of Infectious Diseases in Frederick, Md.

The groom-to-be is the grandson of Mr. Bobby J. and Mrs. Winifred Mangrum of Stuart, Va., and Mr. Hubert and Mrs. Evadell Lyon of Woolwine, Va.

James is a graduate of Virginia Tech and is employed by MBP in Columbia, Md. as a



civil engineer.

An October wedding will be held with family and friends.

#### Silver Beaver Award

Randy Young (left) and Joe Swartz were recognized for their Scouting efforts to Scouting, to youth, and to the community by being presented with the Silver Beaver Award at the **National Capital Area Council's Annual Court of Honor for the** Boy Scouts of America. The Court of Honor was held at the Marriott Tyson's Corner. The



Silver Beaver is a national award presented by the local council to a registered Scouter who has rendered distinguished service to youth. It is the highest award a council can bestow on a registered Scouter. This service includes Scouting in local units, district, and council activities; and noteworthy service to youth outside of Scouting and perform community service, and many years of service.

## Heading to Nationals

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for each student. They also receive an allexpenses paid trip to Leesburg for the na-

This year's nationals event features a livestreamed showcase and awards luncheon, tour of Washington, D.C., and a STEM Challenge featuring demonstrations and handson activities. As a state winner, they were one of 60 teams from 4,381 teams that submitted projects that moved on to the regional final where they emerged as the Northeast region winners to advance to the

Friends for about four years, together the boys participate in GBW's Math Club, Science Club, Chess Club, Science Olympiad, Science Fair and ACSL (computer program-

Team member Siddharth Krishnan, 11, of Centreville, is the son of Meera and Ram Krishnan. For his strategy, he said: "I always try my best to achieve a goal, and if you have a goal, work towards it and some day you will accomplish it. My strategy is I always put in extra effort to plan more and do more research. I try to be the best I can

Aarav Bajaj, 12, of Point Pleasant in Chantilly, is the son of Rashmi and Amit Bajaj. He said: "My strategy is to plan ahead to know what I want to do so that it makes everything that I want to do easier. My other strategy is not to give up when I'm doing something."

Siddharth Tibrewala, 12, of Centreville is the son of Ajay and Shreya Tibrewala. He added: "I like to work hard, practice and achieve. For example, when I play basketball, I practice and then I acheive my goals. I just like to put in all my effort and do as good as I can."

Aryan Kumawat, 12, of Chantilly is the son of Rajendra Kumar and Manta Kumawat. His strategy is: "I say, when I fail, then I try, try, try again. Every time I get a math problem wrong, I get it wrong again, then I get it right, and then I continue to get it right."

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